



JUNE 1959

FOUNDED 1887

The
BELGRAVIAN

The
Official Gazette
of the
Belgrave Harriers

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JUNE 1959

No. 138

EDITORIAL

Dear Fellow Members,

It never rains but what it pours and before going to press we have been inundated with contributions for the magazine from all quarters. So please, those critics whose voices are exercised more frequently than their pens, don't itemise what has been omitted but be thankful that a far greater number of articles have been submitted.

Once again we have a fine weight putter in the Club, Don McCorquindale, who has made a fine start to the 1959 season. Charlie Jones must be greatly pleased with such an acquisition for our field events section.

Brian Morris and John Davies have already recorded good times for the 440 yds. and 1500 metres respectively, whilst Alan Black and Malcolm Robinson look set for their best seasons yet.

We are all justly proud of "our Sten" for his great win in Berlin. This was really one out of the bag and his margin over Matthews was quite astounding.

Lastly, a note of warning and possibly of hope. We have edited the Belgravian now for almost three years and as active marathon runners we feel that we have made our contribution towards the revival of the magazine and that perhaps some other aspiring editors in the Club would like to try their hand. When the A.G.M. comes round again we hope to be able to hand over this gazette to a new editor.

ROME OLYMPICS - 1960

You do not have to own a television set to be able to see the Rome Olympics! If you wish, you can see the Games from a seat in the stadium together with a party of Belgravians and friends.

For approximately £43 you can travel by steamer and rail, via Newhaven, Dieppe, Paris and Modane to Rome, be accommodated in a good hotel where you will breakfast and have an evening meal and see the athletic events in the stadium on an all-day ticket!

During the Games there will be two free days when you can partake in any of the many sight-seeing tours. It should be remembered that August and September are the best months for seeing Rome when the hot summer is beginning to close.

If you wish to join the party, contact either of the following:- M.E. Robinson, R.T. Taylor and D.M. Shepherd.

Special arrangements will be made to enable you to pay the money over a period.

ADDITIONAL TRACK FIXTURES

- July 4th (Sat.) Southall, "Gala Cup" Inter-club meeting.
July 12th (Sun.) Beckenham, London Transport, 3 miles team race and Mile Medley Relay.
Sept. 19th (Sat.) Hurlingham, London Athletic Club's Relay meeting.

Please amend your fixture cards now.

"HORWOOD" CUP CHAMPIONSHIP - DEC. 13TH.

Ray Middleton repeated his victory of last year. Oscar Horwood, a great Club man, would have been delighted to see another very good winner on the list of fine walkers whose names are recorded on his cup. Ray has the potential of a champion just as surely as we saw it in others who have fulfilled that promise. He led in excellent style throughout. John Knifton, a few years younger than Ray, was placed for the third year in succession, which shows that hard discipline of training for several years is necessary to win this event.

A newcomer, K. Jones, did very well to finish third. Bob Barnes continues to improve and was unlucky to lose third place to this tough opponent.

The rest of the race was keenly fought, as always, and many unplaced were working as hard as those who gained the medals.

It was good to see Joe Wilson going so well after his accident and Bert East must have taken part in about twenty-five "Horwood Cup" races since the cup was instituted. At the same time there were novices who will be tomorrow's victors if they persevere.

Harry Evans, an old friend of Oscar's, was there to see fair play and to give advice where needed.

The ceremony of prize-giving brings a satisfying conclusion to an afternoon's sport and we were reminded of the thanks we owe to those who regularly organise the provision of prizes when, for once, the prizes and medals had, unfortunately, not arrived

1	R.C. Middleton	57.40	9	D. Fotheringham	65.53
2	J.F. Knifton	59.20	10	D. Logan	66.15
3	K. Jones	61.57	11	J. Wilson	67.39
4	R. Barnes	62.08	12	F.G. Denny	69.20
5	B. Gibbs	62.47	13	A.H. East	70.52
6	B. Stevenson	63.10	14	J.H. Robins	70.59
7	M. Brown	64.44	15	P. Wilson	71.42
8	J.F. Keown	65.42			

Handicap result:- 1 M. Brown(10.30); 2 F.G. Denny(14.45);
3 B. Gibbs(7.45).

HOG'S BACK ROAD RACE - DEC. 26TH

Despite the counter attraction of a cross-country match, quite an appreciable number of Belgravians journeyed to Guildford for this inaugural $\frac{3}{4}$ mile race from Farnham.

Dave Baulch and Chas. Walker were well to the fore early on, and with Colin Collis, Archie Bedford, Len Bishop and Bob Plummer quite well placed, it seemed as if we might gain a team place in this well contested race.

Baulch stayed up very well and left Walker who, feeling the effects of a cold, suffered on the two-mile downhill finishing stretch. Collis, when well placed, was beset with stomach cramp and forced to ease.

It was good to see some of our younger elements, namely D. Crookes and J. Redford finishing in the first half of a strong field.

No one could deny Portsmouth their amazing win, as they ran in together, 4th, 5th, 6th and 7th, while we finished a close fourth.

9	D.L. Baulch	48.41	46	J. Redford	52.32
22	C.W. Walker	50.13	51	C.W. Collis	53.06
26	L.C. Bishop	50.44	57	P. W. Ray	53.43
27	A.W. Bedford	50.49	58	T.K. Hart	53.45
30	R.G. Plummer	50.59	69	H.A. Bishop	56.03
41	D.R. Crookes	52.00			

CHRISTMAS DAY PAARLAUF

This event was poorly supported by Belgrave; I can assure would-be competitors that it does not affect performances on Boxing Day. It was a foggy day, but the fog gradually lifted.

Eleven pairs started, representing Ranelagh, Hercules, Herne Hill and Belgrave.

After an initial impetuous run by Brian Johnstone, the battle developed between the Bird brothers (Ranelagh) and a Herne Hill pair. First Belgrave pair home were Johnstone and Radford.

BOXING DAY MEETING

Once again this meeting was televised and was quite well supported. Stan Vickers went through 2 miles in 13m.54s. and completed 3 miles in 21m.5s., a very fine performance under not particularly good conditions.

John Sams, making his first appearance in a Belgrave fixture for years, had a rather generous mark in the 120 yards.

The Boreham Benefit! (2 miles) was won this year by Derek Crookes, making his third successive Club handicap - a worthy successor to Steve. Steve, recently married, ran but lacked training.

To illustrate my earlier point, D. Crookes and J. Radford competed Xmas and Boxing Day and on the latter both ran personal bests.

Derek Crookes is rapidly becoming a junior Jim Heathfield. Although Club 100 yards Junior Champion, he recently ran well in a road race of almost 10 miles.

J.R.

MIDDLESEX CROSS-COUNTRY CHAMPS. COCKFOSTERS - Jan 3rd.

The combined effects of rain and thaw made this already difficult course much tougher than usual. In the Senior race Pat Newell ran well to finish 13th. One feels that his performances would improve if he raced a little more frequently.

In the Junior race our members finished as follows :-
29, T. Hart; 41, J. Radford; 48, D. Crookes; 59, D. Mitchell;
70, B. Johnstone. The team (as Cadogan A.C.) were sixth.

SURREY C.C. CHAMPIONSHIPS

Youths - at Banstead, Dec. 12th

Under really sticky conditions, a field of approximately 80, comprising fifteen teams got off to a good start. The Bels were in the van and Eric Penny had to struggle from the start. Part of the course was only wide enough to permit of single file running, so it was necessary to be at the front right from the start. Our boys ran well but lack racing and need to train much harder and start faster. Belgrave were 11th in the team race, and our individual positions were as follows:-
20, E. Penny 21.23; 41, Bagley 22.58; 50, King 23.35; 58, Smithers 24.24.

