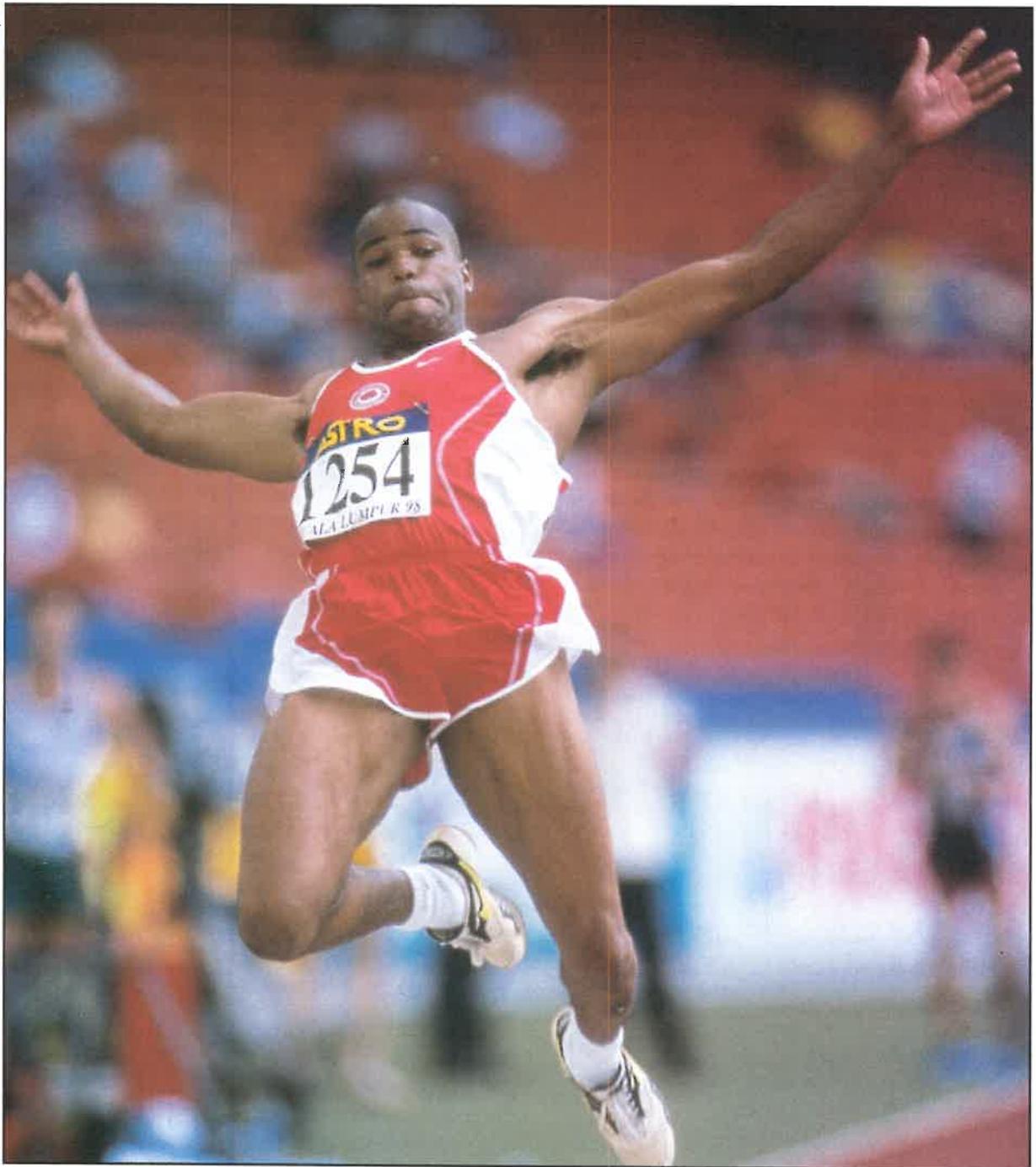


March 1999

The **Belgravian**



The official gazette of Belgrave Harriers

Number 227

TRACK & FIELD SHOES

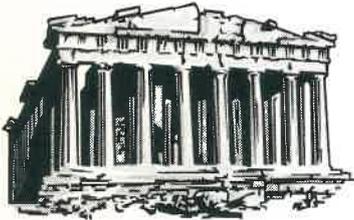
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ATHENS 1999



The 1999 European Champion Clubs Track & Field Competition will be held over the weekend 29th to 30th May in Athens. Belgrave Harriers will be representing the United Kingdom in Division II.

Division I, II and III meetings will all be taking place in the stadium at the same time. Bear in mind that last year athletes of the calibre of Kevin Young, Florian Schwarthoff and Francis Obikwelu were competing for their European Clubs in Division II and you'll realise that a feast of athletics is in store with your club in the thick of it.

Bill Laws is organizing the trip which may well cover Friday 28th through to Bank Holiday Monday 31st. Phone him on 01306 621337

Front Page Photo: Du'aïne Ladejo set his best Decathlon score while competing at the Commonwealth Games in Kuala Lumpur — in spite of an awful long jump that had him on the verge of scoring no points at all in that discipline. Gaining experience in the event all the time, he will surely top 8,000 points in '99.

Maybe there's still a hankering to run a few more sparkling 400 metre races though. Du'aïne recently won the BUPA B 400 at Birmingham in 46.69, turned up in Ghent on the Ricoh Indoor Tour where he won again in 46.94, and earned selection for the Six Nation International in Genoa.

Back Page Photo: One of the most expressive shots of the year. Belgravian Darren Campbell representing Great Britain & Northern Ireland continues the Linford Christie tradition by winning the European Games 100 metres Championship in a record time of 10.04 seconds.

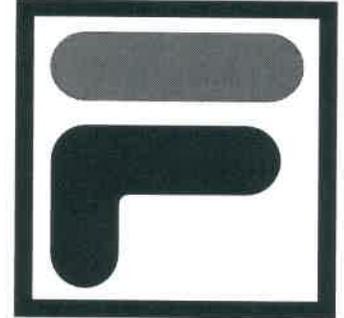
Pictures by Mark Shearman

As we go to press we learn that Belgrave have new kit sponsors for the next three years. FILA (UK) Ltd. are planning a big push into running in the U.K. and Belgrave falls nicely into their plans with the twin attractions of the finest track & field team in this country as well as the first and still the most progressive Youth Development Scheme.

Submissions have been made for matching SPORTSMATCH funding which, if successful, will lead to an expansion of our Youth Development Scheme as well as the training of more Officials and

Coaches to meet the increased demand.

More details from your Team Managers as they emerge.



Club Kit

★ Tracksuits

Tactel, lined with Poly-Cotton £59.00

★ Belgrave Racing Strip (Men)

Complete (singlet and shorts) £16.00
Singlet (most sizes) £8.50
Shorts (most sizes) £8.50
Cross Country long sleeved light-weight racing tops £12.50

★ Also

Belgrave Rainsuits (post & packing £1.50) £30.00
Belgrave Polo Shirts (£1.00 postage) £12.50
Belgrave Sweatshirts (£1.50 postage) £15.00
Belgrave T-Shirts £9.00
Belgrave Umbrellas £15.00
Belgrave Car Stickers £1.25
Belgrave Cloth Badges £1.25
Club Ties £6.00
Belgrave "College" scarves £15.00
Belgrave "Baseball" caps £4.00
Club Bow Ties £7.50

All the above are available from:

Ted Pallant, 83 Northwood Avenue, Knaphill, Woking, Surrey GU21 2ES. Telephone 01483-488406

Add £1.00 for post and packing except for tracksuits and umbrellas (ask for P&P price).

★ Belgrave Racing Strip (Women)

Complete (singlet and shorts) £16.00
Singlet (most sizes) £8.50
Shorts (most sizes) £8.50
"Belles" T-Shirts £9.00

These items are available from Jacqui Smiter:

243, Frensham Drive, Putney Vale, London SW15 3EE.

Telephone: 0181-789 4396, mobile 0802-743545.

Jacqui will also be able to advise on Women's "all-in-one" suits.

Many thanks

to Photographers Jeremy Hemming and Mark Shearman for allowing us to use their work in this magazine



The Belgravian

Number 227

March 1999

Battersea Track gets the Go Ahead

Over the last two years we have reported to you details of our developing relationship and collaboration with Wandsworth Borough Council's Leisure and Amenities Services Department. The major focus of joint plans has been the proposed upgrading of the Battersea Park Track.

It is hard to believe that it was more than two years ago when we originally produced serious plans for upgrading the track to eight lanes with covered spectator facilities and a new pavilion. The inordinately long gestation period has been no fault of Wandsworth's project team but rather has been due to several factors not least of which was a need for the Sports Council to review future development plans for the whole of the Southern Region. During this period lottery funding guidelines became more stringent and in addition there was a good deal of to-ing and fro-ing between the lottery architects and Wandsworth's Planning Department on what constituted a pavilion design worthy of lottery fund support. Put this lot together and you will see that there has been a lot of behind the scenes activity without much to show for it.

You can imagine our project team's frustration especially as time moved closer to the August deadline which, if passed, meant that the project would have to wait yet another year. A delay could have moved us back to 2001 which would have missed all the millennium support for which we were aiming.

But no. Fortunately for everyone the Sports Council finally approved the lottery grant of £2.6 million to Wandsworth Council for the upgrading project in mid August 1998 – just days before the deadline set by the construction programme.

The planned closure of Battersea Track to allow for construction will be from 31st May, 1999 until April, 2000. The official opening is scheduled for June, 2000 and will probably take the form of a British League Division One match followed the next day by an International Inter-City meeting for younger athletes. In this latter event Belgrave officials will be taking a key role in organising the fixture on behalf of Wandsworth Council.

So, it's all systems GO. Exciting times are ahead with Belgrave once again at the centre of the action.

This is madness

We have all come across those very few officials whose main aim during an afternoon's sport seems to be to catch someone out and disqualify them from their competition. Don't they realise that they should be there to assist the athletes, to ensure that they all compete on even terms and comply with the rules that make an athletic achievement directly comparable with another set perhaps at the other end of the country or half way round the globe.

Let's be fair – a disqualification is sometimes necessary. Perhaps someone has false started twice or has gained an unfair advantage through an early dash for the kerb after a baton change; but these are not the occasions to which we refer. No, it's those times when we have already inwardly groaned at seeing a familiar tyrannical figure on the judges stand and sure enough, before the day is out, a stumble by a runner during a middle distance race followed by a pace taken on the grass infield is the trigger for a hardly restrained exclamation of glee and an upraised red flag. You might believe this to be an exaggeration – but we have seen it. We have witnessed a young lad from another local club pulled out of a race for this very offence, with no chance to explain the situation and earn reinstatement because, thanks to this type of judging, the race concluded without him.

As a club we have no special axe to grind. We haven't suffered any more than any other, but there is no doubt that the delight in the disqualification seems to rise in proportion to the prominence of the athlete or the club they represent. It has also been noted that these occurrences seem most prevalent in "age-group" athletics, the very competitions where an athlete's opinions of officialdom are first formed.

Take this incredible but true sequence of events that took place at Peterborough near the end of a women's National Junior League competition last summer:

» » »

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Patron: Sir Eddie Kulukundis, O.B.E.

President: Patricia Mead

Hon. General Secretary: Charles Henn, 23 Breamwater Gardens, Ham, Richmond, Surrey TW10 7SF. ☎ 0181-940 9449.

Hon. Treasurer: Derek Manning, 1 Bourg de Peage Ave., East Grinstead, West Sussex RH19 3YD. ☎ 01342-312930.

Hon. Membership Secretary: Carl Lawton, 50 Bramblewood Close, Carshalton, Surrey SM5 1PG. ☎ 0181-669 0971.

Hon. Editor of The Belgravian: Alan Mead, 29 Kingston Road, Ewell, Surrey KT17 2EG. ☎ 0181-224 2657, E-mail alanmead@compuserve.com

The team of young women from Luton AC finished third in their 4 x 100 metres race but were then disqualified because, it was claimed, three of their athletes wore vests and the fourth a "crop-top". The rule quoted was : Rule 17 (2) has been amended to read, "In team or relay races all competitors must wear registered vests of the same design and colour of the team they are representing".

This is madness. As one of the other officials that day said:

"Surely design is referring to whether there are two horizontal bands or vertical stripes or a diagonal sash. Whether the vests are tucked in, cropped short or indeed built into the shorts in a leotard is irrelevant and not a design matter but one of 'style'. Are we, now to look for vests with long sleeves and a round neck or scooped neck? All the Luton girls wore yellow with two horizontal black bands."

It further appeared that the ruling was not applied to all athletes in the race and not at all to any of the men in other races. The track referee, having made his decision, would not change it though he admitted that he might have acted a little hastily. He said that he had arranged for an announcement to be made reminding athletes of the rule. That announcement said "athletes in the relays must wear the same kit". Hardly a warning of the stupidity that was to follow.

The loss of 10 points for third place had the dramatic effect of moving Luton AC, at the end of the meeting, down into second place just 8 points behind the host club and with the corresponding loss of a match point. Then there was the ridiculous spectacle of athletes changing vests during the subsequent 4 x 400m relay to ensure that they didn't fall foul of the rule again. So while runner number 2 was on her leg, runner 3 was donning the vest worn by runner 1.

It makes one ashamed to be an official. Thankfully the Executive of the Management Committee of the National Junior Athletic League eventually overruled the track referee that day. Luton AC's relay team were reinstated and they received their 10 points.

Fortunately almost all of the officials with which we come into contact are more enlightened. In Belgrave Harriers our officials are a happy band, slowly growing in number and definitely growing in experience. Some of them have stayed with the sport that they became involved with when their children competed in our teams while others are ex-athletes themselves. All are aware that athletics is for "the athletes" but they take a pride in the fact that without their own help and expertise, true and fair competition among athletes cannot take place. And like many others who take a pride in and enjoy what they do, they are on the lookout for further converts. We could never ever have enough officials. Won't you consider giving it a try yourself. You don't need any experience, we will help you to gain that. Have a chat to the Officials Secretary - Pat Mead on 0181-224 2657.

The new governing body of Athletics in the U.K.

John Gebbels of Herne Hill Harriers put together the following brief but very useful summary for the Surrey County A.A. Committee. No doubt it will help many in our own club to understand the current situation.

1. The new body is called U.K. Athletics Limited.
 2. There is a Non-Executive Council which consists of:-
 - The President (Mr. David Hemery)
 - Two persons elected by the clubs (Sir Eddie Kulukundis and Sir Chris Chataway)
 - One person nominated by the Sports Council (Mrs Karen Vieck)
- It must be explained at this point that the clubs voted for David Hemery as President and that in the interim the others had been appointed by the Steering Committee of Athletics '98 which had been set up following the demise of the B.A.F. At the current time the B.A.F. is still in existence although in administration.
3. There will be an Annual Athletic Congress called to discuss whatever business is required. Every two years the President will be elected or re-elected. The President cannot serve more than four years. Every year there will be elections for one of the other Non-Executive Council Member's positions. They also cannot serve for more than four years.
 4. An Annual General Meeting will held to:-
 - Receive a report from the Executive Board
 - Receive a Statement of Accounts
 - Appoint Board Members
 - Appoint Auditors
 - Transact any other business.
 5. The Executive Board will run the organisation on a day to day basis and is headed by the Chief Executive (David Moorcroft). The Board can have from two to ten members and will oversee competition rules, the selection of international teams, control of doping, championships, the commercial interests of the sport including broadcasting, and fixtures.
 6. The appointment of sub-committees and determining remuneration of any paid positions will be up to the Executive Board with the agreement of the Non-Executive Board. A full time paid Company Secretary will be appointed.

Wandsworth Museum Exhibition

— a look back at sporting activities in Wandsworth.

An exhibition at the Wandsworth Museum (The Courthouse, 11 Garratt Lane) took place during August and September 1998 and had athletics as a prominent feature thanks partly to Editor Alan Mead who provided numerous photographs from our archives, ancient and modern, ranging from the 1928 880yd at the Belgrave Club Championships and the 1934 cross country team, right up to shots taken at recent British League meets. A Belgrave vest was also displayed alongside those of other local clubs.

The borough saw a boom in

running in the late 1800s at least as a spectator sport of 'foot races'. A crowd of 30,000 saw the American Indian Deerfoot take on Alfred Day, a Yorkshireman, over six miles; this took place at the Copenhagen Grounds, Garratt Lane (now built over,) in 1862. Betting on these head-to-head races was the order of the day and match fixing was rife. However, matters came to a head in 1887 (the year that Belgrave Harriers were formed), when a race had to be called off since organisers couldn't agree a winner before the race started! The crowd burnt down the stadium, signalling the end of

betting and perhaps the beginning of wider participation in running as a sport? Certainly a poster on display in the exhibition showed that two years later for the price of six (old) pence (just over 2p) you could see a 20 - race event at Balham Athletic Ground "5 mins from Clapham Common".

There have certainly been some classy runners in our area in the past; for example Ernest Pelling of Tooting (who first introduced the crouch start), held the world record at 200 yards, Albert Hill also of Tooting, was the 800m champion in the 1920

Olympics, at Antwerp, and Edgar Mountain of Streatham was fourth in the same race.

The Wandsworth borough can be proud of its record in the development of other sports too. In cycling the Putney velodrome was the first cement cycling track in Britain and had a crowd capacity of 8,000. In swimming, the Tooting Bec Lido is the largest in London, and in cricket Putney Cricket Club produced England stars, Jack Hobbs and Jim Laker.

Rex Bale

Important notice regarding Subscriptions

As was agreed at the Annual General Meeting, 1998, the date that subscriptions for membership become due will be moved from 1st July to 1st April.

The reason for this change is that the vast majority of our Club expenditure, including the payment for the use of tracks and the hire of coaches for travel, becomes due in the first quarter of the year. With subscriptions previously not due until the middle of the year and their actual receipt by the Club being spread over several weeks (and dare we say in some cases, months) after that, we have annually experienced a

severe cash flow problem. Moving the due date to 1st April should go a long way towards solving the problem.

This means that when you renew your subscription in 1999 it will be the last time that you do so on 1st July because in 2000 you will need to pay on 1st April.

We appreciate that subscriptions for the period commencing 1st July 1999 will only cover 9 months but it is hoped that everyone will cooperate in paying the full amount.

From The Belgravian

25 Years Ago ... 1974

THE COMMONWEALTH GAMES, CHRISTCHURCH, NEW ZEALAND. Halfway round the World, Belgrave were well represented in the tenth British Commonwealth Games.

What a line up the 3000 metres Steeplechase produced – Benjamin Jipcho the World Record holder, Amos Biwott the Mexico Olympic Champion, Evans Mogaka who was ranked 6th in the World in 1973, and amongst those from these Isles our own John Bicourt who so narrowly missed the British Record last year. John suffered a throat infection at Christmas and it still hadn't cleared up as the Games approached. The team doctor diagnosed the trouble as a touch of bronchitis and with only nine days to the race advised no running for three to five days!

The Kenyans made the running with the Welshmen Davies and Hayward following. John, not feeling too confident after the doctor's advice, played it safe and kept back down the field. At the halfway mark Biwott was dropping back but our man was still running steadily in 7th place. Running the race of his life, Davies stepped up the pressure with two laps to go. By now John was up with Hayward about 40 metres behind the leaders.

Shortly after the 'bell' the incident occurred in which Mogaka and Davies fell, leaving Jipcho to run home comfortably. They were both soon up again and heading hard for the finish but John Bicourt too was now moving really fast. He had overtaken Hayward with just over a lap left and by the time the finish was reached there was a margin of six seconds between them. Mogaka, just out of reach, crossed the line in bronze medal position ahead of him.

1, B.Jipcho (Kenya) 8:20.8 (Games Record); 2, J.Davies (Wales) 8:24.8 (U.K. Record); 3, E.Mogaka (Kenya) 8:28.6; 4, J.Bicourt (England) 8:29.6.

The 20 miles Walk was held over an out-and-back course with a 5 p.m. start to avoid the worst of the sun and out of the fifteen starters, four were Belgravians with Len Duquemin and John Moullin for Guernsey, Carl Lawton for England and Allan Callow representing the Isle of Man.

England's Warhurst and Thorpe led all the way. Allan was in the second group for a while but gradually fell off the back. John Moullin was going steadily until the turn when he found the going extremely tough due to the head wind and the cold. Len Duquemin also suffered but it was Carl Lawton who again faded on the big occasion. He was 7th at the turn in 79:25 but slowed drastically before eventually retiring at 14 miles.

8, A.Callow 2:53:12.2; 9, L.Duquemin 2:53:37.4; 10, J.Moullin 2:57:27.2.

Dramatic events also took place in the Christchurch stadium when Barbara Lawton, at that time not a Belgravian, became Commonwealth Champion with a games record in the high jump. While athletes outside the stadium waited to march in for the closing ceremony, four athletes were still involved in the competition at 1.80m. At 1.82m, they were down to three – two Canadians and Barbara who needed two attempts to stay in. Up to 1.84 and here it was resolved as Barbara flew over the bar at her first try.

and 50 Years Ago ... 1949

ENGLISH CROSS COUNTRY CHAMPIONSHIPS. March 12th 1949. ... we journeyed to Birmingham for the "National," held on the Bromford Bridge Racecourse ...

On the first small lap of the senior race Vern Blowfield was up to the front with Aaron, the eventual winner, but could not hold his position and gradually fell back. Our other men were well placed to begin with but as each lap came round, with the exception of Steve Charlton, they seemed to go further and further back while our most dangerous rivals, Sutton Harriers, had their men well up and going forward all the time.

We soon realised that we had lost our title of "National" champions, but must say that the Sutton lads deserved their win and are indeed worthy champions.

Vern Blowfield was our first man home in 18th, and Steve Charlton did well in being 58th.

In the Junior race Eddie Short again ran well ... he was our first man home in 13th place. C.W.Walker, the winner of our recent road race for Novices, did well in his first "open" race to finish in 34th position, but we missed the services of Arthur Bruce, who could not get leave from his unit.

THE BRIGHTON RELAY. April 2nd 1949. Starting from Mitcham, our runner on the first stage to Purley was Derrick Burfitt. He did well to finish 5th. On the next stage to Mersham, Ted Stimpson held his place ... then Frank Abberton tackled the uphill stage through Redhill and ran a fine race to take us up to 2nd place.

On the next stage Jack Brown took us in front. Len Herbert went off on the 5th stage. Jimmy Wood, our Poly. member, caught and passed him but Len managed to hang on to 2nd place and handed over to Albert Frost who did well in putting up the fastest time for that leg. Vern Blowfield went off on the long stage to Handcross and soon passed his man to put us in the lead once again. Len Marchant was our next but he lost the lead to Green of Reading. Eddie Short went off on the up-hill climb to Patcham. He passed the leader and gave us a lead of 11 seconds over our nearest rivals. Bill Lucas, running the last stage, as usual, did not give his opponents any chance of getting on his shoulder and although Green of Birchfield took his team into 2nd place, Bill finished an easy winner.

1, Belgrave 3 hrs. 57 mins. 35 secs; 2, Birchfield, 3.57.52; 3, Tipton H., 3.58.35.

This makes our 6th win in this classic road race, a feat which no other club has performed and moreover, is our second series of three wins in a row as we won in 1934-5-6 and then again in 1947-8-9.

WORLD RECORD TRACK WALK. Harry Churcher, as is now well known, succeeded in lowering his world's record time of last year for the 5 miles. Walking in excellent style, Harry lapped the track time after time in almost identical times, eventually clipping 10.4 secs. off his time at Motspur Park.

Harry's time, not reported in the Belgravian, was 35 mins. 33 secs., the race being held at London's White City on June 16th.

Patricia Mead

President 1998~99

There was that noise once more—the rumble of roller skate wheels on cracked paving stones—it was that skinny kid with the dark ringlets and short dress again, threading her way through the back streets that lie between the busy Kennington Park and Walworth Roads, weaving in between the jaunty, foraging dog and old lady out shopping, past the oil shop and the corner newsagent's, heading for the newly laid tarmacadam of Lorrimore Road. It was school holiday time and in the mid-1950s with no parked cars and only the milkman's or coalman's horse and cart to avoid, this was a young skater's idea of heaven. And when the delights of Lorrimore Road had been sampled, seeing that it was Friday, perhaps she'd make her way across to Kennington Park, opposite the pile known as "The Horns", where the travelling cinema would be set up and scores of kids would be sitting on the grass watching the films of "local boy made good" — Charlie Chaplin.

Patricia was used to looking after herself. Dad, an ex-Desert Rat, had been a boxer in the army. When she came home from school on one occasion complaining about the actions of some bullyboy, he taught her how to square up and then, offering his own broad nose as a target, showed her how to throw a straight left that would bring tears to the eyes of any assailant. It proved to be a useful lesson.

Growing up in an inner London borough in the decade after the war seemed no particular hardship at the time. The Elephant & Castle had been all but flattened and there were scores of bomb-sites to play in. Only slowly being redeveloped, these places offered a refuge among the commercial sprawl of South London

for caterpillars, birds, colonising buddleia and other floral escapees from urban gardens. As the seeds had taken root in the rubble, so they also took a hold in the interest of a young girl who to this day is never happier than when pottering about in the garden; and the adventurous roamings through the streets led to an independence and spirit that shines through when standing up for her club and managing her team in the Rosenheim League.

All sports seemed to have an attraction for young Patricia, netball and swimming being particular favourites, but after showing promise as an 11-year old in the South London Schools athletics championships, her sports master at Stockwell Manor bought her a pair spikes from the school funds and directed her to the local athletic club—Selsonia Ladies AC.

At Selsonia, one of the top London women's clubs of the '50s and '60s, she soon started competing in track & field matches at high jump and sprints and, eventually, even road relays. There were some famous names in their teams and today, some forty years later, she is pleased that she can still number international sprinter Marianne Dew (now Black) and four times National Cross Country Champion Pam Davies among her friends.

One other sport took hold of Pat in her teenage years—soccer.

Taken to White Hart Lane by an uncle one December Saturday in 1957, she was one of the 27,855 crowd who saw Tottenham Hotspur thrashed 1-4 by Leicester City. The home team had lost but they had gained another fanatical supporter. After Christmas she visited White Hart Lane again to savour the revenge of Leicester being put out of the Cup by her team



Photo: Clive Shippen

Pat on Rosenheim Team Managerial duties at Tooting, 1998.

and before long every winter Saturday was spent on the terraces at home or away.

In the years that followed, as Spurs became the dominating English team, Pat supported them at reserve matches, saw them become the first team ever to win the F.A. Cup and League double, queued up at the turnstiles overnight for cup tickets and in a match to remember in September 1961 saw Danny Blanchflower lead the Spurs to an 8-1 drubbing of Polish Champions Górnik Zabrze. Great days and great players—Bill Brown, Ron Henry, big Maurice Norman, Dave McKay, John White, Terry Dyson, Les Allen ... the names trip off the tongue even today.

By the time she was 16 and training regularly at Battersea, Pat met up with Tom Carter's lads. Tom encouraged her and a friend to come along to Belgrave Hall for a social event and thus began her long association with Belgrave Harriers. Training sessions at Battersea included starting practice with Frank Simmons' group, among them Dave McMillan, while Monday nights were given over to circuit training at Balham with John Martin, Bill Couzens and Brian King. Before long she was cooking hot dogs and brewing the tea after a run on Tuesday and Thursday evenings at the Hall, helping with the production of *The Belgravian*, following the London-Brighton Road Relay in the Belgrave supporters' bus, helping get the results out at Track & Field and Cross Country meetings, joining the pirate gang to entertain children at the Belgrave Christmas Party and getting involved in Charlie Manning's hare-brained ideas of entertainment

Early Belles - 1976 at Battersea Park. Left to right are: Wendy Richardson, Jane Pritchard, Anna Mathews, Tina Couzens, Joan Samuels, Pat Mead and Win Shepherd.



Photo: Alan Mead

at Belgrave social functions.

The Southern Counties A.A.A. decided to look for someone to assist Arthur Kendall in the office at Park Crescent in London shared with the A.A.A. and B.A.A.B. — the base from which almost every athletic activity in the country was governed. Alf Harley and Bill Lucas knew just the person to fill that role and soon Pat was working with Tony Ward and later Andy Norman, helping to organise the Southern Counties Championships and the famous Open Meetings—a position which enabled her to champion the cause of several up and coming young Belgravians when it came to selections for representative matches. Even in recent years, when the last major meetings were held at the Crystal Palace, Pat was still called upon to operate the electronic scoreboard.

But back in the late '70s, things were not going well for Selsonia. Talks were held between the struggling ladies' club and Belgrave Harriers, with a view to a possible merger, but Selsonia decided against it and then when things got worse they finally disbanded. Pat, Barbara Lawton and Jane Pritchard had already joined the 'men only' Belgrave Harriers as Associate Members and the three of them ran from the Hall even though the Club had no official Ladies Section. Then, when Belgrave officially opened its doors to women in 1976 they all signed up as full members in the first week. Changing and washing accommodation

was a small area now occupied by the women's shower cubicles—except that there were no showers, only a toilet and hand basin.

Soon some twenty-odd girls had joined Belgrave. Bill Couzens spent his Friday evening's organising weight and circuit training sessions at the Hall while the following summer Ray Hall stepped in to organise our first Women's T&F Team. The original Belgrave women's racing strip—claret with gold edging and a central Belgrave badge—was designed and made by Pat and this style of kit has only recently been updated. The Club had hoped that she would become involved in the management of our fledgling Women's team but by then another project came along requiring a few years maternity leave, although the Club continued to call on her services on numerous occasions when results needed to be produced—particularly the Belgrave/Southern 12-Stage Road Relay.

However, when we reorganised the way we ran our club in 1993 and tried to put a Team Manager in place for every single team, Pat took over responsibility for the Rosenheim League. In the 30 years of this league's existence we had never ever won the men's final and had probably hardly ever won a match. In her first year we won 3 matches and, more importantly, the final. Since then we have not only won the Eastern Division and Final five consecutive times but have won 28 of the last 29 matches.

Our longest winning streak is 20, and that only came to an end when, in a match held during a monsoon, she put the athletes' safety first and pulled them out of several of the dangerous events. The men's Rosenheim League success has been based solidly on filling out the team with 17 to 20 year old lads with a sprinkling of veterans; not only has she grown very fond of her boys but they in turn have a high regard for her and in spite of winding her up by pretending that they cannot run another step, still turn on the fireworks for the evening's finale—the 4 x 200 metres relay.

Pat is our Officials Secretary for home Track & Field matches, is a Grade II Track Judge and is almost always our Track Referee for home matches. She has strong views about the way some officials relate to the athletes, always remembering that the officials are there for the benefit and assistance of the athletes, guiding them into competing within the rules rather than looking for the slightest infringement for which a they can be disqualified. Time is still found for the odd veteran competition, although she now prefers the throws, and that fighting spirit is still there, taking her recently to 10th ranked W50 discus thrower in the country.

Patricia Mead — a worthy addition to the President's Board at Belgrave Hall.

Welcome

... to the following members who have joined us since publication of the previous issue of *The Belgravian*. If you need any help or advice with your athletics please don't hesitate to get in touch with your Team Manager or any other official listed in your fixture card.

Ahmed Abdullah Track
 Timothy Abeyie Track, Field
 Jeffrey Adjei Field
 Saul Armanini Track, Cross-country
 Zachariah Askanasy Track
 Spencer Barden Track, Cross-country, Road
 El Bbideh Road
 Omar Becirhodzic Track
 Lucinda Blake Road, Cross-country, Track
 Ralph Brathwaite Track
 Robert Broni Field
 Jason Bunston Cross-country, Road
 Sarah Burkin Track, Field
 Louise Burkin Track, Field
 Benjamin Burrell Track
 Nicola Calvert Road, Cross-country
 Will Cockerell Cross-country, Road, Track
 Roy Collier
 Louise Collier
 Gary Collins Track
 Delgio Colsoul Track, Field
 Paul Coughlan Road, Cross-country
 David Couzens
 Rouga Covindassamy Track, Field
 Adam Cowmeadow Road, Cross-country
 Ben Craig Race Walking
 Anthony Cullen Track, Road
 Jerome Curtat Cross-country, Road
 Rhoda Dakar Road
 John Dawson Official
 Alex Denise

Danio Domingues Track
 Phillip Doorgachurn Track, Field
 Vanessa Duffy Field
 James Edwards Track, Cross-country, Road
 James Ellis-Smith Track
 Peter Exley Track, Field
 Firouz Fagerzi Track, Field
 James Flavin Track
 Peter Foster Track
 Dina Francis Track, Road, Cross-country
 Helder Gongalves Cross-country, Road
 Peter Grant Cross-country
 John Hanks Coaching
 Irad Harris Track
 Michael Harvey-Bray Road, Track
 Victoria Hassell Track, Field
 Jonathan Hawkes Track, Field
 Charles Herrington Track, Cross-country, Road
 Najibe Hliouat Cross-country, Road
 Toby Hodgson Track, Field
 Sarah House Cross-country, Road
 Lois Howarth Cross-country, Road
 Alexander Hutchinson Cross-country, Road
 Thomas Knowles Track, Road, Cross-country
 Stephen Kowalewicz Track
 Matthew Lambert Field
 Veronique Lauer Race Walking
 Erwann Lemenager Cross-country, Road
 Cliff Lim Field
 Linda MacKinnon Road, Cross-country
 Stevie Mancini
 Daniel Mancini
 Jorjanna Mancini
 Kerry Mancini
 Michael Mansour Track, Field
 Ben McCarthy
 Daniel McDonald Track, Field
 Kelly Meliss Field

Mary Melizza Cross-country, Road
 Chris Milner Track Field
 Kieron Morgan Track Field
 William Nixon Field, Road
 Wade Nolan Field, Race Walking
 Leon Odiete Track
 Richard Oram Road
 Siji Osibo Track Field
 Christopher Ossie-Boateng Field
 Robert Palmer Cross-country, Road
 Pushar Patel Coaching
 Victoria Pincott Track
 Hassan Raidi Track, Cross-country, Road
 Vaughan Ramsay Track, Field, Road
 Nikin Raval Field
 Serina Raymond Track, Field
 Geoff Reid Hughes Field
 Daniel Ricalde Track
 Stephanie Richardson . Track, Field, Race Walking
 David Rowland Osteopath
 Leonard Russell Track
 Meg Ryder Track
 Terry Samuels Track, Field, Race Walking
 Dale Seddon
 Hugo Sells Track, Field
 Alan Stenning
 Penelope Tan Track, Field, Cross-country
 Michael Thomas Track, Field
 Scot Thompson Field
 Neil Thompson Track, Field
 Edward Thompson Track, Field
 Terence Tsui Track
 Nicholas Waller Field, Track
 John Wells Track
 Edward Weston
 Nana Wilson Track, Field
 Glyn Woodham Track, Field
 Lucy Wooley

S.G.Scarsbrook

We were sorry to hear, last September, of the death of Stan Scarsbrook, just one month short of his 90th birthday.

Stan joined Belgrave Harriers in 1993 but it was more a case of 'rejoining' as he had been a member of Surrey Athletic Club back in the 1930s. Upon joining he told us that as a young man he would,

"... run anywhere—it was great. Club matches, relays, cross country and road running, London to Brighton Relay ..."

What he didn't tell us at that time was just how good he had been in his competitive days when his main event was the steeplechase. It seems that some of his success was due to the fact that he was one of the first men, in this country at any rate, to traverse the steeplechase barriers by lightly stepping on top of them as opposed to vaulting them.

It was in 1934 that Stan first came to prominence when at the age of 25 he was selected to represent Great Britain vs. France in Paris on 29th July. In the 3,000 metres steeplechase he was narrowly beaten by R.Rerolle of the home team, 9:27.4 to 9:29.2. It was one of only two track events won by the French that day although the host nation was very strong on the field and the overall result came out at 66 points to Great Britain and 53 points to France.

Soon afterwards came the A.A.A. Championships at the White City where, in the 2 miles steeplechase, Stan headed the field with 10:48.4, thereby earning himself selection for the Empire Games to be held just three weeks later.

Now at the top of his form, the Surrey A.C. man struck gold again and was one of only four A.A.A. champions to repeat their victories at the 'Games', also held on the White City cinders, the others being Rampling (440 yds), Lovelock (1 mile) and Finlay (120 yds hurdles).

The following year saw the first ever home international match staged outside England as Great Britain took on Finland in a meeting held in Glasgow. Here Stan came up against the reigning Olympic Steeplechase Champion Volmari Iso-Hollo who had no trouble in disposing of the Britons in the 2 miles event with 10:15.4. Stan was third man home and first for his country.

Although living in Peeblesshire in Scotland, Stan avidly followed the fortunes of Belgrave Harriers on television. We mourn the breaking of another link with the early days of our sport. ARM

Rose Morrell

Regretably, we must also record the death on 17th July 1998 of Rose, wife of the late Tom Morrell and mother of Mavis Hall. Rose had survived Tom by just three years and eight hours.

Theirs was a partnership upon the like of which our club has been built. Rose supported Tom in all the numerous tasks he undertook for Belgrave Harriers. When Tom was in charge of club kit sales it was Rose who fielded many of the 'phone calls and took the orders—and

when one ordered a track suit bearing the name BELGRAVE it was Rose who painstakingly stitched each individual letter onto the shoulders.

Our condolences go to Mavis and son-in-law Eric Hall and their children.

Percy William 'Jimmy' Green

If there is one thing that virtually all athletes in Britain have in common, it's that weekly ritual of browsing the pages of *Athletics Weekly* to find out what the opposition are doing while we are injured, searching for likely races to enter and generally keeping up to date with the sport. On March 23rd 1998, the man who founded this institution, P.W. 'Jimmy' Green, passed away at the age of 88.

'Jimmy' began his athletic life as a sprinter with Surrey AC in 1924 but soon moved on up through the distances to represent the A.A.A., R.A.F. and several counties at the middle and longer distances, eventually competing in the 1948 Polytechnic Marathon. As a Belgrave Harrier during the 1939-45 War he was a key member of our teams that dominated the 2 mile track races that were held regularly at that time.

After the War, and in spite of advice to steer clear of such a risky enterprise, 'Jimmy' went ahead after being demobbed from the R.A.F. and started the monthly magazine *Athletics* in 1945. It was hard work but believing in what he was doing he persevered and by 1950 the magazine expanded to become a weekly publication and took the name by which we have known it ever since.

Editing *Athletics Weekly* after his competitive days was far from his only involvement with athletics, however. As a coach he was particularly successful, bringing several of his athletes through to international level. He was also a Grade I Starter, a meeting organiser and Past President of Kent County A.A. Athletics was in his blood, further proved by the fact that his son and grandson both became active athletes.

As a life member of Surrey AC 'Jimmy' came back into the Belgrave fold when the two clubs merged in 1982 and taking into consideration his time with the former, he was our longest serving member at around 73 years. ARM

John F. Keown

We were all sad and sorry to hear of the death of John F. Keown on December 6th 1998.

John was born in 1931 and joined the Club in 1954. He was a regular in our walking teams over all of the recognised courses and distances. He was a good clubman and his performances seemed to improve as the distances increased. Quiet and unassuming he gave his best right up until he had crossed the finishing line. One of his greatest performances was in the 1971 Ewhurst 100 miles when he completed the distance in 20 hrs. 49 mins. 47 secs. to become Centurion number 473. (He was accompanied by fellow Belgravian Johnny Morris, number 474, and they walked and finished together.)

John's knowledge of the sport and its

participants was great and at some time or other he filled just about every administrative position in the Southern Race Walking Association and National Race Walking Association, including being elected President of both bodies. He was Race Walking representative on the British Athletics Federation Committee and a Life Member of Belgrave Harriers. Such was his administrative ability that he could turn up for a race and with no more than a single sheet of paper and a pencil, proceed to carry out the lap scoring, record the times and produce a thoroughly accurate result in next to no time.

Readers of the "Race Walking Record" will recall the many articles he wrote such as "Is team competition going out of fashion?" "The R.W.A. is 90 years old" and "1958-69 The British glory years".

By profession John was a Civil Servant with Customs & Excise, specialising in VAT.

It was always a pleasure to meet him and have a chat (about walking matters, of course!). He will be sadly missed but not forgotten.

Gordon Doubleday

Ron Severn (1926-1998)

It is with much sadness that we have to announce the sudden death from a heart attack, of Ron Severn, aged 72 years.

Ron was for many years a keen road runner with Wycombe Phoenix Harriers, competing in many of the classic races of the time such as the Finchley 20. He later went on to organise and generally mastermind the promotion of the famous Wycombe 5m Road Race, perhaps more popularly known as 'The Furniture Five'. This was a race where many teams and stars of international standing would compete for the much sought after prizes of pieces of furniture. Regularly amongst these teams was of course Belgrave Harriers led on many occasions by our own Gerry North.

It was in 1983 that, after having moved to Wimbledon with his family, Ron actually discovered Belgrave, a name he had been all too familiar with in the past. To be correct it's never really been established as to whether it was Ron who did the discovering or his dog! For it was while on a dog walking stroll from their flat on Wimbledon Hill, that one of them led the other into Denmark Rd, resulting in Ron returning home to announce that he had found that Belgrave Harriers were based just round the corner. Ron quickly introduced himself to us and the rest has become history. Belgrave had acquired another top class organiser and official.

During his fifteen years with us Ron put more into the Club than some people achieve in a lifetime. For several years he took on the unenviable task of Treasurer then as an Auditor and, for the two years prior to his death, organiser of our annual Dinner/Dance. On many occasions over the years he regularly officiated at Road, Cross Country and Track fixtures filling any post where help was needed most. By profession he was a qualified

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Sadly, four members of the Club died during the last twelve months: Gwen Cousins, Jimmy Green, Ron Severn and Stan Scarsbrook, as also did Rose Morrell.

Once again, Belgrave have had a very successful year in athletics competition.

I will start with track and field.

Our senior men, under the team management of John Jeffery and Bill Laws, have again won the First Division of the British League by a big margin, winning every match but one; and once again they have gone on to complete the double with the Cup. Thanks to the generosity of our patron, Sir Eddie Kulukundis, who met the travel costs, Belgrave were able to take part in the European Championship Clubs (Second Division) meeting at Belgrade in May, for which they had qualified last year, finishing a creditable fourth against some very strong opposition.

Our strength in depth has been shown by the success of our men's Southern League team, managed by Bob Bridges, who won all their matches in Division 2 and have achieved promotion to Division 1. With many of our juniors moving into the senior ranks next year we see the need again for a second men's Southern League team.

Once again we have, with Pat Mead as team manager, won our division in the Rosenheim League – indeed winning every match – and have gone on to win the League final for the fifth successive year.

Sadly our women's Southern League team, managed by Cynthia James and Jacqui Smiter, who were promoted to Division 2 at

the end of last season, have not been able to hold on to their place and are headed back down to Division 3. They were second in their first-round match in the Jubilee Cup competition, but in that competition only the winners progressed. The U15 section of the team has been particularly weak, and we are trying to strengthen it for next season – e.g. by introducing Sportshall athletics during the winter to provide continuity throughout the year: This is something that would, of course, apply to boys as well as girls.

Eight first-claim members of the Club were selected for the European Championships at Budapest. Darren Campbell's win in the 100 metres in 10.04 seconds must have pride of place, with Dwain Chambers taking the silver medal; Darren was also one of the winning quartet in the sprint relay. Matt Yates finished 6th in the 1500 metres and Brendan Reilly 9th in the High Jump. Andy Tulloch reached the semi-finals of the 110m hurdles, Chris Rawlinson took part in the 400m hurdles, Sean Baldock was one of the team in the heats of the 4x400m relay and Nick Sweeney threw the discus for Ireland.

There were four Belgravians in the British team in the World Cup match at Johannesburg: Dwain Chambers was third in the 100m, in 10.03 seconds and ran also in the winning sprint relay team: Sean Baldock was one of the four who finished second in the longer relay; Mick Jones was 5th in the hammer and Mike Edwards 6th in the pole vault.

Most of the athletes I have mentioned also took part in the Commonwealth Games which have just finished at Kuala Lumpur and indeed Darren Campbell and Dwain Chambers won gold medals in the sprint relay and Mick Jones the silver medal in the hammer. They were joined by yet other members of the Club; Ben Challenger, who won the silver medal in the high jump, John Regis who took the bronze medal in the 200m, Du'aine Ladejo in the decathlon, Jason Lobo over 800m, Dave Smith in the hammer and Ian Tullett in the pole vault – all of these in the English team – plus Matt Douglas for Northern Ireland in the 400m hurdles, Lee Newman in the discus for Wales and Dave Pamah in the 1500m for St. Vincent and the Grenadines. By my count 15 Belgravians in all were there.

Six members of the Club competed for Great Britain in the U23 International against Germany in August.

At the U20 level our men under John Powell's team management won the Southern Premier Division of the National Junior League in their first season after being promoted into it, and were indeed an excellent third in the national final. No other club in the history of the League has done so well in the national final in their first year in the Premier division. As for the younger age-groups, there was a bumpy start for our team managed by John Dawson, with assistance from John Powell, in the McDonalds Young Athletes League, but they improved markedly and indeed won their last match; they did not qualify for the national finals but they have retained their place in the Southern Premier Division.

Darren Thompson, who won the English

Schools long jump championship, went on to represent Britain at the World Junior Championships at Annecy in France, where Chris Lambert also took part (in the sprint relay). Austin Ferns represented Great Britain in Spain in July over 400m hurdles.

Among the veterans, the men, managed by Terry Lawton, were third or fourth in each of their matches in the Southern Veterans' League, but our veteran women, managed by Maureen Jones, won three of their four matches and reached the South of England final.

I turn to cross-country and road running. The welcome improvement reported last year among the senior men, managed by Alan Mead, has been maintained. They finished 4th in the Surrey League and won both team awards, for 4 and 8 to score, in the South of the Thames Junior race. This year they were only third team in the Surrey Championships, but Belgrave again provided the individual champion – on this occasion, Kassa Tadesse. Kassa also won the South of the Thames Senior race in which, indeed, we had the first three men home and took both the team awards (6 to score and 12 to score) by considerable margins. On the road, Paul Evans ran 2:09:20 for 5th place in last October's Chicago Marathon, and in November, Kassa Tadesse became A.A.A. and Inter-Counties champion over 10km in the Barnsley road race.

The Belgrave women were, sadly, relegated to Division 2 of the Surrey cross-country League, but Gabby Collison ran a number of good races on the road, including 8th place in the A.A.A. 10k and a Club record half-marathon in 80:57.

Though perhaps not as successful as last year, our young walkers under the management of Steve Whorlow remained prominent on the national stage, and Nigel Whorlow was awarded two British junior international vests.

These results reflect great credit, of course, on the athletes concerned, but they also owe a great deal to the team managers, who have borne the burden of getting teams together, persuading people to turn out, arranging transport and being there on the day to encourage and to sort out problems. They deserve all our thanks. So, too, do our coaches who work throughout the year to help Club members to develop, and also those who give up their time to act as judges, starters, timekeepers, recorders at athletics meetings – without such officials there would, indeed, be no athletics meetings.

As I say, we owe our gratitude to all those who give so much of their time and effort to help in these and other ways. I'm not saying this for myself, since I myself do relatively little, but as Secretary I see a lot. All too often it is the same people who double up on these jobs, frequently having to earn a living as well, and some of them also serve the Club on committees. It is worrying that there are so few. If any others of you can see your way to joining in, or know of people who might be willing, do please let us know. The Club can pay the cost of the courses necessary for people to qualify as coaches and officials. More help will be very welcome.

Charles Henn, Hon. Secretary

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accountant and a Chartered Secretary for a large Company in the City, and on more than one occasion his professional expertise was put to the Club's benefit. Perhaps however Ron's 'master stroke' came in 1986 when, following up on an article he had read in a Sunday supplement, Sir Eddie Kulukundis was invited to become our Patron. Again, the rest has now become part of the Club's history. For his overall services to Belgrave, Ron was made a life member in 1989.

It can be safely said that he did not 'suffer fools gladly,' his maxim being that if a job was worth doing, then it should be done properly. However to know Ron was to realise that this no nonsense professional approach to all that he did belied a warm and almost impish sense of humour. Away from athletics Ron was an avid traditional jazz enthusiast, as well as enjoying a wide range of music from Choral to Frank Sinatra. In his younger days Ron had been a musician himself playing trumpet in a small dance band. In later life he became a professional Toast Master for eight years and, in the weeks only just prior to his death, had been accepted as a Wandsman (Usher) at St. Paul's Cathedral.

Ron was truly a man of many interests, one who is, and will be, missed by many people. Belgrave Harriers extend their sincere condolences to his wife Pauline, daughter Lesley and son Martin.

Gordon Biscoe

Nothing new ...

A letter tucked away in our archives dated 30th December 1929 recently came to light. It was written by J. W. Neville, Hon. Secretary of the Athletic Section of St. George's Services Sports Club, and addressed to W.L. Bayliss, Hon. Secretary of Belgrave Harriers. It reads ...

"Dear Sir,

It has come to my notice that members of the above Club [St. George's] have been approached by members of the Belgrave Harriers and invited to secede from St. George's and join you, and at a meeting of my Committee I was instructed to write to you suggesting that you should request your members to refrain from such unsportsmanlike practices, and to inform you that any similar case in the future will be brought to the notice of the A.A.A. immediately.

We feel quite confident that such tactics are not approved by your Committee, and in view of the friendly relations that have hitherto existed between us I trust that you will do what you can to prevent a recurrence of the action complained of. Possibly a note in your Magazine would have the desired effect."

From the committee minutes of January 1930 we know that our Hon. Secretary was instructed to reply to Neville and that copies of all correspondence were sent to the A.A.A. but we can't help laughing at the 70 years old pencilled reply written in the margin of the St. George's letter by Wally Bayliss.

"Dear Sir

Put a note in your own magazine advising your members not to join Belgrave as 2nd claim members."

Thank you Harry

After many years of hard work on our behalf Harry Porter has stepped down as Women's Cross Country Team Manager. Harry's time at the helm has seen the Belles as Surrey County C.C. Champions and winners of the Surrey C.C. League Division One — and all this alongside managing the women's T&F teams, sitting on the Surrey County Committee, T&F Marksman and Starting duties and one hundred and one other things including, of course, being our Club President for 1991-1992.

Harry will be continuing as Starter, alongside Sue, and will continue as Secretary of the Thameside League.

Jacqui Smiter has taken over as Cross Country Team Manager

Under pressure !



Belgrave Harriers provided the officials for a Dave Pamah/BMC/Nike spectacular at Battersea Park on June 14th 1998. There were records a-plenty as the Kenyans turned up in force to batter the season's best global marks. Patrick Ndururi headed the 800 metres field and the judges and timekeepers were severely tested as no less than seven men, most of them wearing identical Nike racing strip hit the finish line within 14 tenths! In second place James McLroy smashed the Northern Irish record. In all there were five closely contested 800s and a couple of 1500s which were almost as tight. Further records fell in the 5,000m where South African Hendrick Ramaala set a new BMC mark of 13:33.3 and Dermot Donnelly another Northern Irish best in 2nd.

The officials, pictured left, were (from the top left to right): Gordon Biscoe (timekeeper), John Sullivan (North London timekeeper), Don Anderson (timekeeper), Yak Stegner (Herne Hill timekeeper), Terry Earle (timekeeper), Pat Mead (track referee), Stuart Bennett (track judge), Bob Bridges (timekeeper), Richard Biscoe (track judge), Alan Mead (chief timekeeper), Leslie Earle (track judge). Not pictured but recording entries and assisting with the seeding was John Jeffery while starter was Bob Bush (Serpentine).

Belgrave at the top in Sydney!

Globe-trotters Eric and Mavis Hall wrote to us recently on Old Sydney Parkroyal Hotel notepaper to tell us that they had just completed climbing to the very top of the Sydney Harbour Bridge. They hope that their feat might be an omen for Belgrave athletes scaling rostrums at the Sydney Olympics next year!

They visited Elizabeth and Clive Shippen during their stay and spent seven or eight hours with them chatting about this and that — apparently the topic of Belgrave Harriers came up once or twice. The Olympic stadium at Homebush received their attention and it seems that it is nearing completion and is a very impressive structure.

Best wishes from Pat Burke

Pat Burke also writes from Australia having eventually received the checklist of 'forthcoming' races from our cross-country Team Manager.

Pat tells us: "I have returned to Australia and will now find it considerably more difficult turning out for the Harriers. I enjoyed my time with you all immensely and would love to run for you again if I can secure another posting to the U.K.

Please pass on my best wishes to Arthur Bruce and the middle-distance guys. I miss discussions with Arthur on ships, submarines and the state of the fleet generally.

Heroine Hilary

Great news hit the local newspapers late last summer. The headline read: "Hilary beats cancer and goes to the top of the class".

Not only had our Hilary Saw earned a first-class degree in French, she had defied cancer at the same time as undertaking her studies. She was diagnosed with breast cancer while in the second year of her B.A. but was determined to finish her studies. She said: "I was determined not to let my world become doctors and hospitals. I am delighted to have achieved a first. I had to discipline myself to concentrate on my work, but it has all come good.

"I am no different from any other student, but it is a nice feeling to have vindicated the faith shown in me by family and friends and my tutors."

Hilary, who previously worked as an international archivist for the Public Records Office, received chemotherapy whilst continuing her studies at Birkbeck College University in central London.

She went into remission in the final year of her course and has now become a founding member of a new cancer support group at Kingston Hospital.

She said: "I decided to become involved to help other sufferers of the illness to get the support they need."

It was great to see her out running in Richmond Park again on the occasion of our third men's league race.

Where are they now?

Olympian Derek Boosey, 55, recent triple jump winner at the Nike World Masters Games in Portland Oregon, where he represented Canada, must surely rank as a contender for the title 'world citizen.'

Born in India, he represented Britain at the '68 Mexico City Games, served four years in the R.A.F and attended universities in the U.S.A, England and Australia. His professional career in coaching and sports administration has not exactly kept him at 'home' either, with appointments in England (Sussex University), Australia, Saudi Arabia, Spain, Korea and Canada.

(From the Olympian magazine.)

Derek was holder of our longest surviving Club Record — a triple jump mark of 16.22m set as long ago as 1968 — until June 1998 when, 30 years and six days later, 19 year-old Phillips Idowu recorded 16.35m. (Phillips' 16.34m set in '97 was wind assisted.) Derek's



leap all those years ago still keeps him in the top twenty British triple jumpers of all-time.

Is there any Belgrave Harrier from long ago that you can bring us up to date with?

Can anyone tell us of the whereabouts of our Past President Frank Simmons? We haven't heard from him in ages and have had difficulty in trying to track him down.

You can't keep a good man down - our loss is Ireland's gain

Leo Coy writes from County Wexford, Ireland

My life here is very different from living in London or Kent. I spend a lot of time working on the house and have also got a full time job in the local ferry terminal until Christmas.

Locally, as in Ireland in general, sport is a very important part of life. Here in Rosslare (population 2,500) there are two soccer clubs and a Gaelic football/hurling club. These clubs provide competition and training for boys and girls in age groups from eight to seniors. Schools are also keen on the promotion and participation in sport.

Athletics tends to take a back seat in comparison to other sports. In some areas it's traditionally very strong while in others it is non-existent.

At Rosslare we have a small club which caters for boys and girls aged nine to seventeen. It's called St. Paul's A.C. Competition is concentrated in the May to June period for Track & Field with all major championships finishing in July. There is also an event called Community Games which is the equivalent of the English Schools.

I have been involved in the coaching side of St. Paul's since January. Circuit training was introduced for the first time on Monday nights and, incidentally, we do the circuits in my old

school class room which is now a community centre. We started with just over twenty members and this increased to nearly sixty during the summer.

Outdoor facilities are very basic with limited equipment and a grass playing field for training, supplemented by occasional runs on the beach. Cross-country was introduced to St. Paul's in September for the first time in many years and we have produced two county champions already!

It's great to be involved in athletics again and only having to concentrate on the coaching side. There are no 'phone calls or chasing people as the athletes live close by and are very enthusiastic with supportive parents.

Good luck and best wishes to everybody in Belgrave.

Leo Coy

Now they are three!

Congratulations to Anna and Ray Foley and of course, "welcome" to new baby Tess



Terror in a tree lined lane

From the South London Advertiser, "The Paper That Speaks Its Mind," January 23rd 1959.

"... BEAST ATTACKS ACE SPORTS GIRLS! Two locals sports stars. Marianne Dew and Pam Evans of Balham were attacked by a man on Tooting Bec Common as they returned home from a training spell at Tooting Bec track.

It happened as the girls took a short cut along The Avenue, a path flanked on both sides by tall trees.

A man cycled past and muttered something. They took no notice but a few yards further on a man rushed at them. He grabbed 20 year-old Marianne by the throat. She screamed, lashed out and ran. Pam was not touched.

Later the two athletes toured the district in a police car without success.

"It all happened so quickly," Marianne told me afterwards. "He was wearing a raincoat and seemed very tall. I was terrified and Pam and I both had memories of the tow-path murder. It was all like a bad dream."

Marianne is Surrey 220 yard champion and works as a secretary in Soho.

Like Marianne, Pam is a member of Selsonia L.A.C. She was runner-up in the Surrey Cross-country. A 24 year-old teacher at Kingsdale Schools, Dulwich, she was wearing a duffle coat over her track suit at the time of the attack. "

This newspaper cutting brought much amusement to the crowd in the bar at Belgrave Hall recently as Marianne Black and Pam Davies relived the occasion forty years on. Pam, a National Cross-country champion recalls that it was the only time she ever out-sprinted Marianne!

Charlie Jones on the mend

We were very sorry indeed to hear of 87 year-old Charlie Jones' bad fall last year — a fall that put him into hospital for a considerable length of time, followed by a spell at a convalescent home.

Happily, Charlie, now in his 73rd year of membership, is back at home and moving around the house pretty well with the occasional use of a frame and has recovered to such an extent that he has also recently undergone surgery to remove cataracts.

In spite of all this medical attention and recovery, however, there is nothing that our stalwart likes better than to discuss the fortunes of Belgrave Harriers and whenever a visit is

made to the Jones household, the current copy of *Athletics Weekly* is always to be found by the side of his chair.

Charlie sends his best wishes to all Belgravians and we, Charlie, look forward to many more years of your friendship and interest in our Club.

An evening with Arthur

— report by one of our Special Correspondents —

On 20th June some 70 Belgravians and friends sat down to a three course meal in Belgrave Hall to pay tribute to the Club's oldest member Arthur Penny who had recently reached both his 90th birthday and 60 years of membership. Several others who could not attend sent messages of congratulation.

The evening, organised by Gordon Biscoe and Derek Manning, proved to be a relaxed and enjoyable occasion punctuated by much laughter and merry banter. The meal was masterminded by Derek, who lived up to the high standards he has set himself both in quality and presentation. Once again Derek enlisted the aid of our President, Lionel Mann, who took time off during a busy period in his Royal duties to oversee the preparation and cooking.

Gordon in proposing a vote of thanks to them both, following the meal, explained how in the weeks leading up to the event, Derek had joined the other hooligans heading for the world cup in France, in order to bring back the wines, cheeses and fruits to grace our tables. He reminded us that Derek had spent many hours planning and scheming in order that nothing be left to chance.

Derek himself then extended a vote of thanks to all his helpers, in particular to the young Belgrave ladies who acted as waitresses, and to the bar staff.

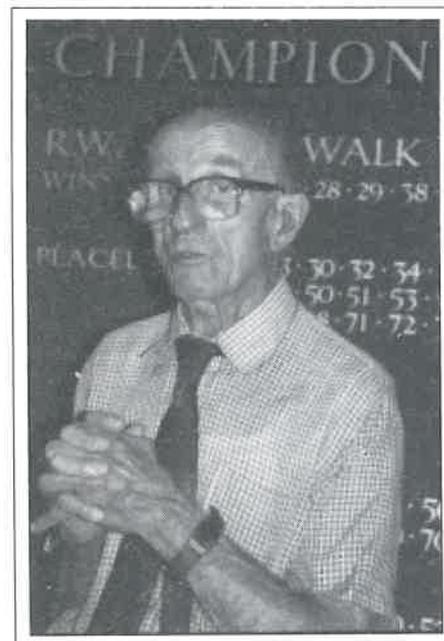
It was at this stage in the proceedings that Gordon acquainted those present with the news that in the Queen's birthday honours list, announced that week, Lionel had been awarded the M.V.O (Member of the Victorian Order). This was a personal award given by the Queen herself. He extended congratulations to Lionel on behalf of the Club.

With the meal completed it was then left to Gordon and Charlie Manning to revive their 'Two Ronnies Act' (first seen during the celebrations for Bill Lucas in April '97) and to introduce the formal part of the evening where it seemed that hardly anyone present went without mention!

Having threatened to get Bob Taylor to lead a round of community singing, reminiscent of his role on the old London to Brighton Relays, Gordon set the scene by welcoming the guests and old friends who had come together from far and near for the occasion.

"Who could have come further than from 'down under'," he said and bid a special welcome to Clive and Elizabeth Shippen back here visiting friends and relatives and, as he put it, "back where they belong in Belgrave Hall." Leo Coy and Susie had also made the special trip from their home in Eire as had Eric and Mavis Hall from Essex. Gordon recalled how Mavis's father, Tom Morrell, a Past President, had been a contemporary of Arthur's.

Special welcomes were also extended to Pam Davies and Dave McMillan back from severe illness and horrific injury respectively; to Dennis Brickwood our cross country captain in the 50's and still looking capable of showing many in the Club a



clean pair of heels; and to special guest and friend from Herne Hill Harriers — John Gebbels and his wife Elizabeth. John is currently Chairman of the SEAA Road Running Commission and President Elect of the SEAA, very pertinent in view of Arthur's love of cross country.

Finally Gordon bid welcome to Eric Penny and his wife Pat. Apart from his athletic career in Bel's colours, Eric was truly the lynch-pin of the famous Belgrave Skiffle Group set up by Bill Couzens back in 1973. The lynch-pin because, "for a start he knew how to spell music!" Gordon further noted that, with one exception, all that group were present, i.e. Eric, Bill, Charlie Manning, Alan Mead and himself. "Now it's 25 years since we last played together," he said, "and as this is a special occasion — we're *not* playing tonight either!"

"We have to push on quickly," announced Gordon, "not only to let you circulate and socialise as much as possible but also to let Gerry North get to Selsey by 6-30 am tomorrow morning, where he is Director of the Selsey 10km Road Race. So *he* says — personally I think that as it's mid-summer's day, he's off to Stonehenge for the sunrise celebrations, dancing around with vestal virgins!"

To pay tribute to Arthur, Gordon then called upon Charlie, introduced as, "like Arthur an athlete and, like Arthur too, one who had toed the starting line of cross-country, track and road races with some of the great names of his day. Unfortunately, unlike Arthur, he was never with them at the end"

Before talking of Arthur, Charlie made a few comments of his own on those present. Everyone was advised to sit up and pay



Above: Head Boy Clive Shippen, back from Botany Bay for the occasion, gives social climber Charlie Manning a few tips.

Right: Bill Lucas and John Gebbels put U.K. Athletics to rights.

Top right: 90 years young — Arthur Penny charms his audience with thanks and recollections.





Left: A. W. Penny races to the finish line at White City as 1934 British Empire Games 6 miles Champion.

attention as the head boy (Clive Shippen) was back in town — “He’s only really come back from Australia to stop me making rude comments about him as I did at the celebrations for Bill Lucas last year,” Charlie further told us that, “Jim Heathfield had been waiting for the last 18 months to see Clive appear in ‘Neighbours.’ ”

He’d also noticed that there were several present who had been in Arthur’s training pack in their younger days but that Brian Gorman was not among them. “Not surprising,” he observed, “for as Gordon has often said, “Brian did for pack running what the Boston Strangler did for door to door salesmen!”

Of Arthur, Charlie revealed how the archives showed him as joining the Club on the 29th February 1928 — “which means he’s only been a member for 19 years! Clearly an imposter!” Well, perhaps not, as current records show the date as 28th Feb. — “or is this another ‘Watergate’ style cover up?” he asked.

“Arthur has never flinched from expressing his opinion strongly,” he went on. “Take a typical Committee meeting. There’ll be Bill Laws telling us how he has arranged with Wandsworth Council to have the inside



Watched by daughter-in-law Pat, Arthur Penny is presented with a commemorative goblet by President Lionel Mann, M.V.O.

lane at Battersea paved with gold — or Ted Pallant explaining how he has scoured the Orient for the finest silks for the next Club strip — or my brother outlining his latest scheme for a marginal increase in subs. with which he could rebuild Belgrave Hall as a five story building with neon lights, gymnasium, underground car park, restaurant, swimming pool and massage parlour. Arthur will listen to all this with riveted attention, before returning us all to earth with the succinct comment — ‘I’ve never heard such a lot of rubbish!’ ”

Charlie recalled reading in the last *Belgravian* how our President, Lionel, had been referred to as part of the Belgrave furniture, and how this could similarly be applied to Arthur, but in his case one could take it a stage further — “He’s an antique! Not because of his age, commendable in itself, but for the qualities that one looks for in an antique. You look for it to be genuine — you look for quality— you look for durability — you consider its value. To all of us present who have known him for many years we recognise he meets all these criteria.”

Charlie then proceeded to give a summary of Arthur’s career both as an active athlete and as an official within Belgrave (see inset) even noting that on more than one occasion he had played the role of Father Christmas at the children’s parties.

“Surely ladies and gentlemen,” he concluded, “with his pedigree — his service — and his loyalty, we have in Arthur Penny a piece of Belgrave furniture which is priceless. Arthur we salute you on having reached your 90th year and we honour you on your dedicated contribution to our great Club”

Not to be outdone by Charlie, Eric Hall chimed in with further anecdotes regarding Arthur. There was the one about how, having made his way by ‘bus and tube to the White City where he was representing England in the Empire Games 6 miles, and where having duly broken

Arthur has always admitted that his first love was cross country running and from a career that started in 1928 and spanned just on twenty years we give just a sample of his many achievements:-

Cross-Country ~

- Inter Counties CC Champ. (3 times)
- Southern Counties CC Champion
- Six times Surrey County CC Champion
- Numerous appearances in Belgrave ‘National’ teams
- Club Champion at 7 and 10 miles

Road ~

- Belgrave’s winning London-Brighton Relay team (6 times)
- Course record in Ifford Road Relay

Track ~

- Inter Counties 3 mile Champion (1930)
- Placed in AAA 5 and 10 Mile
- Winner Fire Brigade Open 3 mile (High class meeting of yesteryear)
- Empire Games 6 mile Champion 1934

As an Official ~

- Club Committee member for many years
- Life member of Belgrave H
- Club President 1961—62
- Member of Surrey County AA Committee
- Club Starter
- Junior cross-country manager

the tape in first place he then, as a working man who had taken time off work to get there, made an enquiry about the possibility of his being reimbursed a few bob towards fares. “What,” he was told by the official in charge of the purse strings. “You’ve got a gold medal haven’t you!”

