

The English National 6-Stage Road Relay Championship for Women was inaugurated in 2000 and for the first fifteen years was held over equal length stages. A couple of longer stages were added from 2015, giving the event more of the flavour of the men's race; however, the race reverted to being held over six equal length stages in 2024 when traffic was allowed to enter the park at Streetly Gate at the far end of the course and the long stage was no longer useable. The length of the stages has varied over the years, thus annoying statisticians who like to compare the runners of today with those of earlier eras. From the very first race until today, entry has been open to all clubs, without them first having to rely on negotiating an area qualifying race.

Belgrave's debut was in the third edition of the race, in 2002, where on the initial stage Birhan Dagne led the charge up the hill to the take-over; the team ended up 5th that day. It was a mixed bag of results in the following two decades but nevertheless, by 2025, claret & gold vests had featured in the top ten team places no less than nine times and with two consecutive places just off the podium and complete 'B' and 'C' teams now backing up, medals were surely not far away.

Indeed, they were not! In 2026 Nancie Bowley waltzed into the lead on stage three after the initial two stages had seen the Belles in 3rd and 2nd. Then after two more stages in the silver medal position, Juliet Hodder had the glory of taking the Club to the tape for our first ever win ... with the 'B' team in a superb 8th place.

Mention must be made of Kate Axford's amazing run in 2023 when she set the equal third fastest time on the 3.165 mile lap which was in use for 11 years.

Figures in brackets ( ) after each team member's name indicate the team's position after that athlete's run. A following number, if present, represents the runner's ranking among the top ten fastest times on that stage. If a third number is present, then that indicates the athlete's ranking among the top 30 times for the entire race. I.e. (7, 6, 16) = team lying 7th, 6th fastest on the stage, 16th fastest for the day.

Team managers: Catherine Eastham (2002-2010), Will Cockerell (2011-2015, jointly with Charlie Dickinson in the latter years), Charlie Dickinson (2016-2026).

**Sutton Park, Sutton Coldfield (1) 2000-2013** – Stage length 2.995 miles (although described as 3 miles 8 yards before 2004). It is assumed that it was, nevertheless, an identical course each time, with a total distance of 17 miles 1,708 yards, or 28.92 km.

2000	-	-	29 Apr. – Belgrave did not take part. Teams: 1 Shaftesbury Barnet H. 1:40:33, 2 Birchfield H 1:42:19, 3 Tipton H 1:44:00; 24 teams started, 18 finished, of which 1 dq. At least 114 runners, fastest: Hayley Yelling (Borough of Hounslow AC) 15:58 on stage 3.
2001	-	-	28 Apr. — Belgrave did not take part. Teams: 1 Charnwood AC 1:42:47, 2 Sale H 1:42:49, 3 Shaftesbury Barnet H 1:43:12; 38 teams started, 34 finished of which 1 dq. 214 runners, fastest: Hayley Yelling (Borough of Hounslow AC) 15:47.
2002	5th	1:45.39	20 Apr. — Birhane Dagne (1, 1, 5) 16:19, Tania Sturton (10) 18:54, Erica Fogg (11) 18:24, Maria Sharp (6, =2 =28) 17:07, Juliette Clark (4, 4) 17:17, Anna Hegvold (5, 8) 17:38. Teams: 1 Bristol AC 1:39:22, 2 Shaftesbury Barnet H 1:41:32, 3 Liverpool H & AC 1:43:29; 34 teams finished. At least 204 runners, fastest: Lucy Elliott (Shaftesbury Barnet H) 15:55 on stage 6.
2003	11th	1:54.12	26 Apr. — Maria Sharp (9, 9, 18) 17:01, Louise Cooper (17) 19:49, Helen Alsop (17) 19:19, Angela Walker (14, 9) 19:26, Helen Smethurst (11, 8) 19:09, Juliette Clark (11) 19:28. Teams: 1 Sale H Manchester 1:41:00, 2 Windsor, Slough, Eton & Hounslow AC 1:44:56; 3 Chester le Street & Dist. AC 1:45:32; 44 teams started, 28 finished. 217 runners, fastest: Hayley Yelling (Windsor, Slough, Eton & Hounslow AC) 15:59 on stage 6.
2004	-	-	24 Apr. — incomplete team; Rosie Powell (29) 18:54, Juliette Clark (21, 7) 17:44, Helen Alsop (19) 19:12, Louise Cooper (20) 19:21, Catherine Eastham (21) 21:41. Teams: 1 Coventry Godiva H 1:42:46, 2 Tipton H 1:43:13, 3 Shaftesbury Barnet H 1:45:51; 54 teams started, 41 finished. 286 runners, fastest: Helen Clitheroe (Preston H) 15:41 on stage 1.
2005	21st	1:53:12	23 Apr. — Sarah Murphy (36) 18:35, Birhane Dagne (15, 4, 11) 16:44, M. 'Tilly' Heaton (14) 17:59, Helen Smethurst (13) 18:51, Louise Cooper (15) 19:50, Catherine Eastham (21) 21:13. Teams: 1 Bristol & West AC 1:43:32, 2 Shaftesbury Barnet H 1:45:04, 3 City of Glasgow AC 1:45:09; 59 teams started, 42 finished. 308 runners, fastest: Kate Reed (Bristol & West AC) 15:42 on stage 6.

