

THE OCTOBER 1981  
**BELGRAVIAN**



**the official gazette of belgrave harriers •**

## OFFICERS AND COMMITTEE

|   |  |
|---|--|
| <u>PRESIDENT, GENERAL HON. SEC., OFFICIALS SEC.</u>     | D. Crookes, 209 Lynemouth Avenue,<br>Morden, Surrey. SM4 4RX.<br>Tel: 01 330 0132  |
| <u>ASST. HON. SEC.</u>                                  | A. Bruce, 100 Lambton Road, London SW20 Tel: 01 947 1539.  |
| <u>HON. TREASURER.</u>                                  | J. Heathfield, 11 Chilworth Gdns., Sutton, Surrey. Tel: 01 644 3316.   |
| <u>MEMBERSHIP &amp; SUBS. SEC. AND WALKING HON SEC.</u> | C. Lawton, 50 Bramblewood Close,<br>Carshalton, Surrey.<br>Tel: 01 669 0971.   |
| <u>LADIES HON. SEC.</u>                                 | D. Jones, 49 South Terrace, Surbiton, Surrey. Tel: 01-399-0270.  |
| <u>TRACK AND FIELD HON. SEC.</u>                        | L. Coy, 39 Croft Road, Norbury, SW16. Tel: 01-764 8056.  |
| <u>ROAD &amp; C. COUNTRY HON. SEC.</u>                  | G. Biscoe, 279 London Road, Stoneleigh Tel: 01-393 2678.   |
| <u>YOUNG ATHLETES HON. SEC(S).</u>                      | I. Horton, 16A Spencer Hill, Wimbledon, SW19.<br>Tel: 01-946 9013. Also - C. Pearson 01-788 6361; M. Sexton 01-949 1545; |
| <u>COACHING HON. SEC &amp; EDITOR:</u>                  | W. Laws, 19 Tudor Avenue, Worcester Park, Surrey.<br>Tel: 01.337 7215.   |
| <u>HALL AND BAR HON SEC.</u>                            | W. Couzens, 7 Kenilworth Road, Stoneleigh, Surrey.<br>Tel: 01.394 1410.  |
| <u>VETS HON. SEC.</u>                                   | J. Wasbrough Tel: 01-644 0474.   |
| <u>CLOTHING SEC(S).</u>                                 | D. Maughan 01-686 2649, B. Gorman 01-546 7699.   |
| <u>PRESS HON. SECS.</u>                                 | J. Wasbrough 01-644 0474, G. Piddington Hayling Island 2279<br>(Code 07016 from London).                                 |
| <u>HEADQUARTERS:</u>                                    | DENMARK ROAD, WIMBLEDON SW19 4PG. Tel: 01-946 6859.  |

# WELCOME

We welcome the following new members. If you require any advice or information regarding Club activities do not hesitate to contact any of the Club Officers listed on the inside front cover of this magazine.

|              |                  |                  |             |
|--------------|------------------|------------------|-------------|
| R. Addison   | Miss E. Davis    | E. Lovell        | S. Ryan     |
| J. Aitken    | Miss S. Gillett  | J. Malone        | M. Scott    |
| M. Alleyne   | P. Gleave        | Miss K. Melvey   | A. Short    |
| E. Askew     | J. Hampshire     | Miss D. Mitchell | C. Spencer  |
| S. Beaumont  | M. Hanson        | Miss M. Neave    | G. Stace    |
| J. Biesty    | G. Hargreave     | R. Pearson       | R. Starritt |
| M. Bignall   | L. Hart          | J. Piesold       | R. Tanner   |
| P. Blencowe  | Hon. J. Inskip   | Miss G. Porter   | M. Thompson |
| F. Bloomer   | C. Jojo          | P. Proberts      | J. Wheeland |
| Miss G. Bond | Miss J. Johnson  | D. Quigley       | G. Woodward |
| R. Booth     | D. Justins       | J. Rooney        |             |
| Miss N. Coy  | Miss A. Kampbell | R. Ryan          |             |

Also see page 25



Front Cover: At last! Ernest Obeng's look of joy records his Coca Cola meeting victory in the 100m over Olympic Champion Alan Wells. Photo - Associated Press.

Back Cover: Mark Sinclair on his way to a bronze medal in the Junior Inter-Counties Steeplechase at Brighton. Photo: Dave Cockledge.

# THE BELGRAVIAN

NUMBER 203



FOUNDED 1887

President

Derek Crookes

Gen.Hon.Sec.

Derek Crookes,  
209 Lynmouth Avenue,  
Morden, Surrey.

Hon. Treasurer

Jim Heathfield,  
11 Chilnorth Gardens,  
Sutton, Surrey.

Hon. Editor

Bill Laws,  
19 Tudor Avenue,  
Worcester Park,  
Surrey.  
(01-337-7215)

TIMES! THEY ARE ACHANGING!

The recent moves towards direct financial reward for top athletes is seen by most people in our sport as an inevitable trend belatedly following the examples of others. It now seems that sponsorship, advertising and all the publicity which goes with these activities will be the lot of those making the big time. It is possible to imagine that even at local level the opportunities to obtain advertising revenue and sponsorship will increase. It is to be hoped that some of the 'new' money will contribute to enhancing grass roots athletics. So far most clubs have existed by many people giving freely of their time and money and the reward has been team spirit, loyalty - in a word - togetherness.

The future will bring problems. It will be tempting for larger clubs to hunt for talent carefully developed by smaller clubs. We hope that such practices will not develop, but in case they do it must be our objective to work for a stronger more financially secure club with ever improving facilities.

In this issue we record the good progress made on several fronts. In addition we note the number of new Committee members who already are taking an active part in our day to day activities. They are getting the basic experience which we hope will lead to further and deeper involvement in the years ahead.

If anyone believes we have a daunting task they're right. But look at Haringay. Seven years ago they started with 15 members. Now they have; excellent facilities, a membership of over 1000, 4 track and field teams and won this year's G.R.E. Gold Cup as well as finishing second in the G.R.E. British League. Not bad going. We now have 5 years until our Centenary. What can we achieve in that period. Its up to all of us!



## IN THIS ISSUE

- |                    |                    |                      |
|--------------------|--------------------|----------------------|
| 4. GRAPEVINE       | 20. ROAD & COUNTRY | 36. WITH THE LADIES  |
| 5. MONEY MATTERS   | 24. IRISH GUARDS   | 41. WOMEN'S RANKINGS |
| 6. PRESIDENT 1981  | 26. TRACK & FIELD  | 43. SPOTLIGHT        |
| 8. WALKING         | 32. 100 X 1 MILE   | 46. MEN'S RANKINGS   |
| 14. YOUNG ATHLETES | 34. COACHING       |                      |

# grapevine

Elsewhere in this issue we report some first class performances by stalwart John Bicourt, John has been running fast recently, but not as fast as the stork. We understand that the Bicourts happy event is to be in March and we send our congratulations and best wishes to Val.

Gordon Doubleday, who among his many activities is a great contributor to this gazette, has moved from Merton to Bath where he is enjoying his retirement. Gordon still comes up by coach for major events and is in constant touch with Belgrave events. His new address is:- Priors Cottage, Priors Hill, Timsbury, Nr. Bath, BA3 1HE.

Chris Steer has moved from San Francisco to Seattle following his return to the U.S.A. after making an impact on our road running teams in the spring. Says the training is better so will we see him again next year?

We were delighted to see Frank Simmons at our recent A.G.M. Frank had a few comments on our 'Masters' coaching scheme and hopes to be back at Battersea Park next year where he intends to 'sort' the Ladies Section out. Frank has been seriously ill and has had 2 major abdominal operations, but is progressing well now. Certainly the old sparkle was there.

We are sorry to learn that Mrs. Savage has had another spell in hospital and from time to time we hear from Win Shepherd of her progress. A busy time for Win, but it is good that Win. has attended a number of our meetings, helping out, of course. Mrs. Savages' many friends amongst our older members will join in sending their best wishes.

Our Honorary Life Member, Percy Wright has for many years (going back to the thirties) been an ardent user of the International Language, Esperanto. He is also a keen caravan tourer and last year he combined these two interests and spent a few weeks touring Europe. This included a visit to the Soviet Union where he met some pen friends, including one in Kiev who took him around Kiev and showed him places of interest. Percy maintains that Esperanto is an easier language to learn than any other.



## PAST PRESIDENT

It is the custom (some say misfortune) for Belgrave President's to retain their official duties during their year of office. For Carl Lawton this was not enough. Not only did he continue to manage the walking section he increased his training to such an extent that he won the London - Brighton Walk this year. What a performance! We now learn that after stepping down Carl is taking on further duties and is looking after membership and subscriptions with his usual enthusiasm and thoroughness.

Sadly as we go to press we learn of the death of two club stalwarts, Harry Shields and Tom Reynolds. We shall publish an appreciation of these fine "Belgravians" in the next issue.

## MONEY MATTERS

### FUND RAISING IMPROVES

For those of us who believe a financially strong position is essential to build up all aspects of Club performance in the next few years, one of the A.G.M's main highlights is the report by our Hon.Treasurer, Jim Heathfield. You will recall that 2 years ago we were in the red and last year we reaped the first financial benefits of our new bar and Social Club at Belgrave Hall. This year a combination of increased revenue from subscriptions and the bar and social side have seen a massive upsurge with a "profit" for the year of £2,269.

The cost of running the club for the year to June 1981 was a huge £6,407 of which £3,148 was current account expenditure mainly consisting of Printing, Postage etc. (£1,151) and Team and Track fees (£921). Belgrave Hall costs £3,259 to operate and maintain.

Income, however, reached a record £8,676. Subscriptions only totalled £2,051 so where did the rest come from? Well, the major contribution of £2,695 came from the bar due to the tremendous work of the team of volunteers who helped out at Socials and the usual weekly events. Next came donations which at £1,421 reflect the support of many members who would like to help but are unable to visit Belgrave Hall regularly. The rest of the income came from all the numerous fund raising activities which are organised throughout the year.

So when next we think about the level of subscriptions let us remember that they only contribute 30% towards the costs of running Belgrave. The main income comes from those dedicated members who work so hard to keep "the teams on the road".

### 100 X 1 MILE SPONSORSHIP

The annual 100 x 1 mile relay offers an ideal opportunity for fund raising. We've never really made the most of the chance and this year was no better. No one would take on the responsibility of promoting the sponsorship potential of this event and so all we could do was circulate members asking for their help. Of the 120 requests sent out only 12 members responded. Once again Ross Martin topped the list having raised £30, the second highest being collected by the Richleys who have given tremendous support in one way or another over the last year. The total sum collected was £114. Our thanks to those who helped. If there is anyone who has yet to return monies to Bill Laws, will they please do so as soon as possible.

## DRAW

### FOOTBALL TICKETS REPLACED BY '200' CLUB

The sale of football tickets which for so long have been a major source of revenue has finally ceased and is to be replaced by a new scheme known as the '200' Club. This new enterprise will be headed by Jack Goswell who for so long has looked after the sale of football tickets backed of course by many willing helpers.

Details of the '200' Club are sent with this issue of the Belgravian. Briefly, membership is limited to 200 people each paying £1 per month. There is a monthly draw for prizes of £50, £20, £10, and 2 x £5 and twice a year the first prize will be £100.

Already 100 people have applied and its the first 200 who can join after which you will have to wait until someone leaves. The first draw is planned to take place in December - so hurry! hurry!

## SOCIAL

### HELP NEEDED

The increasing use of Belgrave Hall for social and other functions is putting a strain on our loyal band of barmen. Bill Couzens is looking for members who can give 3 hours of their time once every 6 weeks. We need at least 4 more on the rota so if you can offer time on any one of the following days (at 6 week intervals) 'phone Bill Couzens on 394-1410.

|                     |                   |
|---------------------|-------------------|
| Tuesday or Thursday | 7.00 - 10.30 p.m. |
| Wednesday           | 8.00 - 10.30 p.m. |
| Saturday            | 4.30 - 6.00 p.m.  |
| Sunday              | 12.00 - 2.00 p.m. |

### BELGRAVE HALL

Many visitors to Belgrave Hall express their admiration for such a fine Club Headquarters. "Do you own it?" many say; they are further impressed when told of how Club craftsmen converted it from a Church Hall to Changing Rooms, and how we literally saved our odd halfpence (augmented by other Fund Raising Schemes) to buy the Hall ourselves. Its use is free to members, the only expense being the refreshments, so richly earned by your outing, which can be bought and consumed in the relaxed atmosphere upstairs.

## President

### Derek Crookes



Derek Crookes joined Belgrave 27 years ago in October 1954 at the age of 14 and he was soon making an impact, winning our Youths C.C. Championship. His athletics career continued to blossom and he holds the unusual distinction of having won both our Junior 100m and 1 mile Championships. His interest in athletics ran parallel to his academic studies and he moved to London University where he gained a full 'purple' and an Honours Degree in Mathematics.

During this period he achieved 4.22.0 for the mile and 1.59.0 for the 880 yds. The then current vogue for long distance events also appealed and Derek was soon training for his first marathon - The Poly - and in 1963 he turned in a respectable 2.42.0. This was to be his last major race for 16 years because in 1963 he became seriously ill and needed major surgery - the recovery from which was a slow, protracted business. There seemed little chance of running again but Derek did come back and in 1979 managed to make our Southern 12 stage relay team.

Although unable to train and compete as he would have liked, Derek has become involved in many official duties both within and outside Belgrave. From 1964-1967 he was Road Running Secretary during a period when our Senior teams were the scourge of the South. He has organised our 20 Mile race for the last 8 years. In 1977 he took on the onerous post of Club Secretary, which position he still holds. Outside Belgrave he has enhanced our reputation by serving on several Committees. He has been Assistant Secretary to the SCAA for the past 5 years, South of Thames Secretary for 6 years and has served on the Surrey County AAA's Committee for 3 years.

Derek's continuing hard work on behalf of Belgrave would not be possible without the support of his wife Mary who is frequently to be seen, helping out at various social functions. To undertake a year of Presidential responsibilities and still maintain a formidable list of official posts would be a daunting task for all, but the strongest and determined of characters. We are indeed fortunate that Derek is such a person and with the support of his family and fellow Belgravians we can expect that this year will continue to see the improvement in our fortunes.

## From The President

I would like to say what a great honour it is to have been elected President (the 50th by my calculations) of Belgrave.

I intend to be present at as many club fixtures as possible and sincerely hope all active athletes - especially those of 'A' team standard - will make this the year of the fixture card. That is, turning out for the established races such as the Surrey League, in which we hope for promotion back to Div.I, the South of Thames races - In the South of Thames Junior we could win a set of team medals - the County, Area and National races.

By and large the Walkers always do fully support the Club fixtures so lets make sure this year that the Cross-Country runners do so as well.

Best wishes to all for a successful winter season.

Derek Crookes  
(PRESIDENT)



### PRESIDENTIAL HONOURS

The current year sees 2 of our officials achieving the highest honours that the Surrey and Southern AAA's can confer. Clive Shippen has been elected President of Surrey AAA's and Bill Lucas D.F.C. has been elected President of the Southern Counties AAA's. For our newer members we summarise briefly the athletic careers of these, our distinguished members.

#### **Clive Shippen**

Clive Shippen, who will be 50 in December, became Belgrave President in 1972 at about which period he resumed his athletics career. Vets running was really gaining popularity and his achievements reminded us of some of his runs as a younger man particularly when he won the Vets A.C. 1500m Champs. in 4.14.0 - on cinders. In 1973 and 1974 he helped Belgrave win the Veterans National C.C. Champs. He managed to combine running with official duties. He has served on the Surrey County Committee for over 20 years, was elected President of the South of the Thames C.C. Assoc. in 1977/78, is a member of the Southern Counties AAA's Committee and sits on their Championship and promotions sub-committee. He managed to Edit the Belgravian for much of this period - in his spare time!

Clive's present project will take 6 years - he has been amassing as much as he can find on the Club's history and is planning to write and publish a 'Club History' for our Centenary year in 1987. (We will give more information next time).

#### **Bill Lucas DFC**

Bill Lucas D.F.C. joined Belgrave in 1936 and made an early impact by running in the second placed Belgrave team in the 1937 London - Brighton 12 stage relay. War saw Bill on active service in the R.A.F. where he progressed to Squadron Leader, and as a member of the elite Pathfinder Group was awarded the D.F.C. Resuming his athletic career he finished 3rd in the 1948 AAA's 3 Mile Champs. and was selected for the Olympic 5000m In 1949 he joined the Belgrave Committee and combined official duties with a successful athletics career. He served for many years as Cross Country and Road Hon. Sec. and was Surrey C.C. Team Manager in the 60's when Surrey won 2 Inter-Counties titles. Bill became Club President in 1963, Surrey President in 1970 and in this his retirement year it is most fitting that he should be honoured with the Presidency of the Southern Counties AAA's.

# WALKING

## A Tribute

With a strong team entered for the Annual London to Brighton Walk led by our President, Carl Lawton, Saturday September 5th 1981 was a day that all Belgravians looked forward to once again adding to our Clubs laurels with another victory in this old established Blue Ribbon event. "ALAS" out of victory came "TRAGEDY" to leave us all in the depths of despair at the finish, to learn the news of a serious car accident involving one of the 'Clubs Stalwarts' of the Brighton Road, 'David King' when lying fourteenth in the race, his injuries being so serious they proved fatal.

What a tragedy to lose such a fine Belgravian three days before his thirty-ninth birthday.



David lived at Bournemouth when he joined the Club on the 16th July 1962. His first walk in Belgrave colours was as an individual having to serve a fourteen months ban on his transfer from Bournemouth A.C. he finished 32nd in 50.52 in a field of 158 starters in the Chippenham to Calne six miles Walk, October 1962. Took part in his first Belgrave Open Walk in November of that year finishing 36th in 59.62, the start of a fine career in our walking teams. In December '62 he won his first Junior (under 21) 5 Miles Championship for the 'Olympic Cup' in 42.05. The following year he had improved to finish 12th in the Chippenham in 50.03 and won a Winning Team Medal in the Belgrave Open 7 of 1963 with 15th in 56.07. He very quickly lost his 'Junior Status' by leading a Winning Team home in the 'Garnet Cup' 10 Miles Championship in February 1964 being 5th in 83.56.

This was the start of a momentous year, his first National R.W.A. 10 Miles fifth man home for the Club, then came his first Club 20 Miles Championship, finishing third in 2.56.48.

From now on he had found his forte - distance events. After a first R.W.A. National 50Kms in July '64 at Enfield, when he was fourth scoring member of a Winning Team, 17th in 4.43.56 thereby obtaining his first R.W.A. National Medal, he won team medals. Four winning, two seconds and a third only missing this event five times since 1964.

Next in only his third long distance all in August 1964 the Hastings to Brighton 38 miles he finished 2nd individual to our International Ray Middleton in 5.52.25, and the first of three Winning Team, and four Third Team medals he has won in this event, which he has competed in every year since. Eighteen in all up to August of this year, many times being "fourth" man home for the Club, and with only "three" to score, just missing scoring in Teams.

This event led up to his marvellous record in the "Brighton" on September 5th 1964, his first one, he finished "Third" individual in 8.46.07 and gained a "second" Team Medal, going on to establish a unique record.

Competing in every one since "Eighteen" in all, from 1964 - 1981. He only retired once in 1966, winning Team Medals 'eight' in all 'five' second Team Medals. Two years the club did not start, and one year did not finish a team.

He won the "Brighton" Club Championship "three" times, second "six" times, "third" four times. What an ill turn of fate that he was not allowed to add to this marvellous record when only three odd miles from the finish of this years event.

Although these were David's main events, he still carried our colours in other events up and down the country.

What more can one say about this "True Belgravian" these words of mine do little to explain little of one of "Life's Tragedys" that he should be taken from us. What we do say is:-

It was a privilege to have known him, and enjoyed his company for twenty years and convey the heartfelt sympathy of the whole Club to his wife and young family and parents at this terrible time.

Jack Goswell

To write a few notes summing up the past few months successes and failures is sometimes easy, sometimes difficult. To have written it once and then to start again because of the tragic circumstances that occurred on the Brighton road is without doubt, distressing.

Dave King was a team man, a Belgrave man, more you could not ask for. He could be relied upon to finish and in many cases bring home winning teams in longer distance events. The Hastings and London - Brighton roads were almost home to him, he had walked them so many times, but sadly no more. I for one will miss his humour, his enjoyment of life, his comradeship, his teammanship, but most of all I will miss a Belgravian.