The President then proposed a toast to Arthur and, on behalf of the Club, presented him with an engraved goblet.

Having watched and listened to the whole of the evening’s events with obvious enjoyment and considerable amusement, Arthur, without reference to any notes thanked all concerned for the efforts made on his behalf; thanked all those old friends who had come along to make his evening so enjoyable, and finally spoke for several minutes recalling how he came to take up athletics and the highlights of his career.

So Close to Olympic Glory

Fifty years ago, at Wembley Stadium, a young Belgian with strong Belgrave affiliations came within 42 seconds of Olympic immortality

by Alan Mead

The young Belgian Etienne Gailly seemed to have already packed more excitement into his twenty-five years than most of us see in a lifetime but fifty years ago this young man lined up for the 1948 Olympic Marathon with his sights set on a high placing. Just over two and a half hours later he was involved in a desperate finish that bore great similarities to the drama of that previous London Olympic Marathon of 1908 when Italian Dorando Pietri struggled to the finish in dire straits, only to be disqualified.

In 1943 at the age of twenty, with his native Belgium occupied by German forces, Etienne had left home and travelled through France with the idea of somehow reaching Britain. There he intended joining some of his free countrymen with the aim of returning to his homeland one day to help drive out the invaders. He crossed the Pyrenees but was then arrested and spent the next six months incarcerated in a Spanish gaol. In due time he was released, the intention being that he should return to Belgium but Etienne still had other ideas and his travels took him on to Portugal, Gibraltar and finally England.

Immediately he started training as a parachutist with the Brigade Belge but a tough paratrooper's training was not enough for this young man and having already done a little athletics at home he decided to join a British club. On April 29th 1944 Etienne (immediately becoming known as Steve) was elected a member of Belgrave Harriers and he found himself running alongside such notables as Carter, Cohen, Shields and Doubleday. Soon plans were being laid for the liberation of Europe. Second Lieutenant Gailly played his part and before too long was reunited with his family, although still managing to get back to see his running friends in England.

With the War over and settled back in Belgium, Etienne raced for the famous *l'Union Saint-Gilloise* which numbered another Belgravian among its members—top miler Bill Nankeville. His athletics progressed and by 1948 he was not only the Belgian Marathon Champion but in a match vs. the French team *Stade Francais*, held to celebrate the 50th anniversary of his club, Etienne lapped the field to win in 31 mins. 52 secs.—not bad for a man now considered to be a marathoner.

Entries for the marathon of the XIV

Olympiad included some famous names. There was the diminutive Korean Yun Bok Soh who had set a World's Best of 2 hrs. 25 mins. 39 secs. in 1947, the Americans Ted Vogel and John Kelley, Boston winners Gérard Côte of Canada and Stylianos Kyriakides of Greece, Johannes Colemann from South Africa and a trio of Flying Finns — Viljo Heino (10,000 metre World Record breaker), Jussi Kurikkala and Mikko Hietanen (the European Champion). Britain's team included the redoubtable veteran Jack Holden, four-times winner of the International Cross Country Champs. and three times "National" champion, and the tough Welshman from South London Harriers, Tom Richards.

Wembley Stadium was full to the rafters on Saturday, August 7th, the final day of the games, as the forty-one marathon runners circled the track and were directed out of the arena by the first (and last) pointsman of the race, our own George Chantler. Of the Belgrave competitors in the Games, Bill Lucas had gone out in the heats of the 5,000 metres earlier in the week, Bill Nankeville had placed 6th in the final of the 1500 metres, run in a down-pour, and as the marathon was taking place on the roads, the 10,000 metres Walk saw a below par performance from Harry Churcher who finished 5th. Interestingly, discussions at a Club "committee meeting", held while rambling the South Downs, had resulted in an agreement that as Etienne was not now living permanently in the U.K. he would not be considered one of our "internationals" even though he was racing in the colours of Belgium; a great shame.

Under heavy skies and in humid conditions with an uncomfortable wind, the marathon field reached the Kingsbury Cross Roads and then headed on towards Stanmore. Etienne was surprised to find himself among the leaders. Together with his coach he had decided beforehand to totally ignore the other runners and follow a schedule which would bring him home in 2 hrs. 30 mins. He carried a stopwatch and regularly checked it to ensure that he was on schedule. Gradually the opposition fell away and although he was somewhat concerned that he had taken the lead so early, he decided that as he was following a schedule that he was convinced he could manage, he would stick to his plan.

The marathon route had been gradually



A shattered Etienne Gailly is led away from the finish of the Olympic Marathon of 1948.

climbing from the start and after going through Stanmore and the 6 miles point in 34 mins. 34 secs. the inclines became ever steeper as Stirling Corner and Elstree were approached. At 13 miles he held a 24 second advantage over the unknown Lou of China and over a minute on the Argentinian Guinez and Frenchman Josset. The favourites were way down the field and it began to look as if Etienne, one of the youngest men in the field, was going to bring about an almighty upset.

Unfortunately Gailly and his coach had based their calculations on a level course but the route chosen for the 1948 Marathon was later described as:

"... one of the most punishing ever selected for the Olympic Games. Only on the track of the Empire Stadium itself did the runners get respite from the up hill and down dale of the hard metalled roads."

Etienne was coping well with the climbs but the extra energy he was expending was to cost him dear in the later stages. In his own words, reported later in *World Sports* magazine he tells us:

"Surprised when I saw that I was ahead of the entire field at such an early stage I was convinced the others would soon re-establish contact with me. In fact I was often glancing back, expecting Heino and Holden to appear at my side. I considered them my most dangerous rivals and it was baffling not to see them coming to the fore. ... When after about 32 kms. the Korean, Choi, passed me and I could not respond, I asked myself: 'Is he travelling so fast or am I fading?' I had to admit to myself that my strength had left me temporarily. I could only watch how fast Choi was running. Although I hated this tiredness, I was not unduly alarmed. I had been alone in the lead for 27 kms: things looked not quite so good now but, after all, I felt nothing more than a normal tiredness which I hoped to overcome soon. Next the Argentinian Cabrera passed me. This, however, did not discourage me, not even when he gained some 60 yards on me, because just at this time I felt my rhythm coming back. I had got my second—or was it my third—wind."

The Korean had run an amazing middle part of the race but no sooner was he beginning to look a likely winner than he began to limp and before long was forced to drop out of the contest. Tommy Richards was looking stronger as the race progressed and with just 2 kms. remaining it was impossible to predict the winner as just 16 seconds covered the Argentinian, the Belgian and the Welshman. Etienne takes up his story once more:

"I joined issue again ... and closed quickly ... No sooner had I got into the Argentinian's slipstream than I decided to spurt without delay. I no longer felt powerless: on the contrary, I thought that

now was the time to square the account. ... I passed Cabrera, and having regained the lead, seemed to be travelling well. Certainly I was tired, but quite convinced that I would last the distance.

"It was then that I committed my biggest blunder ... To rejoin Cabrera I had to make good some 70 yards. Having achieved this I drew away from him too quickly because after about 1 km. I had left him 60 yards or so behind. This works out at over 100 metres overtake in only 2kms."

The damage was done. Etienne was terribly exhausted—far more so than he realised. He still led as the stadium was approached but was mercilessly exposed to the two men doggedly trailing him. Sheridan tells us:

"... with only a few hundred yards remaining it became apparent that all was not well ... Etienne Gailly was in obvious distress. Ashen faced with eyes bulging, he lost his sureness of stride and was almost staggering. Was he to undergo the same fate as had befallen Dorando Pietri forty years earlier?"

And Etienne again:

"I had no premonition of collapsing. At the very moment, however, when I stepped on the track, exhaustion overcame me like a powerful drug. Immediately after I had crossed the normal finishing line—unfortunately this was not the real finish—this lay 400 metres further on—I knew that I was going to be passed. I cannot deny that this last lap was hard for me. It was like the progress of a martyr. I was horribly weak, indeed, I almost fainted ... First Cabrera and then Richards passed me, as behind a veil. I was no longer fighting them but that awful engulfing weakness, wanting more than anything to get to that unbelievably distant finishing line. I got there ... somehow."

Sources:

- **Good Reasons: 100 years of Olympic Marathon Races** by Michael Sheridan; published by the author 1996, ISBN 0952819201, obtainable from the author at 27 Yew Tree Park, Congresbury, Somerset, BS19 5ER.
- **World Sports Magazine 1948 and 1952.**
- **The Belgravian, 1948, 1949.**
- **Athletics, 1948.**
- **The Miracle of the Mile, Bill Nankeville, Stanley Paul 1956.**
- **Olympic Games, Tom McNab, Knight Books 1971, ISBN 0340150637.**
- **Conversations with Charlie Jones.**

The Result:

- 1, Delfo Cabrera, Argentina 2:34:51.6
- 2, Tom Richards, Great Britain 2:35:07.6
- 3, Etienne Gailly, Belgium 2:35:33.6

- Only 30 runners completed the course.
- Of the favourites: Coleman (South Africa) was 4th, Heino (Finland) 11th, Côte (Canada) 17th, Vogel (USA) 14th, Kyriakidis (Greece) 18th, Kelley (USA) 21st, Yun Bok Suh (Korea) 27th.
- Among the non-finishers: Hietanen (Finland), Holden (Great Britain).
- Supervising the course for the police was Belgrave Harrier and Chief Inspector Jack Bidgood.

The previously unrated Cabrera had run a perfectly judged race and seemed so strong at the end in comparison to the tottering Gailly. Afterwards he revealed that he ran no more than 36 miles a week in training. Thrilled as the spectators were with a British silver medal for Richards, Gailly's heroic struggle endeared him to the crowd and to all the athletics writers of the day. Within a week he had recovered enough to take part in a 3,000 metre race in Belgium and then he was 2nd in an inter-Allied Games 5,000 metres held in Antwerp. By September, in Prague, he was on international duty for Belgium again as he ran to 2nd in the 10,000 metres vs. Czechoslovakia.

What a man. In Belgium he was awarded the *Grand Prix d'honneur* as the outstanding athlete of the year and the *Trophie National du Merite Sportif* for his performance in London. With youth on his side he surely would have been a red hot favourite for the 1952 Olympic Games in Helsinki and then there was 1956 and even 1960 when he would still be of an age similar to many of the pre-race favourites in the London event—but it didn't happen. Lieutenant Gailly was, after all, a soldier first and foremost and his adventures went on. In November 1951, while with his regiment of paratroopers in Korea, he was wounded when an exploding mine shattered seven bones in his left foot. He was flown to Tokyo for hospital treatment and later returned to Belgium for convalescence before his anticipated return to South East Asia for further duty. He was expected to have a permanent limp for the rest of his life and, as far as we know, Etienne never competed again.



The final 400 metres—

"It was like the progress of a martyr".

Etienne, wearing 252, is passed by the Argentinian Delfo Cabrera and Tom Richards of Britain will also overtake him in a few more seconds.

This article appeared in *The Times* of April 20 1998, just prior to Dave McMillan's return to the streets of London where he covered the 26.2 miles in 4 hrs.23 mins.02 secs.

Newsman who will be a winner in the long run

Dave McMillan was an ordinary club runner with the chance to achieve celebrity status. It might have taken him another 25 years or more, but he was determined to persevere.

The first sign of interest in his one shot at sporting glory came in a letter from *The Times*. This newspaper was seeking information on the 42 runners — all men — who had completed every London Marathon and wanted to know how many would be lining up for No 16 that spring.

McMillan's reply was dated January 31, 1996. In it, he said: "I'll run London again, I wouldn't miss it for the — world." Well, he did miss it, and got nothing in return, except a story about the day that running almost cost him his life.

Only four days after penning his reply to *The Times*, McMillan was involved in an horrific road accident while out running. So serious were the injuries from his collision with a car that the paramedic in the ambulance decided that his patient would die before reaching hospital. The only hope was to pull into a lay-by and perform emergency surgery. Even then, McMillan's chances were slim. The operation, a needle thoracotomy, had a track record of 100 per cent failure. "Three paramedics before mine all lost their patients," McMillan said. "Mine was the first successfully to carry it out."

McMillan had been found with fractures to his right arm, right leg, ribs and shoulder, but it was not until the ambulance was on its way to hospital that Graham White, the paramedic, became aware of extensive internal injuries. White discovered that oxygen was not getting through to the blood and that McMillan's right lung was collapsing.

Dave McMillan had his right leg broken in four places, bone smashed in his right arm and nerve almost severed, five fractured ribs, shoulder blade broken in two places, and a punctured lung



Sunday, 17th May 1998, and Dave McMillan completes the Oxford 'Town & Gown' 10 kms.
Photo by Mike Nicholson

"He had to pierce through the chest wall into the lung with a steel syringe to drain the lung, which was filling up with blood," McMillan said. "The paramedic only has to be a quarter of an inch and the patient has had it. Graham was voted Paramedic of the Year for saving my life."

McMillan spent four days in intensive care, a month in hospital and returned for further surgery while the sixteenth London Marathon was taking place. Having never missed the race, he was now forced to watch

David Powell on the club athlete whose dream of sporting glory ended when he almost died after a horrific accident

from a hospital bed.

"I wanted to get up and run it," McMillan said, recalling his frustration. "I thought that, if I could keep on doing the London Marathon, I might eventually be the only person who has run them all. Once I saw that race going ahead without me, I knew I had lost that chance."

McMillan's instinct as a journalist told him that the last person left with a 100 per cent London record would attract big media attention. It may be another 25 years or more, given that the youngest is still only 39, but it meant everything to him to remain a contestant. Those who have kept going are showing a reluctance to fall by the wayside. Of the 42 ever-presents who ran in 1995, all but McMillan lined up in 1996 and 1997. Being a journalist, McMillan also understands the interest in him now. On April 26, he will be back, for his first marathon since his accident. "I cannot wait," he said. "It is going to feel fantastic."

McMillan, a Belgrave Harrier, uses running as a vent for the pressures of work. In 15 London Marathons, he has finished between three and four hours every time. When he was out for a 14-mile run that eventful January morning in 1996, his mind was set on breaking three hours for the first time, having run 3 hrs. 5 mins. the year before.

The competitor in him remains. To finish would be remarkable, but McMillan, 50, has higher goals. "In the 15 I have run, I have never been over four hours. My aim is to keep under four hours. When I applied to run in the first race, I had never run a marathon, but I finished in 3:42. My slowest is 3:56 in 1991. "Though he has set sub-four hours as his target, he is taking nothing for granted. How can he when he recalls that it was 11 months before he was allowed to

walk and 20 before he returned to running last October. "The greatest fear every time I go out is that the leg will give way," McMillan said.

However, he has the added incentive of using the marathon as a vehicle to raise money for the trauma unit at the John Radcliffe Hospital, Oxford, where he arrived after his roadside surgery. McMillan's record of never having missed a London Marathon may have disappeared into the back of an ambulance, but at least others may now benefit from his will to return.

Belgrave Stars of the Silver Screen

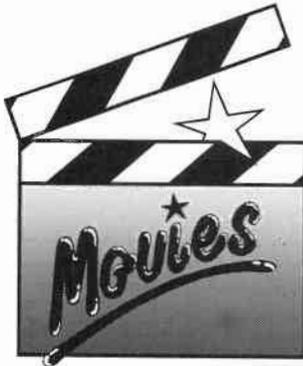
— John Jeffery writes —

An interesting side-line of being members of a large and successful club like Belgrave is that we are often asked to provide athletes for advertisements and sports programmes.

So it was, that on a cold and gloomy day at Crystal Palace, half a dozen Belgravians gathered to compete in a 1500 metres race which would be filmed and later converted, using computer technology, into an interactive entertainment for youngsters and budding athletes. It would be initially shown in Munich at the International Museum of Sport and subsequently sent to various Sports Academies around the World.

Briefly, the idea was that a motor-bike with a cameraman on board would film the race as if he were one of the competitors, finishing in 3rd or 4th position, and with careful editing it would appear to be a genuine race.

And so they lined up! Wearing assorted vests, including some Belgrave ones, we had Matt Yates, Junior Galley, Clive Gilby, Dave Pamah and Kevin Quinn. To add to the international theme I twisted John Bicourt's arm



and he supplied three of his Kenyan all-stars.

The gun went and the race began. The cameraman was left at the start and had to spend the first lap weaving through the field to catch up. Matt Yates broke the habit of a lifetime and was up with the leader Clive Gilby. As the race unfolded various athletes took the lead until coming off the final bend, Matt broke away and held off the Kenyans to win in 3 mins. 54 secs. If only real life was as easy!

The Director of the film was impressed with the initial results and it only remained for he and I to review the action and release the athletes.

The first lap looked great with a group of athletes fighting for the lead in typical middle-distance style. And then, in growing horror, we saw that emerging from the corner of the screen was the lovely Mrs. Gilby (Clive's Mum) pushing his little boy into the second lane to cheer Daddy round the track.

The Director turned several shades of puce before frantically using all his expertise to work out how to delete Grandmother, baby and

pushchair from the action. We went into hasty conference. There was only one answer, we would have to do it again.

I was delegated to break the good news to the athletes who were already warming down. Being loyal and true Belgravians they were all very phlegmatic and reconciled to the situation, treating the thought of running again with jovial banter. *Did I really write that!* No, let's be truthful, they went ballistic. There were immediate threats that included water jump, Mrs. Gilby, baby, pushchair and finally even the innocent Clive.

Eventually we calmed them down and after much deliberation and careful scripting commenced the strangest 1500 metre race in history. Half the athletes started the race followed by the cameraman and bike. They ran the first lap and were then replaced by the rest of the field who were hiding at the start of the first bend. This went on for 3 laps with athletes filling in and dropping out until more by luck than judgement we had enough athletes on their feet to finish the race.

Apart from two athletes (who shall remain nameless) being unable to catch up at any stage, it all worked very well and any of you visiting the Munich Museum will have the chance to peruse the finished product. If that is too far to go, the producer is sending me a copy which I will be delighted to lend to interested parties. Unfortunately I have been unable to persuade Mrs. Gilby to sign a copy for me.

Who won the race? I'm sorry you asked that as, to make up the numbers, we brought in Mark Death who is one of the Senior Managers at Crystal Palace and a middle-distance runner. In the scramble for the line he dipped first. What's wrong with that I hear you ask?

He's a member of Blackheath!



Congratulations to Cynthia James, elected Life Member of Belgrave Harriers at the 1998 A.G.M. and pictured here with husband Ray.

Cynthia James - Life Member of Belgrave Harriers

In 1983 the James family first came into contact with Belgrave Harriers when 12 year old Cindy joined our women's team. Cindy brought with her more than her own athletic talent for within a very short space of time her mum and dad, Cynthia and Raymond, were helping out at track and field meetings and as time went by even young brother Richard found himself racing in Belgrave colours.

Now, fifteen years later we can look back on the very valued help and friendship that this family has brought to our club, but in particular it is time that we officially recognised the work that has been put in by Cynthia.

It was no time at all before Cynthia began to assist our Women's Team Manager, taking on ever more of the pre-match 'phone calls and hassles; ensuring that the girls got to their starting marks in time for their events; stepping in herself to heave a shot, discus or hammer should the need arise. She officially became Joint Team Manager with Harry Porter and continues in that role today with Jacqui Smitter.

But Cynthia hasn't confined herself to looking after her athletes and chasing about with her team sheet. Countless times a thirsty track or field judge has had cause to thank her as she has provided seemingly unlimited supplies of tea, coffee and a veritable haystack of fruit cake and biscuits. It would be true to say that, thanks to Cynthia, we are now regarded as a club that always "look after their officials". It was not always so.

Remember that all this team managing is not just for the Women's Southern League Team but for our Thameside League as well. And Cynthia has not confined her role to one of helping out the women's team only. Our men's matches always run better for Cynthia's presence and she soon has the lads carrying refreshments around - as meek as any lambs.

None of this is a once a week activity either. A whole Saturday can be spent organising her team in the driving rain in Huntingdonshire or Cornwall; the whole of the following Sunday might be spent competing for our Veterans' team at Colindale, while Wednesday night might involve catering for the Rosenheim officials and Friday night a Track & Field Committee Meeting ... it goes on and on.

Gold & Silver at the Nepstadion

— The 17th European Championships in Athletics, Budapest, Hungary, 18-23 August 1998 —

What a superb arena the Nepstadion is. Plans for a stadium on this site were originally drawn up when Budapest was asked to host the first Modern Olympic Games in 1896. As it turned out those games eventually went to Greece and what was to become the chief sports facility of Hungary was not begun until 1948 with completion in 1953. Since then some outstanding events have been hosted: Davis Cup Tennis, European Basketball, many international Soccer matches including some graced by the legendary Puskas. Evangelist Billy Graham and Pope John Paul II have both filled the stadium—as did rock bands Queen and Genesis—but athletics has been far from overshadowed with no less than 23 World Records being set here. One thousand four hundred and ninety four athletes from 47 countries gathered together in this inspiring environment to compete in the 17th European Championships in Athletics—including eight Belgians.

100m ~ Darren Campbell (Gold) and Dwain Chambers (Silver)

As heats progressed to second rounds and then to semi finals, the 100 metres always looked like being a two horse race—and it still looked that way with 30-40 metres of the final gone. Then came Darren Campbell's electrifying finish that swept him away from his younger rival and across the line for a time four hundredths of a second faster than his coach Linford Christie's previous Championship Best and two hundredths faster than Dwain Chambers' Club Record. There had been many who thought that Dwain might have pulled it off himself. His starting was tremendous and his aggression during each race was plain for all to see, but at only 20 years of age he will surely collect further medals in the event. He's also proved that he's got the right temperament and that his World Junior Record of 10.06 from 1997 was far from being a fluke.

It was the first ever British 1-2 in a European 100m final—and both of them Belgrave boys too! Tremendous.

Round 1, 18Aug., 6 hts, q = first 4 + 8 fastest losers: ht4 (-0.3) 1, Campbell 10.40; ht5 (+0.6) 2, Chambers 10.28.

Round 2, 18Aug., 4 hts, q = first 4: ht2 (-0.1) 1, Campbell 10.26; ht3 (-0.2) 1, Chambers 10.26.

Semi-finals, 19Aug., q = first 4: sf1 (+0.3) 1, Chambers 10.15; sf2 (+0.5) 1, Campbell 10.11.

100m start reaction times	Round 1	Round 2	Semi	Final
Darren Campbell	0.176	0.151	0.147	* 0.162
*=slowest of all finalists				
Dwain Chambers	† 0.124	0.140	0.131	0.139
†=2nd fastest of all 46 competitors in first round				

Final, 19Aug.: (+0.3) 1, D.Campbell 10.04; 2, D.Chambers 10.10; 3, H.Papadias (Greece) 10.17.

1500m ~ Matt Yates

It seemed a different Matt Yates in Budapest. We've seen him qualify for other games and then simply not do himself justice but this time he seemed so positive, qualifying confidently and then lining up with the other Britons Whiteman and Mayock to tackle the Iberian onslaught. Always right in the bunch, he was still prepared to charge at the medal positions as the final lap unwound but the early pace had been just right for the 'sprinters' and Estevez, Silva and Cacho were moving too fast for any ground to be regained over the final 200 metres. In 6th place (3rd Briton) Matt just failed to equal John Gladwin's 5th place from 1986.

Round 1, 18Aug., 2 hts, q = first 4 + 4: ht2 3, 3:38.97.

Final, 20Aug.: 1, R.Esteves (Spain) 3:41.31; 2, R.Silva (Portugal) 3:41.84; 3, F.Cacho (Spain) 3:42.13; 6, M.Yates 3:42.63.

110m Hurdles ~ Andy Tulloch

Andy had been struggling with injury problems in the months before the games, only having raced once in seven weeks. To qualify for the semi-final with 13.81 and then improve again into a 2 metre wind was an honourable performance. Roll on the Commonwealth Games ...

Round 1, 18Aug., 4 hts, q = first 3 + 4: ht2 (?.?) 3, 13.81.

Semi-finals, 22Aug., q = first 4: sf2 (-2.0) 7, 13.79.

400m Hurdles ~ Chris Rawlinson

In spite of an early season 49.81, 1998 has seen Chris Rawlinson only a shadow of the man who ran 49.69 the previous year to qualify for the World Champs. He must have been extremely disappointed with 7th place in his heat in Budapest and in fact this turned out to be an altogether lacklustre event for Britain as both our other representatives failed to progress in similar fashion.

Round 1, 18Aug., 4 hts, q = first 3 + 4: ht2 7, 51.11.

High Jump ~ Brendan Reilly

Twelve jumpers separated themselves from the non-qualifiers by clearing 2.24m, our own Brendan Reilly needing all three attempts to make the cut. Come the final and the Belgrave man oozed confidence as he ignored 2.15 and 2.20 and became the last competitor to open his account, sailing over 2.24m at his very first try. Missing 2.27m, Bren's next attempt was at 2.30 but two tries here while six other men cleared, showed that it was going to have to be all or nothing and in spite of having a season's best of 'only' 2.28 he took his final leap with the bar at 2.32. It wasn't to be. A clearance would have put him in the top five jumpers and shooting for a medal but nevertheless it was a good competitive performance from a man who only qualified for the games on the last possible day.

Qualifying rounds, 19Aug., q = 2.27 or best 12: group B 5, 2.24 (2.20xo, 2.24xxo).

Final 21Aug.: 1, A.Partyka (Poland) 2.34; 2, D.Grant (GB&NI) 2.34; 3, S.Klyugin (Russia) 2.32; ... =9, B.Reilly 2.24 (2.24o, 2.30xx-, 2.32x).

Discus ~ Nick Sweeney

A repeat of his 64.28m set in Helsingborg, Sweden, in July would not only have seen Nick through the qualifying round, it would have taken him to 5th place in the final. Two no throws came from our big Irishman, putting huge pressure on him, while Schult and Dubrovskich both reached out to 63 metres plus. The Belgrave man pulled himself together on his last attempt and got himself up to 8th in his pool with 60.36 but when the second pool had completed their throws it became apparent that our man had missed qualifying by a mere 23cms. Only three throwers had landed their platters beyond the qualifying arc, with Nick being an unlucky 13th overall and 12 being taken through to the final.

Qualifying rounds, 22Aug., q = 62.50 or best 12: group A 8, 60.36 (x, x, 60.36).

4x100m Relay ~ Darren Campbell and Dwain Chambers (Gold)

With five out of six sprint medals having gone to Britain, nobody doubted the ability of the GB boys to bring home another gold. The heats underlined that fact. A steady run, with Darren Campbell on his customary leg down the back straight and Dwain Chambers cruising the home stretch, clearly gave Britain the fastest qualifying time. Incredibly, when it came to the final, Devonish and Chambers were dropped in favour of a last pairing of 200m victor and bronze medallist Doug Walker and Julian Golding. Whilst not necessarily arguing about the inclusion of the latter two, one had to question the selectors' reasoning behind leaving Condon on leg one—a man a full 3.5 metres slower than Chambers. Apparently they wanted the same team that had run in the European Cup. British coach and selector Richard Simmons remained tight-lipped when being questioned while Dwain seemed mystified and just shrugged his shoulders. It made no difference to the result but the British winning time was slower than that of their heat and a chance of a 37 clocking was lost.

Round 1, 22Aug., 2 hts, q = first 3 + 2: ht1 1, GB&NI 38.47 (Condon, CAMPBELL, Devonish, CHAMBERS).

Final, 23Aug.: 1, 38.52 (Condon, CAMPBELL, Walker, Golding); 2, France 38.87; 3, Poland 38.98.

4x400m Relay ~ Sean Baldock (Gold)

After waiting in the wings all week for his chance to step out onto the Nepstadion track, Sean Baldock ran superbly with his second leg run in the heats. A 45.5 clocking made him second fastest of the quartet but with top men Iwan Thomas and Mark Richardson taking a breather before the final, no-one had any complaints about the final selection on this occasion. Well done Sean.

Round 1, 22Aug., 2 hts, q = first 3 + 2: ht2 1, GB&NI 3:02.37 (Hylton 45.7, BALDOCK 45.5, Wariso 46.1, Baulch 45.05).

Final, 23Aug.: 1, GB&NI (M.Hylton, J.Baulch, I.Thomas, M.Richardson) 2:58.68; 2 Poland 2:58.88; 3, France 3:02.38.

BUDAPEST '98

10.03 from Dwain Chambers!

IAAF WORLD CUP
JOHANNESBURG, RSA, 11-13 SEP 1998

As European Cup victors the British men took their place in the World Cup final alongside teams representing six continents, USA and Germany, slotting in this meet between European and Commonwealth Games. The first day's competition saw Dwain Chambers take full advantage of the 1748m altitude. A sensational start had Dwain in the lead with Africa's Ogunkoya but recovering from a poor getaway, Barbadian Obadele Thompson, racing for the Americas, rocketed through to one of the sprint performances of the year 69.87. Dwain's time in 3rd was the second fastest ever by a Briton, making him once again the fastest Belgravian of all time; but the altitude wasn't the only helpful factor. His reaction time at the start was revealed as 0.063 when 0.100 is the fastest permitted, anything less being judged as an anticipated start and therefore illegal. The starter chose not to recall the athletes so the result stood but if, for comparison's sake, we adjust his reaction time to his more normal 0.130 we come up with something like 10.10. The National Union of Track Statisticians have taken his 10.10 from Budapest as his season's best with this 10.03 being classed as a "rolling start"; we must follow suit.

Another to enjoy the thin air was Mike Edwards, called up for the pole vault on day two. First time clearances

came at 5.00 and 5.20 while two attempts were needed for 5.40. A massive 5.60 was the next height to be attempted and with a best ever of 5.52 dating from 1993 it was not surprising to find that Mike had reached his limit.

The hammer event saw a psyched up Mick Jones blasting it from round one. As he later said, it wasn't until he calmed down and concentrated that he managed to start putting his hammer out where it should have been going. He was pleased to put South Africa's Chris Harmse behind him though. Harmse was one of his main rivals for the following week's Commonwealth Games.

Further great running came from Chambers as he anchored the GB team to a winning 38.09 in the 4x100 metres-a Championship Best-and Sean Baldock continued his tremendous season with a 45.1 leg in the long relay.

a=11th, b=12th, c=13th.

100m a: (-0.2) 3, D.Chambers 10.03. PV b: 6, M.Edwards 5.40 (5.00o, 5.20o, 5.40xo, 5.60xxx). HT b: 5, M.Jones 72.89 (x, 70.86, x, x, 72.89, 70.10). 4x100m b: 1, GB&NI (A.Condon, M.Devonish, J.Golding, D.Chambers) 38.09. 4x400m c: 2, GB&NI (M.Hylton 45.8, J.Baulch 44.7, S.BALDOCK 45.1, I.Thomas 44.1).

Nick Sweeney sets
another National
Discus Record

Photos: Alan Mead

Above: Tremendous discus throwing came from Nick Sweeney throughout the summer of '98 and Helsinborg, Sweden, almost became a second home to the 30 year-old Irishman. Standing 1.95m tall and weighing in at 121kg, Nick previously had a best of 67.40 dating from 1996.

Having travelled to the Swedish town to spin his platter out to 64.28 in July, he was back in August, this time reaching out to 65.59. Not at his best in Budapest for the European Games, Nick barely scraped over 60m but on September 4th, once more in Helsinborg, he launched a mighty 67.89 for his eighth Irish Record - a distance 2 metres in excess of the British Record. Two days later at the same venue he set his second best mark of the season with 65.70.

Nick is a graduate of Harvard University and played Rugby Union for Irish Schools.



Left: Matt Simson was clearly our best shot putter of 1998, setting a season's best of 18.44 at Gainsville, U.S.A. in April. Sadly injury wrecked much of his season - and latest news is that he has retired from the sport.



WORLDWIDE

February 1998

28 Sydney, Australia, OPTUS/Nike Track Tour. 100m: 4, D.Campbell 10.31.

March 1998

21 Waco, USA. PV: M.Edwards 5.50.
27 La Jolla, USA. DT: 9, K.Brown 59.01.

April 1998

2 Stephenville, USA. PV: M.Edwards 5.30.
18 L'Alfas del Pi, Spain. JT: 2, S.Faben 74.20.
23 Fullerton, USA. 200m: (+1.3) r3 J.Regis 20.94.

May 1998

2 Lisse, Netherlands. DT: K.Brown 58.91; L.Newman 56.66.
7 Dohar, Qatar. 100m: (+0.4) 7, D.Chambers 10.36. 200m: (+0.3) 5, J.Regis 20.95.
16 Halle, Germany. JT: S.Faben 64.72. HT: 6, M.Jones 71.90.
23 Kalamata, Greece. 100m: (+2.4) 5, D.Chambers 10.29. 200m: (-1.2) 6, D.Chambers 21.05.
23 Floro, Norway, Mobelringen Festival. 110mH: (-0.4) 1, A.Tulloch 13.86.
23-24 Arles, France. In this Sir Eddie Kulukundis funded combined events meet Du'aine Ladejo took advantage of the strong winds to clock a spectacular 100 metre time and set a handy 7635 points in his maiden Decathlon.
4, D.Ladejo 10.28 (+6.0), 7.34 (+7.0), 12.06, 1.87, 46.90, 14.83w, 38.51, 3.95, 50.20, 4:28.86 - 7635pts.
27 Kania, Crete. 100m: (+1.4) 5, D.Chambers 10.41. 200m: 8, D.Chambers 21.28.
30 Bedford, International Games. 800m: 3, D.Pamah 1:55.00. 110mH: (+0.4) 5, D.Ladejo 14.79; (-0.2) 1, R.Sear 14.88. PV: 3, I.Tullett 5.10. LJ: D.Thompson 7.56; 7, D.Ladejo 6.95. DT: 3, L.Marar 52.27.

June 1998

1 Hengelo, Netherlands, IAAF GP II. 100m: (0.0) 2, D.Campbell 10.31.
4 St. Denis, France, IAAF GP II. 100m: (+2.4) 8, D.Chambers 10.37.
7 Leeds International. 800m: 4, J.Lobo 1:53.91. HT: 1, D.Smith 70.85.
13 or 14 Lemmingiadeb, Sweden. JT: Group e 4, S.Faben 66.59.
14 Hexham, GB vs. France U23 International. 100m: 1, D.Chambers 10.43. 400m: 5, Sean Baldock 47.79; 6, G.Dearman (gst) 48.48. 400mH: 3, M.Douglas 53.04. HJ: 1, B.Challenger 2.15. TJ: 4, P.Idowu 14.38. HT: 5, J.Urquhart 58.93.
19 Tallin International, Estonia. 400m: 2, Sean Baldock 47.03. HJ: 1, B.Challenger 2.26. JT: 2, S.Faben 67.46.
20 Lisbon, Portugal. 800m: 9, M.Yates 1:48.28. 5000m: 16, A.Passey 14:28.45.
20 Istanbul, Turkey. 800m: 2, J.Lobo 1:49.83. SP: 3, K.Brown 14.73.
20 Calais, France, Veterans International. 5000m: 5, J.Estell 15:22.8.
20 Tnsberg, Norway. 100m: 4, J.Regis 10.60. 200m: (+0.9) 2, J.Regis 20.81.
25 Celle Ligure, Italy. 400mH: 2, C.Rawinson 50.64.
27 Cork, Ireland, Cork City Sports, Ireland. 5000m: 16, K.Lonergan 14:23.26. HJ: 1, B.Reilly 2.15. PV: 2, I.Tullett 5.20.
27-28 St. Petersburg, Russia, SPAR European Cup Final. High jump specialist Ben Challenger matched the height of winner Klyuigin but the Russian only needed two attempts to the Briton's three. Reserve pole vaulter Mike Edward had a late call and flew in from Waco, Texas, his kit not arriving until the night before his competition; he never looked comfortable and was unable to clear a height. Darren Campbell contributed to Britain's winning sprint relay effort with a fine second leg but there was controversy over hurdler Colin Jackson's selection for the scoring 100m with several faster young Brits relegated to

the non-scoring race.
100m n/s: (-1.4) 2, D.Campbell 10.37; 3, D.Chambers 10.41. HJ a: 2, B.Challenger 2.28. PV b: M.Edwards no ht.
29 Sundsvall, Sweden. 100m: (-0.5) b 1, D.Campbell 10.44; c (-0.4) 2, J.Regis 10.71. Final (-0.4) 1, D.Campbell 10.35; 8, J.Regis 10.75. 200m: (+0.1) 1, D.Campbell 20.70; 2, J.Regis 20.95.

July 1998

1 Barakaldo, Spain. 1500m: 5, M.Yates 3:40.78.
4-5 Bressanone, Italy, European Cup Combined Events. A lowly 24th place was the lot of Du'aine Ladejo after failing to clear a height in the pole vault in his second serious crack at the Decathlon. After the first day's events he was lying in 2nd place to the eventual winner Sebastian Chmara of Poland, 4290pts to 4365.
24, D.Ladejo 100m (-0.8) 10.45, LJ (-0.2) 7.01, SP 14.03, HJ 1.98, 400m 46.73, 110mH (-1.3) 14.63, DT 36.59, PV no ht, JT 49.28, 1500m 4:45.85 - 7003pts.
5 Budapest, Hungary vs. England vs. Ireland vs. Czech Republic vs. Slovenia. 100m: (-0.4) 1, D.Campbell 10.36. Invitation 100m: (+0.6) 1, D.Campbell 10.33. HT: b 7 M.Jones 70.12.
8 Helsingborg, Sweden. DT: 1, N.Sweeney 64.28.
11 Villeneuve d'Ascq, Lille, France, Vittel Meeting. 100m b: (+1.0) 2, D.Campbell 10.27.
11 Nuremberg, Germany, Live i98. 100m: (+0.5) 5, D.Chambers 10.38 (10.33 ht 0.0)
11 Alcala- de Henares, Spain. 800m: 4, M.Yates 1:49.6.
12 Jona, Switzerland. 400m: 1, S.Baldock 46.47.
16 Nice, Nikaia IAAF GP. 1 mile: 11, M.Yates 4:14.24.
18 Alicante, Spain. Apart from the individual 100 metres, Chris Lambert also took the second leg for the winning 4x100m team timed at 40.29. 100m (+3.8) 7, C.Lambert 10.69. 400mH: 5, A.Ferns 54.14.
19 Gateshead, BUPA Games. 100m: (-2.2) 2, D.Ladejo 10.55. 300m: 8, D.Ladejo 33.20. 800m: 4, J.Lobo 1:47.74. 110mH: (-2.0) 6, A.Tulloch 14.27. HJ: 2, B.Reilly 2.25.
25-26 Dublin, BLE Irish National Champs. 5000m: 4, K.Lonergan 14:13.18.
27 Thessaloniki, Greece, IAAF GP II. 100m: (+1.4) 1, D.Campbell 10.19.
29 Annecy, France, World Junior Champs. Two of our Juniors earned the right to compete at the World 'Juniors' but neither had happy experiences. On the opening day Darren Thompson could only manage one legal long jump of 6.50 (+0.6) which left him a lowly 17th in his pool. Then a couple of days later Chris Lambert was involved in the sprint relay where the British team were disqualified.

August 1998

1 Dresden, Germany, Germany vs. Great Britain & N.Ireland U23. Selection for this Under 23 International resulted in a super 6-man Belgrave representation with wins coming from Geoff Dearman and Matt Douglas.
400m: 1, G.Dearman 46.46. 400mH: 1, M.Douglas 50.87. HJ: 3, R.Aspden 2.08. PV: 4, B.Flint 5.10. TJ: 3, P.Idowu 15.93. HT: J.Urquhart 59.57.
2 Sheffield. 100m: (-1.1) 1, D.Chambers 10.24; 6, D.Ladejo 10.61. 200m: (+1.0) 3, D.Campbell 20.48. 800m: 8, J.Lobo 1:47.48.
4 Cardiff, Welsh Games. 100m: b (+2.2) 3, J.Regis 10.60; 5, A.Walcott 10.72. 200m: (-1.6) 2, J.Regis 21.06; 5, D.Chambers 21.58; b (-0.6) 2, A.Walcott 21.67; 6, C.Lambert 22.24. 400m: 3, G.Dearman 47.21. HJ: 1, B.Reilly 2.20. PV: 4, M.Edwards 5.00. JT: 1, S.Faben 69.78.
5 Stockholm, Sweden, IAAF GP. 100m: ht (+0.5) 5, D.Campbell 10.29.
7 Namur, Belgium. 800m: 2, J.Lobo 1:48.72.
8 Monzon, Spain. 1500m: 2, M.Yates 3:42.61.
9 Nivelles, Belgium. 800m: 4, J.Lobo 1:48.21.
12 Zurich, IAAF GP. 100m: ht2 (-1.1) 5, D.Chambers 10.30; ht3 (-1.1) 4, D.Campbell 10.20.



Photo: Alan Mead

Stuart Faben's early season throw in Spain proved to be his best of the year and placed him 8th in the UK for 1998.

17 Helsingborg, Sweden. DT: 1, N.Sweeney 65.59.
25 Lausanne, Switzerland, IAAF GP. 100m: a (-0.3) 7, D.Campbell 10.18.
30 Glasgow, Spar British Challenge Great Britain & N. Ireland vs. USA. 100m: (-1.8) 3, D.Campbell 10.37; 4, D.Chambers 10.39. 200m: 3, J.Regis 21.22. 1 mile: 2, M.Yates 4:03.65. 110mH: (-2.5) 6, A.Tulloch 14.11. 400mH: 6, M.Douglas 50.79.

September 1998

4 Helsingborg, Sweden. DT: 1, N.Sweeney 67.89 (Irish Rec); 4, K.Brown 60.67.
6 Helsingborg, Sweden. DT: 1, N.Sweeney 65.70; 4, K.Brown 59.59.
11-19 Cesenatico, Italy, European Veterans' Champs. M40 5000m: 5, J.Estell 15:16.30. 10000m: 5, J.Estell 31:22.37. M45 5000m: 6, C.Dickinson 16:28.80. M65 5000m Walk: 5, D.Fotheringham 28:44.25.

1999

February 1999

17 Stellenbosch, South Africa HT: 5, M.Jones 69.06.
22 Port Elizabeth, South Africa. HT: 4, M.Jones 71.49.
25 Melbourne, Australia. 100m: (-1.5) 4, D.Campbell 10.44.
26-28 Hobart, Australia. 100m: (+1.3) 2, D.Campbell 10.46. 200m B: (?.) 1, D.Campbell 21.05.
27 Bellville, South Africa. HT: 5, M.Jones 73.63.



Fifteen at the Friendly Games

Commonwealth Games, Kuala Lumpur, Malaysia, 16-21 September



Late September, and at the "Friendly Games" a long athletics season drew to a close with some explosive performances. The sprints lacked only the Americans while the middle-distances were dominated by Kenyans. An unprecedented fifteen Belgravians made the long trip to the national capital of Malaysia, braving warnings of crippling smog and excessive humidity and temperatures to compete in the Bukit Jalil stadium.

Gold and silver came our way in the relays and that old war-horse Regis came up with a bronze medal but this time it was the field events that gave us our closest shots at individual gold.

A medal at last for Mick Jones

For Mick Jones Kuala Lumpur was a dream come true. Twice before in Commonwealth Games competition he had finished just out of the medals in fourth place but in 1998 there was to be no mistake. The South African Chris Harmse led after round one, his 72.83 edging out Australian Stuart Rendell's 72.52 and Mick's 72.58. Dave Smith's 67.31 placed him 5th. But while the South African had launched his "big one", round two saw Rendell improve to 74.37 and Mick hanging on to silver medal position with 73.51. A lifetime personal best came from the Belgrave man in round 3—74.02 while Rendell fouled. That was it as far as the medals were concerned. The Australian backed up his leading mark with 74.33 for his fourth effort and then finished off with a winning 74.71 for his sixth throw.

Dave Smith heaved his best of the competition in round four to go back into 5th. Still only 24 he must have as good a chance as anyone to pick up that elusive gold in some future Games but he'll still have that man Jones to deal with for a while yet. For the first time in his life 35 year-old Mick is to go warm weather training this winter, travelling to South Africa with his coach Alan Bertram. If he can throw 74.02 after training in a Dorking field, thanks to a helpful farmer, the best could yet be ahead of him.

Silver for Ben Challenger

That man Dalton Grant and our own Ben Challenger were the men leading the way in the high jump. Dalton came in at 2.15 with Ben delaying until 2.20—both had first time clearances and then it was up to 2.24 where the pair went clear again, as did Brendan Reilly, while Australia's Forsyth, Lendis of South Africa and Naiko of Mauritius all needed two shots. Now it was 2.28 where Grant and Challenger continued their first time successes, this time taking Forsyth with them. Naiko cleared the bar on

his third try while Brendan failed twice and saved his last attempt for 2.31.

This was where it would be settled. Grant has a reputation for being a "big-time" jumper and he did it again. The bar was repeatedly rattled off the pegs by all remaining athletes until with his third attempt the Haringey man wriggled his way over to become the only man to go clear. Ben's silver medal was a terrific achievement. He had injured an ankle while competing in the European Cup and had missed out on Budapest in an effort to get himself into shape for this competition—and he was within an ace of carrying off the gold.

Jason Lobo and Dave Pamah kept us represented in the middle-distance events. Jason was only just outside his season's best in placing 6th in his semi, while Dave, racing for his mother's St. Kitts & The Grenadines, started off a flurry of e-mails between the IAAF and *The Belgravian* "offices" as it became apparent that as a representative of those islands his performances of recent years made him national record holder for the 800 and 1,500 metres!

Over the barriers, a lifetime best came from Northern Ireland's Matt Douglas in the one-lap race and Andy Tulloch continued his comeback from injury with a super 13.57, his best of the year, to reach the final where he placed 6th.

Discus man Lee Newman took advantage of Welsh ancestry to take part in the discus competition. His season's best would have given him a fighting chance of 4th place but at 7th he nevertheless got the satisfaction of putting one over on British Record holder Perris Wilkins.

For Ian Tullett it was not a happy time at all as he suffered the ignominy of three fouls at his opening height in the pole vault.

Roller-coaster ride for Ladejo

In only his second full Decathlon, Du'aine Ladejo's 7th place has got to be considered a success but he will be far from satisfied with his performance. A near pb came in the 100 metres to take him straight to the top of the leaders board—and then came an awful long jump where two fouls nearly saw him exiting the competition before he popped out a mediocre but safe 6.92. The shot was passable but then the high jump resulted in a super pb of 2.04 and a season's best of 46.12 in the 400 metres rounded off day one with the Belgrave man lying in 3rd place on 4317 points. — And then came day two and the hurdles. How Du'aine got over the first flight after totally messing up his start we'll never know. Amazingly he still registered 14.91 but it could have been so much faster—and the rest of the competition was a

mere recovery exercise. Putting it all together in just two days is going to be a real challenge but some of his performances are awesome and those in the know tell us that Du'aine is sure to register 8,000 points soon.

Gold and Silver in the relays

Again we were well represented in the sprints but Euro-Champ Darren Campbell, although reaching the final and consolidating on his new level of performance, had to give way to the might of Bolden, Fredericks & Co. Dwain Chambers was unlucky to get only 5th in his semi-final with a time the same as Campbell's. The 200 metres saw 'JR' back in the big-time following an achilles tendon injury. John Regis, a silver medallist at each of the preceding Commonwealth 200s was delighted with his bronze medal and in spite of 33 years now showing on the clock has vowed to go on until 2000!

We had to wait for the relays for sprint gold where in the one lap race England romped to a Championship Best Performance of 38.20 with Dwain Chambers providing the start and Darren Campbell the glory leg. Sean Baldock contributed to the 4x400 squad's 'silver' by opening up for England in the heats but then missed the final again as the team was switched around. With so many talented one lap runners in this country he's going to have to wait a bit longer before he can get into the final four.

100m ~ Darren Campbell and Dwain Chambers

Round 1, 16Sep., 8 hts, q = first 3 + 8 fastest losers: ht4 (-0.2) 3, Chambers 10.44; ht6 (-0.3) 1, Campbell 10.23.

Round 2, 16Sep., 4 hts, q = first 4: ht1 (-0.4) 3, Chambers 10.24; ht4 (-0.5) 2, Campbell 10.13.

Semi-finals, 17Sep., q = first 4: sf1 (0.0) 5, Chambers 10.18; sf2 (-0.5) 4, Campbell 10.18.

Final, 17Sep.: 1, A.Bolden (Trinidad & Tobago) 9.88; 2, F.Fredericks (Namibia) 9.96; 3, O.Thompson (Barbados) 10.00; ... D.Campbell 10.08.

200m ~ John Regis (Bronze)

Round 1, 18Sep., 7 hts, q = first 3 + 8: ht2 (??) 2, 20.78.

Round 2, 18Sep., 4 hts, q = first 4: ht2 (??) 2, 20.58.

Semi-finals, 19Sep., q = first 4: sf2 (-0.7) 2, Regis 20.49.

Final, 19Sep.: (-0.2) 1, J.Golding (England) 20.18; 2, C.Malcolm (Wales) 20.29; 3, J.Regis 20.40.

800m ~ Jason Lobo

Round 1, 17Sep., 5 hts, q = first 2 + 6: ht1 3, 1:48.20.

Semi-finals, 18Sep., q = first 4: 6, 1:47.96.

1500m ~ Dave Pamah
Round 1, 20Sep., 2 hts, q = first 4 + 4: ht1 8, 3:54.87.

110m hurdles ~

Andy Tulloch and Matt Douglas
Round 1, 19Sep., 3 hts, q = first 2 + 2: ht 1 (-0.3) 2, Tulloch 13.57; ht3 (-0.4) 5, Douglas 15.13.

Final 20Sep.: (-0.1) 1, A.Jarrett (England) 13.47; 2, S.Brown (Trinidad) 13.48; 3, S.Bownes (R.South Africa) 13.53; ... 6, A.Tulloch 13.67.

400m hurdles ~ Matt Douglas

Round 1, 17Sep., 3 hts, q = first 2 + 2: ht2 4, M.Douglas 50.20.

4x100m Relay ~ Dwain Chambers and Darren Campbell (Gold)

Round 1 20Sep., 2 hts, q = first 3 + 2: ht2 2, England 38.62 (Gardner, Devonish, CHAMBERS, CAMPBELL).

Final, 21Sep.: 1, England 38.20 CBP (CHAMBERS, Devonish, Golding, CAMPBELL); 2, Canada 38.46; 3, Australia 38.69.

4x400m Relay ~ Steve Baldock (Silver)

Round 1, 20Sep., 2 hts, q = first 3 + 2: ht 1 2, England 3:03.58 (BALDOCK, Deacon, Wariso, Slythe).

Final 21Sep.: 1, Jamaica 2:59.03; 2, England 3:00.82; 3, Wales 3:01.86.

High Jump ~ Ben Challenger (Silver) and Brendan Reilly

Final, 19Sep.: 1, D.Grant (England) 2.31; 2, B.Challenger (England) 2.28 (2.20o, 2.24o, 2.28o, 2.31xxx); 3, T.Forsyth (Australia) 2.28; ... 5, B.Reilly (England) 2.24 (2.20xo, 2.24o, 2.28xx, 2.31x).

Pole Vault ~ Ian Tullett

Final, 20Sep.: 1, R.Botha (RSA) 5.60 (CBP); 2, D.Petushinskiy (NZ) 5.55; 3, P.Burgess (Australia) 5.50; ... I.Tullett no height.

Discus ~ Lee Newman

Final, 17Sep.: 1, R.Weir (England) 64.42 (CBP); 2, F.Kruger (RSA) 63.93; 3, J.Tunks (Canada) 62.22; ... 7, L.Newman (Wales) 56.28 (56.28, x, x, x, 54.49, 54.35).

Hammer ~ Mick Jones (Silver) and Dave Smith

Final, 18Sep.: 1, S.Rendell (Australia) 74.71; 2, M.Jones (England) 74.02 (72.58, 73.51, 74.02, 72.61, x, 72.62); 3, C.Harmse (RSA) 72.83; ... 5, D.Smith (England) 69.77 (67.31, x, x, 69.77, 68.83, 69.20).

Decathlon ~ Du'aine Ladejo

17-18Sep.: 1, J.Hagan (Australia) 8490; 2, S.Ferrier (Australia) 8307; 3, M.Smith (Canada) 8143; ... 7, D.Ladejo 7632 (10.47, 6.97, 13.31, 2.04, 46.12, 14.91, 39.24, 3.90, 47.15, 4:41.69).



— Bill Laws writes —

The Journey

The 17 hour trip from Heathrow to Belgrade was the final depressing stage of a planning nightmare. It all started well back in November '97 when we were informed the ECCC Group 'B' match was to be held in Belgrade on Saturday 30th May 1998.

A quick check with WGT management, BAF's recommended travel group, showed that out of Gatwick with BA on the Friday and back to Gatwick on the Sunday was the easiest route. Great, we booked 36 seats at a special rate (and I mean special!) and in February we wrote to all our British League team giving them advance notice.

As these letters were being delivered we received an urgent fax from PARTIZAN AC the host club. Due to a Yugoslav vs. Nigeria football match scheduled also for 30th May, could we agree to putting the match back to Sunday 31st May when it would be televised. "No trouble" we faxed, "if you pay for an extra night's accommodation." No problem was their reply, so back to WGT requesting the return flight be changed to Monday 1st June – at no extra cost. "Done", faxed Ian Dennis from WGT and again we sat back and relaxed.

Towards the end of April we received a welcoming fax from the British Embassy in Belgrade requesting travel details. On receipt of our reply, HM Consul Bob Gordon phoned to say that he had good information that there was no BA flight to Belgrade on the Friday. We immediately checked with the World's Favourite Airline who informed us that although there was no Friday flight at present, it would be in the summer schedule due to start mid-May. This information was duly passed back to the British Embassy who was adamant that there would be no agreement to the Friday flight. They were right. Two weeks before departure BA informed us that we would need to take Thursday's flight out of Gatwick as the Friday one had not been introduced. Surprise, surprise! Things were getting out of hand. We were now looking at a 5 day trip for a 1 day match, more hotel costs and the athletes needing

Nightmare to Europe

to take another day off work.

What was the alternative? BA suggested a flight to Budapest on the Friday, which would then involve a 4 hour coach drive to Belgrade. OK but they would have to pay for the coach. BA refused this suggestion but a further reduction in ticket price kept us off the boil. Only just.

WGT re-arranged tickets and organised the coach through Budatours in Budapest. Great, our troubles were over. Well, not quite. The day before departure (Thursday) Eurotours refused to accept VISA payment (we deduced this was because BAF was in Administration and had the credit rating of a block of concrete!) They wanted cash, 865 GBP to be precise. No cash, so 'your's truly' dashed to the bank, loaded up with a wad of the folding stuff and prepared for the next disaster.

As a result of these changes, Chris Rawlinson was forced to withdraw due to an exam at Loughborough on Monday 1st June. Meanwhile, for those who remembered to bring passports to the first BAL match, we (John Jeffery) made four journeys to the Yugoslav Embassy in London. Others sent passports by post and by the time we had got all the Visa's, we knew our way about Kensington quite well. We had heard that the Yugoslav's were turning round anyone without Visa's, so the airlines were checking carefully all documents. The last problem came with the late replacement of Brendan Reilly by Ben Challenger. We flew Ben out JAL on the Saturday without a Visa. Fortunately, we had enough time having arrived a day earlier to ease the release of Ben's Visa and our minder – Marina – was proving a tower of strength.

But back to the coach trip from Budapest to Belgrade. Scheduled for 4 hours, it eventually took 7 hours including a lengthy stop at the Hungarian–Yugoslavian border. We came to the conclusion that the drivers were on an hourly rate because they would not take the coach over 50mph even on a clear dual carriageway. Attempts to give them financial inducements failed and the frustration of being overtaken uphill by a fully laden cement lorry needs to be experienced to be appreciated. The team took it all in good spirits but the effects of a 17 hour trip on their bodies was to become apparent 36 hours later.

The Finances

In previous years we have managed to defray most costs of the ECCC matches by donations from the British League, BAF and the Sports & Arts Foundation. This year the League, although without a sponsor, donated £2,000, BAF couldn't and the Sports & Arts Foundation informed us that due to the Lottery creaming off football pools income, they too could not subscribe.

At one stage, the Belgrave Committee decreed that even though we were the UK

Clubs' representatives, it would not be possible for Belgrave to contribute from its own stretched budget. Withdrawal was a real possibility until our Patron and No. 1 supporter, Sir Eddie, stepped in to meet the substantial outstanding balance. Sir Eddie travelled to Belgrade via Rome and once again gave the team tremendous support. We hope to repay him in 1999 with promotion to Group 'A' in Europe. As I write, it appears that the venue will be Athens. Let us hope the travel arrangements will be a lot easier. I couldn't face another fiasco so soon after the Belgrade trip!

Photo: Bill Laws



The Hammer competition at the European Champion Clubs Cup was held outside of the main stadium and with no cage! Who'd want to judge the event in those circumstances — and who'd want to be the photographer — we note that the man with the lens didn't get too close!

Mick Jones had a good competition and threw 72.55 for second place.

Most ambitious year yet

Following last year's double victory in both the Cup and League Division One, our '98 targets included not only a repeat of the Golden Double but also the European Clubs Champions Cup Final to be held in Belgrade at the end of June. In 1997 Sale had been last in the 'A' Cup match and so the Great Britain representative team was now to compete in the 'B' Match. Promotion was on our mind. Because at our last appearance in 'A' Group two years ago in Istanbul we had finished in a creditable bronze position, we thought that promotion would be a formality. Oh boy, were we wrong!

EUROPEAN CLUBS CUP DIVISION 2
BELGRADE, YUGOSLAVIA
31 MAY 1998

A jaded team ends up 4th in Belgrade

Last year Sale were relegated in a tough 'A' Group final held in Moscow. Although not at their strongest Sale had reported that several central European teams had turned out national squads and the Russian contingent had trounced Larios who in previous years had proved invincible. This should have been a warning to us but conscious that we had finished 3rd in the 'A' Group final in '96, we planned for our visit to Belgrade content in the belief that it would be our honour to return a GB team back to the top level of European Club Competition. Nothing short of a win would be satisfactory.

Team selection was to take place after the first British League Match and it was only following the season's opener at Watford, that we began to realise we might not have the strongest of teams for Belgrade.

In the throws, Matt Simpson reported that his elbow injury needed surgery and the operation was planned for 1st June. Nick Sweeney, also based in the USA, had had surgery and was throwing discus comparable distances to both Lee Newman and Kevin Brown. There were rumours that javelin stalwart Nigel Bevan had moved to Birchfield, although he was still in the USA and was uncontactable and in the hammer Dave Smith's recovery from a broken ankle had not moved to a point where he could challenge a resurgent Mick Jones.

The middle distance was presenting problems too, as Matt Yates reported that a warm weather training injury had not recovered. Tom Lerwill was having a year's break to recover from glandular fever and Paul Evans was still laid low from problems incurred during an extended overseas training trip prior to the London Marathon. Fortunately, Jason Lobo was eligible and although specialising at 800 we chose to bring Matt Kloiber for the 800 and move Jason up to 1500. New member James Ellis Smith was selected for the 5000, not because of his 3.42 1500m pb, but because he had wintered in South Africa and had some good road race results under his belt. With Justin Chaston tied by work commitments in the USA, Lee Hurst was to prove a valuable choice for the steeplechase.

No problems with the jumps squad until a week before departure, when Brendan Reilly was injured in a car crash and there was a last minute panic to get a visa for welcome newcomer Ben Challenger, who was now destined to make his debut in a Belgrave vest in the high jump in Belgrade.

The sprints squad was strong with only Dwain Chambers unavailable due to a number of overseas engagements. Clearly the world junior 100m record holder was of interest to a number of early season meeting promoters.

With hindsight it is difficult to comprehend why the ECCC committee chose a venue like Belgrade. You will read elsewhere of the travel nightmare. Suffice to say that on the day, a somewhat jaded team performed adequately but without much inspiration. What was achieved was outstanding under the circumstances with a few excellent

1,	Partizan	(Yugoslavia) ...	128
2,	Sporting Club de Portugal	(Portugal)	116
3,	LAC Quelle Furth/Munich 1860	(Germany) ...	103
4,	Belgrave Harriers	(United Kingdom)	95
5,	Panellinios	(Greece)	87
6,	Kladivar	(Slovenia)	61
7,	Feberbahce SK	(Turkey)	59
8,	Sparta	(Denmark)	53

performances. The experience and professionalism of what, after all, was a very young team, showed through and we all left a lot wiser vowing we would be better prepared for the '99 event should we be fortunate enough to qualify to represent the GB clubs again.

Unlike the 'A' Group event, the 'B' Group was to complete all events in a single day. The 10,000m was removed from the 'B' event and the Yugoslavs, mindful of the publicity value of such an important event, had placed 16 TV cameras at the stadium and the match was televised and broadcast over a 3 hour period. Central Europe received the satellite TV programme.

It was not until Saturday evening's Technical Meeting that we realised how strong the other Clubs were. The local team Partizan comprised a full Yugoslav squad and our interpreter, Marina, would not contemplate anything other than their victory. She would like it if Belgrave came second. As it turned out, so would we. Sporting Club of Portugal had a number of overseas members including former World Junior Sprint Champion Francis Obikwelu. Somehow, Panellinios of Greece had obtained the services of 400H World Record Holder Kevin Young. The Sunday was going to be interesting.

A good start

The match day dawned bright. There was not a breath of wind as temperatures soared and tree pollen fell intrusively like thick snowflakes. Several athletes succumbed to hay fever and were in such a bad way they needed medical treatment. Your team managers refused to let anyone be injected by the match doctors so it was cold wet towels and a prayer for those suffering.

Realising a good start was essential we left early for the hammer competition. Not only was this not to be in the main Stadium but we were soon to discover there was no cage either. The competitors agreed to throw but it was the foot fault officials who won the plaudits. Luckily for everyone the throwers were careful

but there could have been some serious injuries. Mick Jones threw exceptionally well in the circumstances with 3 throws over 70m and his longest, at 72.55m gaining second spot and 7 points – a decent start.

Whereas the hammer had started at 10.00am the main programme started in the main Stadium at 16.40 to avoid the highest temperatures and to satisfy TV.

We had taken advantage of the time gap to practice sprint relay takeovers and get in some starting practice. Darren Campbell was looking lethargic out of the blocks and we hoped race conditions would improve his reactions.

But first to the pole vault. It was about now that we realised the large local crowd were not interested in good competition and sportsmanship. Partizan was an appropriate name for both the local club and supporters. First into the gladiatorial ring was Mike Edwards, not someone to be easily intimidated. As the competition progressed the crowd hurled abuse at all but their man. Mike loved it. The louder they shouted the perkier he got. Second place and another 7 points. Good man, but Partizan were first as they were in the next event the discus. Kevin Brown seemed to hurry his throws and finished fourth – one place lower than he could have expected. Nonetheless 5 more points.

We lead after six events

The long jump started as the pole vault reached its final stages. The runways were separated by a few metres and Julian Flynn was clearly affected by the crowd. Adrenaline rush or whatever, his only valid jump was in the 5th round by which time the team managers were reduced to nervous wrecks. Fifth place and four points. Then to the first track event the 400 flat. Brankovic was Partizan's Captain, the 1992 European Champion and the crowd's favourite. A long hold on the track in fierce heat saw the opposition wilt before the start





and it was the Yugoslav who rushed into a commanding lead. Sean Baldock looked jaded and the crowds support for their man reached deafening proportions as he entered the home straight with a 5m lead. But what was this? Relentlessly inch by inch Sean was pulling back the big Yugoslav only to pass him with a desperate lunge 5m before the tape. The crowd groaned and we had recorded our first and only victory of the day.

In the 100m, Darren Campell lived up to our worst fears and had a disastrous start. Seventh after 30m he then got into that liquid smooth, ground eating stride and was gaining fast on all but the leader as the line was reached. 10.03 was the winning time by Obikwelu with Darren in third. Twenty minutes later Andy Tulloch lined up against Schwarhoff in the high hurdles and was rewarded with a fine second spot in a legal 13.63.

After six events we were leading with 41 points followed by Partizan on 39 and Lac Quelle Munich, the German Champions on 33. From then on it was mostly downhill. Stuart Faben managed just 2 throws in the javelin and should have finished at least 2 places higher than 5th. Matt Kloiber faded badly after leading the 800 for 600m and could only manage 7th. Then Philips Idowu withdrew from the triple jump after 3 attempts due to a slight injury. His best of 14.81 was probably his poorest competition of the year and only good enough for 7th spot. The abyss was beckoning. We realised it wasn't our day in the sprint relay when the second leg runner outside Jason Fergus pulled a hamstring and pushed our man across the track. With a side-step worthy of a rugby veteran, Jason continued and we recovered to 4th with a commendable 40.53. But again with a bit of luck it could have been so much better.

Challenger close to 2.31m

In the high jump things were looking better. Ben Challenger, like Mike Edwards appeared to be gaining inspiration from the raucous crowd. His 2.28 pb clearance was effortless and one of the 2.31 attempts was as close as you could get to a clearance without actually succeeding. Nevertheless, 2nd spot, 7 points and what a debut for Belgrave. James Ellis Smith went with the leaders in a very hot 5000. Castro of Sporting Club of Lisbon got outkicked as James succumbed to the heat and travelling and faded serenely to 6th spot. Matt Douglas struggled to find form in the 400H as Kevin Young cruised to 48.88 at the age of 32. Still plenty of time Matt!

Next came Jason Fergus in the 200 still shaken after the sprint relay traumas. Actually, shaken and stirred by the looks of things, as he gained the bronze medal in a very creditable 21.01 legal. Obikwelu again won, this time in 20.50.

Lee Newman performed well up to expectations in the shot that was won with a massive 20.71 by Peric of Partizan. This match was hot!

Lee Hurst then stepped up for the steeplechase and, putting all thoughts of partying behind him, showed true grit to again get a bronze medal. His performance was clearly the best of the middle distance men who generally had found the long journey just too much – witness Jason Lobo fading to 7th in the 1500 and like Matt Kloiber mystified that there was no strength when he needed it. And so to the last event the long relay. Geoff Dearman and Michael Parper joined the drained Matt Douglas and Sean Baldock to finish with another bronze, by which time we had faded to 4th. With only two teams promoted we realised that this had been one of the toughest matches we had been in.

