

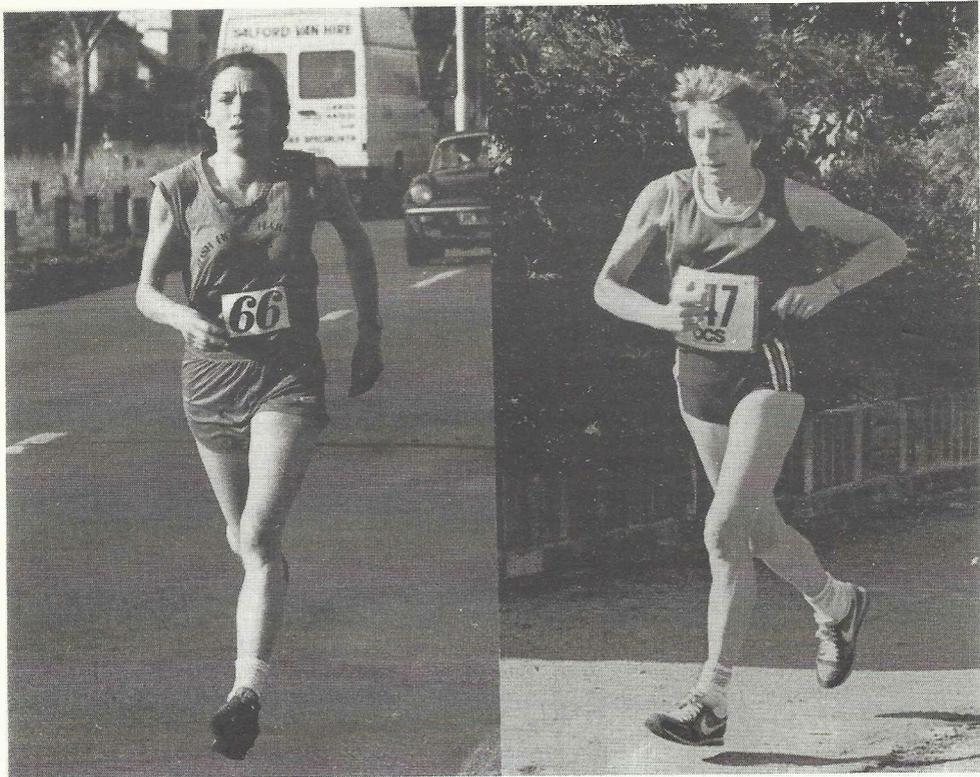
THE

OCTOBER 1986

BELGRAVIAN



□ the official gazette of belgrave harriers □



LEFT... FRANCES GUY. FIRST LADY WINNER OF THE BELGRAVE MARATHON CHAMPIONSHIP
 RIGHT.. PAM DAVIES . FORMER W.A.A.A.1 MILE @ WOMENS NATIONAL CROSS COUNTRY
 CHAMPION WHO IS NOW WINNING MANY OF THE 0.50 SECTIONS OF WOMEN'S
 MARATHONS

Photos -- Joe Coleman and Fred Poplewell

★★★ BELGRAVE HARRIERS ★★★

1887—1987

CENTENARY FUND DRAW

1st. prize ~ £500, 2nd.~ £200;
 3rd.~£100; 4th.~£50; 5th.~£30;
 6th.~£20: plus runners up prizes

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Front Cover: Following a remarkable season including winning the AAA's 1500m title, second in the Commonwealth 1500m and new club mile record John Gladwin beat a class field including John Walker, Jack Buckner, Tim Hutchins and Dave Moorcroft to win the London Mile in record time.

Photo - John Evans

THE BELGRAVIAN

NUMBER 210



Semper Paratus

FOUNDED 1887

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Hon. Editor.

J. G. Coleman

EDITORIAL RAMBLINGS

The Mammoth is not extinct!! It has in fact raised another mammoth edition of the Belgrave Bible. Bill Laws in his final fling as Editor dubbed the issue mammoth in the context of its bulk. He modestly failed to mention the mammoth task (not tusk) in the preparation of the tome, and I, because nobody else came forward agreed to try to keep things going and maintain the continuity. Bill has a very professional attitude in the jobs that he undertakes, and The Belgravian was no exception and I only hope that my efforts somewhat match up to his.

This is Belgrave centenary year and a great deal of preparation work has been done by a band of members led by Clive Shippen to make it a real celebration and I am certain that if we all enter into the spirit of things and support all of the promotions to the utmost, it will be a year to remember.

T.C.(Charlie) Jones and I are celebrating our 60th year as Belgravians as also I believe is Norman Dewberry (born 1902) and we have a vast store of memories and can well recall the halcyon days prior to World War II when the Walking Section, the Cross-Country and Road Relay Runners had won all of the National Championships plus many other major events whilst the Track and Field men had, with the exception of a few flashes of success, generally met with moderate success. Now the emphasis has gradually turned and the major successes have gone to the Track and Field men and this year has been stupendous for both Team and Individuals. Details, results for the year are to be found in this issue.

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For many years the Club had, as compared with today, few summer inter-club commitments. With men-only membership we had two annual inter-club fixtures - one with T.V.H. and Ashcombe A.C. for The Doris Shield which was one of the highlights of the season and also a triangular match with Mitcham AC and Croydon A.C. plus inter-club matches with such clubs as L.A.C. and Cambridge Harriers and invitations to the Kinnaird Trophy and Waddilove Bowl, all of these events were more or less limited to 6 or 7 flat events with 2 jumps and sometimes a couple of field events, but now it is reaching saturation point - multi team leagues for male and female - all age groups and whole gambit of track and field disciplines.

We have a large active membership and we usually meet our commitments but these very heavy fixtures require considerably more people to organise and officiate. So that's the rub - we have the athletes, but we need many more members to do the official and supernumerary jobs.

The athletic success of the club is one thing, but the financial success is another. Ron Severn our intrepid Treasurer does a super job balancing the accounts, but to perform the miracles demanded of him we need a lot more hard cash, so we earnestly ask you all to support to the utmost, any of the fund raising schemes that will be launched for the club's benefit.

Then to publicity. The club has 3 Press Officers who regularly send reports etc. to up to 10 different newspapers, but the number who take any notice is very small and whilst enhanced reports are agreeable, fair comment is always acceptable, so if anybody out there knows the way in - let's hear from you. Advertising time on television is very expensive to hire, but if all our athletes who are fortunate enough to be appearing at events shown on colour television would wear the Claret & Gold - when at all possible, that would be a bit of free advertising for the Club.

J.G.Coleman Editor

WHY NOT BECOME A TECHNICAL OFFICIAL?

Our Club is suffering from an acute shortage of technical officials. Our track and field programme each summer covers young athletes, ladies, and men's fixtures in a variety of leagues and other competitions. In every case we have an obligation to provide technical officials.

Why not try your hand at helping in this way?

No previous experience is necessary and you may choose from the pre-season fixture list those meetings at which you are prepared to assist. All judges are only too happy to help newcomers learn the ropes.

The following categories are used in track and field athletics :-

Track Judge
Field Judge
Starter
Marksman
Timekeeper

In November each year the Surrey County AAA give an evening's introductory lecture in Wimbledon for newcomers in all these disciplines. If you wish you may take a Grade 4 test the following week, but it is not necessary. All you need is a copy of the A.A.A. rule book, which all officials need to refer to from time to time.

Officiating can be a most rewarding and enjoyable part of the athletics scene. Why not give it a try? For all the advice you need telephone CLIVE SHIPPEN on 01-660 0480.

grapevine



Congratulations to Ann and Guy Sagar on the arrival in February of a baby daughter.

Congratulations to Debbie and Graham Macky on the arrival of a baby daughter - Bridie - born on Christmas Day. Graham ran a 2.16.17 marathon in Hiroshima in October '85 and lowered the club record to 2.16.11 a month later in the Beijing (Peking) marathon. No news yet on whether he's made the New Zealand Commonwealth Games Team.

Graham also writes to say that while in China he met Alan Storey who is spending a year or so out there coaching. Alan said that the Chinese were still talking about the GB U'23 squad's visit last September. Gary and John caused quite a fashion/cultural shock!

Anybody remember P.W.(Jimmy) Green? Jimmy a stalwart of Surrey A.C. since 1924 was the founder of Athletics Weekly. He also became associated with The Bels during, and for a time after, the war when he used the Belgrave Hall facilities for training, as 2nd Claim. He sends greetings to all those he trained with which includes Tom Carter and Charlie Smart. Jimmy is due to have a hip replacement during October and we wish him a quick and good recovery. In with his letter was an unsolicited gift to the Club Centenary Fund for which we sincerely thank him.

Rangit Bhata came to Britain this year as a accredited journalist to cover the Commonwealth Games for an Indian newspaper but owing to the boycott of the Games by India, had to return home early. Here is a copy of a letter he sent to Clive Shippen.

Dear Clive,

Oxford
July 23 '86

Today I should have been on my way to Edinburgh to cover the Games for our athletes, but the turn of events has made this a very unhappy trip for me. As I write, I am trying to change my flight so as to go back to work in Delhi, since the whole thing has now gone sour. Hopefully I would be able to plan a proper visit next year, to join all of you in The Centenary Celebrations. It was lovely to meet so many old friends at Belgrave Hall last Saturday. I think there were no two opinions when Don Maclean, Bob Taylor and I agreed that Belgrave Harriers embody what might be regarded as the best aspects of Athletics from every point of view and one hopes very much that the Club would continue to thrive as it has done in the past hundred years. I was also delighted to meet the elders of the Club who had done so much to encourage me in my running, nearly thirty years ago, and thanks to whom I have managed to stay in the world of runners.

Please do convey my warmest regards to all the Bels and assure them that anyone coming to Delhi at any time would be assured of a warm welcome and sufficient running.

Rangit

P.S. Please let me have the schedule of events in order that I am able to plan my 1987 trip, as a runner in the Bels 100 years celebrations.

Brian Pritchard is already working on his 1987 Yacht 3 Miles Handicap. Not only can he be seen hobbling painfully from a recurring knee injury, but we hear that he is due to become a Grandad in the New Year. Congratulations to Jene and Chris.

Kevin Sturman travelled back to the U.K. with his charming wife Anita for a lengthy holiday this summer and raced for the Club whenever possible setting seasons bests of 14.23.13 for the 5000m and 29:48.2 for the 10,000m.

STOP PRESS ---

**FOR HONEYCHURCH READ HOWELL.. Rosemary and Dave tied the knot on October 4th.
Our heartiest Congratulations to you both**

† IN MEMORIAM

GEORGE E. BENTLEY

Passed away in March 1986, in Dorset aged 67. Joined Bels. 1939.

One of a good number of Metropolitan Policemen who have served Belgrave well - brother of the renowned Fred Bentley he walked in many of our club teams and in 1947 he finished 5th in National Junior 10 Miles in which Belgrave finished 2nd team.

Served with RAF during the war as a pilot and attained the rank of Flight Lieutenant. By a coincidence on the boat en-route for Canada for training he met up with brother Fred who, unbeknown to him, was also on his way to Canada to be trained as a navigator.

George was a Grade I Race Walking Judge and on many occasions had been Chief Judge. He retired from the Met. Police in 1980 at the rank of Commander, he was also a Past Chairman of Met. Police Race Walking Club

LEN (GINGER) COLEMAN

Died at his home in Londonderry, Northern Ireland on January 26th, 1986 aged 72 years. Joined Belgrave Harriers 1929 as a runner and competed on track, road and cross country - transferred to Race Walking in 1933 and won many "Open" handicaps on the track in the years preceding the war. He was also a member on numerous occasions of our winning Road Walking teams which several times was made up by two pairs of brothers, i.e. Chas. and the late Harry Churcher and himself and brother Joe. In 1938 he dead-heated with brother Joe to win the National Junior 10 Miles (Garret Cup) Championship and with Colin Sutton (who was murdered by terrorists in Malaya) and Reg Elson to win the team title with a record breaking 16 points. Represented Surrey County on Track and Road and gained First Class Standards Medals in AAA 2 and 7 miles Walking Championships.

Served in the Army from 1939 most of the time spent abroad with West African Frontier Forces, was torpedoed off South Africa on way to Burma and returned to W.Africa to complete second tour of duty there. At the cessation of hostilities he was seconded to the Indian Army as catering advisor and remained there until Independence 1947.

On his return to Britain he attempted to get racing fit but too much tropics showed their effects and he finally satisfied himself by jogging with Frank Webb and Norman Dewberry on Wimbledon Common.

He spoke fluent French and when in 1937 the Paris Club U.S.Metro visited us he surprised many club members with his bilingual prowess when he acted as interpreter. He was a Club Life Member.

C.F. (CHARLIE) MUNRO

Passed away in February 1986 at a Nursing Home at Teddington. He was in his early 90s and had been becoming more ill with failing sight and deafness to add to his other discomferts.

Charlie was originally a member of Ashcombe A.C. which later amalgamated with St.Georges Services to become Ashcombe St.Georges A.C. and joined Belgrave Harriers when his old club closed down. He had had a long association with the Bells through out inter-club events at which he was always a keen official and continued to do sterling work in other organisations, such as South of the Thames and Southern Counties Cross Country Assoc. of which he was a Past President until failing health took its toll.

Charlie was cremated at Kingston Cemetary and many club members attended.

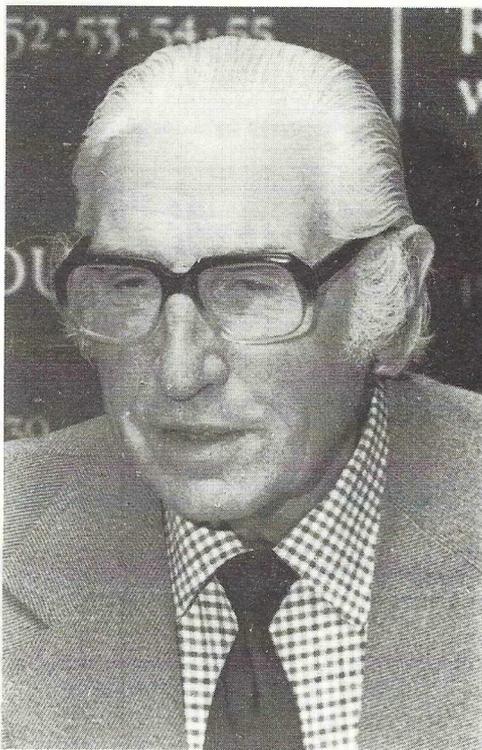
W.G. (Bill) True

Bill joined the Club during 1935 when he came to Belgrave Hall to give a hand to his pal Charlie Churcher with the decorating, maintenance of the hall. He took up race walking and competed regularly in all club and open events. He served in the Army during the war and after the war resumed competing and was in the scoring team with George Bentley in The Garnet Cup race in 1948. He served on the Club committee for many years and was Club Walking handicaper for about 14 years, was a R.W.A. Grade I Walking Judge and officiated regularly until recently when his health deteriorated. Bill had a droll sense of humour and we will miss him.

'Belgrave Centenary Year'

W.E.LUCAS D.F.C.
(The 'W' stands for 'BILL')

PRESIDENT



It was in the early days of 1936 that Belgrave's spies first reported on a young runner of exceptional promise employed in the Insurance world, and it was Ernie Duffett, one of our past Presidents and Cross Country Secretary for 25 years, who undertook the task of trying to sign him on for Belgrave. This was done with good effect, and Bill Lucas became a member in February 1936.

Bill's first test in Belgrave's colours came within a few weeks of joining, when he ran in the Southern Junior C.C. Championships and finished 32. (The race incidentally being won by Ted Stimpson). This effort resulted in the Belgravian scribe of the time writing, "Lucas, a newcomer ran well in his first important race in our colours and clearly has great potential."

(Cont. p.8.)

THE PRESIDENT - W.E.LUCAS D.F.C.

The following December, in the Club 7m Championship, Bill finished 13th out of 24 finishers and took second prize in the handicap. Also about this time he finished 3rd in the Club Junior 5 miles Championship and scored in a winning Surrey Junior Cross Country team.

In the Spring of 1937, Bill was brought in as a reserve for an Olympic runner, Jim Ginty in the London - Brighton Relay and ran a splendid sixth stage to maintain the lead we then held, and which was only lost in the last few yards at Brighton. It was obvious then that our young runner was destined for the highest class of competition. So he continued to improve, particularly on road and track. His long striding action was not too well suited to the country and his sympathies were not in that direction, but nevertheless they were very fine performances that were recorded in the years that followed.

In 1939 came the war which was to change the course of so many lives. Sgt.Pilot W.E.Lucas became the official title of our young man, who later transferred from fighters to bombers and still later became Pilot Officer and eventually Squadron Leader, a member of the elite Pathfinder Group and a holder of the D.F.C.

Bill was back with the club in 1946 and quickly found his running. He represented Surrey, won a South of the Thames Junior race and figured in a large number of successful teams.

It was in 1948 that Bill reached the peak of his career for, although never having won a Belgrave Championship, a third place in the AAA three mile Championship gained him selection for the Olympic Games 5000 metres held in London. Following the games his running career continued with great personal success until 1954. During those years Bill won Surrey County titles at 1, 3 and 6 miles, represented Great Britain v. U.S.A. and Benelux countries, figured in a winning Southern Counties Cross Country Championship team as well as numerous Surrey County Championship teams and victorious road relay teams. Truly a great athlete, his career was such that it is not possible to itemise it here in detail.

As Bill's active career drew to a close so his administration career began, first coming to the Belgrave committee in 1949 for which we have had his services ever since. Perhaps his first important role was to take over as Cross Country Secretary in 1954 from the man who brought him to Belgrave, Ernie Duffett. This post he held until 1969 when he handed over to Gordon Biscoe. For many years he was honorary handicapper and has been of special assistance to our finance sub-committee and at our social gatherings. He was first elected President of Belgrave in 1963 and became a trustee some years later.

Outside of Belgrave Bill's activities have been just as impressive. His voice became known to thousands, possibly millions, as the clearest and most competent announcer at the former White City meetings. In the ensuing years his efforts have earned him continued recognition. He served Surrey County as a team manager and has at various times been President of:

Surrey County A.A.A.
Southern Counties C.C.A.
South of the Thames C.C.A.

Southern Counties A.A.A.
Insurance A.A.A.

and is a Vice-President of the A.A.A.

Now retired, Bill lives happily with his wife Sheena (also a loyal friend and stalwart supporter of Belgrave) in Cowfold, Sussex and keeps in trim by playing golf and tending to his estate. He is of course still active on committees at area and national level and is currently member of a working party studying the possibilities of a single body for amateur athletes. More recently he was rated by the Southern Counties as their nomination for President of the A.A.A. In spite of his activities in the higher echelons of athletes Bill still maintains his Club activities and has been a Track Judge for over 30 years.

As an athlete or administrator, Bill Lucas has never been one to settle for second best, always setting himself high standards and to anyone in athletes who is not prepared to apply himself with similar dedication, Bill's somewhat forthright manner sometimes leaves them in no doubt as to his feelings.

So it is then some fifty years on we may still congratulate ourselves for Bill signing in 1936 when now by virtue of his athletic career, administrative ability, personal integrity and competitiveness he has been unanimously elected as our Centenary President and the man to lead Belgrave Harriers forward to its next hundred years. We could have no better figure head.

GORDON BISCOE

From the President.

Belgravians,

In 1987 the Club is 100 years old and on September 25th, 1986 the members were kind enough to elect me as their President to cover the whole of the Centenary Year. This is the ultimate honour which can be bestowed on any Belgravian and I am deeply touched that it should fall upon my shoulders to lead Belgrave into a new era.

This Club has made its mark on athletics in many ways and has lived to survive a whole century during which we have had two World Wars which deprived us of many excellent athletes. In my own opinion, and this I know will be shared by all the older members, our greatest achievements were in the period immediately before and after the last war. We were then predominant in all sections of the sport as shown on our Honours Board proudly displayed at Belgrave Hall. Our track runners were feared; our walkers held sway at all distances and our cross country and road runners devastated their opposition.

It is the natural cycle of events that the predominance of any club should wane from time to time, but Belgrave has been fortunate to remain near the top and now we are enjoying a gradual return to fame by the achievements of our track and field team in rising from Division 5 of the National League to Division 1 in successive years and we all hope that we may win that division in 1987.

We have in the Club many athletes of high calibre backed up by an excellent nucleus of above average performers and it would be my hope that in 1987 we can concentrate our efforts not only to win top track and field honours, but to return to those halcyon days of the 30s and 40s when we won National, Area and County championships on the country and the road. Other clubs manage to raise teams for all these events and it is time Belgrave deposed such clubs as Aldershot Farnham, Birchfield, Gateshead, Thames Valley and Tipton. We have been on the fringe for a number of years, but have failed at the last hurdle. My thoughts go to the Belgrave 12 Stage Road Relay of 1986 which is also the Southern Area Championship - we finished sixth but it would have needed only two of our good athletes who stood by on the sidelines to have won that race and to have gone on to contest the National title.

I have not forgotten the stirring achievements of the Race Walkers who kept Belgrave at the top for a long period of time. I hope they also will concentrate their efforts to make 1987 a bumper year.

To our Juniors Youths and Boys I commend you to dedicate yourselves to your sport - you will be the backbone of our future teams when our present stars are no longer active.

As for the Ladies, I am full of admiration for the progress you have made in the few short years since the section was formed. You have a nucleus of over one hundred members mostly active in some form or another. You also can help to make Belgrave the top athletic club in 1987 and for many years thereafter by selecting a goal and devoting yourselves to its achievement.

We are fortunate in having a first class team of sectional Secretaries, Committee Members and workers behind the scenes who are there to help you all. They blend together with the one object of showing the claret and gold vests to the British public and even to the world. Do not let their efforts go to waste by any lack of support.

As for myself, I will devote my energies towards the same objective and will do everything in my power to assist any member who is in any way in doubt as to his or her future in Belgrave.

Thank you all for your confidence in electing me as your President for the most prestigious year of our long history. We are not the first club to have existed for 100 years, but with a little extra help and devotion from you all we may well become the greatest.

BILL LUCAS

OUR PATRON Eddie Kulukundis Esq..

Early tradition revived as Centenary year approaches

The Patron Tradition When Belgrave was founded 100 years ago competitive athletics was in its infancy and mainly took the form of handicap racing with prizes for the winners. Entry fees went some small way towards meeting costs and it was club patrons who contributed towards the finances needed for the high quality prizes. A Club's prize fund was the most important part of its assets and successful clubs relied heavily on benefactors.

In the early days Belgrave was particularly fortunate in attracting many eminent patrons. No doubt aided by its location in the Belgravia/Westminster area, these included; General Sir H. de Bathe J.P., the Hon. Lord Monk, the Rt. Hon. G. Goschen (M.P. for Westminster), the Rt. Hon. George Cubitt (later to become Lord Ashcombe) and W. R. Burdett Coutts of banking fame. From 1919 to 1939 our patron was Lt. Col. Sir S. Hoare Bt., M.P.

The advent of World War 2 curtailed the activities of many athletic clubs and sadly after 52 years the tradition of patronage came to an end at Belgrave. The growth of athletics from the 1940's onwards saw more emphasis on track and field and road events with prizes often being donated by businesses. More recently we have seen the advent of big money for the very best athletes, the setting up of trust funds, and race promoters rumoured to have bottomless purses for the largest televised meetings.

With these developments the function of a patron is now very different from that of a century ago. A modern day patron is most likely to be a person able to add to the standing of a Club through his or her pre-eminence in the sport.

The relationship between Patron and Club has been likened to a marriage and when the idea of re-establishing an old tradition was first mooted a careful study was made of likely candidates. Eddie Kulukundis' name came top of our list and we were delighted when in November 1985 he accepted our invitation to become Belgrave's Patron as we move into our second Century.



Eddie Kulukundis

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EDDIE KULUKUNDIS

Who's Who devotes over 40 lines to Eddie and at first glance you would be forgiven for believing that his predominant hobby was the theatre. Chairman and director of several theatrical organisations including the Royal Shakespeare Theatre Trust, Eddie has supported a large number of London productions over the last 17 years. Balancing this interest in the arts is a passion for athletics formally represented by his Directorship of the Sports Aid Foundation, Vice Patron of the AAA's and more recently by his participation in U K team management involving GB Junior teams at European and World Championships. In 1986 he was part of the official U K squad at Athens for the World Junior Championships.

There can't be many members in the Club who have attended every day of every Olympics since 1960. Eddie has (well almost) and in 1984 at Los Angeles he was trackside as part of the Press Corps following his production of a series of coaching films for the IAAF. His knowledge of our sport is considerable and it is amazing how he can recall people and performances from practically any meeting you care to name. It would be a brave man who pitted his knowledge of athletics and athletes at world level against that of Eddie's.

Since 1974 Eddie has quietly provided assistance to literally hundreds of promising young athletes struggling to reach their full potential. Earliest to benefit were Brendan Foster and Steve Ovet and Eddie recognised the needs of their coaches too providing help whenever needed. He has been unofficial patron to the U K junior squads since there early days and the majority of the U K's top juniors over the past 10 years owe a great deal to the practical support and kindness of Eddie Kulukundis.

Eddie tells of how his great enthusiasm for our sport was converted to a practical involvement by 1968 400 m H Olympic gold medallist David Hemery. The occasion was the Munich Olympics when on being congratulated on a bronze medal David could only express his sadness that he had let everyone down. It was David's sportsmanship that kindled Eddie's interest in helping but it was not until the two met again at the 1974 Commonwealth Games in Christchurch that practical plans evolved. From that day Eddie's enthusiasm and help for up and coming Juniors has taken the tangible form of providing financial assistance for those in need. Undoubtedly he has got a great deal of pleasure in seeing so many achieve successes at the highest International level.

Several of our up and coming Juniors have benefitted from his direct support over the last year with warm weather training for our sprinters and support via Mike Winch for our throwers. We hope that the special excitement of being part of Belgrave at this important time will provide a new experience for Eddie and that he will enjoy a greater involvement with the grass roots of our sport. We are certainly proud and honoured that he should have accepted our invitation to be our Patron. We aim to make him proud to be part of us in the years ahead.

WRL

NewMembers.

We welcome to Belgrave Harriers the following who have joined our ranks since the previous issue of the Belgravian and wish them every success and a long and fruitful membership to the Club.

Sacha Abeysinger
Michael Ademakinwa
Araba Amibiya
Know Amitiya
David Aldridge
John Atkins

Mark Baker
John Barry
Lorraine Butler
Rozaline Bazire
Eric Bennett
Shola Betike
Maxine Binger
Stuart Bird
Susan Bishop
Alison Blacker
Gary Blacker
Roy Blacker
Sandra Blacker
Michael Bowers
Paul Browne
Michael Broad
Matthew Burnett
David Burns

Christopher Chaston
Julien Chaston
Matthew Chaston
Chris Christou
William Chu
Emma Clarke
Gerald Collins
Nigel Copeland
Jacinta Coppinger
Louise Crowe
Glenworth Cummings

Lucinda Day
Michelle Delean
Tracy Denton
Lorraine Deschamps
Glynis Dorey
Guy Dorrell
Sharon Druce
Paul Dunn

Michelle Eccleston
Abi Ekoku
Wally Emery
Ruth Evans

John Fairhurst
Guy Finigan
Christopher Foley
Martin Forrester
Steven Fox

Peter Gannon
Henry Galvan
Patrick Geehan
Kamaram Ghareeb
Peter Glasgow
Catherine Gordon
Fiona Gordon
Seymour Gordon
John Gould
Katherine Goulden
Brenda Graham
Alistair Grant
Allan Gray
Frances Guy

Antony Hardy
Jermaine Harris
Anne Henry
Seth Herbert
Jermaine Hulme
Mark Hunt
Samantha Huntley

Nigel Jeffery

Susan Keeble
Brian Kelly
Frank Kemp
Helen Kemp
Elizabeth Kennedy
Darren King
Michael King
Christopher Knight

Alan Lane
Mark Lawrence

John McKeown
Duncan McGrath
Jaqueline Marshall
Carlos Miguens
John Millar
Sue Morrison

Stephen Osborne
Ese Osmevire

Stephen Parker
Joby Parr
Neil Passingham
Nicola Peace
Naomi Poynty

Robin Quigg

Jimmy Rand
Erroll Roofe
Guy Rothwell
Fiona Russell

Caroline Scanlon
Victoria Slater
Karen Spackman
Alexis Stacchini
Richard Standen
Les Stokell

Philmore Walker
James Webster
Terence Whiteman
Elizabeth White
Trevor Williams
Josephine Wright
Jane Wrighton

Richard Biscoe
George Bratty
Paul Cuff
Harold Denton
Judy Denton
Sarah Denton
Yvonne Denton
Peter Gardner
Derek Manning
Jill Manning
Nicholas Jones
Felix Sandy
Peter Tiernan
Anne Webster
Neil Webster

The A.G.M.

ANNUAL GENERAL MEETING

The A.G.M. was held at Belgrave Hall on Thursday 25th September 1986 and attended. At the E.G.M. which preceded the meeting the amendment to Rule 5 (b) was carried unanimously with little or no discussion. The main meeting then proceeded with the usual business procedures. Joe Coleman gave the Hon.Gen.Secs. report with particular mention to the necessity for more club officials, particularly in the Track & Field section also for more coaches and the outstanding performances of teams and individuals during the Track season.

Ron Severn rendered his report as Hon. Treasurer and explained many of the facets of the balance sheet which received and accepted with a vote of thanks to him and the two Auditors Ken Miller and Ron Conway. The next business was the election of Ron Severn to the Vice-Presidents list. This was to honour him for services to the club which, although being a Club Member for a few years had given us much considerable assistance using his professional know-how. He was elected unanimously. The meeting then considered the committee proposal that the club subscriptions should be increased to the following scales: Seniors £15, Juniors (u/20) £10, Young Athletes £6, 2nd Claim and Associates £10. Bill Lucas proposed the motion and spoke of the club's real need for increased finances, this was followed by a short discussion and the motion was carried - only one voting against. The new subscription rates take effect as from July 1st 1987.

The election of the Club Officers for 1987 then followed. The committee nomination for W.E.(Bill) Lucas for President was unanimously accepted and after exchanging niceties with outgoing President - Gordon Biscoe - Bill Lucas then took over as Chairman and the other Officers were then elected, viz:

Hon.Gen.Secretary: Joe Coleman
Hon. Treasurer: Ron Severn

Hon.Sec.Hall & Social: Eric Crutcher
Membership Secretary: Carl Lawton

Section Secretaries:

Walking - Carl Lawton
Cross Country - Colin Pearson
Road Running - Colin Pearson
Track & Field - Leo Coy
Veterans - Tony Stone
Coaching - Bill Laws
Official - Derek Crookes

Young Athletes:

Cross Country - Reg Hopkins
Track & Field - Jim Mote

Ladies:

Track & Field - Harry Porter
Cross Country - Harry Porter

Trustees: - Tom Carter Frank Webb
Bill Couzens Bill Lucas

Hon. Auditors: Ron Conway, Ken Miller

Press Secretaries: Sue Parrot, Geo Piddington, John Wasbrough

Hon.Handicapper: (Running) Arthur Bruce - Hon.Starter: Arthur Penny

Committee: - K.Duckett, Sue Parrot, J.Morris, A.Paton, D.Mote

Hon. Editor Belgravian: - Joe Coleman

The following were elected as Section Captains -

Track & Field - Mark Lindsay-Bailey
Cross Country - Dave North
Road Running - Ollly Foote

Ladies Track & Field - Rosemary Honeychurch
Ladies Cross Country - Rosemary Honeychurch
Walking Section (Yet to decide)

Any Other Business: The Club Centenary was discussed and Clive Shippen gave details which are announced in more depth in article on other pages of magazine. Bill Couzens reported on both this year's Dinner & Dance and also the Centenary's Grand Dinner & Dance. The meeting closed at 9 p.m. approx. and a large proportion of the attenders retired to the bar to heed the Hon. Treasurer's appeal - I will not put it in writing, but Ron will give you a demonstration anytime, but only at Belgrave Hall Bar, and at Bar hours also bring a container - He will also explain as to why a container!!

