The English National 6-Stage Road Relay Championship for Women was inaugurated in 2000 and for the first fifteen years was held over equal length stages. A couple of longer stages were added from 2015, giving the event more of the flavour of the men's race; however, the race reverted to being held over six equal length stages in 2024 when traffic was allowed to enter the park at Streetly Gate at the far end of the course and the long stage was no longer useable. The length of the stages has varied over the years, thus annoying statisticians who like to compare the runners of today with those of earlier eras. From the very first race until today, entry has been open to all clubs, without them first having to rely on negotiating an area qualifying race.

Belgrave's debut was in the third edition of the race, in 2002, where on the initial stage Birhan Dagne led the charge up the hill to the take-over; the team ended up 5th that day. It was a mixed bag of results in the following two decades but nevertheless, by 2025, claret & gold vests had featured in the top ten team places no less than nine times and with two consecutive places just off the podium and complete 'B' and 'C' teams now backing up, medals were surely not far away.

Indeed, they were not! In 2026 Nancie Bowley waltzed into the lead on stage three after the initial two stages had seen the Belles in 3rd and 2nd. Then after two more stages in the silver medal position, Juliet Hodder had the glory of taking the Club to the tape for our first ever win ... with the 'B' team in a superb 8th place.

Mention must be made of Kate Axford's amazing run in 2023 when she set the equal third fastest time on the 3.165 mile lap which was in use for 11 years.

Figures in brackets ( ) after each team member's name indicate the team's position after that athlete's run. A following number, if present, represents the runner's ranking among the top ten fastest times on that stage. If a third number is present, then that indicates the athlete's ranking among the top 30 times for the entire race. I.e. (7, 6, 16) = team lying 7th, 6th fastest on the stage, 16th fastest for the day.

Team managers: Catherine Eastham (2002-2010), Will Cockerell (2011-2015, jointly with Charlie Dickinson in the latter years), Charlie Dickinson (2016-2026).

Sutton Park, Sutton Coldfield (1) 2000-2013 – Stage length 2.995 miles (although described as 3 miles 8 yards before 2004). It is assumed that it was, nevertheless, an identical course each time, with a total distance of 17 miles 1,708 yards, or 28.92 km.

2000	-	-	29 Apr. – Belgrave did not take part. Teams: 1 Shaftesbury Barnet H. 1:40:33, 2 Birchfield H 1:42:19, 3 Tipton H 1:44:00; 24 teams started, 18 finished, of which 1 dq. At least 114 runners, fastest: Hayley Yelling (Borough of Hounslow AC) 15:58 on stage 3.
2001	-	-	28 Apr. — Belgrave did not take part. Teams: 1 Charnwood AC 1:42:47, 2 Sale H 1:42:49, 3 Shaftesbury Barnet H 1:43:12; 38 teams started, 34 finished of which 1 dq. 214 runners, fastest: Hayley Yelling (Borough of Hounslow AC) 15:47.
2002	5th	1:45.39	20 Apr. — Birhane Dagne (1, 1, 5) 16:19, Tania Sturton (10) 18:54, Erica Fogg (11) 18:24, Maria Sharp (6, =2 =28) 17:07, Juliette Clark (4, 4) 17:17, Anna Hegvold (5, 8) 17:38. Teams: 1 Bristol AC 1:39:22, 2 Shaftesbury Barnet H 1:41:32, 3 Liverpool H & AC 1:43:29; 34 teams finished. At least 204 runners, fastest: Lucy Elliott (Shaftesbury Barnet H) 15:55 on stage 6.
2003	11th	1:54.12	26 Apr. — Maria Sharp (9, 9, 18) 17:01, Louise Cooper (17) 19:49, Helen Alsop (17) 19:19, Angela Walker (14, 9) 19:26, Helen Smethurst (11, 8) 19:09, Juliette Clark (11) 19:28. Teams: 1 Sale H Manchester 1:41:00, 2 Windsor, Slough, Eton & Hounslow AC 1:44:56; 3 Chester le Street & Dist. AC 1:45:32; 44 teams started, 28 finished. 217 runners, fastest: Hayley Yelling (Windsor, Slough, Eton & Hounslow AC) 15:59 on stage 6.
2004	-	-	24 Apr. — incomplete team; Rosie Powell (29) 18:54, Juliette Clark (21, 7) 17:44, Helen Alsop (19) 19:12, Louise Cooper (20) 19:21, Catherine Eastham (21) 21:41. Teams: 1 Coventry Godiva H 1:42:46, 2 Tipton H 1:43:13, 3 Shaftesbury Barnet H 1:45:51; 54 teams started, 41 finished. 286 runners, fastest: Helen Clitheroe (Preston H) 15:41 on stage 1.
2005	21st	1:53:12	23 Apr. — Sarah Murphy (36) 18:35, Birhane Dagne (15, 4, 11) 16:44, M. 'Tilly' Heaton (14) 17:59, Helen Smethurst (13) 18:51, Louise Cooper (15) 19:50, Catherine Eastham (21) 21:13. Teams: 1 Bristol & West AC 1:43:32, 2 Shaftesbury Barnet H 1:45:04, 3 City of Glasgow AC 1:45:09; 59 teams started, 42 finished. 308 runners, fastest: Kate Reed (Bristol & West AC) 15:42 on stage 6.