Overall, 10 Group 'B' records had been set in this cauldron of a stadium. Considering that this event has been going for 25 years, this was a truly competitive and high standard match. There is no reason to believe it will be any easier in 1999 but you can bet that should we be there, we will be stronger and better prepared.

Bill Laws

100m: (+2.3) 3, D.Campbell 10.28; n/s (+1.0) 7, A.Walcott 10.83. 200m: (+1.4) 3, J.Fergus 21.01. 400m: 1, Sean Baldock 46.38. 800m: 7, M.Kloiber 1:52.56. 1500m: 7, J.Lobo 3:57.07. 5000m: 6, J.Ellis Smith 15:20.70. 110mH: +1.8 2, A.Tulloch 13.63. 400mH: 5, M.Douglas 51.65. 3000mSC: 3, L.Hurst 8:55.62. HJ: 2, B.Challenger 2.28. LJ: 5, J.Flynn 7.37. TJ: 7, P.Idowu 14.81. PV: 2, M.Edwards 5.05. SP: 6, L.Newman 16.48. DT: 4, K.Brown 55.26. JT: 5, S.Faben 63.58. HT: 2, M.Jones 72.55. 4x100m: 4, Belgrave (M.Dickson, D.Chambers, A.Walcott, J.Fergus) 40.53. 4x400m: 3, Belgrave (G.Dearman, M.Parper, M.Douglas, S.Baldock) 3:10.89.

End of the road for Larios

It was reported in *Athletics International* recently that as from November 1998 the Spanish drinks manufacturer Larios would not be continuing its sponsorship of the top Spanish athletics club that bears its name.

It seems that Larios have poured some \$1 million per year into the club since 1985 resulting in a massive international recruitment campaign that brought them Merlene Ottey, Javier Sotomayor, Brahim Boutayeb, Samuel Matete, James Beckford and a large proportion of the Cuban national team. Not surprisingly this tide of athletic talent took them to first place in six out of seven European Champion Clubs

Cup competitions between 1990 and 1996. They were then second in 1997 and only fourth in 1998.

The club, based in the Madrid suburb of Moratalaz were known to be searching for another sponsor with the possibility of disbanding altogether if another cash provider was not forthcoming.

British Embassy Comes Up Trumps

We knew the British Embassy in Belgrade was good. Even before our ill-fated trip they had been in touch to advise us that the direct flight from Gatwick would not be operated. A fact that BA only acknowledged a couple of weeks before our departure.

Anyway, Bob Gordon, the Consul, invited the team and some of our Yugoslav hosts to the British Embassy for an excellent barbeque on the eve of our match. While Michael Parper led the 'horse races' for the children, Marlon Dickson worked his way through three meals. Up 'til then he had proclaimed a distinct dislike for local food and was on hunger strike.

The numerous and huge bowls of strawberries and cream crowned a great evening. Mick Jones had been explaining to anyone who would listen that his training at Ockley Court Farm took place on a smooth concrete pad distanced some 75 metres from the nearest strawberry bed. So Mike's claim to fame was to reach the strawberries. No sooner the word! Team members were seen to smuggle out bowls of strawberries, not for consumption, but to give Mick some added incentive during the next day's competition. And you will see from the results that it worked.

See you in Athens?

The 1999 European Champion Clubs Cup should make for an interesting weekend at the end of May. It seems that all divisions—men and women— will be held at the same stadium in Athens. No doubt there will be a hard core of Belgrave supporters making the trip to support the Bels. If you are interested, make sure you let Bill Laws know.





Photo: Alan Mead

Winning ways at Watford

MATCH 1, WATFORD, 16MAY 1998

This was a TVH home fixture. The 'Valley' have been having problems with their local Council and the once pristine West London Stadium has now become unusable for League fixtures. It is tragic that after the euphoria of re-naming it in honour of Linford Christie, the Council should keep its hands in its pockets and let it slide into gentle decline.

So here we were at a new venue which proved to be very congenial, blessed with fine weather and eight teams eager for the start of a new season.

Dave Smith, competing for the first time since breaking a bone in his foot was highly delighted to win the 'A' hammer. John Urquhart returned after a winter's retirement to win the 'B' event and so ensure that as usual the hammer squad got us off to a great start. The long jump proved a disaster in more ways than one with only three competitors clearing 7 metres and Commonwealth Games representative Chris Davison of Newham winning with a meagre 7.27m. The triple jump distances were also down and the flat jumps run-up was branded one of the slowest in the South by all competitors. Something to note if you're looking for a good competition!

Good points in the first track race, the 400H, kept us in contention as the team scores were updated. Matt Douglas nudged towards his PB in his first outing of the year while Ian Wells pointed out that his 'B' selection was the first by right for three years. Ever a willing reserve, this promotion encouraged a pleasing 4th place.

Following his tester in the previous week's Southern League, Darren Campbell won the 'A' 100 in style clocking 10.48 seconds into a 1.2m/s headwind. Jason Fergus was

pipped by Alan Condon in the 'B' – but excellent points.

Chris Rawlinson moved down to the sprint hurdles and 200m but it was clear that a long layoff with injury had affected his sharpness. Little were we to know that Chris' troubles would be increasing as the season progressed. Wins for Brendan Reilly in the high jump, Geoff Dearman in the flat 400, and by both vaulters and both shot putters made up for a disaster in the javelin and a dropped baton in the sprint relay. A fine win in the long relay eased the team to victory. A final leg by Sean Baldock timed at 45.7 was the highlight. Clearly the Baldock brothers are going to be a big asset in the years ahead.

Thanks to the many youngsters who filled the gaps. With the likes of Charles Igbon, Scott Exley, Steve Scott, Samson Oni and Philips Idowu providing major back-up, we were going to be difficult to beat.

100m: (-1.2) D.Campbell 10.48; (-1.1) 2, J.Fergus 10.73. 200m: (-0.9) 7, Sean Baldock 22.29; (-1.4) 6, C.Rawlinson 22.29. 400m: 1, G.Dearman 47.05; 6, P.Goedluck 50.10. 800m: 4, M.Kloiber 1:52.64; 3, Steve Baldock 1:54.53. 1500m: 3, C.Gilby 3:49.18; 4, D.Pamah 4:6.11. 5000m: 4, K.Tadesse 14:42.32; 4, W.Nixon 15:19.65. 110mH: (-2.6) 4, C.Rawlinson 14.90; (-2.0) 2, S.Scott 15.39. 400mH: 2, M.Douglas 50.90; 4, I.Wells 56.67. 3000mSC: 1, L.Hurst 8:58.38; 5, J.Galley 10:38.43. HJ: 1, B.Reilly 2.15; 2, S.Oni 2.00. LJ: 6, C.Igbon 6.60; 5, S.Exley 5.99. TJ: 3, P.Idowu 15.10; 2, C.Igbon 14.16. PV: 1, M.Edwards 5.30; 1, I.Tullett 5.20. SP: 1, M.Simson 17.99; 1, L.Newman 16.64. DT: 1, L.Newman 58.58; 1, K.Brown 56.59. JT: 8, K.Brown 46.21;

Left: Matt Douglas, pictured at Cophall during the final BAL match, had a fine season. He neared his best ever of 50.72 in the opening league match, with a 50.9 and by the end of the summer was down to 50.20 in the Commonwealth Games, representing Northern Ireland.

8, N.Dawson 38.52. HT: 1, D.Smith 70.94; 1, J.Urquhart 59.49. 4x100m: dq Belgrave. 4x400m: 1, Belgrave (M.Parper, Steve Baldock, M.Douglas, Sean Baldock) 3:13.16.

Teams: 1, Belgrave H 356; 2, Sale 324; 3, Newham & Essex Beagles 276; 4, Puma TVH 265; 5, Shaftesbury Barnet 255; 6, Border AC 251; 7, Birchfield H 232; 8, City of Edinburgh 215.

Record 4 x 400 metres but Shaftesbury Barnet make their point

MATCH 2, BIRMINGHAM, 6 JUN 1998

So much for my predictions.

We lost this one by a single point – surprisingly to Shaftesbury Barnet who had only managed 5th place in Match 1. Once again the League was wide open and we would need to make a concerted effort in the next two matches.

It wasn't difficult to find excuses. The previous week's ECCCF match in Belgrade had taken its toll – particularly on the middle distance men. Our paucity of depth in middle distance was cruelly exposed and we could not complete 'B' events in the 800, 1500, 3000 steeplechase and 5000m. Ian Wells gamely started the 3000 steeplechase but was forced out with injury. Steve Baldock ran the 'A' 800 and 'A' 5000!

But now for the good news. The hammer was first class with Mick Jones throwing a PB to beat Paul Head with both men over 73 metres. Matt Douglas clocked the same time as in Match 1 to win the 'A' 400H. Darren Campbell and Jason Fergus ensured good points in the 100 but a poor start cost Darren victory. Dwain Chambers made a rare appearance in the 200 and the dream sprint relay squad of Chambers, Fergus, Walcott and Campbell set an impressive early season time of 40.51 as they deadheaded with the Newham boys. Even the camera couldn't separate the two teams.

The even better news was that several newcomers made a noticeable difference. Julian Flynn, in both the long jump and triple jump, is going to be a major points contributor, Richard Sear had his first taste of Division 1 sprint hurdles and junior javelin thrower, Tim Kitney pipped stalwart Stuart Faben to provide a welcome points boost. Ben Challenger made his League high jump debut with a steady 2.20m. With Brendan Reilly still sidelined, suffering from whiplash injuries, Samson Oni got carried away in the exalted company and opened at

1.95m – which he failed to clear.

Ian Tullett turned the tables on Mike Edwards and once again we had maximum points in the pole vault.

But the best news was a new club record in the long relay. Michael Parper, Geoff Dearman, Matt Douglas and Sean Baldock knew that only a win would give us a chance of victory. Their 3.09.26 provided a 2 second margin over second spot but it was Shaftesbury Barnet in second place which ensured they won the match by just 1 point. Ian Wells blamed his failure in the steeplechase for our demise but it was the absence of most of our recognised middle distance men that had placed an unequal burden on the rest of the team.

100m: (-1.6) 2, D.Campbell 10.55; (-1.5) 2, J.Fergus 10.71. 200m: (-1.9) 2, D.Chambers 21.44; (-2.1) 2, A.Walcott 21.74. 400m: 2, G.Dearman 46.93; 3, M.Parper 48.49. 800m: 6, Steve Baldock 1:54.1. 1500m: 6, J.Ellis-Smith 3:56.0. 5000m: 8, S.Baldock 16:16.37. 110mH: (-1.5) 7, R.Sear 15.05; (-1.7) 4, S.Scott 15.45. 400mH: 1, M.Douglas 50.90; 5, I.Wells 56.83. 3000mSC: 8, J.Galley 10:35.04. HJ: 1, B.Challenger 2.20; -, S.Oni no ht. LJ: 3, J.Flynn 7.43; 6, P.Idowu 6.28. TJ: 3, P.Idowu 15.72; 3 15.33; 3, K.Brown 13.27. DT: 2, L.Newman 53.92; 1, K.Brown 53.61. JT: 3, T.Kitney 59.60; 1, S.Faben 58.51. HT: 1, M.Jones 73.28; 1, D.Smith 69.70. 4x100m: =1, Belgrave (D.Chambers, J.Fergus, A.Walcott, D.Campbell) 40.51. 4x400m: 1, Belgrave (M.Parper 48.8, G.Dearman 47.0, M.Douglas 47.4, S.Baldock 46.1) 3:09.26.

Teams: 1, Shaftesbury Barnet 330; 2, Belgrave 329; 3, Newham & Essex Beagles 301; 4, Birchfield H 297; 5, Sale Manchester 277; 6, Border AC 226; 7, Puma TVH 217; 8, City of Edinburgh 200.

— BAL & Gold Cup match reports by Bill Laws —

Wrapped up for '98?

MATCH 3, EDINBURGH, 4 JUL 1998

Although Edinburgh is a wonderful city this is a trip we prefer to avoid. Partly because it effectively means going up on a Friday and returning Sunday but mainly due to the enormous cost of travel. Shaftesbury and Newham flew up and estimated the cost of this match alone at £6,500 each. We travelled by train and stayed at Edinburgh University Halls of Residence which kept our costs to a modest £3,600! Bearing in mind that seven teams travelled, the total cost to all concerned was over £20,000. With no League sponsor and dwindling reserves, more attention will need to be paid by the British Athletics League to suitable venues for the 1999 season.

On the bright side we had a great trip, good team spirit and a night in Edinburgh after the match where the taverns were full of revellers watching the World Cup Football on large screens. Tough old life isn't it?

The weather had been bad north of the border this summer and by all accounts we had the best of it. Force 5 winds and intermittent squalls. Some of the events were of a remarkably high standard considering the conditions. Jason Lobo doubled up on his first League appearance for us and finished a fine second in the 'A' 800m with a surprised Kevin McKay of Sale back in 5th spot. Kevin

made amends by winning the 'A' 1500m but newcomer Mark Miles caused a stir by hanging on until the last 200 where lack of training told and he drifted back to 4th spot. Immediately afterwards Jason again collected silver, this time in the 'B' 1500m to total 24 points in his first League outing. Matt Yates made his only appearance for us this year to win the 'B' 800m.

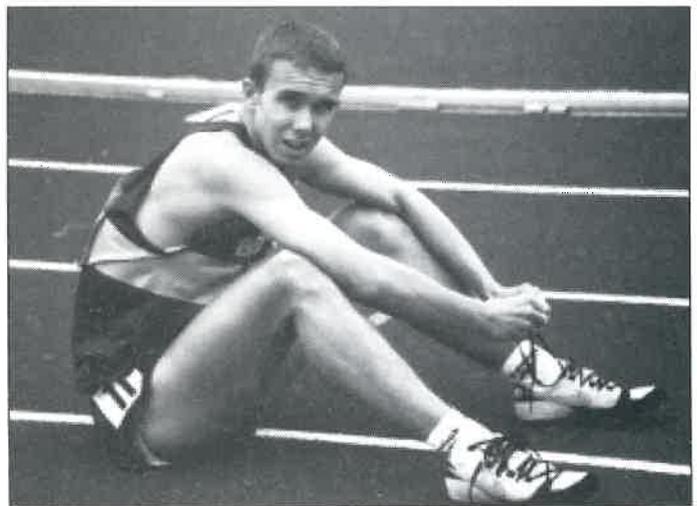
In the throws we welcomed another newcomer Nick Sweeney. Nick couldn't compete for us last year due to an operation but proved his value by winning the 'A' discus and finishing second in the 'A' shot for big points score (30). Ironically, Matt Simson was still sidelined due to the elbow operation which he had after Match 1.

A blast from the past was Fred Salle, surprising everyone to win the 'A' long jump. This allowed Julian Flynn to win the 'B' long jump, so more good points. With Fred around people were inquiring whether this was Commonwealth year?

Chris Rawlinson won the 'A' 400H in a gamble to improve fitness before the AAA's Championships. He was still treading a very thin line between fitness and injury.

Welcome back too to Haroun Korjie and Marlon Dickson in the sprints. Unfortunately, Haroun found the cold conditions unsettling and tore a hamstring in the sprint relay. Mind you it didn't stop him clubbing in the evening. And who else made a welcome return? None other than Neil Owen, glad once again to be sprint hurdling. After two frustrating injury ruined years, the 'long un' was back and pleased to be part of the team once more. With Nick Cooper also back from injury the sprint hurdles look brighter.

Brendan Reilly too was back after his car accident and although he



One lap ace Geoff Dearman takes a breather after another brilliant 4 x 400 metre relay leg.

won the 'A' high jump, was not happy after failing at 2.20m. So much so that the large arc transcribed by his take-off shoe would have been a stadium throws record, except for the assisting wind. We avoided him for 5 minutes thereafter!

Much better points in the steeplechase moved us into the lead in the late afternoon drizzle. Lee Hurst turned in his usual first class performance and newcomer Kevin Nash looked the part as he won the 'B' event.

The match was well and truly won by the time the relays came round, which was just as well, as a combination of injuries and tiredness ensured that no records were in danger.

Behind us the other teams were playing musical chairs which ensured that our lead extended to 5 League points which virtually wrapped up the competition. But I've been wrong before and Match 4 would still be a test of will.

100m: (+3.3) 5, H.Korjie 10.58; (+3.5) 4, M.Dickson 10.77. 200m: (+2.7) 8, H.Korjie 22.40; (+1.8) 4, S.Baldock

21.60. 400m: 3, G.Dearman 47.78; 3, M.Parper 48.77. 800m: 2, J.Lobo 1:50.19; 1, M.Yates 1:51.37. 1500m: 4, M.Miles 3:53.91; 2, J.Lobo 4:05.66. 5000m: 5, K.Tadesse 14:47.32. 110mH: (+5.0) 4, N.Owen 14.22; (+4.5) 2, N.Cooper 14.65. 400mH: 1, C.Rawlinson 51.52; 3, M.Douglas 54.29. 3000mSC: 2, L.Hurst 9:02.43; 1, K.Nash 9:07.97. HJ: 1, B.Reilly 2.15; 1, R.Aspden 2.05. LJ: 1, F.Salle 7.47; 1, J.Flynn 7.30. TJ: 2, P.Idowu 15.48; 2, J.Flynn 14.41. PV: 1, M.Edwards 5.10; 1, I.Tullett 5.10. SP: 2, N.Sweeney 16.69; 2, K.Brown 13.04. DT: 1, N.Sweeney 61.74; 2, K.Brown 58.09. JT: 3, S.Faben 60.88; 4, K.Brown 47.66. HT: 1, D.Smith 67.74; 4, J.Urquhart 55.61. 4x100m: 6, Belgrave (H.Korjie inj, M.Dickson, S.Baldock, N.Owen) 49.29. 4x400m: 7, Belgrave (M.Douglas, G.Dearman, M.Parper, S.Baldock) 3:25.67.

Teams: 1, Belgrave H 377; 2, Sale Manchester 315; 3, Newham & Essex Beagles 307; 4, Puma TVH 265; 5, Shaftesbury Barnet 261; 6, Birchfield H 227; 7, City of Edinburgh 223; 8, Border AC 207.



Photos: Alan Mead

Matt Kloiber runs to 3rd place in the Gold Cup Final 800 metres at Bedford.

Right: Team Boss John Jeffery deals with the media after a British League Division One victory at Cophall Barnet.



'JR' is back- 20.56! Reilly gets 'Euro' qualifier

MATCH 4, COPTHALL, 8 AUG 1998



As we approached this match the AAA's Championships were well and truly done and dusted. There remained a few places yet to be filled for the European championships and the Commonwealth Games. Jason Lobo was chasing an 800m qualifying time in Brussels while Matt Yates was chasing a 1500m time in Spain. So once again we had a depleted middle distance squad.

Also chasing a high jump qualifying mark was Brendan Reilly and Match 4 represented his last chance with final selections taking place that evening. True to form, Brendan produced the goods clearing 2.28 and narrowly failing at 2.35. A very happy bunny!

But this was after a dream start with Mick Jones and Dave Smith going head to head to win maximum points in the hammer. Dave's 70.84m was best to date indicating a gradual return to fitness but he was still to take second to Mick, although he did get the valuable scalp of Newham's Paul Head. Good points too in the long jump but conditions and distances were poor.

Kevin Brown continued to improve in the discus pushing the 59 metre mark but still down on qualifying requirements for England

The Master and The Apprentice: John Regis takes the baton from 17 year-old Chris Lambert.

for the Commonwealth Games. Lee Newman, already picked for Wales couldn't get motivated but won the 'B' division.

Excellent points came from both sprints, with John Regis making a welcome League return in the 200m after a gap of Lord knows how many years. Anyway, we were delighted to see him back in the team and he seemed to be pleased he came, after running a superb 20.56 which was to ensure his Commonwealth selection.

Soon after, the sprint relay squad were being wound up by the Newham quartet who had dead heated with them in Match 2. This seemed to fire our boys. Junior Chris Lambert ran a superb first leg and John Regis responded with a huge rush down the back straight. Clean takeovers by Drew Walcott and Jason Fergus saw a season's best time of 40.43 with the Newham boys 5m down.

And finally to the long relay which was to be a formality as our Match victory and League title had been assured much earlier in the afternoon. Newham finished runners up in the League and look to be the main opposition next year. Our total points score of 1460 was 55 more than last year and was our highest ever.

And this from our youngest team too! The signs are good for next year. I'm looking forward to it already. Hope you are too because if there's one thing the team enjoys, it's your support. With more London fixtures next year, there's no excuse for not coming along and meeting the team.

100m: (-1.0) 2, J.Fergus 10.61; (-1.6) 1, A.Walcott 10.71. 200m: (+1.8) 1, J.Regis 20.56; (+1.7) 2, A.Walcott 21.29. 400m: 3, G.Dearman 47.18; 2, M.Parper 49.15. 800m: 6, C.Gilby 1:53.41; 7, D.Pamah 1:56.51. 1500m:

BRITISH ATHLETICS LEAGUE POINTS RANKINGS 1998

	Match 1	Match 2	Match 3	Match 4	Total
1 Kevin Brown	16	20	26	14	76
Lee Newman	28	26	-	22	76
3 Julian Flynn	-	20	28	24	72
4 Mike Edwards	16	12	16	26	70
5 Matt Douglas	18	20	9½	18	65½
6 Geoff Dearman	16	18	13½	14	61½
7 Dave Smith	16	12	16	12	56
8 Philips Idowu	12	15	14	14	55
9 Ian Tullett	12	16	12	12	52
10 Brendan Reilly	16	-	16	16	48
11 Lee Hurst	16	-	14	16	46
12 Jason Fergus	10	13½	-	18	41½
13 Andrew Walcott	-	13½	-	26	39½
14 Michael Parper	4	12	9½	12	37½
15 Darren Campbell	16	17½	-	-	33½
16 Stuart Faben	-	10	12	10	32
Mike Jones	-	16	-	16	32
18 Matt Simson	16	-	-	14	30
Nick Sweeney	-	-	30	-	30
20 Chris Rawlinson	13	-	16	-	29
21 Kassa Tadesse	10	-	8	10	28
22 Richard Aspden	-	-	12	12	24
Jason Lobo	-	-	24	-	24
Tim Kitney	-	12	-	12	24
25 Neil Owen	-	-	11½	12	23½
26 Steve Baldock	12	10	-	-	22
27 Sean Baldock	9	4	8½	-	21½
28 John Regis	-	-	-	20	20
29 Clive Gibby	12	-	-	6	18
Kevin Nash	-	-	12	6	18
Jon Urquhart	12	-	-	6	18
Ian Wells	6	4	-	8	18
33 Dwaine Chambers	-	17½	-	-	17½
34 Ben Challenger	-	16	-	-	16
Charles Igbon	16	-	-	-	16
Fred Salle	-	-	16	-	16
Steve Scott	10	6	-	-	16
38 Haroun Korjie	-	-	13½	-	13½
39 James Ellis Smith	-	6	-	6	12
Matt Yates	-	-	12	-	12
41 Matt Kloiber	10	-	-	-	10
Mark Miles	-	-	10	-	10
Dave Pamah	6	-	-	4	10
Samson Oni	10	-	-	-	10
45 Nick Cooper	-	-	-	8	8
Junior Galley	4	4	-	-	8
47 Marlon Dickson	-	-	7½	-	7½
48 Jim Estall	-	-	-	6	6
Billy Nixon	6	-	-	-	6
50 Richard Sear	-	-	5	-	5
51 Scott Exley	4	-	-	-	4
Chris Lambert	-	-	-	4	4
53 Phil Goedluck	3	-	-	-	3
54 Nick Dawson	1	-	-	-	1
Totals	356	329	377	398	1460

6, J.Ellis Smith 4:10.41; 7, D.Pamah 4:55.2. 5000m: 4, K.Tadesse 15:02.6; 4, J.Estall 15:30.0. 100mH: (+3.1) 3, N.Owen 14.10; (+1.5) 3, N.Cooper 14.79. 400mH: 1, M.Douglas 51.36; 4, I.Wells 55.92. 3000mSC: 1, L.Hurst 9:01.8; 4, K.Nash 9:47.0. HJ: 1, B.Reilly 2.28; 1, R.Aspden 2.05. LJ: 2, J.Flynn 7.18; 2, M.Edwards 6.63. TJ: 2, P.Idowu 15.57; 2, J.Flynn 14.92. PV: 1, M.Edwards 5.20; 1, I.Tullett 5.00. SP: 2, M.Simson 16.41; 1, L.Newman 15.90. DT: 2, K.Brown

58.59; 2, L.Newman 53.14. JT: 4, S.Faben 64.24; 1, T.Kitney 61.86. HT: 1, M.Jones 72.88; 1, D.Smith 70.84. 4x100m: 1, Belgrave (C.Lambert, J.Regis, A.Walcott, J.Fergus) 40.43. 4x400m: 5, Belgrave (I.Wells, M.Douglas, M.Parper, G.Dearman) 3:18.03.

Teams: 1, Belgrave H 398; 2, Newham & Essex Bgls 309; 3, Birchfield 292; 4, Puma TVH 281; 5, Shaftesbury Barnet 270; 6, Sale Manchester 222; 7, Border 213; 8, City Edinburgh 205.

BRITISH LEAGUE DIVISION ONE 1998

1, Belgrave H	1460	31
2, Newham & Essex Bgls	1193	25
3, Sale H Manchester	1138	21
4, Shaftesbury Barnet	1116	20
5, Puma TVH	1028	17
6, Birchfield H	1048	16
7, Border H	897	9
8, City of Edinburgh	843	5

Three Gold Cup wins in a row

With 2 years as Cup Winners behind us we were conscious that a third consecutive win would represent a feat only previously achieved by Haringey AC at the height of their powers.

SEMI-FINAL, WAVERTREE, LIVERPOOL, 19 JUL 1998

Two years ago when we had a cup semi at Liverpool we were sent the wrong timetable and arrived after the Match had started. We eventually scraped home in second place.

We didn't intend to cut it so fine this time and despite other competing events we were determined not to take chances. Thankfully a number of team members put Club before Area and we sat back to witness some first class performances in difficult conditions. I say, we, because Sir Eddie had jetted into the UK just to support the team and in John Jeffery's absence he was co-opted as Joint Team Manager. Taking the final result into account Sir Eddie thought both he and we had done rather well.

That is a bit of an understatement because despite the presence of two other BAL Division 1 teams (Sale and Border), we won 16 of the 20 events with an all time record score of 167 points. Bearing in mind that to win all 20 events would give 180 points you can see that this was pretty

impressive stuff.

The results speak for themselves but the highlights were: Matt Simson's first outing since his elbow operation which limited him to the single winning effort in the shot. Mark Miles moved down to the 800m and then won the 5000m in a personal best. Well it had to be a PB because it was the first one he had run. Afterwards he said he thought it was a jog although the sprint at the end was interesting. Jim Estall was the oldest on display but moved nicely to win the 10,000m. He puts the new fluency down to an extensive stretching programme, although there is no verification of room mate James Ellis Smith's assertion, that this routine started at 5.00 in the morning.

We welcomed our newest and youngest member into the team - Ben Flint - who won the pole vault in difficult conditions.

Anyway, an excellent result and another one for the record books.

100m: (-3.7) 1, J.Fergus 10.9. 200m: (+1.9) 1, A.Walcott 22.0. 400m: 1, G.Dearman 48.6. 800m: 5, M.Miles 1:59.6. 1500m: 3, J.Ellis Smith 4:14.2. 5000m: 1, M.Miles 15:34.7. 10000m: 1, J.Estall 31:43.8. 110mH: (-0.1) 1, N.Owen 14.4. 400mH: 1, M.Douglas 52.2. 3000mSC: 1, L.Hurst 9:34.4. HJ: 2, S.Oni 1.95. LJ: 1, J.Flynn 7.26. TJ: 1, J.Flynn 14.87. PV: 1, B.Flint 4.60. SP: 1, M.Simson 16.74. DT: 1, K.Brown 54.72. JT: 1, T.Kitney 63.79. HT: 1, M.Jones 72.06. 4x100m: 1, Belgrave (N.Owen, A.Walcott, J.Flynn, J.Fergus) 42.9. 4x400m: 3, Belgrave (M.Douglas, J.Ellis Smith, I.Wells, G.Dearman) 3:26.0.

Teams: 1, Belgrave 167; 2, Sale Manchester 124; 3, Border 90; 4, Liverpool 87; =5, City of Stoke & Sheffield 74; 7, Trafford 72; 8, Morpeth 17.

FINAL, BEDFORD, 29 AUG 1998

Consternation! A few weeks before the Cup Final, Athletics 98 announced a GB/USA match in Glasgow for 1st September. Immediately we knew that some CUP FINAL team members would be called up. Luckily we persuaded the powers that be to delay flying most of their team from Heathrow until the last flight which was about 8.00pm. The only person we lost was Matt Yates due to some ruling that he couldn't compete on consecutive days. Mind you, Kevin Mackay did, so we never got to the bottom of that one.

Anyway, we moved Jason Lobo to the 1500m, put Matt Kloiber in the 800m and persuaded Mark Miles to run his second 5000m and we were sorted. All we waited for now, was to see how Newham had been affected by the USA match. And as the afternoon unfolded it became clear that Newham could scrape a win.

The start was nip and tuck. Mick Jones won the hammer in another PB. Paul Head of Newham second. Julian Flynn then had an unexpected win in the long jump over Newham's Chris Davison who was destined for Kuala Lumpur. Then the 10,000m where Newham's Ian Grime outkicked Kassa. Our 3 best shots and we were just a couple of points ahead.

Newham then won the 400H and the 800m and we were in second spot with the rest nowhere. Ben Challenger competing for the first time since injuring himself in the Europa Cup, produced a stunning 2.26 to win the high jump but the Newham man was third. The discus was a 1,2 with Nick Sweeney well ahead of Newham's Paul Head.

The 100m turned out to be historic due to the unexpected return

GOLD CUP 1998

1,	Belgrave H	141
2,	Newham & Essex Beagles	125
3,	Sale H Manchester	98
4,	Birchfield H	91
5,	Puma TVH	80
=6,	Shaftesbury Barnet H	72
	Woodford Green AC	72
8,	Team Solent AC	56

of Linford Christie. His win had no effect on the team positions but Drew Walcott was a place behind the Newham man. Newham then pipped our men in the 110H, 400m and triple jump and we trailed by 6 points. Lee Hurst reduced the deficit in the 3000 s/c and Jason Lobo pulled back more points to finish a fine second in the 1500m to Kevin McKay.

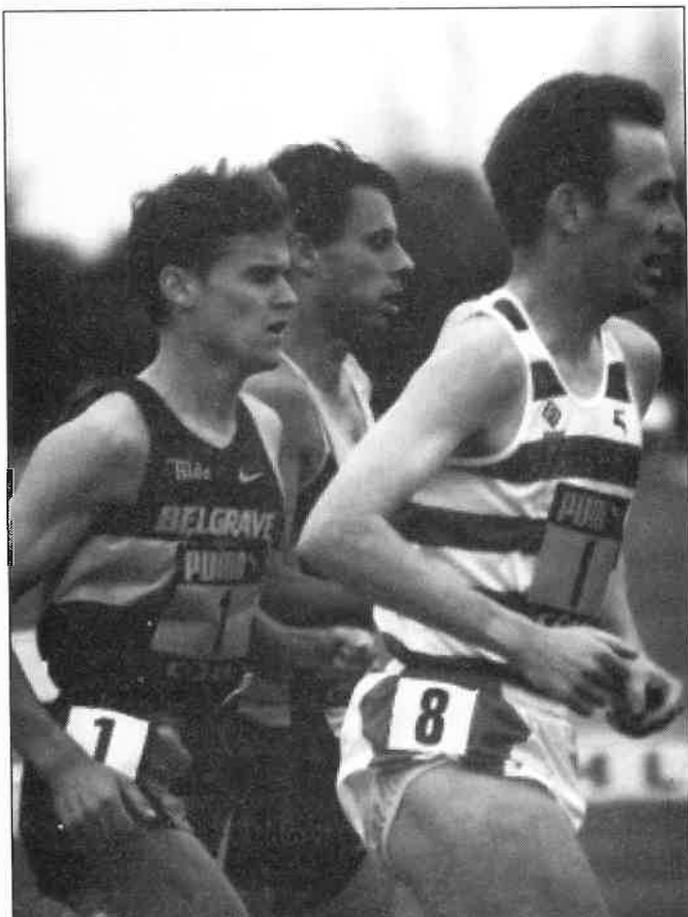
Birchfield then came to our aid in the shot with an unknown American outthrowing Newham Mark Proctor with Matt Simson third. Then it was down to John Regis who, although pipped by Sale's Allyn Condon, managed to squeeze 6 points out of the Newham man. The javelin saw Newham's Mark Robinson level the scores but then Mike Edwards' win in the pole vault and Mark Miles' win in the 5000m saw us start to ease away. The 5000m was thrilling and a slow tactical race saw a great burn up at the end. One which Mark Miles won, beating the favourite Darius Burrows with a devastating 1.58.0 last 800m. A fine win in the sprint relay widened our lead. We used the same team as Match 4 League with Chris Lambert as lead-off and then the long relay boys clinched a memorable victory. Good to see Dave Nolan run the first leg in his only outing of the season ruined by injury.

Another brilliant win which from the result looks easy but which went to the wire.

100m: (+1.6) 6, A.Walcott 10.66. 200m: (+1.1) 2, J.Regis 20.89. 400m: 2, G.Dearman 47.01. 800m: 4, M.Kloiber 1:53.90. 1500m: 2, J.Lobo 3:48.90. 5000m: 1, M.Miles 14:57.06. 10000m: 2, K.Tadesse 30:34.13. 110mH: (+2.4) 4, N.Owen 14.24. 400mH: 2, M.Douglas 51.17. 3000mSC: 3, L.Hurst 9:03.97. HJ: 1, B.Challenger 2.26. LJ: 1, J.Flynn 7.49. TJ: 3, J.Flynn 15.03. PV: 1, M.Edwards 5.30. SP: 3, M.Simson 17.64. DT: 1, N.Sweeney 61.02. JT: 3, S.Faben 71.55. HT: 1, M.Jones 73.47. 4x100m: 1, Belgrave (C.Lambert, J.Regis, A.Walcott, M.Douglas) 40.65. 4x400m: 3, Belgrave (D.Nolan, M.Kloiber, J.Hilston, G.Dearman) 3:15.13.

Track & Field - continues on page 30

Mark Miles - numero uno! Two 5 kms and two wins in Gold Cup competition.



FROM YOUR ALBUM



Photo: Ed Lacey

From Charlie Manning's album ...

Above: Chas (18) tears into the lead on the first lap of a Club Championship 880 yards Race at Battersea Park. We are not absolutely certain of the year but it was probably 1955, one of the years when Charlie Walker, (4) at the back of the pack became Club Champion over the distance. Behind Charlie Manning can be seen a youthful Jim Heathfield. Can anyone put names to the other faces in the picture?



Above: It's first day of May 1954 and the smiling band above are 5 to 6 miles into the Surrey 20 miles Road Race Championship held at Mitcham. Chas. (12) was 23rd gaining a Surrey County Standard with a time of 2:14:10. Len Adams (16) and John Baker (15) can also be identified.



Photo: Jeremy Hemming

Do you have any pictures from your album that you'd like to lend us?

Above: Fortythree years later and the old codger's still on the move! 24th August 1997 and Chas. (174) lines up for the Veterans A.C. 1500 metres Championship at Kingsmeadow. His time was ... well we won't go into that ... but is this a good case for euthanasia? Maybe we should pay him not to wear our club kit! Seriously though, 1,500 metres is now way over his best distance because in 1998 Chas became the Surrey County M70 Champion over 100 metres!

Third from the left, standing back, is Dave McMullen and wearing 62 is 5,000 metre ace from the '50s and current UK Athletics Council Member - Chris Chataway.

Belgrave Web Site - coming soon

Charlie Manning has very kindly offered to sponsor our proposed Belgrave Harriers Web Site which should be up and running this summer. Thanks to Chas., and while we are at it, many thanks to all those generous souls whose donations keep *The Belgravian* in business. Readers are often surprised to find that the costs of our gazette are met solely out of the normal running costs of the Club together with donations from members. Actually, we do get a few donations from non-members who like to read our mag. Recently a copy was sent to a prospective member - who subsequently did not join - but his coach was so taken with it and enjoyed his read so much that he sent in a donation of £10. Thank you Barry Tilbury (who passes on his best wishes to any that remember him). Receiving his letter of appreciation and donation was one of those moments when one realises why 'one does it'.

and thanks to Charlie Dickinson

Unfortunately Charlie Dickinson has had to bow out as Joint Editor of *The Belgravian* due to work commitments. Charlie provided the link between the Joe Coleman years and the magazine in its current format, edited by Alan Mead and himself. All members will want to thank Chas. for providing that valuable link and your remaining Editor certainly wishes to record his appreciation.

Its Tough In Two !

— Reports by Jacqui Smiter —

MATCH 1, BATTERSEA PK., 25 APR 1998

The weather was good for the opening match of the season. Expectations were that we would "make an impression" but lesson number one in Division Two was learned pretty quickly: it's a lot tougher than Division Three! From the very first event when Thurrock's Gowry Reichakan blitzed away from the 400 hurdles field it was a long hard battle to stay anywhere near being in touch. We had a good senior team with some new athletes making their debuts — and even had a reasonable turn-out of under 15s but the opposition was just too strong and we had to settle for fourth team place.

Senior Women

100m: 2, S.Scott 12.3; 2, H.Payne 13.2. 200m: 4, H.Payne 27.5; 3, J.Raji 28.5. 400m: 1, S.Roberts 58.4; 4, N.Tabares 64.9. 800m: 5, S.Stracey 2:47.2; 4, M.Simon 2:40.5. 1500m: 5, D.Hearn 5:26.8; 5, J.Stone 5:50.1. 3000m: 4, N.Mills 13:02.9; 4, C.LePoultier 13:27.3. 100mH: 4, A.Patten 19.9; 2, D.Kandros 20.0. 400mH: 5, J.Smiter 79.9; 4, S.Howard 82.2. HJ: 2, D.Briggs 1.45; 2, J.Smiter 1.40. LJ: 1, S.Scott 5.22; 1, D.Briggs 4.57. TJ: 3, A.Patten 9.35; 3, J.Smiter 8.56. PV: 3, J.Smiter 1.80; 1, M.Jones 1.60. SP: 5, A.Patten 8.19; 5, V.Hassell 6.98. DT: 4, G.Porter 23.04; 3, V.Hassell 20.16. JT: 2, G.Porter 26.32; 2, V.Hassell 21.79. HT: 3, G.Porter 30.99; 3, M.Jones 16.49. 4x100m: 3, Belgrave (D.Briggs, H.Paynes, S.Scott, J.Raji) 53.5. 4x400m: 4, Belgrave (N.Tabares, S.Stracey, T.Sturton, S.Roberts) 4:29.8.

Under 17 Women

80mH: 4, D.Briggs 13.8; 3, D.Hearn 17.6.

Under 15 Girls

100m: 4, S.Raymond 13.9; 4, G.Marek 14.3; n/s 1, M.Sleeman 14.3. 200m: 3, R.Lester 28.5; 4, G.Marek 29.7. 800m: 4, R.Lester 2:39.8; 5, R.Shun 3:31.0. 75mH: 5, G.Marek 17.5; 2, M.Nestor 17.4. HJ: 3, N.Payne 1.30. LJ: 3, R.Lester 4.10; 2, S.Raymond 4.09. SP: 5, N.Boakye 6.87; 2, J.Owujhu 6.78. DT: 5, N.Boakye 14.15; 3, I.Idemudia 13.39. JT: 4, R.Aarens 15.79; 4, I.Idemudia 10.80. 4x100m: 4, Belgrave (R.Lester, M.Nestor, G.Marek, R.Raymond) 56.4.

Teams: 1, Thurrock 200; 2, Crawley 176; 3, Reading 158; 4, Milton Keynes 153; 5, Belgrave 140.

Harriet Payne sets out on her Club Record breaking run to win the Surrey County 300 metres Championship at Kingsmeadow

MATCH 2, LINFORD CHRISTIE STADIUM, 30 MAY 1998

Another good team of seniors travelled to West London for match two but this time we had only three under 15s and as a result the team could only get up to 4th position again and at the end of the day hovered four places from the bottom of the division.

Those under 15s might have been few in number but they did perform well. Both Rebecca Lester and Michelle Nestor set personal bests in the 200 metres while Louise Collier reduced her best 800 metres by a whole 15 seconds.

Hounslow, international Lyn Sprules threw a massive 58.20 metres in the hammer. For the Belles, new member Vicky Hassell upped her best ever performances in the javelin (by 4 metres), discus (another 4 metres) and shot (1 metre).

Senior Women

100m: 2, S.Scott 12.3; 4, J.Raji 13.4. 200m: 3, S.Scott 25.8; 3, J.Raji 27.3. 400m: 2, S.Roberts 58.3; 2, M.Simon 63.4. 800m: 4, T.Sturton 2:52.8; 4, C.Eastham 2:58.7. 1500m: 4, D.Hearn 5:29.1; 3, S.Stracey 5:43.9. 3000m: 4, N.Mills 12:55.2; 3, J.Moore 13:54.6. 100mH: 4, J.Cockram 20.2; 2, D.Kandros 20.2. 400mH: 4, J.Smiter 77.6; 4, C.Eastham 87.2. HJ: 4, J.Cockram 1.45; 2, J.Smiter 1.40. LJ: 2, S.Scott 5.20; 3, J.Smiter 4.13. TJ: 4, J.Cockram 8.22; 4, D.Kandros 7.77. PV: 1, J.Cockram 2.70; 1, M.Jones 1.90. SP: 3, V.Hassell 8.01; 4, G.Porter 6.77. DT: 3, V.Hassell 24.58; 2, G.Porter 22.13. JT: 4, G.Porter 26.45; 2, V.Hassell 25.88. HT: 2, G.Porter 27.95; 1, V.Hassell 21.70. 4x100m: 4, Belgrave (S.Roberts, D.Hearn, J.Raji, S.Scott) 54.2. 4x400m: 3, Belgrave (M.Simon 65.2, J.Smiter 70.0, S.Stracey 69.4, S.Roberts 59.9) 4:24.5.

Under 17 Women



A regular in Southern League sprint hurdles races — 17 year-old Danielle Kandaros

80mH: 4, D.Hearn 17.3. Under 15 Girls 100m: 5, M.Nestor 14.0; 5, L.Collier 16.0. 200m: 2, R.Lester 2:36.5; 2, M.Nestor 28.6. 800m: R.Lester 2:36.5; 4, L.Collier 2:51.9. HJ: 4, R.Lester 1.30; 2, M.Nestor 1.20. LJ: 5, L.Collier 3.08. Teams: 1, Puma TVH 217.5; 2, City of Southampton 178; 3, Braintree 150.5; 4, Belgrave 127; 5, Borough of Hounslow 121.

MATCH 3, ENFIELD, 27 JUN 1998

Constant rain throughout the afternoon made our plight even more miserable and with key people missing from the team we sank to 5th place. It rained so hard at one point that events had to be held up until the deluge eased off. One of those afternoons when it was good to get home!

Senior Women

100m: 3, S.Scott 12.5; 2, A.Abrams 13.3. 200m: 2, S.Scott 26.4; 3, J.Raji 29.2. 400m: 5, C.Eastham 75.8; 5, K.Delamos 81.7. 800m: 4, S.Stracey 2:42.1; 4, D.Hearn 2:44.4. 1500m: 5, D.Hearn 5:36.9; 3, S.Stracey 5:40.9. 3000m: 4, T.Sturton 11:40.3; 3, S.Howard 13:02.7. 100mH: 4, J.Cockram 21.7; 3, D.Kandros 19.8. 400mH: 5, J.Smiter 83.5; 4, S.Howard 79.7; 4, S.Howard 79.7. HJ: 3, J.Cockram 1.45; 4, D.Briggs 4.34. LJ: 1, A.Abrams 5.36; 4, D.Briggs 4.34. TJ: 5, J.Cockram 8.45; 4, J.Smiter 8.10. SP: 5, V.Hassell 8.26; 5, C.James 6.64. DT: 5, V.Hassell 19.49; 4,

D.Kandaros 16.16. JT: 4, J.Smiter 21.48; 3, V.Hassell 21.01. HT: 3, V.Hassell 24.02; 5, C.James 15.60. 4x100m: 3, Belgrave (D.Briggs, A.Abrams, J.Raji, S.Scott) 52.6. 4x400m: 5, Belgrave (K.Delamos, S.Stracey, J.Smiter, C.Eastham) 5:01.6.

Under 17 Women

80mH: 3, D.Briggs 13.3; 2, D.Hearn 17.3.

Under 15 Girls

100m: 6, M.Nestor 13.5; 4, G.Marek 14.2. 200m: 2, R.Lester 27.8; 2, G.Marek 29.7. 800m: R.Lester 2:37.2; 4, L.Collier 3:02.0. 75mH: 5, M.Nestor 15.8. HJ: 2, M.Nestor 1.35; 2, R.Lester 1.25. LJ: 5, G.Marek 3.60; 5, L.Collier 3.15. SP: 5, L.Collier 4.24. 4x100m: 5, Belgrave (M.Nestor, G.Marek, R.Lester, L.Collier) 59.3. Teams: 1, City of Oxford 195; 2, Brighton & Hove 177; 3, Wimborne 173; 4, Boro Enfield 163; 5, Belgrave 116.

MATCH 4, WALTON, 18 JUL 1998

Nearer to home at Walton we managed to notch up a lot of individual 2nd places in our battle to pull back some points. In our younger age group we even gained some wins but try as hard as we could, we still couldn't break out of 4th team place. The fight to avoid bouncing straight back to Division Three was beginning to look impossible to win.

One of the highlights of the afternoon was a double win from Rebecca Lester and Louise Collier in the under 15 800 metres, and Rebecca was involved in another double win when together with Michelle Nestor, they cleaned up in the high jump.

Senior Women

100m: 3, S.Scott 12.6; 3, D.Briggs 14.7. 200m: 2, S.Scott 26.2; 4, L.Burkin 34.2. 400m: 4, C.Eastham 76.5; 4, P.Tan 75.4. 800m: 4, S.Stracey 2:38.8; 4, D.Hearn 2:41.4. 1500m: 4, S.Howard 6:05.8; 4, J.Stone 6:22.6. 3000m: 2, T.Sturton 11:47.0; 2,



St. Ives, Huntingdon — and another soaking for Track Judge Richard Hearn.

MATCH 5, PORTSMOUTH, 22 AUG 98

Up against division leaders Horsham Blue Star, the team did really well, starting off the afternoon by holding the Sussex club back and actually leading the match for a while. You can't say the Belles don't try! The 400 metres was particularly exciting and had a strong Belgrave interest as Sarah Roberts fought off Horsham's (and second-claim Belgrave's) Vicky Pincott. In the 'B' race it was the same again as Marcella Simon again held Horsham at bay. Sabrina Scott gained good points in the sprints and then took just two jumps to mop up the 'B'

long jump while Angela Abrams gained maximum points in the 'A' competition. A double win came our way in the pole vault thanks to Julia Cockram and Maureen Jones — but in spite of all this, in a desperately close match, were again 4th.

Senior Women

100m: 1, S.Scott 12.4; 2, A.Abrams 12.9. 200m: 1, S.Scott 25.4; 4, P.Tan 31.4. 400m: 1, S.Roberts 58.5; 1, M.Simon 62.5. 800m: 3, S.Stracey 2:37.5; 5, C.Eastham 2:48.7. 1500m: 4, D.Hearn 5:39.5; 3, S.Stracey 5:40.6. 3000m: 3, T.Sturton 11:41.8; 2, N.Mills 12:44.6. 100mH: 4, D.Kandaros 19.9; 3, J.Cockram 19.3. 400mH: 5, J.Smiter 81.0; 4, D.Hearn 83.2. HJ: 5, J.Cockram 1.50; 4, J.Smiter 1.40. LJ: 1, A.Abrams 5.59; 1, S.Scott 5.09. TJ: 3, A.Weah 9.59; 2, J.Smiter 8.92. PV: 1, J.Cockram 2.70; 1, M.Jones 1.60. SP: 5, A.Weah 7.95; 4, V.Hassell 7.81. DT: 5, A.Weah 25.75; 2, V.Hassell 22.70. JT: 3, V.Hassell 25.90; 1, A.Weah 23.58. HT: 2, V.Hassell 28.67; 2, M.Jones 22.92. 4x100m: 3, Belgrave (D.Kandaros, J.Smiter, A.Abrams, S.Scott) 53.0. 4x400m: 4, Belgrave (M.Simon 66.3, P.Tan 81.0, C.Eastham 72.2, S.Stracey 69.5) 4:49.0.

Under 17 Women

80mH: 4, D.Hearn 17.6; 3, S.Lulukwago 21.5.

Under 15 Girls

100m: 4, M.Nestor 13.8; 3, G.Marek 14.0. 200m: 3, R.Lester 28.9; 4, M.Nestor 28.8. 800m: 4, R.Lester 2:53.6; 4, L.Collier 2:46.8. 1500m: 5, G.Marek 6:31.1; dnf B.Tan. 75mH: 5, B.Tan 26.8; 4, V.Oshodin 16.1. HJ: 1, M.Nestor 1.45; 1, R.Lester 1.30. LJ: 4, G.Marek 4.11; 5, L.Collier 2.52. SP: 4, F.Clark 6.53; 5, L.Collier 3.00. DT: 4, F.Clark 15.14; 4, V.Oshodin 14.57. JT: 3, F.Clark 12.65; 5, V.Oshodin 6.67. 4x100m: 4, Belgrave (M.Nestor, G.Marek, L.Collier, R.Lester) 57.4. Teams: 1, Horsham Blue Star 202; 2, Portsmouth 178; 3, Worthing 171; 4, Belgrave 161; 5, Cornwall 129Ω

MATCH 6, ST. IVES, HUNTINGDON, 5 SEP 1998

One day we'll have a fine day at this Huntingdonshire track. With hardly any shelter and the rain sweeping across the stadium all afternoon it was another soaking for the Belles as they put in their best efforts in the search for points. The pole vault and under 15 high jump were both cancelled due to the dangerous conditions — a shame because these are two of our strongest events — and even Sarah Roberts had a tough day, unable to hold on to the lead in the 400 metres. We had a few wins in the 'B' string events and a double win in the senior high jump but with yet another 4th team place we had to face up to the fact that it was going to be back to Division Three for us next season.

100m: 5, A.Abrams 13.5; 5, M.Simon 13.8. 200m: 5, D.Briggs 31.0; 3, A.Abrams 28.4. 400m: 2, S.Roberts 58.3; 3, M.Simon 66.1. 800m: 5, C.Eastham 2:53.5; 3, T.Sturton 2:50.8. 1500m: 5, D.Hearn 5:44.7; 5, S.Stracey 5:59.0. 3000m: 3, T.Sturton 11:47.9; 2, N.Mills 12:42.7. 100mH: 4, D.Kandaros 20.7; 3, J.Cockram 20.7. 400mH: 3, J.Smiter 80.6; 2, D.Hearn 83.6. HJ: 1, J.Cockram 1.45; 1, J.Smiter 1.30. LJ: 3, A.Abrams 5.16; 4, D.Briggs 4.50. TJ: 2, S.Roberts 10.55; 3, A.Weah 8.76. PV: cancelled. SP: 3, V.Hassell 8.89; 3, A.Weah 7.73. DT: 3, A.Weah 19.96; 2, V.Hassell 16.59. JT: 2, G.Porter 28.99; 1, V.Hassell 23.81. HT: 3, G.Porter 28.76; 3, V.Hassell 20.64. 4x100m: 4, Belgrave (D.Kandaros, D.Briggs, A.Abrams, S.Roberts) 54.8. 4x400m: 5, Belgrave (T.Sturton 81.9, C.Eastham 73.6, D.Hearn 75.7, J.Smiter 82.3).

Under 17 Women

80mH: 3, D.Briggs 14.3; 3, D.Hearn 17.6.

Under 15 Girls

100m: 5, M.Nestor 14.5; 4, G.Marek 14.4. 200m: 2, R.Lester 28.8; 4, M.Nestor 30.5. 800m: 5, R.Lester

WOMEN'S SOUTHERN LEAGUE DIVISION 2 1998

1.	Horsham Blue Star	30	1199½
2.	Brighton & Hove	28	1192
3.	Puma TVH	26	1147
4.	Thurrock H	28	1134
5.	Herne Hill H	24	1110½
6.	Huntingdon AC	24	1078
7.	City of Oxford AC	21	1063
8.	City of Southampton	20	1048
9.	Crawley AC	22	1035
10.	Walton AC	20	988
11.	Wycombe Phoenix	17	977½
12.	Reading AC	16	970
13.	Braintree AC	17	937½
14.	Bracknell AC	17½	924
15.	Worthing & Dist. H	16	923
16.	City of Portsmouth	13	916
17.	Boro' Enfield H	13	912
18.	Bromley Ladies AC	16	901
19.	Wimborne AC	14	862
20.	Boro' Hounslow	13½	861½
21.	Milton Keynes AC	12	852½
22.	Hillingdon AC	12	832
23.	Belgrave H	10	830
24.	Peterborough AC	11	721
25.	Corwall AC	8	715½

2:45.4; 4, L.Collier 2:48.0. 1500m: 5, L.Blake 6:46.6; 5, G.Marek 6:36.1. 75mH: 5, V.Oshodin 17.4. HJ: cancelled. LJ: 4, G.Marek 4.11; 5, L.Collier 3.00. SP: 5, F.Clark 6.32; 5, L.Collier 4.04. DT: 3, F.Clark 17.26; 4, V.Oshodin 13.33. JT: 4, F.Clark 7.68; 5, V.Oshodin 7.92. 4x100m: 4, Belgrave (M.Nestor, G.Marek, L.Collier, R.Lester) 58.2. Teams: 1, Huntingdon 218; 2, Wycombe 196; 3, Bromley 163; 4, Belgrave 137; 5, Hillingdon 127.

Down — but not out. Hopefully these smiling young ladies will be with us for many years to come. Lucinda Blake, Genya Marek and the mighty atom Louise Collier take shelter beneath a Belgrave umbrella at St. Ives.



Photos: Alan Mead



The Belgravian, March 1999

Southern League Bels unbeaten in 1998

LADYWELL, 2 MAY 1998

A tremendous string of results came from our Men's Southern League Team in 1998. From the instant that the gun was fired in the very first race at Ladywell it was Belgrave all the way, highlights being a Division Record from Darren Campbell in the 200 metres and a nice series of performances from a man getting into Decathlon mode — Du'aine Ladejo. Simon Shirley, decathlete and Commonwealth Games medallist, was also on hand to push the points score along but not all records were set by those with an eye on international events later in the season — John Druce celebrated his entry into the veteran ranks with an M40 Triple Jump club record.

After the first match Belgrave headed the Division thanks to a massive haul of 146 points.

100m: 1, J.Fergus 11.1; 2, D.Akinbogun 11.9. 200m: 1, D.Campbell 21.5; 1, M.Parper 22.9. 400m: 1, J.Hilston 50.5; 1, R.David 51.1. 800m: 1, C.Gilby 1:57.5; 1, S.Baldock 2:00.2. 1500m: 1, C.Gilby 4:07.8; 1, R.Alsop 4:07.9. 5000m: 4, R.Metalle 17:30.4; 4, D.Anderson 17:52.7. 110mH: 1, D.Ladejo 15.7; 1, S.Exley 16.5. 400mH: 1, J.Squirrel 57.5; 2, D.Crook 67.1. 3000mSC: 4, P.MacDonald 11:25.9. HJ: 1, S.Oni 1.95; =4, R.David 1.00. LJ: 1, D.Ladejo 7.16; 1, S.Exley 6.32. TJ: 4, J.Druce 11.80; 3, D.Crook 11.30. PV: 1, S.Exley 3.30; 3, J.Squirrel 2.20. SP: 1, S.Shirley 13.85; 1, M.Small 12.70. DT: 1, M.Small 41.05; 2, D.Ladejo 35.72. JT: 1, S.Shirley 53.35; 1, M.Small 44.64. HT: 3, M.Small 44.94; 5, R.Bridges 22.42. 4x100m: 1, Belgrave (J.Fergus, D.Campbell, M.Parper, D.Akinbogun) 43.4. 4x400m: 1, Belgrave (D.Akinbogun 53.5, N.Molloy 52.0, J.Hilston 52.2, R.David 51.9) 3:29.6. Teams: 1, Belgrave 146; 2, Kent 118; 3, Epsom & Ewell 109; 4, Cambridge & Coleridge 97; 5, London Irish 42.

BATTERSEA PK, 16 MAY 1998

A home meeting gave the Bels a chance to pile on even more pressure in the push for promotion, our final tally being a huge 153 points. That must surely be the most we have ever scored in a Southern League match. It was nice to pick up maximum scores in the 1500 metres — we don't do that too often. Until the last time down the back straight it looked young Kevin Quinn's race but then Ray Foley threw in a blistering finish to gain a clear win. There was more fine sprinting from Ladejo and Marlon Dickson but once again two veterans got on the scoring sheet in a big way

as Jim Estall and Steve Fowler took both first places in the 5k. Actually, we say two veterans but what about that Mike Small? At every single match he tackles two, three or even four throws — and usually picks up top points. He's 45 come 1999 and is still shooting for lifetime pbs.

100m: 1, D.Ladejo 10.8; 3, M.Miller 11.7. 200m: 1, M.Dickson 21.7; 1, M.Peacock 23.2. 400m: 2, R.David 49.6; 1, D.Akinbogun 50.8. 800m: 3, G.Adams 2:04.1; 4, D.Anderson 2:35.2. 1500m: 1, R.Foley 4:06.5; 1, K.Quinn 4:09.1. 5000m: 1, J.Estall 15:21.1; 1, S.Fowler 16:38.7. 110mH: 1, D.Ladejo 15.0; 2, M.Miller 18.1. 400mH: 1, J.Squirrel 56.1; 5, M.Peacock 63.7. 3000mSC: 1, G.Adams 10:00.7; 2, M.Bizio 10:28.6. HJ: 3, M.Miller 1.85; 1, J.Tuson 1.80. LJ: 1, D.Ladejo 6.91; 4, M.Peacock 5.32. TJ: 1, J.Tuson 12.75; 1, J.Druce 11.56. PV: 2, J.Webb 4.20; 2, T.Lawton 3.10. SP: 1, S.Shirley 14.12; 2, M.Small 11.10. DT: 3, S.Shirley 37.34; 2, P.Lyttle 30.30. JT: 1, S.Shirley 57.37; 1, D.Ladejo 49.20. HT: 1, M.Small 42.00; 2, R.Bridges 29.31. 4x100m: 1, Belgrave (D.Akinbogun, J.Tuson, M.Miller,



Photos: Alan Mead



Clive Gilby boosted the middle-distance points at Ladywell in match 1

M.Dickson) 44.2. 4x400m: 1, Belgrave (D.Akinbogun 51.8, N.Molloy 50.8, J.Panton 50.0, R.David 56.1) 3:28.7. Teams: 1, Belgrave 153; 2, Worthing 112; 3, Southend 98; 4, Winchester 94; 5, Cornwall 70.

MILTON KEYNES, 6 JUN 1998

At Milton Keynes much of the pre-match discussion was focused on "who was going to do our 400 metres 'A' string — Richard David or James Hilston. James has always had the edge in the past but this year has been suffering from a stomach disorder which has restricted his training and consequently his race performances. Richard, on the other hand, is looking stronger and faster than ever and was not far short of beating Michael Parper in the Surrey Champs. Somehow or other they came to an agreement — and then both of them got beaten by a very powerful Milton Keynes pair! Ray Foley ran for a point in the 800m prior to getting outgunned over the last half lap in the 'A' 1500m. The steeplechase was next up and as this match was looking a lot tighter than the previous two, he decided he'd have another run round for a point. As the race progressed he gained in confidence and technique and ended up leaving the meeting pondering an athletics career move to the 'chase. James Tuson turned on a double win in high jump and triple — where John Druce again upped his veteran record.

100m: 1, D.Ladejo 10.9; 2, D.Akinbogun 11.4. n/s R.David 11.2; M.Peacock 11.5; M.Livingstone 11.5. 200: 1, D.Akinbogun 23.2; 1,

N.Molloy 23.3. 400m: 2, J.Hilston 49.5; 2, R.David 49.9. 800m: 5, R.Foley 2:05.3; 5, J.Druce 2:39.4. 1500m: 4, R.Foley 4:12.5; 3, D.Anderson 5:06.4. 5000m: 3, M.Nouch 16:36.9; 4, D.Anderson 17:58.0. 110mH: 4, M.Peacock 21.1; 3, R.Bridges 24.9. 400mH: 1, J.Squirrel 58.3; 1, A.Ferns 56.1. 3000mSC: 2, R.Foley 10:12.8; 5, D.Anderson 13:02.6. HJ: 1, J.Tuson 1.80; 1, J.Hilston 1.75. LJ: 4, M.Peacock 5.66; 4, J.Panton 4.84. TJ: 1, J.Tuson 12.99; 2, J.Druce 12.19. PV: 2, J.Webb 4.30; 5, R.Bridges 1.50. SP: 3, M.Small 12.29; 1, D.Ladejo 11.90. DT: 1, M.Small 40.78; 1, D.Ladejo 37.96. JT: 5, M.Small 41.89; 3, D.Ladejo 41.54. HT: 2, M.Small 44.35; 3, R.Bridges 26.73. 4x100m: 1, Belgrave (M.Livingstone, N.Molloy, J.Panton, D.Akinbogun) 45.3. 4x400m: 1, Belgrave (M.Peacock 51.1, J.Panton 50.4, J.Hilston 50.3, R.David 50.1) 3:21.9. Teams: 1, Belgrave 127; 2, Milton Keynes 112; 3, Chelmsford 109; 4, Sutton & Dist 107; 5, Reading 76.

BATTERSEA PK., 4 JULY 1998

Back at Battersea for match four and up against our main rivals Newham & Essex Beagles, another huge win more or less sealed our promotion prospects. Throwers Lee Newman and Leith Marar made welcome SL appearances and together with Mike Small and, surprisingly, Michael Peacock the heavy events were big earners. Lee's 59.51 discus throw was a division record. Andrew Walcott spiced up the sprints and again the 5,000 metres gave us a maximum as Gary Staines and Jim Estall ran away from the field. It was Junior Galley's turn to impress in the steeplechase as both he and Marcello Bizio battled to gain 'A' string honours.

100m: 2, D.Akinbogun 11.1; 2, M.Peacock 11.4. 200m: 1, A.Walcott

Ray Foley scored well for the Southern League team in 1998 but isn't enjoying his outing in the warm conditions of the Surrey County 5,000 metres at Kingsmeadow.

21.6; 3, N.Molloy 23.3. 400m: 2, J.Panton 51.7; 1, D.Akinbogun 51.2. 800m: 2, Z.Ashkanasy 1:59.7; 1, S.Baldock 1:59.7. 1500m: 1, R.Foley 4:04.2; 1, D.Pamah 4:21.5. 5000m: 1, G.Staines 14:53.9; 1, J.Estell 15:15.0. 110mH: 1, S.Exley 15.6; 1, I.Wells 16.0. 400mH: 2, I.Wells 56.8; 1, J.Squirrell 59.4. 3000mSC: 2, J.Galley 10:09.3; 1, M.Bizio 10:14.2. HJ: 2, S.Exley 1.80; 2, R.David 1.60. LJ: 4, S.Exley 5.52; 2, S.Clarke 5.52. TJ: 4, J.Druce 10.87; 4, M.Peacock 10.27. PV: 2, T.Lawton 3.00. SP: 1, L.Newman 15.07; 1, M.Small 13.32. DT: 1, L.Newman 59.51; 1, L.Marar 54.26. JT: 2, M.Small 44.78; 1, M.Peacock 43.09. HT: 1, M.Small 46.50; 2, R.Bridges 26.74. 4x100m: 1, Belgrave (D.Akinbogun, R.David, M.Peacock, A.Walcott) 43.4. 4x400m: 2, Belgrave (M.Peacock 52.9, N.Molloy 52.8, J.Panton 51.1, R.David 49.6) 3:26.4. Teams: 1, Belgrave 151; 2, Newham & Essex Bgls 125; 3, Exeter 110; 4, Harrow 70; 5, Bracknell 63.

BATTERSEA PK., 25 JUL 1998

It was five outings and five wins for the SL team as, incredibly, we enjoyed yet another meeting on our home patch. Another fine run came from Junior Galley in the 'chase and others who regularly chalk up good points — and did it again — were Jon Squirrell in the long hurdle race and Jamie Webb in the 'vault. With one match to go could we hold everything together and go through the season unbeaten?

100m: 1, J.Hilston 11.0; 1, R.David 11.1. 200m: 1, R.David 22.2; 2, J.Panton 22.9. 400m: 4, M.Peacock 50.4; 1, D.Akinbogun 50.2. 800m: 2, D.Pamah 1:57.8; 5, D.Anderson 2:29.5. 1500m: 4, A.Stewart 4:22.1; 4, D.Pamah 4:42.4. 5000m: 2, A.Stewart 15:36.7; 3, P.Carstairs 16:38.7. 110mH: 3, I.Wells 15.9; 3, M.Miller 17.7. 400mH: 2, I.Wells 55.9; 1, J.Squirrell 57.9. 3000mSC: 2,

J.Galley 10:05.2; 2, M.Bizio 10:16.9. HJ: 2, M.Miller 1.80; 3, R.David 1.60. LJ: 2, J.Hilston 6.30; 2, I.Wells 5.68. TJ: 4, J.Druce 11.47; 4, M.Peacock 9.35. PV: 1, J.Webb 4.20; 5, R.Bridges 1.10. SP: 1, M.Small 12.94; 2, P.Lytle 10.71. DT: 1, M.Small 41.22; 1, P.Lytle 29.62. JT: 1, M.Small 47.51; 4, P.Lytle 30.77. HT: 1, M.Small 44.98; 1, R.Bridges 25.88. 4x100m: 1, Belgrave (D.Akinbogun, I.Wells, J.Panton, R.David) 44.2. 4x400m: dq Belgrave (M.Peacock 52.2, D.Akinbogun 51.5, J.Panton 50.9, R.David 49.2). Teams: 1, Belgrave 131; 2, Swindon 119; 3, Guildford & Godalming 102; 4, Serpentine 93; 5, Wycombe Phoenix 88.

