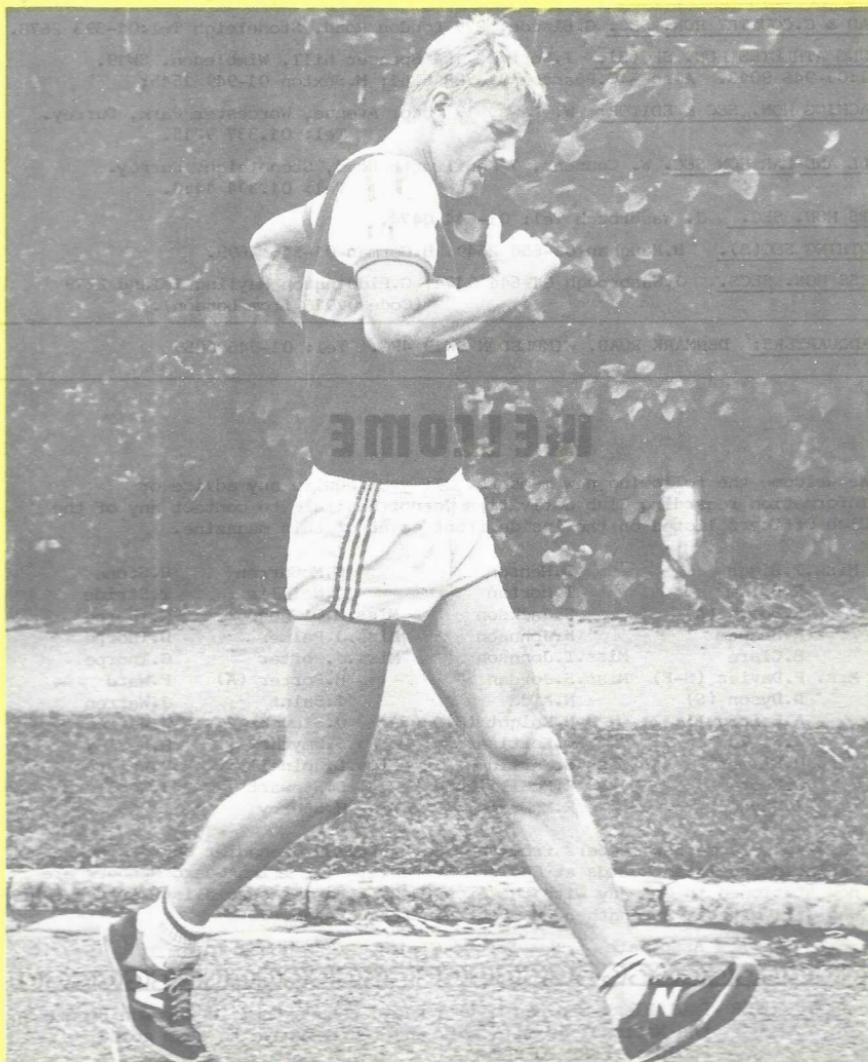


THE **AND COMMITTEE** APRIL 1982

BELGRAVIAN



the official gazette of belgrave harriers •

OFFICERS AND COMMITTEE

<u>PRESIDENT, GENERAL HON. SEC., OFFICIALS SEC.</u>	D. Crookes, 209 Lynemouth Avenue, Morden, Surrey. SM4 4RX. Tel: 01 330 0132
<u>ASST. HON. SEC.</u>	A. Bruce, 100 Lambton Road, London SW20 Tel: 01 947 1539.
<u>HON. TREASURER.</u>	J. Heathfield, 11 Chilworth Gdns., Sutton, Surrey. Tel: 01 644 3316.
<u>MEMBERSHIP & SUBS. SEC. AND WALKING HON SEC.</u>	C. Lawton, 50 Bramblewood Close, Carshalton, Surrey. Tel: 01 669 0971.
<u>LADIES HON. SEC.</u>	D. Jones, 49 South Terrace, Surbiton, Surrey. Tel: 01-399-0270.
<u>TRACK AND FIELD HON. SEC.</u>	L. Coy, 39 Croft Road, Norbury, SW16. Tel: 01-764 8056.
<u>ROAD & C. COUNTRY HON. SEC.</u>	G. Biscoe, 279 London Road, Stoneleigh Tel: 01-393 2678.
<u>YOUNG ATHLETES HON. SEC(S).</u>	I. Horton, 16A Spencer Hill, Wimbledon, SW19. Tel: 01-946 9013. Also - C. Pearson 01-788 6361; M. Sexton 01-949 1545;
<u>COACHING HON. SEC & EDITOR:</u>	W. Laws, 19 Tudor Avenue, Worcester Park, Surrey. Tel: 01.337 7215.
<u>HALL AND BAR HON SEC.</u>	W. Couzens, 7 Kenilworth Road, Stoneleigh, Surrey. Tel: 01.394 1410.
<u>VETS HON. SEC.</u>	J. Wasbrough Tel: 01-644 0474.
<u>CLOTHING SEC(S).</u>	D. Maughan 01-686 2649, B. Gorman 01-546 7699.
<u>PRESS HON. SECS.</u>	J. Wasbrough 01-644 0474, G. Piddington Hayling Island 2279 (Code 07016 from London).
<u>HEADQUARTERS:</u>	DENMARK ROAD, WIMBLEDON SW19 4PG. Tel: 01-946 6859.

WELCOME

We welcome the following new members. If you require any advice or information regarding Club activities do not hesitate to contact any of the Club Officers listed on the inside front cover of this magazine.

Miss. T. Biggs	D. Henson	G. McGurran	R. Stone
R. Bolam	I. Horton	J. Neillis	T. Stride
R. Booth (A)	S. Jackson	Miss. M. O'Shea	C. Thorpe
R. Branam	K. Johnson	Miss. J. Palmer	D. Thorpe
B. Clare	Miss. T. Johnson	Miss. J. Porter	G. Thorpe
Mrs. P. Davies (S-F)	Miss. S. Jordan	H. Porter (A)	F. Ward
D. Dyson (S)	N. Kidd	I. Saint	J. Warren
A. Fairfoull	N. Knight (S)	J. Slough	E. Warren
W. Field	C. Kortisas	S. Smythe	R. Wesley
Miss H. Filmer	Miss. S. Martin	Miss. L. Spinelli	P. Whiston
O. Foote	R. McGillicuddy	D. Stewart	J. Woolford
K. Hayden	R. McGrane	Miss. H. Sterry	

We also welcome new members from the 2nd Battalion Grenadier Guards who have replaced the Irish Guards at Chelsea Barracks. Our Irish Guard Members are now stationed in Germany with the exception of hammer specialist Terry Welsh who will greatly strengthen our Southern League team.

A = Associate S = Second Claim F = First Claim



FRONT COVER Paul Blagg who has made a rapid return from injury won Bronze in the National 10 mile walk and led Belgrave to team gold.
PHOTO : FRED POPPLEWELL

BACK COVER Dēja Vu; John Thresher, visiting from Canada, made a welcome return to our colours at the Cranford Road Relay
PHOTO : BILL LAWS

THE BELGRAVIAN

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President

Derek Crookes

Gen.Hon.Sec.

Derek Crookes,
209 Lynmouth Avenue,
Morden, Surrey.

Hon. Treasurer

Jim Heathfield,
11 Chilnorth Gardens,
Sutton, Surrey.

Hon. Editor

Bill Laws,
19 Tudor Avenue,
Worcester Park,
Surrey.
(01-337-7215)

DEVELOPMENT PLANS

Some 5 years ago and with £4,500 in the bank our Committee decided to invest everything in improving the social facilities at Belgrave. Two years later we were broke and hoping we had made the right decision. Now the Hall is a changed place and makes a fine meeting place for all members and their families. What's more, the bar revenue, plus the efforts of several loyal and hard working members have results in a situation where we find ourselves now with over £6,000 in the bank. A fine situation and yet one on which to build. So - once again our Committee has decided to re-invest much of this sum in an even more ambitious improvement scheme. The story may be read in the centre pages of this issue.

Our efforts will not cease there. We are aware that developments are also afoot at our home track at Battersea and we plan to maximise on that opportunity to further build on our athletic activities.

We are always looking for new helpers so please see how you can take part in these exciting developments.

OFFICIAL SHORTAGE

The shortage of officials makes it debatable whether given the choice between an influx of new athletes or officials, we wouldn't opt for the latter at this time. What a pleasure, therefore, to see how well our new Sectional Secretaries have taken to their duties. John Wasbrough writes frequently to all our Vets and has organised a full programme of events. Leo Coy has made an early start to the T & F season and predicts we are in good shape for the first league match. And finally, Ian Horton has headed a small team of helpers which has encouraged a rapid improvement in the strength and fortunes of our colts, boys and youths section. Ian has also devoted his considerable talents to preparing proposals for developing Belgrave Hall which have found unanimous support from your Committee. And so while the load has not decreased for our regular band of officials, we have seen a considerable strengthening of our activities. The future looks bright.

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In Memorium

**HARRY SHIELDS**

Following the tragic death of Dave King, Belgrave H. suffered its second great loss in successive months by the passing of Harry Shields early on Sunday morning, 25th October 1981, just seven weeks after completing 50 years membership of the Club.



HARRY SHIELDS AT THE 'BANSTEAD' TURN DURING THE 1955 SWC CROYDON AND BACK. Jack Goswell is seen recording.

From early days "athletics" and BELGRAVE in particular, and love of the English countryside played a large part in Harry's life. Rising through the ranks eventually to become a member of one of the finest Cross Country teams in the country at that time, winning English National Cross Country team medals and National London-Brighton Relay winning team medals.

In the late forties he turned his talents to Race Walking and with the great tenacity for which he was noted, he became a regular stalwart of Belgrave teams in the fifties. He was member of the first Club team which won all the National Championships in one year, so becoming one of the few people, if not the only one, to hold winning team medals for English Cross Country, National Relay and National Race Walking and after a number of London - Brightons, was awarded the Centurion Medal number 235 after the Brighton and Back in 1955.

Despite a busy Athletics career Harry assisted in the administration of his sport, serving for many years as Ass. Hon. Sec. to his great pal Alf Harley for the Club. He also held the same position for the South of the Thames Cross Country Assn. of which he was President in 1960/61 and represented this body on the Southern Counties C.C.A. of which he was President in 1957/58. He was also a member of the Southern Counties A.A.A. Committee for many years and also served as an R.W.A. Judge.

In late 1968 Harry had a setback in health which took a couple of years to overcome, and after early retirement, and never being an "onlooker" rather a "participant" he turned his main attention to Bowls and Painting, of which his talents were amazing and had to be seen to be believed. In the last couple of years all his paintings in Art School Exhibitions were snapped up, and during his last few months the local "Kent Messenger" requested an interview after seeing some of his paintings in a London Transport Exhibition.

So passes a great stalwart of Athletics, many people share with me pleasant memories of strolling days in his company. I remember he was an authority on "Trees" a subject we could always be given a lesson on if we mistook one, which needless to say were numerous. We are all poorer by his passing, but enriched by knowing him and enjoying his company over the years and our sympathy to his wife Betty and his two daughters in their great loss.

Jack Goswell

TOM REYNOLDS

We regret to record the passing of Tom Reynolds, the well-known timekeeper who died in October at the age of 82. Although not a member of our Club (he was a member of Surrey W.C. and Surrey A.C.) he was one of those people who belong to athletics and his services were at the disposal of many clubs and organisations. Amongst these was our own Club and he was a frequent visitor to the Hall, and as recently as last July he was calling times at our 20 miles Open Run. He was also in contact with many of us through his keen and devoted service to Surrey County A.A.A. for which he worked hard. These last two words sum Tom up very well - whatever he was doing for athletics he worked hard at it.

S. SPENCER

We regret to learn that on Sunday, 17th January 1982 Syd Spencer passed away.

'Syd Spencer' was 76 years old and had been a member for many years. He joined the Club via the Metropolitan Police Walking Club, in the forties. Later on his membership lapsed for a few years and he rejoined in 1966, when he served as an R.W.A. Judge for many years.

DAVE KING FUND

The fund set up as a result of Dave King's death on the Brighton road last September closed at the end of the year. I would, therefore, like to take this opportunity of thanking all those who contributed to the fund. The total reached was just over £600. As planned I purchased a painting of a countryside scene, much loved by Dave, also a tree was planted at Hall Place in Bexley and the remainder given to Estelle.

I have been asked by Estelle to pass on to all members of the Club her thanks for all the letters that she had following the accident. In November she gave birth to a son who she has named David and she asked me at what age we took on members.

Carl Lawton

Sadly as we go to press we learn of the passing of two of our older stalwarts, Bert Footer and Charlie Speechley. We shall include full appreciations in the next edition of the Belgravian.

MEMBERSHIP SECRETARY'S SECTION

Six months of the year has now passed since taking over this department. Originally it was a task split up into other officers jobs and hopefully now we have one person at the helm we can overcome some of the problems that arose. I would at this point like to thank Frank Webb for the work that he put in over many years as membership secretary.

Regretfully, in January of this year, we have had to withdraw over 50 names from the list of members due to them being over 18 months behind. In future I intend to reduce this to those being 6 months behind. At the time of writing over 150 have not paid for this year!!

Please remember that to keep the club running efficiently we must know who is where, so if you move please let us know immediately. Also the club does not work on unpaid subs, some members think that it does.

Carl Lawton

A WORD FROM THE PRESIDENT

A busy six months have passed since I was elected President, and whilst I do not wish to repeat in detail results which have appeared in my feeble attempts at Newsletters, or which appear elsewhere in this magazine, I would like to take up just a few lines of the Belgravian.

Our Walkers obtained 3rd place in the National 100km, 1st place in Belgrave Open 7-Mile Walk and, in fact, all the London 7s, the Southend 6-Miles and the Met. Police 11km. Carl, their busy Sectional Secretary - as well as Membership Secretary of the Club - and Barbara, his wife, are expecting Lawton - Mark III - in October, sincere congratulations!!

On the Country, our Junior Team of Alistair Horton, Stuart Paton, Paul Richley and Mark Waller retained the Junior Team Race in the Surrey Country C.C. Stuart was 4th in the Scottish National and Paul 1st in Surrey Schools. We duly obtained promotion from Surrey League Div.II back to Div.I, but a black Saturday must surely have been the Southern Championships when we finished NO TEAMS AT ALL. Another season of hard work has been done by the Sectional Secretary, Gordon Biscoe.

Our boys, colts and youths have made steady progress, under the guidance of Ian Horton, a definite asset to the small management band of Belgrave. He has been assisted by Colin Pearson and Luke Sexton.

Our Ladies, to be honest, have enjoyed little success, but with Harry Porter joining in the administration side to help Derek Jones, who has worked single-handed for a long time, we hope for better things in the summer.

Looking to the Track we have-on-paper a very good Southern League Mens Team. The question is - "Can we change paper into reality"?

Luckily, we only have a limited number of fixtures at Battersea Park. Why do I say this? - Because, despite of numerous appeals, we still look like being very short of officials. Please look at your Fixture Cards and if you can make one or more of the meetings to help in an official capacity - please do so.

Besides those mentioned above I would like to thank our Treasurer, Jim Heathfield, and all the other members of committee for their support so far this year and look forward to the same support for the rest of the club year.

Derek Crookes
(President)

HOW IS THE PRESIDENT CHOSEN

It was agreed, some years ago, that a brief explanation of how the Club President is chosen should appear in the Belgravian every few years.

Basically the choice of President - as with all other Club Officers - is a matter of decision for the Annual General Meeting, but obviously any member being put up for the most important job in the Club should be well briefed before hand.

Firstly - the job. This consists of being present at most of the important fixtures:- Track, Cross-country, Road, Socials on almost each weekend of the year, plus many Wednesdays in the summer, giving a speech at the Club Dinner & Dance and Chairing Club Committee Meetings.

Secondly - how to choose the right man or women for the job. It is felt that the past Presidents of the club know more about the job than anyone else, so it is the custom for them to meet in June each year to discuss possible names for President and give a recommendation to committee. If committee approves the past presidents recommendation, the prospective president is approached to obtain his willingness to undertake the job and his name is put forward at the A.G.M.

Of course, the choice of President is not a closed shop and members are invited to give any recommendations to the General Secretary or Present President, for discussion at the Past-Presidents Meeting.

Derek Crookes
(Hon. Gen. Sec.)

grapevine



████ Congratulations to Val and John Bicourt on the arrival in January of their second son, Graham Stuart. Graham's birth was 8 weeks early - "Just like his dad" says John who still holds the Club record for missing cars, trains and planes.

