

June 2003

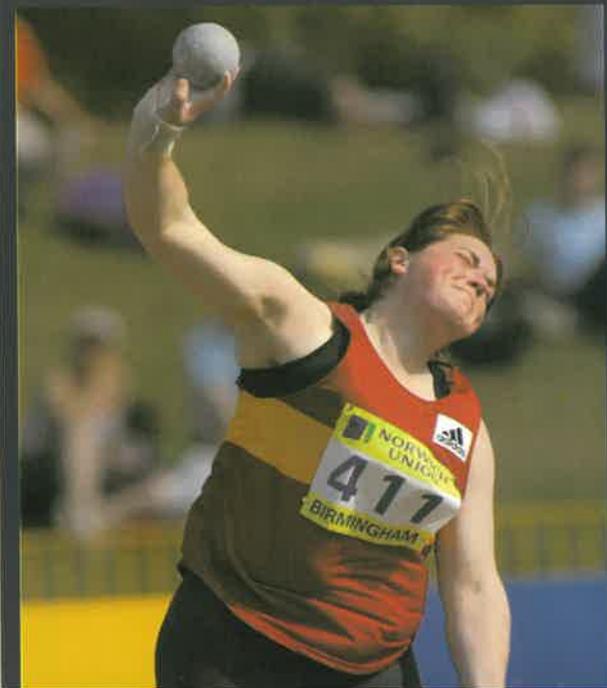
# The Belgravian



The official gazette of Belgrave Harriers

Number 230

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# The Belgravian

Number 230 June 2003

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The mammoth is still not extinct! Members who are as long in the teeth as the aforementioned beast may remember that these words were used by a former editor of the Belgravian after a similar lapse in our club magazine's appearance.

We can only apologise for the two year hiatus, especially because the lack of news has coincided with what has possibly been the most exciting and successful period in our club's history, a time when there has been more news than ever to share with our members. That very success is one of the reasons for the magazine's non-appearance. Our achievements as a club draw ever more heavily upon the time of our committee members and team managers - the same people who contribute towards this gazette. Some times, some things, have to give way.

But hopefully this situation should improve in the near future. Rex Bale (as usual a person already busy with other club work) has offered to assist and we hope to try to get back to bringing you news and results twice a year. Whether these will both be glossy colour editions we are not yet sure. Cost will obviously be a factor that we have to consider.

For this publication there was no way that we could bring you full reports on more than a few of the successes since the last issue. Just a small selection have been included but your Committee did feel that it was important that we recorded the bare results. So no blow by blow accounts, then, of our first ever AAA Half Marathon team win, our National and Southern six-stage relay victories, our record-breaking runs in the Southern 12-Stage, the tremendous surge in the success of our women's teams on road and track, the outstanding performances of individuals at World, European and Commonwealth Games - but the results are all here for posterity. Sadly, a gap of two years means that

we also have far more than the normal number of obituaries to bring you. Not an ideal format for a magazine then, but at least we can present a clean start for the next publication.

For those who have access to the Internet, of course, there has been no lack of information, as our website - to be found at [www.belgraveharriers.com](http://www.belgraveharriers.com) - is updated with results, reports and statistics almost daily. We are now receiving around 100 visits per day on average - from points all over the globe. Dozens of one-time Belgravians from Australia, New Zealand and the USA have contacted us to let us know how pleased they are to be able to log on to see what the club is up to. Analysis of our visitors' locations shows that we have regular interest from practically every time-zone in each continent.

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## Cover and inside cover photo's by Mark Shearman

**Front page:** Amy Spencer is pictured competing in the Golden Jubilee Cup Final of 2002. What an outstanding talent! BBC Young Sports Personality of 2001; U20 AAA 200m Champion while only 16; silver medallist in the World Youth Games; senior women's indoor AAA champion over 200m; AAA U20 300m indoor Champion; Senior Inter-Counties winner over 200m; silver medallist in AAA U20 100m (behind our own Vernicha James) and winner at 200m; 7th in World U20 Champs. at 200m (won by Vernicha James) and bronze and silver medallist in both relays; British U20 Indoor 200m record holder; selected to represent Britain in the senior World Indoor Championships. All this and she is still only 17 years old. Not surprisingly she was awarded the Bill Merryman Trophy for the Young Belgravian of the Year in 2002.

**Inside front cover:** Top left: Emma Davies improved the club record for 800 metres to 2:03.93 when running to 6th in her semi-final at the Commonwealth Games in 2002. Here she is pictured taking maximum points over the same distance in the Jubilee Gold Cup Final.

**Top right:** Shelley Newman also improved her club record in 2002 - taking the discus mark out to 60.29m. She took the bronze medal in the Commonwealth Games in Manchester, was a finalist in the European Championships in Munich, and still found time to compete in Southern League and Cup Final teams.

**Centre left:** Goldie Sayes is pictured competing in the Commonwealth Games where she placed 6th. She set a new club mark of 58.20m for the javelin when winning the AAA U23 Championships and was another winner in the Cup Final.

**Centre right:** Yet another competitor in the Manchester Games, long jumper/sprinter/hurdler Sarah Claxton scored heavily for the club in Southern League competition. She has had a terrific indoor season, reducing the club record for 60m hurdles to 8.12 in winning the AAA Championship.

**Bottom left:** A huge putt of 15.57 won Eva Massey the Northern Irish shot championship but this winter she has launched the 4kg ball out to 16.32 so there could be much more in store this summer.

**Bottom right:** One of Belgrave's growing band of middle distance runners, Julie Mitchell twice broke the club record for 1500m (although that record is now owned by Catherine Berry). Julie placed 2nd in the Golden Jubilee Cup Final 1500m.

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**Articles and match reports:** Gordon Biscoe, Charlie Dabbs, Catherine Eastham, George Flanagan, Eric Hall, Eric Herbert, Bill Laws, Alan Mead.

The last twelve months must have been the most successful in our 115 year history - but we have suffered a few setbacks and were shocked in July by the death of our General Secretary and Past President Bill Couzens. Ever present at our functions Bill will be sorely missed for a long time.

The tone for the next half decade was set in April when our Sponsorship & Development Committee negotiated a deal with adidas who, for the first time ever, committed themselves to a partnership with a club athletics team. We thank adidas and trust that we are providing the additional exposure they seek.

Two Belgravians were elected to Presidential office with athletic associations during the past year: Pam Davies was President of the Surrey County Athletic Association and Alan Black was President of the South of Thames Cross Country Association.

Recently we were pleased to present a South of England AA long service award to Johnny Morris who has officiated for us at race walking, road & cross country events and track & field competitions for more years than we care to recall.

And while thinking of some of those who have done so much work for us over the years, we should formally record our thanks to two people who have contributed greatly to the development of our club during the last twenty years. Life Member Sue Porter was our Secretary for some considerable time and Harry Porter, apart from being a Past President, has been an outstanding figure in the development of our women's section; both have also been very involved in our social activities; both have regularly and over a long period officiated for us at all types of events and in particular have been our starter and marksman at countless track and field meetings. The reason for recording these thanks now is that they are planning a move to France.

In track & field our most notable team success was the winning of the first ever combined men's and women's cup competition. So dominant were we in the final that we won the Golden Jubilee Cup by a huge margin and both our male and female athletes would have won the old single gender competitions outright. We can now point to our women's track and field team being the strongest in the country at one to score per event and would be justified in claiming the right for our women to join our men in representing the UK in the European Clubs' Cup in 2003.

And speaking of the European Cup for Champion Clubs, although our men's team was not at its very strongest in Lisbon, we nevertheless placed 6th in Group A, facing teams that were virtually national squads. This was the 7th time we have competed in Europe.

In the Women's Southern League our team once again earned promotion and next season will be competing in Division One where the opposition will be seriously stronger and we face the final barriers that stand between our women's team and the UK Women's Track & Field League.

As for the men, in spite of the draw on our resources by the Commonwealth Games and European Championships, we again proved ourselves to be the most powerful team by far in the British Athletics League, winning Division One for a sixth successive year and the eighth time all told. One more win and we will have held the title more times than any other club.

Here we should remind ourselves of the part played by Bill Laws in managing our British League Team. This year has seen his 20th season as BAL Team Manager - two decades that have given us unprecedented success and which have shown other sections of our club what can be done when one is committed to achieving goals. It is doubtful whether there is any other club in our sport that has a man with such a managerial record. In the annual club rankings, back at the beginning of his tenure, we were rated at 35th men's team; these lists have long been discontinued but there surely would be no argument that, thanks to Bill and the people who have worked with him, we are now number 1.

In the Men's Southern League we were unable to turn out teams to do justice to our depth and as a result have been relegated to Division Two.

As with the Men's Southern League, the younger male teams, too, found themselves stalling. After winning the National Junior League final two seasons ago and narrowly missing winning in 2001, this summer has found us at the bottom of the Southern Premier Division, suffering simply from a drop in the number of available athletes. The National Young Athletes team, promoted to the Southern Premier

Division at the beginning of the season similarly found themselves short of competitors and have also ended the year in the relegation zone. It is interesting that it is in the younger age group of our successful Women's Southern League team that we face the most pressure and it is obvious that if we wish to maintain our intake of athletes of this age then we need, as a club, to put in some serious work.

Race Walking, we are told, is now in danger of being dropped from the Olympic Games. We cannot deny that names on the result sheets up and down the country bear a great similarity to those of twenty, thirty, even fifty years ago. Some young people are attracted into the sport but by and large they are not there by the time they reach their 'teens. Race Walking is highly regarded by other nations but in the UK, without a more alluring image it is difficult to see how new enthusiasts can be attracted. In the face of all of this our walkers continue to enjoy their sport - and pick up the occasional prizes as well.

In Road Running we have managed to emulate the success gained on the track and in Cross Country we are also making great strides. Soon after our last AGM we placed 3rd in the men's Southern 6-Stage Road Relay, medallists in this event for the first time, and a month later we pulled off a shock win in the AAA 6-Stage race at Sutton Coldfield; of all the road relays this is the hardest to win. It wasn't only our men who shocked as the women's 4-Stage team placed 7th in their first try at a AAA event. Unofficially, with the combined positions of our men's and women's teams, we were top road running club of the day.

Switching to the Country, the men regained the Surrey Cross Country League Division One title - with 40 different men turning out in the four matches - and the women won their series to earn promotion to Division One. At the National Cross Country Championships the men placed in the top ten for the third successive year and Allen Graffin won our first individual medal since 1948, placing second.

We have come out of a period which saw the demise of our cross country championships and have been able to inaugurate competitions for our men and women based on the six major cross country events and have incorporated our men's cross country championship into the SEAA's 9 mile race.

Back to the Road and in the Spring at Bath our senior women won national team medals - silver - in the AAA & UK Half Marathon Championship. In the same event the men became AAA & UK Champions, earning selection to represent the UK in the European Clubs Half Marathon Championship in Almada, Portugal. The Solent 5k was the next race to fall to Belgrave with a record low score and we won the Thames Valley Harriers Road Relay for the first time in 51 years, in record time. The Southern 12-stage was last won by us in 1991 at Wimbledon; now we won it again, at Milton Keynes, once more in a record time, and also provided the first B team. The women's 6-Stage team placed 4th from 35 clubs having been "in the medals" for half the race.

So, to the AAA "National" 12-Stage Road Relay, where a Belgrave onslaught saw us win by a record margin; we were just short of six and a half minutes ahead of the second team. We have had our hands on the National "London-Brighton" trophy before - in 1951 - when participation was on a much more limited basis. Both long and short stage fastest times went to Belgrave athletes Allen and Andy Graffin. As is now often the case, the women's team were not far short of the men's performance, placing 5th and leading at the end of the first stage.

To finish with Road Running, we were second in the men's AAA 10 km Championship at Bradford.

Just as our team performances reached new heights, so too did our individual athletes.

A dozen medallists at the AAA Championships included two winners - Mick Jones in the hammer and Phillips Idowu in triple jump.

Vernicha James became our first global champion since John Regis when she won the World Junior 200 metre Championship in Jamaica. Incredibly, Amy Spencer, at 16 years of age, was also in the final of that race and both won silver and bronze medals in the GB relay squads.

Twenty seven events at the Commonwealth Games featured Belgrave athletes - 17 men of whom 10 reached the finals and 10 women including 7 finalists. Shelley Newman took bronze in the discus; bronze went to Vernicha James who ran in the sprint relay; high jumper Ben Challenger began to scale the heights again - and won bronze; Phillips Idowu produced a massive leap in the triple jump to

lead the competition but ultimately take silver, Sean Baldock collected gold as part of the 4 x 400 metres squad; Mick Jones, one of the most popular of athletes was delighted - as were we - when he won the hammer throw gold.

Eight Belgravians represented the United Kingdom in Munich in the European Championships. Shelley Newman and Dwain Chambers made it to their finals - and Dwain won his first major games title with 9.96 in the 100 metres.

Six times Dwain Chambers came up against Maurice Greene, at that time the World Record holder, and five times the Belgrave man came out on top. Had Dwain not lost to the USA's Tim Montgomery in that World Record breaking race at the IAAF GP Final, then he would have been officially rated no. 1 in the world. As it is, he is clearly no. 2, having equalled the European and UK Records with 9.87.

Our senior men's club records are mature standards and difficult to improve but twice Chambers trimmed his own 100m best, twice Phillips Idowu did the same in the triple jump, taking it to 17.68m and the second best in the world for 2002, and Andy Graffin improved our indoor 1 mile time to 3:57.48.

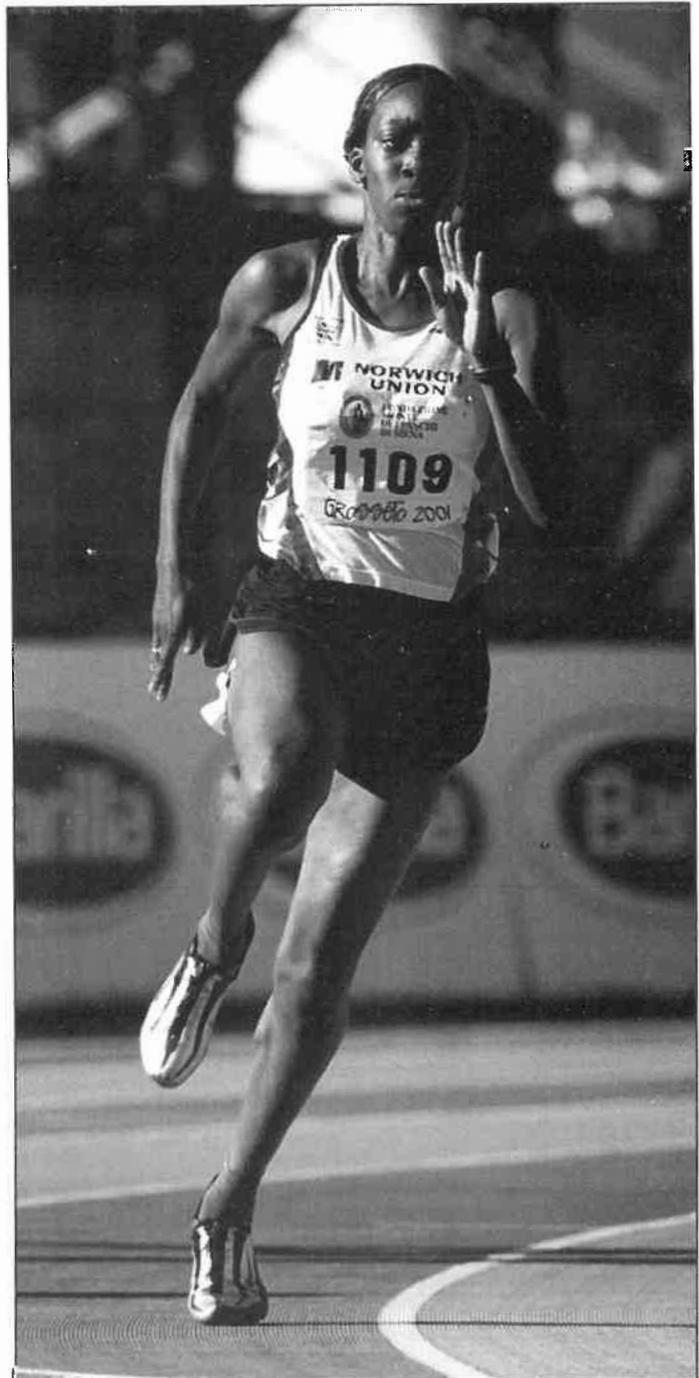
Almost every one of our senior women's track & field indoor and outdoor records were broken in 2002. A total of 43 improvements

In 1993 at the AGM we challenged ourselves that around the turn of the millennium we would consistently turn out winning teams across the spectrum of athletics; that we would put in place an administration that could support these teams; that we would provide team managers who could take these teams to compete at the very highest levels, nationally and in Europe. We wanted future Belgravians 50 years hence to look back to this time with the same respect for the men and women who achieved these goals, as we have for those who took the club to national titles in the 1930s, 40s and early 50s.

Surely we have mostly achieved those aims and can now afford a moment to congratulate and thank one another.

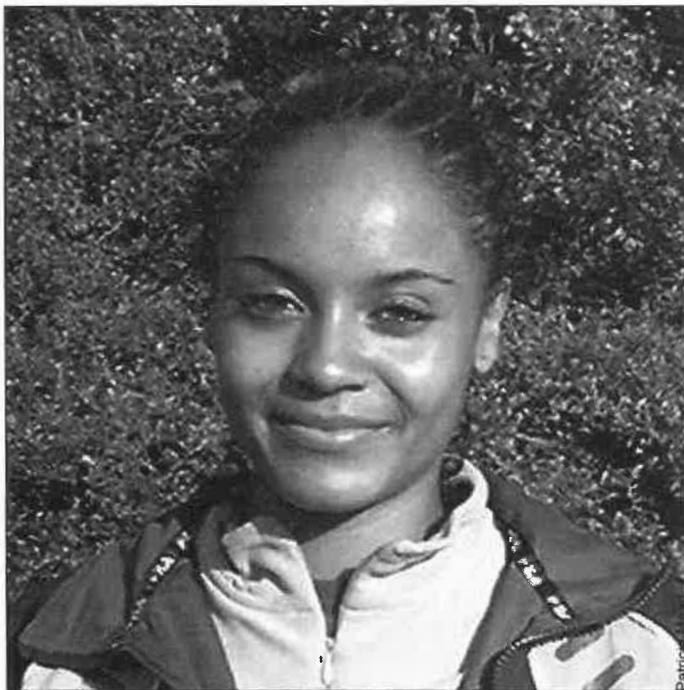
In spite of this success there is still, now, much to do. We will always need more administrators, more coaches, more team managers, more officials, and perhaps most important of all a muster of young bloods prepared to take up the reins when their time comes. Oh! so slowly there are signs that at least some of these needs are being addressed.

*Alan Mead, Acting General Secretary, 18 September 2002*



Mark Shearman

**Reigning European and World Junior 200 metre Champion** and not to mention Belgrave club record holder over 100, 200 and 400 metres, Vernicha James still has another season in the Under 20 age group. With personal bests (so far) of 11.40, 22.93 and 53.84, her potential is frightening.



#### **Sprint star Amala enters the Junior ranks**

A "veteran" of two Cup Finals and two seasons of dominating the Women's Southern League sprint events, it's a sobering thought that seventeen year-old sprint star Amala Onuora is only just entering the under 20 age group in 2003. As an under 17 she has accumulated a terrific series of pbs: 60m 7.8, 100m 12.0/12.01/11.97w, 200m 24.67w, 24.96, 24.96.

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## 2003 - A critical year for the Belles

Three years ago athletics' governing bodies decided to change the competition format for the Cup Competitions. Out were the separate men's and women's matches and in was a combined fixture. The inaugural competition took place in 2002 - the Queen's Jubilee Year - and not surprisingly was named the Golden Jubilee Cup.

On the face of it Belgrave's all conquering men's team was expected to be considerably weakened by what was considered to be a less competitive women's section. Faced with this challenge Belgrave's committee decided to strengthen the women's team and the flash of inspiration was to appoint Phil Green as overseas competitions manager charged with the task of getting our International standard women into overseas matches. Phil already had widespread contacts with most of the European meeting's organisers and Belgrave sent him to the International Fixtures Congresses in Moscow (2001) and Florence (2002). It was from these meetings that Phil negotiated invitations to over 50 overseas meets for Belgrave athletes seeking top level competition.

So as our senior and junior women ensured promotion in 2002 to the Division 1 of the Southern League many of our senior women competed in a number of European meetings. (A number of our men benefited in a similar way. The farthest travelled was Neil Speaight whom Phil took to the Boston indoor meet in February 2003).

So there we have it. An increasing number of International women members backing the Southern League promotion push while in parallel getting high quality races abroad - an opportunity seldom provided by our governing bodies.

And so in 2002, much to the surprise of the rule makers and our competitors, Belgrave's combined men's and women's team lifted the inaugural Golden Jubilee Cup by a huge margin. Even more importantly, separate scoring would also have given the men and the women outright victory under the old system. The plans had paid off!

But it is important that our women continue their progress into the British Women's League and so 2003 becomes critical for their aspirations. Promotion for the women this year has been set as the key priority for by the Belgrave Committee and increased support for the women will be provided as they press for another move up the competition ladder. Cynthia James, Bob Bridges, Jennifer Culley, Jacqui Smiter and Catherine Eastham are the management team and we wish them and their squad well in the season ahead.

*Bill Laws*



Mark Shearman

## Community Amateur Sports Club

Belgrave Harriers is now registered, with the Inland Revenue, as a Community Amateur Sports Club or CASC for short. This has come about as a result of the Budget in 2002 after much pressure from the sporting community for assistance to be given to registered clubs who may now be granted tax relief on donations received. Similar provisions already existed for such bodies as churches and approved charities but the latest initiative means that a CASC receives most of the advantages already available to those organizations without having to comply with the full requirements of the Charity Commissioners.

In effect if a person who pays income tax on income makes a donation to Belgrave, and signs a declaration to the effect that they are a taxable person, the Club will be able to claim a sum of 28p for every £1 received. Many members make donations during the year for which we are very grateful and we will be writing to you, in due course, seeking completion of a simple statement so that we can lodge a claim.

In addition to this relief any sum left to the Club, in a Will, is exempt from Inheritance Tax which has the effect of saving your estate 40% on such sums.

## Belgrave launches new Promotions Company

Identifying future sources of income is one of the main topics under constant review by the Belgrave Committee. Our large number of competitive sections and increasing costs requires an annual funding budget of around £30,000.

A consequence of our new CASC status is that Belgrave has limited commercial freedom. The normally accepted solution - which Belgrave has adopted - is to set up a trading company with limited liabilities. Belgrave has taken steps which have resulted in the establishment of a wholly owned Limited Company.

The new company which is named Belgrave Sports Promotions Ltd. (BsportsP), is 100% owned by Belgrave Harriers. If for any reason the company ceases to trade this will have no effect on the ownership of Belgrave Hall or the finances of Belgrave Harriers. As the shares cannot be owned by the club as an entity, ownership is in the names of the club's four trustees - Bill Lucas DFC, Gordon Biscoe, Eric Hall and Carl Lawton. At a recent EGM unanimous approval was given to this arrangement whereby the trustees act on behalf of the club based on the decisions of the democratically elected Belgrave Committee.

Working capital is to be provided by a Belgrave member as an interest free loan. Executive directors will be appointed for a two year period. Each and every one of these directors will give of their time freely with the intention that the company will be profitable from year one.

A programme of projects and activities is being prepared. Any member wishing to get involved with this initiative and the future projects should make contact via Belgrave's Hon Sec - Roger Alsop.

## New Middle & Long Distance Track Series

A new middle and long distance track series is to be held this summer at Battersea Park on Wednesday evenings. Incorporated into meetings which will also feature some top class sprints and hurdles events, there will be five different races over the four evenings culminating in the SEAA 10,000m championships. The top prize is £75 to the runner who gains the most points according to the IAAF scoring tables from three of the four races. Due to the nature of the competition with it being based on times and not positions, it is expected to provide a good opportunity for runners to get some fast times in competitive races. Runners can enter individual races if they wish. A ladies series will also be held if there is sufficient interest, otherwise ladies can enter anyway and run in a mixed race.

### Key lady - Christine Harrison-Bloomfield.

*Her 60m and 200m runs at the Birmingham Indoor Games were not only Belgrave veteran records, they were UK National W35 records as well. With her... 7.40 and 24.42 she appears to have smashed the previous best marks held by J Kirby at 7.80 (1994) and 25.29 (1992).*

## H.T. Blackstaffe

One of the results of having our own website is that it becomes a contact point for anyone seeking information on the Club and our members. Since the site was opened we have received a number of enquiries and with enhancements to the various search facilities these will, no doubt, increase.

Probably the most surprising enquiry to date is one which has had us reviewing the Club's history. It has always been accepted that the great long distance walker, Tommy Green, was our first, and to date, only, Olympic gold medallist when he triumphed in the 50 kilometre event back in 1932 in Los Angeles. While Tommy, without a shadow of a doubt, was the first athlete from the Club to win the highest award in our sport we had a man who won a gold medal back in 1908 and was our President from 1909 to 1912 - H.T. Blackstaffe.

News on the website relating to the cross country trophy donated by Mr Blackstaffe attracted the attention of someone researching the Blackstaffe family and so the story unfolded. The Official Report of the 1908 Games shows that H T was a member of Vesta Rowing Club, Putney, and weighed 11 stone 3 lbs when he competed in the Sculler's Race at Henley. The race reports make amusing reading as in his first heat Blackstaffe, wearing crimson and black, beat a Canadian "who ran into the piles twice, and upset on the second occasion. Blackstaffe waited for him the first time, and then sculled home alone." The next day, when a great race was expected, his German opponent had some trouble with his boat and failed to finish. So to the final on July 31st against home opposition in a very close race until the closing few yards when Blackstaffe went ahead in a "vigorous style." The report goes on to list the winner's achievements from 1897 and he was clearly, even at the age of 40, a remarkable sculler.

We have no idea when he joined Belgrave as the early minute books are missing but he was very involved in 1909 when he helped to fund the hire of a boxing instructor. He officiated in various capacities over the years until at least 1927. He had wide athletic interests as he was also, we believe, member of South London Harriers and, possibly, Blackheath which shows the close links between rowing and athletics in those early days.

*Eric Hall*



Photo from Vesta Rowing Club's collection

### More on "H.T"

*Harry Blackstaffe won over a hundred awards for rowing. He was a determined and persistent individual, which was evident in his attempt to win the Diamond Sculls at Henley (this event is a knockout individual contest, open to top international scullers from all over the world). Harry was a loser in the finals of the 1897, 1898, 1899 and 1905. He still persisted and in the following year 1906 he won the Diamond Sculls beating Capt. W.H. Darell, of the Household Brigade, in a time of 8 mins, 36 secs.*

*Harry went on to qualify to represent Great Britain in the Olympic games in 1908 as mentioned above where he won a gold medal in the Single Sculls in a time of 9:26.0. The British dominated the rowing events. Harry Blackstaffe overcame Alexander McCulloch only in the last 50 yards of the 1 1/2 mile race. The silver medal going to Alexander McCulloch, GBR and bronze to Bernhard von Gaza, GER.*

## From "The Belgravian"

### 75 years ago

One of the changes over the years has been that we no longer have 9 editions of the Belgravian as we had in 1928. Another difference is we no longer have Sunday strolls from Putney to Hampton Court - and back - plus the ever favoured all night stroll to Brighton. There were also concerts and whist drives with the Club Dinner in April at Clapham Junction.

On the sporting front we gained our first ever place, 3rd behind Reading and SLH, in the South of Thames at Redhill. We then went on to win the Mitcham to Brighton 10 stage relay by over 2 minutes but faired no better than 12th in the National London to Brighton a few weeks later.

Some things never change and it was announced that we had new Club vests and it is nice to read names which echo down the years - Tommy Green, Bill Webb, Ernie Duffett and Bert Footer, all still actively involved more than 40 years later. Another name to conjure with was Charlie Speechley but few who knew him would guess that he was showing his prowess, at that time, walking on the indoor circuit in the USA.

### 50 years ago

In 1953 the President was the same Ernie Duffett who was leading the runners home 25 years earlier.

Another 3rd in the South of Thames this time at Godalming and behind Bristol and HHH. This was followed by 3rd in the Southern and 6th in the National with the lead man on each occasion being Jack Brown with Charlie Walker, Len and Alan Bishop, along with Dennis Brickwood in the team.

Traditional features included the annual plea from the Treasurer for prompt payment of subs and a further appeal to support the Dinner. Road relay successes abounded and we were 4th in the "Brighton" while on the track one of the outstanding performers was Alan Sexton over the quarter mile. In a very classy meeting at Aylesbury we came out on top against Poly., TVH, Aylesford, and Achilles.

In the Poly Marathon there was "an amazing time" by Jim Peters and our team was led home by Geoff Pearson and Arthur Whitehead to finish 6th. Over a somewhat shorter distance Bob Taylor was 4th in the Southern AAA's 880 yards., Ted Gaworski was 2nd in the shot and 4th in discus. In the AAA's Jack Brown was 6th in the mile with the winner being Roger Bannister and at the same meeting Gordon Pirie set a new world six mile record of 28 mins 19.4 secs and went on to win the 3 miles the next day.

Our walkers were re-grouping at this time but, otherwise, the Club was having a very successful time in most events entered.

### 25 years ago

The fastest developing ladies walking section in the country and a 100 x 1 mile relay - these were a couple of the events of 1978. Ray Middleton, one of our greatest walkers was President, and a very active one, with the walkers having a very good year.

The Club auditor reported that we needed to cut costs or raise at least £1,000 per year to survive - what is that in today's money?

The Club ranking lists were headed by names such as Ernie Obeng, Snowy Brooks and John Bicourt. Ernie was in the process of taking sprinting in our club to an entirely new level, reducing the club record from 10.7 to 10.29 during the 1978 season.

Pleas were made for assistance in running the Youths and Boys sections and Leo Coy was having a hard time of it. Our man from adidas Mark Sinclair was then leading teams home to take the Boys Surrey Cross Country League with John Gladwin not too far behind.

The Seniors were not to be out done and they won their League also. In the National Cross Country John Bicourt "ran a blinder" to finish 17th at Leeds - which is to be the venue again in 2004.

## Cynthia James - Getting involved

*Right: Cynthia  
doesn't always  
wear her  
Belgrave  
tracksuit!*

It was so fitting that Cynthia's term as President of Belgrave Harriers turned out to be one of the most successful years in our club's 115 year history, for over and again in her life she has proved to herself that if one gets up and gets on with things, success is just around the corner. She also proves that in the parents of our young athletes there is a reservoir of talent, help, enthusiasm and drive which can be harnessed to continue to move our club forward - if we can only tap into it.

Athletics in England could not have been further from Cynthia's mind when she grew up in the West Indies in the 1950s. She was born in Port of Spain, Trinidad, in 1944, and was one of seven children born to Dolly and George. At Provident Girls High School she competed in the annual sports day events but her main sporting interest was netball at which she represented her school.

Like many a teenager she didn't know what she was going to do with herself when schooldays came to an end but eventually, when her mother said - "What about going to stay with your Auntie Monica in England for a while," Cynthia, who was up for anything, agreed. At seventeen years of age she packed her bags and swapped Port of Spain for London.

Living in Fulham and needing to earn a little pocket money, Cynthia took a job in a nearby factory where they were manufacturing



*A three month old Cynthia, sits on Auntie Veda's knee*

fluorescent lights - and two years later she was still there, until eventually she said to herself, "if my mum could see me now, working in this place and wasting all my schooling!" So it was goodbye to the factory and "hello" to a career with British Telecom, where she began as a telephone operator on directory enquiries at the Chelsea exchange. This was much better. Within a year she became a senior operator, then moved on to become a supervisor at the Victoria Exchange and eventually a Unit Manager. By the end of her career Cynthia had become known as the "hatchet woman" as she travelled from exchange to exchange as she prepared them for closing down and replacement with new technology. Eventually the curtain fell on Cynthia's own

career at BT as she too, after 26 years, was made redundant. Life was now very busy - not made less so as she had become somewhat involved with a local athletic club! But after a few months at home Cynthia got up to start on something new, although a little less pressured, and became a receptionist at the Royal Brompton Hospital in Sydney Street, Chelsea.

Back in her early days in Trinidad a young lad living at the end of her road had caught her eye. He played in a steel band. Years later she was invited to a party in Fulham and recognised one of the other guests as that same boy from Port of Spain. It was Ray James. They've now enjoyed 35 years of marriage together, have children Cindy and Richard and two grandchildren as well. Not only that, Ray's sister married one of Cynthia's brothers!

Cynthia's relations are now scattered across the world - Canada, the USA; her mother celebrated her 80th birthday last year back in Trinidad and Cynthia was pleased to be able to get back to join her;



Dad is now charges-de-affairs for Jamaica in the city of Panama.

When 12 year-old Cindy showed early aptitude for athletics Cynthia began to look around for a group for her to join. Someone suggested that they went down to Battersea Park. In the depths of winter, Cynthia found herself sitting on a bench next to the track watching the girls being put through their paces by Harry Porter and Frank Simmons. It was obvious that these two guys had their hands full and in a very short time Cynthia was offering to help. Her attitude of getting involved soon led to a suggestion from Harry that maybe she'd like to 'phone up some of the younger girls before a match - as it sounded better coming from a woman. The first steps of team managership had been taken! And even better, the James gang came as a package, so Ray ended up officiating on the field, Cynthia running around with the numbers, Cindy was out setting records on track and field (some of them still stand today) and before long even young Richard found himself racing in Belgrave colours.

Now, twentyone years later, we can look back on the very valued help and friendship that this family has brought to our club. Cynthia took on ever more of the pre-match 'phone calls and hassles; ensuring that the girls got to their starting marks in time for their events; stepping in herself to heave a shot, discus or hammer should the need arise. She first became Joint Team Manager with Harry but now is in charge of one of the most exciting teams in athletics. She knew nothing of rules and declaration sheets when she started and readily acknowledges the help she has received from various people, especially Bob Bridges.

Cynthia hasn't confined herself to looking after her athletes and chasing about with her team sheet though. Countless times a thirsty track or field judge has had cause to thank her as she has provided seemingly unlimited supplies of tea, coffee and a veritable haystack of fruit cake and biscuits. It would be true to say that, thanks to Cynthia, we are now regarded as a club that always "look after their officials". It was not always so.

Remember that all this activity is not reserved for our women's team only (although originally she believed Belgrave to be a girls' club!) Our men's matches always run better for Cynthia's attendance and she soon has the lads carrying refreshments around - as meek as any lambs.

It is difficult to think of any club social event that has not been graced by Cynthia and Ray's presence in the last two decades. Cynthia's name was added to our Life Member's list in 1999 and for the period covering 2001 to 2002 we were delighted that she agreed to become our President.

*Alan Mead*

Track judging at Battersea, 2003

## Tony Fairclough - an "A" team man



Back in the years of 1959 and 1960, Tom Carter, with the aid of Les Stokell, was gathering a group of young athletes together. They aimed, as The Belgravian of those days tells us, to find youngsters who "could be depended upon to train enthusiastically, to turn out for the club when required and in whom could be inculcated some of the traditions and 'esprit de corps' which made Belgrave such a power in the athletics world until a few years ago". The Belgrave net spread across South London and before long, with Bob Taylor helping on the coaching side and Jack Hampshire Snr. carrying out the admin there were the first stirrings of success.

A huge event that we promoted in those days was the Belgrave Open Youths Road Relay. Fifty or sixty teams of 15-16 year old boys from all over the country, including squads from the top teams of the day - Coventry Godiva, Sheffield United, Hallamshire Harriers - would gather under the starting banner in The Causeway for four stages of two and a half miles. In 1960 Belgrave had a good team and were hoping for a forward placing. Arthur Whitehead was race organiser and he had managed to get the legendary South African distance runner Jackie Mekler to start the event.

A terrific battle ensued on stage one with future international Alan Rushmer (then Oldbury A & CC but later Tipton H) getting beaten by Hallamshire's Evans who was close to the course record with 11 mins. 11 secs. But not so far behind was an unknown Belgrave Harrier who had been placed in the B team as his ability before the race had not been measured. Tony Fairclough, a young lad from Dulwich, ran 11:44 to be our second fastest of the day - and had he run in the A team we would most probably have won bronze medals.

Tony's first choice of sport was football and he played for his school, William Penn, on the wing. Games afternoon and an energetic kick-about was always eagerly looked forward to but on one occasion the boys were told, "Sorry, no football today. The pitch is too wet. You can all run round the fields instead." There was much mumbling about this particular activity being a waste of time - but it was to set Tony off in a new direction. Without too much distress, when the football pitches had been circled, he placed 2nd to the South London Schools Cross Country Champion and was immediately approached by the Games Master. "Ok Fairclough, you're in the school's cross-country team for the district championships. Tony didn't fancy it much - but in those days one did as one was told. He ran - and placed 3rd.

Young Fairclough's Mum was proud of her son and as she told her colleagues in the office of his prowess as a runner and that maybe he should join a running club, a chap there immediately took notice and said, "He should come and run at my club. Get him to go up to Belgrave Hall in Wimbledon and ask for Tom Carter. It was Terry, the shorter distance half of the racing Newell brothers. Both Pat and Terry Newell are still with us to this day.

For every race after that initial road relay, Tony was an A team man. Along with half a dozen or more lads he was picked up by Tom Carter on Saturday afternoons and they all piled into Tom's Bedford Dormobile builder's van, sitting on loose benches in the back as they were driven to county and area cross country championships and road relays.

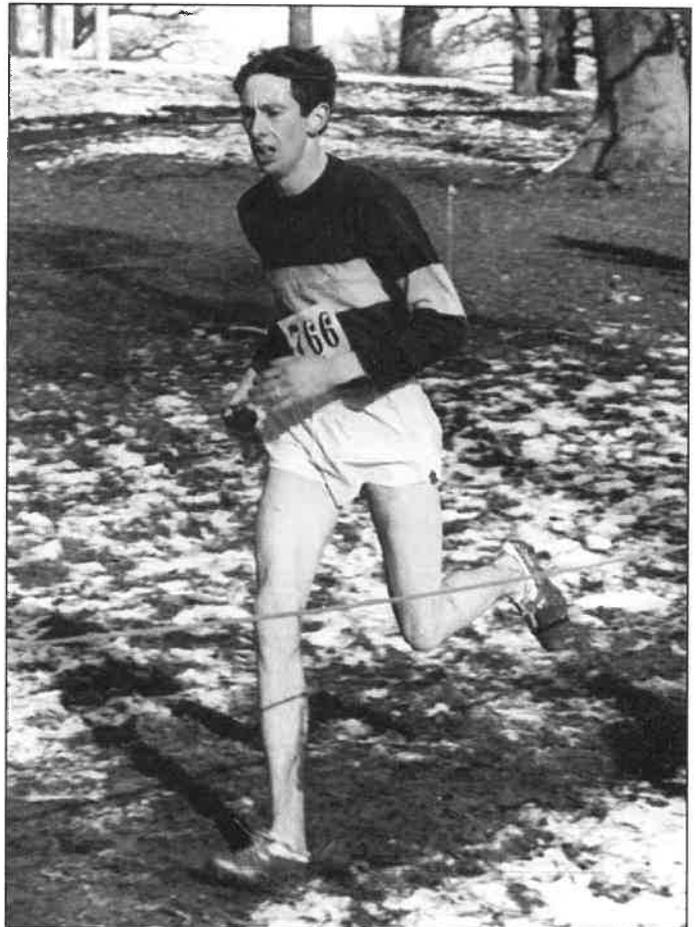
The rest, as they say, is history. Tony's cross country achievements ranged from an early 14th in his first Surrey Youth's CC Race in 1961 to a best position of 36th in the senior National CC Champs of 1969 at Parliament Hill. As a junior he was 4th in the Surrey, 3rd in the Southern, 5th in the National and 19th in the Inter-Counties - all in 1964 - and that year he was awarded a senior ECCU vest. On the road he was a regular in our road relay teams, setting a record for stage 6 in the London to Brighton in 1963 - and as the race was taken off the Brighton Road shortly afterwards we presume this mark still stands today! He was club champion in our junior 5 miles and senior 10 miles cross country races and at 6 miles on the track and our "Five and three quarter" road race.

For as long as we have known Tony, we have also known Gill. They married in 1965 and a year later moved to Gillingham where Tony ran second-claim for Medway AC. They have three daughters - Karen, Joanne and Stella. Tony worked for BP at the refinery on the Isle of Grain, until it closed in 1984, and later went back to work at the container port from 1989 until very recently. He has now retired.

The Fairclough talent for running blossomed again in Joanne who soon joined in at the local athletic club and did so well that she won an athletic scholarship to Iowa State University in the USA. Having a daughter involved in their favourite sport of course resulted in Mum and Dad going along and before long they found themselves acting as officials. Tony became a qualified track judge in 1990 while Gillian did likewise as a field judge. Both have "risen through the ranks" to become respected Grade II officials working at track and field meetings for Kent County and Belgrave in the summer and for the county and the South of England AA in the winter at cross country and road events.

As a runner Tony was a team managers delight - uncomplicated, reliable and always giving 100% effort. His quiet and unassuming disposition belied the tenacity he applied to his running. It's over 40 years since that unknown lad raised a few eyebrows at our Youths Road Relay. Although he has lived in Kent for most of that time he has always maintained his link with Belgrave and continues to be a loyal Club member and a great ambassador, not only for Belgrave, but for our sport in general.

*Gordon Biscoe and Alan Mead*



Right: Tony runs to 18th place in the Southern Junior CC Champs of 1963.

AAA "National" 12-Stage Road Relay, Sutton Coldfield, 28 April 2001

# What a thriller! Bels. miss National gold medals by six seconds

Well, we knew it was going to be exciting but who could have foreseen such a story unfolding. Team and spectators alike experienced every emotion throughout the 4 hour saga and then came that final devastating, gut-wrenching twist. As reserve Will Cockerell said afterwards, "It was almost unbelievable: but of course it wasn't unbelievable at all - just sport at its cruellest".

After an appalling start, a nigh-on miraculous fight-back saw us head the field for five stages - more than any other club on the day - only for the closest ever finish at Sutton Park to go against us. A blinding run from the last Tipton runner pushed the Bels. back to silver by just six seconds. It was very quiet inside the Belgrave tent for a while. The shock of having the prize snatched away just an instant after we believed for the first time that it was to be ours was stunning. This had been the target since the beginning of the season and we had come so close. But this group of runners is much more than a team. There is a feeling for each other that rival clubs do not see when they look at Belgrave from the outside. There is no blame, anyone can have a bad run just as they can have a good one - and within 30 minutes there were already the signs of looking forward. Spencer Barden was soon upbeat: "Don't worry. Next year we'll do it".

Times were affected by an icy wind which became stronger throughout the afternoon, bringing with it pulses of rain and sleet. Short stage times were down by about 10 seconds - long stages perhaps half as much again. There were 69 teams in the initial charge down the hill; 64 finished.

**Stage 1.** Kassa Tadesse was back as a full-time athlete having put his restaurant owning aspirations on hold for a few years, his target (later achieved) a British passport and a place in the GB half-marathon team. Six weeks of training in Kenya with John Mutai's coach had seen him shed pounds and he looked the gaunt Kassa of 1994 where the first stage on this course had seen him come home in 1st place. Could he do it again? He hadn't raced for around two years and had arrived home from Nairobi only the day before.

Early reports over the tannoy told us that Kassa was lying in third place ... was in the leading bunch ... but he wasn't in sight when at the end of the stage the Swansea man led the field through the takeover zone ... or one minute later when the first dozen teams were through ... or after a further minute when we were into the thirties. It was "head in hands" time for the team-manager. Was Kassa injured? Perhaps he wasn't going to finish at all and eleven Belgrave runners were going to be left stranded, their day finished before it had begun.

Eventually, looking awful, Kassa came through in 35th. It transpired that he had stopped three times to vomit on the second half of the circuit and, as he barely kept moving over the last kilometre, runners had streamed past him. He was some two minutes slower than anticipated - not the sort of start we were looking for, two and a quarter minutes off the lead.

1 Swansea 25:50; 2 Trafford 25:52; 3 Mansfield 26:12; 35 Belgrave 28:06.  
Fastest: J.Lewis (Swansea) 25:50; R.Gould (Trafford) 25:52; B.Farquarson (Mansfield) 26:12; K.Tadesse 28:06 (35th).

**Stage 2.** Well at least it was all set up nicely for Richard Ward, youngest man in the team. He'd been warned of the possibility of receiving a forward placing and being in the firing line but here was a different scene and he adapted to it well. It was like some spectacular "shoot 'em up" video game. In the dog-fight of this first short stage he picked off man after man whilst being subjected to the blast of runners like Telford AC's Chris Davies who came through from 41st to 14th with the day's fastest of 14:03. Richard thrived in all this action, taking the Bels up 15 places to clock our fastest of the day - the stage's =6th best and =9th of the day. He enjoyed himself so much that he tells us that he has every intention of making this race a priority for the next 20 years!

Up front the race favourites Salford and Tipton were already well established in 3rd and 4th places and, in spite of Richard's efforts, we were still 2:09 away from the leaders Trafford.

1 Trafford 40:37; 2 Bromsgrove & Redditch 41:09; 3 Salford 41:18; 20 Belgrave 42:46. Fastest: C.Davies (Telford) 14:03; J.Moorehouse (Birchfield) 14:15;

J.Bowler (Bromsgrove & Redditch) 14:17; R.Ward 14:40 (=6th).

**Stage 3.** Tipton, Salford and Birchfield moved into the first three places on this second long stage and even seasoned onlookers could have been forgiven for assuming that the medallists had already sorted themselves out. Paul Freary thought otherwise: "Ok. So it was a bad start but we've got another 10 stages to go yet. We can get up there." As good as his word, Paul smoothly weaved his way through the field and in a time just 1 second faster than his run of the previous year claimed 10 scalps and we went into the top ten, 1:14 down on the men from the Black Country. This was to have been Paul Evans' stage but our veteran marathoner had had to pull out of the line-up with two days to go, due to post-London calf muscle problems.

1 Tipton 1:07:43; 2 Salford 1:07:50; 3 Birchfield 1:08:11; 10 Belgrave 1:09:24.  
Fastest: G.Tromans (Coventry) 26:01; B.Whitby (Windsor SE&H) 26:04; D.Taylor (Blackheath) 26:14; P.Freary 26:38 (10th).

**Stage 4.** Twelve months earlier 21 year-old Rick Hayman had barely started running and now, as reserve, he grabbed his chance to go into the team. An 8:47 track 3,000 metres during the week had given him confidence and he kept the forward momentum going by overtaking the blue and white vested Bedford man to move us into 9th. Announcer Bud Baldraro reminded the crowd that Belgrave had some strong long stage runners to come and knowing that some of those ahead would run out of steam soon, we began to dream again of medals. Of our Southern rivals, Windsor were now in 4th, Aldershot 6th, Bedford 12th and Shaftesbury 15th.

1 Tipton 1:22:46; 2 Salford 1:22:51; 3 Birchfield 1:23:22; 9 Belgrave 1:24:41.  
Fastest: G.Cuddy (Sale) 14:30; M.Dalkins (Stoke) 14:48; R.Scanlon (Coventry) 14:49; R.Hayman 15:17 (19th).

**Stage 5.** There were some mean men on stage 5. Morpeth had been languishing down the field but now turned out Ian Hudspith. Birchfield's Rob Birchall was entering the fray as was Blackheath's first Brit home in the London Marathon, Mark Steinle. What impression could our Olympic steeplechaser Justin Chaston make in this company, with 5 hours of jet-lag in his system? The answer: a good one. Twice a stitch caused him to ease right off but he became our fastest long stage man so far and was third best on the stage while overtaking Aldershot and Sale. Birchfield had grabbed a 36 second lead and we were now 2nd Southern club behind Windsor SE&H, although still an agonising 1:09 off the lead.

1 Birchfield 1:49:18; 2,Tipton 1:49:54; 3 Salford 1:50:13; 7 Belgrave 1:51:03.  
Fastest: I.Hudspith (Morpeth) 25:55; R.Birchall (Birchfield) 25:56; J.Chaston 26:22.

**Stage 6.** Taking us to the half-way point was "Gnasher". Kevin Nash's coach Richard Partridge has had some glory days in Sutton Park himself and was on hand to see his protégé give a cracking run - fastest of the stage - to dispose of Windsor SE&H, Swansea and Trafford. An absolutely amazing recovery! Fourth place was now ours and the medal positions were lined up a mere 16, 22 and 49 seconds ahead with Birchfield rumoured to be running out of top men and Tipton moving back into the lead. What a race!

1 Tipton 2:04:56; 2 Salford 2:05:23; 3 Birchfield 2:05:29; 4 Belgrave 2:05:45.  
Fastest: K.Nash (Belgrave) 14:42; C.Low (Shaftesbury) 14:51; N.Caddy (Tipton) 15:02.

**Stage 7.** Mark Miles is an awesome runner. Two years previously, at the SEAA 12-Stage, officials suggested that perhaps Mark had cut the course, so fast was his time. Co-holder of our fastest short stage time around Sutton Park (13:49) he had agreed to run a long stage if we thought it would make the difference between winning or not. We did think so - and "Milesy" went long.

Seemingly flying with feet barely touching the ground, Mark ate up Birchfield and Salford and then set about Tipton's GB half marathon international Nick Jones. Lead motor bike, Jones and then Mark disappeared from the view, heading toward the furthest reach of the long stage. All eyes peered into the distance for their return. Yes. There was the headlight of the bike and the runner behind was ...

wearing a claret vest with gold hoop. We were in the lead! Ten seconds clear at the take-over, Mark was fastest long stage man of the day and second on our own all-time list only to Paul Evans.

1 Belgrave 2:31:30; 2 Tipton 2:31:40; 3 Birchfield 2:32:21. Fastest: M.Miles (Belgrave) 25:45; J.Wild (Sale) 25:58; E.DeJonge (Shaftesbury) 26:09.

**Stage 8.** Talk about pressure! A pale looking Roger Alsop set off down the slope plumb in the sights of Tipton's Seb Shepley. "I'm not worried if he comes back in second," said next man Spencer Barden, "it'll give me someone to chase." Someone to chase? Sorry Spen. but no such luxury as Roger proceeded to put another 11 seconds between the Bels and their green and white vested rivals. A medal of some sort now seemed a certainty with fourth place a full 1 minute and 19 seconds behind us.

1 Belgrave 2:46:36; 2 Tipton 2:46:57; 3 Birchfield 2:47:16. Fastest: I.Gillespie (Birchfield) 14:55; R.Alsop (Belgrave) 15:06; S.Shepley (Tipton) 15:17.

**Stage 9.** A confident Spencer Barden with a successful winter behind him had returned from warm weather training in Portugal itching to get into this race. We needed a reasonable buffer going into the last quarter of the race - something close to a minute would be nice - and surely Spen was the man to give it to us. Working hard and setting the fastest time for the lap he levered that gap from 21 seconds up to 49. That could be just enough but my goodness this was going to be close.

1 Belgrave 3:12:56; 2 Tipton 3:13:45; 3 Birchfield 3:14:06. Fastest: S.Barden 26:20; W.Burns (Salford) 26:46; R.Mayock (Sale) 26:48.

**Stage 10.** Another short stage man in the firing line: Rob McHarg had started the week looking forward to being reserve and now found himself on the tarmac, in the team, in the lead. Every second he could hold on to was crucial and he did a fine job. Tipton came up to within 15 seconds as their runner clocked a time that put him in the day's top ten. A minute further back the battle for the bronze medal was looking ferocious as a mere 6 seconds now covered Birchfield and Salford.

1 Belgrave 3:28:10; 2 Tipton 3:28:25; 3 Birchfield 3:29:36. Fastest: M.Hill (Tipton) 14:40; M.Moorhouse (Salford) 15:01; R.McHarg (Belgrave) 15:14.

**Stage 11.** The penultimate stage surely had to be the key. If Alaster Stewart could only stop Tipton's Nigel Stirk from getting past then man for man we believed that our own Lee Hurst would be able to look after the last leg. Stirk's pbs were somewhat faster than Al's but this was our man's 18th time of racing on the Sutton Park roadway. He knows the course like the back of his hand and it was like a dream coming true - in the lead and racing against Tipton Harriers for the most coveted trophy in Team Road Running.

The tension was really going up now. A 'phone check with supporters out on the course revealed that after a couple of kilometres the gap had gone up. Belgrave were now 20 seconds clear and if there was one thing we were sure of, even when well psyched up, metronome Al would never go off too fast.

Incredible. Far from stopping Stirk from getting by, at the end of the last long stage of the day Al had increased the lead by a further 20 seconds.

1 Belgrave 3:55:21; 2 Tipton 3:55:56; 3 Birchfield 3:57:25. Fastest: A.Stewart (Belgrave) 27:11; N.Stirk (Tipton) 27:31; C.Cariss (Bingley) 27:33.

**Stage 12.** The margin was 35 seconds. Tipton's Danny Gibbons was thought to be about on a par with our own Lee Hurst. For the first time, after almost four hours of racing, we felt fully confident that the race was ours. Photographer Mark Shearman said that he would be wanting to get the team together for a photograph and would our man be kind enough to celebrate as he went across the line. Our supporters began to come in from the course to witness the first ever Belgrave victory at Sutton Park. There was a little flutter when the announcer relayed the news that Gibbons had pulled back 5 seconds; but of course he had - he had nothing to lose - he had to go all out. Lee would be fine. What we didn't know was that Lee's heart had already been pumping in overdrive before he set out. It had been a long day of incredible tension.

Bud Baldaro's voice sounded alarm bells. "They are at Keeper's Pool and the Tipton man is just three seconds behind." Tipton supporters still spread around the course had been screaming

themselves hoarse and their man was flying. The Belgrave team sprinted off down the finishing straight to give their support. Approaching the final turn Gibbons took the lead. As they turned into the straight Hurst went ahead again. Now the headlight of the lead bike could be seen by those at the finish - and the team immediately behind was - Tipton. Gibbons' arm went up in a victory salute. He was 5th fastest of the day. They'd got it. It was the closest finish in the history of the race.

We can't do better than return to the words of Will Cockerell (12th man at Milton Keynes) who knows what a last leg run is like.

"We all know, Lee could go back to Sutton Park tomorrow and run 15 to 20 seconds faster than he did today without breaking a sweat. But the pressure he was under - well, only he could know. I would have said it was four or five times the pressure that I had at Milton Keynes the other day. Half a mile into my stage that day, my legs had turned to jelly and that horrid feeling of nausea was overwhelming as I said to myself that if the Bedford man catches me, I'll have to let him go - I have no fight left. I shared these sentiments with Lee after his run and he said he had experienced every emotion that I was speaking of; and then some. He was running with the proverbial fridge on his back."

1 Tipton 4:10:27; 2 Belgrave 4:10:33; 3 Salford 4:12:34; 4 Birchfield 4:12:48; 5 Sale 4:14:53; 6 Shaftesbury 4:15:38. Fastest: D.Gibbons (Tipton) 14:31; K.Kyereme (Shaftesbury) 14:34; M.Farah (Windsor SE&H) 14:44; L.Hurst 15:12 (6th)

Fastest of the day. Long stages: 1 M.Miles (Belgrave) 25:45; 2 J.Lewis (Swansea) 25:50; 3 R.Gould (Trafford) 25:52; 4 I.Hudspith 25:55; 5 R.Birchall (Birchfield) 25:56; 6 J.Wild (Sale) 25:58.

Short stages: 1 C.Davies (Telford) 14:03; 2 J.Moorhouse (Birchfield) 14:15; 3 J.Bowler (Bromsgrove & Redditch) 14:17; 4 G.Cuddy (Sale) 14:30; 5 D.Gibbons (Tipton) 14:31; 6 K.Kyereme (Shaftesbury) 14:34.



Mark Shearman

April 2001 saw us come so close to a 12 stage win but six months later we picked up our first national road running win in half a century by winning the AAA 6-Stage Road Relay Championship - and then a year later we retained the title with David Anderson (above) running the anchor leg.

AAA "National" 12-Stage Road Relay, Sutton Coldfield, 27 April 2002.

# The National 12 Stage title returns to Belgrave after 51 years

It was an historic and enjoyable day for Belgrave Harriers - but an exciting race it was not! The Bels. predictably took the lead with three laps gone and then spent the next three hours turning the screws to open up the greatest winning margin in the history of the race (6 minutes 26 seconds); but as the team manager told AW reporter Jason Henderson after the race, "We had enough excitement last year to last a lifetime!"

It was Belgrave's first win in the National 12 Stage since 1951 and apart from the pleasure in taking the magnificent "News of the World" trophy and twelve gold medals, Andy and Allen Graffin clocked the day's fastest short and long stages, and David Anderson and Steve Sharp backed up with second and third best short times while Mark Miles and Spencer Barden placed in the top six over the long lap.

It was a day to remember for a long, long time. Everything went to plan - even down to the provision of champagne for the post race celebrations, courtesy of Bill Laws and Gordon Biscoe. It has taken seven years of hard work to achieve our goal - but maybe that was the easy bit - staying at the top could be a lot tougher.

Conditions were very breezy with showers, becoming drier but windier as the race progressed. Short stages: 3 miles 8 yards; long stages 5 miles 706 yards.

**Stage 1.** Enjoying the chance to steer as clear of stage 12 as possible, Lee Hurst was given the target of a place in the teens and although he was a little disappointed with his time, his 17th spot in 27:13 - place and time - was exactly what had been predicted by Vice-Captain Al Stewart. Tipton had made a strong start to place 5th while Morpeth were just ahead of us in 15th.

Fastest: 1 A.O'Connor (Liverpool) 26:07; 2 C.Smith (London Irish) 26:12; 3 S.Bailey (Sale H Manchester) 26:18; 17 L.Hurst 27:13.

**Stage 2.** Richard Ward came into the team on Friday morning with the withdrawal of Kevin Nash due to a knee injury. Eager to prove that he should have been in the line-up from the outset, Richard grasped his chance and churned out a 14:43 to pick off eight of the opposition. What a substitute! Tipton had moved up to third but we were only 20 seconds behind.

1 Wells City H 41:06; 2 Sale H Manchester 41:26; 3 Tipton H 41:36; 9 Belgrave H 41:56. Fastest: 1 M.Openshaw (Birchfield) 14:12; =2 C.Livesey (Preston) and B.Whitby (Windsor SE&H) 14:16; 8 R.Ward 14:42.

*The superb commemorative plate later presented by Mavis and Eric Hall to the Team Manager.*



**Stage 3.** Most Belgrave supporters predicted that we'd go ahead on stage four but Spencer Barden took full advantage of an earlier than normal leg to chase down the men up front. Ian Grimes of Newham & Essex Beagles was also having a good run but Spen was the man in charge and as he stormed the final rise even hardened campaigners went misty-eyed at the sight of a claret and gold vest heading the field right on cue. Nearly half a minute came off Spencer's best time for the course and the lead was 6 seconds. Our starters had done us proud - now what could the front runners do? Could they open the gap we wanted?

1 Belgrave H 1:07:48; 2 Newham & Essex Beagles 1:07:54; 3 Tipton H 1:08:45. Fastest: 1 S.Barden (Belgrave H) 25:52; 2 I.Grime (Newham & Essex B) 26:05; 3 M.Vaux Harvey (Kidderminster) 26:23.

**Stage 4.** As the wind rose and another squall swept the start area Andrew Graffin set out on his mission to break away from the field. With a string of indoor sub-4 minute miles under his belt this winter, no doubt he'd have like to have cracked 14 minutes. Sadly, in spite of the urging from announcer Bud Baldaro as our man approached the line, the digital clock flipped over to the "fourteens" before Mark Miles could be sent on his way. But the damage had been done and the lead was now 1 minute 44 seconds. For the first time our colours were out of sight of the chasing field and Andy's 14:03 was the target at which short-stage hopefuls would take aim.

1 Belgrave H 1:21:51; 2 Newham & Essex B 1:23:35; 3 Sale H Manchester 1:23:54. Fastest: 1 Andy Graffin (Belgrave H) 14:03; 2 G.Blackman (Harrow) 14:31; 3 C.Davies (Telford) 14:34.

**Stage 5.** Mark Miles received final instructions from coach Baldaro then tore off down the slope, eager to extend our 500 metre advantage. Fastest long stage man in 2001, Mark had runners to chase that day but now he was the quarry. Morpeth were taken into the frame by Ian Hudspith who closed up a few seconds and Birchfield also improved but the lads from Essex fell away and the Belgrave advantage climbed to 2 minutes 21 seconds as Mark pipped Spencer's time by one second.

1 Belgrave H 1:47:42; 2 Morpeth H 1:50:03; 3 Birchfield H 1:50:20. Fastest: 1 I.Hudspith (Morpeth H) 25:46; 2 M.Miles (Belgrave H) 25:51; 3 D.Burrows (Birchfield) 26:05.

**Stage 6.** Knowing that he has to be prepared to do battle with the very best to make his mark in the sport, Stephen Sharp was not at all overawed by Andy's earlier 14:03. Birchfield nipped past Morpeth while Tipton were 4th but Steve was on a stormer, his 14:08 being the second fastest up to that point as he opened the gap to nearly three and a half minutes at the halfway point.

1 Belgrave H 2:01:50; 2 Birchfield 2:05:13; 3 Morpeth H 2:05:31. Fastest: 1 S.Sharp (Belgrave H) 14:08; 2 G.Taylor (Trafford AC) 14:24; 3 K.Shepherd (Tipton H) 14:35.

**Stage 7.** Looking more in command with every run, our National Cross Country silver medallist faced tough opposition on this leg. The Kenyan Kirui had a terrific run for Birchfield but way up the road Allen Graffin was going two seconds faster and another challenge from the Midlanders was turned back.

1 Belgrave H 2:27:35; 2 Birchfield H 2:31:00; 3 Tipton H 2:32:26. Fastest: 1 Allen Graffin (Belgrave H) 25:45; 2 E.Kirui (Birchfield) 25:47; 3 M.Steinle (Blackheath) 25:48.

**Stage 8.** Determined to make a good showing Charles Herrington probably tackled the initial hill too fast. By the Jamboree stone at the turn for home he had extended our advantage by a further 15 seconds but by the time the climb to the finish was reached he was having to dig very deep and a sub-15 time slipped away although he had dragged the lead out to just under 4 minutes.

1 Belgrave H 2:42:44 ; 2 Birchfield H 2:46:42; 3 Tipton H 2:47:37. Fastest: 1 A.Toward (Morpeth H) 14:47; 2 D.Roache (Trafford AC) 14:51; 3 J.Hayden (Notts AC) 15:01; 5 C.Herrington 15:09.



Mark Shearman

Belgrave's Winning AAA 12-Stage Team at Sutton Park. Back row: Andy Graffin, Spencer Barden, Paul Freary, Stephen Sharp, Alaster Stewart, David Anderson, Allen Graffin, Paul Evans. Front row: Lee Hurst, Mark Miles, Alan Mead (team manager), Richard Ward, Charles Herrington.

**Stage 9.** Veteran of more battles on the road than he'd care to remember, Paul Evans received an ovation before he'd even run a step. "The Belgrave team are so weak," it was announced, "that they are reduced to turning out Paul Evans for stage nine." Inspirational words had come from Paul at the pre-race team talk and now he put his body on the line as only he knows how. On this occasion he was "only" our fourth fastest over the long circuit but he was so intent on giving everything to try to keep the team on course for a fast time that he ran straight through the finish and caught himself up on the ropes separating the incoming and outgoing runners. They don't come any tougher than Paul.

1 Belgrave H 3:08:57; 2 Birchfield H 3:12:41; 3 Morpeth H 3:14:00. Fastest: R.Birchall (Birchfield H) 25:59; 2 M.Hudspith (Morpeth H) 26:01; 3 P.Evans (Belgrave H) 26:13.

**Stage 10.** Three stages to go. The Belgrave boot had been jammed on the accelerator for over three hours but there was no way it was going to be lifted until the race was complete. Middle-distance man David Anderson fears no-one and had every intention of making that fastest short stage of the day his very own. Not only was it windy, it was getting colder, and yet that 14 minute "barrier" was under threat again. His 14:06 took him to number two and as Birchfield and Morpeth ran men in the high 15s, the Belgrave lead shot up to five and a half minutes. The six minute margin that we had looked for became a real possibility. Tipton came back into the fight for medals, squeezing six seconds ahead of Morpeth.

1 Belgrave H 3:23:03; 2 Birchfield H 3:28:38; 3 Tipton H 3:29:28. Fastest: 1 David Anderson (Belgrave H) 14:06; 2 J.Rogers (Sale H Manchester) 14:31; 3 N.Wilkinson (Salford H) 14:39.

**Stage 11.** Now Morpeth inched past Tipton again. Down the field Shaftesbury Barnet turned out the first of a powerful finishing duo but it was too late in the day to be of much use. For the Bels Al Stewart was surely on for a 26 minutes "and bits" run but had to be satisfied

with grinding out a personal best of just over 27. Birchfield were 8 seconds slower and the gap was now 5 minutes 43 seconds.

1 Belgrave H 3:50:07; 2 Birchfield H 3:55:50; 3 Morpeth H 3:57:03. Fastest: 1 D.Bannister (Shaftesbury Barnet H) 26:28; 2 R.Kay (Notts AC) 26:29; M.Warmby (Newham & Essex B) 26:29; 4 A.Stewart 27:04.

**Stage 12.** Paul Freary had been strangely quiet ever since he got wind of the fact that he was going to be last stager for us in 2002. The lead was huge but the load was just as heavy. Suppose a kid on a bike sent him sprawling. Suppose Tipton had turned the cattle loose on the far side of the park. No such troubles materialised. Paul took another half minute out of the chasers and he threw his arms aloft in joy as the finish tape was broken.

But it wasn't over yet. Team Captain Roger Alsop had undertaken the awful task of being reserve all day should someone pull a muscle in warm-up. And having done his duty he turned out for Redhill Road Runners who were a man short and languishing somewhere near the tail-end of the field. Just as the medals were being presented, there was Roger, running in an unfamiliar vest and flying up the hill to head all the runners who had taken part in the mass start of tail-enders. A terrific cheer went up from the Belgrave crowd clutching medals and cup and there must have been many a bystander who wondered why on earth Belgrave should be so vociferous and show so much support for Redhill's last man.

1 Belgrave H 4:04:51; 2 Birchfield H 4:11:17; 3 Morpeth H 4:12:12; 4 Tipton H 4:12:45; 5 Cardiff AAC 4:16:50; 6 Bingley H&AC 4:17:45. Fastest: 1 A.Renfree (Shaftesbury Barnet H) 14:39; 2 P.Freary (Belgrave H) 14:44; 3 T.Wall (Morpeth H) 15:09; 5 R.Alsop (Redhill R) 15:18.

Fastest of the day.

**Short stage:** 1 Andy Graffin (Belgrave H) 14:03; 2 David Anderson (Belgrave H) 14:06; 3 S.Sharp (Belgrave H) 14:08; 19 R.Ward 14:43; =20 P.Freary 14:44; =49 C.Herrington 15:09; 64 R.Alsop 15:18.

**Long stage:** 1 Allen Graffin (Belgrave H) 24:45; 2 I Hudspith (Morpeth H) 25:46; 3 E.Kirui (Birchfield) 25:47; 5 M.Miles 25:51; 6 S.Barden 25:52; 13 P.Evans 26:13; 47 A.Stewart 27:04; =52 L.Hurst 27:13.

Match 1, Watford Stadium, 19 May 2002.

### Last gasp victory in opening match

Teams: 1 Belgrave H 355; 2 Newham and Essex Beagles 350; 3 Woodford Green with EL 299; 4 Birchfield H 259; 5 Trafford AC 253; 6 Shaftesbury Barnet H 235.5; 7 Border H 232.5; 8 Harrow AC 211.

Team managers John Jeffery and Bill Laws had predicted that this venue and date would always present a severe test of our strength in depth due to the previous day's televised meet at Loughborough which attracted 20 male and 12 female Belgravians. Out of the 20 men only 5 were able to double up for this meet and the southern team was raided to fill in the gaps.

The Newham team had put out a five line whip and 11 of their Loughborough stars turned up for duty to ensure a hot competition which we seemed destined to lose. But that was not to take account of our young members who competed for every point to ensure a last gasp victory.

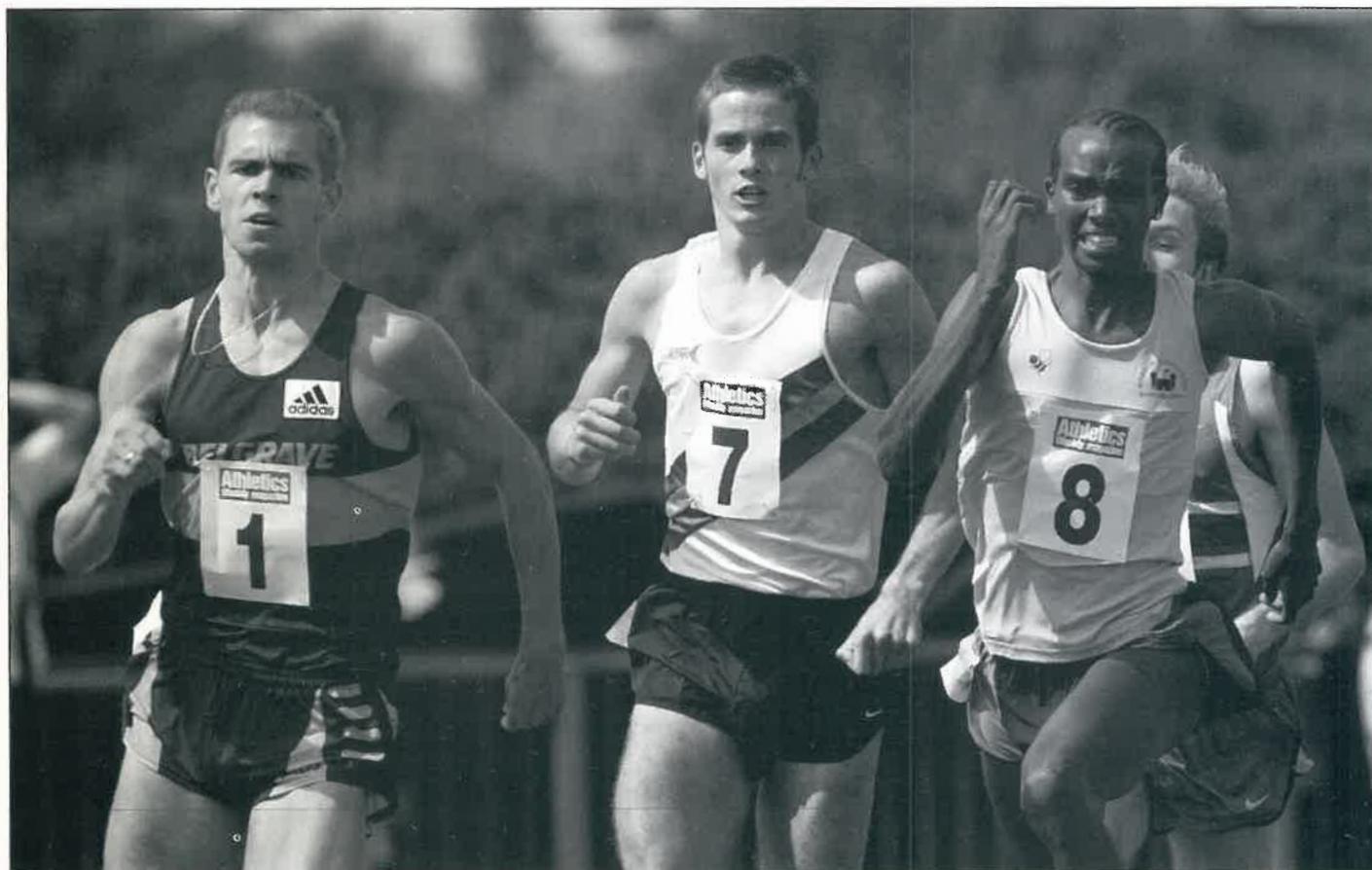
The sprints were outstanding with a double win in the 200s for Graham Beasley and Tim Abeyie. That was after an excellent opening 100m from Marlon Dickson who gained a close third in the A event with 10.55 into a 1.8m/s headwind. In the 1500 Andy Graffin followed up his previous day's 800 with a debut in the 1500 which turned out to be a high class and fast tactical race. Andy was surprised at the quality losing out to a fast finishing Matt Shone but was rewarded with a 3.42.8. Steve Sharp was in contention all the way but at 300 to go fell off the pace and jogged the straight. If this hadn't been his first track race he would have held on and looks worth about 3.44 at present. His B string win brought welcome points. Surprisingly our middle distance, which was so strong on the road relays, was weakened by illness, exams and Loughborough to the extent that only Jason Lobo toed the line in the 800. Ian Wells was nominated for the B race but pulled a hammy on the physio's couch. (Poor old felia).

But back to the start where we got maximum points in the 400 hurdles. In the A race Matt Douglas looked strong after recent illness while in the B event 20 year old Andrew Bennett took 1.2 secs off his pb to get the experts thumbing through their books to see who this new talent was. In the high hurdles Neil Owen showed impressive form in

the A race to finish second while new member Dominic Girdler got his Belgrave career off to an exciting start with a fine win in the B event.

The throws and jumps which normally give us near max points were good in parts and contrived to ensure that our lead was never more than a few points throughout the afternoon until event 16 when we seemed to be easing towards a clear win. At this point several of the tired Newham relay runners who had performed valiantly over two days called a halt little realising that the triple jump and steeplechase results would bring us almost level as we approached the final sprint and long relays. And it was our young up and coming youngsters who once more performed above expectations to secure a close victory with two first rate performances.

100m:	(-1.8) 1 K.Ellis (Trafford) 10.52; 3 M.Dickson 10.55; B (-1.4) 1 D.Donovan (Shaftesbury) 10.70; 3 D.Chin 10.75.
200m:	(+3.7) 1 G.Beasley 21.3; B (+1.4) 1 T.Abeyie 21.5.
400m:	1 P.McKee (Border); 6 G.Dearman 49.38; B 1 T.Bayley 48.1.
800m:	1 R.Adams (Birchfield) 1.53.07; 4 Jason Lobo 1.53.84; B 1 B.Donkin (Birchfield) 1.56.41; no Belgrave competitor.
1500m:	1 M.Shone (Woodford) 3.42.5; 2. Andy Graffin 3.42.8; B 1 S.Sharp 3.54.2.
5000m:	1 E.Kirui (Birchfield) 14.21.32; 5 A.Stewart 14.50.27; B 1 R.Birchall (Birchfield) 14.23.77; 5 W.Cockerell 15.24.80.
110mH:	(+2.4) 1 D.Greaves (Newham) 13.78; 2 N.Owen 13.90; B (+1.6) 1 D.Girdler 14.3.
400mH:	1 M.Douglas 51.01; B 1 A.Bennett 52.6.
3000mSC:	1 E.Kirui (Birchfield) 8.54.2; 4 L.Hurst 9.16.3; B 1 D.Lewis (Shaftesbury) 9.31.0; 6 S.Kennefick 10.27.4.
HJ:	1 D.Grant (Woodford) 2.15; 4 R.Aspsden 2.00; B 1 J.McDade (Woodford) 2.05; 2 J.Hilston 1.90.
LJ:	1 C.Tomlinson (Newham) 7.51; 4. F.Daramola 6.91; B 1 C.Davidson (Newham) 6.96; 4 J.Flynn 6.54.
TJ:	1 L.Achike (Shaftesbury) 15.38; 7 J.Flynn 13.33; B 1 M.Cole (Newham) 14.33; 4 D.Wellstead 13.16.
PV:	1 K.Hughes (Newham) 5.00; 2 B.Flint 5.00; B 1 J.Quarry (Harrow) 4.50; no Belgrave competitor.
SP:	1 M.Proctor (Newham) 17.58; 7 G.Beard 14.65; B 1 B.Kelly (Trafford) 16.03; 7 K.Brown 13.02.
DT:	1 E.Udechuku (Woodford) 58.15; 3 L.Newman 53.82; B 1 K. Brown 54.14.
JT:	1 S.Faben 72.50; B 1 T.Smith (Shaftesbury) 64.04; 2 C.Green 63.37.
HT:	1 M.Jones 69.37; B 1 S.Brown (Newham) 63.76; 2 J.Osazuwa 61.45.
4x100m:	1 Belgrave 41.22 (G.Beasley, D.Chin, T.Abeyie, M.Dickson).
4x400m:	1 Border 3.10.39; 2 Belgrave 3.10.60 (M.Parper 49.10, I.Deeth 47.4, M.Douglas 47.1, T.Bayley 47.1).



Mark Shearman

Match 2, Birmingham, 6 July 2002.

## Track boys swing it again

1 Belgrave H 382; 2 Newham and Essex Beagles 345; 3 Birchfield H 340; 4 Woodford Green with EL 305; 5 Trafford AC 242; 6 Shaftesbury Barnet H 210; 7 Border H & AC 187; 8 Harrow AC 161.

Another match, another format. Billed as a domestic Grand Prix and supported by UK Athletics with prize money and guests in certain events we waited to see how the fixture and our fortunes would pan out. After match 1, where we sneaked a last gasp win, we feared Newham, who have the desire and ability to beat all but our very best team. Missing for the first time in 4 years as he opened his son's school fete was Mick Jones so usual key points would be lost in the hammer. Added to this an injury to pole vault supremo Paul Williamson plus a total loss of our top steeplechasers meant that we would have at least three duff events. Would our increasing strength on the track and our remaining throwers be enough to defeat the opposition?

Well yes. A series of truly dominating performances from 100m to 5000m contributed to a clear win which put us in a slightly more comfortable lead as we chase a sixth consecutive and record breaking League victory.

Highlights of a series of top rate performances were Andy Graffin's gun to tape charge in the A 800. Adam Zawadski got caught up in traffic jams on the M6 and being a fairly local lad arrived only 15 minutes before the A 800 and ran a pb in his first 800 of the season. An A and B max points win echoed by Steve Sharp and Spencer Barden in the 1500. Plus near max points in the 5000 to follow. Paul Evans took the race out to be caught by Kirui but his A silver was followed by a B gold and a big pb by Alaster Stewart. Brilliant stuff.

In the short hurdles Neil Owen was close to beating Commonwealth bound Damian Greaves while Dominic Girdler ensured more good points with a B win. In the long hurdles Matt Douglas experimented with a new stride pattern from 7 and tied up badly to succumb to a 49.4 win by WG's Kemel Thompson (Jamaican) who finished 6th in the last Commonwealth Games. In the 200 Graham Beasley again won the A and Tim Abeyie claimed the famous scalp of former Belgravian Chris Rawlinson who now competes for Trafford.

But it was the 400 that set the pulses racing. On the start line Sean Baldock faced no less an adversary than Iwan Thomas seeking proof of a return to fitness prior to next week's AAA's. And it was Sean hitting the lead at 200 who held on well for a stunning victory in a sub 46 timing which was his fastest since the Sydney Olympics. He followed this with a 45.5 split in the long relay. A great afternoon's work!

In general the jumps were below par but Ben Challenger cleared 2.20 to win the A high jump and prove once again that when he puts on a Belgrave vest you can expect something special. One of his 2.26 attempts was pretty close. But it was the triple jump that yielded the biggest surprise. Last year junior David Wellstead won the B and was headed by promising junior Seni Mayekodunmi who contributed to a 20 points total out of a max 28 for this event.

So a clear win. The debate on the new format started as soon as the last event finished. With the inclusion of guests and prize money down to third place in most events this could be the league format of the future. Or is this another false dawn?

For Grand Prix events actual positions shown in brackets.

100m: 1 T.Edgar (Woodford) 10.41; 3 D.Chin 10.75/-1.9 (1rB); B 1 M.Dickson 10.75/-1.9 (2rB); gst T.Abeyie 10.86/-1.9 (4rB).  
 200m: 1 G.Beasley 21.44/-0.5 (2rA); B 1 T.Comyns (Border) 21.73; 4 T.Abeyie 21.76/-0.5 (4rA); gst D.Chin 21.63/-1.2 (1rB).  
 400m: 1 S.Baldock 45.92 (1rA); B 1 M.Brown (Newham) 46.86; 3 T.Bayley 48.71 (8rA); gst G.Dearman 49.83 (6rB); A.Bennett 48.83 (1rC).  
 800m: 1 Andy Graffin 1:49.03 (1rA); B 1 A.Zawadski 1:50.54 (5rA).  
 1500m: 1 S.Sharp 3:52.10; B 1 S.Barden 3:53.00.  
 5000m: 1 E.Kerui (Birchfield) 14:18.12; 2 Paul Evans 14:30.11; B 1 A.Stewart 14:39.22.