PORTSMOUTH, 15 AUG 1998

... And the answer was, "Yes" — a maximum possible score of 30 league points had been achieved. However, we must not lose sight of the fact that this, our furthest match from London, saw us turn up with no 5,000 metre runners, just one 1,500 metre man, one 'chaser and a veteran triple jumper our only "competitor" in the 800 metres. Even our two 400 metre hurdlers were pressganged. There is no way that we will survive in Division One next season unless we get some middle distance men prepared to travel.

It was good to see Nick Dawson back in action over 200 metres and James Flavin had a great afternoon: his first ever 400 metres hurdles resulted in a fine win in 58.9 and for good measure he ran 22.6 over half a lap for more top points.

James Hilston's health problems, whilst restricting his 400 metres outings, did at least give him the chance to tackle a few more rarely attempted events — and he came up with an impressive triple jump win in 13.55. Let's pay tribute to a couple of other men who always get near the front and who have contributed so much to the season's success — sprinters Dotun Akinbogun and Joe

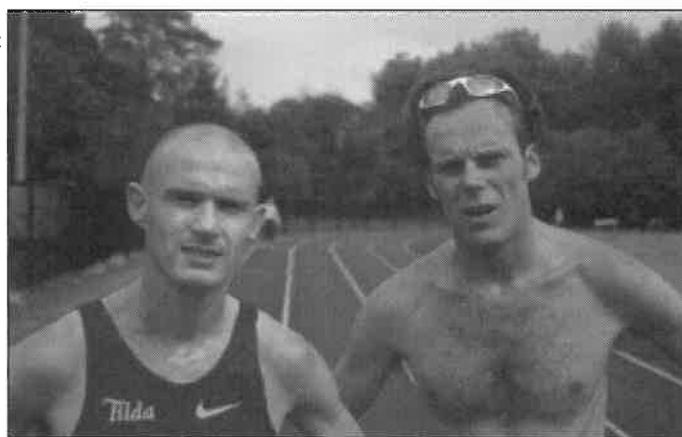


Photo: Clive Shippen

Panton. Both did the business in their individual events and then contributed greatly to further maximums in both relays.

100m: 1, J.Hilston 11.0; 1, D.Akinbogun 11.2. 200m: 1, N.Dawson 22.0; 1, J.Flavin 22.6. 400m: 2, D.Akinbogun 50.9; 1, J.Panton 51.4. 800m: 5, J.Druce 2:52.6. 1500m: 4, R.Foley 4:11.0. 110mH: 1, D.Ladejo 16.2; 1, S.Exley 15.9. 400mH: 1, J.Flavin 58.9; 5, R.Foley 77.7. 3000mSC: 3, R.Foley 10:19.0. HJ: 1, S.Oni 1.95; 3, J.Hilston 1.60. LJ: 3, J.Hilston 6.20; 1, S.Exley 6.08. TJ: 1, J.Hilston 13.55; 1, J.Druce 11.89. PV: 1, D.Ladejo 3.80; 1, S.Exley 3.50. SP: 1, D.Ladejo 13.66; 1, M.Small 12.55. DT: 1, D.Ladejo 41.64; 1, M.Small 40.86. JT: 5, N.Dawson 39.57; 4, J.Urquhart 39.17. HT: 1, J.Urquhart 57.86; 1, M.Small 43.34. 4x100m: 1, Belgrave (D.Akinbogun, D.Ladejo, J.Panton, N.Dawson) 42.6. 4x400m: 1, Belgrave (J.Panton 52.3, N.Molloy 52.0, D.Akinbogun 50.8, J.Hilston 49.1) 3:24.2. Teams: 1, Belgrave 131; 2, Basildon 111; 3, Herc. Wimbledon 109; 4, Ealing Southall & Middx 96; 5, Royal Navy 85.

A double 5,000 metres win from Messrs. Estall and Staines at Battersea Park

SOUTHERN LEAGUE DIVISION 2 1998

1.	Belgrave H.....	840	..	30
2.	Newham & Essex ...	760	1/2	.. 27
3.	Swindon AC	771	..	26
4.	Worthing	737	1/2	.. 26
5.	Kent AC	720	..	24
6.	Basildon AC	667	..	23
7.	Epsom & Ewell H ..	683	..	21
8.	Ealing, S&M	692	..	20
9.	Guildford & God	666	..	19
10.	Serpentine Runners ..	630	..	19
11.	London Irish	624	..	19
12.	Harrow	609	..	19
13.	Cambridge & Col. ...	643	1/2	18 1/2
14.	Sutton & District	605	..	18
15.	Winchester	639	1/2	.. 17
16.	Milton Keynes AC ..	627	1/2	.. 16
17.	Exeter	616	1/2	.. 15
19.	Cornwall AC	567	..	14
20.	Royal Navy	603	..	12
21.	Hercules Wimb	534	1/2	.. 12
22.	Southend on Sea	527	..	12
23.	Wycombe Phoenix ...	541	..	11
24.	Bracknell	508	1/2	.. 9 1/2
25.	Reading AC	410	1/2	.. 7

Touch and go - but the girls just miss out

JUBILEE CUP, FIRST ROUND, DEANGATE, 14 JUN 1998

With just one per event there were high hopes that we might just sneak through into the second round of this knockout competition — even though only the winners progress. It was touch and go throughout the afternoon with good points collected by Sabrina Scott in the sprints and Sarah Roberts in the 400 metres and triple jump. Even joint team manager Jacqui Smiter got in on the winning act by picking up top score in the pole vault but in the end it was the local club that prevailed. If we'd had one strong middle distance runner we probably would have done it. All credit to young Debbie Hearn for turning out in the 1500 metres even though she was suffering from a bruised head, the result of a crash in Dad's van!

100m: 1, S.Scott 12.6. 200m: 1, S.Scott 26.3. 400m: 1, S.Roberts 57.2. 800m: 5, J.Stone 2:49.4. 1500m: 6, D.Hearn 5:37.6. 3000m: 5, J.Stone 13:36.3. 100mH: 4, J.Smiter 20.6. 400mH: 4, J.Smiter 79.6. HJ: 4, D.Briggs 1.30. LJ: 2, A.Abrams 5.41. TJ: 1, S.Roberts 11.07. PV: 1, J.Smiter 1.60. SP: 5, C.James 7.16. DT: 4, G.Porter 21.84. JT: 3, G.Porter 28.48. HT: 2, G.Porter 29.60. 4x100m: 2, Belgrave (S.Roberts, D.Briggs, A.Abrams, S.Scott) 51.9. 4x400m: 2, Belgrave (M.Simon, S.Scott, J.Smiter, S.Roberts) 4:37.8.

Teams: 1, Medway 138; 2, Belgrave 114; 3, Basildon 94; 4, Tonbridge 92; 5, GEC Avionics 44; 6, Hastings 43.

Centre Page Photos by Mark Shearman

Starting top left, clockwise:- Matt Yates (right) gave one of his best ever Games performances in Budapest, placing 6th in a highly tactical 1500 metres final. John Mayock (left) was 5th and Tony Whiteman (centre) was 4th. No medals but it was great to see all three Brits well in contention in a European Games final again.

The mighty Mick Jones. In far-off Kuala Lumpur a Commonwealth Games silver medal in the hammer throw was repayment for all those hours of practice in a farmer's field in Dorking, Surrey.

A Belgrave one-two in the European Games 100 metres! Silver for Dwain Chambers and gold for Darren Cambell.

Relaxed and smooth, Darren Campbell eases to an impressive win in the early rounds of the 100 metres at Budapest.

Giant Dave Smith, not quite up to his 1997 form but 5th in the Commonwealth Games hammer throw can't be bad.

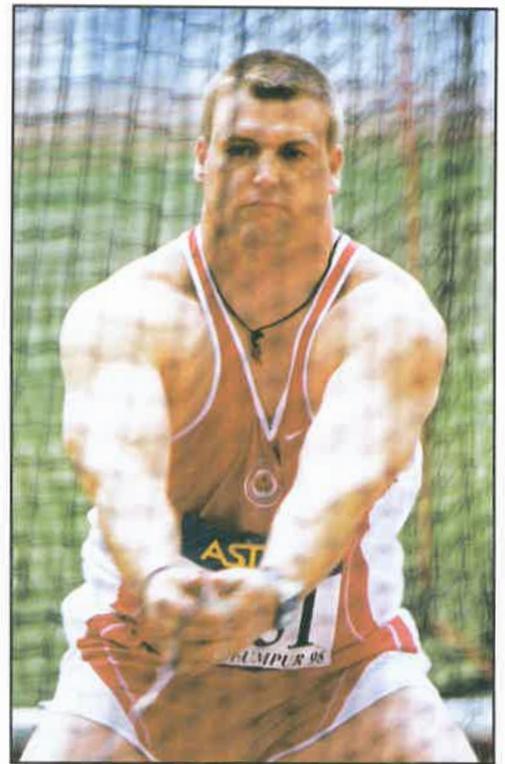
Dwain Chambers gives Papadias some eyeball contact after the Greek dared to head the Belgrave man by 1/100th of a second in the 100 metres first round.

A late qualifier for the 'Europeans', Brendan Reilly had to settle for =9th in the high jump final after shooting for 2.32m and a top five position.

The tall figure of Jason Lobo —800 metre action at the Bukit Jalil Stadium, Kuala Lumpur.

Middle:- Coming back from an early season ruined by injury, sprint hurdler Andy Tulloch reached the semi-finals in Budapest and then turned on a season's best of 13.57 in Kuala Lumpur.

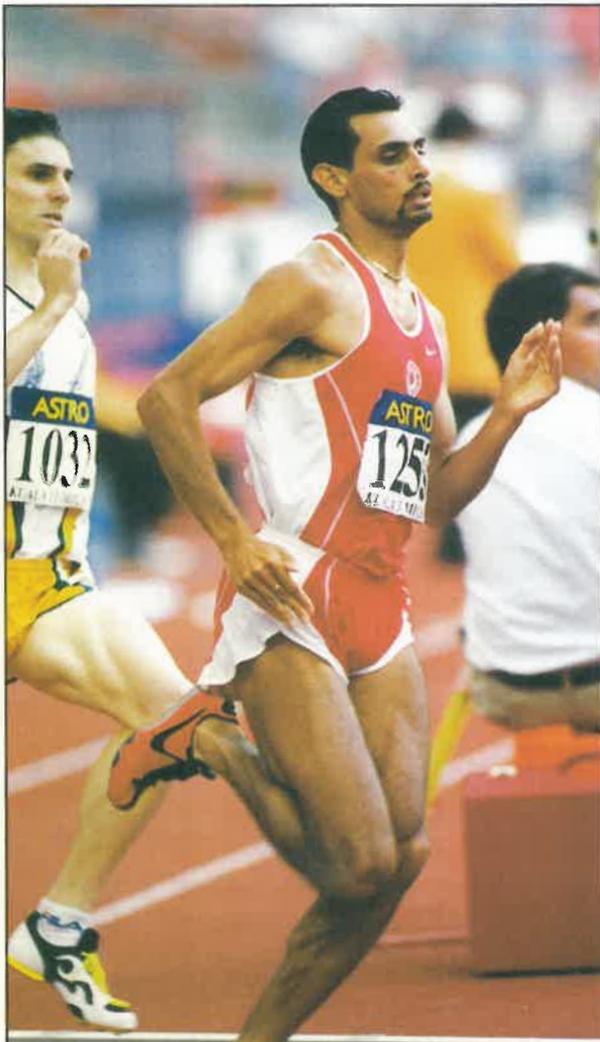
Ben Challenger (left) had to settle for silver in the high jump thanks to another super performance from Haringey's Dalton Grant (right).

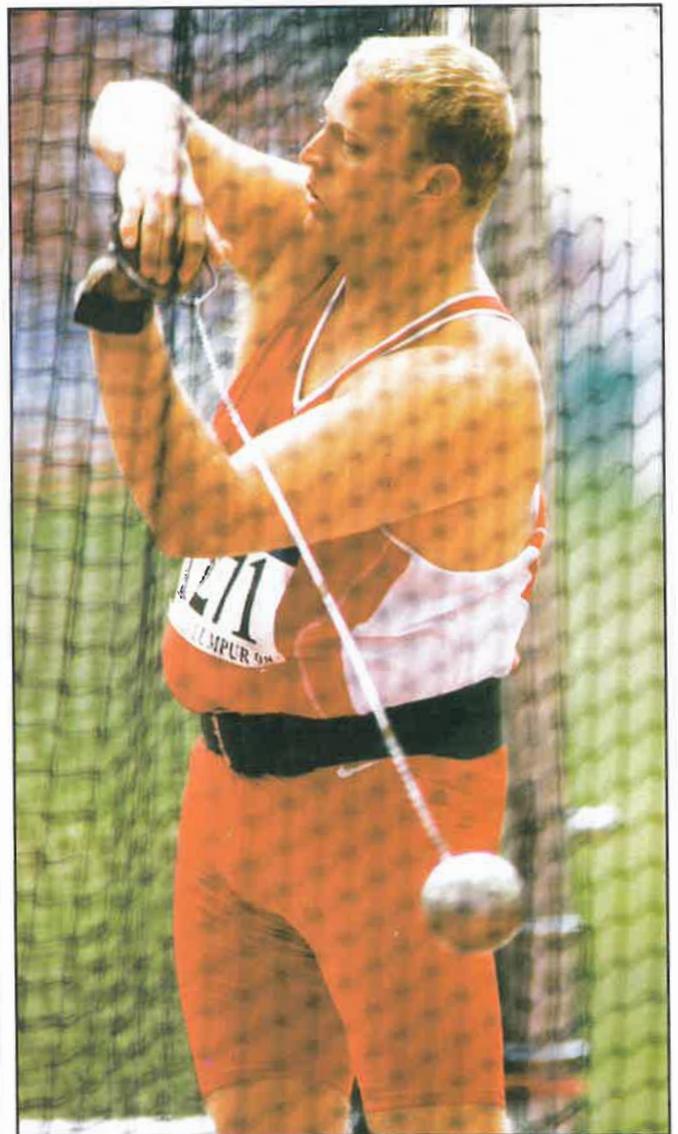
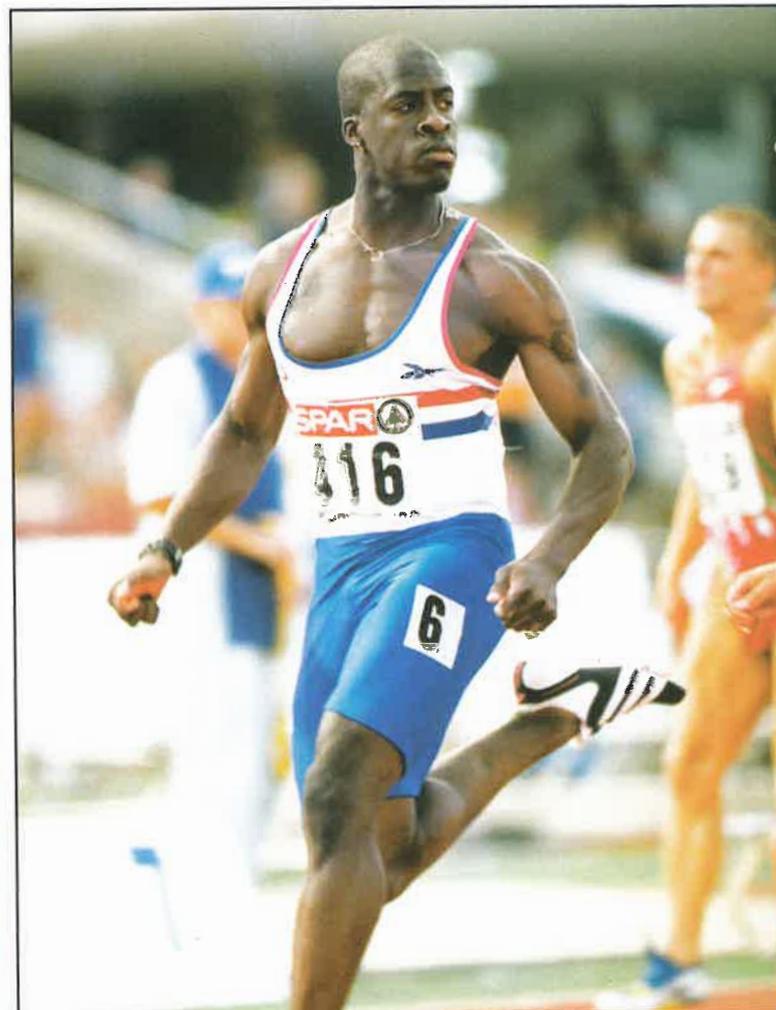
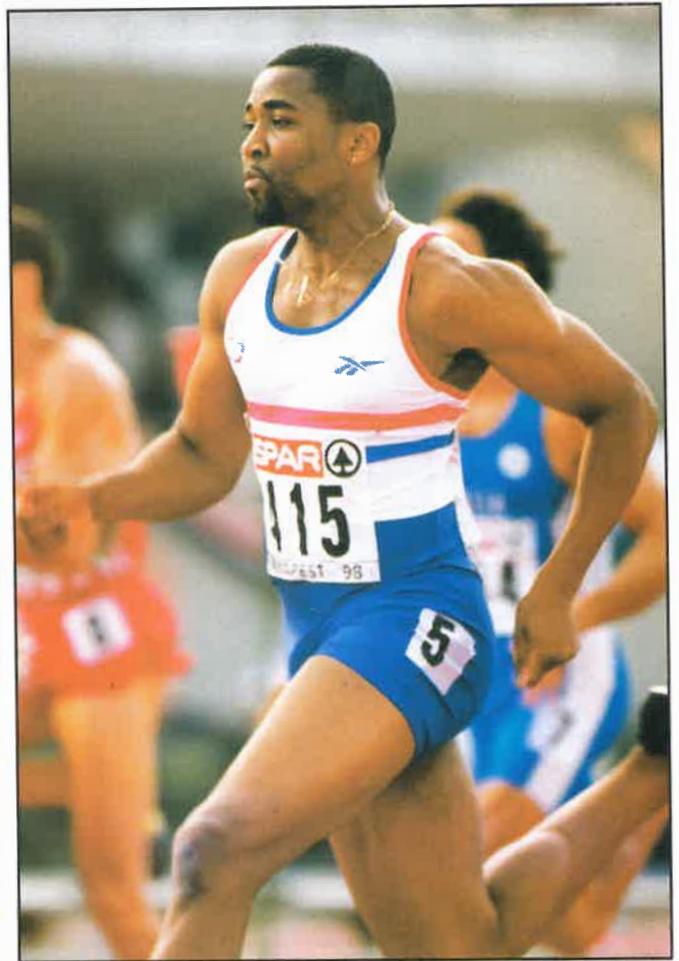


**European Championships, Budapest
& Commonwealth Games,
Kuala Lumpur 1998**

photography by Mark Shearman

See previous page for captions





Rosenheim Plate still in Belgrave hands

Our mid-week Rosenheim League success story continued in 1998 as for the fifth consecutive time Belgrave's name was added to the two splendid Rosenheim Plates. Although the Eastern League Division and Final results were as emphatic as ever, just once or twice it looked as if we might get pipped for a match win as first Sutton & District got within 4 match points of the Bels, and then Hercules Wimbledon got almost as close with a 5 point deficit and then 4 points for match six as they made a fighting attempt to get into the final. Their tally for the whole season was higher than Croydon's but they just missed out by a single league point. Sutton & District were successful, however, and it was good to see their delight at having made it.

We held our home, opening, match at Tooting in the vain hope that a few extra officials from other clubs might be encouraged to show up through not having to travel to Battersea — but it didn't work out that way and the triple jump was cancelled as a result of there being no judges. As usual we were strong in the sprints, not quite so strong in the middle-distance (no-one for the 1500m) and solid on the field. For match two it was a similar story — this time an empty 800m berth and no high hurdler — but we still hung on for the win.

Match three: Croydon is always the most unpopular venue due to the fact that the meeting invariably starts late thanks to an over-running schools event. This year, however, the evening was enlivened by a super race from Ray Foley in the 3000 metres where he decimated his previous best by sticking to Herne Hill's (and Blackheath's) Dave Taylor like a limpet until with 600 metres remaining he just had to let go. Also a fine league record came from Lee Newman in the discus as he added some four metres to the previous best. But again we were short of an 800 metre man and, unusually, a pole vaulter.

Back to Tooting as the second half of the league was entered. This time we looked a lot stronger but were hit early on in the meeting when the normally so reliable Richard David found himself ruled out of the 100 metres by two false starts. M50 Alan

Painter came to our rescue by stepping into the scoring 800 metre race, thereby giving us our first full team of the series.

There was fun at Sutton when the home club were unable to procure the services of a starter. Someone duly stepped in with whistle and handkerchief but of course, what with the dodgy starting and the gale at the athletes' backs, the sprint times were just a little bit suspect! A cagey victory came from Paul Coughlan in the 3 kms. where he studiously avoided doing too much work in the front rank with that ferocious wind down the back straight — and then let rip over the final 200 metres.

And so to match six. We were already assured of being Eastern Division winners but still turned out a strong team that was boosted by a superb high jump competition. The league record of 2.00 metres had been shared by four athletes — and that became six as both Richard Aspden and Samson Oni went clear at their first attempts. Maximum points for us but it was far from over as both men also took 2.05 first time and then tackled 2.10. Non-scorer Samson came so close but had to give best to Richard at this height who then went on to unsuccessfully attempt 2.15.

Ray Foley celebrated by waving to the onlookers as the announcer broadcast the fact that it was his birthday — and then helped himself to the present of six match points as he led home a Belgrave 1, 2, 3 in the 3000m.

The final — and the stakes were increased. A nervous Team Manager left her squad in charge of John Jeffery, Ray Foley and the young sprinters as she went off to watch the European Championships in Hungary. She needn't have worried; a 'phone call from Budapest's Népstadion back home to London revealed that the Plate was still in Belgrave hands. Lee Newman was the star of the evening as he launched a massive discus series of — 55.93, 56.45, 54.55, 56.50, 54.66, x — to twice break his own Rosenheim Record.

Marlon Dickson ended the Rosenheim season as he had started, by winning the 100 metres, but here we must pay credit to all the sprinters — Richard David, James Hilston, Dotun Akinbogun, Joe Pantan, Michael Peacock, Nick Molloy and others. They have been a real driving force behind the Rosenheim win streak and in the last 4 x200 of the summer they turned on a spirited display to gain revenge over Herne Hill for match 6 and clock their fastest time of the season to boot.

TOOTING, 20 MAY 1998

100m: 1, M.Dickson 11.1; n/s a 2, J.Hilston 11.0; 3, P.Goedluck 11.1; 4, R.David 11.1; 5, J.Jones 11.5. b 1, S.Exley 11.4; 2, M.Livingstone 11.6. c 6, C.Manning 18.7. 200m: 1, M.Dickson 22.2; n/s a 1, R.David 22.2; 2, J.Hilston 22.3; 3, D.Akinbogun 22.8; 6, M.Miller 24.0.

b 1, M.Peacock 23.3; 2, N.Molloy 23.5. 400m: 1, P.Goedluck 49.6; n/s 1, S.Exley 50.9; 2, J.Panton 51.2; 3, Z.Ashkanasy 52.7; 5, C.Husbands 56.3. 800m: 4, S.Smullen 2:09.4; n/s 5, Vicky Pincott 2:23.0; 9, Syretta Stracey 2:37.0. 3000m: 3, R.Alsop 8:42.2; 4, R.Foley 8:49.1. 400mH: 2, M.Peacock 64.2. PV: 1, J.Webb 4.20; 6, T.Lawton (M55) 3.00; 8, C.Husbands 2.80. DT: 1, M.Small 41.38; 5, P.Lyttle 34.05. HT: 4, M.Small 42.94; 7, R.Bridges 28.10. 4x200m: 1, Belgrave (N.Molloy, D.Akinbogun, R.David, P.Goedluck) 1:31.8.

Teams: 1, Belgrave 57; 2, Sutton & D 53; 3, Herne Hill 45; 4, Croydon 29; 5, South London 26; 6, Hercules Wimb. 25.

TOOTING, 3 JUN 1998

100m: 1, R.David 11.4; n/s a 1, J.Hilston 11.1; 3, J.James 11.3; b 4, C.Manning 18.5. 200m: 1, D.Akinbogun 23.5; n/s a 1, J.Hilston 22.3; 3, R.David 22.5; 4, N.Molloy 23.1; 5, J.James 23.5; b 1, R.Hart 23.6. 400m: 1, M.Peacock 51.5; n/s a 1, J.Panton 52.1; 2, S.Smullen 57.1; b 1, V.Pincott (W) 59.5. 1500m: 4, K.Quinn 4:07.8. 3000m: 3, R.Alsop 8:47.4; 5, R.Foley 8:54.0; 8, A.Stewart 9:06.2; 10, C.Dickinson 9:20.6. HJ: 4, R.Hart 1.40. LJ: 1, D.Thompson 6.74. SP: 1, M.Small 12.48; n/s 2, P.Lyttle 10.49; V.Hassell (W) 8.35. JT: 2, M.Small 42.60; n/s 1, R.Hart 33.20; V.Hassell (W) 24.04. 4x200m: 1, Belgrave (J.Panton, N.Owen, N.Cooper, D.Akinbogun) 1:31.3.

Teams: 1, Belgrave 56; 2, Sutton & Dist. 52; =3, Croydon and Hercules Wimbledon 37; 5, Herne Hill 29; 6, South London 25.

CROYDON, 17 JUN 1998

100m: 2, M.Peacock 11.7; n/s a 1, D.Akinbogun 11.4; 2, D.Brewer 11.4; 3, JJ Abadon 11.5; 5, N.Molloy 11.8; 6, P.Foster 14.6; n/s c C.Manning 18.5. 200m: 1, P.Goedluck 22.9; n/s 1, M.Peacock 23.8; 2, D.Brewer 24.3. 400m: 1, J.Flavin 51.8; n/s 1, D.Akinbogun 52.4. 1500m: 2, J.Galley 4:24.8. 3000m: 2, R.Foley 8:43.9; n/s 8, P.Carstairs 8:56.6. 2000mSC: 4, M.Bizio 6:55.6. TJ: 1, J.Druce 11.74. DT: 1, L.Newman 55.16; n/s M.Small 39.45; Vicky Hassell 21.61. HT: 1, M.Small 42.00; n/s R.Bridges 26.90; Vicky Hassell 23.45. 4x200m: 1, Belgrave (N.Molloy, D.Akinbogun, P.Goedluck) 1:35.7.

Teams: 1, Belgrave 54; 2, Hercules Wimbledon 49; 3, Croydon 44; 4, Herne Hill 39; 5, Sutton & Dist. 29; 6, South London 21.

TOOTING, 1 JUL 1998

100m: R.David dq; n/s a 1, R.David 11.4; 2, J.James 11.4; b 7, C.Manning 18.6. 200m: 1, R.David 22.8; n/s 1, J.Hilston 22.5; 2, N.Molloy 23.4. 400m: 1, D.Akinbogun 50.8; n/s 1, J.Panton 51.2; 4, R.McMillan 63.4. 800m: 5, A.Painter 2:15.1; n/s 4, D.Clack 2:17.2. 1500m: 2, J.Galley 4:18.5. 3000m: 1, R.Foley 8:46.2; n/s

3, A.Stewart 8:58.5; 5, P.Coughlan 9:17.5; 6, P.Carstairs 9:18.6. 400mH: 1, R.Tabares 57.9. HJ: 1, R.David 1.65. LJ: 5, D.Akinbogun 4.53. SP: 1, M.Small 13.08; n/s M.Peacock 8.19; (W) V.Hassell 9.12. JT: 1, M.Small 44.28; n/s M.Peacock 43.52; (W) V.Hassell 21.29; J.Smiter 18.40. 4x200m: 1, Belgrave (J.Panton, M.Peacock, N.Molloy, D.Akinbogun) 1:32.5.

Teams: 1, Belgrave 57; 2, Herne Hill 47; 3, Croydon 43; 4, Sutton & Dist. 36; 5, Hercules Wimb. 32; 6, South London 17.

SUTTON ARENA, 15 JUL 1998

100m: 2, R.David 10.8; n/s a 5, M.Miller 11.2; b 1, D.Akinbogun 10.7; 2, S.Exley 10.8; 3, J.Flavin 10.9; c 5, C.Manning 18.6. 200m: 2, R.David 22.0; n/s a 2, J.Flavin 22.8; b 3, M.Miller 24.0. 400m: 2, J.Hilston 50.2; n/s 2, P.Foster 51.4; 3, D.Akinbogun 51.5; 4, J.Panton 51.7; 5, S.Exley 51.8; 6, N.Molloy 52.4; 7, Z.Ashkanasy 53.8; 8, R.McMillan 63.1. 1500m: 1, M.Bizio 4:13.6. 3000m: 1, P.Coughlan 9:06.8; n/s 4, P.Carstairs 9:43.1. 2000mSC: 2, G.Adams 6:38.6; n/s M.Bizio 6:46.4. TJ: 3, J.Flavin 11.48. PV: 1, J.Webb 4.00. DT: 1, L.Marar 53.90; n/s M.Small 43.19; Vicky Hassell 19.29. HT: 1, M.Small 43.06; n/s R.Bridges 27.10; Vicky Hassell 24.45.

Teams: 1, Belgrave 60; 2, Herne Hill 52; =3, Sutton & Dist and Croydon 37 and Hercules Wimbledon; 6, South London 13.

TOOTING BEC, 5 AUG 1998

100m: 2, J.Hilston 11.1; n/s a 2, R.David 11.1; 3, D.Akinbogun 11.2; 5, L.Campbell 11.5; b 4, C.Manning 18.6. 200m: 2, M.Peacock 23.5; n/s a 2, D.Akinbogun 23.6; 3, R.Aspden 23.6; b 5, R.McMillan 27.6. 400m: 1, R.David 50.9; n/s a 1, P.Foster 50.4; 3, D.Akinbogun 50.7; 4, J.Panton 51.6; n/s b 1, D.De Emmony 54.2; 2, D.Huckett Joseph 56.5. 800m: 1, J.Ellis Smith 2:02.1 n/s 4, W.Cockerell 2:12.0. 1500m: 2, J.Galley 4:17.0; n/s 6, J.Skillbeck Nelson 4:44.1. 3000m: 1, R.Foley 8:47.8; n/s 2, A.Stewart 8:51.2; 3, P.Coughlan 8:58.7; 6, C.Dickinson 9:22.4; 7, W.Cockerell 9:36.7. 4x200m: 2, Belgrave 1:34.1. HJ: 1, R.Aspden 2.10; n/s S.Oni 2.05. LJ: 4, J.Druce 5.32. SP: 1, P.Lyttle 10.38. JT: 6, M.Peacock 34.91.

Teams: 1, Belgrave 56; 2, Hercules Wimbledon 52; 3, Herne Hill 46; 4, Croydon 37; 5, Sutton & Dist. 27; 6, South London 7.

ROSENHEIM LEAGUE EASTERN DIVISION 1998

1, Belgrave H	3401/2	36
2, Herne Hill H	2491/2	221/2
3, Sutton & Dist. AC	2351/2	201/2
4, Croydon H	229	201/2
5, Hercules Wimb. AC	2331/2	191/2
6, South London H	109	7

Mo's Vets make the final



Maureen Jones scans the car park for late-comers before putting in her team declaration.

Well done Team Manager Maureen Jones. 1998 saw her take Belgrave's female veterans to their best ever season as they twice beat Serpentine to go into the Southern Counties Final. Their male colleagues, with Terry Lawton at the helm, were beset by the same problem that hits us from British League down to Young Athletes' League — a lack of middle-distance runners.

The scoring became complicated enough the previous season when, instead of a straightforward two per

event in the under 50 events and one per event in the over 50 on the track, and just the one in all events on the field, it became permissible to enter an over 60 in place of an over 50. Over 60s were then scored separately in their own events. This meant that if a team had an over 60 and no other team did, then the over 60 automatically gained maximum points even if they could hardly put one foot in front of another. This rule change seemed to go through without any discussion with the clubs in the league and quite obviously helped one particular club.

This season it was revealed that points were to be awarded on an age-graded basis — virtually impossible to calculate on the night. Luckily all but one club in our Mid-London Division refused to have anything to do with this although when it came to the final, clubs had to elect to go into one of two finals — an age-graded final or a non-age-graded final.

There is now a rumour that next summer, men's and women's teams must be scored together. This will virtually wipe out all the team's chances in our division except Serpentine. Hercules Wimbledon, Herne Hill, Met. Police have almost no veteran women, Metros have mostly women, while Belgrave — well, Maureen had welcomed single competitors from other clubs into the Belgrave women's team to augment our own six or seven veteran ladies in an effort to combat the Serps. Now they will be ineligible as they will have to score for their first claim clubs even though there might be just the one or two of them — so we will be considerably weaker ourselves.

Perhaps, if this veteran competition is really required, we should look into organising our own Mid or South London competition on normal lines and not worry about the Southern Counties V.A.C. events.

BATTERSEA PK, 27 APR 1998

Men over 40
400m: 5, P.Exley 71.8. 1500m: 4, D.Clack 4:53.4. SP: 1, M.Small 12.55; n/s P.Exley 9.47. HT: 1, M.Small 44.68; n/s P.Exley 30.29. 2kW: 1, C.Lawton 10:01.9; 1, P.Warburton 10:52.4.
Men over 50
100m: n/s C.Manning 19.3. 400m: 5,

A.Stone 71.5. 1500m: 1, A.Painter 4:46.9. SP: 4, J.Jeffery 7.02.

Teams: 1, Serpentine 226; 2, Met.Police 192; 3, Hercules Wimb. 176; 4, Belgrave 132; 5, Herne Hill 112; 6, Metros 46.

Women over 35
100m: 1, D.Francis 14.0; 1, S.Marek 16.1. 400m: 1, D.Francis 65.4; 1, R.Oakar 75.3. 1500m: 1, J.Searle 6.14. HJ: 1, S.Scott 1.20. TJ: 2, V.Duffy 6.34. SP: 1, V.Duffy 10.64. HT: 1, V.Duffy 25.40. 2kW: 3, S.Marek 14:16.8; 3, N.Stracey 16:49.8. 4x100m: 1, Belgrave (D.Francis, S.Marek, R.Oakar, J.Searle) 62.6.

Women over 50
1500m: 1, N.Mills 6:15.7. HJ: 1, M.Jones 1.05. TJ: 1, M.Jones 6.15. 2kW: 2, M.Jones 16:49.8. SP: 1, B.Dunsford 6.42. HT: 1, B.Dunsford 19.69.

BATTERSEA PK, 18 MAY 1998

Men over 40
200m: 4, J.Druce 26.2. 800m: 4, D.Clack 2:17.9. TJ: 1, J.Druce 11.78. PV: 2, R.Bridges 1.90. Medley relay (2x200m, 400m, 800m):

Men over 50
200m: 3, S.Brooks 29.1; n/s C.Manning 44.0. 800m: 4, T.Stone 2:52.8. TJ: 1, S.Brooks 9.12. PV: 1, T.Lawton 2.60.

Women over 35
200m: 1, D.Francis 30.0; 1, S.Marek 34.2. 800m: 1, D.Francis 2:41.9; 1, J.Searle 2:56.5. LJ: 2, V.Duffy 3.02. DT: 1, V.Duffy 33.44. JT: 1, V.Duffy 23.26. Medley relay (2x200m, 400m, 800m): 1, Belgrave (S.Marek, R.Oakar, D.Francis, J.Searle)
Women over 50
200m: 2, M.Jones 40.0. 800m: 2, M.Jones ? . LJ: 1, M.Jones 2.84. DT: 1, C.James 18.06; n/s P.Mead 16.84; B.Dunsford 11.84. JT: 1, P.Mead 13.86; n/s B.Dunsford 11.06.

BATTERSEA PK., 22 JUN 1998

Men Over 40
100m: 4, J.Druce 13.2; 2, T.Lawton (M55) 14.3. 400m: 4, J.Druce 62.2; 3, R.Bridges 70.1. 1500m: 1, S.Fowler 4:25.6; 1, D.Clack 4:57.9. 3000m: 4, T.Stone (M55) 11:26.9; 4, T.Lawton (M55) 13:57.9. HJ: 4, J.Druce 1.45. SP: 1, M.Small 12.59. JT: 1, M.Small 42.71. HT: 1, M.Small 43.48; n/s R.Bridges 27.45. 4x400m: 4, Belgrave (T.Lawton, R.Bridges, J.Druce, C.Brooks) no time.

Men Over 50
100m: 1, S.Brooks 13.7. 400m: 4, T.Stone 79.2. 1500m: 1, A.Painter 4:53.7. 3000m: 4, D.McMillan 11:58.3. HJ: 1, S.Brooks 1.45. SP: 1, S.Brooks 10.18. JT: 2, S.Brooks 33.85. HT: 2, S.Brooks 23.49.
Teams: 1, Serpentine 259; 2, Belgrave 251; 3, Hercules Wimb 239; 4, Met. Police 146; 5, Herne Hill 113; 6, Metros 8.

Women Over 35
100m: 1, K.Hagger 14.0; 1, D.Francis 14.1. 400m: 1, D.Francis 65.0; 1,

G.Husbands 74.4. 1500m: 2, J.Searle 5:54.1; 1, R.Dakar 6:03.8. HJ: 1, K.Hagger 1.55. TJ: 1, K.Hagger 10.20. JT: 2, P.Mead (W50) 13.04. HT: 2, M.Jones (W50) 20.85. 4x400m: 1, Belgrave (D.Francis 67.2, G.Husbands 77.7, R.Dakar 83.3, J.Searle 74.5) 5:02.6.
Women Over 50
100m: 2, M.Jones 18.4. 400m: 3, M.Jones 1:47.1. 1500m: 1, N.Mills 6:06.7. HJ: 1, M.Jones 1.00. TJ: 1, M.Jones 6.26. JT: 1, B.Dunsford 11.95. HT: 1, B.Dunsford 21.32.
Teams: 1, Belgrave 224; 2, Serpentine 201; 3, Metros 26.

BATTERSEA PARK, 20 JUL 1998

Men over 40
200m: 3, J.Druce 29.7; 2, R.Bridges 31.1. 2000m Walk: 3, P.King 11:19.6. LJ: 1, J.Druce 5.19. TJ: 3, R.Bridges 8.85. PV: 3, P.Exley 2.00. DT: 1, M.Small 40.78. 4x200m: 3, Belgrave 2:07.3.

Men over 50
200m: 4, C.Manning 4, C.Manning 43.4. 800m: 1, A.Painter 2:29.4. 3000m: 3, A.Black no time. LJ: 1, A.Black 3.90. PV: 1, M.Edwards 3.35. Teams: 1, Serpentine 274; 2, Hercules Wimb. 188; 3, Belgrave 169; 4, Metros 74; 5, Met. Police 72; 6, Herne Hill 52.

Women over 35
200m: 1, D.Francis 29.7; 2, N.Mills (W50) 41.2. 800m: 1, D.Francis 2:44.6. 2000m Walk: 2, P.Mead (W50) 15:05.0. LJ: 1, D.Francis 3.35. SP: 1, V.Duffy 10.68. DT: 1, V.Duffy 31.89. 4x200m: 1, Belgrave 2:28.7.

Women over 50
200m: 2, M.Jones 40.4. 3000m: 1, N.Mills 12:34.6. 2000m Walk: 3, M.Jones 16:33.8. LJ: 1, M.Jones 2.94. SP: 1, B.Dunsford 5.68; n/s P.Mead 6.24. DT: 1, P.Mead 16.67.
Teams: 1, Belgrave 207; 2, Serpentine 200; 3, Metros 132.

SCVAC T&F LEAGUE FINAL COLINDALE, 6 SEP 1998

W35
100: S.Marek 16.2. 200m: S.Marek 33.8. 800m: 6, S.Marek 3:17.1; 6, G.Broderick 3:53.7. 1500m: S.Marek 6:38.1. HJ: 5, P.Mead (W50) 1.10. LJ: 6, S.Marek 3.65. TJ: 6, V.Duffy 6.43. SP: 1, V.Duffy 10.50. DT: 1, V.Duffy 29.17. JT: 4, V.Duffy 19.98. HT: 1, V.Duffy 27.01. 2kW: 4, G.Broderick 12:45.9.

W50+
100m: M.Jones 17.9. 200m: M.Jones 40.0. 800m: 3, N.Mills 3:06.0. 1500m: N.Mills 6:05.0. HJ: 2, M.Jones 1.10. LJ: 4, M.Jones 2.88. TJ: 3, M.Jones 6.54. SP: 4, C.James 7.10. DT: 4, P.Mead 18.30. JT: 6, C.James 14.88. HT: 1, M.Jones 25.87. 2kW 2, S.Porter 12:10.0.

Teams: 1, Epsom & Ewell 373; 2, Shaftesbury Barnet 344; 3, Dartford 288; 4, Havant 281; 5, Oxford City 267; 6, Belgrave 200.

ROSENHEIM LEAGUE FINAL 1998

1, Belgrave H	97
2, Herne Hill H	87
3, Sutton & Dist. AC	66
4, Walton AC	65
5, Kingston & Poly. H	53 1/2
6, British Airways	42 1/2
7, Croydon H	24

TOOTING BEC, 19 AUG 1998

100m: 1, M.Dickson 10.9; n/s a 1, J.Hilston 11.0; 2, D.Akinbogun 11.2; 3, J.Panton 11.3; b 8, C.Manning 18.2. 200m: 2, J.Hilston 22.0; n/s a 1, D.Akinbogun 22.5; 2, J.Panton 22.7; c 5, V.Pincott (W) 26.9. 400m: 3, M.Peacock 50.7; n/s a 7, R.McMillan 61.9; b 1, D.De Emmony 53.9. 800m: 1, J.Ellis Smith 1:56.2; n/s 3, H.Bbideh 2:14.2. 1500m: 4, R.Foley 4:14.6; n/s 3, D.Huckett Joseph 4:23.4; 9, J.Skillbeck Nelson 4:46.8. 3000m: 2, N.Hliouat (n/s) 8:35.4; 5, P.Coughlan 9:05.3; 10, C.Dickinson 9:24.3. 2000mSC: 1, J.Galley 6:28.7. 4x200m: 1, Belgrave (J.Panton, D.Akinbogun, M.Peacock, J.Hilston) 1:29.7; n/s Belgrave team 1:43.7. HJ: 1, R.Aspden 1.95. TJ: 4, J.Druce 12.04. DT: 1, L.Newman 56.50; M.Joyce (K&P) 20.23. HT: 2, J.Urquhart 57.90; 7, M.Joyce (K&P) 21.04.

Track & Field - Championship Results

British University Champs., Bath, 2-4 May 1998

200m: (+1.8) 6, Steve Baldock 21.92; 8, N.Dawson 22.23. 400m: 2, G.Dearman 47.88. 400mH: 1, C.Rawlinson 52.61. LJ: 3, S.Clark 7.17. TJ: 1, P.Idowu 15.53. DT: J.Urquhart 39.29. HT: 4, J.Urquhart 53.86.

County Championships, 9-10 May 1998

All Senior Men unless otherwise stated.

Berkshire at Bracknell

Under 20 Men. 400m: 1, D.St.George 51.1.

Dorset at Bournemouth

5000m: 1, W.Nixon 15:24.6. 110mH: 1, S.Exley 15.6.

Essex at Newham

100m: 1, J.Fergus 10.4. 200m: 1, J.Fergus 21.5.

Hampshire at Portsmouth.

PV: 1, M.Edwards 5.00.

Gloucestershire at Worcester

Senior Women. 100m/200m/400m/LJ: 1, S.Roberts 12.5/26.1/59.5/5.04.

Kent at Ashford

800m: 2, C.Gilby 1:57.60. 10000m: 4, P.Carstairs 33:43 (7Jun Norman Pk?). DT: 1, L.Newman 59.37. HT: 1, J.Urquhart 59.24.

Under 17 Men

400mH: 1, D.Crook 66.1. SP: 1, G.Hughes 14.80.

Middlesex at Enfield

100m: (+2.4) 4, H.Korjije 10.5; hts (+2.1) 4, M.Peacock 11.5. 200m: hts 3, H.Korjije 23.0; 3, M.Peacock 23.1.

Under 20 Men

100m: (+2.3) 5, S.Scott 11.1 (10.9 ht +5.1). 110mH: (+2.2) 1, S.Scott 14.6 (=CBP)

Senior Women

HT: 6, B.Dunsford (W60) 16.71. SP: 3, B.Dunsford (W60) 5.75.

Norfolk at Great Yarmouth

110mH/400mH: 1, I.Wells 16.3/56.8.

Somerset at Yeovil

Under 17 Men

1500m: 1, A.McLean-Foreman 4:04.3 (CBP).

Surrey at Kingsmeadow

100m: (-4.5) 3, M.Dickson 11.1 (ht 10.9 -0.6); hts 5, S.Shirley 11.6; 6, D.Akinbogun 11.6. 200m: (+1.1) 2, M.Dickson 21.5. 400m: 1, M.Parper 48.6; 2, R.David 49.0; 5, P.Foster (2-cl) 50.0; 6, D.Akinbogun 51.0; 7, N.Molloy 51.4; hts. J.Hilston 6, 52.6. 5000m: 2, R.Alsop 15:02.7; 4, R.Foley 16:24.1. 400mH: 1, A.Ferns 54.8. PV: 1, J.Webb 4.20. SP: 4, M.Small (M40) 12.79. DT: 1, L.Marar 53.96; 2, M.Small (M40) 42.68. HT: 5, M.Small (M40) 42.95.

Under 20 Men

100m: (-2.5) 1, C.Lambert 11.3; 6, B.Mensah 11.8. 200m: (-0.6) 1, C.Lambert 22.2. LJ: 3, C.Igbon 6.57.

Under 17 Men

400m: 1, A.Lambert 52.3.

Under 20 Women

100m: 5, S.Scott 12.6. 200m: hts (+1.6) 5, S.Scott 25.2.

Under 17 Women

200m: hts 4, H.Payne 26.9. 300m: 1, H.Payne 42.2. 1500m: 6, D.Hearn 5:21.0. 3000m: 6, D.Hearn 12:03.0.

Under 15 Girls

800m: hts 6, R.Lester 2:44.9.

Sussex at Crawley

200m: (-2.2) 1, Sean Baldock 22.04. 800m: 2, Steve Baldock 1:54.46. HT: 1, M.Jones 71.72.

Yorkshire at Cudworth

200m: (+2.5) 2, D.Nolan 22.34.

Wales (East Region) at Cwmbran

100m: (+2.9) 1, D.Campbell 10.3. 200m: (+4.1) 1, D.Campbell 21.9.

SEAA U20 Champs., Haringey, 23-24 May 1998

a= 23rd, b = 24th

Under 20 Men

100m b: (+1.3) 3, C.Lambert 10.94; hts S.Scott 11.13 (-0.3); N.Wilson 11.25; B.Mensah 11.61. 200m a: (+1.0) 1, C.Lambert 21.63; 8, N.Daniel 23.33 (ht 23.21); hts B.Mensah 23.26. 400m b: 3, J.Hilston 49.73. 110mH b: (+1.4) 1, S.Scott 14.40 (ht 14.38 +2.8). 400mH a: 2, A.Ferns 54.0. HJ a: 3, S.Oni 2.05. LJ b: 3, N.Wilson 6.93; 5, C.Igbon 6.81. (+1.2); 5, C.Igbon 6.81 (+1.3).

Under 17 Men

400m: hts A.Lambert 53.7. 1500m b: 3, A.McLean Foreman 4:02.22. 100mH b:

Left: Chris Lambert, 17 years of age and here running to a Surrey Championship win, had a marvellous season. He finished up as 5th ranked under 20 in Britain over 100m with 10.61 and 4th ranked over 200m with 21.56. What a prospect!



Left: Most successful Belgravian in the County Championships was Sarah Roberts. At Worcester for the Gloucestershire Champs. she took all three sprints plus the long jump

a = 4th, b = 5th

Men

100m a: (+3.1) 4, C.Lambert 10.61 (sf 10.60 +2.9, ht 10.52 +5.0); hts 4, N.Wilson 10.88 (+1.8). 200m b: (+3.4) 4, C.Lambert 21.38 (ht 21.69 +2.2). 400m a: hts 2, J.Hilston 49.80. 110mH: (+3.9) 3, R.Sear 14.57 (ht 14.87 +1.4). 400mH b: 2, A.Ferns 53.80.

HJ b: 6, S.Oni 2.03. LJ b: 2, D.Thompson 7.23 (+2.5); 4, M.Kerr 7.14 (+2.6); 6, C.Igbon 7.00 (+2.5). JT b: 4, T.Kitney 66.88. 10k Walk b: 4, N.Whorlow 50:38.65.

Women

100m a: hts 7, S.Scott 12.29 (+3.2).

BUPA AAA Champs. & Trials, Birmingham, 24-26 Jul 1998

a=24th, b=25th, c=26th

100m: Round 1 a ht1 (+1.2) 1, D.Campbell 10.35; ht3 (+3.5) 1, D.Chambers 10.35; 2, J.Fergus 10.55; ht4 (+1.9) 2, D.Ladejo 10.46. Semi-finals b sf1 (-0.9) 2, D.Campbell 10.27; 6, J.Fergus 10.74; sf2 (-0.2) 2, D.Chambers 10.43; 4, D.Ladejo 10.55. Final b (-1.7) 1, D.Campbell 10.22; 2, D.Chambers 10.23; 9, D.Ladejo 10.67.

200m: Round 1 b ht1 (+1.2) 2, J.Regis 21.02; ht3 (-0.4) 3, J.Fergus 21.52; 4, A.Walcott 21.53. Semi-finals c sf1 (-0.6) 2, J.Regis 20.99; sf2 (+0.3) 4, A.Walcott 21.33; 6, J.Fergus 21.47. Final c (-1.5) 4, J.Regis 20.89; 8, A.Walcott 21.35.

400m: Round 1 a ht2 5, M.Parper 48.59; ht4 1, S.Baldock 46.80; 4, G.Dearman 47.07. Semi-finals b sf1 2, S.Baldock 45.45; 6, G.Dearman 46.98. Final c 6, S.Baldock 45.50.

800m: Round 1 b ht2 1, J.Lobo 1:48.41. Final c 1, J.Lobo 1:49.68.

1500m: Round 1 b ht1 2, M.Yates 3:43.33; 10, J.Ellis-Smith 3:50.52. Final c 3, M.Yates 3:40.38.

110mH Round 1 c ht1 (-0.3) 6, N.Cooper 14.91; ht2 (+0.6) 2, N.Owen 14.24. Final c (-1.3) 6, N.Owen 14.33.

400mH: Round 1 b ht2 1, C.Rawlinson 50.89; ht3 2, M.Douglas 51.10. Final c 3, C.Rawlinson 50.20; 4, M.Douglas 50.41.

3000mSC: Round 1 a ht1 8, K.Nash 9:08.43; ht2 5, L.Hurst 8:53.90. Final c 6, L.Hurst 8:49.63.

HJ: b = 2, B.Reilly 2.15 (2.15o, 2.20xxx); 8, R.Aspden 2.10 (2.05xo, 2.10xo, 2.15xxx).

LJ: a 4, J.Flynn 7.43 (7.43 +2.5, 7.15 +1.1, 7.19 +0.8, x, 5.73 +1.4, 7.25 +1.4); 9, F.Salle 7.17 (7.17 +0.7, x, 7.05 +1.1); 10, D.Ladejo 7.16 (7.15 +0.7), 7.00 +1.7, 7.16 +2.0).

TJ: c 6, P.Idowu 15.90 (15.14 -1.1, 15.76 -0.4, 15.71 -0.7, 15.41 -1.1, 15.79 0.0, 15.90 +1.0).

PV: a 3, I.Tullett 5.35 (5.000, 5.20xxx, 5.30xxx, 5.40xxx); =6, M.Edwards 5.00 (5.00xo, 5.20xxx); =6, B.Flint 5.00 (4.800, 5.00xo, 5.30xxx).

SP: c 5, M.Simson 17.20 (x, -, 7.31?, x, x, 17.20).

DT: b 5, L.Newman 57.47 (53.94, 56.29, 57.47, x, x, 55.73); 6, K.Brown 57.40 (52.81, 53.56, x, 57.40, 56.95, 56.24); 7, L.Marar 53.62 (53.62, 51.47, 52.22, x, 52.03, 52.13).

JT: c 5, S.Faben 69.93 (69.93, x, x, x, 66.14, x); 10, T.Kitney 62.46 (61.62, 62.46, 60.68).

HT: c 1, M.Jones 72.13, x, x, 71.45, x, x); 4, D.Smith 65.51 (65.33, x, x, 65.51, 64.92).

(+1.3) 4, P.Walsh 14.21. SP b: 2, G.Reid Hughes 15.21. DT b: 3, G.Reid Hughes 45.04.

Under 15 Boys

PV b: 1, C.Carter 2.70.

Under 20 Women

100m b: (+4.8) 7, S.Scott 12.24.

Inter-County Champs., Bedford, 24-25 May 1998

a = 24th, b = 25th

200m b: (+3.4) 8, J.Fergus (Essex) 21.79 (ht 21.11 +4.2). 400m a: 2, G.Dearman (Middx) 46.77; hts 3, M.Parper (Surrey) 49.34. 800m b: hts 7, Steve Baldock (Sussx) 1:57.59. 110mH a: (+4.6) 4, R.Sear (Oxford) 14.52. 400mH b: 1, M.Douglas (Bucks) 51.78. PV a: 11, J.Webb (Surrey) 4.30. DT a: 2, K.Brown (Warks) 50.02; 3, L.Newman (Kent) 58.87. HT b: 1, D.Smith (Humb) 68.82. 3000m Walk b: 6, N.Whorlow (Kent) 14:07.2; 7, J.Hall (Middx) 14:27.20

AREA CHAMPS., 20-21 JUN 1998

Southern Champs at Watford

100m a: (-4.2) 8, H.Korjije 10.95 (10.66 -1.2 ht); hts J.Fergus 10.72 (+1.0). 200m b: hts J.Fergus 21.15 (+1.5); M.Dickson 21.49 (+1.9). 400m b: 6, M.Douglas 47.90; hts M.Parper 48.88; J.Hilston 48.90; R.David 49.47; M.Peacock 49.71; J.Panton 51.26; N.Molloy 51.36; D.Akinbogun 51.51. 800m b: 4, C.Gilby 1:52.60; 8, Steve Baldock 1:56.74 (1:53.29 ht). 110mH b: (+2.9) 3, N.Owen 14.31 (14.54 +0.3 ht); 8, R.Sear 14.73 (14.68 +0.3 ht); hts S.Scott 14.87 (+2.5); D.Brewer 2-cl 15.05 (+2.5). 400mH a: hts I.Wells 57.25. HJ b: 1, B.Reilly 2.15; 3, R.Aspden 2.10. LJ: S.Clarke 6.09. TJ b: 2, P.Idowu 16.35 (+1.6). PV: a: 2, I.Tullett 5.00. DT a: 2, L.Marar 53.42. HT b: 4, J.Urquhart 60.43.

Northern Champs. at Liverpool

3000mSC: 1, L.Hurst 8:55.04.

Welsh Champs. at Cardiff

DT: 1, L.Newman 56.54.

AAA U20 Champs. including World U20 Trials, Bedford, 4-5 Jul 1998



March 1998

15 Mayesbrook Pk., Havering "Warm-up". 150m: 1, J.Fergus 15.8. 600m: 1, M.Parper 1:21.5.
 22 Kingsmeadow, Kingston & Poly Open. U17M 150m: M.Sparks 18.4; D.Ricardo 19.0. LJ: M.Sparks 5.45; D.Ricardo 4.97. U17W 150m: H.Payne 20.0. 300m: H.Payne 43.6. U15G 80m: G.Marek 11.6. 150m: R.Lester, 21.4; G.Marek 21.9.

April 1998

4 Crawley Open. DT: 1, L.Marar 53.80.
 12 Watford Open. 200m/400m/TJ: 1, M.Peacock 23.9/52.7/11.25.
 13 Verlea Open. HT: M.Small (M40) 45.47.
 13 Sutcliffe Pk, BMC 600m: 3, C.Gilby 1:23.0.
 15 Battersea. VAC Meet. 100m: C.Manning (M70) 19.7. 1500m: 4, A.Painter (M50) 4:55.3.
 19 Battersea. Wandsworth "Come and Try". 100m: a 1, M.Sparks (U17M) 11.8; 2, D.Ricardo (U17M) 12.3; 3, M.Raymond (U17M) 12.8; 4, H.Payne (U17W) 13.5. b whistle start 1, I.Morris (U15B) 12.9; 2, R.Albert (U13B) 14.4; 3, G.Perkins (U15B) 14.7. 200m: 1, M.Sparks (U17M) 24.7; 2, D.Ricardo (U17M) 25.4; 3, H.Payne (U17W) 27.4. 800m: 1, R.Lester (U15G) 2:41.3; 2, D.Hearn

(U17W) 2:41.9; 3, S.Burkin (U17W) 3:08.0. BMC 800m: 2, Z.Ashkanasy 1:57.1. SP/DT: 2/3, M.Small (M40) 12.61/41.44.
 25 Loughborough, Loughborough University vs. London University. 200m: 2, C.Rawlinson 21.9.
 26 Colindale, "Hammerama". 1, M.Jones 70.34. Contenders: 3, J.Urquhart 59.06.
 29 Watford Open. 1500m: Z.Ashkanasy 4:07.4.

May 1998

2 Yeovil. 800m: A.McLean Foreman (U17M) 1:58.1. 400mH: S.Pantling (U20M) 57.3.
 4 Millfield Open Meet. 200m: D.Thompson 22.5; S.Exley 22.6. BMC 800m: A.McLean Foreman (U17M) 1:55.6. 400mH: R.Tabares 54.9; A.Ferns 55.5. DT: S.Exley 34.46. U20M 100m: C.Lambert 11.1; D.Thompson 11.2; M.Kerr 11.4. 200m: C.Lambert 21.8; N.Daniel 23.9. 400m: S.Pantling 51.6. LJ: D.Thompson 7.16; C.Igbon 6.45; M.Kerr 6.25. U17M 100m: P.Walsh 12.2. 400m: A.Lambert 52.8; S.Beatson 55.5. LJ: N.Thompson 5.55. U20W 100m/LJ: S.Scott 12.6/5.06. 400m: N.Tabares 66.4.
 11 Newham Open. 100m: 3, M.Peacock 11.4. 400m: 1, M.Peacock 52.4.
 13 Street, Millfield Open. 400m: 1,

S.Pantling 51.4. 800m: 1, A.McLean Foreman 1:55.6. 110mH/HJ/TJ: E.Willers 16.0/2.15/13.38.
 13 Kingsmeadow, VAC Meet. 100m: C.Manning (M70) 19.2. 800m: 1, A.Painter (M50) 2:20.4. DT: 1, M.Small (M40) 42.71. JT: 1, M.Small (M40) 44.10
 13 Watford Open. 100m: SP/HJ: D.Ladejo 10.8/11.17/1.95. 800m: 3, Z.Ashkanasy 1:54.2.
 13 Loughborough, Loughborough University vs. Brunel University. 200m: 3, G.Dearman (Brunel) 22.0. 400m: 1, M.Douglas (Brunel) 47.5.
 17 Loughborough, Loughborough University vs. AAA of England. 200m: 4, A.Walcott 22.17; 5, N.Dawson 22.36; 6, J.Hilston 22.66. 400m: 1, G.Dearman 48.03. 800m: 2, J.Lobo 1:50.0. 1500m: 4, J.Ellis Smith 3:47.48. 110mH: 4, R.Sear 15.08. 400mH: 1, C.Rawlinson 49.81. 3000mSC: 1, L.Hurst 8:56.55. HJ: 1, B.Challenger 2.25. LJ: 2, J.Flynn 7.45; 4, D.Thompson 7.20. PV: 3, B.Flint 4.80. DT: 2, K.Brown 57.64; 4, L.Marar 54.91.
 21 Loughborough, Loughborough University vs. Police vs. Army. 1500m: 1, J.Lobo (Police) 3:52.8. 400mH: 2, P.Beaumont (Army) 56.2. HT: 1, P.Spivey (Police) 57.49.
 23 Tooting, Surrey County Veterans' Champs. M40 400m: 1, M.Chuter 56.4. 800m: 1, M.Chuter 2:08.2. SP: 1, M.Small 12.51. DT: 1, M.Small 42.22. HT: 1, M.Small 44.54. M45 800m: 1, D.Clack 2:15.7. 3000m Walk: 1, P.King 17:05.5. M50 800m: 1, A.Painter 2:15.3. 100mH: 1, M.Joyce 18.0. PV: 2, M.Joyce 2.40. TJ: 1, M.Joyce 9.01. M70 100m: 1, C.Manning 18.7. 200m: 1, C.Manning 44.0. W35 800m: 1, D.Francis 2:33.4. W50 HJ: 1, M.Jones 1.10. PV: 1, M.Jones 1.80. JT: 2, M.Jones 16.85. HT: 1, M.Jones 25.27.
 24 Worthing Open. 100m/200m: 1, Sean Baldock 10.9/22.1.
 27 Crawley Open. 800m: 1, Steve Baldock 1:55.4.
 27 Woking Open. 3000m: 1, K.Nash 8:33.0.
 27 Watford Open 200m: 1, N.Dawson 22.1.

June 1998

2 Finsbury Park, North London Open 100m: 1, H.Korjie 10.8. 200m: 1, H.Korjie 22.3.
 10 Watford Open. DT: 1, L.Marar 53.32.
 10 Battersea Pk., VAC Meet. 100m: c 2, C.Manning 18.1. SP: 1, M.Small 12.83. HT: 1, M.Small 45.03.
 10 Crystal Palace, SLH Open. 3000m: 1, M.Bizio 9:43.6.
 10 Loughborough, Loughborough University vs. RAF. DT: 3, K.Brown 57.35.
 14 Colindale, SCVAC Champs. PV: 1, M.Joyce 2.60. SP: 1, M.Small 13.45 (CBP and lifetime best). DT: 1, M.Small 42.88. JT: 1, M.Small 41.77.

14 Battersea Pk., BMC Nike Meet. 800m: b 8, M.Kloiber 1:52.8.
 17 Blackburn Open. 400m: 1, J.Lobo 49.6.
 21 Puma TVH Open, L.Christie Stadium. SP: D.Ladejo 12.77. DT: D.Ladejo 36.14.
 21 Barn Elms, Richmond & Twick. Open. 110mH: 1, N.Cooper 14.9.
 24 Swindon, BMC Nike Meet. 800m: a 4, M.Yates 1:49.49; b 10, M.Kloiber 1:52.21.
 26 Portsmouth, Army vs. Hants. vs. Surrey. SP/DT/HT: 4/3/4, M.Small (Surrey) 12.69/40.66/42.28.
 28 Finsbury Park, North London Open. 400m: 1, M.Barber 48.9.

July 1998

1 Watford Open. PV: 1, M.Edwards 5.10
 1 Cosford, Inter-Services. 110mH/400mH: 3/2, P.Beaumont (Army) 15.9/54.90.
 3 Inter-Services Champs. 110mH: 3, P.Beaumont 15.9. 400mH: 2, P.Beaumont 54.9.
 7 Crawley, South Eastern Veterans Inter-Counties. M40 800m: 3, M.Chuter (Hants) 2:08.8. TJ: 2, J.Druce (Surrey) 11.40. SP/DT/HT: 1, M.Small (Surrey) 12.94/42.22/46.11. M50 800m: 1, A.Painter (Surrey) 2:18.4. 200mH: b 1, M.Joyce (Surrey) 32.7. PV: 1, M.Edwards (Hants) 3.20; b 2, M.Joyce 2.40. W35 800m: 4, D.Francis (Surrey) 2:30.3. 400m: 2, D.Francis 32.7. TJ: b 3, D.Francis 7.98.
 7 Tonbridge Open. U17M SP: G.Reid Hughes 15.41.
 8 Crystal Palace, SLH Open. 200m: 2, M.Dickson 21.9. 5000m: 1, K.Tadesse 14:50.1.
 8 Gloucester, Severn Open. U17M 1500m: 1, A.McLean Foreman 4:06.6.
 10-11 Newport, BVAf Champs. M40 SP: 1, M.Small 12.77; DT: 1, M.Small 38.69. HT: 1, M.Small 45.47. M50 5000m: 4, C.Dickinson 16:16.04.
 15 Cardiff, British Athletics Endurance Initiative. 3000m: 8, K.Lonergan 8:06.88.
 15 Hayes, Sir Sefton Brancker Trophy. 400m: 2, M.Peacock (Middx) 51.2. SP: 5, D.Ladejo (Middx) 12.49.
 17-18 Meadowbank, Scottish Champs. DT: 1, L.Newman 59.38.
 19 Crawley, Gold Cup Semi-Final. 400m: 2, R.Tabares 48.1.
 22 Tooting, Hercules AC Memorial Trophy. 100mH: D.Holmes (U17M) 16.3. 400m 1, D.De Emmony (U15B) 54.8.
 22 Battersea Pk., VAC Meeting. 100m: d 1, C.Manning (M70) 18.5. DT: M40 1, M.Small 41.42; M50 M.Joyce 25.95; W50 P.Mead 19.15. JT: M40 M.Small 42.25. W50 P.Mead 12.52.
 22 Crawley Open. 800m: 1, J.Ellis Smith 1:55.0.
 22 Sutcliffe Pk., Cambridge H Champs. DT: 1, J.Urquhart (gst) 39.30.
 22 Ashford Open Meet. LJ: 1, S.Clarke 6.61.
 29 Watford Open. 100m: 2, M.Douglas 11.0. 200m: 1, M.Douglas 21.7; 2, G.Dearman 22.0. 400m: 1, M.Kloiber 49.3.
 29 Sutcliffe Pk., Cambridge H Champs. HT: 1, J.Urquhart (gst) 57.40.

August 1998

1 Cambridge, Eastern Inter-Counties. 110mH: 2, I.Wells 16.0.
 1-2 Enfield, SEAA Decathlon Champs. Scott Exley braved rains which left



Photo: Alan Mead

Left: Jason Lobo leads the Gold Cup 1500 metres mid-way through the race. He eventually placed 2nd to Kevin McKay (Sale) pictured here close up behind the Belgrave man. Jason finished the season with best 1998 performances of 49.6/1:47.48/3:48.90 for 400m through 1500m.