2006	17th	1:53:59	8 Apr. — Juliette Clark (28) 18:03, Helen Smethurst (28) 19:28, Catherine Bryson (24) 18:27, Victoria Edwards (24) 19:57, Louise Cooper (22) 19:09, M. 'Tilly' Heaton (17) 18:55. Teams: 1 Chester-Le-Street & Dist. AC 1:44:12, 2 Winchester & Dist. AC 1:44:42, 3 Bristol & West AC 1:44:49; 63 teams started, 45 finished. 325 runners, fastest: Harriet Dean (Hallamshire H) 16:16 on stage 1.
2007	10th	1:47:15	14 Apr. — Birhan Dagne (3, 3, 9) 16:23, Vicky Clarke (3) 17:47, Sarah Gailey (9) 19:04, M. 'Tilly' Heaton (10) 18:18, Juliette Clark (10, 10) 18:27, Catherine Bryson (10) 17:16. Teams: 1 Charnwood AC 1:41:14, 2 Aldershot, Farnham & Dist. AC 1:41:23, 3 Chester-Le-Street & Dist. AC 1:41:56; 56 teams started, 45 finished. 298 runners, fastest: Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:57 on stage 6.
2008	-	-	26 Apr. — Belgrave did not take part. Teams: 1 Aldershot Farnham & Dist. AC 1:41:48, 2 Chester Le Street & Dist. AC 1:41:52, 3 Winchester & Dist. AC 1:44:45; 58 teams started, 49 finished. 320 runners, fastest: Juliet Potter (Charnwood AC) 16:06 on stage 6.
2009	-	-	18 Apr. — Belgrave did not take part. Teams: 1 Charnwood AC 1:38:14, 2 Aldershot Farnham & Dist. AC 1:38:21, 3 Bristol & West AC 1:40:44; 63 teams started, 47 finished. 328 runners, fastest Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:15 on stage 5.
2010	-	-	17 Apr. — incomplete team; Sarah Murphy (18,) 17:43, Samantha Amend (15) 17:55. Teams: 1 Aldershot Farnham & Dist. AC 1:40:30, 2 Swansea H 1:44:27, 3 Coventry Godiva H 1:45:40; 60 teams started, 44 finished. 314 runners, fastest: Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:22 on stage 6.
2011	24th	1:58:21	9 Apr. — Lenka Vseteckova (16) 17:30, Amy Linford (29) 20:04, Louise Blizzard (27) 18:55, Vicki Goodwin (25) 19:45, M. 'Tilly' Heaton (22) 19:38, Rieko Trees (25) 22:29. Teams: 1 Aldershot Farnham & Dist. AC 1:41:21, 2 Charnwood AC 1:45:46, 3 Swansea H 1:47:25; 66 teams started, 49 finished of which 2 dq, and 1 n/s. 350 runners, fastest: Charlotte Purdue (Aldershot, Farnham & Dist. AC) 15:23 on stage 6.
2012	11th	1:49:25	14 Apr. — Sarah Murphy (26) 18:04, Mary Grace Spalton (24) 18:44, Birhan Dagne (21) 19:15, Samantha Amend (15, 5) 17:18, Fiona Maycock (13) 18:29, Louise Blizzard (11, 6) 17:35.
	-	-	— B team. incomplete team; Vicki Goodwin (42) 20:25, Maria Sharp (38) 20:22. Teams: 1 Aldershot, Farnham & District AC 1:36:30, 2 Swansea H 1:41:27, 3 Leeds City AC 1:42:42; 51 teams started, 37 finished. 263 runners, fastest: Charlotte Purdue (Aldershot, Farnham & Dist. AC) 15:29 on stage 2.
2013	13th	1:49:32	13 Apr. — Josephine Rhodes (29) 18:28, Rose O'Brien (30) 18:56, Louise Blizzard (27) 19:03, L. 'Tish' Jones (14, 3, 18) 16:51, Samantha Amend (13, 8) 17:44, Fiona Maycock (13) 18:30.
	-	-	— B team. incomplete team; Vicki Goodwin (51) 21:46, Alison Heydenrych (41) 18:53. Teams: 1 Aldershot Farnham & Dist. AC 'A' 1:37:56, 2 Aldershot, Farnham & Dist. AC 'B' 1:43:06, 3 Bristol & West AC 1:44:13; 59 teams started, 50 finished of which 2 dq. 324 runners, fastest: Katrina Wootton (Coventry Godiva H) 15:39 on stage 2.

Championship course record and progression

1:40:33	Shaftesbury Barnet H	2000
1:39:22	Bristol & West AC	2002
1:38:14	Charnwood AC	2009
1:36:30	Aldershot, Farnham & Dist. AC	2012

Fastest 20 teams

		pos.	
1:36:30	Aldershot, Farnham & Dist. AC	1st	2012
1:37:56		1st	2013
1:38:21		2nd	2009
1:40:30		1st	2010
1:41:21		1st	2011
1:41:23		2nd	2007
1:41:48		1st	2008
1:43:06	'B' Team	2nd	2013
1:45:14	'B' Team	5th	2012
1:38:14	Charnwood AC	1st	2009
1:41:14		1st	2007
1:42:47		1st	2001
1:39:22	Bristol & West AC	1st	2002
1:40:44		3rd	2009
1:43:15		4th	2012
1:43:32		1st	2005
1:44:13		3rd	2013
1:44:49		3rd	2006
1:45:35		4th	2008
1:40:33	Shaftesbury Barnet H	1st	2000
1:41:32		2nd	2002
1:43:12		3rd	2001
1:45:04		2nd	2005
1:41:00	Sale H Manchester	1st	2003
1:42:49		2nd	2001