But back to the more mundane tasks, I regret in the previous issue I overlooked to thank those who helped out with the Open 7-Prize Fund last year, thus enabling me to once again give prizes far outweighing entry fees, and with no other form of sponsorship. Although I do not usually make particular mention I feel I must specially thank Bob Barnes for his efforts in raising over £50 towards the Fund.

This year it is nearly Open 7 time again, and again I make the request for assistance in all forms, don't forget the date - November 28th.

What of the summer? Fairly successful, with wins in the Track League, Southern 20 km, 50 kms Hastings and Brighton but no teams in the Leicester and no National placings were disappointments.

Congratulations to two Belgravians, Joe Scamell, at a modest 58, collected 3rd place in the Essex 50 kms, 4th man for Belgrave in the National 50 kms and then proceeded to complete the Hastings, and then the Brighton to finish in under 10 hours. Also to George Beecham who in the Endeavour 24 hours at Brighton became the newest member of the Centurions and together with John Morris won the team award.

So onto the winter, with the present form of Eric Hall and Joe Scamell team places could be at a premium. Paul Blagg, now recovered from injury having had to miss all the summer season, hopes to be back to form and with him and full team turn outs, anything is possible.

Walking Reports by

.....

Carl Lawton

APRIL 11th 1981 - BRIGHTON - STEYNING 20 KMS

1.M.Parker (Br.) 94.00; 2.G.Morris (Steyning) 94.17; 3.C.Lawton 95.30;  
12.J.Newnham 105.52; 14.E.Crossingham 106.59; 30.M.Hills 117.03; 33.J.Hall  
118.14. Team: 1.Steyning 27; 2.Bels. 49; 3.Brighton 62.

We barely finished a team in fact we barely started a team, as John Hall arrived with no intention of competing but seeing out strength decided to stroll and give us 2nd team.

APRIL 15th 1981 - BRIGHTON - SOUTHERN COUNTIES AAA 10 KMS CHAMPIONSHIP

1.M.Parker (Br.) 42.17.9; 2.G.Vale (SWC) 42.33.83; C.Lawton 44.28.5  
5.R.Dorman 45.30.9; 10.J.Newnham 49.13.4.

APRIL 25th 1981 - HAYES, KENT - S.A.R.W.A. 20 MILES CHAMPIONSHIP WITH BELGRAVE AND SURREY COUNTY CHAMPIONSHIP IN CONJUNCTION

To say this was a poor Belgrave turn out is an understatement, but only 5 started and 4 finished. Despite that set back we did win the County team much to John Morris' pleasure.

1.M.Parker (Br.) 2.34.07; 2.A.James 2.35.20; 3.C.Lawton 2.40.03; 8.J.Newnham 2.50.10; 15.E.Crossingham 2.58.34; 37.J.Morris 3.34.52;

Richard Dorman placed 2nd 37.08 in City of London 5m to Adrian Jane, 36.18.

MAY 3rd 1981 - PLYMOUTH TO DAWLISH - 42 MILES

For the second successive year Carl Lawton won this 42 Mile race, but not without veteran John Eddershaw (Sheffield) leading for 41 miles and being 4 mins. up at 50 kms (4.25.45) to (4.29.24).

1.C.Lawton 6.11.45 (Course Record); 2.J.Eddershaw 6.13.05; 3.E.Shillabeer (Dawlish & S.Devon) 6.36.19.

John Hall placed 4th in Sussex 10 km. on 3rd May in 47m 13s.

MAY 6th 1981 - BATTERSEA PARK - "FRANK ELSON" 10 KMS TRACK CHAMPIONSHIP WITH SURREY COUNTY 10 KMS IN CONJUNCTION

1.R.Dorman 46.49; 2.J.Hall 48.30; 3.C.Lawton 49.17; 4.J.Newnham 49.20;  
6.S.Marshall 52.45; 7.J.Bromley 53.46; 8.E.Hall 53.53; 10.D.Fotheringham 54.35;  
11.R.Picton 57.28; 13.L.Mann 59.02; 17.A.Dorman 62.57; 18.J.Morris 62.59;

MAY 9th 1981 - KENILWORTH - NATIONAL 20 KMS

Richard Dorman did his best to stay with the leaders, but faltered soon after 15 kms and slipped back to 7th. Meanwhile Carl Lawton, having made a slow start moved through for 30th at 5 kms. to close to within 30 seconds of Richard. Backing up - John Hall and John Newnham were unable to lift Bels. higher than 4th.

1.M.Parker (Br.) 90.08; 2.D.Jackson (York P) 92.28; 3.A.Seddon (Enf) 92.36;  
7.R.Dorman 94.48; 10.C.Lawton 95.11; 24.J.Hall 98.18; 37.J.Newnham 101.21;  
54.E.Crossingham 105.02; 71.J.Bromley 109.38; 74.D.Fotheringham 110.25;  
Results: 1.Leic W.C. 30 pts; 2.York Postal 48; 3.Sheffield 51; 4th Bels 68.

MAY 23rd/24th 1981 - SATURDAY/SUNDAY - BRIGHTON - 24 HOURS TRACK WALK

A wet 10 a.m. start on Saturday morning saw two Belgravians J.Morris and G. Beecham join the other 22 starters. The rain continued intermittently for the rest of the day and did not stop until evening. Our two stalwarts battled the conditions and eventually reached the 100 miles in 22.27.50 and 22.45.12 respectively. During the last hour John Morris stopped for rest more often than he should and was overtaken by George to finish with 9th, 104m 54 yds and 8th 104m 557 yds. The winner was Geoff Tranker (Royal Sutton & Birmingham) 129m 180 yds. 2nd Ed Shillabeer 124m 855yds; 3rd John Eddershaw 123m 1699yds.

Belgrave were triumphant in the team race and so it was that George Beecham joined the ranks of the centurions.

In a supporting race over 3 kms. Carl Lawton won in 13.29 and 2nd M.Scamell 14.58.

MAY 24th 1981 - SUNDAY - ANTRIM, NORTHERN IRELAND - U.K. CHAMPIONSHIP 10 KMS

1. S. Barry (Routh) 42m 34.                      5. C.Lawton 45m 31.

MAY 30th 1981 - LEICESTER - MERCURY 20 MILES

For a race that is heavily sponsored it is extremely disappointing for the organisers to get a poor response from clubs out of the area. This year was an improvement on last year, but no Southern Team closed in. Belgrave did not even start a team, which is no credit to anyone.

1. A.King 2hr 38m 20;    6. R.Dorman 2hr. 46m 24;    11.C.Lawton 2hr. 53m. 08.

JUNE 6th 1981 - SATURDAY - EAST LONDON STADIUM - SOUTHERN TRACK LEAGUE

Belgrave retained this Southern Championship although it was never a certainty. Fortunately we were able to field at least two in each event and three in two events. As is usual it is always a problem as to who will compete in each event as one is never sure whether competitors will turn up for later events. Thanks are extended to Jonathon Coy who came in at 12 hours notice in the U/15 event and who had only walked once before at his school.

2 Kms - U/15    2.I.McDermot 10.19; 10.J.Coy 14.07.  
3 Kms            1.R.Dorman 13.24; 3.E.Crossingham 14.00; 7.T.McDermot 15.09.  
5 Kms            4.J.Newnham 23.54; 9.D.Fotheringham 26.31.  
10 Kms           3.C.Lawton 47.22; 4.J.Hall 48.29; 13.J.Scamell 57.55.

JUNE 7th 1981 - SUNDAY - VAUXHALL MOTORS - LUTON - 10 KMS

1. C.Lawton 48.20; 6.D.Fotheringham 53.44; 10.J.Bromley 54.53; 14.J.Dunsford 55.56.

JULY 11th 1981 - SATURDAY - BATTERSEA PARK - CLUB 3 KMS

1.J.Hall 13.25.2; 2.C.Lawton 13.28.3; 3.M.Scamell 13.31.9; 4.J.Newnham 13.33.9; 5.E.Crossingham 14.01; 6.D.Fotheringham 15.11; 7.J.Dunsford 15.39; 8.J.Scamell 16.47; 9.A.Dorman 17.46; 10.B.Dunsford 22.08.

JULY 18th 1981 - SATURDAY - SLEAFORD - NATIONAL 50 KMS

An excellently well organised race, the first National to be held at this Lincolnshire town promised to provide some fast times. However, the early pace told on some of the leaders and there were some retirements. Belgrave were not fielding a strong team, but still managed to finish in 4th place. First home for Bels was Carl Lawton who, although moving up to 5th, at the end of the 13th of 15 laps slipped to 17th with John Newnham 18th. Then came the Scamell duo. Mike in 20th and father 51st for a personal best of 5.22.17. Finally, our 5th man John Keown back to racing fitness after some failings earlier in the summer.

1.B.Graham (York P) 4.10.46; 2.R.Dobson (Ilf) 4.14.01; 3.I.Richards (Cov.G) 4.15.45; 17.C.Lawton 4.38.53; 18.J.Newnham 4.38.54; 20.M.Scamell 4.45.04; 67.J.Keown 5.41.29; Team: 1.Sheffield 25; 2.Leic W.C. 38; 3.York Postal 68; 4. Belgrave 85.

JUNE 20th 1981 - SATURDAY - YORK - NATIONAL 35 KMS

Excellent Belgrave packing on this flat 7-lap course with 4 in 9. Unfortunately with the first man in 16th place did not benefit. Richard Dorman was well up in the early stages, but failed to hold on and came back on the last two laps. Carl Lawton never got into the race and eventually got overhauled by John Newnham in the closing mile.

1.R.Dobson (Ilf) 2.48.30; 2.M.Greasley (Sheff) 2.49.28; 3.B.Graham (York) 2.52.00; 16.R.Dorman 3.07.54; 17.J.Newnham 3.08.36; 19.C.Lawton 3.09.58; 24.M.Scamell 3.12.52; 52.J.Scamell 3.32.31; 77.J.Keown 3.55.09.

Result: 1.Sheffield 18 pts. 2.York Postal 38; 3. Leic. 53; 4. Bels. 59.

BELS WIN BACK TEAM RACEAUGUST 1st 1981 - SATURDAY - HASTINGS TO BRIGHTON

1.R.Dobson (Ilf) 5.28.18; 2.P.Ryan (Sheff) 5.40.26; 3.J.Newnham 5.47.12;  
5.C.Lawton 5.57.05; 10.J.Dunsford 6.29.11; 16.J.Scammell 6.48.39;  
21.D.King 6.51.53; 28.J.Keown 7.05.35;

Team: 1.Bels 7 pts. 2.Steyning 19. 3.Cambridge H. 24.

AUGUST 7th 1981 - CRYSTAL PALACE - AAA 3 KMS

1.R.Mills (Ilf) 11.44.68 rec. 4.R.Dorman 12.46.41; 7.C.Lawton 12.57.36;  
11.J.Hall 13.17.24; 13.E.Crossingham 13.32.0.

**Belgrave First**AUGUST 15th 1981 - SATURDAY - BATTERSEA PARK - S.A. 20 KMS

1.A.Seddon (Enf) 95.02; 2.A.James 96.16; 3.C.Lawton 97.14; 5.J.Newnham 102.04;  
6.J.Hall 102.56; 8.R.Dorman 104.34. 19.E.Crossingham 117.33; 21.J.Scammell  
119.41; 22.S.Marshall 120.28; 30.J.Morris 135.33.

Team: 1.Bels. 19 pts. 2.Enf. 27; 3.Weymouth 32.

AUGUST 19th 1981 - CARSHALTON - 5 MILES ROAD

1.C.Lawton 36.24; 2.J.Newnham 39.21; 4.E.Hall 40.27; 5.S.Dunsford 42.18;  
12.J.Morris 49.17; 17.B.Dunsford 57.46;

AUGUST 31st 1981 - MONDAY - CRYSTAL PALACE - AMOCO GAMES INVITATION 10 KMS

5.C.Lawton 45.35.

**VICTORY AND TRAGEDY**SEPTEMBER 5th 1981 - SATURDAY - LONDON - BRIGHTON

There are times when a triumph can be marred by a tragedy to such an extent that the triumph seems almost worthless. To compete and complete the accolade of long distance walking the London to Brighton is in itself an achievement. To go to the head of the field and win the race and to be acclaimed with the names of Whitlock, Baker, Thompson, Pamich, Middleton is something extra. To do this and then hear two hours later that one of your team has died as a result of injuries received on the very same road you had just passed along, is to say the least shattering. It could have been anyone, unfortunately it was Dave. He never won a Brighton, but he held a record, more winning Brighton team medals than anyone else, eight in all, this year would have been 9 had he finished, but he didn't and never will again.

It is many years since Belgrave had 8 starters in the Brighton and all but Dave finished. John Hall completed his at the second attempt. Joe Scammell, well what can one say, his first attempt and under 10 hours and almost as fresh as a daisy at the finish. John Dunsford and Ron Day reliable as ever. In fact Ron interrupted his Marathon running training to compete. Then John Keown and George Beecham backing up.

1.C.Lawton 8.20.51; 2.A.Collins (Holloway Pols) 8.31.13; 3.J.Warhurst (Sheff) 8.37.10; 10.J.Hall 9.14.2; 13.J.Dunsford 9.23.41; 15.R.Day 9.56.57; 16.J.Scammell 9.58.27; 27.J.Keown 10.29.22; 34.G.Beecham 11.08.50.

Team: 1.Belgrave 25 pts; 2.Surrey W.C. 28; 3.Sheff. 30.

BELS ACROSS THE MEADOWS OF ENGLAND

SEPTEMBER 13th 1981 - SUNDAY

1. NEWMARKET - CAPTAIN BARCLAY STAKES 10 KMS

Bels. team of Eric Hall, Davy Fotheringham and Joe Scamell placed third.

2. LONDON POSTAL REGION 10 KMS AT BLACKHEATH

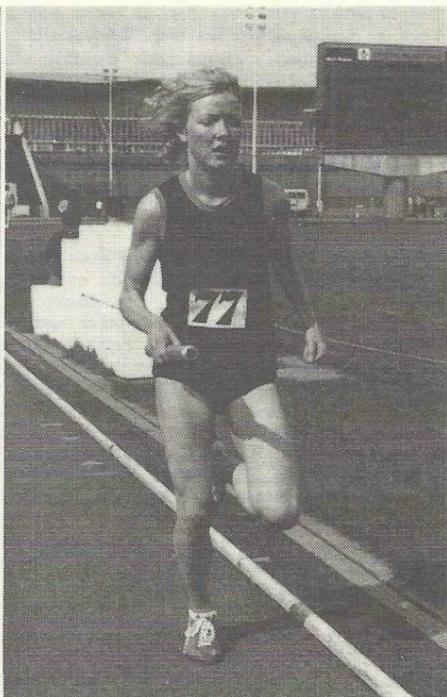
Paul Blagg was second in his first race for 7 months with Ed Crossingham and Mike Nichols backing up for 2nd team.

3. BRIANTS PUDDLE, DORSET 20 KMS

This year's S.W. Counties 20 Kilos Road Walk (incorporating an open event) was held in this Dorset village a few miles east of Dorchester. A gem of a place, thatched cottages with a village green and adjacent clubhouse and the finish line just outside. The course was six laps with a big climb early in the lap - a heavy shower about halfway through the race refreshed the competitors and made the officials dash for cover.

Chris Maddock (Dawlish & S.Devon) led the way with Carl isolated in second place. A few places later was John, unfortunately we had no third man so we had no interest in the team race. Maddock pulled away from Carl over the last lap for a comfortable win. Remembering that the previous Saturday Carl had won the "Brighton" he did well to finish second. Meanwhile John was putting on the speed he so often shows at the end of a race to come through into third spot, I believe he did a p.b. well done John.

Result: 1.C.Maddock (Dawlish & S.Devon) 1 hr.35.10.  
2.Carol Lawton 1 hr.38.03.  
3.John Newnham 1 hr.40.10



Left Carl Lawton on his way to winning the London to Brighton.  
Photo: Fred Popplewell

Right Hilary Baxter who has slaughtered Club records at 800m, 1500m and 1 mile.  
Photo: Bill Laws

# YOUNG ATHLETES

With a few of our younger members entering their last year as track juniors everyone put in a good season's work with some very fine performances coming as a result. Almost all our youngsters set new p.b's and those that didn't tried hard - but now realise that injury or illness has no respect for individuals.

It was great to see Mark Waller, Mark Sinclair and Pat Lyttle gain Surrey vests for the Junior Inter-Counties Champs, while John Gladwin and Stuart Paton won both S.C.A.A.A. vests and Junior International Honours. There were medals galore in the county, Borough Schools, London Schools and G.L.C. junior championships. In addition to this packed itinerary all of our younger members turned out for the Senior Southern League track and field matches when called on and set a fine example of loyalty and support which made the life of the team manager(s) almost border on the enjoyable. (See T & F Section for details). Thank you everyone!

Further honours came in the 100 x 1 mile relay (Ref.p. ) when a junior team consisting of Mark Sinclair, Paul Richley, Stuart Paton and John Gladwin broke the U.K. 4 x 1 mile record averaging 4:27 each. There is plenty of chance next year to better this by a wide margin looking at some of the season's later 1500m times. And finally at the start of the Road Running season our boys and youths gained two 3rds in the 4 Stage Surrey County Relay Champs. A really fine effort by everyone throughout the season. You have all put in a lot of hard work and will surely reap the benefits, both for yourselves as individuals and perhaps even more important for your team colleagues. Good luck through the winter and have a fine 1982 in Track and Field.

Reports by ..... Bill Laws

## NEW C/B/Y MANAGEMENT TEAM

Ian Horton, Colin Pearson and Mick Sexton have combined to form an effective Management Team which will look after the interest of our increasing band of Colts - boys and youths. The focal point for all contacts is Ian Horton who is doing the secretarial work and who can be reached on 01-946-9013. Ian is producing up to date records on all of you and as the season progresses the 'Team' will get a better idea of individual needs. Training sessions are being organised and the Sunday morning runs from Belgrave Hall which will take place throughout the winter, starting at 10.45 a.m. have been well supported. Many thanks too to Reg Hopkins who travels all the way from Camberwell each Sunday to bring 5 or 6 lads for training.

Also for your files the following numbers should be noted:

Colin Pearson 01-788-6361

Mick Sexton 01 949 1545

## PATON'S S.C.A.A.A. VESTS

Stuart Paton gained two Southern Counties Vests in one week following his Surrey 2000m S.C. Juniors win on 25th April. On Monday, 4th May at Liverpool he finished 5th in a 2000m S.C. in 6.12.0 in an inter area meet against North, Midlands and Wales. Two days later at the Crystal Palace he represented S.C. against W.London Inst. and the R.A.F. and ran a p.b. 1500m in 3.53.8 finishing 6th in the process

APRIL 19th 1981 - BRIGHTON ARENA - OPEN MEETING

1500m: S.Paton 3.56.8; P.Richley 4.02.4 (p.b.)

## Medals

APRIL 25th and MAY 12th-16th 1981 - MOTSPUR PARK - SURREY CHAMPIONSHIPS

200m Junior: S/C. Final: 1.S.Paton 6.16.5.

1500m Junior Final: 2.M.Sinclair 4.05.9; 7.P.Richley 4.10.7; (Ht 4.08.5)  
9.S.Paton 4.15.3 (Ht 4.08.0); 12.D.North 4.21.4 (Ht 4.12.3)

1500m Youths: Heat 7.S.Pritchard 4.56.0.

800m Youths: Heats 8.A.Byrne 2.29.8.

800m Junior: Final: 1.J.Gladwin 1.54.1. (CBP) .... 6.M.Waller 2.00.8  
Heats. 4. Horton 2.16.0

200m Junior - Final: 3.P.Lytle 22.9

100m Junior - Final: 6.P.Lytle 11.3

## Around The Schools

In the London Schools Championships held on 13th June, several of the Senior Boys Medals came our way. Pat Lytle won the 200m in 22.9, Mark Waller the 800m and 1500m, Dave North the 5000m and Kevin Clarke set a p.b. 400m hurdle time by coming 3rd in 60.1 and beating some good opposition in the process.

In the Surrey Schools Paul Richley gained the Silver in the Senior Boys 1500m with 4.07.7 and new member 14 year old Richard Addison came 4th in the 400m with 54.6. We should have a terrific 400m Youth Squad next year - Another new member 14 year old Mike Alleyne clocked a staggering 52.4 later in the season).