████ Congratulations also to Liz and Leo Lyons on the safe arrival on March 22nd of their first baby - a daughter, Amanda who weighed in at 6lb 10oz.

████ Can it be true? We hear that Michael Manning has cancelled his filming assignment of the London Marathon on May 9th. Wedding bells on May 8th? Watch this space.

████ Bernard Eglinton has been training hard on the front at Colwyn Bay with the object of the Marathon. At 68 years of age he has an impressive list of runs and long-distance walks to his name and he achieved his objective in a race from Queensferry to Prestatyn in which he finished in 4.45.06. Leading up to this he had runs over 10k. in 55.41 and the Half Marathon in 1.59.14.

████ Tributes to Harry Shields came from two old friends, past President Ernie Duffett, writing from Pontypridd described him as a 100% Belgravian. Alf Taylor (Wellington, Somerset) recalled joining the Club at the same time as Harry and of their Sunday morning strolls along the Thames towing path.

████ Walking Judge, Harold King, remembers his first climbing of the "Hills" at Wimbledon - "they very nearly killed me!" - they obviously didn't as this happened 60 years ago. Once again he made the journey from Erith to officiate at the Open Walk.

████ We missed Tommy Scrimshaw from our opening road races - he invariably comes along to these and to have a chat with old friends. He has been on holiday in Australia and went to Brisbane to see the "mock-up" for the forthcoming Commonwealth Games. Tommy was back home in time to attend the Open Walk.

████ Congratulations also to Paul Whitby who is to be married on May 29th. We are hoping Paul will be able to make our League Meetings after June.

CLUB CHAMPIONSHIPS - Fixture Change

Ladies - ignore your fixture card date for the Club Championships. These are now to be held at Motspur Park on Saturday, 10th July. Events will include;- Junior and Senior; 100m, 200m, 800m, L.J. plus Senior 400m. Please note that due to the low turn out at Club Championships certain field events medals will be awarded based on season best performances achieved during representative matches.

CHANGES TO NORTH SURREY C.C. LEAGUE

The increasing number of clubs wishing to participate in the North Surrey Cross Country League has necessitated a review of the present arrangements. Changes have now been agreed and from the 1983 Winter Season there will be 3 Divisions. Division 1 (to which we have gained promotion) will consist of 7 teams as too will Division 2. Division 3 will comprise of 8 teams. The existing promotion/relegation of 2 up 2 down will continue.

THE NEW 200 CLUB - Nightout

Saturday, December 19th saw the inaugural draw of the 200 Club take place at Belgrave Hall. Subsequent draws have been held every 3rd Saturday of the month at Belgrave Hall when a convivial evening is provided by mine host - Bill Couzens - and his team of helpers. In March the 200 Club draw was held in conjunction with the first of what promises to be an annual 'Pot Black' Competition to find Belgrave's top snooker player. Some 30 entrants competed on two tables provided by Messrs. Pritchard and Couzens and trophies were presented both to the winner and for the highest break. Excitement was high as the final between Paul Richley and Eric Crutcher was fought out to the last black. Eric finally clinched the title and Paul Richley won the trophy for the highest break from Tom Carter who surprised many with skills he apparently acquired during a recent holiday to Jersey. So well done to the organisers, congratulations to those who have won prizes and good luck to those who have yet to win.

Draw Results:

Dec. 1981	£50	Mrs. N. Rouse	£20	Miss J. Morris	£10	D. Garrod
	£5	D. Crookes, F. Webb.				
Jan. 1982	£50	J. Plummer	£20	Mrs. E. Godden	£10	C.T. Carter
	£5	Mrs. E. Aplin, J. Sweeney.				
Feb. 1982	£50	C. Speechley	£20	R. Shackleton	£10	Mrs. W. Shepherd
	£5	Mrs. E. Richley, E. Cook				
Mar. 1982	£50	J. Martin	£20	Mrs. M. Pinder	£10	F. Wood
	£5	Mrs. E. Richley, D. Jardine.				

FOOTNOTE:

There are still 2 tickets left before entries close.
The cost - £1 per month.

BELGRAVE SUPPER - NUMBER ONE

23 January 1982. That was the day of a very special evening which could, and should, become as significant as that day in 1887 when Belgrave Harriers was born.

What, you may well ask, has that got to do with "the Club Supper?".

Well, it appears to me that the Club Supper showed we have reached maturity. Of course in the past we have had hundreds of social events from Theatre to Fancy Dress, from Bingo to Photographic Competitions, from Jumble Sales to Brighton Relays, from Butlins Weekends to Rambles, from Formal Club Dinners to County and Southern Dinners etc. etc. etc.

But, this particular evening was a singular success. It depended on the mixture of old and young, of cantankerous and nieve, of doers and critics. It needed this amalgam which can only come with age.

It was just like a family meal, noisy, boisterous, good humoured and comfortable. One felt as easy as at home - and frankly - that was what it was "at home", the Bels, at home.

In the kitchen were the Mums - Gwen (Couzens), Mary (Crookes) Maureen (Pritchard) and Misses Ruth (Sinclair) and friend plus Karen (Crookes). We can't ignore what all their husbands did, plus, Colin Pearson at the Bar. I'm bound to have missed someone out, so, sorry - very sorry - and thank you very much and thanks to all of you who made such a night possible.

You've taken it to the top of the charts. Its Number One. Please don't alter the formula - make it number one again and it will run as long as Belgrave Harriers. Because that was what it was, Belgrave Harriers, at Home.

Charlie Manning.

WALKING

It can hardly be said that we have had a bad winter in so far as results go. The weather during December and early January obviously did not help proceedings. Team wins at Chippenham, Luton, Enfield, Wimbledon and Bexley in the Opens and the G.L.C. 10. We only missed out at Corby due to the lack of a 4th man. Fortunately we did not have to rely on the same 4 in the team events with 7 individuals picking up the 'pots'.

Unfortunately we seem to be suffering the general trend in walking, that being a reduction in the numbers of competitors and officials. On the officials side we have lost over the last few months Harry Shields and Syd Spencer, and although not a member of the club, Tom Reynolds. They were all long standing members of the walking world who, when their competing days were over, stayed around to put something back. These are people that the club is drastically short of and we need replacements. Having had the situation of starting, timekeeping, competing and recording in a recent race at Wimbledon I cannot stress the need for those that have hung up their boots and come forward and lend a hand even if only occasionally.

We did eventually collect National medals last year, in the 100kms. fortunately the classification rules worked in our favour but we were still third. Thanks must go to the members of Belgrave who helped out at the feeding station in the rather deplorable conditions.

On to this year, with the prospects of a full team turn out in most Nationals we can look forward to overall better performances than last year. We lost the McSweeney Trophy last year due to the failure of having any under 20 age group teams. To overcome that this year we must somewhere find some new recruits. All suggestions welcome.

Walking Reports by **Carl Lawton**

SEPTEMBER 19th 1981 - PARLIAMENT HILL - HIGHGATE HOUR WALKS

Generally a rather poor Belgrave turnout for this event which at one time was "the meeting" to attend. It has now been reported that due to lack of helpers, it will not be held next year.

It was Paul Blagg who was first home for Bels and despite his long injury, induced lay-off he was proving to be back on form.

A Section: 1.P.Vesty (Leic) 13.393m; 3.P.Blagg 13.267; 11.J.Newnham 12.563; 15. C.Lawton 12.275; 14. M.Scamell 12.014.

B Section: 30. J.Scamel 10.559; 32.D.Fotheringham 10.532.

Teams: 3rd BELGRAVE

SEPTEMBER 26th 1981 - STOKE MANDEVILLE - NATIONAL 100KMS.

Belgrave had started teams in the previous 2 National 100kms. but failed to finish. This year five started. A wet miserable day bekoned the 6.30 a.m. starters. As the day wore on Joe Scamell was forced to retire leaving 4 on the road, Carl Lawton was about to retire at 40 miles, but was informed by Barbara Dunsford, ably manning the feeding station, that he was not and so it progressed. A long day with finally Lawton and John Dunsford going the distance, and Mile Scamell (70 minutes for his last 5kms.) and John Keown being classified at 95kms.

1.G.Young (Boundary) 9.36.23; 2.M.Lambden (Boundary) 9.38.38; 3.C.Berwick (Leic) 9.54.22; 9.C.Lawton 10.45.46; 12.J.Dunsford 10.58.35; 18.M.Scamell (95km) 11.47.51; 19.J.Keown (95km) 11.48.47.

Teams: 1.Boundary 14; 2.Leics. 18; 3.BELGRAVE 30.

SEPTEMBER 27th 1981 - SOUTHEND - 5 MILES

Less than 18 hours after the finish of the 100kms saw a re-arranged Belgrave Team lining up for the Southend 5 Miles. Despite having to rely on a 50% veterans team Bels still managed 2nd.

1.R.Mills (Ilford) 35.15.1; 9. J.Newnham 38.12.1; 10.C.Lawton 39.13;
16.E.Hall 40.56; 23.D.Fotheringham 43.11;

Teams: 1.Anglia 38; 2.BELGRAVE 43; 3.Steyning 46.

OCTOBER 3rd 1981 - WIMBLEDON - OPENING 5 MILES

1.G.Nibre (Ilford) 36.14; 2.C.Lawton 37.23; 3.J.Newnham 37.46; 4.J.Hall 37.46;
8.E.Crossingham 39.24; 9.M.Scamell 39.35; 11.J.Dunsford 42.38; 12.S.Marshall
43.24; 13.D.Fotheringham 43.38; 14.J.Bromley 43.56; 17.J.Scamell 45.06;
18.R.Middleton 45.30; 19.R.F.Day 47.40; 23.T.Cook 49.39; 24.J.Morris 49.48.

OCTOBER 10th 1981 - CHIPPENHAM TO CALNE

Run into debt with the Subscription Secretary and you will soon get a reminder and the debt can be paid. Run or walk yourself into an Oxygen debt, and if not soon replenished, you are literally in dead trouble. History has it that this vital substance was discovered at Calne and nowadays every October walkers come puffing in after the six miles slog from Chippenham.

This years race, held on the 10th October, attracted the usual good entry and the race got under way in a fine drizzle. This year instead of dashing around to overtake the field I was in a car a few yards ahead of the start and was able to start my watch and the car got away smartly to reach the finish before the competitors had time to lose their breath.

A fine win for Phil Vesty (Leic) in the second fastest time ever, followed home by Mike Parker (Brighton). Carl was first home in 6th place and Richard three places down. Fine performances from John Hall and Newnham to close the team in for yet another win of the C and T Harris Trophy. With five more Belgrave finishers the locals saw plenty of Belgrave vests.

With no individual awards, Belgrave had to be satisfied with just the team win (our seventh consecutive), but still a good days work for an award any club would be glad to win.

A shop window in Calne had a display of photographs of winners of some of the earlier races over this classic course. Amongst them were the late Harry Churcher (Oct '50), and Stan Vickers ('58), both of these great walkers were not only A.A.A. and R.W.A. champions but were also Olympic and International representatives. Carl himself has notched up a record of five wins and the team ten (out of thirty two). It is good to know that we have such a fine record in the West Country.

Gordon Doubleday

1.P.Vesty (Leic.) 42.14; 2.M.Parker (Brighton) 42.32; 3.A.James (Enf) 43.39;
6.C.Lawton 44.39; 9.R.Dorman 45.34; 14.J.Newnham 46.00; 16.J.Hall 46.12;
32.E.Crossingham 48.35; 35.M.Scamell 49.32; 53.J.Dunsford 51.52; 61.J.Bromley
53.35; 75.J.Scamell 55.31; 80.R.Picton 56.03.

Teams; 1.BELGRAVE 37; 2.Leic.48; 3.Coventry 69.

ANOTHER DORMAN

In the National Youth Championship at Southend on 19th October, Andrew Dorman placed 31st in 28.24.

OCTOBER 26th 1981 - LUTON - VAUXHALL MOTORS 7 MILE

Due to lack of support shown by Vauxhall Motors Sports Department, this was the last of these events. As it was, the general support by walkers was poor and it was a disappointing finale.

1.P.Vesty (Leics) 49.18; 2.A.James (Enf) 51.05; 3.R.Dorman 51.53; 4.C.Lawton 52.05; 13.J.Newnham 57.46; 14.J.Dunsford 58.31; 19.J.Bromley 60.37; 23.R.Middleton 61.57.

Teams: 1.BELGRAVE 26; 2.Anglia 31.

John Hall was 2nd in 98.45 in Sussex 20 kms. at Steyning on 31st October.

NOVEMBER 7th 1981 - MILL HILL - CIVIL SERVICE CHAMPIONSHIP 7 MILE

Thirty years ago an up and coming Eric Hall won his first civil medal in this event. He later went on to the Olympic Games for Great Britain and his style was to be admired. At Mill Hill, Eric with a winning team medal placed 7th and in the same team John Hall finished 4th.

1.A.James (Enf) 50.00; 4.J.Hall 52.46; 7.E.Hall 56.34; 13.J.Bromley 60.24; 18.R.Middleton 62.21; 20.K.Johnson 62.41; 27.P.King 66.47; 30.J.Keown 67.47;

NOVEMBER 14th 1981 - ENFIELD - OPEN 7

Belgrave entered 12 for this event and for a change all 12 appeared, although Joe Scamell was sidelined with injury. Again Belgrave just came home ahead although it was close.

1.P.Vesty (Leic) 49.10; 2.A.James (Enf) 49.32; 3.R.Sheppard (Ang.) 50.09; 4.R.Dorman 51.29; 5.C.Lawton 51.59; 10.J.Newnham 52.57; 18.M.Scamell 54.25; 21.E.Crossingham 55.30; 30.J.Dunsford 58.46; 32.J.Bromley 59.48; 45.D.Potheringham 62.00; 56.J.Keown 65.12; 61.J.Morris 67.04.

Teams: 1.BELGRAVE 29; 2.Anglia 31; 3.Havering 67.

NOVEMBER 28th 1981 - WIMBLEDON - 62ND BELGRAVE OPEN 7 MILES"THE FULHAM DENTIST"

This was the nickname given to the late Harry Evans, a past President, and a leading Judge in his day. He was so called because he 'pulled' so many out. His reputation was high and his decisions firm but fair. In 1909 he won the inaugural Garnet 10 miles cup race, with the club team in second place. A baker by trade he would work overnight amongst hot ovens and would then strip off and take on the best. His memory is perpetuated in the Harry Evans Cup awarded to the individual winner of our annual Open 7 miles walk.

This years event, the 62nd, was held on 28th November and, once again the weather was kind to us. 98 walkers set off at a signal from our President, Derek Crookes. After one lap of the hills Phil Vesty, Leicester's young star was leading from Dave Jarman of SWC and Adrian James of Enfield. Carl led the rest of the field with our lads battling it out to be in our scoring team. After two laps Richard was coming through, John Hall was giving his usual sound performance with the still improving John Newnham going confidently.

That's how it was at the finish except that Richard had caught Carl and they came in together. The scratch team race was ours with Steyning pipping Surrey for second. Mike Scamell was our next man in and took the prize awarded to the first Belgravian not gaining another award. Following in are two faces of the past, double Olympian Eric Hall, beating the hour and Richard Tanner who has been off the scene for a couple of years.

No Belgravians featured in the handicap but in the London Business Houses championship in conjunction Messrs. E and J. Hall and John Bromley were 2nd team representing the Civil Service and John Dunsford led home third team for London Transport.

Once again we had a good turn out of Bels officials. Joe Coleman was Chief Judge, with Barbara Dunsford, Harold King, Bill True and Joe Wilson assisting. Charlie Jones and Derek Jones on recording and others as pointsmen. Results, of course, by Jack and Joan Goswell whose ability to produce the results so quickly is the envy of many. Behind the tea counter Brian Gorman and his small band of assistants. The biggest cheer of course to Carl, the organiser, who takes these things in his stride.

There was of course the Belgrave Timekeeper who had travelled up from the West Country and was calling times with a Balham accent.

Gordon Doubleday

1.P.Vesty (Leics) 49.56; 2.D.Jarman (SWC) 51.09; 3.A.James (Enf) 52.37;
4.R.Dorman 53.31; 5.C.Lawton 53.31; 9.J.Hall 54.26; 11.J.Newnham 54.56;
17.M.Scamell 56.44; 28.E.W.Hall 59.16; 36.E.Crossingham 60.42; 39.J.Dunsford
60.56; 41.R.Middleton 61.52; 43.R.Tanner 62.27; 44.J.Bromley 62.33;
61.D.Fotheringham 66.19; 71.J.keown 68.29;

Teams: 1.BELGRAVE 25; 2.Steyning 50; 3.Surrey W.C. 54.

DECEMBER 5th 1981 - BATTERSEA PARK - MET.W.C. 15 kms.