Track & Field - Results Roundup

the high jump fan and shot circle flooded, to put together a 6194 points decathlon score. Individual performances: 11.26, 6.03, 10.66, 1.83, 50.59, 15.87, 33.09, 3.60, 36.17, 4:42.8.

- 1-2 Enfield, SEAA Veterans' Champs. SP: 2, M.Small 13.20. DT: 1, M.Small 40.51. HT: 2, M.Small 45.16.
- 2 Linford Christie Stadium, Puma TVH Open. 100m: 3, J.Hilston 11.0. 200m: 3, J.Hilston 22.2. SP: 1, P.Lytle 10.74. Women 400: 2, V.Pincott 58.7.
- 2 Great Yarmouth. 200mH: 2, I.Wells 26.3.
- 3 Stoke on Trent. PV: M40 5, M.Joyce 2.45.
- 4 Trafford Open. 2000mSC: 1, L.Hurst 5:48.2.
- 5 Watford, BMC/Nike GP. 800m: b 7, C.Gilby 1:53.1; e 11, A.McLean Foreman (U17M) 1:57.1. 1500m: 2, M.Yates 3:39.5. BA Endurance Initiative 5000m: 7, G.Staines 14:04.4; 10, K.Lonergan 14:11.8. 3000mSC: 6, K.Nash 8:56.3.
- 7 Loughborough, Throws Meet. DT: 4, K.Brown 57.79; 5, L.Newman 57.05.
- 8 Wavertree, BAL Div 2. 400m: 400m: b 1, R.Tabares 48.4.
- 8 Tooting, Herne Hill H Open. 100m: 2, J.Hilston 11.0. 200m: 2, D.Akinbogun 22.5. 400m: 2, P.Foster 49.9; 4, M.Peacock 50.3. SP: 1, M.Small 13.08. DT: 1, M.Small 41.81. JT: 1, D.Ladejo 46.88. HT: 3, M.Small 45.61. U15B 400m: 1, D.De Emmony 53.8. U20W 100m: 2, S.Scott 12.3. 200m: 1, S.Scott 25.3.
- 8 Gloucester Open. U17M 1500m: 1, A.McLean Foreman 4:06.6.
- 9 Barnet Cophall, U20 Inter-Regional Match. 100m: (-2.3) 2, C.Lambert (gst) 10.96. 200m: 2, C.Lambert 21.99. 400m: 6, J.Hilston 50.05. HJ: 2, S.Oni 2.10. JT: 2, T.Kitney 63.57.
- 9 Windsor, WL Hammer School. HT: 3, J.Urquhart 58.18.
- 11 Tonbridge Open. U17M DT: 1, G.Reid Hughes 41.06.
- 12 Woking AC Open. 100m: 1, D.Akinbogun 11.3. 400m: 2, P.Foster 49.8; 3, D.Akinbogun 50.0. PV: 6, M.Edwards Snr 3.20. U20M SP: 1, G.Reid Hughes 14.72.
- 12 Watford Open. 100m/200m: 1, M.Douglas 11.1/21.8; 2, G.Dearman 21.8. 400m: 1, M.Kloiber 48.6.
- 12 Battersea Pk., VAC Meeting. 3000m: 2, M.Nouch 9:49.2.
- 15 Portsmouth Open. PV/SP/DT: D.Ladejo 3.80/13.66/41.64.
- 15-16 Sheffield, AAA U17 & U15 Champs. U17M 800 a: ht 4, A.McLean Foreman 2:01.10. 100mH a: (+0.8) 3, P.Walsh 13.92. SP b: 6, G.Reid Hughes 15.03. DT b: 9, G.Reid Hughes 35.37.
- 16 Milton Keynes Open. 100m: G.Dearman 10.6; D.Akinbogun 10.9; N.Molloy 11.3. 200m: G.Dearman 21.5; N.Molloy 22.6. 400m: D.Akinbogun 50.4; J.Panton 50.6.
- 19 Withdean, Brighton & Hove AC Open. Inv. 400m: 2, G.Dearman 46.8. 110mH: 2, N.Owen 14.5; 4, N.Cooper 15.0.
- 29 Tooting, Herne Hill H Open. 100m: D.Akinbogun 11.3; J.Panton 11.5. 200m: D.Akinbogun 22.6; J.Panton 23.1; M.Peacock 23.2; N.Molloy 23.4. 400m: M.Peacock 50.5; J.Panton 50.6; D.Akinbogun 51.0.
- 30 Harrow, Open. 100m: D.Akinbogun 11.0; J.Hilston 11.1. 200m: J.Hilston 22.1; D.Akinbogun 22.7. 400m: J.Panton 50.7; M.Peacock 50.9. Women 100m: V.Pincott 13.2. 200m: V.Pincott 27.0.
- 30 Kingsmeadow, Veterans' AC

Champs. 100m: M70 1, C.Manning 18.5. 800m: M50 1, A.Painter 2:18.4; M60 3, C.Cross 2:57.9; W35 3, D.Francis 2:28.1. 1500m: M70 2, C.Manning 9:33.0; M75 1, D.McMullen 10:59.6. 3000m: M60 5, C.Cross 21:19.1. LJ: M40 3, J.Druce 5.31. TJ: M40 1, J.Druce 12.05 (CBP). PV: M50 1, M.Joyce 2.20; M55 1, M.Edwards 3.35. SP: M40 1, M.Small 13.12 (CBP); W50 3, P.Mead 6.48. DT: M40 1, M.Small 41.81 (CBP); W50 3, P.Mead 17.98. JT: M40 M.Small 45.02; HT: M40 1, M.Small 45.16 (CBP). 3000m Walk: M50 1, C.Lawton 15:00.8; M65 1, E.Hall 16:47.7 (CBP); 2, D.Fotheringham 17:29.2; M80 1, P.Wright 22:02.2.

31 Peterborough Open. 400m: 1, M.Kloiber 49.3. JT: 1, S.Faben 65.74

? Solihull, BA Endurance Initiative 5000m: 9, G.Staines 14:35.85.

September 1998

- 6 Burton on Trent, Throws Pentathlon. PB for Mike Small - 3227 pts. SP/DT/JT/HT: M.Small 12.43/40.0/43.81/44.63. 35lb Weight: 11.38.
- 9 Battersea Pk., VAC Champs. 10000m: R.Bale 41:46.0.
- 9 Watford Open. 100m: 3, D.Akinbogun 11.0. 200m: 3, D.Akinbogun 22.5. 400m: 1, J.Panton 51.2. 800m: 1, G.Dearman 1:55.7.
- 10 Barking, Havering Mayesbrook Floodlit Relays. 4x100m: 2, Belgrave (J.Panton, J.Hilston, N.Molloy, D.Akinbogun) 43.1. 4x400m: 3, Belgrave (N.Molloy 51.8, D.Akinbogun 51.6, J.Panton 49.7, J.Hilston 50.2) 3:23.3.
- 14 Battersea Pk., Sri Chinmoy 2 miles A.Verdie 11:57.
- 19 Tooting, Herne Hill Open. 100m: J.Hilston 10.9; D.Akinbogun 11.1. 200m: J.Hilston 22.5; N.Molloy 23.1. 400m: J.Panton 50.4; D.Akinbogun 50.6; M.Peacock 51.3. 10000m: 2, P.Coughlan 32:52.5. U17 200m: D.Holmes 25.0. U15 200m: D.De Emmony 24.4. 400m: D.De Emmony 54.3. M55 PV: T.Lawton 3.20.
- 20 Barn Elms, Richmond & Twickenham Open. 100m: D.Akinbogun 11.1; N.Molloy 11.5. 200m: D.Akinbogun 22.7; N.Molloy 22.9. 400m: 1, J.Panton 50.5; R.McMillan 62.2. M40 SP/DT/JT: M.Small 12.63/41.25/46.19.
- 20 Sutton Arena, Sutton & Dist. Open. U15B 200m: 1, D.De Emmony 24.8. Womens 400m: V.Pincott 57.8. LJ: J.Flynn 7.22. M40 PV: T.Lawton 3.00. M55 100m/PV: M.Edwards 13.8/3.20. M60 800m/3000m: C.Cross 2:56.9/12:24.9.
- 23 Watford Open. 100m: 1, D.Akinbogun 11.1.

October 1998

- 4 Reading, Vets. Meet. HT: M.Small 45.53
- 10 Gredon Hall, Northants., Hammer Circle Reunion. SP/DT/HT: M.Small 12.72/40.79/46.16.

November 1998

- 7 Tooting, Herne Hill Throws Triathlon. SP/DT/HT: M.Small 13.19/41.11/48.30 - 2163 points.

December 1998

- 6 Deangate, Throws Pentathlon. SP/

DT/JT/HT/35lb Hammer: 12.44/37.27/41.92/45.34/13.65 - 3294 points

January 1999

30 Kent Throwers Pentathlon. M.Small 12.38/40.26/40.55/46.52/14.11 - 3380 points.

Schools Results

County Schools Champs., 13-14 Jun 1998

Kent at Deangate

Inter Boys DT: 1, G.Reid-Hughes 40.55; 2, G.Urquhart 38.38

London at Croydon

Senior Boys 100m: 1, C.Lambert 11.0. 200m: 1, C.Lambert 22.0. 400m: 1, R.Tabares 48.4. 110mH: 1, S.Scott 14.8. HJ: 1, S.Oni 1.95. Inter Boys 1500m: 1, M.Garcia 4:27.5.

Somerset at Yeovil

Senior Boys 400m: 1, S.Pantling 52.2. Inter Boys 800m: 1, A.McLean Foreman 1:57.6 (CBP).

Surrey at Kingsmeadow

Senior Boys 200m: 1, J.Hilston 22.2. LJ: 1, D.Thompson 6.89.

South West Inter-Counties., Yeovil

20 Jun 1998
Inter-Boys 800m: 3, A.McLean Foreman 2:02.0. 100mH 2, P.Walsh 14.3.

English Schools Champs., Exeter,

10-11 Jul 1998
Senior Boys
200m: (+3.3) 2, C.Lambert 21.55 (ht 21.38 +3.3). 400m: 5, J.Hilston 49.16. 800m ht: 6, D.St.George 2:01.11. 110mH: (+1.3) 5, S.Scott 14.56 (ht 14.41 +3.2). 400mH: 1, R.Tabares 54.11; 2, A.Ferns 54.61. HJ: 6, S.Oni 2.04. LJ: 1, D.Thompson 7.34 (+0.6); 8, M.Kerr 6.54 (+2.90); 11, N.Wilson 4.08 (+1.2). JT: 3, T.Kitney 66.74.
Inter Boys
400m ht: 5, A.Lambert 52.5. LJ: 5, R.Danso 6.66 (+1.7). SP: 2, G.Reid Hughes 16.02. DT: 10, G.Urquhart 39.13.

Lifetime Shot Putt best for veteran Mike Small



Photo: Jeremy Hemming

throws in his series beat his previous season's best and next summer he will be looking for 50 metres - which would be a lifetime best. The full series: 44.41, 48.30, 47.64, x, 45.50, 46.78. Mike's score in the throws pentathlon held in conjunction was 2163 - another personal best and a meeting record.

A further best ever performance came in a throws pentathlon at Deangate in December. The 35lb hammer gave him the best ever distance of 13.65 and his overall score of 3294pts was another pb and

second on the all time list, just behind the British Record.

January - and Mike improved yet again, creeping ever nearer to that M40 British Record. This time he notched up 3,380 points with a heavy hammer throw of 14.11.

Latest news is of a lifetime best, indoors or out, while competing in the Crystal Palace Indoor Open Meeting in February. His 13.64 was just 12 centimetres shy of the M45 British Record - and Mike turns 45 this coming March.

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Photo: Alan Mead

Left: Alasdair McLean Foreman, just 16 but with season's bests of 1:57.1 and 4:02.22 for 800 and 1500 metres.

Under 20s near the very top

S.Rai 27.30. HT: G.Urquhart 3nt; D.Stone 3nt. 4x100m: 1, Belgrave (N.Wilson, D.Thompson, R.Hart, C.Lambert) 43.5. 4x400m: 6, Belgrave (A.Ferns 52.8, A.Hilston 53.8, R.Hart 53.0, S.Pantling 53.8) 3:31.1. Teams: 1, Blackheath 344; 2, Belgrave 317; 3, Harrow 278; 4, Medway 273; 5, Shaftesbury Barnet 259; 6, Crawley 236; 7, Aldershot F&D 228.

HARROW, 26 JUL 1998

100m: 1, N.Wilson 11.5; 1, K.King 11.4. 200m: 2, N.Wilson 23.4; 1, J.Hilston 23.5. 400m: 4, D.St.George 51.5; 4, S.Pantling 53.2. 800m: 5, D.St.George 2:02.6; 5, S.Pantling 2:01.5. 1500m: 5, M.Garcia 4:17.2; 7, E.Thompson 5:54.3. 3000m: 2, M.Garcia 9:15.9. 110mH: 2, R.Sear 15.2; 1, A.Ferns 15.7. 400mH: 1, A.Ferns 53.9; 3, L.Odioti 63.5. 2000mSC: dq M.Garcia 8:45.7. HJ: 1, S.Oni 1.95; 5, T.Abeyie 1.65. LJ: TJ: 4, E.Thompson 11.79; 6, J.Adjei 10.89. PV: 5, P.King 2.70; 3, J.Hilston 2.70. SP: 6, D.Onwaballili 10.84; 4, D.St. George 10.54. JT: 6, E.Thompson 43.40; 7, J.Hilston 27.24. HT: 5, E.Thompson 17.98; 4, D.Onwaballili 17.80. 4x100m: 3, Belgrave 45.0. 4x400m: 3, Belgrave (A.Ferns 52.6, T.Abeyie 54.8, D.Dst.George 51.8, J.Hilston 50.3) 3:29.5. Teams: 1, Harrow 320; 2, Medway 301; 3, Blackheath 283; 4, Shaftesbury Barnet 278; 5, Belgrave 269; 6, Crawley 256; 7, Aldershot F&D 216.

COPTHALL, 23 AUG 1998

100m: 1, C.Lambert 11.0; 1, J.Hilston 11.3. 200m: 1, C.Lambert 22.1; 1, D.Thompson 23.0. 400m: 2, J.Hilston 50.1; 6, N.Daniel 54.5. 800m: 6, A.Becirhodzic 1:59.5; 6, S.Pantling 2:10.2. 1500m: 6, K.Quinn 4:34.4; 7, D.Huckett Joseph 4:29.7. 3000m: 4, K.Quinn 9:15.2; 6, M.Garcia 9:26.1. 110mH: 3, S.Scott 15.1; 2, A.Ferns 15.4. 400mH: 2, A.Ferns 55.3; 4, S.Pantling 60.6. 2000mSC: 4, A.Becirhodzic 6:16.4; 4, M.Garcia 6:52.2. HJ: 2, J.Tuson 1.80; 1, S.Oni 1.75. LJ: 2, D.Thompson 6.08; 3, C.Igbon 6.62. TJ: 1, C.Igbon 13.86; 2, J.Tuson 12.11. PV: 4, K.King 2.50; J.Hilston no ht. SP: 4, T.Kitney 12.78; 4, E.Thompson 9.28. DT: 2, G.Urquhart 32.58; T.Kitney 33.79. JT: 2, T.Kitney 54.88; 4, E.Thompson 41.07. HT: 5, G.Urquhart 26.17; 7, A.Lambert 9.62. 4x100m: 1, Belgrave (S.Scott, D.Thompson, K.King, C.Lambert) 43.5. 4x400m: 6, Belgrave (S.Pantling, A.Lambert, N.Daniel, J.Hilston). Teams: 1, Shaftesbury Barnet 382; 2, Blackheath 322; 3, Belgrave 303; 4,

Medway 255; 5, Harrow 247; 6, Aldershot F&D 222; 7, Crawley 196.

NATIONAL JUNIOR LEAGUE SOUTHERN PREMIER DIVISION 1998

1,	Belgrave H.....	1227	25
2,	Blackheath.....	1192 1/2	24
3,	Medway AC.....	1122	24
4,	Shaftesbury Barnet	1203	23
5,	Harrow.....	1120 1/2	23
6,	Crawley AC.....	942 1/2	12
7,	Aldershot F&D.....	895 1/2	9



NATIONAL FINAL CANNOCK, 13 SEP 1998

100m: (+4.0) 1, C.Lambert 10.6; 2, J.Hilston 11.0. 200m: (?.?) 1, C.Lambert 21.8; 2, D.Thompson 23.1. 400m: 6, J.Hilston 51.2; 7, S.Pantling 53.9. 800m: 4, A.Becirhodzic 1:58.9; 3, A.McLean Foreman 2:01.6. 1500m: 2, A.Becirhodzic 4:12.5; 3, A.McLean Foreman 4:20.9. 3000m: 5, M.Garcia 9:34.1; 4, K.Quinn 9:54.5. 110mH: (?.?) 2, S.Scott 14.5; 2, A.Ferns 15.1. 400mH: 2, A.Ferns 56.4; 3, S.Scott 61.9. 2000mSC: 3, A.McLean Foreman 6:37.5; 3, M.Garcia 6:56.8. HJ: S.Oni 2.00; 4, J.Hilston 1.75. LJ: 1, D.Thompson 6.90; 2, C.Igbon 6.57. TJ: 4, C.Igbon 13.71; 3, M.Kerr 13.29. PV: 5, O.Matthew 3.00; 4, J.Hilston 2.40. SP: 4, G.Reid Hughes 12.80; 3, T.Kitney 12.24. DT: 6, G.Urquhart 34.75; -, G.Reid Hughes 3nt. JT: 2, T.Kitney 68.08; 4, E.Thompson 47.09. HT: 7, G.Urquhart 20.82; 6, E.Thompson 19.05. 4x100m: 3, Belgrave (S.Scott, D.Thompson, R.Hart, C.Lambert) 43.1. 4x400m: 6, Belgrave (A.Ferns, C.Lambert, S.Pantling, J.Hilston) 3:40.5.

NATIONAL JUNIOR LEAGUE FINAL

1,	Blackheath H.....	344
2,	Shaftesbury Barnet.....	335
3,	Belgrave H.....	277
4,	Birchfield H.....	244
5,	Sale H Manchester.....	212
6,	Medway AC.....	143
7,	Warrington AC.....	127
8,	Border.....	125

The 1998 season saw the work of six or seven years at last come to fruition. A small band of officials have been supporting this team since the days when Leo and Jon Coy ran the team. Then we were in the lower divisions of the South Thames area — and we gained promotion. Next season it was promotion again and every single year between then and now we have not failed to win our division and go up again. Team Managers have changed (currently John Powell is in charge) and the athletes have certainly changed. A good many of the lads that have competed for us in the National Junior League have gone on to represent the Bels. in Southern and British League — Marlon Dickson, Steve Scott, Richard David — but an equal number of talented young men have also fallen by the wayside — Rob Milner, Gavin Mason, Scott Thompson to mention just a very few. But they have all contributed to our reaching the Southern Premier Division in 1998 — where we won yet again.

As a result of our high showing the team earned the right to compete in the National Final at Cannock where we placed an outstanding 3rd among the very best in the country. Many of the team still have one or two more years as Under-20s so there could be more to come.

BATTERSEA PK., 19 APR 1998

100m: 1, C.Lambert 11.1; 2, D.Thompson 11.4. 200m: 1, C.Lambert 22.7; 7, N.Thompson 26.2. 400m: 3, A.Ferns 51.6; 3, S.Pantling 52.8; n/s A.Lambert 55.1; O.Becirhodzic 57.3. 800m: 3, A.Becirhodzic 1:56.9; 3, A.McLean Foreman 2:01.5. 1500m: 4, A.Becirhodzic 4:10.1; 3, A.McLean Foreman 4:15.1. 3000m: 4, K.Quinn 9:23.4; 7, R.Oglander 11:46.6. 110mH: 2, R.Sear 15.0; 2, S.Oni 17.6.

400mH: 1, A.Ferns 56.3; 1, S.Pantling 59.2. 2000mSC: 1, A.Becirhodzic 6:27.1; 3, K.Quinn 7:09.1. HJ: =1, S.Oni 1.80; 1, J.Tuson 1.80; LJ: 1, D.Thompson 6.80; 1, C.Igbon 6.21; n/s R.Danso 6.81. TJ: 1, C.Igbon 13.86; 1, J.Tuson 13.51. PV: 4, M.Kerr 2.20. -, A.Lambert nh. SP: 6, S.Rai 11.44; 2, M.Egan 10.37; n/s D.Fitzmaurice 10.19. DT: 5, G.Urquhart 31.97; 3, R.Oglander 31.80. JT: 6, O.Matthew 38.26; 5, S.Rai 31.28. HT: 6, G.Urquhart 30.33; 3, R.Oglander 21.56; n/s D.Fitzmaurice 22.47; M.Egan 19.86. 4x100m: 5, Belgrave (M.Kerr, D.Thompson, R.Sear, C.Lambert) 47.6. 4x400m: 3, Belgrave (A.Ferns 53.0, A.Lambert 54.8, A.McLean Foreman 54.1, S.Pantling 52.8) 3:34.7. Teams: 1, Belgrave 333; 2, Medway 298; 3, Shaftesbury B 282; 4, Harrow 277; 5, Crawley 256; 6, Blackheath 238; 7, Aldershot F&D 230.

BASILDON, 21 JUN 1998

100m: 1, C.Lambert 11.0; 1, N.Wilson 11.3. 200m: 1, C.Lambert 22.3; 1, R.Hart 23.2. 400m: 7, A.Hilston 55.7; 6, S.Pantling 53.2. 800m: 7, A.McLean-Foreman 2:01.4; 7, A.Denise 2:29.3. 1500m: 7, A.McLean-Foreman 4:24.7; 6, R.Oram 4:35.1. 3000m: 2, K.Quinn 9:11.3; 2, M.Garcia 9:19.0. 110mH: 4, A.Ferns 15.5; 2, S.Oni 16.5. 400mH: 1, A.Ferns 55.4; 1, S.Pantling 59.8. 2000mSC: 5, K.Quinn 6:40.6; 2, M.Garcia 6:45.6. HJ: 1, S.Oni 2.00; 1, J.Tuson 1.85. LJ: 1, D.Thompson 7.11; 1, M.Kerr 6.59; n/s C.Igbon 6.57; R.Danso 6.37; N.Wilson 6.31. TJ: 1, C.Igbon 14.01; 1, J.Tuson 13.26. PV: 4, M.Kerr 2.20; 6, N.Daniel 1.20. SP: 4, G.Reid Hughes 13.17; 2, Sumit Rai 11.86; n/s D.Stone 11.06. DT: 5, G.Reid Hughes 36.29; 3, G.Urquhart 32.92. JT: 4, E.Thompson 45.99; 6,

Young Bels. hang on in top division

All credit to John Dawson for taking over the Young Athletes' team at the beginning of 1998, hardly knowing what he was letting himself in for. It was a time of some turmoil in the management of our young male teams and it showed in match one where we not only got hammered in our home meeting, we also had to endure the acid comments of officials and team managers when just about everything that could go wrong, did go wrong!

A much stronger team went to Croydon for match two but in spite of some brilliant individual results it was another last place for the team and relegation from the Southern Premier Division was beginning to look a certainty. The drama was not confined to the field of competition. An ambulance had to be called and the meeting held up while it drove down the 100 metre stretch to collect a young lad who had collapsed after his race. He was later pronounced to be fine — and yes it was a Belgrave boy. Then there was the innocuous attempt by one of our lads to query one of the results with the recorders—resulting in a completely “over the top” announcer broadcasting that a

Belgrave lad was attacking one of his recorders! Who'd be a young athlete's team manager?

The first week-end in June took us up to Enfield and here the tide imperceptibly changed. Still desperately short of under 13 boys (we only had one!) we nevertheless got out of the basement for the first time with third team place.

Now faced with a trip to Norwich some hard decisions had to be taken. Relegation was still looking likely and morale was low. Should we pull out now and save the cost of further coach travel? It would look bad but at this stage did we care? Thankfully the right decision was made and 40-50 boys set out at sparrow's chirp for Norfolk. The lads really got stuck into the opposition and the result was a much more satisfactory second place. If we could just duplicate that result in the final match we would stay up.

And so to Bracknell. You wouldn't believe that it was the same team that had suffered such a devastating defeat at Battersea three months earlier. Crowds of claret and gold clad youngsters sat on the

sidelines waiting to compete. Race after race was dominated by young Belgravians and the final result was a resounding first! We live on in the Southern Premier to fight another day

MATCH 1 - BATTERSEA PARK 26 APR 1998

Under 17 Men

100m: 1, R.Danso 11.6; 1, M.Sparks 11.9. 200m: 3, A.Lambert 24.5; 3, M.Sparks 24.5. 400m: 3, A.Lambert 53.3. 1500m: 4, R.Metalle 4:41.2. 100mH: 3, A.Arce 16.7; 4, D.Holmes 17.6. 1500mSC: 4, R.Metalle 10:03.3. LJ: 1, R.Danso 6.65. TJ: 3, A.Arce 11.17; 4, R.Danso 10.46. SP: 1, D.Fitzmaurice 12.41. DT: 3, D.Fitzmaurice 31.30; 4, R.Metalle 13.72. HT: 3, D.Fitzmaurice 34.72. 4x100m: 2, Belgrave 47.2. 4x400m: 3, Belgrave 3:54.0.

Under 15 Boys

100m: 1, C.Alexander 11.9; 2, R.Biscoe 13.2. 200: 1, C.Alexander 24.9; 2, M.Addina 28.2. 400m: 2, P.Allen 58.1. 800m: 1, D.DeEmmony 2:12.2; 4, F.Lewis 2:33.0. 1500m: 3, J.Skilbert-Nelson 5:02.5. 80mH: 1, P.Allen 12.6. HJ: 4, B.Asante 1.30; 3, D.Lambert 1.25. LJ: 3, A.Abanye 4.76; 3, D.Lambert 4.02. SP: 3, M.Adesina 8.69; 3, S.Whorlow 4.86. DT: 3, B.Asante 19.62; 3, S.Whorlow 13.30.

Under 13 Boys

100m: 3, E.Walsh 14.8. 200m: 3, E.Walsh 29.8. Teams: 1, Harrow 248; 2, Shaftesbury Barnet 185; 3, Windsor S&E 148; 4, Belgrave 88.

MATCH 2 - CROYDON ARENA 17 MAY 1998

Under 17 Men

100m: 3, R.Danso 11.9; N.Thompson 12.9. 200m: N.Urmatum 24.0; A.Lambert 24.7. 400m: 1, A.Lambert 52.5; Andrew Arce 58.3. 100mH: 1, P.Walsh 14.6; R.Bennett 15.1. 400mH: 2, P.Walsh 61.7; D.Crook 66.6. HJ: N.Urmatum 1.65; D.Holmes 1.55. LJ: 1, R.Danso 6.34; 3, N.Thompson 5.86. TJ: 2, A.Arce 12.22; A.Arce 11.15. SP: 1, G.Reid-Hughes 14.41. DT: 1, G.Urquhart 38.96. HT: G.Urquhart 31.40; G.Reid-Hughes 26.34. 4x100m: 2, Belgrave (Alfie Arce, N.Thompson, A.Lambert, R.Danso) 46.4. 4x400m: Belgrave (A.Lambert, D.Crook, P.Walsh, R.Bennett) 3:56.6.

Under 15 Boys

100m: 1, C.Alexander 12.0; 2, C.Hutchinson 12.2. 200m: 1, C.Alexander 24.6; 2, D.DeEmmony 25.8. 400m: 1, J.Wells 55.3; 2, P.Allen 57.9. 800m: 2, D.DeEmmony 2:14.3. 1500m: J.Skilbeck-Nelson 4:52.1. 80mH: 3, P.Allen 13.0; R.Agbanoma 14.5. HJ: D.Lambert 1.40. LJ: R.Agbanoma 4.34; C.Hutchinson 3.95. SP: 1, C.Alexander 13.48;

S.Whorlow 5.29. DT: J.Wells 17.59; S.Whorlow 13.50. 4x100m: Belgrave (C.Hutchinson, J.Wells, R.Agbanoma, C.Alexander) 48.5. 4x400m: 1, Belgrave (R.Biscoe, D.Lambert, P.Allen, J.Wells) 4:00.3.

Under 13 Boys

100m: G.Perkins 14.8; E.Walsh 14.9. 200m: 1, I.Morris 26.1; P.Graham 31.3. 1500m: S.McNally 5:54.6. LJ: 2, P.Graham 4.13; E.Walsh 3.79. SP: M.Lambert 5.41; W.Nolan 4.92. Teams: 1, Croydon 254; 2, Team Solent 154; 3, Ipswich 152; 4, Belgrave 138.

MATCH 3 - ENFIELD 7 JUN 1998

Under 17 Men

100m: 3, A.Lambert 11.4. 200m: 4, A.Lambert 24.2. 400m: 3, A.Lambert 53.5. 800m: 2, M.Garcia 2:08.4. 1500m: 3, M.Garcia 4:21.4. 3000m: 3, D.Huckett Joseph 10:03.6; 1, R.Metalle 10:04.5. 400mH: 4, D.Crook 67.9. HJ: 3, T.Abeyie 1.65. LJ: 2, T.Abeyie 5.73; 2, D.Crook 5.26. TJ: 2, D.Crook 10.58. SP: 1, G.Reid Hughes 14.93. DT: G.Reid Hughes 41.20; G.Urquhart 39.30. JT: 4, G.Reid Hughes 22.22. HT: 3, G.Urquhart 25.59.

Under 15 Boys

100m: 2, C.Alexander 11.9; 3, G.Woodham 12.9. 200m: 3, C.Alexander 24.3; 2, M.Adesina 27.4. 400m: 1, J.Wells 54.4; 1, P.Allen 59.0. 800m: D.Colsaul 2:20.4; 3, R.Biscoe 2:31.4. 3000m: 2, J.Skilbeck Nelson 10:48.5; 1, S.Whorlow 11:28.0. 80mH: 1, P.Allen 12.6; 2, G.Collins 16.7. HJ: 3, D.Street 1.45; 2, D.Lambert 1.40. LJ: 2, S.Osibo 5.18; 1, D.Shillingford 5.11. PV: 1, C.Carter 2.70. SP: 1, C.Alexander 13.77; 1, G.Blown 9.12. DT: 3, M.Adesina 25.04; 1, G.Blown 23.67. JT: 1, C.Carter 38.50; 2, D.Colsoul 27.20. HT: 3, G.Blown 17.87. 4x100m: 1, Belgrave 48.9. 4x400m: 2, Belgrave 3:53.6.

Under 13 Boys

100m: 4, M.Lambert 16.1. LJ: 4, M.Lambert 2.92. SP: 2, M.Lambert 5.79. Teams: 1, Blackheath 274; 2, Crawley 192; 3, Belgrave 132; 4, Peterborough 88.

MATCH 4 - NORWICH 28 JUN 1998

Under 17 Men

100m: 3, N.Urmatum 12.2; 3, I.Harris 12.4. 200m: 3, R.Danso 24.4; 3, N.Urmatum 24.7. 400m: 1, A.Lambert 53.6. 800m: 2, M.Garcia 2:07.3; C.Oshodin dnf. 1500m: 1, M.Garcia 4:17.9. 100mH: 1, P.Walsh 14.7; 1, L.Odiote 15.0. 400mH: 1, R.Bennett 59.9; 1, P.Walsh 60.1. 1500mSC: 3, B.Asante 5:32.6. HJ: 2, T.Abeyie 1.80; 1, D.Holmes 1.65. LJ: 1, R.Danso 6.32; 1, T.Abeyie 6.17. TJ: 2, Andrew Arce 12.03; 2, Alfie Arce 11.08. SP: 1, G.Reid Hughes 15.14. DT: 1, G.Reid Hughes 41.84; 1, G.Urquhart 39.76. JT: 4, G.Reid Hughes 21.62.



Photo: Alan Mead

Alex Lambert, pictured above competing over 200 metres at Kingsmeadow, became Surrey County A.A. Under 17 Men's 400 metres champion in 1998

John Lambert to join John Dawson at the helm

Already plans are being laid for the 1999 season. John Lambert will be joining John Dawson to share the load of managing the team and with Reg Hopkins gathering some under 13s around him to tackle Sportshall athletics during the winter, we should at least start off with some lads in this age group come next summer.

We still need lots of help with the officiating because for every official we are short at any match, we lose points. We need to take a track judge, timekeeper, and a team of field event judges (two to four bodies) to every meeting. If you are going to the meeting anyway why not consider becoming part of the team by being an official. It doesn't matter if you've never done it before because we have experienced officials on hand to show you what to do.

Surrey County AA Sportshall Athletics

WESTCROFT LEISURE CENTRE, 8 NOV 1998

In our first outing in Sportshall Athletics since Leo Coy was the man in charge we didn't do at all badly with a team of just six boys. Team Manager Reg Hopkins must have been very pleased.

Events were two, four and six lap individual races, long jump, vertical jump and shot, obstacle race, paarlauf and 4 x 2 laps. Note that "a lap" means starting in the middle of the hall and racing to the wall - up the reverser board and back the full length of the hall - up the reverser board at the other end and back across the middle.

Terry Tsai, who showed much promise as a sprinter in the McDonalds League last summer, was fastest of the 22 competitors in the 6 lap race and Belgrave won the paarlauf and 4 x 2 lap relay.

Well done to all who took part - Barnaby and Toby Hodgeson, Terry Tsai, Hugo Sells, Roy Collier and Phillip Doorgachurn. As a team they placed 8th of the 14 clubs who took part with 317 points. Herne Hill were match winners with 427.

Under 13 Boys

2 laps: T.Tsai 24.9; B.Hodgeson 26.5.
4 laps: T.Hodgeson 59.9; H.Sells 69.4.
6 laps: T.Tsai 1:30.8; P.Doorgachurn 1:31.8; R.Collier 1:43.8. Vertical Jump: 28cm. SP: R.Collier 6.31; T.Hodgeson 5.83. Paarlauf: 1:50.7. 4x2 laps 1:42.4. Obstacle race: 2:22.5.

SPECTRUM LEISURE CENTRE, GUILDFORD, 10 JAN 1998

Several of our team were unavailable due to sickness and then Hugo went and injured his knee in the high jump leaving us with only three people to run in the relays. Luckily he was not badly

hurt. Philip Doorgachurn has been doing well in Surrey League cross country races and he made good use of his fitness by racing to the fastest time of the afternoon - out of some 30-odd competitors - in the 6 lap race.

Under 13 Boys

2 laps: R.Collier 30.2; B.McCarthy 30.1. 4 laps: H.Sells 70.7; P.Doorgachurn 57.2. 6 laps: R.Collier 1:48.2; P.Doorgachurn 1:32.3. HJ: H.Sells 1.10. SP: R.Collier 6.10; B.McCarthy 5.23. Paarlauf: 1:57.7. 4x2 laps 1:58.9. Obstacle Relay 2:22.9.

WOKING SPORTS CENTRE 21 FEB 1999

So to the last event in the series and at last we were able to turn out a girls' team - and didn't they enjoy it! In both Boys and Girls Teams we were very much younger than the other teams with an average age of just 11 years.

Under 13 Girls

2 laps: L.Hopkins 31.2. 4 laps: C.Noble 61.1; D.Mae Wilson 61.6; C.Hopkins 67.3. 6 laps: L.Collier 1:38.8. L.Hodges 1:39.9. Vertical Jump: L.Hodges 30cm; L.Hopkins 28cm; C.Hopkins 32cm. 4x2 laps: 1:39.4. Obstacle Relay: 2:22.1.

Under 13 Boys

2 laps: P.Doorgachurn 25.8. 4 laps: K.Taylor 62.0; Joe Fitzgerald 68.4; R.Collier 60.8. 6laps: P.Doorgachurn 1:29.9. Vertical Jump: J.Fitzgerald 29cm; P.Doorgachurn 33cm. SP: R.Collier 6.25. 4x2 laps: 1:57.3. Obstacle Relay: 2:15.3.

HT: 3, G.Urquhart 21.61. 4x100m: 1, Belgrave (Andrew Arce, N.Urmatum, Alfie Arce, T.Abeyie) 45.7. 4x400m: 3, Belgrave (Andrew Arce, M.Garcia, R.Bennett, A.Lambert) 3:50.7.

Under 15 Boys

100m: 1, C.Alexander 12.3; 2, D.Lambert 13.4. 200m: 1, C.Alexander 24.6; 1, D.Lambert 26.2. 400m: 2, J.Wells 55.1; 2, P.Allen 57.0. 800m: 1, D.DeEmmony 2:10.9; 2, D.Colsoul 2:27.0. 1500m: A.Abdullah 4:53.0. 3000m: 2, M.Harvey-Bray 10:52.6. 80mH: 2, P.Allen 12.8; 2, S.Osibo 15.0. HJ: 1, C.Milner 1.65; 3, C.Boateng 1.45. PV: 1, C.Carter 2.90. SP: 2, R.Broni 11.18; 2, S.Joseph 9.79. DT: 2, C.Alexander 34.60; 3, M.Adesina 21.19. JT: 1, C.Carter 39.70. 3, D.Colsoul 20.72. HT: 3, C.Carter 22.04; 3, R.Broni 20.48. 4x100m: 2, Belgrave (P.Allen, J.Wells, D.Colsoul, C.Alexander) 49.1. 4x400m: 1, Belgrave (P.Allen, D.Colsoul, D.DeEmmony, J.Wells) 3:46.3.

Under 13 Boys

100m: 1, T.Tsui 13.5; 2, D.McDonald 14.2. 200m: 2, T.Tsui 27.7; 3, R.Kelman 30.8. 800m: 1, R.Kelman 2:35.4; 2, F.Fagezi 2:36.3. 1500m: E.Gezihiher dnf; J.Faro dnf. LJ: 1, D.McDonald 4.92; 3, M.Thomas 4.15. SP: 3, N.Ravel 9.92; 1, C.Wilson 9.46. 4x100m: 2, Belgrave (D.McDonald, F.Fagezi, R.Kelman, T.Tsui) 55.5. Teams: 1, Boro' Enfield 246; 2, Belgrave 194; 3, Havering 174; 4, Norwich 112.

MATCH 5 - BRACKNELL 19 JUL 1998

Under 17 Men

100m: 1, R.Danso 12.0. 200m: 1, A.Lambert 23.6; 1, N.Urmatum 24.8. 400m: 2, A.Lambert 53.6; 3, A.Arce 56.5. 800m: 2, D.Huckett Joseph 2:07.4; 3, M.Edwards 2:34.8. 1500m: 1, M.Garcia 4:13.6; 3, J.Edwards 5:10.0. 3000m: 1, M.Garcia 9:15.0. 100mH: 1, P.Walsh 14.0; 1, L.Odiete 15.9. 400mH: 1, P.Walsh 58.2; 2, L.Odiete 64.5. 1500mSC: 4, B.Asante 5:32.7. HJ: 1, J.Adjei 1.70; 1, T.Abeyie 1.60. LJ: 1, R.Danso 5.86; 1, K.Morgan 5.85. TJ: 2, Alfie Arce 11.96; 2, B.Asante 11.52. PV: 1, K.Morgan 2.28; D.Holmes no ht. SP: 1, D.Fitzmaurice 13.30; 1, M.Antonelli 9.82. DT: 1, D.Fitzmaurice 39.39; 2, M.Antonelli 26.81. JT: 4, K.Morgan 29.13. HT: 2, D.Fitzmaurice 37.34; 3, M.Antonelli 17.38. 4x100m: 1, Belgrave (Alfie Arce, N.Urmatum, Andrew Arce, T.Abeyie) 45.9. 4x400m: Belgrave (A.Lambert, D.Holmes, K.Morgan, D.Huckett Joseph) 3:46.6.

Under 15 Boys

100m: 4, P.Allen 12.7; 2, D.Colsoul 12.7. 200m: 2, J.Wells 25.0; 2, D.DeEmmony 24.4. 400m: 2, J.Wells 55.0; 1, D.Shillingford 55.3. 800m: 1, D.DeEmmony 2:09.2; 1, R.Braithwaite 2:18.5. 1500m: 2, R.Braithwaite 4:44.4; 1, A.Abdullah 4:33.3. 3000m: 2, M.Harvey-Bray 10:30.7; 2, J.Skilbeck-Nelson 10:40.7. 80mH: 1, P.Allen 12.2. HJ: 3, D.Lambert 1.40;

3, C.Boateng 1.35. LJ: 2, D.Shillingford 5.53; 1, D.Colsoul 5.50. SP: 1, C.Alexander 14.28; 1, R.Broni 10.78. DT: 1, C.Alexander 35.52; 1, R.Broni 25.58. JT: 2, C.Alexander 38.89; 1, C.Carter 34.28. HT: 4, R.Broni 21.29. 4x100m: 3, Belgrave (D.Lambert, D.Colsoul, P.Allen, J.Wells) 50.3. 4x400m: 1, Belgrave (D.Shillingford, D.DeEmmony, P.Allen, J.Wells) 3:46.1).

Under 13 Boys

100m: 1, T.Tsui 13.3; 1, J.Hawkes 13.7. 200m: 1, T.Tsui 26.8; 1, J.Hawkes 28.6. 800m: 4, D.McDonald 3:05.2; 4, R.Collier 3:10.6. LJ: 1, D.McDonald 4.58; 2, M.Thomas 4.17. SP: 1, N.Ravel 9.34; 1, C.Wilson 8.49. 4x100m: 3, Belgrave (N.Ravel, D.McDonald, J.Hawkes, T.Tsui) 55.1. Teams: 1, Belgrave 227; 2, Aldershot F&D 225; 3, GEC Avionics 166; 4, Bracknell 138.

McDonalds YA League Southern Premier Div. 1998

1, Borough of Enfield	20
2, Croydon	19
3, Harrow	18
4, Blackheath	17
5, Shaftesbury Barnet	16
6, Aldershot F&D	14
7, Havering	13
8, Crawley	12
9, Windsor S&E	11 1/2
10, GEC Avionics	870 ... 11
11, Belgrave	784 ... 11
12, Team Solent	91 1/2
13, Bracknell	9
14, Ipswich	7
15, City of Norwich	644 1/2 ... 6
16, Peterborough	573 1/2 ... 6

80 teams took part in the south, 227 nationwide.



Roy Collier, Barnaby Hodgeson, Terry Tsai, Hugo Sells and Toby Hodgeson formed our team for Sportshall match One at Carshalton

Track & Field - Young Athletes - Thameside League

MATCH 1, BATTERSEA PARK 2 MAY 1998

Under 15 Boys

100m: 5, I.Morris 13.0; 3, R.Biscoe 13.1. 400m: 2, D.Shillingford 59.9; 1, J.Wells 55.5. HJ: 2, D.Lambert 1.35. LJ: 3, C.Bent 4.70; 3, I.Morris 4.51; D.Lambert 4.14; R.Biscoe 4.51. SP: 3, C.Bent 8.48; 3, S.Whorlow 5.24. DT: 5, S.Whorlow 12.97.

Teams: 1, Croydon 337; 2, Herne Hill 191; 3, Richmond & Twick. 144; 4, Belgrave 124; 5, Camberley 66.

Under 13 Boys

100m: 3, G.Perkins 14.3. 200m: 4, S.McNally 36.5; 1, P.Graham 26.9. 300m: 3, R.Collier 55.6. 1200m Walk: 1, W.Nolan 8:25.5; 2, S.McNally 9:37.8. HJ: 2, P.Graham 1.20; 2, M.Lambert 1.10. LJ: 3, G.Perkins 4.26; 4, M.Lambert 3.52. SP: 2, M.Lambert 5.81; 1, R.Collier 5.52. 4x100m: 4, Belgrave 64.1.

Teams: 1, Croydon 276; 2, Camberley 191; 3, Herne Hill 168; 4, Belgrave 167.

Under 15 Girls

100m: 4, S.Raymond 13.9; 4, M.Nestor 15.0. 200m: 4, G.Marek 28.7. 75mH: 6, M.Nestor 18.2. 1600m Walk: 1, L.Fryer 8:26.3. HJ: 4, M.Nestor 1.30. LJ: 4, L.Fryer 3.74. SP: 4, L.Fryer 6.22; 4, G.Marek 5.96.

Teams: 1, Croydon 288; 2, Dartford 257; 3, Bromley 234; 4, Herne Hill 215; 5, Camberley 154; 6, Richmond & Twick. 146; 7, Belgrave 118.

Under 13 Girls

100m: n/s L.Collier 16.6; L.Hopkins 17.1200m: 5, C.Hopkins 38.5. 800m: 3, L.Hopkins 3:07.4; 3, L.Collier 3:16.7. 70mH: 6, S.Richardson 16.6. 1200m Walk: 1, S.Richardson 6:17.7. 4x100m: 5, Belgrave (S.Richardson, L.Collier, C.Hopkins, L.Hopkins) 67.5. LJ: 7, L.Collier 2.93; 5, L.Hopkins 2.69. SP: 6, S.Richardson 4.24.

Teams: 1, Herne Hill 220; 2, Bromley 208; 3, Dartford 201; 4, Croydon 178; 5, Belgrave 108; 6, Queens Park 101; 7, Camberley 90; 8, Richmond & Twick. 31.

MATCH 2, BATTERSEA PARK, 23 MAY 1998

Under 15 Boys

100m: 2, C.Hutchinson 11.7; 2, V.Orji 12.8. 200m: 3, V.Orji 26.5; 3, I.Morris 26.7. 400m: 2, J.Wells 56.3; 2, R.Biscoe 61.5. 1500m: 3, J.Skillbeck-Nelson 4:51.1. 1600mW: 1, S.Whorlow 9:46.6. HJ: =4, V.Orji 1.30. DT: 5, S.Whorlow 14.39. SP: 4, S.Whorlow 4.54. 4x100m: 2, Belgrave 51.6.

Teams: 1, Croydon 676; 2, Herne Hill 447; 3, Belgrave 291; 4, Richmond & Twickenham 270; 5, Camberley 112; 6, Paddock Wood 46.

Under 13 Boys

100m: 3, P.Graham 14.4. 300m: 4, R.Collier 54.8. 800m: 5, J.Fitzgerald 2:58.1; n/s A.Graham 3:04.6. 1200mW: 1, P.Graham 6:27.1; n/s A.Graham 7:10.9; B.Craig 7:18.2; W.Nolan 8:06.8. HJ: 3, P.Graham 1.20. LJ: 7, W.Nolan 2.98; 4, B.Craig 2.94. SP: 3, G.Eskemazi 6.40; 1, R.Collier 5.56.

Teams: 1, Croydon 539; 2, Herne Hill 350; 3, Camberley 337; 4, Belgrave 289; 5, Richmond & Twickenham 106; 6, Queens Park 94; 7, Paddock Wood 43.

Under 15 Girls

100m: 3, M.Nestor 13.9. 200m: 2, R.Lester 27.9; 1, M.Nestor 28.7. 800m: 3, R.Lester 2:36.8. 1600mW: 1, L.Fryer 8:57.2. HJ: 3, M.Nestor 1.35. SP: 4, L.Fryer 6.79. DT: 7, L.Fryer 15.38.

Teams: 1, Croydon 543; 2, Bromley 455; 3, Dartford 441; 4, Herne Hill 389; 5, Camberley 250; 6, Belgrave 237; 7, Paddock Wood 132; 8, Richmond & Twickenham 146; 9, Queens Park 52.

Under 13 Girls

100m: 4, N.Richardson 15.1. 800m: 4, L.Collier 3:11.7; 6, R.Shun 3:24.9. 70mH: 6, N.Richardson 15.0; 4, S.Richardson 16.4. 1200mW: S.Richardson 7:56.0. LJ: 5, N.Richardson 3.52; 4, L.Collier 3.17. SP: 7, S.Richardson 4.68.

Teams: 1, Herne Hill 433; 2, Dartford 407; 3, Bromley 375; 4, Croydon 352; 5, Queens Park 268; 6, Belgrave 209; 7, Richmond & Twickenham 142; 8, Camberley 164; 9, Paddock Wood 42.

MATCH 3, BATTERSEA PARK, 20 JUN 1998

Under 15 Boys

100m: 5, M.Lewis 14.1; 4, D.Sharp 14.1. 200m: 3, D.DeEmmony 24.9. 400m: 1, D.Shillingford 56.0. 80mH: 2, N.Waller 13.5. HJ: 2, D.Sharp 1.45; 2, M.Lewis 1.40. LJ: 2, D.Shillingford 5.29. 4x100m: 3, Belgrave 52.2.

Teams: 1, Croydon 328; 2, Herne Hill 314; 3, Camberley 160; 4, Belgrave 127; 5, Queens Park 90; 6, Paddock Wood 43.

Under 13 Boys

100m: 4, B.Hodgson 14.3; 4, C.Panton 16.6. 300m: 4, R.Collier 54.2. 800m: 2, B.Hodgson 2:36.5. HJ: 4, C.Panton 1.10. LJ: 2, B.Hodgson 4.34. SP: 4, R.Collier 5.72; 2, C.Eskenazi 5.50.

Teams: 1, Herne Hill 275; 2, Croydon 269; 3, Camberley 173; 4, Belgrave 108; 5, Queens Park 97; 6, Paddock Wood 41.

Under 15 Girls

100m: 5, G.Marek 14.2. 200m: 3, R.Lester 27.7; =2, G.Marek 29.0. 800m: 1, R.Lester 2:33.9. SP: 7, G.Marek 5.04; 6, R.Lester 4.80.

Teams: 1, Croydon 260.5; 2, Dartford 238.5; 3, Bromley 230; 4, Herne Hill 229.5; 5, Paddock Wood 196; 6, Camberley 173.5; 7, Belgrave 71.5; 8, Richmond & Twick 70.5.

Under 13 Girls

100m: 7, L.Collier 15.8; 6, L.Hopkins 17.5. 200m: 9, C.Hopkins 37.9. 800m: 4, L.Collier 2:54.6; 6, L.Hodges 3:09.3. 70mH: 8, L.Hodges 16.4; 7, C.Hopkins 17.6. LJ: 7, L.Collier 3.30; 6, C.Hopkins 2.76. SP: 7, L.Hopkins 3.45. 4x100m: 7, Belgrave 68.4.

Teams: 1, Dartford 245.5; 2, Herne Hill 210; 3, Croydon 183.5; 4, Camberley 175.5; 5, Queens Park 160.5; 6, Bromley 160; 7, Belgrave 93; 8, Richmond & Twick. 58; 9, Paddock Wood 53.

MATCH 4, BATTERSEA PARK, 1 AUG 1998

Under 15 Boys

400m: 1, D.DeEmmony 54.2. 1500m: 2, J.Skillbeck Nelson 4:47.2. 80mH: 2, N.Waller 14.2. 4x100m: 2, Belgrave 51.1.

Teams: 1, Croydon 338; 2, Herne Hill 212; 3, Camberley 108; 4, Richmond & Twick. 82; 5, Belgrave 68; 6, Paddock Wood 47; 7, Queens Park 37.

Under 13 Boys

100m: 5, C.Panton 18.0; 2, P.Graham 15.0. 300m: 3, C.Panton 54.9. 800m: 3, P.Doorgachum 2:42.3; 4, J.Fitzgerald 3:02.6. HJ: 4, C.Panton 1.10. LJ: 2, P.Graham 4.20. SP: 3, P.Doorgachum 7.26; 1, R.Collier 6.95.

Teams: 1, Croydon 256; 2, Herne Hill 224; 3, Queens Park 145; 4, Camberley 102; 5, Belgrave 101, 6, Paddock Wood 16.

Under 15 Girls

100m: 4, M.Nestor 14.2. 200: 4, R.Lester 28.8; 3, M.Nestor 29.5. 800m: 1, R.Lester 2:38.3. HJ: 1, M.Nestor 1.42; 3, R.Lester 1.30.

Teams: 1, Dartford 241; 2, Bromley 234; 3, Herne Hill 211; 4, Croydon 189; 5, Paddock Wood 188; 6, Camberley 134; 7, Richmond & Twick. 119; 8, Belgrave 80.

Under 13 Girls

100m: 7, L.Collier 15.6; 3, N.Richardson 15.5. 200m: 9, C.Hopkins 37.4. 800m: 3, L.Collier 2:44.3; 6, L.Hodges 3:05.6. 70mH: 7, C.Hopkins 17.9; 4, L.Hodges 16.5. LJ: 3, N.Richardson 3.80; 1, L.Collier 3.76. 4x100: 6, Belgrave 64.2.

Teams: 1, Dartford 239; 2, Croydon 178; 3, Bromley 168; 4, Herne Hill 164; 5, Queens Park 161; 6, Camberley 141; 7, Belgrave 105; 8, Richmond & Twick. 64; 9, Paddock Wood 40.

THAMESIDE LEAGUE 1998

Under 15 Boys

1, Croydon	1342	36
2, Herne Hill	973	32
3, Belgrave	486 1/2	24
4, Camberley	380	23 1/2
5, Richmond & Twick.	352 1/2	19
6, Paddock Wood	136	12 1/2
7, Queens Park	127	5

Under 13 Boys

1, Croydon	1064	35
2, Herne Hill	849	32
3, Camberley	612	28
4, Belgrave	498	23
5, Queens Park	336	16
6, Paddock Wood	100	11
7, Richmond & Twick..	106	5

Under 15 Girls

1, Croydon	992 1/2	33
2, Dartford	920 1/2	32
3, Bromley	919	30
4, Herne Hill	829 1/2	25
5, Camberley	557 1/2	16
6, Paddock Wood	516 1/2	15
7, Belgrave	389	11
8, Richmond & Twick	335 1/2	9
9, Queens Park	52	2

Under 13 Girls

1, Dartford	891 1/2	33
2, Herne Hill	807	32
3, Croydon	714	28
4, Bromley	703	24 1/2
5, Queens Park	589 1/2	19 1/2
6, Camberley	480 1/2	15
7, Belgrave	407	14
8, Richmond & Twick.	264 1/2	10
9, Paddock Wood	135	3

Set to break a few records in '99?
Louise Collier is rarin' to go.



March 1999, The Belgravian

Performance Ratings & Comparisons One mile to Marathon

— Rex Bale writes —

Have you tried to compare your times for a variety of distances to see which is the best? There have been many published tables to help you to do this but a more flexible system is possible using the chart on this page. It also allows you to give yourself a performance score so that you can set targets, or perhaps in the case of veterans to stay as long as possible above a chosen points score.

The steps to follow are as follows:

- 1) Divide your race time by the race distance to give a rate per mile to the nearest 10 seconds.
- 2) Pick out this rate per mile on the left hand vertical axis and follow the horizontal line to the intersection with the vertical line for the race distance.
- 3) Follow the diagonal line upwards to the right hand axis and read off the points score.

Example: Running 10 miles in 61:40 (6:10 minute miles) gives a score of 1,770 points — the solid line on the chart. You will see that the points lie within a fairly narrow band — for example for the mile race, a four-minute mile scores 1,950 points whereas running it in only six-and-a-half minutes scores 1,570 points.

You could use an age graded table, again published in running magazines from time to time, to adjust for age. Just multiply the rate per mile by the factor for your 5-year age group (0.88 for M50) and follow the steps above.

This system works best for fairly flat road courses and track, not cross country where the terrain is less predictable. It is also not so reliable for marathons since as many of you will know only too well, anything can happen, and hitting "the Wall" is not accounted for in this method. Apart from this, I have personally found it very reliable and you will probably be surprised to find that your performance scores are very consistent over a wide range of race distances.

This scheme was devised by Tom Osler in his 'Serious Running Handbook', one of a plethora of books to come out of the running boom in the late 1970s and early 1980s, mostly from the USA.

Life Membership for John Davies

Many will know of John and his background but if there is anyone who sees him only as one of the Saturday afternoon crowd who complains about his aching knees and waves the bath box under your nose we can enlighten you — he does have a past — and a very significant one.

Like several of our other stars John's first sporting love was football where he played in the amateur ranks for Kingstonian, Wimbledon and Tottenham Hotspur (well we didn't say he was perfect!)

However, in 1955 he decided a change was in order and turned to athletics. In May of that year he joined Belgrave and very quickly made his mark not only in our club but in the Athletics World in general.

From 1955 to the early 60's John's track career as a middle-distance runner fell only just so very, very short of full international status, but it should be noted that at that time he was vying with some of the great names of the

past — Hewson, Chataway, Brasher and Pirie to name but a few. These men all became his regular training partners and personal friends.

Space does not permit a listing of all his achievements during this time but let's just record that he represented the A.A.A. on many occasions both at home and on the Continent, particularly in Sweden, and recorded personal best times of: 1:52 for 800m and 4:10.4 for 1 mile — all on cinders!

He did not confine himself purely to 800's or miles, also becoming Club Champion at 3 miles and turning out regularly on the road and country when needed.

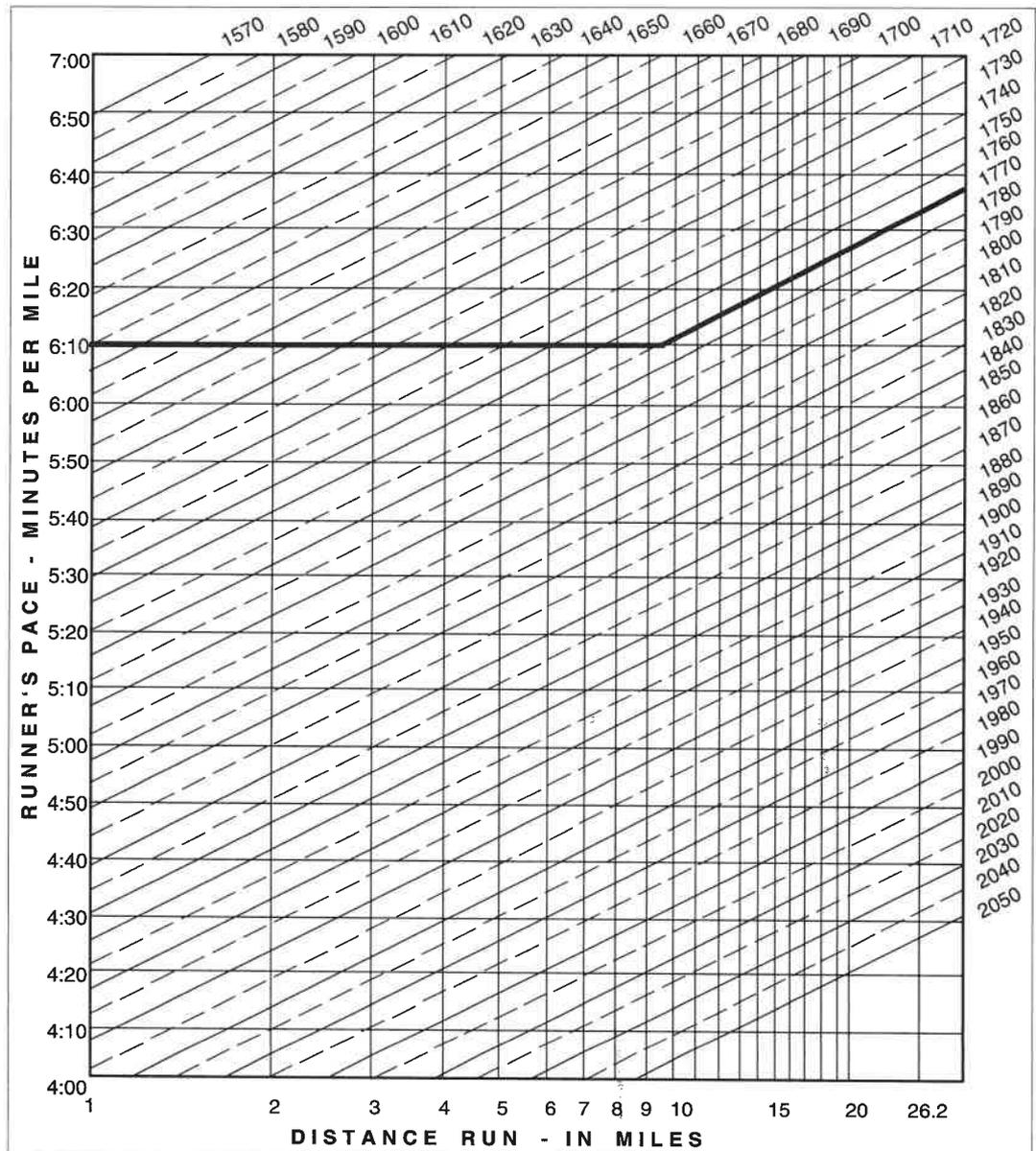
In 1970 with his Track career behind him, John joined the 'Saturday Crowd' at Belgrave Hall and turned his attention to road running in earnest. That means he has now been going up to the Hall on a Saturday for 28 years — or from another angle, he's probably consumed something in the order of 1,456 cups of Brian Gorman's tea and

eaten an equivalent number of sausage rolls! Amazing! And in spite of this he's completed 68 marathons including the London and is still with us!

We must mention one of his other highlights, which was of course meeting Pam while training at Tooting. Pam, an International herself, must surely share in the credit for the honour of Life Membership bestowed upon John — for keeping our boy on the straight and narrow all this time!

Throughout his 28 years as one of the Saturday Crowd John has performed an invaluable service to the Club in his own quiet unassuming way: helping out wherever needed, making new members feel welcome, advising and encouraging some of our younger ones and taking them out training. Then there's that Bath Box. It was his original idea to pass this around on Saturdays after training, to help offset some of our heating costs. Over the years he has literally raised hundreds of pounds.

— Gordon Biscoe writes —



Second at the 'Valley'

PUMA TVH ROAD RELAY STOCKLEY PK, 28 MAR 1998

In the second running of the revived 'TVH' road relays we moved up to the silver medals from last year's bronze. A super run from Gary Staines had him equalling the course record and taking the Belv. into the lead from the springboard of Graham Adam's opening stage but there was no denying the solid Shaftesbury outfit from thereon. A half-fit Bruce Barton kept us in the medals but then an uncharacteristic below-par run from Kevin Quinn had us slipping back to 4th. We were looking for a time perhaps a minute faster from young Kev. but even had he achieved it, the final result would have been exactly the same. A strong fight back by Roger Alsop took us to the line in 2nd and an overall time 16 seconds faster than that of '97.

Men's 5x3 miles

- 1, Shaftesbury Barnet 1:22:06
- 2, Belgrave H 1:23:57
- 3, London Irish 1:24:37
- 29 teams started
- 22 teams finished
- Belgrave 'A'
- 1, G.Adams (4) 16:26
- 2, G.Staines (1) 15:39
- 3, B.Barton (3) 17:57
- 4, K.Quinn (4) 17:26
- 5, R.Alsop (2) 16:29
- Belgrave 'B'
- 1, D.Anderson (26) 18:50
- Fastest
- 1, G.Staines (Belgrave H) 15:39
- 2, C.Johnson (Shaftesbury B) 15:52
- 3, A.Colvin (Shaftesbury B) . 15:57

Women's 3x3 miles

- 1, Shaftesbury B 57:33
- 2, Boro Hounslow 1:00:16
- 3, Windsor, S&E 1:00:47
- 12, Belgrave H 1:18:47
- 17 teams started
- 13 teams finished
- Belgrave
- 1, D.Hearn (14) 23:47
- 2, C.Eastham (14) 26:11
- 3, J.Smiter (12) 28:49
- Fastest
- 1, H.Yelling (Hounslow) 18:27
- 2, R.Quill (Shaftesbury B) 18:36
- 3, J.Lodge (Hounslow) 18:45

NATIONAL VETERANS C.C. CHAMPIONSHIPS, LLOYD PARK, 28 MAR 1998

The National Veterans Cross Country Championships were held last March at one of our local venues, Lloyd Park in Croydon, and this provided a fitting occasion for Belgravians to gather in memory of the late Laurie O'Hara who had died almost exactly a year before.

The Club had donated a new silver salver, the *Laurie O'Hara Trophy*, which was presented to the

SEAA 12-STAGE RELAY 1998						
Stage	Team	Ranking	Stage	Team	Ranking	
1.	J.Estall (M40)	(10) 42nd	24:38	2.	C.Gilby	(4) 11th 13:13
3.	G.Adams	(9) 78th	25:16	4.	R.Alsop	(8) 19th 13:34
5.	L.Hurst	(5) 55th	24:50	6.	S.Fowler (M40)	(8) 126th 14:37
7.	J.Galley	(13) 203rd	26:51	8.	C.Dickinson (M45)	(12) 122nd 14:35
9.	M.Webb	(14) 210th	26:48	10.	D.Beaver	(14) 181st 15:01
11.	M.Kazimierski	(15) 180th	26:27	12.	B.Barton	(15) 187th 15:04
3.	A.Barden (Basildon)	?	25:48			
7.	B.Nixon (Southampton R)	7th	24:29	12.	D.Anderson (running for Herc Wimb)	15:26
338 long stage runners			337 short stage runners			
Fastest:						
5.	D.Laghan (Chelmsford)	1st	22:58	2.	A.Whiteman (GEC Avionics)	1st 12:29
9.	S.Poore (Southampton R)	2nd	23:12	2.	G.Amos (City of Norwich)	2nd 12:44
5.	N.Wetheridge (Basildon)	3rd	23:14	10.	C.Johnson (Shaftesbury B)	3rd 12:47

winner of the M65 race by Mrs Jean O'Hara, Laurie's widow, who had kindly attended the meeting with her son and his family. The start of the M50's and 60's race was preceded by a few moments silence. The end of the silence was greeted with a touching spontaneous applause for Jean and her son Laurie by the athletes, many of whom had known and raced Laurie in similar events for over twenty five years.

Lloyd Park was bathed in warm sunshine for the event which was admirably organised by Southern Vets. The tough, undulating three lap course proved a true test for the runners, although perhaps a little over demanding for some of our less fit colleagues. It was also an excellent spectator course and it was good to see so many Belgravians who had come to run in spite of injury or lack of fitness, and others who had just come to support.

Performance of the day was by Jim Estall, second in the M40 race. The M40 team actually got 6th place helped by an excellent run from John Mather who had been told "never run again". Pat Newell had been moving through nicely to the medal positions until his hamstring went at the end of the second lap and this cost our M60's a team bronze. Frank Gander was a revelation over the tough course and at the end looked as though he could go round a couple more times.

