

THE

JULY 1975

BELGRAVIAN



the official gazette of belgrave harriers •

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A.Bruce, R.Conway, D.Crookes, B.Gorman, J.Heathfield, R.Langheim, W.Laws, W.Merryman, C.Pearson, K.Stimpson.

WELCOME TO THE FOLLOWING NEW MEMBERS

Peter G Hardwick	Michael Carruthers	Keith Duckett
Graham Munslow	Matthew Cannon	Jean Paul Fernee
Douglas Brew	Ronald Day	Timothy J Thorogood
Anthony Geary	James Evans	David C Miller
Simon Lee	Jeremy Turner-Bridger	Ian Nurthen
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Front Cover: Seventeen year old Peter Crosbie, Surrey County Junior Champ. at his first attempt, cast the 800gm javelin to 55.78 at the league match at Croydon Arena to break our 20 year old junior record.

Back Cover: Jim Evans took up athletics only at the beginning of this season and was introduced to Belgrave by John Bicourt. Expecting to gradually get fit and have a real go next year, he was immediately thrown in at the deep end with a 100m run in our first league match in May and has regularly been a member of our teams ever since. Photos: Alan Mead

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President.

Ray Hall

General Hon. Sec.

P. B. Hilliar,
22, Allington Drive,
Tonbridge,
Kent.

Hon. Treasurer.

J. V. Baker,
c/o Belgrave Hall,
Denmark Road,
Wimbledon SW19 4PG.

Hon. Editor.

A. R. Mead,
17, High Ashton,
Kingston Hill,
Kingston upon Thames,
Surrey KT2 7QL.

COMMENT

A serious feature of road running in the last few months has been the number of accidents involving athletes and motor vehicles. On Easter Monday two separate races were struck by tragedy. After completing 25 miles of the Yorkshire marathon championship a competitor was hit by one of the cars following the race and was later detained in hospital with a broken leg and facial injuries. Meanwhile, in the Hartlepool '10', another received injuries - again caused by a supporters vehicle. Even worse, a Scottish international struck down last October is still paralysed.

Near accidents at road races happen all the time. Supporters following by car should know better than to get entangled with the race but let us consider how those unconnected with the event react.

When traffic is held up to let the runners pass there is always some driver who blasts his horn with impatience. More often than not there will be at least one other who insists on recklessly overtaking the field in the face of oncoming traffic when a few moments forbearance are all that are needed to keep everyone happy. It's no use the runner beating on the roofs of these cars as they pass. The only safe attitude is to keep close to the kerb, watch what is going on and run with care.

But it must not be imagined that the problem is by any means one-sided. How many times does

one see runners risking life and limb to cut off a few yards by running in the centre of the road; ignoring pointsmen and crossing to the wrong side; skipping in between cars at junctions regardless of the danger? The fractions saved are worthless when balanced against the value of life and a whole body.

Finishing the course by ambulance could mean being barred for life!

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grapevine

How do the City of London Police manage to put on a four stage relay (each one a double lap of $1\frac{1}{2}$ miles) ? They leave it in the capable hands of DAVE DAVIES who enlists the help of a number of Belgravians. For this year's event in early March he had the help of GORDON BISCOE, JOHN BAKER, JIM HEATHFIELD, DENIS McMANUS and PAUL, and GORDON DOUBLEDAY; also present was timekeeper TOM REYNOLDS, a well-known figure at our open promotions.

A welcome spectator at the Club 20 miles walking championship was REG. ELSON who joined us in the late twenties and was a regular member of our walking teams for a number of years. He had an array of old club photographs and programmes, and was armed with a camera to add to his collection. He also used to play the saxophone at Club Socials. Reg has rejoined us as an Hon. Member and we hope that he will be a regular spectator at our events.

JOHN and MAVIS THRESHER emigrated to Canada in April and have now settled in Regina, Saskatchewan. Our best wishes for a happy future go with them. John still remains our fastest ever miler - 4:02.1 - and 1500 metre record holder.

CHRIS. MANNING had the misfortune to be involved in a car accident necessitating a lengthy stay in Epsom Hospital. Whilst wishing him all the best for a speedy recovery we feel that we must warn him of a threat uttered by JEAN now that she has to travel everywhere by bus. "You wait till he gets out - I'll break his other leg for him!"

CHARLIE CHURCHER was recently spotted in New Malden. Although he has now retired from work he does the occasional odd job. Many years ago if there was a spot of decorating to be done at the Hall you would always find Charlie there. He still strolls around quite a bit with the inevitable pipe.

Our Past President, FRANK JARVIS, had a recent spell in hospital for an operation and should by now be well on the way to recovery. Frank is a Past President of the R.W.A. and is immediate Past President of Surrey County A.A.A.

Once again TOM CARTER has an active school of athletes at Battersea Park. As he strides it out from one side of the track to the other, stop watch in hand and urging on his charges, one wonders just who is the fittest.

Three of our walkers are hoping to go to Toronto, Canada in August to compete in some veteran events, so good luck to DAVE McMULLEN, JOHN BROMLEY and JOHN DUNSFORD.

EDMUND DONOVAN, our transatlantic Vice-President, is hoping to "come home" again in June. With the appearance of professional circuits he recalls old pro. meetings at Imber Court. There were running and walking events, the competitors being known as "pedestrians". Foot races alternated with whippet racing.

It's good to see RICHARD LANGLEY training again. A very promising junior, he never completely stopped running, turning out for a jog every week or so. Now the bug seems to have got him again and after a few regular sessions he already shows signs of regaining fitness.

Overheard at a track session: "You ought to get a season ticket to use Battersea track Jim, its much cheaper in the long run." To which came the reply, "No fear. I might get injured and not be able to use it!"

ROAD RUNNING

CITY OF LONDON POLICE RELAY

MARCH 8th 1975 - CITY OF LONDON.

A Team: C.Pearson 17:00; L.Coy 17:24; J.Rimmer 17:18; L.O'Hara 16:21.

B Team: D.Jardine 17:43; A.Mead 20:36.

1. Met. Police 66:31; 2. Walthamstow AC 66:54; 3. Lloyds Bank 68:02;
4. BELGRAVE H 68:03.

Singing Laurie cycles home

At Bruges, Belgium in mid-June, Laurie O'Hara took on a field of 400 veterans over 25 kilometres. His training of late had been geared to 1500 metre running so he was well up at the start and he soon found himself in the lead. Loudspeakers on the pilot car relayed music to keep the competitors from being bored and as the race progressed Laurie found himself singing. Continuing to lead the race until about 13 miles, Laurie then had an attack of cramp but managed to keep going for second place behind the eventual winner a 2:22 marathon man.

His problems had only just begun, however, for second prize proved to be a bicycle. Much argument eventually got him through the Customs and on to the boat with it but on arrival at London there was only one way to get the thing back to his home - mount it and start pedalling 13 agonizing miles.

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Stow wins 5³/₄ m championship

MARCH 15th 1975 - WIMBLEDON.

John Stow proved to be in good form for the approaching road relays and track season when he won the Club 5³/₄ mile Road Race Championship for the first time. Always around the front, he gained in confidence as the race progressed and eventually came home a clear winner by 15 seconds.

Gerry North seems to be acquiring the habit of spending at least part of each Club race in a prone position. On this occasion he took a tumble over by the village with not a mile gone, and after picking himself up with a gashed leg and finding only a few runners behind him he manfully struggled back into the race.

Simon Lloyd provided a shock for many. He joined the Club last summer and although we have not seen a great deal of him he has been steadily notching up around 50 miles per week. With hooped vest and pattering stride, Simon looked startingly like one Allan Rushmer as he staked his claim for future runs in Belgrave colours.

Returning to the Belgrave fold after a couple of years absence was Doug Brew and also prominent throughout were Leo Coy and Doug Jardine. Colin Pearson upset Pat O'Connor against the odds and Brian Gorman ('Don't put me in the relay team') had a remarkable run; but for most, onlookers and runners alike, the man of the race was Joe McDonald. Joe fought as only he knows how and was rewarded with first handicap prize and, more important, a victory over Chas. Manning.

1. J.Stow	28:51	24. E.Thorp	33:43
2. C.Pearson	29:06	25. P.Gardner	33:57
3. P.O'Connor	29:13	26. J.Dudman	34:19
4. L.Coy	29:47	27. D.Davies	34:24
5. D.Brew (guest)	29:56	28. N.Kirmatzis	34:29
6. D.Jardine	30:13	29. J.Hilton	34:34
7. G.North	30:14	30. C.Henn	34:40
8. S.Lloyd	30:32	31. R.Danpure	35:10
9. M.Manning	31:13	32. A.Mead	35:18
10. W.Kerr	31:20	33. G.Piddington	35:37
11. B.Gorman	31:35	34. B.Merry	35:39
12. D.Maughan	31:37	35. G.Collins	35:56
13. S.Holmes	31:42	36. K.Stimpson	36:29
14. S.Barrett	32:12	37. R.Glover	36:32
15. C.Shippen	32:19	38. A.Stroud	37:16
16. D.Crookes	32:22	39. G.Pearson	37:31
17. A.Bruce	32:25	40. J.McDonald	38:15
18. M.Best	32:39	41. C.Manning	38:22
19. W.Laws	32:48	42. D.Gordon	38:40
20. R.Coombs	32:52	43. B.Marmion	39:06
21. J.Dooley	33:06	44. J.Plummer	39:09
22. P.Pringle	33:13	45. J.Baker	39:20
23. P.Hardwick (guest)	33:36	46. B.Campbell	39:21

Handicap: 1. J.McDonald 26:15 (12:00); 2. L.Coy 26:17 (3:30); 3. R.Coombs 26:22 (6:30).

Record run by Tony Brien

The classic Boston Marathon was held on April 21st and in ideal conditions there were some sensational times. The race was won by Will Rogers (USA) in 2:09:55 and amongst the 22 competitors who beat 2:20 was Tony Brien, establishing a tremendous new Club Record of 2:17:20. Tony was 12th of the 2,051 starters.

CAMBRIDGE H. ROAD RELAY

MARCH 22nd 1975 - BEXLEY.

A Team: 4. P.O'Connor 15:16; 10. C.Pearson 16:05; 8. G.North 15:30; 5. J. Stow 15:25; 4. J.Bicourt 15:18; 4. L.O'Hara 15:11.B Team: 27. L.Mann 17:38; 23. D.Maughan 16:32; 21. S.Lloyd 16:04; 19. M. Manning 16:41; 16. A.Black 16:27; 14. J.Rimmer 16:29.C Team: 25. B.Gorman 17:09; 21. W.Kerr 16:51; 23. W.Laws 17:53; 24. A. Fairclough 17:10; 24. M.Best 17:42; 24. A.Mead 19:39.D Team: 26. C.Shippen 17:16; 28. P.Gardner 18:25; 27. E.Thorp 18:34; 29. J.V.Baker 21:17; 26. R.Hall 19:58; 27. C.Manning 20:43.

Fastest: K.Penny (Camb H) 14:26.

Teams: 1. Cambridge H 90:28; 2. Invicta 90:45; 3. Hercules Wimb. 92:28; 4. BELGRAVE A 92:45; 14. BELS B 99:51; 24. BELS C 106:24; 27. BELS D 116:12

TVH ROAD RELAY

MARCH 29th 1975 - CRANFORD.

A Team: 6. J.Stow 16:53; 7.P.O'Connor 17:16; 6. G.North 17:18; 7. C.Pearson 17:23; 6. L.O'Hara 17:04.B Team: 37. D.Jardine 18:23; 22. J.Rimmer 17:39; 27. C.Shippen 19:28; 20. L.Coy 17:55; 18. M.Manning 18:24.C Team: 43. L.Mann 19:02; 43. D.Maughan 19:23; 40. D.Crookes 19:46; 36. E.Thorp 20:32; 32. M.Best 19:48.D Team: 66. A.Mead 21:07; 56. S.Forster 20:03; 61. N.Kirmatzis 20:30; 40. P.Gardner 20:24; 41. R.Langheim 27:55.Vets A: 55. R.Coombs 19:49; 55. C.Henn 21:03; 57. J.V.Baker 23:15.Vets B: 76. C.Manning 23:34.

Fastest: R.Holt (Herc. Wimb) 16:12; B.Standon (TVH) 16:20; J.Douglas (TVH) 16:30

Teams: 1. TVH 84:17; 2. Reading 84:31; 3. SLH 85:28; 6. BELS A 85:54; 18. BELS B 91:49; 32. BELS C 98:41; 41. BELS D 109:59.

Vets Teams: 1. Ealing & Southall 54:14; 2. HHH 56:58; 9. BELS A 64:07

A GRIZZLY TALE

A business trip to Sweden this spring gave Bill Laws the chance to sample cross country running Scandinavian style. Striding out over a carpet of pine needles he ran through the edge of the forest enjoying the peace and solitude. A deer browsed nearby and as Bill approached it moved slowly off into the denser brush.

Then, from the direction of the deer's disappearance, shattering the tranquility, came a most hideous commotion. The undergrowth was torn apart and towering out into Bill's path came the grand-daddy of all bears, bellowing his disapproval of the human race and a certain Belgravian in particular!

Now bears are mean. They can rip and tear and climb and swim ... and boy can they run. Another heart-stopping roar rent the air serving to wake our William from his shocked state, and with a turn of speed that could not have been matched by any but the legendary Wilson, he ran until his lungs were near to bursting.

