

The

# BELGRAVIAN



**Official Gazette of  
Belgrave Harriers**

AUGUST, 1965



**FRONT COVER** (Photo:R.Linstead) Jim Vivian (64) wins the All-England Schools sprint title in 10.1 from his Surrey County team-mate and training companion Tony Oke (10.1). In August, Vivian went on to clock 9.9 in the AAA's Junior Champs; Nash of South Africa being the only man to beat him.

**FRONTISPIECE**(Photo:R.Linstead) Geoff. North, who has had such a fine track season, set a new Belgrave 2 miles record of 8:43.0 in the AAA v London University match at Motspur Park early this season. He is seen here leading Mick Gowan, another of the "Lauriston Cottage community".



# THE BELGRAVIAN

FOUNDED 1887

August 1965

No.156

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J.W.Goswell

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## EDITORIAL

In February last we commented on the "News of the World's" decision to reprieve the National London - Brighton relay race and cancel the Southern Clubs "Brighton" instead. This decision was well received by the majority of people but two questions remained unanswered. Firstly, how will the ten southern clubs for the National event be selected? Secondly, what will replace the premier autumnal relay?

Those questions were uppermost in the minds of most relay enthusiasts - not least those of Belgrave Harriers' officers. This Club has always regarded its object as the encouragement of amateur athletics (see Rule 4) and there was unanimity amongst the Committee that we should make every effort to plug this gap in the athletics calendar.

After considerable lobbying it was found that the vast majority of Southern Clubs would welcome a substitute event providing it was of sufficient stature. On the strength of this Belgrave Harriers have decided to promote an Invitation Road Relay on Saturday, October 9th, from Belgrave Hall, Wimbledon. It is a tribute to our reputation in the Athletics world for efficient organisation that, of the twenty-five clubs invited, twenty-four promptly accepted; and we are indeed honoured that they should endorse the view that our proposals were the best of many put up at the time.

Twenty-five clubs will compete, each fielding teams of 12. There will be two laps - a "red" circuit and a "green" circuit; the former will be  $\frac{5}{8}$  miles and the latter  $\frac{3}{4}$  miles. Each will be run alternately, giving a race distance of 5 1/2 miles. The race commences at 12 noon and all Belgravians (whatever their sectional interests) are asked to come along and support the inaugural race of an event certain to become a red-letter day in the athletics calendar.

Our Annual promotions are now as follows:-

Open Field Events Meeting (March)	Open Youths Road Relay (October)
Open 20 Miles Road Race (July)	Open 7 Miles Walk (November).
Invitation Road Relay (October)	

## Hon Sec's Notes

Our Headquarters at Wimbledon now falls within the new Greater London Council area of the London Borough of Merton; and details of our Club and activities have been passed to the new Council who will make them available at Public Libraries etc.

Our association with Wimbledon now goes back a very long way; the Club first using cross-country courses in the vicinity as far back as 1911-12.

\* \* \*  
We view with very great interest the road construction work which is imminent at Tibbett's Corner and thereabouts; and are hopeful that there will be no great interference with our running and walking road courses. Everywhere, particularly in urban and suburban areas the menace of increased traffic accompanied by the demands for more and more roads makes life difficult for the athlete using the roads and for Clubs responsible for promotion of road events.

Some of us recall when our 5, 7 and 10 miles Cross-Country Championships were held over courses which involved the crossing of the main road and entering Robin Hood Gate into Richmond Park to run round Spanker's Hill Copse and Pen Ponds - but wider roads and increased traffic ended all that.



# A. G. M.

## BELGRAVE HARRIERS (Founded 1887)

7, Brickwall Lane,  
Ruislip, Middx.  
1st September 1965

Dear Sir,

In accordance with Rule 9,  
THE ANNUAL GENERAL MEETING will be held on Wednesday, 22nd  
September 1965 at 6.30 p.m. at BELGRAVE HALL, Denmark Road, Wimbledon,  
S.W.19, when your attendance is requested. No other notice of this  
meeting will be circulated. There will be no training from Headquarters  
on that day. Tea will be available from 5.30 to 6.20 p.m.

Yours faithfully,  
A.A. Harley,  
Gen. Hon. Secretary.

### AGENDA

1. To read the notice convening the Meeting
2. To read and confirm the minutes of the Annual General Meeting, held 23.9.65.
3. To note apologies for non-attendance.
4. To receive the Hon. Secretary's report
5. To receive the Hon. Treasurer's report
6. To consider a recommendation from the Committee, under Rule 11 (g) that F. Jarvis and E.S. Stimpson be elected to Life Membership.
7. To consider a recommendation from Committee under Rule 4 relating to Honours Badges, that appropriate Honours Badge be awarded to the members of the winning team in the Southern Counties AAA Junior 4by110yards Relay Championship.
8. To elect Officers and Committee for 1965/1966.
9. Any other matters

## WELCOME

We have pleasure in welcoming to BELGRAVE HARRIERS the following members who have joined us in the last nine months. If any of you require help or advice don't hesitate to contact any of the Club's officers or coaches, who will be only too pleased to be of assistance.

Joseph J ADAMS (Singapore)	Paul A PRINGLE (Surrey)
Saleem AHMEDZAI (Pakistan)	David REES (Glamorganshire)
Ronald D BEDFORD (Surrey)	James H RIMMER (Shropshire)
Simon BUTTERFIELD (Middlesex)	Robert P SWANN (Middlesex)
Andrew BROOKER (Surrey)	Ronald M SINCLAIR (Scotland)
Andrew D BARKER (Derbyshire)	John STEER (Surrey)
David CHARLES (Surrey)	Albert E STROUD (Surrey)
Terence DERHAM (Surrey)	Frank TORR (Yorkshire)
Peter G FISK (Surrey)	Nicholas J TURNER (Middlesex)
Allan GILPIN (N.Ireland)	Russell WARD (Middlesex)
Philip J GEE (Surrey)	Michael J WATTS (Surrey)
David M HAYES (Essex)	Stephen K WISSON (Surrey)
Peter J HAYES (Essex)	Raymond D WRIGHT (Sussex)
Timothy R JONES (Surrey)	
Robert R JONES (Lancashire)	<u>2nd Claim</u>
Andrew D KERRY (Suffolk)	Franklin AKADIRI (Nigeria)
Lionel K MANN (Bedfordshire)	Thomas M POLLACK (Hertfordshire)
Christopher MARTIN (Surrey)	<u>Hon. Members</u>
Richard A MOODY (Surrey)	Maurice PECK of Streatham
Clifford C MORSE (Staffordshire)	William ASHFORD of Wimbledon
David A NICKLIN (Surrey)	William MORPETT of Battersea
Stephen E PALLANT (Surrey)	William COUZINS of Barons Court

# The North Surrey League

## FINAL TABLE

1. Hercules A C	(243, 295, 147, 261)	946 pts
2. BELGRAVE HARRIERS	(225, 280, 337, 120)	962 pts
3. Mitcham A C	(268, 281, 391, 243)	1183 pts
4. Herne Hill H	(510, 352, 341, 384)	1587 pts
5. Walton A C	(320, 442, 320, 506)	1588 pts
6. Croydon A C	(508, 415, 429, 431)	1783 pts
7. Surrey A C.	(411, 424, 520, 545)	1900 pts

Individual Winner:- E. Caiger (Hercules A C) - 9,4,6,14 - 33 pts

So, despite a sweeping victory in the final fixture at Morden, and after winning three of the four matches, our poor position at Addington (337pts) enabled Hercules AC to pip us by a mere 16 points.

Our final effort was tremendous, finishing 10 in 28 of the 120 odd starters. The officials were so certain we had won the league that they presented us with the trophy. A recount was called for, however, and this resulted in the award being handed over to our familiar training companions - Hercules AC.

Next season, our runners must remember how close a margin there is between victory and defeat and how much depends on the regular appearance of our members at such fixtures.

## BELS 6th in NATIONAL C. C.

### Parliament Hill-March 6th

Although 6th is certainly no disgrace in an event of such stature, Belgavians were generally disappointed with a team which had promised so much. The margin between glory and mediocrity in these championships becomes increasingly narrower as the years go by. The smallest slip and half a dozen places are lost. Unfortunately Geoff North and Trevor Hart, who had been showing great form in the preceding weeks, both dropped out. To lose two such runners and still finish 6th was a tribute to the rest of the team.

Gerry North once again made the international team but this time had his supporters' hearts in their mouths. After one lap he was still in the twenties and although he began to make ground on the second circuit it was a slow and painful business against such opposition as Adcocks and Kilby (Coventry), Rose, Wheeler and Wyatt (New Zealand), Tulloh, Roberts and Barlow. With one lap to go it was fairly certain that the first 9 were decided; as these included two New Zealanders the next two Englishmen would make the "International". With two miles left Gerry was on his own with Tulloh and Roberts fighting it out 50yds ahead and Mike Wiggs moving up very fast through the field behind. The runners were next seen with half a mile to go. North had put in a tremendous effort over the back of the course to catch and pass Tulloh and Roberts and was now 30yds clear. However, the race for 10th place was by no means over and with 600yds to go Wiggs also caught the Pompey/SLH pair---"picking them up" in a long sprint for home. Gerry's 30yds had dwindled to five by the time the final straight was reached but after a desperate final effort he held off Wiggs by 1 second, Tulloh by 5 seconds and Roberts by 7seconds---quite a sprint!

Dabbs and Fairlough had good runs and were very consistent; Kerr and O'Hara made considerable ground in the closing stages and John Thresher showed great courage in fighting on, despite losing 40-odd places in the final lap.

If the experience of this occasion is put to good use and our team can keep free of illness and injury then Belgrave stand every chance of being amongst the medals at the next "National".

### RESULTS

1. M. Batty (Thurrock).....	44:27	7. M. Freary (Bolton).....	45:07
2. T. Johnston (Portsmouth)....	44:56	8. D. Kelly (Derby).....	45:10
3. J. Cooke (Portsmouth).....	44:58	9. R. Grove (Leicester).....	45:13
4. R. Welsh (New Zealand).....	45:01	10. Gerry North (BELS).....	45:34
5. R. Hill (Bolton).....	45:03	11. M. Wiggs (TVH).....	45:35
6. J. Julian (New Zealand).....	45:05	12. B. Tulloh (Portsmouth)....	45:39

149. C. Dabbs, 63. A. Fairlough, 90. W. Kerr, 132. J. Thresher,  
140. L. O'Hara, 221. R. Thorpe.

### Teams

1. Portsmouth AC.....	(2, 3, 12, 26, 27, 81).....	151 pts
2. Derby & Cty.....	(8, 31, 37, 47, 62, 73).....	258 pts
3. Coventry Godiva.....	(20, 23, 28, 29, 51, 133).....	284 pts
4. Man. & District L.C.....	(22, 38, 41, 42, 53, 115).....	311 pts
5. North Staffs & Stn.....	(43, 45, 52, 83, 104, 117).....	444 pts
6. BELGRAVE H.....	(10, 49, 63, 90, 132, 140).....	484 pts

(76 teams closed in)

## ROAD RELAYS

## BELS lose title at ILFORD

Ilford Road Relay--March 13th

Unfortunately this race clashed with the Southampton/Bournemouth Relay which nowadays attracts a better class field. We therefore sent a strong team of our best six runners (too strong as it happened!) to Southampton and endeavoured to win the Ilford trophy for the third successive year with our next best 10 men. It almost worked. Many "ifs" come to mind, particularly those affecting Alan Black (unable to get away from Loughborough), John Bicourt (Junior Cross Country Race) and Pat Newell (shift working), but it is a lot to hope for--getting our top 16 men out in one day--and the question still remains "which fixture should have had the top priority?"

The New Zealand cross-country team competed as guests and "won" by 7 minutes, but can be discounted as far as race description is concerned.

Laurie O'Hara gave us a great start by winning the first stage from Dellar (Camb. H) by 1 second--the third man, King (Essex Beagles), being over half a minute behind. O'Hara thus became only the 4th Belgravian to break 18 mins round the course.

Mike Shingles, who had been below his best for several weeks, was unable to break through the spell and dropped us to 4th on the next stage--a position maintained by Jack Brown on the 3rd leg, and who regained much lost ground in closing up to within 13secs of the runner ahead. Mitcham were in the lead at this point, 41secs ahead of Cambridge H and 53secs on Romford.

Charlie Walker had not had a good winter season, and although he gave of his utmost on stage 4 it was nowhere near his old best, and he handed over to Jackie Hampshire a full minute behind 3rd place and 2 mins 11secs behind the new leaders--Cambridge H. Jackie must have picked up Charlie's trouble at the hand-over for he also was nowhere near his best and dropped us even further behind, in time (3:02), and position 8th.

The revival commenced on Stage 6 with Mel Thorpe. Displaying scintillating form he scorched round the lap to take nearly a minute off the Cambridge man and move us up to 5th place. At this point Baldwin took Blackheath into the lead--a position they held to the end. Bill Kerr tried to continue the good work but, for him, his run was not spectacular. John Dear passed Mitcham on stage 8 but had to allow Poly to pass. We were still 4th, 1 1/2 mins behind the second team and 28secs behind the third--Blackheath were certain winners and the race was on for second place.

The penultimate leg was taken by John Moore, another to have had a below-form winter, and although he recorded a mediocre time he took us past Polytechnic into 3rd place only 46seconds behind Cambridge Harriers.

Everything depended on Don Maclean over the last stage and no-one envied him his task--Maynard of Cambridge H. 46seconds ahead and Malcolm Browne, the Essex Beagle miler, just 20seconds behind. Don made a great fight of it, and although Browne went right through to 2nd place and Belgrave had to be content with 4th position, Mac was fast closing on the Cambridge man at the finish, ending up only 13secs behind.

RESULTS

1. Blackheath H.....	3:07:35	O'Hara.....	17:58	Thorpe.....	18:12
2. Essex Beagles.....	3:09:09	Shingles.....	19:30	Kerr.....	18:21
3. Cambridge H.....	3:09:34	Brown.....	18:35	Dear.....	19:00
4. BELGRAVE H.....	3:09:47	Walker.....	19:53	Moore.....	19:14
5. Polytechnic H.....	3:12:04	Hampshire.....	20:06	Maclean.....	18:58

'B' team times:- Biscoe 20:01, Satchell 22:51, Crookes 19:57, Mead 22:44  
Shippen 20:04, Keavey 20:28, Bromley 19:43.

Fastest times:-Batty (Ehurrock) 16:48, Hogan (Poly) 17:09, Baldwin (B/Heath) 17:23

RANJIT BHATIA tells us there is a likelihood of his returning to Oxford in September for post graduate study. Although his stay would only be for about 8 months he is hoping to turn out for the Bels at every opportunity.

As one of our Vice-Presidents, Ranjit still waves the claret and gold flag in India. In furtherance of our object to encourage Amateur athletics Ranjit made a donation, on behalf of Belgrave Harriers, to the first ever Indian Athletic Youth Festival, and we were pleased to receive a note from the organisers thanking us for our help.

## POMPEY ARE THRASHED

### Great Win in Southampton/Bournemouth Relay

Belgrave gained sweet revenge for their defeat last year by Portsmouth, by smashing the Hampshire club's course record by no less than 2½ minutes and beating them by 2 minutes 40seconds into the bargain.

Of our six runners, three broke stage records and none was outside the fastest two for a leg. This fixture is growing in popularity and it was a pity it clashed with the Ilford Relay, for this team with our best six at Ilford would have run the New Zealanders very close in that race.

John Thresher shadowed Gibson (Surrey AC) for most of the first stage but let him get away in the closing stages by a six second margin. John was still 54seconds inside the stage record though! Trevor Hart went off like a man possessed and put Belgrave in a commanding lead--a lead they opened up more and more over the next three legs. Gerry North was in grand form in stage 3, increasing our lead to 2 minutes and adding another record to his collection.

Charlie Dabbs was first off into the second half of the race and although he was 8 seconds slower than Lonnen (Bristol) he was only 10secs away from Martin Hyman's stage record. The Bels really had their tails up now and Geoff North collected a 3rd stage record for the North family (Gerry holds two), and thrashed Dave Cooke of Pompey (2nd fastest) by no less than 45seconds, giving Tony Fairclough an invincible lead of 3:22 for the final stage. John Cooke reversed the treatment his brother received on the previous stage but it had little effect.

This was undoubtedly the most decisive relay win we have had for years and augered well for the forthcoming "Brighton".