*Left: Golden Jubilee Cup Final action at Bedford, 17 August 2002. The 800 metre field enters the final straight with Belgrave's Chris Moss (1) moving up on the outside before unleashing a powerful finish to give him the victory in 1:51.85. Mohamed Farah (8) of Windsor, Slough, Eton & Hounslow placed 2nd with Greg Taylor (7) of Trafford 3rd*

110mH: 1 D.Greaves (Newham) 13.80; 2 N.Owen 13.91/-0.5 (4rA); B 1 D.Girdler 14.12/-0.5 (7rA); gst R.Sear 14.67/-0.2 (3rB).  
 400mH: A 1 K.Thompson (Woodford) 49.44; 2 M.Douglas 50.01 (2rA); B 1 N.Levy 51.55 (5rA).  
 3000mSC: 1 E.Kerui (Birchfield) 8:51.39; 8 W.Cockerell 10:22.75; B 1 E.Malloch (Shaftesbury) 9:27.9; 7 I.Wells 12:10.93.  
 HJ: 1 B.Challenger 2.20; B 1 D.Plank (Birchfield) 1.95; 2 R.Aspden 1.95.  
 LJ: 1 C.Tomlinson (Newham) 7.66; 4 J.Flynn 6.77; B 1 S.Faulkner (Birchfield) 6.96; 3 F.Daramola 6.52.  
 TJ: 1 C.Madeira-Cole (Newham) 15.43; 5 S.Majekodunmi 14.12; B 1 D.Wellstead 13.98.  
 PV: 1 C.North (Woodford) 5.20; 4 B.Flint 4.80; B 1 S.Simpson (Birchfield); no Belgrave competitor.  
 SP: 1 M.Proctor 17.55; 4 G.Beard 15.73; B 1 B.Kelly (Trafford) 16.36; 2 D.Readle 15.61; gst S.Thompson 15.56.  
 DT: 1 R.Weir (Birchfield) 55.24; 3 K.Brown 52.16; B 1 G.Smith (Birchfield) 53.70; 2 L.Newman 50.89.  
 JT: 1 N.Nieland (Shaftesbury) 72.46; 3 S.Faben 66.53; B 1 P.Howard (Woodford) 60.09; 4 W.Smith 57.19.  
 HT: 1 I.Nichulin (Birchfield) 69.60; 5 J.Osazuwa 57.85; B 1 S.Brown (Newham) 63.61; 5 S.Thompson 45.94.  
 4x100m: 1 Birchfield 40.39; 2 Belgrave 41.33 (M.Dickson, G.Beasley, T.Abeyie, D.Chin).  
 4x400m: 1 Newham 3:09.78; 3 Belgrave 3:11.07 (N.Levy, A.Bennett, T.Bayley, S.Baldock).

Match 3, Cophthall, 3 August 2002.

## A knockout performance !

1 Belgrave H 386; 2 Woodford Green with EL 317; 3 Birchfield H 301; 4 Trafford AC 289; 5 Shaftesbury Barnet H 272; 6 Newham & Essex Beagles 266; 7 Border H & AC 173; 8 Harrow AC 162.

Match 3 was squeezed in between the Commonwealth Games and European Championships and we were fortunate that Richard Aspden, Matt Douglas and Paul Williamson returned from Manchester and made the effort to support this key fixture. Also adding to our potential problems was an under 23 match in France which took away a further five of our regular team. Plus the absence of our top hammer men which meant we would be off to a rocky start. But it became even rockier when with 20 minutes to go we had no 400 hurdlers due to traffic hold ups. Fortunately Noel Levy just made it but Andrew Bennett didn't. Andrew made amends by running a PB in the B flat 400.

The unique sight of Kevin Brown and Lee Newman in the hammer was of interest to the opposition but resulted in few points with the result that after five events we were last and Trafford were leading. But then the track men got going with near max points from the 200 through to the 5000. Highlights were: season's debuts from Chris Moss to win the A 800 and Richard Ward to win the B 1500 behind Spencer Barden who ran a season's best. Steve Sharp ran a big PB in the A 5000 while Paul Freary won the B. It was good to see Kevin Nash return from injury in the 3000 steeplechase while Will Cockerell ran a big PB in the B 'chase squeezing under 10 minutes for the first time.

Maximum points from Neil Owen and Richard Sear in the sprint hurdles plus a second place in the sprint relay and a win in the long relay moved us into an unassailable lead. Ben Flint gained a win over Paul Williamson in the pole vault to ensure near maximum points and further light between us and second placed Woodford Green.

Looking at the final scores it may be difficult to believe that the team managers were stressed throughout the afternoon as first Stuart Faben was delayed too by traffic and only arrived as the third round of the javelin was under way and Neil Owen didn't help by getting the start time for the sprint relay wrong. Geoff Dearman who had warmed up for the long relay virtually leaped into the lead slot to ensure a good second place. Matt Douglas fittingly concluded the day with a fine 46.9 anchor leg in the long relay to follow a good afternoon's work including a winning 21.80 B 200.

100m: (1.6) 1 K.Ellis (Trafford) 10.63; 4 G.Beasley 10.67; B (0.3) 1 D.Donovan (Shaftesbury) 10.59; 2 M.Dickson 10.80.  
 200m: (1.5) 1 G.Beasley 21.35; B (0.0) 1 M.Douglas 21.80.  
 400m: 1 P.Slythe (Newham) 47.21; 2 G.Dearman 47.54; B 1 R.Workman (Trafford) 48.06; 2 A.Bennett 48.33.  
 800m: 1 C.Moss 1:51.16; B 1 C.Reynolds (Woodford) 1:50.55; 2 A.Zawadski 1:51.41.

## British Athletics League Division One

*Left: Unbeaten at British league A String 200 metre running in 2002, Graham Beasley was also a prolific points scorer in the 100 metres and relays. Here he anchors the Belgrave 4 x 400m squad in the last race of the day - the Golden Jubilee Cup final. He came from behind for yet another win.*

1500m:	1 Y.Abd (Woodford) 3:43.68; 3 S.Barden 3:45.45; B 1 R.Ward 3:45.88.
5000m:	1 E.Kurui (Birchfield) 14:11.21; 2 S.Sharp 14:12.73; B 1 P.Freary 14:43.47.
110mH:	A (-0.4) 1 N.Owen 14.47; B (-0.1) 1 R.Sear 14.59.
400mH:	A 1 S.McDonnell (Shaftesbury) 52.11; 3 N.Levy 52.60; B no Belgrave competitor.
3000mSC:	A 1 E.Kurui (Birchfield) 8:56.86; 5 K.Nash 9:17.33; B 1 D.Lewis (Shaftesbury) 9:19.15; 5 W.Cockerell 9:58.29.
HJ:	A =1 M.Mandy (Birchfield) and R.Mitchell (Shaftesbury) 2.00; 4 R.Aspden 2.00; B 1 B.Smith (Shaftesbury) 2.00; 4 J.Tuson 1.90.
LJ:	A 1 P.Ralph (Trafford) 6.99/-0.4; 3 J.Flynn 6.87/0.2; B 1 S.Alexander (Trafford) 13.96/-0.2; 4 F.Daramola 6.30/-1.4.
TJ:	A 1 L.Achike (Shaftesbury) 14.86/-0.9; 3 F.Daramola 14.18/-0.5; B 1 L.Harvey (Trafford) 13.96/-1.0; 2 D.Wellstead 13.77/-1.4.
PV:	A 1 C.North (Woodford) 5.10; 2 B.Flint 5.10; B 1 P.Williamson 5.00.
SP:	A 1 E.Udechuku (Woodford) 17.31; 4 L.Newman 16.44; B 1 G.Beard 16.28.
DT:	A 1 R.Weir (Birchfield) 58.77; 3 K.Brown 53.90; B 1 G.Smith (Birchfield) 56.57; 2 L.Newman 51.58.
JT:	A 1 M.Roberson (Newham) 69.31; 2 S.Faben 67.09; B 1 J.Lundman (Newham) 58.49; 2 C.Green 58.43.
HT:	1 I.Nikulin (Birchfield) 67.11; 8 L.Newman 39.34; B 1 S.Brown (Newham) 63.94; 7 K.Brown 37.03.
4x100m:	1 Newham 41.33; 2 Belgrave 41.40 (G.Dearman, G.Beasley, M.Douglas, M.Dickson).
4x400m:	1 Belgrave 3:14.81 (N.Levy, C.Moss, M.Douglas, G.Dearman).



Mark Shearman

Match 4, Wigan, 21 August 2002.

## On top for sixth consecutive year

1 Woodford Green with EL 340; 2 Birchfield H 326; 3 Belgrave H 312.3; 4 Trafford AC 310.3; 5 Shaftesbury Barnet H 261.3; 6 Harrow AC 226; 7 Newham & Essex Beagles 214; 8 Border H & AC 164.

### The Prologue

With a clear 6 points lead over Woodford Green coming in to this match we would have been forgiven for taking a relaxed view of this - the deciding fixture - which could determine Belgrave's place in the record books. Winning the premier men's title for a sixth consecutive time was our aim and equalling Wolves' eight wins all-told, and the team managers once again approached selection with the thoroughness expected by all concerned. Hotel bookings were made and letters and maps sent out to over 50 A team potential participants. And then the effects of a long hard season and the prospect of a long trip to windy Wigan became apparent as the responses fed back. Thirteen reported injuries, six were already planning to be on holiday and eleven more couldn't make it due to work and other commitments.

Desperate phone calls and the Friday tally showed we would be approaching this match with the smallest ever Belgrave squad to grace a BAL Div 1 track.

### The Magnificent SEVENTEEN

And it was down to just seventeen of our stalwarts who turned up on the day to support the cause. And not all of them were fit. Kevin Brown was driven to the match with a trapped nerve in his back. His normal 54m+ effort became 12m less but his brave effort was typical

of the fighting spirit as everyone mixed and matched to cover most events - but inevitably there were gaps. There were many unusual sights. Stuart Faben in the hammer and shot, Andrew Bennett in the high hurdles and high jump backed by James Tuson in the long, triple and high. Ben Flint won the pole vault from a high class field but unfortunately Paul Williamson no heighted in difficult swirling wind conditions.

Then on the track sprinters Darren Chin and Graham Beasley cleaned up with max points in both sprints. Graham handed out decisive defeats to Duaine Ladejo of Birchfield who by choice ran in the B100 and A200 against our man. Darren and Graham were joined by Matt Douglas and Femi Daramola to also win the sprint relay. Femi had a poor long jump but made amends with a season's best in the triple.

Meanwhile the middle distance squad performed magnificently. Chris Moss fresh (almost) from a fine 800 in Sweden won the B 800 and A 1500 while Neal Speaight answered a last minute call-up from the team managers and won the A 800. He also finished a creditable third in the B 400. We had not one of our 400m specialists in the squad and Matt Douglas stepped in for the A 400 leaving Andrew Bennett as our sole 400 hurdler. In cold and windy conditions times were irrelevant. Andrew finished third having paced himself to perfection.

But there was no better example of the team's determination to prove their quality than Will Cockerell's fine PB in the 5000m. Not content with that, just thirty minutes later Will stepped to the line in the 3000 steeplechase with 18 year old William Docherty who was making his debut in our British League squad. And this time Will Docherty ran a 2sec PB with Will Cockerell again adding points to our growing tally.

Fortunately England and Belgrave team physio Paula Wild was working flat out keeping the team in one piece throughout the afternoon but even she couldn't present us with enough fit runners for the long relay which we declined to run! But by then we were assured of third spot on the day to ensure a wonderful League win. Yes, six



# Bels battle to 6th in Lisbon

Hopes of an improvement on last year's 5th place took a knock as the team gathered at Gatwick and found that Dwain Chambers would not be accompanying them on the trip to Lisbon. Although desperate for races, a niggle at this stage of a crucial season meant that our key sprinter was unavailable.

A further complication was revealed at the pre-match technical meeting when it was announced that a second Portuguese team would be taking part, pushing the number of competing teams up to nine even though only eight lanes were available in the Estádio Universitário de Lisboa. The shortage of lanes would be overcome by splitting the sprints and hurdles into two races, putting the slower runners into a race of four men which would be followed by the faster five men in race two. Not only did this destroy the shorter events as a spectacle, it made team positions difficult to calculate immediately - and in at least one case affected the result.

## DAY ONE

**Hammer** - Mike Jones. Drama struck early when on his first attempt and into his fourth turn, Mike Jones suddenly lost control. As the 16lb hammer took command, the Belgrave man was thrown violently to the ground ... and, worryingly, he did not move a muscle as he lay face down in the throwing area. Officials and spectators were similarly frozen until the spell was broken after what seemed an eternity and help in the form of a worried Team Manager charged towards the prostrate figure. Slowly Mike came around and his first words were: "How far did it go? How long have I been here?"

Suffering from a bout of tonsillitis, he had lost spacial awareness as his spinning gained momentum. At three turns and going into four he thought to himself, "this is going to go far," but wasn't quite sure where he was. The next thing he knew was that he was opening his eyes and closely

studying the tartan surface around the hammer circle.

Mike was badly bruised and had hit his head on the circle rim but having hauled himself back onto his feet, a short jog out onto the grass convinced him that he was going to continue - and the competition recommenced. A courageous second round attempt moved him into third place but as others consolidated in rounds three and four Mick, not surprisingly, had trouble staying in the circle and was unable to improve. His normal 70 metres plus should have given him 3rd or even 2nd - but the team were lucky to get any points at all, for a man any less valiant would have called it a day after that first attempt.



Left: A courageous effort from Mick Jones kept Belgrave hopes alive.

1	SC Luch	RUS	165
2	Dukla Praha	CZE	130
3	Sporting Club Portugal	POR	119
4	VB Carabinieri	ITA	107
5	Puma Chapin Jerez 2002	ESP	97.5
6	Belgrave H	GBR	97
7	CA Montreuil	FRA	70
8	Maccabi Tel-Aviv	ISR	58.5
9	Futebol Clube Porto	POR	55

1 V.Khersonstsev (RUS) 76.85; 2 P.Sedlacek (CZE) 73.08; 3 V.Costa (POR) 69.95; 4 M.Campeny (ESP) 68.34; 5 M.Jones (GBR) 66.85 (x, 66.85, x, x); 6 A.Vitel E Silva (POR II) 64.95; 7 E.Marioni (ITA) 64.69; 8 W.Ciofani (FRA) 60.32; 9 I.Giller (ISR) 48.87.

After 1 event: 1 SC Luch (RUS) 9; 2 Dukla Praha (CZE) 8; 3 Sporting Club Portugal (POR) 7, 4 Puma Chapin Jerez 2002 (ESP) 6; 5 Belgrave H (GBR) 5; 6 Futebol Clube Porto (POR) 4; 7 VB Carabinieri (ITA) 3; 8 CA Montreuil (FRA) 2; 9 Maccabi Tel-Aviv (ISR) 1.

**400 metres hurdles** - Matt Douglas. A gaunt looking Matt drove hard from the outside lane in the faster of the two races. Laid low a while back by a bug which had caused him to lose half a stone, Matt was not yet back to his best but this race was an important step on the road to sub-50. Clearly ahead at 200 metres Matt was still fighting the Russian Boris Gorban for the lead halfway around the final turn, but into the straight his less than perfect condition began to tell and as he began to tread water the Czech and Portuguese runners squeezed past. Just one man in race one beat his time and it was another 5 points in the bag with the team moving up into 4th.

Race 1. 1 G.Carabelli (ITA) 50.37; 2 P.Rodrigues (POR II) 51.68; 3

M.Adamopoulos (ISR) 52.32; 4 X.Ravanet (FRA) 52.74.

Race 2. 1 B.Gorban (RUS) 49.27; 2 S.Tesarik (CZE) 50.03; 3 C.Silva (POR) 50.28; 4 M.Douglas (GBR) 50.82; 5 C.Navarro (ESP) 52.30.

After two events: 1 SC Luch 18; 2 Dukla Praha 16; 3 Sporting Club Portugal 14, 4 Belgrave H 10; 5 Puma Chapin Jerez 2002 9; 6 VB Carabinieri 9; 7 Futebol Clube Porto 8; 8 CA Montreuil 3; 9 Maccabi Tel-Aviv (ISR) 3.

**100 metres** - Marlon Dickson. Marlon has been with us a long time. It's a dozen years now since we first saw him racing in the Thameside League - and while, in far off Battersea, another Thameside was drawing to a close, Marlon lined up with some very tasty sprinters in Portugal. Drawn in the slower of the two races Marlon was neck and neck with Sunday Emmanuel, representing Prague but hailing from Nigeria. Just in the final couple of paces half a metre of daylight opened up and Marlon was 2nd. Race 2 saw the "Russian" Brian Lewis hold off the "Portuguese" Francis Obikwelu but Marlon's time - a pb if it hadn't been for the following wind - stood up well and it was 5th and 5 points yet again.

Race 1. (4.7) 1 S.Emmanuel (CZE) 10.43; 2 M.Dickson (GBR) 10.50; 3 T Kafri (ISR) 10.60; 4 M.Barbosa (POR II) 10.87.

Race 2. (3.6) 1 B.Lewis (RUS) 10.11; 2 F.Obikwelu (POR) 10.23; 3 M.Diarra (FRA) 10.41; 4 A.Rodriguez (ESP) 10.55; 5 A.Rabino (ITA) 10.64.

After 3 events: 1 SC Luch 27; 2 Dukla Praha 22; 3 Sporting Club Portugal 22, 4 Belgrave H 15; 5 Puma Chapin Jerez 2002 13; 6 VB Carabinieri 11; 7 CA Montreuil 10; 8 Futebol Clube Porto 9; 9 Maccabi Tel-Aviv (ISR) 6.

**1500 metres** - Andy Graffin. Before the runners had cleared the back straight for the first time one could see that this was going to be a real "championship" race with everyone relying on a final kick. After a lap in 67 Andy was handily placed near the front and at 700m (1:59) he had moved right onto the shoulder of the leader. With two laps taking 2:15 the Belgrave man had had enough and down the back straight he ran ahead and injected some serious speed - but could he break away? Andy's third lap took 56 seconds but there was still a queue of kickers lined up behind the claret and gold vest. Entering the finishing straight the line astern formation became line abreast and the race could have been anyone's. As target man and pacer for the previous half mile Andy suffered most and in spite of moving at almost the same pace as everyone else, he slipped back to 6th as a mere 63/100ths covered the first half dozen home. It was a Carabinieri vest that was first across the line, and for the first time in the meeting the Russians failed to take maximum points.

1 C.Obrist (ITA) 3:51.17; 2 M.Sneberger (CZE) 3:51.30; 3 V.Shabunin (RUS) 3:51.33; 4 P.Esteso (ESP) 3:51.47; 5 A.Bispo (POR) 3:51.76; 6 A.Graffin (GBR) 3:51.80; 7 Y.Gerachiw (ISR) 3:54.71; 8 S.Benfares (FRA) 3:55.49; 9 A.Alheira

(POR II) 3:57.13.

After 4 events: 1 SC Luch 34; 2 Dukla Praha 30; 3 Sporting Club Portugal 27, 4 VB Caribinieri 20; 5 Puma Chapin Jerez 2002 19; 6 Belgrave H 19; 7 CA Montreuil 12; 8 Futebol Clube Porto 10; 9 Maccabi Tel-Aviv (ISR) 9.

**400 metres** – Sean Baldock. Nursing a knee problem, Sean's chances of racing a hard 400 were rated as only 70% a week before the race. But the niggle improved to such an extent that our man was quite confident that everything would be ok - and it was. It was his first race of the year and rather than take out the first 200 in the low 21s he took it a little steadier in something more like 22. The result was a very satisfying 2nd place and the knowledge that some fast times are just around the corner. Sean's record in the ECCC is probably as good as anyone's - four wins and a 2nd place.

Race 1. 1 A.Morante (ESP) 47.59; 2 R.Loubli (FRA) 48.10; 3 V.Moreno (POR) 48.15; 4 N.Green (ISR) 48.51.

Race 2. 1 A.Semenov (RUS) 46.66; 2 S.Baldock (GBR) 46.79; 3 K.Blaha (CZE) 46.82; 4 M.Salvucci (ITA) 47.61; A.Pinto (POR II) dnf.

After 5 events: 1 SC Luch 43; 2 Dukla Praha 37; 3 Sporting Club Portugal 30, 4 Belgrave H 27; 5 Puma Chapin Jerez 2002 25; 6 VB Caribinieri 25; 7 CA Montreuil 16; 8 Maccabi Tel-Aviv (ISR) 11; 9 Futebol Clube Porto 10.

**High Jump** – Ben Challenger. Ben has had some highs (World Student Games and European Under 23 winner) and lows in the last few years - but put a Belgrave vest on him and he always provides the goods. First time clearances at 2.05 and 2.09 gave him the confidence to pass at 2.13. Taking 2.16 at the second attempt and with four men left in the hunt, he then elected to give 2.19 a miss as well. Rybakov and Janku both took this height at their second trial while the Spaniard went out. Three men were left in - including big Ben. Both his opponents sailed over 2.21 at the first time of asking while Ben could go no further but 3rd place was more than we expected and the team moved into third spot at the expense of Sporting Club who picked up a single point in this discipline.

1 T.Janku (CZE) 2.25; 2 Y.Rybakov (RUS) 2.23; 3 B.Challenger (GBR) 2.16 (2.05 o, 2.09 o, 2.13 -, 2.16 xo, 2.19 -, 2.21 xxx); 4 J.Bermejo (ESP) 2.16; 5 N.Ciotti (ITA) 2.13; 6 C.Matusevich (ISR) 2.09; 7 M.Raifak (FRA) 2.05; 8 R.Goncalves (POR II) 2.05; 9 J.Mattes (POR) 2.05.

After 6 events: 1 SC Luch 51; 2 Dukla Praha 46; 3 Belgrave H 34; 4 Puma Chapin Jerez 2002 31; 5 Sporting Club Portugal 31, 6 VB Caribinieri 30; 7 CA Montreuil 19; 8 Maccabi Tel-Aviv (ISR) 15; 9 Futebol Clube Porto 12.

**Long Jump** - Darren Thompson. Where there are swings there are usually roundabouts and yearned for for points in the long jump to fortify our team position didn't materialise. We've seen some monster marginal fouls from Darren Thompson in the past and every one of his efforts had our supporters lifting with him as he hit the board. Two "no jumps" were followed by a 7.23m effort that at least warranted a point and while in the last round the leader Danil Burkenya celebrated with a mighty 8.35m to wrap it up and take the Cup record, Darren could only muster another 7.23. He was initially placed equal 7th, sharing with the Israeli, until a sharp eyed Sir Eddie reminded the scorers that the Belgrave man had a superior second best effort and 1.5 team points were turned into 2.

1 D.Burkenya (RUS) 8.35; 2 C.Calado (POR) 8.06; 3 R.Sebrle (CZE) 7.85; 4 A.Rimoldi (ITA) 7.82; 5 K.Taillepierre (FRA) 7.77; 6 N.Evora (POR II) 7.57; 6 I.Roman (ESP) 7.49; 7 D.Thompson (GBR) 7.23 (x, x, 7.23, 7.23); 8 M.Malisev (ISR) 7.23.

After 7 events: 1 SC Luch 60; 2 Dukla Praha 53; 3 Sporting Club Portugal 39, 4 Belgrave H 36; 5 VB Caribinieri 36; 6 Puma Chapin Jerez 2002 34; 7 CA Montreuil 24; 8 Futebol Clube Porto 16; 9 Maccabi Tel-Aviv (ISR) 16.

**5000 metres** - Spencer Barden. A fine 13:48 at Loughborough a week earlier had given Spencer a lot of confidence but with a few laps remaining, a sudden break left our man adrift and the blustery evening wind made it very difficult to regain contact. Alvarez, an 8:22 steeplechaser, was similarly caught on the hop but Spen's competitive finish made sure that once again a Belgrave singlet crossed the line in our favourite position – 5th.

1 J.Ramos (POR) 13:53.14; 2 A.Zadorozhnyi (RUS) 13:53.62; 3 L.Maurizio (ITA) 13:58.61; 4 A.Alvarez (ESP) 14:08.14; 5 S.Barden (GBR) 14:09.19; 6 L.Zeroal (FRA) 14:09.54; 7 V.Almeida (POR II) 14:10.07; 8 V.Gatundu (CZE) 14:22.25; 9 A.Bimro (ISR) 14:29.19.

After 8 events: 1 SC Luch 68; 2 Dukla Praha 55; 3 Sporting Club Portugal 48, 4 VB Caribinieri 43; 5 Puma Chapin Jerez 2002 40; 6 Belgrave H 40; 7 CA Montreuil 28; 8 Futebol Clube Porto 19; 9 Maccabi Tel-Aviv (ISR) 18.

**Shot** - Greg Beard. Nineteen year-old Greg found himself in a hot competition and no mistake. Three throws over 19 metres were registered in the opening round with Viratyuk heading the field at 19.53m. A fourth man approached 20m in round two and then the penultimate round saw Italian Dal Soglio go ahead with 19.80m. In the face of all this Greg, up an age-group and up an implement weight since last season, was faced with a daunting task. He improved in round two but was unable to make a mark in the last two rounds while Viratyuk let out a huge bellow to celebrate breaching the 20m barrier and going back into the lead. Greg vows that next year he'll be back and will be taking a few scalps!

1 R.Viratyuk (POR II) 20.05; 2 P.Stehlik (CZE) 19.83; 3 P.Dal Soglio (ITA) 19.80; 4 M.Haborak (RUS) 19.54; 5 M.Pestano (ESP) 18.47; 6 M.Fortes (POR) 17.54; 7 R.CeCe (FRA) 16.88; 8 R.Varga (ISR) 16.33; 9 G.Beard (GBR) 15.25.

After 9 events: 1 SC Luch 74; 2 Dukla Praha 63; 3 Sporting Club Portugal 52, 4 VB Caribinieri 50; 5 Puma Chapin Jerez 2002 45; 6 Belgrave H 42; 7 CA Montreuil 31; 8 Futebol Clube Porto 28; 9 Maccabi Tel-Aviv (ISR) 19.

**4 x 100 metres relay** - Graham Beasley, Darren Chinn, Marlon Dickson, Matt Douglas. It was not an exhilarating weekend for Darren Chin. Inexplicably left out of the non-scoring 100m by the organisers when his name was the first to be registered, he was left with a relay run which went close to giving us no score at all. Graham Beasley ran a good first turn but he and Darren then had great difficulty in connecting and by the time the second Belgrave man had the baton it was a lost cause. Twenty metres adrift along the back straight, our team gradually halved the deficit to the next team ahead, but not only were we 5th in the "A" race, we were slower than each of the teams in the "B" relay and a measly single point was all we could add to the halfway total.

With the second Portuguese team not involved in the relegation stakes we were now looking over our shoulders at CA Montreuil. If they should catch us on day two it would be Group B for GBR in 2003!

1 POR 39.65; 2 RUS 39.74; 3 CZE 40.00; 4 ITA 40.13; 5 FRA 40.77; 6 ESP 41.02; 7 ISR 41.18; 8 POR II 41.73; 9 GBR 41.98.

After 10 events: 1 SC Luch 82; 2 Dukla Praha 70; 3 Sporting Club Portugal 61, 4 VB Caribinieri 56; 5 Puma Chapin Jerez 2002 49; 6 Belgrave H 43; 7 CA Montreuil 36; 8 Futebol Clube Porto 30; 9 Maccabi Tel-Aviv (ISR) 22.

## DAY TWO

**110 metres hurdles** - Neil Owen. Neil immediately made up 2.5 points on our Spanish rivals and was close to gaining more when his desperate final lunge in the sprint hurdles just failed to catch another man on the line. The competition had been even tighter in the previous race where de los Santos and Adamopoulos could not be split by the electric timing and both recorded the same time to the 1/1000th of a second. The half point gained here by the Spanish club proved to be crucial at the end of the match. CA Montreuil provided the slowest hurdler and we began to feel a lot more comfortable about avoiding the relegation zone.

Race 1. (1.7) 1 L.Sa (POR II) 14.32; =2 M.Adamopoulos (ISR) and M. de los Santos (ESP) 14.51; 4 G.Diop (FRA) 15.31.

Race 2. (0.9) 1 A.Kislykh (RUS) 13.60; 2 E.Pizzoli (ITA) 13.64; 3 R.Palma (POR) 13.94; 4 L.Burdell (CZE) 13.98; 5 N.Owen (GBR) 14.01.

After 11 events: 1 SC Luch 91; 2 Dukla Praha 76; 3 Sporting Club Portugal 68, 4 VB Caribinieri 64; 5 Puma Chapin Jerez 2002 51.5; 6 Belgrave H 48; 7 CA Montreuil 37; 8 Futebol Clube Porto 34; 9 Maccabi Tel-Aviv 24.5.

**800 metres** - Neil Speaight. It was a rough old race and Neil Speaight our AAA Champion received a bump or two. It didn't bother him though, in fact he later admitted, "it's all part and parcel of 800 metre running - and to be honest I enjoy it!" In Madrid last year he headed Kozhvnikov only for the verdict to go against him on the line as the Russian managed a late charge to clock the same time. This time Sergey got the verdict again - third time lucky Neil?

1 S.Kozhvnikov (RUS) 1:47.92; 2 N.Speaight (GBR) 1:48.25; 3 M.Chiavarini (ITA) 1:48.27; 4 M.Olmedo (ESP) 1:48.81; 5 F.Almeida (POR) 1:48.84; 6 S.Tabor (CZE) 1:49.66; 7 L.Fonseca (POR II) 1:49.86; 8 Y.Gerachiw (ISR) 1:51.10; 9 E.Miath (FRA) 1:51.16.

After 12 events: 1 SC Luch 100; 2 Dukla Praha 80; 3 Sporting Club Portugal 73, 4 VB Caribinieri 71; 5 Puma Chapin Jerez 2002 57.5; 6 Belgrave H 56; 7 CA Montreuil 38; 8 Futebol Clube Porto 37; 9 Maccabi Tel-Aviv 26.5.

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Above: An all-star line-up for the 3000 metres featured Shabunin of Russia on the extreme right (he won in 8:00.38), Feiteira of Portugal on the extreme left (2nd in 8:00.98, and right in the middle, Allen Graffin for Belgrave and the UK (3rd in 8:03.11).

**3000 metres Steeplechase** - Lee Hurst. The previous two events had seen the Bels swing closer to the Spaniards and 5th place – but it was back to the roundabouts again. It had been hoped that Lee could pick up three or four points here and a very positive start saw him take the lead and push the pace along to 1000 metres. But there's no hiding place in track & field and the inevitable happened. Lee gradually slipped back through the field and eventually all the Group A men got past him and only a single point could be added to the total.

1 J-L Blanco (ESP) 8:36.71; 2 M.Silva (POR) 8:38.59; 3 G.Crepaldi (ITA) 8:40.73; 4 V.Pronin (RUS) 8:42.39; 5 V.Almeida (POR II) 8:48.75; 6 M.Nejedly (CZE) 8:59.39; 7 S.Auger (FRA) 9:01.15; 8 M.Mailer (ISR) 9:07.54; 9 L.Hurst (GBR) 9:10.11.

After 13 events: 1 SC Luch 106; 2 Dukla Praha 84; 3 Sporting Club Portugal 81, 4 VB Caribinieri 78; 5 Puma Chapin Jerez 2002 66.5; 6 Belgrave H 57; 7 Futebol Clube Porto 42; 8 CA Montreuil 41; 9 Maccabi Tel-Aviv 28.5.

**Pole Vault** - Paul Williamson. A clean sheet by Paul up to 5.15m proved to be critical as no fewer than five men found this to be their limit for the day. Three of these had an identical record – including Paul – and the resulting tie for 4th place was more than we had expected. In fact the Belgrave man's three attempts at 5.30m were so close that he could be counted unlucky not to have claimed 4th place as his alone.

1 A.Averbuch (ISR) 5.60; 2 E.Mikhailitchenko (RUS) 5.50; 3 A.Ptacek (CZE) 5.40; =4 P.Williamson (GBR) (5.00 o, 5.15 o, 5.30 xxx), G.Verbist (FRA) and J.Andre (POR) 5.15; 7 J.Garcia Chico (ESP) 5.15; 8 M.Mariani (ITA) 5.15; 9 P.Pimenta (POR II) 5.00.

After 14 events: 1 SC Luch 114; 2 Dukla Praha 91; 3 Sporting Club Portugal 86, 4 VB Caribinieri 80; 5 Puma Chapin Jerez 2002 69.5; 6 Belgrave H 62; 7 CA Montreuil 46; 8 Futebol Clube Porto 43; 9 Maccabi Tel-Aviv 37.5.

**Discus** - Kevin Brown. The Czech Malina led from the very first round with Kevin in 7th. The next two rounds saw our man creep up towards 6th and finally his persistence paid off as his fourth round effort took him up towards 57 metres, gained him the place he was looking for and was his best throw since 2000. Surely we will see Kevin representing Jamaica this year in Commonwealth Games competition.

1 L.Malina (CZE) 64.78; 2 R.Varga (ISR) 63.93; 3 A.Boritchevskiy (RUS) 60.83; 4 D.Fortuna (ITA) 59.95; 5 M.Pestano (ESP) 58.39; 6 K.Brown (GBR) 56.63 (50.68, 52.15, 52.11, 56.63); 7 V.Zinchenko (POR) 54.29; 8 L.Fournet (FRA) 50.64; 9 R.Viratyuk (POR II) 49.73.

After 15 events: 1 SC Luch 121; 2 Dukla Praha 100; 3 Sporting Club Portugal 89, 4 VB Caribinieri 86; 5 Puma Chapin Jerez 2002 74.5; 6 Belgrave H 66; 7 CA Montreuil 48; 8 Maccabi Tel-Aviv 45.5; 9 Futebol Clube Porto 44.

**200 metres** - Graham Beasley. Graham had been running well in the USA recently and his good form continued here where he was clearly the best of the four man field in race 1. But the unfairness of splitting the races was clearly shown here when the second race benefitted from a stronger following wind while positions 3rd and 4th were only

marginally faster than Graham's winning run. Had it been one race we surely would have scored higher than 5th. Nevertheless, we moved three points closer to the team ahead and Graham's run was the only time in the meeting that our colours were carried past the post in first place.

Race 1. (1.5) 1 G.Beasley (GBR) 21.17; 2 T.Kafri (ISR) 21.48; 3 A.Martinez (ESP) 21.87; 4 M.Barbosa (POR II) 23.05.

Race 2. (2.9) 1 F.Obikwelu (POR) 20.64; 2 B.Lewis (RUS) 20.77; 3 R.Zachoval (CZE) 20.99; 4 M.Diarra (FRA) 21.11; 5 S.Bellotto (ITA) 21.30.

After 16 events: 1 SC Luch 129; 2 Dukla Praha 107; 3 Sporting Club Portugal 98, 4 VB Caribinieri 90; 5 Puma Chapin Jerez 2002 76.5; 6 Belgrave H 71; 7 CA Montreuil 54; 8 Maccabi Tel-Aviv 48.5; 9 Futebol Clube Porto 45.

**Triple Jump** - Phillips Idowu. In his first competition of the year Phillips was highly delighted to leap to 17.18m, only six inches behind his all time best. Our club record is surely going to go up again in 2002. But Igor Spassovkhodsky was even more impressive – and in control. Nearly a year younger than Phillips and World Championships bronze medallist, he too has youth on his side. The Russian led from the opening round, improved to 17.39m in round two and his winning 17.42 was only 2 centimetres short of his personal record.

1 I.Spassovkhodsky (RUS) 17.42; 2 P.Idowu (GBR) 17.18 (16.49, 16.98, 15.07, 17.18); 3 R.Chapado (ESP) 16.42; 4 C.Calado (POR) 16.00; 5 J.Kuntos (CZE) 15.92; 6 N.Evora (POR II) 15.77; 7 E.Sardano (ITA) 15.73; 8 K.Taillepierre (FRA) 15.71; 9 M.Malisev (ISR) 14.25.

After 17 events: 1 SC Luch 138; 2 Dukla Praha 112; 3 Sporting Club Portugal 104, 4 VB Caribinieri 93; 5 Puma Chapin Jerez 2002 83.5; 6 Belgrave H 79; 7 CA Montreuil 56; 8 Maccabi Tel-Aviv 49.5; 9 Futebol Clube Porto 49.

**3000 metres** - Allen Graffin. This had to be the most entertaining race of the weekend. With a good pace maintained throughout, the field soon became stretched and one could only marvel as more than once Shabunin seemed to be within a gasp of falling off the back of the bunch, as the serious contestants began to get away. Allen Graffin was in the thick of the action, always looking threatening, and in the final stretch as he fought for a forward placing and a time oh! so close to his personal record – it was suddenly Shabunin flying faster than anyone and nipping into the lead with barely a metre or two remaining.

1 V.Shabunin (RUS) 8:00.38; 2 L Feiteira (POR) 8:00.98; 3 A.Graffin (GBR) 8:03.11; 4 P.Villalobos (ESP) 8:03.78; 5 U.Pusterla (ITA) 8:10.36; 6 Y.Allem (FRA) 8:14.60; 7 R-P. Silva (POR II) 8:16.63; 8 V.Gatundu (CZE) 8:20.06; 9 D.Giat (ISR) 8:41.95.

After 18 events: 1 SC Luch 147; 2 Dukla Praha 114; 3 Sporting Club Portugal 112, 4 VB Caribinieri 98; 5 Puma Chapin Jerez 2002 89.5; 6 Belgrave H 86; 7 CA Montreuil 60; 8 Futebol Clube Porto 52; 9 Maccabi Tel-Aviv 50.5.

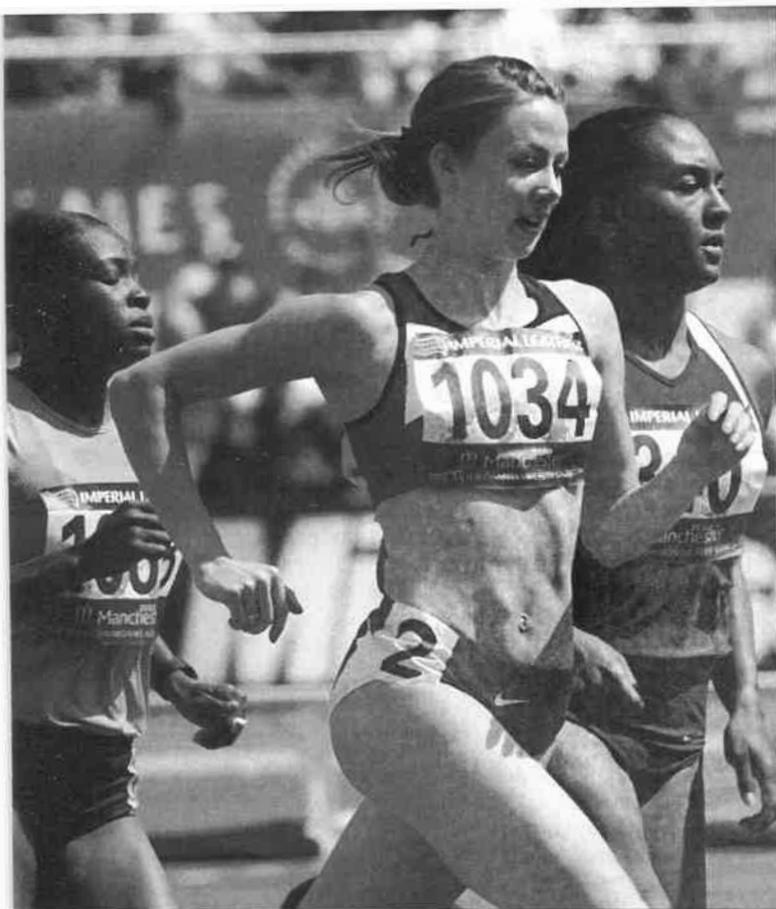
**Javelin** - Stuart Faben. We were now a mere 3.5 points from 5th spot and knowing that Stuart Faben had been over 75 metres in early April felt sure that the javelin would give us our chance to draw level and leave the relay boys to sort it out between them. An opening "no throw" from Stuart was followed by a 65m effort and one could see that the Belgrave man had a problem. A third effort went unregistered while Ivanov sent his spear over 82 metres to increase the lead he'd held since the first round. Belgrave eyes watched as Stuart adjusted his shoes and then went for his last effort – another "no throw". Ivanov launched a massive 87 metre effort to put him 10 metres clear of second place and our man had to settle for 6th one place behind the Spaniard. All was revealed as he returned to the stand – his shoe had split badly on his very first throw.

1 A.Ivanov (RUS) 87.62; 2 M.Guzdek (CZE) 77.14; 3 V.Bavilzir (ISR) 73.83; 4 G.Siakinou Schmidt (FRA) 69.38; 5 R.Fernandez (ESP) 68.11; 6 S.Faben (GBR) 65.56; 7 P.Vait (ITA) 64.38; 8 F.Ventura (POR) 57.62; 9 C.Tribuna (POR II) 37.88.

After 19 events: 1 SC Luch 156; 2 Dukla Praha 122; 3 Sporting Club Portugal 114, 4 VB Caribinieri 101; 5 Puma Chapin Jerez 2002 94.5; 6 Belgrave H 90; 7 CA Montreuil 66; 8 Maccabi Tel-Aviv 57.5; 9 Futebol Clube Porto 53.

**4 x 400 metres relay** - Noel Levy 48.1, Tim Bayley 47.3, M.Douglas 46.9, S.Baldock 45.8. Well, the relay boys gave it some. It was Noel's and Tim's only outing of the weekend and together with Matt and Sean they put together one of our fastest ever runs. In the earlier race the Spanish team had been 8 seconds slower but when the points were tallied we'd just missed out on 5th team place by half a point!

Race 1. 1 FRA 3:15.88; 2 ESP 3:16.09; 3 POR II 3:17.76; 4 ISR 3:18.67.  
Race 2. 1 RUS 3:05.92; 2 CZE 3:06.87; 3 GBR 3:08.07; 4 ITA 3:08.26; 5 POR 3:09.04.



**Girls at the Games - Commonwealth Games 2002.**

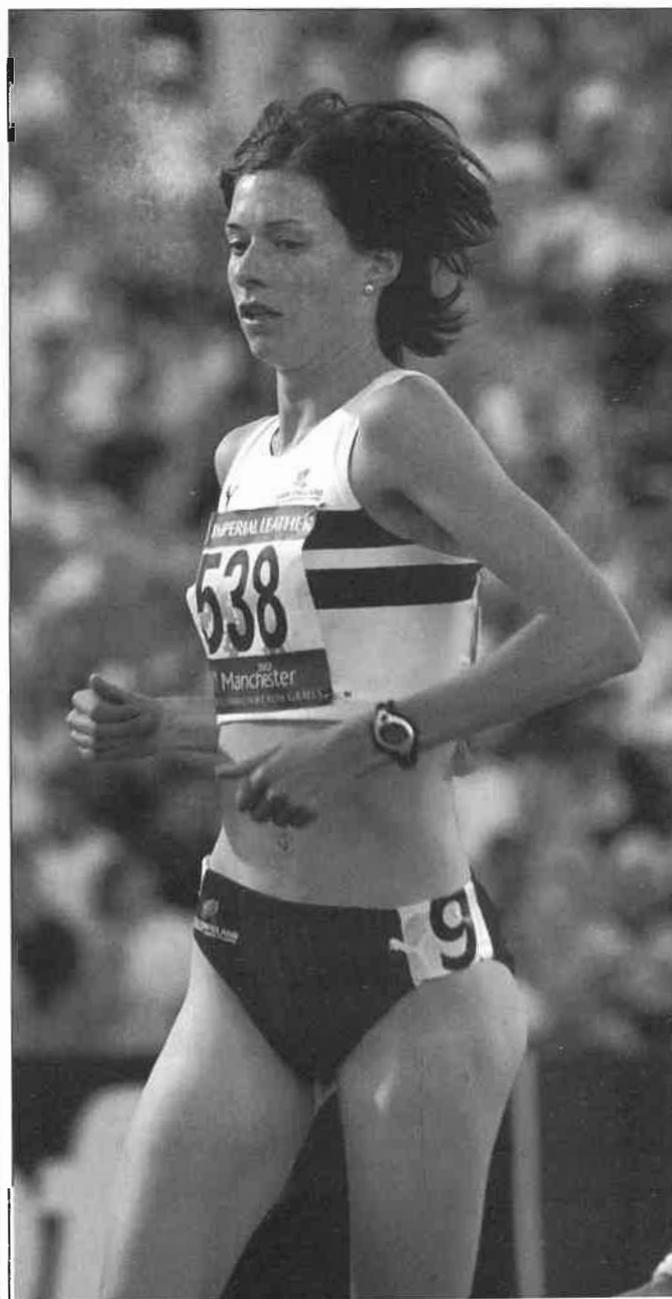
**Above:** Representing Wales, Emma Davies reduced the Belgrave best for 800 metres twice at Manchester City Stadium. She was placed 4th in her heat with 2:04.2 and then clocked 2:03.93 to run to 6th in her semi-final.

**Above right:** Setting new Belgrave standards in all that she does, Shelley Newman became Belgrave's first ever female medallist at a Commonwealth Games, taking bronze in the discus with 58m 13cm. Husband Lee was 11th in the shot and 8th in the discus.

**Below:** Heptathlete Julie Hollman set a tremendous score of over 6000 points in the Multistars Meet at Desenzano del Garda, Italy, in May but was beset by problems when the major Games came around later in the year and unable to reproduce her best form.

**Right:** Catherine Berry set a club best for 5000 metres at the trial, placed 10th in the Games, and improved her best again at the Crystal Palace IAAF Grand Prix. Latest news is that on May 17th 2003 at Gresham, Oregon, she improved yet again to 15:30:25.

All pictures by Mark Shearman.



## Gordon Doubleday 1912-2001

**G**ordon, who died 15th June 2001, aged 89, is best described as one of the great all-rounders of Belgrave. He started by running in a novice race in 1934, went on to be a more than useful Club runner over road and country; converted to walking to very good effect; played a decisive role in the administration of the Club; was President for 1969/70; a fount of all knowledge on things Belgravian, and was in great demand by other bodies such as the Centurions and the Road Runners Club.

Above all this quiet man enjoyed his athletics, was proud of his Club, and was a regular contributor to our club magazine as well as serving a spell as Editor. A useful man in a team when at his fittest he will be best remembered for the part he played in the team which won the "Junior" National Walk in 1939 and the several occasions when he was the key fourth scorer in Surrey County Championships which were, usually two horse races between ourselves and Surrey WC. "Doub" could be relied on to know what was required and then to deliver the placing - on occasion due to the absence of our stars.

His spell as Hon Treasurer, from 1950 to 1952, was after a wartime move to Exeter where he became involved with the local club. Life Membership was bestowed on him in 1952. Among his other attainments was the Club Honours badge for his marathon performances and his membership of the Centurions that exclusive body of people who have walked 100 miles in 24 hours, which he accomplished in the London to Brighton and back race in 1947.

In later years Gordon retired to just outside Bath and typically became involved with local Clubs and events while, until ill health prevented it, he would return to Wimbledon for our more important fixtures as a timekeeper or recorder. On these occasions he was ever ready with recollections of races he had seen, and athletes he had known. A fund of tales which he always related in a quiet manner. In addition he kept in touch with a wide range of members and was always keen to hear the latest news or answer our queries.

It is only fitting to end this tribute with the words written by the late Alf Harley in the Belgravian of December 1969, ending his description of "Doub" as the new President "All this, plus his pleasing personality, his ability to enthuse, and his great loyalty to Belgrave make us fortunate indeed in our selection of President." A tribute those who knew him would all endorse.

*Eric Hall*



Gordon Doubleday, pictured at the time he was President in 1969

## Les Stokell 1919-2001

**L**es Stokell passed away at Sidmouth in Devon on 20 January 2001 in his 82nd year. He was an active club member in the early post-war years, having joined the Club at the age of 27 in 1946. He ran in successful Belgrave teams in the Southern Counties and National Cross Country Championships and the London to Brighton Relays, as well as in the South of Thames race one year when he came in 7th. During a spell in Canada he broke the Canadian 10 mile record on the road in 48 minutes 45 seconds. The course was measured afterwards to confirm the accuracy. He was contemporary with Arthur Penny, Bert Footer, Vic Blowfield, Ted Stimpson, Charlie Smart, Harry Shields, Len Marchant, Bill Lucas, my brother Len and many others. They were good years for Belgrave.

A professional soldier before and during the War, Les became a Sergeant Major in the Royal Marines and was involved in the storming of southern Sicily at Anzio before the beach-heads were secured. He also took part in the post D-Day landings at Walcheren on the Netherlands coast, finishing up with the loss of two fingers and a shattered shin to his left leg. He took part in other actions and was lucky to "make it".

To put it mildly, Les was a hero, but he would never agree to that. He was a most modest and matter-of-fact chap with a fund of stories to tell in his dry humorous way.

Charles Leslie Stokell grew up in Eltham with his two brothers and three sisters. His exploits with his childhood "gang" were comparable with those of William Brown of Just William fame and he would often regale his family with these stories and have them crying with laughter.

So much can be said of Charles, the adult, affectionately known as Les (or "blockhead" if you were one of his pupils). He was an extraordinary and unique man, a man's man, a non-conformist, some might even say eccentric - half a step out with the world but ever confident that it was they who were out of step with him.

He was undoubtedly a very brave man. He signed up for the Royal Marine Commandos and fought all over Europe and in the Atlantic from 1939-1945. Notably he took up his part in D-Day after shinning down a drainpipe at a hospital, "discharging" himself after yet another major injury, to ensure he would be with his comrades.

The loyalty and respect he inspired during his time with Royal Marine 41 Commando is legendary, as are his own actions of extreme heroism. "The best days of my life" he would continue to say right up to the end.

Amongst his awards was the Military Medal, awarded for outstanding courage in the field, but it was typical of Les that he would never disclose, when badgered by his children, why he was given it, telling them that everyone who was there got one. Friends and family were rarely given true accounts of the action he had seen unless it gave rise to a funny story. But those who were there and are still alive today know the truth and bear witness to his remarkable courage.

From his earliest involvement as a Physical Training Instructor in the Royal Marines, he became a first class national and international athlete and sportsman. He qualified as a teacher specialising in games and later, also, mathematics. An interest in antiques first had him running a Sunday stall in Petticoat Lane, then a shop, Mr. Bumble's, and finally setting up his own antique market with Dot in the village of Henfield, West Sussex. Nothing in his home was considered safe from the stock list, even if nailed down and his family learned to lock away their treasured possessions from a very early age.

So many people knew and loved Les. A fellow teacher from Archbishop Tenison's, where he spent the major part of his teaching career, said colleagues would have gone through fire and water for Les. They considered it a privilege to have known him. Not a man to suffer fools gladly, but one who would always open his heart, (which was large) to anyone who genuinely wanted to learn. He had a wonderfully dry sense of humour but was never able to tell a funny story without the give-away creasing up of one eye.

We pay tribute to a rare individual, a man with a fierce indomitable spirit. We pay tribute to Les Stokell. May he now rest peacefully.

*Eric Herbert*

## Bill Couzens 1936-2002

Complications arose when Bill went to work at Rosser & Russell where his father worked and was also known as 'Bill'. So our Bill used his middle name of Jim and this stayed with him for all his professional working associations. Bill met his 'wife to be' Gwen at work so she also knew him as Jim. I met Bill at the age of thirteen when we started together at Christopher Wren School.

Evidence of Bill's competitiveness, his perseverance and doggedness was seen early on when he entered the school boxing championships and put up an extremely good performance against the best in the school who was taller with a longer reach and later frequented fairgrounds to battle for prize money. Bill and I enjoyed many camping weekends together at Ashtead Forest, Walton on Thames, the river Mole and many others. He also enjoyed the 3rd Fulham scout camps and made many friends. It was at this time Bill started his life-long interest in fishing.

On leaving school at 15 years he started an apprenticeship with Rosser & Russell to train as a heating and ventilating engineer.

Bill joined Belgrave Harriers at 16 years of age – more about this later. Music of many types has always played a large part in Bill's life. I remember the times when, at Baron's Court at the Couzens' family home, Bill, George Stanley, Pam's 'husband to be' and myself would drive his parents and sisters Pam and Sylvia crazy with our attempts to play skiffle, imitating Lonnie Donegan. Many years later at Belgrave Hall a much-improved group was formed with Bill on guitar and this group was affectionately known as the 'Swinging Jockstraps'. Bill did his National service at 20 years of age, joining the army and representing them extensively in athletics.

Gwen and Bill were married in 1961 and their family was completed with the arrival of Tina and David. Years of family happiness followed of which many people would be envious.

Bill wanted a dog when Tina and David were young but he wanted one that was good with children so he got a Great Dane that he called Jason. The dog was huge and when it laid down in the lounge it more resembled a horse. At this time Bill had a small boat on the Thames and Jason always wanted to be with the family and was sad if left behind – but he was terrified of water. Bill always had the dilemma of whether to leave Jason behind or make him walk the plank each time in a nervous state. Jason nearly always went with them! For nearly twenty years Bill and Gwen with John and Jenny Martin have held together a camp over the August bank holiday in the New Forest. This has always been well supported by Tina, Tony and the children, David and Stephanie, along with other members of the family and many friends. There was one occasion when there were at least thirty people present.

Bill and Don MacLean inaugurated the Denmark Pot Darts championship as far back as 1963 and Bill has had an enviable eleven wins.

One extremely amusing incident occurred when Bill was on holiday on the Norfolk Broads. He attempted to take a rather large cabin cruiser under Potter Heigham Bridge. There was not quite enough headroom and the boat became wedged under the bridge. It happened alongside a pub garden where there were plenty of onlookers. So Bill quickly invited them aboard, this lowered the boat in the water enough for it to pass safely under the bridge and on its way.

Bill's athletic career started at the age of sixteen with Belgrave Harriers when he ran mainly cross-country. Following his spear throwing antics during our primitive camping weekends the inevitable progression was made to the javelin which became his main event. He threw the javelin 170 ft (52 metres) and was club champion in 1961, 1962 and 1971.

He also represented Belgrave in the discus, shot, hammer and pole vault scoring many valuable points for the club, to which he became devoted. As a veteran Bill ran two London Marathons, beating the 3.5 hour mark.

Bill served the club in many ways for many years and was very proud when he was made Club President in 1975. More recently he was elected General Secretary. His services to Belgrave will be greatly missed.

Bill always put tremendous effort into all he did. He was fiercely proud of Tina and David and he was devoted to his grand children Jack



Bill Couzens, competing in the Club Championships of 1974.

and Katie with whom he loved to be with.

Bill took it very badly when Gwen died nearly five years ago. They were such a close and devoted couple and Gwen had always supported him in all his endeavours. Bill was always very heavy on emotional feelings. Bob Taylor, whose close friendship with Bill stretches from the fifties, was again very supportive in the period that followed as he started rebuilding his life.

Most people will be aware of Bill's recent cycling exploits. Reaching a very high standard, he remained as competitive as ever. It is not possible to name all the people who meant so much to Bill – there were so many! Bill was always considerate of those around him. He was extremely conscientious in his work as with all that he attempted. His standards were very high. He had great strength of character. He could, when required, be strong and firm but he had a very kind, soft centre. He commanded respect because he earned it. Bill expected little but gave everything. He was a perfect friend.

*George Flanagan*

### *Snowy Brooks takes the "Denmark Pot"*

As mentioned on this page, the late Bill Couzens was jointly responsible for the instigation of our Darts Championship and it was fitting that the 40th competition for the "Pot" was won last December by Bill's colleague in many a field event - Snowy Brooks. Multi-eventer Snowy convincingly won when all the normal favourites fell by the wayside early and he was left as the outstanding player on the night, beating Cross Country Captain Roger Alsop in the final.

## Stan Davies (1914-2002)

It is with much sadness that we have to announce the death of Stan Davies, who died on the 25th September 2002 from a heart attack, aged 88 years.

Stan was born in Leamington Spa on 13 October 1914 but while still a young lad the family moved to Nutley in Sussex when his father took a job as head groomsmen on a country estate in Ashdown Forest. It was here that his running career really began as he ran a mile or so across the fields, back and forth to school each day. He also played football for his school and youth teams, as well winning several trophies for boxing.

After leaving school his early career was 'in service'. In 1938 he married Joan, with son David being born in 1939, to be followed later by daughters Susan and Elizabeth.

With the outbreak of the Second World War Stan soon found himself in the Army and as a member of the Service Corps, was one of those who helped drive the enemy out of the occupied island of Guernsey. After the war he became a Bank of England Messenger and ran for their sports club as well as Belgrave.

Like most of his contemporaries of that era, Stan ran road, cross country and track throughout the year. He was a key member of our teams and achievements at that time. He came 73rd in the National Cross Country Championships and held three consecutive Surrey Road Relay medals, a feat which he believed had not been achieved by others. He was also pleased to recall how he got the better of Tom Carter on several occasions. In the fifties he was Track Captain and was later made Vice President of Belgrave.

Stan was one of the true gentlemen of Belgrave, never pushing himself or his training methods forward but was always willing to help and spend time with anyone, particularly young runners, who sought his advice. I myself can recall many Saturday afternoon runs with him over The Common and Richmond Park just after joining the Club.

Quiet man Stan might have been, but he certainly had his moments. On one occasion while training on Tooting Bec Common he heard screams and saw a man molesting a young woman. On seeing Stan approach the man shouted that he had a gun, and ran off. Stan, not wishing to tangle with him at close quarters gave chase and

literally ran the man 'into the ground' before he finally collapsed exhausted and gave himself up. He was duly handed over to the police and Stan was subsequently commended by Balham magistrates for his actions, although he never did receive any word of thanks or appreciation from the girl or her family.

On another occasion after a hard training run on Wimbledon Common and anxious to get back to the Hall for a good shower, he managed to stop a runaway horse, but was then left wondering what to do with it!

His dedication to Belgrave was never in doubt. Once, in hospital with a poisoned tooth, he calmly informed the doctors that he "had to be out by Saturday in order to run the London to Brighton Relay", the first time he had been selected. Much to his disappointment he was duly told to stay put!

After retiring, Stan and Joan moved to Newmarket, Joan's home town. This gave him the ideal opportunity to indulge in his other life long hobby of horse racing, no doubt strongly influenced from his early days in Nutley. He was very widely read on the history of horses; horse racing and jockeys, and would often 'pop in for a flutter' at the bookmakers, while out shopping.

Like his family, we will treasure the memories of Stan, and his efforts on behalf of the Club, and offer to Joan, David, Susan, and Elizabeth our sincere condolences.

*Gordon Biscoe*

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*Below: A Belgrave group at Tooting Bec track on 14 August 1949, with Stan Davies, sitting, second from the left.*

*Left to right, back row: Alan Sexton, Len Adams, Tom Morrell, Archie Bedford, Johnny Morrison ?, --, --, --, Doug Briggs, --, --, George Isaacs. Front row: --, Stan Davies, J.Lacey ?, George Stace, Ron Mitchell.*

*If anyone can confirm the names or fill in any of the blanks we'd most be pleased to hear from you.*



## Bert Stroud 1932-2002

A quiet, thoughtful man, often laughing and quite unable to take offence at any of the dressing room banter, Bert Stroud will be sorely missed up at the Hall. He died on Thursday 14th November 2002 in his 71st year and had enjoyed nearly 38 years of Belgrave membership.

Bert was born in Fulham on 8th June 1932 but later moved to Merton where he attended Rutlish School. Leading an active life from an early age, he was always keen on cycling and walking and was a member of the Wimbledon group of the Youth Hostels Association from the mid-1950s. It was on a group visit to Winchester YHA that Bert shared fellow group member Margaret's soup and so began an enduring partnership. Before long they were married and both became life-members of the YHA.

Working in the insurance business, Bert was respected by all who knew him in the numerous threads of his life. He was active with many groups including Crisis FareShare - a body who obtain food near its "sell-by" date and distribute it to centres for the homeless and under-privileged; Critical Mass - described as a movement of bicycles; Concern Worldwide - whose aim is to help absolutely poor people achieve major improvements in their lifestyles; Amnesty International - the voluntary human rights movement for whom he carried out administrative work. Bert was a caring man who did a lot of good things, quietly.

Music was another passion - all sorts - folk, jazz and classical - and at the age of 60 he took up playing the guitar.

Bert joined Belgrave Harriers in January 1965, introduced by Mike Blackwell, and soon became a regular in club and league cross country and road races. He never had any pretensions about becoming a star, plugging along gamely in the back third of the field, but as he aged an unusual phenomenon began to manifest itself: he just didn't seem to slow down! With each new veteran age group that he entered, his talent shone brighter and his lean, angular frame was seen loping along closer and closer to the front of the field. Eventually, in 1994, in the 60-65 age group, Bert was a member of our winning team in the BVA National Cross Country Champs.

The onset of Bert's illness was quick. He was walking with his club mates on Exmoor back in May and enjoying his folk music and dancing. In November, three days before his death, he went into Richmond Park for the last time, by wheelchair, and entered the Princess Alice Hospice the day before he died.

Our condolences go to Bert's wife Margaret who shared his many interests, including membership of Belgrave Harriers, and to their sons Kevin, Mark and John.

## Jean Hutcherson 1925-2003

We regret to announce the death of long time member Jean Hutcherson at the age of 78. Jean spent nearly all her life living in Wimbledon. On leaving school she was advised by her parents to apply to study at Pitmans College to equip herself as a secretary. But Jean was having none of that and took a job at the Wimbledon store Elys - until she realised that it was secretarial work she preferred and, having made the decision herself, did indeed study at Pitmans.

Her career took her to the British Broadcasting Corporation where she was involved in the administration for the children's programme Blue Peter. Later she became secretary to David Coleman, the athletics commentator, and travelled with the BBC team to the Olympic Games. Her interest in athletics was born.

Jean was a member of Selsonia Ladies Athletic Club until that club disbanded. She then joined Belgrave Harriers in 1983. Always closely associated with our fledgling women's section, she became our Officials Secretary and was regularly to be found beavering away in the old caravan at Battersea Park, working out the results at Thameside League and home Women's Southern League matches. She very often travelled to away fixtures with the women's teams where she willingly became part of our field events judging team.

Jean was very much involved with the Surrey County Athletic Association and had been Secretary to one of that organisation's forerunners the Surrey County Women's AAA from 1973 to 1990 and their President in 1985.

## Brian Nott 1934-2003

Sadly we must also report that Brian Nott, a regular Belgravian from the '60s but who was actually first-claim for Ranelagh Harriers, died in February this year.

He was employed by the Westminster Bank and on the surface seemed the archetypical bank clerk but on 12-Stage Relay days - held until the mid 60s over the London to Brighton course - he came into his own during the wild post-race celebrations at the infamous Black Swan where his repertoire of doubtful ditties was hard to match. We can see him now standing on a table with the late Don McLean and leading the assembled throng ... "*My... father was the keeper of the Eddystone Lighthouse ...*"

Brian travelled with Belgrave on the trip to Germany in 1964. Unable to obtain the required time off work - he simply took it. Two weeks later he turned up at work to find that he had still got a job, just, but was posted to a branch in north London.

Persistent foot trouble stopped Brian from putting together enough good training to realise his potential but he showed good form during the 1957-58 season when he beat an unfit Gordon Pirie - a fact he delighted in reminding us of for many years after. In 1962 he beat 2 hours for 20 miles and the following year completed the Polytechnic Marathon in 2:39:49. Twelve months later he improved this to 2:34:55 but his best ever performance came in 1965 when he was 8th Briton home over the Windsor to Chiswick course in 2:27:56.

### Quick-thinking Fred saves drowning toddler.

It's some time ago now, August 2001 to be precise, but we must record the valiant action of Fred Riach.

Enjoying his Monday afternoon jog through Battersea Park, Fred Riach was galvanised into action when he heard a splash and saw a two year-old girl struggling face down in the lake. While the girl's mother screamed hysterically Fred leapt into the water to save the choking youngster. Within minutes the drama had a happy ending as the spluttering child was restored to its mother. "I was just in the right place at the right time," said Fred, "I didn't have time to think - I just plunged in." Fred's colleague Gareth saw it another way: "Fred's quick-thinking saved the girl's life. He's a hero."

### Tommy Green Cup - Dwain Chambers and Mick Jones

This year the jury was split and the trophy was awarded jointly to two men. Dwain Chambers has proved that he is a big time athlete. Six times he came up against Maurice Greene, at that time the World Record holder, and five times the Belgrave man came out on top. Had Dwain not lost to the USA's Tim Montgomery in that World Record breaking race at the IAAF GP Final, then he would have been officially rated no. 1 in the world. As it is, he is clearly no. 2, having equalled the European and UK 100m Records with 9.87. For his European Championship win Dwain is ONE of the men whose name will be engraved on the Tommy Green Cup for 2002.

The citation on the cup reads "for the most meritorious performance of the year". And performances don't come any more meritorious than those set by the man who has aptly been described as one of the most popular men in our sport - hammer man Mick Jones. Mick has been an international since 1984; he has competed in World, European, Commonwealth and Olympic Games. Five times he has been AAA Champion. In 1998 he came home from Kuala Lumpur as silver medallist; but in 2002 he capped a marvellous career by winning the Commonwealth Games Hammer Throw and for that performance Mick was jointly awarded the Tommy Green Cup.

### The Centenary Cup - Vernicha James

Vernicha James set senior club records at 100m, 200m and 400m in 2002. She represented Britain in the Spar European Cup Superleague, won the Commonwealth Games 200m trial and ran in the bronze medal winning 4x100m team in Manchester. In the World Junior Championships she collected a unique set of medals - bronze in the 4x400m, silver in the 4x100m - and gold in the individual 200m. And for that World Championship win in an outstanding 22.93, Vernicha was awarded the Centenary Cup for the best performance of the year.

## Arthur Whitehead 1913-2003

Arthur Whitehead was born in Hindhead, Surrey, on 10th April 1913. He attended King's College (Wimbledon) Preparatory School and then Sedbergh School in Cumbria. On leaving school, he entered the legal profession and qualified as a solicitor in 1937 before the outbreak of the Second World War.

During the war, Arthur saw active army service for several years, and as a captain in the Black Watch Regiment partook in the Allied Invasion of Europe in June 1944. Shortly after the Normandy landings he was horrifically wounded and was hospitalised for several months. He was subsequently discharged from the Army on account of these injuries. (In addition to severe shoulder and arm injuries, Arthur was left with a permanently damaged right hand - which necessitated him to learn to write with his left hand - and a 50% reduction in capacity of one of his lungs.)

In the Spring of 1945, Arthur moved into Lauriston Cottage, adjacent to his stepmother's home, Lauriston House on Southside, Wimbledon Common. By coincidence, in the Autumn of 1945, Arthur noticed the regular gathering of runners on the Common just outside his cottage. These runners were, of course, Belgrave Harriers, and Arthur decided that perhaps gentle running might assist the recovery from his war injuries. Arthur duly "signed up" and his long association with Belgrave had begun!

Arthur's initial outings were in the company of Joe Deakin (gold medallist 3 miles team race 1908 Olympics!) and Joe's young grandson Joe Cleverly, both members of Surrey A.C. (It should be remembered that during the war years and just after many running clubs had no facilities whatsoever - but Belgrave Hall remained open to runners of all clubs during this period.)

Arthur described his training group as an "odd trio equally handicapped by old age, youth and injury" but they ran regularly from the Hall and at Tooting Bec track. As Arthur's injuries improved, so he advanced to the Belgrave "slow pack" (led by George Still) and then further to the "medium pack" (led by, among others, "Champ" Smith).

Arthur's training programme was augmented by regular early morning runs across the Common for a brief swim in Queensmere. Further outings were made by Arthur's running group on evenings when the Hall was closed by utilising the sitting room and bathroom of his cottage. Group running from Lauriston Cottage had begun!

By now, Arthur had started racing in both club and inter-club cross country races and he ventured further when he competed in long distance road races in 1949. There were few long road races at that time, but among them were the Mitcham 15, Wigmore 15, Finchley 20, Surrey 20, Kent 20, Chichester to Portsmouth 16 and, of course, the

Windsor to Chiswick marathon. Arthur and his road running group (now comprising Denis Brickwood, Geoff Pearson, George Chantler, Wally Wortly, Arthur Penstone, Bob Plummer and Joe MacDonald among others) ran all these races over the next few years.

Arthur's best performances all came in 1953 when he recorded the following times:

Surrey 20 miles - 2 hrs 06 mins  
Windsor to Chiswick Marathon - 2 hrs 49 mins  
London to Brighton - 6 hrs 44 mins (in 15th place)

As a matter of interest, Jim Peters won the above Windsor to Chiswick marathon in the then world's best time of 2 hrs 18 mins 40.2 secs.

At this time, interest in road running was increasing and in 1952 the Road Runners Club was formed. The main instigators were Ernest Neville and John Jewell and Arthur was elected to the initial committee. The RRC had an enormous influence on the expansion of road running in the UK and still functions to this day. For many years, the RRC newsletter was typed on stencils and then duplicated on an old "Roneo" machine before being enveloped and posted to several hundred RRC members.

The year 1952 also saw the "birth" of the first Belgrave 20 with Arthur as the organising secretary. It proved very popular and was described as "a first class organisation" by Athletics Weekly. The race, of course, continued for some 40 years, before dwindling interest and increasing traffic problems caused its closure.

In 1954, Arthur organised the first Lauriston Christmas Paarlauf ("paired relay"). The suggestion for the race came from Charlie Smart who had enjoyed such races while serving in the Control Commission in Germany. The race proved very popular (especially with hot punch and mince pies afterwards!) and continues to the present time. Christmas 2003 will see the 50th running of the race now organised by Lauriston Runners Club.

By 1956, an increasing number of runners were using Arthur's accommodation at Lauriston Cottage. Not only runners for Belgrave but from other local clubs too - Ranelagh, Surrey A.C., S.L.H., H.H.H., Mitcham, Poly, Wimbledon A.C. and Hercules A.C. amongst them. On regular occasions, the cottage became the temporary home for visiting South African teams participating in the annual London to Brighton road race. At times, the cottage was full to the rafters!

However, following the death of Arthur's step-grandmother in 1958, Lauriston House was sold for re-development but Arthur retained his cottage and acquired the cottages adjoining his own. The rear of the property was developed with a proper changing room, showers and toilets in 1962, and further enhancements have been made over the years. Furthermore, to bring some



Left: The caption with this photograph tells us that this is the first London to Brighton run - August 18th 1951. Arthur Whitehead wears 56 with training and racing companion Arthur Penstone wearing 42. We don't know where they finished on this occasion but the following two years also saw Arthur Whitehead taking part in this 51.75 mile race: he ran 6:44:23 for 15th in 1952 and 7:14:58 for 21st in 1953.

measure of control over the runners using the facilities (sometimes between 50 and 60 on Sunday mornings) Lauriston Runners Club was set up in 1966. Although members have contributed financially by way of subscriptions and donations over the years, the vast majority of the financing came from Arthur. His generosity was extended further when in the early 1990s the freehold of the running quarters of Lauriston Runners Club was donated to the Club. The Club continues as before - open seven days a week - with membership being open to runners of all clubs.

(It gave Arthur particular pleasure to see the success of runners using the facilities ... Olympic, European, Commonwealth and National Champions together with world record holders.)

Over many years, it was a regular practice of Arthur to organise long weekends or holiday weeks in the Yorkshire fells and Lakeland fells. Accommodation was either under canvas or in a rented cottage. Daily outings (or "rounds" as Arthur described them) of 20-30 miles in the tough terrain were the plan. Arthur was in his element in the hills with extraordinary strong legs and breathtaking speed downhill. He was particularly pleased with one "round" consisting of a route round the three mountains in the lakes - Scafel Pike, Helvellyn and Skiddaw - a distance in excess of 50 miles, achieved by a small group in 1959.

Although, Arthur's racing activities ceased in the mid-1950s, he decided to have a "final fling" in 1980 some 25 years after his last race. Thus, in the over 65s National Cross Country Championship at Wolverhampton in March 1980, Arthur emerged as National Champion, at the age of 66. (The following day, a congratulatory telegram arrived from Steve Ovett cautioning Arthur "not to talk to the press!")

Arthur retired from his legal practice in the early 1970s, but continued to run almost daily until his late 70s.

In 1989 he left Lauriston Cottage to live in the town of his old school in Sedbergh, Cumbria. He continued with less strenuous "rounds" in the local fells, but in latter years had to content himself with gentle walks.

Sadly in March 2003, Arthur sustained a severe stroke and passed away on 24th April 2003, just two weeks after attaining his 90th birthday.

Arthur's passing will be mourned by vast numbers of runners and officials not only in the UK but overseas as well. He will be remembered for his kind hospitality, great generosity and wise counsel but, above all, for his courage and determination in overcoming his war injuries. We bid farewell to Arthur Whitehead - a runner and a gentleman.

*C. Dabbs*



Outside Arthur Whitehead's cottage on a Sunday morning in 1963. Back row: Brian Nott, ?, ?, Arthur Penstoné, Ken Miller, Charlie Smart. Front row: Bill Kerr, Ron Linstead, Trevor Hart.

## Thanks and apologies

The Editor wishes to thank those who have gone to the trouble of taking photographs at many of our track, road and cross country fixtures - in particular Rex Bale and Leo Coy. Regretably we have not been very successful in converting these colour pictures to black and white digital format images so have not been able to use them for this magazine - although rest assured, they are being filed away in our archives.

It is possible to have special plates made but this increases the cost of the magazine tremendously whereas monochrome digital images can be reproduced in the magazine at no extra cost at all.

## Adelaide Calling - an Old Belgravian makes contact

"Watching the Commonwealth Games on TV my mind went back to the 50's and early 60's when I wore the claret and gold. In this nostalgic mood I trawled the net and found your excellent website.

I was saddened to read of the passing of Bill Couzens, who was a contemporary. I was an 880 man and he was a spear chucker but we ran as juniors in the Middlesex cross country championships with Derek Crookes, George Flanagan and Jimmy Radford under the supervision of Bob Taylor, a miler and half miler of some distinction before illness cut his career short. In the late 50's into the early 60's I co-edited the Belgravian with Clive Shippen and was a committee member under such people as Alf Harley, Bill Lucas, Tom Carter and Arthur Penny.

After University and marriage I emigrated to Australia and severed my links with the Club which has clearly become a successful and highly competitive outfit. Congratulations to you all.

Any contacts you can make for me would be much appreciated. As memory joggers I went to Sloane Grammar School and Queen Mary College, won the boys, youth and junior medal competitions at the club, trained at Battersea and Hurlingham, won the All England Schools 880 in 1958 but never did much as a senior.

I would love to hear from anyone around at that sort of time."  
Regards, David Mitchell e-mail: dm\_mitchell@bigpond.com

## Frank Ward and the "Blackstaffe" are back.

In the dark days of the winter of 2001-2002 our Cross Country Team Manager scoured London in an effort to find the whereabouts of our two long lost cross-country trophies - the "Macher" Shield and the "Blackstaffe" Shield. The former was found in the cupboard under the stairs in the home of a previous winner. But all hope was given up of ever recovering the prize for our 7 mile Championship from 1910 until the early 1990s - the "Blackstaffe".

However, one summer Saturday, while driving down to Worthing for a Women's Southern League match, Bill Laws spotted a likely looking runner springing gazelle-like along the A24. And didn't this runner have a very familiar style... Bill pulled over and waited ... and sure enough it was exactly the man he thought it was: Frank Ward, a champion in our races several times and at one time our Hon. Treasurer. We have not had any idea of his whereabouts for nigh on a decade now.

Frank immediately agreed to come along to his local Worthing track later in the afternoon and there he met up with any number of Belgravians who were delighted to see him again. Tea at the Ward household followed and there Frank announced that he would have great pleasure in handing over to our CC Team Manager a certain trophy that had been lying under his bed these 10 years past - The "Blackstaffe Shield". Frank sends his kind regards to all those who remember him and hopes very much to meet up with them at some future function.

## Vernicha James attends Buckingham Palace

In October 2002 the presentations for the UK Athletics Athletes of the Year 2001 took place and Vernicha received the Nelson Neal Memorial Trophy from HRH The Duke of Edinburgh for her win in the European Junior Championships of 2001 where she took the 200 metres title in 22.93.

## February 2001

03 Claremont-Mudd-Scripps Alumni Meet, Claremont, CA USA. 100m: 1 J.Culley 12.47. 300m: 1 J.Culley 38.22.

## March 2001

02 IAAF GP II, Melbourne, Australia. 800m: 7 J.Lobo 1:50.83.  
10 San Francisco State University, USA. 5000m: 5 B.Poore 14:49.27.  
18 Havering Mayesbrook Winter Warmup. 80m: 1 M.Russell 9.3. 150m: 1 M.Russell 16.1.  
21 Rotherham Open Meeting. 3000m: P.Freary 8:35.7; R.Hayman 8:50.9.  
23 IAAF GP II, Pretoria, South Africa. 3000m: 6 J.Lobo 8:14.62.  
24 Crawley Open Meeting. HT: 1 M.Jones 72.28. U17M 150: 2 J.Regis 17.3.  
31 Stanford Invitational, Stanford, CA USA. 10000m: B.Poore 31:13.43.  
31 Rice Bayou Classic, Houston TX USA. 800m: dnf A.McLean Foreman  
1500m: 2, A.McLean Foreman 3:54.33.

## April 2001

01 Havering Mayesbrook Winter Warmup. 100m: 2 M.Russell 11.0.  
07 SETC Throws Pentathlon. W65 B.Dunsford 1901 (HT/16.98, SP/5.12, DT/10.80, JT/9.12, WT/6.56).  
07 Belgrave Schools Meeting, Battersea Park. Boys. 100m: 1 G.Wilson 11.9. Girls. 1500m: 2 C.Olawore 5:35.4.  
08 Hercules Wimbledon YA Meeting, Crystal Palace. U17W. 100m: S.Murray Burton 14.0. U15G. 100m: C.Foster 13.8; S.McGregor 14.1. 800m: 1 L.Collier 2:21.8. U15B. 1500m: 9 P.Cowling 5:04.7; 15 J.Kirton 5:15.9. HJ: 9 R.Collier 1.40. JT: 8 R.Collier 22.83.  
11 VAC Meet, Battersea Park. 1500m: 6 R.Bale (M55) 5:41.6; 7 J.Searle (W40) 5:45.5. 5000m: 3 B.Holmes (M40) 18:13.1; 7 R.Bale (M55) 20:23.3. SP: 1 M.Small (M45) 13.03; 1 V.Thompson (W45) 9:27. HT: 1 M.Small (M45) 44:54; 1 V.Thompson (W45) 23.46.  
14 Torreveja, Spain. JT: 5 S.Faben 69.27.  
14 Shoespring/Audiovox Invitational, El Paso, TX USA. (altitude) PV: =7 B.Flint 5.05. Women. PV: 1 L.Webber 4.00.  
14 Azusa Pacific Meet of Champions, Azusa, CA USA. 200m: 2r2 C.Rawlinson 21.67+2.4. PV: 5 I.Tullett 5.05. Women: 3r1 V.James 11.43+3.4. 200m: 1r2 V.James 23.61/3.1.  
15 Tom Lintern Medals Meet., Crawley. U20M SP/DT: 1 G.Springs 13.46/34.10. U17W 100m: 1r2, A.Onuora 12.5.  
16 Tonbridge Open. M40 DT/HT: 1, M.Small (M45) 38.19/41.02.  
21 Long Beach State Invitational, Long Beach, CA USA. PV: =5 I.Tullett 5.07.  
21 Woody Davis Invitational, Davis, CA USA. 5000m: 6 B.Poore 15:02.19.  
21 Harvard vs. Yale, Allston MA USA. 800m: 1 A.McLean Foreman 1:53.79. 1500m: 1 A.McLean Foreman 3:53.53.  
21 Mount San Antonio College Relays, Walnut, CA USA. Women. PV: =21 L.Webber 3.66.  
21 Michael Johnson/South Western Bell Classic, Waco, TX USA PV: 10, M.Edwards 4.90.  
21 Alfaz del Pi, Spain. JT: 3 S.Faben 72.25.  
24 Trafford GP. 3000m: 1 P.Freary 8:26.7; 5 R.Hayman 8:47.9.  
26 Cal State, Fullerton, CA USA. 100m: 7r2 C.Rawlinson 11.16/1.6. 200m: 4r2 C.Rawlinson 22.09/1.9. Women. PV: =1 L.Webber 3.96.  
28 Sheffield Open. U17W. 1 A.Spencer 11.9. 200m: 1 A.Spencer 24.2.  
28 Loughborough Open. 800m: 1 C.Moss 1:58.1. 1500m: 2 A.Zawadski 3:52.7. LJ: 2 J.Flynn 6.71.  
28 Hammerama, Colindale. Comp. 1 1 M.Jones 72.88. Comp. 2 1, M.Jones 71.33. Contenders Comp. 1 2, J.Osazuwa 57.77. Comp. 2 1 J.Osazuwa 61.82.  
28 Women's Southern League Division 3 Match 1, Battersea Park. 1 Belgrave 225.5; 2 Aldershot F&D 168; 3 South London H 136; 4 Croydon H 132; 5 St Albans 108.5.  
100m: 1 A.Onuora (U17) 12.4; 2 J.Bernard 13.2. 200m: 2 J.Culley 27.0; 1 J.Bernard 28.0. 400m: 1 J.Culley 55.2; 1 N.Smallwood 65.6. 800m: 1 V.Goodwin 2:23.8; 2 J.Searle (W40) 2:43.5. 1500m: 2 S.Stracey 5:13.7; 1 D.Hearn (U20) 5:30.5. 3000m: 1 T.Sturton 11:39.1; 2 J.Emery 13:48.7. 100mH: 1 E.Erharuyi 15.4; 2 D.Briggs (U20) 19.7. 400mH: 1 E.Erharuyi 60.6; 1 D.Kandoros 72.8. HJ: 1 M.Knight 1.65; 1 M.Nestor (U17) 1.45. LJ: 2 M.Knight 5.09; 2 L.Antill (U20) 5.06. TJ: 1 M.Knight 11.03; 1 M.Nestor (U17) 10.66. PV: 3 D.Kandoros 1.60. SP: 1 S.Drew 11.55; 1 V.Thompson (W45) 9.65. DT: 1 S.Drew 54.70; 2 V.Hassell 20.22. JT: 1 S.Cruz 47.16; 1 P.Cruz 32.69. HT: 4 V.Hassell 29.96; 3 K.Collier 15.08. 4x100m: 2 Belgrave 53.2 (D.Briggs U20, M.Nestor (U17) J.Bernard, A.Onuora (U17)). 4x400m: 1 Belgrave 4:10.1 (V.Goodwin 64.0, N.Smallwood 65.6, J.Culley 62.2, E.Erharuyi 58.3).  
U17W. 80mH: 2 M.Bentley 15.8. 300mH: 1A.Forsythe 47.3.  
U15G. 100m: 2 S.McGregor 13.7; 3 S.Kemp 14.4; n/s r2 3 G.Bennett 14.8. 200m: 1 C.Foster 27.7; 1 S.McGregor 28.9. 800m: 1 L.Collier 2:24.9; n/s 3 G.Bennett 2:41.7; 5 S.Comley 2:50.8. 1500m: 2 C.Olawore 5:51.7. 75mH: 1C.Foster 14.6; 3 S.Kemp 19.1. HJ: 2 C.Foster 1.25; 2 S.McGregor 1.30. LJ: 4 L.Collier 4.10; 2 S.Kemp 3.87. SP: 3 S.Ujah 5.06; 3 L.Collier 5.22. DT: 4 S.Ujah 11.63; 2 C.Olawore 10.53. JT: 4 S. Ujah 6.18; 4 C.Olawore 5.48. 4x100m: 1 Belgrave 55.6 (C.Foster, S.Kemp, L.Collier, S.McGregor).  
29 National Junior League S. Premier Division Match 1, Hayes. 1 Enfield & Haringey 313; 2 Shaftesbury Barnet 301; 3 Belgrave 277; 4 Harrow 266; 5 Aldershot 233; 6 Milton Keynes 219; 7 Blackheath 217; 8 Swansea 129. 100m: 1, L.Obob 10.8. 200m: 1, L.Obob 21.7; 3 J.Ellington 23.5. 400m: 1 J.Simpson 48.9; 1 A.Simpson 53.0. 800m: 1 R.Ward 1:54.1; 2 C.Watson 1:57.4. 1500m: 2 D.Watson 4:05.4; 7 S.Hodgson 4:50.1. 3000m: 2 F.Bernard-Gaudin 9:16.5. 110mH: dnf T.Sinclair; 2 J.Hardie 16.9. 200mSC: 5 F.Bernard-Gaudin 6:31.2; 2 J.Skilbeck-Nelson 6:52.9. HJ: 2 J.Hardie 1.85; 2 S.Augustine 1.75. LJ: 2 O.Eyong 6.38; 1 G.Wilson 6.24. TJ: 1 D.Wellstead 13.73; 2 S.Augustine 12.34.

