

The December 1991 Belgravian



The official gazette of Belgrave Harriers

Number 217

President of Belgrave Harriers 1991-92

From the President

It gives me much pleasure to be able say a few words about the great club to which we belong.

There have been a number of good and great achievements over the last twelve months by the youngsters and the middle and upper ranks of athletes who give the club its strength and depth. We have also seen the magnificent achievements of those at the top. The British League team were placed second this year and they won the GRE Cup from our great rivals Haringey. My congratulations to everyone who played their part in this outstanding team effort.

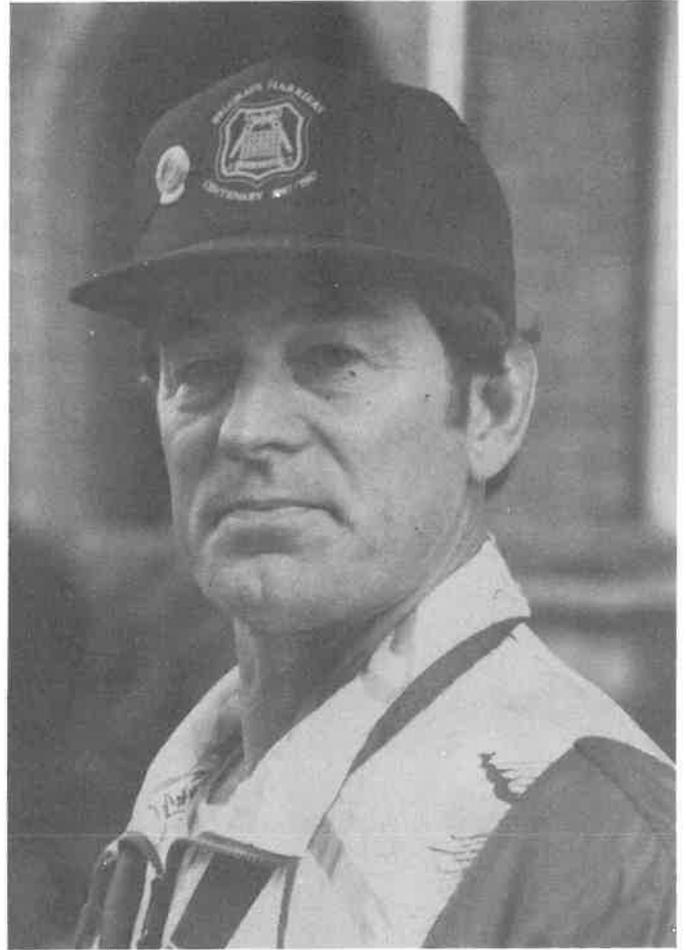
However, none of this can be achieved without the officials who organise meetings. The lack of officials is a problem which affects many clubs, not only ours. The officials at Belgrave are getting older and fewer in number as the years go by. We badly need new blood in this rewarding if onerous task. So whether you are a veteran athlete, a parent, or just an athletics fan, please come forward, get involved and help the club. Be a part of the future of the club and athletics. I can assure you that you won't regret it.

With the 1992 Olympic Games in Barcelona looming on the horizon, I should like to wish all those who win qualification to represent their country "good luck". I hope that all the hard work and dedication pays off with success. On behalf of all Belgravians, we wish you well.

And to all members, best wishes and good luck for the 1992 season.

Harry Porter

Harry Porter



Harry joined Belgrave in 1981 two years after he first brought his daughter Gail to join the club. At that time Derek Jones was Ladies Section Secretary as well as a Field Judge and Harry helped him, officiating at Women's Southern League meetings. In 1983 they pooled their resources and bought an old cast-off ambulance which, after a refit and respray, became the team bus.

In 1984 Harry succeeded Derek as Ladies Section Secretary. The following year Derek Crookes set up the Thameside League for under 15 year old boys and girls and since that time Harry, together with Derek Jones and Derek Crookes, have

organised and run the four Thameside meetings.

Apart from the Belgrave and Thameside committees, Harry also sits on the committees of the Middlesex Women's AAA, the Surrey Women's AAA and the newly amalgamated Surrey AAA.

Harry sees the future of the sport failing without support from local schools and without youngsters being given the opportunity to train and compete at club level. He sits on the London Schools Athletics Association Committee and was responsible for Belgrave hosting the very successful London Schools Track and Field Championships in June 1991. Harry has also run

the Belgrave inter-schools league for the past three years. This is a series of four mid-week meetings taking children from as many as eleven local schools to Battersea Park and involving up to 200 children at each meeting.

Harry is very committed in his loyalty to Belgrave Harriers and to athletics for youngsters. His enthusiasm and encouragement is infectious and he is well thought of and respected both inside and outside the club.

He will hold the Presidency with pride.

Sue Porter (unbiased!)



**Have you paid your
subscription ?**

**A Merry Christmas and a
successful 1992 to all members.**

**Last copy date for the next issue -
March 31st 1992.**

Semper Paratus



Founded in 1887

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The December 1991 Belgravian

The response following publication of the last "Belgravian" was extremely favourable. There seems no doubt that a club magazine is greatly appreciated and that it helps to bind members together, whatever their specialised interest in athletics and irrespective of how far they reside from Wimbledon or Battersea. Several people have gone as far as to make most generous donations for "magazine expenses". However, the club finances have suffered a couple of blows recently and our Hon. Treasurer tells us that costs all round are going to have to be looked at very closely, including that of "The Belgravian".

For some years now Mike Winch and Judy Oakes have been running their fitness clinic from Belgrave Hall and this has guaranteed a steady flow of income for the Club. Unfortunately, the pair have now decided to change their operating base and as a result the Hall is no longer resounding to the clash of weights with things being correspondingly quiet in the Hon. Treasurer's counting house. All this has come at a time when, for one reason or another, we do not have anyone in a position to administer Hall lettings, thereby losing even more income, and at a time when your Hon. Editors had planned to regularly saddle the Club with a healthy sized bill for the production of this magazine. Bad news eh? Obviously something has to be done and the Committee are doing some deep thinking about finances in general.

Fortunately for us all the appearance of this issue has been guaranteed by the extremely generous support of Mr. C.T. "Tom" Carter who has underwritten it's cost. Additionally, Bill Laws and Bill Couzens have sponsored the centre colour spread. We are very grateful to these tireless supporters of the Club.

And talking of tireless supporters and the Committee, it is, perhaps, worth thinking for a while about this group of people who meet on the evening of the third Monday in every month and who, in addition to the responsibility of organising things in their own section and/or getting on with their own training, have shown the commitment to put themselves in the position of steering the Club. The Committee is made up of ten Club members together with the current officers. They are men and women of all ages and from all walks of life. They have widely differing outlooks on life in general but one thing is for sure - they all have the future of Belgrave Harriers very close to their hearts.

Now it is not surprising that a group such as this will occasionally find that it's members

clash over what actually is regarded as being best for the Club. And of course the more deeply rooted an individual's love for Belgrave Harriers, the more passionate their arguments are likely to be. There is nothing wrong with this healthy state of affairs but it just needs to be borne in mind that a differing view point on any matter, perhaps even a view subsequently proved to be incorrect, is put forward in these circumstances for the best of motives. As long as this is appreciated all round, and particularly by protagonists, any problem can be surmounted.

We understand that several members received July 1991 "Belgravians" which contained a couple of blank pages. Please let us know if you were similarly unlucky and we will forward a replacement to you.

Keep "The Belgravian" going

If you are pleased with this magazine and would like to help to ensure its continued publication, what about contributing a small sum towards the cost of the next one? We are sure that you will agree that something like this would cost you around £1.50 in the newsagents. What about sending in a donation of a couple of pounds to either of the Editors (cheques payable to Belgrave Harriers) or, alternatively, pay them when you next see them. Addresses are on this page.

*Cover photos.
Front page: Ranked in the UK top 20 for 1991 over 5,000m and 10,000m with 13:41.27 and 28:56.69, winner of the three BAL 5,000m races he contested, Paul Evans is shown here on his way to 2nd place in the GRE Gold Cup final. Perhaps his greatest impact this year came in the marathon though, when he set a Club Record of 2:12:53 in the Carpi Marathon in Italy.
photo: John Burles
Back page: Paul Beaumont, pictured at the GRE Cup Final, ran 51.63 for 6th place in the AAA 400m Hurdles final, a club record as well as a PB. The winner of that race? Find him among the names in "Welcome" on page 4!
photo: Alan Mead*

"Athletic Types" by "Boofer"

From "THE BELGRAVIAN"

50 YEARS AGO November 1941

"The Second Annual General Meeting of the war period has come and gone. Thirty-six members were present. The Acting Hon. Secretary stated that there were 376 names on the club register; one hundred and twenty had notified him that they had joined the Forces. How glad those of us serving in H.M. Forces are to receive "The Belgravian" and to read of current happenings."

"At the Tooting Bec meeting on June 7th our Field Events Captain, Charlie Jones, won the Long Jump; and at Charlton Park on July 5th Tommy Morrell gained third place in the 1 mile handicap. An Open 2 miles Team Race was held at the Southern Junior Championships and in this our lads, Les Cohen, Charlie Smart and Tom Carter, tied for first team prizes with the Shaftesbury boys. As our chaps had secured premier team honours the previous season, they decided to let Shaftesbury have that honour this time; a gesture which was much appreciated."

25 YEARS AGO August 1966

"Once again our opening social of the season was given over to the music of Colin Bowden and his jazz band with the numbers increased from five to six. A competition judged by Colin Bowden to find the most idiotic dancer proved to be an overwhelming success for Howard Satchell, although this did not surprise some club members who considered he had a head start over everyone else. By the time 11pm approached the place was really jumping, the dancers only pausing to watch another of the now characteristic drum solos from Colin Bowden himself."

"Although a day late, November 12th will be Bill Lucas's remembrance day in future years. 1966/67 season is his year of office as President of the South of the Thames CCA and his election must have seemed especially rewarding on this occasion for, as a previous winner himself, he had the pleasure of presenting third individual medal to Brian Buxton and team medals to Belgrave Harriers. It would be interesting to know when a STCCA President last presented 5 of the medals to his own club."

Micky Pyer - another 1st !

On the 21st October 1991 **MICKY PYER** became the first ever Belgravian to reach 70 years

of unbroken membership. He has seen many eras come and go, and played no small part in our teams

Welcome to Belgrave Harriers

Sharif Abdel-Maaboud
Leslie Antoine
Myles Cottrell
Marco Mazzotta
Nina Mills
Malcolm Robinson
Benjamin Stark
Christopher Ewart
Jacob Hain

Samuel Hain
Stephen Harris (2nd-claim)
Simeon Hartwig
Mark Padfield
Max Robertson
Thomas Rolfe
Harry Tilbury
Samuel Tilbury
Laura Warbrick

Gary Staines wins "Tommy Green" Cup

Popular winner of this year's Tommy Green trophy is middle-distance star Gary Staines. The Club committee awarded the honour to Gary for his outstanding 27:48:73 for 10,000 metres at the Oslo Grand Prix Meeting in July, a new club record and an improvement on his personal best by 40 seconds. The event was won by Khalid Skah in 27:23:29 with Italy's Salvatore Antibo in close attendance. Gary placed 6th in the race, the second European home, and the first thirteen runners cracked 28 minutes.

Although he reached the final of the 5,000 metres in the World Championships in Tokyo, Gary was disappointed with his performance, finding the humid conditions very difficult. An asthma sufferer, Gary had breathing troubles in the heats and again in the final, for which the atmosphere was particularly oppressive.

He is now determined to get his preparations right for next year's Olympics in Barcelona. He has already made a welcome appearance in some of the club's cross country events using the races for conditioning, and plans to train at altitude, possibly in Colorado, during the winter. He has already organised a base in Spain from which he can acclimatise well before the Games begin in August.

of the twenties which did so much to prepare the way for their victorious successors of the thirties.

Micky was Club mile champion in both 1922 and 1923 and was

our 3rd scorer in the 1928 "National" behind Bill Webb and Bert Footer. His name also appeared on the Belgrave 7 miles and 10 miles cross-country trophies.

He became a qualified coach and made a valuable contribution towards the development of our younger athletes. In later years he became a javelin coach taking Peter Crosby through to a Surrey County title.

We congratulate Micky on yet another "first" and look forward to more celebrations on his 90th birthday.

Clive Shippen

Micky Pyer (extreme left) lines up at the start of the Belgrave 10 mile C.C. Championship in 1926. Having won the title in 1923 and 1924, this time he had to give way to his captain Bert Footer.

Left to right: A.D.Pyer, A.E.Smith, -, J.G.Flatt, -, -, -, H.E.Footer, W.L.Bayliss, G.Still.



Write on !

Suggestions please

Once more the A.G.M. has come and passed and a number of changes have, as usual, taken place among the Officers and Elected Committee Members of the Club who together manage and administer Belgrave Harriers. I feel that now is an appropriate time, particularly for new members, to draw attention to the fact that the Committee, who meet once a month, are always interested to hear of suggestions concerning the Club. Please don't hesitate to contact one of us and talk things over. If necessary your views can then be raised and discussed at one of our meetings. Contact any Committee Member or Club Officer ('phone numbers and addresses are in the fixture card) or contact me.

Ted Pallant (telephone 04867 88406)

Pleased there was no change of name

Dear Hon. Eds.
Congratulations on the July issue of "The Belgravian". I am pleased that you did not change the name and feel that the appearance speaks for itself. With regard to the finances I would be willing to pay but, as you say,

the administration may well be a problem with a changing population.

I found the item about "Bill" Webb very interesting. He was once described to me as "a real gentleman." I would think that he would have had an opinion on the article but would have been far too modest to own up to the description of him so well drawn by Clive. Why was it that although I knew him longer than any other Belgravian non walker I knew so little about him. We used to travel on the 200 bus from Raynes Park most winter Saturdays between 1948 and the late fifties, but talked of little except "The Bels" and the latest Club happening. I think it says it all when you know that both my wife and her mother, who knew "Bill" longer than me always called him "Mr. Webb."

By the way I was amused to see that Clive said that "Bill's exercise was reduced to walking" - some of us never rose above that although I did once jog across the common with the young Frank Webb! Way back in late February I met Charlie Walker in Clapham one lunchtime and he never mentioned his success in Eugene then so he is obviously planning an attempt on something even more prestigious! It was a bit off putting to see so many names, and even a photo. of those of my age, still active. The walking

section report made even worse reading and even had me reaching for the shoes. A long sit down was necessary to ensure that a rash decision was avoided. A look at the garden which involves a three mile walk to mow the lawn was all the convincing I needed to let sleeping dogs lie!

Having said all that, my thanks once again, and I look forward to the next issue from my "Home Counties" venue (not so Doub. this part of Essex is definitely East Anglia!)

Eric Hall, Colchester, Essex.

A tonic

Dear Editors,
As an old Belgravian living in the sticks your July issue of "The Belgravian" was like a tonic to me. I thought it was great and you deserve full marks for its presentation. I shall be eagerly looking forward to the next issue. I might even get around to writing something myself.

Tom Morrell (Past President), Wymondham, Norfolk.

Thanks from Win

Dear Editors,
Many thanks for "The Belgravian". It is great and I am sure it will go down well with the Club members. We have to live with the times and it is for the young members that we must bring things up to date. I enjoyed my year of office. The Club had a wonderful year and I thank all the athletes, team managers, coaches and officials who took part and helped at home and away meetings in all sections. Thanks to everyone for the help given in my year of office and I wish you all the best for next season. I hope to see you at Battersea Park - I will be in the recording caravan as usual

Win Shepherd (Immediate Past President), Wimbledon.



R. F. ELSON

We have lost another of our stalwarts of bygone years. R.F. (Reg.) Elson died recently at the age of 78. He was a sound Club walker with a strong style which rarely troubled the Judges. He competed on the road up to 10 Miles and in 2 Mile Handicaps on the Track - a popular event at one time. In 1938 at Golders Green he finished seventh in the R.W.A. National "Junior" (by qualification) Championship to become the fourth scorer in the winning Belgrave team. After his Saturday efforts he often did a quick change and played in a Dance Band, which often played at the Club Socials.

For the last few years he had lived at Tadley, near Basingstoke in Hampshire, and I can recall meeting him and having a chat at recent Open Belgrave Walks. He would always greet you with a smile and he maintained a lively interest in the sport which had given him much pleasure and where he had made many friends.

His brother, Frank, a Past President of the Club, also a fine walker, died some years ago. He too had been a member of a winning R.W.A. "Junior" team, and was second individual in the event at Enfield in 1930.

In 1952 the event ceased to be a National one and became a Southern one, known as the Garnet Trophy. The barring clauses still apply.

Gordon Doubleday

South African to attend Belgrave Committee as observer

Belgrave Hall is a world away from Ephriam Sibisi's home town of Soweto but the South African will be sitting in on the December committee to get a feel for what goes on behind the scenes in a British athletics club. Sibisi's trip to Britain, which will last until the end of March, has been sponsored by the South African Advanced Education Project. During his time over here he will be studying coaching, training facilities, club structure and administration, and he has already met the Minister for Sport. We wish him the best of luck and hope that he will be able to put all that he learns to good use when he returns to his homeland.

Belgrave car stickers

Belgravians, proudly advertise and support your club with our latest product. The badge, in claret and gold, can be easily applied to your car screens or any windows, etc. For yourselves, family and supporters. Only £1 each (£1.20 inc. post and packaging) available from: Ted Pallant, 83 Northwood Avenue, Knaphill, Woking, Surrey GU21 2ES. Telephone 04867 88406

The fastest gun in Belgrave bids farewell

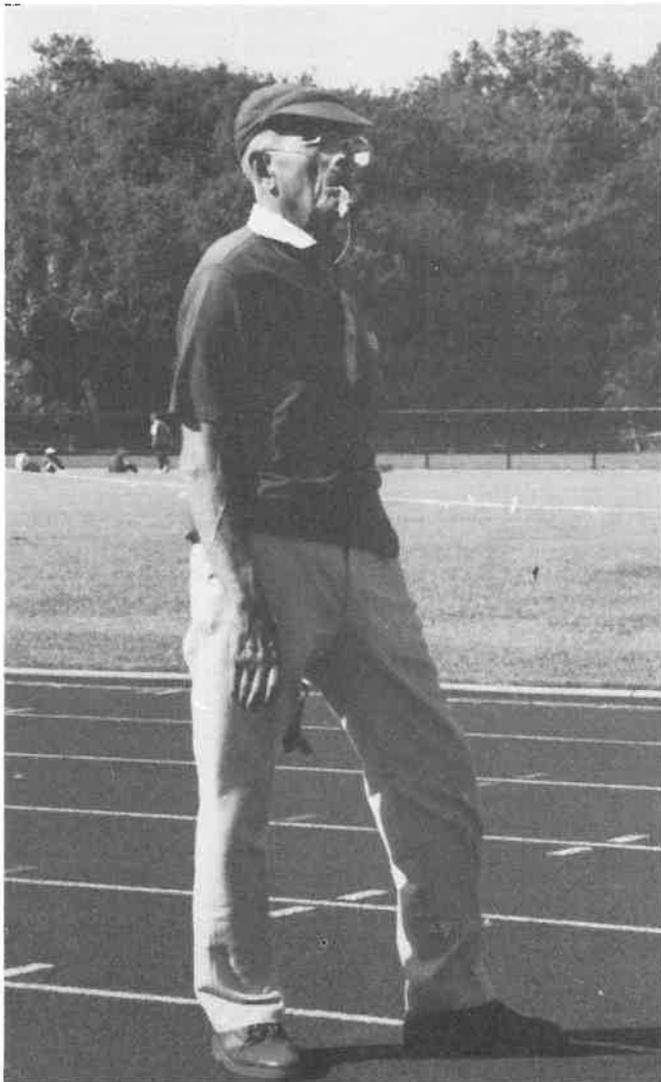
It was the final Southern League match at Battersea Park on 31st August 1991 and the relay runners were in their blocks for the last event of the day. The red-blazared starter slowly raised his gun, gave the command "set", and fired. They were well away before the man in red lowered the gun with an air of sadness, packed his bag and made his way from the arena. After nearly 30 years as Club Starter ARTHUR PENNY had decided to call it a day.

Thirty years is a long time, but for Arthur it represented less than half of his time with Belgrave Harriers. Part one of his eventful career saw him win the 1934 Commonwealth Games 6 miles title; a year in which he also finished 3rd in the International Cross Country Championship and 5th in the English National. He had been in Belgrave just 6 years but such performances led the Club to grant him Life Membership.

His devotion to Belgrave has led him to follow the Club's activities right up to the present day. And when an appeal was made in the early sixties for a new man to don the starter's cap, it was Arthur who came forward. He was an invaluable addition to our team of officials. Arthur enjoyed his 'new' career immensely but as he approaches his 84th birthday he feels the time is right to close this second phase of his service to the Club.

So the fastest gun in Belgrave has unbuckled his holster for the last time, and we thank him for all his efforts. We also wonder what plans he has for the next 30 years!

Clive Shippen



The Hon. Secretary's Column

SUE PORTER looks back over the past Club Year.

The year ending at the 1991 A.G.M. has been notable in Belgrave Harrier's history for two firsts. Just over a year ago Win Shepherd became the first Lady President in the club's 104 year history - after an apprenticeship as President's Lady in 1962. Then, last summer, Belgrave won the GRE Gold Cup for the first time since the competition was started.

The Club year began with success in the European Championships for John Regis (Bronze 100m, Gold 200m, Gold 4x400m relay, Silver 4x100m relay) and Gary Staines (Silver 5000m) and ended with a fine triumph over the Tokyo humidity and USA for John as team Gold medallist in the 4x400m relay.

Individually, many club records have been broken this year including: Women's 3000m Wendy Cotterell 9:48.8, Minor Girls' 70mH Melissa Simon 13.1, Girls' HJ Saskin Buckland 1.53, Junior and Youths' HJ Stanley Osuide 2.15, Men's 100m John Regis 10.20, 200m John Regis 20.11, 400mH Paul Beaumont 51.75, 3,000m Gary Staines 7:41.79, 10,000m Gary Staines 27:48.73, LJ Fred Salle 7.73, 110mH John Ridgeon 13.90, PV Mike Edwards 5.50, Decathlon Simon Shirley 6950 pts, Half-Marathon Paul Evans 61:04, Marathon Paul Evans 2:12.53, Colts' 80mH Steve Shott 13.9, SP Oliver Hunt 9.52, 4x100m relay 52.1, 4x200m relay 1:50.4, Boys' 4x400m relay 3:58.5 and TJ Mark Aldred 12.24.

The men's Track and Field team continue to enjoy success and promotion. The British League team finished 2nd in Division 1 to Haringey and in the Southern League, the Division 2 team finished 4th after winning promotion from Division 3 only two seasons ago; whilst the Division 6 team have been promoted to Division 5 after another successful season. The Women's Southern League team consolidated their position in Division 3.

"To your marks!" Arthur's very last start is captured for posterity by the camera of Colin Pearson.

Over the winter of 1990/91 the club's notable achievements were; Middlesex Colts' Cross Country Champion Peter Lloyd, Southern Area Race Walking 5k Championships, 1st Ladies' team and 3rd National 10k team, Surrey Womens' Cross Country League, overall Champion Wendy Cotterell, 3rd Jacintha Coppinger, 3rd Junior Ladies Jaquie Smiter.

Over the year, lack of support has meant the end of the Autumn 5 3/4 mile road race and withdrawal of County Championship status from the Belgrave 20 mile Road Race because of increasing road hazards. However, I am pleased to report increased police assistance with road races, in particular the 12 stage relay and the 20 mile road race this year. Our Veterans should also receive praise here especially Snowy Brooks who became British indoor M45 Pentathlon Champion.

I have now to report that after three years work liaising with schools local to Battersea Park and Wimbledon, recruitment from youngsters is improving greatly, more so amongst boys than girls. But this is only the beginning of the benefits shown from the coaching sessions, "Come and Try" days, and the Belgrave Interschools League. We also co-hosted the 1991 London Schools Championships at Battersea Park. So as a club we are really looking to our future and making improvements in the quality of life for youngsters in Inner London Boroughs. This increase in the number of Colts and Boys has brought success for the Colts' team who won our Thameside League for the first time this year. The Girls' team finished 3rd overall providing the basis for a stronger Junior side for the Women's Southern League team in the future.

Away from athletic achievement, I should like to thank the sectional secretaries and coaches who put in many hours for the club's benefit. Finally a thank you to the officials without whom meetings couldn't get off the ground. We are always keen to encourage parents and older Belgravians to become coaches and officials, so my final word is, if you are interested please let me know.

Sidetracks

Gordon Doubleday is still keeping very active by the sound of it, taking part in a mass walk in his village of Timsbury to ensure that a "Right of Way" is kept open. With his normal methodical approach he had tuned up by completing a two and a half hour stroll the previous week, in spite of the heat.

At a local half-marathon race where town criers had been invited to set the tone of the proceedings, he found that one of the criers was from Wandsworth and after a chat with him found that they had both been to the same school in Balham.

Doub. passes on some sad news to us, though. He has heard that the late Joe Coleman's widow, Hilda, has passed away.

We hear that Frank Slatter is now living in Torquay. His sister, who is fairly local to us in Southfields was pleased to receive a copy of "The Belgravian" and will be passing it on to him.

One of our Hon. Auditors, Ken Miller, has had a spell in hospital recently but we are pleased to be able to record that he is now on the mend again.

There has been considerable speculation on the future of our Belgrave 20 mile road race. With the Asda superstore opening soon down near the Robin Hood roundabout and the prospect of cars pulling in from the dual carriageway at speed it is likely to be a bit of a nightmare however many pointsmen we station down there. The fact that the course is such a tough one and that the race is held in mid-summer doesn't help either. There are many more runners around these days but of course they all tend to want to go for the faster courses. It would be a shame to lose the race after 40 years but with the circumstances as they are perhaps it would be best. Anyway, John Wasbrough is looking into the possibility of changing the race format - perhaps putting on a 10 kilometre event instead, and moving the "20" to the spring-time.

It was nice to see Malcolm Robinson, middle distance star of

the 'sixties, up at the hall one evening this summer. Back from the U.S. of A on a short visit, Mal hopes to return to this country permanently before too long and has already renewed his membership. Way back in 1963 he was our club record holder for 1 and 2 miles with 4:07.1 and 8:47.8 respectively and competing for Southern Louisiana College in the Southwestern Relay Meet that year he picked up the outstanding athlete of the meeting trophy for an 8:54.8/4:06.5 double completed in three hours (the latter as a stage in a medley relay).

Some of our older readers may be aware that a former Editor of "The Belgravian", Frederick Bradnum, is a playwright. Well we are pleased to be able to record that the Club's involvement with dramatic art is being continued thanks to the activities of Adam Armstrong and Jon Coy. Herald Productions Ltd., which ranks Adam as one of its professional actors, recently put on the play "Blind Side" at a theatre in Clapham. The cast included many familiar faces from our TV screens and Jon, the only non-professional in the line up, was proud to be able to tread the boards with them, even if he wasn't allowed to be able to say anything.

Encountered in Tokyo after the "GB v USA Supporters Road Relay" was Houston based Scot Jim McLatchie, coach to Justin Chaston. Jim spoke glowingly and at length about Justin's progress in the steeplechase and expressed great disappointment that he had not been selected for this summer's the World Student Games after winning the "run-off" race for one of the places.

"Athletics Today" reported that Jon Ridgeon had to run in a borrowed Tipton Harrier's vest in the final of the AAA 110m hurdles championship as his own claret and gold one had gone missing just before the start. A Tipton supporter was not impressed, "Can he run inside 14 minutes for a short stage around Sutton Park?", he asked.

Frank/y Speaking !

I am grateful for the opportunity in this column to provide you with information which you should know, but probably don't, because not everyone is able to attend the AGM or committee meetings.

Approximately eighteen months ago I set up a fund for hall maintenance. At present it stands at £750. I should like to thank all those who kindly gave donations and please excuse me for not thanking you individually by letter. The main contributions came early on but please don't forget that this is a permanent, ongoing account, so donations are always welcome.

Those of us on the committee are always looking for various ways in which we could bring in funds to the club. Attempts at attracting sponsorship have so far proved fruitless. We have also lost our main tenant at the hall and with it our main source of income. To compound the situation we find ourselves in a recession which makes letting the hall very diffi-

cult. We also have vacancies on committee which have not been filled.

It is easy to feel smug and complacent but this is a dangerous attitude. Each one of us has one thing in common and that is "Belgrave". If you feel that you can help by serving on committee please don't wait to be asked - come forward. If you have a fund raising idea don't wait to be asked - make it known. If your company, business or friend needs a lecture or meeting room regularly, or even occasionally, please write to me and let me know.

Best wishes for Christmas and 1992.

Frank Ward, Hon. Treasurer.

Congratulations to Cliff Brooks and Doug Fotheringham who were elected Life Members at the recent AGM. And also to Sue Porter, Frank Ward and Keith Duckett, now Vice-Presidents.