1.A.James (Enf) 69.20; 5.M.Scamell 75.11; 12.J.Bromley 82.59; 16.D.Fotheringham
87.08;

Teams: 1.Anglia 11; 2.Enfield 12; 3.BELGRAVE 23.

DECEMBER 28th 1981 - CORBY 10kms.

Cold, foggy and damp best describes this event, the field drastically reduced due to the bad weather, which was a great pity due to the obvious heavy sponsorship from the Big 'D' company.

Yet again it was Leicester's young P.Vesty who came home in front with Belgrave's three packing in behind (4 to score).

1.P.Vesty 44.10; 2.R.Dorman 46.24; 3.A.Trigg (Leic) 46.32; 4.C.Lawton 46.34;
5.J.Newnham 47.40.

JANUARY 1st 1982 - CITY OF LONDON 10Kms.

1.A.James (Enf) 44.59; 4.C.Lawton 45.43; 7.J.Newnham 47.36; 17.J.Keown 60.08.

JANUARY 2nd 1982 - BELGRAVE INTER CLUB 7 MILES

To use the excuse that the previous days meeting reduced the field would be far from the truth (6 competed in both) as would the clash of fixtures with the Met.Police match at Hayes (only 24 started). So have walkers lost interest?

1.C.Lawton 57.18; 2.J.Newnham 57.39; 3.M.Gleed (LV) 64.07; 4.P.Worth (Enf)
69.19; 5.J.Keown 72.58; 6.M.Worth (Steyning) 74.58; 7.W.Parsons (LV) 74.32;
8.P.Hastings (C.H.) 75.04; 9.C.Gittens 75.50; 10.F.Butler (LV) 76.41;

JANUARY 16th 1982 - BEXLEY - CAMBRIDGE HARRIERS OPEN 10Kms.

This re-arranged fixture failed to get a good turn out especially for an 'Open' but Belgrave did enough although only 5 starters. Paul Blagg won his first open and led the team home.

1.P.Blagg 44.49; 2.I.McCombie (C.H.) 45.09; 3.R.Bestley (Tonbridge) 45.32;
5.C.Lawton 47.33; 7.J.Newnham 49.00; 13.J.Dunsford 57.44; 17.D.Fotheringham
55.56.

Teams: 1.BELGRAVE 16; 2.SWC 33; 3.Cambridge H. 33.

JANUARY 23rd 1982 - BELGRAVE 10 MILES CHAMPIONSHIP

Paul Blagg showing form that should bring him his first senior international vest comfortably retained the Murphy Shield.

1.P.Blagg 72.28; 2.R.Dorman 77.56; 3.C.Lawton 78.53; 4.J.Newnham 78.58;
5.M.Scamell 85.59; 7.E.Crossingham 87.09; 8.R.Day 92.56; 9.S.Marshall 95.56;
12.J.Keown 101.09; 13.J.Morris 101.32; 18.C.Gittens 111.36.

FEBRUARY 6th 1982 - BATTERSEA PARK - LONDON VIDARIANS 10

Bels 'B' squad wins.

1.R.Sheppard (Anglia) 73.36; 2.R.Bestley (Tonbridge) 74.17; 3.C.Lawton 74.44;
10.J.Bromley 88.48; 13.D.Fotheringham 89.29; 21.J.Keown 95.43; 27.J.Morris 98.00

Team: 1.BELGRAVE 32; 2.Surrey W.C. 43; 3.L.V. 45.

FEBRUARY 13th 1982 - BATTERSEA PARK G.L.C. 10 MILES

Bels win again.

Despite yet again not being able to line up our best team, it was still strong enough to overcome opposition. Paul Blagg, who had only three days earlier won the Met.Police 10 Miles at Chigwell, could not hold off the final challenge from McCombie and so maintained last years position. In the closing stages Richard Dorman who had been with Carl Lawton all the way, broke away for 6th and John Newnham backed up for 4th man.

1.I.McCombie (C.H.) 71.06; 2.P.Blagg 71.22; 3.D.Jarman 71.39; 6.R.Dorman 74.44;
7.C.Lawton 75.09; 11.J.Newnham 78.35; 19.E.Crossingham 82.23; 22.J.Dunsford
85.30; 25.J.Bromley 87.28; 27.D.Fotheringham 88.10; 43.J.Keown 96.08; 46.J.Morris
97.22;

Team: 1.BELGRAVE 25; 2.Surrey W.C. 38; 3.Enfield 67.

FEBRUARY 20th 1982 - BASINGSTOKE - 10 MILES

Results: 1.P.Vesty (Leic) 69.49; 4.C.Lawton 74.37; 8.J.Newnham 77.05;
12.E.Crossington 80.10; 16.J.Dunsford 84.04; 21.J.Bromley

Teams: 1.Steyning 28 pts. 2.Bels 31; 3.Weymouth 41.

FEBRUARY 27th 1982 - AROUND THE COUNTIES

Belgrave had representatives in 4 counties, in Sussex John Hall, placed 5th in 79.19; at Luton John Dunsford, 4th 85.42 and Doug Fotheringham 7th in a combined Counties Championship; at Dartford, Paul Blagg was the only Belgrave winner, over 20km, in the Kent with 88.02 and in Surrey Belgrave could only turn out 5 starters with Richard Dorman 2nd 77.09 to Gordon Vale (SWC) 76.22; 4th J.Newnham 80.43; 5.C.Lawton 82.28; 12.J.Keown 100.08; 13.J.Morris 101.17; and as a result were beaten 17 to 23 by Surrey W.C.

MARCH 6th 1982 - BATTERSEA PARK - SOUTHERN AREA 10 MILES

Gordon Doubleday reporting:

Making my way to the start of the Southern 10 Miles it was good to see Frank Simmons - although associated with sprinting he is always interested in any event where Belgrave are concerned. An absentee was Harold King who was laid low with illness.

After a lap of the Park in the lead was Ian McCombie with Paul Blagg just behind, packing in was Richard Dorman and Carl Lawton and a battle for 4th place between John's Newnham and Hall.

McCombie came home winner in a sub 70 minute performance, but Paul, on an off day, slipped to 4th, but with solid packing Belgrave dominated, packing 5 in 12. Meanwhile, Charlie Jones had arrived to join Frank Simmons to watch Belgrave's win. Incidentally, this was the first race for 18 months that all the 1st Eight Belgrave had competed together.

Results: 1.I.McCombie (C.H.) 69.34; 2.A.James (Enf) 71.31; 3.A.Seddon (Enf) 71.44; 4.P.Blagg 72.21; 6.R.Dorman 73.36; 8.C.Lawton 75.57; 9.J. Newnham 76.41; 12.J.Hall 77.49; 23.M.Scamell 82.07; 27.E.Crossingham 82.17; 36.J.Dunsford 85.11; 44.D.Fotheringham 87.36; 57.J.Scamell 92.52; 68.J.Morris 97.07.

Teams: 1.BELS 22 pts. 2.Enfield 36; 3.Steyning 50.

MARCH 14th 1982 - IMBER COURT - MET. POLICE OPEN 11 KMS

Due to weather conditions, this event was postponed in January. On a fine March day Belgrave turned out in force to win and give a clean sweep of all the London "Opens". Paul Blagg won comfortably with Carl Lawton 3rd. With 4 home in 8 there was no problem.

Results: 1.P.Blagg 49.41; 2.G.Vale (SWC) 50.25; 3.C.Lawton 50.45; 6.J.Hall 52.12; 8.J.Newnham 52.33; 13.M.Scamell 55.43; 24.J.Bromley 59.13; 38.J.Keown 65.41; 45.J.Morris 66.56.

Teams: 1.BELS.17 pts. 2.Steyning 42; 3.S.W.C. 47.

At Bournemouth on Saturday 13th March, Carl Lawton placed 3rd to Steve Barry (Roath) 41.40 to 45.25.

At West London Stadium on 20th March in the AAA's 10Kms, won by Steve Barry (Roath) in a new U.K. best performance of 41.14.7, Richard Dorman was 10th 44.33.4; John Hall 16th, 46.57; John Newnham 18th 47.44.1.

BLAGG LEADS NATIONAL WIN

MARCH 27th 1982 - SHEFFIELD - NATIONAL 10M

Belgrave took a walking team to Sheffield and won. Basically that summed it up. On an "undulating" 6 lap course the continual changing of road inclines led to no less than 16 disqualifications - none to Belgrave. Paul Blagg proudly wore the colours for 3rd place behind winner Steve Barry and was backed up by Dorman, Lawton and Newnham. We had gone with a chance of medals but to win was something extra - 8 years since the last National 10 Victory but team work paid off. Misfortune struck Mike Scamell who, having caught his shoe and fallen heavily, had to be taken to hospital for treatment. In the Inter Counties in conjunction Surrey dominated, winning for the 1st time since 1965. Consolation to John Hall, who would have been in the winning team even if we had lost a man in front, he picked up a County medal for Sussex.

Results: 1.S.Barry (Roath) 68.01; 2.M.Parker (Brighton) 70.23; 3.P.Blagg 70.37; 10.R.Dorman 73.46; 16.C.Lawton 75.06; 19.J.Newnham 76.13; 24.J.Hall 76.58; 84.J.Dunsford 85.38; 99.D.Fotheringham 88.19; 113.J.Bromley 89.36; 146.J.Keown 96.67.

Teams: 1.BELGRAVE 38 pts. 2.Sheffield 59; 3.York Post 68.

Inter-Counties in conjunction

2nd P.Blagg.

Team: 1.Surrey (Vale,Dorman,Lawton,Easton) 43 pts. 2.Essex 57, 3.Sussex 69.

★ WITH THE LADIES

A much better season than in 1980/1981. More people lead by Joann Warnett, our Cross Country Captain, turned up for training at Wimbledon. There was more consistency especially among the Juniors, in turning out for races. The Juniors lead by Gail Porter, who has had a really excellent season, are showing promise and with a bit more encouragement, could do really well in the coming Track season. The weather has been really bad and has led to a disruption of winter training, especially at Battersea Park on Sunday mornings.

The circuit training sessions at the George Shearing Centre in Clapham Junction were disappointing in that they were not well attended and the Hall was not really big enough.

The Track athletes at Battersea Park have been suffering from the lack of a suitable coach and it is to be hoped that the attempts to get coaches which are now being made will have some success.

Battersea Park looks really empty when no one is there and surely there must be someone who would be willing to help.

In conclusion, I would like to thank Harry Porter for all the aid and assistance that he has given me during the winter and to Joann Warnett for her efforts in getting teams to run. Joann may not be the greatest runner there is, but she is always in there trying (very) and setting an example.

We now look forward to the coming track season with a certain amount of hope in that we should have a few more Juniors than we had last year.

The ladies could still use help and guidance at Battersea Park track on Sunday mornings. I can't believe that in a Club of this size there is no-one who would not be willing to help. It means a lot of hard work and spare time, but immense satisfaction in knowing that a good job has been done.

Ladies Secretary **Derek Jones**

OCTOBER 10th 1981 - BROCKWELL PARK - SURREY WOMENS ROAD RELAY

A big disappointment. Two good teams (Seniors and Inters) were entered. Unfortunately only one runner (Ruth Sinclair) managed to get to the Venue. Illness, injury (stress fractures) and other arrangements being made all helped to the chaos. The fact that it was pouring with rain most of the time did not help either.

Ruth Sinclair ran her leg of the Relay in 12.26 and came through in 8th place.

NOVEMBER 7th 1981 - OTTERSHAW - SURREY WOMENS CROSS COUNTRY LEAGUE

A pleasant day which was just as well because our transport was unavailable. The journey involved 2 changes of train, a bus ride and a walk of about a mile to the venue.

Juniors: 1.E.Clarke (Herc.Wimb) 9.54; 22. Gail Porter 11.22; 56.Alison Jones 13.44; 58. Tracey Biggs 14.17. 60 Finished.

Teams: 1. Mitcham 45 pts. 10.BELGRAVE 139 pts.

Inters/Seniors: 1.A.Bott (Woking) 15.06; 37.Joann Warnett 18.17; 38.Tina Jordan 18.27; 40.Annie Briggs 18.29; 51 Finished.

Teams: 1.Mitcham 40 pts. 11.BELGRAVE 156 pts.

NOVEMBER 19th 1981 - MORDEN Park - WANDSWORTH SCHOOLS CROSS COUNTRY CHAMPS.

Juniors: 1.Gail Porter 13.30; 2.Denise Mitchell 13.53; 15.Tracey Biggs 15.00;

Teams: 1. Elliotts 'A' 59 pts. 3.Elliotts 'B' 133 pts.

Gail, who is a very self-assured young lady is Elliotts Junior Cross Country Captain and just missed beating the course record by 8 seconds.

NOVEMBER 25th 1981 - HAINAULT FOREST - LONDON SCHOOLS CROSS COUNTRY CHAMPS.

Juniors: 7. Gail Porter 10.Denise Mitchell 83.Tracey Biggs.
242 Finished.

Teams: 3. Wandsworth

After leading Elliotts to victory the previous week, all the above did very well to bring home the Wandsworth team for the Bronze Medal place.

DECEMBER 5th 1981 - EWELL COURT - SURREY WOMENS CROSS COUNTRY LEAGUE

A very good turn out of Juniors.

Juniors: 1.E.Clarke (Herc.Wimbl.) 11.51; 22.Gail Porter 13.10; 40.Janet Johnson 14.09; 67. Tracey Biggs 16.06; 68. Alison Jones 16.09; 71st Victoria Johnson 17.07. 75 Finished.

Teams: 1. Mitcham 45 pts. 9.BELGRAVE 145 pts.

Inters/Seniors: 1.D.Wilson (Mitcham) 13.38; 42.Joann Warnett 16.25.
58 Finished.

Teams: 1. Mitcham 15 pts. 12.BELGRAVE 185 pts.

DECEMBER 12th 1981 - MORDEN PARK - SURREY WOMENS CROSS COUNTRY CHAMPIONSHIPS

Held on a clear, crisp and very cold day, the races were run in ankle deep snow. Some parents did not allow their children to run and so we ended up with just 3 competitors.

Juniors: 1.E.Clarke (Herc.Wimbl.) 10.26; 27.Gail Porter 11.45; 49 Finished.

Teams: 1.Epsom & Ewell 40 pts.

Seniors: 1.R.Disley (Haslemere Border) 18.10; 29.Annie Briggs 23.42;
31.Joann Warnett 24.25. 33 Finished.

Teams: 1. Haslemere Border 10 pts. (1, 3, 6)

JANUARY 1982 - CAMBERLEY - SURREY WOMENS CROSS COUNTRY LEAGUE

Due to adverse weather conditions (9 inches of snow on the course) which made travelling conditions treacherous, the Organisers decided to cancel the meeting.

JANUARY 16th 1982 - WIMBLEDON COMMON - BELGRAVE HARRIERS LADIES
CROSS COUNTRY CHAMPIONSHIPS

A much better turn out than last year. Luckily most of the snow and ice had disappeared, but unfortunately had been replaced by mud and a lot of water.

Juniors (1½ miles): 1.Gail Porter 18.05; 2.Suzanne Jordan 22.58;
3.Tracey Johnson 23.02; 4.Rebecca McCrane 24.07;
5. Heather Sterry 25.07.

Seniors: (2½ miles) 1.Wenche Tyse 19.16; 2.Joann Warnett 22.26;
3.Tina Jordan 25.36.

JANUARY 23rd 1982 - MORDEN PARK - MITCHAM A.C.PRESTIGE LADIES CROSS COUNTRY RACES

This was the 10th running of this very well organised meeting, but only the first time Belgrave Ladies had taken part. A record entry (over 600 competitors) in a very muddy Morden Park.

Juniors: 1.J.Rudolp (Medway) 9.08; 64.Gail Porter 10.45;
115. Suzanne Jordan. 119. Tracey Johnson. 120 Finished.

Inters: 1. Z.Todd (Parkside) 11.10; 44.Tina Jordan 15.50; 49 Finished.

Seniors: 1.T.Purton (Cambridge) 16.46; 42.Wenche Tyse 20.00.
63.Joann Warnett 23.27; 69 Finished.

JANUARY 28th 1982 - HAINAULT FOREST - LONDON BOROUGHS CROSS COUNTRY CHAMPS.

Juniors: 6.Gail Porter. 11.Denise Mitchell.

Teams: 3.Wandsworth

Congratulations to Gail Porter who, as a result of this result, has been selected to run for London in the English Schools Cross Country Championships at Nottingham at the end of March.

FEBRUARY 27th 1982 - BROCKWELL PARK - SURREY C.C. LEAGUE

Girls: 1.J.Wood (R & R) 8.39 ... 90.Tracey Johnson 11.58.