J.G.C.

PRESIDENTS ELSEWHERE

R.W.A. John Keown.

It is with great pleasure that in our Centenary year that the parent body of Race Walking in this country should honour a Belgrave Harrier with its highest office for the ensuing year, thus carrying on a tradition of previous Belgravians like Frank Thomson, Alf Harley, Syd Roberts, John Goswell who held this high office.

John joined the club in August 1954 and although never reaching the top echelon of walkers, turned out to be a first class club man, a true Belgravian, always to be relied on to back up our teams in any event.

Walked his first Belgrave Open November 1955, finishing 122nd out of 200 starters in 67.20. But his true forte was eventually in distance events, and he holds the unique Belgrave record of finishing in twenty-six consecutive London to Brighton Open Walks 1959 to 1984 when it was discontinued owing to traffic and members decreasing problem. He won his first Brighton Winning Team medal in 1961 as fourth club man home in 15th position in 9:26.08, and in the last two years of this Open Walk, has won the Club Long Distance Championship and holder of the Brighton Cup being the only Belgravian to finish. This year he annexed the 'Jimmy Belchamber Cup' and Club Championship in the National 50 Kilometres, being again the only Belgravian to finish in this event.

He gained his Centurion's Badge No.473 in the 100 miles at Ewhurst, Surrey in 1971, finishing in 20 hrs 49mins 27secs and so joined this illustrious band of Walkers, and he has also run and finished in a London Marathon.

Besides his unique racing career, John is a first class administrator. Co-opted to Southern Area R.W.A. Committee when he took over the Editorship of Race Walking Record in December 1962, which he edited until February 1968, he has served on both Area and Main Committees ever since, and was R.W.A. Assistant Secretary 1980-83.

He has been responsible for drafting and amending rules of the Association for many years, was elected Trophies Secretary in February 1978 and is still responsible for all R.W.A. Trophies, attends all Championships and ensures Medals and Trophies are available for presentation, besides walking in most events. He has organised the S.A.R.W.A. Track Walk Competition since its inception in 1972.

Notwithstanding all this, you will still see John selling programmes outside Belgrave Hall before the start of the Open Walk, then at last minute, dash in, change, and then walk in the event. He will assist in any way he can.

A true Belgravian, a credit to the sport, which has brought him an honour he richly deserves.

We wish him well. May he have an enjoyable and great year in office.

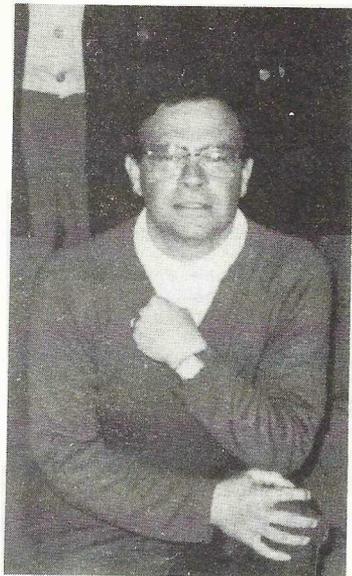
J.W.G.



S.T.C.C.A. Derek Crookes.

Derek must be one of the greatest collector of "jobs".

In the club, which he joined in 1954, he has been Road Running Secretary, Coaching Secretary, General Secretary and President 1981/82. In Surrey County AAA he has been Assistant Secretary, Road Running Secretary and President 1984/85. In the South of the Thames Cross Country Assoc. he has been Sec. for many years and finally this year is President. Other than these "jobs" he finds time literally to act as timekeeper at Track, Road and Cross Country and occasionally Race Walking events. He is a very creditable organiser - and has been responsible for our 20 Miles Road Run for many years likewise in County Athletics he has been a very active worker. He had a very fine record as an athlete and competed in all running events from sprints through middle distance to cross country and road and eventually to marathons. Well done Derek, sorry if any "job" has been overlooked but if rumour has it right, as soon as you got the chain off your neck there's another in the offing. Mary - buy another tin of metal polish!!



RON'S MASTERPLAN

Donations:

Some members of the Club would like to make donations to its funds from time to time, but feel that an amount they could afford would, perhaps, be too little to be worthwhile. This is fully understood. At the last A.G.M. I made a suggestion which all members may like to adopt. I put forward the idea that when a member gets his or her bank statement from the bank, they might send me a cheque, made payable to the Club, for the odd pence in the final balance. Thus, if that balance were, say, £118.76 their cheque would be for 76p. A further suggestion on this is that if they felt able to, their cheque could be for the difference between the balance and the nearest multiple of 5. In the example I have given, the cheque would be for the difference between £120 and £118.76 namely, £1.24p. If, however, the balance were to be, say, £116.50p the cheque would be for the difference between that figure and £115, i.e. £1.50.

These may not seem very large amounts in themselves, but I am sure you will appreciate that if enough members did it, the gain to the Club would be quite substantial. It would also, I hope, be painless for members.

I look forward to receiving hundreds of cheques from you. Don't bother with covering letters. Perhaps I can thank you in advance?

1 Emerson Court
Wimbledon Hill Road
London SW19 7PQ

RON SEVERN
Hon. Treasurer

From **THE BELGRAVIAN**

25 years ago

BELS. RETAIN R.W.A. 50 KILOS

Having narrowly lost two of their three National titles our boys were determined to hold on to this, the last. And hold it they did. For although they were without Bailey, McGreechan and Yescombe they had three men home before any club could finish two. There was no doubt about this team result!

Once more honours go to Ray Middleton who moved up yet again in his National placings finishing second to Olympic Gold Medallist Don Thompson, and setting a new Club record in his first 50 kilos! Ray was the only walker to make Thompson look beatable, and now has placings of 5th, 3rd and 2nd in the year's three premier events. He is surely on the threshold of achieving high honours.

Ray Hall and George Beacham were always well placed and provided the backing for team honours. John Keown walked well to complete our scoring four and was closely followed by D. Bartliff and J. Morris. These three had had a rare battle for 4th place and it was only in the last mile that John asserted his position.

& 40 years ago

The first post-war Winter season was a memorable one for the Belgrave Harriers. Our cross-country runners won every open championship. In November we had the first two teams home in the South of the Thames "Junior" and the first three individuals. This in itself was a remarkable feat as all of our pre-war "cracks" cannot run in this race owing to the barring clause. In the New Year we won the Surrey County Title, whilst our Middlesex members, running for Cadogan A.C, took the Middlesex title. This was not regarded as very extraordinary as it had been done on various occasions before the war. The South of the Thames "Senior" Race resulted in another win for us. Here again, a large number of our best men are "barred". The Southern Counties' Cross-Country Championship 7½ miles, instead of the usual 10, was held from Belgrave Hall. Our Captain, Tom Carter, gained a well-earned and popular victory. With David Main third and four others in the first 20 positions, we gained a 99 points margin over the second team. In fact, our team of 12 was home before any other team had finished its six scoring men! Then to the much-awaited English Championship, of which we were the proud holders. On March 9th our lads travelled to Leamington Spa and had another battle royal with our famous Midland rivals, Birchfield Harriers. Our team finished in the first 24 positions, and after a breath-taking adding up of the scores we were acclaimed winners with a ten-points margin. We are indeed truly the Champion Club.



CENTENARY CELEBRATIONS

It was on Friday, 7th October 1887, that a group of athletics enthusiasts met in a room at "The Kings Head" Ranelagh Road Pimlico and formally decided to launch a new harrier club. There was much deliberation about the name it should carry. The West of Pimlico was in marked contrast to the high social status of Belgravia to the North and residents in the better parts of Pimlico were wont to call their area South Belgravia. For several reasons, the meeting decided to name the club BELGRAVE-HARRIERS.

The catchment area was Chelsea, Battersea, Westminster, Pimlico and Belgravia; an area which included Buckingham Palace itself! Within that area several other clubs existed, for it was a time when Victorian society was witnessing a boom in sporting activity. The clubs waxed and waned with startling frequency. Many died after short lives. Their fortunes depended entirely on the calibre of their officials and their ability to raise money for attractive prize funds.

BELGRAVE HARRIERS suffered many vicissitudes and misfortunes as a club during its early years, but each time there was someone prepared to step into the breach and inject a new lease of life. As other clubs faded and died, Belgrave fought on with a spirit that has never left the club to this day.

Those founder members, seated together in that little room at the King's Head 100 years ago, could never have foreseen where their actions would lead a century later. They could never have imagined that their successors would one day master the giants of that Victorian era - Birchfield, SLH, Finchley and Salford. But master them they did, at one time or another.

The Club has had much to celebrate during its 100 years. National champions at both running and race-walking, and gold, silver and bronze medals for its members in the Olympic, European and Commonwealth Games. As we enter 1987 we rank in the top eight UK clubs with our position in Division 1 of the British Athletics League.

We have a history of which we can be justly proud, and a future of exciting possibilities. We have much to celebrate and a great deal to look forward to. Our Centenary has arrived at the right time!

It is hoped that all of our members, however distant or remote from our activities, will be able to attend at least one of our celebratory functions during 1987. We want to see everyone who has played a part in Club affairs return to the fold during the 12 months of our celebrations. The following diary of events has been planned.

- 31 Dec/Jan - New Year's Eve Party at Belgrave Hall. Centenary mementoes unveiled and available for purchase. Food, drink, music.
- 17 January - Cross-country match from Belgrave Hall versus English Cross-Country Union, Surrey County, Middlesex County and other clubs also celebrating their centenaries. After-match reception and buffet.
- 4 April - Belgrave 12-stage relay (incorporating SCAA Championships).

- 11 July - Centenary Club Championships - Battersea Park. Special programme. Fine opportunity for re-unions.
- 18 July - The 36th Belgrave Open '20' - Souvenir programme.
- 25 July - River-boat trip on Thames. Food and music. Capacity for 300. Evening function.
- 7 October - Club birthday (Wednesday). An evening get-together at Belgrave Hall. Un-veiling ceremony.
- 11 October - Centenary London to Brighton Relay. A special once-only revival of the famous race featuring other centenary clubs and previous winners. Reception in Brighton.
- 14 November - Centenary Dinner at The Gloucester Hotel, Harrington Gardens, SW.7. South Kensington. Tickets £25 each. Number limited to 200.
- 28 November - The 68th Open '7' Walk. Special Centenary event. Souvenir programme.
- 26 December - Fancy dress handicap races on Wimbledon Common with special re-staging of the 1887 120 yards handicap sprint. 11 a.m. start.
- 31 Dec/1 Jan - Closing New Year's Eve party at Belgrave Hall to "see in" the Club's second century.

It is apparent from the above diary that 1987 is going to be an expensive year for the Club. We are still paying for the recent modernisation of Belgrave Hall and our Treasurer is obliged to keep a tight hold of the purse strings. However, a Centenary fund has been opened which we hope will help to defray the substantial costs of our programme. We therefore appeal to all members to send the Club a Centenary birthday present preferably before the programme commences.

A word of warning about the Centenary Dinner. The number is restricted and the demand could be great. You can reserve your places NOW and help the Club financially if you send in your cash order right away.

1987 is a special year in the Club's history. As a Belgrave Harrier you have much to be proud of and a great deal to celebrate. Do not let it slip by without making an effort to join in.

CS.

N^o 06602

★ ★ ★ BELGRAVE HARRIERS ★ ★ ★

1887-1987

CENTENARY FUND DRAW

1st. prize ~ £ 500, 2nd.~ £200;
 3rd.~£100; 4th.~£50; 5th.~£30;
 6th.~£20; plus runners up prizes

DRAW TO BE MADE ON NEW YEARS EVE December 31st.1986
 At Belgrave Hall, Denmark Road, Wimbledon.

PRICE 10p

Counterfoils to be returned by 18th December 1986 to
 ERIC CRUTCHER (promoter) 3 Richmond Court Richmond Road Raynes Park SW20 0PB

Hall and Social.

HALL AND SOCIAL - Eric Crutcher

Having just completed my first year as Hon. Gen. Sec. (Social) and Hall Manager, there have been times when I wondered how Bill Couzens ran the show single-handed! Certainly without the assistance of Keith Duckett to clean the pipes (which produce immaculate pints), order/collect bar stock and assist on socials when working hours permit, my task would be much more difficult - thank you Keith. I would also like to thank all those members who have served on the bar rota during the year and at the same time appeal for more volunteers now. The duties are not onerous, involving about 3 hours work every 4 weeks or so and, as the accounts show, the bar is an important source of income in helping to fund club activities. In addition, Brian Goman's efforts in providing the Saturday afternoon refreshments should not go unrecognised and Fred Paget's teas on Sunday mornings are much appreciated.

Looking back briefly over the past year probably the best evening was a darts match between the under 35s and their seniors. Fought over 15 legs the match was perfectly balanced at 7 each going into the final leg where all 8 members of each team played. Tension and excitement were running very high but Mark Sinclair kept a cool head to produce the winning double. We'll certainly have a return match in the winter.

The other notable feature of these last few months has been the reintroduction of suppers at the Hall which have proved very enjoyable. At this point I must say a big thank you to Sue Parrott who, in addition to helping at all the socials, (and officiating at meetings) has been tireless in whipping up support for these supper evenings. This was obviously for the first couple of events, but it was significant that neither Sue or I approached people directly for the October evening (relying instead on 3 posters in the Hall) and attracted less than half the numbers necessary for a successful evening, resulting in cancellation. We have planned more suppers for the winter but it would be much easier on the organisers if people wishing to support the suppers contacted us by the preceding Monday at the latest.

Looking ahead, in addition to the darts challenge and suppers I have fixed dates for a table tennis tournament and a couple of extra darts evenings. The latter events are intended as less serious evenings than the "challenge match" and the Denmark Pot but I hope they will be equally well supported.

In addition we will be holding a pre-Christmas disco and a Valentines Disco and I hope to fit in a "Music of the 60s" evening somewhere along the line!

IMPORTANT NOTICE: NEW YEARS EVE

You will be aware of the plans for a celebration at Belgrave Hall on New Year's Eve to mark the beginning of our centenary year. There will be live music (not a deafening disco!), a buffet and champagne up until 1 am. The centenary draw will be made during the evening for which you have already been asked to sell some tickets and may I ask you again to make every effort to raise money through this draw to help finance our special centenary events.

Admission to the New Years Eve celebrations will be by ticket only. Although this does not sound very satisfactory for such a momentous occasion I am sure you will appreciate that with a Hall capacity of 140 and a club membership of over 700 it is unlikely that we would be able to accommodate everyone that would wish to be there. If we were to allow entrance to more than 140 then the Hall becomes overcrowded, uncomfortable and consequently unfair on those who booked their tickets well in advance. At the time of writing (23 October) we already have bookings for 70 tickets, so please ring Sue Parrott (542 3904) or myself (947 8147) as soon as possible to make sure of your place. **YOU WILL NOT BE ALLOWED ENTRANCE WITHOUT A TICKET.**

I should be grateful if those who have already indicated that they wish to attend, forward payment for their tickets by early December please.

LIST OF SOCIALS (all events start 8.00 pm)1986

| | |
|-------------|---|
| 15 November | Presentation of medals and Honours badges |
| 29 November | Denmark Pot (note move from traditional date) |
| 6 December | Table Tennis |
| 20 December | Pre-Christmas Disco |
| 24 December | Christmas Eve Drinks |
| 31 December | Centenary Celebrations |

1987

| | |
|-------------|---|
| 10 January | Darts Doubles (enter as a team) |
| 31 January | Supper |
| 7 February | Under 35 v Over 35 - Darts Match |
| 14 February | Valentines Day Disco |
| 28 February | Supper |
| 21 March | Darts Doubles (draw for partner on the evening) |
| 28 March | Supper |

These events will only be successful if there is a good response from you. Please make every effort to support the club, especially in its Centenary year. With best wishes.

1987 LONDON MARATHON

I have applied for an allocation of places in the 1987 London Marathon out of the 2,000 reserved for club runners who receive rejection slips. If you are one of those unfortunates but would still like to run, then please forward your rejection slip to the Hall as soon as possible. If there are not enough places then a draw will be held during early December.

ERIC CRUTCHER

MEMBERSHIP AND SUBSCRIPTIONS

Stand by for blasting - Carl Lawton, our "Membership" Hon. Sec. has a few well chosen words to impart.

Quote - "As with most official jobs in Belgrave Harriers, the Membership Hon. Secretary's job is consuming of time, but it is often made easier by those who reply promptly to the first renewal reminders.

Unfortunately we have those who would rather wait until the second reminder and then those who ignore that as well with the air that "I should not need to pay". Last year we had cases where "Recorded Delivery" letters were sent and even those were ignored and yet some of these athletes decided to turn out a few months later to compete as if nothing was amiss having recently paid or had their subs paid for them.

Those of you who attended the A.G.M. will have heard that new members of approximately 120 was only slightly higher than those who had resigned or had been deleted. There is no doubt that we should not be losing so many and maybe in future we should endeavour to hold on to more of those who tend to disappear from the scene.

My thanks to those of you who generously give donations or add donations to their subscriptions which help to boost our much needed funds." Unquote

Indoor Round Up.

INDOOR ROUND UP

Once again we can record successes for our men who competed indoors this Winter, with International victories, AAA's titles, World best and club best performances. The following is a brief round up of the details.

Arrow Cosford Games - 10th/11th January: Having sought an English qualification through his many years residency in this country (following his declaration never to compete again for Ghana) Ernie Obeng set about impressing his name on the selectors for the later series of dual internationals with a fine win over Sharp and Bunney in 6.71. Ken Onuaguluchi made his indoor debut with 6th place in the shot with 14.79. * * * AAA Indoor Championships - 24th/25th January: Times were again proved to be irrelevant on the Cosford 60m surface as Ernie recaptured the title he won two years ago, holding off the man who was to go on to win the European Indoor Championship. (1st E Obeng 6.72, 2nd R Desruelles 6.73, 3rd C Sharp 6.75). Marcus Adam (6.95) and new member Errol Roofe (7.00) just failed to qualify for the final. In the 200m final, John Regis did well to run 21.82 from the inside lane, just missing a medal, following a very fine 21.56 semi final (club best performance). Marcus Adam recorded a 22.40 heat but could not progress from the semis, another victim of the inside lane. Derrick Williams made a rare indoor appearance long jumping 6.88 for 9th place and Ken Onuaguluchi threw a hefty 15.42 shot for 6th place (our outdoor record is 15.78!) * * * Spain v UK - Madrid - 1st February: John Regis was one of only two mens individual winners for the UK in this International, mastering the 164 metre track to such an extent that the best home runner was fully 2/10ths behind. 1st J Regis 21.71 2nd Prado 21.91. Ernie Obeng in West Germany: 26 Jan, Sindelfingen 6th 6.85(6.79ht); 31 Jan, Karlsruhe 4th 6.75; 2 Feb, Stuttgart 5th 6.77(6.75ht). * * * UK v Hungary - Cosford - 8 February: Ernie Obeng's efforts had not gone unnoticed and a new international career began with him blasting to victory by just about as big a margin as possible over 60m in an International event. 1st E Obeng 6.71, 2nd Tartar 6.81. * * * UK v USSR - Cosford - 25 February: Ernie had to bow to the Soviet, Yushmanov, after not the best of starts but finished well to take second in 6.77. John Regis placed 3rd in the 200m with 21.92, again from that inside lane. * * * UK v USA - Cosford - 8 March: The Olympian, Thomas Jefferson proved too strong for Ernie over the last 20 metres but Ernie confirmed his position as the domestic number one in a time of 6.73. * * * British Veterans Championships-Cosford 15 March: Snowy Brooks continues to make his mark in the vets ranks, scoring a World Best total of 2749 points in the Pentathlon, including an equal World Best time for 60m Hurdles of 9.3. Snowy's other marks were 5.77(LJ) 11.74(SP) 1.63(HJ) and 3.12.2(1000m) and he also took a bronze medal in the individual 60mH. * * * AAA's Under 20 Championships - Cosford - 21\22 March: Bels had the 200m all sewn up with Marcus Adam holding off Phil Goedluck 22.02 to 22.04 for Gold and Silver, for what must be a unique one-two from youngsters in the same club. Phil also took 4th in the 60m in 6.94(6.89ht) with Marcus unfortunately disqualified in the heats for false starts.

Errata: In the last Belgravian, I referred to John Regis still being a Junior in 1986; well that turns out to be a piece of duff gen for although John is only 19 through the Summer his 20th birthday falls before the end of the year. Apologies too to Marcus Adam (without the s) for getting his name wrong previously. (At least Marcus doesn't have to put up with such variations as Ongulchi, Onagalchi or Onugulachi like poor old Ken 'the typists nightmare'!) Also, a friend of mine wished me to point out that A Minter, whose name appeared alongside a time of 4.31.4 on page 56 was in fact A Painter.

Steve Williams



The Civil Service Sports Association "Engholm Trophy" is awarded annually to their member considered to have done most to encourage and further sport in their association. This year's winner is non other than our zealous Social Hon. Sec. Eric Crutcher - Well done sir!! Also his department - The Ministry of Agriculture, Fish and Food, which includes Belgravians Susan Kew, Sue Morrison, Derrick Williams, John Hall and John Llewelin took the Department Award.

Race Walking.

WALKING REPORT from Carl Lawton

14-15th SEPTEMBER 1985

COLCHESTER

100KMS/100M/24 HOURS

Rain and wind greeted competitors, officials and attendants for this British Telecom sponsored meeting on the Colchester Garrison track. Of the 35 entries only 3 failed to start. Charlie Weston (Highgate), Ed Shillabeer (Dawlish) and Bob Dobson (Southend) were the early leaders. As the hours progressed Ed Shillabeer went into a lead to win and retire at 100kms with a new British record. Bob Dobson went through to take the 12hr record before taking a break, this left Charlie Weston to go for the 100 miles and finally Peter Worth to cover the greatest distance at 24 hrs. Belgrave, however, had no wins or records, once again it was left to John Morris and John Keown to fly the colours, John Keown was only going for 100 kms and John, 'there's no way you can't finish a 24 hour' Morris retired hurt at 75 miles.

100Kms: 1.E.Shillabeer (Dawlish) 9:41.54; 2.R.Dobson (Ilford) 9:56.34; 3.C.Weston (Highgate) 11:10.05; 9.J.Keown (Bels) 12:35.16; 17.J.Morris (Bels) 13:17.36.

A lesson to be learned from this event is that one must have adequate recorders, with only one person taking laps for 32 competitors and 1 or two others tabulating all the laps covered and a heavy gust of wind thrown in to distribute laps sheets in all directions there is little need to say that there were problems.

21st SEPTEMBER 1985

WOODFORD

1 HOUR WALKS

A Section: 1.A.King (Leics) 13482m; 6.C.Lawton 12368; 11.P.Warburton 11815; 13.J.Newnham 11700.

B Section: 1.M.Dunnion (Anglia) 12235; 5.J.Dunsford 11285; 14.D.Sharpe 10468;

C Section: 15.J.Bromley 9890

Boys 1 Mile: 4.J.Llewellyn 8.59.

29th SEPTEMBER 1986

SOUTHEND

5 MILES

1.M.Parker (Brighton) 36.20; 2.C.Lawton 37.44; 3.A.James (Enfield) 38.20; 7.M.Keighan 40.54; 16.J.Llewellyn 42.44; 21.D.Fotheringham 44.07; 25.D.Sharpe 45.12; Team: BELGRAVE

Ladies 5M: 4.G.Porter 49.24; Colts 2Kms: 5.J.Llewellyn 11.16;

Girls/Jnr W. 2Kms: 4.R.Parrott 11.22; 14.C.Christou 13.52.

5th OCTOBER 1985

BRIGHTON

SOUTHERN YOUNGER AGE GROUPS CHAMPIONSHIP

Junior Womens 5Kms: 1.V.Larbey (AFD) 13.07; 5.R.Parrott 14.35; 16.C.Christou 18.08

Intermediate Womens 5Kms: 8.G.Porter 29.20.

5th OCTOBER 1985

WIMBLEDON

CLUB 5 MILES

1.C.Lawton 37.27; 2.P.Warburton 38.06; 3.N.Carmody (Cambridge H) 38.29; 5.E.Crutcher 39.43; 6.J.Newnham 40.30; 8.J.Dunsford 42.12; 12.D.Fotheringham 45.12; 14.R.Middleton 46.59; 16.R.F.Day 48.50; 18.M.Baker 49.30; 21.J.Morris 50.52.

9th OCTOBER 1985

CRYSTAL PALACE

SOUTHERN COUNTIES OPEN 3KMS

The return of these events which proved popular some years ago produced a turn out of 24, and justified the continuation in the early spring when the meetings continue.

1.A.Jackno (Australia) 11:53.3; 6.P.Warburton 13:10.0; 8.C.Lawton 13:21.7; 10.E.Crutcher 14:02.5; 11.M.Keighan 14:05.9.

12th OCTOBER 1985

CHIPPENHAM TO CALNE

6 MILES

I thought that last year was bad, but we stooped even lower this time, two starters and five officials. Not the sort of performance to write home about, but with what was available at the time we did our best.

1.C.Maddocks (Dawlish) 40.20; 5.C.Lawton 45.35; 30.D.Fotheringham 52.46.

19th OCTOBER 1985

MORCAMBE

NATIONAL YOUNGER AGE GROUPS CHAMPIONSHIP

It is always hoped that when a Club is amongst the Countries leaders at senior level it will be a similar position at Junior levels as well, in our case that is not to be. At least not at the present. We could only turn out three for these championships, admittedly it was not on our doorstep, although it was a few years ago a senior team went up there for a race driving up and back in just over 24 hours. To improve on the situation we need to encourage newcomers and endeavour to teach them that the sport is not esoteric.

Intermediate Womens 5Kms: 14.G.Porter 26.36; Junior Women 3Kms: 23.R.Parrott 16.45
38.C.Christou 19.27.

26th OCTOBER 1985

BEXLEY

CAMBRIDGE HARRIERS LEAGUE

10Kms Men: 1.C.Lawton 46.15; 11.D.Fotheringham 52.31; 30.M.Baker 60.30;

Inter Ladies 5Kms: 7.G.Porter 29.03; Girls 2½Kms: 3.G.Parrott 14.31; 13.C.Christou 17.40.

Boys 2½Kms: 2.J.Llewellyn 14.50.

9th NOVEMBER 1985

ENFIELD

OPEN 7 MILES

There were days when Belgrave could turn up at any race and it would be asked "which Belgrave team will win" now it is slightly different, we can still win, but not always convincingly. Enfield we turned out a team! Fortunately others turned out their weaker sides and we came away winners with 20 points to spare, finishing 5 in 20, and in the process Eric Crutcher appearing in his first open team win.

Results:

1.L.Morton (Sheff) 49.33; 2.J.Ball (Soton) 50.11; 3.R.Hankin (Sheff) 4.P.Warburton 52.02;
6.C.Lawton 53.08; 14.J.Hall 54.43; 17.E.Crutcher 55.40; 18.J.Llewellyn 55.46; 28.J.Newham
55.35; 39.J.Dunsford 60.47; 40.D.Fotheringham 61.07; 48.D.Sharpe 63.01; 59.R.Middleton 65.37;
64.J.Bromley 67.04; 71.J.Morris 69.58;

Team: 1.BELGRAVE 41; 2.Steyning 61; 3.Sheffield 68.

Ladies: 1.B.Allen (Brighton) 57.28; 3.G.Porter 65.44; 5.S.Kew 66.27.

23rd NOVEMBER 1985

WIMBLEDON

66TH BELGRAVE OPEN 7 MILES

To hand at the time of production is the result of the 35th Belgrave 7 published in the December issue of the Race Walking Record in 1954. It makes interesting reading, winner was Len Evans of Highgate in 54.53. Further down the field could be found 23rd C. Ball (Soton) he was his Club's Secretary then and still is now. In 33rd and 36th positions were the late Harold Whitlock and the late Kew Neilson, 31 years on they were to leave us within days of each other, both men were in their ways an example to us all. Further down the field hidden amongst the 177 finishers was a certain D. Fotheringham in 117th place in a shoddy 66.39, he won't stay in the sport long with that sort of time. Well maybe some one was proved wrong for 31 years on Doug got around the course, maybe not exactly the same one but still over distance, FIVE minutes faster and has been the menace of the results typist ever since as his name usually managed to encroach into the next column. Incidentally there appeared to be a total of 26 disqualifications or retirements, a far cry from today with maybe one or two, are we walking that better or are the judges too lenient??

Anyway moving onto this year, won comfortable by Les Morton from Sheffield. Jimmy Ball (son of the aforementioned Cliff who finished 50th this year) was 2nd to be in the frame for the 4th consecutive year, and 3rd also from Sheffield Ray Hankin. Belgrave's first man home was Paul Warburton confirming his previous performance this year in 5th, although beaten by Steyning youngster Darren Stone. The team race was another win for Belgrave, but only due to Stone not being entered in the Steyning team, John Llewellyn replaced Eric Crutcher as 4th man and John Hall and Carl Lawton repeated their Enfield positions. On the negative side one should ask whether a team with an average age of 36½ should even be a team let alone a winning team.

Thanks as always must go again to those that make the Belgrave 7 a success. The officials, timekeepers, pointsmen (we could do with more of those) recorders, judges and of course Jack and Joan Goswell, and the others I have forgotten, AND those that donate to the prize fund.

Results:

1.L.Morton (Sheffield) 50.35; 2.J.Ball (Soton) 51.21; 3.R.Hankin (Sheffield) 52.19;
5.P.Warburton 53.18; 8.C.Lawton 54.39; 10.J.Hall 55.02; 18.J.Llewellyn 56.53; 22.E.Crutcher
57.46; 30.R.Dorman 60.14; 34.D.Fotheringham 61.26; 38.J.Dunsford 62.47; 49.D.Sharpe 65.16;
66.R.Day 70.23; 68.J.Keown 70.44; 70.J.Morris 72.34;

Team: 1.BELGRAVE 41; 2.Steyning 48; 3.Sheffield 59.

7th DECEMBER 1985BATTERSEA PARKPHIL EMBLETON MEMORIAL 15KMSResults:

1.M.Parker (Brighton) 64.38; 2.P.Warburton 71.38; 3.A.James (Enfield) 72.16; 4.C.Lawton 72.47; 5.M.Feighan 72.59; 9.J.Newnham 78.12; 12.D.Fotheringham 80.37; 13.J.Dunsford 80.48; 19.D.Sharpe 83.46; 29.J.Bromley 89.39.

Team: 1.BELGRAVE 11; 2.Brighton 28; 3.Enfield 29.

14th DECEMBER 1985BEXLEYCAMBRIDGE HARRIERS LEAGUE

We managed to turn out a team in this the second of the league meetings, Carl Lawton was unable to repeat his winning performance of the previous meeting, but Suzanne Kew made up for that by winning the Ladies, Rachael Parrott produced a course personal best in an attempt to show those who know that she can be good if she will set her mind to it. In the Boys James Llewellyn was again 2nd in an improved time.