Yes he made it to safety but that was the only training session he did on the trip. After recounting the tale over a pint in the cosy surroundings of the 'Denmark' a wistful look came into his eyes and he muttered, "If only someone had a watch on me over that last mile it must have been a personal best."

Thames Valley retain Belgrave Relay

APRIL 5th 1975 - WIMBLEDON

Belgrave/Southern Road Relay day, and once again the Hall bulged under the strain of holding nigh on 400 runners from 33 teams. Weeks of hard work from Gordon Biscoe culminated in another successful promotion although there was a complaint from Barry Jones of Hercules Wimbledon that for once we had not booked a fine day. As the afternoon grew colder, pointsmen and officials shivered in intermittent snow showers, and in these conditions Thames Valley Harriers came through the field well to win in a time 3 minutes faster than their last year's performance and only 4 seconds short of the record.

The Bels reached home in 11th position - just about what should have been expected, although one somehow hopes for a miracle just because the race takes place over 12 stages and comparatively few clubs can maintain a top effort for that long. A closer look at the times however, reveals that each of our men put up a pretty solid performance, and with Messrs. Jardine, Lloyd and Coy all making the team for the first time, at least our Spring outfit had something of a 'new look'. Moreover, our team's final time was only 1:21 slower than last year when we led the race for three stages and eventually finished 5th.

John Stow, '5 $\frac{3}{4}$ ' Champion for 1975, started out for the Bels, and clocking our fastest time of the day over the long stage, handed over to Jim Rimmer in 14th position in the middle of a line of runners with less than half a minute covering them. Aldershot were 12th, TVH 10th and Brighton & Hove, embarking upon a marvellous race for them, were 17th. Jim disposed of Blackheath and Shaftesbury on the first short stage with some spirited running, whilst Crawley AC, the leaders after one circuit, were rapidly overhauled by several clubs and began their decline to a final 31st.

Presland took Aldershot into the lead on leg 3 but running even better was Standing (Brighton) who cut through the opposition to gain 2nd, only 8 secs. down, with 24:02. Gerry North, seemingly recovered from his fall in the '5 $\frac{3}{4}$ ', took us up past Feltham and into 11th place.

Doug. Jardine found himself under attack from Blackheath's ex-international 'Kipper' Herring and the day's fastest short stage runner Barry Smith (Thurrock) who needed only 15:12 to scorch round the West Wimbledon hills. Grimly giving way to these two but no more, as the first of the afternoon's snow showers fell, our man handed over to Bill Weller. Up front, four minute miler Jim Douglas had eased TVH's black and blue colours into the lead with Aldershot still in contention 12 seconds behind.

Brighton hit the front as stage 5 took its course and Bill Weller regained two positions for Belgrave at the expense of Portsmouth and Crawley athletes. From this point as large gaps began to open up in mid-field, we maintained 11th position until the end. Colin Pearson, as fit as he has ever been these days, ran our fastest short lap of 16:30 (equal 3rd fastest on his stage) to bring us to the half-way distance.

Famous names came into the fray on lap 7 although team positions remained largely static. National Cross Country Champion Tony Simmons cut out a staggering 23:55 but only improved Luton's lot by 4 places - up to 13th but getting uncomfortably closer to our own reliable Pat O'Connor. Cambridge H slipped into 3rd through Keith Penny, TVH remained 2nd and still the men from Sussex kept the lead with Steve Ovett looking every inch the European Games 800m silver medallist and gliding up the sharp Wool Road incline as if it didn't exist.

For Simon Lloyd it was his first time in the 'big time' and he stuck to his task well. Blackheath got by once more but he in turn put Thurrock behind Belgrave again. Meanwhile John Davies went into a good lead for TVH.

On stage 9 Bob Holt shook things up for Hercules Wimbledon who had at one point languished as low as 20th. He went up 5 places and in the process passed John Phelan but once again the Bels held their ground as Blackheath

slipped behind. Leo Coy continued as our 10th man on the road. How long is it since Belgrave had an Assistant General Secretary in the 'A' team? Leo had fought well for his place in the team and his reward was to run his lap without another runner in sight.

Brighton had now begun to sag. They were $1\frac{1}{2}$ minutes down on the 'Valley' and as their 11th runner set out he had the awesome sight of the course record holder limbering up to take over behind him in 3rd. Aldershot's Bernie Ford, a runners runner if ever there was, tore into the Brighton man's lead, took him, and then set about TVH, cutting their advantage from 2:33 to 18 secs! His time of 23:53 was the day's best. But Belgrave have their heroes too and Laurie O'Hara, chasing hard after Badgery of Hercules Wimbledon, took 34 seconds off of our rivals.

And so to the last leg. Aldershot had left their final attack just too late and the 'Valley' came home 21 seconds to the good. Brighton were now in dire straits. Their last runner had failed to arrive and they pressed a reserve into service and gave him the unenviable task of salvaging 3rd place. His 18:50 might have been one of the slower times of the day but his efforts fully merited his 3rd team plaque as he gamely struggled round the course and just reached safety with runners fully two minutes faster breathing down his neck. As so often in the past, Alan Black was given the job of closing in for the Bels and he responded with our third sub-17 minute run of the day.

1. Thames Valley H	4:08:56	5. Cambridge H	4:13:18
2. Aldershot, Farnham & D.	4:09:17	6. Invicta	4:13:43
3. Brighton & Hove	4:12:55	11. BELGRAVE HARRIERS	4:16:41
4. Cambridge & Coleridge..	4:13:02	31 teams closed in.	

Fastest times: Short Stage (3 miles 553 yards) B.Smith (Thurrock) 15:12.
Long Stage (5 miles 334 yards) B.Ford (Aldershot F & D) 23:53.

Belgrave times: J.Stow 25:30; J.Rimmer 16:50; G.North 25:44; D.Jardine 17:21; W.Weller 25:45; C.Pearson 16:30; P.O'Connor 25:55; S.Lloyd 17:17; J.Phelan 26:03; L.Coy 17:03; L.O'Hara 25:51; A.Black 16:52.

CANTERBURY '6'

1. I.MacMillan (Invicta) 29:01; 2. P.O'Connor 30:30; 14. C.Pearson 30:52; 29. W.Kerr (1st Vet) 32:17; 33. A.Fairclough 32:30.

Teams: 1. Blackheath H 23pts; 2. Invicta 43pts; 3. BELGRAVE H 76pts.

Under 18 race 16. P.Gardner 25:32.

HERNE HILL '10'

1. D.Faircloth (Croydon) 51:21; 25. L.Mann 58:43; 29. D.Maughan 59:08; 46. J.Dooley 62:36; 68. G.Piddington 67:58; 78. C.Fairfield 73:53.

Teams: 4. BELGRAVE H

CHICHESTER TO PORTSMOUTH

MAY 10th 1975

1. L.Presland (Aldershot, F & D) 1:23:44; 17. P.O'Connor 1:31:00; 36. L. Mann 1:36:14; 45. D.Maughan 1:39:24; 81. G.Piddington 1:55:33; 92. J.V.Baker 2:12:55.

Teams: 1. Aldershot, F & D 19pts; 2. Tipton H 27pts; 3. Portsmouth AC 37pts; 8. BELGRAVE H 78pts.

BLINDER FROM JOE McDONALD

MAY 10th 1975 - RICHMOND PARK - VETERANS 10 MILES ROAD RACE.

1. L.O'Hara 51:24; 6. A.Bruce 57:00; 12. R.Coombs 58:40; 22. D.Jones 61:33; 23. C.Henn 61:55; 36. J.McDonald 66:22; 37. A.Stroud 66:28; 44. C.Manning 68:40. 76 started. 56 finished.

ARTHUR BRUCE CONQUERS THE COMRADES MARATHON

It's a Sunday and we are at Harrismith (next door to Ladysmith) after driving up from Zululand and it's bloody cold! We are quite close to the mountains on the reverse side.

Well, it's over a week since the big one and I am pleased to report a successful run. Will bring back pictures, medal and newspaper cuttings. Everything went to plan the week before and I got out most days up to 10 miles especially running at altitude (6,800 feet) near Johannesburg. We went down to Durban by sleeper on Wednesday night which gave me two days at sea level. We hired a Volkswagen and I had a good team seconding me with water, salt tablets and sponges.

The start at Durban Town Hall at 6am was fantastic with television interviews although the field was cut to 1,500 starters as the novice entries were rejected (about 300). I started very slowly and fortunately it was fairly cool and I ran very much to schedule.

Unfortunately Elsie lost me after seven miles because of the traffic pile-up. Imagine 1,500 runners each with a second in a car or on a motor-bike! The traffic was chaos although the police did a good job. I didn't see her again until I had covered 30 miles but I met a doctor who was running and who kept me supplied with glucose, salt tablets and water. We ran together for about 30 miles.

I was very pleased to catch Doug. Sudbury of South London Harriers at 30 miles and I proceeded to beat him by 165 places (half an hour). I was running well between 30 and 50 miles and taking refreshment every 30 minutes. Elsie was now in close attendance and I felt fine. At one stage I thought I would get a silver award for $7\frac{1}{2}$ hours but started to get really tired at about 50 miles although I was still catching people.

The last 4 km into Pietermaritzburg was rough but there was plenty of encouragement from bystanders. I even managed to catch somebody on the last lap on the track to record just over 8 hours, finishing 401st out of the 1,500 starters, tired but pleased.

The first-aid tent looked like a battlefield afterwards. I felt OK until I sat down! When we drove back to Durban three hours later they were still finishing so I didn't do so bad. Nothing further than 10 miles now this year.

Sunday I remained horizontal on the beach. You could tell everybody who had run on the 'Comrades', they were walking around like old men. On the Monday we drove up to Zululand for a wonderful week in the game parks. We walked 16 miles one day and viewed rhino, etc. at close quarters. Tomorrow we go to the Golden Gate National Park in the mountains, then back to Johannesburg and Pretoria where I'll get in a couple of jogs.

Regards to all the lads - get ready for some training!

BELS 2nd IN NATIONAL VET'S X-C

FEBRUARY 23rd 1975 - GRAVES PARK, SHEFFIELD.

1. R.Fowler (Stoke) 30:44; 2. R.Gomez (Southgate) 31:21; 3. L.O'Hara 31:29
23. P.Newell 34:15; 26. W.Kerr 34:33. 218 finished.

Teams: 1. Ealing & Southall 35pts; 2. BELGRAVE H 52pts; 3. Rochdale H 66pts

NOTICE BOARD

CLUB CHAMPS

August 9th

BATTERSEA PARK

Track and Field Events start at 2:30pm

subs

The following members still owe their subs for LAST year!

GENIES BOOK

barn dance
★ *Friday* ★
★ *July 18th* ★
at the hall

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To be sent to the Hon.
Treasurer: Belgrave Harriers,
Belgrave Hall, Denmark Road,
Wimbledon SW19 4PG.

Cross Country points competition 1974-75

1. C.Pearson	97	8. E.Thorp	66	15. L.Coy	51
2. M.Manning	82	9. C.Henn	64	16. W.Laws	46
3. M.Best	77	10. J.Stow	60	17. J.V.Baker	44
P.O'Connor	77	11. D.Jardine	59	18. W.Kerr	39
5. A.Mead	72	12. S.Holmes	57	19. G.Piddington	37
6. C.Manning	71	13. L.O'Hara	56	20. P.Wrench	36
G.North	69	14. L.Mann	54	85 took part.	36

TRACK AND FIELD

MARCH 23rd 1975 - CRYSTAL PALACE - BLACKHEATH OPEN MEETING.

100m: P.Williamson 12.1; S.Crosbie 12.5. 300m: R.Hopkins 37.8. 600m: J. Boardman 1:25.5; C.Brooks 1:30.4. 1,000m: S.Holmes 2:43.0; N.Kirmatzis 2:47.2. 3,000m: D.Crookes 9:54.0. HJ: R.Hopkins 1.80. LJ: S.Crosbie 6.03.

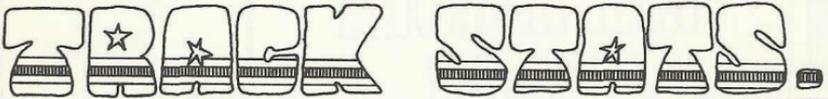
SURREY CHAMPS (Part 1)

MAY 3rd 1975 - WIMBLEDON PARK.

3,000mSC: 2. A.Black 9:43.8; 3. J.Rimmer 10:04.4; 4. L.Coy 10:25.0.

4 x 100m: 2. BEL. H(M.Scott, P.Williamson, C.Gillett, P.Gee) 44.5.

4 x 400m: 3. BEL. H(P.Williamson 54.6, P.Gee 52.4, C.Gillett 51.2, M.Scott 49.7) 3:27.9.



THE LEADING BELGRAVIANS FOR 1975 AS AT 5th JULY.