2006	17th	1:53:59	8 Apr. — Juliette Clark (28) 18:03, Helen Smethurst (28) 19:28, Catherine Bryson (24) 18:27, Victoria Edwards (24) 19:57, Louise Cooper (22) 19:09, M. 'Tilly' Heaton (17) 18:55. Teams: 1 Chester-Le-Street & Dist. AC 1:44:12, 2 Winchester & Dist. AC 1:44:42, 3 Bristol & West AC 1:44:49; 63 teams started, 45 finished. 325 runners, fastest: Harriet Dean (Hallamshire H) 16:16 on stage 1.
2007	10th	1:47:15	14 Apr. — Birhan Dagne (3, 3, 9) 16:23, Vicky Clarke (3) 17:47, Sarah Gailey (9) 19:04, M. 'Tilly' Heaton (10) 18:18, Juliette Clark (10, 10) 18:27, Catherine Bryson (10) 17:16. Teams: 1 Charnwood AC 1:41:14, 2 Aldershot, Farnham & Dist. AC 1:41:23, 3 Chester-Le-Street & Dist. AC 1:41:56; 56 teams started, 45 finished. 298 runners, fastest: Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:57 on stage 6.
2008	-	-	26 Apr. — Belgrave did not take part. Teams: 1 Aldershot Farnham & Dist. AC 1:41:48, 2 Chester Le Street & Dist. AC 1:41:52, 3 Winchester & Dist. AC 1:44:45; 58 teams started, 49 finished. 320 runners, fastest: Juliet Potter (Charnwood AC) 16:06 on stage 6.
2009	-	-	18 Apr. — Belgrave did not take part. Teams: 1 Charnwood AC 1:38:14, 2 Aldershot Farnham & Dist. AC 1:38:21, 3 Bristol & West AC 1:40:44; 63 teams started, 47 finished. 328 runners, fastest Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:15 on stage 5.
2010	-	-	17 Apr. — incomplete team; Sarah Murphy (18,) 17:43, Samantha Amend (15) 17:55. Teams: 1 Aldershot Farnham & Dist. AC 1:40:30, 2 Swansea H 1:44:27, 3 Coventry Godiva H 1:45:40; 60 teams started, 44 finished. 314 runners, fastest: Stephanie Twell (Aldershot, Farnham & Dist. AC) 15:22 on stage 6.
2011	24th	1:58:21	9 Apr. — Lenka Vseteckova (16) 17:30, Amy Linford (29) 20:04, Louise Blizzard (27) 18:55, Vicki Goodwin (25) 19:45, M. 'Tilly' Heaton (22) 19:38, Rieko Trees (25) 22:29. Teams: 1 Aldershot Farnham & Dist. AC 1:41:21, 2 Charnwood AC 1:45:46, 3 Swansea H 1:47:25; 66 teams started, 49 finished of which 2 dq, and 1 n/s. 350 runners, fastest: Charlotte Purdue (Aldershot, Farnham & Dist. AC) 15:23 on stage 6.
2012	11th	1:49:25	14 Apr. — Sarah Murphy (26) 18:04, Mary Grace Spalton (24) 18:44, Birhan Dagne (21) 19:15, Samantha Amend (15, 5) 17:18, Fiona Maycock (13) 18:29, Louise Blizzard (11, 6) 17:35. — B team. incomplete team; Vicki Goodwin (42) 20:25, Maria Sharp (38) 20:22. Teams: 1 Aldershot, Farnham & District AC 1:36:30, 2 Swansea H 1:41:27, 3 Leeds City AC 1:42:42; 51 teams started, 37 finished. 263 runners, fastest: Charlotte Purdue (Aldershot, Farnham & Dist. AC) 15:29 on stage 2.
2013	13th	1:49:32	13 Apr. — Josephine Rhodes (29) 18:28, Rose O'Brien (30) 18:56, Louise Blizzard (27) 19:03, L. 'Tish' Jones (14, 3, 18) 16:51, Samantha Amend (13, 8) 17:44, Fiona Maycock (13) 18:30. — B team. incomplete team; Vicki Goodwin (51) 21:46, Alison Heydenrych (41) 18:53. Teams: 1 Aldershot Farnham & Dist. AC 'A' 1:37:56, 2 Aldershot, Farnham & Dist. AC 'B' 1:43:06, 3 Bristol & West AC 1:44:13; 59 teams started, 50 finished of which 2 dq. 324 runners, fastest: Katrina Wootton (Coventry Godiva H) 15:39 on stage 2.