Final Team Positions: 1.Mitcham 51 pts.... 15.BELGRAVE 234 pts.

Juniors: 1.H.Avila (S & C) 10.17 ... 16.Gail Porter 11.30, 32.Susan Jordan 12.33.

Final Team Positions: 1.Mitcham ... 12.BELGRAVE

Seniors: No Belgrave Finishers

Final Team Positions: 1.Mitcham 11.BELGRAVE

FINE DEBUT

FEBRUARY 24th 1982 - CRYSTAL PALACE - S.C. OPEN MEETING

Brenda Davis running her first ever 800m recorded a fine time which promises a lot for the future.

Int.Ladies 800m: 7th Brenda Davis 2.35.1.

LONG TRAVEL FOR LEAGUE MATCHES

WOMENS SOUTHERN LEAGUE DIV.3 (N.E.)

Although prepared to host 1 or possibly 2 home meetings, we find ourselves travelling around. Well - you get to see England that way.

April 17th - Newham Avenue, Bedford	-	Bedford, Chelmsford, Essex Beagles, Huntingdon.
May 8th - Hornchurch Stadium	-	Havering, Herne Hill, Norfolk O. Watford.
June 19th - Sutcliffe Park, Feltham	-	Cambridge Harriers, Colchester, Peterborough, East Grinstead.
July 24th - Milton Road, Cambridge	-	Cambridge & Coleridge, Nene Valley, Milton Keynes, Highgate.
August 21st - Erith Stadium	-	Bexley, Hertford & Ware, Braintree, East Kent.
Sept. 4th - Battlebridge Stadium (!!!) Redhill	-	Surrey Beagles, Parkside, Diss, Tonbridge.

LILY B LEAGUE DIV.3

(For Girls & Juniors only)

4 Matches against the same 5 Teams

Aldershot Farnham & District 'B', Dorking St.Pauls, Guildford & Godalming

Hercules Wimbledon, Herne Hill Harriers.

May 29th BATTERSEA PARK - (our home fixture, support & help welcome)
 June 26th GUILDFORD
 July 17th GUILDFORD
 SEPT.11th WIMBLEDON PARK

If any one wishes to support the teams at any of the away fixtures, please contact me. We may be able to arrange a space on the coach.

Derek Jones

APRIL 4th 1982 - BATTERSEA PARK - INTERCLUB

This early season meeting was not too well supported and we were fortunate to finish 3rd.

Team Results: 1.Surrey A.C. 188 pts; 2.Surrey Beagles 148; 3.BELGRAVE 124;
 4.Merton Ladies 123.

Belgrave's Winners were; Seniors: 800m (A) Brenda Davis 2.37.4;

L.J. (A) Jackie Barclay 5.10.

Juniors: 1500m (A) Susan Jordan 5.40.0; 1500m (B) Gail

Porter 5.45.5; 80m H (B) J.Johnson 15.6.

**STOP PRESS**

Harry Porter has joined Derek Jones in promoting the fortunes of our ladies with incredible success. After only 1 months efforts many new youngsters have been recruited from Wandsworth Schools. The test was our first Southern League Div.3 Match on April 17th at Bedford and **WE WON!!**

Results: 1.BELGRAVE 166½ pts. 2.Huntingdon 151; 3.Bedford 141;
 4.Essex Beagles 116; 5.Chelmsford 108½.

Also congratulations to Gail Porter who finished 207th in the English Schools Cross Country Championships.



VETS. CORNER

NOVEMBER 1st 1981 - K.L.G. PUTNEY - VETS A.C. S.M.C.C.

1.A.Mineyko 27.40; 2.P.Elliott 27.55; 3.C.Lambert 28.12;
Bels Positions: 14.W.Laws 29.53; 20.C.Walker 30.19; 22.L.Mann 30.45
 57 Finished.

NOVEMBER 7th 1981 - HILLINGDON - VETS A.C.

1.L.O'Hara 26.06 (Bels). 2.P.West 27.44; 3.T.Everitt 28.37.

SURREY C.C. CHAMPIONSHIPS

NOVEMBER 14th 1981 - BROCKWELL PARK - SURREY COUNTY VETS.CROSS COUNTRY CHAMPS.

Pat O'Connor followed up his win in the first official Surrey Veterans C.C. Championship last year with victory over a field of 100 at Brockwell Park. Belgrave were well represented with 12 runners.

Mike Bott (2.29.56) in the London Marathon and John Froud led for the first of the three hilly laps. Then O'Connor hit the front to stay, with Froud always in close pursuit. Despite Pat taking the individual title, the team honours went to Herne Hill, with their three scorers crossing the line by seventh position. Anyhow, Pat was well backed up by Frank Barrett (in his first veteran outing) and Lionel Mann for Bels to take second place.

Bels O/50's (Charlie Walker, Charlie Henn and Joe Dooley) withstood Waverley's challenge to take first place.

Results: 1.P.O'Connor 37.02; 2.J.Froud (Woking) 37.05; 3.C.Lambert (Epsom) 37.29; 15.F.Barret 39.01; 17.L.Mann 39.07; 21.W.Laws 40.23; 25.R.Kersey 40.42; 26.C.Walker 40.45; 37.C.Henn 41.54; 42.E.Stroud 42.22; 51.J.Dooley 43.57; 54.E.Thorpe 44.15; 87.R.McMullen 50.48; 94 Finished.

Teams: O/40 - 1.Herne Hill 18 pts; 2.BELGRAVE 29 pts. 3.Epsom & Ewell 38 pts.
 O/50 - 1.BELGRAVE 18 pts; 2.Waverley 22 pts; 3.Ranelagh 36 pts.

John Wasbrough

SOUTHERN C.C. CHAMPIONSHIPS

FEBRUARY 6th 1982 - BEDFORD PARK, ROMFORD - SOUTHERN VETS CROSS COUNTRY

Only six Bels turned out for the Southern Vets cross-country title, over a hilly and muddy course at Bedford Park, Romford. In the O/40 race, our three representatives were well spread out in a field of 260 plus, none of them could master the heavy and hilly conditions.

Results: 1.T.Davies (Aldershot) 32.38; 2.P.Standen 33.04; 3.S.Warzee 33.11; 80.J.Wasbrough 38.25; 95.R.Kersey 38.59; 144.T.Hart 40.49. 248 Finished.

Charlie Walker gave a good account of himself in the over 50's race. He completed the tough 10,000 metres course in 39 mins 42 secs, less than 2 minutes behind the winner. Arthur Bruce, like so many, found the course heavy going, and he had to retire after losing a shoe.

Results: 1.C.Burton (Portsmouth) 37.46; 2.R.Harrington (Ex B) 37.49; 3.G.Standen (Unattached) 37.51; 13.C.Walker 39.42.

Team O/40 - 1.Hastings 30 pts. 2.Cambridge H 37 pts. 3.Ealing & Southall 60 pts. 28.BELGRAVE 319 pts.

FEBRUARY 7th 1982 - WIMBLEDON - CHALLENGE MATCH BELGRAVE VETS v. BLACKHEATH VETS

Seventeen Belgrave Vets turned out for their Challenge match with Blackheath Harriers on Wimbledon Common. Lionel Mann returned to form to lead Bels home in a 4-a-side match. Charlie Walker, Clive Shippen and Charlie Henn all finished strongly to give our over 50's team a healthy look in the races lying ahead.

Results: 1.L.Mann 33.25; 2.R.Kersey 33.33; 3.J.Wasbrough 33.43; 5.C.Walker 34.43; 7.C.Henn 35.29; 8.C.Shippen 35.54; 9.D.Davies 36.00; 10.W.Laws 36.15; 11.V.Miller 36.31; 13.J.Davies 39.08; 14.W.Couzens 39.50; 15.E.Thorpe 40.16; 16.J.Plummer 42.13; 17.D.Gordon 42.23; 18.G.Pearson 42.50; 19.C.Manning 43.41.

FEBRUARY 21st 1982 - HILLINGDON - EXPRESS 5

1.J.Goater (Shaft) 23.01; 2.M.Cauldwell (AFD) 32.23; 3.S.Kenyon (Salford) 23.45.

Vets: 1.Avis (Cambs) 25.33; 2.Polgreen (Oxf) 26.01; 3.L.O'Hara (Bels) 26.03.

VETS NATIONAL

On March 14th at Parliament Hill Fields our o/40 team finished 20th and our o/50 team finished 6th. o/40 98. L.Mann 33:39, 134. F.Barrett 34:32, 147. J.Wasbrough 34:45, 149. R.Kersey 38:47, 152. T.Hart 34:52. o/50 53. C.Henn 36:03, 55. C.Walker 36:07, 62. C.Shippen 36:41, 138. D.McMullen 44:41.

New vet members Tony Stone finished 250th in the Winchester 1/2 Marathon in 1.37.04.



Our 1982 Vets team (excluding stars Laurie O'Hara and Pat O'Connor) and officials

TRAVEL COSTS

This year's travel bill to away meetings will be unusually large, particularly because the ladies section have 9 away matches. In order to help defray travel costs all travelling members will be asked to pay towards coach costs. Your Committee has recommended a fixed charge of £2 for seniors and £1 for everyone else. If you wish to contribute more, please feel free!!

LETTERS TO THE EDITORMore on Battersea Park Track

Dear Bill,

May I congratulate you on the No.203 edition of the Belgravian although most of the names are unknown to me, I read every word, its really a life line to those like me, out in the sticks.

I would refer in this respect to the article - Where are they now? by Gordon Doubleday.

I well remember running on the three lap track at Battersea, the hundred yard straight started from the first bend, the track of cinders was like a dust bowl after two or three days dry weather. The hundred yards was laned by iron spikes having loops on top through which was threaded white tape, usually 2/3 ft.high.

The club always held a Spring Meeting (open and club events) usually on the last Saturday in April, for the meeting held on April 30th 1927, we had the following races and entries - Open Hundred Yards Handicap, entries 83; Club 100 yds Handicap, 28 entries; for the 880 yds. Open Handicap, 116 entries, for a 1-Mile Open Novices, 26 entries; a 300 yd. Open Handicap, 86 entries; 26 entries for a One Mile Club Handicap; 2-Mile Club Handicap Walk, 31 entries; Club Long Jump 4 entries; altogether a total of 400 entries, the programme was priced at three pence (old money). I have the programmes for 1927/8/9. I believe the last such meeting was held in 1929.

Of those members named in the pre 1938 list, they were entered into their respective events - K.B. O'Kell, A.E. Duffett, L.L.King, F.R.Webb (Ashcombe A.C.) and myself.

My earliest programme is dated August 26th 1926, this is for a Club Handicap Meeting, four events, 89 entries, only three entries from the 1938 list - A.E.Duffett, L.L.King, and myself.

Regards to all,

Yours sincerely,

TOM MORRELL

OTHER BATTERSEA PARK TIT-BITS OF THE 20's

When the track was not available, in the 1920's Belgravians would train round the gas holder, at the Battersea Gas Works, behind the Battersea Dogs Home, on a cinder path.

In the 20's and 30's Belgrave always had a large crowd of spectators at all our meetings, practically all round the railings, and two or three deep along the straight.

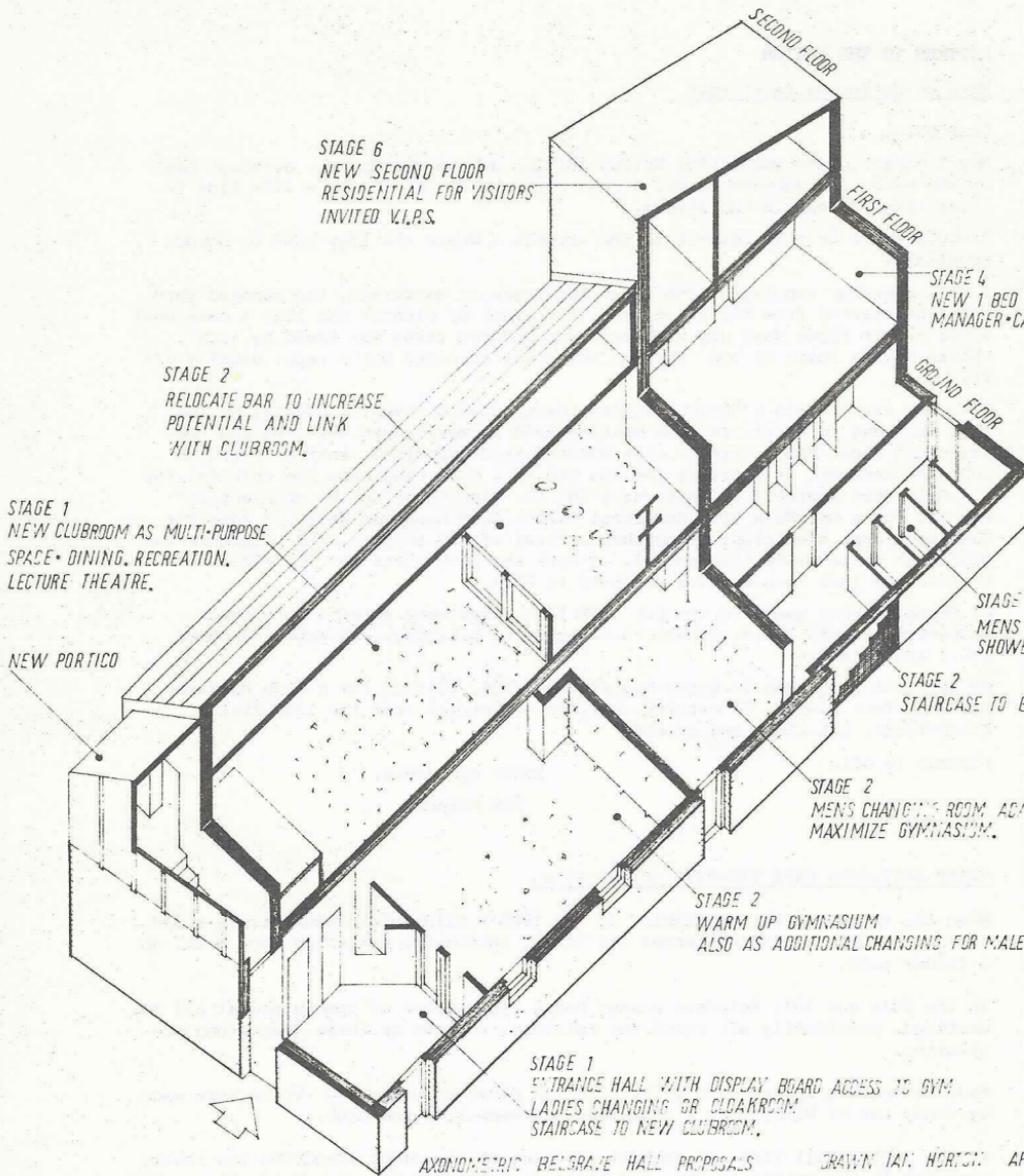
Made to measure spikes were £1.2. 6./£1.13 pence (new money). These were made by Sandy Law of Wimbledon, a shoemaker and member of the club.

In the 1920's Bill Fish was general factotem of the club, preparing the track, knocking in the spikes to tape the lanes in the hundred. He would also guard the gate to prevent unauthorised people coming on to the centre of the track. He would also sell programmes.

Those better off would have a massage after training, cost 1/- (5p new money). At one time the then new dressing room had three tables.

EDITORS NOTE

I am always delighted to receive any anecdotes on the past, especially pre-1925! In particular we greatly value receiving old photographs - So why not turn out the loft and send in your memories.



BELGRAVE HALL DEVELOPMENT PLAN

The Belgrave Hall Working Party, The Finance Committee and the full Belgrave Committee have all unanimously agreed - **WE SHALL PROCEED WITH THE DEVELOPMENT OF BELGRAVE HALL.**

Ian Horton has prepared the plans summarised in the facing layout drawing. It is proposed to embark as quickly as is financially expedient with the construction of Stages 1 to 3 which will entail the following :-

STAGE 1 Will include completing the installation of the first level floor. This will effectively divide the Hall into 2 levels which can be separately used. Access to the first floor will be via a new staircase housed in a new portico the front of the Hall. The upper level clubroom will be available for uses such as lecture hall, recreation room and dining room. It is intended to increase the daytime lettings to generate further revenues. The bar will be re-oriented and the adjacent area enlarged by removing the ladies showers and toilets to the ground floor level at the front of the Hall.

STAGE 2 An entrance hall will be created with cloakroom facilities and a multi-purpose gymnasium will be formed by the construction of a dividing wall separating it from the mens changing rooms. The gym will incorporate a multi-purpose weight training facility. The provision of new access doors will allow the changing rooms to be opened for training throughout the day thereby considerably improving the benefit to members.