Senior- at Epsom, Jan 3rd.

Beyond reporting that we were steam-rollered into fifth place by South London, Herne Hill and Walton, we have no other information.

MITCHAM A.C. 15 MILES ROAD RACE - JAN. 10TH.

On an icy cold day with a bitter wind blowing 130 runners, including eleven Belgravians, faced the starter. Our team appeared to have an excellent chance of winning both the team race with three to score, and the newly instituted "Fry" cup for the first club to finish six runners. However, this was not to be and we were relegated to fourth place in the team race, although only seven points behind the winners, Walton. We were further mortified to find that we had lost the six to score cup by the narrow margin of four points. Colin Collis, making a very successful comeback, was our first man home. He was closely followed by Eric Gebbett and Archie Bedford who both ran well in very difficult conditions.

13	C.N. Collis	85.19	43	D. Baulch	90.23
15	E. Gebbett	85.32	49	L.C. Bishop	91.22
19	A. Bedford	86.05	56	E. Short	93.07
26	R. Plummer	87.10	86	D.W. Jones	101.29
33	C.W. Walker	88.57	88	H.A. Bishop	102.41

MATCH v. BLACKHEATH & H.H.H. AT HAYES - JAN.10TH.

Despite the Mitcham '15' accounting for many of our members we were still able to produce fifteen runners for this fixture, as against sixteen by Blackheath and nine by Herne Hill.

The $7\frac{1}{2}$ mile course had been extremely muddy the previous week but had since frozen hard. As a result the going was particularly hazardous, and three runners retired with twisted ankles on the "plough" while many put caution before performance.

Mike Maynard set a fast pace at the start and was comfortably leading after a mile from John Moore and Chris Thompson with Clive Shippen and the Blackheath captain, A.W. Wood, a further 50 yards down.

After $4\frac{1}{2}$ miles John Moore had established himself in second place, about 200 yards behind Maynard, while Wood and Shippen, still running together, had virtually caught Thompson. At this stage Chris badly twisted his ankle in one of the frozen furrows and although he tried gamely to continue he was forced to retire. However, he had done sufficient to show once more what tremendous potential he possesses, and Junior honours could no doubt come his way during the next two seasons.

Meanwhile John Davies and Jim Heathfield were doing battle with a string of Blackheath men a little further back. Both of our boys lost ground on the dangerous stretches with a sensible "safety first" policy but made it up in the last mile or so of even going; John, in particular, gaining several places.

Maynard won convincingly by about 450 yards from Moore who ran exceedingly well and was always moving away from the Blackheath men in third place.

Thompson's mishap did not affect the match result which was won by Blackheath's superior packing.

Results:- 2, J. Moore 46.18; 4, C. Shippen 47.46; 8, J. Davies 48.37; 14, J. Heathfield 49.48; 19, J. Thresher 51.04; 21, R. Conway 51.47; 22, E. Penny 52.00; 23, W. Booth 52.16; 26, D. Mitchell 53.36; 30, P. Matthews 54.07; 33, G. Fairfield 56.39.

Teams:- Blackheath 63 pts. Belgrave 113 pts. H.H.H. 189 pts.

R.A.F. SEVEN MILES WALKING CHAMPIONSHIP.

This year's R.A.F. race might be described as one of Belgrave's triumphs. It was held at Harpur Hill, in North Derbyshire, on 28th January; a day when the bright sunshine and clean, crisp air made racing pleasant in spite of the hilly terrain. The course consisted of one small lap and a larger one of fairly good roads with not too much traffic.

Terry Clark headed the field from the start and was never overtaken. The good walking of a "dark horse" in the person of Flt.Lt. O.G.J. Hotston during the early stages of the race gave rise to surprise and a measure of anxiety. Usually a cross-country runner for R.A.F. Lindholme, this Officer went after Terry and tenaciously hung on to second place until he began to tire. A.C. Desmond of R.A.F. Bridgenorth and Essex Beagles came through after the first three quarters of a mile in an endeavour to get on terms with Terry and, in the meantime, Bernard Eglinton was battling it out for fourth place with Nigel Deeks of R.A.F. Cosford and Met. Walking Club. The former subsequently gained a lead of about thirty five yards.

At two and a half miles, Holston was slowing down perceptibly and the second Belgrave man succeeded in passing him at about three miles.

The course was now a steady climb to the five-mile point, followed by a steep downhill gradient and an equally severe uphill grind of about a mile to the finish. Terry quickened his pace and disappeared from view but Desmond seemed to slow a little on the hills. Deeks made a valiant bid for third place in the last mile and a half, actually drawing almost level with Eglinton on the last hill. On this occasion, however, age prevailed by a mere ten seconds.

The final placings were:-

1	Cpl. T.B. Clark	57m. 13s.	Belgrave
2	A.C. M. Desmond	59m. 55s.	Essex Beagles
3	F/S. B. Eglinton	60m. 32s.	Belgrave
4	Sgt. N. Deeks	60m. 42s.	Met. Walking Club.

B.E.

CLUB 10 MILES C.C. CHAMPIONSHIP - JAN. 24TH.

1	P. Newell	57.50	12	R. Plummer	65.59
2	C.W. Walker	59.23	13	R. Bolem	66.06
3	J. Moore	59.57	14	E.M. Bishop	66.21
4	A. Bedford	60.50	15	R. Conway	66.27
5	J. Davies	61.07	16	F. Paget	67.22
6	E. Gebbett	61.39	17	J. Hilton	68.55
7	C. Shippen	62.20	18	P. Matthews	69.13
8	C. Collis	62.23	19	G. Stace	74.25
9	L.C. Bishop	63.41	20	L. Adams	75.40
10	E. Short	64.09	21	D. Newell	77.16
11	D.W. Jones	64.21	22	J. Macdonald	78.18

Handicap:- 1 J. Davies(4.30); 2 R. Bolem(8.30); 3 P. Newell(Sor)

CLUB 5 MILES JUNIOR C.C. CHAMPIONSHIP- JAN.24TH.

1	A. Black	28.52	5	T. Hart	30.47
2	C. Thompson	28.59	6	J. Radford	31.23
3	J. Thresher	29.37	7	E. Penny	31.51
4	K. Miller	30.28			

Handicap:- 1 C. Thompson(0.30); 2 E. Penny(3.00); 3 A. Black(Sor)

CLUB 10 MILES WALK CHAMPIONSHIP - JAN.24TH.

1	S.F. Vickers	74.13	12	C. Yescombe	92.36
2	E.W. Hall	75.59	13	D. Fotheringham	94.17
3	G. Williams	76.08	14	A. East	97.35
4	R.C. Hall	81.08	15	G.F. Denny	98.13
5	R. Middleton	81.14	16	D. Logan	98.53
6	T.B. Clark	82.54	17	H.W. Shields	98.53
7	G.E. Beecham	88.28	18	K. Jones	99.57
8	B. Eglinton	90.11	19	J. Morris	100.38
9	B. Stevenson	91.10	20	J. Wilson	101.24
10	J.F. Keown	91.32	21	P. Wilson	101.35
11	G.S. Doubleday	92.12			

Handicap:- 1 G. Williams(5.15); 2 G.F. Denny(25.00)

3 G.S. Doubleday(18.30)

SOUTH OF THAMES SENIOR C.C. CHAMPIONSHIP- FEB.7TH

This event was held on our own course at Wimbledon owing to flooding of the proposed venue at Maidenhead. Owing to flu and various other mishaps we could only start nine runners, thus being out of the running for the "twelve cup". However, when the finishing positions of our men are examined it will be seen that we couldn't have won it anyhow.