**Championship course record and progression**

1:40:33	Shaftesbury Barnet H.....	2000
1:39:22	Bristol & West AC.....	2002
1:38:14	Charnwood AC.....	2009
1:36:30	Aldershot, Farnham & Dist. AC.....	2012

**Fastest 20 teams**

	pos.	
1:36:30	Aldershot, Farnham & Dist. AC.....	1st ....2012
1:37:56	.....	1st ....2013
1:38:21	.....	2nd ....2009
1:40:30	.....	1st ....2010
1:41:21	.....	1st ....2011
1:41:23	.....	2nd ....2007
1:41:48	.....	1st ....2008
1:43:06	'B' Team.....	2nd ....2013
1:45:14	'B' Team.....	5th ....2012

1:38:14	Charnwood AC.....	1st ....2009
1:41:14	.....	1st ....2007
1:42:47	.....	1st ....2001
1:39:22	Bristol & West AC.....	1st ....2002
1:40:44	.....	3rd ....2009
1:43:15	.....	4th ....2012
1:43:32	.....	1st ....2005
1:44:13	.....	3rd ....2013
1:44:49	.....	3rd ....2006
1:45:35	.....	4th ....2008
1:40:33	Shaftesbury Barnet H.....	1st ....2000
1:41:32	.....	2nd ....2002
1:43:12	.....	3rd ....2001
1:45:04	.....	2nd ....2005
1:41:00	Sale H Manchester.....	1st ....2003
1:42:49	.....	2nd ....2001

1:44:38	.....	4th	....	2002	
1:41:27	Swansea H	.....	2nd	....	2012
1:44:27	.....	2nd	....	2010	
1:44:59	.....	9th	....	2009	
1:41:52	Chester le Street & Dist. AC	.....	2nd	....	2008
1:41:56	.....	3rd	....	2007	
1:43:12	.....	6th	....	2009	
1:44:12	.....	1st	....	2006	
1:45:32	.....	3rd	....	2003	
1:42:04	Hallamshire H	.....	4th	....	2009
1:42:08	Bedford & Cty AC	.....	5th	....	2009
1:42:18	Winchester & Dist. AC	.....	4th	....	2007
1:44:42	.....	2nd	....	2006	
1:44:43	.....	7th	....	2009	
1:44:45	.....	3rd	....	2008	
(10)					
1:42:19	Birchfield H	.....	2nd	....	2000
1:45:00	.....	4th	....	2013	
1:42:42	Leeds City AC	.....	3rd	....	2012
1:45:04	.....	5th	....	2007	
1:42:46	Coventry Godiva H	.....	1st	....	2004
1:45:32	.....	10th	....	2009	
1:43:13	Tipton H	.....	2nd	....	2004
1:44:00	.....	3rd	....	2000	
1:45:35	.....	5th	....	2001	
1:43:29	Liverpool Harriers & AC	.....	3rd	....	2002
1:44:50	Woodford Gn w Essex Ladies AC	.....	8th	....	2009
1:44:56	Windsor, Slough, Eton & H. AC	....	2nd	....	2003
1:45:16	.....	4th	....	2001	
1:45:09	City of Glasgow AC	.....	3rd	....	2005
1:45:11	Bingley H & AC	.....	6th	....	2007
1:45:39	Belgrave H	.....	5th	....	2002
(20)					

**Individual record progression**

16:28	Kate Burge (Stafford H)	.....	1	....	2000
16:12	Lucy Elliott (Shaftesbury Barnet H)	..	6	....	2000
15:55	Sonia O'Sullivan (Thames H&H)	.....	2	....	2001
15:47	Hayley Yelling (Windsor, SE&H AC)	.....	6	....	2001
15:41	Helen Clitheroe (Preston H)	.....	1	....	2004
15:15	Stephanie Twell (Aldershot, F&D AC)	.....	5	....	2009

**Fastest 20 individuals**

(2.995 miles)			stg		
15:15	Stephanie Twell (Aldershot, F&D AC)	.....	5	....	2009
15:22	.....	.....	6	....	2010
15:35	.....	.....	5	....	2012
15:57	.....	.....	6	....	2007
16:02	.....	.....	3	....	2013
15:23	Charlotte Purdue (Aldershot, F&D AC)	.....	6	....	2011
15:29	.....	.....	2	....	2012
15:31	.....	.....	6	....	2009
15:38	Katrina Wootton (Bedford & C AC)	....	3	....	2009
15:39	(Coventry Godiva H)	.....	2	....	2013
15:41	Helen Clitheroe (Preston H)	.....	1	....	2004
15:41	Lauren Howarth (Leigh)	.....	1	....	2011
15:42	Kate Reed (Bristol & West AC)	.....	6	....	2005
15:44	Caryl Jones (Swansea H)	.....	3	....	2012
15:47	Hayley Yelling (Windsor, SE&H AC)	.....	6	....	2001
15:59	.....	.....	6	....	2003