#### RESULT

1. BELGRAVE H.....144:19rec	4. Bristol AC.....148:26
2. Portsmouth AC.....146:59	5. T.V.H.....149:36
3. Walton AC.....148:10	6. Windsor.....151:30

Stage 1: J. Thresher(25:15) 2nd fastest. Stage 4: C. Dabbs(22:25) 2nd fastest  
 " 2: T. Hart (22:03) fastest " 5: Geoff North(24:57rec) fastest  
 " 3. Gerry North(23:44rec) fastest. " 6: A. Fairclough(25:55) 2nd fastest

## PIPPED AT BEXLEY

### Cambridge H. Relay--March 20th

After our fine double outing of the previous week, at Ilford and Southampton, when we had 16 'A' team runners performing, there should have been little difficulty in getting 6 of our best dozen runners out at Bexley and thus clinch another convincing win. But it was not to be. Only 4 of our expected six appeared and Jack Brown and Don Maclean were moved up to fill the gap. Both ran very well, but we were obliged to concede 53 seconds to Blackheath at the end and had to be content with 3rd place. This was another case of key runners not notifying the team manager when unable to appear.

Laurie O'Hara gave the opposition another dose of his 'Ilford' treatment on the first stage and romped home with a 5 seconds lead over a surprised Roseman (SLH). John Thresher increased the lead to 17secs but Trevor Hart met Baldwin (B/Heath) in record breaking form and converted this to a deficit of 32secs. Jack Brown held second place but Blackheath doubled their lead and SLH were moving up close behind. Geoff. North put us bang into the running again by equalling Baldwin's new course record and regaining the lead by a 10seconds margin.

Poor Don Maclean. For the second successive week he had the unenviable task of being our last man with the race in a precarious state. Mac made a tremendous effort to stay with Herring of Blackheath but was dropped after 1½ miles. Second place seemed assured, but a storming finish by Avila (SLH) took his club into second place a few yards before the line and a possible Belgrave win had become a 3rd place.

#### RESULT

	'A'	'B'	'C'
1. Blackheath H.....96:44	O'Hara....16:06	Walker...17:16	Crookes...17:50
2. S.L.H.....97:33	Thresher..15:52	Shingles..17:33	Clark....19:25
3. BELGRAVE H.....97:37	Hart.....16:20	Moore....17:20	Shippen..17:49
4. T.V.H.....98:16	Brown....16:43	Bischoe...17:54	
5. Hercules AC.....98:58	North....15:31	Hampshire17:39	
6. Cambridge H.....99:16	Maclean...17:05	Sadler...17:25	
21. BELGRAVE H 'B'..105:07			

Fastest of day:--North & Baldwin 15:31rec, Wheeler (HMH) 15:39, R. Holt (Herc) 15:40.

# CLUB '5¾'

## "Wimbledon" Cup--March 27th

1. L. O'Hara.....(1:00) 28:22	19. R. James.....(5:30) 33:49
2. P. Newell.....(1:45) 28:43	20. J. McDonald.....(5:30) 35:55
3. R. Thorpe.....(1:30) 28:46	21. P. King.....(6:15) 34:06
4. A. Black.....(1:10) 29:05	22. P. Wrench.....(6:00) 34:16
5. W. Kerr.....(0:45) 29:13	23. B. Merry.....(6:00) 34:41
6. J. Brown.....(1:45) 29:28	24. E. Penny.....(6:00) 34:48
7. J. Dear.....(2:15) 29:58	25. J. Jarvis.....(7:00) 34:55
8. A. Major.....(3:00) 30:04	26. P. Sutton.....(7:00) 35:02
9. J. Moore.....(2:30) 30:11	27. J. Walker.....(7:00) 35:08
10. A. Fairclough.....(0:45) 30:34	28. C. Manning.....(8:00) 35:21
11. D. Maclean.....(2:00) 30:42	29. J. Smart.....(8:00) 35:27
12. J. Hampshire.....(2:30) 31:12	30. A. Mead.....(7:00) 35:30
13. G. Biscoe.....(4:00) 31:20	31. J. Plummer.....(8:30) 35:37
14. C. Shippen.....(3:00) 31:36	32. R. Stroud.....(8:00) 36:37
15. J. Bromley.....(3:30) 31:58	33. C. Henn.....(7:30) 36:17
16. ShimmIn (Guest) - 32:19	34. C. Fairfield.....(7:50) 37:12
17. L. Bishop.....(4:00) 32:40	35. D. Newall.....(6:50) 38:03
18. E. Short.....(5:30) 33:10	36. J. Baker.....(10:00) 39:36

Handicap:-1.P.Newall 26:58, 2. Major 27:04, 3. Plummer 27:07

### 6th Annual

#### Blackpool and Fylde Memorial Road Relay Race

April 24th 1965

Two teams (less one last minute defaulter) journeyed by road to Blackpool on the day before the race and were accommodated in North Shore boarding establishments.

We were the holders of the trophy, said to be worth 300 guineas, and a very strong team was never in danger of losing the race, although at the finish Manchester & District Lads Club had closed a lead which at one time was as much as 90secs to a mere 40 seconds.

John Thresher took the first leg for the A team with Mel Thorpe running for the B team. John gained a ten seconds lead over Manchester & District Lads Club with Mel third about 200 yards behind.

On the second stage Gerry North opened the gap to about fifty seconds and John Dear held on to 3rd place for the B team.

Trevor Hart ran the third stage for the A team and widened the gap over the Manchester club to about 80 seconds but Bolton United who had had a bad start had moved into 3rd place with a fast run by Freary who with 21:53 put up a new record for the course. The B team, with an unfit Peter Hilliar running, were falling back.

Tony Fairclough took the fourth leg and kept the lead but Brian Hall of Manchester closed the gap to about thirty seconds and the Lads Club were getting confident of their chances.

Geoff. North however, on leg five, soon altered the position by running away from Manchester and with only one leg to go our lead was about 80 seconds. Geoff. was in great form. Perhaps sharing a bed with Laurie O'Hara on Friday night had something to do with it!

Laurie O'Hara made no mistake on the last leg and in fact lapped our B team (Chris Steer) in keeping us ahead--it is doubtful whether a faster finish has ever been seen on the Blackpool track. Manchester, with Entwistle had made a great effort to catch up and had reduced our lead to 40 seconds, though we were never in danger.

After the race the boys (and the team manager) set out to enjoy themselves and were able to show the North brothers a thing or two about Blackpool which even they didn't know! In all a successful weekend for all concerned.

#### Result

1. BELGRAVE H.....2:16:15
2. Manchester & District Lads C..2:16:55
3. Bolton United H.....2:18:00

A Team J. Thresher(22:24)Gerry North(22:8)T.Hart(23:6)A. Fairclough(23:27) Geoff. North(22:11)L'O'Hara(22:59).

B Team R. Thorpe(23:3)J.Dear(24:08)P. Hilliar(26:5)H. Satchell(25:10) C. Steer (Not Known)

Fastest time of day-1. Freary (Bolton)21:53, 2.R. Hill (Bolton) 21:58  
3. Gerry North(Bels)22:08. 4.Geoff North(Bels) 22:11.

# Brighton Relay

April 10th 1965

by OLYMPIAN

Our selected team for this race was probably the strongest that we had ever fielded and on this fact alone we were justified in hoping that we would finish higher than our fourth place in 1964. Unfortunately we found our main opposition at the top of their form with one team, North Staffs & Stone, running far ahead of their previous best. Our finishing position of fifth was by no means a disgrace, and was in fact, broadly speaking, a better performance than in 1964, for we were only 2½ minutes behind the winners instead of over 6 minutes. This means that whilst we are improving, teams like Coventry and Derby may well have passed their peak and we can look forward to 1966 with great anticipation.

Laurie O'Hara on stage 1 did all that we had expected of him--he gave us the lead we needed and sent off John Thresher on what we had hoped would have produced a good margin by the time Mitcham was reached. Stage 2 has, however, given John a complex--although he is probably our third best runner over five or six miles he won't believe it himself and his performances suffer in consequence. Instead of romping away from the opposition he was forced to drop back to fifth and we were 30 seconds in arrears when Pat Newell took over heading for Wallington. Pat also lost a little ground with a run somewhat below that which we had expected after his excellent effort in the club 5½.

Gerry North running on stage 4, one of the hardest of the whole race, was in devastating form. From seventh to second against strong runners was a first class performance. To take 37 seconds off John Cooke of Portsmouth and to record the fastest time of the day, even with Ron Hill on the leg, was better than even his most ardent supporters would have expected.

Trevor Hart ran well on the Redhill stage and kept his place, although losing a little ground on Coventry, and when Jack Brown (40 this year!) took over on the short leg Coventry were only 37 seconds ahead. Jack reduced this lead to 22 seconds and sent off Mel Thorpe with every chance of going into the lead. Mel made no mistake, and producing almost the carbon copy of an earlier race when Laurie O'Hara took this stage, came home with fifteen seconds to spare.

Geoff North came next on the most gruelling leg of them all and fought every inch of the way, but Dominic Kelly of Derby and Dick Taylor of Coventry were in great form and at Handcross we were back to third, but only ten seconds behind Derby and two behind Coventry.

Could Bill Kerr keep close enough to Kilby and Bullivant to give our last three runners a chance or would these top class runners open up a large gap? The latter, not unexpectedly, proved to be the case and John Jackson, running for North Staffs, caught up forty seconds and also put a long distance between himself and Bill.

At the start of stage 10 we were fourth and nearly two minutes down on Coventry who were only a short distance ahead of Derby. Charlie Dabbs obviously thought there was still hope of a place for he gained sixteen seconds on North Staffs and 22 seconds on Coventry, although losing a few yards to Derby. The gaps behind were closing. Portsmouth who had been behind us for some time were getting ominously near, for Meadows on this leg put up the best time of the day, and were at this point a mere nineteen seconds behind us.

Tony Fairclough, who had run so well on the Dale Hill stage last October, was well below his usual form and instead of repeating his previous effort he lost much ground and a place to Tim Johnston of Portsmouth who proved to be his club's ace card.

And so to the last leg which Alan Black was taking. We were not really worried about being 30 seconds down on Portsmouth for we were sure that Alan would catch Gough. This he did and Alan was with the Portsmouth runner with a mile to go. Knowing Alan's fast finish we were still confident but Gough hung on and in a desperate effort, which some athletes seem to be able to produce even when they are on their knees, came home by inches from a most surprised Black. In front another battle had been enacted between Coventry and Derby--Coventry turning a small deficit into a winning lead of fourteen seconds to win for the third year in succession after a race which had proved to be one of the best contested for many years.

PHOTO (E.Lacey) Gough forces his way past Black a few feet from the finishing line. For several minutes afterwards the Portsmouth runner was in a state of collapse due to his courageous effort.

## RESULT

1. Coventry God. H.....4:26:11	6. Bristol AC.....4:31:33
2. Derby & County AC.....4:26:25	7. Thames Valley H.....4:32:13
3. N. Staffs & Stone H.....4:28:09	8. Birchfield H.....4:32:45
4. Portsmouth AC.....4:28:44	9. Blackheath H.....4:33:16
5. BELGRAVE H.....4:28:44	10. Manchester & Dist. LC.4:33:40

(20 teams ran)

Stage 1: L.O'Hara.....(20:53)fastest	7. R. Thorpe.....(18:32) 4th fastest
" 2: J. Thresher...(25:09)10th "	8. Geoff. North...(29:43) 3rd "
" 3: P. Newell.....(21:22)11th "	9. W. Kerr.....(29:43)13th "
" 4: Gerry North...(28:56)fastest	10. C. Dabbs.....(20:25) 3rd "
" 5: T. Hart.....(21:48)6th "	11. A. Fairclough.(20:40) 8th "
" 6: J. Brown.....(14:03)7th "	12. A. Black.....(17:35) 4th "

## Cross Country Secretary's Footnote:-

I would like to take this opportunity of bringing to the notice of all members a number of conditions applied by the "News of the World" to Brighton Relay Races. As most of you know there is now to be only one race each year and if this is to be continued it is imperative that the rules are observed. I am therefore setting out below the conditions which in the past I have noticed are not observed by many of our members.

1. No supporters vehicles may follow the race on the first two stages.
2. Owing to the narrow roads on Stage 3 supporters' vehicles must not follow the runners through Wallington.
3. Runners must travel in the official coaches until they have run their stage of the race..
4. No runners may run on the road except on their allotted stage. The police give permission for the race to be run on the understanding that there are no more than 20 runners on the road at any one time. Supporters must not run with the race, and runners in the race must not continue beyond their allotted stage. Failure to comply with these requirements may bring about the Club's exclusion from future races.



# SOCIAL

## The Butlins Weekend

The convoy to Bognor for the Butlins weekend, made their rendezvous on the Friday evening at the "Bels Hut" to wait for the arrival of our President and his wife. After a quick drink and a game of darts we were on our way, twice managing to lose our Social Sec. (O-Manning) in the space of about six miles. The first time when his gear box decided to go wrong, and the second time on a building site, about which no questions shall be asked.

We arrived at Butlins to a hot meal and warm comfortable chalets, and later spent the evening having a look round. For the next few days, in true Belgrave spirit, every single item of Billy Butlin's was tried and tested; from the open fun-fair in the freezing cold, when Jack Goswell was nearly robbed of his false teeth while tearing around on the "octopus", to all the fun and games which would have been nothing without the Harriers all doing their sprints around the dance hall and winning most of the prizes.

The heated swimming pool was warmly appreciated by all, tempting even the chilliest mortals amongst us. Perhaps it was the warm water which made rather strange happenings occur to Jean Manning while swimming. But who can be surprised when the swimmers around her happened to be Dave Shepherd, Ted Stimpson and Jean's "Ole Man"?

Butlin's bingo session and the local bookmaker accounted for some of the expenses of the party. Sunday afternoon our ladies turned up to a personality contest and much to their disappointment failed to win a week-end with a tall handsome "redcoat". The male members although not meeting with success in the knobbly knees contest were greatly appreciated by the audience in their rendering of the Swan Ballet. Dave making the best dying Swan we have seen for a long time.

We all departed on Sunday evening after a "restful" week-end, in general agreement that it had been most enjoyable, and we would like to express our gratitude to Charlie Manning for his hard work in organising this trip.

Evelyn Stimpson.

## JAZZ ON A SUMMERS NIGHT

The foundations of Belgrave Hall will surely never stand quite as firm since the night of May 22nd when those hallowed walls looked down on scenes of unprecedented transformation and frenzy. For this was the night when Charlie Manning climaxed his social triumphs of the year and brought New Orleans Jazz to Denmark Road.

From the attractively designed tickets this had promised to be something of an unusual social, and the subdued lights and decor showed that no effort had been spared to create the correct atmosphere. Anticipating the large crowd that was to gather, refreshment facilities had been doubled and these were soon operating at full stretch - eventually drying up. Charlie, from wise counsel and personal experience, had booked the 'Colin Bowden All Stars' to complete the scene - musicians of professional standing such as Wally Fowkes and Jim Rogers.

Whether one wished to dance or just listen, all tastes were catered for by the bands repertoire. While it is true that the Club's new 880y Champion had a job to convey his greatness above the noise, Bill Lucas's combination of speed and stamina on the dance floor spoke well of a come-back!

The evening was finally brought to thunderous climax around 11pm to the apt strains of 'High Society' and everyone headed wearily for home, but not before a well deserved vote of thanks had been expressed to Charlie and his helpers for a truly great evening. May there be many more where that came from.

Gordon Biscoe

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Belgrave has five members on the committee of the Southern Counties A.A. In the voting for the elected committee, Les Cohen was top, Alf Harley 8th and Harry Shields 18th. Our other two members are delegates from affiliated associations, Frank Jarvis (Southern RWA) and Bill Lucas (Southern Counties CCA).



PHOTO (E.LACEY) Gerry North (30), running for Surrey in the Inter-Counties Champs. at the White City in June, is seen here just behind Barlow of Cheshire in the early stages of the race. The race was won by J. Alder in 28:04 and Gerry was 5th in 28:23.8. John Thresher was the other Belgrave member of the victorious Surrey team, finishing 6th in the mile with 4:05.8.

## 25 YEARS AGO.....

### FROM THE BELGRAVIAN 1940.

"It is with deep regret that we have to record the deaths of E.G.Birch and W.F.Pigott, both of whom were killed on active service. It is with sorrow also that we announce the death of Harold Titherley, former Civil Service 880 yards Champion and valued member of our track teams, who was killed in a recent air raid."

Joe Turner was elected President of the E.C.C.U. and the S.C.C.C.A. Alf Harley and Jack Bidgood were elected Chairman and Vice-Chairman respectively of the Southern R.W.A.