STAGE 3 The scheme will be completed by modifying the mens showers and toilet facilities.

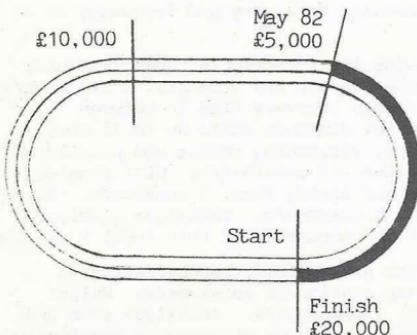
THE COST

Our best estimates indicate the total cost of Stages 1 - 3 of the scheme will be around £25,000. We hope to obtain a low interest loan of £5,000 and intend to raise £20,000 mainly via our own efforts. Our Committee has assigned £5,000 from reserves and a series of fund raising activities have been planned.

THE TIMESCALE

With low prices currently available for building projects of this kind early construction is desirable. However it is important not to lose revenues currently generated by lettings and so August represents the best time for building. Funds cannot be raised by August this year and so the earliest practical construction date has been set as August 1983. This is our target date.

THE ONE LAP MONEY TARGET



Our 'one lap' (400 m) target presents a good visual measure of the state of fund raising. At £50/metre we need one lap or 400m to reach our target of £20,000. So every £50 will move us 1 metre towards the finish. Already we're at the 100 m mark. We ask all our members to help in the fund raising activities which will be announced soon.

A master 'lap' card will be on display at Belgrave Hall and any direct contributions will be entered and acknowledged. So why not buy a metre for Belgrave? Our Treasurer, Jim Heathfield, will be pleased to receive all contributions. (See Editorial Page for address)

SPOTLIGHT — ERNEST OBENG



The power of Ernest's sprinting is beautifully captured in this photo by Eileen Langsley.

Born: April 1956
Height: 1.67m
Weight: 65-68 kg
Coach: Malcolm Coomber 1977 until present.

Career: Completed M.Sc. degree in Agriculture at Reading University 1981 at present unemployed.

Other Interests: Carribean influenced music.

Athletic Statistics:

60m p.b.	6.73s	1978
100m p.b.	10.21s	1980, 1981
200m p.b.	20.99s	1979
400m	1 relay leg!	

Most pleasing performance:
 I'm still waiting.

Annual progressions:

100m		200m
1977	10.74s	Not much
1978	10.29s	progress
1979	10.31s	
1980	10.21s	
1981	10.21s	

Athletic dislikes: (a) Drug taking, pill popping, pseudo track and field athletes - (b) Athletes being manipulated by whatever form of authority for ends other than those of athletic fulfilment.

Comments and advice: Would like to see more facilities and interest in Athletics particularly all weather undercover area at Battersea Park. Advice to developing athletes: Don't expect results to come easy or quickly. It will take time because you are developing anatomically physiologically and psychologically. So be patient. Also don't take too much advice from others. The sport is such that there are many new and novel ways to try. The problem lies in finding a suitable method you believe in and which works for you.

Typical training: (given as kind of session intensity and frequency of session per week).

Winter: Weight training - one heavy one light session/w. Jump sessions; hopping and bounding for distance form and strength, 2 sessions/w. Over distance 3 x 300m with ample recovery time in between - 1 session/w. Jogging for time not distance build up to 1½ hours 1 session/w. Mobility session, stretching active and passive various yoga exercises and manipulations - 2 sessions/w. Hill running concentrating on drive phase and spring form. 1 session/w. Harnessed running (drive and technique) 1 session/w. Technique sessions, sprint technique development and endurance at this level 2 sessions/w.

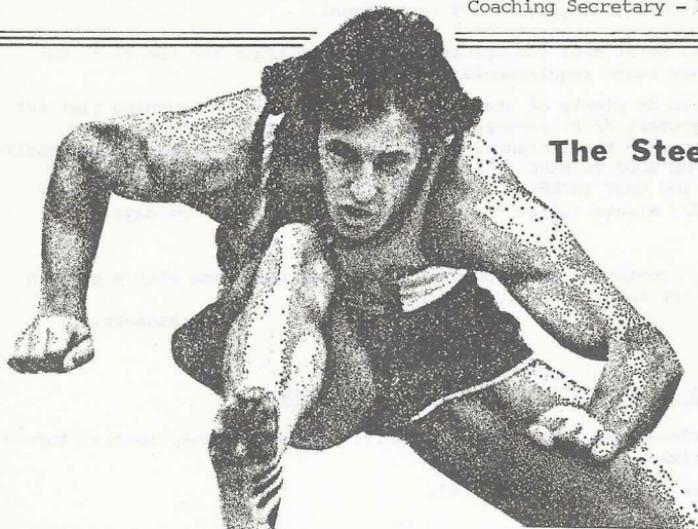
Pre-Season: 150 metre runs as many reps as possible, concentrating on technique and form. 1/w. Jump sessions 2 sessions/w. Weight looking for faster movements, 2 sessions/w. Technique form and style adhered to specific areas worked on at speed, 2 sessions/w. mobility sessions 1/w.

Season: Weight session - fast and explosive only at beginning of season 1 session/w. Mobility session 1/w. Technique session starts mid-race and race etc. 3 sessions/w. Jumping session explosive 1 session/w.

Coaching Scheme

It is hoped to repeat our Masters Coaching Scheme again this year and to supplement it with visits to Schools. Importance continues to be placed on special sessions for technique events to be held at Battersea Park on selected Sunday mornings through the summer. Details of these will be circulated by either myself or T & F Secretary, Leo Coy.

Coaching Secretary - Bill Laws



The Steeplechase

By
John
Bicourt

Steeplechasing is a specialist event. It is essential but not sufficient to be a good flat runner. The better your technique the nearer to your potential you can run. You should be no more than 12-15 secs off your best 1,500 flat time, over the jumps (26-30 secs for 3k s/C.)

If you don't practice hurdling you won't be very good at it. Do it at least twice a week. Once at the end (and beginning too) of a flat session and once as a main session where you try to run sections of the race distance at ideal racing speed.

Begin by running short distances many times. As you become accustomed to the effort of clearing hurdles reduce the reps and increase the distance, e.g. 10-20 x 100m over three hurdles at race speed 6-12 200m over four same speed 4-8 x 400m five hurdles 3-6 x 600m 5 hurdles on lap 2-4 x 800m 1-3 x 1,000m. Recover same distance run. The aim is to run strongly and within yourself and at a constant pace. **ONLY GRADUALLY INCREASE** the distance over a period of weeks. Naturally you may want to run an occasional long rep. to help give you the feeling for the race. But there is no point in struggling around a 1,000m if after 400m you are hopelessly tired and your technique is blown!

NEVER set off too fast in the 'chase. You will pay for it dearly in the later stages. A steady, even pace, will pay dividends at the finish. More people 'die' in the steeplechase than in any other track event. **DO NOT RUN 3,000m S/c** if you are a youth or first year junior you will do more harm than good.

Practice water jumping only over a full water jump. Start 30m out and run 30m beyond. Be committed, accelerate into it - your increase in speed helps to carry you over the twelve feet - keep low, drive hard off the far side of the bar, leave the driving foot on the bar as long as possible (so you make a big stride in the air) and don't stop for a rest when you land! **ONCE YOU CAN COMFORTABLY CLEAR THE WATER JUMP** - only one foot should get wet - you can take the jump in your longer reps. Remember when clearing water jump and hurdles to keep your arms in the running action don't throw them up all over the place. **PRACTICE, PRACTICE, PRACTICE.**

Before all track sessions and particularly for hurdling do ten - 15 minutes stretching. You'll be surprised how much it helps you. Do them too at home when ever you can. Good flexibility and mobility are essential to maximum performance.

Steeplechasing is a technique event just like any of the jumps or throws. Only the most exceptional flat runners have any kind of success without proper preparation. Assume that you are NOT exceptional.

I cannot at this point tell you specifically how to train for the flat, but take note of some basic requirements:

Even in season do plenty of steady, easy running // when running flat out have good recovery // at race-pace speeds you can reduce the recovery until you increase the distance. Make all interval/rep training progressive. YOU STRESS THE BODY TO MAKE IT ADAPT TO THE DEMANDS, ONCE IT CAN HANDLE THE DEMANDS YOU MUST INCREASE THE STRESS TO LIFT IT TO A HIGHER LEVEL OF PERFORMANCE // Always follow 'hard' sessions with one or two days easy running.

Have a regular, consistant and progressive training programme with a goal in mind ... then work towards it ... good luck.

John Bicourt.

MARCH 14th 1982 - CANVEY ISLAND - BRIT/AMER. MARATHON.

Despite indications that the course was short, two of our newer members turned in creditable times.

John Tee 2.36; M.Nouch 2.43.



Early leaders in the Championship 5 3/4. New member Oliver Foote (52) follows Alister Horton (49) who shields second place man David North.

PHOTO : BILL LAWS

YOUNG ATHLETES

Ian Horton who has now taken over the management and secretarial duties of the Colts, boys and youths reports below on his first winter's efforts. Unlike previous reports, Ian prefers to sub divide the reports as part of his policy of building up team spirit in the various age groups. Ian is particularly keen to emphasise the need for all individuals to support each other and the teams at all times.

COLTS

Loyalty and team spirit have been most easily engendered in our increasing number of colts.

It is not surprising, therefore, that the best team results and overall individual results have been achieved in this section, when the lads willingness to race has provided the option to compute 4 out of any 8 runners and often fielding two teams. Both leagues found us in the exalted company of talented neighbours, including Mitcham, Walton, Cambridge, Dartford, Elliot etc. All turning out their strongest teams. It was satisfying, therefore that our Colts held their own to finish 8th overall in the Herne Hill League and 4th in the North Surrey League in front of Waverly, Sutton and Cheam, Collingwood and S.L.H.C. While this was down to team performance, one should not diminish the individual efforts of Garry McGurren who finished 7th overall individual in the Surrey League, 16th in Surrey Championship, 1st in Club Championship and 1st in the Points Scheme. Adam Horton with 100% attendance throughout the season always in first 3 scoring places, second in the Club Championship and second in the Points Scheme. Finally, Justin Caines 3rd in the Club Championship and 3rd in the Points Scheme and with another year in the Colts section, he will provide a name to remember.

This season we have also had our share of new promising youngsters joining this section, two of whom David Dyson and Dan Steward have already made their mark by contributing to our best result at Canvey Island. Below are a selection of races to illustrate the results of the strategy.

OCTOBER 3rd 1981 - BROCKWELL PARK - HERNE HILL LEAGUE. MATCH 1 - 2 MILES

(5 to score)

Individual winner C.Lucas, Dartford 12.46;
Bels A.Team 31.A.Horton 14.05; 40.J.Caines 51.M.Davies
56.P.Whiston 61.J.Mann.

Teams: 1 Mitcham 11 BELGRAVE

OCTOBER 17th 1981 - WIMBLEDON COMMON - SURREY C.C. LEAGUE 2 MILES

(5 to score)

Individual winner N.Watkins, Camberley 15.54;
Bels Positions: 13.G.McGurren 18.11. 25.A.Horton 32.P.Lynch 43.P.Whiston
49.R.Brahaw 55.J.Coy 57.M.Davies

Teams: 1.Mitcham 5.BELGRAVE

DECEMBER 5th 1981 - WIMBLEDON COMMON - CLUB CHAMPIONSHIPS - 2½ MILES

1st G. McGurren 18.01 GOLD 2nd A.Horton 19.35 SILVER
3rd J.Cairnes 20.02 BRONZE

JANUARY 2nd 1982 - WIMBLEDON COMMON - SURREY C.C. CHAMPIONSHIPS

Individual winner N.Watkins, Camberley 14.07;

Bels Positions: 20.G.McGurren 15.45; 32.A.Horton 50.M.Davies. 56.P.Lynch

Teams: 1.Mitcham 9.BELGRAVE

JANUARY 23rd 1982 - BROCKWELL PARK - HERNE HILL LEAGUE

Individual Winner: J.Adams,Blackheath 18.10.

Bels: 55.J.Woolford 60.K.McHugh 63.K.Sexton 66.R.Mann

Teams: 1.Blackheath 83 pts. 4.BELGRAVE 320 pts.

JANUARY 23rd 1982 - BROCKWELL PARK - HERNE HILL LEAGUE - MATCH 3, 2 MILES

A Team. Individual Winner M.Stickles Elliot 12.33.

Bels Positions: 14.G.McGurren 13.45; 31.D.Steward. 35.A.Horton 37.J.Caines
45.M.Davies.

Teams: 1.Dartford 35 pts....7.BELGRAVE 162 pts. Overall 1 Dartford
8.BELGRAVE.

B Team - Individual Winner A.Good,Mitcham 13.46.

Bels Positions: 35.M.Scanner 17.13 39.J.Mann 40.G.Thorpe 43.S.Brant

FEBRUARY 28th 1982 - CANVEY ISLAND

(3 to Score)

Individual Winner D.Dyson,Belgrave (2nd Claim).

Other Bels Positions: 10.G.McGurren 30.D.Steward 35.J.Caines.

Teams: Bels 4th Team Prize

BOYS

The Boys Section provides several names for mentioning:- Simon Beaumont as a first year gained a creditable 19th in the Surrey Championships and Gold in the Club Championship. John Neillis, another freshman, improving rapidly in leading our team home on a number of occasions with a silver in the Club Championships and first in the Points Scheme.

James Biesty, already a specialist trackman over 1500 metres, but finding Cross Country requiring a different technique, persevered to produce a number of creditable and consistent results. I was also pleased to see Robert Mann nip in for the bronze in the Club C.C. as one of the band of very hard working boys who again persevere, often without immediate success. Nevertheless having learnt the important lesson that effort will attract its own reward.

OCTOBER 3rd 1981 - BROCKWELL PARK - HERNE HILL LEAGUE MATCH 1, 3 MILES

(5 to Score)

Individual Winner: P.Hennessey-Medway 17.36; Bels 43. J.Biesty 19.18.

57.J.Neillis; 78.R.Mann 86.G.Pearson.

NOVEMBER 1981 - CARSHALTON PARK - SUTTON & CHEAM RELAYS

Combined Boys & Colts - 4 x 1 Mile

Winning Team: 1.Mitcham A.C. 22.51; Bels 13.

S.Beaumont (B) 5.41; G.McCurren (C) 6.09; J.Caines (C) 6.46.

J.Biesty 6.00

DECEMBER 5th 1981 - WIMBLEDON COMMON - CLUB CHAMPIONSHIPS 2½ MILES

1.S.Beaumont 17.22. GOLD. 2.J.Neillis 17.46; SILVER. 3.R.Mann 20.29 BRONZE

JANUARY 2nd 1982 - WIMBLEDON COMMON - SURREY C.C. CHAMPIONSHIPS - 2½ MILES

(4 to Score)

Individual Winner M.Jones A.F.D. 15.37. BELS 19. S.Beaumont 17.10.

21.R.Addison 34.J.Biesty 61.J.Neillis.

Teams: 1.Aldershot,Farnham & Dist.A.C. 17 pts. 5.BELGRAVE 103 pts.

YOUTHS

This section has been the least successful in terms of overall team results. A high proportion of races we were unable to choose a team due to the lack of strength in depth referred to earlier. What is more it is unlikely there will not be a dramatic improvement next year as there are no second year boys moving up to plug the gaps. Therefore, we welcome the arrival of John Warren, who will prove an important team member in our push for future club honours.

There have been some good individual achievements, Michael Blackmore was 16th in the Surrey Championships, 6th in the Surrey League, Gold in the Club Championships, and in the points scheme, until injury then prevented further progress. Andrew North returned after sickness to make a late season improvement in form with good performances in league races, 2nd in the Club Championships and 1st in the Points Scheme. Simon Pritchard has run consistently to take 3rd place in the points scheme. Alan Lammas producing solid results in a number of the league races and 3rd in the Club Championships.

OCTOBER 17th 1981 - WIMBLEDON - SURREY LEAGUE

(Combined Boys & Youths) (5 to Score)

Individual Winner R.Vassall, Waverley 15.35.

Bels: 22.S.Beaumont (B) 16.59; 24.M.Blackmore 25.C.Frater 26.S.Pritchard
36.A.Lammas 40.J.Biesty (B) 46.J.Neillis (B).

Teams: 1.S.L.H. 32 pts. 6.BELGRAVE 131 pts.

