



APRIL 1957

FOUNDED 1887

The
BELGRAVIAN

The
Official Gazette
of the
Belgrave Harriers

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The official gazette of the Belgrave Harriers
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APRIL 1957

No. 130

EDITORIAL

Dear Fellow Members,

Once upon a time, we used to read this magazine, and we often wondered why it was that the editors were repeatedly asking the officials of each branch of the Club, to send in REGULAR reports of its activities, together with any other items of interest. Now we know!

We are not magicians, and cannot be expected to prepare the magazine in the few days immediately before it is due to be printed.

To lighten our task therefore, we must ask that reports be sent to us weekly, BY ANYONE, be he spectator, competitor or official. In fact, the wider the field of contribution, the greater the interest of the magazine. What could be more simple than scribbling a report on the way home in the train?

Furthermore, in the interests of economy, it is hoped to combine the despatch of the Belgravian with that of the fixture cards, thereby saving approximately £10 per annum. This cannot be achieved unless the magazine can be completed each quarter and sent for printing on time.

So let's be hearing from all you budding reporters. We would like to thank those anonymous contributors who have sent us articles for this edition. No doubt they will appreciate that where we receive more than one report on the same event, the contents, as near as possible, are combined, and any loss of style will be understood.

By the time this edition is distributed, the track season will be with us, and the programme of long distance road races will have commenced. We want to see full Belgrave support in all the major events, on the Track, in Field Events, and on the Road. Whilst agreeing that athletics is a sport to be enjoyed, win or lose, we feel that the time has come for us to endeavour to assert ourselves as the premier club in the South, and to do this by putting our full strength into all matches.

We have an abundance of talent in our ranks, at all ages. Messrs. Carter, Footer, Penny, Herbert, Green, Scrimshaw, Lucas and Stimpson were no more endowed than some of our present men; they merely exploited their gifts more by plenty of hard training and by turning out regularly in all Club matches. Everyone must start at the bottom, and none is so good that he can afford to ignore minor events. The presence of a "Star" in a race is a challenge to the lesser lights to topple him from his pedestal, and he learns that only hard work will keep him there. The unknown having tasted victory will be eagerly looking around for his next "head".

Keen competition within the Club for team places is the key to success, but it must be made certain that there are sufficient "B" team matches to enable second string men to gain that experience necessary for promotion to the "A" team.

We hope to be reporting the successful commencement of the 1957 season in our next issue. Your coaches can only guide you, you must do the work. Your success will be their well-deserved reward. So go to it and good luck!

Your Editors.

SOUTH OF THAMES JUNIOR. 10th. NOV.

Is the Brighton seaside air not encouraging enough itself or does the thought of a journey frighten many Belgravians?

Whatever it was, there was a poor turnout for this event - less in fact, than half those entered. I would add that one of our newer members' worked until midday and then journeyed down by train to compete.

The race itself was disappointing from the point of view of Club supporters, who were also few in number.

Charlie Dabbs gave of his best again and finished 8th., but I feel much credit should go to J. Dooley, who although entered in the "D" team, finished 54th. to be the third Belgrave man home.

As for the other competing members, I am sure they would all admit to having had better runs than this.

Once again Arthur Whitehead must be thanked for supplying a very welcome cup of tea to all our runners at the finish.

Placings and team positions:-

7th. Belgrave "A"	(8 C. Dabbs, 50 G. Davidson, 71 G. Stevens 72 M. Browne, 104 G. Biscoe, 112 J. Heath- field.)	201 pts.
26th. Belgrave "B"	(78 C. Shippen, 79 D. Stroud, 166 W. Couzens 178 A. Bishop.)	501 pts.
36th. Belgrave "D"	(54 J. Dooley, 147 R. Glen, 210 C. Henn, 248 P. Mathews, 250 M. Jones.)	659 pts.

310 runners started. 283 finished.

47 teams closed in. 51 started.

"Supporter"

As a matter of interest, Jim Edgar, who once belonged to Belgrave and now runs for Hercules, finished in 7th. position.

Why he runs for Hercules and not Belgrave we cannot imagine, but we do know that the Club can ill afford to lose such valuable material. Let us hope that some attempt was made to dissuade him from leaving.

L.C.C. 6 miles C.C. Championship 24th. Nov.

We had a strong entry for this race as we were defending our team title. On paper, it appeared that Hercules A.C. would be our greatest danger, and this proved correct when the results were shown, with Belgrave winning from Hercules by the narrow margin of five points.

Once again Jack Brown showed his fitness by winning from A. Towle of Herne Hill after a very exciting struggle throughout the greater part of the race. He was well supported by Chas. Walker, who incidentally, was ill just before the race, in 10th. place, Ray Tooby 11th. and Charlie Dabbs 17th.

Result:-

1st.	J.W. Brown	30 mins. 40 secs.
10th.	C.W. Walker	
11th.	R. Tooby	35th. G. Stevens
17th.	C. Dabbs	41st. L.C. Bishop
18th.	E. Gebbett	49th. J. Burr

Teams:-

1st. Belgrave	39 pts.	2nd. Hercules	44 pts.
3rd. Hampstead "A"	56 pts.		

CITY OF ROCHESTER 5 mile ROAD RACE17th NOV. 1956

The usual cold, misty weather greeted the starters for this year's race, but soon warming to his task, Jack Brown set about the opposition in no uncertain manner and was soon in the leading bunch with Salvat of Finchley and Cameron of T.V.H.

Jack and Salvat ran neck and neck until approximately 50yds from the finish, when Jack's fine burst of speed proved too much for his opponent.

The winning time was only 8sec. outside George Knight's course record.

Ray Tooby, continuing his welcome return to form, ran very well to finish 12th, only three seconds behind Haslam (T.V.H.).