## .....and 40 YEARS AGO

"The Club membership is now on the 375 mark and it is confidently expected that the 400 will be reached by the date of the AGM."

Result of the National Walking Championship was:-

1. BELGRAVE H (2,3,11,12) 28pts      2. Surrey W.C. (1,5,6,17) 29pts.

Hints on filling up handicap entry forms - "... it is not necessary to state in line six that your last prize was a marble clock which is not now working. On the other hand, if you have never won a prize at all don't be afraid to say so. By doing so you have a very remote chance of getting a "lift".

It is not necessary to use multi-coloured inks to emphasise the fact of your inability to "get up", nor is it in good form to express compliments to the wonderful intelligence of the Handicapper - he is probably beyond all that - and finally, do not express the candour of a certain walker who entering for a running race, wrote in lines six and seven, "I have never won a prize for running except in a walking race". He was probably right, but it was not flattering to that noble body of "Walking Judges!"

# WALKING

The wheel of fortune forever turns. From our invincibility of a few years ago our rating is now just "strong opposition". It says much for the Club, of course, that despite a lean spell we still remain up amongst the medals. We have lost, or partially lost, several good walkers in recent years and we have been unable to replace them quick enough with new faces. A few weeks ago the position continued to worsen when John Knifton left these shores for Texas University to study for 3 years. John has been of great value to our teams over the years and we wish him the best of success in the U.S.A.

New faces are badly needed and we are therefore very pleased to welcome 22yrs old David Mayo from the U.S.A. and 27yrs old William Newhill from Coventry. David was put on to Jack Goswell by Colin Young and after corresponding for a while he decided to come across here to get the competition he needs. How's that for keenness? Bill Newhill has already shown his worth wearing a Warwickshire vest and we look forward to these two finding a place in our teams.

Eric Hall, who continues to support us at every opportunity, was very fit earlier this summer but went down with stomach trouble at a critical part of the season, and was unable to test his form over the longer distances once more. It would be a great boost for our teams if he could go out to 20 miles next season.

Don Bartliff and Bill Belderson have both been posted elsewhere with the Police and we have seen little of them this year. Bob Barnes is now working in Cambridge and can only get down at weekends. Training packs from Belgrave Hall on Tuesday and Thursday evenings are not what they were a few years ago. Jack Goswell is convinced that our successes will return only when the packs reach their old numbers again.

For the future, JWG hopes to see Steve Laker-Jones come on this winter and do well in next year's RWA 10 miles and 20 Kilos; also to see Pat Duncan and Dave King do especially well at the longer distances--they could be two of our main hopes next year. At the shorter distances Charlie Capener could also make good progress in 12 months.

What a pity more of our walkers can't reach a peak for the National events like Ray Middleton. His ability to do this and his remarkable pace judgement are models to all athletes. After winning back his National 50 Kilos title from Nihill he is now rarin' to go in the Lugano Cup Final in Italy this October.



Don Thompson and Ray Middleton, both selected for Britain's Lugano Cup team, fight it out during the Met. W.C. Open 20 Kilos.

Photo: R. Linstead

# HOW I TRAINED

We continue our series of training articles from Belgrave Newsletters of the early 1950's

## (3) JACK RUTLAND

I started walking at the age of 15 years by winning the Bels one mile Novice event. It was not until two years later, however, that I was encouraged to enter 7 mile events.

Whilst perhaps specialising in 7/10 mile events, at which reasonable success was achieved, first class standards have been gained at 20 miles and 50 kilometres, and I decided to make 1950 a long distance year.

I believe that walkers can only expect good times by attaining real physical fitness; it is no good 'taking a bashing' if you are not up to it. Therefore whether stripped training or strolling, make it regular and recover from one outing before attempting another.

Improved times must be shown if physical fitness and style can be developed and from this should come stamina and speed respectively. As to the right amount of training, this will depend on the individual; I would say two or three times a week is sufficient, thus:-

### SHORT DISTANCE.

Two mid-week outings and of course Saturdays club or race turnout. The distances mid-week can be restricted to 5/7 miles with time checks if possible. Strolling 10 miles on Sunday provided Saturday's outing has not been a hard race.

### LONG DISTANCE.

Plenty of stripped spins 20/25 miles, with occasional 'sharpeners' of 15/10 miles. Recovery is essential from each before attempting the next. Strolling once a week of 5 hours duration.

I have found that stripped spins can score over strolls mainly because of time factors; more mileage can be covered to so build up confidence and knowledge of pace which is essential.

One certainly needs to put in quite a lot of work for distance events, but providing a little is made, most walkers should be able to do some distance work and may find an increased strength the following season.

Jack Rutland first made his presence felt by winning a club novice race at the age of 15 in the remarkably good time of 8:35. With increasing years he improved and was a member of our winning Junior team in 1936, finishing 7th. Following this he scored in many of our winning scratch teams in pre-war days. He won the first Army Road Walk Championship and in the season 1945/46 won a succession of open races in exemplary fashion. Thereafter he was Club Champion at 10 miles; Southern 7 miles Champion; second in the initial R.F.A. 10 mile Championship and placed in County Championships. Jack was among the six "possibles" for the Olympic Games 10,000 metres event in 1948 but did not strike his best form in that year.

## CLUB '10'

Eric Hall was a comfortable winner in a very good time, and Bob Barnes showed a welcome return to form in finishing 5th. Steven Laker-Jones was another to perform well and Bob Picton did extremely well in this, his first 'ten'.

### Result.

1. E.W. Hall (scr.)	77.19	11. D. Fotheringham (15.30)	91.09
2. J.F. Knifton (1.45)	79.20	12. B. Eglinton (15.00)	92.02
3. R. Middleton (0.30)	81.47	13. J.F. Keown (15.00)	92.19
4. R.C. Hall (2.35)	81.57	14. C. Yescombe (17.00)	93.18
5. R.L. Barnes (6.00)	83.30	15. A.H. East (21.00)	97.55
6. S. L/Jones (4.00)	83.41	16. P. Wilson (24.00)	100.07
7. M. Hamlin (5.00)	85.55	17. H.W. Shields (25.00)	102.42
8. P.L. Duncan (6.15)	88.05	18. J. Wilson (26.00)	103.22
9. R. Picton (13.30)	90.22	19. G. Doubleday (24.00)	103.28
10. W. Belderson (10.50)	90.54	20. B. Stevenson (24.00)	106.48

Charlie Capener holds the junior (under 21) Olympic Cup this year after clocking the good time of 35.20. It was a pity, though, that our membership does not provide him with any opposition.

In the Southern R.W.A "Garnet Cup" 10 miles at Bexley on February 6th, Gerry Cameron walked very strongly to finish 12th in 85:59. Our winning team of last year was barred from this event so we did quite well to finish 5th. Bob Picton in his second '10' found the going hard and had to give in at 8 miles. The remainder went well but were too far back to make any impression on the team leaders. D. Fotheringham (91:22) was 33rd, one place ahead of C. Yescombe (92:02) and four places up on C. Capener (92:26). Our numbers were completed by P. Wilson (99:42) in 60th place.

## L.C.C. '10'

Battersea Park - February 13th.

Throughout the majority of the race Belgrave led in the team championship, but in the closing stages the 3rd and 4th strings in the Highgate team came through strongly to pip our lads by 1 point! John Knifton walked very well to lead our team home and Steve Laker-Jones had a "blinder".

### RESULT:

1. M. Fullager (SWC).....76:31	9. R. Middleton..... 80:35
2. J. Knifton (Bels).....77:18	10. R. Hall..... 80:35
3. D. Thompson (Met).....78:26	16. R. Barnes..... 83:15
8. S. Laker-Jones (Bels).....80:20	22. M. Hamlin..... 86:04
Teams: 1. Highgate H.... (3,4,6,12)...25 pts. 2. BELGRAVE H... (2,7,8,9)... 26 pts. 3. S.W.C... (1,5,10,11)... 27 pts.	

## The COUNTY '10's

### SURREY

2. J. Knifton..... 78.55	14. W. Belderson.....91.22
3. R. Middleton... 80.13	17. J. Keown.....93.08
4. R.C. Hall..... 81.04	21. J. Morris.....95.38

Teams:- 1. Surrey W.C..... 19 pts. 2. Belgrave H..... 23 pts.

### MIDDLESEX

7. S. L/Jones..... 81.43	15. D. Fotheringham...88.41
9. M. Hamlin..... 83.28	16. C. Yescombe.....90.48
13. R.L. Barnes..... 85.32	

Teams:- 1. Met. W.C..... 24 pts. 2. Cadogan A.C..... 44 pts.

### HAMPSHIRE

2nd. D. King..... 81.25

At the Southern Counties A.A.A's 7 miles walking championships on March 6th at Battersea Park. Ray Middleton (54.25) was 4th, Mick Hamlin (58.36) was 13th, John Knifton, our only other starter, did not finish.

Weather conditions made the track unsuitable and the race was held over the road circuit.

## R. W. A. '10'

### Leicester--March 20th

This year's race was held in extremely wet conditions and our main rivals, Surrey WC, won fairly comfortably. Our "local" man, Eric Hall, led home the BELS team to second place medals and finished a worthy sixth himself. Ray Middleton finished very strongly and all but caught his team-mate at the end.

The Inter-Counties race was held in conjunction and Surrey were easy winners---Ray Middleton and John Knifton being members of the winning team.

### RESULT

1. P. Nichill... (Surrey WC).....74:55	6. E.W. Hall.....(BELS)....77:38
2. R. Wallwork... (Lancs WC).....75:52	8. R. Middleton... " ....77:48
3. K. Harding... (R. Sutton).....76:35	11. J. Knifton..... " ....78:18
(195 started)	28. R.C. Hall..... " ....81:15

### Teams:

1. Surrey WC.....30pts. 2. BELGRAVE H....51pts. 3. Met. WC.....91pts.  
(24 teams closed in)

At the AAA 7 miles track championship at Hurlingham on March 27th, Eric Hall (54:20) was 5th, John Knifton (54:55) was 7th and Ray Middleton (55:18) was 11th. There were 20 starters.

## Met. W.C. 20 kilos

Battersea Park--April 3rd

This was an unfortunate day for Belgrave. John Knifton was disqualified when lying handily in 4th place, and Eric Hall was forced to drop out---most unusual for him. It was thought at first that these two episodes were the difference between winning and finishing 3rd, but it was soon apparent that the loss of these two men did not affect the result.

Surprise of the race was E. Fullager's win over his club-mate,

Olympic silver medallist P. Nihill.

RESULT

1. P. Fullager... (SWC).....96:24	24. D. King.....111:09
2. P. Nihill..... (SWC).....97:17	26. M. Hamlin.....112:06
3. R. Middleton.. (Bels)....100:28	36. G. Cameron.....116:39

Teams:-

1. Surrey WC....(1,2,6,19).....28pts	2. Met.WC.....(4,5,9,12)....30pts
3. BELS 'A'.....(3,22,24,33)....82pts	10. BELS 'B'....(35,44,45,46).170pts

In the Stock Exchange 25 miles championships at Hayes, Kent, on April 3rd, Ray Hall (3:52:10) was 2nd to his old rival Dickie Green (3:49:03). Revenge in the next "Brighton" Ray?.

Dave King was our only walker of note to take part in the last "Godstone" walk, promoted by Surrey W.C. This Croydon to Godstone and back event covered a total distance of 18½ miles and has been held annually since 1909. It is a pity we were not better represented on this farewell occasion. Dave King walked very well, and at halfway was 4th, only a few seconds behind M. Fullager and Selby. However, he paid the penalty for his fast start and dropped to 8th on the homeward journey clocking 2:52:32 against winner Nihill's 2:32:13.

## Club '20'

1. D. King.....(11.45)....2:49:04	6. R. Eglinton... (35:00) ..3:20:36
2. P. Duncan.....(26:30)....3:08:47	7. H. Hooper.... (27:30) ..3:21:02
3. G. Cameron.....(25:00)....3:10:24	8. R. Picton.... (34:00) ..3:23:32
4. W. Belderson.....(24:00)....3:13:58	9. G. Beecham... (32:00) ..3:25:57
5. J. Keown.....(33:00)....3:20:18	10. C. Yescombe... (35:00) ..3:30:44

Handicap Result: 1. D. King 2:37:19 2. P. Duncan 2:42:17 3. G. Cameron 2:45:24

## THE R.W.A. 20 kilos

20 KILOS CHAMPS. CARDIFF---MAY 5TH

The Race Walking Association's inaugural 20 Kilos road walking championship was held from Pontcallea Fields Cardiff, with 14 teams totalling 107 starters on the line. After a little over 1½ hours walking Surrey W.C.'s Paul Nihill had annexed another RWA title; both individual and team. With Eric Hall in our team we could have been runners-up but, as it was, Met. WC nipped in ahead of us and we had to be content with bronze medals.

Ray Middleton was not at his best and John Knifton walked well to lead our lads home.

RESULT

1. P. Nihill (S.W.C.).....1:33:33	28. D. King... BEL. H....1:45:03
2. P. Fullager.. (S.W.C.).....1:35:15	40. G. Cameron " "....1:43:31
3. J. Eglinton. (Coventry God).1:35:24	53. M. Hamlin " "....1:55:18
11. J. Knifton.. (Belgrave H.)..1:38:44	54. J. Keown.. " "....1:55:18
12. R. Middleton. " "....1:38:50	83. R. Barnes. " "....2:03:15
21. R. C. Hall..... " "....1:42:57	

Teams:-

1. Surrey W.C.....(1,2,5,11).....19points
2. Metropolitan W.C.....(4,6,15,17).....42points
3. BELGRAVE H.....(9,10,18,22).....59points

In the Police's Barking to Southend Walk on May 19th, 161 walkers completed the course. Belgrave were well represented with five in the first forty-four; although they all represented different teams.

RESULT

5. J. Morris....5:34:53	11. C. Yescombe.....6:03:18	44. E. Stevenson 6:39:08
9. W. Belderson.5:52:30	25. D. Fotheringham.6:16:01	

# R. W. A. National '20'

## Poor Team Result for Bels

This year's championship was held at the Priest Hill School Sports Centre, Swell on June 12th. It is not a day Belgrave walking teams will wish to remember. To finish 5th of 11 teams in a National event is our worst performance for many many years. Even the loss of King, Barnes and Cameron during the race did not affect the result. In the individual race Ray Middleton walked exceptionally well and coming thro' in his usual style was only 43 seconds short of catching the winner, Nihill. Ray Hall was the only other Belgravian to gain a forward position.

There were 110 starters. Norman Read, the 1960 Olympics 50 Kilo's gold-medallist, was first away and at 2 miles was 150 yards clear. At 5 miles Middleton had moved through to 4th place and shortly afterwards Read relinquished his lead to drop steadily back to 23rd.

At the half-way mark Middleton was still 4th, nearly 3 minutes behind Nihill, and Ray Hall (14th) was having quite a battle with his old "Brighton" rival Dickie Green, Dave King followed close behind in 18th position, but it was not long afterwards that he suffered disqualification.

With 5 miles to go, Middleton had moved up to second place, with Paddick (RSC) at his shoulder, and these two set their sights on Nihill whose lead had been reduced to 2 1/2 minutes. The leader suffered a bad spell in the closing stages and although Ray dropped Paddick during his effort to catch Nihill he was still 43 seconds behind the Surrey walker at the line---a closeness that Nihill is not accustomed to these days!

Ray Hall held his own throughout and finished strongly to beat both his race rivals, Green and Young. Barnes and Cameron retired in the closing stages.

### RESULT

1. P. Nihill.....(S.W.C.).....2:44:03	57. J. Keown.....(BELS)..3:22:15
2. R. Middleton..(BELGRAVE)....2:44:46	61. B. Eglinton.. " ..3:23:12
3. J. Paddick....(R.S.C.)....2:45:20	64. G. Beecham.... " ..3:24:56
10. R. Hall.....(BELGRAVE)...2:57:55	

### Teams:-

1. Surrey W.C.....(1,3,9,10).....23pts
2. Sheffield U.H....(5,7,12,14).....38pts
3. Metropolitan WC.(4,6,16,17).....43pts
4. Leicester W.C....(11,15,20,21).....67pts
5. BELGRAVE H.....(2,8,43,46).....99pts

The two Rays were once again well up in the field on June 15th. This time, 2nd and 5th respectively in the Lambeth '5'. The team were second once again to Surrey W.C. 21-9, with Southend AC third.

## INTER-CLUB WALKS

### Belgrave Vie with Surrey W.C.

The Bels showed some fine walking form during our own inter-club walks fixture at Battersea on June 30th. Ray Middleton chased home his regular rival Nihill in the 5 miles with Ray Hall supporting well in 7th position.