15:48	Laura Weightman (Morpeth H)	.....	2	....	2013
15:48	Laura Whittle (Royal Sutton C)	.....	1	....	2013
(10)					
15:55	Sonia O'Sullivan (Thames H&H)	.....	2	....	2001
15:55	Lucy Elliott (Shaftesbury Barnet H)	..	6	....	2002
15:58	Maria McCambridge (Bristol AC)	.....	5	....	2002
15:58	Sophie Morris (Windsor, SE&H AC)	.....	1	....	2007
15:58	Louise Damen (Winchester & D AC)	.....	2	....	2009
15:59	Catherine Mutwa (Birchfield H)	.....	3	....	2005
16:01	Amanda Allen (Birchfield H)	.....	3	....	2002
16:01	Hannah Whitmore (Charnwood AC)	.....	6	....	2011
16:02	Tara Krzywicki (Charnwood AC)	.....	6	....	2001
16:02	Juliet Doyle (Charnwood AC)	.....	3	....	2009
16:02	Susan Partridge (Leeds City AC)	.....	3	....	2012
16:02	Emelia Gorecka (Aldershot, F&D AC)	.....	4	....	2012
16:02	Lily Partridge (Aldershot F&D AC)	... 5	....	2013	
(=19)					

**Belgrave team course record**

1:45:39	.....	5th	....	2002
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**Belgrave individual record**

16:19	Birhan Dagne	.....	1	....	2002
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**Belgrave individual times**

16:19	Birhan Dagne	.....	1	....	2002
16:23	.....	.....	1	....	2007
16:44	.....	.....	2	....	2005
19:15	.....	.....	3	....	2012
16:51	L. 'Tish' Jones	.....	4	....	2013
17:01	Maria Sharp	.....	1	....	2003
17:07	.....	.....	4	....	2002
20:22	.....	.....	2 B	....	2012
17:16	Catherine Bryson	.....	6	....	2007
18:27	.....	.....	3	....	2006
17:17	Juliette Clark	.....	5	....	2002
17:44	.....	.....	2	....	2004
18:03	.....	.....	1	....	2006
18:27	.....	.....	5	....	2007
19:28	.....	.....	6	....	2003
17:18	Samantha Amend	.....	4	....	2012
17:44	.....	.....	5	....	2013
17:55	.....	.....	2	....	2010
17:30	Lenka Vseteckova	.....	1	....	2011
17:35	Louise Blizzard (formerly Cooper, pre-2011)	.....	6	....	2012
19:03	.....	.....	3	....	2013
19:09	.....	.....	5	....	2006
19:21	.....	.....	4	....	2004
19:49	.....	.....	2	....	2003
19:50	.....	.....	5	....	2005
18:55	.....	.....	3	....	2011
17:38	Anna Hegvold	.....	6	....	2002
17:43	Sarah Murphy	.....	1	....	2010
18:04	.....	.....	1	....	2012
18:35	.....	.....	1	....	2005
(10)					
17:47	Vicky Clarke	.....	2	....	2007
17:59	M. 'Tilly' Heaton	.....	3	....	2005
18:18	.....	.....	4	....	2007



			AC) 28:01 on stage 1. Short stage 210 runners, fastest: Katie Snowden (Herne Hill H) 17:02 on stage 3.
2020	-	-	4 Apr. — Race not held due to coronavirus pandemic.
2021	-	-	10 Apr. — Race not held due to coronavirus pandemic.
2022	-	-	9 Apr. — Belgrave did not take part. Teams: 1 Salford H & AC 2:14:27, 2 Highgate H 2:18:12, 3 Basingstoke & Mid Hants AC 2:18:55; 36 teams started, 25 finished. Long stage 67 runners, fastest: Eleanor Bolton (Salford H & AC) 29:20 on stage 1. Short stage 118 runners, fastest: Gemma Steel (Charnwood AC) 17:17 on stage 3.
2023	6th	2:15:11	15 Apr. — A team. Naomi Lenane (20) 33:00, Stephanie Hewitt (20) 18:58, Lea Adamson (14, 3, 14) 18:08, Sarah Astin (9, 4, 10) 30:03, Kate Axford (6, 1, 2) 16:44, Anna Sharp (6, 5, 16) 18:18.
	15th	2:25:18	— B team. Natalie Beadle (21) 33:06, Zoe MacDonald (19, 10) 18:46, Laura Goodson (17) 19:29, Emily Bradley (17) 34:14, Samantha Munday (16, 9) 19:24, Ellamay Hards (15) 20:19. Teams: 1 Leeds City AC 2:10:49, 2 Thames Valley H 2:12:37, 3 Salford H & AC 2:13:37; 35 teams started, 26 finished. Long stage 65 runners, fastest: Georgie Grgec (Herne Hill H) 28:34 on stage 1. Short stage 120 runners, fastest: Gemma Steel (Charnwood AC) 16:41 on stage 2.
2024	4th	2:15:43	6 Apr. — A team. Kristina Popadich (10, 10, 12) 31:01, Felicity Harrison (7, 6, 16) 18:23, Naomi Lenane (6, 5, 22) 18:29, Nadine Donegan (4, 3, 13) 31:09, Penny Oliver (4, 5, =25) 18:36, Stephanie Hewitt (4, 3, 11) 18:05.
	12th	2:23:32	— B team. Emily Bradley (17, 17, 25) 32:35, Clementine Cooper (16) 19:10, Karen Xiang (13, 7) 18:44, Samantha Hudson dos Santos Figueira (17), 35:01, Zoe MacDonald (16, 8) 19:04, Anna Sharp (13, 9) 18:58.
	21st	2:33:38	— C Team. Samantha Munday (26) 34:39, Emily Goff (26) 20:34, Lydia Gallyer-Barnett (24) 20:35, Georgia Holden (24) 34:55, Lara Mangan (23) 21:39, Marianna Patat (22) 21:16. Teams: 1 Thames Valley H 2:12:46, 2 Leeds City AC 2:13:01, 3 Sale H Manchester 2:13:14; 45 teams started, 37 finished. Long stage 84 runners, fastest: Yvie Lock (Thames Valley H) 29:36 on stage 1. Short stage 163 runners, fastest: Amy Griffiths (Aldershot, Farnham & Dist. AC) 17:08 on stage 3.