Len Bishop who arrived only just in time for the start, finished 46th.

It was a pity we did not have more support for this event, as no doubt we could have been placed in the team race.

1st	J.W. Brown	25m. 14s.
12th	R. Tooby	26m. 3s.
46th	L.C. Bishop	27m. 39s.

"BLACKSTAFFE" SHIELD RACE8th DEC. 1956

The annual 7miles C.C. Championship took place on a wet and misty afternoon over a slightly longer course than the one used last year.

Jack Brown ran very impressively to win by a full minute from Charlie Walker with Ray Tooby half a minute further back in third place.

Steve Charlton, showing much improved form, deservedly won the handicap. Second place in the handicap went to Clive Shippen who finished 5th in the actual race - a very good performance.

It is very unusual for the scratch man to be placed in a sealed handicap, but in securing third place, Jack Brown achieved this feat.

Eric Herbert, making one of his rare appearances, proved that he is still running quite well by finishing ninth.

Also taking part was Jack Braughton who has now become a first claim member. He will prove very valuable when he gets back to his normal form.

1	J.W. Brown	34.57	19	D.W. Jones	40.50
2	C.W. Walker	35.57	20	A. Bishop	41.20
3	R. Tooby	36.36	21	. Glover	41.35
4	E. Gebbett	37.31	22	E.S. Stimpson	41.37
5	C. Shippen	37.53	23	D. Manning	41.49
6	D. Baulch	38. 3	24	A. Penstone	41.55
7	S. Charlton	38. 8	25	S. Sczucoik	41.58
8	P. Courtney	38.25	26	J. Hunter	42.44
9	E. Herbert	38.29	27	R. Tobin	42.50
10	J. Dooley	38.35	28	. Matthews	43.31
11	J. Braughton	38.40	29	. Paget	43.32
12	J. Heathfield	38.41	30	B. Trower	43.44
13	J. Moore	38.52	31	C. Manning	44.57
14	J. Burr	39.12	32	A. Jordan	45. 2
15	W. Cousins	40. 6	33	A. Orton	46.26
16	L. Bishop	40.22	34	S. Baker	46.43
17	J. MacDonald	40.25	35	. Matheson	48.44
18	. Udall	40.32			

THE MITCHAM "15" JAN. 12th.

Our road runners notched a further great victory when providing the individual winner of this very popular event and carrying off the team award.

Continuing along his road of success Jack Brown sliced off 41 seconds from Jim Peters course record, a most meritorious performance.

The race seemed to resolve itself quite rapidly into two fierce battles, between O'Gorman, Brown, Kelly, Hicks, Lambert and Haslam on the one hand and a close bunch of a dozen, including our own trio, Colin Collis, Eric Gebbett and Len Bishop on the other.

Jack and O'Gorman, however, had what appeared to be a burning desire to be all alone and with a big effort between 5 and 9 miles (at which point the time was 44m 30s!) they had established a lead of 20 seconds. Any hopes of individual honours cherished by the following group had by now completely vanished. The further these two went, the diminutive O'Gorman and the taller Jack, his hair bouncing with each stride, the greater the gap became, and Kelly, who had moved up to third, was soon almost out of sight.

Colin, Eric and Len were firmly dug in at 8th, 9th and 15th respectively and Jim Heathfield, confounding everyone, looked very comfortable in 28th place. The wise head of Collis had obviously intervened in Jim's training.

Back to the leaders, where, with 400 yds. to go, Jack produced an amazing turn of speed which completely overwhelmed O'Gorman, with the incredible result that Jack ran out the winner by 14 seconds! It is indeed food for thought when one realises that these two had run throughout at approximately 4m.58s. per mile; how about the marathon Jack?

With Eric and Colin finishing in good style 8th and 9th, no doubts were felt about the team result. A word of consolation to Len Bishop for finishing 14th in a fast time, yet being denied a team prize. However, let this be a reminder that road-running honours are going to be difficult to come by this season.

It was good to see our London to Brighton men, Alan Bishop, MacDonald and Wortley sharpening up early in the season, it is hoped they will soon be starting their long preparation.

A special word of praise to Jim Heathfield, whose time of 89m.28s. would open the eyes of many considered road runners.

If the Mitcham "15" is any criterion, then the Belgrave vest will be well to the fore in all the leading road events during 1957.

Result:-

1st	J.W. Brown	78m.21s.	71st	H.A. Bishop	97m. 2s.
8th	C.N. Collis	84m.40s.	73rd	L. Rolls	97m.12s.
9th	E.J. Gebbett	84m.40s.	76th	J. MacDonald	98m.11s.
14th	L.C. Bishop	86m.32s.	90th	C. Manning	101m. 0s.
28th	J. Heathfield	89m.28s.	98th	W. Wortley	103m.53s.

Team result:-

1st	Belgrave	12pts.
2nd	Thames Valley	21pts.
3rd	Shaftsbury	48pts.

138 finished and 29 teams closed in

CLUB JUNIOR 5 MILES CHAMPIONSHIP (SAVAGE SHIELD)

Out of the many eligible lads who could have run, only four in fact did so - a very poor entry. Right from the start it was a two man battle between Dabbs and Stevens, and the former had to pull out his best to win. The result was as follows:-

- 1, C. Dabbs, 29.30;
- 2, G. Stevens, 29.52;
- 3, J. Radford, 31.46
- 4, W. Couzens, 33.07.

CLUB 10 MILES CROSS-COUNTRY CHAMPIONSHIP26th JAN. 1957

Although the course was below the stipulated distance (approximately $9\frac{3}{4}$ miles), the times were nevertheless very fast. In addition the terrain was rather muddy in places and light rain was falling during most of the race.