100m	S.White 10.7; J.Evans 11.3; M.Scott 11.5; C.Gillett 11.5; C.Brooks, R.Hopkins 11.7.	compiled by Leo Coy
200m	S.White 21.6; C.Gillett 22.9; M.Scott 23.0; J.Evans 23.1; C.Brooks 24.2	
400m	S.White 49.8; C.Gillett 50.6; M.Scott 51.3; P.Gee 52.3; A.Mead 53.4	
800m	J.Stow 1:58.4; J.Boardman 1:58.5; A.Mead 1:59.3; C.Gillett 2:00.4; C.Pearson 2:01.2	
1500m	J.Stow 3:52.4; J.Bicourt 3:58.0; L.O'Hara 4:04.0; C.Pearson 4:05.5; W.Kerr 4:06.0	
3000m	J.Bicourt 7:59.6; L.O'Hara 8:31.0; W.Kerr 8:47.0; C.Pearson 8:51.0; P.Carton 9:07.8.	
5000m	J.Bicourt 13:57.6; J.Stow 14:35.0; L.O'Hara 14:45.4; G.North 15:29.8; A.Black 15:30.6	
10000m	L.O'Hara 30:21.0; A.Black; 31:54.4; L.Mann 32:27.4; G.North 32:37.0; M.Smith 32:37.2.	
110mH	P.Whitby 15.9; C.Brooks; 16.5; R.Hopkins 16.7; M.Carruthers 17.6; A.Mead 20.8	
400mH	R.Hopkins 56.6; C.Brooks 58.5; P.Whitby 59.4; A.Mead 64.1.	
3000mSC	J.Bicourt 8:45.6; A.Black 9:32.2; L.Coy 10:02.0; J.Rimmer 10:04.4; M.Manning 10:35.8.	
LJ	R.Hopkins 6.93; S.White 6.86; M.Scott 6.81, C.Brooks, 6.74 S.Crosbie 6.46.	
HJ	C.Brooks, R.Hopkins 1.85; A.Bentt 1.70; R.Danpure, M.Carruthers 1.60.	
TJ	S.Crosbie 13.25; A.Bentt 12.87; R.Hopkins 12.77; I.Beaumont 11.92; M.Munroe 9.71	
PV	C.Brooks 3.50; R.Hopkins 3.35; M.Shippen 3.15.	
DT	C.Brooks 36.74; R.Hopkins 30.88; J.Martin 30.26; W.Couzens 28.46.	
HT	W.Couzens 31.38; J.Aska 27.80; J.Martin 20.90.	
JT	P.Crosbie 55.78; C.Brooks 49.47; J.Martin 47.40; J.Aska 45.94; R.Hopkins 39.50.	
SP	C.Brooks 13.14; J.Martin 12.51; J.Aska 11.01; W.Couzens 9.83; R.Hopkins 9.28.	

A fair start at Portsmouth

MAY 10th 1975 - ALEXANDRA PARK, PORTSMOUTH - SOUTHERN LEAGUE MATCH 1.

The opening league match immediately provided the Bels with some stiff opposition. Ilford AC have been tipped as favourites for 1975 and in spite of not being at absolutely full strength they put together 135 match points to go straight to the top of the 25 clubs that contest the league. The Belgrave team still showed a few weaknesses with a couple of middle distance men unavoidably missing but these problems promised to be ironed out before the next match.

It was on the field that our team looked most solid. Cliff Brooks, now Field Events Captain and temporarily forsaking the track to concentrate on the throws and jumps, led our strong men to some good scores. A double win from Steve White and Steve Crosbie in the long jump, a personal best vault from Reg Hopkins and very good shot putting from John Martin set an impressive standard that if maintained throughout the year should stand us in good stead.

On the cinders we had four convincing wins with, of course, Steve White providing two of them in the sprints. John Bicourt led the 5,000 metres field home by a street and Leo Coy stormed down the final stretch to take the 'B' steeplechase. Newcomer Jim Evans showed a flash of great things to come in the 'B' 100 metres. Last away, he rocketed through the field and then just faded a little in the final 10 metres - a good performance, particularly as he has only just taken up the sport with a mere three weeks training behind him. Unfortunately Martin Scott again experienced hamstring problems but it was not too serious and hopefully he will be able to conquer that tenseness in his running and let the power flow.

	'A'		'B'
100m	1. S.White 10.9	2. J.Evans 11.3	
200m	1. S.White 22.2	4. M.Scott 24.0	
400m	2. C.Gillett 51.3	4. P.Williamson 54.5	
800m	5. J.Boardman 2:04.0	4. A.Mead 2:07.3	
1500m	4. J.Bicourt 4:07.2	4. J.Rimmer 4:07.5	
5000m	1. J.Bicourt 14:42.4	3. C.Pearson 15:59.4	
110mH	2. P.Whity 16.1	3. C.Brooks 17.0	
400mH	3. R.Hopkins 59.7	3. P.Whity 61.6	
3000mSC	2. A.Black 9:47.0	1. L.Coy 10:12.0	
4 x 100m	2. (S.Crosbie, J.Evans, C.Gillett, S.White) 44.4		
4 x 400m	3. (C.Brooks, A.Mead, R.Hopkins, S.White) 3:33.4		
LJ	1. S.White 6.86	1. S.Crosbie 6.46	
HJ	3. C.Brooks 1.83	3. A.Bentt 1.70	
TJ	2. S.Crosbie 13.15	2. A.Bentt 12.39	
PV	2. C.Brooks 3.30	1. R.Hopkins 3.10	
Dt	5. C.Brooks 35.94	3. J.Martin 28.62	
HT	4. W.Couzens 25:28	- J.Aska -	
JT	3. P.Crosbie 48:56	3. C.Brooks 46.46	
SP	2. C.Brooks 12.22	2. J.Martin 12.14	

Match Result: 1. Ilford AC 135pts; 2. BELGRAVE H 119pts; 3. Cambridge H 118 pts; 4. Portsmouth AC 91pts; 5. Plymouth AC 69pts.

In the first Decathlon competition of the year Reg Hopkins improved his best ever score to 5650 points with his outstanding mark being a long jump of 6.93 metres. The occasion was the BAAB Decathlon incorporating the Southern Counties Championship at Crystal Palace May 3rd/4th. Reg was 13th overall, 9th in the SCAAA competition, but still impressing that he is top Belgrave Decathlete and intends it to remain that way, Cliff Brooks scored 6340 points for 7th and 5th SCAAA.

O'Hara's sixth victory

MAY 21st 1975 - BATTERSEA PARK - CLUB 10,000m CHAMPIONSHIP.

With the report from the starter's gun, 23 Belgravians moved off to tackle the 10,000 metre Club Championship for the 'Tom Carter Cup'. A steady breeze ensured coolish conditions and a dry track, whilst the low evening sun made the lap-scorers' task just that little bit more difficult as they peered up the home straight.

'Moved off?' Well that would describe how the majority of the field set about the first of their 25 laps, but as far as Laurie O'Hara was concerned 'took off' would be nearer to the mark. As the tail enders entered the back straight for the first time, Laurie was already scooting past the dressing rooms looking for all the world as if he was putting in his finishing burst six miles too early. Lionel Mann was the only taker and it wasn't long before he too decided to let Laurie go it alone this year. Ere four laps were completed Laurie was lapping the back markers; and so it continued circuit after circuit until eventually only Alan Black was beaten by less than 400 metres.

It was a good run for Alan over a distance at which we do not normally see him compete. Both Lionel and Gerry North looked fitter than of late, and, gaining a first class standard, Bob Smith made a most welcome return to the Belgrave scene.

Who is going to put an end to Laurie's dominance in this event? In the last eight years he has only relinquished his hold on the cup twice, in 1969 to Bob Smith and 1970 to Lionel Mann, and the way he is going these days he could hold it a good while yet.

1. L.O'Hara	31:06.0	11. M.Best	35:47.8
2. A.Black	31:54.4	12. R.Coombs	36:25.0
3. L.Mann	32:27.4	13. D.Jones	38:01.6
4. G.North	32:37.0	14. D.Davies	38:06.2
5. M.Smith	32:37.2	15. J.Wasbrough.....	38:15.4
6. L.Coy	33:50.0	16. K.Duckett	38:28.6
7. A.Fairclough	34:17.6	17. C.Kirkpatrick	38:30.0
8. B.Gorman	34:46.6	18. P.Wooll	39:34.0
9. D.Maughan	35:03.6	19. C.Fairfield	39:53.0
10. M.Manning	35:46.0	20. C.Manning	40:49.4

First Class Standard: North, Smith.

Second Class Standard: Coy, Fairclough.

MAY 24th 1975 - NORBITON - BANSTEAD COACHES TROPHY MEETING.

100m: A 3. J.Evans 11.8; B 1. M.Marshall 12.1. 200m: A 4. M.Marshall 24.8; B 3. P.Gee 24.7. 400m: A 3. P.Gee 53.0; B 1. M.Scott 52.2. 800m: A 4. C.Pearson 2:01.2; B 1. C.Gillett 2:01.5. 1500m: A 2. J.Stow 4:01.3; B 1. J.Boardman 4:23.4. 5000m: 3. W.Kerr 15:36.0; 4. P.O'Connor 15:38.0; 5. S.Lloyd 15:41.0. 110mH: A 3. S.Crosbie 22.2. 400mH: A 3. A.Mead 64.1. 3000mSC: A 2. L.Coy 10:17.2; B 1. M.Manning 10:35.8. 4 x 100m: 1. Bels (Gee, Marshall, Gillett, Evans) 45.0. LJ: A 3. S.Crosbie 5.76. HJ: A 4. S.Crosbie 1.50. TJ: A 2. A.Bentt 12.87. SP: A 2. J.Martin 12.51; B 3. J.Aska 11.01. DT: A 5. J.Martin 29.84; B 3. W.Couzens 25.32. HT: A 5. W.Couzens 30.77; B 3. J.Aska 22.37. JT: A 3. J.Martin 47.40; B 1. J.Aska 45.94

Teams: (scoring included Juniors - we had three - and Youths - we had none!)

1. Surrey AC 251pts; 2. BELGRAVE H 153pts; 3. London AC 147pts; 4. Mitcham 122pts; 5. London Irish 71pts; 6. Hercules Wimbledon 57pts.

MAY 28th 1975 - CHISWICK - INTER-CLUB MATCH.

200m: A 4. A.Mead 24.3. 800m: A 3. C.Gillett 2:02.7; B 3. N.Kirmatzis 2:04.6; C.Manning 2:32.0. 2000m: B.Gorman 6:19.0.

League hopes crushed!

MAY 31st 1975 - WIMBLEDON PARK - SOUTHERN LEAGUE MATCH 2.

Belgrave faced three winning clubs from the first round in this crucial match at Wimbledon Park. Any of the clubs present could normally be rated as potential match winners but by a fluke they were all drawn together and some unlucky clubs worthy of better things were going to get less league points than they deserved.

With Steve White and John Bicourt selected to compete at the British International Games on the same day our hopes took a tumble, and when sprinter Jim Evans became ill the day before the meeting all thoughts of winning had gone - it was to be a fight to avoid a real hammering.

The afternoon opened on a high note when Reg Hopkins ran a brilliant 56.6 for a personal best in the 400m hurdles, gaining a clear victory. Paul Whitby immediately began to hand out the same sort of treatment to his rivals in the 'B' race until, leading down the home straight and desperately tired, he fell at the final barrier. It was a fall from which it seemed unlikely that he would recover but with badly cut legs he courageously managed to rise from the cinders and stagger on to the finish - still amazingly 2nd. These two again performed with distinction in the short hurdle race.

Charlie Gillett, Martin Scott and Cliff Brooks covered for us in the sprints the latter notching up no less than seven individual performances plus a relay. Bill Kerr showed that Laurie O'Hara is not the only speedy veteran around with his 4:06 timing in the 1500m and Leo Coy improved his steeplechase again, getting closer to 10 minutes.

Overall, however, our team slowly slipped beneath a tide of Windsor, Oxford and Aldershot vests. As the last events approached Herne Hill and the Bels were gripped in a struggle to avoid last place and as luck would have it, the relays gave us a chance to redeem ourselves slightly.

Superb baton changing turned our sprinters, beaten in the individual events, into an unbeatable combination and they won by a full seven metres. Finally came the 4 x 400m, an event in which Oxford have not been beaten for several years. They are still unbeaten but the race was electrifying. In spite of good running from Philip Gee and Reg Hopkins we were 4th with two legs gone. Charlie Gillett then turned on a tremendous run. Closing a dozen metres, he took 3rd, then 2nd and coming off the last turn challenged for the lead. Martin Scott, not feeling at his best, also gave it the gun and although under severe pressure as the finish approached he kept 2nd and clocked 50.9 the same as Chas.

'A'

'B'

100m	4. C.Gillett	2. M.Scott	11.6
200m	3. C.Gillett	5. G.Brooks	24.2
400m	3. M.Scott	3. P.Gee	52.3
800m	4. J.Stow	5. P.Carton	2:02.2
1500m	5. W.Kerr	3. C.Pearson	4:09.0
5000m	4. L.O'Hara	2. G.North	15:29.8
110mH	3. P.Whitby	2. R.Hopkins	16.7
400mH	1. R.Hopkins	2. P.Whitby	61.3
3000mSC	4. A.Black	2. L.Coy	10:05.6
4 x 100m	1. (M.Scott, C.Brooks, C.Gillett, P.Gee)		44.3
4 x 400m	2. (P.Gee, R.Hopkins, C.Gillett, M.Scott)		3:27.9
LJ	5. S.Crosbie	3. C.Brooks	6.38
HJ	4. C.Brooks	3. A.Bentt	1.70
TJ	4. S.Crosbie	3. A.Bentt	12.25
PV	4. R.Hopkins	2. C.Brooks	2.80
DT	4. C.Brooks	5. J.Martin	27.32
HT	4. W.Couzens	4. J.Martin	20.90
JT	4. P.Crosbie	3. C.Brooks	47.51
SP	4. C.Brooks	3. J.Martin	11.64

Match Result: 1. Oxford City 131pts; =2. Aldershot, Farnham & Dist 109pts; =2. Windsor, Slough & Eton 109pts; 4. BELGRAVE H 97pts; 5. Herne Hill 92pts.