1:44:38	4th		2002
1:41:27 Swansea H	2nd		2012
1:44:27	2nd		2010
1:44:59	9th		2009
1:41:52 Chester le Street & Dist. AC	2nd		2008
1:41:56	3rd		2007
1:43:12	6th		2009
1:44:12	1st		2006
1:45:32	3rd		2003
1:42:04 Hallamshire H	4th		2009
1:42:08 Bedford & Cty AC	5th		2009
1:42:18 Winchester & Dist. AC	4th		2007
1:44:42	2nd		2006
1:44:43	7th		2009
1:44:45	3rd		2008
(10)			
1:42:19 Birchfield H	2nd		2000
1:45:00	4th		2013
1:42:42 Leeds City AC	3rd		2012
1:45:04	5th		2007
1:42:46 Coventry Godiva H	1st		2004
1:45:32	10th		2009
1:43:13 Tipton H	2nd		2004
1:44:00	3rd		2000
1:45:35	5th		2001
1:43:29 Liverpool Harriers & AC	3rd		2002
1:44:50 Woodford Gn w Essex Ladies AC	8th		2009
1:44:56 Windsor, Slough, Eton & H. AC	2nd		2003
1:45:16	4th		2001
1:45:09 City of Glasgow AC	3rd		2005
1:45:11 Bingley H & AC	6th		2007
1:45:39 Belgrave H	5th		2002
(20)			

Individual record progression

16:28	Kate Burge (Stafford H)	1	2000
16:12	Lucy Elliott (Shaftesbury Barnet H)	6	2000
15:55	Sonia O'Sullivan (Thames H&H)	2	2001
15;47	Hayley Yelling (Windsor, SE&H AC)	6	2001
15:41	Helen Clitheroe (Preston H)	1	2004
15:15	Stephanie Twell (Aldershot, F&D AC)	5	2009

Fastest 20 individuals

	(2.995 miles)	stg	
15:15	Stephanie Twell (Aldershot, F&D AC)	5	2009
15:22		6	2010
15:35		5	2012
15:57		6	2007
16:02		3	2013
15:23	Charlotte Purdue (Aldershot, F&D AC)	6	2011
15:29		2	2012
15:31		6	2009
15:38	Katrina Wootton (Bedford &C AC)	3	2009
15:39 (Coventry Godiva H)		2	2013
15:41	Helen Clitheroe (Preston H)	1	2004
15:41	Lauren Howarth (Leigh)	1	2011
15:42	Kate Reed (Bristol & West AC)	6	2005
15:44	Caryl Jones (Swansea H)	3	2012
15:47	Hayley Yelling (Windsor, SE&H AC)	6	2001
15:59		6	2003
15:48	Laura Weightman (Morpeth H)	2	2013
15:48	Laura Whittle (Royal Sutton C)	1	2013
(10)			
15:55	Sonia O'Sullivan (Thames H&H)	2	2001
15:55	Lucy Elliott (Shaftesbury Barnet H)	6	2002
15:58	Maria McCambridge (Bristol AC)	5	2002
15:58	Sophie Morris (Windsor, SE&H AC)	1	2007
15:58	Louise Damen (Winchester &D AC)	2	2009
15:59	Catherine Mutwa (Birchfield H)	3	2005
16:01	Amanda Allen (Birchfield H)	3	2002
16:01	Hannah Whitmore (Charnwood AC)	6	2011
16:02	Tara Krzywicki (Charnwood AC)	6	2001
16:02	Juliet Doyle (Charnwood AC)	3	2009
16:02	Susan Partridge (Leeds City AC)	3	2012
16:02	Emelia Gorecka (Aldershot, F&D AC)	4.	2012
16:02	Lily Partridge (Aldershot F&D AC)	5	2013
(=19)			

Belgrave team course record

1:45:39		5th	2002

Belgrave individual record

16:19	Birhan Dagne	1	2002

Belgrave individual times

16:19	Birhan Dagne	1	2002
16:23		1	2007
16:44		2	2005
19:15		3	2012
16:51	L. 'Tish' Jones	4	2013
17:01	Maria Sharp	1	2003
17:07		4	2002
20:22		2 B	2012
17:16	Catherine Bryson	6	2007
18:27		3	2006
17:17	Juliette Clark	5	2002
17:44		2	2004
18:03		1	2006
18:27		5	2007
19:28		6	2003
17:18	Samantha Amend	4	2012
17:44		5	2013
17:55		2	2010
17:30	Lenka Vseteckova	1	2011
17:35	Louise Blizzard (formerly Cooper, pre-2011)	6	2012
19:03		3	2013
19:09		5	2006
19:21		4	2004
19:49		2	2003
19:50		5	2005
18:55		3	2011
17:38	Anna Hegvold	6	2002
17:43	Sarah Murphy	1	2010
18:04		1	2012
18:35		1	2005
(10)			
17:47	Vicky Clarke	2	2007
17:59	M. 'Tilly' Heaton	3	2005
18:18		4	2007