**Championship course record**

2:08:44 Aldershot Farnham &amp; Dist. AC ..... 2016

**Fastest 20 teams**

	pos.	
2:08:44 Aldershot Farnham & Dist. AC	1st	2016
2:15:09	5th	2023
2:10:40 Leeds City AC	1st	2019
2:10:49	1st	2023
2:11:27	1st	2018
2:12:44	1st	2017
2:13:01	2nd	2024
2:13:41	2nd	2016
2:11:31 Herne Hill H	2nd	2019
2:12:06 Birchfield H	3rd	2019
2:16:20	5th	2018
2:19:20	9th	2023
2:19:41	6th	2016
2:20:06	4th	2022
2:12:37 Thames Valley H	2nd	2023
2:12:46	1st	2024
2:17:20	7th	2018
2:17:33	4th	2016
2:13:14 Sale H Manchester	3rd	2024
2:13:37 Salford H & AC	3rd	2023
2:14:27	1st	2022
2:14:19 Cambridge & Coleridge AC	2nd	2018
2:16:32	3rd	2016
2:17:45	4th	2017

2:14:39 Hallamshire H Sheffield	4th	2023
2:15:11 Belgrave H	6th	2023
2:15:43	4th	2024
(10)		
2:16:12 Swansea H	7th	2023
2:16:21	2nd	2017
2:15:45 Rotherham H & AC	3rd	2018
2:18:03	6th	2017
2:18:43	5th	2016
2:16:13 Highgate H	4th	2018
2:18:12	2nd	2022
2:18:36	8th	2023
2:18:40	5th	2024
2:16:35 Winchester & Dist. AC	3rd	2017
2:19:17	6th	2024
2:17:04 Fife AC	6th	2018
2:17:26 Bristol & West AC	5th	2017
2:18:25 Southampton AC	8th	2018
2:18:55 Basingstoke & Mid Hants AC	3rd	2022
2:19:47 Thames Hare & Hounds	10th	2023
2:20:06 Cardiff AAC	7th	2017
(20)		

**Individual long stage record and progression**

29:00	Louise Small (Aldershot, F&D AC)	1.	2016
28:31	Stephanie Twell (Aldershot, F&D AC)	4.	2016
28:01	Anna Moller (Aldershot, F&D AC)	1.	2019

**Fastest 20 individuals on long stage** stg.

28:01	Anna Moller (Aldershot, F&D AC) ....	1	....	2019
28:07	Jessica Judd (Blackburn) .....	1	....	2019
28:31	Stephanie Twell (Aldershot, F&D AC) ..	4	....	2016
28:34	Georgie Grgec (Herne Hill H) .....	1	....	2023
28:35	Hayley Carruthers (Birchfield H) .....	1	....	2019
28:44	Lily Partridge (Birchfield H) .....	1	....	2023
28:58	Louise Small (Aldershot, F&D AC) ..	4	....	2019
29:00	.....	1	....	2016
28:59	Verity Ockenden (Swansea H) .....	1	....	2019
28:59	Lauren Heyes (Hallamshire H) .....	4	....	2023
28:59	Lauren McNeil (Hallamshire H) .....	1	....	2023
	(10)			
29:05	L. 'Tish' Jones (Belgrave H) .....	1	....	2019
29:07	Tracy Barlow (Thames Valley H) .....	4	....	2018
29:09	Charlotte Arter (Cardiff AAC) .....	4	....	2016
29:20	Eleanor Bolton (Salford H) .....	1	....	2022
29:23	.....	1	....	2023
29:22	Stevie Stockton (Leeds City AC) .....	4	....	2018
29:24	Sophie Coldwell (Charnwood AC) ...	1	....	2023
29:36	Emma Clayton (Leeds City AC) .....	1	....	2016
29:36	Yvie Lock (Thames Valley H) .....	1	....	2024
29:37	Chloe Richardson (Birchfield H) .....	4	....	2019
29:39	Annmarie McGlynn (Thames Valley H) ..	1	....	2018
	(20)			