In the 3 miles event we really went to town with John Knifton, Steve Laker-Jones and Pat Duncan finishing 2nd, 4th, and 13th respectively. We started the final event (2 miles) 3 points ahead of S.W.C. and everything depending on Barnes, Smith and Picton. Bob Barnes showed some of his old fire to finish 3rd but was followed home by two S.W.C. men (Selby and Vale). Ted Smith soon followed in 8th place and then everything depended on the positioning of Wishart (SWC) and Bob Picton. Unfortunately the Surrey man got home just 10secs ahead of Bob and this enabled his club to tie the match. A good evening's walking. There were a total of 83 starters from 11 clubs.

### RESULTS

5 Miles:-	1. P. Nihill... (SWC).....35:55:4	7. R. Hall... (BELS) ..39:34
	2. R. Middleton (BELS).....37:13:6	22. C. Yescombe " ..44:53
3 Miles:-	1. B. Hawkins.. (MVC).....22:08:0	4. S.L./Jones.. " ..23:35
	2. J. Knifton.. (BELS).....22:26:0	13. P. Duncan.. " ..24:53
2 Miles:-	1. K. Baslea... (Enfield)..14:35:2	8. E.A. Smith.. " ..15:50
	3. R. Barnes... (BELS).....15:00:2	13. R. Picton.... " ..16:24

### Teams:-

1. BELGRAVE H (80,92,88) .....260pts
1. S.W.C.....(91,78,91).....260pts
3. Highgate....(60,69,69).....198pts

July 10thBIRMINGHAM OUTER '5'

1. R.C. Middleton (Belgrave).....	3:28:59		
2. D.J. Thompson (Met. WC).....	3:30:11		
3. C.J. Fogg (Enfield AC).....	3:44:49		
8. R.C. Hall (Belgrave).....	3:53:14		
17. P.L. Duncan "	3:59:42		
25. G.E. Beecham "	4:08:33		
57. G.P. Cameron "	4:41:02		
59. D. Fotheringham "	4:41:31		
		<b>Teams:-</b>	
		1. Surrey WC.....	33pts
		2. BELGRAVE H.....	45pts
		3. Sheffield U.H.....	56pts
		4. Leicester WC.....	62pts

A fine effort by Middleton. For some time he had quite a struggle with Met WC's Australian, Peter McCullagh, but the Aussie cracked and retired leaving Ray a solitary leader. Don Thompson never looked like catching him. Despite no one in the first three our old rivals, SWC, still won the team award--what a force they are these days!

The Annual Civil Service/Stock Exchange match was held from Belgrave Hall on Thursday July 15th, with the C.S. winning 31-47. Our own Ray Middleton and Eric Hall spearheaded the winning team by finishing 1st and 3rd respectively; and with Ray Hall placed 5th for the Stock Exchange it was quite a day for the Bels.

CLUB TRACK HANDICAPSMay 12th

1. J.F. Knifton... (0:45)...	14:25	6. S.L./Jones... (1:20)...	16:36
2. R.C. Hall..... (1:20)...	15:25	7. R. Picton... (2:45)...	16:55
3. R. L. Barnes... (1:40)...	15:37	8. C. MacLennan. (4:00)...	18:32
4. M. Hamlin..... (1:40)...	15:51	9. A. East..... (4:15)...	19:09
5. E. A. Smith... (1:45)...	15:58		

Handicap:- 1. Knifton 13:40, 2. Barnes ;3:57, 3. R. Hall 14:05

June 9th

1. R.L. Barnes..... (1:20)...	15:09	6. R. Picton... (2:45)...	16:35
2. E. A. Smith..... (1:45)...	15:50	7. C. Capener... (2:50)...	17:01
3. S. L./Jones..... (1:30)...	16:00	8. A. H. East... (4:15)...	18:53
4. M. Hamlin..... (1:40)...	16:06	9. H. W. Shields (4:30)...	19:16
5. P. L. Duncan... (1:50)...	16:15		

Handicap:- 1. Barnes 13:49, 2. Picton 13:50, 3. Smith 14:05

July 7th

1. R.C. Hall..... (1:15)...	15:11	6. C. Yescombe... (3:10)...	17:07
2. S. L./Jones..... (1:15)...	15:22	7. C. Capener... (2:55)...	17:39
3. E. A. Smith..... (1:35)...	15:50	8. C. MacClennan. (4:05)...	18:27
4. R. Picton..... (2:25)...	16:20	9. A. H. East... (4:30)...	18:41
5. D. Fotheringham... (2:30)...	16:51	10. C. Gittens... (4:50)...	19:01

Handicap:- 1. Picton 13:55, 2. Hall 13:56, 3. Yescombe ;3:57

July 21st (incorporating match with S.W.C. and M.P.A.A.)

1. P. Selby... (S.W.C.).....	15:20	12. C. Capener... (3:05)...	17:16
2. R. Barnes..... (0:50)...	15:37	22. C. Gittens... (4:55)...	18:53
5. P. L. Duncan... (1:55)...	16:14	23. A. H. East... (4:35)...	19:07
7. D. Fotheringham (2:30)...	16:48	24. H. W. Shields. (5:00)...	19:19
10. H. Hooper..... (2:40)...	17:04		

Handicap:- 1. Gittens 13:58, 2. C. Capener 14:11, 3. Fotheringham 14:18

Match result:- 1. Surrey WC 22pts, 2. BELS 43pts, 3. M.P.A.A. 55pts

MIDDLETON NEW '50 Kilos' CHAMP.Bolton- 24th July

We have a worthy National 50 Kilos champion in Ray Middleton. He walked a really well judged race to regain the title he lost to Nihill last year. Always in the first three, he made his effort at the 33 Kilos mark and in the space of 5 miles turned a 1½ minute deficit to Nihill into a 15 seconds lead. Going from strength to strength he further increased his lead to finish over a minute ahead of Don Thompson (who had walked the final 10 Kilos faster than anyone) and 9mins-9secs ahead of the holder who was eventually placed 5th.

Owing to holidays we could only start a depleted team, but Duncan, Beecham and Keown all walked extremely well to help earn us a 3rd place in the team championship--the title going, deservedly, to S.W.C.

(Cont'd. on p.21)

## A DIRTY WORD!

.....this is the reaction "professionalism" invariably gets. Are there too many heads firmly embedded in the sand? Are our interpretations of 'amateur' and 'professional' outmoded? Have we got our priorities wrong? .....Clive Shippen asks these questions and reviews the present illogical situation.

The word AMATEUR is of french origin and stems from the latin words amator (lover) and amore (love). The professional sportsman, then, can be an amateur in spirit just as easily as the amateur can be a professional in approach.

When some of the rowing clubs were first formed on the Thames, membership was restricted to "gentlemen" — to the exclusion of artisans. However one may view this sociologically, it was a fact that these "gentlemen" desired exercise with friends of similar physique and of similar occupation. A true amateur was one who gained no physical advantage from his daily occupation.

If we leap across the years to the present day we find there is no restriction on an athlete who has a job, say, which necessitates a perfect shot-putting action being carried out fifty times a day; nor an athlete who has all day and every day to train while he is kept by his parents. Few people would argue that there should be any discrimination against these athletes — indeed, against any athlete — for the majority prefer to see the most able succeed, irrespective of how they obtained their prowess. It seems quite illogical therefore, that an outside and irrelevant factor should be introduced — "money", or in its broadest sense, "material gain".

Not irrelevant? Then of what possible benefit could Arthur Rowe's rugby league football be to his shot-putting? Or Berwyn Jones's to his sprinting? Their participation in this tough game was a positive disadvantage to their athletics, with a fair risk of injury thrown in. As for the money they earned, well even if they used this to match the advantage of the "kept" amateur it would be to no avail, for they had already blackened their name with that dirty word "professional". So it is no longer a case of fair play, but a question of principle — just another rule, but with no evidence to support its existence.

Let us suppose that monetary gain was not frowned upon and that sportsmen were judged purely on physical ability. Would Snell, Halberg, Clark and Co. start doing an extra 100 miles a week and go twice round the world each year instead of once? Would Eastern European athletes show vast improvements if they were paid broken time for all of the year? And would those swimmers who train six hours a day while their parents earn their keep suddenly acquire improved training schedules? Of course not. The attitude of leading athletes to material gain is purely incidental. If there is something to be had they'll have it — if not they'll train just as hard for the next race. Athletics is too tough a sport to enter just for the pickings — if any.

If professionalism was given official blessing the most noticeable effect would be in the advertising field, as there is no money in athletic promotions. Our most famous athletes would be seen eating, drinking, wearing or using all manner of things. A few Olympic Gold Medallists might even be able to live on the revenue — as long as they stayed good enough. Athletic "purists" and opponents of material gain would be horrified to see such goings-on, but would it really do our sport any harm? Have the cycling and table-tennis worlds suffered? Surely the publicity would be beneficial, possibly resulting in higher attendances at the White City. Opponents of such licence should remember that for every athlete who thinks he can hold promoters, selectors or officials to ransom there are a hundred who would willingly pay to take his place. There are a handful of world famous names in any era whose crowd-pulling ability makes their owners potentially well off, but many a blind eye has already been turned towards the activities of some of these athletes in this so-called amateur age.



## Junior Section

With another track season nearly completed, we the Junior section can look back on a most interesting season, highlighted by the performances of the Junior sprint relay team coached to perfection by Ben Lulham. They took the Surrey 4 x 110y and 4 x 220y in best championship times and then won the Southern Counties 4 x 110y. They are now entered in the AAA's relays and I am sure we are in with a winning chance. The result, I hope, will be stop pressed in the 'Belgravian', this of course being written before the event. For those who are not 'au fait' with the team, the regular members are:- Jim Vivian, Chris Martin, Denis Gleeson and Clive Oliver.

Other juniors who have had a good season are John Mitchell, John Martin, Phil Smith, Bob Nelson, Dave Nicklin and Adrian Major. Many others who are under the guidance of Tom Carter are improving fast and the seniors will surely benefit in the very near future. Junior track Captain, Adrian Major, has given the section invaluable service with his enthusiasm and drive and has helped to make my job much easier. Thanks a lot Adrian.

We are well down in active Youth members, but the lads we do have are very keen. So seniors, if you know of any chaps who would like to join, we promise them some good sport and very good company.

The Boy's department, membership wise, is flourishing. Very good performances in the medal competition have shown potential, but this section, as always, is the hardest to hold together. Competition from schools of course has to be accepted, but other sports - Football and Rugby played on Saturdays, interferes with training and we are liable to lose touch. This is being overcome by the efforts of George Piddington and Adrian Major. One of our most promising boys J. Lewis, is one of the Football fans and I am told on good authority that he is a most excellent player. Another is J. Barnard who I know has been sought as a member by a number of prominent clubs.

Jack Hampshire, Sen.

## The North Surrey League

### FINAL TABLE

1. Mitcham AC.....	(37,35,35,25).....	132pts
2. Croydon H.....	(65,87,48,48).....	248pts
3. BELGRAVE H.....	(86,76,88,70).....	320pts
4. Walton AC.....	(67,113,71,126).....	377pts
5. Herne Hill H.....	(99,97,94,138).....	428pts
6. Surrey AC.....	(130,111,165,112).....	518pts
7. Hercules AC.....	(148,124,158,144).....	574pts

Individual Winner:- S. Badgery (Mitcham).....2,1,3,2-8pts

This was a league result of which our boys and youths can be well proud. Adrian Major contributed a great deal with his individual placings of 3,3,6,5, and our young team will have to work hard next season to compensate for his loss to the Senior/Junior league.

## National C. C.

Parliament Hill Fields--March 6th

### JUNIOR:

Our leading Junior of the winter, John Bicourt, had an excellent run to finish 22nd--a mere 13 seconds outside the first dozen and with only three Southern runners ahead of him. He was always in the first 30 and at one time reached 18th--a fine effort. The ever-reliable Jackie Hampshire was our next man (148) followed by Dave Cocks and Alan Morrison, both below their best. A disappointing points total of 673 gave us a lowly 28th team placing.

### RESULT

1. R. Taylor (Coventry).....	22. J. Bicourt	295. A. Morrison
2. I. McCafferty (Motherwell)	148. J. Hampshire	325. B. Merry
3. J. Hammond (Coventry).....	208. D. Cocks	367. H. Satchell

Teams:- 1. Hallamshire H.....120pts 3. Sale H.....169pts  
2. Hercules AC.....138pts 28. BELGRAVE H.....673pts

YOUTHS:

Adrian Major was a little disappointed to fall one place short of his 62nd position of last year. However, he is a greatly improved runner and we should see great things when he joins John Bicourt in the Junior ranks next year.

He did not seem as happy at Parliament Hill as he was at Brighton, in the "Southern", three weeks earlier. Of the others, Nicklin ran to form but Bousefield and Rawlings were not too happy on this tough course. Our 64th position in the team race was undoubtedly low, but we had the comfort of Blackheath and Hercules in adjacent position!

RESULTS

1. D. Atkin (Airedale)	63. A. Major	463. A. Bousefield
2. M. Tagg (Norfolk)	294. M. Nicklin	467. C. Rawlings

Teams:- 1. Sale H.....67pts      3. Derby & Cty.....224pts  
 2. Notts AC....194pts      64. BELGRAVE H.....1287pts

**COACHING COURSE**

Sixteen boys attended the coaching course held on Friday evening and all day Saturday, April 2nd/3rd. Friday opened at the hall with an introductory talk on the Club's history by Charlie Jones followed by a short talk by our President. The rest of the evening was spent on the showing of loop films with comments by John Bromley, who not only had the keen interest of the boys, but the coaches also who learnt much. Saturday morning was spent again at the hall with a short talk on each event by the coaches. After a break for lunch everyone made their way to Tooting Bec track where the majority took an active part in most events. The weather could not have been better and conditions were ideal.

I wish to convey my sincere thanks to all those who helped on this course and to Mrs Savage who arranged refreshments.

Maybe there will be future stars in our ranks as a result of this coaching course - I hope so.

We are sorry to hear of an injury to Arnold Bent who damaged his ankle whilst training at Battersea Park recently. Arnold, only 14½, shows great promise with a 19'0" long jump and a 5'1" high jump to his credit. On this particular occasion he cleared 20'0" for the first time in training. We wish him a speedy recovery.

George Piddington

*Track Results*April 23rd/24th - Motts Park - L.A.C. Schools Meeting

The LAC Schools meeting is renowned for high class performances, this year being no exception. John Mitchell once again won the Long Jump, only this time smashing the meeting record by 6" with a mark of 23'2". Such was his series of jumps that he beat the second man's distance four times. He followed this up in true Lynn Davies style by running a storming anchor leg in the relay to bring his team home first.

The 100 yards produced a real blanket finish, Jim Vivian managing to get 3rd place with the same time as the winner - 10.3. Mitchell was 5th with 10.6 (10.5 in s-f)

April 24th - Battersea Park - v Ealing H.v Woodford Gn.v Windsor & Eton Juniors.

100y (A) 2.C.Martin 10.9	220y 4.C.Martin 24.1	440y 1.R.Jones 54.0
(B) 2.D.Gleeson 11.1	5.D.Gleeson 24.5	2.P.Nelson 54.2
1 mile 2.A.Major 4:40.4	LJ 1.D.Nicklin 20'0½"	SP 2.R.Jones 38'¼"
4.J.Martin 5:04.6	2. Swann 19'¼"	3.J.Martin 37'¾"
1.BELGRAVE H 56pts	2.Woodford Gn, Ealing H 36pts	4.Windsor & Eton 21pts

Youths

440y 1.R.Moody 57.0	1 mile 1.A.Chandler 5:16.0	1.Ealing H 26pts
LJ 3. Caruare 14'6"	2.J.Steer 5:26.4	2.BELGRAVE H 23pts

May 5th - Leyton Floodlit Meeting

Although Adrian Major only finished 7th in the mile he recorded a personal best of 4:29.4 - not bad this early in the season.

May 12th - Battersea Park - v Deptford Park v Queens Park H

Chris Martin put up a couple of really good times in the sprints, winning the 220y and placing 2nd in the 100y. In the quarter mile Philip Smith recorded a personal best and with a little more experience should improve this time even further.

