

The

Spring 1993

Belgravian



The official gazette of Belgrave Harriers

Number 220



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Above: "Out of Africa". A couple of miles into the National Junior Cross Country Championships at Parliament Hill and Belgrave's Kaessa Tadesse leads Coventry Godiva's Stefan White (186), the eventual winner, Blackheath's Tim Dickinson (behind), who ended up 4th, and 'Southern' winner Spencer Barden (242) of GEC Avionics, 3rd. The final result between Stefan and Kaessa was in doubt until the last 200 metres. Both seemed to be going flat out as they entered the finishing field but the Coventry man just managed to dig in deeper for victory.

Welcome

to the following who have joined or re-joined Belgrave Harriers since our last issue.

Steven Anderson
Morag Andrew
A. Barber (Miss)
Deborah Burnett
Evette Finikin (2nd-CI)
Kate Houston
Ivor Knight
Michael Lake

Peter Lee
Dwayne Patterson
Andrew Pearl
Daniel Riddle
Mary Ryan
Anthony Tucker
Basil Walden
Marjorie White

Watch out for the results from
Budapest, May 29th-30th

Will the Belgrave Harriers bring
home the European Clubs
Championship Cup ?



The Belgravian

Spring 1993

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Many members have said that this winter's results have been a disaster, with demotion from Division One of the Surrey Cross Country League such a contrast to the track and field successes of last summer. Certainly our Cross Country Secretary Colin Pearson has been pretty fed up with the lack of support from team members over the "country". This, together with our Treasurer's warnings about the state of finances within the club and lack of any of the sponsorship deals enjoyed by other clubs have made it seem like a very dismal winter.

But is this really the case? One of the benefits of editing the club magazine is the gathering of news from all areas of the club and there is no doubt that, on the whole, there is far more good news to report in this edition than bad.

Our Ladies, with their wonderful team spirit, have done well to gain promotion to Division One of the Surrey League in such a positive manner, and Belgrave's young stars in the Youths and Boys team convincingly won their section of the Surrey League with the Colts also doing well to finish third. We haven't had successes like that from our youngsters since the days of Gladwin and Co. Even in the Men's Cross Country we have a new star in Kaesse Tadesse who warmed the hearts of many on a freezing day at Parliament Hill with his second place in the Junior race.

There has been a feeling on the committee for a while that some aspects of the management of the Club might need to be reviewed. Athletics has changed so much over the last ten or twenty years with the introduction of open Athletics and sponsorship and it is important that Belgrave should reflect those changes. It is also important for the club to review areas which are not doing so well and become pro-active in helping those areas.

At an extra committee meeting held specially to discuss this topic on March 1st it was decided to set up a number of sub-committees whose areas of responsibility are

to cut right across the traditional sections of the Club. For instance, it is intended that the Track and Field group should cover both genders, all age groups and include track walking; the Road Running, Cross Country and Road Walking sub-committee would have a similar structure. Sub-committees are also being created for Finance, Social Activities, Sponsorship and Public Relations, Membership Services, Belgrave Hall, Relationships with external bodies and, finally, Planning and Development. The idea is that each of these groups' activities will still need to be ratified by the General Committee which, it has been suggested, should be restructured along slimmer lines than at present.

The Planning and Development sub-committee would be a sort of "think tank" for the club. It has already played a great role in developing and presenting the ideas of Club members who felt that it was time for our administration and organisation to be looked at critically. Some of the ideas that have come up have, to say the very least, been radical. Some, even if accepted by the current General Committee, would require changes to be made at the Annual General Meeting.

There have already been those who have said that we tried to form sub-committees before and it didn't work, while some older members have commented that the ideas are nothing new, the club used to be run this way in the past. Well, no good ideas are truly original, so hopefully Belgrave can learn from the past, make changes where they will benefit our Club and look forward to continued progress into the next century.

Help!

We are desperately in need of help!

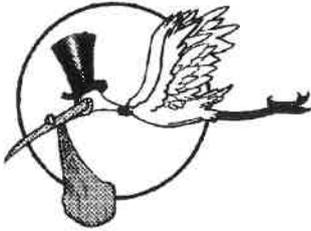
At Southern T&F League away meetings we are supposed to provide a track judge, a timekeeper, and a team of judges for a field event. The trouble is that our two men's SL teams have eleven away matches

continued on page 19 >>>

Front page: Through bushes and briars Matthew Hillier storms to the first of his two league wins, this one at a muddy Lloyd Park on January 9th. Matthew went on to place 34th in the "National".

Back page: It's the same venue but on the glorious spring afternoon of March 13th when the Belgrave Women's team gained promotion to Division 1 of the Surrey League. Top - the team pose before the "off" - Morag Andrew, first home for us on the day in 2nd place. Centre - Gabrielle Collison, 8th place and our third scoring senior - Laura Wilson, 4th placer in the youngest age group. Bottom - Helen Maskrey warms up for the following day's half-marathon with 6th place - Martina Ryan, first year in Belgrave colours and into the scoring squad with 10th place.

These and other photos in this issue by Alan Mead unless otherwise indicated



Creche required?

Something of a population explosion has been going on in Belgrave lately with no fewer than six of our women's section doing their best to keep the membership numbers up. We will need to start a creche on competition days before long.

We're looking good!

My effort to co-ordinate the official Belgrave strip seems, with your support, to be progressing quite successfully. You must all by now be aware of my feelings that, as one of the country's leading clubs, we were not looking the part of the Champion team that we are.

Now there's no excuse. The complete strip is available to all and many of you have taken to wearing it with pride and as a result are

Thanks for your help

There was a great response to my request for your assistance in helping me complete my sets of athletics magazines. Thanks to the following people I am now only 8 issues short of every "Athletics Weekly" going back to when it actually became a weekly in 1950:

John and Pam Davies, Leo Coy, Pete Mulholland (Hercules Wimbledon AC), Colin Pearson, Tom Morell, Tommy Thomas (South London H), Charlie Jones, Arthur Penstone, Win Shepherd, Nina Mills, Bob Bridges, Charlie Dickinson and Martin Duff (Aldershot F&D).

Nina dug out some copies of "Women's Athletics" which make for some interesting reading. This was a short-lived sister magazine to "AW" lasting just twelve issues from May '68 to April '69. It contains some gems like,

"... following a beauty routine both during the week and on the day of competition ..."

New arrivals are:
Fergus and Douglas, sons of Morag Andrew and Dan.

Lauren, daughter of Georgina
Husbands and Chris.

Sheriece, daughter

of Angela Abrams and Johnel.

Samuel, son of Charlotte Christou.

Ciona, daughter of Jacinta Moore and Mike.

Sophie and Nyree, twin daughters of Karen Barker and Peter.

Harry Porter

giving the club the increased publicity it deserves after the successes of recent years.

Thanks for the effort!

The track suits are proving very popular and I am now in the process of placing another order. So please, those who missed out last time get in touch with me.

Ted Pallant

83 Northwood Avenue,
Knaphill, Woking, Surrey
GU21 2ES

Tel: 0483 488406

and featured a male track pin-up each month! Maybe "The Belgravian" could pick up a few tips here.

Arthur Penstone came up with a nice little run of "The Belgravian" from the early '30s and Tom Morell has passed on some copies of "Amateur Athlete", a weekly produced by Armour Milne during the War years.

Thanks again to you all - and if anyone can come up with the following then I'll be ecstatic:

"Athletics Weekly"

1954 No. 43.

1956 No. 34

1960 Nos. 3, 6, 7, 9, 17, 44.

"Athletics" The monthly forerunner of "AW"

Any issues up to Dec 1949.

"Athletic Review"

Vols 1, 2, 3, Vol 4 (May '50),

Vol 5 (Sep '51), Vol 7 (Jan '54),

Vol 9 (Mar '56), Vol 10 (Oct '56)

and any others later than this.

"Women's Athletics"

Vol 1 Nos. 6, 7, 8, 9 (Oct '68

to Jan '69).

"Athletics Today"

No. 1 (Mar '87)

Alan Mead

From "THE BELGRAVIAN"

50 YEARS AGO May 1943

News from members in the services:-

Lieutenant F.W. 'Billy' Pritchard of the anti-tank regiment has been killed in action in North Africa. He will be remembered as a sprinter of merit.

Captain Tommy Green recently met with a bombing accident and suffered three slight wounds.

Wally Ives, out in India, writes "Always I am waiting for the call which means HOME and WIMBLEDON". His letter took eleven weeks to arrive.

Arthur Beaumont says he is now in Tripoli for a rest after the big advance. Tells unusual tales about the Arabs and tent life.

Percy Wright, in South Wales, acknowledging 'The Belgravian', says "It's equal to a flash of cockney in the heart of this place and believe me that's saying something. When the mag arrives it carries me back to stale sinks and an overcrowded bath tub".

Alf Orton says that after 8 1/2 months in the desert he can now get in to Cairo. Hasn't felt like training; though a 2:06 time for 800 metres has nearly made him change his mind.

Flying Officer Bill Lucas found time to look in at Belgrave Hall when on leave from instructional flying duties.

Joe Flower, writing from West Africa, says of 'The Belgravian' "What pleasure that little journal brings".

Dan Patience, after having been stationed in the wilds of Ayr, bemoaning his fate because he couldn't get a run, now writes from North Africa! Says that all he does is marching, bathing and eating oranges.

Len Fletcher says that if he asks for leave for walking "The beaks of this Fred Karno outfit think you want to take a WAAF out".

Flight Sergeant Colin Sutton has hopped from the Middle East to India. He has started training again and met the Indian Champion, Simba, over 1500 metres but was beaten. There will be a return match.

Reg Shepherd, back from Canada with his "wings" is now in Scotland. (News has just been received that Reg has been posted missing after a reconaissance over Europe).

Knut Moe our Norwegian member, according to rumour from a neutral source, has escaped to England.

Les Bennett is still amongst the missing in Malaya. His wife Olive writes "It is over a year since I last heard from my husband. I have not given up hope and have great confidence that he is safe and well".

25 YEARS AGO JUNE 1968

Cross-Country

"Many of our members will consider that 4th place in the 'National' at Sutton Coldfield was a good performance but to those of us who know the potential of our runners this was a most disappointing result. This is the THIRD year in succession that we have occupied 4th position and although we move nearer and nearer to the leaders year by year there is no doubt that this year's team could have won handsomely given the right preparation and right approach. Tony Fairclough was unlucky to suffer two bad falls. 11th Gerry North, 31st Geoff North, 45th John Thresher, 78th Adrian Major, 87th Bill Dance, 102nd Peter Whewell, 139th Laurie O'Hara, 160th Trevor Hart, 179th Tony Fairclough."

Road Relays

"Two firsts, two seconds and two thirds. Our best for many years. That must be the undisputed verdict on a spring road-relay season that saw our team do battle on six occasions and return home with awards every time. The peak of this brief but high powered season was undoubtedly the National 12-stage Relay at Leicester where Coventry Godiva, aided and abetted by our "own" Mel Thorpe, ran out deserved winners. That Derby should edge us out of the silver by just 11 seconds may seem rough justice. Including our reserve (Dabbs) five of our thirteen runners are over 30 years of age, headed by Bill Kerr, 36. The average age of the team is 28yrs 4mths. It will be up to our three under-24's Bicourt, Major and Donnison to share an ever increasing degree of responsibility in our future teams, especially with the loss of Peter Whewell to South Africa, Gerry Williams to Venezuela, Chris Steer to Canada and Geoff North to retirement (again).

Kaessa breaks the drought

ENGLISH CC CHAMPS., PARLIAMENT HILL, 27 FEB

A magnificent second place by Kaesse Tadesse in the Junior Men's race warmed the hearts of Belgrave supporters in the Arctic conditions of Parliament Hill fields. We have had a long, barren stretch as far as cross country goes. There have been relatively successful Belgrave Junior teams, and our Juniors and Seniors were near the front in the early to mid-sixties but how long is it since a Belgravian last took home a "National" cross country medal of any variety?

Charlie Dickinson and Alan Mead report

Returning to the famous course for the first time since Julian Goater won by nearly two minutes in 1981, and although the strength of the fields was perhaps weakened by the re-vamped Inter-Counties/ International Trial three weeks before, the National nevertheless produced three very exciting races. The course had been slightly altered because of gas maintenance work around Kenwood and therefore had even more twists, turns and undulations than in previous years. This together with numerous boggy patches left by the winter rain, the terrible uphill start, and a freezing wind bringing squalls of snow from the north, certainly produced a test of the "traditional" kind.

Youth 7k

The youngest age group was the one that promised most for Belgrave in the way of team positions. Our lads could mostly be classed as belonging to the shorter middle-distance group, perhaps not best suited to 7,000 metres over Parliament Hill. However, it was felt that a team place inside the top ten might just be on the cards.

Imagine the excitement then, when after the charge up the starting hill, Ben Hamill was placed handily on the shoulder of joint favourite Scott West, leading the field as they went



Halfway. Tim Dickinson (Blackheath) and Kaessa Tadesse run shoulder with Spencer Barden (GEC Avionics) and Stefan White (Coventry Godiva) right on their tails.

Photo: Ray O'Donoghue

over the top. As if that wasn't enough the cheeky blighter had the audacity to wink to the Belgrave supporters cheering him on. Unfortunately even bold Ben couldn't sustain this sort of action for the full distance. The loss of a shoe together with his extravagant start had him spinning back through the field to a position well below his potential.

Adam Jones was another who would have expected to place a lot higher, so in spite of a brilliant 34th from Matt Hillier, who was really flying over the last section of the race, and an equally impressive 54th from Gavin Mason, the team had to settle for 17th. Nevertheless, we were still 4th Southern team home.

1, K.Farrow (Derby & C) 21:15; 2, W.Levett (Tonbridge) 21:35; 3, B.Noad (Bristol) 21:47; ... 34, M.Hillier 22:48; 54, G.Mason 23:09; 180, M.Anderson 24:48; 232, B.Hamill 25:36; 240, A.Jones 25:41; 335, T.Earle 30:39.

Teams: 1, Derby & C 68; 2, Oxford City 155; 3, Royal Sutton Coldfield 181; ... 17, Belgrave 500; 39 teams closed in.

Junior 10k

In the Junior race, Kaesse was well to the front of a large leading group at the start, then began to force the pace in the long downhill sweep coming out of the South Meadow on the first lap. This broke the field, apart from Spencer Barden who had won so convincingly in the South of Thames a month before, Tim Dickinson, running a 'blinder' for Blackheath, and Stefan White of Coventry Godiva, runner up at Luton in 1991, and running for the third time as a Junior.

These four continued to battle it out as the race entered the second lap with Barden, the favourite, now leading and Kaesse clinging to third place. But this effort visibly tired the strong looking GEC Avionics man, giving Stefan White his chance. With Kaesse hanging on like grim death, White made his move half way through the final lap and the pair quickly opened up a huge gap over Barden.

As they swept around Kite hill to the finish, Kaesse made

one final spirited effort to close a five yard gap, but White's strength and experience prevailed and he pulled away round the fields to the finish.

For a man who dislikes the cold, dislikes the mud, and dislikes hills, Kaesse had run so very well.

Danny Winson was our only other Junior. For a man who competes over 400 and 800 metres in our track teams, Danny has been showing good form in his last few cross country races but he too suffered from a shoe lost to the glutinous Hampstead mud.

Interestingly, only four of the twenty-six teams that finished had a full complement of six runners.

1, S.White (Coventry Godiva) 29:42; 2, K.Tadesse (Belgrave) 29:49; 3, S.Barden (GEC Avionics) 30:14; ... 161, D.Winson 35:27.

Senior 15k

The Seniors were led home by Jim Estall who ran what appeared to be a comfortable race. Owain Lewes was next scorer and ran probably his best race of the season. He ran in bare feet which seemed ideal for the conditions but strange for someone who sells running shoes. Perhaps he knows more than we do! Mike Lake ran another steady race.

1, R.Nerurkar (Bingley) 42:52; 2, D.Payne (Tipton); 3, P.Roden (Sale) 43:08; ... 230, J.Estall 48:13; 421, O.Lewes 50:03; 532, Mike Lake 50:55; 696, M.Mazzotta 52:01; 1011, R.Harding 54:36; 1099, S.Willimont 55:17; 1946, A.Stone 63:50.

Teams: 1, Bingley H 162; 2, Tipton 308; 3, Blackheath H 354; ... 74, Belgrave 3989; 238 teams closed in.

Dougie gets it wrong - and wins !

We weren't exactly inundated with entries for the competition set in the last issue. Who was that smart young fellow depicted on page 49? Well, two people had a crack:

Bert Stroud reckoned it was a young Don Anderson, thinking about slipping out to go train-spotting. Doug Maughan, on the other hand, thought it was Jim Heathfield. 'I've had my picture taken, read the lesson, what next? I thought I was joining a running club!' (Incidentally, Doug thinks that Jim looks just as smart in 1993, even in his long trousers.

Sorry lads, you're both wrong. The photo was of Leo Coy and we reckon it was a shot of him learning his lines for reading out the season's best performances at the 1952 Club Dinner!

Anyway, we had a prize lined up, and it was Doug's name that came out of the hat. He is now the proud owner of a copy of the Track Statistician's Bible - The ATFS Athletics 1992 Handbook. See, it was

worth entering.

Have a go at this issue's teaser. A prize will be awarded to the person who can put the most names to faces in the accompanying photograph below. As a tie-breaker you'd better tell us a bit about the occasion as well! We'll give you a clue - the picture was taken at a well known South Coast resort.

Doug Maughan has promised to donate the prize, but just in case the winner is a bit long in the tooth for wearing a pair of the latest in lycra training tights, we'll have a standby prize of something a little more suitable. Of course we will have to bar the owner of the photograph (one of the crowd) from entering, but what we will do is make them the judge.

All entries to be received at 29 Kingston Road, Ewell, Surrey KT17 2EG, by 31st July.

How many
faces can
you name?



I am sure all club members will be pleased to be aware of the Club's financial problems and the efforts some of their elected officials go to, to ensure the careful management of our limited resources. We

Membership moans

are not a sponsored Club and have to rely on subscription and generous donations from members. Unfortunately we are blighted, as no doubt other organisations are, by a proportion of "members" who decline to pay these subs. As at March 23rd over 80 "names" are outstanding. Regrettably some of these are well known and, in cases, from their gains

from the many major athletic meetings at which they compete, it is unfortunate that they cannot see their way to providing the Club with the small amount that is requested.

For those of you that would criticise that some of these are poor and live a hand to mouth existence, well, this may be the case, but we can only help if we are informed. Non-reply to letters tells us nothing. One simple way out of this annual predicament is to make subscriptions optional: only send out one reminder per year and let the Club stew from lack of finance. This will make my job nice and easy and then I won't have an axe to grind about non-payers.

Carl Lawton

CALLING ALL UNDER-15s

Reebok

• Watch out for the Reebok Performance Chart that will be going up on the notice board at Battersea Park very soon. It will show the top Under-15 performances in the UK as at the end of 1992 and has space for the top three performances from our own Under-15 Girls and Boys to be recorded as the 1993 season progresses. At the end of the season details will be sent to Dave Lynch of the NUTS who will be ranking clubs across the UK on these performances - so the better you perform the higher we will be up the list when it is published in "Athletics Today". Additionally, Reebok will be making awards each month to youngsters who have done particularly well.



Sidetracks

- Tony Whatley, an old friend of Tony Verdie's from some way back, turned out for the Belgrave Half-Marathon, hoping to renew their acquaintanceship. He sends his regards and hopes to catch up with him soon at some other race.
- Colin Pearson bumped into Alf Horton a few months back. Alf is well and asks that his best wishes be passed on to all that remember him up at the Hall.
- We read in the Veterans Athletic Club Newsletter that Cecil Gittins has been elected President of that Club for 1992-93. The newsletter goes on to praise him as one of the hardest working officials in our sport, something that we in Belgrave can only endorse. Congratulations, Cecil.
- Good old Marcello! Together with his willing band of helpers, his hard work in organising another Sunday afternoon Italian "binge" at the Hall netted the Club nigh on £200.
- Tom Carter has been corresponding with one of his old colleagues Dave Main, who is now living in Tournon in France where he is converting a barn to a small house. Previously he had lived in Karpathos, Greece for seven years. Dave recalls the lads of '46. "Oh! What happy days they were. I can still re-live our training runs around the Common and sometimes into Richmond Park, you pushing as all to the limit (except for the odd day when you were not feeling so good) and then Len Herbert or myself would try and push you - great fun it was. It does not seem to have done the members any harm either, they all seem to be steaming past the eighties and into the nineties - long may they go on." Dave keeps fit by hitting the odd golf ball. One of his sons has run the Boston and London Marathons and he has a nephew who has also completed the "London".
- Hearing about the prospective trip by a Belgrave party to Stuttgart for the World Championships, Charlie Jones recalls the trip he made with fellow Belgravians to the Berlin Olympics in 1936. He had to save for two and a half years to rake together the £35 they each needed for the jaunt. Charlie remembers the rail and boat fare figure to this day - five pounds, nine shillings and seven pence halfpenny! They combined the athletics with a walking holiday along the Rhine, staying at Youth Hostels. Charlie had a fall just a year ago and doesn't get out as regularly as he used to but both he and Betty are well.
- Win Shepherd too recalls a Belgrave trip on the Continent - to the Rome Olympics of 1960. They had trouble from the start when they couldn't get into their hotel room due to its occupancy by a group of Polish swimmers who were refusing to leave as one of their number had got to the finals. They

managed to get put up elsewhere and Harry Shields ended up in the hotel Manager's flat - immaculate decorations including a marble floor - and the first thing he did was set up a primus stove on the floor to brew up a cup of tea.

- We understand that Sheena Lucas underwent a hip replacement operation a few months ago but has been making a good recovery. Our best wishes go to her and we look forward to seeing her at one or other of our summer competitions.

- A fractured limb has been the lot of walker Paul King this winter. Motorcyclist Paul now shares a little more in common with Barry Sheene, having had an assortment of steel pins inserted in his leg to hold it together after a collision with a car. Actually Paul was lucky he didn't get his other leg broken as well, for when Messrs. Warburton and Lawton arranged to go and see him in hospital, they only found out by chance that he had discharged himself without telling anyone. Believe it or not it wasn't too long before 'Kinky' was managing to get up to the Hall again on training nights - and even if he couldn't get out for a spin, he took advantage of the Club showers. But amazingly, as we go to print, we find that not only is Paul out training again but is planning to enter one of the Veterans Walks at Battersea in a few days!

- Unfortunately a little more news about those on the injured list. Poor Gary Staines is, if nothing else, learning how to be patient. Having completed the long haul back to fitness after his achilles tendon problems and operation and with the track season all but upon him, he has now suffered troubles with a calf muscle and at best is likely to have to put his season back a bit.

- But for 400 metre star Lewis Samuel the season is already over due to a ruptured achilles tendon, perhaps the worst of athletic injuries and one which hit him, we believe, while playing basketball in Lanzarote. To Lewis and all others on the injured list we send our hopes for a speedy recovery and return to the team.

- An interesting document to come the way of "The Belgravian" Editorial Offices is a copy of a completed application for a US National Collegiate Championships record. Mike Edwards, representing his Texas outfit Abilene Christian University, vaulted 5.25m to help his team win the competition at the Dakotadome, Vermilion, on March 13th.

- A dozen or so members of our track and field team gathered in the Mayor of Merton's Parlour on the evening of Monday 5th April. The Mayor had been thrilled to find out that Great Britain was being represented in the European Clubs' Championship by a team from his own borough and wanted to be introduced to the Bels. He presented a Merton Borough flag for us to fly in Budapest and the Council made a most generous donation towards the costs of transporting the team to Hungary.

OBITUARY

F.A. "Mickey" Walker (1908-1992)

Mickey Walker was a contemporary of Tom Carter's. Both were born in 1908; they joined Belgrave within nine months of each other and later in their lives went into business together.

He was not one of the stars who featured in our formidable teams of the '30s and '40s, but he was a sound supporting runner who frequently featured in 12-to-score teams and on one occasion was just pipped for sixth scorer by Alf Taylor when the "Southern" was held at Taplow.

In the late 1930s he concentrated on distance running with some success. He gained a 1st Class standard in the Polytechnic Marathon of 1938 and the following year won the Surrey County '20' title ahead of the legendary Bert Footer who was making his debut at the distance.

His success in this race led to an over-confident start in the Polytechnic Marathon where "he blazed through the first five miles in sub-28 minutes" (Belgravian) - quite a pace in those days. He faded to a creditable 12th. Seeing Footer finish 3rd made him wonder what might have been.

Unlike Carter, Walker did not regard Belgrave as a major part of his life and when he moved to Cornwall he allowed his membership to lapse. He re-joined the Club in 1963, at Tom's instigation, and visited Belgrave Hall very occasionally. He died at his Cornwall home in 1992 at the age of 84 years. Our commiserations are extended to his family and friends.

Clive Shippen

- Haringey's Dalton Grant is a fine ambassador for our sport and we have him to thank - although he probably doesn't know it - for the re-launching of the athletic career of Julia Cockram.

Julia's 1.59m High Jump, set as an Under-13 in May 1980, has stood the test of time and still ranks as the equal 9th best performance ever by a British Minor Girl. Third on that list is current international Debora Marti's 1.65m, also from 1980. As a 15 year old Julie competed for Surrey in the English Schools Championships, clearing 1.75m, but like many others it was not long before she dropped out of the sport. Luckily, however, that was not the end of the story.

A chance meeting with Dalton and the exchange of a few enthusiastic words about the jumping that she used to do when she was a schoolgirl was all that was required to make her think about getting fit again. And looking for a club, she fortunately decided upon Belgrave. Good old Dalton!

Indoor Track & Field

BIRMINGHAM GAMES, NIA, 8/9 JAN

Fred Salle had a clear margin over Cannock & Stafford's Barrington Williams and sharpened up with a bit of speedwork in the 60m as well. The sprints were dominated by young pretenders but Phil Goedluck showed he was in good shape, reaching the final and ending up only 1/10th off his best outdoor time for last season.

60m: (heats) P.Goedluck 6.94; F.Salle 7.10. 200m: 5, P.Goedluck 21.59; (semis) J.Ridgeon 22.08. 3000m: 15, R.Turner 8:30.90. 60mH: 7, N.Owen 8.17. HJ: 6, A.Hutchinson 2.00. LJ: 1, F.Salle 7.60. PV: 6, D.McDermott 4.60. SP: 3, L.Marar 15.75.

PEARL INTERNATIONAL GAMES, KELVIN HALL, GLASGOW, 30 JAN

Fred Salle had the indoor jump of a lifetime when in the first round he cut the sand at 7.96 metres for a Club Record, only 9cm behind the UK best and just 1cm shy of his outdoor pb set in 1986. He followed up with a no jump but still held the lead going into the 3rd round when World Record holder Mike Powell managed to register a lacklustre (for him) 8.07. Powell went on to record an all-comers record of 8.36 with his last leap. Fred also got in a 7.82 to back up but slipped to 4th as

Russians Bogrianov and Tarasenko crept past him.

Paul Edward's series in the shot read 18.17, 18.20, x, 17.86, 17.82, x, but he too suffered at the hands of two Russians; Nikolayev and Smimov reached 20.38 and 19.83.

VAUXHALL INTERNATIONAL, NIA, BIRMINGHAM 13 FEB

The GB versus USA indoor match always generates a lot of excitement on this side of the Atlantic but unfortunately rather less in the hearts of the away team. Once again the American outfit was devoid of many of the top names in T&F and they suffered a resounding defeat as a result.

Marcus Adam and John Regis returned from off-season training in sunny California to don British singlets and lined up together in the one lap race against the rising young Briton Darren Campbell. The two Belgravians had no trouble in putting him and the Americans down with John just shading Marcus as they crossed the line. Unfortunately the former had clearly taken a shorter than legal route to the line and was disqualified. These three later teamed up with Windsor's Mark Richardson to defeat the USA team in the 4x200 relay, 1:23.56 to 1:23.79.

As usual Paul Edwards had far too much muscle for his domestic

opposition but was in turn well beaten by the three Americans with Olympic Champion Stulce setting an all-comers record of 21.77. Fred Salle continued his solid indoor season and had every right to be pleased with his 2nd place, but the winner only recorded 7.76 and a repeat of his Glasgow form would have given him victory.

200m: 1, M.Adam 21.06; J.Regis dsq unofficial time 21.0. LJ: 2, F.Salle 7.51. SP: 4, P.Edwards 18.56.

TSB INTERNATIONAL, NIA, BIRMINGHAM, 20 FEB

Neither John Regis or Marcus Adam had the World Indoor Championships pencilled into their programmes but their performances at the NIA showed that they would most certainly have been medal contenders. Marcus was edged in the final straight by Bulgaria's Antonov as they set the 3rd and 4th fastest times in the World this winter, 20.84 and 20.89. (A Russian was to go a fraction faster in Bercy on the same afternoon and an American performed similarly next day in Boston.) But John was not to be outdone. At the 200m point in his 300m race he was hand-timed at 20.9 and went on to win as he pleased in 32.98 - 8/100ths behind the British best.

TSB AAA INDOOR CHAMPS., NIA, BIRMINGHAM, 27 FEB

The Shot competition gave the Bels their only "gold", courtesy of Paul Edwards of course, but it is really worth taking note of Leith Marar's performances this winter. His best outdoor mark of 15.40 dates from 1990 and is surely due for revision. In indoor meeting after meeting he has peppered the 15.50 area - might we see a 16m plus effort when

summer comes around? Warren Caswell had the pleasure of sharing 3rd place in the high jump with Geoff Parsons, and Phil Goedluck put two fine runs together in the one lap race, 21.64 to win heat 3 by five metres and then 21.62 for 5th in the final.

60m: ht. 6, L.Campbell 7.26. 200m: 5, P.Goedluck 21.62. 60mH: ht. 5, R.Hunter 8.40; 3, N.Owen 7.99. HJ: =3, W.Caswell 2.15. SP: 1, P.Edwards 18.47; 9, L.Marar 15.57.

WORLD INDOOR CHAMPS., TORONTO, 12-14 MAR

Fred Salle had every reason to be pleased with his indoor season, culminating in his selection for this fourth edition of the World Championships. A reproduction of his Kelvin Hall form should have seen him in the final and another few centimetres on top might even have put a medal within his grasp. But sometimes luck just runs the wrong way. Two "no jumps" left him with one last attempt to force his way into the final and how galling it was to find that red flag going up yet again for a marginal violation of the plasticene. No distance recorded for Fred while the 'bronze' went at 7.98 with Fred's best of the season 7.96!

Better luck had come Belgrave's way on day one when Shot Putter Paul Edwards was in action. Nineteen-sixty was required to guarantee progression to the final but only four athletes could reach that and Paul's second round effort of 18.23 saw him comfortably into the last twelve. The USA's Stulce had led the way in the qualifier and although fellow American Doehring led for four rounds, Stulce did the business again with a 5th putt of 21.27. Paul, meantime, confirmed his rating of 9th at these games with a 3rd round 18.32.

around the tracks

Horsham, 10 Dec. 50m: 2, P.Goedluck 6.2.

Crystal Palace, 13 Jan. Sprints Meeting. L.Campbell 7.4; N.Owen 7.4.

Crystal Palace, 16 Jan. Gatorade Meeting. 60mH: N.Owen 8.2; R.Hunter 8.6. SP: P.Edwards 17.58; L.Marar 15.75.

Revo, USA, 30 Jan. 55m: 1, J.Regis 6.21; 2, M.Adam 6.24.

Crystal Palace, 30/31 Jan. SoEAA Champs. 60mH: 1, N.Owen 8.1(CBP). Neil shared the same time as second placer Lewis of Wolves - both were two metres clear of the rest.

Bedford, 30/31 Jan. SP: 4, L.Marar 15.35.

Crystal Palace, 6 Feb. Gatorade Meeting. SP: 2, L.Marar 15.55.

Birmingham, 7 Feb. HJ: 1, H.Lindo 2.15.

Ghent, Belgium 7 Feb. Belgium v. England. LJ: 1, F.Salle 7.59. SP: 1, P.Edwards 18.04.

Crystal Palace, 10 Feb. Open Meeting. 60m: Phil Goedluck won his first round race and then met defeat by GEC's Nigel Stickings in each of the next two rounds. In all three races Phil clocked 7.1.

Horsham 20 Feb. SP: 1, P.Edwards 18.95.

Crystal Palace, 21 Feb. Surrey Indoor Champs. 60m: 1, L.Campbell 7.2.