Bels retain Surrey Club Champ.

GILLETT, HOPKINS AND WHITBY WIN COUNTY TITLES

JUNE 3rd/5th/7th 1975 - MOTSPUR PARK - SURREY COUNTY A.A.A. CHAMPIONSHIPS.

Full of confidence after his league outing the previous week, Reg Hopkins gave us our first win of the afternoon in the 400m hurdles. It is over the last 100m of any one lap race that Reg shows his strength and on this occasion he came through to outlean an Epsom & Ewell Harrier on the line. Paul Whitby equalled his best time in 6th place and when it later came to the 110m hurdles it was his turn to put down the Epsom man again. Neck and neck from blocks to tape, Paul just got there by the breadth of his whiskers!

A win by Charlie Gillett over 400m gave the announcer the chance to give him some extra publicity, exhorting all to tune in to Charlie's "Honky Tonk" on Radio London. With the broadcast of grins the Belgravian collected his trophy and took it off to be admired by the Gillett family.

A best of 4:06.2 got Colin Pearson into the 1500m final and there he improved again to 4:05.5. John Stow ran a tactically perfect race. Running in the bunch but moving out and up whenever the current leader looked like breaking away, he reached 1200m with a crowd still round him. His all-out burst then devastated the field when they were least expecting it and as he raced away only Clive Thomas (TVH) could hold him. As expected, Thomas re-passed him in the home straight but John came home a clear second, beating several others who might have laid claim to the silver medal.

The Club Competition is scored over all the Surrey Track Championships; and after Carl Lawton's winning walk and the performances of our relay runners and steeplechasers at the earlier meeting at Wimbledon Park, the Bels led the competition from start to finish.

200m: nq C.Gillett 23.5. 400m: 1. C.Gillett 50.6; nq A.Mead 53.4; R.Hopkins 54.5. 800m: nq A.Mead 2:03.5; N.Kirmatzis 2:05.6; C.Gillett 2:05.9. 1500m: 2. J.Stow 3:52.6; 10. C.Pearson 4:05.5. 110mH: 1. P.Whitby 16.1; 4. R.Hopkins 17.3. 400mH: 1. R.Hopkins 57.6; 6. P.Whitby 59.4. LJ: 3. R.Hopkins 6.90; 5. M.Scott 6.30; S.Crosbie 5.99. HJ: 6. R.Hopkins 1.75. SP: 4. J. Martin 12.18.

Surrey Club Championship: 1. BELGRAVE H; 2. Epsom & Ewell H; 3. Sutton & Chm

JUNE 11th 1975 - BATTERSEA PARK - v. 1st BATTALION GRENADIER GUARDS.

100m: 1. J.Evans 11.4; 2. R.Hopkins 11.8; 3. J.Turner-Bridger 12.3; 4. A. Mead 12.3. 100m n/s: 3. D.Nurthen 12.8; 4. D.Bailey 12.8; 5. D.Richards 14. 200m: 1. R.Hopkins 24.4; 4. D.Bailey 26.2. 200m n/s: 2. C.Pearson 25.6; 3. D.Nurthen 25.6; 4. N.Kirmatzis 26.0; 5. D.Richards 27.6. 400m: 1. A.Mead 55.2; 3. J.Kelly 59.0. 800m: 1. C.Gillett 2:00.4; 2. C.Pearson 2:03.0; 3. N.Kirmatzis 2:05.4; 4. J.Kelly 2:11.7; 7. P.Gardner 2:20.0; 8. E.Thorp 2:25.0; 9. C.Manning 2:39.0. 1500m: 1. L.O'Hara 4:09.3; 2. P.Carton 4:32.3; 3. C.Shippen 4:33.2; 4. M.Manning 4:42.6; 6. P.Gardner 4:51.0; 7. N. Kirmatzis 4:52.0; 8. L.Mann 4:53.0; 11. E.Thorp 5:12.0. 3000m: 1. W.Kerr 9:03.0; 2. P.Carton 9:07.8; =3. L.Mann and L.Coy 9:21.0; 5. M.Manning 9:49.0. 110mH: 1. R.Hopkins 18.6; 3. A.Mead 20.8. 4 x 100m: 1. Belgrave (A.Mead, D.Bailey, R.Hopkins, J.Evans) 47.4. HJ: 1. R.Hopkins 1.75. LJ: 1. R.Hopkins 6.34; 2. J.Evans 6.33; 5. D.Nurthen 5.72; 6. D.Bailey 5.11; 7. D.Richards 4.82; 8. C.Pearson 4.48. Shot: 1. J.Martin 11.32; 4. J.Aska 10.34; 5. W.Couzens 9.73; Javelin: 1. J.Martin 43.86; 2. J.Aska 41.26.

Match: 1. BELGRAVE H 84pts; 2. 1st Bn. Grenadiers 44pts.

Dinner and Dance

NOVEMBER 22nd 1975
THE 'WORCESTER' WORCESTER PARK
phone Bill Laws 337 7215

WHITE MAGIC

Competing for the combined Oxford and Cambridge team against Harvard and Yale at Iffley Road, Oxford in June, Steve White again equalled his 200m club record of 21.6. At the same track in May he was clocked at 10.7 for 100m, another record equalling mark.

Apart from Steve's windy 10.6 last year, four Belgravians share the 100m record: John Mitchell 1967 and 1969, Jim Vivian 1969, Cliff Brooks 1973, Steve White 1974 and 1975.

JUNE 14th 1975 - WIMBLEDON PARK - INTER-CLUB MATCH.

100m: A 1. M.Scott 11.5; B 1. C.Gillett 11.6; n/s D.Nurthen 13.0. 200m: A 1. C.Gillett 23.1; B 1. M.Scott 23.2; n/s D.Nurthen 26.1; D.Richards 27.8. 400m: A M.Carruthers 61.6; B 4. C.Manning 67.2; n/s N.Kirmatzis 56.6. 800m: A 1. A.Mead 2:00.8; B 1. P.Carton 2:01.5; n/s 2:06.8. 1500m: A 4. W.Kerr 4:09.6. 3000m: A 3. M.Manning 9:43.8. 110mH: A 1. M.Carruthers 17.6. 4 x 100m: 1. Bels (D.Nurthen, A.Mead, C.Gillett, M.Scott) 46.5. HJ: A 3. M.Carruthers 1.60; B 1. M.Shippen 1.50. LJ: A 1. M.Scott 5.94; B 2. D.Nurthen 5.34. n/s M.Shippen 5.20; J.Martin 4.75; D.Richards 4.19; I.Nurthen 3.67. DT: A 5. J.Martin 26.44. JT: A. 1. J.Martin 46.20; B 1. D. Nurthen 20.14. SP: 3. J.Martin 11.28; B 2. D.Nurthen 6.70

Match: 1. BELGRAVE H 143pts; 2. Blackheath 114pts; 3. Hercules Wimb. 111pts; 4. Surrey AC 109pts; 5. Cambridge H 74pts; 6. London Irish 5pts.

JUNE 18th 1975 - TOOTING - INTER-CLUB MATCH.

100m: 4. R.Hopkins 12.1; n/s 3. A.Mead 12.7; 5. S.Crosbie 12.7. 300m: 3. M.Scott 37.2; n/s 1. R.Hopkins 38.6; 4. S.Crosbie 39.8; 5. N.Kirmatzis 41.6. C.Manning 49.0. 600m: 1. C.Gillett 83.8; n/s 2. A.Mead 86.6; 3. N.Kirmatzis 88.4; 6. D.Davies 104.5; 7. C.Manning 110.0. 1200m: 3. N.Kirmatzis 3:35.8. 3000m: 2. W.Kerr 8:50.0; 9. M.Manning 9:42.0; 15. D.Davies 10:19.0. 4x200m: 1. Bels (M.Scott; C.Brooks, S.Crosbie, R.Hopkins) 1:35.5. LJ: 5. D.Nurthen (Y) 5.05. HJ: 2. C.Brooks 1.75; 3. R.Hopkins 1.70. DT: 2. C.Brooks 36.46; 7. W.Couzens 28.46. SP: 2. C.Brooks 12.86; 5. W.Couzens 9.83.

Match: 1. BELGRAVE H 51pts; 2. South London H 43pts; 3. London AC 42pts; 4. Sutton & Cheam H 35pts; 5. Herne Hill H 30pts; 6. Blackheath 14pts.

What a great little runner Laurie O'Hara is. Running in the Southern Counties A.A.A. Championship 10,000m at Crystal Palace on April 16th he scored a marvellous 30:21.0 for a personal best. Anyone who is setting "pee-bees" as a veteran has got to be taken notice of - but a time like that is truly amazing. Laurie's position was 19th, the winner being Penny of Cambridge H in 28:49.8.

Doug. Maughan was timed at 34:16.0 in 36th position, having clocked 16:35 a month earlier on the same track over 5,000m.

The 3,000m Championship on May 14th gave Laurie the chance to churn out another good one - 8:31.0 - but this time he was followed by another Belgrave veteran who doesn't know when to give up. Bill Kerr ran 8:47 and right into the reckoning for subsequent team selection, beating Colin Pearson into the bargain. Colin nevertheless set his best ever time with 8:51.

On Saturday February 22nd Bill Couzens held another Jumble Sale and even surprised himself by raising the record amount of £123.67 for Club funds. Our thanks to Bill, his wife Gwen and all those members and relations who helped to make this such a success.

Bels bounce back

JUNE 21st 1975 - CROYDON - SOUTHERN LEAGUE MATCH 3.

With three inter-club wins plus the Surrey Championships victory in the previous fortnight Belgrave's fortunes were waxing strong, and in the third league match we slammed the opposition by a wide margin to rise from 15th to 9th in the league table.

For some weeks 17 year old Peter Crosbie had been on the verge of great things in the Javelin with a best of 53 metres, a Surrey Junior win, 2nd in the London schools and that l-o-n-g no-throw. The time was ripe for a legal 'big one' and it came at last with a throw of 54 metres plus. That pleased him greatly but as the competition drew to a close Peter launched an even better attempt, measured at 55.78 metres, beating our twenty year old junior record (incidentally set with a lighter implement anyway). Experimenting with a shorter run-up has paid dividends for Peter and once again he stays ahead of Olympic Champion Klaus Wolfermann's age/distance schedule, pinned on his bedroom wall. The obvious target now is 60 metres.

Steve White again picked up maximum score in each of his events and he was backed up by Jim Evans, equalling his 11.3 best again, and Martin Scott who does us great service by regularly turning out and cruising below his best with that nagging leg injury.

Cliff Brooks was in sharp high jumping form, near his best ever, and he too put out some good javelin throws. Our hurdlers and jumpers were devastating and with Leo Coy straight back off his holiday to compete, Lionel Mann gamely vaulting the barriers to fill a gap in our ranks, and John Bicourt offering his services after his trip to Lapland was cancelled, it was a good all-round effort.

	'A'	'B'
100m	1. S.White 11.1	2. J.Evans 11.3
200m	1. S.White 22.4	2. M.Scott 23.3
400m	2. C.Gillett 51.4	1. P.Gee 52.3
800m	3. J.Stow 1:58.9	4. C.Pearson 2:05.4
1500m	1. J.Bicourt 4:00.0	2. W.Kerr 4:11.0
5000m	4. P.O'Connor 15:51.6	2. G.North 16:15.0
110mH	1. P.Whitby 16.0	2. C.Brooks 16.7
400mH	1. R.Hopkins 58.4	1. P.Whitby 59.7
3000mSC	3. L.Coy 10:19.0	4. L.Mann 10:52.0
4x100m	1. (J.Evans, C.Brooks, C.Gillett, S.White) 45.0	
4x400m	2. (A.Mead, M.Scott, P.Gee, C.Gillett) 3:30.6	
LJ	1. S.White 6.60	1. S.Crosbie 6.24
HJ	2. C.Brooks 1.85	1. R.Hopkins 1.85
TJ	4. R.Hopkins 12.77	1. S.Crosbie 12.70
PV	cancelled due to the dangerous condition of the landing area.	
DT	4. C.Brooks 36.30	4. J.Martin 29.38
HT	4. W.Couzens 31.38	4. J.Martin 20.22
JT	2. P.Crosbie 55.78	1. C.Brooks 49.47
SP	2. C.Brooks 13.14	4. J.Martin 10.82

Match Result: 1. BELGRAVE H 135pts; 2. Mitcham AC 106pts; 3. Kent AC 105pts; 4. Blackheath H 100pts; 5. Hercules Wimbledon AC 92pts.

URGENTLY REQUIRED

situations vacant

Track Fixtures & Officials Secretary - to work in liaison with Track Team Manager (both offices formerly being combined as Track Secretary). Please phone Alan Mead 546 7536 to talk about it.

Trophies Secretary - to look after medals, cups, etc. If you don't get to win them any more (or even if you do) this is the way to stock your home with souvenirs. Seriously though, we urgently require a trophies Sec. Please apply to John Baker the Hon. Treasurer.

THROUGH TO BRITISH CUP SEMI'S

JUNE 22nd 1975 - WEST LONDON STADIUM - BRITISH ATHLETICS LEAGUE CUP.

At last! Fourth in 1973, third in 1974 and now Belgrave have reached the BAL Cup semi-finals with a well fought second team place at West London. The mark of a good team is the ability to overcome the team problems that always arise and still do well. We certainly had the problems, for of our fifteen team members only two had not competed the previous day in the league, and after warming up for the 100 metres, Steve White, down for four events including relays, had to pull out with a knee problem.