100y 2.C.Martin 10.4	440y 2.P.Smith 54.5	1m 1.A.Major 4:42.9
4.D.Nicklin 10.8	LJ 4.D.Nicklin 19'¼"	4.J.Steer 5:13.8
220y 1.C.Martin 23.0		880y 2.J.Kelly 2:06.4
3.D.Nicklin 24.7		3.R.Moody 2:10.8
1.Queens Park H 55 pts	2.BELGRAVE H 43 pts	3.Deptford Park 19 pts

## SURREY COUNTY CHAMPS

### May 15/16th - Wimbledon Park - PART 1

Our Junior relay squad - Oliver, Martin, Gleeson and Vivian - not only won both the County relays by the length of a street, but set new records in the process. Much of the credit must go to Ben Lulham under whose eagle eye these young athletes train. With a bit of luck and even slicker baton passes, the AAA Junior could come their way.

Adrian Major ran well in the 2 miles to record a personal best of 9:38.2. Badgery and Church, as expected, tore off into the lead, but Adrian ran a steadier race working his way through the field until just after the half-way mark he went into 3rd place which he held to the finish.  
4x110y 1. BELGRAVE H 44.3    4x220y 1. BELGRAVE H 1:32.4    2m 3.A. Major 9:38.2

### May 29th - Mottspur Park - PART 2

The Youth 110y hurdles was won in a very good time by K.R. Finn. In clocking 14.8 (especially good considering the conditions) he qualifies for a Club Youth's Honours Badge.

The Long Jump was a very close affair. Dave Nicklin improved on his previous best with a leap of 20'9" to take 3rd place, only 4" covering the first three. In the absence of Jim Vivian (just out of hospital after an appendicitis operation) the Belgrave flag was still kept flying in the sprints with good efforts by Chris Martin and Denis Gleeson. They finished 2nd and 5th respectively in the furlong final.

Youths John Kelly and Rich. Moody had a ding-dong battle in the 880 final with John just beating Rich. for 4th place on the run-in.

220y 2.C. Martin 23.7 (23.0 ht)	440y 6.P. Smith 55.2 (54.5 ht)	Shot
5.D. Gleeson 24.1 (23.6 ht)	880y 4.J. Kelly 2:10.1 (2:09.5 ht)	6.J. Martin
LJ 3.D. Nicklin 20'9"	5.R. Moody 2:10.5	38'4"

### June 9th - Battersea Park v London AC

One of the mainstays of our Junior section is Chris Martin, who as usual took both sprints in good times. He is consistently around 23 secs for the longer race and is an athlete of great potential.

Phil Smith improved yet again in the 'quarter' - this time to 53.9. He has proved to himself that regular training pays off so lets hope he keeps up the hard work. We are badly in need of some Senior quarter milers.

100y 1.C. Martin 10.7	220y 1.C. Martin 23.2	880y 2.A. Major 2:06.5
3.D. Nicklin 11.2	440y 1.P. Smith 53.9	3.J. Martin 2:09.6
Jav. 2.J. Martin 124'7"	LJ 1.D. Nicklin 20'8"	

### June 23rd - Battersea Park v Surrey AC, Seaford College

100y (A) 1.D. Gleeson 10.5	220y 2.D. Gleeson 24.0	440y (A) 1.P. Smith 53.9
(B) 2.J. Barnard 10.9	880y 2.A. Major 2:08.0	(B) 1.D. Gleeson 53.7
5.D. Nicklin 11.1	LJ 4.D. Nicklin 19'4"	Shot 1.J. Martin 39'11"
		5.D. Nicklin 30'8"

1. BELGRAVE H 47 pts                      2. Seaford College 45 pts                      3. Surrey AC 44pts

### June 29th - Paddington Rec. - v Queens Park H v Shaftsbury H

There were several outstanding races at this meeting - the most notable being the Youth 100y in which John Barnard clocked 10.4, and the Junior 100y/220y where Bob Jones in his first ever try at these distances recorded 10.5/23.5. Bob's ultimate aim is the decathlon in which he could become top class, for he already has some really good field event marks behind him including a 22'6" long jump (achieved in the Club Champs) which ranks him as one of the top Juniors in the country behind none other than our own John Mitchell.

#### Juniors

100y 1.R. Jones 10.5	880y 2.A. Major 2:07.8	1m 1.A. Major 4:34.0
220y 2.R. Jones 23.5	4.J. Rimmer	3.J. Martin 4:55.8
LJ 1.R. Jones 20'1"		

#### Youths

100y 1.J. Barnard 10.4                      880y 1.J. Kelly 2:10.4

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We are sorry to hear that Robin Peirce is injured and will have to miss the rest of the season. Let's hope he has a speedy recovery.

\* \* \*

Running in an invitation 880y at a Vet's meeting, J. Lewis was 1st in 2:11 in spite of strong opposition from Mitcham AC.

J. Lewis was 1st in the S/London Schools 880y - 2:11.0, and reached the final of the All England, finishing 7th with 2:08.0

J. Barnard won the S/London Schools 100y and was 2nd in the London Schools Champ

## \*\*\* Belgrave Sprinters Star At Southern Junior \*\*\*

### June 26th/July 3rd - Hurlingham Park

Jim Vivian streaked to a junior club record and his first Southern Championship title with a tremendous dash of 10.0 secs which would have been faster still had he not misjudged the finish. He will be under 'evens' before the season is out - mark my words.

In the 220 yards Chris Martin was closer to the winner in the final than the times suggest, running very strongly to record 22.8. The combination of these two plus Gleeson and Oliver was far too strong for any other team the South of England could put up. They recorded the same time in the heat and final, winning by a full ten yards - an excellent performance.

100y 1.J.Vivian (BELGRAVE) 10.0	220y 1.R.McStocker (Ilf) 22.6
2.A.Oke (Ashford GS) 10.0	2.C.Martin (BELGRAVE) 22.8
3.R.McStocker (Ilf) 10.0	3.R.Herbert (Windsor) 22.8
Knocked out/heats - Gleeson (10.7)	Oliver 3rd in ht (23.5)
C.Martin (10.6) Oliver (10.8)	6th in sf (23.7)
4 x 110y 1.BELGRAVE H 43.8	440y heat P.Smith 6th (54.4)
2.Selhurst GS 44.8	1 mile A.Major 8th(4:37.0)
3.Ilfard AC 44.9	2 mile A.Major 13th (9:44.0)

### July 7th - Battersea Park - v Herne Hill H v Wimbledon AC

Denis Gleeson enjoyed himself in the pouring rain by taking all three sprints, his 'quarter' being exceptionally good. This was only his second try at the distance and running virtually on his own he recorded 52.4. He finished so easily that he looks a cert to get down to 50.0 secs before long.

Perhaps the unluckiest athlete of the evening was Dave Nicklin who was doomed to finish second to Denis in each race. John Martin, better known for his shot-putting activities, nearly caused an upset by almost catching Adrian Major on the tape in the 'half'.

100y 1.D.Gleeson 10.8	220y 1.D.Gleeson 24.0	440y 1.D.Gleeson 52.4
2.D.Nicklin 11.3	2.D.Nicklin 25.2	2.D.Nicklin 55.7
880y 2.A.Major 2:09.0	Jav. 1.J.Kelly 108'0"	Shot 1.J.Martin 36'8½"
3.J.Martin 2:09.9		2.D.Nicklin 28'2"
1.BELGRAVE H	2.Herne Hill H	3.Wimbledon AC

### July 17th - Eton Manor - London Borough of Hackney Meeting

John Kelly put up the fastest time in the heats of the youths 880y (2:07.0) but couldn't quite repeat the performance in the final (2:10.0), a good performance nevertheless. Other Belgrave members to do well were Dave Nicklin 3rd in the Long Jump (20'1½") and Adrian Major 4th in the Mile (4:35.2).

*Jim Vivian wins All England Schools 100y....*

### July 16th/17th - Watford

Jim Vivian beat the best junior sprinters in the country in one of the closest finishes ever seen at this meeting. Despite an indifferent start he stormed through to win, the first three all stopping the watches at 10.1.

Those who are not aware just what an achievement this is, please note that previous winners of All England Schools sprint titles are such athletic stars as Peter Radford, Robbie Brightwell, etc.

100y 1.J.Vivian(Surrey/BEL)10.1	2.A.Oke(Surrey)10.1	3.R.Williams(Yorks)10.1
L.Jump 1.A.Lowndes(Yrks)22'11½"	2.K.Jackson(Staffs)22'10½"	5.J.Mitchell(Sussex/BEL)22'2½"

*....and runs in Schools International*

### July 24th - England v Scotland v N.Ireland v Wales

A.Oke (England/Poly H) and Jim Vivian (England/BELGRAVE) have been matched against each other in several races this season, invariably producing the closest of finishes - usually in Jim's favour. This time though, the Poly-boy scraped home first, both athletes hitting 'evens' once again.

100y 1.A.Oke(Eng/Poly)10.0	2.J.Vivian(Eng/BEL)10.0	3.D.Bruce(Scot)10.2
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### MEDAL COMPETITION

**Boys:- Mrs E.J.Ryan Cup.**

1.R.Laidler 95pts	2.P.Dunn 94pts	3.K.Donaghy 92pts
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Also competed - J.Lewis, P.Iqbal, R.Ward, N.Turner, P.Priest, S.Ahmedzai, D.Charles, A.Bent, A.Carleton, M.Watts, A.Ceruana.

**Youths:- H.W.Shields Cup.**

1.J.Barnard 100pts	2.J.Kelly 97pts	3.R.Moody 95pts
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Also competed - A.Chandler, W.Ockenden.

July 24th - Sutcliffe Park - Deptford Park Graded Meeting

220y 2.P.Smith 880y 1.A.Major 2:09 1 mile 1.A.Major 4:45.0  
 440y 1.P.Smith 56.0 2.J.Rimmer

July 27th - Norbiton - v Surrey AC, Herne Hill H

This was a really encouraging performance by our junior and youth teams, completely reversing last years result. The athlete of the match must without a doubt be one James Vivian who won the 100y in 10.2, minutes later took a senior gash race in 10.0! and later narrowly missed the junior Club record for the furlong by 0.1sec, clocking 22.2.

Tony Brooks, a new member who placed third in the Southern youths 440y a few weeks back, had a great double in winning the 'half' and 'quarter'. We also did very well on the field with good efforts by John Martin in the Shot, Discus etc. and scored maximum points in the Long Jump which has become a Belgrave parade event - thanks to Dave Ansell - John Mitchell just beating Bob Jones by 1/2".

		<u>Youths</u>			
100y	2.K.Finn 11.1	220y	2.K.Finn 25.0	880y	1.P.Brooks 2:07.5
	4.A.Brooker 11.9		4.A.Brooker 26.5		2.R.Moody 2:08.5
440y	1.P.Brooks 54.6	4 x 110y 1.BELGRAVE H 49.2			

		<u>Juniors</u>			
100y	1.J.Vivian 10.2	220y	1.J.Vivian 22.2	440y	1.D.Gleeson 52.4
	3.J.Mitchell 10.5		4.J.Mitchell 23.3		2.P.Smith 54.2
Shot	1.J.Martin 40'0 3/4"	Jav.	2.R.Jones 152'3 3/4"	LJ	1.J.Mitchell 21'10"
	3.R.Jones 37'1 1/2"	Dis.	2.R.Jones 121'2 1/2"		2.R.Jones 21'9 1/2"
1m	2.A.Major 4:38.5		5.J.Martin 92'7"		
	5.C.Haylock 4:55.0	4 x 110y 1.BELGRAVE H 44.0			
1.BELGRAVE H 205pts		2.Surrey AC 197pts		3.Herne Hill H 122pts	



Part of the Belgrave coaching course 1965

Amongst those standing are Ben Lulham (far left), George Piddington (4th from left), Frank Simmons (6th from left) Jack Hampshire Snr and Charlie Jones (both partly hidden) and Tom Carter (far right).

CARSHALTON TROPHY (Junior)---31st July

After finishing 3rd in the 'A' 100 yds, Denis Gleeson was a convincing winner of the 'A' 440 yds, clocking 52.4. Jim Vivian was an easy winner of the 'A' 220 yds (23.1) whilst John Mitchell clocked a very sharp 10.3 in the 'B' 100 yds. Outstanding performance of the meeting was undoubtedly John Mitchell's exceptional 23' 2 3/4" long jump win. It was good to see our Juniors clinch a trophy win by finishing up with a fine 6x220 relay victory.  
**RESULT:** 1. BELS 142. 2. Brighton 120. 3. Mitcham 116. 4. Surrey 105.

MATCH AT WIMBLEDON (Junior)---4th August

Our leading marks were C. Martin (10.6), D. Gleeson (52.2) and T. Brooks (2:04). Sufficient support was there for us to record another win with 56 points against Mitcham's 53 and Wimbledon's 15.

MATCH AT EALING (Junior)---August 14th

Thanks partly to fine efforts by Martin in the sprints and Gleeson in the quarter our lads were able to chalk up yet another win. This time they took home the "Kirkbride" Trophy.

Jim Vivian was edged out to 4th place in a Junior Invitation 100 metres race during the Britain/Hungary match on 14th August. The first three all clocked 11.0 secs with Jim doing 11.1.

# CLUB CHAMPIONSHIPS

May 22nd - Hurlingham

The Club Championships were held on a cloudy but warm day which contrasts with the arctic conditions usually experienced at this meeting. Like the weather the standard of performances was not particularly high, often downright poor, although there were some occasional 'bright periods'.

Not surprisingly for Belgrave (how often must this have been said?) most of the better performances came in the Mile and Half, the only events where, it would seem, it would seem, there was any true depth. In the sprints and field events, although there were some excellent winning efforts, the overall standard was in many cases abysmally poor. An all time low must have been reached in the Senior 220 yards where only the winner could be said to have any real claims to being a sprinter. Time and again the achievements of the second and third places would have been a disgrace to a schoolboy meeting.

However there were some performances worthy of note. One of the revelations was the casual ease with which Nick Head broke the Javelin record. From a run-up of a few yards he threw 207'7 $\frac{1}{2}$ " - almost 20 feet further than Colin Clair's 1963 record. He also won the Shot and Discus with more modest marks. Another who demonstrated remarkable versatility was Clive Brooks who won the High Jump, Triple Jump, 400 yards and 220 yards (another Gerry Leroy?). Completing the field events picture, Bob Jones jumped within 6" of the Long Jump record with 22'6 $\frac{1}{2}$ ".

On the track the best race of the day was undoubtedly the 880 yards. It was a somewhat unusual line-up for a half - it would seem that certain middle distance runners can't bear to be separated from each other. Nevertheless, a fine race ensued with John Thresher making most of the running only to be outsprung down the straight by (surprise! surprise!) Geoff North. The time of 1:56.3 broke Dave Cocks' record by one tenth of a second. John was second in the same time and Alan Morrison, showing a startling and welcome return to form, came third with 1:58.0. The Mile provided some good performances but no-one could match Laurie O'hara's devastating finish. His time was an excellent 4:16.2. Mel Thorpe (in great form these days) was second in 4:19.8 and Bill Kerr third in 4:20.2. The 3000m Steeplechase (a new championship event which should become more popular) proved an easy victory for John Bicourt whose experience at this type of race was too much for John Dear who had led in the early stages. The other senior track event, the 440 yards, was won by Alan Mead in 53.2 from a very sparse field.

In the Junior events, Adrian Major found the 880/mile double too much for him - he won the mile in 4:47.0 but was beaten in the half by Richard Moody who recorded 2:07.3. The junior sprints, unlike the senior were well supported and performances were good. Ben Lulham's 'stable' was well to the fore and in the absence of Jim Vivian (appendicitis) both 100y and 220y were won by Chris Martin with Denis Gleeson and C. Oliver second and third in both races. Other junior winners were R. Nelson (440y) and J. Martin (High Jump). In the Boys events winners were A. Bent (100y) and J. Lewis (880y).

Generally then, a disappointing meeting especially for the handful of spectators who did take the trouble to come. I may be biased, but it is time Belgrave stopped relying on the middle distance runners to provide all the excitement. However well they may run on the Brighton Road, they cannot win trophy meetings and the like. Perhaps with a solid nucleus of good junior sprinters and the few good field events men we do have, these Championships will be more worthy of the name of Belgrave in future years. Here's hoping.