Lieviv, France, 21 Feb. SE England v Nord Pas de Calais v

Lorraine. 200m: 2, P.Goedluck 21.64. HJ: 3, A.Hutchinson 2.06.

Phil was also a member of the winning 4x200m relay.

Kelvin Hall, Glasgow, 26 Feb. Civil Service Champs. Darrell Maynard ran 50.1 to win the 400m and wasn't really a lot slower over the last 400 of the 1500m race to win in 4:09.6.

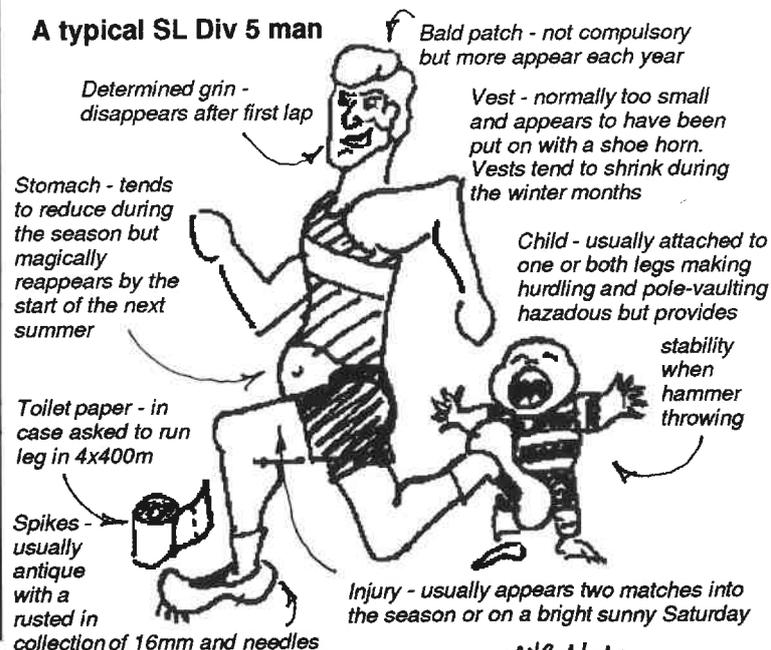
Cosford, 3 Mar. SP: 1, P.Edwards 19.42.

Gainesville, USA, 4 Mar. 400m: 3, D.Ladejo 47.24

Vermillion, USA, 13 Mar. NCAA Champs PV: 1, M.Edwards 5.25.

Cosford, 17 Mar. Invitation Match. SP: 1, L.Marar 16.00.

A typical SL Div 5 man



save Note

Hunter aims for 7,000 points

In September 1992 multi-eventer Richard Hunter upped his decathlon pb beyond the 6,000 mark for the first time. We invited Richard, a student at the West London Institute to tell us about himself and his aims for the future.

I came to London, Isleworth in 1990 to study at W.L.I.H.E. where I am presently in my final year of a sports science degree. Having moved to the area from the North East I wanted to join a good "local" club. At the time I was only doing 110 metre hurdles and saw Belgrave as the ideal choice in terms of getting the races when I needed them. Unfortunately I have been hindered by injuries since coming to London.

As a 110 metre hurdler I competed for my old club Gateshead Harriers and was second in two English Schools finals, 1987 and 1989. I also gained a GB Junior international vest in 1989. While I was still a Junior in 1990, I won the AAA 60 metres hurdles indoor title, but was again hampered by injuries in the summer season of that year. I then spent 1991 hurdling and messed about in two decathlons to get an idea of what I could do. In the winter of 1991 I decided to train for the multi-events, without having a coach to help me.

I guess my favourite events are the 110 metre hurdles, long jump, 400 metres, but I actually

enjoy them all. The only event that frustrates me is the javelin, for obvious reasons. In terms of aims, I have many long term and short term goals some of which include first of all breaking 6,500 points and 7,000 points. Then from there I would like to keep improving in 1994 and beyond.

Athletics is a vital part of my life and I love the training as much as the competitions but the last two to three years have been hard, with injuries, lack of a coach (until Greg Richards came along), living off a student grant, and change of environment from the North East, where facilities are so good and free, with great people to train with and motivate you, to London where the tracks take so long to get to (eg. Haringey sessions involve three hours travelling time) and sometimes cost far too much! Then at the moment I have got to get orthotics for my shoes, which are going to cost me £170! On top of this I made sure I could go warm weather training in 1991 and 1992, both out of my own funds. This year my coach has gone with the group to Cyprus again but I was not able to go due to financial reasons.

As far as my life outside athletics is concerned, I also have a part-time job as a gym instructor at a club in Twickenham. I also like music, clubs, movies, and travelling - there's always something to do.

Training for week ending 4th April 1993

Mon No training - college work.
 Tue 100m, 200m, 300m, 200m, 100m fast - walk back recovery.
 Wed 3 x 8 hurdles, 3 x 150m relaxed.
 Thu No training - college work.
 Fri No training - college work.
 Sat 3 x 300m (39.7, 39.6, 39.0) 6 minutes recovery.
 Sun Discus, shot, 1,200m time trial (3:28.0).

Decathlons

1987 Hull..... Youths Open Decathlon.....4,779pts
 Middlesborough..... Open Decathlon.....4,766pts
 1991 Mansfield..... Notts. Champs.5,463pts
 Bury..... Greater Manchester Champs.5,609pts
 1992 Limassol..... Cyprus Champs.....5,956pts
 Kungälv..... Goteborg District Champs.....6,092pts

Annual progression at 110mH

1987.....15.9	1990.....15.29/15.04w
1988.....15.56	1991.....15.04/14.09h/14.87w
1989.....15.24/14.79w	1992.....15.06/15.0h

WALKING TO SUCCESS

A chance to try something different -

From small acorns grow unexpected opportunities of athletic stardom. This summer if you're in the vicinity of Battersea Park on certain Tuesday evenings listed at the end, why not give racewalking a try?

Now just before you turn the page because you wouldn't be seen dead bum wiggling, at least give me the rest of the paragraph. What are your current chances of county, international or major championship honours?

I would reckon that if you are athletically fit and open-minded the British walker has six times greater chances of doing one of the above than the British runner. Six times? A top road running field is 300 - a top walking field is 50. Every current Belgravian walker (aged between 30 and 60) has won a representative honour of some sort. Candidly, the British walking standard is not that strong. Some international vests in recent years have been won, especially by females, with remarkable ease.

I was an average runner in 1982: 25:50 was my best for 5 miles. Giving walking a go was a means of recovering from injury. I decided to stick with it. By 1986 I had won National team medals, Southern area championships, county championships, and a sackfull of open race medals and prizes.

Kerry Saxby was part of the excellent 'Little League'

system in Australia where young children have a dabble at all athletic events, and discovered her event when she had a go at walking after an average showing at running, throwing, etc. At the time of writing she has just won another major championships medal indoors at Toronto to go with the 28 world records or bests already posted by the Queensland girl.

Of course, anybody that knows anything, knows that walking is not a soft option. It's not easier than running. For a start it's the only event that combines technique and aerobic effort. And so it has cardiovascular benefits the equal of running without the threat of accompanying injury.

I'm not saying walking is for you. But it's like eating something new. If you've never tried it, how can you say you don't like it? Why not give walking one try before rejecting it? You might discover a new athletic career ...

Paul Warburton

Races over 2.7k, one lap of Battersea Park, will be held at 7.00 p.m. on Tuesdays:

- April.....27th
- May.....18th
- June.....15th
- July.....6th
- August.....17th

Contact Carl Lawton on (081) 669-0971 or Paul Warburton (081) 870-8449 for further information, or turn up on the evening of the race prior to the start at Battersea Park.



Left: Richard Hunter made his debut for Belgrave on September 7th 1991 at New River Stadium, Haringey, placing 2nd in the 'B' 110m hurdles in a legal pb of 15.04. He also clocked 49.96 in the 'B' 400m. Sharing a joke behind him are Belgrave's Ian Wells and Haringey's Dalton Grant.
 Photo: Robin Nicholls.

Women's Road and Country

SURREY CC LEAGUE, DIV. 2 RACE 1, TILFORD, 24 OCT

Times are changing. In the opening match last season Jacinta Moore had to take on the other Surrey clubs single-handed and not surprisingly, as a team, we ended up in last position. This time around, however, our ladies started the season in the mood to battle for promotion back up to Division One, and on the sandy hills of the Tilford course, the toughest on which we compete, we turned out a full squad of five to score plus three more backing up. Helen Maskrey led the way and with some of our sprinters getting into the scoring positions we were pleased to finish as 2nd team, not too far behind Tadworth.

In the intermediate race over 3.5k Jessica Dash was 18th in 17:49 and Laura Wilson was 5th in the minor's event, taking 10:03 for the 2.5k.

1, C.Hodgson (Hercules Wimb) 21:52; 2, H.Maskrey (Belgrave) 22:06; 3, J.Lodge (Hercules Wimb) 22:15; ... 9, J.Smiter 23:46; 20, N.Mills 25:25; 28, J.Stone 26:06; 39, B.Kulidzan 27:23; 69, P.Mead 32:01; 71, S.Porter 32:07; 73, A.Patten 32:40.

Teams: 1, Tadworth 80; 2, Belgrave 97; 3, Stragglers 104.

PRIORY 3x2.5m RELAY, REIGATE, 7 OCT

It took Helen 16:29 to tour the testing hills of the Reigate Priory and she was just under a minute slower than the fastest time of the day for her 4th place on leg one. Nina Mills was next away, clocking 19:02 to bring the team in 9th, and a now constantly improving Jacqui Smiter enjoyed herself on the final leg, picking off two of the opposition with her 17:56 effort. This was good running from our ladies - 7th place out of the 20 teams that finished.

1, Croydon 47:38; 2, Cambridge H 50:58; 3, Herne Hill 51:13; ... 7, Belgrave 53:27.

SURREY CC LEAGUE, DIV. 2 RACE 2, EWELL COURT, 28 NOV

With Morag Andrew and Gabby Collison drafted into the team it became a fight to get into the scoring five and the overall result was a resounding win for the Bels. and a fine individual victory for Helen.

This course might be normally classed as flat and grassy but heavy rain had turned parts of the circuit into a leg-sapping quagmire - and then there was the descent down the

slippery banks and through the muddy waters of the River Hogsmill to contend with on each lap! Eventually it was the two 'Js' who filled out the score sheet, pushing Nina Mills back to become our 6th placer.

But watch out for the young woman who was next home and making her debut in Belgrave colours. Martina Ryan is no stranger to cross-country, having run regularly as a junior back in Ireland. It shouldn't take her too long to run off the few intervening years of inactivity, particularly as the Ryan family are in residence at the 'King of Denmark'; how convenient for training from Belgrave Hall just around the corner.

1, H. Maskrey (Belgrave) 20:05; 2, M.Andrew (Belgrave) 20:37; 3, P.Flynn (Stragglers) 21:03; ... 5, G.Collison 21:08; 13, J.Smiter 22:24; 15, J.Stone 23:23; N.Mills 23:51; M.Ryan 25:37; E.Finikin 26:54; P.Mead.

Teams: 1, Belgrave 36; 2, Stragglers 60; 3, Tadworth 108.

SURREY 5k ROAD RACE, WIMBLEDON, 5 DEC

We have become used to seeing Gabby's name high up in the road race results over the past couple of seasons and here she cruised to a comfortable victory with exactly one minute to spare over the second woman. Jacqui Smiter's hard winter's training is beginning to pay off but what can you say about Jacinta Moore - a baby due in three months time and here she was closing off the scoring team to ensure that the Bels. claimed 2nd team prizes.

1, G.Collison (Belgrave) 17:46; 2, H.Imeson (Tadworth) 18:46; 3, J.Whyte (Tadworth) 19:51; 4, J.Smiter 19:59; 7, J.Moore 21:03; 8, S.Porter 24:31.

Teams: 1, Tadworth 10; 2, Belgrave 12.

SURREY CC CHAMPS., COULSDON, 12 DEC

Bright sunshine prevailed for the county championships but conditions were sticky underfoot and by the end of the afternoon it was pretty cold as well. The start entailed a swift couple of circuits around the field at Fox Common before the pack headed off down into Happy Valley with Woking's Zara Hyde making the running. Helen Maskrey

was in the leading bunch of half a dozen and with Gabrielle Collison and Morag Andrew shoulder to shoulder close behind and only three to score, our hopes of getting into the medals looked good.

Hyde proved to be in devastating form, getting right away from the field for a clear win, but the team race turned out to be a very close affair. Woking, of course, had a good start with the individual winner but while waiting for the rest of their squad, Croydon got two home with 4th and 6th and Herne Hill were also in the frame with 7th and 9th. Then, with Helen fighting up the final slope to spearhead our team with 11th place, chased by Woking's second scorer and Herne Hill's third, we saw Morag and Gabby appear at the top of the long drag up from the Valley in 14th and 17th places. Minds numbed from the cold found it too difficult to keep four lots of mental arithmetic going but with Croydon's last scorer still nowhere in sight we began to feel sure of bronze medals.

But it was not to be so! Croydon had to wait until 30th place to get their last girl home but their early scorers were just too far up for us to counter. Next year maybe?

1, Z.Hyde (Woking) 27:11; 2, S.Young (Mole Valley) 27:53; 3, M.Statham (Holland S) 27:56; ... 11, H.Maskrey 29:26; 14, M.Andrew 29:46; 17, G.Collison 30:22; 40, J.Smiter 32:59, 64, S.Howard 36:04; 76, A.Patten 43:35; 78, S.Porter 45:23.

Teams: 1, Herne Hill H 26; 2, Woking AC 27; 3, Croydon 34; 4, Belgrave 39.

SURREY CC LEAGUE, DIV. 2 RACE 3, PETERSHAM, 9 JAN

After this third race in the series it was beginning to look as if the Bels. were not only going to be assured of a return to the top division next winter but would probably go up as Division Two Champions both in the team and individual events. A second win over Stragglers meant that we were now 3pts clear with first match winners Tadworth a further 3pts down. Helen was top of the individual list. Martina Ryan continued her progress, closing from two minutes behind Jacqui at the previous event to within 40secs. here in Richmond Park.

1, C.Hodgson (Hercules Wimb) 21:10; 2, H.Maskrey (Belgrave) 21:48; 3, P.Flynn (Stragglers) 22:10; 4, M.Andrew 22:17; 8, G.Collison 23:01; 13, J.Smiter 24:32; 19, M.Ryan 25:12; 24, N.Mills 25:28; 42, J.Stone 26:33; 62, B.Kulidzan 28:15; 66, E.Finikin 28:36; 73, S.Howard 29:49; 91, A.Patten 32:30. Teams: 1, Belgrave 46; 2, Stragglers 62; 3, Collingwood 104.



Left: A couple of miles to go in the 26.2/Securicor 10k and Morag Andrew leads the Belgrave charge.

INTER-COUNTIES CHAMPS., Inc. UK WORLD CC TRIALS, CORBY, 6 FEB

For someone who hadn't really done any cross country before the start of this winter, Helen Maskrey has become involved in a big way. Her running in the County Championships earned her a Surrey vest and here she was along with the cream of the nation's distance runners competing in the trial for the International Champs. The race was won by Suzanne Rigg of Cheshire in 18:38 but Helen was well into the first half of the field, placing 130th of the 305 finishers, in 21:44. What a warm up for the following day's ...

26.2/SECURICOR10k, Inc. SURREY CHAMPS, WEST EWELL, 7 FEB

A huge field set out from Hook Arena on the 10k circuit that takes in Chessington, Malden Rushett and Epsom Common before returning to West Ewell. Some familiar faces were to be seen along the way, marking the course: Billy Bull and our Kingsmeadow gang, Leo Coy - even Sue Porter out doing some training.

Your cycle-bourne reporter found it impossible to pick out all our ladies during the initial rush but did notice Jacqui Smiter and Martina Ryan in close company. Having let the field pass, some furious pedalling was necessary to work back towards the top of the pack. As the faster runners were picked up and the field became more spread out, there was still no sign of a Belgrave vest - maybe I had missed our top three. But no, the fact was that they were startlingly way up the field and as Chessington Zoo was neared, the slim frame of Gabby Collison could be seen bobbing along with her characteristic, easy style. A few more turns of the pedals and there were Morag and Helen, stride for stride with only Moyra Jordan of Horsham up ahead. My goodness, after last year's 2nd place, we were going to "walk" the team race with packing like this!

Racing ahead to find a "photo spot", the runners were not seen again until they turned into Horton Lane with nearly 2 miles to go. It was Morag who appeared first, running fiercely with Helen some 20 metres in arrears. An International runner for Scotland a few years back, Morag has had a couple of years out of the sport during which time she has started a family but now she shows all the signs of edging back to some good class running again.

On to the finish. Jordan was first through the gates and onto the grassy finishing area but before she had crossed beneath the final banner a girl in claret and gold had also turned onto the straight. It was Helen. Somewhere along that final



Above: the record low-scoring team in the Surrey 10k Championships: Gabby Collison, 3rd, Helen Maskrey, 1st, and Morag Andrew, 2nd.

long road she had got ahead of her rival - but only just, because a mere three seconds separated them. Second and third, and now here was Gabby, all three of our scorers on the finish straight at the same time.

Further down the field more fine running was evident. Jacqui had smashed her pb and Martina had made a fine first appearance on the road in Belgrave colours.

Of course we *did* win the team race and when it came to the County Championship we had the perfect score of 6 points for 1st, 2nd and 3rd. Apparently this has never been done before in a Senior Surrey championship.

1, M.Jordan (Horsham) 36:11; 2, H.Maskrey (Belgrave) 36:27; 3, M.Andrew (Belgrave) 36:30; 4, G.Collison 36:51; ... J.Smiter, M.Ryan, S.Howard also ran but further details not known. Teams: 1, Belgrave.

Surrey Champs: 1, Belgrave.

SURREY CC LEAGUE, DIV. 2 RACE 4, LLOYD PARK 13 MAR

What a contrast to the day of the men's league race in early January. Then the course had been a morass and spirits were as low as the heavy grey clouds, with the Bels. due to suffer another hammering. But come the spring and the women's race, we had a firm, dry, grassy course (albeit a little rutted), beautiful blue skies, a picnic atmosphere and the certain prospect of promotion to division one.

After the very first kilometre there were a few surprises to note. Morag Andrew had made a determined start and was clearly placed ahead of our normal team leader, Helen Maskrey. Gabby Collison was close behind and then came Martina Ryan, already away from Jacqui

Smiter for the first time in the series and moving strongly. These positions were not to change throughout the duration of the surely over-length race. Helen did not seem unduly worried by playing second fiddle for a change and one got the impression that the following day's Belgrave Half-Marathon was on her mind. Poor Jacqui was struggling though, troubled by stomach cramps that made a fight with Martina impossible. But there was no doubt at all that the latter was having a brilliant race and, the possessor a good "running" brain, we can look for a lot more to come from her yet. The past few weeks had seen her ease off from the Club-night runs with the men, with a switch of emphasis to sustained, fast, shorter runs on the grass of the Common. Well done Martina!

Just outside the scoring five Jacinta Moore made a welcome return to the team. Incredible though it may seem, she had been due to give birth on just about the date of this race, but baby Cliona had conveniently seen fit to enter the world a month early, leaving Jacinta to gradually get back into her running, avoiding the cold days and taking it as it comes.

Once again young Laura Wilson flew the flag for Belgrave in the minors' event with a very strong race for 4th place.

Seniors and Juniors
1, C.Hodgson (Hercules Wimb) 24:21; 2, M.Andrew (Belgrave) 24:33; 3, T.Hanson-Tangen (Wimb. Windmilers) 25:20; ... 6, H.Maskrey 25:33; 8, G.Collison 26:00; 10, M.Ryan 26:32; 25, J.Smiter; 34 J.Moore; 46, S.Howard; 80, A.Pat-

ten; dnf. C.James, N.Stracey, P.Mead.

Teams: 1, Belgrave 50; 2, Elmbridge 95; 3, Collingwood 119.

Minors
1, S.Van Wyk (Woking) 12:24; 2, C.Vernon (Hercules Wimb) 12:24; 3, A.Hartney (Woking) 12:30; 4, L.Wilson 12:34.

SURREY WOMEN'S CC LEAGUE DIVISION 2 FINAL RESULT

- 1, Belgrave H57
- 2, Stragglers.....49
- 3, Tadworth.....48
- 4, Collingwood.....41
- 5, Elmbridge.....37
- 6, Guildford & Godalming.....36
- 7, Reigate Priory.....33
- 8, Wimbledon Windmilers30
- 9, Phillips City Striders.....27
- 10, British Airways.....25
- 11, Hercules Wimbledon18
- 12, Redhill & Surrey Beagles 13
- 13, Waverley.....13

Individuals:
1, H. Maskrey, 2, M.Andrew.
Juniors. 2, J.Smiter.

Road Race Round-up

Hog's Back, 5, H.Maskrey (3, under 35) 56:15; 109, P.Davies (8, over 50) 73:33.
Ruislip, 21 Feb. Hillingdon 5m. 5, H.Maskrey 29:50.
Woking 7 Mar. 10m. 10, H.Maskrey 1:00:30.
Brockwell Park, 7 Mar. Herne Hill 10k. 3, G.Collison 38:22.

Veterans' Results

SURREY COUNTY VETERANS CC CHAMPS., RICHMOND PARK, 17 OCT

In the middle of one of the wettest Autumns in memory, the Surrey Vets Cross Country Championships managed as usual to pick a bright, sunny afternoon, although a stiff breeze chilled the runners especially as they ran past the lake. There was a good turn out of 18 from Belgrave, including two ladies, in a field of 120 runners and there was a welcome first appearance for the "newly turned forty" Mike Gleave.

At the front the race was dominated by Thames Hare and Hounds with Dave Hill winning as he pleased and Mike Farmery, another new Vet, coming through strongly for second ahead of Chris Hughes and a tired Charlie Dickinson. Rex Bale ran well to finish in the first thirty with Alan Painter completing the scoring three.

The Belgrave fifties team were rather unfortunate not to get a medal. Tony Stone limped out of the race with a pulled hamstring at the end of the first lap which left Tony Hardy to lead in a scoring three made up by John Wasbrough and Mike Newton. It was nice to see Mike racing for the first time since his eye operation in the summer.

The race organisers, Ranelagh, were awarding an over sixties team category for the first time and the rampant Belgrave trio of Pat Newell, Bert Stroud and Charlie Walker came away with the team gold scoring the minimum of six points. The M60 race was won by Jim Chandler of Waverley but close behind there was a right ding dong between the three Belgrave runners. Eventually a rather out of sorts Charlie Walker was dropped by the in form Bert Stroud, with Pat Newell tucked in behind. At the finish a very fit and determined Pat just got the better of Bert to take individual silver. Another triumph for our over sixties team!

Men's 10k

M40: 1, D.Hill (TH&H) 32:56; 2, M.Farmery (TH&H) 33:31; 3, C.Hughes (TH&H) 33:39; 4, C.Dickinson 33:55; 27, R.Bale 37:10; 38, A.Painter 38:32; 42, C.Taplin 38:44; 47, M.Gleave 39:09; 56, P.King 40:11; 63, V.Butcher 40:40.

M50: 7, J.Dear (Epsom & Ewell) 34:16; 17, T.Isaacs (non-scoring Wirral) 35:57; 20, K.Spacie (TH&H) 36:12; 53, T.Hardy 39:49; 58, J.Wasbrough 40:21; 67, M.Newton 40:58; 94, F.Barrett 44:08; 96, C.Manning 44:22; 105, A.Lawton 46:19.

M60: 37, J.Chandler (Waverley) 37:59; 59, P.Newell 40:26; 60, B.Stroud 40:27; 69, C.Walker 41:07.

Women's 5k

1, M.Statham (Holland Sports) 18:20; 2, M.Griffiths (Epsom & Ewell) 18:26; 3, D.Leakey (TH&H) 19:47; 9, N.Mills 21:46; 28, P.Mead 27:46.

CAMBRIDGE H VETERANS RELAYS, ROCHESTER, 20 DEC

The Belgrave over 50 team made their annual successful Christmas pilgrimage to Rochester for the 4x2.6m road relay around the aerodrome, although they found the opposition rather tougher this year. These relays are becoming increasingly popular, with teams from Swindon, Aldershot and Woodford Green supplementing the usual Kent based contingent. The event, organised by David Coward, is sponsored by a local butcher and there is much meat given out at the end in the way of prizes. Perhaps Belgrave were a little lucky to collect their joints of pork. We finished fourth but as the third team were Cambridge "B", the Bels. were deemed the third club to finish. It's all very friendly.

Best run of the day was again from Tony Verdie who seems to like this event. He completed the second fastest lap in 13:51 to Davidson's 13:39. Having done his usual Potteries Marathon in October, Tony finds this event far enough away from his next major marathon, usually the London, to risk testing his speed. Well Tony, the speed is obviously still there, pity we can't get you onto the track!

M50: 1, Cambridge H "A" 56:04; 2, Woodford Green 57:05; 3, Cambridge H "B" 58:57; 4, Belgrave (A.Verdie 13:51, J.Wasbrough 15:12, W.Laws 15:19, A.Stone 14:54) 59:16.

VETERANSAC CC CHAMPS, WIMBLEDON, 23 JAN

No less than eleven Belgravians preferred to run in the VAC Championships rather than the Club '10' held on the same day, at the same time, and over roughly the same course. The VAC Championships are always well organised, with trophies and medals in five year age groups, very competitive, with the course demanding but of a reasonable length.

The Vet in form is Bob Treadwell, a full minute ahead of Tony Simmonds in the home international at Belfast, Surrey Senior Champion at Coulsdon in December, and 23rd in the South of England. When he arrived at the start the result was a foregone conclusion. It is interesting that the quality at the "sharp end" now rivals the Southern Vets Championships. The depth has been there for some years but now VAC are beginning to pick up more members from, for example, Kent and North London.

It was Grenville Tuck who led the leading bunch over the golf course and down through the woods with Charlie Dickinson starting more cautiously in sixth place. Both came unstuck in the mud through the fields at the bottom where Treadwell began to force the pace ahead of Morten and Daniel of Blackheath. Charlie moved up to third on the horse ride and chased hard, but Treadwell moved steadily away on lap two and the very strong Hugh Morten maintained the gap for 2nd.

Treadwell broke the course

record set last year by Terry Osbourne and said afterwards that without the Southern in his legs from the week before, and on firmer ground he might have been close to 24 minutes! His elder brother John, a regular and popular member of VAC, took the M45 trophy.

Nor did the wet conditions stop Maggie Statham from breaking the W35 record again or our own Laurie O'Hara from bringing the M60 record down to an amazing 28:16. The quality of the M60's was such that Bert Stroud, Charlie Walker and Pat Newell all missed medals in spite of excellent runs. Bert was just beaten to the line by Thomas of Cambridge.

M40: 1, R.Treadwell (Redhill Surrey Bgls) 24:43(rec); 2, H.Morten (Blackheath) 25:27; 3, C.Dickinson 25:39; ... 14, D.Clack 28:22.

M45: 1, J.Treadwell (VAC) 27:14; 2, A.Howlett (Invieta) 27:31; 3, J.McGilvray (PCS) 28:01; ... 13, A.Painter 30:33.

M50: 1, P.Corkery (Lon.I) 28:03; 2, G.Harold (Boro' Enfield) 28:12; 3, E.Bovington (Woodford Gn) 28:34; ... 6, A.Stone 29:50; 8, J.Wasbrough 30:45; 14, T.Lawton 32:56; 16, F.Barrett 33:46.

M55: 1, T.Ryan (North London) 27:38; 2, R.Davidson (Cambridge H) 27:39; 3, C.Crump (Woodford Gn) 27:55.

M60: 1, L.O'Hara (Belgrave) 28:16; 2, R.Higgs (Barnet) 29:24; 3, D.Thomas (Cambridge H) 31:16; 4, A.Stroud 31:17; 5, C.Walker 31:42; 7, P.Newell 31:59.

*Below: Belgrave's second placing M60 team from the BVAF National Cross Country Championships at Burnley - Pat Newell, Bert Stroud and Charlie Walker. When this trio get together with our other M60 hero Laurie O'Hara - watch out world.
Photo: Jeremy Hemming*



reports by
Charlie Dickinson

SOUTHERNVETS CC CHAMPS., LLOYD PARK, 5 FEB

This event has become less popular with Belgrave Vets over the last couple of years and the only one to brave the sticky mud and the hills of Lloyd Park was ... yes, you've guessed it, Charlie Walker.

Charlie ran very well, winning the bronze medal in the M60 race. He might have done even better had he not run off course when leading at the end of the second of the three lap course. He was running just behind the pack of leading Lady Vets and hadn't realised that they had turned off for their finish. Charlie lost a good forty or fifty metres and the lead. Should have kept your eyes on the course Charlie!

M60: 1, M.Baker (Horsham) 42:49; 2, D.Thomas (Cambridge H) 42:51; 3, C.Walker (Belgrave) 43:56.

BYAF NATIONAL CC CHAMPS., BURNLEY, 7 MAR

It was an early Sunday morning start for the combined Belgrave/VAC party who made the long trip north to Burnley for this year's Vets National. A successful trip too, with Bob Treadwell winning the M40 race, silver medals for the Belgrave M60 team, and Bob Belmore a rival member of the winning Barnet squad.

On arrival, Townley Park fell somewhat short of the vision some had of beautiful north country moors. The start was a flat scrubby playing field alongside a dirty stream, then came a long, long, muddy climb of at least three quarters of a mile up to the edge of a council estate at the top of the surrounding hills. Down again, past a huge ugly factory, and then came the wade through a smelly stream to the finish. All this three times. However, the day was very well organised, the competition intense, and one wise old runner kindly reminded us that when the race was last held in the South the venue was Wormwood Scrubs!

With Laurie O'Hara missing from the Belgrave team it was Charlie Walker, in inspired form, who led the Belgrave M60's in the first race. Charlie finished 7th in his age category, an improvement from last year and even ahead of a tired looking Tony Stone. Strong runs from Bert Stroud and Pat Newell made up the scoring three with Arthur Bruce and Fred Paget freely offering advice from the side. Barnet had their new star, Ron Higgs, and did just enough to take gold, which of course was much commented upon afterwards by Bob Belmore.

Bob Treadwell had rested from the National at Parliament Hill the previous week in anticipation of the strong field and the demanding course. He found the long, slow climbs to his liking, reminiscent of several Continental hill races that had given him success in the past

and suited to long striding runners with long hamstrings who are able to find the right breathing rhythm. (All age winners were built thus.) Bob got away on the first climb, and although always wary of the in form Brian Kirkwood from Scotland who finished ahead of him in the Inter-Counties, held on well for a great victory.

Charlie Dickinson hasn't got long hamstrings and was rather disappointed with 26th place after finishing 11th the previous year. The long drive as chauffeur may also have taken its toll.

With Maggie Staitham, coached by Bob Belmore, and Steve Charlton also winning their races, it was a successful day for VAC and the South. The long drive home gave us a mixture of snoozing, stories of races from the past and more friendly Belgrave/Barnet banter.

"Don't worry, we'll have you lot in the relay".

"Why don't you rejoin us instead of running for that North London lot? On second thoughts it would be a waste of time, we don't run a 'B' team!"

Well, perhaps not quite so friendly!

M40

1, R.Treadwell (Redhill & S.y Bgls) 33:20; 2, B.Kirkwood (Edinburgh) 33:33; 3, M.Rees (Swansea) 33:44; ... 26, C.Dickinson (Belgrave) 35:43. M50: 1, L.Presland (Aldershot) 35:41; 2, S.James (C of Hull) 36:11; 3, A.Jefferies (Swansea) 36:20; 52, A.Stone 43:33.

M60: 1, E.Appleby (Heaton) 39:46; 2, R.Higgs (Barnet) 40:53; 3, M.Morrell (Wirral) 41:06; 7, C.Walker 43:08; 11, A.Stroud 44:27; 17, P.Newell 44:50.

Teams: M60-69: 1, Barnet 32; 2, Belgrave 44; 3, Heaton 50.

ALF MIGNOT MEMORIAL TROPHY 3x3.5 VETS ROAD RELAY, CRANFORD, MAR 27

It was a good performance by the vets team to finish 10th in a very strong field and so nice to see Pete Gilbey running again. Pete's excellent 18:28 on the 2nd leg was his first race in two years. He now seems to have solved his injury problems and is back training mainly on a running machine in the gym.

Charlie Dickinson ran 17:20 on the first leg but was out-foxed by that old stager Keith Penney in the home straight.