REEBOK SEAA 12-STAGE ROAD RELAY, THURROCK 5 APR 1998

Once again we lost many of our faster men in the week preceding the race so went for the tactic of attempting to remain competitive for as long as possible by putting the faster men on early stages. It worked pretty well, for by the middle of the race the gaps had opened up and creditable performances by the lads on the latter laps gave us 15th overall and a place in the National 12-Stage - should we want it! Sadly, with the warm weather training and preparations for the oncoming track season taking precedence, we couldn't even muster twelve names for the National and had

to give it a miss. For four years now we have failed to line up in Sutton Park to face the best of the rest of the country. It's a habit we need to break.

- 1, Shaftesbury Barnet 3:45:41
- 2, Southampton Runners ... 3:48:08
- 3, Borough of Hounslow ... 3:50:03
- 15, Belgrave 4:03:09
- 58 teams started
- 54 teams finished

Paul Evans' London Record Dented

LONDON MARATHON 26 APR 1998

Paul Evan's marvellous record of achievement in this race took a dent when he was forced to pull out at 18 miles due to stomach cramps; his halfway time was inside 65 minutes. With Gary Staines taking on pacemaking duties and therefore only going half the distance it was therefore left to our redoubtable veteran Jim Estall to lead home the Belgrave contingent.

It was good to see two Belles finishing within a few seconds of each other, just outside the top hundred. A couple more to join Nikki Haines and Rachel Weston and we might have figured in the women's team race.

Dave McMillan looked absolutely awful as he clawed his way along Upper Thames Street with a couple of miles to go. He was some twenty minutes or so outside his target but one can hardly believe that this man, who spent months in a wheelchair recuperating from terrible injuries, was there at all.

The results that follow have been gleaned from the columns of *The Times*. Sorry if we've missed anyone.

Women

- 1, C.McKeirman (Eire) 2:26:26
- 103, N.Haines 3:09:47
- 105, R.Weston 3:09:55
- Men
- 1, A.Anton (Spain) 2:07:57

- 49, W.Nixon (2-cl) 2:25:39
- 158, J.Estall 2:37:14
- 205, M.Kazimierski 2:39:43
- 674, P.Carstairs 2:52:45
- 690, J.Galley 2:53:12
- 1104, C.Higgins 2:59:09
- ?, S.Paton about 3:15:00
- 2761, S.Magiulli 3:17:11
- 5252, F.Gander 3:32:13
- 7229, M.Joyce (2-cl) 3:42:35
- 8050, L.Mann 3:46:28
- 8080, D.Manning 3:46:37
- 16500, D.McMillan 4:23:02
- 17426, M.Graham (walking) 4:27:08
- 19995, D.Davies 4:39:20
- 28775 finished



Photo: Rex Bale

Having turned in some good long distance road performances in the early Spring, Rachel Weston then concentrated her attention on the London Marathon where she closely followed Nikki Haines home just under 3 hours 10 minutes.

BELGRAVE - NONSUCH

**4 x 2.25m RELAY
NONSUCH PARK, 9 JUL 1998**

This was the second time that Bill Law's company had sponsored this Dave Denton organized relay in our name and again the opposition from Alf Tupper ACM, Upton O Good, Epsom Oddballs and others enjoyed the chance to race our lads in claret and gold.

Gary Staines started by carrying out a demolition job on Ray Foley's lap record while Kevin Quinn trimmed his best for this circuit. In his first relay for Belgrave Paul Coughlan extended the 'A' team's lead but just to make the finish more exciting, veteran Alan Black then ambled round giving Marcello Bizio the chance to take the 'B's' ahead. Gary, going for a second circuit, was originally supposed to finish off for the 'B's' who should then have been disqualified as he had already run - but he and Ray were busy swapping numbers and teams in an attempt to make the finish as close as possible and give each other the chance of some stiff competition at the end. As it turned out Ray was able to operate at 15 seconds inside his old lap record pace and Gary was unable to get near him in spite of running what became the second fastest lap of all time - and the 'A' team should have been disqualified - but wasn't. Confused? The team manager certainly was.

- 1, Belgrave 'B' 43:46
 - 2, Belgrave 'A' 45:34
 - 3, Epsom & Ewell 47:50
- 32 teams finished

Belgrave 'B'

- K.Quinn (U20M)(2) 10:55
- M.Nouch (M40) (2) 11:18

- M.Bizio(1) 11:03
- R.Foley(1) 10:30
- Belgrave 'A'
- G.Staines(1) 10:04
- P.Coughlan(1) 11:10
- A.Black (M55)(2) 14:12
- G.Staines(2) 10:08

**SURREY 6 x 2 miles
ROAD RELAY
WIMBLEDON PARK,
12 SEP 1998**

Apparently Walton AC were unable to hold their road relay at this time of year due to holiday commitments so John Gebbels of Herne Hill took over as race organizer with Wimbledon Park becoming the venue.

Our team was made up of a mixture of lads from Kent, Middlesex, New Zealand and Morocco so we were not going to be able to retain our county title but as it happened, we ran out of runners anyway as our Surrey veterans teamed up to take bronze medals for the M40 event.

Thames Hare & Hounds were first Surrey team followed by Ranelagh and South London while Borough of Hounslow, first across the finish line, were helped no end by Sam Haughian running day's fastest time on lap 1 and then second fastest when he turned out again for lap 4. Our own Paul Coughlan's 14:43 was 5th best.

- 1, Borough of Hounslow 89:39
 - 2, Boxhill Racers 92:41
 - 3, Thames H&H 92:43
- 15 teams finished, Belgrave dnf

Belgrave

- P.Coughlan(4) ... 14:43
- N.Hliouat(2) ... 14:51
- J.Galley(2) ... 15:13
- W.Cockerell(2) ... 15:56
- R.Harding(6) ... 17:30

A super start to the Surrey League series came from last winter's individual winner Jim Estall. Unfortunately Jim was not able to contest all four League races as match two clashed with the British & Irish Veterans' International 10k CrossCountry race at St. Asaph, Wales, where Jim led the England M40 team to victory.

Fastest: S.Haughian (Hounslow) 14:04 and 14:15.

M40

- 1, South London H 63:10
- 2, Thames H&H 63:12
- 3, Belgrave H 65:13

Belgrave M40

- M.Nouch(2) ... 15:44
- A.Binda(4) ... 16:14
- P.Gilbey(3) ... 16:13
- D.Anderson(3) ... 17:02

Fastest E.Thomas (South London H) 15:14

**YACHT HANDICAP 3 miles
WIMBLEDON, 3 OCT 1998**

The "Yacht" continues to maintain its popularity. The entry list was up slightly again and with a bit of effort we could surely push it well into the thirties once more.

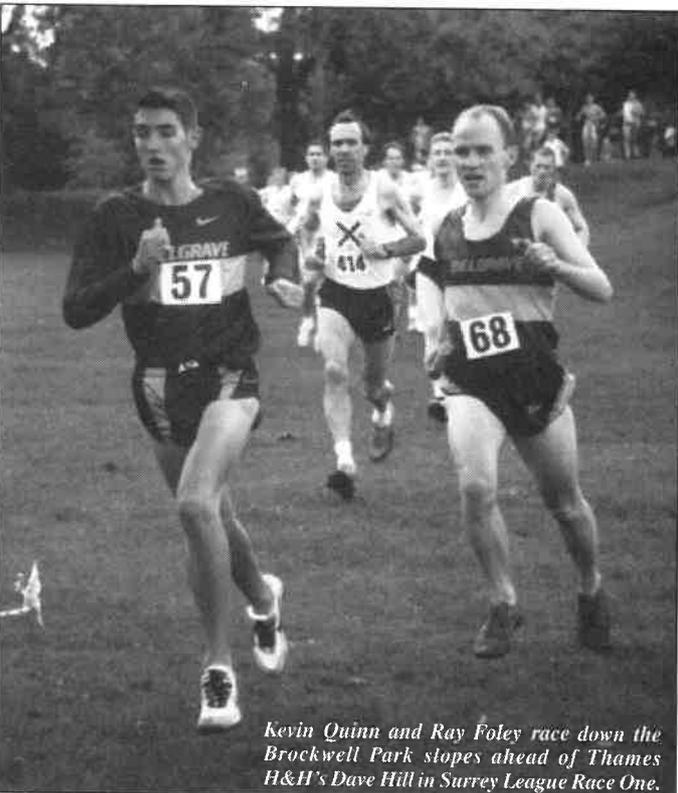
Things don't get any easier for Handicapper Arthur Bruce, however. He now has to work out projected times for athletes that range from 10 year old Louise Collier to septuagenarian Charlie Manning, from "come-back" specialist Vic Butcher to flying Moroccan Najibe Hliouat. Throw in a couple of runners who missed their proper start times - Steve



Photos: Alan Mead

Fowler went off at about 14:25 instead of 14:00 while James Skilbeck-Nelson set out much later than he should have done - and poor Jacqui Smiter's asthma attack in mid-race, and one can see that there was as much drama in the event as ever.

Tania Sturton took advantage of Arthur's generosity to cut through those setting out ahead of her and reach home first with Vic Butcher in tow. Ex-long jumper Syreeta Stracey, now converting to middle-distance running, surprised by taking third place.



Kevin Quinn and Ray Foley race down the Brockwell Park slopes ahead of Thames H&H's Dave Hill in Surrey League Race One.

The Belgravian, March 1999

Yacht Handicap 1998

	Watch	Delay	Actual	Fastest	
				Men	Women
1, T.Sturton (W) 29:15 9:20 19:55					1
2, V.Butcher 29:33 9:20 20:13					
3, S.Stracey (W) 30:01 8:45 21:16					2
4, A.Binda 30:04 13:30 16:34				8	
5, S.Fowler 30:10 14:25? 15:45?				7	
6, J.Curtat 30:12 13:00 17:12				10	
7, C. Eastham (W) 30:21 9:00 21:21					3
8, D.Hearn (W) 31:00 9:20 21:40					4
9, J.Mather 31:10 13:30 17:40					
10, R.Harding 31:18 15:20 15:58				5	
11, A.Stroud 31:20 10:30 20:50					
12, M.Lesley 31:27 9:45 21:42					
13, G.Collins 31:37 10:00 21:37					
14, R.Bate 31:54 12:00 19:54					
15, N.Hliouat 31:55 17:00 14:55				1	
16, L.Mann 31:57 11:00 20:57					
17, P.Carstairs 31:58 16:00 15:58				5	
18, R.Foley 32:02 16:50 15:12				2	
19, P.Coughlan 32:11 16:40 15:31				3	
20, W.Minett 32:29 15:40 16:49				9	
21, D.Davies 32:31 10:00 22:31					
22, L. Collier (W) 32:32 8:30 24:02					5
23, K.Quinn 32:41 16:50 15:51				4	
24, J.Skilbeck-Nelson 33:23 15:20 18:03?					
25, R.Hearn 33:24 9:20 24:04					
26, H.Bbideh 33:28 15:40 17:48					
27, J.Smiter (W) 34:43 8:00 26:43					
28, C.Manning 36:25 0:00 36:25					

SURREY CROSS COUNTRY LEAGUE DIVISION 1 – RACE 1 BROCKWELL PARK, 17 OCT 1998

League hopes 'blown away' in first fixture

1, Thames H&H	(5, 13, 15, 23, 29, 32, 42, 45, 48, 51)	303
2, Boro' of Hounslow	(1, 2, 3, 21, 24, 33, 44, 55, 76, 77)	336
3, Ranelagh H	(10, 16, 20, 36, 37, 47, 56, 59, 65, 74)	420
4, Herne Hill H	(7, 17, 18, 35, 39, 41, 66, 67, 68, 73)	431
5, South London H	(6, 14, 26, 27, 30, 60, 62, 63, 78, 83)	449
6, Belgrave H	(9, 11, 22, 40, 49, 54, 58, 64, 71, 87)	465
7, Boxhill R	(8, 25, 31, 38, 43, 52, 69, 70, 80, 82)	498
8, Aldershot F&D	(12, 19, 28, 34, 46, 50, 72, 85, 88, 90)	524
9, Hercules Wimbledon AC ..	(4, 53, 57, 61, 75, 79, 81, 84, 86, 89)	669

A "hoped for" place in the top four teams proved optimistic. A closely fought battle finally saw only 104 points covering positions 3rd to 8th with the Bels. near the back of that group in 6th.

The Hounslow boys dominated the race, showing no regard for the blustery conditions. South London's Stuart Major, Hercules Wimbledon's Adrian Marriott, Herne Hill's Ian Munt and our own Najib Hliouat ran with them in the leading group which set out at such a fearful pace that Lee Hurst (30th in last year's 'National' remember), racing with a heart monitor for the first time, found himself running into trouble within the first mile.

Najibe, it seemed, had bitten off more than he could chew and although still fighting with the leaders as the first lap came to an end, pulled out of the race at half way. Lee Hurst was now recovering from the blistering start and holding on as our leading scorer with Jim Estall making a great showing close behind and staking an early claim for the position of top veteran. What a pity that Veteran International duty will rule him out of the second match and thus not allow him to retain his title.

And so to the finish. Hounslow, so strong at the front, had to go back a fair way to close in their ten men and thus let in the solid Thames Hare & Hounds team who always pack so well in the 20s to 40s. After that it was almost impossible to immediately judge the next seven teams.

Will Cockerell scored for us for the first time and Italian Saul Armanini should be well pleased with his first run in Belgrave colours – he will be eligible to score for us come the new year.

Hounslow were just as assertive at the sharp end of the youngsters' event and easily carried off both the under 17 and under 13 team races. Thanks to Reg Hopkins' persuasive powers, though, Belgrave were one of only three teams that managed to turn out a full quota of runners in the older lads' race and were repaid with third place, led home as ever by Manuel Garcia.

No club had a full five in the under 13 contest where Belgrave numbered four boys who excelled in gaining second, top scorer being Philip Doorgachurn.

Senior Men

1, S.Haughian (Hounslow) ..	23:22
2, B.Whitby (Hounslow)	23:38
3, M.Simpson (Hounslow) ..	23:38
9, L.Hurst	24:36
11, J.Estall (M40)	24:46
22, R.Foley	25:06
40, C.Gilby	25:39
51, K.Quinn (U20M)	26:04
57, P.Carstairs	26:15
61, S.Armanini (n/s)	26:27
65, M.Webb	26:36
71, W.Cockerell	26:53
79, J.Galley	27:09
105, J.Mather (M40)	28:26
114, W.Minett (U20M)	29:03
116, R.Harding	29:09
136, R.Bale (M50)	32:09
141, L.Mann (M55)	36:28
145 finished	

Under 17 Men and Under 15 Boys

1, M.Farah (Hounslow)	11:58
4, M.Garcia	12:58
16, C.Morris	14:10
22, J.Skilbeck-Nelson (U15B) ..	14:52
34, A.Wright (U15B)	18:02
32, N.Waller (U15B)	18:48

Teams:

1, Boro' of Hounslow	25
2, Hercules Wimbledon AC	60
3, Belgrave H	86

Under 13 Boys

1, S.Chapman (Hounslow) ..	14:50
5, P.Doorgachurn	16:45
10, R.Collier	18:50
11, J.Fitzgerald	18:54
12, B.Hodgson	19:00
13 finished	

Teams:

1, Boro' of Hounslow	39/12
2, Belgrave H	67/12
3, Herne Hill H	83

PRIORY CROSS COUNTRY RELAYS, REIGATE, 7 NOV 1998

Everyone seems to want to run on the first leg and this time Paul Coughlan got the nod. South London clearly led the field home thanks to Stuart Major's opening 13:15 while Paul's 7th place among a knot of other runners gave Kevin Quinn plenty of opposition to get stuck into. Kevin moved up two places before handing over to Junior Galley who dropped back one slot during his circuit. How this man runs on the grassy slopes without spikes we'll never know.

Once again Clive Gilby was our fastest man, although not so fit as the



Rob Harding, Ray Foley, Mike Webb, Clive Gilby, Kevin Quinn, Jim Estall John Mather and Lee Hurst steel themselves for the start of the first Surrey League race of 1998-99.

WOMENS SURREY CC LEAGUE DIVISION 2 – RACE 1 TILFORD, 17 OCT 1998

'Belles' start strongly

1, Wimbledon Windmilers	(6, 10, 14, 31, 48)	109
2, Belgrave H	(9, 16, 22, 35, 37)	119
3, Stragglers	(5, 23, 25, 26, 42)	121

17 teams closed in

After a closely fought match at Tilford our women's cross country team showed their new Team Manager Jacqui Smiter that they have no intention in spending longer than is necessary in Division Two of the Surrey League.

We saw some good running from Tania Sturton last winter and her 9th place showed that she has made good progress with the passing of another 12 months. Proving that her run in the Yacht Handicap was no fluke, Syretta Tracey turned in another impressive performance and with Cathy Eastham, Nina Mills and Sam Symonds to close in the team we were only narrowly beaten by the Windmilers.

The rise in standard was not restricted to the senior women's team for Debbie Hearn was our highest placed runner of the afternoon when she came home 3rd in the under 17 race and Louise Collier and Genya Marek ensured that we were well represented in each of the other age groups.

Senior Women

1, S.Cook (Guildford & G) .	19:38
2, S.Blackett (Dulwich Pk) .	20:22
3, E.Carbone (Sutton & D) .	20:30
9, T.Sturton	22:05
16, S.Stracey	23:14
22, C.Eastham	23:53
35, N.Mills (W50)	25:09
37, S.Symonds	25:10
77 finished	

Under 17 Women

1, A.Lucas (Sutton)	18:15
2, S.Doe (Ranelagh)	18:51
3, D.Hearn (Belgrave)	19:33
16 finished	

Under 15 Girls

1, L.Vyse (Woking)	14:40
25, G.Marek	18:52
30 finished	

Under 13 Girls

1, E.Secker (Kingston & P) .	13:03
8, L.Collier	14:06
24 finished	

time by 3 minutes to move up to 6th – "Just one place lower than the men's team" a gleeful Jacqui Smiter announced.

Tania Sturton set the ball rolling by reducing her time by 1:40 to set our fastest time of the day in coming home 8th. She had to be at her best because Debbie Hearn had taken the initiative at the start for the 'B' team and completed her lap just two places behind in 18:32 – last year she was our fastest with 19:07. Cathy Eastham maintained the pressure by holding on

**WOMENS SURREY CC LEAGUE DIVISION 2 – RACE 2
BROCKWELL PARK, 14 NOV 1998**

Now Jacqui's team go top

1, Belgrave H	(7, 11, 16, 20, 28)	82
2, Dulwich Park	(3, 14, 18, 36, 39)	110
3, Stragglers	(9, 23, 31, 34, 38)	135
18 teams closed in		

In spite of the stronger field than in the first race of this winter's series the Belles, led home by Helen Maskrey, excelled themselves on Brockwell Park's rolling hills to take first team place. Another strong run came from Tania Sturton and with Syretta Stracey maintaining her 16th place, Cathy Eastham moving up two places and Sam Symonds no fewer than nine, a devastating blow was dealt to the other clubs in division two and – barring accidents – it is beginning to look as if promotion beckons.

Wimbledon Windmilers, leaders

after the first race, crashed on this occasion and could finish no higher than 11th so with two races gone and two more to come Belgrave took a clear lead on the league table with 34 points while Dulwich Park and Stragglers are tying on 31.

Debbie Hearn's training is obviously paying off. In the under 17 women's race she moved up to 2nd place, just six seconds behind the winner. Do you know we might just see her come home as a race winner before the season is out. Down in the youngest age group Louise Collier

improved to 6th and with a couple more years in the same category is surely one of our stars for the future.

Senior Women

1, S.Cook (Guildford)	22:15
2, M.Statham (Holl. Sports)	22:37
3, S.Blackett (Dulwich Pk)	23:18
7, H.Maskrey	24:23

11, T.Sturton	24:54
16, S.Stracey	25:30
20, C.Eastham	26:04
28, S.Symonds	26:56
33, C.Bruce-Burgess	27:06
39, N.Mills (W50)	27:22
79 finished	

Under 17 Women

1, V.Sennitt (Ranelagh)	21:38
2, D.Hearn (Belgrave)	21:44
16 finished	

Under 13 Girls

1, S.Fairhead (Guildford)	13:56
6, L.Collier	14:34
18 finished	

to 8th and taking a minute off her previous best while Syretta Stracey moved the team up another two places with an outstanding 18:21 and then looked as if she could hardly believe her performance herself.

Vicky Pincott running for her first-claim club Horsham Blue Star's 'B' team clocked 19:43.

Men's 6 x 2 miles

1, AV Hera, Netherlands	1:24:38
2, Horsham Blue Star	1:25:18
3, Boxhill Racers	1:25:21
5, Belgrave 'A'	1:26:15
46 teams started	
39 teams finished	
Belgrave 'A'	
1, P.Coughlan	(7) 14:07
2, K.Quinn	(5) 14:15
3, J.Galley	(6) 14:54
4, C.Gilby	(2) 13:39
5, G.Adams	(4) 14:50
6, T.Barden	(5) 14:30
Belgrave 'B'	
1, J.Curtat	(21) 15:33
2, R.Palmer	(23) 16:20
3, D.Anderson	(21) 16:01
Belgrave 'C'	
1, M.Readhead	(22) 15:42
2, M.Mansour	(30) 18:15
3, A.Gilbert	(36) 20:35
4, E.Hassan	(40) 19:43
Fastest: C.Knight (GEC) 13:07	

Women's 3 x 2 miles

1, Thames Hare & Hounds ...	50:10
2, South London H	51:35
3, Herne Hill H	51:41
6, Belgrave 'A'	55:04
16, Belgrave 'B'/SLH 'C'	1:01:47
23 teams started	
21 teams finished	
Belgrave 'A'	
1, T.Sturton	(8) 17:56
2, C.Eastham	(8) 18:47
3, S.Stracey	(6) 18:21
Belgrave 'B'	
1, D.Hearn	(10) 18:32
Fastest: R.Disley (Thames) 16:08	

Debbie Hearn, Catherine Eastham, Tania Sturton and Syretta Stracey pose for Team Manager Jacqui Smier's camera at Reigate Priory Park.



The Belgravian, March 1999

**SOUTH OF THAMES C.C. ASSOCN. "JUNIOR" RACE
BECKENHAM, 14 NOV 1998**

So near to an historic double win

1, Crawley	(7, 11, 12, 13)	43
2, Belgrave	(1, 2, 8, 33)	44
3, Blackheath	(6, 9, 10, 23)	48
20 teams closed in.		

Brent Shield (8 to score)

1, Belgrave	(1, 2, 8, 33, 43, 47, 57, 59)	250
2, Crawley	(7, 11, 12, 13, 24, 56, 63, 72)	258
3, City of Portsmouth	(3, 18, 20, 21, 51, 55, 67, 118)	353
8 teams closed in.		

Due to the stringent barring clauses, one of which is the exclusion of all scoring members of a previous winning team, only two teams have ever taken home the winner's shield in consecutive years. Aldershot F&D did it in '73 and '74, and then again in '85 and '86. Belgrave have to go back to '45 and 46. As winners in 1997 the challenge was on. We lost two outstanding runners when Mark Miles found that he had to work and Najibe Hliouat went missing but there was still a chance that we might pull it off.

Within seconds of the start Jason Lobo stamped his mark on the race. Loping away from the field, he added 25 metres to his lead with each circuit of the first two small laps and once into the woods was out of sight of the chasing bunch, eventually coming home nearly a minute clear. As Commonwealth Games 800 metre representative he has not done much in the way of cross country for the last few years – but we certainly hope he does some more!

Paul Coughlan and Kevin Quinn made more conservative starts while Junior Galley, although much happier on tarmac, had "gone for it" in a big way. They were 9th, 20th and 24th after the opening rush and had moved up again as the Ash Plantation was tackled – 5th, 14th and 19th. Blackheath and Crawley also had plenty of men forward but at this stage the race looked ours.

A mile or so later, however, it was very much closer. Paul was now in 3rd and Kevin 9th but Junior was finding the slippery banks far from his liking and had slipped back to 30th with Tony Binda and Mike Nouch drawing ever closer to him. Crawley, with four men in 13 and another to back them up, were now edging us by a single point.

While Jason Lobo crossed the line in utmost comfort a battle royal

was drawing to a close for 2nd and 3rd places. Our 'Kiwi' Coughlan and Klepacz of Portsmouth had both fallen on the last lap but as the funnel was approached it was the Belgravian who prevailed. He was "all in" but delighted to have got himself silver medal, having run out of his socks in more ways than one: he had actually left them at home and had raced without any! Maybe he should do it more often.

A super run from Kevin had got him up to 8th – but where was our 4th man? Eventually it was veteran Tony Binda, finishing like a train, who closed in our four. Mike Nouch had also got the better of Junior on that last lap and now it was time to tot up the scores.

The Crawley team manager told us that his men had 46. We had 44 and Blackheath 48. We'd done it – or had we? Something was not quite right and a recount by the Sussex men showed that their arithmetic was not quite so hot as their running – they now made it 43 and had in fact pipped us by a point.

Never mind, it was a great race, and the eight-man Brent Shield stayed in our hands thanks to Junior, who somehow kept going when he really would have preferred to go home, and tough old dogs John Mather and Don Anderson. And think of the good news – with only Coughlan and Lobo barred we have the makings of another good showing in 1999.

5 miles

1, J.Lobo (Belgrave)	32:25
2, P.Coughlan (Belgrave)	33:17
3, G.Klepacz (Portsmouth) ..	33:21
8, K.Quinn (U20M)	34:06
33, A.Binda (M40)	35:52
43, M.Nouch (M40)	36:28
47, J.Galley	36:45
57, J.Mather (M40)	37:43
59, D.Anderson (M40)	37:51
126 finished	

SURREY CROSS COUNTRY LEAGUE DIVISION 1 – RACE 2
WIMBLEDON COMMON, 21 NOV 1998

Second on the Common but 'Thames' increase their lead

1, Thames H&H	(1, 6, 13, 17, 23, 26, 30, 31, 35, 41)	223	526	1st
2, Belgrave H	(5, 9, 11, 16, 34, 39, 44, 47, 57, 69)	331	796	3rd
3, Ranelagh H	(7, 14, 20, 22, 27, 36, 37, 58, 66, 68)	355	775	2nd
4, Aldershot F&D AC	(10, 12, 15, 21, 45, 49, 53, 54, 56, 75)	390	914	4th
5, Herne Hill H	(4, 25, 29, 33, 48, 65, 70, 74, 80, 81)	509	940	=5th
6, Boxhill R	(18, 28, 32, 42, 52, 55, 60, 64, 72, 89)	512	1010	8th
7, South London H	(3, 19, 46, 50, 59, 61, 71, 76, 78, 79)	542	991	7th
8, Borough of Hounslow AC	(8, 24, 38, 51, 62, 73, 83, 87, 88, 90)	604	940	=5th
9, Hercules Wimbledon AC	(2, 40, 43, 63, 67, 77, 82, 84, 85, 86)	629	1298	9th



Our home match and things were looking a bit bleak as, with only twenty minutes to start time, we had as many non-scorers on the declaration list as scorers. And then it came together: Clive Gilby (took him longer to get there than he thought it would), Lee Hurst (with Carly having travelled from Manchester to Euston, to Waterloo, to Wimbledon), Ray Foley (with Anna and new baby Tess), Phil Carstairs (would he ever let us down) and others all arrived within a few minutes. By the time a claret and gold scarf was dropped to set the field on its way we had 14 scorers and 5 others on the line – but there were several expected Belgrave runners who never made it.

Hounslow suffered badly as their international trio gave the race a miss but the other main protagonists from race 1 all joined battle again in the fine, crisp conditions. After the dash across the golf course and down the hill to the playing fields, five runners gradually detached themselves from the main field. Through the woods and then climbing back up to the end of the first lap it was Munt (Herne Hill), Matthews (Thames H&H), Major (South London), Marriott (Hercules

Wimbledon) and Lee Hurst bowling along at the front with barely a whisker between them. Then came the main stream of the pack with another three Belgravians in the first twenty. Once again it looked like a tight race between 2nd and 4th but it was obvious that Thames Hare & Hounds were tightening their grip on the league with a full team of ten white vests bearing the saltire in the first 50.

There was much chopping and changing among the leaders during lap two but the pattern had been set. Lee held on to his 5th while Clive Gilby showed a terrific improvement in form to get into the Surrey League top ten for the first time. Paul Coughlan might have been expected to have been a little jaded after his all-out effort in the South of Thames race the previous week but he and rival Ray Foley had great runs and as a result we had four home in the very thick of the action.

It was good to have Mike Kazimierski getting back to fitness again. Steve Fowler always produces the goods when he turns out and Phil Carstairs was another to turn in a strong run. Our Junior Captain Kevin Quinn reached his best ever league position and scanning through the

results we note that no other under 20 appeared ahead of him. The ever-dependable Mike Webb and Will Cockerell closed in the team with Saul Armanini showing once again that he'll soon be helping reduce our points score.

Many thanks to the pointsmen who gave up their Saturday afternoon runs to assist with the race – to trail-layers Don Anderson and Tony Binda – to the timekeepers and judges and recorders – and the results team. By the time a pint of Guinness was being sipped in the 'King of Denmark' where the results were being pored over by the core members of the team and their supporters, we could feel pleased with a day which had seen us place 2nd, move up to 3rd overall and promote a successful event.

1, L.Matthews (Thames) ...	25:41
2, A.Marriott (Herc.Wimb)	25:48
3, S.Major (S.London).....	26:00
5, L.Hurst	26:18
9, C.Gilby	27:14
11, R.McHarg (n/s).....	27:20
12, R.Foley	27:23
17, P.Coughlan	27:42
36, S.Fowler (M40)	28:17
41, P.Carstairs	28:26

46, K.Quinn (U20M)	28:41
50, M.Kazimierski	28:48
61, M.Webb	29:07
66, S.Armanini (n/s)	29:20
75, W.Cockerell	29:47
81, M.Nouch (M40)	29:55
99, R.Harding	30:46
101, E.Lemenger (n/s)	30:52
105, J.Curtat (n/s)	31:09
119, R.Palmer (U20M)	32:19
128, A.Cowmeadow (n/s)	32:59
131, T.Knowles (U20M)	33:10
143 finished	

Under 17 Men and Under 15 Boys

1, M.Farah (Hounslow)	13:36
30, R.Biscoe (U15B)	18:37
31, N.Waller (U15B)	no time

Teams:

1, Borough of Hounslow	17
2, Hercules Wimbledon AC ...	70
3, South London H	88
6, Belgrave H	145

Under 13 Boys

1, S.Chapman (Hounslow)	16:43
8, P.Doorgachurn	18:08
10, R.Collier	18:47

Teams:

1, Borough of Hounslow	15
2, Herne Hill H	86
3, Belgrave H	101Ω

COUNTY CROSS COUNTRY CHAMPS. 12 DEC 1998

What a disappointing day. At Old Coulsdon for the 'Surreys' the steady drizzle soaked us all through and the liquid mud around the start area crept into trainers and kit bags alike. But the real 'downer' was the fact that barring our under 20 men, we were unable to complete a single team and, in the younger age groups, both male and female, we failed to turn out any runners at all.

We really ought to be making a lot more of an impression in the Surrey County Champs. than we do. Ok so we won the men's race a couple of years back and the women's event a while before that but so often it's a struggle to find the runners who'll do it. This year, with Jim Estall and Ray Foley running so well and with Kevin Nash expected to take part we thought we had a really good start in the men's

event. Graham Adams is coming back to fitness so Roger Alsop and Junior Galley were persuaded to make up the team. But as the gun was fired we were still only five in number and when the results were published later in the week we were amazed to find that Kevin Nash had run in the Hampshire event!

Jim's run proved to be another cracker and Ray had his best ever 'County' run, even having the audacity to get up to our 'super-vet's' shoulder and overtake him for a brief period with a mile or so to go. Congratulations to team winners South London Harriers it was their first win in 23 years.

We were also one short in the senior women's team race where Helen Maskrey led home Syreeta Stracey and Cathy Eastham who were surprised to find that the distance was a full 8 kilometres. Tania Sturton and Debbie Hearn kept the Belgrave flag flying in the 4.8 kms. race in which both the

under 20s and under 17s ran together.

James Venning came back from Southampton University to run in our under 20 men's team but running in the mud with spikes that were no more than 'rivets', it was not surprising that he had trouble keeping on his feet. New members Robert Palmer and Tom Knowles completed our team but we missed Kevin Quinn who was out with 'flu' and could manage no higher than 5th team.

Essex at Woodford (9th Jan 1999)

1, N.Wetheridge (Basildon) 38:42; ... 29, A.Barden 44:13.

Hampshire at Basingstoke.

10.46 kms. 1, P.Tulba 32:21; ... 8, K.Nash 33:36.

Kent at Gillingham 9th Jan 1999

1, B.Roydon (Medway) 38:40; ... 98, R.Harding 52:00; 161 finished.

Surrey at Happy Valley, Old Coulsdon.

Senior Men's 12 kms. 1, Y.Yusuf (Croydon) 43:22; 2, I.Munt (Herne

Hill) 44:02; 3, K.Corpes (Aldershot F&D) 44:58; ... 7, J.Estall 45:54; 8, R.Foley 46:07; 33, G.Adams 49:09; 49, J.Galley 50:39; 66, R.Alsop 52:39; 171 finished. Teams: 1, South London H 69; 2, Herne Hill H 124; 3, Boxhill R 148; 15 teams closed in.

Under 20 Men's 8 kms. 1, A.Franklin 29:59; ... 17, J.Venning 35:01; 19, R.Palmer 35:59; 20, T.Knowles 36:23; 23 finished. Teams: 1, Haslemere & B 10; ... 5, Belgrave H 35.

Senior Women's 8 kms. 1, A.Mellowdew (Epsom & Ewell) 34:07; ... 13, H.Maskrey 37:51; 26, S.Stracey 40:43; 30, C.Eastham 41:36. Teams: 1, Herne Hill H 26.

Under 20 Women's 4.8 kms. 1, E.Nelson (Epsom & Ewell) 21:12; ... 4, T.Sturton 22:02.

Under 17 Women's 4.8 kms. 1, C.Adams (Aldershot F&D) 20:22; ... 10, D.Hearn 23:02. Teams: 1, Epsom & Ewell 11.

WOMENS SURREY CC
LEAGUE DIVISION 2 – RACE 3
PETERSHAM,
RICHMOND PARK, 9 JAN 1999

SURREY CROSS COUNTRY LEAGUE DIVISION 1 – RACE 3
PETERSHAM, RICHMOND PARK, 16 JAN 1999

Young guns go for it!

Promotion beckons for the Belles

1, Belgrave H	(7, 9, 15, 25, 38)	94
2, Stragglers	(10, 23, 24, 29, 32)	118
3, Dulwich Park	(2, 11, 48, 49, 50)	160

17 teams closed in

Another win for the Belles meant that we are virtually certain now of winning the Division Two title this winter — but it could so easily have gone wrong. With only four Belgrave girls certain to run in the days leading up to the race (and you need five for a full team), team boss Jacqui Smiter was delighted to receive a 'phone call from Nikki Haines on the morning of the race asking if she could run. Nikki works for Adidas and spends a great deal of her time abroad these days, making it difficult for her to race as often as she'd like. Even then Jacqui had to go through a warm up routine when Tania Sturton and Helen Maskrey only got to the start with five minutes to spare — the joys of being a team manager!

Conditions were cold and muddy but they seemed to suit Nikki who celebrated her return to the team by leading them home in 7th place. Helen and Tania weren't far behind and with Sam Symonds running well and Nina Mills closing in the team we'd done it, with some 20-odd points to spare. Our lead in the race for promotion was now up to 4 league points over Stragglers with Dulwich Park Runners a further point in arrears.

In the younger age groups Genya Marek ran well among the under 15s and Debbie Hearn continued to make her presence felt among the under 17s, this time with 3rd place.

In the youngest group of all it was a complete turn-around from recent years as we fielded no fewer than eight girls with the smallest lass of all, Louise Collier, spearheading the Belgrave pack.

1, Belgrave H	(4, 5, 13, 16, 25, 32, 33, 35, 52, 55)	270	1066	2nd
2, Thames H&H	(8, 10, 22, 24, 27, 28, 34, 41, 63, 66)	323	849	1st
3, Aldershot F&D	(3, 12, 19, 30, 38, 40, 44, 46, 47, 67)	346	1260	4th
4, Herne Hill H	(11, 17, 20, 21, 36, 48, 57, 60, 69, 75)	414	1354	5th
5, South London H	(7, 29, 31, 39, 42, 49, 56, 58, 64, 65)	440	1431	6th
6, Ranelagh H	(14, 18, 23, 37, 50, 51, 61, 71, 72, 74)	471	1246	3rd
7, Hercules Wimbledon AC	(1, 6, 9, 59, 70, 78, 80, 81, 82, 86)	552	1850	9th
8, Borough of Hounslow AC	(2, 15, 45, 54, 73, 76, 77, 79, 83, 85)	589	1529	7th
9, Boxhill Runners	(26, 43, 53, 62, 68, 84 + 88 x 4)	690	1700	8th

Senior Women 5.75 kms

1, K.Ramsey (Walton)	21:11
2, S.Blackett (Dulwich Pk)	21:23
3, E.Viljoen (Herc.Wimb)	21:41
7, N.Haines	23:00
9, H.Maskrey	23:22
15, T.Sturton (U20)	24:32
25, S.Symonds	26:01
38, N.Mills	27:29

Under 17 Women 4.4 kms

1, A.Lucas (Sutton)	18:13
3, D.Hearn (Belgrave)	19:13

Teams:

1, Sutton & D	19
2, Epsom & Ewell	14
3, Guildford & G	55
5, Belgrave H	75

Under 15 Girls

1, L.Vyse (Woking)	13:40
20, G.Marek	17:13

30 finished

1, Herc. Wimbledon	27
9, Belgrave	127

Under 13 Girls 3 kms

1, S.Fairhead (Guildford)	12:51
5, L.Collier	13:49
14, J.Mortimer	14:23
16, S.Comley	14:38
20, L.Walter	15:05
25, G.Bennett	15:55
28, L.Waterbury	17:32
31, C.LeBlanc-Smith	18:25
32, G.Brown	18:25

Teams:

1, Guildford & G	31
2, Epsom & Ewell	43
3, Belgrave H	55

A thrilled Adrian Marriott raised his arm aloft as he crossed the line for Hercules Wimbledon at the head of a good class field at Petersham to stake a clear lead in the individual competition. It had been a hard fought win and our own Kassa Tadesse, not as fit as he would like, had to suffer the indignity of placing outside the frame — nevertheless with our highest individual league position of the winter so far.

But even though we had no-one in the first three it was a good day for the Belles. At last we were able to see what Kevin Nash is made of — and we like it. This young man's got great talent and at not quite 22 years of age we look forward to many more outings from him in the future. Another to make his debut in the team and to earn instant respect was Hassan Raidi. At just turned 20 this young Moroccan really looks the business and with his countryman Najibe Hliouat, 21, setting out a little more cautiously than he did at Brockwell Park we suddenly found that we had exciting company for stalwart Jim Estall. Jim was suffering from backache but it was going to take more than that to keep him down the field.

It was good to see Roger Alsop easing back into racing and he and Will Cockerell had a rare old ding-dong over the second lap, passing some ten or a dozen runners around the second lap as they closed in the ten.

It is difficult to see now how the team positions can be changed much in the final race. Although we pulled back 50 points on Thames Hare & Hounds, they are still over 200 clear. Once again we have paid the penalty for a poor start at Brockwell Park. Down in the basement there seems to be no way that Boxhill Racers and Hercules Wimbledon can avoid the

drop.

We only had three lads out in the youngsters race — leading to the ribbing from a rival team manager after the race, "I see your Youth Development Scheme's doing well!"

1, A.Marriott (Herc.Wimb)	27:45
2, M.Simpson (Hounslow)	27:53
3, A.Forrest (Aldershot)	28:03
4, K.Tadesse	28:18
5, K.Nash	28:31
13, H.Raidi	29:28
16, J.Estall	29:35
25, N.Hliouat	30:16
32, A.Barden	30:32
33, P.Coughlan	30:34
35, G.Adams	30:37
52, R.Alsop	31:22
55, W.Cockerell	31:31
73, J.Galley	32:11
84, C.Dickinson	32:37
114, R.Harding	34:24
145, B.Eyre	41:20

Under 17 Men and Under 15 Boys

1, M.Farah (Hounslow)	14:52
35, R.Biscoe (U15B)	20:42

Teams:

1, Borough of Hounslow AC	22
2, Aldershot F&D	73
3, Hercules Wimbledon AC	84
7, Belgrave H	167

Under 13 Boys

1, L.Bone (Aldershot F&D)	16:58
10, P.Doorgahurn	19:02
16, R.Collier	21:04

Teams:

1, Aldershot F&D	21
2, Borough of Hounslow	35
3, Herne Hill H	102
4, Belgrave H	117

A new course for our home races

The chances are that next winter we will be running over a new course on Wimbledon Common. A series of meetings have been held between the two golf Clubs that use the Common - London Scottish and Wimbledon Common - and athletic clubs: Thames Hare & Hounds, Hercules Wimbledon, Veterans A.C., Wimbledon Windmilers, Lauriston Runners and

ourselves.

Cross country races have often been held without a warning being given to the golfers and as a result, golfing tournaments have been held up. Additionally there has been some concern about runners being hit by golf balls as they race out of the wooded areas and across the fairways.

For some time we have been

thinking of reverting to our old course starting not far from the Pound near the corner of Cannizaro Road and Parkside and as a result of the safety concerns shown by both runners and golfers, now seems to be the time to do it.

The course will head for the Windmill across The Plain, then pass the Mounds, turn left down towards Queensmere, goalongside the lake and up hill to the Windmill, returning to

the start via what we know as The Avenue and Memorial Ride. Not once will we cross a single fairway. Shorter courses based on this circuit will be suitable for very young runners.

The Common Rangers have agreed to help us with a bit of 'gardening' to smooth out the tussocks and remove some posts and as we will be using horse rides in a few places, riding will not be permitted on these stretches during advised race days.

We actually finish a team in the 'Southern'!

SEAA C. C. CHAMPS., PARLIAMENT HILL, 30 JAN 1999

At last! It makes things so much more worth while when we can round up enough people to actually complete a team — never mind where they came — at least we've now got something to work on.

After weeks of rain this was Parliament Hill Fields at its best (worst?). The initial climb up the hill was like a skating rink, the dips were full of black porridge and the ditch, well, there were runners going down like ninepins as they misjudged the downward slope and the leap across the mud.

We had three girls in action but each in different age groups so were unable to close in a female team. When you look at the results, that Junior Women's race managed to bring together just three complete teams of four runners. Would it be possible for us to find three others to join Debbie Hearn for next year and who knows, maybe pick up our first Southern medals in aeons. Good running came from Tania Sturton, currently our only under 20, as she claimed our highest place of the day with 34th. It was pleasing to see that one of our Folkestone members from a couple of seasons back — Janine Brown — got up to 25th and actually closed in the winning Ashford AC's scoring four. Cathy Eastham did not relish 5 miles of 'Parly Hill' but did well to finish half-way down the senior field.

Among the Senior Men Lee Hurst quite obviously did not enjoy the mud and at 66th was well down on his 12th of last winter. Blackheath's Mark Steinle was up and away by the end of the first circuit and seemed to float over the morass to come home half a minute clear. He was clearly the superior runner on the day but just how much the conditions affected the runners can be judged by the fact that his winning time was 4 minutes slower than last year.

Phil Carstairs often seems to turn in a good 'Southern' and this one was no exception, while Italian Saul Armanini, in his first ever scoring race for the Bels, finished much further up the field than we anticipated. Saul is going to be a very useful man to have around. Mike Webb, back from a

business trip to Singapore, and Rob Harding, who had an excellent run having left his push-bike at home for a change and taken the tube from New Cross, meant that we had five home in just outside the first quarter of the field. Finally the tall figure of Jerome Curtat, a native of Metz in France, kept himself going through the slime to close in our team. With another 79 teams behind us we were pleased enough with our result.

Senior Men 15 kms

1, M.Steinle (Blackheath) .	49:34
2, N.Wetheridge (Basildon)	50:03
3, M.Fatih (Puma TVH) ...	50:04
66, L.Hurst	55:05
84, P.Carstairs	55:45
132, S.Armanini	57:45
226, M.Webb	60:14
268, R.Harding	61:32
577, J.Curtat	68:40

1015 finished

Teams:

1, Blackheath	190
2, Highgate H	204
3, Bedford & County	256
16, Belgrave	1353

95 teams closed in.

Senior Women 8 kms

1, H.Yelling (Hounslow) ...	32:53
2, S.McGeorge (Brighton) .	33:17
3, S.Morris (Hertford &W)	33:50
171, C.Eastham	44:53

337 finished

Teams:

1, Shaftesbury Barnet	84
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43 teams closed in

Under 20 Women 5 kms

1, C.Walsh (Shaftesbury) ...	20:13
2, K.Caffel (Oxford City) ..	20:22
3, K.Skarijska (Oxford U)	20:24
34, T.Sturton	24:44

62 finished

Teams:

1, Ashford	85
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3 teams closed in

Under 17 Women 5 kms

1, K.Watson (Ipswich)	21:15
2, L.Damen (Bournemouth)	21:23
3, S.Miles (Hillingdon).....	21:47
79, D.Hearn	26:21

125 finished

Teams:

1, Ipswich	28
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13 teams finished

A sorry finish to the Men's Surrey League

SURREY C. C. LEAGUE DIVISION 1 – RACE 4
COULSDON, 27 FEB 1999

1, Thames H&H	(4, 6, 7, 14, 19, 21, 22, 32, 33, 36)	194
2, Herne Hill H	(3, 10, 18, 23, 26, 27, 30, 38, 40, 43)	258
3, South London H	(9, 25, 28, 29, 35, 41, 46, 48, 53, 57)	371
4, Ranelagh H	(13, 15, 17, 24, 37, 44, 51, 58, 63, 69)	391
5, Aldershot F&D	(11, 12, 20, 31, 49, 52, 56, 60, 61, 67)	419
6, Belgrave H	(16, 47, 50, 54, 59, 64, 65, 66, 73, 75)	569
7, Borough of Hounslow	(1, 2, 8, 68, 76, 79, 85, 85, 85, 85)	574
8, Boxhill R	(34, 39, 42, 45, 55, 71, 85, 85, 85, 85)	626
9, Hercules Wimbledon	(5, 62, 70, 72, 74, 77, 78, 85, 85, 85)	693

Just to keep our feet firmly on the ground after team wins in our two previous outings, our performance in the final league fixture was, well, 'a disaster' is probably too strong a description when we still ended up in the top half of the division, so let's settle for 'abysmal'.

There was nothing we could do about it really. Five runners came out during the preceding week with injuries and other commitments, two more overnight with colds and then another one having to work. Four more didn't make it on the afternoon — and then two came out after one lap of Farthing Downs. Miraculously, after losing fourteen men we still had ten scorers, thanks to race walker Mabon Dane who closed in our team.

Thames Hare & Hounds turned out their strongest squad to retain the league trophy and Herne Hill also got it together in a big way, storming through from 5th league place to 2nd, pushing us down to 3rd. ... And there was us thinking that the final team positions were unlikely to change in this last event.

Hounslow's Junior international Sam Haughian was awesome as he destroyed the chances of Taylor and his club-mate Simpson — one of the best individual wins for a long time.

For the Bels., we welcomed Charles 'bandana' Herrington into the team, unfortunately only as a non-scorer. Sporting claret head-gear, Charles was always our top scorer,

ahead of Najibe Hliouat (before he called it a day) and comfortably up on Paul Coughlan, who was having a good run himself. Rob Harding is getting stronger with each outing while Phil Carstairs was way below his best and suffering from a cold which really should have stopped him running.

Well, that's it for another league campaign. Our performances in the last few winters have been solid and we have established ourselves as a "top half of the league" team, but if we want to win it we are going to have to come out with all guns blazing in race one.

1, S.Haughian (Hounslow)	27:27
2, M.Simpson (Hounslow)	28:09
3, D.Taylor (Herne Hill) ...	28:24
11, C.Herrington (n/s)	29:49
17, P.Coughlan	30:29
48, M.Webb	32:13
54, M.Kazimierski	32:29
59, C.Dickinson (M50)	32:45
65, A.Barden	32:58
72, R.Harding	33:31
75, A.Binda (M45)	33:36
82, P.Carstairs	34:24
101, D.Anderson (M40)	36:01
105, M.Dane	36:39

Under 13

1, A.Watts (Aldershot F&D)	16:51
10, P.Graham	19:32
R.Collier, K.Taylor and P.Doorgachum	also ran but positions unknown.

Teams:

1, Aldershot F&D	26
2, Borough of Hounslow	30
3, Belgrave H	81:12

SURREY C.C. LEAGUE FINAL POSITIONS

MEN - DIVISION 1	WOMEN - DIVISION 2
1, Thames H&H	1043
2, Herne Hill H	1612
3, Belgrave H	1635
4, Ranelagh H	1637
5, Aldershot F&D	1679
6, South London H	1802
7, Borough Hounslow	2103
8, Boxhill R	2326
9, Hercules Wimbledon	2543
1, Belgrave H	66
2, Stragglers	61
3, Dulwich Pk Runners	59
4, Striders of Croydon	51
5, Wimbledon Wind.	45
6, Elmbridge	45
7, Kingston & Poly	39
8, Tadworth	38
9, Guildford & G.	37
10, 26.2	33

Promoted from Division Two

British Airways
Metropolitan Police

Individual winner: S.Major (South London H)

Individual Veteran winner: H.Jones (Ranelagh)

Individual winner: S.Blackett (Dulwich PR)

Individual U20: T.Sturton (Belgrave)

The Bill Merryman Cup for the Young Belgravian of the Year

When Bill Merryman passed away he left the Club a sum of money and it was his wish that we purchase a trophy to be competed for annually. After much deliberation the Committee have decided on a handsome cup which will be awarded annually to the Young Belgravian of the Year. It will be awarded to the young man or woman that the Committee decides has made the most outstanding contribution to the Club throughout the previous 12 months - a contribution that is not necessarily one that can be measured in terms of athletic excellence or the most team points.

... but Belles promoted as Division 2 winners

WOMEN'S SURREY C. C. LEAGUE DIVISION 2 – RACE 4, LLOYD PARK, 27 FEB 1999

1, Belgrave H.....	57
2, Stragglers.....	93
3, Dulwich Park R.....	115
4, Striders of Croydon.....	118
5, Guildford & G.....	162
6, Kingston & Poly.....	193
7, Tadworth.....	194
8, Elmbridge.....	207
9, 26.2.....	212
10, Wimbledon Windmilers.....	217

While the men were struggling at Coulsdon, the women's race at nearby Lloyd Park saw the Belles turn on their strongest performance of the winter to win the final Division Two fixture and thereby make absolutely certain of a return to Division One for the 1999/2000 season.

The win was emphatic with all five scorers closing in within a dozen places. Nikki Haines and Helen Maskrey led the way with Tania Sturton beathing down their necks and carrying off the prize for the best Under 20 throughout the overall competition. Both Syreeta Tracey and Cathy Eastham have come on tremendously throughout the season

there is no doubt that we now have a nucleus of runners who should be able to maintain a Division One place. We just need a few more runners to commit themselves to racing and we'll then have the strength in depth that is so necessary to maintain upward progression.

1, E.Viljoen (Herc.Wimb) ...	21:38
2, S.Blackett (Dulwich PR) ...	21:47
3, C.May (Guildford &G) ...	22:03
7, N.Haines.....	23:07
9, H.Maskrey.....	23:42
10, T.Sturton (U20).....	23:48
13, C.Eastham.....	24:58
18, S.Tracey.....	25:36

Under 17

1, A.Lucas (Sutton).....	18:21
5, D.Hearn.....	20:03

Teams:

1, Sutton & D.....	30
2, Epsom & Ewell.....	47
3, Guildford.....	58
6, Belgrave H.....	77

Under 13

N.Richardson ran but position unknown

Men

1 mile

4:25	Matt Yates	4-2-69	Berango ESP	23Sep
4:27	Kassa Tadesse	21-8-74	Seaton Sluice	?May
4:35	Adrian Passey 2-cl	2-9-64	Seaton Sluice	?May
6:21	John Wasbrough	M55 25-11-41	Battersea Pk	18Aug

2 miles

10:10	Marcello Bizio	1-8-64	Battersea Pk	13Jul
10:15	Mike Kazimierski	6-5-70	Battersea Pk	18May
10:35	Kevin Quinn	U20 24-7-79	Battersea Pk	8Jun
11:51	Tony Verdie	M60 25-7-36	Battersea Pk	3Aug

3 miles

15:35	Marcello Bizio	1-8-64	Battersea Pk	6Jul
15:38	Mike Kazimierski	6-5-70	Battersea Pk	6Jul
15:50	William Cockerell	19-11-73	Battersea Pk	27Jul

5 kms

16:34	Jason Lobo	19-9-69	Chorley	24Apr
18:37	Christian Morris	U17 15-7-82	Hyde Pk	30Oct
19:53	Pat Newell	M65 28-2-30	Hyde Pk	30Jan
21:20	Rex Bale	M50 29-11-45	Eastway	25Oct

5 miles

23:26	Jason Lobo	19-9-69	Chorley	8Mar
23:30	Paul Evans	13-4-61	Balmoral	11Apr
23:51	Kassa Tadesse	21-8-74	Hillingdon	22Feb
23:54	Alex Hutchinson	30-11-75	Hillingdon	22Feb
24:02	Adrian Passey 2-cl	2-9-64	Balmoral	11Apr
24:30	Kevin Nash	6-2-77	Hillingdon	22Feb
24:50	Ray Foley	3-6-68	Portsmouth	6Dec
25:14	Roger Alsop	16-1-65	Hillingdon	22Feb
27:26	Mike Kazimierski	6-5-70	Battersea Pk	11Jul
30:30	Wesley Minett	U20 25-10-80	Forland Hill	8Aug
32:10	Christian Morris	U17 15-7-82	Battersea Pk	11Jul
32:38	James Mann	5-6-70	Balmoral	11Apr
34:36	Lionel Mann	M55 21-9-40	Battersea Pk	11Jul

10 kms

29:28	Kassa Tadesse	21-8-74	Cardiff	27Sep
29:33	Adrian Passey 2-cl	2-9-64	Marseilles FRA	1May
30:08	Paul Evans	13-4-61	Antrim	1Aug
30:22	Billy Nixon	9-2-68	Chichester	8Feb
31:01	Gary Staines	3-7-63	Oxshott	8Nov
31:34	Jim Estall	M40 9-8-54	Teddington	7Jun

31:42	Kevin Nash	6-2-77	Ewell	1Feb
33:49	Junior Galley	24-5-62	Dulwich	11Oct
33:57	Marcello Bizio	1-8-64	Dulwich	19Jul
34:15	Mike Kazimierski	6-5-70	Battersea Pk	20Jun
34:34	Mike Webb	4-10-67	Oxshott	8Nov
34:48	Tony Binda	M40 3-1-53	Oxshott	8Nov
35:43	Pete Gilbey	M45 12-4-51	Oxshott	8Nov
35:45	Mike Nouch	M40 20-6-54	Wimbledon	12Jul
44:05	Lionel Mann	M55 21-9-40	Epsom	31May

Quarter-Marathon

33:55	Billy Nixon 2-cl	9-2-68	Boscombe	11Apr
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10 miles

47:01	Paul Evans	13-4-61	Carlingford IRL	20Sep
48:51	Gary Staines	3-7-63	Portsmouth	13Sep
49:32	Billy Nixon 2-cl	9-2-68	Woking	1Mar
50:16	Kassa Tadesse	21-8-74	Portsmouth	13Sep
52:51	Jim Estall	M40 9-8-54	Epsom	22Nov
55:41	Kevin Quinn	U20 24-7-79	Dorking	7Jun
57:02	Marcello Bizio	1-8-64	Dorking	7Jun
57:27	Mike Webb	4-10-67	Dorking	7Jun
57:45	Mike Nouch	M40 20-6-54	Teddington	27Sep
58:33	Junior Galley	24-5-62	Dorking	7Jun
1:00:11	Wesley Minett	U20 25-10-80	Portsmouth	13Sep
1:04:01	James Mann	5-6-70	Portsmouth	13Sep
1:04:49	Tony Verdie	M60 25-7-36	Epsom	22Nov
1:05:37	Robert Metalle	U17 14-1-82	Folkestone	10Apr
1:08:59	Lionel Mann	M55 21-9-40	Portsmouth	13Sep
1:18:46	Dave Davies	M55 30-5-39	Epsom	22Nov
2:09:42	Charlie Manning	M70 8-1-28	Epsom	22Nov

Half-Marathon

1:03:23	Paul Evans	13-4-61	Egmond Aan Zee NED	11Jan
1:04:02	Kassa Tadesse		Reading	15Mar
1:07:39	Jim Estall	M45	Bath	8Mar
1:08:45	Lee Hurst		Wilmslow	29Mar
1:10:10	Billy Nixon 2-cl	9-2-68	Wilmslow	29Mar
1:14:16	Mike Kazimierski	6-5-70	Reading	15Mar
1:21:45	Wesley Minett	U20 25-10-80	Wimbledon	20Sep
1:38:19	Lionel Mann	M55 21-9-40	Wimbledon	20Sep
1:43:45	Jim Slough	M45 12-12-52	Watford	1Feb
1:44:20	Peter Cross	M40 11-6-65	Wimbledon	20Sep

25 kms

1:27:55	Mike Kazimierski		Mitcham	25Jan
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20 miles

1:56:51	Mike Kazimierski		Bury St.Edmonds	1Mar
2:48:12	Lionel Mann		Worthing	22Mar

Marathon

2:25:39	Billy Nixon 2-cl	9-2-68	London	26Apr
2:37:14	Jim Estall	M40 9-8-54	London	26Apr
2:39:43	Mike Kazimierski	6-5-70	London	26Apr
2:52:45	Phil Carstairs	7-7-60	London	26Apr
2:53:12	Junior Galley	24-5-62	London	26Apr
2:59:09	Charles Higgins	3-6-71	London	26Apr
3:17:01	Stuart Paton	24-5-63	London	26Apr
3:32:13	Frank Gander	M60 18-4-34	London	26Apr
3:42:35	Maurice Joyce 2-cl	M50 29-5-44	London	26Apr
3:46:28	Lionel Mann	M55 21-9-40	London	26Apr
3:46:37	Derek Manning	M65 28-3-33	London	26Apr
4:23:02	Dave McMillan	M50 9-11-74	London	26Apr
4:27:08	Mick Graham	M50 8-4-48	London	26Apr
4:39:20	Dave Davies	M55 30-5-39	London	26Apr

Women

2 miles

11:33	Kate Houston	9-10-68	Battersea Pk	18Mar
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5 kms

18:54	Judy Oakley	10-9-65	Hyde Pk	27Mar
20:42	Tania Sturton	U20 19-12-78	Hyde Pk	29May

10 kms

35:09	Gabby Collison	10-2-66	Chichester	1Feb
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Half-Marathon

1:20:51	Gabby Collison	10-2-66	Gatwick	5Apr
1:29:31	Judy Oakley	10-9-65	Gatwick	5Apr
1:30:51	Nikki Haines	12-7-71	Kingston	4Oct

20 miles

2:17:45	Rachel Weston		Margate	8Mar
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Marathon

3:05:16	Helen Maskrey	23-9-67	Kingston	4Oct
3:09:47	Nikki Haines	30-11-71	London	26Apr
3:09:55	Rachel Weston	12-7-71	London	26Apr

Harriers swoop on Sparrow's Den

Dewar Shield & Coleman Cup Retained in 100th Championship Race

SOUTH OF THAMES C.C. CHAMPIONSHIP SPARROW'S DEN, WEST WICKHAM, 13 FEB 1999



Najibe Hliouat came home 4th at Sparrow's Den to lead Belgrave to a second successive team win.

the most men forward while Chris Knight of GEC Avionics took an early lead, chased hard by our own Najibe Hliouat. Up through the woods and then down again and it could be seen that Blackheath had three or four in the top ten and Portsmouth were also packing well.

Halfway through the race and Najibe was becoming isolated as Knight drew ever further away to become a convincing winner. Paul Coughlan was chasing a whole mob of runners fighting for top ten positions and Roger Alsop was running way above his early winter form; he had to, because behind him four more Belgravians were disputing who was going to get into the scoring six. It was almost impossible to tally the scores of the four main teams but it did seem that we were just shading Blackheath for the championship

while Herne Hill were slipping back a little. It was those Portsmouth vests that were difficult to pick up though and several onlookers believed that they might be the men in charge.

As expected, the twelve man event looked more of a certainty, with Mike Kazimierski, Charlie Dickinson and Junior Captain Kevin Quinn hovering around the 50s and Rob Harding and Don Anderson closing in the dozen. Kevin had no intention of

getting into the scoring six — he is still planning an assault on the Junior race next winter and doesn't want to get barred — but Chas. Dickinson did not appreciate him running a faartlek session and getting under his feet, eventually snapping with a "Sod off and get up the field will you!"

The final circuit saw Will Cockerell come charging through, displacing Saul Armanini as sixth man and all but getting the best of Phil Carstairs as well. Both were breathing down the neck of Captain 'Gerry' Adams who in turn had his sights on Roger. Paul Coughlan's recent heavy mileage left him unable to jump the bunch ahead of him which included several black vests of the home club. Meanwhile, towards the front Najibe had been caught by Thames's Oxborough and then by Dover of Herne Hill, but he was hanging on grimly to his 4th place.

A good crowd of Belgrave spectators including former Team Managers Bill Lucas and Gordon Biscoe were desperately urging on their men but it was going to have to be left to the man who currently does the pencil and paper work to tot up the numbers on the discs. While Team Manager Alan Mead came up with a Belgrave score of 95, John Jeffery was looking over the shoulder Blackheath's John Baldwin — and then came scuttling back with, "They've got 103." The Portsmouth man was bemoaning the fact that one of his forward placed runners had dropped out of the race with stitch, and they would have won it otherwise. News hound Martin Duff picked up on this in his AW report — but isn't having sound wind and fitness all part of the race?

Our boys were cock-a-hoop and as our President rounded them up for a team photo' we now contemplated the fact that we have another six men barred from the race. Surely we'll be way down the field next year.

Blackheath Harriers had laid on a fine celebratory buffet at their club house for this 100th race. Past winners were in attendance, including our own Denis Brickwood, Bill Lucas, Charlie

Walker and Roger Alsop. Fine words were spoken and toasts drunk — it was good old traditional harrier evening. With Derek Crookes, in his 23rd year as the Association's Secretary, keeping the proceedings moving, Hon. Treasurer Jim Heathfield and Committee man Alan Black also there, together with Past President Gordon Biscoe, we had as strong a Belgrave presence as there had been among the runners during the afternoon. ... And when Marianne Black, Pat Mead and Jim Heathfield picked up three of the four haffle prizes our day was complete.

1,	C.Knight (GEC)	34:42
2,	W.Oxborough (Thames)	35:19
3,	T.Dover (Herne Hill)	35:28
4,	N.Hliouat	35:41
13,	P.Coughlan	36:27
16,	R.Alsop	36:56
19,	G.Adams	37:04
21,	P.Carstairs	37:07
22,	W.Cockerell	37:08
25,	S.Armanini	37:15
48,	M.Kazimierski	38:47
50,	K.Quinn	38:58
54,	C.Dickinson	39:15
69,	R.Harding	39:45
102,	D.Anderson	42:13
dnf	J.Curtat	
	180 finished.	

Three in a row?

We now have to go back to the post war years of 1945-51 to find a sequence of South of Thames team results that match what we have achieved in the last couple of winters. And remember, we only lost the Junior race before Christmas by one point!

Surely we can't win the Championship next year and make it three in a row — or can we?

The race will be held at Crawley on 22nd January 2000 and the distance will be reduced to 10 kms due to the fact that it will be held the week before the Southern CC Champs.

Just look at the men who are still eligible, not to mention those who didn't get into our scoring six this time around:

Spencer Barden
James Ellis-Smith
Paul Evans
Lee Hurst
Jason Lobo
Mark Miles
Kevin Nash
Hassan Raidi
Matt Yates

Cross country days don't come much sweeter than this. Hard work during the preceding ten days resulted in thirteen men packing into their starting pen at Sparrow's Den, West Wickham, spilling over into the next pen as a friendly team without aspirations as to the team prizes offered to line up behind us.

Just to remind you, the team that wins the Dewar Shield for the six-a-side championship race gets its scoring men barred from all subsequent races for the next ten years — and as we won it last year, we did not expect to be able to pull it off again. Therefore all effort was put behind the twelve-a-side race for the Coleman Cup. Various members of our team had other ideas though and in spite of the fact that this 100th running of the event was being held on Blackheath's patch and they seemed to have the strongest outfit, claret and gold was prominent among the leading colours streaming around the first circuit of the playing fields. It was Herne Hill who seemed to have

The Championship Race for the Dewar Shield

1,	Belgrave H.....	(4, 13, 16, 19, 21, 22)	95
2,	Blackheath H.....	(7, 10, 11, 14, 29, 32)	103
3,	City of Portsmouth	(5, 8, 12, 24, 28, 43)	120

15 teams closed in

The 12 to score Coleman Cup competition

1,	Belgrave H.....	(4, 13, 16, 19, 21, 22, 25, 48, 50, 54, 69, 102)	443
2,	Herne Hill H.....	(3, 15, 18, 23, 27, 46, 63, 83, 84, 86, 93, 104)	645
3,	Sth London H.....	(33, 40, 42, 65, 76, 77, 94, 96, 118, 119, 134, 148) ..	1042

Our Team Record in South of Thames C.C. Assoc. Races

	Junior Race	Brent Shield	Champ Race	Coleman Cup
1903/04			3	
1913/14	3			
1922/23	3			
1923/24	2			
1924/25	1			
1925/26	1			
1927/28	3		3	
1928/29	1		1	✓
1929/30	2		2	
1931/32			3	✓
1932/33	3		2	✓
1933/34	3		3	
1934/35	2		3	
1935/36	3		1	✓
1936/37	2			
1945/46	1 & 2		1	
1946/47	1		2	✓
1947/48	2		1	✓
1948/49			1	✓
1950/51	1		1	
1952/53			3	
1953/54	2		2	
1954/55			1	✓
1958/59	3			
1961/62	2		2	
1962/63			3	
1963/64			1	✓
1966/67	1		3	
1967/68			3	
1968/69	1		3	
1972/73			3	
1984/85	1			
1985/86	3			
1986/87	2		2	
1987/88			2	
1991/92			3	
1992/93	3			
1993/94	2			
1995/96	2			
1996/67			2	
1997/98	1	✓	1	✓
1998/99	2	✓	1	✓

Milestones

- 1888 The First South of Thames Championship Race
- 1909 The first Junior races were held.
- 1913-19 Junior race contested by Belgrave involved only Surrey & Berkshire.
- 1915-19 No competition during war years.
- 1919-27 Junior race contested by Belgrave involved only Surrey.
- 1926 Introduction of the Coleman Cup-competition in Championship Race for the best score by a team of 12 runners.
- 1928-33 Junior race contested by Belgrave involved only Surrey & Berkshire.
- 1933 The first single Junior race including all counties.
- 1939-45 No competition during war years.
- 1977 Introduction of the Brent Shield competition in Junior race for the best score by a team of 8 runners.