The field was off to a fast start but it was not until just after the brook that Jack Brown managed to drop Charlie Walker. Coming up to four miles Brown had a lead of one hundred yards on Walker, with Dave Baulch a similar distance adrift, followed by Eric Gebbett and Ray Tooby a little way behind.

At eight miles Brown was 1 min. 20 sec. to the good, with Walker 20 sec. in front of Baulch, and Tooby, having pulled away from Gebbett, now running fourth.

Over the last couple of miles there were no positional changes amongst the leaders, but the distance between them lengthened, and at the finish Brown came home an easy winner in the excellent time of 50m.27s.

Jack must be congratulated on winning the "Macher Shield" for the eighth time in succession, but we must also extend our congratulations to Charlie Walker—for indeed it is no disgrace to be runner-up to Jack—and Dave Baulch for a really splendid performance.

Full details of the result are given below.

1	J.W. Brown	50.27	12	D.W. Jones	58.30
2	C.W. Walker	52.32	13	A. Bishop	59.21
3	D. Baulch	53.4	14	. Paget	59.22
4	R. Tooby	53.19	15	J. MacDonald	60.42
5	E. Gebbett	54.2	16	C. Henn	60.47
6	L.C. Bishop	55.33	17	E.S. Stimpson	61.3
7	D. Maclean	55.50	18	J. Hunter	61.5
8	E.A. Short	56.6	19	R. Colem	65.5
9	S. Charlton	56.32	20	R. Conway	65.34
10	D. Hooper	58.4	21	A. Jordan	66.17
11	J. Moore	58.10			

Handicap result :- 1st . Paget 49.22 (10.0)
 2nd J.W. Brown 50.27 (Scr.)
 3rd D. Baulch 50.34 (2.30)

Carnival Dance 26th Jan. 1957

Once again the Social Section of the Club did a fine job, and a good time was had by all. Stan Vickers and Ray Hall again acted as Phillip Harbens in the Sausage and Mash Supper Comedy, this time ably assisted by Mrs. Goswell and Mrs. Knifton, who took the part of Mrs. Beatons.

Dancing went very well with all the old-timers lowering their dignity to do rock n' roll; it was a treat to watch.

The various games and activities (mainly organised by Bill Lucas) proved very pleasant interludes, as well as a source of great enjoyment both to those taking part and to those watching.

The A.T.C. Skiffle Group provided some very lively interval music - thanks boys. It only remains for me to ask "When's the next dance?"

' A Fair Admirer '

YOUTHS $3\frac{3}{4}$ MILES CHAMPIONSHIP 26th JAN.

This race, on paper at least, should have been easy for Black but in fact he had to fight every inch of the way, to win by a mere 10 yds. from our rapidly-improving new member Ken Miller. Result:- 1, A. Black, 21.31; 2, K. Miller, 21.34; 3, J. Radford, 22.07; 4, E. Penny, 22.35; 5, T. Hart, 23.09; 6, G. Pooley, 23.15; 7, D. Crooks, 26.44; 8, T. Cornelius, 26.44.

ANNUAL HALF-HOUR PAARLAUF. CHRISTMAS

This event would have had much more support had there not been a friendly fixture with Herne Hill on the same day. When it is considered how much work Arthur Whitehead puts in to this race he must find it very discouraging to have his efforts (unwittingly it is hoped) sabotaged in this manner.

The race itself, run in very pleasant weather, resolved into a dual between a Belgrave pair, Charlie Walker and C. Henn, and two Hercules runners, who together with four others had been invited to compete. When the signal, indicating three minutes to go, was given, Charlie and D. Cobb of Hercules were running together in the lead. It is a very difficult business to try to estimate just how much time is left but Charlie managed it to a nicety and putting in his effort with about ten seconds to go, drew away to win by several yards.

Finishing positions :-

Total distance

1	C. Walker & C. Henn	Bels.	6miles	656yds.
2	D. Cobb & Abercrombie	Hercs.	6 "	646 "
3	T. Caiger & J. Poffley	do.	6 "	608 "
4	J. Edgar & Grant	do.	6 "	380 "
5	C. Collis & Paget	Bels.	6 "	279 "
6	A. Black & D. Crookes	do.	6 "	213 "
7	J. Heathfield & D.W. Jones	do.	6 "	197 "
8	C. Shippen & M.F. Jones	do.	6 "	44 "
9	L. Bishop & S. Szucik	do.	6 "	36 "
10	C. Roffey & C. Manning	do.	5 "	1608 "
11	A. Bishop & E. Stimpson	do.	5 "	1384 "
12	Card & Dickerson	H.H.H.	5 "	1123 "

MATCH V. WESTMINSTER BANK AT EPSOM

28th Dec.

As there was an "A" team match at Wimbledon on the same day we were fortunate in mustering nine runners at Epsom for this pleasant little fixture.

The course of eight miles was genuine cross-country, consisting of hills, mud and plough, with a short stretch of road.

Flanagan ran very well to finish first, beating Gilham of the Bank by 15 sec. They were followed by three Bank runners but as the next six were all Belgravians, the balance was tipped slightly in our favour and we won by one point - a very fair result.

Afterwards we were entertained to tea, for which we were very grateful, and a somewhat strenuous afternoon was brought to a fitting conclusion. Our hosts expressed the wish that we might visit them again next year - fixture committee please take note !

Finishing positions and times of our men :-

1, Flanagan, 51.25; 6, Cousins, 55.42; 7, Bishop, A, 56.31;
8, Boreham, S, 56.50; 9, Szucik, 57.05; 10, Brickwood, 57.35;
11, Penstone, 57.35; 17, Jones, 62.40; 18, Matthews - off course.

1st Belgrave Harriers 52 pts.
2nd Westminster Bank 53 pts.