Mens 10Kms: 1.P.Blagg (Cambridge) 44.27; 2.T.Berrett (Tonbridge) 46.33; 3.C.Lawton 46.51; 8.J.Llewellyn 49.32; 9.E.Crutcher 49.47; 29.J.Keown 61.05.

Team: 1.Surrey W.C. 43; 3.BELGRAVE 49; 3.Cambridge H. 54.

Ladies 5Kms: 1.S.Kew 27.38; Girls 2½Kms: 2.R.Parrott 14.20; Boys 2½Kms: J.Llewellyn 14.37.

21st DECEMBER 1985CHIGWELLILFORD 10KMS

Over 50 starters toed the line for this Inter Club event. This is also the final event for the Essex League race for which Belgrave's John Llewellyn was a prime contender. The overall race was won by Roger Mills but the team was a narrow win for Belgrave. John Llewellyn held on for 10th and held off John Hedgethorpe to win the League. In the Ladies, Gail Porter produced a sub 60 minute effort to take another victory and finish 33 overall out of the 52 finishers.

Mens 10Kms: 1.R.Mills (Ilford) 46.04; 4.C.Lawton 47.20; 6.J.Hall 49.13; 10.J.Llewellyn 50.37; 11.J.Newnham 51.00; 23.D.Fotheringham 54.10; 25.D.Sharpe 55.19.

Ladies: 1.G.Porter 59.30;

Team: 1.BELGRAVE 21; 2.Ilford 22.

1st JANUARY 1986LONDON WALLCITY MEETING

Mens 10Kms: 1.M.Easton (SWC) 41.49; 4.P.Warburton 45.40; 5.C.Lawton 46.57; 10.M.Feighan 49.49; 13.E.Crutcher 52.25; 14.J.Dunsford 52.43; 19.D.Fotheringham 54.15; 23.M.Baker 55.58; 30.J.Keown 60.00; 33.J.Morris 63.31;

Ladies 5Kms: 1.L.Simpson (Mitcham) 25.34; 4.S.Kew 28.07; 6.G.Porter 29.07;

Team: 1.Cambridge H 11; 2.Surrey W.C. 17; 3.BELGRAVE 19.

12th JANUARY 1986IMBER COURTMETROPOLITAN POLICE OPEN 11KMS

Yet again Belgrave pulled off a surprise win and comfortably. Steyning turned only half a team (or at least half their best squad), Cambridge Harriers elite team were absent, our 'B' team almost beat them. Mike Parker showing the form of a few years ago won comfortably leaving Paul Warburton to make an impression and get his first open placing. Backing up were Lawton, Hall and Michael Feighan making his last appearance for us before leaving for the United States to take up basket making. Spare a thought for John Newnham for his last three races he has ended up first reserve and in each case we would have won if our last scoring man was absent.

1.M.Parker (Brighton) 47.36; 2.P.Warburton 50.26; 3.G.Vale (SWC) 50.35; 4.C.Lawton 51.66; 7.J.Hall 52.11; 13.M.Feighan 54.03; 20.J.Newnham 56.16; 26.D.Fotheringham 57.49. 31.J.Dunsford 59.06; 37.R.Picton 60.18; 39.D.Sharpe 60.31; 53.J.Bromley 63.52; 61.J.Keown 67.23; 65.J.Morris 69.41.

Team: 1.BELGRAVE 26; 2.Surrey WC 40; 3.Steyning 50; 8.BELGRAVE 'B' 180.

18th JANUARY 1986WIMBLEDONCLUB 10 MILES CHAMPIONSHIP FOR THE MURPHY SHIELD

A modest number of 9 Belgravians lined up to contest the Murphy Shield plus another 8 guests. A steady race progressed with a group of 5 for three miles after which Paul Warburton broke away to gain an advantage he held to the end, and thereby win his first club championship. John Hall on his 37th birthday got the better of Carl Lawton for 2nd.

1.P.Warburton 78.30; 2.J.Hall 79.00; 3.C.Lawton 79.07; 5.E.Crutcher 82.37; 9.D.Fotheringham 92.44; 11.R.F.Day 98.16; 14.J.Keown 102.50; 15.J.Morris 103.18; 17.G.Beecham 110.07.

29th MARCH 1986 VICTORIA PARK LONDON 10 MILES/SOUTHERN 10/GARNET 10

After two previous postponements this race was at last held but with obviously reduced fields due to the date being Easter weekend. In the London Belgrave almost had a clean sweep and the Southern was a similar situation. The Garnet was a disappointment, Belgrave were unable to start a team and no team closed in.

Overall Results:

1.D.Rowlands (Steyning) 76.27; 2.P.Warburton 76.58; 3.C.Lawton 77.09; 8.E.Crutcher 81.45; 12.J.Hall 85.36; 14.D.Fotheringham 86.33; 17.J.Dunsford 88.08; 27.M.Baker 92.00; 39.J.Morris 99.43.

London: 1.P.Warburton; 2.C.Lawton; 3.R.Dobson (Ilf) 78.14. Team: Belgrave.

Southern as overall Team: 1.BELGRAVE 25; 2.Ilford 62; 3.Brighton 78.

5th APRIL 1986 VICTORIA PARK METROPOLITAN WALKING CLUB/SOUTHERN 20KMS

A return once more to the same venue of the previous week produced another Belgrave win with a slightly different team.

Results:

1.M.Parker (Brighton) 87.05; 2.J.Ball (Soton) 88.54; 3.R.Sheppard (Medway) 93.55; 4.C.Lawton 95.45; 6.J.Llewelin 97.22; 12.P.Warburton 102.45; 15.E.Crutcher 104.32; 17.J.Newnham 105.32; 21.D.Fotheringham 110.36; 23.J.Dunsford 110.00; 40.J.Keown 123.12; 45.J.Morris 125.49.

Team: 1.BELGRAVE 36; 2.Medway 56; 3.Surrey WC 75.

In the Basildon 50Kms on 12th April John Llewelin placed 4th in 4:44.32.

26th APRIL 1986 COLCHESTER SOUTHERN AREA 20 MILES/BELGRAVE/SURREY CHAMPS

Held on the same course, but in the opposite direction, as the National 35Kms three years ago, it was Carl Lawton who again came in the winner. The team position was never a certainty until the last lap when Belgrave pulled back places on Steyning. John Llewelin put in a good performance to take 2nd overall and Eric Crutcher's sub 3 hrs. for his first '20' was very creditable.

Results:

1.C.Lawton 2:45.07; 2.J.Llewelin 2:50.23; 3.S.Lightman (Surrey) 2:53.58; 6.E.Crutcher 2:58.10; 10.J.Newnham 3:02.36; 15.J.Dunsford 3:12.26; 24.D.Fotheringham 3:20.39; 29.D.Sharpe 3:31.34; 31.J.Morris 3:34.24; 32.J.Keown 3:38.12;

Team: 1.BELGRAVE A 19; 2.Steyning 24; 3.BELGRAVE B 78.

In the Plymouth to Dawlish on May 4th Carl Lawton finished 2nd in 6hrs 35m.33s behind Bob Dobson with John Dunsford 8th in 7 hours.

3rd MAY 1986 REDDITCH ENGLISH SCHOOLS

Results: Junior Boys: 20.J.Llewelin 16.24; Junior Girls: 20.R.Parrott 14.04; 58.C.Christou 16.27; Inter Boys: 21.D.King 27.38.

The following day at Bournemouth James Llewelin improved his 3Kms best to 15.49, for 3rd in his age group. Edward Llewelin won his age group and did father John on the 10Kms with 48.36. Doug Fotheringham also collected first in his group with 51.28. As with the Plymouth it was unfortunate we did not have full teams as we would have been in team places on both occasions.

7th JUNE 1986 BATTERSEA PARK 3KMS TRACK CHAMPIONSHIP

A low turnout for this event produced a win for John Hall in a return to form after illness.

Results: 1.J.Hall 13.27; 2.C.Lawton 13:45.4; 3.P.Warburton 13:54.8; 4.E.Crutcher 13:55.2; 5.D.Fotheringham 15:13.2; 6.M.Baker 15:13.4; 7.D.Sharpe 15:53; 8.D.King 16:12;

Ladies 2Kms: 1.S.Parrott 11:16.3; 2.C.Christou 13.27.4;



30/31.6.86 24 HOURS WALK
WOODFORD

No.2 John Dunsford who scared the daylight's out of us when he collapsed just before 2am after covering 62½ miles and No.3 Carl Lawton trying to look incognito but his hat gives him away, had to retire at 33½ miles with a wonky knee. George Beecham who did not catch the camera's eye, also walked and battled on to complete the 24 hrs with 100 miles 967 yds.

NIGHT and DAY starring JOHN MORRISS.

Johnny at 2 a.m. after 12 hours walking and again at nearly 2 p.m. and 109 miles at ASHTON FIELDS, WOODFORD 30/31 May 1986 during the Hew Nielson Memorial 24 hours race in which he finished sixth with P.B's for 100 miles in 20hrs 26min 25 secs. and 109 miles 1356 yds for 24 hours.

Photo - Joe Coleman



10th MAY 1986

YORK

NATIONAL 20 KMS CHAMPIONSHIP AND LADIES 5 KMS

A race we might have won, had we turned out our unfit men to stroll round we could have scraped home, but few want to race when they know they are below par. On the multi-lap course around the chocolate factory with the wind blowing across the race course it was Ian McCombie who retained his title without much effort. Disqualifications during and after the race gave Steyning team victory. Carl Lawton was Belgrave's first finisher in 12th, backed up by John Hall, Eric Crutcher and John Newnham.

In the Ladies 5Kms Suzanne Kew was 17th in 27.56.

Results: 1.I.McCombie (Cam.H) 87.14; 2.D.Jackson (York P) 89.42; 3.J.Ball (Soton) 90.23; 12.C.Lawton 97.26; 24.J.Hall 101.31; 37.E.Crutcher 106.05; 45.J.Newnham 109.23; 51.D.Fotheringham 112.25; 79.J.Keown 130.13.

Team: 1.Steyning 75; 2.Sheffield 89; 3.Coventry 100; 4.BELGRAVE 118.

19th MAY

BATTERSEA

SURREY COUNTY 3KMS AND OPEN RACE

Results: 1.J.Hall (BEL) 13.07; 2.P.Hannel (SWC) 13.26; 3.C.Lawton 13.49; 4.J.Llewellyn 13.57; 5.E.Crutcher 14.11; 6.D.Fotheringham 14.42; 7.B.O'Hara (Cro) 15.23; 8.M.Baker 15.28; 9.A.Barnes (Wok) 15.35; 10.D.Sharpe 16.02; 11.D.King 16.10; 12.C.Flint 16.22;

Ladies: 1.M.O'Hara (Cro) 16.08; 2.S.Kew 16.15; 3.A.Barnes (Wok) 17.23; 4.T.Thirwall (HHH) 18.58.

30th/31st MAY 1986

WOODFORD

24 HOURS TRACK WALK (HEW NEILSON MEMORIAL RACE)

Four Belgravians lined up for this event, the aim was Hewie Neilson's 24 hour record set 26 years ago. Despite the field it remained standing at the end. Bob Dobson led from the start and was never headed although Geoff Tranter made inroads into Dobson's lead in the early morning. Carl Lawton was the first withdrawal followed later by John Dunsford. That left John Morris to forge to a lifetime best of 109 $\frac{3}{4}$ miles and George Beecham to just get inside the 100 with 100m 967 yds. Bob Dobson finished with 126m 1709 yds.

31st MAY 1986

COPTHALL

RWA/WAAA 10KMS

Mens 10Kms: M.Day (Bels))
Ladies 10Kms: S.Kew 5... Club Record) Time not to hand

4th JUNE 1986

BATTERSEA PARK

BELGRAVE 10KMS FOR FRANK ELSON CUP (SURREY & MIDDLESEX COUNTIES CHAMPIONSHIP IN CONJUNCTION)

Results: 1.J.Hall 47.49; 2.C.Lawton 48.39; 3.J.Llewellyn 48.41; 4.J.Newnham 50.04; 5.E.Crutcher 50.05; 6.M.Baker 53.56; 7.R.Picton 55.40; 8.J.Bromley 60.57.

Surrey Champs: 1.C.Lawton; 2.J.Newnham; 3.E.Crutcher

Middlesex Champs: 2. J.Hall

14th JUNE 1986

PARLIAMENT HILL

SOUTHERN TRACK LEAGUE

3Kms: 1.D.Sheppard (Medway) 13:07.98; 7.N.Foster 14:38; 8.R.Dorman 15:01; 13.D.King 16:27.

5Kms: 1.P.Blagg (CH) 21.53; 2.J.Hall 23.02; 5.J.Newnham 24.29; 9.D.Fotheringham 26.26;

10Kms: 1.C.Maddocks (Dawl) 45.08; 6.P.Warburton 51.37; 8.J.Dunsford 55.15; 9.M.Baker 55.24.

U/15: 8.M.Burrow 15.12.

Team: 1.Steyning 108. 2.BELGRAVE 78; 3.Medway 75.

10th MAY 1986

YORK

NATIONAL 20KMS

There have been many times that Belgrave have won championships due to the misfortunes of others, this was one where if we had the team we would have been in, but we did not have the team.

Results: 1.I.McCombie (Cambr.H) 87.14; 2.D.Jackson 89.42; 3.J.Ball (Soton) 90.23; 12.C.Lawton 97.26; 24.J.Hall 101.31; 37.E.Crutcher 106.05; 45.J.Newnham 109.23; 52.D.Fotheringham 112.25; 63.J.Dunsford 118.20; 80.J.Keown 130.13.

Team: 1.Steyning 75; 2.Sheffield 97; 3.Coventry 100; 5.BELGRAVE 118.

In the ladies 5Kms Suzanne Kew was 17th in 27.35.

21st JUNE 1986

CRYSTAL PALACE

AAA CHAMPIONSHIPS

Results: 1.I.McCombie

2.M.Day

4.G.Seatter

22nd JUNE 1986

PLYMOUTH

NATIONAL 35KMS

This proved to be a rather poor turnout for Belgrave for various reasons and as a result we only finished 7th, but only 8 teams closed in.

Results: 1.C.Maddocks (Dawlish) 2:47.54; 2.M.Smith (Cov) 2:48.50; 3.D.Thorne (Cov) 2:49.08; 24.J.Llewellyn 3:12.13; 32.J.Dunsford 3:24.09; 41.D.Fotheringham 3:33.53; 59.J.Morris 3:53.37; 61.J.Keown 3:54.51.

Team: 1.Coventry 26; 2.Steyning 53; 3.Dawlish 73.

12th JULY 1986

ENFIELD

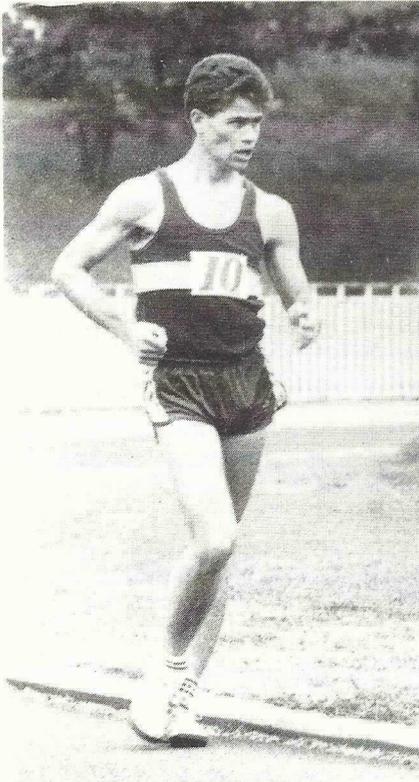
NATIONAL 50KMS

John Keown first competed in a National 50Kms in 1960 and has competed in another 24 since then, apart from two years when he failed to finish this year was his slowest time just inside 6 hours but that was sufficient for him to win the Club Championship for the first time, being the only Belgrave finisher. Although congratulations are in order, John will be the first to admit that it is no credit to the club in only finishing one man. One would like to think that we have reached the bottom and can only get better.

The race as a whole tough was not exactly a class field. The complaint a few years ago was that we must have short lap circuits and IAAF rules, in order to get fast times. The end result is that the race is won by a Belgium by 13 minutes none of the British 50kms 'fast men' start and the 5 of the first eight places are filled by veterans or near veterans.

Results: 1.G.DeJonckere (Belgium) 4:10.21; 2.C.Berwick (Leic) 4:23.22; 3.A.Trigg (Leic) 4:25.29; 45.J.Keown 5:59.44.

Team: 1.Leicester 28; 2.Coventry 62; 3.Royal Sutton 77.



Left: Murray Day, N.Z. Commonwealth Games Representative, Winner R.W.A. 10K Track and 2nd AAA 3K Champs.

Above: John Hall, Eric Crutcher, Paul Warburton, Carl Lawton early in the Club 10M Champs.

Photo - Joe Coleman

Young Athletes.

We started the '86 - '86 Cross Country season concerned after learning that a number of key runners had departed and coupled with a distinct fall of new membership, we entered the season with a smaller band and greater trepidation - "would we be able to improve on the overall successes achieved during the '84 - '85 winter?"

| | | | |
|-------------------------------------|----------|------------------------------------|---------|
| "Young Bels shine bright" | 18.11.85 | "Bels show style" | 14.2.86 |
| "Bel boys keep top spot" | 28.12.85 | "Tropy treat for young Harriers" | 7.3.86 |
| "Belgrave youngsters show way home" | 2.2.86 | "Bel boys get taste of real glory" | 20.3.86 |

This selection of newspaper headlines confirm that we need not have been so concerned, illustrating a consistent flow of success throughout the season and providing heartening reading for the increasing band of supporters. Belgrave readers would have noted that we were closing our "five year program" and therefore would not be surprised by my decision to stand down from the Team Manager's role in order that I may concentrate on coaching in the future. There is no doubt that I am leaving "at the top" and handing over a squad which again has achieved results beyond most expectations.

Credit must go to the young athletes who have regularly ran and discovered the basis of all over successes. I must thank all the helpers who have contributed to supporting the teams and a special thanks to Rosemary and Claire for yet again 100% attendance and 110% effort in maintaining personal interest in each and every performance. Just another ingredient of our collective successes.

"To notice a lad, struggling to finish but succeeding, or steadily moving through the field week after week gave as much satisfaction as any other performance," underlining our philosophy that in cross country everybody can be a winner! I am afraid, therefore, that the young athletes have not seen the last of me!

Good Luck and more successes to everybody this winter.

IAN HORTON

MINI-COLTS

This team produced some outstanding performances with two individual winners in the 5 Downs League races. Against traditional practise I would like to thank Ben Cooper for his manner of accepting promotion to help consolidate the Colts team prize in the Final Downs League race. A mature 9 year old!

Welcome to all the new members on which the future rests.

10th NOVEMBER 1986 EPSOM DOWN'S LEAGUE 2 MILES (4 to Score)

Individual winner: R.Raymond Bels. 13.43; Bels other positions: 5.S.Booth 14.55; 7.B.Cooper 15.03; 12.T.Whiteman 15.39; also ran 13.M.Fairman 15.42; 16.D.Rimmer 16.07; 17.B.Turner 16.14.

Teams: 1.BELGRAVE 25 pts.

29th DECEMBER 1985 EPSOM DOWN'S LEAGUE 2 MILES (4 to Score)

Individual winner: R.Aspen Epsom 13.34; Bels: 4.B.Cooper 14.49; 13.S.Booth 17.57; 14.J.Parr 18.09.

Teams: 1.Sutton & Cheam 20; 3.BELGRAVE 43.

19th JANUARY 1986 EPSOM DOWN'S LEAGUE 2 MILES (4 to Score)

Individual winner: N.Orgill 13.34 Belgrave. Bels other positions: 4.B.Cooper 14.18; 10.R.Raymond 15.52; 16.S.Booth 16.57; also ran 21.J.Parr 17.50; 22.M.Fairman 18.03;

Teams: 1.Sutton & Cheam 29; 2.BELGRAVE 31.

16th FEBRUARY 1986 EPSOM DOWNS LEAGUE 2 MILES (4 to Score)

Individual winner: D.Redmond Epsom 13.31; Bels: 8.B.Cooper 15.29; 12.B.Finigan 16.07; 13.S.Booth 16.12; 21.J.Parr 18.17;

Teams: 1.Sutton & Cheam 18; 3.BELGRAVE 54.

9th MARCH 1986 EPSOM DOWNS LEAGUE 2 MILES (4 to Score)

Individual winner: D.Redmond, Epsom 13.24; Bels: 15.B.Finigan 16.29;

Final League Position: 1.Sutton & Cheam 3.BELGRAVE

COLTS:

Probably the most frustrating team performances all season was from this section, when various external circumstances only allowed half the 'A' team to run in the Downs and the other half at Herne Hill. Their quality showed in that they convincingly won the Downs League (for the second year) and finished seventh in the strong Herne Hill League. Even so it was not surprising, therefore, that when they all came together in the Surrey Championship, the essential spark was missing and the team consequently finished below the undoubted talent that it possessed.

Throughout the season there was some outstanding individual performances from Ed Bojtler, Baber Khan, Alexander Stevens, Dan Winson and Neil Webster and not least, Steven Fox, one of the boys who steadily moved through the field.

12th OCTOBER 1985 WIMBLEDON SURREY LEAGUE (5 to Score)

Individual Winner: E.Barker 16.39; Bels: 2.E.Bojtler 16.45; 10.B.Khan 17.34; 17.D.Cooper 18.22; 19.B.Cooper 17.40; 22.D.Winson 19.02.

Teams: 1.H.H.H. 36, 4.BELGRAVE 69.

20th OCTOBER 1985 BROCKWELL PARK HERNE HILL LEAGUE 2 MILES

(5 to Score)

Individual Winner: S.Barden (GEC) 13.54, Bels: 20.E.Bojtler 15.25; 24.P.Batch 15.36; 33.B.Khan 15.44; 50.D.Parr 16.12; 52.D.Winson 16.13; Also ran - 53.P.McCourt 16.16; 58.B.Cooper 16.30; 65.N.Webster 16.40; 71.D.Cooper 16.50; 90.T.Davies 17.54; 105.N.Moore 20.08.

Teams: 1.G.E.C. 33; 5.BELGRAVE 180.

10th NOVEMBER 1985 EPSOM DOWNS LEAGUE 2 MILES (5 to Score)

Individual Winner: J.Ellis Smith (Dorking) 11.55, Bels: 5.A.Stevens 12.35; 8.E.Bojtler 13.06; 12.N.Webster 13.23; 13.D.Winson 13.24; 15.D.Cooper 13.47; Also ran - 16.B.Khan 13.54; 19.P.McCourt 14.02; 21.T.Davies 14.26; 22.S.Fox 14.36; 27.P.Parr 15.23; 28.J.Wood 15.30; 29.K.Baker 15.45; 30.M.Burnett 15.57.

Teams: 1.Epsom & Ewell 51; 2.BELGRAVE 69.

17th NOVEMBER 1985 BROCKWELL PARK HERNE HILL LEAGUE - 2 MILES (5 to Score)

Individual Winner: S.Barden (G.E.C.) 14.07, Bels: 27.E.Bojtler 15.27; 45.D.Winson 15.46; 50.N.Webster 15.50; 54.B.Khan 15.52; 76.D.Cooper 16.48. Also ran - 77.D.Parr 16.51; 79.T.Hunt 16.53; 88.B.Cooper 17.09; 99.M.Burnett 17.45; 103.N.Copeman 18.22;

Teams: 1.G.E.C. 28; 11. BELGRAVE 252.

23rd NOVEMBER 1985 LLOYD PARK SURREY C.C. LEAGUE (5 to Score)

Individual Winner: E.Barker 16.02, Bels: 3.A.Stevens 16.42; 6.E.Bojtler 17.12; 9.N.Webster 17.25; 14.B.Khan 18.03; 15.D.Parr 18.08; Also ran - 17.D.Sinson 18.13; 23.S.Fox 18.55; 25.D.Cooper 19.13; 26.B.Cooper 20.14; 27.T.Davies 21.12; 28.P.McCourt 21.45; 29.N.Copeman 22.15.

Teams: 1.BELGRAVE 47.

29th DECEMBER 1985 EPSOM DOWNS LEAGUE - 2 MILES (5 to Score)

Individual Winner: D.Koch 12.08; Bels: 3.N.Webster 12.41; 9.A.Stevens 13.45; 10.P.Webber 13.46; 14.D.Cooper 13.59; 15.B.Khan 14.11; Also ran - 17.S.Fox 14.16; 21.T.Davies 15.16; 22.J.Fairhurst 15.23;

Teams: 1.BELGRAVE 68.

19th JANUARY 1986 EPSOM DOWNS LEAGUE - 2 MILES (5 to Score)

Individual Winner: D.Koch (Sutton & Cheam) 12.18; Bels: 4.E.Bojtler 12.55; 9.N.Webster 13.29; 10.D.Winson 13.36; 13.B.Khan 14.00; 15.M.Court 14.10; Also ran - 16.D.Cooper 14.16; 19.S.Fox 14.19; 20.D.Parr 14.26; 21.T.Davies 14.32; 24.J.Fairhurst 14.54; 25.P.Webber 14.56;

Teams: 1.BELGRAVE

25th JANUARY 1986 BROCKWELL PARK HERNE HILL LEAGUE - 2 MILES (5 to Score)

Individual Winner: P.Deevon 14.24, Bels: 10.E.Bojtler 15.27; 26.B.Khan 16.10; 33.D.Parr 16.17; 34.S.Fox 16.22; D.Winson 16.42; Also ran - 50.P.McCourt 16.40; 60.J.Fairhurst 17.08; 63.D.Cooper 17.17; 64.B.Cooper 17.18; 71.N.Webster 17.34;

Teams: 1.G.E.C. 5.BELGRAVE

16th FEBRUARY 1986 EPSOM DOWNS LEAGUE - 2 MILES (5 to Score)

Individual Winner: J.Ellis Smith (Dorking) 12.01; Bels: 4.E.Bojtler 12.35; 10.D.Winson 13.29; 14.D.Cooper 14.07; 16.S.Fox 14.10; 17.B.Khan 14.15; Also ran - 18.J.Fairhurst 14.32; 21.D.Parr 14.44; 24.T.Davies 14.53.

Teams: 1.Dorking 65; 3.BELGRAVE 79.

9th MARCH 1986 EPSOM DOWNS LEAGUE - 2 MILES (5 to Score)

Individual Winner: D.Koch (Sutton) 11.59; Bels: 8.S.Fox 13.09; 10.B.Khan 13.14; 11.D.Winson 13.29; 12.D.Cooper 13.34; 16.B.Cooper 13.53; Also ran - 17.T.Davies 14.09; 18.N.Copeman 14.39; 19.J.Fairhurst 15.05; 21.M.Burnett 17.04.

Teams: 1.BELGRAVE 74.

Final League Position: 1.BELGRAVE

15th MARCH 1986 BROCKWELL PARK HERNE HILL LEAGUE - 2 MILES (5 to Score)

Individual Winner: P.Deevoy (Medway) Bels: 8.B.Khan; 35.D.Winson; 49.S.Fox; 53.J.Fairhurst; 57.B.Cooper; 66.D.Cooper; Also ran - 74.T.Davies; 75.N.Copeman; (No times available)

Teams: 1.G.E.C. 20; 9.BELGRAVE 222

Final League Position: 1.G.E.C. Avionics 7.BELGRAVE

BOYS

The Boys produced some sparkling performances to take the Downs League again for the second consecutive year. Always in support to combine with the Youths to take the Surrey League Title (a coveted award) and not overawed in the company of Juby (National Champion), to finish a creditable 7th in the Herne Hill League. One of our fast improving athletes, Saul Herbert finishing in the top ten overall.

Well done also Aaron Bacon and Matthew Egerickx for moving into this age group with such obvious success.

20th OCTOBER 1985 BROCKWELL PARK HERNE HILL LEAGUE 3 MILES (5 to Score)

Individual Winner: A Juby (GEC) 18.34, Bels: 26.S.Herbert 20.15; 31.K.Biesty 20.26; 32.G.Webb 20.27; 33.M.Egerickx 20.27; 36.D.Maloney 20.29; Also ran - 47.N.Khan 20.50; 52.G.Finigan 21.02; 53.R.Affleck 21.03; 55.A.Stachini 21.04; 67.N.Sutehall 21.49; 70.A.Ross 22.07.

Teams: 1.G.E.C. 40; 6.BELGRAVE 158.

10th NOVEMBER 1985

EPSOM

DOWNES LEAGUE 2 MILES (5 to Score)

Individual Winner: K.McDermott 10.53; Bels: 5.S.Herbert 11.47; 8.M.Edgerickx 12.01; 13.J.Coy 12.27; 17.A.Bacon 12.44; 19.N.Khan 13.03; Also ran - 20.A.Stachini 13.15.

Teams: 1.Sutton & Cheam 39; 2.BELGRAVE 77.

17th NOVEMBER 1985

BROCKWELL PARK

HERNE HILL LEAGUE 3 MILES (5 to Score)

Individual Winner: A. Juby 18.20, Bels: S.Herbert 20.24; 25.K.Biesty 20.42; 29.G.Webb 20.56; 33.J.Coy 20.16; 38.N.Khan 21.53. Also ran - 40.G.Finigan 22.00; 43.R.Affleck 22.07; 34.A.Stachini 22.10; 60.P.Whiston 22.58.

Teams: 1.G.E.C. 32; 5.BELGRAVE 146.

21st DECEMBER 1985

EPSOM

DOWNES LEAGUE 2 MILES (5 to Score)

Individual Winner: K.McDermott 10.54; Bels: 4.M.Edgerickx 11.31; 9.S.Herbert 12.13; 11.J.Coy 12.22; 16.N.Khan 12.52; 17.A.Ross 12.59; Also ran - 21.R.Affleck 14.12; 22.M.Bowers 13.14.

Teams: 1.Croydon 71; 2.BELGRAVE 78.

19th JANUARY 1986

EPSOM

DOWNES LEAGUE 2 MILES (5 to Score)

Individual Winner: K.McDermott 11.22; Bels: 2.M.Edgerickx 11.50; 8.A.Bacon 12.18; 9.J.Coy 12.26; 13.S.Herbert 12.35; 15.N.Khan 12.47; Also ran - 19.G.Finigan 13.26; 21.M.Bowers 15.04; 25.A.Chamberlain 16.05; 26.N.Sutehall 16.181

Teams: 1.BELGRAVE

25th JANUARY 1986

BROCKWELL PARK

HERNE HILL LEAGUE 3 MILES (5 to Score)

Individual Winner: A.Juby (GEC) 18.40, Bels: 15.A.Bacon 20.48; 21.M.Edgerickx 21.07; 23.S.Herbert 21.17; 29.G.Webb 21.29; 36.N.Khan 21.45; Also ran - 37.J.Coy 22.04; 45.G.Finigan 22.30; 51.R.Affleck 22.47; 61.M.Bowers 23.47.

Teams: 1.G.E.C. 49; 6.BELGRAVE 124.

16th FEBRUARY 1986

EPSOM

DOWNES LEAGUE 2 MILES (5 to Score)

Individual Winner: K.McDermott 10.37; Bels: 4.M.Edgerickx 11.33; 5.S.Herbert 11.37; 12.G.Webb 11.59; 14.N.Khan 12.30; 16.G.Finigan 12.38; 20.M.Bowers 13.33;

Teams: 1.Epsom 56; 2.BELGRAVE 71.