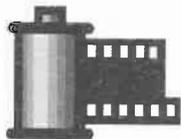


Above: Belgrave's South of Thames Championship winning team 1999 - Rob Harding, Charlie Dickinson, Kevin Quinn, Phil Carstairs (obscured), Paul Coughlan, Roger Alsop, Mike Kazimierski, Jerome Curtat (behind), Don Anderson, Najibe Hliouat, Saul Armanini and Graham Adams. The man missing from this shot is Will Cockerell.

Right: Halfway and Paul Coughlan (20) tracks a a whole mob of runners fighting for top ten positions, including Blackheath's D. Lee (50) and Thames Hare & Hounds' Al Kennis (535).



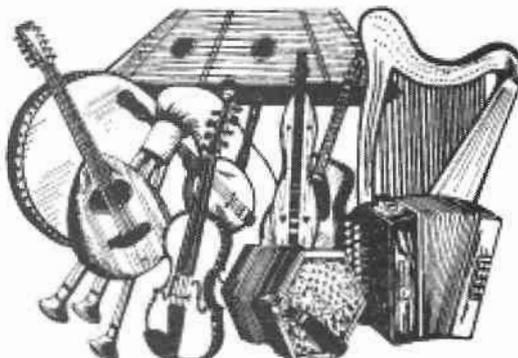
These photo's from the lens of Jeremy Hemming who will be pleased to supply copies at £1 each. Contact the Editor of this magazine if you want one.



Mean Fiddler!

Derek Manning comes up trumps again

No, we're not casting aspersions on Derek's abilities as Hon. Treasurer. It's just that we must congratulate him on yet another triumph on the occasion of Burns Night 1999 when, with Lionel Mann masterminding the culinary side of things, we had the best 'do' at Belgrave Hall in years. All previous Burns Nights have been great occasions but this one exceeded them all: the Scotch, the Haggis, the Piper, the folk duo, the Ceilidh, Derek's performance as ventriloquist with brother Charlie as the dummy - but most of all that fiddler. Can't wait for next year



Road Running & Cross Country - Results Roundup

January 1998

- 11 Egmond Aan Zee, Netherlands. Half-Marathon: P.Evans 1:03:23.
- 12 Sandringham 4.2 miles: 3, L.Mann 30:34.
- 30 Hyde Pk., Serpentine 5 kms: M65 P.Newell 19:53.

February 1998

- 1 Watford Half Marathon: 492, J.Slough 1:43:45; 660, L.Mann 1:49:51.
- 8 Wokingham Half Marathon: L.Mann 1:49:59.
- 22 Hillingdon 5 miles. Kassa showed no respect for a field that included the likes of Tune, Mussett and Denmark. With the first mile reached in 4:35, Kassa then turned the outing into a fartlek session but in the end paid the penalty. It was good to see Alex Hutchinson racing for Belgrave and with Kevin Nash and Roger Alsop to back up, an unlooked for team win came our way.
- 1, D.Tune (Rotherham) 23:23; ... 9, K.Tadesse 23:51; 11, A.Hutchinson 23:54; 19, K.Nash 24:30; 28, R.Alsop 25:14; 32, A.Passey 25:29. Team: Belgrave 67; 2, Basildon 72; 3, Aldershot F&D 161.
- 22 Scouts CC: 3, W.Minett; 4, R.Mann; 6, L.Mann.
- 27 Hyde Pk., Serpentine 5 kms: U17M C.Morris 19:03.

March 1998

- 1 Cardiff, Reebok Cross Challenge inc. Inter-Countries Champs and World Champs. Trial. 12 kms: 1, K.Cullen (Essex) 35:02; Belgrave - 34, L.Hurst (Gt. Manchester) 37:34; 38, K.Nash (wildcard) 37:40; 112, R.Alsop (Surrey) 39:24; 244 finished. U20W 6 kms: 82, T.Sturton (Surrey) 26:46; 116 finished. U17W 5 kms: 104, D.Hearn (Surrey) 22:57; 142 finished.
- 1 Woking 10 miles: 2, B.Nixon 49:32.
- 1 Bury St. Edmunds, Chicago Rock Cafe 20 miles: 7, M.Kazimierski 1:56:51.
- 7 Cheltenham, English Schools CC Champs. Senior Boys 7 kms: 60, K.Quinn (Surrey) 25:00; 320 finished; Surrey 2nd team. Inter Boys: 23, A.McLean Foreman (Somerset) 22:09; 323 finished.
- 8 Bath Half-Marathon: 6, J.Estell (M40) 1:07:39.
- 8 Margate, Thanet 20 miles: 1, Rachel Weston 2:17:45.
- 8 Chorley 5 miles: 1, J.Lobo 23:26.
- 8 Hemel 10 miles: L.Mann 1:21:13.
- 8 San Vittore Olona, Italy, IAAF Cross Challenge: 12, A.Passey 36:13.
- 14 Wimbledon, VAC 4.8 miles CC: 3, M.Nouch 27:16; D.Clack 30:29; 30:52 A.Painter; H.Corbett 33:19; R.Bale 35:40; F.Barrett 35:52; A.Stone 37:56.
- 14 South Africa, Spar Half-Marathon: 1, P.Evans 1:05:33. A time of five minutes over the hour is impressive enough but the race was held at altitude in the middle of a five week pre-London Marathon training period. South Africa's Olympic Marathon victor Josia Thugwane clocked 1:05:47 for second.
- 15 Reading Half-Marathon: 2, K.Tadesse 1:04:02; 32, M.Kazimierski 1:14:16.
- 17 Battersea Park, VAC 5.2 miles: 2, M.Nouch 29:00.
- 18 Battersea Park, Sri Chinmoy 2 miles: 2, M.Kazimierski 10:15; K.Houston

(W) 11:33; T.Verdie 11:58.

- 22 Worthing 20 miles: L.Mann 2:48:12.
- 25 Northumberland Castles All-terrain Marathon. Ford 4 miles Road: 3, A.Passey 19:20; 6, K.Tadesse 19:38. Keilder 7 miles Trail 2, A.Passey 34:42; 3, K.Tadesse 35:15. Upper Coquet 3 miles Hill: 2, A.Passey 18:18; 8, K.Tadesse 18:59. Stakeford 4.1 miles CC: 1, A.Passey 19:39; 11, K.Tadesse 20:46. Seaton Sluice 1 mile Time Trial: 2, K.Tadesse 4:27; 7, A.Passey 4:35. Hexham 5 kms Track 2, K.Tadesse 14:17; 4, A.Passey 14:19. Bamburgh 4 miles Road: 1, A.Passey 19:21; 3, K.Tadesse 19:26. Overall: 1, A.Passey 2:10:06; 5, K.Tadesse 2:12:56.
- 28 Hyde Park, Serpentine 5 kms: P.Newell 19:56; Women: 1, J.Oakley 18:54; T.Sturton 20:42.
- 28 Paddock Wood, Mascalls School 10 kms: Women: 1, G.Collison 37:21.
- 28 Lloyd Pk., BVAF CC Champs. A minute's silence was held before the start of the 'M50 and over' race and a trophy to commemorate dear old Laurie O'Hara was presented by the Club for the M65 age group. In the M40 event Jim Estall ran an aggressive race, leading a bunch of about half a dozen out into the second lap. The bunch began to split and Jim was looking good for a possible win but an unusual and sudden loss of concentration by our man gave Dave Hollins a clear lead at the end.
- 10 kms+: M40 1, D.Hollins (PMAC) 34:32; 2, J.Estell (Belgrave) 34:46; 3, P.Flavell (Oxford City) 34:56; 25, C.Dickinson (6th M45) 36:30; 72, M.Nouch 38:56; 97, J.Mather 41:21. Teams: 1, Redhill RR 95; 2, Tipton 112; 3, RAF 120; 4, Belgrave 196. M50 20, A.Verdie 45:47. M60 Team: 1, Morpeth 34; 2, Barnet 70; 3, Vale of Aylesbury 76; 4, Belgrave 93. M65 12, A.Stroud 49:42. 5 kms+: M75 3, D.McMullen 45:59. W50 6, N. Mills 25:40.
- 29 Den Haag, Netherlands, City-Pier-City Half Marathon: 25, P.Evans 1:04:40.
- 29 Wilmslow Half-Marathon, inc AAA Champs: 18, L.Hurst 1:08:45; 26, B.Nixon 1:10:10.
- 29 Tatsfield 5 miles: 4, M.Kazimierski 27:47.
- 29 Kingston, Nike Breakfast Run 8 miles: 1, K.Nash 43:03.
- 29 Cranleigh 21 miles: L.Mann 2:55:56.

April 1998

- 4 Thames Towpath 10 miles: L.Mann 1:14:54.
- 5 Gatwick, Touche Ross Half Marathon: A superb run came from Gabby Collison in spite of the blustery conditions. In coming home 8½ minutes clear of Judy Oakley, she reduced the course record by 48 seconds and took over a minute off her own Club Record which has stood since 1996.
- 1, G. Collison 1:20:51; 2, J.Oakley 1:29:31.
- 10 Folkestone 10 miles: R.Metalle (U17M) 1:05:37.
- 10 Maidenhead 10 miles: Believe it or not this was Lionel's 32nd consecutive turn-out in this event - and he managed to turn in his fastest 10-miler of the year. 288, L.Mann 1:10:42.
- 11 Boscombe, David Lloyd Quarter-Marathon: 1, B.Nixon 33:55.

- 11 Balmoral Races: 5 miles: 3, P.Evans 23:30; A.Passey 24:02. 10 miles: L.Mann 1:19:19. 5 miles: J.Mann 32:38; L.Mann 36:39.
- 21 Battersea Pk., VAC 5.2 miles: 3, M.Nouch 28:13; R.Bale 36:41; L.Mann 37:38.
- 24 Chorley, Lancs., 5 kms: 1, J.Lobo 16:34.

May 1998

- 3 Bracknell Half Marathon: W.Minett 1:33:10; 146, L.Mann 1:41:18.
- 4 Epsom 5 miles: L.Mann 37:28.
- 4 City of Bristol Half Marathon: 1, K.Tadesse 1:06:36.
- 10 British Airways 10 kms: L.Mann 47:23.
- 11 Battersea Park, Sri Chinmoy 2 miles: 2, M.Kazimierski 10:20.
- 14 City of London, Wilde Sapte Race: 8, A.Barden 18:07; 13, P.Carstairs 18:24.
- 17 Rushmoor Arena, Aldershot, BVAF Road Relays M50 6 x 6 kms: 1, Oxford City 2:06:09; 2, Elswick H 2:06:27; 3, Aldershot F&D 2:09:37; 24, Belgrave 2:31:49. Fastest: P.Probin (Bingley) 20:15; M.Rouse (Invicta) 20:21; C.Dickinson (Belgrave) 20:24. M60 3 x 6 kms: 1, Morpeth 1:10:09; 2, Swansea H 1:11:36; 3, Barnet & D 1:13:24; 5, Belgrave 1:14:33 (P.Newell 25:02, T.Verdie 23:47, M.Newton 25:44). 17 Carshalton, Securicor 10 kms: 6, K.Nash 33:59.
- 17 Ranelagh Half Marathon: W.Minett 1:35:00; L.Mann 1:44:23.
- 24 Goring 10 kms Hill Race: L.Mann 48:40.
- 26 Battersea Pk., VAC 5.2 miles: M.Nouch 29:00; R.Bale 34:06; J.Wasbrough 35:04.
- 31 Epsom 10 kms: L.Mann 44:11.

June 1998

- 1 Battersea Park, Sri Chinmoy 2 miles: 3, M.Bizio 10:20; 6, M.Kazimierski 10:25; Women: 5, K.Houston 11:59.
- 7 Lensbury 10 kms: 3, J.Estell 31:34.
- 7 Dorking, 10 miles: A last minute entry by Kevin Quinn, who paid an additional fee for his tardiness but was led to believe that he would be eligible for the prizes, gave us a solid team for this journey through the Surrey lanes. He ran a fine race for third and it seemed as if we had got well into the Surrey Champs. team medals. When it came to the prize-giving, however, not only he but the Belgrave team didn't get a mention! It seems most unfair that one has to pay over the odds for a late entry AND be excluded from the results. 1, S.Major (South London H) 52:25; ... 3, K.Quinn 55:41; 9, M.Bizio 57:02; 12, M.Webb 57:27; 15, J.Galley 58:33; T.Verdie 1:07:28.
- 8 Battersea Pk., Sri Chinmoy 2 miles: 3, K.Quinn 10:35.
- 9 Nike Newcastle to Blaydon 5.7 miles: 2, K.Tadesse 27:38.
- 14 Potton 10 kms: L.Mann 44:05.
- 16 Battersea Park, VAC 5.2 miles CC: 1, M.Nouch 28:32; 22, P.Newell 34:17; 23, J.Wasbrough 34:35; 40, D.Davies 39:42; 41, M.Hicks 40:34.
- 20 Battersea Pk., Sri Chinmoy 10 kms: 1, M.Kazimierski 34:15.
- 21 Chelmsley Nike 10 kms (inc. Inter-Area): 6, K.Tadesse 30:55.
- 21 Brickett Wood 5 miles: L.Mann 38:45; R.Mann 39:10.
- 22 Battersea Pk., Sri Chinmoy 2 miles:

- 6, M.Bizio 10:28.
- 24 Bracknell Forest 5 miles: L.Mann 35:30.
- 29 Battersea Park, Sri Chinmoy 2 miles: 5, M.Bizio 10:11.

July 1998

- 5 Vauxhall 5 miles: L.Mann 34:40.
- 6 Battersea Pk., Sri Chinmoy 3 miles: 2, M.Bizio 15:35; 3, M.Kazimierski 15:38.
- 11 Sri Chinmoy 5 miles: 4, M.Kazimierski 27:26; C.Morris (1st U17M) 32:10; L.Mann 34:37.
- 12 Lea Valley 10 miles: L.Mann 1:13:34.
- 12 Wimbledon Common, Windmilers 10 kms: 7, M.Nouch 35:45.
- 13 Battersea Pk., Sri Chinmoy 2 miles: 4, M.Bizio 10:10; 5, M.Kazimierski 10:15. Women: 6, K.Houston 11:56.
- 14 Battersea Pk., VAC 5.2 miles: R.Bale 35:05; L.Mann 35:33; G.Collins 37:57; D.Davies 39:43.
- 18 Chipstead, Elmore 7 miles: 5, K.Quinn 38:35. M60 1, A.Verdie 45:31.
- 19 Surrey Slog Half Marathon Hill Race: 77, L.Mann 1:56:56
- 19 Dulwich Charity 10 kms: 5, M.Bizio 33:57.
- 27 Battersea Pk., Sri Chinmoy 3 miles: The Sri Chinmoy Grand Prix series came to a conclusion with this 3-miler. Marcello Bizio and Mike Kazimierski were prominent as usual but new man Will Cockerell also picked up a forward placing. The overall GP places saw Marcello 3rd on 13pts Mike 4th on 15pts. 4, M.Bizio 15:43; 5, W.Cockerell 15:50; 6, M.Kazimierski 15:58.
- 31 Bushy Pk., Hampton, Stragglers Wedding Day 7 kms: Ray Foley took a break from his finest ever track season by returning to the roads to lead a Belgrave team that did well to get into the prizes in a field nigh on 500 strong. 7, R.Foley 22:54; 18, P.Carstairs 24:08; 22, M.Nouch 24:28. Team: 1, Shaftesbury Barnet 39; 2, Herne Hill 77; 3, Belgrave 124.

August 1998

- 1 Aboyne Hill Race 8 miles: 29, L.Mann 56:35.
- 1 Antrim, N.Ireland. 10 kms: 3, P.Evans 30:08.
- 3 Battersea Pk., Sri Chinmoy 2 miles: M60 1, A.Verdie 11:51.
- 4 Loch Muick 8 miles: 1, L.Mann 1:06:54.
- 6 Garrawuth 12 miles: 3, L.Mann 1:22:24.
- 7 Consorts Hill 4½ miles: 2, L.Mann 37:59.
- 8 Forland Hill 5 miles: 4, W.Minett 30:30; 9, L.Mann 35:50.
- 10 Gelder Race 4 miles: 1, W.Minett 22:53; 4, J.Mann 25:36; 5, L.Mann 26:30.
- 11 Brigs of Dee 14 miles: 1, W.Minett 1:42:21; =2, L.Mann 1:48:14.
- 13 Ballater Hill Race: 11, W.Minett 32, L.Mann.
- 15 Rynie, Tap O'Noth Hill Race, 6m and 1,220 ft climb: 12, W.Minett 48:37; 33, L.Mann 58:08.
- 17 Balmoral-Ballater 17½ miles: 1, W.Minett 2:11:00; 4, L.Mann 2:23:00.
- 18 Battersea Pk., VAC 5.2 miles: 3, M.Nouch 27:25. 1 mile: J.Wasbrough 6:21.
- 19 Pipe Hill 10 miles: 1, L.Mann 1:29:36.
- 20 Abergeldie 6 miles: 1, W.Minett 36:00; 2, L.Mann 43:47.
- 22 Lonach Hill Race 6, W.Minett 24:00; L.Mann 27:30.

On March 14th 1998 at Roundhay Park, Leeds, Lee Hurst became holder of the Parker Bowl, awarded to the first Belgrave man home in the 'National'. Lee had a fine run to place 30th in 47:07 with the race won by Shaftesbury Barnet's Dominic Bannister in 44:45. Other Belgrave placings in a field of 1661 finishers were: 252, G.Adams 52:05; 294, M.Webb 52:45; 439, P.Carstairs 54:30; 804, D.Anderson 58:47. Will Lee be first Belgravian again in 1999? Will we complete a team? You'll know by the time this magazine reaches you.

December 1998

- 6 Portsmouth, Saucony Victory 5 miles: A late call by Surrey County gave Ray Foley a representative vest in the Victory '5' and he repaid his selectors with a personal best. 29, R.Foley 24:50.
- 13 Godalming, Hog's Back Race: Another weekend ... another two races. Fresh from 7th place in the County Championships over the mud of Happy Valley the previous day, Jim Estall set out through the streets of Guildford and up onto the Hog's Back to complete the 8.3 miles course as 3rd man overall and, needless to say, 1st veteran. 3, J.Estall 43:35.
- 13 Swanley, Christmas Caper 4.2 miles: Taking advantage of the free weekend caused by the shift of the Kent County Champs to the other side of Christmas, Phil Carstairs got amongst the poultry prizes. 2, P.Carstairs 23:33.
- 20 Epsom, Ronhill Isotar 9.9 kms: 1, R.Foley 30:33; 6, A.Binda 32:57; 13, P.Gilbey 34:23.
- 26 Bedford, Boxing Day 10 miles: 5, P.Carstairs 56:21.

January 1999

- 1 Hyde Park, Serpentine 10 kms: 12, W.Cockerell 34:15.
- 2 Durham 3 kms CC: 1, S.Barden 8.31.
- 2 Thurrock, Essex League. 11, T.Barden 35:21.
- 2 Stoke on Trent, PMAC Resolution 10 kms: 1, M.Miles 31:46.
- 17 Cardiff, Arjo Wiggins 4 kms CC: 1, A.Graffin (Ton) 12:58; 3, M.Miles 13:13.
- 23 Wimbledon, VAC 4.8 miles CC Champs: 6, C.Dickinson (1st M50) 27:25; 7, M.Nouch 27:37; 37, R.Bale 31:27; 64, J.Wasbrough 33:52..
- 24 Fleet & Crookham 9 kms: 8, M.Chuter 38:54.

February 1999

- 6 Cardiff, British Universities CC Champs. 1, S.Barden 29:29.
- 6 Wimbledon, VAC 4.8 miles CC. 5, M.Nouch 27:49
- 7 Ewell, 26.2 RRC 10 kms: 11, G.Adams 34:22.
- 13 Box Hill Race, 7½ miles/1,800 feet: After several 2nd places in this event Ray Foley stepped up a gear by running a full two minutes faster than last winter - and at last came home the winner. 1, R.Foley 48:41.
- 14 Southampton, Team Solent 5 kms: 2, K.Nash 14:48.
- 20 Nottingham, Reebok Inter-Counties Champs, Men's 12 kms: 1, G.Tromans (Warks) 36:23; 144, C.Herrington (Bucks) 41:19.
- 28 Hillingdon 5 miles. Another blistering set of times were thrown up at Hillingdon with Paul Evans, returning to racing and acknowledging himself to be in good shape, tearing it up with new Tipton Harrier New Zealander Craig Kirkwood. The Kiwi had made membership approaches to us around Christmas-time but changed his mind at the last minute in favour of the Midland club. Let's hope he soon regrets it! It was good to see Gary Staines getting back into racing again. We look forward to seeing him right up the sharp end again before too long. 1, C.Kirkwood (Tipton) 23:11; 2, P.Evans 23:17; 14, G.Staines 24:27.

- 23 Berengo, Spain, Road Mile. 1, R.Esteves (Spain) 4:23; 2, B.Tracey (IRL) 4:23; 3, M.Yates 4:25; 4, D.Kimei (Kenya) 4:25; 5, J.Alvarez 4:27.
- 26 Rushmoor Arena, Aldershot, SoEAA Veterans' 4 x 6 kms Road Relay. M40: 1, Brighton & Hove 73:88; 2, Nene Valley 80:24; 3, L.Irish 80:59; ... 16, Belgrave (team not known) 84:44. M60: 1, Woodford Green 97:49; 2, Barnet & Dist; 3, Verlea 103:40; ... 5, Belgrave (W.Laws 25:53, C.Cross 26:58, A.Stroud 26:28, M.Newton 25:39) 104:58.
- 27 Cardiff KRUF 10 kms inc. British Champs. Kassa Tadesse, 3rd in 29:28, was headed only by Kenyans Kanda (29:18) and Mutwol (29:26) but was denied the British Championship because he wasn't wearing a club vest!
- 27 Teddington, Cabbage Patch 10 miles: M40 5, M.Nouch 57:45.

October 1998

- 3 Wimbledon, VAC 4.8 miles CC: 4, M.Nouch 26:46.
- 4 Newcastle, Great North Run Half Marathon: It seems as if this race has finally bitten off more than it can chew. There were so many runners that those in the bulk of the field were reduced to long periods of walking or even standing still on the totally clogged road to South Shields. Up front Kassa Tadesse got stuck into Messrs. Thugwane and Mutai but once again it was Paul Evans proving to be the fastest 'home' runner as he just got the best of Blackheath's Steinle. Jim Estall didn't seem particularly pleased with his run but as first veteran home in a faster time than last year, and in worse conditions, he's being a little hard on himself. 1, J.Thugwane (RSA) 1:02:32; 2, J.Mutai (Bromsgrove & Redditch) 1:02:50; 3, M.Fiz (ESP) 1:03:30; ... 5, P.Evans 1:04:12; 7, K.Tadesse 1:04:41; 37, J.Estall 1:09:48.
- 4 Kingston Running Festival. Marathon: Great to see Helen Maskrey getting back to some good long distance form again as she won the Women's section of the marathon and got her name and picture in the local papers again. Good running too from Tania Sturton and Nikki Haines over the shorter distances. 19, H.Maskrey (1st W) 3:05:16. 16 miles: 137, L.Mann 2:14:10. Half-Marathon: 66, N.Haines (5th W) 1:30:51. 8 miles: 48, T.Sturton (5th W) 55:59.
- 10 Petersham, Surrey Veterans' CC Champs: 1, E.Thomas (SLH) 33:33; 2, M.Waine (Woking) 33:57; 3, B.Attwell (SLH) 34:24; ... 5, C.Dickinson (1st M50) 34:50; 10, M.Nouch 35:47; 11, A.Binda 35:53. Teams: 1, South London H 7; 2, Belgrave H 35; 3, Vets. AC 42.
- 11 Ashford, Brake Bros. 10 kms: 2, G.Staines 31:22.

- 11 Dulwich 10 kms: 1, J.Estall 31:57; 4, J.Galley 33:49.
- 18 Edinburgh, BUPA Great Caledonian 10kms: 11, K.Tadesse 31:28.
- 25 Eastway, VAC and Open 5 kms: 21, R.Bale 21:20.
- 25 Epsom, Ron Hill Isotar 10 kms: M45 1, A.Binda.
- 30 Hyde Park, Serpentine 5 kms: U18 1, C.Morris 18:37
- 31 Wimbledon, VAC 4.8 miles CC: 4, M.Nouch 27:27; 25, R.Bale 32:55; 33, J.Slough 34:39; 37, C.Cross 36:03; 49, C.Manning 59:51.

November 1998

- 1 Barnsley, Nike 10 kms: 41, K.Tadesse 31:30.
- 1 Marlow Half-Marathon: 194, L.Mann 1:40:22
- 7 Senneleys Park, Birmingham, Reebok Cross Challenge: 11, A.Passey 37:05; 13, S.Barden 37:08; 28, L.Hurst 38:14.
- 8 Oxshott, Ronhill Isotar 10 kms: 2, G.Staines 31:01; 7, M.Webb 34:34; 8, A.Binda 34:48; 13, P.Gilbey 35:43.
- 18 Wimbledon, London Colleges League 5.6 miles: 1, A.Passey 30:06.
- 21 St. Asaph, Wales, British & Irish Veterans' International 10k CC: Jim Estall, in superb form, gave the outstanding Nigel Gates a real run for his money, eventually coming home just 18 seconds in arrears but leading the M40 England team to a handsome victory over Ireland - 16 points to 29 ... 1, N.Gates (England) 35:17; 2, J.Estall (1st M40) 35:35.
- 22 Epsom 10 miles: ... and with a mere international outing the previous day, our Jim performed his trick of two top class races in two days by haring around the roads of Epsom Downs, Tadworth, Walton on the Hill and Headley to lead home the field in the Marathon Windows 10k. Results man Don Turner of Epsom & Ewell e-mailed the result to the offices of The Belgravian with the comment, "You had first, last, and a few in between". 1, J.Estall 52:51; 50 A.Verdie (1st M60) 1:04:49; 230, D.Davies 1:18:46; 234, L.Mann 1:18:59; 388, C.Manning 2:09:42.
- 28 Parliament Hill, London C.C.Champs: 84, R.Harding 38:23; 224 finished.
- 28 Chester le Street, Nike International CC. New Belgravian Spencer Barden picked up two second places by racing in the 1.9kms and 3.5kms events. In the longer of these he impressed by claiming the scalp of Kenya's Chris Kelong, 6th in the World Champs held in Morocco last winter. 6.9 kms: 25, K.Tadesse 24:01. 3.5kms: 2, S.Barden 10:47; 18, M.Yates 12:11. 1.9kms: 2, S.Barden 5:00; 4, J.Lobo 5:11; 18, K.Tadesse 5:36.
- 28 Fleet & Crookham Open 9 kms: 2, M.Kazimierski 33:14.
- 28 Wimbledon, VAC 4.8 miles CC: 7, J.Mather 29:12.



- 23 Glasgow, Irn Bru XS Great Scottish Run Half Marathon. The cool and rainy conditions in Glasgow were later reckoned to have cost the runners about a minute as Paul Evans came home 35 seconds adrift of Mexican Quintanilla (1:03:00) and Thugwane of South Africa. 3, P.Evans 1:03:35.
- 23 Meickle Pap 8 miles: 1, R.Mann 1:29:00; 3, L.Mann 1:30:00.
- 25 Gelder Race 4 miles: 1, W.Minett 21:58; 4, R.Mann 24:41; 5, J.Mann 26:15; 6, L.Mann 26:15.
- 27 Bridge of Muick 8 miles: 2, R.Mann 53:35; 4, L.Mann 62:14.

September 1998

- 2 Gelder Race 4 miles: 1, W.Minett 22:05; 6, L.Mann 27:04.
- 5 Braemar Hill Race 21, W.Minett; 64 L.Mann.
- 7 Gelder Race 4 miles: 4, L.Mann 26:34.
- 8 Battersea Pk., Sri Chinmoy 2 miles: M60 1, A.Verdie 11:52.
- 13 Portsmouth, BUPA Great South Run 10 miles: 6, G.Staines 48:51; 12, K.Tadesse 50:16; 155, W.Minett 1:00:11; 331, R.Mann 1:04:01 687, L.Mann 1:08:59; 4273 finished.
- 14 Battersea Pk., Sri Chinmoy 2 miles: A.Verdie 11:57.
- 18 Battersea Pk., VAC 5.2 miles: M.Nouch 27:25; R.Bale 33:48; A.Stroud 35:09.
- 20 Glen Dimplex Cross Border Challenge 10miles: 8, P.Evans 47:01.
- 20 Wimbledon Half Marathon: In another huge field Mike Kazimierski must have been pleased with his 6th place while young Wesley Minett really impressed with an effort that brought him home as first under 20. 6, M.Kazimierski 1:14:44; 30, W.Minett (1st U20M) 1:21:45; 296, L.Mann 1:38:19; 425, P.Cross 1:44:20; 1157 finishers.

Race Walking - Results Roundup

January 1998

- 25 Monks Hill, Surrey WC 10 miles: 2, N.Whorlow 1:25:48; 5, P.King 1:33:52. Women's 5 kms: 2, L.Fryer 30:38.
- 31 Victoria Park, London GP. 10 kms: 6, A.Goudie 48:34; 7, N.Whorlow 48:57; 9, M.Dane 50:52; 13, C.Lawton 53:25; 15, M.Graham 53:55; 18, D.Sharpe 56:49; 29, D.Fotheringham 1:03:15. Teams: 1, Leicester 16; 2, Belgrave 22; 3, Belgrave 'B' 46. U15B 2.5 kms: 3, S.Whorlow 15:57. U13B 2.5 kms: 2, P.Graham 12:50; 3, S.McNally 14:35. Team: 1, Belgrave 12. U15G 2.5 kms: 1, L.Fryer 13:15. U13G 2.5 kms: 7, L.Asling 17:18.

February 1998

- 7-8 Birmingham, AAA Indoor Champs. 3000m: 6, N.Whorlow 14:21.36.
- 14 Bexley, Cambridge H. Winter Lg. 10 kms: 3, A.Goudie 49:00; 9, P.King 56:28. U15 2.5k. 3, S.Whorlow 15:46. Teams: 3, Belgrave 31. U11B 1.2 kms: 1, A.Graham 7:41; 2, J.Dawson 9:53. U15G 2.5 kms: 1, L.Fryer 13:25. Team: 3, Belgrave 21.
- 21 Chigwell County Champs. 10 miles. 6, M.Graham (1st Suffolk) 1:29:40; 13, J.Hall (1st Middx) 1:35:39; 16, D.Sharpe (Essex) 1:37:39.
- 21 Monks Hill, Surrey Champs. 8, P.King 1:33:15.

March 1998

- 1 Learnington Spa, Molly Barnet 10 kms: U20M 4, N.Whorlow 56:17. U17M 6, K.Baker 59:58. U15G 2k: 2, L.Fryer 10:29.
- 2 Blackheath, LPR 9 kms handicap: 6, D.Sharpe 51:23; 7, M.Graham 47:26.
- 14 Bexley, SRWA YAG and Cambridge H Winter League. 10 kms: 1, A.Goudie (U20M) 47:59; 5, P.King 56:08. Teams: 1, Loughton 24; 2, Belgrave 30. Overall individual: 1, A.Goudie. Overall team: 1, Belgrave. U15B 2.5 kms: 1, S.McNally 13:42; 2, S.Whorlow 15:44; 3, M.Abbots 16:48. Teams: 1, Belgrave 6, 2, Seal 23. Overall individual: 3, S.Whorlow. U15G 2.5 kms: 1, L.Fryer 13:10. Overall individual: 1, L.Fryer. U11B 1.2 kms: 1, A.Graham 7:10. Overall individual: 1, A.Graham.
- 28 Monk's Hill, Selsdon Cup 10 kms: 1, A.Goudie (U20M) 50:47; 6, P.King 57:40. Women's 5 kms: 1, L.Fryer (U15G) 30:18.

April 1998

- 2 Imber Court, Representative Match 10 miles: 6, J.Hall 1:30:29.
- 5 Blackheath, LPR 9 kms handicap: While leading the Belgrave squad to a team win, Junior Andrew Goudie further underlined his fine form by reducing his best time for the course by 2 minutes. 1, A.Goudie (U20M) 44:13; 10, D.Sharpe (M40) 51:02; 16, M.Graham (M45) 49:18. Teams: 1, Belgrave 12; 2, Ilford 24; 3, London Vidarians 24.
- 13 Tonbridge Open 3 kms: 1, N.Whorlow 14:01.9.
- 18 Basildon 50k: There's no holding Mick these days. In a race full of incident, a fierce start had Mick out ahead with Mabon Dane chasing him to tell him that the pace was much too fast! Bob Dobson received two warning cards in his effort to dice with Mick but then pulled away looking for all the world a certain winner,



- especially when Mabon pulled out at 40k to take an early shower. It was all far from over though. Approaching the finish Bob Dobson faced the ignominy of a red dq card that left "Suffolk" Mick to cruise in to pick up the silverware. 1, M.Graham (M50) 5:12:17; 6, D.Sharpe (M45) 6:18:02.
- 19 Haverhill Strider Race Walks. U11B 800m: 1, A.Graham 4:38.4; 2, B.Craig 5:08.8. U13B 1 mile: 1, P.Graham 8:10.9; 2, S.McNally 8:32.8; 3, W.Nolan 11:02.7.
- 21 Battersea Park, VAC 5 miles: 8, P.King 47:26.
- 25 Don Valley, Sheffield, RWA YA Champs. Senior Men 10 kms: 5, A.Goudie 49:05. U20M 10 kms: 4, N.Whorlow 49:36. U15B 3 kms: 4, S.Whorlow 17:35. U13B 2 kms: 1, S.McNally 11:12; 6, W.Nolan 14:29. U11B 1 kms: 1, A.Graham 5:38; 2, B.Craig 5:38. U15G 3 kms: 2, L.Fryer 15:35.
- 29 Battersea Park, Southern Counties 10 kms: 3, J.Hall 51:26.5; 5, C.Lawton 53:48.5; 12, P.King 59:19.7; 15, E.Hall 1:01:20.3. 1st Middx - J.Hall, 2nd Surrey - C.Lawton.

May 1998

- 4 Burrator, Devon. 50 kms: 7, P.King 5:29:14.
- 4 Chesham, Pednor 5 miles: 2, C.Lawton 42:39.
- 4 Pednor 5 miles: 2, C.Lawton 42:39.
- 6 Blackheath, LPR 9 kms H'cap: 8, M.Graham 48:07; 9, M.Scammell 49:02; 12, A.Goudie 45:08; 13, D.Sharpe 51:54. Teams: 1, Belgrave 9; 2, Ilford 22; 3, Surrey WC 31.
- 9 Bournemouth, Hampshire County Champs. 3k: 5, P.Wright (M80) 22:59.9.
- 9 Ashford, Kent County Champs. 3 kms: 1, A.Goudie 14:02.14. U15 3 kms: 1, S.Whorlow 19:23.7. U15G

He's done it again! First Belgrave manhome in the Belgrave Open 7 miles on November 28th - John Hall.

Apologies to our Race Walking colleagues for bare results only in this issue of *The Belgravian*. We've missed the services of our recent regular correspondent who's been tied up this time around. Hopefully we can get back on track for our next issue.

- 2.5 kms: 1, L.Fryer 13:53.5.
- 20 Woodford. 3 kms: 7, D.Sharpe 16:32.8; 9, P.Graham 17:09.8.

June 1998

- 3 Blackheath, LPR 9 kms: 4, P.Warburton 51:32.
- 6 Hove Pk., Brighton, National 20 kms Champs.: 13, P.King 3:30:46.
- 8 Battersea Pk., London Business Houses Champs. 3 kms: 1, A.Goudie 13:45.4; 3, J.Hall 14:26.4.
- 13 Monks Hill, Surrey WC 10 kms: 2, A.Goudie 48:51; 5, P.King 59:08.
- 14 Solihull, BVAF 5 kms Champs. 6, D.Fotheringham 29:06.2.
- 16 Battersea Pk., VAC 5 miles: 6, P.King 45:52; 9, D.Fotheringham 48:16.
- 17 Woodford 3 kms: 9, D.Sharpe 16:23.4; 12, D.Fotheringham 16:58.2.
- 21 Steyning, Micky Brown Open. 5 kms: 4, C.Lawton 25:44. U20M 5 kms: 3, N.Whorlow 23:27. U15B 3 kms: 2, S.Whorlow 18:18. U15G 3 kms: 2, L.Fryer 16:59. U13G 2 kms: 5, S.Rich 13:25.
- M.Brown Trophy: 1, Steyning 321; 2, Leicester WC 108; 3, Belgrave 89.

July 1998

- 1 Blackheath, LPR 9 kms Handicap: 5, D.Sharpe 51:26; 6, P.Warburton 51:13; 12, A.Goudie 46:42. Teams: 1, Ilford 10; 2, Belgrave 14; 3, Surrey WC 28.
- 7 Crawley, South Eastern Veterans Inter-Counties. 3 kms: b 1, C.Lawton 14:47.6.
- 10-11 Newport, BVAF Champs. M65 3 kms: 1, D.Fotheringham 16:42.72. 5 kms: 1, D.Fotheringham 29:13.1.
- 11 Cricklefields, Ilford Anniversary 3 kms: 7, J.Llewellyn 15:07.8; 11, D.Sharpe 16:16.2. U13B 1 km: 1, S.McNally 5:03.3; 2, P.Graham 5:15.3; 4, A.Graham 6:55.2; 5, B.Craig 6:57.5.
- 11 Monks Hill, Surrey WC 5 kms: 1, A.Goudie 23:47; 2, N.Whorlow 23:51; 3, C.Lawton 25:43; 5, P.King 28:15. U15B 2.5 kms: S.Whorlow 14:44. Women's 5 kms: 2, L.Fryer 28:25. U15G 2.5 kms: 3, S.Richardson 17:24.
- 11 Battersea Pk., VAC 5 miles: 5, P.King 46:10; 8, D.Fotheringham 47:30.
- 15 Woodford 3 kms: 5, D.Sharpe 16:14.2; 7, D.Fotheringham 16:57.5; 8, P.Graham (U13B) 17:37.4.
- 25 Woodford Green, Loughton AC Open 3 kms: 1, N.Whorlow (U20M) 13:21.7; 4, D.Sharpe 16:33.9; 5, D.Fotheringham 16:41.5; 9, S.Whorlow (U15B) 17:26.3; 16, S.Richardson (U13G) 21:30.3. Team: 1, Belgrave.83; 2, Loughton 57; 3, Dartford 52. U13 1 km: 1, P.Graham 5:16.9; 2, A.Graham (U11B) 5:47.7; 3, B.Craig (U11B) 5:48.6.
- 28 Ilford 10 kms Walk: 5, M.Graham 54:59; 8, P.King 57:36; 9, D.Sharpe 57:55; 13, D.Fotheringham 59:08.

August 1998

- 5 Birmingham, Civil Service Champs.

- 3 kms: 3, J.Hall 14:11.2.
- 9 Colchester, Essex 20m Champs. 5, P.King 3:20:52; 7, M.Dane 3:27:55; 8, M.Graham 3:28:05; 11, D.Sharpe 3:53:39.
- 9 Barnet Cophthall, U20 Inter-Regional Match. 3 kms: 3, N.Whorlow 13:33.67.
- 14 Enfield, 5 miles: 1, J.Hall 41:48.
- 18 Battersea Pk., VAC 5 miles: 2, J.Hall 40:09; 3, C.Lawton 44:10; 6, P.King 46:00; 7, D.Fotheringham 46:09; 9, E.Hall 46:51.
- 19 Woodford, 3k: 5, D.Fotheringham 17:06.0.
- 30 Newham, Tate & Lyle Meeting. 1 mile: N.Whorlow 7:01.7. U15B S.Whorlow 9:10.0. U15G L.Fryer 9:08.0.
- 30 Kingsmeadow, Veterans' AC Champs. 3 kms: M50 1, C.Lawton 15:00.8; M65 1, E.Hall 16:47.7 (CBP); 2, D.Fotheringham 17:29.2; M80 1, P.Wright 22:02.2.

September 1998

- 2 Wimbledon, Civil Service 7 miles: 1, J.Hall 57:01; 10, E.Hall 68:33.
- 7 Budapest, Hungary, Castle Cup Walks. U20M 10 kms: 19, N.Whorlow 50:57.
- 9 Blackheath, LPR 9 kms: 6, M.Scammell 49:21; 9, D.Sharpe 53:05.
- 12 Phoenix Pk., Dublin Grand Prix Walks. U18M 5 kms: 3, N.Whorlow 24:53. U14B 2 km: 10, S.Whorlow 11:14. U12B 1 km: 1, P.Graham 4:57; 3, S.McNally 5:02. U16W 3 kms: 4, L.Fryer 16:30.
- 16 Woodford Green 3 kms: 5, P.Graham 16:25.7.
- 19 Hull, English Schools AA. Senior Boys 5 kms: 2, N.Whorlow 24:09.44. Junior Girls 3k: 4, L.Fryer 16:23.75.
- 20 Southend 5 miles: 5, M.Dane 41:30; 8, M.Graham 44:07; 11, E.Hall 46:10; 13, D.Sharpe 47:12.
- 26 Basildon, Essex League 10 kms: 6, M.Graham 58:15.6; 7, E.Hall 58:41.4; 8, D.Sharpe 60:33.2.

October 1998

- 3 Enfield 6 miles: 4, D.Sharpe 57:06.
- 3 Monks Hill, Gazette Cup 4 miles: 2, A.Goudie 31:49.
- 10 Chippenham to Calne 6 miles: 24, P.Warburton 55:23; 33, D.Fotheringham 57:54.
- 11 Bromsgrove, Claire Powell Meet. U15B 2 kms: 2, P.Graham 11:05.7; 3, S.McNally 11:08.3. U13B 2k: 1, B.Craig 11:46.4. U11B 1 km: 1, A.Graham 5:39.0. Teams: 1, Sheffield WC 92; 2, Colchester 91; =3, Belgrave H and Leicester WC 76. Veterans 2 kms. h'cap: 1, M.Graham 10:58.2.
- 11 Blackheath, LPR 9 kms Handicap: 13, D.Sharpe 1:00:37
- 17 Bexley, Cambridge H Winter League: Men's 10 kms: 2, A.Goudie 51:40; 4, C.Lawton 55:19; 6, P.King 57:00. Team: 1, Belgrave 12; 2, Surrey WC 16; 3, Cambridge H 44. U13B 2.5 kms: 1, P.Graham 13:30; 2, S.McNally 13:32; 3, B.Craig 14:33; 4, S.Whorlow 14:33; 9, W.Nolan



Below: There's a fair few miles been walked by the legs belonging to these two gents. For Eric Hall (left) it was fifty years since his first turn-out in a Belgrave '7'. He placed 140th that day in 1948 (31st Belgravian home with another two behind him) in a race won by Harry Churcher. George Beecham (right) will be celebrating the half a century since his debut in this race in 2000.

Above: The start of the Belgrave 7 miles Walk, 28th November 1998, won by Darell Stone of Steyning from Chris Maddocks of Plymouth who led for most of the race.



Photos: Alan Mead

Steyning 10; 2, Belgrave 34; 3, Ilford 44. Women: 1, S.Warren (Birchfield) 59:32; 2, S.Spacey (Belgrave) 62:56; 3, A.Lewis (Aldershot F&D) 63:15. U15B 2k: 2, S.Whorlow 11:43; 3, K.Samson 13:56. U15G 2k: 2, L.Fryer 10:56; 4, S.Richardson 12:34.

Women's 5 kms: 1, V.Lauer 27:10; 3, L.Fryer (U17) 30:09. U15G 2.5 kms: 2, S.Richardson 15:49. Reg. Jacobs Trophy: 1, Belgrave 417; 2, Dartford 272; 3, Ilford 171.

10 Imber Court, Met. Police Open 10 kms: 1, D.Stone (Steyning) 43:41; 6, A.Goudie 47:14; 10, N.Whorlow 53:37; 11, C.Lawton 53:53; 15, P.King 55:47; 22, D.Fotheringham 59:46. Teams: 1, Steyning 9; 2, Surrey WC 23; 3, Belgrave 27. Women: 1, D.Wallen (AFD U20) 52:04; 6, L.Fryer (U17) 59:49.

17 Steyning 15 kms: 3, C.Lawton 83:17; 4, P.King 85:17.

19 Enfield 6 miles: 5, D.Sharpe 56:40. 23 Monks Hill, Surrey WC 10 miles: 4, C.Lawton 91:45; 6, P.King 92:38. 30 Brighton, Slater Bryce 10 kms: 2, C.Lawton 53:11.

December 1998

5 Enfield 5 miles: 2, D.Sharpe 46:46. 5 Monk's Hill, Surrey WC Xmas Cup. Men's 10 kms: 1, A.Goudie 51:22; 5, P.King 56:24. Overall winner of the series: A.Goudie. U20M 5km: 1, N.Whorlow 26:40; 2, S.Whorlow 31:07. U15G 2.5km: 3, S.Richardson 16:00.

12 Bexley, Cambridge H League. 10 kms: 4, A.Goudie 48:55; 7, C.Lawton 53:49; 8, P.King 56:45. Teams: 1, Belgrave 19; 2, Ilford 33. U13B 2.5 kms: 1, S.McNally 13:22; 2, B.Craig 14:25; 3, S.Whorlow 14:49. Teams: 1, Belgrave 6. U11B 1.2 kms: 1, A.Graham 7:20; 3, T.Samuels 7:56. U17W 5 kms: 2, L.Fryer 27:43.

13 Tamworth, Midland Junior League. U15B 3 kms: 2, S.McNally 17:10. U13B 2 kms: 1, B.Craig 12:18; 2, T.Samuels 13:43. Teams: 1, Belgrave. U11B 1 km: 1, A.Graham 5:07; 6, L.Dorey 7:09.

19 Birmingham, Birchfield Turkey Trot 10 kms: 5, D.Fotheringham 58:09. 20 Ilford 10 kms: 1, J.O'Rawe (R Hogs) 45:37; 2, M.Dane 50:38; 3, J.Hall 50:39; 11, C.Lawton 54:04; 17, P.King 56:50; 18, M.Graham 58:01; 24, E.Hall 60:59. Teams: 1, Belgrave 16; 2, Ilford 22; 3, Colchester 32.

January 1999

1 City of London Walks. 10 kms: 1, A.Goudie 49:17; 2, M.Dane 49:43; 10, P.Warburton 56:55; 11, P.King 57:06; 12, D.Sharpe 59:10. Team: 1, Belgrave 13; 2, Ilford 32; 3, Enfield 32. U17M 5 kms: 1, S.Whorlow 31:25. U15B 2.5 kms: 2, P.Graham 14:20. U13B 2.5 kms: 1; B.Craig 15:29. U11B 1 km: 1, A.Graham 5:34.

18:47. Team: 1, Belgrave 6. U11B 1.2 kms: 1, A.Graham 7:11. Women's 5 kms: 7, J.Sampson 36:35. U17W 5 kms: 2, L.Fryer 27:49. U13G 2.5 kms: 4, S.Richardson 15:43.

18 Harlow, Essex League 5 miles: 11, D.Sharpe 44:40; 12, M.Graham 44:40; 14, E.Hall 46:05.

25 Eastway, Essex League 5 kms: 6, C.Lawton 27:03; 9, M.Graham 27:46; 11, P.King 28:40; 14, D.Sharpe 29:20. Overall winner M.Graham 389pts; 2, D.Sharpe 376.

31 Monks Hill, Addington Vase 7 miles: 3, A.Goudie 56:44; 4, N.Whorlow 57:47; 5, C.Lawton 61:21; 7, P.King 64:19. U15B 2.5 kms: 1, S.Whorlow 14:59. Women's 5 kms: 2, L.Fryer (U17W) 28:46. U15G 2.5 kms: 3, S.Richardson 16:31.

November 1998

7 Enfield 7 miles: 1, M.Easton (Surrey WC) 52:52; ... 5, J.Hall 58:37; 14, P.King 64:08; 17, D.Sharpe 65:28. Teams: 1, Enfield 31; 2, Steyning 34; 3, Ilford 35; 4, Belgrave 36.

7 Birkenhead Park, Wirral 5 kms &

YAG Grand Prix: Men's 5 kms: 1, B.Adams (Leicester) 23:14; 2, N.Whorlow (U20M) 23:30. U15B 3km: 1, S.Whorlow 17:18. Women's 5 kms: 1, C.Charnock (Barr) 23:58; ... 5, L.Fryer (U17W) 27:01. U11G 1 km: 3, H.Mulville 8:07.

14 Birmingham, Midland League 10 kms: 16, D.Fotheringham 59:18. U15B 3 kms: 2, S.McNally 17:12; 3, P.Graham 17:49; 4, W.Nolan 23:11. Team: 1, Belgrave 9pts. U13B 2k: 1, B.Craig 13:25; 2, T.Samuels 14:36. U11B 1 km: 1, A.Graham 5:30.

19 Colchester, 2 kms Track H'cap: 1, W.Nolan 14:12; 4, A.Graham 14:23; 5, S.McNally 11:02; 6, P.Graham 11:02; 9, E.Hall 11:01.

21 Colchester, Nihill Road Walks. 1.44 miles: 2, P.Graham 12:03; 3, S.McNally 12:06.

28 Wimbledon, Belgrave Open 7 miles: 1, D.Stone (Steyning) 47:27; 2, C.Maddocks (Plymouth) 47:31; 3, S.Hollier (W&B) 49:41; ... 7, J.Hall 57:23; 9, M.Dane 58:46; 18, P.King 62:53; 21, D.Sharpe 65:14; 26, E.Hall 68:47; 28, D.Fotheringham 69:16; 37, G.Beacham 77:44. Teams: 1,

Ranking Lists 1998 - Men's Track & Field

Compiled by Alan Mead, 29 Kingston Road, Ewell, Surrey KT17 2EG. Telephone: 0181-224 2657 Email: AlanMead@compuserve.com
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A = Altitude.
 d = Recorded in decathlon.
 dq = Disqualified
 u = Unconfirmed
 w = Wind assisted, or obviously wind assisted and no wind reading taken. A blank in the wind reading column indicates that the wind reading is not known or was not taken but there is no particular reason to believe that the performance was wind assisted.
 § = Whistle start.
 † = Rolling start. Dwain Chamber's reaction time of 0.063 at Johannesburg was faster than the permitted 0.10 and although not classed as a false start at the time, has been anoted as a rolling start by the National Union of Track Statisticians.

Where wind readings are not known or where there is not an obviously superior performance by an individual among an assortment of manual, electric or windy times or distances then each performance is shown.
 Figures in brackets after the athlete's name indicate their World and National Ranking. E.g. (=17-1) indicates equal 17th in the World and 1st in the UK. Where two or more figures are shown separated by / then the last figure is for their age group and the preceding figures are for age groups above. E.g. (27/4) for a U20 indicates 27th best among Seniors and 4th best among U20.

100 metres

10.04	+0.3	Darren Campbell (=17-1)	12-9-73	Budapest HUN	19Aug
10.10	+0.3	Dwain Chambers (=25-2)	5-4-78	Budapest HUN	19Aug
		10.03 -0.2 A †		Johannesburg RSA	11Sep
10.45	-0.8d	Du'aine Ladejo (=18)	14-2-71	Bressanone ITA	24Jun
		10.28 +6.0 d		Arles FRA	23May
10.6		Geoff Dearman	4-8-77	Milton Keynes	16Aug
10.60		John Regis	13-10-66	Tønsberg NOR	21Jun
		10.60 +2.2		Cardiff	4Aug
		10.71 -0.4		Sundsväl SWE	29Jun
10.61	-1.0	Jason Fergus	11-10-73	Copthall	8Aug
		10.55 +3.5		Birmingham	24Jul
		10.4 +4.4		Newham	9May
10.61	-1.5	Chris Lambert (5)	U20 8-4-81	Copthall	31Aug
		10.52 +5.0		Bedford	4Jul
		10.60 +2.9		Bedford	4Jul
		10.6 +4.0		Cannock	13Sep
10.65	-0.5	Andrew Walcott	11-1-75	Nürnberg GER	11Jul
10.66	-1.2	Haroun Korjie	18-2-72	Watford	20Jun
		10.58 +3.3		Meadowbank	4Jul
		10.5 +2.4		Enfield	9May
10.88	+1.8	Nana Wilson	U20 14-1-79	Bedford	4Jul
10.9		Sean Baldock	3-12-76	Worthing	24May
10.9		Marlon Dickson	17-11-78	Tooting	19Aug
		10.77 +3.5		Meadowbank	4Jul
10.9		Dotun Akinbogun	14-8-74	Milton Keynes	16Aug
		10.7 §w		Carshalton	15Jul
10.9		James Hilston	U20 25-2-79	Tooting	19Sep
11.0		Matt Douglas	26-11-76	Watford	29Jul
11.1		Kirk King	U20 20-9-80	Millfield	13May
11.1		Phil Goedluck	10-9-67	Tooting	20May
11.1		Richard David	15-8-77	Tooting	20May
		10.8 §w		Carshalton	15Jul
11.13	-0.3	Steve Scott	U20 5-6-79	Haringey	24May
		10.9 +5.1		Enfield	9May
		11.1 +2.3		Enfield	9May
11.2		Darren Thompson	U20 6-11-79	Millfield	4May
11.26	d	Scott Exley	9-2-78	Enfield	1Aug
		10.8 §w		Carshalton	15Jul
11.3		Joe Panton	25-11-78	Tooting	19Aug
11.3		Nick Molloy	15-2-74	Milton Keynes	16Aug
11.4		Marlon Kerr	U20 3-4-81	Millfield	4May
11.4		Michael Peacock	7-12-72	Newham	11May
11.4		Roy Hart	U20 3-11-80	Kingsmeadow	13Jun
11.5		James Tuson	U20 7-1-81	Millfield	4May
11.5		Michael Livingstone	17-04-76	Milton Keynes	6Jun
11.5		Lincoln Campbell	20-10-64	Tooting	5Aug
11.6		Richard Danso	U17 24-12-81	Battersea Pk	26Apr
11.6	+0.5	Simon Shirley	3-8-66	Kingsmeadow	9May
11.6		Marcus Miller	14-7-78	Battersea Pk	25Jul
11.61		Bernard Mensah	U20 6-4-79	Haringey	24May
		11.2 §w		Carshalton	15Jul
11.7		Courtney Hutchinson	U15	Battersea Pk	23May
11.8		Martin Sparks Jnr	U17 29-10-82	Battersea Pk	19Apr
11.9		Crofton Alexander	U15 7-1-84	Battersea Pk	26Apr
12.0		Alex Lambert	U17 22-12-82	Enfield	7Jun
12.2		Phillip Walsh	U17 26-10-81	Millfield	4May
12.2		Neil Thompson	U17 15-10-82	Millfield	4May
12.2		Neil Urmatum	U17 10-1-83	Norwich	28Jun

12.3		Daniel Ricalde	U17 10-12-81	Battersea Pk	19Apr
12.5		Andrew Arce	U17 2-11-82	Croydon	13Jun
12.7		Paul Allen	U15 5-9-83	Bracknell	19Jul
12.7		Delgio Colsoul	U15 5-9-83	Bracknell	19Jul
12.8		Victor Orji	U15 17-3-85	Battersea Pk	23May
12.9		Glyn Woodhams	U15 8-8-84	Enfield	7Jun
13.0		Ikiaus Morris	U15 1-4-84	Battersea Pk	2May
		§ 12.9		Battersea Pk	19Apr
13.1		Richard Biscoe	U15 31-8-84	Battersea Pk	2May
13.2		John Druce	M40 16-4-58	Battersea Pk	22Jun
13.3		Terence Tsui	U13 3-10-85	Bracknell	19Jul
13.4		Daniel Lambert	U15 2-7-85	Norwich	28Jun
13.7		Snowy Brooks	M50 19-8-44	Battersea Pk	22Jun
13.7		Jon Hawkes	U13	Bracknell	19Jul
13.8		Mike Edwards	M55 16-12-41	Barn Elms	20Sep
14.2		Daniel McDonald	U13 7-11-85	Norwich	28Jun
14.3		Greg Perkins	U13 13-8-86	Battersea Pk	2May
14.3		Barnaby Hodgson	U13 23-8-86	Battersea Pk	20Jun
14.3		Terry Lawton	M55 27-5-41	Battersea Pk	22Jun
14.4		Paul Graham	U13 17-2-86	Battersea Pk	23May
14.8		Ed Walsh	U13 21-10-85	Battersea Pk	26Apr
16.1		Matthew Lambert	U13 15-9-86	Enfield	7Jun
17.9		Charlie Manning	M70 8-1-28	Battersea Pk	22Jun
		Unable to rank			
10.9		§w James Flavin	5-3-73	Carshalton	15Jul

150 metres

15.8		Jason Fergus	11-10-73	Mayesbrook Pk	15Mar
18.4		Martin Sparks Jnr	U17 29-10-82	Kingsmeadow	23Mar
19.0		Daniel Ricalde	U17 10-12-81	Kingsmeadow	23Mar

200 metres

20.40	-0.2	John Regis (=24-4)	13-10-66	Kuala Lumpur MAS	19Sep
20.48	+1.0	Darren Campbell (=46-5)	12-9-73	Sheffield	2Aug
21.01	+1.4	Jason Fergus (15)	10-11-73	Belgrade YUG	31May
21.05	-1.2	Dwain Chambers (16)	5-4-78	Kalamata GRE	23May
21.29	+1.7	Andrew Walcott (27)	11-1-75	Copthall	8Aug
21.49	+1.9	Marlon Dickson	17-11-78	Watford	21Jun
21.5		Geoff Dearman	4-8-77	Milton Keynes	16Aug
21.56	0.0	Chris Lambert (4)	U20 8-4-81	Copthall	31Aug
		21.33 +3.3		Exeter	10 or 11Jul
21.6	+1.8	Sean Baldock	3-12-76	Meadowbank	4Jul
21.7		Matt Douglas	26-11-76	Watford	29Jul
21.9		Chris Rawlinson	19-5-72	Loughborough	25Apr
		22.29 -1.4		Watford	16May
22.0		Nick Dawson	19-5-78	Portsmouth RN	15Aug
		22.28 +1.8		Bath	2-4May
22.0		James Hilston	U20 25-2-79	Tooting	19Aug
22.2		Richard David	15-8-77	Tooting	20May
		22.0 §w		Carshalton	15Jul
22.3		Haroun Korjie	18-2-72	Finsbury Pk	2Jun
		22.40 +2.7		Meadowbank	4Jul
22.34	+2.5	Dave Nolan	25-7-69	Cudworth	9May
22.5		Darren Thompson	U20 6-11-79	Millfield	4May
22.5		Dotun Akinbogun	14-8-74	Tooting	19Aug
22.6		Scott Exley	9-2-78	Millfield	4May
22.6		Roy Hart	U20 3-11-80	Basildon	21Jun
22.6		James Flavin	5-3-73	Portsmouth RN	15Aug
22.6		Nick Molloy	15-2-74	Milton Keynes	16Aug
22.7		Joe Panton	25-11-78	Tooting	19Aug
22.9		Michael Parper	20-5-78	Ladywell	2May
22.9		Phil Goedluck	10-9-67	Croydon	17Jun
23.1		Michael Peacock	7-12-72	Enfield	9May
23.21		Nick Daniel	U20 18-1-81	Haringey	23-24May
23.26		Bernard Mensah	U20 6-4-79	Haringey	23-24May
23.4		Nana Wilson	U20 14-1-79	Harrow	26Jul
23.6		Alex Lambert	U17 22-12-82	Bracknell	19Jul
23.6		Richard Aspden	15-10-76	Tooting	5Aug
24.0		Neil Urmatum	U17 10-1-83	Croydon	17May
24.0		Marcus Miller	14-1-78	Tooting	20May
24.3		Crofton Alexander	U15 7-1-84	Enfield	7Jun
24.4		Richard Danso	U17 24-12-81	Norwich	28Jun
24.4		Denny DeEmmony	U15 19-11-83	Bracknell	19Jul
24.5		Martin Sparks	U17 29-10-82	Battersea Pk	26Apr
25.0		John Wells	U15 19-4-84	Bracknell	19Jul
25.0		Dale Holmes	U17 23-10-82	Tooting	19Sep
25.4		Daniel Ricalde	U17 10-12-81	Battersea Pk	19Apr
26.1		Ikiaus Morris	U15 1-4-84	Croydon	17May
26.2		Neil Thompson	U17 15-10-82	Walthamstow	19Apr
26.2		John Druce	M40 16-4-58	Battersea Pk	18May
26.2		Daniel Lambert	U15 2-7-85	Norwich	28Jun
26.5		Victor Orji	U15 17-3-85	Battersea Pk	23May
26.8		Terence Tsui	U13 3-10-85	Bracknell	19Jul
27.6		Richard McMillan	23-11-75	Tooting	5Aug
29.1		Snowy Brooks	M50 19-8-44	Battersea Pk	18May
29.8		Ed Walsh	U13 21-10-85	Battersea Pk	26Apr
31.1		Bob Bridges	M45 17-08-49	Battersea Pk	20Jul
31.3		Paul Graham	U13 17-2-86	Croydon	17May
36.5		Sam McNally	U13 26-3-86	Battersea Pk	2May
43.4		Charlie Manning	M70 8-1-28	Battersea Pk	20Jul

Men's Track & Field - Ranking Lists 1998

300 metres

33.20	Du'aine Ladejo		14-2-71	Gateshead	19Jul
54.2	Roy Collier	U13	11-3-87	Battersea Pk	20Jun

400 metres

45.45	Sean Baldock (47-7)		3-12-76	Birmingham	25Jul
46.12	d Du'aine Ladejo (10)		14-2-71	Kuala Lumpur MAS	17Sep
46.46	Geoff Dearman (15)		4-8-77	Dresden GER	1Aug
47.5	Matt Douglas (31)		26-11-76	Loughborough	13May
48.03	John Regis (46)		13-10-66	Fullerton USA	23Apr
48.07	i Michael Parper (48)		20-5-78	Birmingham	6Jun
48.1	Ruben Tabares 2-cl (49)		22-10-78	Crawley	19Jul
48.6	Matt Kloiber		22-11-71	Watford	12Aug
48.90	James Hilston (19)	U20	25-2-79	Watford	21Jun
49.0	Richard David		15-8-77	Kingsmeadow	9May
49.6	Phil Goedluck		10-9-67	Tooting	20May
49.6	Jason Lobo		18-9-69	Blackburn	17Jun
49.71	Michael Peacock		7-12-72	Watford	21Jun
49.8	Peter Foster 2-cl		19-4-76	Woking	12Aug
50.0	Dotun Akinbogun		14-8-74	Woking	12Aug
50.5	Joe Panton		25-11-78	Barn Elms	20Sep
50.59	d Scott Exley		9-2-78	Enfield	1Aug
51.1	Dominic St. George	U20	12-10-79	Bracknell	9May
51.36	Nick Molloy		15-2-74	Watford	21Jun
51.4	Sam Pantling	U20	1-3-81	Street	13May
51.6	Austin Ferns	U20	12-1-81	Walthamstow	19Apr
51.8	James Flavin		5-3-73	Croydon	17Jun
52.3	Alex Lambert	U17	22-12-82	Kingsmeadow	9Apr
52.7	Zac Ashkanasy			Tooting	20May
53.3	John Wells	U15	19-4-84	Deangate	13Jun
53.8	Denny DeEmmony	U15	19-11-83	Tooting	8Aug
54.5	Nick Daniel	U20	18-1-81	Copthall	23Aug
55.3	Dominic Shillingford	U15	16-12-83	Bracknell	19Jul
55.5	Simon Beatson	U17	5-1-82	Millfield	4May
55.7	Andrew Hilston	U20	24-3-80	Basildon	21Jun
56.3	Chris Husbands		2-5-61	Tooting	20May
56.4	Martin Chuter	M40	1-1-55	Tooting	23May
56.5	Andrew Arce	U17	2-11-82	Bracknell	19Jul
56.5	Dominic Hockett Joseph	U17	6-10-82	Tooting	5Aug
57.0	Paul Allen	U15	5-9-83	Norwich	28Jun
57.1	Steve Smullen		23-9-58	Tooting	3Jun
57.3	Omar Becirhodzic	U17	11-11-82	Walthamstow	19Apr
61.5	Richard Biscoe	U15	31-8-84	Battersea Pk	23May
61.9	Richard McMillan		23-11-75	Tooting	19Aug
62.2	John Druce	M40	16-4-58	Battersea Pk	22Jun
62.2	Paul Coughlan		22-9-72	Tooting	8Aug
70.1	Bob Bridges	M45	17-8-49	Battersea Pk	22Jun
71.5	Tony Stone	M55	9-12-40	Battersea Pk	27Apr
71.8	Peter Exley 2-cl	M45	19-1-53	Battersea Pk	27Apr
79.2	Terry Lawton	M55	27-5-41	Battersea Pk	22Jun

600 metres

1:23.0	Clive Gilby		24-2-66	Sutcliffe Pk	13Apr
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800 metres