Only fifteen minutes after strolling into the arena Jim Evans was on the blocks for the 100m. With virtually no warm-up he did all that was asked of him and more, finishing 2nd behind the 10.7 of the Hillingdon runner and surely much closer to him than his 11.3 suggested.

Early points were piled up by Reg Hopkins who placed 2nd over 400mH to Hillingdon's Shirley and then won the long jump. Alan Black cantered to an easy 5000m win and Paul Whitby again scored heavily in the high hurdles. With only two teams to qualify though, it was a close battle and Mitcham, Belgrave and Hillingdon (National League Div.1) took turns to head the race for points. Charlie Gillett chipped in with an emergency 400m as Martin Scott took on Steve's mantle in the 200m and both were on or near their seasonal bests. Equalling his previous day's 1.85, Cliff Brooks was again jumping well.

John Bicourt's clear steeplechase win was followed by Laurie O'Hara's determined 10,000m run - what a hard way to score points and only the previous weekend he had been tackling 25km on the road in Belgium. Another mighty heave by Peter Crosbie kept us in contention and it all hung on the relays. We didn't have to win them but we did have to beat Mitcham.

A false start by Martin Scott had spectators biting their finger nails but at the second attempt they were away and sure enough Brooks, Gillett and Evans chased Hillingdon hard and gained 2nd spot. Now the 4 x 400m. The National League club went away only to be disqualified as Mitcham and the Bels ran together for the first two laps. Charlie Gillett prised a gradually opening lead on leg 3 with an estimated sub-50 clocking and with Martin Scott to follow we made it!

Our semi-final is to be held on Sunday, August 10th - venue uncertain as yet but possibly Crystal Palace, Cwmbran, Kirkby or Gateshead. We will need all our top men in their best events to survive.

100m: 2. J.Evans 11.3. 200m: 3. M.Scott 23.0. 400m: 2. C.Gillett 50.7. 800m: 3. J.Stow 1:59.2. 1500m: 3. C.Pearson 4:11.8. 5000m: 1. A.Black 15:30.6
10,000m: 3. L.O'Hara 31:42.4. 110mH: 2. P.Whitby 16.1. 400mH: 2. R.Hopkins 58.1. 3000mSC: 1. J.Bicourt 9:21.8. 4x100m: 2. Bels (M.Scott, C.Brooks, C.Gillett, J.Evans) 44.1. 4x400m: 1. Bels (P.Tee, R.Hopkins, C.Gillett, M.Scott) 3:25.8. LJ: 1. R.Hopkins 6.51. HJ: 3. C.Brooks 1.85. TJ: 4. S. Crosbie 12.55. PV: 4. C.Brooks 3.20. DT: 3. C.Brooks 36.74. HT: 4. W.Couzens 30:38. JT: 2. P.Crosbie 54.52. SP: 3. C.Brooks 12.35.

Match Result: 1. Hillingdon AC 142pts; 2. BELGRAVE H 135pts; 3. Mitcham AC 131pts; 4. Hercules Wimbledon AC 108pts; 5. Surrey AC 93pts.

S.G.A.A.A. Champs

JUNE 28th 1975 - CRYSTAL PALACE.

400m heats: 2. C.Gillett 51.0. 1500m: heats 5. J.Stow 3:52.4; 10. C.Pearson 4:10.9. final 9. J.Stow 3:55.0. 110mH: heats 4. P.Whitby 15.9. 5000m: J. Bicourt 14:09; L.O'Hara 14:55. LJ: final 5. M.Scott 6.81; 6. R.Hopkins 6.75
TJ: S.Crosbie 12.20.

LATE NEWS:

The fourth league match for 1975 resulted in another win for the Bels. taking them up to sixth place overall. Highlights included 22.9 for Charlie Gillett and 23.1 for Jim Evans over 200m, 49.8/400 Steve White, sub-50 from Steve and Charlie in the 4x400, 14:35.0/5000 from John Stow, 13.21/TJ from Steve Crosbie, 3.35/PV from Reg Hopkins

WALKING

The prospects of winning a National this year look rather bleak, with three down and one to go despite our progressive strength in depth. It has been extremely encouraging to have seen the turn-out in some of the recent races and being able to finish teams in the National 20 miles and the Vauxhall 10km on the same day.

On January 25th Allan Callow competed in a 5,000m track walk during the New Zealand Games. He took the lead after 1 km but lost a shoe in the tightly packed bunch and after taking time out to replace it, clocked 24:09.2 for 5th. A week later, however, he gained his revenge by winning a 10,000m track event by over 2½ minutes with a time of 48:45.6.

Shaun Lightman (Met WC) had an incredible weekend over the spring holiday. He won the Leicester Mercury 20 Miles on the Saturday, and then collected the Inter-Counties double at Crystal Palace on Sunday May 25th/ Monday May 26th with 45:08 for 10km and 12:45 for 3km. Carl Lawton was no less busy even if he didn't gain any wins when he followed up his 9th at Leicester with 4th 46:08 and 5th 13:24 at the Palace. L.Dick placed 11th in the 10km event with 48:38.

Ray Middleton was placed second in the Southern Area 50km event at Basildon on June 21st. He recorded 4:50:15 behind Bob Dobson's 4:42.

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National '10'

MARCH 15th 1975 - BRIGHTON.

After being holders last year Belgrave said farewell to any chance this year with a seventh placing on this seven lap course. Best placed was Carl Lawton a distant 4th.

1. O.Flynn (Basildon) 71:15; 2. B.Adams (Leics) 71:38; 3. R.Mills (Ilford) 71:59; 4. C.Lawton 74:10; 33. R.Middleton 80:39; 44. J.Hall 82:06; 45. A. Lucas 82:07; 52. M.Lewin 82:50; 67. J.Bromley 84:49; 72. J.Dunsford 85:00; 78. M.Scammell 85:51; 86. D.McMullen 86:30; 107. D.King 89:30; 144. J.Keown 95:30; 148. J.Morris 96:49; 157. G.Beecham 99:27.

Teams: 1. Ilford 40pts; 2. Southend 51pts; 3. Brighton & Hove ; 7. BELGRAVE H 107pts.

MARCH 29th 1975 - WEST LONDON - A.A.A. 10Km TRACK WALK.

1. B.Adams (Leics) 42:40; 6. C.Lawton 46:30; 14. R.Middleton 49:36.

Junior 3Km. 1. R.Tanner 14:24; 6. N.Greaves 16:17.

APRIL 5th 1975 - BATTERSEA PARK - METROPOLITAN W.C. 20 Km.

1. P.Selby (Surrey WC) 93:56; 2. A.Buchanan (Brighton) 94:07; 3. C.Lawton 96:24; 8. J.Hall 101:58; 14. D.McMullen 112:37; 35. D.Fotheringham 113:57; 46. J.Keown 119:36; 49. J.Morris 121:49.

Teams: 1. Surrey WC 16pts; 2. Brighton & Hove 17pts; 3. BELGRAVE H 25pts.

Junior $3\frac{3}{4}$ miles. 1. G.Morris (Steyping) 28:10; 3. R.Tanner 28:38; 11. N. Greaves 32:03; 12. S.Sharp 32:04.

Teams: 1. BELGRAVE H 10pts; 2. Surrey W.C. 11pts.

SURREY 10km

APRIL 9th 1975 - BATTERSEA PARK.

1. P.Selby (Surrey WC) 47:34; 2. B.Imber (Surrey WC) 48:47; 3. R.Tanner 49:00; 5. J.Bromley 51:42; 6. M.Yates 51:55; 11. D.McMullen 53:59

Middleton again in Belgrave '20'

APRIL 19th 1975 - WIMBLEDON.

1. R.Middleton	2:56:29	6. C.Flint (LU)	3:30:39
2. J.Hall	3:03:04	7. W.Parsons (LU)	3:37:34
3. D.King	3:19:02	8. J.Morris	3:40:04
4. J.Keown	3:28:37	9. R.Day	3:41:05
5. G.Beecham	3:29:42	10. C.Gittens	3:56:20

A Belgrave trio competed with some success in Rotterdam on June 8th. The distance was 10km and Juniors Martin Lewin and Bob Tanner gained 1st and 2nd in the 'A' event, whilst T.Thorogood was placed 2nd in the 'B' race.

In the Middlesex Championships on June 7th/8th at Haringey, Steve Sharp and John Dunsford Jnr. provided Belgrave with two winners in the Junior and Youth 3 km events. In the Senior 10km John Hall placed 2nd and John Dunsford Snr. was 5th.

Down Featherbed Lane

FIRST AND SECOND IN COUNTY 10m CHAMPS.

FEBRUARY 22nd 1975

SURREY - SELSDON.

This year's S.C.A.A. Ten Miles Road Walking Championship was held from Surrey W.C. headquarters at Selsdon. Our numbers were weakened by the absence of John Bromley, still suffering from the effects of an accident, but on the course to give support.

As the field settled down to tackle the uphill slog to Warlingham they were led by Paul Nihill and Carl Lawton, then along past Chelsham and Farleigh to the half-way mark where Paul was opening up a lead. Dick Tanner and Ray Middleton were walking together in fourth place followed by a host of Surrey W.C. vests. Then came the rest of our team interspersed with more opposition vests. After a few twists and turns the road descended amidst some woods into Featherbed Lane and a long downhill back to a roundabout and a left turn to the finish.

Nihill had come under the judges ban leaving Carl with a precarious lead on the popular Peter Selby (Surrey W.C.) which he maintained to the finish. Then a long wait - where were Ray and Dick? Were they lost? The resourceful Ray had asked a bus driver the way to the finish. Dick pipped him for third place, then came the Surrey W.C. hordes and we began to count the points. Could our fourth man do it? After a great effort Dave McMullen finished twelfth to give S.W.C. and ourselves 20 points each, Surrey gaining the day by the higher placing of their fourth man.

Our President, hot-foot from the morning's jumble sale walked his usual determined and stylish race, and other stalwarts who between them have won many awards for us in the past, closed in. Congratulations to Dick on gaining his first county medal but what of Dave McMullen who added yet another to his tally. When asked how many county medals he had, he couldn't say, which isn't surprising as he won his first one in 1939. What a man!

Many years ago Featherbed Lane was a winding lane which led to a road high up on the Surrey hills. Subsequent building operations are approaching it but the delightful name persists. Goodnight!

G.S.D.

1. C.Lawton 75:14; 2. P.Selby (Surrey WC) 75:41; 3. R.Tanner 82:01; 4. R. Middleton 82:10; 12. R.McMullen 88:04; 16. R.Hall 91:51; 20. J.Morris 97:39; 22. J.Keown 98:09.

Teams: 1. Surrey WC 20pts; 2. BELGRAVE H 20pts.

MIDDLESEX CHAMPIONSHIP - ENFIELD.

1. S.Lightman (Met. WC) 79:03; 4. A.Lucas 81:28; 5. M.Lewin 81:40; 6. J. Hall 82:05; 8. J.Dunsford 84:45; 12. D.King 88:54; 15. D.Fotheringham 89:08

Teams: 1. BELGRAVE H 23pts; 2. Enfield 30pts; 3. Metropolitan WC 31pts.

BELS. WIN INAUGURAL S.R.W.A. 10m

MARCH 1st 1975 - BATTERSEA PARK.

1. S.Lightman (Met. WC) 74:03; 2. C.Lawton 74:06; 3. R.Dobson (Southend) 74:52; 9. J.Hall 80:51; 10. R.Middleton 81:03; 14. L.Dicks 82:42; 17. J. Dunsford 83:08; 34. D.Fotheringham 87:59; 42. R.Picton 89:32; 63. J.Keown 97:09; 64. J.Morris 97:18.

Teams: 1. BELGRAVE H 29pts; 2. Surrey WC 69pts.

Junior 6 miles. 3. M.Lewin 47:16; 7. M.Yates 51:37; 12. S.Sharp 53:29; 14. S.Bennett 55:57; 17. J.Scammell 58:22.

Youths 2½ miles. 2. J.Dunsford 20:58.

SURREY & KENT 20 MILESAPRIL 26th 1975 - WEST WICKHAM, KENT.

1. P.Selby (Surrey WC) 2:44:58; 2. E.Ardley (Tonbridge) 2:46:25; 3. C. Lawton 2:48:10; 4. R.Middleton 2:48:11; 25. J.Keown 3:23:34; 26. J.Morris 3:23:49.

Teams (Surrey Champ): 1. Surrey W.C. 16pts; 2. BELGRAVE H 34pts.

Lawton just takes 'Elsion Cup'APRIL 30th 1975 - BATTERSEA PARK - CLUB 10,000m TRACK WALK CHAMPIONSHIP.

1. C.Lawton	48:32	11. D.Miller	53:55
2. L.Dick	48:43	12. R.Picton	54:02
3. M.Lewin	49:06	13. R.McMullen	54:12
4. J.Hall	49:28	14. S.Sharp	54:24
5. R.Tanner	50:33	15. D.Fotheringham	54:56
6. J.Bromley	52:29	16. S.Bennett	55:10
7. J.Dunsford Snr.	52:49	17. N.Greaves	56:24
8. D.King	52:58	18. R.Day	57:01
9. J.Dunsford Jnr.	53:34	19. J.Morris	60:25
10. D.Thorogood (MP)	53:55		

Handicap: 1. R.Day; 2. D.King.

