

Attempting to record all the international performances of Belgravians has been time consuming but it is believed that almost all have now been tracked down. Researching the international outings of Belgravians representing countries outside of Great Britain & N. Ireland has been particularly difficult. As always, additional information and corrections will be welcomed.

Many Belgravians have represented their country – but were they Belgrave members at the time they donned national colours and what exactly constitutes an ‘international’? Our international honours boards at the club house give a good starting point but they don’t detail anything other than a name and a year, and they are not, in fact, entirely correct. It appears that a few names are there which should not be, while there are others missing.

We have classified an international performance as one where the athlete represents their country (including the home countries) in a meeting where a team score is calculated to give a match result: e.g. selection for a road race where an athlete represents their home country and a team result is published is included, but a group of athletes wearing their national colours to compete in an ordinary overseas meeting is not and nor is competition in a meeting designated the ‘... International Meet’ where there is no national team selection involved. Of course, all performances at major ‘games’ are included. It could be argued of course that an athlete’s performance when invited to compete in an event like the IAAF Diamond League easily outranks a great many of the international performances shown below – perhaps, in time, we will be able to record these elsewhere. We have included T&F meetings which fulfill the above criteria but have not been regarded as full internationals by the N.U.T.S. as not all events were catered for; they are marked \*

International appearances by athletes before or after they were members of Belgrave Harriers are not included. Some names have appeared on the honours boards prematurely – notably during the period 1992-2001. It seems that on joining Belgrave H., if they had already gained international honours then their name may have been added to the board on their year of joining, even if they were not actually members on the date they represented their country.

There are now many more international matches involving the home countries than there were in earlier days. We have included all those where we have encountered a result; there may be some that we do not know about. We have not included representative honours for AAA of England.

From 1921 until 1932 British teams were styled ‘England’ although they were drawn from the whole of the Great Britain & N. Ireland. Following the formation of the British Amateur Athletic Board in 1932 teams were more correctly styled ‘Great Britain’.

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## Senior Men

**ABEJIDE, Femi** (England) – triple jump.

**1988** Jul 23, England v Holland v Belgium Under 23, Mechelen, Belgium, 2nd 15.24m w.

- Aug 14, Great Britain & N. Ireland v Hungary v International Select, Gateshead, 2nd 16.30m.
- Aug 25, Norway v England, Skien, Norway, 2nd 15.59m.

**1989** Jul 22, Wales v England v Spain v Portugal, Swansea, 2nd 15.51m w/3.4.

**ABEYIE, Tim**, (Great Britain & N. Ireland) – sprints.

**2002** Jul 20, Great Britain & N. Ireland v Germany Under 23, Newport, 100m dq.

- Jul 20, 4x100m 1st 40.89.
- Aug 3, France v Great Britain & N. Ireland v Spain, Under 23, Niort, France, 100m 6th 10.84/-0.5.
- 4x100m 2nd 39.93.

**2003** Jul 18, 4th European Under 23 Championships, Bydgoszcz, Poland, 200m 4h2 21.24/0.3.

- Jul 19, 4x100m 3h2 40.02.
- Aug 2, Great Britain & N. Ireland v France Under 23, Ashford, 200m 1st 21.45/-1.8.
- 4x100m 2nd 41.08.

**2004** Mar 6, 10th IAAF World Indoor Championships, Budapest, Hungary, 200m 2h4 21.23, 4s3 21.80.

- Jul 24, Great Britain & N. Ireland v Germany v Italy Under 23 International, Sport City, Manchester, 200m 2nd 20.92/0.4.
- 4x100m 3rd 41.00.

**ADAM, Marcus**, (England, Great Britain & N. Ireland) – sprints.

**1986** Jul 13, England v Australia v Belgium, Belgium, 100m: 3= 10.62/-0.2.

- 4x100m 2nd 41.18.

**1987** Mar 13, England v USA Indoors, Cosford, 200m 3rd 22.00.

**1989** Jan 28, Great Britain & N. Ireland v Federal Republic of Germany Indoors, Glasgow, 4x200m 1st 1:23.46.

- Mar 10, Great Britain & N. Ireland v USA v USSR Indoors, Glasgow, 4x400m 2nd 3:08.48.
- Jun 11, Great Britain & N. Ireland v Hungary v International Select, Portsmouth, 100m 3rd 10.51/-0.3.
- 4x100m 1st 39.94.
- 4x200m dnf.
- Jul 26, Dairy Crest Track International Great Britain & N. Ireland v Kenya, Crystal Palace, 100m 2nd 10.43/-0.3.
- 200m 1st 20.64/-0.7.
- 4x100m 1st 39.66.
- Aug 5, 12th European Cup 'A' Final, Gateshead, 4x100m 1st 38.46.

- Sep 10, 5th IAAF World Cup, Barcelona, Spain, 200m 5th 20.67/1.9.
- Sep 9, 4x100m 2nd 38.34.
- 1990** Jan 27-28, XIV Commonwealth Games, Auckland, New Zealand, 100m 4h4 10.77w/3.9, 3q1 10.22w/3.5, 2s1 10.31w/3.5, 4th 10.14w/3.9.
- Feb 1-2, 200m 1h6 21.00w/4.8, 1s1 20.33w/2.5, 1st 20.10w/2.4.
- Feb 3, 4x100m details of heats not known, 1st 38.67.
- 200m 1st 20.97.
- Feb 23, Great Britain & N. Ireland v German Democratic Republic, Glasgow, 60m 2nd 6.73.
- 4x200m 1st 1:22.99.
- Mar 18, Great Britain & N. Ireland v USA v USSR, Cosford, 200m A 1st 21.03.
- Jun 29, Great Britain & N. Ireland v German Democratic Republic v Canada, Gateshead, 4x100m 1st 39.38.
- Aug 19, England v Commonwealth v International Select, Gateshead, 200m 4th 21.22w/2.2.
- 4x100m, 1st 39.43.
- Aug 29-30, 15th European Championships, Split, Yugoslavia, 200m 5h2 20.79w/3.4, 5s1 20.83/0.5.
- Aug 30-Sep 1, 4x100m 1h1 38.90, 2nd 37.98.
- 1991** Jun 19, Great Britain & N. Ireland v Germany, Crystal Palace, 4x100m 1st 39.05.
- Jun 29, 13th European Cup, Frankfurt, Germany, 4x100m dq.
- 1992** Jan 26, Belgium v England v Russia Indoors, Ghent, Belgium, 200m 1st 21.15.
- Feb 29-Mar 1, 22nd European Indoor Championships, Genoa, Italy, 200m 2h4 21.10, 4s2 21.41.
- Jun 5, European Relay Championships, Sheffield, 4x200m 1st 1:21.97.
- Swedish Relay (100m, 200m, 300m, 400m), 2nd 1:50.79.
- Jun 19, Great Britain & N. Ireland v Kenya, Edinburgh, 100m 2nd 10.47/-1.0.
- 200m 3rd 20.72/-1.1.
- 4x100m 1st 39.98.
- Jul 31, XXV Olympic Games, Barcelona, 100m 2h4 10.57/-1.0, 5q1 10.35/0.9.
- Aug 3, 5 & 6, 1h6 20.62/0.0, 1q1 20.43/0.2, 4s2 20.63/-1.2, 8th 20.80/-1.0.
- Aug 7 & 8, 4x100m 2h3 39.73, 2s2 38.64, 4th 38.08.
- 1993** Feb 13, Great Britain & N. Ireland v USA Indoors, Birmingham, 200m 1st 21.06.
- 4 x 200m, 1st 1:23.56.
- Jun 5, European Relays, Portsmouth, 4 x 100m 2nd 38.86.
- 4 x 200m 2nd 1:21.54.

**ALLUM, Arthur**, (England) – cross country.

**1931** Mar 28, 24th International Cross Country Union Championships, Baldoye Racecourse, Dublin, Ireland, 9th 50:22.

**ANDERSON, David**, (England) – cross country.

**2003** Dec 14, 10th SPAR European Cross Country Championships, Edinburgh, 10.095k 48th 32:36.

**2004** Feb 15, Lotto Crosscup de Dour, Dour, Belgium, 9k 10th 28:33.

**ASPDEN, Richard**, (England, Great Britain & N. Ireland) – high jump.

**1995** Aug 21, Great Britain & N. Ireland v USA, Gateshead, 110mH 5th 2.10.

**1996** Jul 14, Great Britain & N. Ireland v Germany, v Russia U23, Hexham, 5th 2.10m.

**2002** Jul 26-27, XVII Commonwealth Games, Manchester, 5=Q 2.10m, 11th 2.10m.

**BALDOCK, Sean Michael**, (England, Great Britain & N. Ireland) – 400m.

**1998** Feb 27 & 28, Mar 1, 25th European Indoor Championships, Valencia, Spain, 1h1 47.26, 3s1 46.59, 6th 50.05.

- Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 5th 47.79.

- probably ran in 4x400m 1st 3:11.65.

- Aug 22, 17th European Championships, Budapest, Hungary, 1h2 3:02.37 (45.5), (did not run in final).

- Sep 13, IAAF World Cup, Johannesburg, RSA, 4x400m 2nd 2:59.71 (45.1).

- Sep 20-21, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 4x400m 2h1 3:03.58, (did not run in final).

**1999** Mar 7, 7th IAAF World Indoor Championships, Maebashi, Japan, 4x400m, 3h1 3:06.34.

- Jul 9 World University Games, Palma de Mallorca, Spain, 200m 3h2 21.55/-4.5, q2 dnf.

- Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 4th 47.62.

- 4x400m 1st 3:06.90.

**2000** Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 6th 47.25.

- Jul 15, SPAR 21st European Cup Super League, Gateshead, 4x400m, 2nd 3:05.24.

- Sep 22, XXVII Olympic Games, Sydney, Australia, 5h7 46.45.

**2002** Jul 26-27, XVII Commonwealth Games, Manchester, rep. England, 3h1 46.02, 3q3 46.26, 6s1 45.71.

- Jul 30-31, 4x400m 1h2 3:04.01, 1st 3:00.40 (45.4).

- Aug 6, 18th European Championships, Munich, Germany, 4h3 46.62.

- Aug 10, 4x400m 1h1 3:02.97.

**2003** Aug 30-31, 9th IAAF World Championships, Saint-Denis, Paris, France, 4x400m 2h3 3:02.22, 5th 3:01.00.

**2004** Jun 20, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 4x400m 5th 3:02.90.

- Aug 27-28, XXVIII Olympic Games, Athens, Greece, 4x400m 1h1 3:02.40 (46.75), 5th 3:01.07 (46.51).

**BARDEN, Spencer Christian**, (England, Great Britain & N. Ireland) – middle-distance and cross country.

**1999** Mar 27, 27th IAAF World Cross Country Championships, Belfast, 4k, 43rd 13:23.

- Jul 13, World University Games, Palma de Mallorca, Spain, 1500m 7h2 3:47.64, 8th 3:44.86.

**2000** Mar 18, 28th IAAF World Cross Country Championships, Vilamoura, Portugal, 4k 89th 12:27.

**2001** Mar 24, 29th IAAF World Cross Country Championships, Ostend, Belgium, 4.1k 27th 13:25.

- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 3,000m 4th 8:11.36.

**2002** Mar 23, 30th IAAF World Cross Country Championships, Dublin, 4.27k 39th 12:53.

- Dec 8, 9th SPAR European Cross Country Championships, Medulin, Croatia, 9.83k 30th 29:53.

**2003** Mar 30, 31st IAAF World Cross Country Championships, Lausanne-la Broye, Switzerland, 12.355k dnf.

**2004** Feb 15, Lotto Crosscup de Dour, Dour, Belgium, rep. England, 9k 5th 28:12.

- Nov 7, Lotto Crosscup, Ghent, Belgium, rep. England, 8.5k, 13th 24:20

**2005** Mar 19, 33rd IAAF World Cross Country Championships, Saint-Galmier, France, 4k 90th 12:54.

**BAYLEY, Timothy**, (Great Britain & N. Ireland) – middle-distance.

**2001** Jun 23, Great Britain & N. Ireland v Spain Under 23, Liverpool, 4x400m 1st 3:10.70.

**2002** Jul 20, Great Britain & N. Ireland v Germany Under 23, Newport, 400m: 3rd 48.08.

- 4x400m 2nd 3:13.83.

- Aug 3, France v Great Britain & N. Ireland v Spain, Under 23, Niort, France, 4x100m 2nd 3:11.84.

**2003** Jun 8, Loughborough International, rep. International Select, 800m 2nd= 1:53.0.

**2004** Feb 14, 2nd European Indoor Cup, Leipzig, Germany, medley relay (600m) 7th 4:19.9.

**BEARD, Gregory**, (England, Great Britain & N. Ireland) – shot

**2002** Sep 6, Catalonia v Great Britain & N. Ireland 'A' v Cuba v Yugoslavia, Barcelona, Spain, 5th 15.86m

**2003** Aug 2, Great Britain & N. Ireland v France Under 23, Ashford, 2nd 17.07m.

**2011** May 22, Loughborough International, Loughborough, rep. England, 1st 17.56m.

- Jun 18, 3rd SPAR European Team Championships, Bergen, Norway, 12th 16.97m.

**BENJAMIN, Timothy**, (Great Britain & N. Ireland) – 400m.

**2002** Sep 20, 9th IAAF World Cup in Athletics, Madrid, Spain, 7th 45.80.

- Sep 21, 4x400m 5th 3:03.34.

**2003** Mar 15 & 16 9th IAAF World Indoor Championships, Birmingham, 4x400m 3h1 3:06.60 (46.47), 3rd 3:06.12 (46.40).

- Jun 22, SPAR 24th European Cup Super League, Florence, Italy, 4x400m 1st 3:02.43.
- Jul 17 & 19, 4th European Under 23 Championships, Bydgoszcz, Poland, 400m 1h3 45.71, 2nd 45.86.
- Jul 20, 4th European Under 23 Championships, Bydgoszcz, Poland, 4x400m 6th 3:06.79.
- Aug 30, 9th IAAF World Championships, Saint-Denis, Paris, France, 4x400m 2h3 3:02.22.

**2004** Jun 19, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 1st 45.37.

- Jun 20, 4x400m 5th 3:02.90.
- Jul 25, Great Britain & N. Ireland v Commonwealth Select v European Select, Birmingham, 2nd 46.34.
- Aug 20-21, XXVIII Olympic Games, Athens, Greece, 3h8 45.69, 8s3 46.28
- Aug 27-28, 4x400m 1h1 3:02.40 (44.83), 5th 3:01.07 (44.21).

**2005** Jun 19, SPAR 26th European Cup Super League, Florence, Italy, 4x400m 1st 3:00.51.

- Aug 9-12, 10th IAAF World Championships, Helsinki, Finland, 1h1 44.85, 3s2 45.66, 5th 44.93.
- Aug 14, 4x400m 4th 2:58.82.

**2006** Aug 7-9, 19th European Championships, Göteborg, Sweden, 1h2 46.10, 4s1 45.67, 6th 45.89.

- Aug 12-13, 4x400m 1h2 3:02.51, 2nd 3:01.63.
- Aug 19 Great Britain & N. Ireland v USA v Russia v China, Birmingham, 3rd 45.93.

**BENTLEY, Frank Edward**, (Great Britain & N. Ireland) – race walking.

**1938** Sep 4, 2nd European Championships, Paris, France, 50kms, dnf.

**BEVAN, Nigel Charles**, (Wales, Great Britain & N. Ireland) – javelin.

**1988** Jul 23, England v Holland v Belgium Under 23, Mechelen, Belgium, 3rd 67.58.

**1989** Jun 11, Great Britain & N. Ireland v Hungary v International Select, Portsmouth, 2nd 74.98m.

- Jun 30 or Jul 1, N. Ireland v Scotland v Cyprus v Israel v Wales v Euskadi, Antrim, 1st 76.80m.
- Jul 15 or 16, Field Events International Norway v Great Britain & N. Ireland v Netherlands, Meisingset, Norway, 1st 78.60m.
- Jul 22, Wales v England v Spain v Portugal, Swansea, 1st 78.90m.
- Aug 28, World Student Games, Duisberg, West Germany, 5th 79.56m.

**1990** Feb 3, XIV Commonwealth Games, Auckland, New Zealand, 4th 9.70m.

**1991** Aug 17, Spain v Great Britain & N. Ireland v Germany v France, Under 23, Vigo, Spain, 3rd 73.18m.

**1992** Jun 13, Hungary v Wales v Czechoslovakia, Budapest, Hungary, 1st 76.42m.

- Jul 12, Wales v England v World Select, Cwmbran, 100m 1st 73.24m.
- Aug 7, XXV Olympic Games, Barcelona, 26Q 73.78m.
- 1994** May 22, Turkey v Wales v Scotland v Israel, Istanbul, Turkey, 3rd 68.04m.
- Jul 23, Wales v Scotland v North of England, Colwyn Bay, 1st 70.38m.
- Aug 28, XV Commonwealth Games, Victoria, Canada, 4th 80.38m.
- 1995** Jul 9, Welsh Games, Wales v England v Select, Cwmbran, 1st 77.14m.
- 1996** May 25, Welsh Games Wales v Ireland, Cardiff, 1st 72.96m.

**BHATIA, Ranjit**, (India) – middle and long distance.

**1960** Aug 31, XVII Olympic Games, Rome, Italy, 5,000m 11h2 15:06.6.

- Sep 10, marathon 60th 2:57:06.0.

**BICOURT, John Peter**, (England, Great Britain & N. Ireland) – 3,000m steeplechase.

**1969** Jun 7, British Isles Cup, England v Scotland v Wales v N. Ireland, Grangemouth, 3rd 8:56.0.

**1972** Jun 17, Great Britain & N. Ireland v Poland, Meadowbank, 4th 8:46.2.

- Jun 27, Great Britain & N. Ireland v Greece v Netherlands, Athens, 3rd 8:38.4.
- Sep 1, XX Olympic Games, Munich, Federal Republic of Germany, 8h3 8:38.8.

**1973** Jul 1, Great Britain & N. Ireland v German Democratic Republic, Leipzig, East Germany, 2nd 8:49.6.

- Sep 22, Great Britain & N. Ireland v Sweden, Crystal Palace, 3rd 8:33.2.

**1974** Jan 26, X British Commonwealth Games, Christchurch, New Zealand, 3,000mSC 4th 8:29.6.

- Jun 30, Poland v Great Britain & N. Ireland v Canada, Warsaw, Poland, 3rd 8:32.6.
- Jul 27, Great Britain & N. Ireland v Czechoslovakia, Meadowbank, 3rd 8:40.8.
- Aug 20, Norway v Great Britain & N. Ireland v Benelux Countries, Oslo, Norway, 2nd 8:31.0.
- Sep 4, 11th European Championships, Rome, 6h1 8:52.4 (fell).
- Sep 25, Great Britain & N. Ireland v Finland, Crystal Palace, 2nd 8:41.2.

**1975** Sep 14, Great Britain & N. Ireland v Sweden, Meadowbank, 2nd 8:36.2.

**1976** May 1, Yugoslavia v German Democratic Republic v Great Britain & N. Ireland, Split, Yugoslavia, 2nd 8:33.0.

- May 23, USSR v Great Britain & N. Ireland, Kiev, Russia, 6th 8:36.0.
- Jul 25, XXI Olympic Games, Montreal, Canada, 8h1 8:35.71.

**1977** Jun 21, Great Britain & N. Ireland v Italy v USA, Turin, Italy, 6th 8:53.1.

**BILLY, Ikem**, (England, Great Britain & N. Ireland) – 800m.

- 1991** Feb 13, Italy v Great Britain & N. Ireland v Yugoslavia Indoors, Turin, Italy, 800m 5th 1:50.33.
- Feb 24, Six Nations Indoor Meeting – France v Great Britain & N. Ireland v Italy v Spain v USSR v Germany, Paris, France, 800m dnf.
  - Mar 8, 3rd IAAF World Indoor Championships, Seville, Spain, 800m 3h1 1:49.09.
  - Jul 14, Welsh Games inc. International Match inc. Wales v England v Scotland v USA, 800m 5th 1:50.32.

**BLAGG, Paul**, (England, Great Britain & N. Ireland) – race walking.

- 1982** May 9, Spain v UK v France v Switzerland, Valencia, Spain, 35km 2nd 2:48:08.
- Jun 27, Italy v UK v France v Spain, Rome, Italy, 20km 18th 1:35.53.
  - Jul 18, 5 Nations Walks International, Bielefeld, German Federal Republic, 20km 14th 1:32:17.
  - Oct 7, XII Commonwealth Games, Brisbane, Australia, 30km 13th 2:30:42.
- 1983** Jun 11, IAAF World Race Walking Cup (Lugano Cup) Semi-Final, Southwark Park, 50km 8th 4:22.03.
- Sep 25, IAAF World Race Walking Cup (Lugano Cup) Final, Bergen, Norway, 50km 30th 4:19:16.3.

**BLOWFIELD, Vernon S.**, (England) – cross country.

**1948** Apr 3, Reading, 35th International Cross Country Union Championships, Leighton Park, Reading, 35th 57:23.

**BOOSEY, Derek A.**, (Great Britain & N. Ireland) – triple jump.

- 1962** Sep 28, England v Finland, White City, London, 4th 15.27m.
- 1963** Jun 8, Great Britain & N. Ireland 'A' v Benelux Countries, Billingham, 2nd 14.99m.
- Sep 14, Great Britain & N. Ireland v Sweden, White City, London, 2nd 15.75m.
  - Sep 29, Russian Federal Republic v Great Britain & N. Ireland, Volgograd, Russia, 3rd 15.46m.
  - Oct 3, Hungary v Great Britain & N. Ireland, Budapest, 4th 14.77m.
- 1964** Jun 6, Benelux Countries v Great Britain & N. Ireland 'A', Ghent, Belgium, 2nd 15.39m.

**1965** Jul 30, Great Britain & N. Ireland v Poland, White City, London, 4th 15.31m.

- Aug 13, Hungary v Great Britain & N. Ireland, White City, London, 4th 15.04m.
- Sep 25, Federal Republic of Germany v Great Britain & N. Ireland, Karlsruhe, Federal Republic of Germany, 4th 14.99m.

**1966** Oct 1, France v Finland v Great Britain & N. Ireland, Paris, 5th, 15.08m

**1967** Jul 22, France 'B' v Great Britain & N. Ireland 'B', La Baule, France, 1st 15.54m.

- Jul 29, Hungary v Great Britain & N. Ireland, Budapest, Hungary, 4th 15.10m.
- Aug 3, Poland v Great Britain & N. Ireland, Szczecin, Poland, 4th 15.12m.
- Aug 12, Great Britain & N. Ireland v USA, White City, London, 4th 15.12m.

**1968** Jun 29, Great Britain & N. Ireland v Switzerland, Bern, Switzerland, 1st 16.09m.

• Oct 16, XIX Olympic Games, Mexico City, Mexico, 16Q 16.01m.

**1969** Mar 9, European Indoor Championships, Belgrade, Yugoslavia, 10th 15.63m.

- Aug 12, Great Britain & N. Ireland v USA, White City, London, 4th 15.61m.
- Aug 16, Italy v Czechoslovakia v Great Britain & N. Ireland, Verona, Italy, 6th 15.03m.

**1970** Feb 21, Great Britain & N. Ireland v German Democratic Republic, Cosford, 4th 15.19m.

- Jul 10, Great Britain & N. Ireland v German Democratic Republic, Crystal Palace, 3rd 15.43m.
- Aug 2, Europa Cup semi-final, Zürich, Switzerland, 6th 15.28m.
- Sep 12, Poland v Great Britain & N. Ireland, Warsaw, Poland, 4th 15.23m.

**1972** Feb 19, Great Britain & N. Ireland v Spain (indoors), Cosford, 4th 14.58m.

**BRIEN, Tony**, (Republic of Ireland) – cross country.

**1971** Mar 20, ICCU International Cross Country Championships, San Sebastián, Spain, 12.1kms 83rd 42:05.

**BROOKS, Clifford 'Snowy'**, (Barbados) – decathlon.

**1972** Sep 7-8, XX Olympic Games, Munich, Federal Republic of Germany, dnf.

**BROWN, Kevin David**, (England, Great Britain & N. Ireland, Jamaica) – discus.

**1995** Jun 11, Loughborough International, Loughborough, rep. Eng, 1st 57.26m.

• Aug 21, Great Britain & N. Ireland v USA, Gateshead, 4th 56.90m.

**2002** Jul 26-27, XVII Commonwealth Games, Manchester, rep. Jam., discus 8Q 54.74m, 9th 52.51m.

**BROWNE, Derek**, (England) – triple jump.

**1993** Aug 28 or 29, Ukraine v England, Kiev, Ukraine, 4th 15.42m/0.3.

**1994** Feb 6, Austria v England v Czech Republic Indoors, Vienna, Austria, 4th 15.72m.

**CALLOW, John Allan**, (Isle of Man) – race walking.

**1974** Jan 29, X British Commonwealth Games, Christchurch, New Zealand, 20 miles 8th 2:53:12.2.

**1978** Aug 8, XI Commonwealth Games, Edmonton, Alberta, Canada, 30km dnf.

**CAMPBELL, Darren Andrew**, (England, Great Britain & N. Ireland) – sprints.

**1997** May 31, Wales v N. Ireland v International Select, Cardiff, rep. IS, 100m 1st 10.39/-0.3.

- 200m 1st 20.85/-0.8.

- Aug 2-3, 6th IAAF World Championships, Athens, Greece, 100m 3h10 10.21/0.7, 3q3 10.13/1.2, 8s1 10.37/-0.8.

- Aug 9-10, 4x100m 1h3 38.47, 2s1 38.25, 3rd 38.14.

**1998** Jun 28, 19th European Cup Super League, St Petersburg, Russia, 4x100m, 1st 38.56.

- Jul 5, Hungary v England v Czech Republic v Ireland v Slovenia, Budapest, Hungary \*, 100m 1st 10.36/-0.4.