OCTOBER 25th 1981 - KINGS PARK - BOURNEMOUTH C.C. 3 $\frac{3}{4}$ MILES

Bels. Score: 13.Joe Davis 21.30 17.M.Blackmore 27.A.North

Teams: 1.Havering A.C. 15 pts. 5.BELGRAVE 57 pts.

NOVEMBER 14th 1981 - BROCKWELL PARK - HERNE HILL LEAGUE, 4 MILES

Individual Winner R.Farish, Blackheath 21.36.

Bels Positions: A.North 25.09; 32.S.Pritchard.

NOVEMBER 28th 1981 - RICHMOND PARK - SURREY LEAGUE

(Combined Youths & Boys)

Individual Winner R.Vassall, Waverley 13.40;

Bels Positions: 6.M.Blackmore 14.13; 19.A.North 31.S.Pritchard
32.A.Lammas.

Teams: 1.Waverley 45 pts.... 5.BELGRAVE 109 pts.

DECEMBER 5th 1981 - WIMBLEDON - CLUB CHAMPIONSHIPS

1.M.Blackmore 15.54 GOLD

2.A.North 16.05 SILVER

3.J.Davis (2nd Claim) 16.21

3.A.Lammas 16.58 BRONZE

JANUARY 2nd 1982 - WIMBLEDON COMMON - SURREY C.C. CHAMPIONSHIPS - 4 MILES

Individual Winner R.McDonnel, Sutton & Cheam 25.59;

Bels Positions: 12.J.Warren 27.50. 16.M.Blackmore 54.A.Lammas

JANUARY 23rd 1982 - BROCKWELL PARK - HERNE HILL LEAGUE - 4 MILES

Individual Winner W.Addison, Dartford 23.30.

Bels Positions: 24.A.North 26.26; 39.S.Pritchard.

FEBRUARY 6th 1982 - TILFORD - SURREY LEAGUE

(Combined Boys & Youths)

Individual Winner J.Grix, Dartford 12.42.

Bels Positions: 25.A.North 14.23; 43.J.Neillis (B) 46.J.Woolford (B)
56.J.Biesty (B).

Teams: 1.Mitcham 49 pts. 6.BELGRAVE 130 pts.

FEBRUARY 28th 1982 - CANVEY ISLAND C.I.C.C.

Bels Positions: 13.J.Davis (2nd Claim) 15.J.Warren 18.A.North

Teams: Bels 2nd Team 46 pts.MARCH 20th 1982 - CRYSTAL PALACE - BLACKHEATH OPEN MEETING

New Youth member, John Warren lopped 3 seconds off his personal best time to win the Youths 1000m in 2.46.0, running a fine 59.0 sec. last lap and showing good early season form.

APRIL 21st 1982 - HARLOW - OPEN MEETING

16 year old John Warren, spurred on by the news that the Southern Counties had approved his first claim membership of Belgrave, ran a 4.13.0 1500m in this early season meeting. Equally creditable was the 4.37 run of 12 year old David Dyson (equal to a sub 5 minute mile).

ODDS AND ENDS

We hear that apart from good performances in Belgrave colours several of our youngsters have made an impact in other races. John Neillis and Gary McGarren have run consistently well in the London Federation of Boys Clubs races while Robert Mann has returned several good performances for his local Scouts Group.



Left 1st in Colts Points Competition- Gary McGarren Middle 2nd placed Colt - Adam Horton with 3rd placer Justin Caines in the distance. Right First placed in the Boys Points Competition was John Neillis.
 PHOTO : BILL LAWS

ROAD AND COUNTRY

It is hard to write enthusiastically over this last season when the sum total of our notable achievements has been winning the Surrey Junior title; second place in the Surrey League Div.II and fifth place in the South of the Thames Junior. Of course it has been good to note the steady improvements of Leo Lyons; Tony Binda; Mick Gleave and Simon Williamson, as well as the exploits of some of our Juniors as recorded elsewhere in these pages, but in the main all these efforts have been in the form of individual achievements. Our problem is still the same one which has plagued us for quite a while - we are just not getting it together as a team on the day, when it matters! While it would be foolish to say we could not do with some 'new blood' in the team, it is not through lack of ability that our performances are so poor, but perhaps a change of mental attitude that is required. Cross country running is still basically a team sport and it is a team that we were successful in in the past and should be able to do so again. When I keep receiving 'phone calls asking "what's on next week" or listening to the reasons why people can't turn out for various races, I tend to wonder just how much forward planning some runners do, or in fact just what is their training all in aid of. It seems ironic that we currently have thousands of people from all walks of life trying to 'run' marathons while a club of our size and reputation can't field more than six runners in the National or in the Bexley Road Relay!

In January we lost probably the most talented Senior road and country runner to join us for a considerable while when Graham Macky returned home to New Zealand. Not only did Graham's performances in the 14 months he was with us, have that 'touch of class' but his friendly disposition and uncomplicated approach to the sport made him very popular with all Club members. I'm sure all would join me in saying 'many thanks Graham for your efforts, it was a pleasure to have you with us and can we hope to see you in Belgrave's colours again one day'!

Reports by Gordon Biscoe

We are pleased to welcome Oliver Foote who has joined us from Surrey A.C. Oliver who is 19 years of age will greatly strengthen our middle distance teams. His personal bests to date are - 5000m - 14.49; 1500m - 4.08 and in 1981 he finished 42nd in the English National C.C. Champs (Jun) Unfortunately, Oliver will not be eligible to run for us in 1st claim teams until after August 24th due to a 9th month ban imposed by the Hardships Committee of the Southern Counties AAA's.

AUGUST 18th 1981 - ARMATRICE ITALY - UPHILL 10Km.

1.Gerbi (Italy) 30.11.6; 2.I.Thompson (GB) 30.12.2; 8.K.Rono (Ken) 31.00.
26.J.Bicourt (Belgrave) 32.37.4.

OCTOBER 11th 1981 - BEDDINGTON PARK - COLLINGWOOD A.C. MEETING

An exciting and close race. Our first 3 were rewarded with Casio digital watches and the reputation of this meeting grows each year.

Senior/Junior/Vets:

1.R.Swarn (Basingstoke) 27.23; 2.C.Hensby (Woking) 27.32; 3.J.Bicourt (Bels A) 27.44; ... 10.L.O'Hara (Bels A) 28.44; 11.D.North (Bels A) 28.45; 32.J.Rimmer (Bels B); 35.L.Coy (Bels B) 37.A.Binda (Bels B).

Teams: 1.Woking 21 pts. 2.Bels 'A' 24; 3.S.L.H. 29; 4.Basingstoke 'A' 40; 5.Ranelagh 'A' 66; 6.Tonbridge 76; 7.Collingwood 78; 8.Mitcham 'A' 90; 9.H.H.H. 91; 10.Bels 'B' 104; 11.Basingstoke 'B' 106; 27 teams closed in.

1st Vets: 1.L.O'Hara 28.44;

Juniors: 1.R.Sweetman (Coll) 28.03; 2.M.Weever (E.Grinstead) 28.38;
3.D.North (Bels) 28.45.

SURREY LEAGUE C.C.

SURREY LEAGUE C.C. DIVISION II

Back in Division II after last years relegation, this seasons efforts turned out as anticipated to be a "two horse" race between ourselves and S.L.H. With the competition being reduced to three races instead of the usual four, the race at Waverley being cancelled due to the appalling wintry conditions seriously affecting local road access, S.L.H. beat us on two of the three occasions in spite of good turn out in the first two races as the results below show.

However, in being able to turn out a much better team than us in the final fixture any hopes we had of pulling back the points deficit was eradicated and S.L.H. ran out eventual league winners. We have, of course, regained our promotion back into the First Division, but with a little more enthusiasm we could have done it as Div.II Champions rather than as runners up.

OCTOBER 17th 1981 - WIMBLEDON - SURREY LEAGUE, DIV.II

Results: 1.P.Eales (Mitcham) 29.06; 2.P.Lindsell (Guild & G) 29.21;
3.A.B.Gibson (SLH) 29.43;

Bels Positions:

4.P.Richley	29.56;	62.M.Head	33.08;	96.R.Kersey	34.48;
20.D.North	31.01;	63.A.Binda	33.10;	106.E.Crutcher	35.18;
21.S.Williamson	31.03;	65.J.Stevenson	33.13;	107.J.Gladwin	35.19;
25.J.Abberton	31.12;	66.J.Rayner	33.14;	118.A.Grant	35.47;
34.L.Lyons	31.46;	69.D.Maughan	33.17;	120.K.Duckett	36.00;
37.A.Fairclough	31.59;	79.J.Wasbrough	33.41;	140.D.Davies	38.23;
38.M.Waller	32.00;	81.P.Roche	33.49;	144.C.Pearson	38.47;
39.P.O'Connor	32.05;	83.F.Barrett	33.53;	154.G.Piddington	40.48;
46.L.Coy	32.25;	88.M.Manning	34.21;	156.D.Gordon	41.29;
47.M.Gleave	32.27;	95.R.Bale	34.47;	160.J.Plummer	42.50.

Teams: 1.S.L.H. 177 pts. 5.Thames H.H. 480. 9.Waverley 694.
2.BELGRAVE 302; 6.Guild & C. 514. 10.Collingwood 910.
3.Mitcham 423. 7.Sutton & Ch.604. 11.Camberley 1037.
4.Met.Pol. 426. 8.Surrey A.C. 650. 12.Redhill & R. 1043.

NOVEMBER 28th 1981 - RICHMOND PARK - SURREY C.C. LEAGUE, DIV.II

Results: 1.P.Eales (Mitcham) 26.30; 2.P.Lindsell (G & G) 27.03;
3.W.Ucupp (SLH) 27.06;

Belgrave Positions:

4. G.Macky	27.13;	54.J.Rayner	30.14;	117.D.Williamson	33.35;
6. D.North	27.22;	71.F.Barrett	30.52;	118.D.Henn	33.57;
9. G.Gladwin	27.34;	72.R.Pearson	30.56;	122.D.Davies	34.27;
10.P.Richley	27.41;	74.S.Williams	31.02;	125.C.Pearson	34.57;
11.I.Duncan	27.42;	78.J.Wasbrough	31.09;	126.E.Thorp	34.59;
20.L.O'Hara	28.23;	80.L.Mann	31.24;	128.B.Merry	35.12;
32.P.O'Connor	29.10;	86.E.Crutcher	31.40;	132.W.Couzens	36.06;
37.J.Rimmer	29.23;	87.A.Painter	31.47;	135.G.Piddington	37.06;
38.M.Head	29.24;	92.A.Grant	32.04;	136.D.Jones	37.20;
41.L.Coy	29.39;	107.R.Bale	32.59;	141.G.Pearson	39.04;
42.A.Binda	29.42;	108.K.Miller	32.59;	143.C.Manning	40.50;
45.M.Waller	29.50;	116.C.Taplin	33.28;		

Teams:

1.BELGRAVE	208 pts.	5.Sutton & Ch.	521;	9.Waverley	714;
2.S.L.H.	261	6.Mitcham	543;	10.Camberley	938;
3.Guildford & G.	369	7.Surrey A.C.	577	11.Redhill & R.	1004
4.Thames H & H	458.	8.Met.Pol.	607.	12.Collingwood	1060.

FEBRUARY 20th 1982 - COULSDON - SURREY LEAGUE - DIV.II

Results: 1.P.Eales (Mitch) 27.13; 2.P.Lindsell (G & G) 28.03; 3.C.J.France (SLH) 28.11.

Bels Posn: 5.O.Foote 28.32; 8.J.Abberton 28.50; 11.I.Duncan 29.12; 15.S.Williamson 29.36; 20.L.Lyons 29.54; 26.P.O'Connor 30.37; 30.M.Waller 30.46; 31.L.Coy 30.48; 32.M.Head 30.51; 40.S.Williams 34.16; 49.M.Gleave 31.53; 60.R.Kersey 32.30; 83.A.Painter 33.32; 107.D.Davies 35.26; 122.W.Couzens 37.19.

Teams: 1.S.L.H. 159 pts. 2.BELGRAVE 249; 3.Mitcham 397; 4.Thames H & H 410; 5.Sutton & Ch. 471; 6.Guild & God. 511; 7.Surrey 603; 8.Met.Police 722; 9.Waverley 787; 12 Teams finished.

FINAL RESULTFINAL LEAGUE POSITION DIVISION II - 1981-82

1.S.L.H. 600 pts. 2.BELGRAVE 768; 3.Guild & God. 1336; 4.Thames H & H 1357; 5.Mitcham 1370; 6.Sutton & Ch. 1601; 7.Met. Pol. 1763; 8.Surrey 1836; 9.Waverley 2201; 10.Collingwood 2873; 11.Camberley 2947; 12.Redhill & R.3128.

NOVEMBER 14th 1981 - BASINGSTOKE - SOUTH OF THAMES (JUNIOR) 5M C.C.

This turned out to be one of those all too few occasions when our achievements met up with our expectations resulting in our best performance for some years, as well as an excellent turn out in general; its quite some time since we fielded three complete teams.

On a firm, fast course in autumn sunshine we saw some of our Juniors beginning to put their talents together with some fine running by Stuart Paton and Paul Richley and the way John Gladwin worked his way through the field after a comparatively slow start. Conversely David North following a good start fell victim to stomach cramp and was forced to give ground, otherwise our result could have been better. As it was, on a four to score basis, it was left to one of the 'old chaps'! in the team, Simon Williamson, to close in for us.

Results: 1.T.Conlon (HHH) 29.18; 2.N.Gregory (Soton & E) 29.24; 3.A.Gulder (Elliott A.C.) 29.38;

<u>Bels Positions:</u>	<u>'A' Team</u>	<u>'B' Team</u>
9. S.Paton	30.02;	95. A.Binda 32.20;
25. P.Richley	30.46;	129. A.Horton 32.59;
36. J.Gladwin	31.07;	144. J.Rayner 33.28;
60. S.Williamson	31.39;	186. M.Manning 34.19;
73. D.North	31.57;	213. A.Grant 35.04;
89. L.Lyons	32.13;	
106. L.Coy	32.35;	
109. M.Waller	32.39;	

<u>'C' Team</u>	<u>Team Positions</u>
164. D.Maughan 33.46;	5. Bels 'A' - 130 pts.
187. I.Sainty 34.20;	26. Bels 'B' - 554 pts.
197. R.Pearson 34.35;	40. Bels 'C' - 772 pts.
224. E.Crutcher 35.33;	
282. G.Piddington 41.02;	

NOVEMBER 22nd 1981 - LEATHERHEAD - EPSOM 10

Belgrave positions: 88.J.Wasbrough 57.45; 110.F.Barrett 58.52; 133.R.McGillicuddy 59.59; 142.C.Walker 60.30; 354.P.Blencane 69.02; 369.C.Koritsas 69.52; 458.D.McMullen 74.03; 581 finished.

DECEMBER 5th 1981 - WIMBLEDON - BELGRAVE 7½M SENIOR C.C.CHAMPIONSHIP

A senior Championship in which the first two placings went to Juniors. John Gladwin convincingly retained the title he won in 1981 from Oliver Foote making his first appearance in Belgrave colours.

Results:

1.J.Gladwin	45.26;	15.J.Wasbrough	51.40;	29.C.Pearson	55.08;
2.O.Foote	46.05;	16.J.Sainty	43;	30.K.Duckett	17;
3.S.Williamson	32;	17.M.Lake	52.21;	31.C.Taplin	29;
4.L.O'Hara	41;	18.J.Whelan	21;	32.E.Stroud	31;
5.L.Lyons	47.58;	19.A.Painter	42;	33.E.Thorpe	56.34;
6.P.O'Connor	48.14;	20.D.McLean	57;	34.B.Moray	57.21;
7.A.Binda	30;	21.D.McMillan	53.05;	35.J.Slough	60.28;
8.A.Horton	49.04;	22.L.Mann	07;	36.D.Davies	28;
9.T.Dowdall	50.06;	23.W.Laws	15;	37.D.Jones	45;
10.J.Rayner	15;	24.J.Newmans	48;	38.D.Gordon	64.13;
11.D.Maughan	16;	25.L.Morris	55;	39.C.Cross	20;
12.D.Jardine	51.02;	26.C.Walker	54.17;	40.J.Plummer	25;
13.F.Barrett	04;	27.T.Grant	19;	41.G.Pearson	65.21;
14.E.Crutcher	05;	28.J.Tee	19;	42.C.Manning	66.28;

DECEMBER 19th 1981 - GUILDFORD - HOGS BACK 11 MILES

Hogs Back 11½ miles at Guildford. A bright, but bitterly cold day fitted between snow falls gave the Hogs Back another record-breaking race. The entries were up to 1830, and the number of finishers 1089.