SOUTH OF THE THAMES SENIOR

Held at Maidenhead on Feb. 2nd over an extremely heavy course this race proved a big disappointment for the Club when our team could finish only 15th. We do not agree with the view held in some parts of the Club, that reports of races in which

the Club is unsuccessful should be withheld from this magazine.

This attitude, which we feel is quite wrong, probably explains the almost complete lack of news from the Cross-Country Section. We cannot therefore give any details of individual performances in this race as they are not in our possession.

We can only hope that someone will do something to remedy this unsatisfactory state of affairs and see to it that we are regularly supplied with results, be they favourable or otherwise.

NEW YEAR CELEBRATIONS DEC.29th.

It seems an understatement to say the evening was a resounding success, in the light of the gaiety, fun, entertainment and the whole gamut of carefreeness devised by our Social Committee.

Bangers, grilled to a turn, potatoes, bashed and pounded to insensibility by a team of master cooks, headed by such International figures as Messieurs Vickers, Hall and Goswell with a posse of Presidents to act as scullions. The resulting "Chef-d'oeuvre", supported by lashings of tea, rolls and butter, etc., was treated with suspicion until the full delicacy of the masterly preparation was appreciated with ories more.

This was a prelude to a programme of carnival festivities which for gaiety, fun and whole-hearted co-operation from all, led to an ever-to-be-remembered evening. Nothing appeared forgotten or left to chance. That difficult warming up period was successfully negotiated by a series of games, chief of which was sniffing at mysterious looking bags. The consequent fun soon broke the ice. A "Skiffle Band" performance introduced by Eric Penny thoroughly livened up the interval and the numerous encores were sufficient proof of appreciation. Thank you Eric and your colleagues for their grand show.

It is unnecessary to dwell on the lovely and charming ladies present, they were indeed all beautiful, sufficient to thank them for their presence and co-operation; our reward is to see them so thoroughly enjoying themselves.

Finally a word of appreciation to our Social Committee for a wonderful evening, particularly to Bill Lucas for his grand job as M.C. to which we were all indebted, and to Tom Carter for all his work so enthusiastically carried out.

Harry Shields.

SOUTHERN COUNTIES C.C. CHAMPS. EPSOM. FEB.16th.

Senior race.

We are back amongst the top Southern clubs again as a result of the fine performance of our team in finishing 3rd. behind South London and Thames Valley.

Our six scoring men, led by Jack Brown, were all well placed throughout, and whilst commendably they held those placings, one did not see the spectacle of the claret and gold vests moving up through the field in last desperate attempts to whittle away those points. However, let nothing detract from their performance, it was a welcome and heartening sight, and it should not be overlooked that the course was one mile short.

A fast start saw a keen struggle for the lead with our second claim member, Bill Bird of Ranelagh actually leading during the early stages. Ken Norris and Peter Driver soon asserted themselves however, and pulled away from Ibbotson and Firth. Jack Brown was well placed, closely followed by Pete Newell, making one of his rare appearances and proving that potentially he is a first class cross-country runner.

Then came Chas. Walker, Pete Bagnall, Dave Baulch and Eric Gabbett, all running strongly and all four within reach of one another but unable apparently to join forces, a fact which probably cost us second team place.

Although still very husky from a heavy cold, Shippen was about the 100 mark with Len Bishop, Eddie Short and Jim Heathfield

further back. And so it was, our lads hung on grimly to their early gains and ran out a good third with Jack Brown, a little disappointed perhaps, our first man home.

The Bels were ably backed up by the moral and vocal support of many members, and it was good to see Tom Carter, a most decidedly active President, whipping 'em up along the line. Many of us know from past experience, especially as juniors, what encouragement is derived from the attendance of Club officials of whatever capacity, at events of this nature. This was brought to mind even more by the presence of Ernie Duffett, whom we were glad to see looking fit and well.

Arthur Penny seems to have earned the respect and loyalty of those juniors under his care and it is to be hoped that his efforts will be rewarded next year by some real team running again in those events in which we were once so prominent. Latent talent will not pass Arthur's eye unnoticed.

Our sages tell us that we always perform better in the National than in the Southern, so let us look to even better news after the Parliament Hill battlefield on March 9th.

Positions :- 10, J.W. Brown 44.48; 24, P. Newall 45.48; 43, G.W. Walker 46.41; 55, P. Bagnall 47.10; 57, D. Baulch 47.14; 63, E. Gebbett 47.28.

Other positions are not to hand.

Team result :-

1st	S. London H.	89pts
2nd	Thames Valley H.	230 "
3rd	Belgrave H.	252 "

Junior race.

Charlie Dabbs, the club champion, was a non starter owing to a foot injury and T. Tupper dropped out due to stomach trouble.

Positions :- 20, G. Flanagan; 72, G. Stevens; 130, W. Cousins.

Youths race

At two miles Black unfortunately collided with a post and was forced to retire. He does seem to be a most unlucky runner; in the Surrey Championship he went off course when in second position.

Positions :- 22, K. Miller; 70, J. Radford; 125, T. Hart.

Open Field Events Meeting at Battersea, March 2nd.

Our first promotion of this nature was blessed with almost summer like weather and 66 entries were received. Our own entry was good, but it was sad to find our Shot and Discus men missing.

Roy Liggins 2nd in the Javelin was a good effort, as was that of promising new member Ware in 6th place. Mal Ash only did two events, getting a 1st and 2nd, and Charlie Jones also got a double of "sorts".

Pole Vault.

1st F. Stent (Fulham)	11ft.6ins
2nd M. Ash (Bels)	11ft.0ins

High Jump.

1st M. Ash (Bels)	5ft.10ins
4th P. Luxon	20ft.9ins

Long Jump.