UK RANKINGS - Our highest yet

Those who are keen clubmen and statistic freaks look forward to the spring and the publication of the UK Club Rankings. The 1990 list, published in 1991, showed that the Belgrave men had reached their highest point yet - 2nd of the 413 clubs listed - with only "you-know-which" team ahead. It is interesting to note that the positions in the rankings have subsequently been borne out by actual team performances, with our lads having apparently reached the stage where they can handle Birchfield and Wolverhampton & Bilston fairly comfortably when they clash but still find that Haringey usually have the edge. Will the Bels. make it to the top of the list? Will they ever top the League? The key to the task is buried away in the statistics if you look closely. Scoring only one per event we were a mere 230 points adrift of our Haringey rivals in the 1990 list, and when it came to the past summer's GRE Cup - one per event again - the North London team were actually beaten by our "claret and gold" heroes. But when it came to three per event in the list we were down 1567 points. We are talking reserves here and this is the North London club's strength and the reason they are usually unbeaten in league competition with two to score. No club expects to get all its top men out in every match so it is those ranked at numbers 3 and 4 in their events and the others who push them close who make the difference. Without the depth we can beat Haringey on a good day but will not be able to sustain the pressure without a strong middle order. We just need to be that little stronger numerically and the signs are that this is gradually coming about.

The UK Club Rankings for 1991 will be published soon and they are going to make very interesting reading. It could be that the points gap between the Bels. and Haringey is down to almost nothing - possibly heralding even greater triumphs to come in 1992.

Young Athletes

What a season!

LEO COY writes about the most successful season ever for our Young Athletes. **KAREN DRAKE** collated all the results.

We gained promotion in the Woolworth's Young Athletes League for the first time and another first ever came with a win in our own Thameside League. Add to these achievements the many fine individual performances - for instance we had eight athletes in the English Schools AA Championships including Stanley Osuide who won the high jump. Stanley went on to clear 2.15m later in the season with Sean McLean not far behind clearing 2.08m. All those of you who are not well up with field events go and measure these heights in your living room now and marvel that these are *Young Athletes* launching themselves to such heights!

We had Surrey Champions in individual events and relays and Club records tumbled consistently - it was a quite magnificent season.

Thanks to all the Young Athletes who competed so well and with such a good spirit. Thanks to all the parents who helped and supported, and a special big thankyou to all our coaches - without their dedication and help none of the above would have been possible. Billy Bull, Chris Bentley, Martin Milner, Tony Ganio, Bart Mathias, Maureen Jones, Ron Wyld, Chris Knight, Karen Drake, Selmi Simcek, Iain Atkins and Jon Coy all made massive contributions to the team effort. Belgrave should be very proud of these achievements and all the athletes and coaches named above. Well done everybody.

Seven Belgrave lads were in action in the ADT Mini-Marathon. P.Lloyd gave us our highest position of the day with 18th in the 11-13 age group where M.Elgar placed 151st. In the 14-15 group we had 93, S.Debell, 124, T.Earle, 180, R.Downs and 291, B.Cooper, while in the 16-17 category I.Atkins was 286th.

WOOLWORTH'S YA LEAGUE DIVISION S.THAMES 2 MATCH 1 BARN ELMS, RICHMOND, 21 APR 1991

Our first match on cinders at Barn Elms got us off to a slow start and we eventually ended up second to a strong Horsham team. Those Belgrave athletes who did turn out performed well but we had too many gaps that were not covered, particularly in the youths' age group.

Sean McLean was awarded man of the match for his high jump. Sam Debell and Peter Lloyd did the double in the boys' high jump and 800m, while James Drake and Alex Breeze also won both strings in the colts' 800m. Steve Scott, Andrew Hill and Duncan Thompson took care of business in the colts' sprints and relay.

Youths.

100m: 4, S.McLean 13.7; 1, M.Anderson 12.4. **200m:** 2, S.Booth 26.1. **400m:** 2, S.Booth 57.0; 2, J.Breeze 67.5. **800m:** 2, J.Breeze 2:41.9. **1500m:** 4, M.Anderson 5:17.8. **100mH:** 2, S.McLean 16.4. **HJ:** 1, S.McLean 1.95. **LJ:** 3, S.Booth 4.88; 2, M.Anderson 4.57. **TJ:** 2, J.Breeze 8.20. **4x100m:** 2, Belgrave 52.9.

Boys.

100m: 3, W.Timbers 15.6; 2, A.Evelyn 14.1. **200m:** 3, W.Timbers 30.6. **400m:** 2, P.Lloyd 62.3; 2, R.Milner 65.2. **800m:** 1, S.Debell 2:23.5; 1, B.Cooper 2:27.1. **1500m:** 4, N.Webber 5:36.5; 1, C.King 5:34.2. **3000m:** 2, T.Earle 11:35.6. **HJ:** 1, S.Debell 1.50; 1, P.Lloyd 1.50. **LJ:** 2, S.Debell 4.56; 2, T.Earle 3.63. **SP:** 1, D.Fallon 10.58; 2, S.Pascoe

5.44. **DT:** 2, D.Fallon 20.29; 1, S.Pascoe 15.75. **JT:** 2, B.Cooper 20.40; 1, S.Pascoe 14.42. **HT:** 2, T.Earle 11.48. **4x100m:** 2, Belgrave 57.2. **4x400m:** 2, Belgrave 4:51.1.

Colts.

100m: 1, S.Scott 14.6; 1, D.Thompson 15.2. **200m:** 1, A.Hill 29.7; 1, S.Scott 30.2. **800m:** 1, J.Drake 2:33.8; 1, A.Breeze 2:44.0. **1500m:** 4, M.Elgar 5:28.5; 3, C.Drake 6:32.8. **4x100m:** 1, Belgrave 59.1

Teams: 3, Belgrave 181.

Man of the match: S.McLean 1.95 HJ.

WOOLWORTH'S YA LEAGUE DIVISION S.THAMES 2 MATCH 2 KINGSTON, 12 MAY 1991

In this match we were up against a Havant team managed by George Piddington. In a competition that was very close throughout, we eventually finished equal second with Cambridge, Havant being clear winners.

A few more youths were available for this round, including fine javelin prospect Lee Archer and our old friend Obi Megafu. Obi won three throws and was then persuaded to run a leg in the 4 x 100 metres.

Again in this match everyone performed well, with a number of outstanding performances. This was the first indication that we were beginning to move forward as a team. Highlight of the day was managing to field four colts' teams in the sprint relay. Full results were published in the last issue.

HERCULES WIMBLEDON OPEN

Boys.

800m: R.Downs, M.Hancock, P.Lloyd (times not known). **1500m:** M.Collins 5:12.5, C.King 5:35.5, S.Debell 5:37.6, also competed T.Earle.

Colts.

100m: S.Scott, 13.8, R.Bentley 14.0, D.Jackman 13.4, D.Thompson 14.4, A.Hill 14.2, J.Hilston 13.4. **200m:** R.Bentley, D.Jackman (time not known). **1500m:** J.Drake 5:24.4, C.Drake 6:47.1. **LJ:** J.Hilston. (dist. not known).

WOOLWORTH'S YA LEAGUE DIVISION S.THAMES 2 MATCH 3 TOOTING BEC, 2 JUN 1991

Tooting Bec was the venue for the third match and with the influx of Billy Bull's youngsters, who had become eligible to compete in this round, gaps were filled and perfor-

mances were outstanding

James Hilston was awarded man of the match for his colts' 200 metres run in a time of 27.1. Sean and Stanley gave us the double in the high jump and later teamed up in the 4 x 100 metres. We did, in fact, win all the relays with superb style and marvellous times. Apart from our colts again being outstanding, Tom Evans won the boys' 1500 metres, looking very classy, and Francis Niko and Martin Hancock did likewise with their 400/800 metre doubles.

The final team score saw us run out comfortable winners by 107 points and we still had in reserve 21 athletes competing in non-scoring events.

Youths.

100m: 2, D.Barton 12.8; 1, D.Baffoe 12.9. **400m:** 1, F.Niko 53.7; 2, R.Head 63.1. **800m:** 1, F.Niko 2:05.5; 1, S.Booth 2:08.8. **1500m:** 2, R.Head 4:40.9; 1, M.Anderson 4:55.6. **3000m:** 1, M.Anderson 10:33.8. **100mH:** 2, D.Baffoe 17.9. **HJ:** 1, S.McLean 2.00; 1, S.Osuide 1.95. **LJ:** 1, S.McLean 6.15; 1, M.Anderson 4.58. **SP:** 1, O.Stanley 11.30; 1, O.Megafu 10.38. **DT:** 2, O.Megafu 25.52. **JT:** 1, L.Archer 40.46; 2, S.Booth 15.74; ns. O.Megafu 25.14. **HT:** 1, O.Megafu 26.20. **4x100m:** 1, Belgrave (Baffoe, Barton, McLean, Osuide) 48.2. **4x400m:** 1, Belgrave (Niko, Booth, Head, Anderson) 3:51.7.

Boys.

100m: 2, M.Baldock 13.4; 1, S.Amfo 13.8; ns. J.Selaisse 15.6. **S.Pascoe** 14.4, J.Bryant 16.6. **200m:** 1, M.Baldock 26.6; 3, W.Timbers 29.7; ns. J.Selaisse 30.5. **400m:** 1, M.Hancock 60.9; 2, W.Timbers 67.3. **800m:** 1, M.Hancock 2:13.7; 1, P.Lloyd 2:15.7; ns. S.Debell 2:23.3, G.Mathias 2:42.8. **1500m:** 1, T.Evans 4:43.6; 2, G.Mathias; ns. D.Todd 5:28.6. **3000m:** 1, T.Earle 10:49.1; 1, G.Mathias 10:56.8; ns. J.Selaisse 12:06.7. **80mH:** 4, W.Timbers 16.9; 3, R.Down 18.8. **HJ:** 1, S.Debell 1.55; 2, M.Collins 1.00. **LJ:** 2, P.Lloyd 4.56; 1, R.Down 4.37. **TJ:** 2, S.Debell 10.47; 1, R.Downs 8.51. **SP:** 1, D.Fallon 10.00; 2, B.Cooper 6.96; ns. S.Pascoe 6.74. **DT:** 1, D.Fallon 25.24; 1, B.Cooper 17.38; ns. S.Pascoe 16.80. **JT:** 1, S.Pascoe 32.64; 3, J.Briant 16.20; ns. R.Downs 20.17, A.Maidment 17.81. **HT:** 1, D.Fallon 23.36; 2, B.Cooper 16.80. **4x100m:** 1, Belgrave (Baldock, Amfo, Hancock, Debell) 52.7; ns. Belgrave 57.2. **4x400m:** 1, Belgrave (Hancock, Lloyd, Timbers, Evans) 4:11.7.

Colts.

100m: 1, D.Jackman 13.1; 1, S.Scott 13.5; ns. M.Elgar 13.6. **S.Taylor** 15.1, J.Debell 18.3, J.Pascoe 16.5, C.O'Driscoll 15.2, D.Thompson 14.1, C.Drake 17.9, Sp.Debell 21.0, J.Scott 16.9.



Martin Readhead comes home in 7th place in the recent Surrey Cross Country League race at Petersham. Photo: Alan Mead

one they not only lost their unbeaten record - they were destroyed! The wind and rain was wicked all day long but our lads were not deterred. They were all quite magnificent and in the end our winning margin was a massive 85 points! There were so many good performances that they all really deserve a mention but in particular it was good to see Simon Alexander win the colts' 1500 metres and Gavin Mason run a superb race to win the boys' 800 metres. The colts 4 x 100 metres beat Bexley by miles and Bexley are the fastest colts team in the UK! This was a great day.

Youths.

100m: 2, D.Barton 12.3; 1, D.Baffoe 12.8. **200m:** 2, D.Barton 26.5; 1, D.Baffoe 26.4. **400m:** 1, S.Booth 54.8; 1, J.Wilson 61.7. **800m:** 1, S.Booth 2:15.9; 1, R.Scott 2:29.9. **1500m:** 2, R.Head 4:34.8; 1, J.Carter 5:15.2. **3000m:** 3, N.Browning 12:03.7; 2, P.Watersedge 13:01.8. **100mH:** 1, D.Baffoe 18.5; 1, J.Wilson 18.8. **400mH:** 2, J.Wilson 67.3; 1, P.Watersedge 74.1. **1500mSC:** 3, R.Scott 5:36.4; 1, J.Carter 5:49.6. **HJ:** 1, S.Osuide 1.80; 1, D.Barton 1.55. **LJ:** 2, W.Burton 5.23; 1, D.Roberts 4.78. **TJ:** 1, W.Burton 11.00; 1, D.Roberts 10.79. **PV:** 1, N.Browning 2.20. **SP:** 1, O.Megafu 10.65. **DT:** 2, O.Megafu 23.50; 1, L.Archer 22.58. **JT:** 2, L.Archer 32.78; 1, P.Barnsbury 27.08. **HT:** 1, O.Megafu 27.66; 1, C.Wells 23.22. **4x100m:** 1, Belgrave 50.6; **4x400m:** 2, Belgrave 4:05.0.

Boys.

100m: 1, C.Griffin 12.2; 1, S.Amfo 13.4. **200m:** 2, M.Baldock 27.6; 2, M.Cooper 27.9. **400m:** 1, M.Hancock 58.1. **800m:** 1, M.Hancock 2:14.4; 1, G.Mason 2:16.2. **1500m:** 2, T.Evans 4:48.3. **3000m:** 2, M.Colins 11:06.5; 1, T.Earle 10:53.2. **80mH:** 1, C.Griffin 12.0; 2, M.Cooper 16.0. **HJ:** 1, S.Debell 1.40; 2, D.Taylor 1.30. **LJ:** 1, M.Cooper 4.69; 1, E.Vanson 4.43. **TJ:** 2, E.Vanson 8.93; 2, M.Baldock 8.66. **PV:** -, M.Baldock 1.80. **SP:** 3, M.Davies 7.40; 2, S.Pascoe 6.89. **DT:** 4, M.Davies 16.72; 3, J.Briant 14.02. **JT:** 1, S.Pascoe 27.02; 1, M.Davies 26.48. **HT:** 2, S.Pascoe 13.36; 2, G.Morphies 8.00. **4x100m:** 1, Belgrave 55.0. **4x400m:** 1, Belgrave 4:07.9.

Colts.

100m: 2, D.Jackman 13.1; 2, S.Scott 14.0; ns. M.Harvey 15.7, D.Thompson 14.3, C.O'Driscoll 15.7, C.Drake 17.8, T.Knight 19.4, M.Dickson 13.6, D.Simpson 14.6. **200m:** 2, J.Hilston 27.5; 2, R.Bentley 28.6; ns. L.Simpson 28.6, H.Cavalier 29.0, S.Scott 29.7, M.Harvey 30.8, C.Drake 36.9, M.Dickson 28.2, C.Elliot 29.8, W.Blyth 33.0. **800m:** 1, J.Drake 2:29.4; 1, A.Hill 2:37.0; ns. E.Vanson 2:28.6, D.Todd 2:40.3, T.Muts 2:46.5, R.Elgar 2:58.6, C.Drake

200m: 1, J.Hilston 27.1; 1, R.Bentley 28.3; ns. M.Elgar 34.3, M.Dickson 28.2, J.Pascoe 35.5, C.O'Driscoll 34.3. **800m:** 1, J.Drake 2:28.9; 1, M.Elgar 2:41.0; ns. M.Elgar 2:50.2, T.Muts 2:48.7. **1500m:** 3, M.Elgar 5:24.6; 1, A.Breeze 5:25.6. **4x100m:** 1, Belgrave (Scott, Bentley, Hilston, Jackman) 53.1 Club Record; ns. Belgrave 64.5. **Teams:** 1, Belgrave 280. **Man of the match:** J.Hilston 27.1 200m.

**THAMESIDE LEAGUE
15 JUN 1991**

Non-scoring results only. Match results published in previous issue. **Boys.** **100m:** S.Amfo 13.6, J.Briant 16.0. **DT:** S.Debell 16.18. **Colts:** **100m:** R.James 16.3, J.Debell 17.6, H.Cavalier 13.8, S.Scott, 14.0, C.O'Driscoll 15.0, J.Pascoe 16.3, T.Knight 19.3. **200m:** J.Pascoe 34.4, H.Cavalier 29.3.

**WOOLWORTH'S YA LEAGUE
DIVISION S.THAMES 2
MATCH 4
KINGSMADOW, 23 JUN 1991**

League leaders Bexley were our main opponents in this round and we had to beat them and win the match if we were to get promotion this year. Bexley were unbeaten in the first three matches but in this

BELGRAVE YOUTHS' CLUB RECORDS

100m	10.96	P. Goedluck	1984
200m	22.14	P. Goedluck	1984
400m	49.29	S. Richards	1984
800m	1:54.3	J. Gladwin	1979
1500m	4:02.8	G. Tiernan	1985
1 mile	4:26.0	M. Kinane	1985
3000m	8:55.0	S. Webster	1986
5000m	15:51.0	1 A. Major	1964
	16:19.0	P. Carton	1969
100mH	14.3	C. Gardner	1984
110mH	17.1	M. Lindsay-Bayley	1976
400mH(84cm)	57.7	A. Grant	1987
(91.4cm)	60.4	G. Allison	1986
1500mSC	4:44.0	J. Bicourt	1962
4x100m	44.9	G. Warr	1984
		J. Minetti	
		M. Dooley	
		C. Gardner	
4x400m	3:39.6	A. Grant	1986
		J. Coy	
		J. Smith	
		G. Allison	
HJ	2.15	2 S. Osuide	1991
LJ	6.64	J. Key	1954
TJ	14.17	F. Ogwuda	1985
PV	4.20	M. Shippen	1977
SP(4.54kg)	14.75	3 J.P.Jones	1952
(5kg)	13.89	S. King	1978
DT(1.5kg)	41.22	S. King	1978
JT(700gm)	54.62	P. Crosbie	1974
HT(5kg)	26.54	R. Rathray	1984
(7.257kg)	19.32	S. King	1978
Pentathlon	2650	R. Hopkins	1971
Decathlon	3748	4 R. Hopkins	1971
	5010	F. Ogwuda	1985

Notes.

- 1 = Converted from 3 mile time.**
- 2 = Also a Junior men's club record.**
- 3 = Performance achieved with an implement now superceded but not intrinsically bettered with the current, heavier, implement.**
- 4 = Senior men's implements used throughout.**

3:11.6. 1500m: 1, S.Alexander 4:57.8; 2, A.Breeze 5:32.0. **4x100m:** 1, Belgrave 55.1. **Teams:** 1, Belgrave 326.5.

**THAMESIDE LEAGUE
6 JUL 1991**

Boys.

100m: 3, C.Griffin 12.2; 2, M.Cooper 13.0; ns. S.Amfo 13.3, G.Mensah-Bonsu 15.0. **200m:** 2, M.Cooper 26.4; 1, C.Griffin 26.7; ns. S.Amfo 28.1, G.Mensah-Bonsu 28.2, B.Pinner 31.2. **400m:** 3, P.Lloyd 58.4; 2, R.Milner 59.4. **800m:** 1, G.Mason 2:12.5; 1, P.Lloyd 2:13.2; ns. R.Scott 2:18.0, J.Selaisse 2:34.3, O.Ojo Osagie 2:42.8, G.Mathias 2:51.6. **1500m:** 2, T.Earle 4:54.0; 1, S.Debell 5:06.6. **80mH:** 1, C.Griffin 12.1; 2, G.Mensah-Bonsu 17.1; ns. R.Milner 15.1, S.Amfo 16.9. **HJ:** 2, S.Debell 1.50; 1, R.Scott 1.45. **LJ:** 2, J.Ganio 5.01; 2, B.Marijetic 4.39. **SP:** 5, J.Selaisse 6.62; 2,

P.Lloyd 6.60. **DT:** 3, J.Selaisse 17.72; 2, G.Mathias 10.68. **JT:** 2, S.Bamard 28.86. **4x100m:** 2, Belgrave.

Teams: 3, Belgrave 132.

Colts.

100m: 1, D.Jackman 13.1; 1, M.Dickson 13.3; ns. O.Hunt 13.9, S.Moodie 13.5, 3, M.Harvey 13.9, S.Scott 13.9, R.James 16.5, J.Debell 17.6, Sp. Debell 19.4. **200m:** 1, M.Dickson 27.3; 1, J.Hilston 28.0; ns. S.Moodie 28.5, M.Harvey 29.3, R.James 35.0, J.Debell 38.5, Sp. Debell 43.5. **400m:** 2, R.Bentley 65.3; 2, M.Elgar 71.9. **800m:** 1, A.Breeze 2:37.6; 1, M.Elgar 2:36.3; ns. M.Harvey 3:00.9, A.Mason 3:01.4. **1500m:** 2, T.Muts 5:27.9; 1, C.Drake 6:34.5; ns. A.Mason 6:14.0. **80mH:** 1, S.Scott 14.2; 3, C.Drake 18.8. **HJ:** 1, J.Hilston 1.40; 2, M.Elgar 1.15. **LJ:** 2, M.Harvey 4.56; 1, S.Scott 4.24. **SP:** 1, O.Hunt 9.52; 1, R.Bentley 5.54. **4x100m:** 1, Belgrave 53.9. **Teams:** 1, Belgrave 126.

H.A.C. MEMORIAL TROPHY, 10 JUL 1991

Youths.

100m: 6, D.Baffoe 12.7. **200m:** 7, D.Baffoe 26.4; 6, N.Browning 28.9. **800m:** 9, N.Browning 2:37.2. **100mH:** 5, W.Burton 19.7; 4, P.Wateridge 20.7. **LJ:** 6, W.Burton 5.25; 5, P.Wateridge 4.89. **JT:** 9, M.Baldock 21.62.

Boys.

100m: 6, M.Baldock 13.6; 5, S.Amfo 13.6. **200m:** 6, M.Baldock 26.4; 6, S.Amfo 31.0. **800m:** 1, P.Lloyd 2:15.7

WOOLWORTH'S YA LEAGUE DIVISION S.THAMES 2 MATCH 5 BATTERSEA PARK 21 JUL 1991

Our final match was at home at Battersea Park and again we had to win to ensure promotion. At the end of the day we won by some 145 points and on the way recorded some superb performances.

Star of the day was Marlon Dickson who ran 26.9 for the colts' 200 metres. Marlon was presented with his award for man of the match by his own Marcus Adam with Lennie Paul doing the commentary over the PA. Many top athletes from our successful BAL team came along and their support was very much appreciated by our

young team. Thanks a lot on behalf of everyone.

Please take a good look at the results - they are amazing. Again we achieved a clean sweep in the relays with the colts setting a new club record.

This win confirmed that we were to be promoted to Division One for the first time in our history. Let's hope that we can maintain progress and move up into the Premier Division in 1993.

Youths.

100m: 1, D.Barton 12.6; 1, D.Baffoe 12.7; ns. B.Anderson 11.9. **200m:** 1, D.Barton 26.2; 1, D.Baffoe 26.7; ns. B.Anderson 25.3. **400m:** 1, F.Niko 53.5; 1, J.Breeze 63.1. **800m:** 1, F.Niko 2:06.0; 1, S.Booth 2:10.5. **1500m:** 2, R.Head 4:36.0; 2, R.Scott 4:45.7. **3000m:** 2, M.Anderson 11:36.9; 1, N.Browning 12:04.2. **100mH:** 1, J.Wilson 15.7; 1, S.McLean 17.2; ns. W.Burton 17.9. **400mH:** 1, J.Wilson 65.2; 1, P.Wateridge 67.1. **1500mSC:** 2, R.Scott 5:31.9; 2, P.Wateridge 5:43.3. **HJ:** 1, S.McLean 2.00; 1, D.Barton 1.60. **LJ:** 1, N.Burton 5.26; 1, M.Anderson 4.34. **TJ:** 1, N.Burton 10.73. **PV:** 1, N.Browning 2.80. **SP:** 1, O.Megafu 10.30; 1, C.Wells 7.70. **DT:** 1, O.Megafu 31.16; 1, L.Archer 21.42. **JT:** 1, L.Archer 43.40; 2, N.Browning 19.26. **HT:** 1, O.Megafu 25.02; 1, C.Wells 23.88. **4x100m:** 1, Belgrave (Barton, Booth, Baffoe, Anderson)

48.1. **4x400m:** 1, Belgrave (Wilson, Scott, Booth, Niko) 3:49.9.

Boys.

100m: 2, S.Amfo 13.5; 1, A.Evelyn 12.9. **200m:** 1, C.Griffin 26.7; 1, M.Cooper 25.8. **400m:** 3, R.Milner 59.9; 1, E.Vanson 61.5. **800m:** 1, G.Mason 2:12.6; 1, E.Vanson 2:25.3. **1500m:** 3, R.O'Neill 6:00.0. **3000m:** 2, M.Collins 11:06.2; 2, J.Selaisse 13:18.3; ns. G.Mathias 11:35.5. **80mH:** 1, C.Griffin 12.3; 1, R.Milner 14.4; ns. G.Mensah-Bonsu 14.3. **HJ:** 1, R.Shelton 1.57; 1, S.Bond 1.57; ns. P.Lloyd 1.54. **LJ:** 3, M.Baldock 4.50; 2, M.Cooper 4.46. **TJ:** 1, M.Aldred 12.24; 1, J.Ganio 10.94. **PV:** 1, M.Baldock 2.40. **SP:** 1, D.Fallon 10.34; 1, A.Barnett 9.30. **DT:** 1, D.Fallon 26.70; 1, A.Barnett 24.50. **JT:** 2, J.Briant 21.62; ns. B.Cooper 21.96, A.Maidment 18.52. **HT:** 1, A.Barnett 25.50; 1, D.Fallon 22.44. **4x100m:** 1, Belgrave (Evelyn, Amfo, Ganio, Baldock) 50.9; ns. Belgrave 49.4. **4x400m:** 1, Belgrave (Milner, Vanson, Bond, Mason) no time taken.

Colts.

100m: 1, D.Jackman 13.4; 1, S.Scott 13.5; ns. M.Dickson 13.4. **O.Hunt** 13.8, **M.Harvey** 14.7, **R.Bentley** 14.2, **R.James** 17.2. **200m:** 1, M.Dickson 26.9; 1, R.Bentley 28.0; ns. M.Harvey 29.7, D.Jackman 27.5, O.Hunt 29.1, R.James 34.8. **800m:** 1, J.Drake 2:24.9; 1, A.Breeze 2:37.7; ns. R.Elgar 2:46.7,

A.Mason 3:02.4, C.Drake 3:14.0. **1500m:** 1, S.Alexander 5:01.8; 1, M.Elgar 5:17.1. **4x100m:** 1, Belgrave (Scott, Jackman, Bentley, Dickson) 52.9; ns. Belgrave 57.2, Belgrave 66.7.

Teams: 1, Belgrave 348.

Man of the match: M.Dickson 26.9 Colts 200m.

THAMESIDE LEAGUE 3 AUG 1991

Boys.

100m: ns. M.Baldock 13.5. **200m:** 3, J.Ganio 26.9; 1, M.Baldock 26.7. **400m:** 1, R.Milner 61.9; 1, E.Vanson 64.6; **800m:** 1, G.Mason 2:10.4; 1, E.Vanson 2:21.1. **1500m:** 4, G.Mathias 5:13.2. **80mH:** 2, G.Mensah-Bonsu 15.4. **HJ:** 3, R.Milner 1.45. **LJ:** 3, J.Ganio 5.24; 2, M.Baldock 4.44. **SP:** 5, S.Pascoe 6.87. **DT:** 2, M.Baldock 24.88; 3, S.Pascoe 16.54. **JT:** 2, S.Pascoe 29.26. **4x100m:** 52.8.

Ready for the off! Daniel Barton, David Baffoe, Michael Hughes, Stuart Booth, Marlon Anderson, Francis Niko, Toby Earle, Simon Acton Bond, Eddie Vanson, Martin Readhead, Gareth Mathias and Mark Padfield get ready to tackle 2.5 miles of cross country at Petersham. photo: Alan Mead



BELGRAVE BOYS' CLUB RECORDS

100m	11.92	I. Gilley	1986
200m	23.9	C. Gardner	1983
		I. Gilley	1986
400m	52.6	1 R. Hudson	1961
	52.6	S. Richards	1982
800m	2:03.79	A. Ross	1986
1500m	4:28.3	D. Ward	1984
1 mile	4:47.6	R. Langley	1968
3000m	9:26.7	2 R. Langley	1968
	10:11.0	G. McGurren	1983
80mH	11.6	B. Quirk	1968
		C. Gardner	1983
4x100m	47.8	M. Dooley	1983
		B. Zreik	
		G. Warr	
		C. Gardner	
4x400m	3:58.5	S. Debell	1991
		E. Vanson	
		G. Mason	
		R. Milner	
HJ	1.90	S. Osuide	1989
LJ	6.02	S. McLean	1989
TJ	12.24	M. Aldred	1991
PV	3.20	M. Shippen	1975
SP (4kg)	13.00	J. Martin	1962
DT (1kg)	40.49	3 D. Thorogate	1964
(1.25kg)	28.82	R. Oakley	1983
JT (600gm)	42.22	P. Crosbie	1972
HT (4kg)	30.82	R. Oakley	1983
Pentathlon	2777	S. McLean	1989

Notes.