9th MARCH 1986

EPSOM

DOWNES LEAGUE 2 MILES (5 to Score)

Individual Winner: K.McDermott 10.33; Bels: 5.S.Herbert 11.42; 9.M.Egerickx 11.54; 10.A.Bacon 12.01; 11.J.Coy 12.10; 13.G.Webb 12.19; Also ran - N.Khan 12.28; 18.G.Finigan 12.45; 25.M.Bowers 14.09; 26.R.Affleck 14.19;

Teams: 1.BELGRAVE 63.

Final League Position: 1.BELGRAVE

15th MARCH 1986

BROCKWELL PARK

HERNE HILL LEAGUE 3 MILES (5 to Score)

Individual Winner: A.Juby (GEC) 18.56; Bels: 29.G.Webb 21.04; 30.N.Khan 21.16; 36.S.Herbert 21.36; 40.J.Coy 21.48; 43.G.Finigan 22.08; Also ran - 52.R.Affleck 22.58; 53.M.Bowers.

Teams: 1.G.E.C. 50; 7.BELGRAVE 178.

Final League Position: 1.G.E.C. 7.BELGRAVE

Best Bel Individual League Position: 9.S.Herbert.

YOUTHS

This squad again achieved the high performance that the Club has almost come to expect. Crushing all opposition in the Surrey Road Relay they proceeded to equally dominate the Surrey Cross Country Championships, lifting the Camberley open en route! Outstanding individual performances meant a team third in the Southern Championships (a Club first). They combined with the Boys to take the Surrey League Trophy for the first time and rounded off the season with a close second to the very strong G.E.C. in the Herne Hill League, somewhere they also found the time to win on the Downs.

Much of this success should be credited to Mat Kinane, finishing as the individual overall winner of the Herne Hill League, consistently shadowed all season by Gary McGurren, taking 3rd place overall against such strong opposition - these were remarkable performances. Adam Horton finished second overall in the Surrey League and made the major contribution in lifting that trophy, Matthew Smith was always present, always completing a team. Steve Webster pulled off some fine runs, studies permitting! While exceptional quality performances were provided by Glyn Tiernan not least in the Southern.

Well done on an outstanding season!

12th OCTOBER 1985 WIMBLEDON SURREY C.C. LEAGUE (5 to Score)

(COMBINED BOYS AND YOUTHS)

Individual Winner: B.Wallace (A.F.D.) 14.53; Bels: 8.A.Horton 15.32; 18.M.Smith 16.35; 20.N.Khan 16.54 (B); 21.R.Affleck 17.44 (B); 23.A.Stachins 17.56 (B); Also ran - J.Coy 18.05 (B); 26.N.Sutehall 18.31 (B); 28.P.Whiston 19.07 (B).

Teams: 1.H.H.H. 61 pts. 5. BELGRAVE 90.

20th OCTOBER 1985 BROCKWELL PARK HERNE HILL LEAGUE 4 MILES (5 to Score)

Individual Winner: M.Stickes (G.E.C.) 24.24; Bels: 3.M.Kinane 24.39; 5.G.McGurren 24.50; 31.A.Horton 26.30; 33.M.Smith 26.41; 35.N.Thomas 27.29.

Teams: 1.G.E.C. 22; 4.BELGRAVE 107.

17th NOVEMBER 1985 BROCKWELL PARK HERNE HILL LEAGUE 4 MILES (5 to Score)

Individual Winner: 1.G.Tiernan BELGRAVE 24.19; Bels Other Positions: 3.M.Kinane 24.43; 5.G.McGurren 24.44; 27.A.Horton 25.58; 30.M.Smith 26.09.

Teams: 1.G.E.C. 62; 2.BELGRAVE 66.

23rd NOVEMBER 1985 LLOYD PARK SURREY C.C. LEAGUE (5 to Score)

Individual Winner: K.Gavin (AFD) 13.42. (COMBINED BOYS AND YOUTHS)

Bels: 4.M.Kinane 14.17; 5.G.McGurren 14.31; 6.S.Webster 14.43; 11.A.Horton 15.30; 14.N.Thomas 15.46; Also ran: 15.M.Smith 15.49; 21.S.Herbert (B) 16.06; 28.J.Coy (B) 16.56; 30.N.Khan (B) 17.10; 31.G.Finigan 17.37; 32.R.Affleck (B) 17.39; 33.A.Stachini 17.41; 39.P.Whiston 20.09.

Teams: 1.BELGRAVE 47.

25th JANUARY 1986 BROCKWELL PARK HERNE HILL LEAGUE 4 MILES (5 to Score)

Individual Winner: M.Kinane BELGRAVE 25.11; Bels other positions: 3.G.McGurren 25.20; 14.S.Webster 26.15; 16.A.Horton 26.21; 27.M.Smith 27.34.

Team: 1.BELGRAVE 61;

15th MARCH 1986 BROCKWELL PARK HERNE HILL LEAGUE - 4 MILES (5 to Score)

Individual Winner: L.Chambers (GEC) 25.09; Bels: 3.M.Kinane 25.17; 4.G.McGurren 25.24; 17.A.Horton 25.55; 21.S.Webster 26.26; 24.M.Smith 27.48.

Team: 1.Mitcham 53; 4.BELGRAVE 69.

Final League Position: 1.G.E.C. 2.BELGRAVE

Best Bels Individual League Positions: 1.M.Kinane 3.G.McGurren

29th DECEMBER 1985 EPSOM DOWNS LEAGUE 2 MILES (4 to Score)

Individual Winner: H.Scanlon (S & C) 10.05; Bels: 2.M.Kinane 10.15; 5.A.Horton 10.57; 7.M.Smith 11.26; 8.N.Thomas 11.34.

Team: 1.BELGRAVE 22.

YOUNG ATHLETES SECTION REPORT - SUMMER SEASON 1986Young Athletes League5th MAY 1986

The season opened on a fine afternoon at Tooting Bec where we met the team which was eventually the league champions (Tonbridge). Against their overwhelming numbers our track athletes performed extremely well, but once again we had many gaps in our field team, especially amongst the throwers. In the end we finished second behind Tonbridge but well in front of the third team - Horsham.

Results: Belgrave Winners

Youths: G.Allison HJ 'A' 1.70m; 500mH: 'A' 61.5; 100mH: 'A' 15.6.
J.Coy 400mH 'B' 69.2; J.Arnick 400m 'A' 55.5; A.Grant 100mH 'B' 16.5
M.French 100m 'A' 12.0. M.Lawrence LJ 'B' 4.95; N.Khan Discus 'B' 5.06

Boys: R.Affleck TJ 'A' 9.80, 400m 'B' 70.1; S.Bird 80mH 'A' 15.0.
M.Bowers 800m 'A' 2:21.6; M.Egericx 800m 'B' 2.28.8.

Relays: 4x400m Boys 4:33.4; 4x100m Youths 48.6; 4x400m Youths 3:39.6.

Team: Tonbridge 261; BELGRAVE 160; Hersham 43.

25th MAY 1986

Our second meeting at Erith track coincided with the "Fun Run" organised by Bob Geldorf in Hyde Park and resulted in a distinct lack of middle and long distance runners in all teams. Our coach to the track was only half full, but on this occasion with the help of our new throwers from Mike Smalls school, we managed to pull out all the stops and win the day.

Results: Belgrave winners -

Youths: G.Allison 400mH 'A' 60.7, HJ 'A' 1.65, 100mH 'A' 15.6;
James French 200m 'B' 26.1, 100m 'B' 12.6; N.Sutehall Shot 'B' 5.77,
400m 'B' 64.6; A.Grant 100mH 'B' 16.9; J.Smith 800m 'A' 2:14.0.

Boys: G.Dorrell Hammer 'A' 16.66; P.Dunn Hammer 'B' 11.66;
A.Ross 200m 'A' 26.7; 400m 'A' 58.8, LJ 'B' 4.56; A.Stephens 80mH 'B' 16.7

Colts: N.Webster 1500m 'A' 5:17.6. Stew Booth 100m 'B' 16.6

Relays: 4x400m Boys 4:17.2; 4x100m Youths 49.1; 4x400m Youths 3:56.3.

Team: BELGRAVE 153; Hercules W. 141; Kingston P. 105; Ashford 64.

8th JUNE 1986

Back to Erith again for our third meeting, but again with a depleted team this time for a variety of different reasons. We had to settle for third place behind Bexley and East Kent. Our athletes competed with determination and vigour but in the end we were outnumbered and outscored by the two local teams.

Team: Bexley East Kent BELGRAVE

29th JUNE 1986

Our home match at Battersea opened in some confusion, but this time it was our officials team that was depleted. Our athletes took advantage of "playing at home" and fully deserved to win the meeting. This victory showed that when we can field a team anywhere near our best in numbers we are a match for anyone.

Results: Belgrave Winners were -

Youths: G.Allison HJ 'A' 1.65, 400mH 'A' 59.7; J.Coy Hammer 'A' 13.54, 400mH 'B' 70.5;
N.Khan TJ 'A' 8.46; M.French 100m 'A', 200m 'A' 24.5; J.French 100m 'B'
200m 'B' 24.5; A.Grant 400m 'A' 56.7; K.Beisty 400m 'B' 57.8; S.Warr Shot 'A' 8.42
Jav. 'A' 32.80; S.Herbert 1500 S/C 'A' 5:24.6; K.Gareeb LJ 'A' 4.97

Boys: G.Darrell Hammer 'A' 20.54; P.Dunn Hammer 'B' 14.44, Jav. 'B' 15.84;
I.Gilley 100m 'A' 12.1, 200m 'A' 24.9, L.J. 'A' 5.99; J.Harris 80mH 'A' 14.5;
R.Affleck L.J. 'B' 5.03

Colts: S.Abbeyinger 800m 'A' 2:29.3; S.Booth 100m 'B' 15.8.

Relays: 4x100m Boys 52.00; 4x100m Youths 48.1; 4x400m Youths

Team: BELGRAVE 183; Hastings 138; Herne Hill 131

27th JULY 1986

Back to Tooting for our final meeting full of hope only to meet with disappointment and finish third. Holidays, injuries and illness hit us this time but the team performed again with great enthusiasm and with a little luck might have snatched second. In the end it was not to be and so ended a season which promised much and had some highlights accompanied by disappointment.

Results: Belgrave winners were -

Youths: G.Allison 400m 'A' 59.3, H.J 'A' 1.65, 400m 'B' 57.6; M.French 200m 'B' 24.3, 100m 'A' 11.9; J.French 100m 'B' 12.0; K.Beisty 400m 'A' 56.8; W.Olufunwa H.J. 'B' 1.60, 100mH 'A' 16.7;

Boys: I.Gilley 100m 'A' 12.0, 200m 'A' 23.9, L.J. 'A' 5.98; G.Dorrell Hammer 'A' 20.0; S.Affleck T.J.'B' 8.31; S.Bird 80mH 'A' 14.1; A.Ross 80mH 'B' 14.6, 100m 'B' 12.7 S.Fox H.J. 'A' 1.20; R.Affleck L.J. 'B' 4.93.

Colts: M.Burnett 200m 'A' 28.0; B.Khan 1500m 'B' 5.19.9

Relays: 4 x 400m Boys 4:09.9; 4 x 100m Youths 47.4.

At the end of the competition Belgrave finished seventh out of fifteen clubs which is approximately the same position as last year. Our problem was always availability, but everyone competed when they could and the camaraderie and good fellowship that developed through the season made it all worthwhile.

Two mentions I would like to make concern Matthew and John French who were ever-present and amassed a vast total of points with their wins and second places in the Youths sprints (first year youths at that!!) and Gareth Allison who missed just one match when his school needed his presence at another competition, but who whilst competing for Belgrave in the Young Athletes League this year was never beaten. A fine record when one considers his range of events included 400m Hurdles, 100m Hurdles, High Jump and 400m flat.

Finally, we all enjoyed watching and cheering Ian Gilley who was with us again after a break of a year and we hope he will join us again in future.

HAC MEMORIAL TROPHY 3rd JULY 1986

We relinquished our hold on this Trophy which we won in such great style this year. We finished fourth out of seven clubs and the worthy winners were Garth School.

THAMESIDE LEAGUE

This competition continues to flourish, although with some notable exceptions it was not well supported by members of our section. For a change all meetings were held in good weather (just) and I extend my thanks to all those officials and parents from Belgrave and other competing clubs who worked so hard to make these meetings the success that they were. How the officials manage to incorporate so many non-scoring events and keep so close to the time table is a marvel to me. Well done!!

ROSENHEIM LEAGUE

At the time of drafting this report I have learned that our Youths have qualified for the final tie of this competition to be held on 20th August 1986 at Tooting Bec. It is no secret that our youth team in this competition has consisted of John Coy and one or two others. John seems to have made in his personal goal to get the youth team into the final and he has done it!! John has run, thrown and jumped at every meeting and at a conservative estimate must of scored 75% of all the points credited to the team. I hope we are able to give him the support he deserves on the final night.

It has been an interesting and challenging season in which we have all made many new friends. Keep fit and come back again next year and we will do it all over again.

JIM MOTE

Road Running. Cross Country.

ROAD AND CROSS-COUNTRY REPORT from Francis Ward

SEPTEMBER 1985

BATTERSEA PARK

SURREY COUNTY ROAD RELAY

After the fantastic achievements of the Track & Field Team in the summer it warmed the heart to see Bels field two good teams out of a total of 32 on the day.

BELS 'A': P.Gilbey (4) 13.12; M.Sinclair (3) 13.18; M.Hayes (2) 13.19; M.Bizio (3) 13.59
O.Foote (2) 13.16; S.Paton (2) 13.36.

BELS 'B': A.Paton (20) 14.22; C.Millbank (17) 14.00; A.Gayton (15) 14.07; K.Sinclair (14)
15.11; R.O'Hara (13) 14.11; S.Williamson (14) 14.51.

Teams: 1.Woking 'A', 2.BELGRAVE 'A', 3.AFD 'B', 14.BELGRAVE 'B'.

21st SEPTEMBER 1985

WIMBLEDON

BELGRAVE 5 $\frac{1}{4}$ ROAD RACE CHAMPIONSHIP

There is no stopping him - Martin Lake is on the boil again. There is a rumour that he is selling all his Club silverware in order to buy a 'pretty' kilt.

Results: 1.M.Lake 30.20; 2.D.Anderson 31.28; 3.M.Head 32.06; 4.J.Mather 32.19;
5.J.Slough 32.43; 6.R.Bale 33.22; 7.A.Stone 33.56; 8.B.Webster 34.22;
9.D.Maughan 34.24; 10.F.Barrett 34.40; 11.T.Eden 35.05; 12.D.McMillan 36.00;
13.N.Bullimore 36.06; 14.K.Duckett 36.23; 15.J.Rayer 36.43; 16.G.Collins 36.44;
17.C.Cross 36.47; 18.E.Thorpe 36.58; 19.R.Haines 38.59; 20.J.Griffin 40.18;
21.D.Davies 40.49; 22.V.Tanner 47.53;

28th SEPTEMBER 1986

PETERSHAM

RANELAGH HARRIERS 4 x 2 $\frac{1}{4}$ MILE CROSS COUNTRY RELAY

BELGRAVE A: 1.P.Gleeman 11.29; 1.P.Gilbey 11.18; 2.M.Lake 11.54; 3.M.Bizio 11.52;

BELGRAVE B: 12.D.Anderson 12.26; 13.K.Sinclair 12.40; 14.P.Maughan 13.37; 26.B.Pritchard 17.03

Teams: 1. BELGRAVE 'A'; 2. Ranelagh 'A'; 3.Hercules 'A'; 26.BELGRAVE 'B'.

5th OCTOBER 1985

WIMBLEDON

BELGRAVE 3M YACHT HANDICAP

| | | | | | |
|----------------|---------------|--------------|---------------|--------------|---------------|
| 1.J.Broad | (3.25) 20.52; | M.Nouch | (6.20) 22.34; | G.Karin | (3.25) 23.19; |
| 2.F.Riach | (4.40) 21.25; | D.Maughan | (5.00) 22.35; | J.Lambott | (3.25) 23.19; |
| 3.M.Bizio | (6.10) 21.45; | S.Webster | (5.30) 22.37; | S.Laing | (2.30) 23.20; |
| 4.P.O'Connor | (5.30) 21.46; | M.Lake | (6.50) 22.38; | J.Booth | (6.00) 23.24; |
| 5.A.Stone | (4.40) 22.03; | B.McCrae | (6.00) 22.42; | D.Burns | (5.20) 23.29; |
| 6.R.O'Hara | (6.00) 22.05; | C.Taplin | (5.00) 22.44; | D.McKeown | (3.25) 23.33; |
| 7.J.Slough | (5.30) 22.12; | P.Davies (L) | (2.30) 22.53; | S.Herbert | (5.00) 23.38; |
| 8.D.McMillan | (4.50) 22.15; | R.Martin | (4.10) 22.59; | B.Merry | (3.45) 23.58; |
| 9.S.Maynard | (6.50) 22.20; | A.Horton | (5.10) 23.06; | L.Coy | (5.45) 24.07; |
| 10.C.Millbank | (6.30) 22.21; | M.Scott | (3.00) 23.08; | E.Weldon | (1.00) 24.11; |
| 11.B.Webster | (5.00) 22.22; | S.Smith | (4.00) 23.10; | R.Mann | (4.30) 24.15; |
| 12.M.Bazire | (4.10) 22.24; | J.Rimmer | (6.20) 23.11; | V.Tanner (L) | (SCR) 24.25; |
| 13.A.Laing (L) | (2.30) 22.26; | G.Collins | (4.20) 23.11; | J.Webster | (4.00) 24.27; |
| 14.C.Henn | (4.30) 22.30; | L.McLean | (4.50) 23.15; | M.Smith | (5.00) 24.31; |
| 15.L.Mann | (4.40) 22.33; | S.Parker | (2.30) 23.17; | J.Plummer | (2.30) 24.45; |
| | | | | R.Langheim | (SCR) 26.10 |

12th OCTOBER 1985 WIMBLEDON SURREY CROSS COUNTRY LEAGUE - DIVISION I

1.D.Glassborow (HHH) 26.37; 2.M.Page (Wok) 26.42; 3.T.Leader (HHH) 26.47;

Results:

Bels: 17.P.Gilbey 27.32; 33.A.North 28.08; 42.R.Geehan 28.27;
 52.M.Lyons 28.47; 55.E.Bojtler 28.52; 56.D.North 28.57;
 57.M.Bizio 29.02; 63.S.Paton 29.20; 64.O.Foote 29.20;
 81.C.Millbank 29.37; 89.P.O'Connor 29.59; 98.D.Anderson 30.22;
 103.A.Gayton 30.33; 107.A.Payton 30.40; 109.J.Broad 30.47;
 122.R.Bale 31.33; 130.D.Clack 32.01; 135.A.Paynter 32.12;
 137.T.Stone 32.17; 143.J.Booth 32.34; 146.F.Barrett 32.52;
 158.C.Taplin 33.26; 173.L.Mann 35.00; 175.S.Smith 35.14;
 178.R.Mann 35.52; 180.D.McKeown 36.09; 190.G.Piddington 38.31;
 192.S.Parker 38.46;

Teams: 1.HHH 207; 2.AFD 212; 3.SLH 260; 7.BELGRAVE 507.20th OCTOBER 1985 BLACKFRIARS ZAPOTEK ROUND THE THAMES ROAD RELAY

Bels could not repeat last years tremendous performance, but still managed a very creditable 8th out of the 54 Clubs taking part. Again, the atmosphere was very friendly at the 'after race' festivities.

BELGRAVE 'A': P.Gilbey (7) 15.43; M.Hayes (4) 15.49; D.North (4) 15.45; M.Bizio (7) 16.25; R.O'Hara (8) 16.41; O.Foote (8) 16.08;BELGRAVE 'B': D.Anderson (20) 17.10.Teams: 1.Luton 93.33; 2.Ilford 94.10; 3.Cambridge 94.20; 8.BELGRAVE 96.23.OCTOBER 1985 REDHILL REDHILL/REIGATE PRIORY CROSS COUNTRY RELAYSBelgrave 'A': B.Bridges (59) 16.13; M.Bazire (54) 15.25; I.Duncan (44) 14.38; K.Sinclair (43) 15.20; D.Anderson (39) 14.06; L.Coy (38) 15.42.

Fastest Lap: Tim Hutchings 12.15.

Teams: 1.Tonbridge 'A' 78.12; 2.AFD 'A' 78.51; 3.HHH 'A' 79.15; 38.BELGRAVE 'A' 91.249th NOVEMBER 1985 BASINGSTOKE SOUTH OF THE THAMES 'JUNIOR'

The strong winds made a flat and relatively easy course into a test of stamina. P.Richley and M.Hayes went to the front early and thereafter the policy was to let as few people as possible pass them. A.North finished down on his performance of last year, but he was timing his season right. Leo Lyons had a great run, to ensure Belgrave continued their fine success in this event by taking the Bronze.

Results: 1.I.Laplough (Boxhill) 28.53; 2.M.Bliss (Basingstoke) 29.04; 3.N.Hilder (AFD) 29.16.BELS: 6.P.Richley 29.21; 10.M.Hayes 29.39; 20.A.North 30.02; 44.L.Lyons 30.45; 47.R.O'Hara 30.50; 89.D.Anderson 31.57; 103.A.Painter 32.24; 166.C.Taplin 34.24; 214.D.McKeown 37.04; 238.S.Parker 41.15.Teams: 1.AFD (3,4,5,7) 19; 2.Boxhill (1,9,12,38) 60; BELGRAVE (6,10,20,44) 80.23 NOVEMBER 1985 LLOYD PARK, CROYDON SURREY CROSS COUNTRY LEAGUE - DIVISION IResults: 1.D.Glassbordin (HHH) 26.28; 2.G.Staines (BELS) 26.36; 3.L.Marsh (SLH) 26.38BELS: 4.D.North 26.39; 10.O.Foote 26.59; 19.M.Sinclair 27.30; 49.L.Lyons 28.26; 50.S.Maynard 28.30; 57.G.Adams 28.58; 71.S.Warren 29.17; 79.P.Richley 29.33; 80.M.Chaston 29.37; 85.A.Paton 29.49; 89.D.Anderson 29.54; 109.A.Gayton 30.42; 111.A.Painter 30.46; 116.D.Clack 31.02; 122.J.Booth 31.25; 124.K.Skinner 31.26; 130.T.Stone 31.56; 131.D.Maughan 31.59; 163.G.Collins 35.22.Teams: 1.HHH 223; 2.Woking AC 313; 3.AFD 369; 5. BELGRAVE 388.

26th OCTOBER 1985 RICHMOND PARK BELGRAVE CROSS COUNTRY RELAY

BELGRAVE 'A': 1.P.Richley 12.39; 1.P.Gilbey 12.54; 3.A.North 13.13; 3.M.Bizio 13.33;
3.L.O'Hara 14.03; 3.O.Foote 12.43;

BELGRAVE 'B': 8.B.McCrae 14.35; 8.W.Laws 16.13; 8.M.Bazire 15.28; 9.J.Mather 14.10;
10.A.Stone 15.05; 14.C.Pearson 19.10;

BELGRAVE 'C': 14.R.Bridges 16.16; 16.J.Broad 14.33; 19.B.Davies 16.26. Did not finish Team.

Fastest Leg: T.Byrne (WLIHE) 12.22

Teams: 1.WLIHE (76.37) 2.Brighton (77.36) 3.BELGRAVE (79.05)

7th DECEMBER 1985 WIMBLEDON BELGRAVE 7½ MILE CROSS COUNTRY CHAMPIONSHIPS

On one of those pleasant December afternoons which more resembles September, John Bicourt proved far too strong for Martin Lake with young Kinnane coming a splendid third.

Results: 1.J.Bicourt 43.42; 11.D.Anderson 49.03; 21.M.Graham 56.57;
2.M.Lake 44.02; 12.D.Clack 49.16; 22.L.Mann 57.58;
3.M.Kinnane 45.13; 13.A.Stone 49.26; 23.D.Davies 58.06;
4.M.Lake 45.21; 14.F.Barrett 51.09; 24.G.Piddington 59.08;
5.L.Lyons 45.31; 15.D.Maughan 51.21; 25.S.Parker 59.46;
6.L.O'Hara 45.32; 16.S.Osborne 52.02; 26.M.Farrelly 61.30;
7.B.McGurran 46.14; 17.D.McMillan 52.06; 27.D.Gordon 62.44;
8.M.Donoghue 46.42; 18.L.McLean 53.13; 28.L.Morris 63.04;
9.J.Mather 46.57; 19.D.McKeown 54.26; 29.J.Plummer 63.53;
10.A.Painter 47.01; 20.E.Thorp 56.16;

14th DECEMBER 1985 RICHMOND PARK SURREY CROSS COUNTRY LEAGUE - DIVISION I

Results: 1.B.Ford (AFD) 27.01; 2.M.Page 27.04; 3.P.Barrett 27.11.

BELS: 6.O.Foote 27.30; 10.A.North 27.51; 15.S.Paton 27.59; 38.S.Maynard 28.45;
40.J.Bicourt 28.47; 43.D.North 28.52; 49.P.Richley 29.07; 51.F.Ward 29.14;
54.R.O'Hara 29.21; 56.J.Warren 29.26; 70.M.Lake 29.48; 80.G.Adams 30.00;
83.A.Gayton 30.03; 96.D.Anderson 30.44; 100.J.Mather 30.57; 107.M.Gaston 31.23;
115.P.Tompkins 31.42; 120.D.Clack 32.03; 127.A.Paton 32.16; 129.J.Booth 32.19;
133.K.Sinclair 32.27; 143.C.Claston 33.19; 146.A.Stone 33.34; 151.No.63 34.08.
180.G.Piddington 39.29.

Teams: 1. AFD 225; 2.HHH 232; 3.SLH 336; 5. BELGRAVE 362.

25th DECEMBER 1985 WIMBLEDON LAURISTON PARLAUF

| | | | | |
|--------------------|-----|-------------------|---------|-----------|
| 1.D.Clarke (H.W.) | and | D.Clack | 6 Miles | 913 yards |
| 2.P.Barratt (Wok) | " | Pat O'Connor | 6 " | 859 " |
| 3. J.Gladwin | " | D.Williams (H.W.) | 6 " | 853 " |
| 4. O.Foote | " | J.Barry | 6 " | 640 " |
| 6. D.North | " | J.McDough (HW) | 6 " | 521 " |
| 7. A.North | " | R.Dallimer (HW) | 6 " | 477 " |
| 8. G.Tiernan | " | A.Painter | 6 " | 443 " |
| 12.D.Wright (Ran) | " | Leo Coy | 6 " | 380 " |
| 14.S.Williams | " | T.Cross (Wok) | 6 " | 357 " |
| 15.M.Riley (Ran) | " | J.Wasbrough | 6 " | 324 " |
| 16.J.Bicourt | " | C.Hynan (HW) | 6 " | 283 " |
| 18.D.Anderson | " | H.Grimes (Cro) | 6 " | 153 " |
| 22.J.Roberts (SLH) | " | K.Sinclair | 6 " | 41 " |

18th JANUARY 1986 WIMBLEDON 10 MILES CROSS COUNTRY CHAMPIONSHIP

Results: 1.M.Lake 59.55; 2.M.Bizio 61.53; 3.Mike Lake 62.08; 4.M.Head 63.04; 5.L.Lyons 63.36;
6.D.Anderson 68.48; 7.L.Coy 68.48; 8.R.Bale 69.12; 9.D.Maughan 69.37; 10.A.Stone 70.43;
11.P.Allum 72.27; 12.S.Osborne 73.04; 13.E.Thorp 75.52; 14.D.Davies 76.39; 15.A.Stroud 77.56;
16.D.McKeown 78.28; 17.G.Piddington 81.09; 18.S.Parker 94.36.

JUNIORS STRIKE GOLD

4th JANUARY 1986

FRIMLEY

SURREY COUNTY CROSS COUNTRY CHAMPIONSHIP

Over a rugged and frozen course there was only one team - The Juniors. Andy North took the race by the scruff of the neck from the gun and would have created a record on Hughie Green's Clapometer at the finish line.

Andy North was determined to run the finish out of Nick Hopkins, his main rival and took off very fast with only Richard O'Hara taking up the chase. Andy's spikes went missing five minutes before the start and he borrowed a pair from Adrian Ross. Andy was about twenty seconds up at the end of the first lap and had increased this to twenty eight at the finish, in what was a very fine performance. Behind him his Belgrave team mates were also determined to win the team prize. Graham Adams was a fine fifth and was awarded with a Surrey Vest Richard O'Hara was a really good tenth with Simon Maynard closing in the team in twelfth. Spare a thought for Andy Moore who had his best ever C.C. run in fifteenth place and went home unrewarded.

Juniors: 1.A.North (Bel) 25.12; 2.D.Cowan (Boxhill) 25.40; 3.N.Hopkins (Reigate) 25.50;

BELS: 5.G.Adams 26.43; 10.R.O'Hara 27.23; 12.S.Maynard 27.34; 15.A.Moore 27.52;
32.A.Bailey 30.42;

Teams: 1.BELGRAVE 23; 2.AFD 38; 3.Reigate 48.

Seniors: 1.R.Partridge (AFD) 35.42; 2.R.Treadwell (S.Beagles) 35.47; 3.B.Ford (AFD) 36.10;

BELS: 11.D.North 36.52; 35.S.Paton 38.18; 56.M.Lake 39.36; 62.E.Boetjler 39.59;
63.S.Williamson 40.03; 67.D.Anderson 40.32; 140.L.Coy 44.53; 163.A.Stone 46.24.

Teams: 1.Woking 81; 2.AFD 86; 3.SLH 118; 7.BELGRAVE 278.

11th JANUARY 1986

LLOYD PARK, CROYDON

CROYDON H. INTER CLUB CROSS COUNTRY

1.R.Treadwell (S.Beagle) 28.50; 2.K.Penney (Cro) 29.32; 3.M.Stock (Cro) 29.34.

BELS: 4.J.Wright 29.37; 11.E.Botjtler 31.01; 20.M.Bizio 31.59; 22.A.Painter 32.21;
27.S.Williamson 33.20; 34.D.Clack 33.34; 42.L.Coy 34.07; 47.K.Sinclair 34.31;
72.D.McKeown 37.47;

Teams: 1.Blackheath 85; 2.Croydon 104; 3.BELGRAVE 118.

8th FEBRUARY 1986

STANMER PARK, BRIGHTON

SOUTHERN CROSS COUNTRY CHAMPIONSHIPJuniors Shine Again

On a bright day and a snow covered Stanmer Park course hopes were high that Andy North would win his first major title. Andy was hoping that the bout of Chicken Pox a few weeks earlier would not have any effect. The Surrey Champs. were also determined to give Tonbridge a fight for the team prize. At the end of the first lap Andy was in fifth place not looking too good, but hanging on gamely. Behind him Simon and Graham were working their way through to good positions with Matt Chaston and Richard O'Hara fighting to complete the scoring team. John Booth had these two in his sights and was ready to fill any gaps in the team.

Andy fought bravely but admitted afterwards that he was weakened by his illness. Simon had a brilliant run to finish 20th. Graham steadily picked up places and ended up in 39th place with Matt Chaston also coming through late to finish a very fine 48th. Richard blew out and finished back in the 70s with 'JB' not far behind. Tonbridge had a fine team win, but we finished a really good 2nd.

Results:

Juniors: 1.S.Newport (Tonbridge) 33.18; 2.P.Starling (Southampton) 33.15; 3.N.Hopkins (Reigate) 33.33.