1, Swansea 51:02; 2, Thurrock 53:01; 3, Oxford City 53:28; ... 10, Belgrave 'A' (C.Dickinson 17:20; P.Gilbey 18:20, A.Painter 20:03); 29, Belgrave 'B' (D.Clack 19:57, A.Stone 20:50, C.Dickinson 20:10). Fastest M.Rees (Swansea) 16:34; =7, C.Dickinson.

Perusal of the 1992 UK track and field ranking list for Veteran athletes revealed that the old favourites show no signs of letting up. M45 Snowy Brooks was placed at number 3 in the discus with his 35.30m, while M60 Laurie O'Hara topped the 5000m list with 17:10.9.

Veterans' Round-up

Hyde Park, 27 Sep. 4k 43-49yrs. 1, C.Dickinson 12:55.

Ruislip, 17 Oct. Inter-club 5.5m CC. 21, L. O'Hara 31:43.

Wimbledon Common, 3 Oct. 4.8m CC. 19, A.Hardy (M50) 30:30.

M60. 1, A.Stroud 31:10. M70. 1, D.McMullen 54:25.

Wimbledon, 3 Oct. Adidas Wimbledon 10m. M50. 3, A.Stone 61:39.

Wimbledon Common 24 Oct. VAC 4.8m CC. 6, R.Bale (M45) 28:21; 13, A.Painter 28:59; 16, D.Clack 29:27; 18, A.Stone (M50); 20, C.Taplin 29:45; 21, A.Hardy (M50) 29:59.

Morden, 25 Oct. AW Surrey Classic 10k. Tony Stone was first M50 in 39:42 from Appleby, 39:45.

Belfast 31 Oct. Home Countries International CC. Laurie O'Hara romped away with the M60 race, winning as he pleased in 39:22 and leading the M60 England team to victory.

Wimbledon Common 14 Nov. VAC 4.8m CC. 9, R.Bale (M45)

28:29; 13, A.Painter (M45) 28:48; 14, D.Clack 29:35; 15, C.Taplin

29:51. M60. 1, C.Walker 31:07; 2, A.Stoud 31:09; 3, P.Newell 31:25.

Battersea Park 21 Nov. Sri Chinmoy 10k. There was a fine battle between old friends and rivals Charlie Walker and Pat Newell in this early Saturday morning race. This time the M60 race was won by Pat but both were pleased with their sub 40 minute times. M60. 1, P.Newell 39:08; 2, C.Walker 39:21.

Oxshott, 22 Nov. AW Surrey Classic 10k. M50. 3, A. Stone 39:03.

Battersea Park, 5 Dec. Sri Chinmoy 5m. M50. 3, A.Hardy 30:40.

Hog's Back, 257, A.Stone (17 M50) 59:20; 649, M.Hutton (235,

M40) 67:32; 762, R.Faithfull (106, M50) 69:36; 852, C.Henn (21,

M60) 71:34; 1029, F.Gander (164, M50) 77:34. Teams: 18,

Belgrave.

Wimbledon Common 19 Dec. VAC 4.8m CC. 1, C.Dickinson 27:20;

5, L.O'Hara 28:47; 9, A.Stone 30:11.

Tadworth, 3 Jan. 10m. Tony Verdie, who is actually an M55, won the M50 section of the race in 58:20. Interestingly, an age-graded system was also used at this event and when the age weighting had been applied to all competitors in the race Tony came out as 4th best on the day, just ahead of the actual winner who clocked 49:57.

Wimbledon Common, 6 Feb. VAC 4.8m CC. 5, D.Clack 28:12; 14, C.Taplin 29:29; 18, A.Painter 29:56.

Perivale, 17 Mar. Runners World 5k. M45. 2, R.Bale 19:50.

Wimbledon Common, 20 Mar. VAC 4.8m CC. A rock hard course

gave fast times all round including a pb from Chris Taplin. 12,

C.Taplin 28:59; 15, D.Clack 29:22; 17, A.Stone 29:45; 21, J.Was-

brough 30:09; 22, J.Hughes 30:31; 25, R.Bale 30:47; 27, C.Walker

31:00; 49, F.Barrett 34:41.

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Young Athletes

SURREY YA CC RELAYS, RICHMOND PARK, 4 OCT

Youths

1, Belgrave (B.Hamill 8:12, T.Earle 8:50, G.Mason 2nd fastest 7:57, S.Booth 8:13) 33:12; 2, Croydon 34:33; 3, Hercules Wimb. 39:21.

Boys

2, Belgrave (but not Surrey qualified) Fastest of day R.Milner 9:04.

REEBOK SURREY LEAGUE DIV 1, RACE 1, BROCKWELL PARK, 10 OCT

Youths and Boys 2.5m

1, A.Jones (Belgrave) 13:35; 2, R.Xerri (Hercules Wimb) 13:37; 3, B.Wood (Heme Hill) 13:40; ... 5, B.Hamill 13:56; 6, S.Booth 13:59; 11, M.Anderson 14:22; 14, T.Earle 14:47; 15, G.Jones 14:53; 16, J.Wilson (Boy) 14:57; 20, S.Taylor (B) 15:05.

Teams: 1, Belgrave 37; 2, Hounslow 62; 3, Heme Hill 79.

Colts 2.5m

1, D.Holter (Aldershot F&D) 15:24; 2, M.Long (Aldershot F&D) 15:39; 3, T.Sellen (Aldershot F&D) 16:00; ... 7, N.Whorlow 16:11; 9, B.St. John 16:53; 10, R.Elgar 17:05.

Teams: 1, Aldershot F&D 36; 2, Belgrave 61; 3, South London 81.

WOOLWORTHS YA SOUTHERN ROAD RELAY CHAMPS., ALDERSHOT, 18 OCT

Youths

1, Tonbridge 37:50; 2, Shaftesbury Barnet (38:17; 3, GEC Avionics 38:30; ... 7, Belgrave (B.Hamill 9:36, M.Anderson 10:20, G.Mason 9:35, S.Booth 10:04) 39:35; 25 teams closed in.

Another successful season

Another successful cross-country season has ended with good all round performances by all age group teams and some very good individual results.

The season got under way in October with a win for the Youths in the Surrey CC Relay. The event was held on the old Surrey AC relay course in Richmond Park.

Our HHH League performance was probably our best ever. We managed to get team or individual prizes in all groups as well as winning third overall for combined age groups. Simon Vella, Gavin Jones, John Wilson and Adam Jones all performed very well in each match.

In the Surrey League our combined Youths/Boys team had no opposition all year. Matthew Hillier won two races with Adam Jones and Gavin Mason winning the other two. This, with good back-up from the Boys, ensured that we won with ease. Tom Evans and Simon Alexander had great runs at Lloyd Park - they surprised some of the Youths and pushed them out of the scoring five! Unfortunately we will be in Division Two with the Seniors next year.

The County Championships saw mixed performances with the best result coming from Simon Vella, who came 2nd in the Middlesex Colts' race.

At the Southern, we finished our full quota of eight in the Boys' age group and the team were 20th. Simon Alexander had a good run to lead the team home in 51st place. The Youths team finished 7th overall, without Gavin or Stuart Booth. Matthew and Adam had excellent runs.

This year for the first time we participated in the Indoor Sportshall League for the U13 age group. The league was held over three matches and took place in large sports halls. The events consist of sprints, relays, paarlauf, plus throws and jumps. Each team is made up of six competitors and each can only do one individual event. Everybody takes part in the final relay.

The competition was fierce, with an excellent atmosphere at each venue. It is an exciting event which will continue to grow in popularity and will be an alternative to an easy winter for our young throwers, sprinters and jumpers.

We performed well throughout and won the final match at Cheam. Es Hassan, Andrew Hill, Duncan Thompson, Steve Taylor and Dwaine Patterson were selected to represent Surrey in the National Event.

Thanks to Chris. Knight, Billy Bull and Martin Milner for their help throughout the season and also thanks to the parents who supported us so well. I must not forget Steve Whorlow, for his role as acting team manager when I was delayed - I did have a long way to travel. Captains Toby, Marlon and Adam played their part all season during both training and competition.

Next season sees the start of the new age bands which will mean that most of our Youths will miss their second winter season in the age group and will become Juniors. Let us hope that they continue to improve together and become our Senior team of the future.

Leo Coy



Above: Mark Padfield battles to the finish in the final league match at Coulsdon. Photo by Ray O'Donoghue

HERNE HILL CC LEAGUE RACE 1, BROCKWELL PARK, 24 OCT

Youths 4m

1, J.Prowse (Mitcham & Sutton) 23:24; 2, M.Hillier (Belgrave) 24:45; 3, D.Collins (GEC) 24:54; ... 5, A.Jones 25:00.

Teams: 1, Belgrave 60; 2, GEC Avionics 72; 3, Medway 87.

Boys 3m

1, T.Davis (Invicta) 18:14; 2, P.McDermont (GEC) 18:20; 3, M.Norman (GEC) 19:01; ... 5, J.Wilson 19:17.

Teams: 1, GEC Avionics 52; 2, Medway 66; 3, Invicta 89; 4, Belgrave 102.

Colts 2m

1, Simon Vella (Belgrave) 14:20; 2, N.Tillot (Medway) 14:28; 3, C.Baty (Invicta) 14:35.

Teams: 1, Medway 37; 2, GEC Avionics 81; 3, Medway B 84; ... 6, Belgrave 153.

HERNE HILL CC LEAGUE RACE 2, BROCKWELL PARK, 14 NOV

Youths 3m

1, J.Prowse (Mitcham & Sutton) 17:04; 2, M.Kay (Invicta) 17:46; 3, S.Mitchell (Medway) 17:48; ... 6, A.Jones 18:17; 10, B.Hamill 18:36; 14, M.Anderson 18:58; 15, T.Earle 19:05; 17, S.Booth 19:21.

Teams: 1, GEC Avionics 42; 2, Belgrave 62; 3, Medway 92.

Boys 2.5m

1, P.McDermont (GEC) 16:01; 2, T.Davies (Invicta) 16:30; 3, M.Norman (GEC) 16:43; ... 6, J.Wilson 17:00; 23, M.Padfield 19:09.

Teams: 1, Medway 38; 2, GEC Avionics 43; 3, Blackheath 96; ... 6, Belgrave 129.

Colts 2m

1, N.Tillot (Medway) 14:20; 2, S.Vella (Belgrave) 14:35; 3, P.Lurcock (GEC) 14:54; ... 28, D.Wilkinson

son 16:37; 30, N.Whorlow 16:45; 42, S.Hartwig 17:50.
Teams: 1, Medway 40; 2, GEC Avionics 75; 3, Medway B 81; 4, Belgrave 126.

REEBOK SURREY CC LEAGUE DIV 1, RACE 2, WIMBLEDON, 21 NOV

Youths and Boys
1, G.Mason (Belgrave) 13:49; 2, R.Xerri (Hercules Wimb) 13:51; 3, N.Benham (Aldershot F&D) 13:53; ... 5, A.Jones 14:15; 7, M.Hillier 14:21; 10, B.Hamill 14:44; 13, S.Booth 14:57; 16, M.Anderson 15:06; 18, T.Earle 15:25; 19, S.Alexander 15:30; 20, J.Wilson 15:39; 22, G.Jones 15:46; 24, R.Milner 16:13; 31, S.Bramson 16:43; 35, M.Baldock 17:02; 37, S.Debell 17:11; 39, J.Drake 17:23; 42, M.Padfield 17:45.
Teams: 1, Belgrave 36; 2, Boro' of Hounslow 51; 3, Hercules Wimb 77.
Colts
1, S.Vella (Belgrave) 15:43; 2, K.Farrelly (South London) 16:06; 3, O.Holter (Aldershot F&D) 16:09.11, N.Whorlow 18:37; 20, S.Hartwig 19:43; 28, A.Mason 20:56; 31, J.Debell 22:24.
Teams: 1, South London 49; 2, Hercules Wimbledon 54; 3, 3, Aldershot F&D 59; 4, Belgrave 74.

CLUB CHAMPS. & INTER-CLUB MATCH v HAVANTAC, 28 NOV

Youths
1, G.Mason 14:03; 2, M.Hillier 14:14; 3, M.Anderson 14:38; 6, T.Earle 15:22.
Boys
1, M.Baldock 15:27; 2, J.Wilson 15:30; 3, M.Parper 17:23; 4, M.Padfield 17:32.
Colts
1, S.Vella 16:25; 2, R.Berryman (Havant) 17:24; 3, M.Weeks (Havant) 18:29; 4, N.Whorlow 18:52; =8, J.Debell and J.Pascoe 25:50.

SURREY CC CHAMPS., COULSDON, 12 DEC

Youths
6, M.Hillier 26:08; 7, A.Jones 26:22; 9, G.Mason 26:39; 17, S.Booth 27:51; 23, M.Anderson 28:53.
Teams: 2, Belgrave 25.
Boys
9, S.Alexander 16:49; 31, M.Baldock 18:01; 33, S.Bramson 18:26; 34, J.Drake 18:33; 37, M.Padfield 18:41.
Teams: 6, Belgrave 89.
Colts
12, A.Breeze 15:00; 47, B.St.John 16:36; 48, A.Mason 16:37; 57, A.Hill 17:01; 85, S.Taylor 22:11.
Teams: 10, Belgrave 141.

HERNE HILL CC LEAGUE RACE 3, BROCKWELL PARK, 19 DEC

Youths 4m
1, J.Prowse (Mitcham & Sutton) 27:46; 2, P.Curran (Medway) 27:55; 3, S.Mitchell (Medway) 28:21; ... 5, G.Mason 28:34; 13, A.Jones 29:56; 14, B.Hamill 29:56.
Teams: 1, Medway 32; 2, GEC Avionics 66; 3, Mitcham & Sutton

70; 4, Belgrave 92.
Boys 3m
1, T.Davies (Invicta) 21:54; 2, B.Holmer (Invicta) 22:15; 3, P.McDermont (GEC Avionics) 22:28; ... 7, S.Alexander 22:47; 12, G.Jones 23:10; 18, J.Wilson 23:55; 24, J.Drake 24:23; 27, S.Bramson 25:10.
Teams: 1, Medway 41; 2, GEC Avionics 59; 3, Invicta 84; 4, Belgrave 111.
Colts 2m
1, N.Tillot (Medway) 14:59; 2, P.Lurcock (GEC Avionics) 15:05; 3, M.McDougall (GEC Avionics) 15:07 ... 9, S.Vella 15:56; 15, N.Whorlow 16:59; 20, A.Mason 17:24; 29, B.St.John 18:29; 39, S.Taylor 22:49.
Teams: 1, GEC Avionics 38; 2, Medway 44; 3, Belgrave 112.

REEBOK SURREY CC LEAGUE DIV 1, RACE 3, LLOYD PARK, 9 JAN

Youths and Boys
1, M.Hillier (Belgrave) 15:09; 2, G.Mason (Belgrave) 15:18; 3, M.Benham (Aldershot F&D) 15:35; ... 5, T.Evans (Boy) 15:41; S.Alexander (Boy) 16:27.
Teams: 1, Belgrave 32; 2, Hounslow 73; 3, Hercules Wimb 88.
Colts
1, S.Vella (Belgrave) 17:06; 2, A.Kleaucz (Aldershot F&D) 17:08; 3, A.Woolmer (Croydon) 17:38.
Teams: 1, Aldershot F&D 42; 2, South London 64; 3, Hercules Wimb 76; ... 5, Belgrave 97.

SOUTH of ENGLAND CC CHAMPS., MOTE PARK, MAIDSTONE, 16 JAN

Another milestone reached - for we believe that this is the first time that we have ever fielded and finished a full team of eight Boys. Our Youths were not at full strength but in spite of this were first Surrey team to close in.
Youths
22, M.Hillier; 35, A.Jones; 71, M.Anderson; 78, B.Hamill.
Teams: 7, Belgrave 206.
Boys
51, S.Alexander; 105, G.Jones; 108, J.Wilson; 151, M.Baldock; positions not known for M.Parper; R.Milner; S.Bramson; M.Padfield.
Teams: 20, Belgrave 405.

REEBOK SURREY CC LEAGUE DIV 1, RACE 4, COULSDON, 13 FEB

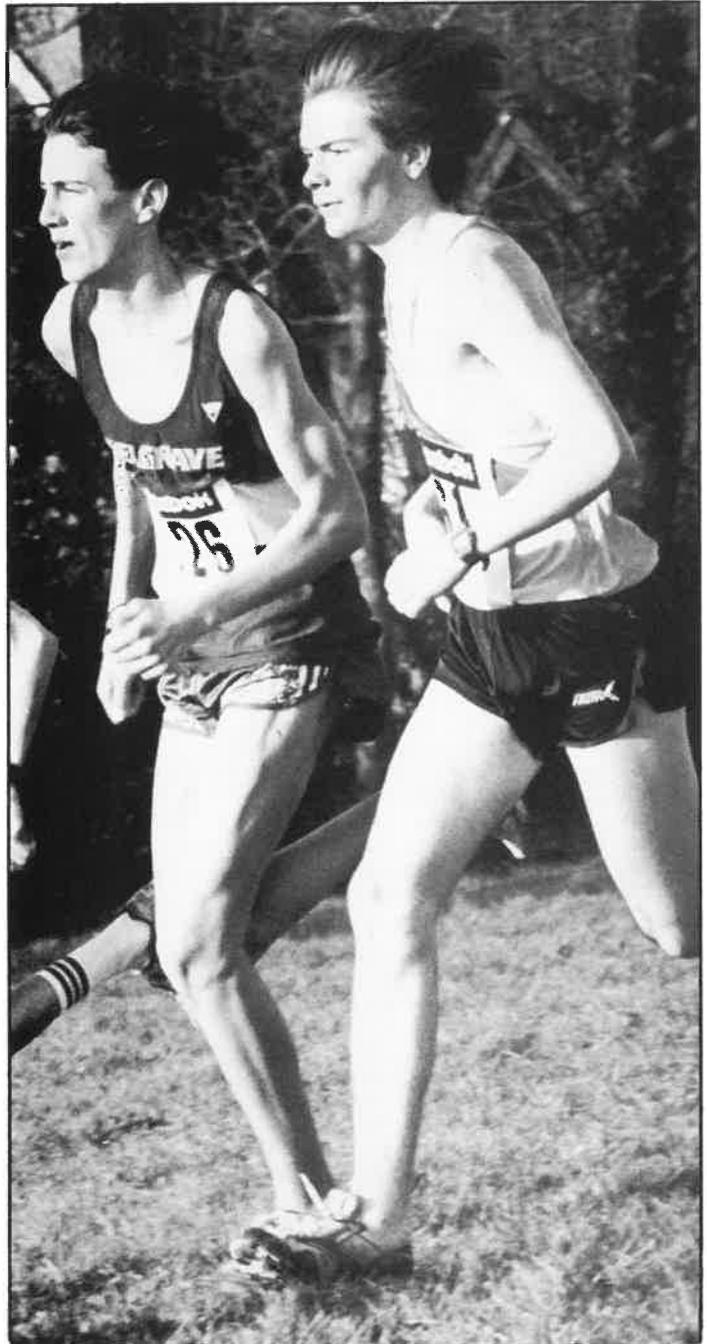
Youths & Boys
1, M.Hillier (Belgrave) 14:41; 2, R.Xerri (Hercules Wimb) 14:53; 3, S.Booth (Belgrave) 15:34; ... 5, A.Jones 15:58; 7, M.Baldock 16:24; 11, J.Breeze.
Teams: 1, Belgrave 27; 2, South London 70; 3, Hercules Wimbledon 91.
Colts
1, D.Woolmer (Croydon) 16:47; 2, O.Holter (Aldershot F&D) 17:45; 3, M.Laing (Aldershot F&D) 17:55; ...

5, A.Breeze 18:21; 10, A.Tucker 20:16; 16, N.Whorlow.
Teams: 1, Aldershot F&D 30; 2, South London 45; 3, Belgrave 93.

More Young Athletes' details over page >>>>

Reebok Surrey League Youths & Boys		3, Belgrave H..... 29
1, Belgrave H..... 27	Individual: 3, A.Jones; 6, B.Hamill.	
2, Boro' of Hounslow..... 320	Boys	
3, Hercules Wimbledon..... 348	1, Medway 31	
Colts		2, GEC Avionics 30
1, Aldershot F&D..... 167	3, Invicta East Kent 34	
2, South London H..... 239	5, Belgrave	
3, Belgrave H..... 325	Colts	
Herne Hill CC League Youths		1, Medway 38
1, GEC Avionics 31	2, GEC Avionics 37	
2, Medway 29	3, Medway B 30	
	4, Belgrave	
	Individual: 3, S.Vella.	

Matt Hillier and Robert Xerri of Hercules Wimbledon slug it out at Surrey League Race 4. Matt won to keep Belgrave's 100% record of individual victories but none of our high placers competed in every match, leaving the way clear for the Hercules Wimbledon lad to pick up the individual title. Photo: Ray O'Donoghue





Left: Alec Breeze finishes the Colts' section of the League race at Coudsdon in 5th place, first Belgravian home. Photo: Ray O'Donoghue

Surrey Sportshall Athletics

Match 1, 29 Nov. 2 lap: 4, S.Taylor 26.0. 4 lap 1, D.Patterson 53.8. 6 lap 3, R.Elgar 1:27.4. 8 lap paarlauf 3, D.Patterson/S.Taylor 1:49.2. 4x2 lap relay 3, Belgrave 1:44.2. Standing LJ: 4, S.Taylor 1:00. Standing HJ: =1, S.Taylor 1.25. SP: 3, D.Patterson 6.36.
Teams: =3, Belgrave 33.5
Match 2, 31 Jan. Teams: 1, Woking 75; 2, Belgrave 74; 3, Herne Hill 72.5; 11 teams took part.
Match 3, 14 Feb. Teams: 1, Belgrave 66, 2, Woking 65, 3, Waverley 55; 10 teams took part.

- Competing in the Phoenix Races at Brighton on 8th November, Adam Jones placed 3rd in the Youths 4k event in 12:10 while James Drake was 5th in the Boys race in 10:16.

- Marlon Dickson became a Surrey Champion early in the year when he won the indoor 60m in 7.8 at Crystal Palace on Feb 21st.

- The Mini-Marathon trials to determine who would represent their boroughs in the young athletes races on London Marathon day gave two Belgravians a chance to show their paces. Ben Hamill won his race at Richmond while the Wandsworth event saw Marlon Anderson fill a similar position.

- In the Middlesex Championships Simon Vella was 2nd in the Colts age group with 12:00 and John Wilson was 13th Boy in 15:45. The Kent Championships saw Nigel Whorlow come home 34th and in Sussex, Gavin Jones was 9th in 15:07. No fewer than eight of our lads were selected to represent their counties in the Inter-Counties event.

Points Competition 1992/93

The cross-country points competition was well supported by our youngsters with no fewer than 39 runners having turned out for the eight designated points races by the time the winter was over. In fact it was attendance at the matches which was the most important part of the competition, with place points only being brought into the equation where runners had made the same number of appearances. Interestingly enough, only one Boy managed to get to every single event and would you believe it, he is the one who lives furthest away - Nigel Whorlow of Folkestone!

Well done to all who took part.

Youths	
1, A. Jones.....	7 31
2, B. Hamill.....	7 23
3, M.Anderson.....	6 21
Boys	
1, J.Wilson.....	7 40
2, G.Jones.....	6 37
3, S.Bramson.....	6 20
Colts	
1, N.Whorlow.....	8 28
2, S.Vella.....	6 30
3, A.Mason.....	5 11

Schools Results

Area Schools results, 26 Jan. London - U12 5, O.Bazin. Jun. 2, S.Vella. Inters. 8, J.Wilson. Sen. 7, M.Anderson. Middlesex. Inters. 7, B.Hamill. Surrey. Inters. 7, G.Mason. Jun. 3, S.Alexander. Sussex. Jun. 1, G.Jones.
Shrewsbury, 30 Jan. Boys & Colts Inter-Counties. Boys 'B' race. 21, S.Alexander (Surrey). Colts. 120, S.Vella (Middx).
Corby, 6 Feb. Youths Inter-Counties. 101, M.Hillier (Surrey).
Southampton, 18 Feb. Schools Inter-Counties. Jun. S.Vella (London); S.Alexander (Surrey). Inters. G.Mason (Surrey); J.Wilson (London). Sen. M.Anderson (London).
Newark, 6 Mar. TSB English Schools CC Champs. Intermediate Boy Gavin Mason continued his series of fine runs over the country by placing 63rd to be 3rd scorer for Surrey, helping them get to 9th of the 43 counties taking part. Ben Hamill dnf'd in the same race. In the Junior Boys age group Simon Alexander was 241st for Surrey and Gavin Jones 243rd for Sussex. We believe Simon Vella ran for London but can't find his name among the results. Meanwhile, also representing London, Laura Wilson ran to a fine 142nd out of 340 in the Junior Girls' event. She was also third scorer for her team.

Step by step guide to Athletic Meetings

Everyone competes at athletic meetings, local leagues or national leagues and probably only notice the field and track officials in passing. They're those men and women in the navy jackets!

How do these officials get involved in the first place? Often it's as a parent helping out, holding tapes, collecting shot, even timekeeping. Then before they know it they're hooked and, having taken a straightforward test, become a Graded Official, the first step on the ladder to becoming Chief Track Judge, Referee or Timekeeper.

So now we have a band of officials, how do we proceed?

We first have to agree on a date to hold the meeting. This is a lot more difficult than you would expect or believe. With so many meetings held in the summer, tracks are booked up very early. And of course it's best not to clash with national or county events, or any of the established leagues.

Once the date has been sorted out then a timetable and list of events can be drawn up. Adverts for entries are placed in the magazines and circularised to other clubs in the area and then it's time to sit back and wait for the entries to come pouring in.

On the day itself, the most important concern is the weather. As long as the rain isn't too heavy, or the snow can be swept off the track and field areas, we are all systems go. Also, whether or not all officials and helpers manage to park their cars close enough to the track to haul their bags of wet gear and other equipment; and whether the refreshments are available throughout the meeting. Officials work best on sweet tea and ginger biscuits.

After a successful meeting you'd think it would be an easy matter to lock up and return all the equipment to the rightful places. But there's always some items of kit to return to owners - if you can find them. One starter, who shall remain nameless, was without his red jacket - heaven forbid - for some months. Don't ask how he managed to be an official starter without it.

So then it's time to retire, battered and shattered and mentally bereft, to go through the results and send out the medals, etc., not collected. Oh well! Leave that 'til tomorrow ... Tomorrow's another day - and next week's another meeting ...

Easy isn't it? You too can help, you really can. You're only a 'phone call away from a fun-filled summer officiating for Belgrave Harriers.

Sue Porter (Club Starter & General Secretary)

Harry Porter writes about Jacinta Moore née Coppinger, one of our Ladies' Captains, whom he describes as

A Team Manager's DREAM

I first met Jacinta in November 1985, just after the cross-country season had started. It was my second season as Ladies Team Manager, having succeeded Derek Jones after his five year stint. Since that time Jacinta has competed on the Road, Country and Track, making over 150 appearances in the Belgrave team despite a break of some months due to muscle injury and extensive physiotherapy.

Jacinta's first appearance for Belgrave was at the Surrey Women's Cross Country League Meeting at Ewell Court, just before Christmas 1985. She had only recently come to England from her native Dublin and had joined us soon after her arrival. That first season started with a good first run, 23rd, and she went on to finish the winter in 13th. Not bad at all for a first attempt.

She had originally wanted to run longer distances and even now enjoys an occasional half-marathon. In fact she came second to Leslie Watson in the Welwyn 20 mile road race in February 1985 and in 1990 ran alongside the likes of Greta Weitz and Rosa Mota in the Women's Great London Run over 10k where she finished a creditable 21st in 38:34. That 10k was a pretty good performance when you consider that the day before she had run in the Hertford County Road Relays where her second-claim team had placed 2nd.

Representing Hertfordshire on numerous occasions over both Country and Track, Jacinta's best result was a fourth position in the County Cross Country Championships of 1988 and she has run for that county in the Southern and National Inter-Counties events. On the track she was silver medallist in the Herts. County Championships 3,000m for two consecutive years from 1988, running 10:40 both times.

Having lived in Surrey for the last two years, Jacinta now has Surrey qualifications and in 1992 ran in the County 10k Road Championships when the Belgrave Ladies were second team. The team went on to win the first ever Women's Surrey Road League in the summer of 1992.

As well as track and cross-country, Jacinta also enjoys the longer relays, and in particular the now defunct 25 x 1 mile relay held at the end of the track season. She competed in the race every year until the last in 1989. However, since 1988 the Ladies have also taken part in the Ostende Relays. The distances in this event vary from 100m to 600m and Jacinta has run a 600m leg ever since the team first ventured

onto the Continent. She was also a member of the Southern Women's 3 x 800m gold medal winning team in 1987, along with Jacqui Smiter and Jackie Stone.

Jacinta has been Track Captain since 1986 when she saw the team finish 7th in their first season in the Southern Women's League Division 2, narrowly missing promotion direct to Division 1. And in 1987 she led Belgrave into the semi-final of the GRE Cup, the only Division 2 team to have achieved that status since 1984.

Jacinta considers that her most memorable day was the Melbourne Trophy International match at Crystal Palace in September 1987, where she came 3rd in the mile in 5:16.86. However, I would have to disagree, remembering her 4th place in the Surrey Women's Cross Country League match at Ewell Court, November 1990. But then again, from the spectators point of view, her 3,000m in that GRE Cup semi-final qualifier at Kingston in June 1987 takes some beating.

She had gone out hard in front, leading the race for the first three laps. The rest of the pack, after recovering from the shock, gradually managed to pull her back and the Belgravian dropped to 4th position, to all intents and purposes, spent. But not so, because 400 metres from the finish she



changed gear and went for the front again, making up over 30 metres in the last lap. To roaring and screaming from Belgrave teammates she surged through at the line to finish 1st. The whole field crossed the line within 5 metres. It was a thrilling race and she had gained six valuable points which took the team into the semi-finals for 1987. Jacinta had knocked a massive 1 minute off her personal best at the beginning of that season and a further 13 seconds had come off just two weeks previously. What a tremendous performance and what a memorable day for the whole team.

Apart from having competed for Belgrave and Hertfordshire, Jacinta also enters many road races, both here and in Eire. In 1991 she won the Limerick 5 miles road title, and she also took the Billericay 9 miles with 57:20.

However, life changed drastically and irrevocably for Jacinta in that year. She met her future husband Michael after an unfortunate accident with wet paint - you will have to ask Jacinta for the full story - my lips are sealed. But the incident did prove very fortunate for the couple who married towards the end of 1991, when Sue and myself were privileged to attend on behalf of the Club. The wedding was held on a beautiful sunny day at a quiet country church beside the shimmering waters of a lough.

At a photocall afterwards, the neat group of Michael, his parents and two brothers were swamped when the photographer innocently called for the bride and her family. Jacinta's parents, her eleven brothers and sisters and their wives and children surged into view - the photographer needed a wide angle lens to cope with this sitting!

"It was a quiet year," says Jacinta.

In June 1992 Jacinta spread the glad tidings that she was pregnant, and her daughter Cliona was born on 1st February this year. Jacinta had raced in the Wimbledon 5k in early December, just eight weeks before the baby's arrival, and was back in action in the very last cross-country race of the season, which included the Belgrave Championships, on March 13th. Almost a Liz McColgan!

Many team managers would dream of having a Jacinta in their team. She is wholly committed to her club where, for her, events takes precedence over any other competition. She is one of those rare people who are able to get that little bit extra from people when that little bit extra can make all the difference. A good motivator without a doubt, the Belgrave Women's Section is so much the better for her presence.

For everything you have achieved for us, Jacinta, we all thank you. Well done - and here's to the future too.

Harry Porter

Left: With 300m to go in the 1992 Club Championship 800m Jacinta Moore was still shadowed by Jackie Stone but by the end of the back stretch Jacinta was away for a comfortable win.