1st A. Cruttenden (Poly)	22ft.9 $\frac{1}{2}$ ins
5th D. Ansell (Bels)	21ft.4ins
6th C. Jones (Bels)	21ft.0ins
P. Luxon (Bels)	20ft.9ins
I. Mayers (Bels)	18ft.8ins.

Triple Jump.

1st F. Alsop (Hornchurch)	45ft.1ins
4th C. Jones (Bels)	43ft.8 $\frac{1}{2}$ in
P. Luxon (Bels)	41ft.6ins
H. Powell (Bels)	36ft.6 $\frac{1}{2}$ in

Shot.

1st A. Siler (Oxford)	47ft.4ins
I. Mayers (Bels)	31ft.11 $\frac{1}{2}$ in
D. Butler (Bels)	30ft.4 $\frac{1}{2}$ ins

Javelin.

1st R. Davies (London U.A.C.)	193ft.5ins
2nd R. Liggins (Bels)	170ft.11ins
6th J. Ware (Bels)	157ft.8ins
H. Powell (Bels)	151ft.8ins

Discus.

1st P. Isbester (Ilford)	150ft.10ins.
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WALKING NOTES.

These are, of necessity, brief, but tell of the continued progress of the Club. To others I have left the Olympics, but I am sure I echo the sentiments of all when I say, "Well done Eric and Stan, you were a credit in every way to the Club". With these two, ably backed up, we have great hopes of winning the National 10 again; Sheffield eight years running is too much!

Tuesday evenings throughout the Winter have seen good turn-outs at the hall. As a result we lead the Southern clubs in the Winter "Opens" again. We have a fine crowd of up and coming Juniors and welcome Bryan Cormick, George Barratt, M. Small and John Gilbert. May they look back with pride on the day they became "Bels".

Coach Don Brown is always pleased to help you, and we start our track season soon. We want a good school at Battersea on Tues. and Thurs.; it is essential to all short distance men, whom we look to, to regain our Inter-Club Track Title this year, whilst we hope the long distance men also retain our hard won titles.

I hope to issue dates of fixtures we are supporting this year, along with the R.W.A. 20 and Kilos and the Brighton.

We look forward to a grand Summer and to A.A.A. titles for Stan and? - who knows?

Rally round supporters, your vocal efforts are needed to drive the "Bels" along. Unless we get more support we may have to discontinue the hire of a coach for the Brighton; a nearly empty coach on the journey down is such an expense - the competitors could more cheaply return by train. Let me know early please so that I can see whether a coach is warranted.

Training with a happy crowd is great fun. Experiences gained are many. Stan Vickers, back from Melbourne, revealed his prowess in cooking "Bangers" . Come along, join in the good fellowship that is to be had. Reap the benefits of FITNESS.

In closing, my thanks to all who have helped me in various ways during a busy season. By their ever-ready help and co-operation they enabled the Club to stage another successful Open Walk and the S.R.W.A. Garnet Cup Championship.

Thank you, one and all,
Yours, Jack Goswell.

CLUB 10 MILES CHAMPIONSHIP (MURPHY SHIELD)

Chiefly due to a clash with the Stock Exchange 7 miles championships, only 29 walkers started, and we were without Stan Vickers, Ray Hall and Dave Stevens.

Eric Hall retained his title, winning by 34 sec. from 2nd claim member George Williams who had travelled up from Worcester (that's enthusiasm). In the championship Dave McMullen was 2nd and Syd James 3rd. Dave just pipped Williams for the handicap with Bob Readman a popular 3rd. What a pity Bob's new job prevents regular attendance, our youngsters could benefit from him. A match versus Met. Police was held in conjunction with the race which we won by scoring 90 pts. to 192. In true Belgrave style, a tea and social followed the race: in all, a thoroughly enjoyable day. Result of club championship as under:-

1 E.W. Hall	79.38	12 C. Yescombe	91.27
2 G. Williams	80.12	13 J. Keown	91.40
3 R.D. McMullen	80.26	14 G.E. Beecham	92.11
4 S.C. James	80.51	15 C. Edwards	92.24
5 E.A. Smith	80.53	16 H.W. Shields	92.59
6 P.J. Miller	82.59	17 A. Readman	94.16
7 H. McGreechan	86.37	18 J. Wilson	96.09
8 R. Newson	86.37	19 C. McLennan	96.30
9 J.G. Coleman	87.39	20 D. Logan	98.19
10 F.G. Rolfe	89.42	21 S. Spencer	101.35
11 G.S. Doubleday	89.57	22 B. Barrett	101.35

RESULTS OF COUNTY 10 MILES CHAMPIONSHIPS23RD FEBRUARY, 1957SURREY AT MITCHAM

We started two teams, and 44 walkers faced the started in driving rain. Eric Hall took the lead, closely followed by George Williams. Eric broke away after half-a-mile and thereafter was in no danger of defeat. 63 sec. up at the half distance, he won by 2 min.15sec. from George, who had walked well and always held second place from Dave McMullen who suffered from cramp at 7 miles, but held 3rd place, finishing almost 2 min. ahead of the fourth man.

We scored 1,2,3, with Ray Switzer 9th and Joe Coleman 10th. Ray Hall, walking as an individual gained County colours by finishing 6th. Jim Edwards, in his first County 10, performed well. Our "B" team was completed by Joe Wilson, George Webb and Dan Logan, who suffered from the cold. What a distance man Webb would make with regular training! He has obvious potential.

Summing up - a grand repeat performance by Eric and a first class team.