BELS: 8.A.North 34.19; 20.S.Maynard 34.59; 39.G.Adams 36.01; 48.M.Chaston 36.14;
73.R.O'Hara 83.J.Booth

Teams: 1.Tonbridge 51; 2.BELGRAVE 115; 3.N.London 142.

Seniors: 1.R.Treadwell (S.Beagles) 48.41; 2.A.Bristow (Brighton) 49.14; 3.A.Guidor (GEC) 49.46.

BELS: 44.D.North 108.M.Hayes 313.J.Mather 426.L.Coy 507.A.Stone

Teams: 1.Blackheath 2.Basildon 3.Brighton

1st MARCH 1986

NEWCASTLE

NATIONAL C.C. CHAMPIONSHIPS

Junior:

Andy North was fighting fit and determined to make up for his disappointing Southern. The course was snow covered with a nasty hill towards the end of the lap. Bels were drawn well on the inside and were surprised to find that Tonbridge had pulled a flanker and were lined up alongside. Simon and Andy were away well and Simon led the field after half a mile. At the mile Andy was making the race with Simon about twelfth and Graham and Matt in the early fifties. A team medal of some colour was definitely on at this stage.

At the end of the first lap, Andy was just adrift of the first three, but was still going really well. Behind him the remaining Bels were slowly slipping backwards and we all thought that we had blown a team medal. Andy finished a fine 6th, one of best ever runs by a Belgrave Junior, and surprise, surprise our fine team was rewarded with a Bronze Medal, behind Tonbridge and Birmingham Univ. A historic day for Belgrave and a great reward to a really fine team.

Andy North gets Senior Vest

A week after the National C.C. Champs., Junior Andy North received the great honour of being invited to run in a Senior E.C.C.U. representative match at R.A.F. Halton. Matched against the best of strong Combined Services and British University teams he finished a very creditable 15th out of a 45 strong field. In the process of which he beat Plassy, running also for E.C.C.U. who had finished 26th in the previous week's Senior National C.C. Champs. race.

1st MARCH 1986

NEWCASTLE

NATIONAL CROSS COUNTRY CHAMPIONSHIPS

Results:

Juniors: 1.C.Sweeney (Birmingham) 32.57; 2.D.Smith (Tonbridge) 33.11; 3.M.Hutchinson (Tymedale) 33.19.

BELS: 6.A.North 33.33; 69.S.Maynard 95.G.Adams 109.M.Chaston 192.R.O'Hara

Teams: 1.Tonbridge 71; 2.Birmingham Univ. 189. 3.BELGRAVE 279.

Seniors: 1.T.Hutchings (Crawley) 47.25; 2.D.Clark (HW) 47.59; 3.E.Martin (Basildon) 48.10

BELS: 152.M.Hayes 164.D.North 262.M.Sinclair 526.M.Bizio
911.D.Anderson 1155.D.Clack 1363.L.Coy 1610 A.Stone

Teams: 1.Tipton 97; 2.Basildon 364; 3.Wolverhampton 379; 61.BELGRAVE 3170.

15th FEBRUARY 1986

COULSDON

SURREY LEAGUE - DIVISION I

RELEGATION LOOMING?

We were 6th out of the seven teams in the League and in line for relegation. Croydon were 32 pts ahead of us and so we had it all to do in this final match. With Harry Houdini willing us on, we finished 4th on the day and overhauled Croydon by 119 pts. to remain in the Premier Division.

Results: 1.T.Thornton (AFD) 27.03; 2.M.Page (Wok) 28.24; 3.J.Zaple (Croydon) 28.25.

BELS: 8.M.Hayes 28.57; 19.D.North 29.40; 20.S.Paton 29.44; 29.S.Maynard 30.03; 35.R.O'Hara 30.18; 41.M.Chaston 30.31; 47.M.Lake 30.42; 51.F.Ward 30.48; 52.M.Bizio 30.53; 57.E.Bojtler 31.11; 63.P.Richley 31.31; 75.M.Sinclair 32.03; 87.A.Painter 32.34; 90.J.Mather 32.46; 94.D.Anderson 33.02; 106.H.Galvan 33.35; 108.D.Clack 33.43; 109.A.Paton 33.48; 122.S.Smith 35.05; 133.S.Osborne 36.16; 135.T.Williams 36.25.

Teams: 1.AFD 216; 2.HHH 258; 3.Woking 337; 4.BELGRAVE 356.

INDIVIDUAL CHAMPIONSHIP: 1. M.Page (Woking) (2,6,2,2) 12 points
2. L.J.Marsh (SLH) (8,3,4,4) 19 "
3. D.Glassborow (1,1,5,25) 32 "

FINAL LEAGUE POSITIONS

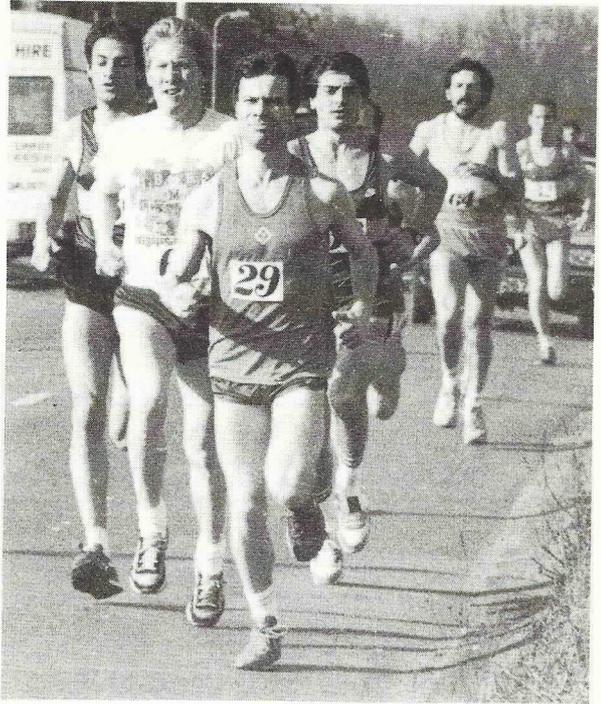
| | | | |
|-----------|------|-------------|------|
| 1. H.H.H. | 920 | 5. BELGRAVE | 1613 |
| 2. A.F.D. | 1022 | 6. Croydon | 1732 |
| 3. S.L.H. | 1398 | 7. Ranelagh | 1855 |
| 4. Woking | 1400 | | |

8th MARCH 1986

WIMBLEDON

BELGRAVE 5 $\frac{1}{2}$ MILE ROAD CHAMPIONSHIPResults:

| | |
|--------------------|--------|
| 1.M.Bizio | 29.11; |
| 2.F.Ward | 29.15; |
| 3.M.Lake | 29.59; |
| 4.R.O'Hara | 30.24; |
| 5.P.Richley | 30.31; |
| 6.S.Williamson | 30.33; |
| 7.L.O'Hara | 30.43; |
| 8.J.Mather | 31.25; |
| 9.D.Clack | 31.49; |
| 10.J.Booth | 31.11; |
| 11.L.Coy | 31.51; |
| 12.Francis Guy (L) | 33.21; |
| 13.A.Stone | 33.43; |
| 14.F.Barratt | 33.52; |
| 15.B.Webster | 33.58; |
| 16.D.McLean | 33.59; |
| 17.T.Williams | 34.08; |
| 18.D.McMillan | 34.32; |
| 19.J.Bradder | 34.49; |
| 20.G.Russell | 34.51; |
| 21.L.Page | 35.04; |
| 22.A.Bruce | 36.32; |
| 23.D.Davies | 39.06; |
| 24.A.Lane | 40.25; |
| 25.G.Piddington | 40.30; |
| 26.J.Plummer | 45.17. |



15th MARCH 1986

WIMBLEDON

BELGRAVE 3 MILE INTERNATIONAL INVITATION

The Eastern Bloc (apart from Scotland), Africans, Americans, Asians ... decided at the last minute to boycott this year's race. Despite this the crowds were treated to real excitement, with Dave 'Country Boy' Clark slipping John 'The Hare' Gladwin for a new course record. Afterwards everyone came back to Belgrave Hall for a five course meal of Guinness and some drinks.

Results:

| | | | | | |
|----------------|--------|--------------|--------|--------------|--------|
| 1.D.Clark | 14.50; | 7. J.Bicourt | 16.56; | 13.S.Maynard | 17.41; |
| 2.J.Gladwin | 15.19; | 8. G.Adams | 17.06; | 14.S.Bird | 18.16; |
| 3.J.Wright | 16.11; | 9. P.Richley | 17.12; | 15.L.Coy | 18.21; |
| 4.O.Foote | 16.16; | 10.R.O'Hara | 17.13; | 16.A.Painter | 18.52; |
| 5.G.Williamson | 16.29; | 11.L.O'Hara | 17.14; | 17.G.Gibbens | 19.03. |
| 6.M.Bizio | 16.38; | 12.N.Clarke | 17.30; | | |

1st JANUARY 1986

CRANLEIGH

NEW YEARS 10KM

This inaugural race saw Oliver Foote just missing out on first spot with Bill Laws making it a double silver for Belgrave over a hilly course.

Results: Open 1.P.Rowland (Horsham) 30.35; 2.O.Foote 30.36; 3.M.Duff (WSE) 31.50
40.B.Laws 36.40; 46.D.Maughan 36.57; 126.G.Piddington 46.06; 175 Finished.

O.45: 1.D.Pyle (Dorking St.Paul) 35.25; 2.B.Laws; 15.G.Piddington

25th JANUARY 1986

LLOYD PARK, CROYDON

SOUTH OF THAMES SENIOR

1.M.Page (Wok) 40.17; 2.G.Russell (Boxhill) 40.36; 3.B.Attwell (SLH) 41.01

BELS:

22.M.Hayes 42.30; 27.J.Gladwin 42.44; 41.M.Lake 43.08; 44.J.Bicourt 43.13;
130.M.Bizio 45.42; 162.A.Painter 46.33.

Teams:

1.SLH 167; 2.Boxhill 204; 3.Portsouth 215; 8.BELGRAVE 426.

23rd MARCH 1986

OSTEND

30th WELLINGTON INT. RELAY

52 teams again lined up for this popular event and a strong Blackheath contingent appeared to be likely winners. As usual we had a good blend of young (F.Ogwinda and Gavin Warr) and old (Stuart Paton!) with everyone producing creditable efforts. The one clang was down to one of our number who started to take his tracksuit off when the incoming runner was 60m away. The subsequent time loss may have cost us 3rd place, but nonetheless we still ran 24 sec. faster than last years bronze medal winning team. Our limited group of supporters: Jim Mote, John Piggott and Jo Laws were joined on the day of the race by the whole Coy family who travelled by boat for a rough 11 hours to provide welcome support. Greatly appreciated by all concerned.

WRL

7750m total: 1.Hermes Oostende 19.27.5; 2.Vlierzele Sportief 19.30.0; 3.Daring Club Leuven 19.39.0 ... 6.BELGRAVE 19.51; 7.Blackheath 19.52 ... 9.Aldershot F & D 52 Teams.

Belgrave Splits: 800m: J.Barry (5) 1.59; 600m: A.Paton (4) 1.35; 200m: G.Warr (4) 25.0; 350m: J.Busk (3) 47.0; 300m: D.Mote (3) 39.0; 1200m: O.Foote (5) 3.27.0; 1200m: M.Hayes (6) 3.27.0; 1100m: S.Paton (4) 2.55.0; 800m: S.Maynard (4) 2.13.0; 400m: J.Booth (3) 54.0; 400m: M.Bazire (8) 65.0; 200m: F.Ogwuda (6) 25.0. Total 19.51.

6th APRIL 1986

WIMBLEDON

BELGRAVE BROOKS 12 STAGE RELAY

A strong looking Belgrave team was assembled for our own 12 Stage again held on a Sunday.

Gary Staines had stepped into the breach on STAGE ONE but was only a shadow of himself as he finished 32nd. Gary has had a traumatic period in his young life and as usual gave 100%. His time looked bad in comparison to the other first leg runners, but actually it was quite good.

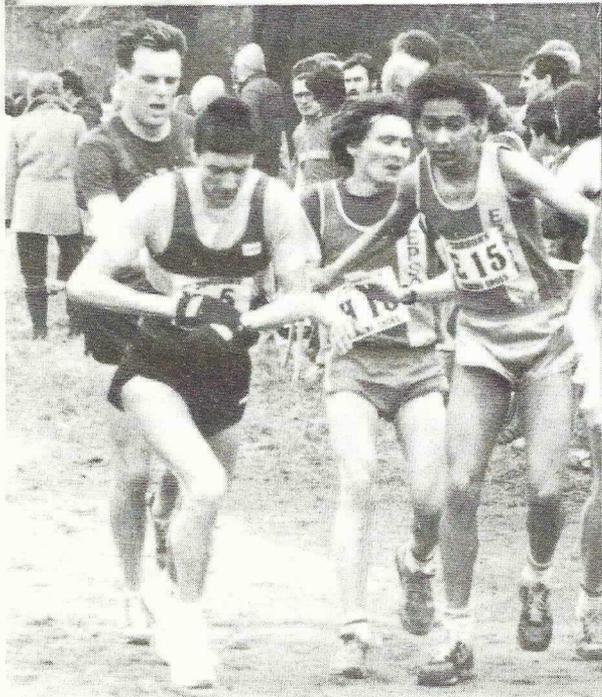
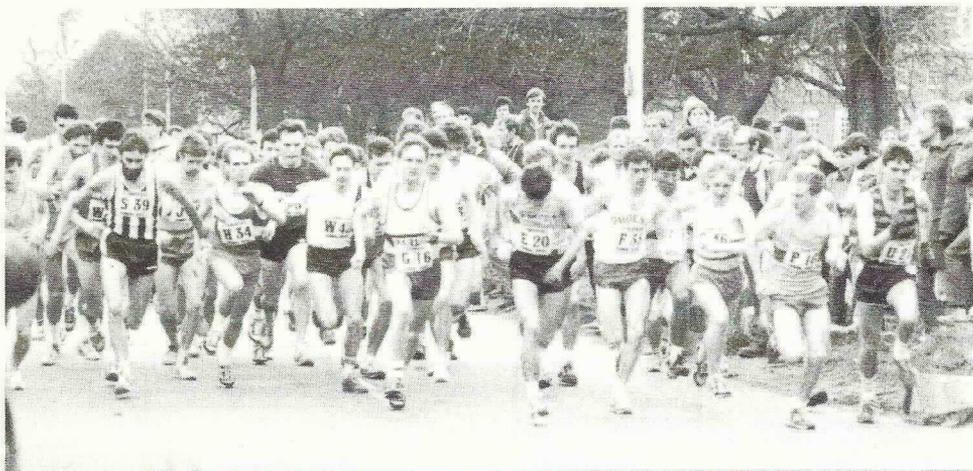
STAGE TWO saw Mark Sinclair in a determined mood and made up seven places. Next on STAGE THREE came Dave North and Dave winning Bels fastest long stage of the day gained nine places and we were up to 16th. STAGE FOUR Dave handed to Andy who flew around the course passing team after team and chasing Steve Karens and Seb Coe. Andy ran the fifth fastest time of the day and Bels were in 7th - our highest position for many years.

STAGE FIVE saw Frank Ward determined to hang on to as high a position as possible to enable John Gladwin to make an impact on STAGE SIX. John was in true form and ran the third fastest time of the day and Bels were back in fifth place. John looked a class apart and seems to have acquired a maturity to his undoubted talent. Olly Foote started STAGE SEVEN and the second half of the race and ran a solid leg to hand to young Glyn Tiernan in 7th place. For STAGE EIGHT Glyn ran a blinder and gave promise of a rich talent with a fine 16.47. Next on STAGE NINE came Mike Hayes with another good run to push us back up to sixth. STAGE TEN saw another newcomer to our team Richard O'Hara with a good stint to maintain our position. Richard handed over to his training companion, Marcello who ran really well to keep us in sixth place. Paul Richley ran STAGE TWELVE and showed that he is on his way back as he finished in sixth position, our best for many years from a very good team.

Results: 1.Shaftesbury 4:04.45 (Rec); 2.Luton 4:09.02; 3.AFD 4:12.19; 6.BELGRAVE 4:15.38.

BELS: Long: 1.G.Staines 26.25; 3.D.North 25.23; 5.F.Ward 27.01; 7.O.Foote 25.49; 9.M.Hayes 26.14; 11.M.Bizio 26.34

Short: 2.M.Sinclair 16.17; 4.A.North 15.42; 6.J.Gladwin 15.13; 8.G.Tiernan 16.47; 10.R.O'Hara 17.12; 12.P.Richley.



BELGRAVE 12 STAGE ROAD RELAY 6.4.86.

TOP...THE START.

LEFT.. 1st.TAKEOVER.

MARK SINCLAIR TAKES HIS TIME..

RIGHT. FRANCIS WARD LOOKING VERY
DETERMINED ON STAGE 5 .

Photo -- Joe Coleman.

19th JULY 1986 WIMBLEDON BELGRAVE 35th ANNUAL 20 MILES OPEN ROAD RACE

(Incorporating Inter-Counties and Surrey County Championships)

1.M.Thompson (Sheff/Yorks) 1hr 42m 58 secs; 2.D.Watkinson (Sheff/Yorks) 1hr 43m 29secs;
3.J.Boyes (Bournemouth/Dors.) 1hr 44m 27secs)

Belgrave Placings: 15.M.Lake (Bels/Surrey) 1hr 53m 41secs; 20.L.Lyons (Bels/Surrey) 1hr 56m 22secs; 45.R.Pearson (V) 2hr 02m 56secs; 63.F.Riach 2hr 08m 54secs; 67.J.Wasbrough (V) 2hr 13m 02secs; 78.J.Lambert 2hrs 16m 09secs; 81.E.Thorpe (V) 2hr 16m 54secs; 82.F.Barrett 2hr 17m 46secs; 86.L.Mann 2hr 19m 16secs; 98.A.Bedford 2hr 24m 28secs; 101.B.Spicer 2hr 25m 05secs; 102.M.Hutton 2hr 25m 26secs; 104.C.Cross (V+) 2hr 28m 93secs. 109.C.Henn (V+) 2hr 30m 05secs; 116.G.Piddington (V) 2hr 36m 00secs.

Open Team Race: 1.Chester Le Street 15; 2.Sheffield 21; 3.Bournemouth AC 26;
4.BELGRAVE 'A' 80; 11.BELGRAVE 'B' 208 (1st 'B' Team)

Surrey Champs: 1.BELGRAVE 'A' 14; 5.BELGRAVE 'B' 69; 7.BELGRAVE 'C' 91.

Inter Counties Race: 1.Yorkshire 11; 5.SURREY 54.

Ladies Race: 1.Frances Guy 2hr 03m 25 sec (47th Pos. in overall race and 4th Bels)
4.Pam Davies (V) 2hr 28m 54secs (111th in overall race and 15th Bels)

(V) = Vet (V+) = Vet over 50 years

7th SEPTEMBER 1986 WESTMINSTER MILE - RELAYS

Over the last few years televised mile spectacles have become a must for capital cities. Westminster Council have taken over from the GLC in promoting London's premier road race and this year not only did John Gladwin get an invitation for the International race, but also our Seniors and Youths teams were invited to compete in the relays - and with good effect! John, fresh! from his participation in Cram's 1500m world record attempt 2 days earlier confounded all the pundits by outkicking a class field including John Walker, Jack Buckner, Tim Hutchings and Dave Moorcroft. To this we added a first in the mens team and a third in the Youths. Outstanding was Matthew Kinane's leg as he chased for second, producing a time only 5 seconds slower than that of Mark Sinclair in the Senior event. Justin Chaston made a welcome first appearance in our colours and should be a key part of future successes.

4x1.1m Youths: 1.Sale 19.49, 2.Stretford AC 20.06, 3.BELGRAVE 20.16, 4.Newham & Essex B. 20.38 ...7 teams.

Bels. Team: S.Webster 5.17, J.Chaston 5.02, G.Tierman 5.02, M.Kinane 4.55 - Total 20.16

4x1.1m Senior: 1.BELGRAVE 18.56, 2.Basildon 19.02, 3.Old Gaytonians 19.06, 4.Newham & Essex Beagles 19.10 ... 15 teams.

Bels. Teams: S.Paton 4.45, K.Sturman 4.41, M.Sinclair 4.50, G.Staines 4.41.

Mens 1 Mile: 1.J.Gladwin 3:57.6, 2.J.Walker (NZ) 3:58.3, 3.M.Rowland (Brighton Phoenix) 3:59.0

Track and Field.

Reports by:-
Bob Bridges, Leo Coy, Steve Williams and Bill Laws.

Ernie Obeng was one of the first off the mark with a couple of fast 100m clockings in the USA - 10.58 in San Jose on 19 April and 10.22w in Walnut the following week.

SURREY TRIALS MEETING - TOOTING - 23 APRIL: Belgravians were active in all parts of the arena at this interesting new 'warm-up' meeting and all showed the promise of good things to come. None more so than John Gladwin in his seasonal debut, made over 3000m. Impressive hardly describes his 55 second final lap looking round for the opposition and a final time of 8.03.3! Results:- 60m 'B' 6 D Browne 7.6; 150m 'B' 4 D Williams 16.9 'C' 1 J Minetti 16.8; 600m 4 G Adams 1.22.3, 5 G Tiernan 1.23.6, 6 F Walker 1.24.2; 1000m 7 S Maynard 2.37.5; 3000m 1 J Gladwin 8.03.3, 7 D North 8.25.8, 10 A North 8.26.8, 11 O Foote 8.33.9, 16 A Gayton 9.06.1; 110mH 3 M Lindsay-Bayley 16.1; HJ 5 M Reece 1.85; TJ 3 D Browne 14.26 LJ 1 D Williams 7.25 SP 1 K Onuaguluchi 14.42, 2 A Ekoku 14.09, 5 M Small 12.07; DT K Onuaguluchi 51.80, 2 A Ekoku 46.44, 3 M Small 40.08; HT 4 M Small 45.28

SCAAA v Lough v Civ Serv - 30/4:1500m 3 G Staines 3.48.51, 6 S Paton 3.53.85 SP 2 A Ekoku 14.51, 3 K Onuaguluchi 13.55 DT 1 K Onuaguluchi 53.70 *** SCAAA v WLIHE v RAF v Lon Univ - 7/5: 800m 1 J Gladwin 1.47.65 3000m 5 D North 8.22.6 3000mSc 2 M Hayes 9.04.57 *** AAA v WLIHE - 14/5: 100m 1 P Goedluck 11.0, 2 M Adam 11.0

SURREY COUNTY CHAMPIONSHIPS - 26/27 APRIL - 17 MAY 1986

It's not every day that a County Championship record is broken. This year our senior men broke 5 with John Gladwin setting new records in both the 800m and 1500m within the space of 3 hours. His efforts erased times set as long ago as 1971 and 1969 and provided an early season glimpse of the results of a solid Winter's training. Mark Sinclair's steeplechase season got underway with his CBP, while in the Discus, Ken's new CBP was almost overshadowed by Abi's breakthrough into +50 meter throwing. Mike Small threw a pb in the Hammer and is nudging the Club record. But top honours go to our 800m men who placed 4 in the first 5 with Richard O'Hara taking a big slice off his pb as too did new member Phil Walker. Good efforts by the Juniors with a fistfull of medals but where oh where were the Colts and Boys?

COLTS: 1500m 10 N Webster 5.17.2

WRL

BOYS: 400m 5 A Ross 55.6; Hts. M Bowers 58.1 800m Hts. M Egerickx 2.25.5, G Finigan 2.28.6, M Bowers 2.33.8, D Fairhurst 2.44.3 1500m Hts. M Egerickx 5.01.0

YOUTHS: 400m Hts. N Sutehall 62.2 400mH 6 J Coy 69.4 3000m 1 J Dennis (Camb) 8.52.0(CBP) 3 S Webster 9.22.9 1500mSc 6 J Coy 6.58.3 4x100m 1 HW 45.9, 2 M&S 47.0 3 Belgrave 47.1

JUNIORS: 800m 1 J O'Shea (Wok) 1.55.1, 2 G Adams 1.55.2, 3 G Tiernan 1.55.9, 7 G McGurran 2.02.0; Hts. M Kinane 2.05.4, M Forrester 2.07.5 1500m 1 J O'Shea (Wok) 3.58.8, 2 C Payne (AFD) 3.59.3, 3 M Kinane 4.02.2, 7 S Maynard 4.09.0, 8 M Forrester 4.09.5 3000m 1 C Payne (AFD) 8.35.2, 2 G Adams 8.38.0, 3 G Tiernan 8.42.8, 5 M Kinane 8.57.8, 7 G McGurran 8.59.9, 8 M Forrester 9.16.8 2000mSc 1 S Maynard 6.08.2 LJ 3 R Nugent 5.90 HJ 3 C Cornwell 1.90

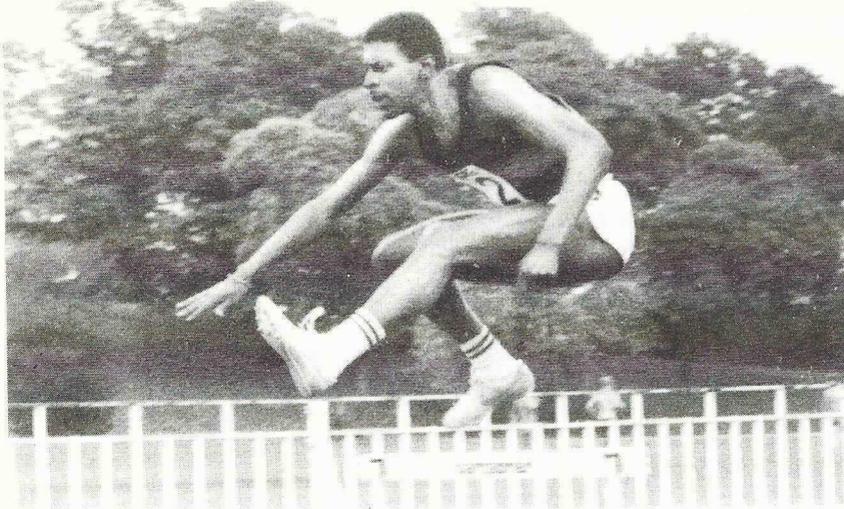
SENIORS: 100m(+3.58) 1 M Powell(Shaft) 10.7(CBP) 3 D Williams 11.0, 5 M Bazire 11.2 400m 1 B Odunsi (Cro) 49.3, 2 M Alleyne 49.3; Hts. A Paton 52.9 800m 1 J Gladwin 1.48.1 (CBP) 2 S Paton 1.52.2, 4 R O'Hara 1.53.9, 5 P Walker 1.54.7; Hts. M Chuter 1.59.2, J Warren 1.59.6 A Paton 2.00.6, A Gayton 2.00.6 1500m 1 J Gladwin 3.45.7 (CBP) 2 M Sinclair 3.47.8; Hts. R O'Hara 4.02.3, A North 4.08.5, J Warren 4.11.2, A Gayton 4.16.8 5000m 1 P Clarke (HW) 14.26.5, 2 O Foote 14.33.4, 5 D North 14.48.1, 8 F Ward 15.19.6, 10 M Bizio 15.41.6 10000m 1 I Lamplough (Box) 30.26.9 3 O Foote 31.23.2, 4 F Ward 31.28.5, 6 M Bizio 32.16.5 3000mSc 1 M Sinclair 8.57.6 (CBP) 8 M Bizio 9.55.7 LJ 2 D Williams 7.18 TJ 2 D Browne 14.45 SP 2 A Ekoku 14.49, 7 M Small 12.15 DT 1 K Onuaguluchi 56.68 (CBP and club record) 2 A Ekoku 50.84 5 M Small 43.20 HT 2 M Small 49.98 4x100m 1 Croydon 42.2 (CBP) 2 Belgrave 42.6 4x400 1 Belgrave 'A' (R O'Hara 52.1, D Williams 49.2, S Paton 48.4, M Alleyne 47.9) 3.17.6 (CBP) 5 Belgrave 'B' (G Sagar 51.4, A Paton 51.2, C Knight 49.6, P Walker 50.8) 3.22.9, 7 Belgrave 'C' (J Smith 54.7, D Mote 52.1, P Lyttle 55.5, S Smullen 52.7) 3.35.0.

At the Kent County Champ's at Crystal Palace on 18 May Tony Pamah was 2nd in the 400mH in 55.6. In Oslo on 20 May, John Regis zipped to a legal pb 100m time of 10.49 and clocked 20.85 over 200m behind Linford Christie. And the following week, he was off to Italy to win over 200m in 21.10 in Florence. Also on 20 May, at the less exotic location of Southwark Park, 1st year Junior, Joe Minetti won the Southwark Open Championship 200m in a speedy 21.7.

UK CHAMPIONSHIPS - CWMERAN - 25/26 MAY: John Regis was continually checking across at the opposition in the final 50m of the 200m and that's a measure of the ease with which he disposed of Todd Bennett and the rest to claim the title in 21.34 into a strong headwind. That was a great run from one Belgravian and what we hoped would be the first leg of a club double with John Gladwin going in the 1500m final along with Gary Staines. It was not to be but what a superb effort by John. He smashed his own club record with 3.36.28 only for a peak form Harrison to rob him of the title in the home straight. Gary took 5th in 3.45.01 while Stuart Paton had run 3.51.52 in the heats. In the 100m, Marcus Adam was a fine 4th in 10.72 with Phil Goedluck 8th in 10.90. Mark Sinclair was another to smash his previous best, as a sparkling 8.44.88 gave him 6th place in the 'chase with Mike Hayes also under 9 minutes in the heats. There were prominent places too for Phil Lovell, 5th with 4.80 (PV) and Derrick Williams, 7th with 7.14 (LJ).

SCAAA CHAMPIONSHIPS - C/PALACE - 6/7 JUNE: No winners this year but Mike Hayes must take the plaudits for his great Silver medal run in the chase, slicing a further 9 seconds off his best time; Ken Onuaguluchi was runner up for the third time in a row and Phil Lovell collected his fourth consecutive medal although still finding that 5.00 metre vault elusive.
 100m 4 P Goedluck 10.79 (10.74sf-pb) 7 M Adam 10.82 (10.71sf); Sf 8 D Williams 11.15(10.94ht pb) E Roofe 11.07 ht. 200m M Adam 21.93ht 400m Sf 8 M Alleyne 49.95 (49.36ht); Hts J Busk 50.09, M Bazire 50.61, G Sagar 51.62 800m 4 G Staines 1.50.84; R O'Hara 1.54.30sf; P Walker 1.57.53ht 1500m Hts G Tiernan 3.57.32(pb), P Richley 4.02.-, J Barry 3.59.- 5000m 11 O Foote 14.24.78, 20 D North 15.07.62;Standards F Ward 15.22.52 3000mSc 2 M Hayes 8.49.69pb; Stand. M Bizio 10.00.26 400mH Hts A Pamah 56.03 LJ 5 D Williams 7.14 PV 3 P Lovell 4.80 TJ 9 D Browne 14.47pb SP 8 A Ekoku 14.99pb DT 2 K Onuaguluchi 54.36, 5 A Ekoku 49.10
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Gothenburg 12 June: J Regis 21.31 Scottish Championships-14 June:1500m 8th S Paton 3.49.55
Loughborough v AAA-14 June:100m 1st E Obeng(L) 10.67 3rd M Adam(AAA) 10.94; 1500m 2nd G Staines (AAA) 3.40.25



Derrick Williams all-round talents have never been in doubt. Over the years he has been our 'A' string in the 100m, 200m, LJ, HJ, TJ and part of the 4 x 100 and 4 x 400 squads. He has even won the Surrey Decathlon Championship. In our last BAL Div.2 Match at Battersea he ran his first 400m Hurdles more of a series of hops if this photo is to be believed - and recorded a quite remarkable 55sec. in his debut. What if he took it seriously and cleared the hurdle and not the railings.