SP: 2 G.Springs 13.28; 8 J.Hardy 8.43. DT: 5 J.Hardy 31.06; 3 G.Springs 30.73. JT: 6 J.Hardy 36.23; 3 G.Springs 32.87. 4x100m: 2 Belgrave 44.8. 4x400m: 4 Belgrave 3:34.7.

## 30 Southern Counties Veterans Match 1, Battersea Park.

Men. 1 Serpentine R 135; 2 Herne Hill H 134; 3 Hercules Wimbledon AC 112; 4 Belgrave H 88; 5 Metros 12.  
100m: 4 B.Holmes (M40) 14.0; 1 S.Brooks (M55) 13.8. 400m: 2 B.Holmes (M40) 60.2; 3 S.Brooks (M55) 67.7. SP: 2 B.Holmes (M40) 8.48; 2 C.Taylor 8.83. HJ: 1 B.Holmes 1.45; 2 C.Taylor 1.15. LJ: 3 B.Holmes (M40) 4.13; 1 S.Brooks (M55) 5.68. HT: 3 C.Jones 23.21. 2000mW: 1 C.Lawton (M50) 10:22.2.  
Women. 1 Serpentine R 119; 2 Herne Hill H 68; 3 Belgrave 60; 4 Metros 59.  
400m: 2 A.Walters (W35) 86.3. 1500m: 3 J.Searle 6:01.6; 1 N.Mills (W50) 6:39.1. HJ: 1 M.Jones (W50) 1.00. TJ: 3 A.Walters (W35) 5.85. JT: 1 V.Thompson 25.63; 1 M.Jones (W50) 14.32. HT: 2 V.Thompson (W45) 25.38; 1 M.Jones (W50) 22.92.

## May 2001

02 Haywards Heath Open, Crawley. 200m: 1 T.Bayley 22.6.  
05 Texas Invitational, Austin, TX USA. 100m: 1r1 D.Campbell 10.16/1.3. 200m: 1r1 D.Campbell 20.41/1.7.  
05 British League Division 1 Match 1, Cophthall Stadium. 1 Belgrave H 345; 2 Newham & Essex Beagles 326.5; 3 Woodford Green with Essex Ladies AC 314; 4 Border AC 278; 5 Birchfield H 271; 6 Sale H Manchester 233; 7 Shaftesbury Barnet H 229; 8 Blackheath H 178.5.  
100m: 8 D.Thompson 10.93/1.1; 2 P.Idowu 10.81/1.5. 200m: 8 N.Dawson 21.77/2.1; 1 S.Baldock 21.43/3.3. 400m: 2 T.Bayley 48.71; 2 J.Simpson 49.24. 800m: 2 N.Speight 1:52.99; 2 A.Zawadski 1:54.84. 1500m: 2 M.Miles 3:52.95; 5 N.Hliouat 3:59.30. 5000m: 4 P.Freary 14:50.66; 3 R.Hayman 15:07.98. 110mH: 3 N.Owen 14.12/3.2; 6 I.Wells 16.95/0.5. 400mH: 5 J.Squirrel 55.21; 2 A.Bennett 56.29. 3000mSC: 3 K.Nash 9:11.51; 1 L.Hurst 9:25.81. HJ: 4 R.Aspden 2.00; 4 S.Oni 1.90. LJ: 1 D.Thompson 7.48; 1 J.Flynn 6.69. TJ: 1 P.Idowu 16.32; 4 J.Flynn 13.89. PV: - M.Edwards nh. SP: 1 L.Newman 17.25; 3 K.Brown 13.43. DT: 2 L.Newman 57.38; 1 K.Brown 51.71. JT: 5 T.Kitney 52.34; 3 W.Smith 51.05. HT: 1 M.Jones 71.71; 1 D.Smith 68.38. 4x100m: 6 Belgrave 44.15. 4x400m: 5 Belgrave 3:25.2.  
05 Men's Southern League Division 1 Match 1, Battersea Park. 1 Worthing 130; 2 Ashford 127.5; =3 Belgrave & Windsor, Slough, Eton & Hounslow 87; 5 Ipswich 83.5.  
100m: 3 D.Akinbogun 11.5; 4 G.Ross 12.1. 200m: 2 J.Hilston 23.5; 2 G.Ross 24.4. 400m: 3 D.Akinbogun 53.7. 1500m: 1 A.Stewart 4:11.2. 5000m: 1 A.Stewart 14:55.4. 3000mSC: 2 B.Peeters 10:22.7. HJ: 1 J.Hilston 1.95; 1 J.Tuson 1.80. LJ: 4 J.Tuson 6.38; 1 A.Kneller 6.14. TJ: 3 A.Kneller 12.96; 3 K.Pereira 11.76. PV: 5 R.Bridges 1.20. SP: 2 M.Small 12.71; 3 J.Osazuwa 10.93. DT: 4 M.Small 36.54; 3 J.Osazuwa 31.60. JT: 1 C.Green 61.62; 3 M.Small 40.03. HT: 1 M.Small 44.51; 2 R.Bridges 26.71. 4x100m: Belgrave dnf. 4x400m: 3 Belgrave 3:37.3 (A.Kneller 55.5, G.Ross 54.3, J.Hilston 52.5, D.Akinbogun 55.0).  
05-07 British Universities Champs., Glasgow. Men. 100m: sf1 3 I.Deeth 11.15 (2h6 11.26); 5 R.Sear 11.27 (1h2 11.25). 200m: sf1 3 I.Deeth 22.35. 400m: 4 G.Dearman 48.11 (1h7 50.28). 1500m: 2 C.Moss 3:44.33; 6 R.Ward 3:48.44. 110mH: 1 R.Sear 14.62/-1.6; 8 M.Douglas 15.90. 400mH: 2 M.Douglas 51.77 (1h1 53.49, 1sf1 52.53). LJ: 9 F.Mepandy 6.49. DT: 3 S.Thompson 45.98. TJ: 1 F.Mepandy 15.26. PV: 6 I.Mackenzie 4.30. Women. 800m: 1h3 E.Davies 2:11.04. 10000m: 7 T.Sturton 39:32.56. 400mH: 1 M.Marks 59.02. 2000mSC: 5 T.Sturton.  
06 Steve Scott Invitational, Irvine, CA USA. Men. 100m: 2r5 G.Beasley 10.74/0.0. 200m: 5r5 G.Beasley 21.46/0.4. Women. 100m: 3r4 C.Harrison-Bloomfield 11.67/0.4. 200m: 1r3 C.Harrison-Bloomfield 23.77/1.2. PV: 5 L.Webber 3.68.  
06 Heptagonal Games, Princeton, NJ USA. 800m: 3, A.McLean Foreman 1:54.46 (2h2 1:51.04).  
06 National YA League, S. Premier Division Match 1, Newham. 1 City of Norwich 215; 2 Belgrave 184, 3 Newham & Essex Beagles 156; 4 Dartford 96. Man of the Match Taka Homma.  
U17M. 100m: 2 J.Ellington 11.4; 2 J.Regis 11.7. 200m: 3 D.Lambert 23.2; 1 J.Regis 23.2. 400m: 1 R.Mander 54.0; 2 R.Davies 59.7. 800m: 2 H.Congalves 2:16.4; 1 R.Davies 2:20.5. 1500m: 4 W.Bailey 5:29.8; 2 M.Powell 5:43.5. 400mH: 1 H.Congalves 63.1. 1500mSC: 1 P.Graham 5:42.1. HJ: 4 R.Davies 1.50; 3 D.Lambert 1.30. LJ: 1 G.Wilson 6.36; 2 W.Bailey 4.09. TJ: 1 G.Wilson 12.24. SP: 4 J.Ellington 10.03; 1 A.George 9.30. DT: 4 H.Congalves 19.57; 4 R.Mander 18.13. JT: 3 J.Regis 20.06; 1 A.George 18.14. HT: 4 A.George 14.92; 3 W.Bailey 5.83. 4x100m: 1 Belgrave 45.2 (G.Wilson, D.Lambert, J.Regis, J.Ellington). 4x400m: 2 Belgrave 3:55.6 (R.Davies, H.Congalves, A.George, R.Mander). U15B. 100m: 1 U.Ebubedike 12.0; 1 J.Sharpe 12.0. 200m: 1 E.Ebubedike 24.6; 3 M.Lambert 26.7. 400m: 3 N.Ambrose 60.1; 2 D.Morris 65.8. 800m: 2 J.McCrae 2:18.1; 1 A.Prince 2:31.7. 1500m: 3 P.Cowling 4:46.7; 3 S.Chalky 5:33.6. 3000m: 2 J.Kirton 11:10.2. 80mH 2 U.Ebubedike 13.4; 2 P.Cowling 15.7. HJ: 3 R.Collier 1.45; 2, P.Cowling 1.40. LJ: 1 T.Homma 6.17; 1 J.Sharpe 5.53. PV: 2 R.Collier 2.10. SP: 1 T.Homma 8.70; 1 N.Ambrose 6.76. DT: 2 M.Lambert 16.90. JT: 4 R.Collier 21.96; 3 A.Prince 10.09. HT: 2 M.Lambert 17.74; 2 D.Augustine 6.58. 4x100m: 1 Belgrave 50.1 (M.Lambert, U.Ebubedike, J.Sharpe, T.Homma). 4x400m: 1 Belgrave 4:12.6 (J.McCrae, N.Ambrose, A.Prince, P.Cowling). U13B. 100m: 2 J.Ocrah 13.9; 1 L.Shettle 14.4. 200m: 1 J.Ocrah 29.2; 1 P.Mabbutt 30.7. 800m: 3 P.Mabbutt 2:54.5. 1500m: 2 L.Shettle 5:23.6. LJ: 4 P.Veiga 2.97. SP: 3 P.Veiga 5.97. 4x100m: 2 Belgrave 60.0 (J.Ocrah, P.Mabbutt, L.Shettle P.Veiga).  
07 Birmingham Rowheath AC Open, Birmingham University. Men. SP: 1 L.Newman 18.28. DT: 1 L.Newman 54.20. Women. 100m: 1 A.Spencer (U17) 12.2. 200m: 1 A.Spencer (U17) 24.7. DT: 1 S.Drew 53.32.

**09 VAC Meet**, Battersea Park. 400m: 3 B.Holmes (M40) 59.3. 800m: 2 B.Holmes 2:13.9. DT: B.Holmes (M40) 27.90; V.Thompson (W45) 23.12. JT: B.Holmes (M40) 29.92.

**10 WSE&H Open**, Eton. 800m: 2 K.Nash 1:57.7. 3000m: 1 K.Nash 8:45.2. HJ: 1 R.Aspden 2.00.

**11 California Collegiate AA Champs.**, San Francisco, CA USA. 10000m: 2 B.Poore 30:54.32.

**12 GST Open/Princeton Inv.**, USA. 800m: 1r3 A.McLean Foreman 1:49.84.

**12-13 County Championships**. a=12th, b=13th.

**Berkshire**, Reading. SM. 5000m: 2 R.McHarg 15:33.5.

**Buckinghamshire**, Milton Keynes. SW 100mH: 1 H.Stares 15.3. 400mH: 1 H.Stares 61.7.

**Dorset**, Bournemouth. SM. 100m: 2 S.Exley 10.9. 110mH: 1 S.Exley 15.7. HJ: 1 S.Exley 1.89. LJ: 2 S.Exley 6.25.

**Greater Manchester SW**. 100m: 1 A.Spencer (U17) 12.1. U20W 200m: 1 A.Spencer (U17) 23.7.

**Hampshire**, Mountbatten Centre, Portsmouth. SM. 400m: 2 I.Deeth 48.96 (1h3 49.27). 800m: 8 K.Nash 1:59.83. 1500m: 2 K.Nash 3:57.96. U20M. SP: 1 G.Springs 13.85. DT: 4 G.Springs 34.88.

**Hertfordshire**, Watford. SM. SP: 1 M.Small (M45) 12.68. DT: 2 M.Small (M45) 38.80.

**Humberide**, Grimsby. SM. HT: 1 D.Smith 72.44.

**Kent**, Ashford. SM. 100m: 6h3 A.Kneller 11.9. 400mH: 2 J.Squirrell 56.7. LJ: 5 A.Kneller 6.40. TJ: 2 A.Kneller 12.95. SP: 1 G.Beard 15.92. DT: 2 G.Beard (U20) 44.17. JT: 1 C.Green 64.83. U17M. 100m: 1 J.Ellington 10.9 (1h2 11.0); 3 J.Regis 11.2 (2h1 11.5). 200m: 1 J.Ellington 22.8 (1h1 22.8); 2 J.Regis 22.9 (1h2 23.2).

**Middlesex**, Cophall. U20M. 100m: 1 L.Obob 11.2/1.3. SW. HJ: 1 M.Knight 1.65. LJ: 4 M.Knight 5.42. TJ: 1 C.Stead 12.11/0.6; 2 M.Knight 10.85.

**Norfolk**, Norwich. SM. 110mH: 1 I.Wells 17.4. 400mH: 1 I.Wells 59.5.

**Suffolk**. U17M. 1500mSC: 1 P.Graham 5:27.3. U13B. 200m: 1 A.Graham 31.6. 800m: 2 A.Graham 2:37.1. LJ: 2 A.Graham 4.15. 1km: 1 A.Graham 5:35.

**Surrey**, Kingsmeadow. SM. 100m: a 3 M.Dickson 10.8/1.0 (1h1 10.8/5.5); 4h2 D.Akinbogun 11.6/-2.5. 200m: b 2 M.Dickson 21.9w/2.8 (1h1 22.5/0.8). 1500m: a 5 K.Quinn 4:04.1; 7 L.Greatorex 4:15.7. U20M. 200m: a 7 G.Ross 24.2/2.7. 400m: b 4 D.DeEmmony 52.2; 6 R.Ward 52.4. 800m: a 1 R.Ward 1:54.0; 5 J.Skilbeck-Nelson 2:05.2. 1500m: b 1 R.Ward 3:58.1. 3000m: a 1 R.Ward 8:39.1. U17M. 400m: b 2 R.Mander 53.0 (2h2 55.6); dnf T.Tsui (4h1 56.1). LJ: 3 G.Wilson 6.40. U15B. 1500m: a 10 P.Cowling 5:06.4. 3000m: b 5 J.Kirton 11:04.7. HJ: a =7 R.Collier 1.45. DT: a 3 R.Collier 25.30. JT: b 2 R.Collier 27.55. SW. 100m: a 7 J.Bernard 13.4/1.1. 200m: b 3 J.Culley 24.8/0.5; 7 J.Bernard 27.2. 400m: a 1 J.Culley 55.0. 800m: 4 V.Goodwin 2:19.6. 1500m: a 3 S.Stracey 5:09.8. U17W. 100m: b 8 S.Murray-Burton 13.6/1.3 (4h2 13.8/2.0). 300m: b 3 A.Forsyth 42.6 (2h2 42.4). 300mH: a 3 A.Forsyth 46.9. TJ: a 2 M.Nestor 10.91. U15G. 800m: a 2 L.Collier 2:23.1.

**Sussex**, Crawley. SM. 200m: 2 T.Bayley 21.81/1.1. 400m: 1 T.Bayley 47.77 (CBP). HT: 1 M.Jones 73.78. U20M. 200m: 3 A.Bennett 22.55/1.5. 400m: 1 A.Bennett 49.57. 400mH: 1 A.Bennett 54.59. U17M. 100m: 2 M.Blencoe 11.77/-1.3 (1h 11.60/?). U17W. 100m: 1 A.Onura 12.30/2.8. 200m: 1 A.Onura 25.60/-2.1 (1h 25.28 CBP).

**Warwickshire**, Leamington. SM. DT: 1 K.Brown 48.82.

**West of England** (Avon, Somerset, Wilts.), Salisbury. SM. SP: 1 S.Thompson 14.37. DT: 1 S.Thompson 46.70.

**Worcestershire**, Stourport. SW. HJ: 1 N.Smallwood 1.55.

**Scottish East**, Meadowbank. U20M. 200m: 2 A.Simpson 23.50. 400m: 1 J.Simpson 49.05.

**14 Southern Counties Veterans Match 2**, Battersea Park.  
Men. 1 Hercules Wimbledon 114; 2 Serpentine R 110; 3 Herne Hill H 100; 4 Belgrave H 74; 5 Metros 43.  
200m: 4 B.Holmes (M40) 27.9; 5 C.Taylor (M60) 45.1. 800m: 2 B.Holmes (M40) 2:15.4. TJ: 1 J.Druce (M40) 11.54; 3 C.Taylor (M60) 8.74. PV: 3 B.Holmes (M40) 2.20. DT: 2 B.Holmes (M40) 22.3; 1 S.Brooks (M50) 32.03. 1 C.Taylor (M60) 27.64. JT: 3 B.Holmes (M40) 26.34; 1 S.Brooks (M50) 39.41.  
Women. 1 Serpentine R 110; 2 Mets. 66; 3 Herne Hill H 50; 4 Belgrave H 14. 3000m: 2 N.Mills (W50) 13:42.5. SP: 1 M.Jones (W50) 5.43.

**16 Loughborough Uni. v. Brunel Uni. v. Army**, Loughborough. 200m: 3 N.Dawson 22.4; 6 P.Beaumont 28.1. 800m: 1r1 C.Moss 1:51.0. 2r2 A.Zawadski 1:56.5. 110mH: 4 P.Beaumont 16.8; 6 O.Matthew 17.8. HJ: 5 O.Matthew 1.75.

**19 IC4A/ECAC Champs.**, Princeton, USA. 800m: 5h3 A.McLean-Foreman 1:50.54.

**19 Women's Southern League Division 3 Match 2**, Handy Cross, Wycombe. 1 Belgrave 224; 2 Radley 173; 3 Salisbury 166; 4 Wycombe 143; 5 Medway 90. 100m: 1 K.Carson 12.3; 1 S.Dankwa 13.4. 200m: 1 J.Culley 25.0; 2 J.Bernard 27.4. 400m: 1 V.Goodwin 62.2; 1 S.Stracey 63.1. 800m: 2 V.Goodwin 2:22.0; 1 D.Hearn 2:38.3. 1500m: 1 S.Stracey 5:13.0; 2 D.Hearn 5:24.7. 3000m: 4 J.Emery 13:50.8; 4 J.Smiter 14:28.8. 100mH: 1 K.Carson 13.9; 1 A.Forsyth 17.4. 400mH: 1 J.Culley 63.7; 1 D.Kandaros 72.2. HJ: 2 M.Nestor 1.45; 2 J.Smiter 1.30. LJ: 1 M.Nestor 4.96; 1 L.Antill 4.94. TJ: 1 L.Antill 11.12; 2 M.Nestor 10.27. PV: 3 J.Smiter 1.65; 2 D.Kandaros 1.65. SP: 1 V.Thompson 9.43; 1 V.Hassell 8.02. DT: D.Holden 32.38; 1 V.Hassell 19.10. JT: 2 V.Thompson 30.02; 2 V.Hassell 25.38. HT: 1 D.Holden 53.98; 1 V.Hassell 28.67. 4x100m: 1 Belgrave 50.5 (S.Dankwa, M.Nestor, L.Antill, K.Carson). 4x400m: 1 Belgrave 4:08.9 (J.Bernard 67.6, V.Goodwin 61.7, D.Kandaros 64.6, J.Culley 55.0). U17W. 80mH: 3 M.Bentley 16.1; dq S.Murray-Burton. 300mH: 1 A.Forsyth 46.4. U15G. 100m: 1 S.McGregor 13.8; 2 S.Kemp 14.3; n/s 1 S.Murray-Burton 14.2; 2 T.Francis 14.3. 200m: 1 S.McGregor 28.3; 1 L.Collier 28.9. 800m: 1 L.Collier 2:24.1; 3 E.Collins 2:54.3. 1500m: 3 B.Cobden-Ramsey 5:38.0; 3 K.Burns 6:02.2. 75mH: 4 S.Kemp 16.2. HJ: 2 S.McGregor 1.40; 4 K.Burns 1.05. LJ: 4

S.Kemp 3.40; 5 E.Collins 2.68. SP: 2 L.Collier 5.44; 2 E.Collins 4.85. DT: 3 B.Cobden-Ramsey 12.23. JT: 3 B.Cobden-Ramsey 15.61. 4x100m: 1 Belgrave 55.8 (E.Collins, S.Kemp, L.Collier, S.McGregor).

**19 SETC Throws Pentathlon**, Deangate. M45. 1 M.Small 3744 (HT/46.40, SP/12.15, DT/40.02, JT/41.81, WT/13.37). M65. 1 C.Taylor 2656 (24.53, 8.77, 25.91, 22.32, 9.51 specification of implements not known).

**20 Aqua-Pura International**, Loughborough.  
Men's match events. 800m: 2 N.Speight (England) 1:47.59. 1500m: 5 A.Zawadski (gst) 3:42.90. 3000m: 6 S.Barden (Lou) 8:00.92. 400mH: 1 C.Rawlinson (Lou) 49.67; 5 M.Douglas (Wales) 51.37. 3000mSC: 6 K.Nash (Scotland) 8:57.63. HJ: 3 S.Oni (gst) 2.16; 5 B.Challenger (Lou) 2.06. TJ: 1 P.Idowu (England) 16.89. PV: 2 I.Tullett (gst) 4.90. SP: 7 G.Beard (GBJ) 15.91. DT: 6 G.Beard (GBJ) 41.22. HT: 1 D.Smith (England) 69.01.  
Women's match events. 200m: 3 V.James (GBJ) 24.13/-0.6. 100mH: 4 R.King (Wales) 13.78/0.2. 400mH: 1 M.Marks (Lou) 58.62. TJ: 4 C.Stead (gst) 12.10.  
Men's invitation events. 100m: 3 G.Beasley 10.90/-2.2; 7 I.Deeth 11.40. 200m: 2r1 D.Chambers 20.90/-0.3; 3 L.Obob (U17) 21.61; 5 T.Abeyie (U20) 21.75. 2r2 G.Beasley 21.35/-0.3; 5 N.Dawson 22.09. 400m: 3r1 T.Bayley 47.66; 4 G.Dearman 48.29; 5 J.Simpson 48.57. 110mH: 2 N.Owen 14.27/0.4; 3 R.Sear 14.51. 400mH: 3r2 A.Bennett (U20) 54.55.  
Women's invitation events. 100m: 2 C.Harrison-Bloomfield 11.77/-0.9. 400mH: 1 H.Stares 60.78.

**20 Women's Jubilee Cup Round One**, Battersea Park.  
1 Belgrave H 133.5; 2 Walton AC 118; 3, Basingstoke 110.5; 4 Thurrock 110; 5 Basildon 41.  
100m: 1 A.Onuora (U17) 12.4. 200m: 2 J.Culley 24.7. 400m: 1 J.Culley 55.9. 800m: 1 E.Davies 2:08.0. 1500m: 3 S.Stracey 5:08.4. 3000m: 3 D.Hearne (U20) 12:29.4. 100mH: 1 E.Eharuyi 16.0. 400mH: 1 E.Eharuyi 60.9. HJ: 4 J.Smiter 1.30. LJ: 4 M.Nestor (U17) 4.48. TJ: 3 J.Smiter 8.30. PV: =3 J.Smiter 1.10. SP: 2 S.Drew 11.94. DT: 1 S.Drew 58.96. JT: 1 S.Cruz 52.99. HT: 1 D.Holden 53.17. 4x100m: 2 Belgrave 50.5 (S.Stracey, A.Onuora U17, M.Nestor, J.Culley). 4x400m: 3 Belgrave 4:01.9 (J.Culley 60.2, N.Smallwood 64.6, E.Davies 55.6, V.Goodwin 60.5).

**20 National YA League, Southern Premier Match 2**, Ladywell.  
1 Belgrave 227; 2 Bexley Borough 162; 3 Ashford AC 150; 4 Thurrock H 131.  
Man of the match: Gary Wilson.  
U17M. 100m: 1 J.Ellington 11.8; 3 D.Seddon 13.7. 200m: 1 J.Regis 23.2; 1 O.Eyong 23.2. 400m: 1 D.Lambert 52.8; 1 R.Mander 56.5. 800m: 3 W.Bailey 2:37.1. 1500m: 2 D.Seddon 4:34.8; 2 W.Bailey 5:18.3. 400mH: 3 W.Bailey 71.9; 1 D.Seddon 72.7. HJ: 3 G.Wilson 1.50; 2 D.Lamber 1.45. LJ: 1 G.Wilson 6.47; 1 O.Eyong 6.14. TJ: 1 G.Wilson 13.49; 1 C.Evans 11.27. PV: 1 S.Ansell 2.50; 1 M.Powell 1.85. SP: 3 A.George 9.99. DT: 2 A.George 25.46; 2 S.Ansell 13.88. JT: 3 J.Ellington 30.34; 1 J.Regis 23.15. HT: 2 A.George 16.09. 4x100m: 1 Belgrave 45.7 (O.Eyong, D.Lambert, J.Regis, J.Ellington). 4x400m: 1 Belgrave 3:48.8 (D.Seddon, G.Wilson, C.Evans, R.Mander).  
U15B. 100m: 1 T.Homma 12.1; 2 M.Lambert 13.3. 200m: 3 R.Oghagbon 26.1; 2 O.Maskell 26.3. 400m: 1 N.Ambrose 58.9; 1 G.Mabbutt 58.8. 800m: 2 G.Mabbutt 2:18.1; 1 J.O.Maskell 2:41.2. 1500m: 2 P.Cowling 5:10.1. 3000m: 3 J.Kirton 11:05.3; S.Chalky 12:46.5. 80mH: 2 P.Cowling 16.2; 1 N.Ambrose 15.4. HJ: 3 R.Collier 1.40; 1 P.Cowling 1.40. LJ: 1 T.Homma 6.01; 1 G.Mabbutt 4.88. PV: 1 R.Collier 2.40; 1 J.Kirton 1.90. SP: 1 R.Oghagbon 12.29; 1 J.Szpytma 9.64. DT: 1 J.Szpytma 27.40; 1 R.Collier 22.22. JT: 2 A.O.Maskell 20.19; 2 M.Lambert 15.77. HT: 2 J.Szpytma 22.35; 1 M.Lambert 20.90. 4x100m: 1 Belgrave 50.1 (M.Lambert, R.Oghagbon, O.Maskell, T.Homma). 4x400m: 1 Belgrave 4:01.8 (G.Mabbutt, N.Ambrose, R.Collier, P.Cowling).  
U13B. 100m: 2 J.Ocrah 14.1; 2 P.Mabbutt 14.8. 200m: 1 J.Ocrah 28.9; 1 L.Shettle 29.5. 800m: 1 L.Shettle 2:37.9; 2 A.Graham 2:40.5. 1500m: 3 C.Taylor 5:07.2; 1 J.Colman 5:58.7. LJ: 1 P.Mabbutt 4.24; 1 A.Graham 4.08. SP: 3 P.Veiga 5.44. 4x100m: 1 Belgrave 56.9 (J.Ocrah, P.Mabbutt, L.Shettle, C.Taylor).

**23 BMC/Nike GP**, Wytthenshaw. Men. 800m 2r3 N.Hliouat 1:52.33. 1500m: 6r1 S.Sharp 3:45.33; 5r4 R.Hayman 4:03.93. Women. 8r1 M.Sharp 4:30.4.

**23 Watford Open**. 100m: 4r1 G.Dearman 11.6. 200m 1r1 G.Dearman 22.5. 400m: 1r1 M.Douglas 47.7; 4r3 H.Stares (SW in mixed race) 57.5. 800m: 3r3 D.DeEmmony (U20M) 2:00.6. 3000m 6r1 J.Skilbeck-Nelson (U20M) 9:18.1.

**23 Loughborough Uni. v Staffs. Uni v Police**. Women. 100m: 1 M.Marks 12.0. DT: 1 S.Drew 54.15.

**26 U20 Scotland v Greece v Cyprus v Israel**, Corinth, Greece. 400m: 1 J.Simpson 48.09.

**26 Surrey County Vets. Champs.**, Kingsmeadow. M40. TJ: 2 J.Druce 11.43. M45. SP: 1 M.Small (gst) 12.95. HT: 1 M.Small 46.38. M55. SP: 2 S.Brooks 10.45. M65. HJ/SP/JT/HT/DT: 1 C.Taylor 1.20/9.59/23.53/27.35/22.68. W45. SP/HT/JT/DT: 1 V.Thompson 9.51/24.31/27.99/22.47.

**26 Thameside League Match 1**, Battersea Park.  
U15B. 1 Croydon H 357; 2 Bromley AC 331; 3 Herne Hill H 255; 4 Belgrave H 251; 5 Queens Park H 235; 6 Paddock Wood 154; 7 Richmond & Twickenham AC 82; 8 Camberley AC 77; 9 Southwark 54.  
100m: 6 T.Francis 13.7; 4 T.Ellis 13.9. 200m: 4 T.Francis 28.7; 3 T.Ellis 28.7. 400m: 3 G.Mabbutt 58.4. 800m: 3 P.Cowling 2:24.4. 80mH: 3 P.Cowling 14.7; 2 T.Francis 16.3. HJ: 4 R.Collier 1.55. LJ: 7 P.Cowling 1.45; 3 T.Ellis 4.86. SP: 3 ? 10.36; 5 J.Kirton 4.50. DT: 4 J. Szpytma 25.93; 2 R.Collier 22.05. JT: 3 R.Collier 30.44; 2 J.Szpytma 25.93. 4x100m: 5 Belgrave 53.8.  
U13B. 1 Herne Hill 260; 2 Belgrave H 186; 3 Croydon H 167; 4 Bromley AC 156; 5 Queens Park H 147; 6 Richmond & Twickenham 101; 7 Paddock Wood 94; 8 Camberley AC 73.  
100m: 7 J.Kuruvilla 15.1; 5 P.Viega 16.3. 200m: 2 L.Shettle 29.4. 300m: 3 P.Mabbutt 49.9; 2 J.Kuruvilla 53.3. 800m: 1 L.Shettle 2:35.3. 75mH: 4 P.Mabbutt 16.4. HJ: 2 D.Mabbutt 1.30; 1 J.Kuruvilla 1.20. LJ: 7 L.Shettle 3.72; 4 P.Veiga 3.49. SP: 4 P.Veiga 5.25. 4x100m: 3 Belgrave 61.9.

U15G. 1 Herne Hill H 298; 2 Bromley AC 270; 3 Richmond & Twickenham AC 206; 4 Belgrave H 185; 5 Dartford H 161; 6 Queens Park H 149; 7 Croydon H 98; 8 Southwark 71; 9 Paddock Wood 57.

100m: 3 S.McGregor 13.5; 5 M.Veiga 16.4. 200m: 3 S.McGregor 27.6. 800m: 7 C.Hopkins 3:08.0. 1500m: B.Cobden-Ramsey 5:41.4. 75mH: 5 C.Hopkins 16.4. HJ: 5 S.McGregor 1.30; 4 M.Veiga 1.15. LJ: 8 M.Veiga 3.50. DT: 5 B.Cobden-Ramsey 14.49. JT: 4 C.Hopkins 14.97; 1 B.Cobden-Ramsey 14.37. 4x100m: 4 Belgrave 59.7.

U13G. 1 Herne Hill H 232; 2 Dartford 226; 3 Bromley AC 198; 4 Camberley 169; 5 Belgrave H 155; 6 Richmond & Twickenham AC 139; 7 Paddock Wood 137; 8 Queens Park H 107; 9 Croydon H 74; 10 Southwark 73.5.

100m: 3 E.Collins 14.3; 4 L.Hopkins 15.8; n/s L.Jenkins 18.1. 200m: 4 E.Collins 30.2; 2 S.Kemp 29.8. 1500m: 3 K.Burns 6:10.6. 70mH: 5 K.Burns 19.2. HJ: 6 L.Hopkins 1.05. LJ: 6 S.Kemp 3.61. SP: 8 L.Hopkins 4.77; 4 E.Collins 4.61. 4x100m: 4 Belgrave 61.8.

**26-27 European Champion Clubs Cup**, Madrid, Spain. a=26th, b=27th.

1 Sports Club Luch (Russia) 137; 2 G.A.Fiamme Gialle (Italy) 98; 3 Sporting Clube (Portugal) 95; 4 Airtel A.A.M. (Spain) 93; 5 Belgrave Harriers (United Kingdom) 88; 6 Dukla Praha (Czech Republic) 87; 7 Panellinios A.C. (Greece) 77; 8 A.C.Partizan (Yugoslavia) 63.

100m: a 1 D.Chambers 10.12/0.0; 200m: b 7 G.Beasley 21.26/-0.6; 400m: a 2 S.Baldock 46.35; 800m: b 2 N.Speaight 1:48.22; 1500m: a 6 C.Moss 3:45.50; 3000m: b 5 M.Miles 8:41.88; 5000m: a 5 S.Barden 14:17.26; 110mH: b 2 N.Owen 14.09/0.5; 400mH: a 4 C.Rawlinson 49.80; 3000mSC: a 5 J.Chaston 8:47.53; HJ: b 8 R.Aspden 2.00; LJ: b 8 D.Thompson 7.40/-1.8; TJ: a 1 P.Idowu 17.23/0.0; PV: 5 I.Tullett 5.00; SP: b 8 K.Brown 13.57; DT: b 6 K.Brown 51.80; JT: a 8 S.Faben 64.94; HT: a 5 M.Jones 73.43; 4x100m: a 3 Belgrave (D.Chin, D.Campbell, G.Beasley, D.Chambers) 39.53; 4x400m: b 3 Belgrave (G.Dearman 48.2, T.Bayley 46.4, C.Rawlinson 45.5, S.Baldock 45.5) 3:05.53.

**26-27 SEAA U20 Champs.**, Watford. a=26th, b=27th.

U20M. 100m: b 3 L.Oboh 10.87/1.0 (h 10.86/0.9). 200m: a 3 T.Abeyie 21.4/0.9; 4 L.Oboh 21.5. 400m: b 6 A.Bennett 50.79 (h 50.2). 400mH: a 4 A.Bennett 54.2. SP: a 1 G.Beard 17.49; 4 G.Springs 13.68. DT: a 1 G.Beard 48.13; 5 G.Springs 35.62.

U17M. 100m: a 5 J.Ellington 11.1/1.1. 200m: b 4 J.Ellington 22.6/0.0 (h 22.64/1.1). 400m: b hts D.Lambert 52.0; R.Mander 52.8.

U15B. 100m: a 3 T.Homma 11.6/1.8. LJ: a 1 T.Homma 6.20/0.0.

U20W. 100m: b 4 V.James 12.47w/2.2 (h 12.05/0.0). 200m: a 1 V.James 23.6/1.3. U17W. 100m: b 4 A.Onuora 12.39/1.2 (h 12.28/1.9). 200m: a 2 A.Onuora 25.2/0.4. 300m: b hts A.Forsyth 42.9. 300mH: a 4 A.Forsyth 46.1. U15G. 800m: b 6 L.Collier 2:22.64.

**27-28 CAU Inter-Counties Champs.**, Bedford.

Men. 100m: 5s1 M.Dickson 10.70w/2.4 (2h4 10.80/1.2). 200m: 5s1 M.Dickson 21.95/1.1 (4h2 22.00/1.9); 6h4 I.Deeth/22.60w/5.0. 400m: 7 N.Levy 49.49 (4h4 49.50, 4s2 48.93). 400mH: 1 M.Douglas 51.09 (1h1 52.00). 3000mSC: 7 L.Hurst 9:31.70. LJ: 6 J.Flynn 6.99 (2qB 7.02/2.1). SP: 6 G.Beard (U20) 15.81. DT: 7 S.Thompson 49.99 (2qB 46.95); 10qB G.Beard (U20) 40.34. JT: 12 C.Green 56.81. HT: 1 D.Smith 68.45 (3qA 63.37).

Women. 200m: 4h3 C.Harrison-Bloomfield 24.90/1.6. 400m: 3 J.Culley 55.50 (1h3 55.40). 100mH: 5 R.King 13.52/0.6 (1h4 13.60/1.8 3s2 13.63w/3.2); 7h1 H.Stares 14.70w/2.8. 400mH: 5 H.Stares 63.33 (3h2 62.20). HJ: 6 M.Knight 1.60. PV: 2 L.Webber 3.80. DT: 1 S.Drew 55.28.

**30 Rosenheim League**, Croydon. 3000m: 5 C.Dickinson (M50) 9:40.4.

## June 2001

**02 Pappaflessia**, Kalamata, Greece. 100m: 1 D.Chambers 10.14/2.8.

**02 Bangor International**, Bangor. 100m: b 1 T.Abeyie 10.56/4.5. 200m: T.Abeyie 21.60/4.7. 1500m: 2 R.Ward 4:06.8. LJ: 2 D.Thompson 7.65/4.8. TJ: 3 D.Thompson 14.71/4.9. SP: 1 G.Beard 16.32. Women: 200m: a 1 V.James 23.41/7.8; b 1 A.Spencer 23.54/4.3.

**02 British League Division 1 Match 2**, Birmingham.

1 Belgrave H 377; 2 Birchfield H 321; 3 Woodford Green with Essex Ladies AC 307; 4 Shaftesbury Barnet H 264; 5 Newham & Essex Beagles 255; 6 Border H 230; 7 Sale H Manchester 209; 8 Blackheath 209.

100m: 7 A.Wallcott 10.94/2.1; 2 C.Lambert 10.61/3.6. 200m: 4 G.Beasley 21.37/0.9; 2 C.Lambert 21.38/4.1. 400m: 2 S.Baldock 47.66; 1 G.Dearman 48.08. 800m: 1 N.Speaight 1:50.71; 1 A.Zawadzki 1:53.42. 1500m: 1 S.Sharp 3:53.25; 1 S.Barden 3:53.45. 5000m: 1 P.Freary 14:40.1; 2 A.Stewart 15:09.59. 110mH: 4 N.Owen 14.19/1.3; 3 R.Sear 14.43/4.0. 400mH: 1 C.Rawlinson 50.57; 7 A.Bennett 57.48. 3000mSC: no Belgrave competitors. HJ: 4 C.Le Francois 2.05; 5 M.Douglas 1.85. LJ: 2 J.Flynn 7.13; 3 M.Douglas 6.64. TJ: 2 F.Mepandy 15.18; 4 J.Flynn 14.17. PV: 2 I.Tullett 4.80; 2 I.Mackenzie 4.20. SP: 1 L.Newman 17.39; 2 S.Thompson 14.24. DT: 5 K.Brown 50.83; 1 S.Thompson 47.62. JT: 6 W.Smith 58.50; 4 S.Thompson 47.45. HT: 1 M.Jones 76.43; 1 D.Smith 70.86. 4x100m: 2 Belgrave 41.72 (C.Lambert, D.Chin, G.Beasley, M.Douglas). 4x400m: 1 Belgrave 3:12.02 (M.Douglas, G.Dearman, T.Bayley, S.Baldock).

**02 Men's Southern League Division 1 Match 2**, Hastings.

1 Highgate H 112.5; 2 Belgrave H 106; 3 Hastings AC 104; 4 Croydon H 101.5; 5 Portsmouth 101.

100m: 2 M.Russell 11.1; 1 D.Akinbogun 11.7. 200m: 2 J.Hilston 24.0; 3 G.Ross 24.6. 400m: 3 D.Akinbogun 52.8; 4 A.Daniel 54.1. 800m: 4 K.Quinn 1:59.4; 3 L.Greatorex 2:03.3. 1500m: 4 K.Hegveld 4:16.0. 5000m: 2 K.Hegveld 15:29.1; 2 W.Cockerell 15:32.6. 110mH: 1 J.Squirrel 18.4. 400mH: 1 J.Squirrel 57.5; 2 J.Panton 68.1. 3000mSC: 3 W.Cockerell 10:34.0. HJ: 1 J.Hilston 1.90. TJ: 1 E.Clarke 13.95; 1 J.Hilston 13.55. SP: 2 M.Small 12.48; 4 J.Squirrel 8.23. DT: 1 H.Ziska 41.85; 1 M.Small 38.06. JT: 1 M.Small 41.66. HT: 2 M.Small 45.54. 4x100m: 2 Belgrave 45.3 (D.Akinbogun, A.Daniel, J.Panton, M.Russell). 4x400m: 3 Belgrave 3:34.0 (A.Daniel 55.6, J.Hilston 52.5, J.Panton 52.7, D.Akinbogun

53.2).

**03 National YA League, S. Premier Match 3**, Battersea Pk.

1 Belgrave H 234; 2 Brighton 170; 3 Herne Hill 168; 4 Cambridge H 120.

Man of the Match Jonathon Regis.

U17M. 100m: 1 J.Regis 11.4; 1 J.Ellington 11.4. 200m: 1 J.Regis 23.1; 1 T.Tsui 25.1. 400m: 1 D.Lambert 52.3; 1 R.Mander 53.5. 800m: 1 H.Goncalves 2:21.7; 1 W.Bailey 2:31.8. 1500m: 2 W.Bailey 5:09.7. 3000m: 2 M.Powell 11:53.3. 100mH: 1 N.Simpson 15.3; 3 M.Cahill 22.4. 400mH: 2 W.Bailey 69.9. 1500mSC: 2 D.Seddon 5:04.8; 1 P.Graham 5:24.3. LJ: 1 O.Eyong 6.48; 1 G.Wilson 6.20. TJ: 1 J.Hawkes 11.83; 1 M.Cahill 11.50. PV: 2 S.Ansell 2.25; 1 M.Powell 1.85. SP: 3 W.Caldeira 11.14; 1 A.George 10.41. DT: 3 A.George 25.20; 1 W.Caldeira 24.69. JT: 4 J.Regis 21.30; 3 T.Tsui 12.51. HT: 4 D.Lambert 20.63; 4 A.George 13.34. 4x100m: 1 Belgrave 45.6 (N.Simpson, O.Eyong, J.Regis, J.Ellington). 4x400m: 1 Belgrave 4:04.8 (T.Tsui 60.2, G.Wilson 60.2, D.Lambert 64.1, R.Mander 60.3).

U15B. 100m: 1 T.Homma 11.9; 1 U.Ebubedike 12.2. 200m: 1 J.Sharpe 24.4; 1 U.Ebubedike 24.6. 400m: 1 J.MacRae 58.9; 1 N.Ambrose 61.3. 800m: 2 G.Mabbutt 2:18.3; 2 J.Macrae 2:21.0. 1500m: 4 P.Cowling 5:02.2. 80mH: 3 P.Cowling 14.2; 1 N.Ambrose 14.5. HJ: 2 R.Collier 1.50; 2 P.Cowling 1.40. LJ: 2 J.Sharpe 5.34; 2 G.Mabbutt 4.92. PV: 1 R.Collier 2.40; 1 J.Kirton 1.80. SP: 1 J.Szpytma 10.38; 1 M.Lambert 9.08. DT: 1 J.Szpytma 27.08; 1 M.Lambert 24.05. JT: 2 R.Collier 25.84; 2 N.Ambrose 17.24. HT: 1 J.Szpytma 25.42; 1 M.Lambert 21.83. 4x100m: 1 Belgrave 48.3 (M.Lambert, U.Ebubedike, J.Sharpe, T.Homma). 4x400m: 2 Belgrave 4:03.7 (G.Mabbutt 61.1, N.Ambrose 60.1, J.Macrae 65.2, P.Cowling 57.3).

U13B. 100m: 1 J.Ocrah 13.8; 1 L.Shettle 14.0. 200m: 2 J.Ocrah 28.6; 2 P.Mabbutt 29.6. 800m: 3 P.Mabbutt 2:43.4; 1 A.Graham 2:43.5. 1500m: 3 L.Shettle 5:25.5; 3 J.Colman 6:02.6. LJ: 1 A.Graham 3.91; 3 P.Veiga 3.26. SP: 2 P.Veiga 5.53. 4x100m: 1 Belgrave 58.5 (J.Ocrah, P.Mabbutt, L.Shettle, P.Veiga). **04 Chania**, Greece. TJ: 1 P.Idowu 17.33.

**04 Meyer Meeting, IAAF GP II**, Basel, Switzerland. Women. 100m: 1

C.Harrison-Bloomfield 11.73 (h 11.68). 200m: 1 C.Harrison-Bloomfield 24.04/-5. 400m: 1 J.Culley 54.39. 100mH: 3 R.King 13.59 (h 13.81). HJ: 3 L.Haggett 1.76.

**04 Southern Counties Veterans Match 3**, Wimbledon Park.

Men. 1 Hercules Wimbledon AC 155; 2 Herne Hill H 141; 3 Serpentine R 107; 4 Belgrave 75; 5 Metros 50. M40. 100m: J.Druce dnf; C.Taylor (M65) 16.0. 400m: 3 B.Holmes 58.7. 1500m: 1 B.Holmes 4:34.5. HJ: 1 B.Holmes 1.50. LJ: 3 B.Holmes 4.24. SP: 2 B.Holmes 7.92. M50. 1500m: 4 C.Taylor 6:06.3. HJ: 2 C.Taylor (M65) 1.20. SP: 1 C.Taylor (M65) 8.82. HT: 2 C.Taylor (M65) 23.81. M60. LJ: 1 C.Taylor (M65) 3.40.

Women. 1 Belgrave 96; 2 Serpentine 86; 3 Herne Hill 54; 4 Metros 61. W35. 100m: 1 S.Braden 16.3; 1 J.Searle (W40) 15.8. 400m: 2 J.Searle (W40) 72.3; 1 K.Dillane 74.5. 1500m: 1 J.Searle (W40) 5:39.2; 1 K.Dillane 5:40.6. HJ: 4 A.Walter 0.90. TJ: 4 A.Walter 5.78. JT: 2 A.Walter 11.87. HT: 3 A.Walter 7.47. 4x400m: 2 Belgrave 5:18.4. W50. 1500m: 1 N.Mills 6:20.1. HJ: 1 M.Jones 0.90. TJ: 1 M.Jones 13.80. JT: 1 M.Jones 13.80. HT: 1 M.Jones 17.88.

**06 University of London Champs.**, Tooting. 100m: 1 R.Sear 11.3. 110mH: 1

R.Sear 14.6. HJ: 1 R.Aspden (gst) 2.00; 3 R.Sear 1.95. **06 Trafford Grand Prix**. 800m: 7r1 C.Watson (U20) 1:52.76. 1500m: 4 P.Freary 3:51.0; 6 D.Watson (U20) 3:51.33.

**06 FILA-Belgrave Speed GP I**, Battersea Park. 100m: 2r1 M.Dickson 10.7/-0.9; 4r3 N.Owen 11.4/0.6; 1r4 D.Akinbogun 11.4/0.6. 200m: 2r1 M.Dickson 22.00/1.5; 3r2 N.Owen 22.86/1.9; 4r2 D.Akinbogun 23.00; 2r3 N.Hliouat 24.32/0.7. Women. 110mH: 3 D.Holden 53.94.

**08 Tula**, Russia. HJ: 8 B.Challenger 2.10.

**08 IAAF GP II**, Seville. 100m: 1 D.Chambers 10.01/0.6 (1h2 10.12/1.1). 400mH: 2 C.Rawlinson 48.91. Women. 100mH: 8r1 K.Carson 13.23/0.9.

**09 Znamskiy Memorial Meeting**, Tula, Russia. HT: 4 M.Jones 73.91.

**09 BMC Grand Prix**, Watford. 800m: 1r1 N.Speaight 1:47.67; 8 A.McLean-Foreman 1:51.83. 1500m: 9r1 A.Zawadzki 3:43.29; 3r2 M.Miles 3:46.10. 12r5 K.Nash 4:02.18. Women. 800m: 3r1 E.Davies 2:05.99; 8r3 V.Goodwin 2:19.97. 1500m: 11r2 M.Sharp 4:29.53.

**09 Gloucester/Severn Open**. DT: 1 S.Thompson 51.42.

**09 County Schools Champs.**

**Surrey**, Kingsmeadow. Inter Boys. 400m: 2 R.Mander 52.4 (h 53.0). LJ: 3 G.Wilson 7.03.

**Sussex**, Crawley. Inter Girls 100m: 1 A.Onuora 12.2.

**London**, Battersea Park. Senior Boys. DT: 1 D.Onwuballili 44.79. Inter Boys. 100m: 2 J.Ellington 11.2 (1h 11.4). 200m: 2 J.Regis 22.9 (2h 23.6). 400m: 1 D.Lambert 52.6 (1h 53.8). 1500m: 2 D.Bridges 4:29.1. LJ: 1 O.Eyong 6.81. DT: 3 W.Caldeira 27.89. SP: 6 A.George 10.55. Junior Boys. 100m: 2 T.Homma 11.6 (1h 11.6). 800m: 2 G.Mabbutt 2:16.3 (2h 2:19.9). LJ: 1 T.Homma 6.25. DT: 8 R.Collier 23.71. Inter Girls. 100m: 1 S.Dankwa 13.1 (1h 13.0). 300m: 2 A.Forsyth 42.0 (club record). 800m: 2 G.Bennett 2:33.1. 1500m: 10 L.Walter 5:53.3. DT: 6 L.Woolley 20.42. Junior Girls. 800m: 1 L.Collier 2:25.2 (1h1 2:33.1); 2 L.Hodges 2:31.6 (2h2 2:42.9). JT: 3 F.Meyrick-Cole 24.42.

**09-10 Arles**, France. a=9th, b=10th. HJ: a 7 C.Le Francois 1.95. LJ: b 11 J.Flynn 7.51/4.7; 12 D.Thompson 7.43/3.8. PV: a 9 I.Tullett 5.00. Women. 100m: a 2r2 C.Harrison-Bloomfield 11.50/2.5.

**10 Women's Jubilee Cup Semi-Final**, Wood Green.

1 Belgrave H 117; 2 Birchfield H 114.5; 3 Epsom & Ewell H 81.5; 4 Walton AC 78.5; 5 Woodford Green & Essex Ladies 76; 6 Team Solent 66; 7 Aldershot Farnham & District AC 63.5; 8 Bournemouth AC 47. 100m: 3 A.Onuora 12.4. 200m: 2 J.Culley 25.0. 400m: 2 J.Culley 55.1. 800m: V.Goodwin 2:20.4. 1500m: 1 M.Sharp 4:37.3. 3000m: 5 S.Stracey 11.19.0. 100mH: 1 R.King 13.7. 400mH: 1 H.Stares 60.5. HJ: 1 M.Knight 1.65. LJ: 4 M.Knight 5.07. TJ: 4 M.Knight 10.77. PV: Lucy Webber dnj. SP: 4 S.Drew 12.17. DT: 1 S.Drew 57.10. JT: 1 S.Cruz 43.99. HT: 3 D.Holden 52.19. 4x100 2

Belgrave 48.3 (R.King, J.Culley, M.Nestor, A.Onuoru). 4x400m: 3 Belgrave (H.Stares 60.1, V.Goodwin 60.8, E.Eharuyi 57.1, J.Culley 56.3).

#### 10 Men's Gold Cup Semi-Final, Rugby.

1 Belgrave H 144.5; 2 Shaftesbury Barnet H 121; 3 Bedford & County AC 98.5; 4 Rugby AC 91; 5= Blackpool & Fylde and City of Stoke AC 72; 7 City of Norwich AC 66; 8 Cannock & Stafford AC 36.

100m: 1 G.Beasley 10.7; 200m: 1 C.Lambert 21.6/-0.7; n/s 1 I.Deeth 22.8. 400m: 1 T.Bayley 48.5. 800m: 1 R.Ward 1:53.7. 1500m: 1 M.Miles 3:51.4. 5000m: 2 A Stewart 14:48.1. 10000m: 4 W.Cockrell 32:33.6. 110mH: 1 R.Sear 14.4. 400mH: dnf A Bennett (fell). 3000mSC: no competitor. HJ: 4= R.Sear 1.90. LJ: 2 P.Idowu 7.23. TJ: 1 P.Idowu 15.62. PV: 3 I.Mackenzie 3.80. SP: 1 L.Newman 17.46. DT: 1 K.Brown 53.78. JT: 2 W.Smith 57.81. HT: 1 D.Smith 73.30. 4x100m: 1 Belgrave 42.5 (G.Beasley, L.Obob, I.Deeth, C.Lambert). 4x400m: 1 Belgrave 3:23.0 (I.Deeth 51.1, A.Bennett 50.7, R.Ward 52.0, T.Bayley 49.2).

10 Gold Cup Semi-Final, Wood Green. 1500m: 2 R.Ashe (2-cl) 3:51.0.

10 Scottish U20 Champs., Grangemouth. 400m: 1 J.Simpson 49.10.

10 SCVAC Champs., Battersea Park. M45 SP: 2 M.Small 12.93. DT: 1 M.Small 38.76. M65 HJ: 2 C.Taylor 1.16. HT: 6 C.Taylor 25.81. W40 800m: 2 J.Searle 2:40.3. W45 SP/DT/JT: 1 V.Ellis 14.98. 4x100m: 2 V.Thompson 27.48.

13 Rosenheim League, Wimbledon Park. All non-scoring events. 100m: 7 C.Manning (M70) 19.5. 800m: 1 S.Connor 2:08.1; 2 M.Anderson 2:11.1; 4 S.Zealey 2:16.5. 1500m: 1 A.Stewart 4:04.8; 2 S.Kennefick 4:09.0; 4 L.Greatorex 4:18.0; 9 A.Cowmeadow 4:39.3. 3000m: 8 C.Dickinson (M50) 9:29.0.

13 Loughborough Uni. vs Midlands vs Achilles vs RAF. 800m: 2r1 C.Moss 1:49.2; 4 A.Zawadzki 1:52.3.

13 Watford Open. SP: 1 L.Newman 18.37. SP: C.Taylor (M65) 8.95/5kg. HT: C.Taylor (M65) 27.15.

14 IAAF GP II, Helsinki, Finland. TJ: 5 P.Idowu 16.41/0.5.

16 U23 International, Mannheim, Germany. 100m: 3h5 T.Abeyie 10.74/0.9.

1500m: 2 R.Ward 3:51.79. Women. 100m: 3r1 A.Spencer 11.66/1.6. 200m: 2r1 V.James 23.30/1.8.

16 Istanbul, Turkey. Women. JT: 2 S.Cruz 49.08.

16 Thameside League Match 2, Battersea Park.

U15B. 1 Bromley 327; 2 Croydon 290; 3 Herne Hill 284; 4 Belgrave 277; 5 Paddock Wood 178; 6 Camberley 166; 7 Queens Park 157; 8 Richmond & Twickenham 74.

100m: 1 J.Sharp 11.9. 200m: 1 J.Sharp 24.7; 1 T.Francis 28.6. 400m: 2 R.Banks 58.8; 3 I.Corpuz 69.0. 800m: 1 G.Mabbutt 2:17.7; 4 T.Ellis 2:39.7. 1500m: 3 P.Cowling 5:03.1. 80mH: 2 P.Cowling 13.7. HJ: 3 J.Sharp 1.45. LJ: 2 G.Mabbutt 4.88; 2 T.Ellis 4.63. SP: 5 I.Corpuz 5.81; 4 T.Francis 5.79. DT: 5 P.Cowling 18.13; 4 T.Francis 14.80. JT: 7 T.Ellis 14.98. 4x100m: 1 Belgrave 50.8.

U13B. 1 Bromley 264; 2 Herne Hill 264; 3 Belgrave 250; 4 Croydon 241; 5 Camberley 128; 6 Queens Park 116; 7 Richmond & Twickenham 17. 100m: 2 J.Ochra 14.3; 2 P.Mabbutt 14.4; n/s H.Indimi 16.9. 200m: 3 J.Ochra 30.3; 3 L.Shettle 29.9. 300m: 2 M.Redhead 50.1. 800m: 1 L.Shettle 2:33.0; 1 P.Mabbutt 2:46.8; n/s H.Hodges 3:15. 1500m: 4 C.Taylor 5:48.7; 3 J.Colman 6:10.2. 75mH: 4 C.Taylor 16.0; 2 M.Redhead 16.3. HJ: 4 J.Colman 1.10; 3 C.Taylor 1.00. LJ: 3 J.Ochra 4.23; 1 P.Mabbutt 4.20. SP: 2 L.Shettle 5.86; 2 M.Redhead 5.53. 4x100m: 2 Belgrave 59.2.

U15G. 1 Herne Hill 311; 2 Bromley 210; 3 Richmond & Twickenham 190; 4 Dartford 175; 5 Belgrave 173; 6 Camberley 148; 7 Croydon 131; 8 Queens Park 103; 9 Paddock Wood 49.

100m: 2 S.McGregor 13.3. 200m: 1 S.McGregor 27.9; 1 L.Collier 28.8. 800m: 1 L.Collier 2:27.2; 1 L.Hodges 2:31.5. 1500m: 3 B.Cobden-Ramsey 5:33.1. LJ: 3 L.Collier 4.26; 2 S.McGregor 3.71. DT: 7 B.Cobden-Ramsey 13.39. JT: 2 B.Cobden-Ramsey 16.03. 4x100m: 3 Belgrave 57.4.

U13G. 1 Bromley 219; 2 Herne Hill 181; 3 Paddock Wood 162; 4 Belgrave 142; 5 Richmond & Twickenham 137; 6 Dartford 136; 7 Camberley 132; 8 Queens Park 112; 9 Croydon 30.

100m: 2 E.Collins 14.3; 2 S.Kemp 14.3. 200m: 2 E.Collins 30.3; 2 H.Gates 30.4. 1500m: 1 J.Massey 5:38.7; 1 K.Burns 5:59.8. 70mH: 2 S.Kemp 13.3. LJ: 7 H.Gates 3.46; 6 S.Kemp 2.89. 4x100m: 2 Belgrave 59.1.

16-17 South of England Champs. Wood Green. a=16th, b=17th.

Men. 100m: a 1, G.Beasley 10.82/0.3 (2s1 10.94/-1.1, =1h3 10.78w/2.3); 2 C.Lambert 10.83 (1s3 11.02/-1.0, 1h1 10.53/?); 5s3 M.Dickson 11.32/? (1h4 10.90/2.0). 200m: b 2 G.Beasley 21.34/-2.4 (1s1 21.8/-1.5, 1h4 22.16/?); s1 C.Lambert dns (1h1 21.63/?). 400m: a 4 I.Deeth 48.4 (2h4 48.10); T.Bayley dnf (1h4 48.00). 800m: b 1 R.Ashe (2-cl) 1:52.26 (a 1s1 1:53.17, 1h1 1:53.50). 1500m: b 2 S.Sharp 3:47.75 (a 1h2 3:54.67); 8h2 K.Nash 4:03.22. 110mH: 2 N.Owen 14.26/-0.2 (1h2 14.27/-2.3); 6 R.Sear 14.83 (2h1 14.52/-2.6). 400mH: a 5h2 J.Squirell 58.00; 8h2 R.Smith 60.01. HJ: b 2 R.Aspsen 2.05. LJ: a 1 D.Thompson 7.84/1.4. PV: b 1 I.Tullett 5.00. DT: a 2 S.Thompson 50.59. JT: b 6 W.Smith 54.30.

Women. 100m: a 3 C.Harrison-Bloomfield 11.77/-0.9 (1h6 11.75/1.4). 200m: b 3 C.Harrison-Bloomfield 24.24/-1.7 (1h2 24.24/-1.0). 400m: 4 J.Culley 55.07 (2h2 55.69). 800m: a 6h1 J.Poloni 2:55.40; 6h2 V.Goodwin 2:18.68. 1500m: a 8h1 S.Stracey 5:11.35. TJ: a 4 C.Stead 11.83/1.2. DT: b 1 S.Drew 52.85. HT: a 3 D.Holden 54.12.

17 Welsh Champs., Cardiff. 100m: 6 A.Walcott 11.01/-0.8. SP: 1 L.Newman 17.23. DT: 1 L.Newman 56.17. Women. 100m: a 1 R.King 12.04/0.4. 100mH: b 1 R.King time not known. 400m: 1 D.Higgins 55.14. 800m: 2 E.Davies 2:06.61.

17 Midland Counties AA Champs., Birmingham. DT: 1 K.Brown 50.04. Women. HJ: 2 N.Smallwood 1.60.

17 North of England AA Champs., Wavertree, Liverpool. 5000m: 3 P.Freary 15:14.19. SP: 4 D.Readle 15.47. HT: 1 D.Smith 72.89.

17 Oxford City AC Stars Young Athletes Award Meeting, Oxford. U14G 100m: C.Hopkins 15.0. 200m: 1 L.Hodges 29.0. HJ: L.Hodges 1.25.

LJ: C.Hopkins 3.51. JT: C.Hopkins 13.55. U11G 100m: L.Hopkins 15.3.

200m: L.Hopkins 32.0. SP: L.Hopkins 5.90.

17 Schools Inter-Counties, Kingsmeadow. Intermediate Boys 400m: 2r2 R.Mander 52.9. LJ: 2 G.Wilson 6.36.

18 Live 2001, Nuremberg, Germany. 100m: 1 D.Chambers 10.14/-0.2 (1h2 10.44/-1.5)

19 Gustav Sule Memorial, Tartu, Estonia. 800m: 2 N.Speight 1:47.16.

19 Trafford Grand Prix, Longford Park. DT: 3 D.Readle 43.01.

19 London Schools (Years 7 & 8), L.Christie Stadium. 800m Y8G 1 L.Collier time ?; 2 L.Hodges 2:30. Y7G 1500m: 1 J.Massey 5:28. HJ: 2 J.Massie 1.33.

20 Woking Open. Women. PV: 1 J.Smiter 1.90.

20 FILA-Belgrave Speed GP II, Battersea Park. 100m: 5r1 M.Dickson 10.7; 4r2 I.Deeth 11.13/0.4; 6r3 N.Owen 11.3; 2r4 R.Smith 11.80/-0.4; 1r5 L.Obob (U20) 10.86/1.0; 5r5 J.Ellington (U17) 11.47; 6r5 J.Regis (U17) 11.57; 2r6 D.Lambert (U17) 11.67/-0.3; 4 O.Eyong (U17) 11.77. 200: 4r1 I.Deeth 21.95/0.0; 4r2 N.Owen 22.59/0.7; 2r3 R.Smith 23.71/-0.3; 7r4 J.Ellington (U17) 23.18/1.6; 2r5 D.Lambert (U17) 23.07; 3r5 J.Regis (U17) 23.36. 3000m: 1 K.Nash 8:31.94; 2 K.Tadesse 8:34.65; 3 A.Stewart 8:34.79.

23 Norwich Union U23 International, Wavertree. 100m: 3 D.Chin (gst) 10.82/-1.0. 400m: 4 T.Bayley (gst) 48.19. 800m: 5 A.McLean Foreman 1:52.91. 110mH: 3 N.Owen (gst) 14.28/-1.5. LJ: 2 D.Thompson 7.50/4.1.

23 Spar Europa Cup, Bremen, Germany. 400mH: 5 C.Rawlinson 50.11. HT: 6 M.Jones 73.67.

23 BMC Nike Grand Prix, Solihull. 800m 7r1 Andy Graffin 1:49.67; 9 C.Moss 1:50.4. 1500m: 1r1 R.Ashe 3:43.20; 4 R.Ward 3:44.96; 9 S.Sharp 3:47.13. LMEI 5000m: 6 Allen Graffin 13:42.15. LMEI 3000m 7 K.Nash 9:08.5. Women 800m: r1 1 E.Davies 2:05.1.

23 Women's Southern League Division 3 Match 3, Bromley.

1 Belgrave H 200; 2 Blackheath H 193; 3 Windsor SE&H 168; 4 Kingston & Poly H 133; 5 Verlea AC 126.

100m: 1 A.Onuora (U17) 12.8; 3 M.Nestor (U17) 13.9; n/s T.Francis (U17) 14.3; G.Bennett (U17) 15.1. 200m: 2 J.Culley 25.2; 3 M.Nestor (U17) 28.0. 400m: 2 V.Goodwin 62.3; 1 S.Stracey 62.9. 800m: 1 M.Sharp 2:15.9; 1 V.Goodwin 2:22.1; n/s G.Bennett (U17) 2:34.8; J.Searle (W40) 2:43.4; J.Poloni 2:55.7. 1500m: 1 S.Stracey 5:16.0; 2 D.Hearn (U20) 5:30.7. 3000m: 1 M.Sharp 10:11.5; 2 J.Emery 13:38.1; n/s T.Sturton 11:19.0. 100mH: 4 D.Kandaros 19.6; 2 G.Porter 20.3. 400mH: 1 M.Markes 58.6; 1 D.Kandaros 74.6. HJ: 1 M.Knight 1.65; 1 N.Smallwood 1.55. LJ: 3 M.Knight 5.26; 1 N.Smallwood 1.55. TJ: 2 M.Nestor (U17) 10.69; 3 J.Smiter 8.23. PV: 1 L.Webber 3.40; 1 J.Smiter 1.70. SP: 2 V.Thompson (W45) 9.73; 2 V.Hassell 7.62; n/s M.Knight 11.72. DT: 1 D.Holden 34.48; 3 G.Porter 22.01. JT: 1 V.Thompson (W45) 27.71; 2 M.Knight 34.02. HT: 1 D.Holden 56.21; 2 G.Porter 28.53. 4x100m: 2 Belgrave 49.9 (T.Francis U17, A.Amoura U17, M.Nestor U17, J.Culley). 4x400m: 1 Belgrave 4:04.7 (V.Goodwin 63.0, D.Kandaros 66.8, M.Markes 56.2, J.Culley 58.7).

U17W. 80mH: 2 M.Bentley 15.2; T.Francis 16.2. 300mH: 1 A.Forsyth 46.8. U15G. 100m: 2 C.Foster 13.2; 5 H.Gates (U13) 15.2. 200m: 2 S.McGregor 27.2; 2 L.Collier 28.1. 800m: 1 L.Collier 2:22.1. 75mH: 5 C.Foster 14.2; 4 A.Bollem 17.1. 1500m: 4 K.Burns (U13) 5:55.7; 2 A.Bollem 5:58.3. HJ: 3 S.McGregor 1.35; K.Burns nht. LJ: 5 L.Collier 4.09; 5 H.Gates (U13) 3.55. DT: 5 A.Bollem 12.09; 5 S.McGregor 11.98. JT: 5 E.Collins (U13); 4 C.Foster 7.75. 4x100m: 4 Belgrave 55.1 (C.Foster, H.Gates U13, L.Collier, S.McGregor).

23 Men's Southern League Division 1 Match 3, Tooting.

1 Herne Hill H 122; 2 Basildon 119; 3 Belgrave 100; 4 Woodford Green 95; 5 Team Solent 77.

100m: 4 D.Akinbogun 11.2; 5 J.Hilston 11.4. 200m: 5 D.Akinbogun 22.8; 5 G.Ross 24.3. 400m: 4 J.Panton 54.1. 800m: 2 K.Quinn 2:00.0; 3 L.Greatorex 2:04.0. 5000m: 1 K.Hegveld 15:23.0; 1 W.Cockrell 16:17.1. 400mH: 5 R.Smith 61.6; 4 J.Panton 71.0. HJ: 2 J.Hilston 2.00; 2 J.Tuson 1.90. LJ: 2 J.Tuson 6.48; 1 A.Kneller 6.17. TJ: 1 E.Clarke 14.08; 1 J.Hilston 13.72. SP: 2 M.Small 13.20; 1 J.Osazuwa 11.77. DT: 1 H.Ziska 44.23; 1 M.Small 40.40. JT: 5 A.Kneller 43.95; 1 M.Small 43.05. HT: 2 J.Osazuwa 58.34; 1 M.Small 45.24. 4x100m: 2 Belgrave 43.4 (D.Akinbogun, M.Dickson, J.Hilston, R.David).

23-24 British Veterans Champs., Eton. M50 1500m: a 3 C.Dickinson 4:30.0. M45 SP: b 3 M.Small 12.92. M45 HT: b 1 M.Small 45.33. M65 HJ: b 2 C.Taylor 1.21. M65 SP: b 5 C.Taylor 9.73. M65 JT: a 4 C.Taylor 25.92.

24 National Junior League S. Premier Division Match 2, Bedford.

1 Enfield & Haringey 327; 2 Shaftesbury Barnet H 318; 3 Harrow 314; 4 Belgrave 299; 5 Blackheath 239; 6 Aldershot F&D AC 194.

100m: 1 L.Obob 11.1/0.8; 3 J.Ellington 11.5/-0.1; n/s (-0.9) 2 R.Graham 11.6; 4 J.Regis 11.8. 200m: 1 L.Obob 22.3/-1.6; 2 J.Simpson 22.7/-1.5; n/s (-1.2) 1 R.Graham 22.7; 2 J.Regis 23.1. 400m: 1 A.Bennett 49.7; 4 A.Simpson 53.5. 800m: 5 D.DeEmmony 1:58.4; 5 J.Skilbeck-Nelson 2:01.2. 1500m: 7 D.Mallin 4:17.4; 7 J.Skilbeck-Nelson 4:27.4. 110mH: 4 J.Hardy 16.9/0.4; 1 J.Dickinson 16.4/0.6. 400mH: 1 A.Bennett 55.6; 1 J.Dickinson 58.1. HJ: 2 J.Hardy 2.00; 3 S.Augustine 1.70. LJ: 3 G.Wilson 6.35; 2 D.Wellstead 5.95. TJ: 3 G.Wilson 13.30; 2 D.Wellstead 13.11. SP: 1 G.Beard 17.01; 1 G.Springs 14.02. DT: 1 G.Beard 48.54; 1 G.Springs 34.72. JT: 5 J.Hardy 40.35; 3 J.Dickinson 39.32. HT: 6 G.Springs 21.45; 3 J.Dickinson 20.71. 4x100m: 1 Belgrave 43.4 (J.Regis, J.Ellington, R.Graham, L.Obob). 4x400m: 2 Belgrave 3:27.8 (J.Simpson 50.6, A.Simpson 54.3, D.DeEmmony 52.2, A.Bennett 50.7).

27 Trofeu Maurina, Imperia, Italy. 100m: 1r2 C.Harrison-Bloomfield 12.21/0.2 (2h1 12.24/-1.6). TJ: 6 C.Stead 11.93.

27 SEAX Trophy, Wood Green. Women. HJ: 2 M.Knight 1.65. JT: 1 M.Knight 33.25.

27 Poole Open Meeting. 100m: 1 S.Exley 10.9. LJ: 1 S.Exley 6.53.

27 Police Champs., Solihull. 1500m: 1 R.McHarg 4:05.2.

27 Army Champs., Portsmouth. 110mH: 1 P.Beaumont 15.0. 400mH: 1 P.Beaumont 57.1.

**29 Dublin International**, Morton Stadium. 400m: 3 S.Baldock 46.86. 800m: 2 N.Speaight 1:47.79. LJ: 3 J.Flynn 7.25/??. SP: 2 L.Newman 17.20. DT: 3 L.Newman 56.47. HT: 1 D.Smith 71.84. Women. 400m: 5 D.Higgins 55.94. DT: 2 S.Drew 58.35.

**29 Golden Gala**, Rome, Italy. 400mH: 4 C.Rawlinson 48.96.

**30 Funchal**, Portugal. HJ: 1 B.Challenger 2.21.

**30 Inter-Area Match**, Birmingham. Men 200m: 1 G.Beasley 21.53. 110mH: 3 N.Owen 14.03. HJ: 2 R.Aspden. Women 400m: 3 J.Culley 55.80. HJ: 1 L.Haggett 1.75. PV: 1 L.Webber 3.85. DT: 1 S.Drew 54.24. HT: 1 D.Holden 53.42.

**30-01 Norwich Union AAA U23 & U20 Championships**, Bedford.

U23M. 100m: 2 C.Lambert 10.30w/3.8 (1s2 10.4w/2.6, 1h1 10.35w/2.8); 5 D.Chin 10.55 (4s2 10.7w/2.6, 3h3 10.65w/3.4). 200m: 5h3 I.Deeth 22.1/1.1. 400m: 4 T.Bayley 48.15 (2h2 48.2); 7 I.Deeth 49.04 (2h3 48.7). 800m: 1 C.Moss 1:53.0 (1h1 1:53.19). 1500m: 10 R.Hayman 15:32.55. 110mH: 4 R.Sear 14.3w/3.0 (2h1 14.5/2.0). HJ: 1 S.Oni 2.18. LJ: 2 D.Thompson 7.53/0.4; 9 J.Birks 6.21/1.9. DT: 3 S.Thompson 48.50. HT: 2 J.Osazuwa 60.18. U20M. 100m: 6 T.Abeyie 10.55w/4.3 (2s1 10.6w/4.9, 2h3 10.69/1.1); 7s1 J.Ellington 10.9w/4.9 (6h3 11.1/1.1). 200m: 4 L.Oboh 21.3w/3.7 (2h1 21.62/0.9); 8h1 J.Regis (23.51/0.9). 400m: 5s1 J.Simpson 49.03 (1h4 49.6). 800m: 4 C.Watson 1:59.04 (2h1 1:54.91); 6h2 D.DeEmmony 2:00.06. 1500m: 1 D.Watson 3:50.1 (1h2 4:01.1); 2 R.Ward 3:50.7 (1h1 4:01.2). 400mH: 3h2 A.Bennett 56.7. LJ: 3 O.Eyong (U17) 7.43/2.4. SP: 1 G.Beard 16.23; 7 G.Springs 12.51. DT: 1 G.Beard 47.20. JT: 5 W.Smith 59.02. U20W. 100m: 1 V.James 11.44w/3.5 (1h1 11.61w/2.9). 200m: 1 A.Spencer (U17) 23.3w/3.3 =CBP (1h124.0/1.2).

#### July 2001

**01 Vardinoyiannia Meet**, Rethymno, Crete. 400mH: 4 M.Douglas 49.68.

**01 MAL Kupa International**, Budapest, Hungary. 100m: 3h1 C.Harrison-Bloomfield 12.21/0.6. 800m: 6 E.Davies 2:05.60. 100mH: 1 R.King 13.51/-2.6.

**01 Norwich Union Challenge, GB v USA v Russia**, Glasgow. 100m: 2 D.Chambers 10.13/0.0. 800m: 2 N.Speaight 1:48.88. Invitation 800m: 6 Andrew Graffin 1:49.09. 400mH: 2 C.Rawlinson 49.22. TJ: 2 P.Idowu 17.38/2.6.

**01 National YA League, S. Premier Match 4**, Sutcliffe Park.

1 Belgrave H 244; 2 Borough of Enfield 'B' 222; 3 Basildon; 4 Epsom & Ewell. Man of the match. Daniel Lambert

U17M. 100m: 1 P.Doorgachurn 11.7; 2 T.Tsui 12.3. 200m: 1 D.Lambert 23.2; 1 P.Doorgachurn 23.6. 400m: 1 R.Mander 55.1; 1 T.Tsui 56.7. 800m: 1 S.Ramnani 2:15.1; 2 R.Davis 2:25.9. 1500m: 1 S.Ramnani 4:36.4; 1 W.Bailey 5:13.8. 3000m: 1 M.Powell 11:23.1. 100mH: 3 D.Seddon 23.0. 400mH: 2 R.Davis 71.4; 1 W.Bailey 72.4. 1500mSC: 1 D.Seddon 4:54.6; 1 P.Graham 5:24.3. HJ: 4 R.Davis 1.55; 1 D.Lambert 1.45. LJ: 2 P.Doorgachurn 5.42; 2 A.George 1.39. TJ: 2 A.George 11.56. PV: 2 S.Ansell 2.40; 1 M.Powell 1.75. SP: 2 C.Wilson 11.11; 1 W.Caldeira 10.79. DT: 2 W.Caldeira 27.65; 2 C.Wilson 23.31. JT: 4 W.Bailey 16.69; 3 A.George 14.12. HT: 2 W.Caldeira 23.09; 1 C.Wilson 22.26. 4x100m: 1 Belgrave 47.5 (W.Bailey, W.Caldeira, P.Doorgachurn, D.Lambert). 4x400m: 1 Belgrave 3:49.7 (T.Tsui, R.Davis, S.Ramnani, R.Mander).

U15B. 100m: 2 T.Homma 11.8; 1 U.Ebubadike 12.1. 200m: 2 J.Sharp 24.8; 1 U.Ebubadike 25.2. 400m: 2 G.Mabbutt 57.0; 1 N.Ambrose 59.7. 800m: 2 J.MacRae 2:15.7; 1 G.Mabbutt 2:16.1. 1500m: 4 P.Cowling 5:04.5; 4 R.Collier 5:34.0. 800mH: 2 J.Chin 13.3; 1 P.Cowling 14.0. HJ: 1 J.Chin 1.53; 1 R.Collier 1.45. LJ: 2 T.Homma 6.08; 1 J.Sharp 5.32. PV: 2 R.Collier 2.30. SP: 2 J.Szpytma 10.69; 1 M.Lambert 9.98. DT: 1 J.Szpytma 23.77; 1 M.Lambert 21.87. JT: 1 J.MacRae 31.06; 1 N.Ambrose 19.17. HT: 2 J.Szpytma 23.50; 2 M.Lambert 21.58. 4x100m: 1 Belgrave 47.8 (M.Lambert, U.Ebubadike, J.Sharpe, T.Homma). 4x400m: 1 Belgrave 3:54.4 (G.Mabbutt, N.Ambrose, J.MacRae, P.Cowling).

U13B. 100m: 1 J.Ocrah 13.8; 1 M.Redhead 14.6. 200m: 1 J.Ocrah 28.7; 1 L.Shettle 29.6. 800m: 1 L.Shettle 2:31.6; 1 P.Mabbutt 2:52.2. 1500m: J.Colman 6:12.7. LJ: 1 P.Mabbutt 4.39; 1 M.Redhead 4.04. SP: 2 P.Veiga 5.99; 1 J.Colman 4.52. 4x100m: 1 Belgrave 58.3.

**03 BMC Nike Grand Prix**, Stretford. 1500m: 10 P.Freary 3:57.32.

**04 Braga**, Portugal. Women. 800m: 4 E.Davies 2:04.70.

**04 Athletissima 2001**, Lausanne, Switzerland. 100m: 3 D.Chambers 10.00/0.0. 1500m: 14 Andrew Graffin 3:37.7. 400mH: 2 C.Rawlinson 49.11.