JULY 7th 1981 - CRYSTAL PALACE - BMC INVITATION MEETING

1500m B.Race: 1.S.Paton 3.52.9 (p.b.)

Sen.3000m: J.Bicourt 8.25; P.Richley 8.46.1 (p.b.) and Leo Coy 9.07.4.

### CLUB CHAMPIONSHIPS

JULY 11th 1981 - BATTERSEA PARK - CLUB CHAMPIONSHIPS

#### Junior Men:

400m: 1.J.Gladwin 51.5; 2.D.Bailey 55.0; 3.E.Grundie 56.0; 4.K.Clark 57.0;  
5.A.Horton 60.2; 800m: 1.J.Gladwin 1.55.2; 2.A.Hughes 1.59.8; 3.M.Waller  
2.00.4; 4.A.Horton 2.13.0. 1500m: 1.T.Mckay 4.11.0; 2.M.Waller 4.15.7;  
H.J.: 1.E.Grundie 1.75.

#### Colts and Boys:

100m: 1.R.Mann (C) 16.0; 2.J.Pritchard (C) 16.6; 3.J.Caines (C) 17.9;  
4.J.Mann (C) 18.9; 5.J.Coy (C) 19.5;  
800m: 1.R.Addison (B) 2.18.6; 2.J.Biesty (B) 2.30.4; 3.J.Neillis (B) 2.34.0;  
4.G.McGarren (C) 2.38.5; 5.R.Mann (C) 2.46.0; 6.J.Caines (C) 2.50.0;  
7.A.Horton (C) 2.54.0; 8.M.Davies (C) 3.00.0; 9.J.Mann (C) 3.15.5.  
10.J.Coy (C) 3.20.5. High Jump: 1.J.Caines (C) 1.11.

### ROSENHEIM LEAGUE

The Rosenheim Leagues have not been well supported but a few first class performances have been posted. Simon Pritchard who has shown tremendous determination in his training was finally rewarded by pulling his best 800m time down to 2.14.2. Michael Blackmore who is just 15 ran 2.13.2 while Andrew Byrne failed to reproduce his training form but improved to 2.25.0. New boy Richard Addison ran 56.2 for his first 400m in Belgrave colours.

JULY 18th 1981 - BRIGHTON ARENA - OPEN MEETING

Paul Richley ran a superb 1500m for a 1st year Junior.

Senior 1500m: 7.P.Richley 4.00.2 (p.b.)

JUNIOR INTERNATIONAL VESTSJULY 18th 1981 - MEADOWBANK - ENGLAND V. SCOTLAND V. WALES V.N.IRELAND (JUNIORS)

Almost a club meet with Juniors Gladwin and Paton being selected to run for England and Scotland respectively in the 800m. John Gladwin anxious for a fast time to gain selection for the European Championships in August held on to Elliott and achieved a seasons best in second place. Stuart Paton went through 400m in 54 and hit the wall with 200m to go.

800m: 2.J.Gladwin 1.49.76 ..... 8.S.Paton 1.55.07.

JULY 19th 1981 - BRIGHTON ARENA - JUNIOR INTER COUNTIES

With 3 Juniors in the Surrey team and Paul Richley unfortunate to miss selection for either the 'B' 1500m or 3000m several supporters travelled to the pleasant Brighton Arena and were pleased to see our lads performing well in the winning Surrey Team. Both Pat Lyttle and Mark Sinclair responded with personal bests.

200m A: 3.Pat Lyttle 22.5; 800m B: 2.M.Waller 1.57.2

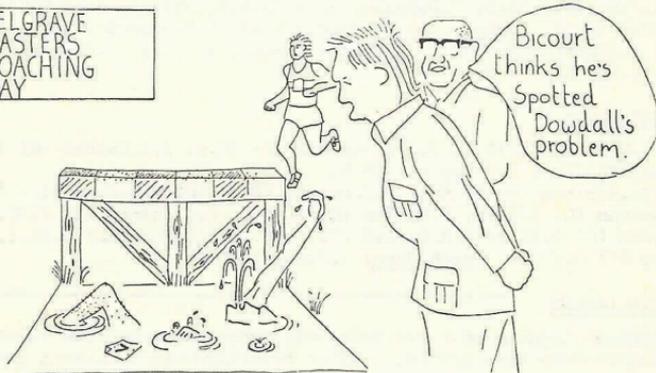
S/C A: 3.M.Sinclair 6.06.3

**FAST BOYS !!**

On August 6th at Ewell Court, Simon Beaumont ran 4th in a 800m in 2.15.4 just 40 days after his 13th birthday. Simon who has been training under John Sullivan's guidance has been running for less than a year. 14 year old Richard Addison won the Boys Club 800m Championships in 2.18.6 with newcomer Jim Biesty second.

**Tom & Arf**

BELGRAVE  
MASTERS  
COACHING  
DAY



SEPTEMBER 5th 1981 - WEST LONDON - G.L.C. CHAMPIONSHIPS

If Mark Sinclair had not been injured he would probably have won the GLC Junior Steeplechase as the winning time was well below his Inter-Counties result. However, it was not to be. Belgrave had good cause for celebration, however, with John Gladwin retaining his 800m title in 1.53.1 - while Stuart Paton retained his 1500m title with 1.56.3. The man to achieve the greatest satisfaction was Pat Lyttle who although only a first year Junior further lowered his 200m p.b. to 22.4 in finishing 4th. Pat has reduced his 100m time to 11.2 this year and has knocked a full 0.5 secs off his long sprint time. His coach reports that the big breakthrough should be next year. Stick with it Pat!

Gladwin presses on

John Gladwin tried valiantly to recover from his early season injuries by stepping up his training schedules in a determined effort to make the U.K. Junior Team for the European Championships in August. Unfortunately, with Elliott and McGeorge finding top form in the 800m and only 2 to be sent for each event, things looked bleak for John. As things turned out the Junior AAA's Championships at Brighton Arena held on represented his last opportunity to gain selection. Such was the quality of competition that only the winners of each of the 5 heats could be sure of a place in the 800m final and John, of course, got the fastest heat. His winning time of 1.50.66 left him tired for the final which was only 2 hours later where he came 6th behind McGeorge and Elliott, but with another fast time of 1.51.80. Disappointed though he was at not making the U.K. team John plugged away. On August 7th he ran 1.51.02 in the AAA's 800m heats and after a short break got back on the winning trail, first retaining his Junior GLC 800m title with 1.53.1. A week later on 12th September he won the BMC 800m at Woodford in 1.51.3 and on the 19th September representing the Junior SCAAA against the North, Midlands and Wales he again won with a late burst after being boxed in - in the time of 1.53.6.

So, at the end of it all, injuries had not enabled John to achieve his highest targets even though he had strung together the largest number of sub 1.54.0 runs in the Club's history (9 including the League meetings). Still only a second year T & F Junior next year we all hope that the winter will leave John free from injury and strong enough to really set the track alight!!

YOUNGSTERS GAIN SURPRISE MEDALSSEPTEMBER 12th 1981 - BROCKWELL PARK - SURREY ROAD RELAY CHAMPIONSHIPS

With full teams in all age groups reflecting our growing band of young athletes we came away with 2 bronze medals. Particularly pleasing was the boys performance as the team medals were our first in this age group for at least two decades.

Special mention for: Jim Biesty a new member who turned in one of the fastest colts times of the day. Andrew North who looked really sharp in moving the boys team from 8th to 3rd. Michael Blackmore who claimed to be unfit. Paul Richley who was within 3 seconds of Stu Paton's course record and Alister Horton who at the last minute ran to complete the Youth's team - his first run since being knocked off his bike in France by a speeding car. It was great to see the enthusiasm, and everyone giving 110% - particularly Alan Lammas who nailed 'A' team runner Carl Frater in the run-in.

Colts:

'A' Team: 11.J.Neillis 10.28; 12.R.Mann 10.58; 12.J.Caines \* 11.18; 10.J.Biesty 9.47.

Teams: 1.Camberley 3703 ... 10.BELGRAVE 42.31;

'B' Team: 16.A.Sinnott 11.44; 17.J.Mann\* 13.21. \* Went off course.

Boys:

'A' Team: 8.C.Frater 9.40; 3.A.North 9.11; 4.R.Addison 9.35; 3.M.Blackmore 9.06;

Teams: 1.SLH 36.56; 2.A.F.D. 37.02; 3.BELGRAVE 37.32.

'B' Team: 7.A.Lammas 9.38; 12.B.Danielson 10.24; 12.P.Gildea 10.12.

Youths:

'A' Team: 1.P.Richley 8.11; 2.G.Thrush 8.56; 3.S.Pritchard 9.38;  
3.A.Horton 9.50.

Teams: 1.S & Cheam 32.59; 2.SLH 35.38; 3.Belgrave 36.35.

COUNTRY STARTOCTOBER 3rd 1981 - BROCKWELL PARK - YOUNG ATHLETES LEAGUE

Ian Horton wrote to every young member and this was the first test of support for our new team of managers. The support, with a few notable exceptions, was excellent and the results promised well for the winter. The youths did not turn up and so we lost valuable points in the combined section results.

Colts 2 Miles:

'A' Race: 1.C.Lucas (Dar) 12.46 ... 31.A.Horton 14.05; 40.J.Cairnes 14.31;  
51.M.Davies 15.26; 56.P.Whiston 15.45; 61.J.Mann 16.21.

'B' Race: 3.G.McCurran 14.33; 62.J.Coy 16.29.

Teams: 1.Mitcham 29 pts. 2.Dartford 49 .... 11.BELGRAVE 239 (4 league pts).  
14 teams finished.

Boys 3 Miles:

1.P.Henneseey (Med) 17.36 .... 43.J.Biesty 19.18; 57.J.Neillis 19.41; 78.R.  
Mann 20.51; 86.G.Pearson 21.48.

Teams: 17.BELGRAVE 363 (6 league pts).

Youths: - No competitors from Belgrave.



Successful Surrey R.R. Squad. Back 1 to r: Giles Thrush, Alister Horton, Paul Richley, Richard Addison, Simon Pritchard, Alan Lammas. Front 1 to r: Michael Blackmore, Andrew North, Paul Gildea, John Neillis, Carl Frater.

WHERE ARE THEY NOW?

In an article in a recent Athletics Magazine the question was raised as to the size of the Track at Battersea Park in 1938. The Editor was kind enough to publish a letter stating that there were many Belgravians who could remember that in those days it was three laps to the mile. How many of us used the old track? Let's have a look at the current list of Members, There's quite a crowd!

The names are followed by present addresses.

|                                     |                                       |
|-------------------------------------|---------------------------------------|
| Bill Ashford, S.W.19                | Len Marchant, Billericay.             |
| Fred Bentley, Isle of Man           | Bill Merryman, Kingston-upon-Thames.  |
| George Bentley, Porishead, Bristol. | Bert Mitchell, Deal, Kent.            |
| Denis Brickwood, Carshalton.        | Tom Morrell, Wicklewood, Norfolk.     |
| Don Brown, Richmond.                | Charlie Munro, Twickenham.            |
| Tom Carter, S.W.16.                 | Ken O'Kell, Wallington.               |
| Charlie Churcher, S.W.17.           | Alf Orton, Worcester Park.            |
| Les Cohen, Enfield.                 | Geoff Pearson, Chipstead.             |
| Joe Coleman, Walton on Thames.      | Arthur Penny, New Malden.             |
| Len Coleman, Coleraine, N.Ireland.  | Micky Pyer, S.W.11.                   |
| Tom Cotton, Morden.                 | Bob Readman, Fulham                   |
| Norman Dewberry, Mitcham.           | Fred Rickards, Crowborough, Sussex.   |
| Edmund Donovan, New York.           | Mrs. Savage and Win Shepherd, S.W.19. |
| Gordon Doubleday, Timsbury, Bath.   | Tommy Scrimshaw, East Molesey.        |
| Ernie Duffett, Pontypridd, S.Wales. | Harry Shields, Bexley Heath.          |
| Reg Elson, Basingstoke.             | Frank Simmons, S.W.2.                 |
| Bert Footer, Ramsgate.              | Charlie Smart, S.W.15.                |
| Eric Herbert, Redhill.              | Charlie Speechley, Eastcote.          |
| Frank Jarvis, S.W.16.               | Ted Stimpson S.W.20.                  |
| Charlie Jones, Epsom.               | Ken Stimpson, Epsom Downs.            |
| Harold King, Erith.                 | Alf Taylor, Wellington, Somerset.     |
| Syd King, Carshalton.               | Dick Towndrow, Mere, Wilts.           |
| Ben Knifton, Portugal.              | Bill True, S.W.17                     |
| Vic Laws, Wimborne, Dorset.         | Frank Webb, Southall.                 |
| Bill Lucas, S.E.25.                 | Bill Webb, Teddington,                |
| Joe McDonald, S.W.3.                | Tony Whincup, Croydon.                |
| Dave McMullen, W.Croydon.           | Joe Wilson, S.W.17.                   |
|                                     | Percy Wright, Southampton.            |

---

**Gordon Doubleday**

---

MEMBERS HONOURED

Congratulations to Ron Langheim and John Morris on being elected life members at this years A.G.M. Brian Pritchard was elected Vice President in recognition of his years of work with our younger members.

C.C. FIXTURE CHANGE

We are informed that the November 21st C.C. League Fixture has been changed to November 28th and will start at the Kingston Gate of Richmond Park. It is suggested that members wishing to drive there changed meet at Belgrave Hall at 1.45 p.m. (Boys, Colts, Youths) and 2.15 p.m. Seniors.

STOP PRESS

**GRAHAM MACKY FINISHED 4TH IN THE UNIGATE MARATHON**  
IN 2:18:48 Report next time

# ROAD AND COUNTRY

## MARCH 4th 1981 - DEPT. OF ENERGY - 6.4 km

1.P.Browne (TVH) 21.04; 2.C.Bird (Blackheath) 21.20; 3.L.Coy (Bels) 21.28;

## MARCH 18th 1981 - NEWPORT - 10 MILES

1.M.Lane (Newport) 50.13 ..... 69.J.Wasbrough 59.16. 135 finished.

## MARCH 20th 1981 - FELTHAM - 5 MILES

1.K.Penny (Cam) ... 20.L.O'Hara 25.20; 23.J.Bicourt 25.28; 59.L.Mann 27.23;  
67.B.Gorman 27.33; 109.C.Walker 29.10. 138.M.Best 30.43. 193 Finished.

## LA VIA ROMA

## MARCH 22nd 1981 - ROME - OSTIA - 27 kms

John Bicourt and Graham Macky took on 6000 in this famous Italian race which included many stars over for the International C.C. Graham caused quite a stir by beating Italian hero Fava who was 8th in the Montreal Marathon and no doubt Graham will be venturing back into Europe. John continues his fight back to fitness with 2 races in 2 days - 1000 miles apart!

1.Nedi(Ethiopia) 1.21.20; 2.Balcha (Ethiopia) 1.21.21; 3.Magera (Nigeria) 1.23.11 ..... 10.I.Thompson (Luton) 1.25.35; 12.G.Macky (Bels) 1.26.14;  
13.F.Fava (Italy) 1.26.45; ..... 35.J.Bicourt (Bels) 1.30.01.

## MARCH 28th 1981 - EASTBOURNE - SEVEN SISTERS 'MARATHON'

70 started and 60 finished in appalling conditions.

1.A.Harmer (Ports) 3.28; 10.L.Coy 3.48;

## APRIL 12th 1981 - HILLINGDON - FINCHLEY 20

1.A.Cole (Swansea) 1.43.21 ..... 62.G.Jones 2.07.45; 75.R.Bale 2.10.59;  
112.E.Stroud 2.22.41; 136.G.Piddington 2.41.43. 138 Finished.

## MAY 9th 1981 - PETERSHAM - RANELAGH HALF MARATHON

1.K.Penny 66.05; 2.B.Watson 66.11 ..... 38.P.O'Connor 73.49; 67.L.Mann 77.14;  
87.W.Downey 79.00; 96.J.Wasbrough 79.28; 99.A.Grant 79.51; 133.L.Mclean 82.20;  
146.J.Rayner 83.26; 148.D.Jardine 83.31; 157.J.Tee 84.25; 166.F.Barrett 84.57; 173.C.Shippen 85.41; 241.G.Piddington 92.31; 310 Finished.

Teams: 3 to score 1.Camb. 17 .... 16.Belgrave 192. 64 Teams finished.

6 to score 1.Danelagh 143; 5.Belgrave 520 15 Teams finished.

## FAST TIME IN BELGRAVE '20'

In near ideal conditions Norman Wilson (T.V.H.) won the Open 20 Mile Road Race on 18th July in the third fastest ever time of the thirty year history of the race - 1hr 41 min. 28 secs.

He went into the lead very early on and was never challenged - had he been he could no doubt have got nearer to the course record of 1.39.47. With three in the first 5 team positions T.V.H. easily won the team race.

Bob Roath of Walton won the Surrey Title with Ranelagh narrow winners of the Team Race.

Lionel Mann took the Belgrave Title with Doug Maughan second and Tony Grant third. Twenty-three Belgravians finished the course - which is a record number.

Sincere thanks to all those who helped with the race which, judging from outside comments, was a great success and much appreciated.

Derek Crookes  
(Race Sec.)

Results:

Open Race: 1.N.Wilson (T.V.H.) 1.41.28; 2.R.Roath (Walton) 1.45.43;  
3.M.Pickard (Epsom & E) 1.46.00.

Teams: 1.T.V.H. 10 pts. 2.Epsom & Ewell 32; 3. Ranelagh 35.

Surrey Race: 1.R.Roath (Walton) 1.45.43; 2.M.Pickard (Epsom & E.) 1.46.00;  
3.D.Faircloth (Croydon) 1.48.14.

Teams: 1.Ranelagh 19 pts; 2.Epsom & E.19; 3.Walton 20.

BELGRAVE 20 MILE CHAMPIONSHIP

|               |          |              |          |                 |          |
|---------------|----------|--------------|----------|-----------------|----------|
| 1.L.Mann      | 2.02.05; | 9.J.Tees     | 2.12.38; | 17.J.Wasbrough  | 2.21.10; |
| 2.D.Maughan   | 2.03.42; | 10.C.Shippen | 2.13.01; | 18.G.Piddington | 2.23.20; |
| 3.A.Grant     | 2.05.56; | 11.C.Jojo    | 2.13.18; | 19.J.Rayner     | 2.24.22; |
| 4.H.McDonald  | 2.08.32; | 12.J.Dooley  | 2.14.18; | 20.E.Stroud     | 2.24.55; |
| 4.R.Pearson   | 2.08.43; | 13.R.Day     | 2.18.20; | 21.E.Thorpe     | 2.26.12; |
| 6.L.McLean    | 2.09.43; | 14.F.Barrett | 2.18.48; | 22.J.Davis      | 2.27.04; |
| 7.J.Hampshire | 2.09.46; | 15.C.Henn    | 2.19.21; | 23.D.Davies     | 2.42.54; |
| 8.R.Bale      | 2.10.18; | 16.D.Jardine | 2.21.04; |                 |          |

JUNE 1981 - POLY MARATHON & BELGRAVE H. MARATHON CHAMPIONSHIP

1.B.Plain (Cardiff) 2.24.01; 2.D.Fairclough (Croydon) 2.25.23; 3.M.Pickard (Epsom & Ewell) 2.25.58; .... 108.A.Grant (Bels) 3.02.20; 141.L.Mann (Bels) 3.09.59; 147.R.Day (Bels) 3.12.11; 157.J.Tee (Bels) 3.14.01; 163.J.Davies (Bels) 3.14.41; 194.C.Henn (Bels) 3.19.17; 220.B.Campbell (Bels) 3.24.32; 306.R.Balé (Bels) 3.50.51; 313.G.Piddington (Bels) 3.53.05; 321.A.Smithies (Bels) 3.56.56.

JULY 18th 1981 - HORSHAM - 10 MILE ROAD RACE

1.K.Penny (Cam.) 48.00; 2.P.Standing (WSE) 48.04; 3.R.Treadwell (Surrey B) 48.49; .... 197.K.Duckett (Bels) 60.07; 352.P.Staples (V) (Bels) 66.47; 492.D.McMullen (V60) (Bels) 76.37; A.Bruce DNF. 549 Finishers.

Teams: 1.Windsor S & E 26 pts. 2.Cambridge H. 31; 3.Horsham BSH 70.