49, J. Moore; 66, G. Shippen; 70, R. Bhatia; 86, J. Davies; 98, J. Thresher; 111, H.A. Bishop; 122, R. Glover; 144, J. Heathfield. D.W. Jones retired after two miles with a twisted ankle.

"GARNET CUP" JUNIOR 10 MILES WALK CHAMPIONSHIP - FEB.7TH

By his very fine win Ray Middleton qualifies for his Club Honours Badge.

1	R. Middleton	80.23	54	D. Fotheringham	95.24
40	B. Gibbs	92.30	59	N. Brown	95.45
41	B. Stevenson	92.40	64	J. Wilson	96.55
45	J. Morris	93.18	67	F. Denny	97.32
47	J. Keown	93.23	84	P. Wilson	101.15
53	T. Luck	94.59			

100 started.

SOUTHERN COUNTIES C.C. CHAMPIONSHIPS - FEB. 14TH.

Hosts for this year's event were Aylesford Paper Mills who, not for the first time, provided ideal facilities for championships of this nature.

The course was ideal for runners and spectators alike, while the weather man had assisted the arrangements by providing perfect conditions underfoot and a fine sunny day into the bargain.

YOUTHS EVENT (3 miles)

Belgrave's day did not get off to a very good start, for with four to score in the team event we were only able to field three runners - Eric Penny, Mike Smithers and Roy Begley. How many of our absent youths appreciated just how much their presence was needed?

Eric, in 14th position, led our trio home; all of whom performed creditably. No doubt the efforts of these lads will be better rewarded when some of Tom Carter's promising youngsters move into their ranks.

The event was won by Dave Harvey (Mitcham) who ran an excellently judged race to beat Smith (Deptford Park). It is interesting to note that Harvey is second string in his club to Harris, a 'flu victim during this event, and also that all these Mitwham youths are enthusiastically coached by the ex-Belgrave Mitchell brothers. We congratulate them on their excellent results.

SENIOR EVENT (9 miles)

Influenza had taken its toll of many leading athletes, but this made the team race more open than ever. Unfortunately, for a variety of reasons, Archie Bedford, John Davies, Colin Collis and Clive Shippen were unable to run, so with six to score and a "12 cup" in the offing we were able to start nine only. The number was eight to begin with but Malcolm Robinson, despite a suspect ankle, made a fine gesture in offering to run, thus making our entry look more respectable.

Yet again the Arthur Whitehead "dustbin" sent the field on its way and after a $\frac{1}{2}$ mile Pat Newell was 14th with Chanin (S.L.H.) leading from Ibbottson and Norris. John Moore had also got off to a good start, being in the forties, with Malcolm next man in the eighties. Charlie Walker, Eric Gebbett and Dave Baulch were labouring around the hundred mark.

At two miles, with Maynard (H.H.H.) leading from Eldon and Knight, Pat was 15th, John 46th and our sixth scoring man in the nineties. At six miles, Eldon had established a substantial lead from Knight and Sando with Maynard 4th. Our lads had shown considerable improvement in their team placings and were steadily pulling back the opposition with six men now in 87 and eight in 126. In the last mile the whole team made an extra special effort, pulling back over forty places amongst them. Special mention must go to our first and last man; to Pat Newell on his excellent 14th place and Alan Bishop for his most creditable 151st on this very fast course.

Belgrave were the first team to finish seven, and also eight, runners but Old Belgravians will no doubt wince to hear that no club qualified for the twelve cup.

Ex-members, Geoff Goode and Steve Charlton were seen running for their new clubs. Semi-retired Bagnall would have been our third scoring man with his 56th place!!

Results:-	14	P. Newell	51.07
	47	J. Moore	52.35
	66	C. Walker	53.13
	71	E. Gebbett	53.25
	73	D. Baulch	53.35
	74	M. Robinson	53.37
	96	R. Bhatia	54.08
	106	L. Bishop	54.23
	151	A. Bishop	55.41

Teams

1	Thames Valley H.	169 pts
2	Woodford Green	208 "
3	Portsmouth	283 "
4	South London H.	305 "
5	Belgrave H.	345 "
6	Queens Park H.	427 "

Over 400 finished.

37 teams closed in.

JUNIOR EVENT (6 miles)

Apart from the unfortunate absence of Chris Thompson through injury, the Juniors were at full strength and following his excellent running the previous week hopes were pinned on a forward position by Alan Black. These hopes appeared to be well founded when, after a $\frac{1}{8}$ mile, Alan was seen to be in third place, well backed up by Ken Miller and John Thresher in the early twenties and Trevor Hart in the sixties. A little after this, however, he had dropped back to join Ken and John and soon after dropped out altogether with severe stomach cramp; a nasty blow to both Alan and the team.

After $2\frac{1}{2}$ miles Howard (Watford) led the field from Lindsell (Portsmouth) and Baker (Walton). Ken Miller was now 29th, John Thresher 50th, Derek Crookes 92nd and Jim Radford 107th; Trevor Hart being forced to drop back a considerable way with trouble from a shoulder ailment. Derek and Jim moved through very strongly on the last lap to reach the sixties and nineties respectively. Boquets go to Ken Miller for his fine return to form after his recent chest trouble and to Trevor Hart for pluckily finishing the course. Despite being without their two best runners the team still managed to finish 7th out of the thirty teams to close in.

Results:-	31	K. Miller	32.19		
	60	J. Thresher	32.58		
	64	D. Crookes	33.02		
	93	J. Radford	33.52		
				<u>Teams</u>	
				1	Shaftesbury H. 39 pts
				2	Walton A.C. 74 "
				3	South London H. 107 "
				7	Belgrave H. 248 "

Approx. 250 finished.

30 teams closed in.

An excellent meal was provided by our hosts after the Championships, and the prizes were presented by their General Manager F.W. Amies Esq. Arthur Whitehead produced his most valuable result sheets again for distribution, and as usual they disappeared like gold dust; a fitting end to a day of keenly contested and exciting competition.

C.S.

WALK v. SURREY W.C. CROYDON-BANSTEAD AND BACK (11 $\frac{3}{4}$ MILES)

Feb. 21st

This must surely be one of the oldest and time honoured fixtures with our friends the Surrey Walking Club. It is the time when the distance man gets a taste of glories to come and the sprint man says "never again".

Club support was not as good as usual, owing to the incidence of 'flu and we lost the match, for the first time in many years, by the narrow margin of eight points.

The race was won, at his first attempt, by Ray Middleton, who was ably supported by George Checkley and Bernard Eglinton. The continued improvement of Johnny Morris was particularly noted.

4	R. Middleton	104.38	12	H. McGreechan	110.26
6	B. Eglinton	107.34	14	G. Doubleday	111.08
8	G.S. Checkley	108.35	17	J. Morris	113.19
9	B. Stevenson	109.18	18	D. Fotheringham	115.32
10	J. Keown	109.19	24	T. Luck	120.00

COUNTY 10 MILES WALK CHAMPIONSHIPS. FEB. 28THSURREY - at Kingston

Although the 'flu bug was still affecting our walkers, and overnight we had word that Ray Middleton had succumbed, it was with good heart that our two teams faced the starter.

Our 'A' team won in devastating fashion with 17 points to Surrey A.C.'s 33. The 'B' team, which was expected to be placed, was seriously weakened by re-arrangement to overcome the losses due to sickness and finished fourth.

Comments on individuals must be headed by the continued

great walking of Eric Hall who finished first. He was ably supported by George Williams 2nd, Ray Hall 6th and Terry Clark (still a junior) 8th. The fine walking of John Knifton in his first 10 mile race was encouraging.