- Aug 18-19, 17th European Championships, Budapest, Hungary, 100m 1h4 10.40/-0.3, 1q2 10.26/-0.1, 1s2 10.11/0.5, 1st 10.04/0.3.

- Aug 22, 17th European Championships, Budapest, Hungary, 1h1 38.47, 1st 38.52.

- Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 100m 2nd 10.37/-1.8.

- Sep 16-17, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 100m 1h6 10.23/-0.3, 2q4 10.13/-0.5, 4s2 10.18/-0.5, 5th 10.08/-0.7.

- Sep 20-21, 4x100m 2h2 38.62, 1st 38.20.

**1999** Jun 19, SPAR 20th European Cup Super League, Paris, France, 4x100m 1st 38.16.

- Aug 21-22, 7th IAAF World Championships, Seville, Spain, 100m 2h5 10.37/-0.5, 3q4 10.12/-0.4, 5s1 10.15/-0.7.

- Aug 29, 4x100m, 1h2 38.31, 2nd 37.73.

- Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 100m 2nd 10.19/1.5.

- 4x100m 1st 39.09.

**2000** May 21, Aqua-Pura Loughborough International, Loughborough, rep. England 100m 2nd 10.30/1.9.

- May 21, 200m 1st 20.85/-0.8.

- Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 4x100m 2nd 39.07.

- Jul 15, SPAR 21st European Cup Super League, Gateshead, 100m 1st 10.09w/2.3.

- 4x100m, 1st 38.41.

- Sep 22-23, XXVII Olympic Games, Sydney, Australia, 100m 1h5 10.28/-0.5, 1q5 10.21/0.2, 3s1 10.19/0.4, 6th 10.13/-0.3.

- Sep 28-29, 200m 2h4 20.71/0.2, 1q1 20.13/0.3, 2s2 20.23/0.3, 2nd 20.14/-0.6.

**CARTER, Charles, Thomas “Tom”**, (England) – cross country.

**1936** Mar 28, 29th International Cross Country Union Championships, Squires Gate, Blackpool, 37th 51:04.

**CASWELL, Warren**, (England) – high jump.

**1991** Aug 4, Russian Republic v England, Vladimir, Russia, 5th 2.05m.

**CHALLENGER, Benjamin**, (England, Great Britain & N. Ireland) – high jump.

**1998** Mar 1, 25th European Indoor Championships, Valencia, Spain, 10th= 2.22.

- Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 1st 2.15m.

- Jun 27, 19th European Cup Super League, St Petersburg, Russia, 2nd 2.28m.

- Sep 19, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 2nd 2.28m.

**1999** Jul 29 & 31, 2nd European Under 23 Championships, Gothenburg, Sweden, 1=Q 2.17, 1st 2.30m.

- Jul 13, World University Games, Palma de Mallorca, Spain, 2=Q 2.20m, 1st 2.30m.

- Aug 21, 7th IAAF World Championships, Seville, Spain, 25=Q2.20.

- Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 2nd 2.15m.

**2000** Feb 26, 26th European Indoor Championships, Ghent, Belgium, 14=Q 2.16m.

- Mar 5, Great Britain & N. Ireland v Russia v Canada v France v All Stars, Glasgow, nht.

- Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 3rd= 2.14m.

- Jul 15, SPAR 21st European Cup Super League, Gateshead, 6th= 2.15m.

- Sep 22, XXVII Olympic Games, Sydney, Australia, 27=Q 2.15m.

**2001** Aug 5, 8th IAAF World Championships, Edmonton, Canada, 17=Q 2.20.

**2002** Jun 22, SPAR 23rd European Cup Super League, Annecy, France, 8th 2.19m.

- Jul 28-29 XVII Commonwealth Games, Manchester, 1=Q 2.15m, 3rd 2.25m.

- Sep 20, 9th IAAF World Cup in Athletics, Madrid, Spain, 3rd 2.20m.

**2003** Feb 2, Norwich Union Indoor International, Great Britain & N. Ireland v European Select v Russia v Italy v Sweden, Glasgow, 5th 2.15m.

- Feb 15, 1st European Indoor Cup, Leipzig, Germany, dns.

- Jun 21, SPAR 24th European Cup Super League, Florence, Italy, 8th 2.20m.

**2004** Jan 24, Norwich Union Indoor International Great Britain & N. Ireland v World Select v Russia v Italy v Sweden, Glasgow, 5th 2.24m.

**2005** Mar 5, 28th European Indoor Championships, Madrid, Spain, 11Q 2.27m.

- Jun 5, Norwich Union International Great Britain & N. Ireland v USA v Russia, Glasgow, 5th= 2.15m.
- Jun 17, SPAR 26th European Cup Super League, Florence, Italy, 7th 2.20m.
- Aug 12, 10th IAAF World Championships, Helsinki, Finland, 14Q 2.24m.
- Sep 3, DecaNation, France v Great Britain & N. Ireland v China v Spain v Italy v Poland v Russia v USA, Paris (Charley), France, 5= 2.15m.

**2006** Mar 20-22, 18th Commonwealth Games, Melbourne, Australia, 5Q 2.15m, 8th 2.15m.

**CHAM, Ousman**, (England) – high jump.

**1988** Aug 25, Norway v England, Skien, Norway, 4th 2.10m.

**CHAMBERS, Dwain Anthony**, (England, Great Britain & N. Ireland) – sprints.

Received a two-year ban in 2003 after testing positive for a banned performance-enhancing substance. Results between 2002, Jan1 and 2003, Aug 1 officially annulled.

**1997** Aug 9, 6th IAAF World Championships, Athens, Greece, 4x100m 2s1 38.25 (did not run in heat or final).

**1998** Feb 27, 25th European Indoor Championships, Valencia, Spain, 60m 2h1 6.64, 5s2 6.66.

- Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 100m 1st 10.43.
- 4x100m 2nd (1st in match) 40.11.
- Aug 18-19, 17th European Championships, Budapest, Hungary, 100m 2h5 10.28/0.6, 1q3 10.26/-0.2, 1s1 10.15/0.3, 2nd 10.10/0.3.
- Aug 22, 17th European Championships, Budapest, Hungary, 1h1 38.47, (did not run in final).
- Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 100m 3rd 10.39/-1.8.
- 4x100m 2nd 39.20.
- Sep 11, IAAF World Cup, Johannesburg, RSA, 100m 3rd 10.03/-0.2.
- Sep 12, IAAF World Cup, Johannesburg, RSA, 1st 38.09.
- Sep 16-17, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 100m 3h4 10.44/-0.2, 3q1 10.24/-0.4, 5s1 10.18/0.0.
- Sep 20-21, 4x100m 2h2 38.62, 1st 38.20.

**1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. England, 100m 1st 10.17w/2.8.

• Jun 19, SPAR 20th European Cup Super League, Paris, France, 100m 1st 10.21/-0.8.

• Aug 21-22, 7th IAAF World Championships, Seville, Spain, 100m 1h6 10.34/-0.9, 1q3 10.08/-0.6, 2s1 10.09/-0.7, 3rd 9.97/0.2.

• Aug 29, 4x100m, 1h2 38.31, 2nd 37.73.

• Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 100m 3rd 10.27/1.5.

• 4x100m 1st 39.09.

**2000** Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 100m 4th 10.54/-3.8.

• 4x100m 2nd 39.07.

• Jul 15, SPAR 21st European Cup Super League, Gateshead, 4x100m 1st 38.41.

• Sep 22-23, XXVII Olympic Games, Sydney, Australia, 100m 2h7 10.38/0.3, 1q4 10.12/0.8, 1s1 10.14/0.4, 4th 10.08/-0.3.

• Sep 29 4x100m dq h1.

**2001** Jul 1, Norwich Union Challenge Great Britain & N. Ireland v USA v Russia, Glasgow, 100m 2nd 10.13w/2.2.

• 4x100m 1st 38.69.

• Aug 4-5, 8th IAAF World Championships, Edmonton, Canada, 100m 2h9 10.27/0.0, 1q4 9.97/nwi, 3s2 10.10/-1.7, 5th 9.99/-0.2.

• Aug 8, 200m 4h2 20.80/1.0, 5q4 20.60/-1.4.

• Aug 11, 4x100m h4 dq.

**2002** May 18, Aqua-Pura Loughborough International, rep. England, 4x100m 1st 40.22.

• Jun 22, SPAR 23rd European Cup Super League, Annecy, France, 100m 1st 10.04/0.2.

• Jun 22, 4x100m 1st 38.65.

• Jul 26-27 XVII Commonwealth Games, Manchester, 100m 1h5 10.19/0.3, 1q1 10.17/0.7, 1s2 10.06/0.8, 8th 11.19/0.2.

• Aug 6-7, 18th European Championships, Munich, Germany, 100m 1h1 10.23/0.2, 1q4 10.08/0.1, 1s1 10.12/0.0, 1st 9.96/-0.3.

• Aug 10-11, 4x100m 1h1 38.55, 1st 38.19.

• Aug 18, Norwich Union Challenge Great Britain & N. Ireland v USA v Russia, Glasgow, 100m 1st 10.28/1.2.

• Aug 18, 4x100m 1st 39.48.

• Sep 20, 9th IAAF World Cup in Athletics, Madrid, Spain, 100m 5th 10.16/-0.3.

**2003** Jun 29, Norwich Union Challenge Great Britain & N. Ireland v USA v Russia, Glasgow, 100m 1st 10.15/0.7.

• Jun 29, 4x100m 2nd 38.69.

• Aug 24-25, 9th IAAF World Championships, Saint-Denis, Paris, France, 100m 2h7 10.33/0.1, 2q4 10.03/0.6, 1s2 10.06/0.6, 4th 10.08/0.0.

• Aug 30-31, 4x100 1h4 38.24, 1s2 38.26, 2nd 38.08.

**2006** Jun 28, SPAR 27th European Cup Super League, Malaga, Spain, 100m 2nd 10.19w/2.6.

• Aug 7-8, 19th European Championships, Göteborg, Sweden, 100m 1h4 10.24/1.3, 4q1 10.39/0.8, 4s1 10.25/1.5, 7th 10.24/1.3.

• Aug 12-13, 4x100m 1st 38.91, 1h1 38.77.

- Aug 19, Great Britain & N. Ireland v USA v Russia v China, Birmingham, 100m 3rd 10.43/-1.5.
- Aug 20, 4x100m 1st 38.91.
- 2008** Mar 7, 12th IAAF World Indoor Championships, Valencia, Spain, 60m 1h 6.69, 1s 6.55, 2nd 6.54.
- 2009** Mar 7-8, 30th European Indoor Championships, Turin, Italy, 60m 1h3 6.53, 1s2 6.42 (European & British Record, Championship Best), 1st 6.46.
- Jun 20, SPAR 1st European Team Championships, Leiria, Portugal, 100m 1st 10.07/0.2.
- Jun 21, 200m 1st 20.55/-0.9.
- Aug 15-16, 12th IAAF World Championships, Berlin, Germany, 100m 1h4 10.18/-0.1, 1q1 10.04/-0.7, 4s2 10.04/-0.2, 6th 10.00/0.9.
- Aug 18, 200m dns.
- 2010** Mar 12-13, 13th IAAF World Indoor Championships, Doha, Qatar, 60m 1st 6.48, 1s1 6.51, 1h2 6.59.
- Jun 19, 2nd SPAR European Team Championship, Bergen, Norway, 100m 1st 9.99/1.1.
- Jul 27-28, 20th European Athletics Championships, Barcelona, Spain, 100m 1h5 10.21/-1.5, 1s2 10.10/-0.1, 5th 10.18-1.0.
- 2011** Mar 5-6, 31st European Indoor Championships, Bercy, Paris, France, 60m 3h5 6.71, 1s1 6.61, 2nd 6.54.
- Jun 18, 3rd SPAR European Team Championships, Bergen, Norway, 2nd 10.07/1.0.
- Aug 27-28, 13th IAAF World Championships, Daegu, Korea, dq s1 (false start) 100m 2h6 10.28/-0.7.
- 2012** Mar 9-10, 14th IAAF World Indoor Championships, Istanbul, Turkey, 60m 1h8 6.65, 2s2 6.62, 3rd 6.60.
- Jun 30-Jul 1, 21st European Athletics Championships, Helsinki, Finland, 4x100m dnf, 1s1 38.98.
- Aug 4-5, XXX Olympic Games, London, 100m 4s2 10.05/1.0, 1h7 10.02/2.0.
- Aug 10, 4x100m dq h1.
- 2013** Jan 26, British Athletics Indoor International GBR v Commonwealth v USA, v Germany v Russia, Emirates Arena, Glasgow, 60m 1st 6.58.
- Mar 1, 32nd European Athletics Indoor Championships, Göteborg, Sweden, 60m 5h2 6.78.
- Aug 10-11, 14th IAAF World Championships, Moscow, Russia, 100m 6s2 10.15/0.4, 3h3 10.14/-0.3.
- Aug 18, 4x100m dq, 1h1 38.12.
- 2014** Jan 25, British Athletics Indoor International GBR v Commonwealth v USA, v Scotland, Emirates Arena, Glasgow, rep. Commonwealth, 60m 2nd 6.61.
- Mar 8, 15th IAAF World Indoor Championships, Sopot, Poland, 60m 1h6 6.57, 4s2 6.58, 6th 6.53.
- May 25, IAAF World Relay Championships, Nassau, Bahamas, 4x100m, 3rd 38.19.
- Aug 12-13, 22nd European Athletics Championships, Zürich, Switzerland, 100m 1h2 10.18/-0.4, 2s3 10.25/-1.1, 4th 10.24/-0.4.

**CHASTON, Justin**, (Wales, Great Britain & N. Ireland) – steeplechase.

- 1990** Jun 26, Gilbeys/Parcelforce International, N. Ireland v Canada v Wales, Antrim, 2,000mSC 1st 5:34.86.
- 2,000m 3rd 5:14.33.
- Jul 22, Spain v Great Britain & N. Ireland U23 v France v Federal Republic of Germany, Denia, Spain, 3,000mSC 7th 8:59.3.
- Jul 28, Welsh Games inc. Wales v England v International Select v Cyprus, Wrexham, 2,000mSC 4th 5:43.70.
- 1991** Jul 14, Welsh Games inc. International Match Wales v England v Scotland v USA, 2,000mSC 5th 5:39.41.
- Aug 17, Spain v Great Britain & N. Ireland v Germany v France, Under 23, Vigo, Spain, 3,000mSC 5th 8:56.48.
- 1992** Jun 13, Hungary v Wales v Czechoslovakia, Budapest, Hungary, 2nd 8:36.17.
- Jul 12, Wales v England v World Select, Cwmbran, 2,000mSC 4th 5:33.85.
- 1993** May 26, Israel v Wales v Scotland v Turkey, Tel Aviv, Israel, 3,000mSC 1st 8:39.70.
- Aug 8, Wales v Scotland v Northern Ireland v North of England v Midlands, Wrexham, 3,000mSC 1st 8:49.24.
- 1994** May 22, Turkey v Wales v Scotland v Israel, Istanbul, Turkey, 1st 8:38.53.
- Jun 25, European Cup Super League, Birmingham, 3rd 8:29.99.
- Aug 9 & 12, 16th European Championships, Helsinki, Finland, 3,000mSC 7h2 8:31.08, 11th 8:36.83.
- Aug 23, XV Commonwealth Games, Victoria, Canada, 3,000mSC 7th 8:32.20.
- 1995** Jun 25, European Cup Premier League, Villeneuve d'Ascq, France, 3,000mSC 5th 8:26.82.
- Aug 7 & 9, 5th IAAF World Championships, Gothenburg, Sweden, 3,000mSC 8h3 8:24.97, 8s2 8:38.90.
- Sep 2, World University Championships, Fukuoka, Japan, 3,000mSC 5th 8:39.28.
- 1996** Jun 2, European Cup Super League, Madrid, Spain, 3,000mSC 3rd 8:33.59.
- Jul 29 & 31, XXVI Olympic Games, Atlanta, Georgia, USA, 3,000mSC 5h2 8:28.32, 9s2 8:28.50.
- 2000** Sep 27, XXVII Olympic Games, Sydney, Australia, 3,000mSC 7h3 8:31.01.
- 2004** Aug 21, XXVIII Olympic Games, Athens, Greece, 3,000mSC 5h3 8:28.35.

**CHASTON, Matthew**, (Wales) – 1,500m.

- 1989** Jul 22, Wales v England v Spain v Portugal, Swansea, 8th 3:53:59.
- 1990** Jul 28, Welsh Games inc. Wales v England v International Select v Cyprus, Wrexham, 7th 3:49.14.



**CHESTER, Karim**, (Great Britain & N. Ireland) – hammer.

**2004** Jul 24, Great Britain & N. Ireland v Germany v Italy Under 23 International, Sport City, Manchester, 6th 57.45m.

**CHIN, Darren**, (Great Britain & N. Ireland) – sprints.

**2001** Mar 10, Great Britain & N. Ireland v France Under 23 Indoors, Cardiff, 60m 1st 6.80.

- Jun 23, Great Britain & N. Ireland v Spain Under 23, Liverpool, 4x100m 1st 40.30.

- Jul 14, European U23 Championships, Amsterdam, Netherlands, 4x100m 2h2 39.73, 2nd 39.45.

- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 100m 5th 10.96/-2.9.

**2002** Aug 3, France v Great Britain & N. Ireland v Spain, Under 23, Niort, France, 100m 4th 10.74/-0.5.

- Aug 3, 4x100m 2nd 39.93.

- Sep 6, Catalonia v Great Britain & N. Ireland 'A' v Cuba v Yugoslavia, Barcelona, Spain, 100m 3rd 10.77/-0.6.

- Sep 6, medley relay (200m) 1st 1:50.22

**2003** Jul 19 & 20, European Under 23 Championships, Bydgoszcz, Poland, 4x100m 3h2 40.02, 1st 39.31.

**2005** Mar 4, European Indoor Championships, Madrid, Spain, 60m 2h1 6.66, 8s2 7.11.

- Aug 17, 23rd World University Championships, Izmir, Turkey, 200m 4h7 21.42/0.4, 5q2 21.22/0.3.

- Aug 19-20, 4x100m 2h2 40.23, 3rd 39.41.

**2007** Aug 9, World University Championships, Thailand, Bangkok, 4x100m 1h1 39.78, 4th 39.31.

- Aug 12-13, 200m 3h6 21.56/-0.8, 3q1 21.23/-0.1, 2s1 21.11/0.8, 6th 21.11/0.2.

**CHURCHER, Harry**, (Great Britain & N. Ireland) – race walking.

**1947** Sep 7, France v Great Britain & N. Ireland, Paris, France, 10,000m 1st 45:31.6.

**1948** Aug 3 & 7, XIV Olympic Games, London, 10,000m 1h2 46:26.4, 5th 46:28.0.

**1949** Aug 1, Great Britain & N. Ireland, White City, London, 10,000m, 1st 45:38.8.

**COOPER, Nicholas**, (Great Britain & N. Ireland) – 110mH.

**1999** Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 6th 15.17/-0.7.

**COTTRELL, Myles R.M.**, (England) – javelin.

**1992** 4 Jul, Germany v Great Britain & N. Ireland v EUN (Commonwealth of Independent States) Under 23 Match, Ulm, Germany, 6th 68.72m.

- Jul 18, European U23 Cup, Gateshead, 2nd 71.36m.

- Aug 23, Russia v England v Kazakhstan v Lithuania, Vladimir, Russia, 5th 67.48m.

**1993** Aug 28 or 29, Ukraine v England, Kiev, Ukraine, 3rd 71.96m.

**DAVID, Richard**, (Great Britain & N. Ireland) – 400m.

**1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham,

4x400m 2nd 3:10.53.

- Aug 1, European Under 23 Championships, Gothenburg, Sweden, 4x400m 2h1 3:06.96.

**DAVIES, Stephen**, (Wales) – middle distance.

**2008** May 18, Loughborough International, 1,500m, 6th 3:45.04.

**2010** May 23, Loughborough International, 1,500m, 7th 3:47.62.

**2011** Jan 30, Celtic Indoor International, Cardiff, 3,000m, 1st 8:12.33.

- May 22, Loughborough International, Loughborough, 1,500m, 7th 3:49.24.

**2012** Jan 28, Celtic Cup Indoor International, Cardiff, 1,500m, 1st 3:44.19.

**DAY, Murray**, (New Zealand) – race walking.

**1986** Jul 31, XIII Commonwealth Games, Edinburgh, 30km 6th 2:15:11.

**DEARMAN, Geoffrey**, (Great Britain & N. Ireland) – 400m.

**1997** Jun 14, Great Britain & N. Ireland v Germany v France Under 23, Hexham, 4x400m 1st 3:07.04.

- Jul 11, European Under 23 Championships, Turku, Finland, 4x400m 3h 3:12.7 (did not run in the final).

**1998** Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, probable ran in 4x400m 1st 3:11.65.

- Aug 1, Germany v Great Britain & N. Ireland v France Under 23, Dessau, Germany, 1st 46.46.

**1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB S., 3rd 46.40.

- Jul 12, World University Games, Palma de Mallorca, Spain, 5s1 46.16.

- Jul 13, 4x400m 2 3:03.95.

- Jul 29-31, European Under 23 Championships, Gothenburg, Sweden, 1h4 46.73, 3s2 46.34, 4th 46.49.

- Aug 1, 4x400m 3rd 3:03.58.

- Aug 28, 7th IAAF World Championships, Seville, Spain, 4x400m 3h1 3:02.21.

- Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 6th 47.17.

- 4x400m 2nd 3:08.24.

**DEEGAN, Gerard**, (Republic of Ireland) – middle-distance and cross country.

**1976** May 30, Republic of Ireland v Luxembourg v Wales, Dublin, Ireland, 3,000mSC 1st 8:57.2.

**1977** Jan 15, Republic of Ireland v England, Northern Ireland, Scotland, Wales, Mallusk, N. Ireland, 1st 28:00.

- Mar 20, IAAF Cross Country Championships, Dusseldorf, Germany, 12.3k 21st 38:34.
- Jun 2, Ireland v Greece, Limerick, Ireland, 5,000m, 1st 13:57.0.

**DENT, Martin**, (Australia) – middle and long-distance.

- 2006** Mar 24, 18th Commonwealth Games, Melbourne, Australia, 3,000m steeplechase 4th 8:28.98.
- Apr 1, 34th IAAF World Cross Country Championships, Fukuoka, 4k 42nd 11:28.
  - Apr 2, 12k 45th 37:36.
  - Oct 8, 1st IAAF World Road Running Championships, Debrecen, 20k 45th 1:01:15.
- 2007** Mar 24, 35th IAAF World Cross Country Championships, Mombasa, Kenya, 12k 72nd 40:00.
- 2008** Mar 30, 36th IAAF World Cross Country Championships, Edinburgh, Scotland, 12k 104th 38:31.
- 2009** Aug 22, 12th IAAF World Championships, Berlin, Germany, marathon 21st 2:16:05.
- 2010** Oct 14, XIX Commonwealth Games, Delhi, India, marathon 6th 2:20:29.
- 2012** Aug 12, XXX Olympic Games, London, marathon 28th 2:16:29.
- 2013** Aug 17, 14th IAAF World Championships, Moscow, Russia, marathon, 23rd 2:17:11.
- 2014** Jul 27, XX Commonwealth Games, Glasgow, 19th 2:19:22.

**DICKSON, Marlon**, (Great Britain & N. Ireland) – 100m.

- 1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 100m 3rd 10.87/nwi.
- 4x100m 1st 39.86.
- 2000** Sep 9, Spain v Great Britain & N. Ireland Under 23, Getafe, Spain, 100m 4th 10.74/-0.3.

**DINHAM, Ryan**, (England, Great Britain & N. Ireland) – 400m hurdles.

- 2006** May 21, Loughborough International, rep. England, 2nd 51.02.
- May 21, 4x400m 1st 3:10.88.
  - Aug 9, 19th European Championships, Göteborg, Sweden, dq h1.
  - Aug 20, Great Britain & N. Ireland v USA v Russia v China, Birmingham, 7th 52.43.

**DOBBING, Thomas James**, (Scotland) – javelin.

- 2004** Jun 6, Loughborough International, 8th 59.83m.
- 2005** May 22, Loughborough International, rep. Scotland, 64.78m.

**DOOLEY, Thomas**, (United States of America) – race walking.

- 1970** Oct 10, IAAF World Race Walking Team Championship (Lugano Trophy), Eschborn, Federal Republic of Germany, 20kms 9th, 1:30:50.

**DOUGLAS, Matthew**, (England, N. Ireland, Wales, Great Britain & N. Ireland) – 400m hurdles.

- 1997** Jun 14, Great Britain & N. Ireland v Germany v France Under 23, Hexham, 4th 52.35.
- Jul 11, European Under 23 Championships, Turku, Finland, 4h1 52.14.
- 1998** Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 3rd 53.04.
- Aug 1, Germany v Great Britain & N. Ireland v France Under 23, Dessau, Germany, 1st 50.87.
  - Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 6th 50.79.
  - Sep 17, XVI Commonwealth Games, Kuala Lumpur, Malaysia, rep. N. Ire., 4h2 50.20.
  - Sep 19-20, 110mH 5h1 15.13/-0.3.
  - Sep 20, 4x400m 7s1 3:07.27.
- 1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB S., 3rd 50.70.
- Jul 12, World University Games, Palma de Mallorca, Spain, 4h5 52.07.
  - Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 3rd 50.75.
  - Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 6th 51.31.
- 2000** Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 4th 49.65.
- Sep 24-25, XXVII Olympic Games, Sydney, Australia, 3h7 49.62, 6s3 49.53.
- 2001** May 20, Aqua-Pura Loughborough International, rep. Wales, 5th 51.37.
- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 5th 52.99.
- 2002** Jul 28-29 XVII Commonwealth Games, Manchester, rep. England, 4h1 49.38, 8th 51.01.
- 2003** Aug 27-28 & 30, World Student Games, Daegu, Korea, 1h4 51.59, 1s1 48.54, 2nd 49.26.
- Aug 30, 4x400m 3rd 3:05.54.
- 2004** Aug 23, XXVIII Olympic Games, Athens, Greece, 6h5 49.77
- 2005** Jun 5, Norwich Union International Great Britain & N. Ireland v USA v Russia, Glasgow, 5th 50.58.
- 2006** Mar 21-22, 18th Commonwealth Games, Melbourne, Australia, rep. England, 3h4 50.71, 7s2 50.56.
- DUNCKLEY, George Robert**, (England) – 440 yds.
- 1929** Aug 24, England v Germany, Stamford Bridge, London, 4x440yds, 1st 3:19.2.
- Aug 24, Medley relay (220y), 2nd.
- DUQUEMIN, Leonard** (Guernsey) – race walking.
- 1970** IX British Commonwealth Games, Edinburgh, 20 miles, 6th 2:42:48.
- 1974** Jan 29, X British Commonwealth Games, Christchurch, New Zealand, 20 miles 9th 2:53:37.4.