AUGUST 1st 1981 - DARTFORD - HALF MARATHON

Result: 1.K.Penny (Camb.H) 65.39; 2.B.Watson (Camb.H) 65.34; 3.W.Mullett (Brighton & Hove) 66.16.

Belgrave: 134.J.Wasbrough 78.30 p.b; 149.L.Mann 79.04; 187.A.Grant 81.28; 220.F.Barrett 82.44 p.b; 253.J.Rayner 83.52; 282.C.Henn 85.14; 329.E.Stroud 87.04; 364.N.Kidd 88.20; 383.P.Staples 88.59. 726 Competitors finished the course.

Team: 1.Cambridge H 'A' 26 pts; 2.Windsor, Slough & Eton 41 pts; 3.Woodford Green 46 pts; 36.BELGRAVE 589 pts.(Mann/Grant/Rayner). 65 teams entered.

SEPTEMBER 11th 1981 - BROCKWELL PARK - SURREY COUNTY ROAD RELAY - 6 x 3M

Bels 'A': 1.J.Bicourt (3) 12.21; 2.G.Macky (2) 12.32; 3.S.Paton (2) 12.38;  
4.A.Fairclough (6) 14.04; 5.A.Marsey (6) 13.54; 6.T.Dowdall (5)  
13.37.

Bels 'B': 1.M.Gleave (16) 13.36; 2.L.Coy (16) 13.57; 3.L.O'Hara (14) 12.39;  
4.M.Head (12) 13.36; 5.A.Binda (11) 14.02; 6.M.Manning (12) 14.12.

Team Result: 1st Herc-Wimb. 75.06; 2.Woking 75.37; 3.A.F.D. 75.40; 4.S.L.H.  
75.53; 5.Bels A 79.06; 12.Bels B 82.02.

SEPTEMBER 19th 1981 - BELGRAVE 5 1/4 M R.RACE

|                |        |               |        |                 |        |
|----------------|--------|---------------|--------|-----------------|--------|
| 1.J.Bicourt    | 28.57; | 14.B.Taylor   | 32.23; | 27.A.Stroud     | 35.49; |
| 2.G.Macky      | 29.25; | 15.M.Nouch    | 32.31; | 28.P.Dorman     | 35.59; |
| 3.L.O'Hara     | 29.33; | 16.B.Gorman   | 32.41; | 29.P.Staples    | 36.22; |
| 4.M.Kurtonray  | 30.05; | 17.F.Barrett  | 32.57; | 30.E.Thorpe     | 37.02; |
| 5.S.Williamson | 30.44; | 18.A.Grant    | 33.03; | 31.G.Piddington | 37.39; |
| 6.L.Lyons      | 31.26; | 19.D.Jardine  | 33.03; | 32.D.McMillan   | 38.03; |
| 7.M.Head       | 31.32; | 20.A.Painter  | 33.40; | 33.C.Pearson    | 38.58; |
| 8.T.Dowdall    | 31.32; | 21.E.Crutcher | 34.16; | 34.J.Plummer    | 39.58; |
| 9.D.Maughan    | 31.41; | 22.D.Searle   | 34.30; | 35.G.Pearson    | 40.38; |
| 10.C.Lawton    | 32.04; | 23.P.Roche    | 34.43; | 36.D.McMullow   | 41.25; |
| 11.M.Gleave    | 32.04; | 24.A.Bruce    | 34.55; | 37.C.Manning    | 42.35. |
| 12.L.Coy       | 32.14; | 25.N.Kidd     | 35.08; |                 |        |
| 13.M.Manning   | 32.22; | 26.C.Henn     | 35.40; |                 |        |

Handicap Result:

1.M.Nouch (26.01); 2.L.O'Hara (28.33); 3.C.Lawton (28.34); 4.F.Barrett (28.57).

SEPTEMBER 20th 1981 - BIRMINGHAM - CITY MARATHON

1.S.Thompson (Luton) 2.14.22; ..... 144.J.Tee 3.02.22; 273.R.Day 3.16.16;  
689.A.Smithies 3.38.04 (1st O/60). 5000 plus competitors in this popular  
marathon.

SEPTEMBER 26th 1981 - WALTON - WALTON A.C. ROAD RELAY

Team 'A': 1.G.Macky (3) 15.48; 2.P.Richley (7) 16.41; 3.L.Coy (8) 17.51;  
4.M.Gleave (7) 17.25; 5.M.Head (7) 17.20; 6.P.Richley (10) 19.03;

Team 'B': 1.B.Taylor (16) 17.42; 2.W.Laws (10) 18.50;

Team Result: 1.A.F.D. 92.40; 2.Walton 96.00; 3.A.F.D. 'B' 96.34;  
10. BELS 'A' 104.10.

OCTOBER 3rd 1981 - BELGRAVE 3m YACHT HANDICAP

|                |        |        |                |        |        |              |        |        |
|----------------|--------|--------|----------------|--------|--------|--------------|--------|--------|
| 1.D.McMillan   | 21.13; | 17.43. | 12.T.Dowdall   | 22.04; | 16.34. | 23.R.Martin  | 23.09; | 18.39. |
| 2.J.Rayner     | 25;    | 16.55. | 13.J.Stevenson | 11;    | 16.51. | 24.J.Aitken  | 18;    | 21.03. |
| 3.M.Head       | 31;    | 16.01. | 14.C.Taplin    | 11;    | 18.11. | 25.D.Davies  | 21;    | 19.31. |
| 4.E.Crutcher   | 41;    | 17.11. | 15.W.Laws      | 13;    | 17.33. | 26.J.Plummer | 28;    | 20.58. |
| 5.A.Fairclough | 45;    | 16.25. | 16.D.Gordon    | 13;    | 19.58. | 27.C.Manning | 36;    | 21.36. |
| 6.D.Maughan    | 47;    | 16.27. | 17.A.Binda     | 24;    | 17.04. | 28.R.Tanner  | 49;    | 18.49. |
| 7.D.Jardine    | 51;    | 16.51. | 18.B.Couzens   | 26;    | 20.11. | 29.D.Jones   | 50;    | 20.00. |
| 8.S.Williams   | 56;    | 16.36. | 19.C.Gillett   | 35;    | 17.55. | 30.J.Hilton  | 24.18; | 20.28. |
| 9.A.Grant      | 59;    | 17.09. | 20.A.Manning   | 48;    | 18.58. | 31.J.V.Baker | 48;    | 24.18; |
| 10.C.Henn      | 22.02; | 17.52. | 21.R.Kersey    | 51;    | 18.01. |              |        |        |
| 11.S.Beaumont  | 04;    | 18.14. | 22.F.Pagett    | 51;    | 18.51. |              |        |        |

On a day of mediocre times the outstanding performance was the 18.14 of 13  
year old Simon Beaumont.

OCTOBER 3rd 1981 - WIMBLEDON - H.W. '10'

1.D.Beaver (Poly) 49.27; 2.C.Ross (Highgate) 50.11; 3.P.Banks (Coventry G)  
51.01 ..... 39.S.Williamson 55.49; 62.J.Wasbrough 57.39; 68.F.Barratt 57.57;  
82.R.Bale 59.07; 144.P.Staples 64.48; 167.G.Piddington 66.08; 168.A.Stroud  
66.11. 240 Finished.

## BICOURT IN BERLIN

SEPTEMBER 27th 1981 - BERLIN - MARATHON

Berlin has now joined the many other major cities of the world in staging a mass marathon. It's inaugural event got under way on September 27th on a warm and sunny Sunday morning. 4,500 runners in all categories assembled in the park in front of the Reichstag. Helicopters clattered overhead, T.V. camera crews were busy taking in the scene and the expectant crowds lined the road away from the start.

The maroon was fired at precisely 9.30 a.m. by guest of honour, Kee Ti Sohn of Korea, the '36 Olympic marathon victor, and we were off. There was a good number of British runners in the field, mainly because of the large British army contingent in the city, but also from the many who had come from England including a British marathon squad from the BAAB of five men and two ladies. Favourite on time had to be 2.11.50 performer, John Dimmock of the U.S.A. but my bet was for Ian Ray the best of the British group.

For the first mile or two, the runners were settling down and similar level groups soon established themselves (once they had got by the wheelchair 'runners' .... one of whom had dangerously run his chair right into me and almost brought me down). I was aiming to run 2.20 pace and knew that I needed to be around 16.30 for the first 5k (too many runners - at all levels - completely blow it by going too fast in the early stages when they feel good, not fully realising the toll of the final 4 miles ... as I knew from my sorry experience in N.Y. last year where I took 40 minutes for the final six miles!!)

5k came up at 16.22 and I looked around to see who I was running along with. Five of us were about a hundred metres from the leaders and a similar distance in front of the next group. Two of the BAAAB squad and two other British lads plus me. Ray Maule (2. 18.) John Robertshaw (2.18) Bill Venus and John Barker, both p.b's in the low 2.20's - So I was in good company. The miles rolled by and the leaders only slowly drew away. Nobody was gaining. We went through 10k in 33.03, 20k in 66.42. After 25k the temperature really began to go up.

At around 25k positions began to change; the going was getting hard. Robertshaw made an effort and moved away. From the leading group Paul Eales was caught along with a couple of others and two more runners had dropped out. I had no real idea of my position but thought I must be about 15th. Soon I was on my own. Barker and Venus just slipped behind. At 35k I knew I could finish but I was becoming stiff. Still on my own, and now gaining on some ahead I jogged on (and jogging was what it had become). It was very hot and sunny. The people lining the way were clapping and cheering. Rounding a bend, I found myself just a few yards down on Ray Maule and he offered no resistance as I went by. I managed to pass three more before the finish and also held off (by .8) a fast closing runner who as it turned out would have won my category, the 35-40 age group if he'd got by and got the 24c gold coin I got instead!!

The finish was in the main shopping street. Shower cabins, stretcher beds, toilets, blankets, food and drink - all were beautifully organised to be available as you came in. Hoards of young students looked after everyone. Ian Ray as predicted won and undoubtedly his performance was worth a couple of minutes faster in cooler conditions. Twenty eight sub 2.20 runners took part and the highlights were transmitted nationally on T.V. That evening Ian Ray went live in a sports chat show and the general opinion in the press the next day was that of a huge success - but what marathon these days isn't.

J. BICOURT

Results:

1.I.Ray 2.15.42; 2.M.Hurd 2.17.45; 3.D.Clark 2.20.10; 4.J.Dimmock (USA) 2.20.46; 5.Umberg (Sweden) 2.21.56; 6.J.Robertshaw 2.23.08; . . . . . 10.John Bicourt 2.25.14.



Stationed at Chelsea Barracks the Irish Guards Athletics team seen above were clear winners of the Army Championships at Aldershot on 28th July. Lead by Major Brian O'Gorman (right) most of the team joined Belgrave at the start of the season and took advantage of our new Masters Coaching Scheme.

#### ARMY CHAMPIONSHIPS RESULTS

100m A: L.Sgt. Railton 3rd 11.6; B: Gdsm. C. Dunn 3rd. 11.6; 110m H A: Gdsm. C. Dunn 5th 16.2; B: Sgt. Rimmer 16.6; 200m A: Sgt. Hemphill 3rd 23.7; B: L.Sgt. Veness 23.8; 400m A: Cpl. J. Dunn 2nd 50.5; B: Gdsm. Gavin 3rd 50.9; 400m H: A. Cpl. J. Dunn 1st 55.4; B: Cpl. Grundie 1st 58.4; 800m A: Cpl. A. Benn 1st 1.58.0; B: Gdsm. Hughes 1st 1.59.0; 1500m A: Cpl. Shields 1st 4.01.2; B: Cpl. Benn 1st 4.04.4; 5000m A: Cpl. Shields 1st 15.17; B: Pte. Kay 1st 15.53; 3000m S/C A: Pte Kay 2nd 9.49.0; B: L.Sgt. Horrigan 1st 10.07.4; 4 x 100m Relay: 1st 43.4 (Gdsm. C. Dunn, L.Sgt. Veness, L.Sgt. Hemphill, L.Sgt. Railton); 4 x 400m Relay: 1st 3.23.8 (Cpl. J. Dunn, Gdsm Gavin, Cpl. Benn, Cpl. Grundie). L.J A: L.Sgt. Hemphill 1st 6.75; B: L.Cpl. Dunn 3rd 6.33; H.J. A: Gdsm. Gregg 1st 1.90; B: Sgt. Templeton 1st 1.80; T.J. A: L.Sgt. Hemphill 1st 14.11; B: L.Sgt. Veness 1st 13.05; P.V. A: Cpl. Farrel 3rd 3.75; B: Gdsm. McCallion 3rd 3.00; Discus A: Gdsm. Meadows 5th 33.04; B: L.Sgt. Dawson 5th 30.94; Javelin A: Gdsm. Steed 5th 49.86; B: Sgt. Leyland 2nd 48.64; Shot A: L.Sgt. Dawson 4th 12.30; B: Sgt. Leyland 1st 11.88; Hammer A: Sgt. Welsh 1st 44.47; B: Gdsm McKay 1st 39.82.

Team: 1 - 1st Battalion Irish Guards.

#### WELCOME TO OUR IRISH GUARDS MEMBERS

Denis Bailey  
Alan Benn  
Stephen Collister  
David Dawson  
Christopher Dunn  
James Dunn  
James Farrell

Henry Foley  
Alex Fraser  
Robert Frewen  
Fintan Gavin  
James Gregg  
Eric Grundie  
Derek Hemphill

Brian Horrigan  
Tony Hughes  
Timothy Kay  
Kevin McCallow  
Phillip Mackay  
David Meadows  
David Railton

Shane Redmonds  
Michael Rimmer  
Thomas Roach  
Michael Steed  
Kevin Veness  
Joseph Walsh  
Terrence Welsh

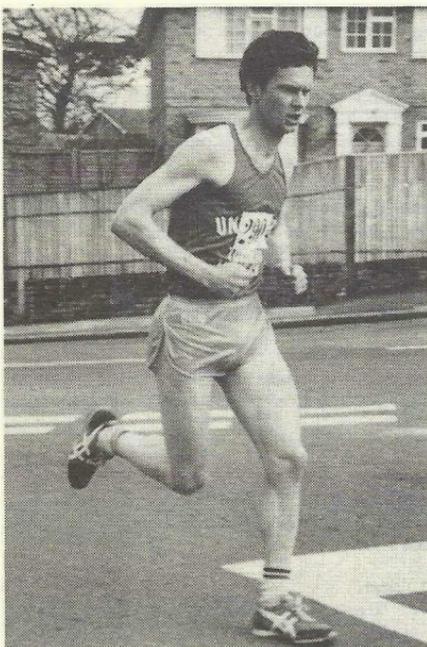


This man is running to buy Belgrave kit from Doug Maughan. Hang about! It is Doug Maughan! Why's he wearing that Canadian rubbish? What? He took the Belgrave shirt off his back to satisfy an eager customer. What service! What a man!

BELGRAVE HARRIERS  
CLUB KIT

PRICE LIST

|  | £    |
|--|------|
| LADIES' VESTS                                | 3.00 |
| LADIES' SHORTS                               | 3.00 |
| MEN'S VESTS 34"/40"                          | 4.40 |
| MEN'S VESTS 32"                              | 3.70 |
| MEN'S VESTS 26"/30"                          | 3.50 |
| MEN'S SHORTS 24"/38"                         | 4.00 |
| (RON HILL RRP £4.50 SUPPLIED DOUGLAS SPORTS) |      |
| TIES   | 2.50 |
| LAPEL BADGES                                 | 1.00 |
| COTTON BADGES                                | .80  |



**DOUGLAS SPORTS** 01-686-2649

Mail Address: ST. MARTINS HOUSE, 16 ST. MARTINS LE GRAND, LONDON EC1A 4EP

# TRACK AND FIELD

It has proved impossible to find any individual to take over the T & F Secretarial job and consequently a small team comprising Leo Coy, Colin Pearson and yours truly was cobbled together in an attempt to get the show on the road. Inevitably there were problems at the beginning of the season and it was not until June/July that we were able to get our communications sorted out with those of our members who are scattered around the U.K. In the meantime the coaching scheme (see separate report) had progressed well and had enabled us to attract a strong membership from the 1st Battalion Irish Guards stationed at Chelsea Barracks. Fortunately our new members were anxious for as much competition as possible prior to the Army Championships on July 28 (which they duly won) and on two occasions we turned out very strong teams which, if they could be reproduced regularly, would make a mark in the British League. However, the Majority of the Guards will be moving away next year and once again we shall be relying on our improving juniors who this year have transformed the middle distance and sprint results. Many of our more experienced members, particularly the field events specialists, have not been able to turn out this year. We will need them next year.

On the individual side the progress of our younger members has been good (see Young Athletes Section). Derek Williams looked as though he was heading for a very good year after winning the Surrey Long Jump and coming second in the U.K. Championships, but injury struck yet again and he was sidelined for most of the season. As usual Mark Lindsey Bailey provided solid support in several events and travelled down from Edinburgh for most of our Sutton League matches. He was also very active for Edinburgh University.

But of course pride of place must go to Ernest Obeng who has had his best ever season and strung together a series of high quality 100m's culminating in that now famous victory over Olympic 100m Champion Alan Wells in the Coca Cola Meeting on September 11th.

And so at the end of a frenetic 5 months we look back with satisfaction on achieving 16th place out of 25 in the Sutton League Div.1. This was the same as last year, but at one point early season, we believed that such a result would be impossible to achieve.

Reports by ..... Bill Laws

## THE MARK LINDSEY BAYLEY SHOW

While others were still thinking of getting fit for the season, Mark Lindsey Bayley, now at Edinburgh University, was getting into a heavy racing schedule. Look at this:-

|                   |   |
|-------------------|---|
| <u>25th April</u> | Edin. Univ.Champs.<br>110m H, 16.8; 1st. H.J. 1.90 1st.   |
| <u>29th April</u> | Edin. Univ. v. Stirling v. Heriott Watt v. Aberdeen<br>H.J. 1.65 1st B; L.J. 6.49, 1st B; T.J. 11.32 2nd B;<br>110m H 15.6 2nd A; 400m H 60.1 1st A.  |
| <u>9th May</u>    | Scottish University Champs.<br>H.J. 1.85 1st. 110m H 15.8 2nd.  |
| <u>13th May</u>   | Edin. Univ. v. Heriott Watt v. Glasgow v. Strathclyde<br>H.J. 1.80 1st A, L.J. 6.42 1st B; T.J. 11.99 1st A;<br>110m H 16.2 1st B; 400m H 65.0 1st B; |
| <u>16th May</u>   | Edin. Univ. v. Heriott Watt v. St. Andrews v. Dundee<br>H.J. 1.80 1st A; L.J. 5.45 1st B; 110m H 17.5 1st B;<br>400mH 62.5 2nd A.                     |
| <u>20th May</u>   | Edin. Univ. v. Glasgow Univ.<br>H.J. 1.75 1st; L.J. 6.29 3rd; T.J. 11.53 4th; 110m H<br>16.6. 1st; 400m H 59.3 3rd.                                   |

APRIL 11th 1981 - BATTERSEA PARK - INTERCLUB

The first meeting of the season and we were flattered to win.

Results: 100m: 3.J.Henry 12.2; 200m: 2.C.Gillett 244; 400m: 3.A.Nwosu 55.1; 800m: 1.J.Stevenson 2.12.4; 1500m: 1.M.Sinclair 4.20.0; 3000m: 1.L.O'Hara 9.04.7; Shot: 3.I.Oppenheim 8.44; Javelin: 4.M.L.Bailey 26.16; H.J. 2.M.L. Bailey 1.70; L.J. 2.M.L.Bailey 6.06;

Teams: 1.BELGRAVE 46 pts. 2.LAC 41; 3.Met.Pol. 29; 4.Camb H 14.

N/S Events: 1500m: T.Dowdall 4.32.8; J.Stevenson 4.32.8; J.Rayner 4.51.8; S.Pritchard (Y) 5.08.4; A.Byrne (Y) 5.10.9; 3000m: T.Dowdall 9.16.0; L.Lyons 9.26.2; M.Manning 9.34.4; C.Steer 9.41.0; S.Williams 9.49.5; J.Rayner 10.18.4; Shot: M.L. Bailey 7.87.

DERRICK WILLIAMS SILVER

Derek Williams travelled to Antrim in N.Ireland on May 24th for the U.K. Athletics Championships. The long jump was won by C.Rattigan of London University with 7.49m while Derek's 7.22 (his second best of the season) was good enough to put him ahead of D.King (Medway) who jumped 7.18.