1992 Rankings - Women

Seniors

100 metres

13.0	B. Kulidzan	Tooting	22 Aug
13.2	P. Dowden	K'meadow	20 May
13.3	A. Abrams	Battersea	1 May
13.7	J. Stone	St. Albans	18 Jul
14.1	A. Patten	Battersea	27 May

200 metres

26.3	B. Kulidzan	Battersea	20 Sep
27.2	P. Dowden	Colchester	23 May
28.9	J. Stone	Roehampton	29 Jul
32.7	S. Howard	Battersea	27 May

400 metres

60.7	J. Stone	Aldershot	6 Jun
67.8	J. Smiter	Basingstoke	5 Sep
74.4	B. Kulidzan	Tooting	22 Aug

800 metres

2:26.8	J. Moore	Battersea	25 Apr
2:31.2	J. Stone	Battersea	27 May
2:31.6	J. Smiter	Battersea	20 Sep
2:35.5	S. Howard	Battersea	20 Sep

1500 metres

4:56.6	J. Moore	Croydon	17 May
5:03.2	H. Maskrey	Basingstoke	5 Sep
5:16	J. Smiter	K'meadow	17 Jun
5:25.7	S. Howard	Aldershot	6 Jun
5:44.3	N. Mills	W45 Basingstoke	5 Sep

3000 metres

9:37.2	W. Teahan	2nd-CI Battersea	20 May
10:14.3	G. Collison	Crawley	3 Jun
10:51	H. Maskrey	Mile End	6 Sep
11:34.0	J. Moore	Basingstoke	5 Sep
11:35.7	N. Mills	W45 Battersea	11 Apr
15:38.9	P. Mead	W45 Battersea	1 Aug

5000 metres

19:30.7	J. Moore	Battersea	22 Jun
20:32.6	J. Smiter	Battersea	22 Jun

100 metres Hurdles

16.4	R. Pratt	Battersea	1 Aug
17.0	C. James	Basingstoke	5 Sep
18.6	B. Kulidzan	Battersea	1 Aug
19.1	A. Patten	Colchester	23 May
20.5	J. Smiter	St. Albans	18 Jul

400 metres Hurdles

68.9	J. Stone	Aldershot	6 Jun
73.8	J. Smiter	St. Albans	18 Jul

High Jump

1.50	J. Smiter	Colchester	23 May
1.50	R. Pratt	Battersea	1 Aug
1.40	A. Patten	Battersea	27 May
1.40	J. Stone	Battersea	20 Sep
1.30	S. Howard	Battersea	20 Sep

Long Jump

5.39	A. Abrams	Basingstoke	5 Sep
4.45	A. Patten	Battersea	20 Sep
4.23	J. Smiter	K'meadow	20 May
3.90	B. Kulidzan	St. Albans	18 Jul
3.83	S. Howard	Basingstoke	5 Sep

Shot (4Kg)

9.24	S. Bradley	Battersea	25 Apr
9.04	A. Patten	Basingstoke	5 Sep
6.42	P. Mead	W45 Battersea	20 Sep
4.92	B. Dunsford	Battersea	11 Apr
4.47	R. Elliot	Battersea	11 Apr

Discus (1Kg)

27.40	S. Bradley	Battersea	25 Apr
25.28	A. Patten	Basingstoke	5 Sep
19.70	G. Richardson	Battersea	10 Jun
18.18	J. Smiter	Battersea	10 Jun
16.04	P. Mead	W45 Battersea	10 Jun
14.64	S. Howard	Battersea	10 Jun

Javelin (600gm)

29.98	A. Patten	Basingstoke	5 Sep
25.00	G. Richardson	Battersea	20 Sep
16.66	J. Smiter	Roehampton	29 Jul
16.38	P. Mead	W45 St. Albans	18 Jul

4 x 100 metres Relay

52.2	Team unknown	Battersea	1 Aug
54.2	S. Scott (I)	Battersea	25 Apr
	B. Kulidzan		
	J. Dash (I)		
	C. Bazin (I)		

4 x 200 metres Relay

1:52.9	Team unknown	K'meadow	1 Jul
1:55.3	J. Stone	K'meadow	20 May
	J. Smiter		
	P. Dowden		
	B. Kulidzan		

4 x 400 metres Relay

4:17.7	J. Stone	Battersea	1 Aug
	B. Kulidzan		
	P. Friel		
	J. Smiter		

Intermediates

100 metres

13.3	J. Dash	Battersea	27 May
13.3	S. Scott	Battersea	27 May
13.6	C. Bazin	Battersea	25 Apr
14.5	P. Patten	Battersea	27 May

200 metres

28.0	S. Scott	Battersea	27 May
28.2	P. Friel	Battersea	27 May
28.6	J. Dash	Battersea	27 May
31.1	N. Alexander	Aldershot	6 Jun

300 metres

45.1 r	J. Dash	Battersea	13 Jun
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400 metres

61.2	J. Dash	Battersea	10 Jun
63.5	P. Friel	Enfield	17 May
67.7	N. Alexander	Battersea	11 Apr

800 metres

2:39.0	J. Dash	Battersea	8 May
2:48.0	N. Alexander	Colchester	23 May
2:53.6	C. Bazin	Battersea	8 May
2:57.6	S. Scott	Battersea	8 May
3:10.0	T. Dowdall	Battersea	1 Aug

3000 metres

14:53.0	T. Dowdall	Battersea	25 Apr
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80 metres Hurdles

13.2	J. Dash	Welwyn	27 Jun
14.5	C. Bazin	Battersea	8 May
14.9	S. Scott	Battersea	8 May

100 metres Hurdles

16.6	J. Dash	Aldershot	6 Jun
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300 metres Hurdles

46.77 r	J. Dash	[31] Hull	11 Jul
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400 metres Hurdles

67.8	J. Dash	Aldershot	6 Jun
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High Jump

1.50	J. Dash	Battersea	8 May
1.35	C. Bazin	Battersea	8 May
1.15	S. Scott	Battersea	8 May

Long Jump

4.60	J. Dash	Battersea	8 May
4.45	C. Bazin	Battersea	8 May
4.10	S. Scott	Battersea	25 Apr
3.84	N. Alexander	Aldershot	6 Jun

Shot (4Kg)

7.56	P. Keeler	Battersea	10 Jun
7.40	C. Bazin	Battersea	8 May
6.21	J. Dash	Battersea	8 May
5.43	S. Scott	Battersea	8 May

Discus (1Kg)

28.36	P. Keeler	Battersea	20 Sep
16.14	C. Bazin	Basingstoke	5 Sep

Javelin (600gm)

25.90	C. Bazin	Battersea	8 May
16.64	J. Dash	Battersea	10 Jun
8.24	S. Scott	Battersea	8 May

Hexathlon (SP, 80mH, LJ, JT, HJ, 800 metres)

2649 r	J. Dash	Battersea	8 May
2583	C. Bazin	Battersea	8 May
1729	S. Scott	Battersea	8 May

Girls

100 metres

13.2	S. Simon	Aldershot	6 Jun
13.5	M. Jackson	Battersea	1 Aug
13.6	A. Mensah-Bonsu	Battersea	27 May
13.7	M. Simon	Battersea	27 May
13.9	S. Watson	Battersea	8 Aug
13.9	S. Stracey	Battersea	1 Aug
14.0	L. Warbrick	Battersea	20 Sep
14.7	M. White	Battersea	27 May



Left: Our fastest 1st-Claim 3,000 metre runner from last summer, Gabrielle Collison, turns into Horton Lane with nearly 2 miles to go in the 26.2/Securicor 10k on 7th February. Running strongly, she went on to place 3rd in the Surrey Championship, held in conjunction, giving our team the perfect score of 6 points.

200 metres

27.2	S.Simon	St. Albans	18 Jul
28.5	M.Jackson	Battersea	20 Sep
29.0	A.Mensah-Bonsu	Battersea	20 Sep
29.1	L.Warbrick	Battersea	4 Jul
29.3	M.Simon	Battersea	30 May
28.6	S.Stracey	Battersea	8 Aug

800 metres

2:44.3	E.Johnson	Croydon	16 May
2:47.0	S.Stracey	Battersea	9 May
2:50.5	T.De Cilia	Battersea	1 Aug
2:50.9	E.Thompson	Battersea	25 Apr
3:00.8	S.Bowdage	Colchester	23 May
3:02.6	A.Mensah-Bonsu	Battersea	9 May
3:21.3	R.Dickinson	Aldershot	6 Jun
3:22.8	C.Udin	Basingstoke	5 Sep

1500 metres

6:05.6	S.Stracey	Aldershot	6 Jun
7:13.8	C.Udin	Colchester	23 May

75 metres Hurdles

12.6	M.Jackson	Battersea	1 Aug
13.0	M.Simon	Battersea	1 Aug
14.0	S.Simon	St. Albans	18 Jul
15.0	A.Mensah-Bonsu	Aldershot	6 Jun
16.7	S.Stracey	Battersea	8 May

High Jump

1.56 r	S.Buckland	Battersea	1 Aug
1.25	A.Mensah-Bonsu	Battersea	11 Apr
1.20	S.Stracey	Battersea	8 May
1.20	S.Bowdage	Colchester	23 May

Long Jump

4.53	S.Watson	Battersea	1 Aug
4.50	S.Stracey	Battersea	25 Apr
4.30	L.Warbrick	Aldershot	6 Jun
3.95	M.Simon	St. Albans	18 Jul
3.88	A.Mensah-Bonsu	Battersea	25 Apr
3.70	T.De Cilia	Colchester	23 May

Shot (3.25Kg)

6.46	V.Smith	Battersea	30 May
6.17	S.Simon	Battersea	10 Jun
6.02	H.Mead	Aldershot	6 Jun
5.24	S.Stracey	Battersea	8 May
5.05	M.Simon	Battersea	9 May

Discus (1Kg)

15.68	S.Simon	Battersea	25 Apr
14.82	H.Mead	Battersea	1 Aug
13.88	V.Smith	Basingstoke	5 Sep
11.34	R.Dickinson	Battersea	10 Jun
11.02	M.Simon	Battersea	25 Apr

Javelin (600gm)

17.84	H.Mead	Battersea	25 Apr
10.04	V.Smith	Basingstoke	5 Sep
9.76	A.Mensah-Bonsu	Battersea	10 Jun
9.14	S.Stracey	Battersea	10 Jun

Pentathlon (LJ, 75mH, SP, HJ, 800 metres)

1438 r	S.Stracey	Battersea	8 May
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4 x 100 metres Relay

54.9	S.Simon	Basingstoke	5 Sep
	M.Simon		
	S.Stracey		
	M.Jackson		

Minors

100 metres

14.7	D.Archer	Battersea	4 Jul
15.2	M.Joslyn	Battersea	27 May
15.2	B.Simon	Battersea	1 Aug
15.4	C.Mullins	Battersea	1 Aug
15.4	N.Wells	Battersea	8 Aug
15.4	M.Taylor	Battersea	20 Sep
16.3	A.Lawton	Battersea	4 Jul
17.3	L.Davidson	Battersea	4 Jul
17.4	M.Powell	St. Albans	18 Jul
19.9	E.Sartain	St. Albans	18 Jul
20.1	C.Joyce	Battersea	4 Jul

200 metres

30.1	D.Archer	Battersea	4 Jul
32.6	M.Taylor	Battersea	20 Sep

34.1	A.Lawton	Battersea	4 Jul
34.3	C.Mullins	Battersea	4 Jul
35.4	B.Simon	Battersea	27 May
39.6	L.Davidson	Battersea	4 Jul

800 metres

2:37.0	L.Wilson	Tooting	30 Aug
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1500 metres

5:14.8 r	L.Wilson	St. Albans	18 Jul
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70 metres Hurdles

13.3	L.Wilson	Battersea	9 May
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75 metres Hurdles

16.2	L.Wilson	Colchester	23 May
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High Jump

1.35	L.Wilson	Battersea	4 Jul
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Long Jump

3.22	N.Wells	Battersea	8 Aug
2.88	C.Mullins	St. Albans	18 Jul
2.85	L.Davidson	Battersea	1 Aug
2.25	E.Sartain	Battersea	1 Aug

Javelin (600gm)

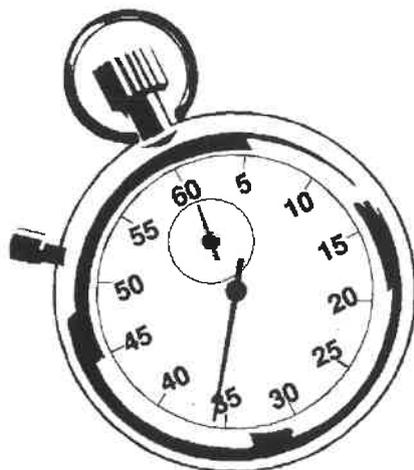
5.58	L.Wilson	Battersea	25 Apr
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1200 metres Walk

8:28.4	C.Mullins	Battersea	4 Jul
9:00.8	L.Davidson	Battersea	4 Jul

4 x 100 metres Relay

62.3	Team unknown	Battersea	4 Jul
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Thanks from Harry P

As Ladies Team Manager, I would like to congratulate the Ladies for their very successful season over the country and road this winter, following their achievement in winning the first Surrey Women's Summer Road League in 1992.

Over the winter of 1992/93 the women turned in tremendous performances to win the Surrey Cross Country League Division 2 by a huge margin and gain promotion to Division 1. Although down on numbers for the Winter Road League, they still managed to come a creditable 3rd.

In the 5k and 10k Surrey Road Championships our Ladies took both trophies and in the longer race we won with the minimum score - our team placing 1st, 2nd and 3rd in the Surrey race and 2nd, 3rd and 4th overall.

Many congratulations. Well done! Let's hope that this sparkling winter can transfer onto the track for equally good performances in the Southern Women's T&F League and Surrey Summer Road League.

As well as the good performances, I would like to thank my Assistant Team Manager, Cynthia James, and travelling official, Derek Jones, for their sterling efforts on our behalf.

Harry Porter

The Belgravian

Help! continued

between them this summer and so far we have no judges or timekeepers whatsoever for these meetings. Please, we have got to do something about this predicament. Couldn't you lend a hand - even just for one match? Perhaps you are a normally active athlete but currently on the injured list. It doesn't matter if you have no experience, it's willing hands that we need. Contact Jean Hutcherson the Officials Secretary 081-542 3659 or Bob Bridges the Track & Field Secretary 081-309 7315 if you can help.

Stop Press:

John Regis, running in a meeting at Walnut, California, on April 17th smashed his 400m best/Club Record with 45.48!
Du'aine Ladejo 44.6 relay leg and Justin Chaston 14:13.29 5,000m at Austin, Texas.
Los Angeles: M.Adam 10.40; 2, J.Regis 10.48. 200m: 1, J.Regis 20.4; 3, M.Adam 20.6

Left: All-rounder Angela Patten figured at or near the top in each of the throwing events.

1992 Rankings - Men

Seniors

100 metres

10.32	J.Regis	[5]	Lausanne	8 Jul
10.35	M.Adam	[7]	Barcelona	31 Jul
10.42	L.Paul	[12]	C. Palace	13 Jun
10.61	P.Goedluck	[23]	Cork	3 Jul
10.95	L.Samuel		Loughboro'	28 Jul
11.3	D.Costello		Norwich	16 May
11.3	R.Hunter		Harrow	30 Aug
11.4	L.Campbell		Reading	9 May
11.4	M.Bazire			
11.6	M.French		Battersea	23 May
11.6	M.Antoine		Battersea	23 May
11.6	J.Busk		Battersea	11 Jul
11.7	K.Pereira		Luton	1 Aug
12.0	G.Schatz		Tooting	17 Jun
12.1	P.Lyttle		Reading	20 Jun
12.1	T.Blanchard		Tooting	15 Jul
12.3	R.Warner		Battersea	20 May
12.5	N.Sutehall		Battersea	23 May
12.5	G.Sagar		Bracknell	15 Aug
12.5 d	C.Brooks	M45	Sheffield	12 Sep
12.7	F.Waing		Battersea	20 May
13.2	J.Druce		Battersea	1 Aug
13.3 d	G.McKernan		K'meadow	2 May
13.6 d	L.Marar		K'meadow	2 May
13.9 d	B.Taylor		K'meadow	2 May

hand timing

10.3	M.Adam		C. Palace	10 Jul
10.4	L.Paul		Cosford	1 Jul
10.9	L.Samuel			

wind-assisted

10.8	M.Bazire		Battersea	27 May
11.6	S.Ogilvie-Laing		Battersea	27 May

200 metres

20.09 r	J.Regis	[5/1]	Barcelona	5 Aug
			(= UK Record)	
20.41	M.Adam	[= 30/3]	Dijon	13 Jun
21.06	L.Paul	[16]	Birmingham	28 Jun
21.09	D.Ladejo	[17]	Austin, Texas	12 Jun
21.15	J.Ridgeon	[18]	W. London	11 Jun
21.49	P.Goedluck	[36]	W. London	11 Jul
21.7	L.Samuel		Loughboro'	28 Jul
22.9	M.Bazire		Battersea	27 May
22.9	D.Browne		Tooting	15 Jul
23.3	K.Pereira		Luton	1 Aug
23.4	M.French		Reading	9 May
23.4	J.Busk		Battersea	11 Jul
23.5	R.Hunter		Battersea	11 Jul
23.6	T.Daley		Battersea	23 May
23.8	D.Mote		Reading	20 Jun
23.9	N.Sutehall		Croydon	16 May
24.0	S.Ogilvie-Laing		Battersea	27 May
24.1	M.Ramshaw		Battersea	1 Aug
24.5	L.Campbell		K'meadow	20 Jun
25.0	G.Sagar		Battersea	1 Aug
25.2	C.Husbands		C. Palace	3 Jun
25.4	P.Lyttle		Reading	20 Jun
26.3	M.Bowers		Battersea	20 May
26.5	W.Caswell		Peterboro'	15 Aug
27.2	C.Brooks	M45	Battersea	9 Sep
27.9	A.Painter	M45	Tooting	29 Jul
28.5	A.Mead	M45	Battersea	9 Sep

hand timed

20.9	J.Ridgeon		Birmingham	9 May
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wind-assisted

22.63	I.Wells		Edinburgh	20 Jun
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Figures enclosed [/] after the athlete's name indicate World ranking (before the /) and National Ranking (shown after or without the /).

d - performance set during a Decathlon.

i - performance set indoors (only shown when superior to outdoor performance).

p - performance set during a Pentathlon.

r - Belgrave Club Record

Timings shown to 1/10th are hand timed.

Where the athlete's hand timed performance is superior to the electrical one, then it is shown separately.

Performances known to be wind-assisted are also shown separately.

Full results not received for Rosenheim Match 5 at Tooting on 15 Jul 92.

300 metres

31.67 r	J.Regis	[1/1]	Gateshead	17 Jul
			(European, Commonwealth and UK Record)	
34.4	L.Samuel	[17]	Sheffield	22 Jul

400 metres

45.25 r	D.Ladejo	[= 33/5]	Austin, Texas	3 Jun
45.87	J.Regis	[7]	Sheffield	14 Aug
46.75	J.Ridgeon	[18]	Newham	23 Aug
47.01	L.Samuel	[20]	Sheffield	6 Jun
49.04	I.Billy		Birmingham	9 May
49.1	J.Ridgeon		Harrow	26 Jul
49.26	D.Maynard		Corby	25 May
50.0	I.Wells		Norwich	16 May
50.03	M.Robertson		Cophall	29 Aug
50.13 i	R.Hunter		Birmingham	5 Jan
50.6	M.Bazire		Battersea	23 May
50.86	L.Antoine		Northwood	13 Jun
51.2	J.Busk		W. London	24 Jun
51.6	M.Fok		Battersea	23 May
51.8	G.Corsini		Luton	1 Aug
51.9	M.Fani		Peterboro'	15 Aug
52.4	S.Ogilvie-Laing		Reading	9 May
52.8	R.Turner		K'meadow	20 Jun
53.4	C.Knight		Horsham	29 Mar
54.2	M.Chuter		Battersea	23 May
55.1	M.Bowers		Reading	20 Jun
55.3 d	G.McKernan		K'meadow	2 May
55.5	C.Husbands		Battersea	1 Aug
56.0	R.Aloep		Tooting	17 Jun
56.6	S.Jakeman		Tooting	17 Jun
57.4	N.Sutehall		Croydon	16 May
57.6	A.Painter	M45	W. London	16 Aug
60.5	A.Mead	M45	Battersea	20 Sep
60.7 d	L.Marar		K'meadow	2 May
61.9 d	B.Taylor		K'meadow	2 May
61.8	C.Brooks	M45		
65.0	D.Anderson		Bracknell	15 Aug

600 metres

1:18.23	D.Maynard	[9]	Loughboro'	28 Jul
1:30.8	A.Painter	M45	Battersea	6 May
1:31.6	D.Clack		Battersea	6 May

800 metres

1:47.78	I.Billy	[17]	Birmingham	27 Jun
1:49.79	D.Maynard	[46]	Birmingham	27 Jun
1:50.80	J.Gladwin		C. Palace	7 Jun
1:51.8	D.Scott		Sheffield	6 Jun
1:53.3	R.Turner		Hayes	13 May
1:54.5	B.Reid		Tooting	15 Jul
1:54.8	Mark Anderson		Battersea	11 Jul
1:54.1	C.Ogle		Luton	1 Aug
1:55.5	M.Robertson		Yeovil	17 May
1:55.8	S.Paton		Battersea	27 May
1:58.6	J.Chaston		K'meadow	20 Jun
1:59.6	R.Aloep		Perivale	19 Aug
2:00.0	J.Booth		Tooting	17 Jun
2:00.1	A.Paton		Croydon	16 May
2:02.5	M.Chuter		Battersea	11 Jul
2:05.5	S.Smullen		Tooting	29 Jul
2:07.3	A.Painter	M45	Tooting	17 Jun
2:08.1	D.Clack		Tooting	17 Jun
2:09.1	J.Pritchard		Tooting	29 Jul
2:09.2	J.Burke		Tooting	29 Jul
2:10.3	J.Galley		Reading	9 May
2:10.6	C.Lloyd		C. Palace	3 Jun
2:10.8	M.Bowers		Battersea	11 Jul
2:10.9	J.Barry		Battersea	27 May
2:12.3	A.Armstrong		Peterboro'	15 Aug
2:16.0	M.Mazzotta		Luton	1 Aug
2:18.5	M.Fani		Peterboro'	15 Aug
2:24.6	A.Stone	M50	K'meadow	15 Jun
2:26.4	A.Mead	M45	Battersea	23 Jul

1,000 metres

2:27.5	D.Maynard		Newham	23 Aug
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1,500 metres

3:41.70	J.Dennis *	[24]	Atlanta	23 May
3:48.59	S.Halliday		Edinburgh	20 Jun
3:49.64	B.Reid		Birmingham	27 Jun
3:50.32	J.Chaston		Loughboro'	28 Jul
3:52.57	P.Evans		Cophall	29 Aug
3:55.4	D.Maynard		Hendon	20 May

3:56.29	Mark Anderson		C. Palace	13 Jun
3:59.0	C.Ogle		Battersea	10 Jun
4:01.4	J.Gladwin		C. Palace	3 Jun
4:02.4	R.Aloep		Battersea	23 May
4:03.36	R.Turner		Cophall	29 Aug
4:03.4	M.Bizio		Tooting	15 Jul
4:04.6	A.Paton		Croydon	16 May
4:04.8	J.Hobbs		Tooting	17 Jun
4:05.99	I.Billy		Sheffield	15 Aug
4:06.5	S.Paton		Battersea	11 Jul
4:07.4	J.Barry		Tooting	17 Jun
4:11.4	D.Scott		Reading	9 May
4:15.9	J.Ryle		Battersea	1 Aug
4:22.0	S.Smullen		Tooting	17 Jun
4:25.2	A.Painter	M45	Tooting	29 Jul
4:26.0	M.Mazzotta		Battersea	10 Jun
4:28.5	Martin Lake		Reading	20 Jun
4:30.5	D.Clack		Tooting	29 Jul
4:33.6	G.Pitts		Luton	1 Aug
4:34.0	R.Hunter		Kungav	27 Sep
4:42.8	D.Anderson		Battersea	23 May
4:43.1	A.Armstrong		Peterboro'	15 Aug
4:54.3 d	G.McKernan		K'meadow	3 May
5:03	A.Stone	M50	Roehampton	7 Jul
5:21.60	C.Walker	M60	Cophall	19 Jul
5:42.3 d	L.Marar		K'meadow	3 May
5:43.7 d	B.Taylor		K'meadow	3 May
6:39.4 d	C.Brooks	M45	Sheffield	13 Sep

3,000 metres

7:46.18	A.Lloyd	[25/]	Sydney	19 Feb
7:58.66	J.Dennis *	[12]	USA	28 Apr
8:04.0	J.Chaston	[24]		
8:09.4	S.Halliday	[51]	Leeds	14 Jul
8:22.85	S.Paton		C. Palace	6 May
8:31.66	S.Harris	2nd-CI	C. Palace	6 May
8:31.9	B.Reid		Tooting	19 Aug
8:44.8	O.Foote		Crawley	18 Apr
8:47.4	M.Bizio		C. Palace	3 Jun
8:50.7	A.Paton		Tooting	17 Jun
8:56.0	J.Ryle		Tooting	29 Jul
9:40.6	D.Anderson		Tooting	29 Jul
9:42.1	S.Willimont		Tooting	29 Jul
9:46.3	S.Smullen		C. Palace	3 Jun
10:12.1	A.Stone	M50	Tooting	29 Jul

5,000 metres

13:24.63	A.Lloyd	[46/]	Melbourne	25 Feb
13:30.83	P.Evans	[10]	C. Palace	20 Jun
13:46.33	J.Dennis *	[18]	Philadelphia	23 Apr
14:05.69	S.Harris	2-CI[45]	Palafrugell	16 May
14:22.23	J.Chaston		Cardiff	23 May
14:31.31	S.Halliday		Sheffield	15 Aug
14:43.6	F.Ward		Croydon	17 May
14:43.8	O.Foote		Croydon	17 May
15:03.59	J.Estall		W. London	11 Jul
15:07.96	J.Hobbs		C. Palace	13 Jun
15:12.95	C.Dickinson	M40	Kristiansand	1 Jul
15:23.0	J.Hobbs		K'meadow	20 Jun
15:23.0	M.Bizio		Battersea	22 Jun
15:31.2	R.O'Hara		Battersea	20 Sep
15:32.06	R.Aloep		Edinburgh	20 Jun
15:33.4	A.Paton		Battersea	11 Jul
15:37.1	Martin Lake		Reading	20 Jun
15:39.3	J.Ryle		Bedford	9 May
15:44.5	M.Mazzotta		Battersea	22 Jun
15:54.2	G.Pitts		Battersea	11 Jul
15:56.4	O.Lewes		Battersea	22 Jun
16:05.1	M.Coke		Battersea	22 Jun
16:29.5	M.Stevens		Battersea	22 Jun
16:30.7	I.Dent		Battersea	22 Jun
16:40.2	J.Galley		Croydon	16 May
16:48.5	D.Anderson		Reading	20 Jun
17:10.7	A.Gigg		Battersea	22 Jun
17:10.9	L.O'Hara	M60	Cophall	19 Jul
17:21.7	A.Stone	M50	K'meadow	2 Jun
17:23.2	T.Williams		Battersea	22 Jun
17:54.6	R.Bale	M45	Battersea	20 Sep
18:03.5	D.Savorani		Battersea	22 Jun
18:08.7	W.Laws	M50	K'meadow	2 Jun
19:47.7	P.Newell	M60	W. London	16 Aug

* Jon Dennis did not become a member until 20 Jul 1992

10,000 metres

27:48.32 r	P.Evans	[14/1]	Berlin	21 Aug
29:49.1	S.Harris	2-CI[32]	C. Palace	29 Apr
31:42.4	J.Estall		Derby	19 Jul
32:41.7	C.Dickinson	M40	Battersea	11 May
33:05.2	M.Webb		Battersea	11 May
33:21.1	M.Lake		Battersea	11 May
35:11.6	S.Willimont		Battersea	11 May
35:22.4	T.Williams		Battersea	11 May
37:12.6	R.Bale	M45	Battersea	11 May
38:06.6	A.Stone	M50	Battersea	11 May
43:08.7	T.Lawton	M50	Battersea	11 May

Marathon

2:10:36 r	P.Evans	[23/2]	London	12 Apr
2:26:32	J.Estall		London	12 Apr
2:35:50	J.Ryle		London	12 Apr
2:46:53	R.Pearson	M45	Stone	4 Oct
2:49:04	A.Verdie	M50	Stone	4 Oct
3:04:03	M.Gieave		London	12 Apr
3:12:45	F.Riach	M40	London	12 Apr
3:19:..	J.Sexton	M45	London	12 Apr
3:40:23	C.Henn	M60	London	12 Apr
3:41:07	A.Lane	M55	London	12 Apr
3:45:..	T.Lawton	M50	London	12 Apr
3:48:..	M.Hutton	M40	London	12 Apr
3:52:..	D.Davies	M50	London	12 Apr

110 metres Hurdles

13.62 r	J.Ridgeon	[= 44/5]	Birmingham	9 May
14.48	M.Robertson	[18]	Birmingham	9 May
15.06	R.Hunter	[43]	C. Palace	6 May
15.32	I.Wells		C. Palace	14 Jun
16.2	N.Hammersley		Peterboro'	15 Aug
18.5	T.Daley		Battersea	23 May
18.8 d	G.McKernan		K'meadow	3 May
20.1 d	C.Brooks	M45	Sheffield	13 Sep
20.7	M.Lindsay-Bayley		Reading	20 Jun
20.9 d	L.Marar		K'meadow	3 May
22.1 d	B.Taylor		K'meadow	3 May
24.4	J.Druce		Battersea	23 May
24.8	J.Coy		Battersea	23 May
25.7	D.Mote		Battersea	11 Jul
26.43	J.Barry		Edinburgh	20 Jun
30.8	D.Mote		Reading	20 Jun

hand timed

15.0	R.Hunter		Battersea	20 Sep
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wind-assisted

14.8	A.Carter		Perivale	9 Aug
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200 metres Hurdles

23.89	J.Regis	[1]	Belfast	31 Aug
25.2	R.Hunter		Enfield	26 Jul
25.9	N.Hammersley		Enfield	26 Jul

300 metres Hurdles

39.9	L.Antoine		Cardiff	5 Aug
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400 metres Hurdles

48.73 r	J.Ridgeon	[13/2]	Rieti	6 Sep
50.13	M.Robertson	[3]	Sheffield	7 Jun
53.4	P.Beaumont	[41]	Aldershot	15 Jul
53.54	I.Wells	[46]	Edinburgh	20 Jun
53.6	N.Hammersley	[47]	Colchester	17 May
53.6	L.Antoine	[47]	Birmingham	27 Jun
56.7	T.Daley		Battersea	23 May
61.8	M.Ramshaw		Battersea	11 Jul
64.4	G.Teahan		Bedford	9 May
67.16	M.Bizio		Edinburgh	20 Jun
67.8	M.Hayes		Battersea	23 May
68.3	J.Coy		Battersea	23 May
68.4	R.Harding		Bedford	9 May
70.4	M.Mazzotta		K'meadow	20 Jun
70.6	J.Barry		Reading	9 May
72.0	M.Lindsay-Bayley		Reading	20 Jun
72.2	D.Anderson		Reading	20 Jun
77.4	R.Bridges	M40	K'meadow	20 Jun

2,000 metres Steeplechase

5:33.85	J.Chaston	[4]	Cwmbran	12 Jul
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3,000 metres Steeplechase

8:36.17	J.Chaston	[7]	Budapest	13 Jun
8:45.45	J.Dennis	* [17]	New Orleans	16 May
9:26.0	M.Bizio		Edinburgh	20 Jun
9:42.28	M.Mazzotta		Copthall	29 Aug
9:44.10	G.Adams		Birmingham	9 May
10:03.9	G.Teahan		Croydon	16 May
10:20.0	M.Hayes		Battersea	23 May
10:20.1	R.Harding		W. London	11 Jul
10:29.6	L.Lyons	M40	K'meadow	2 Jun
10:39.26	J.Barry		Edinburgh	20 Jun
11:45.1	T.Dowdall		Battersea	1 Aug
13:12.0	M.Ramshaw		Battersea	11 Jul

High Jump

2.16 i	H.Lindo	[6]	Birmingham	4 Jan
2.16	W.Caswell	[9]	Aldershot	24 Jun
2.15	A.Hutchinson	[10]	Edinburgh	20 Jun
2.00	D.Costello		Norwich	16 May
1.92 d	G.McKernan		K'meadow	2 May
1.80	S.Wyld		Battersea	23 May
1.79	R.Hunter		Kungalv	26 Sep
1.65	M.Lindsay-Bayley		Reading	20 Jun
1.55	G.Sagar		Bracknell	15 Aug
1.53 d	L.Marar		K'meadow	2 May
1.49 d	C.Brooks	M45	Sheffield	12 Sep
1.47 d	B.Taylor		K'meadow	2 May
1.40	J.Barry		Reading	9 May
1.10	J.Coy		Battersea	11 Jul