## RESULTS:

### SENIORS

100y	220y	440y	Chris Steer
1. J. Brooks 10.7	1. C. Brooks 24.4	1. A. Mead 53.2	
2. M. Derham	2. P. Pepe	2. P. Pepe	
3. A. Mead	3. L. O'Hara	3. R. Hudson	
<b>880y</b>	<b>1 mile</b>	<b>3000m Sc.</b>	
1. Geoff North 1:56.3	1. L. O'Hara 4:16.2	1. J. Bicourt 9:50.6	
2. J. Thresher 1:56.3	2. M. Thorpe 4:19.8	2. J. Dear 9:59.6	
3. A. Morrison 1:58.0	3. B. Kerr 4:20.2	3. D. Maclean 10:06.2	
<b>Javelin</b>	<b>Shot</b>	<b>Discus</b>	
1. N. Head 207'7 $\frac{1}{2}$ "	1. N. Head 39'3 $\frac{1}{2}$ "	1. N. Head 108'3 $\frac{1}{2}$ "	
2. B. King 161'1 $\frac{1}{2}$ "	2. J. Martin 32'6 $\frac{1}{2}$ "	2. R. Jones 104'6 $\frac{1}{2}$ "	
3. W. Couzens 155'1 $\frac{1}{2}$ "	3. W. Couzens 31'6"	3. W. Couzens 83'11"	

## Club Champs continued

High Jump	Long Jump	Triple Jump
1.C.Brooks 5'5"	1.R.Jones 22'6 $\frac{1}{2}$ "	1.C.Brooks 41'2 $\frac{1}{2}$ "
2.A.Kerry 5'4"	2.C.Brooks 20'10 $\frac{1}{2}$ "	2.D.Ansell 39'5 $\frac{1}{2}$ "
3.P.Pepe 4'9"	3.D.Nicklin 18'9 $\frac{1}{2}$ "	3.N.Head 36'3 $\frac{1}{2}$ "
2m Walk 1.J.Knifton 14:42.6	2.R.Barnes 15:29.0	3.L.Smith 16:07.6

JUNIORS		
100y	220y	440y
1.C.Martin 10.7	1.C.Martin 23.5	1.R.Nelson 52.9
2.D.Gleeson 10.8	2.D.Gleeson 24.3	2.R.Jones 53.4
3.C.Oliver 10.9	3.C.Oliver 24.9	3.P.Smith 55.3
880y	1 mile	High Jump
1.R.Moody 2:07.3	1.A.Major 4:47.0	1.J.Martin 5'0"
2.A.Major 2:07.4	2.J.Martin 4:59.2	2.D.Nicklin 4'11"
3.J.Kelly 2:10.5	3.J.Kelly 5:02.5	

BOYS		
100y		880y
1.A.Bent 12.4		1.J.Lewis 2:21.7
2.R.Ward 13.5		2.A.Bent 2:23.4
3.A.Carleton 13.9		3.P.Dunn 2:36.8

## TRACK & FIELD ROUND-UP

### March 27th - Tooting - BELGRAVE H. OPEN FIELD EVENTS MEETING

Nick Head in his first competition of the season pushed up the club record for the Javelin to 203'3 $\frac{1}{2}$ ". After the competition he threw even farther - so it looks as if some good things are in store from him this summer.

### April 24th - Battersea Park - v Met. Police, Ealing H, Windsor & Eton AC, St. Lukes and Wodford Green.

New junior member Bob Jones showed just how our strength and depth in the field events is growing. He leapt 22'0" to place 2nd in the senior Long Jump and followed this up with a couple of sterling performances in the junior match.

100y 5.C.Brooks 10.6	880y 6.D.Wade 2:03.0	2m 1.W.Kerr 9:15.4
220y(A) 5.D.Rees 23.7	1m 2.A.Black 4:30.5	3.A.Black 9:37.0
(B) 3.C.Brooks 24.1	6.A.Morrison 4:39.0	LJ 2.R.Jones 22'0"
Jav. 3.B.King 167'5"	Shot 4.D.Rees 34'11 $\frac{1}{2}$ "	5.C.Brooks 20'1 $\frac{1}{2}$ "
4.W.Couzens 156'2 $\frac{1}{2}$ "		
1.Woodford Gm, St. Lukes 61 pts	3.BELGRAVE H 52 pts	4.Met. Police 41 pts
5.Ealing H 34 pts	6.Windsor & Eton 23 pts.	

### May 8th - Imber Court - "G.J.Malkin" Trophy

Imber Court is gusty enough at the best of times but on this day there was a veritable gale blowing. John Thresher and Laurie O'Hara both won their events convincingly but it was hard work in the prevailing conditions, times meaning very little. Our junior relay team ran exceptionally well to beat experienced senior teams in TVH, Blackheath and Met. Police.

100y 5.C.Brooks 10.5	1m 1.J.Thresher 4:17.6	2m 1.L.O'Hara 9:20
440y 3.J.Vivian 53.6	4x110y 1.BEL.H. 44.9	2.J.Baldwin 9:22
		3.W.Kerr 9:23
1. BLACKHEATH H.	2. T.V.H.	3. BELGRAVE H.

Members are reminded that subscriptions fall due on September 1st. An early remittance will be welcomed by the Hon. Treasurer.

## FOUR BELS. BEAT 14 mins FOR '3' AT LEYTON FLOODLIT

### May 5th - Eton Manor

The 3 miles team prize once again went to the Bels with some excellent running by all four of our men. Bill Kerr and John Thresher both recorded personal bests, but, dare I mention it, the honours must go to Geoff North who was only narrowly beaten by our old friend Jim Hogan, reducing the Club Record somewhat into the bargain.

1. J. Hogan (Poly H)	13:31.0	4. J. Thresher (BELGRAVE H)	13:54.0
2. Geoff North (BELGRAVE H)	13:33.0	5. Gerry North	13:56.0
3. M. Browne (Essex Beagles)	13:41.6	6. W. Kerr	13:56.8

Team:- 1. BELGRAVE H 8pts      2. Essex Beagles 20pts      3. Eton Manor 34pts

In his first outing over a 3000m steeplechase in a class field, John Bicourt more than distinguished himself and will soon be a power to be reckoned with in this, his favourite event.

1. J. May (Mitcham) 9:08.0      2. G. Pym (TVH) 9:10.4      3. P. Duggan (Hercules AG)  
4. J. Bicourt (BELGRAVE H) 9:29.4

### May 12th - Battersea Park v Deptford Park, Queens Park H.

Highlights of this meeting were the 100 yards in which Cliff Brooks clocked 10.4 and the mile where Chris Keavey and Don Newell were given a rare chance to show their mettle.

100y 2. C. Brooks 10.4	220y 3. C. Brooks 24.1	440y 3. P. Pepe 54.4
880y 2. L. O'Hara 1:59.6	1m 2. C. Keavey 4:46.4	Jav. 1. B. King 164'0"
3. P. Newell 2:03.0	3. D. Newell 4:48.7	2. W. Couzens 154'4"

Long Jump 4. C. Brooks 20'5½"

2 miles 1. W. Kerr 9:07.0      2. D. Maclean 9:30.0      3. P. Hart 9:37.0  
1. Queens Park H 64pts      2. BELGRAVE H 55pts      3. Deptford Park 31pts

## VANCOUVER TROPHY

### May 15th - Woodford

Although still not managing to field a full team we did improve on last years result. Mick Head once again broke the Club Record in winning the Javelin - this time an improvement of 7'0". In the 1500m Geoff North sliced a considerable chunk off his best mile time (conversion-wise that is) showing that he is out to give John Thresher a run for his money this season.

Bob Jones broke new ground in the Long Jump and is aiming to break 23'0" before long.

#### RESULT:

400mH 1. R. Fitzgerald (TVH) 54.7	'A'	1500m 1. Geoff North (BELS) 3:49.5 (meet rec.)
2. M. Strange (TVH) 56.3		2. P. Beacham (Poly) 3:50.2
4. P. Pepe (BELS) 57.8		3. D. Hoodless (TVH) 3:51.8
800m 1. A. Channing (Woodfrd) 1:55.3	'B'	1. R. Freeman (TVH) 3:56.6
2. M. Browne (Essex B) 1:55.8		2. W. Kerr (BELS) 3:57.9
3. J. Thresher (BELS) 1:56.1	LJ	1. J. Howell (HHH) 22'8½"
Jav. 1. N. Head (BELS) 210'2"		2. A. Mollett (Birch) 22'7"
2. W. Bushnell (Ilf) 202'4"		3. R. Jones (BELS) 22'3½"
3. K. Jaynes (Birch) 190'8"	3000mSC	6. J. Dear (BELS) 9:59.4
Teams:- 1. Birchfield H 81pts	2. Woodford Gn 51pts	3. Polytechnic H 47pts
7. BELGRAVE H 25pts	12 teams took part.	

## Geoff. North Strikes Again

### May 19th - Motspur Park AAA v London University

On a chilly evening at Motspur Park, Geoff North confirmed his recent good form by winning the 2 miles in 8:43.0 from Mick Gowan 9:04.0, both representing the AAA. They shared the lead until with two laps to go when Geoff decided to clear out for home. Something in the 8:30's definitely looks possible from him this season.

John Thresher, running in the mile, means business again this season. Never headed after halfway, he won by ten yards in 4:09.2.

John Mitchell became the first junior Belgrave member to ever compete for the AAA on the field, finishing 2nd in the Long Jump to P. Reed (22'9½") with 22'3½", and Dave Rees placed 4th in the Pole Vault for London University.

May 26th - Norbury - v Westminster Bank AC Blackheath

Despite a steady drizzle falling throughout the early part of the meeting, a pleasant evening was had by all as guests of the bank. Our one-man track team, Snowy Brooks, had a grand time in winning the 100y, 220y, high jump and triple jump. Charlie Manning ran a personal best in the 440y but unfortunately for him the Hon Handicapper arrived just in time to see him do it and with this following up his performance in the Club Champs 220y, he is a cert to be one of the backmarkers in the Yacht Handicap this autumn.

100y	1.C.Brooks 10.2	220y (10y short)	2m	1.L.Thorpe 9:17.5	
	4.P.Pepe 11.1	1.C.Brooks 22.4		2.J.Bicourt 9:46.0	
	5.W.Couzens 11.3	3.P.Pepe 23.6		3.B.Nott (NB) 9:51.0	
HJ	1.C.Brooks 5'6"	Triple Jump	1.C.Brooks	Shot Putt	4.W.Couzens

Blackheath were a man short for the relay, so one of our members sportingly agreed to run for them - They duly won the relay and the match!

1. Blackheath H 62pts    2. BELGRAVE H 60pts    3. Westminster Bank

## SURREY Co. CHAMPIONSHIPS

### May 15th/16th - Wimbledon Park PART 1

Running entirely on his own from gun to tape, Gerry North had no trouble at all in winning his first Surrey Championship - the 6 miles. He lapped practically the whole field and broke the championship best performance by half a minute.

6m	1. Gerry North (BELGRAVE H) 28:48.2	3000m Steeplechase
	2. B. Collins (Surrey)	1. B. Collins (Surrey)
	3. D. Holt (Hercules)	2. J. Bicourt (BELGRAVE H) 9:28.4



Gerry North leading the "Racing Bolts", soon after the start of the Surrey '66 which he won in record time .

Photo: R. Linstead

**FIREWORKS! ROCKETS! MEXICO!-----**"What is the connection"? you might ask. Well, on November 5th those North rockets, brothers Gerry and Geoff, will have their blue touch-papers lit at London Airport, will rise to about 20,000 feet, head W.S.W., and fall only a little over half that height to the land of the 1968 Olympic Games. Gerry and Geoff form part of a six man team of runners (others so far are M. Hyman, J. Cooke and D. Kelly) who will be under the surveillance of Drs. Pugh and Owen and Chief Coach John Le Masurier during a one month's training programme in the rarefied atmosphere of Mexico. The trip has been organised by the British Olympic Association in order to ascertain the effects of altitude on the performances of distance runners and what sort of acclimatisation period is necessary.

## SURREY CHAMPS continued

### PART 2

#### May 29th - Motspur Park

Unfortunately the weather was not as kind as in recent years, an extremely cold wind blowing hard up the finishing straight.

In the mile John Thresher was all out to improve on last year's second place, qualifying easily for the final with second fastest time. In the final he was rather slow away at the start but soon moved up towards the front where the Milner twins were doing their annual task of pace making. Normally taking off for home at the 'Elliott Spot' (600y to go) John cannily waited until they hit the wind with just over a lap left. Unfortunately Tony Harris (Mitcham AC) hung on to him, finally overtaking in the finishing straight for a good win. Never mind John, third time lucky.

The race of the day was undoubtedly the 3 miles in which Gerry North revealed a sprint finish nobody knew he had. With three-quarters of a mile to go Robinson (Cambridge) had shaken the whole field up by tearing away as if it was the last lap. He was 30 yards clear before anyone knew what had happened and didn't look like fading either. As the bell rang for the final lap Gerry slowly started to gain, but was still 25 yards down with only a furlong left. Then it happened. He streaked round the turn catching Robinson hand over fist. Belgrave supporters were in uproar for five yards from the tape they knew Gerry had got it. His last lap - 65 secs; his final 220y - approx. 28.0!

1 mile	1.A.Harris (Mitcham AC)	4:09.9	3 miles	1.Gerry North (BELS)	13:47.0	
	2.J.Thresher (BELS)	4:10.8		2.R.Robinson (Cambridge)	13:47.6	
	3.R.O'Mahoney (SLH)	4:11.2		3.D.Harvey (Mitcham AC)	13:32.4	
440y H	1.G.Tymms (Surrey AC)	55.2	2.O.Baggott (Surrey AC)	56.7	4.P.Pepe (BEL)	57.8

#### June 5th - White City - INTER-COUNTY CHAMPIONSHIPS

1 mile	1.A.Simpson (Yorks)	3:56.6	6 miles	1.J.Alder (Nth & D)	28:04.0
	2.A.Green (Lancs)	4:02.0		2.M.Bullivent (Derby)	28:06.0
	3.P.Beacham (Glos)	4:02.5		3.M.Hyman (Hants)	28:08.0
	6.J.Thresher (Surrey)	4:05.8		5.Gerry North (Surrey)	28:23.8

International events:

1 mile	1.J.Thetton (GB)	4:00.3	2 miles	1.D.Graham (N.Ire)	8:33.8
	2.Graham (N.Ire)	4:00.3		2.E.Allonsius (Belgium)	8:33.8
	5.H.Barrow (Scot/BEL)	4:03.1		7.Geoff North (GB/BEL)	8:43.4

#### June 9th - Battersea Park v L.A.C. Poly H. Irish Guards, Imperial College

Laurie O'Hara, out to run a fast time in the 2 miles, had to run the entire race on his own - not surprising seeing that his first lap was 63 secs and his mile time 4:30.0. Over the last few laps the lack of competition began to tell and he faded slightly to record 9:14.6; still a personal best.

Some really hard work was put in by John Thresher in the 'half' and in stopping the watches at 1:54.9 he made some amends for his defeat in the Club Champs by 'you know who'.

Other noteworthy times were Mel Thorpe's 4:16.2 in the mile (best for some years) and John Dear's 4:25.0 (best ever).

100y A	3.C.Brooks	10.5	1m	1.M.Thorpe	4:16.2	2m	1.L.O'Hara	9:14.6	
	B.3.P.Pepe	11.3		3.J.Deer	4:25.0		2.T.Hart	9:31	
220y	2.C.Brooks	23.9	Jav.	1.N.Head	20'17"		3.A.Fairclough	9:34	
880y	1.J.Thresher	1:54.9		5.B.King	155'52"		6.M.Shingles	9:45	
	4.D.Baines	2:02.2					LJ	2.C.Brooks	21'22"
	1.BELGRAVE H	59pts		2.Irish Guards	40pts		3.Poly H	30pts	

## AN ENGLISHMAN ABROAD

#### June 11th - Paris INTERNATIONAL 5000 Metres

In his current form and with 30,000 screaming Frenchmen rooting for him, Michel Jazy just couldn't fail. Gemoudi of Tunisia was actually hissed by the crowd for not hanging on. Jazy has run a fantastic series of races lately and on this occasion broke the European Record, only missing Ron Clarke's world mark by a few yards.

Geoff North finished 4th in his finest race to date with 13:57.6 (superior to his own Club 3 mile record by about 4 secs.).

1.M.Jazy (France)	13:29.0	2.M.Gemoudi (Tunisia)	13:44.2	4.Geoff North	13:57.6
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## SOUTHERN AAA CHAMPS

June 18th/19th - Motspur Park

This was the best 'Southern' we've had for some years. Although Laurie O'Hara collected our only place medal practically all our athletes taking part returned personal best times. In fact the standard in some events was so high that Gerry North running his fastest ever 3 miles could only finish 7th, whilst John Thresher didn't even qualify for the final of the 'half' in spite of clipping 0.1 sec off his best. The first two laps of the mile were a dawdle but then Roseman (SLH) set the field alight with a third lap of 53.0. Geoff North managed to get up to 5th recording 4:07.8.