1	E.W. Hall	73.34	16	B. Stevenson	90.22
2	G. Williams	76.25	18	J. Keown	91.18
6	R.C. Hall	83.24	19	G. Doubleday	93.37
8	T.B. Clark	85.55	23	J. Wilson	95.56
10	G.E. Beecham	86.18	26	F.C. Denny	97.58
11	J.F. Knifton	86.28	27	A.H. East	98.19
15	J. Morris	90.05	28	P. Wilson	98.42

MIDDLESEX at Regents Park

A very depleted team lined up for the start, and for the first time for many years we were unplaced. Ken Jones, who has the makings of a fine walker (he is an ex-runner) incurred the Judge's displeasure at an early stage and this further weakened our chances. How upsetting these decisions are, yet how important good judging is to the welfare of the sport. Do not be deterred Ken but take the opportunity to profit by your experience.

1st	T.W. Misson	(Met. W.C.)	76.20
12	G. Checkley	(Bel.)	88.13
17	C. Yescombe	do.	89.53
19	H. McGreechan	do.	91.27
27	H.W. Shields	do.	97.09

In the team race Cadogan A.C. were fifth with 75 points.

NATIONAL C.C. CHAMPIONSHIPS AT PETERBOROUGH. MARCH 7TH.

The National was, at one time, the event of the year for Belgrave, and both competitors and supporters talked of nothing else for weeks before. In this modern age, however, the race passes almost unnoticed - the runners treat it as a pennance and the supporters are practically non-existent. How can we expect to regain the championship with such an attitude. Our runners must approach this race with the will to win and not with the idea that providing they turn out they have done their duty. The non-active members of the Club, and those athletes not chosen to compete, must turn up in force to encourage, cajole, drive, plead and use every means in their power to ensure our teams meet with success. Nothing helps a runner more than to have adequate support and to know that the Club as a whole is behind him, willing him to give of his best.

Special trains and coaches are almost invariably arranged at low costs to transport supporters to the race so there is no excuse for missing events of such importance. There is much satisfaction to be gained from seeing your club mates racing in big championships and opportunity is also provided to see the "stars" in action. When a club is going through a bad patch, such as Belgrave is at present, the need for keen support is greater than ever, so if you want to see the "Bels" back to their past glories show an interest in their training, racing in Club events and particularly in major championships.

The least said about this year's race the better. We were never in the hunt and our final score of 980 points is an all time record, never, we hope, to be repeated. Even Pat Newell who was our main hope could not get going and finished in the most disappointing position of 59th. The remainder appeared to have no life whatsoever and were certainly not in the same form as at the Southern a few weeks earlier.

Individual positions:- 59, P. Newell; 136, C. Shippen; 158, D. Baulch; 174, E. Gebbett; 205, A. Bedford; 248, C. Walker; 266, L.C. Bishop; 335, E. Short; 347, J. Heathfield.

The Juniors fared little better than the Seniors and as the runners passed us soon after the start we wondered whether any of

our boys were there. Only Ken Miller, in 49th place, was in the first hundred. Alan Black, our best junior, was well down the field and only started to run over the last mile or two, when he made about seventy places.

Individual positions:- 66, K. Miller; 107, A. Black; 149, J. Thresher; 183, D. Crookes; 228, J. Radford; 311, T. Hert.

We started only two in the Youths race. E. Penny finished 184th and B. Kolbe 213th.

SOUTHERN COUNTIES 7 MILE TRACK WALK. MARCH 7TH.

The main event was preceded by a Junior 6 miles in which John Knifton walked well to finish 4th. He was ably supported, a little way back, by Brian Gibbs.

Another supporting event for 6 miles in the hour badges was then held and it was very pleasing to see Fred Denny finish second.

It was a great pity that in the main event the holder, "Our Stan" was unable to take part as he was still laid low with "flu. I am sure all will agree that his presence adds lustre and interest to any meeting.

We still had five representatives in the field of forty and although major honours did not come our way a good reckoning was given.

From our point of view this meeting was marred by an unpredictable judging decision given against George Williams when he was laying a comfortable second. George's heart is big enough to overcome this set-back but these unfathomable judgments are disturbing.

13	R.C. Hall	57.55	26	J. Morris	64.01
21	B. Eglinton	61.58	27	J. Keown	64.10

ILFORD ROAD RELAY. MARCH 14TH

This has always been a popular event with our boys and acts as a relief immediately after the cross-country season. Our poor showing in the National the week before gave us little hope of a win but we were soon to be proved wrong.

Dave Baulch took the first stage and brought us in a creditable fourth in 18m.3s., twenty-three seconds behind the leaders, Thames Valley. Eric Gebbett ran the second stage in 18.45 and took us up to third with T.V.H. still in first place, forty-three seconds ahead. Ranjit Bhatia did 18.28 on the third stage but was forced to give way to George Knight, who put up a lap record of 17.21, and we were back to fourth again. Polytechnic had gone into first place and forty-six seconds covered the first four teams.

John Davies performed well to do 18.40 on the fourth lap and maintained his position although losing some ground to the leaders who were then over a minute ahead. Brian Hellowell was given the fifth stage and in doing 18.38 took us back to third, one minute and twelve seconds behind Poly who were still leading by one minute from Woodford Green

Len Bishop kept us in third position with 19.02 but could not close the gap on Poly and Malcolm Robinson went off, 1.26 behind, on the seventh stage. His time of 18.53 was a little disappointing but it kept us in the same position. Woodford had taken over the lead from Poly and we were lagging by over 1½ min.

Charlie Walker, on the eighth stage, was also disappointing with 18.49 and dropped us back to fourth after a battle royal over the last half-mile with Alan Perkins (Ilford) and Bert Ingles (T.V.H.). Pat Newell was in good form and, with an excellent time of 18.09, brought us up to second, exactly one minute behind Woodford, and it was left to John Moore, on the last stage, to hold this position with Woodford the winners in a course record time and T.V.H. third.

1st	Woodford Green A.C.	3h.4m.42s;	2nd	Belgrave	3h.6m.25s.
			3rd	Thames Valley H.	3h.7m.14s.

CLUB 5 MILES JUNIOR WALK CHAMPIONSHIP
"OLYMPIC CUP" MARCH 14TH

1st.	J.F. Knifton	41m.10s.
2nd.	R. Barnes	42m.44s.
3rd.	D. Knifton	48m.10s.

TEN MILES MATCH v. MET. POLICE.

2	E.W. Hall	83.36	12	H.W. Shields	96.45
4	R.C. Hall	86.18	13	A.H. East	97.25
6	B. Eglinton	88.50	16	G. Townsend	101.04
9	G.E. Beecham	92.55	20	G. Gittens	104.44
10	J. Morris	92.43			

Belgrave H. 71½ pts.

Met. Police 64½ pts.

R.W.A. 10 MILE CHAMPIONSHIP. MARCH 21ST.

To arrive at ST. Pancras station and find our Hon. Secretary rubbing shoulders with Tommy Trinder made me think that Jack Goswell's musical talents had been rejected and that our Hon. Treasurer had spared no expense to ensure the happiness and comfort of our team. However, it turned out that Fulham F.C.'s supporters were travelling on the same train and they obviously felt that Alf had talents which could be of use to them.

Altogether seventeen of us travelled to Sheffield where coaches were waiting to take us to the venue. The course was a typical Northern one of the out and back variety with some pretty stiff climbs on the way out.