Long Jump

7.66	F.Salle		Hendon	29 Aug
7.37	D.Costello	[25]	Corby	25 May
6.83	M.Edwards		Edinburgh	20 Jun
6.97	S.Wyld		Peterboro'	15 Aug

6.73	R.Hunter		Limassol	21 Apr
6.63	T.Blanchard		Battersea	23 May
6.32	M.Fok		Battersea	23 May
6.17 d	G.McKernan		K'meadow	2 May
6.10	M.Bazire		Reading	9 May
5.63 d	C.Brooks	M45	Sheffield	12 Sep
5.28	M.Lindsay-Bayley		Reading	20 Jun
5.23 d	L.Marar		K'meadow	2 May
5.17 d	B.Taylor		K'meadow	2 May
4.79	P.Lyttle		Reading	20 Jun
4.78	C.Husbands		Bedford	9 May
4.77	G.Sagar		K'meadow	20 Jun
4.62	R.Bridges	M40	K'meadow	20 Jun

wind-assisted

7.87	F.Salle	[2]	Jersey	12 Sep
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Triple Jump

15.84	D.Browne	[11]	Sheffield	7 Jun
14.20	D.Costello		Battersea	23 May
13.66	A.Amadi		Tooting	15 Jul
13.60	T.Blanchard		Edinburgh	20 Jun
12.60 w	W.Caswell		Luton	1 Aug
12.57	K.Pereira		Peterboro'	15 Aug
12.54	S.Wyld		Birmingham	9 May
12.40	P.Mercer		Battersea	23 May
12.40	J.Druce		Battersea	23 May
12.00	T.Daley		Battersea	20 May
11.58	R.Warner		Reading	20 Jun
10.43	P.Lyttle		Reading	20 Jun
9.52	M.Lindsay-Bayley		Battersea	23 May
9.46	J.Coy		K'meadow	20 Jun
9.04	R.Bridges		Bracknell	15 Aug
8.96	G.Sagar		Copthall	29 Aug

wind-assisted

14.28	D.Costello		Copthall	29 Aug
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Pole Vault

5.41	M.Edwards	[3]	Edinburgh	20 Jun
5.30	I.Tullett	[4]	Sheffield	7 Jun
4.90 i	D.McDermott	[16]	Birmingham	11 Mar
3.30	R.Hunter		Limassol	22 Apr
3.20 d	G.McKernan		K'meadow	3 May
3.20 d	C.Brooks	M45	Sheffield	13 Sep
2.70 d	L.Marar		K'meadow	3 May
2.70	C.Husbands		Battersea	20 Sep
2.50 d	B.Taylor		K'meadow	3 May
2.10	D.Mote		Battersea	11 Jul
1.70	R.Bridges	M40	Peterboro'	20 Jun
1.70	I.Wells		Peterboro'	15 Aug

Shot Putt (7.26Kg)

20.33	P.Edwards	[24/1]	Walton	13 May
16.56	A.Ekoku	[11]	C. Palace	13 Jun
15.22	C.Symonds	[28]	Oxford	17 May
15.17 i	L.Marar	[31]	Birmingham	3 Jan
12.25	M.Small		Reading	20 Jun
11.31 d	G.McKernan		K'meadow	2 May
10.78	R.Hunter		Battersea	20 Sep
10.60	C.Brooks	M45	Copthall	19 Jul
9.57	S.Ogilvie-Laing		Battersea	1 Aug
8.82	W.Caswell		Peterboro'	15 Aug
8.45	T.Blanchard		Luton	1 Aug
7.97 d	B.Taylor		K'meadow	2 May
7.61	D.Mote		Battersea	11 Jul
7.49	G.Sagar		Bracknell	15 Aug
5.52	J.Coy		Battersea	23 May

Discus (2Kg)

58.80	A.Ekoku	[2]	Tooting	6 Jul
57.64	D.Morris	[4]	Hayes	13 May
52.88	P.Edwards	[16]	Welwyn	31 Aug
50.46	C.Symonds	[21]	Hayes	13 May
49.04	L.Marar	[27]	Horsham	25 Jul
38.62	M.Small		Reading	20 Jun
36.62 d	G.McKernan		K'meadow	3 May
35.30	C.Brooks	M45		
34.00	R.Hunter		Kungalv	26 Sep
33.46	P.Lyttle		Battersea	11 Jul
24.10 d	B.Taylor		K'meadow	3 May
23.72	S.Ogilvie-Laing		Reading	9 May

continued >>>



Rankings presented by
Hazel Mead

1992 Rankings - Men continued

Javelin (800gm)

81.70	N.Bevan	[21/3]	Birmingham	28 Jun
74.70	M.Cottrell	[7]	Portsmouth	16 May
49.14 d	G.McKernan		K'meadow	3 May
48.12	M.Small		Reading	20 Jun
44.68	C.Mountfield		Battersea	23 May
44.00 d	L.Marar		K'meadow	3 May
42.34	C.Brooks	M45	Bedford	9 May
42.30	P.Edwards		Copthall	29 Aug
41.16	D.Mole		Bracknell	15 Aug
40.82	G.Sagar		Battersea	1 Aug
36.78	P.Lytle		Battersea	23 May
35.12	S.Ogilvie-Laing		Reading	9 May
32.80	C.Symonds		Reading	9 May
32.68	R.Hunter		Birmingham	9 May
30.42	S.Wyld		Peterboro'	15 Aug
26.74 d	B.Taylor		K'meadow	3 May

Hammer (7.26Kg)

66.68r	P.Spivey	[4]	Havana	26 Sep
48.34	J.Summers		Copthall	29 Aug
43.12	M.Small		Battersea	11 Jul
42.38	L.Marar		K'meadow	20 Jun
39.46	C.Symonds		Reading	9 May
25.22	P.Edwards		Edinburgh	20 Jun
23.94	A.Ekoku		Birmingham	9 May
22.26	R.Bridges	M40	Battersea	27 May
20.32	D.Mote		Battersea	11 Jul
17.72	C.Brooks	M45	Reading	20 Jun
16.06	S.Ogilvie-Laing		Battersea	23 May
12.42	P.Lytle		Battersea	23 May

Decathlon

6092	R.Hunter	[33]	Kungälv	26/27 Sep
5798	C.Brooks	M45	Sheffield	12/13 Sep
5481	G.McKernan		K'meadow	2/3 May
4431	L.Marar		K'meadow	2/3 May
3154	B.Taylor		K'meadow	2/3 May

4 x 100 metres

40.73	J.Ridgeon	[2]	W. London	11 Jul
	P.Goedluck			
	L.Paul			
	M.Adam			

4 x 200 metres

1:34.2	G.Corsini		Battersea	20 May
	S.Ogilvie-Laing			
	rest of team unknown			

4 x 400 metres

3:13.8	L.Antoine	[7]	Derby	19 Jul
	D.Browne			
	D.Maynard			
	L.Samuel			

Juniors

100 metres

11.7	C.Murrell		Hayes	2 Aug
11.8	G.Corsini		Battersea	27 May
12.2	S.Dominetti		Bracknell	6 Aug
12.9	I.Atkins		Battersea	27 May

wind-assisted

11.0	G.Corsini		Battersea	27 May
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200 metres

23.2	G.Corsini		Battersea	11 Jul
23.8	C.Murrell		Battersea	20 Sep
23.9	S.Dominetti		Bracknell	15 Aug
25.3	M.Readhead		Battersea	27 May
27.7	I.Atkins		Croydon	16 May

400 metres

52.7	D.Winson		Battersea	20 May
55.4	M.Readhead		Luton	4 May
68.2	I.Atkins		Battersea	10 Jun

800 metres

1:59.5	D.Winson		Perivale	19 Aug
2:00.2	M.Jackson		K'meadow	3 May
2:03.2	M.Readhead		Battersea	1 Aug
2:05.4	A.Pearl		Hayes	2 Aug
2:06.6	M.Elliott		K'meadow	2 May

1600 metres

4:05.5	M.Jackson		Croydon	16 May
4:35.8	M.Readhead		Battersea	11 Jul
4:48.0	V.Gache		Hayes	2 Aug

3000 metres

9:03.8	M.Jackson		K'meadow	2 May
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2000 metres Steeplechase

7:26.6	M.Elliott		Hayes	2 Aug
7:32.9	G.Mitchell		Hayes	2 Aug

High Jump

2.14	S.Osuide	[2]	San Giuliano	9 Aug
2.00	S.McLean	[21]	Aldershot	22 Jul
1.80	B.Kehinde		Hayes	2 Aug
1.60	M.Readhead		Battersea	1 Aug
1.60	D.Winson		Battersea	1 Aug

Long Jump

6.39	S.Dominetti		Battersea	27 May
6.28	C.Murrell		Peterboro'	15 Aug
5.33	M.Readhead		Battersea	27 May
4.61	I.Atkins		Luton	4 May

Triple Jump

12.59	C.Murrell		Battersea	20 Sep
11.35	M.Readhead		Battersea	1 Aug
8.58	I.Atkins		Battersea	10 Jun

Shot Putt (6.25Kg)

10.00	B.Kehinde		Hayes	2 Aug
9.13	L.Archer		Croydon	16 May
5.45	I.Atkins		C. Palace	3 Jun

Discus (1.75Kg)

25.50	L.Archer		K'meadow	3 May
15.94	I.Atkins		Watford	25 May

Javelin (800gm)

46.80	L.Archer		Croydon	16 May
23.24	I.Atkins		Battersea	10 Jun

Hammer (6.25Kg)

19.16	L.Archer		Watford	25 May
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Youths

100 metres

11.6	S.Evbenata		Luton	26 Apr
11.9	C.Chirewa		Battersea	27 May
12.0	R.David		Battersea	27 May
12.2	T.Evbenata		Battersea	27 May
12.4	S.Hain		Luton	26 Apr
12.4	D.Barton		Mayesbrook	24 May
12.4	R.Auckloo		Battersea	27 May



12.6	D.Baffoe		Mayesbrook	24 May
12.7	N.Browning		Battersea	27 May
13.1	S.Tilbury		Luton	26 Apr
13.1	S.Booth		Battersea	27 May

200 metres

23.5	S.Evbenata		Luton	26 Apr
24.1	C.Chirewa		Tooting	8 Jul
24.7	D.Barton		Tonbridge	28 Jun
25.0	R.David		Battersea	27 May
25.4	T.Evbenata		Croydon	16 May
25.5	G.Mason		Battersea	27 May
25.5	D.Ord		Croydon	16 May
25.6	R.Auckloo		Battersea	27 May
26.1	S.Booth		Battersea	27 May
26.1	M.Cooper		Horsham	7 Jun
26.2	T.Evbenata		Hayes	2 Aug
26.4 p	W.Burton		K'meadow	2 May
26.9 p	S.Debell		K'meadow	2 May

400 metres

51.8	F.Niko		Basildon	19 Jul
53.1	R.David		Tooting	29 Jul
53.2	G.Mason		Battersea	10 Jun
55.2	J.Wilson		Horsham	31 May
55.7	P.Lloyd		Battersea	10 Jun
56.0	B.Hamill		Battersea	10 Jun
56.5	D.Ord		K'meadow	3 May
57.1	S.Booth		Luton	26 Apr
58.0	C.Chirewa		Battersea	10 Jun
58.2	R.Head		Battersea	10 Jun
60.0	Z.Higgins		Tooting	29 Jul
62.0	E.Vanson		Battersea	10 Jun
76.7	D.Batchelard		Battersea	10 Jun

800 metres

1:57.3	F.Niko	[= 12]	K'meadow	13 Jun
1:58.0	G.Mason	[= 22]	K'meadow	13 Jun
2:02.2	B.Hamill		Tooting	17 Jun
2:03.7	S.Booth		C. Palace	5 Jul
2:08.4	M. Anderson		Tooting	8 Jul
2:09.0	M.Hancock		K'meadow	3 May
2:12.7	M.Hillier		Battersea	27 May
2:16.5	S.Debell		Mayesbrook	24 May

1600 metres

4:20.7	G.Mason		Croydon	16 May
4:23.7	B.Hamill		Horsham	7 Jun
4:24.2	F.Niko		Croydon	16 May
4:35.2	S.Booth		Tonbridge	28 Jun
4:38.1	M.Anderson		Basildon	19 Jul
4:41.2	T.Earle		Tooting	8 Jul
4:38.1	R.Head		Basildon	19 Jul
5:13.8 p	S.Debell		K'meadow	2 May
5:14.1	E.Vanson		Battersea	10 Jun
5:47.3	J.Selassie		Luton	26 Apr
5:56.2 p	W.Burton		K'meadow	2 May

3000 metres

9:45.9	M.Hillier		Basildon	19 Jul
9:46.6	S.Booth		Tooting	29 Jul
9:59.8	B.Hamill		Basildon	19 Jul
10:04.5	M.Anderson		Tooting	29 Jul
10:22.7	T.Earle		Tonbridge	28 Jun
10:54.0	E.Vanson		Horsham	7 Jun
12:20.0	J.Wilson		Tonbridge	28 Jun
13:28.8	J.Selassie		Horsham	7 Jun

100 metres Hurdles (3'0")

17.0	R.David		Battersea	10 Jun
17.3	W.Burton		Luton	26 Apr
18.2	N.Browning		Horsham	7 Jun
18.4	J.Wilson		Mayesbrook	24 May
20.6	E.Vanson		Tonbridge	28 Jun

110 metres Hurdles (3'3")

18.9	W.Burton		Watford	24 May
20.5	R.David		Hayes	2 Aug
21.0	N.Browning		Luton	4 May

Left: Ben Hamill was ranked 3rd of our very talented crop of Youth 800 metre runners.



Above: Peter Lloyd picked up many valuable points and was our top ranking Boy 800 metre runner in 1992 in spite of a nagging leg injury.

400 metres Hurdles (2'9")

60.9	F.Niko	Tonbridge	28 Jun
61.4	J.Wilson	Horsham	7 Jun
74.0	M. Anderson	Bracknell	15 Aug
71.7	T.Evbenata	Horsham	7 Jun

1500 metres Steeplechase

4:59.8	T.Earle		15 May
5:08.6	A.Jones	Basildon	19 Jul
5:45.5	N.Browning	Tonbridge	28 Jun

3000 metres Steeplechase

11:48.7	T.Earle	Battersea	27 May
12:11.6	M. Anderson	Battersea	1 Aug

High Jump

1.70	D.Barton	Tonbridge	28 Jun
1.66 p	W.Burton	K'meadow	2 May
1.65	R.David	Mayesbrook	24 May
1.60	R.Shelton	Luton	26 Apr
1.57 p	S.Debell	K'meadow	2 May
1.42 p	S.Evbenata	K'meadow	2 May
1.20	M. Anderson	Bracknell	15 Aug

Long Jump

5.68 p	W.Burton	K'meadow	2 May
5.63 p	S.Debell	K'meadow	2 May
5.54	N.Browning	Battersea	27 May
5.34	S.Taylor	Tonbridge	28 Jun
5.02	R.Shelton	Luton	26 Apr
4.97	R.David	Tooting	8 Jul
4.89	T.Evbenata	Battersea	27 May
4.76	J.Wilson	Tonbridge	28 Jun
4.69	C.Griffin	Horsham	7 Jun
4.64	M. Anderson	Basildon	19 Jul
4.32	S.Pascoe	Tooting	8 Jul
3.98	J.Selassie	Battersea	27 May

Triple Jump

12.02	W.Burton	Basildon	19 Jul
10.84	R.David	Tonbridge	28 Jun
10.42	E.Vanson	Basildon	19 Jul

Pole Vault

3.10	N.Browning	Tooting	17 Jun
2.10	R.Scott	Mayesbrook	24 May

Shot (5Kg)

11.17	O.Megafu	Horsham	7 Jun
9.62	S.Evbenata	Basildon	19 Jul
9.20	A.Barnett	Battersea	10 Jun
9.08	R.Scott	Mayesbrook	24 May
9.00	S.Hain	Horsham	7 Jun
8.84	Z.Higgins	Mayesbrook	24 May

8.52	D.Baffoe	Tonbridge	28 Jun
8.15 p	W.Burton	K'meadow	2 May
7.62	D.Ord	Croydon	16 May
7.23 p	S.Debell	K'meadow	2 May
6.56	S.Pascoe	Tooting	8 Jul

Shot (6.25Kg)

10.59	O.Megafu	Luton	4 May
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Discus (1.5Kg)

25.54	O.Megafu	Horsham	7 Jun
23.58	A.Barnett	Luton	26 Apr
23.36	S.Hain	Horsham	7 Jun
20.04	Z.Higgins	Tonbridge	28 Jun
18.24	S.Pascoe	Basildon	19 Jul
16.94	E.Vanson	Tonbridge	28 Jun

Discus (1.75Kg)

25.62	O.Megafu	Luton	4 May
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Javelin (700gm)

41.38	S.Hain	Luton	26 Apr
33.64	O.Megafu	Hayes	2 Aug
33.22	S.Pascoe	Tooting	8 Jul
30.02	R.David	Tonbridge	28 Jun
26.84	B.Cooper	K'meadow	3 May
23.82	D.Baffoe	Tonbridge	28 Jun
18.62	A.Barnett	Horsham	7 Jun

Hammer (5Kg)

28.82r	O.Megafu	Horsham	7 Jun
23.10	A.Barnett	Luton	26 Apr
22.20	A.Barnes	Mayesbrook	24 May
15.80	S.Pascoe	Mayesbrook	24 May
10.75	Z.Higgins	Tonbridge	28 Jun
10.05	T.Earle	Basildon	19 Jul
8.42	C.Chirewa	Tonbridge	28 Jun

Hammer (6.25Kg)

26.58	O.Megafu	Hayes	2 Aug
21.28	A.Barnett	Hayes	2 Aug

Pentathlon

2,190	S.Debell	K'meadow	2 May
2,161	W.Burton	K'meadow	2 May

4 x 100 metres Relay

47.2	D.Baffoe	Basildon	19 Jul
	D.Barton		
	S.Evbenata		
	C.Chirewa		

4 x 200 metres Relay

1:39.2	Team unk	[10] Tooting	8 Jul
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4 x 400 metres Relay

3:35.5 r	R.David (54.2)	K'meadow	13 Sep
	S.Booth (53.7)		
	B.Hamill (65.6)		
	G.Mason (52.0)		

Boys

100 metres

11.8	L.Nunoo	Battersea	12 Jun
12.1	M.Dickson	Battersea	27 May
12.2	B.Cascoe	Tooting	8 Jul
12.3	D.Baffoe	Tonbridge	28 Jun
12.8	G.Mensah-Bonsu	Battersea	27 May
12.9	S.Scott	Battersea	20 Sep
13.3	D.Jackman	Croydon	16 May
13.5	H.Cavalier	Luton	26 Apr
13.6	T.Arnold-Nun	Luton	26 Apr
13.7	J.Hilston	Battersea	30 May
14.0	R.Bentley	Battersea	9 May
15.1	O.Hunt	Battersea	4 Jul
15.7	M.Padfield	Battersea	27 May

200 metres

24.23	L.Nunoo	C. Palace	16 Aug
25.1	M.Dickson	Battersea	20 Sep
25.4	J.Ganio	Battersea	9 May
25.6	D.Jackman	Croydon	16 May
26.0	M.Baldock	Luton	26 Apr
26.0	G.Hitchman	Tooting	8 Jul
26.2	S.Scott	Battersea	4 Jul
26.3	D.Baffoe	Watford	24 May
26.4	H.Cavalier	Tooting	8 Jul
26.5	G.Mensah-Bonsu	Battersea	30 May

27.0	O.Hunt	Tooting	8 Jul
27.1	J.Hilston	Luton	26 Apr
27.1	E.Vanson	Croydon	16 May

400 metres

53.4	R.Milner	[15] K'meadow	13 Jun
54.61	M.Baldock	C. Palace	6 Jul
59.4	D.Daldin	Battersea	8 Aug
59.5	M.Davis	Tooting	8 Jul
60.0	J.Hilston	Tooting	8 Jul
62.2	S.Scott	Battersea	8 Aug
63.8	R.Bentley	Tonbridge	28 Jun
64.0	J.Drake	Battersea	9 May
64.5	M.Parper	Battersea	4 Jul

800 metres

2:07.5	P.Lloyd	Hull	11 Jul
2:11.5	M.Baldock	K'meadow	3 May
2:16.3	M.Parper	Battersea	8 Aug
2:17.5	R.Milner	Battersea	27 May
2:19.0	J.Drake	K'meadow	3 May
2:22.5	M.Davis	Battersea	27 May
2:29.2	D.Todd	Battersea	27 May
2:32.1	J.Scott	Battersea	30 May
2:33.9	J.Wilson	Battersea	27 May
2:35.6	G.Mathias	Battersea	4 Jul
2:41.1	N.Whorlow		
2:45.5	M.Elgar	Luton	26 Apr
2:50.9	R.Bentley	Battersea	27 May
3:09.1 p	D.Daldin	Battersea	8 May

1500 metres

4:25.7 r	T.Evans	K'meadow	13 Jun
4:44.1	M.Parper	Basildon	19 Jul
4:49.9	C.Elliott	Tonbridge	28 Jun
4:52.0	J.Wilson	Battersea	4 Jul
4:54.9	S.Alexander	Croydon	16 May
5:00.5	D.Todd	Battersea	10 Jun
5:13.9	S.Bramson	Battersea	30 May
5:22.4	M.Padfield	Tooting	8 Jul
5:22.5	G.Mathias	Croydon	16 May
5:32.1	C.King	Croydon	16 May
5:53.7	T.Muts	Croydon	16 May

3000 metres

10:27.6	S.Alexander	K'meadow	3 May
10:43.8	J.Wilson	Tonbridge	28 Jun
11:06.6	M.Padfield	K'meadow	3 May
11:16.1	S.Bramson	K'meadow	3 May
11:51.6	G.Mathias	Basildon	19 Jul
15:06.5	M.Collins	Mayesbrook	34 May

continued >>>

Below: Our top Youth vaulter Neil Browning had to borrow a pole to win the League event at Tonbridge last summer



1992 Rankings - Men continued

80 metres Hurdles (2'9")

11.84 w	M.Davis	12.3{12}	C. Palace	5 Jul
13.1	S.Scott		Tooting	8 Jul
13.2	R.Milner		Battersea	10 Jun
13.2	M.Baldock		Battersea	10 Jun
13.3	G.Mensah-Bonsu		Battersea	10 Jun
13.7	R.Milner		Luton	26 Apr
15.5 p	D.Daldin		Battersea	8 May
17.0	G.Mathias		Battersea	4 Jul

High Jump

1.78	J.Ganio	[8]	Horsham	7 Jun
1.60	M.Davis		Battersea	30 May
1.55	L.Rolfe		Basildon	19 Jul
1.50	J.Hain		Luton	26 Apr
1.50 p	D.Daldin		Battersea	8 May
1.50	J.Hilston		Battersea	30 May
1.40	C.Vella		Basildon	19 Jul
1.35	L.Murphy		Battersea	8 Aug

Long Jump

5.95	J.Ganio	[17]	Basildon	19 Jul
5.20	M.Baldock		Basildon	19 Jul
4.89	J.Hilston		Tooting	8 Jul
4.82 p	M.Davis		Battersea	8 May
4.77	O.Hunt		Battersea	4 Jul
4.57 p	D.Daldin		Battersea	8 May
4.30	S.Scott		Tonbridge	28 Jun
4.14	M.Dickson		Battersea	27 May
4.00	R.Bentley		Horsham	7 Jun
3.98	G.Hitchman		Tooting	8 Jul
3.36	M.Padfield		Battersea	27 May
3.35	N.Whorlow		Battersea	27 May
3.18	A.Mason		Battersea	27 May

Triple Jump

12.04	J.Ganio	[19]	Croydon	16 May
11.24	M.Baldock		Battersea	27 May
9.75	S.Scott		Battersea	27 May

Pole Vault

3.50 r	M.Baldock	[2]	Basildon	19 Jul
1.70	M.Padfield		Basildon	19 Jul

Shot (4Kg)

12.40	D.Daldin		Battersea	8 Aug
11.70	M.Baldock		Horsham	7 Jun
9.86	J.Ganio		Tonbridge	28 Jun
9.43	M.Davis		Basildon	19 Jul
8.65	R.Milner		Battersea	10 Jun
7.07	O.Hunt		Tooting	8 Jul
6.58	H.Cavalier		Luton	26 Apr
5.85	S.Scott		Battersea	30 May

Discus (1.25Kg)

29.74	L.Rolfe		Basildon	19 Jul
27.58	M.Baldock		Battersea	30 May
27.20	D.Daldin		Battersea	8 Aug
23.70	B.Cascoe		Tonbridge	28 Jun
22.54	O.Hunt		Basildon	19 Jul
21.38	M.Davis		Luton	26 Apr
21.18	L.Nunoo		Horsham	7 Jun
17.20	J.Hain		Luton	26 Apr
16.90	M.Dickson		Horsham	7 Jun

Javelin (600gm)

51.16	B.Cascoe	[3]	Battersea	8 Aug
42.26	M.Davis		Tonbridge	28 Jun
33.78	J.Haw		Luton	26 Apr
24.58	L.Murphy		Battersea	8 Aug
22.68	R.Milner		Basildon	19 Jul
19.70	R.Bentley		Battersea	4 Jul

Hammer (4Kg)

26.18	L.Rolfe		Basildon	19 Jul
20.47	B.Cascoe		Basildon	19 Jul
14.66	H.Cavalier		Luton	26 Apr
13.80	D.Daldin		Mayesbrook	24 May
12.66	P.Lloyd		Horsham	7 Jun
9.10	G.Mathias		Luton	26 Apr
9.04	S.Scott		Horsham	7 Jun

4 x 100 metres Relay

47.5 r	B.Cascoe	[5]	K'meadow	13 Sep
(47.3 dq)	O.Hunt			
	M.Dickson			
	L.Nunoo			

4 x 200 metres Relay

1:45.8	Team unkn	[9]	Tooting	8 Jul
3:46.4 r	R.Milner (56.6)	[7]	Horsham	7 Jun
	M.Baldock (56.1)			
	P.Lloyd (57.9)			
	J.Ganio (55.8)			

Colts

80 metres

11.6	D.Thompson		Croydon	16 May
13.6	C.Drake		Croydon	16 May

100 metres

13.4	A.Hill		Battersea	4 Jul
13.5	E.Hassan		Battersea	2 Aug
13.8	D.Thompson		Battersea	9 May
14.7	D.Patterson		Battersea	8 Aug
14.9	S.Taylor		Luton	26 Apr
15.0	W.Blythe		Luton	26 Apr
15.1	C.O'Driscoll		Mayesbrook	24 May
15.7	M.Johnson		Luton	26 Apr
15.7	R.James		Battersea	4 Jul
15.7	D.Quinnell		Battersea	8 Aug
15.7	W.Ayinla		Battersea	8 Aug
15.9	J.Pascoe		Luton	26 Apr
16.1	N.Whorlow		Battersea	27 May
16.1	Steven Vella		Battersea	8 Aug
16.3	C.Drake		Luton	26 Apr
16.9	D.Ashdown		Luton	26 Apr

150 metres

20.1	A.Hill		Croydon	16 May
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200 metres

27.2	A.Hill		Battersea	4 Jul
28.5	E.Hassan		Battersea	27 May
28.6	D.Thompson		Luton	26 Apr
29.9	S.Taylor		Tonbridge	28 Jun
30.0	C.Patterson		Battersea	8 Aug
31.0	G.Mathias		Battersea	8 Aug
31.7	C.O'Driscoll		Mayesbrook	24 May
32.1	W.Ayinla		Battersea	8 Aug
32.3	R.James		Battersea	4 Jul
32.7	D.Quinnell		Battersea	4 Jul
33.7	B.Stark		Battersea	30 May
35.1	J.Harris		Battersea	4 Jul

300 metres

49.5	B.St.John		K'meadow	2 May
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400 metres

75.3	R.Elgar		Battersea	30 May
77.5	C.O'Driscoll		Battersea	9 May
80.0	J.Pascoe		Battersea	9 May
80.6	J.Harris		Battersea	8 Aug
80.6	Steven Vella		Battersea	8 Aug
83.5	C.Drake		Battersea	30 May

600 metres

1:48.2	A.Breeze		Croydon	6 May
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800 metres

2:24.8	Simon Vella		Battersea	8 Aug
2:33.1	A.Hill		Horsham	7 Jun
2:33.3	A.Breeze		Horsham	7 Jun
2:33.4	S.Greenwood		Basildon	19 Jul
2:37.1	D.Wilkinson		Tonbridge	28 Jun
2:42.3	R.Elgar		Battersea	30 May
2:44.0	E.Hassan		Luton	26 Apr
2:48.3	S.Taylor		Mayesbrook	24 May
2:49.6	C.Patterson		Battersea	8 Aug
2:55.7	J.Harris		Battersea	4 Jul
2:55.9	A.Mason		Battersea	27 May
3:06.7	Steven Vella		Battersea	4 Jul
3:07.9	D.Ashdown		Luton	26 Apr
3:16.0	J.Pascoe		Luton	6 Apr

1500 metres

4:54.3	Simon Vella		Basildon	19 Jul
5:05.1	A.Breeze		K'meadow	3 May
5:15.8	N.Whorlow		Horsham	7 Jun
5:31.0	D.Wilkinson		Battersea	30 May
5:49.3	A.Mason		Mayesbrook	24 May

75m Hurdles (2'3")

16.5	C.Drake		K'meadow	2 May
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80 metres Hurdles (2'9")

13.9	A.Hill		Battersea	4 Jul
16.1	E.Hassan		Battersea	2 Aug
16.6	S.Taylor		Battersea	30 May
17.4	C.Drake		Battersea	30 May
22.1	N.Whorlow		Battersea	10 Jun

High Jump

1.35	D.Thompson		Battersea	27 May
1.30	A.Hill		Battersea	30 May
1.30	S.Taylor		Battersea	30 May
1.30	Simon Vella		Battersea	4 Jul
1.25	D.Patterson		Battersea	8 Aug
1.10	S.Hartwig		Battersea	30 May
1.00	J.Harris		Battersea	8 Aug

Long Jump

4.48	E.Hassan		Battersea	2 Aug
4.25	A.Hill		Battersea	9 May
4.08	C.Patterson		Battersea	8 Aug
3.89	W.Blythe		Battersea	9 May
3.42	B.Stark		Battersea	30 May
2.16	J.Harris		Battersea	8 Aug

Shot (3.25Kg)

6.28	J.Scott		Battersea	30 May
5.45	J.Dixon		Battersea	8 Aug
4.93	S.Hartwig		Battersea	30 May
4.71	N.Whorlow		Battersea	4 Jul
4.22	J.Harris		Battersea	8 Aug

4 x 100 metres Relay

55.3	A.Hill		Basildon	19 Jul
	D.Thompson			
	E.Hassan			
	C.O'Driscoll			

Below: Andrew Hill (B) gets himself into the perfect position to strike in the Colts' 800m at Tonbridge. He won two events that day and finished the season with an amazing four first places and three seconds in our 1992 club rankings!



Walking

A little depleted

The winter season did not produce much in the way of success. We still rely on the mature walkers and with the absence of Doug Fotheringham and John Dunsford on a three month jaunt to foreign parts and competing in the Oceanic Games, we have been a little depleted. To add to our woe Paul King had a disagreement with a car (who said "Not again!") so he has been off the road since January. Pat Duncan achieved a performance that has taken him 30 years - he actually beat Ray Middleton in a race. However, Ray will probably admit to being a little off

form.

During the next few months there is the chance to join in with the track and field side competing in the vets. league over 2k. Those interested please see fixture card. It is only two over 40s and one over 50 to score but there will be space for non-scorers.

Karen Barker has been off the road for a while but now having given birth to twins, both girls, she may soon be out and about again. To give her some incentive Gill Brackpool has started training again and so there is the possibility of having a ladies team out.

Carl Lawton

LONDON POSTAL REGION 10k, BLACKHEATH, 6 SEP

Lawton was in the frame as the Bels backed him up to a rare team triumph. Mike Scamell was in particular having a good month, and able to break the paternal pattern now required of Mike the 'Dad.'