1m 1.M.Browne(E.Bgls) 4:04.9	2m 1.R.Holt(Herc) 8:59.4	
2.R.Roseman(SLH) 4:05.5	2.J.Skinner(E.Bgls) 9:00.0	880y Heats
3.D.Prior(Met.Pol) 4:06.5	3.L.O'Hara(BEL) 9:00.2	J.Thresher 1:53.6
5.Geoff North(BEL) 4:07.8	5.M.Thorpe(BEL) 9:02.2	D.Wiseman 1:57.0
3000SC J.Bicourt(BEL) 9:29.9	13.J.Dabbs(BEL) 9:18.0	
3m 1.J.Hogan(Poly) 13:27.6	2.R.Gomez(Sthgt) 13:32.0	7.Gerry North(BEL) 13:37.0

June 23rd - Etterssea Park - v South London H. Surrey AC. Seaford College.

It was good to see Chris Ryan back again after too long an absence. He clocked a couple of good times in the sprints although he swore that he has done no running since he was in Germany with the Club last year.

Keep it under your hat but did I see Roger Hudson making a come back at the ripe old age of 19. Members may remember when Roger won the All England Schools 440y in 1961 as a 'boy' with a time of 53.1. A.M.

100y 3.C.Ryan 10.7	220y 3.C.Ryan 23.6	440y 1.D.Rees 53.2
4.C.Brooks 10.8	4.R.Hudson 25.4	LJ 1.C.Brooks 21'7 1/2"
		5.D.Rees 20'8"

1m 1.R.O'Mehoney 4:19.0	2m 1.J.Roberts(SLH) 9:22.6	S.Putt.
3.D.Maclean 4:23.2	2.P.Newell 9:44.2	2.D.Rees 35'2"
4.J.Dear 4:32.8	3.B.Nott 9:55.0	5.B.King 31'4"

1.South London H 62pts 2.BELGRAVE H 58pts 3.Surrey AC 39pts

## CECIL FRY TROPHY

June 26th - Ilford

Although we had a very poor turnout we managed to finish 7th out of the 12 clubs taking part - it could be worse I suppose. All our team performed well but we had very few 2nd string men, so losing valuable points.

Bill Kerr ran well in the 'A' mile, both he and Herring (Blackheath) closing on the leader in the last lap. Even with his final 'kick' Laurie O'Hara still couldn't catch Huffer (TVH) in the 'B' event, but once again he triumphed over his Blackheath rival John Baldwin.

The 3 miles was an exciting race for after several laps of normal type pace, John "Maybe the Greatest" Roberts (SLH) decided to do a 'Clarke'. He burst away from the field, which included our own Mel Thorpe, and really looked most impressive. Unfortunately he could only keep it up for a few laps before the bunch caught him again. Then Barry Collins (Surrey AC) made a break and he managed to hold out just long enough to win. At one time he had a lead of 30y but Mel, finishing very strongly, all but caught the Surrey man on the tape.

After qualifying fairly easily in the 'half' heats, Danny Wiseman got up to 4th in the final with 1:56.0. He started racing rather late this season due to injuries but is now improving every time out and should be back to peak form before very long.

880y 1.D.Prior (Met Police) 1:53.2	3 miles 1.B.Collins (Surrey AC) 14:10.4
2.J.Backley (Met.Police) 1:54.4	2.M.Thorpe (BELGRAVE H) 14:11.2
3.D.Hoodless (TVH) 1:55.7	3.D.Plater (Ilford AC) 14:12.4
4.D.Wiseman (BELGRAVE H) 1:56.0	

1m 'A' 1.J.Pettit (TVH) 4:11.5	1m 'B' 1.D.Huffer (TVH) 4:17.2
2.J.Herring (Blackheath H) 4:11.7	2.L.O'Hara (BELGRAVE H) 4:17.6
3.W.Kerr (BELGRAVE H) 4:14.3	3.J.Baldwin (Blackheath H) 4:19.2
Javelin 1.R.Bartlett (Poly) 207'5"	2.Mole(?) 203'10"
3.H.Head (BELGRAVE H) 201'62"	
Team:- 1.Woodford Gn 58pts	2.Surrey AC 55pts
7.BELGRAVE H 26pts	3.Blackheath H 48pts

June 29th - Paddington Rec. v Queens Park H. Shaftsbury H

880y	2.R.Sinclair	2:02.4	Javelin.		
	4.D.Newell	2:09.5	1.N.Head	194'11"	Queens Park H.....195pts
440y	3.A.Mead	53.4	2.B.King	153'8"	Shaftsbury H.....149pts
2m	5.D.Maclean	9:28.2	n/s M.Couzens	150'8"	BELGRAVE H.....147pts
	5.C.Steer	9:36.0	J.Martin	125'9"	

Thresher & Dear Excel at 'RYDER'July 3rd - Southampton Sports Centre

Our overall performance at the Southampton meeting was as usual pretty dreadful. Surely we can produce better results at trophy meetings than this. Before long we are going to find ourselves excluded as we were from the "Kinraid" a few years back.

Getting away from this more dismal side though, there were several bright spots. John Thresher ran a powerful 880 yards to finish 3rd in his best ever time. Passing the bell in 55secs, he didn't really start moving through the field until the final bend, finishing very strongly and improving on his position all the way up the straight. He later ran an excellent relay leg in the medley taking us from last (20 yards down on the nearest team) to 2nd with an unofficial time of 1:54.6. This new found speed is all John needs to duck under four minutes for the mile.

All this year John Dear has been hovering around 10 minutes for the 3000m Steeplechase, but at last he has broken through. He started steadily working his way up the field until with three laps to go he found himself in the lead. Quickly opening a gap, he kept the pace going throughout those last and usually for John, fatal, laps. Only one other runner managed to close the gap at all, but John's effort had been well timed and he finished with 10 yards to spare, slashing his personal best by 20 seconds. John's hurdling technique is high-on perfect and with just a little more strength to tide him over those last few laps he could prove a difficult man to best.

220y	A'1.D.Dear (Sthampton)	23.5	880y	A'1.K.Bromley (Walton)	1:51.6
	6.C.Brooks (BELS)	23.2		2.P.Kilford (Ports)	1:51.6
440y	A'7.D.Wiseman (BELS)			3.J.Thresher (BELS)	1:52.3
	B'5.A.Mead (HHH)	53.0	1 m	A Geoff North (BELS)	dnf
120y	1.L.Taitt (BELS)	14.7	B'	1.L.O'Hara (BELS)	4:19.9
	4.P.Pepe (BELS)	16.3		2.J.Baldwin (Blackheath)	4:21.0
3000m	S1.J.Dear (BELS)	9:40.0	3m	1.Gerry North (BELS)	13:47.0
Jav.	2.N.Head (BELS)	194'10"		2.W.Kerr (BELS)	14:05.4
PV	E.Stanghon (BELS)	10'0"		3.J.Baldwin (Blackheath)	14:09.6
	220x220x440x880	1.Blackheath	3:32.2	2.BELGRAVE H	3:37.9

July 7th - Battersea Park v Herne Hill H, Wimbledon AC

This meeting was held in the pouring rain but there were several good performances all the same.

Don Maclean really excelled himself in winning the 2 miles and recording 9:19.0 which must be his best for a good many years. There must be something in this marriage lark, for all this season Mac has been cutting down his times on the track. We may well see him again on those glorious 12th and 13th stages of the Brighton Relay (the 13th being run only by the Bels and F.Salvat, Portsmouth).

The half mile was terrific; Nias (HHH) just getting the verdict from Denny Wiseman, both recording 1:54.8. Denny followed this 20mins later with a win in the 440y, storming through in the straight for an easy 1st in 51.9.

100y	1.C.Ryan	10.8	220y	1.C.Ryan	24.0	440y	1.D.Wiseman	51.9
	2.M.Derham	11.3		2.A.Mead	24.7		3.A.Mead	52.6
880y	1.Nias (HH)	1:54.8	1m	1.L.O'Hara	4:20.0	2m	1.D.Maclean	9:19.0
	2.D.Wiseman	1:54.8		2.L.Thorpe	4:23.0		2.L.O'Hara	9:24.0
	4.R.Sinclair	1:59.5		3.A.Morrison	4:35.2		3.T.Hart	9:26.0
	Javelin	1.E.King	136'11"		2.W.Couzens	136'8"		
	1.BELGRAVE H				2.Herne Hill H			3.Wimbledon AC

## BROCKMAN TROPHY: Good times by Thorpe and Wiseman

July 17th - Wimbledon Park

Danny Wiseman qualified for the final in the first heat of the half with no trouble in 1:56.0. In the other heat, however, Varah of Hercules took it into his head to go for a fast time. He succeeded alright, so shaking up the field that Huffer (TVH) didn't even qualify. The final was a great race with Danny hovering in 3rd or 4th place after a fast start, the bell being reached in 57.1. He dropped back slightly during the third furlong but down the straight he fought his way through to take 3rd place in his fastest time this year.

Cliff 'Snowy' Brooks reached the 100 yards final and finished 6th in 10.5, triple jumped 44'11", to place 4th and also competed in the 220y and Long Jump - not a bad afternoons work.

In the 3 miles 'Kipper' Herring of Blackheath was in a class apart from the rest of the field, beating the championship best by 20secs. The race for the minor positions was a different kettle of fish though, Barry Collins and Bob Holt just managing to get away from Mel Thorpe in the latter stages. Mel hung on very well after passing 2 miles in 9:13 to record 13:55.8 and become the 7th Belgravian to beat 14 minutes this year.

Teekay Hart put up a solid performance in the '6' and looked fairly comfortable in running 29:30.0. He should improve still further on this in the Club '6'. John Bicourt and Peter Pepe both ran well, John being beaten by two good men in the 3000m SC and Pete finishing 5th in the high hurdles final.

It may seem a little early with this season not yet over, but how about trying to clean up at the 'Brockman' next year. With many of our excellent junior sprinters and field events men becoming seniors, we could have a finalist in EVERY event. Walton, Blackheath, etc do well in trophy meets, why shouldn't we. Lets have EVERYONE turning out for this meeting next year - Please.

<p>100y 1.A.Tymms (Surrey) 9.9 2.M.Yardley (Walton) 10.0 6.C.Brooks (BEL) 10.5</p> <p>3m 1.J.Herring (Blackheath H) 13:27.6 2.B.Collins (Surrey) 13:52.6 3.R.Holt (Hercules) 13:54.8 4.M.Thorpe (BEL) 13:55.8</p> <p>6m 1.B.Ellis (TVH) 29:12.4 2.G.Taylor (Camb) 29:20.0 3.T.Hart (BEL) 29:30.0</p>	<p>880y 1.M.Varah (Hercules) 1:52.6 2.D.Wright (Blackheath H) 1:52.8 3.D.Wiseman (BEL) 1:53.8</p> <p>120yH 1.L.Taitt (HHH) 14.4 2.G.Tymms (Surrey) 15.1 5.P.Pepe (BEL) 16.1 TJ 4.C.Brooks (BEL) 44'11"</p> <p>3000m SC 1.G.Pynn (TVH) 9:15.8 2.D.Gibson (Surrey) 9:22.6 3.J.Bicourt (BEL) 9:34.8</p>
--	--

TEAM : 8.BELGRAVE HI 22pts

## CLUB 3 miles

July 21st - Battersea Park

<p>1.Gerry North.....14:06 2.M.Thorpe.....14:13 3.L.O'Hara.....14:30 4.J.Bicourt.....14:31 5.T.Hart.....14:37 6.A.Fairclough.....14:39 7.M.Shingles.....14:40 8.D.Maclean.....14:53 9.J.Dear.....15:12 10.A.Major.....15:25 11.P.Sadler.....15:31</p> <p>120yH Club Champ. 1.P.Pepe 16.1 Four event handicap. 1.D.Nicklin</p>	<p>12.D.Crookes.....15:58 13.J.Hampshire.....16:25 14.R.Brown.....16:31 15.H.Satchell.....16:33 16.E.Penny.....16:38 17.D.Newell.....17:11 18.J.MacDonald.....17:28 19.C.Henn.....17:30 20.P.Sutton.....17:31 21.G.Piddington.....17:33 23 started.</p> <p>2.J.Martin 3.A.Lead 2.J.Martin 3.J.Manning</p>
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CARSHALTON TROPHY --- 31st July

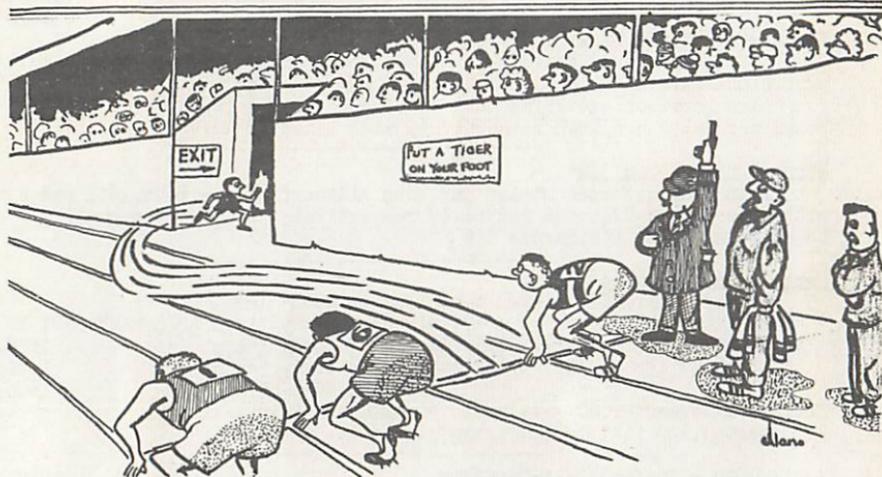
Belgrave (131pts) finished 3rd to Surrey AC (163) and Mitcham AC (160). Belgrave won the 2 miles team race with John Thresher the winner in 9:09 supported by Gerry North (9:20) and John Bicourt (9:28). Kerr and O'Hara took the 'A' and 'B' miles with 4:20:0 and 4:20:4 respectively.

July 27th - Norbiton v Surrey AC, Herne Hill H.

In this match, where all age groups score for an overall result, we had easily the best turnout so far this year - mainly due to so many younger members being present. The very satisfying result was that we beat Surrey AC in their own territory.

Bill Couzens had his finest Javelin throw for some years and also found a new toy - the Hammer. This latter event also provided the biggest laugh of the year when John Bicourt decided to have a go, "Just to score a point". On his first throw he forgot to let go, his second scattered the officials when the weight came off the end, but his third and only legal throw sailed clear over several markers to place him 3rd.

100y 2.C.Ryan 10.3	440y 4.A.Mead 53.5	Jav 1.W.Couzens 162'7 $\frac{1}{2}$ "
4.C.Brooks 10.6	880y 3.J.Bicourt 2:02.0	2.B.King 160'5 $\frac{1}{2}$ "
'B'1.J.Vivian 10.0	5.J.Hampshire 2:07.0	LJ 3.C.Brooks 21'3"
220y 3.C.Ryan 23.5	1m 1.M.Thorpe 4:16.0	HJ 3.C.Brooks 5'6"
4.C.Brooks 23.6	3.J.Bicourt 4:24.0	Shot 3.B.King 31'8 $\frac{1}{2}$ "
120yH 4.P.Pepe 16.5		6.W.Couzens 30'0 $\frac{1}{2}$ "
1.BELGRAVE H 205pts	2.Surrey AC 197pts	3.Herne Hill H 122pts



What kind of pep pills did you give him, Mulligan?

## CLUB '6'

A disappointing championship with 9 retirements, including Kerr, Hart and Pat Newell. Gerry North moved away in the latter stages of the race, doing just enough to win. Mike Shingles ran exceptionally well and was still with O'Hara at the bell.

RESULT:-

1. Gerry North....29:56	8. G. Biscoe....33:35	15. J. McDonald.....36:02
2. L. O'Hara.....30:05	9. E. Penny.....33:42	16. L. Mann.....36:29
3. M. Shingles...30:12	10. P. King.....34:26	17. C. Manning.....36:43
4. J. Brown.....30:59	11. K. Stimpson...35:06	18. G. Piddington...37:37
5. A. Major.....32:09	12. D. Newell....35:38	19. J. Plummer.....38:34
6. J. Moore.....32:11	13. P. Sutton....35:45	20. R. Langheim.....39:12
7. R. Glover.....33:33	14. C. Henn.....35:54	21. J. Baker.....39:26

### MATCH AT WIMBLEDON---4th August

It was good to see Chris Ryan out again. Although carrying extra weight he finished 2nd in the 100 yds with 10.8. Alan Mead did his best ever quarter (52.5), half a second ahead of Dave Cocks who is still only "ticking over" these days. Alan Morrison helped our score along with a now regular sub 2 mins "half" (1:59.3) finishing second and O'Hara and Thorpe took first two places in the mile with 4:16 and 4:19.7.