MAY 3rd 1975 - WIMBLEDON PARK - SURREY COUNTY 3Km CHAMPIONSHIPS.

Seniors. 1. C.Lawton 13:14; 2. P.Selby (Surrey WC) 13:42; 3. B.Imber(Surrey WC) 14: .

Juniors. 1. R.Tanner 13:54 (Championship Best Performance); 3. N.Greaves 15:13.0.

3rd in National 20kmMAY 10th 1975 - COVENTRY.

Progress can be slow at times but surprises do occur. A disappointing 7th in the National '10' through nobody's fault was overcome with a 3rd in the National 20 kilometres through good packing. Carl Lawton was at one time in 9th position but fell back dramatically to 24th. Meanwhile Richard Tanner and John Hall were relentlessly pulling back the opposition to clinch their first National medals. Ray Middleton, having another of his worst races for a long time, was back again in the scoring team.

1. O.Flynn (Basildon) 88:58; 2. R.Mills (Ilford) 89:28; 3. B.Adams (Leics) 91:54; 24. C.Lawton 100:59; 35. J.Hall 102:49; 36. R.Tanner 103:10; 40. R. Middleton 103:25; 60. L.Dick 106:51; 77. J.Bromley 108:49; 87. J.Dunsford 109:48; 136. J.Keown 119:52.

Teams: 1. Southend 36pts; 2. Sheffield 53pts; 3. BELGRAVE H 101pts.

LEICESTER MERCURY 20mMAY 24th 1975.

1. S.Lightman (Met) 2:39:53; 2. A.Banyard (Southend) 2:40:10; 3. R.Wallwork 2:45:06; 9. C.Lawton 2:51:00; 19. J.Dunsford 2:57:57; 25. J.Hall 3:00:15; 26. J.Bromley 3:00:23; 67. R.Picton 3:16:59; 70. J.Keown 3:18:23; 94. R.Day 3:28:27; 110. B.Eglinton 3:36:28.

Teams: 1. Leicester 34pts; 2. BELGRAVE H 47pts; 3. Surrey WC 51pts.

Handicap: 4. J.Keown.

TRACK LEAGUE QUALIFYING ROUNDMAY 31st 1975 - BATTERSEA PARK .3km: 1. D.Stevens (Southend) 13:26; 2. D.Johnson (Brighton) 13:38; 3. J. Hall 13:41; 5. L.Dick 13:52; 7. J.Dunsford, Jr. 14:49.10km: 1. D.Holly (Brighton) 48:09; 2. M.Lewin 49:06; 4. R.Middleton 49:45; 7. R.Tanner 52:02.5km: 1. A.Buchanan (Brighton) 22:29; 2. C.Lawton 23:15; 5. M.Yates 25:02; 7. J.Dunsford, Sr. 25:28.Junior 2km: 1. Martin (Brighton) 10:05; 10. D.Bennett 11:51.

Teams: 1. Brighton & Hove 90pts; 2. Surrey WC 76pts; 3. BELGRAVE H 74pts.

LAMBETH 5m WALK REGAINEDJUNE 10th 1975.

1. S.Gower (Ilford) 36:40; 2. C.Lawton 37:08; 7. J.Hall 39:07; 11. R.Tanner 39:55; 16. J.Bromley 40:58; 17. J.Dunsford, Sr. 40:59; 26. J.Dunsford, Jr. 42:01; 27. M.Yates 42:04; 30. D.McMullen 42:53; 32. S.Sharp 43:09; 37. D. Fotheringham 43:29; 42. R.Day 44:23.

Teams: 1. BELGRAVE H 20pts; 2. Brighton & Hove 25pts; 3. Steyning 29pts.

National 20 mJUNE 14th 1975 - ISLE OF MAN.

The first home National Championship to be held overseas. That was the prospect of the National 20 Miles. Belgrave ventured across the water with an 18 strong contingent - 11 walkers, 4 wives, 2 youngsters and 1 President.

Held on a 4½ mile course in the late afternoon, the earlier part of the day being spent time-wasting, an uneventful race progressed with Bob Dobson (Southend) being the eventual winner. Bel's first man home was again Ray Middleton who had passed a slowing Carl Lawton at 16 miles. John Dunsford followed and then John Hall (at last) dipped under 3 hours. P.B's were also produced by Bob Picton and Ron Day. In spite of all this we could only finish 5th team.

The race was followed by a buffet supper and a long trip home after an enjoyable weekend.

Meanwhile over at Luton our reserves were sweeping up in the Open 10km by taking first team place as well as fourth scorer Dave McMullen taking the Vets award.

1. R.Dobson (Southend) 2:36:26; 2. R.Thorpe (Sheffield) 2:37:09; 3. J. Warhurst (Sheffield) 2:38:21; 12. R.Middleton 2:49:49; 24. C.Lawton 2:55:15; 29. J.Dunsford 2:58:32; 32. D.Hall 2:59:39; 44. J.Moullin 3:03:06; 74. D. King 3:11:47; 83. R.Picton 3:13:21; 96. R.Day 3:18:02; 97. J.Keown 3:18:07; 112. M.Yates 3:25:01.

Teams: 1. Sheffield 28pts; 2. Southend 47pts; 3. Brighton & Hove 66pts; 5. BELGRAVE H 90pts.

JUNE 14th 1975 - LUTON - VAUXHAL MOTORS OPEN 10km.

1. R.Chaplain (Nomads) ; 4.M.Lewin; 6. R.Tanner; 8. J.Dunsford; 11. D. McMullen. Times not available.

Teams: 1. BELGRAVE H.

SUBS

became due on July 1st. See 'Notice Board' for new rates.

from the Belgravian ...

... 25 years ago

SIX MILES IN THE HOUR - INVITATION WALK

So successful was the talent spotting walk we organised on January 21st, when 57 competitors succeeded in beating the hour over 5 miles, that a good entry was ensured for the event which followed it as a natural sequence i.e., an invitation to walk six miles over the same course in the hour.

At Wimbledon on April 29th 32 competitors attempted this more difficult task and of the 26 who finished, no fewer than 21 succeeded..... Rolfe, Glover Jones and Hall are members of the Club and their vast improvement, coupled with the fact that Belgrave filled the first four places, speaks exceedingly well of the Club coaching.

The race for first place was close indeed, with three men in the lead together for about $4\frac{3}{4}$ miles. Then Rolfe cut out the pace and eventually won by about 70 yards with the third man 50 yards further back.

Quite the tit-bit of the race was the tussle between C.Young (Essex Beagles) and R.Linstead (Belgrave), who finished together in 13th and 14th positions. These boys are both $15\frac{1}{2}$ years of age. Young, the shorter, has been taking part in walking races for some time past and has a most pleasing style. It was Linstead's first effort, but he is a good deal taller and, having been out with the junior runners, was accordingly quite fit. Barely a yard separated them from beginning to end..... considering their ages, the time they achieved was truly remarkable.

1. F.G.Rolfe 54:31; 2. G.E.Beecham 54:52; 3. R.G.Glover 55:11; 4. E.W.Hall 55:30; 10. J.Downs 56:01; 12. D.W.Jones 56:40; 14. R.Linstead 56:46; 17. D.B.Morgan 57:56.

COUNTY CHAMPIONSHIPS, MOTSPUR PARK, JUNE 3rd 1949...

Bill Lucas, who was holder of the mile title, stood down from this event and ran in the 3 miles race, in which the holder, Len Herbert, did not turn out. Bill ran a very fine race and although doing most of the leading he had Broughton, of Blackheath, always on his shoulder, and they gradually dropped Kerridge, of Herne Hill H. Over the final half-lap Bill came away in fine style and although his time of 14mins. 52.2secs. is well behind Len Herbert's record of 14:38 made last year, it was nevertheless a very sound performance.

... and 40 years ago

A.A.A. CHAMPIONSHIPS 1935.....

All present on the Saturday were impressed by the performance of Jim Ginty in the 2 miles Steeplechase, and his spirited running against George Bailey of Salford, who eventually triumphed in very good time. Here, we thought, England has two of the finest steeplechasers she has ever been able to call upon. Reference to the records showed us that in the eighteen years that the times have been taken in this event, Jim's time (10 min. 29.8 secs.) had only been beaten twice, one occasion being when Iso Hollo, the Finnish world's record holder, had taken the title in 1933. Here we thought, England has two men who will do well against France on July 27th, and against the rest of the world at Berlin in the 1936 Olympiad.

But in some unaccountable way, despite the fact that the first two Englishmen were religiously chosen in all other events for the match v. France, the second string in the Steeplechase was announced as "A.N.Other".

TOMMY GREEN

by PERCY WRIGHT

Tommy Green, one of the greatest, some would say the greatest Belgravian ever, is no more. He died on 1st March just two days before his 81st birthday. Tommy had been seriously ill for some time in hospital after collapsing in an Eastleigh street.

In his early days Tommy was in the army, joining the Royal Hussars, from which he was invalided out in 1910 when a horse fell on him. For a while he worked in a butcher's shop but when the 1914 war broke out, he was called up as a reserve and sailed to France with the Expeditionary Force. He was wounded three times and badly gassed. At the end of the war he had various jobs until finally joining the railway in the wheel shop at the Eastleigh Works, where he worked for 17 years.

Tommy was interested for some time in amateur boxing, but on the doctor's advice took up athletics to counteract the German gas that was still in his lungs. He did a little running and then became a walker almost by accident. He was helping a blind friend in a St. Dunstons event, and his friend advised him to take up the sport. He entered the Worthing to Brighton race over 12 miles and to his surprise won the event.

He joined Belgrave Harriers in February 1927 and from then on his progress was astronomical, taking National titles and in 1932 the Olympic Games 50 kilometres event held in Los Angeles.

The Olympic race was contested in an exceptional heat wave with the tar on the roads melting during the event so that the competitors' shoes sank into the muck causing considerable distress to most walkers, but the Belgravian reached the finishing line some three-quarters of a mile ahead of the second walker, Dalinsh of Latvia. Tommy's winning time was 4hrs 50 mins 10 secs. Frigerio of Italy, a strong favourite to win, was third.

Tommy probably did more for Race Walking during his career than anyone else before him. His facial features gave the impression that he was smiling even when suffering, and he became known as "Smiling" Tommy. Thousands would line the roadside of the longer distance events just to watch him go by.

The Brighton Road was his favourite route and he recorded four wins in the classic London to Brighton race, his first in 1929. He completed a hat-trick of victories the following two years and then lost out in 1932 after a terrific struggle with Ludlow of Derby, the latter breaking the course record set by Tommy in 1930 with 8hrs. 2mins. 55secs.

In 1933 Tommy regained the title with a time of 8hrs..1min. 19secs., just 13 seconds short of the record. A faulty watch was blamed for this narrow failure and there seems little doubt that with correct advice Tommy could have regained the record.

The Manchester to Blackpool race was completely dominated by Tommy who won the event six times in a row from 1929, taking two large cups for his own. His sixth victory was in 1934 and the event was not held again until 1949! Another favourite event for the Belgrave walker was the "Bradford", over a circular route of just over 32 miles. Victories went to Tommy in 1930, 1932 and 1933.

Open events won by Tommy were so numerous that it is difficult to record or even remember them all but included can be mentioned the Hastings to Brighton Croydon to Godstone and others.

Although Tommy won most major events, including the National title at 50 Km, he never satisfied an ambition to win the National 20 miles. Twice he was second and once third but victory always escaped him. It goes without saying that Tommy as a member of the winning Belgrave team was always in the awards, and together with his close companions of those days Fred Rickard and Fred Bentley, provided an unbeatable trio. When the fourth or backing up walker was needed, then Jack Bidgood was there.

In and around Eastleigh there are numerous "Tommy Green" and "T.W.Green" trophies to be contested, for Tommy gave away many of his vast collection of cups. Many had come from other lands and awards included presentations from Hitler and Mussolini.

Tommy completed his walking career at the age of 54 and many will remember his "Victory" walk at the end of the war, when he helped finance a celebration event which had almost every Eastleigh resident out watching. By this time Tommy was well established as a publican at Meadowbank Hotel (now the Golden Hind), which he later left to take over the Crown Hotel.

Many offices were held by Tommy Green in the sporting world. He was President of the Eastleigh Cricket Association and was connected with the Southampton & Eastleigh Athletic Club. He held high offices with the Freemasons, and one of his last public appearances was in October 1974 when the Fleming Sports Centre (Eastleigh) was opened by Mary Peters.

My apologies that I am not able to give full justice to this great Belgravian. One regrets that Alf Harley is not here to record Tommy's fine achievements. Ray Hall and myself attended the funeral held at the Parish Church in Eastleigh.

A Reader Writes ~

Chris Fairfield, a member of 17 years standing, is now captain of Streatham Ice Speed Skating Club, and says that he has taken to that sport like a duck to water. A lot of hard work on his part has kept his club going through a lean patch and they now have a reasonably stable team with 25 racing members.

Chris writes to communicate his feelings on two articles in the last mag.

"From The President" I agree with all he says though some may think I am one of those responsible for not attending meetings - skating takes nearly all my time. I know from experience the problems; the lethargic attitude is also experienced in my skating club.

"Points" The former President Chas. Manning has fired poisoned arrows at Gordon Biscoe, without allowing for the attitudes of everyday members. After all, he has no say on the way they think and it is their enthusiasm or lack of it that will settle the future of a club as famous as Belgrave. So I wish to make an appeal to Chas. Manning and all other members. Do not criticise people like Gordon but get behind him and give him and the President your support.