1, S.Davis (Ilford) 48:36; 2, G.Hunwicks (Wey) 48:56; 3, C.Lawton (Belgrave) 50:19; ... 7, M.Scamell 53:23; 9, P.Warburton 54:58; 14, P.King 55:56; 15, D.Fotheringham 56:08.

Teams: 1, Belgrave 19; 2, Medway 28.

BELGRAVE 3k TRACK CHAMPS, BATTERSEAPARK, 7 SEP

The following day, on a nearly deserted Battersea track, a World and Commonwealth Champion had a spin in Bels. colours and duly won the race if not the Club Championship.

Simon Baker, about to return to Oz, two hours later in fact, was staying with Paul Warburton who strong-armed the Victorian into his first effort since the Olympic 50k!

1, S.Baker (Australia) 13:10.3; 2, C.Cheeseman (Surrey WC) 13:43.2; 5, P.Warburton 15:33.2; 6, D.Fotheringham 16:05.3.

CIVIL SERVICE 7m, BLACKHEATH, 9 SEP

Back to Blackheath for another Bels. win; this time in the form of John Hall in his Min of Ag. colours, making light of the undulating course. He was followed by the rarely seen shape of John Llewellyn, now working in deepest Kent.

1, J.Hall 54:08; ... 3, J.Llewellyn 55:??.

BERT ANGELL 7m, HENDON, 13 SEP

Bels. on a roll decided to cash in at Hendon where Lawton was at the finish long before his team mates Scamell and Warburton who nonetheless had better than average efforts.

1, C.Lawton (Belgrave) 53:28; 2, S.Utley (Ilford) 54:33; 3, M.Scamell (Belgrave) 54:38; ... 5, P.Warburton 57:17; 6, R.Middleton 60:41.

BELGRAVE OPEN 5m, WIMBLEDON, 3 OCT

This must have been the smallest ever field for this event and unless numbers generally increase must spell the end.

1, D.Baxter (Steyning) 40:55; 2, C.Lawton (Belgrave) 43:20; 3, D.Fotheringham 44:22; 4, P.King 45:30; 8 finished.

CAMBRIDGE H WINTER LEAGUE 10k, BEXLEY, 24 OCT

Excuse No. 63! the 'off' found at least four of the field tying up their laces. Reason? The gun at these races is synchronised with two other 'starts': when these go - everyone does, regardless of previously announced start times. Needless to say, two of the tardy had mixed fortunes. Paul Warburton called it quits trying to make up lost ground, while Surrey's Chris Cheeseman passed the entire field bar one: the organiser, Noel Carmody. (Are you trying to say something, Ed.?)

1, N.Carmody (Cambridge H) 46:54; 2, C.Cheeseman (Surrey WC) 47:12; 3, S.Utley (Ilford) 49:47; ... 7, D.Fotheringham 55:03; 8, P.King 56:13.

ENFIELD OPEN 7m, 14 NOV

This course, over the years, has decreased in scope while traffic on the surrounding roads of the Q.E. Stadium has grown, which while making for a traffic free environment, now presents new hazards: footballs and toddlers; the former flying off the adjacent pitches, the latter let off the leash by unsuspecting parents - into the path of 8 mile an hour walkers.

Not that this made any difference to Steyning's Darrell Stone, or for that matter to a relatively replete Belgrave team, who did well to finish in the frame, and avoid obstacles!

1, D.Stone (Steyning) 48:56; 2, J.Ball (Steyning) 50:58; 3, C.Cheeseman (Surrey WC) 51:57; ... 5, J.Hall 55:20; 11, C.Lawton 57:24; 17, P.Warburton 60:40; 19, M.Scamell 60:55; 23, D.Fotheringham 63:01; 24, P.King 63:09; 33, J.Dunsford 66:17.

Teams: 1, Steyning 18; 2, Surrey WC 51; 3, Belgrave 52.

HEWITT TROPHY 10k, BRIGHTON, 21 NOV

Held on the road to the west and high above the Brighton track on a dull and foggy day, a Belgrave winner evolved; not in the fastest time but as nearest finishing time to that estimated. Paul King was in fact spot on, and this after arriving late and being coerced into changing.

1, P.King (Brighton) 47:25; ... 7, C.Lawton 50:40; 12, P.Warburton 53:40; 16, P.King 56:10; 19, P.Duncan 58:13.

BELGRAVE OPEN 7m, WIMBLEDON, 28 NOV

Almost another walking milestone! Lisa Langford won the Ilford inter-club a few years ago, beating John Hall. The Belgrave '7' almost repeated the performance only this time it was Julie Drake and John Hall. John, probably not having forgotten the previous occasion, put all his effort in to hold off Julie and break away for a clear win.

The turn-out was slightly down on last year and only three teams closed in, thus giving Basingstoke a place in the frame.

Men

1, J.Hall (Belgrave) 53:44; 2, P.Hannell (Surrey WC) 55:01; 3, S.Maidment (Steyning) 55:19; ... 5, C.Lawton 56:23; 10, P.Warburton 58:44; 16, P.King 60:53; 22, P.Duncan 63:53.

Teams: 1, Surrey WC 27; 2, Belgrave 32; 3, Basingstoke 145.

Women

1, J.Drake (Brighton) 54:26.

ILFORD 10k, CHIGWELL, 19 DEC

The best field for 20 years was an encouragement but John Hall, in his first outing since winning the Belgrave '7' was demoted to 7th.

1, M.Easton (Surrey WC) 44:10; ... 7, J.Hall 48:53; 10, C.Lawton 49:32; 25, P.King 55:33.

MET. POLICE 11k, IMBER COURT, 10 JAN

A cold miserable day and under 50 finishers. Belgrave could only manage 4th due to some sub-par performances.

1, J.Ball (Steyning) 50:35; 2, C.Cheeseman (Surrey) 51:33; 3, N.Carmody (Cambridge H) 52:42; ... 7, J.Hall 55:58; 15, P.Warburton 58:56; 18, C.Lawton 59:55; 29, P.Duncan 64:39.

Teams: 1, Steyning 21; 2, Surrey 32; 3, Ilford 50; 4, Belgrave 58.

BELGRAVE INTER-CLUB 10m, WIMBLEDON, 23 JAN

Not content with finishing 2nd in the Belgrave '7', Julie Drake came back for more and won this event. But Belgrave's turn-out was rather depleted.

1, D.Baxter (Steyning) 1:21:10; 2, J.Hall (Belgrave) 1:22:51; 3, S.Lightman (Surrey) 1:24:29; ... 12, P.Duncan 1:39:56.

Teams: 1, Surrey 13; 2, London Vidarians 42.

SOUTHERN RWA & LONDON CHAMPS, CRYSTAL PALACE, 6 FEB

Poor John Keown! The Belgrave stalwart and sometime Southern Area Secretary was led a merry dance by the Sports Council who promised financial returns in exchange for the championships being shifted from the traditional venue of Battersea Park to the park paths surrounding the National Sporting Centre.

Not only did the money never appear, but John and Mick and Barbara Marshall had to battle all kinds of bureaucratic blunders to get the races staged at all.

Nor did the date appeal to some. At least one south coast club whose fixture had always been on the first Saturday in February, complained bitterly in print about the choice of this date for the championships, which now incorporate three races in one: the 'Gamet' Cup for novices is also part of the programme.

In the event, an under strength Belgrave team missed out on London medals for the first time in living memory, despite a back to some-kind-of-form effort from Carl Lawton, who made light work of the twists and turns of the traffic free course, and a sterling effort in the women's 5k from Sue Porter who



secured a London Champs. bronze.

Men's 10m

1, M.Easton (Surrey WC) 70:52; 2, S.Phillips (Ilford) 74:28; 3, C.Cheeseman (Surrey WC) 75:58; ... 9, C.Lawton 83:23; 19, P.Warburton 89:47; 29, D.Fotheringham 95:46; 37, J.Dunsford 98:59.

Teams: 1, Surrey WC 11; 2, Ilford 23; 3, Trowbridge 42; ... 5, Belgrave 57 (4th in London Champs.).

Women's 5k

1, S.Brown (Surrey) 26:13; 2, N.Parsons (Aldershot F&D) 29:23; 3,

K.Wallace (Cambridge H) 29:45; ... 7, S.Porter 30:29 (3rd in Southern and London)

SUSSEX, SURREY & KENT 10m CHAMPS., STEYNING, 27 FEB

Down in deepest Sussex over a tough 3k circuit Carl Lawton became our first county 10 mile champion of the weekend.

1, N.Carmody (Cambridge H) 76:24; 2, C.Lawton (Belgrave/ 1st Sry) 80:54; 3, P.Hannell (Surrey WC) 81:29.

Above top: The start of the Belgrave Open '77, nearly won this year by Julie Drake. Another year and another race - how many times has Carl climbed Cottenham Park Road in his Racewalking career?

Bottom left to right: Easily the best looking of the walking crew (well, the photographer thinks so anyway) - Paul Warburton.

The Man from the Ministry and race winner (just) John Hall. Pat Duncan - "What sort of a person is it anyway, who'd park themselves right at the steepest part of the blinkin' hill to take their pictures.

Let's hope old 'Kinky' will be racing up this hill again soon, fully recovered from his motorbike accident.

Photos: Heather Miller.

MIDDLESEX, BUCKS & HERTS 10m CHAMPS., ENFIELD 28 FEB

Four in a row for John Hall who may hold some kind of enviable record for being the closest competing athlete in Great Britain to the start line of an official race. Can anyone do better than 160 metres from front door to start line?

On a bitter, sleet ridden day, our man from the ministry was well served by his thermal tights, eventually leading both Middlesex and Belgrave to an easy win.

1, J.Hall (Belgrave) 80:43; 2, D.Cross, (Verlea) 82:17; 3, S.Lightman (Surrey WC) 85:15; ... 6, D.Fotheringham 92:18; 11, J.Dunsford 98:30.

Middlesex teams: 1, Belgrave.

NATIONAL 20k CHAMPS./ WORLD CUP TRIALS, CARDIFF, 14 MAR

Held on an exciting 20 lap circuit of 500metres up and 500 metres back on the same stretch of road, this must pose the question of where British walking is going. Only 50 or so finished; it was supposed to be a trial but did not really come up with a satisfactory result. The one positive outcome was that only four of the first twenty were vets. and the course was at least in pleasant surroundings and completely traffic free.

This National is usually held in May and on a Saturday so one must ask if the walkers did not turn out because of these changes.

Belgrave began the year on the right foot by starting a team and finishing one, just.

1, A.Penn (Coventry) 1:25:57; 2, D.Stone (Steyning) 1:26:59; 3, M.Rush (Lakeland) 1:28:54; ... 20, C.Lawton 1:45:07; 40, D.Fotheringham 2:00:48; 45, P.Duncan 2:05:41; 50, J.Dunsford 2:11:43.

Teams: 6, Belgrave.

SOUTHERN AREA 20K CHAMPS., WIMBLEDON, 3 APR

The Bels picked up the silver medals behind Surrey Walking Club but the race was very disappointing in that the lowest ever number of finishers in this event, ten, made it to the finish line. Of these, two were guests.

1, N.Carmody (Cambridge H) 1:37:16; 2, C.Bradley (Trowbridge gst) 1:42:23; 3, A.Seddon (Enfield gst) 1:44:39; ... 5, C.Lawton (3rd in Champs) 1:51:56; 8, D.Fotheringham 1:58:42; 10, J.Dunsford 2:07:22.

Teams: 1, Surrey WC 11; 2, Belgrave 16.

Racewalking round-up

Chigwell, 23 Sep. Dunkley Cup 10m. 4, P.King 91:46; 7, D.Fotheringham 95:47.

Southend, 26 Sep. Open 5m. 4, C.Lawton 41:11; 12, P.Warburton 43:59; 17, D.Fotheringham 45:30; 19, P.King 46:34. Teams: 2, Belgrave.

Dagenham, 27 Sep. LT 3k. 2, J.Dunsford 16:43.7.

Chippenham to Calne, 10 Oct. 6m. D.Fotheringham was 1st M60 with 54:48.

Blackheath, 11 Oct. LPR 9k. 4, M.Scammell 46:49; 5, P.Warburton 47:20.

Steyning, 31 Oct. 10k. 10, D.Fotheringham 54:29; 12, P.Duncan 58:23.

Monks Hill, 8 Nov. Addington Vase 7m. 5, P.King 63:15.

Blackheath, 15 Nov. LPR 9k. The last of the 1992 series found Bels. finishing 5th team, and at least two club members in all six races from April onwards. 5, P.Warburton 49:21; 7, D.Fotheringham 49:57.

Calne, 5 Dec Pewsey Cup 7m. 8, C.Lawton 59:09; 25, P.Duncan 69:04.

Monkshill, 5 Dec. Surrey WC Christmas Cup 10k. 9, P.King 54:58.

Bexley, 12 Dec. Cambridge H Winter Lg 10k. 5, C.Lawton 50:30; 10, P.King 55:04.

Victoria Park, 1 Jan. City New Year Walks. 8, P.Warburton 53:50; 12, P.King 55:34.

Basingstoke, 20 Feb. 10m. 6, C.Lawton 80:24; 24, P.Duncan 96:06; 26, R.Middleton 96:26; 28, J.Dunsford 97:51.

Kelvin Hall, Glasgow, 26 Feb. Civil Service Indoor Champs. Sue Porter placed 2nd in the 2k event in 11:20.9 to the winners 11:05.5.

Blackheath, 21 Mar. LPR 9k. 2, C.Lawton 45:04; 4, P.Warburton 48:40; 6, M.Scammell 49:56. Teams: 1, Belgrave 12.

Weymouth, 27 Mar. Park Engineering 10k. 5, C.Lawton 49:11.



Carl Lawton seems to have been getting into "some sort of shape" lately. Now into another age-band, can he pick up some pots on the track this season? Photo by John Hall.

• You will notice that for the first time in many a year we have listed our Club Coaches on the summer fixture card. And of course, what is the obvious thing that happens? - we leave someone out. Sorry Ray! Let us make amends by declaring that Ray Hall, coaching walking, will be in attendance at Battersea Park.

• We understand that Gordon Doubleday has spent a little time in hospital where he has been found to be diabetic. However, he is now back home and we hope that his complaint is not troubling him too much.

• There, in the March issue of CBI News, sharing a page with an article on "World Development Awards" and another describing how British managers should be equipped to do business in Japan, was a startlingly different advert. "Belgrave Harriers - UK champions" it was headed, and showed the well-known Mark Shearman colour photograph of John Regis passing the baton to Jon Ridgeon that graced the cover of our own magazine a few issues back. The advertisement was the idea of Bill Laws, hoping to find a UK firm for whom we could do promotional work while in Hungary for the European Clubs Cup Final, and of course also aiming at potential sponsors. Let's hope that the calculating mind of some captain of industry is grabbed by the idea, for we are currently one of the very few top clubs without a sponsor of any kind.

On the road Worldwide

Madrid, 31 Dec.

In his first big international race of the winter Gary Staines finished 12th in a "classy" field. The race was won by Kenya's Olympic silver 5000m medalist Paul Bitok.

Jakarta, Indonesia, 24 Jan.

Bob Hassan 10k. 9, P. Evans.

Auckland, New Zealand, 21 Mar.

8.4k Round the Bays. 2,

A.Lloyd 23:23.

The Annual Club Dinner and Dance - 6th November 1993

Preston Cross Hotel, Little Bookham, Surrey - tickets £22.50 - enquiries to Bill Couzens 081-394 1410



The Record Breaker

I had set out hours ago, having walked to the bus-stop at the Malden Roundabout and then ridden the number 72 route all the way to Shepherd's Bush, dispatching a "hay stack" of corned beef and tomato sandwiches long before crossing the river at Hammersmith. There was a great confluence of athletics fans in Wood Lane. Thousands, like me, were trekking up from the "Bush", and hordes poured out of the tube station. All had come to the White City to be at the 1960 AAA Championships and watch the likes of Peter Radford, Milkha Singh and Gordon Pirie go through their paces in preparation for the forthcoming Rome Olympics.

Belgrave had some pretty good sprinters and middle-distance men in those far off days and I was keen to see them in action but in 1960 the Belgrave Walking Section was supreme. Walking Secretary Jack Goswell was able to deploy some half a dozen internationals in team races and they had swept all before them - the Leicester '20', RWA '20', RWA '50' - all had featured 'BELGRAVE H' at the top of the result sheet. This day was going to give me the chance to see one of those heroes, Stan Vickers, in combat with his Midland rival Ken Matthews of Royal Sutton Coldfield. Both were to duel in the walker's sprint - the 2 miles. Both were in superb form and the likelihood was

that the UK record of 13:11.4, set 56 years earlier on 13th July 1904 by George E. Larnar, was going to go.

High up on the concrete terracing of that draughty stadium, now long gone, I had a bird's-eye view of the arena. The dull red clay track contrasted with the surrounding grass oval of the greyhound-racing circuit that separated the fans from the competitors. No digital results display-screen in 1960 of course, but a huge white results board and a large clock with a sweep second hand by which one could judge the athletes' progress versus the record book.

The three weeks before the event had already seen some astounding 2 mile walk times. At Motspur Park in the Southern Champs. Stan had won in his best ever time of 13:31.8, beating his own championship best by 17 seconds. On the same day Matthews had taken the Midland title, also in a championship best, with 13:36. Just a few days later in a club match against the Stock Exchange at Battersea the Belgravian had gone faster still with 13:26.4 and then, the very next Saturday, on Peterborough's grass track, Ken and Stan clashed in an invitation race where the latter confidently sprinted to victory and actually equalled Larnar's 1904 record. Again at Battersea, on the Wednesday night preceding the AAA, the record withstood another assault as Vickers scorched to a time just one fifth of a second

The AAA Championships at the White City Stadium, 16th July 1960, and Stan Vickers breaks the tape in a new United Kingdom, National and Championship record of 13 minutes 2.4 seconds.

Photo: Sport & General

slower. Surely that time would crumble today.

Eighteen men faced the starter and the four East Germans, Lindner, Hildebrand, Adolph and Pathus, together with the Sikhs Zora and Adjit Singh, made it a truly international field. Stan was not the only Belgravian in the line-up as Eric Hall was also hoping to impress.

The start was unbelievably fast. At the gun Zora Singh tore into the lead and after a single circuit the timekeepers logged lap one at 1:34.3 - that's 12:34 pace! Matthews and Vickers were in tow and then came Colin Williams, Adjit Singh and Lindner. But the inevitable happened, Zora had thrown caution to the winds with his effort and after half a mile the judges pulled him out, a fate that soon befell his fellow countryman and two of the Germans. Now it was the powerful Matthews blasting along at the front with Vickers so close behind him that they were later described as "siamese twins".

The mile came up - 6:30.2 - had such a time ever been recorded before? Williams was now in trouble some 15 seconds behind and was soon to be swept up by Lindner and Hall. It was obvious that the burly Sutton Coldfield man was out to avenge that defeat of the previous week but how on earth could he keep such a pace going. One of these two must crack soon.

Further laps of 99 to 100 seconds unreced - one and a half miles in 9:51.4. I can't remember a walk before or since causing such an uproar from the crowd. Still only one yard covered the two protagonists as the strident clangour of the last lap bell cut through the cheers. Ken Matthews needed just one more lap in 1:40.5 to take the record but something in the angular frame of the man in his wake foretold of more drama to come.

Stan suddenly veered out and round the Midlander in an all-out heel and toe sprint. For an instant Matthews seemed stunned before he too released every remaining spark of energy left in his body. Vickers had taken twenty yards by the back straight and as the final turn was approached, specta-

tors were torn between the vision of Ken Matthews desperately trying to get back into contention, Stan Vickers racing towards the finish line, and that giant second-hand on the result board, sweeping inexorably on towards the top of the clock and the 13 minute mark. Tumultuous cheers reached an even greater volume as the Belgrave Harrier crossed the line. He had clearly smashed the record and for an instant it seemed that he might have even gone under 13 minutes. Within a short while it was announced that Lerner's time had been beaten by 9 seconds and that Matthews too had gone inside the old mark.

1, S.E.Vickers (Belgrave) 13:02.4 (UK and AAA National Record); 2, K.J.Matthews (Royal Sutton Coldfield) 13:09.6; 3, D.Lindner (E.Germany); 4, E.W.Hall (Belgrave) 13:51.8.

It's a sobering thought that Stan's time was worth around 12:09 for the modern-day equivalent of the race - 3,000 metres.

That day at the White City was, of course, just a landmark on the road to greater glory for several of the competitors. In the sweltering heat of the Rome Olympics where just about every British distance athlete performed well below par, Stan became the 20 kilometre Walk bronze medallist in 1 hour 34 minutes and 57 seconds, 49 seconds behind the great Soviet Champion Golubnichiy. At the half-way point Stan had passed a badly suffering Ken Matthews who commanded a 19 second lead at one stage, only to falter in the conditions and later require hospital treatment. Eric Hall also posted an excellent performance in that Rome race, coming home 10th. Ken's day of Olympic triumph came four years later at the Tokyo Games when it was his turn to win gold with Lindner 2nd.

But back on that July Saturday evening in 1960 it just remained for a 16 year old Belgravian to walk back to Shepherd's Bush and wait for the bus, head a-buzzing with the excitement of seeing a fellow Club member setting a UK record.

Alan Mead

Seven go to Guernsey

How did you spend Easter this year? Seven of us went to Guernsey for four days of racing.

We met at Gatwick, except for 'Wassie', who must have known something was up because we had a four hour delay (he went from Heathrow). Don also must have known something, having booked for a later flight but arriving two hours before us.

"Just smell that sea air," said Fred, to which Michelinman Ross replied, "Stuff the sea air - where's our hotel?"

Helen went for a drive and promptly got lost due to a lack of signposts and it wasn't long before the rest of us were in similar trouble. We only had to travel three miles to book in for our races but returned after an hour having driven nineteen miles and still not found the place to register. Why no signposts? Something to do with confusing the enemy in the last war!

Six mile road race.

Good Friday dawned, grey, misty and miserable. We left for the race armed with excuses in true Belgravian tradition. Fred reminded us that he was getting over an injury, "so I'll be coach". 'Michelin' was complaining about his achilles problems while Carl, who hadn't actually run for a year, decided to stay behind and do some shopping.

Wiser than yesterday we elected 'Squaddie' Don as navigator, "Cos he's a trained soldier and leader of men," said 'Coach'. It was a good choice and we arrived on time.

The course was billed as undulating but could have been considered mountainous.

"What time are you expecting to run it in, 'Squaddie'?" I asked.

"Oh! about 38 minutes. Do you want to follow me?"

"Great, thanks," I said, and then he promptly blasted home in 36 minutes, forcing 'Michelin' and I to run 12:30 for the first two miles. We later seized on this as one of our excuses for 'blowing up'.

Results: Don 36:10, Helen 36:40 (4th lady), 'Wassie' 38:12, Terry 42:24, Ross 44:55.

Five miles cross country

Saturday arrived wet and windy. Carl decided that today he would look after the kit and 'Coach', who had seen a lady in blue shorts, suddenly forgot all about his injury and in chasing her had the most enjoyable run of the day!

"Hey! Carl. How did my dry kit get wet?"

"I don't know. It must have been wet when you gave it to me."

'Coach', always one to drop someone else in it, revealed the truth: "He was sitting on it".

Results: Don 29:32, Helen 30:24 (pb for this course and 3rd lady overall), 'Wassie' 31:34, Terry 32:34, Ross 35:10.

Two mile cross country relay

The course for Sunday's race was muddy, hilly and very wet. Carl stayed in the hotel to rest from the exertion of carrying my wet kit! Don ran his heart out and had to sit down afterwards to recuperate. It was the first time he had rested all week. Helen ran hard, looked cool and actually enjoyed it. She taunted me as I approached the finish: "Where's that famous sprint now?" So I kicked and got a pb. Thanks 'Mummy Bunny'. 'Michelin' left his shoes in the mud and finished in his socks - well actually they were mine. 'Wassie' ran for the 'Stragglers' but the Bels team beat them.

'Coach' advised us that the team would probably be at their peak in September but I thought I ran well and wasn't the only one - "Even 'Wassie' with his sun-lamp and bull-worker couldn't beat rising star Terry," said 'Squaddie'.

'Wassie' was seen throwing muddy old socks into the hedge but they were later rescued by 'Squaddie' to take home for Keith Duckett, although Helen quipped that they wouldn't be old enough for him.

Results: Don 12:31, Helen 12:56 (pb and fastest lady), Terry 14:00, 'Wassie' 14:02, Ross 15:28.

continued over page

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Half-Marathon

Our worst fears were met as we gathered for the start of the half-marathon. The wind was so strong that all thoughts of pbs. evaporated. 'Michelin' bravely offered to run in place of our gallant 'Squaddie' who lay sick in bed with beads of perspiration on his forehead, having given all for the Bels. the day before.

For Helen there was a dilemma. She was joint leader overall, so should she now lead from the start or sit behind her rivals and then pounce at the end. Urged on by 'Coach' she determinedly led from the gun. After a few miles she was caught by a local male runner who patronisingly said, "stay with me luv and I'll get you round". Well, it was like a red rag to a bull. Our Helen dropped the foolish man when he hesitated at the first waterhole. "Eat dirt, sucker," she muttered.

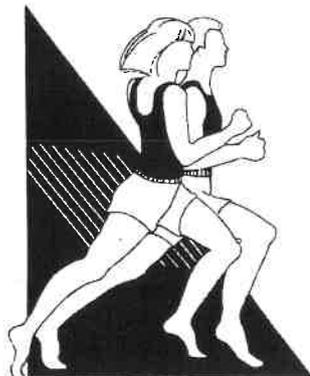
At the half-way turn-around she passed me with a cheery call, her rivals now 200 metres behind. Storming home she took the first ladies prize, won the ladies' overall title and even had the energy to join 'Squaddie', who had now risen from his sick-bed, to cheer the rest of us over the line.

Results: Helen 1:24, 'Wassie' 1:27:25, Terry 1:39:10, Ross 1:52:03 ('Boofer' please note).

A great time. Why not join us next year?

Terry Lawton

The seven were John Wasbrough, Terry Lawton, Helen Maskrey, Don Anderson, Carl Cross, Fred Paget and Ross Martin.



May 1929

It's May 1929 and the crowds have again turned out in force to watch an athletic meeting put on at Battersea Park Athletic Track by the Belgrave Harriers. The half-mile handicap was a close affair up front with Tom Pritchard just triumphing over Alf Club of Kent A.C., and T.C. "Charlie" Jones in 3rd place. All three were well clear of Ernie Duffett and

Joe Coleman who can be seen in the distance and the winning time was 1 minute 59 and 4-5th seconds. The photograph appeared on the back page of a subsequent "Daily Mirror" and Charlie Jones has kept his copy of the picture safe these 64 years since. Charlie recalls that the first meeting he ever saw was in 1921, also at Battersea, when

Micky Pyer won a mile championship race. In those days there was a putting green where the car park now is, and for big meetings the Club used to get permission to erect a marquee on it for changing facilities. Now that we have re-published the photo' it will go into Belgrave's growing archive of such items, currently looked after by Clive Shippen.



Enjoyed all of it

The following was received by Derek Crookes as a result of an enquiry from an old worthy of Surrey AC who wondered what had happened to his Club. As a Life Member of Surrey, his name has been added to our mailing list.

Dear Mr. Crookes,

Thank you for giving my grandson the information regarding Surrey AC. I have been in Scotland for 19 years. I still follow athletics and I wondered what had happened.

I am 84 and still take an active part in sport, playing golf now and again. I have won the Senior Championship twice and even had a "hole in one".

I always think of the good times I had when running and enjoyed all of it - the friendships with other athletes and the good competitions we had. I knew A. Penny, B. Footer and C. Carter of Belgrave well. I had a lucky career - Sussex 3 miles champion, Empire Games steeplechase and lots of other races. I was an Army runner also.

I remember Mr. Vowles very well. Surrey AC made me a Life Member in 1935.

I wish your club all the very best and hope you win more trophies.

My best regards to A. Penny and any of the old Belgrave Lads.

Stan Scarsbrook, Peeblesshire.

... But we are taken to task

Dear Editors,

It was a pleasure to receive the November '92 issue of "The Belgravian" and congratulations on a very informative and interesting magazine.

As you can imagine, being an old stalwart of Surrey Athletic Club, I was most interested in your article regarding Mr. E.F. Vowles - 'The Grand Old Man of Athletics', but I would take ARM to task when he states at the end of the article that "were Mr. Vowles alive today he would be proud of the contribution his clubmen have made in forming part of a team ... etc., etc."

'V' would have been horrified to think his members would ever contemplate being anything other than Surrey AC. He breathed and lived Surrey Athletic Club, it was his baby, his family and his life - sometimes to

the exclusion of his own family.

He died in impoverished circumstances in his 95th year, having given his money and health to athletics over many years and I for one am more than pleased that he was not alive in August 1982 when members of that era decided to amalgamate with the Belgrave Harriers.

I knew Mr. Vowles very well and visited him up to the time of his death and am still in touch with his family, so I think I can safely say I knew how he felt about Surrey Athletic Club and I am sorry that ARM did not finish his excellent article after "his eightieth year". (full-stop)

Doris M. Dean (Mrs), Merton Park

Alf would have been delighted

Dear Editors,

Thank you very much indeed for sending me a copy of "The Belgravian". It was interesting to see what it had grown into - most impressive. Alf would have been delighted with it.

I have kept in touch with some of his contemporaries, though sadly, numbers are dwindling. Win Martin Shepherd writes every Christmas to tell me the year's news and I appreciate her letters.

It's good to know that the Club continues to do well.

With all best wishes for many further successes.

Nancy Harley, Uxbridge

'Doub' recalls '42

Dear Editors,

As usual I enjoyed my visit to Wimbledon for the Club's Open Walk. Carl gave me "Something to read on the train," which, of course, was "The Belgravian".

Under the title "50 Years Ago" I see my return to London mentioned. For those not around those 50 years ago perhaps I'd better explain.

When WW2 broke out (Sep'39) my firm evacuated my wife, baby daughter and myself to Exeter where we had an emergency lab. in case our London premises (Bishopsgate) got "bombed" - which they did. When Exeter was "bombed" (April '42) we were moved back to London.

I joined Exeter H. There was little competition but we were allowed as guest runners in events held by University College of the S.W. and St. Lukes Teacher Training College. Both of these are now part of Exeter University. I used to try and manage a Saturday run and a midweek one.

The day I came back to London was the 1,000th day of the war - also in time to enter the Poly Marathon. I had gained standard medals (3 1/2 hrs) in the '38 and '39 events from Windsor to the Poly track at Chiswick.

The war time Polys were held on the four lap course from Chiswick. In 1942 they decided to award medals on the basis of one for every six entrants (there were 90). I had the joy of picking off a few stragglers on the last lap to finish 15th - the last of the medal

winners!

As mentioned club mate Syd Ring was second. Syd was very meticulous regarding his running. He once did the stage on the London-Brighton Relay which included the level crossing at Crawley. He looked up time tables and worked out that if things went as planned the gates would be open when he was due. Unfortunately, as he approached the gates they closed for an unscheduled goods train, so he had to use the pedestrian subway. He took it all very calmly.

Back to myself! When the war began I had settled down as Hon. Editor of "The Belgravian", but, being away from London, was unable to continue. Luckily our Asst Hon. Secretary Harry Parker not only produced wartime Belgravians, but summer and winter fixture lists. These were condensed onto postcards - in any case newsprint was hard to come by, but Harry managed it. After the war Harry became President of the E.C.C.U. but, sadly, died during his term of office. On my return to London I was able to help Harry with "The Belgravian". We tried to get the mag. to all members, especially those on active service abroad.

Gordon Doubleday, Bath

One track mind

- a Runner's Primer of Poetry by Ernest Obeng

One-Track Mind

"You've got a one-track mind," she said.

"You're always on the run.

Why don't you stop and use your head.

There are other kinds of fun.

I don't know why you have to wake the household up at dawn

to jog for miles to sweat and ache, and come home looking drawn.

Why don't you use your energy on something else for once.

Just face up to reality and give the world a chance.

When you get injured or don't win, you take it out on us,

pretend you hold your feelings in but love to have us fuss.

What pleasant evenings we spend; you're either fast asleep

Or trying out the latest trend That's hit the athlete's heap.

I'd love to sit and talk instead, but then you have the knack of using anything I've said to talk some more of track.

You've got a one-track mind," she moaned.

Before she'd said some more, I'd put my shoes on, tied my laces, and jogged out through the door.