**Belgrave team course record progression**

2:21:57	.....	8th	....	2016
2:21:05	.....	8th	....	2019
2:15:11	.....	6th	....	2023

**Belgrave individual long stage record progression**

32:05	Sophie Carter .....	1	....	2016
31:59	Samantha Amend .....	4	....	2016
29:05	L. 'Tish' Jones .....	1	....	2019

**Belgrave individual long stage times**

29:05	L. 'Tish' Jones .....	1	....	2019
30:03	Sarah Astin .....	4	....	2023
31:01	Kristina Popadich .....	1	....	2024
31:09	Nadine Donegan .....	4	....	2024
31:59	Samantha dos Santos Figueira (formerly Amend, pre-2024) .....	4	....	2016
32:40	.....	1	....	2017
33:25	.....	1	....	2018
35:01	.....	4 B.	....	2024
32:05	Sophie Carter .....	1	....	2016
32:10	Georgina Fenn .....	4	....	2019
32:35	Emily Bradley .....	1 B.	....	2024
34:14	.....	4 B.	....	2023
33:00	Naomi Lenane .....	1	....	2023
33:06	Natalie Beadle .....	1 B.	....	2023
	(10)			
34:39	Samantha Munday .....	1 C.	....	2024
34:55	Georgia Holden .....	4 C.	....	2024
35:04	Mhairi Hall .....	4	....	2018
35:41	Josephine Rhodes .....	4	....	2017

For short stage statistics see **Sutton Park, Sutton Coldfield (5)**, the length of this stage not having changed since it was first used in 2015 through to and including 2025.

**Sutton Park, Sutton Coldfield (5) 2025** – Six stages of 3.165 miles, giving a total distance of 18 miles 1743 yards, or 30.561 km. There were no long stages as the Streetly Gate at the far end of the normal long stage was now open to traffic.

2025	4th	1:48:13	12 Apr. — A team. Mimi Corden-Lloyd (16) 18:11, Emily Bradley (9, 6, 26) 17:45, Penny Oliver (7, 6) 18:33, Sophie Hicks (4, 1, =13) 17:30, Lucy Peters (4, 5) 18:38, Kristina Popadich (4, 4, =18) 17:36.
	15th	1:55:17	— B team. Molly Canham (25) 18:51, Saron Haileselase (20) 18:53, Alex Gandee (16) 19:20, Georgia Holden (15, 10) 19:01, Laura Goodson (15) 20:13, Lara Mangan (15) 18:59. Teams: 1 Aldershot Farnham & Dist. AC 1:46:01, 2 Leeds City AC 1:47:10, Herne Hill H 1:47:47; 53 teams started, 43 finished. 285 runners, fastest: Lucy Jones (Herne Hill H) 16:48 on stage 2.

The following individual fastest times include those for 2015-2024 when the same course was used.

**Individual record and progression**

16:44	Laura Weightman (Morpeth H) .....	3	....	2015
16:38	Kate Maltby (Bristol & West AC) .....	2	....	2017

**Fastest 20 individuals**

16:38	Kate Maltby (Bristol & West AC) .....	2	....	2017
16:41	Gemma Steele (Charnwood AC) .....	2	....	2023
17:17	.....	3	....	2022
16:44	Laura Weightman (Morpeth H) .....	3	....	2015
16:44	.....	2	....	2017
16:44	Kate Axford (Belgrave H) .....	5	....	2023
16:48	Lucy Jones (Herne Hill H) .....	2	....	2025

16:53	Philippa Bowden (Aldershot, F&D AC) 1	....	2025	
17:01	Susan Partridge (Leeds City AC) .....	2	....	2016
17:02	Julia Paternain (Cambridge & Col) ..	2	....	2018
17:02	Katie Snowden (Herne Hill H) .....	3	....	2019
17:03	Louise Small (Aldershot, F&D AC) .....	6.	....	2015
	(=10)			
17:04	Charlotte Alexander (Tonbridge AC) .....	2.	....	2025
17:04	Kirsty Walker (Edinburgh AC) .....	1.	....	2025
17:07	Kate Hulls (Bristol & West AC) .....	2.	....	2016
17:08	Sara Treacy (Birchfield H) .....	3.	....	2015
17:08	Lily Partridge (Aldershot, F&D AC) .....	3.	....	2016
17:08	Amy Griffiths (Aldershot, F&D AC) .....	3.	....	2024
17:09	Bryony Gunn (Birchfield H) .....	1.	....	2025
17:09	Jade Morgan (Liverpool H) .....	2.	....	2025
17:13	Susannah Lecoutre Guildford & G. H) .	1.	....	2025
17:16	Annmarie McGlynn (Thames Valley H) ..	3	....	2016

17:16 Heather Townsend (Leeds City AC)..... 1 ..... 2025  
(=20)

### Belgrave individual record progression

17:58 Melanie Wilkins ..... 3 ..... 2015  
17:55 Saron Haileselase ..... 2 ..... 2018  
16:44 Kate Axford..... 5 ..... 2023