**04 BMC Nike Grand Prix**, Tooting. 800m: 1 R.Ward 1:50.9. Women. 4 V.Goodwin 2:19.2.

**04 BMC Nike Grand Prix**, Cardiff. 800m: 6r1 R.Ashe 1:50.64; 7r1 C.Watson 1:50.89. 3000m: 7 M.Miles 8:05.90.

**04 Sprints Development Meet**, Loughborough. Men. 100m: 1r1 C.Lambert 10.68/-2.2. 400m: 5r1 G.Dearman 48.04. 110mH: 1r2 N.Owen 14.30/-2.3 (2h2 14.56/-2.4); 2r3 R.Sear 14.94/-2.8 (3h1 14.94 -2.8). 400mH: 1r1 M.Douglas 49.70. DT: 2 L.Newman 53.23. Women. 200m: 2r1 M.Marks 24.60/-1.9. 100mH: 3r1 R.King 14.00/-2.3 (1h1 14.05/-2.0). 400mH: 4r1 M.Marks 59.52; 5r2 H.Stares 61.37. DT: 1 S.Drew 57.69. PV: 1 L.Webber 3.85.

**04 FILA-Belgrave Speed GP III**, Battersea Park. 100m: 5r2 M.Dickson 11.21/-0.7. 1r4 D.Akinbogun 11.24/-0.7; 1r6 M.Dickson 11.16/-1.2; 6r6 N.Travers-Griffin 12.64. 200m: 2r2 D.Akinbogun 22.82/-1.0; 6r3 N.Travers-Griffin 25.61.

**05-06 English Schools Championships**. a=6th, b=7th

Junior Boys. LJ: a 3 T.Homma (Lon) 6.27/1.2 (1qA 6.00/0.0). Inter Boys. 100m: b 3s2 J.Ellington (Lon) 11.08/3.3 (a 3h4 11.15/0.8); 6h5 P.Doorgachurn (Lon) 11.58/1.1. 200m: a 6h2 J.Regis (Lon) 23.16/0.1. 400m: a 4h4 D.Lambert (Lon) 51.35. 100mH: a 7h3 E.Walsh (Som) 15.60/0.4. LJ: a 1 O.Eyong (Lon) 7.26/-0.1 (1qA 7.33/-0.1); 11 G.Wilson (Sry) 5.98.0.0 (3qA 6.87/0.2).

Senior Boys. 100m: b 2 L.Oboh (Mdx) 10.66/??. (a 2h2 10.81/0.8). 200m: b 1 T.Abeyie (Sry) 21.93/1.4 (a 1h1 21.93/1.4). 400mH: b 3 A.Bennett (Sex) 53.97 (-a 2h1 55.10). SP: 3 G.Springs 13.72. DT: a 1 D.Onwuballili (Lon) 50.94.

Junior Girls. 800m: a 6h1 L.Collier (Lon) 2:23.35. 300mH: 6h3 A.Forsyth 47.42.

Inter Girls. 100m: b 6 A.Onuora (Ssx) 12.07/3.3 (a 2h1 12.26/0.7, 3s2 b 12.25/2.4).

Senior Girls. 200m: 1 V.James 23.24/4.6 (a 1h1 24.27/??.).

**07 British League Division 1 Match 3**, Eton.

1 Birchfield 340; 2 Woodford Green with Essex Ladies 311.5; 3 Belgrave H 309; 4 Newham & Essex Bgls 275; 5 Sale H Manchester 259.5; 6 Border H 249; 7 Shaftesbury Barnet H 242; 8 Blackheath H 201.

100m: 5 G.Beasley 10.65/1.4; 1 D.Chin 10.60/0.7. 200m: 2 G.Beasley 21.48/-1.3; 5 I.Deeth 22.4/-0.5. 400m: 4 G.Dearman 47.64; 2 T.Bayley 47.71. 800m: 8 M.Miles 1:53.71; 8 S.Barden 1:54.17. 1500m: 5 S.Sharp 3:47.95. 5000m: 5 A.Stewart 14:45.76; 4 R.Hayman 15:18.19. 110mH: 4 N.Owen 13.97/0.8; 3 R.Sear 14.7/1.9. 400mH: 2 M.Douglas 49.9. 3000mSC: 4 K.Nash 9:21.01. HJ: 1 B.Challenger 2.20; 2 R.Aspden 1.95. LJ: 5 J.Flynn 6.94/1.4; 6 J.Tuson 6.64/1.9. TJ: 3 F.Mepandy 14.74/-0.3; 4 J.Flynn 13.81/0.0. PV: 2 I.Tullett 4.90; 1 B.Flint 4.80. SP: 4 L.Newman 16.66; 6 S.Thompson 12.91. DT: 4 L.Newman 52.21; 4 S.Thompson 45.99. JT: 4 C.Green 60.80; 4 W.Smith 54.53. HT: 1 M.Jones 73.53; 1 D.Smith 65.63. 4x100m: 2 Belgrave 41.07 (M.Russell, I.Deeth, D.Chin, G.Beasley). 4x400m: 1 Belgrave 3:08.18 (T.Bayley, C.Rawlinson, G.Dearman, S.Baldock)

**07 Cork City Sports**. 100m: 1 C.Lambert 10.59/-2.4. 200m: 3 C.Lambert 21.29/-2.5. 800m: 9 A.McLean Foreman 1:50.64. 1500m: 13 A.Zawadzki 3:45.98; 17 D.Watson 3:55.36. Women. 100mH: 6 R.King 14.45/-2.4.

**07 World Veterans' Champs**, Brisbane, Australia. M50 5000: 3 C.Dickinson 16:12.74. 10000m: 3 C.Dickinson 33:51.13. M65 SP: 22 C.Taylor 9.80. Weight Pentathlon: 22 C.Taylor 2632. Women. W50 Team Cross Country: 21 N.Mills 41:52 (member of 3rd placed team). W65 HT: 13 B.Dunsford 18:17.

**07 Thameside League Match 3**, Battersea Park.

U15B. 1 Bromley AC 329; 2 Herne Hill H 298; 3 Croydon H 231; 4 Belgrave H 229; 5 Camberley AC 154; 6 Paddock Wood 153; 7 Richmond & Twickenham 96; 8 Queens Park H 46.

100m: 2 J.Sharp 12.1; 2 J.Chin 12.7. 200m: 1 J.Sharp 24.7; 1 J.Chin 25.5. 400m: 3 J.McCram 66.8. 1500m: 2 P.Cowling 5:02.6. 800mH: 2 P.Cowling 13.5; 1 T.Francis 14.1. HJ: 4 T.Francis 1.50. LJ: 2 J.Sharp 5.66; 3 I.Corzup 4.34. SP: 3 P.Hooper 8.51; 4 T.Francis 5.94. DT: 3 D.Hooper 20.46. 4x100m: 2 Belgrave 50.5.

U13B. 1 Herne Hill H 297; 2 Croydon H 248; 3 Bromley AC 210; 4 Paddock Wood 139; 5 Camberley AC 114; 6 Richmond & Twickenham AC 84; 7 Queens Park H 77; 8 Belgrave H 71.

100m: 4 J.Ocrah 14.3. 200m: 3 J.Ocrah 29.3. 800m: 2 C.Taylor 2:33.8. LJ: 4 J.Ocrah 4.26.

U15G. 1 Bromley AC 313; 2 Herne Hill H 271; 3 Queens Park H 156; 4 Dartford H 125; 5 Belgrave H 118; 6 Paddock Wood 58; 7 Richmond & Twickenham 53; 8 Croydon H 51.

100m: 2 S.McGregor 13.2. 200m: 2 S.McGregor 27.6; 4 C.Hopkins 31.9. 800m: 2 L.Hodges 2:32.3. HJ: 3 S.McGregor 1.40. LJ: 4 C.Hopkins 3.70. JT: 2 C.Hopkins 15.01.

U13G. 1 Herne Hill H 258; 2 Bromley AC 201; 3 Dartford H 199; 4 Camberley AC 195; 5 Paddock Wood AC 164; 6 Richmond & Twickenham AC 131; 7 Queens Park H 120; 8 Belgrave H 109.

100m: 1 S.Kemp 14.3; 3 L.Hopkins 15.5; n/s S.Seaton 16.2. 200m: 3 S.Kemp 29.7; 3 L.Hopkins 33.0. 800m: 5 K.Burns 2:55.1; n/s S.Phillips 3:24.7. 1500m: 1 K.Burns 5:58.9; 2 J.Hodges 6:57.6. 70mH: 5 S.Kemp 13.7. SP: 8 L.Hopkins 4.44. 4x100m: dq Belgrave 65.6.

**08 Men's Southern League Division 1 Match 4**, Perivale.

1 Kent AC 144; 2 Maidstone & Rochester 103.5; 3 Basingstoke 103; 4 Belgrave 97; 5 Ealing Southall & Middx 78.5.

100m: 1 R.David 11.5; 2 G.Ross 12.0. 200m: 2 R.David 23.4; 3 G.Ross 23.9; n/s 1 N.Travers-Griffin 25.1; 2 R.McMillan 27.2. 400m: 3 K.Brennan 51.6; 4 R.McMillan 61.4. 800m: 4 M.Anderson 2:08.3; 5 L.Catley 2:10.4. 1500m: 4 J.Wolf 4:05.9; 4 L.Catley 4:21.9. 5000m: 2 W.Cockerell 16:17.5; 2 P.Carstairs 16:33.9. 110mH: 5 J.Squirrel 19.4. 400mH: 5 J.Squirrel 58.9. 3000mSC: 4 W.Cockerell 10:55.7. HJ: 1 J.Hilston 1.85; 4 A.Kneller 1.65. LJ: 4 J.Hilston 6.19; 1 A.Kneller 6.05. TJ: 2 J.Hilston 12.71; 5 J.Squirrel 10.70. SP: 1 M.Small 13.18; 2 J.Osazuwa 11.46. DT: 2 M.Small 40.00; 2 J.Osazuwa 34.18. JT: 3 M.Small 42.21; 3 A.Kneller 39.03. HT: 1 J.Osazuwa 61.94; 1 M.Small 47.29. 4x100m: 3 Belgrave 45.6 (G.Ross, J.Hilston, K.Brennan, R.David). 4x400m: 4 Belgrave 3:31.8 (N.Travers-Griffin 56.3, J.Hilston 50.1, G.Ross 53.1, K.Brennan 52.3).

**09 NatWest Island Games**, Douglas, Isle of Man. HT: 3 H.Ziska 44.51. DT: 3 H.Ziska 43.92.

**09 Nikaia IAAF GP**, Nice. 100m: 6 D.Campbell 10.46/-1.2. 1500m: 7 Andrew Graffin 3:35.97.

**11 BMC Midlands Races**, Sutton Coldfield. 1500m: 1 M.Miles 3:48.1.

**11 VAC Meet**, Kingsmeadow. 800m: 3 J.Searle (W40) 2:45.2; 4 R.Bale (M55) 2:49.3. 5000m: 3 R.Bale 21:42.3. SP: 1 M.Small (M45) 12.87. HT: 1 M.Small 46.13.

**12-15 IAAF Westel World Youth Championships**, Debrecen, Hungary. c=14th, d=15th. Men. 200m: d 5 L.Oboh 21.66/-1.1 (2s3 21.33/0.6, 2h2 21.56/0.4 c). Women. 200m: d 2 A.Spencer 23.45/0.0 (1s3 23.63/0.4, 1h6 24.03/-1.4 c).

**13-15 AAA Championships & World Championships Trials**.

a=13th, b=14th, c=15th.

Men. 100m: b 1 D.Chambers 10.01/1.7 (1s1 10.20/0.5, a 1h4 10.36/1.8); 4 C.Lambert 10.24/1.7 =pb (2s2 10.24/1.6 pb, 2h2 10.28/2.0 pb); 6 D.Campbell 10.38/1.7 (3s2 10.38/1.6, 1h3 10.44w/2.1); 5s1 G.Beasley 10.77/0.5 (4h1 10.64w/2.2). 200m: c 3 D.Chambers 20.65/0.6 pb (b 1h2 20.79/1.1); 7 G.Beasley 21.48/0.6 (4h1 21.18/1.1); 2h3 C.Lambert 21.08/1.4 dns in final; 7h3 I.Deeth 22.08/1.4. 400m: c 5 S.Baldock 46.61 (-b 3s2 46.67, a 3h2 47.40); 7s1 G.Dearman 47.77 (4h1 47.90); 5h3 T.Bayley 48.32; 5h4 I.Deeth 49.20. 800m: c 1 N.Speaight 1:49.63 (b 3s1 1:53.49, a 1h1 1:51.59); 6h5 C.Watson 1:54.45.

1500m: c 6 R.Ashe 3:45.87 (b 4h2 3:50.48); 7 Andy Graffin 3:46.34 (1h1 3:51.99); 6h1 A.Zawadzki 3:53.23; 13h2 S.Sharp 3:57.18. 5000m: c 3 M.Miles 13:53.74 pb; 4 S.Barden 13:54.26. 110mH: b 4 N.Owen 13.87 (3h2 14.00/-1.0); 6h1 R.Sear 14.34w/2.2. 400mH: c 1 C.Rawlinson 48.68 (b 1h2 51.20); 4 M.Douglas 50.39 (1h3 51.01). HJ: b 1 B.Challenger 2.17. LJ: b 2 D.Thompson 7.52; 3nj J.Flynn. TJ: c 3 P.Idowu 16.88. PV: c 4 I.Tullett 5.20. Shot: c 5 L.Newman 16.41. HT: b 1 M.Jones 74.40.

Women. 100m: a 2h1 C.Harrison-Bloomfield 11.79/-0.3 dns in sem-final. 400m: c 6 D.Higgins 54.97 (b 4h2 54.79); 5h1 J.Culley 55.55. 800m: a dnf h2 E.Davies. 1500m: b dnf M.Sharp. 5000m: c 5 B.Dagne 16:16.24 (club record). 100mH: c 5 R.King 13.52/0.8 (2h1 13.54/1.4). 400mH: b 4 H.Stares 61.11 (a 2h1 60.29 pb). TJ: b 4 C.Stead 12.43w (11.95). PV: b 2 L.Webber 4.00 (=club record). DT: b 1 S.Drew 57.22. HT: c 5 D.Holden 55.71.

#### 14 Women's Southern League Division 3 Match 4, Battersea Park.

1 Belgrave H 198; 2 Hastings 189; 3 Luton 180; 4 Dartford 143; 5 London Heathside 122.

100m: A.Onuora (U17) 12.4; 4 M.Nestor (U17) 13.5. 200m: 1 E.Eharuyi 25.30/2.7; 2 A.Onuora (U17) 25.57/1.0. 400m: 2 V.Goodwin 61.23 (pb); 3 D.Kandaros 65.40. 800m: 1 V.Goodwin 2:19.2; 4 J.Poloni 2:48.9; n/s J.Searle (W40) 2:37.1. 1500m: 4 J.Searle (W40) 5:54.67; 4 J.Poloni 6:22.58. 3000m: 4 C.Eastham 12:47.7 (pb); T.Sturton dnf. 100mH: 1 E.Eharuyi 15.79/1.2. 1 G.Porter 20.48/1.2. 400mH: 1 D.Kandaros 72.0; 2 J.Smiter 85.2. HJ: 1 M.Knight 1.61; 1 M.Nestor (U17) 1.45. LJ: 1 M.Knight 5.21; 3 P.Cruz 4.22. TJ: 1 M.Nestor (U17) 10.70; 2 J.Smiter 8.61. PV: 2 J.Smiter 1.90; 3 C.Eastham 1.50. SP: 1 M.Knight 11.45; 4 G.Porter 6.95. DT: 4 G.Porter 22.42; 4 V.Hassell 20.25. JT: 1 M.Knight 33.22; 1 P.Cruz 30.49. HT: 3 G.Porter 27.62; 2 V.Hassell 26.33. 4x100m: 1 Belgrave 50.64 (T.Francis, E.Eharuyi, M.Nestor, A.Onuora). 4x400m: 3 Belgrave 4:32.52 (D.Kandaros 67.9, T.Sturton 73.1, J.Poloni 70.4, V.Goodwin 61.2).

U17W. 80mH: 2 T.Francis 15.9.

U15G. 100m: 4 N.Richardson 13.8 (pb); 4 H.Gates (U13) 14.6. 200m: 1 S.McGregor 27.08/1.1; 2 L.Collier 28.63/1.0. 800m: 1 L.Collier 2:22.8; 2 A.Bolland 2:47.0. 1500m: 3 B.Cobden-Ramsay 5:40.4; 1 K.Burns (U13) 5:50.6. 75mH: 5 N.Richardson 17.5; 2 C.Olawore 15.4. HJ: 3 S.McGregor 1.30; 2 C.Olawore 1.25. LJ: 3 N.Richardson 4.28; 2 L.Collier 4.10. SP: 4 B.Cobden-Ramsay 6.56; 3 C.Cole 5.57. DT: 3 C.Olawore 19.16; 2 B.Cobden-Ramsay 14.72. JT: 5 A.Bolland 6.52; 4 S.McGregor 4.69. 4x100m: 1 Belgrave 54.85 (H.Gates, N.Richardson, L.Collier, S.McGregor).

14 SETC Throws Champs., Ewell. M45 HT: 1 M.Small 47.38. WT: 1 M.Small 14.36.

14-15 AAA Decathlon, Bedford. 5 S.Exley 6594 (10.78, 6.34/0.4, 12.18, 1.81, 49.97, 15.82, 35.73, 3.72, 37.79, 4:41.26).

15 DN Galan, Stockholm. HJ: =11 B.Challenger 2.15.

18 Bedford International Games, Bedford. 100m: 1r2 G.Beasley 10.67/1.1.

200m: 6r2 G.Dearman 21.85/2.3; 1r3 G.Beasley 20.83/3.0. 110mH: 2r2 N.Owen 13.94/1.4. 400mH: 1 M.Douglas 51.42. LJ: 4 D.Thompson 7.41. Women. 400m: 4r2 D.Higgins 55.40; 5r2 J.Culley 55.96. 400mH: 3r2 M.Marks 58.65; 5r2 H.Stares 64.10.

18 Rosenheim League, Tooting. 800m: 4 M.Anderson 2:07.1; V.Goodwin (SW) 2:18.5. 1500m: 1 A.Stewart 4:13.0; 6 L.Greatorex 4:17.1; 14 J.Murray 5:00.9. BMC 1500m: 6 K.Quinn 4:00.9. DT: 2 M.Small (M45) 40.83. HT: 1 M.Small (M45) 43.63.

18-22 European Junior Championships, Grosseto, Italy.

b=19th, e=21st, f=22nd.

Men. SP: b 17q G.Beard 15.18. 200m: e 6h2 T.Abeyie 21.59/1.5. 1500m: f 8 R.Ward 3:50.43.

Women. 200m: e 1 V.James 22.93/1.4 (1h3 23.44/-0.1). 4x100m: f 3 GB 44.66 (Norville, Caney, A.Spencer, V.James).

21 Lignano, Italy. 400mH: 3 M.Douglas 51.29.

21 Torfalia 2001, Patra, Greece. 100mH: 1 K.Carson 13.50/-0.2.

21 Schools International, Tullamore, Ireland. Inter Boys LJ: 1 O.Eyong 7.30.

21 Women's Jubilee Cup Final, Bedford.

1 Sale H Manchester 118; 2 Birchfield H 102; 3 Belgrave H 97; 4 Windsor, SE & H 93; 5 Shaftesbury Barnet H 75; 6 Rugby & Dist. AC 62; 7 Wakefield & Dist. AC 58; 8 Edinburgh Woollen Mills 46.

100m: 4 A.Onuora 12.18/5.6. 200m: 7 J.Culley 25.11/1.1. 400m: 4 D.Higgins 55.45. 800m: 3 E.Davies 2:07.27. 1500m: 4 M.Sharp 4:39.08. 3000m: 2 B.Dagne 9:38.74. 110mH: 3 R.King 13.67/1.6. 400m: 2 M.Marks 57.97. HJ: 4 M.Knight 1.65. LJ: 8 M.Knight 5.23. TJ: 8 M.Nestor 10.10. PV: =3 L.Webber 3.40. SP: 6 S.Drew 12.09. JT: 1 S.Cruz 54.43. DT: 1 S.Drew 58.75. HT: 4 D.Holden 52.91. 4x100m: 1 Belgrave 46.57 (M.Marks, R.King, J.Culley, A.Onuora). 4x400m: 2 Belgrave 3:43.92 (H.Stares 57.9, E.Davies 55.1, D.Higgins 54.8, J.Culley 56.2).

21 Men's Gold Cup Final, Bedford.

1 Birchfield H 123; 2 Belgrave H 113; 3 Sale H Manchester 104; 4 Newham & Essex Beagles 102; 5 Woodford Green with Essex Ladies 96; 6 Shaftesbury Barnet H 82.5; 7 Blackheath H Bromley 58; 8 Harrow AC 51.5.

100m: 2 D.Chin 10.52/1.8. 200m: 2 G.Beasley 21.33/2.0. 400m: 6 T.Bayley 49.11. 800m: 6 A.Zawadzki 1:55.25. 1500m: 2 S.Sharp 3:48.20. 5000m: 6 A.Stewart 15:17.39. 10000m: 2 K.Tadesse 30:57.96. 110mH: 2 N.Owen 14.02/1.4. 400mH: 7 A.Bennett 56.85. 3000mSC: 6 K.Nash 9:48.70. HJ: 1 B.Challenger 2.26. LJ: 3 D.Thompson 7.37. TJ: 6 J.Tuson 12.94. PV: 2 I.Tullett 4.90. SP: 3 L.Newman 16.91. DT: 4 K.Brown 54.33. JT: 2 C.Green 66.43. HT: 1 M.Jones 73.69. 4x100m: 2 Belgrave 41.30 (D.Chin, M.Russell, G.Dearman, G.Beasley). 4x400m: 4 Belgrave 3:18.2 (A.Bennett, A.Zawadzki, G.Dearman, T.Bayley).

21 Men's Southern League Division 1 Match 5, Sutcliffe Park.

1 Cambridge H 124; 2 Shaftesbury Barnet H 111.5; 3 Southend 109; 4 Belgrave 91.5; 5 Bournemouth 81.5.

100m: 2 D.Akinbogun 11.3; 2 G.Ross 11.9. 200m: 2 D.Akinbogun 22.8; 2 G.Ross 24.2. 400m: 3 K.Brennan 52.4. 5000m: 4 P.Carstairs 16.43. HJ: 1 J.Hilston 1.83; 2 A.Kneller 1.65. LJ: 1 J.Hilston 6.53; 1 A.Kneller 6.34. TJ: 1 J.Hilston 13.51. SP: 3 M.Small 12.95; 2 J.Osazuwa 11.59. DT: 3 H.Ziska 41.54; 1 M.Small 40.75. JT: 2 M.Small 45.60; 2 A.Kneller 41.94. HT: 1 J.Osazuwa, 59.36; 1 M.Small 45.00. 4x100m: 2 Belgrave. 4x400m: 2 Belgrave.

22 Norwich Union IAAF GP, Crystal Palace. 100m: 2 D.Chambers 10.11/-0.8; 7 D.Campbell 10.48. 100m Inv. 3 C.Lambert 10.35/-0.1. 200m: 1 D.Chambers 20.31/-0.6; 8 D.Campbell 21.21. 800m: 7 N.Speaight 1:48.10. 3000m: 10 S.Barden 8:04.63; 12 M.Miles 8:13.78. 400mH: 5 C.Rawlinson 49.56. TJ: 3 P.Idowu 17.05 (16.36, 16.85, 17.05, 16.71, 16.37. 16.44).

22 Clusone, Italy. 400mH: 2 M.Douglas 50.25.

22 Plate Final, Bedford. PV: 2 B.Flint (gst) 5.00. Women DT: 1 S.Drew (gst) 56.28.

22 National YA League, S. Premier Match 5, Southend.

1 Belgrave H 222; 2 Southend 169; 3 Hastings 162; 4 Ipswich 102. Results incomplete.

U17M. 200m: 1 J.Regis 24.6; 1 T.Tsui 26.2. 400m: 1 R.Mander 53.9; 2 T.Tsui 56.8. 800m: 3 S.Ramrani 2:17.3; 1 R.Davis 2:17.8. 3000m: 4 M.Posell 11:55.0. 100mH: 2 G.Wilson 16.9; 2 W.Bailey 20.9. HJ: 4 R.Davis 1.40; 2 D.Lambert 1.40. LJ: 1 G.Wilson 6.75; 2 R.Davis 4.42. PV: 2 M.Powell 1.75. SP: 2 C.Wilson 11.16; 1 W.Caldeira 10.95. JT: 2 J.Ellington 28.73; 4 A.George 8.74. HT: 3 W.Caldeira 17.72; 2 C.Wilson 23.90. 4x100m: 1 Belgrave 46.0. 4x400m: 1 Belgrave. U15B. 100m: 1 T.Homma 11.9. 200m: 2 E.Rimdap 25.1; 1 U.Ebubedike 25.1. 400m: 2 G.Mabbutt 57.9; 2 J.Chin 58.0. 800m: 2 G.Mabbutt 2:15.1; 1 N.Ambrose 2:27.3. 80mH: 2 J.Chin 14.3. HJ: 2 R.Cillier 1.45; 1 P.Cowling 1.40. PV: 2 R.Cillier 2.20; 1 G.Mabbutt 2.10. SP: 2 M.Lambert 9.85; 3 T.Homma 8.74. JT: 2 R.Cillier 24.35; 3 N.Ambrose 19.12. 4x100m: 1 Belgrave 48.4. 4x400m: 1 Belgrave.

U13B. 100m: 1 J.Ocrah 14.5; 1 L.Shettle 14.7. 200m: 1 J.Ocrah 29.0. 800m: 2 A.Graham 2:41.2; 1 P.Mabbutt 2:48.9. 1500m: 1 L.Shettle 5:09.0; 1 C.Taylor 5:11.8. LJ: 1 P.Mabbutt 4.44; 2 A.Graham 3.85. SP: 4 C.Taylor 6.41; 1 R.Chapman 8.85.

Final league result: 1 City of Norwich (1123) 19; 2 Belgrave (1117) 19; 3 Newham & Essex Beagles (1084) 18; 4 Enfield & Haringey (1043) 17; 5 Bexley (923.5) 16.

23 Southern Counties Veterans Match 4, Tooting. Individ. results not received. Men. 1 Serpentine 147; 2 Herne Hill H 128; 3 Hercules Wimbledon AC 109; 4 Metros 70; 5 Belgrave H 42.

Women. 1 Serpentine 126; 2 Metros 76; 3 Belgrave H 36.

25 BMC Races, Watford. 1500m: 3r1 R.Ashe 3:42.58; 8r1 S.Sharp 3:45.65.

Women 800m: 5r2 V.Goodwin 2:17.80; 12r2 L.Collier (U15) 2:23.78.

25 Watford Open, Watford. 400m: 3 T.Bayley 47.52; 6 N.Dawson 49.0. Women LJ: 1 C.Stead 5.42. TJ: 1 C.Stead 11.96.

28 Herne Hill Open, Tooting. 100m: 5r1 D.Akinbogun 11.3. Women HJ: 1 L.Haggett 1.80.

28 Hertfordshire Veterans Champs. SP/DT/JT/HT: 1 M.Small (M45)

13.24/40.54/46.60/43.72.

29 France v Great Britain & N. Ireland U19, Dole, France. Men. 100m: 4 L.Oboh 10.70/-0.1. 200m: 2 L.Oboh 21.30/-0.1. 800m: 3 C.Watson 1:53.47.

1500m: 2 D.Watson 3:55.7. LJ: 3 O.Eyong 7.26/0.7. Women. 100m: 4 A.Onuora 12.01/-0.3.

29 Inter-Regional Match, Derby. 1500m: 1 C.Moss 3:46.19. U23 400m: 3 T.Bayley 48.47. 110mH: 2 R.Sear 14.72. HJ: 1 S.Oni 2.10. SP: 1 G.Bear 13.78.

29 National Junior League S. Premier Division Match 3, Guildford. 1 Harrow AC 306; 2 Belgrave H 299; 3 Shaftesbury Barnet H; 4 Enfield & Haringey 296; 5 Blackheath H 211; 6 Aldershot F&D AC 203; 7 Milton Keynes AC 199; 8 Swansea H 130.

100m: 1 T.Abeyie 10.6; 2 J.Ellington 11.2. 200m: 1 T.Abeyie 21.4; 3 J.Regis 22.9. 400m: 1 J.Simpson 49.3; 1 A.Bennett 49.9. 800m: no runners. 1500m: 7 J.Skilbeck-Nelson 4:35.2; 8 B.Sharpe 5:13.2. 3000m: 7 D.Mallin 9:24.6; 6 J.Skilbeck-Nelson 10:31.5. 110mH: dnf T.Sinclair. 400mH: 1 A.Bennett 55.6; 1 J.Dickinson 62.7. 2000mSC: no runners. HJ: 1 J.Hardie 2.00; 2 B.Sharpe 1.70.

LJ: 1 G.Wilson 6.75; 1 J.Dickinson 6.61. TJ: 1 S.Majakadamno 14.34; 2 D.Wellstead 13.28. PV: 3 J.Dickinson 3.70. SP: 1 G.Bear 17.33; 1 G.Springs 13.56. DT: 1 G.Bear 49.51; 1 G.Springs 38.25. JT: 3 J.Hardie 43.61; 3 J.Dickinson 37.27. HT: 5 G.Springs 33.97; 4 J.Dickinson 23.65. 4x100m: 2 Belgrave 43.4 (J.Simpson, J.Ellington, J.Regis, T.Abeyie). 4x400m: 2 Belgrave 3:23.6 (D.DeEmmony 53.1, D.Mallin 52.6, A.Bennett 50.2, J.Simpson 47.7).

31 Trafford GP, Stretford. 1500m: 9r2 R.Hayman 4:00.29.

#### August 2001

01 Watford Open. 01 Aug 2001. 400m: 1 G.Dearman 47.69. 800m: 5r2 J.Wolf 1:59.70; 7 R.McHarg 1:59.88. BMC 5000m: 6 S.Sharp 14:18.53.

01 BMC Race, Battersea Park. 1500m: 6 A.Stewart 4:03.0.

04 Men's Southern League Division 1 Match 6, Southampton.

1 Winchester 128.5; 2 Woking 117.5; 3 Verlea 105, 4 Nene Valley 100.5; 5 Belgrave 75.

100m: 4 K.Brennan 12.4; 4 A.Kneller 12.4. 200m: 5 R.Smith 25.6; 5 K.Brennan 26.0. 400m: 4 K.Brennan 52.2; 5 D.Anderson 72.5. 800m: 3 B.Poore 2:04.0; 5 D.Anderson 2:38.4. 1500m: 2 J.Wolf 4:12.3; 2 B.Poore 4:14.2. 5000m: no competitor. 110mH: no competitor. 400mH: 5 R.Smith 64.3. 3000mSC: no competitor. HJ: 4 A.Kneller 1.70; 5 R.Smith 1.55. LJ: 2 A.Kneller 6.64; 3 R.Smith 5.92. TJ: 1 A.Kneller 13.07; 5 R.Bridges 8.54. PV: 5 R.Bridges 1.00. SP: 2 M.Small 13.70; 3 J.Osazuwa 11.15. DT: 1 M.Small 41.40; 1 H.Ziska 40.86. JT: 3 A.Kneller 43.14; 1 M.Small 43.12. HT: 1 J.Osazuwa 56.95; 1 M.Small 47.46. 4x100m: 5 Belgrave 47.7 (A.Kneller, J.Osazuwa, K.Brennan, R.Smith). 4x400m: no team.

Final league result: 1 Worthing (793) 29; 2 Winchester (776.5) 29; 3 Kent AC (805) 28; 4 Herne Hill H (729.5) 27; 5 Basildon AC (708); 23.5; ... 20 Belgrave H (552) 14.5.

#### 04 Thameside League Match 4, Battersea Park.

U15B. =1 Belgrave H, Bromley AC and Croydon H 308; 4 Herne Hill H 282; 5 Paddock Wood 146; 6 Richmond & Twickenham 103.  
100m: 1 J.Sharp 11.8; 4 I.Corpez 13.7. 200m: 1 J.Sharp 24.9; 2 G.Mabbutt 26.6.  
400m: 2 J.Chin 57.8; 1 G.Mabbutt 58.4. 800m: 2 E.Rimdap 2:19.6; 1 M.Jiggins 2:22.0. 800mH: 3 I.Corpez 14.6; 1 J.Chin 14.6. 1600m Walk: 1 E.Rimdap 10:19.5; 1 M.Jiggins 10:28.0. HJ: 2 R.Collier 1.50. LJ: 1 T.Homma 6.01; 1 J.Sharp 5.45.  
SP: 4 T.Homma 8.68; 6 M.Jiggins 6.80. DT: 4 R.Collier 23.58; 3 E.Rimdap 22.61.  
JT: 4 R.Collier 25.25; 4 I.Corpez 15.53. 4x100m: 3 Belgrave 50.8.

Final league result: 1 Bromley AC (1295) 38; 2 Croydon H (1186) 36; 3 Herne Hill H (1119) 32; 4 Belgrave H (1065) 30; 5 Paddock Wood AC (631) 22; 6 Richmond & Twickenham AC (355) 16; 7 Camberley AC (397) 14; 8 Queens Park H (438.5) 13; 9 Southwark (54) 2.

U13B. 1 Croydon H 273; 2 Bromley AC 252; 3 Herne Hill H 248; 4 Belgrave H 174.5; 5 Queens Park H 90; 6 Camberley AC 85; 7 Richmond & Twickenham 51; 8 Paddock Wood 50.

100m: =3 J.Ocrah 13.8; 3 M.Readhead 14.7. 200m: 4 J.Ocrah 28.9; 4 P.Mabbutt 29.9. 300m: 3 M.Readhead 49.7; 3 L.Jiggins 58.0. 800m: 3 P.Mabbutt 2:48.8.  
75mH: 4 L.Jiggins 17.3. LJ: 3 J.Ocrah 4.54; 4 L.Jiggins 3.33. SP: 4 M.Readhead 6.25; 3 P.Mabbutt 6.05. 4x100m: 4 Belgrave 61.2.

Final league result: 1 Herne Hill H (1069) 37; 2 Croydon H (929) 34; 3 Bromley AC (882.5) 34; 4 Belgrave H (682) 27; 5 Queens Park H (430) 21; 6 Camberley AC (400) 20; 7 Richmond & Twickenham AC (253) 18; 8 Paddock Wood AC (283) 14.

U15G. 1 Herne Hill H 273; 2 Bromley AC 257; 3 Dartford H 219; 4 Belgrave H 210; 5 Croydon H 166; 6 Richmond & Twickenham 105; 7 Queens Park H 99; 8 Camberley AC 83; 9 Paddock Wood 52.

200m: 3 S.Miller 27.5; 3 C.Hopkins 32.6. 800m: 6 C.Olawore 2:45.2. 1500m: 1 L.Collier 5:15.1; 1 B.Cobden-Ramsey 5:33.8. HJ: 5 C.Olawore 1.25. LJ: 2 S.Miller 4.54; 5 C.Hopkins 3.71. SP: 4 B.Cobden-Ramsey 6.55; 4 L.Collier 4.94.  
DT: 6 L.Collier 13.76; 3 B.Cobden-Ramsey 13.40. JT: 3 C.Hopkins 14.50.  
4x100m: 3 Belgrave 57.4.

Final league result: 1 Herne Hill H (1153) 39; 2 Bromley AC (1050) 37; 3 Dartford (680) 28; 4 Belgrave H (686) 26; 5 Richmond & Twickenham AC (554) 25; 6 Queens Park H (507) 20; 7 Croydon H (446) 17; 8 Paddock Wood AC (216) 11; 9 Camberley AC (231) 8; 10 Southwark (71) 3.

U13G. 1 Herne Hill H 255; 2 Bromley AC 207; 3 Dartford H 184; 4 Belgrave H 136; 5 Richmond & Twickenham 121; 6 Paddock Wood 120; 7 Queens Park H 106.5; 8 Camberley AC 89; 9 Croydon H 58.5. 100m: 5 H.Gates 14.5; 5 L.Hopkins 15.7. 200m: 5 H.Gates 31.0; 4 L.Hopkins 33.4. 1500m: 1 K.Burns 5:56.4. 70mH: 4 S.Kemp 14.9. HJ: 4 S.Kemp 1.20. LJ: 6 S.Kemp 3.51; 3 H.Gates 3.36. 4x100m: 4 Belgrave 62.5.

Final league result: 1 Herne Hill H (926) 39; 2 Bromley AC (825) 36; 3 Dartford H (745) 30; 4 Paddock Wood AC (583) 23; 5 Belgrave H (542) 23; 6 Richmond & Twickenham AC (528) 22; 7 Camberley AC (584.5) 21; 8 Queens Park H (445.5) 14; 9 Croydon H (224.5) 8; 10 Southwark (73.5) 1.

#### 04 Southern League Div 2, Deangate Hoo. 1500m: 7 A.Stewart (gst) 4:02.1.

04-05 Norwich Union International Combined Events, Bedford. Decathlon. 7 S.Exley 6759 (10.87/1.9, 6.55/1.3, 12.08, 1.84, 50.01, 15.74/1.6, 36.46, 3.80, 42.08, 4:39.19). U20 17 J.Dickenson 5976 (11.56, 6.59, 8.99, 1.78, 52.06, 17.31, 31.14, 3.80, 37.10, 4:34.08).

#### 04-12 IAAF World Championships, Edmonton, Canada.

a=4th, b=5th, c=6th, d=7th, e=8th, f=9th, g=10th, h=11th, i=12th  
Men. 100m: b 5 D.Chambers 9.99/0.2 (3s2 10.10/-1.7, 1q4 a 9.97/no wind reading, 2h9 10.27/0.0). 200m: d 5q4 D.Chambers 20.60/-1.4 (4h2 20.80/1.00). 1500m f 10h3 Andrew Graffin 3:40.44. 400mH: g 5 C.Rawlinson 48.54 (1s2 e 48.27, 1h5 d 49.38). HJ: b =8qB B.Challenger 2.20 (2.15o, 2.20xo, 2.25xxx). TJ: 9 P.Idowu 16.60 (16.32/0.3, 16.60/0.3, 16.08/-1.8) (6qA a x, 16.74/0.2, x). HT: 13qA a M.Jones x, 73.31, x. 4x100m: h h4 dq GBR (D.Chambers, M.Devonish, C.Malcolm, J.Barbour).

Women. 4x100m: 6 i GBR (M.Richardson, S.Wilhelmy, V.James, A.Oyepitan) 42.60 (3h2 h GBR 43.08).

05 U17 Inter-Counties, Crawley. 100m: 2r1 J.Ellington 11.0; 4r2 O.Eyong 11.3. 200m: 2r1 J.Ellington 22.8; 3r2 J.Regis 23.4. 400m: 2r1 D.Lambert 51.0. 3000m: 3 J.Blackledge 9:09.5. LJ: 1 O.Eyong 6.96.

08 FILA-Belgrave Speed GP IV, Battersea Park. 100m: 1r1 D.Chin 10.64/-0.7; 4r2 G.Dearman 11.33/0.7; 2r5 K.Brennan 11.70/0.4; 1r6 D.Chin 10.64/1.3; 2r7 G.Dearman 11.20/-0.4. 200m: 1r3 K.Brennan 23.6. 5000m inc. Belgrave Championship: 1 A.Stewart (1st Belgrave) 15:01.29; 6 R.Alsop (2) 15:37.95; 10 S.Kennefick (3) 15:47.14; 13 P.Carstairs (M40 4) 16:30.9; 14 J.Browne (5) 16:41.66; 16 S.Nelson (6) 17:22.11.

08 VAC Meet, Kingsmeadow. DT: 1 M.Small (M45) 41.69. JT: 1 M.Small (M45) 41.69. Women. 1 mile 1 J.Searle (W40) 6:04.5.

#### 11 Women's Southern League Division 3 Match 5, Swindon.

1 Swindon 195.5; 2 Belgrave 180; 3 Chichester 154; 4 Watford 106; 5 Bracknell 105.5.

100m: 5 J.Smiter 15.6; 2 D.Kandaros 14.2. 200m: 1 J.Culley 25.7; 3 J.Smiter 32.9. 400m: 1 V.Goodwin 60.8; 3 D.Kandaros 67.2. 800m: 2 V.Goodwin 2:19.3; 5 J.Poloni 2:54.8. 1500m: 3 D.Hearne 5:49.4; 2 C.Eastham 5:54.3. 3000m: 3 C.Eastham 12:28.5; 2 D.Hearne 13:19.6. 100mH: 2 M.Knight 16.6; 2 D.Kandaros 18.7. 400mH: 1 J.Culley 61.8; 1 D.Kandaros 71.8. HJ: 1 M.Knight 1.60; 1 N.Smallwood 1.55. LJ: 1 N.Smallwood 5.08; 1 M.Knight 5.04. TJ: 4 V.Goodwin 8.69; 4 J.Smiter 8.63. PV: cancelled. SP: 1 M.Knight 10.58; 1 P.Cruz 8.46. DT: 1 P.Cruz 27.38; 2 S.Howard 15.93. JT: 1 M.Knight 31.97; 1 P.Cruz 29.64. HT: 2 P.Cruz 20.22; 1 D.Kandaros 17.55. 4x100m: 2 Belgrave 57.8 (J.Smiter, M.Knight,

D.Hearne, V.Goodwin). 4x400m: 1 Belgrave 4:22.5 (V.Goodwin 62.1, J.Smiter 73.9, J.Poloni 71.1, J.Culley 55.4).

U15G. 100m: 1 S.Miller 13.7; 4 A.Doyley 16.1. 200m: 1 S.Miller 27.9. 800m: 2 C.Olawore 1.25; 2 A.Doyley 1.15. LJ: 1 S.Miller 4.20; 4 E.Collins 3.07. SP: 4 E.Collins 3.68. DT: 1 C.Olawore 17.10; 3 A.Doyley 11.60. 4x100m: 1 Belgrave 55.9 (C.Olawore, E.Collins, A.Doyley, S.Miller).

11 Great Britain & N.Ireland v France, Ashford. Men 100m: 1 C.Lambert 10.74/-2.9; 5 D.Chin 10.96. 1500m: 6 R.Ashe 3:59.51. 3000m: 4 S.Barden 8:11.36. 110mH: 4 N.Owen 14.86/-3.4. 400mH: 7 M.Douglas 52.99. LJ: 6 D.Thompson 7.58/2.8. SP: 1 L.Newman 17.59. Women 100mH: 6 R.King 14.49/-2.5. 400mH: 7 H.Stares 62.26. PV: 6 L.Webber 3.60. DT: 1 S.Drew 59.10.

11 BMC Nike GP Final, Scotstoun. 800m: 4r2 C.Watson 1:54.19.

#### 11-12 AAA U17 Championships, Sheffield.

U17M. 100m: 5 J.Ellington 10.91w/2.2 (2s3 10.85/1.6, 1h7 10.89w/4.2); 6s1 J.Regis 11.28/1.7 (4h7 11.24w/4.2); 3h4 G.Wilson 11.42w/2.2. 200m: 2 J.Ellington 21.94w/3.4 (2s1 22.55w/2.5, 1h4 22.61/-1.2). 400m: 4h1 D.Lambert 52.19. LJ: 1 O.Eyong 7.28w/3.2 (7.19/1.7) (1qB 6.99/1.4); 4 G.Wilson 7.09w/2.5 (3qB 6.61/1.6). U15B. 100m: 6s1 T.Homma 11.68/1.3 (2h5 11.55/1.5). 800m: 5h1 G.Mabbutt 2:11.89. U17W. 100m: 1 A.Onuora 12.02/1.9 (1s1 11.97w/2.3, 1h3 12.00w/2.6). 200m: 2 A.Onuora 24.96/2.0 (1s2 25.00w/2.4, 1h4 25.23/1.5). TJ: 15, M.Nestor 9.92w/2.4. U15G. 7h3 S.McGregor 13.34/1.0. 800m: 5h2 L.Collier 2:29.4.

11-12 SoEAA Veterans Champs., Copthall. M40 SP: 1 M.Small (M45) 13.21.

DT: 1 M.Small (M45) 41.25. HT: 2 M.Small (M45) 45.42.

#### 12 National Junior League S. Premier Division Match 4, Watford.

1 Shaftesbury Barnet H 352; 2 Belgrave H 330; 3 Harrow 314; 4 Enfield & Haringey 244; =5 Milton Keynes & Aldershot F&D 196; 7 Blackheath H 159; 8 Swansea 98.

100m: 1 T.Abeyie 10.6; 1 L.Oboh 11.1. 200m: 1 T.Abeyie 21.4; 1 A.Bennett 22.6. 400m: 1 J.Simpson 49.0; 2 M.Cullen 50.6. 800m: no competitor. 1500m: 2 C.Watson 4:07.7. 3000m: 3 J.Blackledge 8:58.7. 110mH: 3 J.Dickinson 16.3. 400mH: 1 A.Bennett 55.4; 1 S.Murphy 56.5. 2000mSC: no competitor. HJ: 1 J.Hardie 1.95; 3 B.Sharpe 1.65. LJ: 2 J.Dickinson 6.22; 2 D.Wellstead 6.09. TJ: 2 S.Majekodummi 13.78; 5 L.Munro 10.45. PV: 3 J.Dickinson 3.70; L.Munro. SP: 1 G.Beard 17.47; 1 G.Springs 13.91. DT: 1 G.Beard 47.83; 1 G.Springs 38.14. JT: 6 J.Dickinson 38.27; 3 J.Hardie 33.68. HT: 4 G.Springs 32.86; 3 J.Dickinson 29.89. 4x100m: 1 Belgrave 43.9 (J.Simpson, L.Oboh, A.Bennett, T.Abeyie). 4x400m: 1 Belgrave 3:22.3 (S.Murphy 51.6, M.Cullen, 50.9, A.Bennett 50.7, J.Simpson 49.1).

Final league result: 1 Shaftesbury Barnet H (1269) 27; 2 Enfield & Haringey (1180) 27; 3 Belgrave H 26; 4 Harrow 24; 5 Aldershot F & D AC 13; 6 Blackheath H 12; 7 Milton Keynes AC 10; 8 Swansea H 4.

15 Watford Open. 100m: 3r1 G.Dearman 11.2. 200m: 1r1 G.Dearman 22.8.

BMC 1500m: 3 S.Sharp 3:46.75.

15 Trafford Open, Longford Park. 1500m: 9 R.Rayman 3:59.44.

Civil Service Champs., Eton. 15 Aug 2001. HJ: R.Aspden 2.05.

17 Weltklasse Meeting, Zurich, Switzerland. 100m: 2 D.Chambers 10.09/0.2 (1h2 10.29/-1.6). 400mH: 6 C.Rawlinson 49.86.

#### 18 British League Division 1 Match 4, Jarrow.

1 Shaftesbury Barnet H 341; 2 Belgrave H 332.5; 3 Sale H Manchester 307; 4 Border AC 290; 5 Birchfield H 281; 6 Woodford Green with Essex Ladies 253; 7 Newham & Essex Beagles 205.5; 8 Blackheath H 169.

100m: 3 D.Chinn 10.60/0.5; 2 G.Beasley 10.70/0.7. 200m: 3 G.Beasley 21.30/1.4; =7 I.Deeth 22.09/1.6. 400m: 4 G.Dearman 48.4; 2 T.Bayley 49.21. 800m: 8 R.Hayman 2:00.08; 8 P.Freary 2:12.5. 1500m: 1 S.Sharp 3:47.84; 1 A.Zawadzki 3:48.21. 5000m: 2 S.Barden 14:08.96; 2 A.Stewart 14:51.43. 110mH: 3 N.Owen 14.42/1.6; 6 A.Bennett 19.44/3.3. 400m: 8 A.Bennett 56.33; 5 N.Owen 57.90. 3000mSC: 1 J.Chaston 8:46.29; 1 L.Hurst 9:26.60. HJ: S.Oni; J.Tuson hits not known. LJ: 3 D.Thompson 7.08/nt; 4 J.Tuson 6.54/-0.2. TJ: 7 F.Mepandy 14.10; J.Tuson 11.76. PV: 2 T.Tullett 5.00; 1 B.Flint 4.80. SP: 2 L.Newman 16.28; 7 K.Brown 11.97. DT: 3 K.Brown 51.76; 1 L.Newman 51.17. JT: 3 C.Green 66.73; 3 W.Smith 55.76. HT: 1 D.Smith 68.70; 2 J.Osazuwa 61.32. 4x100m: 4 Belgrave 42.22 (D.Chinn, I.Deeth, G.Beasley, G.Dearman). 4x400m: 3 Belgrave 3:14.8 (T.Bayley 49.3; I.Deeth 49.2, G.Beasley 47.8, G.Dearman 48.5).

Final league result: 1 Belgrave H (1363.5) 29; 2 Birchfield H (1220) 24; 3 Woodford Green with Essex Ladies (1180.5) 22; 4 Newham & Essex Beagles (1062.5) 18; 5 Shaftesbury Barnet H (1074) 17; 6 Border AC (1042) 15; 7 Sale H Manchester (1009.5) 15; 8 Blackheath H (752) 4.

18 Leuven, Belgium. Women. 100mH: 1 S.Claxton 14.50. 400mH: 2 H.Stares 60.28.

18 Great Britain & N.Ireland v USA Under 20, Stoke. 200m: 3 T.Abeyie 21.55/-0.9. LJ: 6 O.Eyong (gst) 7.06/-1.3. SP: 3 G.Beard 16.28. DT: 2 G.Beard 46.16.

18 Herne Hill Open Meeting, Tooting. U15B 100m: 3 J.Chin 12.3. U15G 100m: 1 S.McGregor 13.4. 200m: 1 S.McGregor 27.4. 1500m: 1 L.Collier 5:07.8.

18 BAL Div 2, Eton. 800m: 2 R.Ashe (2-cl) 1:51.7.

18 SETC Throws Pentathlon, Ewell. M45 1 M.Small 4008 (HT 46.46, SP 13.28, DT 42.16, JT 42.79, WT 14.98). W65 1 B.Dunsford 1987 (19.41, 5.61, 11.00, 8.55, 6.04).

19 Norwich Union Classic, Gateshead. 100m: 2 D.Chambers 10.31.

19 Inter-County Meeting, Wythenshawe. TJ: B 1 D.Wellstead 13.79. Women

400m: 2 J.Culley 55.5. HJ: B 1 M.Knight 1.60. TJ: 1 C.Stead 12.10/ (11.61/0.7). SP: B 2 S.Drew 11.70. DT: 1 S.Drew 55.92. JT: B 1 M.Knight 34.63.

19 Hammer Meet, Isle of Wight. 1 M.Jones 71.32.

20 Gugl Meeting, Linz, Austria. 20 Aug 2001. 1mile: 5 Andrew Graffin 3:55.42.

400mH: 7 C.Rawlinson 49.86. Women-100mH: 6 K.Carson 13.27/0.0.

22 Olympic Meeting, Thessaloniki, Greece. 400mH: 6 C.Rawlinson 50.07.

22 Rosenheim League, Tooting. 800m: 2r2 K.Quinn 1:57.7.

**22 Brighton & Hove Open.** 100m: 2 I.Deeth 11.3. 400m: 2 I.Deeth 48.7.  
**22 FILA-Belgrave Speed GP V, Battersea Park.** 100m: 2r1 D.Chin 10.80/0.3; 1r4 D.Chin 10.78/0.4. 4x1500m: 1 Belgrave 16:37.70 (A.Stewart 4:03.7, P.Freary 4:06.4, S.Kennefick 4:12.5, R.Alsop 4:15.1); 2 Cockerell's Cruisers 16:56.12 (? , ? , W.Cockerell 4:17.3); 3 Staines All-Stars (D.Heath 4:02.6, G.Staines 4:06.3, W.Lynch 4:36.2, J.Browne 4:16.0); dnf Mal's Pals (? , M.Byansi 4:29.4).  
**24 Ivo Van Damme Meet, Brussels, Belgium.** 100m: 4 D.Chambers 10.06/0.0.  
**26 Somoskö, Hungary.** PV: 3 L.Webber 3.60.  
**26 Bayer Leichtathletik Meet, Levekusen, Germany.** HJ: 5 B.Challenger 2.15.  
**26 SEAA Inter-Counties, Cophthall.** U20M. 400m: 7 A.Bennett 52.34 (2h 51.28). 400mH: 2 A.Bennett 54.74. LJ: 1 O.Eyong (U17) 7.33/1.4. TJ: 3 D.Wellstead 13.63. PV: 4 J.Dickinson 3.80. SP: 1 G.Beard 18.05; 4 G.Springs 13.81. DT: 1 G.Beard 47.82. HT: 6 G.Springs 35.46. U15B. LJ 4 T.Homma 5.83/2.0.  
**26 Bath/Bristol/Yate Open, Bath.** 400m: 1 H.Stares 57.3.  
**26 VAC Champs, Kingsmeadow.** M45 SP: 1 M.Small 13.40. DT: 1 M.Small 40.32. HT: 1 M.Small 46.62. W40 800m: 3 J.Searle 2:37.6. W65 SP: 1 B.Dunsford 5.50. HT: 1 B.Dunsford 18.51.  
**27 Colchester Open.** SP: 1 G.Beard (U20) 15.56. DT: 1 G.Beard (U20) 45.45.  
**27-31 World University Champs., Beijing, China.** a=27th, b=28th, d=30th, e=31st. 100m: b 3 C.Lambert 10.38/0.8 (a r1 1h10 10.32/0.0, a r2 1h1 10.37-1.0, b 1s1 10.32/0.7). 200m: e 5s1 C.Lambert 20.86/2.7 (d r1 1h4 20.84/0.0, d r2 2h2 20.87/1.4). 800m: d 7s N.Speaight 1:48.71 (2h N.Speaight 1:49.43). 400mH: d 4h M.Douglas 50.59.  
**28 Königs Wusterhausen, Germany.** 100m: 5 D.Chin 10.58/1.6.  
**28 Trafford GP, Stretford.** 3000m: 7 P.Freary 8:42.57; 9 L.Hurst 8:45.44. DT: 1 A.Ekoku 53.46.  
**29 Rovereto, Italy.** 400mH: 5 C.Rawlinson 50.26.  
**29 Watford Open.** BMC 800m: 1r1 Andy Graffin 1:47.5. BMC 1500m: 8r2 K.Quinn 4:00.0. 400m: 1r1 G.Beasley 48.4. 800m: 1r1 G.Dearman 1:58.9. 3000m: 5r1 A.Stewart 8:30.1.

## September 2001

**01 Women's Southern League Division 3 Match 6, Cambridge.**  
 1 Belgrave H 220; 2 West Suffolk 165; 3 Cambridge & Coleridge 164; 4 Bexley Borough 125; 5 Richmond & Twickenham 119.  
 100m: 1 K.Carson 12.2; 1 A.Onuora (U17) 12.2. 200m: 1 J.Culley 25.2; 1 A.Onuora (U17) 25.5. 400m: 1 V.Goodwin 61.9; 1 D.Kandaras 64.1. 800m: 1 V.Goodwin 2:22.2; 2 J.Poloni 3:01.9; n/s S.Howard 2:54.1. 1500m: 3 C.Eastham 5:49.2; 3 J.Smiter 6:33.4. 3000m: 2 C.Eastham 12:17.7; 3 J.Poloni 15:42.6. 100mH: 1 K.Carson 14.6; 1 M.Knight 15.8. 400mH: 1 H.Stares 60.9; 1 J.Culley 63.6. HJ: 1 M.Knight 1.60; 1 J.Smiter 1.30. LJ: 1 M.Knight 5.32; 1 M.Nestor (U17) 5.02. TJ: 1 M.Nestor (U17) 9.85; 3 J.Smiter 8.39. PV: 1 L.Webber 3.40; 2 J.Smiter 1.80. SP: 2 S.Drew 11.35; 1 M.Knight 11.02. DT: 1 S.Drew 54.92; 1 D.Holden 31.36. JT: 1 M.Knight 33.65; 1 V.Thompson (W45) 26.97. HT: 1 D.Holden 52.11; 2 V.Thompson (W45) 24.50. 4x100m: 1 Belgrave 49.0 (H.Stares, J.Culley, M.Nestor, A.Onuora). 4x400m: 1 Belgrave 4:08.6 (H.Stares 59.0, D.Kandaras 68.3, V.Goodwin 61.5, J.Culley 59.8). U17W. 80mH: 2 A.Forsyth 13.8; 1 S.Murray-Burton 16.6. 300mH: 1 A.Forsyth 51.4. U15G. 100m: 1 S.McGregor 13.2; 1 S.Miller 13.2. 200m: 1 S.McGregor 27.6; 2 L.Collier 29.3. 800m: 2 L.Collier 2:26.1; 4 E.Collins 2:53.8. 1500m: no competitor. 75mH: 5 S.Miller 15.1. HJ: 4 S.McGregor 1.30. LJ: 4 S.Miller 4.45; 4 L.Collier 3.83. SP: 2 C.Olawore 7.17; 5 E.Collins 4.64. DT: 3 C.Olawore 14.79; 3 E.Collins 10.53. JT: 5 C.Olawore 9.17. 4x100m: 1 Belgrave 54.6 (E.Collins, S.McGregor, L.Collier, S.Miller).  
 Final league result: 1 Belgrave (1247) 29; 2 Windsor SE&H AC (1231); 3 Blackheath (1207) 28; 4 Luton United AC (1149.5) 23; 5 Hastings AC (1128.5) 26.  
**02 Inter Area U20 Match, Ipswich.** 100m: 2 T.Abejie 10.42w/4.2. 200m: 2 T.Abejie 21.31w/3.8. 400m: 5 A.Bennett 50.43. 400mH: 2 A.Bennett 54.10. LJ: 1 O.Eyong 7.47w/4.8; 2 G.Wilson 6.89w/4.2. TJ: 3 D.Wellstead 13.98w/3.3. SP: 1 G.Beard 18.06. DT: 1 G.Beard 52.20.  
**02 SCVAC Inter-League, Battersea Park.** Women SP: 1 V.Thompson (W45) 9.41. JT: 2 V.Thompson (W45) 27.31.  
**02 BVAF Throws Pentathlon, Burton.** M45 1 M.Small 3910 (45.16, 13.28, 42.45, 43.65, 13.63). W65 B.Dunsford 2063 ( 18.18, 5.52, 11.53, 9.22, 7.08).  
**05 Goodwill Games, Brisbane, Australia.** 100m: 1 D.Chambers 10.11/-0.3.  
**09 National Junior League - National Final, Derby Moorways Stadium.**  
 1 Shaftesbury Barnet H 295; 2 Belgrave H 293; 3 Enfield & Haringey AC 252; 4 Sale H Manchester 211; 5 City of Stoke AC 200; 6 Harrow AC 197; 7 Liverpool H 193; 8 Birchfield H 176.  
 100m: 1 T.Abejie 10.97/-1.1; 1 L.Obob 11.31/-3.7. 200m: 1 L.Obob 22.06/-4.4; 1 T.Abejie 22.89/-3.9. 400m: 2 A.Bennett 49.26; 2 J.Ellington 51.89. 800m: 7 D.Malin 2:02.06; 4 J.Skilbeck-Nelson 2:06.70. 1500m: 2 D.Watson 4:00.50; 5 D.Malin time not known. 3000m: 3 D.Watson 8:51.48; 2 J.Blackledge 9:13.00. 110mH: 7 J.Dickinson 17.72/-4.1. dq J.Hardie. 400mH: 2 A.Bennett 53.88; 2 J.Dickinson 57.05. 2000mSC: 5 F.Bernard-Gaudin 6:29.26; 5 J.Skilbeck-Nelson 6:49.36. HJ: 5 J.Hardie 1.90; 7 B.Sharpe 1.70. LJ: 1 O.Eyong 7.46; 1 G.Wilson 6.69. TJ: 4 D.Wellstead 13.75; 3 S.Majekodunmi 13.14. PV: 4 L.Munro 3.60; 3 J.Dickinson 3.50. SP: 1 G.Beard 18.00; 1 G.Springs 14.14. DT: 1 G.Beard 48.25; 1 D.Onwuballili 45.12. JT: 7 G.Beard 42.53; 5 J.Hardie 36.62. HT: 4 G.Beard 48.96; 4 G.Springs 34.76. 4x100m: 1 Belgrave 41.96 (R.Graham, L.Obob, J.Ellington, T.Abejie). 4x400m: dq (3rd) Belgrave 3:22.6 (A.Bennett 50.1, L.Obob 49.9, J.Dickinson 52.8, T.Abejie 49.8).  
 09 Richmond & Twickenham Open, Barn Elms. 100m: 1 D.Chin 10.5. M45 DT/HT: 1 M.Small 42.57/41.53. W65 HT: B.Dunsford 17.25.  
**11 Trafford Open, Stretford.** 1500m: 4 P.Freary 4:03.30. 3000m: 1 P.Freary 8:38.92. 3000mSC: 1 L.Hurst 9:07.38.

**15 Herne Hill H Open, Tooting, Surrey Co.** AA 10,000m Champs. inc. Belgrave Champs. 1 R.Alsop 32:34.7.  
**16 NLCC Medal Comp., Walton.** U17M LJ: 1 A.George 6.74/0.1.  
**16 Watford Open.** 16 Sep 2001. U20 SP: 1 G.Beard 17.87. DT: 1 G.Beard 50.69. JT: 2 G.Beard 41.67. HT: 2 G.Beard 47.31.  
**23 Sutton & District Open Meeting, Sutton.** TJ: 1 D.Wellstead (U20) 14.10w/4.0. U20M. LJ: 1 D.Wellstead 6.34w/2.3. SP: 1 G.Beard 18.01. DT: 1 G.Beard 50.65. HT: 1 G.Beard 52.18. M45. SP: 1 M.Small 13.60. DT: 1 M.Small 41.15.

## November 2001

**03 SETC Meeting, Ewell.** W65 SP/DT/HT: B.Dunsford 6.02/11.31/18.77.

Dec 2001 - Feb 2002 are indoor meetings unless otherwise specified.

## December 2001

**09 UWIC & BMC Meeting, Cardiff.** 3000m: 6 R.Ward 8:27.07.  
**15 SETC Meet, Ewell.** Outdoor. M45 Weight Pentathlon. HT, SP, DT, JT, WT. 1 M.Small 3720 (45.69, 12.65, 38.51, 39.40, 13.84). W65 1 B.Dunsford 1835 (17.05, 5.04, 11.06, 9.97, 5.26).

## January 2002

**06 Windsor SE&H Open, Eton.** U17M 60m: 1 J.Ellington 7.0; 3 J.Regis 7.3.  
**12 NEAA Champs., Wakefield.** PV: 1 B.Flint 5.00.  
**12 Kansas State University Inv., Manhattan KS USA.** SP: 2 D.Readle 15.82.  
**12 Veterans Open Meeting, Malta.** (Outdoor) W65 SP/DT/HT/JT: 1 B.Dunsford 5.48/11.80/20.06/9.96.  
**12-13 Birmingham Games.** a=12th, b=13th.  
 Men. 60m: a 2h4 L.Obob (U20) 6.90. 400m: b 3 I.Deeth 48.81 (2h2 49.11). 60mH: b 3 N.Owen 7.97 (2h1 8.06); hts 2h2 D.Girdler 8.07. HJ: b 2 B.Challenger 2.05; 4 R.Aspden 2.00; 6 S.Oni 2.00. SP: b 4 G.Beard 14.91.  
 Women. 60m: a 6 A.Spencer (U17) 7.67 (2s2 7.56, 3h3 7.63); hts 2h3 C.Harrison-Bloomfield 7.63. 200m: b 3 A.Spencer 23.86 (2s2 23.76, 1h3 24.18); hts 3h3 C.Harrison-Bloomfield 24.95. 400m: 1 J.Culley 55.50 (2s2 56.57, 1h2 56.79). 1500m: b 1 E.Davies 4:36.18. 60mH: b 1 S.Claxton 8.34 (2h2 8.6); 3 R.King 8.60 (1h2 8.5). PV: b 1 L.Webber 3.90.  
 13 SEAA Pentathlon, Bedford. Women. 3 H.Stares 3518 (LJ 5.14, 60m 7.96, 60mH 8.99, HJ 1.63, SP 8.85).  
**19 Scottish Champs., Kelvin Hall, Glasgow.** Men. 400m: 4 I.Deeth 51.22 (3sf2 50.07). 1500m: 1 Andy Graffin 3:46.17. HJ: 9 J.Hardie 1.95. PV: 1 B.Flint 5.00. Women. 60m: 4h G.Ryde 7.9.  
**19 Welsh Champs., Cardiff.** Women. 60m: 1 R.King 7.68. 800m: 1 E.Davies 2:06.59. 60mH: 1 R.King 8.46.  
**19-20 SEAA Champs., Bedford.** a=19th, b=20th.  
 Men. 60m: a 2h2 M.Russell 7.0 (1h 7.0) dns in semi-final. 60mH: a 1 N.Owen 8.0 CBP (1h 8.1); LJ: 7 A.Kneller 5.64. TJ: b 2 D.Wellstead 13.45. Women. 60mH: a 1 J.Hollman 8.7 (1h 8.9). PV: 2 L.Webber 3.70. SP: b 2 J.Hollman 12.18. U17W. 60m: a 3 A.Onuora 8.1 (1h 8.0).  
**19-20 Midland Champs., Birmingham.** a=19th, b=20th.  
 Men. 60m: b hts D.Girdler 7.16. 60mH: a 3 D.Girdler 8.01. HJ: b 2 B.Challenger 2.10; 3 R.Aspden 2.10. Women. HJ: a 1 N.Smallwood 1.65.  
**20 Wildcat Invitational, Manhattan KS USA.** SP: 6 D.Readle 15.70.  
**23 Glasgow Open.** PV: 1 I.Mackenzie 4.00.  
**24 Horsham Open.** 50mH: 3r1 J.Dickinson 7.8; 2r2 8.1. U20M 50m: 2r2 J.Dickinson 6.6.  
**26 Triangular Match, Allston MA USA.** 60m: 1 C.Lambert 6.78 (1h1 6.79). 1000m: 1 A.McLean-Foreman 2:28.99.  
**26 Triangular Match, Manhattan KS USA.** SP: 5 D. Readle 15.17.  
**26-27 Zaragoza, Spain.** Pentathlon: J.Hollman 8.79 (60mH ?), 1.66 HJ.  
**27 Midland Open, Birmingham NIA.** Men. 60m: 5r2 N.Owen 7.19. 400m: 4r1 I.Deeth 50.84. 60mH: 1r1 N.Owen 7.07; 2 D.Girdler 8.07. Women. 60m: 6r1 A.Spencer (U17) 7.55; 7 C.Harrison-Bloomfield 7.60. 200m: 1r1 A.Spencer 23.44. 400m: 1r2 H.Stares 56.38. 60mH: 2r1 R.King 8.39. PV: 1 L.Webber 3.90.  
**27 Scottish Universities Champs., Glasgow.** PV: 2= I.Mackenzie 4.00. SP: 1 S.Thompson 14.76.  
**27 adidas Games, Boston MA USA.** 1 mile: 5 Andy Graffin 3:59.19.  
**31 Scottish Schools Champs., Glasgow.** Over 16 800m: 1 G.Oudney 1:59.8.

## February 2002

**01 Wuppertal, Germany.** HJ: 6 B.Challenger 2.18.  
**01 Verizon Millrose Games, Madison Square Gardens, New York NY USA.** 1 mile: 5 Andy Graffin 4:02.33.  
**02 Grand Prix, Crystal Palace.** LJ: 1 A.Kneller 6.57. Women. HJ: 1 M.Knight 1.55. SP: 1 M.Knight 10.25.  
**02 Greater Boston Invitation, Boston MA USA.** 55m: 1 C.Lambert 6.41 (1h 6.40 =GBR U23 Best). 200m: 1 C.Lambert 21.65.  
**02 Mevo Invitation, Notre Dame IN USA.** 1 mile 4 A.McLean-Foreman 4:06.47.  
**02-03 AAA Champs., Cardiff.** a=2nd, b=3rd.  
 Men. 60m: b 6 M.Dickson 6.71 =pb (2s1 6.71 pb, 3h4 6.92); 7 D.Chin 6.75 (2s3 6.72 pb, 2h3 6.76 pb). 400m: a 2s2 T.Bayley 48.89 (2h1 48.35). 1500m: b 6 S.Sharp 3:54.09 (a 3h2 3:52.85); 8 R.Ward 3:56.37 (5h1 3:50.14 pb). 3000m: b 2 David Anderson 8:18.88; 5 K.Nash 8:29.32. 60mH: b 2h1 N.Owen 8.06; 3h1 D.Girdler 8.09. HJ: b 1 B.Challenger 2.17; 5 R.Aspden 2.09. PV: a 3 P.Williamson 5.20. Women. 200m: a 1 A.Spencer (U17) 23.74 (1h2 23.93). 400m: a 2s3 J.Culley

56.10 (1h3 55.52). 800m: b 2 E.Davies 2:05.80 pb (a 1h2 2:10.45). 1500m: b 2 J.Mitchell 4:26.00 (a 1h2 4:30.42); 6 M.Sharp 4:35.13 (a 3h1 4:41.62). 60mH: b 2 R.King 8.17 pb (1h1 8.26); 5 S.Claxton 8.44 (2h1 8.39). LJ: a 2 S.Claxton 6.20; 4 J.Hollman 5.99. PV: b 3 L.Webber 3.90. SP: a 6 E.Massey 14.26.

**03 SCVAC Champs.**, Crystal Palace. M65 60m: C.Taylor 10.2/10.1.

**08 New York RRC College Invitational**, New York NY USA. 1 mile: 1 Andrew Graffin 3:57.48.

**08 Crystal Palace**. 60m: A.Kneller 7.3. U17M 60m: J.Ellington 7.1; J.Regis 7.2.

**09 Triangular Match**, Allston MA USA. 60m: 1 C.Lambert 6.73. 1000m: 3 A.McLean-Foreman 2:34.49. 1 mile 1 A.McLean 4:12.39.

**09 Windsor SE&H Open**, Eton. 60m: A.Kneller 7.3. LJ: 2 J.Dickinson 6.29. TJ: 1 D.Wellstead 13.50. Women. 60m: 2 A.Onuora 7.8.

**10 Lansing Linde Severnside Trophy**, Cardiff. Men. U20 LJ: 1 O.Eyong (Eng) 7.01. Women. 60m: 2 R.King (Wal) 7.55. 400m: 3 D.Higgins (Wal) 56.79. 800m: 2 E.Davies (Wal) 2:04.87. 1500m: 3 J.Mitchell (Eng) 4:25.51. 60mH: 1 R.King (Wal) 8.13. PV: 2 L.Webber (gst) 3.70.

**10 BMC Races**, Cardiff. Men. 1500m: 1 S.Sharp 3:47.78. Women. 1500m: 2 M.Sharp 4:34.25.

**15 Kansas State University Open**, Manhattan, KS USA. SP: 3 D.Readle 17.28.

**16 Norwich Union U23 & U20 International.**, Cardiff.

U23M. 60m series 2 3r1 T.Abeyie 6.94. 400m: 2r1 T.Bayley 48.83. 1500m: 2r1 R.Ward 3:50.06. 60mH: series 1 3 D.Girdler 8.07; series 2 1 D.Girdler 7.94. U20M 60m: series 1 2r2 J.Ellington (U17) 7.10; 7r2 J.Regis (U17) 7.20; series 2 2r2 J.Ellington 7.06; 4r3 J.Regis 7.29. 200m: 1r4 J.Ellington 22.39. U23W. 60mH: series 1 1r1 R.King 8.39; series 2 1r1 R.King 8.41.

**16-17 Kent AA Indoor Champs.**, Crystal Palace. Men 60m: a hts A.Kneller 7.3. LJ: a 1 A.Kneller 6.57. U17M SP: b 1 C.Gearing 15.59.

**16-17 Surrey AA Indoor Champs.**, Crystal Palace. LJ: a 1 D.Wellstead 6.22. TJ: b 1 D.Wellstead 13.50. U20M 60mH: 2 T.Sinclair 8.9.

**17 Norwich Union GP, Birmingham**. Men. 60m: 8h1 D.Chin 6.86; 7h2 M.Dickson 6.71. 2 miles: 6 Andrew Graffin 8:37.94. Women. 800m: 7 E.Davies 2:04.67.

**17 Bank of Scotland U20 & U17 Champs.**, Glasgow. U20M 800m: 2 G.Oudney 1:56.80. 1500m: 2 W.Docherty 4:08.31. U20W 60m 6h3 G.Ryde 7.83. 200m: 2 G.Ryde 25.16 (1h2 25.63).

**23 Wellington Champs.**, Wellington, New Zealand. (Outdoor) 3000m: 2 R.Alsop 9:03.85.

**23-24 AAA U20, U17 & U15 Champs.**, Birmingham.

U20 Men. 60m: 2 L.Oboh 6.92. 800m: 2 G.Oudney 1:55.27 (2h2 1:56.95); 4h1 R.Macintosh 1:59.82. 60mH: 7 T.Sinclair 9.16. LJ: 2 O.Eyong 6.90.

U17 Men. 60m: 1 J.Ellington 6.93 (1s1 6.93, 1h3 7.04); 5s3 J.Regis 7.20 (2h9 7.26); 3h6 M.Blencowe 7.22. 200m: 1 J.Ellington 21.80 (1s2 22.03, 1h7 22.70); 4s2 J.Regis 23.29 (2h6 23.27); 3h6 S.Osho 23.39. SP: 2 C.Gearing 16.01.

U17 Women. 200m: 4 A.Onuora 25.13 (1s1 24.96, 1h2 25.5), 300m: 1 A.Spencer 37.72 CBP (1s1 38.93, 1h1 39.7).

**23-24 Halifax British Universities Champs.**, Glasgow. Men. 400m: b 4 T.Bayley 49.78 (2s1 48.95). 1500m: b 2 R.Ward 3:54.02 (1h1 4:02.83). 60mH: b 2 D.Girdler 7.92; 5 R.Sear 8.20 (1h2 8.12). SP: b 3 S.Thompson 14.95. Women. 200m: b 3 M.Marks 24.52 (2s1 24.61; 1h2 25.72). SP: a 1 E.Massey 14.15.

**23-24 Heptagonal Games Assoc. Champs.**, Ithaca NY USA. 60m: b 1 C.Lambert 6.73 (1h2 a 6.74). 1 mile: 2 A.McLean-Foreman 4:09.91 (1h1 a 4:14.41).

## March 2002

**02 European Indoor Champs.**, Vienna. Women. 60mH: b 5h1 R.King 8.31.

**02 Intercollegiate Champs.**, (Indoor) Boston. MA USA. 1 mile: 1h1 A.McLean-Foreman 4:07.45.

**07 Melbourne Track Classic**, Melbourne, Australia. HT: 3 M.Jones 71.00.

**09 Telstra A-Series**, Hobart, Tasmania, Australia. HT: 3 M.Jones 73.21.

**09 European AA Throwing Challenge**, Pula, Croatia. Women. DT: B 1 S.Newman 56.80.

**10 AAA Pentathlon**, (Indoor) Cardiff. U20M 4 J.Dickinson 4532. SW Pentathlon 5 M.Knight 3209.

**14 Victoria Emporia State Uni. Spring Twilight Meeting**, Emporia KS USA. SP: 3 D.Readle 16.48. DT: 5 D.Readle 40.37. HT: 6 D.Readle 44.64.

**17 West London Hammer School Winter Champs.**, Perivale. Men. 1 M.Jones 70.73. Women: 3 D.Holden 53.50.

**19 Melbourne**, Australia. Women. 100m: V.James 12.26/-2.3.

**23 Telstra A-Series**, Adelaide, Australia. Women. 100m: 1 V.James 11.53/1.4. 200m: 2 V.James 23.51/0.9.

**23 Texas Southern Relays**, Houston, TX USA. 800m: 1r3 A.McLean-Foreman 1:54.06.

**23 Jim Click Shootout**, Tucson AR USA. SP: 5 D.Readle 16.29. DT: 9 D.Readle 41.06. HT: D.Readle 47.51.

**23 Quadrangular Match**, Claremont, CA USA. Women 200m: 1 J.Culley 24.68w. 400m: 1 J.Culley 55.39.

**30 Rice Uni. Bayou Classic**, Houston TX USA. 800m: 4 A.McLean-Foreman 1:55.04. 1500m: 2 A.McLean-Foreman 3:54.33.

**31 Crawley Open**. 400m: 1 A.Bennett 49.5. SP: 1 M.Small (M45) 13.30. JT: 1 C.Green 59.40.

## April 2002

**03 Meeting Internationale Ciudad de Torrevieja**, Spain. JT: 1 S.Faben 75.18.

**05 ASA Engen GP Summer Series**, Germiston, Republic of South Africa. 800m: 5rA N.Speaight 1:48.91; 7rB, J.Lobo 1:52.52.

**06 Meeting Internationale Ciudad de Alicante**, Alicante, Spain. LJ: 5 J.Flynn-7.12/0.8. Women. 100m: 1 A.Spencer 11.74.

**06 Euler State Farm/Emporia State Uni. Relays**, Emporia, KS USA. SP: 6

D.Readle 15.98. HT: 10 D.Readle 46.89.

**06 Triangular Match**, Allston, MA USA. 200m: 1 C.Lambert 21.69.

**10 VAC Meeting**, Battersea Park. M45 HT: 1 M.Small 44:56.

**12 Telstra Australian Champs.**, Brisbane, Australia. Women. 100m: 4 V.James 11.53/0.9 (1h4 11.71/-1.1, 1s1 11.74/-0.5).

**13 Azusa Pacific Meet**, Azusa, CA USA. 400m: 1r1 S.Baldock 46.5. Women. 400mH: 1 H.Stares 61.9.

**13 Columbia University Inv.**, New York, NY USA. 1500m: 2r1 A.McLean-Foreman 3:48.64.

**13 FSU, Western Kentucky**, USA. Women. 100mH: J.Hollman 13.81. HJ: 1 J.Hollman 1.82. JT: 2 J.Hollman 39.18.

**16 Ashford Open**. U17M SP: 1 C.Gearing 15.76. HT: 1 C.Gearing 45.00.

**19 Engen GP Final**, Cape Town, RSA. 800m: 10 N.Speaight 1:49.65.

**19 Kansas Relays**, Lawrence, KS USA. SP: 2 D.Readle 16.01.

**19 Pomona Pitzer Inv.**, Claremont, CA USA. Women. 100m: 1r2 C.Harrison-Bloomfield 11.72w/2.3.

**20 Harvard Uni. vs. Yale Uni.**, New Haven, CT USA. 100m: 1 C.Lambert 10.46/0.6. 200m: 1 C.Lambert 20.82/1.3. 800m: 2 A.McLean-Foreman 1:55.62. 1500m: 1 A.McLean-Foreman 3:53.71.

**20 Long Beach State Inv.**, Long Beach, CA USA. Women. 100m: 4r1 C.Harrison-Bloomfield 11.97w/3.1. 200m: 1r1 C.Harrison-Bloomfield 23.94w. 400mH: 7r1 H.Stares 66.39.

**20 Scottish University Champs.**, Grangemouth. SP: 3 S.Thompson 14.74. DT: 2 S.Thompson 46.48.

**20 Kinnaird Trophy**, Kingsmeadow. 3000m: 1 J.Wolf 8:54.3.

**20 Sward Trophy**, Kingsmeadow. TJ: 2 D.Wellstead 13.49.

**20 Crawley Open**. 400m: 1 A.Bennett 49.8. U17M 200m: 1 S.Osho 23.7.

**20-21 Mt. SAC Relays & Inv. Meeting**, Walnut, California. a=20th, b=21st. 100m: b 2r1 D.Chambers 10.08/1.8. 400m: a 2r4 S.Baldock 47.21. 400mH: b 5r1 M.Douglas 51.04. Women. PV: a =4 L.Webber 3.65.

**21 Hercules Wimbledon YA Meeting**, Crystal Palace. U17M. 1500m: P.Cowling 5:07.9. JT: 8 R.Collier 26.61. U13B. 1500m: 4 L.Shettle 5:20.3. U17W. 100m: 2 A.Onuora 12.0; S.McGregor 13.4. 200m: 2 A.Onuora 24.7; S.McGregor 27.6. U15G. 100m: T.Hassan 13.6; H.Gates 13.7; E.Collins 14.4; S.Kemp 14.5. 200m: T.Hassan 27.7; H.Gates 30.0; E.Collins 29.5. 800m: 1 L.Collier 2:24.8. 1500m: 8 C.Olawore 5:33.5. HJ: 9 T.Hassan 1.90.

**21 Wakefield Open**. PV: 3 B.Flint 4.20.

**21 Walton Open**. TJ: 1 D.Wellstead 13.83.

**24 Watford Open**. 100m: (mixed) 1r4 H.Stares 12.3. 200m: (mixed) 4r3 H.Stares 25.5. 1500m: 2r2 J.Wolf 4:03.5

**27 BUSA Trial & Open**. 1500m: 4 A.Zawadski 3:53.8.

**27 US San Diego Open**, La Jolla, CA USA. DT: 12 K.Brown 57.20.

**27 Penn Relays**, Philadelphia, PA USA. 100m: 1r2 D.Chambers 10.31.

**27 UC Berkeley Open**, Berkeley, CA USA. 100m: 1 G.Beasley 10.81. 200m: 1 G.Beasley 21.97.

**27 SECTC Competition**, Ewell. Weight Pentathlon. M45 1 M.Small 3890 (HT 45.52, SP 13.25, DT 42.40, JT 41.42, WT 13.91). SP: 1 M.Small 13.25. M70 SP: 1 C.Taylor 10.50.