Southern LeagueMAY 2nd 1981 - WINDSOR - MATCH 1:

We travelled to Windsor knowing that this match could be our hardest. Windsor who had been relegated from the National League last year would dearly wish to show their superiority while the other 3 Clubs had all finished above us last season. As it turned out we were well and truly hammered due to the absence of several of our key men. Included among these were Ernest Obeng (Exams), Snowy Brooks ('fm), Ian Duncan (injury), Stuart Paton (representing SCAAA), Mark Lindsey Bailey and Paul Whitby (both moved North), John Aska, Dave Bailey, Kevin Clarke and several others.

To compensate everyone gave 110% and there were several good performances. Pat Lyttle ran well to gain 3rd in the 100m. Derek Williams competed in six events, Mark Shippen made a welcome return to finish 2nd in the pole-vault and Tom Dowdall ran himself into the ground to set a p.b. 3000 s.c. Ex field events Captain John Martin travelled from Swindon to help out and in the open 1500m John Gladwin ran a 4.02.0 time trial to demonstrate that his leg injury had healed.

Subsequently we calculated that with a full team we would have made 3rd. What would we do next time?

Bels Results:

100m A: 3.P.Lyttle 11.2; B: 2.D.Williams 11.6; 200m A: 4.P.Lyttle 23.1; B: 5.C.Gillet 23.7; 400m A: 3.D.Williams 50.9; B: 4.A.Nwozn 54.4; 800m A: 5.M.Waller 2.01.8; B: 5.P.Gardner 2.08.9. 1500m A: 5.P.Richley 4.10.4; B: 5.M.Sinclair 4.16.2; 5000m A: 5.L.O'Hara 15.18.0; B: D.N.F. 110m H: A: 4.A.Bentt 18.5; B: 4.P.Oppenheim 21.0; 400m H: 5.M.Manning 72.9; B: 5. S.Crosbie 80.3; 3000m S/C: A.4.T.Dowdall 9.52.1; B: 4.M. Manning 10.38.8; 4 x 100m Relay: 3.Belgrave 45.6; 4 x 400m Relay: 4.Belgrave 3.37.8. Shot: A: 5.J.Martin 10.4; B: 5.P.Oppenheim 8.03; Discus: A: 5.J.Martin 24.60; B: 4.P.Oppenheim 24.44; Javelin: A.5.S.Crosbie 38.22; B: 5.J.Martin 37.00; Hammer: A.5.J.Martin 19.94; B: 5.S.Crosbie 15.04; High Jump: A.3.D.Williams 1.81; B: A.Bentt 1.70; Long Jump: A: 2.D.Williams 6.52; B: 4.T.Nimmo 5.39; Triple Jump: A.5.S.Crosbie 12.13; B: - P.V: A: 2.M.Shippen 3.80; B: 2. A.Bentt 3.00;

Match Score: 1.Windsor S & E 143½ pts; 2.Old Gayt. 123; 3.Verlea 106½; 4.Chelmsford 92; 5. BELGRAVE 66.

MAY 30th 1981 - CRYSTAL PALACE - MATCH 2

After Match 1's disaster we wrote to everyone and it was with a sigh of relief that they arrived. Paul Whitby (temporarily in Cumbria) Mark LB (from Edinburgh), Ernest Obeng from Reading (or was it Rome?), Snowy Brooks (Heathfarm) John Asta (emigrated to Birmingham), Reg Hopkins Jnr. (from his new shop), - and so on. And they did us proud, we missed first place by just a single point - and we would have had a clear lead if we had realised it was a double meet with a 1 p.m. start! The times below show the results. The enthusiastic support had to be felt to be believed and the final relays almost gave us victory. The 4 x 100 squad set a seasons best and in the 4 x 400 in which we were last after the first leg. John Gladwin was timed at 49.4 with Stu Paton, looking diminutive against some large 400m men, ran a remarkable 50.4.

Bels Results:-

100m A: 4.P.Lytle 11.3; B: 2.D.Williams 11.6; 200m A: 1.E.Obeng 21.6; B: 2.P.Lytle 22.7; 400m A: 2.D.Williams 50.4; B: 4.C.Gillett 52.3; 800m A: 1.J.Gladwin 1.55.6; B: 1.S.Paton 1.58.0; 1500 A: 4.P.Richley 4.06.6; B: 4.G.Macky 4.15.6; 5000m A: 3.G.Macky 14.58.6; 2.L.O'Hara 15.24.1; 110m H: A: 1.M.L. Baylay 16.0; B: 1.P.Whitby 16.4; 400m H: A: 4.M.L.Baylay 60.1; B: 2.P.Whitby 58.5; 3000m S/C A: 2.J.Bicourt 9.24.8; B: 1.T.Dowdall 9.45.8; 4 x 100m Relay: 1.Belgrave 43.0; (M.Scott, P.Lytle, E.Obeng, D.Williams); 4 x 400m Relay: 3.Belgrave 3.25.2 (D.Bailey, S.Paton, J.Gladwin, D.Williams); Shot A: 2.C.Brooks 11.49; B: 2.J.Aska 11.23; Discus A: 4.C.Brooks 35.34; B: 3.J.Aska 23.98; Javelin: A: 2.J.Aska 49.50; B: 3.P.Gleave 38.26; Hammer: A: DNS, B: DNS; High Jump A: 3.M.L.Baylay 1.80; B: 2.S.Sampson 1.75; Long Jump A: 3.D.Williams 6.91; B: R.Hopkins 5.99; Triple Jump A: 5.R.Hopkins 12.01; B: 5.M.L. Baylay 11.77; P.V. A: 2.M.Shippen 3.80; B: 3.S.Sampson 2.80. 1500m: N/S 5.L.Lyons 4.21.8.

Match Score: 1.Surrey A.C. 119 pts. 2.Belgrave 118 pts. 3 equal on 98 pts. Elliott, Norfolk and SLH.

JUNE 6th 1981 - WEST LONDON - MATCH 3

After 2 matches we had climbed to 17th place in the League. This meeting brought us down with a jolt, for again we were last. The main factor was a management error. Tragically we thought this was a single meet, but as luck would have it the match was well under way when our team arrived. We cannot print the detailed results as host team Havering never returned them to the Division I Secretary. Perhaps that's a blessing in disguise. It could easily have been so different. As it was we fell back to 21st position in the League.

Match Score: 1.H.H.H. 131 pts. 2.Q.P.H. 110; 3.Havering 102; 4.Plymouth 99; 5.BELGRAVE 92.

JUNE 27th 1981 - HANDYCROSS - MATCH 4

Our new influx of members contributed to our first win of the season and filled current weakspots particularly in some of the field events. Highlight of the meet was Ernest's 200m victory, not because of the time, but because of the snazzy orange long-johns which he sported to keep out a cold north wind. Derek Williams competing in fewer events than usual (and due to the good support), took the opportunity to compete all jumps, ironically his 6th long jump, taken even though he was a clear winner, resulted in an injury which was to put him out for the rest of the season. Mark Shippen missed the coach and competed in the Southern Counties Champs. P.V. at the Crystal Palace where he set a season's best with 4.00m.

100m A: 2.P.Lytle 11.2; B: 1.D.Williams 11.2; 200m A: 1.E.Obeng 21.8; B: 2.P.Lytle 22.8; 400m A: 3.D.Williams 50.1; B: 3.A.Nwosu 53.3; 800m A: A.J.Gladwin 1.51.5; B: 3.M.Sinclair 2.02.1; 1500m A: 3.P.Richley 4.04.5; B: 2.M.Waller 4.05.8; 5000m A: 2.L.O'Hara 15.25.3; B: 3.L.Lyons 16.29.3;

110m H.A 2.M.L.Baylay 15.80; B:3.M.Rimmer 16.7; 400m H.A: 2.J.Dunn 56.0; B: 3.K.Clarke 61.5; 3000m S/C: A. 2.T.Dowdall 9.53.6; B: 1.L.Coy 10.06.2; L.J: A. 1.D.Williams 7.06; B:1.D.Hemphill 6.38; T.J: A: 1.D.Hemphill 13.39; B: 3.M.L.Baylay 11.67; H.J: A. 3.S.Sampson 1.80; B.M.L.Baylay 1.80; P.V: A: 5.S.Sampson 3.00; B: DNS. Shot: A. 2.D.Dawson 12.32; B:3.J.Aska 10.54; Discus: A. 5.J.Aska 34.63; B: D.Meadows 33.40; Javelin A: 4.J.Aska 47.74; B:5.P.Gleave 33.96; Hammer: A. 3.P.Mackay 39.40; B:2.T.Walsh 35.22; 4 x 100 Relay: 1.BELGRAVE 43.5 (P.Lytle, M.Scott, C.Gillet, E.Obeng); 4 x 400m Relay: 3.BELGRAVE 3.27.2 (C.Gillet, A.Nwosu, K.Gaven, J.Dunn).

Match Score: 1.BELGRAVE 124 pts. 2 Equal 115 pts Hounslow and Crawley, 4.Yeovil 101 pts. 5.Wycombe 81 pts.

JULY 25th 1981 - COPTHALL - MATCH 5

Our last win brought us up to 16th in the League and everyone turned out for this one. Our new members from the Irish Guards were eager to get a final work out before the Army Champs. And so we saw some first class performances. Particularly impressive was Steve Sampson's continued improvement with a massive p.b. improvement in the P.V. If only this man would train and take his talent seriously!

It was good to see John Bicourt return to fitness and of course the youngsters once again did us proud. The pole vault took all afternoon and most of the team stayed late to watch our lads clinch another fine win which moved us to 12th in the League with one match to go.

Bels Results: 100m A: 4.P.Lytle 11.2; B: 1.D.Railton 11.4; 200m A: 2.P.Lytle 22.6; B:5.M.Scott 23.6; 400m A: 2.J.Gladwin 50.5; B: 3.M.Alleyne 52.8; 800m A: 4.M.Waller 2.01.0; B: 4.P.Richley 2.01.7; 1500m A: 2.A.Benn 4.02.9; B: 2.J.Bicourt 4.10.4; 5000m A: 1.J.Bicourt 14.54; B: 1.L.O'Hara 15.20.7; 110m H A: 2.M.L.Baylay 16.1; B: 2.C.Dunn 17.9; 400m H:A: 2.M.L.Baylay 59.3; B:1.K.Clarke 60.3; 3000m S/C A: 3.I.Duncan 10.04.1; B:4.L.Mann 11.51.2; 4 x 100m Relay: 4. Belgrave 44.6 4 x 400m Relay: 2.Belgrave 3.29.1; Shot A:1.D.Dawson 12.34; B. 1.J.Aska 11.69; Discus: A. 3.J.Aska 36.38; B:4.D.Meadows 30.14; Javelin A: 2:A.Steed 46.42; B: 1.J.Aska 40.82; Hammer A: 2.T.Welsh 42.72; B: 1.P.Makay 41.04. High Jump:A. 3.S.Sampson 1.90; B: 1.J.Gregg 1.85; Long Jump: A. 5.D.Hemphill 6.14; B:4. M.L. Baylay 5.98. Triple Jump A: 4.K.Veness 12.52; B: 4.A.Bentt 11.74; P.V. A. 1.M.Shippen 4.00; B: 1.S.Sampson 3.40.

Match Score: 1.BELGRAVE 127 pts. 2.Shaftesbury 121; 3.Croydon 115, 4.Haringay 105 pts. 5.L.Irish 58 pts.

AUGUST 15th 1981 - NEW RIVER - MATCH 6

August is always a difficult month due to holidays. On this occasion our army based members were all on leave with the exception of Alan Benn who ran his first 5000m. Ernest again turned out and we missed first place by just points. We did not receive official results and the following is all we could retrieve from Colin Pearson's notes. Our 3rd place was sufficient to give us a final 10th place in the League. If you look back at all the near misses it will be apparent that we could well have finished in the top three. Indeed several of the teams above us had been handed defeats by our teams during the season. Well done everyone!!

Bels Results:

100m A: 1.E.Obeng 11.0; B: 1.P.Lytle 11.3; 200m A: 2.P.Lytle 22.8; B: 4.A.Piesold 24.2; 400m A: 4.A.North B: 4.P. Gardner  
800m A: 2.M.Waller 1.56.8; B: 1.C.Jojo 2.00.0. 110m H: A. 1.M.L. Baylay 15.7; B:3.K.Clarke 18.4; 400m H A: 2.M.L. Baylay 50.4; B: 1.K.Clarke 62.0; 5000m A: 4.A.Benn 15.53; B:4.L.Coy 17.50; Hammer: 5.P.Lytle B:DNS.

Match Score:

1st Equal 122 pts. Hastings, North London; 3.BELGRAVE 120 pts. 4.Portsmouth 104 pts. 5.Camb & Col. 32 pts.

## Southern League ----- Result

|               |           |                |          |               |              |
|---------------|-----------|----------------|----------|---------------|--------------|
| 1. Windsor    | 862½ 30;  | 10.BELGRAVE    | 647 19;  | 19.Chelmsford | 584 14;      |
| 2. O.Gayts.   | 812½ 29;  | 11.Surrey A.C. | 626½ 19; | 20.Hastings   | 599 13½;     |
| 3. Herne Hill | 794 28;   | 12.Elliotts    | 610 18;  | 21.Wycombe    | 577½ 12;     |
| 4. Hounslow   | 749 25½;  | 13.Croydon     | 657 17;  | 22.Haringay B | 568 11½;     |
| 5. N.London   | 732½ 24½; | 14.Norfolk     | 639½ 17; | 23.Havering   | 524 10;      |
| 6. Shafts.B.  | 749 24;   | 15.SLH         | 639 17;  | 24.Cam/Col.   | 358 7;       |
| 7. Verlea     | 685½ 20½; | 16.Plymouth    | 637 17;  | 25.L.Irish    | 197½ 6;      |
| 8. Crawley    | 678 20½;  | 17.Queens Pk.  | 606½ 15; | <u>Teams:</u> | 21 - 25      |
| 9. Portsmouth | 679½ 19;  | 18.Yeovil      | 592 15;  |               | are demoted. |

### SOUTHERN LEAGUE DIVISION 1 FIXTURES 1982

Well our luck concerning venues has finally run out. In 1982 we will have 2 long trips for away matches and not all of the 1982 matches will be on tartan tracks. We also have a 'home' fixture which will be held at West London track because Battersea does not now come up to standard.

All this means that we will need to use our efforts effectively. Please note the dates and plan to reach peak fitness at the start of the season. (Also ref. coaching notes on winter training).

| <u>Date</u>   | <u>Venue</u>   | <u>Promoting Club</u> | <u>Other Competition</u>              |
|---------------|----------------|-----------------------|---------------------------------------|
| 1st May '82   | Alexandra Park | Portsmouth            | SLH, Verlea, Elliott.                 |
| 22nd May '82  | Norbiton       | Surrey                | QPH, Reading, Croydon.                |
| 5th June '82  | Windsor        | Windsor               | Bedford, Herc. Wim. Plymouth          |
| 3rd July '82  | Norwich        | Norfolk               | Hounslow, Shaftesbury, Crawley.       |
| 17th July '82 | New River      | N.London              | W.Cornwall, Chelmsford, O.Gayts.      |
| 7th Aug. '82  | N.London       | Belgrave              | Hillingdon, Woking, Hastings, Yeovil. |

### JULY 18th 1981 - WEST LONDON STADIUM - KINNAIRD TROPHY:

Poly's famous Kinnaird Trophy was on offer for this Open meeting organised jointly by TVH and Poly. We expected to be out-classed by the 5 National League Clubs especially, as Derek Williams was injured, Ernest Obeng was on his overseas Tour and 2 of our Juniors were competing in a Home Counties International at Meadowbank while 3 other Juniors were running for Surrey in the Junior Inter-Counties at Brighton. However, ably supported by our Irish Guards members we performed very well with Mike Scott, Tony Nwosu, Steve Samson, Jim Dunn and Phil Mckay among those achieving p.b.'s. In the final count we finished a creditable 5th out of 8 beating National Division side Enfield.

Results: 1.Shaftesbury 316 pts. 2.Blackheath 281½; 3.TVH 274; 4.Poly 247½; 5.BELGRAVE 215½; 6.Notts 203½; 7.Enfield 125; 8.C.A.Schiffange (Luxem) 61.

#### Individual Results: A Race first - B Race 2nd.

100m: 5.R.Raiton 11.6; 6.C.Dunn 12.2; 200m: 7.M.Scott 23.6; 4.J.Dunn 23.3; 400m: DNF. 6.A.Nwosu 52.5; 800m: 5.A.Benn 4.02.1; 2.B.Horrigan 1.58.7; 1500m: 5.A.Benn 4.02.1; 4.B.Horrigan 4.11.5; 3000m: 4. T. Kay 8.47.8; 4.A. Benn 8.58.2; 110m H: 4.J.Dunn 16.1; 2.C.Dunn 17.3; 400m H: 5.J.Dunn 58.5; 2.E.Grundy 59.1; L.J: D.Hemphill 6.24; 2.J.Dunn 5.82; T.J: 3.D.Hemphill 12.81; 2.K.Veness 12.39; P.V: 2.M.Shippen 3.80; 2.S.Sampson 3.20; H.J. 5.S.Sampson 1.85; 4.E.Grundy 1.60; H.T: 2.P.Mckay 42.14; 1.T.Welsh 39.88; Discus: 5.D.Meadows 36.30; 3.J.Aska 30.24; Shot: 4.D.Dawson 11.97; 2. P.Mckay 10.63; Javelin: DNS

Non-Scoring: 3000m: L.O'Hara 8.58.7; Foley 9.20.9; Javelin: P.Gleave 33.40  
Shot: J.Aska 12.09.

# CLUB CHAMPIONSHIPS

## APRIL 20th 1981 - BATTERSEA PARK - 10,000 METRES CHAMPIONSHIP

1.L.O'Hara 32.28.6; 2.T.Dowdall 32.42 (P.B.); 3.M.Kortenray (Guest) 33.03;  
4.P.Hardwick 33.10 (P.B.); 5.M.Head 34.05 (P.B.); 6.L.Coy 34.20;  
7.L.Lyons 34.31 (P.B.); 8.J.Hampshire 34.57; 9.B.Gorman 35.00; 10.J.Wasbrough  
36.08 (P.B) 11.L.Hart (Guest) 36.20; 12.A.Grant 36.22; 13.A.Bowyer 36.25;  
14.M. Lake 36.25; 15.L.Mann 36.28; 16.D.Maughan 37.18; 17.D.McMillan 40.11.  
19 started.

## JUNE 10th 1981 - BATTERSEA PARK - 5000 METRES CHAMPIONSHIP

1.L.O'Hara 15.34; 2.T.Dowdall 15.44; 3.P.Hardwick 15.45; 4.M.Head 15.59;  
5.L.Lyons 16.14; 6.R.Lettin 16.17; 7.C.Hynan (Guest) 16.19; 8.L.Coy 16.20;  
9.B.Taylor 16.33; 10.A.Bowyer 17.06; 11.M.Lake 17.09; 12.B.Gorman 17.13;  
13.L.Mann 17.14; 14.A.Grant 17.20; 15.J.Wheelan (Guest) 17.41; 16.A.Binda  
17.59; 17.D.McMillan 17.59; 18.N.Kirmatzis 18.04; 19.R.Martin 18.09;  
20.R.Day 19.21.

## 600 METRES HANDICAP RUN

1.S.Pritchard 1.15.7; 2.C.Gillett 1.23.6; 3.A.Byrne 1.25.3; 4.S.Williams 1.26.6;  
5.B.Taylor 1.27.9; 6.A.Horton 1.34.0; 7.R.Martin 1.35.3; 8.L.Mann 1.36.0.  
9.D.McMillan 1.37.1; 10.A.Binda 1.38.6;

---



---



---



---



---



---



---



---

## JULY 11th 1981 - BATTERSEA PARK - CLUB CHAMPIONSHIPS

### Senior Men:

100m: Final 1.D.Railton 11.4; 2.J.Dunn 11.4; 3.C.Lewis 11.7; 4.C.Gillet 11.7;  
5.P.Oppenheim 11.9; 6.C.Dunn 12.0. Hts: M.Scott 12.2;

200m: Final 1.J.Dunn 23.8; 2.M.Scott 24.1; 3.P.Oppenheim 24.2; 4.K.Veness  
24.3; 5. Brotherton 24.5; 6.F.Gavin 26.4; Hts: S.Crosbie 26.6;  
F.Gavin 24.8.