1:47.48	Jason Lobo (3)		18-9-69	Sheffield	2Aug
1:48.28	Matt Yates (9)		4-2-69	Lisbon POR	20Jun
1:52.21	Matt Kloiber		22-11-71	Swindon	24Jun
1:52.60	Clive Gilby		24-2-66	Watford	21Jun
1:53.29	Steve Baldock		5-11-69	Watford	21Jun
1:54.2	Zac Ashkanasy			Watford	13May
1:55.00	Dave Pamah		27-11-64	Bedford	30May
1:55.0	James Ellis-Smith		11-9-72	Crawley	22Jul
1:55.6	u Alasdair McLean Foreman (9)				
		U17	10-11-81	Street	13May
	1:57.1 (=13)			Watford	5Aug
1:55.7	Geoff Dearman		4-8-77	Watford	9Sep
1:56.9	Amir Becirhodzic	U20	23-11-79	Walthamstow	19Apr
1:57.6	Sam Pantling	U20	1-3-81	Millfield	13May
1:59.6	Mark Miles		24-3-97	Liverpool	18Jul
2:00.1	Kevin Quinn	U20	24-7-79	Kingsmeadow	?May
2:01.11	Dominic St. George	U20	12-10-79	Exeter	10/11Jul
2:03.7	Simon Beatson	U17	5-1-82	Millfield	13May
2:04.1	Graham Adams		10-6-68	Battersea Pk	16May
2:05.3	Ray Foley		3-6-68	Milton Keynes	6Jun
2:07.3	Manuel Garcia	U17	3-8-83	Norwich	28Jun
2:07.4	Dominic Hockett-Joseph	U17	6-10-82	Bracknell	19Jul
2:08.2	Martin Chuter	M40	1-1-55	Tooting	23May
2:09.2	Denny DeEmmony	U15	19-11-83	Bracknell	19Jul
2:09.4	Steve Smullen		23-9-58	Tooting	20May
2:12.0	William Cockerell		19-11-73	Tooting	5Aug
2:14.2	El Bbideh		26-1-77	Tooting	19Aug
2:15.1	Alan Painter	M50	27-5-47	Tooting	1Jul
2:15.7	Derek Clack	M45	13-9-52	Tooting	23May
2:20.4	Delgio Colsole	U15	5-9-83	Enfield	7Jun
2:22.5	Obie Matthew	U20	20-12-80	Croydon	13Jun
2:29.3	Alexander Denise	U20	7-5-80	Basildon	21Jun
2:29.5	Don Anderson	M40	10-5-55	Battersea Pk	25Jul

2:31.4	Richard Biscoe	U15	31-8-84	Enfield	7Jun
2:33.0	Freddie Lewis	U15	12-7-85	Battersea Pk	26Apr
2:36.3	Firouz Fagerzi	U13	22-10-85	Norwich	28Jun
2:36.5	Toby Hodgson	U13	21-1-88	Battersea Pk	20Jun
2:39.4	John Druce	M40	16-4-58	Milton Keynes	6Jun
2:42.3	Phillip Doorgachurn	U13	3-3-86	Battersea Pk	1Aug
2:52.8	Tony Stone	M55	9-12-40	Battersea Pk	18May
2:56.9	Carl Cross	M60	3-11-35	Barn Elms	20Sep
2:58.1	Joseph Fitzgerald	U13	7-2-87	Battersea Pk	23May
3:04.6	Andrew Graham	U11	19-12-89	Battersea Pk	23May
3:05.2	Daniel McDonald	U13	7-11-85	Bracknell	19Jul
3:10.6	Roy Collier	U13	11-3-87	Bracknell	19Jul

1000 metres

2:20.9	Jason Lobo (3)		18-9-69	Stretford	18Aug
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1500 metres

3:37.04	Matt Yates (3)		4-2-69	Berlin	1Sep
3:47.48	James Ellis-Smith		11-9-72	Loughborough	17May
3:48.90	Jason Lobo		18-9-69	Bedford	29Aug
3:49.18	Clive Gilby		24-2-66	Watford	16May
3:53.91	Mark Miles		24-3-97	Meadowbank	4Jul
3:54.87	Dave Pamah		27-11-64	Kuala Lumpur MAS	20Sep
4:02.22	Alasdair McLean Foreman	U17	10-11-81	Haringey	24May
4:04.2	Ray Foley		3-6-68	Battersea Pk	4Jul
4:07.4	Zac Ashkanasy			Watford	29Apr
4:07.9	Roger Quinn		16-1-65	Ladywell	2May
4:07.8	Kevin Quinn	U20	24-7-79	Tooting	3Jun
4:10.1	Amir Becirhodzic	U20	23-11-79	Walthamstow	19Apr
4:13.6	§ Marcello Bizio		1-8-64	Carshalton	15Jul
4:13.6	Manuel Garcia	U17	3-8-83	Bracknell	19Jul
4:15.9	Paul Coughlan		22-9-72	Tooting	8Aug
4:17.0	Junior Galley		24-5-62	Tooting	5Aug
4:22.1	Alistair Stewart			Battersea Pk	25Jul
4:23.9	Dominic Hockett Joseph	U15	6-10-82	Tooting	19Aug
4:25.6	Steve Fowler	M40	2-4-57	Battersea Pk	22Jun
4:28.86	d Du'aine Ladejo		14-2-71	Arls FRA	24May
4:35.1	Richard Oram	U20	20-7-80	Basildon	21Jun
4:41.2	Robert Metalle	U17	14-1-82	Battersea Pk	26Apr
4:42.8	d Scott Exley		9-2-78	Enfield	2Aug
4:44.1	James Skilbeck-Nelson	U15	1-12-83	Tooting	5Aug
4:44.4	Ralph Braithwaite	U15	3-11-83	Bracknell	19Jul
4:46.9	Alan Painter	M50	27-5-47	Battersea Pk	27Apr
4:53.0	Ahmed Abdullah	U15	1-1-85	Norwich	28Jun
4:53.4	Derek Clack	M45	13-9-52	Battersea Pk	27Apr
5:06.4	Don Anderson	M40	10-5-55	Milton Keynes	6Jun
5:10.0	James Edwards	U17	8-11-82	Bracknell	19Jul
5:18.0	Dale Seddon	U13	21-10-85	Bracknell	19Jul
5:44.1	Paul Graham	U13	17-2-86	Battersea Pk	26Apr
5:54.3	Edward Thompson	U20	2-9-79	Harrow	26Jul
5:54.6	Sam McNally	U13	26-3-86	Croydon	17May
9:33.0	Charlie Manning	M70	8-1-28	Kingsmeadow	30Aug
10:59.6	Dave McMullen	M75	8-9-20	Kingsmeadow	30Aug

1 mile

4:03.65	Matt Yates (21)		4-2-69	Glasgow	30Aug
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3000 metres

8:06.88	Killian Lonergan		6-7-74	Cardiff	15Jul
8:33.0	Kevin Nash		6-2-77	Woking	27May
8:35.4	N.Hliouat		28-8-77	Tooting	19Aug
8:42.2	Roger Alsop		16-1-65	Tooting	20May
8:43.9	Ray Foley		3-6-68	Croydon	17Jun
8:51.2	Alistair Stewart			Tooting	5Aug
8:56.6	Phil Carstairs		7-7-60	Croydon	17Jun
8:57.0	Kevin Quinn	U20	24-7-79	Kingsmeadow	13Jun
8:58.7	Paul Coughlan		22-9-72	Tooting	5Aug
9:15.0	Manuel Garcia	U17	3-8-83	Bracknell	19Jul
9:20.6	Charlie Dickinson	M50	26-4-48	Tooting	3Jun
9:23.4	Kevin Quinn	U20	24-7-79	Walthamstow	19Apr
9:36.7	William Cockerell		19-11-73	Tooting	5Aug
9:43.6	Marcello Bizio		1-8-64	Crystal Palace	10Jun
9:49.2	Mike Nouch	M40	20-6-54	Battersea Pk	12Aug
10:03.3	Robert Metalle	U17	14-1-82	Battersea Pk	26Apr
10:03.6	Dominic Hockett Joseph	U17	6-10-82	Enfield	7Jun
10:30.7	Michael Harvey-Bray	U15	24-12-84	Bracknell	19Jul
10:40.7	James Skilbeck-Nelson	U15	1-12-83	Bracknell	19Jul
11:28.0	Steve Whorlow Jnr	U15	20-5-85	Enfield	7Jun
11:26.9	Dave McMillan	M50	9-11-47	Battersea Pk	22Jun
11:46.6	Robert Oglander	U20	2-5-81	Walthamstow	19Apr
11:58.3	Tony Stone	M55	9-12-40	Battersea Pk	22Jun
12:24.9	Carl Cross	M60	3-11-35	Barn Elms	20Sep
13:57.9	Terry Lawton	M55	27-5-41	Battersea Pk	22Jun

5000 metres

14:04.4	Gary Staines (21)		3-7-63	Watford	5Aug
14:11.8	Killian Lonergan		6-7-74	Watford	5Aug
14:17	Kassa Tadesse (35)		21-8-74	Hexham	May
				Watford	16May

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14:19	Adrian Passey 2-cl (40)	2-9-64	Hexham	May	70.4	Maurice Joyce 2-cl (3)	M50	29-5-44	?	?	
14:57.06	Mark Miles		Lisbon POR	20Jun	77.7	Ray Foley		3-6-68	Portsmouth RN	15Aug	
15:02.7	Roger Alsop	16-1-65	Kingsmeadow	10May	400 metres Hurdles (84.0 cm)						
15:08.?	Ray Foley	3-6-68	Enfield	23Aug	58.2	Phil Walsh	U17	26-10-81	Bracknell	19Jul	
15:15.0	Jim Estall	M40	Battersea Pk	4Jul	64.5	Leon Odiete	U17		Bracknell	19Jul	
15:19.65	Billy Nixon	9-2-68	Watford	16May	66.1	Danny Crook	U17	27-4-82	Ashford	9May	
15:20.70	James Ellis-Smith	11-9-72	Belgrade YUG	31May	1500m Steeplechase						
15:33.?	Paul Coughlan	22-9-72	Enfield	23Aug	5:32.6	Bernard Asante	U17	24-7-783	Norwich	28Jun	
15:36.7	Alistair Stewart		Battersea Pk	25Jul	2000m Steeplechase						
16:16.04	Charles Dickinson	M50	Newport	10or11Jul	5:48.2	Lee Hurst		29-7-72	Trafford	4Aug	
16:16.37	Steve Baldock		Birmingham	6Jun	6:16.4	Amir Becirhodzic	U20	23-11-79	Copthall	23Aug	
16:36.9	Mike Nouch	M40	Milton Keynes	6Jun	6:28.7	Junior Galley		24-5-62	Tooting	19Aug	
16:38.7	Steve Fowler	M40	Battersea Pk	16May	6:37.5	Alasdair McLean Foreman	U17	10-11-81	Cannock	13Sep	
16:38.7	Phil Carstairs		Battersea Pk	25Jul	6:38.6	§ Graham Adams		10-6-68	Carshalton	15Jul	
17:30.4	Robert Metalle	U17	Ladywell	2May	6:40.6	Kevin Quinn	U20	24-7-79	Basilton	21Jun	
17:52.7	Don Anderson	M40	Ladywell	2May	6:45.6	Manuel Garcia	U17	3-8-83	Basilton	21Jun	
10000 metres					6:46.4	§ Marcello Bizio		1-8-64	Carshalton	15Jul	
30:34.13	Kassa Tadesse (26)		Bedford	29Aug	3000m Steeplechase						
31:22.37	Jim Estall	M40	Cesenatico ITA	?Sep	8:49.63	Lee Hurst (6)		29-7-72	Birmingham	26Jul	
32:52.5	Paul Coughlan		Tooting	19Sep	8:56.3	Kevin Nash (11)		6-2-77	Watford	5Aug	
33:43	Phil Carstairs		Norman Pk ?	3Jun	10:00.7	Graham Adams		10-6-68	Battersea Pk	16May	
41:46.0	Rex Bale	M50	Battersea Pk	9Sep	10:05.2	Junior Galley		24-5-62	Battersea Pk	25Jul	
80 metres Hurdles (84.0 cm)					10:12.8	Ray Foley		3-6-68	Milton Keynes	6Jun	
12.2	Paul Allen	U15	5-9-83	Bracknell	19Jul	10:14.2	Marcello Bizio		1-8-64	Battersea Pk	4Jul
13.5	Nick Waller	U15	21-4-84	Battersea Pk	20Jun	11:25.9	Peter Macdonald	U20	2-9-79	Ladywell	2May
14.5	Reuben Agbanoma	U15	6-10-84	Croydon	17May	13:02.6	Don Anderson	M40	10-5-55	Milton Keynes	6Jun
15.0	Siji Osibo	U15	19-1-84	Norwich	28Jun	High Jump					
16.7	Gary Collins	U15	18-9-83	Enfield	7Jun	2.28	Ben Challenger (=36=3)		7-3-78	Belgrade YUG	31May
100 metres Hurdles (91.4 cm)					2.28	Brendan Reilly (=36=3)		23-12-72	Copthall	8Aug	
13.92 +0.8	Phil Walsh	U17	26-10-81	Sheffield	15Aug	2.10	Richard Aspden (=20)		15-10-76	Watford	21Jun
15.0	Leon Odiete	U17		Norwich	28Jun	2.10	Samson Oni (=20=6)	U20	25-6-81	Copthall	9Aug
15.6	Alfie Arce	U17	2-11-82	Croydon	13Jun	2.04	d Du'aine Ladejo (44)		14-2-71	Kuala Lumpur MAS	17Sep
16.3	Dale Holmes	U17	23-10-82	Tooting	22Jul	1.85	Marcus Miller		14-7-78	Battersea Pk	16May
16.7	Andrew Arce	U17	2-11-82	Battersea	26Apr	1.85	James Tuson	U20	7-1-81	Basilton	21Jun
18.0	Maurice Joyce 2-cl	M50	29-5-44	Tooting	23May	1.83	d Scott Exley		9-2-78	Enfield	1Aug
110 metres Hurdles (106.7 cm)					1.80	Timothy Abeyie	U17	7-11-82	Norwich	28Jun	
13.57 -0.3	Andy Tulloch (47-4)		1-4-67	Kuala Lumpur MAS	19Sep	1.75	James Hilston	U20	25-2-79	Milton Keynes	6Jun
14.17 +0.5	Neil Owen (9)		18-10-73	La Chaux-de-Fonds	26Jul	1.70	Jeffrey Adjei	U17	27-12-82	Bracknell	19Jul
	14.10 +3.1			Copthall	8Aug	1.65	Neil Urmatum	U17	10-1-83	Croydon	17May
14.34	Matt Douglas (16)		26-11-76	?	?	1.65	Richard David		15-8-77	Tooting	1Jul
	15.13 -0.4			Kuala Lumpur MAS	20Sep	1.65	Dale Holmes	U17	23-10-82	Norwich	28Jun
14.63 -1.3d	Du'aine Ladejo (24)		14-2-71	Bressanone ITA	5Jul	1.65	Chris Milner	U15	1-3-84	Norwich	28Jun
	14.6			Harrow	13Aug	1.45	Daniel Lambert	U15	2-7-85	Croydon	17May
14.68 +0.3	Richard Sear (27/4)		21-8-79	Watford	21Jun	1.45	John Druce	M40	16-4-58	Battersea Pk	22Jun
	14.52 +4.6			Bedford	24May	1.45	Snowy Brooks	M50	19-8-44	Battersea Pk	22Jun
	14.57 +3.9			Bedford	5Jul	1.45	Chris Ossie-Boateng	U15	5-5-85	Norwich	28Jun
14.79 +1.5	Nick Cooper (32)		4-2-77	Copthall	8Aug	1.40	Roy Hart	U20	3-11-80	Tooting	3Jun
	14.65 +4.5			Meadowbank	4Jul	1.30	Bernard Asante	U17	24-7-83	Battersea Pk	26Apr
14.90 -2.6	Chris Rawlinson (37)		19-5-72	Watford	16May	1.30	Victor Orji	U15	17-3-85	Battersea Pk	23May
15.39 -2.0	Steve Scott (11)	U20	5-6-79	Watford	16May	1.20	Paul Graham	U13	17-2-86	Battersea Pk	2May
	14.87 +2.5			Watford	21Jun	1.10	Matthew Lambert	U13	15-9-86	Battersea Pk	2May
15.6	Scott Exley		9-2-78	Bournemouth	9May	Long Jump					
15.9	Paul Beaumont		27-3-63	Cosford	1Jul	7.56	+0.1 Darren Thompson (7/1)	U20	6-11-79	Bedford	30May
15.9	Ian Wells		18-2-62	Battersea Pk	25Jul	7.49	+1.3 Julian Flynn (9)		3-7-72	Bedford	29Aug
17.7	Marcus Miller		14-7-78	Battersea Pk	25Jul		7.53 +2.2			Cork	27Jun
21.1	Michael Peacock		7-12-72	Milton Keynes	6Jun	7.47	Fred Salle (=10)		10-9-64	Meadowbank	4Jul
24.9	Bob Bridges	M45	17-8-49	Milton Keynes	6Jun	7.17	Stuart Clark (21)		16-10-75	Bath	2-4May
110 metres Hurdles (99.0 cm)					7.16	Du'aine Ladejo (22)		14-2-71	Ladywell	2May	
14.40 +1.4	Steve Scott (5)	U20	5-6-79	Haringey	24May		7.34 +7.0d		Arles FRA	23May	
	14.38 +2.8			Haringey	24May	7.00	+2.0 Charles Igbon (12)	U20	20-4-79	Bedford	5Jul
15.0	Richard Sear	U20	21-8-79	Walthamstow	19Apr	6.94	Marlon Kerr	U20	3-4-81	?	?
15.1	Austin Ferns	U20	12-1-81	Cannock	13Sep		7.14 +2.6		Bedford	5Jul	
16.5	Samson Oni	U20	25-6-81	Basilton	21Jun	6.93	+1.2 Nana Wilson	U20	14-1-79	Haringey	24May
200 metres Hurdles (???.? cm)					6.81	Richard Danso	U17	24-12-81	Walthamstow	19Apr	
26.3	Ian Wells		18-2-62	Great Yarmouth	2Aug		6.66 +1.7		Exeter	10or11Jul	
32.7	Maurice Joyce 2-cl	M50	29-5-44	Crawley	7Jul	6.63	Mike Edwards		19-10-68	Copthall	8Aug
400 metres Hurdles (91.4 cm)					6.32	Scott Exley		9-2-78	Ladywell	2May	
49.81	Chris Rawlinson (3)		19-5-72	Loughborough	17May	6.30	James Hilston	U20	25-2-79	Battersea Pk	25Jul
50.20	Matt Douglas (5)		26-11-76	Kuala Lumpur MAS	17Sep	6.28	Phillips Idowu		30-12-78	Birmingham	6Jun
53.1	Reuben Tabares 2-cl (26)		22-10-78	Bromley	14Jun	6.17	Timothy Abeyie	U17	7-11-82	Norwich	28Jun
53.80	Austin Ferns (33/4)	U20		Bedford	5Jul	5.90	James Tuson	U20	7-1-81	Millfield	4May
54.90	Paul Beaumont		27-3-63	Bedford	1Jul	5.86	Neil Thompson	U17	15-10-82	Croydon	17May
55.9	Ian Wells		18-2-62	Battersea Pk	25Jul	5.85	Keiron Morgan	U17	4-9-81	Bracknell	19Jul
	55.92			Copthall	8Aug	5.68	Ian Wells		18-2-62	Battersea Pk	25Jul
56.1	Jon Squirrel		16-12-75	Battersea Pk	16May	5.66	Michael Peacock		7-12-72	Milton Keynes	6Jun
57.3	Sam Pantling	U20	1-3-81	Yeovil	2May	5.53	Dominic Shillingford	U15	16-12-83	Bracknell	19Jul
58.9	James Flavin		5-3-73	Portsmouth RN	15Aug	5.50	Delgjo Colsoul	U15	5-9-83	Bracknell	19Jul
61.9	Steve Scott	U20	5-6-79	Cannock	13Sep	5.45	Martin Sparks Jnr	U17	29-10-82	Kingsmeadow	23Mar
63.5	Leon Odiete		Harrow	26Jul	5.45	Andrew Arce	U17	2-11-82	Battersea Pk	26Apr	
63.7	Michael Peacock		7-12-72	Battersea Pk	16May	5.32	John Druce	M40	16-4-58	Tooting	5Aug
67.1	Danny Crook	U17	27-4-82	Ladywell	2May	5.26	Danny Crook	U17	27-4-82	Enfield	7Jun
						5.23	Siji Osibo	U15	19-1-84	Norwich	28Jun
						5.18	Chris Ossie-Boateng	U15	5-5-85	Norwich	28Jun
						4.97	Daniel Ricalde	U17	10-12-81	Kingsmeadow	23Mar

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4.92	Daniel McDonald	U13	7-11-85	Norwich	28Jun
4.84	Joe Panton		25-11-78	Milton Keynes	6Jun
4.70	Chris Bentt	U15	16-12-83	Battersea Pk	2May
4.53	Dotun Akinbogun		14-8-74	Tooting	1Jul
4.51	Ikias Morris	U15	1-4-84	Battersea Pk	2May
4.51	Richard Biscoe	U15	31-8-84	Battersea Pk	2May
4.34	Reuben Agbanoma	U15	6-10-84	Croydon	17May
4.34	Barnaby Hodgson	U13	23-8-86	Battersea Pk	20Jun
4.26	Gregory Perkins	U13	3-8-86	Battersea Pk	2May
4.20	Paul Graham	U13	17-2-86	Battersea Pk	1Aug
4.17	Michael Thomas	U13	24-9-85	Bracknell	19Jul
4.14	Daniel Lambert	U15	2-7-85	Battersea Pk	2May
3.95	Courtney Hutchinson	U15		Croydon	17May
3.90	Alan Black	M55	25-09-38	Battersea Pk	20Jul
3.79	Ed Walsh	U13	21-10-85	Croydon	17May
3.52	Matthew Lambert	U13	15-9-86	Battersea Pk	2May
2.98	Wade Nolan	U13	24-4-86	Battersea Pk	23May
2.94	Ben Craig	U13	7-6-88	Battersea Pk	23May

Triple Jump

16.35	+1.6	Phillips Idowu (5)	30-12-78	Watford	21Jun	
15.03	+0.7	Julian Flynn (=23)	3-7-72	Bedford	29Aug	
14.16		Charles Igbon (15)	U20	20-4-79	Watford	16May
13.55		James Hilston	U20	25-2-79	Portsmouth RN	15Aug
13.51		James Tuson	U20	7-1-81	Walthamstow	19Apr
12.22		Alfie Arce	U17	2-11-82	Croydon	17May
12.19		John Druce	M40	16-4-58	Milton Keynes	6Jun
11.79		Edward Thompson	U20	2-9-79	Harrow	26Jul
11.52		Bernard Asante	U17		Bracknell	19Jul
11.48		James Flavin		5-3-73	Carshalton	15Jul
11.30		Danny Crook	U17	27-4-82	Ladywell	2May
11.25		Michael Peacock		7-12-72	Watford	12Apr
11.17		Andrew Arce	U17	2-11-82	Battersea Pk	26Apr
10.89		Jeffrey Adjei	U17	27-12-82	Harrow	26Apr
10.46		Richard Danso	U17	24-12-81	Battersea Pk	26Apr
9.12		Snowy Brooks	M50	19-8-44	Battersea Pk	18May
9.01		Maurice Joyce 2-cl	M50	29-5-44	Tooting	23May
8.85		Bob Bridges	M45	17-8-49	Battersea Pk	20Jul

Pole Vault

5.50		Mike Edwards (=2)	19-10-68	Waco USA	21Mar	
5.35		Ian Tullett (=5)	15-8-69	Birmingham	24Jul	
5.16		Ben Flint (10)	16-9-78	Exeter	11Jul	
4.30		Jamie Webb	18-12-75	Bedford	24May	
3.95	d	Du'aine Ladejo	14-2-71	Aries FRA	24May	
3.60	d	Scott Exley	9-2-78	Enfield	2Aug	
3.35		Mike Edwards Snr	M55	16-12-41	Battersea Pk	20Jul
3.20		Terry Lawton	M55	27-5-41	Tooting	19Sep
3.00		Chris Carter	U15	2-9-83	Bracknell	19Jul
3.00		Obie Matthew	U20	20-12-80	Cannock	13Sep
2.80		Chris Husbands		2-5-61	Tooting	20May
2.70		Kirk King	U20	20-9-80	Harrow	26Jul
2.70		James Hilston	U20	25-2-79	Harrow	26Jul
2.60		Maurice Joyce 2-cl	M50	29-5-44	Colindale	14Jun
2.28		Keiron Morgan	U17	4-9-81	Bracknell	19Jul
2.20		Jon Squirrell		16-12-75	Ladywell	2May
2.20		Marlon Kerr	U20	3-4-81	Walthamstow	19Apr
2.00		Peter Exley 2-cl	M45	19-1-53	Battersea Ok	20Jul
1.90		Bob Bridges	M45	17-8-49	Battersea Pk	18May
1.20		Nick Daniel	U20	18-1-81	Basildon	21Jun

Shot Putt (7.26kg)

18.44		Matt Simson (5)	28-5-70	Gainesville USA	18Apr	
16.69		Nick Sweeney	26-3-68	Meadowbank	4Jul	
16.64		Lee Newman (12)	1-5-73	Watford	16May	
14.73		Kevin Brown (29)	10-9-64	Istanbul TUR	20Jun	
14.12		Simon Shirley (=49)	3-8-66	Battersea Pk	16May	
14.03	d	Du'aine Ladejo	14-2-71	Bressanone ITA	24Jun	
13.45		Mike Small	M40	31-3-54	Colindale	14Jun
10.74		Pat Lytle		19-4-64	L.Christie	2Aug
10.66	d	Scott Exley		9-2-78	Enfield	1Aug
9.47		Peter Exley	M45	19-1-53	Battersea Pk	27Apr
8.19		Michael Peacock		7-12-72	Tooting	1Jul
7.02		John Jeffery	M50	12-1-44	Battersea Pk	27Apr

Shot Putt (6.25 kg)

13.71		Geoff Reid-Hughes	U17	14-10-81	Basildon	21Aug
12.78		Tim Kitney	U20	26-4-80	Cophthall	23Aug
11.86		Sumit Rai	U20	25-2-80	Basildon	21Jun
11.06		Daniel Stone	U20	2-6-79	Basildon	21Jun
10.84		D.Onwaballili	U20		Harrow	26Jul
10.54		Dominic St. George	U20	12-10-78	Harrow	26Jul
10.37		Marvin Egan	U20	23-11-80	Walthamstow	19Apr
10.19		Dwain Fitzmaurice	U17	20-4-83	Walthamstow	19Apr
10.18		Snowy Brooks	M50	19-8-44	Battersea Pk	22Jun
9.28		Edward Thompson	U20	2-9-79	Cophthall	23Aug

Shot Putt (5 kg)

16.02		Geoff Reid-Hughes (3)	U17	14-10-81	Exeter	10/11Jul
13.30		Dwain Fitzmaurice	U17	20-4-83	Bracknell	19Jul

Shot Putt (4 kg)

14.28		Crofton Alexander	U15	7-1-84	Bracknell	19Jul
11.18		Robert Broni	U15	13-10-83	Norwich	28Jun
9.12		Gary Blown	U15	21-6-86	Enfield	7Jun
8.48		Chris Bentt	U15	16-12-83	Battersea Pk	2May
5.29		Steve Whorlow	U15	20-5-85	Croydon	17May

Shot Putt (3.25 kg)

9.92		Nikin Raval	U13	20-9-85	Norwich	28Jun
7.26		Phillip Doorgachurn	U13	3-3-86	Battersea Pk	1Aug
6.95		Roy Collier	U13	11-3-87	Battersea Pk	1Aug
6.40		Giacomo Eskanazi	U13	10-6-87	Battersea Pk	23May
5.81		Matthew Lambert	U13	15-9-86	Battersea Pk	2May
4.92		Wade Nolan	U13	24-4-86	Croydon	17May

Discus (2 kg)

67.89		Nick Sweeney (8-)		26-3-68	Helsingborg SWE	4Sep
60.67		Kevin Brown (5)		10-9-64	Helsingborg SWE	4Sep
60.43		Lee Newman (6)		1-5-73	Enfield	23Aug
54.91		Leith Marar (8)		7-11-68	Loughborough	17May
43.19		Mike Small	M40	31-3-54	Carshalton	15Jul
41.64		Du'aine Ladejo		14-2-71	Portsmouth RN	15Aug
39.30		Jon Urquhart		14-11-77	Sutcliffe Pk	22Jul
37.34		Simon Shirley		3-8-66	Battersea Pk	16May
34.46		Scott Exley		9-2-78	Millfield	4May
34.05		Patrick Lytle		19-4-64	Tooting	20May
31.34		Peter Exley 2-cl	M45	19-1-53	Battersea Pk	20Jul
20.23		Maurice Joyce 2-cl	M50	29-5-44	Tooting	19Aug
18.00		Bob Bridges	M45	17-8-49	Battersea Pk	18May

Discus (1.75 kg)

39.12		David Onwaballili	U17		Harrow	26Jul
36.29		Geoff Reid Hughes	U17	14-10-81	Basildon	21Jun
34.75		Greg Urquhart	U17	14-6-82	Cannock	13Sep
31.80		Robert Oglander	U20	2-5-81	Walthamstow	19Apr
28.46		Austin Ferns	U20	12-1-81	Harrow	26Jul

Discus (1.5 kg)

45.04		Geoff Reid-Hughes (10)	U17	14-10-81	Haringey	24May
43.66		David Onwaballili (14)	U17	?	?	?
42.54		Greg Urquhart (16)	U17	14-6-82	?	?
39.39		Dwain Fitzmaurice	U17	20-4-83	Bracknell	19Jul
36.26		Snowy Brooks	M50	19-8-44	Battersea Pk	18May
33.79		Tim Kitney	U20	26-4-80	Cophthall	23Aug
13.72		Robert Metalle	U17	14-1-82	Battersea Pk	26Apr

Discus (1.25 kg)

35.52		Crofton Alexander	U15	7-1-84	Bracknell	19Jul
25.58		Robert Broni	U15	13-10-83	Bracknell	19Jul
23.67		Gary Blown	U15	21-6-86	Enfield	7Jun
19.62		Bernard Asante	U15	24-7-83	Battersea Pk	26Apr
17.59		John Wells	U15	19-4-84	Croydon	17May
14.39		Steve Whorlow	U15	20-5-85	Battersea Pk	23May

Javelin (800 gm)

74.20		Stuart Faben (8)		28-2-75	L'Alfas del Pi ESP	18Apr
68.08		Tim Kitney (15/4)	U20	26-4-80	Cannock	13Sep
57.37		Simon Shirley		3-8-66	Battersea Pk	16May
50.20	d	Du'aine Ladejo		14-2-71	Aries FRA	24May
47.66		Kevin Brown		10-9-64	Meadowbank	4Jul
47.51		Mike Small	M40	31-3-54	Battersea Pk	25Jul
47.09		Edward Thompson	U20	2-9-79	Cannock	13Sep
43.52		Michael Peacock		7-12-72	Tooting	1Jul
39.57		Nick Dawson		19-5-78	Portsmouth RN	15Aug
39.17		Jon Urquhart		14-11-77	Portsmouth RN	15Aug
38.74		Peter Exley 2-cl	M45	19-1-53	Battersea Pk	20Jul
38.26		Obie Matthew	U20	20-12-80	Walthamstow	19Apr
33.85		Snowy Brooks	M50	19-8-44	Battersea Pk	22Jun
33.20		Roy Hart	U17	3-11-80	Tooting	3Jun
31.28		Sumit Rai	U20	25-2-80	Walthamstow	19Apr
30.77		Pat Lytle		19-4-64	Battersea Pk	25Jul
27.24		James Hilston	U20	25-2-79	Harrow	26Jul

Javelin (700 gm)

22.20		Geoff Reid-Hughes	U17	14-10-81	Enfield	7Jun
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Javelin (600 gm)

39.70		Chris Carter	U15	2-9-83	Norwich	28Jun
38.89		Crofton Alexander	U15	7-1-84	Bracknell	19Jul
27.20		Delgio Colsoul	U15	5-9-83	Enfield	7Jun

Hammer (7.26 kg)

74.02		Mike Jones (1)		23-7-63	Kuala Lumpur MAS	18Sep
73.50		Dave Smith (2)		2-11-74	Cleckheaton	29Aug
61.70		Jon Urquhart (15)		14-11-77	Edinburgh	17Jul
57.49		Phil Spivey (34)		15-5-61	Loughborough	21May
48.30		Mike Small (2)	M40	31-3-54	Tooting	7Nov
30.29		Peter Exley 2-cl	M45	19-1-53	Battersea Pk	27Apr
29.31		Bob Bridges	M45	17-8-49	Battersea Pk	16May
21.04		Maurice Joyce 2-cl	M50	29-5-44	Tooting	19Aug

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Hammer (6.25 kg)

30.33	Greg Urquhart	U17	14-6-82	Walthamstow	19Apr
23.49	Snowy Brooks	M50	19-8-44	Battersea Pk	22Jun
22.47	Dwain Fitzmaurice	U17	20-4-83	Walthamstow	19Apr
21.56	Robert Oglander	U20	2-5-81	Walthamstow	19Apr
19.86	Marvin Egan	U20	23-11-80	Walthamstow	19Apr
19.05	Edward Thompson	U20	2-9-79	Cannock	13Sep
17.80	D.Onwaballili	U20		Harrow	26Jul
9.62	Alex Lambert	U17	22-12-82	Copthall	23Aug

Hammer (5 kg)

37.34	Dwain Fitzmaurice	U17	20-4-83	Bracknell	19Jul
31.40	Greg Urquhart	U17	14-6-82	Croydon	17May
26.34	Geoff Reid-Hughes	U17	14-10-81	Croydon	17May

Hammer (4 kg)

22.04	Christopher Carter	U15	2-9-83	Norwich	28Jun
21.29	Robert Broni	U15	13-10-83	Bracknell	19Jul
17.87	Gary Blown	U15	21-6-86	Enfield	7Jun

Decathlon

7633	Du'aine Ladejo		14-2-71	K.Lumpur MAS	17-18Sep
	10.47(-0.6), 6.97(+0.4), 13.31, 2.04, 46.12, 14.91(0.0), 39.24, 3.90, 47.15, 4:41.69				
	7635 w			Arlès FRA	23-24May
	10.28 (+6.0), 7.34 (+7.0), 12.06, 1.87, 46.90, 14.83w, 38.51, 3.95, 50.20, 4:28.86				
6194	Scott Exley		9-2-78	Enfield	1-2Aug
	11.26, 6.03, 10.66, 1.83, 50.59, 15.87, 33.09, 3.60, 36.17, 4:42.8				

4x100m Relay

40.43	Chris Lambert	U20	8-4-81	Copthall	8Aug
	John Regis		13-10-66		
	Andrew Walcott		11-1-75		
	Jason Fergus		11-10-73		
43.1	Steve Scott	U20	5-6-79	Cannock	13Sep
	Darren Thompson	U20	6-11-79		
	Roy Hart	U20	3-11-80		
	Chris Lambert	U20	8-4-81		
45.7	Alfie Arce	U17	2-11-82	Norwich	28Jun
	Neil Urmatum	U17	10-1-83		
	Andrew Arce	U17	2-11-82		
	Timothy Abeyie	U17	7-11-82		
48.5	Courtney Hutchinson	U15		Croydon	17May
	John Wells	U15	19-4-84		
	Reuben Agbanoma	U15	6-10-84		
	Crofton Alexander	U15	7-1-84		
55.1	Nikin Ravel	U13	20-9-85	Bracknell	19Jul
	Daniel McDonald	U13			
	Jon Hawkes	U13			
	Terence Tsui	U13	3-10-85		

4 x 200m Relay

1:29.7	Joe Panton		25-11-78	Tooting	19Aug
	Dotun Akinbogun		14-8-74		
	Michael Peacock		7-12-72		
	James Hilston	U20	25-2-79		
2:07.3	Bob Bridges	M45	17-8-49	Battersea Pk	20Jul
	Peter Exley 2-cl	M45	19-1-53		
	Terry Lawton	M55	27-5-41		
	Alan Black	M55	25-9-38		

4x400m Relay

3:09.26	Michael Parper 48.8		20-5-78	Birmingham	6Jun
	Geoff Dearman 47.0		4-8-77		
	Matt Douglas 47.4		26-11-76		
	Sean Baldock 46.1		3-12-76		
3:29.5	Austin Ferns 52.6	U20	12-1-81	Harrow	26Jul
	Timothy Abeyie 54.8	U17	7-11-82		
	Dominic St. George 51.8	U20	12-10-79		
	James Hilston 50.3	U20	25-2-79		
3:46.1	Dominic Shillingford	U15	6-12-83	Bracknell	19Jul
	Denny de Emmony	U15	19-11-83		
	Paul Allen	U15	5-9-83		
	John Wells	U15	19-4-84		
3:46.6	Alex Lambert	U17	22-12-82	Bracknell	19Jul
	Dale Holmes	U17	23-10-82		
	Keiron Morgan	U17			
	Dominic Hockett-Joseph	U17	6-10-82		

INDOOR RESULTS 1998-99

February 1998

21-22 Birmingham AAA U20 Indoor Champs. 100m: a hts 5, B.Mensah 7.3. U17M 800m: a 5, A.McLean Foreman 2:02.09. 1500m: b hts 12, R.Metcalf 4:35.48. 60mH: a hts 5, P.Walsh 9.1.
8 Balingen, Germany. HJ: =15, B.Reilly 2.15.
25 Birmingham NIA, Invitation 300m: C.Rawlinson 34:06; M.Douglas 34.12. 60mH: C.Rawlinson 8.26.

March 1998

8 Sindelfingen, Germany. 60mH: 5, A.Tulloch 7.73 (1, 7.66 ht).
14-15 Kelvin Hall, Glasgow, British Universities Champs. 200m: 1, S.Baldock 21.85. 400m: 1, G.Dearman 47:36; 2, M.Douglas 47.99.

date unknown

Oaklahoma, USA. PV: M.Edwards 5.28.

December 1998

13 Ewell. PV: M50 M.Joyce 2.60.

January 1999

9 Birmingham, Midland Counties Open. 60m: 1, J.Regis 6.78; 6, M.Douglas 7.23; 3, M.Peacock 7.48. 400m 4, M.Kloiber 49.83; 6, M.Peacock 53.24. 60mH: 6, M.Douglas 8.28. LJ: 1, J.Flynn 7.19.
10 Birmingham, Midland Counties Open. 200m: 1, J.Regis 21.02. 800m: 4, C.Gilby 1:54.4. U20M 800m: 2, A.McLean Foreman 1:57.21.
10 Kelvin Hall, Glasgow, Scottish East Dist. Champs. SP: 1, S.Thompson 13.68.
16 Bedford, SEAA Pentathlon (60mH, 60m, LJ, SP, HJ): 1, M.Douglas 3533pts (8.42, 7.21, 6.74, 11.30, 1.68).
16-17 Birmingham. 400m: ht 2, M.Peacock 51.74. 800m: 5, M.Kloiber 1:55.22; ht 2, S.Baldock 1:55.77. 1500m: 2, S.Barden 3:45.61; ht 8, C.Gilby 3:58.76. LJ: 1, J.Flynn 7.22. U20M 800m: 3, A.McLean Foreman 1:55.03.
17 Piraeus, Greece. 60m: 4, J.Regis 6.80. 200m: 1, J.Regis 21.03.
23 Bedford, SEAA Champs. 60m: 2, J.Fergus 6.82. U20M 60m: 1, C.Lambert 6.87 (CBP).
23 Piraeus, Greece. 200m: 1, J.Regis 20.85.
23-24 Birmingham, AAA Heptathlon (60m, LJ, SP, HJ, 60mH, PV, 1000m): 1, D.Ladejo 5607 pts (6.87, 7.01, 13.05, 1.98, 8.26, 3.80, 2:35.15); 4, M.Douglas 5230 (7.12, 6.95, 11.51, 1.86, 8.25, 3.90, 2:44.66).
24 Glasgow, Scottish Champs. PV: 1, B.Flint 5.20.
24 Karlsruhe, Germany. 200m: 2, D.Campbell 21.23.

26 Piraeus, Greece. 200m: 1, J.Regis 20.85.

30-31 Birmingham, AAA Indoor Champs. a=30, b=31. 60m a: 5, D.Campbell 6.75; hts. 7, K.Brown 7.14. 200m b: sf 1, J.Regis 20.87; 4, D.Campbell 21.48 (21.37 ht); J.Regis withdrew with minor injury. 400m a: 6, M.Douglas 48.74 (48.13 sf, 48.12 ht); hts. 4, M.Peacock 51.82. 1500m a: 4, S.Barden 3:45.31; 6, J.Lobo 3:46.46. 60mH b: hts. 4, D.Ladejo 8.60; 4, M.Douglas 8.32. HJ b: 1, B.Challenger 2.25 (2.100, 2.150, 2.200, 2.25xxo, 2.30xxx). LJ b: 5, D.Ladejo 7.24 (7.19, 6.83, 6.98, 7.00, 7.24, 7.17); 5, J.Flynn 7.20 (7.20, 7.16, x, 5.64, 5.69, x).
31 Crystal Palace, S.Counties Veterans Champs. M40 SP: 2, M.Small 12.78. M50 PV: 1, M.Joyce 2.70.

February 1999

5 Wuppertal, Germany. HJ: 5, B.Challenger 2.24.
7 Stuttgart, Sparkassen Cup. 60m: ht 5, D.Campbell 6.75. 400m: B 3, S.Baldock 47.25.
14 Birmingham, BUPA GP. 60m: 6, D.Campbell 6.60. 200m: 1, J.Regis 20.50 (at the time, World leading mark for 1999). 400m: 5, Sean Baldock 46.97. 400m B: 1, D.Ladejo 46.69; 6, M.Douglas 49.08. HJ: 2, B.Challenger 2.20.
10 Malmo, Sweden. 200m: 3, D.Campbell 21.09.
13 Crystal Palace Open. M40 SP: M.Small 13.64.
14 Moscow, Russia. 1500m: 2, S.Barden 3:45.90.
16 Madrid, Spain. 60m: 5, D.Campbell 6.67 (5.77 at 50m).
19 Ghent, Belgium. 60m: hts J.Regis 6.91. 200m: 1, J.Regis 20.95. 400m: 1, D.Ladejo 46.94.
20-21 Birmingham AAA U20 Champs. a=20th, b=21st. U20M 100m a: 5, C.Lambert 6.97. 200m b: 1, C.Lambert 21.67. 800m a: hts 2, A.McLean Foreman 1:56.76. 1500m b: 10, A.McLean Foreman 4:20.01. HJ a: 3, S.Oni 2.10.
21 Lievin, France. 200m B: 2, J.Regis 20.89.
24 Genoa, Italy. Six Nations International. 400m: 3, D.Ladejo 47.34. HJ: 5, B.Challenger 2.16.
27 Birmingham, BVAF Champs. M40 TJ: 3, J.Druce 11.75. SP: 3, M.Small 13.05.
27 Paris, France vs. Germany vs. Italy vs. Great Britain & Northern Ireland U20. 200m B: 1, C.Lambert 22.02.

March 1999

7-9 Maebashi, Japan, IAAF World Indoor Champs. a=7th, b=8th, c=9th. 200m: hts a 3, J.Regis 21.23. 400m: hts a 5, D.Ladejo 47.58.

Women's Track & Field - Ranking Lists 1998

80 metres

11.6 Genia Marek U15 10-5-85 Kingsmeadow 22Mar

100 metres

12.2 Sabrina Scott U20 2-6-79 Battersea Pk 25Apr
12.24 +4.8
12.29 +3.2
12.5 Sarah Roberts 25-6-78 Worcester 9May
12.9 Andrea Abrams 7-5-71 Portsmouth 22Aug
13.2 Harriet Payne U17 22-5-83 Battersea Pk 25Apr
13.2 Vicky Pincott 2-cl 27-5-78 Harrow 30Aug
13.4 Joy Raji U17 Linford Christie 30May
13.8 Michelle Nestor U15 18-2-85 Enfield 27Jun
13.8 Marcella Simon U17 21-2-83 St. Ives Hunt. 5Sep
13.9 Serena Raymond U15 14-11-84 Battersea Pk 25Apr
14.0 Dina Francis 2-cl W35 22-9-59 Battersea Pk 27Apr
14.0 Kim Hagger 2-cl W35 2-12-61 Battersea Pk 22Jun
14.0 Genia Marek U15 10-5-85 Portsmouth 22Aug
14.1 M. Sleeman U15 Battersea Pk 25Apr
14.7 Danielle Briggs U17 28-12-82 Walton 18Jul
15.1 Natasha Richardson U11 Battersea Pk 23May
15.6 Louise Collier U11 14-2-88 Battersea Pk 1Aug
15.7 Victoria Oshodin Walton 18Jul
16.1 Sally Marek W45 23-12-52 Battersea Pk 27Apr
17.1 Lucy Hopkins U11 10-3-90 Battersea Pk 2May
17.9 Maureen Jones W50 30-9-46 Colindale 6Sep

150 metres

20.0 Harriet Payne U17 22-5-83 Kingsmeadow 23Mar
21.4 Rebecca Lester U15 16-6-81 Kingsmeadow 23Mar
21.9 Genia Marek U15 10-5-85 Kingsmeadow 23Mar

200 metres

25.2 Sabrina Scott U20 2-6-79 Kingsmeadow 10May
26.1 Sarah Roberts 25-6-78 Worcester 9May
26.9 Harriet Payne U17 22-5-83 Kingsmeadow 10May
26.9 Vicky Pincott 2-cl 27-5-78 Tooting 19Aug
27.3 w Rebecca Lester U15 16-6-81 Linford Christie 30May
27.7 Battersea Pk 20Jun
27.3 w Joy Raji U17 Linford Christie 30May
28.5 Battersea Pk 25Apr
28.4 Andrea Abrams 7-5-71 St. Ives Hunt. 5Sep
28.6 w Michelle Nestor U15 18-2-85 Linford Christie 30May
28.7 Battersea Pk 23May
28.7 Genia Marek U15 10-5-85 Battersea Pk 2May
29.7 Dina Francis 2-cl W35 22-9-59 Battersea Pk 20Jul
30.8 Serena Richmond U15 Walton 18Jul
Penny Tann Portsmouth 22Aug
31.0 Danielle Briggs U17 28-12-82 St. Ives Hunt. 5Sep
33.8 Sally Marek W45 23-12-52 Colindale 6Sep
34.2 Louise Burkin U17 13-9-81 Walton 18Jul
37.4 Charlotte Hopkins U11 24-6-88 Battersea Pk 1Aug
40.4 Maureen Jones W50 30-9-46 Battersea Pk 18May
41.2 Nina Mills W50 7-9-46 Battersea Pk 20Jul

300 metres

42.2 Harriet Payne U17 22-5-83 Kingsmeadow 9May

400 metres

57.2 Sarah Roberts 25-6-78 Deangate 14Jun
57.8 Vicky Pincott 2-cl 27-5-78 Sutton Arena 20Sep
62.5 Marcella Simon U17 21-2-83 Portsmouth 22Aug
63.3 Dina Francis 2-cl W35 22-9-59 Crawley 7Jul
64.8 Natalie Tabares U20 Battersea Pk 25Apr
74.4 Georgina Husbands W35 30-5-63 Battersea Pk 22Jun
75.3 Rhoda Dakar W35 17-8-59 Battersea Pk 27Apr
75.4 Penny Tann Walton 18Jul
75.8 Cathy Eastham 10-5-71 Enfield 27Jun
81.7 Karlene de'Lemos U17 2-9-81 Enfield 27Jun
107.1 Maureen Jones W50 30-9-46 Battersea Pk 22Jun

800 metres

2:23.0 Vicky Pincott 2-cl 27-5-78 Tooting 20May
2:30.3 Dina Francis 2-cl W35 22-9-59 Crawley 7Jul
2:33.9 Rebecca Lester U15 16-6-81 Battersea Pk 20Jun
2:37.0 Syreeta Stracey 5-7-78 Tooting 20May
2:40.5 Marcella Simon U17 21-2-83 Battersea Pk 25Apr
2:41.4 Debbie Hearn U17 1-4-82 Walton 18Jul
2:44.3 Louise Collier U11 14-2-88 Battersea Pk 1Aug
2:48.7 Cathy Eastham 10-5-71 Portsmouth 22Aug
2:49.4 Jackie Stone 31-10-71 Deangate 14Jun
2:50.8 Tania Sturton 19-12-78 St. Ives Hunt. 5Sep
2:56.5 Jane Searle 2-cl W40 11-6-57 Battersea Pk 18May
3:05.6 Lizzy Hodges U13 12-2-88 Battersea Pk 1Aug
3:07.4 Lucy Hopkins U11 10-3-90 Battersea Pk 2May
3:08.0 Sarah Burkin U17 13-9-81 Battersea Pk 19Apr
3:17.1 Sally Marek W45 23-12-52 Colindale 6Sep
3:24.9 Rachel Shun U13 Battersea Pk 23May

1500 metres

5:21.0 Debbie Hearn U17 1-4-82 Kingsmeadow 9May
5:40.6 Syreeta Stracey 5-7-78 Portsmouth 22Aug
5:50.1 Jackie Stone 31-10-71 Battersea Pk 25Apr
5:54.1 Jane Searle W40 11-6-57 Battersea Pk 22Jun
6:05.8 Sophia Howard 18-11-67 Walton 18Jul
6:06.7 Nina Mills W50 7-9-46 Battersea Pk 22Jun
6:31.1 Genia Marek U15 10-5-85 Portsmouth 22Aug
6:46.6 Lucinda Blake U15 27-7-84 St. Ives Hunt. 5Sep

3000 metres

11:40.3 Tania Sturton 19-12-78 Enfield 27Jun
12:03.0 Debbie Hearn U17 1-4-82 Kingsmeadow 10May
12:29.1 Nina Mills W50 7-9-46 Walton 18Jul
13:02.7 Sophia Howard 18-11-67 Enfield 27Jun
13:27.3 Camille Le Poultier 19-10-75 Battersea Pk 25Apr
13:36.3 Jackie Stone 31-10-71 Deangate 14Jun
13:54.6 Jacinta Moore 12-7-58 Linford Christie 30May

70 metres Hurdles

15.0 Natasha Richardson U11 Battersea Pk 23May
16.4 Stephanie Richardson U13 11-12-85 Battersea Pk 23May
16.4 Lizzy Hodges U13 12-2-88 Battersea Pk 20Jun
17.6 Charlotte Hopkins U11 24-6-88 Battersea Pk 20Jun

75 metres Hurdles

15.4 Michelle Nestor U15 18-2-85 Walton 18Jul
15.8 Serena Richmond U15 Walton 18Jul
16.1 Victoria Oshodin U15 Portsmouth 22Aug
17.5 Genia Marek U15 10-5-85 Battersea Pk 25Apr
26.8 Penelope Tan 17-3-68 Portsmouth 22Aug

80 metres Hurdles

13.3 Danielle Briggs U17 28-12-82 Enfield 27Jun
17.3 Debbie Hearn U17 1-4-82 Linford Christie 30May
21.5 S.Lulukwago U17 Portsmouth 22Aug

100 metres Hurdles

19.3 Julia Cockram 1-1-68 Portsmouth 22Aug
19.8 Danielle Kandaros U20 31-5-81 Enfield 27Jun
19.9 Angela Patten-Weah 24-3-72 Battersea Pk 25Apr
20.6 Jacqui Smiter 19-6-72 Deangate 14Jun

400 metres Hurdles

77.6 Jacqui Smiter 19-6-72 Linford Christie 30May
79.7 Sophia Howard 18-11-67 Enfield 27Jun
82.5 Debbie Hearn U17 1-4-82 Walton 18Jul
87.2 Catherine Eastham 10-5-71 Linford Christie 30May

High Jump

1.55 Kim Hagger 2-cl W35 2-12-61 Battersea Pk 22Jun
1.50 Julia Cockram 1-1-68 Portsmouth 22Aug
1.45 Danielle Briggs U17 28-12-82 Battersea Pk 25Apr
1.45 Michelle Nestor U15 18-2-85 Portsmouth 22Aug
1.40 Jacqui Smiter 19-6-72 Battersea Pk 25Apr
1.40 Penelope Tann 17-3-68 Walton 18Jul
1.30 N.Payne U15? Battersea Pk 25Apr
1.30 Rebecca Lester U15 16-6-81 Linford Christie 30May
1.20 Sally Scott W40 17-1-57 Battersea Pk 27Apr
1.10 Maureen Jones W50 30-9-46 Tooting 23May
1.10 Patricia Mead W50 12-02-45 Colindale 6Sep

Long Jump

5.59 Andrea Abrams 7-5-71 Portsmouth 22Aug
5.22 Sabrina Scott 2-6-79 Battersea Pk 25Apr
5.04 Sarah Roberts 25-6-78 Worcester 9May
4.57 Danielle Briggs U17 28-12-82 Battersea Pk 25Apr
4.25 Kim Frazer-Smith Walton 18Jul
4.13 Jacqui Smiter 19-6-72 Linford Christie 30May
4.11 Genia Marek U15 10-5-85 Portsmouth 22Aug
4.10 Rebecca Lester U15 16-6-81 Battersea Pk 25Apr
4.09 Serena Raymond U15 14-11-84 Battersea Pk 25Apr
3.80 Natasha Richardson U11 Battersea Pk 1Aug
3.76 Louise Collier U11 14-2-88 Battersea Pk 1Aug
3.74 Laura Fryer U15 3-12-83 Battersea Pk 2May
3.65 Sally Marek W45 23-12-52 Colindale 6Sep
3.35 Dina Francis 2-cl W35 22-9-59 Battersea Pk 20Jul
3.02 Vanessa Duffy 2-cl W40 9-3-54 Battersea Pk 18May
2.94 Maureen Jones W50 30-9-46 Battersea Pk 20Jul
2.76 Charlotte Hopkins U11 24-6-88 Battersea Pk 20Jun
2.69 Lucy Hopkins U11 10-3-90 Battersea Pk 2May

Triple Jump

11.07 Sarah Roberts 25-6-78 Deangate 14Jun
10.20 Kim Hagger 2-cl W35 2-12-61 Battersea Pk 22Jun
9.59 Angela Patten-Weah 24-3-72 Portsmouth 22Aug
8.92 Jacqui Smiter 19-6-72 Portsmouth 22Aug
8.80 Julia Cockram 1-1-68 Walton 18Jul
7.98 Dina Francis W35 22-9-59 Crawley 7Jul
7.77 Daniel Kandaros U20 31-5-81 Linford Christie 30May

Ranking Lists 1998 - Women's Track & Field

6.43	Vanessa Duffy 2-cl	W40	9-3-54	Colindale	6Sep	53.5	Danielle Briggs	U17	28-12-82	Battersea Pk	25Apr
6.54	Maureen Jones	W50	30-9-46	Colindale	6Sep		Danielle Kandaros	U20	31-5-81		
							Harriet Payne	U17	22-5-83		
							Sabrina Scott	U20	2-6-79		
Pole Vault						55.4	Michelle Nestor	U15	18-2-85	Walton	18Jul
2.70	Julia Cockram		1-1-68	Linford Christie	30May		Sabrina Bernard	U15			
2.00	Jacqui Smiter		19-6-72	Enfield	27Jun		Serena Raymond	U15	14-11-84		
1.90	Maureen Jones	W50	30-9-46	Linford Christie	30May		Rebecca Lester	U15	28-2-84		
1.70	Cathy Eastham		10-5-71	Walton	18Jul	62.6	Dina Francis 2-cl	W35	22-9-59	Battersea Pk	27Apr
							Rhoda Dakar 2-cl	W35	17-8-59		
							Jane Searle 2-cl	W40	11-6-57		
							Sally Marek	W45	23-12-52		
Shot Putt 4 kg						64.2	Louise Collier	U11	14-2-88	Battersea Pk	1Aug
10.68	Vanessa Duffy 2-cl	W40	9-3-54	Battersea Pk	20Jul		Natasha Richardson	U11			
9.12	Vicky Hassell		1-11-75	Tooting	1Jul		Charlotte Hopkins	U11	24-6-88		
8.19	Angela Patten-Weah		24-3-72	Battersea Pk	25Apr		Lizzy Hodges	U13	12-2-88		
7.16	Cynthia James	W50	20-6-44	Deangate	14Jun						
6.77	Gail Porter		21-9-68	Linford Christie	30May						
5.75	Barbara Dunsford	W60	20-9-35	Enfield	9May						
Shot Putt 3.25 kg											
6.87	Nana Boakye-Adjei	U15	23-2-84	Battersea Pk	25Apr						
6.79	Laura Fryer	U15	3-12-83	Battersea Pk	23May						
6.78	Johanna Owugha	U15?		Battersea Pk	25Apr						
6.53	F.Clark			Portsmouth	22Aug						
5.96	Genia Marek	U15	10-5-85	Battersea Pk	2May						
4.80	Rebecca Lester	U15	16-6-81	Battersea Pk	20Jun						
4.68	Natasha Richardson	U11		Walton	18Jul						
4.24	Louise Collier	U11	14-2-88	Enfield	27Jun						
Shot Putt 3 kg											
7.10	Cynthia James	W50	20-6-44	Colindale	6Sep						
6.48	Patricia Mead	W50	12-2-45	Kingsmeadow	30Aug						
6.42	Barbara Dunsford	W60	20-9-35	Battersea Pk	27Apr						
Shot Putt 2.72 kg											
4.68	Stephanie Richardson	U13	11-12-85	Battersea Pk	23May						
3.45	Lucy Hopkins	U11	10-3-90	Battersea Pk	20Jun						
Discus 1 kg											
33.40	Vanessa Duffy 2-cl	W40	9-3-54	Battersea Pk	18May						
25.75	Angela Patten-Weah		24-3-72	Portsmouth	22Aug						
24.58	Vicky Hassell		1-11-75	Linford Christie	30May						
23.04	Gail Porter		21-9-68	Battersea Pk	25Apr						
19.15	Patricia Mead	W50	12-2-45	Battersea Pk	22Jul						
18.06	Cynthia James	W50	20-6-44	Battersea Pk	18May						
17.26	F.Clark	U15		St. Ives Hunt.	5Sep						
16.16	Danielle Kandaros	U20	31-5-81	Enfield	27Jun						
15.38	Laura Fryer	U15	3-12-83	Battersea Pk	23May						
14.57	Victoria Oshodin	U15		Portsmouth	22Aug						
14.15	Nana Boakye-Adjei	U15	23-2-84	Battersea Pk	25Apr						
13.39	Isoken Idemudia	U15?		Battersea Pk	25Apr						
11.84	Barbara Dunsford	W60	20-9-35	Battersea Pk	18May						
Javelin 600 gm											
28.99	Gail Porter		21-9-68	Deangate	14Jun						
25.90	Vicky Hassell		1-11-75	Portsmouth	22Aug						
23.58	A.Patten-Weah		24-3-72	Portsmouth	22Aug						
23.26	Vanessa Duffy 2-cl	W40	9-3-54	Battersea Pk	18May						
21.48	Jacqui Smiter		19-6-72	Enfield	27Jun						
19.80	Davina Hackett			Walton	18Jul						
15.79	Rachel Aarons	U15	5-12-83	Battersea Pk	25Apr						
13.04	Pat Mead	W50	12-2-45	Battersea Pk	22Jun						
12.65	F.Clark	U15		Portsmouth	22Aug						
10.80	Isoken Idemudia	U15		Battersea Pk	25Apr						
7.92	Victoria Oshodin	U15		St. Ives Hunt.	5Sep						
Javelin 400 gm											
16.85	Maureen Jones	W50	30-9-46	Tooting	23May						
14.88	Cynthia James	W50	20-6-44	Colindale	6Sep						
13.86	Patricia Mead	W50	14-2-45	Battersea Pk	18May						
11.95	Barbara Dunsford	W60	20-9-35	Battersea Pk	22Jun						
Hammer 3 kg											
25.87	Maureen Jones	W50	30-9-46	Colindale	6Sep						
21.32	Barbara Dunsford	W60	20-9-35	Battersea Pk	22Jun						
17.64	Patricia Mead	W50	14-2-45	Battersea Pk	22Jun						
Hammer 4 kg											
30.99	Gail Porter		21-9-68	Battersea Pk	25Apr						
28.67	Vicky Hassell		1-11-75	Portsmouth	22Aug						
27.01	Vanessa Duffy 2-cl	W40	9-3-54	Colindale	6Sep						
22.92	Maureen Jones	W50	30-9-46	Portsmouth	22Aug						
19.32	Angela Patten-Weah		24-3-72	Walton	18Jul						
16.71	Barbara Dunsford	W60	20-9-35	Enfield	9May						
15.60	Cynthia James	W50	20-6-44	Enfield	27Jun						
4 x 100 metres Relay											
51.9	Sarah Roberts		25-6-78	Deangate	14Jun						
	Danielle Briggs	U17	28-12-82								
	Andrea Abrams		7-5-71								
	Sabrina Scott	U20	2-6-79								

Javelin Changes

Watch out for changes in the women's javelin throw this coming summer. A new specification is being introduced and although the weight will remain the same, the centre of gravity of the new implement will be moved forward by 3cm thus, hopefully, reducing the chances of 'flat' throws. The change will make a difference to the distances thrown and as a result, old records will be disregarded and a new World Record (the longest throw of 1999) will be accepted as the new mark on 1st January 2000. So it's goodbye to Petra Felke's 80.00m throw from 1988. It is unlikely that all tracks will be able to restock immediately with the new style 600gm javelin so the best we can do is attempt to record on the result sheets which style of javelin was used.

Arthur Penstone suffered a broken leg last Autumn and had to undergo a spell in hospital as a result. The plaster cast was off by December and Arthur is now getting around ok with the aid of a stick. Saturday afternoons are not the same without him pottering around fixing up the electrical bits and pieces but we look forward to seeing him back at Belgrave Hall soon.

Ken Miller also went into hospital for an operation last September.

Win Shepherd retires from officiating

It was the end of an era when the last Thameside League match of 1998 came to a conclusion. Win Shepherd, for so many years the lady (along with Jean) calculating the results, had decided that she would be retiring from officiating.

Win, our first ever lady President, has been a part of our Women's Track & Field scene for so long that it is going to be difficult to believe that she's not there when the 1999 season gets under way. Hopefully she will get along to watch one or two meetings, but in the meantime, Win, we wish you well and thank you for the immense amount of work that you have put in over the years.

Luckily he was not out of action for long because he was seen cheering on the Belgrave runners from his garden while they were contesting the Hog's Back Road Race.

It's good to hear that Derek Jones has made a great recovery from his heart valve bypass operation last year and we look forward very much to seeing him back at Battersea Park this summer

Thinking about further education? Why not consider a
College of the University of Surrey:

St. Mary's University College, Strawberry Hill

St. Mary's is one of the country's leading higher education establishments with a long association with the University of Surrey. It is situated in the borough of Richmond Upon Thames and is just half an hour away from the centre of London. It is a single site campus with all facilities on site. This includes halls of residence, lecture rooms, all sporting facilities and (most importantly) the Student Union. Sporting facilities include weight room, indoor sportshall, dance studio, gym, running track and sports injuries clinic.

St. Mary's is an excellent place to study and being so close to London, it is also a great place from which to be able to train. Athletic tracks that are easy to get to are Hounslow, Kingsmeadow, Battersea Park and Crystal Palace and there are long runs available through nearby Bushy Park, Richmond Park and Wimbledon Common. Without even leaving campus you'll be able to use the weights room, take part in circuit training twice a week and run around the 'college mile'. So there's no excuse for not being able to carry on with your regular training even though you're at university.

Courses

■ Physical Education

Concentrating on teaching but the skills gained will be useful in other careers such as coaching, sport management and personnel work.

■ Sport Rehabilitation

Students acquire a variety of skills in sport rehabilitation and sport massage and the course enables students to work specifically in the area of sport injury and rehabilitation.

■ Sport Science

Excellent stepping stone to careers in sports related fields. Ample opportunity to develop personal skills and to take additional coaching awards and sport massage. Subjects covered include anatomy and physiology, psychology of sport, sociocultural issues, biomechanics with an emphasis on athletics and practical sessions in many sports, again with an emphasis on athletics.

Much of the specialised track & field programme is supported by well known and highly respected coaches such as Bruce Longden, Conrad Milton, Judy Vernon and Mike Smith. St. Mary's Athletic Club members include Belgravians Darren Thompson, Nic Cooper and Hazel Mead.

The lecturers are very approachable and are always willing to help. Practical work is an important part of the programme which allows students to test theory against practice and makes the degree relevant to real sporting environments. In the second and third years, students are able to specialise in their chosen sports and have the opportunity to undertake a dissertation on any area of interest.

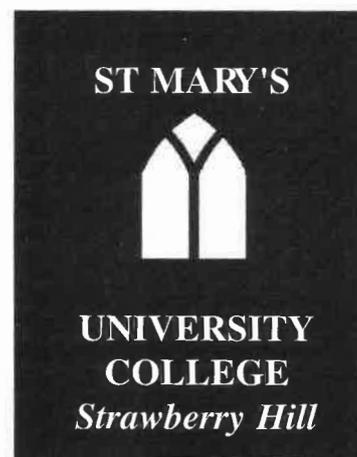
From an athlete's point of view

St. Mary's has a long tradition of sporting achievement and there are many clubs and societies that you can join. This includes a highly successful athletics club, that enters teams in cross country, road racing and track and field. In March 1999, our student athletic team will be travelling up to Glasgow for the British Universities Indoor Championships and in May the team will go to Bedford for the Outdoor Championships. During the winter students have competed in the London Colleges Cross Country League, the Hyde Park Relays and many other events. Last year four St. Mary's athletes were selected to represent British Students in the annual Loughborough v. A.A.A. v. Great Britain Under 20s and we even had a representative in the Commonwealth Games in Kuala Lumpur.

Nic Cooper writes:

Training facilities for all athletic events are suitable for all standards and a number of internationals regularly use the impressively equipped weights rooms and physiology lab. Sports equipment is available for student use and covers all sports generously and includes alternative training aids such as video analysis and electronic equipment.

On site there is a physiotherapy and injury rehabilitation clinic and massage rooms. Although these provisions are not exclusively for student use, reduced rates are arranged and students are willing to give massage for further practice. Staff are sympathetic to the needs of elite sports people studying at St. Mary's and consideration is given if international competition or training abroad is necessary. St. Mary's is an excellent place to study and live. The grounds are pleasant and relaxing and Twickenham is still only half an hour away from London and the other facilities across London that Belgrave athletes often use.



For further information, particularly about our Foundation Programme, or for a chat or a prospectus, contact:

Allan Staerk, M.Sc., Senior Lecturer,
Department of Sport, Health and Exercise Science
with responsibility for Track & Field
Tel: 0181 240 4319 Fax: 0181 240 4255

or Hazel Mead
Tel: 0181 224 2657