**27 Women's Southern League Division 2 Match 1**, Eton. 100m: 1 A.Spencer 11.7; 1 A.Onuora 12.1; n/s S.Claxton 12.4. 200m: 1 J.Culley 25.3; 1 A.Onuora 25.1. 400m: 4 S.Stracey 64.8; 5 M.Nestor 68.2. 800m: 3 S.Stracey 2:28.3; 4 B.Cobden Ramsey 2:49.2. 1500m: 4 K.Dillane 5:51.3; 4 J.Smiter 7:19.4. 3000m: 5 K.Dillane 12:08.6. 100mH: 1 M.Knight 15.6; 2 J.Smiter 24.1. 400mH: 1 H.Stares 61.2; 1 J.Culley 62.2. HJ: 1 M.Knight 1.60. LJ: 1 J.Holman 6.21; 1 S.Claxton 5.96. TJ: 1 M.Nestor 10.27; 2 J.Smiter 8.27. PV: 3 J.Smiter 1.70. SP: 2 J.Holman 12.72. 1 A.Holman 11.23. DT: 1 S.Newman 55.25; 1 D.Holden 36.44. JT: 3 A.Holman 35.89; 1 M.Knight 35.55. HT: 1 D.Holden 57.71; 5 J.Smiter 12.34. 4x100m: 1 Belgrave 48.5 (A.Onuora, S.Claxton, A.Forsythe, A.Spencer). 4x400m: 1 Belgrave 3:55.8 (H.Stares 59.2, S.Stracey 63.7, J.Culley 58.1, J.Holman 54.8. U17W. 100m: n/s; S.McGregor 13.7; S.Murray Burton 14.0. 80mH: 4 S.McGregor 14.3; 4 S.Murray Burton 19.3. 300mH: 2 A.Forsyth 45.6. U15G. 100m: 5 E.Collins 14.5; 2 H.Gates 14.2; n/s S.Kemp 14.5. 200m: 1 T.Hassan 27.7; 4 L.Collier 33.6. 800m: 1 L.Collier 2:19.6; 3 E.Collins 3:09.2. 1500m: 2 C.Olawore 5:35.7. 75mH: 4 T.Hassan 16.6; A.Bolland dnf. HJ: 5 T.Hassan 1.30; 4 S.Kemp 1.20. LJ: 5 H.Gates 3.70; 5 S.Kemp 3.28. SP: 2 C.Olawore 7.90; 4 L.Collier 5.35. DT: 5 C.Olawore 14.05; 5 E.Collins 7.68. JT: 4 S.Kemp 11.24; 4 H.Gates 7.15. 4x100m: 3 Belgrave 56.5 (H.Gates, E.Collins, L.Collier, T.Hassan).

1 Reading 211.5; 2 Windsor, Slough, Eton & Hounslow AC 189.5; 3 Belgrave 176; Brighton & Hove 136.5; 5 Oxford City 84.5.

**28 National Junior League S.Premier Division Match 1**, Barnet. 1 Enfield & Haringey 328; 2 Shaftesbury Barnet 265; 3 Harrow AC 261; 4 Blackheath H 230; 5 Medway & Maidstone 211; 6 Belgrave H 193; 7 Bournemouth AC 184; 8 Aldershot F&D AC 139. 100m: 1, L.Oboh 10.8. 200m: 1, L.Oboh 22.7. 400m: B 1 R.Dhiman 50.9. 800m: 2 D.Watson 1:56.8; 1 G.Oudney 1:59.4. 1500m: 1 C.Watson 4:04.9. 3000m: 1 J.Blackledge 9:00.6. 110mH: B 1 R.Dhiman 15.7. 400mH: 1 R.Dhiman 54.0. 2000mSC: 3 W.Docherty 6:28.2. LJ: 1 O.Eyong 6.78. SP: 2 K.Stevens 13.81. 4x100m: 1 Belgrave 44.9. 4x400m: 2 Belgrave 3:26.9.

**29 Southern Counties Veterans Match 1**, Battersea Park. Men. 1 Serpentine 225; 2 Hillingdon 201; 3 Belgrave 112; 4 Richmond & Twick. 104; 5 Hercules Wimb. 93; 6 Herne Hill 79; 7 Met Police 62. M40. 100m: 3 J.Powell 13.1. 400m: 4 H.Corbett 74.7. SP: 1 M.Small (M45) 12.65. HT: 1 M.Small (M45) 44.30. 4x400m: 3 Belgrave 4:39.6. M50-150m: 1 A.Painter 5:13.4. SP: 3 C.Taylor (M70) 8.30. HJ: 3 C.Taylor (M70) 1.10. HT: 3 C.Taylor (M70) 22.45. 2000mW: 2 C.Lawton 11:05.0. Women. 1 Serpentine 220; 2 Hillingdon 79; 3 Met. Police 66; 4 Richmond &

Twick. 39; 5 Belgrave 22; 6 Herne Hill 8.  
W50. JT: 1 V.Thompson 22.50. HT: 2 V.Thompson 26.88.

May 2002

**01 BMC Meeting**, Battersea Park. Men. 800m: 1 David Anderson 1:54.35; 6 N.Hiouat 1:55.85. 1500m: 7 J.Wolf 4:00.80; 12 J.Browne 4:16.95. 3000m: 1 David Anderson 8:35.07; 6 J.Blackledge (U20) 8:49.24. Women. 800m: 2 L.Collier (U15) 2:16.00.  
**01 Trafford GP**. BMC 800m: 4 R.Ward 1:53.46. Open 3000m: 3 D.Mallin (U20) 8:48.73  
**03 Cardinal Invitation**, Palo Alto, Stanford CA USA. 100m: 2 G.Beasley 10.61/w2.1.  
**04 Men's Southern League Division 1 Match 1**, Ashton Playing Fields, Woodford.  
1 Woodford Green with Essex Ladies 121; 2 Exeter 107; 3 Shaftesbury Barnet H 105; 4 Belgrave H 95; 5 Harrow 89.  
100m: 1 T.Abeyie 11.10; 1 M.Russell 11.25. 200m: 2 J.Hilston 22.99; 4 N.Molloy 24.07. 400m: 5 S.Gilchrist 53.85; 4 P.Beaumont 59.97. 800m: 5 S.Connor 2:05.4. 1500m: 1 J.Wolf 4:06.14. 5000m: 1 C.Herrington 15:01.03; 4 M.Byansi 17:18.45. 110mH: 5 P.Beaumont 22.73. 400mH: 1 A.Ferns 56.4. 3000mSC: -. HJ: 1 J.Hilston 1.70; 3 A.Kneller 1.70. LJ: 2 J.Flynn 6.81; 1 F.Daramola 6.79. TJ: 1 D.Wellstead 13.15; 1 J.Hilston 12.35. PV: -. SP: 2 M.Small 12.91; 1 G.Springs 12.43. DT: 1 M.Small (M45) 41.80; 3 G.Springs 33.08. JT: 3 A.Kneller 46.79; 2 M.Small (M45) 40.64. HT: 3 M.Small (M45) 43.67; 4 R.Bridges (M40) 19.65. 4x100m: -. 4x400m: 2 Belgrave 3:34.7 (D.Akinbogun 55.3, M.Parper 48.9, J.Hilston 51.3, P.Beaumont 59.2).  
**04 Hampton International**, Port of Spain, Trinidad. 100m: 5 M.Dickson 10.60.  
**04 Angular Meeting**, Lincoln NE USA. SP: 7 D.Readle 15.89. HT: 4 D.Readle 50.17.  
**04-06 British Universities Champs**. Bedford.  
Men 200m: c 6 G.Dearman 22.15/-0.4 (3s3 22.10/0.2, 2h5 b 22.00). 400m: c 5 I.Death 48.55 (2s3 49.35, 1h4 a 50.10). 800m: a 1h5 R.Ward 1:55.9 - did run in semi-final. 5000m: c 1 M.Miles 14:23.0 (1h1 b 15:22.93). 10000m: a 1 M.Miles 29:38.2. 110mH: c 3 D.Girdler 14.5 (1h1 b 14.40w/2.6); 4 R.Sear 14.9 (2h1 14.50w). 400mH: b 2 52.50 (1s2 a 51.7, 1h1 52.9). LJ: c 8 J.Birks 6.51 (8qB b 6.60). PV: b 1 B.Flitt 5.00. SP: c 3 S.Thompson 15.11. DT: a 2 S.Thompson 51.66 (2 qA 47.58).  
Women. 10000m: b T.Sturton dnf. 100mH: b 6 H.Stares 14.61/-1.2 (4h3 a H.Stares 14.22/2.7). 400mH: a 1 M.Marks 59.13 (1s1 61.70); 3 H.Stares 60.45 (2s3 62.10). SP: b 1 E.Massey 15.33. DT: a 2 E.Massey 43.06. JT: a 1 G.Sayers 53.63.  
**05 Steve Scott Invitation**, Irvine, CA USA. PV: 1 P.Williamson 5.18. Women. PV: 4 L.Webber 4.00.  
**06 National YA League S.Premier Division Match 1**, Newham.  
Teams: 1 Croydon H 241; 2 Medway & Maidstone 188; 3 Tonbridge 143; 4 Belgrave H 136.  
U17M. 100m: 1 J.Regis 11.2. 200m: 1 J.Regis 23.3; 2 J.Sharpe 24.4. 400m: 3 A.Bailey 60.3; 3 G.Attipoe 62.3. 800m: S.Rammani 2:17.4; A.Bailey 2:31.7. 1500: S.Rammani 5:32.5; J.Orday 5:20.6. HJ: 2 K.Ashe 1.60; 2 R.Collier 1.45. LJ: 1 G.Wilson 6.65; 1 J.Sharpe 5.11. PV: 2 R.Collier 2.35. SP: 1 C.Gearing 16.34; 1 A.George 10.60. DT: 1 C.Gearing 47.81. JT: 3 R.Collier 27.75; 1 M.Lambert 24.05. HT: 1 C.Gearing 45.81; 3 M.Lambert 17.31. 4x400m: Belgrave 4:06.7 (64.7, 61.1, 57.4, 63.5).  
U15B. 200m: 2 J.Nash 26.8; 4 S.Hendrickson 28.1. 800m: 4 J.Prendergast 3:49.2. LJ: 4 J.Nash 4.63; 3 S.Hendrickson 4.29. SP: 4 D.Hooper 8.87; 3 P.Veiga 6.69.  
U13B. 200m: 2 J.Kuruville 28.7; 3 A.Graham 29.7. 800m: 3 L.Shettle 2:36.8; 4 A.Graham 3:26.6. 1500m: C.Taylor 5:11.2; T.Harry 5:35.4. LJ: 4 A.Graham 3.60; 3 A.Bloemsma 3.43. SP: 4 C.Taylor 7.14; 2 L.Shettle 6.75.  
**06 BMC Nike PB Classic**, Millfield School. 800m: 2r2 K.Quinn 1:56.90.  
**06 Hampshire Multi-Events**, Portsmouth. U20M Pentathlon 1 J.Dickinson 3084 (LJ 6.36, JT 40.21, 200m 23.6, DT 34.03, 1500m 4:33.4).  
**06 Brewer Games Open**, Cheltenham. Women. DT: 1 S.Newman 53.77.  
**08 Watford Open**. 800m: 2 Allen Graffin 1:52.0. 1500m: 1 Andrew Graffin 3:45.3; 2 A.Zawadski 3:49.1.  
**11 Heptagonal Games Assoc. Champs.**, Annapolis, MD USA. 100m: 1s2 C.Lambert 10.36/0.9 (1h3 10.45w/2.6). 200m: C.Lambert 1s2 20.76w/2.5 (1h3 20.83w/2.3).  
**11 Modesto**, CA USA. Men. 100m: 2r2 D.Chambers 10.14/1.4. Women. PV: 1 B L.Webber 3.85.  
**11 Palafrugell**, Spain. Men. 110mH: 8r2 N.Cooper 15.15/-0.6. Women. 200m: 1 V.James 24.04/-0.3. 400m: 1r3 M.Marks 54.40. SP: 1 E.Massey 14.92.  
**11 Halle**, Germany. HT: 10 M.Jones 71.38.  
**11-12 Multistars Combined Events**, Desenzano del Garda, Italy. Women. Heptathlon: 1 J.Holman 6093 (100mH 13.88, HJ 1.82, SP 12.64, 200m 24.53, LJ 6.24, JT 38.38, 800m 2:14.44).  
**11-12 County Championships**. a=11, b=12  
**Berkshire**, Bracknell. 1500m: a 1 J.Wolf 4:03.4.  
**Buckinghamshire**, High Wycombe. 5000m: a 1 C.Herrington 15:04.2.  
**Cambridgeshire**, Peterborough. JT: a 1 S.Faben 70.82.  
**Essex**, Basildon. Women. 100m: a 2 S.Claxton 12.00w/4.4. LJ: a 1 S.Claxton 6.04.  
**Hampshire**, Mountbatten Centre, Portsmouth. SP: b 3 G.Springs 11.75. DT: b 3 G.Springs 34.28.  
U20M 1500m: b 4 J.Blackledge 4:12.91. 3000m: a 4 J.Blackledge 8:48.27. HJ: a 1 J.Dickinson 1.70. LJ: a 1 J.Dickinson 6.54. PV: a 1 J.Dickinson 3.90.  
Women. 400m: a 1 E.Davies 56.51 (1h2 57.54).  
**Hertfordshire**, Watford. SM DT: b 3 M.Small (M45) 40.10. HT: b 1 M.Small

45.96.  
**Kent**, Crystal Palace. Men. SM 400mH: 2 R.Dinham 55.0. LJ: 7 J.Tuson 6.50. SP: 1 G.Beard 14.69. DT: 2 G.Beard 41.30. JT: 2 C.Green 59.42.  
U20M 400mH: 1 R.Dinham 55.4.  
U17M 100m: 1 J.Ellington 10.9; 4 J.Regis 11.3. 200m: 1 J.Ellington 22.3; 3 J.Regis 22.8. SP: 1 C.Gearing 16.44. DT: 2 C.Gearing 45.30. HT: 1 C.Gearing 48.19.  
**Lancashire**, Blackburn. 800m: b 1 J.Lobo 1:55.4.  
**Leicestershire & Rutland**. SP: 1 M.Edwards 18.41.  
**Middlesex**, Mile End. SM 100m: a 4 D.Chin 10.8. 200m: a 1 G.Dearman 22.0; 5 I.Death 22.2.  
Women. 100m: a 1 C.Harrison-Bloomfield 11.9w/2.1. 200m: a 1 C.Harrison-Bloomfield 24.4w. TJ: a 5 C.Stead 11.71. HT: a 2 D.Holden 58.17.  
**North Eastern**, Gateshead. 800m: b beats V.Wilson 1:57.3 (did not run in final)  
**Oxfordshire**, Abingdon. HT: a 1 J.Osazuwa 59.08.  
**Scottish (East Districts)**, Meadowbank. 100m: a 5h2 J.Simpson 11.52w/3.4. 400m: a 2 J.Simpson 50.02. SP: b 2 S.Thompson 15.20. DT: b 2 S.Thompson 46.26.  
U20M 800m: b 4 R.Macintosh 1:58.79.  
**Scottish (West Districts)**, Meadowbank. 1500m: a 1 D.Watson 3:51.48.  
U20M 1500m: a 1 D.Malin 4:11.94. 5000m: b 1 D.Malin 15:08.65. 2000mSC: a 1 W.Docherty 6:15.57.  
**Surrey**, Kingsmeadow. 100m: b 1h1 T.Abeyie 10.74w/2.3 (dq in final - 2 false starts). 200m: a 1 T.Abeyie 21.88/-1.2 (1h2 22.22/-1.9); Heats 6h1 D.Akinbogun 24.01/-1.5. 400m: b 2 M.Parper 49.0 (2h1 50.64). 800m: a 7 K.Nash 2:01.66. 1500m: a 1 K.Quinn 4:03.48; 4 L.Greatorex 4:11.76. 400mH: b 1 N.Levy 52.99. HJ: b 1 R.Aspden 2.00. LJ: a 1 M.Nesbeth 7.16; 5 D.Wellstead 6.30. TJ: b 1 D.Wellstead 13.54.  
U20M 200m: b 2 R.Graham 22.58/1.4. 110mH: a 4 O.Durran 16.34/2.0.  
U17M 100m: b 3h1 J.Sharpe 11.99/1.7. 200m: a 7 J.Sharpe 25.01/-2.1 (4h1 24.85/-1.9). PV: a 3 R.Collier 2.30. JT: b 3 R.Collier 34.35.  
U15B 3000m: b 8 D.Stephens 11:41.4. TJ: b 5 D.Stephens 10.28.  
Women. 400m: a 2 J.Culley 55.64. 800m: a 3 S.Stracey 2:23.69. 400mH: b 1 J.Culley 61.08.  
U20W TJ: b 4 M.Nestor 10.59.  
U17W 100m: a 5 S.Murray-Burton 13.94/-1.2. 300m: a 4 A.Forsyth 42.82 (1h2 42.93). 300mH: b 3 A.Forsyth 46.20.  
U15G 100m: b 8h1 H.Gates 14.36/1.3; 8h2 E.Collins 14.26/1.4. 200m: 5s H.Gates 30.05/-1.2 (4h3 29.75/-1.5); 5h4 E.Collins 29.75. 800m: a 1 L.Collier 2:15.65 - CBP (3h1 2:33.01). 1500m: b 3 C.Olawore 5:19.55. LJ: a 6 A.Hodges 4.48w/2.1; 10 H.Gates 2.61/2.0. SP: a 5 C.Olawore 7.63.  
U13G 1500m: a 6 K.Burns 5:54.7.  
**Sussex**, Crawley. 200m: a 2 T.Bayley 22.4w/2.1 (22.38 ht); 6 N.Molloy 23.21; S.Baldock dnf (22.27 ht). 400m: b 2 T.Bayley 48.29; 3 A.Bennet 48.46. 400m: a 1 A.Bennet 53.99. LJ: a 1 J.Birks 6.62.  
U17M 100m: b 1 W.Bennet Jackson 11.28/-1.4; 2 S.Osho 11.87. 200m: a 1 S.Osho 22.91w/2.3.  
U17W 100m: a 1 A.Onuora 12.04/0.5. 200m: b 1 A.Onuora 24.98/-2.0 (CBP).  
**Warwickshire**, Sutton Coldfield. SM LJ: 2 J.Flynn 5.99. DT: 1 K.Brown 57.44 (CBP).  
**West of England**, Bath. Hurdles Club Races 110mH: 3 D.Girdler 14.6 (5h1 14.6); 4 N.Owen 14.6 (3h1 14.4).  
**Worcestershire**, Stourport. Women. HJ: b 1 N.Smallwood 1.65.  
**Yorkshire**, Cudworth. PV: a 2 B.Flitt 5.00.  
**12 Heptagonal Games Assoc. Champs.**, Annapolis, MD USA. 100m: 1 C.Lambert 10.19w/2.9. 200m: 1 C.Lambert 20.68w/2.8.  
**13 Southern Counties Veterans Match 2**, Battersea Park. M40 800m: 1 P.Smith 2:08.1.  
**14 NoEAA** 10,000m. 1 P.Freary 31:06.94. BMC 800m: 2 E.Davies 2:07.45.  
**15 Rosenheim League**, Croydon. 100m: K.Adjepong 12.0. 200m: K.Adjepong 24.3. 800m: S.Connor 2:12.1. 400m: S.Thorn (SW) 66.7. 800m: 4 L.Collier (U15G) 2:21.2; 5 A.Painter (M50) 2:29.0; 7 S.Thorn (SW) 2:39.9; 9 J.Poloni 2:58.4. LJ: 1 F.Daramola 6.72. SP: 1 C.Taylor (M70) 8.22 ? wt. JT: 3 C.Taylor (M70) 21.48 ? wt.  
**15 WSE&H Open**, Eton. 200m: 1 G.Dearman 22.3. U20M 1500m: 1 J.Blackledge 4:10.9.  
**18 Aqua-Pura International**, Loughborough.  
Men. Match events. 200m: 2 L.Obob (GBJ) 21.15. 800m: 7 Andrew Graffin (Gst) 1:50.32. 1500m: 4 A.Zawadski (Gst) 3:46.01; 9 D.Watson (GBJ) 3:52.09. 5000m: 3 Allen Graffin (13:46.36; 5 S.Barden (Gst) 13:48.03; M.Miles (Gst) dnf. HJ: 2 B.Challenger (Lou) 2.06. PV: B.Flitt (B Univ) no ht. DT: 2 L.Newman (Wal) 55.10; 5 S.Thompson (Sco) 51.25. HT: 1 M.Jones (Eng) 71.23. Invitation events. 200m: 2 G.Beasley 21.16. 400m: 3r2 I.Death 49.00. 1500m: 11 David Anderson 3:52.35. 110mH: 3 D.Girdler 14.31; 5 R.Sear 14.45. 400mH: 1 N.Levy 52.30; 4 R.Dinham (U20M) 55.26.  
Women. Match events. 100m: 5 A.Spencer (GBJ U17) 11.60w/3.8. 200m: 4 V.James (GBJ) 23.70. 800m: 5 E.Davies (Wal) 2:07.70. 100mH: 2 R.King 13.22. 400mH: 2 Maitland Marks (Lou) 59.11. LJ: 1 S.Claxton (Eng) 6.30. SP: 2 E.Massey (B Univ) 15.33. DT: 2 S.Newman (Eng) 55.05. Invitation events. 400mH: 3 J.Culley 60.34; 5 H.Stares 62.39.  
**18 Women's Southern League Division 2 Match 2**, Norman Park, Bromley. 1 Hertford Phoenix 207; 2 Belgrave H 182; 3 Bromley AC 157; 4 Hastings AC 138, 5 North Devon 126.  
100m: 1 A.Onuora (U17) 12.2; 4 S.Murray-Burton (U17) 13.9. 200m: 1 A.Onuora (U17) 25.2; 2 S.McGregor (U17) 28.2. 400m: 4 S.Stracey 62.5; 4 S.McGregor 64.8. 800m: 1 M.Sharp 2:15.0; 4 J.Poloni 3:00.0. 1500m: 3 S.Stracey 5:10.6; 2 C.Eastham 6:10.9. 3000m: 1 M.Sharp 10:04.6; 2 T.Sturton 11:05.9. 100mH: 1 M.Knight 15.6; 3 J.Smiter 22.9. 400mH: 3 J.Smiter 88.4; 2 C.Eastham 91.6. HJ:

1 M.Knight 1.60; 1 M.Nestor (U17) 1.50. LJ: 1 M.Knight 5.38; 1 M.Nestor (U17) 4.81. TJ: 2 M.Nestor (U17) 10.20; 2 J.Smiter 8.47. PV: 1 L.Vebber 3.95; 1 J.Smiter 1.80. SP: 1 M.Knight 11.55; 5 C.James (W55) 6.76. DT: 5 C.James (W55) 16.86; 5 J.Poloni 10.12. JT: 2 M.Knight 32.36; 5 T.Sturton 12.20. HT: 5 C.James (W55) 15.07; 5 J.Smiter 13.85. 4x100m: 1 Belgrave 51.4 (S.McGregor, S.Stracey, S.Murray-Burton, A.Onuora). 4x400m: 5 Belgrave 4:36.2 (M.Nestor 67.2, J.Poloni 78.1, S.Stracey 66.7, M.Sharp 64.2).  
U17W. 80mH: 3 S.McGregor 14.8. 300mH: 1 A.Forsyth 46.7.  
U15G. 100m: 3 T.Hassan 13.4; 3 E.Collins 14.4. 200m: 3 T.Hassan 27.9; 4 S.Kemp 29.8. 800m: A.Bollam 2:50.9; 4 K.Burns (U13) 2:48.8. 1500m: 1 L.Collier 4:52.0; 2 C.Olawore 5:28.3. 75mH: 4 C.Olawore 16.2; 3 A.Bollam 17.4. HJ: 2 T.Hassan 1.47; 4 S.Kemp 1.20. LJ: 4 A.Bollam 3.71; 5 E.Collins 3.23. SP: 3 I.Sanders 7.77; 4 L.Collier 5.37. DT: 2 I.Sanders 20.16; 2 C.Olawore 16.58. JT: 4 I.Sanders 13.19; 4 S.Kemp 10.61. 4x100m: 2 Belgrave 55.2 (S.Kemp, E.Collins, L.Collier, T.Hassan).

#### 18 Men's Southern League Division 1 Match 2, Southampton.

1 Winchester 132; 2 Cambridge H 126.5; 3 Basildon 101; 4 Belgrave 82; 5 Ipswich 54.5.  
100m: 1 M.Russell 11.2; 2 J.Hilston 11.2. 200m: 1 M.Russell 22.6; 2 N.Molloy 24.3. 800m: 4 J.Wolf 2:00.7; 5 J.Panton 2:15.7. 1500m: 2 J.Wolf 4:04.1. 5000m: -. 110mH: -. 400mH: 1 A.Ferns 56.7. 3000mSC: -. HJ: 3 J.Hilston 1.90; 3 J.Panton 1.55. LJ: 3 J.Hilston 6.01; 4 J.Panton 4.76. TJ: 2 J.Hilston 13.00. PV: -. SP: 1 M.Small (M45) 13.40; 3 W.Smith 8.94. DT: 2 M.Small (M45) 40.16; 3 W.Smith 30.32. JT: 1 W.Smith 57.64; 2 M.Small (M45) 42.56. HT: cancelled.  
4x100m: 2 Belgrave 45.3 (M.Russell, N.Molloy, J.Panton, J.Hilston). 4x400m: -. 19 British League Division 1 Match 1, Watford Stadium.

1 Belgrave H 355; 2 Newham and Essex Beagles 350; 3 Woodford Green with EL 299; 4 Birchfield H 259; 5 Trafford AC 253; 6 Shaftesbury Barnet H 235.5; 7 Border H 232.5; 8 Harrow AC 211.

100m: 3 M.Dickson 10.55/-1.8; 3 D.Chin 10.75/-1.4. 200m: 1 G.Beasley 21.3w/3.7; 1 T.Abeyie 21.5/1.4. 400m: 6 G.Dearman 49.38; 1 T.Bayley 48.1. 800m: 4 J.Lobo 1:53.84; no B competitor. 1500m: 2. Andy Graffin 3:42.8; 1 S.Sharp 3:54.2. 5000m: 5 A.Stewart 14:50.27; 5 W.Cockerell 15:24.80. 110mH: 2 N.Owen 13.9w/2.4; 1 D.Girdler 14.3/1.6. 400mH: M.Douglas 51.01; 1 A.Bennett 52.6. 3000mSC: 4 L.Hurst 9:16.3; 6 S.Kennefick 10:27.4. HJ: 4 R.Aspden 2.00; 2 J.Hilston 1.90. LJ: 4 F.Daramola 6.91; 4 J.Flynn 6.54. TJ: 7 J.Flynn 13.33; 4 D.Wellstead 13.16. PV: 2 B.Flint 5.00; no B competitor. SP: 7 G.Beard 14.65; 7 K.Brown 13.02. DT: 3 L.Newman 53.82; 1 K.Brown 54.14. JT: 1 S.Faben 72.50; 2 C.Green 63.37. HT: 1 M.Jones 69.37; 2 J.Osazuwa 61.45. 4x100m: 1 Belgrave 41.22 (G.Beasley, D.Chin, T.Abeyie, M.Dickson). 4x400m: 2 Belgrave 3:10.60 (M.Parper 49.10, I.Deeth 47.4, M.Douglas 47.1, T.Bayley 47.1).

#### 19 National YA League S.Premier Division Match 2, Eton.

Teams: 1 Bournemouth AC; 2 Aldershot F&D AC 198; 3 Belgrave H 163; 4 Woodford Green with Essex Ladies 96.  
U17M. 100m: 1 J.Regis 11.2; 1 J.Sharpe 11.9. 200m: 1 J.Regis 23.0; 1 J.Sharpe 25.0. 400m: 4 G.Mabbutt 56.7; 3 J.McCrae 64.7. 800m: 4 G.Mabbutt 2:13.5; 4 N.Ambrose 2:22.6. 1500m: 4 J.McCrae 5:03.0; 4 P.Cowling 5:08.5. 3000m: 4 E.Rimdap 9:53.5. 100mH: 2 E.Ebubadike 16.5. 4 G.Wilson 16.6. 400mH: 1 E.Rimdap 66.5. 1 P.Cowling 70.7. 1500mSC: 1 D.Seddon 4:55.5; 2 P.Cowling 5:42.0. HJ: 2 R.Collier 1.60; 2 N.Ambrose 1.55. LJ: 1 G.Wilson 6.44; 1 J.Sharpe 5.37. TJ: 1 A.George 11.89; 1 G.Wilson 11.82. PV: 1 R.Collier 2.75; 1 G.Mabbutt 1.85. SP: 1 C.Gearing 16.67; 1 A.George 11.41. DT: 3 C.Gearing 29.50; 3 M.Lambert 19.71. JT: 3 M.Lambert 23.31; 3 R.Collier 12.90. HT: 1 C.Gearing 48.03; 1 M.Lambert 20.13. 4x100m: 2 Belgrave 46.4. 4x400m: 3 Belgrave 3:53.3 (R.Collier 61.4, E.Rimdap 56.6, D.Seddon 57.2, G.Mabbutt 58.0).

U15B. 100m: D.Stephens 13.2; J.Nash 13.4. 400m: 4 J.Nash 61.7; 3 P.Veiga 73.2. 800m: 4 D.Stephens 2:36.5. LJ: 4 J.Nash 4.58; 2 D.Stephens 4.53. SP: 2 D.Hooper 9.17; 2 P.Veiga 6.90. DT: 2 D.Hooper 23.??; 2 P.Veiga 14.60.  
U13B. 100m: 1 J.Kuruvilla 13.2; 1 R.Francis 14.7. 200m: 1 J.Kuruvilla 27.8. 1500m: 2 C.Taylor 5:15.8; 2 L.Shettle 5:26.1. LJ: 4 R.Francis 4.11. SP: 3 L.Shettle 7.11; 1 C.Taylor 6.98. 4x100m: 2 Belgrave 57.2.

19 AAI Games, Scanlon Park, Kilkenny, Ireland. Women. HT: 3 D.Holden 57.52.

19 Bedford. 5000m: 1rB J.Lobo 14:58.0.

20 Susan Meier Meeting, Basle, Switzerland. Women. 1500m: 3 J.Mitchell 4:24.74. 100mH: 1 R.King 13.59/-1.7 (1h1 13.61/-0.8).

22 Loughborough vs Brunel vs Army, Loughborough. 400m: 1r1 M.Douglas (Brunel) 48.5; 1r2 G.Dearman (Brunel) 49.4. 400mH: 1 A.Ferns (Brunel) 55.5. HT: 1 J.Osazuwa (Army) 50.79. Women. 400m: 2 H.Stares (gst) 57.2.

22 Watford Open & BMC Gold Standard. 400m: 1 I.Deeth 48.97. 1500m: 1r1 S.Sharp 3:50.02; 2r2 K.Quinn 3:57.9; 7r2 J.Wolf 4:00.9. Women. 800m: 2 M.Sharp 2:14.06.

#### 25 Thameside League Match 1, Battersea Park.

U15B. 1 Herne Hill H 258; 2 Croydon H 222; 3 188; 4 Queens Park H 148; 5 Camberley AC 131; 6 Paddock Wood 81; 7 Bromley AC 67; 8 Richmond & Twickenham 56.

100m: 2 D.Korsah 12.6; 2 W.Adeyemi 13.1. 200m: 3 D.Korsah 25.9; 2 A.Moore 27.6. 400m: 4 D.Stephens 66.5. 800m: 6 D.Stephens 2:37.2. HJ: 1 D.Stephens 1.40. LJ: 1 D.Korsah 5.03; 1 W.Adeyemi 4.39; n/s L.Weeks 3.48. SP: 2 D.Hooper 9.83; 1 A.Hercombe 9.45. DT: 2 D.Hooper 23.42; 1 J.Ahanon 22.95. JT: 1 A.Hercombe 29.33; 2 J.Ahanon 16.69. 4x100m: 2 Belgrave 52.0.

U13B. 1 Herne Hill H 213; 2 Croydon H 203; 3 Belgrave H 143; 4 Richmond & Twickenham 134; 5 Camberley AC 107; 6 Bromley AC 102; 7 Paddock Wood 62; 8 Queens Park H 54.

100m: 3 T.Ashby 13.5; 2 J.Kuruvilla 13.5. 200m: 3 D.Korsah 28.9; 2 A.Moore 28.1. 800m: 1 C.Taylor 2:34.4; 3 N.Prebenster 2:50.3. HJ: 4 J.Kuruvilla 1.30. LJ: 3 L.Shettle 4.05. SP: 2 L.Shettle 7.20; 1 C.Taylor 7.02. 4x100m: 2 Belgrave 55.6. U15G. Teams: 1 Herne Hill H 243; 2 Camberley 198; 3 Belgrave H 182; 4 Bromley AC 171; 5 Croydon H 134; 6 Dartford H 107; 7 Queens Park H 84.

100m: 5 H.Gates 14.2; 2 E.Collins 14.2. 200m: 6 S.Kemp 29.8; 1 E.Collins 29.8. 800m: 2 L.Hodges 2:33.1; 3 H.Gates 2:53.8. 1500m: 2 C.Olawore 5:24.0. LJ: 6 S.Kemp 3.62; 4 H.Gates 3.59. SP: 4 C.Olawore 7.41; 3 E.Collins 4.27. DT: 4 C.Olawore 14.51. JT: 2 C.Hopkins 15.36; 2 S.Kemp 10.07. 4x100m: 2 Belgrave H 56.9.

U13G. 1 Bromley AC 218.5; 2 Herne Hill H 200; 3 Dartford H 189.5; 4 Paddock Wood 176; 5 Camberley AC 170; 6 Croydon H 168; 7 Richmond & Twickenham 84; 8 Belgrave H 54; 9 Queens Park H 31.

100m: 7 L.Hopkins 16.6. 1500m: 2 K.Burns 5:46.2. HJ: 7 I.Gates 1.00. SP: 6 K.Burns 4.60.

#### 25 Surrey County AA Veterans Champs., Kingsmeadow.

M40. 800m: 2 H.Corbett 2:39.1. 1500m: 3 H.Corbett 5:31.1. TJ: 1 J.Druce 11.21.

M45. SP: 1 M.Small (gst) 13.03. DT: 1 M.Small (gst) 41.73.

M50. 800m: 2 A.Painter 2:25.7.

M65. 1500m: 1 C.Cross 6:11.6.

M70. 300mH: 1 C.Taylor 61.8. HJ: 1 C.Taylor 1.20. LJ: 1 C.Taylor 3.47. SP: 1 C.Taylor 10.46. DT: 4 C.Taylor 26.36. JT: 1 C.Taylor 24.75. HT: 3 C.Taylor 29.96.

#### 25-26 European Champion Clubs Cup, Lisbon, Portugal.

1 SC Luch (Russia) 165; 2 Dukla Praha (Czechoslovakia) 130; 3 Sporting Club Portugal (Portugal) 119; 4 VB Carabinieri (Italy) 107; 5 Puma Chapin Jerez 2002 (Spain) 97.5; 6 Belgrave Harriers (Great Britain & NI) 97; 7 CA Montreuil (France) 70; 8 Maccabi Tel-Aviv (Israel) 58.5; 9 Futebol Clube Porto (Portugal) 55.

100m: a 2rB M.Dickson 10.50/4.7. 200m: b 1rB G.Beasley 21.17/1.5. 400m: a 2rA S.Baldock 46.79. 800m: b 2 N.Speaight 1:48.25. 1500m: a 6 Andy Graffin 3:51.80; 7. 3000m: b 3 Allen Graffin 8:03.11. 5000m: a 5 S.Barden 14:09.19.

110mH: b 5rA N.Owen 14.01/0.9. 400mH: a 4rA M.Douglas 50.82. 3000mSC: b 9 L.Hurst 9:10.11. HJ: a 3 B.Challenger 2.16 (2.05 o, 2.09 o, 2.13 -, 2.16 xo, 2.19 -, 2.21 xxx). LJ: a 7 D.Thompson 7.23 (x, x, 7.23, 7.23). TJ: b 2 P.Idowu 17.18 (16.49, 16.98, 15.07, 17.18). PV: b =4 P.Williamson (5.00 o, 5.15 o, 5.30 xxx).

SP: a 9 G.Beard 15.25. DT: b 6 K.Brown 56.63 (50.68, 52.15, 52.11, 56.63). JT: b 6 S.Faben (GBR) 65.56. HT: a 5 M.Jones 66.85 (x, 66.85, x, x). 4x100m: 5rA Belgrave 41.98 (Graham Beasley, Darren Chinn, Marlon Dickson, Matt Douglas).

4x400m: b 3rA Belgrave 3:08.07 (Noel Levy 48.1, Tim Bayley 47.3, M.Douglas 46.9, S.Baldock 45.8).

#### 25-26 CAU Inter-Counties, Bedford.

Men. 100m: 5h2 T.Abeyie (n/s) 10.78w/2.5. 200m: 6 T.Abeyie (Surrey) 22.53/1.2 (2h3 21.6/0.7). 400m: 6 G.Dearman (Middx) 48.65 (2h1 48.44); 3h4 M.Parper (Surrey) 49.40. 5000m: 2 S.Sharp (Middx) 14:23.07. 10000m: 7 R.Alsop (Surrey) 32:48.9. 110mH: 2 D.Girdler (n/s) 14.13/1.3 (3h2 14.28/1.6); 6 R.Sear (Oxon) 14.64 (2h3 14.68/-1.5). TJ: 9 D.Wellstead (Surrey) 13.60. LJ: 4 J.Flynn (Warks) 7.00; 11 J.Dickinson (Hants) 6.27; 12 D.Wellstead 6.03. DT: 3 L.Newman (n/s) 53.48 (52.68 to qual.); S.Thompson (n/s) 44.61 in qual. SP: 11 S.Thompson (n/s) 14.75.

Women. 200m: 1 A.Spencer (Gt. Manch) 23.64/1.0 (1h1 24.01w/3.7). 800m: 3 E.Davies (Hants) 2:11.90 (2h2 2:15.50). 100mH: 1h4 R.King (S. Wales) 13.61/1.7. 400mH: 2 J.Culley (Surrey) 61.42 (3h2 61.50); 6 H.Stares (Bucks) 64.63 (1h3 62.42). HJ: 5 N.Smallwood (Worcs) 1.65; =6 M.Knight (Middx) 1.65.

LJ: 10 S.Claxton (Essex) 5.45; 12 M.Knight (Middx) 5.33. DT: 1 S.Newman (Surrey) 56.18. JT: 1 G.Sayers (Camb) 52.49; 10 J.Hollman (n/s) 38.48. SP: 2 E.Massey (N.Ireland) 15.34; 13 J.Hollman (n/s) 11.60; 14 M.Knight (Middx) 11.48.

25-26 SEAA Under 20 Champs., Watford. a=25, b=26. Some times manual. U20M. 100m: b 7 R.Graham 11.19/0.1 (4h1 11.14w/3.3). 200m: a 6 R.Graham 22.31w/2.7 (4h1 22.30w/3.2). 1500m: a 6h1 J.Blackledge 4:07.44.

110mH: b 6h2 O.Durrani 17.26w/2.6. 400mH: a 3h1 R.Dinham 57.2 (dns in final). U17M. 100m: a 2 J.Ellington 10.9/1.8 (1h2 11.1/1.8); 5 J.Regis 11.3 (2h1 11.3w/4.8). 200m: b 3 J.Ellington 22.12w/2.3 (2h1 22.57/0.8); 7 J.Regis 22.88 (3h1 23.10); dns S.Osho (3h3 22.99/0.5). SP: b 1 C.Gearing 15.81 (15.57, 15.67, 15.71, nt, 15.74, 15.81). HT: b 2 C.Gearing 49.47 (47.90, 48.37, 47.36, 49.47, nt, 45.35). U17W. 100m: b 2 A.Onuora 12.24/1.2 (1h1 12.31/0.7). 200m: a 1 A.Onuora 24.67w/2.5 (1h2 24.8w/2.2). U15G. 1500m: b 11 L.Collier 4:57.17 (a 3h1 4:57.1).

26 U20 International, Scotland v Greece v Cyprus v Wales, Grangemouth. 1500m: 1 D.Watson (Scotland) 3:55.68.

28 Trafford GP. HT: 1 D.Readle 48.44.

29 Rosenheim League, Battersea Park. 800m: 7 L.Collier (U15G) 2:21.2. LJ: 1 F.Daramola 6.72. SP: C.Taylor (M70) 8.22.

31 Riga 2002 Meeting, Riga, Latvia. 100m: 1 C.Lambert 10.30w/2.3. 200m: 1 C.Lambert 20.48w. 400mH: 2 M.Douglas 50.7. Women. JT: 2 G.Sayer 56.85.

#### June 2002

01 Friidrettsfestival 2002, Florø, Norway. DT: 5 L.Newman 53.98. Women. DT: 1 S.Newman 58.39.

01 Papaflessia 2002, Kalamata, Greece. 1500m: 3 Andy Graffin 3:38.14.

01 North of England AA Champs, Jarrow. 800m: 2 V.Wilson 1:52.76 (1h1 1:55.67). PV: 2 B.Flint 5.00. SP: 3 D.Readle 14.76. HT: 2 D.Smith 57.14; 5 D.Readle 45.62.

01 Herne Hill Open, Tooting Bec. 800m: 2 J.Wolf 1:58.0; 6 A.Stewart 2:02.7. SP: 2 M.Small (M45) 13.08. HT: 2 M.Small (M45) 46.19.

01-02 Midland AA Champs., Birmingham. a=1st, b=2nd. LJ: a 1 J.Flynn 7.32. DT: b 2 K.Brown 56.70.

01-02 South of England AA Champs., Watford. a=1st, b=2nd, mix of manual and auto times)

Men. 100m: a 1 G.Beasley 10.7/-1.8 (1s1 10.6/1.2, 1h3 10.64/0.0); 4 D.Chin 10.8 (3s2 10.6/-0.2, 2h6 10.9/0.0); 5s4 T.Abeyie 11.2/-4.1 (2h4 11.1/-1.0); 7h1 K.Adjepong 11.55/0.0. 200m: b 3 D.Chin 21.36/-0.3 (3s1 21.83/-1.8), 3h4 22.01/-0.8); 4 T.Abeyie 21.50 (1s2 21.48/-0.9, 1h2 21.67/-0.1); L.Obob dns (2s1 21.57,

1h4 21.55). 400m: a 1 S.Baldock 46.51 (1h1 47.2); 5 T.Bayley 48.51 (1h4 47.76); 7 I.Deeth 48.75 (2h4 48.30). 110mH: b 2 R.Sear 14.62/1.5 (2h1 14.58/0.4); N.Cooper dnf (3h1 14.93); N.Owen dq (1h2 14.26/-1.4). 400mH: a 4 A.Bennett 53.4 (1h2 53.52); 3h3 A.Ferns 55.1. HJ: b 2 R.Aspden 2.10. LJ: a 1 D.Thompson 7.34/0.3; 11 J.Birks 6.45/-0.6. TJ: b 6 D.Wellstead 14.19/-0.7. PV: b no ht. P.Williamson. SP: a 3 G.Beard 15.65. DT: a 4 G.Beard 45.18. JT: b 4 C.Green 62.18.

U17M. DT: a 1 C.Gearing 44.07.

Women. 100m: 5h3 S.Claxton 12.6/-2.5. 1500m: a 3 J.Mitchell 4:28.30 (1h1 J.Mitchell 4:36.21). 400mH: 1 H.Stares 59.7 (1h1 59.8); 3 J.Culley 60.3 (2h3 61.09). PV: a 3 L.Webber 3.80. HT: a 3 D.Holden 56.85.

**01-02 Hypobank Meet**, Gotzjis, Austria. Women. Heptathlon: 5 J.Hollman 6135 (100mH 14.02/0.2, HJ 1.85, SP 12.09, 200m 24.36/1.3, LJ 6.42/1.3, JT 36.65, 800m 2:13.00).

**02 Gustav Sule Meeting**, Tartu, Estonia. 400mH: 1 M.Douglas 50.34. Women. JT: 5 G.Sayers 51.69.

**02 National YA League S.Premier Division Match 3**, Walthamstow.

1 Harrow AC 277; 2 Norwich AC 157; 3 Belgrave H 149; 4 Havering AC 126. U17M. 100m: 1 J.Ellington 11.1; 1 J.Regis 11.6. 200m: 4 U.Ebubadike 24.3; 4 J.Sharp 24.6. 400m: 4 G.Mabbutt 56.5. 800m: 4 G.Mabbutt 2:13.0; 1 J.McCrae 2:13.6. 100mH: 2 U.Ebubadike 17.1; 2 G.Wilson 18.8. 400mH: 3 P.Cowling 69.1. 1500mSC: 1 D.Seddon 4:55.5; 2 P.Cowling 6:00.2. HJ: 3 K.Ashby 1.65; 3 R.Collier 1.60. LJ: 1 G.Wilson 6.81; 2 J.Sharp 5.39. TJ: 1 G.Wilson 13.36; 1 A.George 12.24. PV: 2 R.Collier 2.60; 3 D.Seddon 2.20. SP: 1 C.Gearing 15.63; 2 A.George 10.56. DT: 1 C.Gearing 43.12; 2 M.Lambert 18.76. JT: 3 K.Ashby 18.30; 3nt J.McCrae. HT: 1 C.Gearing 47.56; 2 M.Lambert 20.66. 4x100m: 1 Belgrave 44.3 (J.Sharp, U.Ebubadike, J.Regis, J.Ellington). 4x400m: 3 Belgrave 4:00.7 (R.Collier 63.3, J.McCrae 58.0, D.Seddon, 60.8, G.Mabbutt 58.6). U15B. 100m: 4 S.Odofin 13.2; 4 S.Mills 13.4. 200m: 4 J.Nash 27.5; 4 S.Odofin 29.5. 400m: 2 J.Nash 59.7; 4 P.Veiga 72.5. 800m: 4 D.Stephens 3:34.7; 4 P.Legge 3:46.7. HJ: 4 D.Stephens 1.35. LJ: 4 D.Stephens 4.50; 2 J.Nash 4.37. SP: 4 D.Hercombe 8.96; 2 D.Hooper 8.89. DT: 3 S.Mills 23.72; 3 D.Hooper 23.70. JT: 2 S.Mills 39.62; 1 A.Hercombe 29.32. HT: 3 A.Hercombe 13.30; 3 P.Legge 10.26. 4x100m: 4 Belgrave 51.9 (D.Stephens, J.Nash, S.Mills, S.Odofin).

U13B. 100m: 2 J.Kuruville 13.6; 2 T.Ashby 13.8. 200m: 4 T.Ashby 28.4; 1 J.Kuruville 28.6. 800m: 3 L.Shettle 2:32.2; 2 A.Graham 2:39.2. 1500m: 3 C.Taylor 5:05.9. LJ: 3 A.Graham 3.95. SP: 3 L.Shettle 6.75; 2 C.Taylor 6.62. 4x100m: 2 Belgrave 55.8 (T.Ashby, L.Shettle, C.Taylor, J.Kuruville).

**03 BMC GP & LMEI**, Wythenshawe. Men. 800m: 6r1 N.Speaight 1:50.0; 7r1 J.Lobo 1:50.97; 1r3 V.Wilson 1:50.76. 1500m: 2r1 A.Zawadzki 3:42.32; dnf S.Sharp; 4r2 D.Watson (U20) 3:46.93; 6r2 A.McLean-Foreman 3:47.53. 5000m: 7 M.Miles 13:48.60. Women. 800m: 4r1 E.Davies 2:05.33. 1500m: 16r1 M.Sharp 4:34.69.

**04 Bedford International Games**, Bedford.

Men. 100m: 1rC J.Ellington (U17) 11.0/-0.4; 2rB M.Dickson 10.76/0.0; 3rB G.Beasley 10.81/0.0; 5rB L.Oboh (U20) 10.93/0.0; 5rA T.Abeyie 10.71/1.9. 200m: 3rC J.Ellington (U17) 22.49/0.2; 3rB T.Abeyie 21.72/-0.4. 400m: 5rB G.Dearman 48.57. 110mH: 3rB R.Sear 14.6/1.3; 4rA N.Owen 14.00/0.1; 7rA D.Girdler 14.22/0.1. 400mH: 3 N.Levy 51.63. HJ: 1 B.Challenger 2.19; =7 R.Aspden and C.LeFrancis 2.00. LJ: 1 P.Idowu 7.79w/2.9 (7.59/1.0); 7 J.Flynn 6.87/1.7. JT: 4 S.Faben 73.03. SP: 5 G.Beard 15.68.

Women. 100m: 1rB C.Harrison-Bloomfield 11.77/0.0. 400m: 1 V.James (U20) 53.84. 100mH: 3 R.King 13.19/2.0. 400mH: 3rA M.Marks 60.7; 6rA H.Stares 62.2. LJ: 1 S.Claxton 6.22/-0.7. PV: 2 L.Webber 3.95. DT: 1 S.Newman 59.62. HT: 4 D.Holden 58.97.

**05 Notturmo de Milano**, Milan, Italy. 5000m: 13 Allen Graffin 14:10.90.

**05 Loughborough Univ. v Midland CAA v RAF**, Loughborough. 1500m: 3 S.Barden 3:50.7. DT: 2 K.Brown 56.52. Women. 400mH: 1 M.Marks 61.6.

**05 VAC Meeting**, Tooting. 100m: 6 C.Taylor (M70) 16.6. 200m: 3r2 C.Taylor (M70) 35.5. JT: 1 C.Taylor (M70) 22.62.

**08 Women's Southern League Division 2 Match 3**, Norman Park, Bromley.

1 Blackheath 201; 2 Belgrave 189; 3 Chelmsford 186; 4 City of Portsmouth 128; 5 Medway & Maidstone 123.

100m: 1 A.Onuora (U17) 12.3; 3 S.Murray Burton (U17) 13.9. 200m: 1 M.Marks 24.8; 1 A.Onuora (U17) 25.4. 400m: 4 S.Thorn 64.6; 5 M.Nestor (U17) 67.2. 800m: 5 S.Thorn 2:32.4; 4 T.Sturton 2:40.5. 3000m: 2 M.Sharp 10:22.4; 1 T.Sturton 11:20.5. 100mH: 1 S.Claxton 14.5; 1 M.Knight 15.6. 400mH: 1 M.Marks 61.8. HJ: 1 M.Knight 1.65; 1 A.Hollman 1.60. LJ: 1 S.Claxton 5.80; 1 M.Knight 5.38. TJ: 1 S.Claxton 11.35; 1 M.Nestor (U17) 10.11. PV: 1 L.Webber 3.95. SP: 1 S.Newman 11.45; 1 A.Hollman 10.02. DT: 1 S.Newman 55.27; 2 A.Hollman 26.79. HT: 1 D.Holden 57.94; 1 S.Newman 28.02. JT: 1 A.Hollman 34.58; 1 M.Knight 33.77. 4x100: dq Belgrave (S.Murray-Burton, A.Forsyth, S.Claxton, A.Onuora). 4x400: 4 Belgrave 4:31.4 (M.Nestor 67.8, T.Sturton 72.9, S.McGregor 65.8, S.Thorn 64.9).

U17W. 80mH: 2 A.Forsyth 12.5; 2 S.McGregor 13.5. 300mH: 1 A.Forsyth 45.8.

U15G. 100m: T.Hassan 13.4; 4 E.Collins 14.6. 200m: 1 T.Hassan 27.3; 1 L.Collier 27.8. 800m: 1 L.Collier 2:18.1; 4 E.Collins 2:56.3. 1500m: C.Olawore 5:18.6; 3 K.Burns (U13) 5:35.9. HJ: 2 T.Hassan 1.50; 5 S.Kemp 1.15. LJ: 5 E.Collins 3.09; 5 K.Burns (U13) 3.09. SP: 3 C.Olawore 76.6; 4 L.Collier 5.17. DT: 4 C.Olawore 15.32; 3 S.Kemp 13.80. JT: 5 S.Kemp 9.83. 4x100m: 4 Belgrave 54.7 (T.Hassan, C.Olawore, E.Collins, L.Collier).

**08 Men's Southern League Division 1 Match 3**, Parliament Hill.

1 Medway & Maidstone AC 128; 2 Highgate H 113; 3 Nene Valley AC 107; 4 Ashford AC 99; 5 Belgrave H 70.

100m: 3 R.David 11.3. 200m: 4 J.Tuson 23.8. 400m: 1 N.Levy 48.9. 800m: -. 1500m: 2 J.Blackledge (U20) 4:07.1; 4 J.Browne 4:19.4. 5000m: 1 David Anderson 14:41.3. 110mH: -. 400mH: -. 3000mSC: -. HJ: 2 J.Tuson 1.85; 5

W.Smith 1.30. LJ: 5 R.Bridges (M40) 2.80. TJ: 1 J.Tuson 12.98; 2 K.Pereira 11.54. PV: 5 R.Bridges (M40) 1.08. SP: 2 M.Small (M45) 13.03; 2 W.Smith 10.10. DT: 1 M.Small (M45) 41.09; 3 W.Smith 31.00. JT: 1 W.Smith 58.25; 3 M.Small (M45) 41.53. HT: 1 M.Small (M45) 46.11; 2 R.Bridges (M40) 22.17. 4x100m and 4x400m: no Belgrave teams.

**08 Fortis Meeting Internationale Pekkermeting**, Izegem, Belgium. 800m: 5r2 J.Lobo 1:51.86

**08 Meeting de Atletismo Sevilla 2002**, Seville, Spain. 1500m: 5 Andy Graffin 3:38.01.

**08 European Relays Festival**, Bydgoszcz, Poland. 100m: 1rA D.Chambers 10.16/1.6. 200m: 1rA D.Chambers 20.55/1.6.

**08 Gouden Spike 2002**, Leiden, Netherlands. 100m 4rA D.Chin 10.67/0.3. 200m: 2rA T.Abeyie 21.46/1.3; D.Chin dnf.

**08 Northern Irish Champs.**, Belfast. Women. SP: 1 E.Massey 15.57. DT: 2 E.Massey 43.85. HT: 1 E.Massey 32.46.

**08-09 Welsh Champs.**, Newport. DT: 1 L.Newman 53.02. Women. 100m: 2 R.King 12.56w/3.8. 800m: 2 E.Davies 2:08.07. 100mH: 1 R.King 13.90/-2.3.

**08-09 Sunday Mail Scottish Champs. & Trials**, Scotstoun, Glasgow. a=8th, b=9th. 400m: b 3 I.Deeth 48.2 (ht a 48.94). 800m: a 2h2 V.Wilson 1:54.97. 1500m: b 2 D.Watson (U20) 3:51.73 (ht a 3:54.79); hts D.Malin (U20) 4:11.19. SP: b 2 S.Thompson 15.39. DT: b 1 K.Brown 55.27; 2 S.Thompson 49.43.

**09 Leichtathletik in Meilen**, Meilen, Switzerland. 400mH: 1 M.Douglas 49.63. HJ: 2 B.Challenger 2.14. Women. 400mH: 7 M.Marks 59.36.

**09 SCVAC Champs.**, Battersea Park. M40 800m: 2 P.Stuart 2:09.63. M60 1500m: 1 C.Cross 6:09.71. M70 HJ: 1 C.Taylor 1.16. SP: 1 C.Taylor 10.84. JT: 1 C.Taylor 22.62. HT: 3 C.Taylor 30.76. W50 SP: 1 V.Thompson 10.01. JT: 1 V.Thompson 21.49.

**10 Athens Grand Prix Tsiklitiria**, Athens, Greece. 100m: 3r1 D.Chambers 10.08/-0.2. 200m: 2r1 D.Chambers 20.27/1.3.

**11 Cena Slovenska IAAF GP II**, Bratislava, Slovakia. Women. 100m: 1r1 V.James 11.40/1.0.

**11 Trafford Grand Prix**. SP: 1 M.Edwards 17.53; 2 D.Readle 16.00.

**12 adidas Belgrave Speed Grand Prix I**, Battersea Park. 100m: Series 1 5r2 F.Daramola 11.15/1.0; 1r3 R.David 11.36/1.0; 2r4 (mixed) C.Bloomfield-Harrison (SW) 11.87/1.5. Series 2. 3r2 R.David 11.20/0.8; 3r3 (mixed) U.Ebubadike (U17M) 11.78/0.5; 4 C.Bloomfield-Harrison (SW) 12.08. 200m: 4r2 (mixed) J.Culley (SW) 26.06/0.7

**12 BMC Meeting**, Mile End. 1500m: 9r1 A.Stewart 4:07.1. Women. 800m: 8 L.Collier (U15) 2:20.2.

**12 Rosenheim League**, Wimbledon Park. 800m: 2 L.Greatorex 2:06.6. 1500m: 1 R.Ward 3:54.9; 3 B.Barton 4:25.9.

**13 Birmingham Rowheath AC Open**. DT Competition 1: 1 K.Brown 57.40. Competition 2: 1 K.Brown 60.54; 2 L.Newman 56.28.

**15 County and Area Schools Champs.**

Hampshire, Mountbatten Centre, Portsmouth. Senior Boys. 3000m: 1 J.Blackledge 8:50.5.

Kent, Ashford. Inter Boys. SP: 1 C.Gearing 16.75.

London, Battersea Park. Junior Boys. 100m: 4 J.Chin 12.1 (1h1 12.1); hts 5h2 D.Korsah 12.5. Inter Boys. 200m: 1 J.Regis 22.8 (2h2 24.0). 800m: 3 G.Mabbutt 2:11.9. 1500m: 2 D.Seddon 4:29.3. Senior Boys. 400m: 1 D.Lambert 51.8. Junior Girls. 200m: 5h E.Collins 29.1. 800m: 1 L.Collier 2:19.4; 2 L.Hodges 2:28.1. 1500m: 3 C.Olawore 5:22.3. Inter Girls. 200m: 2 S.McGregor 26.8 (2h2 26.8). 300m: 4 G.Bennett 47.9. 1500m: 2 L.Walter 5:31.2; 3 G.Bennett 5:33.0. 300mH: 2 A.Forsyth 46.5.

**Scottish**, Greenough. Senior Boys. 800m: 1 D.Malin 1:56.4; 4 G.Oudney 2:00.1. 1500m: 5 D.Malin 4:12.34.

**Sussex**, Crawley. Inter Boys. 200m: 1 S.Osho 23.3. Inter Girls. 200m: 1 A.Onuora 25.3 (CBP).

**15-16 Commonwealth Games Trials**, Manchester. a=15th, b=16th.

Men. 100m: a 1 D.Chambers 10.03/0.3 (1h1 10.23/0.3); 3 C.Lambert 10.28/0.3 (2h3 10.32/-0.1); 7 D.Chin 10.56/0.3 (3h1 10.48/0.3 pb); 3h4 M.Dickson 10.57/0.6 pb. 200m: b 2 C.Lambert 20.41/0.5 (1h3 20.37/-0.1); 3 G.Beasley 20.76/0.5 pb (2h1 20.78/0.3 pb). 400m: b 3 S.Baldock 46.47 (1h1 a 46.03); a 5h2 T.Bayley 48.17. 800m: b 2 N.Speaight 1:48.48 (=1h2 a 1:48.57); 4h1 a J.Lobo 1:51.82; 5h1 V.Wilson 1:53.31; 5h3 A.McLean-Foreman 1:52.15. 1500m: b 4 Andrew Graffin 3:47.78 (1h2 a 3:43.80); 8 A.Zawadzki 3:49.78 (8h2 3:45.39); 10 S.Sharp 3:50.51 (7h2 3:45.34). 5000m: b 4 Allen Graffin 13:47.03; 5 S.Barden 13:49.24; dnf M.Miles. 10000m: a 8 P.Evans (M40) 29:25.55. 110mH: a 3 D.Girdler 13.95/-1.2 pb (2h1 14.05/-0.6 pb); 4 N.Owen 13.96/-1.2 (1h2 13.90/0.8). 400mH: b 3 M.Douglas 49.76 (2h2 a 49.79); 7 N.Levy 51.21 (1h3 51.29); 4h1 A.Bennett 54.11. 3000m SC: a dnf h2 L.Hurst. High Jump: a 1 B.Challenger 2.23 (2.04 -, 2.09 o, 2.14 o, 2.19 xxx, 2.23 o, 2.26 xxx); 2 R.Aspden 2.14 (2.04 -, 2.09 o, 2.14 o, 2.19 xxx). LJ: b 5 P.Idowu 7.68/-1.5 (7.46/-0.5, 7.53/-1.3, x, x, x, 7.68/-1.5); 9 J.Flynn 6.93/-0.5 (x, x, 6.93/-0.5); 10 O.Eyong 6.85/-2.0 (6.85/-2.0). PV: a 3 P.Williamson 5.20 (5.10 o, 5.20 xxx); 10 B.Flint 5.00 (5.00 o, 5.10 -, 5.20 xxx). SP: b 5 D.Readle 16.95 (16.44, 16.72, 16.95, 16.72, 16.91, 16.56); 7 M.Edwards 16.58 (16.58, 16.18, x, x, x); 8 G.Beard 16.54 (16.06, 16.48, 16.54, 16.30, 16.48, x). JT: a 5 S.Faben 71.43 (x, 71.43, x, x, 69.04, x). HT: a 1 M.Jones 72.16 (71.10, 67.82, 69.70, x, 72.16, 72.07).

Women. 100m: a 8 C.Harrison-Bloomfield 11.77/0.1 (3h1 11.70/0.2); 3h2 V.James 11.80/-0.2. 200m: b 1 V.James 22.95/-0.5 (1h1 23.02/0.0); 5 A.Spencer 23.60/-0.5 (3h1 23.47/0.0); 8 C.Harrison-Bloomfield 23.97/-0.5 (5h2 24.10/-0.1). 1500m: b J.Mitchell 6h1 a 4:21.76 pb, Club Record. 5000m: a 1 C.Berry 15:32.32 pb, Club Record. 100mH: a 4 R.King 13.56/0.7 (2h3 13.43/0.2). 400mH: a 7h1 J.Culley 66.84; 6h2 H.Stares 62.41. LJ: b 5 S.Claxton 6.07/-0.4 (6.02, 6.07/-0.4, x, 6.01, x, x). TJ: a 10 C.Stead 11.91/? (x, 11.91, 11.67). PV: b 5 L.Webber 3.85. SP: a 5 E.Massey 15.27 (15.27, x, x, x, 15.16). DT: b 1

S.Newman 57.99 (55.65, 57.96, 56.73, 56.12, x, 57.99). JT: a 3 G.Sayers 54.59 (x, 54.59, 52.55, 53.99, x, 52.97). HT: b 7 D.Holden 57.84 (56.25, x, 57.84, 56.19, 57.68, 56.94)

**19 Watford Open.** 1500m: 5r1 J.Wolf 4:01.89. 3000m: 1 H.Raidi 8:37.93.

**19 Birmingham University vs. Cornell & Penn Universities.** Men. 1500m: 1 M.Miles 3:49.32. 3000m: 1 M.Miles 8:10.36. DT: 2 L.Newman 55.58. Women. 400mH: 1r2 M.Marks 58.85. SP: 6 S.Newman 11.89. DT: 1 S.Newman 57.96.

**20 Jamaican Champs.,** Kingston, Jamaica. DT: 1 K.Brown 55.68.

**22 Men's Southern League Division 1 Match 4,** Kingsmeadow  
1 Kingston & Polytechnic H 127.5; 2 Yeovil Olympiads 123; 3 Belgrave H 109; 4 Bournemouth AC 101.5; 5 Basingstoke & MH AC 61.

100m: 1 M.Russell 11.3; n/s R.David 11.3; 3 K.Adjepong 11.7. 200m: 2 R.David 23.1; 1 M.Russell 22.6; n/s K.Adjepong 24.1. 400m: 5 A.Ferns 52.6; 3 P.Beaumont 53.4. 800m: 3 J.Wolf 2:00.5; 2 L.Greatorex 2:05.4. 1500m: 3 J.Wolf 4:11.7; 1 J.Browne 4:18.1. 5000m: 1 H.Raidi 15:26.1; n/s S.Kennefick 16:26.3; 5 Don Anderson 19:55.9. 110mH: 1 R.Sear 14.8. 400mH: 1 N.Levy 52.8; 3 R.Bridges (M40) 89.7. 3000mSC: - HJ: 1 J.Tuson 1.90; 5 R.Collier (U17) 1.30. LJ: 2 J.Tuson 6.19; 5 R.Bridges (M40) 2.96. TJ: 2 J.Tuson 13.80; 2 K.Pereira 11.70. PV: 3 R.Collier 2.60; 3 R.Bridges 1.10. SP: 2 M.Small (M45) 13.42; 4 W.Smith 9.29. DT: 2 M.Small (M45) 42.91; 5 K.Pereira 18.02. JT: 1 W.Smith 58.14; 2 M.Small (M45) 43.56. HT: 3 M.Small (M45) 43.73; 4 R.Bridges (M40) 20.42. 4x100m: 2 Belgrave 45.6 (M.Russell, P.Beaumont, K.Adjepong, R.David).

**22 Thameside League Match 2,** Battersea Park.

U15B. 1 Croydon H 287; 2 Herne Hill H 255; 3 Belgrave H 233; 4 Queens Park H 133; 5 Bromley AC 129; 6 Camberley AC 126; 7 Richmond & Twickenham 78. 100m: 5 D.Korsah 12.6; 3 J.Nash 13.3. 200m: 3 D.Korsah 25.3; 3 A.Tracey 26.8. 400m: 2 J.Nash 62.8; 2 A.Tralby 2:24.3. 800mH: 5 J.Nash 18.6; 3 P.Legge 19.6. HJ: 3 D.Stephens 1.45; 3 A.Ahanowu 1.30. LJ: 2 W.Adeyemi 4.87; 1 D.Korsah 4.96. SP: 1 W.Adeyemi 10.22; 1 D.Hooper 8.95. DT: 2 D.Hooper 24.04; 2 J.Ahanowu 23.98. JT: 2 V.Adeyemi 20.85; 1 A.Hurcumb 19.84. 4x100m: 2 Belgrave 52.8.

U13B. 1 Croydon H 235; 2 Herne Hill H 205; 3 Camberley AC 173; 4 Bromley AC 132; 5 Belgrave H 108; 6 Richmond & Twickenham 91; 7 Queens Park H 53. 100m: 3 J.Kuruvilla 13.4; 4 R.Francis 14.9. 200m: 2 J.Kuruvilla 28.4; 3 R.Francis 30.3. 300m: 3 C.Taylor 46.7. 800m: 1 C.Taylor 2:33.0. LJ: 1 J.Kuruvilla 3.98; 2 R.Francis 3.65. SP: 2 C.Taylor 6.98.

U15G. 1 Herne Hill H 245; 2 Dartford H 214; 3 Belgrave H 204; 4 Bromley AC 202; =5 Camberley AC and Croydon H 172; 7 Queens Park H 45; 8 Richmond & Twickenham 16.

100m: 2 T.Hassan 13.2; 4 H.Gates 14.2. 200m: 1 T.Hassan 26.4; 1 E.Collins 29.1. 1500m: 1 L.Collier 5:09.0 HJ: 3 T.Hassan 1.35; 3 S.Kemp 1.20. LJ: 5 C.Hopkins 3.88; 5 L.Hodges 3.60. SP: 2 C.Olawore 7.99; 4 L.Collier 4.86. DT: 5 C.Olawore 14.70; 4 S.Kemp 12.24. JT: 2 C.Hopkins 16.04; 3 S.Kemp 9.96. 4x100m: 1 Belgrave 53.7.

U13G. 1 Herne Hill H 219; 2 Camberley AC 218.5; 3 Bromley AC 183; 4 Croydon H 163; 5 Richmond & Twickenham 87; 6 Belgrave H 77; 7 Queens Park H 69.5; 8 Dartford H.

100m: 8 L.Hopkins 15.8. 1500m: 1 K.Burns 5:44.3. HJ: 5 L.Hopkins 1.10. LJ: 8 K.Burns 2.97. SP: 3 L.Hopkins 6.02; 3 K.Burns 5.10.

**22 BMC Nike Grand Prix,** Solihull. 800m: 3r10 D.Watson (U20) 2:03.36. 1500m: 1r1 A.Zawadzki 3:46.93; 6r1 David Anderson 3:49.50; 9r1 S.Sharp 3:53.12; 10r1 R.Ward 3:53.63; 7r5 A.Stewart 4:01.56. Women. 800m: 3r3 V.Goodwin 2:19.5. 22 Schools Inter-Counties, Basingstoke. Inter Boys. 200m: 1 S.Osho 23.4. SP: 1 C.Gearing 16.50. Inter Girls. 2000m: 2 A.Onuora 25.7.

**22-23 AAA U20 Decathlon,** Bedford. 4 J.Dickinson 6325 (12.06/-3.9, 6.89w/3.7, 9.96, 1.86, 51.25, 16.70/1.7, 35.42, 3.85, 41.92, 4:36.23).

**22-23 Spar European Cup Superleague,** Annecy, France. a=22nd, b=23rd. Men. 100m: a 1 D.Chambers 10.04/0.2 (=CBP). HJ: a 8 B.Challenger 2.19. HT: a 8 M.Jones 70.08. 4x100m: a 1 GB&NI 38.65 (C.Lambert, M.Devonish, C.Malcolm, D.Chambers).

Women. 200m: 4 V.James 22.94/0.6. DT: a 6 S.Newman 57.89. 4x100m: a dnf GB&NI (J.Maduaka, S.Anderson, A.Forrester, V.James).

**23 National Junior League S.Premier Division Match 2,** Eton.

1 Enfield & Haringey AC 320; 2 Shaftesbury Barnet H 289; 3 Harrow AC 273; 4 Medway & Maidstone AC 221; 5 Blackheath H Bromley 209; 6 Bournemouth AC 187; 7 Aldershot F&D AC 161; 8 Belgrave H 159.

100m: 4 J.Ellington (U17) 11.0; 5 J.Regis (U17) 11.3. 200m: 2 J.Ellington (U17) 22.3; 3 J.Regis (U17) 23.0. 400m: 3 G.Oudney 50.7; 4 R.MacIntosh 53.1. 800m: 2 G.Oudney 1:55.8; 2 R.MacIntosh 1:58.9. 1500m: 7 D.Malin 4:19.2; 3 J.Blackledge 4:19.5. 3000m: 2 D.Malin 8:42.2; 1 J.Blackledge 8:42.6. 2000mSC: 3 W.Docherty 6:11.5. TJ: 1 S.Mayekodunmi 14.07. SP: 1 K.Stevens 15.16. DT: K.Stevens 32.12. HT: 5 K.Stevens 40.56. 4x100m: 5 Belgrave 44.7 (J.Regis, G.Oudney, R.MacIntosh, J.Ellington). 4x400m: 7 Belgrave 3:36.8 (R.MacIntosh 54.3, D.Malin 55.0, W.Docherty 56.1, G.Oudney 51.4).

**24 Southern Counties Veterans Match 3,** Battersea Park.

Men. 1 Hillingdon 208; 2 Belgrave H 171; 3 Richmond & Twickenham 169; 4 Serpentine 161; 5 Hercules Wimbledon 118; 7 Metros. 14.

M40. 100m: 5 J.Druce 15.0; 3 C.Brooks (M50) 15.0. 400m: 1 P.Stuart 58.5. 1500m: 5 Don Anderson 5:12.6. 5000m: 1 K.Hegvold 15:53.4; 4 H.Corbett 20:00.2. LJ: 1 J.Druce 4.82. SP: 1 M.Small 12.71. HT: 1 M.Small 43.68. Medley Relay: (200, 200, 400, 800) 2 Belgrave 4:33.7.

M50. 400m: 1 A.Painter 64.2. HT: 3 C.Taylor (M70) 21.34. SP: 1 C.Brooks 10.12. M60. SP: 1 C.Taylor (M70) 9.39.

Women. 1 Serpentine 163; 2 Richmond & Twickenham 96; 3 Metros 87; 4 Hillingdon 46; 5 Belgrave 24.

W50. JT: 1 V.Thompson 20.22. HT: 1 V.Thompson 24.32.

**25 Trafford GP.** BMC 1500m: 1 M.Miles 3:45.72. DT: 2 L.Newman 54.54.

**26 Watford Gold Standard BMC Series.** 1500m: 2rA R.Ward 3:52.54; 6rB

J.Blackledge 4:03.0. Women. 800m: 8r1 V.Goodwin 2:21.12.

**26 Start Fitness NE League,** Jarrow. 800m: 1 V.Wilson (gst) 1:59.1.

**26 adidas Belgrave Speed Grand Prix II,** Battersea Park. 100m series 1. 1r2 N.Owen 11.20/-0.6; 3r2 R.David 11.33, 4r2 N.Levy 11.47; 2r3 E.Ebubadike (U17M) 11.76/0.4; 3r3 J.Sharp (U17M) 11.92; series 2. (manual times) 3r1 N.Owen 11.1, 4r1 R.David 11.2; 5r1 N.Levy 11.6; 3r2 U.Ebubadike 11.85/-0.5; 4r2 J.Sharp 11.99. 200m: (mixed) 1r2 N.Owen 22.45/-0.5; 2r2 N.Levy 22.51; 5r2 J.Culley (SW) 25.56. 3000m: 1 P.Freary 8:49.1; 2 H.Raidi 8:54.1; 3 W.Cockerell 9:12.0. 400mH: mixed 1r1 N.Cooper 55.36; 2r1 J.Culley (SW) 61.56.

**26 Rosenheim League,** Tooting. All non-scoring. 100m: 7 C.Taylor (M70) 16.1. 800m: 1 L.Greatorex 2:06.4. 3000m: 2 C.Dickinson 9:38.7. SP: 2 C.Taylor (M70) 11.19. JT: 4 C.Taylor (M70) 25.52.

**26 Meeting Arcobaleno Atleticaeuropa,** Celle Ligure, Italy. 100m: 4r3 G.Beasley 10.63/1.8. 200m: 3r2 G.Beasley 21.07/0.5. TJ: 1 P.Ildowu 17.28/-1.5 (15.53/-2.8, 16.79/-2.3, 16.60/-3.3, x, 17.28/-1.5, x). Women. 100mH: 2r3 R.King 13.32/1.6. 400mH: 4r2 M.Marks 59.12.

**27 Trofeo Maurina,** Imperia, Italy. 100m: 3 G.Beasley 10.64/1.3 (1h4 10.76/1.5). Women. 100mH: 3r1 R.King 13.67/1.0, 4r1 M.Marks (USA) 13.97/1.0.

**28 Exxon Mobil Bislett Games,** IAAF Golden League, Oslo, Norway. 100m: 1r1 D.Chambers 10.05/-0.1.

**29 Meeting Internacional do Maderi,** Funchal, Portugal. HJ: 5 B.Challenger 2.14.

**29-30 AAA Under 23 & Under 20 Championships,** Bedford.

U23M. 100m: 2 D.Chin 10.52w/2.2 (2s2 10.54w/3.5, 1h3 10.47w/4.3); 4 T.Abeyie 10.66w/2.2 (3s1 10.58w/3.1, 2h3 10.48); dns C.Lambert (1s2 10.30w/3.5, 1h2 10.37/1.9). 200m: 5 T.Abeyie 21.75/2.0 (3h1 21.8w/2.6). 400m: 3 T.Bayley 49.55 (1h2 48.34). 110mH: 1 D.Girdler 14.0/1.6 (1h1 14.1/1.3). 400mH: 3h1 A.Bennett 54.29. LJ: 10 J.Birks 6.56w/2.5. TJ: 4 D.Wellstead 14.16w/3.3. SP: 1 D.Readle 16.91; 4 G.Beard 16.16; 5 S.Thompson 15.60. DT: 2 S.Thompson 50.24; 7 G.Beard 43.32. HT: 5 D.D.Readle 48.96.

U20M. 100m: 6s2 J.Ellington (U17) 11.0/2.0 (1h4 10.81w/4.2). 200m: 2 L.Oboh 21.72w/3.5 (1h1 21.58/1.6). 2h3 J.Ellington 22.39w/2.2. 1500m: 1 D.Watson 3:58.73 (1h3 3:59.0). 5000m: 7 J.Blackledge 15:20.9. TJ: 5 S.Majekodunmi 14.27/1.1.

U23W. 400mH: 1 M.Carey 58.7 CBP (1h2 61.10). SP: 1 E.Massey 15.49. DT: 5 E.Massey 42.87. JT: 1 G.Sayers 58.20.

U20W. 100m: 1 V.James 11.45w/3.5 (1s1 11.39w/2.7 CBP, 1h1 11.54w/2.6); 2 A.Spencer 11.55w/3.5 (1s2 11.51w/3.6, 1h2 11.68/1.5). 200m: 1 A.Spencer 23.58w/2.8 (1h1 23.93w/4.8). 800m: 5 Y.Kretzschmar 2:15.87 (1h1 2:15.40).

**30 Norwich Union Classic IAAF Grand Prix II,** Sheffield. Men. 100m: 1r1 D.Chambers 9.95w/2.7. 200m: 2 D.Chambers 20.38/1.9. 800m: 1 N.Speaight 1:49.43. 1500m: 3 Andrew Graffin 3:41.54. 3000m: 10 Allen Graffin 8:02.20. 300mH: 4 M.Douglas 35.56. TJ: 1 P.Ildowu 17.34w/3.9 (17.08w, 17.34w, 16.77w, 15.54, 17.07w, 17.12). Women. 100mH: 2 R.King 13.31w?. DT: 5 S.Newman 60.29 (55.75, x, 56.68, 57.13, 60.29, 58.87).

**30 National YA League S.Premier Division Match 4,** Tonbridge.

1 Enfield & Haringey 264; 2 Windsor SE&H 197; 3 Blackheath H Bromley 145; 4 Belgrave H 115.

U17M. 100m: W.Bennett-Jackson 11.2; 1 S.Osho 11.8. 200m: 1 J.Regis 23.5; 2 W.Bennett-Jackson 23.2. 400m: 3 G.Mabbutt 56.1; 3 N.Ambrose 58.2; 800m: 4 G.Mabbutt 2:13.0; 2 P.Cowling 2:33.8. 1500m: 4 P.Cowling 5:16.0; 3 N.Ambrose 5:16.7. 100mH: 4 E.Rimdap 18.9; 3 U.Ebubadike 15.8. 400mH: 3 E.Rimdap 64.9; 2 J.McRae 65.2. 1500mSC: 2 D.Seddon 4:58.7; J.Aldway 6:36.8. HJ: 4 C.K.Ashie 1.65; 2 R.Collier 1.60. LJ: 3 J.Regis 4.89; 3 K.Ashie 4.39. TJ: 2 A.George 11.77; 2 D.Nelson 10.45. PV: 2 R.Collier 2.56; 1 D.Seddon 2.40. SP: 1 C.Gearing 15.89; 3 A.George 10.17. JT: 4 J.McRae 29.40; 3 M.Lambert 22.54.

HT: 2 C.Gearing 47.07; 3 M.Lambert 19.18. 4x100m: 1 Belgrave 46.6 (U.Ebubadike, S.Osho, W.Bennett-Jackson, J.Regis). 4x400m: Belgrave 3:54.7 (J.McRae 59.2, N.Ambrose 57.5, M.Lambert 60.8, G.Mabbutt 57.2).

U15B. 800m: 4 D.Stephens 2:38.5; 4 ? 2:52.5. 800mH: 4 T.Ellis 14.5. HJ: 4 D.Stephens 1.35. LJ: 4 T.Ellis 4.68; 3 D.Stephens 4.59. SP: 4 D.Hooper 9.08; 4 P.Veiga 6.93. DT: 4 D.Hooper 22.97; 4 P.Veiga 15.08.

U13B. 100m: 3 J.Kuruvilla 13.9; 4 R.Francis 13.7. 200m: 4 J.Kuruvilla 28.9; 2 T.Ashby 28.5. 1500m: 3 C.Taylor 5:11.9; 3 L.O'Driscoll 5:26.3. LJ: 3 L.O'Driscoll 3.66; 4 R.Francis 3.13. SP: 3 C.Taylor 7.22; 3 T.Ashby 6.94. 4x100m: 2 Belgrave 57.0 (C.Taylor, R.Francis, T.Ashby, J.Kuruvilla).

#### July 2002

**03 Meeting Atletismo Madrid 2012,** Madrid, Spain. 1500m: 9 C.Berry 4:20.51.

**03 Army vs Hants, vs. Surrey.** TJ: 1 D.Wellstead 13.61.

**03 Birchfield Open,** Birmingham. Women. HJ: 2 A.Hollman 1.60.

**03 SEAX Trophy,** Watford. Women. HJ: 2 M.Knight 1.60. SP: 1 M.Knight 11.37.

**03 BMC/LMEI Meeting,** Eton. 800m: 2rA N.Speaight 1:49.23. 1500m: 1rE A.Stewart 4:00.27. 3000m: 3 S.Barden 8:02.39; 4=S.Sharp 8:03.17; 7 M.Miles 8:05.06; 17 H.Raidi 8:49.83. Women. 800m: 3rD V.Goodwin 2:20.49.