From the start "Claret and Gold" dominated the proceedings with Stan Vickers challenging Matthews, the eventual winner. Stan was not, unfortunately, at his best, having only recently recovered from 'flu and Matthews went right away, to win by over two minutes.

Eric Hall gave one of his usually polished performances to finish third, and he was followed by George Williams who walked in excellent style. A ding-dong battle for 4th team position developed between the two Rays (Hall and Middleton), which Ray Hall eventually won by proving the stronger over the last two miles. Terry Clark gave a creditable display in his first Senior R.W.A. championship.

It is unfortunate that the times are suspect owing to a misunderstanding at the turning point.

The journey home was enlivened by the usual musical interlude from J.W.G., which does so much to soothe and quieten a tired body and mind.

It is of interest to record that the following members represented their County in the race:-

Stan Vickers	- Kent	Ray Middleton	- Surrey
Eric Hall	- Surrey	Terry Clark	- do.
George Williams	- do.	Bernard Eglinton	- Derbyshire
Ray Hall	- do.		

2	S.F. Vickers	73.03	42	T.B. Clark	82.59
3	E.W. Hall	74.01	53	G.S. Checkley	85.02
5	G. Williams	76.12	56	G.E. Beecham	85.16
18	R.C. Hall	78.13	62	B. Eglinton	86.11
20	R. Middleton	78.37	68	H. McGreechan	86.47

Team result:- 1st Belgrave H. 28 pts. 2nd Met. W.C. 50 pts.
3rd Highgate H. 72 pts. 4th Sheffield U. 75 pts.

WIGMORE '15', MARCH 21ST.

15	C.N. Collis	85.06	44	D.W. Jones	91.03
20	R. Plummer	86.07	53	H.A. Bishop	93.00
26	L.C. Bishop	86.51	58	C. Dooley	93.52
35	E.M. Bishop	89.49	95	J. MacDonald	101.07

Team result:- 1st Welwyn A.C. 19 pts 2nd Walton A.C. 29 pts
3rd Southend A.C. 45 " 4th Belgrave H. 46 "

CLUB 5 $\frac{1}{2}$ MILES ROAD RACE (WIMBLEDON CUP) MARCH 21ST.

1	P. Newell	28.21	16	M. Stearman	32.39
2	D. Beuloh	28.50	17	D.F. Jones	32.50
3	M. Robinson	29.18	18	E. Pallent	32.58
4	C. Shippen	29.19	19	F. Paget	33.07
5	E. Gebbett	29.21	20	R. Glover	33.20
6	C. Walker	29.35	21	A. Penstone	33.22
7	J. Moore	30.00	22	J. Hilton	33.35
8	G. Flanagan	30.24	23	G. Biscoe	33.45
9	J. Thresher	30.30	24	L. Rolls	34.08
10	J. Heathfield	30.45	25	D. Newell	34.28
11	E. Short	30.50	26	G. Piddington	34.53
12	A. Black	31.24	27	D. Briggs	35.00
13	J. Bromley	31.37	28	C. Henn	35.20
14	R. Conway	31.50	29	C. Fairfield	35.50
15	J. Collier	32.07	30	Beumont	36.19

Handicap:- 1st R. Conway(4.00); 2nd E. Pallent(5.00)
3rd M. Robinson(1.10)

The winner's time is a new course record.

CLUB OPEN FIELD EVENTS MEETING, MARCH 14TH.

Our open winter meeting was again well supported by athletes from the London area. There was, however, a noticeable shortage of Belgrave men. We seem to have too many part-timers and we shall have to seek new members who are keen to train all through the winter for their events.

The fine weather was responsible for some very fine performances. Five new meeting records were achieved. Results:-

SHOT

1	Morgan(Croydon)	46'7"
2	Guest (L.A.C.)	46'1"
3	McCorquindale(Bel.)	44'8"
	White (do.)	34'4"

DISCUS

1	Cleaver(L.A.C.)	Record	158'0"
2	Turan (do.)		147'0"
3	Dayle (H.H.H.)		141'11"
4	McKay (Met.Police)		135'6"

JAVELIN

1	Smith (T.V.H.)	Rec.	219'9"
2	Clegg (St.Mary's Col)		171'10"
3	Patston(H.H.H.)		166'8"
6	Ware (Bel.)		158'7"

HIGH JUMP

1	Gabriel (T.V.H.)	Rec.	6'2"
2	Bryan (L.A.C.)		5'10"
3	Kilpatrick(do.)		5'10"
4	Hurman (T.V.H.)		5'9"

LONG JUMP

1	Brigden(Mitcham)Rec.	22'9"
2	Howell (H.H.H.)	22'0"
3	Taitt (do.)	21'8 $\frac{1}{2}$ "
	Ansell (Bel.)	19'8"

TRIPLE JUMP

1	Britten(Essex B.)	Rec.	46'9 $\frac{1}{2}$ "
2	Robinson(Hornchurch)		46'6"
3	Woolhouse(T.V.H.)		43'10"
6	Ansell (Bel.)		40'2"

POLE VAULT

1	Hamilton (Southgate)	11'0"
2	Taitt (H.H.H.)	10'0"

T.C.J.

POTTERS BAR JUNIOR ROAD RELAY - APRIL 4TH

At the end of the first stage Ken Miller handed over in fourth place with the fastest Club time to date. Derek Crookes brought us up to second, only ten yards down but John Thresher, although temporarily in the lead at one stage, eventually fell back to fifth position. On the last stage Alan Black, despite achieving a Club best time, could only gain one place. We finished fourth to Victoria Park(58m.59s.), Thurruck H.(59.19) and Bramley (59.24)

Individual times:- K. Miller(14.46); D. Crookes(15.00); J. Thresher (15.42); A. Black(14.41)

T.V.H. ROAD RELAY AT CRANFORD - MARCH 28TH

We entered five teams for this event which we were supporting for the first time for many years. The main object was to give our runners experience of this type of competition as a preparation for the Brighton relay and also to make last minute selections for this race. A number of those entered could not attend



R. Bhatia hands over to A. Bedford.

and we eventually started four teams of which three finished. The runners on the first stage were Welker(A), Collis(D), L. Bishop(C), and E. Bishop(E). Collis led our boys home in seventh place with a time of 23.49 against the leaders (St. Albans) 22.52. Walker was 12th with 24.24, Len Bishop 17th in 24.57 and Eric Bishop 26.02.

Jim Heathfield took over from Collis on the second stage for the 'D' team with Bhatia running for the 'A', Shippen for the 'C' and Conway for the 'E'. Ranjit, with a time of 24.15, caught and passed Jim to finish 10th, Jim being in 11th place, Clive 13th and Conway 26th.

Archie Bedford continued for the 'A' and did 24.30 to retain 10th position. Eddie Short, running for the 'C' remained in 13th place but Dennis Jones dropped the 'D' back to 14th. The 'E' team had shot its bolt and had no runners on this stage.

The fourth and last stages were run by M. Robinson(A) who did 24.14 to take us up to 8th, J. Masters(C) who did 24.43 moved up to 12th and David Jones(D) who fell back to 15th.

Colin Collis really pulled one out of the bag to be our only runner under 24min. and earned his place in the Brighton team. It was grand to see Colin running so well. The remainder of the times were very mediocre compared with performances by other clubs. Result:-

1st Herne Hill H. 92.16 (record); 2nd St. Albans; 3rd T.V.H.
8th Belgrave 'A' 97.23; 12th Belgrave 'C'; 15th Belgrave 'D'

STOCK EXCHANGE 25 MILES WALK - APRIL 4TH

It was again my pleasure to act as attendant to Ray Hall and as usual we were blessed with grand weather.