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AAA CHAMPIONSHIPS - CRYSTAL PALACE - 20/21 JUNE 1986
WORLD CLASS PERFORMANCES FROM THE TWO JOHNS

We'd waited a long time between AAA track titles before Ernie's victory last year - but now we had 2 Champions in the space of 2 hours!

At about 3.30 on Saturday afternoon, John Regis lined up alongside Linford Christie, Todd Bennett, Ade Mafe et al for the 200m final; 20.41 seconds later he was punching the air in celebration of a superb win. Christie, drawn in the lane inside John was first into top gear and he led our man by a metre coming off the bend with the rest in a line just behind. But that wasn't enough for the UK 100m record holder. John powered down the straight and turned that deficit into a metre advantage with a supreme demonstration of aggressive but relaxed sprinting. Up went both arms before the line and that ample chest, resplendent in club colours, stopped the electronic timer in the third fastest ever time by a Briton, a UK teenage best and, very obviously, a club record. Quite magnificent! Commonwealth selection was ensured and at the end of the afternoon, John received the Mumm Champagne award for the best performance of the afternoon from none other than our own Arthur Penny.

Of course that decision must have been difficult for any Belgravian to make as later on there was a special 1500m!

John Gladwin needed to avenge that 'UK' defeat by Harrison, and win, to be sure of a Commonwealth spot, while Gary Staines, with a new pb from the week before, could also look for a prominent showing. The early pace was respectable with Gary taking it up at about 680m and hitting the 2 lap mark in 1.57.6. But John had been biding his time on the outside of the bunch and with 600m left he took off for home. The "Cram type approach" worked to perfection. Nobody could go with him (not surprising when you consider his closing speed - the last 3x200 in 28.3, 27.9 and 27.2 successively!) and he came home nearly 20 metres to the good in 3.35.93, a new Championship Best Performance and John's umpteenth club record. This was the 106th running of the event and there can have been few more dominant displays.

No finer compliment can be paid to our two than to list a handful of previous winners of these titles. 220yds/200m - Eric Liddell, McDonald Bailey, Steve Riddick, Don Quarrie, Mel Lattany and Stanley Floyd. Mile/1500m - Jack Lovelock, Sydney Wooderson, Roger Bannister, Eamonn Coghlan, Dave Moorcroft, Steve Ovett and Steve Cram.

Results: 200m 1 J Regis 20.41; 2 T Bennett 20.50; 3 L Christie 20.51
1500m 1 J Gladwin 3.35.93; 2 S Crabb 3.38.04; 3 P Larkins 3.38.19

The two Johns then were the stars of the weekend but others were competing with success as well. Phil Goedluck and Marcus Adam were flying in the sprints. Phil was in great form with pb's of 10.55 and 10.48w in the 100m heats and semis and 21.22w in the 200m heats, close up with those of bigger reputation, while Marcus was near his best with a 21.55w heat. Both men later qualified from the first semi final of the British Rail Sprinter Trophy for Juniors over 100m, Marcus getting the jump on Phil 10.53 to 10.67, as they took 2nd and 3rd places. In the Triple Jump, Derek Browne bounded out to another pb of 14.77, the first time he had used a 15 stride approach instead of 9, and that obviously worked, while Mike Hayes was a creditable 9th in the steeplechase with 8.53.16.

The rest of our lads were perhaps not quite up to scratch and did not perform as we know they can. Ernie Obeng won his 100m heat in 10.45w but missed out on progress from the semis by the thickness of a vest. Also Mike Alleyne, 49.79 400m ht; Phil Lovell 4.70 and 11th place (PV); Derrick Williams, three fouls after a 7.19w Long Jump qualifier; Abi Ekoku, 17th in the Discus with 45.50; Mark Sinclair, retiring from the 'chase after starting with a heavy cold and then cracking a knee badly on a barrier. And, rounding off that 1500m, Gary, who would have hoped for something better than his 8th place in 3.45.29 after his promising early laps.

Phil Goedluck celebrated his International debut in the Junior match against Oceania and Switzerland on 28 June by winning the 200m in 21.59.

England v USA-Gateshead-27 June: 100m 6th E Obeng 10.70; 200m 5th J Regis 21.38; 800m 2nd J Gladwin 1.46.34 Ulster Games - 30 June: 200m 3rd J Regis 21.14; Mile 14th G Staines (pacemaker) 4.03.04 Stockholm/Helsinki Grands Prix - 1/7 July E Obeng 100m 5/5 10.67/10.58 Inter Counties - Corby - 5 July: 400mH A Pamah 54.9ht Peugeot Talbot Games Crystal Palace II July: 100m 4th E Obeng 10.44 200m 6th J Regis 21.42 Mile 13th G Staines 4.00.00



John Barry has backed up our middle distance men this year and secured his 'B' spot in our BAL 1500m squad with some good performances.

Jay Busk. With an improvement of over 1 sec. this year, Jay Busk has made a big contribution to our 400m performances winning the 'B' string BAL event at Cardiff with a 48.85

BANK OF ENGLAND INVITATION MEETING - ROEHAMPTON - 16 JULY: 100m A 3 J Busk 11.2; B 4 A Paton 11.9 200m A 3 J Busk 23.2 B 4 P Walker 24.6 400m A 5 J Booth 53.2 B 1 G Adams 53.5 800m A 1 S Paton 1.55.0 B 1 M Hayes 2.02.6 (n/s J Chaston 2.01.7, A North 2.06.4, A Gayton 2.13.7) 1500m A 2 J Chaston 4.07.4 B 1 M Hayes 4.09.4 (n/s S Maynard 4.12.0, M Bizio 4.20.0, S Webster 4.22.8) 5000m A 2 J Wright 15.06.0 B 1 A McIntosh 15.24.0 4x400m 1 (R O'Hara, G Tiernan, G Adams, S Paton) 3.27.2 (n/s 3.31.6) Team 5th 75 pts. (Guy Sagar competing for the Bank did 11.9(100m) 2.70(LJ) & 34.20(JT))

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At the Pearl Assurance International meeting held in Birmingham on 19 July, John Gladwin improved the club 800m record to 1.46.09 behind Steve Cram, having fought off 1.42 man Koskei down the home straight. Then in Paris 3 days later he improved still further, to a class 1.45.14. At the Birmingham event Ernie Obeng ran 10.49 over 100m.

* * * * *

At the inaugural World Junior Championships held in Athens from 16-20 July, Philip Goedluck proved himself to be one of the best in the World at his age when taking a fine 5th place in the 200m final in 21.38. Such was the competition that 2 rounds and semis were necessary and held on the same day. It is a tribute to Phil and his coach that he came up with his best form to date for this big event. All four of his times were faster than his previous legal best- 21.36ht 21.25 Rd2 & 21.32sf. Phil actually beat the eventual Bronze medallist in one round so it was a pity he missed out on an individual medal. However some compensation was in store when he contributed a great backstraight leg to the winning UK 4x100m effort which equalled the UK Junior record (you'll remember John Regis helped set it last year). But it was a good job Phil had a long arm to stretch to the flying Kirton for their changeover; every hundredth counted at the end with 3 teams hardly separable by the human eye.

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XIII COMMONWEALTH GAMES - EDINBURGH - 24 JULY/2 AUGUST 1986

"Second, and the winner of the Silver Medal - John Gladwin, representing England"

No doubt our 23 year old club record holder will long remember those words from the medal presentation ceremony, along with his remarkable performance in the 1500 metres final..... A slow handclap greeted the opening lap when nobody was willing to take it on on a very windy day so some people present couldn't have realised this wasn't a Grand Prix meeting! 800 metres passed in 2.15 - maybe that wouldn't distress too many in the Rosenheim League but every second was absorbing - and in the next 50 metres John jostled his way to the outside in order to execute a pre race plan to run for home 500 metres out. Just before the home straight he took off. Giving it everything into the bell and round to the backstraight - a 200m he covered in 24.6! - John opened up a gap that was scarcely believable in this class of field. He really had taken everyone by surprise and for a few moments it looked like he would even do the impossible and beat Cram. It wasn't to be though as with 160m left, the World No.1, who later admitted to being a worried man, finally caught John. But our man wasn't letting his hard work count for nothing and he kept hard on Cram's heels for a magnificent Silver medal.

Taking a place on the lap of honour John had to survive an almighty embrace from Keith Sinclair before later receiving his medal from The Duke of Edinburgh and then enjoying the closing ceremony celebrations. That evening, at an alcoholic establishment close by the Games Village, John rounded off the day in company with a group of friends from Belgrave and Lauriston, the imbibing going on into the wee small hours!

1st S Cram 3.50.87 2nd John Gladwin 3.52.17 3rd D Campbell (Can) 3.54.06

Earlier in the week we had seen John Regis progress fairly comfortably to the 200m final (3rd ht 21.26, 2nd sf 21.23) although seemingly not quite firing on all cylinders and, for the semis and final, he had his left thigh heavily strapped as a precautionary matter. John took 8th place in the final (21.08) behind some of the best sprinters in the World, and, if that wasn't John's top form, it was still a fine performance for a teenager who can look forward to further Games selections in the years ahead. Ernie Obeng, who was looking forward to his third Games was unfortunately kept out of the England 4x100 squad by the good form of others.

At the AAA U/20 Championships in Birmingham on 9/10 August, Marcus Adam and Phil Goedluck gave further proof of their status as the most exciting junior sprint prospects in the country with double medal winning performances. Well done to both, particularly Marcus on this occasion for getting the win in the 200m. If only he could have been at the World Juniors too! Marcus may be interested to know that a Belgravian already has his name on this trophy for Alan Sexton twice won the then 220 yards title in 1948 and 1949, his 22.1 on the latter occasion constituting a AAA Junior record. Perhaps Marcus will emulate that feat next season! Results:- 100m 2nd M Adam 10.63; 3rd P Goedluck 10.78 200m 1st M Adam 21.09; 2nd P Goedluck 21.21

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U/20 Inter Counties Match - 3 August 200m 1st M Adam 21.2; 2000mSc 1st S Maynard 6.01.4 *** IAC Int.3 Aug 100m 5th E Obeng 10.45; 800m 5th J Gladwin 1.46.12; *** Budapest 11 Aug E Obeng 10.45ht SCAAA Match 6 Aug-1500m 3rd S Paton 3.49.85; 3000m 3rd M Sinclair 8.12.01; 3000mSc 6th M Hayes 9.23.77; PV 1st P Lovell 4.80; TJ 4th D Browne 14.64; SP 3rd A Ekoku 14.23; DT 1st K Onuaguluchi 54.44; *** Zurich 13 Aug B100m 4th E Obeng 10.55; B800m 4th J Gladwin 1.45.72 *** SCAAA Match 13 Aug 1500m 3rd S Paton 3.52.7; 3000m 4th K Sturman 8.15.9; PV 3rd P Lovell 4.60; TJ 3rd D Browne 14.05; HT 5th M Small 47.86.*** Marcus Adam produced a very fine sprint double for GB Juniors v WG Juniors in Gottingen on 16 Aug with 10.82 and 21.10, while Phil Goedluck nearly did the same in a Home Junior International at Meadowbank the same day! 100/200 2/1 10.6w/21.28w

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At the Dairy Crest Games in Birmingham on 19 August, Ernie Obeng (10.46 3rd in the BR Sprinter Trophy) John Regis (20.98) and Gary Staines (3.59.97 Mile) returned to something nearer their best form while Marcus and Phil took 2nd and 3rd in the BR Junior Sprinter Trophy final. But the special mention on this occasion goes to Mark Sinclair who mixed it with some of the best men in the World in a 2000mSc, finishing not too far behind the Commonwealth Champion in a time of 5.33.59, and only just shy of John Bicourt's club best set in the year John ran his 8.22 !

JOHN GLADWIN'S Commonwealth games performance and his consistently good record over the season gave him a further major Games selection for Stuttgart and the 14th European Championships held at the end of August. John qualified for the final by winning his heat in a fast but comfortable 3.36.85 and based on that run and the efforts of the other qualifiers, had much more than an outside chance of a medal despite the presence of Cram and Coe. So when John was run into 5th place (3.42.57) after a very fast last lap - John himself ran it in 53.0 - he was somewhat disappointed. But then John set about getting in some fast races to finish the season and he showed himself to still be in the tremendous form he has exhibited since April by setting further club records for 1500m in Brussels - 3.35.26 - and the Mile at Crystal Palace - 3.54.52. Congratulations John on a marvellous season.

SCAA Matches:- 31.8 5000m 4th K Sturman 14.28.0; 14.9 200m 1st P Goedluck 21.6
At a meeting to open a new track in Staffs, Phil Lovell again equalled the club Pole Vault record with 4.90.** That elegant stylist, Kevin Sturman ran one of the fastest ever 10000m times by a Belgravian (29.48.3) in taking 6th place in the Southern Championships on 10 Sept.** John Regis took 3rd place behind Wells and Christie over 100m at Crystal Palace on 12 Sept, John's time of 10.43 was another pb and one hopes to see him competing more over this distance in future as a complement to his 200m running.



Adrian Ross rounded off a fine season, which saw him capture the Berkshire County Boys 400m and 800m titles and the Berkshire Schools 800m, by running the remarkable time of 2.03.79 in a Boys Invitation 800m at Crystal Palace on 14 September. This mark constitutes a club record and finally removes a number of venerable 880 yards performances from the books.

Three centimetres separated Abi Ekoku from the club shot record at Crystal Palace on 27 September when he put a mighty 15.75 to win at the Croydon Field and Hurdles meeting. This record has stood since 1959 and at long last looks ready for revision next season. At the same meeting Ken won the Discus, Mike Small took third in the Hammer with 49.06 and Marcello Bizio recorded a steeplechase pb.

STOP PRESS??

ABI EKOKU has since raised the Club Shot Putt record to a mighty 15.94 metres

J.G.C. Edt

GRE/BRITISH LEAGUE DIVISION II 198610th MAY 1986WEST LONDONMATCH 1

Our 1986 British League campaign got off to a flying start at West London on a damp and very windy day. TVH got a clear lead and held it throughout the afternoon, but gradually the 'Belgrave Machine' roared into action and with the relays to come, we were one point ahead. The 4x100 team sealed our victory and the 4x400 made certain. Highlights of our win included 12 winners. Simon Maynard and Abi Ekoku won on their BAL debuts. John Regis and Marcus Adam in his debut put the frighteners on Linford Christie. John Gladwin cruised round the 1500 and was chased home by John Barry. Stuart Paton, Derrick William, Ken, Phil Goedluck, David North all won their events with good performances. Phil Lovell won the vault on his last attempt at 4.60 (phen!). A great start to the season!

31st MAY 1986CWMBRANMATCH 2

A large contingent travelled to Wales for our Second Round Match. Our supporters were in good voice and got noisier as we scored a comfortable victory. TVH lost ground and Cardiff did us a favour by finishing 3rd. The Scottish Challenge never materialised and it was left to Southampton to finish 2nd on the day. Twelve wins were again recorded and included Gary Staines running away from Dave Baptiste, Phil Goedluck, Mark Sinclair, Derrick Williams (Long and Triple), Ken and Abi in the Discus, Phil Lovell and Mike Hayes and Simon Maynard in the Chase. John Regis was beaten on the dip by Colin Jackson and Todd Bennett in the 100 and Marcus was given the same treatment in the 200. But the 4x100 recorded a magnificent win in 41.26. Abi beat Ken in the Shot by 1cm. Derek Browne continued his fine improvement in the Triple. Mike Alleyne and Dave Sheldon recorded p.b.'s. Richard O'Hara and Phil McKay made their debuts as also did Jay Busk who was the star of the day with his win in the 400 B, and recording a p.b. 48.85.

At the end of two matches we were top of the league by three clear points.

5th JULY 1986MEADOWBANKMATCH 3

Most of the team were air lifted by B.Cal to Edinburgh for the third match, in the impressive Meadowbank Stadium. Edinburgh Southern fielded their strongest team and won comfortably. We managed a safe second place with the other four teams finishing with just four points between them. Star of the day was Ernest Obeng who broke Alan Wells' League Record in the 100 with 10.39. Marcus made it a double by winning the 'B', and also the 200 'B'. The short relay was another fine win with Mike Alleyne taking the injured Derrick Williams place. Mike Small finished 2nd in the Hammer behind Chris Black. Ken and Abi again won the Discus and Phil Lovell easily won the Vault with another fine display. In the Shot Abi was 2nd in the 'A' just ahead of Ken who won the 'B'. Vince recorded his best throw of the season in the Javelin.

So, after three matches promotion to Division 1 was almost assured. Mark Lindsay-Bayley organised the evening meal, and Belgrave took over Dario's Restaurant for the evening. A quick dash was made across Edinburgh to see John Gladwin on T.V. A good weekend was had by all, except TVH.

23rd AUGUST 1986BATTERSEA PARKMATCH 4

The final match for this season and again we turned out a strong team. TVH had to beat Southampton by two places to gain promotion. They did beat Southampton, but not by enough. So, Southampton will join us in Division 1 next year.

Mike Small got off to a great start by finishing second in the Hammer with 49.50, ably backed by Terry Welsh. Phil Lovell again won the Vault, and Abi and Ken won the Discus. Derek Browne improving all season scored a great win in the Triple, and he was backed by Abi! Derrick Williams made a sensational debut in the 400H, as did Chris Millbank in his first BAL S/C. Not content to do a p.b. Chris had a rest at the last barrier! Just behind him Simon Maynard had another great run and a p.b. Kev Sturman ran the 1500 and was unlucky to finish 4th. Abi recorded a p.b. of 15.51 in the Shot.

Our four top sprinters were all competing with earnest just pipped by Nigel Walker in the 100 and John, Marcus and Phil all winning their events. The sprinters combined to form a powerful squad in the 4x100, but shaky changes ruled out a very fast time, but still equalling the club record.

Mark Sinclair ran a brilliant 5000, with the best time by a club athlete for many years. Star of the day was John Gladwin, who on the eve of his departure to the Europeans, smashed the league record for the 800. The 4x400 squad also ran the fastest metric time ever recorded by Belgrave.

Battersea Park looked splendid thanks to great work by Clive Shippen, Charlie Manning and Wandsworth Council. It was a fitting end to a great season.

CLUB CHAMPIONSHIPS - BATTERSEA PARK

5000 METRES - 7 MAY: There was a poor turn out for this event but the standard at the front was reasonable with Martin Lake running out a convincing winner after the first four had broken away early on: 1 M Lake 15.22.7; 2 F Ward 15.25.7; 3 M Bizio 15.32.9; 4 E Thomas (2nd Cl.) 15.35.3; 5 D Anderson 16.35.9; 6 J Mather 16.45.6; 7 L Coy 17.27.0; 8 R Bale 17.31.0; 9 A Stone 17.42.0. Non championship 1500m 1 P Richley 4.06.8; 3 N Clarke 4.10.9; 4 S Maynard 4.12.8; 5 D Clack 4.13.1; 6 A Painter 4.13.9; 7 P Walker 4.20.0; 8 S Williams 4.24.9

10000 METRES - 4 JUNE: 25 laps of the track again proved unpalatable to most of the distance men as only 8 Bels lined up in a field padded out with guests and Vets AC runners. It was cold and windy and that might have kept some away although the non appearance of the holder, M Lake could be explained by an appointment with some 4-legged friends at Epsom earlier in the day! So it was left to Marcello Bizio to claim the 'Tom Carter' Trophy but not without a struggle, for with 8 laps left, Martyn Head pulled away by 50 yards chasing a guest runner and looked the likely winner. However he paid for that effort and Marcello inexorably clawed back the deficit. 1 M Bizio 32.31.5, 2 M Head 32.34, 3 E Bojtler 32.42, 4 L O'Hara 33.26, 5 J Slough 35.39, 6 L Coy 36.28, 7 A Stone 36.49, 8 L Mann 37.41. Non Championship 800m: 1 D Clack 2.02.6, 2 S Williams 2.10.1, 3 J Mather 2.12.9, 4 P Smith 2.22.4

MAIN CHAMPIONSHIPS - 12 JULY

Seniors 100m (Ht 1) 1 A Ekoku 11.5, 2 D Fadahunsi 11.7, 3 K Onuaguluchi 12.1, 4 J Druce 12.1 (Ht 2) 1 J Minetti 11.2, 2 M Broad 11.9, 3 M Bartlett 12.2, 4 P Smith 12.8 Final 1 J Minetti 11.2, 2 M Broad 11.9, 3 J Druce 12.2 (A Paton 11.7) 200m 1 J Minetti 22.7, 2 S Paton 22.9, 3 A Paton 23.8, 4 P Lyttle 23.8, 5 M Scott 24.1, 6 P Smith 25.2 400m 1 J Busk 48.7, 2 G Sagar 51.2 3 A McIntosh 57.1, 4 V Cornibert 58.8 800m 1 R O'Hara 1.57.6, 2 A Painter 1.59.9, 3 A McIntosh 2.03.1, 4 A Gayton 2.03.1, 5 P Lyttle 2.34.1 1500m 1 M Sinclair 3.54.4, 2 O Foote 3.57.1, 3 F Ward 3.58.3, 4 J Booth 4.02.7, 5 R O'Hara 4.04.5, 6 A McIntosh 4.04.7, 7 C Millbank 4.08.7, 8 D Anderson 4.18.3, 9 P Lyttle 6.02.5 1100mH M Broad 17.2 4x100m 1 Middle Distance Men 45.4, 2 Throwers 47.8, 3 Youths 48.4, 4 Boys 54.5 SP 1 K Onuaguluchi 15.21, 2 A Ekoku 14.33, 3 M Small 13.39, 4 B Green 8.24, 5 V Cornibert 7.95 DT 1 K Onuaguluchi 51.88, 2 A Ekoku 50.28, 3 M Small 41.80, 4 F Ogwuda 26.64 HT 1 M Small 49.78, 2 T Welsh 39.49 JT 1 K Onuaguluchi 55.48, 2 V Cornibert 54.92, 3 M Small 47.46, 4 G Sagar 37.40, 5 P Lyttle 36.04 HJ 1 C Cornwall 1.90, 2 A Bentt 1.60 LJ 1 A Ekoku 6.35, 2 J Druce 6.14, 3 A Paton 5.28 4 S Paton 5.00

Juniors JT F Ogwuda 31.26

Youths 100m 1 M French 11.9, 2 J French 12.0, K Ghareeb 13.1 200m 1 J French 24.2, 2 T Brown 27.3 400m/100mH G Allison 56.3/15.4 800m 1 S Herbert 2.16.1, 2 J Coy 2.20.8, 3 N Khan 2.30.1 JT 1 K Ghareeb 30.08, 2 G Allison 26.34 HJ G Allison 1.70 LJ 1 M French 5.21, 2 K Ghareeb 5.05, 3 J French 4.83 SP L Thorne 9.39

Boys 100m I Gilley 11.9 (=Club Rec) 200m 1 I Gilley 23.9 (=Club Rec) 2 L Thorn (guest) 29.5 3 D Cooper (guest) 31.2 400m 1 R Affleck 63.2, 2 D Parr 64.2 800m 1 M Bowers 2.26.3, 2 G Finnegan 2.26.6, 3 S Fox 2.29.6, D Cooper (guest) 2.35.5 1500m S Fox 5.25.8 80mH R Harris 14.0 SP 1 G Dorrell 6.97, 2 J Harris 6.12, 3 P Dunn 4.73 DT 1 G Dorrell 19.30, 2 A Waldron 13.08 3 P Dunn 12.86 JT 1 D Parr 21.28, 2 G Dorrell 20.56, 3 P Dunn 16.32 HJ S Fox 1.25 LJ 1 I Gilley 5.87 (Club Rec) 2 R Affleck 4.83, S Affleck 4.13

Colts 100m 1 M Burnett 13.9, 2 S Booth 15.3(15.2ht) 3 J Rand 15.5, 4 D Rimmer 16.0, 5 T Whiteman 16.2 (In heats; B Cooper 17.2, O Rimmer 18.8, S Rimmer 19.0) 200m 1 S Booth 27.3? 2 J Rand 29.5? 400m S Abbeysinger 67.7 800m 1 S Abbeysinger 2.34.1, 2 N Copeman 2.53.6, 3 J Parr 3.05.7 1500m 1 J Rand 5.43.3, 2 B Cooper 5.43.8 80mH 1 B Khan 16.9, 2 T Davies 16.1 HJ 1 S Abbeysinger 1.25, 2 M Burnett 1.25 LJ 1 J Rand 3.96, 2 T Davies 3.91, 3 B Khan 3.67, 4 S Booth 3.38

Continued from the Southern League Report on P.54.

We returned to winning ways at Guildford but it was just too late for our promotion hopes. Still, Chris Knight showed the sort of form that could see him knocking on the door for BAL selection next year while the improving Chris Millbank upset the form book by taking the 'A' scoring spot away from John Bicourt in the 'chase. Aham Amadi made a welcome return after injury and helped us to a 'Triple' double with John Druce. Our Javelin pair also scored a maximum and we believe Guy Sagar would be even better with a 400m run up! This match also saw Errol Roofe make his Southern League debut for us and although 'not fit' he managed to win the 100m 'A' and help the short relay to victory. The highlight of the match and perhaps the season was the 4x400m relay which we had to win and did to take the match by 1 point from our friendly hosts, Guildford.

PHOTOS FROM THE CLUB CHAMPIONSHIPS

Joe Minetti (33) completes a sprint double by winning the 200m from Stuart Paton who clocked a nippy 22.9 - not bad for a middle distance man! Others in shot , left to right, are Mike Scott, Andy Paton, Phil Smith and Pat Lyttle



Jay Busk (1) is about to unleash the fastest one lap performance in the Championships since Clive Ryan's 48.7 for 440 yards four years before Jay was born! Guy Sagar (lane 2) took second. In lane 3 is Gareth Allison who set a Youths club record for 400mH a couple of weeks later.

No, you're not seeing things! It's Ken to Abi in the 4x1 - lane 2 at Battersea will never be the same again as about 8 hundredweight of throwing power dented the track in a semi serious, sorry make that deadly serious relay! The changeover at the bottom bend involved Mike Small and Vince Cornibert.



Gordon Biscoe appears to be looking at the watch in disbelief but it was a comfortable 58 at the bell for Richard O'Hara who ran out an easy winner. Alan Painter, a youngster of 39, was the only other runner inside 2 minutes. Pat Lyttle is still in touch at this point but his legs are about to part company with the rest of his body any second!

Into the bell in the 1500m and they've shed the pacemaker, Stu' Paton (entry fee sponsored by Oliver Foote to set up a sub 4!) Mark Sinclair looks a picture of relaxation and goes on to a sixth successive win. The next three hung on for pb's - Olly, Frank Ward (behind Mark) and John Booth in his seasonal debut after injury!



Photo - Steve Williams

Round UpSOUTHERN LEAGUE DIVISION 2

I will start by thanking all of those who turned out this year, be it to compete or officiate, thus making it an enjoyable and successful season. Once again we saw an improvement in our performances over the previous year, this time finishing 6th in Division 2 and missing promotion by 1 league point with the top 5 going up.

It is not only our individual performances that are up - our team spirit is riding high. I think this is shown by our commitment in the long relay which we won 5 times out of 6. It is not only the British League that provides entertainment and excitement; you should have heard the cheer which greeted our last victory by one point on the cinders at Guildford.

Having said that, a look through the results will show that we were still missing a few competitors in the less 'popular' events and don't forget that at every match there is one sprint and one middle distance non-scoring event. So do come along and enjoy yourself, be it to partake or spectate. The Southern League is proving to be a good 'feeder' for the British League and if we continue to make progress as we have, we should gain promotion into Division 1 next season, our centenary year.

Bob Bridges

Match Reports

The first match at Battersea saw us successful by a healthy margin of 16.5 points from the next club with our superiority over local rivals SLH being particularly noteworthy. Admittedly a few of our 'A' team men were on view, with John Barry scoring an easy 1500 win and Abi Ekoku giving us maximum points in the Shot and Discus, but we had no 'B' competitor in two events and the selected 'B' 1500m runner didn't turn up so we were still giving away points unnecessarily. Personal bests were set by Joe Minetti (100) Jay Busk (400) Richard O'Hara (800) Simon Maynard (5000) and Marcello Bizio ('chase') while those two stalwarts John Bicourt and Snowy Brooks gave quite a few years and a beating to most of their rivals.

We had a few defectors for the match on cinders at Stevenage but it didn't make much difference; we took 2nd place. The throwers again excelled with Mike Small scoring 15 points and Snowy Brooks was only a metre or so shy of his best ever Discus throw set some 8 years ago. Again we took the 'A' races from 100m through 1500m and at the halfway stage in the season we were in 4th place in the division behind Woking, Oxford and Bedford.

The match at Brighton gave us an even bigger win with 18 individual firsts. The throwers were in good form with Neil Phillips winning 3 events and Tony Featherstone 2. Roy Vassall came up with his best Long Jump for a while and also improved in the Pole Vault reportedly using the pole climbing technique that was banned by the AAA in 1920! Nice one Roy. Mike Bazire notched a sprint double and Jay Busk dipped under 50 seconds in the 400m for the first time. Debutants Phil Walker and Chris Knight won impressively in their respective events while Paul Richley found some of his old sub 4 form in the 1500m, with Graham Adams running a pb just behind.

The bubble eventually burst at Havering in July when we could only scrape up 4th place with a team containing too many people in non specialist events. Even so we had some winners with Stu' Paton maintaining our 400m 'A' record and helping us to victory in the long relay. Chris Knight continued to do a good job in the low hurdles with good back up from Gareth Allison who found he could high hurdle as well and competed in 5 events during the afternoon. Kevin McCallion, a new Irish Guards member won the Pole Vault.

The match at Portsmouth proved to be a Navy benefit day and we lost further ground in the league. Stu' Paton continued to strengthen our team and again he anchored the 4x4 effort in fine style. Andy Moore came in for his first race of the season and proved his good form with Richard O'Hara too strong as a 'B' man in this class of competition. Jim Gregg brought respectability to our High Jumping and Gareth Allison set a club Youth's record in the 400mH. The whole match was of very high standard which also saw Roy Vassall finish only 4th in the Long Jump with 6.61, a distance good enough to win most other matches. --- Continued at bottom of P. 52.

From the Club Championships Report on P.52.

N.B. A full list of Championship events was printed in the Club Fixture list. Other events and events with less than 3 competitors were not accorded Championship status. However, Standard Medals, where appropriate, will be given for these. Please support your Club Championships better next year.

ROSENHEIM LEAGUE 1986

For the first time this year, the final was held on an 8 lane track and so only one team from each division needed elimination through the five league matches. Surrey Beagles were the unlucky ones from our division. The overall standard in the final was possibly the best ever and despite a reasonable Senior team we could only finish 4th.

Needless to say it was the 'A' team members who turned out through the season who provided the best quality performances and mention must once again be made of the support and efforts of Mike Small. However tucked away in the results you'll find confirmation of the improvement of many of our younger members with the fine 3000m times of Juniors, Graham Adams and Simon Maynard, and Youth, Steve Webster - a new club record - the most notable. You'll also notice the return to Belgrave of Eric Barker, one of our best ever throwers, and of Alan McIntosh, our double cross country champion from 1979/80.