**05 Meeting Gaz de France,** Saint-Denis, France. TJ: 12 P.Ildowu 16.42/-0.5.

**06 British League Division 1 Match 2,** Birmingham.

1 Belgrave H 382; 2 Newham and Essex Beagles 345; 3 Birchfield H 340; 4 Woodford Green with EL 305; 5 Trafford AC 242; 6 Shaftesbury Barnet H 210; 7 Border H & AC 187; 8 Harrow AC 161.

100m: 3 D.Chin 10.75/-1.9; B 1 M.Dickson 10.75/-1.9; gst T.Abeyie 10.86/-1.9. 200m: 1 G.Beasley 21.44/-0.5; 2 T.Abeyie 21.76/-0.5; gst D.Chin 21.63/-1.2.

400m: 1 S.Baldock 45.92; 3 T.Bayley 48.71; gst G.Dearman 49.83; A.Bennett 48.83. 800m: 1 Andy Graffin 1:49.03; 1 A.Zawadzki 1:50.54. 1500m: 1 S.Sharp 3:52.10; 1 S.Barden 3:53.00. 5000m: 2 P.Evans 14:30.11; 1 A.Stewart 14:39.22. 110mH: 2 N.Owen 13.91/-0.5; 1 D.Girdler 14.12/-0.5; gst R.Sear 14.67/-0.2.

400mH: 2 M.Douglas 50.01; 1 N.Levy 51.55. 3000mSC: 8 W.Cockerell 10:22.75; 7 I.Wells 12:10.93. HJ: 1 B.Challenger 2.20; 2 R.Aspden 1.95. LJ: 4 J.Flynn

6.77; 3 F.Daramola 6.52. TJ: 5 S.Majekodunmi 14.12; 1 D.Wellstead 13.98. PV: 4 B.Flint 4.80; no B competitor. SP: 4 G.Beard 15.73; 2 D.Readle 15.61; gst S.Thompson 15.56. DT: 3 K.Brown 52.16; 2 L.Newman 50.89. JT: 3 S.Faben 66.53; 4 W.Smith 57.19. HT: 5 J.Osazuwa 57.85; 5 S.Thompson 45.94. 4x100m: 2 Belgrave 41.33 (M.Dickson, G.Beasley, T.Abeyie, D.Chinn). 4x400m: 3 Belgrave 3:11.07 (N.Levy, A.Bennett, T.Bayley, S.Baldock).

**06 Women's Southern League Division 2 Match 4, Battersea Park.**  
1 Belgrave H 247; 2 Luton United AC 153, 3 Cambridge H 145; 4 Highgate H 125; 5 Basingstoke &MH AC 111.  
100m: 1 S.Claxton 12.34/1.0; 2 J.Culley 12.5. 200m: 2 H.Stares 25.52/-0.7; 4 S.Murray-Burton 29.65/-0.8. 400m: 1 J.Culley 55.55; 2 V.Goodwin 61.97. 800m: 3 V.Goodwin 2:20.42; 5 J.Smiter 3:12.07. 1500m: 1 J.Mitchell 4:38.35; 2 V.Goodwin 5:20.79. 3000m: 1 B. Dagne 9:52.32; 5 J.Smiter 14:42.28. 100mH: 1 S.Claxton 14.5; 1 M.Knight 15.35/0.3. 400mH: 2 H.Stares 64.0; 3 J.Smiter 87.5. HJ: 1 M.Knight 1.55; 1 M.Nestor 1.50. LJ: 1 S.Claxton 5.98; 1 M.Knight 5.15. TJ: 1 C.Stead 11.53; 1 M.Nestor 10.85. PV: 1 L.Webber 3.40; 1 J.Searle 2.30. SP: 1 E.Massey 15.01; 1 M.Knight 10.87. DT: 1 E.Massey 40.33; 1 D.Holden 36.01. JT: 1 M.Knight 33.02; 2 J.Smiter 19.51. HT: 1 D.Holden 56.96; 3 J.Smiter 16.65. 4x100m: 1 Belgrave 51.17 (S.Murray-Burton, A.Forsyth, M.Nestor, S.Claxton). 4x400m: 1 Belgrave 4:10.77 (H.Stares 58.0, D.Kandaros 61.8, V.Goodwin 70.3, J.Culley 60.7).  
U17W. 80mH: 1 A.Forsyth 12.11; 1 M.Bentley 15.24. 300mH: 1 A.Forsyth 45.5. U15G. 100m: 1 T.Hassan 13.0; 2 H.Gates 14.2. 200m: 1 T.Hassan 26.78/0.9; 1 L.Collier 27.69/0.7. 800m: 1 L.Collier 2:28.32; 3 E.Collins 2:54.84. 1500m: 3 C.Olawore 5:29.85; 1 K.Burns 5:40.79. 75mH: 2 C.Olawore 15.65/-0.3; 3 E.Collins 18.50/-0.3. HJ: 1 T.Hassan 1.43; 2 C.Hopkins 1.15. LJ: 4 C.Hopkins 3.59; 3 H.Gates 3.32. SP: 2 I.Sanders 7.51; 1 C.Olawore 7.34. DT: 1 I.Sanders 19.53. 2 E.Collins 11.37. JT: 2 C.Hopkins 15.06; 2 I.Sanders 12.96. 4x100m: 2 Belgrave 54.05 (H.Gates, C.Olawore, L.Collier, T.Hassan).

**06 Cork City Sports, Cork, Ireland.** 5000m: 8 Allen Graffin 13:45.77. Women. 1500m: 12 C.Berry 4:15.65.

**06 Under 20 International, Gorizia, Italy.** 1500m: 7 D.Watson 3:54.98. Women. 100m: 2rA A.Spencer (U17) 11.75/-0.8.

**06 Five Nations Throws Competition, Varazdin, Croatia.** Women. DT: 1 S.Newman 58.10.

**07 Pihitpudas, Finland.** Women. JT: 1 G.Sayers 57.86.

**08 Welsh Games.** Women. 400m: 1 E.Davies 55.03. 100mH: 3 R.King 13.54.

**09 Manchester.** DT: 1 L.Newman 53.55. Women. DT: 1 S.Newman 57.10.

**10 Watford Open.** 1500m: 6r1 C.Herrington 4:07.12.

**10 BMC Nike MD Series, Newham.** 1500m: 4 H.Raidi 4:07.3.

**12-13 English Schools Champs., Nottingham.**  
Intermediate Boys. 100m: 2 W.Bennett-Jackson 11.12/-1.3 (4h1 11.33/-0.2). 200m: 4h1 S.Osho 22.79/-1.3; 5h2 J.Regis 23.01/-1.3. LJ: 4 G.Wilson 6.83/0.3. TJ: 16 A.George 12.54/-0.2. SP: 1 C.Gearing 16.56. JT: 13 S.Mills 42.07.  
Senior Boys. 3000m: 9 J.Blackledge 8:42.53. LJ: 4 O.Eyong 7.06/-1.1. SP: 3 K.Stevens (2-cl) 14.65.  
Junior Girls. 800m: 2 L.Collier 2:13.57 (2h3 2:16.26).  
Intermediate Girls. 200m: 6 A.Onuora 25.49/1.0 (2s2 25.42/-1.7, 1h1 25.21/-0.2). 300mH: 4h2 A.Forsyth 46.11.

**12-14 AAA Championships & European Games Trials, Birmingham.**  
a=12th, b=13th, c=14th.  
Men. 100m: b 6s2 D.Chin 10.50/1.5 (4h1 10.56/0.8); 5h1 M.Dickson 10.72/0.8. 200m: c 6 G.Beasley 20.90/2.2 (4h1 20.90/1.9); 7 D.Chambers 23.81/2.2 (2h1 20.64/1.9). 400m: c 2 S.Baldock 45.84 (b 1s2 45.96, a 1h5 47.28); b 6s2 G.Dearman 47.41 (a 3h2 48.17); a 4h4 T.Bayley 48.77. 800m: c 2 N.Speaight 1:50.71 (a 2h3 1:49.70). 1500m: c 4 Andy Graffin 3:40.24 (a 2h1 3:42.61); 7 A.Zawadzki 3:44.17 (a 4h3 3:44.81); a 5h4 S.Sharp 3:45.20. 5000m: c 5 M.Miles 13:54.94 7 S.Barden 14:01.54. 110mH: b 5 D.Girdler 13.95/0.3 (3h3 14.04/0.0); 3h2 N.Owen 14.18/0.0; 4h2 R.Sear 14.58/0.0. 400mH: c 4 M.Douglas 50.12 (b 2h1 49.87); b h3 N.Levy 51.32. HJ: b 2 B.Challenger 2.20. LJ: b 7 J.Flynn 6.58/0.0 (x, 6.58, x, x, 4.64, x). TJ: c 1 P.Idowu 17.02/-1.0 (16.44, 16.65, 16.76, 16.59, x, 17.02). PV: c 4 P.Williamson 5.00 (4.80-, 5.00o, 5.20xxx). SP: c 4 D.Readle 16.80 (15.85, 15.46, 16.80, 16.13, 16.21, 16.23); 7 G.Beard 16.24 (16.02, 16.20, 15.92, 16.24, 16.12, x); 11 S.Thompson 15.54 (14.71, 15.20, 15.54). DT: c 4 K.Brown 53.90 (48.93, 52.47, 51.95, 52.72, x, 53.90); 5 L.Newman 52.85 (52.26, 52.85, 51.27, 50.68, x, x); 10 S.Thompson 48.48 (47.47, 47.92, 48.48). JT: b 4 S.Faben 70.03 (68.83, 70.03, x, 68.75, x, 60.06). HT: b 1 M.Jones 72.26 (68.95, 71.35, 71.76, x, 72.26, 65.82).  
Women. 200m: c 6h3 J.Culley 25.04w/2.8. 800m: b 3 E.Davies 2:05.52 (2h3 a 2:06.22). 100mH: c 3 R.King 13.34/1.6 (1h1 13.45/1.7). 400mH: b 7 J.Culley 60.87 (3h2 a 61.18); 8 H.Stares 63.80 (3h1 a 60.82). LJ: c 2 S.Claxton 6.17/0.4. TJ: b 10 C.Stead 12.11/0.1 (12.11, x, x). PV: b 5 L.Webber 3.90 (3.90o, 4.05xxx). SP: b 6 E.Massey 14.15 (13.41, x, x, 14.15, 13.71, x). DT: b 2 S.Newman 54.08 (54.08, 49.39, 53.72, x, x, x). JT: c 2 G.Sayers 56.96 (56.96, 55.03, x, x, 54.67, 52.57). HT: c 5 D.Holden 57.23 (50.26, 54.79, 56.17, x, 57.23, 57.15).

**13 Men's Southern League Division 1 Match 5, Battersea Park.**  
1 Windsor SE&H 127; 2 Team Solent 126.5; 3 Woking AC 103; 4 Belgrave H 90; 5 Southend 77.5.  
100m: 2 M.Russell 11.23/0.9; 3 K.Adjepong 11.67/0.8; n/s 1 C.Esiri 11.36/-1.1; 3 U.Ebubadike 11.92/-1.1; 4 A.Adebo 12.33/-1.1. 200m: 4 M.Russell 22.63/1.9; 2 D.Akinbogun 23.34/-0.3. 400m: 5 N.Travers-Griffin 54.23; 3 J.Panton 54.18. 800m: 1 N.Hliouat 1:55.12. 1500m: 3 H.Raidi 4:08.40; 2 L.Greatorex 4:12.53. 5000m: c 3 C.Herrington 15:05.2; 3 M.Byansi 17:27.1. 110mH: - 400mH: 4 P.Beaumont 57.70. 5 J.Panton 64.2. HJ: 3 J.Tuson 1.80; 5 J.Panton 1.40. LJ: 1 J.Tuson 6.48; 4 K.Pereira 5.25. TJ: 1 J.Tuson 12.58; 3 K.Pereira 11.76. PV: - SP: 1 M.Small (M45) 13.56; 2 N.Travers-Griffin 10.55. DT: 2 M.Small 43.15; 4 N.Travers-Griffin 25.85. JT: 3 M.Small 40.86; 3 J.Tuson 31.17. HT: 1 M.Small

46.92; 4 J.Tuson 18.02. 4x100m: 4 Belgrave 46.74. 4x400m: 5 Belgrave 3:46.5.

**13 Southern League Div. 4, Battersea Park.** 100, 200, 110mH, 400mH, HJ, LJ: J.Dickinson 11.68/-1.1, 23.93/0.3, 19.1/0.7, 63.98, 1.85, 6.21.  
13-14 Irish Champs., Dublin. Women. 400mH: b 1 M.Carey 59.80 (a 1h2 59.82).

**17 Loughborough International Development Meeting.** Men. 400m: 1 G.Dearman 47.89. 110mH: 1 D.Girdler 14.01/0.8 (3h1 14.05/0.9); 2 N.Owen 14.11/0.8 (1h2 14.09/1.6). 400mH: 2r1 M.Douglas 49.82; 2r2 N.Levy 51.04. HJ: 1 B.Challenger 2.26. SP: 2 G.Beard 16.80. DT: 4 K.Brown 55.67. HT: 1 M.Jones 73.99. Women. 400mH: 3r1 M.Marks 58.10; 5r1 M.Carey 61.12; 3r2 J.Culley 61.25. DT: 2 S.Newman 57.37.

**18 Rosenheim League, Tooting.** 3000m: 5 C.Dickinson (M50) 9:58.6. TJ: 1 D.Wellstead 13.61. DT: 2 M.Small 43.25. HT: 1 M.Small 45.61.

**18-21 World Junior Championships, Kingston, Jamaica.**  
a=18th, b=19th, c=20th, d=21st.  
Women. 200m: b 1 V.James 22.93/-0.2 (1s2 23.07/-0.1, 1h3 a 23.14/1.4); 7 A.Spencer (U17) 23.76/-0.2 (3s3 23.65/-0.3, 2h5 a 23.46/1.6). 4x100m: d 3 GBR (Lucas-Read, Kwayye, A.Spencer, V.James) 44.22 (2h1 c Lucas-Read, Norville, A.Spencer, V.James 44.49). 4x400m: c 2 GBR (Wall, A.Spencer, V.James, Miller) 3:30.46 GBR Junior Record.

**19 Dublin International Games.** 800m: 2 N.Speaight 1:46.92. 400mH: 1 M.Douglas 49.66.

**20 Nacht van de Atletiek, Heusden, Belgium.** Women. 1500m: 3 C.Berry 4:16.25.

**20 Great Britain & N Ireland vs. Germany Under 23 International, Newport.** Men. 100m: dq T.Abeyie. 400m: 3 T.Bayley 48.08. 110mH: 5 D.Girdler 14.15w/2.3. SP: 3 D.Readle 16.20; 5 S.Thompson (gst) 15.57. DT: 5 S.Thompson 50.79. Women. JT: 3 G.Sayers 50.57.

**20 BMC Meeting, Edinburgh.** 800m: 1rC G.Oudney (U20) 1:54.83. 1500m: 6rA R.Ward 3:48.64.

**21 Golden Jubilee Cup Semi-Final, Copthall.**  
1 Belgrave 280.5; 2 Woodford Green Essex Ladies 253.5; 3 Thames Valley H 213; 4 City of Norwich 175; 5 Bedford AC 160.5; 6 Highgate H 128 7 Luton 111.5.  
Men. 100m: 1 M.Dickson 10.5w/3.6. 200m: 2 M.Dickson 22.1 w/2.9; 400m: 2 G.Dearman 48.1. 800m: 3 T.Bayley 1:54.8. 1500m: 1 C.Moss 3:53.4. 5000m: 2 A.Stewart 15:06.5. 10000m: 1 P.Freary 31:35.2. 110mH: 1 N.Owen 14.4/1.9. 400mH: 1 M.Douglas 51.0. 3000mSC: 2 K.Nash 9:22.8. HJ: =2 J.Hilston 1.85. LJ: 1 J.Flynn 7.26w/3.6. TJ: 3 D.Wellstead 14.02w/2.4. PV: 2 P.Williamson 5.10. SP: 3 G.Beard 16.23. DT: 2 K.Brown 53.88. JT: 2 S.Faben 68.16. HT: 1 M.Jones 73.33. 4x100m: 1 Belgrave 41.7. 4x400m: 2 Belgrave 3:15.1 (N.Levy, T.Bayley, C.Moss, G.Dearman).  
Women. 100m: 2 C.Harrison-Bloomfield 11.8w/3.2. 200m: 2 C.Harrison-Bloomfield 24.3w/2.2. 400m: 1 J.Culley 55.6. 800m: 6 H.Stares 2:32.0. 1500m: 6 S.Tracey 5:05.9. 3000m: 6 M.Heaton 11:16.6. 100mH: 1 S.Claxton 13.9w/2.9. 400mH: 2 M.Marks 62.4. HJ: 1 M.Knight 1.60. LJ: 1 S.Claxton 6.23/1.5. TJ: 1 C.Stead 11.84/1.3. PV: 2 L.Webber 3.80. SP: 3 S.Newman 11.66. DT: 1 S.Newman 58.34. JT: 3 M.Knight 35.39. HT: 2 D.Holden 55.61. 4x100m: 1 Belgrave 47.0 (A.Onuora, J.Culley, S.Claxton, C.Harrison-Bloomfield). 4x400m: 1 Belgrave 3:48.4 (J.Culley 57.9, M.Marks 57.7, H.Stares 58.8, M.Carey 56.0).

**21 National YA League S.Premier Division Match 5, Battersea Park.**  
1 Shaftesbury Barnet H 261; =2 Belgrave H and Crawley AC 168; 4 Milton Keynes 162.  
U17M. 100m: 1 J.Ellington 11.0; 2 J.Regis 11.6. 200m: 2 U.Ebubadike 23.1; 1 J.Sharpe 23.8. 400m: J.Regis 53.4; 1 A.Adebo 54.9. 800m: 2 G.Mabbutt 2:08.7; 2 J.McCrae 2:09.7. 1500m: 4 N.Ambrose 5:03.4; 4 P.Cowling 5:15.5. 3000m: 4 E.Rimdap 11:05.4; 4 J.Aldway 11:48.5. 100mH: 3 U.Ebubadike 15.7; 2 A.Adebo 17.9. 400mH: 4 E.Rimdap 64.4; 3 G.Mabbutt 68.9. 1500mSC: 2 D.Seddon? E.Rimdap. HJ: 2 R.Collier 1.60; 2 N.Ambrose 1.50. LJ: 1 G.Wilson 6.70; 1 J.Sharpe 5.37. TJ: 2 G.Wilson 13.19; 2 A.George 11.88. PV: 1 R.Collier 2.65; 1 D.Seddon 2.65. SP: 1 C.Mbam 12.39; 2 A.George 10.67. DT: 1 C.Mbam 38.04; 2 R.Collier 26.44. HT: 4 P.Cowling 17.01; 4 A.George 14.95. JT: 1 C.Mbam 42.50; 4 J.McCrae 27.01. 4x100m: 2 Belgrave 45.4 (U.Ebubadike, G.Wilson, J.Regis, J.Ellington). 4x400m: 2 Belgrave 3:37.9 (J.Regis 56.2, J.Sharp 54.4, G.Mabbutt 55.6, J.Ellington 53.7).  
U15B. 100m: 3 L.Drackett 12.2; 2 D.Korsah 12.7. 200m: 2 L.Drackett 25.0; 3 D.Korsah 26.3. 400m: 1 A.Ross 58.1; 1 J.Nash 59.9. 800m: 4 A.Tracey 2:25.6; 4 A.Ross 2:34.5. 1500m: 4 D.Stephens 5:23.0. 80mH: 3 A.Springer 14.6; 1 A.Ross 14.9. HJ: 2 A.Springer 1.60; 2 D.Stephens 1.35. LJ: 3 L.Drackett 4.99. 3 D.Stephens 4.65. SP: 4 D.Hooper 8.97; 2 P.Viega 6.78. DT: 2 J.Ahanonu 26.17; 1 D.Hooper 25.52. JT: 4 J.Ahanonu 16.29. 4x100m: 2 Belgrave 49.6 (D.Korsah, L.Drackett, A.Tracey, A.Springer). 4x400m: 2 Belgrave 4:02.7 (J.Nash 59.9, A.Tracey 59.4, A.Ross 63.4, D.Korsah 60.0).  
U13B. 100m: 3 J.Kuravilia 13.4; 3 R.Francis 14.8. 200m: 3 J.Kuravilia 27.9; 2 R.Francis 29.9. 800m: 3 L.Shettle 2:33.2; 2 A.Graham 2:39.0. SP: 4 L.Shettle 6.62. LJ: 4 A.Graham 3.68.

**21 Herne Hill H Open.** U17M. U17W 300mH: 1 A.Forsyth 45.1.

**21 BMC NI Regional Races, Bangor, N. Ireland.** 800m: 2r1 N.Speaight 1:50.90. 1500m: 1 Andy Graffin 3:37.33. Women. 800m: 7 J.Mitchell 2:07.76.

**23 Trafford GP.** 800m: 8rD D.Malin (U20) 2:01.46. 1500m: 2rA R.Ward 3:46.12. PV: 1 B.Flint 4.90. SP: 1 L.Newman 16.94; 2 D.Readle 16.69. DT: 1 L.Newman 54.19. 2 D.Readle 39.59. HT: 1 D.Readle 48.68.

**24 adidas Belgrave Speed GP III, Battersea Park.** 100m: Series 1 3r1 M.Dickson 10.83/-0.3; 4r3 J.Sharpe (U17) 12.10/0.6; 5r3 A.Adaybo (U17) 12.37/0.6; Series 2 1r1 M.Dickson 10.77/0.6. 200m: 3r2 U.Ebubadike (U17) 23.56/1.3; 5r2 J.Sharpe (U17) 24.82. 5000m Club Champ: 1 R.Ward 15:03.6; 2 W.Cockerell 15:12.8; 3 J.Blackledge (U20) 15:15.0; 6 M.Byansi 18:10.9.

**24 Ghent, Belgium.** 1500m: 1rB S.Barden 3:47.49. JT: 3 S.Faben 57.97.

**26 Atletissima 2002, Namur, Belgium.** Women. 400mH: 3 M.Carey 58.80.

**26-31 Commonwealth Games, Manchester.**

a=26th, b=27th, c=28th, d=29th, e=30th, f=31st.

Men. 100m: b 8 D.Chambers (ENG) 11.19/0.8 - injured (a 1h5 10.19/0.3, a 1q1 10.17/0.7, b 1s2 10.06/0.8). 200m: d 6s2 C.Lambert (ENG) 21.02/0.4 (c 1h2 20.77/1.3, c 2q3 20.90/1.3). 400m: b 6s1 S.Baldock (ENG) 45.71 - season's best (a 3h1 46.02; a 3q3 46.26). 800m: c5s2 N.Speaight (ENG) 1:47.22 (b 3h2 1:49.67). 400mH: d 8 M.Douglas (ENG) 51.01 (c 4s1 49.38 - season's best). HJ: d 3 B.Challenger (ENG) 2.25 (2.15o, 2.20xo, 2.25xo, 2.28xxx) (c =1qB 2.15 2.10o, 2.15o); 11 R.Aspden (ENG) 2.10 (2.05o, 2.10o, 2.15xxx) (=4qB 2.00o, 2.05o, 2.10o, 2.15xxx). TJ: c 2 P.Idowu (ENG) 17.68 PB/Club Record (16.83/-0.5, 17.68/1.2, 17.25/0.5, x, -, -). PV: e P.Williamson (ENG) no ht (5.20xxx). SP: f 11 L.Newman (WAL) 16.59 (16.08, 16.23, 16.59). DT: b 8 L.Newman (WAL) 53.81 (53.81, x, x, 53.06, 52.71, x) (a 10q 52.88, 52.81, x); 9 K.Brown (JAM) 52.51 (52.04, 52.51, 51.59) (a 8q 52.09, 52.27, 54.75). HT: c 1 M.Jones (ENG) 72.55 (67.34, 68.20, 68.60, 70.40, 68.95, 72.55). 4x100m: G.Beasley (ENG), D.Chambers (ENG), C.Lambert (ENG). 4x400m: f 1 S.Baldock (ENG) 3:00.40 2nd leg - 45.5. (e 1s2 3:04.41 4th leg). Women. 800m: c 6s2 E.Davies (WAL) 2:03.93 - season's best/Club Record (b 4h2 2:04.02 - season's best/Club Record). 5000m: c 10 C.Berry (ENG) 15:44.87. 100mH: d 6s2 R.King (WAL) 13.58/0.8. LJ: d 12 S.Claxton (ENG) 5.77 (x, x, 5.77/-1.2) (c 6qB x, 6.08/-0.5, x). PV: d 8 L.Webber (ENG) 3.90 (3.60xxx, 3.80o, 3.90o, 4.00xxx). DT: e 3 S.Newman (ENG) 58.13 (56.72, 56.64, 58.13, 57.25, x 57.92). JT: d 6 G.Sayers (ENG) 51.32 (50.94, x, x, 51.23, x, 51.32). SP: b 7qA E.Massey (NI) 14.27 (x, 13.81, 14.27). Heptathlon: ab 5 J.Hollman (ENG) 5825 - 100mH a 4r1 14.26 942pts, HJ a 3 1.77 (1.62o, 1.65o, 1.68o, 1.71xo, 1.74o, 1.77o, 1.80xxx) 941pts, SP a 6 11.78 (x, 11.64) 647pts, 200m a 4r2 24.97 890, LJ b 3 6.03 (x, 6.03/-0.9, 5.81/-1.2) 859pts, JT b 5 39.54 PB (38.56, 39.54, 35.55) 658pts, 800m b 2 2:15.31 888. 4x100m: f 3 V.James (ENG) 42.84 (3rd leg).

**27 Women's Southern League Division 2 Match 5, Worthing.**

1 Belgrave 217.5; 2 Ealing S&amp;M AC 199; 3 Worthing AC 173.5; 4 City of Plymouth 117.5; 5 Huntindon AC 105.5.

100m: 1 C.Harrison-Bloomfield 11.9; 1 A.Onuora 12.5. 200m: 1 C.Harrison-Bloomfield 24.5; 1 A.Onuora 25.7. 400m: 1 J.Culley 55.8; 4 M.Nestor 68.7. 800m: 1 J.Mitchell 2:15.7; 2 S.Stracey 2:28.3. 1500m: 1 J.Mitchell 4:35.8; 1 S.Stracey 5:15.8. 3000m: 2 M.Heaton 11:11.8; 3 J.Smiter 14:15.1. 100mH: 1 M.Knight 15.2; 4 G.Porter 20.9. 400mH: 1 J.Culley 63.0; 4 J.Smiter 86.5. HJ: 2 M.Knight 1.60; 1 M.Nestor 1.50. LJ: 2 M.Knight 5.55; 1 M.Nestor 5.19. TJ: 1 C.Stead 11.98; 1 M.Nestor 10.25. PV: 3 J.Searle 2.30; =2 J.Smiter 2.00. SP: 3 M.Knight 10.88; 1 D.Holden 10.49. DT: 1 D.Holden 32.28; 5 G.Porter 20.74. JT: 2 M.Knight 34.97; 2 G.Porter 25.58. HT: 1 D.Holden 55.30; 3 G.Porter 28.14. 4x100m: 1 Belgrave 48.4 (A.Onuora, A.Forsyth, J.Culley, C.Harrison-Bloomfield). 4x400m: 2 Belgrave 4:10.0 (M.nestor 71.6, J.Culley 57.0, S.Stracey 65.7, C.Harrison-Bloomfield 55.7).

U17W. 80mH: 2 A.Forsyth 12.2; 2 S.Murray-Burton 15.7. 300mH: 1 A.Forsyth 45.5.

U15G. 100m: 1 T.Hassan 13.0; 2 E.Collins 14.1. 200m: 1 T.Hassan 26.8; 1 L.Collier 27.8. 800m: 1 L.Collier 2:21.4; 3 E.Collins 2:55.6. 1500m: 3 I.Ainsworth 5:31.0; 1 C.Olawore 5:35.5. 75mH: 4 S.Kemp 15.4. HJ: 1 T.Hassan 1.45. LJ: 4 I.Ainsworth 3.73; 2 E.Collins 3.23. SP: 3 C.Olawore 7.60; 4 L.Collier 5.31. DT: 4 C.Olawore 17.21; 2 S.Kemp 12.69. JT: 5 S.Kemp 10.82; 4 I.Ainsworth 3.68. 4x100m: 2 Belgrave 54.5 (C.Olawore, E.Collins, L.Cullier, T.Hassan).

**27 Ninove, Belgium. 5000m: 6 S.Barden 14:08.11. JT: 2 S.Faben 71.03.****28 National Junior League S.Premier Division Match 3, Croydon.**

1 Shaftesbury Barnet H 308; 2 Enfield &amp; Haringey AC 305, 3 Harrow AC 265; 4 Blackheath H Bromley 231.5; 5 Bournemouth AC 227; 6 Medway &amp; Maidstone AC 207; 7 Aldershot F&amp;D AC 162.5; 8 Belgrave H 149.

100m: 2 J.Ellington 11.0; 2 W.Bennett-Jackson 11.2. 200m: 2 J.Ellington 22.1; 4 J.Regis 23.1; n/s 2 W.Bennett-Jackson 22.4. 400m: 5 G.Oudney 50.9; 3 R.Dhinam 51.4. 800m: 7 G.Oudney 2:02.5; 8 R.McIntosh 2:05.9. 3000m: 4 D.Watson 9:07.5; 3 D.Malin 9:48.8. 110mH: 6 R.Dhinam 15.9. 200mSC: 6 D.Seddon 6:50.5. HJ: 5 B.Sharpe 1.85. LJ: 3 G.Wilson 6.58. TJ: 4 G.Wilson 12.54; 6 R.Collier 10.16. PV: 6 R.Collier 2.50. 4x100m: 5 Belgrave 45.2 (J.Regis, B.Sharpe, R.Dhinam, J.Ellington). 4x400m: 4 Belgrave 3:26.7 (R.Dhinam 52.8, R.McIntosh 50.4, D.Watson 51.1, G.Oudney 52.4).

**28 U13 Inter-County Match, Kingsmeadow, Kingston. 100m: 1r2 P.Ojighoro 12.2/-1.2. 200m: 1 P.Ojighoro 24.8.****31 BMC Gold Standard Races, Watford. 800m: 1rF J.Blackledge (U20) 1:58.6. 1500m: 4 S.Sharp 3:46.10.****August 2002****03 British League Division 1 Match 3, Cophall.**

1 Belgrave H 386; 2 Woodford Green with EHL 317; 3 Birchfield H 301; 4 Trafford AC 289; 5 Shaftesbury Barnet H 272; 6 Newham &amp; Essex Beagles 266; 7 Border H &amp; AC 173; 8 Harrow AC 162.

100m: 4 G.Beasley 10.67/1.6; 2 M.Dickson 10.80/0.3. 200m: 1 G.Beasley 21.35/1.5; 1 M.Douglas 21.80/0.0. 400m: 2 G.Dearman 47.54; 2 A.Bennett 48.33. 800m: 1 C.Moss 1:51.16; 2 A.Zawadski 1:51.41. 1500m: 3 S.Barden 3:45.45; 1 R.Ward 3:45.88. 5000m: 2 S.Sharp 14:12.73; 1 P.Freary 14:43.47. 110mH: 1 N.Owen 14.47/-0.4; 1 R.Sear 14.59/-0.1. 400mH: 3 N.Levy 52.60; no B competitor. 3000mSC: 5 K.Nash 9:17.33; 5 W.Cockerell 9:58.29. HJ: 4 R.Aspden 2.00; 4 J.Tuson 1.90. LJ: 3 J.Flynn 6.87/0.2; 4 F.Daramola 6.30/-1.4. TJ: 3 F.Daramola 14.18/-0.5; 2 D.Wellstead 13.77/-1.4. PV: 2 B.Flint 5.10; 1 P.Williamson 5.00. SP: 4 L.Newman 16.44; 1 G.Bear 16.28. DT: 3 K.Brown 53.90; 2 L.Newman 51.58. JT: 2 S.Faben 67.09; 2 C.Green 58.43. HT: 8 L.Newman 39.34; 7 K.Brown 37.03. 4x100m: 2 Belgrave 41.40 (N.Owen, G.Beasley, M.Douglas, M.Dickson). 4x400m: 1 Belgrave 3:14.81 (N.Levy, C.Moss, M.Douglas, G.Dearman).

**03 Men's Southern League Division 1 Match 6, Welwyn Garden City.**

1 Herne Hill H 133; 2 Worthing AC 113; 3 Epsom &amp; Ewell H 100; 4 Belgrave H 92.5; 5 Herts. 85.5.

100m: 4 K.Adjepong 11.8; 3 U.Ebubedike 11.7. 200m: 3 U.Ebubedike 23.4; 4 K.Adjepong 24.0. 400m: 2 J.Hilston 51.5; 3 N.Travers-Griffin 54.5. 800m: 5 B.Barton 2:27.3; 5 R.Marcus 2:11.6. 1500m: 2 J.Blackledge 4:02.5; 4 R.Marcus 4:34.3. 5000m: 1 C.Herrington 15:02.7; 2 K.Hegvold 1:10mH: 4 P.Beaumont 21.0. 400mH: 1 P.Beaumont 57.4. 3000mSC: 2 B.Barton 10:23.5. HJ: 4 J.Hilston 1.65; =3 R.Collier 1.20. LJ: 4 J.Hilston 6.22; 5 J.Sharp 5.20. TJ: 4 J.Hilston 12.17; 2 K.Pereira 11.48. PV: 3 R.Collier 2.60; 3 R.Bridges 2.10. SP: 1 M.Small 13.20; 5 W.Smith 8.66. DT: 2 M.Small 43.65; 3nt W.Smith. JT: 1 W.Smith 58.11; 3 M.Small 39.80. HT: 2 M.Small 44.88; 4 R.Bridges 21.20. 4x100m: 3 Belgrave 46.3 (K.Adjepong, U.Ebubedike, J.Sharp, K.Pereira). 4x400m: 5 Belgrave 3:48.8. Final league result: 1 Medway & Maidstone AC (797) 30; 2 Herne Hill H (758) 29; 3 Kingston & Polytechnic (740.5) 27; 4 Woking AC (691) 23; 5 Exeter (690.5) 23; ... 22 Belgrave H (536.5) 12.

**03 Celtic Games, Tullamore, Ireland. 03 Aug 2002. U18. 400m: 1rB G.Oudney 50.55.****03 U23 International Great Britain vs. France vs. Spain, Niort, France.**

100m: 4 D.Chin 10.74/-0.5; 6 T.Abeyie 10.84/-0.5. 400m: 6 T.Bayley 48.48. SP: 3 D.Readle 16.54. DT: 5 S.Thompson 47.57.

**04 U17 Inter County Match, Kingsmeadow, Kingston. 04 Aug 2002. Men. 100m:**

1 W.Bennett-Jackson 11.11/-1.0; 2 J.Ellington 11.35; 2rB J.Regis 11.65/-0.5. 200m: 1 W.Bennett-Jackson 22.32/-0.4; 2 J.Ellington 22.46; 3rB J.Regis 23.41. SP: 1 C.Gearing 16.90. DT: 2 C.Gearing 47.28. Women. 100m: 2 A.Onuora 12.24/1.0.

**06 Trafford GP. 800m: 8rC D.Malin 1:59.80. 1500m: 2 S.Barden 3:48.71.****06-11 European Championships, Munich, Germany.**

a=6th, b=7th, c=8th, d=9th, e=10th, f=11th.

100m: b 1 D.Chambers 9.96/-0.3 (a 1h1 10.23/0.2; a 1q4 10.08/0.1; b 1s1 10.12/0.0). 400m: a 4h3 S.Baldock 46.62. HJ: a =10qB B.Challenger 2.15 (2.15xxo, 2.20xxx). TJ: c 5 P.Idowu 16.92 (x, 15.29/0.4, 16.92/-1.0, 16.85/-0.4, x, 5.62/0.0) (a 1qA 17.54/0.6). 4x100m: f 1 GBR 38.19 (C.Malcolm, D.Campbell, M.Devonish, D.Chambers) (e 1h2 38.55, 4x400m: e 1h1 GBR (J.Deacon, S.Baldock 46.1u, J.Baulch, M.Elias) 3:02.97.

Women. Discus: b 10 S.Newman 57.38 (55.03, 57.38, 55.69) (a 11q 55.49, x, 56.57). Heptathlon: de dnf J.Hollman 100mH: d 6h2 14.33; HJ: d =19 1.71; SP: d 9gA 12.25 (12.05, x, 12.25).

**07 Start Fitness NE League, Gateshead. 400m: 3 V.Wilson 51.2.****07 BMC Nike & AAA Development Races, Eltham. 3000m: 3 H.Raidi 9:05.5.****07 VAC Meeting, Battersea Park. 1 Mile: 4 H.Corbett 5:37.8.****10 Thameside League Match 3, Battersea Park.**

U15B. 1 Herne Hill H 268; 2 Croydon H 247; 3 Bromley AC 215; 4 Queens Park H 126; 5 Camberley 74; 6 Belgrave H 61; 7 Paddock Wood AC 41.

100m: n/s 4 T.Hjelm 16.6. 800m: 7 C.Ferrer 2:27.9; 2 D.Stephens 2:35.1. 80mH: 4 M.Debrah 17.8. HJ: 4 D.Stephens 1.40. LJ: 5 D.Stephens 4.77; 3 L.Debrah 4.86

U13B. =1 Croydon H and Herne Hill H 209; 3 Bromley AC 149; 4 Belgrave H 112; 5 Richmond & Twickenham AC 64; 6 Camberley AC 63; 7 Paddock Wood AC 51; 8 Queens Park H 30.

100m: 2 R.Francis 13.5; 2 J.Kuruvilla 14.3. 800m: 1 C.Taylor 2:34.3; 1 L.Shettle 2:35.9. HJ: 3 J.Kuruvilla 1.40; 2 L.Shettle 1.25. LJ: 5 T.Ashby 3.77; 5 R.Francis 3.32. SP: 2 C.Taylor 7.54. 4x100m: 2 Belgrave 55.3.

**U17W. Teams: 1 Herne Hill H 251; 2 Bromley AC 200; 3 Camberley AC 150; 4 Dartford H 118; 5 Richmond & Twickenham AC 59; 6 Queens Park H 51; 7 Belgrave H 46.**

100m: 4 H.Gates 14.2. 200m: 4 E.Collins 29.1. 800m: 3 C.Alford 3:05.8. U13G. 1 Bromley AC 231; 2 Herne Hill H 210; 3 Dartford 201.5; 4 Camberley AC 168.5; 5 Paddock Wood AC 103; 6 Richmond & Twickenham AC 45; 7 Croydon H 39.

100m: n/s 4 O.Adebo 15.8; 6 Y.Gates 17.1.

**10 SEAA U20 Champs., Cophall. 3000m: 1 J.Blackledge 8:44.87.****10-11 AAA U17 Champs., Birmingham. a=10th, b=11th.**

U17M. 100m: a 1 J.Ellington 10.69/1.1 (1s1 10.78w/4.1, 1h5 10.98/1.2); 5 W.Bennet-Jackson 10.99/1.1 (1s2 10.92/0.5, 2h1 10.98/1.7); 7s3 J.Regis 11.41w/3.1 (5h7 11.27w/2.6). 200m: b 3 J.Ellington 22.31/-1.8 (2s1 22.25/-1.4, 2h2 22.90/-2.4); 5 W.Bennet-Jackson 22.66/-1.8 (2s2 22.42/-1.5, 1h5 22.82/-2.7); 7s1 J.Regis 23.57/-1.4 (6h6 23.25/-2.1); 5h3 S.Osho 23.98/-2.8. LJ: b 4 G.Wilson 6.64/1.8. SP: b 1 C.Gearing 17.05. DT: b 5 C.Gearing 48.28. U17W. 100m: a 3 A.Onuora 12.07/1.3 (2s1 12.01/1.9, 1h3 12.08w/2.4). 200m: b 2 A.Onuora 24.98/0.4 (1s1 25.21/-0.2, 1h1 25.33/-2.8). 300mH: b 4h3 A.Forsyth 47.77.

U15G. 100m: a 7s2 A.Hassan 13.01/0.4 (5h6 12.92w/2.7). 200m: b 7s1 A.Hassan 27.31/-1.8 (4h2 26.88/-1.1). 800m: a 5s1 L.Collier 2:21.57 (2h3 2:22.19).

**10-11 SEAA Champs., Cophall. Women. Heptathlon: 4 H.Stares 4713 (14.66/2.1, 1.59, 9.86, 25.54/-0.9, 5.12/-1.5, 27.27, 2:27.31); 5 M.Knight 4689 (15.09/0.5, 1.65, 11.76, 27.85/0.0, 5.47/0.5, 34.23, 2:44.03).****11 Inter Area U23 Match, Derby. Men. 100m: 1 D.Chin 10.70w/2.9. 200m: 4 T.Bailey 22.64/-1.6. 110mH: 1rA D.Girdler 14.10/0.1. TJ: 3 D.Wellstead 13.99. SP: 1 D.Readle 16.90; 2 G.Beard 16.18; 3 S.Thompson 15.19. DT: 1 S.Thompson 49.56; 4 G.Beard 44.00. HT: 3 D.Readle 46.24. Women. 400mH: 2rA M.Carey 60.8.****13 Malmo AI Galan, Malmo, Sweden. 1500m: 2rA Andy Graffin 3:37.70.****14 Memorial Leo Calewaert, Brasschat, Belgium. Men. 110mH: 6r1 D.Girdler 14.22/-0.2. 400mH: 3r2 M.Douglas 50.23. Women. 100mH: 1r2 S.Claxton 13.92/0.6. 400mH: 4r3 M.Carey 59.79. LJ: 1 S.Claxton 6.25/-0.2.****14 Brighton & Hove City Open. SEAA 10,000m Champ: 3 J.Blackledge (U20)**

32:09.1 (6th in open race). TJ: 1 D.Wellstead 14.07.

**14 adidas Belgrave Speed GP IV**, Battersea Park. 100m: Series 1 4r2 J.Tuson 11.49/0.4; 5r2 J.Hilston 11.53/0.4; 4r3 U.Ebubedike (U17) 11.95/0.6; 6r3 A.Tanner 12.42/0.6; 4r4 N.Travers-Griffin 12.49/-0.6. Series 2 6r1 A.Adayo (U17) 12.38/-0.4; 4r2 A.Tanner 12.32/0.4; 5r2 N.Travers-Griffin 12.44/0.4. 200m: 6r1 N.Travers-Griffin 24.90/0.3; 2r2 N.Molloy 23.73/0.3.

**14 BMC Nike GP**, Watford. 800m: 4r1 N.Speaight 1:47.61; 6r1 C.Moss 1:48.01. 1500m: 11r1 S.Sharp 3:44.76; 12r1 S.Barden 3:45.00; 14r1 A.Zawadski 3:45.94; 17r1 R.Ward 3:50.92.

**16 Weltklasse Meeting**, Zurich, Switzerland. 100m: 3 D.Chambers 10.05/-1.3 (2h2 9.94/1.6)

**16 Meeting International d'athlétisme de CABW Nivelles**, Belgium. 10mH: 6r1 D.Girdler 14.19/0.9.

**16 European Veterans Champs.**, Potsdam, Germany. M50 1000m: 9 C.Dickinson 35:10.64.

**17 Golden Jubilee Cup Final**, Bedford.

1 Belgrave H 267; 2 Birchfield H 219.5; 3 Sale H Manchester 191; 4 Shaftesbury Barnet H 176.5; 5 Windsor Slough Eton & Hounslow AC 167; 6 Trafford AC 167; 7 Team Solent 121; 8 Border H 32.

Men. 100m: 1 D.Chin 10.79/-5.0; n/s 2 F.Daramola 11.34/-1.6. 200m: 1 G.Beasley 21.57/-1.8. 400m: 5 N.Levy 48.73. 800m: 1 C.Moss 1:51.85. 1500m: 1 A.Zawadski 3:54.54. 5000m: 3 W.Cockerell 15:38.44. 10000m: 2 S.Barden 30:52.75. 110mH: 2 M.Douglas 14.39/-0.5. 400mH: 1 M.Douglas 50.71. 3000mSC: 3 K.Nash 9:33.95. HJ: 3 R.Aspden 2.05. LJ: 4 J.Flynn 6.94. TJ: 6 F.Daramola 13.88. PV: 2 P.Williamson 5.15. SP: 2 D.Readle 16.15. DT: 2 L.Newman 51.48. JT: 1 S.Faben 69.27. HT: 1 M.Jones 73.25. 4x100m: 1 Belgrave 41.46 (D.Chin, G.Beasley, M.Douglas, F.Daramola). 4x400m: 1 Belgrave 3:16.73 (M.Douglas 49.2, R.Aspden 51.9, C.Moss 48.9, G.Beasley 46.8).

Women. 100m: 1 C.Harrison-Bloomfield 11.87/-4.5. 200m: 2 A.Spencer 24.42/-1.4. 400m: 3 J.Culley 55.73. 800m: 1 E.Davies 2:09.54. 1500m: 2 J.Mitchell 4:31.22. 3000m: dnf T.Sturton. 100mH: 4 S.Claxton 14.09/-1.2. 400mH: 3 M.Carey 61.83. HJ: 3 J.Hollman 1.70. LJ: 1 S.Claxton 6.28. TJ: 4 C.Stead 12.24. PV: 1 L.Webber 3.80. SP: 5 S.Newman 11.70. DT: 1 S.Newman 54.67. JT: 1 G.Sayer 53.60. HT: 4 D.Holden 55.58. 4x100m: 1 Belgrave 46.13 (A.Onuora, A.Spencer, S.Claxton, C.Harrison-Bloomfield). 4x400m: 2 Belgrave 3:44.19 (M.Marks 56.3, H.Stares 58.4, M.Carey 54.5, J.Culley 55.1).

**17 Street Pole Vault**, Canterbury. 3 B.Flnt 4.80.

**18 National Junior League S.Premier Division Match 4**, Walthamstow.

1 Enfield & Haringey 301; 2 Shaftesbury Barnet H 300; 3 Harrow AC 271; 4 Blackheath H Bromley 238; 5 Bournemouth AC 229; 6 Medway & Maidstone AC 193; 7 Aldershot Farnham & Dist. AC 137; 8 Belgrave H 101.

100m: 3 J.Ellington 10.8/1.7; 2 J.Regis 11.4/-0.5. 200m: 3 J.Ellington 22.1/0.5; 2 J.Regis 22.7/0.4. SP: 1 C.Gearing 15.41. DT: 1 C.Gearing 44.60. 4x100m: 4 Belgrave 44.8 (B.Sharpe, R.Dhinam, J.Regis, J.Ellington).

Final league result: 1 Enfield & Haringey AC (1249) 31; 2 Shaftesbury Barnet H (1161.5) 29; 3 Harrow AC (1070) 24; 4 Blackheath H Bromley (910) 19; 5 Medway & Maidstone AC (834) 14; 6 Bournemouth AC (824) 14; 7 Aldershot F&D AC (590.5) 7; 8 Belgrave H (597) 6.

**18 Inter-Counties Match**, Ashford. Men. 110mH: 2 N.Levy 15.16. TJ: 3 D.Wellstead 14.47. SP: 1 G.Beard 16.26. Women. 100m: 1 C.Harrison-Bloomfield 11.90. 200m: 1 C.Harrison-Bloomfield 24.79. 1500m: 1 J.Mitchell 4:29.35. 400mH: 2 J.Culley 61.80. HJ: 1 B.M.Knight 1.65. LJ: 3 M.Knight 5.46. PV: 1 L.Webber 4.00.

**18 International Antwerp Athletics Gala**, Merksem, Belgium. 110mH: 3 D.Girdler 14.37/-1.6.

**18 Great Britain & N. Ireland vs. Russia vs. USA**, Glasgow. 100m: 1 D.Chambers 10.28/1.2. TJ: 3 P.Idowu 17.28/1.1.

**19 Raiffeisen Gugl Meeting**, Linz, Austria. Women. 3000m: 7 C.Berry 9:02.79.

**20 Trafford GP**, Stretford. 800m: 3rD M.Malin (U20) 1:55.83. SP: 1 D.Readle 16.32. DT: 2 D.Readle 42.04. HT: 1 D.Readle 48.09.

**21 Rosenheim League Final**. n/s 800m: 1 A.Painter (M55) 2:22.6.

**22 European Veterans Champs.**, Potsdam, Germany. M50 5000m: 5 C.Dickinson 16:32.42.

**23 Norwich Union British Grand Prix**, Crystal Palace. 100m: 1 D.Chambers 9.98/0.5 (1h2 10.12/-1.1). 800m: 9 N.Speaight 1:47.35. Emsley Carr Mile: 7 A.Graffin 3:54.70. TJ: 2 P.Idowu 17.29/0.0 (16.96, 17.21, x, 16.71, x 17.29). Women. 5000m: 11 C.Berry 15:31.23.

**24 Tessenderlo**, Belgium. 3000m: 9 S.Barden 8:07.08.

**24 Mémorial Eugène Humbert**, Fribourg, Switzerland. 100m: 3rA1 D.Chin 10.46/1.5. 200m: 2rA D.Chin 21.38/-0.9.

**24 Herne Hill H Open inc. Surrey County & Belgrave 10000m Champs**. 100m: 4r1 N.Travers-Griffin 12.2; 13r J.Regis 11.5. 1500m: 9 R.Marcus 4:34.7. 10000m: 2 M.Trees (1st Belgrave) 31:52.3; 3 C.Herrington (2) 31:55.2; 4 R.Alsop (3) 32:29.1. TJ: 2 D.Wellstead 13.97. SP: a 6 N.Travers-Griffin 10.51; b 2 N.Travers-Griffin 10.63.

**25 Ugróáala Jumps Meet**, Somskö, Hungary. HJ: 3 B.Challenger 2.17.

**25 Scottish U17 & U20 Champs**, Grangemouth. U20 800m: 2 G.Oudney 1:54.88. 1500m: 5 D.Malin 4:03.75. 2000mSC: 2 W.Docherty 6:19.74.

**25 SEAA U20 Inter-Counties**, Cophthall. LJ: 6 J.Dickinson 6.60w. TJ: 5 J.Dickinson 13.10. PV: 1 J.Dickinson 4.00.

**25 Tartan Games**, Gateshead. PV: =1 B.Flnt 5.00.

**26 Tamworth Annual Games**. HJ: 1 D.Girdler 1.95. LJ: 1 D.Girdler 7.16.

**27 Göteborg Grand Prix**, Gothenburg, Sweden. 800m: 2rA C.Moss 1:49.32. 1500m: 1 Andy Graffin 3:41.05.

**28 Watford Open**, Watford. 100m: 2 M.Douglas 10.98/?; 200m: 21.64/? 1500m: 1rB J.Blackledge (U20) 3:58.6. BMC Gold Standard 1500m: 3 N.Speaight 3:44.89.

**30 Ivo Van Damme Meeting**, Brussels, Belgium. TJ: 4 P.Idowu 17.23/-0.6.

**31 British League Division 1 Match 4**, Wigan.

1 Woodford Green with EL 340; 2 Birchfield H 326; 3 Belgrave H 312.3; 4 Trafford AC 310.3; 5 Shaftesbury Barnet H 261.3; 6 Harrow AC 226; 7 Newham & Essex Beagles 214; 8 Border H & AC 164.

100m: 1 D.Chin 10.5; 1 G.Beasley 10.4. 200m: 1 G.Beasley 21.1; 1 D.Chin 21.6. 400m: 2 M.Douglas 48.7; 3 N.Speaight 49.7. 800m: 1 N.Speaight 1:53.1; 1 C.Moss 1:55.3. 1500m: 1 C.Moss 3:54.8; no B competitor. 5000m: 5 C.Herrington 14:58.7; 4 W.Cockerell 15:01.3. 110mH: 1 M.Douglas 14.4; 6 A.Bennett 17.1. 400mH: 3 A.Bennett 55.9; no B competitor. 3000mSC: 6 W.Docherty 9:48.6; 5 W.Cockerell 10:11.0. HJ: 6 J.Tuson 1.85; 4= A.Bennett 1.70. LJ: 5 F.Daramola 6.68w/2.5; 5 J.Tuson 6.04w/5.0. TJ: 3 F.Daramola 14.44; 2 J.Tuson 13.37. PV: 1 B.Flnt 5.00; no ht P.Williamson. SP: 3 S.Thompson 15.07; 8 S.Faben 10.10. DT: 7 S.Thompson 43.18; 2 K.Brown 42.50. JT: 2 S.Faben 69.17; 3 W.Smith 54.85. HT: 7 S.Faben 40.80; 5 S.Thompson 40.24. 4x100m: 1 Belgrave 42.4 (D.Chin, G.Beasley, M.Douglas, F.Daramola). 4x400m: 1 Woodford 3:18.9; no Belgrave team.

Final league result: 1 Belgrave H (1441.3)30; 2 Woodford Green with EL (1230.0) 26; 3 Birchfield H (1230.0) 24; 4 Newham & Essex Beagles (176.0) 19; 5 Trafford AC (1095.3) 18; 6 Shaftesbury Barnet (980.8)14; 7 Border H & AC (761.5) 7; 8 Harrow AC (755.0) 6.

**31 Thameside League Match 4**, Battersea Park.

U15B. SP: 1 B.Clw 11.93. DT: 1 B.Clw 27.24. JT: 3 B.Clw 15.15. Teams: 1 Herne Hill 273; =2 Camberley 144; =2 Queens Park H 144; 4 Richmond & Twickenham 105; 5 Belgrave 46.

U13B. 100m: 2 J.Kuruville 13.5; 2 R.Francis 14.4. 200m: 2 J.Kuruville 28.6; 2 R.Francis 30.1. 800m: 2 A.Graham 2:33.9. 1200mWalk: 1 A.Graham 7:02.9. LJ: 3 J.Kuruville 4.07; 2 R.Francis 3.61. Teams: 1 Herne Hill 226; 2 Camberley 196; 3 Belgrave 96; 4 Queens Park 90; 5 Richmond & Twickenham 67; 6 Croydon 51.

U15G. 100m 1 T.Hassan 13.0; 3 C.Hopkins 14.6. 200m: 1 T.Hassan 26.4; 2 H.Gates 29.0. 800m: 1 L.Collier 2:39.2. LJ: 4 H.Gates 3.55; 1 C.Hopkins 3.36. SP: 4 T.Hassan 6.12; 3 L.Collier 5.13. DT: 3 S.Kemp 12.40. JT: 3 C.Hopkins 15.72; 3 S.Kemp 10.70. 4x100m: 3 Belgrave 58.3. Teams: 1 Herne Hill 236; 2 Dartford 188; 3 Belgrave 168; 4 Croydon 148; 5 Camberley 58; 6 Queens Park 42.

U13G. 100m: 7 L.Hopkins 15.8; 7 O.Adebo 16.2. 200m: 7 O.Adebo 35.0. 1500m: 3 K.Burns 5:50.8. HJ: 7 L.Hopkins 1.05. LJ: 6 K.Burns 3.11. SP: 4 L.Hopkins 5.73; 2 K.Burns 5.62. Teams: 1 Herne Hill 227; 2 Camberley 201.5; 3 Dartford 182; 4 Croydon 162.5; 5 Paddock Wood 105; 6 Belgrave 91; 7 Richmond & Twickenham 69; 8 Queens Park 63

## September 2002

**01 Inter Area Match**, Watford. LJ: 3 D.Wellstead 6.36/-0.1. TJ: 5 D.Wellstead 13.99/-0.7. Women. 100m: 2 C.Harrison-Bloomfield 12.04/-1.2. 100mH: 1 S.Claxton 14.00/-0.3; 4 H.Stares 15.19/-0.3. 400mH: 6 H.Stares 64.22. LJ: 1 S.Claxton 6.10/0.7. TJ: 2 C.Stead 11.73/-0.9. PV: 4 L.Webber 3.20.

**03 Trafford GP**, Stretford BMC 800m: 3rA G.Oudney (U20) 1:54.03. 1500m: 6 D.Malin (U20) 4:02.56.

**04 Watford Open**. 400m: 1 M.Douglas 47.70.

**06 Catalonia vs Great Britain vs Cuba vs Yugoslavia**, Barcelona, Spain. 100m: 3 G.Beasley (gst) 10.74/-0.6; 4 D.Chin 10.77/-0.6. 800m: 3 C.Moss 1:50.28. SP: 5 G.Beard 15.86. Women. JT: 3 G.Sayers 47.43.

**06 IAAF 2002, IAAF Golden League**, Berlin, Germany. 100m: 1 D.Chambers 10.02/0.3. 1500m: 10 Andy Graffin 3:35.53. TJ: 2 P.Idowu 17.23/0.1.

**07 Women's Southern League Division 2 Match 6**, Southampton.

1 Thurrock H 179; 2 Southampton 172; 3 Belgrave H 166; 4 Colchester AC 163; 5 Shaftesbury Barnet H 158.

100m: 1 A.Onuora 12.6; 3 S.Murray-Burton 14.5. 200m: 1 A.Onuora 25.7; 3 S.Murray-Burton 30.2. 400m: 1 J.Culley 57.0; 5 G.Porter 85.3. 800m: 2 J.Mitchell 2:22.7; 4 J.Poloni 2:50.1. 1500m: 1 J.Mitchell 4:39.7; 3 M.Gates 7:24.0. 3000m: 3 T.Sturton 11:37.0; 1 D.Hearn 12:56.8. 100mH: 1 J.Searle 19.8; 1 D.Kandaros 27.7. 400mH: 2 D.Kandaros 79.8; 2 J.Smiter 87.7. HJ: 3 M.Nestor 1.55; 3 J.Smiter 1.25. LJ: 2 M.Nestor 5.23; 4 J.Smiter 3.83. TJ: 1 M.Nestor 10.71; 2 J.Smiter 8.77. PV: 1 L.Webber 3.50; 1 J.Searle 2.30. SP: 5 G.Porter 6.55; 4 M.Jones 5.71. DT: 5 G.Porter 23.66; 5 M.Jones 14.40. JT: 5 G.Porter 24.57; 5 L.Webber 16.69. HT: 3 G.Porter 29.52; 5 K.Collier 13.46. 4x100m: 1 Belgrave 50.6 (S.Murray-Burton, J.Culley, M.Nestor, A.Onuora). 4x400m: 5 Belgrave 4:43.9 (D.Kandaros 74.0, L.Webber 66.5, J.Poloni 78.5, J.Culley 64.9). U17W. 80mH: 3 S.Murray-Burton 16.0.

U15G. 100m: 2 T.Hassan 13.5; 4 H.Gates 15.1. 200m: 1 T.Hassan 27.4; 3 E.Collins 30.2. 800m: 4 E.Collins 2:59.1; 3 H.Gates 3:09.5. 1500m: 3 I.Ainsworth 5:41.9; 3 C.Olawore 6:16.4. 75mH: 5 C.Hopkins 14.9; 5 E.Collins 18.5. HJ: 2 T.Hassan 1.50; 4 C.Hopkins 1.10. LJ: 4 I.Ainsworth 3.72; 5 H.Gates 3.93. SP: 2 C.Olawore 7.70; 5 L.Hopkins 5.22. DT: 2 C.Olawore 17.84; 5 L.Hopkins 10.40. JT: 3 C.Hopkins 15.36; 3 L.Hopkins 10.83. 4x100m: 4 Belgrave 56.7 (C.Hopkins, E.Collins, H.Gates, T.Hassan).

Final league result: 1 Hertford Phoenix (30) 1362; 2 Blackheath H Bromley (28) 1277.5; 3 Reading AC (27) 1243; 4 Chelmsford AC (26) 1169; 5 Belgrave H (24) 1149.5; 25 clubs. Belgrave H promoted to Division 1 for 2003.

**07 Singapore**. Women. 1500m: 2 V.Goodwin 4:54.39.

**08 Rieti 2002**, Rieti, Italy. 08 Sep 2002. 1500m: 11 Andy Graffin 3:36.69.

**08 AAC Champs.**, Battersea Park. M55 800m: 2 A.Painter 2:18.0.

**14 IAAF GP Final**, Stade Charley. 100m: 1 T.Montgomery (USA) 9.78 (WR); 2 D.Chambers 9.87 (=UK and European Record). TJ: 7 P.Idowu 16.35/1.8.

14 La Laguna, Tenerife. 400mH: 2 M.Douglas 49.49.  
 20 IAAF World Cup Final, Madrid. 100m: 5 D.Chambers 10.16/-0.3. 400m: 7 T.Benjamin 45.80. HJ: 3 B.Challenger 2.20. HT: 8 M.Jones 66.92.  
 21 Memorial Don Walter Botta, Biella, Italy. 3000m: 1 C.Moss 8:21.91. Women. 200m: 4 A.Onuora 25.42.

Dec 2001 - Feb 2002 are indoor meetings unless otherwise specified.

#### November 2002

01 Thames Valley Open Graded Meeting, Eton. 60m: Series 1 3r1 W.Bennett-Jackson 7.00. Series 2 2r1 W.Bennett-Jackson 7.0

#### December 2002

07 Scottish University Champs., Glasgow. SP: 1 S.Thompson 15.30.  
 08 Middlesex Champs., Eton. LJ: 1 F.Daramola 6.85.  
 12 Chelmsford Open. U17M SP: 1 C.Gearing 18.42 (beats UK best by 2cm).  
 14 SECTC Throws Pentathlon, Ewell (outdoor). M45. 1 M.Small 3092 (HT 44.21, SP 13.05, DT 39.73, JT x, WT 13.17). M70 1 C.Taylor 3086 (28.01, 10.49, 24.23, 22.17, 11.45).

#### January 2003

05 AAA of Wales Open, Cardiff. 800m: 1r2 C.Moss 1:52.36. 1500m: 1r2 N.Speaight 3:51.65; 2 C.Moss 3:51.80. Women. 1500m: 1 E.Davies 4:36.13.  
 09 Horsham Open. U17M 50m: 1 W.Bennett-Jackson 6.0.  
 11-12 SEAA Champs, Bedford. SW Pentathlon: 1 M.Knight 3425 (60m 8.60, 60mH 9.48, SP 11.90 pb, LJ 5.05, HJ 1.64).  
 11-12 Welsh Champs., UWIC, Cardiff. Women. 60m: 1 R.King 7.63. 60mH: 1 R.King 8.41. 1500m: 1 E.Davies 4:46.33.  
 12 All-Comers Mini Meet, Boston MA USA. 1 mile 1r1 A.McLean-Foreman 4:10.13.  
 12 NoEAA Hurdle Races. 60mH: 1r1 D.Girdler 7.94; 1r2 D.Girdler 7.92.  
 18-19 SEAA Champs., Bedford. SM HJ: b 2 R.Aspden 2.10. U20 SP:(6kg) b 1 K.Stevens 15.81. U17M 60m: a 1 W.Bennett-Jackson 7.02 (7.01 ht). SW PV: a 8 J.Searle 2.60.  
 19 Greater Boston TC Invitation, Allston, MA USA. 1 mile 2rA A.McLean-Foreman 4:08.36.  
 19 Scottish East & West Champs., Glasgow. 800m: hts G.Oudney 1:58.74.  
 19 Midland Counties Meeting, Birmingham. 60mH: 2 D.Girdler 7.97.  
 25-26 Norwich Union AAA U20 Champs., Birmingham. a=25th, b=26th. U20M. 60m: a 3 J.Ellington 6.93 (1s2 6.99, 1h6 7.01). 200m: b 2 J.Ellington 21.84 (1s2 21.99, 1h4 22.51). 800m: b 6 G.Oudney 1:58.57 (2h1 a 1:56.10). U17M 60m: a 3 W.Bennett-Jackson 7.02 (1s2 7.00, 1h2 7.07). SP b 1 C.Gearing 18.09. U15B SP: b 5 B.Clou 11.47. U20W 200m: b 2 V.James 24.32 (1h1 24.02).  
 28 RAF Invitation, Birmingham. 60m: 2r2 D.Girdler 6.92. 300m: 3r2 I.Deeth 35.27. 600m: 1r1 C.Moss 1:20.38. 1000m: 1 C.Moss 2:21.96.  
 31 Wuppertal, Germany. HJ: 6= B.Challenger 2.20.

#### February 2003

01 UKA Indoor Series, Birmingham.  
 Men. 60m: Series 1 3r1 M.Dickson 6.92; 3r2 D.Chin 6.90; 4r3 T.Abeyie 6.97; Series 2 5r1 M.Dickson 6.88; 6r1 D.Chin 6.89; 6r2 T.Abeyie 7.06. 200m: 3r2 T.Abeyie 21.90. 800m: 1r1 C.Moss 1:50.81. 60mH: Series 1 1r1 D.Girdler 7.82; Series 2 1r1 D.Girdler 7.82.  
 Women. 60m: Series 1 3r2 C.Harrison-Bloomfield 7.73; 4r2 S.Claxton 7.73; Series 2 1r2 C.Harrison-Bloomfield 7.63; 2r2 S.Claxton 7.70. 60mH: Series 1 2r1 R.King 8.44; 1r2 S.Claxton 8.38. Series 2 2r1 S.Claxton 8.28; 4r1 R.King 8.46. SP: 1 E.Massey 15.74.  
 01 adidas Boston Games, Boston MA USA. 800m: 4 N.Speaight 1:49.90.  
 01 Triangular Match, Allston, MA USA. 60m: 1 C.Lambert 6.78.  
 01 NoEAA Champs., Manchester. PV: 3 P.Williamson 4.80; 5 B.Flint 4.70.  
 02 Inter University Match, Cardiff. HJ: 4 S.Majekodunmi 1.85. TJ: 1 S.Majekodunmi 14.51.  
 02 Norwich Union International, Glasgow. HJ: 5 B.Challenger 2.15.  
 06 HPC Opening Meet, Birmingham. Women. 100m: 1 A.Spencer 11.96 (UK Junior best).  
 08 Kent Champs., Chelmsford. U20 SP: 1 C.Gearing (U17) 16.37 (GBR U17 best). U17 SP: 1 C.Gearing 17.03.  
 08 Essex Champs., Chelmsford. Women. 60m: 1 S.Claxton 7.8; LJ: 1 S.Claxton 6.05.  
 08 Eton. 60m: 2rB5 C.Harrison-Bloomfield 7.6.  
 08 Scottish Champs., Glasgow. 800m: hts G.Oudney 1:58.78. SP: 2 S.Thompson 16.08.  
 09 Lansing Linde Severnside Trophy, Wales vs England vs All-Ireland vs International Select, Cardiff.  
 Men. 800m: 1 C.Moss (Eng) 1:50.37. 1500m: 3 R.Ward (Int Select) 3:48.52. HJ: 2 B.Challenger (gst) 2.15. U20M. 200m: 1 J.Ellington (Eng) 22.21. SP: 2 K.Stevens (Eng) 15.98.  
 Women. 60m: 3 R.King (Wales) 7.61. 800m: 4 E.Davies (Wales) 2:09.49. 60mH: 3 R.King (Wales) 8.27. SP: E.Massey (Int. Select) 15.56.  
 14 Siegen, GER. HJ: 11 R.Aspden 2.10.  
 15 European Indoor Cup, Leipzig, Germany. 800m: 7 N.Speaight 1:51.09. 60mH: 7 D.Girdler 7.87. Women. 60mH: 4 R.King 8.20.  
 15 Harvard v Yale, Allston, MA USA. 60m: 1 C.Lambert 6.85.  
 15-16 Northern Ireland & Irish Champs., Odyssey Arena, Belfast. Women. SP: 1 E.Massey 16.32 (CBP).  
 21 Norwich Union Grand Prix, Birmingham. 60m: 6h2 D.Chambers 6.68. 800m: 3r2 C.Moss 1:48.12 (16 UK all-time); 4r2 N.Speaight 1:48.96 (28th UK all-time).

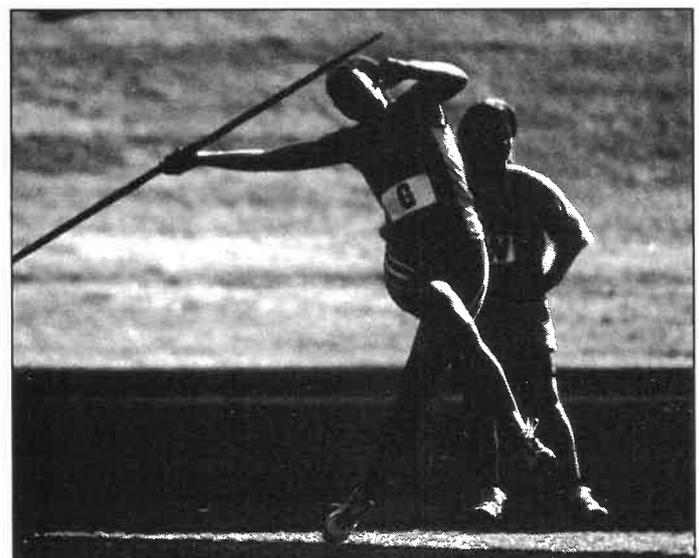
22 Horsham Pentathlons, Horsham. 1 J.Dickinson (2-cl) 3758 (50mH: 7.8, HJ 1.87, SP 10.37, LJ 6.32, 50m 6.2).  
 22-23 Birmingham Games. a=22nd, b=23rd.  
 Men. 60m: a 5h2 F.Daramola 7.29; 7h6 G.Baksh 7.75; 6h8 M.Parper 7.19. 3000m: a 2 David Anderson 8:09.05; 3 S.Sharp 8:13.16. 60mH: b 2 N.Levy 8.20 (3h2 8.26). LJ: 4 F.Daramola 6.94; 6 J.Flynn 6.69. PV: a 1 P.Williamson 5.00; 3 B.Flint 5.00.  
 Women. 60m: a 1 C.Harrison-Bloomfield (W35) 7.40 (1s1 7.51, 2h1 7.57); 3 S.Claxton 7.59 (2s1 7.59, 3h1 7.67). 200m: b 1 A.Spencer 23.34 (GBR Junior record and age 17 and 18 bests, 6 UK all-time) (1s1 23.74, 1h4 23.73); 3s2 C.Harrison-Bloomfield (W35) 25.36 (2h1 24.42). 400m: a 4s1 J.Culley 55.68 (3h2 56.07). 3000m: a 3 M.Sharp 10:19.54 60mH: b 2r1 R.King 8.24; 1r2 S.Claxton 8.43. LJ: a 7 M.Knight 5.29.  
 22-23 BUSA Champs., Glasgow.  
 Men. 60m: 2 D.Chin 6.79 (1h3 6.88). 200m: 2 T.Abeyie 22.07 (1h12 23.47, 1s4 22.07). 1500m: 1 R.Ward 3:54.14 (1h3 3:58.72). 60mH: 1 D.Girdler 7.78 (=13 UK all-time, CBP) (1h1 7.99). TJ: 3 S.Majekodunmi 14.28. SP: 2 S.Thompson 15.76.  
 Women. SP: 1 E.Massey 15.80 (CBP).  
 23 USATF New England Champs., Allston, MA USA. 200m: 1r1 C.Lambert 21.40 (35th UK all-time).  
 23 Inter-County Match, Eton. U17M. 60m: 1 W.Bennett-Jackson 7.1 (h 7.0).

#### March 2003

01 Heptagonal Champs., Hanover NH USA. 60m: 1s2 C.Lambert 6.80 (1h1 6.78).  
 01 Virginia Tech Last Chance Meet, Blacksburg, VA USA. Women. 3000m: 1 C.Berry 9:27.69.  
 01 Schools International, Ghent, Belgium. 200m: 2r3 W.Bennett-Jackson 22.58. SP: 1 C.Gearing 18.08.  
 01-02 AAA Champs & World Champs Trials, Birmingham. a=1st, b=2nd.  
 Men. 60m: a 2 D.Chambers 6.59 (1s1 6.63, 1h6 6.71); 4 D.Chin 6.75 (3s2 6.73, 4h2 6.89); dq s2 M.Dickson (4h5 6.82); 4s3 D.Donovan 6.81 (1h3 6.80); 5h1 T.Abeyie 6.95. 200m: b dq h1 T.Abeyie. 800m: b 1 N.Speaight 1:51.99 (a 1h1 1:51.19); 2 C.Moss 1:52.34 (a 1h3 1:51.90). 1500m: b 7 R.Ward 3:48.90. 3000m: a 5 S.Sharp 8:11.05; dnf David Anderson. 60mH: b 1 D.Girdler 7.78 (1h1 7.83); 4h1 N.Levy 8.27. HJ: a 3 B.Challenger 2.16. LJ: b J.Flynn ndr. PV: a 5 P.Williamson 5.00; 6 B.Flint 5.00.  
 Women. 60m: a 2h3 C.Harrison-Bloomfield (W35) 7.57 (dns in semi-final). 200m: a 2 A.Spencer 23.20 (GBR Junior record and age 17 and 18 bests, 3rd UK all-time) (1h1 23.50). 400m: a 4h3 J.Culley 55.73. 60mH: a 1 S.Claxton 8.12 (6th UK all-time) (1h2 8.16); 3 R.King 8.22 (1h1 8.22). SP: 1 E.Massey 16.29.  
 08 uk: athletics Domestic Series No. 2, Manchester. 60m: S1 1 D.Chin 6.86; S2 1 D.Chin 6.91. 800: 3r1 R.Ward 1:51.18. HJ: 1 B.Challenger 2.20.  
 07 Linz, Austria. 60m: 1h1 D.Chambers 6.64. dns in final.  
 14-16 9th IAAF World Indoor Champs., Birmingham. a=14, b=15, c=16  
 Men. 800m: a 4h1 C.Moss 1:50.21. 4x400m: c 3 GBR inc 2nd leg T.Benjamin 46.40 (3h1 b 3rd leg T.Benjamin 46.6).  
 Women. 200m: a 4s3 A.Spencer 23.73 (2h1 23.59). 60mH: b 6h2 S.Claxton 8.33; 6s2 R.King 8.21 (4h4 8.23). 4x400m: c 4 GBR inc. 3rd leg A.Spencer 52.62.  
 15 Surrey Champs., Sutton. TJ: 1 D.Wellstead 13.88. SP: M.Small (2-cl) 13.23.  
 U20M SP: 1 K.Stevens (2-cl) 15.54. SW PV: 2 J.Searle 2.50.

### Maureen Knight piles up the points

As we put together this magazine and type up the results we cannot help but be impressed by the huge contribution made towards our points scores by Maureen Knight. Javelin, shot, hurdles, jumps - the more technical the event the better she seems to perform. Derek Jones has records of who has done what in our women's team going right back to the first days of our women's section. Maybe in our next issue we'll try to bring you a Women's Southern League points table along the lines of the Man's BAL list produced by Bill Laws.



Rex Bale

## January 2001

**01 Serpentine Runners 10 km**, Hyde Park. 4 A.Stewart 32:28; 9 M.Byansi 34:10; 17 P.Smoothy 35:42; 20 W.Cockerell 36:16.

**01 Corrida de Houilles 10 km**, Paris. 1 S.Kipketer (Kenya) 28:31; 6 P.Evans 29:31.

**06 Surrey Cross Country Championships**, Lloyd Park.  
Men. (12km) 1 D.Taylor (HHH) 42:39; 2 K.Nash (Belgrave) 43:07; 3 G.Staines (SLH) 44:25; 21 R.Alsop 47:57; 32 M.Byansi 49:19; 41 E.Lemenger 50:25; 43 L.Catley 50:32; 60 S.Zealey; D.Anderson; 184 started.  
Teams: 1 South London 59; 2 Herne Hill 65; 3 Boxhill 95; 4 Thames Hare & Hounds 170; 5 Belgrave 184; 10 teams closed in.

**U20M. (8km)** 1 E.Prickett (Reigate) 29:35; 2 R.Ward (Belgrave) 31:15.  
**U15B. (4km)** 1 M.Leslie (AFD) 15:43; 28 P.Cowling 19:47; 40 R. Collier 21:54.  
Women. (8km) 1 K.Jenrick (Highgate) 34:13; 10 E.Fogg 37:58; 25 T.Sturton 40:32.

**U20W & U17W. (4.8km)** 1 C Best (Craw, U17) 21:21; 16 (4th U20) D.Hearn 25:53.

**U13G. (3.25km)** 1 D.Christmas (Crawley) 14:11; L.Collier dnf.

**?? Mizuno Fat Choi Race 2001**, Hong Kong, 7.5 km. 1 A.Stewart 23:45.

**07 Tadworth 10 miles**. 1 E.Thomas (South London) 59:24; 209 G.Collins (M60) 1:25:22; 270 D.Davies (M60) 1:33:21; 286 L.Mann (M60) 1:36:04; 322 finished.

**13 "Sweatshop" Men's Surrey CC League Division 1 Race 3**, Wimbledon.  
1 D.Naylor (THH) 27:12; 2 S.Major (SLH) 27:39; 3 J.Lobo (Bel) 27:43; 13 R.McHarg 28:36; 16 R.Hayman 28:43; 24 W.Cockerell 29:34; 28 G.Lavender 29:42; 32 B.Barton 29:52; 35 P.Carstairs 30:03; 46 L.Catley 30:29; 48 M.Webb 30:38; 49 C.Dickinson 30:40; 58 M.Byansi 30:57; 63 P.Smoothy 31:06; 66 E.Lemenager 31:09; 68 M.Kazimierski 31:13; 71 B.Peeters 31:21; 87 S.Zealey 32:22; 96 R.Harding 32:41; 103 S.Connor 33:07; 104 A.Binda 33:11; 107 A.Cowmeadow 33:21; 134 F.Gasper 35:53; 138 H.Corbett 37:21; 140 P.Cross 38:18.  
Teams: 1 Thames H&H 119; 2 Belgrave 273; 3 Herne Hill 273; 4 South London 312; 5 Aldershot F&D 515; 6 Ranelagh 545; 7 West 4 581; 8 Croydon 686; 9 Borough of Hounslow 791.

**U17M/U15B. 1 J.Skilbeck-Nelson** 17:15; 4 P.Graham (U15) 17:41; 6 G.Mabbutt (U15) 18:11; 10 P.Cowling (U15) 19:18; 12 R.Collier (U15) 20:24.  
Teams: 1 Belgrave 135; 2 Croydon 56; 3 Herne Hill 119; 4 Ranelagh 123; 5 Borough of Hounslow 124.

**U13B. 1 P.Humphrey (SLH)** 17:49; 4 A.Graham 20:17; 8 P.Mabbutt 23:39.  
Teams: 1 Croydon 35; 2 Belgrave 96; 3 South London 113; 4 Ranelagh 114; 5 Borough of Hounslow 117.

**13 Women's Surrey CC League Division 1 Race 3**, Lightwater Park.  
1 A.Ridley (Woking) 23:02; 2 A.Fletcher (Dulwich) 23:13; 3 A.Critchlow (W4H) 23:19; 32 D.Hearn 27:31; 44 C.Eastham 31:04.  
Teams: 1 Herne Hill 67; 10 Belgrave 240.

**U15G. 1 L.Mariand (Herc.Wimb)** 12:29; 4 G.Bennett 13:27; 9 S.Comley 14:23; 13 L.Walter 15:08.  
Teams: 1 Ranelagh H 37; 2 Belgrave 54

**U13G. 1 Z.Shannon (Dorking MV)** 9:33; 2 J.Massey (Belgrave) 9:42; 3 L.Hodges (Belgrave) 9:53  
Teams: 1 Dorking Mole Valley 33; 4 Belgrave 85.

**13 Bermuda International 10 km**. 7 P.Freary 31:50.

**14 Fred Hughes Memorial 10 miles**, St. Albans. 1 C.Herrington 53:12.

**14 Bermuda International Half Marathon**. 1 P.Freary 69:36.

**14 Hastings 10 km**. Women. 1 S.Barsosio (Kenya) 33:39; 4 B.Dagne 36:32.

**14 Reebok Cross Challenge 4 km**, Cardiff. 1 M.Miles 13:27; 2 S.Barden 13:29.

**20 South of Thames C.C. Championship**, Roehampton.  
1 R. Ashe (Belgrave) 33:02; 2 A.Weir (Thames H&H) 34:23; 3 B.Reynolds (Thames H&H) 34:34; 12 F.Bernard-Gaudin 36:02; 62 S.Zealey 39:42; 177 finished. Teams: 1 Thames H&H 39; 2 Boxhill R 95; 3 Guildford & G 177; 13 teams closed in.

**27 SEAA Cross Country Champs.**, Parliament Hill.  
Men. 1 N.Francis (Shaftesbury B) 52:13; 2 S.Haughian (Boro Hounslow) 52:14; 3 J.Downes (London Irish) 52:15; 18 P.Freary 55:33; 19 J.Lobo 55:43; 62 P.Carstairs 58:35; 119 M.Byansi 61:11; 125 L.Catley 61:20; 209 M.Kazimierski 64:53; 252 W.Lynch 66:16; 894 finished.  
Teams: 1 Thames H&H 129; 2 Highgate H 181; 3 London Irish 264; 9 Belgrave 547; 73 teams closed in.

**U20M. 1 A.Sherman (Swindon)** 31:21; F.Bernard-Gaudin dnf.; 86 finished.  
**U15B. 1 A.Humphries (Southend)** 18:38; 196 J.Kirton 25:40; 219 R.Collier 27:52; 229 finished.  
Women. 1 H.Yelling (Borough Hounslow) 33:58; 55 Erica Fogg 41:36; 79 T.Sturton 42:52; 151 S.Stracey 46:57; 327 finished.  
**U13G. 1 C.Browning (Aldershot F&D)** 13:24; 68 L.Collier 16:42 171 finished.