	18:55	6	....	2006
	19:38	5	....	2011
18:24	Erica Fogg	3	....	2002
18:28	Josephine Rhodes	1	....	2013
18:29	Fiona Maycock	5	....	2012
	18:30	6	....	2013
18:44	Mary Grace Spalton	2	....	2012
18:51	Helen Smethurst	4	....	2005
	19:09	5	....	2003
	19:28	2	....	2006
18:54	Tania Sturton	2	....	2002
18:54	Rosie Powell	1	....	2004
18:56	Rose O' Brien	2	....	2013
(20)				

19:04	Sarah Gailey	3	....	2007
19:12	Helen Alsop	3	....	2004
	19:19	3	....	2003
19:26	Angela Walker	4	....	2003
19:45	Vicki Goodwin	4	....	2011
	20:25	1 B	.	2012
	21:46	1 B	.	2013
18:53	Alison Heydenrych	2 B	.	2013
19:57	Victoria Edwards	4	....	2006
20:04	Amy Linford	2	....	2011
21:13	Catherine Eastham	6	....	2005
	21:41	5	....	2004
22:29	Rieko Trees	6	....	2011
(29)				

Sutton Park, Sutton Coldfield (2) 2014 – Six stages of 2.69 miles, giving a total distance of 16 miles 247 yards, or 25.98 km.

2014 9th 1:35:52 5 Apr. — Zoe Doyle (24) 15:48, Sarah Murphy (26) 16:34, Josephine Rhodes (21) 16:14, Melanie Wilkins (18) 16:18, L. 'Tish' Jones (9) 14:39, Nelleke Quispel (10) 16:19.
Teams: 1 Aldershot Farnham & Dist. AC 1:27:00, 2 Swansea H 1:29:28, 3 Bristol & West AC 1:32:03; 57 teams started, 40 finished of which 1 dq. 290 runners, fastest: Emelia Gorecka (Aldershot, Farnham & Dist. AC) 13:51 on stage 6.

Sutton Park, Sutton Coldfield (3) 2015 – Two long stage of 5.5 miles, followed by four short stages of 3.165 miles, giving a total distance of 23 miles 1,162 yards, or 38.08 km.

2015 8th 2:22:40 11 Apr. — Samantha Amend (12, 12, 21) 32:54, Sophie Carter (9, 10, 22) 33:10, Melanie Wilkins (7, 5, 9) 17:58, Zoe Doyle (7) 19:33, Josephine Rhodes (8, 8) 19:08, Rose O'Brien (8, 10) 19:57.
Teams: 1 Aldershot Farnham & Dist. AC 2:13:49, 2 Bristol & West AC 2:16:44, 3 Swansea H 2:17:01; 52 teams started; 41 finished of which 1 dq. Long stage 102 runners, fastest: Emelia Gorecka (Aldershot, Farnham & Dist. AC) 29:53 on stage 1. Short stage 177 runners, fastest: Laura Weightman (Morpeth H) 16:44 on stage 3.

Sutton Park, Sutton Coldfield (4) 2016-2024 – Two long stages of 5.38 miles and four short stages of 3.165 miles (run L, S, S, L, S, S), giving a total distance of 23 miles 740 yards, or 37.70 km.

2016 8th 2:21:57 16 Apr. — Sophie Carter (18, 18, 25) 32:05, Saron Haileselase (12, 15, 29) 19:02, Zoe Doyle (16) 20:25, Samantha Amend (12, 7, 22) 31:59, Zoe Smith (9, 3, 16) 18:26, Josephine Rhodes (8) 19:30.
Teams: 1 Aldershot Farnham & Dist. AC 2:08:44, 2 Leeds City AC 2:13:41, 3 Cambridge & Coleridge AC 2:16:32; 50 teams started, 42 finished. Long stage 94 runners; fastest: Stephanie Twell (Aldershot, Farnham & Dist. AC) 28:31 on stage 1. Short stage 177 runners; fastest: Susan Partridge (Leeds City AC) 17:01 on stage 2.

2017 15th 2:27:47 8 Apr. — Samantha Amend (18, 18, 29) 32:40, Sally Underhill (18) 20:03, Saron Haileselase (17) 20:09, Josephine Rhodes (18) 35:41, Lizzie Goldie-Scot (18) 20:27, Zoe Doyle (15, 7, 28) 18:47.
Teams: 1 Leeds City AC 2:12:44, 2 Swansea H 2:16:21, 3 Winchester & Dist. AC 2:16:35; 55 teams started, 46 finished. Long stage 104 runners, fastest: Verity Ockenden (Swansea H) 29:45 on stage 1. Short stage 196 runners, fastest: Kate Maltby (Bristol & West AC) 16:38 on stage 2.

2018 - - 14 Apr. — incomplete team; Samantha Amend (25) 33:25, Saron Haileselase (17, 7, =9) 17:55, Georgina Fenn (13, 6) 18:49, Mhairi Hall (16) 35:04, Lizzie Goldie-Scot (15) 21:07.
Teams: 1 Leeds City AC 2:11:27, 2 Cambridge & Coleridge AC 2:14:19, 3 Rotherham H & AC 2:15:45; 54 teams started, 48 finished. Long stage 107 runners, fastest: Tracy Barlow (Thames Valley H) 29:07 on stage 4. Short stage 207 runners, fastest: Julia Paternain (Cambridge & Coleridge AC) 17:02 on stage 2.