Published with the Ernie's kind permission

1948

by Arthur Bruce

1948! A year that conjures up pictures of titanic struggles climaxing in the first Post War Olympic Games in austerity ridden Britain with eager athletes deprived of Olympic competition since 1936, anxious to prove themselves. Arthur Bruce continues his tales of athletics from the post-war years.

After two post war seasons a pattern of World Athletics had solidified. And when the Games were ushered in on Friday 30th July 1948 at the newly laid track at Wembley Stadium, armed with our daily shilling (5p) programme, we were geared for a feast of athletics.

Wooderson's "National"

The British winter season that had preceded the Olympics had produced a number of post war stars to which had been added Sydney Wooderson, who after a magnificent track season of 1946 had professed his intention to finish his career by attempting to win the National Cross Country title.

Starting with an exploratory season in 1947, he entered 1948 with his running programme geared to the National in March at Graves Park, Sheffield. He achieved his objective after a tremendous struggle with our own Vic Blowfield, only taking the lead in the finishing funnel. Belgrave won the team race with 154 points beating their conquerors of 1947, Sutton Harriers by 20 points. The Bels scoring six were home in 57 places. Wooderson's subsequent performance in the International at Reading was disappointing, and coupled with the English team being comfortably beaten by the Belgians who were led by surprise winner, Jean



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Doms. For Wooderson it was the end of a brilliant career dating back to his public school mile win in the early 'thirties.

The year progressed to a short road relay season climaxing in April with the classic London to Brighton Relay which produced another great club struggle, with Bill Lucas taking Belgrave into the lead over Birchfield on the last stage into Brighton.

The track season

The track season was of course organised along simpler lines than today, with only the British Games and Inter-Countries at Whitsun weekend to interrupt the progression of County and District leading to the AAA Championships and selection for the Olympic Games held in the first week of July.

The principal talking points in early season were the hopes of McDonald Bailey, the Trinidadian born sprinter who had elected to run for Britain and who had shown such good form since 1946. This year, however, he was plagued with injuries and confronted by a new star. Alastair McCorquadaled arrived suddenly on the sprinting scene, beating Bailey in the Kinaird Trophy meeting. The other major talking point concerned Roger Bannister, the new Oxford discovery, who had been a surprise inter-varsity mile winner in 1947. Bannister wisely had turned down any thought of running in the 1948 Games, preferring to work to a long term plan for 1952 and Helsinki.

The AAA Championships proved to be as exciting as predicted. The 100yds provided a win for John Treloar the Australian sprint hope who just edged out McCorquadaled and Bailey. McCorquadaled returned to

win the 220yds. Another Australian prodigy, Morris Curotta, won the 440yds from the best Britain could offer. The 880yds, probably the finest race of the Championships, seemed to be a struggle between Arthur Wint and the visiting New Zealand Champion Doug Harris until a few yards from the tape when both were overwhelmed by John Parlett's late surge. Bill Nankeville (Belgrave) gained the first of his four 1 mile titles with Roger Bannister in his Championship debut, in 5th place.

Other titles to go abroad were the 3 miles won by Wooderson's old rival Willie Slykhuis, the Dutch star, and the High and Long jumps to visiting Australian Olympians. The most promising performance from Britain's point of view was the win by the 18 year old schoolboy J.Burrell in the 120yds hurdles, beating several established stars. One could say that the British Olympic team possessed a number of possible winners while the opposition was difficult to gauge.

The "Games"

The Olympic Games were four weeks later, with 53 Nations providing 815 athletes. They were without Germany, Japan, Russia and most of the African Continent - a compact affair but of high quality nevertheless.

The opening day revealed the strength of the American team, especially in the sprints, 800 metres and 400 metre hurdles, with Britain's sprinters and middle distance runners also qualifying. The climax of the day was the revelation of the Games, Lt. Emil Zatopek of the Czech Army who demolished the field in the 10,000 metres, winning by over three-quarters of a minute

and breaking the legend of the Finnish runners in this event, a distance they had dominated for over twenty years.

Day two, Saturday July 31st, threw up a surprise winner in the 100 metres. Gold medallist was the American third string Harrison Dillard, in reality a World class hurdler. Our two hopefuls McCorqudale and McDonald Bailey made the final and were 5th and 6th respectively. John Parlett excelled himself with a time of 1:50 to qualify for the 800m final while the US produced yet another world class hurdler in Ray Cochran to take the 400m hurdle title in 51.1, a new record.

Monday brought Fanny Blankers-Koen the first of her four wins as she took the 100m for Holland. Mal Whitfield retained the US grip on the 800m by holding off Arthur Wint in a close finish and the day ended with Emil Zatopek just failing to catch Gaston Reiff of Belgium in monsoon-like conditions in the 5,000m, after appearing well beaten.



On Wednesday the stream of excellent performances continued with Blankers-Koen beating our own Maureen Gardner narrowly in the 80m hurdles for her second gold medal. Finland had their expected win in the men's Javelin and the USA made a clean sweep in the 110m hurdles, Bill Porter winning in 13.9.

The strength of Swedish steeplechasing was shown on the Thursday, with the first three home led by Sjostrand in 9.04. This was followed by a memorable 400m final in which Herb McKenley was overtaken in the straight by his fellow Jamaican Arthur Wint, the 800m silver medallist.

Friday, and after another downpour yet another favourite, the World 1,500m record holder Lennart Strand was held off by his fellow Swede Henry Eriksson; our own Bill Nankeville finished a meritorious 6th in 3.52. The other final that day saw Blankers-Koen win her third gold in the 200m from Britain's Audrey Williamson.

The last day provided the expected relay wins in the men's events by the United States, the longer relay somewhat luckily after Arthur Wint pulled a muscle on the

third stage while making inroads into the American lead. The women's sprint relay went to Holland, giving Fanny Blankers-Koen gold medal number four, and the Decathlon showed the world the new American discovery Bob Mathias, who at the tender age of 17 upstaged his more experienced rivals. Both walks went to Sweden but only after much dispute amongst the judges which cast a cloud over future track walks. The grand finale, the Marathon, provided its usual high drama with Cabrera of Argentina catching Belgium's Etienne Gailly four hundred metres from the tape closely, followed by Britain's Tommy Richards, who had run a very sensible race.

Belgrave Olympians

Belgrave's involvement in these stirring events were a fine 5th place in the 10,000m track walk by Harry Churcher, Bill Nankeville's equally good 6th place in the 1,500m final and Bill Lucas' run in the 5,000m heats where he was unfortunate to draw Zatopek's heat. A word should also be said about the marathon runner Etienne Gailly, for while in England in the Army, he had run for Belgrave. The runners were not Belgrave's only contribution, as a scrutiny of the programmes exhibited a number of Belgrave officials among the judges, announcers and officials who had made the Games such a success.

Team performances by the Bels during the year were first rate. Major titles over the Country included the Surrey, Southern and National titles, coupled with the South of Thames Senior and the principal road relay of the year, the London to Brighton. The walkers maintained their usual high standard by winning the National 10 mile Championship and also took the Surrey title. In the remainder of the walking Championships they were only thwarted by the excellent Sheffield and Surrey teams.

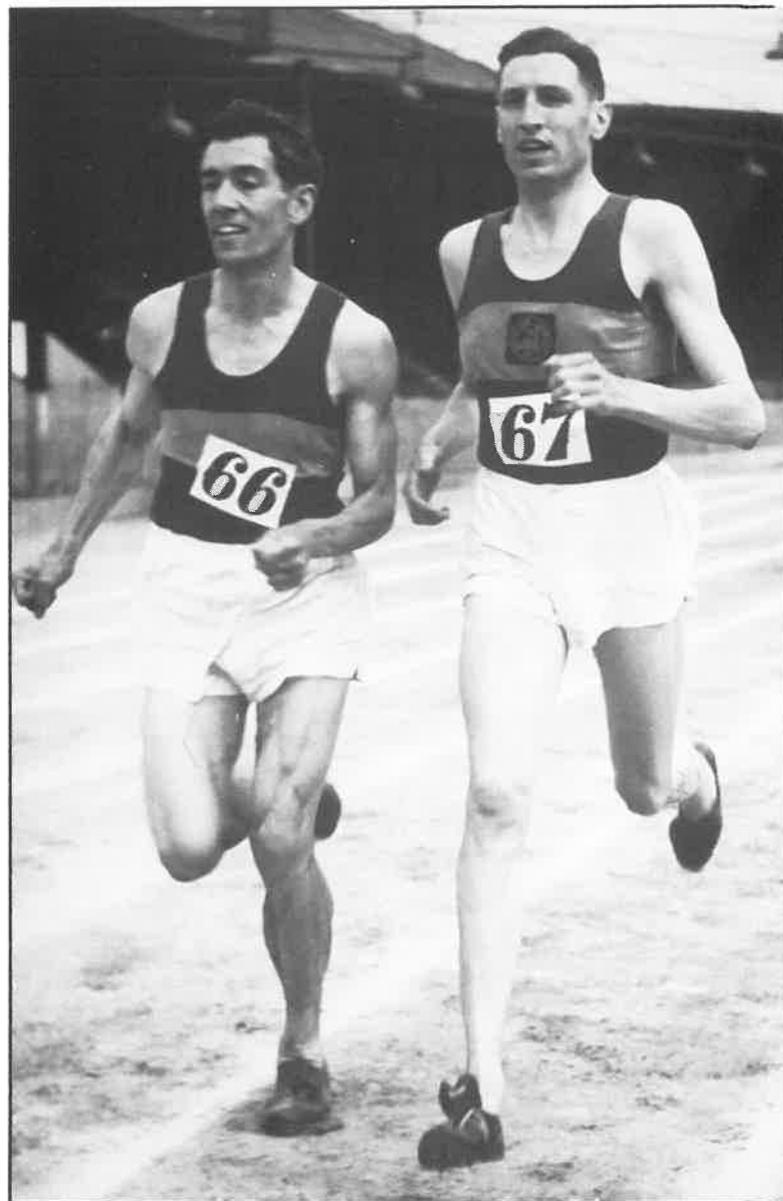
On the track, excluding those already mentioned in the Games, a number of

excellent performances were produced. Alan Sexton ran a classic race to win the AAA Junior 220yd title and evergreen Charlie Smart, home on leave from Germany, finished 5th in the AAA 6 mile Championships, only a few yards away from Olympic selection. On studying the results of the closed Belgrave events and Championships one is struck by the depth in all sections of the club and the support given to club handicaps and Championships, and the keen competition for places in Belgrave teams.

Arthur Bruce

Len Herbert and Bill Lucas were often involved in battle royal. Len, who gained his international vest in 1946, invariably used to sit in on the taller, longer striding Bill, waiting to turn on his powerful sprint in the final stretch. But on this occasion, believed to be at Wimbledon Stadium in 1951, Bill held the sprinter at bay. W.E. "Bill" Lucas, DFC, made his international debut in the heats of the 1948 Olympic 5,000m.

Photo: Ed. Lacey



Men's Road and Country

BLACKHEATH 6x3m ROAD RELAYS Inc. KENT AND SURREY CHAMPS., CRYSTAL PALACE, 19 SEP

Owain Lewes reports:-

This year Blackheath Harriers revived their traditional relays, moved them to September and combined the Kent and Surrey Championships on their interesting and testing course at Crystal Palace. The result was a far more entertaining and competitive event than the Surrey relays of recent years. Belgrave finished 14th in the six stage Senior event out of an entry of 40 teams, however they were 5th amongst the Surrey based clubs.

Gary Staines ran the first leg for Belgrave, making his first appearance since his injury in December 1991, clocking the second fastest leg of the day behind Blackheath's in form Gary Arthey. Our Gary was the fastest Surrey runner by 20 seconds.

1, Southampton City 92:03; 2, Blackheath H 92:40; 3, Aldershot F&D 94:39; ... 14, Belgrave H (G.Staines 14:46, S.Willimont 16:57, D.Scott 16:51, J.Estall 15:44, M.Mazzotta 16:35, D.Anderson 17:58) 98:51.

Fastest Laps: 1, G.Arthey (Blackheath) 14:37; 2, G.Staines (Belgrave) 14:46; 3, M. de Freitas (Portsmouth) 14:51.

Surrey Champs: 1, Boxhill Racers 95:27; 2, South London H 95:57; 3, Herne Hill H 97:34; ... 5, Belgrave
Fastest Laps: 1, G. Staines, 2, K.Penney (Boxhill) 15:07; 3, B.Brennan (Mitcham & Sutton) 15:22.

GREAT NORTH RUN, NEWCASTLE TO SOUTH SHIELDS, 20 SEP

This year's Great North run incorporated the inaugural IAAF World Half Marathon Championships. Belgrave's Olympic 10,000m representative Paul Evans, ran another splendid race to finish 11th in 61:38 - second Briton home behind Rosendale's Dave Lewis, 7th. The race was won by Kenya's Benson Masya in an astounding 60:24 and only 16 men from the UK featured in the first 100. Paul's time was only four seconds outside his pb set in Lisbon over a course thought to be 50 metres short so he felt pretty pleased with his effort.

The previous day Kaessa Tadesse, soon to join Belgrave, won the IAAF Junior Half Marathon Championship in the very impressive time of 64:51.

Charlie Dickinson presents the Men's Road and Country results.

THE YACHT HANDICAP, WIMBLEDON, 3 OCT

A steady drizzle did little to dampen the spirits of young Stuart Booth who must have thought it was his birthday when he found the handicapper ushering him towards the front of the indian file making up the start of the 1992 'Yacht' Handicap. But this was not the only talking point among the bystanders: a new Belgravian, Junior World Half-marathon Champion Kaessa Tadesse, an Ethiopian now settling in the UK, was making his Belgrave debut, and the field contained four ladies out to settle a few scores with male colleagues. By the time the front marker was away the field was up to 21, disappointingly four down on the previous race.

Pat Mead set off as "rabbit", a little cast down to find that Charlie Manning was a non-starter after she had voiced a pointed, "I'll see you in the 'Yacht 3'," after a recent training clash. Dennis Jones was next away and then came a short wait until a gaggle around the six-minute mark were sent off, Stuart among them and grinning like the Cheshire Cat as he rounded the turn at the end of Lauriston Road. On they came: the veterans, the faster ladies, the younger men, until Marco and Marcello brought up what would normally have been the back of the field, penalised by well over 10 minutes. As "March" disappeared along South Side and headed for the Memorial we waited ... and waited ... until at last Kaessa, suffering from an 11 minute 15 second handicap, came by looking every inch a champion. "Surely no-one can give away that much in a three mile race," says your reporter. "Don't you believe it old son," replies Mr. Carter, "but watch out, he don't know the way!" as Kaessa attempted to turn left and head for Raynes Park.

The wait. Rain dripping from trees crept under collars and into shoes and the recorder's ball-point pen gave up the ghost as speculation continued: "Wonder if Stuart's got time to stop and take a rest ... Hope Kaessa sees Marcello turn onto Windmill Road - otherwise he'll end up in Putney."

"They're at the village," went up the cry, and yes, it was Stuart Booth, well clear to take the race by no less than 1 minute and 9 seconds. But while Handicapper "Boofer" Bruce may have slipped up with the winner, his assessment of the majority of the field proved to be first rate as the front markers, although still to the fore along West Side, were being eaten up by the pack. Jim Slough and Chris Taplin were fairly comfortably 2nd and 3rd Belgravians but then came a frenzy of activity with a dozen or more all on the finishing path at the same time and Kaessa

striking through the lot of them like a knife.

What a run! His 14:36 took him straight up to third spot on the all-time top 20 list behind Gerry North's epic 14:15 in 1962 and Ollie Foote's 14:34 from 1984 - and he's just 17 years old!

ARM

1, S.Booth.....	23:04	6:15	16:49
2, J.Slough.....	24:58	7:00	17:58
3, J.Davies(Wgst)	25:09	6:30	18:39
4, C.Taplin.....	25:39	7:30	18:09
5, R.Harding.....	25:44	9:30	16:14
6, R.Alsop.....	25:45	10:15	15:30
7, S.Willimont.....	25:46	9:00	16:46
8, K.Tadesse.....	25:51	11:15	14:36
9, T.Lawton.....	25:52	6:30	19:22
10, M.Bizio.....	26:01	10:45	15:16
11, J.Stone (W).....	26:06	5:00	21:06
12, M.Mazzotta.....	26:09	10:30	15:39
13, J.Wasbrough.....	26:12	7:30	18:42
14, J.Pritchard.....	26:19	7:00	19:19
15, P.Mead (W).....	26:22	Scr.	26:22
16, A.Black.....	26:23	7:30	18:53
17, D.Jones.....	26:28	3:00	23:28
18, R.Martin.....	26:33	6:00	20:33
19, D.McMillan.....	27:24	9:00	18:24
20, J.Smiter (W).....	27:40	7:00	20:40
21, D.Maughan.....	28:07	7:00	21:07

REEBOK SURREY LEAGUE DIV. 1 RACE 1, BROCKWELL PARK, 10 OCT

With many of last year's regular team members missing through injury, work, or study commitments, Belgrave turned up with rather a weak team and could only finish 8th, our lowest placing in the Surrey league since we were relegated from division one four years ago.

The press made much of the participation of two guest runners; Joseph Njugana, a Kenyan brought to the race by John Bicourt, ran without a number and won with ease and Dave Taylor, a Blackheath athlete, came an unofficial 4th.

Three laps of the undulating Brockwell Park course is a good test of Autumn fitness especially after the heavy rain we have had this season, and in spite of the lowly team performance there were some encouraging Belgrave performances.

Jim Estall ran his usual steady, reliable race and James Ryle, in his first Cross Country season for the club,

did well to finish in the top fifty after perhaps a rather ambitious start. Roger Alsop, fresh from a very good track season, ran intelligently, starting cautiously and moving through the field to 55th using his speed on the downhill sections to good effect. Marcello Bizio and Brandon Reid both stuck gamely to the task although neither was 100% fit.

1, K.Usher (Hounslow) 24:52; 2, K.Penney (Boxhill R) 24:57; 3, D.Cowan (Boxhill R) 24:59; ... 23, J.Estall 26:19; 45, J.Ryle 26:19; 55, R.Alsop 27:16; 59, M.Webb 27:23; 63, M.Bizio 27:28; 72, M.Mazzotta 27:48; 77, B.Reid 27:53; 83, Mike Lake 28:03; 124, Martin Lake 28:03; 146, J.Bicourt 30:21; 151, D.Anderson 30:28; 160, A.Luce 30:40; 161, A.Stone 30:41; 178, T.Dowdall 32:31.

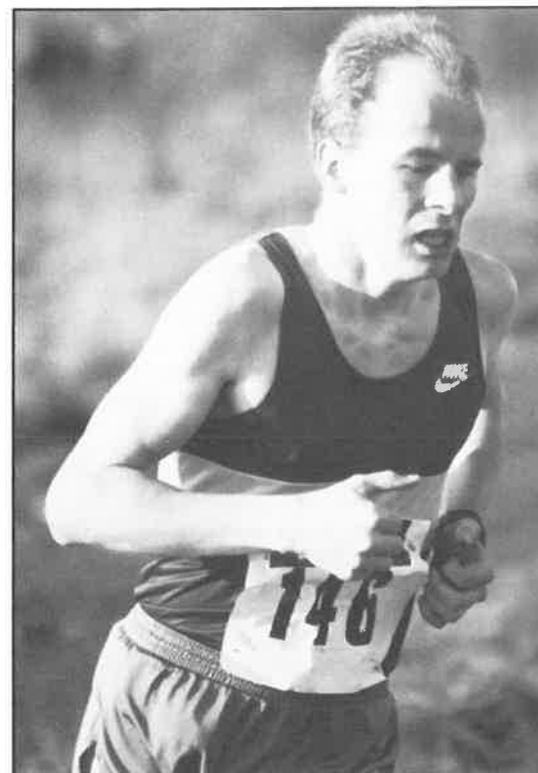
Teams: 1, Boxhill R 187; 2, Hounslow 317; 3, Thames H&H 373; ... 8, Belgrave 636.

DIET COKE GREAT LONDON RUN, CITY OF LONDON, 18 OCT

You would have thought that a nine o'clock start would put off a lot of competitors but 1,500 toed the line for this 10k event from Surrey Quays to Tower Bridge and back again. Gary Staines took another

>>>>

Below: Mike Webb seems to have been everywhere this winter, scoring in cross-country league races, finishing high up in 10 milers and 10ks, and picking up the overall winner's title in the "Surrey Classic" 10k series.



step up the ladder to peak fitness by sneaking under 30 minutes for 3rd place but had to sprint to make sure he was first Belgravian home, Kaessa Tadesse crossing the line just an eyelash behind.

1, C.Thackery (Hallamshire) 29:16; 2, G.Arthey (Blackheath) 29:31; 3, G.Staines (Belgrave) 29:58; 4, K.Tadesse 29:59; 8, J.Estall 31:29; 11, B.Reid 33:12. Other Belgrave positions not known.

PRIORY 6x2.5m RELAY, REIGATE, 7 NOV

Some amusement was caused by our 'B' team when M50 Tony Stone found himself being handed over to at the sharp end of the race - thanks to Messrs Sweeney and Tadesse - and further interest was added by useful performances from two of our Youths Matt Hillier and Ben Hamill.

1, Blackheath 79:18; 2, Boxhill R 80:34; 3, Cambridge H 82:24; ... 19, Belgrave 'A' (R.Also 13:43, C.Ogle 14:29, M.Mazzotta 14:31, M.Bizio 14:04, D.Anderson 15:17, M.Sinclair 14:13) 86:19; 24, Belgrave 'B' (M.Kinane 14:07, C.Sweeney 12:46, K.Tadesse 13:26, A.Stone 16:37, M.Hillier 14:57, B.Hamill 15:47) 87:40.

Fastest: 1, B.Royden (Medway) 12:40; 2, C.Sweeney 12:46.

SOUTH OF THAMES JUN. CC CHAMPS., MARGATE, 14 NOV

Mark Anderson reports:-

Only seven club members made the trip to Margate for this event which was held over a flat, windy and rather tedious three lap course. All those who did compete, however, performed very well and the club was rewarded with 3rd place in the 4-man team event.

Belgrave vests featured prominently at the head of the field from the start with three members amongst the leading 15 after the first mile. Roger Alsop went hard from the gun and was looking very determined as he clung to the leaders. Jim Estall was having another solid run just a few places behind Roger with James Ryle starting to move through after a cautious start.

The leading two runners moved away from the rest of the field towards the end of the first circuit with a prolonged increase in pace and Roger's valiant effort was beginning to tell on him as he began to drop back on the second lap. Meanwhile, James was looking very strong as he continued his steady progress through the field and by the start of the last lap James was right behind Jim as they both worked to combat a competitive bunch vying for fifth place.

In an exciting sprint finish Jim finished in 8th place with James 10th, but their placings could so easily have been two or three higher. Roger hung on well for 21st, holding off Mike Webb who had moved through to 27th to round off a solid team performance.

1, I.Hamilton (Invicta) 27:59; 2, J.Kendall (Aldershot F&D) 28:04; 3, T.Bignall (Boxhill R) 28:48; ... 8, J.Estall 29:12, 10, J.Ryle 29:14, 21, R.Alsop 29:53, 27, M.Webb 30:10; D.Anderson and A.Stone also competed.

Teams: 1, Boxhill 48; 2, Invicta East Kent 61; 3, Belgrave 66.

REEBOK SURREY LEAGUE DIV. 1 RACE 2, WIMBLEDON COMMON, 21 NOV

Nineteen runners for our home fixture was not a bad turn out but we were far too lightly represented at the business end of the race to avoid anything but - last! Rarely can we remember the Common being so muddy and poor Kaessa's introduction to our home course did not impress him, particularly as he was running in flat shoes.

1, D.Clarke (Hercules Wimb) 25:22; 2, S.Rayner (Hercules Wimb) 25:42; 3, J.Kendall (Aldershot F&D) 25:46; ... 10, K.Tadesse 26:32; 24, J.Ryle 27:04; 67, M.Webb 28:33; 68, M.Bizio 28:35; 77, G.Adams 28:53; 82, O.Lewis 29:00; 102, Mark Anderson 29:38; 131, D.Anderson 30:42; 132, R.Harding 30:48; 134, D.Winson 30:50; 136, M.Lake 31:00; 147, J.Burke 31:37; 158, T.Dowdall 32:06; 163, A.Painter 32:17; 165, T.Williams 32:30; 172, A.Stone 33:07; 173, M.Gleave 33:11; 174, C.Taplin 33:22; 191, J.Pritchard 35:34.

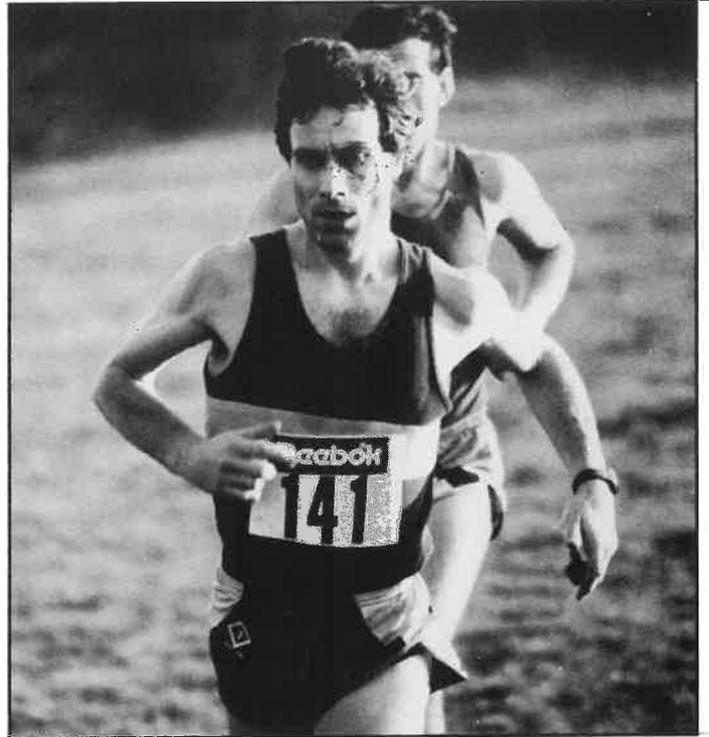
Teams: 1, Boxhill R 257; 2, Thames H&H 284; 3, Aldershot F&D 343; ... 9, Belgrave 659.

CLUB 7.5m CC CHAMPS., WIMBLEDON COMMON, 28 NOV

The dozen Belgravians involved in the Club Championship race for the "Blackstaffe" Shield took their places at the start line among many other runners taking part in the inter-club match to be held in conjunction but there was only ever going to be one winner of both events - Kaessa Tadesse. The young African was content to share the lead with the opposition for the first circuit, 14:03, but struck out on his own with a second of 14:08 and finished with a 13:51 to take the race by 15 seconds and with it his first club title.

Our royal chef Lionel Mann was back on the Common although still limping badly from the very nasty knee injury that struck him while on a walking holiday last summer. Always one for an apt quip, the observation by an onlooker that he was not wearing a club vest earned Lionel's, "It went up in flames with everything else at Windsor Castle. Do you think I might claim for it on Ma'am's fire insurance?"

Just take a minute to look at the handicap result. After three-quarters of an hour of racing Marcello scraped home by a single second from Don Anderson with



Derek Clack just 6 secs. further in arrears. Well done Mr. Handicapper. **ARM**

Above: It's been good to see Mike Lake back in a Belgrave singlet this winter.

1, K.Tadesse 42:02 (1st in inter-club); 2, M.Bizio 43:17 (6); 3, D.Anderson 47:03 (25); 4, D.Clack 48:24 (35); 5, M.Graham 52:50; 6, J.Wasbrough 55:17; 7, D.McMillan 55:47; 8, R.Mann 56:44; 9, D.Maughan 57:04; 10, J.Sexton 57:16; 11, D.Manning 59:03; L.Mann completed 2 laps. Handicap: 1, M.Bizio (3:45) 39:32; 2, D.Anderson (7:30) 39:33; 3, D.Clack (8:45) 39:39. Inter-club race (6 to score): 1, Hercules Wimbledon 72; 2, Met. Police 98; 3, Croydon 117; ... 6, Belgrave 189.

SURREY CC CHAMPS., COULSDON, 12 DEC

1, R.Treadwell (Redhill &SB) 42:48; 2, A.Miller (Hercules Wimb) 42:53; 3, D.Cowan (Boxhill) 43:02; ... 32, M.Bizio 45:19; 40, J.Estall 46:03; 43, R.Also 46:21; 51, M.Webb 46:49; 60, M.Kinane 47:25. Teams: 1, Boxhill R 92; 2, South London 142; 3, Thames H&H 156; ... 7, Belgrave 283.

HAMPSHIRE COUNTY CHAMPS., HAVANT, 12 DEC

James Ryle, in his first cross country season for Belgrave, won his county vest with a fine eighth position in the Hampshire Championships. James found the tough, muddy Havant course suited his strong running and he finished in a time of 38:41 with the winner, James Starling of Southampton, returning 37:09.

LAURISTON RUNNERS 30 min PAARLAUF, WIMBLEDON, 25 DEC

1, M.Bizio/J.Ryle 6m769y; 2, J.Gladwin/R.Hull (Hercules Wimb) 6m325y; 3, M.MacBride (Sale/

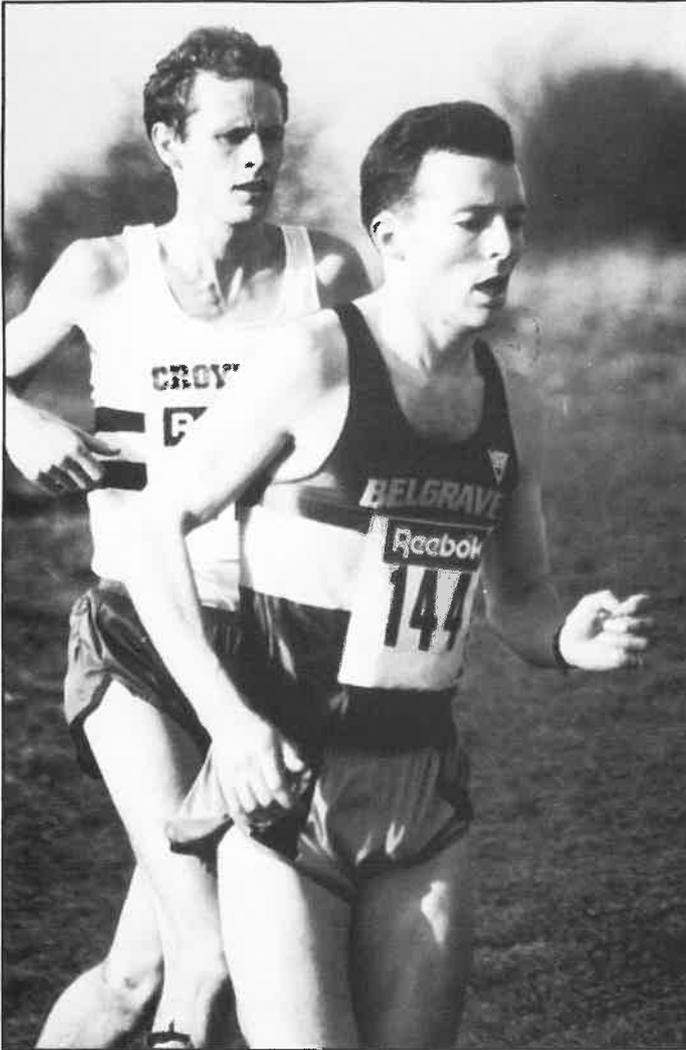
S.Booth 6m287y; 4, S.Ingall (Hercules Wimb)/D.Anderson 6m13y; ... 14, A.Paton/A.Stone 5m1212y; 17, J.Booth/P.Warburton 5m989y; 19, J.Bicourt/T.Lawton 5m312y.

REEBOK SURREY CC LEAGUE DIV. 1, RACE 3, LLOYD PARK, 9 JAN

With Belgrave lying in last place in the league after the first two races Colin Pearson and other members of the committee had tried their best to persuade our middle distance stars to support the club in this important fixture. However, with injuries, work commitments and the thought of the muddy, undulating Lloyd park course, only four members of last year's twelve stage team appeared, and with Marco Mazzotta dropping out with a bad back, Andy Paton clearly unfit, and Frank Ward arriving late, it was only the ever-reliable Jim Estall of those four who performed as expected.