## February 2001

**03 "Sweatshop" Men's Surrey CC League Division 1 Race 4**, Coulsdon.  
1 D.Taylor (Herne Hill) 28:09; 2 G.Staines (South London) 28:16; 3 M.Boyle (Herne Hill) 29:32; 23 A.Stewart 30:06; 25 R.Alsop 31:11; 27 P.Carstairs 31:19; 31 S.Clarke 31:32; 43 M.Kazimierski 32:29; 49 M.Webb 32:48; 52 G.Adams 33:05; 55 W.Lynch 33:12; 56 E.Lemenager 33:16; 70 S.Connor 34:06; 74 L.Greatorex 34:32; 114 R.Harding 38:32; 115 H.Corbett 38:59.  
Teams: 1 Thames H&H 194; 2 Herne Hill H 208; 3 South London H 275; 4 Belgrave H 382; 5 Aldershot F&D 447.5; 6 Ranelagh H 527; 7 West 4 H 536; 8 Croydon H 685; 9, Borough of Hounslow 840.5.  
Final league positions: 1 Thames H&H 762; 2 Herne Hill H 1146; 3 Belgrave H 1153; 4 South London H 1166; 5 Aldershot F&D 1909.5; 6 Ranelagh H 2081; 7 West 4 H 2319; 8 Croydon H 2886; 9 Borough of Hounslow 2957.5.

**03 Halifax British Universities 4 km**, Manchester. 3 C.Moss 13:12.

**04 Alsager 5 miles**. 15 L.Hurst 25:01.

**04 PUMA 10 km Classic**, Dewsbury. 11 R.Ward 31:06.  
**10 Inter-Counties & World Cross Country Trials**, Wollaton Park, Nottingham. Men. (12 km) 1 G.Tromans (Coventry Godiva) 38:11; 71 L.Hurst (Belgrave/Gtr.Manchester) 41:51; 311 finished.  
Men. (4 km) 1 S.Barden (Belgrave) 12:25; 2 G.Stewart (Scotland) 12:32; 3 R.Whalley (Midlands) 12:32; 14 K.Nash (Belgrave/Scotland) 12:59; 25 R.Ashe (Harrow/Belgrave) 13:06; 59 finished.  
Women. (4 km) 1 H.Pattinson (North) 14:11; 17 B.Dagne (Belgrave/South) 15:21; 36 finished.  
Boys U15. 1 M.Smart (Middlesex) 15:12; 183 P.Graham (Belgrave/Suffolk) 17:32; 296 finished.  
**U13G. 1 C.Browning (Sussex)** 11:48; 116 L.Collier (Belgrave/Surrey) 13:35; 294 finished.

**11 Nick Beer 10 km**. 1 L.Hurst 32:35.

**17 Women's Surrey CC League Division 1 Race 4**, Lloyd Park, Croydon.  
1 A.Fletcher (Dulwich) 22:46; 22 S.Stracey 26:13; 39 D.Hearn 28:03; 58 C.Eastham 31:13; 60 S.Couzens 31:55; 61 H.Oriba 31:41; 68 finished.  
Teams: 1 South London 45; 2 Herne Hill 54; 3 Ranelagh 95; 9 Belgrave H 189; 10 teams closed in.  
Final league positions. **U13G. 1 Dorking & Mole Valley** 39; 2 Sutton 36; 3 Guildford & Godalming 30; 4 Belgrave H 24; 14 teams took part.  
**U15G. 1 Ranelagh** 31; 2 Hercules Wimbledon 22; 3 Kingston & Poly. 20; 8 Belgrave H; 11 teams took part.  
Women. 1 South London 38; 2 Herne Hill 36; 3 Thames H&H 29; 9 Belgrave 10; 10 teams took part.

**18 St. Peter's Brewery 20 km**, Bungay. 1 P.Evans 62:31 (rec).

**18 26.2 Road Runners 10 km**, West Ewell. Men. 1 A. Stewart 31:48; 2 R.McHarg 32:29; 3 R.Alsop 32:44; A.Binda 36:06. Women. 1 J.Clark 36:53; 2 J.Lawrence 39:46.

**24 National Cross Country Champs.**, Durham.

Men. 1 M.Openshaw (Birchfield H) 36:52; 2 S.Haughian (Boro Hounslow) 36:54; 3 W.Farquharson (Mansfield H & AC) 37:30; 49 L.Hurst 39:43; 56 A.Stewart 39:55; 64 P.Freary 40:04; 147 R.McHarg 41:54; 161 R.Alsop 42:05; 165 W.Cockerell 42:10; 194 N.Hliouat 42:33; 201 M.Byansi (n/s) 42:43; 279 P.Carstairs 43:47; 832 D.Anderson 51:30; 1227 finished.  
Teams (6 to score): 1 Bingley H & AC 162; 2 Tipton H 175; 3 Morpeth H & AC 233; 4 Leeds City 303; 5 Shaftesbury Barnet H 320; 6 Salford H & AC 377; 7 Bedford & County AC 469; 8, Belgrave H 628; 9, Sale H Manchester 704; 10, Altrincham 715; 107 teams closed in.  
(9 to score) 1 Tipton H 362; 2 Morpeth H & AC 657; 3 Salford H & AC 707; 4 Shaftesbury Barnet H 806; 5 Leeds City AC 822; 6 Bedford & County AC 972; 7 Notts AC 1631; 8 Belgrave H 1665; 9 Altrincham AC 1883; 10 London Heathside 2228; 37 teams closed in.  
Women. 1 L.Yelling (Bedford & County AC) 28:08; 113 T.Sturton 35:10; 336 finished.

**U20W. 1 J.Potter (Charnwood)** 18:02; 76 D.Hearn 23:07; 99 finished.

**28 London Colleges League**, Victoria Park, Women's 5.45km. 1 T.Sturton (St.Mary's/Belgrave) 21:27.

## March 2001

**03 University of Nottingham 6x2.9 miles relay**. Fastest M.Miles 12:36.

**04 London Heathside 5 miles**, Finsbury Park. 1 D.O'Brien (Shaftesbury B) 25:32; 4 F.Bernard-Gaudin (U20) 27:31.

**04 Frank Harmer Memorial 10 km**, Brockwell Pk. U20 J.Skilbeck-Nelson 37:47.

**04 Camberley Half-Marathon**. Men. 12 W.Lynch 1:19:59. Women. 2 J.Clark 1:24:54; 3 E.Fogg 1:25:02; 5 J.Lawrence 1:27:38.

**11 Team Solent 5 km**, Southampton. Men. 1 S.Sharp 14:33. Women. 2 M.Sharp 17:12.

**13 London Schools Inter-Borough**, Beckenham Place Park. Girls Year 7 1 J.Massey 19:14. Year 8 1 L.Collier 9:14; 3 L.Hodges 9:34; 6 C.Olawore 10:09.

**14 Peter Purdy Memorial Road Mile**, Littleborough. 1. G.Richards (Salford) 4:13 (record); 2 P.Freary 4:17; 4 R.Hayman 4:23.

**18 FILA Hastings Half-Marathon**. 1 S.Arigo (Kenya) 64:11; 2 P.Evans 64:29.

**18 Wimbledon Premier 10 km**. 1 G.Staines (SLH) 31:11; 14 P.Smoothy 34:28.

**18 Eastleigh B&Q 10 km**. Women. 1 B.Dagne 34:07.

**18 Dronfield 10 km**. 1 L.Hurst 32:27.

**24-25 World Cross Country Champs.**, Ostend.  
12 km (25th). 1 M.Mourhit (Belgium) 39:53; 103 A.Hutchinson (Canada/Belgrave) 44:39; 159 finished.  
4 km (24th). 1 E.Koech (Kenya) 12:40; 27 S.Barden (GB/Belgrave) 13:25; 130 M.Miles (GB/Belgrave) 30:58; 155 finished.

**25 Druck Bath 5 km**. 1 C.Thompson (Aldershot F&D) 14:13; 30 R.Alsop 15:26; 40 F.Bernard-Gaudin 15:47. Women: 1 B.Dagne 16:41.

**30 Serpentine 5 km**, Hyde Park. 1 M.Boucher (AFD) 16:20; 2 P.Carstairs (M40) 16:27.

## April 2001

**01 Fila Breakfast Run 13.5 miles**, Kingston on Thames. Women 1 J.Clark 1:26:26.

**08 SEAA Men's 12-Stage & Women's 6-Stage Road Relays**, Milton Keynes. Women's 6 Stage Race. 1 Shaftesbury Barnet 1:59:55; 2 WSE&H 2:02:35; 3 Highgate 2:04:38; 20 Belgrave 2:28:59. 25 teams started; 21 teams finished.  
T.Sturton 21:40, J.Smiter 29:13, J.Clarke 19:56, J.Emery 27:48, C.Eastham 26:20, D.Hearn 24:02.  
Fastest: H.Yelling (WSE&H) 18:20; C.Hoyte (Arena 80) 18:34; S.Miles (Hillingdon) 19:00.  
Men's 12 Stage Race. 1 WSE&H 4:12:00; 2 Shaftesbury Barnet H 4:13:26; 3

Belgrave 'A' 4:16:21; 4 Bedford & County 4:17:30; 5 Thames Hare & Hounds 4:22:37; 6 Aldershot F&D AC 4:22:42; 7 Brighton & Hove AC 4:25:32; 8 Phoenix AC 4:26:27; 9 Cornwall AC 4:33:11; 10 Exeter H 4:32:56; 31 Belgrave 'B' 4:46:42 (2nd 'B' team to WSE&H - 28th); 54 teams started and 44 finished.

A - R. Alsop (11) 25:03; N.Hliouat (4) 17:15; K.Nash (3) 25:16; R.Hayman (2) 17:31; R.McHarg (3) 25:43; K.Quinn (4) 18:07; R.Ward (4) 25:13; S.Clarke (4) 17:25; P.Freary (4) 24:34; F.Bernard-Gaudin (4) 17:41; A.Stewart (3) 24:44; W.Cockerell (3) 17:49.

B - M.Webb (42) 27:29; S.Connor (42) ; C.Dickinson (37) 27:06; B.Peeters (36) 19:14; P.Carstairs (34) 26:50; H.Corbett (37) 21:29; S.Paton (38) 28:59; A.Binda (36) 19:20; M.Kazimierski (35) 27:15; S.Zealey (34) 20:13; 33 W.Lynch (33) 28:27; Don Anderson M45 (31) 20:42.

C - M.Byansi (29) 26:30; M.Anderson (34) 19:32; R.Bale (49) 33:31.

Fastest long stages: S.Haughian (WSE&H) 23:43; N.Francis (Shaftesbury Barnet) 23:56; J.Fitzsimmons (Shaftesbury Barnet) 24:04. Fastest short stages: K.Cullen (Chelmsford) 15:49; G.Amos (City of Norwich) 16:09; D.Brian (Shaftesbury Barnet) 16:40.

**08 Thames Towpath 10 miles.** 1 G.MacFadyen (Ranelagh) 54:11; 5 P.Smoothy 57:08; 58 M.Yates 1:06:25; 269 G.Collins (M60) 1:20:18; 452 L.Mann (M60) 1:32:20; 562 finished.

**14 Balmoral Road Races, Tesco Italiano** 4 km. 1 J.Mayock (Barnsley) 11:02; 5 M.Miles 11:21.

**16 Victoria Park 5 miles.** 1 D.Mitchinson (Newham & Essex Bgls) 24:36; 16 P.Carstairs 27:03; 232 finished.

**16 Widnes to Hale 5 miles.** 1 P.Freary 25:36; 2 R.Hayman 26:02.

**22 Flora London Marathon.** Men. 60 W.Cockerell 2:32:27; 95 M.Byansi 2:36:25; 116 M.Kazimierski 2:37:48; 262 W.Lynch 2:45:02; J.Browne 2:53:31; S.Paton 3:25:01; J.Estell (M40) 3:35:43; F.Gander (M65) 3:39:35; T.Hadingham 4:03:36; D. McMillan (M50) 4:54:34; L.Mann (M60) 5:11:38. Team: 1 Morpeth H 9:44:25; 6 Belgrave H 10:46:56.

Women. 35 J.Clark 2:54:27 (9th W35); J.Hadingham 4:30:36

**27 Serpentine 5 km, Hyde Park.** M70 A.Bruce 24:32. Women. 1 E.Rest (Serp) 17:27; 2 M.Sharp 17:44.

**28 AAA 12-Stage Road Relay, Sutton Coldfield.**

1 Tipton 4:10:27; 2 Belgrave 4:10:33; 3 Salford 4:12:34; 4 Birchfield 4:12:48; 5 Sale 4:14:53; 6 Shaftesbury 4:15:38; 7 Swansea 4:15:57; 8 Bingley 4:17:09; 9 Morpeth 4:18:31; 10 Windsor SE&H 4:18:51.

K.Tadesse (35) 28:06; R.Ward (20) 14:40; P.Freary (10) 26:38; R.Hayman (9) 15:17; J.Chaston (7) 26:22; K.Nash (4) 14:42; M.Miles (1) 25:45; R.Alsop (1) 15:06; S.Barden (1) 26:20; R.McHarg (1) 15:14; A.Stewart (1) 27:11; L.Hurst (2) 15:12.

Fastest of the day.

Long stages: 1 M.Miles (Belgrave) 25:45; 2 J.Lewis (Swansea) 25:50; 3 R.Gould (Trafford) 25:52; 4 I.Hudspith (Morpeth) 25:55; 5 R.Birchall (Birchfield) 25:56; 6 J.Wild (Sale) 25:58.

Short stages: 1 C.Davies (Telford) 14:03; 2 J.Moorhouse (Birchfield) 14:15; 3 J.Bowler (Bromsgrove & Redditch) 14:17; 4 G.Cuddy (Sale) 14:30; 5 D.Gibbons (Tipton) 14:31; 6 K.Kyereme (Shaftesbury) 14:34.

#### May 2001

**06 Sutton Runners 10 km.** 312 L.Mann (M60) 52:44; 373 H.Morris (M65) 57:43; 416 finished.

**07 Ted Pepper 10 km.** 1 S.McDonald (Blackheath) 33:53; 7 P.Carstairs (M40) time not known.

**07 Hercules Wimbledon AC Barry Jones 10 km, Wimbledon Park.** 1 R.Alsop 32:18.

**10 LARA 5 km, Morden Park.** 1 V.Maughan (HHH) 16:08; 10 S.Zealey 17:47; 92 L.Mann (M60) 25:12; 102 finished.

**12 National Veterans Road Relays, Sutton Park, Sutton Coldfield.** M50 6x3 miles. Fastest J.Bell (Elswick) 15:49; 2 C.Dickinson 15:50 (Belgrave's only runner).

**13 Coombe Hill 5 miles, Kingston.** 1 P.Evans 24:08. Women. 1 M.Bailey (Havant) 31:33; 2 T.Sturton 32:57.

**14 Sri Chinmoy 2 miles, Battersea Park.** M60. G.Collins 13:51.

**15 Insurance AA 4x2.5 miles Relay.** Fastest: 1 S. Major (SLH) 12:09; 3 A.Binda 13:59.

**19 St. Cloud, Paris 10 km.** 3 K.Tadesse 29:16.

**20 Britannic Asset Management Women's 10 km.** 1 L.Kiplagat (Kenya) 31:53; 9 B.Dagne 34:29.

**21 Sri Chinmoy 2 miles, Battersea Park.** 1 R.Alsop 9:38.

**26 Ogden Newspapers 20 km Classic, Wheeling, Pittsburgh, Pennsylvania, USA.** 12 P.Evans (M40) 64:05.

**27 Plymouth Half-Marathon.** 6 R.Alsop 1:11:46.

#### June 2001

? **City of London 3.9 miles.** 13 P.Carstairs 19:19.

**03 Dorking 10 miles.** 1 S.Major (South London) 52:33; 306 L.Mann (M60) tkn.

**03 Blackpool Marathon.** 2 G.Lavender 2:40:57.

**04 Sri Chinmoy 2 miles, Battersea Park.** M60. 1 C.Cross 14:25.

**06 D-Day 10 km, Portsmouth.** 1 M.Twomey (Soton R) 33:12; 4 L.Catley 34:07.

**09 Nike Blydton 5.7 miles.** 1 J.Kimutai (Kenya) 26:51; 11 K.Tadesse 28:01; 15 G.Wolde 28:35.

**12 VAC 5.2 miles, Battersea Park.** 1 T.O'Neill (VPH) 30:44; 3 M.Nouch (M45) 31:17.

**13 Horwich RMI Uphill 1 mile.** 1 P.Freary 6:01.

**17 National Counties BS 10 km, Epsom.** Women. 1 S.O'Sullivan (Thames H&H) 33:41; 2 G.Tamirat 36:15; 4 T.Sturton 39:03.

**20 Times & Citizen 5 km, Bedford Park.** 1 C.Herrington 16:02.

**24 Dysart Dash 10 km.** M40. 5 A.Binda (M45) 35:55. Women. 8 R.Weston 40:21.

**24 Dunstable 10 km.** 1 C.Herrington 33:13.

**29 Serpentine 5 km, Hyde Park.** 1 I.Edmonds (unatt.) 16:15; 4 G.Lavender 16:55; 9 J.Skilbeck-Nelson 17:09.

#### July 2001

**01 Carlton 10 km, Southwark.** 1 G.Tromans (Coventry) 29:34; 4 K.Tadesse 30:43; J.Galley 34:33.

**02 Sri Chinmoy 5 km, Battersea Park.** 1 E.Malloch (Shaftesbury B) 14:57; 6 M.Kazimierski 16:02; M60 A.Verdie 19:34.

**05 Nonsuch Park 4 x 2.2 miles Relays.** 1 Belgrave H 44:17; 2 Epsom & Ewell H 45:50; 3 Sutton Runners 48:06; 11 Belgrave H 'B' 52:23; 41 teams finished.

A - W.Cockerell (3) 11:09; J.Galley (1) 10:56; S.Kennefick (1) 10:34; A.Stewart (1) 11:38.

B - W.Lynch (4) 11:45; A.Binda (M40) (4) 11:58; A.Black (M60) (10) 16:14; W.Cockerell (10) 12:26.

Fastest: 1 S.Kennefick; 2 J.Galley.

**07 Sri Chinmoy Half Marathon, Battersea Park.** 1 R.Bentley (Wessex RR) 72:41; 3 M.Kazimierski 75:18.

**07 Croyd Colorectal Cancer Charity 10 km.** Women: 1 G.Tamirat 36:34 (5th overall); 149 finished.

**08 Boilermakers 15 km, Utica, USA.** 1 J.Korir (Kenya) 42:56; 19 P.Evans (M40) 45:27.

**09 Sri Chinmoy 2 miles, Battersea Park.** M60 2 A.Verdie 12:15.

**12 JP Morgan Corporate Challenge 5.5 km, Battersea Park.** 1, H.Lobb (Bedford) 16:57; 13, C.Herrington 17:51; approx 13,200 finished.

**16 Lord Mayor's City Centre 5 km, Norwich.** 1 B.Noad (Bristol) 14:27; 2 P.Evans (M40) 14:37.

**17 VAC 5.2 miles, Battersea Park.** 16 G.Collins (M60) 39:14; 21 L.Mann (M60) 42:36.

**18 Horwich RMI 4 miles, Rivington.** 1 M.Hill (Tipton) 20:39; 3 P.Freary 21:14.

**19 Winchester City Centre 5 km.** 1 A.Morgan-Lee (Salford) 14:41; 6 L.Catley 15:36.

**22 British Open 10 km, Westminster.** 1 D.Kiprugut (Kenya) 29:08; 5 K.Tadesse 30:18; 18 M.Kazimierski 34:04; 26 S.Nelson 34:48; 31 M.Byansi 35:13.

**22 Milton Keynes Half-Marathon.** 1 C.Herrington 71:48.

**23 Sri Chinmoy 3 km, Battersea Park.** 1 E.Malloch (Shaftesbury Barnet) 8:49; 6 M.Kazimierski 9:35.

**25 Times & Citizen 5 km, Bedford Park.** 1 C.Herrington 15:41.

**27 Wedding Day 7 km, Bushey Park.** 1 S.Haughian (WSE&H) 21:32; 17 P.Carstairs (3rd M40) 24:56; 305 L.Mann (M60) 35:32; 596 finished.

**28 Sri Chinmoy 10 km, Battersea Park.** 1 A.Irving (unatt.) 33:04; 6 M.Kazimierski 35:02. Women. 1 J.Lodge (WSE&H) 35:40; 2 A.Walker 40:46.

#### August 2001

**04 Beach to Beacon 10 km, Cape Elizabeth ME USA.** 24 P.Evans (M40) 32:04.

**06 Sri Chinmoy 2 miles.** 1 T.Beer (Thames H&H) 8:57; 6 M.Anderson 10:43.

**11 Governor's Bay to Lyttleton 10 km, Christchurch, New Zealand.** 4 P.Coughlan 32:58.

**12 Falmouth, USA, 7.1 miles.** 34 P.Evans (5th M40) 35:44.

**12 Surrey 5 km, Wimbledon.** Men 1 D.Naylor (Thames H&H) 15:03; 4 R.Alsop (3rd Surrey) 15:26; 78 R.Bale (M50) 20:53; 109 C.Henn (M70) 23:50. Women 1 J.Ray (Dorking MV) 17:59; 3 R.Weston 18:26; 5 T.Sturton 19:10; 18 C.Eastham 21:24. Teams: 1 Belgrave H 18; 2 Ranelagh 22; 3 Sutton R 26.

**12 Bearbrook Nestle 10 km inc. Bucks Champs., Aylesbury.** 1 C.Herrington 32:42.

**14 VAC 5.2 miles, Battersea Park.** M60. 1 G.Collins 37:54.

**17 Times & Citizen 5 km, Bedford Park.** 1 C.Herrington 15:49. Overall position in series (age graded) 2 C.Herrington 244 pts.

**19 Great Scottish Run Half Marathon inc. UK Champs.** 1 A.Chipu (S.Africa) 63:23; 2 K.Tadesse (1st UK) 64:04. Women 1 J.Chepchumba (Kenya) 69:15; 8 B.Dagne (3rd UK) 73:53; 15 G.Tamirat 76:04.

**25 BVAF 5 km Champs., Milton Keynes.** M40. 1 M.Boyle (HHH) 15:09; 19 P.Carstairs 16:32; 67 finished. M50. 1 P.Hyde (Altrincham) 16:31; 3 C.Dickinson 16:42; 52 finished.

**26 Bishop Auckland 10 km.** 1, G.Okwo (Kenya) 28:49; 9 K.Tadesse 30:24; 553 finished. Women. 1 L.Elliott (Shaftesbury B) 33:53; 3 B.Dagne 34:20.

**26 Provincial 10 km Champs., Canterbury, New Zealand.** 10 P.Coughlan 33:45.

#### September 2001

**02 Sam 7, Leatherhead.** Women. 1 J.Clark (W35) 44:19.

**08 Surrey County AA Road Relays, Wimbledon Park.**

Men's 6 x 3 miles. 1 South London H 1:28:13; 2 Belgrave 1:28:48; 3 Boxhill Runners 1:31:00; 4 Reigate Priory AC 1:31:13; 5 Belgrave B 1:33:20; 20 teams started and 16 finished.

A - J.Browne (6) 15:13; K.Quinn (5) 15:04; A.Stewart (3) 14:02; L.Catley (2) 14:49; W.Cockerell (2) 14:57; R.Alsop (2) 14:43.

B - J.Wolf (4) 14:48; K.Hegveld (4) 14:59; G.Lavender (4) 15:09; W.Lynch (5) 16:25; M.Byansi (5) 15:43; G.Lavender (5) 16:15.

Fastest: L.Matthews (TH&H n/s) 13:44; A.Stewart (Belgrave) 14:02; G.Staines (SLH) 14:08; P.Haywood (Boxhill) 14:10; A.Moses (Reigate) 14:11; J.Simpson (SLH) 14:12.

Veterans M40 - C.Dickinson M50 (3) 15:45; H.Corbett (5) 18:29; Don Anderson M45 (5) 18:55; no 4th runner.

Women's 4 x 3 miles. 1 South London H 1:12:23; 2 Ranelagh 1:15:10; 3 Dorking & MV 1:15:52; 6 Belgrave H 1:21:45; 13 teams started and 10 finished.

T.Sturton (4) 18:09; K.Dillane W35 (3) 19:56; J.Smifer (7) 23:16; C.Eastham (6)

20:24.  
 Fastest J Ray (Dorking & MV) 17:26; S.Young (Dorking & MV) 17:30; P.Major (SLH) 17:40.  
**09 Castle Point Joggers 10 km.** 1 A.Humphries (Southend) 35:37; 7 G.Axe (M40) 38:02.  
**09 National 10 km,** Cheltenham. Men. 1 J.Kibet (Kenya) 28:36; 7 K.Tadesse 29:22; 8 P.Evans (M40) 29:25. Women. 1 M.Rodica (France) 32:40; 5 B.Dagne 33:38; 22 G.Tamirat 36:43; 68 T.Sturton 40:43; 99 K.Dillane (W35) 44:33.  
**10 Sri Chinmoy 2 miles,** Battersea Park. 1 E.Malloch (Shaftesbury B) 9:40; 4 R.Foley 10:20; 5 S.Nelson 10:26.  
**11 Lauriston Lunchtime League 6 miles.** 2 J.Mather (M45) 37:06.  
**12 National Police Champs. 6.75 miles CC,** Southampton. 1 S.Cairns (Lothian) 36:54; 6 R.McHarg 38:44.  
**15 Great North Run Road mile.** 1 V.Shabunin (Russia) 4:04; 6 Andy Graffin 4:07.  
**16 Victoria Park 10 km.** 1 S.Whelan (London F) 31:50; 2 L.Catley 32:16.  
**16 Wimbledon Premier 10 km.** 1 T.James (RSA/Shaftesbury B) 31:50; 3 R.Foley 34:08.  
**16 Great North Run Half Marathon,** Newcastle to South Shields. 1 P.Tergat (Kenya) 1:00:30; 5 P.Evans (1st UK and M40) 1:03:15; 61 C.Herrington 1:13:45; 111 S.Nelson 1:17:20.  
**23 Cabbage Patch 10 miles,** Twickenham. 1 S.Haughian (Windsor SE&H) 49:30; 4 K.Hegveld (M40) 53:20.  
**23 Swansea Bay 10 km.** Women 1 M.Wangari (Tipton/Kenya) 33:36; 5 B.Dagne 34:21.  
**29 SEAA Men's 6 x 6km Road Relay,** Rushmoor Arena, nr. Aldershot. 1 Windsor SE&H 1:49:52; 2 Newham & Essex Beagles 1:51:57; 3 Belgrave H 1:52:32; 4 Thames H&H 1:53:18; 5 Aldershot F&D 1:54:43; 6 Shaftesbury Barnet H 1:55:11; 17 Belgrave 'B' 2:01:06.  
 A - L.Hurst (9) 18:38; P.Freary (2) 18:25; R.Alsop (2) 19:16; S.Sharp (3) 18:21; S.Kennefick (3) 19:20; A.Stewart (3) 18:32.  
 B - K.Quinn 20:56; M.Byansi 21:14; L.Catley 19:42; W.Cockerell 19:24; K.Hegveld 19:32; J.Browne 20:18.  
 C - J.Blackledge 19:35; P.Carstairs 21:49; R.Foley 20:38; M.Webb 20:39; Don Anderson (M45) 24:04.  
 Fastest: M.Farah (Windsor SE&H) 17:28; S.Haughian (Windsor SE&H) 17:47.  
**30 SEAA Women's 4 Stage Road Relay,** Rushmoor Arena, nr. Aldershot. 1 Bedford & County; 2 Windsor SE&H; 3 Shaftesbury Barnet H. G Tamirat (6) 13:28; A.Hegveld (7) 14:41; C.Eastham (13) 16:55.  
**30 Windsor Half Marathon.** 1 P.Edukan (Kenya) 67:51; 10 G.Lavender 75:28; 32 L.Greatorex 79:17. Teams: 1 Handy Cross Runners 111; 2 Belgrave H 253. Women. 1 M.Wangari (Kenya) 78:37; 10 A.Walker 88:19.  
**30 Butser Hill Race.** 1 A.Vernon (Stubbington) 32:05; 3 R.Foley 32:31.

**October 2001**

**06 Belgrave 3 miles Yacht Handicap,** Wimbledon. 1 R.Bale M50 34:45 (14:20) 20:25; 2 G.Collins M60 36:06 (13:45) 22:21; 3 M.Lesley M40 36:31 (13:30) 23:01; 4 S.Zealey 36:38 (19:00) 17:38; 5 C.Manning M70 36:40 (0:00) 36:40; 6 M.Nouch M40 36:51 (19:00) 17:51; 7 C.Eastham SW 36:54 (15:30) 21:24; 8 P.Ward gst 36:56 (13:45) 23:11; 9 S.Connor 37:06 (19:30) 17:36; 10 D.McMillan M50 37:44 (17:00) 20:44; 11 N.Mills W50 38:02 (14:20) 23:42; 12 Don Anderson M45 38:04 (18:30) 19:34; 13 L.Collier U15G 38:18 (17:00) 21:18; 14 D.Davies M65 38:34 (13:30) 25:04; 15 A.Stone M60 40:50 (13:30) 27:20; 16 J.Smiter SW 42:10 (13:30) 28:40.  
**06 BVAF CC Champs.,** Swansea. M40. 1 J.Critchlow (Watford) 36:28; 48 P.Carstairs 42:00. M50. 1 G.Tuck (IoW) 39:51; 4 C.Dickinson 40:26.  
**07 Burnley Fire Station 7 miles.** 1 P.Freary 36:23.  
**07 Dulwich 10 km.** 8 W.Lynch 35:27; 9 M.Kazimierski 35:59.  
**07 World Half Marathon Champs.,** Bristol. Men. 1 H.Gebrselassie (Ethiopia) 1:00:03; 75 K.Tadesse 1:05:39; 125 started, 117 finished. Women. 1 P.Radcliffe (GB&N) 1:06:47; B.Dagne dnf (came out at 9km).  
**07 Biddenham River Run multi-terrain 10 km.** 1 C.Herrington 34:20.  
**07 Chicago Marathon.** 1 B.Kimondi (Kenya) 2:08:52; 23 P.Evans (1st M40) 2:18:35.  
**13 "Sweatshop" Men's Surrey CC League Division 1 Race 1,** Brockwell Park. 1 D.Taylor (HHH) 23:44; 2 L.Hurst (Belgrave) 24:00; 3 S.Major (SLH) 24:10; 5 S.Sharp 24:19; 12 K.Hegveld (M40) 24:58; 13 A.Stewart 25:01; 16 C.Herrington 25:07; 20 S.Kennefick 25:32; 21 W.Cockerell 25:33; 23 R.Alsop 25:41; 31 N.Hliouat 26:15; 34 J.Browne 26:27; 45 K.Quinn 26:53; 60 L.Greatorex 27:48; 62 M.Kazimierski 27:55; 65 P.Carstairs (M40) 28:06; 67 W.Lynch 28:11; 76 M.Anderson 28:30; 79 S.Connor 28:41; 83 R.Harding 29:02; 105 J.Skilbeck-Nelson (U20) 30:49; 121 A.Jowett 32:33; 125 J.Murray 33:15; 129 H.Corbett (M40) 33:39; 133 R.Bale (M50) 34:27; 143 finished.  
 Teams: 1 Belgrave 175; 2 Thames H&H 195; 3 Herne Hill H 346; 4 Reigate Priory 452; 5 Ranelagh 460; 6 West 4 546; 7 Aldershot F&D 609; 8 South London H 609; 9 Boxhill R 703.  
 U17M/U15M. 1 J.Blackledge (Belgrave U17) 12:41; 6 M.Jiggins (U15) 14:10; 7 P.Graham (U17) 14:11; 13 P.Cowling (U15) 15:22; 15 W.Bayley (U17) 15:53; 16 E.Rimdap (U15) 15:58; 21 R.Collier (U15) 17:04.  
 Teams: 1 South London H 36; 2 Belgrave H 40; 3 Herne Hill H 59.  
 U13B. 1 P.Humphrey (South London) 14:26; 2 L.Shettle 15:27; 5 C.Taylor 17:02; 6 P.Mabbutt 17:28.  
 Teams: 1 Belgrave H 63; 2 South London H 82; 3 Herne Hill H 110.  
**13 Women's Surrey CC League Division 2 Race 1,** Wimbledon Common. G.Tamirat (Belgrave n/s) 21:46; 1 M.Sharp (Belgrave) 23:26; 2 A.Hegveld (W35 Belgrave) 23:35; 4 T.Sturton 24:42; 5 R.Weston 24:54; 9 S.Stracey 25:05; 27 K.Dillane (W35) 27:57; 49 C.Eastham 30:01; 58 N.Mills (W55) 31:14; 67 S.Howard 32:34; 84 J.Poloni 38:22.

Teams: 1 Belgrave H 21 (15 league points); 2 Stragglers 61 (14); 3 Wimbledon Windmilers 82 (13).  
 U13/U15 Girls. 1 M.Knespl (Herc.W 14.19; 2 J.Goodwin (CH) 14.35; 3 A.Beverley Ranelagh 14.37; 13 C.Olawore 15.26 (6th U15); 21 B.Cobden-Ramsay 15.49 (11th U15); 22 K.Burns 15.51 (11th U13); 39 E.Collins 17.38 (22nd U13); dnf L.Collier.  
 Teams: 1 Sutton & District 47 (13); 2 Hercules Wimbledon 57 (12); 3 Guildford & Godalming 64 (11); 4 Ranelagh 67 (10); 5 Belgrave 90 (9).  
**13 Red Rose League,** Bury. 1 J.Hodgson (Horwich) 33:15; 2 R.Hayman 33:18.  
**14 Kingston Festival of Running.** Half Marathon: 127 M.Byansi 1.36.45; 319 D.McMillan (M50) 1.48.17; 334 C.Henn (M70) 1.49:17. 16 miles: 23 J.Clark (W35) 1:51:53 (2nd woman); 109 F.Riach (M50) 2:07:50. 8 miles: 254 L.Mann (M60) 1:10:07.  
**14 Great South Run 10 miles,** Portsmouth. 1 K.Skah (Morocco) 46:17; 8 K.Tadesse 48:32; 25 L.Catley 54:02; 218 M.Yates 64:15.  
**20 California Collegiate 8 km CC,** La Jolla, California, USA. 1 D.Braund (Chico State) 25:57; 21 B.Poore (UC Davis/Belgrave) 27:04.  
**20 Surrey County Veteran's Champs.,** Petersham. M60. 4 F.Gander 46:06. M65. 3 M.Newton 49:19. M60 Teams: 1 Ranelagh H 10; 2 Belgrave H 14; 3 Lingfield R 22.  
**20 Reebok Cross Challenge,** Sefton Park., Liverpool. Men. 1 D.Bannister (Shaftesbury B) 25:24; 5 S.Barden 26:12; 6 David Anderson 26:20; 50 D.Watson (U20) 28:53. U17 Men: 1 T.Lancashire (Bolton) 16:42; 3 J.Blackledge 16:59; 8 W.Docherty 17:24.  
**21 Bradford 10 km.** 1 B.Dagne 34:46.  
**21 Green Drive 5 miles,** Lytham St. Annes. 1 P.Freary 24:44.  
**21 Ronhill LARA Surrey Classic 10 km,** Nonsuch Park. 1 I.Johnson (Stragglers) 32:49; 5 M.Webb 34:55.  
**24 London Colleges League Women's 2.5 miles CC.** 1 J.Wright (St. Mary's) 16:18; 2 T.Sturton (St. Mary's/Belgrave) 16:28.  
**24 Old Sarum Challenge,** Salisbury. 1 E.Fogg 32:41.  
**26 Heptagonal 8 km CC Champs.,** New York, USA. 1 T.McArdle (Dartmouth) 24:45; 23 A.McLean-Foreman (Harvard/Belgrave) 25:52.  
**26 Serpentine 5 km,** Hyde Park. 1 P.Stuart Smith (USA) 16:22; 5 P.Carstairs 16:49 (M40).  
**27 Men's AAA 6-Stage Road Relay,** Sutton Coldfield. 1 Belgrave H 1:45:28; 2 Windsor, Slough, Eton & Hounslow 1:45:32; 3 Cardiff AAC 1:46:31; 4 Newham & Essex Beagles 1:47:04; 5 Birchfield H 1:47:11; 6 Salford H 1:47:29; 7 Morpeth H 1:47:48; 8 Blackheath H 1:47:50; 9 Bingley H 1:48:24; 10 Aldershot F&D AC 1:49:14.  
 L.Hurst (12t 17:49; P.Freary (2) 17:30; S.Sharp (1) 17:26; K.Tadesse (1) 17:28; A.Stewart (1) 17:46; S.Barden (1) 17:29.  
 Fastest of the day. 1 S.Haughian (Windsor SE&H) 16:54; 2 M.Farah (Windsor SE&H) 16:58; =3 C.Thompson (Aldershot F&D AC) & I.Hudspith (Morpeth H) 17:02; =10 S.Sharp (Belgrave H).  
**27 Women's AAA 4-Stage Road Relay,** Sutton Coldfield. 1 Charnwood AC 58:44; 2 Bedford & County AC 59:26; 3 Bristol AC 1:00:14; 4 Liverpool H 1:00:17; 5 Shaftesbury Barnet H 1:00:25; 6 Birchfield H 1:00:30; 7 Belgrave H 1:01:32; 8 Wakefield H 1:01:36; 9 Tipton H 1:01:49; 10 Swansea H 1:02:06.  
 A - B.Dagne (4) 14:34; J.Clark W35 (6) 15:40; M.Sharp (6) 15:29; A.Hegveld W35 (7) 15:49  
 B - G.Tamirat (9) 14:56; 30 S.Stracey (30) 16:55; T.Sturton (25) 16:48  
 Fastest of the day. 1 H.Pattinson (Preston H) 13:59; 2 T.Kryzwicki (Charnwood) 14:03; 3 A.Allen (Birchfield) 14:04.  
**27 Houston 5 km.** 1 J.Chaston 14:35.  
**27 VAC CC,** Wimbledon. 1 Gre. Tuck (IoW) 32:06; 7 M.Nouch (M45) 35:32.  
**28 Puma Stroud Half-Marathon.** Women. 1 A.Green (Dartford) 1:13:56; 12 J.Lawrence 1:28:20.

**November 2001**

**03 Reigate Priory 6 x 2.5 miles Cross Country Relay,** Reigate Priory Park 1 Herne Hill H 1:22:14; 2 Belgrave H 1:24:19; 3 Brighton & Hove AC 1:25:45; 33 teams started; 30 finished.  
 A - J.Wolf 13:56; R.Alsop 13:35; C.Herrington 13:48; R.McHarg 14:02; L.Greatorex 15:01; W.Cockerell 13:57.  
 B - A.Jones 14:21; M.Handle 13:53; D.Kelleher 15:51; K.Quinn 14:27; S.Connor 15:24; W.Lynch 15:50.  
 C - W.Lynch 15:22; S.Zealey 15:34; Don Anderson (M45) 18:03 (delayed start); H.Corbett (M45) 18:10; R.Bale (M50) 18:29.  
 Fastest. D.Taylor (HHH) 12:52; A.Moses (Reigate Priory) 13:11; M.Buss (Brighton & Hove) 13:34.  
**03 Heaton Harriers First Sport Memorial 5 miles,** Wallsend. 1 M.Openshaw (Birchfield) 24:33; 4 V.Wilson 26:20.  
**03 Reebok Cross Challenge,** Senneleys Park, Birmingham. Men. 1 S.Haughian (Windsor SE&H) 33:15; 19 C.Watson (U20) 35:29; 62 D.Watson (U20) 37:23. U17 Men: 1 T.Humphries (Cannock & Staffs) 18:53; 5 W.Docherty 19:14; 6 J.Blackledge 19:19; 7 D.Mallin 19:23; 79 finished. Teams: 1 Belgrave H 18; 2 Cannock & Stafford 31; 3 City of Stoke 78.  
**04 Salisbury Fireman's Half Marathon.** 1 S.Lunn (Woodstock) 73:35; 2 L.Catley 77:31.  
**04 Cross Cup of Flanders,** Ghent, Belgium, (9380m). 1 S.Power (Ireland) 28:42; 20 David Anderson 30:18.  
**07 London Colleges League,** Richmond Park. Women's 2.7 miles: 1 T.Sturton 17:12.  
**10 NCAA North East Regional 10 km CC Champs.,** Boston Mass., USA. 1 D.Wilson (Connecticut) 29:44; 13 A.McLean-Foreman (Harvard/Belgrave) 30:30.  
**10 South of Thames "Junior" 5 miles Cross Country,** Farthing Downs,

## Coulston.

Men. 1 S.Kennefick (Belgrave) 29:14; 2 P.Haarer (Ranelagh) 29:20; 3 I.Munt (Herne Hill) 29:31; 7 J.Blackledge (1st U20) 30:04; 16 A.Jones 31:01; 45 W.Lynch 31:31; 61 L.Greatorex 33:26; 89 D.Anderson 35:27; 162 finished.  
Teams: 1 Ranelagh 35; 2 Herne Hill 46; 3 Kent 49; 4 Belgrave 69; 30 teams finished.

Women. 1 J.Butler (Blackheath) 33:31; 2 C.Pauzers (Herne Hill) 34:19; 3 F.Clark (Crawley) 34:47; 7 T.Sturton 37:20; 30 finished.

**10 Veteran's Home Countries International**, Falkirk. M50. 1 P.O'Shea (Ireland) 33:06; 9 C.Dickinson 33:29.

**11 NYRR Cross Country Champs.**, New York. 1 A.Gunther 15:48; 10 M.Chaston 16:49.

**11 Lasswade Open Races**, Bonnyrigg. U17 3 miles 1 D.Mallin 21:02.

**17 Surrey Women's CC League Division 2 Race 2**, Tilford  
1 A.Hegveld (Belgrave W35) 20:07; 3 M.Heaton (n/s) 21:05; 5 N.Neal 21:24; 9 T.Sturton 21:56; 16 V.Goodwin 23:37; 35 F.Eagle 25:45; 54 N.Mills (W55) 27:17; 74 D.Hopkins 31:24.

Teams: 1 Stragglers 58; 2 Belgrave H 62; 3 Reigate Priory 264.

U20W. 1 J.Gardner (Guildford & Godalming) 18:48; 9 D.Hearn 21:32.

U15G. 1 L.Collier 12.35; 13 C.Olawore 13.26; 16 L.Hodges 13.35; 25 K.Burns (U13) 14.08; 39 C.Hopkins 15.23.

Teams: 1 Dorking 48; 2 Guildford & Godalming 50; 3 Belgrave H 55.

**17 "Sweatshop" Men's Surrey CC League Division 1 Race 2**, Wimbledon Common.

1 D.Taylor (Herne Hill) 26:06; 2 S.Sharp (Belgrave) 26:34; 3 G.Staines (South London) 26:45; 8 K.Hegveld (M40) 27:39; 13 S.Kennefick 27:58; 14 R.Alsop 28:00; 16 W.Cockerell 28:09; 27 J.Wolf 28:41; 28 G.Lavender 28:47; 36 K.Quinn 29:03; 39 A.Jones 29:10; 52 L.Catley 29:46; 56 M.Byansi 29:56; 57 P.Carstairs (M40) 29:57; 66 W.Lynch 30:18; 73 L.Greatorex 30:37; 76 M.Webb 30:42; 86 M.Anderson 31:14; 87 J.Skilbeck-Nelson (U20) 31:14; 88 S.Connor 31:16; 92 S.Zealey 31:27; 136 R.Harding 33:48; 142 R.Marcus 34:22; 155 H.Corbett (M40) 35:10; 161 J.Murray 36:36; 169 finished.

Teams: 1 Thames H&H 145; 2 Belgrave H 226; 3 Herne Hill H 290; 4 South London 435; 5 Ranelagh H 438; 6 Aldershot F&D 448; 7 West 4 645; 8 Boxhill R 669; 9 Reigate Priory 799.

U17M/U15B. 1 M.Lloyd (South London U15) 15:40; 2 M.Jiggins (Belgrave U15) 16:06; 3 P.Cowling (Belgrave U15) 16:39; 5 W.Bailey (U17) 17:26; 6 E.Rimdap (U15) 17:27; 7 J.Sines (U17) 17:50; 8 R.Collier (U15) 18:46.

Teams: 1 Belgrave 23; 2 South London 69; 3 Herne Hill 118.

U13B. 1 P.Humphrey (South London) 16:32; 2 L.Shettle (Belgrave) 16:55; 3 B.Ladbroke (South London) 17:10; 6 C.Taylor 18:45.

Teams: 1 South London H 61; 2 Belgrave H 87.5; 3 Herne Hill 91.5.

**17 NCAA Division II 10 km CC**, Slippery Rock, Pennsylvania, USA. 1 M.Aish (Colorado) 30:53; 84 B.Poore (UC Davis/Belgrave) 34:22.

**17 Birmingham University 4 x 2.5 km Relays**, Birmingham. Fastest 1 M.Miles 7:04; 3 R.Ward 7:13.

**18 Reebok Cross Challenge, Margate**. Men 1 S.Haughian (Windsor SE&H) 28:15; 7 S.Barden 28:51. U20 Men 1 M.Farah (Windsor SE&H) 17:58; 24 D.Watson 19:08; 43 J.Blackledge 19:29. U17 Men 1 M.Smart (Haringey) 12:20; 4 D.Mallin 12:37; 12 W.Docherty 12:46. Women 1 L.Yelling (Bedford & County) 17:50; 24 G.Tamirat 19:17.

**21 London Colleges League**, Wimbledon Common. 1 Z.Hyde Peters (St.Mary's) 17:53; 3 T.Sturton (St.Mary's/Belgrave) 19:18.

**22 Thanksgiving Day 4.748 miles Road Race**, Manchester CT, USA. 11 A.Graffin 22:24.

**23 International Ekiden Relay**, Chiba, Japan. Men. 10 GB&NI (P.Evans M40) 38:10/12.195kms). Women. 9 GB&NI (B.Dagne 34:29/10kms).

**24 Wolverton 5 miles**. 1 S.Body (Vauxhall) 23:50; 3 R.Ashe (2-cl) 24:48.

**30 Serpentine 5 kms**, Hyde Park. 1 M.Sharp 17:55.

## December 2001

**01 Greymouth Half Marathon**, New Zealand. 1 P.Costley (Christchurch) 1:04:38; 2 A.Stewart 1:09:14.

**02 Leeds Abbey Dash 10 km**. 1 M.Yelling (Bedford & County) 29:58; 10 L.Hurst 30:38.

**02 Victory 5 miles**, Portsmouth. 1 R.Denmark (Basildon) 23:18; 6 S.Sharp 23:40; 15 David Anderson 24:32. Women. 1 L.Elliott (Shaftesbury Barnet) 26:31; 7 G.Tamirat 28:07.

**08 London Colleges League, 2.7 miles**. Women. 1 G.Greenfield (Royal Holloway) 18:36; 4 T.Sturton (St.Mary's/Belgrave) 19:49.

**08 SEAA Inter-Counties**, Nowton Park, Bury St. Edmunds. U17 4.6km. 1 M.Barnes-Smith (Suffolk) 15:15; 2 J.Blackledge (Hants) 15:16; 48 P.Graham (Suffolk).

**09 Stockport 10 miles**. 1 N.Jones (Tipton) 49:39; 2 P.Freary 50:40.

**15 Surrey Women's CC League Division 2 Race 3**, Petersham, Richmond Park

1 J.Oakley (Tadworth) 21:49; 2 A.Hegveld (Belgrave W35) 21:53; 3 J.Clark (Belgrave W35) 22:25; 5 N.Haines 22:51; 7 M.Heaton (n/s) 23:00; 9 S.Stracey 23:20; 17 V.Goodwin 24:38; 18 K.Fenner 24:45; 27 K.Dillane (W35) 25:37; 40 F.Eagle 26:35; 60 S.Howard 28:36; 75, N.Mills (W55) 29:19; dnf T.Sturton; 107 finished.

Teams: 1 Belgrave H 34; 2 Stragglers 93; 3 Sutton R 143.

U15G. 1 M.Knespl (Herc.Wimb) 18:37; 14 L.Collier 20:30; 15 L.Hodges 20:35; 17 K.Burns (U13) 21:11; 25 S.Macgregor 21:53; 39 B.Cobden-Ramsey 23:37; 40 E.Collins (U13) 23:58; 48 finished.

Teams: 1 Sutton & District 49; 2 Dorking & MV 58; 3 Belgrave H 71.

**15 "Sweatshop" Men's Surrey CC League Division 1 Race 3**, Petersham, Richmond Park.

1 S.Sharp (Belgrave) 27:53; 2 G.Staines (South London) 27:59; 3 A.Moses (Reigate Priory) 28:17; 4 C.Moss 28:21; 5 P.Freary 28:25; 7 A.Zawadzki 28:32; 8 L.Hurst 28:42; 18 C.Herrington 29:39; 20 W.Cockerell 29:41; 21 K.Hegveld (M40) 29:44; 33 R.Alsop 30:23; 38 J.Wolf 30:41; 41 K.Quinn 30:48; 45 G.Lavender 30:59; 47 J.Lobo 31:09; 52 A.Jones 31:20; 78 M.Byansi 32:35; 85 W.Lynch 32:50; 86 L.Greatorex 32:53; 108 S.Zealey 34:01; 116 M.Anderson 34:31; 131 R.Marcus 35:22; 160 E.Asiedu 44:22.

Teams: 1 Belgrave H 148; 2 Thames H&H 246; 3 Herne Hill H 256; 4 South London H 416; 5 Aldershot F&D 424; 6 Reigate Priory 560; 7 Ranelagh 625; 8 West 4 H 684; 9 Boxhill R 736.

U17M/U15B. 1 P.Canavan (SLH) 16:04; 3 P.Graham 16:42; 7 M.Jiggins 17:21; 10 P.Cowling 18:16; 12 E.Rimdap 18:34; 14 J.Sines 18:51; 16 R.Collier 20:18; 17 J.Ordway 20:36; 18 R.Bailey 25:34.

Teams: 1 South London H 29; 2 Herne Hill H 45; 3 Belgrave 46.

U13B. 1 P.Humphrey (South London) 17:44; 3 A.Graham 19:05; 4 C.Taylor 19:34.

Teams: 1 Herne Hill H 71; 2 South London H 82.5; 3 Belgrave H 86.5.

**15 Course de Nel, Sion, Switzerland 7.35 km**. 1 R.Cheryuyot (Kenya) 21:13; 9 K.Tadesse 22:44.

**15 Reebok Cross Challenge**, Edinburgh. U17 Men 4km. 1 S.Pickering (Bridlington) 15:18; 2 D.Malin 15:20; 5 J.Blackledge 15:26; 22 R.Macintosh 16:11; 28 W.Docherty 16:21.

**23 Surrey Classic 10 km**, Horton Country Park, Ewell. 1 K.Kyereme (Shaftesbury Barnet) 30:41; 2 R.Ward (Belgrave) 30:42; 3 S.Major (South London H) 31:29; 4 K.Nash 31:36; 11 R.Foley 33:50; 13 M.Webb 34:32.

**26 Woodlawn 3.5 miles Christmas Pudding Run**, Whitley Bay. 1 T.West (Gosforth) 16:31; 3 C.Herrington 16:34; 6 V.Wilson 17:03.

**29 Great North 4 km CC**, Durham. 1 G.Turnbull (Ireland) 11:28; 3 Andy Graffin 11:35; 5 S.Barden 11:41; 10 Allen Graffin 11:53; 21 K.Nash 12:32; 25 H.Raidi 13:16.

**29 Lauriston 7 miles Road Race**. 1 S.Wurr (Thames H&H) 36:56; 20, Don Anderson (M45) 46:26; 35 finished.

## January 2002

**01 Serpentine Runners 10 km**, Hyde Park. Women. 1 J.Clark (W35) 38:17.

**05 County Cross Country Championships****Surrey at Loyd Park.**

Men. 1 D.Taylor (Herne Hill) 41:51; 2 G.Staines (SLH) 42:01; 3 A.Moses (Reigate Priory) 42:12; 20 W.Cockerell 46:30; 52 M.Kazimierski 50:18; 100 Don Anderson (M45) 55:16; 169 finished.

Teams: 1 Herne Hill H 71; 2 Boxhill R 102; 3 South London H 107; 14 teams closed in.

U20M. 1 E.Prickett (Reigate Priory) 28:24; 2 R.Ward (Belgrave) 29:19; 13 finished.

Women. 1 J.Kelsey (Army) 33:15; 2 E.Nelson (Epsom & Ewell) 33:25; 3 Z.Hyde-Peters (Woking) 33:28; 6 J.Clark 35:20; 12 E.Fogg 36:24; 15 S.Stracey 36:56; 17 T.Sturton 37:44; 68 finished.

Teams: 1 South London Harriers 32; 2 Belgrave Harriers 36; 3 Ranelagh 74; 11 teams closed in.

**Kent at Sevenoaks**. 1 Allen Graffin 38:08.

**Berkshire**. 1 T.Antao (Windsor SE&H) 39:16; 2 M.Trees 39:47; 3 R.Lee (Windsor SE&H) 40:17.

**Hampshire at Appledore**. U17M. 1 J.Blackledge 18:40; 2 T.Davies (Team Solent) 18:48; 3 J.Hogan (Winchester) 19:00; 23 finished.

**Middlesex at Cranford**. Women 1 E.Fisher (Shaftesbury Barnet) 30:12; 8 M.Heaton 32:13.

**06 Turkey Buster 5 miles**, Harlow. 1 H.Raidi 26:46.

**11 Dubai Marathon**. 1 J.Mutai (Kenya/Bromsgrove) 2:13:56; 18, K.Tadesse 2:34:20.

**12 Lunnons Hants. CC League**, Overton. 1 P.Banks (Aldershot F&D) 29:59; 2 K.Nash 30:06.

**12 Vets AC CC Champs.**, Wimbledon Common. 1 G.Tuck (Herc. Wimbledon) 32:28; 13 M.Nouch 36:35.

**13 Reebok Cross Challenge**, Bute Park, Cardiff. Men 4km. 1 S.Barden 12:53; 18 H.Raidi 14:13; 25 finished. U17M 6km. 1 T.Humphries (Cannock & Staffs); 2 D.Malin (Belgrave); 4 J.Blackledge.

**19 South of Thames Cross Country Championship**. 1 S.Major (South London) 29:02; 2 M.Trees (Belgrave) 29:05; 3 S.Kennefick (Belgrave) 30:19; 24 L.Catley 31:57; 39 S.Nelson 32:46; 44 M.Kazimierski 33:09; 60 W.Lynch; 152 E.Asiedu.

Teams: 1 Thames H&H 114; 2 Herne Hill 122; 3 Kent AC 142; 5 Belgrave 172.

**19 Belfast International**. 44 D.Watson 30:90.

**19 Hampshire Schools CC Champs.**, Gang Warily, Fawley. 1 J.Blackledge 23:56.

**20 Wymondham 10 km**, Norfolk. 1 P.Evans (M40) 30:42.

**26 SEAA Cross Country Championships**, Parliament Hill.

Men. 1 E.DeJonge (Shaftesbury Barnet) 51:41; 2 D.Taylor (Blackheath) 51:42; 3 M.Simpson (Windsor SE&H) 52:36; 50 W.Cockerell 57:46; 58 C.Herrington 58:08; 152 M.Byansi 62:24; 217 L.Catley 64:25; 239 A.Jones 65:08; 291 W.Lynch 67:03; 497 Don Anderson (M45) 73:41; 810 finished.

Teams: 1 Bedford & County 99; 2 Thames H&H 133; 3 Shaftesbury Barnet 193; 14 Belgrave H 1007; 64 teams closed in.

U17M. 1 S.Jacobs (Ipswich) 23:50; 2 L.Cadman (Bedford & County) 24:39; 3 D.Lacy (Cambridge & C) 24:40; 6 J.Blackledge 24:48.

Women. 1 H.Yelling (Windsor SE&H) 35:01; 2 J.Wilkinson (Bedford & County) 36:02; 3 C.Dickie (Windsor SE&H) 36:05; 45 M.Heaton 40:36; 68 T.Sturton 42:45; 281 finished.

U15G. 1 H.Sykes (Leighton Buzzard) 19:06; 2 I.Lee (Aldershot F&D) 19:09; 3

H.Jones (Aldershot F&D) 19:23; 103 L.Collier 23:59; 165 finished.  
**26 Romsey 5 miles.** 1 M.Trees (Belgrave) 24:42.  
**30 London Schools CC Champs.,** Wormwood Scrubs. Boys Year 7. 2 L.Shettle; 3 C.Taylor. Girls Years 8 and 9. 1 L.Collier 12:22; 7 L.Hodges 13:06.

## February 2002

**02 Women's Surrey CC League Division 2 Race 4,** Farthing Downs, Coulsdon. 1 A.Hegvold (Belgrave W35) 22:14; 2 J.Clark (Belgrave W35) 22:41; 3 D.Smale (Stragglers) 23:39; 8 S.Stracey 24:11; 37 C.Eastham 28:29; 54 N.Mills (W55) 30:57; 67 D.Hopkins (W35) 33:06; 68 J.Smiter 33:09; 80 finished.

Teams: 1 Belgrave H 101; 2 Holland Sports 105; 3 Stragglers 112; 16 teams closed in.

Final Individual positions: 1 A.Hegvold (Belgrave); 2 S.Stracey (Belgrave); 3 C.O'Neill (British Airways).

Final league positions: 1 Belgrave 64 (218); 2 Stragglers 61 (324); 3 Reigate Priory 52 (556); 18 teams took part.

U15G/U13G. 1 A.Beverly (Ranelagh) 15:57; 2 L.Collier (Belgrave) 16:18; 3 I.Stoddart (Hercules Wimb. U13) 16:29; 12 K.Burns (U13) 17:16; 16 C.Olawore 17:20; 30 S.McGregor 18:44; 33 E.Collins (U13) 19:19; 34 C.Hopkins 19:39; 40 finished.

Teams: 1 Kingston & Poly H 41; 2 Belgrave 59; 3 Ranelagh 63; 11 teams closed in.

Final individual positions: 1 L.Collier (Belgrave); 2 S.Holverston (Herne Hill); 3 A.Beverly (Ranelagh).

Final league positions: 1 Sutton & Dist. 43 (226); 2 Belgrave 40 (275); 3 Dorking MV 36 (308); 14 teams took part.

**02 "Sweatshop" Men's Surrey CC League Division 1 Race 4,** Farthing Downs, Coulsdon.

1 D.Naylor (Thames H&H) 28:06; 2 Allen Graffin (Belgrave) 28:08; 3 P.Evans (Belgrave) 28:26; 5 M.Trees 28:58; 9 A.Stewart 29:40; 17 C.Herrington 30:05; 20 R.Alsop 30:15; 23 W.Cockerell 30:27; 34 J.Wolf 31:04; 35 K.Quinn 31:13; 45 R.Foley 31:46; 56 A.Jones 32:18; 70 W.Lynch 32:59; 71 L.Greatorex 33:02; 76 S.Nelson 33:14; 80 C.Dickinson (W50) 33:24; 96 S.Connor 34:20; 101 M.Anderson 34:37; 110 J.Skilbeck Nelson 35:38; 113 R.Marcus 36:08; 141 E.Asiedu 45:11; 145 finished.

Teams: 1 Thames H&H 150; 2 Belgrave H 181; 3 Herne Hill H 284; 4 Aldershot F&D 498; 5 Reigate Priory AC 529; 6 South London H 531; 7 Ranelagh H 531; 8 West 4 H 644; 9 Boxhill R 747.

Final League Result: 1 Belgrave H 730; 2 Thames H&H 736; 3 Herne Hill H 1176; 4 Aldershot F&D 1979; 5 South London H 1999; 6 Ranelagh H 2054; 7 Reigate Priory AC 2340; 8 West 4 H 2519; 9 Boxhill R 2855.

U17M/U15B. 1 M.Lloyd (South London) 16:17; 6 P.Cowling 18:26; 8 E.Rimdap 18:36; 9 J.Orday 21:28; 10 R.Collier 21:40; 11 J.Simes 30:00; 12 R.Bailey 30:00.

Teams 1 South London 18; 2 Belgrave 44; 3 Herne Hill 118.

Final team positions: 1 South London 243.5; 2 Belgrave 281; 3 Herne Hill 390.5. U13B. Final team positions: 1 South London H 240.5; 2 Belgrave H 367; 3 Herne Hill H 382.5.

**02 British Universities CC Champs.,** Belfast. 1 G.Turnbull (Loughborough) 36:19; 4 M.Miles 37:35.

**03 Watford Half Marathon.** 1 W.Musyoki (Kenya) 1:06:08; 2 K.Tadesse 1:07:32.

**09 CAU Inter-Counties,** Nottingham.

Men 9 km. 1 S.Haughian (Windsor SE&H/Middx) 37:04; 7 Allen Graffin (Belgrave/Kent) 37:46; 55 David Anderson (N East/Belgrave) 40:04; 312 finished.

U20M. 1 M.Farah (Windsor SE&H/Middx) 25:13; 6 C.Watson (Scotland W/Belgrave) 26:24; 10, D.Watson (Scotland W/Belgrave) 20:59; 158 finished.

U17M: 1 T.Humphries (Stafford) 20:12; 11 J.Blackledge (Hants/Belgrave) 20:59; 13 D.Malin (Scotland W/Belgrave) 21:02; 273 finished.

**11 Katsuda 10 km,** Japan. 1 D.Satou (Japan) 29:56; 3 M.Trees 29:58; 5,285 ran.

**13 London Colleges League,** Guildford, Women's 2.6 miles. 1 J.Wright (St.Marys) 16:14; 3 T.Sturton (St.Marys/Belgrave) 17:24.

**16 Inter-County Schools CC,** Banstead. Senior Boys 5.5 miles. 1 D.Udall (Hants) 29:28; 2 J.Blackledge (Hants/Belgrave) 25:07.

**17 Goring 10 km.** 1 R.Beaumont (Woodstock) 34:45; 3 J.Browne 35:32.

**17 26.2 10 km,** Chessington. 1 S.Major (South London H) 31:05; 2 A.Stewart 31:21; 160 R.Bale (M55) 43:16; 168 R.Thorne Jones 43:27; 449 L.Mann (M60) 57:38; 508 finished.

**23 National Cross Country Champs.,** Bristol.

Men's 12 km. 1 S.Haughian (Windsor SE&H) 39:26; 2 Allen Graffin (Belgrave H) 39:51; 3 E.DeJonge (Shaftesbury Barnet H) 40:02; 46 A.Stewart 42:14; 69 C.Herrington 42:49; 155 L.Hurst 44:42; 201 J.Wolf 45:23; 220 W.Cockerell 45:40; 286 J.Browne 46:43; 336 M.Byansi 47:13; 392 A.Jones 47:55; 1220 finished.

Teams: Six to score 1 Bingley H 184; 2 Shaftesbury Barnet H 198; 3 Salford H 247; 4 Leeds AC 250; 5 Bedford & Cnty 348; 6 Tipton H 497; 7 Notts AC 561; 8 Blackheath H 654; 9 Belgrave H 693; 10 Aldershot F&D 718; 92 clubs closed in.

Nine to score: 1 Shaftesbury Barnet H 499; 2 Salford H 519; 3 Bingley H 527; 4 Leeds AC 673; 5 Bedford & Cnty 808; 6 Tipton H 1307; 7 Blackheath H 1429; 8 Notts AC 1597; 9 Aldershot F&D 1630; 10 Belgrave H 1707; 43 teams closed in.

U17M 6 km. 1 T.Humphries (Cannock & Staffs) 19:29; 2 R.McLeod (Elswick) 19:35; 3 O.Freeman (Invicta EK) 19:47; 4 T.Lancashire (Bolton) 19:51; 5 J.Blackledge (Belgrave) 19:51; 204 finished.

Women's 8 km. 1 L.Yelling (Bedford & Cnty) 27:36; 2 A.Allen (Birchfield) 28:39; 3 L.Elliott (Shaftesbury Barnet H) 29:04; 32 A.Hegvold (W35) 31:07; dnf T.Sturton; 385 finished.

**23 Scottish Cross Country Champs.,** Falkirk. U20M 1 A.Lemoncello (Fife) 26:53; 3 D.Watson 27:49. U17M: 1 A.Wales (Aberdeen) 21:30; 2 D.Malin 21:50; 3 W.Docherty 21:53.

**24 Tunbridge Wells Half Marathon.** 1 Andy Graffin 1:10:39.

**24 The Beacon Brighton & Hove Half Marathon.** 1 P.Davoren (Phoenix) 1:11:42; 9 W.Lynch 1:16:49. Women. 1 J.Clark (W35) 1:23:35.

**24 Hampshire Chronicle Winchester 10 km.** 1 E.Fogg 38:28.

**27 London Colleges League,** Victoria Pk. Women's 5.45km. 1 J.Wright (St. Marys) 20:48; 2 T.Sturton (St. Marys/Belgrave) 21:14.

## March 2002

**03 Clayton-le-Moors 10 km.** 2 L.Hurst 34:18.

**03 World Cross Country 4 km Trial,** Newport. Men. 1 R.Whalley (City of Stoke) 11:18; 4 S.Barden 11:20; 24 D.Watson 11:54; 30 H.Raidi 12:01; 44 finished.

Women. 1 H.Pattinson (Preston) 12:45; 20 J.Mitchell 14:11; 26 finished.

**03 Ideal Home/Daily Mail Hillingdon 5 miles,** Ruislip. Men. 1 J.Wild (Sale) 23:32; 18 K.Quinn 25:45; 19 K.Hegvold (M40) 25:55; 50 C.Dickinson (M50) 27:53. Women. 1 B-H.Langeland (Norway) 28:02; 5 A.Hegvold (W35) 29:14.

**03 London Heathside 5 miles.** Women. 1 G.Tamirat 30:06.

**03 Frank Harmer Memorial 10 km,** Brockwell Park. 1 J.Simpson (South London H) 30:40; 10 M.Kazimierski 34:33.

**09 English Schools CC Champs.,** Chelmsford.

Senior Boys. 1 T.Sharland (Suffolk) 25:39; 7 J.Blackledge (Hants/Belgrave) 27:11; 239 J.Skilbeck-Nelson.

Junior Girls. 161 L.Collier.

**09 Scottish Schools Champs.,** Irvine. Senior Boys. 1 D.Malin 18:56.

**10 Solent 5kms,** Ocean Village, Southampton.

Men. 1 M.Miles (Belgrave) 14:23; 2 S.Sharp 14:30; 3 R.Finch (Southampton R) 14:58; 5 A.Stewart 15:12; 6 K.Nash 15:18.

Team: 1 Belgrave H 14; 2 Southampton R 35; 3 Southampton University 71.

Women. 1 L.Elliott (Shaftesbury Barnet H) 16:24; 3 M.Sharp 17:42.

**10 Reading Half Marathon.** 1 M.Rotich (Kenya) 63:23; 47, S.Nelson 77:51.

**10 Biffa/adidas Roddlesworth Roller 6 miles.** 1 P.Freary 31:07 (rec.).

**12 London Schools Champs.,** Beckenham Place Park. Year 7. 1 L.Shettle 12:06; 2 C.Taylor 12:30.

**17 Bath Half Marathon inc. UKA & AAA Championships.**

Men. 1 W.Musyoki (Kenya) 64:14; 2 M.Hudspith (Morpeth) 64:17; 3 C.Thackery (Hallamshire) 64:28; 5 P.Evans (M40) 64:47; 6 K.Tadesse 65:19; 17 A.Stewart 68:40; 26 C.Herrington 69:41; 32 L.Hurst 70:56; 46, K.Hegvold (M40) 72:29; 71 M.Kazimierski 75:14; M.Trees dnf.

Team: 1 Belgrave H; 2 Leeds City AC; 3 Westbury H.

Women. 1 J.Lodge (Windsor SE&H) 74:01; 2 S.Dixon (Parkside) 75:14; 3 A.Fletcher (Dulwich R) 76:07; 8 A.Hegvold (W35) 79:28; 10 J.Clark (W35) 81:17; 19 M.Heaton (n/s) 85:35; 378 T.Sturton 90:38; 418 E.Fogg 91:36; 568 J.Lawrence 95:08.

Team: 1 Dulwich R; 2 Belgrave H; 3 Arena 80.

**17 Tatsfield 5 miles.** 1 P.Freary 26:21.

**21 Premier 10 km,** Wimbledon. 1 B.Reynolds (Thames H&H) 32:07; 10 S.Zealey 35:10. Team: 1 Thames H&H 78; 6 Belgrave 189.

**22 Serpentine 5 km.** Women. 1 M.Sharp 17:12.

**23-24 World Cross Country Champs,** Dublin.

12 km. 1 K.Bekele (Ethiopia) 34:52; 50 Allen Graffin 37:10; 107, A.Hutchinson (Canada) 38:56.

4 km. 1 K.Bekele (Ethiopia) 12:11; 39 S.Barden 12:53.

U20M. 8km 1 G.Gebremariam (Ethiopia) 23:18; 105 C.Watson 27:26.

**23 PUMA Thames Valley H 3 x 3.5 miles Road Relay,** Stockley Park.

1 Belgrave H 1:27:38 (course record); 2 Windsor SE&H AC 1:29:31; 3 Shaftesbury Barnet H 1:30:05; 7 Belgrave H 'B' 1:32:41; 31 teams started.

A - K.Nash (2) 17:08; P.Freary (1) 17:10; K.Quinn (1) 18:19; R.Alsop (1) 18:04; S.Sharp (1) 16:57.

B - J.Wolf (6) 18:05; J.Browne 18:39; N.Hliouat 18:42; H.Raidi (6) 17:27;

S.Connor (7) 19:49.

C - R.Bale 24:10.

**24 Wilmslow Half Marathon.** 1 M.Rotich (Kenya) 62:57; 6 K.Tadesse 64:43.

**24 adidas 16 mile Breakfast Run,** Kingston. 1 M.Giles 1:32:35; 3 M.Byansi 1:33:38; 5 M.Kazimierski 1:35:02; 197 A.Walker (9th woman) 1:55:51; 946 C.Henn (M70) 2:19:04; 547 women finished; 1276 men finished.

**29 Southport Good Friday 4 miles.** 1 P.Freary 19:13.

**30 Victoria Park 5 miles.** 1 N.Davidson (N.Norfolk) 26:13; 4 W.Cockerell 26:30.

**30 Resurrection Run 5 km,** Nassau Bay, TX USA. 1 J.Chaston 15:11.

**30 Balmoral Road Races.** Tesco Italiano 4 km. 1 J.Mayock (Barnsley) 10:59; 4 M.Miles 11:07; 6 Andrew Graffin 11:11; 10 S.Barden 11:24.

BUPA 5 miles. 1 J.Yuda (Tanzania) 22:43; 3 Allen Graffin 23:19; 13 P.Evans (M40) 24:16.

## April 2002

**02 Chester le Spring 5 miles,** Upton. 1 T.Dickinson (Blackheath) 24:46; 3 L.Hurst 25:36.

**07 SEAA Women's 6-Stage Road Relay,** Milton Keynes.

1 Shaftesbury Barnet 1:00:22; 2 Bedford & County 1:01:46; 3 Highgate H 1:02:57; 4 Belgrave 1:03:22; 35 teams started; 27 teams finished.

M.Sharp (2) 19:19; J.Clark W35 (1) 19:33; J.Lawrence (3) 21:41; T.Sturton (3) 21:12; S.Stracey (5) 21:51; J.Mitchell (5) 19:46.

Fastest of the day: S.Morris (Bedford & County) 18:36; 2 A.Fletcher (Dulwich R) 19:02; 3 K.Jenrick (Highgate) 19:17; 5 M.Sharp 19:19; 10 J.Clark 19:33; 16 J.Mitchell 19:46.

**07 SEAA 12-Stage Road Relay,** Milton Keynes.

1 Belgrave 4:11:18 (course record); 2 Newham & Essex Beagles 4:17:12; 3 Bedford & County 4:18:27; 4 Thames Hare & Hounds 4:20:03; 5 Shaftesbury Barnet 4:20:25; 6 Aldershot, Farnham & Dist. 4:24:59; 21 Belgrave B 4:36:46; 48 teams finished.

A - K.Nash (5) 24:42; S.Sharp (2) 16:33; P.Freary (1) 24:49; K.Quinn (1) 17:31; C.Herrington (1) 25:57; David Anderson (1) 16:19; L.Hurst (1) 24:46; R.Ward (1) 17:15; P.Evans M40 (1) 23:47; J.Wolf (1) 17:34; A.Stewart (1) 24:41; R.Alsop (1) 17:24.

B - N.Hliouat (18) 26:03; B.Barton (24) 18:28; R.Foley (25) 26:49; L.Greatorex (24) 18:29; M.Byansi (27) 28:35; J.Blackledge (24) 17:27; W.Lynch (24) 27:02; S.Connor (24) 19:23; L.Catley (22) 27:58; J.Galley (22) 20:22; C.Dickinson M50 (23) 27:41; W.Cockerell (21) 18:29.

Fastest long stages: 1 P.Evans (Belgrave M40) 23:47; 2 K.Bowditch (Newham & Essex Beagles) 23:54; 3 R.Finch (Southampton RC) 23:55; 13 A.Stewart 24:41; 14 K.Nash 24:42; 19 L.Hurst 24:46; =22 P.Freary 24:49.

Fastest short stages: 1 M.East (Newham & Essex Beagles) 16:07; 2 D.Anderson (Belgrave) 16:19; =3 S.Sharp (Belgrave H) and H.Lobb (Bedford & County) 16:33; 8 R.Ward 17:15; 13 R.Alsop 17:24; 17 J.Blackledge 17:27; 21 K.Quinn 17:31; 22 J.Wolf 17:24.

**07 Wallsend 10 km**, Wallsend, Tyne and Wear. 1 I.Hollingsworth (Wallsend) 31:07; 3 V.Wilson 32:07.

**07 World University CC Champs.**, Santiago de Compostela, Spain. 11.63km. 1 A.Bah (Morocco) 35:01; 7 M.Miles 35:27.

**09 East Surrey League 4.2 miles**, West Ewell. 1 R.Ward 21:40.

**14 Newcastle Airport 7 km**. 1 M.Brown (Morpeth) 22:04; 6 V.Wilson 23:23.

**14 London Marathon**. 1 K.Kannouchi (USA) 2:05:38; 192 M.Kazimierski 2:40:35; 200 M.Byansi 2:40:52; 586 Juliette Clark (26th Women/9th Veteran) 2:52:11; 1581 Mathilde Heaton 3:05:24.

**14 London Mini Marathon**, County 2.6 miles. 1 C.Parr (Durham) 12:47; 2 J.Blackledge (Hants/Belgrave) 12:49.

**16 VAC 4.5 miles**, Battersea Park. 1 L.O'Brien (TVH) 24:54; 7 M.Nouch (M45) 26:26; 13 R.Bale (M55) 29:17; 23 G.Collins (M60) 32:56.

**20 Salford 5 km**. 1 C.Kirkwood (New Zealand) 14:22; 4 R.Ward 15:16.

**21 Shakespeare Half-Marathon**, Stratford upon Avon. 1 W.Cheruoyot (Mizuno) 73:19; 12 W.Lynch 78:59.

**21 Nicola's Canvey Island 5 miles**. 1 K.Hegveld (M40) 25:59; 5 W.Cockerell 26:36. Women. 1 B.Dagne 28:01 (rec); 2 A.Hegveld (W35) 29:13.

**21 Laganside 10 km**, N.Ireland. 1 P.Evans (M40) 30:24.

**21 Rotterdam Marathon**. 1 S.Biwott (Kenya) 2:08:39; A.Jones 2:44:39.

**27 AAA Women's 6 stage Road Relay**, Sutton Coldfield.

1 Bristol AC 1:39:22; 2 Shaftesbury Barnet H 1:41:32; 3 Liverpool H 1:43:29; 4 Sale H Manchester 1:44:38; 5 Belgrave H 1:45:39; 6 Headington RR 1:46:16; 34 teams finished.

B.Dagne (1) 16:19; T.Sturton (10) 18:54; E.Fogg (11) 18:24; M.Sharp (6) 17:07; J.Clark (4) 17:17; A.Hegveld (5) 17:38.

Fastest of the day: 1 L.Elliott (Shaftesbury Barnet H) 15:55; 2 M.McCambridge (Bristol) 15:58; 3 A.Allen (Birchfield) 16:01; 5 B.Dagne 16:19; =28 M.Sharp 17:07; 35 J.Clark (W35) 17:17; 47 A.Hegveld (W35) 17:38; 83 E.Fogg 18:24; =111 T.Sturton 18:54; 204 took part.

**27 AAA 12 Stage Road Relay**, Sutton Coldfield.

1 Belgrave H 4:04:51; 2 Birchfield H 4:11:17; 3 Morpeth H 4:12:12; 4 Tipton H 4:12:45; 5 Cardiff AAC 4:16:50; 6 Bingley H&AC 4:17:45; 64 teams finished. L.Hurst (17) 27:13; R.Ward (9) 14:42; S.Barden (1) 25:52; Andy Graffin (1) 14:03; M.Miles (1) 25:51; S.Sharp (1) 14:08; Allen Graffin (1) 25:45; C.Herrington (1) 15:09; P.Evans M45 (1) 26:13; David Anderson (1) 14:06; A.Stewart (1) 27:04; P.Freary (1) 14:44. R.Alsop (competing for Redhill RR on stage 12) 15:18.

Fastest of the day.

Short stage 3 miles 8 yards: 1 Andy Graffin (Belgrave H) 14:03; 2 David Anderson (Belgrave H) 14:06; 3 S.Sharp (Belgrave H) 14:08; 19 R.Ward 14:43; =20 P.Freary 14:44; =49 C.Herrington 15:09; 64 R.Alsop 15:18.

Long stage 5 miles 706 yards: 1 Allen Graffin (Belgrave H) 24:45; 2 I.Hudspith (Morpeth H) 25:46; 3 E.Kirui (Birchfield) 25:47; 5 M.Miles 25:51; 6 S.Barden 25:52; 13 P.Evans 26:13; 47 A.Stewart 27:04; =52 L.Hurst 27:13.

**27 Kentucky Derby Festival Marathon**, Louisville, USA. dnf K.Tadesse.

**28 BASF Blyth Valley 10 miles**, Cramlington to Blyth. 1 S.Bell (Chester-le-Street) 51:19; 2 V.Wilson 52:38.

#### May 2002

**05 Sutton Runners Securicor 10 km**. 1 A.Lee (Severn) 31:41; S.Zealey 35:50.

**06 Barry Jones 10 km**, Wimbledon Park. 1 M.Shore (Westbury) 32:40; 2 R.Alsop 32:51; 31 R.Bale (M55) 41:53; 91 finished. Women. 1 S.Stodart (Herc Wimb.) 40:02; 2 H.Alsop 41:56.

**06 Pednor 5 miles**, Chesham, Bucks. 1 A.Stewart (Belgrave) 25:25 (rec); 3 C.Herrington 25:53; 7 S.Kennefick 27:41; 53 M.Yates 32:47; 115 finished. Teams: 1 Vale of Aylesbury 49; 2 Chiltern H 57; 3 Belgrave H 64.

**08 Thames Hare & Hounds Parkland 4 x 3 miles relay**, Richmond Park. 1 St. Mary's University 60:01; 2 Belgrave 60:04 (R.Alsop 15:09; S.Kennefick 15:21; K.Hegveld (M40) 14:51; W.Cockerell 14:43); 3 Thames H&H 61:03; Belgrave B dnf (S.Zealey 15:50; I.Isherwood 20:15; Don Anderson M45 18:24).

Fastest: 1 N.Altmann (Thames H&H) 14:15; 2 N.Phillips (St. Mary's) 14:17; 3 L.McCash (St. Mary's) 14:34; =5 W.Cockerell (Belgrave) 14:43.

Womens 3 x 3 miles 1 St. Mary's University (inc. T.Sturton 17:59, 4th fastest). Fastest S.O'Sullivan (Thames H&H) 14:49.

**11 Kassel, Germany 5km**. B.Dagne 16:03.

**14 VAC 4.5 miles**, Battersea Park. 1 S.Surriddge (W'slow) 25:27; 21 D.Davies (M60) 36:20.

**17 Christleton adidas 5km**. 1 O.Laws (Telford) 14:38; 3 P.Freary 14:45.

**18 Cologne, Germany 10km**. 3 B.Barton 34:15.

**31 Serpentine 5 km**, Hyde Park. 1 M.Pannett (Dulwich) 17:07; 2 M.Sharpe 17:39.

#### June 2002

**02 Poole Festival of Running 10 km**. 1 W.Musyoki (Kenya) 31:21; 2 K.Tadesse 31:46.

**03 Chesham Town Centre 5 km**. 1 D.Brown (Chiltern) 16:03; 16 M.Yates 18:38.

**09 Dorking 10 miles**. 1 S.Major (South London) 53:52; 2 W.Cockerell 54:53.

**09 Newcastle to Blaydon 5.7 miles**. 1 J.Kimtai (Kenya) 26:19; 5 M.Miles 26:43;

17 K.Tadesse 28:40. Women. 1 Y.Burykina (Russia) 29:34; 3 B.Dagne 31:17.

**18 VAC 5 miles Champs**, Battersea Park. 1 R.Jordan (Ipswich) 27:53; 6

M.Nouch (M45) 31:21.