**EDWARDS, Darvin, (St. Lucia) – high jump.**

**2011** Aug 30 & Sep 1, 13th IAAF World Championships, Daegu, Korea, =2Q 2.31, =12th 2.20m.

**2012** Aug 5, XXX Olympic Games, London, nm Q.

**EDWARDS, Michael, (England, Great Britain & N. Ireland) – pole vault.**

**1989** Jan 28, Great Britain & N. Ireland v Federal Republic of Germany Indoors, Glasgow, 2nd 5.10m.

- Mar 10, Great Britain & N. Ireland v USA v USSR Indoors, Glasgow, 4th 5.15m.
- Jun 11, Great Britain & N. Ireland v Hungary v International Select, Portsmouth, 1st 5.10m.
- Jun 24, Great Britain & N. Ireland v Soviet Union v USA, Birmingham, nht.
- Jul 9, Under 23 International Belgium v England v Greece, Ostend, Belgium, =3rd 5.10.
- Jul 15 or 16, Field Events International Norway v Great Britain & N. Ireland v Netherlands, Meisingset, Norway, nht.
- Aug 6, 12th European Cup 'A' Final, Gateshead, 8th 5.10m.
- Aug 28, England v Oceania v Italy, Gateshead, 2nd 5.20m.
- 1990** Feb 23, Great Britain & N. Ireland v German Democratic Republic, Glasgow, 4th 5.20m.
- May 27, Great Britain & N. Ireland v Italy v International Select Jumps Meeting, 4th 5.20m.
- Jun 7, Finland v Great Britain & N. Ireland, Helsinki, Finland, 3rd 5.25m.
- Jun 29, Great Britain & N. Ireland v German Democratic Republic v Canada, Gateshead, 3rd 5.30m.
- Aug 19, England v Commonwealth v International Select, Gateshead, rep. England, 5th 5.20m.
- Aug 28, European Championships, Split, Yugoslavia, =13Q 5.10m.
- 1991** Jun 19, Great Britain & N. Ireland v Germany, Crystal Palace, 4th= 5.20m.
- Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, nh.
- Aug 4, Russian Republic v England, Vladimir, Russia, 6th 5.00m.
- Aug 26, 3rd IAAF World Championships, Tokyo, Japan, 5,000m 14Q 5.40m.
- 1992** Jun 5, Great Britain & N. Ireland v Italy v Hungary Field Event Match, Sheffield, 4th 5.20m.
- Aug 5, XXV Olympic Games, Barcelona, =27Q 5.20m.
- 1993** Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 4th 5.40m.
- Jul 16, World Student Games, Buffalo, USA, 9th 5.40m.
- Aug between 14 & 18, 4th IAAF World Championships, Stuttgart, Germany, =31Q 5.45m.
- 1994** Jun 26, European Cup Super League, Birmingham, 5th= 5.20m.

- Jul 13, Slovakia v England v Hungary v Slovenia v Croatia, Nitra, Slovakia, 1st 5.00m.
- Jul 20, Great Britain & N. Ireland v USA, Gateshead, 5th 5.20m.
- Aug 9, 16th European Championships, Helsinki, Finland, 24=Q 5.20m.
- Aug 27, XV Commonwealth Games, Victoria, Canada, 5th 5.20m.
- 1995** Jun 11, Loughborough International, Loughborough, rep. Eng, 4th 4.90m.
- 1998** Jun 28, European Cup Super League, St Petersburg, Russia, nh.
- Sep 12, IAAF World Cup, Johannesburg, RSA, 6th 5.40m.

**EDWARDS, Paul M., (England, Great Britain & N. Ireland) – shot.**

Received a four-year ban in 1994 after testing positive for a banned performance-enhancing substance; subsequently received a life ban.

- 1991** Feb 13, Italy v Great Britain & N. Ireland v Yugoslavia Indoors, Turin, Italy, 2nd 18.82m.
- Feb 24, Six Nations Indoor Meeting – France v Great Britain & N. Ireland v Italy v Spain v USSR v Germany, Paris, France, 3rd 18.48m.
- Mar 3, Great Britain & N. Ireland v USA Indoors, Glasgow, 3rd 18.46.
- Mar 8, 3rd IAAF World Indoor Championships, Seville, Spain, 10th 18.65.
- Jun 1, Italy v Great Britain & N. Ireland v Romania v Germany Field Event Match, Oristano, Italy, 2nd 18.88m.
- Jun 14, Ireland v England v Russia, Limerick, Ireland, 3rd 18.43m.
- Jun 19, Great Britain & N. Ireland v Germany, Crystal Palace, 5th 18.25m.
- Jun 30, European Cup, Frankfurt, Germany, 6th 18.68m.
- Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, 4th 18.08m.
- Aug 4, Russia v England, Vladimir, Russia, 2nd 18.83m.
- Hammer 6th 21.84m.
- Aug 30 & 31, 3rd IAAF World Championships, Tokyo, Japan, 8Q 19.28, 10th 18.91m.
- 1992** Jan 26, Belgium v England v Russia Indoors, Ghent, Belgium, 2nd 18.34m.
- Feb 29, European Indoor Championships, Genoa, Italy, 8th 19.04m.
- Mar 14, Great Britain & N. Ireland v USA Indoors, Birmingham, 4th 18.41m.
- Jun 21, England v Australia, Corby, 1st 18.95m.
- Jul 5, England v Commonwealth Select v International Select, Haringey, rep. England, 1st 19.11m.
- Jul 31, XXV Olympic Games, Barcelona, 15Q 19.03m.

- Aug 23, Russia v England v Kazakhstan v Lithuania, Vladimir, Russia, 3rd 18.22m.
- Sep 25, IAAF World Cup, Havana, Cuba, 5th 18.61m.
- 1993** Jan 30, Great Britain & N. Ireland v Russia Indoors, Glasgow, 3rd 18.20m.
- Feb 7, Belgium v England Indoors, Ghent, 1st 18.04m.
- Feb 13, Great Britain & N. Ireland v USA Indoors, Birmingham, 4th 18.56m.
- Mar 12, 4th IAAF World Indoor Championships, Toronto, Canada, Q 18.23, 9th 18.32m.
- Jun 6, Great Britain & N. Ireland v Italy v Hungary Field Events Match, Southampton, 4th 18.26m.
- Jun 26, European Cup, Rome, Italy, 6th 18.33m.
- Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 3rd 18.83.
- Aug between 14 & 21, 4th IAAF World Championships, Stuttgart, Germany, 18Q 19.00m.
- 1994** Feb 6, Austria v England v Czech Republic Indoors, Vienna, Austria, 1st 19.47m.
- Feb 12, Great Britain & N. Ireland v USA Indoors, Glasgow, 3rd 19.38m.
- Mar 11, 23rd European Indoor Championships, Paris, France, 14Q 18.49m.
- Jun 25, European Cup Super League, Birmingham, 6th 18.10m.
- Jul 20, Great Britain & N. Ireland v USA, Gateshead, 4th 18.98m.
- Aug 12, 16th European Championships, Helsinki, Finland, 13Q 18.54m.

**EKOKU, Abi**, (England, Great Britain & N. Ireland) – discus, shot.

- 1989** Jul 9, Under 23 International Belgium v England v Greece, Ostend, Belgium, shot 4th 16.76m. *Billed as U23 but several athletes, including Ekoku, over 23.*
- discus 4th 51.00m.
- 1990** Jun 7, Finland v Great Britain & N. Ireland, Helsinki, Finland, discus 4th 54.46m.
- Jun 29, Great Britain & N. Ireland v German Democratic Republic v Canada, Gateshead, discus 5th 52.64m.
- Aug 19, England v Commonwealth v International Select, Gateshead, rep. England, discus 3rd 54.18m.
- 1991** Aug 4, Russian Republic v England, Vladimir, Russia, 4th 52.54m.
- 1992** Jun 5, Great Britain & N. Ireland v Italy v Hungary Field Event Match, Sheffield, discus 6th 54.58m.
- Jul 5, England v Commonwealth Select v International Select, Haringey, rep. England, discus 3rd 58.14m.
- Aug 31, European Championships, Split, Yugoslavia, discus 23Q 53.80m.

**ELLINGTON, James**, (England, Great Britain & N. Ireland) – sprints.

- 2005** Jul 14 & 16, European Under 23 Championships, Erfurt, Germany, 100m 1h1 10.42/-0.9, 5th 10.35w/2.4.

- Jul 17th, 4x100m 4th 39.45.
- Aug 6, Under 23 International Great Britain & N. Ireland v Czech Republic v Spain v France, Sport City Manchester, 100m 1st 10.60/-2.3.
- Aug 6, 4x100m 3rd 40.38.
- 2006** May 21, Loughborough International, rep. England, 200m 3rd 21.58/1.0.
- 2007** Jul 15, European Under 23 Championships, Debrecen, Hungary, 4x100m 1h1 39.27, 1st 38.95 (eq CBP/European Under 23 Record).
- 2010** May 23, Loughborough International, rep. England, 4x100m 2nd 39.28.

**EVANS, Paul William**, (Great Britain & N. Ireland) – middle & long-distance, road running, cross country.

- 1990** Jun 7, Finland v Great Britain & N. Ireland, Helsinki, Finland, 10,000m 1st 28:18.94.
- 1992** Jul 31 & Aug 3, XXV Olympic Games, Barcelona, 10,000m 3h1 28:15.70, 11th 28:29.83.
- Sep 20, IAAF World Half Marathon Championships, Tyneside, 11th 61:38.
- 1993** Aug 14, 4th IAAF World Championships, Stuttgart, Germany, marathon dnf.
- 1995** Aug 5, 5th IAAF World Championships, Gothenburg, Sweden, 10,000m 9h1 28:14.76.
- 1996** Jul 26 & 29, XXVI Olympic Games, Atlanta, USA, 10,000m 11h1 28:24.39, dnf in final.
- 1997** Jan 4, Coca Cola International Cross Country, Belfast, 15th 24:15.
- 2001** International Ekiden Relay, Chiba, Japan, 10th team (12.195k) 38:10.

**EVLING-JONES, Louis**, (Great Britain & N. Ireland) – multi-events.

- 2004** Jul 31-Aug 1, France v Great Britain & N. Ireland v German v Switzerland Under 23 Combined Events, Merignac, France, decathlon 6th 7,295 pts.
- 2005** Feb 12-13, Spain v Great Britain & N. Ireland v France, Combined Events Indoors, Valencia, Spain, heptathlon 8th 5,121 pts.
- 2006** Feb 11-12, France v Great Britain & N. Ireland v Czech Republic v Spain v Netherlands, Combined Events Indoors, Prague, Czech Republic, heptathlon 6th 5,663 pts.
- 2008** Feb 2-3 Great Britain & N. Ireland v Czech Republic v France v Spain, Norwich Union Combined Events Indoors, Sheffield, heptathlon 4th 5,500pts.

**EXLEY, Scott**, (Great Britain & N. Ireland) – decathlon

- 2001** Aug 4-5, Great Britain & N. Ireland v France v Germany v Italy v Switzerland, Bedford, 7th 6,759pts.

**FABEN, Stuart**, (Great Britain & N. Ireland) – javelin.

- 1997** Jun 14, Great Britain & N. Ireland v Germany v France Under 23, Hexham, 3rd 71.64m.

- Jul 13, European Under 23 Championships, Turku, Finland, 8th 72.96.
- Aug 17, SPAR British Challenge – Great Britain & N. Ireland v International Select v Young Lions, Crystal Palace, rep. YL, 5th 65.98m.
- 1998** May 16, Throws International, Halle, Germany, 7th 74.72m.
- 1999** Feb 10, South Africa v England, Pretoria, Republic of South Africa, 6th 65.09.
- May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. England, 68.62m.
- 2000** Sep 2, France v Great Britain & N. Ireland 'B' International, Vittel, France, 5th 69.38m.
- 2003** Jul 11, Catalonia v Great Britain & N. Ireland 'A' v Italy, Barcelona, Spain, 2nd 70.35.

**FERGUS, Jason Robert**, (England, Great Britain & N. Ireland 'B') – sprints.

- 1996** Feb 17, Austria v England v Croatia v Hungary v Russia v Czech Republic Indoor Match, Vienna, Austria, 60m 1st no time.
- 1999** Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 200m 3rd 21.33.
- 4x100m 1st 40.04.

**FLEMING, Craig**, (Scotland) – sprints.

- 2010** May 23, Loughborough International, 200m, 5th 21.57w/2.2.
- May 23, 4x100m 3rd 40.58.

**FLINT, Benjamin**, (Great Britain & N. Ireland) – pole vault.

- 1998** Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 2nd 4.80m.
- Aug 1, Germany v Great Britain & N. Ireland v France Under 23, Dessau, Germany, 4th 5.10m.
- 1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 3rd 5.10m.
- Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 1st 5.30m
- 2000** Sep 2, France v Great Britain & N. Ireland 'B' International, Vittel, France, nht.
- Sep 9, Spain v Great Britain & N. Ireland Under 23, Getafe, Spain, 2nd 5.15m.

**FLYNN, Julian T.**, (Great Britain & N. Ireland 'B') – long jump.

- 1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. England, 5th 7.47/0.4.
- Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 5th 5.24m.
- 2000** Sep 2, France v Great Britain & N. Ireland 'B' International, Vittel, France, 4th 7.38m.

**FOOTER, Herbert E. "Bert"**, (England) – cross country.  
**1933** Mar 25, 26th International Cross Country Union Championships, Caerleon Racecourse, Newport, Wales, 4th 53:58.

**1934** Mar 24, 27th International Cross Country Union Championships, Ayr Racecourse, Scotland, 4th 51:35.

**GAUSON, Darren**, (Scotland) – 1,500m.

**2005** May 22, Loughborough International, rep. Scotland, 5th 3:49.19.

**GAUSON, Kris**, (Scotland) – 1,500m.

**2011** Aug 16 & 18, World University Championships, Shenzhen, China, 3h1 3:53.68, 8th 3:49.84.

**GEARING, Chris**, (England) – shot.

**2006** May 21, Loughborough International, 3rd 16.51m.

**GILLICK, David**, (Ireland) – 400m.

**2005** Mar 4-5, European Indoor Championships, Madrid, Spain, 1h1 46.17, 1st 46.30.

- Jun 18, SPAR European Cup First League (Group B), Leiria, Portugal, 1st 45.96.

- Jun 19, 4x400m 4th 3:06.08.

**2006** Mar 10, 11th World Indoor Championships, Moscow, Russia, 5h 47.61.

- Jun 17, European Cup Second League Group A, Banská Bystrica, Slovakia, 1st 46.49.

- Aug 7-8, 19th European Championships, Göteborg, Sweden, 2h2 46.16, 7s1 46.84.

- Aug 12-13, 4x400m, 4s 3:04.59, 9th 3:05.57.

**2007** Mar 2-3, 29th European Indoor Championships, Birmingham, 1h2 46.70, 1s2 46.16, 1st 45.52.

- Jun 23, European Cup First League Group A, Vaasa, Finland, 2nd 46.24.

- Aug 28-29, 11th IAAF World Championships, Osaka, Japan, 3h2 45.35, 6s2 45.37.

**2008** Aug 18, XXIX Olympic Games, Beijing, China, 4h7 45.83.

**2009** Mar 6, 30th European Indoor Championships, Turin, Italy, 1h4 47.10, fell in semi-final.

- Aug 18-21 12th IAAF World Championships, Berlin, Germany, 2h1 45.54, 4s1 44.88, 6th 45.53.

**2010** Mar 12-13, 13th IAAF World Indoor Championships, Doha, Qatar, dq in final, 1h2 46.72.

- Jun 19, 2nd European Team Championships 1st League, Budapest, Hungary, 400m, 2nd 45.29m.

- Jun 20, 4x400m, 2nd 3:07.29.

- Jul 27, 28 & 30, 20th European Athletics Championships, Barcelona, Spain, 1h3 45.84, 1s2 44.79, 5th 45.28.

**GINTY, James**, (England, Great Britain & N. Ireland) – steeplechase and cross country,

**1936** Aug 3, XI Olympic Games, Berlin, Germany, 3,000mSC 5h3 9:56.6.

**1937** Mar 20, 30th International Cross Country Union Championships, Hippodrome de Stockel, Bruxelles, Belgium, rep. England, 3rd 50:13.

**GIRDLER, Dominic**, (Great Britain & N. Ireland) – sprint hurdles.

**2002** Jul 20, Great Britain & N. Ireland v Germany Under 23, Newport, 110m hurdles 3rd 14.15w/2.3.

**2003** Feb 15, First European Indoor Cup, Leipzig, Germany, 60m hurdles 7th 7.87.

**GLADWIN, John**, (England, Great Britain & N. Ireland) – middle distance.

**1982** Jul 17, England v Kenya c Japan v Spain, Crystal Palace, 800m 4th 1:48.25.

**1983** Jun 4, Great Britain & N. Ireland v USSR, Birmingham, 1 mile 2nd 4:04.86.

**1984** Jul 6, England v Spain v Sweden, Gateshead, 1,500m 5th 3:41.45.

**1985** Aug 17, Great Britain & N. Ireland 'B' v France 'B', Le Tourquet, France, 800m 1st 1:46.88.

- Aug 26, England v Poland v Hungary v Czechoslovakia, Crystal Palace, 800m 1st 1:47.77.

**1986** Jun 27, England v USA, Gateshead, 800m 2nd 1:46.34.

- Aug 1-2, XIII Commonwealth Games, Edinburgh, 1,500m 2h1 3:44.45, 2nd 3:52.17.

- Aug 29 & 31, 14th European Championships, Stuttgart, West Germany, 1,500m 1h3 3:36.85, 5th 3:42.57.

**1987** Mar 13, England v USA Indoors, Cosford, 1 mile 1st 3:59.54.

**1990** Jun 22, McVitie's Challenge Great Britain & N. Ireland v USA v Kenya, 1 mile 1st 4:02.87.

**GOEDLUCK, Philip**, (England, Great Britain & N. Ireland) – sprints.

**1988** Feb 14, Belgium v Netherlands v Great Britain & N. Ireland Indoors, Ghent, Belgium, 4x200m 1st 1:27.12.

**1994** Feb 6, Austria v England v Czech Republic Indoors, Vienna, Austria, 200m 2nd r2 21.46.

- 4x200m 1st 1:25.69.

- Jul 20, Great Britain & N. Ireland v USA, Gateshead, 200m 5th 20.97/1.5.

- Aug 10-11, 16th European Championships, Helsinki, Finland, 200m 3h2 21.01/-0.1, 4q2 20.99/0.3, 7s2 21.11/1.7.

- Aug 27-28, 4x100m 2h2 39.51, 3rd 39.39.

**1995** Jul 9, Welsh Games, Wales v England v Select, Cwmbbran, 200m 5th 21.13w/4.0.

- 4x100m 2nd 40.44.

**GOOLAB, Nick**, (England, Great Britain & N. Ireland) – cross country, middle distance.

**2010** Dec 12, 17th SPAR Under 23 European Cross Country Championships, Albufeira, Portugal, 8.17k, 25th 25:04.

**2012** Dec 9, 19th SPAR Under 23 European Cross Country Championships, Budapest, Hungary, 8.05k, 75 26:42.

**2016** May 22, Loughborough International. Loughborough, rep. England, 1,500m 2nd 3:44.76.

**2017** Mar 3, 34th European Athletics Indoor Championships, Belgrade, Serbia, 3,000m 6h2 8:02.49.

- May 21, Loughborough International, Loughborough, rep. England, 3,000m 1st 7:57.64.

- Jun 17, European Athletics Team Championships Super League, Lille, France, 5,000m 2nd 13:59.72.

**2018** Dec 9, 25th SPAR European Cross Country Championships, Tilburg, Netherlands, 10.3k, 47 30:31.

**2019** Jan 12, Simplyhealth Great Stirling Xcountry, Great Britain & NI v Europe v USA, 8k, 10th 24:10.

**GOUDIE, Andrew**, (England, Great Britain & N. Ireland) – race walking.

**1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 5,000m 4th 23:00.24.

**2000** Sep 2, France v England 'A', Vittel, France, 5,000m 6th 22:39:26.

**2001** Aug 11, Great Britain & N. Ireland v France, Ashford, 5,000m 4th 22:10.13.

**GRAFFIN, Andrew**, (Great Britain & N. Ireland) – middle-distance.

**2001** Aug 9, 8th IAAF World Championships, Edmonton, Canada, 1500m 10h3 3:40.44.

**2002** Mar 24, 30th IAAF World Cross Country Championships, Dublin, 12.07k 50th 37:10.

- Dec 8, 9th SPAR European Cross Country Championships, Medulin, Croatia, 9.83k 19th 29:40.

**2003** Jun 21, SPAR European Cup Super League, Florence, Italy, 5,000m 4th 13:48.99.

**2004** Mar 20, IAAF World Cross Country Championships, Brussels, Belgium, 4k 37th 12:19.

**GRAHAM, Matthew**, (Scotland) – road running.

**2012** Aug 25, Frank Duffy 10 miles road race, Dublin, Ireland, 1st 50:04.

**GREEN, Thomas William "Tommy"**, (Great Britain & N. Ireland) – race walking.

**1929** Nov, International 100kms, Milan, Italy 2nd, time not known.

**1930** Nov 9, Sporto Gazzete International 100kms, Milan, Italy, 1st 10:30:24.

**1932** Aug 3, X Olympic Games, Los Angeles, USA, 50kms 1st 4:50:10.

**HALL, Eric William**, (Great Britain & N. Ireland) – race walking.

**1956** Nov 24, XVI Olympic Games, Melbourne, Australia, 50kms 9th 5:03:59.

**1959** May 24, Switzerland v Great Britain & N. Ireland, Lugano, Switzerland, 20kms 6th 1:42:17.

**1960** May 29, German Democratic Republic v Denmark v Great Britain & N. Ireland, Berlin, German Democratic Republic, 25kms 5th 1:59:55.

- Sep 2, XVII Olympic Games, Rome, Italy, 20kms 10th 1:38:54.0.

**HALL, Raymond C.**, (Great Britain & N. Ireland) – race walking.

**1962** Sep 14, 7th European Championships, Belgrade, Yugoslavia, 50kms 13th 4:55:47.0.

**HERBERT, Leonard W.**, (England) – cross country.

**1946** Mar 30, 33rd International Cross Country Union Championships, Ayr Racecourse, Scotland, 21st 54:33.

**1947** Mar 30, 34th International Cross Country Union Championships, Hippodrome de Saint-Cloud, Paris, France, 40th 54:44.

**HOWIE, Derek**, (Scotland), - race walking.

1978 Scotland v Greece, Athens, Greece. *Date, distance and performance not known.*

**HURST, Lee**, (England) – 3,000m steeplechase.

**2000** May 21, Aqua-Pura Loughborough International, Loughborough, rep. England 8th 9:03.68.

**HUTCHINSON, Andrew**, (Canada) – cross-country.

**2001** March 25, 29th IAAF World Cross Country Championships, Ostend, Belgium, 12km 103rd 44:39.

**IDOWU, Phillips**, (England, Great Britain & N. Ireland) – triple jump.

**1998** Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 4th 14.38m.

- Aug 1, Germany v Great Britain & N. Ireland v France Under 23, Dessau, Germany, 3rd 15.93m.

**1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB S., 3rd 50.70.

- Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 2nd 16.12m.

- Jul 29 & 30, European Under 23 Championships, Gothenburg, Sweden, 6Q 16.08/0.4, 5th 16.39/0.6.

**2000** Sep 23 & 25, XXVII Olympic Games, Sydney, Australia, 2Q 17.12m/0.6, 6th 17.08m/0.0.

**2001** May 20, Aqua-Pura Loughborough International, rep. England, 1st 16.89m/-0.5.

- Jul 1, Norwich Union Challenge, Great Britain & N. Ireland v USA v Russia, Glasgow, 17.38mw/2.6.

- Aug 4 & 6, 8th IAAF World Championships, Edmonton, Canada, 11Q 16.74m/0.2, 9th 16.60m/0.3.

**2002** Jul 28, XVII Commonwealth Games, Manchester, 2nd 17.68m.

- Aug 6 & 8, 18th European Championships, Munich, Germany, 1Q 17.54, 5th 16.92m.

- Aug 18, Norwich Union Challenge Great Britain & N. Ireland v USA v Russia, Glasgow, 3rd 17.28m.

**2004** Jun 20, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 3rd 17.10m/2.3.

- Aug 20 & 22, XXVIII Olympic Games, Athens, Greece, 4Q 17.33m/-1.2, nm in final.

**2005** Mar 4, European Indoor Championships, Madrid, Spain, 11Q 16.44m.

**2006** Mar 25, XVIII Commonwealth Games, Melbourne, Australia, 1st 17.45m/0.2.

- Aug 10 & 12, 19th European Championships, Göteborg, Sweden, 3Q 17.01m/-1.0, 5th 17.02m/0.3.

- Aug 20, Great Britain & N. Ireland v USA v Russia v China, Birmingham, 1st 17.10m/0.7.