Outstanding performance of the afternoon came from James Ryle. Improving with every race and relishing the tough conditions James had enough confidence to go off in the top dozen and he hung on well to finish 16th. One of the Arthur Bruce squad, James has shown the benefit of solid consistent winter training together with a sensible racing programme.

Elsewhere, Mike Lake ran very strongly in spite of being spiked early on and Mike Webb ran his usual steady race, but only seven Belgrave runners finished in the first hundred and we finished last again on the day, nearly 200 points adrift overall.



Above: Owain Lewes ran himself into some good form in January, collecting a silver in the Club 10 miles CC Champs.

1, V.Gamer (Aldershot F&D) 27:44; 2, K.Penney (Boxhill R) 27:51; 3, R.Keeney (Aldershot F&D) 28:08; ... 16, J.Ryle 29:05; 25, J.Estall 29:50; 54, M.Webb 30:47; 59, Mike Lake 31:02; 60, R.Alsop 31:05; 61, C.Dickinson 31:06; 95, A.Paton 32:39; 103, R.Harding 32:59; 113, D.Anderson 33:37; 128, F.Ward 34:40 (started several minutes late); 139, A.Luce 35:14; 145, S.Smulen 35:41; 146, T.Williams 35:47; 156, A.Rushworth 37:10; 157, A.Stone 37:24; 166, A.Pearl 38:21; 174, T.Lawton 40:10.

Teams: 1, Boxhill R 248; 2, Aldershot F&D 273; 3, Thames H&H 351; ... 9, Belgrave 617.

SOUTH of ENGLAND CC CHAMPS., MOTE PARK, MAIDSTONE, 16 JAN

Picturesque rolling countryside, some testing inclines and a fairly stiff wind combined to make this an interesting event. Added to these elements was the uncertainty for many competitors as to whether they would even make the start line. Diversions and lengthy tailbacks heading into Maidstone resulted in many frustrated runners either still fumbling with their numbers, or

launching impressive sprints towards the start line as the gun went.

Most of Belgrave's top runners stayed away from the event and after one circuit of the parkland it looked as if Marcello Bizio and Marco Mazzotta wished they had as well. Marcello, having had a miserable start to the afternoon after being held up in the traffic and failing to get Kaessa Tadesse to the start line in time for the Junior event was seen walking disconsolately away from the course while Marco also came out, visibly in pain with his back trouble having flared up again. But those who finished acquitted themselves well with reliable Mike Webb our first home in 171st place.

1, D.Bannister (Shaftesbury Bامت) 48:17; 2, B.Royden (Medway) 48:40; 3, J.Freeman (Chelmsford) 48:52; ... 171, M.Webb 54:35; 324, Mike Lake 57:41; 420, D.Anderson 59:23; 473, S.Willimont 60:14; 508, R.Harding 60:56; 523, M.Anderson 61:12; 626, O.Lewes 62:51; 627, D.Clack 62:51.

Teams: 1, Blackheath 122; 2, Shaftesbury Bامت 123; 3, Boxhill R 212; ... 43, Belgrave 2419; 99 teams closed in.

CLUB 10m CC CHAMPS., WIMBLEDON COMMON, 23 JAN

When shortly before the race Frank Ward was seen donning a pair of shoes bearing more than a trace of damp mud, it didn't really need a Sherlock Holmes to deduce that he had been hard at work on the hills of Streatham Common during the week. Was he, therefore, returning to race fitness once more? Marcello Bizio, on the other hand, was muttering about treating the event as a training run and that he didn't need a number. A suddenly officious Gordon Biscoe was all for disqualifying him there and then but had to give way when Colin Pearson announced that he had left the numbers in his car anyway and that half the field were going to have to run without one. Still, with a field of only ten, identification was not going to be a problem.

Owain Lewes was looking pretty sharp and keeping quiet during all this preamble and sure enough, after two and a half miles it was his mud-streaked figure that led the field and held a clear advantage over Frank and Marcello. But unusually for this race, the order was to change at the front. Marcello took over to plough through the mud in his forceful style, Frank came out half-way through, evidently still some way from his best form, while Owain held up well to take the silver medal and romp away with the handicap result. Steve Willimont is turning into a most reliable engine-room man, turning out in successive weeks and fully deserving his "bronze".

1, M.Bizio 59:13; 2, O.Lewes 60:21; 3, S.Willimont 63:47; 4, D.Anderson 69:22; 5, M.Graham 72:33; 6, D.McMillan 76:01; 7, R.Mann 78:32; 8, L.Mann 96:08.

Handicap 1, O.Lewes (7:00) 53:21; 2, M.Bizio (3:45) 55:28; 3, S.Willimont 7:30) 56:17.

SOUTH OF THAMES SENIOR CC CHAMPS., COULSDON, 30 JAN

This was a far more heartening performance from the cross country team on Farthing Downs, both in terms of performance and turn out. It was a credit to Colin Pearson that he managed to get not only the twelve team members, but two travelling reserves, Trevor Williams and Tony Stone, as well. Although just missing out on the medals it is worth noting that the scoring six had less points than the previous year when we were third. It was newcomer James Ryle who again produced the best run of the day finishing in 11th position, just ahead of Frank Ward. Nice to see Frank gradually returning to fitness in time for the twelve stage.

After much recent rain it was perhaps surprising to see the course fairly firm under foot apart from the

muddy fields along the top of Happy Valley at the far end of the course. Two extended laps of three and a half miles with the very sharp chalky hill always proves a good test, although there are some nice flat bits as well.

Belgrave got off to a good start up the long hill with Marcello Bizio in the top eight, and Frank Ward, James Ryle and Owain Lewes all in the leading twenty. At that stage the team were looking good for medals with Roger Alsop and Mike Webb packing well in the top forty. As the race progressed James managed to get up to the back of a bunch of about four which included Frank in the top dozen as they raced along the bottom of Happy Valley.

Unfortunately for the team both Marcello and Owain began to slip back by the end of the first lap, Marcello suffering from stomach cramps which eventually saw him drop out of the race; with him went any chance of medals. Owain was suffering from an over ambitious start and the Club '10' the week before.

James and Frank had a right ding dong battle for the remainder of the race, first one ahead and then the other until eventually, with a very strong finish, James just got the better of our Treasurer - 11th to 12th. Mike Webb finished well too, just ahead of Roger Alsop who ran a steady race to close in 35th. It was a good day for the Arthur Bruce squad who provided four runners out of the leading six and Trevor Williams, running as a guest, who had his best race for some time.

1, S.Barden (GEC) 36:40; 2, E.Hurley (F&C) 37:14; 3, S.Rayner (Hercules Wimb) 37:36; ... 11, J.Ryle 38:35; 12, F.Ward 38:38; 30, M.Webb 39:45; 35, R.Alsop 39:53; 62, C.Dickinson 40:55; 75, Mark Anderson 41:29; 81, O.Lewes 41:45; 109, S.Willimont 43:13; 110, R.Harding 43:14; 124, D.Anderson 43:39; 149, D.Clack 45:00; T.Williams also ran.

Teams: 1, Boxhill R 158; 2, South London 190; 3, Thames H&H 204; ... 6, Belgrave 225; 21 teams closed in.

INTER-COUNTIES CHAMPS., Inc. UK WORLD CC TRIALS, CORBY, 6 FEB

By holding these two events together for the first time, the BAF succeeded in assembling the strongest field seen for many years in the traditional Inter-Counties race. Many more of the country's top runners represented for their counties this year hoping for a blinding run and a ticket to Amorebieta. The quality of the field was, therefore, perhaps even stronger than the first three hundred of the National. Belgrave's only senior male representative was James Ryle. He found the early searing pace rather uncomfortable but held on well to finish a very creditable 216th and will benefit greatly from the experience.

REEBOK SURREY LEAGUE DIV. 1, RACE 4, COULSDON, 13 FEB

At last a better performance from Belgrave in the final league fixture on Farthing Downs. Warm spring sunshine and firm conditions underfoot contrasted with the rain and mud which dominated most of the winter season and showed the Downs at their picturesque best.

With Gary Staines appearing straight from warm weather training in South Africa, and most of the "engine room" present, there was a feeling before the start that Belgrave might just be able to avoid relegation. However, although Gary comfortably won the race, and Kaessa Tadesse finding the conditions much more to his liking came second, it was really a matter of too little, too late. Jim Estall returning to his best form was the only other scorer in the top twenty and with several other clubs fielding strong teams Belgrave were 4th on the day but still finished in 9th overall place in the league.

Other good performances on the day came from Matt Kinane 33rd, Mike Webb 49th, and Mike Lake, who has run strongly all season, 65th.

1, G.Staines (Belgrave) 26:47; 2, K.Tadesse (Belgrave) 27:02; 3, K.Penney (Boxhill R) 27:10; 15, J.Estall 28:17; 32, M.Bizio 29:04; 33, M.Kinane 29:07; 49, M.Webb 29:33; 65, Mike Lake 30:09; 70, F.Ward 30:15; 74, O.Lewes 30:23; 78, M.Sinclair 30:36; 99, D.Winson 31:26; 104, C.Dickinson 31:52; 113, S.Willimont 32:11; 120, S.Williams 32:39; 141, T.Williams 33:46; 151, P.Lee 35:04; 159, J.Pritchard 36:24. Teams: 1, Hounslow 305; 2, Aldershot, F&D 335; 3, Thames H&H 390; 4, Belgrave 417; 5, Heme Hill 428; 6, South London 460; 7, Boxhill Racers 521; 8, Croydon 534; 9, Hercules Wimbledon 705.

BELGRAVE 5.75m ROAD CHAMPS., WIMBLEDON, 6 MAR

Another small field for a Belgrave championship with only 11 runners turning out for this year's event. Marcello Bizio led at the top of Lauriston Road with Frank Ward and Marco Mazzotta, both far more unfit than last year, hanging on at least for the first lap of the common. After that Marcello gradually pulled away and won in the respectable time of 29:05.

It was nice to see John Mather taking part again after a long absence through injury and illness. He ran well to finish fourth off only light training.

1, M.Bizio 29:05; 2, F.Ward 30:11; 3, M.Mazzotta 30:27; 4, J.Mather 33:47; 5, T.Williams 33:54; 6, A.Painter 34:42; 7, J.Slough 35:07; 8, R.Bale 35:57; 9, J.Wasbrough 36:38; 10, D.Clack 36:46; 11, J.Smiter (W) 41:32. Handicap: 1, M.Bizio (2:00) 27:05; 2, M.Mazzotta (2:30) 27:57; 3,

Reebok Surrey League Division One

1, Boxhill Racers	1213
2, Aldershot F&D AC.....	1331
3, Thames H&H.....	1398
4, Boro' of Hounslow AC.....	1596
5, South London H.....	2009
6, Hercules Wimbledon AC	2078
7, Heme Hill H	2178
8, Croydon H	2238
9, Belgrave H.....	2339

F.Ward (1:30) 28:41.

CHINGFORD 5x3.5m ROAD RELAY, 13 MAR

Helped by a remarkable record breaking leg by Gary Staines, Belgrave achieved a very encouraging third place, ahead of notable teams such as Shaftesbury and Highgate.

Gary broke the record held since 1977 by Julian Goater by six seconds in spite of pulling a calf muscle in the final 200 yards of the third leg and limping home. He had already brought the team up from 14th to 4th position.

Good runs from Jim Estall and the ever improving Roger Alsop on the last two legs moved Belgrave through to a well earned third place.

1, London Irish 83:19; 2, Woodford Green 84:06; 3, Belgrave (M.Mazzotta 17:30, O.Lewes 17:55, G.Staines 15:43, J.Estall 16:58, R.Alsop 16:49) 84:58; ... dnf Belgrave 'B' (R.Harding 18:51, Mark Anderson 17:55, T.Williams 20:20, J.Galley 17:54). Fastest: G.Staines 15:43 (lap record); 2, A.Briggs (Enfield) 16:09; 3, N.Berkeley (London Irish) 16:13.

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Countrywide ...

Gwent, 20 Sep. Llandogo 4m. 2, D. Maynard 24:46.

Northbrook, 20 Sep. 10k. 2, P. O'Callaghan 31:36.

Hyde Park, 27 Sep. 4k 36-38yrs. 1, J.Estall 12:32. 40-49yrs. 1, C.Dickinson 12:55.

Ashford, 4 Oct. Julie Rose 10k. 30, R.Turner 33:19.

Farnham, 4 Oct. Half-Marathon. 6, M.Lake 1:16:13.

Wakefield, 4 Oct. Yorkshire Mining Museum 6m. 4, S.Halliday 31:18.

Portsmouth, 11 Oct. Diet Coke Great South Run 10m. 11, K.Tadesse 48:47.

Dulwich, 11 Oct. 10k. Jim Estall placed 2nd in 31:44 behind AFD's Roger Hackney 30:37.

Ashted, 18 Oct. Rotary 10k. 4, M.Webb 31:59.

Alton, 18 Oct. 10k. 5, M.Lake 33:45

Croydon, 18 Oct. Lloyd Park 10k. A superb run came from 16 year-old Adam Jones who placed 7th in this good class race in 32:54.

Morden, 25 Oct. AW Surrey Classic 10k. 3, M. Webb 34:13.

Gateshead, 25 Oct. Gatorade 10k. Steve Cram, Mick McLeod and Belgrave's Gary Staines were together through the mile markers in 4:47, 9:40 and 14:24 before McLeod and then Staines were dropped by the World 1 Mile Record Holder. Gary's deficit was 15 seconds at the finish. 2, G.Staines 30:13.

Brighton, 8 Nov. Phoenix Races. 4, R.Turner 23:20.

Epsom, 15 Nov. 10m. With Jim Estall 5th, 53:22, Marcello Bizio 8th, 53:37, and Mike Webb 10th, 54:19, Belgrave picked up a rare set of second place road race prizes in this Marathon Windows sponsored event. Junior Galley was 26th in 57:54, Adam Armstrong was 54th in 61:37, and we even had an interest in the winner - second-claimer Chris Sweeney who won by over two minutes in 50:05.

Brighton, 15 Nov. Legal & General 10k inc. SoEAA Champs. 35, R.Turner 31:58

Oxshott, 22 Nov. AW Surrey Classic 10k. Great running from Mike Webb to win in 33:22.

Richmond Park, 25 Nov. Inter-Banks CC Champs. 9, R.Alsop 31:13; 33, D.Anderson 33:28; 53, A.Painter 35:44.

Portsmouth 5 Dec. Victory 5m. 23, K.Tadesse 24:51; 34, M.Bizio 25:30.

Westwood Scrubs, 5 Dec. In the annual London Business Houses Cross County Championships, Matt Kinane finished 2nd, thus contributing to London Transport's team win over British Airways.

Epsom, 9 Dec. LARA Long Grove 1.1m. 3, S.Paton 5:21. 2.2m. 4, S.Paton 11:26. 3.3m. 3, S.Paton 17:30. Stu' was second overall.

Kingston, 20 Dec. 5.5m. 3, C.Dickinson 30:23; 4, D.Anderson 31:01.

Epsom, 20 Dec. AW Surrey Classic 10k. 6, M.Webb 33:03. Mike Webb took the overall title for the series.

Crystal Palace, 27 Dec. Centresport 10k. Kaessa Tadesse finished 3rd on this very undulating course behind Blackheath's Spencer Newport and Kenyan John Kipkoske in a time of 30:14. Further down the field, Marcello Bizio had one of his best runs for some time, finishing 15th in 31:44.

Mallusk, Belfast 9 Jan. Across the Irish sea Belfast hosted the annual Mallusk Cross Country race, promoted this year by John Bicourt who managed to assemble a very impressive field. In the 8k race won in 23:28 by another Kenyan "find" Simon Chemnoyo, Kaessa Tadesse finished 44th in 25:12 and Marcello Bizio, representing Italy finished 93rd, 27:14.

Canterbury, 31 Jan. 10m. 8, J.Estall 51:02.

Meltham, Huddersfield, 7 Feb. Moorside 10k. Steve Halliday tussled for the lead early on but had to give way finally to Valli's Paul Cuskin, who relieved our man of his course record by clocking 30:36, and Skyrac's Peter Whitehead. Steve's time was 31:54. **Watford, 7 Feb.** Half-Marathon. 7, J.Estall 1:08:14; 39, J.Galley 1:15:29.

Ruislip, 21 Feb. Mizuno Hillingdon 5m. Gary Staines looked to be back to his best road form just a week after returning from warm weather training in South Africa as he and Swansea's Ian Hamer began to stretch a high quality field, opening up a gap in the first mile. However, it was a bitterly cold day and in the second mile this began to affect Gary's breathing and before long he was struck with his old asthma problem. He dropped back and his final position did not do him justice. A good confidence boosting run came from Roger Alsop, just outside 5 minute mile pace. 1, I.Hamer (Swansea) 23:18; ... 19, G.Staines 24:40; 37, R.Alsop 25:11.

Left: A bronzed Gary Staines brought a little sunshine back for the final Surrey League Race at Coulsdon.



BELGRAVE HALF R-XERRI PHOTO

They're off for the Belgrave Half-Marathon. Race organiser John Wasborough stands on the far left while Tony Stone (148) and Mick Graham (111) on the right make a good getaway. Photo: R.Xerri

BELGRAVE HALF-MARATHON, WIMBLEDON, 14 MAR

The first Belgrave Half Marathon held over a course similar to the old Belgrave '20' produced a good quality field and some respectable times.

The race was organised very well by John Wasbrough and now looks set to become an annual event. There were some excellent prizes, the course was well marshalled, and although the number of competitors was not great there was good support from Belgrave and Hercules Wimbledon members.

Three runners almost immediately broke away from the field - two from H/W and our own Marcello Bizio. By the end of the first trip along the by-pass it was down to two - the very strong New Zealander Alistair Miller and the Belgravian - but the pair were soon split asunder by the first ascent of Cops Hill. The Kiwi continued to go away on the second circuit and eventually came home in 68:02, a good time on a course that includes two climbs of 'Cops'. Marcello remained in 2nd with 69:29 ahead of another H/W man Steve Stockwell.

Helen Maskrey had the best Belgrave run of the day winning the Ladies race in 82:07 and breaking her PB for the distance.

1, A.Miller (Hercules Wimb) 1:08:02; 2, M.Bizio (Belgrave) 1:09:29; 3, S.Stockwell (Hercules Wimb) 1:10:49; ... 16, H.Maskrey (1st Woman) 1:22:07; 19, C.Taplin 1:23:25; 22, M.Graham 1:24:19; 26, A.Stone 1:26:44; 33, R.Mann 1:29:13.

Teams: 1, Hercules Wimbledon 10; 2, Belgrave 43; 3, Sutton & Dist 86.

READING HALF-MARATHON, 28 MAR

With three weeks to the London Marathon, Paul Evans blasted a spectacular warning to his rivals when he visited the Berkshire town of Reading. It might have only been a "half-marathon" but this man never does things by halves. The field included several Russians and Kenyans plus some of Britain's best road runners yet the Belgravian came home over two minutes clear in 1:01:38, a time exactly equalling his Great North Run clocking. A brutal third mile of 4:39 put paid to the hopes of the majority in the lead pack but this paled into insignificance when Paul let rip with an astounding 13:37 three miles from the six to eight mile markers! Now well clear he continued pouring on the effort and ended up smashing the six year-old course record by 29 seconds.

Just take a look at these mile timings: 4:52, 4:44, 4:39, 4:51, 4:48, 4:36, 4:30, 4:31, 4:41, 4:48, 4:32, 4:39, 4:45.

1, P.Evans (Belgrave) 1:01:38; 2, P.Whitehead (Skyrac) 1:03:32; 3, J.Kiptum (Kenya) 1:03:46.

THAMES VALLEYH 5x3.5m ROAD RELAY, CRANFORD, 27 MAR

Best Belgrave performance on the cool, clear afternoon was the 16:46 first leg run by Roger Alsop. Roger has been training hard over the winter and looks to be coming up to peak condition for the track this Summer. After a rather cautious start, he moved steadily through the field and looked comfortable at the end.

Marcello Bizio ran 17:07 for the second leg and was followed by Daryll Maynard with 17:27. The team finished in 20th position.

1, Boxhill Racers 1:22:16; 2, Southampton City 1:22:45; 3, 3, Basildon 1:23:32; ... 20, Belgrave (R.Alsop 16:46, M.Bizio 17:08, D.Maynard 17:27, D.Winson 18:53, M.Webb 17:50) 1:28:04. Fastest: R.Denmark (Basildon) 15:25

Huddersfield, 28 Feb. Huddersfield Runners 10k. Doesn't Steve Halliday just love those 10ks. He launched another rip-snorter in freezing conditions to win by nigh-on a minute in 31:31. Only he has gone faster on this course - 31:08 last year.

Woking 7 Mar. 10m. 73, S.Willimont 56:38.

Brockwell Park, 7 Mar. Mizuno 10k. 16, O.Lewes 33:20. Other runners not known but Bels finished 3rd team.

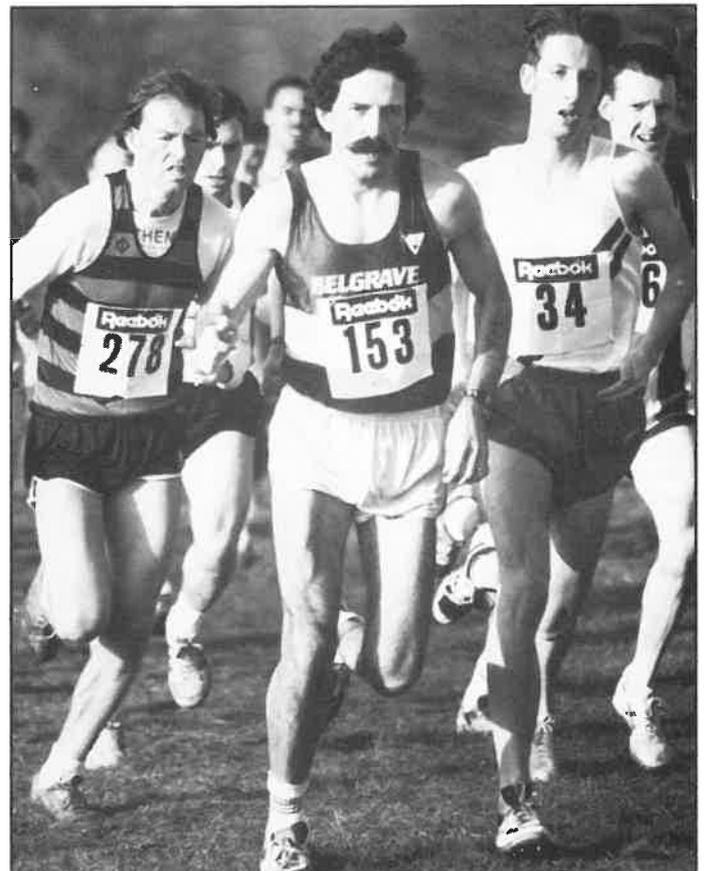
Hastings, 14 Mar. Half-Marathon. Initially in the leading bunch, Kasse Tadesse dropped back when hitting a hill at four miles but in very good company still finished 10th in 1:06:56.

Fleet, 21 Mar. Reebok Half-Marathon. Jim Estall forged the early pace but eventually finished 7th in 1:08:52. ... 51, J.Galley 1:14:38; 67, S.Willimont 1:15:48.

Chiswick, 28 Mar. Thames Towpath 10m. 6, M.Webb 54:06.

Battersea Park, 31 Mar. Civil Service 10k. 3, J.Estall 31:17.

Belfast, 17 Apr. Ulster Games 10k. 9, K.Tadesse 29:55; 27, M.Bizio 32:24



Above: Frank Ward has spent the winter gradually regaining fitness and will be wanting to get well under 15 minutes again for 5,000m this summer.

Bels raise their game for Southern Road Relay

SOUTH OF ENGLAND 12-STAGE ROAD RELAY, THURROCK, 4 APR

Perhaps 11th position may not seem much after the glories and past triumphs in the old London to Brighton and then the Belgrave 12-Stage, but this was a magnificent performance by a team decimated by illness, injuries and withdrawals.

It is a tribute to team manager Colin Pearson that he managed not only to put together a team, but one which finished high enough to qualify for the National Road Relay and in doing so beat all our rivals from the Surrey League except Boxhill, who won, and Hounslow, who only came by us after Marco Mazzotta went off course.

Throughout the afternoon, Colin's cheerful confidence spread throughout the team, half of whom were unfit, or in the case of Marcello Bizio, actually ill. He had got out of his sick bed to run. We were without Evans, Staines, Foote and Paton but it didn't matter. There was John Gladwin running in the same team as his old friend Mark Sinclair for the first time in years, the pair of them enjoying themselves and the occasion. And several others were given the chance to represent Belgrave and they ran above themselves for their club.

Of course the occasion was not like Wimbledon. The relay has been moved from our home patch because of ever increasing problems with the traffic: here the changeover was just in front of the main stand of a small running track set in the heart of a bleak part of Essex.

After the gun it was half a lap of the track, then out through a housing estate and past a handful of spectators, down a narrow, straight, flat country lane and off into the distance. Five minutes later the crocodile of runners could just be seen as they ran up the incline of the bridge over the busy Southend road. Yes, it was Giovanni Rizzo ahead, silhouetted against the electric pylons and A13 traffic a mile away. Then, not a sight of them until they returned to negotiate a nasty cross road threequarters of a mile from the finish, one which later in the day had short and long stage runners coming and going in three directions, tempers fraying, motorists honking, marshals becoming frantic - a scene all so familiar. Thurrock were learning what putting on a road relay was all about.

Boxhill led at the end of the first stage, a position they were never to lose, with Belgrave's Roger Alsop, running so well at the moment, just on 25 minutes in 24th place. Owain Lewes, who is aiming for a season of shorter track races, showed the benefit of recent speed

work with one of his best runs for the club on the next short stage.

On leg three, Jim Estall produced his usual reliable run in spite of high mileage marathon training: "Can't I run two legs?" Then a half fit Frank Ward got round on memory to hand over to Steve Halliday, down from Halifax for the race, as cheery as ever and having a blinding run with 4th fastest long stage of the day to move Belgrave up from 17th to 10th.

Progression continued with John Gladwin, again only half fit, on the next short stage, and handing on to Kaessa Tadesse who had the difficult task of setting out just behind a bunch containing Andy Bristow and Dominic Bannister, the Southern champion. Bristow ran a time second only to Eammon Martin's fastest of the day but Kaessa also ran an excellent leg and broke Bannister 1.5 miles from the finish.

Mark Sinclair ran even faster than John Gladwin, passing on to Mike Webb, rather happier on the country but as reliable as ever. Then a buoyant Darrell Maynard was a second faster than Mark. Poor Marco Mazzotta, not really fit enough for a long stage, but willing to fill in for Marcello who had been ill all week with a tooth abscess and 'flu. Marco took a wrong turning, lost at least a minute, and then ran himself to exhaustion trying to make up for it.

This left Marcello on the last leg, could he maintain 11th position and qualify the team for Sutton Park later in the month. Of course the answer was yes. When ever did Marcello let the team down in a situation like this. He ran with fire in his eyes and produced the team's fastest short stage, just ducking under 14 minutes.

In the end there was just over a minute between the leading three teams but the chasers never really got close to Boxhill who seemed to be about the only team at full strength. No, it didn't have the same atmosphere as Wimbledon, let alone the London to Brighton, but it was an enjoyable and successful day for Belgrave nevertheless.

1, Boxhill 3:47:37; 2, Southampton 3:48:14; 3, London Irish 3:48:57; ... 11, Belgrave (R.Alsop 25:00, O.Lewes 14:29, J.Estall 24:51, F.Ward 14:21, S.Halliday 23:39, J.Gladwin 14:12, K.Tadesse 24:04, M.Sinclair 14:04, M.Webb 26:35, D.Maynard 14:03, M.Mazzotta 27:56, M.Bizio 13:59) 3:57:13; 57 teams finished.

Stop press: Hounslow disqualified from Southern Road Relay - Bels. up to 10th. Colin Pearson says "They can get away with ringers in the Surrey League but not in the Southern".

THE LONDON MARATHON, 18 APR

After Paul Evans' exciting 1992 season which included, of course, his fine 5th place in last year's 'London', he was most people's favourite to sweep up the honours in this year's edition of the classic. He had raced sparingly in the run-up to the event yet destroyed the field when he had ventured out in his racing kit. But we know so well that there is no such thing as a certainty in athletics where a very fine line divides the super-fit from those suffering injury or illness. Unknown to us spectators, Paul had started suffering from a sore throat on the Saturday afternoon but come the morning of the race, he was still intent on competing.

At the 'House on the Bridge', a bar on the southern approach to Tower Bridge nearing the 13 mile point, a television visible from the pavement had thoughtfully been left switched on overnight; no doubt the licensee was hoping to attract the marathon crowd when he opened later in the day. At 9.30am, like moths gathered around a candle flame, athletics fans were shoulder to shoulder on the footpath outside, noses pressed against the bar window to watch the initial stages of the race. At the early mile markers Paul could be seen in the leading pack but with the women's race due along soon it was time to desert the TV and take up a place at the barriers.

Nothing matches actually being present at a big sporting occasion. We had been warmed up by the wheelchair competitors, the Liz and Lisa show had moved on past, and now, with the energy of a tide in full flood, the leaders in the men's field, a group some thirty strong, burst around the corner from Abbey Street into Tower Bridge Road with the accompanying cheering and flag waving from the watchers being pushed along ahead of them like so much flotsam.

Where was Paul? There - no that's the tall blonde Polish runner. What could have happened. Jim Estall came by and cheerfully waved back on hearing his name called. Some hundreds of runners streamed through before Evans was sighted, a mere shadow of his normal self and, to be honest, looking quite unwell. He came out somewhere over the bridge and must have been bitterly disappointed to leave the race in the hands of those he had previously been confident of beating.

Nevertheless, he has already been selected for the World Champs. in Stuttgart and if he can pop out that 2:08 effort then, without the prior warning of 'London', it's going to cause an even greater shock.

1, E.Martin (Basildon) 2:10:50; 2, I.Rico (Mexico) 2:10:53; 3, G.Gadjus (Poland) 2:11:07; ... 89, J.Estall 2:28:44; 1345, J.Galley 2:57:11; 1403, A.Verdie 2:57:43 ... further positions in the next edition.

NATIONAL 12-STAGE ROAD RELAY, SUTTON PARK, 24 APR

It was in 1974 that the National Road Relay was held for the first time at Sutton Park and there have been some impressive runs by individuals and teams throughout the intervening years. This year the winning time was well outside the top ten but for excitement it was second to none. The Midlands clubs, who hold their area championship on the same course, were strongly tipped to provide the medallists but when it came to the 'cards down' it was the South that held the aces. The Shaftesbury Barnet team manager judged things just right, for John Sherban, on the penultimate leg, set the fastest long stage time of the day in turning a 30 second deficit into a 55 second lead. And then the thrills continued with Boxhill Racers, through Tom Bignall, moving from outside the frame into 2nd spot on the very last lap while Swansea's tail-end super-vets held the chasing hordes at bay for 3rd.

The Belgrave outfit was again hit by illness and injury with young Marlon Anderson getting pretty close to the action as next on the reserve list.

Stage 1 was taken by Steve Halliday who was most certainly on for one of the fastest times of the day - except that while holding a 70 yard lead over the field he went off course, lost about a minute, and then trailed in a disconsolate 18th!

Our fastest short stage came from Roger Alsop on leg 2. He covered the 3m 8y in 14:40 to retrieve three places and, bearing in mind the gradients, set a time which must equate to about 15 minutes for 5,000m, a target he surely must achieve before too long.

Kaessa Tadesse was the pick of the rest of our long stage runners, benefiting from Steve's misfortune to become our fastest over the 5m 706y stretch with 26:06, and Johnny G took yet another step along the road to fitness by running a 14:50 effort that makes an appearance over 800m in our team for Budapest begin to look a real possibility.

1, Shaftesbury Barnet 4:06:24; 2, Boxhill Racers 4:07:01; 3, Swansea 4:07:07; ... 35, Belgrave 4:20:42.

Long stage:

Fastest J.Sherban (Shaft. B)..... 25:07
S.Halliday..... 26:28
F.Ward..... 28:02
K.Tadesse..... 26:06
M.Bizio..... 28:05
M.Mazzotta..... 29:39
M.Webb..... 29:06

Short stage:

Fastest: K.McCluskey (Cope.) 13:41
R.Alsop..... 14:40
O.Lewes..... 15:49
S.Willimont..... 17:08
J.Gladwin..... 14:50
C.Dickinson..... 15:37
D.Maynard..... 15:12