**22 Datchet Dash 10 km**. Women. 1 M.Pannett (Dulwich) 34:49; 15 L.Cooper 41:12.

**28 Serpentine 5 km**, Hyde Park. 1 D.Castle (Tonbridge); 2 P.Stuart-Smith (M40) 16:24.

**30 Dysart Dash 10 km**. 1 S.Major (SLH) 31:53; 2 R.Alsop 32:06. Women. 1 B.Dagne 35:13.

#### July 2002

**04 Nonsuch Park 4 x 2.2 miles Relay**.

1 Belgrave H 43:33 (R.Alsop 10:45; J.Browne 10:51; P.Freary 10:11; W.Lynch 11:46); 2 Epsom & Ewell H 46:32; 3 Sutton Runners 47:43; 49 teams finished. Running for other teams: P.Freary 11:42; Don Anderson (M45) 12:37.

Fastest: 1 P.Freary 10:11; 2 S.Major (Millennium/SLH) 10:38; 3 R.Alsop 10:45; 4 J.Browne 10:51.

**10 JP Morgan Chase Challenge 3.5 miles**, Battersea Pk. 1 A.Stewart 16:56.

**12 Great Bentley 5 miles**. 1 K.Vaughan (St.Edmunds) 26:35; 4 G.Lavender 27:30

**13 Lord Mayor's 5 km City Centre Classic**, Norwich. 1 B.Noad (Bristol) 14:35; 2 P.Evans (M40) 14:36; 3 P.Freary 14:53.

**14 Notfast 10 km**. 1 P.Freary 32:49.

**14 Jim Braben 10 km**, Wimbledon. 1 S.Stevens (HHH) 34:10; 2 W.Cockerell 34:30.

**20 North Down International 10 km**, Bangor, North Down. 1 T.Zola (RSA) 29:44; 2 P.Evans (M40) 31:07. Women. 1 T.Duffy (DM) 35:08; 3 B.Dagne 36:46.

**21 BHS Golden Jubilee 10 km**, Westminster. 1 M.Steinle (Blackheath) 29:09; 25 M.Kazimierski 34:56.

**26 Wedding Day 7 km**, Bushy Park, Teddington. 1 N.Altmann (Thames H&H) 22:34; 3 W.Cockerell 23:33; 6 B.Barton 24:28.

**28 Dulwich 10 km** (10.5km). 1 R.Alsop 35:00; 2 J.Browne 35:35. Women: 1 V.Edwards.

**29 Self Transcendence 2 miles**, Battersea Park. 1 W.Cockerell 9:54.

#### August 2002

**03 Peoples Beach to Beacon 10 km**, Cape Elizabeth ME USA. 15 P.Evans (M40) 30:17.

**05 Self Transcendence 2 miles**, Battersea Park. 1 H.Raidi 9:34.

**11 Falmouth 7.1 miles**, Falmouth MA USA. 24 P.Evans (M40) 34:47.

**11 Surrey County AA 5 km**, Wimbledon. Men. 1 A.Franklin (Boxhill) 15:20; 2 R.Alsop (2nd Surrey) 15:33; 3 H.Raidi 15:54; 9 J.Galley (M40) 16:21; 113 finished. Women. 1 L.Kipling (Ranelagh) 18:29; 2 V.Edwards 18:47; 11 L.Cooper 20:18; 62 finished.

**11 Newark Half-Marathon**. 1 T.Zola (Mizuno/RSA) 64:57; 2 P.Freary 68:13.

**17 adidas Jog Shop 20 miles multi-terrain**, Brighton. 1 P.Freary 2:13:14.

**18 Burnham Beeches Half Marathon**, Farnham Common, Bucks. Women. 1 E.Jepkoge (Kenya) 1:17:23; 25 L.Cooper 1:35:38.

**29 Radcliffe 5km**. 1 P.Freary 14:31.

#### September 2002

**01 Flora Light Challenge 5 km**, Hyde Park. 1 S.O'Sullivan (Ireland) 14:56; 10 C.Berry 16:14.

**01 Cardiff Marathon**. 1 D.Croft (Woodstock) 2:32:04; 4 A.Jones 2:44:15.

**01 Sam 7 miles**, Leatherhead. 1 P.Haywood (Boxhill) 38:07; 4 R.Foley 39:10. Women. 1 J.Clarke (W35) 42:50.

**08 Bradford 10km inc. AAA Championship**, Bradford.

Men. 1 J.Kimtai (Tipton/Kenya) 29:32; 2 J.Kibet (Tipton/Kenya) 29:34; 3 Allen Graffin (Belgrave) 29:45; 11 P.Freary 31:12; 28 W.Cockerell 32:04; 30 B.Poore 32:14; 33 R.Alsop 32:25; 35 C.Herrington 32:29; 44 K.Hegveld 32:50 (M40); 104 finished.

Teams: 1 Tipton H 19; 2 Belgrave H 72; 3 Salford H 83.

Women. 1 M.Wangari (Tipton/Kenya) 33:48; 13 E.Fogg 38:51; 32 L.Cooper 41:53; 43 finished.

**08 Great South Run 10 miles**, Portsmouth. 1 S.Kasimili (Kenya) 47:27; 4

K.Tadesse 48:53; 8 P.Evans (M40) 49:57.

**14 Surrey County AA Road Relays**, Wimbledon Park.

Men. 1 Herne Hill H 1:29:10; 2 Belgrave H 1:29:24; 3 South London H.

A - W.Cockerell 14:17 (3); L.Greatorex 15:13 (1); J.Browne 14:40 (2); R.Alsop 14:24 (1); S.Kennefick 15:34 (1); J.Galley M45 15:15 (2).

B - P.Fallenius 15:55 (15); P.Tarpey 16:36 (16); R.Tubbs 15:57 (11); W.Lynch 16:18 (10); M.Webb 16:01; R.Marcus 16:37 (8).

C - A.Cowmeadow 17:47 (17); P.Buckley 14:50 (13).

Veteran M40. 1 Herne Hill 61:24; 2 South London 63:05; 7 Belgrave 69:56.

A - C.Dickinson (M50) 15:44 (6); Don Anderson 18:16 (7); H.Corbett 18:39 (7); M.Nouch 17:17 (7).

B - S.Collins 17:21 (11); J.Stone 22:37 (12).

Women. 1 South London H; 2 Ranelagh H; 3 Belgrave H.

A - V.Edwards 17:55 (4); A.Walker 18:51 (3); S.Stracey 18:46 (1); H.Alsop 18:52 (3).

B - T.Sturton 18:18 (6); Jo Poloni 22:58 (9).

**14 Alice Holt Multi-Terrain 10 km**. 1 K.Nash 32:37.

**15 Great Cumbria Half Marathon**, Carlisle. 1 K.Tadesse 67:51.  
**15 San Francisco 1 mile**. 4 Andy Graffin 3:57.32. Women. 5 C.Berry 4:41.95.  
**18 Preston 5 km**: 1 P.Freary 14:54.  
**21 adidas/BHAA Half Marathon**, Phoenix Park, Dublin. 1 P.Freary 68:07.  
**22 Equinox 5 miles**, Lowestoft. 1 P.Evans (M40) 24:29 (record).  
**22 BUPA Bristol Half Marathon**. 1 H.Lelei (Kenya) 65:29; 3 K.Tadesse 69:42.  
**28 South of England AA Men's 6 x 6 km Road Relay**, Rushmoor Arena, nr. Aldershot.  
 1 Belgrave H 1:49:56; 2 Medway & Maidstone AC 1:51:28; 3 Newham & Essex Beagles 1:51:37; 22 Belgrave H 'B' 1:58:03; 91 teams started and 74 finished.  
 A - W.Cockerell (6) 18:33; S.Barden (1) 17:54; P.Freary (1) 18:29; R.Alsop (1) 18:48; S.Sharp (1) 18:10; David Anderson (1) 18:02.  
 B - L.Hurst (13) 18:51; J.Blackledge (10) 19:07; P.Buckley (16) 19:47; K.Hegveld (M40) 19:11; L.Greatorex (18) 20:30; B.Barton (22) 20:37.  
 C - H.Corbett M40 (91) 24:32; P.Tarpey (85) 22:03; Don Anderson M45 (83) 24:25.  
 Fastest: 1 C.Thompson (Aldershot F&D AC) 17:29; =2 M.Farah (Windsor SE&H) and A.Whitehead (Shaftesbury Barnet H) 17:49; 3 S.Barden (Belgrave H) 17:54; 8 David Anderson (Belgrave H) 18:02; 13 S.Sharp (Belgrave H) 18:10.  
**28 Heritage Oaks Banks 10 km**, Paso Robles USA. 1 S.Ngeno (Kenya) 29:05; 32 B.Poore 31:41.  
**28 George Cummings Relays**, Houston, nr. Paisley. 4 x 2.75 miles: W.Docherty 13:54.  
**29 South of England AA Women's 4 x 3851m Road Relay**, Rushmoor Arena, nr. Aldershot.  
 1 Bedford & County AC 52:58; 2 Bideford AAC 53:47; 3 Headington RR 55:12; 16 Belgrave H 'A' 58:52; 51 Belgrave H 'B' 69:40; 63 teams started and 54 finished  
 A - G.Tamirat (3) 13:18; T.Sturton (14) 15:12; S.Stracey (14) 14:52; A.Walker (16) 15:30.  
 B - H.Alsop W35 (40) 15:13; L.Cooper (33) 15:09; J.Poloni (47) 18:52; J.Smiter (51) 20:26.  
 Fastest: 1 H.Yelling (Windsor SE&H) 12:28; 2 S.Morris (Bedford & County AC) 12:42; 3 M.Pannett (Dulwich R) 12:55; 9 G.Tamirat (Belgrave H) 13:18.  
**29 Nike Windsor Half Marathon**. 1 J.Kimtai (Kenya) 64:12; 5 K.Tadesse 71:51.

## October 2002

**05 Erwin, USA, Apple Festival 4 miles**. Women. 1 C.Berry 22:16.  
**05 BUPA Great North Run 1 mile**, Newcastle. 1 R.Silva (Portugal) 4:12.40; 5 Andy Graffin 4:13.10.  
**05 Belgrave 3000 metres multi-terrain Yacht Handicap**. 1 A.Pike SW 18:44 (6:00) 12:44; 2 J.Singh 20:30 (7:30) 13:00; 3 A.Walker SW 20:37 (9:30) 11:07 (fastest woman); 4 A.Stone M60 20:49 (7:30) 13:19; 5 R.Collier U17M 20:50 (9:10) 11:40; 6 P.Ward M40 20:55 (7:30) 13:25; 7 M.Lesley M45 20:57 (7:30) 13:27; 8 H.Alsop W35 20:59 (9:35) 11:24; 9 D.McMillan M50 21:17 (9:30) 11:47; 10 P.Tarpey 21:21 (11:20) 10:01; 11 R.Alsop 21:25 (12:30) 8:55 (fastest man); 12 R.Marcus 21:25 (11:35) 9:50; 13 C.Axe 21:33 (12:00) 9:33; 14 L.Greatorex 21:44 (12:05) 9:39; 15 S.Zealey 21:46 (12:00) 9:46; 16 G.Collins M60 21:59 (8:50) 13:09; 17 Don Anderson M45 22:14 (10:55) 11:19; 18 L.Collier U15G22:50 (10:12) 12:40.  
**05 VAC 4.8 miles CC**, Wimbledon. 1 V.Maughan (HHH) 32:02; 10 M.Nouch (M40) 36:35; 11 H.Corbett (M40) 38:07.  
**06 BUPA Great North Half Marathon**, Newcastle-South Shields. 1 P.Kosgei (Kenya) 59:58; 7 Allen Graffin (1st UK) 64:09; 37 P.Evans (M40) 70:58. Women: 1 S.O'Sullivan 67:19; 26 M.Heaton 86:09.  
**06 Burnley Fire Station 7 miles**. 1 P.Freary 36:14.  
**06 Scottish Junior Champs**, Rouken Glen Park, Glasgow, 7.5km. 1 J.Newsoms (Pitreevie) 23:51; 3 D.Malin 24:30.  
**12 "Sweatshop" Men's Surrey CC League Division 1 Race 1**, Brockwell Park. 1 S.Sharp (Belgrave) 23:07; 2 E.Prickett (Reigate Priory) 23:18; 3 S.Major (South London H) 23:21; 4 W.Cockerell (Belgrave) 23:45; 10 P.Buckley 24:12; 12 K.Nash 24:18; 16 J.Blackledge (U20) 24:28; 20 K.Hegveld (M40) 24:40; 50 B.Barton 25:12; 57 R.Tubbs 25:34; 68 C.Dickenson (M50) 26:55; 77 S.Zealey 27:18; 80 S.Kennefick 27:29; 84 R.Poulter 27:34; 101 R.Marcus 28:21; 102 P.Tarpey 28:22; 120 P.Carstairs (M40) 29:22; 147 J.Singh 33:06; 151 R.Bale (M55) 34:43; 157 M.Graham (M50) 37:09; dnf W.Lynch; 158 finished.  
 1 Thames Hare & Hounds 186; 2 Herne Hill H 245; 3 Belgrave H 296; 4 South London H 419; 5 Reigate Priory AC 521; 6 Dulwich Runners 632; 7 Guildford & Godalming AC 638; 8 Aldershot F&D AC 658.  
 U17M/U15M. 1 D.Seddon (Belgrave) 13:06; 7 E.Rimnap 14:50; 8 R.Collier 14:52; 10 P.Cowling 15:15; 11 N.Ambrose 15:18; 12 S.Stephens 15:19.  
 1 Belgrave 30; 2 Herne Hill H 69; 3 Guildford & Godalming 105; 4 South London H 122; 5 Ranelagh H 125.  
 U13B. 1 P.Humphrey (South London H) 13:57; 5 A.Graham 15:10; 7 T.Ashby 15:27.  
 1 South London H 19; 2 Ranelagh H 90; 3 Belgrave H 102; 4 Guildford & Godalming 110; 5 Dulwich R 114.  
**12 Women's Surrey CC League Division 1 Match 1**, Epsom Downs.  
 1 D.Lee (Thames H&H) 26:03; 2 G.Tamirat (Belgrave) 26:20; 3 L.Hassells (Thames H&H) 27:24; 6 M.Sharp 28:04; 10 T.Sturton 29:10; 12 A.Walker 29:17; 53 J.Whittington 33:37; 66 D.Hearn 35:18; 82 J.Poloni 38:00; 83 N.Mills (W55) 38:13; 94 finished.  
 1 South London H 82; 2 Belgrave H 83; 3 Ranelagh H 114; 4 Dulwich Runners 120; 18 Belgrave H B 439.  
**12 Manchester University Relays 2.2 miles**. R.Ward 10:00 (5th fastest).  
**13 Chicago Marathon**: 1 K.Kannouchi (USA) 2:05:56; 146 P.Freary (M40) 2:35:28; 297 J.Browne 2:45:46.  
**13 Gatorade Festival of Running**, Kingston, 8 miles. 1 S.Hayes (Sigma) 42:00;

9 S.Nelson 48:02.  
**13 Hannay 5 miles**, Oxford. 1 J.Downes (London Irish) 24:13; 4 C.Herrington 25:24.  
**13 Chester Zoo 10 km**. 1 H.Lawrence (Wirral) 36:30; 10 L.Cooper 39:52.  
**19 European Champion Clubs Cup Half Marathon**, Lisbon, Portugal.  
 1 J.Moyren (Vodafone Guadalajara) 65:13; 32 W.Cockerell 73:01; 34 K.Hegveld (M40) 73:53; 36 R.Alsop 74:19; 42 A.Stewart 75:12; 48 C.Herrington 76:46; 56 L.Hurst 79:48.  
 Teams: 1 GDR Corforlimpa 20; 2 Carabinieri Bologna 30; 3 Maratona CP 56; 9 Belgrave H 144.  
**19 Ealing Run Ragged 10 km**, Perivale. Women. 1 A.Walker 39:55.  
**19 Self Transcendence 10 km**, Battersea Park. 1 K.Chebouki (Serpentine) 33:51; 3 M.Kazimierski 34:27.  
**19 Manchester & District CC League 9 km**. 1 R.Ward 32:29.  
**19 Reebok Cross Challenge**, Sefton Park, Liverpool, 8km. 1 M.Smith (Tipton) 24:24; 3 S.Barden 24:27; 5 Allen Graffin 24:39; 18 K.Tadesse 25:21; 30 D.Anderson 25:50; 37 J.Blackledge (9th U20) 26:05.  
**20 Birmingham University 5 km**. 1 M.Miles 14:27.  
**20 Ronhill-LARA Surrey Classic 10 km**, Nonsuch Park. 1 R.Ward (City of Edinburgh) 31:37; 4 M.Webb 35:15; R.Thorne-Jones 41:00.  
**20 Croydon H 10 km**. 1 T.Berg (Mornington Chasers) 33:00; 96 D.Stephens (U17) 46:30.  
**25 Serpentine 5 km**. 1 K.Newton (Herne Hill) 16:17; P.Carstairs (M40) 19:01.  
**26 AAA Women's 4 Stage Road Relay**, Sutton Park, Sutton Coldfield.  
 1 Windsor SE&H AC 59:40; 2 Tipton H 1:00:06; 3 Bristol AC 1:00:53; 4 City of Glasgow 1:01:07; 5 Bedford & C AC 1:01:08; 6 Salford H&AC 1:01:12; 15 Belgrave H 1:04:41; 82 teams started; 71 teams finished. Distance: 4,134m.  
 G.Tamirat (4) 14:51; L.Cooper (25) 17:34; V.Edwards (24) 16:50; M.Sharp (15) 15:26.  
 Fastest of the day: 1 H.Yelling (Windsor SE&H AC) 14:15; 2 L.Heyes (Salford H&AC) 14:22; 3 K.Reed (Bristol AC) 14:31; 11 G.Tamirat (Belgrave H) 14:51.  
**26 AAA Men's 6 Stage Road Relay**, Sutton Park, Sutton Coldfield.  
 1 Belgrave H 1:44:24; 2 Morpeth H&AC 1:46:24; 3 Birchfield H 1:46:52; 4 Salford H&AC 1:47:01; 5 Newham & Essex B 1:48:01; 6 Tipton H 1:48:09; 68 teams started; 64 teams finished (including 1 non-scoring team). Course: 5,847 metres.  
 R.Ward (10) 17:48; S.Sharp (3) 17:31; S.Barden (1) 17:12; Allen Graffin (1) 17:15; M.Miles (1) 17:08; David Anderson (1) 17:30.  
 Fastest of the day: 1 C.Thompson (Aldershot F&D AC) 16:53; 2 I.Hudspith (Morpeth H&AC) 17:03; =3 M.Miles (Belgrave H) and F.Lombard (Woodford Green & EL AC) 17:08; 5 S.Barden (Belgrave H) 17:12; 6 Allen Graffin (Belgrave H) 17:15; 7 R.Birchall (Birchfield H) 17:17; 8 C.Davies (Telford AC) 17:18; 9 M.Warmby (Newham & Essex B) 17:22; 10 J.Moorhouse (Birchfield H) 17:23.  
**27 Help a London Child Wimbledon 10km**. 1 W.Cockerell 32:44; 3 K.Hegveld 33:52; 62 H.Corbett (M40) 42:13; 65 P.Cross (M45) 42:33; 71 R.Thorne-Jones 42:52; 121 B.Khan 45:03; 634 finished. Teams: 1 White House Warriors 18; 2 Belgrave H 66; 3 Wimbledon Windmilers 80.  
**27 Amersham Heath Stroud Half Marathon**. 1 A.Vassiliev (Russia) 65:09; 6 K.Tadesse 69:04; 31 A.Jones 77:15.

## November 2002

**02 Reebok Cross Challenge**, Senneleys Park, Birmingham. 1 C.Lombard (Woodford Green) 33:31; 2 M.Miles 34:15; 13 K.Nash 35:25.  
**02 Metropolitan League**, Ruislip. Women. 1 L.Jackson (Newham & Essex B) 15:30; 6 M.Sharp (gst) 15:53.  
**03 Lotto Crosscup van Vlaanderen**, Ghent, Belgium, 6,830m. 1 T.Humphries 22:52; 16 J.Blackledge 23:51.  
**06 London Colleges League**, Richmond Park. Women's 2.7 miles. 1 E.Baker (Brunel) 15:10; 7 T.Sturton (St.Mary's/Belgrave) 16:42.  
**09 South of Thames "Junior" 5 miles CC Race**, Sparrow's Den, W. Wickham. Men. 1 J.Mays (Kent AC) 26:20; 2 P.Buckley 26:43; 3 A.Dunwoody (Kent AC) 26:52; 5 R.Alsop 27:22; 6 W.Cockerell 27:24; 62 Don Anderson (M45); R.Bale (M50); dnf R.Tubbs; 90+ finished.  
 Teams: Four to score: 1 Kent AC 16; 2 Blackheath H 60; 2 Crawley AC 66; 4 Belgrave H 75; 15 teams closed in. Eight to score: 1 Blackheath H 171; 2 Kent AC 172; 3 Crawley AC 207. Surrey County medals: Belgrave H.  
 Women. 1 S.Williamson (Walton) 32:10; 2 T.Sturton 32:53.  
 Team: 1 Brighton & Hove AC 26.  
**10 British Masters Relays**, Lloyd Park, Croydon. M60 3 x 2.5 miles: 1 Bingley H 48:12; 9 Belgrave H 62:51.  
**16 Women's Surrey CC League Division 1 Match 2**, Wimbledon Common.  
 1 D.Lee (Thames H&H) 22:46; 2 L.Hassells 22:46; 3 A.Ridley (Woking AC) 23:53; 8 M.Heaton 25:06; 13 A.Walker 25:36; 40 H.Alsop (W35) 28:02; 44 J.Whittington 28:29; 61 L.Cooper 29:44; 68 D.Hearn 30:22; 92 J.Poloni 33:29; 97 N.Mills (W55) 34:33; 104 D.Hopkins (W35) 38:25.  
 Teams: 1 South London H 63; 2 Herne Hill H 96; 3 Woking AC 98; 4 Belgrave H 116; 5 Ranelagh H 119; 6 West 4 H 125; 7 Thames H&H 134; 19 Belgrave H B 475.  
 After two matches: 1 South London H 140; 2 Belgrave H 195; 3 Ranelagh H 227; 4 Woking AC 236; 5 Herne Hill H 244; 6 Thames H&H 278; 7 Dorking & MV 330; 8 West 4 H 345; 18 Belgrave H B 909.  
 U15. 1 Z.Shannon (Dorking MV) 13:18; 15 C.Hopkins 17:35.  
 U13. 1 A.Hook (Ranelagh H) 14:06; 4 K.Burns 14:40; 23 L.Hopkins 22:47.  
**16 "Sweatshop" Men's Surrey CC League Division 1 Match 2**, Wimbledon Common.  
 1 S.Major (South London H) 29:29; 2 N.Altmann (TH&H) 29:42; 3 B.Reynolds (TH&H) 29:53; 4 P.Buckley 30:01; 6 W.Cockerell 30:08; 25 A.Stewart 31:21; 27 R.Alsop 31:27; 32 R.Tubbs 31:58; 50 S.Zealey 33:05; 72 W.Lynch 34:27; 77 M.Landmeier; 84 R.Marcus 34:56; 101 P.Tarpey 35:54; 116 M.Nouch (M45)

37:22; 131 Don Anderson (M45) 39:35; 138 R.Bale (M55) 41:50; 147 M.Graham 47:57 (M50); 149 finished.

Teams: 1 Thames Hare & Hounds 188; 2 Herne Hill H 201; 3 Aldershot F&D AC 325; 4 Belgrave H 442; 5 South London H 456; 6 Ranelagh H 530; 7 Reigate Priory AC 625; 8 Guildford & Godalming AC 664; 9 Dulwich Runners 664. U17M/U15B. 1 P.Canavan (South London H) 15:29; 5 J.MacRae 18:34; 6 P.Cowling 19:02; 7 ? 19:10; 8 R.Collier 19:25; 9 C.Ferrer 19:33.

Teams: 1 Belgrave 35; 2 South London 88.5; 3 Ranelagh H 92.5; 4 Herne Hill H 124; 5 Dulwich R 125.

U13B. 1 P.Humphrey (South London H) 17:11; 6 A.Graham 18:41; 8 C.Taylor 19:58; 9 T.Ashby 20:10; 14 M.Sandoval 24:34.

Teams: 1 South London H 22; 2 Belgrave H 67; 3 Ranelagh H 92.5; 4 Herne Hill H 124; 5 Dulwich R 125.

**16 Frostbite Friendly League**, Peterborough, 5 miles. 1 N.Speaight 25:44.

**16 British & Irish Vets International**, Ballymena. 6 miles. M50. 1 M.Hagar (Eng) 33:39; 4 C.Dickinson 35:13.

**17 Reebok Margate International inc. European Trials**. Men 9.5 km. 1 Allen Graffin (Belgrave) 28:33; 5 S.Barden 28:46; 25 K.Nash 29:56; dnf David Anderson and S.Sharp. Teams: 1 Midland Counties 29; 2 Belgrave H 31; 3 Combined Services 75; 4 Aldershot F&D AC 80. Junior Men 6km. 1 T.Sharland (Ipswich) 18:12; 5 J.Blackledge 18:32. Women. 5.5km: 1 A.Kalovics (Hungary) 17:58; 41 M.Sharp 21:01.

**17 Epsom 10 miles - VAC Champs**. 1 T.Cousins (Barnet) 57:55; 29 C.Cross (M60) 81:44; 30 G.Collins (M60) 82:39.

**20 London Colleges League**, Wimbledon. Women's 2.3 miles. 1 C.Dale (St. Mary's) 12:37; 6 T.Sturton (St. Mary's/Belgrave) 14:27.

**23 VAC 4.8 miles CC**, Wimbledon. 1 G.Tuck (Herc Wimb) 33:00; 7 M.Nouch (M45) 36:48; 12 H.Corbett 39:04; 17 R.Bale (M55) 41:50; 24 F.Gander (M65) 44:38; 28 A.Lane (M65) 50:13.

**23 Braid Hills Races**, Edinburgh, 6 miles. 1 D.Naylor (HBT) 31:53; 2 R.Ward 32:14.

**23 Chiba Ekiden Road Relay**, Chiba, Japan. 1st Stage (10k) 1 D. Birhanu (Ethiopia) 27:38; 10 M.Miles 28:42.

**24 BMC CC Champs**, Bristol, 4km. 1 R.Whalley (City of Stoke) 11:50; 2 C.Moss 12:04.

**29 Serpentine 5 km**, Hyde Park. Women. 1 M.Sharp 17:06.

**30 Victoria Park Races**, Leicester, 10km. 1 R.Ward 30:28.

#### December 2002

**01 Guys 10 miles**, Preston. 1 N.Tattershall (Pend) 51:10; 2 P.Freary 51:56.

**01 Victory 5 miles**, Portsmouth. Men. 1 W.Kirui (Kenya) 23:55; 2 B.Matheka (Kenya) 24:26; 3 S.Sharp (Belgrave) 24:30; 16 H.Raidi 25:42; 23 R.Alsop 26:16; 37 B.Barton 27:39; 49 L.Catley 28:24. Teams: 1 Medway & Maidstone AC 62; 2 Belgrave H 79; 3 Southampton Runners 108. Women. 1 C.Mutwa (Kenya) 27:45; 23 L.Cooper 33:11.

**07 Norman Woodcock Memorial 6 miles**, High Gosforth Park, Tyne & Wear. 1 David Anderson 28:33.

**07 Kent Veterans' CC Champs**. 10km. West Wickham. 1 N.Kinsey (Blackheath) 34:27; 16 P.Carstairs 37:03.

**08 European Cross Country Champs**, Medulin, Croatia. Men's 9830m. 1 S.Lebid (Ukraine) 28:58; 19 Allen Graffin 29:40; 30 S.Barden 29:53. Teams: 1 Spain 31; 4 Great Britain & N. Ireland 93. Junior Men's 6170m. 1 E.Rybakov (Russia) 18:16; 46 J.Blackledge 19:41. Teams: 1 Russia 37; 8 Great Britain & N. Ireland 119.

**08 Tadley CC**. 1 H.Raidi 30:00.

**08 Great Barford Half Marathon**, Beds. 1 B.Matheka (Kenya) 66:44; 24 R.Dorman (M40) 83:12. Women. 1 C.Mutwa (Kenya) 78:50; 8 V.Edwards 88:47. 14 Chingford League CC, Higham Park, 4.75 miles. 1 H.Raidi 24:28.

**15 Reebok Cross Challenge Round 4**, Edinburgh, 8.4 km 1 Allen Graffin 26:53; 7 M.Miles 27:20.

**22 LARA Horton Country Park 10 km**. 1 R.Ward 30:34; 4 A.Stewart 31:30; 5 R.Alsop 31:56.

**22 Wendover Woods 5 miles Hill Run**, Bucks. 1 C.Herrington 30:43.

**26 Boxing Day 5.5 miles**, Preston Park, Brighton. Women. 1 J.Downes (Brighton & H) 35:20; 4 J.Mitchell 39:24.

**26 Woodlawn 3.2 miles Christmas Pudding Run**, Whitley Bay, Tyne & Wear. 1 C.O'Connell (Sale) 16:45; 2 C.Herrington 16:56.

**27 Serpentine 5 km**, Hyde Park. 1 H.Lobb (Bedford) 14:52; 3 K.Hegveld (M40) 15:59.

**27 LARA Queens' Head 5 km**, Belper, Derbyshire. 1 M.Whitehouse (Birchfield) 15:12; 2 R.Alsop 15:37. Women 1 H.Alsop (W35) 20:10.

**29 Nike Festive 5 miles**, Wythenshawe Park, Manchester. 1 A.Norman (Altrincham) 24:00; 2 P.Freary 24:49.

#### January 2003

**04 Great North CC**, Newcastle. 3.848 kms: 1 R.Whalley 12:37; 15 David Anderson 13:02.

**04 County Cross Country Champs**.

**Buckinghamshire**, Amptill Park. 12 kms: 1 C.Herrington 39:43.

**Greater Manchester**, Bolton. 1 A.Norman (Altrincham 45:27; 5 P.Freary 47:21. **Surrey**, Nork Park, Banstead.

Men 12 km: 1 P.Rodgers (Crawley) 40:20; 16 R.Alsop 42:52; 17 R.Ward 43:00; 77 W.Cockerell (started about 5 minutes late) 48:33; Don Anderson (M45) dnf, 196 finished.

Women 8 km: 1 J.Kelsey (Woking) 30:10; 8 M.Heaton (n/s) 33:06; 13 J.Clark (W35) 34:11; 66 J.Whittington 39:11; 72 A.Pike 39:45; 95 N.Mills (W55) 44:00; T.Sturton dnf; 109 finished. Teams: 1 Woking AC 40; 2 South London H 42; 3 Dorking & MV 63; 13, Belgrave H 213; 16 teams closed in.

**11 "Sweatshop" Men's Surrey CC League Division 1 Match 3**, Petersham, Richmond Park.

1 S.Sharp (Belgrave) 28:23; 2 E.Prickett (Reigate) 28:39; 3 S.Major (SLH) 28:51; 10 W.Cockerell 29:45; 11 R.Alsop 29:49; 21 T.Bayley 30:23; 24 R.Tubbs 30:41; 34 K.Hegveld (M40) 31:19; 37 S.Kenneffick 31:30; 58 S.Zealey 32:39; 73 P.Carstairs (M40) 33:17; 77 M.Webb 33:29; 80 L.Catley 33:38; 84 R.Marcus 33:52; 106 G.Reid (M40) 34:59; 155 E.Asiedu 44:24.

Teams: 1 Thames H&H 176; 2 Herne Hill H 226; 3 Belgrave H 323; 4 South London H 461; 5 Ranelagh H 528; 6 Guildford & Godalming AC 552; 7 Reigate Priory AC 558; 8 Aldershot F&D AC 584; 9 Dulwich Runners 687.

U17M/U15B. 1 D.Seddon (Belgrave U17) 16:58; 2 D.Hooper (SLH U15) 17:45; 3 R.Sim (Ranelagh U15) 18:15; 9 P.Cowling (U17) 19:29; 10 R.Collier (U17) 19:30; 15 D.Stephens (U15) 20:33; 16 finished.

Teams: 1 South London H 51; 2 Belgrave H 66; 3 Ranelagh H 84; 4 Herne Hill H 102; 5 Guildford & Godalming AC 112.

U13B. 1 P.Humphrey (SLH) 17:17; 2 N.Farrell (SLH) 17:52; 3 D.Bassett (SLH) 18:33; 6 T.Ashby 19:16; 14 finished.

Teams: 1 South London H 18; 2 Guildford & Godalming AC 69.5; 3 Ranelagh H 86; 4 Belgrave H 12.

**11 Women's Surrey CC League Division 1 Race 3**, Petersham, Richmond Park.

1 L.Watson (Thames H&H) 21:21; 2 L.Hassells (Thames H&H) 21:34; 3 C.Diss (Herne Hill) 21:37; 5 M.Sharp 21:53; 9 M.Heaton 22:39; 14 J.Clark (W35) 23:23; 18 L.Cooper 23:56; 24 H.Alsop (W35) 24:22; 65 C.Eastham 27:15; 77 N.Mills (W55) 29:23; 97 finished.

Teams: 1 Ranelagh H 56; 2 Belgrave H 70; 3 Thames H&H 72; 4 South London H 97; 5 Dulwich R 145; 6 Dorking & MV 174; 20 Belgrave H 'B' 459.

U15G. 1 K.Mertens 14:51; 6 L.Collier 15:38; 20 H.Gates 18:55.

Teams: 1 Sutton & Dist AC 33; 2 Woking AC 34; 3 Hercules Wimbledon AC 83; 5 Belgrave H 88; 11 teams.

U13G. 1 A.Hook (Ranelagh H) 15:08; 10 K.Burns 16:32; 21 finished.

Teams: 1 Ranelagh 48; 2 Guildford & Godalming AC 54; 3 Kingston & Poly H 68; 9 Belgrave H 103; 9 teams.

**11 Birmingham League Div 1**, Princethorpe College. 1 M.Miles 33:10.

**11 Reebok Cross Challenge**, Belfast. 1 S.Lebid (Ukraine) 24:45; 9 S.Barden 25:07.

**18 Hampshire County Schools Champs**, Carisbrooke, Isle of Wight. SB 1 J.Blackledge 24:43.

**19 Helsby Half Marathon**. Women. L.Cooper 1:26:54.

**26 Portugal vs. Spain vs. Great Britain & NI U20 7km CC**, Lisbon, Portugal. 1 T.Humphries (GBR) 24:13; 11 J.Blackledge 25:19. 1 GBR 6, 2 ESP 20; 3 POR 23.

**19 Reebok Cross Challenge**, Cardiff. 4km: 1 A.McLean (Team Solent) 13:01; 8 David Anderson 13:30. 9km: 1 S.Barden 29:45.

**25 SEAA Cross Country Champs**, Bicton College, near Exmouth, Devon. Men's 15km. 1 J.Downes (London Irish) 37:15; 2 M.Normington (Herne Hill) 37:25; 3 D.Mitchinson (Newham & Essex) 37:30; 15 H.Raidi 38:43; 42 W.Cockerell 39:47; 70 K.Hegveld (M40) 40:51; 126 W.Lynch 42:41; 170 L.Catley 43:52; 209 P.Carstairs (M40) 44:44; 211 M.Byansi 44:46; 524 Don Anderson (M45) 53:18; 628 finished.

Teams: 1 Newham & Essex Bgls 148; 2 Shaftesbury Barnet H 180; 3 Blackheath H 256; 10 Belgrave H 628; 55 teams closed in.

Women's 8km. 1 S.Morris (Bedford) 23:29; 2 C.Hoyte (Arena 80) 23:55; 3 L.Watson (Medway & Maidstone) 24:21; 50 M.Heaton (Belgrave) 26:28; 97 L.Cooper 28:32; 102 A.Walker 28:44; 266 finished.

Teams: 1 Windsor SE&H 64; 2 Bedford & County AC 79; 3 Highgate H 105; 31 teams closed in.

Women's 8km. 1 S.Morris (Bedford) 23:29; 2 C.Hoyte (Arena 80) 23:55; 3 L.Watson (Medway & Maidstone) 24:21; 50 M.Heaton (Belgrave) 26:28; 97 L.Cooper 28:32; 102 A.Walker 28:44; 266 finished.

Teams: 1 Windsor SE&H 64; 2 Bedford & County AC 79; 3 Highgate H 105; 31 teams closed in.

#### February 2003

**01 "Sweatshop" Men's Surrey CC League Division 1 Match 4**, Farthing Downs, Coulsdon.

1 D.Taylor (Herne Hill) 28:20; 2 M.Normington (Herne Hill) 28:52; 3 D.Naylor (Thames H&H) 29:18; 5 A.Zawadski 29:32; 7 K.Nash 29:38; 11 W.Cockerell 29:54; 19 K.Hegveld (M40) 31:07; 26 S.Kenneffick 31:18; 42 W.Lynch 32:36; 50 S.Zealey 32:56; 62 L.Catley 33:35; 72 P.Carstairs (M40) 34:45; 92 M.Webb 35:18; 95 R.Marcus 35:29; 114 A.Cowmeadow 37:33; 128 Don Anderson (M45) 38:55; 142 R.Bale (M50) 42:45; 148 E.Asiedu 45:48.

Teams: 1 Herne Hill 169; 2 Thames H&H 197; 3 Belgrave 359; 4 South London 386; 5 Aldershot F&D 504; 6 Guildford & G 565; =7 Reigate Priory 593; =7 Ranelagh 593; 8 Guildford & G 602; 9 Dulwich 729.

Final league result: 1 Thames H&H 747; 2 Herne Hill 841; 3 Belgrave 1420; 4 South London 1722; 5 Aldershot F&D 2071; 6 Ranelagh 2151; 7 Reigate Priory 2269; 8 Guildford & G 2447; 9 Dulwich 2712.

U17M/U15B. 1 D.Seddon (Belgrave) 16:00; 5 J.MacRae 18:05; 7 R.Collier 19:13; 9 D.Stephens 19:44; 10 N.Ambrose 20:12; 12 C.Ferrer 21:28.

Teams: 1 Belgrave 30; 2 Guildford & G 75; 3 South London H 90.

Final league result: 1 Belgrave 161; 2 South London 351.5; 3 Guildford & G 434.5; 4 Herne Hill 435; 5 Ranelagh 441.5.

U13B. Final league result. 1 South London 97.5; 2 Guildford & G 367; 3 Ranelagh 386; 4 Belgrave 426.

**01 Women's Surrey CC League Division 1 Race 4**, Lloyd Park.

1 E.Fisher (Shaftesbury Barnet gst) 27:13; 6 M.Heaton 28:52; 14 A.Walker 30:46; 25 L.Cooper 31:38; 33 H.Alsop (W35) 32:34; 46 A.Pike 34:27; 57 C.Eastham 36:14; 67 N.Mills (W55) 38:31.

Teams: 1 South London 61; 2 Ranelagh 75; 3 West 4 114; 4 Herne Hill 122; 5 Belgrave 124; 6 Dulwich 135; 16 Belgrave B 379; 18 teams closed in.

Final league position. 1 South London 298; 2 Ranelagh 358; 3 Belgrave 439; 4 Thames H&H 534; 5 Herne Hill 551; 6 Dulwich 703; 16 Belgrave B 1746; 28



## January 2001

**01 City New Year Walks**, Victoria Park. 10 km: 7 P.King (M45) 60:31. U15B 2.5 km: 1 A.Graham (U13B) 14:25.  
**07 Met. Police 10 km**, Imber Court. 1 C.Cheeseman (Surrey WC) 43:21; 4 A.Gouldie 45:58; 13 C.Lawton (M50) 56:17; 16 P.King (M45) 58:32; 25 D.Fotheringham (M70) 1:02:39. Teams: 1 Surrey WC 19; 2 Ilford AC 30; 3 Belgrave 35.

## February 2001

**17 Enfield 5 miles**. 17 Feb 2001. 1 A.Ellam (Colchester) 40:39; 6 M.Scammell (M45) 46:49; 12 E.Hall (M65) 51:24.  
**17 Kent 10 km**. 17 Feb 2001. 1 A.Gouldie 46:00.  
**24 Essex/Herts/Middx/Suffolk 10 miles**, Chigwell. 5 M.Graham (M50) 1:28:52; 6 J.Hall 1:29:17.  
**24 Surrey 20 km**, Monk's Hill. 3 A.Gouldie (gst) 1:37:36; 5 P.King (M50) 2:01:09.

## March 2001

**04 LPR 9 km**, Blackheath. 2 M.Graham (M50) 49:54.  
**10 European Veterans' Champs.**, Bordeaux, France. 3000m: M70 1 D.Fotheringham (M70) 17:28.28.  
**10 Cambridge H. Winter League**, Bexley 10 km. 1 M.Easton (Surrey WC) 44:50; 2 A.Gouldie 46:41; 9 P.King (M50) 58:06. Teams: 1 Ilford 24; 2 Surrey WC 41; 3 Belgrave 43.  
**17 Enfield 5 miles**. 1 P.Ryan (SWC) 41:20; 3 J.Hall (M50) 41:49; 6 D.Fotheringham (M70); 10 E.Hall (M65) 51:11. Teams: 1 Enfield & Haringey 18; 2 Belgrave 21; 3 Ilford 22.  
**25 RWA National 50 km**, Victoria Park. 1 M.Smith (Coventry) 4:33:17; 11 P.King 5:24:00.

## April 2001

**11 British Police vs. Civil Service 10 km**, Birmingham. 1 N.Carmody (MP) 48:33; 14 D.Fotheringham (M70) 59:09.  
**15 LPR 9 km**, Blackheath. 11 C.Lawton (M50) 49:33 14, A.Gouldie 42:53; 15 M.Graham (M50) 50:04.  
**17 VAC 5 miles**, Battersea Park. 1 P.Stanley (Wey) 44:18; 2 C.Lawton (M50) 44:23; 5 P.King (M50) 46:14; 9 E.Hall (M65) 49:46.  
**21 EAA Grand Prix/UK 20 km Championship**, Leamington. 1 R.Heffernan (Ireland) 1:21:11; 14 A.Gouldie 1:34:40.  
**25 VAC, Belgrave, Surrey, Middlesex and Herts 10,000m Champs**, Battersea. 1 J. Hall (M50) 51:29; 4 C Lawton (M50) 55:32; 7. P King (M45) 57:51; 11 E Hall (M65) 61:46; 12 D Fotheringham (M70) 62:22. Middlesex. 1, J.Hall. Surrey: 1 C.Lawton.  
**28 Inter-Counties**, Don Valley, Sheffield. U13B 2 km road: 3 A.Graham 11:06.

## May 2001

**04 RWA Junior Champs.**, Birmingham. U13B 2km road: 4 A.Graham 10:29.  
**07 Pednor 5 miles**. 1 C.Lawton (M50) 43:36.  
**12-13 County Championships**.  
 Kent, Ashford. 3000m: 1 A.Gouldie 13:12.9.  
 Middlesex, Cophall. 3000m: 1 J.Hall (M50) 14:35.9.  
**16 VAC 5 miles**, Battersea Park. 1 S.Uttley (Ilford) 42:47; 2 C.Lawton (M50) 43:00; 4 P.King (M50) 46:17.  
**16 Woodford Track Walks**. 3000m: 5 D.Fotheringham (M70) 17:56.9. U13 1km: 1 A.Graham 5:18.0.  
**19 London-Brighton**. 1 I.Statter (Surrey WC) 9:29:21; 2 P.King (M45) 9:35:33.  
**23 Enfield League Track 3000m**. 1 J.Hall 14:46.  
**28-29 CAU Inter-Counties Champs.**, Bedford. 3000m: 3 A.Gouldie 13:07.00.

## June 2001

**02 Essex 20 km**, Basildon. 1 A.Ellam (Colchester) 1:49:19; 9 P.King (M45) 2:02:36; D.Fotheringham 1st M70) 2:14:19.  
**16 Dublin Grand Prix**, Phoenix Park. 20 km: 1 N.Deakes (Australia) 1:18:14; 14, A.Gouldie 1:35:33. M50 3km: 1 M.Graham 16:17.  
**19 VAC 5 miles**, Battersea Park. 1 S.Allen (Ilford) 41:48; 2 C.Lawton (M50) 42:48; 5 P.King (M50) 46:23; 9 E.Hall (M65) 49:27.  
**23 Enfield 5 miles**. 1 V.Lauer (Belgrave SW) 42:41; 6 E.Hall (M65) 48:52.  
**23-24 British Veterans Champs.**, Eton. M50 3000m: a 1 J.Hall 14:12.70; 3 C.Lawton 15:15.60. 5000m: b 1 J.Hall 24:42.2.

## July 2001

**04-14 World Veterans' Champs.**, Brisbane. M65 5km: 7 E.Hall 29:19.45. M70 5km: 3 D.Fotheringham 29:00.82. 20km: 5 D.Fotheringham 2:08:22.  
**15 AAA Champs.**, Birmingham. 5000m: 5 A.Gouldie 21:49.63.  
**17 VAC 5 miles**: 1 P.King 46:06.  
**28 Enfield 5 miles**. 1 P.Ryan (Surrey WC) 41:18; 3 J.Hall (M50) 41:49; 8 C.Lawton (M50) 45:11.

## August 2001

**04-05 Hedgethorpe 100 miles inc. RWA Champs**, Colchester. 1 R.Dobson (Ilford) 19:46:11; 8 P.King (M45) 22:30:37.  
**11 Great Britain & N. Ireland v France**, Ashford. 5000m: 4 A.Gouldie 22:20.13.  
**14 VAC 5 miles**, Battersea Park. 1 C.Lawton (M50) 45:34; 3 P.King (M50) 47:07.  
**15 Civil Service Champs.**, Eton. 3000m: 3 J.Hall (M50) 14:47.9.  
**18 Enfield 5 miles**. 1 J.Hall (M50) 43:47.  
**26 VAC Champs**, Kingsmeadow. 3000m: 1 C.Lawton 15:44.0.

## September 2001

**03 Civil Service Champs.**, Battersea Park. 3000m: M50 1 J.Hall 14:23.5.

**12 Woodford League**. 3000m: 1 S.Allen (Ilford) 14:43.1; 7 D.Fotheringham (M70) 17:36.2.

**15 Enfield 5 miles**. 1 J.Hall (M50) 41:11; 9 E.Hall (M65) 52:34. Teams: 1 Ilford 658; 2 Enfield 577; 3 Belgrave 412.

**23 LPR 9 km Handicap**, Blackheath. 1 H.Rennie (Camb H) 58:31; 5 D.Fotheringham (M70) 56:07.

## October 2001

**06 Gazette Cup 4 miles**, Monk's Hill. 1 A.Gouldie 31:21; 3 C.Lawton (M50) 35:59; 6 P.King (M50) 37:32. U13 2.5km: 1 A.Graham 14:25.

**20 Cambridge H Winter League**, Bexley. U15 2.5 km: 1 A.Graham 13:35.

**28 Essex League/Police 5 miles**, Basildon. 1 A.Ellam (Colchester) 40:28; 16 E.Hall (M65) 49:59.

## November 2001

**03 Steyning 50th Anniversary 5 miles**. 1 D.Stone (Steyning) 34:57; 3 A.Gouldie 36:40.

**10 Enfield 7 miles**. 1 S.Allen (Ilford) 57:44; 2 J.Hall (M50) 58:02; 9 P.King (M50) 64:42; 13 D.Fotheringham (M70) 68:21; 15 E.Hall (M65) 70:36. Teams: 1 Ilford 11; 2 Enfield 19; 3 Belgrave 25.

**17 Addington Vase 7 miles**, Monks Hill. 1 M.Easton (Surrey WC) 51:03; 5 P.King (M50) 65:19.

**17 Midland Winter League 10 km**, Perry Park, Birmingham. 1 M.Williams (Tamworth) 49:16; 11 D.Fotheringham (M70) 61:36.

**24 Belgrave Open 7 miles**. 1 C.Cheeseman (Surrey WC) 48:46; 2 A.Ellam (Colchester) 57:00; 3 C.Bradley (Surrey WC) 57:17; 8 P.King (Belgrave M50) 64:40; 16 E.Hall (M65) 70:58; 17 D.Fotheringham (M70) 70:58. Teams: 1 Surrey WC 11; 2 Ilford 20; 3 Steyning 26; 4 Belgrave 41.

## December 2001

**09 Enfield League 5 miles**. 1 J Hall (M50) 41.49; 9 D Fotheringham (M70) 48.36; 12 E Hall (M65) 50.02. Overall League results Individual Men 1 J Hall (M50) 262 points. Individual Women 1 P.Philips (Ilford) 164; 3 V.Lauer 57. Team 1 Ilford 842; 2 Enfield 726; 3 Belgrave 550.

**09 Cambridge H Winter League 10 km**, Bexley. 1 D.Stone (Steyning) 43:44; 5 A.Gouldie 44:57; 8 C.Lawton (M50) 55:54. RWA Young Athletes GP U13 1 A.Graham.

**16 Ilford 10 km**. 1 A.Ellam (Colchester) 52:28; 3 C.Lawton (M50) 56:39; 6 P.King (M50) 58:31.

## January 2002

**01 City New Year Walks**, Victoria Park. 10 km. 1 M.Easton (Surrey WC) 45:17; 5 C.Lawton (M50) 56:35; 8 P.King (M50) 57:18. U15B 2.5km: 1 A.Graham (U13B) 14:22.

**06 Met. Police 10 km**, Imber Court. 1 D.Stone (Steyning) 42:54; 4 A.Gouldie 44:59; 12 P.King (M50) 57:04. Teams: 1 Steyning 8; 2 Surrey WC 23; 3 Ilford 32; 4 Belgrave 35. SRWA: 1 Steyning 143; 2 Surrey WC 131; 3 Ilford 124; 4 Belgrave.

**12 Enfield 5 miles**. 1 P.Ryan (Surrey WC) 41:21; 8 D.Fotheringham (M70) 49:02.

## February 2002

**03 London Open Walks**, Victoria Park. Men 10 km: 1 L.Finch (Leicester) 45:01; 2 A.Gouldie 45:35; 14 P.King (M50) 58:17.

**09 Cambridge H Winter League, Bexley**. 15 km: 1 A.Ellam (Colchester) 1:22:11; 3 P.King (M50) 1:28:04. U15B 2.5 km: 1 A.Graham 14:06.

**16 Enfield 5 miles**. 1 R.Emsley (Steyning) 39:30; 2 J.Hall (M50) 41:03.

**24 Essex/Middlesex/Herts/Suffolk/Norfolk 10 miles**. 1 A.Ellam (Colchester) 1:25:34; 4 J.Hall (M50) 1:29:00. Middlesex Champs. 1 J.Hall.

## March 2002

**02 RWA 20 km Champs.**, Imber Court, Molesey. 1 A.Drake (Coventry) 1:24:43; 11 A.Gouldie 1:45:12; 22 P.King (M50) 1:58:36.

**09 Cambridge H Winter League**, Bexley, Kent. 10 km: 1 A.Gouldie (Belgrave) 51:37; 5 P.King (M50) 58:07. Team: 1 Ilford AC 26; 2 Belgrave H 34; 3 Cambridge H 41. Kent Champs: 1 A.Gouldie.

**16 Inter-Counties GP**, Dartford. 5 km: 3 A.Gouldie 23:22.6; 7 J.Hall (M50) 25:11.0.

## April 2002

**07 LPR 9 km**, Blackheath. 1 L.Dordoy (Ilford) 52:36; 15 A.Gouldie 43:05.

**24 Middlesex/Surrey/VAC/Belgrave 10 km Track Champs.**, Battersea Park: 1 R.Emsley (Steyning) 51:35; 4 P.King (M50) 58:23; 14 D.Fotheringham (M70) 1:04:45.

**27 RWA National Junior Champs.**, Don Valley, Sheffield. U13 2 km: 1 A.Graham 10:50.

## May 2002

**11 Essex Open and League 20 km**, Basildon. 1 D.Bearman (Steyning) 1:29:53; 7 P.King (M50) 1:59:38.

**14 VAC 4.37 miles**, Battersea Park. 1 P.Hannell (SWC) 39:48; 3 P.King (M50) 41:24.

**22 Enfield/Herts 3000m Champs.**, Enfield. 1 J.Hall (M50) 14:45.0.

**25 Surrey County AA Veterans Champs.**, Kingsmeadow. M50 3000m: 1 C.Lawton (M50) 18:02.5.

**25 CAU Inter-Counties**, Bedford. 3000m: 4 A.Gouldie (Kent) 13:21.35.

## June 2002

**08 Enfield 5 miles.** 1 J.Hall (M50) 40:53; 7 E.Hall (M65) 50:09.  
**17 London Business Houses AA Champs.** 3000m: 1 J.Hall (M50) 14:57.5.  
**18 VAC 5 miles,** Battersea Park. 1 C.Gorst (Hastings AC/NZ) 39:06; 4 C.Lawton (M50) 48:01; 5 P.King (M50) 48:30; 8 D.Fotheringham (M70) 50:40; 9 E.Hall (M65) 51:09.

## July 2002

**14 BVAf 10 km.** M70. 1 D.Fotheringham 68:08.1.  
**16 VAC 4.75 miles,** Battersea Park. 1 P.King (M50) 41:57.  
**17 Woodford Track 3 km.** 1 J.Hall (M50) 14:37.4.  
**20 Enfield Veterans' 5 km.** 1 J.Hall (M50) 24:54.  
**27-28 BVAf Champs.,** Cophall. M70. 3000m: 1 D.Fotheringham 18:17.53. 5000m: 1 D.Fotheringham 30:09.55.

## August 2002

**07 Moulton Jubilee Walk 5 miles,** Newmarket, Suffolk. 1 J.Hall (M50) 39:12; 6 C.Lawton (M50) 43:18; 11 M.Graham (M50) 47:40; 13 E.Hall (M65) 48:50. Team: 1 Belgrave 22; 2 Ilford 39; 3 Enfield 60.  
**13 VAC 5 miles,** Battersea Park. 1 R.Emsley (Steyning) 35:37; 3 P.King (M50) 42:04; 5 E.Hall (M65) 44:38.  
**18 Essex 20 miles,** Colchester. 1 A.Ellam (Colchester) 3:17:43; 3 P.King (M50) 3:23:03.

## September 2002

**08 VAC Champs.,** Battersea Park. 3000m: 1 C.Lawton (M50) 15:22.6; 4 E.Hall (M65) 17:08.8.  
**09 London Business Houses Champs.,** Battersea Park. 2000m: 1 J.Hall (M50) 10:08.8; 2 C.Lawton (M50) 10:38.5.  
**14 Enfield 5 miles.** 1 P.Ryan (Surrey WC) 40:42; 10 D.Fotheringham (M70) 49:40.  
**22 LPR 9 km,** Blackheath. 1 C.Flint (London Vids.) 55:06; 2 E.Hall (M70) 55:29.

## October 2002

**02 Civil Service Champs 7 miles,** Blackheath. 1 D.Turner (YRWC) 56:13; 2 J.Hall (M50) 57:15; 12 E.Hall (M70) 71:46.  
**05 Leicester Open 7 miles.** 1 S.Hollier (Nun) 49:04; 20 D.Fotheringham (M70) tkn.  
**05 Gazette Cup 4 miles,** Monks Hill. 1 C.Lawton (Belgrave M50) 33:41; 3 P.King (M50) 37:28.  
**04-18 World Masters Games,** Melbourne, Australia. 5000m: 6 E.Hall (M70) 29:46.98. 10 km 1 E.Hall (M70) 1:04:18.  
**12 Enfield 5 miles.** 1 J.Hall (M50) 42:34.  
**19 Cambridge H Winter League,** Bexley. 1 D.Stone (Steyning) 21:49; 3 A.Goudie 24:05; 4 C.Lawton (M50) 25:41; 12 D.Fotheringham (M70) 29:39. Teams: 1 Surrey WC 15; 2 Belgrave H 19; 3 Ilford 38.  
**26 Steyning 10 km,** Steyning, Sussex. 1 G.Brown (Steyning) 52:38; 6 C.Lawton (M50) 53:51.

## November 2002

**02 Addington Vase 7 miles,** Monks Hill. 1 M.Easton (Surrey WC) 52:34; 4 P.King (M50) 65:11.  
**03 LPR 9 km,** Blackheath. 1 D.Sheppard (Colchester) 49:22; 6 D.Fotheringham (M70) 55:05.  
**10 Enfield 7 miles.** 1 P.Ryan (Surrey WC) 57:06; 3 J.Hall (M50) 59:13; 8 C.Lawton (M50) 61:15; 15 P.King (M50) 65:42. Teams: 1 Ilford 24; 2 Enfield 36; 3 Belgrave 26.  
**23 Belgrave Harriers 83rd Open 7 Miles Walk.** Men. 1 S.Hollier (W&B) 48:51; 2 G.Brown (Steyning) 51:46; 3 M.Easton (Surrey WC) 54:47; 4 T.Watt (Steyning) 56:20; 5 J.Hall 59:38; 6 C.Lawton 60:06; 13 P.King 64:37; 25 E.Hall 72:43. Teams: 1 Steyning 13; 2 Surrey WC 23; 3 Belgrave 24; 4 Ilford 35; 5 Loughton 47; 6 Enfield 72.  
 Women. 1 J. Hesketh (Steyning) 61:56.

## December 2002

**07 Enfield 5 miles.** 1 J.Hall (M50) 42:05.  
**07 Xmas Cup 5 km,** Monks Hill. 1 M.Easton (Surrey WC) 23:27; 2 C.Lawton (M50) 26:18.  
**14 Cambridge H Winter League 10 km,** Bexley. 1 M.Easton (Surrey WC) 48:06; 2 A.Goudie 49:14; 3 C.Lawton (M50) 52:36. Teams: 1 Surrey WC 13; 2 Ilford AC 24; 3 Belgrave 27.

## January 2003

**05 Met. Police 10 km,** Imber Court. 1 M.Easton (Surrey WC) 46:25; 2 A.Goudie 47:36; 7 C.Lawton (M50) 52:17; 18 D.Fotheringham (M70) 61:23. Teams: 1 Steyning 12; 2 Surrey WC 24; 3 Ilford AC 27; 4 Belgrave 27.  
**11 Enfield 5 miles:** 1 J.Hall (M50) 41:28.

## February 2003

**02 London Open 10 km,** Victoria Park. 1 A.Goudie 50:16; 2 T.Watt 50:42.  
**08 Enfield 5 miles.** 1 J.Hall (M50) 41:55.  
**08 Cambridge H Winter League 10km,** Bexley. 1 A.Goudie 49:33; 2 T.Watt 49:50; 4 C.Lawton (M50) 55:05; 8 P.King (M50) 61:11. Teams: 1 Belgrave 13; 2 Ilford 19; 3 Steyning 35.  
**16 Essex/Herts/Middlesex 10 miles,** Chigwell: 1 J.Hall (M50) 87:55.

## April 2003

**11 Enfield 5 miles:** 1 J.Hall (M50) 41:25; 7 D.Fotheringham (M70) 49:10.

**12 LPR 9kms,** Blackheath. 1 S.Allwood (Enfield) 49:32; 2 C.Lawton (M50) 49:52.  
**23 VAC, Belgrave, Surrey, Middlesex and Herts 10,000m Championships,** Battersea Park. 1 A.Cross (Herts Phoenix/Herts) 51:32.7; 2 J.Hall (Belg/Mx) M50 51:46.1; 4 C.Lawton (Belg/Sy) M55, 54:33.8; 8 P.King (Belg/Sy) M50 59:50.3; 10 D.Fotheringham (Belg) M70 62:17.4.

## What's on at Belgrave Hall

### Saturday 28 June 2003 - Race Night/Cocktail Evening.

This evening is now well established as the place to have a flutter! Cocktails and Pimms as usual. The summer event - don't miss it. Cost - £6, including buffet. (Cocktails, bar and bets extra!) Tickets available from the Social Committee - reserve yours now by phoning Helen (020 8870 5148) or Nina (020 8715 0694) now. Don't forget to sponsor a horse as well - even if you can't make it on the night, this is a great way to support the evening, with a chance to win a bottle of wine.

### Saturday 4 October 2003 - Quiz Night.

Always a popular night and your chance to team up and put your general knowledge skills to the test. Traditional fish and chip supper. Cost - to be confirmed to include supper. Tickets available later this year.

### Saturday 22 November 2003 - Annual Dinner Dance.

At the Reigate Manor Hotel. Accommodation will be available - full details to follow later in the year.

### Saturday 6 December 2003 - Darts Championship.

This was a great success last year and is great fun for both the serious and not-so-serious darts players. Hot snacks will be available as usual. Small entry cost for darts on the evening. Watch out for further publicity later on this year.



### Will Cockerell - the man just keeps on improving!

First Belgravian home in the 2003 AAA Half Marathon at Wilmslow, first man home in the National Cross Country, winner of the Cross Country Plate for the second year in succession and now a AAA 12-Stage gold medallist. It seems the sky's the limit for Will.

AAA Men's 12-Stage Road Relay, Sutton Park, Sutton Coldfield, 26 April 2003

# They've done it again! National 12-Stage title retained

With five new faces in the team an outsider might have been forgiven for thinking that the Bels were vulnerable. But as we've said before, our strength is in our tremendous depth and when one analyses the times it can be seen that the result is not down to outstanding performances by a few men - it's out and out solid running right the way through the squad with less than a minute covering the short stage men and not much more covering all the long 'uns. Those five new guys took their chances and did us proud.

It was the first time in a decade that a club had returned to Sutton Park to successfully defend their title - and when you think how tight it was in 2001 (we lost by six seconds) we were oh! so close to pulling off a hat trick. Now when was the last time a club managed that ... In fact Tipton had four in a row 1989-92 and they had a treble before that; and then back in the '50s and '60s South London H, Derby and Coventry Godiva had some huge sequences. But seriously, let's take it as it comes, enjoy the present and remember how lucky we are that all this has come together during "our time".

**Stage 1.** Following our recent custom, the previous year's last stage man was moved onto stage one and Paul Freary enjoyed the company around him to bring us home just 46 seconds off the lead, getting pipped on the line by Salford to give us 10th. Birchfield had opened up strongly with Mike Openshaw and no less than five of the top ten long stage times were set on this initial leg. Newham & Essex had a disaster as Ian Grime obviously had a big problem and could manage no more than 52nd place.

1 Birchfield 26:01; 2 Liverpool 26:03; 3 Chester-le-Street 26:06; 10 Belgrave 26:47. Fastest: 1 M.Openshaw (Birchfield) 26:01; 2 A.O'Connor (Liverpool) 26:03; 3 M.Scaife (Chester-le-Street) 26:06; 10 P.Freary (Belgrave) 26:47.

**Stage 2.** Now for some fireworks! Maria Sharp had no sooner finished her opening stage for our women's team than she was tearing back down the course to urge on her Stephen. Stephen Sharp has been in cracking form and we expected him to move us very close to the lead. He did all that was expected - a fine run - but funnily enough was 3 seconds slower than 2002 and we would have put money on him breaking 14 minutes. As the afternoon wore on Stephen's time looked better and better, for only three men managed that elusive sub-14 standard, two of them down the field on this stage. We were now just 14 seconds adrift of Birchfield while Tipton and Morpeth were half a minute or so behind but inside the top ten.

1 Birchfield (0) 40:44; 2 Belgrave (+8) 40:58; 3 Sale HM (+3) 41:08. Fastest: 1 C.Davies (Telford) 13:50; 2 C.Livesey (Preston) 13:52; 3 S.Sharp 14:11.

**Stage 3.** Last year Kevin Nash had to pull out of the team with a knee problem. No such bad luck this time as Kevin confirmed his fine run in the Southern event and moved the Bels a couple of seconds closer to Birchfield. Behind it was all-change as Stewy Bell moved Chester-le-Street into the frame. Warmby brought Newham up 18 places but the biggest rise of the day came from fastest man on the stage, Farrow, who brought Derby up 23 places to 28th. It was Nash's best run on this course in our colours - but again, strangely, 30 seconds down on what we might have expected.

1 Birchfield (0) 1:07:46; 2 Belgrave (0) 1:07:58; 3 Chester-le-Street (+3) 1:08:51. Fastest: 1 K.Farrow (Derby) 26:13; 2 M.Warmby (Newham &EB) 26:22; 3 M.Skinner (Blackheath) 26:46; 7 K.Nash (Belgrave) 27:00.

**Stage 4.** The animal was let loose on stage four and by the time the hill had been reached he was snapping and snarling at the heels of the "Stag" ahead of him. David Anderson had told us he would be very disappointed with anything outside of 13:50 and he certainly went off at a pace that promised to deliver such a time. Soon he was opening up a Belgrave lead that was never to be lost but as he ran out through the finishing funnel he was kicking himself and muttering - "I went off too fast". More importantly, he'd turned a 12 second deficit into an advantage of over a minute.

1 Belgrave (+1) 1:22:15; 2 Birchfield (-1) 1:23:20; 3 Notts (+2) 1:23:44. Fastest: 1 D.Anderson (Belgrave) 14:17; 2 J.Rogers (Sale HM) 14:41; 3 S.Burton (Notts) 14:45.

**Stage 5.** There was only one point in the race that had us worrying a little and with stage five we'd reached that point. Allen Graffin's knee problem is now behind him and recent sessions suggested that he was well on his way back. But fearful of letting the team down Allen did feel that it was prudent to have another man warming up for stage five and we'd make a decision as to who would step out onto the road ten minutes beforehand. Reserve Roger Alsop duly went through his pre-race ritual but when it came to it, Allen was fine. He certainly admitted to feeling his lack of fitness at the end of his stage and was a minute down on his 2002 fastest of the day - but was still our second fastest man. Newham were working their way back from the brink, now in 14th, but Mark Morgan had moved Tipton into a medal position and Birchfield were still going great guns in second.

1 Belgrave (0) 1:48:59; 2 Birchfield (0) 1:49:47; 3 Tipton (+3) 1:51:12. Fastest: 1 J.Moorhouse (Birchfield) 26:27; 2 Allen Graffin (Belgrave) 26:44; 3 M.Morgan (Tipton) 26:48.

**Stage 6.** A few weeks ago we weighed up whether Jonathan Blackledge should be an 'A' runner at Milton Keynes. He grasped that opportunity and showed that he should be considered for the big one at Sutton Park. He got his wish and by golly didn't he run well to take us to the halfway point. Can you really believe that just one year ago this young man was running in the mini marathon on London Marathon day - and here he was at the AAA Senior Men's 12-Stage Road Relay, taking over in the lead from Allen Graffin, spending a mere 14:40 out on the road with only the lead motorbike to chase and increasing our advantage by a minute to hand on to Aussie international Martin Dent. Jonathan's time stood up as 8th fastest of the day and surely showed UKA (if they noticed) that they should have selected him for the Junior World Cross.

1 Belgrave (0) 2:03:39; 2 Birchfield (0) 2:05:25; 3 Tipton (0) 2:06:32. Fastest: 1 C.Thompson (Aldershot F&D) 13:47; 2 J.Blackledge (Belgrave) 14:40; 3 A.Fulford (Swindon) 14:48.

**Stage 7.** Our lead stretched out to 2 mins 34 secs as Martin Dent ran in his first AAA Championship and took 48 seconds out of Birchfield's Rob Birchall. It had been a busy week for Martin as he only arrived back in London from Paris at 5:30pm the previous evening. He was our fastest long stage of the day and now sets his sights on a forward placing at Balmoral in a couple of weeks time. McCarthy of London Irish set the fastest long stage time of the day - the only man to go under 26 minutes - and the first of the Hudspith brothers began Morpeth's big push. But it was Tipton who made the most impact as Danny Robinson closed to within seven seconds of the silver medals.

1 Belgrave (0) 2:29:58; 2 Birchfield (0) 2:32:32; 3 Tipton (0) 2:32:39. Fastest: 1 M.McCarthy (London I) 25:48; 2 D.Robinson (Tipton) 26:07; 3 W.Burns (Salford) 26:18; 4 M.Dent (Belgrave) 26:19.

**Stage 8.** Usually enjoying an earlier leg, this time it was Richard Ward's turn to move back down the order. He clocked fastest for the stage and our lead reached its maximum of 2 mins 45 secs but again, it was one of those stages where we would have all thought he'd be half a minute quicker. Maybe those three races in three days the previous weekend - including a fell race - had something to do with it! Birchfield were still hanging in there with an 18 second margin over the green and white clad Tipton men.

1 Belgrave (0) 2:44:46; 2 Birchfield (0) 2:47:31; 3 Tipton (0) 2:47:49. Fastest: 1 R.Ward (Belgrave) 14:48; 2 R.Russell (Thames V) 14:58; 3 R.Green (Birchfield) 14:59.

**Stage 9.** As always Paul Evans received a huge reception as stepped onto the road. Our double Olympian and Chicago Marathon winner enjoys a great deal of respect from the road running fraternity. Paul had not been at his fittest in recent months, putting in time to study for a diploma in sports massage therapy, but a time trial over 5 miles the previous weekend earned him his place in our dozen. Tipton were now coming on strong with Nick Jones taking them to within four seconds of Birchfield while Mark Hudspith ran fastest on the lap for Morpeth, still in fourth.

## Belles exceed expectations in National 6-Stage

Having listened to the men's pre-race pep talk that morning, the ladies were glad not to be facing that level of pressure just yet. Still, pressure of a different sort came when two of the team, Juliette and Helen S, hadn't arrived by the time the team needed to be declared and couldn't be contacted on their mobiles. A team restructure was needed, which may have actually benefited us in the end. Although our runners' times (except Maria's) were slower than predictions, due to the strong wind, the team's final position of 11th was 4 places better than predicted. So it was a good day for the Belles.

### Stage 1

After a strong run in the Southern on the anchor leg, Maria Sharp wanted to reverse the order and lead off, figuring that starting up with the main pack would pull her around to a faster time. And that it did,

1 Belgrave (0) 3:12:25; 2 Birchfield (0) 3:14:31; 3 Tipton (0) 3:14:35. Fastest: 1 M.Hudspeth (Morpeth) 26:31; 2 G.Raven (Sale HM) 26:40; 3 N.Jones (Tipton) 26:46; 9 P.Evans (Belgrave) 27:39.

**Stage 10.** Will Cockerell has been reserve for us at Sutton Park on several occasions and this time, in spite of having run London two weeks earlier, he made the cut and fully justified his selection by running second fastest on the lap. Flogging himself up that final stretch his legs were "gone" and there wasn't an ounce of effort left in him as he lay panting on his back having sent Al Stewart on his way. The Tipton surge was on! They'd gone into second place through Cotton who ran fastest on the stage and they had two very good men to come - but they had 1 min 55 secs to make up.

1 Belgrave (0) 3:27:30; 2 Tipton (+1) 3:29:25; 3 Birchfield (-1) 3:30:13. Fastest: 1 S.Cotton (Tipton) 14:50; 2 W.Cockerell (Belgrave) 15:05; 3 S.Dudley (Notts) 15:23.

**Stage 11.** Al Stewart tells us that he has run more times around the Sutton Park course than the rest of the team put together. He certainly loves the route which is kinder to the stronger runners as opposed to the speed merchants. Tipton must have been hopeful of narrowing the gap and maybe even doing a "2001" on us on the last stage as they now turned out Stuart Hall, a sub 50 ten miler, and still had Nigel Stirk to come. But Al chose his 21st run in the Park to clock a personal best and far from losing ground ran fastest on the lap to open the gap to two minutes and more.

1 Belgrave (0) 3:54:23; 2 Tipton (0) 3:56:29; 3 Birchfield (0) 3:57:38. Fastest: 1 A.Stewart 26:53; 2 S.Hall (Tipton) 27:04; 3 A.Morgan-Lee (Salford) 27:20.

**Stage 12.** ... And we still had Adam Zawadski revved up and raring to go! Better known as an 800/1500 runner in the 1:50/3:42 region, Adam obviously has a lot of talent to show us at the longer distances as well. Another who had to run a time trial to work his way into the team when illness kept him out of the Milton Keynes line-up, Adam squeezed one more second away from the Tipton boys for another fastest stage and 6th fastest of the day. The last three stages had seen Belgrave and Tipton topping the fastest circuit lists.

And so the race was ours and the season closed on another high. Many thanks to all those who supported us here at Sutton Park and at the many events throughout the winter. You - and we - all know who you are and we love you for it. As for the Team Manager - well, he tells us that there couldn't be a finer bunch of guys to work with.

1 Belgrave (0) 4:08:55; 2 Tipton (0) 4:11:02; 3 Birchfield (0) 4:12:49; 4 Morpeth 4:13:32; 5 Salford (0) 4:15:05; 6 Sale HM (0) 4:18:05; 64 teams started; 57 teams finished. Fastest: 1 A.Zawadski (Belgrave) 14:32; 2 N.Stirk (Tipton) 14:33; 3 D.Swinburne (Morpeth) 14:59; 4 A.Renfree (Shaftesbury B) 15:03; 5 M.Boulstridge (Birchfield) 15:11; 6 D.Mason (Salford) 15:29.

### Fastest legs of the day

Short stage (2.995 miles): 1 C.Thompson (Aldershot F&D) 13:47; 2 C.Davies (Telford) 13:50; 3 C.Livesey (Preston) 13:52; 4 S.Sharp (Belgrave) 14:11; 5 D.Anderson (Belgrave) 14:17; 6 A.Zawadski (Belgrave) 14:32; 8 J.Blackledge 14:40; =14 R.Ward 14:48; =34 W.Cockerell 15:05.

Long stage (5.380 miles): 1 M.McCarthy (London I) 25:48; 2 M.Openshaw (Birchfield) 26:01; 3 A.O'Connor (Liverpool) 26:03; 4 M.Scaife (Chester-le-Street) 26:06; =5 N.Goodliffe (Holmfrith) & D.Robinson (Tipton) 26:07; 10 M.Dent 26:19; 19 Allen Graffin 26:44; =22 P.Freary 26:47; =28 A.Stewart 26:53; 35 K.Nash 27:00; 68 P.Evans 27:39.

for her 9th place finish in 17.01 gave the Belles their fastest leg of the day, and she beat her own previous best time for the course *and* won her bet with the men's first leg man, Paul Freary, as to who would finish higher up the field! Maria's run placed her as 18th fastest overall on the day.

1 Chester-le-Street 16:20; 2 Wirral 16:38; 3 Swansea 16:41; 9 Belgrave 17:01. Fastest: 1 D.Heneghan (Chester-le-Street) 16:20; 2 H.Lawrence (Wirral) 16:38; 3 C.Dugdale (Swansea) 16:41; 9 M.Sharp (Belgrave) 17:01.

### Stage 2

As the first of three of the Belles marathon team to go out on the course there was interest in whether Louise Cooper would find the extra training beneficial or whether the marathon would have tired her out. It seemed the wind was the biggest problem though, and by two and a half miles Louise began to find it a struggle. Battling to the end though, Louise brought the team through in 17th place, roughly as expected.

1 Salford (+5) 33:45; 2 Swansea (+1) 33:53; 3 Sale HM (+2) 34:06; 17 Belgrave (-8) 36:50. Fastest: 1 R.Jones (Salford) 16:54; 2 R.Goddard (Swansea) 17:12; =3 D.Riding (Sale HM) and C.Martin (Telford) 17:17; 23 L.Cooper (Belgrave) 19:49.

### Stage 3

Helen Alsop, team captain and running in her first National road relay was nervous, but confident that she wouldn't lose many places over the course. In fact, she maintained the team's position with a 19.19 leg which made her our third fastest of the day. Again though, the wind and the hilly course made it a tougher run than expected. Meanwhile, Sale Harriers were beginning to pull away at the front.

1 Sale HM (+2) 50:43; 2 Salford (-1) 51:57; 3 Swansea (-1) 52:11; 17 Belgrave (0). Fastest: 1 J.Heath (Sale HM) 16:37; 2 J.Craft (Headington) 16:46; 3 S.Murphy (Shaftesbury B) 17:07; 17 H.Alsop (Belgrave) 19:19.

### Stage 4

Angela Walker was the second of the marathon team to head off down the considerably shorter 2.995 mile course. Her task was to pull up one or two places and bring the Belles nearer to their top 15 target. Angela went one better and pulled up 3 places, with the Belles moving into 14th. The top three places hadn't changed, but Sale's lead had extended to 1 min 15 secs.

1 Sale HM (0) 1:07:36; 2 Salford (0) 1:08:18; 3 Swansea (0) 1:09:45; 14 Belgrave (+3) 1:15:35. Fastest: B.Jenkins (Salford) 16:21; 2 A.Waterlow (Sale HM) 16:53; 3 R.Brown (Chester-le-Street) 16:58; 10 A.Walker (Belgrave) 19:26.

### Stage 5

In only her second outing for the Belles, Helen Smethurst awaited the start of her leg with nervous anticipation, having never competed in a road relay before. With the other team members reporting back on how tough the course was, how tough would Helen S be and could she maintain the team's position? Finishing as the Belle's second fastest of the day, Helen looks set to be a regular feature in forthcoming fixtures and brought the team back in a very respectable 11th position. Sale's lead had extended to nearly 4 minutes but WSE&H had pulled into 3rd with a strong leg from Paula Fudge.

1 Sale HM (0) 1:24:47; 2 Salford (0) 1:28:30; 3 Windsor SE&H (+3) 1:28:57; 11 Belgrave (+3) 1:34:44. Fastest: 1 L.McCreesh (Sale HM) 17:11; 2 P.Fudge (Windsor SE&H) 17:35; 3 I.Robertson (Headington) 17:40; 8 H.Smethurst (Belgrave) 19:09.

### Stage 6

The final leg saw Juliette Clark taking over for the Belles. Although not in the same form as this time last year we knew that she wouldn't succumb to the pressure of being anchor leg. By holding on with a solid 19.28 run Juliette enabled the Belles to hold on to that 11th place, surpassing expectations by 4 places. Given that the Belles didn't have the talents of Birhan Dagne, Getenesh Tamirat, Catherine Berry and Anne Hegvold on the team, one can only wait in anticipation for future results...

1 Sale HM (0) 1:41:00; 2 Windsor SE&H (+1) 1:44:56; 3 Chester-le-Street (+1) 1:45:32; 11 Belgrave (0) 1:54:12. Fastest: 1 H.Yelling (Windsor SE&H) 15:59; 2 K.Gillibrand (Sale HM) 16:13; 3 M.McDonnell (Chester-le-Street) 16:31; 13 J.Clark (Belgrave) 19:28.



### Relay Runners

**Above (1):** Belgrave's men retained the AAA 6-Stage Road Relay Championship at Sutton Park in October 2002. Mark Miles, Richard Ward, Spencer Barden, Stephen Sharp, Allen Graffin and David Anderson celebrate keeping hold of the trophy for another year. This is the hardest team title to win - can they make it three in a row in October 2003?

**Left (2):** She's here - she's there - she's everywhere! One of Belgrave's keenest supporters and racers, Maria Sharp has been the cornerstone of our women's road relay teams. And we're pretty sure it won't be long before she's taking a team medal home with her.

**Below left (3):** Louise Cooper had a great run in the SEAA 6-Stage Relay at Milton Keynes, in spite of her main aim being the London Marathon.

**Right (4):** Birhan Dagne was 5th fastest of the day in the AAA 6-Stage Relay of 2002 and remains our club record holder for the Sutton Park circuit. She's been preoccupied in 2003 with the arrival of a 'beautiful baby boy' who arrived at St. Thomas' Hospital on 27 March. His name is Emanuel and he weighed in at five and a half pounds.

Photos 1, 2 and 4 by Mark Shearman, 3 by Patricia Mead.



### National 12-Stage Champions 2002 >>>

**Opposite page.** Belgrave's awesome AAA 12-Stage Relay team of 2002 won by a record margin of over six minutes - a turn around from the previous year's loss by a mere six seconds. It was the first time the club had won the "National" 12-Stage since 1951 when the race was organised on an invitation basis over the London to Brighton course. It also meant that at the end of the 2001-2002 season both National road relay titles (6-stage and 12-stage) were held by Belgrave - and the club went on to retain both in the 2002-2003 season.

**Top left:** Spencer Barden took the Bels into a lead on stage 3 that they were never to lose.  
**Top centre:** At the end of his stage Stephen Sharp had clocked the second fastest short stage of the day - second only to our own Andy Graffin - but was later pushed down to third fastest by another Belgravian, David Anderson.  
**Top right:** Richard Ward came into the team as reserve on the Friday and proceeded to demonstrate that he should have been in the dozen in the first place!  
**Centre right:** "Belgrave's double whammy". Allen Graffin and Andy Graffin clocked the fastest long and short stages of the day.  
**Bottom left:** Mark Miles took the Belgrave lead to over two minutes on stage 5.  
**Bottom centre:** ... And Allen Graffin extended it to three and a half minutes on stage 7.  
**Bottom right:** A regular on stage 11, Al Stewart was five minutes clear but still ran a personal best.  
**Back page:** An ecstatic Paul Freary celebrates an outstanding team victory as he breaks the tape.  
 All pictures by Mark Shearman.