The new 11½ mile course appears to have met with approval by the majority of competitors - the first section being flatter than that of the previous 10 miles course which compensates for the somewhat steeper climb onto the Hog's Back via Wanborough Hill. Peter Standing, having set the 10 mile course record of 47.39 in 1979 will now start the record list for the new course.

Results: 1.P.Standing (Windsor,Eton & Slough) 53.38; 2.G.Wightman (Dartford) 53.48; 3.K.Penny (Cambridge H) 54.15.

Belgrave: 141.D.Maughan 64.44; 177.A.Grant 66.09; 178.E.Crutcher 66.11; 270.R.McGillicuddy 69.25; 29.E.Crossingham 69.52; 345 C.Henn 71.50; 646.D.McCullen 85.07.

Ladies: 1.K.Webb (Ilford) 66.59; 2.T.Howard (Worthing) 67.59; 3.J.Staderwick (Windsor, Eton & Slough) 69.56.

Veterans: 1.W.Venus (Royal Marines) 57.09; 2.P.Lawrence (Hastings) 58.06; 3.J.Avis (Cambridge H) 58.53.

Belgrave: 13.J.Wasbrough 64.33; 71.D.Davies 75.50.

John Wasbrough

DECEMBER 25th 1981 - WIMBLEDON - LAURISTON PAARLAUF

3.P.Clarke (HW) and A.Horton (Bel) 6M 887y.

DECEMBER 26th 1981 - BATTERSEA PARK - BOXING DAY HANDICAP

Owing to the snow bound track, the sprints walk and field events were cancelled and the 2 mile handicap was transferred to the road. The course chosen was the classic 'Two Bridges'.

Les Coy pulled away to win in the last 600 with Alistair Horton four seconds behind. It won't be long before Alistair has the break through he deserves.

<u>Results:</u>	<u>Actual</u>	<u>H'cap</u>		<u>Actual</u>	<u>H'cap</u>	<u>Actual</u>	<u>H'cap</u>	
1.L.Coy	13.04	16.44;	5.C.Lawton	15.12	18.12;	9.C.Gittens	20.11	20.11
2.A.Horton	13.08	16.48;	6.D.Gordon	17.48	18.13;	10.P.Lyttle	21.03	22.03
3.J.Newnham	13.49	16.49;	7.R.Day	15.20	18.35;	11.R.Morris	24.10	25.10
4.A.Painter	13.48	17.08;	8.D.Fotheringham	17.04	19.34;	12.J.Morris	24.10	25.10

JANUARY 1 1982 - BATTERSEA PARK - NEW YEAR MIDNIGHT 5

1.D.Chettle (Croy) 25.22; 5.O.Foote (Bel) 26.02.

JUNIORS WIN AGAIN - SENIORS DISAPPOINTJANUARY 2nd 1982 - WIMBLEDON COMMON - SURREY COUNTY C.C. CHAMPIONSHIPS

With Clive Shippen as the current County President we followed with tradition and acted as hosts for this year's Championship. Coming as they did in the middle of the atrocious weather and with Wimbledon Common under snow and ice, it required several course inspections by the Club President and C.C.Sec. approaching the day to work out various options should some of the proposed routes be impracticable. Fortunately a partial thaw did take place and everything was able to proceed as planned albeit in a mud bath. Special mention should be made of those who helped prepare and mark the course that day, and when you consider that several were out on the common without a break from 10.00 a.m. to nearly 5 p.m. it must raise serious doubts as to the wisdom of holding five Championships (i.e C, B, Y, J and S) on the same day!

In the Senior race it was not one of Graham Macky's best performances and although our team packed well in the 50's and 60's its the wrong part of the field to be if you want to win medals, hence we could only finish 7th out of the 12 teams closing in.

It was, therefore, left to our Junior team to provide our highlight of the day in a very close finish with Sutton & Cheam. Without John Gladwin and Mark Sinclair or John Searle and with Olly Foote not yet able to score for us it was left to the 'old firm' of Paton, Richley and North to form the spear-head of our scoring four with Alistair Horton rising to the occasion with an excellent run to close our team in. Thanks are also due to Mark Waller who turned out inspite of only just recovering from flu and to Giles Thrush drafted into the team at the last minute. Congratulations then to all the team for a fine effort in retaining the title won last year.

Results:

Seniors: 1.T.Conlon (HHH) 43.50; 2.C.Hensby (Woking) 44.18; 3.P.Eales (Mit) 44.39.

Bels Positions: 14.G.Macky 45.53; 24.S.Williamson 47.15; 26.J.Abberton 47.17; 52.A.Binda 49.30; 55.P.O'Connor 49.51; 58.J.Rimmer 50.01; 60.L.Lyons 50.02; 61.A.Fairclough 50.10; 64.L.Coy 50.27; 143.D.Davies 60.12.

Teams: 1.Epsom & Ewell 79 pts. 2.Croydon H 158; 3.A.F.D. 164.
7.BELGRAVE 268.

Juniors: 1.D.Swain (Epsom & E) 29.46; 2.P.Clarke (H/W) 30.00;
3.P.Ledger (A.F.D.) 30.07.

Bels Positions: 5.S.Paton 30.47; 7.D.North 31.04; 10.P.Richley 31.16;
19.O.Foote 32.09; 25.A.Horton 32.51; 42.M.Waller 34.47;
48.G.Thrush 35.49.

Teams: 1.BELGRAVE 38 pts. 2.Sutton & Ch. 41; 3.Epsom & E. 55.

JANUARY 2nd 1982 - WIMBLEDON - BELGRAVE JUNIOR 5M C.C. CHAMPIONSHIP

To avoid overcrowding of the fixtures, it was agreed that this year's Club Championship be held in conjunction with the Surrey County Championship, as all our current Junior runners have a Surrey qualification.

Results: 1.S.Paton 30.47; 2.D.North 31.04; 3.P.Richley 31.16;
4.O.Foote 32.09; 5.A.Horton 32.51; 6.M.Waller 34.47; G.Thrush 35.49.

JANUARY 9th 1982 - LLOYD PARK, CROYDON 5m INTER CLUB C.C.

Held in deep snow with strong winds and only scoring two aside due to the small field.

Results: 1.G.Macky (Bels.33.35); 2.A.Leyland (Surrey B.34.36)
31.M.Fidler (Surrey B. 34.46); 101.D.Maughan (Bels 37.13)
20 Finished.

Teams: 1.Surrey Beagles 5; 2.Croydon 'A' 10; 3.BELGRAVE 11;
4.Croydon 'B' 15; 5.Croydon 'C' 20; 6.Croydon 'D' 27;
7.Met.Police 27; 8.Croydon 'E' 31.

JANUARY 16th 1982 - WIMBLEDON - BELGRAVE 10m SENIOR C.C. CHAMPIONSHIP

A good turn out in spite of the snow and ice resulting in Simon Williamson taking his first Club Championship medal, with good runs from Leo Lyons and Tony Binda emphasising their continuing improvement in performance.

Results:

1.S.Williamson	64.43;	11.J.Wasbrough	73.44;	21.D.Davies	81.45;
2.L.Lyons	65.41;	12.A.Grant	75.03;	22.N.Kiod	82.06;
3.A.Binda	66.16;	13.L.Morris	75.13;	23.A.Fairfoull	82.28;
4.S.Williams	67.52;	14.E.Crutcher	75.42;	24.E.Thorp	83.57;
5.M.Head	69.24;	15.R.Kersly	76.10;	25.G.Piddington	85.35;
6.P.Ruche	70.32;	16.J.Tee	78.12;	26.C.Cross	85.35;
7.W.Downey	71.27;	17.D.Williamson	78.42;	27.A.Stroud	86.48;
8.M.Lake	71.57;	18.D.Maughan	79.08;	28.C.Manning	74.50;
9.A.Bowyer	72.34;	19.D.Whelan	79.22;	29.D.Gordon	94.50;
10.R.Pearson	73.44;	20.L.Mann	80.33;		

Handicap: 1.S.Williams 60.52; 2.W.Downey 62.12; 3.A.Binda 62.31.



4
3
2
1
New faces
lead our 10 mile
C.C. Champs.
PHOTO : BILL LAWS

JANUARY 16th 1982 - DERBY - INTER COUNTIES C.C. CHAMPIONSHIPS

The Surrey Junior Team ran well to gain 3rd team place despite a below par performance by Epsom's Dave Swain. Stuart Paton had the galling experience of missing a team medal by being 5th Surrey man home, only 1 second behind the 4th Surrey man.

Results: 1.S.Harris (Here) 29.19; 2.E.Herridge (Hants) 29.41; 45.S.Paton 31.21.
92.D.North 32.38.

Teams: 1.Yorkshire 55 pts. 2.Cheshire 77. 3.Surrey 99.

JANUARY 30th 1982 - SIDCUP - SOUTH OF THAMES CHAMPIONSHIP 7½M

This was to be Graham Macky's last appearance for us before returning to his native N.Zealand the following day and on paper it looked as though we might have an outside chance of sending him on his way with some kind of team medal.

These early hopes, however rapidly disappeared even before the start with one or two potential scorers not being available on the day. Worse was to follow in the race when after a very fine start Simon Williamson had an off day and rapidly dropped back down the field over the last half of the race, whilst an unfit John Gladwin and Jim Rimmer were unable to come to any solution. The final blow came when David North suffering from stomach problems had to drop out.

It was, therefore, left for Graham to virtually do 'a solo' which he did in fine style improving some fine places on his position last year. It was also good to see Ian Duncan running well again, particularly after having driven down from Scotland the previous night! While Leo Lyons and Tony Binda show positive improvements with each outing.

Results: 1.P.Rowland (Horsham B.S.) 38.16; 2.P.Magner (Epsom & E.) 38.31;
3.D.Cowles (Westbury) 38.42;

Bels Positions: 8.G.Macky 39.29; 47.I.Duncan 44.08; 113.L.Lyons 42.46;
129.A.Binda 43.17; 132.A.Fairclough 43.21; 140.J.Gladwin 43.30;
145.L.Coy 43.34; 153.S.Williamson 43.55; 174.J.Rimmer 44.40.
D.N.F. D.North.

Teams: 1.Cambridge H. 171 pts. 2.Westbury H.248; 4.Epsom & E. 314;
13.BELGRAVE 569.

FEBRUARY 13th 1982 - PARLIAMENT HILL FIELDS - SOUTHERN COUNTIES CROSS-COUNTRY CHAMPIONSHIPS

The results shown below speak for themselves and while one does not wish to labour the point this must surely be regarded as a black day when we can't field or finish a team in any of the races, and in fact had more helpers and officials than runners! Unfortunately until we get our priorities right and show a bit more enthusiasm for these and other championship races, there does not seem much chance of improving.

Seniors: 165.S.Williamson 179.L.Lyons 234.A.Binda. 263 P.O.'Connor
293. L.Coy

Juniors: 23.D.North 47.S.Paton 110.M.Waller D.N.F. A.Horton

BUSINESS HOUSES C.C. CHAMPIONSHIPS

Ian Duncan helped ICI to 3rd team prize in the British Industries and Business Houses Cross Country Championships held at Norwich on February 7th 1982.

Results: 1.S.Kenyon 30.09 19.I.Duncach (ICI) 32.24.

MARCH 13th 1982 - WIMBLEDON - BELGRAVE 5 $\frac{3}{4}$ ROAD RACE CHAMPIONSHIP

A pleasant spring afternoon, an average size field turn out for this annual battle with many private duels being fought out. Oliver Foote took his first Club Championship title since joining us with a fine win whilst David North in second place seemed unperturbed by the transition from the mud of the National C.C. Championships to Road Running in seven days. In third place Martyn Head recorded a fine run having seemingly put behind him some of the many problems that had beset his winter programme. On the subject of problems - David North was not the only one to be beaten by Olly Foote's finishing speed, for Bill Merryman found that having cheered the winner past him at Lauriston Cottage you can't then hope to outprint him down Lauriston Road in order to be there in time to assist the timekeepers and recorders at the other end.

Results:

1.O.Foote	29.15;	13.M.Lake	32.22;	25.P.Dorman	34.38;
2.D.North	51;	14.A.Painter	30;	26.D.McMillan	35.12;
3.M.Head	30.12;	15.A.Grant	33;	27.B.Merry	20;
4.S.Williamson	29;	16.J.Newnham	39;	28.B.Webster	31;
5.L.O'Hara	36;	17.B.Gorman	52;	29.C.Henn	36;
6.J.Rimmer	44;	18.D.Crookes	56;	30.W.Couzens	36.39;
7.A.Horton	31.22;	19.S.White	33.14;	31.E.Thorp	37.15;
8.M.Waller	37;	20.K.Duckett	32;	32.A.Stroud	36;
9.L.Lyons	43;	21.M.Manning	34.05;	33.J.Plummer	39.28;
10.M.Gleave	48;	22.D.Davies	21;	34.G.Piddington	40.29;
11.L.Coy	56;	23.C.Taplin	27;	35.D.Gordon	43;
12.D.Maughan	32.08;	24.A.Bruce	34;	36.C.Manning	41.45;

Handicap Result: 1.D.Davies 27.21; 2.C.Taplin 27.57;
3.J.Plummer 28.13; 4.O.Foote 28.30;

MARCH 20th 1982 - BEXLEY - CAMBRIDGE H. ROAD RELAY 6 x 3 MILES

Although with some thirty Club names entered and listed as one of the races in which the team for our own Belgrave Haig Relay is selected, this long standing annual event again tended to be ignored by the majority of our runners in the current trend of apathy towards competitions.

<u>BELS 'A'</u>		<u>BELS 'B'</u>	
J.Bicourt	(10) 15.48;	C.Shippen	(34) 18.42;
S.Williamson	(14) 16.30;	Teams: 1.Aldershot F & D	90.49;
L.O'Hara	(13) 16.06;	2.Camb.H. (A)	91.36;
M.Waller	(13) 17.00;	3.Aldershot F (B)	93.03;
M.Gleave	(14) 16.51;	16.BELGRAVE H	99.55;
L.Coy	(16) 17.40;		

Stuart Paton narrowly missed a bronze in the Scottish Junior C.C. Championships held at Irvine, but qualified for the Scottish World Championship team and travelled to Rome for the highlight (so far) of his short but spectacular athletics career.

PATON'S WORLD C.C. CHAMPS - FINE RUN

MARCH 21st 1982 - ROME - JUNIOR WORLD C.C. CHAMPIONSHIPS

Overseas travel suits some people. None less so than our 'English' Scot Stuart Paton. A flat 4 lap 5 mile course was made for Stuart who ran his best race to date finishing in 50th place in this world class field, beating in the process 2 of the England team and 3 of the Scottish team. A measure of his great run was that English Star Jon Richards could only manage 8th in 23.11 while Stuart ran 24.36.

Results: 1. Z.Gelau (Ethiopia) 22.45.3; 2.A.Lema (Ethiopia) 22.46.6;
3.S.Mei (Italy) 22.48 50.S.Paton (Scotland) 24.36.

Teams: 1.Ethiopia 29 pts. 6.England (8,13,38,41) 110 pts. 9.Scotland (29,44,50,61) 184 pts.

MARCH 6th 1982 - LEEDS - ENGLISH NATIONAL C.C. CHAMPIONSHIPS

Following our Southern Championships disaster, there was some speculation as to whether our turn out for the National would show any improvement. Come the day we were at least able to field the bare team minimum of a scoring six in the Senior and four in the Junior events, but a miserable approach to what is supposed to be the premier event and finale of the English C.C. season.

With John Gladwin ill and Stuart Paton resting after his magnificent 4th place in the Scottish Junior the previous week, our most pleasing result of the day was David North's placing with Paul Richley making a tremendous run through the field after being left at the start by some 200 yards. Race rusty Mark Sinclair and only just getting fit again Mark Waller ran as well as could be expected to put us in the respectable half of the clubs who closed in a team.

In the Senior race it was John Bicourt who at 36, steeple chaser cum road runner who showed he is still by far the best one we have got over the country also.

Results:

Junior: 58.D.North; 134.P.Richley; 245.M.Sinclair; 274.M.Waller.
Team Position: 29 711 points.

Senior: 174.J.Bicourt; 487.A.Binda; 568.L.Lyons; 761.S.Williamson;
844.P.O'Connor; 1202.D.Maughan. Team Position 81; 4036 points.

APRIL 3rd 1982 - BELGRAVE - HAIG 12 STAGE RELAY

With Haig's generous sponsorship once again and in fine spring weather, we saw another of our successful promotions finally won by Shaftesbury Harriers wresting the title from Aldershot Farnham & Dist. after the lead had changed hands several times during the afternoon. Matching Dave Clarke's fine run for Herc/Wimbledon to record the fastest long stage of the day in 23m 49s was Ian Stewart (Invicta) who equalled Steve Ovetts two year old record for the short stage with 14m 52s.