**2007** Jan 27, Norwich Union Indoor International, Great Britain & N. Ireland v Germany v USA v Commonwealth v Sweden, Glasgow, 2nd 17.03m.

- Mar 2-3, 29th European Indoor Championships, Birmingham, 3Q 16.82, 1st 17.56m.

- Jun 24, SPAR European Cup Super League, Munich, Germany, 2nd 17.21m

- Aug 25 & 27, 11th IAAF World Championships, Osaka, Japan, 4Q 17.07m/-0.1, 6th 17.09m/-0.9.

**2008** Mar 7 & 9, 12th IAAF World Indoor Championships, Valencia, Spain, 4Q 17.05m, 1st 17.75m.

- Jun 22, SPAR European Cup Super League, Annecy, France, 1st 17.46m/0.5.

- Aug 18 & 21, XXIX Olympic Games, Beijing, China, 1Q 17.44m/1.0, 2nd 17.62m.

**2009** Jun 21, SPAR European Team Championships, Leiria, Portugal, 2nd 17.50m/0.1.

- Aug 16 & 18, 12th IAAF World Championships, Berlin, Germany, 2Q 17.32m/0.3, 1st 17.73m.

**2010** Jun 20, 2nd SPAR European Team Championship, Bergen, Norway, 2nd 17.12m/1.3.

- Jul 27 & 29, 20th European Athletics Championships, Barcelona, Spain, 4Q 17.10m/0.8, 1st 17.81m/0.1.

**2011** Sep 2 & 4, 13th IAAF World Championships, Daegu, Korea, 4Q 17.17m/0.5, 2nd 17.77m/0.0.

**2012** Aug 7, XXX Olympic Games, London, 14Q 16.53m/-1.0.

**2014** Jun 22, European Team Championships, Braunschweig, Germany, 4th 16.37/-0.5.

- Aug 1 & 2, XX Commonwealth Games, Glasgow, 2Q 16.70/0.2, 5th 16.45m/0.0.

**IVE, Joe**, (England, Great Britain & N. Ireland) – pole vault.

**2007** May 20, Accenture Loughborough International, rep. England, 1st 5.20m

- Jul 13, European Under 23 Championships, Debrecen, Hungary, nhQ.

**JONES, Michael David**, (England, Great Britain & N. Ireland) – hammer.

**1998** May 16, Throws International, Halle, Germany, 6th 71.90m.

- Jun 28, European Cup Super League, St Petersburg, Russia, 6th 72.28m.
- Jul 5, Hungary v England v Czech Republic v Ireland v Slovenia, Budapest, Hungary \*, 15th 70.12m (inc. IAAF GP event).
- Sep 12, IAAF World Cup, Johannesburg, RSA, 5th 72.89.
- Sep 18, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 2nd 74.02.

**1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. England, 75.20m.

- Jun 19, SPAR European Cup Super League, Paris, France, 8th 72.04m.
- Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 1st 73.32m.

**2000** May 27, Throws International, Halle, Germany, 6th 73.38m.

- Sep 2, France v Great Britain & N. Ireland 'B' International, Vittel, France, 3rd 74.37m.

**2001** Jun 23, SPAR European Cup Super League, Bremen, Germany, 6th 73.67m.

- Aug 4, 8th IAAF World Championships, Edmonton, Canada, 27Q 73.31m.

**2002** May 18, Aqua-Pura Loughborough International, 1st 71.23m.

- Jun 22, SPAR European Cup Super League, Annecy, France, 8th 70.08m.
- Jul 28-29, XVII Commonwealth Games, Manchester, 1st 72.55m.
- Sep 20, 9th IAAF World Cup in Athletics, Madrid, Spain, 8th 66.92m.

**2003** Jun 21, SPAR European Cup Super League, Florence, Italy, 8th 72.08m.

**2004** Jun 6, Loughborough International, rep. International Select, 1st 72.39.

- Jun 19, SPAR European Cup Super League, Bydgoszcz, Poland, 7th 68.56m.

**2006** Mar 24, XVIII Commonwealth Games, Melbourne, Australia, 5th 70.09m.

**JONES, Simon**, (Wales) – road running.

**2009** Sep 12, Tesco Grand Prix 10k, Prague, Czech Republic, 24th, 31:45.

**KAPEK, Julien**, (France) – triple jump.

**2004** Jun 20, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 5th 16.86m/0.5.

- Aug 20 & 22, XXVIII Olympic Games, Athens, Greece, 12Q 16.91m/0.8, 10th 16.81m/0.1.

**2006** Jun 29, 27th SPAR European Cup Super League, Malaga, Spain, 3rd 16.80m/1.5.

- Aug 10, 19th European Championships, Göteborg, Sweden, 13Q 16.74m/0.4.
- Aug 25, 11th IAAF World Championships, Osaka, Japan, =19Q 16.55m/0.4.

**KELLY, James**, (England) – marathon.

**2013** Oct 20, Scotiabank Toronto Waterfront Marathon, Toronto, Ontario, Canada, 11th, 2:19:01.

**KING, Paul**, (Great Britain & N. Ireland) – race walking.

**2003 Sep 20**, 28 Heures Internationales de Roubaix à la Marche, Roubaix, France, 23rd 191.525k.

**KLOPFER, Goetz**, (United States of America) – race walking.

**1970** Oct 11, IAAF World Race Walking Team Championship (Lugano Trophy), Eschborn, Federal Republic of Germany, 50kms 19th, 4:33.24.

**KNIFTON, John**, (United States of America) – race walking.

**1970** Oct 11, IAAF World Race Walking Team Championship (Lugano Trophy), Eschborn, Federal Republic of Germany, 50kms 16th, 4:28:42.

**1973** Oct 13, IAAF World Race Walking Team Championship (Lugano Trophy), Lugano, Switzerland, 50kms 14th, 4:17:49.

**1975** Oct 11, IAAF World Race Walking Team Championship (Lugano Trophy), Le Grand-Quevilly, France, 20kms dq.

**KORJIE, Haroun**, (Sierra Leone) – sprints

**1996** Aug 2, XXVI Olympic Games, Atlanta, Georgia, USA, 4x400m 7h1 3:11.65 (47.48).

**LAMBERT, Christopher Patrick**, (England, Great Britain & N. Ireland) – sprints.

**2001** Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 100m 1st 10.74/-2.9.

- 4x100m 2nd 40.74.
- Aug 27-28, World Student Games, Beijing, China, 100m 1h10 10.32, 1q1 10.37, 1s2 10.32, 3rd 10.38/-0.8.
- Aug 30-31, 200m 1h4 20.84, 2q2 20.87, 5s1 20.86w.
- 2002** Jun 22, SPAR European Cup Super League, Annecy, France, 4x100m 1st 38.65.
- Jul 28-29, XVII Commonwealth Games, Manchester, 200m 1h2 20.77/1.3, 2q3 20.90/1.3, 6s2 21.02/0.4.
- 2003** Jul 18 & 20, European Under 23 Championships, Bydgoszcz, Poland, 200m 1h1 20.75w/2.2, 1st 20.34/0.7.
- Jul 19 & 20, European Under 23 Championships, Bydgoszcz, Poland, 4x100m 3h2 40.02, 1st 39.31.
- Aug 25-26, World Student Games, Daegu, Korea, 100m 1h5 10.33/-0.1, 1q1 10.31/0.8, 1s1 10.38/-0.1, 1st 10.44/-1.2.



**2004** Jun 19, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 4x100m 1st 38.67.

- Jul 25, Great Britain & N. Ireland v Commonwealth Select v European Select, Birmingham, 200m 5th 20.67/1.7.
- Aug 24, XXVIII Olympic Games, Athens, Greece, 200m dnf h3.

**2005** Mar 5-6, European Indoor Championships, Madrid, Spain, 1h4 20.77, 1s3 20.74, 2nd 20.69.

- Jan 29, Norwich Union Indoor International, Great Britain & N. Ireland v France v Italy v Russia v Sweden, 200m 4th 21.59.
- Jun 5, Norwich Union International Great Britain & N. Ireland v USA v Russia, Glasgow, 200m 3rd 21.25/-1.8.
- 4x100m 1st 38.93.

**2006** Mar 22, XVIII Commonwealth Games, Melbourne, Australia, 200m 5h2 21.20/0.7, dns q4.

**LAWTON, Carl**, (England, Great Britain & N. Ireland) – race walking.

**1971** Aug 14, 10th European Championships, Helsinki, Finland, 50kms dnf.

- Sep 25, Great Britain & N. Ireland v Federal Republic of Germany, Hillingdon, 35kms 5th 2:54.35.

**1974** Jan 29, X British Commonwealth Games, Christchurch, New Zealand, 20 miles dnf.

- Jul 30, Sweden v Great Britain & N. Ireland, Stockholm, Sweden, 10,000m 3rd 45:16.4.

**1976** Jun 16, Great Britain & N. Ireland v Federal Republic of Germany, Salzgitter, Federal Republic of Germany, 20km 6th 1:33:31.0.

- Sep 18, IAAF World Championships, Malmö, Sweden, 50km dnf.

**1977** Jul 16, Great Britain & N. Ireland v France, Nice, France, 10,000m 2nd 45:33.1.

- Jul 26, Great Britain & N. Ireland v Sweden v Poland v Finland, Stockholm, Sweden, 20km 9th 1:34:29.0.

**1980** May 20, Great Britain & N. Ireland v Italy, Gradisca D'Isonzo, Italy, 35km 7th 3:04:47.

**LEROY, Gerard**, (Mauritius) – 400m.

**1958** Jul 17, V British Empire & Commonwealth Games, Cardiff, Wales, 4h1 50.5.

**LEVY, Noel**, (Great Britain & N. Ireland) – 400m hurdles.

**1995** Jul 29, Great Britain & N. Ireland v France v Spain v Italy, U23, Narbonne, France, 4th 51.78.

**1996** Jul 14, Great Britain & N. Ireland v Germany, v Russia, U23, Hexham, 3rd 51.55.

**LINDO, Hopeton A.** (England) – high jump.

**1991** Jun 14, Ireland v England v Russia, Limerick, Ireland, 3rd 2.08m.

- Jul 14, Welsh Games inc. International Match inc. Wales v England v Scotland v USA, 6th 2.11m.

**1992** Jan 26, Belgium v England v Russia Indoors, Ghent, Belgium, 4th 2.10m.

**1995** Jun 11, Loughborough International, Loughborough, rep. Eng, 5th 2.10m.

**LLOYD, Andrew**, (Australia) – middle-distance.

**1989** Aug 28, England v Oceania v Italy, Gateshead, rep. Oceania, 3,000m 1st 7:50.29.

- Sep 10, 5th IAAF World Cup, Barcelona, Spain, 5,000m 7th 13:54.92.

**1990** Feb 1, XIV Commonwealth Games, Auckland, New Zealand, 5,000m 1st 13:24.86.

**1991** Aug 30, 3rd IAAF World Championships, Tokyo, Japan, 5,000m 9h3 13:59.71.

**1992** Jun 21, England v Australia, Corby, 3,000m 4th 8:08.80.

**LOBO, Jason**, (England, Great Britain & N. Ireland) – 800m.

**1998** Sep 17-18, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 800m 3h1 1:48.20, 6s2 1:47.96.

**1999** Feb 10, South Africa v England, Pretoria, Republic of South Africa, 800m 7th 1:50.95.

- Sep 4, CGU Challenge Great Britain & N. Ireland v USA, Glasgow, 800m 5th 1:50.28.

**2000** Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 800m 7th 1:52.67.

**LOZANO DE PEDRO, Alberto**, (Spain) – cross country.

**2012** Dec 9, 19th SPAR European Cross Country Championships, Budapest, Hungary, 9.9k, 34th 31:12.

**LUCAS DFC, William Ernest "Bill"**, (Great Britain & N. Ireland) – middle distance.

**1948** Jul 31, XIV Olympic Games, London, 5,000m 7h2 15:29.0 est.

**1950** Aug 7, England v Wales v Ireland v Scotland, White City, London, 5,000m 2nd 14:56.8.

- Aug 12, Great Britain v Benelux Countries v USA, White City, London, 3 miles 3rd 14:20.0.

**MACKENZIE, John**, (Scotland) – triple jump.

**1993** Aug 8, Wales v Scotland v Northern Ireland v North of England v Midlands, Wrexham, 1st 16.04w.

**1994** Jul 23, Wales v Scotland v North of England, Colwyn Bay, 1st 15.43m.

- Aug 28, XV Commonwealth Games, Victoria, Canada, 14Q 16.12m w/2.5.

**MACKY, Graham**, (New Zealand) – road running.

**1985** Apr 14, 1st IAAF World Championship Marathon, Hiroshima, Japan, 47th 2:16:17.

**1987** Sep 6, 2nd IAAF World Championships, Rome, Italy, Marathon, 20th 2:20:43.

**MAIN, David J.** (Ireland) – cross country.

**1946** Mar 30, 33rd International Cross Country Union Championships, Ayr Racecourse, Scotland, 47th 58:33.

**MAYERS, Ivan A.**, (British Guiana, now Guyana) – sprints

**1958** Jul 17, V British Empire & Commonwealth Games, Cardiff, Wales, 100yds 5h5 10.3w/2.6.

- Jul 22, 220yds 5h7 23.3.

**MAYNARD, Darrell**, (Wales) – 800m.

**1994** May 22, Turkey v Wales v Scotland v Israel, Istanbul, Turkey, 1st 1:53.09.

**1995** Jul 9, Welsh Games, Wales v England v Select, Cwmbran, 6th 1:50.47.

- Jul 23, Wales v Scotland v N. Ireland v Turkey, Cardiff, 1st 1:51.62.

**1996** May 25, Welsh Games Wales v Ireland, Cardiff, 8th 1:50.85.

**1997** May 31, Wales v N. Ireland v International Select, Cardiff, 2nd 1:52.48.

**MCLEAN-FOREMAN, Alasdair James**, (Great Britain & N. Ireland) – 800m.

**2001** Jun 23, Great Britain & N. Ireland v Spain Under 23, Liverpool, 4th 1:52.91.

**MEAD, Darren**, (England, Great Britain & N. Ireland) – middle-distance, cross-country.

**1990** Jul 22, Spain v Great Britain & N. Ireland U23 v France v Federal Republic of Germany, Denia, Spain, 3,000m 4th 8:06.97.

- Czechoslovakia v England v Poland Under 23, Jablonec, Czechoslovakia, 3,000m 5th 8:36.36.

**1994** Mar 26, 22nd IAAF World Cross Country Championships, Budapest, Hungary, 12.06k 132nd 37:24.

- Jul 13, Slovakia v England v Hungary v Slovenia v Croatia, Nitra, Slovakia, 5,000m 2nd (1st in match) 13:59.66.

**MEPANDY, Farel**, (Democratic Republic of the Congo) – triple jump.

**2004** Jul 18, African Championships, Brazzaville, Congo, 4th 15.88m/0.0.

**MERRETT, Dennis J.**, (Great Britain & N. Ireland) – sprints.

**1953** May 25, British Games, White City, 1 mile medley Relay, 1st (220yds) 3:26.6.

**MIDDLETON, Ray**, (Great Britain & N. Ireland) – race walking.

**1961** Aug 12, IAAF World Race Walking Team Championship (Lugano Trophy) preliminary round, Wimbledon, 50kms 3rd 4:41:03.2.

- Oct 14, IAAF World Race Walking Team Championship (Lugano Trophy), Lugano, Switzerland, 50kms 4th 4:39:24.

**1962** Sep 14, 7th European Championships, Belgrade, Yugoslavia, 50kms dq.

**1963** Sep 15, IAAF World Race Walking Team Championship (Lugano Trophy) preliminary round, Challes-les-Eaux, France, 50kms 1st 4:27:06.0.

- Oct 12, IAAF World Race Walking Team Championship (Lugano Trophy), Varese, Italy, 50kms 2nd 4:17:15.

**1964** Oct 18, XVIII Olympic Games, Tokyo, Japan, 50kms 13th 4:25:49.2.

**1965** Oct 10, IAAF World Race Walking Team Championship (Lugano Trophy), Pescara, Italy, 50kms 7th 4:19:14.8.

**1966** Aug 6, VIII British Empire & Commonwealth Games, Kingston, Jamaica, 20 miles 2nd 2:45:19.

- Sep 3, 8th European Championships, Budapest, Hungary, 50kms 5th 4:23:01.

**1967** Oct 15, IAAF World Race Walking Team Championship (Lugano Trophy), Bad Saarow, German Democratic Republic, 50kms 8th 4:29:23.0.

**1968** Jun 1, Federal Republic of Germany v Great Britain & N. Ireland v Czechoslovakia, Kleinaspach, Federal Republic of Germany, 35kms 2nd 2:55:23.

**1969** May 3, Great Britain & N. Ireland v Federal Republic of Germany, Bexley, 35kms, 2nd 3:03:51.

- Sep 18, 9th European Championships, Athens, Greece, 50kms 5th 4:27:00.

**1970** Oct 11, IAAF World Race Walking Team Championship (Lugano Trophy), Eschborn, Federal Republic of Germany, 50kms 11th 4:19:57.2.

**1971** Sep 25, Great Britain & N. Ireland v Federal Republic of Germany, Hillingdon, 35kms 7th 2:58:44.

**1972** May 27, Federal Republic of Germany v Great Britain & N. Ireland, Bremen, Federal Republic of Germany, 50kms 5th 4:15:51.2.

**1973** Sep 9, IAAF World Race Walking Team Championship (Lugano Cup) Qualifying Competition, Borås, Sweden, 50kms 7th 4:30:12.0.

- Oct 13, IAAF World Race Walking Team Championship (Lugano Cup) Final, Rancate, Switzerland, 50kms 19th 4:22:25.0.

**MILES, Mark Thomas**, (Great Britain & N. Ireland) – middle-distance, cross country.

**1999** Aug 1, European Under 23 Championships, Gothenburg, Sweden, 5,000m 11th 14:19:53.

**2001** Mar 24, 29th IAAF World Cross Country Championships, Ostend, Belgium, 4.1k 130th 14:58.

- Apr 7, EAA European Challenge 10,000m, Barakaldo, Spain, 11th race B 30:03.82.
- 2002** Apr 7, World University Cross Country Champs, Santiago de Compostela, Spain, 11.63k 7th 35:27.
- Nov 23, Ekiden Relay, Chiba, Japan, (10k) 15th team 28:42.
- 2003** Mar 30, IAAF World Cross Country Championships, Lausanne-la Broye, Switzerland 12.355k, dnf.
- Jul 11, Catalonia v Great Britain & N. Ireland 'A' v Italy, Barcelona, Spain, 3,000m 3rd 8:02.81.
- 2009** Oct 11, IAAF World Half Marathon Championships, Birmingham, 46th 1:04:21.

**MORALEE, Shaun**, (England) – middle-distance.  
**2009** Sep 19, Great North City Games, England v Australia, Newcastle, 1 mile (road) 8th 4:24.

- MORRIS, Brian H.A.**, (Great Britain & N. Ireland) – 440yds/400m.
- 1957** Aug 5, Great Britain & N. Ireland v France, White City, London, 4x440yds 1st 3:14.0.
  - 1959** Jul 25, Great Britain & N. Ireland 'B' v Netherlands, St. Helens, 440yds 2nd 49.6.
  - 4x440yds 1st 3:14.8.
  - 1963** Mar 23, Federal Republic of Germany v Great Britain & N. Ireland Indoors, Stuttgart, Federal Republic of Germany, 400m 2nd 48.8.
  - Medley relay, 1st 4:21.6.

- MORRIS, Darrin**, (Scotland, Great Britain & N. Ireland) – discus.
- 1991** Jun 1, Italy v Great Britain & N. Ireland v Romania v Germany Field Event Match, Oristano, Italy, 8th 54.82m.
  - Jun 16, Scotland v Wales v N. Ireland v Ireland v Iceland, Grangemouth, 2nd 54.10m.
  - Jul 14, Welsh Games inc. International Match inc. Wales v England v Scotland v USA, 3rd 54.64m.
  - Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, 6th 54.06m.
  - Jul 23, World Student Games, Sheffield, 14th 53.82m.
  - 1993** May 27, Israel v Wales v Scotland v Turkey, Tel Aviv, Israel, 3rd 53.00m.
  - Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 5th 56.80m.
  - Jul 14-18, World Student Games, Buffalo, USA, 19Q 51.08m.
  - 1994** May 22, Turkey v Wales v Scotland v Israel, Istanbul, Turkey, 2nd 56.38.
  - Jul 23, Wales v Scotland v North of England, Colwyn Bay, 1st 54.76m.
  - Aug 26, XV Commonwealth Games, Victoria, Canada, rep. Scotland, 8th 54.98m.

**MOSS, Christopher Robert**, (Great Britain & N. Ireland) – 800m.

- 2001** Jul 15, European U23 Championships, Amsterdam, Netherlands, 6h2 1:49.71.
- 2002** Sep 6, Catalonia v Great Britain & N. Ireland 'A' v Cuba v Yugoslavia, Barcelona, Spain, 3rd 1:50.28.
- 2003** Feb 15, First European Indoor Cup, Leipzig, Germany, medley relay (800m) 7th 4:16.38.
- 2004** Feb 14, Second European Indoor Cup, Leipzig, Germany, 7th 1:51.04.

**MOULLIN, John**, (Guernsey) – race walking.

- 1970** IX British Commonwealth Games, Edinburgh, 20 miles, 10th 2:48:07.
- 1974** Jan 29, X British Commonwealth Games, Christchurch, New Zealand, 20 miles 10th 2:57:27.2.

**MULHARE, Daniel**, (Ireland) – middle-distance and cross country.

- 2008** Nov 9, Lotto CrossCup, Mol, Belgium, 9.5k 23rd 32:37.
- 2010** Nov 7, VII Cross Internacional Atapuerca, Burgos, Spain, 8.925k 22nd 26:18.
- Dec 12, 17th SPAR European Cross Country Championships, Albufeira, Portugal, 9.87k, 57th 31:35.
- 2011** Mar 4, 31st European Indoor Championships, Bercy, Paris, France, 3,000m 6h3 8:04.57.
- 2013** Dec 8, 20th SPAR European Cross Country Championships, Belgrade, Serbia, 10k, 31st 30:07.

**MULHARE, Michael**, (Ireland) – cross country.

- 2010** Nov 7, VII Cross Internacional Atapuerca, Burgos, Spain, 8.925k 24th 26:32.
- Dec 12, 17th SPAR Under 23 European Cross Country Championships, Albufeira, Portugal, 8.17k, 16th 24:53.
- 2011** Feb 6, Under 23 Celtic International Cross Country, Dublin, 1st 38:33.
- Dec 11, 18th SPAR Under 23 European Cross Country Championships, Velenje, Slovenia, 8k, 33rd 24:24.
- 2012** Dec 9, 19th SPAR European Cross Country Championships, Budapest, Hungary, 9.9k, 44 31:30.
- 2013** Dec 8, 20th SPAR European Cross Country Championships, Belgrade, Serbia, 10k, 15th 30:29.
- 2014** Jan 11, BUPA Great Edinburgh Cross Country, rep. Europe, 8k 5th 24:32.

**NANKEVILLE, George William "Bill"**, (Great Britain & N. Ireland) – 1,500m.

- 1947** Sep 7, France v Great Britain & N. Ireland, Paris, 1,500m 3rd 4:00.2.
- 1948** Aug 4 & 6, XIV Olympic Games, London, 2h3 3:55.8, 6th 3:52.6.

**NASH, Kevin**, (Scotland) – 3,000mSC.

- 2001** May 20, Aqua-Pura Loughborough International, 6th 8:57.63.

**2003** Jun 8, Loughborough International, 1st 8:50.86.

**2005** May 22, Loughborough International, 1st 8:59.57.

**NEWMAN, Lee Jon**, (Wales) – shot and discus.

**1997** May 31, Wales v N. Ireland v International Select, Cardiff, shot 1st 16.80m.

- discus 2nd 57.00m.

**1998** Sep 17, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 7th 56.28.

**1999** Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, discus 1st 57.96.

**2001** Mar 18, Norwich Union International, Great Britain & N. Ireland v Russia v Scandinavia v All Stars v GB Lions Indoors, Glasgow, rep. GBL, shot 4th 17.08m.

- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, shot 1st 17.59.

**2002** May 18, Aqua-Pura Loughborough International, discus 2nd 55.10m.

- Jul 26-27, XVII Commonwealth Games, Manchester, discus 10Q 52.88m, 8th 53.81m.

- Jul 31, XVII Commonwealth Games, Manchester, shot 11th 16.59m.

**NOLAN, David**, (England) – 400m.

**1995** Jul 9, Welsh Games, Wales v England v Select, Cwmbran, 1st 46.61.

**1996** Jun 9, Estonia v England v Poland v Latvia v Finland v Flanders, Tallinn, Estonia, 2nd 46.20.

**NORTH, Geoffrey A.**, (Great Britain & N. Ireland) – 5,000m.

**1966** Jun 18, Great Britain & N. Ireland v USSR, White City, London, 3rd 13:49.4.

**NORTH, Gerald A.**, (England, Great Britain & N. Ireland) – long-distance and cross country.

**1962** Mar 24, 49th International Cross Country Union Championships, Graves Park, Sheffield, rep. England, 12.0kms 8th 45:08.

**1963** Jul 25, Norway v England, Bergen, Oslo, Norway, 10,000m 1st 29:29.4.

- Aug 23, Great Britain & N. Ireland v Federal Republic of Germany, White City, London, 10,000m 3rd 29:55.2.

**1964** Mar 21, 51st International Cross Country Union Championships, Leopardstown Racecourse, Dublin, Ireland, rep. England, 11.8kms 4th 40:49.

**1965** Mar 20, 52nd International Cross Country Union Championships, The Hippodrome Wellington, Oostende, Belgium, 12.1kms 12th 37:22.

**1966** Mar 21, 53rd International Cross Country Union Championships, Souissi Racecourse, Rabat, Morocco, rep. England, 12.1kms 19th 37:30.