Gerry North rated top cross country runner

Peter Matthews of the National Union of Track Statisticians calculates that Belgrave's Gerry North is the most consistent cross country runner that Britain has produced since the War.

Scoring 50 points for 1st place in the National Championship down to 1 point for 50th, Gerry emerged way at the top of the list with 507 points and the following impressive string of National runs:- 1959-12th, 60-4th, 61-3rd, 62-1st, 63-12th, 64-6th, 65-10th, 66-4th, 67-48th, 68-11th, 69-10th, 70-17th, 71-18th, (also 73-86th, 74-108th, and in the Junior race 56-4th, 57-1st).

The rest of the top ten - Frank Sando 454, Mike Turner 446, Basil Heatley and Ron Hill 423, Fred Norris 352, Gordon Pirie 342, Roy Fowler 340, Alan Perkins 324, Bruce Tulloh 317.

This year's National winner Tony Simmons ranks at 22nd with 243.

FURTHER NOTES ON TOMMY GREEN'S CAREER BY JOHN KEOWN

"His amazing versatility, pleasing personality, and high sense of sportsmanship have endeared him to all athletes; and his popularity is evinced by the universal use and frequent reference to "Tommy" in conversation wherever sportsman gather together."

(Extract from the official R.W.A. Report 1933-34).

"Considered the greatest road walker the world ever produced. Over six years unbeatable and no other ever displayed greater powers of endurance. His numerous successes, not only here but abroad, commanded respect for he ever conducted himself as a sportsman and a gentleman."

(Extract from a Northern newspaper - 1932).

"A year ago or so his name was coupled with that of Lord Burghley's when the two most popular personalities in amateur sport were named. Green is the perfect long distance road walking machine. His strong suit is always the way he maintains speed throughout his races."

(Extract from a Race Programme - 1933).

The above extracts show the high regard which officials, the public and the press had for Tommy Green both as a walker and a person. No walker in the history of the sport achieved so much in such a short period of time. He was one of the all time greats of the sport of race walking and became a legend in his own lifetime. He was a true Belgravian as well as a great sportsman. Besides winning individual honours in the Club colours, he led our teams to success in many National Championships and long distance races.

Tommy began race walking in his middle thirties at an age when most athletes are content to look upon their past endeavours. He immediately became a 'star'. Between 1926 and 1935 he won every major long distance race in excess of 20 miles in this country and abroad including the Olympic 50km Walk at Los Angeles. He was a great competitor who never failed to give of his best. Today, some 40 years after his racing career ended, few if any walkers could undertake a racing programme as testing as that undertaken and successfully completed by Tommy.

The only major title which he failed to win was the National 20 miles Championship. Tommy was placed three times in this event. In 1930 at Derby he finished 3rd behind A.E.Plumb (North London H) and T. Lloyd Johnson (Leicester WC). Two years later at Fort Dunlop near Birmingham he finished second to Plumb when the latter won with a World best time of 2h 48m 38s. At Crystal Palace the following year Alf Pope (Woodford Green) snatched victory from Tommy in the last mile.

Tommy Green's major wins included the following:-

1927	1931 continued.
National Junior 10m 81:53	Manchester - Blackpool 50 $\frac{1}{2}$ m 7:49:19
1929	London - Brighton 52 $\frac{1}{2}$ m 8:05:43
'Guildford Cup' 50km 4:47:21	Nottingham - Birmingham 55m 8:59:45
Manchester - Blackpool 50 $\frac{1}{2}$ m 7:56:55	1932
London - Brighton 52 $\frac{1}{2}$ m 8:15:41	Leicester Mercury 20m 2:55:52
1930	OLYMPIC 50km, LOS ANGELES.. 4:50:10
Croydon - Godstone & back 18 $\frac{3}{4}$ 2:41:41	Sunderland - Darlington 31 $\frac{3}{4}$ 4:42:51
Bradford Open Walk 32 $\frac{1}{2}$ m ... 5:04:14	Bradford Open 32 $\frac{1}{2}$ m 4:49:01
National 50km (inaugural).. 4:35:36	Norwich - Ipswich 42m 6:38:37
Sunderland - Darlington 31 $\frac{3}{4}$ 4:52:39	Manchester - Blackpool 50 $\frac{1}{2}$ m 7:50:27
Hastings - Brighton 37m.... 6:00:35	1933
Manchester - Blackpool 50 $\frac{1}{2}$ m 7:39:30.4	Bradford Open 32 $\frac{1}{2}$ m 4:59:20
London - Brighton 52 $\frac{1}{2}$ m..... 8:02:55	Norwich - Ipswich 42m..... 6:33:35
Nottingham - Birmingham 55m 8:41:02.6	Manchester - Blackpool 50 $\frac{1}{2}$ m 8:14:46
Milan International 100km..	London - Brighton 52 $\frac{1}{2}$ m 8:01:19
1931	Nottingham - Birmingham 55m 8:39:10
Croydon - Godstone & back 18 $\frac{3}{4}$ 2:41:22	Sunderland - Darlington 31 $\frac{3}{4}$ 4:41:51
Bishops 20m, Birmingham... 2:40:56	Hastings - Brighton 37m.... 5:51:25
Sunderland - Darlington 31 $\frac{3}{4}$ 4:45:20	1934
Hastings - Brighton 37m ... 6:06:54	Manchester - Blackpool 50 $\frac{1}{2}$ m 8:33:07
Norwich - Ipswich 42m..... 6:50:10	Nottingham - Birmingham 55m 8:46:06

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YOUNG ATHLETES

Our Youths and Boys have broken new ground this season by entering the Young Athletes League. This league consists of eight regions with eight clubs in each region and the winners of each division meet in a grand final at Crystal Palace on Sunday, 7th September - an event well worth seeing. Next year the league will cover the whole country and be sponsored by "Birds Eye". The competition is tough - very tough! The other seven clubs in our division are Herne Hill, Surrey AC, Reading, Bracknell, Feltham, Guildford & Godalming, and Surrey Beagles.

In our first fixture, at Redhill, we were rather feeling our way and we finished last of the eight clubs, but in the second fixture at Guildford we improved to sixth with an improved turn-out and maintained this at Reading in our 3rd match. We hope, in time, to consolidate a steady position in mid-league. It takes time to weld a team together but the lads are enthusiastic and the competition gives them the stimulus they need.

The team travels to fixtures by coach, which does a lot for team spirit. With every recognised event included in the programme (except the walks) the youngsters have shown keenness in trying their hands at new events to gain points for the Club. We still have to find a Youth pole vaulter able to clear a height, but Richard Danpure and Stephen Lane have both gained valuable points from the hammer circle and there have been other interesting combinations as well.

Although the league is principally for Youths and Boys, additional non-scoring events are put on for Colts. This not only helps to swell our numbers, but also gives the under-13's a taste of league atmosphere.

Training continues regularly at Battersea Park (Tuesdays, Thursdays and Sunday mornings) and at Wimbledon Park (Sunday mornings). Our training and competitions have produced much improvement all round and it is difficult to know where to stop in picking out names for special mention, so we will leave members to judge for themselves when scanning the results.

CLIVE SHIPPEN

Y. A. LEAGUE 1

MAY 4th 1975 - BATTLEBRIDGE, REDHILL.

Youths.

100m: 6. I. Beaumont 12.7. 200m: 7. D. Bailey 25.7. 400m: 6. D. Bailey 57.0. 800m: 5. R. Danpure 2:17.2. 1500m: 8. B. Marmion 6:11.5. 3000m: 8. B. Marmion 12:58.8. 100mH: 6. D. Bailey 17.0. 1500mSC: 4. A. Cook 4:47.0 (non-standard event). 4 x 100m: 6. Bels 52.8. 4 x 400m: 4:08.8. HJ: 6. A. Cook 1.45. LJ: 5. I. Beaumont 4.82. TJ: 3. I. Beaumont 11.81. SP: 6. R. Danpure 7.52. HT: 7. R. Danpure 17.91.

Senior Boys.

100m: 8. J. Mead 13.6. 200m: 7. M. Cain 28.0. 400m: 8. M. Munroe 67.3. 800m: 3000m: 8. J. Searle 11:51.8. 80mH: 5. P. Murphy 14.9. 4 x 100: Bels disq. PV: 1. M. Shippen 2.90. HJ: 6. P. Clay 1.20. SP: 3. R. Divito 10.44. DT: 7. R. Divito 15.18. JT: 2. M. Shippen 29.94. HT: 3. R. Divito.

Junior Boys (Colts) non-scoring.

100m: 5. D. Hicks 15.9. 200m: 5. D. Warley 34.7. 800m: 3. S. Shanks 2:33.0; 13. A. Byrne; 14. W. Hicks 3:36.0

Match Result: 1. Surrey AC 192pts; 2. Feltham 182½pts; 3. Bracknell 172pts; 4. Herne Hill 168pts; 5. Reading 140pts; 6. Surrey Bgls 132½pts; 7. Guildford & Godalming 99pts; 8. BELGRAVE H 95pts.

GOOD 'CHASING BY MICK MANNINGMAY 10th 1975 - ALEXANDRA PARK, PORTSMOUTH.

A small band of Youths and Juniors accompanied the senior Belgrave team to Portsmouth to contest the Festival Shield match for under-20s. Bearing in mind the youth of our team there were some good performances.

Michael Manning's 2,000 metres steeplechase proved the highlight. He did his normal trick of loping along at the rear of the field to start with and then working through until at the tape only eight tenths of a second separated him from the winner.

Youngsters David Bailey and Ivan Beaumont continued their sprinting rivalry and in spite of running in 'A' and 'B' strings both clocked almost identical times. Not content to sit on the sidelines for more than five minutes, David also joined in the 400 metres race as the competitors lined up.

Pete Gardner, feeling his way on the track after the cross country season, and Toby Staff (good to see him in action again) also competed and look likely to improve as the season unwinds.

100m: 5. D.Bailey 12.7; 5. I.Beaumont 12.8; 200m: 5. D.Bailey 26.3; 4. I.Beaumont 26.3. 400m: 4. T.Staff 57.8; 3. D.Bailey 58.0. 800m: 5. P. Gardner 2:18.0. 2,000mSC: 2. M.Manning 6:50.0. 4 x 100m 4. (P.Gardner, T. Staff, I.Beaumont, D.Bailey) 50.4.

Match Result: 1. Southampton 60pts; 2. Ilford 39pts; 3. Portsmouth 34pts; 4. Ryde 31pts; 5. BELGRAVE H 17pts.

MAY 24th 1975 - NORBITON - BANSTEAD COACHES TROPHY MEETING.

Juniors. 800m: A 4. T.Staff 2:09.8. 1500m: A 2. P.Gardner 4:42.2; B 1. T.Staff 4:54.5. JT: A 1. P.Crosbie 50.36.

Y. A. LEAGUE 2MAY 25th 1975 - GUILDFORD.Youths.

100m: 8. M.Farraday 13.7. 400m: 6. D.Bailey 58.7. 800m: 8. R.Danpure 2:20.0. 1500m: 7. S.Fletcher 6:22.6. 3000m: 8. B.Marmion 12:20.0. 100mH: 5. D. D.Bailey 16.9. 1500mSC: 3. A.Cook 5:06.2. 4 x 100m: 6. Bels 49.9. 4 x 400m: 7. Bels 4:09.0. HJ: 6. A.Cook 1.50. LJ: 3. I.Beaumont 5.57. TJ: 2. I.Beaumont 11.57. SP: 6. N.Yusaf 10.23. DT: 7. N.Yusaf 25.80. JT: 2. N.Yusaf 36.85. HT: 7. R.Danpure 16.09.

Senior Boys.

100m: 6. S.Lane 13.6. 200m: 7. M.Munroe. 400m: 8. R.Streatfield 87.1. 800m: 8. M.Cain 2:34.0. 1500m: 8. Bettinelli 7:05.5. 3000m: 8. J.Searle 12:04.4. 800mH: 5. M.Munroe 15.2. 4 x 100m 5. Bels 53.6. HJ: 3. S.Lane 1.40. LJ: 7. M.Munroe 4.17. PV: 1. M.Shippen 2.85. SP: 7. Bettinelli 6.64. DT: 6. M. Shippen 25.07. HT: 4. S.Lane 19.37. JT: 3. M.Shippen 31.59.

Match Result: 1. Feltham 219pts; 2. Herne Hill 186pts; 3. Surrey AC 185pts; 4. Bracknell 158½pts; 5. Reading 150pts; 6. BELGRAVE H 104pts; 7. Surrey Bgls 102pts; 8. Guildford & Godalming 96½pts.

MAY 28th 1975 - CHISWICK - INTER-CLUB MATCH.

Juniors. 200m: 5. D.Richards 27.4. Youths. 200m: 3. D.Bailey 25.1. Boys. TJ: 3. S.Wyld 7.64. JT: S.Wyld 13.03.

SUBS

became due on July 1st. See 'Notice Board' for new rates.

surrey championships

MAY 3rd/4th 1975 - WIMBLEDON PARK.

JUNIORS. Pentathlon: 4. R.McCrossen 2051pts (DT/25.96, 200m/24.9, JT/36.98 LJ/5.47, 1500m/5:52.6). 3,000m: 19. P.Gardner 10:31.0. 4 x 100m: 4. (D. Richards, P.Crosbie, P.Sullivan, R.McCrossen) 50.0. 4 x 200m: 3. (team as above) 1:43.0.