1. E.W. Hall	75.58	13. G. Beecham	87.57
2. G. Williams	78.13	15. G. Doubleday	88.06
3. R. McMullen	80.17	18. C. Edwards	89.09
6. R. Hall	82.53	27. J. Wilson	93.33
10. R. Switzer	85.19	33. G. Webb	96.38
11. J. Coleman	85.59	36. D. Logan	99.30

43 finished

Team result:- 1st Belgrave "A" 15pts.
2nd Surrey W.C. 24pts
3rd Surrey A.C. 61 "
5th Belgrave "B"107 "

KENT AT BEKLEY

Stan Vickers retained his title, winning by the incredible margin of 7m.32s. in 78m.14s. Another new course record (that's three on the trot). Well done Stan!

MIDDLESEX AT EASTCOTE

Driving rain for a couple of hours or so before the start of this race threatened almost impossible conditions, but fortunately it eased as the competitors started on the hilly course. We had eight walkers competing for Cadogan A.C. and although our chances of a win were slender, we were not without hope. Metropolitan W.C. soon put paid to these by a splendid exhibition of team walking, eventually winning with the absolute minimum score of 10pts., finishing the first four home.

Ted Smith was our great hope for the individual title and at two miles had a lead of a few yards over the field. From the three mile point however, he must have become very tired at the sight of Met vests for he found himself walking with six or seven of their men from then on. Eventually Ted finished sixth, a creditable performance. George Checkley walked strongly in the second half of the race, gaining several places and finishing just in front of Bob Newton who walked evenly throughout. Our fourth man, Hugh McGreeohan lost several places in the last two miles but our margin over the third club, Polytechnic H., was always an appreciable one.

Of our others, Cyril Yescombe and Harry Shields had their usual social outing, and George Place and Syd Spencer seemed to enjoy their trip round this corner of Middlesex which still has fields and trees to show something remaining of a rural atmosphere.

Finishing positions and times of our men:-

6. E.A. Smith	81.54	30. C. Yescombe	92.37
9. G. Checkley	83.09	31. H.W. Shields	92.51
10. R. Newson	83.27	40. G. Place	97.30
18. H. McGreechan	86.21	41. S. Spencer	101.19

Team result:-	1st Metropolitan W.C.	(1-2-3-4)	10 pts.
	2nd Cadogan A.C.	(6-9-10-18)	43 pts.
	3rd Polytechnic H.	(11-15-17-21)	64 pts.

THE R.W.A. "GARNET CUP" CHAMPIONSHIPAt Belgrave Hall2nd Feb. 1957

Local arrangements for this Southern 10 miles event (which is a "limited" Championship in that many barring clauses operate) were entrusted to us by the Race Walking Association; and we are confident that this trust was not misplaced. Our excellent accommodation at Belgrave Hall is indeed a great foundation to build upon, and with Jack Goswell and Arthur Whitehead working like beavers to ensure faultless arrangements for the planning and conduct of the race, and with Syd Roberts in charge of the scoring and recording details, we had all the ingredients for the perfect promotion. All that was needed in addition was reasonable weather and a good field - and these, too, were forthcoming.

Stan Horton, Chairman of the R.W.A. Southern Area, started the field of 114 walkers, and C. Williams of Ilford A.C., the favourite, was soon in the lead and retained this to finish a very worthy winner from A.G. Thomson of Met. W.C. with M. Tadd of Brighton A.C. third.

As our winning team of last year was no longer eligible and as many of our other walkers have previously shed their "Junior" status, we realised that our team prospects could not be considered of the brightest; but that they would give of their utmost we were sure, and we could not ask for more than that.

The team race was keenly fought out and at one time was very open, but Met. W.C. gradually strengthened their hold to eventually finish easy winners. Woodford Green took second medals, and Brighton A.C., by two points, deprived us of third place.

We had expected Trevor Luck to take a forward position in this year's race but he unfortunately broke a wrist a fortnight earlier, thus belying his name, and must wait another year. True he started but it was a forlorn hope with arm in plaster from wrist to elbow and training lost; he did well and revealed great pluck in finishing the race. Our three, Ray Middleton, Nick Milsum and Ray Switzer pursued a steady course together for the first half of the race and then began their advance through the field, with Middleton proving himself our best man on the day, finishing in 14th position. Our team was completed by Cyril Yescombe, and thereafter the Belgrave vests followed in at intervals until we had finished twelve men of the 107 completing the course. When next year's event comes round we are sure that many of our walkers will be showing that they have made progress; and one of our boys who should assuredly make the grade is John Keown.

In conclusion, a pat on the back to our team and the assurance that we shall be among the placings again next year; and our renewed sincere thanks to all who helped with the event, with particular reference to the herculean labours of Jack and Arthur.

RESULT

1, C. Williams (Ilford) 79.40; 2, A.G. Thomson (Met.) 80.06; 3, M. Tadd (Brighton) 81.11; 14, R. Middleton, 85.43; 20, N. Milsum, 86.29; 28, R. Switzer, 87.55; 32, C. Yescombe, 88.43; 35, F.G. Rolfe, 89.17; 51, J. Keown, 91.39; 73, C. MacLennan, 95.37; 77, D. Logan, 96.12; 79, G. Snook, 96.33; 85, T. Luck, 98.33; 89, G. Webb, 99.52.

TEAMS

1, Met W.C. 36pts. 2, Woodford Gn. 77pts. 3, Brighton A.C. 88pts.
4, Belgrave H. 90pts. 5, Polytechnic H. 91pts. 14, Belgrave H. "B" 286pts

THE OLYMPIC GAMES

By Eric Hall

Our quarters were situated in the Olympic Village, Heidelberg, 10 miles from the Stadium and we reached them at 7a.m. on 12th Nov. 1956 after a five day flight from London. The accommodation was pretty good except when it rained - as it did early in our stay - then everything was thick mud. Also excellent was the food, with great variety as well as quantity: indeed if one tackled every meal one couldn't do any training.