**OBENG, Ernest**, (Ghana until 1984, England, Great Britain & N. Ireland) – sprints.

**1978** between Jul 20-27, 3rd All-Africa Games, Algiers, Algeria, 100m h 10.42, 5th 10.58.

- between Jul 20-27, 200m h 21.46, *sf position and time not known*.

- between Jul 20-27, probably ran in 4x100m 1st 39.24.

- Aug 6 & 7, XI Commonwealth Games, Edmonton, Alberta, Canada, 100m 1h4 10.47/-1.2, 2q4 10.44/-1.3, 4s2 10.32w/4.6, 8th 10.34w/7.6.

- Aug 8 200m 4h6 21.56w/3.2, 7q1 21.81/1.1.

- Aug 11 & 12, 4x100m, 1h2 39.92, 5th 39.73.

**1979** Aug between 2 & 5, African Championships, Dakar, Senegal, 100m 1h 10.1, 1s 10.20w, 1st 10.54/-1.3.

- Aug 24, IAAF World Cup, Montreal, Canada, rep. Africa, 100m 5th 10.36/-0.1.

- Aug 25, 4x100m 5th 39.02.

**1981** Jul 21 & 22, World University Games, Bucharest, Romania, 100m 1s2 10.36/0.5, 3rd 10.37/-0.5.

- Sep 4, 3rd IAAF World Cup, Rome Italy, rep. Africa 100m 2nd 10.21/0.2.

- Sep 5, 4x100m dq.

**1982**, 2nd African Championships, Cairo, Egypt, 100m 1st 10.20.

- Oct 3 & 4, XII Commonwealth Games, Brisbane, Australia, 100m 1h5 10.43/0.0, 2q1 10.27w/2.6, 6s2 10.38/1.9.

- Oct 5 & 7, 200m 5h3 21.80/-1.8, 5q2 21.28/-1.6, 7s1 21.54w/2.1.

- Oct 8, 4x100m 3h1 40.75, 6th 40.52.

**1983** Aug 7, 1st IAAF World Championships, Helsinki, Finland, 100m 3h8 10.35w/2.3, 5q1 10.51/1.1.

- Aug 9, 4x100m 7h1 41.92.

**1986** Feb 8, Great Britain & N. Ireland v Hungary Indoors, Cosford, 60m 1st 6.71.

- Feb 25, Great Britain & N. Ireland v USSR, Cosford, 60m 2nd 6.77.

- Mar 8, England v USA Indoors, Cosford, 60m 2nd 6.73.

- Jun 27, England v USA, Gateshead, 100m 6th 10.70.

**1987** Feb 28, Great Britain & N. Ireland v Hungary Indoors, Budapest, Hungary, 60m 1st 6.63.

- Mar 13, England v USA Indoors, Cosford, 60m 1st 6.71.

- Jun 13, Great Britain & N. Ireland v Poland v Canada, Gateshead, 100m, 4th 10.75/-1.5.

- Jun 20, England v Czechoslovakia v Italy, Portsmouth, 100m 2nd 10.30w/2.5.

- may have run in 4x100m 1st 39.81.

**1988** Feb 6, Great Britain & N. Ireland v France Indoors, Glasgow, 60m 2nd 6.80.

- Feb 14, Belgium v Netherlands v Great Britain & N. Ireland Indoors, Ghent, Belgium, 60m 2nd 6.73.

- Jun 18, Great Britain & N. Ireland v USSR v France, Portsmouth, 4x100m 1st 38.86.
  - Jun 24, England v USA, Birmingham, 100m 4th 10.41.
  - 4x100m 2nd 38.90.
- 1989** Jan 28, Great Britain & N. Ireland v Federal Republic of Germany Indoors, Glasgow, 60m 2nd 6.75.

**O'FARRELL, Darragh**, (Ireland) – long jump.

- 2004** Jun 6, Loughborough International, 4th 6.97m/1.0.  
**2005** Jun 18, SPAR European Cup First League (Group B), Leiria, Portugal, 8th 7.10m/0.9.

**ONI, Samson**, (England, Great Britain & N. Ireland) – high jump.

- 2001** Mar 10, Great Britain & N. Ireland v France Under 23 Indoors, Cardiff, 3rd 2.20m.
- Jul 14, European U23 Championships, Amsterdam, Netherlands, nmQ.
- 2003** Jul 18, European Under 23 Championships, Bydgoszcz, Poland, 18Q 2.15.
- Aug 2, Great Britain & N. Ireland v France Under 23, Ashford, 3rd= 2.15m.
- 2007** Mar 3, European Indoor Championships, Birmingham, 14=Q 2.23m.
- 2008** Mar 7, 12th IAAF World Indoor Championships, Valencia, Spain, 12Q 2.24m.
- Jun 21, SPAR European Cup Super League, Annecy, France, 5th 2.20m.
- 2009** Jan 31, Aviva Indoor International, Great Britain & N. Ireland v USA v Commonwealth v Germany v Sweden, Glasgow, rep. Commonwealth, 2nd 2.29m.
- Mar 6, 30th European Indoor Championships, Turin, Italy, 12Q 2.22m.
  - Jun 20, SPAR European Team Championships, Leiria, Portugal, 9th 2.24m.
- 2010** Mar 12-13, 13th IAAF World Indoor Championships, Doha, Qatar, 7th 2.24m, 3Q 2.26m.
- Oct 7 & 9, XIX Commonwealth Games, Delhi, India, 4th 2.23m, 1=Q 2.16m.
- 2011** Jun 18, 3rd SPAR European Team Championships, Bergen, Norway, 8th 2.20m.
- 2012** Mar 10, 14th IAAF World Indoor Championships, Istanbul, Turkey, 13=Q 2.22m.
- Jun 27 & 29, 21st European Athletics Championships, Helsinki, Finland, 10=Q 2.23, nm.

**OSAZUWA, John**, (Nigeria) – hammer.

- 2006** Mar 24, XVIII Commonwealth Games, Melbourne, Australia, 8th 62.71m.
- 2010** Jul 31, 17th CAA African Athletics Championships, Nairobi, Kenya, 6th 60.55m.

**ODNEY, Graeme**, (Scotland, Great Britain & N. Ireland) – 800m.

- 2006** May 21, Loughborough International, rep. Scotland, 2nd 1:48.67.

**2007** May 20, Accenture Loughborough International, rep. Scotland, 5th 1:47.99.

- Jul 12 & 14, European Under 23 Championships, Debrecen, Hungary, 5h2 1:51.71, 9th 1:52.06.

**2008** Feb 2, Celtic Cup Indoor Match, Cardiff, rep. Scotland, 1st 1:54.91.

- May 18, Loughborough International, rep. Scotland, 2nd 1:48.40.
  - Jul 1, Bank of Scotland Celtic Cup, Grangemouth, rep. Scotland, 3rd 1:51.48.
- 2009** May 17, McCain Loughborough International, rep. Scotland, 3rd 1:50.38.

**OWEN, Neil James**, (Great Britain & N. Ireland) – hurdles.

- 1993** Jul 18, World Student Games, Buffalo, USA, 110mH 5s1 14.12/1.9.
- 1994** Jul 9, England U23 v Australia U20, Kings Lynn, 110mH 1st 14.19/-0.9.
- Jul 31, European Cup U23, Ostrava, Czech Republic, 110mH 2nd 13.97.-0.4.
- 1995** Jun 5, U23 International, Zorffingen, Switzerland, 110mH 1st 14.18/-0.9.
- Jun 11, Loughborough International, Loughborough, rep. GB & N.I. Students, 110mH 1st 13.88/-1.1.
  - Jul 9, Welsh Games, Wales v England v Select, Cwmbbran, 110mH 2nd 13.65w/4.4.
  - Aug 11-12, 5th IAAF World Championships, Gothenburg, Sweden, 110mH 4h3 13.74/1.7, 4q2 13.82w/2.8, 7s2 13.92/1.1.
  - Aug 21, Great Britain & N. Ireland v USA, Gateshead, 110mH 5th 13.87/0.2.
  - Aug 29-30, World University Championships, Fukuoka, Japan, 110mH 4s2 13.85/0.4, 3q2 13.89/-0.6, 5th 13.72/0.4.
- 1996** Jan 27, Great Britain & N. Ireland v Russia Indoor Match, 60mH 2nd 7.87.
- Feb 17, Austria v England v Croatia v Hungary v Russia v Czech Republic Indoor Match, Vienna, Austria, 60mH 2nd 7.79.
  - Feb 24, Great Britain & N. Ireland v France Indoors, Glasgow, 60mH 2nd 7.72.
  - Jun 9, Estonia v England v Poland v Latvia v Finland v Flanders, Tallinn, Estonia, 110mH 4th 13.62/0.6.
- 2000** Sep 2, France v Great Britain & N. Ireland 'B' International, Vittel, France, 110mH 3rd 13.8/0.8.
- 2001** Mar 18, Norwich Union International, Great Britain & N. Ireland v Russia v Scandinavia v All Stars v GB Lions Indoors, Glasgow, rep. GBL, 60mH 5th 8.16.
- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 110mH 4th 14.86/-3.4.
  - 4x100m 2nd 40.74.
- OWOR, Paskar**, (Uganda) – 800m.
- 2005** Aug 11, 10th IAAF World Championships, Helsinki, Finland, 11h3 1:51.72.

**PACK, Henry Edward “Eddie”** (England) – 440yds.

**1938** Feb 10, III British Empire Games, Sydney, New South Wales, Australia, 5h1 -.

- Feb 12, 4x440yds 2nd 3:19.5 est.

**PAMAH, David**, (St Vincent & the Grenadines) – middle-distance.

**1998** Sep 17, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 800m 6h5 1:52.91.

- Sep 20, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 1500m 8h1 3:54.87.

**PARKER, Jack, “Pat”**, (N. Ireland, Great Britain & N. Ireland) – middle distance & cross country.

**1937** Mar 20, 30th International Cross Country Union Championships, Hippodrome de Stockel, Bruxelles, Belgium, rep. N. Ireland, dnf.

- Jul 24, France v Great Britain & N. Ireland, Paris, 5,000m 4th.

**1938** Apr 2, 31st International Cross Country Union Championships, Royal Ulster Showground, Belfast, N. Ireland, rep. N. Ireland, 51st 53:29.

**PARPER, Michael**, (Great Britain & N. Ireland) – 400m.

**1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 3rd 47.69.

- 4x400m 2nd 3:10.53.
- Aug 1, European Under 23 Championships, Gothenburg, Sweden, 4x400m 2h1 3:06.96.

**PATON, Stuart P.**, (Scotland, Great Britain & N. Ireland) – middle-distance.

**1982** Dec 11, IAC Cross-Country, Crystal Palace, rep. Scotland ‘B’, 8.5km 38th 30:29.

**1983** Feb 12, Great Britain & N. Ireland v France Indoors, Cosford, 1,500m 4th 3:50.89.

- Feb 23, Great Britain & N. Ireland v USSR Indoors, Cosford, 1 mile 4:11.54.

**1985** Jun 30, Morton Stadium, Dublin, Ireland v Scotland v Catalonia, 800m 1st 1:50.97.

**1988** Jul 9, Iceland v Ireland v Scotland, Grangemouth, 800m 1st 1:49.03.

**1989** May 7, Middle-Distance International, Hungary v Czechoslovakia v Greece v Scotland, Miskolk, Hungary, 800m 5th 1:52.68.

**PAUL, Lenox**, (England, Great Britain & N. Ireland) – sprints.

**1990** Jun 7, Finland v Great Britain & N. Ireland, Helsinki, Finland, 200m 3rd 21.87/-1.3.

- 4x100m 1st 40.17.

**1991** Feb 13, Italy v Great Britain & N. Ireland v Yugoslavia Indoors, Turin, Italy, 60m 4th 6.81.

- Jun 14, Ireland v England v Russia, Limerick, Ireland, 100m 1st 10.59/-0.4.

- Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, possibly ran in 4x100m, 1st 39.37.

- Aug 4, Russian Republic v England, Vladimir, Russia, 100m 4th 10.68/0.6.

- 4x100m dq.

**1992** Jun 5, European Relay Championships, Sheffield, Swedish Relay (100m, 200m, 300m, 400m), 2nd 1:50.79 (100m).

- Jul 12, Wales v England v World Select, Cwmbran, 100m 2nd 10.55/-0.9.

- Aug 23, Russia v England v Kazakhstan v Lithuania, Vladimir, Russia, 100m, 4th 10.73/0.9.

**PENNY, Arthur W.**, (England) – long-distance, cross country.

**1933** Mar 25, 26th International Cross Country Union Championships, Caerleon Racecourse, Newport, Wales, 9th 54:47.

**1934** Mar 24, 27th International Cross Country Union Championships, Ayr Racecourse, Scotland, 3rd 51:26.

- Aug 6, II British Empire Games, White City, London, 6 miles 1st 31:00.6.

**1939** Apr 1, 32nd International Cross Country Union Championships, Ely Racecourse, Cardiff, Wales, 18th 49:00.

**PHELAN, John**, (Republic of Ireland) – cross country.

**1972** Mar 18, ICCU International Cross Country Championships, Coldhams Common, Cambridge, 12.1kms 75th 41:30.

**PIPER, George F.**, (Great Britain) – marathon.

**1920** VII Olympic Games, Antwerp, Belgium, 29th 3:02:10.

**POLLARD, Mark**, (Scotland) – cross country.

**2007** Mar 4, Cinque Mulini Cross Country, San Vittore, Olona, Italy, 10.2k 18th 34:36.

**RAWLINSON, Christopher**, (Great Britain & N. Ireland) – 400m hurdles.

**1996** Jun 9, Estonia v England v Poland v Latvia v Finland v Flanders, Tallinn, Estonia, 3rd 50.36.

**1997** Jun 21, European Cup Super League, Munich, Germany, 5th 51.06.

- Aug 2, 6th IAAF World Championships, Athens, Greece, 5h3 49.72.

**1998** Aug 18, 17th European Championships, Budapest, Hungary, 7h2 51.11.

**1999** Jun 19, SPAR European Cup Super League, Paris, France, 5th 49.65.

- Jul 12, World University Games, Palma de Mallorca, Spain, 1h2 50.33, 4s1 49.36, 5th 48.88.

- Jul 13, 4x400m 2 3:03.95.

- Aug 24, 7th IAAF World Championships, Seville, Spain, h4 dns.

**2000** Jul 2, Norwich Union Challenge Great Britain & N. Ireland v USA, Glasgow, 3rd 49.12.

- Jul 15, SPAR European Cup Super League, Gateshead, 1st 48.84.
- 4x400m, 2nd 3:05.24.
- Sep 24-25, XXVII Olympic Games, Sydney, Australia, 1h5 51.30, 6s2 49.25.

**2001** Jun 23, SPAR European Cup Super League, Bremen, Germany, 5th 50.11.

- Jul 1, Norwich Union Challenge, Great Britain & N. Ireland v USA v Russia, Glasgow, 400mH 49.22.
- Aug 7, 8, 10, 8th IAAF World Championships, Edmonton, Canada, 1h5 49.38, 1s2 48.27, 5th 48.54.

**READLE, David**, (Great Britain & N. Ireland) – shot.

**2000** Jul 22, Great Britain & N. Ireland v Germany v France, Under 23, Liverpool, 5th 16.27m.

**2002** Aug 3, France v Great Britain & N. Ireland v Spain, Under 23, Niort, France, 3rd 16.54m.

**REGIS, John Paul Lyndon, MBE**, (England, Great Britain & N. Ireland) – sprints.

**1985** Jun 21, England v USA, Birmingham, 200m 6th 21.68/-2.7.

**1986** Feb 25, Great Britain & N. Ireland v USSR, Cosford, 200m 3rd 21.92.

- Jun 27, England v USA, Gateshead, 200m 5th 21.38.
- 4x100m 1st 39.73.
- Jul 31, XIII Commonwealth Games, Edinburgh, 200m 2s1 21.23/1.6, 8th 21.08w/2.2.

**1987** Feb 21-22, 18th European Indoor Championships, Liévin, France, 200m 1h2 20.78, 2s1 20.84, 3rd 20.54.

- Feb 28, Great Britain & N. Ireland v Hungary, Budapest, Hungary, 20m 1st 20.85.
- Sep 1 & 3, 2nd IAAF World Championships, Rome, Italy, 200m 1h6 20.76/0.3, 3q3 20.60/0.4, 1s1 20.54/0.5, 3rd 20.18/-0.4.
- Sep 5, 4x100m dq h1.

**1988** Mar 12, England v USA Indoors, Cosford, 4x400m 2nd 3:10.25.

- Jun 18, Great Britain & N. Ireland v USSR v France, Portsmouth, 100m 3rd 10.42/-1.0.
- 4x100m 1st 38.86.
- Jun 24, England v USA, Birmingham, 200m 2nd 20.72w/2.4.
- 4x100m 2nd 38.90.
- Aug 14, Great Britain & N. Ireland v Hungary v International Select, Gateshead, 4x100m 1st 39.36.
- Sep 23, XXVI Olympic Games, Seoul, South Korea, 100m 4h6 10.76.
- Sep 26 & 28, 200m 1h4 20.90, 2q1 20.61, 7s1 20.69.
- Sep 30 & Oct 1, 4x100m 2h4 39.17, 2s1 38.52, 2nd 38.28.

**1989** Feb 18-19, 20th European Indoor Championships, The Hague, Netherlands, 200m 2h1 21.20, 2s1 21.08, 2nd 21.00.

- Mar 3, 2nd IAAF World Indoor Championships, Budapest, Hungary, 200m 1h2 21.17, 1s1 20.81, 1st 20.54.

• Mar 10, Great Britain & N. Ireland v USA v USSR Indoors, Glasgow, 200m 1st 20.99.

• Jun 11, Great Britain & N. Ireland v Hungary v International Select, Portsmouth, 200m 1st 20.79/-1.5.

• 4x100m 1st 39.94.

• 4x200m dnf.

• Jun 24, Great Britain & N. Ireland v Soviet Union v USA v Federal Republic of Germany, Birmingham, 200m 1st 20.65/1.5.

• 4x100m 2nd 39.49.

• Jul 26, Dairy Crest Track International Great Britain & N. Ireland v Kenya, Crystal Palace, 200m 2nd 20.64/-0.7.

• 4x100m 1st 39.66.

• Aug 5, 12th European Cup 'A' Final, Gateshead, 4x100m 1st 38.46.

• Aug 6, 200m 1st 20.62/0.1.

• Sep 9, 5th IAAF World Cup, Barcelona, Spain, 4x100m 2nd 38.34.

**1990** Jan 27-28, XIV Commonwealth Games, Auckland, New Zealand, 100m 3h6 10.52w/3.8, 2q3 10.32w/3.0, 4s2 10.25/1.2, 7th 10.22w/3.9.

• Feb 1-2, 200m 1h1 20.80w/2.9, 1q2 20.40w/2.8, 1s2 20.35w/2.3, 2nd 20.16w/2.4.

• Feb 2-3, 4x100m details of heats not known, 1st 38.67.

• Feb 23, Great Britain & N. Ireland v German Democratic Republic, Glasgow, 4x200m 1st 1:22.99.

• Jun 22, McVitie's Challenge Great Britain & N. Ireland v USA v Kenya, 200m 1st 20.52w/3.6.

• 4x100m dnf.

• Jun 29, Great Britain & N. Ireland v German Democratic Republic v Canada, Gateshead, 100m 3rd 10.70/-2.1.

• 200m 2nd 20.72/-2.2.

• 4x100m 1st 39.38.

• Aug 19, England v Commonwealth v International Select, Gateshead, 100m 3rd 10.50/0.9.

• 4x100m, 1st 39.43.

• Aug 27-28, 15th European Championships, Split, Yugoslavia, 100m 2h1 10.39/-1.2, 4s1 10.20/0.3, 3rd 10.07w/2.2.

• Aug 29-30, 200m 1h1 20.67/1.1, 1s1 20.16/0.5, 1st 20.11/0.0.

• Aug 30-Sep 1, 4x100m 1h1 38.90, 2nd 37.98.

• Sep 1, 4x400m did not run in heat 1st 2:58.22 (43.9).

**1991** Mar 3, Great Britain & N. Ireland v USA Indoors, Glasgow, 200m 1st 20.83.

• 4x200m 1st 1:22.11.

• Jun 19, Great Britain & N. Ireland v Germany, Crystal Palace, 200m 2nd 20.53/-0.6.

• 4x100m 1st 39.05.

• Jun 29, European Cup, Frankfurt, Germany, 4x100m dq.

- Jun 30, 200m 2nd 20.73/-1.6.
  - Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, 100m 4th 10.52/-1.1.
  - possibly ran in 4x100m, 1st 39.37.
  - Aug 26 & 27, 3rd IAAF World Championships, Tokyo, Japan, 200m 2h7 20.62/0.1, 4q3 20.38/0.8, 5s2 20.52/-3.1.
  - Aug 31 & Sep 1, 4x100m 2h1 38.36, 3rd 38.09.
  - Sep 1, 4x400m did not run in heat, 1st 2:57.57 (44.22).
  - 1992** Jun 5, European Relay Championships, Sheffield, 4x200m 1st 1:21.97.
  - Jun 19, Great Britain & N. Ireland v Kenya, Edinburgh, 200m 2nd 20.62/-1.1.
  - Aug 3, 5 & 6, XXV Olympic Games, Barcelona, 1h9 20.63/0.5, 2q5 20.16/0.0, 2s1 20.09/-0.2, 6th 20.55/-1.0.
  - Aug 7 & 8, 4x100m did not run in heat, 2s2 38.64, 4th 38.08.
  - Aug 8, 4x400m did not run in heat, 3rd 2:59.73 (45.1).
  - 1993** Feb 13, Great Britain & N. Ireland v USA Indoors, Birmingham, 200m dq.
  - 4 x 200m, 1st 1:23.56.
  - Jun 5, European Relays, Portsmouth, 4 x 100m 2nd 38.86.
  - 4 x 200m 2nd 1:21.54.
  - Jun 26, European Cup, Rome, Italy, 4 x 100m 1st 38.53.
  - Jun 27, 200m 1st 20.38/-0.9.
  - 4x400m 1st 3:00.25.
  - Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 100m 4th 10.21/1.7.
  - 200m 1st 20.08w/2.1.
  - 4x100m 1st 39.45.
  - Aug 17, 19 & 20, 4th IAAF World Championships, Stuttgart, Germany, 2h7 20.67/-0.5, 2q2 20.39/0.6, 3s1 20.16/0.6, 200m 2nd 19.94/0.3.
  - Aug 21 & 22, 4x100m did not run in heat or semi-final, 2nd 37.77.
  - 1994** Feb 12, Great Britain & N. Ireland v USA Indoors, Glasgow, 200m: 1st 20.74.
  - probably ran in 4x200m 1st 1:24.13.
  - Jun 25, European Cup Super League, Birmingham, 4x100m 1st 38.72.
  - Jul 20, Great Britain & N. Ireland v USA, Gateshead, 200m 1st 20.44/1.5.
  - 4x100m 1st 38.91.
  - Aug 24 & 26, XV Commonwealth Games, Victoria, Canada, 200m 1h8 21.03/0.6, 1q1 20.36/2.0, 1s2 20.65/-0.1, 2nd 20.25.
  - Sep 11, 7th IAAF World Cup, Crystal Palace, 200m 1st 20.45/-1.4.
  - Sep 10, 4x100m 1st 38.46.
  - 1995** Feb 11, Great Britain & N. Ireland v France Indoors, Glasgow, 200m 1st 20.67.
  - Mar 10-11, 5th IAAF World Indoor Championships, Barcelona, Spain, 200m 2h5 21.21, 2s1 20.94, dns in final.
  - Aug 10-11, 5th IAAF World Championships, Gothenburg, Sweden, 200m 2h6 20.78/1.0, 3q3 20.51/0.8, 4s1 20.39/0.3, 7th 20.67/0.5.
  - Aug 12, 4x100m, 2h4 39.07, 5s2 38.75.
  - 1996** Feb 24, Great Britain & N. Ireland v France Indoors, Glasgow, 200m 1st 20.88.
  - Jul 31-Aug 1, XXVI Olympic Games, Atlanta, Georgia, USA, 200m 3h5 20.78/-0.5, 3q4 20.56/0.3, 6s1 20.58/0.3.
  - Aug 19, Great Britain & N. Ireland v International Select, Gateshead, 200m 1st 20.62/-1.6.
  - 1998** Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 200m 3rd 21.22/-1.7.
  - 4x100m 2nd 39.20.
  - Sep 18-19, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 200m 2h1 20.78/0.4, 2q2 20.58/-0.1, 2s2 20.49/-0.3, 3rd 20.40/-0.2.
  - 1999** Mar 6, 7th IAAF World Indoor Championships, Maebashi, Japan, 200m, 3h2 21.23.
- REILLY, Brendan**, (England, Great Britain & N. Ireland, Ireland) – high jump.
- 1995** Jan 28, Great Britain & N. Ireland v Russia Indoors, Birmingham, 1st 2.26m.
  - Feb 11, Great Britain & N. Ireland v France Indoors, Glasgow, 2nd 2.20m.
  - Feb 18, England v Austria/Hungary v Czech Republic, Vienna, Austria, 1st 2.18m.
  - Aug 5, 5th IAAF World Championships, Gothenburg, Sweden, 17=Q 2.24m.
  - Sep 1, World University Championships, Fukuoka, Japan, 3rd 2.27m.
  - Sep 11, Great Britain & N. Ireland v Hungary, v Russia v Ukraine, Salgotargan, Hungary, 2nd 2.25m.
  - 1997** Jun 13, England v Estonia, v Finland v Flanders, v Ireland, v Latvia, Tallinn, Estonia, 1st 2.20m.
  - Aug 4, 6th IAAF World Championships, Athens, Greece, 27Q 2.23m.
  - 1998** Aug 19 & 21, 17th European Championships, Budapest, Hungary, 7=Q 2.24m, 9th= 2.24m.
  - Sep 19, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 5th 2.24m.
  - 2000** Sep 22, XXVII Olympic Games, Sydney, Australia, rep. Ireland, 23=Q 2.20m.
- RICHARDS, Matthew**, (Wales) – hammer.
- 2009** May 17, McCain Loughborough International, 7th 55.32m.
  - 2010** Oct 8, XIX Commonwealth Games, Delhi, India, 12th 60.52m.
  - 2011** May 22, Loughborough International, Loughborough, 7th 64.69m.