RESULT:- 1. Mitcham.....83 pts. 2. BELS.....56 pts. 3. Wimbledon...42 pts

# ROAD RUNNING

It would be much appreciated if runners would give me some idea of the races they intend going for. A fourpenny stamp could save the trouble of previous years when the wrong people have been entered for the wrong races.

D.R.C.

## WEST HAM '8'

### February 24th

With the withdrawal of Gerry North, all our best runners followed suit and we were left with a weak team. Charlie Walker, who suffered from an attack of stitch, led us home in 43rd place followed closely by Derek Crookes 46th. George Piddington completed our scoring team in 73rd place.

#### RESULT:

1. B. Najde (Mitcham AC)	39:42.2	46. D. Crookes (BELGRAVE H)	44:23.
2. Deakin (Derby & Cnty)	39:50	73. G. Piddington	47:42
3. A. Jones (Lon-Trans AC)	40:02	80. B. Stroud	53:04
43. C. Walker (BELGRAVE H)	44:01	83. J. Baker	54:15
Teams:- 1. Herne Hill Harriers	21pts	3. Hercules AC	46pts
2. 1st Batt. Para. Reg.	28pts	15. BELGRAVE H	164pts

87 finished, 110 started, 20 teams closed in.

Alan Morrison and Brian Nott running for Barclays and Westminster Banks were 29th and 16th respectively with times of 42:43 and 40:57.

### March 13th - Epsom '10'

Pete Sadler, Norman Stairs and John Hilton finished 16th, 18th and 37th with times of 56:24, 56:42 and 61:39 respectively, all of which qualify towards 2nd class standards.

### March 27th - Wigmore '15'

Norman Stairs led a weak team home in 34th place.

1. B. Kilby (Coventry)	1:17:49 (Rec)	34. N. Stairs (BELGRAVE H)	1:30:40
2. E. Austin (Worcester)	1:19:41	58. A. Bishop	1:35:55
3. D. Rhodes (Notts AC)	1:21:47	69. G. Pearson	1:39:51
		87. K. Stimpson	1:46:09

Teams:- 1. Worcester AC.....14pts 9. BELGRAVE H.....116pts  
125 started, 109 finished, 14 teams closed in.

### April 10th - Romford Half-Marathon

Pete Wrench and George Piddington finished 54th (83:07) and 71st (89:36) Pete's time qualifies towards 2nd class standard. 89 ran.

## FELTHAM '5'

### April 19th

We fielded four teams and would surely have won the team race if one more of our better runners had been able to turn out. As it was, Don Maclean was called upon to back up Bill Kerr and Laurie O'Hara. We were only beaten by one point for third team place. All three had very creditable runs. Most of the Belgrave runners enjoyed tea at Ron Langheim's after the race.

#### RESULT:

1. M. Berratt (Ealing)	24:25	87. M. Shingles	29:17
2. R. Holt (Hercules AC)	24:27	92. J. MacDonald	29:37
3. J. Hammond (Coventry)	24:44	95. C. Smart	29:48
5. L. O'Hara (BELGRAVE H)	25:05	97. P. King	30:13
7. W. Kerr	25:09	98. D. Newell	30:29
23. D. Maclean	26:05	102. P. Sutton	30:58
49. C. Roffey	27:21	104. J. Afflick	31:26
57. G. Blscoe	27:42	105. J. Plummer	31:31
77. C. Keavey	28:33	107. R. Hopkins	32:23

Teams:- 1. Hercules AC 21pts 2. Surrey AC 'A' 24pts 3. Coventry God. 32pts  
4. BELGRAVE 'A' 30pts 18. BELGRAVE 'B' 165pts 19. BELGRAVE 'C' 207pts  
21. BELGRAVE 'D' 227pts. 21 teams closed in.

Also on Easter Monday Gerry North won the Maidenhead '10' (10m 710yds) in a time of 51:37 and Clive Shippen finished 16th in the Redhill '10' (10m 1100yds) with a time of 59:17.

By his runs in the Mitcham '15', Epsom '10' and Finchley '20' John Hilton became the first member to obtain the newly instituted 2nd class Road Running Standard. For those who may not know what this standard is details are as follows:-

To attain any three of the following times in the same calendar year  
 10miles - 63:00    15miles - 98:00    20miles - 2:15:00    Marathon - 3:15:00  
 Races like the Romford Half-Marathon, Chichester - Portsmouth '16' will be converted to the nearest of the above distances.

April 24th

### CADOGAN 3rd in MIDDLESEX '20'

The Belgrave Team, running as Cadogan AC, finished 3rd in the Middlesex '20', held in conjunction with the Finchley Open '20'. John Hilton, Geoff Pearson and Ken Stimpson comprised the team. John's time completed his qualification for our 2nd class standard. George Piddington and Alan Bishop made up the Belgrave team for the open race.

RESULT:

#### Open Race

61. J. Hilton 2:05:13, 66. G. Pearson 2:06:52, 85. K. Stimpson 2:12:53  
 101. A. Bishop 2:18:43, 106. G. Piddington 2:19:53. L. Bishop, C. Roffey, N. Stairs  
 C. Keavey and J. Baker retired.

#### Middlesex County Team Race

In this, John, Geoff and Ken were 9th, 10th and 12th respectively.  
 Team:- 1. TVH (2,3,4)9pts    2. Ruislip (1,5,7)13pts    3. CADOGAN AC (9,10,12)31pts

May 1st

### SURREY '20'

Our team of Charlie Dabbs, Charlie Walker and George Piddington finished 3rd in the Surrey '20' held at Epsom. Charlie Dabbs ran a very good race to finish 3rd and so must have a good chance of being selected for the Surrey team in the Inter-Counties '20'. Charlie Walker, who suffered from stitch for half the race, showed that he still has plenty of good running in him. George Piddington showed great club spirit in running this race only a week after the Finchley '20'. He only turned up as a reserve but with some of our so-called better runners letting us down George gallantly stepped into the breach.

RESULT:

1. R. Roth (Walton AC)	1:46:36	11. C. Walker	1:59:43
3. C. Dabbs (BELGRAVE H)	1:50:35	26. G. Piddington	2:30:43

Team:- 1. Croydon H (3,4,6)10pts    2. Mitcham AC (1,10,11)22pts  
 3. BELGRAVE H (2,7,18)27pts    4. South London H (5,14,16)35pts  
 Reg Hopkins and John Baker retired.

May 8th. - Chichester - Portsmouth '16'

Belgrave were narrowly beaten by one point in the Chichester-Portsmouth by TVH. Gerry North having a "training run" finished 3rd. Mel Thorpe had a great race finishing 5th, and the ever-present Charlie Walker completed our scoring team in 2nd place. John Moore, Ken Stimpson and John Baker also enjoyed an outing.

RESULT:

1. R. Ingleton (Ryde H)	1:24:48	22. C. Walker	1:32:16
2. F. Mailladet (Camb. H)	1:25:17	53. J. Moore	1:39:24
3. Gerry North (BELGRAVE)	1:25:21	73. K. Stimpson	1:44:51
5. M. Thorpe	1:26:04	92. J. Baker	1:59:18

Team:- 1. TVH (5,10,11)26pts    2. BELGRAVE H (3,4,20) 27pts  
 3. Walton AC (7,8,18)33pts

May 15th - Herne Hill '10'

With all our better runners elsewhere or resting, it was left to the 'scrubbers' to keep the flag flying in this very hilly and long '10', held from the National Recreation Centre at Crystal Palace. Gordon Biscoe finished a creditable 38th in his first '10' and Charlie Manning, taking a rest from his social activities, was reported to have run a 'blinder'.

RESULT:

1.T.Johnston (Ports)	51:01	74.C.Manning	65:43
2.J.Derham (HHH)	53:44	84.G.Piddington	68:10
38.G.Biscoe (BELGRAVE H)	59:38	87.P.Wrench	68:32
44.D.Crookes	60:31	102.C.Fairfield	74:51
61.E.Short	63:41		

126 started. 108 finished. P.King and C.Roffey retired.

## The Polytechnic Marathon

June 12th

In ideal conditions the race was won by M.Shigematsu of Japan in a world's best time of 2hrs.12mins. The Belgrave team was smaller than for many years but performed well to take second team medals in the open race (6 teams closed in). For once we had the better of the last scorers and so just beat Hornchurch for second place. Charlie Walker was well up at the start but possibly misjudged the pace. After going through 15 miles in just over 84mins. he began to slow down quite a bit and John Moore, now beginning to get a little fitter, passed Charlie at about 21 miles and went on to take the Belgrave Championship. Geoff Pearson and John Hilton ran well throughout John finishing in a personal best time.

Brian Nott, running for Ranelagh, ran a 'blinder' to finish 12th in 2:27:56. Had he not been a second claim member this would have been a new Club Record. 122 started.

RESULT:

1.M.Shigematsu (Japan)	2:12:00	38.J.Moore (Belgrave)	2:40:23
2.T.Terasawa ( " )	2:13:04	54.C.Walker ( " )	2:46:16
3.L.Edelen (Hadleigh)	2:14:34	63.G.Pearson ( " )	2:50:08
12.B.Nott (Ranelagh)	2:27:56	65.J.Hilton ( " )	2:51:45

Team:- 1.T.V.H. 14pts. 2.BELGRAVE H. 41pts. 3.Hornchurch. 41pts

June 19th - Fleet '41'

L.O'Hara and Trevor Hart ran very well to take third and fourth places (both in front of Hyman). This was a particularly good performance in view of the fact that both had run in the Southern 2 miles the evening before. Mike Shingles and Derek Crookes ran well to finish 13th and 16th respectively. John Dear, who started fast, fell back a little but still finished 19th. Charlie Smart (still going very strongly at the age of 55!), Gordon Biscoe, Don Maclean (one of his off days), George Piddington and Chris Keavey completed our two teams. Our 'A' team had to give best to a strong Portsmouth team composed of Lindsell, Dave Cook, Hyman and Gough. 47 finished.

RESULT:

1.Lindsell (Ports)	20:17	19.J.Dear (BEL 'A')	20:17
2.D.Cook ( " )	20:27	23.G.Keavey ( " 'B')	22:33
3.L.O'Hara (BELS 'A')	20:33	24.G.Biscoe ( " 'A')	22:42
4.T.Hart (BELS 'A')	20:40	38.D.Maclean ( " 'A')	24:38
13.M.Shingles ( " " )	21:35	39.C.Smart ( " 'B')	24:44
16.D.Crookes ( " 'B')	21:48	40.G.Piddington ('B')	24:53

Team:- 1. Portsmouth 26pts. 2.BELGRAVE 'A' 39pts 3.Irish Guards 72pts.  
4. S.L.H. 72 pts. 5.BELGRAVE 'B' 118pts.

July 10th - Dagenham '5'

This was somewhat marred by the officials missing ten runners at the finish and so making positions after 30th somewhat approximate.

The race was won by Ron Hill who, like Gerry North, had run in the AAA's

Only 2.2 seconds separated the first six runners in the Invitation 3,000 metres race at the Britain v Hungary match on 14th August. Geoff. North (8:04.2) and John Thresher (8:05.4) were placed 5th and 6th.

6 miles the evening before. Gerry finished fourth and Laurie O'Hara, Trevor Hart and Mike Shingles all had good runs, Laurie being only 18 secs adrift of Gerry North. Jack Brown also ran well and will no doubt be picking up many Vets prizes come his 40th birthday in August. John Dear, Don Maclean and the "Dukes Joggers" completed our two teams. 153 finished.

**RESULT:**

1.R.Hill (Bolton)	22:28	39.D.Maclean	24:41
2.D.Plater (Ilford)	22:41	46.J.Dear	25:07
3.J.Batchelor (Ilford)	22:50	50.D.Crookes	25:25
4.G.North (BELGRAVE H)	23:01	75.G.Biscoe	26:02
6.L.O'Hara	23:19	90.P.King	26:37
9.T.Hart	23:27	110.J.McDonald	27:02
20.M.Shingles	23:56	130.C.Smart	28:00
24.J.Brown	24:19	133.P.Sutton	28:07

Team:- 1.BELGRAVE H 34pts      2.Ilford AC 78pts      3.Essex Beagles 79pts

## The Belgrave '20'

**July 17th - Wimbledon**

In this very high standard race the first five broke Fred Norris' record, the first eighteen were inside AAA Grade I standards and the first thirty-seven (a third of the starters) were inside two hours.

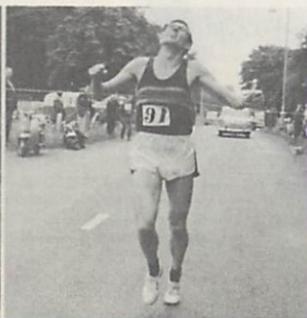
Bob Roath, Jim Derham, F. Maillardet and Ian Macintosh were together for the first sixteen miles and it was only in the last four miles that this quartet began to split, Bob Roath proving the strongest.

From the Belgrave point of view it was encouraging to see Chris Steer running so well and John Moore now getting slowly back to somewhere near his best. Charlie Walker ran very well for the first fifteen miles but then tired badly. 113 started, 88 finished, 14 teams closed in.

**RESULT:**

1.R.Roath (Walton AC)	1:45:53	31.J.Moore	1:57:10
2.J.Derham (Herne Hill)	1:46:25	33.C.Walker	1:58:53
3.F.Maillardet (Cambridge)	1:46:29	57.A.Bishop	2:08:42
4.I.Macintosh (Renselagh)	1:47:07	62.K.Stimpson	2:10:01
21.C.Steer (BELGRAVE H)	1:54:26	83.L.Bishop	2:21:43

Team:- 1.Renselagh H 29pts      2.Thames Valley H 33pts      3.Notts AC 35pts  
4.Bristol AC 35pts      7.BELGRAVE H 60pts



**LEFT:** The rear half of the field just after the start.

**RIGHT:** Bob Roath (Walton) wins in record time.

Photos: C. Skippen

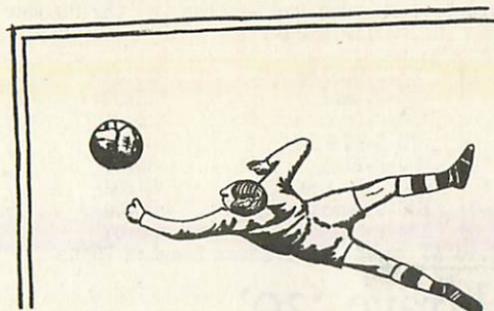
We had four athletes good enough to perform in the AAA Junior Champs on August 7th, and what fine efforts they were too! Jim Vivian chalked up a Belgrave record of 9.9secs for the short sprint, and although losing by inches to Nash of South Africa he had the consolation of being the fastest Englishman. Later he was a fine 4th in the longer sprint with 22.5.

Although a foot below his best for the season, John Mitchell finished 4th in the Long jump with 22'-2<sup>3/4</sup>". Martin (22.9) was unlucky to be eliminated in a 220 heat with such a good time, as was Gleeson (51.3) in the 440.

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~~~~~  
**MATCH AT EALING---**14th August

Once again Alan Morrison was 2nd in the half; this time with 1:59.7. Our other runners-up were Don Maclean in the mile (4:29.5) and Tony Fairclough in the 3 miles (14:44.4). It's good to see Tony getting down to work again. **RESULT:**—"Boughy" Trophy-----3rd BELGRAVE H.

\* \* \* \* \*  
The "Open" 2 miles team race at the London Transport annual sports day on Sunday 15th August once again produced its usual large and high-class field. At the first bend Gerry North was knocked over and Bill Kerr badly baulked. However, fine packing gave BELGRAVE the team race, our four scorers being 3rd Kerr 9:12, 4th O'Hara 9:15, 6th Gerry North 9:20, 8th Hart 9:29.

\* \* \* \* \*  
Disaster struck for Bill Kerr at the Crystal Palace evening meeting on August 17th. Whilst attempting to vault a wall just before the start of the 2 miles he slipped, fell and gashed his leg sufficiently badly to go to hospital for stitching. How fortunate we were to have the greatly improved Mike Shingles at hand to act as 3rd scorer. He clocked a personal best 9:19 and Belgrave clinched a team win by 6 points from Blackheath and 10 points from T.V.H. The race winner was International Fergus Murray (8:40) followed by internationals Herring and Green. Gerry North was 5th in 8:58 and Laurie O'Hara (still trying hard to duck under 9 mins) 7th in 9:03.4.