2019 8th 2:21:05 6 Apr. — L. 'Tish' Jones (5, 5, 6) 29:05, Alice Reed (7) 19:53, Keri Mackenzie (8) 20:06, Georgina Fenn (9, 8, 28) 32:10, Jess Reed (8) 20:25, Rachel Brown (8) 19:26.
Teams: 1 Leeds City AC 2:10:40, 2 Herne Hill H 2:11:31, 3 Birchfield H 2:12:06; 57 teams started, 48 finished. Long stage 109 runners, fastest: Anna Moller (Aldershot, Farnham & Dist.

AC) 28:01 on stage 1. Short stage 210 runners, fastest: Katie Snowden (Herne Hill H) 17:02 on stage 3.

2020 - - 4 Apr. — Race not held due to coronavirus pandemic.

2021 - - 10 Apr. — Race not held due to coronavirus pandemic.

2022 - - 9 Apr. — Belgrave did not take part.
Teams: 1 Salford H & AC 2:14:27, 2 Highgate H 2:18:12, 3 Basingstoke & Mid Hants AC 2:18:55; 36 teams started, 25 finished. Long stage 67 runners, fastest: Eleanor Bolton (Salford H & AC) 29:20 on stage 1. Short stage 118 runners, fastest: Gemma Steel (Charnwood AC) 17:17 on stage 3.

2023 6th 2:15:11 15 Apr. — A team. Naomi Lenane (20) 33:00, Stephanie Hewitt (20) 18:58, Lea Adamson (14, 3, 14) 18:08, Sarah Astin (9, 4, 10) 30:03, Kate Axford (6, 1, 2) 16:44, Anna Sharp (6, 5, 16) 18:18.

15th 2:25:18 — B team. Natalie Beadle (21) 33:06, Zoe MacDonald (19, 10) 18:46, Laura Goodson (17) 19:29, Emily Bradley (17) 34:14, Samantha Munday (16, 9) 19:24, Ellamay Hards (15) 20:19.
Teams: 1 Leeds City AC 2:10:49, 2 Thames Valley H 2:12:37, 3 Salford H & AC 2:13:37; 35 teams started, 26 finished. Long stage 65 runners, fastest: Georgie Grgec (Herne Hill H) 28:34 on stage 1. Short stage 120 runners, fastest: Gemma Steel (Charnwood AC) 16:41 on stage 2.

2024 4th 2:15:43 6 Apr. — A team. Kristina Popadich (10, 10, 12) 31:01, Felicity Harrison (7, 6, 16) 18:23, Naomi Lenane (6, 5, 22) 18:29, Nadine Donegan (4, 3, 13) 31:09, Penny Oliver (4, 5, =25) 18:36, Stephanie Hewitt (4, 3, 11) 18:05.

12th 2:23:32 — B team. Emily Bradley (17, 17, 25) 32:35, Clementine Cooper (16) 19:10, Karen Xiang (13, 7) 18:44, Samantha Hudson dos Santos Figueira (17), 35:01, Zoe MacDonald (16, 8) 19:04, Anna Sharp (13, 9) 18:58.

21st 2:33:38 — C Team. Samantha Munday (26) 34:39, Emily Goff (26) 20:34, Lydia Gallyer-Barnett (24) 20:35, Georgia Holden (24) 34:55, Lara Mangan (23) 21:39, Marianna Patat (22) 21:16.
Teams: 1 Thames Valley H 2:12:46, 2 Leeds City AC 2:13:01, 3 Sale H Manchester 2:13:14; 45 teams started, 37 finished. Long stage 84 runners, fastest: Yvie Lock (Thames Valley H) 29:36 on stage 1. Short stage 163 runners, fastest: Amy Griffiths (Aldershot, Farnham & Dist. AC) 17:08 on stage 3.

Championship course record

2:08:44 Aldershot Farnham & Dist. AC 2016

Fastest 20 teams

		pos.	
2:08:44	Aldershot Farnham & Dist. AC	1st	2016
2:15:09		5th	2023
2:10:40	Leeds City AC	1st	2019
2:10:49		1st	2023
2:11:27		1st	2018
2:12:44		1st	2017
2:13:01		2nd	2024
2:13:41		2nd	2016
2:11:31	Herne Hill H	2nd	2019
2:12:06	Birchfield H	3rd	2019
2:16:20		5th	2018
2:19:20		9th	2023
2:19:41		6th	2016
2:20:06		4th	2022
2:12:37	Thames Valley H	2nd	2023
2:12:46		1st	2024
2:17:20		7th	2018
2:17:33		4th	2016
2:13:14	Sale H Manchester	3rd	2024
2:13:37	Salford H & AC	3rd	2023
2:14:27		1st	2022
2:14:19	Cambridge & Coleridge AC	2nd	2018
2:16:32		3rd	2016
2:17:45		4th	2017
2:14:39	Hallamshire H Sheffield	4th	2023
2:15:11	Belgrave H	6th	2023
2:15:43		4th	2024
(10)			
2:16:12	Swansea H	7th	2023
2:16:21		2nd	2017
2:15:45	Rotherham H & AC	3rd	2018
2:18:03		6th	2017
2:18:43		5th	2016
2:16:13	Highgate H	4th	2018
2:18:12		2nd	2022
2:18:36		8th	2023
2:18:40		5th	2024
2:16:35	Winchester & Dist. AC	3rd	2017
2:19:17		6th	2024
2:17:04	Fife AC	6th	2018
2:17:26	Bristol & West AC	5th	2017
2:18:25	Southampton AC	8th	2018
2:18:55	Basingstoke & Mid Hants AC	3rd	2022
2:19:47	Thames Hare & Hounds	10th	2023
2:20:06	Cardiff AAC	7th	2017
(20)			