400m: 1.F.Gavin 54.3; 2.S.Williams 56.5;

800m: 1.S.Williams 2.05.2; 2.L.Lyons 2.12.5; 3.D.McMillan 2.18.5;

1500m 1.M.Sinclair 4.02.4; 2.A.Benn 4.06.4; 3.L.O'Hara 4.18.0;  
4.L.Lyons 4.25.0; 5.T.Dowdall 4.29.0; 6.M.Head 4.36.0; 7.J.Newnham  
4.39.0; 8.J.Rayner 4.47.0; 9.R.Bale 4.49.0; 10.D.McMillan  
4.51.0. 11.C.Lawton 5.26.0; 12.J.Plummer 5.46.0; 13.C.Manning  
6.14.0.

3000m: S/C 1.T.Dowdall 10.03.5; 2.I.Duncan 10.15.3; 3.L.Coy 10.16.4;  
4.H.Foley 10.18.0; 5.M.Manning 10.31.2; 6.J.Rayner 11.20.4;  
7.L.Mann 11.29.1.

Discus: 1.M.Rimmer 32.38; 2.D.Dawson 29.1; 3.S.Collister 29.02; 4.J.Aska  
26.32; 5.P.Oppenheim 22.38.

Javelin: 1.J.Aska 42.68; 2.S.Collister 41.28; 3.D.Probert 30.00;

Shot: 1.D.Dawson 12.63; 2.J.Aska 11.84; 3.P.Mckay 11.17;

Long Jump: 1.D.Hemphill 6.48; 2.S.Crosbie 6.12; 3.J.Dunn 6.04; 4.K.Veness  
5.95.

Triple Jump: 1.D.Hemphill 13.20; 2.K.Veness 13.04; 3.C.Lewis 12.90

4.S.Crosbie 12.12; 5.M.Rimmer 12.06.

High Jump: 1.C.Dunn 1.69; 2.A.Fraser 1.65.

### Junior Men:

800m: 1.J.Gladwin 1.55.2; 2.A.Hughes 1.59.8; 3.M.Waller 2.00.4;

4.A.Horton 2.13.0;

1500m: 1.T.McKay 4.11.0; 2.M.Waller 4.15.7.

# Blackheath H ~ 100 x 1 mile

## JUNIORS SET UK RELAY RECORD

MAY 31st 1981 - CRYSTAL PALACE - BLACKHEATH 100 x 1 MILE RELAY

The highlight of this year's race was the running of our younger members whom we sent off on the early stages. Despite racing the day before Paul Richley, Stuart Paton and John Gladwin joined with Mark Sinclair to break Sale's U.K. Junior 1 x 4 Mile record in a time of 17.48.5 - an average of 4.27 miling. Mark Waller and Dave North would have also enabled the record to be broken and it shows how hard it is to make our top junior squad at the moment. Other highlights were 14 year old Michael Blackmore's 4.56, Giles Thrush's 4.50 on no training, and 13 year old Paul Giddea's 5.36. At the other end of the age range Alan Black ran a smooth 4.36 for our fastest vet, pipping Laurie O'Hara by 1 second. Hilary Baxter was our fastest lady.

The disappointing aspect was the large number who failed to appear on the day. Many of the vets were still recovering from the London Marathon!! And so at the end we had to collect all the walking wounded for the last few stages so that President Carl Lawton could at least run the last leg. For my money those unfit few who when the chips were down struggled round for the Club were worth all the absent prima donnas put together. Many thanks to you all.

P.S. Have a look at Gordon Biscoe's and Bill Couzens' times. They've both started training for next year.

### Bill Laws

|                   |      |                  |      |                    |      |
|-------------------|------|------------------|------|--------------------|------|
| 1. M.Sinclair     | 4.25 | 35. P.O'Connor   | 4.47 | 69. D.Williams     | 5.28 |
| 2. P.Richley      | 4.31 | 36. A.Black      | 4.36 | 70. D.McMillan     | 5.05 |
| 3. S.Paton        | 4.33 | 37. T.Hart       | 4.58 | 71. P.Hardwick     | 4.47 |
| 4. J.Gladwin      | 4.19 | 38. K.Miller     | 5.01 | 72. B.Merry        | 5.51 |
| 5. M.Waller       | 4.33 | 39. C.Henn       | 5.16 | 73. A.Cooke        | 5.10 |
| 6. D.North        | 4.36 | 40. C.Walker     | 5.16 | 74. J.Abberton     | 4.43 |
| 7. J.Searle       | 4.52 | 41. A.Bruce      | 5.35 | 75. A.Binda        | 5.08 |
| 8. A.Horton       | 5.00 | 42. L.Mann       | 4.57 | 76. T.Fairclough   | 5.06 |
| 9. M.Blackmore    | 4.56 | 43. P.Staples    | 5.40 | 77. H.Baxter (L)   | 5.24 |
| 10. M.King        | 4.50 | 44. D.Crookes    | 5.24 | 78. G.Allerton     | 5.26 |
| 11. G.Thrush      | 4.50 | 45. J.Dooley     | 5.48 | 79. R.Sinclair (L) | 6.04 |
| 12. S.Pritchard   | 5.22 | 46. G.Biscoe     | 5.59 | 80. C.Growney (L)  | 6.46 |
| 13. C.Frater      | 5.24 | 47. B.Stroud     | 5.21 | 81. R.Martin       | 5.08 |
| 14. A.Lammas      | 5.14 | 48. D.Davies     | 5.33 | 82. M.Martineau    | 5.52 |
| 15. R.Hamilton    | 5.16 | 49. G.Piddington | 5.58 | 83. M.Manning      | 5.00 |
| 16. A.Byrne       | 5.34 | 50. E.Thorpe     | 5.40 | 84. K.Sexton       | 6.19 |
| 17. B.Danielson   | 5.29 | 51. J.Plummer    | 6.06 | 85. P.Gildea       | 5.36 |
| 18. A.Horton      | 6.15 | 52. W.Couzens    | 5.59 | 86. K.McHugh       | 6.00 |
| 19. R.Hopkins     | 5.22 | 53. C.Taplin     | 5.48 | 87. G.Macky        | 4.32 |
| 20. M.Thomson     | 5.45 | 54. K.Duckett    | 5.08 | 88. J.Newnham      | 4.52 |
| 21. J.Wasborough  | 5.04 | 55. J.Rainer     | 5.04 | 89. L.Coy          | 4.52 |
| 22. S.Williams    | 4.41 | 56. L.Lyons      | 4.49 | 90. W.Downey       | 4.50 |
| 23. A.Grant       | 5.11 | 57. P.Dorman     | 5.26 | 91. T.Dowdall      | 4.44 |
| 24. M.Shippen     | 5.59 | 58. A.Dorman     | 6.15 | 92. J.Bicourt      | 4.26 |
| 25. C.Gillett     | 5.01 | 59. A.Bowyer     | 5.08 | 93. T.Couzens (L)  | 7.34 |
| 26. D.Maughan     | 5.02 | 60. M.Head       | 5.01 | 94. J.Warnett (L)  | 6.49 |
| 27. P.Roche       | 5.07 | 61. J.Aitkin     | 6.00 | 95. J.Coy          | 7.22 |
| 28. M.Lake        | 5.03 | 62. C.Footman    | 6.09 | 96. J.Pritchard    | 9.05 |
| 29. E.Crossingham | 5.14 | 63. R.Bale       | 5.09 | 97. J.Morris       | 7.44 |
| 30. C.Shippen     | 5.36 | 64. R.Mann       | 6.16 | 98. B.Pritchard    | 6.30 |
| 31. J.Davies      | 5.36 | 65. J.Caines     | 6.06 | 99. K.Sinclair     | 5.15 |
| 32. P.Davies (L)  | 5.56 | 66. J.Mann       | 7.12 | 100.C.Lawton       | 5.20 |
| 33. W.Laws        | 5.10 | 67. J.Stevenson  | 4.49 |                    |      |
| 34. L.O'Hara      | 4.37 | 68. B.Taylor     | 4.55 |                    |      |

Team Result: 1.Sale 8:19:50, 2.Blackheath 8:29:07, 3.Highgate 8:33:00 .....  
8.BELGRAVE 9:04:27. 25 Teams started.



100 x 1 mile protagonists. Left New Life Member John Morris hands over to new Vice President Brian Pritchard. Right Bill Couzens hits the come-back trail.

Photos Bill Laws



Juniors - Paul Richley and Mark Waller battle out the 1500m in a Southern league meet.

Photo Bill Laws

ERNEST OBENG TO RETURN HOME

Ernest Obeng along with fellow Belgravians, will look back on 1981 with pleasure. Athletically this has been his finest year with a long series of International Competitions in which he was always well placed, his efforts being flashed across our T.V. screens and culminating in that fine Coca Cola meeting win over Olympic 100m Champion Alan Wells on a balmy September evening. But Ernest's thoughts were not solely on jetting around Europe during the summer. First and foremost he needed to complete project work for his Masters Degree in Agriculture at Reading University, but in addition he found time to support 3 of our League Meetings and on one occasion after an urgent request cancelled a Norwegian trip to compete for us at High Wycombe.

Inevitably we knew that Ernest would be returning to Ghana to put his academic qualifications and experience to good use. Sadly, that time has now come and in the next month or so we shall be saying 'au revoir' to the fastest Belgravian of all times. Ernest may well 'detour' to the States for some indoor races on the way home and we wish him well - wouldn't it be great to see Belgrave colours showing the way over 60m indoors! Ernest says he intends to remain a member of Belgrave and will continue to keep in touch in the same way as so many of our overseas members. He is even hopeful that he will be back in Europe next year to race and dare we hope that we will see him once more carrying our colours in a League Meeting. Whatever might transpire we all send our warmest wishes to you Ernest for a happy, productive and prosperous future. And to close a reminder of a great 1981.

|            |                |                               |   |
|------------|----------------|-------------------------------|---|
| May 30th   | Crystal Palace | Southern League               | 200m: 1.E.Obeng 21.6;   |
| June 27th  | Wycombe        | Southern League               | 200m: 1.E.Obeng 21.8;   |
| July 1st   | Haringay       | Open                          | 100m: 1.E.Obeng 10.3;   |
| July 21st  | Bucharest      | World Student Games           | 100m: 3.E.Obeng 10.37;<br>(Hts. 10.36);   |
| July 29th  | Budapest       | Invitation                    | 100m: 1.M.Lattany (USA)<br>10.07 - 5.E.Obeng 10.45;   |
| Aug. 7th   | Crystal Palace | AAA Champs.                   | 100m: 1.M.Lattany (USA);<br>10.24; 2.E.Obeng 10.27; 3.D.McMaster 10.45;   |
|            |                |                               | 200: 1.S.Floydd (USA) 20.51 ..... 5.E.Obeng 21.01.  |
| Aug. 15th  | New River      | Southern League               | 100m A: 1.E.Obeng 11.0;   |
| Aug. 19th  | Zurich         | Weltklasse Meetings           | 100m: (-0.9) 1.M.Lattany (USA) 10.09<br>..... 5.E.Obeng 10.38;  |
| Aug. 21st  | Berlin         | IAAF Citizen Golden Sprints - | 100m: (+2.3) 1.H.Panzo<br>(France) 10.14; 2. A.Wells (GB) 10.15 ..... 5.E.Obeng 10.31;                                  |
|            |                |                               | 200m: (+2.5) B: 3.E.Obeng 21.17;  |
| Sept. 4th  | Rome           | World Cup                     | 100m: (+ 0.16) 1.A.Wells (GB) 10.20;<br>2.E.Obeng (Africa) 10.21 *; 3.F.Emmelmann (GDR) 10.31;                          |
| Sept. 11th | Crystal Palace | - Coca Cola Meeting           | 100m: (- 1.5) 1.E.Obeng 10.35;<br>2.A.Wells 10.41; 3.H.Panzo (France) 10.54; 4.H.King 10.60;<br>M.McFarlane 10.63 ..... |

\* Equals personal best.

## Coaching Scheme

In the last issue of the Belgravian we gave details of the new 'Masters' coaching scheme which ran at Battersea Park and Wimbledon tracks from May to August. All sessions were well attended with the exception of the high jump where we seem to have several good competitors who do not need to train. After a brief trial period we managed to get our 'Master' coaches visiting Battersea Park on 2 Sunday mornings per month with the exception of the middle distance coaches John Bicourt (Battersea) and John Sullivan (Wimbledon Park) who organised sessions every Sunday throughout the summer.

Our spring and field specialists found the advice of Malcolm Coomber (Sprints, horizontal jumps and hurdles) and Mike Winch (discus, shot and javelin) particularly helpful and the results showed in several seasonal personal best performances. In addition the Coaching Scheme attracted a considerable number of new members including many outstanding members of the athletics team from the 1st Battalion Irish Guards stationed at Chelsea Barracks.

A major disappointment was the difficulty in attracting and maintaining the interest of some of our own members as Assistant Coaches. If this scheme is to be continued next year, it will be necessary to get more 'in-house' support on the management side so if you think that this is an area where you can help the club, give me a ring and we will organise all the training needed for you to operate effectively

### WINTER TRAINING

We have been fortunate in getting from Wandsworth Council, indoor facilities on Tuesday nights throughout the winter at the George Shearing Centre, Este Road, Battersea. John Jeffries will lead circuit training sessions from 6.30 - 8.00 p.m. and will be ably assisted by Charlie Gillet who has been leading sprint training sessions at Battersea Park on Tuesday and Thursday evenings through the summer. Both boys and girls welcome.

### Directions:

Este Road is just north of Clapham Junction Station and is 2nd right off the Falcon Road. The George Shearing Centre is at the end of Este Road - on the right hand side.



U.K. No.1 shot putter Mike Winch instructs Wendy Dunsford as part of our Master Coaching Scheme.

Photo Bill Laws

# ★ WITH THE LADIES

This has been a very peculiar season. On the one hand the seniors have performed really well, excelling themselves on a number of occasions, but because of our lack of juniors (especially in Southern League matches) we have been forced to accept positions which do not really show our true value. The juniors that have come along have tried their best, but unfortunately they were up against overwhelming odds and this has shown in the results. In some cases some of the teams had more non-scoring athletes than we had in the whole of our team.

In the Womens Southern League, Div.3 (North & East) we managed to hold on by the skin of our teeth, finishing in 20th position. (The last 3 Clubs in each of the Div.3 sections are relegated to Division 4). However, this position does not really reflect our true worth. As you will see from the results, we were usually able to dominate the sprints up to 400m, the sprint relay the 800 and 1500m, A strings the long jump and the Shot and Javelin. We also had successes in the 100m Hurdles and 400m Hurdles. Unfortunately, an injury to Julie Barclay disrupted the smooth running of the team, but that made everybody try harder.

In the Lily B League which is for Juniors (13-15) and Girls (11-13) our luck of numbers was really felt. In the 4 meetings we finished 4th on 3 occasions and because of injury and other commitments we would have had only 2 fit athletes for one meeting so we reluctantly agreed not to go, and naturally we were 6th. As there are only 3 divisions we cannot go any lower. Having said that the girls that did turn out tried very hard, but without much success.

In the Surrey Championships our Sprint Relay squad was pipped on the line by Merton Ladies and had to accept the bronze medal but in a Club record time. Veronica St. Ange was also among the medals in the Middlesex Championships, coming third in the Senior Javelin up at Enfield - again with a new club record.

Returning to individual performances, it was good to see the steady progress of Wendy Dunsford in the Shot. (She won 6 out of 6 meetings in the Southern League) and Veronica St. Ange in the Javelin (she won 5 out of 6). Dawn McNeil has also performed well in the Long Jump winning the City Charities for the 2nd year in succession. I did not really want to mention too many people, but I must not forget Glenda Mahoney, Elaine Wilson, Ethel Punter, Earlene Murrell, Joann Warnett and Tina Jordan too, who although she has never won a race has always been there trying. I must also mention Hilary Baxter who has always run well, and has set some first class club records in the 800 and 1500m. Last of the athletes I should like to thank Jackie Barclay for the help she has given me during this Season. At least it has taken some of the weight off my shoulders in trying to get people to come to meetings

Turning to the officials side, I would also like to thank those that turned up to help either officiating or recording and also to thank Gordon Doubleday, Arthur Penny, Tom Carter, Bill Lucas, Derek Crookes for coming along to help at these meetings. Whilst we are at it as well thanks once again to Ted Weldin and Arthur St. Ange for being roped in and providing transport and Harry Porter also for being roped in and helping. A word for next summer - we may not be the best team, but we do like a bit of support. The other teams brought along Mums and Dads to help and shout encouragement. At one time our team could make more noise than the other 4 put together but not any more, so please come to the meetings and support or help. Maybe helping is not in some athletes schedules but every little bit helps.

If I have missed mentioning anybody personally, then I can only apologise and say that you have my personal thanks for coming along and helping or supporting.

Ladies Secretary

Derek Jones

APRIL 25th 1981 - BANNISTER STADIUM, HARROW - WOMENS SOUTHERN LEAGUE  
DIVISION 3 (NE)

(The day was cold and wet and also a touch of snow in the air)

1.Peterborough 168 pts. 2.Middlesex Ladies 165; 3.Essex Beagles 160;  
4.BELGRAVE HARRIERS 108; 5.Newham 45;  
This was achieved with no juniors and only 9 athletes altogether out of 25  
events - we had 12 1sts, 9 2nds and 4 3rds.

100m A: 2.Glenda Mahoney 13.1; B: 1.Elaine Wilson 13.5;

200m A: 1.Jackie Barclay 27.5; B: 1.Glenda Mahoney 28.1;

400m A: 2.Jackie Barclay 63.7; B: 2.Eglah Bond 68.4

800m A: 2.Hilary Baxter 2.24.3; B: 2.Eglah Bond 2.38.6; 1500m A: 1.Hilary

Baxter 5.03.0; B: 2.Ruth Sinclair 5.557; 100m Hurdles A: 1.Elaine Wilson

15.7 (CR); B:2.Dawn McNeil 21.0; 400m Hurdles A: 3.Hilary Baxter 71.2;

B: 1.Jackie Barclay 73.7; High Jump: A. 3.Jackie Barclay 1.39; B:1. Glenda

Mahoney 1.25; Long Jump A: 1.Elaine Wilson 4.92; B:1.Dawn McNeil 4.66;

Shot Putt A: 1.Wendy Dunsford 10.04; B:3.Veronica St.Ange 6.54; Discus Throw:

A: 3.Wendy Dunsford 19.64; B: 2.Dawn McNeil 15.28; Javelin A: 1. Veronica

St.Ange 29.88; B: 2.Elaine Wilson 22.76.

4 x 100m Relay: 1st 52.5 (Jackie Barclay, Dawn McNeil, Elaine Wilson,  
Glenda Mahoney) (CR = Club Record)

MAY 9th 1981 - WIMBLEDON PARK - WOMENS SOUTHERN LEAGUE DIVISION 3 NE

This was the first of 3 matches at home but again we were 4th but with some  
juniors this time.

Results: 1.Camb.& Coleridge 171 pts. 2.Tonbridge 151; 3.Eastbourne 140;  
4.BELGRAVE HARRIERS 121; 5.Havering 119.

Juniors: 100m A: 5.Alison Jones 15.6; 200m A: 4.Alison Jones 31.4;

800m A: 4.Janet Johnson 2.52.7; 1500m A: 5.Gail Porter 6.16.0; 80m Hurdles A:

4.Janet Johnson 15.8; Long Jump: A. 4.Alison Jones 3.37; B: 4.Gail Porter 3.26;

Discus A: 5.Gail Porter 10.66; Seniors: 100m A: 1.Glenda Mahoney 13.1;

B: 1.Elaine Wilson 13.5; 200m A: 2.Jackie Barclay 27.5; B: 1.Glenda Mahoney

27.6; 400m A: 2.Jackie Barclay 61.0; B: 2.Earlene Murrell 65.4; 800m A:

1.Hilary Baxter 2.20.5; B: 3.Eglah Bond 2.38.1; 1500m A: 1.Hilary Baxter

4.57.6; B: 2.Ruth Sinclair 5.25.4; 3000m A: 3.Tina Jordan 12.53.8; B:

2.Joann Warnett 14.15.4; 100m Hurdles A: 1.Elaine Wilson 16.1; B: 1.Glenda

Mahoney 19.6; 400m Hurdles A: 3.Jackie Barclay 75.2; B: 5.Ethel Punter 83.8;

High Jump: A: 3.Joann Warnett 1.35; B: 2.Ethel Punter 1.30; Long Jump A:

1. Dawn McNeil 5.03; B: 1.Elaine Wilson 4.77; Shot Putt A: 1.Wendy Dunsford 10.51;

B: 4.Veronica St.Ange 6.62; Discus Throw: A. 4.Wendy Dunsford 19.82; B: 3.