- 1 = Converted from 440 yards time.
- 2 = Converted from 2 miles time.
- 3 = Performance achieved with an implement now superceded but not intrinsically bettered with the current, heavier, implement.



Francis Niko has had a mervellous summer on the track and is now transferring his form to the country. photo:Alan Mead

Teams: 2, Belgrave 92.

Colts.

100m: 2, D.Jackman 13.0; 1, M.Dickson 13.2; ns. J.Pascoe 15.9, R.James 16.2, A.Hill 14.1, D.Thompson 14.2, C.O'Driscoll 14.9. 200m: 2, M.Dickson 27.2; 1, D.Jackman 27.3; ns. C.O'Driscoll 32.5, R.James 35.6, G.Mensah-Bonsu 34.4. 400m: 1, R.Bentley 65.4; 3, J.Pascoe 79.2. 800m: 3, S.Scott 2:38.6; 1, M.Elgar 2:39.6; ns. G.Mathias 2:45.2. 1500m: 4, M.Elgar 5:38.1; 4, A.Mason 5:51.6. 80mH: 2, S.Scott 13.9; 2, M.Elgar 16.6. HJ: 1, S.Scott 1.35; 1, D.Thompson 1.35. LJ: 3, R.Bentley 4.14; 1, A.Hill 4.13. SP: 5, C.O'Driscoll 5.19; 3, D.Thompson 4.23; ns. A.Hill 5.28. 4x100m: 1, Belgrave 52.7; ns. Belgrave 61.2.

Teams: 2, Belgrave 111.

**SURREY TRACK RELAYS
KINGSMEADOW, 22 SEP 1991**

Three relays - three Club Records! And what a cracking display of sprinting by our colts team. Only Bexley appear to have bettered this time in the whole of the UK and we beat them when we met

earlier in the year.

Boys

4x400m: 3, Belgrave (S.Debell 62.2, G.Mason 56.7, E.Vanson 63.0, R.Milner 56.6) 3:58.5 (Club record).

Colts

4x100m: 1, Belgrave (A. Hill. M.Dickson, J.Hilston, D.Jackman) 52.1 (Club record). 4x200m: 1, Belgrave (D.Jackman, A.Hill, J.Hilston, M.Dickson) 1:51.4 (1:50.4 heat Club record).

**Early cross
country results**

**SURREY CC RELAY
LLOYD PARK, 6 OCT 1991**

Youths

5, Belgrave (S.Booth 8:58, S.Acton Bond 9:20, S.Debell 10:12, M.Anderson 9:06) 37:36

Boys

3, Belgrave A (R.Milner 9:53, G.Mathias 10:52, G.Mason 8:39, T.Earle 9:41) 39:05; -, Belgrave B (P.Lloyd 8:47, C.Lawton 12:57).

Colts

**THAMESIDE LEAGUE
1991**

Colts

1, Belgrave	26	(452)
2, Croydon	26	(401)
Boys		
1, Croydon	28	(563)
2, Belgrave	23	(414.5)

**WOOLWORTH'S
NATIONAL YA
LEAGUE SOUTH
DIVISION 2 1991**

1, Bexley	24	(1392)
2, Havant	24	(1369.5)
3, Belgrave	22.5	(1294.5)
4, Horsham	22	(1201)

4, Belgrave (A.Hill 10:40, R.Elgar 11:34, D.Clack 11:13, P.Clack 12.03) 45:30.

**REEBOK SURREY CC
LEAGUE RACE 1
PETERSHAM 12 OCT 1991**

Youths and Boys

1, R.Xerri (Herc.Wimb) 14:44; 2, C.Rogers (Woking) 14:46; 3, A.Grout (Woking) 15:05; ... 5, F.Niko 15:23; 7, M.Readhead 15:29; 10, S.Acton-Bond 15:50; 12, M.Anderson 15:55; 15, S.Booth 16:20; 17, M.Collins 16:51; 22, T.Earle 17:40; 23, E.Vanson 17:49; 25, C.King 18:13; 26, M.Padfield 18:19; 27, S.Debell 18:29; 28, G.Mathias 18:34; 29, R.Milner

18:37; 31, D.Todd 19:03; 38, D.Barton 20:29; 39, M.Hughes 20:45; 41, D.Baffoe 21:17; 42, S.Amfo 22:05.

Teams: 1, Woking 40; 2, Belgrave 49; 3, Hercules Wimbledon 58; 4, Herne Hill 89.5; 5, South London 101.

Colts:

1, R.Bansoodeb (Herc.Wimb) 17:10; 2, S.Michael (SLH) 18:01; 3, C.Desbrow (SLH) 18:04; ... 5, R.Elgar 19:05; 6, M.Elgar 19:11; 13, T.Muts 20:03; 15, A.Mason 20:44; 18, T.Drake 21:39; 20, D.Jackman 22:13; 22, P.Clack 24:29; 23, R.Bentley 27:02

Teams: 1, South London 36; 2, Hercules Wimbledon 41; 3, Belgrave 57; 4, Herne Hill 97.



Leo and his "young lions". The first league cross country match at Petersham gave us a chance to get most of our lads together for a team photo.

Back row (left to right): Michael Collins, David Baffoe, Simon Acton-Bond, Robert Milner, Francis Niko, Ross Bentley, Sam Debell, Daniel Barton, Leo Coy, Stuart Booth, Eddie Vanson, Marlon Anderson, Darby Todd, Martin Readhead, Michael Hughes and Daniel Jackman.

Front row: Chris Drake, Jody Debell, Toby Earle, Steve Amfo, Gareth Mathias, Mark Padfield, Ryan Elgar, David Clack, Mark Elgar, Peter Clack, Tristan Muts, James Drake and Chris King. Missing from the picture but competing on the day was Adam Mason.

photo: Alan Mead

BELGRAVE COLTS' CLUB RECORDS

100m	12.0	I. Gilley	1984
200m	24.6	I. Gilley	1984
400m	56.6	I. Gilley	1984
800m	2:22.4	M. Cannon	1976
1500m	4:55.1	A. Stevens	1985
80mH	13.9	S. Scott	1991
4x100m	52.1	A. Hill	1991
		M. Dickson	
		J. Hillston	
		D. Jackman	
4x200m	1:50.4	D. Jackman	1991
		A. Hill	
		J. Hillston	
		M. Dickson	
HJ	1.58	M. Cannon	1976
LJ	5.41	I. Gilley	1984
TJ	9.26	S. Wyld	1977
SP (4kg)	9.52	O. Hunt	1991
JT (600gm)	25.34	S.W. Crosbie	1974

We have very sad news to relate about our one-time marathon Club Record holder Tony Brien. Now living in the United States, Tony is suffering terribly from motor-neurone disease and is confined to a wheel chair. The Club sent a donation earlier this year but unfortunately there is so little that can be done to help when there is no known cure.

Around the tracks

New member Ikem Billy placed 5th in the Welsh Games at Cwmbran on July 14th in 1:50.2 but just look who came home in last place - Billy Konchella - destined to be World Champion six weeks later! Hopeton Lindo placed 6th in the high jump with 2.11 and Darrin Morris, representing Scotland, reached 54.64 in the discus.

Paul Evans ran 28:57.21 for 10,000 metres when he placed 9th behind a host of Africans at Formia in Italy on July 8th.

Stanley Osuide and Sean McLean were within 3 centimetres of each other in the All England Schools Championships high jump. Stanley won with 1.99 and Sean was 4th with 1.96, both representing London. Francis Niko did not progress beyond the heats of the 800 metres but should be well pleased with his 2:05.9.

That man "Snowy" Brooks, now a Life Member of the Club, doesn't let up does he. In the Sheffield Veteran Games on June 30th he took first place in the V45 high jump, pole vault and discus with 1.50/3.00/43.52.

Gary Staines led for 2,350 of the 3,000 metres at the McVities International at Meadowbank, GB v USSR, only for the Soviet Mikhail Dasko to pass him at that stage. But Gary did not have that scenario in his plans and

came back at him as the bell was reached. Dasko again took the lead around the final turn only for the Belgravian to fight back tenaciously until he was assured of victory just before the line, his time 7:44.98. Further down the field were rivals Eamonn Martin and Ian Hamer. Darrin Morris was 6th in the discus, 54.06, and John Regis found himself shunted back to 4th in the short sprint in 10.52 with Lennie Paul 6th, 10.56.

Wrexham was the scene of the Schools International on July 20th and Stanley Osuide, representing England, found himself in an unaccustomed 2nd place behind Edwards of Wales, 2.00 to 2.05.

Justin Chaston had an excursion over 1500 metres at Loughborough on July 16th in the Reebok Challenge. He placed 5th in 3:50.02. Meanwhile, at Stretford, Ikem Billy turned in a nippy 400 metres of 48.9 to win by 0.7 in an open meeting.

Belgravians found themselves on opposing teams for the SCAA v Combined Services v Achilles match at Crystal Palace on July 31st. 400: 4, P.Beaumont 49.11. 800m: 5, D. Maynard 1:53.2. 3000mSC: 4, G.Teahan 9:36.54. 110mH: 1, J.Ridgeon 13.96. HJ: 1, A.Hutchinson 2.14; 3, W.Caswell 2.00. PV: 3, D.McDermott 4.40. DT: 3, L.Marar 47.56.

Track and Field

Bels. now so close to "top club" status

If you haven't already heard the exciting news, 1991 saw the Belgrave men's track and field team scale their highest peaks yet. Victory in the G.R.E.Cup, within a few match points of winning British League Division 1, gaining promotion for both Southern League teams, six competitors at the I.A.A.F. World Championships.... And somehow one gets the impression that it is not going to end here. Will we, in 1992, go one better and win the right to represent the United Kingdom in the European Clubs Championships? DAVE MOTE documents happenings in S.L. Division 6 and BILL LAWS does likewise for the B.A.L. and Cup teams.

SOUTHERN LEAGUE DIV. 6 WALTHAMSTOW, 4 MAY 1991

100m: "B" scorer only 2. G.Sagar 12.1. **200m:** 3, S.Dominetti 24.5; 2, G.Sagar 26.1. **400m:** 2, M.Chuter 54.2; 2, G.Sagar 58.9. **800m:** 3, N.Clarke 2:07.2; 3, M.Jackson 2:07.3. **1500m:** 2, R.Alsop 4:18.5; 1, J.Coy 4:23.3. **5000m:** 1, M.Lake 15:45.7; 2, D.Anderson 16:51.8. **110mH:** 1, A.Johnson 18.1; 1, A.Aitken 21.0. **400mH:** 3, J.Coy 77.9; 2, D.Anderson 76.1. **3000mSC:** 2, R.Harding 10:31.3; 1, T.Dowdell 11:30.5. **HJ:** 3, A.Aitken 1.50; 1, A.Johnson 1.50. **LJ:** 1, A.Aitken 6.07; 2, D.Mote 4.27. **TJ:** 2, A.Aitken 12.42; 1, A.Johnson 10.76. **PV:** 1, A.Aitken 2.30; 1, D.Mote 2.30. **SP:** 1, A.Johnson 9.74; 1, P.Lyttle 9.66. **DT:** 1, P.Lyttle 28.74; 1, A.Johnson 28.62. **JT:** 2, G.Sagar 37.68; 1, P.Lyttle 34.44. **HT:** 2, A.Johnson 24.36; 2, D.Mote 16.04. **4x100m:** 2, Belgrave 48.1. **4x400m:** 2, Belgrave 3:48.4. **Teams:** 1, Belgrave 150; 2, GEC Avionics 136.5; 3, Eton Manor 113.5; 4, Loughton 72. Mitcham & Sutton did not compete.

ROSENHEIM LEAGUE TOOTING BEC, 19 JUN 1991

100m: ns. 6, S.Dominetti 12.0; 4, I.Atkins 13.8. **200m:** 4, S.Dominetti 23.8; ns. 5, I.Atkins 28.5. **400m:** 5, A.Armstrong 57.0; ns. 1, S.Booth 55.4. **800m:** 4, N.Clarke 2:05.6; ns. 2, D.Winson 2:05.0; 3, A.Armstrong 2:05.7. **1500m:** 3, M.Bizio 4:12.1; ns. 3, D.Clack 4:18.8. **3000m:** 4, R.Alsop 8:51.9; ns. 6, C.Dickinson 8:57.6; 12, M.Bizio 9:04.9; 24, A.Stone 10:16.8. **DT:** 1, M.Small 39.20. **HT:** 3, M.Small 45.18.

4x200m: 5, Belgrave 1:46.9. **Teams:** 1, Mitcham & Sutton 50; 2, Croydon 49, 3, Heme Hill 42; ... 5, Belgrave 27.

SOUTHERN LEAGUE DIV. 1 BATTERSEA PARK, 29 JUN 1991

100m: 5, M.French 12.1; 2, D.Browne 11.5. **200m:** 4, M.French 22.7; 2, D.Browne 23.0. **400m:** 3, R.Turner 50.2; 2, M.Fok 50.8. **800m:** 4, B.Reid 1:56.2; 3, A.Paton 2:01.4. **1500m:** 3, G.Teahan 3:58.9; 3, M.Anderson 4:02.2. **5000m:** 3, F.Ward 15:10.7; 3, R.Alsop 15:27.2. **110mH:** 1, R.Hunter 15.2; 1, S.Shirley 16.0. **400mH:** 3, I.Bland 55.9; 2, M.Ramshaw 58.0. **3000mSC:** 5, C.Millbank 10:00.4; 5, J.Barry 10:27.2. **HJ:** 3, S.Shirley 1.90; 1, G.McKernan 1.90. **LJ:** 1, F.Salle 7.37; 1, S.Wyld 6.62. **TJ:** 2, J.Druce 12.41; 1, M.Fok 12.00. **PV:** 1, I.Tullett 5.00; 1, G.McKernan 3.60. **SP:** 3, M.Small 12.23; 1, G.McKernan 11.92. **DT:** 2, S.Shirley 40.62; 1, M.Small 40.38. **JT:** 1, N.Bevan 69.78; 1, S.Shirley 59.50. **HT:** 1, P.Spivey 60.16; 1, M.Small 44.52. **4x100m:** 2, Belgrave 43.6. **4x400m:** 2, Belgrave 3:21.7. **Teams:** 1, Belgrave 136; 2, Peterborough 125; 3, Highgate 103.5; 4, Bedford 89; 5, Portsmouth 85.5.

SOUTHERN LEAGUE DIV. 6 BATTERSEA PARK, 29 JUN 1991

With two wins behind them the team hit their first home meeting. Unfortunately, they also bumped into Bognor, the league's eventual winners. The match was hard fought with Belgrave and Bognor

swapping the lead throughout the afternoon. But even with Abi and Snowy winning both strings of the discus, the boys from the South Coast won the day.

100m: 3, S.Dominetti 11.9; 1, J.Carr 11.8. **200m:** 2, S.Dominetti 23.5; 1, J.Carr 23.8. **400m:** 2, D.Winson 53.8; 2, M.Chuter 54.8. **800m:** 3, N.Clarke 2:01.2; 2, M.Bowers 2:07.0. **1500m:** 4, N.Clarke 4:15.0; 2, A.Armstrong 4:16.8. **5000m:** 1, J.Estell 15:07.3; 1, M.Lake 15:30.3. **110mH:** 2, A.Grant 16.5; 3, D.Mote 23.5. **400mH:** 1, A.Grant 61.8; 1, C.Knight 59.4. **3000mSC:** 1, R.Harding 10:03.4; 1, T.Dowdell 10:52.2. **HJ:** 4, C.Brooks 1.50; 5, R.Bridges 1.00. **LJ:** 1, P.Mercer 6.69; 2, J.Pritchard 5.67. **TJ:** 5, R.Rugunda 10.29; 4, R.Bridges 9.71. **PV:** 4, D.Mote 2.10; 3, R.Bridges 2.10. **SP:** 1, C.Brooks 10.73; 2, J.Martin 9.28. **DT:** 1, A.Ekoku 51.60; 1, C.Brooks 33.36. **JT:** 2, C.Brooks 46.50; 2, D.Mole 43.46. **HT:** 5, R.Bridges 20.34; 3, J.Martin 20.08. **4x100m:** 1, Belgrave 45.2. **4x400m:** 2, Belgrave 3:38.0. **Teams:** 1, Bognor 146; 2, Belgrave 135.5; 3, Worthing 102; 4, W. Suffolk 83; 5, Ealing 59.5.

ROSENHEIM LEAGUE CROYDON, 3 JUL 1991

100m: 6, J.Atkins 14.0. **200m:** 6, J.Atkins 29.5. **800m:** 5, J.Coy 2:11.9. **1500m:** 3, M.Bizio 4:10.2; ns. 1, R.Alsop 4:10.0. **3000m:** 3, G.Tiernan 8:42.4. **400mH:** 1, A.Pamah 57.1. **LJ:** 5, I.Atkins 3.58. **JT:** 6, I.Atkins 19.30. **Teams:** 1, Croydon 60; 2, South London 43; =3, Mitcham & Sutton and Hercules Wimbledon 40; ... 6, Belgrave 21.

Around the tracks continued ...

At the Monte Carlo Grand Prix on August 3rd, in his speciality distance the 200 metres, John Regis came up against his main rivals Michael Johnson and Frankie Fredericks. Both had the measure of him with 20.05 and 20.13 to John's 20.36. Over 5,000 metres Gary placed 7th with 13:34.33 and just two days later the winner of that race, 19 year old Kenyan Richard Chelimo, put another Belgravian well behind him over the same distance - this time Paul Evans who clocked 13:41.38.

England v Russian Republic at Moscow on 3rd and 4th August saw five Belgravians in the team. Abi Ekoku threw 52.54 for 4th in the discus, Ian Tullet and Mike Edwards both cleared 5.00 in the pole vault for 5th and 6th, Warren Caswell high jumped 2.05 for 5th and Lennie Paul was 4th in the 100 metres in 10.68.

Jon Ridgeon clocked his best time this side of his comeback with 13.90 in the Grand Prix Meeting at Cologne on September 8th. Jon was not in contention for the major placings in this event, won by Renaldo Nehemiah, coming home 8th and last, but he must have been pleased with his time. A couple of days earlier in New Delhi he was up in the frame, however, taking 2nd spot in 14.02 behind Herwig of Austria and ahead of American Tony Campbell.

Shot specialist Paul Edwards reached a massive 20.22 in an "unofficial" competition at Woking in September. His series was 18.81, 19.11, 20.22, x, 19.30, 19.19.

Another 13.90 for Jon Ridgeon came at the McVities Challenge on 15th September at Sheffield's Don Valley Stadium. This time he was 6th. Roger Tepuni leapt 2.15 for 4th in the high jump, Ian Tullet cleared 5.20 in the pole vault and John Regis held USA men Valmon and Jenkins at bay in a very speedy 32.19 over 300 metres.



Gary Staines had the measure of Kirk (Wolverhampton & Bilston) and Mangleshot (Woodford Green) in a tight finish to the 1,500m in the final BAL match
photo: Bill Laws

Safely through to Cup Final

BILSTON, 6 JUL 1991

The planners are invariably adventurous in their choice of eight lane tracks for the Cup Semi's. This year we trekked to Bilston and were pleasantly surprised to receive a friendly welcome by the local Club whose ground is situated some three miles from its illustrious neighbour at Warley.

The competition looked daunting with Caledon Park leading Division 2 of the BAL and Woodford Green always a threat at one per event. Fortunately Marcus Adam honoured a long standing commitment and despite not being fully fit opened our account with a third in the 100m followed by a win in the 200m later. Ian Wells worked hard for his 3rd spot in the 400 hurdles and Stuart Paton came from last to second in the 800m over the last 60m. Meanwhile Phil Spivey gained 2nd in the hammer (thankful that he was eligible for the Cup) and Chris Symonds threw a lifetime best also to gain 2nd in the shot. Justin Chaston found himself a bit short of pace, succumbing to the big kickers in the 1500m, while Stuart Paton caused much amusement in the 3000m steeple-

chase, first taking the lead and then dropping back only to sprint between barriers before hopping over. His time of 9:32.2 turned out to be a highly respectable debut at this distance. Frank Ward did well to finish 3rd in the 5000m and as temperatures soared to the highest of the summer so far, Ollie Foote showed great judgement to gradually pick off all the opposition and sprint home a clear winner in the 10,000m, running a 62 second last lap.

Fred Salle opened his account for Belgrave with a spectacular 7.73 to record the 3rd best legal long jump for the year so far in the UK and to win by 50cm. Meanwhile, Nigel Bevan, who had been prostrated most of the afternoon by a trapped nerve in his back, had been advised by the Blackheath physio. not to compete. With no reserve this looked ominous for us but with massage from some of the ladies present he recovered sufficiently to let go one throw and win the competition., thereafter to be rehabilitated by his fan club and barracked by the middle distance men.

With 9 points for a win and 1 for last the final three events were critical. Mike Edwards again

came up trumps in the pole vault, setting a ground record, but the relay teams were a hotch potch. This match saw the birth of new sprint relay stars with triple jumper Derek Browne blasting from the gun to hand over to Abi Ekoku. Fortunately for Derek he did let go of the baton otherwise the explosive power of Abi would have dragged him halfway down the straight. Abi in full flight is something to behold and he must be capable of a sub 11 100m clocking on this performance. 400m man Duane Hart took over in third spot while Marcus anchored the team to third place in the respectable time of 42.4. The least said about the long relay the better except that Mike Edwards, who had been bragging about his times over the 400, got the honour of running the anchor leg. A storming third leg by Graham Adams had brought us into third spot but in a scramble for the line Mike was gobbled up by three other teams including a fast moving Elliott Bunney. Nonetheless, his 50.7 split silenced those who thought he would be lucky to break 60!

So we'd won. Amongst the celebrations commiserations went to Paul Beaumont who had travelled with the team but had to pull out of the 400 hurdles and 400 flat due to a knee injury. Hope he'll be ok for the final.

100m: 3, M.Adam 10.7. **200m:** 1, M.Adam 21.1. **400m:** 6, D.Maynard 50.0. **800m:** 2, S.Paton 1:51.7. **1500m:** 5, J.Chaston 3:56.2. **5000m:** 3, F.Ward 15:16.7. **10000m:** 1, O.Foote 31:20.5. **110mH:** 2, A.Carter 14.9. **400mH:** 3, I.Wells 54.5. **3000mSC:** 4, S.Paton 9:32.2. **HJ:** 1, W.Caswell 2.11. **LJ:** 1, F.Salle 7.73. **TJ:** 2, D.Browne 15.21. **PV:** 1, M.Edwards 5.20. **SP:** 2, C.Symonds 15.02. **DT:** 2, A.Ekoku 53.98. **JT:** 1, N.Bevan 66.80. **HT:** 2, P.Spivey 62.96. **4x100m:** 3, Belgrave (D.Browne, A.Ekoku, D.Hart, M.Adam) 42.4. **4x400m:** 7, Belgrave (I.Wells, G.Adams, D.Hart, M.Edwards!) 3:20.5. **Teams:** 1, Belgrave 134, 2, Woodford Green 125, 3, Caledon Park 114, 4, Leeds 92, 5, Windsor, Slough & Eton 80, 6, Peterborough 76, 7, Blackheath 73, 8, GEC Avionics 41.

SOUTHERN LEAGUE DIV. 1 PLYMOUTH, 13 JUL 1991

100m: 1, M.French 11.4; 2, M.Bazire 11.6. **200m:** 4, M.French 23.4; 2, M.Bazire 23.5. **400m:** 1, D.Hart 49.7; 1, R.Turner 51.4. **800m:** 1, R.Turner 1:57.3; 1, A.Paton 2:01.0. **1500m:** 2, G.Teahan 4:05.6; 1, B.Reid 4:09.8. **5000m:** 2, J.Estall 15:12.7; 1, R.Alsop 15:31.4. **110mH:** 2, A.Grant 17.1; 1, G.McKernan 17.8. **400mH:** 2, M.Ramshaw 59.3; 1, A.Grant 59.5. **3000mSC:** 5, R.Alsop 10:55.4; 5, J.Coy 11:31.5. **HJ:** 2, G.McKernan 1.85; =2, P.Mercer 1.65. **LJ:** 1, P.Mercer 6.74; 1, M.Bazire 6.32. **TJ:** 1, D.Browne 14.66; 1, P.Mercer 12.74. **PV:** 4, G.McKernan 3.85. **SP:** 1, A.Ekoku 16.02; 1, M.Small 11.44. **DT:** 1, A.Ekoku 55.66; 1, M.Small 39.12. **JT:** 2, G.McKernan 50.38; 2, M.Small 43.16. **HT:** 3, M.Small 43.42; 5, G.Teahan 14.34. **4x100m:** 1, Belgrave 44.4. **4x400m:** 1, Belgrave 3:22.7. **Teams:** 1, Belgrave 144.5; 2, Old Gaytonians 119; 3, Plymouth 97.5; 4, Bracknell 91; 5, Royal Navy 84.

SOUTHERN LEAGUE DIV. 6 ANDOVER, 13 JUL 1991

As the team travelled west, the weather looked as foreboding as the competition. Andover was to see three of the top four Division 6 clubs do battle and on paper Belgrave was due to come out worst. It was a long grey afternoon with brave Belgrave flourishes. Mike Edwards senior appeared in the

BRITISH ATHLETICS LEAGUE DIVISION 1

Minor disasters cost us the match

pole vault and Snowy Brooks pulled off two first places. John Druce cleared an impressive 1.50m in the high jump (which isn't bad for a triple jumper!) and he then went on to win his speciality. Pat Lyttle's efforts gave him a first place in the B discus and John French came through to win the B string 100 and 200 meters. The day ended with Belgrave proving the bookies right!

100m: 1, J.French 11.6; 3, S.Dominetti 12.1. **200m:** 5, S.Dominetti 24.5; 1, J.French 24.1. **400m:** 3, W.Chisnall 54.2; 4, M.Chuter 54.7. **800m:** 2, M.Chuter 2:03.7; 3, N.Clarke 2:05.2. **1500m:** 2, J.Barry 4:15.6; 2, N.Clarke 4:17.9. **5000m:** 2, M.Lake 15:38.5; 2, D.Anderson 16:34.2. **110mH:** 4, C.Brooks 21.0; 5, D.Mote 25.1. **400mH:** 4, R.Bridges 76.8; 5, D.Anderson 73.1. **3000mSC:** 4, T.Dowdall 10:50.9; 4, J.Barry 11:25.5. **HJ:** 4, J.Druce 1.50; 3, C.Brooks 1.45. **LJ:** 2, J.Druce 5.58; 3, W.Chisnall 4.85. **TJ:** 1, J.Druce 12.45; 5, R.Bridges 9.55. **PV:** 1, M.Edwards, Sen. 3.45; 1, C.Brooks 2.75. **SP:** 3, C.Brooks 9.70; 3, J.Martin 9.56. **DT:** 2, C.Brooks 32.50; 1, P.Lyttle 30.64. **JT:** 2, C.Brooks 39.12; 2, P.Lyttle 33.52. **HT:** 5, R.Bridges 19.66; 3, J.Martin 17.46. **4x100m:** 2, Belgrave 47.0. **4x400m:** 4, Belgrave 3:44.8. **Teams:** 1, Newquay & Par 145; 2, Salisbury 141; 3, Belgrave 113; 4, Verlea 87; 5, Biggleswade 48.

Two points behind Haringey going into the third league match meant that we had to finish first to stand any chance of winning the league after our disastrous registration mix-up and the disqualification of our "foreign" athletes in Match 1. The dream scenario was for us to win with Birchfield pushing Haringey down to third place thus leaving it all square between us for Match 4.

As it was we almost made it. Haringey were indeed third but Birchfield, on their home track, mustered all of their big guns to win the match and push us into second spot by just one point.

And it could have been so different. At the final count we had eight minor disasters with several athletes either not making it or at least missing one or more events due to travel problems. As usual the team managers were on tenterhooks as only Gary Staines managed the early flight back after the previous night's International in Edinburgh. Jon Ridgeon wafted in from the

previous day's meeting in France showing that where there's a will there's a way!

The match started with our usual hammer disaster. Not only was Phil Spivey ineligible but we failed to field a second thrower - so a point lost at the outset. Spirits rose rapidly as we reeled in splendid points in the 400 hurdles with a Paul/Ian one-two. Almost immediately the 800 metre boys found out why Stuart Paton is renowned for his kick while new man Rob Turner had a good first outing, gaining valuable 'B' points. Meanwhile, newly eligible decathlete Simon Shirley was holding on to third spot in the long jump and quickly switched to the 'B' 100 as two-thirds of our sprint squad had not appeared. The team managers offered up thanks to Lennie Paul (playing his usual Captain's role) and for Simon Shirley who demonstrated the value of a world class decathlete's presence in the team. Warren Caswell and Hopeton Lindo gained valuable points in the high jump while Abi found that a

55.64m throw wasn't good enough in a high class discus. Chris Symonds continued to amass good points for the Club as he and Abi doubled up for the shot, while all around people were eagerly plugging gaps. Jon Ridgeon gained a fine second to carry on his gruelling race schedule over the high hurdles while Ian Wells again stepped in to pip Dalton Grant (yes - Dalton Grant!) in the 'B' hurdles. Paul Beaumont doubled up in the flat 400 to run a season's best and Marcello Bizio doubled up in the 5,000 only thirty minutes after a hard run in the steeplechase. Ray Chambers and Simon Shirley gained valuable points in the javelin, Nigel Bevan's absence due to a sudden knee operation - it was doubtful if he would throw again during the season.