Individual long stage record and progression

29:00	Louise Small (Aldershot, F&D AC)	1.	2016
28:31	Stephanie Twell (Aldershot, F&D AC)	4.	2016
28:01	Anna Moller (Aldershot, F&D AC)	1.	2019

Fastest 20 individuals on long stage

		stg.	
28:01	Anna Moller (Aldershot, F&D AC)	1	2019
28:07	Jessica Judd (Blackburn)	1	2019
28:31	Stephanie Twell (Aldershot, F&D AC)	4	2016
28:34	Georgie Grgec (Herne Hill H)	1	2023
28:35	Hayley Carruthers (Birchfield H)	1	2019
28:44	Lily Partridge (Birchfield H)	1	2023
28:58	Louise Small (Aldershot, F&D AC)	4	2019
	29:00	1	2016
28:59	Verity Ockenden (Swansea H)	1	2019
28:59	Lauren Heyes (Hallamshire H)	4	2023
28:59	Lauren McNeil (Hallamshire H) (10)	1	2023
29:05	L. 'Tish' Jones (Belgrave H)	1	2019
29:07	Tracy Barlow (Thames Valley H)	4	2018
29:09	Charllotte Arter (Cardiff AAC)	4	2016
29:20	Eleanor Bolton (Salford H)	1	2022
	29:23	1	2023
29:22	Stevie Stockton (Leeds City AC)	4	2018
29:24	Sophie Coldwell (Charnwood AC)	1	2023
29:36	Emma Clayton (Leeds City AC)	1	2016
29:36	Yvie Lock (Thames Valley H)	1	2024
29:37	Chloe Richardson (Birchfield H)	4	2019
29:39	Annmarie McGlynn (Thames Valley H) (20)	1	2018

Belgrave team course record progression

2:21:57	8th	2016
2:21:05	8th	2019
2:15:11	6th	2023

Belgrave individual long stage record progression

32:05	Sophie Carter	1	2016
31:59	Samantha Amend	4	2016
29:05	L. 'Tish' Jones	1	2019

Belgrave individual long stage times

29:05	L. 'Tish' Jones	1		2019
30:03	Sarah Astin	4		2023
31:01	Kristina Popadich	1		2024
31:09	Nadine Donegan	4		2024
31:59	Samantha dos Santos Figueira (formerly Amend, pre-2024)	4		2016
	32:40	1		2017
	33:25	1		2018
	35:01	4	B	2024
32:05	Sophie Carter	1		2016
32:10	Georgina Fenn	4		2019
32:35	Emily Bradley	1	B	2024
	34:14	4	B	2023
33:00	Naomi Lenane	1		2023
33:06	Natalie Beadle (10)	1	B	2023
34:39	Samantha Munday	1	C	2024
34:55	Georgia Holden	4	C	2024
35:04	Mhairi Hall	4		2018
35:41	Josephine Rhodes	4		2017

For short stage statistics see **Sutton Park, Sutton Coldfield (5)**, the length of this stage not having changed since it was first used in 2015 through to and including 2025.

Sutton Park, Sutton Coldfield (5) 2025 – Six stages of 3.165 miles, giving a total distance of 18 miles 1743 yards, or 30.561 km. There were no long stages as the Streetly Gate at the far end of the normal long stage was now open to traffic.

2025	4th	1:48:13	12 Apr. — A team. Mimi Corden-Lloyd (16) 18:11, Emily Bradley (9, 6, 26) 17:45, Penny Oliver (7, 6) 18:33, Sophie Hicks (4, 1, =13) 17:30, Lucy Peters (4, 5) 18:38, Kristina Popadich (4, 4, =18) 17:36.
	15th	1:55:17	— B team. Molly Canham (25) 18:51, Saron Haileselase (20) 18:53, Alex Gandee (16) 19:20, Georgia Holden (15, 10) 19:01, Laura Goodson (15) 20:13, Lara Mangan (15) 18:59. Teams: 1 Aldershot Farnham & Dist. AC 1:46:01, 2 Leeds City AC 1:47:10, Herne Hill H 1:47:47; 53 teams started, 43 finished. 285 runners, fastest: Lucy Jones (Herne Hill H) 16:48 on stage 2.

The following individual fastest times include those for 2015-2024 when the same course was used.