Dawn McNeil 17.70; Javelin Throw A: 3.Veronica St.Ange 30.18; B: 3.Elaine

Wilson 23.86; 4 x 100m Relay: 1st 51.1 (CR) (Jackie Barclay, Dawn McNeil,

Elaine Wilson, Glenda Mahoney) 4 x 400m Relay 5th 4.35.0; (Earlene Murrell,

Joann Warnett, Tina Jordan, Hilary Baxter)

JUNE 20th 1981 - BATTERSEA PARK - WOMENS SOUTHERN LEAGUE DIV.3 (N.E)

Results: 1.Hastings 170 pts; 2.Parkside 163; 3.East Kent 140; 4.BELGRAVE  
HARRIERS 119; 5.Chelmsford 115.

Juniors 100m A: 4.Alison Jones 15.4; 200m A: 5.Alison Jones 31.4; 800m A:

3.Jane Johnson 2.49.7; 1500m A: 5.Gail Porter 5.59.5; 80m H A: 3.Janet

Johnson 15.6; Long Jump: A 4. Janet Johnson 4.28; B: 4.Gail Porter 3.74;

Discus A: 4.Alison Jones 15.10; B: 4.Gail Porter 13.20;

Seniors: 100m A: (Did not finish) Glenda Mahoney; B: 1.Dawn McNeil 13.5;

200m A: 1.Glenda Mahoney 27.0; B: 5.Elaine Wilson 28.5; 400m A: 1.Hilary

Baxter 60.6; B: 2.Earlene Murrell 64.2; 800m A: 1.Hilary Baxter 2.14.6;\*  
B: 4.Ruth Sinclair 2.35.0; 1500m A: 1.Hilary Baxter 4.41.7\*;

B: 3.Tamsin Growney 5.12.4; 3000m A: 4.Tina Jordan 13.00.7; B: (Snr) 4.Barbara

Dunsford 20.25.8; 100m Hurdles A: 1.Elaine Wilson 16.6; B: 1.Glenda

Mahoney 17.7; 400m Hurdles A: 1.Elaine Wilson 72.4; B: 3.Earlene Murrell

74.8; Long Jump: A. 2.Dawn McNeil 5.23; B: 4.Glenda Mahoney 4.23; Shot Putt

A: 1.Wendy Dunsford 11.06; 4.(Snr) Barbara Dunsford 6.46; Discus A:  
5.Wendy Dunsford 21.56; B: 5.Barbara Dunsford 12.24; Javelin A: 1.Veronica  
St.Ange 31.74; B: 2.Elaine Wilson 22.20; 4 x 100m Relay: 1. 51.7 (Earlene  
Murrell, Dawn McNeil, Elaine Wilson, Glenda Mahoney) 4 x 400m Relay: 3rd  
4.22.1 (Earlene Murrell, Tamsin Growney, Joann Warnett, Hilary Baxter).

Due to vandalism at Battersea Park, the High Jump Competition was not held  
and 12 points to each team were awarded.

\* CLUB RECORD

JULY 4th 1981 - WOODSIDE STADIUM, WATFORD - WOMENS SOUTHERN LEAGUE DIV. 3 NE

Results: 1.Sutton & Cheam 211 $\frac{1}{2}$  pts. 2.Watford 143; 3.BELGRAVE HARRIERS  
127 $\frac{1}{2}$ ; 4.Dacorum 95; 5. Hertford & Ware 78.

Juniors: 100m A: 4.Maureen Johnson 14.2; B: 4.Janet Johnson 14.8;  
1500m A: 3.Gail Porter 6.04.9; 80m Hurdles A: 4.Janet Johnson 15.5;  
High Jump A: 3.Maureen Johnson 1.25; Long Jump A: 4.Janet Johnson 3.70;  
B: 4.Gail Porter 3.38; Discus A: 5.Gail Porter 13.00; Javelin A: 4.Maureen  
Johnson 13.15.

Seniors: 100m A: 2.Glenda Mahoney 12.5; B: 2.Dawn McNeil 13.4; 200m A:  
2.Glenda Mahoney 26.3; B: 2.Earlene Murrell 28.2; 400m A: 1.Hilary Baxter  
60.6; B: 2.Earlene Murrell 65.5; 800m A: 1.Hilary Baxter 2.16.4;  
B: 2.Joann Warnett 2.54.3; 1500m A: 1.Hilary Baxter 5.05.4; B: 3.Tina  
Jordan 6.14.6; 3000m A: 3.Tina Jordan 12.24.8 (CR); 100m Hurdles A:  
2.Elaine Wilson 18.3; B: 1.Glenda Mahoney 19.1; 400m Hurdles A: 2.Elaine  
Wilson 73.5; B: 2.Earlene Murrell 76.8; High Jump A: 4.Joann Warnett 1.35;  
B: 2.Ethel Punter 1.35; Long Jump: A 1.Dawn McNeil 5.11; B: 1.Elaine  
Wilson 4.74; Shot A: 1.Wendy Dunsford 10.76; B: 3.Veronica St.Ange 7.07;  
Discus A: 4.Wendy Dunsford 23.20; B: 2.Pamela Bryan 21.56; Javelin A:  
1.Veronica St.Ange 35.54 (CR); B: 2.Elaine Wilson 20.66; 4 x 100m Relay:  
2nd 51.2 (Earlene Murrell, Dawn McNeil, Elaine Wilson, Glenda Mahoney)  
4 x 400m Relay: 2nd 4.29.5 (Joann Warnett, Ethel Punter, Earlene Murrell  
Hilary Baxter).

AUGUST 8th 1981 - BATTERSEA PARK - WOMENS SOUTHERN LEAGUE - DIVISION 3 N.E.

This was not our home fixture and this was originally to have been held  
at Southwark Park. Highgate did their best not to come 3rd by going to  
the original venue, but as luck had it they did arrive. Once again the  
High Jump was not held.

Results: 1.Bedford 153 pts. 2.Nene Valley Harriers 152; 3.Highgate  
Harriers 148; 4.Herne Hill Harriers 130; 5.BELGRAVE HARRIERS 113.

Juniors:

100m A: 5.Madelaine Neave 15.6; B: 5.Cathy Growney 14.6; 200m A: 5.  
Madelaine Neave 32.8; 800m A: 4.Cathy Growney 2.51.1; B: 1.Janet Johnson  
2.37.7; 80m Hurdles A: 5.Janet Johnson 16.1; Long Jump A: 4.Janet Johnson  
4.16;

Seniors:

100m A: 1.Glenda Mahoney 12.8; B: 3.Elaine Wilson 13.7; 200m A: 1.Glenda  
Mahoney 26.8; B: 3.Dawn McNeil 28.6; 400m A: 4.Earlene Murrell 62.5;  
B: 3.Ethel Punter 64.5; 800m A: 2.Hilary Baxter 2.16.7; 2.Tamsin  
Growney 2.27.2; 1500m A: 1.Hilary Baxter 4.48.5; B: 3.Ruth Sinclair  
5.34.9; 3000m A: 5.Joann Warnett 13.23.1; 100m Hurdles A: 4.Earlene  
Murrell 78.1; 2.Ethel Punter 83.1; Long Jump A: 3.Dawn McNeil 5.38;  
2.Elaine Wilson 4.92; Shot A: 1.Wendy Dunsford 10.51; B: 4.Veronica St.Ange  
6.55; Discus A: 3.Wendy Dunsford 24.05; B: 4.Dawn McNeil 12.28; Javelin  
A: 1.Veronica St. Ange 34.13; B: 2.Elaine Wilson 22.89. 4 x 100m Relay:  
1st 52.2 (Earlene Murrell, Dawn McNeil, Elaine Wilson, Glenda Mahoney)  
4 x 400m Relay: 4th 4.30.3; (Earlene Murrell, Tamsin Growney, Ethel Punter,  
Hilary Baxter).

SEPTEMBER 5th 1981 - BATTERSEA PARK - WOMENS SOUTHERN LEAGUE DIV.3 N.E

Achieved with just 7 Seniors and 1 Junior, this was our last home meeting  
of the season. We did enough to ensure that we would still be in Div. 3  
next season. Let us hope we are able to train a few more Juniors to help  
the small and dedicated band of Seniors for 1982. Please give us your  
support.

Results: 1.Braintree 153 pts. 2.Huntingdon 152; 3.Redhill & Reigate 144; 4.Bexley 119; 5. BELGRAVE HARRIERS 101.

Juniors:

800m: 3.Janet Johnson 2.38.9; 80m Hurdles: 3.Janet Johnston 15.5;

Long Jump: 5.Janet Johnson 4.16;

Seniors:

100m A: 1.Glenda Mahoney 12.8; B: 1.Dawn McNeil 13.3; 200m A: 1.Jackie Barclay 26.8; B: 1.Glenda Mahoney 27.3; 400m A: 1.Jackie Barclay 62.9; B: 1.Hilary Baxter 61.3; 800m A: 1.Hilary Baxter 2.20.3; 1500m A: 1. Hilary Baxter 5.01.3; 100m Hurdles A: 2.Glenda Mahoney 17.3; B: 5.Dawn McNeil 21.6; 400m Hurdles A: 1.Hilary Baxter 69.2; B: 2.Ethel Punter 84.3; High Jump: A. 4.Ethel Punter 1.45; 3.Glenda Mahoney 1.30; Long Jump A: 1.Dawn McNeil 5.49; B: 1.Jackie Barclay 5.11; Shot A: 1.Wendy Dunsford 11.03; B: 5.Veronica St. Ange 6.74; Discus A: 3.Wendy Dunsford 26.10 (CR); B: 5.Dawn McNeil 13.72; Javelin A: 1.Veronica St. Ange 35.18; B: Dawn McNeil 4th 10.30; 4 x 100m Relay: 1st 52.1 (Jackie Barclay, Dawn McNeil, Ethel Punter, Glenda Mahoney); 4 x 400m Relay: 2nd 4.34.3 (Ethel Punter, Dawn McNeil, Jackie Barclay, Hilary Baxter).

MAY 30th 1981 - WIMBLEDON PARK - LILY 'B' LEAGUE, DIVISION 3

Results: 1.Guildford & Godalming 322 pts. 2.Woking 298; 3.Mitcham 240; 4.Dorking St.Pauls 223; 5.Hercules Wimbledon 218; 6.BELGRAVE HARRIERS 94;

JUNE 27th 1981 - GUILDFORD - LILY B LEAGUE DIVISION 3

We did not attend this meeting as only 2 athletes were available.

JULY 18th 1981 - WIMBLEDON PARK - LILY B LEAGUE DIVISION 3

Results: 1.Mitcham 376 pts. 2.Woking 322; 3.Guildford 266½; 4.Hercules Wimbledon 263½; 5.Dorking St. Pauls 174; 6.BELGRAVE HARRIERS 58.

SEPTEMBER 12th 1981 - WIMBLEDON PARK - LILY B LEAGUE DIVISION 3

With just 4 Juniors turning out (at least enough for a relay team) with Alison Jones, back from injury and others back off holiday, they battled as well as they could with spirited runs from Madelaine Neave (who had never run 800m before - but had a go) and Gail Porter and one of these days Maureen Johnson will possibly break the Junior High Jump record. As we expected, we finished last in this League, about 500 points behind the 5th Club.

Results: 1.Mitcham 408 pts; 2.Woking 307; 3.Hercules Wimbledon 279; 4.Guildford & Godalming 255; 5.Dorking St. Pauls 150; 6.BELGRAVE HARRIERS 49.

Juniors:

100m A: 6.Alison Jones 15.4; B: 3.Maureen Johnson 14.1; 200m A: 6.Alison Jones 32.8; 800m: 4.Madelaine Neave 2.45.6; 1500m: 5.Gail Porter 5.56.9. High Jump: 4.Maureen Johnson 1.38; Long Jump A: 6.Madelaine Neave 3.29; B: 6.Alison Jones 3.26; Discus: 6.Gail Porter 13.90; Javelin: 6.Maureen Johnson 10.78; 4 x 100m Relay: 5th 59.6; (Madelaine Neave Gail Porter, Alison Jones Maureen Johnson).

# CHAMPIONSHIPS

APRIL 26th 1981 - MOTSPUR PARK - SURREY CHAMPIONSHIPS

Senior Ladies: 800m 5.Hilary Baxter 2.23.3; Senior Ladies: 4 x 100m Relay: 3rd 51.2; (Jackie Barclay, Dawn McNeil, Elaine Wilson, Glenda Mahoney).

Thursday 14th May: Senior Ladies 400m Heats: 3.Jackie Barclay 60.0.

Saturday 16th May: Senior Ladies 200m Final: 4.Jackie Barclay 25.9;  
Senior Ladies 1500m Final: 5.Hilary Baxter 4.48.1  
Senior Ladies Long Jump: 5.Dawn McNeil 5.29.  
Inter Ladies 100m Final: 5.Glenda Mahoney 12.7

MAY 16th 1981 - ENFIELD - MIDDLESEX WOMENS CHAMPIONSHIPS

Senior Ladies Javelin: 3.Veronica St.Ange 34.76.

JULY 11th 1981 - BATTERSEA PARK - CLUB CHAMPIONSHIPS

Senior 100m: 1.Dawn McNeil 13.9; 2.Tina Jordan 14.5;

Junior 100m: 1.Janet Johnson 15.0; 2.Maria Adel 16.0; 3.Denise Mitchel  
16.1; 4.Gail Porter 16.2.

Senior 200m: 1.Dawn McNeil 28.4; 2.Hilary Baxter 29.3; 3.Tina Jordan 30.4;  
4.Suzy Gillett 30.7;

Senior 800m: 1.Hilary Baxter 2.19.8; 2.Tina Jordan 2.46.8; 3.Suzy Gillett  
2.55.3;

Junior 800m: 1.Janet Johnson 2.44.8; 2.Gail Porter 3.00.5; 3.Denise Mitchell  
3.31.0.

Junior Long Jump: 1.Janet Johnson 4.24; 2.Gail Porter 3.80; 3.Denise Mitchell  
3.78;

Senior Shot: 1.Wendy Dunsford 11.54 (CR); 2.Barbara Dunsford 6.20;

Senior Discus: 1.Wendy Dunsford 26.08 (CR); 2.Barbara Dunsford 12.54;

Senior Javelin: 1.Wendy Dunsford 16.82; 2.Barbara Dunsford 11.40.

AUGUST 22nd 1981 - CRYSTAL PALACE - INTER BANKS TRACK & FIELD CHAMPS

Shot: 2.Wendy Dunsford 11.37.

AUGUST 23rd 1981 - ENFIELD - SOUTHERN WOMENS AAA RELAY CHAMPIONSHIPS

Senior 4 x 100m Relay: Final: 5th 50.0 (CR) (Jackie Barclay, Dawn McNeil,  
Elaine Wilson, Glenda Mahoney).

## RECORD BREAKING

JULY 15th 1981 - PARLIAMENT HILL FIELDS - HIGHGATE HARRIERS OPEN MEETING

800m: 1st Hilary Baxter 2.12.8 (NEW CLUB RECORD).

Hilary followed up her very impressive 2.12.8, 800m with two more club records. On July 29th at an open meeting at Copthall she ran a 4.31.4, 1500m finishing 2nd.

Later in the Edinburgh Highland Games at Meadowbank, Hilary recorded 4.52.0 for a new club mile record.

## ODDS AND ENDS

MAY 10th 1981 - WOKING - GRE CUP 1ST ROUND

Results: 1.Camb.H 197 $\frac{1}{2}$  pts. 2.Herne Hill H.92 $\frac{1}{2}$ ; 3.Croydon H.91 $\frac{1}{2}$ ; 4.Woking 78 $\frac{1}{2}$ ;  
5.BELGRAVE HARRIERS 57 $\frac{1}{2}$ ; 6.Bexley 41 $\frac{1}{2}$ ;

Seniors only 100m: 4.Glenda Mahoney 13.1; 200m: 2.Jackie Barclay 26.7;

400m: 5.Earlene Murrell 66.3; 1500m: 5.Tina Jordan 6.21.1; High Jump: 5.1.30;

Long Jump: 2nd. Dawn McNeil 5.07; Shot Putt: 2.Wendy Dunsford 10.83; Discus

Throw: 6.Wendy Dunsford 22.04; Javelin: 4:Veronica St.Ange 31.38; 4 x 100m

Relay: 3rd 50.9 (CR) (Jackie Barclay, Dawn McNeil, Elaine Wilson, Glenda Mahoney).

MAY 20th 1981 - PARLIAMENT HILL FIELDS - HIGHGATE HARRIERS OPEN MEETING

800m: 2. Hilary Baxter 2.16.9.

JUNE 14th 1981 - PARLIAMENT HILL FIELDS - BERETTA TROPHY

Results: 1.Bracknell & Selsonia 201 pts; 3.Haringey 185; 4.Highgate Harriers 141; 5.Parkside 117; 6.BELGRAVE HARRIERS 74; 7.Ilford 69.

Senior Ladies 100m: 1.Jackie Barclay 13.0; 200m: 2.Jackie Barclay 26.4; 1 mile: (Joan Beretta Trophy) 2.Hilary Baxter 4.55.0. Long Jump: A. 2.Jackie Barclay 4.45; b: 2.Earlene Murrell 4.02; Discus Throw A: 6.Earlene Murrell 13.74; B: 5.Veronica St. Ange 11.78; Javelin A: 6. Veronica St. Ange 31.20; B: 3.Earlene Murrell 27.16; 4 x 100m Relay: 2nd 52.6; (Earlene Murrell, Veronica St. Ange, Jackie Barclay, Glenda Mahoney). 4 x 400m Relay: 4th 4.20.6; (Jackie Barclay, Earlene Murrell, Tina Jordan, Hilary Baxter). Inter Ladies 100m: 2.Glenda Mahoney 13.2; 800m: 5.Tina Jordan 2.40.4.

OCTOBER 3rd 1981 - HAYWARDS HEATH - OPEN

3000m Int. Ladies .... 52.Brenda Davis 14.34 - 70 finished.

This was Brenda's first race and we look forward to her improving in the winter months.