### Belgrave individual short stage times

16:44 Kate Axford..... 5 ..... 2023  
17:30 Sophie Hicks ..... 4 ..... 2025  
17:36 Kristina Popadich ..... 6 ..... 2025  
17:45 Emily Bradley ..... 2 ..... 2025  
17:55 Saron Haileselase ..... 2 ..... 2018  
18:53 ..... 2 B.. 2025  
20:09 ..... 3 ..... 2017  
17:58 Melanie Wilkins ..... 3 ..... 2015  
18:05 Stephanie Hewitt ..... 6 ..... 2024  
18:58 ..... 2 ..... 2023  
18:08 Lea Adamson ..... 3 ..... 2023  
18:11 Mimi Corden-Lloyd ..... 1 ..... 2025  
18:18 Anna Sharp ..... 6 ..... 2023  
18:58 ..... 6 B.. 2024  
(10)  
18:23 Felicity Harrison ..... 2 ..... 2024  
18:26 Zoe Smith ..... 5 ..... 2016  
19:02 ..... 2 ..... 2016  
18:29 Naomi Lenane ..... 3 ..... 2024  
18:33 Penny Oliver ..... 3 ..... 2025  
18:36 ..... 5 ..... 2024  
18:38 Lucy Peters ..... 5 ..... 2025

18:46 Zoe MacDonald..... 2 B . 2023  
19:04 ..... 5 B . 2024  
18:47 Zoe Doyle ..... 6 ..... 2017  
19:33 ..... 4 ..... 2015  
20:25 ..... 3 ..... 2016  
18:49 Georgina Fenn ..... 3 ..... 2018  
18:51 Molly Canham ..... 1 B . 2025  
(20)  
18:59 Lara Mangan ..... 6 B . 2025  
19:01 Georgia Holden ..... 4 B . 2025  
19:08 Josephine Rhodes ..... 5 ..... 2015  
19:30 ..... 6 ..... 2016  
19:10 Clementine Cooper ..... 2 B . 2024  
19:20 Alex Gandee ..... 3 B . 2025  
19:24 Samantha Munday ..... 5 B . 2023  
19:26 Rachel Brown ..... 6 ..... 2019  
19:29 Laura Goodson ..... 3 B . 2023  
20:13 ..... 5 B . 2025  
19:53 Alice Reed ..... 2 ..... 2019  
19:57 Rose O'Brien ..... 6 ..... 2015  
(30)  
20:03 Sally Underhill ..... 2 ..... 2017  
20:06 Keri Mackenzie ..... 3 ..... 2019  
20:19 Ellamay Hards ..... 6 B . 2023  
20:25 Jess Reed ..... 5 ..... 2019  
20:34 Emily Goff ..... 2 C . 2024  
20:35 Lydia Gallyer-Barnett ..... 3 C . 2024  
21:07 Lizzie Goldie-Scot ..... 5 ..... 2018  
20:27 ..... 5 ..... 2017  
21:16 Marianna Patat ..... 6 C . 2024  
21:39 Lara Mangan ..... 5 C . 2024  
(39)

**Sutton Park, Sutton Coldfield (6) 2026** – The race was now held over six stages on a course which was ostensibly the same as recently used but was now described as having the turn for home “a short way west of the Jamboree Stone and recently remeasured” at 5.432 kilometres – that’s 3.320 miles. Judging from the times set by the teams and individuals, there is no doubt that the course had actually been lengthened by 0.155 mile (250 metres); the total race length was now 32.6 kilometres or 20.25 miles.

2026 1st 1:52:55 11 Apr. — A team. Alexandra Barbour (3, 3, =12) 18:35, Saron Haileselase (2, 5, 23) 19:00, Nancie Bowley (1, 1, 2) 18:18, Mimi Corden-Lloyd (2, 4) 19:32, Ella Fennelly (2, 2, 21) 18:58, Juliet Hodder (1, 2, =6) 18:30.  
8th 2:00:08 — B team. Alex Gandee (17) 19:35, Sarah Riceman (19) 20:38, Grace Rowley (10, 3, 27) 19:05, Penny Oliver (14) 21:08, Anissa Alloula (9, 8) 19:54, Lara Mangan (8, =9) 19:45.  
19th 2:09:12 — C team. Emma Rowland (35) 21:31, Emily Barrett (29) 20:51, Gemma Newport (26) 21:35, Emilie Arnoux (26) 22:20, Samantha Munday (24) 21:03, Naomi Garrod (19) 21:50.  
Teams: 1 Belgrave H 1:52:55, 2 Leeds City AC 1:53:31, 3 Thames Valley H 1:55:21; 50 teams started, 40 finished. 272 runners, fastest: Charlotte Taylor (Bristol & West AC) 17:53 on stage 5.