Going into the relays it was neck and neck. We felt confident but in the sprint relay John Regis ran away from Derek Browne at the last handover - stopped - restarted and finished second equal (electric!). To make up for this the sprinters (including Lennie

Bels. pay tribute to Ron Pickering

Several Belgravians attended the Ron Pickering Memorial Games held in fine weather on July 13th and despite an already overcrowded schedule came away with some fine performances in what turned out to be fitting tribute to one of the Greats of our Sport.

Up and away was Mike Edwards who achieved first time clearances at 5.20, 5.30, 5.40 and 5.50m only to miss a new Commonwealth pole vault record of 5.66m by the narrowest of margins. Ian Tullett maintained his steady progress, finishing 3rd in 5.20m.

Lennie Paul won the 100 metres with the slight assistance of a 3 metre per second following wind to set a huge pb of 10.25, beating Olympian Darren Braithwaite by 6/100ths. To show this wasn't a fluke Lennie won the 150 metres in a legal (-0.5mps) time of 15.53 ahead of American Marty Krulee with Braithwaite 3rd in 15.82.

Roger Te Puni, Simon Shirley and Fred Salle were other competitors while Jon Ridgeon and John Regis were prominent among the sporting elite who attended to pay their last respects to a man who has done so much for our sport over the last 30 years.

Bill Laws

*John Regis (1) takes the back stretch, passing the baton on to Simon Shirley (2) at New River Stadium during B.A.L. match 4.
photo: Bill Laws*



Paul who was creamed after the 100, 200 and sprint relay) all ran the long relay. They all hit lactic down the home straight with Marcus finding Lennie's demonstration of the crawl quite hilarious - only to repeat the action himself and needing to be carried off. We won the event in a new Club Record of 3:13.25 and as the final points tally took into account Gary Staines 'B' 1500m win (if only he'd run the 'A') and Mike Edwards and Dylan McDermot's fine pole vault points we found we had lost by just one point.

All team managers know that every point counts. We found out the hard way. If only!!

100m: 2, L.Paul 10.56; 8, S.Shirley 11.26. 200m: 2, M.Adam 21.22w; 1, L.Paul 21.03w. 400m: 5, P.Beaumont 48.72; 5, D.Scott 50.98. 800m: 1, S.Paton 1:53.55; 3, R.Turner 1:54.77. 1500m: 4,

J.Chaston 3:55.05; 1, G.Staines 3:46.25. 5000m: 6, O.Foote 14:50.37; 8, M.Bizio 15:54.43. 110mH: 2, J.Ridgeon 14.15w; 4, I.Wells 15.44. 400mH: 1, P.Beaumont 52.09; 2, I.Wells 54.69. 3000mSC: 5, M.Bizio 9:33.61; 5, G.Pitts 10:13.24. HJ: 2, W.Caswell 2.10; 2, H.Lindo 2.00. LJ: 3, S.Shirley 7.17; 7, M.Edwards 6.13. TJ: 3, D.Browne 15.61; 5, W.Caswell 13.95. PV: 1, M.Edwards 5.30; 2, D.McDermot 4.60. SP: 2, A.Ekoku 15.96; 4, C.Symonds 14.03. DT: 2, A.Ekoku 55.64; 4, C.Symonds 47.70. JT: 4, R.Chambers 61.20; 3, S.Shirley 55.82. HT: 8, C.Symonds 36.16. 4x100m: =2, Belgrave (M.Adam, L.Paul, D.Browne, J.Regis) 41.41. 4x400m: 1, Belgrave (S.Paton, L.Paul, J.Regis, M.Adam) 3:13.25. Teams: 1, Birchfield 336, 2, Belgrave 335, 3, Haringey 332, 4, Wolverhampton & Bilston 247, 5, Thames Valley 241, 6, Shaftesbury Barnet 238, 7, Newham & Essex Bgls 228, 8, Woodford Green 224.

**ROSENHEIM LEAGUE
TOOTING BEC, 31 JUL 1991**

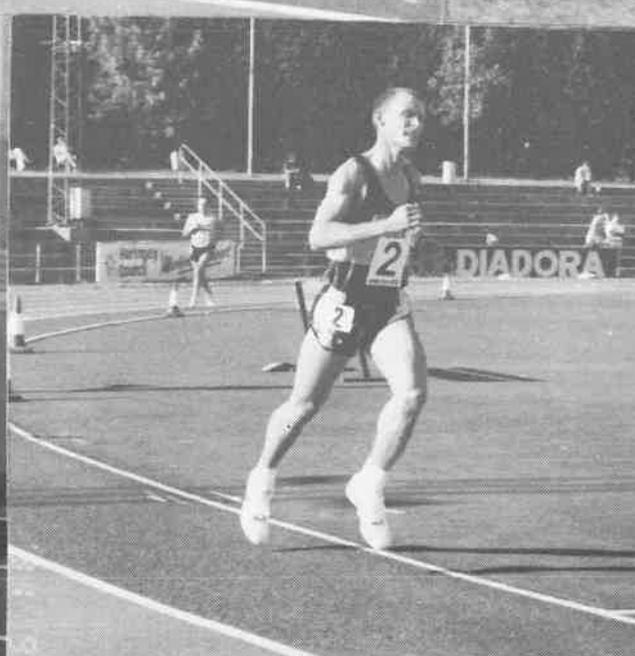
100m: 2, I.Campbell 11.4; ns. 2, C.Reynolds 11.4; 6, P.Mercer 11.8; 3, J.Carr 12.0; 6, S.Dominetti 12.3; 6, R.Atkins 13.8. 200m: 4, S.Dominetti 24.3; ns. 3, J.Carr 23.8; 8, R.Atkins 29.3. 800m: 2, D.Scott 1:57.0; ns. 1, G.Adams 1:59.5; 5, M.Bowes 2:06.0; 3, J.Coy 2:09.1. 1500m: 5, A.Armstrong 4:16.5; ns. 4, N.Clarke 4:09.5; 9, J.Wah 4:20.0. 3000m: 3, M.Bizio 8:48.6. 110mH: 2, A.Pamah 16.1. LJ: 5, I.Atkins 4.28. SP: 6, I.Atkins 5.34. JT: 5, I.Atkins 19.38. Teams: 1, Croydon 51; 2, South London 42, Mitcham & Sutton 39; ... =5, Belgrave and Hercules Wimbledon 29.

**SOUTHERN LEAGUE DIV. 1
THURROCK, 3 AUG 1991**

100m: 4, M.Bazire 11.6; 4, L.Campbell 12.1. 200m: 2, D.Hart

23.2; 1, R.Hunter 23.1. 400m: 4, M.Bazire 51.8; 2, D.Maynard 49.7. 800m: 1, D.Maynard 1:52.0, 3, A.Paton 2:00.7. 1500m: 5, A.Paton 4:23.9; 5, M.Lake 4:35.2. 5000m: 3, J.Estall 15:20.8; 3, M.Lake 15:46.8. 110mH: 1, R.Hunter 15.3; 1, N.Hammersley 16.3. 400mH: 1,

*Below:
More action from the British League match at New River. Top row: In the 5,000m Paul Evans tails Steve Harris of Haringey prior to gaining full points again. Fred Salle, '86 Commonwealth Games silver medallist, hit 7.32m for 4th in the Long Jump. Bottom row: It doesn't matter whether its hurdles, relay or flat - Paul Beaumont always gives his all over the one lap event. Jim Estall took 6th in the 'B' 5k. First place in the 'B' 400m hurdles for Ian Wells gave us a winning start to the afternoon. photos: Bill Laws*



N.Hammersley 54.0; 1, I.Bland 54.2. **3000mSC**: 2, M.Hayes 9:34.8; 2, R.Harding 9:59.7. **HJ**: 1, S.Osuide 2.05; 4, R.Hunter 1.70. **LJ**: 1, P.Mercer 6.83; 1, T.Blanchard 6.49. **TJ**: 1, A.Amadi 13.49; 1, T.Blanchard 13.06. **PV**: 3, M.Edwards Sen. 3.50; 3, R.Hunter 2.70. **SP**: 3, P.Spivey 12.16; 2, M.Small 11.75. **DT**: 1, M.Small 40.76; 4, R.Hunter 28.30. **JT**: 4, M.Small 43.18. **HT**: 1, P.Spivey 59.90. **4x100m**: 1, Belgrave 44.3. **4x400m**: 1, Belgrave 3:21.2. **Teams**: 1, Belgrave 127; 2, Thurrock 122; 3, Guildford & Godalming 102; 4, Ealing & Southall 98; 5, Chelmsford 88.

SOUTHERN LEAGUE DIV. 6 DARTFORD, 3 AUG 1991

The first major obstacle facing the Belgrave team was a 6 mile tail-back of traffic which engulfed many team members using the M25. For a while it seemed that Dave Mote and official Ted Stimpson, who had travelled over from Canterbury, were going to have to share the events between them! Then Mark Lindsay-Bayley bounced into the fray. Having watched David Mote bomb out the pole vault, he grabbed a spare pole and with a shout of, "This is how you do it", cleared the height with ease.

Those points were to prove invaluable. The day was hard fought with a number of first places and daredevil exploits. Spurred on by

Mark's example, John Druce donned his training shoes and ran the 5000 meters. Incredibly, Dartford saw a depleted Belgrave team just manage to share equal first place.

100m: 2, J.Carr 11.9; 2, G.Sagar 12.4. **200m**: 1, J.Carr 23.9; 3, P.Lyttle 25.9. **400m**: 2, D.Winson 54.0; 1, M.Chuter 54.1. **800m**: 1, M.Chuter 2:06.5; 1, M.Bowers 2:11.2. **1500m**: 1, M.Jackson 4:18.4; 1, J.Coy 4:28.6. **5000m**: 4, D.Anderson 16:48.3; 5, J.Druce 19:51.8. **110mH**: 1, M.Lindsay-Bayley 20.0; 2, D.Mote 22.6. **400mH**: 4, J.Coy 69.9; 4, D.Anderson 76.3. **3000mSC**: 4, T.Dowdall 10:53.4; 1, M.Webb 10:57.7. **HJ**: 1, M.Lindsay-Bayley 1.65; 1, G.Sagar 1.60. **LJ**: 1, M.Lindsay-Bayley 5.74; 3, D.Mote 4.44. **TJ**: 1, J.Druce 12.50; 3, M.Lindsay-Bayley 10.67. **PV**: 4, M.Lindsay-Bayley 2.10; **SP**: 2, M.Lindsay-Bayley 9.88; 3, G.Sagar 8.80. **DT**: 2, P.Lyttle 33.38; 5, G.Sagar 19.34. **JT**: 3, D.Mote 42.38; 1, G.Sagar 38.54. **HT**: 4, D.Mote 21.44; 3, 4, J.Coy 9.86. **4x100m**: 1, Belgrave 48.2. **4x400m**: 1, Belgrave 3:45.5. **Teams**: -1, Belgrave and Winchester 130; 3, Gravesend 98.5; 4, Woking 91; 5, South London 78.5

SOUTHERN LEAGUE DIV. 1 BATTERSEA PARK, 31 AUG 1991

100m: 4, M.French 11.7; 3, L.Campbell 11.7. **200m**: 3, R.Hun-

ter 23.1; 1, M.Bazire 23.3. **400m**: 4, J.Busk 51.9; 2, M.Bazire 51.9. **800m**: 2, D.Maynard 1:55.5, 3, A.Paton 2:02.3. **1500m**: 4, A.Armstrong 4:24.0; 4, G.Teahan 4:40.2. **5000m**: 3, J.Estall 15:16.1; 2, M.Anderson 16:36.3. **110mH**: 1, R.Hunter 15.1; 1, G.McKernan 17.3. **400mH**: 1, I.Bland 54.1. **3000mSC**: 4, R.Harding 10:06.7. **HJ**: 1, S.Osuide 2.00; 1, G.McKernan 1.90. **LJ**: 3, S.Wyld 6.60; 1, M.Bazire 6.28. **TJ**: 2, A.Amadi 14.15; 3, S.Wyld 12.27. **PV**: 2, G.McKernan 3.90; 3, M.Edwards Sen. 3.30. **SP**: 3, P.Spivey 12.27; 4, A.Amadi 9.15. **DT**: 1, L.Marar 46.64; 2, G.McKernan 37.76. **JT**: 4, G.McKernan 46.36; 4, G.Teahan 36.58. **HT**: 1, P.Spivey 60.14; 4, G.McKernan 20.94. **4x100m**: 3, Belgrave 44.5. **4x400m**: 2, Belgrave 3:23.3. **Teams**: Bournemouth 145; 2, Belgrave 118; 3, Norfolk O. 115; 4, Heme Hill 84.5; 5, Luton 60.5.

SOUTHERN LEAGUE DIV. 6 BATTERSEA PARK, 31 AUG 1991

The last match of the season! With a number of older members of the team nursing injuries and unable to compete, the word was that things were going to be tough. This time the bookies were proved wrong. A profusion of first places launched Belgrave into an early lead which they never surrendered. At the end of the day it proved to be our team's most convincing triumph.

World Student Games

Despite being the World's third largest athletics event after the Olympics and World Championships, the 1991 World Student Games went largely unheralded due to the main TV companies deciding not to bid. If you had SKY TV all well and good but if not you could be excused for not knowing how the British team performed.

As far as Belgrave was concerned several of our A team men had selected this meeting as their main target for '91. Some were to be disappointed while others were rewarded with the privilege of an invitation and a request for £120

to meet the cost of their kit!

The unlucky ones included Abi Ekoku whose start to the season was delayed by injury. He was piped by Darrin Morris whose selection resulted from his splendid BAL Division 1 debut in claret and gold. If Darrin had repeated his 58.58m throw he would have finished 4th in the discus but sadly only managed 53.82m and two "no throws" to finish 14th.

Unlucky not to be selected was Justin Chaston who was put into a decider for the last 3,000 metre steeplechase spot only to win it but lose

out on selection. A spot of local favouritism by the selectors?

Ian Tullett, another athlete sidelined by injury, quickly showed that 18 months out had not led to a loss of memory for the pole vault as he had quickly achieved 5.20m to gain selection. But again, disappointment as he no heighted in the final.

Our best performance came from Nigel Bevan who justified his selection with a season's best of 77.80m. This could only suffice for 4th spot and was shades of Auckland. Nigel was not well pleased.

Epilogue

There were a few close calls, especially at Andover, but the season ended with Belgrave being promoted from Division 6 into Division 5. A few of the older and fatter athletes dragged their bodies out once again to do what they had sworn to their loved ones they'd never do again. To all of them we say thanks! It's not a pleasant thought to think that next year could be even harder!

100m: 1, C.Reynolds 11.5; 1, J.Carr 12.1. **200m**: 2, S.Dominetti 23.9; 1, J.Carr 24.2. **400m**: 2, M.Chuter 54.3; 2, J.French 56.9. **800m**: 1, R.Alsop 2:03.6; 3, M.Bowers 2:08.3. **1500m**: 1, J.Barry 4:17.3; 1, D.Winson 4:28.5. **5000m**: 3, J.Hall 17:35.3; 2, T.Williams 17:58.1. **110mH**: 2, M.Lindsay-Bayley 18.7; 4, D.Mote 22.7. **400mH**: 2, J.Barry 65.3; 1, J.Coy 70.9. **3000mSC**: 1, J.Barry 10:53.0; 1, T.Dowdall 11:10.1. **HJ**: 1, M.Lindsay-Bayley 1.60; 1, J.Druce 1.55. **LJ**: 1, S.Dominetti 6.38; 1, M.Lindsay-Bayley 5.76. **TJ**: 1, J.Druce 12.93; 2, M.Lindsay-Bayley 10.91. **PV**: 3, D.Mote 2.20; 2, R.Bridges 2.20. **SP**: 2, M.Lindsay-Bayley 9.80; 5, B.Green 6.34. **DT**: 2, P.Lyttle 32.64; 4, B.Green 18.92. **JT**: 3, P.Lyttle 36.48; 2, M.Lindsay-Bayley 32.78. **HT**: 4, R.Bridges 20.76; 3, 1, D.Mote 20.36. **4x100m**: 1, Belgrave 44.9. **4x400m**: 2, Belgrave 3:42.6. **Teams**: 1, Belgrave 147; 2, Kingston 118; 3, Chelmsford 98; 4, Langton 85.5; 5, Bexley 72.5.

The London Weekend Television sports awards were made recently and, of course, it was not surprising that Britain's World Championships winning 4x400 metres team, including our own John Regis, came in for an award. However, another Belgravian featured in the program, also a member of a victorious relay squad. The entertainer Bobby Davro presented some of the awards and he introduced his father Bill Nankeville. Bill was with Belgrave for a time after the war and his name can be found on our Internationals Board at the Hall. In 1952 he teamed up with Chris Chataway, Don Seaman and Roger Bannister at the White City to break the World 4 x 1 mile record.

The GRE Gold Cup is ours !

GATESHEAD, 10 AUG 1991

Again the Cup Final consisted mainly of Southern Clubs but the venue remained Gateshead as a TV follow on from the previous night's International. As a result few locals attended and it was the few travelling supporters who lent atmosphere to what for us was the most exciting match in memory.

Exciting in more ways than one. It was virtually impossible to contact people competing in the Friday meet and over the last jars at the hotel that night some horrible rumours were trickling back. First we heard that some of our sprinters were going home first thing. John Regis was packing as the main party for the World Champs was leaving on the 11th August. Marcus was knackered and rumour had it that Lennie Paul had run the previous night with a broken toe! Well, as it turned out, all of this was true. But we needn't have worried. Lennie taped his toes together, turned up, ran, and completed a 100/200 double win in what many regarded as his best performances to date. Again he beat Tokyo bound Darren Braithwaite and many of us found it hard to believe that Lennie had been passed over for the Tokyo trip in favour of slower but younger rivals. Well that's history, as too is the manner of our **VICTORY!** The television cameras were there to capture every pulsating moment and a week later we reran the experiences which had proved so exciting on the day.

Opening with good points in the hammer and a fine third spot for Ollie Foote in the 10,000m, we were always in the hunt. Paul Beaumont, drawn in the outside lane, never judged the 400 hurdles properly and was well down on his season's best but in the high hurdles a bubbling Jon Ridgeon blasted the opposition to win. His pleasure was clear to see and one wondered whether he could keep his earlier promise to end his season at this point. (As it turned out he didn't and later lowered his season's best with a sub-14 clocking.) Rob Turner did everything right in the 800 but got outkicked even though he clocked a highly respectable 1:51.8. The race might have suited Stuart Paton better

but we had gambled on his 1500 metre sprint finish. However, again he lost contact on the third lap and we had lost unexpected points. Things were getting tight.

Derek Browne meanwhile was getting it together in the triple jump to finish a creditable 4th while Warren Caswell had gained a valuable second spot in the high jump and Fred Salle also gaining a fine second in the long jump.

The throws were progressing nicely with Abi winning the discus and finishing fourth in the shot while Nigel Bevan just missed second in the javelin by 36cm. Justin Chaston let Ken Penney slip away from him on the penultimate lap of the steeplechase and was catching fast as the tape neared - but without success. Paul Evans didn't look in good sorts in the 5,000 and although leading, didn't kick for home early enough. With Joe Dunbar sitting on him he struck four laps out but couldn't shake off the Shaftesbury man who rather went over the top as he waved to the mobile TV camera as he passed our man. I hope he's around next year so that Paul can settle a score.

And again it was down to the relays. Again only one first line sprinter in the shape of Lennie Paul. But Jon Ridgeon from Abi Ekoku with first leg man Derek Browne all ran beautifully to do the business, gaining second spot in 41.41. Duane Hart, Darryl Maynard, Rob Turner and Jon Ridgeon just had to run at their

very best for us to win and this they did with an exceptionally fine 3:14.4. Not bad for a load of crocks!

And so we had won. Gold, silver and bronze medals were presented for each event and we concluded the day with Lennie Paul receiving the new gold cup. Darryl Maynard gained star TV billing with his lurid gear and extrovert behaviour. The rest of the team looked resplendent in their new shell suits while Lennie and Jon Ridgeon were hauled away by the TV presenters to give their views to four million viewers on why Belgrave were cup winners. Easy - we're the best.

What a great day!

100m: 1, L.Paul 10.41. **200m:** 1, L.Paul 21.08. **400m:** 7, D.Hart 49.87. **800m:** 7, R.Turner 1:51.80. **1500m:** 7, S.Paton 3:53.42. **5000m:** 2, P.Evans 14:14.00. **10000m:** 3, O.Foote 30:37.27 **110mH:** 1, J.Ridgeon 14.08. **400mH:** 6, P.Beaumont 53.26. **3000mSC:** 2, J.Chaston 8:51.53. **HJ:** 2, W.Caswell 2.10. **LJ:** 2, F.Salle 7.47. **TJ:** 4, D.Browne 15.42. **PV:** 1, M.Edwards 5.30. **SP:** 4, A.Ekoku 15.62. **DT:** 1, A.Ekoku 54.68. **JT:** 3, N.Bevan 72.38. **HT:** 4, P.Spivey 61.64. **4x100m:** 2, Belgrave (D.Browne, A.Ekoku, J.Ridgeon, L.Paul) 41.41. **4x400m:** 4, Belgrave (D.Hart, D.Maynard, R.Turner, J.Ridgeon) 3:14.40.

G.R.E. Gold Cup Team Scores

1, Belgrave	121
2, Haringey	118
3, Birchfield	107
4, Shaftesbury Barnet	106.5
5, Wolverhampton & Bilston	79
6, Thames Valley	77.5
7, Woodford Green	70
8, Newham & Essex Beagles	56

*The Belgrave Young Athletes were still carrying this board around weeks later
photo: Bill Laws.*



BRITISH ATHLETICS LEAGUE DIVISION 1

Just four match points adrift of league victory

NEW RIVER STADIUM,
HARINGEY, 7 SEP 1991

With the World Championships successfully concluded we wondered how many of our stars would turn out for one last effort. One person we knew would not make it was Marcus who had terminated an 'iffy' season with hamstring and knee injuries. Phil Goedluck too was out, waiting for an operation on his knee, and so it was a pleasant surprise to see John Regis on the day as we didn't have much cover. We hoped for a good result (knowing that Haringey are practically unbeatable on their home track) mainly because a lot of vocally active young Belgravians had bussed over from Battersea and weren't contemplating the defeat of our 'A' team. As it turned out they ran the full gamut of emotions during another closely fought match which again we failed to win by just a single point.

The track started off in sparkling fashion with Paul Beaumont starting slowly but gaining all the way round to clinch victory in the 'A' 400 hurdles while Ian Wells went off like a man possessed to hang on well for his first Division 1 victory. Darryl Maynard at last ran an 800m as

we know he can and although wishing he'd run the 'A' race was the first to admit we gained 4 points by running Dave Scott in the 'A'. Dave, who had run much faster the previous week, had been held up in Dartford tunnel traffic for three hours and was in a bit of a state as he arrived just in time for the 800. The 100m was our most disappointing so far with Lennie missing the gun due to crowd enthusiasm and Mike Bazire pulling a hamstring and retiring from the afternoon's events (see what I mean about no sprint cover).

Justin Chaston strolled away with the steeplechase as Marcello ran a lifetime best. Two firsts in the discus with Darren Morris taking Abi Ekoku in the last round. Darren seems to like the leagues as his season's best had been set in Match 1. We saw a new name in the 110 metre hurdles as Richard Hunter celebrated his debut for Belgrave with a 'B' second spot. While we again landed two seconds in the high jump with Andy Hutchinson edging Warren Caswell who was triple jumping at the same time to gain further valuable points.

Gary Staines moved back down to 1,500m after several gruelling 5,000's and gradually put the screws on to outrun several good

kickers with a hard run 55 second last lap. Darryl Maynard doubled in the 1,500 to get further useful points and then anchored our fourth placed 4 x 400 squad to complete a hard day's work. Others for the masochist stakes were: Simon Shirley - gaining second in both the 'B' long jump and the 'B' javelin plus the sprint relay, Lennie Paul - sprints and relay, Paul Beaumont - 400 hurdles, 400 flat and long relay.

But back to the match and it was again nip and tuck, this time down to a two horse race between us and our hosts. Nigel Bevan, back to full training after his operation, was out of sorts, grumbling to himself until he finally got it together to snatch second in the 'A' javelin. And even then he wasn't happy. Well, if you'd seen his near 80 metre effort in Auckland you could sympathise. The shot brought two seconds but Haringey had two firsts. In the pole vault we got well clear of the 'Eastern Electric' men with Ian Tullett surprising a tired Mike Edwards to break Mike's sequence of seven straight league wins.

No one could have given an ounce more. The team realised that they had been pipped both in the match and the league but had the consolation of knowing that

358 points was our highest ever match score and 1,270 points our highest season's score. It is worth contemplating that with just two extra points in each of matches 3 and 4 we would have won the league. We can't wait for next year!

100m: 4, L.Paul 10.75; 7, M.Bazire 11.53. 200m: 1, J.Regis 20.81(BAL record); 1, L.Paul 21.64. 400m: 7, P.Beaumont 50.4; 6, R.Hunter 49.96. 800m: 7, D.Scott 1:54.56; 2, D.Maynard 1:51.76. 1500m: 1, G.Staines 3:49.99; 5, D.Maynard 3:58.69. 5000m: 1, P.Evans 14:04.49; 6, J.Estall 15:09.59. 110mH: 8, A.Carter 15.46; 2, R.Hunter 15.04. 400mH: 1, P.Beaumont 52.03; 1, I.Wells 54.08. 3000mSC: 1, J.Chaston 8:52.0; 3, M.Bizio 9:24.5. HJ: 2, A.Hutchinson 2.05; 2, W.Caswell 2.00. LJ: 4, F.Salle 7.32; 2, S.Shirley 6.94. TJ: 3, D.Browne 15.54; 6, W.Caswell 13.54w. PV: 1, I.Tullett 5.20; 1, M.Edwards 5.20. SP: 2, A.Ekoku 15.67; 2, C.Symonds 14.45. DT: 1, D.Morris 57.02; 1, A.Ekoku 55.18. JT: 2, N.Bevan 70.38; 2, S.Shirley 57.80. HT: 8, C.Symonds 37.12; 8, A.Ekoku 12.12. 4x100m: 3, Belgrave (D.Browne, J.Regis, S.Shirley, L.Paul) 41.11. 4x400m: 4, Belgrave (P.Beaumont 49.5, D.Scott 50.8, R.Hunter 49.8, D.Maynard 48.6) 3:18.62. Teams: 1, Haringey 359, 2, Belgrave 358, 3, Shaftesbury Barnet 275, 4, Wolverhampton & Bilston 270; 5, Thames Valley 260, 6, Birchfield 239, 7, Woodford Green 233, 8, Newham & Essex B. 195.

Following pages:

ACTION FROM THE GRE GOLD CUP AND THE BRITISH ATHLETICS LEAGUE DIVISION ONE

Top (left to right). Ollie Foote, on his way to 3rd place in the GRE final at Gateshead [a]. The GRE 5,000m start with Paul Evans eager for a good getaway [b]. Marcello Bizio is at home on road, country or track; here he is on his way to 3rd in the BAL match 4 "B" steeplechase [b]. Track captain Lennie Paul blisters away from the 100m start on the first leg of a sprint double at Gateshead [a].

Bottom. What a boon it is to have an international class decathlete in the team; Simon Shirley takes on the mantle of "B" javelin thrower at New River [b]. Tenth ranked steeplechaser in the UK with 8:41.17, 23 year old Justin Chaston has the potential to go a lot higher yet; here he gets away from the field in the final BAL match [b].

Centre right. Throws Captain Abi Ekoku had already cleaned up in the GRE discus; now he prepares to fire the shot out to 15.62 - and he still has the 4 x 100 relay to come! [a]. Into the second lap of the GRE 800m and Rob Turner mixes it with the best [b]. Bottom right. The GRE result is made known and the celebrations begin [a].

Photos: [a] John Burles, [b] Alan Mead.