**RIDGEON, Jonathon Peter**, (England, Great Britain & N. Ireland) – hurdles and sprints.

- 1989** Jan 28, Great Britain & N. Ireland v Federal Republic of Germany Indoors, Glasgow, 200m 1st 21.15.
- 4x200m 1st 1:23.46.
- 1992** Mar 1, European Indoor Championships, Genoa, Italy, 60mH 3h3 7.81, 3s1 7.78, 4th 7.78.
- Mar 14, Great Britain & N. Ireland v USA Indoors, Birmingham, 60mH 2nd 7.76m.
  - May 23, Norway v England, Floro, Norway \*, 110mH 2nd 13.91/-2.1.
  - Jun 19, Great Britain & N. Ireland v Kenya, Edinburgh, 110mH 3rd 13.89/-1.4.
  - Jun 21, England v Australia, Corby, 110mH 2nd 13.69w/3.4.
  - Sep 25, IAAF World Cup, Havana, Cuba, 400mH 2nd 49.01.
  - 4x400m 2nd 3:03.32.
- 1996** Jun 1, European Cup Super League, Madrid, Spain, 400mH: 2nd 49.84.
- Jul 29 & 31, XXVI Olympic Games, Atlanta, Georgia, USA, 400mH 1h5 49.31, 7s1 49.43.
  - Aug 19, Great Britain & N. Ireland v International Select, Gateshead, 400mH 2nd 49.54.

**ROBERTSON, Maximillian**, (Great Britain & N. Ireland) – 400m hurdles.

- 1992** Jun 19, Great Britain & N. Ireland v Kenya, Edinburgh, 3rd 51.17.
- Jul 5, England v Commonwealth Select v International Select, Haringey, 6th 51.96.
  - Aug 3, XXV Olympic Games, Barcelona, dnf h5.

**SALLE, Frederick Ebong**, (England, Great Britain & N. Ireland) – long jump.

- 1992** Jun 5, Great Britain & N. Ireland v Italy v Hungary Field Event Match, Sheffield, 2nd 7.53m/?
- Jul 5, England v Commonwealth Select v International Select, Haringey, 3rd 6.94w/?
  - Aug 23, Russia v England v Kazakhstan v Lithuania, Vladimir, Russia, 4th 7.36m/?
- 1993** Jan 30, Great Britain & N. Ireland v Russia Indoors, Glasgow, 4th 7.96m.
- Feb 7, Belgium v England Indoors, Ghent, 1st 7.69m.
  - Feb 13, Great Britain & N. Ireland v USA Indoors, Birmingham, 2nd 7.51m.
  - Mar 12?, 4th IAAF World Indoor Championships, Toronto, Canada, njQ.
  - Jun 6, Great Britain & N. Ireland v Italy v Hungary Field Events Match, Southampton, 2nd 7.69m/?.
  - Jun 28, European Cup, Rome, Italy, 7th 7.63m.
  - Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 5th 7.58/2.0.
  - Aug between 14 & 19, 4th IAAF World Championships, Stuttgart, Germany, =30Q 7.60m.

**1994** Jan 29, Great Britain & N. Ireland v Russia Indoors, Glasgow, 4th 7.51m.

- Feb 6, Austria v England v Czech Republic Indoors, Vienna, Austria, 4th 7.57m.
  - Feb 12, Great Britain & N. Ireland v USA Indoors, Glasgow, 4th 7.27m.
  - Jul 13, Slovakia v England v Hungary v Slovenia v Croatia, Nitra, Slovakia, 1st 7.83m.
  - Jul 20, Great Britain & N. Ireland v USA, Gateshead, 2nd 8.10mw/4.7.
  - Aug 24 & 26, XV Commonwealth Games, Victoria, Canada, 4Q 7.85m/1.3, 5th 7.88m/1.9.
  - Sep 9, 7th IAAF World Cup, Crystal Palace, 1st 8.10m/-0.2.
- 1995** Feb 18, England v Austria/Hungary v Czech Republic, Vienna, Austria, 1st 7.90.
- Mar 10, 5th IAAF World Indoor Championships, Barcelona, Spain, 17Q 7.69m.
  - Aug 11, 5th IAAF World Championships, Gothenburg, Sweden, 3njQ.
  - Aug 21, Great Britain & N. Ireland v USA, Gateshead, 6th 7.02m.
- 1996** Jun 2, European Cup Super League, Madrid, Spain, 8th 7.43m/1.3.

**SANDY, Felix**, (Sierra Leone) – sprints.

- 1987** Sep 1, 2nd IAAF World Championships, Rome, Italy, 200m 7h2 21.67/-0.9.
- 1988** Sep 24, XXVI Olympic Games, Seoul, South Korea, 5h1 46.82.
- Sep 30, 4x100m 7h3 41.19.
  - Sep 30, 4x400m 6h1 3:10.47.

**SCRIMSHAW, Thomas Herbert “Tommy”**, (England, Great Britain & N. Ireland) – middle-distance.

- 1931** Aug 2 – France v. England, Paris, 800m, 2nd 1:56.0.
- Aug 22, England v Italy, Stamford Bridge, London, 880yds 3rd -.
  - Aug 30, Germany v England, Cologne, Germany, 4x800m relay 2nd 7:46.4.
- 1933** Jul 29, Great Britain & N. Ireland v France, White City, London, 880yds 2nd -.
- Aug 19, Great Britain & N. Ireland v Germany, White City, London, 880yds1= 1:55.6.
  - Sep 17, Italy v Great Britain & N. Ireland v Italy, Milan, Italy 800m 3rd 1:55.8.
- 1935** Jul 27, Great Britain & N. Ireland v France, White City, London, medley relay (880yds) 1st 3:31.4.
- Aug 11, Germany v Great Britain & N. Ireland, Munich, Germany, 800m 4th 1:56.8.
  - Medley relay 1st 3:28.8.

**SEATTER, Graham**, (New Zealand) – race walking.

- 1978** Aug 8, XI Commonwealth Games, Edmonton, Alberta, Canada, 30km 7th 2:31:49.

**1986** Jul 31, XIII Commonwealth Games, Edinburgh, 30km 9th 2:22:48.

**SEMPERS, Kevin**, (Great Britain & N. Ireland) – multi-events.

**2005** Feb 12-13, Spain v Great Britain & N. Ireland v France, Combined Events Indoors, Valencia, Spain, heptathlon 5th 5,278 pts.

- Jul 2-3, European Cup of Combined Events, Jyvaskyla, Finland, decathlon 25th 6,925 pts.
- Jul 30-31, Great Britain & N. Ireland v France v Russia Under 23 Combined Events, Stoke, decathlon 7th 6,899 pts.
- Aug 6, Under 23 International Great Britain & N. Ireland v Czech Republic v Spain v France, Sport City Manchester, 110m hurdles 7th 14.97/-2.3.

**2006** Feb 25-26, Spain v Great Britain & N. Ireland v France, Under 23 Combined Events Indoors, Eaubonne, France, heptathlon 6th 5,016 pts.

- Jul 1-2, European Cup for Combined Events, Yalta, Ukraine, decathlon 15th 7,158 pts.
- Jul 22-23, Great Britain & N. Ireland v France v Germany v Switzerland, Under 23 Combined Events, Berne, Switzerland decathlon 5th 7,084 pts.

**2007** Jan 27-28, Spain v Great Britain & N. Ireland v Czech Republic v France v Netherlands, Combined Events Indoors, Zaragoza, Spain, heptathlon 9th 5,440 pts.

- Feb 24-25, Great Britain & N. Ireland v Spain v France, Combined Events Indoors, Lee Valley, heptathlon 4th 5,302 pts.

**SHARMAN, William**, (England, Great Britain & N. Ireland, Europe) – 110m hurdles.

**2005** Feb 5-6, France v Great Britain & N. Ireland v Czech Republic v Spain v Netherlands, Combined Events Indoors, Aubiere, France, heptathlon 15th 5,137 pts.

- Jul 14 & 16, European Under 23 Championships, Erfurt, Germany, 3h2 13.94/0.1, 4th 13.72w/2.9.

**2006** Aug 11, 19th European Championships, Göteborg, Sweden, 4h1 13.85/-1.2.

**2007** Aug 9, World University Games, Thailand, Bangkok, 3h2 14.00/-0.9, 8s2 14.05/0.0.

**2009** Aug 19-20, 12th IAAF World Championships, Berlin, Germany, 3h4 13.52/0.5, 1s3 3.38/0.1, 4th 13.30/0.1.

- Sep 19, Great North City Games, England v Australia, Newcastle, rep. England 1st 13.53/0.1.

**2010** Jul 29-30, 20th European Athletics Championships, Barcelona, Spain, 3h3 13.60/0.2, dq s1 (false start).

- Oct 8, XIX Commonwealth Games, Delhi, India, 2h1 13.66/-0.6, 2nd 13.50/0.1.

**2011** Aug 28-29, 13th IAAF World Championships, Daegu, Korea, 5h3 13.52/1.4, 3s2 13.51/-1.6, =5th 13.67/-1.1.

**2012** Jun 30-Jul 1, 21st European Athletics Championships, Helsinki, Finland, 2h4 13.63/-2.0, 4s1 13.55/0.0.

**2013** Jun 23, European Athletics Team Championships, Gateshead, 5th (5r2) 13.46w/2.4.

- Aug 11, 14th IAAF World Championships, Moscow, Russia, 3h2 13.51/-0.3, 5s2 13.34/-0.3, 5th 13.30/0.3.

**2014** Jan 25, British Athletics Indoor International GBR v Commonwealth v USA, v Scotland, Emirates Arena, Glasgow, 60mH 2nd 7.67.

- Mar 9, 15th IAAF World Indoor Championships, Sopot, Poland, 60mH 1h3 7.59, 3s1 7.53, 7th 7.60.
- Jun 22, European Athletics Team Championships, Braunschweig, Germany, 2nd 13.21/1.0.
- Jul 29, XX Commonwealth Games, Glasgow, 2h3 13.49/-2.4, 2nd 13.36/-0.3.
- Aug 13-14, 21st European Athletics Championships, Zürich, Switzerland, 1h3 13.29/0.3, 1s1 13.16/0.4, 2nd 13.27/0.5.
- Sep 14, 2nd IAAF Continental Cup, Marrakech, Morocco, rep. Europe 2nd 13.25/0.1.

**SHARP, Stephen**, (England) – cross country.

**2004** Nov 28, Lotto Crosscup van West-Vlaanderen, Roeselare, Belgium, 8.9k, 11th 30:27.

**2005** May 22, Loughborough International, 1,500m 3rd 3:47.85.

**SHIRLEY, Simon**, (England, Great Britain & N. Ireland) – decathlon.

**1993** Jul 10-11, European Cup 'B' Combined Events, dnf.

**1994** Jul 2-3, European Cup for Combined Events B, Bressanone, Italy, 4th 7,938pts (10.94, 7.52, 13.75, 2.04, 48.83, 14.99, 38.04, 4.60, 57.74, 4:31.74).

- Aug 23-24, XV Commonwealth Games, Victoria, Canada, 7,980pts (10.89, 7.11, 14.16, 2.04, 48.90, 14.87, 38.38, 4.60, 63.80, 4:32.34).

**1995** Jul 1-2, European Cup for Combined Events Super League, Valladolid, Spain, dnf.

**1996** Jun 15-16, European Cup for Combined Events Super League, Lage, Germany, decathlon, 11th 7,857pts.

**SIMPSON, Jonathan**, (Scotland) – 400m.

**2001** May 26, Scotland v Greece v Cyprus v Israel, Corinth, Greece, 1st 48.26.

**SIMSON, Matthew**, (Great Britain & N. Ireland) – shot.

**1997** Mar 7, 6th IAAF World Indoor Championships, Paris, France, 20Q 18.30.

**SMITH, David W.**, (England) – hammer.

**1996** Jul 27, XXVI Olympic Games, Atlanta, Georgia, USA, 32Q 69.32.

- Jul 14, Great Britain & N. Ireland v Germany, v Russia U23, Hexham, 1st 73.22m.

**1997** Aug 2, 6th IAAF World Championships, Athens, Greece, 32Q 70.94.

**1998** Sep 18, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 5th 69.07m.

**2001** May 20, Aqua-Pura Loughborough International, 1st 69.01m.

**SPEAIGHT, Neil Anthony**, (England, Great Britain & N. Ireland) – middle-distance.

**2001** Mar 18, Norwich Union International, Great Britain & N. Ireland v Russia v Scandinavia v All Stars v GB Lions Indoors, Glasgow, 800m 4th 1:49.70.

- May 20, Aqua-Pura Loughborough International, rep. England, 800m 2nd 1:47.59.

- Jul 1, Norwich Union Challenge, Great Britain & N. Ireland v USA v Russia, Glasgow, 800m 2nd 1:48.88.

- Aug 30-31, World Student Games, Beijing, China, 800m 2h3 1:49.43, 7s2 1:48.87.

**2002** Jul 27-28, XVII Commonwealth Games, Manchester, 800m 3h2 1:49.67, 5s2 1:47.22.

**2003** Feb 15, First European Indoor Cup, Leipzig, Germany, 800m 7th 1:51.09.

- Jun 22, SPAR European Cup Super League, Florence, Italy, 800m 4th 1:49.18.

- Jun 29, Norwich Union Challenge Great Britain & N. Ireland v USA v Russia, Glasgow, 800m 6th 1:49.22.

**2005** Mar 4, European Indoor Championships, Madrid, Spain, 1,500m 12h1 3:52.53.

**2006** Mar 10, 11th World Indoor Championships, Moscow, Russia, 1,500m 5h2 3:41.99.

**2008** May 18, Loughborough International, rep. England, 1,500m 4th 3:44.47.

**2009** Mar 7-8, 30th European Indoor Championships, Turin, Italy, 1,500m 9th 3:51.04, 6h 3:41.96.

**SPIVEY, Phillip**, (Oceania/Australia) – hammer.

1992 Sep 26, IAAF World Cup, Havana, Cuba, 8th 66.68.

**STAINES, Gary M.** (Great Britain & N. Ireland) – middle and long distance, cross country.

**1984** Feb 1, Great Britain & N. Ireland v German Democratic Republic Indoors, Cosford, 3,000m 4th 8:07.3.

- Feb 4, Great Britain & N. Ireland v France, Indoors, 3,000m 3rd 8:19.99.

**1988** Jun 24, England v USA, Birmingham, 3,000m 2nd 7:54.91.

- Aug 14, Great Britain & N. Ireland v Hungary v International Select, Gateshead rep. IS, 1 mile 3rd 4:02.52.

- Sep 28, 29 & Oct 1, XXVI Olympic Games, Seoul, South Korea, 5,000m 1h1 13:47.81, 4s2 13:24.51, 13th 13:55.0.

**1989** 17th IAAF World Cross Country Championships, Stavanger, Norway, 12km 14th 40:55.

- Apr 10, Ekiden Relay, New York, (5 stages - 9.3k leg), 3rd 1:59.04.

- Sep 8, 5th IAAF World Cup, Barcelona, Spain, 10,000m 8th 28:39.50.

**1990** Jan 27, XIV Commonwealth Games, Auckland, New Zealand, 10,000m 4th 28:13.62.

- Aug 30-Sep 1, 15th European Championships, Split, Yugoslavia, 5,000m 1h2 13:29.00, 2nd 13:22.45.

**1991** Jun 19, Great Britain & N. Ireland v Germany, Crystal Palace, 3,000m 2nd 7:47.95.

- Jun 30, European Cup, Frankfurt, Germany, 5,000m 2nd 13:35.08.

- Jul 19, Great Britain & N. Ireland v USSR, Edinburgh, 3,000m 1st 7:44.98.

- Aug 30 & Sep 1, 3rd IAAF World Championships, Tokyo, Japan, 5,000m 3h1 13:58.68, 13th 13:58.26.

**1994** Jun 25, European Cup Super League, Birmingham, 10,000m 5th 29:57.27.

- Aug 7, 16th European Championships, Helsinki, Finland, 10,000m 15th 28:25.60.

**STIMPSON, Edmund S. "Ted"**, (England) – cross country.

**1939** Apr 1, 32nd International Cross Country Union Championships, Ely Racecourse, Cardiff, Wales, dnf.

**STOKELL, Charles Leslie "Les"**, (Canada) – marathon.

**1954** Aug 7, IV British Empire & Commonwealth Games, Vancouver, Canada, marathon dnf.

**SWEENEY, Nick**, (Ireland) – discus.

**1996** Jul 29, XXVI Olympic Games, Atlanta, Georgia, USA, 13Q 62.04.

**1998** Jul 5, Hungary v England v Czech Republic v Ireland v Slovenia, Budapest, Hungary \*, 1st 64.28.

- Aug 22, 17th European Championships, Budapest, Hungary, 13Q 60.36m.

**1999** Aug 27, 7th IAAF World Championships, Seville, Spain, 25th 58.62m.

**2000** Sep 24, XXVII Olympic Games, Sydney, Australia, 36Q 57.37m.

**TADESSE, Kassa**, (Great Britain & N. Ireland) – long distance.

**2001** World Half Marathon Championships, Bristol, 75th 1:05:39.

**2005** Nov 23, Ekiden relay, Chiba, Japan, (7.195k) 7th team 22:33.

**TAYLOR, Callum**, (New Zealand) – 400m.

**1995** Aug, 5th IAAF World Championships, Gothenburg, Sweden, 4x400m 6h3 3:06.39.

**TE PUNI, Roger**, (New Zealand) – high jump.

**1991** Aug 30, 3rd IAAF World Championships, Tokyo, Japan, 19Q 2.15m.

**THOMAS, Vaughan**, (Great Britain & N. Ireland) – race walking.

**1963** Sep 14, IAAF World Race Walking Team Championship (Lugano Trophy) preliminary round, Challes-les-Eaux, France, 20kms 5th 1:41:04.2.

**THOMPSON, Darren**, (Great Britain & N. Ireland) – long jump.

**1999** Jul 18, Great Britain & N. Ireland v Spain v France Under 23, Hexham, 5th 7.41m.

**2000** Sep 9, Spain v Great Britain & N. Ireland Under 23, Getafe, Spain, 4th 7.25m.

**2001** Jun 23, Great Britain & N. Ireland v Spain Under 23, Liverpool, 1st 7.50w.

- Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 5th 7.58w/2.8.

**THOMPSON, Scot William**, (Scotland, Great Britain & N. Ireland) – shot and discus.

**2002** Jul 20, Great Britain & N. Ireland v Germany Under 23, Newport, discus 3rd 50.79.

- Aug 3, France v Great Britain & N. Ireland v Spain, Under 23, Niort, France, discus 5th 47.57m.

**2003** Jun 8, Loughborough International, rep. Scotland, shot 2nd 15.96.

- Jul 17, European Under 23 Championships, Bydgoszcz, Poland, discus 26Q 48.89.

- Aug 2, Great Britain & N. Ireland v France Under 23, Ashford, discus 2nd 52.46m.

**2004** Jun 6, Loughborough International, rep. Scotland, discus 1st 54.90m.

**2006** May 21, Loughborough International, rep. Scotland, discus 5th 47.29m.

**2007** May 20, Accenture Loughborough International, rep. Scotland, discus 5th 52.05m.

- May 20, Accenture Loughborough International, rep. Scotland, shot 5th 15.96m.

**2008** May 18, Loughborough International, rep. Scotland, shot 7th 15.45.

- May 18, Loughborough International, rep. Scotland, discus 6th 51.65.

**THORNE-LADEJO, Du'aine**, (Great Britain & N. Ireland) – 400m & multi-events.

**1992** Jun 19, Great Britain & N. Ireland v Kenya, Edinburgh, 4x400m 1st 3:00.93.

- Jul 18, European U23 Cup, Gateshead, 4x400m 1st 3:01.03.

- Aug 7 & 8, XXV Olympic Games, Barcelona, 4x400m 2h1 3:01.20, did not run in final - 3rd 2:59.73.

- Sep 27, IAAF World Cup, Havana, Cuba, 4x400m 2nd 3:03.32.

**1993** Jun 27, European Cup, Rome, Italy, 4 x 400m 3:00.25.

- Jul 2, Great Britain & N. Ireland v USA, Edinburgh, 400m 6th 46.47.

- 4x400m 2nd 3:05.23.

- Aug 14-15, 4th IAAF World Championships, Stuttgart, Germany, 400m 5h1 46.17, 4q4 46.51, 7s1 46.33.

- Aug 21, 4x400m 4s1 3:02.15 (1 45.9).

**1994** Jan 29, Great Britain & N. Ireland v Russia Indoors, Glasgow, 2nd 46.61.

- Feb 12, Great Britain & N. Ireland v USA Indoors, Glasgow, 4th 46.43.

- Mar 11-13, 23rd European Indoor Championships, Paris, France, 3h2 47.33, 1s1 46.26, 1st 46.53.

- Jun 25, European Cup Super League, Birmingham, 4x400m 1st 3:02.50.

- Jul 20, Great Britain & N. Ireland v USA, Gateshead, 2nd 45.61.

- 4x400m 2nd 3:03.91.

- Aug 8, 9 & 11, 16th European Championships, Helsinki, Finland, 1h2 46.50, 1s1 45.70, 1st 45.09.

- Aug 14, 4x400m 1st 2:59.13 (44.23).

- Aug 22-23, XV Commonwealth Games, Victoria, Canada, 3h6 47.90, 1q3 46.26, 1s2 45.23, 2nd 45.11.

- Aug 27-28, 4x400m 3h2 (did not run), 1st 3:02.14 (44.2).

- Sep 10, 7th IAAF World Cup, Crystal Palace, 2nd 45.44.

- Sep 11, 4x400m 1st 3:01.34 (45.1).

**1996** Feb 24, Great Britain & N. Ireland v France Indoors, Glasgow, 1st 46.39.

- 4x400m 1st 3:07.72.

- Mar 8-10 European Indoor Championships, Stockholm, Sweden, 1h3 47.84, 1s1 46.74, 1st 46.12.

- Jun 1, European Cup Super League, Madrid, Spain, 2nd 45.72.

- Jun 2, 4x400m 1st 3:03.38 (45.8).

- Jul 26-27, XXVI Olympic Games, Atlanta, Georgia, USA, 3h4 46.27, 6q3 45.62.

- Aug 2, 4x400m 1h1 3:01.79, 1s1 3:01.36, (did not run in final).

**1998** 4-5 Jul, European Cup Combined Events, Bressanone, Italy, Decathlon, 24th 7,003pts.

- Sep 17-18, XVI Commonwealth Games, Kuala Lumpur, Malaysia, Decathlon, 7th 7,632pts.

**1999** Mar 7, 7th IAAF World Indoor Championships, Maebashi, Japan, 5h3 47.58.

- Aug 28, Great Britain & N. Ireland v France 'B' International, Ashford, 1st 46.50.

**2001** Jul 1, Norwich Union Challenge, Great Britain & N. Ireland v USA v Russia, Glasgow, 400mH 5th 49.70.

**THRESHER, John**, (England) - 5,000m.

**1969** Jun 7, British Isles Cup, England v Scotland v Wales v N. Ireland, Grangemouth, 4th 14:07.6.

**TULLETT, Ian Roger**, (England, Great Britain & N. Ireland) – pole vault.

**1989** Jun 11, Great Britain & N. Ireland v Hungary v International Select, Portsmouth, rep. IS, 4th 4.80m.

- Jul 22, Wales v England v Spain v Portugal, Swansea, 2nd 5.00m.

- Aug 28, England v Oceania v Italy, Gateshead, 3rd 5.00m.

**1990** Feb 3, XIV Commonwealth Games, Auckland, New Zealand, 2nd 5.25m

- Mar 18, Great Britain & N. Ireland v USA v USSR, Cosford, 5th 5.10m.

**1991** Mar 3, Great Britain & N. Ireland v USA Indoors, Glasgow, 4th 4.60m.

- Jul 20, World Student Games, Sheffield, nhQ.

- Aug 4, Russian Republic v England, Vladimir, Russia, 5th 5.00m.

- Aug 17, Spain v Great Britain & N. Ireland v Germany v France, Under 23, Vigo, Spain, 4th 5.00m.

**1992** Mar 14, Great Britain & N. Ireland v USA Indoors, Birmingham, 3rd 5.30m.

- Jun 5, Great Britain & N. Ireland v Italy v Hungary Field Event Match, Sheffield, 2nd= 5.20m.

- Jul 5, England v Commonwealth Select v International Select, Haringey, 2nd 5.20m.

- Aug 23, Russia v England v Kazakhstan v Lithuania, Vladimir, Russia, 2nd 5.30m.

**1998** Sep 20, XVI Commonwealth Games, Kuala Lumpur, Malaysia, nh.

**TULLOCH, Andrew George**, (England, Great Britain & N. Ireland) – sprint hurdles.

**1996** Jan 27, Great Britain & N. Ireland v Russia Indoor Match, 60mH 4th 7.90.

- Feb 24, Great Britain & N. Ireland v France Indoors, Glasgow, 60mH 4th 7.90.

- Jul 28, XXVI Olympic Games, Atlanta, Georgia, USA, 3h2 13.56/0.2, 6q4 13.68/0.1.

**1997** May 30, England v Latvia, Riga, Latvia, 110mH 3rd 13.82/0.6.

- Aug 5, 6th IAAF World Championships, Athens, Greece, 110mH 3h2 13.69/0.8, 7q2 13.60.8, 7q2 13.6/1.2.