The Opening Ceremony on Nov. 22nd will always be remembered as the big moment of the Games. We were driven the 10 miles to the stadium in coaches and the streets were lined with cheering crowds. The actual march of $\frac{1}{4}$ mile into the stadium was used by the crowd for some good-humoured bantering such as: - "Where's the Ashes?" "What about Jim Laker!" We managed, however, to hold our own.

At last the Games were open and we were greeted with our first spell of warm weather - 84degrees. Soon the athletes were holding the attention of over 100,000 spectators every day and on the Friday the first finals were decided. You know the results by now so I will not dwell on the details, but certain things, however, stick in one's memory at every athletic meeting. First of all, the machine-like running of Kuts - 400m steady, 70 to 100m fast - "steady" being 68s. in the 10,000m and faster still in the 5,000! Then the ease with which Bob Morrow completed the first double sprint victory since Jesse Owens's in 1936. Greg Bell long-jumping 25ft odd with a damaged leg-muscle which finally "went" on his last jump and Derek Johnson so nearly beating Tom Courtney in the 800m.

One of the highlights of the Games was the high-jump duel between Dumas of the U.S.A. and unknown Porter of Australia - Dumas who found it too much trouble to convert metres to feet and Porter who peered at the bar before jumping.

Bob Richards needed three attempts to qualify in the pole vault and Oerter, who had not seen a discus a year ago, won the Gold Medal, while our own Mark Pharaoh missed third place by five inches. In the javelin, Danielsen never really got loosened up until his last throw when he threw it almost out of the arena to record over 280ft.

We had our sad moments also, the last Saturday proving the worst day, with our comparative failure in the 1500m - I do not mean failure in the extreme sense of the word, as a 4m.2s. mile is no flop! At that time I was out on the marathon course and saw Ron Clark and Fred Norris run themselves to a standstill and finally retire, to leave Harry Hicks gamely battling on to the finish, although being attacked with cramp on the track. However, our three relay teams kept the flag flying.

The girls track events were shared amongst the Australians with our girls making the 100 & 200 metres finals, while the field events were dominated by the Russians.

Perhaps the greatest moment of the Games, for me, was to see two of our men leading an Olympic field - and one of them a Belgravian. I mean of course, the 20km. walk in which Stan Vickers put up such a remarkable performance in holding off the Russians for so long and then giving chase in faultless style. Indeed, by his style, Stan earned for himself the title of "The Walker".

I must not overlook the fact that we won a Gold Medal - all praise to Chris Brasher - "the hack who finally became a Champion". So much has been said and written about this event that I do not intend to say anything except that the two steeple-chasers, Rozsnyoi and Larsen, were great sportsmen.

The 50km. walk brought us a spot of bother when Don Thompson, who was in fifth position at the time, collapsed from the heat with only 3kms. to go. He was taken to hospital but fortunately made a very quick recovery and now shows no ill effects. The

feeding arrangements for this race and for the Marathon were good as was the policing of the courses.

The judging in the 20km. walk left much to be desired and Stan should have had at least a bronze medal. However, we should be thankful for the fact that there were no international incidents. Stan was selected for the British Empire versus U.S.A. meeting but owing to the chaos it is not certain where he finished. He apparently had a good time in Sydney and it should be noted that the aforementioned city is now back to normal!

We flew home via the United States, so making a round-the-world tour of 27,000 miles, a month's holiday and an unforgettable experience. As Stan says, "roll on 1960".

Eric Hall

P.S.

We would both like to thank all those Club members who gave us their best wishes before we left. We would add that even if we didn't win we at least took part and had a very good try.

E.W.H. & S.F.V.

COACHING

Our coaches these days may not be numerous but we will do all we can to assist anyone who will take the trouble to seek our advice. Frank Simmons will as usual be looking after the sprinters and relay-teams and putting in a tremendous amount of hard work. Stan Davies, Charlie Smart, Arthur Penny and George Isaac can give you assistance in the middle and long distances.

Micky Pyer will be continuing his good work with the boys and youths and all our younger members should get to know him.

I, myself, can, I hope, help all budding Field Events men and will seek to improve the better performers.

Having mentioned that our Coaches are none too numerous, I would welcome any offers of assistance from people who think they are past their best and would like to help the younger members. A number of Coaching Courses are run throughout the season which, if attended, will give anyone a good insight into modern methods of training and technique.

Some of these courses are for active athletes too and will benefit anyone who attends and more particularly if he takes his coach along with him. I shall have details of these from time to time and will be only too glad to pass them on to those interested.

T.C. Jones,
Coaching Hon. Secretary

FIELD EVENTS GOSSIP

The Field Events Notes in the last issue were, I'm afraid, rather scanty owing to pressure of space.

The Summer Season is fast approaching and I hope all Seniors, Juniors and Youths will be getting down to training in earnest for the coming fixtures.

Your Captain, Mal Ash, Vice Captain Dave Ansell and myself want your full support so that we can turn out strong teams. What we want to see more than anything else is the name of Belgrave well represented in County, District and A.A.A. Championships. You may not be good enough to win or get a place but there are standard certificates or medals to be won. The entries of our Youths and Juniors are particularly needed in these events. I will be able to supply all information as to dates and venues of these meetings in due course.

Our main effort this Summer will be to retain the Sward Trophy which we won so handsomely last year. This meeting will take place at Chiswick on May 11th and there is no reason why we should not have a very strong team.

I remember our first puny efforts in this competition some

eight or ten years ago when we only gained half a point - how we gradually built up year by year culminating in success. Go to it lads and retain that Trophy.