Final League Tables 1991

British Athletics League - Division 1

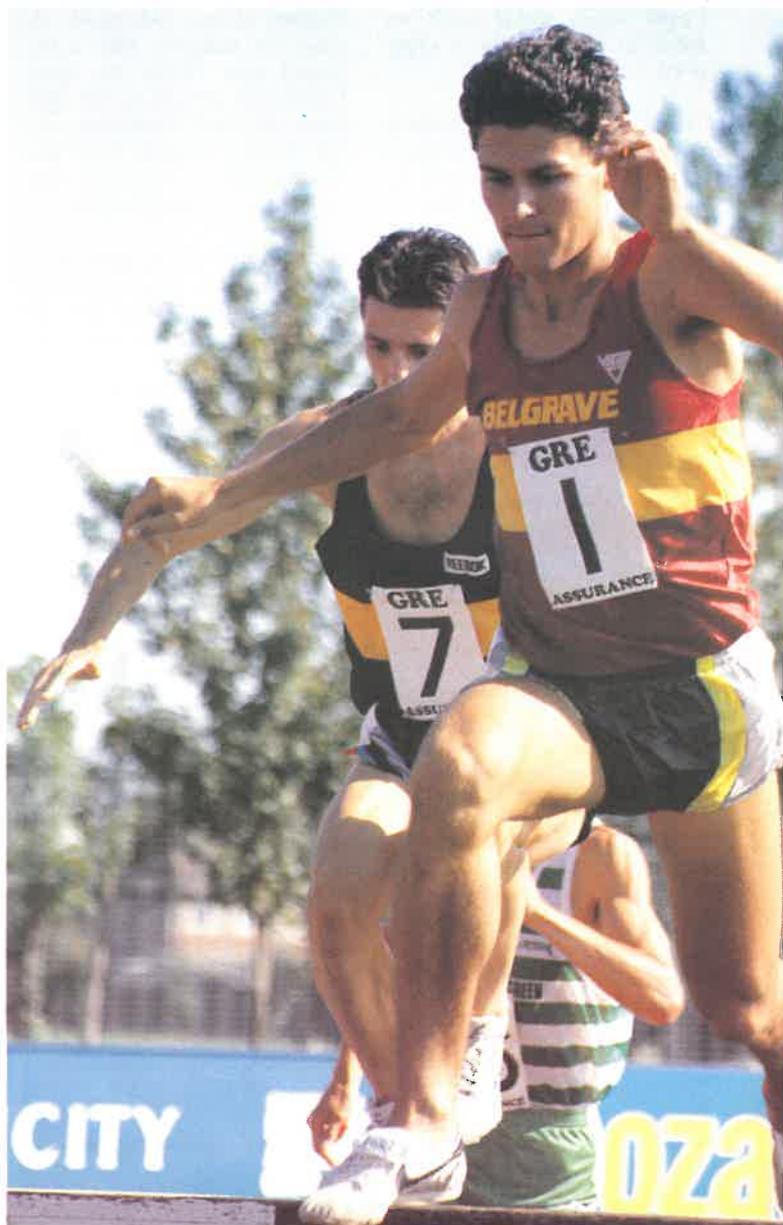
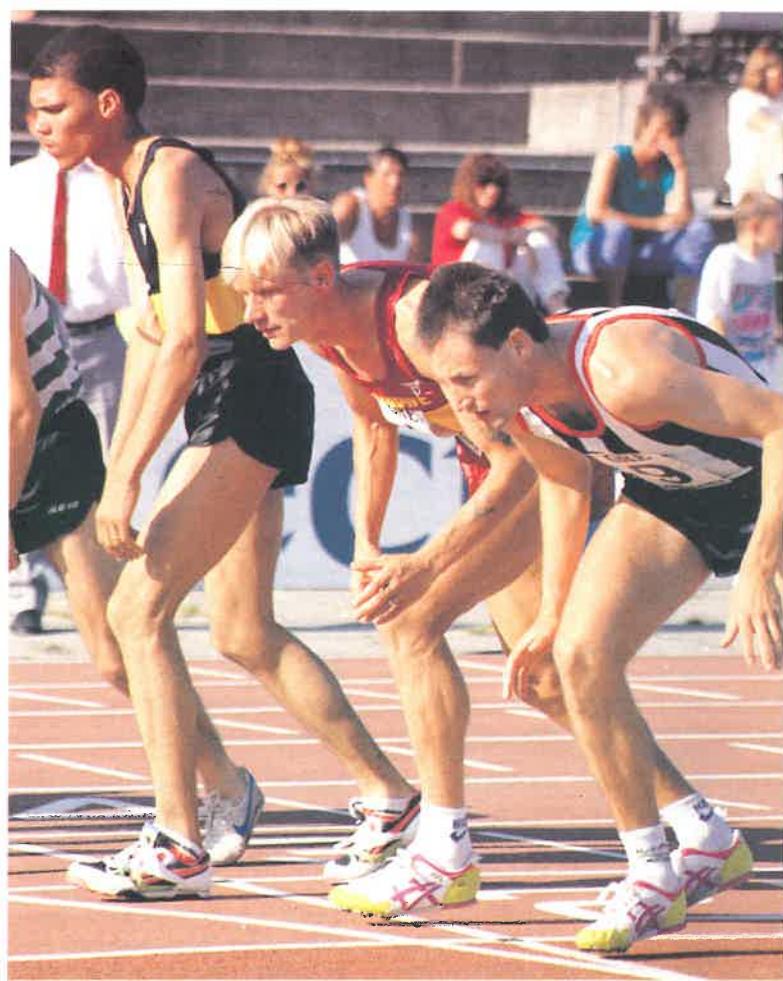
1, Haringey	30	1452
2, Belgrave	28	1270
3, Thames Valley	19	1057
4, Birchfield	18	1083.5
5, Shaftesbury Barnet	18	1035
6, Wolverhampton & Bilston	14	977.5
7, Woodford Green	10	935
8, Newham & Essex Beagles	7	867

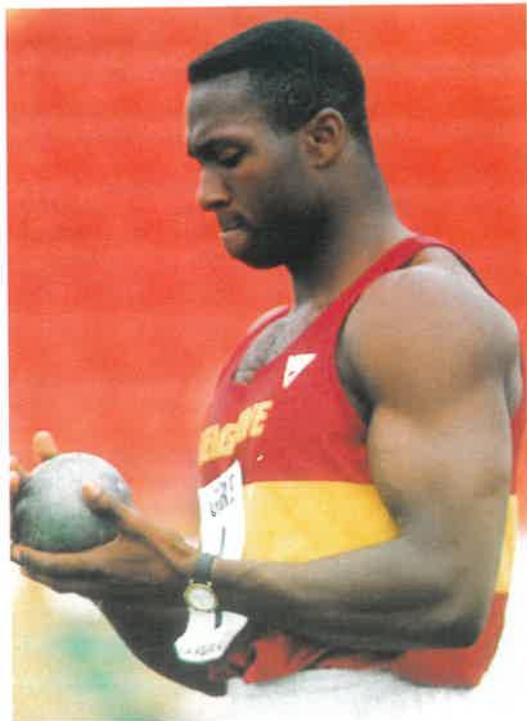
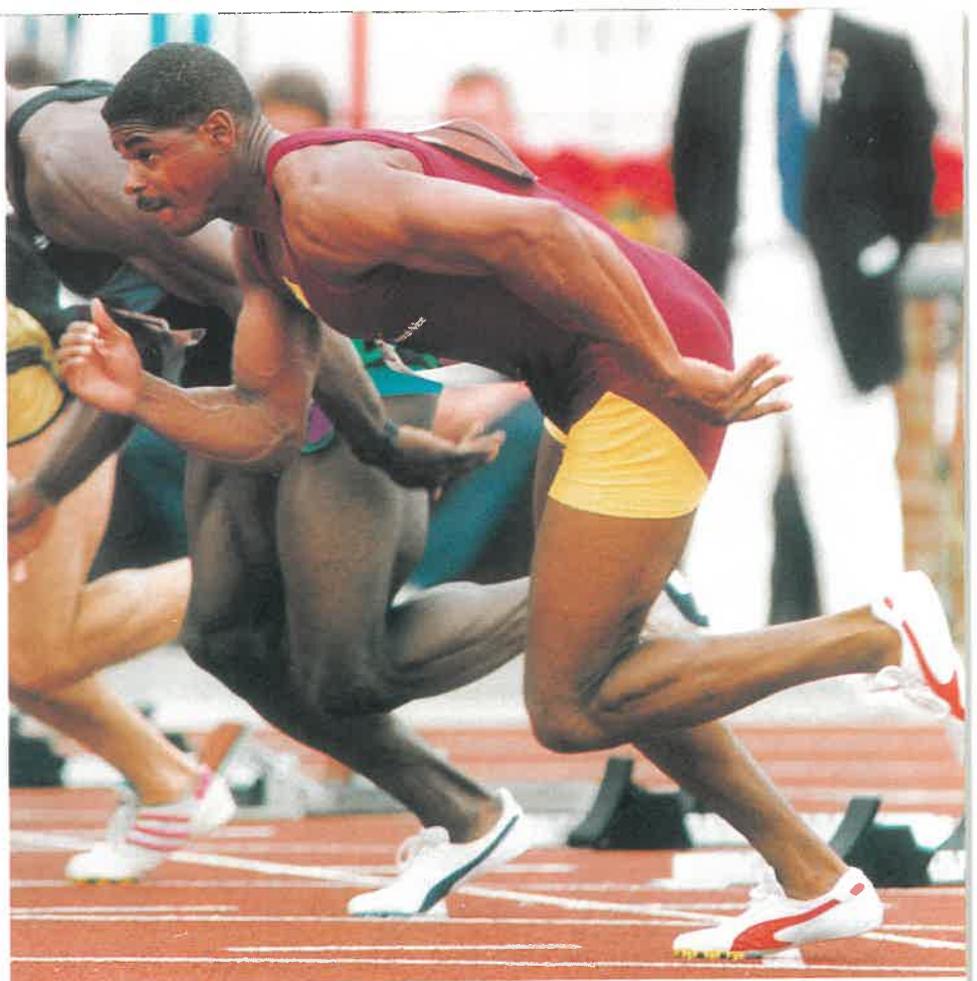
Panasonic Southern League - Division 2

1, Hounslow	30	866.5
2, Peterborough	29	832
3, Bournemouth	28	771.5
4, Belgrave	27	756.5
5, Norfolk O	25	738.5

Panasonic Southern League - Division 3

1, Bognor	29	891.5
2, Salisbury	29	867.5
3, Newquay & Par	29	834
4, Belgrave	26.5	796
5, Worthing	26	775.5





Ladies' Section

CYNTHIA JAMES reports:

Hi Ladies !

Another season is over and already we are preparing for the next. The 1991 Track and Field season was a bit of a struggle to say the least. However, you hung in there and managed to survive in the end.

We had a few good meetings. For me the best one of the season was that last meeting at Parliament Hill. You all knew what had to be done and you did it. Club Record - PB's - three-quarters of the "Old" relay squad together again, and a one legged winner in the 100m Hurdles. We had it all.

It was pleasing to see the enthusiasm, determination, and great team spirit on the day. GREAT STUFF !! If only we could start the season in that sort of mood then the pressure would not be so great towards the end. That is

why it is vital for everyone to turn out, injuries permitting, for every Southern League match.

On a more personal note: I should like to take this opportunity to apologise for my non-attendance at committee meetings and training sessions. I am aware that my commitment last season was not my usual 110%. To put it in a nutshell, 1991 has been a very hectic year for me both physically and mentally. In fact it has left me feeling as though I have done 15 rounds with Chris Eubank - TWICE. Hopefully, all will be back to normal next season.

Once again, WELL DONE Ladies, and a big thank you to all the Mums and Dads for their support this year. All the very best for the next.

Oh Harry, I almost forgot you. CONGRATULATIONS ! Well deserved, mate.



Above: Jacqui Smiter (left) and Jackie Stone (right) receive the Endeavour Cup from Harry Porter and Derek Jones. Opposite page: Jessica Dash, winner of the Frank Simmons Cup.

Photographer unknown.

Somehow we seemed to leave out the result of the Belgrave Women's 200 metre championship in the last magazine, so just to keep the records straight, here it is:

200m: 1, C.Bazin 28.6; 2, J.Stone 28.8; 3, J.Smiter 30.2.

THAMESIDE LEAGUE BATTERSEA PARK 4 MAY 1991

Girls.

100m: 2, P.Friel 14.1; 1, S.Simon 14.1. **200m:** 2, P.Friel 28.8; 1, S.Simon 29.0; ns, C.Noan 32.6. **800m:** 2, J.Dash 2:38.1; 1, T.Dowdall 2:45.8. **SP:** 4, S.Scott 5.51; 3, P.Friel 4.45. **DT:** 3, S.Simon 11.14. **JT:** 6, T.Dowdall 5.04. **4x100m:** 1, Belgrave 53.8. **Teams:** 1, Herne Hill 100; 2, Paddock Wood 71; 3, Richmond 69; 4, Belgrave 51; 5, Southwark 27; 6, Queens Park 3.

Minor Girls.

100m: 2, S.Stracey 14.5; 2, M.Simon 14.7. **200m:** 2, S.Stracey 29.5; 2, M.Simon 30.9. **800m:** 5, L.Debell 3:10.8. **70mH:** 4, S.Stracey 16.3. **HJ:** 1, A.Mensah-Bonsu 1.25. **LJ:** 5, R.Letane 3.14; 4, C.Stracey 2.20. **SP:** 4, R.Letane 3.96; 2, C.Stracey 3.65. **4x100m:** 3, Belgrave 63.8. **Teams:** 1, Richmond 76; 2, Paddock Wood 70; 3, Herne Hill 47;

4, Belgrave 48; 5, Southwark 45; 6, Queens Park 6.

ROSENHEIM LEAGUE TOOTING BEC, 19 JUN 1991

400m: 2, J.Stone 64.8.

Teams: 1, Herne Hill 12; 2, Belgrave 5.

SOUTHERN WOMEN'S LEAGUE DIVISION 3 SOUTHAMPTON, 22 JUN 1991

Senior Ladies.

100m: 3, P.Dowden 13.6; 2, C.James 13.8. **200m:** 3, P.Dowden 29.0; 3, C.Dawn 29.2. **400m:** 5, J.Stone 66.2; 3, N.Alexander 67.8. **800m:** 2, W.Cotterell 2:24.7; 4, S.Brading 3:11.1. **1500m:** 2, G.Collision 4:53.0; 1, J.Coppinger 5:17.4. **3000m:** 5, J.Coppinger 11:30.7; 3, J.Smiter 2:26.7. **100mH:** 1, C.James 17.0; 4, A.Patten 22.9. **400mH:** 3, J.Stone 73.8; 2, J.Smiter 79.1. **HJ:** 3, J.Smiter 1.45; 2, P.Patten 1.30. **LJ:** 2, C.Bazin 4.80; 2, P.Patten 4.43. **SP:** 2, S.Bradley 9.41; 5, A.Patten 7.00. **DT:** 5, S.Bradley 29.26; 5, A.Patten 18.44. **JT:** 3, A.Patten 28.00; 5, N.Christor 13.42. **4x100m:** 3, Belgrave 52.7. **4x400m:** 3, Belgrave 4:21.4.

Girls.

100m: 4, S.Scott 14.3; 4, S.Stracey 15.1. **200m:** 2, S.Simon 30.3; 3, P.Friel 29.6. **800m:** 1, J.Dash 2:29.3; 5, C.Udin 3:26.7. **1500m:**

5, T.Dowdall 5:49.1; 3, S.Stracey 5:56.2. **75mH:** 4, J.Dash 14.0; 4, M.Simon 16.4. **LJ:** 4, S.Simon 4.16; 4, M.Simon 3.61. **SP:** 2, P.Keeler 7.65; 4, S.Scott 5.20. **DT:** 5, P.Foeler 13.80; 3, S.Simon 11.46. **JT:** 5, P.Keeler 9.92; 5, T.Dowdall 3:86. **4x100m:** 2, Belgrave 54.0.

Teams: 1, Team Solent 186; 2, Walton 171; 3, Belgrave 126.5; 4, Horsham 124.5; 5, Ealing 119.

ROSENHEIM LEAGUE CROYDON, 3 JUL 1991

3000m: 1, W.Cottrell 10:03.8.

Teams: 1, South London 18; 2, Herne Hill 15; 3, Croydon 10; 4, Belgrave 4.

THAMESIDE LEAGUE BATTERSEA PARK 6 JUL 1991

Girls.

100m: 3, S.Simon 13.7; 1, S.Stracey 13.9. **200m:** 1, S.Simon 28.5; 1, S.Stracey 28.8. **800m:** 1, J.Dash 2:32.4; 2, T.Dowdall 2:47.3. **75mH:** 1, J.Dash 13.7; 2, S.Stracey 17.1. **1600m Walk:** 2, L.Debell 12:14.3. **HJ:** 2, J.Dash 1.33. **LJ:** 3, S.Simon 4.23; 3, L.Warbrick 3.95. **SP:** 1, P.Keeler 6.92; 2, S.Scott 5.54. **DT:** 1, P.Keeler 16.96; 3, T.Dowdall 6.98. **JT:** 5, P.Keeler 11.60; 4, S.Scott 6.40. **4x100m:** 1, Belgrave 55.8. **Teams:** 1, Herne Hill 103; 2,

Belgrave 94; 3, Paddock Wood 65; 4, Southwark 47; 5, Queens Park 32.

Minor Girls.

100m: 2, M.Simon 14.7; 3, B.Simon 16.5. **200m:** 3, M.Simon 30.6; 2, A.Mensah-Bonsu 29.7. **HJ:** 2, A.Mensah-Bonsu 1.20. **LJ:** 2, M.Simon 4.04; 2, R.Letane 3.37. **4x100m:** 2, Belgrave 59.8. **Teams:** 1, Herne Hill 78; 2, Paddock Wood 68; 3, Queens Park 46; 4, Belgrave 38; 5, Southwark.

SOUTHERN WOMEN'S LEAGUE DIVISION 3 BATTERSEA PARK, 20 JUL 1991

Senior Ladies:

100m: 2, P.Dowden 12.9; 2, C.James 13.2. **200m:** 3, P.Dowden 27.1; 4, N.Alexander 31.8. **400m:** 4, N.Alexander 67.2; 4, D.Conard 70.4. **800m:** 4, J.Smiter 2:45.4; 4, J.Stone 2:43.6. **1500m:** 1, G.Collinson 4:47.4; 1, J.Coppinger 5:14.4. **3000m:** 4, J.Coppinger 11:28.2; 4, J.Brackpool 15:28.4. **100mH:** 1, C.James 15.5; 3, A.Patten 19.2. **400mH:** 3, J.Stone 73.2; 2, J.Smiter 73.3. **HJ:** 2, J.Smiter 1.53; 3, G.Richardson 1.35. **LJ:** 2, A.Abrams 5.14; 3, G.Richardson 3.92. **SP:** 2, S.Bradley 9.05; 3, A.Patten 7.26. **DT:** 1, S.Bradley 31.96; 2, A.Patten 21.42. **JT:** 5, A.Patten 27.00; 3, G.Richardson 20.50. **4x100m:** 2, Belgrave 52.8. **4x400m:** 4, Belgrave 4:37.5.

Girls



100m: 3, S.Simon 13.9; 3, S.Stracy 14.2; ns. M.Simon 14.6; J.Mensah-Bonsu 14.7. **200m:** 3, S.Simon 28.4; 2, S.Stracy 29.0. **800m:** 2, J.Dash 2:28.5; 4, T.Dowdall 2:55.2. **1500m:** 5, S.Stracy 6:18.8; 4, S.Scott 6:21.9. **75mH:** 3, J.Dash 13.8; 1, M.Simon 14.2; ns. D.Den-ter 14.5. **HJ:** 3, J.Dash 1.30; 4, T.Dowdall 1.10. **LJ:** 2, S.Simon 4.16; 1, M.Simon 4.10. **SP:** 4, P.Keeler 7.70; 3, S.Scott 5.60. **DT:** 4, P.Keeler 15.50; 3, T.Dowdall 8.60. **JT:** 5, P.Keeler 10.20; 4, S.Scott 6.46. **4x100m:** 2, Belgrave 55.5; ns. Belgrave 60.5. **Teams:** 1, Hillingdon 185; 2, Hercules Wimb. 162.5; 3, Verlea 160.5; 4, Belgrave 151; 5, Guernsey 42.

Wendy Cotterell moves on

As reported in the last issue Wendy Cotterell won the 3000 metres while representing her native New Zealand in the Oceania Championships held in July 1990 at Suva, Fiji. Her time was 10:01.72 and she also placed 2nd in the 1500 metres with 4:37.38.

Further high class performances came from this middle distance star last season. At Cardiff on March 24th she won an open meeting 3000 in 9:58.1 but by June and July she was

Southern Women's Track & Field League Div. III		
1, GEC Avionics	27.5	1054
2, Hillingdon	25	1030.5
3, Ashford	27.5	1030
4, Team Solent	29	1013
5, Walton	25	1010.5
16, Belgrave	12.5	818.5
Thameside League Girls		
1, Paddock Wood	21	284
2, Herne Hill	20	269
3, Richmond	13	177
4, Belgrave	12	131
5, Queens Park	10	117
6, Southwark	7	80
Minor Girls		
1, Herne Hill	24	397
2, Belgrave	16	285
3, Paddock Wood	16	219
4, Queens Park	11	148
5, Richmond	8	143
6, Southwark	8	116



Above: Sue Porter, Nina Mills and Karen Barker finished 6th as a team in the Surrey Veterans' Cross Country Championships on October 19th at Petersham.

regularly running over 1500 metres. The UKs in Cardiff saw her bomb out with a 4:45.28 performance but a week later in the Southern Championships she ran 4:38.8 for 7th. She took the Surrey v Achilles v Combined Services event at Aldershot on 14th July in 4:39.8 and over 1 mile the very next day at Battersea won again, this time a Sri Chimnoy event, in 5:10.8. August 4th saw her crack 5 minutes in an open meeting at Bracknell while running into 2nd place with

4:57.1, and two more fine 1500 metre runs came on the 10th and 14th when Wendy placed 3rd in 4:35.5 at Croydon in the Southern Inter-Counties and 1st at Colindale in 4:37.5 in the Surrey v Police v SCWAAA.

Regrettably, however, we have now had to say good-bye to Wendy who, feeling in need of club competition at a higher level, has moved on to Croydon Harriers. We wish her well.

PBs from Gabby Collinson ...

Gabby Collinson writes to let us know of some of her results for this year, other than for league matches.

In the spring she was in action on the roads and pulled off a win in the Gloucester 4 mile road race on March 16th in 22:31 and then took 8th place over 5 miles in Feltham's Easter Monday race in 29:30. On June 9th at Calais, France, she was in the medals with 3rd over 10 kilometres in 38:35 and a month later, on 13th July, took 2nd over 5 miles in the Tumas Hill road race in Sussex, this time in 30:32.

But Gabby has been busy on the track as well, setting several personal bests. She ran a winning 10:23 for 3000m at Ealing on 19th June, had another winning performance but this time over 1500m in a best ever 4:41.3 at Walton on 7th July, guested in an inter-club 800m at Kingsmeadow in a season's best of 2:20.1 ten days later (her pb is 2:18.7), went on to set a lifetime best of 10:09.2 for 3000m by winning at Ealing on July 24th, and then in August got close to her pbs again with a 4:41.4 1500m on the 7th at West London, a 2:21.4 800m on the 11th at Enfield and another winning effort of 4:44.5 over 1500m at Watford on the 14th. A busy lady!

... and Jacinta Coppinger has been busy too

It all started on the very first day of the year for Jacinta Coppinger, in a 5 miles road race in Limerick, Ireland, where she was first home. Two weeks later she was in action again, this time in the Inter-Counties Championships at Gateshead, racing for Hertfordshire and placing 135th. Before January was out Jacinta was 4th of 120 runners in a cross country match in Trent Park for St. Albans Striders, the winning team.

And so it went on: 4th again for St. Albans, 2nd over 10 kilometres at Chertsey in 40:10, 2nd over 3,000 metres in the Hertfordshire championships in 10:40

.....

Veterans' Results

BVAF TRACK & FIELD CHAMPS ALEXANDER STADIUM, BIRMINGHAM 6/7 JUL 1991

After weeks of cold wet weather, athletes who made the journey to Birmingham were faced with very humid conditions and temperatures in the '90's. Best placed Belgravian was Mike Edwards with second place in the M45 Pole Vault. Otherwise it was a day of near misses with Charlie Walker slightly below his best with 4th in the M60 1500m, Charlie Dickinson 4th in the M40 5000m and Snowy Brooks, unluckiest of all, coming 4th in all three events - M45 shot, discus and javelin.

1500m: M60 4, C.Walker 5:13.00.
5000m: M40 4, C.Dickinson 15:27.91; M50 11, A.Stone 17:29.91. **10000m:** M50 12, A.Stone 37:36.36. **PV:** M45 2, M.Edwards 3.50. **SP:** M45 4, C.Brooks 9.46. **DT:** M45 4, C.Brooks 31.58. **JT:** M45 4, C.Brooks 43.04.

Tony Verdie picked up the M50 age group first prize in the Dorking 10 miles race on June 2nd. His time was 58:35.

The Sri Chinmoy AC Grand Prix Trophy was held in July and Charlie Walker retained his M60 title with 1 mile in 5:40, 2 miles 11:48 and 3 miles 18:28.

The LTE District Lines road relay was held back on 27th April and Laurie O'Hara ran the fastest M50 leg of the day by clocking 14:11 on stage 3 for the winning Vets AC team.

Tony Stone finished first M50 in the Wimbledon half-marathon on September 15th. Not content with that trophy, he drove to Sussex afterwards and took part in the Horsham Parkland Cross Country races in the afternoon and finished second of the M50's in 18:07!

Rex Bale finished 10th M40 in the Harrow Town 5K in 17:47.

SURREY VETS. 4x3 miles RELAY DUNSFOLD, 21 SEP 1991

It appears that Dunsfold Airfield is becoming a popular venue for road running events in Surrey. The BVAF 5km Road Race is again set to take place there next April after the successful Vets. AC organisation of last year.

This was the first time that the Surrey Relays had included a Vets race and we were treated to an excellent and close race on a lovely, warm, sunny day. Ernie Cook of Woking ran 15:09 on the last leg to overhaul Denis Williams of long time leaders Hercules Wimbledon.

Belgrave were without many key runners through injury or unavailability and were only able to muster one team. However, those who turned out all ran well and finished a creditable 10th. Perhaps the best performances were from the pair of over 50's in the quartet - Tony Verdie, who ran 16:34 on the first leg, and Tony Stone, not much slower on the second leg in 17:02. Typically, Tony Stone ran again for the senior team later in the afternoon producing a consistent 17:26.

1, Woking 63:25; 2, Croydon 63:32; 3, Hercules Wimbledon 63:39; ... 10, Belgrave 68:44 (A.Verdie 16:34 8th, A.Stone 17:02 11th, J.Wasbrough 17:50 11th, R.Bale 17:18 10th)
Fastest times: 1, E.Cook (Woking) 15:09; 2, M.Ciglia (Hercules Wimbledon) 15:25; 3, J.Dear (Epsom) 15.26.

SOUTHERN VETS. 4x6 km RELAY RUSHMOOR ARENA, ALDRSHOT, 28 SEP 1991

Again several members of both the M40 and M50 teams were missing and the miserably cold, wet and windy conditions made this undulating two lap course very tough for those who competed. Belgrave did manage to muster two and a half teams and it was particularly nice to see Laurie O'Hara skipping round in 21:56 off only two weeks training. Laurie is determined to run through his injury problems this season so that he is fit when he turns 60 next summer. (We may have to hold trial races for the over 60's next year in order to select the best team!)

Despite being below strength, the M50 team ran very well to finish 9th, although it was a little frustrating to know that at full strength Belgrave could have been about six minutes quicker and in the medals. Oh well! One day we will get everyone fit and available at

the same time!

It was the same story with the over 40's with Richard Pearson and Alan Painter both running after summer injuries and slower than last year. Also, with John Bicourt unavailable most weekends and injuries to Pete Gilby, Leo Lyons and Charlie Dickinson it was another case of what it might have been. However, it was a good day's racing enjoyed by everyone who took part despite the conditions.

M40: 1, Cambridge H 77.54; 2, Brighton & Hove 78.25; 3, Aldershot Farnham & Dist 78.32; ... 56, Belgrave 90.39 (R.Bale 22.23, R.Pearson 22.04, A.Painter 23.01, J.Wasbrough 23.11); Belgrave 'B' dnf (F.Barratt 23.37, C.Dickinson 21.24).

Fastest times: 1, T.Osborne (Verlie) 18.50, 2, K.Penny (Cambridge) 19.06, 3, R.Church (NVH) 19.10.

M50: 1, Cambridge H 85.33; 2, Verlie 86.58; 3, Vale of Aylesbury 88.38; 9, Belgrave (A.Stone 21.41, C.Cross 24.10, B.Stroud 24.29, L.O'Hara 21.56)

Fastest times: 1, J.Roberts (Hercules Wimbledon) 20.57; 2, R.Gomez (Vale of Aylesbury) 21.04; =3, G.Gee (Camb) and J.Polgreen (Oxford City) 21.10

SURREY VETS. CC CHAMPS PETERSHAM, 19 OCT 1991

Winter suddenly arrived for the ever popular Surrey Vets Cross Country Championships this year. After an Autumn of warm and sunny conditions, competitors

were greeted with a very sharp, cold wind, although the ground had remained dry. It was good to see our ladies' team enter the race for the first time.