**1998** Feb 28 & Mar 1, 25th European Indoor Championships, Valencia, Spain, 60mH, 1h1 7.56, 1s2 7.55, 7th 7.66.

- Aug 18 & 22, 17th European Championships, Budapest, Hungary, 110mH 3h2 13.81, 7s2 13.79/-2.0.

- Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 110mH 6th 14.11/-2.5.

- Sep 19-20, XVI Commonwealth Games, Kuala Lumpur, Malaysia, 110mH 2h1 13.57/-0.3, 6th 13.67/-0.1.

**UDO-OBONG, Enefiok**, (Nigeria) – 400m.

**2004** Aug 27-28, XXVIII Olympic Games, Athens, Greece, 4x400m 2h2 3:01.60 (45.50), 3rd 3:00.90 (45.23).

**URQUHART, Ronald John**, (Scotland, Great Britain & N. Ireland) – hammer.

**1998** Jun 14, Great Britain & N. Ireland v France Under 23, Hexham, 5th 58.93m.

- Aug 1, Germany v Great Britain & N. Ireland v France Under 23, Dessau, Germany, 6th 59.57m.

**1999** Sep 4, Home U23 International, Derby, rep. Scotland, 3rd 56.15.

**VICKERS, Stanley Frank**, (Great Britain & N. Ireland) – race walking.

**1956** Nov 28, XVI Olympic Games, Melbourne, Australia, 20kms 5th 1:32:34.2.

**1958** Aug 19, 6th European Championships, Stockholm, Sweden, 20kms 1st 1:33:09.0.

**1959** Sep 6, USSR v Great Britain & N. Ireland, Moscow, Russia, 20kms 4th 1:28:43.6. (The course for this race was reportedly short.)

- Sep 27, Italy v Great Britain & N. Ireland v Sweden, Varese, Italy, 20kms 1st 1:31:56.2.

- Aug 1, Great Britain & N. Ireland v France, White City, London, 10,000m 2nd 43:43.6.

**1960** Sep 2, XVII Olympic Games, Rome, Italy, 20kms 3rd 1:34:56.4.

**WATSON, Timothy**, (Wales) – 3,000mSC.

**2005** May 22, Loughborough International, rep. Wales., 4th 9:14.24.

**WESCH, Wilfried**, (Federal Republic of Germany) - race walking.

**1970** Oct 10, IAAF World Race Walking Team Championship (Lugano Trophy), Eschborn, Federal Republic of Germany, 20kms 7th, 1:30:16.

**1972** May 27, Federal Republic of Germany v Great Britain & N. Ireland, Bremen, Federal Republic of Germany, 20kms 1st 1:28:04.6.

- Aug 31, XX Olympic Games, Munich, Federal Republic of Germany, 20kms 16th 1:35:20.6.

**WICKS, Philip Matthew**, (England, Great Britain & N. Ireland) – long-distance, cross country.

**2006** Feb 4, International Cross Country, Neukirchener, Dusseldorf, Germany, rep. England Under 23, 8.5k 7th 27:55.23.

**2007** Mar 24, 35th IAAF World Cross Country Championships, Mombasa, Kenya, 12k 83rd 40:25.

**2008** Mar 30, 36th IAAF World Cross Country Championships, Edinburgh, Scotland, 12k 83rd 38:02.

- Nov 9, Lotto CrossCup, Mol, Belgium, rep. England, 9.5k 8th 31:07.

- Dec 14, 15th SPAR European Cross Country Championships, Brussels, Belgium, 10k 45th 32:32.

**2009** Jan 11, Nazioarteko Krosa Cross Internacional, Elgóibar, Spain, rep. England, 10.8k 11th 33:03.

- Jun 6, European Cup 10,000m, Madeira, Portugal, 20th 29:10.66.

- Oct 11, IAAF World Half Marathon Championships, Birmingham, 60th 1:05:18.

**2010** Jul 31, Berlin, Germany, 19th Berliner Vattenfall City Night 10k, rep. England, 3rd 29:25.

**2016** Nov 13, 13th Cross Internacional de Atapuerca, Burgos, Spain, 9k rep. England, dnf.

**WILLIAMS, George**, (Great Britain & N. Ireland) – race walking.

**1959** May 24, Switzerland v Great Britain & N. Ireland, Lugano, Switzerland, 20kms 3rd 1:38:18.

**1961** Aug 12, IAAF World Race Walking Team Championship (Lugano Trophy) preliminary round, Wimbledon, 20kms 5th 1:38:04.2.

- Sep 20, England v Russia, White City, London, 20kms 2nd 1:36:01.2.

- Oct 14, IAAF World Race Walking Team Championship (Lugano Trophy), Lugano, Switzerland, 20kms 4th 1:34:02.0.

**WILLIAMSON, Paul**, (England) – pole vault.

**2002** Jul 30 XVII Commonwealth Games, Manchester, nh.

**WRIGHT, Alex**, (England, Great Britain & N. Ireland, Ireland from 2014) – race walking.

**2010** May 1, IAAF Race Walking Challenge, Sesto San Giovanni, Italy, 20k 26th 1:30:27.

- Jun 20, EAA Permit Meet, Bedford, 20k, 3rd 1:25:46.

- Oct 9, XIX Commonwealth Games, Delhi, India, 20k Walk 13th 1:34:26.

**2011** May 21, European Race Walking Cup, Olhao, Portugal, 20k 25th 1:30:36.

**2013** Mar 17, IAAF Race Walk Challenge (Lugano Trophy) - Memorial Mario Albisetti, Lugano, Switzerland, rep. England 20k Road Walk 16th 1:23:05.

- Jun 29, IAAF Race Walk Challenge Dublin Grand Prix of Race Walking, Dublin, Ireland, 20k Road Walk 5th 1:23:25.

- Aug 11, 14th IAAF World Championships, Moscow, Russia, 20k Road Walk 31st 1:26:40.

**2015** Aug 29, 15th IAAF World Championships, Beijing, China, 50k Road Walk, dnf.

**YATES, Matthew Stewart**, (Great Britain & N. Ireland) – middle-distance.

**1997** Aug 3, 6th IAAF World Championships, Athens, Greece, 1500m 7h4 3:38.34.

**1998** Aug 18 & 20, 17th European Championships, Budapest, Hungary, 1500m 3h2 3:38.97, 6th 3:42.63.

- Aug 30, SPAR British Challenge Great Britain & N. Ireland v USA, Glasgow, 1 mile 2nd 4:03.65.

## Junior Men

**ABEYIE, Tim**, (Great Britain & N. Ireland) – sprints.

**2000** Aug 10-13, Commonwealth Youth Games Under 18, Meadowbank, 200m 3rd 21.57/-1.5.

**2001** Jul 21, European Junior Championships, Grossetto, Italy, 200m 6h2 21.59/1.5.

- Aug 18, Great Britain & N. Ireland v USA Under 20, Stoke-on-Trent, 200m 3 21.55/-3.1.
- 4x100m 1st 41.15.

**ADAM, Marcus**, (England, Great Britain & N. Ireland) – sprints.

**1985** Aug 17, Junior Home International England v Scotland v Wales, Meadowbank, 200m 1st 21.54/-2.5.

- 4x100m, 1st 41.08.

**1986** Aug 16, Federal Republic of Germany v Great Britain & N. Ireland, Göttingen, West Germany, 100m 1st 10.82/-1.2.

- 200m 1st 21.10/0.4.

**1987** Jun 27, Great Britain & N. Ireland v Federal Republic of Germany v Poland, Ipswich, 100m 1st 10.48w.

- 200m 1st 21.00w.
- probably ran in 4x100m 1st 40.54.
- Aug 6, 9th European Junior Championships Birmingham, 100m 1h2 10.46/1.8, 2s2 10.52/1.9, 5th 10.53/1.5.
- Aug 8-9, 200m 1h2 21.26/w/2.4, 1s1 20.92/1.9, 1st 20.95/0.5.
- Aug 8-9, 4x100m 1h1 40.33, 1st 40.20.

**ALLEN, Mark**, (Great Britain & N. Ireland) – multi-events.

**2004** Feb 28-29, France v Great Britain & N. Ireland v Spain v Russia, Under 20 Combined Events Indoors, Mondeville, France, heptathlon 14th 4,129 pts.

- Jul 31-Aug 1, France v Great Britain & N. Ireland v German v Switzerland Under 20 Combined Events, Merignac, France, decathlon 7th 6,574 pts.

**ASPDEN, Richard**, (Great Britain & N. Ireland) – high jump.

**1995** Aug 6, France v Great Britain & N. Ireland v Benelux, Belfort, France, 2nd 2.08m.

**BEARD, Gregory**, (Great Britain & N. Ireland) – shot and discus

**2001** Mar 3, France v Great Britain & N. Ireland v Germany v Italy Under 20 Indoors, Vittel, France, shot 16.38m.

- May 20, Aqua-Pura Loughborough International, 7th 15.91m.
- discus 6th 41.22m.
- Jul 19, European Junior Championships, Grossetto, Italy, shot 17Q 15.18m.

- Aug 18, Great Britain & N. Ireland v USA Under 20, Stoke-on-Trent, shot 3rd 16.28m.
- discus 2nd 46.16m.

**BENNETT-JACKSON, Wade**, (England, Great Britain & N. Ireland) – sprints.

**2002** Mar 1, Schools Indoor International, Ghent, Belgium, 200m 2nd 22.58.

- Mar 1, 4x200m 1st 1:30.86.

**2003** Jul 5, Italy v Great Britain & N. Ireland v Triveneto Under 20, Nove, Italy, 200m 3rd 21.81.

**2004** Jul 3, Great Britain & N. Ireland v Australia Under 20 International, Sport City, Manchester, 200m 2nd 21.26/1.1.

- Jul 3, 4x100m 1st 40.91.
- Dec 2-3, Commonwealth Youth Games (U19), Bendigo, Australia, 1h1 10.89/-1.6, 4th 10.94/-2.5.
- Dec 2-3, 4x100m 1st 40.90.
- Dec 2-3, medley relay dq.

**2005** Jul 22-24, European Junior Championships, Kaunas, Lithuania. 200m 2h2 21.33/-0.2, 3s2 21.89/-4.1, 3rd 21.41/-1.6.

**2006** Aug 15-16, 11th IAAF World Junior Championships, Beijing, China. 100m 1h4 10.33/1.0, 3s1 10.48/-0.4, 6th 10.45/-0.5.

- Aug 19-20, 4x100m 2h3 39.30, 3rd 39.24.

**BENNETTS, AJ**, (England) – multi-events.

**2013** Dec 14, Scottish Schools' Pentathlon International (Inc SIAB Combined Events International) Under 15 Pentathlon 4th 3,076pts.

**BLACKLEDGE, Jonathan**, (England, Great Britain & N. Ireland) – middle-distance, cross country.

**2002** Nov 3, Lotto Crosscup Van Vlaanderen, Ghent, Belgium, rep. England, 6.83k 16th 23:51.

- Dec 8, 9th SPAR European Cross Country Championships, Medulin, Croatia, 6.17k 46th 19:41.

**2003** Jan 26, Portugal v Great Britain & N. Ireland v Spain Under 20 Cross Country, Lisbon, Portugal, 7k, 11th 25:19.

- Jun 8, Loughborough International, rep. GB & NI Under 20, 5,000m 10th 8:50.86.

**BLAGG, Paul**, (Great Britain & N. Ireland) – race walking.

**1978** Aug 20, Great Britain & N. Ireland v Federal Republic of Germany, Crystal Palace, 10,000m 4th 49:58.57.

**CHAMBERS, Dwain Anthony**, (Great Britain & N. Ireland) – sprints.

**1997** Mar 1, Germany v Great Britain & N. Ireland v France Indoor Match, Chemnitz, Germany, 60m 1st r1 6.70, 1st r2 6.67.

- 4x200m 1:25.53.

- Jun 7, Germany v Great Britain & N. Ireland, Bad Homburg, Germany, 100m 1st 10.27w/3.1.
- 4x100m 1st 39.72.
- Jul 24-25, 17th European Junior Championships, Ljubljana, Slovenia, 100m 1h3 10.51/-0.4, 1s2 10.42/-2.8, 1st 10.06/2.0.
- Jul 27, 4x100m 2h1 40.27, 1st 39.62.
- Aug 17, SPAR British Challenge – Great Britain & N. Ireland v International Select v Young Lions, Crystal Palace, rep. YL, 100m 2nd 10.31/0.2.

**CURTIN, William**, (Republic of Ireland) – cross country.

**1971** Mar 20, ICCU International Cross Country Championships, San Sebastián, Spain, 7kms 83rd 25:20.3.

**DINHAM, Ryan**, (England, Great Britain & N. Ireland) – 400m hurdles.

- 2004** Jun 6, Loughborough International, rep. GB & NI Under 20, 2nd 52.19.
- Jul 3, Great Britain & N. Ireland v Australia, Sport City, Manchester, 1st 52.27.
  - Jul 3, 4x400m 1st 3:10.15.
  - Jul 14, 10th IAAF World Junior Championships, Grosseto, Italy, 5h2 52.86.
  - Jul 17-18, 4x400m 1h1 3:06.52, 5th 3:07.2.

**DORMAN, Richard**, (Great Britain & N. Ireland) – race walking.

- 1979** May 20, Great Britain & N. Ireland v Italy, Gradisca D'isonzo, Italy, 10km 8th 49:06.
- Aug 1, Great Britain & N. Ireland v Canada v Italy, Wolverhampton, 10,000m 5th 46:39.0.

**ELLINGTON, James**, (Great Britain & N. Ireland) – sprints.

- 2003** Jun 8, Loughborough International, rep. GB & NI Under 20, 200m 5th 21.67/1.0.
- Jul 5, Italy v Great Britain & N. Ireland v Triveneto, Nove, Italy, 4x100m 1st 40.12.
  - Jul 26-27, European Junior Championships, Tampere, Finland, 200m 2h2 21.36/0.0, 6th 21.10/1.0.
  - Jul 27, 4x100m 1h1 40.44.
- 2004** Jul 3, Great Britain & N. Ireland v Australia Under 20 International, Sport City, Manchester, 100m 2nd 10.50/1.3.
- Jul 3, 4x100m 1st 40.91.
  - Jul 13-14, 10th IAAF World Junior Championships, Grosseto, Italy, 100m 2h9 10.59/-0.7, 2s3 10.41/0.8, 7th 10.56/1.0 86.
  - Jul 17-18, 4x100m 1h3 39.72, dq in final.

**EYONG, Onen**, (England, Great Britain & N. Ireland) – long jump.

- 2001** Mar 3, France v Great Britain & N. Ireland v Germany v Italy Under 20 Indoors, Vittel, France, 8th 6.65m.
- Jul 21, Schools International, Tullamore, Ireland, 1st 7.30m.
  - Jul 29, France v Great Britain & N. Ireland Under 19, Dole, France, 3rd 7.26m.
- 2002** Feb 10, Lansing Linde Severnside Trophy Indoor Match, England v Wales v Ireland v European Select, 1st 7.01.

**FERNS, Austin** (Great Britain & N. Ireland) – 400mH.

- 1998** Jul 18, Spain v Great Britain & N. Ireland v France, Alicante, Spain, 5th 54.14.
- 1999** Jul 24, France v Great Britain & N. Ireland v Italy v Spain Under 20, Albertville, France, 5th 52.8.
- Jun 19, Under 20 International, Mannheim, Germany, 5th 53.12.
  - Jul 24, France v Great Britain & N. Ireland v Italy v Spain, Albertville, France, 5th 52.8.
  - Aug 6, European Junior Championships, Riga, Latvia, 5h1 54.27.
  - Aug 21, Germany v Great Britain & N. Ireland v Poland v France Under 19, Berlin, Germany, 3rd 54.99.

**FLINT, Ben**, (Great Britain & N. Ireland) – pole vault.

- 1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB J., 2nd 5.10m.

**GAUSON, Kris**, (Scotland, Great Britain & N. Ireland) – middle-distance, cross country.

- 2006** Apr 2, 34th IAAF World Cross Country Championships, Fukuoka, Japan 8k 80th 27:32.
- May 21, Loughborough International, rep. GB & NI Under 20, 1,500m 11th 3:56.53.

**GEARING, Christopher**, (England, Great Britain & N. Ireland) – shot, discus.

- 2002** Mar 1, Schools Indoor International, Ghent, Belgium, shot 1st 18.08m (5Kg).
- 2003** Jul 10, Third IAAF World Youth Games, Sherbrooke, Canada, shot 8th 18.70m (5Kg).
- 2004** Jun 6, Loughborough International, rep. GB & NI Under 20, shot 1st 16.62m.
- Jul 3, Great Britain & N. Ireland v Australia, Sport City, Manchester, shot 2nd 18.55.
  - Jul 13, 10th IAAF World Junior Championships, Grosseto, Italy, shot 13Q 18.48m.
  - Dec 2-3, Commonwealth Youth Games (U19), Bendigo, Australia, shot 2nd 18.30m.
  - Dec 2-3, discus, 3rd 50.81m.
- 2005** May 22, Loughborough International, rep. GB & NI Under 20, shot 4th 16.52m.



- May 22, discus 9th 36.84m.
  - Jul 21, European Junior Championships, Kaunas, Lithuania shot 13Q 17.87.
- GLADWIN, John**, (England) – 800m.  
**1981** Jul 18, Home Countries Under 20 International, Meadowbank, 8th 1:55.07.
- GOEDLUCK, Philip**, (England, Great Britain & N. Ireland) – sprints.  
**1986** Jun 28, Great Britain & N. Ireland v Oceania v Switzerland, Swansea, 200m 1st 21.59.  
 • Jul 18-19, 1st IAAF World Junior Championships, Athens, Greece, 200m 1h2 21.36/0.2, 2q2 21.25/1.6, 2s1 21.32/0.6, 5th 21.38/0.2.  
 • Jul 20, 4x100m 2h3 40.14, 1st 39.80.  
 • Aug 16, England v Scotland v N. Ireland, Meadowbank, 100m 2nd 10.6w/2.6.  
 • 200m 1st 21.28w/4.6.  
 • probably ran in 4x100m 1st 41.37.
- GOOLAB, Nicholas**, (England, Great Britain & N. Ireland) – cross-country.  
**2008** Nov 9, Lotto CrossCup, Mol, Belgium, rep. England, 6.4k 2nd 20:50.  
 • Dec 14, 15th SPAR European Cross Country Championships, Brussels, Belgium, 6k 65th 20:09.  
**2009** Feb 1, Crosse Internacional Juniores, Lisbon, Portugal, 8k 1st 24:36.  
 • Mar 28, 37th IAAF World Cross Country Championships, Amman, Jordan, 8k dnf.  
 • Nov 14, Gateshead International & McCain UK Cross Challenge, Gateshead, rep. England, 8k, 2nd 26:04.  
 • Dec 13, 16th SPAR European Cross Country Championships, Dublin, Ireland, 6.039k, 2nd 18:47.
- HILSTON, James**, (England, Great Britain & N. Ireland) – 400m.  
**1995** Jul 15, TSB Schools International, Colwyn Bay, Wales, rep. England, 1st 48.71.  
**1997** Jun 7, Germany v Great Britain & N. Ireland, Bad Homburg, Germany, 2nd 47.47.  
 • 4x400m 1st 3:09.30.
- HOPKINS, Reginald**, (Great Britain & N. Ireland) – decathlon.  
**1973** 6-7 Oct, Great Britain & N. Ireland v France, Crystal Palace, 8th 5,075 pts.
- IDOWU, Phillips**, (Great Britain & N. Ireland) – triple jump.  
**1997** Jun 7, Germany v Great Britain & N. Ireland, Bad Homburg, Germany, 1st 15.69m.  
 • Jul 26-27, 17th European Junior Championships, Ljubljana, Slovenia, 3QA 15.60/1.4, 4th 16.34mw/3.3.

- 1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB J., 2nd 16.41m/0.3.
- IVE, Joe**, (Great Britain & N. Ireland) – pole vault.  
**2005** May 22, Loughborough International, rep. GB & NI Under 20, 6th 4.70m.
- KERR, Marlon**, (England) – long jump.  
**1997** Jul 19, Nestlé Schools International, Dublin, Ireland, 1st 6.89.
- KITNEY, Tim** (Great Britain & N. Ireland) – javelin.  
**1999** Jul 24, France v Great Britain & N. Ireland v Italy v Spain Under 20, Albertville, France, 8th 58.39.
- LAMBERT, Christopher Patrick** (Great Britain & N. Ireland) – sprints.  
**1997** Jul 19, Nestlé Schools International, Dublin, Ireland, 200m 3rd 22.03.  
**1998** Jul 18, Spain v Great Britain & N. Ireland v France, Alicante, Spain, 100m, 7th 10.69w/3.8.  
 • 4x100m, 2nd 40.29.  
 • Aug 2, World Junior Championships, Annecy, France, 4x100m dq h2.  
**1999** Feb 27, France v Germany v Great Britain & N. Ireland v Italy Under 20 Indoors, Nogent-sur-Oise, France, 200m 2nd race B 22.02.  
 • 200/200/400/600 Relay, 1st 2:53.94 (400m).  
 • May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB J., 100m 5th 10.46w/2.8.  
 • Jun 19, Under 20 International, Mannheim, Germany, 200m 1st 20.71/0.7.  
 • Jul 24, France v Great Britain & N. Ireland v Italy v Spain, Albertville, France, 100m 2nd 10.46/0.1.  
 • 4x100m 1st 39.92.  
 • Aug 6 & 7, European Junior Championships, Riga, Latvia, 200m 1h3 21.14/-0.8, 3rd 20.67w/3.6.  
 • Aug 8, 4x100m 3h2 ? time, 4th 39.78.  
 • Aug 21, Germany v Great Britain & N. Ireland v Poland v France Under 19, Neubrandenburg, Germany, 100m 2nd 10.31/0.2.  
 • 200m 1st 20.63/0.5.  
 • 4x100m 1st 40.20.
- LERWILL, Thomas**, (Great Britain & N. Ireland) – 800m.  
**1996** Aug 21-23, 6th Coca-Cola IAAF World Junior Championships, Sydney, Australia, 2h, 2s1 1:47.27, 2nd 1:48.40.  
 • Aug 25, 4x400m 3rd 3:06.76.
- MASON, Gavin**, (England) – 800m.  
**1993** Jul 17, Schools International, Belfield, Dublin, 5th 1:57.21.

**MCLEAN-FOREMAN, Alasdair James** (Great Britain & N. Ireland) – 800m.

**2000** Mar 4, Germany v Great Britain & N. Ireland v France, Neubrandenburg, Germany, 800m 4th 1:53.60.

**OBOH, Laurence**, (England, Great Britain & N. Ireland) – sprints.

**2001** Mar 3, France v Great Britain & N. Ireland v Germany v Italy Under 20 Indoors, Vittel, France, 60m 3rd race B1 6.98, 2nd race B2 6.92.

- 14-15 Jul, IAAF Westel World Youth Championships, Debrecen, Hungary, 200m 2h2 21.56/0.4, 2s3 21.33/0.6, 5th 21.66/-1.1.

- 29 Jul, France v Great Britain & N. Ireland Under 19, Dole, France, 100m 4th 10.70/-0.3.

- 200m 2nd 21.30/-0.1.

- 4x100m dnf.

**2002** May 18, Aqua-Pura Loughborough International, 200m 2nd 21.15w/3.4.

**2003** Jul 5, Italy v Great Britain & N. Ireland v Triveneto Under 20, Nove, Italy, 100m 1st 10.62/-0.4.

- Jul 5, 4x100m 1st 40.12.

- Jul 27, European Junior Championships, Tampere, Finland, 4x100m 1h1 40.44, 1st 40.37.

**OJOK, Geoffrey**, (England) – long jump.

**1995** Jul 15, TSB Schools International, Colwyn Bay, Wales, position? 6.75m.

**ONI, Samson**, (England, Great Britain & N. Ireland) – high jump.

**2000** Sep 16, Great Britain & N. Ireland v S.W. England v Wales, Bath rep. GB & NI Under 20, 5th 2.00m.

**OSHO, Set**, (Great Britain & N. Ireland) – 400m.

**2005** Jul 21, European Junior Championships, Kaunas, Lithuania, 5h4 48.62.

- Jul 24, 4x400m 2h1 3:10.76, 1st 3:06.67.

**OSUIDE, Stanley**, (England, Great Britain & N. Ireland) – high jump.

**1991** Jul 22, Schools International, Wrexham, 2nd 2.00m.

**1992** Aug 9, Italy v Great Britain & N. Ireland v EUN (Commonwealth of Independent States), San Giuliano, Italy, 3rd 2.14m.

- Aug 29, Great Britain & N. Ireland v France v Spain, Horsham, 2nd 2.14.

- Sep 20, IAAF World Junior Championships, Seoul, Korea, =16th 2.05m.

**UDNEY, Graeme**, (Scotland) – 400m.

**2002** Aug 3, Celtic Games, Tullamore, Ireland, 1st race B 50.55.

**PARPER, Michael**, (Great Britain & N. Ireland) – 400m.  
**1997** Jun 7, Germany v Great Britain & N. Ireland, Bad Homburg, Germany, 1st 46.54.

- 4x400m 1st 3:09.30.

- Jul 24-25, 17th European Junior Championships, Ljubljana, Slovenia, h3 47.65, 8th 47.94.

- Jul 27, 4x400m 3rd 3:08.48.

**PATON, Stuart P.**, (Scotland, Great Britain & N. Ireland) – middle-distance, cross-country.

**1980** Jul 26, Home Countries Under 20 International, Meadowbank, 800m 5th 1:54.31.

**1981** Jul 18, Home Countries Under 20 International, Meadowbank, 800m 8th 1:55.07.

**1982** Mar 21, IAAF World Junior Cross Country Championships, Rome, Italy, 7.4km 50th 24:36.

- Aug 29, Great Britain & N. Ireland v Netherlands v Israel v Belgium, Amsterdam, Netherlands, 1,500m 1st 3:42.86.