Note for next year:- If you think you might be needed as a scorer in any event, please turn up as early as you can to assist the team manager with selections. We might not take the league that seriously but we might as well do our best!

Match 1 - Tooting - 11 June / Seniors 1st 53 pts/ Youths 3rd 24 pts/ Seniors: 100m (J Minetti 11.0, E Roafe 11.1, J Busk 11.6, M Dooley 12.1, D Browne 12.2) 200m 1 J Minetti 22.2 400m 2 J Busk 49.8 (S Williams 55.5, P Smith 58.0) 800m 4 M Kinane 1.58.7 (A Painter 2.02.0, D Clack 2.02.7, M Bizio 2.03.0, A Gayton 2.03.6) 1500m 4 A McIntosh 4.09.2 (C Millbank 4.11.7, L O'Hara 4.22.1, L Coy 4.30.6, C Leonard 4.32.7, A Grant 5.19.4) 3000m 4 M Lake 8.50.6 (D Anderson 9.19.0, A Stone 10.17.0) 110mH 1 M Lindsay-Bayley 15.9 (M Broad 17.0, S Donnelly 17.1) 4x200m 2nd 1.33.5 LJ 3 D Browne 6.15 (M Lindsay-Bayley 6.21, J Druce 5.79) FV 1 P Lovell 4.80 JT 1 M Small 53.36 HF 1 M Small 48.70 (T Walsh 40.14, E Barker 34.44) Youths 200m 4 M Lawrence 27.5 400m 2 J Coy 62.2 800m 3 J Coy 2.16.6 LJ 3 M Lawrence 4.92 HF 2 J Coy 12.68 JT 4 J Coy 5.80

Match 2 - Croydon - 25 June / Seniors 3rd 39 pts/ No Youths/ 200m 2 S Shullen 26.2 (A Painter 26.4) 400m 2 S Shullen 54.9 800m 3 A Painter 2.06.7 (A McIntosh 2.09.4) 1500m 1 C Millbank 4.14.6 (C Leonard 4.35.0, L Coy 4.39.0) 3000m 3 A McIntosh 9.14.0 4x200m 4th 1.45.1 SP 1 A Ekoku 14.26 (M Small 13.28, E Barker 11.12) DT 1 A Ekoku 44.60 (M Small 42.06, E Barker 26.08)

Match 3 - Battersea - 9 July / Seniors 1st 57 pts/ Youths 3rd 15 pts/ Seniors: 100m 2 P Iytle 11.6, (M Broad 11.8, M Lindsay-Bayley 11.8, M Bartlett 12.2, C Brooks 12.6) 200m 2 M Alleyne 22.4 (P Iytle 23.8, M Scott 24.0, M Bartlett 24.7) 400m 4 G Adams 52.9 (A Paton 52.4, J Dunn 53.6, S Shullen 55.1, P Smith 58.0) 800m 4 M Chaston 1.58.6 (S Shullen 1.57.8, A Gayton 2.02.7, M Bizio 2.06.0, C Manning 3.10.1) 1500m 2 A McIntosh 4.06.9 (F Ward 4.01.0, R O'Hara 4.03.1, A North 4.02.9, C Millbank 4.03.9, S Maynard 4.04.3, S Dunmore 4.17.0, A Painter 4.28.7) 3000m 2 M Hayes 8.26.9 (D North 8.38.7, M Bizio 9.05.0, C Millbank 9.08.0, L O'Hara 9.25.0, M Head 9.30.0, S Shullen 9.38.0, A Sullivan 9.38.0, D Anderson 9.40.0) 110mH 1 M Lindsay-Bayley 15.8 (J Dunn 16.1, A Parah 16.8, M Broad 18.0) 4x200m 3 1.36.8 LJ 3 C Brooks 5.94 (W Olufunwa 5.14) FV 1 P Farrell 3.70 HF 1 M Small 48.46 JT 2 M Small 48.78 (C Brooks 44.28) Youths: 100m/200m 2/1 M French 11.8/24.5 LJ 3 K Ghareeb 5.17

Match 4 - Croydon - Results not received as usual

Match 5 - Tooting - 6 August / Seniors 3rd 47 pts/ Youths 3rd 15.5 pts/ Seniors: 100m 3 J Busk 11.5 (M Broad 11.9, M Scott 12.0) 200m 3 J Busk 22.9 (M Scott 24.0, M Lindsay-Bayley 24.1, C Manning 36.6) 400m 3 P Smith 57.2 800m (C Manning 3.11.8) 1500m 2 A North 4.09.4 (J Booth 4.04.9, S Webster 4.18.5, D Anderson 4.20.7, G McGurran 4.23.5) 3000m 3 D North 8.31.8 (J Wright 8.31.2, G Adams 8.32.7, S Maynard 8.33.5, C Millbank 8.53.2, M Lake 8.59.5, J Mather 9.41.0, S Williams 10.26.0) 2000mFC 1 D Anderson 6.51.1 (L Coy 7.20.2) 4x200m 2nd 1.36.9 LJ 3 M L-Bayley 6.00 HF/JT 1/2 M Small 48.60/49.48 Youths: 100m/200m/LJ 5/4/5 P Whiston 14.5/25.6/3.40 400m/800m/HF/JT 4/1/2/3 J Coy 63.6/2.20.9/11.70/16.56

Final league positions:- Seniors: 1st Croydon 24.5(255) 2nd HHH 23.5(251) 3rd Bels 23(237) 4th SLH 19(221) 5th Sy Blys 10(99) Youths 1st SLH 28.5(209) 2nd Sy Blys 24(156) 3rd Bels 15.5(84) 4th HHH 15(77) 5th Croydon 9(39)

Final - Tooting - 20 August / Seniors: 100m 3 J Minetti 11.2 (F Sandy 11.0, M Broad 12.0, M Scott 12.1, J French 12.1, J Edwards 14.9) 200m 3 J Minetti 22.5 (F Sandy 22.2, D Browne 24.1, M Scott 24.2, J French 24.8, P Smith 25.6, A Painter 25.7) 400m 2 J Busk 49.6, 4 G Sagar (BoE) 51.3 (R O'Hara 51.3, J Booth 51.5, A Gayton 55.0, F Ward 55.1) 800m 7 A Painter 2.02.7 (C Manning 3.13.0) 1500m 3 P Walker 4.02.8 (C Millbank 4.06.1, G McGurran 4.13.5) 3000m 4 A North 8.27.1 (M Chaston 8.41.3, S Webster 8.55.0, M Lake 8.55.9, N Clarke 9.05.7, D Anderson 9.06.0, J Mather 9.32.8) 400mH 3 C Knight 57.4 4x200m 5th 1.38.0 HF/DI/SP 5/2/1 1.50/41.90/12.2 Youths 100m/200m 3/3 M French 11.7/24.2 400m 5 N Sutehall 60.2 800m 6 S Herbert 2.14.9 1500m/DI/SP 5/6/6 J Coy 4.43.0/13.38/6.24

Seniors 1st Mit&Sut 70 2nd HW 67 3rd Croy 65 4th Bels 61 5th HHH 59 6th BoE 38 7th SLH 36 8th Eps 19
Youths 1st " 58 2nd " 52 3rd SLH 51 4th Eps 49 5th Bels 29 6th Sy B 23 7th HHH 18

SOUTHERN LEAGUE DIVISION 2 1986

Match Code: 1 Batterssea 3rd May; 2 Brighton 24th May; 3 Stevenage 14th June; 4 Havering 5th July;
5 Portsmouth 26th July; 6 Guildford 16 August.

| 'A' | | 'B' | | 'A' | | 'B' | |
|---------------------|---|----------------------|------------------------------|---------------------|---|----------------------|-----------|
| 100m | | 200m | | 400m | | 800m | |
| 1 | J Minetti 11.1 | 4 D Brown 11.9 | 1 J Minetti 22.4 | 2 J Busk 23.7 | 1 J Busk 50.2 | 1 G Sagar 51.4 | |
| 2 | M Bazire 11.2 | 3 M Horley 12.1 | 1 M Bazire 22.6 | 1 P Lyttle 23.8 | 1 J Busk 49.8 | 1 G Sagar 52.1 | |
| 3 | J Minetti 11.2 | 2 P Lyttle 11.7 | 1 J Minetti 22.7 | 2 P Lyttle 24.0 | 1 C Knight 52.2 | No 'B' Competitor | |
| 4 | J Minetti 11.4 | 2 P Lyttle 11.9 | 5 P Lyttle 24.3 | 1 G Sagar 23.6 | 1 S Paton 49.7 | 3 A Paton 52.1 | |
| 5 | P Lyttle 12.9 | 3 R Vassall 11.7 | 4 C Knight 23.8 | 5 P Walker 25.1 | 5 P Walker 52.3 | 4 A Paton 51.7 | |
| 6 | E Roofoe 11.2 | 2 J Minetti 11.3 | 1 J Minetti 22.6 | 2 C Knight 23.1 | 4 R O'Hara 51.8 | 1 G Sagar 52.5 | |
| 800m | | 1500m | | 5000m | | 3000m | |
| 1 | R O'Hara 1.55.8 | 3 A Paton 2.05.5 | 1 J Barry 3.56.2 | 5 L Coy 4.57.2 | 2 J Bicourt 15.07.9 | 2 S Maynard 15.19.0 | |
| 2 | P Walker 1.55.7 | 1 G Thiemann 1.59.1 | 3 P Richley 3.56.9 | 1 G Adams 3.57.4 | 4 M Lake 15.31.1 | 3 N Clarke 15.46.1 | |
| 3 | G Adams 1.58.4 | 2 G McGurran 2.05.1 | 1 P Richley 4.02.1 | 2 M Kirane 4.14.9 | 3 M Lake 15.42.5 | 3 D Anderson 16.51.8 | |
| 4 | F Ward 2.00.3 | 4 S Shullen 2.00.4 | 5 A North 4.06.8 | 4 M Foster 4.15.0 | 3 M Lake 15.22.9 | 5 C Leonard 17.30.0 | |
| 5 | A Moore 1.54.8 | 1 R O'Hara 1.59.2 | 1 S Paton 4.00.8 | 1 M Chaston 4.08.5 | 2 F Ward 15.08.0 | 5 J Mather 17.06.9 | |
| 6 | A Moore 1.54.4 | 1 P Walker 2.00.5 | 2 M Kirane 4.06.6 | 2 F Ward 4.07.3 | 3 D Anderson 16.6 | 4 L Coy 17.16.3 | |
| 3000m | | 1100m | | 4000m | | High Jump | |
| 1 | M Bizio 9.47.2 | 1 C Millbank 9.55.8 | 3 M Broad 16.9 | No 'B' Competitor | 2 A Panah 57.2 | 2 M Hayes 61.5 | |
| 2 | M Bizio 9.46.6 | 1 C Millbank 9.57.0 | 3 A Johnson 16.7 | 4 S Smith 22.4 | 1 C Knight 56.7 | 5 M Bizio 63.5 | |
| 3 | M Bizio 10.04.7 | 5 D Anderson 11.25.0 | 3 A Johnson 16.7 | 3 M Broad 16.9 | 3 C Knight 59.1 | 3 G Allison 63.2 | |
| 4 | D Anderson 10.18.0 | 4 M Lake 10.40.0 | 2 M Broad 18.9 | 3 G Allison 18.4 | 1 C Knight 56.9 | 1 G Allison 61.0 | |
| 5 | C M'bank 9.40.0 | 2 D Anderson 10.22.6 | 5 A Johnson 17.0 | 5 G Allison 17.4 | 3 C Knight 57.6 | 2 G Allison 60.4 | |
| 6 | C M'bank 9.46.9 | 1 J Bicourt 9.53.4 | M Broad DNF | 2 G Allison 17.6 | 1 C Knight 56.5 | 2 G Allison 60.5 | |
| High Jump | | Long Jump | | Triple Jump | | Pole Vault | |
| 1 | J Gregg 1.85 | 4 F Dolan 1.65 | 2 R Vassall 6.35 | 2 C Brooks 6.30 | 3 R Vassall 13.07 | No 'B' Competitor | |
| 2 | S Smith 1.65 | 3 A Johnson 1.50 | 1 R Vassall 6.86 | 5 P Lyttle 5.35 | 3 J Druce 13.08 | 2 R Vassall 12.15 | |
| 3 | G Allison 1.70 | 4 S Smith 1.60 | 4 C Brooks 6.04 | 4 J Druce 5.62 | 4 J Druce 12.98 | 4 A Johnson 10.85 | |
| 4 | J Gregg 1.85 | 2 G Allison 1.65 | 5 J Gregg 5.23 | 5 P Lyttle 4.82 | 4 G Allison 11.39 | 4 R Bridges 9.23 | |
| 5 | J Gregg 1.90 | 2 G Allison 1.75 | 4 R Vassall 6.61 | 4 R Nugent 5.82 | 4 J Druce 12.58 | 3 R Vassall 12.47 | |
| 6 | J Gregg 1.95 | 3 G Allison 1.65 | 2 J Druce 5.91 | 5 M Ademakinwa 5.15 | 1 A Amadi 13.56 | 1 J Druce 12.77 | |
| Shot Put | | Discus | | Shot Put | | Discus | |
| 1 | A Ekoku 14.34 | 1 P Mackay 13.75 | 1 A Ekoku 41.64 | 1 C Brooks 37.08 | 1 A Ekoku 14.34 | 1 P Mackay 13.75 | |
| 2 | R Vassall 2.40 | 2 R Bridges 1.99 | 1 A Featherstone 10.95 | 3 A Johnson 8.90 | 1 A Featherstone 41.82 | 1 N Phillips 32.46 | |
| 3 | A Johnson 2.60 | 3 J Druce 2.00 | 1 M Small 12.89 | 5 A Johnson 8.99 | 1 M Small 41.56 | 1 C Brooks 39.62 | |
| 4 | K McCallion 3.20 | 4 R Bridges 1.10 | 4 J Gregg 10.03 | 5 F Gavin 7.40 | 3 T Roach 36.14 | 2 N Phillips 34.38 | |
| 5 | A Johnson 2.40 | 4 R Bridges 2.10 | 4 J Gregg 10.44 | 4 R Vassall 8.49 | 4 N Phillips 33.68 | 4 W Trehame 33.40 | |
| 6 | R Bridges 2.10 | No 'B' Competitor | 2 J Gregg 10.56 | 2 A Amadi 10.20 | 4 N Phillips 33.68 | 4 G Allison 19.44 | |
| Hammer | | Javelin | | 4x100m Relay | | Match Result | |
| 1 | P Mackay 45.68 | 2 T Welsh 41.20 | 2 N Phillips 48.12 | 3 G Sagar 43.20 | 1 Broad, Lyttle, Horley, Minetti 44.3 | | |
| 2 | W Trehame 39.18 | 1 N Phillips 32.14 | 1 N Phillips 50.10 | 1 D Mole 50.00 | 1 Horley, Lyttle, Sagar, Johnson 45.2 | | |
| 3 | M Small 47.44 | 1 W Trehame 40.90 | 2 D Mole 46.20 | 1 N Phillips 45.32 | 2 Broad, Lyttle, Druce, Minetti 45.6 | | |
| 4 | N Phillips 35.90 | 5 R Bridges 14.74 | 2 N Phillips 47.94 | 3 P Lyttle 35.46 | 4 Allison, Broad, Lyttle, Sagar 46.0 | | |
| 5 | W Trehame 39.80 | 3 N Phillips 32.56 | 4 N Phillips 46.64 | 2 D Mole 45.94 | 5 Knight, Vassall, Walker, Johnson 50.7 | | |
| 6 | N Phillips 33.62 | 5 M Broad 14.54 | 1 N Phillips 46.92 | 1 G Sagar 36.50 | 1 Ademakinwa, Sagar, Minetti, Roofoe 45.0 | | |
| 4x400m Relay | | Match Result | | 4x400m Relay | | Match Result | |
| 1 | Panah, Lyttle, Busk, A Paton 3.30.3 | | Bels 135 Milton Keynes 118.5 | Luton 106 | StH 98 | Wycombe 76.5 | |
| 2 | Walker, Bazire, Knight, Busk 3.23.1 | | Bels 144 Hertford & Ware 119 | Tonbridge 109 | Brighton 85 | Cornwall 75 | |
| 3 | Knight, Allison, Richley, Lyttle 3.44.3 | | Bedford 142 | Bels 121 | Hfield 97 | Stevenage 92 | Yeovil 75 |
| 4 | I Knight, Shullen, A Paton, S Paton 3.26.6 | | Ilford 129 | Baling 115 | Basildon 104.5 | Bels 100.5 | TAC 89 |
| 5 | M Moore, O'Hara, A Paton, S Paton 3.26.5 | | RNAC 146 | Woking 108 | Bels 99 | Oxford 97 | QFH 87 |
| 6 | M Moore, O'Hara, Knight, Walker 3.27.4 | | Bels 126 | Guildford 125 | Huntingdon 114.5 | Newbury 92.5 | Bexley 77 |
| Non Scoring Results | | | | | | | |
| 1 | 200m P Lyttle 23.8, M Horley 24.1, C Brooks 25.7, 800m P Walker 1.57.2, G Adams 1.59.1, N Clarke 2.00.7, M Hayes 2.01.8, A Painter 2.02.1, D Clack 2.02.1, S Webster 2.07.8, M Forrester 2.10.5, L Coy 2.15.9 | | | | | | |
| 2 | 1500m O Floote 4.00.7, A Painter 4.10.0, S Maynard 4.10. Full details not received | | | | | | |
| 4 | 200m F Gavin 25.4 | | | | | | |
| 5 | 800m A Painter 2.03.4, D North 2.03.8, A North 2.04.5 | | | | | | |

Final League Table:- Bedford 29 (825 match points) Woking 28 (815) Guildford 26 (774) Oxford 26 (753.5) Ilford 25 (741) Belgrave 24 (725.5)

BRITISH LEAGUE DIVISION 2 1986

| Match Code 1 - West London 10 May; 2 - Gwriban 31 May; 3 - Blinburn 5 July; 4 - Battersea Park 23 August | | | | | | | | | | | | |
|--|---|--|--|-------------------|---|---------------------|---|---------------------|---|------------------------------|-------|------------------|
| 100m | | | 200m | | | 400m | | | | | | |
| 1 | 2 | J Regis 10.6 | 1 | M Adam 10.6 | 2 | M Adam 21.8 | 1 | P Goodluck 22.3 | 3 | M Alleyne 49.6 | 4 | A Paton 51.7 |
| 2 | 3 | J Regis 10.77 | 1 | P Goodluck 10.96 | 3 | M Adam 21.90 | 1 | P Goodluck 21.6 | 4 | M Alleyne 48.55 | 1 | J Busk 48.85 |
| 3 | 1 | E Cheng 10.39 | 1 | M Adam 10.50 | 4 | P Goodluck 21.39 | 1 | M Adam 21.36 | 4 | M Alleyne 49.89 | 5 | J Busk 49.69 |
| 4 | 2 | E Cheng 10.6 | 1 | P Goodluck 10.8 | 1 | J Regis 21.3 | 1 | M Adam 21.7 | 4 | M Alleyne 49.1 | 3 | J Busk 49.1 |
| 800m | | | 1500m | | | 5000m | | | | | | |
| 1 | 2 | G Staines 1.51.4 | 1 | S Paton 1.52.1 | 1 | J Gladwin 3.54.3 | 1 | J Barry 3.59.7 | 3 | O Foote 14.50.5 | 1 | D North 15.09.4 |
| 2 | 1 | G Staines 1.50.92 | 3 | R O'Hara 1.54.98 | 1 | M Sinclair 3.48.17 | 2 | J Barry 3.52.28 | 2 | O Foote 14.25.5 | 4 | A Morfey 15.29.5 |
| 3 | 2 | G Staines 1.51.54 | 3 | G Adams 1.55.36 | 4 | M Sinclair 3.57.79 | 5 | G Tierman 4.04.75 | 3 | O Foote 14.39.47 | 2 | D North 14.59.18 |
| 4 | 1 | J Gladwin 1.46.4 | 1 | S Paton 1.55.2 | 4 | K Stuman 3.52.3 | 4 | J Barry 4.01.3 | 2 | M Sinclair 14.18.5 | 2 | O Foote 14.47.9 |
| 3000mSc | | | 110mH | | | 400mH | | | | | | |
| 1 | 3 | M Hayes 9.20.4 | 1 | S Maynard 9.38.8 | 5 | M L-Bayley 16.9 | 6 | D Sheldon 20.4 | 6 | A Parah 56.8 | 3 | D Sheldon 57.5 |
| 2 | 1 | M Hayes 8.58.87 | 1 | S Maynard 9.39.13 | 6 | M L-Bayley 15.69 | 6 | A Parah 16.89 | 5 | A Parah 54.66 | 5 | D Sheldon 55.32 |
| 3 | 6 | S Maynard 9.39.77 | 4 | M Bizio 9.51.78 | 5 | M L-Bayley 15.43 | 4 | A Parah 16.64 | 4 | A Parah 55.20 | 4 | D Sheldon 56.90 |
| 4 | 2 | C Millbank 9.26.5 | 1 | S Maynard 9.32.5 | 5 | M L-Bayley 15.7 | 6 | A Parah 17.5 | 6 | D Sheldon 56.6 | 3 | D Williams 55.3 |
| High Jump | | | Long Jump | | | Triple Jump | | | | | | |
| 1 | 5 | C Cornwell 1.85 | 4 | M L-Bayley 1.75 | 1 | D Williams 7.26 | 3 | M L-Bayley 6.14 | 3 | D Browne 14.35 | 2 | D Williams 14.23 |
| 2 | 4 | C Cornwell 1.90 | 4 | M L-Bayley 1.80 | 1 | D Williams 7.10 | 3 | D Browne 6.10 | 4 | D Browne 14.46 | 1 | D Williams 14.28 |
| 3 | 4 | C Cornwell 1.95 | 5 | M L-Bayley 1.80 | 6 | M L-Bayley 6.44 | 5 | D Williams 5.78 | 4 | D Browne 14.57 | 6 | M L-Bayley 11.76 |
| 4 | 4 | C Cornwell 1.95 | 4 | J Gregg 1.85 | 4 | D Williams 6.55 | 4 | M L-Bayley 6.27 | 1 | D Browne 14.89 | 2 | A Ekuo 13.08 |
| Pole Vault | | | Shot Putt | | | Discus | | | | | | |
| 1 | 1 | P Lovell 4.60 | 4 | M Shippin 3.10 | 3 | A Ekuo 14.57 | 2 | K Onuaguluchi 14.27 | 1 | K Onuaguluchi 54.06 | 1 | A Ekuo 45.34 |
| 2 | 1 | P Lovell 4.80 | 4 | M Shippin 2.90 | 2 | A Ekuo 14.60 | 2 | K Onuaguluchi 14.59 | 1 | K Onuaguluchi 52.70 | 1 | A Ekuo 48.36 |
| 3 | 1 | P Lovell 4.80 | 3 | M Shippin 3.20 | 2 | A Ekuo 14.99 | 1 | K Onuaguluchi 14.37 | 1 | K Onuaguluchi 53.26 | 1 | A Ekuo 50.50 |
| 4 | 1 | P Lovell 4.61 | 4 | M Shippin 3.20 | 2 | A Ekuo 15.51 | 2 | K Onuaguluchi 14.03 | 1 | K Onuaguluchi 51.60 | 1 | A Ekuo 46.32 |
| Hammer | | | Javelin | | | 4x100m Relay | | | | | | |
| 1 | 3 | M Small 46.62 | 2 | T Welsh 38.52 | 4 | K Onuaguluchi 51.98 | 3 | M Small 43.64 | 1 | Williams Adam Goodluck Regis | 41.7 | |
| 2 | 3 | P Mackey 44.46 | 2 | T Welsh 41.72 | 2 | K Onuaguluchi 58.46 | 3 | V Cornibert 52.28 | 1 | Williams Regis Goodluck Adam | 41.26 | |
| 3 | 2 | M Small 48.64 | 3 | T Welsh 38.76 | 2 | V Cornibert 57.32 | 2 | M Small 48.00 | 1 | Adam Alleyne Goodluck Cheng | 41.7 | |
| 4 | 2 | M Small 49.50 | 3 | T Welsh 39.16 | 4 | V Cornibert 54.30 | 2 | K O'guluchi 53.38 | 1 | Adam Goodluck Regis Cheng | 41.1 | |
| 4x400m Relay | | | Match Result | | | | | | | | | |
| 1 | 3 | M Alleyne, G Staines, J Gladwin, S Paton 3.20.5 | Bels 262 TVH 258 S&E 197 ESH 189 FPC 176 Cardiff 173 | | | | | | | | | |
| 2 | 4 | M Alleyne, G Staines, M Sinclair, J Busk 3.18.75 | Bels 258 S&E 230 Cardiff 227.5 TVH 226.5 FPC 163 ESH 157 | | | | | | | | | |
| 3 | 6 | J Busk, M Sinclair, G Staines, M Alleyne 3.31.23 | ESH 252 Bels 222 S&E 198 TVH 195 Cardiff/FPC 194= | | | | | | | | | |
| 4 | 3 | D Williams, M Alleyne, M Bazire, J Busk 3.16.5 | Bels 257 TVH 241 S&E 212 ESH 202 Cardiff/FPC 174= | | | | | | | | | |

FINAL LEAGUE POSITIONS 1st Balgrave 23 Ige Pts (999 Match Pts) 2nd Southampton & Eastleigh 17 (837) 3rd Thames Valley Harriers 16 (920.5) 4th Blinburn Southern Harriers 13 (800) 5th Cardiff 8 (768.5) 6th Blinburn AC 7 (707)

GRE GOLD CUP

2nd Round - Woodford Bridge - 29 June *** 1st Bels 186 2nd Croydon 167 3rd Brighton 157.5

100m/200m 1/1 M Adam 10.94/21.80 400m 4 J Busk 49.26 800m/1500m 5/9 J Barry 1.54.00/4.12.0 5000m 10 O Foote 15.33.3 10000m 7 P Ward 32.27.2 3000mSc 1 M Sinclair 9.06.2 110mH 3 M Lindsay-Bayley 16.16 400mH 3 A Parah 54.85 HT 4 C Cornwell 1.85 FV P Lovell no ht. LJ 1 D Williams 7.07 TJ 6 R Vassall 12.82 SP/DT 1/1 A Ekuo 15.01/50.30 HT 2 M Small 44.70 JT 3 V Cornibert 55.34 4x100m 2 42.82 4x400m 3 3.21.90

Semi-Final - New River - 10 August *** 1st Haringey 135 2nd Blackheath 125 3rd Bels 110

100m/200m 2/1 J Regis 10.89/21.52 400m 4 M Alleyne 48.70 800m 2 S Paton 1.50.99 1500m 1 M Sinclair 3.47.89 5000m 1 K Stuman 14.23.13 10000m 7 O Foote 32.42.05 3000mSc 1 M Hayes 9.19.1 110mH 4 M Lindsay-Bayley 15.95 400mH 7 D Sheldon 56.56 HT 6 J Gregg 1.90 FV 1 P Lovell 4.80 LJ 7 M L-Bayley 6.46 TJ 2 D Browne 15.38 SP 4 A Ekuo 15.29 DT 2 K Onuaguluchi 54.74 HT 5 M Small 47.18 JT 5 V Cornibert 57.18 4x100m E Roope, M Alleyne, D Williams, J Regis 42.70 (Disc) 4x400m 4 M Alleyne (49.04) A Paton (50.97) S Paton (49.84) J Busk (48.95) 3.18.68