Not quite such a good turnout as had been hoped for and injuries still affected some of our runners, so there were no team medals. Highlight of the afternoon was a magnificent run by Pat Newell who got the bronze medal in the over 60's only just behind Bob Belmore. Pat beat a rather off-form Charlie Walker by over a minute, the first time that he had beaten his friend since rejoining Belgrave last Spring. Tony Stone also ran very well to pick up third place in the over 50's. Third Belgrave runner home was Chris Taplin who ran very hard. He is getting faster with every race and will be a real asset to the over 40's team. Leo Coy ran well too, looking a great deal fitter than a few weeks before. Paul King showed how fit the walkers are, running a very good 40.32 and it was also so nice to see Keith Duckett running again.

1, D.Hill (TH&H) 33:03; 2, C.Hughes (TH&H) 33:25; 3, U.Previati (Woking) 33:48; ... 10, C.Dickinson 34:48; 34, A.Stone (3rd M50) 37:24; 44, C.Taplin 38:21; 47, J.Wasbrough 38:41; 58, L.Coy 39:25; 59, M.Newton (12th M50) 39:38; 66, B.Stroud (14th M50) 40:18; 67, R.Bale 40:29; 68, P.King 40:32; 71, F.Barrett (16th M50) 40:37; 74, P.Newell (3rd M60) 40:46; 84, C.Walker (6th M60) 42:28; 93, A.Bruce (8th M60) 43:51; 95, M.Hutton 44:17;

Charlie Walker back to form

It has been wonderful to see Charlie Walker back to his effervescent best this summer. Sometimes competing twice a week he never seems to lose his mad enthusiasm for running. What a great advertisement he is for the sport, looking twenty years younger than his sixty two years. Charlie gives credit to his old friend and training partner Pat Newell for his resurgence of form. Pat, back living in Clapham after a spell in New Zealand, and Charlie are regularly seen chasing each other round Clapham Common on their training runs and Pat has a good story about one of their outings.

Charlie was sprinting for the finish, head in the air, in that well known style, when running past some trees he stubbed his toe and fell headlong. Although not badly hurt Charlie had cut his head and was bleeding. A young lady walking her dog nearby helped to pick him up and they discovered that Charlie had tripped over the end of a metal stake poking up through the ground. "I know," said the young lady, "I've got a bandage in my handbag". Charlie, not one to avoid a bit of attention was enjoying this as she came towards him with the white bandage. However, much to his consternation, the young woman walked straight past him and tied the bandage onto a branch of a tree. "There," she said, "This will mark where the metal stake is so nobody else trips over it."

97, K.Duckett 44:25; 100, A.Lane (26th M50) 44:57; 102, D.Manning (27th M50) 48:16; 110, D.Gordon (12th M60)

Teams:M40: 1, Thames Hare & H 20; 2, Hercules Wimbledon 23; 3, Ranelagh 36; ... 6, Belgrave.

M50: 1, Hercules Wimbledon 15; 2, Thames Hare & H 20; 3, Ranelagh 28; 4, Belgrave 28.

Unfortunately no team prize for the over 60's - we would have walked it!

Many thanks to Jeremy Hemming for his help in collating all the VETS AC results and many of the other veterans results. Jeremy edits the excellent VETS AC newsletter.

Below: Belgrave vets before the start of the Surrey Vets' CC Champ. at Richmond Park, 19th October.

Standing: John Wasbrough, Charlie Walker, Alan Lane, Rex Bale, Keith Duckett, Mark Hutton, Tony Stone, Derek Manning, Dudley Gordon. Kneeling: Paul King, Arthur Bruce, Leo Coy, Frank Barrett, Charlie Dickinson, Mike Newton, Pat Newall and Harry Porter.

Belgrave members running in Vets AC events

Battersea Park 5.2 mile Road Races:

These ever popular road races are always well supported by Belgrave runners. This summer Tony Stone competed in all five races with a best time of 30.03.

Leo Lyons ran to an excellent third place in the Championship race on June 18th after pushing the early pace. His time of 27.51 shows what good form he was in before injuring himself in a 3000m steeplechase shortly afterwards. He cracked a bone in his leg hitting one of the barriers, a great pity because he had a very realistic chance of picking up a medal in the BVAF Track and Field Championships in June.

Good to see Chris Taplin making his debut as a vet, running a very creditable 31.01.

April 30th. A.Stone 30.39, C.Taplin 31.01, R.Bale 31.25, J.Wasbrough 31.54, D.Davies 32.41, F.Barratt 33.06, E.Stroud 33.24, M.Hutton 37.24.

May 28th. A.Stone 30.03, J.Wasbrough 32.31, A.Stroud 32.46, A.Grant 34.22, L.Mann 36.31, D.McMullen 48:11.

June 18th (Championship). L.Lyons 27.51 (3rd M40), A.Stone 30.38 (2nd M50), J.Wasbrough 31.56, C.Walker 32.34 (1st M60), F.Barratt 32.43, D.McMullen 49:46 (2nd M70).

July 9th. A.Stone 30.37, M.Newton 32.26, D.Davies 33.45, F.Barratt 33.10, E.Stroud 34.41, L.Mann 33.36, D.Maughan 34.20.

August 13th. A.Stone 30.22, R.Bale 32.01, F.Barratt 33.15, D.Davies 34.12, M.Hutton 36.29.

In a 3,000 metre track race at Battersea on April 24th Tony Stone placed 10th in 10:52 with Charlie Walker not too far behind him in 12th with 11:00.3.

Tony was in action on the track again on May 8th, this time over 5 kilometres. He was 8th in 17:46 but one place up ahead was Rex Bale in 17:33.

Over at West London Stadium on June 12th a one mile yacht handicap gave Leo Lyons a chance to stretch his legs. He ran 4:56 to place 2nd with Chas. Walker 5th in 5:35.

A metric mile at Tooting a fortnight later saw Leo in action again, this time clocking 4:30 for another 2nd place. E.Stroud was

8th in this Vets AC organised 1500m.

Tony Stone was our sole finisher in the Vets 10,000 metre championship on July 14th at West London. Fourth overall in 37:08, he was the third 'over 50' home.

Back at Tooting on July 24th and giving the 5,000 metres another crack, Tony placed 3rd in 17:33 with Chas. Walker 8th in 19:24. Chas. also placed 6th over 800 metres with 2:51 - he obviously felt in need of a little sharpener!

The Noel Noble Trophy mile for over 50's was held at Battersea on August 7th and Tony ran to 2nd place with 5:13.3. Over 3,000 metres at the same venue on September 11th he was 7th in 10:18 with Chas. 15th in 11:24.

And then came the 60th Vets AC Track and Field Championships on August 25th at West London where three Belgravians were in action. Rex Bale placed 3rd in the M45 1500m with 4:51.0, Laurie O'Hara scorched to 4:42.4 over the same distance to win the M55 group, and Charlie Walker made it another win for the Bels in the M60 race with 5:11.7.



To Finland for the "World Vets."

The Dickinsons packed up their old VW and headed north this summer, to Turku in Finland and the World Veterans' Championships.

"How would you like to go to Finland next summer?"

It was a cold, gloomy evening in the middle of last winter when I posed the question to Mary. "That sounds like a good idea, we've never been to Scandinavia," she replied, "But why Finland, I bet there's a race there you want to do."

It didn't take Mary long to guess my motives. In fact the Veteran World Championships were being held in Turku in the last two weeks of July and I had decided to have a go at the 10,000 metres.

So that's how the Finland adventure started. We couldn't really afford another jaunt after our round the world trip but this was too good an opportunity to miss. It would have to be an economy trip so we decided to drive to Finland in our old VW van, camping on the way. So it was down to Sainsburys before we left, stocking up with a month's supply of food.



The trip involved three long ferry crossings. The first was Sheerness to Vlissingen in Holland, then a long drive across North Germany to Trevermunde on what used to be the border between East and West Germany. The next ferry took us to the South coast of Sweden, Trelleborg, then we had another long drive up through the beautiful lakes and forests of Southern and Central Sweden to Stockholm. The last ferry took us on an eleven hour journey past the thousands of tiny islands in the Baltic to Turku, Finland. We loved the relaxing sea crossings, and time didn't matter as we had allowed ourselves a week to get there. The last Viking line ferry was a monster the size of a floating 'Amdale Centre', with twelve decks, restaurants, cinemas, even a swimming pool. The fare was only £38 each and the VW went free!

It was a refreshing change to travel up through such clean, healthy countries. Cycle paths were an integral part of the road

systems. As we passed through borders without the hint of passport control or customs, it was interesting to see the European perspective on the single currency and a Federal Europe.

Most of the campsites we stayed in had good facilities and were often situated next to picturesque lakes. Although covered in four feet of snow in the winter, these lakes are usually quite shallow and warm up to over 70 degrees in the summer sunshine. They are ideal for swimming, with soft, clean water. One morning Mary was swimming sedately along past some pretty yellow water lilies. What a nice picture that would make, I thought, and turned round to reach the camera. Suddenly I heard a shriek and turned to see Mary apparently transformed into Mark Spitz swimming ferociously for the shore. Afterwards she told me that she had come face to face with a black water snake!

When we eventually arrived in Turku, we headed for the campsite occupied by the British party. Unfortunately, although we had been told that it wasn't necessary to book, the site was full and we were turned away, but we found another site at the end of a peninsular the other side of Turku right next to the beach. We enjoyed staying there, and although there were no British, we did meet many competitors from other countries. One coach party came from Latvia and like most of the competitors from Soviet states proudly displayed their own flag. When the campsite manager tried to tell them to move their tents to another place they sent out a huge female shotputter to negotiate. They didn't move!

Finland is interesting country. The language is very strange, unlike Swedish or Russian, and apparently the only one similar is Hungarian. Before the last war the Soviet Union took a large amount of land bordering the two countries and for that reason Finland joined forces with the Germans in 1941 against Russia. After the war they received no war damages, and in fact had to pay compensation to Russia. Of course they never got their land back. Despite this handicap the Finnish economy has grown since the war so that their standard of living is now among the top half a dozen in the world. This has been achieved with a free market economy cleverly reaching trade agreements with both east and west. It is a highly technological country too, with advanced shipbuilding and engineering works in evidence.

Like other Scandinavian countries Finland has an up to date education system with children starting their first foreign language at 9 and their second at 13. Everyone stays on at school at least until the age of 18. It also has excellent health and social services. With a population of only three million, labour is

expensive, hence the high cost of living for us British. Mary and I supplemented our Sainsburys tins with local loaves of bread and a variety of pickled herrings.

Turku is the second largest city in Finland and was built on the ancient trade route between Northern Europe and St. Petersburg. It was destroyed by fire in 1827 and has been completely rebuilt on a grid system with ample space and wide streets. It has a lovely river and plenty of restaurants to wander among in the long summer evenings. Next to the river near the centre of town is the statue of Paavo Nurmi - in front of which, of course, I had my photograph taken!

The Veterans' World Championships were organised over a two week period using three stadia each with an all weather track. The main stadium was magnificent with an electronic scoreboard and seats all the way round. In the opening ceremony I met more friends from England, and also several acquaintances I had met on my recent stay in New Zealand.

If you are unfamiliar with Veteran's Track and Field meetings, the organisation takes some getting used to. If you take my event, the 10,000 metres for example, this takes a total of two whole days! That's because there are as many as four seeded races for men and women in five year age groups from 40-45 right up to the over 70's.

When it eventually came to my race I was seeded in the same race as Marti Vainio (yes the same one who had an Olympic silver medal taken away for drug abuse). He won in 29:16 and would probably have beaten everyone in Belgrave except Gary Staines and Paul Evans. I don't know if it was the waiting around, or being too relaxed while on holiday, or the fact that he lapped me twice, anyway I ran a very lacklustre race - for the record, 24th in 32:38.91.

There were some excellent performances by other British athletes. My favourite was Pete Brown dominating the 800m from the front then changing pace with 150m to go. Also the old campaigner Mike Bull out-psyched better opposition to win the Pole Vault in 4.40m. Crafty old Martin Duff dropped out of the 10,000m to concentrate on the 5,000m and only just missed a medal.

After the Championships we retraced our route, meeting our daughter Rosie in Stockholm, and then lazily working our way back to England. When our old van finally chugged up the road and stopped outside our house after 3,000 miles and a month away Mary said, "Well, it was a nice holiday but an awful long way to go for one of your races!"

First Saturday in October

CLIVE SHIPPEN writes on the agonies, ecstasies and excitements of a race which has lasted 69 years -

The Yacht '3'

Saturday 5th October saw the 69th running of the Yacht '3' road race. As the runners queued up in Lauriston Road behind the invisible line which marks the start of this legendary race few were probably aware of how many races had preceded it. More likely they were ruminating on their handicap with mixed feelings; pleased perhaps that the handicapper had given them a good mark but hurt that he should also underestimate their ability. It is rather like a hare and hounds contest, except that some of the front markers are more akin to tortoises (sorry Charlie!); and when several minutes have elapsed the back markers are let loose to hunt down the fleeing fugitives. It is a race in which most runners experience a wide range of human emotions; expectation with their mark; excitement at their progress; apprehension as to whether they can hold the pace; aggression as they close up; exhilaration as they sweep past; dismay as they in turn are passed; relief as they enter the finishing straight and frustration as their main rival passes them ('he had too generous a mark'). It is a recipe for an exciting occasion, which accounts for the popularity of the event.

It is particularly interesting for the spectator too. As the runners close up like a concertina between the Village and the finish there is much betting and banter as to the likely result. Fast finishing back markers can ruin these predictions quite dramatically. And with the added ingredient of the handicap marks to complain about, the post-race deliberations are much more amusing than for a conventional race.

It was not for these reasons alone that the Club introduced the first of the present series, in 1924. Similar races had been held last century round the famous "Bridges" course at Battersea, starting and finishing outside the William the Fourth public house in the early years of this century. It was only when the Club began renting our present headquarters in 1920/21 that the post-war re-building of Belgrave gathered momentum, and it was Wally Bayliss, Harry Hare and Harry Parker who were instrumental in getting our winter fixture list firmly established, which led to the Yacht '3' in 1924 and the '5 3/4' in 1929.

The men responsible for the agony, ecstasy and excitement of the Yacht '3' are the handicappers. Despite the criticism they are

notoriously thick-skinned; so much so that only four have held the post in 69 years - Jimmy Belchamber, Ernie Duffett, Bill Lucas and the present incumbent Arthur Bruce!

It is surprising perhaps that several of our leading athletes over the years have failed to feature in the following lists. Perhaps you will find other interesting factors too.

Rather than review all the races, I leave you to browse through the fastest times and the all-time top twenty. Space does not allow a list of those who beat the handicapper convincingly enough to cross the line first.

ALL TIME TOP 20

Present course

1, Gerry North	14:15	(62)
2, O. Foote	14:34	(84)
3, M. Thorpe	14:37	(65)
4, A. Black	14:41	(64)
5, A. Fairclough	14:41	(65)
6, L. O'Hara	14:43	(68)
7, J. Stow	14:43	(75)
8, R. Linstead	14:47	(63)
9, C. Walker	14:49	(55)
10, A. Major	14:49	(67)
11, T. Hart	14:50	(71)
12, J. Brown	14:52	(60)
13, W. Dance	14:52	(67)
14, P. Newell	14:53	(59)
15, M. Bizio	14:57	(91)
16, G. Flanagan	14:58	(57)
17, C. Dabbs	15:00	(59)
18, R. Donnison	15:00	(68)
19, C. Steer	15:02	(63)
20, P. O'Connor	15:03	(75)



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FASTEST TIMES YEAR BY YEAR

Original course (excluded Lauriston Road)

1923	A.D.Pyer	15:15
1924	A.E.Elliott (Sy AC)	15:09
1925	F.L.Buckingham	15:10
1926	No record	
1927	A.E.Smith	
	E.A.Duffett	15:10
1928	H. Cook	15:00
1929	S. Warboys	14:55
1930	A. Penny	14:28
1931	H.E.Footer	14:23
1932	A. Penny	14:28
1933	A. Penny	14:14
1934	A. Penny	14:41
1935	C.T.Carter	14:24
1936	A. Penny	14:06
1937	E. Stimpson	14:37
1938	A. Penny	15:05
1939	C.T.Carter	(?) 19:44

Present course

1942	No record	
1943	C.T.Carter	15:41
1944	C.T.Carter	15:22
1945	C.T.Carter	15:39
1946	J.C.Smart	15:16
1947	W.E.Lucas	15:27
1948	L. Marchant	15:43
1949	L. Marchant	15:15
1950	W.E.Lucas	15:20
1951	R. Tooby	15:05
1952	A. Bruce	15:20
1953	A. Bruce	15:06
1954	No record	
1955	C. Walker	14:49
1956	J. Masters	15:08
1957	G. Flanagan	14:58
1958	R. Linstead	15:30
1959	P. Newell	14:53
1960	A. Black	14:50
1961	A. Black	15:06
1962	Gerry North	14:15
1963	R. Linstead	14:47
1964	A. Black	14:41
1965	M. Thorpe	14:37
1966	R. Linstead	15:27
1967	A. Major	14:49
1968	Gerry North	14:21
1969	A. Fairclough	14:43
1970	Gerry North	14:21
1971	T. Hart	14:50
1972	P. Carton	15:11
1973	A. Black	15:05
1974	Gerry North	15:05
1975	J. Stow	14:43
1976	J. Stow	14:49
1977	J. Stow	15:28
1978	L. Coy	15:59
1979	L. O'Hara	15:11
1980	L. O'Hara	15:15
1981	M. Head	16:01
1982	A. Binda	15:42
1983	M. Donoghue	15:35
1984	O. Foote	14:34
1985	S. Maynard	15:30
1986	M. Donoghue	16:14
1987	M. Bizio	15:25
1988	O. Foote	15:11
1989	O. Foote	14:36
1990	F. Ward	15:24
1991	M. Bizio	14:57

The Yacht '3'

... and ALAN MEAD reports on this year's event

"Cor! You must have upset 'Boofer'..... Nobody can get that much start and lose Naw! Marcello will screw the @<!?*># off Frank

Amid the confusion at the Ridgway end of Lauriston Road, Arthur 'Boofer' Bruce is quietly beavering away with his henchman Gordon Biscoe trying to get the starters into some semblance of order. It's difficult enough trying to get them to line up in the sequence in which they are due to take off but when each one wants to find out what mark his main rival has been given, and then everyone stands back to let a horse and rider through - well, it takes a lot of patience.

This race really is one of the old favourites and in an era when we have lost the Boxing Day handicaps, the Autumnal "Five and three quarters", and even the "20" is threatened, it's good to see this one surviving.

Eventually President Harry Porter shouts, "Go!", Ted Moore clicks his watch and the scratch runner sets off under leaden skies. Tom Carter is at the Common end of Lauriston, warning of oncoming traffic as runners round the corner and head for the War Memorial in one's and two's. There are always some pretty good movers here as the short distance men go through the ritual of trying to impress the others by looking as relaxed and smooth as possible before the dead legs and sobbing breath take over.

Alan Black is in action today, looking as fit as ever. He swears that he didn't know the race was on, just coming up for a quiet run, and when he got his arm twisted into competing was surprised to find that the entrance fee was no longer 25p! The day is recalled when he and Ron Linstead, as youngsters, turned the final corner at the old elm tree together in this race, ready for a lung-bursting sprint to determine the winner. But as they rounded the tree Alan slipped in a patch of mud and lay there for an instant with Ron's laughter ringing in his ears as the other man was left to

canter down the straight for an easy win. Dear old Ron. Wonder where he is now?

Back to this year's race though, and with the spectators eagerly looking across the Common to catch the first glimpse of the leader, a lone runner can just be made out, striding clear of the distant Village. Someone has caught the handicapper a beauty! Cannizaro Road has been put behind him before another runner hoves into sight and even with the whole pack now closing up together it is obvious that he is not going to be caught. After much speculation as to the leader's identity someone calls out with certainty: "It is, it's Dave McMillan. Not again!"

Sure enough Dave hits the finish straight for all he is worth, this veteran of over 50 half-marathons, now calling on his almost forgotten roots as a teenage sprinter. But he is some three-quarters of a minute clear as he crosses the line with nothing to fear at all from a Colin Bond who has himself moved through well from the thick of the pack. Then it's Marcello, who as joint back marker has run a cracking race, before the main body of the field start finishing thick and fast. In actual fact it is believed that Dave has only won this event once before. He belongs to that breed of men with a fair turn of real speed who, for some reason or other, have never ever made a great impact over any distance. Give him a sniff of a handicap prize and a half reasonable mark, though, and he's always going to be there or thereabouts.

With the judges' busy period over, we are finally down to the tail-enders, with the man who set out first eventually coming home - last. Colin Pearson, the originator of most of the afternoon's ribald comments, has one last gem to offer: " 'Ere, thank goodness he's not wearing a club vest!"



Opposite page - the 1991 Yacht '3' in pictures.

Left to right, top row: Trevor Williams attempts to hang on to Jon Coy; both were off 8:30 but Jon is already putting the boot in before the end of Lauriston.

He's clocked 'em all out ... and he'll clock 'em all back - Ted Moore, timekeeper.

Chris Taplin, who got up to 11th, heads Jim Slough.

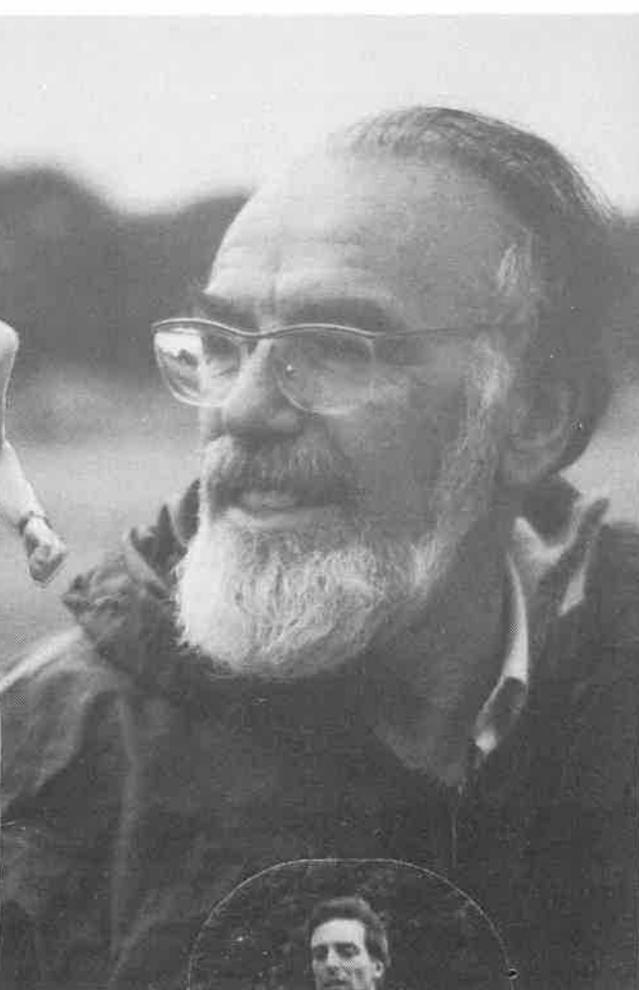
Centre: Immune to all pleas for a good mark ("... I'm just coming back from an achilles problem ..."), Handicapper "Boofer" Bruce makes sure everyone is ready to set off in the right order. He's done it again; Dave McMillan has caught "Boofer" a beauty to win by 44 seconds.

Bottom: Leo Coy, resting (?) after a hard season in Track & Field Management. Jim Heathfield and Gordon Biscoe get a quote for "The Belgravian" from sage John Davies.

Tom Carter admires Marcello Bizio's kingfisher and white ensemble. Photo: Alan Mead.

1991 RESULT

1, D. McMillan	23:42	5:45	17:57
2, C. Bond	24:26	8:00	16:26
3, M. Bizio	:37	9:40	14:57
4, M. Anderson	:41	8:50	15:51
5, F. Ward	:48	9:40	15:08
6, D. Woolf	:52	5:00	19:52
7, N. Clarke	:57	8:40	16:17
8, M. Nouch	25:03	8:40	16:23
9, A. Stone	:05	7:45	17:25
10, P. Gardner	:07	8:10	16:57
11, C. Taplin	:14	6:35	18:39
12, P. Saunders	:18	9:10	16:08
13, J. Coy	:28	8:30	16:58
14, K. Duckett	:32	5:00	20:32
15, M. Lewington	:35	8:40	16:55
16, T. Williams	:35	8:30	17:05
17, J. Slough	:56	6:35	19:21
18, J. Mather	26:16	9:10	17:06
19, D. Gordon	:18	4:30	21:48
20, A. Armstrong	:21	9:00	17:21
21, M. Farrelly	:36	2:00	24:36
22, L. Coy	:38	8:00	18:38
23, G. Teahan	27:07	9:40	17:27
24, A. Black	:57	7:40	20:17
25, C. Manning	:40	Scr	27:40



Walking Results

I cannot, with all honesty, say that we have improved over the last few months, writes **CARL LAWTON**. We are able to turn out teams and individuals but we are not increasing our numbers, although we do have back on the road some of our team of yesteryear.

Regrettably, John Dunsford was our only finisher in the Southern 20 Miles at Colchester on 27th April in 3:39:38.

ROMFORD BREWERY 3km 5 MAY 1991

1, S.Phillips (Ilford) 13:21; ... 8, C.Lawton 14:20; 11, M.Scamell 14:49; 23, D.Sharpe 16:08; 29, T.McDermot 17:17.

NATIONAL 10 MILES VICTORIA PARK, 11 MAY 1991

The biggest turn out from Belgrave for many a year with eight starters, but that did not guarantee any prizes and we finished up 6th.

1, I.McCombie (Cambridge H) 68:17; ... 18, J.Hall 80:34; 20, J.Llewellyn 80:56; 26, C.Lawton 82:02; 54, M.Scamell 89:16; 63, D.Fotheringham 92:17; 71, D.Sharpe - ; 75, J.Dunsford 97:07.

BLACKHEATH FESTIVAL 10kms, 8 SEP 1991

1, M.Easton (SWC) 42:30; ... 5, C.Lawton 50:40; 9, P.Warburton 53:03; 17, P.King 56:54; 19, D.Sharpe 58:08; 28, T.McDermot 62:34; 33, G.Fitzgerald 66:28.

Teams: 1, Southend 21; 3, Belgrave 31.

BERT ANGELL 7 miles COPTHALL 15 SEP 1991

1, C.Hielscher 51:35; ... 3, C.Lawton 52:54; 7, D.Sharpe 58:53; 8, J.Dunsford 58:53; 9, D.Fotheringham 59:38; 10, P.King 60:50; 13, T.McDermot 63:38; 16, R.Middleton 67:24.

SOUTHEND 5 miles 29 SEP 1991

1, S.Phillips (Ilford) 37:53; ... 3, C.Lawton 39:23; 17, M.Scamell 43:53; 20, D.Sharpe 44:29; 21, D.Fotheringham 44:44; 23, P.King 45:46.

BELGRAVE 5 miles WIMBLEDON 5 OCT 1991

1, N.Carmody (Camb. H) 36:21 (Course record); 2, C.Lawton 39:06; ... 5, P.King 44:16; 6, E.Crutcher 44:41; 12, Karen Barker 47:28; 14, T.McDermot 49:31; 15, R.Middleton 49:38; 19, P.Duncan 51:32.

In the Veterans AC 5 miles races held at Battersea Park during the summer in which numerous Belgrave walkers turned out, John Hall and Carl Lawton were individual winners, with John Hall winning the Championship.

In the Belgrave 3kms Championships held at Battersea Park on September 2nd in conjunction with the MAFF meeting, John Hall was the winner with John Llewellyn and Carl Lawton backing up.

CHIPPENHAM TO CALNE 6 miles 12 OCT 1991

Both course records were broken in this event, now in its 40th year.

Men.

1, M.Rush (Lakeland) 39:44; ... 17, C.Lawton 47:44; 47, D.Fotheringham 55:10; 49, J.Dunsford 55:27.

Ladies.

1, L.Langford (W & B) 47:16; ... K.Barker 58:00; 14, S.Porter 60:36; 15, G.Brackpool 61:47.

Teams: 1, Steyning; 2, Belgrave.

Gordon Doubleday was present at the Chippenham to Calne Walk in October and was pleased to see the Belgrave contingent. He had a good chat to Hon. Life Member Percy Wright who, with his wife Kit, had made the journey from Southampton. Percy recalled finishing 5th in open road walks in the '30s and not getting a winning team award. He still remembers the names of the half a dozen or so Belgravians who finished in front of him. Many other names, walkers and runners, were recalled. During the 1939-45 War when stationed at Cwmbran he produced a newsletter which gave news of walkers. His son Bill walked for us for a while until moving to the Midlands. Still an active walker, Bill is also Hon. Treasurer of the R.W.A.

In the Civil Service 7 mile and 5 km Championships respectively at Blackheath, John Hall and Sue Porter were both winners.