**REGIS, John Paul Lyndon** (England, Great Britain & N. Ireland) – sprints.

**1985** Aug 17, Junior Home International England v Scotland v Wales, Meadowbank, 100m 1st 10.87/-2.0.

- 4x100m, 1st 41.08.

- Aug 22, 8th European Junior Championships, Cottbus, Germany Democratic Republic, 100m 1h2 10.47w/2.5, 2s1 10.48w/2.6, 3rd 10.51/0.7.

- Aug 24 & 25, 4x100m 1h1 39.88, 1st 39.80.

**SEMPERS, Kevin**, (Great Britain & N. Ireland), multi-events.

**2004** Feb 28-29, France v Great Britain & N. Ireland v Spain v Russia, Under 20 Combined Events Indoors, Mondeville, France, heptathlon 10th 4,571 pts.

- Jul 31-Aug 1, France v Great Britain & N. Ireland v German v Switzerland Under 20 Combined Events, Merignac, France, decathlon dnf.

**THOMPSON, Darren**, (Great Britain & N. Ireland) – long jump.

**1998** May 17, Adidas International, Loughborough, 4th 7.20m.

- Jul 29, World Junior Championships, Annecy, France, 32Q 6.50m/0.6.

**THOMPSON, Scot William**, (Great Britain & N. Ireland) – shot and discus.

**1999** May 23, England v GB Students v Loughborough Uni. v Scotland v GB Juniors, Loughborough, rep. GB J., discus 6th 46.68m.

- Jul 24, France v Great Britain & N. Ireland v Italy v Spain Under 20, Albertville, France, discus 3rd 45.20m.

- Aug 21, Germany v Great Britain & N. Ireland v Poland v France Under 19, Berlin, Germany, discus 2nd 53.45.

- 2000** Mar 4, Germany v Great Britain & N. Ireland v France, Neubrandenburg, Germany, shot 6th 14.73.
- Sep 16, Great Britain & N. Ireland v S.W.England v Wales, Bath rep. GB & NI Under 20, shot 3rd 15.00m.
  - discus 2nd 48.05m
  - Oct 7, Italy v Great Britain & N. Ireland Under 19, Grosseto, Italy, discus 3rd 49.98m.

**VIVIAN, James**, (England, Great Britain & N. Ireland) – sprints.

- 1965** Jul 24, Schools International, England v Scotland v N. Ireland, Brighton, 100yds, 2nd 10.0.
- 1967** Jul 29, Great Britain & N. Ireland v France, Portsmouth, 200m 2nd 22.2.
- 4x100m 2nd 42.8.
  - Oct 7, Great Britain & N. Ireland v Sweden, East London, 100m 2nd 10.9.
  - 200m 2nd 22.8.
  - 4x100m 2nd 42.4

**WARD, Richard**, (Great Britain & N. Ireland), 1,500m.

- 2001** Mar 3, France v Great Britain & N. Ireland v Germany v Italy Under 20 Indoors, Vittel, France, 2nd 4:01.04.
- May 20, Aqua-Pura Loughborough International, 9th 3:47.03.
  - Jul 19-22, European Junior Championships, Grosseto, Italy, 1500m 8th 3:50.43.

**WATERMAN, Peter**, (England) – hammer.

- 1996** Jul 20, Schools International, Stoke, 1st 57.26m.

**WATSON, Christopher**, (Great Britain & N. Ireland) – 800m, cross country.

- 2001** 29 Jul, France v Great Britain & N. Ireland Under 19, Dole, France, 3rd 1:53.47.
- 2002** Mar 24, 30th IAAF World Cross Country Championships, Dublin, 7.87k 105th 27:26.

**WATSON, Derek**, (Scotland, Great Britain & N. Ireland) – 1,500m.

- 2001** 29 Jul, France v Great Britain & N. Ireland Under 19, Dole, France, 2nd 3:55.7.
- 2002** May 18, Aqua-Pura Loughborough International, rep. Scotland, 9th 3:52.09.
- May 26, Scotland v Greece v Cyprus v Wales Under 20, Grangemouth, 1st 3:55.68.
  - Jul 6, Italy v Great Britain & N. Ireland v Spain Under 20, Gorizia, Italy, 6th 3:54.88.

**WHITE, Steve H.**, (Great Britain & N. Ireland) – sprints.

- 1969** Sep 14, Federal Republic of Germany v Great Britain & N. Ireland, Herford, Federal Republic of Germany, 200m 2nd 22.0.
- 4x100m 2nd 41.0.

**WHORLOW, Nigel**, (Great Britain & N. Ireland) – race walking.

- 1997** Jul 19, Nestlé Schools International, Dublin, Ireland, 3,000m 3rd 13:42.15.
- 1998** May 30, Eight Nations, Senigallia, Italy, 10k 19th 50:24.
- Sep 17, Castle Walks, Budapest, Hungary, 10k 19th 50:57.

**WRIGHT, Alex**, (England, Great Britain & N. Ireland) – race walking.

- 2008** Jun 15, 8th EAA Leamington Grand Prix, Leamington Spa, rep. England, 10k Road Walk 7th 50:39.
- 2009** Mar 8, Gran Premio Città di Lugano, Lugano, Switzerland, rep. England 10k Road Walk 11th 46:27.

**YEBOAH, Bernard**, (England) – long jump.

- 2004** Dec 2-3, Commonwealth Youth Games (Under 19), Bendigo, Australia, 2nd 7.60m/-0.3.
- Dec 2-3, 4x100m 1st 40.90.

## Senior Women

**AMEND, Samantha**, (England) – long and ultra-distance.

**2011** Sep 18, H.C. Andersen Marathon, Odense, Denmark, 3rd 2:46:55.

**2016** Nov 11, IAU 50km World Championships, Doha, Qatar, 7th 3:35:36.

**2017** May 21, Anglo Celtic Plate 100kms, Patrington, nr. Hull, dnf.

**2018** Mar 31, Anglo Celtic Plate 100kms, Redwick, Wales, 1st 7:53:57.

- Sep 8, IAU 100k World Championship, Sveti Martin, Muri, Croatia, 15th 8:01:11.

**ASTIN, Sarah**, (Isle of Man) – middle-distance.

**2022** Aug 7, XXII Commonwealth Games, Birmingham, 5,000m 16th 15:39.54.

**AXFORD, Kate**, (England) – middle-distance.

**2023** May 21, Loughborough International, 3,000m 1st 9:06.02.

**BERRY, Catherine**, (England) – middle-distance.

**2002** Jul 28, XVII Commonwealth Games, Manchester, 5,000m 10th 15:44.87.

**CAREY, Michelle**, (Ireland) – 400m hurdles.

**2003** Aug 27, World Student Games, Daegu, Korea, 6h2 61.11.

**2004** Jun 6, Loughborough International, 400m 5th 54.17.

**2005** Jun 18, SPAR European Cup First League (Group B), Leiria, Portugal, 2nd 58.22.

**2006** Aug 7, 19th European Championships, Göteborg, Sweden, 5h3 57.61.

**2007** Jun 23, European Cup First League Group A, Vaasa, Finland, 5th 58.11.

- Aug 27, 11th IAAF World Championships, Osaka, Japan, 8h3 57.10.

**2008** Jun 21, European Cup First League Group A, Leiria, Portugal, 2nd 56.64.

- Aug 17 XXIX Olympic Games, Beijing, China, 7h2 57.99.

**CARTER, Sophie**, (England) – ultra-distance.

**2017** May 21, Anglo Celtic Plate 100k, Patrington, 2nd 8:11:42.

**CAULKER, Alyson**, (Sierra Leone) – sprints.

1987 Aug 29, 2nd IAAF World Championships, Rome, Italy, 100m 6h1 12.33w/2.3.

**CLAXTON, Sarah**, (England, Great Britain & N. Ireland) – sprint hurdles.

**2002** May 18, Aqua-Pura Loughborough International, rep. England, long jump 1st 6.30m/1.0.

- Jul 28-29, XVII Commonwealth Games, Manchester, long jump 12Q 6.08m/-0.5, 12th 5.77m/-1.2.

**2003** Mar 15, 9th IAAF World Indoor Championships, Birmingham, 60m hurdles 6h2 8.33.

**2004** Mar 7, 10th IAAF World Indoor Championships, Budapest, Hungary, 60m hurdles 6h4 8.15.

- Jan 24, Norwich Union Indoor International Great Britain & N. Ireland v World Select v Russia v Italy v Sweden, Glasgow, 60m hurdles 3rd 8.21.

- Feb 14, Second European Indoor Cup, Leipzig, Germany, 60m hurdles 7th 8.22.

- Jun 20, SPAR European Cup Super League, Bydgoszcz, Poland, 100m hurdles dnf.

- May 30, Hungary v England v Wales v Norway v Serbia & Montenegro, Szombathely, Hungary, 100m hurdles 1st 12.91w/4.4.

- Aug 22, XXVIII Olympic Games, Athens, Greece, 6h4 13.14/-1.4.

**COOPER, Louise**, (England) – ultra-distance.

**2007** May 20, Anglo-Celtic Plate 100kms, Riccarton, Edinburgh, 3rd 9:21:39.

**COTTRELL, Wendy**, (New Zealand) – middle-distance.

**1990** Jul exact date unknown but between 11 & 14 inc., 1st Oceania Championships, Suva, Fiji, 1,500m 2nd 4:37.38.

- 3,000m 1st 10:01.72.

**DAGNE, Birhan**, (Great Britain & N. Ireland) – road running.

**2001** World Half Marathon Championships, Bristol, dnf.

- International Ekiden Relay, Chiba, Japan, 9th team (10k) 34:29.

**2005** Nov 23, Ekiden relay, Chiba, Japan, (5k) 7th team 17:27.

**DAVIES, Emma**, (Wales) – 800m.

**2002** Feb 10, Lansing Linde Severnside Trophy Indoor Match, rep. Wales, 2nd 2:04.87.

- May 18, Aqua-Pura Loughborough International, rep. Wales, 5th 2:07.70.

- Jul 27-28, XVII Commonwealth Games, Manchester, 4h2 2:04.02, 6s2 2:03.93.

**FAVELL, Jodie**, (England) – multi-events.

**2012** Aug 5, England v Home Countries, Stoke, heptathlon 3rd 4,648 pts.

**2013** Aug 4, Home Countries International, Stoke, heptathlon 4th 4,563 pts.

**GRANT, née BLOOMFIELD, Tracey**, (Great Britain & N. Ireland) – pole vault.

**2004** Jan 24, Norwich Union Indoor International Great Britain & N. Ireland v World Select v Russia v Italy v Sweden, Glasgow, 4th 3.81m.

- Jun 6, Loughborough International, rep. International Select 3rd 4.05m.

**HARRIS, Sophie**, (England) – road running.

**2018** Feb 16, Armagh International Road Race, Armagh, N. Ireland, 3kms 15th 9:30.

**HARRY, Sian**, (Wales) – 400 metres.

**2021** May 23, Loughborough International,

Loughborough, 4x400m 4th 3:43.16.

**2023** May 21, Loughborough International, 4x400m 2nd 3:39.69.

**HIGGINS, Dawn**, (Wales) – 400 metres.

**2002** Feb 10, Lansing Linde Severnside Trophy Indoor Match, 3rd 56.79.

**HOLLMAN, Julie Caroline**, (England, Great Britain & N. Ireland) – multi-events.

**2002** Jan 26-27, Spain v Great Britain & N. Ireland v Czech Republic v France v Netherlands Combined Events Indoors, Zaragoza, Spain, pentathlon dnf.

- Jul 26-27, XVII Commonwealth Games, Manchester, heptathlon 5th 5,825 pts.

- Aug 9-10, heptathlon dnf.

**2003** Aug 23-24, 9th IAAF World Championships, Saint-Denis, Paris, France, heptathlon 14th 6,018 pts.

**2004** Jan 31-Feb 1, Netherlands v Great Britain & N. Ireland v Czech Republic v Spain v France, Combined Events Indoors, Zeidbroek, Netherlands, pentathlon 2nd 4,383 pts.

- **2005** Jul 2-3, European Cup of Combined Events, Bydgoszcz, Poland, heptathlon 13th 5,765 pts.

- **2006** Feb 12, France v Great Britain & N. Ireland v Czech Republic v Spain v Netherlands, Combined Events Indoors, Prague, Czech Republic, pentathlon 2nd, 4498 pts.

- Mar 21-22, XVIII Commonwealth Games, Melbourne, Australia, heptathlon 6th 6,002 pts.

**2007** Jul 7-8 European Cup Combined Events Super League, Szczecin, Poland, heptathlon 10th 5,701 pts.

**JAMES, Vernicha**, (England, Great Britain & N. Ireland) – sprints.

**2001** Aug 11, 8th IAAF World Championships, Edmonton, Canada, 4x100m 3h2 43.08, 6th 42.60.

**2002** Jun 22, SPAR European Cup Super League, Annecy, France, 4x100m dnf.

- Jun 23, 200m 4th 22.94/0.6.
- Jul 31, XVII Commonwealth Games, Manchester, 4x100m 3rd 42.84.

**JONES, Letitia, “Tish”**, (England) – long distance, cross country.

**2013** May 4, Lillebælt Halvmarathon, Lillebælt, Denmark, 2nd 1:15:46 (1:15:44).

- Nov 10, XX Campo a Través Internacional de Soria, Spain, 8k 11th 28:40.

**KING, Rachel**, (Wales, Great Britain & N. Ireland) – sprint hurdles.

**2001** Mar 18, Norwich Union International, Great Britain & N. Ireland v Russia v Scandinavia v All Stars v GB Lions Indoors, Glasgow, rep. GBL, 60m hurdles 4th 8.48.

- May 20, Aqua-Pura Loughborough International, rep. Wales, 100m hurdles 4th 13.78/0.2.

- Aug 11, Great Britain & N. Ireland v France ‘A’ International, Ashford, 100mH 6th 14.49/-2.5.

**2002** Feb 10, Lansing Linde Severnside Trophy Indoor Match, England v Wales v Ireland v European Select, rep. Wales, 60m 2nd 7.55.

- 60mH 1st 8.13.

- May 18, Aqua-Pura Loughborough International, rep. Wales, 100m hurdles 2nd 13.22w/4.4.

- Jul 29, XVII Commonwealth Games, Manchester, rep. Wales, 100m hurdles 6h2 13.58/0.8.

**2003** Feb 15, First European Indoor Cup, Leipzig, Germany, 60m hurdles 4th 8.20.

- Mar 15, 9th IAAF World Indoor Championships, Birmingham, 60m hurdles 4h4 8.23, 6s2 8.21.

- Jun 8, Loughborough International, rep. Wales, 100m hurdles 1st 13.07/2.0.

- Aug 25, 9th IAAF World Championships, Saint-Denis, Paris, France, 100m hurdles 6h2 13.37/0.5.

**2004** Jan 24, Norwich Union Indoor International Great Britain & N. Ireland v World Select v Russia v Italy v Sweden, Glasgow, 60m hurdles 4th 8.23.

- May 30, Hungary v England v Wales v Norway v Serbia & Montenegro, Szombathely, Hungary, rep. Wales, 100m hurdles 2nd 13.14w/4.4.

**LEWIS, Tamsyn**, (Australia) – 800m.

**2004** Aug 20, XXVIII Olympic Games, Athens, Greece, 5h3 2:02.67.

**MARGHINI, Yasmin**, (Great Britain & N. Ireland) – cross country.

**2022** Dec. 11, 28th SPAR European Cross Country Championships, Piemonte - La Mandria Park, Italy, U23 5.722k, 16th 21:15.

**MASSEY, Eva Maria**, (N. Ireland, Great Britain & N. Ireland) – shot putt.

**2002** Jul 27, XVII Commonwealth Games, Manchester, 15Q 14.27m.

**2003** Jul 11, Catalonia v Great Britain & N. Ireland 'A' v Italy, Barcelona, Spain, 4th 15.26m.

**2006** Mar 22, XVIII Commonwealth Games, Melbourne, Australia, 11th 14.95m.

**2007** Jun 24, European Cup First League Group A, Vaasa, Finland, 4th 15.02m.

**MITCHELL, Julie**, (England, Great Britain & N. Ireland) – 1,500m.

**2002** Feb 10, Lansing Linde Severnside Trophy Indoor Match, England v Wales v Ireland v European Select, rep. England, 3rd 4:25.51.

- Mar 9, Great Britain & N. Ireland v Russia v Germany v All Stars, Glasgow, 3rd 4:23.17.

**NEWMAN, née DREW, Shelley**, (England, Great Britain & N. Ireland) – discus.

**2001** Aug 11, Great Britain & N. Ireland v France 'A' International, Ashford, 1st 59.10m.

**2002** May 18, Aqua-Pura Loughborough International, rep. England, 2nd 55.05m.

- Jun 22, SPAR European Cup Super League, Annecy, France, 6th 57.89m.

- Jul 30, XVII Commonwealth Games, Manchester, 3rd 58.13m.

- Aug 6-7, 11Q 56.57m, 10th 57.38m.

**2003** Aug 23, 9th IAAF World Championships, Saint-Denis, Paris, France, 19Q 57.65m.

**2004** Aug 22, XXVIII Olympic Games, Athens, Greece, 33Q 56.04m.

**PASSE-COUTRIN, Francine**, (France) – multi-events.

**2005** Mar 4, European Indoor Championships, Madrid, Spain, pentathlon 12th 4,119 pts.

**SAYERS, Katherine D. "Goldie"**, (England, Great Britain & N. Ireland) – javelin.

**2002** Jul 20, Great Britain & N. Ireland v Germany Under 23, Newport, 3rd 50.57m.

- Jul 29, XVII Commonwealth Games, Manchester, 6th 51.32m.

- Sep 6, Catalonia v Great Britain & N. Ireland 'A' v Cuba v Yugoslavia, Barcelona, Spain, 3rd 47.43m.

**2003** Jun 21, SPAR European Cup Super League, Florence, Italy, 7th 55.28m.

- Jul 19, European Under 23 Championships, Bydgoszcz, Poland, 11th 53.90.

- Aug 30, World Student Games, Daegu, Korea, 5th 54.56.

**2004** Jun 19, SPAR 25th European Cup Super League, Bydgoszcz, Poland, 7th 52.90.

- Aug 25, XXVIII Olympic Games, Athens, Greece, 20Q 59.11.

**2005** Jun 18, SPAR European Cup First League (Group B), Leiria, Portugal, 1st 61.37m.

- Aug 12 & 14, 10th IAAF World Championships, Helsinki, Finland, 8Q 60.67m, 12th 54.44m.

- Aug 20, 23rd World University Championships, Izmir, Turkey, 4th 56.25m.

**2006** Mar 19, XVIII Commonwealth Games, Melbourne, Australia, 5th 57.29m.

- Jun 28, SPAR European Cup Super League, Malaga, Spain, 7th 56.75m.

- Aug 12-13, 19th European Championships, Göteborg, Sweden, 7Q 58.65, 12th 54.70.

- Aug 19, Great Britain & N. Ireland v USA v Russia v China, Birmingham, 3rd 58.10m.

**2007** Jun 23, European Cup First League Group A, Vaasa, Finland, 1st 60.41.

- Aug 29, 11th IAAF World Championships, Osaka, Japan, 18Q 57.23m.

**2008** Jun 21, SPAR European Cup Super League, Annecy, France, 4th 57.76m.

- Aug 19 & 21, XXIX Olympic Games, Beijing, China 5Q 62.99m, 3rd 65.75m. (Goldie Sayers was upgraded from 4th to 3rd in 2016 when Mariya Abakumova (Russia), who had placed 2nd, was found to have failed a retrospective drugs test.)

**2009** Aug 16, 12th IAAF World Championships, Berlin, Germany, 13Q 58.98m.

**2010** Jun 19, 2nd SPAR European Team Championship, Bergen, Norway, 2nd 59.25m.

**2011** Jun 18, 3rd SPAR European Team Championships, Bergen, Norway, 2nd 64.46m.

- Sep 1-2, 13th IAAF World Championships, Daegu, Korea, 6Q 62.19m, 10th 58.18m.

**2012** Jun 27 & 29, 21st European Athletics Championships, Helsinki, Finland, 2Q 60.90m, 4th 63.01m.

- Aug 7, XXX Olympic Games, London, nm Q.

**2014** Aug 2, XX Commonwealth Games, Glasgow, 7th 57.68m.

- Aug 12 & 14, 21st European Athletics Championships, Zürich, Switzerland, 9Q 58.07m, 8th 58.33m.

**2015** Aug 28, 15th IAAF World Championships, Beijing, China, 26Q, 58.28m.

**2016** Jul 7, 23rd European Championships, Amsterdam, Netherlands, 26Q 53.56m.

**SCEATS-BASIL, Rochelle**, (New Zealand) – cross country, road running.

**2018** Oct 7, Cardiff University/Commonwealth Half Marathon, Cardiff, 16th 1:15:45.

**2019** Mar 30, IAAF/Mikkeller World Cross Country Championships, Aarhus, Denmark, 10.24kms 98th 43:57.

**SHARP, Maria**, (England) – 1,500m.

**2001** Feb 11, Lansing Linde Severnside Trophy Indoor Match, Cardiff, England v Wales v Ireland v N. Ireland, 2nd 4:33.79.

**SHOTT, Madeline**, (England) – race walking.

**2019** Jan 27, Elan Indoor Meeting, Bratislava, Slovakia,  
3000m 5th 14:38.11.

**SPENCER, Amy**, (Great Britain & N. Ireland) – sprints.

**2003** Mar 15, 9th IAAF World Indoor Championships,  
Birmingham, 200m 2h1 23.59, 4s3 23.73.

- Mar 16, 4x400m 4th 3:32.18 (52.62).
- Jun 21, SPAR European Cup Super League, Florence,  
Italy, 4x100m 6th 43.99.

**STARES, Hannah**, (Great Britain & N. Ireland) – 400m  
hurdles.

**2001** Aug 11, Great Britain & N. Ireland v France 'A'  
International, Ashford, 6th 62.26.

**WEBBER, Lucy**, (England) – pole vault.

**2001** Aug 11, Great Britain & N. Ireland v France 'A'  
International, Ashford, 6th 3.60m.

**2002** Jul 29, XVII Commonwealth Games, Manchester,  
8th 3.90m.

**WHELAN, Lauren**, (England) – race walking.

**2013** Jun 16, Small Nations Race Walking Match, Breda,  
Netherlands, 10k 2nd 53:22.

**WHITLOCK, Janine**, (Great Britain & N. Ireland) – pole  
vault.

**2006** Aug 19, Great Britain & N. Ireland v USA v Russia  
v China, Birmingham, 7th 4.10m.

## Junior Women

**FRYER, Laura**, (Great Britain & N. Ireland) – race walks  
2000 Mar 4, Germany v Great Britain & N. Ireland v  
France Indoor Match, Neubrandenburg, Germany,  
3,000m 6th 16:19.82.

**JAMES, Vernicha**, (England, Great Britain & N. Ireland)  
– sprints.

**2001** May 20, Aqua-Pura Loughborough International,  
200m 3rd 24.13/-0.6.

- Jul 21, European Junior Championships, Grossetto,  
Italy, 200m 1h3 23.44, 1st 22.93/1.4.

- Jul 22, 4x100m 3rd 44.66.

**2002** May 18, Aqua-Pura Loughborough International,  
rep. England, 200m 4th 23.70w/3.8.

- Jul 18-19, IAAF World Junior Championships,  
Kingston, Jamaica, 200m 1h3 23.14/1.4, 1s2 23.07/  
0.1, 1st 22.93/-0.2.

- Jul 20-21, 4x100m 2h1 44.49, 3rd 44.22.

- Jul 21, 4x400m 2nd 3:30.46.

**2003** Jul 5, Italy v Great Britain & N. Ireland v Triveneto  
Under 20, Nove, Italy, 200m 1st 24.45/0.0.

- Jul 5, 4x100m 1st 40.12.

**NICHOLS, Linda**, (Great Britain & N. Ireland) – race  
walking.

1979 May 26, 3 Nation International, St-Aubin-les-  
Elbeuf, France, 5,000m 5th 28:32.6.

**ONUORA, Amalachukwu**, (Great Britain & N. Ireland) –  
sprints.

**2001** 29 Jul, France v Great Britain & N. Ireland Under  
19, Dole, France, 100m 4th 12.01/-0.3.

- 4x100m 2nd 45.94.

**ROBERTS, Sarah**, (Great Britain & N. Ireland) – 400m.

**1997** Mar 1, Germany v Great Britain & N. Ireland v  
France Indoor Match, Chemnitz, Germany, 6th 57.42.

**SPENCER, Amy**, (Great Britain & N. Ireland) – sprints.

**2001** Mar 3, France v Great Britain & N. Ireland v  
Germany v Italy U20 Indoor Match, Vittel, France,  
200m 1st race A 24.30.

- May 20, Aqua-Pura Loughborough International, 100m  
5th 11.68/-0.9.

- Jul 14-15, IAAF Westel World Youth Championships,  
Debrecen, Hungary, 200m 1h6 24.03/1.4, 1s3  
23.63/0.4, 2nd 23.45/0.0.

- Jul 22, European Junior Championships, Grossetto,  
Italy, 4x100m 3rd 44.66.

**2002** May 18, Aqua-Pura Loughborough International,  
100m 5th 11.60w/3.8.

- Jul 6, Italy v Great Britain & N. Ireland v Spain Under  
20, Gorizia, Italy, 100m 2nd 11.75/-0.8.

- Jul 6, 4x100m 1st 45.36.

- Jul 18-19, IAAF World Junior Championships,  
Kingston, Jamaica, 200m 2h5 23.46/1.6, 3s3 23.65/  
0.3, 7th 23.76/-0.2.

- Jul 20-21, 4x100m 2h1 44.49, 3rd 44.22.

- Jul 21, 4x400m 2nd 3:30.46.

**2003** Jul 26-27, European Junior Championships,  
Tampere, Finland, 200m 1h3 23.45/0.5, 4th 23.65/1.6.

- Jul 27, 4x100m 2nd 44.81.