The race started promptly at 10.30 a.m. and by the time West-erham was reached it was apparent that the race rested between Ray and Green of Surrey W.C. At the top of the long climb up Botley Hill Green emerged in front, and so the position remained to the finish in spite of a great effort by Ray over the last two miles.

Ray's record time of last year was never in danger.

Result:-
1st R.E. Green 3h.47m.53s.
2nd R.C. Hall 3h.48m.32s.

R.W.A. HONOURS STAN VICKERS

On 12th March a dinner was held at the "Feathers" Hotel, St. James's, S.W.1., sponsored by the R.W.A. Southern Committee, the main purpose of which, was to present British Native and British

All Comers' Record Plaques to Stan Vickers for his new records which he set up last year. Whilst the function was not too well supported, Belgravians constituted about half the total assembly.

Norman Easles, Vice President of the A.A.A. and a past President of the R.W.A., in presenting the two plaques to Stan, gave a glowing account of his achievements over the past three years culminating in his outstanding performance at Parliament Hill last September.

Norman was followed by Timber Woodcock who then presented to Stan the new International Trophy for the most outstanding performance in International Competition during 1958. This trophy, a very handsome one, was won by the British Team in Italy in 1957 and has a Belgrave interest as George Checkley was a member of that team. Permission was subsequently given by the British Board for it to be adopted as an International Trophy.

Further tributes were then paid to Stan by Alf McSweeney whose club promoted the race in which Stan set the new records, by Ernest Neville who also presented to Stan the Fowler Dixon Style award which he won in the A.A.A. Championships last year, and Harold Whitlock who spoke of the great assistance given by Stan to other members of the team in the European Championships at Stockholm.

Having been well and truly loaded up with trophies Stan was then called upon to reply and he made it quite clear that without the assistance of numerous people he is quite certain that he would never have broken any records. He mentioned, in particular, Ray Hall who endured all sorts of agonies in accompanying Stan during training and Matthews of Sutton Coldfield who battled with him during the actual race.

A further presentation to one of the retiring R.W.A. Auditors and the customary toast of the Chairman completed a most enjoyable and interesting evening.

Syd Roberts.

NATIONAL LONDON-BRIGHTON RELAY - APRIL 11TH.

The report on this race can usually be made interesting but how can anyone raise enthusiasm over a team which at no time during the whole race was higher than tenth and at one stage was as far back as sixteenth?

The tale of woe really began during the week prior to the race when firstly John Davies was forced to withdraw because of foot trouble and then Clive Shippen contracted enteritis and had to stand down. John had been allocated the first leg and this was given to Charlie Walker who could not, this year, impress the selectors sufficiently to gain more than the first reserve designation. A quick switch of Eric Gebbett from the fifth to the fourth leg let in Jim Masters on the Redhill stage which has almost become his own property by divine right.

The race started in fine weather but soon after Purley was passed (we joined the race at this well known place as our Cross-Country Secretary resides there!) it began to rain. Our spirits were at a very low ebb on finding our team back in 13th place, and the weather did nothing to improve them. They were raised subsequently, for brief intervals, at the prospect of a position in the first half of the field!

The whole story is most dismal; Charlie Walker struggled into tenth place on the first leg in a poor time, Malcolm Robinson floundered along on the second and lost three places, his time of 26.18 being the fifteenth best of the day, and Colin Collis, who was entrusted with the vital stage from Mitcham to Purley after his brilliant run in the T.V.H. relay, had an almost complete breakdown and finished in a distressed condition in 15th place.

At this point we were 3m.42s. behind Coventry Godiva who were then leading. We now hoped that Eric Gebbett would redeem our fate but this was not to be and we remained in the same position but dropped to 4m.24s. behind the leaders, Derby and County, who were never again to be headed. Even Jumbo Masters could do nothing to put the matter right and fell back to 16th with a gap

of 5m.55s. between us and Derby.

Truly a hopeless position but Alan Black set out to prove that his loss of form over the previous few weeks was purely temporary and with the fifth fastest time of the day brought us back to 14th. Archie Bedford, although on the wrong side of forty, put up a plucky effort across Gatwick Aerodrome and, despite being forced to give way to Shaftesbury, can be said to have run true to form. Pat Newell must have been very dispirited waiting for well over six minutes after the leaders had passed by for his turn to come and this obviously affected his performance, for he could make no impression on those ahead and remained in fourteenth place.

Next came Dave Baulch, making his last appearance for Belgrave (so he says), and he set off as though he really meant Belgrave to reach Brighton first. Running with more zest than most of the team put together he whipped past two of the opposition and took us to twelfth. Bhatia, on his first, and we sincerely hope not his last Brighton, took over in cold, wet and dreary conditions far from suitable for his type of running and, with a very good effort, he gained one more place. John Moore could make no more progress and Brian Hallowell on the last stage was over two minutes behind the team in front and could do no more than maintain his position despite a time which was the fourth fastest of the day.

Inquests gain nothing but it is evident we must look for new faces before the October race for Southern Clubs. On this showing I would forecast that only Alan Black, Dave Baulch, Renjit Bhatia and Brian Hallowell will retain their places in the team - I wonder how right I shall be.

Result:-	1st Derby and County	4h.40m.21s.
	2nd South London H.	4h.41m.36s.
	3rd Thames Valley H.	4h.41m.58s.
	11th Belgrave H.	4h.49m.16s.

Individual times:- C. Walker(21.53); M. Robinson(26.18); C. Collis (31.21); E. Gebbett(26.51); J. Masters(23.35); A. Black(14.16); A. Bedford(19.53); P. Newell(32.11); D. Baulch(30.50); R. Bhatia (21.56); J. Moore(22.04); B. Hallowell(18.08)

It should be noted that all times were very slow due to a strong head wind and wet conditions.

CLUB 20 MILES WALK CHAMPIONSHIP - APRIL 18TH

Perverse Mother Nature was in a cold and boisterous mood when our walkers faced the starter for the 20 miles Championship. Once again we welcomed some visitors from the Met. Police A.C. in the field of eighteen starters.

Eric Hall went into the lead immediately, accompanied by Terry Clark who only completed two laps of the course. Halfway times were not outstanding; Eric and Terry Clark were still leading with Ray Hall in 3rd place closely followed by Cyril Yescombe and George Beecham who were about three minutes in front of George Checkley. Johnny Morris was walking a very steady race but one or two of the back men were travelling too fast and suffered from the cold in the later stages of the race.

Over the last five miles George Beecham dropped back to fifth place after an unhappy time but Cyril Yescombe held on to third place and, having walked his fastest 10 miles in the first part of the race, completed the course in a very fast time which was over 10 minutes better than he had ever done before. This split the handicap wide open and Cyril treated us to an even bigger and better grin.

Johnny Morris's steady walking (20 miles at an almost identical speed each mile) gave him second handicap prize. Eric improved on the previous best time for the race on this course by over twenty seconds and gained third handicap prize.

And so to Imber Court with a true Belgravian effort for the 'National 20'.

W.G.T.

Result on following page.

1	E.W. Hall	2.47.00	7	J. Morris	3.18.46
2	R.C. Hall	2.59.05	8	H.W. Shields	3.21.39
3	C. Yescombe	3.02.08	9	J.F. Keown	3.25.26
4	G.S. Checkley	3.05.20	10	F.G. Rolfe	3.31.26
5	G.E. Beecham	3.08.07	11	F.G. Denny	3.37.10
6	B. Eglinton	3.11.36	12	P. Wilson	3.38.45

Handicap:- 1 C. Yescombe(28.00); 2 J. Morris(32.00)
3 E.W. Hall(Ser.)