### Championship course record

1:52:55 Belgrave H..... 2026

### Fastest 20 teams

Time	Team	pos.
1:52:55	Belgrave H	1st ..... 2026
2:00:08		8th B.. 2026
2:09:12		19th C . 2026
1:53:31	Leeds City AC	2nd ..... 2026
1:55:21	Thames Valley H	3rd ..... 2026
2:08:14		18th B.. 2026
1:55:27	Aldershot Farnham & Dist. AC	4th ..... 2026

1:56:32	Bristol & West AC	5th ..... 2026
1:58:36	Cambridge & Coleridge AC	6th ..... 2026
1:59:38	Herne Hill H	7th ..... 2026
2:00:16	Edinburgh AC	9th ..... 2026
2:01:00	Swansea H	10th ..... 2026
2:01:14	Team Bath AC	11th ..... 2026 (10)
2:01:41	Victoria Park H & Tower Hamlets	12th ..... 2026
2:02:12	Highgate H	13th ..... 2026
2:05:17	Les Croupiers	14th ..... 2026
2:05:40	Bury AC	15th ..... 2026

2:05:48	Kent AC	16th	....2026
2:07:35	Steel City Striders AC	17th	....2026
2:09:28	Birchfield H	20th	....2026
2:09:38	Marshall Milton Keynes AC	21st	....2026
2:11:36	Liverpool H&AC	22nd	....2026
2:11:54	Holmfirth HAC	23rd	....2026
	(20)		

**Individual record and progression** stg.

18:24	Bethany Reid (Trafford AC)	1	....2026
18:18	Nancie Bowley (Belgrave H)	3	....2026
17:53	Charlotte Taylor (Bristol & West AC)	6	....2026

**Fastest 20 individuals**

17:53	Charlotte Taylor (Bristol & West AC)	6	....2026
18:18	Nancie Bowley (Belgrave H)	3	....2026
18:24	Bethany Reid (Trafford AC)	1	....2026
18:20	Philippa Bowden (Aldershot, F&DAC)	4	....2026
18:27	Yvette Lock (Thames Valley H)	2	....2026
18:30	Chelsea Baker (Bristol & West AC)	.5	....2026
18:30	Juliet Hodder (Belgrave H)	6	....2026
18:31	Sinead Bent (Salford H)	1	....2026
18:31	Kirsty Walker (Edinburgh AC)	6	....2026
18:34	Georgia Malir (Leeds City AC)	3	....2026
18:34	Roxana Lopez Ramirez (Thames Valley H)	6	....2026
	(=10)		
18:35	Alexandra Barbour (Belgrave H)	1	....2026
18:35	Molly Smith (Herne Hill H)	2	....2026
18:36	Faye O'Hare (Liverpool H)	1	....2026
18:38	Harriet Preedy (Aldershot, F&DAC)	.2	....2026
18:40	Stephanie Pennycook (Leeds City AC)	1	....2026
18:41	Heather Townsend (Leeds City AC)	.2	....2026
18:46	Victoria Hiscock (Reading AC)	1	....2026
18:49	Jennifer Leggate (Cambridge & Col)	1	....2026
18:57	Hannah Viner (Highgate H)	1	....2026
	(20)		

**Belgrave individual record progression** stg.

18:35	Alexandra Barbour	1	....2026
18:18	Nancie Bowley	3	....2026

**Belgrave individual times**

18:18	Nancie Bowley	3	....2026
18:30	Juliet Hodder	6	....2026
18:35	Alexandra Barbour	1	....2026
18:58	Ella Fennelly	5	....2026
19:00	Saron Haileselase	2	....2026
19:05	Grace Rowley	3 B.	....2026
19:32	Mimi Corden-Lloyd	4	....2026
19:35	Alex Gandee	1 B.	....2026
19:45	Lara Mangan	6 B.	....2026
19:54	Anissa Alloula	5 B.	....2026
	(10)		
20:38	Sarah Riceman	2 B.	....2026
20:51	Emily Barrett	2 C.	....2026
21:03	Samantha Munday	5 C.	....2026
21:08	Penny Oliver	4 B.	....2026
21:31	Emma Rowland	1 C.	....2026
21:35	Gemma Newport	3 C.	....2026
21:50	Naomi Garrod	6 C.	....2026

22:20	Emilie Arnoux	4 C.	....2026
	(18)		

**Belgravians with most runs – all courses**

8	Samantha dos Santos Figueira, formerly Amend	— 2010, 2012, 2013, 2015, 2016, 2017, 2018, 2024.
7	Louise Blizzard, formerly Cooper	— 2003, 2004, 2005, 2006, 2011, 2012, 2013.
5	Juliette Clark	— 2002, 2003, 2004, 2006, 2007.
5	Josephine Rhodes	— 2013, 2014, 2015, 2016 2017.
5	Saron Haileselase	— 2016, 2017, 2018, 2025, 2026.
4	Birhan Dagne	— 2002, 2005, 2007, 2012.
4	M. 'Tilly' Heaton	— 2005, 2006, 2007, 2011.
4	Sarah Murphy	— 2005, 2010, 2012, 2014.
4	Zoe Doyle	— 2014, 2015, 2016, 2017.