Handicap king Dudley triumphs again!

Report by Mick Farrelly

Dudley Gordon, on a breezy late October Tuesday night, "did the business" on such greats as "Boofer" Bruce, Charlie Walker and Tony Stone in the twice yearly Bridges Race around Battersea Park.

There was much talk of pulled hamstrings, sore achilles etc. in the changing room before the race, especially within earshot of race organiser and handicapper Doug Maughan.

This event has been held for nigh on 20 years now, with the record of 12:09 held by Gerry North on a course measuring some 2 and 5/8 miles. Doug is considering extending the frequency of the event to four times a year depending on support by club members and any others interested.

This time the handicap didn't quite work out, with most of the runners meeting up one corner too soon. By this time Dudley was well out of sight and won with a great deal to spare.

However, it was in the pub afterwards that Arthur Bruce reminded us of that phrase coined by another well known handicapper Bill Lucas, "That's the last time you'll win, THIS DECADE!"

1, D.Gordon 23:24 (18:12); 2, C.Dickinson 24:36 (13:46); 3, A.Stone 24:49 (14:49); =4, A.Stroud 25:03 (15:48) and V.Butcher 25:03 (15:48); 6, P.Webb 25:08 (16:08); 7, C.Walker 25:19 (16:49); 8, A.Bruce (injured) 29:28 (19:28).

Road and Country

CHARLES DICKINSON reports on the early season results

Building on the success of the Belgrave Track and Field team over the summer there are some very encouraging aspects of the Cross Country and Road team led by Team Manager Colin Pearson.

This year Colin is being assisted by John Wasbrough, our press secretary, and it is already apparent that their individual strengths compliment each other to form a strong duo. Stuart Paton agreed to become Club Captain and at the first Surrey League match in Richmond Park on October 12th it was clear that his influence had produced an excellent turn out in numbers and a very positive attitude by the team. All runners are asked to make the remaining Surrey League matches their top priority and to turn out for the team even if not fully fit. (As did Stuart in the last match).

There was early team success in the Surrey County relays held at Dunsfold Airfield when a weakened team won the bronze medal. Both here and at the Southern Relays a week later, fastest Belgrave runner was Marcello Bizio. Marcello has been elected Road Running Secretary and Captain and is in fine early season form, just beating new recruit Jim

Estell in the Wimbledon Half Marathon.

There has also been a resurgence of runners at Belgrave Hall on Sunday mornings, again influenced by Stuart Paton. Numbers have been higher than for some time. With a number of younger distance runners such as John Hobbs, Owen Lewis, Roger Alsop, Chris Millbank and others all steadily improving, the future looks quite hopeful.

WIMBLEDON HALF-MARATHON 15 SEP 1991

Pouring rain failed to dampen Belgrave spirits and our lads dominated this year's event. New member Jim Estall pulled away from the field of over 2,000 runners and seemed set to claim first prize but with just over a mile to the finish he took a slight detour which cut his lead and brought him back within sight of the chasing Marcello Bizio. Marcello gradually worked his way up and finally unleashed his characteristic fast finish to win by three seconds.

1, M.Bizio (Belgrave) 1:11:14; 2,

J.Estell (Belgrave) 1:11:17; ... 7, R.Alsop 1:15:06; A.Stone 1:24:19 (1st M50)

Team: 1, Belgrave 10 pts.

RICHMOND HALF-MARATHON 15 SEP 1991

Held on the same day as the Wimbledon half-marathon, some preferred to run the flatter course at Richmond.

1, M.Fromant (W&B) 1:08:24; 6, J.Hobbs 1:11:34; 10, O.Lewis 1:14:14.

SURREY 6x3m ROAD RELAYS, DUNSFOLD AIRFIELD 21 SEP 1991

This was an encouraging start to the season by an under strength senior team which came home third. Held on a warm, sunny afternoon at Dunsfold Airfield over a smooth, traffic free course, each runner was required to run a three mile lap of the airfield. Marcello Bizio ran the fastest Belgrave time of the day on the first leg chasing Simon Rayner of Hercules Wimbledon who pro-

duced the fastest overall leg.

1, Heme Hill 90:16; 2, South London 90:47; 3, Belgrave 93:18 (M.Bizio 14:45 2nd, R.Alsop 15:10 3rd, M.Webb 15:42 2nd, I.Dent 15:38 2nd, P.Saunders 15:55 3rd, M.Lewington 16:08 3rd); ... 15, Belgrave 'B' 98:54 (S.Herbert 17:12 28th, N.Holland 15:53 21st, N.Clarke 16:12 16th, M.Nouch 16:11 13th, T.Williams 16:47 15th, J.Coy 16:39 15th); 23, Belgrave 'C' 104:23 (J.Barry 16:22 18th, D.Anderson 16:31 18th, L.Coy 19:09 25th, A.Stone 17:26 24th, ? 17:02 22nd, D.Anderson 17:53 25th).

SOUTHERN 6x6km R.RELAY RUSHMOOR ARENA 28 SEP 1991

This week's event was held in cold, wet and windy conditions and the two lap undulating course provided its usual test. Again the Belgrave team was understrength, but strong legs in the latter part of the race moved the team up to 17th place. Once again Marcello Bizio was fastest Belgrave runner. London Irish took the race on the very exiting last leg where the first four teams all finished within half a minute.

The senior team poses at Petersham prior to setting out on the first of the 1991/92 Surrey League cross country races.

Back row (left to right): Colin Pearson, Gerry Adams, Chris Taplin, Paul Roche, Tony Stone, Mike Hayes, John Booth, Owen Lewis, Trevor Williams, Gary Staines, Roger Alsop, John Bicourt, Colin Bond, Jon Coy, John Mather, Marcello Bizio, Chris Millbank and Pete Gardner.
Front row: Mike Nouch, Charles Dickinson, Stuart Paton, Don Anderson, M.Mazzotta, Mike Webb, Matt Kinane, John Wasbrough.
Photo: Alan Mead.



1, London Irish 110:17; 2, Shaftesbury Barnet 110:19; 3, Highgate 110:30; ... 17, Belgrave 116:14 (R. Alsoop 19:37, N.Holland 20:09, O.Foote 19:03, F.Ward 19:12, J.Hobbs 19:15, M.Bizio 18:58).

DULWICH PURSER'S 10km 29 SEP 1991

After being "robbed" at Wimbledon two weeks earlier, Jim Estall made no mistake this time, winning in the finishing straight. The race was organised by his old club Dulwich.

1, J.Estall (Belgrave) 31:55; 2, P.Groves (SLH) 31:56; 3, T.Nash (Blackheath) 32:01.

REEBOK SURREY CC LEAGUE DIV. 1 RACE 1 PETERSHAM, 12 OCT 1991

On the surface this race gave us a disappointing result with the Bels, finishing only sixth in this first Surrey League fixture. However, many club members rallied to the call of team managers Colin Pearson and John Wasbrough, so many in fact that Colin ran out of numbers! There was an excellent team spirit throughout. Club Captain Stuart Paton led by example, although hardly fit, and Gary Staines led the team home in 9th position after moving steadily through the pack from about 80th place at the start, encouraging

Belgrave runners as he passed. Gary exemplified the team spirit, running 'easy' after resting down from the World Championships. With several of the Belgrave 'engine room' missing through injuries, etc., John Bicourt had no trouble in making the scoring ten and it was left to Colin Bond, 103rd, and Mike Nouch, 107th, solidly closing the team. With just over 150 points less we would have come second!

1, S.Raynor (Hercules Wimbledon) 26:46; 2, K.Penney (Boxhill) 27:07; 3, V.Gamer (Aldershot) 27:13; Belgrave scoring ten: 9, G.Staines 27:47; 19, M.Bizio 28:20; 44, M.Kinane 29:25; 49, J.Webb 29:43; 56, S.Paton 29:55; 57, O.Lewis 29:56; 69, M.Mazzotta 30:10; 72, J.Bicourt 30:12; 103, C.Bond 30:42; 107, M.Nouch 30:44.

Teams: 1, Boxhill 149; 2, Thames Hare & Hounds 398; 3, Aldershot 428; 4, South London 478; 5, Woking 528; 6, Belgrave 557; 7, Ranelagh 607; 8, Hercules Wimbledon 619; 9, Metropolitan Police 638; 10, Herne Hill 653.

CABBAGE PATCH 10 MILES 13 OCT 1991

1, S.Mugglestone (Westbury) 47:41 (course record); ... 5, J.Estall 52:17.

ZATPEK RELAYS SOUTHWARK BRIDGE, 20 OCT 1991

1, Highgate 1:33:06; 2, Newham & Essex Beagles 1:34:02; 3, West London Institute 1:35:26; ... 5, Belgrave 'A' 1:39:10 (P.Saunders 16:34, O.Lewis 16:29, N.Clarke 17:08, M.Anderson 16:34, M.Webb 16:40, M.Bizio 15:42); Belgrave 'B' dnf (A.Stone 18:35, C.Dickinson 17:37, M.Mazzotta 17:03, D.Anderson 17:46).

BARNES GREEN HALF- MARATHON 20 OCT 1991

1, P.Froud (Chichester) 1:08:03; 2, H.Mountcastle (Hastings) 1:08:09; 3, J.Hernon (Hastings) 1:08:17; ... 5, O.Foote 1:09:36; C.Cross 1:24:05, D.Manning 1:41:25, R.Faithful 1:41:25, D.Davies 1:42:24; C.Manning 2:05:43.

REIGATE PRIORY CC RELAYS REIGATE, 2 NOV 1991

JOHN WASBROUGH reports: Gary Staines, European Championship 5000m silver medalist, warmed up for the following Sunday's Targa Olympia 10 km road race in Talmero, Sardinia, by clocking 12 minutes 19 seconds, the fastest lap of the day around the two and a half mile cross country course at

Reigate Priory. Boxhill Racers headed home 72 teams to take the title, covering the fifteen miles in 1 hour 18 minutes and 44 seconds, while Belgrave finished sixth. The Bels had worked their way up from 24th place after the first leg to finish only a minute adrift of third placed Dartford Harriers. Good runs came from Ollie Foote and Marcello Bizio in the 'A' team and Mark Sinclair showed that he is returning to fitness with a good leg in the 'B' team. Once again an excellent team spirit was evident and we had three teams competing despite the World Cup rugby final on the same afternoon.

1, Boxhill Racers 78:44; 2, Boro Hounslow 79:28; 3, Dartford 80:45 ... 6, Belgrave 'A' (R. Alsoop 14:04 (24th), O.Foote 13:32 13th, P.Saunders 14:20 15th, M.Anderson 14:06 18th, M.Bizio 13:38 10th, G.Staines 12:19 6th) 81:59; 27, Belgrave 'B' (J.Mather 15:03, M.Nouch 15:02, M.Sinclair 13:55, M.Mazzotta 14:33, C.Dickinson 14:19, G.Teahan 15:22) 88:14; Belgrave 'C' (J.Wasbrough 17:02, J.Coy 15:15, L.Coy 16:43, A.Stone 15:47, T.Williams 15:28, D.Anderson 14:58) 95:13; also: R.O'Hara 15:02.

Naal of Tanzania got home 15 seconds ahead of Paul Evans who was clocked at 47:26 for his 2nd place in the Great South Run 10k on October 13th.



Two fine marathon results on October 27th

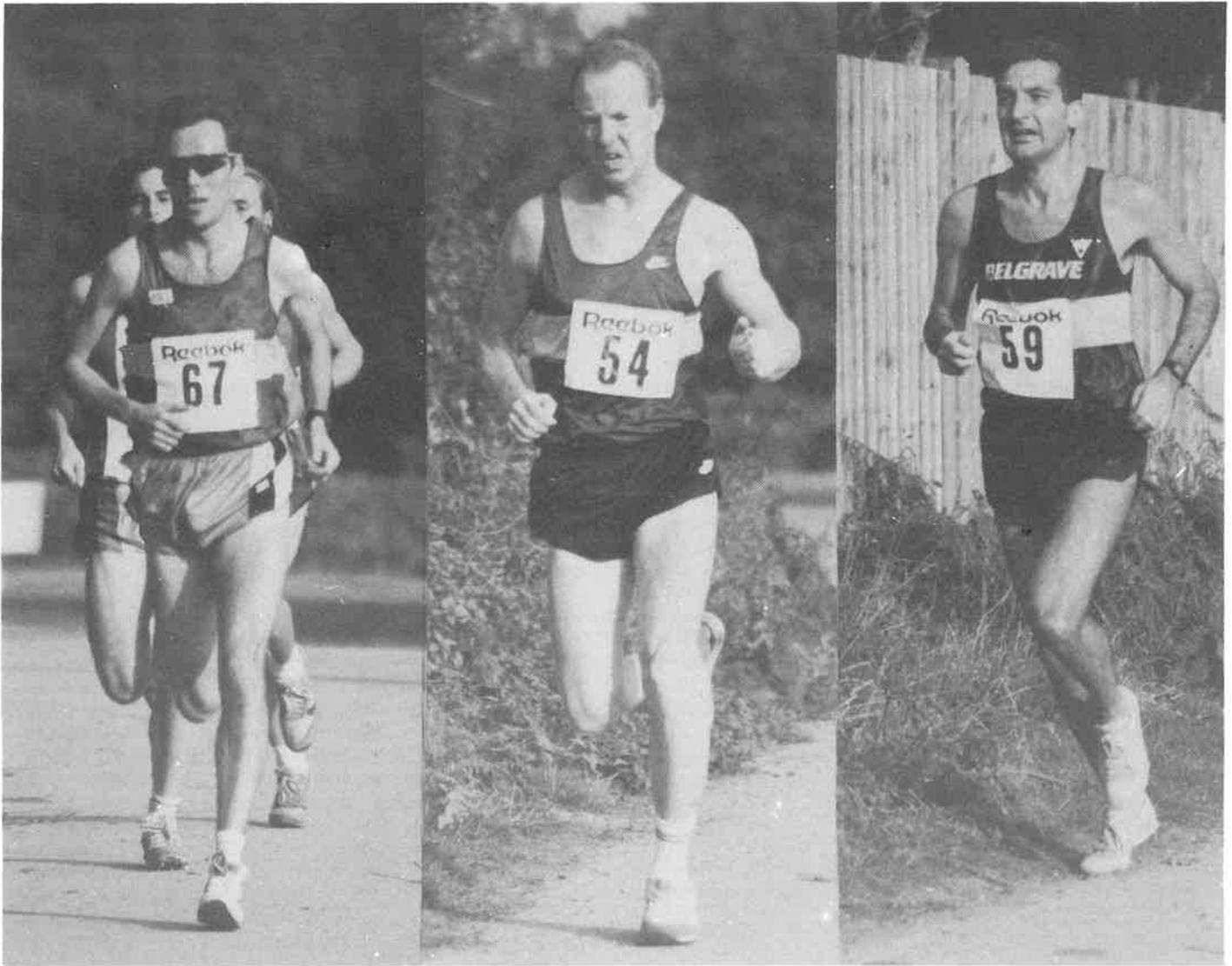
Club record for Paul Evans

Running in the Carpi Marathon in Italy, Paul Evans finally made his break through to the top grade of marathon performances with a superb 2:12:53. Paul came 9th in the race which was won by Diamantino Dos Santos of Brazil in 2:11:28. Paul's run eclipses the previous club record held by New Zealander Graham Macky.

Tony Verdie runs his fastest marathon since 1986

Tony Verdie overcame injury problems to his ankles and calf muscles, and a nasty stomach virus which limited him to an average of only 44 miles per week in the eight weeks leading up to the race, to run a fine M50 2:48 in the Dublin Marathon on the same day. Tony puts his excellent performance down to the Guinness he consumed the night before the race!

*One lap completed for Stu' Paton at Petersham and plenty of time before having to think about putting in that famous "kick".
photo: Alan Mead*



Guernsey Easter Runs

The usual good time was had by all who spent last Easter weekend racing in Guernsey. Tony Stone finished first in the overall M50 category. Times and positions listed below are for the following races:

6 miles road race, 4.6 miles cross country, 4x2 miles road relay and half marathon.

- A.Stone 37:27 (87th), 28:33 (67th), 11:28, 1:24:41 (78th)
- C.Cross 41:26 (150th), 33:54 (168th), 14:41, 1:35:03 (141st)
- P.Cooper 37:11 (82nd), 29:09 (78th), 12:02, 1:22:41 (69th)
- J.Wasbrough 37:47 (91st), 30:21 (95th), 12:37, 1:28:59 (105th)
- M.Hutton 44:48 (193rd), 36:54 (207th), 13:32, 1:31:25 (118th)
- H.Masskey (L) 41:26 (151st), 36:03 (198th), 13:57, 1:32:04 (122nd)
- J.Davies 44:48 (194th), - , - , 14:44, 1:43:07 (182nd)
- P.Davies (L) 47:18 (216th), - , - , - , 1:47:42 (201st)
- R.Page (Guest) 45:30 (201st), 36:54 (208th), 14:40, 1:43:59 (187th).

Late Cross Country News:

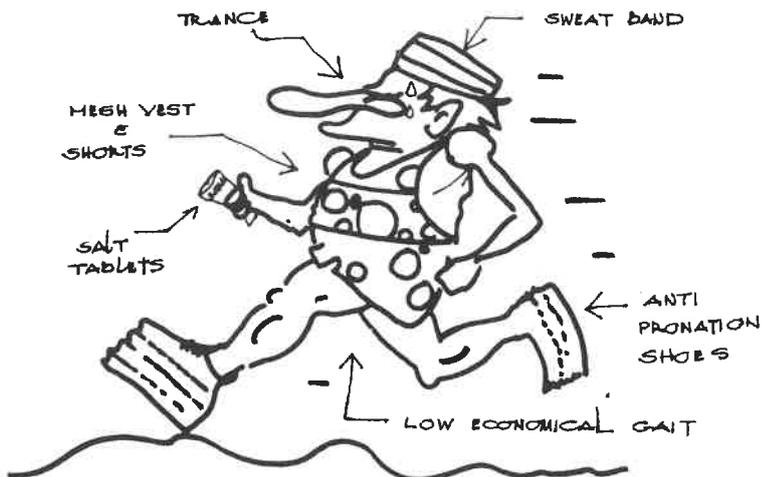
In the second League Race on Wimbledon Common we had no fewer than 42 runners. Our team placed second to Boxhill Racers, closing in at 61st position. If new member Steve Harris, who placed 5th, had been eligible for the race (we believe he will be for the next) we would have won the match. Track star Darryl Maynard came all the way down from Leeds to compete - and didn't score!

EUROPEAN VETERANS CHAMPIONSHIPS 1992

Charles Dickinson is looking into the possibility of getting a party to go to Kristiansand, Norway, next year for the European Veterans' Championships. One of the possibilities is taking in the Bislett Games. Contact Charles as soon as possible if you are interested.

Above: Reebok Surrey XC League at Petersham. Left to right: Gary Staines had an "easy one" after resting from Tokyo. He started slowly, then worked through the field, encouraging the Bels, as he went. John Mather and Pete Gardner, only 800m to go lads. photos: Alan Mead

**ATHLETIC TYPES 1991
THE MARATHON MAN**



Tokyo jottings

The 1991 I.A.A.F. World Championships have come and gone. No fewer than six Belgravians represented their countries and several more were lucky enough to watch from the stands. ALAN MEAD paints the picture with extracts from his diary.

Thursday 22nd August

It just had to be faced. After a 12 hour flight from a pleasantly sunny London to the oppressive 30 degree heat and nigh on 100% humidity of a Tokyo just recovering from a typhoon, sleep in an air-conditioned room was what the body cried out for. But no, had to get acclimatised and adjust those body clocks, so it's was down to McDonalds for a bite before strolling through Shinjuku Central Park and marvelling at the view of the futuristic skyscrapers and the racket kicked up by the cicadas. The tour organiser has brought us up to date with the latest news. It's disappointing to learn that Peter Elliott and our own Marcus Adam have been forced to pull out of the championships due to injury but good to know that the Soviet team has arrived and that the military coup in their country is over. Sleep....

Friday 23rd August

Still dozing fitfully, two bus loads of our tour party spent a large part of the day sitting in the horrendous Tokyo traffic on a sight seeing tour before heading off to the stadium for the opening ceremony. Our Track & Field Tours party is mostly made up of Brits. with a dozen or so French supporters and a few New Zealanders. In between cat naps I chatted to Milton, an inveterate marathoner, and others who travel to these events as often as they can. It is surprising that many of our party are not connected to an athletics club and just count themselves as track and field fans.

"... memories of '64 ..."

At last, dripping with perspiration, we climbed the steps into the stadium and stepped through the portal of "gate 34" into the cauldron that we are going to get to know so well in the next ten days. Our seats are placed high up at the 1,500 metre start - great for watching the field events, in particular the jumps, and not too bad for the track finishes even though they are a way off. Memories of the '64 Olympics come back - in particular that marvellous double from one of my all-time heroes Peter Snell. Then there was Ken Matthews, Mary Rand, Ann Packer, Lyn "the leap" Davies - it all happened here. Will the ghosts of that Olympiad, one of Britain's most successful games of modern times, spur on our current

team?

The opening ceremony was magnificent in spite of the fact that curtains of rain wafted across the stadium as it began. The teams marched around the track cheered mightily by their supporters but the full roar of 60,000 throats was reserved for the Soviet team, everyone delighted to see them after doubts as to whether troubles back home would allow them to get to Tokyo, and of course the host nation, Japan. The proceedings culminated in a moving performance by two opposing armies of red and black clad samurai warriors who carried out intricate battle manoeuvres while electronic, classical Japanese music filled the night air. Laser beams split the sky, piercing the lowering clouds, and eventually, as the music gradually subsided, illuminated white globes, perhaps two metres in diameter, lifted off from the stadium floor and floated ever higher into the night. Magic stuff!

Saturday 24th August

For the first time we made our own way to the stadium, wrestling with the technicalities of the ticket machine and the unfamiliar currency at Shinjuku Station amidst the hordes of other travellers - and this was only a Saturday. What on earth can a week-day rush-hour be like?

Thousands of fans gathered outside and underneath the stadium, chatting before making their way inside. This is normally the time one comes across "Glimpy" Jones, Alf Wilkins, Cyril Gittens, "Boofer" Bruce, etc. but familiar faces are few and far between on this trip.

The ingenuity of the Japanese has to be marvelled at. An electric cart running on a set of portable rails transports the hammers and other throwing implements back to the throwing area after they have been launched. Much to the crowd's amusement this tramway managed to withstand several near misses as "ball and chain" thudded back to earth after the likes of Yuri Sedykh had done all but put them into orbit. Another much admired innovation is the almost instant photo finish picture, displayed in colour on the giant screen after each race.

The officials became a little flustered when the 20km walkers arrived back in the stadium before the 100 metre heats were concluded and in the confusion Shchennikov thought he had the better of Damilano - until he realised that there was another lap to go!

Early afternoon saw us gathering at the warm-up track before the main session started and we were able to wish Linford Christie luck as he stepped out of the athletes' bus. He seemed deep in thought but smiled and gave a wave. It's a world away from the bubbling

rivalry of the British League matches.

Sunday 25th August

Seeking relief from the ferocious heat after the morning session, we entered a shady but insect filled Shinto shrine and met "Karl the Viking" (pronounced Wiking). Karl always wears blue shorts, a yellow tee-shirt, a blue and yellow cap on which is mounted blue and yellow viking horns, and he carries with him a blue and yellow flag and a bag full of athletic magazines and the International Track and Field Annual. He is Swedish! We talked track and field and slapped at biting insects for an hour or so and I promised to send him a copy of "Athletics Today's" Championships results issue and a "Belgravian" when we return home.

"... Carl Lewis crazy ..."

The Brits. were a little depressed after Backley and McKean made surprisingly early exits but the whole trip became worthwhile, just to be at the trackside for the 100 metres final. The tension was unbelievable. Cheerleaders had been working up the crowd and the Emperor of Japan had been applauded to his seat on high but all became deathly quiet as the fastest men on earth stretched and jumped and stared down the eight lanes leading to glory. In the magic of the moment the competitors, spectators and very stadium itself seemed to become as one; a brilliant speck of light with the whole universe focused upon it. After a world record breaking 9.86 seconds there was no doubting the brilliance of Lewis and Co., but we felt such pride for Linford - out of the medals with 9.92. The Japanese were "Carl Lewis crazy" before the race but now ...

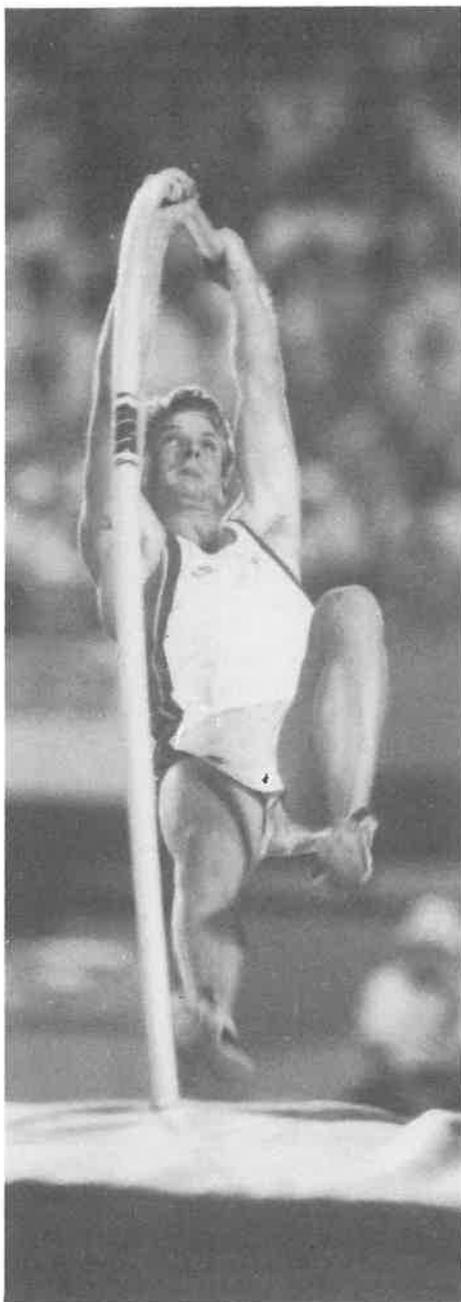
Monday 26th August

Now we know what a rush-hour is really like. Three million people use Shinjuku station every day - Waterloo will never seem the same again.



“... a raging sea of Japanese flags ...”

One of our party is a Tom McKean look-alike. He has spent the weekend smiling smugly when supporters from other nations have nudged each other and pointed in his direction but since yesterday he has lost interest in the charade. The New Zealanders behind us went mad when for a brief instant when it seemed possible that javelin thrower Gavin Lovegrove was going to give them a medal before Britain. But the Finns finally sorted that competition out and we were treated to a parade of the Finnish flag along the catwalk that runs the length of the backstraight right in front of our noses. “Never mind”, we said, “we’ve got Yvonne to come” - but the jinx on our team went on, and as the women’s 3,000 metres came to a finish someone uttered, “Hasn’t it gone quiet



round here”. John Regis went through two rounds of the 200 metres unscathed.

With three Japanese in the final of the 10,000 metres the crowd was frantic. To our left, around the first turn, was a raging sea of Japanese flags while a group of boys, stripped to the waist and wearing warriors headbands and waving banners, attempted to get a Mexican wave going by running along the catwalk exhorting all to rise. The effect on the Japanese competitors was amazing. They ran far above themselves, fighting every inch of the way.

Tuesday 27th August

At last Akabusi has raised our game and we have a bronze medal but regrettably our own John Regis has gone out in the semis of the 200 metres. What a semi-final it was too with Michael Johnson, Frankie Fredericks and Robson Da Silva in the field. Adeniken of Nigeria ran a very strong race and our man was shut out of the final by five hundredths.

Now thoroughly over the jet-lag, younger members of the group are well into night clubbing but have been arguing over which is the best one to visit tonight. Someone suggested getting down to the pole vault area to have a chat to Mike Edwards, as he seems to know about these things! But Mike was busy having an outstanding competition. The qualifying height was 5.60, 10cm above the Belgravian’s pb, but Mike took 5.20, 5.30 and 5.40 with first attempts before passing 5.45 and then failing at 5.50. Eighth in his pool and really very close to having qualified for the final.

Talk in our group is of how the American T&F News party has challenged us to a road relay around Shinjuku Park as a prelude to the last athletics session on Sunday. My family can’t believe that I can be even half-serious about taking part after ten years of inactivity - and anyway I have no kit with me apart from a Belgrave vest.

Wednesday 28th August

A rest day as far as the athletics was concerned but we took the opportunity for some sightseeing with a trip down to Hakone and Mount Fuji. We encountered muzak on the top of a mountain, motorised “Spanish galleons” cruising on the lakes, rode the bullet train back to Tokyo, but still athletics dominated the conversation. I have this theory that Matthew Yates will do something special in the 1500 metres and others seem to agree with me. He has that arrogance and blazing speed and is an “unknown” - if only he can get up and stay near the front.