FROM THE HON. SECRETARY

It is with considerable pleasure that we advise the appointment of Les Stokell as Junior Hon. Secretary. His address is:- 174, Frant Road, Thornton Heath, Surrey, and all our junior members are asked to record this address on their summer fixture card, and make themselves known to Les at the earliest opportunity. He will, of course, work in close cooperation with other Club officers; and we expect, under Les Stokell's guidance, to see the younger element in the Club progressively go from success to success.

Les is probably the ideal man for the job he has undertaken. As a schoolmaster he will know the problems of the younger member, as a qualified Physical Training Instructor he is in a position to advise and assist on many athletic problems. As a former member of our teams and as an International runner (he represented Canada at the Vancouver Empire Games) Les has a lot of knowledge to impart and experience to pass on; as a strong personality with tremendous enthusiasm and competence he can well become one of the greatest assets Belgrave have ever had.

We were pleased to have greetings and good wishes recently from Mr. F.A. Bool, a Life Member, who became Hon. Secretary of the Club in 1899, and succeeded A.H.N. Edwards who had occupied this position for the first twelve years of the Club's existence. Mr Bool recalls the early racing, including sprints, on the Embankment. Still resident in Chelsea he follows the Club's activities with the greatest interest.

Len Fletcher, one of our great walkers from 1925 onwards, is again in West Middlesex Hospital; but it is now hoped that a new course of treatment will bring almost complete recovery. We sincerely hope so and send Len all good wishes.

Congratulations and thanks to Frank Simmons on the success of the winter coaching and training sessions at Chelsea Barracks. No doubt the hard work done there will be reflected in better performances than ever before on the track this coming season.

Very special attention is called to our Track Championships on Saturday June 6th at HURLINGHAM PARK TRACK, S.W.6 and it is hoped that every Club member will come along and bring his friends. There is ample accommodation for all. It is hoped also that our athletes will show their appreciation of an excellent track and first class arrangements and give us bumper entries in all events, and keenly fought out Championships.

Hurlingham Track is easily reached from Putney Bridge Station (District Line), and many bus routes run nearby. There is ample car parking accommodation at the track.

Let's make this a really memorable occasion!

SOCIAL NOTES FROM BERT JORDAN

We had three coaches for the very popular Brighton Relay, and enjoyed a very good view of the race, being able to cheer our men on each leg of the race. On the return journey we made a stop at

The Apple Tree, Crawley, and spent a very pleasant two hours enjoying the Belgrave Choir's rendering of popular camp songs. We arrived at Clapham Junction at 11 p.m., a very enjoyable day having been spent by all, despite the damp atmosphere.

ANNUAL DINNER

The Annual Dinner will be held at Berrington House, E.C.1 on Saturday, November 14th, 1959. The cost, 22/6 each.

I have now available subscription cards for the convenience of those who would like to pay a small amount each week towards the cost of a ticket.

All enquiries should be sent to:- Social Hon. Secretary, Mr A.T.A. Jordan, 16, Cologne Road, London, S.W.11.

CROSS COUNTRY SECRETARY'S NOTES

These notes will reach you well after the end of the cross-country season but I hope you will forgive me for recapping on the winter activities.

To say that the overall results were disappointing is putting it mildly. At the beginning of September I was hopeful that 1958/9 would start a revival for Belgrave and we would recover some of our lost glory but the Surrey Road Relay at Woking found us taking a back seat behind Herne Hill, Walton and South London. The following week we took part in the Polytechnic Relay (8 x 3 miles) and it was encouraging to finish three complete teams. The 'A' team were fifth, the 'B' team were ninth for which they qualified for the medals awarded to the first 'B' team, and the 'C' team twenty-fifth. Good times were recorded by Baulch, Bhatia, Davies and Newell.

These two races, followed by our own 5½ miles road race and 3 miles yacht handicap, preceded the London to Brighton Relay for Southern clubs on October 11th and we had every reason to think we were set for a place - in actual fact we had to struggle hard to secure sixth place to qualify for the National Relay in April.

On October 25th we revisited Chelmsford for their annual relay after an absence of some years. A strong team, on paper, took eighth place, 2½ minutes behind Woodford.

A cross-country relay at Reigate Priory on November 1st gave us seventh place with minor clubs like Deptford Park, Brighton, Hercules and Rochester ahead of us. On November 22nd we lost our hold on the L.C.C. Championship, taking third place behind Highgate and Queens Park Harriers. Charlie Walker and John Moore did well to take 8th and 10th places respectively.

The first major cross-country race, the South of the Thames Junior, was held at Epsom Downs on November 8th and Ken Miller (20th), John Moore (26th), Malcolm Robinson (34th) and Clive Shippen (35th) ran well to give us 3rd team award behind South London and Walton.

For the next two months we engaged in inter-club fixtures with reasonable success and also held our 7 miles Championship in which Charlie Walker caught Pat Newell on the wrong foot and, against the form book, chalked up another win in this race.

The first Saturday in January is always set aside for the county championships and this year the Surrey race was held at Epsom Downs. Although we packed well together we could do no better than fifth, with South London, Herne Hill, Walton and Surrey A.C. taking the earlier positions. Malcolm Robinson was unfortunately forced to retire when well placed, thus depriving us of a possible place.

The 10 miles Championship on January 24th reversed the result of the "seven" and gave Pat Newell an easy win over Walker with John Moore again taking third place. Eight minutes covered the first twelve runners, a very wide spread and not very encouraging for the big championships to follow in February and March. The first of these was the South of the Thames Senior which was held from our own headquarters at short notice owing to extensive flooding at the planned venue at Maidenhead. This is a race which we have won on a number of occasions and most of our leading runners are ineligible. Nevertheless our twelfth position was far from satis-

factory over our own familiar terrain. The winning team Portsmouth, finished seven men before our first runner, John Moore, who was 49th, and South London, who were second, placed six men in front of John!

On February 14th we travelled to Aylesford for the Southern and were surprised by the much improved running of our team which took fifth place with 345 points after T.V.H.(169), Woodford(208), Portsmouth(283) and S.L.H.(305). It was grand to see the lads making steady progress throughout the race - another five miles would probably have secured us a place! Special mention should be made of Pat Newell who took 14th position in very good company - a great effort.

Three weeks later the National was held from the Hotpoint Factory at Peterborough but the hope of a good position, after our improved form in the Southern, did not materialize and we scored a record number of points - 980. Let the individual positions speak for themselves - Newell 59th, Shippen 136th, Baulch 158th, Gebbett 174th, Bedford 205th and Walker 248th.

The annual visit to Ilford for the local club's relay followed the National by seven days and produced second place behind Woodford Green who beat the course record with 3h.4m.42s. Our time of 3h.6m.25s. is the second best we have shown over this course. Strangely enough it was five years ago when we cased the record to win in 3h.6m.1s. - is this a reflection on our present strength when times generally are much faster?

On March 21st we held our road Championship and Pat Newell added yet another victory to his ever growing list of Club Championships with a record breaking run of 28m.21s. Dave Baulch took second place and Malcolm Robinson was third.

We visited Cranford for the T.V.H. road relay on Easter Saturday and started four teams but were without a number of our best performers, and in consequence were not in the running for leading honours. The 'A' team were 8th, the 'C' team 12th and the 'D' team 15th. Colin Collis, in a welcome return to form, produced the fastest time of our boys.

The last effort of the winter season is the National Relay over the London to Brighton course. Our team on paper appeared to be our best for some years, but again we were to be greatly disappointed and, after much floundering in the lower half of the field, we could do no better than 11th for the second year in succession, some nine minutes behind the winners, Derby and County A.C. Now we have to qualify in the race for Southern clubs in October in order that the "Claret and Gold" shall be seen on the Brighton road next April.