YOUTHS. Pentathlon: 4. D.Didino 1913pts (HJ/1.55, 200m/27.2, LJ/4.95, SP/10.74, 1,000m/3:32.3) 6. I.Beaumont 1812pts (HJ/ , 200m/25.9, LJ/5.33, SP/8.22, 1,000m/3:28.0). 4 x 100m: 3rd in heat (R.Danpure, I.Beaumont, D. Didino, D.Bailey) 49.5.

SEN. BOYS. JT: 1. S.W.Crosbie 28.92. 4 x 100m: finished 2nd but disq. (S. Fletcher, M.Munroe, M.Shippen, M.Cain).

5 records fall to Mark Shippen

Peter Crosbie takes another title

JUNE 3rd/5th/7th 1975 - MOTSPUR PARK

Mark always seems to really produce the goods when under pressure. As holder of the Surrey Senior Boys Pole Vault Championship he faced two boys who have vaulted higher than him this year. Each time the bar was raised Mark cleared after the other two - sometimes at the third attempt. Championship and personal bests came and went as the three of them went higher and higher until at 3.15 metres Mark went clear and the others failed. Not only had he retained his title adding 25 centimetres to his personal record, he was also the proud owner of the county record (up 22 centimetres), to say nothing of improving Belgrave's Junior, Youth and Senior Boys records for the second time this year. He also set a new Club record in the Long Jump - 5.42 metres - beating Ivan Beaumont's old distance of 5.38 metres.

Javelin thrower Peter Crosbie, in his first year in the Junior age group, demolished the opposition with 52.04 metres to gain another title. He now rates as Belgrave's regular number one with the spear, and has a best of 53.31 metres set in a school match where he also had the galling experience of throwing 59.52 metres only to have it doubtfully ruled an invalid throw. Other personal bests were set by David Bailey and Martin Munroe - both over 400m.

JUNIORS. JT: 1. P.Crosbie 52.04m. 800m: nq. P.Gardner 2:17.1; M.Manning 2:17.5.

YOUTHS. 400m: nq D.Bailey 56.6. 200m: nq D.Bailey 25.9. LJ: I.Beaumont 5.47
TJ: 7. I.Beaumont 11.92

SENIOR BOYS. PV: 1. M.Shippen 3.15m (Champ. Best). LJ: . M.Shippen 5.42.
400m: nq M.Munroe 63.5.

We are operating the A.A.A. 5 Star Award Scheme again this year, and all your best performances at the end of the season will be used to calculate your score in this competition. Further details in the next 'Belgravian'.

John Fernee's 13.2 equals the Senior Boys club record for 100 metres. He has gone faster than this but not since joining the Club. Mark Shippen's 80m hurdles time of 13.3 is also an inaugural SB club record. In fact our best times and distances are being updated so drastically that we will include a revised list of records for the two younger age groups at the end of the season.

JUNE 18th 1975 - TOOTING - INTER-CLUB MATCH.

100m: 3. D.Nurthen 12.6. LJ: 4. I.Nurthen 4.06. Match: 1. Herne Hill H
31pts; 4. BELGRAVE H 7pts.

Y. A. LEAGUE 3JUNE 22nd 1975 - READING.Youths.

100m: 7. P.Churchley 12.6. 800m: 6. R.Danpure 2:22.0. 3000m: 7. B.Marmion
13:10.6. 100mH: 7. B.Marmion 24.4. 1500mSC: 2. A.Cook. 4 x 400m: 7. Bels.
HJ: 6. R.Danpure 1.60. LJ: 5. I.Beaumont. TJ: 2. I.Beaumont 11.82. SP:
6. P.Churchley 8.64. DT: 8. A.Cook. JT: 7. R.Danpure 20.45. HT: 5. A.Cook
14.88.

Senior Boys.

100m: 6. J.Ferne 13.2 n/s S.Wahab. 200m: 7. M.Munroe 28.7 n/s M.Sinclair
30.5. 400m: 1. J.Ferne 59.9. 800m: 8. D.Hanks 2:41.0. 1500m: 8. P.Kelley
3000m: 8. J.Searle 11:32.4. 800mH: 3. M.Shippen 13.3. HJ: 7. D.Hanks 1.25.
LJ: 6. D.Hayter. 4.43; n/s D.Couzens 3.87. TJ: 6. M.Munroe 9.71. PV: 1.
M.Shippen 2.63. SP: 6. D.Warren 8.67. DT: 6. D.Warren 21.00. JT: 7. S.W.
Crosbie 20.45. HT: 7. D.Warren 21.03. 4 x 100m: 7. Bels 54.9. 4 x 400m:
5. Bels.

Junior Boys (Colts) non - scoring.

100m: 5. G.Munslow 14.7; 6. P.Johnson 14.7. 200m: G.Munslow 30.7; P.Johnson
31.0. 800m: P.Headley 2:44.0

Match Result: 1. Feltham ; 2. Surrey AC;..... 6. BELGRAVE H; 7. Surrey
Bgl; 8. Guildford & Godalming.

At the Surrey Schools Championships at Motspur Park, Mark Shippen set a
Championship Best Performance in winning the pole vault with 3.10 metres.
The former record of 2.91 metres was set six years ago by the All-England
Schools winner. Adrian Cook was 3rd in the steeplechase and Rocco Divito
took part in the shot putt. Peter Gardner set a personal best of 4:32.0 in
the heats of the 1500 metres but found the going a bit harder in the final.

A Word From The Treasurer -

The Special General Meeting held on April 21st passed the resolution put
forward by the Committee to increase the subscriptions as from July 1st
1975. The new rates are:-

Seniors over 21	£5
Under 21 and over 17	£3
Under 17	£1
Honorary Members (minimum).	£2
Second Claim members	£3

Too many members are delaying paying their subscriptions and I would remind
them that all subs are due on July 1st and should be paid within six months
of that date.

You will find a pamphlet in this envelope requesting donations to our
bottle stall at the Merton Show on August Bank Holiday. This entails a lot
of work by a few members and helps to bridge the gap between subs and ex-
penditure. I hope you will all donate something even if it is only a can
of coke for the children's section.

J.V.BAKER

100 x 1 MILE RELAY



JUNE 29th 1975 - CRYSTAL PALACE.

1. R.Hall	5:37	34. J.Plummer	5:43	67. B.Marmion	6:02
2. P.O'Connor	4:46	35. M.Sinclair	6:07	68. P.Pringle	5:50
3. C.Lawton	4:59	36. S.Crosbie	5:35	69. L.Mann	4:43
4. J.Kelly	4:50	37. C.Dabbs	5:06	70. D.Drake	6:07
5. J.Dooley	5:29	38. R.Danpure	5:16	71. D.Crookes	5:08
6. S.Bennett	5:32	39. P.Crosbie	5:49	72. E.Pallent	5:32
7. C.Manning	5:49	40. J.Heathfield	5:43	73. A.Fairclough	4:51
8. J.Hilton	5:27	41. D.Brew	4:51	74. C.Henn	5:14
9. W.Matthews	5:33	42. P.Newall	5:00	75. B.Merry	5:29
10. R.Tanner	5:06	43. J.Evans	5:45	76. J.Baker	6:00
11. P.Whitby	5:20	44. J.Boardman	4:45	77. L.Coy	4:42
12. R.Langley	4:56	45. P.Gardner	5:03	78. I.Beaumont	5:40
13. N.Lewin	5:30	46. J.V.Baker	6:10	79. M.Best	5:10
14. D.Baines	5:12	47. D.McMillan	5:20	80. E.Thorp	5:27
15. R.Middleton	5:59	48. X.Yianni	5:24	81. A.Mead	4:57
16. N.Greaves	5:16	49. R.Price	5:24	82. J.Hamilton	5:31
17. G.North	4:42	50. W.Kerr	4:31	83. C.Brooks	5:24
18. S.Holmes	4:54	51. C.Gillett	4:44	84. J.Aska	5:52
19. J.Dunsford	J5:11	52. J.Stow	4:20	85. J.Rimmer	4:38
20. C.Shippen	4:55	53. G.Piddington	5:33	86. G.Pearson	5:44
21. J.Dunsford	S4:58	54. E.Stimpson	6:49	87. R.Hopkins J	5:07
22. M.Scott	4:50	55. S.Barratt	4:57	88. J.Searle	6:05
23. R.Day	5:43	56. B.Sawyer	4:52	89. J.Flynn	5:20
24. S.Sharp	5:45	57. D.McMullen	6:39	90. F.Paget	5:08
25. S.Forster	5:05	58. G.Irving	5:24	91. J.McDonald	6:08
26. N.Kirmatzis	4:45	59. D.Davies	5:06	92. M.Manning	4:54
27. B.Gorman	4:57	60. P.North	5:01	93. A.Black	4:30
28. J.Martin	5:28	61. D.Jardine	4:49	94. C.Walker	5:19
29. P.Gee	5:13	62. J.Dudman	5:16	95. J.Ferne	5:27
30. M.Smith	4:50	63. J.Davies	5:02	96. D.McLean	6:11
31. K.Stimpson	5:42	64. D.Bonser	5:32	97. C.Pearson	4:36
32. T.Hart	5:19	65. S.Lloyd	4:37	98. J.Bicourt	4:14
33. J.Wasbrough	5:15	66. D.Gordon	5:34	99. W.Laws	5:01
				100. L.O'Hara	4:31

At 23 venues throughout Great Britain, lead off runners from 44 clubs anxiously awaited the BBC time signal for 10.00am and the start of what some have called the greatest ever relay - 100 x 1 mile. The pips sounded and at Crystal Palace runners and all the pigeons in south east London alike were galvanised into action by the Royal Artillery's field gun. From West Cornwall to Edinburgh the race was on.

The event was expertly staged by Blackheath Harriers with the aim that some club somewhere would relieve Shore AC, New Jersey USA of their world record of 8hrs. 6mins. 14.8secs. - an average of 4:51.7 miling per man. Additionally there were fund raising schemes for clubs and for the British Olympic Association.

Gordon Biscoe bore the brunt of organization from Belgrave's viewpoint and one would imagine that it will be a long time before he gets involved in the like again. Apart from the efforts of informing 100 runners when and where the event was to take place and what legs they were to do, there were programmes to sell, inserts for programmes that showed up too late to be used, sponsor cards, and to cap it all a 20% drop out by team members during the week before. Perhaps some of our runners didn't like the idea of measuring up against fit walkers and field events men, plus the chance of being hammered by some extremely fast females from opposing mixed teams!

Our walkers set up some good marks before departing for a walking meet but it was Gerry North who was our fastest of the morning as the Bels hovered in 4th place, In sunny but increasingly windy conditions the race progressed

and by the 50 mile mark Sale H had gone into an overall lead. Bill Kerr improved our best to 4:31 on leg 50 and was almost immediately overtaken by John Stow who remained far and away our fastest until John Bicourt's 98th leg of 4:14.

The world record was taken by Sale H after 8hrs. 25mins. 24.8secs. (4:51.2 average) and eventually Laurie O'Hara sped down the home straight to bring the Bels home 10th in the country with 8hrs. 49mins. 17secs.

Cars to be restricted in Richmond Park ?

by our Environmental Correspondant

Those who enjoy a run in Richmond Park will be fully aware of the ever increasing volume of traffic carried on the park roads, much of which is not caused by visitors to the park but by travellers seeking a quick route or even trying to avoid congestion outside. On an October Thursday two years ago, for instance, a Richmond Council Survey has recently revealed, no fewer than 20,792 cars drove through the park!

Park Superintendent Michael Baxter Brown has some sweeping plans in mind, however. "My ambition is to get the motor car out of the park completely," he says, "and substitute some form of internal transport to enable visitors to get across and round it."

It is therefore no surprise to hear - and will be no sorrow to those who treasure the peace and quiet of Britain's largest enclosed park - that no new permanent car parks are to be built in the park, despite the increasing visiting traffic, especially on Spring and Summer weekends.

"More car parks would take even more of the park away than has already gone," explains the Superintendent, who confesses that the increasing traffic worries him even more than the persistent increase of Dutch Elm Disease. In addition, he feels that the traffic is actually damaging the park and the fumes from it are dangerous to the wildlife.

Needless to say, after Mr Baxter Brown's strong views were published in the local press, many deprecatory letters have also been printed.

".... more cars should be permitted..." "... the park should be there for all to enjoy, not just nature freaks, etc."

Perhaps a little should be given by both sides but one thing is certain; we harriers and strollers, whose limbs have not yet suffered atrophy through over dependance on the wheel and who enjoy the self knowledge that testing one's body amongst natural surroundings can bring, offer our hopes that Richmond Park, one of London's lungs, will not suffer any further encroachment by the motor menace.

John Blair-Fish writes from Edinburgh, and tells of his fell running plans for 1975.

He has already competed in three races this year; Camethy (9 miles/1,600ft) where he was 15th, Manx Mountain Marathon (30 miles/9,000ft) 4th in 4hrs. 57 mins. and half an hour down on the leading three, having moved through the field during the race, and Pendle Fell (3 miles/1,400ft) 35th.

At the Fell Runners Assoon. A.G.M. he took on the job of statistician. 'A' Category races count for the F.R.A. runner of the year contest and there are 24 such races throughout the year. The first 20 in each race obtain points and each runner's best 12 scores count for the award. Last year both 'A' and 'B' Categories counted in the scheme (John was 13th).

'A' races must have more than 250 feet gained or lost per mile, at least two thirds fell and must be very rugged.