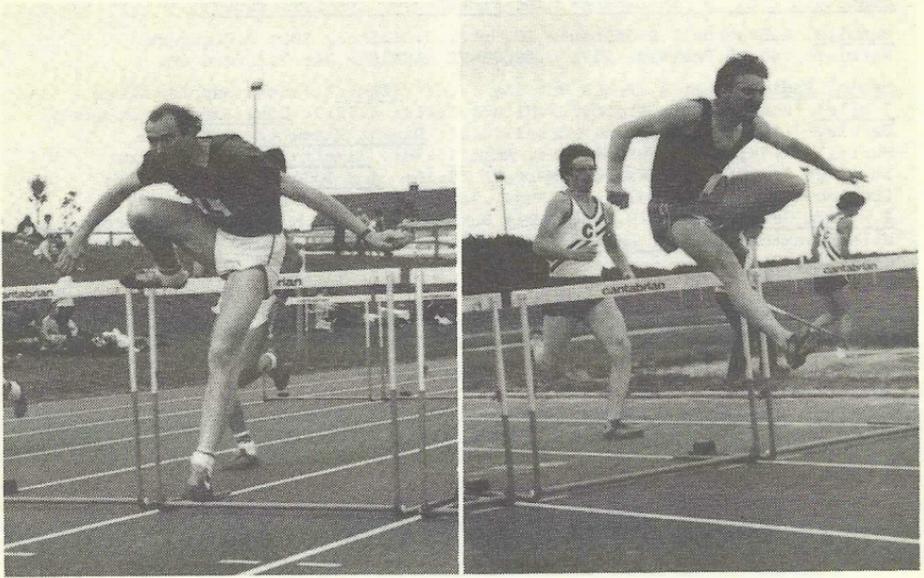
---

## RANKINGS 1981

---

| <u>100 metres</u>   |            | <u>200 metres</u>  |            | <u>400 metres</u>  |             |
|---------------------|------------|--------------------|------------|--|-------------|
| Glenda Mahoney (I)  | 12.5       | Jackie Barclay     | 25.9       | Jackie Barclay   | 60.0 (CR)   |
| Jackie Barclay      | 13.0       | Glenda Mahoney (I) | 26.3       | Hilary Baxter  | 60.6        |
| Dawn McNeil         | 13.3       | Earlene Murrell    | 28.2       | Earlene Murrell  | 64.2        |
| Elaine Wilson       | 13.5       | Dawn McNeil        | 28.4       | Eglah Bond   | 68.4        |
| Maureen Johnson(J)  | 14.1       | Elaine Wilson      | 28.5       | Tina Jordan (I)  | 70.6        |
| <u>800 metres</u>   |            | <u>1500 metres</u> |            | <u>3000 metres</u>   |             |
| Hilary Baxter       | 2.12.8(CR) | Hilary Baxter      | 4.31.4(CR) |  |             |
| Tamsin Growney (I)  | 2.27.2     | Tamsin Growney (I) | 5.12.4     | Tina Jordan (I)  | 12.24.8(CR) |
| Ruth Sinclair (I)   | 2.35.0     | Ruth Sinclair (I)  | 5.25.4     | Joann Warnett  | 13.23.1     |
| Eglah Bond          | 2.38.1     | Gail Porter (C)    | 5.56.9     | Barbara Dunsford (V)   | 20.25.8     |
| Janet Johnson (J)   | 2.38.9     | Eglah Bond         | 6.02.1     |  |             |
| <u>80m H.</u>       |            | <u>100m H.</u>     |            | <u>400m H.</u>   |             |
| Yvette Shaw (J)     | 14.9(CR)   | Elaine Wilson      | 15.7(CR)   | Hilary Baxter  | 69.2        |
| Janet Johnson (J)   |            | Glenda Mahoney (I) | 16.9       | Elaine Wilson  | 72.4        |
|                     |            | Dawn McNeil        | 21.0       | Jackie Barclay   | 73.7        |
|                     |            |                    |            | Earlene Murrell  | 74.8        |
|                     |            |                    |            | Ethel Punter   | 83.1        |
| <u>High Jump</u>    |            | <u>Long Jump</u>   |            | <u>Shot</u>  |             |
| Ethel Punter        | 1.45       | Dawn McNeil        | 5.49       | S 4 kg   |             |
| Jackie Barclay      | 1.39       | Jackie Barclay     | 5.11       | J 3.25 kg  |             |
| Maureen Johnson     | 1.38       | Elaine Wilson      | 5.08       | Wendy Dunsford   | 11.54(CR)   |
| Joann Warnett       | 1.35       | Janet Johnson (J)  | 4.28       | Dawn McNeil  | 7.08        |
| Glenda Mahoney (I)  | 1.30       | Glenda Mahoney (I) | 4.23       | Veronica St.Ange   | 7.07        |
|                     |            |                    |            | Barbara Dunsford   | 6.46(V)     |
|                     |            |                    |            | Denise Mitchell  | 5.23(C)     |
| <u>Discus 1 kg.</u> |            | <u>Javelin 600</u> |            | In all an excellent season with 9 new club records and many more personal best performances. |             |
| Wendy Dunsford      | 26.10(CR)  | Veronica St.Ange   | 35.54(CR)  |  |             |
| Pamela Bryan (I)    | 21.56      | Earlene Murrell    | 27.16      |  |             |
| Dawn McNeil         | 17.70      | Elaine Wilson      | 24.04      |  |             |
| Jackie Barclay      | 16.80      | Wendy Dunsford     | 16.82      |  |             |
| Joann Warnett       | 15.30      | Maureen Johnson    | 13.16      |  |             |

CR = Club Record



Our top hurdlers in action. Right 400m Champ. Jim Dunn  
Left 100m Champ. Mark Lindsay-Bayley.

Photos Bill Laws

FINE QUALITY WINES AT WHOLESALE PRICES  
 FROM HILLSIDE WINES,  
 ALL BOTTLED IN THE COUNTRY OF ORIGIN,  
 MINIMUM ORDER OF A 12 BOTTLE CASE,  
 SUBJECT TO V.A.T. AT THE CURRENT RATE.

## HILLSIDE WINES LTD

PURVEYORS OF FINE WINES

69 Cherry Orchard Road,  
 East Croydon,  
 Surrey.  
 CRO 6BD

Telephone: 01-686 1866 ( 24hour answering service )  
 TRADE ENQUIRIES WELCOME.

Open 5 Days a Week

CHEQUES MADE PAYABLE TO HILLSIDE WINES LTD.

# SPOTLIGHT

By STEVE CROSSBIE

## DERRICK WILLIAMS

Derrick Williams is single, aged 22 (25/5/59) and works as a Civil Servant. He is 6' in height and weighs 166 lbs. Apart from athletics he likes reading, music and eating.

Derrick whoses' favourite events are the Long Jump, High Jump and 400m wants to improve as much as possible in these events whilst still enjoying them.

Personal bests include 100m 11.1; 200m 22.6; 400m 50.0; LJ 7.38; TJ 14.10; HJ 1.90; His annual progression in the long jump has been:

1978 6.90; 1979 7.07; 1980 7.38; 1981 7.30

His most pleasing performances have been gaining his first AAA vest and jumping 7.30 in 1980 which made him aware of his athletic talents.

Athletic dislikes include not being able to train or compete due to injury. In addition persons setting unrealistic targets for a competition are not appreciated.

A typical weeks' training would take the following form:-

M - Jumping off nine strides, 4 x 150, bounding-up stairs  
 T - sprint drills, 4 x 150 or 3 x 300, 5 x 60 " - Weights  
 S - Jumping off eleven strides, 6 x 60, high jumping off five strides  
 1.75 - 1.80.

To help improve Belgrave Derrick would like to see some kind of scouting scheme so as to obtain youngsters on a continued basis to push established members, and possibly merging with another Club. For British athletics an improved coaching system with adoption of some of the tried Eastern European methods.

In Derrick's own words "Athletics, for me has to be enjoyable because you can find yourself doing things you know will be very painful and repetitive. You have to have moments when its fun even though you may be very dedicated. I, myself, am not very competitive or dedicated compared with some so the enjoyment of athletics is very important to me."

## STUART PATON

Stuart Paton, age 18, height 5' 8", weight 9 stone. He is single, enjoys music and having a laugh and works as a banker with National Westminster.

Stuart's favourite events are the 800m and 1500m. Personal bests at these events are:

1.54.0 and 3.53.2. Other P.b's include a 53.7 400m and 5.53.2 2000 S/C.

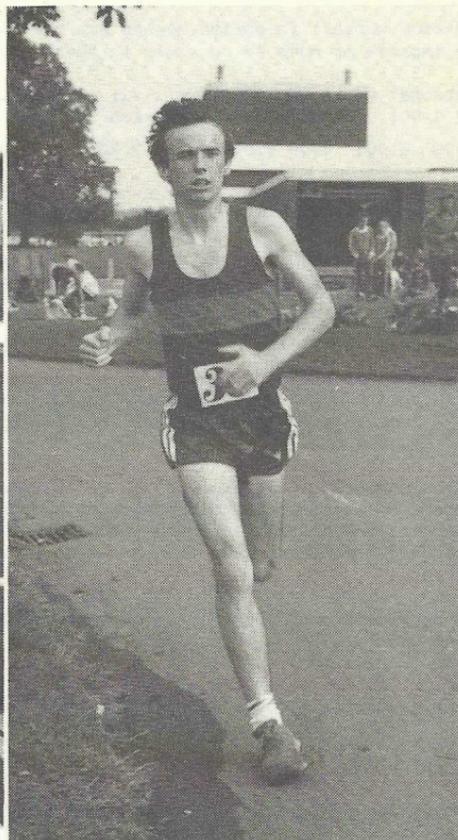
| <u>Annual Progression</u> | <u>800m</u> | <u>1500m</u> |
|---------------------------|-------------|--------------|
| 1978                      | 2.10.8      | 4.10.9       |
| 1979                      | 2.01.4      | 4.01.6       |
| 1980                      | 1.54.6      | 3.55.2       |
| 1981                      | 1.54.0      | 3.52.2       |

He is coached by Mick Dunphy and names Lasse Viren as his athletic inspiration. Winning the Scottish AAA Youth 800m in 1980 has given Stuart his most pleasing performance so far whilst losing and running on bad tracks are amongst his athletic dislikes.

A typical weeks training:

M - run 8 miles; T - short recovery reps; W - run 6 miles; T - Speed work; F - rest or two mile jog; S - race or run 10 miles; S - long reps on hilly terrain.

Stuart would like to see improvements within Belgrave which include taking teams to major races like Gateshead and having weekend training courses for club members. In British athletics he would like to see more youth and B internationals to provide experience for up and coming athletes. Finally, Stuart believes athletics should go open or at least allow athletes to receive more sponsorship.



Left Derrick Williams - our talented all rounder here seen in the 100 x 1 mile relay.

Right Stuart Paton who tops this year's 1500m Club Rankings.

Photo's Bill Laws

---



---

## VETS. CORNER

---



---

### Vets Hon Sec

At the A.G.M. in September, John Wasbrough was elected Vets Section Secretary. John will be 40 in November and no doubt will be keen to get you all out during the winter. At present it is not clear how strong we will be - Pat O'Connor and Keith Sinclair are injured. Lionel Maun and Laurie O'Hara are both going well and Bill Laws and Bob Kersey are back in training, so it could be interesting. Where is who? Oh, Brian's in Africa again!

John's home number is 01 644 0474 and his work number is 01 741 1622 Extn.18, so let him know of your plans.

## Prediction

Interview with Ron Franklin.

Abstract from Alaster Aitkins interview in Athletics Weekly January 17th 1981.

A.A. "Laurie O'Hara if he keeps going must be useful in the 50 age group in about another year?"

R.F. "I feel quite sure he is the one who is going to take Alan Mimoun's world over 50 age records at 5000 (15.31.0) and 10,000 (32.14). I am sure he can do it".

So are we! The remarkable Laurie goes on and on and clearly believes life begins at 50.

MAY 9th 1981 - WIMBLEDON - VETS A.C. '10'

1.L.O'Hara 51.44; 2.T.Ryan 53.13; 3.R.Parker 53.52.

JUNE 13th 1981 - BATTERSEA - VETS A.C. '5'

1.D.Case (Ealing & S) 28.05; 2. L.Mann 28.18; 3.C.Lambert (Epsom & E) 28.20;

JULY 5th 1981 - HARLOW - S.VETS T & F CHAMPIONSHIPS

(45-49) 5000m: 1.L.O'Hara 15.47.3; 3000m W: 2.J.Dunsford 15.38.2.

JUNE 14th 1981 - WINNIPEG - MARATHON

1st Vet J.Thresher 2.34.38

SEPTEMBER 6th 1981 - WEST LONDON - G.L.C. CHAMPIONSHIPS

Vets 5000m: 1.L.O'Hara 15.16.0.

### GORMAN ATTACKED

Brian Gorman was on duty serving refreshments at our home C.C. League meeting on October 17th and joking about 3 stab wounds he received while on holiday in Sousse, Tunisia. Which of the vets had put out a contract on him? Joking apart, the attack which took place in a shopping precinct at midnight, could have been more serious and the police thought Brian had been lucky to get away without serious injury.

Earlier the same day (October 4th) Brian had finished 2nd in an open 7km road race which had been televised.

"That staunch Belgravian Rangit Bhatia, a Vice-President of the Club, was in England again this summer for a 3 weeks working holiday. He is a Professor at Delhi University and was representing India at the meetings in England of the Rhodes Scholarships Committee.

Although 45 years of age he still keeps himself pretty fit and wherever he travels his Belgrave vest goes with him. This year he won the Indian National Vets titles at 5,000m and 10,000m.

During this summer's visit he managed to fit in 3 races, including the Hanwell Carnival '5' and the Lambeth Festival 10 km and clearly enjoyed his return to the English road-racing scene. Although the old speed is no longer there, the style and strong finish still brought back memories of that 1957/60 period when Rangit gained his Oxford 'Blue', ran key stages in the London-Brighton Relay and set a record on our '5 $\frac{1}{4}$ ' course of 27:56. He set his seal on this purple period by representing India in the Rome Olympics at 5,000, 10,000 and marathon, though as Asia's fastest miler he had wanted the 1500 spot!

He is now a member of the Indian A.A.A. Selection Committee and has been nominated for the Technical Committee of next year's Asian Games which are to be held in Delhi. He is a respected journalist too, and has been instrumental in getting leading athletes and coaches to visit Delhi to impart their knowledge. In fact a cordial welcome awaits any athlete wishing to visit that part of the world and there must be scores who regard Delhi as synonymous with Rangit Bhatia. He is held in high esteem academically, athletically, administratively and personally, and it was no surprise that he should be introduced to Prince Charles and our Prime Minister during their tours of India earlier this year.

Throughout all this activity Rangit remains an ardent Belgravian, always keen to receive our latest Gazette. In turn, the Club is proud to have such a loyal Vice-President. Rangit sends his very warm regards to all members and particularly to those who were so close to him during those halcyon days of 1957/60."

CLIVE SHIPPEN

# Rankings '81 - Men

compiled  
by  
Leo Coy

| <u>100m:</u>  |                | <u>200m:</u>   |                | <u>400m:</u>      |                |
|---------------|----------------|----------------|----------------|-------------------|----------------|
| 10.21         | E.Obeng        | 21.01          | E.Obeng        | 50.01             | D.Williams     |
| 10.98         | D.Railton      | 22.04          | P.Lytle (J)    | 50.05             | J.Dunn         |
| 11.00         | C.Dunn         | 23.02          | D.Hemphill     | 50.05             | J.Gladwin (J)  |
| 11.02         | P.Lytle (J)    | 23.03          | J.Dunn         | 50.05             | J.Gavin        |
| 11.02         | D.Williams     | 23.04          | C.Gillett      | 51.04             | D.Bailey       |
| 11.05         | A.Piesold (J)  | 23.06          | M.Scott        | 52.03             | C.Gillett      |
| 11.07         | C.Gillett      | 24.02          | P.Oppenheim    | 52.08             | M.Alleyne (Y)  |
| 11.07         | C.Lewis (J)    | 24.02          | A.Piesold (J)  | 53.03             | A.Nwosu (J)    |
| 11.09         | P.Oppenheim    | 24.03          | K.Veness       | 54.03             | R.Addison (B)  |
| 12.00         | M.Scott        | 24.08          | F.Gavin        | 54.04             | S.Williams     |
| <u>800m:</u>  |                | <u>1500m:</u>  |                | <u>3000m:</u>     |                |
| 1.49.7        | J.Gladwin (J)  | 3.52.9         | S.Paton (J)    | 8.25.0            | J.Bicourt      |
| 1.54.0        | S.Paton (J)    | 3.55.1         | C.Shields      | 8.46.1            | P.Richley (J)  |
| 1.56.8        | M.Waller (J)   | 3.57.7         | A.Benn         | 8.47.8            | T.Kay (J)      |
| 1.56.9        | A.Benn         | 4.00.2         | P.Richley (J)  | 8.58.2            | A.Benn         |
| 1.57.8        | A.Hughes (J)   | 4.02.0         | J.Gladwin (J)  | 8.58.7            | L.O'Hara       |
| 1.58.7        | B.Horrigan     | 4.02.4         | M.Sinclair (J) | 9.01.4            | T.Dowdall      |
| 2.00.0        | C.Jojo         | 4.03.1         | T.Kay (J)      | 9.07.4            | L.Coy          |
| 2.01.7        | P.Richley (J)  | 4.05.8         | M.Waller (J)   | 9.22.0            | L.Lyons        |
| 2.02.1        | M.Sinclair (J) | 4.10.4         | J.Bicourt      | 9.30.0            | S.Williamson   |
| 2.02.2        | S.Williams     | 4.11.1         | S.Williams     | 9.34.4            | M.Manning      |
| <u>5000m:</u> |                | <u>10000m:</u> |                | <u>2000m S/C:</u> |                |
| 14.54.0       | J.Bicourt      | 32.28.6        | L.O'Hara       | 5.56.0            | J.Bicourt      |
| 14.57.3       | C.Shields      | 32.42.0        | T.Dowdall      | 6.06.0            | M.Sinclair (J) |
| 14.58.6       | G.Macky        | 33.10.0        | P.Hardwick     | 6.16.5            | S.Paton (J)    |
| 15.16.0       | L.O'Hara       | 34.05.0        | M.Head         | <u>3000m S/C:</u> |                |
| 15.44.0       | T.Dowdall      | 34.20.0        | L.Coy          | 9.02.0            | J.Bicourt      |
| 15.45.0       | P.Hardwick     | 34.31.0        | L.Lyons        | 9.40.7            | T.Kay (J)      |
| 15.53.0       | A.Benn         | 34.57.0        | J.Hampshire    | 9.58.6            | H.Foley        |
| 15.53.0       | T.Kay (J)      | 35.00.0        | B.Gorman       | 10.04.1           | I.Duncan       |
| 15.59.0       | M.Head         | 36.08.0        | J.Wasbrough    | 10.06.2           | L.Coy          |
| 16.14.0       | L.Lyons        |                |                |                   |                |

|                   |                     |                         |
|-------------------|---------------------|-------------------------|
| <u>110 H:</u>     | <u>400 H:</u>       | <u>High Jump:</u>       |
| 15.6 M.L.Bayley   | 55.7 J.Dunn         | 1.90 S.Samson           |
| 16.1 J.Dunn       | 58.4 E.Grundie      | 1.90 M.L-Bayley         |
| 16.2 C.Dunn       | 58.5 P.Whitby       | 1.90 J.Gregg            |
| 16.4 P.Whitby     | 59.3 M.L-Bayley     | 1.81 D.Williams         |
| 16.6 M.Rimmer     | 60.3 K.Clarke (J)   | 1.80 L.Templeton        |
| 18.4 K.Clarke (J) | 72.9 M.Manning      | 1.75 E.Grundie          |
| 18.5 A.Bentt      | 80.3 S.Crosbie      | 1.70 A.Bentt            |
| <u>Long Jump:</u> | <u>Triple Jump:</u> | <u>Pole Vault:</u>      |
| 7.30 D.Williams   | 14.11 D.Hemphill    | 4.20 M.Shippen          |
| 6.74 D.Hemphill   | 13.05 K.Veness      | 3.75 P.Farrell          |
| 6.42 M.L-Bayley   | 12.90 C.Lewis (J)   | 3.40 S.Samson           |
| 6.33 J.Dunn       | 12.13 S.Crosbie     | 3.00 A.Bentt            |
| 6.12 S.Crosbie    | 12.06 M.Rimmer      |                         |
| 5.99 R.Hopkins    | 12.01 R.Hopkins     |                         |
| <u>Hammer:</u>    | <u>Discus:</u>      | <u>Javelin:</u>         |
| 44.42 T.Welsh     | 36.38 J.Aska        | 49.77 R.Leyland         |
| 42.14 P.McKay     | 36.30 D.Meadows     | 49.50 J.Aska            |
| 19.94 J.Martin    | 35.34 C.Brooks      | 49.36 M.Steed           |
| 15.04 S.Crosbie   | 24.60 J.Martin      | 41.28 S.Collister       |
|                   |                     | 38.26 P.Cleave          |
|                   |                     | 38.22 S.Crosbie         |
|                   |                     | 37.00 J.Martin          |
| <u>Shot:</u>      | <u>4 x 100:</u>     | <u>4 x 400:</u>         |
| 12.63 D.Dawson    | 43.0 (Scott, Lyttle | 3.23.8 (Dunn, Gavin,    |
| 12.20 J.Aska      | Obeng, Williams)    | Benn, Grundie)          |
| 11.90 R.Leyland   | 43.4 (Dunn, Veness, | 3.25.2 (Bayley, Gladwin |
| 11.49 C.Brooks    | Hemphill, Railton)  | Williams, Paton)        |
| 11.17 P.McKay     |                     |                         |
| 10.40 J.Martin    |                     |                         |
| 8.44 P.Oppenheim  |                     |                         |



PHOTO CAPTION COMPETITION

This action shot shows Mr. Ted Weldin passing Mr. Joe MacDonald in a recent Yacht Handicap. Both Gentlemen appear to be deep in thought. We would like to know what they're thinking. Any suggestions? The best replies will be published in our next issue together with a new super dooper pic.