Thus the season came to an end on a despondant note and my hopes of six months earlier had not been realised. A few bright specks in the shape of the Southern and the Ilford relay, in an otherwise dark sky indicate that our prospects may not be as poor as they would appear. In fact I know that our past glories will return, but not before we have all taken complete stock of ourselves. Athletes and Officials alike must change their ideas. Obviously a club having a membership such as ours must again come to the fore, but if this is to be accomplished we must discard obsolete methods of training which produce a general fitness but do not bring the speed and strength required for the modern level of athletics. Circuit training and regular exercises with the weights must become standard to the schedules of everyone, not just the few. This combined with longer and more varied running sessions, a la Herb Elliott, will ensure faster times and increased confidence. It only needs an average improvement of 45 seconds per man for us to again win a Brighton relay and to reduce our National score by over 500 points.

This improvement is well within the capabilities of many of our runners and with the advent of our leading juniors such as Alan Black, Ken Miller, Chris Thompson, Alan Peckings and Derek Crookes, to mention just a few, in to senior competition with, I hope, the return of such performers as George Flanagan, Charlie Debbs and Ron Linstead, I look to the future with considerable anticipation. If small clubs like Derby, Sheffield and Portsmouth

and clubs like South London and Thames Valley who are no larger than ourselves can do well then so can we. Therefore I want you all to analyse your training methods to see where you went wrong - set yourself an improved target and don't give up until it is attained. Use Club events throughout the year to achieve your ambition and don't be sidetracked by other subsidiary interests. Remember that in trying to put Belgrave back on the map you yourself may also attain honours and I can assure you that there is nothing more satisfying than winning your county colours as a prelude to representative and International recognition. A revival of that pre-war spirit which took a small group of our members to team and individual honours, in combination with a greater attention to training, will produce the results which, I am sure, are not far away. Why not start now to build up that spirit by getting together with other members and resolving to become Belgravians whose names will be added to that select roll of "never to be forgotten". A sense of friendly rivalry will do much to gain this object - go to it!!

CROSS-COUNTRY SEASON 1958-9

It is impossible to estimate the benefits that "back room" workers bring to hundreds of participants in the great winter activity of cross-country running.

We are indebted to Arthur Whitehead for his organisation and assistance in the following events which, during the past year, have involved the use of Club facilities.

Needless to say no other club approaches the help and co-operation we give to the sport and none can boast of such a competent band of workers as that which Arthur has at his disposal.

<u>EVENT</u>	<u>RESPONSIBLE FOR</u>
1 Inter-Counties	Results and starting equipment
2 Southern C.C.	" " " "
3 South of Thames Junior	Start and finishing arrangements
4 Surrey- Senior & Junior	" " " "
5 South of Thames Senior	Accommodation, Course, Start and finishing arrangements.
6 Surrey Boys C.C.	Course, Start and finishing etc.
7 Inter-Counties Schools	Accommodation, Course, Start and finishing arrangements, Result sheets
8 N.A.L.G.O.	Accommodation, Course, Start and finishing equipment.
9 Breweries	ditto
10 Stock Exchange	ditto
11 London Schools	ditto

This is not only a substantial contribution to the sport but a great encouragement to competitors. In addition it is felt that the Club must benefit by the wide publicity obtained through acknowledgements in the programmes of the events concerned and also by the fact that our colours are in evidence at all these meetings.

TRACK SECRETARY'S NOTES

Members should by now have received their fixture cards for the track season and it is hoped that all concerned will note that they are expected to support all Club fixtures - it is, in fact, an obligation.

I would like to point out that these fixtures do not arrange themselves, but that a vast amount of work is put in by Section Secretaries, Captains and Vice Captains to make a coherent programme.

If you have any queries, get in touch with your section Secretary, Captain or Vice Captain. Don't wait for them to come to you - go to them. Tell them what you are doing in training or what you mean to do. They can only help you if you help yourself.

All the best!

Dave Shepherd

TRACK RESULTS

Woodford trials - Sunday 5th April C.R. Jones 60 yds 6.6s.
150 yds 16.0s.
330 yds 36.0s.

North London H. trials 5th April D. Carter 60 metres 7.2s.
D. Ansell 60 do 7.5s.

L.A.C. OPEN TRIALS - HURLINGHAM - APRIL 11TH.

Belgravians did quite well at this meeting with Dave Ansell beating 22 ft. in his first long jump of the season and Charlie Jones lowering his previous best quarter time by 0.9s., also in his first attempt this season. Our International quarter-miler, Brian Morris ran 150 yards in the good time of 15.0s. D. Carter competed in the 75 and 150 yds. but was obviously not at his best.

Results:- 75 yds. D. Carter 8.3s.
150 yds. B. Morris(15s.) D. Carter(15.4) D. Ansell(16.4)
440 yds. C.R. Jones 50.3s.
Long Jump D. Ansell 22'0 $\frac{1}{2}$ "
Shot D. McCorquindale 47'5 $\frac{1}{2}$ "

MATCH v. MITCHAM, DEPTFORD PARK & SURREY A.C. - CARSHALTON, MAY 2ND.

Despite a rather weak representation, those of our men who did turn up performed quite creditably.

Seniors

Charlie Jones took second place in both sprints, clocking 10.2 and 22.9; in the second string Alan Jackson was third in 23.9. In the 440 Dave Mitchell was second in 53.4 whilst Alan Jackson won the second string event in 53.5.

A very good performance came from John Thresher who finished third in the 'half' in 1m.59.7s. In the second string event Dave Taylor was second in 2m.9s.

Malcolm Robinson, improving every time out, recorded 4m.26s. to take third place in the mile, his fastest time to date, whilst Alan Black was fourth in the second string event in 4m.37.6s.

Don MacLean, now running more like his old self, finished second in the two mile event to Hugh Foord with a time of 9m.33.8s; other places:- K. Miller 11th(10m.3s.), J. Heathfield 14th(10m.29s.)

Juniors

We had a small but keen contingent with Captain Brian Kolbe scoring fourth in the 'half'(2m.6s.) and second in the 220 in 25.7.

Eric Penny was fourth in the mile, whilst new members Mike Smithers and Roy Begley both finished fifth in the first and second string 440 event with times of 58.5 and 59.5 respectively.

GORDON STEWART TROPHY - DRAYTON GREEN, MAY 9TH

As this meeting clashed with the Sward Trophy we were poorly represented. In the Senior events, John McNaughton and Bob Taylor reached the 100 yds. final, which John won in 10.4 with Bob 4th suffering from a pulled muscle. Alan Peckings was our only representative in the mile but found the pace too fast; the winner was M. Berratt of Ealing in 4m.19s. John Thresher again beat 2 minutes in the 880 yds. taking 3rd place behind Blagrove. In the same event Dave Taylor did 2m.6s. Don MacLean was our fastest man in the 2 miles, finishing 3rd in 9m.56s. Our other runners were K. Miller (10m.4s.) David Jones(10m.22s.) and Ted Pallett(10m.50s.)

Match result:- Shaftesbury 33, Ealing 28, Belgrave 11, Maidenhead 4

In the junior events Eric Penny recorded his fastest mile to date with 4m.43s. for fourth place. Although running well, Mike Smithers and Derek Wade failed to reach the final of the 100 yds. Brian Kolbe led all the way in the 880 yds. only to be passed in the home straight; his time was 2m.4s.

Match result:- Shaftesbury 31, Ealing 12, Maidenhead 10, Belgrave 7