Our team this year was a blend of youth and experience, but while no-one ran badly our overall performance could do no better than to bring us home in the same positions as last year with a slightly slower time. The most pleasing performance for us came from John Gladwin, who after having been plagued with various fitness problems of late returned with some of his old sparkle to record the second fastest time on his stage.

In spite of the tremendous organisation that goes on behind the scenes for this race its success finally depends on the runners staying on the right course without any accidents, so once again, to all those Club Members who helped out in any way with the course marshalling etc. a very big thank you! - we hope to see you again next year!

Results: 1.Shaftesbury H.4.07.53; 2.Invicta A.C. 4.09.01; 3.Aldershot
F & D 4.10.51; 17.BELGRAVE H. 4.23.24; 38 Teams Finished.

Belgrave Positions and times

1.J.Bicourt (16) 25.55;	5.I.Duncan (20) 27.08;	9.A.Binda (17) 27.05;
2.S.Paton (15) 16.35;	6.M.Waller (23) 17.53;	10.M.Gleave (17) 17.31;
3.D.North (19) 26.22;	7.S.Williamson (22) 27.12;	11.L.O'Hara (17) 27.12;
4.P.Richley (17) 16.41;	8.J.Gladwin (18) 16.17;	12.J.Rimmer (17) 17.33;

Ron Linstead, arguably our best ever ultra long distance runner, has donated a cup which will be presented annually to the first Belgravian home in the London to Brighton run.

TRACK AND FIELD

RANKINGS - ERRATA

Regrettably our last issue contained some errors in a few of the times listed in the mens Track and Field rankings, which escaped the proof reader (no excuses - blame the Editor!). These are corrected below with apologies to all concerned.

100m:		200m:		400m:	
10.21	E.Obeng	21.01	E.Obeng	50.1	D.Williams
10.98	D.Railton	22.4	P.Lytle (J)	50.5	J.Dunn
11.0	C.Dunn	23.2	D.Hemphill	50.5	J.Gladwin (J)
11.2	P.Lytle (J)	23.3	J.Dunn	50.5	J.Gavin
11.2	D.Williams	23.4	C.Gillett	51.4	D.Bailey
11.5	A.Piesold (J)	23.6	M.Scott	52.3	C.Gillett
11.7	C.Gillett	24.2	P.Oppenheim	52.8	M.Alleyne (Y)
11.7	C.Lewis (J)	24.2	A.Piesold (J)	53.3	A.Nwosu (J)
11.9	P.Oppenheim	24.3	K.Veness	54.3	R.Addison (B)
12.0	M.Scott	24.8	F.Gavin	54.4	S.Williams

During the winter Steve Williams has been busy compiling a comprehensive list of all-time Top 10 performances by Belgravians. The list printed below includes some respectable performances which were set as long ago as the 1930's and it will be interesting to see what changes occur after the present season.

ALL TIME TOP TEN

compiled **Steve Williams**
by **Williams**

100 METRES				200 METRES			
ELECTRICAL/MANUAL DIFFERENTIAL 0.14							
1	E Obeng	10.21	(80)	1	E Obeng	20.99	(79)
2	J Evans	10.6	(79)	2	B Morris	21.5	(61) 21.6YDS
3	F Craft	10.7	(52) 9.8YDS	3	A Sexton	21.6	(54) 21.7YDS
	J Mitchell	10.7	(67)		S White	21.6	(73)
	J Vivian	10.7	(67) 9.8YDS	5	F Craft	21.7	(52) 21.8YDS
	C Brooks	10.7	(73)		J Vivian	21.7	(68) 21.8YDS
	S White	10.7	(75)	7	J Evans	21.8	(78)
8	R Holtum	10.8	(54) 9.9YDS		P Eldridge	21.8	(59)
	I Mayers	10.8	(55) 9.9YDS	9	J Mitchell	21.9	(69)
	P Eldridge	10.8	(61) 9.9YDS	10	S Botwright	22.1	(38) 22.2YDS
	D Boosey	10.8	(66)		C Martin	22.1	(66) 22.2YDS
	M Marshall	10.8	(71)				
400 METRES				800 METRES			
1	G Leroy	47.7	(60)	1	J Gladwin	1.48.66	(80)
	B Morris	47.7	(61) 48.0YDS	2	D Cocks	1.48.9	(64) 1.49.6YDS
3	P Eldridge	47.9	(61) 48.2YDS	3	J Thresher	1.51.4	(65) 1.52.1YDS
4	A Sexton	48.4	(56)	4	D Wiseman	1.51.5	(65) 1.52.2YDS
	C Ryan	48.4	(59) 48.7YDS	5	R Horton	1.51.7	(61) 1.52.4YDS
6	E Pack	48.9	(37) 49.2YDS	6	J Davies	1.52.1	(56) 1.52.8YDS
7	D Cocks	49.3	(63) 49.6YDS	7	Wright	1.52.8	(58)
	M Ford	49.3	(69)	8	R Taylor	1.52.9	(54) 1.53.6YDS
	S White	49.3	(75)		P Carton	1.52.9	(72)
10	C Jones	49.6	(59) 49.9YDS	10	T Scrimshaw	1.53.6	(33) 1.54.3YDS

1500 METRES			MILE		
1	J Thresher	3.44.6 (68)	1	J Thresher	4.02.1 (64)
2	J Bicourt	3.48.6 (73)	2	Geoff North	4.06.7 (66)
3	P Carton	3.49.4 (72)	3	W Barrow	4.06.8 (66)
4	Geoff North	3.49.5 (65)	4	M Robinson	4.07.1 (63)
5	J Stow	3.50.4 (73)	5	P Whewell	4.07.2 (67)
6	W Nankeville	3.52.6 (48)	6	R Bhatia	4.08.7 (60)
7	D Brown	3.52.8 (78)	7	J Gladwin	4.09.5 (80)
8	J Gladwin	3.52.9 (80)	8	G Williams	4.10.5 (67)
9	S Paton	3.52.9 (81)	9	B Hallowell	4.10.6 (56)
10	J Davies	3.53.4 (58)		J Davies	4.10.6 (58)
	W Kerr	3.53.4 (70)			

3000 METRES			5000 METRES		
1	G Deegan	7.59.1 (77)	1	G Deegan	13.41.2 (76)
2	J Bicourt	7.59.6 (75)	2	Geoff North	13.44.4 (69)
3	Geoff North	8.02.8 (65)	3	J Thresher	13.49.0 (68)
4	J Thresher	8.03.4 (65)	4	M Robinson	13.56.4 (66) 13.27.4M
5	W Kerr	8.05.4 (63)	5	J Bicourt	13.57.6 (74)
6	M Robinson	8.11.8 (63) 8.47.8M	6	P Whewell	14.05.2 (67) 13.36.2M
7	J Stow	8.14.6 (76)	7	Gerry North	14.06.0 (65) 13.37.0M
8	Gerry North	8.16.8 (63) 8.52.8M	8	W Kerr	14.15.8 (63) 13.46.8M
9	P Carton	8.17.0 (72)	9	R Smith	14.22.0 (70)
10	P Morris	8.18.8 (69)	10	J Brown	14.22.4 (56) 13.52.4M

10000 METRES			3000 METRES STEEPLECHASE		
1	Gerry North	29.08.4 (67) 28.08.4M	1	J Bicourt	8.22.82 (76)
2	P Whewell	29.35.0 (67) 28.35.0M	2	P Morris	8.55.0 (69)
3	M Robinson	30.04.8 (66) 29.04.8M	3	G Deegan	8.57.6 (76)
4	T Hart	30.11.6 (68) 29.11.6M	4	R Piotrowski	9.00.6 (69)
5	W Kerr	30.19.4 (62) 29.19.4M	5	A Black	9.13.2 (67)
6	L O'Hara	30.21.0 (75)	6	W Dance	9.27.8 (68)
7	C Dabbs	30.28.0 (60) 29.28.0M	7	C Shippen	9.28.0 (62)
8	C Smart	30.29.6 (54) 29.29.6M	8	J Dear	9.31.0 (68)
9	R Smith	30.31.0 (70)	9	J Phelan	9.33.6 (73)
10	J Phelan	30.31.0 (74)	10	M McNair	9.34.0 (72)

110 METRES HURDLES			400 METRES HURDLES		
1	R Tolson	15.3 (60) YDS	1	M Ford	53.1 (70)
2	M Ash	15.4 (55) YDS	2	C Gillett	54.5 (69)
3	P Whitby	15.4 (76)	3	P Pepe	55.0 (62) 55.3YDS
4	C Brooks	15.6 (77)	4	C Brooks	55.1 (71)
5	M Lindsay-Bailey	15.6 (81)	5	G Jarvis	55.5 (49) 55.8YDS
6	P Pepe	15.7 (65) YDS	6	J Dunn	55.7 (81)
7	D Winsborrow	15.8 (68) YDS	7	R Hopkins Jnr	56.6 (75)
8	G Jarvis	15.9 (49) YDS	8	P Whitby	56.9 (77)
9	J Preston	16.1 (77)	9	R Glenn	57.3 (60) 57.6YDS
10	J Dunn	16.1 (81)	10	C Jones	57.7 (59) 58.0YDS

HIGH JUMP			POLE VAULT		
1	J Dodd	1.92 (36) 6'3 $\frac{3}{4}$ "	1	M Shippen	4.20 (77)
2	S Samson	1.92 (79)	2	H Pfenninger	4.19 (70) 13'9"
3	R Hopkins Jnr	1.91 (72) 6'3 $\frac{3}{4}$ "	3	M Ash	3.89 (56) 12'9"
4	A Bentt	1.91 (68) 6'3"	4	J Dodd	3.81 (36) 12'6"
5	M Lindsay-Bailey	1.90 (79)	5	P Farrell	3.75 (81)
6	D Williams	1.90 ()	6	C Brooks	3.60 (78)
7	J Gregg	1.90 (81)	7	J McGrath	3.55 (60) 11'7 $\frac{3}{4}$ "
8	C Brooks	1.89 (74)	8	B Townsend	3.50 (66) 11'6"
9	M Ash	1.88 (55) 6'2"		D Winsborrow	3.50 (67) 11'6"
10	D Winsborrow	1.88 (68) 6'2"		S Inman	3.50 (69) 11'6"

LONG JUMP			TRIPLE JUMP		
1	S White	7.41 (72)	1	D Boosey	16.22 (68) 53' 2½"
2	D Williams	7.38 (80)	2	R Heward-Mills	15.77 (72)
3	J Mitchell	7.35 (68) 24' 1½"	3	R Glenndining	14.60 (71) 47' 10½"
4	P Luxon	7.18 (54) 23' 6½"	4	N Caves	14.15 (58) 46' 5"
5	R Jones	7.15 (66) 23' 5½"	5	D Hemphill	14.11 (81)
6	M Scott	7.13 (74)	6	D Williams	14.10 (81)
7	D Wade	7.08 (67) 23' 2½"	7	R Jones	14.09 (68) 45' 11½"
8	C Brooks	7.06 ()	8	A Bentt	13.99 (77)
9	R Heward-Mills	7.04 (72)	9	P Luxon	13.95 (54) 45' 9"
10	R Hopkins Jnr	6.93 (75)	10	R Couillault	13.91 (69) 45' 7½"
SHOT PUTT			DISCUS		
1	D McCorquindale	15.78 (59) 51' 9½"	1	G Ratcliffe	51.80 (76)
2	J Powell-Jones	14.60 (57) 47' 11"	2	T Gaworski	47.20 (56) 154' 10"
3	R Harris	14.57 (56) 47' 9½"	3	D Audorka	46.03 (58) 151' 0"
4	A Kerr	14.07 (68) 46' 2"	4	P Ridge	42.52 (39) 139' 6"
5	G Ratcliffe	14.04 (77)	5	E Barker	42.26 (70) 138' 8"
6	C Brooks	13.99 (79)	6	C Brooks	40.34 (77)
7	T Gaworski	13.84 (54) 45' 5"	7	D McCorquindale	39.57 (59) 129' 10"
8	E Barker	13.54 (73)	8	N Head	39.27 (67) 128' 10"
9	A Bergvalds	13.13 (50) 43' 1"	9	F Glass	39.24 (69) 128' 9"
10	N Head	13.02 (68) 42' 8½"	10	R Harris	38.49 (56) 126' 3½"
HAMMER			JAVELIN		
1	P Porter	52.32 (57) 171' 8"	1	N Head	64.39 (67) 211' 3"
2	E Barker	47.40 (70) 155' 6"	2	P Crosbie	64.12 (78)
3	J Whyte	47.35 (60) 155' 4"	3	C Clair	64.06 (66) 210' 2"
4	T Welsh	44.42 (81)	4	W Patrick	60.48 (54) 198' 5"
5	M Robertson	42.90 (69) 140' 9"	5	K Schofield	59.14 (71) 194' 0"
6	T Geworski	42.67 (54) 140' 0"	6	B King	58.78 (67) 192' 10"
7	P McKay	42.14 (81)	7	W Couzens	56.03 (57) 183' 10"
8	G Ratcliffe	39.30 (77)	8	F Glass	55.88 (68) 183' 4"
9	W Couzens	36.80 (70) 120' 9"	9	G Powell	55.82 (28) 183' 1½"
10	N Head	33.86 (68) 111' 1"	10	S Inman	55.27 (70) 181' 4"

U.K. RANKINGS

Our highest ranked athlete in the U.K. last year was Ernest Obeng who rated 2nd in the 100m and 6th in the 200m. Derrick Williams filled 25th spot in the long jump, John Gladwin 27th in the 800m (Senior) while John Bicourt at 36 still manages to make the grade and was ranked 35th in the 3000m S/C.

E.OBENG

Ernie Obeng left our cold shores early in January to join coach Malcolm Coomber in Florida and to have a crack at the U.S. indoor circuit which, by then, had already got underway. After several races it was clear that Ernest was not firing on all cylinders and he wrote to say that he would concentrate on training for the outdoor season. His present plans include returning for the European circuit this summer and he hopes to be able to help us in our fight for promotion to the British League.

February 5th 1982 Inglewood 60y; 1.Cook 6.18; 2.Egbumike (Nig) 6.21;
3.E.Obeng 6.24.

GRE Cup

Belgrave has entered this year's GRE Cup. The first round meeting is on May 29th at Dinsgate and the second round meeting is on July 11th.

5 X 1 MILE RELAY

LACKHEATH MILE RELAY - JUNE 13th 1982 - CRYSTAL PALACE

got 100 x 1 mile this year but 25 x 1 mile. We have entered 4 teams and all Laws will look after the A and B teams. He aims to get a really fast team, so please let him know if your getting below 4.50; John Wesbrough will put together a Vets team and Brian Pritchard/Bill Couzens aim to cater for the 5.40 plus members.

This relay is an ideal opportunity to raise funds for Belgrave, so please let all Laws know if you are willing to help. Can we beat our record of £350 and approach the £2,000 raised last year by Woodford Green?

BELGRAVIANS ON TV

Two of Ernest Obeng's recent indoor races in the U.S.A. were televised. No doubt some of you saw them and may well have wondered when the first appearance on the box was made by one of our number. Going back we can recall John Gladwin's two fine 800m runs at C.P. in the 1980 AAA's Champs. as well as many of John Bicourt's steeplechases - Intercounties, Commonwealth games and Olympics. John Thresher, Geoff North winning the Inter Counties 3 Miles and when a track 5000 vest against Russia were all flashed across our screens. But we can go back further. Bill Nankeville was a first claim member when he finished 6th in the 1948 Olympic 1500m and yet again this was televised.

But pride of place goes to the Victorious Belgrave CrossCteam which won an International Cross Country Race in Paris on January 19th 1937 and was televised via the Baird process with the winning Surrey Inter Counties team on January 27th 1937. Bert Footer made a speech and it is not known whether this had an effect on later events; for on February 3rd the BBC announced that from that date on the Baird process would be scrapped and the EMI process would be used exclusively.

Oh, where did the Bel's come in Paris? Well Pat Parker was 3rd, Arthur Penny 4th, Bert Footer 6th, Tom Carter 7th, Les Cohen 15th.

W.R.L.



PHOTO COMPETITION

We had several amusing entries for our last photo caption competition. The funniest and most apposite was that from Steve Crosbie.

Ted:

"Please judge now I've caught this ***** runner can I retire from the race."

Joe:

"***** disqualify him judge. He can't use such *!*!!* bad language. After all it *!*!* lowers the tone of this ***** race to that of ***** football."

Due to shortage of space we have held over the Caption Competition 'till the next issue.