Individual record and progression

16:44	Laura Weightman (Morpeth H)	3	2015
16:38	Kate Maltby (Bristol & West AC)	2	2017

Fastest 20 individuals

16:38	Kate Maltby (Bristol & West AC)	2	2017
16:41	Gemma Steele (Charnwood AC)	2	2023
	17:17	3	2022
16:44	Laura Weightman (Morpeth H)	3	2015
	16:44	2	2017
16:44	Kate Axford (Belgrave H)	5	2023
16:48	Lucy Jones (Herne Hill H)	2	2025
16:53	Philippa Bowden (Aldershot, F&D AC)	1	2025
17:01	Susan Partridge (Leeds City AC)	2	2016
17:02	Julia Paternain (Cambridge & Col)	2	2018
17:02	Katie Snowden (Herne Hill H)	3	2019
17:03	Louise Small (Aldershot, F&D AC) (=10)	6.	2015
17:04	Charlotte Alexander (Tonbridge AC)	2.	2025
17:04	Kirsty Walker (Edinburgh AC)	1.	2025
17:07	Kate Hulls (Bristol & West AC)	2.	2016
17:08	Sara Treacy (Birchfield H)	3.	2015
17:08	Lily Partridge (Aldershot, F&D AC)	3.	2016
17:08	Amy Griffiths (Aldershot, F&D AC)	3.	2024
17:09	Bryony Gunn (Birchfield H)	1.	2025
17:09	Jade Morgan (Liverpool H)	2.	2025
17:13	Susannah Lecoutre Guildford & G. H)	1.	2025
17:16	Annmarie McGlynn (Thames Valley H)	3	2016

17:16 Heather Townsend (Leeds City AC)..... 1 ..... 2025 (=20)

Belgrave individual record progression

17:58 Melanie Wilkins 3 2015
17:55 Saron Haileselase 2 2018
16:44 Kate Axford..... 5 2023

Belgrave individual short stage times

16:44 Kate Axford..... 5 2023
17:30 Sophie Hicks 4 2025
17:36 Kristina Popadich 6 2025
17:45 Emily Bradley 2 2025
17:55 Saron Haileselase 2 2018
18:53 ..... 2 B.. 2025
20:09 ..... 3 2017
17:58 Melanie Wilkins 3 2015
18:05 Stephanie Hewitt 6 2024
18:58 ..... 2 2023
18:08 Lea Adamson 3 2023
18:11 Mimi Corden-Lloyd 1 2025
18:18 Anna Sharp 6 2023
18:58 ..... 6 B.. 2024 (10)
18:23 Felicity Harrison 2 2024
18:26 Zoe Smith..... 5 2016
19:02 ..... 2 2016
18:29 Naomi Lenane..... 3 2024
18:33 Penny Oliver..... 3 2025
18:36 ..... 5 2024
18:38 Lucy Peters 5 2025
18:46 Zoe MacDonald..... 2 B . 2023
19:04 ..... 5 B . 2024
18:47 Zoe Doyle..... 6 2017
19:33 ..... 4 2015
20:25 ..... 3 2016
18:49 Georgina Fenn 3 2018
18:51 Molly Canham ..... 1 B . 2025 (20)
18:59 Lara Mangan..... 6 B . 2025
19:01 Georgia Holden..... 4 B . 2025
19:08 Josephine Rhodes 5 2015
19:30 ..... 6 2016
19:10 Clementine Cooper ..... 2 B . 2024
19:20 Alex Gandee ..... 3 B . 2025
19:24 Samantha Munday..... 5 B . 2023
19:26 Rachel Brown..... 6 2019
19:29 Laura Goodson ..... 3 B . 2023
20:13 ..... 5 B . 2025
19:53 Alice Reed..... 2 2019
19:57 Rose O'Brien..... 6 .... 2015 (30)
20:03 Sally Underhill 2 2017
20:06 Keri Mackenzie 3 2019
20:19 Ellamay Hards..... 6 B . 2023
20:25 Jess Reed 5 2019
20:34 Emily Goff..... 2 C . 2024
20:35 Lydia Gallyer-Barnett ..... 3 C . 2024
21:07 Lizzie Goldie-Scot 5 2018
20:27 ..... 5 2017
21:16 Marianna Patat..... 6 C . 2024
21:39 Lara Mangan..... 5 C . 2024 (39)

Sutton Park, Sutton Coldfield (6) 2026 – The race was now held over six stages on a course which was described as having recently been used and remeasured at 5.432 kilometres (that's 3.320 miles) where the turn for home was "a short way west of the Jamboree Stone". It would appear to be exactly the same route as used for the Autumn relay (when it was last described as 5.47 metres). The total race length was now 32.6 kilometres or 20.25 miles.

2026 1st 1:52:55 11 Apr. — A team. Alexandra Barbour (3, 3, =12) 18:35, Saron Haileselase (2, 5, 23) 19:00, Nancie Bowley (1, 1, 2) 18:18, Mimi Corden-Lloyd (2, 4) 19:32, Ella Fennelly (2, 2, 21) 18:58, Juliet Hodder (1, 2, =6) 18:30.

8th 2:00:08 — B team. Alex Gandee (17) 19:35, Sarah Riceman (19) 20:38, Grace Rowley (10, 3, 27) 19:05, Penny Oliver (14) 21:08, Anissa Alloula (9, 8) 19:54, Lara Mangan (8, =9) 19:45.

19th 2:09:12 — C team. Emma Rowland (35) 21:31, Emily Barrett (29) 20:51, Gemma Newport (26) 21:35, Emilie Arnoux (26) 22:20, Samantha Munday (24) 21:03, Naomi Garrod (19) 21:50.