Just a "by the way" here - in the past our Cross-Country and road-relay teams have had great vocal support. There is no reason why such a meeting as "The Sward" cannot be just as interesting. Throwers and Jumpers will respond to encouragement by Club-Mates and Supporters in the same way as runners and walkers. They'd be glad to see and hear you at Chiswick.

Thames Valley Harriers started last year a Winter Field Events Meeting and again this year put on a similar meeting. Roy Liggins, Ted Gaworski and Percy Porter competed. Percy was 2nd in the Hammer and Ted was in the first six in the Discus.

We ourselves decided to promote a similar meeting on March 2nd at Battersea. Support from all Club members is essential and I have been promised entries from some of the top performers in the London area. Let's trust the weather will be kind and so help to make this a worthwhile effort.

During the season we shall have the usual Club matches. We have received invitations to compete in most of the big trophy matches including the "Kinnaird" and "Brookman". Your efforts last year were all well rewarded and this year we should do even better.

Mal Ash assures me he will be making his usual stupendous efforts again and we hope to see him pull off the A.A.A. Decathlon as well as successfully defending his Surrey and Southern titles.

John Powell Jones and Dick Harris will, I hope, get nearer that 50 feet with the shot and Ted Gaworski be as consistent as ever with both shot and discus.

Our Long-Jumpers are quite strong again with Percy Luxom, Dave Ansell, Charlie Jones, Adjei and Mal Ash all round about or over 22 feet. I hope to see Dave Ansell do 23 feet consistently. Luxom and Jones together with Norman Caves are our main Triple-Jumpers and should do well.

Our Javelin men, Roy Liggins and George Edwards, should both improve and get nearer the 200 ft mark.

We also have a number of promising Juniors including Reg Chamberlain who got 2nd place in the Surrey Long Jump last year and we hope to see more Youths competing along with Colin Clair and Malcom Draper.

In addition to the Club matches we shall, as usual, hold some Handicaps and I would like to see these better supported than in the past. These events are ideal for some of you runners to try out a new event and who knows, some of you may show more potential here than in the distances you have been struggling over in the past.

T.C. Jones
Field Events Hon. Secretary.

THE CHILDREN'S PARTY 6th Jan. 1957

Like the dance the week before, this party went off very well, although it was quite noticeable that the adults outnumbered the children easily. The food and drinks were catered for by the ladies of the Club, Mesdames: Carter, Shepherd, Savage, Penny and Morrell, while their better halves thoroughly enjoyed themselves entertaining the "kids".

Bob Taylor deserves special mention as he really worked hard keeping the older boys amused with balloon football - well done Bob! Father Christmas gave a very convincing performance and presented each child with a gift, I'm sure some of the grown-ups were jealous - I know I was. Musical songs and games were arranged by Auntie Brenda and Uncle Bill Lucas with Auntie Joan at the piano. On behalf of the children and lookers-on I would like to say - a big thank-you to all the helpers - we thoroughly enjoyed ourselves. By the way, Mr. Harry Evans, the cake was delicious - thank you.

P.S. I would like to ask the great Mr. Stanley Vickers to look after his hot-dogs in future - one was found on the kitchen floor, exactly a week and a day after it was cooked!!!!

'A Fair Admirer'

We are pleased to include the following letter from Arthur Whitehead, to whom the Club owes so much :-

Dear Editors,

Now that the Cross-country season has unfortunately ended, may I express, through you, my thanks to those who have assisted the Club by marking courses throughout the Winter. This is, whatever the uninitiated may think, an extremely difficult and energetic task and our reward is in the knowledge that nobody (perhaps Dooley would prefer me to say no visitor) went off course.

It is delightful to think that we have been able to assist such a variety of organisations as our County AAA, the Stock Exchange, the Breweries, Boy Scouts and Catholic Schools and all of these have expressed their deepest appreciation which I would wish to pass on to all concerned in full measure. We are entitled to assume also that the marking of Club Championship courses and inter-club matches is appreciated.

Upon the "stores" side may I thank Arthur Penny for the poles which have so much improved and brightened our Finish, George Beecham for a further consignment of flag material, Gordon Biscoe for making the Finish remain upright and Mrs. Edgar for the colourful flags she so kindly made for the starting pens of the County Senior race.

The other side? The incessant sabotage of our marks by small boys; false courses laid; flags destroyed and stolen; really frantic last second re-markings. Yes there always problems but don't let's dwell on them too much. Who knows, some of our members other than the odd dozen who have helped this year may next year come along too and we may at length even be able to persuade some of our older runners that it is not asking too much to expect them to take their very serious and important training run round the marks rather than in Richmond Park. But I doubt it.

Yours etc.

Arthur Whitehead.

"AT LAST"

I have a stock of lightweight sleeveless vests that you have all been waiting for, so get yourself one now. They are obtainable in four sizes, 34/36/38/40, at the very low cost of 8/6d. Other items include:- Blazer badges, 22/6d., Ties 9/6d., Vest badges, 2/6d., Coat badges, 3/-, Long-sleeve vests, in four sizes, 14/6d.

Any of the above are obtainable from me at Battersea Park track on Tuesday evenings, or by post, postage 6d. extra.

T.F. Morrell,
81, Carlton Road,
Walton-on-Thames,
Surrey.

Note

Your President, Tom Carter, has prepared a metal badge suitable for your car or motor-cycle. These are in aluminium, the size of a blazer badge and coloured. The cost will be approximately 15/- each.

The cost of the die for these badges has been borne by the President, so please give the scheme your full support by ordering a badge now.

Tom Morrell

The Road Runners Club are campaigning for the re-introduction of the A.A.A. 10 mls. Track Championship. As we have men capable of bringing this title into Belgrave hands, we hope our representatives on the appropriate committees will see that full Club support is given to any proposals to this effect.