Each night we watch the day’s highlights on

Mike Edwards had a fine competition with first time clearances at 5.20, 5.30 and 5.40 before failing at 5.50. Photo: Duane Hart.

TV but with nothing to report on this evening (apart from interminable shots of Carl Lewis at the Mizuno factory and visiting school children at their lessons) the producers switched their attention to the forthcoming men’s marathon. The Japanese ladies have already done well over the distance but it is in the men’s race that the host nation have most hopes of winning gold. In fact one has to go back to 1936 for Japan’s last big games “gold”, when Kitei Son (actually a Korean) took the marathon and Tajima the triple jump.

The TV programme showed the drama of the 1964 marathon finish: Abebe Bikila of Ethiopia had already won but the Japanese competitor Tsuburaya entered the stadium in second place pursued hotly by Britain’s Basil Heatley. Basil turned on a fierce sprint over the last two hundred metres which the home runner could not match and silver was snatched from his grasp before thousands in the stadium and millions on TV. Inconsolable in defeat, Tsuburaya eventually ended his life with a ritual suicide. Attitude’s in Japan have changed greatly since 1964 but they remain ferocious competitors over 26.2 miles on the road.

Thursday 29th August

Intermittent rain returned today, together with high humidity, but there was plenty to cheer about from a British point of view today with Sally Gunnell’s and Tony Jarrett’s hurdles runs and Roger Black’s 400 metres. Matthew Yates did his best to disprove my theory about him by only qualifying for the semi as fastest loser.

A regular visitor to our row of seats is Helen Elleker, the British 10k walker whose husband is in our party. She did us proud today, bringing a box full of chocolate bars, tee-shirts and programmes, surplus to the team’s requirements. There is supposed to be a “meet the team” lunch on Saturday but so many of them have gone home after disappointing performances that we are wondering if there is any point in going.

Friday 30th August

The morning session saw Belgrave’s Paul Edwards qualify as 8th man of the 12 for the final, hitting 19.28 on his second effort. Good putting from the big man.

There was no doubt that this was going to be a special day for the Scots when at Sendagaya Station, the stop for the stadium, an electronic version of “Coming through the Rye” could be heard over the loud speakers. That had to be an omen and sure enough Liz McColgan duly ripped the field apart in the 10k. Two spectators who had been sitting quietly nearby all week suddenly broke into the broadest of Scots accents.

Earlier we had had the unusual occurrence of three club members being in action in the space of thirty minutes, and each one representing a different country. Roger Te Puni was New Zealand’s high jump representative.

The roll of honour

MIKE EDWARDS (GBR) - Pole Vault

Qualifying round. 27 Aug. 16:40; pool 1; qual. 5.60 or 12; temp. 22C; humidity 62%.

=1, P.Widen (SWE), S.Bubka (URS), M.Tarasov (URS) 5.50; ... 8, M.Edwards (GBR) 5.40 (5.20-1, 5.30-1, 5.40-1, 5.50-f).

Final winner. S.Bubka (URS) 5.95.

PAUL EDWARDS (GBR) - Shot Putt

Qualifying round. 30 Aug. 10:30; pool 1; qual. 19.60 or 12; Temp. 31C; humidity 73%.

1, W.Gunthor (SUI) 20.97; 2, S.Nikolayev (URS) 20.16; 3, L.Nilsen (NOR) 19.79; ... 6, P.Edwards (GBR) 19.28.

Final. 31 Aug. 18:30; temp. 29C; humidity 70%.

1, W.Gunthor (SUI) 21.67; 2, G.Andersen (NOR) 20.81; 3, L.Nilsen (NOR) 20.75; ... 11, P.Edwards (GBR) 18.91.

ANDY LLOYD (AUS) - 5,000 metres

Round 1. 30 Aug. 18:41; heat 3 of 3; qual. first 4 + 3 fastest; temp. 27C; humidity 78%.

1, F.Bayesa (ETH) 13:41.59; 2, R.Denmark (GBR) 13:46.25; 3, Y.Ondieki 13:47.05; ... 9, A.Lloyd (AUS) 13:59.71.

Final winner. Y.Ondieki (KEN) 13:14.45.

JOHN REGIS (GBR) - 200 metres

Round 1. 26 Aug. 12:17; heat 7 of 8; qual. first 3 + fastest 8; wind +0.1; Temp. 30C; humidity 52%.

1, E.Tuffour (GHA) 20.50; 2, J.Regis 20.62; 3, A.Goremykin (URS) 20.67.

Round 2. 26 Aug. 17:02; heat 3 of 4; qual. first 4; wind +0.8; Temp. 31C; humidity 46%.

1, M.Johnson (USA) 20.50; 2, N.Antonov (BUL) 20.20; 3, O.Adeniken (NGR) 20.30; 4, J.Regis 20.38.

Semi-final. 27 Aug. 16:33; 2nd heat; qual. first 4; wind -3.1; temp. 26C; humidity 52%.

1, M.Johnson (USA) 20.06; 2, F.Fredericks (NAM) 20.27; 3, O.Adeniken (NGR) 20.47; 4, R.Da Silva (BRA) 20.47; 5, J.Regis 20.52. Final winner: M.Johnson (USA) 20.01.

4x100 metres relay

Round 1. 31 Aug. 18:40; heat 1 of 2; qual. first 3 + fastest 2; Temp. 30C; humidity 70%.

1, FRA 38.29; 2, GBR (T.Jarrett, J.Regis, D.Braithwaite, L.Christie) 38.36; 3, JAM 38.45.

Final. 1 Sep. 16:50; temp. 28C; humidity 58%.

1, USA 37.50 (World Record); 2, FRA 37.87; 3, GBR 38.09.

4x400 metres relay

Final. 1 Sep. 18:10; temp. 28C; humidity 58%.

1, GBR (R.Black 44.7, D.Redmond 44.0, J.Regis 44.22, K.Akubusi 44.59) 2:57.53 (European, Commonwealth and Championship Records; 4th fastest of all time); 2, USA 2:57.57; 3, JAM 3:00.10.

GARY STAINES (GBR) - 5,000 metres

Round 1. 30 Aug. 18:05; heat 1 of 3; qual. first 4 + 3 fastest; temp. 27C; humidity 84%.

1, I.Kinuthia (KEN) 13:57.65; 2, K.Skah (MAR) 13:58.45; 3, G.Staines (GBR) 13:58.68.

Final. 1 Sep 17:10; Temp. 30C; humidity 53%.

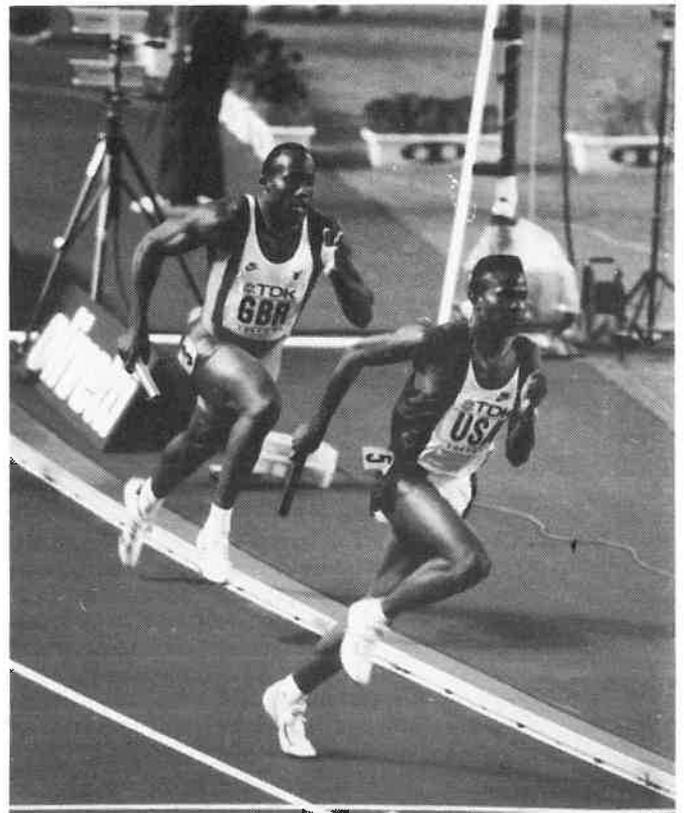
1, Y.Ondieki (KEN) 13:14.45; 2, F.Bayesa (ETH) 13:16.64; 3, B.Boutayeb (MAR) 13:22.70; ... 13, G.Staines (GBR) 13:58.26.

ROGER TE PUNI (NZL) - High Jump

Qualifying round. 30 Aug. 16:40; pool 1; qual. 2.30 or 12; temp. 27C; humidity 78%.

=1, C.Austin (USA), M.Drake (CUB), D.Grant (GBR) 2.27; ... 19, R.Te Puni (NZL) 2.15 (2.05-1, 2.10-1, 2.15-3, 2.20-f).

Final winner. C.Austin (USA) 2.38.



The 4x400 metres final. Roger Black and Derek Redmond have done their work well and now it is up to John Regis to keep breathing down the neck of the USA's Danny Everett. The Belgravian does a fine job, leaving Kris Akubusi to wait ... and wait ... and then strike for gold in the last two metres. Photo: Duane Hart.

Tokyo jottings continued ...

He has a best of 2.24 but had to take three bites at 2.15 before failing at 2.20. In the 5,000 metres, with the first four in each heat plus the fastest three losers to qualify, Gary Staines ran a positive race in heat 1, placing 3rd among some outstanding kickers in just under 14 minutes. Australia's Commonwealth Champion, Andy Lloyd, was in heat 3 but he never really got stuck into the race, winding up 9th although just a second down on Gary's time.

What a staggering long jump competition. Nothing was really expected to top that that 100 metres earlier in the week but here we had the end of Lewis's winning streak and the end of Beamon's world record which, when set, was expected to last into the next century. Beamon's leap has been etched into my athletic memories by the classic photograph that is still used across the world, taken by our own, late, Ed. Lacey, a one-time regular contributor of pictures to "The Belgravian". The charming Mike Powell was later feted on TV and, to his obvious embarrassment, Mike was encouraged to show off his prowess as a disco dancer. He did not want to upset the Japanese TV team and sportingly gave a few gyrations before giving a shy wave of his hand across the camera, saying, "Aw! I don't have to do this I'm the world record holder".

"Crammy" is out of the 1,500 final, having only reached the semi-final after a dispute, but Yates is through - again as fastest loser. I am sure that this is just the prelude to a blazing run in the final.

This road relay against the T&F News party is looking deadly serious. I have agreed to take part and must now go shopping for shoes and shorts. The distance had already been established as 1,100 metres but there was some confusion as to whether four runners from each team would be required to cover the total distance between them or, and here my worst fears were to be realised, whether it would be 1,100

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Saturday 31st August

We wandered Tokyo looking for athletic kit. Shoes proved to be a piece of cake but trying to buy shorts using sign language is not so easy. After taking ages in selecting a pair from a rail in a sports store I caused great amusement among the sales staff by indicating that I would like to try them on. It eventually it turned out that I had been lingering over the ladies wear - hey what do they think I am?

Wheelchair races were interspersed with relay heats and the 50k walk today. Having seen the wheelchair men and women in action on the track at British League matches, I had assumed that this was just a British phenomenon but it seems that they take place across the world. Our Kiwi friends assure us that they are a regular part of their home track meets.

Two Soviets tried to stage a dead heat in the 50k. Arm in arm they took the tape together but the judges insisted on splitting them, the photofinish showing that the heavily moustached Potashov just got home first (by a whisker?).

Just a little further up the straight from us, dressed in red and white and wearing an enormous cow bell around his neck, a fan spent the afternoon driving his neighbours mad. The reason being, of course, that it's shot putt final day and as expected the Swiss Werner Gunthor was far and away the best. Paul Edwards was down on his qualifying mark but he managed to keep the 1984 Olympic Champion behind him to gain 11th place.

The Japanese are such pleasant and polite people. At the victory ceremonies the officials

TOKYO '91 世界陸上

down on the track all turn to face the flags of the medal winners, the Japanese spectators and youngsters checking tickets all do likewise and not one of them fails to respectfully remove their hat while the anthems are played. What a contrast with the French supporters just along from us who remain seated, eating and talking noisily through every ceremony.

Sunday 1st September

What a day. It began by being woken by the alarm and sipping a cup of green Japanese tea while watching the Marathon from the comfort of a hotel bed. When Taniguchi of Japan launched his attack with 5k to go, his already contorted face became positively agonised with his exertions. One just wanted him to keep it going to the end to set the seal on a marvellous championships. And of course he did.

Then it was on with the brand new Nikes, shorts, and Belgrave vest of ancient vintage. This latter item of apparel seemed unaccountably tighter than it did when I last wore it nearly a decade ago. A gentle jog around the course followed by some stretching and then it was down to the start where supporters were already out in force, Union Jacks comfortably outnumbering the Stars and Stripes. When it came to sorting out the teams we found that we had a team of four men who looked in pretty good shape and two other teams of press-ganged sprinters and onlookers who had been silly enough to turn up wearing trainers. As for those representing the USA - a very good looking foursome for their 'A' squad, a makeshift second team made up of a father and his teenage children, and a team of lady veterans.

Leg one saw the Brits. ahead, followed by the USA and then our 'B' and 'C' outfits. My big chance for glory. Taking the baton for the 'B's, visions of long gone Southern League 4x400s came crowding back as, with arms and legs flashing, I took that old vest storming towards the first turn 100 metres ahead - rounded it - and then out of sight of the spectators, died. And not one tenth of the course yet covered! My misery was compoun-

ded as first our 'C' man and then a fourteen year-old American, moving like a young gazelle, went past like the wind. If only I hadn't been dressed as an athlete I could have pretended that I was any other middle-aged man who had just missed a departing bus. To cut a long story short, the USA got home first thanks to a last leg effort from a runner who bore more than a passing resemblance to Steve Scott, with our 'A' team not too far behind. The British 'B' team beat the USA lady vets!

As for the day's main activities - well there couldn't have been a spare seat anywhere as Tokyo's population shoe-horned itself into the stadium, all eager to be present when Taniguchi was proclaimed World Marathon Champion. It was a great afternoon for the British as well, started by high jumper Dalton Grant of Haringey. Cheerfully acknowledging our support he played a waiting game, passing at British record height, then setting a Commonwealth Record but so narrowly missing the medals. Our own John Regis earned another medal for his bulging cabinet back home as, teamed with Jarret, Braithwaite and Christie, the Britons took third behind the World Record breaking Americans. In the middle distance finals yet another victory went to Kenya when Yobes Ondieki tore the heart out of the 5,000 metre field which included Gary Staines, - and Matthew Yates finally made me thank my lucky stars that I don't back horses for a living.

There probably isn't a sports fan in the UK who hasn't heard of Britain's victorious 4x400 team and we are proud that John Regis once again played a full part. A totally different race this one to the "Europeans" of last year. No blazing away from the field this time but a high speed tactical battle with John, 44.22, catching and then sitting on the shoulder of the USA's bronze medallist from the individual event, Danny Everett, 44.31. Black and Redmond had already done their business, John gave the baton to wily Kris Akabusi, cast in the unusual role of anchor man, and he stole it from the US on the line.

And so it was all over. With legs beginning to show the signs of having all the elasticity of gateposts after the morning's race, I made my way to the very top of the stadium and stood close enough to the roaring flame to feel it's heat. The haunting Kenyan anthem was played one more time and in the distance the towers of Shinjuku stood out against evening sky. What triumphs and disasters we had seen in the last ten days - Krabbe vs. Ottey, Dan O'Brien the new superman, Sergey Bubka - pole vault victor in spite of injury, the Jackie Joyner-Kersey dramas.

Athletics. Don't you just love it?

<p>第3回 世界陸上競技選手権大会 3rd IAAF World Championships in Athletics</p> <p>会期: 1991. 8.23 -- 9.1 PERIOD</p> <p>会場: 東京国立競技場 VENUE: National Stadium, TOKYO</p> <p>大会の問い合わせ: TEL03-408-1991 INQUIRIES</p>	<p>8.31 午前A.M. SAT(土)</p> <p>開場 OPEN 6:00 開始 START 7:00</p> <p>34 入口 GATE</p> <p>G列 19番</p>	<p>34 入口 GATE</p>
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Spotlight on Simon Shirley

It will not have gone unnoticed that many of the pop hits of the sixties are making a comeback in today's music charts. Many good things came out of the swinging sixties and not least of them is the subject of this edition's "Spotlight" - Simon Shirley.

Born in Nottingham on 3rd August 1966, Simon spent the first seven years of his life in the UK before his family emigrated to New Zealand. There they stayed until 1981 when they upped and moved to Brisbane. After three years in Australia, Simon, at the age of 18, gained a scholarship to Washington State University where he graduated in 1989 with a Bachelor of Science degree majoring in Physical Education.

During this period he competed in track and field for the University and his all-round abilities directed him naturally towards the decathlon. His performances had not gone unnoticed by the Australian authorities and using his residential qualification Simon accepted selection for the 1988 Olympics in Seoul where he finished a very respectable 15th with 8,036 points - an Australian record which still stands today.

Returning to the USA for his finals in 1989, Simon suffered health problems and in trying to gain fitness quickly hit a string of injuries as he attempted to get fit for the 1990 Commonwealth Games in Auckland. Pre-selection was not on and the Australian trials were contested at only 80% fitness. After seven events Simon was advised to pull out by officials as he had done enough for selection. Only later did he discover that when the Australian team was announced, his name was not there. Thus started a period of

BILL LAWS outlines the exciting talent of a man whose most recent exploit is a 6,893 point "decathlon", scoring in only 9 events!

conflict with officials of the Australian AAA's which spilled over into the press and resulted in a split that could not be resolved. At about the same time Simon met Jon Ridgeon in Canberra and Jon suggested that if Simon wished to "up sticks" and move to the UK to further his athletic career then he could do no better than join Belgrave. Simon, who had maintained his UK passport, talked the whole thing over with family friends and then contacted the Belgrave management. In the spring of '90 he took the step, setting up base in London where he resumed training. Unfortunately he was dogged by achilles problems and it took an operation in Germany to truly put him right. It wasn't until the back end of '90 that things began to get better. A brief period in California saw a steady improvement and enabled hard training which would have been impossible in the UK's bleak winter.

During this period Simon had made it known to the BAAB and the IAAF that he wished in future to be considered as eligible for GB team selection. This required approval by the Australian authorities and after much to-ing and fro-ing by the IAAF agreement finally came through from all parties in July 1991. Simon was now a true blue Brit. able to compete for the UK but more importantly for us, able to compete for Belgrave in the British League without restrictions. His exploits in this area are recorded elsewhere in this edition of "The Belgravian" and comprised of three or four

events at each meet. But it was the full decathlon that would set the examination on the success of Simon's come-back fight.

Simon attempted two decathlons during the season. The first was the UK Championships held at Stoke. In this he completed seven events but had to retire as a result of an injury incurred during pole vault warm up when he fell between insecurely fastened mats. His second attempt was, in a way, unplanned. The big annual decathlon held at Tallance near Bordeaux in France in September of every year is by invitation only and is restricted to ten competitors. After the World Championships several of the top athletes in the world decided to compete and Simon was delighted to learn that he too was included. The event went well, with Simon reaching 3,988 at the end of the first day, until he reached the pole vault where he "no heighted" three times due to an excess of adrenaline and too light a pole. Nonetheless he finished the competition, ending up with 6,893 points and on target for 7,800 if the pole vault had gone to plan. This would have ranked him No. 1 in the UK and confirmed that the results were reflecting the hard training.

The next six months will be critical for Simon with Olympic team selection depending on the June '92 trials. This time Simon plans not to make any mistakes and is confident that 8,000 points is not an unreasonable target. Given an injury-free winter plus the same dedication and determination it should be a formality. What he can be assured of is continuing support and encouragement from his mates at Belgrave.

Tony Stone's Belgrave 'Internationals' word search

If you have noticed Tony gazing up at the International Honours board at Belgrave Hall recently you might have been forgiven for thinking that he had delusions of grandeur. Not the case - he's just been compiling this teaser for you to complete.

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|----------|------------|----------|
| ABIJIDE | EVANS | PENNY |
| ADAM | FOOTER | REGIS |
| BEVAN | GLADWIN | SANDY |
| BHATIA | GOEDLUCK | SEATTER |
| BICOURT | GREEN | STAINES |
| BLAGG | HALL | STIMPSON |
| BROOKS | HERBERT | THRESHER |
| CARTER | HUTCHINSON | TULLET |
| CHASTON | LAWTON | VICKERS |
| CHURCHER | LLOYD | WEBB |
| DAY | LUCAS | |
| DORMAN | MIDDLETON | |
| DUNKLEY | NORTH | |
| EDWARDS | OBENG | |
| EKOKU | PATON | |

COIKPLSFIOFEIHHWBLKDOYNSRSQS
 BQCZCEFOAINUPCHURCHERKMPVDTGJ
 NMXYAYBLKOWJVREYCEHACOMVAKBSY
 VUMTHVGVUSBGWOFKXQBCTCVZOURZLE
 NZTYZCZWKGMXHMLAOSHPEXIAATHAOF
 CEBDTRAICLMLGKDSVQBIQAIIVOZWP
 RJDVKCHERFFJFFUWJARANJPEZFKKPT
 LAJXSHWGTBAPJQZNLXNIEMOMOISXOD
 ADYHFAVDIEEOLRKBKDGHEHLZXIKBLGNO
 BAVEQSHDASRQLTEKQWGREENTDUEZJI
 JMI BT TSPZXXACSYMXZSANDYJCPNSI
 JJKNHOFATGDKTDUMIHSYSLAFNHXGQ
 IWXRNRYVXSFASAOXHZVPNLSOGLOOOY
 DBQDEEWR SJILYICDCJDFOSOOVQBYFT
 EQMWSNPMVNAHXMVDA T FYCTEIFLGHVF
 SMWJHVVFUEHERBERTUYDDEDCGBWMWKZ
 LIPXEEVSTULLETMXKURLKOXABATHY
 O DENRWOTXHXIFQYUPNRUEVNLRQREEG
 WDNQSUIRCYMCIPQUKLCRVBHALLPSZQ
 ELNPMXNREGBGMQZLNKSHUVVHJEWPI
 BEYVPYVXOGLVLXRIEXHYRBD SRLJQUSJM
 BTASZFLQOQA AWYBPJNSWXPFFQFYMPO
 POOGGNZXWBJNDLBLAGGPMKKPUFFEOL
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 JNORTHVHSEHCUTIWF TZKAJAOWVMSNT
 RWVVVJCSVHGXOFWNOQKKHQJWRCUBPW
 BDOBHB BZEDVKZUDNBJAUIFFYUMPPBQ
 UWYTEJSTBETNURZBKCBRDZAI PARFD
 HUTCHINSONGWVHTEDWARD SYBQNAL
 IBGDRPJZRADCCRUHGRRAVVEQE EZHX

The Statistics Corner

All time top 20 Belgravians over 100 and 200 metres

Men

100 metres	200 metres
10.20 John Regis (90) 10.07w (90)	20.11 John Regis (90) 20.1h (90)
10.21 Ernest Obeng (80) 10.14w (87)	20.63 Marcus Adam (90/91) 20.10w (90)
10.23 Marcus Adam (91) 10.14w (90)	20.99 Ernest Obeng (79) 20.83w (79)
10.40 Lennie Paul (90) 10.25w (91)	21.08 Lennie Paul (90) 21.03w (91)
10.55 Philip Goedluck (86) 10.47w (87)	21.21 Philip Goedluck (86) 21.5 Brian Morris (61) 21.6y Colin Gaynor (82)
10.65 Colin Gaynor (82) 10.56w (83)	21.6 Alan Sexton (54) 21.7y Steve White (73) 21.2w (74)
10.6 Jim Evans (79)	21.7 Frank Craft (52) 21.8y Jim Vivian (68) 21.8y
10.7 Frank Craft (52) 9.8y John Mitchell (67) Jim Vivian (67) 9.8y Cliff Brooks (73) Steve White (75) 10.6w (74)	21.8 G.Dunckley (29) 21.9y Denis Merrett (50) 21.9y Peter Eldridge (59) Jim Evans (78)
10.8 Alan Sexton (53) 9.9y Ron Holtum (54) 9.9y Ivan Mayers (55) 9.9y Peter Eldridge (61) 9.9y Derek Boosey (66) Mick Marshall (71) Derek Williams (84) Dave Armstrong (84)	21.9 John Mitchell (69) Jon Ridgeon (91) 22.0 Pat Lyttle (84) 22.1 Stan Botwright (38) 22.2y Chris Martin (66) 22.2y

Women

100 metres	200 metres
11.84 Jackie Harman	24.14 Jackie Harman
12.0 Andrea Coore	25.0 Carol Glasgow Alison Caulker
12.3 Yvonne Cole Gail George	25.3 Andrea Coore 25.4 Gail George Ese Oshevire
12.33 Alison Caulker	25.7 Lydia Montoute
12.4 Jackie Barclay Glenda Mahoney	25.78 Pamela St Ange
12.6 Pamela St Ange Lydia Montoute	25.9 Jackie Barclay
Michelle de Leon Andrea Abrams	26.0 Michelle de Leon 26.1 Yvonne Cole
12.7 Jessica Palmer Ese Oshevire	26.3 Glenda Mahoney 26.5 Jessica Palmer Cindy James Andrea Abrams
12.9 Jackie Carter Angela Abrams Cindy James	26.6 Alexis Wotherspoon 26.8 Angela Abrams 26.9 Michelle McIntosh 27.0 Tracey Ritson 27.0 Nina Christou
Michelle McIntosh Immi Akpofure Pamela Dowden	
13.0 Julie Reid Annette Campbell Janice Porter Yvette Edwards Alexis Wotherspoon	

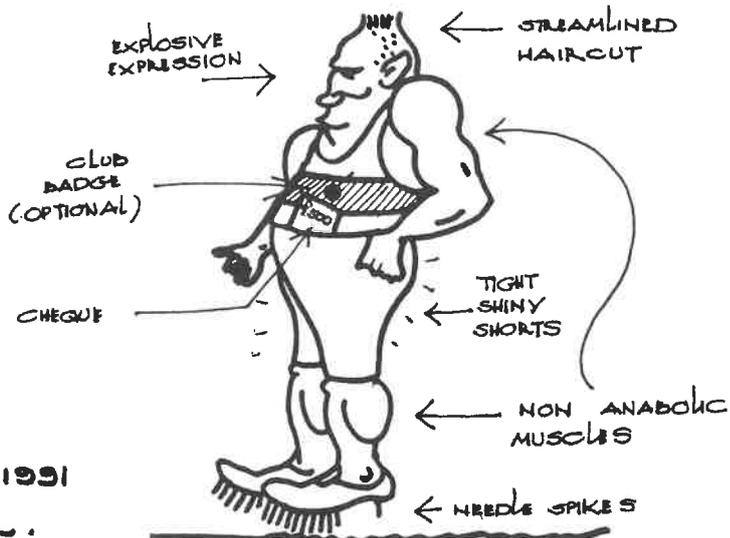
... and Men's Record Progression

100 yards	220 yards
10.4 L.C.Smith 1922	23.8 M.Odell 1928
10.2 W.C.Baldwin 1923	21.9 G.Dunckley 1929
W.C.Baldwin 1924	Denis Merrett 1952
M.E.Odell 1926	21.8 Frank Craft 1952
M.E.Odell 1928	21.7 Alan Sexton 1954
M.E.Odell 1930	21.6 Brian Morris 1961
Stan Botwright 1938	
10.1 M.Broadbent 1944	200 metres
M.Broadbent 1949	21.5 Ernest Obeng 1977
10.0 Denis Merrett 1950	21.4 Ernest Obeng 1978
9.9 Frank Craft 1951	21.36 Ernest Obeng 1978
9.8 Frank Craft 1952	21.27 Ernest Obeng 1979
9.8 Jim Vivian 1967	21.10 Ernest Obeng 1979
	20.99 Ernest Obeng 1979
100 metres	20.78 John Regis 1985
10.7 John Mitchell 1967	20.41 John Regis 1986
John Mitchell 1969	20.18 John Regis 1987
Jim Vivian 1969	20.16 John Regis 1990
Cliff Brooks 1973	20.11 John Regis 1990
10.71 Steve White 1976	
10.6 Ernest Obeng 1977	
Ernest Obeng 1977	
Ernest Obeng 1977	
10.5 Ernest Obeng 1977	
10.4 Ernest Obeng 1978	
10.46 Ernest Obeng 1978	
10.44 Ernest Obeng 1978	
10.29 Ernest Obeng 1978	
10.1 Ernest Obeng 1979	
10.21 Ernest Obeng 1980	
Ernest Obeng 1981	
10.20 John Regis 1990	

*h, or times shown to 1/10th are known to be hand timing
y = conversion from imperial distances
w = known to be wind assisted
figures in brackets denote the year*

Women's details provided by Harry Porter, men's by Steve Williams with later additions by Clive Shippen and Alan Mead

Next issue - the Belgrave track and field rankings for 1991





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DAIRY CREST DAIRIES

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