Teams: 1 Belgrave H 1:52:55, 2 Leeds City AC 1:53:31, 3 Thames Valley H 1:55:21; 50 teams started, 40 finished. 272 runners, fastest: Charlotte Taylor (Bristol & West AC) 17:53 on stage 5.

Championship course record

1:52:55 Belgrave H..... 2026

Fastest 20 teams pos.

1:52:55 Belgrave H..... 1st 2026
2:00:08 ..... 8th B.. 2026
2:09:12 ..... 19th C . 2026
1:53:31 Leeds City AC 2nd 2026
1:55:21 Thames Valley H..... 3rd 2026
2:08:14 ..... 18th B.. 2026
1:55:27 Aldershot Farnham & Dist. AC..... 4th 2026
1:56:32 Bristol & West AC 5th 2026
1:58:36 Cambridge & Coleridge AC 6th 2026
1:59:38 Herne Hill H..... 7th 2026
2:00:16 Edinburgh AC..... 9th 2026
2:01:00 Swansea H..... 10th 2026
2:01:14 Team Bath AC ..... 11th 2026 (10)
2:01:41 Victoria Park H & Tower Hamlets 12th 2026
2:02:12 Highgate H 13th 2026
2:05:17 Les Croupiers..... 14th 2026
2:05:40 Bury AC..... 15th 2026
2:05:48 Kent AC..... 16th 2026
2:07:35 Steel City Striders AC 17th 2026

2:09:28 Birchfield H 20th 2026
2:09:38 Marshall Milton Keynes AC 21st 2026
2:11:36 Liverpool H&AC 22nd 2026
2:11:54 Holmfirth HAC 23rd 2026
(20)

Individual record and progression stg.

18:24 Bethany Reid (Trafford AC)..... 1 2026
18:18 Nancie Bowley (Belgrave H) 3 2026
17:53 Charlotte Taylor (Bristol & West AC) 6 2026

Fastest 20 individuals

17:53 Charlotte Taylor (Bristol & West AC) 6 2026
18:18 Nancie Bowley (Belgrave H) 3 2026
18:24 Bethany Reid (Trafford AC)..... 1 2026
18:20 Philippa Bowden (Aldershot, F&DAC) 4 2026
18:27 Yvette Lock (Thames Valley H) 2 2026
18:30 Chelsea Baker (Bristol & West AC) . 5 2026
18:30 Juliet Hodder (Belgrave H)..... 6 2026
18:31 Sinead Bent (Salford H) 1 2026
18:31 Kirsty Walker (Edinburgh AC) 6 2026
18:34 Georgia Malir (Leeds City AC) 3 2026
18:34 Roxana Lopez Ramirez (Thames Valley H) 6 2026
(=10)
18:35 Alexandra Barbour (Belgrave H)..... 1 2026
18:35 Molly Smith (Herne Hill H)..... 2 2026
18:36 Faye O'Hare (Liverpool H) 1 2026
18:38 Harriet Preedy (Aldershot, F&DAC) . 2 2026
18:40 Stephanie Pennycook (Leeds City AC)1 2026
18:41 Heather Townsend (Leeds City AC . 2 2026
18:46 Victoria Hiscock (Reading AC)..... 1 2026
18:49 Jennifer Leggate (Cambridge & Col) 1 2026
18:57 Hannah Viner (Highgate H)..... 1 2026
(20)

Belgrave individual record progression stg.

18:35 Alexandra Barbour 1 2026
18:18 Nancie Bowley 3 2026

Belgrave individual times

18:18 Nancie Bowley 3 2026
18:30 Juliet Hodder 6 2026
18:35 Alexandra Barbour 1 2026
18:58 Ella Fennelly..... 5 2026
19:00 Saron Haileselase 2 2026
19:05 Grace Rowley..... 3 B.. 2026
19:32 Mimi Corden-Lloyd 4 2026
19:35 Alex Gandee ..... 1 B.. 2026
19:45 Lara Mangan ..... 6 B.. 2026
19:54 Anissa Alloula..... 5 B.. 2026
(10)
20:38 Sarah Riceman ..... 2 B.. 2026
20:51 Emily Barrett..... 2 C . 2026
21:03 Samantha Munday ..... 5 C . 2026
21:08 Penny Oliver ..... 4 B.. 2026
21:31 Emma Rowland..... 1 C . 2026
21:35 Gemma Newport ..... 3 C . 2026
21:50 Naomi Garrod, formerly Lenane..... 6 C . 2026
22:20 Emilie Arnoux ..... 4 C . 2026
(18)

Belgravians with most runs – all courses

8 Samantha dos Santos Figueira, formerly Amend
— 2010, 2012. 2013, 2015, 2016, 2017, 2018, 2024.
7 Louise Blizzard, formerly Cooper
— 2003, 2004, 2005, 2006, 2011, 2012, 2013.
5 Juliette Clark
— 2002, 2003, 2004, 2006, 2007.
5 Josephine Rhodes
— 2013, 2014, 2015, 2016 2017.
5 Saron Haileselase
— 2016, 2017, 2018, 2025, 2026.
4 Birhan Dagne
— 2002, 2005, 2007, 2012.
4 M. 'Tilly' Heaton
— 2005, 2006, 2007, 2011.
4 Sarah Murphy
— 2005, 2010, 2012, 2014.
4 Zoe Doyle
— 2014, 2015, 2016, 2017.