MENS RANKINGS 1986

Compiled by Steve Williams

* = Club Record

| 100m | | 200m | | 400m | | High Jump | |
|--|--------------|----------------|----------|----------------|---------|----------------|--------------|
| E Obeng | 10.22w/10.39 | J Regis (J) | 20.41* | M Alleyne | 48.55 | C Cornwell (J) | 1.95 |
| J Regis | 10.43 | M Adam (J) | 21.09 | J Busk | 48.7 | J Gregg | 1.95 |
| P G'luck(J) | 10.48w/10.55 | P Goedluck (J) | 21.21 | S Paton | 49.7 | M Reece (J) | 1.85 |
| M Adam(J) | 10.50w/10.62 | J Minetti(J) | 21.7 | M Bazire | 50.61 | M L-Bayley | 1.80 |
| D Williams | 10.94 | F Sandy | 22.2 | G Sagar | 51.2 | G Allison (Y) | 1.75 |
| F Sandy | 11.0 | M Alleyne | 22.4 | R O'Hara | 51.3 | F Dolan | 1.65 |
| J Minetti (J) | 11.00 | M Bazire | 22.6 | J Booth (J) | 51.5 | S Smith | 1.65 |
| E Roofe | 11.07 | S Paton | 22.9 | A Paton | 51.7 | Pole Vault | |
| J Busk | 11.2 | J Busk | 22.9 | C Knight | 52.2 | P Lovell | 4.90=* |
| M Bazire | 11.3 | C Knight | 23.1 | P Walker | 52.3 | P Farrell | 3.90 |
| M J Broad | 11.5 | G Sagar | 23.6 | G Adams (J) | 52.9 | K McCallion | 3.20 |
| A Ekoku | 11.5 | P Lyttle | 23.8 | J Dunn | 53.6 | M Shippen | 3.20 |
| P Lyttle | 11.6 | A Paton | 23.8 | D Clark | 54.8 | A Johnson | 2.60 |
| A Paton | 11.7 | I Gilley (B) | 23.9=* | A Painter | 54.9 | R Vassall | 2.40 |
| G Sagar | 11.7 | M Scott | 24.0 | S Smullen | 54.9 | Long Jump | |
| R Vassall | 11.7 | D Browne | 24.1 | S Williams | 54.9 | D Williams | 7.26 |
| D Browne | 11.7 | M French (Y) | 24.1 | A Gayton | 55.0 | R Vassall | 6.86 |
| M French (Y) | 11.7 | M L-Bayley | 24.1 | J Smith (Y) | 55.1 | C Brooks (V) | 6.59(w?) |
| M L-Bayley | 11.8 | 1500m | | F Ward | 55.1 | M L-Bayley | 6.46w(6.44) |
| I Gilley (B) | 11.92* | J Gladwin | 3.35.26* | A Ross (B) | 55.2 | A Ekoku | 6.35 |
| J French (Y) | 11.9 | G Staines | 3.40.25 | 3000m | | D Browne | 6.15 |
| 800m | | M Sinclair | 3.47.8 | J Gladwin | 8.03.3 | J Druce | 6.14 |
| J Gladwin | 1.45.14* | S Paton | 3.49.55 | M Sinclair | 8.12.01 | I Gilley (B) | 5.99* |
| G Staines | 1.50.84 | J Barry | 3.51.- | K Sturman | 8.15.9 | J Smith (Y) | 5.58 |
| S Paton | 1.50.99 | K Sturman | 3.52.3 | D North | 8.22.6 | Triple Jump | |
| R O'Hara | 1.53.9 | R O'Hara | 3.53.5 | A North | 8.26.8 | D Browne | 15.38w/14.86 |
| J Barry | 1.54.0 | M Hayes | 3.54.- | M Hayes | 8.26.9 | D Williams | 14.28 |
| A Moore (J) | 1.54.4 | M Chaston (J) | 3.54.9 | J Wright | 8.31.2 | A Amadi | 13.56 |
| P Walker | 1.54.7 | G Adams (J) | 3.55.1 | G Adams (J) | 8.32.7 | J Druce | 13.08 |
| G Adams (J) | 1.54.9 | P Richley | 3.56.9 | S Maynard (J) | 8.33.5 | A Ekoku | 13.08 |
| G Tiernan (J) | 1.55.9 | O Foote | 3.57.1 | O Foote | 8.33.9 | R Vassall | 13.07 |
| S Smullen | 1.57.8 | G Tiernan (J) | 3.57.32 | J Bicourt (V) | 8.36.0 | M L-Bayley | 11.76 |
| J Chaston (J) | 1.58.0 | J Chaston (J) | 3.57.6 | M Chaston (J) | 8.41.3 | Shot Putt | |
| F Ward | 1.58.4 | F Ward | 3.58.3 | G Tiernan (J) | 8.42.8 | A Ekoku | 15.75 |
| M Chaston (J) | 1.58.6 | M Kinane (J) | 4.02.2 | M Lake | 8.50.6 | K Onuaguluchi | 15.21 |
| M Kinane (J) | 1.58.7 | P Walker | 4.02.8 | M Bizio | 8.51.0 | P Mackay | 14.31 |
| M Chuter | 1.59.2 | J Booth (J) | 4.02.9 | R O'Hara | 8.52.0 | M Small | 13.39 |
| J Warren | 1.59.4 | A North | 4.03.7 | C Millbank | 8.53.2 | E Barker | 11.12 |
| A Painter | 1.59.9 | C Millbank | 4.03.9 | S Webster (Y) | 8.55.0* | A Featherstone | 10.95 |
| D Clark | 2.00.3 | A McIntosh | 4.04.7 | M Kinane (J) | 8.57.8 | J Gregg | 10.54 |
| A Gayton | 2.00.6 | D North | 4.05.2 | G McGurran (J) | 8.59.9 | Discus | |
| A Paton | 2.00.6 | J Bicourt (V) | 4.06.0 | F Ward | 9.00.0 | K Onuaguluchi | 56.68* |
| N Clarke | 2.00.7 | M Forrester(J) | 4.09.9 | N Clarke | 9.05.7 | A Ekoku | 50.84 |
| M Hayes | 2.01.8 | A Painter | 4.10.0 | D Anderson | 9.06.0 | M Small | 43.76 |
| G McGurran(J) | 2.02.0 | N Clarke | 4.10.9 | A Gayton | 9.06.1 | A Featherstone | 41.82 |
| A McIntosh | 2.02.0 | J Warren | 4.11.2 | A McIntosh | 9.14.0 | C Brooks (V) | 39.62 |
| M Bizio | 2.03.0 | D Clark | 4.13.1 | M Head | 9.15.0 | T Roach | 36.14 |
| A Ross (B) | 2.03.79* | G McGurran(J) | 4.13.5 | M Forrester(J) | 9.16.8 | N Phillips | 34.38 |
| D North | 2.03.8 | 1000m | | L O'Hara (V) | 9.25.0 | W Treharne(V) | 33.40 |
| A North | 2.04.5 | K Sturman | 29.48.3 | 110mH | | Hammer | |
| 5000m | | O Foote | 31.23.2 | M L-Bayley | 15.43w | M Small | 49.98 |
| M Sinclair | 14.18.5 | F Ward | 31.28.5 | J Dunn | 15.7 | P Mackay | 45.68 |
| K Sturman | 14.23.13 | M Bizio | 32.16.5 | A Pamah | 16.64w | T Welsh | 41.72 |
| O Foote | 14.24.78 | M Lake | 32.26.6 | A Johnson | 16.7 | W Treharne(V) | 40.90 |
| D North | 14.48.1 | M Head | 32.34.0 | M J Broad | 16.9 | N Phillips | 35.90 |
| J Wright | 15.06.0 | E Bojtler | 32.42.0 | G Allison (Y) | 17.4 | E Barker | 34.44 |
| J Bicourt (V) | 15.07.9 | L O'Hara (V) | 33.26.0 | 400mH | | Javelin | |
| F Ward | 15.08.0 | 3000mSc | | A Pamah | 54.66 | K Onuaguluchi | 58.46 |
| A Morfey | 15.12.0 | M Sinclair | 8.44.88 | D Williams | 55.3 | V Cornibert | 57.32 |
| S Maynard (J) | 15.19.0 | M Hayes | 8.49.69 | D Sheldon | 55.32 | M Small | 53.36 |
| M Lake | 15.22.7 | J Bicourt(V) | 9.26.4* | C Knight | 56.5 | N Phillips | 50.10 |
| A McIntosh | 15.24.0 | C Millbank | 9.26.5 | G Allison (Y) | 60.4* | D Mole | 50.00 |
| M Bizio | 15.32.9 | S Maynard (J) | 9.32.5* | M Hayes | 61.5 | C Brooks (V) | 44.28 |
| N Clarke | 15.46.1 | M Bizio | 9.36.5 | M Bizio | 63.5 | G Sagar | 43.20 |
| 4x100 41.1=* Adam Goedluck Regis Obeng 4x400 3.16.5m* Williams Alleyne Bazire Busk | | | | | | | |

Veterans.

EVERGREEN SNOWY BROOKS SETS NEW WORLD BEST

Snowy achieved a new World Record in the B.V.A.F. Indoor Pentathlon at Cosford on March 15th, 1986.

In the over 40 years section he recorded 2749 pts beating the previous best of 2573 pts by Bill Smith (U.S.A.). Snowy's individual events performances were:

60m Hurdles: 9.3 secs. L.J: 5.77m Shot: 11.74m HJ: 1.63m 1000m: 3:12.2

Congratulations Snowy.

27th OCTOBER 1986 RICHMOND PARK SURREY VETS C.C. CHAMPIONSHIPS

| <u>Over 40s</u> | | <u>Over 50s</u> | |
|-----------------|-------|-------------------|-------|
| 1.S.Warzee | 32.13 | 1. K.Spack | 35.28 |
| 2.R.Dixon | 33.35 | 2. M.Firth | 35.41 |
| 3.M.Sharp | 34.45 | 3. J.Chandler | 36.08 |
| 4.F.O'Connor | 34.53 | 26.C.Manning | 48.54 |
| 16.T.Fairclough | 36.01 | | |
| 22.J.Wasborough | 36.22 | <u>Teams:</u> | |
| 23. Barrett | 36.31 | 1. Herc.Wimbledon | |
| 24.T.Stone | 36.45 | 2. BELGRAVE | |
| 94.J.Davies | 44.10 | 3. Croydon | |

16th NOVEMBER 1985 CARSHALTON PARK SUTTON & CHEAM C.C. RELAY

1.M.Sharp 17.20; 2.J.Wasborough 17.38; 3.K.Sinclair 17.47; 5.T.Stone 17.59; 7.W.Laws 19.06
1st Team: BELGRAVE

15th DECEMBER 1985 HOGS BACK RACE

| | <u>Time</u> | <u>Overall Position</u> |
|-------------|-------------|---------------------------|
| H.J.Head | 59.59 | 37 |
| D.P.Maughan | 1.6.47 | 241 |
| F.H.Barret | 1.7.24 | 265 (V) 31st over 40/44 |
| M.J.Strong | 1.9.6 | 360 (V) 21st over 45/49 |
| M.Hutton | 1.12.59 | 607 |
| J.Slough | 1.14.47 | 735 |
| E.Stroud | 1.14.49 | 739 (V) 26th over 50/59 |
| C.H.Henn | 1.15.10 | 766 (V) 27th over 50/59 |
| C.Cross | 1.15.32 | 795 (V) 31st over 50/59 |
| P.Davies | 1.18.51 | 1004 (FV) 12th FV over 35 |
| D.McMullen | 1.30.39 | 1515 (V) 8th over 60 |
| T.Y.Bussey | 1.34.47 | 1577 |

16th FEBRUARY 1986 BASILDON SOUTHERN VETS C.C. CHAMPIONSHIPS

Over 40s: 1.T.Davis 32.00; 2.M.Duff 32.42; 3.B.O'Neill 32.53; 20.P.O'Connor 35.27;
66.T.Fairclough 37.44; 71.R.Bale 38.02; 80.J.Wasborough 38.52; 89.T.Stone 39.24
Teams: 1.Aldershot & Farnham 2.Cambridge H.
3.Barnet 11.BELGRAVE

Over 50s: 1. Gomez 34.4; 2. Geoghan 34.55; 3.J.Steep 36.11; 14.C.Walker 38.17;
41.C.Henn 41.52; 43.E.Strc
Teams: 1.Vale of Aylesbury 8.BELGRAVE

Over 55s: 3.C.Walker

29th MARCH 1986 CRANFORD THAMES VALLEY HARRIERS RELAY

8.P.O'Connor 18.27; 19.A.Stone 20.08; 15.K.Sinclair 19.50.
Teams: 1.Aldershot 2.Swansea 3.Verlea 15.BELGRAVE

5th JULY 1986 HARINGEY SOUTHERN VETERANS TRACK & FIELD CHAMPIONSHIPS

Results: 1500m (over 50) 1.L.O'Hara 4:29.1; 3000m Walk: (over 50) 1.J.Dunsford 15:31.1
(over 55) 1.D.Fotheringham 15:04.7; Long Jump: (over 40) C.(Snowy) Brooks 6.23m.
also finished 6th pos. in 100 and 200 meters.

The Ladies.

After the euphoria of gaining promotion to Division 2 of the Southern League in September, the Winter Season was rather an anti-climax. Over the country in the Surrey Womens League the seniors were unable to repeat the result of the previous season although we had a few more turning out, but injuries and illness to some runners meant that we were short at times. Having said that the Juniors finished in 3rd place after the 4 races and the Inters, who were having a separate race for the first time were 5th. The Seniors were 7th and the Girls 10th. In the County Championships we only had 2 representatives in the Middlesex and our Surrey team was depleted with no Senior representative. In the Juniors Jacqui Smiter was 13th and Natalie Fenyo (Middlesex) was 17th Girl home.

A new name appeared on the Senior Club Cross Country cup. Well done to Vicky Mitchell and another win in the Juniors for Jackie Stone.

Our Road Runners have been strengthened by the addition of Frances Guy, who broke several existing records quite considerably and was 2nd in the Mitcham A.C. 25Km Road Race and 2nd in the St. Albans Marathon. Meanwhile and I won't let on about her age, but Pam Davies keeps on going.

Our walkers too put in some good times with Rachael Parrott and Charlotte Christou in the Juniors and some excellent Walking from Susan Kew as well as Gail Porter (3rd in the Enfield Open 7 Miles).

During the winter season Wendy Dunsford's shot putting had improved considerably indoors and was putting over 12 metres. Team Selection was going to be difficult as we had 5 Senior shot putters all over 10 metres.

Turning to the summer season we started off very slowly and after our 3rd Match found ourselves in 23rd place in the table. Unfortunately we went down to Cambourne with a good team, but the match was rained off. We won our last 2 fixtures though and finished 9th. For the first time and as an experiment, we had a 2nd team and they finished 15th. Also we got through to the Semi Final of the GRE Cup for the first time and although we were 7th there were 3 club records that afternoon. We were also invited by Adidas to an International Athletes Club Field Events Championship at Birmingham where we finished 4th.

In the Thameside League the girls and juniors did well also and over all we won the Midweek League again.

The experiment of running a 2nd Southern League team was reasonably successful and will be continued for next season.

We had 4 County Championship winners - Wendy Dunsford (Middlesex-Shot), Helen Kemp (Surrey-Shot), Joanne Hilliard (Kent-High Jump) and Charlotte Christou (Middlesex 2500m Walk) all these plus Cindy James (Silver Medal in the Middlesex Shot) represented their county's in the Inter County Championships. In the Southern Championships Joanne Hilliard was our only medal winner coming 3rd in the High Jump.

On the roads Frances Guy continued her winning ways with firsts in the Edinburgh Marathon, the Poly Marathon and the Belgrave 20 Mile Road Race.

Well done to everybody for a good summer season, but we look forward to promotion to Division 1 and Division 3 in our Centenary Year (1987).

Thanks to all those people who came along to help and support (officials, parents etc.) and all in all with good team work from all quarters of the section without which we would find it very difficult. So, once again, thanks to all those concerned.

Good Luck -

Harry Porter

23rd NOVEMBER 1985

MORDEN PARK

SURREY WOMENS C.C. LEAGUE - MATCH 1

Our home meeting which seemed to be a better course than that at Wimbledon.

Girls 2.5K: 1.K.Lyford (Mitcham) 7.55; 2.J.Wilkinson (Mitcham) 8.00; 3.K.Ridgwell (Sy Beagles) 8.03; 18.N.Fenyoe 8.53; 26.L.Cannon 8.59; 46.A.Blacker 10.52.Teams: 1. Mitcham 14; 2.Surrey Beagles 35; 3. Woking 39; 7. BELGRAVE 108. 51 FinishedJuniors 3K: 1.L.Clark (Waverley) 8.33; 2.L.Mayer (Epsom) 8.38; 3.L.Radford (H.W.) 8.46; 10.J.Stone 8.59; 13.J.Smiter 9.27; 19.A.Fenyoe 9.36; 32.C.Gauge 10.34; 41.R.Parrott 11.11; 42.Angela Abrams 11.30; 43.C.James 11.48; 44.Andrea Abrams 12.34; 45.C.Christou 14.29;Teams: 1. Guildford & Godalming 58; 2. Mitcham 69; 3. BELGRAVE 73.Inters 4K: 1.S.Baines (Aldershot) 15.05; 2.K.Ruston (Sy Beagles) 15.46; 3.M.Evans (Sy Beagles) 15.51; 6.V.Mitchell 16.32; 11.G.Porter 17.25; 21.N.Christou 20.03;Teams: 1. Surrey Beagles 58; 2. Mitcham 62; 3.Epsom & Ewell 71; 4. BELGRAVE 75. 25 Finished.Seniors 5K: 1.S.March (Woking) 16.27; 2.M.Auerback (Ranelagh 16.35; 3.K.Ellis (Croydon) 16.39; 6.R.Honeychurch 17.09; 27.A.Briggs 19.01; 34.J.Pearce 19.19; 48.G.Collinson 20.26; 49.K.Charteris 20.31; 50.G.Tura 20.35; 68.S.Mulvey 24.02; 69 FinishedTeam: 1. Woking 37; 2.Thames Harr. & Hounds. 60; 3.Herne H.H. 72; 7. BELGRAVE 94.7th DECEMBER 1985 KING GEORGES PLAYING FIELD - EWELL SURREY WOMENS C.C. LEAGUE MATCH 2Girls: 1.J.Wilkinson (Mitcham) 10.51; 2.K.Lyford (Mitcham) 10.58; 3.K.Ridgwell (Sy Beagles) 11.02; 22.N.Fenyoe 12.16; 41.A.Blacker 18.41; 41 FinishedTeam: 1. Mitcham 18; 2.Epsom & Ewell 39; 3.Surrey Beagles 48; 8. BELGRAVE 128.Inters: 1.S.Baines (Aldershot) 15.36; 2.K.Ruston (Sy Beagles) 16.06; 3.J.Bristow (Walton) 16.15; 9.G.Porter 17.53 20 FinishedTeam: 1. Epsom & Ewell 47; 2.Surrey Beagles 50; 3.Herc.Wimbledon 63; 8. BELGRAVE 99.Juniors: 1.K.Sutton (Croydon) 11.51; 2.L.Mayer (Epsom) 12.16; 3.E.Berry (Epsom) 12.32; 8.J.Stone 12.59; 12.J.Smiter 13.16; 36.C.Gauge 15.32; 38.A.Fenyoe 15.59; 42.R.Parrott 16.14; 44.Angela Abrams 17.07; 45.C.James 17.11; 46.Andrea Abrams 18.04; 47.C.Christou 21.08; 47 FinishedTeam: 1. Epsom & Ewell H. 39; 2.Herc. Wimbledon 72; 3.Walton 79; 4.BELGRAVE 83.Seniors: 1.S.March (Woking) 20.02; 2. ? (Mitcham) 20.04; 3.A.Roden (S.London) 20.30; 13.R.Honeychurch 21.55; 23.J.Coppinger 22.50; 36.J.Pearce 24.01; 40.G.Tura 24.59; 52.Sarah Mulvey 28.32;Team: 1. Woking 48; 2.Thames Harr. & Hounds 55; 3.S.London H. 76; 8. BELGRAVE 105.11th JANUARY 1986 CROOKSBURY COMMON, TILFORD SURREY WOMENS C.C. LEAGUE - MATCH 3Girls: 1.K.Lyford (Mitcham) 10.15; 2.S.Cook (Croydon) 10.16; 3.J.Wilkinson (Mitcham) 10.28; 27.N.Fenyoe 11.34. 57 Finished.Team: 1. Mitcham 21; 2.Epsom & Ewell 53; 3.Croydon H. 58; 11. BELGRAVE 174.Inters: 1.S.Baines (Aldershot) 14.28; 2.M.Evans (S.Beagles) 15.44; 3.K.Ruston (S. Beagles) 16.10; 7.V.Mitchell 16.53; 10.G.Porter 17.27; 17.N.Christou 20.33; 21 Finished.Team: 1. Epsom & Ewell H. 31; 2.Surrey Beagles 38; 3.Croy. H 63; 4. BELGRAVE 65.Juniors: 1.K.Sutton (Croydon) 10.28; 2.L.Mayer (Epsom) 10.55; 3.L.Clark (Waverley) 11.02; 17.J.Stone 11.59; 22.J.Smiter 12.10; 38.A.Fenyoe 13.08; 47.R.Parrott 14.12; 50.Angela Abrams 14.33; 52.C.James 15.08; 53.Andrea Abrams 15.12; 53 FinishedTeam: 1.Croydon H. 45; 2.Epsom & Ewell H 45; 3.Camberley & Dist. 76; 8. BELGRAVE 112.Seniors: 1.S.March (Woking) 19.34; 2.J.Murray (Woking) 19.44; 3.M.Auerback (Ranelagh) 19.57; 21.J.Coppinger 22.32; 30.J.Pearce 23.33; 53.G.Tura 26.57; 63 FinishedTeam: 1. Woking 23; 2.Thames H. & Hounds. 60; 3.Herne Hill H. 71; 9.BELGRAVE 137;

1st MARCH 1986 BROCKWELL PARK SURREY WOMENS CROSS COUNTRY LEAGUE - MATCH 4

Juniors: 1.L.Radford (Her.Wimbledon) 15.58; 2.L.Clark (Waverley) 16.07; 3.J.Hubbard (Woking) 16.51; 7.J.Stone 17.51; 11.J.Smiter 18.24; 19 Finished.

Team: 1.Guildford & Godalming 41; 2.Woking 50; 3.Epsom & E 63; 4. BELGRAVE 74.

Seniors: 1.A.Bott (Woking) 21.14; 2.S.Lanham (Mitcham) 21.29; 3.K.Ellis (Croydon) 22.02; 13.J.Coppinger 23.53; 27.G.Collinson 27.23; 29.G.Tura 28.09; 36 Finished.

Team: 1.Wimbledon Windm. 51; 2.Thames H. & Hounds 57; 3.Woking 62; 8.BELGRAVE 107;

FINAL LEAGUE TABLE

| <u>Girls:</u> | <u>Points</u> | | <u>Juniors:</u> | <u>Points</u> | |
|-----------------------------|---------------|--------------|------------------------|---------------|--------------|
| | <u>League</u> | <u>Match</u> | | <u>League</u> | <u>Match</u> |
| 1.Mitcham | 38 | 83 | 1.Epsom & Ewell | 32 | 236 |
| 2.Epsom & Ewell | 31 | 210 | 2.Guildford | 32 | 257 |
| 3.Surrey Beagles | 27 | 224 | 3.BELGRAVE | 25 | 338 |
| 4.Woking | 26 | 226 | 4.Hercules W. | 23 | 312 |
| 5.Herne Hill | 18 | 399 | 5.Croydon H. | 21 | 347 |
| 6.Croydon (3 MATCHES) | 15 | 264 | 6.Surrey Beagles | 21 | 365 |
| 7.Walton (2 MATCHES) | 13 | 182 | 7.Waverley H | 18 | 363 |
| 8.Guildford (3 MATCHES) | 12 | 446 | 8.Woking (3 MATCHES) | 15 | 369 |
| 9.Hercules Wimb.(3 MATCHES) | 12 | 332 | 9.Walton (3 MATCHES) | 13 | 336 |
| 10.BELGRAVE H. (1 MATCH) | 8 | 406 | 10.Mitcham (1 MATCH) | 12 | 340 |
| <u>Inters:</u> | | | <u>Seniors:</u> | | |
| 1.Epsom & Ewell | 31 | 174 | 1.Woking | 51 | 170 |
| 2.Surrey Beagles | 28 | 210 | 2.Thames H. & H. | 49 | 231 |
| 3.Croydon H | 20 | 280 | 3.Herne Hill | 41 | 313 |
| 4.Mitcham (3 MATCHES) | 19 | 276 | 4.Wimbledon Windm. | 37 | 343 |
| 5.BELGRAVE H. | 16 | 237 | 5.Croydon (3 MATCHES) | 35 | 365 |
| 6.Hercules W.(3 MATCHES) | 16 | 246 | 6.S.London | 28 | 303 |
| 7.Walton (3 MATCHES) | 12 | 284 | 7.BELGRAVE (3 MATCHES) | 25 | 343 |
| 8.Aldershot (3 MATCHES) | 11 | 291 | 8.Ranelagh | 22 | 333 |

14th DECEMBER 1985 UXBRIDGE MIDDLESEX COUNTY WOMENS C.C. CHAMPIONSHIPS

Girls 2500: 1.A.Meehan (Enfield) 11.50; 2. Harper (Hounslow) 11.53; 3.C.Paul (Hounslow) 12.00; 17.N.Fenyoe 13.20 45 Finished.

Team: 1.Hounslow 33; 2.Haringey 46; 3.Uxbridge 54.

Juniors 3500: 1.A.Whitcombe (Parkside) 12.39; 2.N.Ashe (Hounslow) 12.56; 3.H.Hastings (Parkside) 13.18; 41.A.Fenyoe 16.59. 58 Finished.

Team: 1. Parkside 24; 2.Hounslow 46; 3.Uxbridge 98.

14th DECEMBER 1985 FRIMLEY SURREY COUNTY WOMENS CROSS COUNTRY CHAMPIONSHIPS

Girls: 57.A.Blacker 14.41; Juniors: 13.J.Smiter 13.47; 23.J.Stone 14.19; 40.C.Gauge 16.47; Inters: 12.G.Porter 16.19.

1st FEBRUARY 1986 PETERBOROUGH SOUTHERN COUNTIES WOMENS C.C. CHAMPIONSHIPS

Juniors: 1.J.Adkin (Tonbridge) 12.04

Inters: 1.P.Mason (Guildford) 16.47; 73.N.Christou 18.09. 97.G.Dorrey 104.J.Pearce 119.G.Collinson 136.C.Goulden

Seniors: 1.Z.Budd (Aldershot)

15th FEBRUARY 1986 LEICESTER NATIONAL WOMENS CROSS COUNTRY CHAMPIONSHIPS

Girls: 408.N.Fenyoe Juniors: 249.J.Stone Inters: 227.G.Porter

Seniors: 1.C.Bradford (Clevedon) 300.G.Doray 397.J.Pearce 440.G.Collinson 492.G.Tura

22nd FEBRUARY 1986 WIMBLEDON BELGRAVE HARRIERS CLUB CROSS COUNTRY CHAMPIONSHIP

Juniors: 1.J.Stone 10.52; 2.J.Smiter 11.23; 3.C.James 14.22; 4.Angela Abrams 14.37; 5.Andrea Abrams 15.39; 6.C.Christou 18.39;

Seniors: 1.V.Mitchell 14.26; 2.J.Coppinger 14.33; 3.G.Tura 16.54; 4.C.Scanlon 20.31; 4.C.James 21.39; 5.J.Christou 22.47; 6.K.McNeil 24.49.

SATURDAY 5th APRIL 1986 BATTERSEA PARK BELGRAVE HARRIERS LADIES INTER CLUB

Results: 1.Boro Kingston AC 211; 2.BELGRAVE 176; 3.Redhill & Reigate 166;
4.Epsom & Ewell 147½; 5.Surrey Beagles 120; 6.Herne Hill H 113;

Juniors: 100m: 5.M.McIntosh 14.7; 6.T.Sayers 16.1; 200m: 6.L.Cannon 34.2; 6.A.Blacker 35.4;
800m: 4.L.Cannon 2:53.3; 6.S.Keeble 4:07.3; 1500m: 1.J.Stone 5:19.5; 1.J.Smiter
5:22.5; 75mH: 4.J.Stone 15.4; HJ: 4.J.Stone 1.30; 3.R.Parrott 1.20; LJ: 5.
M.McIntosh 3.76; 6.T.Sayers 3.12; Shot: 3.R.Parrott 7.24; 3.D.Bowen 6.46;
Discus: 2.D.Bowen 22.44; Jav. 2.R.Parrott 21.26; 4x100m R: 6. 62.9.

Seniors: 100m: 3.A.Coore 13.0; 2.J.Palmer 13.4; 200m: 4.A.Coore 26.9; 3.J.Palmer 28.1;
400m: 6.G.Porter 68.7; 800m: 4.C.Scanlon 2:30.2; 4.K.McNeil 4:05.0; 1500m: 2.
R.Honeychurch 4:50.2; 1.J.Webb 4:54.9; 3000m: 1.J.Coppinger 11:23.8; 2.G.Tura
12:28.9; 100m H: 3.Angela Abrams 19.4; 3.D.Catlin 24.8; 400m H: 2.G.Porter 71.5;
2.N.Christou 74.6; HJ: 1.J.Hilliard 1.65; 1.Andrea Coore 1.50; LJ: 5.Andrea
Abrams (no details) 4.P.Sybliss (no details) Shot: 1.H.Kemp 11.96; 1.J.Hilliard
11.47; Discus: 1.J.Hilliard 44.18; 1.H.Kemp 30.64. Jav: 1.T.Denton 38.10;
1.J.Hilliard 27.14; 4x100m R: 3.53.9. 4x400m Relay: 4. 4:33.7.

Non scorers were better times or distances than scoring athletes

Junior 800m: M.Harrison 2:48.7; C.Christou 3:58.0. Senior 3000m: A.Laine 12:11.9
Junior LJ: L.Cannon 3.40; Senior Shot: W.Dunsford 11.63;

19th APRIL 1986 BATTERSEA PARK WOMENS SOUTHERN LEAGUE DIVISION 2

Results: 1.Thurrock H 192; 2.Mid Hants AC 140; 3.Brighton & Hove 139.
4.BELGRAVE 133½; 5.Oxford City 126½.

Juniors: 100m: 5.T.Ritson 14.3; 5.M.McIntosh 14.5; 200m: 5.T.Ritson 30.4; 5.M.McIntosh 31.6;
800m: 5.M.Harrison 2:45.6; 5.N.Fenyo 2:50.1; 1500m: 4.J.Stone 5:13.9; 4.J.Smiter
5:31.8; 75mH: 4.M.Harrison 14.0; HJ: 3.T.Ritson 1.25; =3.M.Harrison 1.20;
LJ: 5.T.Sayers 3.40; 5.A.Blacker 3.18; Shot: 3.D.Bowen 7.80; 1.R.Parrott 6.64;
Discus: 2.D.Bowen 25.24; 1.R.Parrott 18.36; Jav. 3.R.Parrott 19.88; 4x100m Relay:
5. 58.2;

Seniors: 100m: 2.A.Coore 12.7; 1.J.Palmer 13.2; 200m: 2.A.Coore 26.2; 2.J.Palmer 27.5;
400m: 5.D.Conaro 67.4; 5.N.Christou 68.0; 800m: 4.V.Mitchell 2:35.6; 3.C.Scanlon
2:26.7; 1500m: 2.J.Webb 4:54.6; 4.G.Collinson 5:38.2; 3000m: 1.R.Honeychurch
10:11.4; 2.J.Coppinger 11:05.6; 100mH: 1.E.Oshruire 16.2; 2.N.Christou 18.9;
400mH: 5.G.Porter 75.4; 1.N.Christou 71.6; HJ: 2.A.Coore 1.55; 4.Andrea Abrams
1.30; LJ: 3.Andrea Abrams 4.67; 4.P.Sybliss 4.29; Shot: 1.E.Oshruire 10.56;
3.C.James 7.74; Discus: 2.C.James 28.86; 3.E.Oshruire 23.68; Javelin: 1.T.Denton
39.36; 1.E.Oshruire 29.16; 4x100m Relay: 2. 52.0; 4x400m Relay: 5. 4:21.8.
Non Scoring - 80mH: Angela Abrams 12.7.

23rd APRIL 1986 TOOTING BEC SURREY COUNTY AAA v. SURREY PRESIDENTS TEAM

150m: 4.A.Coore 19.2.

26th/27th APRIL 1986 TOOTING BEC SURREY COUNTY CHAMPIONSHIPS

Juniors: 800m: (Heats) 2.J.Stone 2:28.9; 7.J.Smiter 2:42.0; 9.L.Cannon 2:47.0;
Final: 5.J.Stone 2:28.2; 2500m Walk: 14.C.Christou 17:01.2 (Open Race)
R.Parrott did not finish.

Seniors: 3000m: 4.R.Honeychurch 10:11.1; 7.J.Webb 10:36.7; Javelin: 2.T.Denton 39.80m

27th APRIL 1986 WEST LONDON MIDDLESEX COUNTY CHAMPIONSHIPS

Inter 400m H: 5.N.Christou 75.9; Inter 4x100m Relay: 3. 51.7.

20th APRIL 1986 MARS LONDON MARATHON

24.F.Guy 2H:49.30; 112.P.Davies 3H.13.53

30th APRIL 1986 MOTSPUR PARK UNIVERSITY OF LONDON CHAMPIONSHIPS

200m: Final 2.E.Oshruire 27.4; 100mH Final: 2.E.Oshruire 17.7; (Ht.16.5) LJ: 2.E.Oshruire
5.20m; Javelin: 2.E.Oshruire 30.98m.

3rd MAY 1986 REDDITCH ENGLISH SCHOOLS WALKING CHAMPIONSHIPS

Junior: 2500m: 2.R.Parrott 14.04; 58.C.Christou 65.S.Barker

3rd MAY 1986

NIKE STADIUM, BRACKNELL

WOMENS SOUTHERN LEAGUE DIVISION 2

Results: 1.Lpsom & Ewell 177; 2.Guildford & Godalming 166; 3.Colchester 133;
4.Aldershot, Farnham & Dist. 128; 5.BELGRAVE 125.

Juniors: 100m: 5.M.McIntosh 15.0; 5.T.Sayers 16.1; 200m: 5.T.Ritson 30.1; 5.M.McIntosh 31.7;
800m: 5.M.Harrison 2:41.2; 5.N.Fenyoe 2:49.0; 1500m: 4.J.Stone 5:23.0; J.Smiter
5.34; 75mH: 5.M.Harrison 14.7; HJ: 3.T.Ritson 1.30; 4.M.Harrison 1.20;
LJ: 4.M.McIntosh 4.11; 5.T.Sayers 3.41; Shot: 2.D.Bowen 8.25; 3.N.Fenyoe 5.56;
Discus: 1.D.Bowen 25.62; Javelin: 3.D.Bowen 16.88; 4.T.Ritson 13.44; 4x100m Relay:
4. 56.0.

Seniors: 100m: 3.A.Coore 12.8; 3.J.Palmer 13.4; 200m: 2.A.Coore 26.6; 4.J.Palmer 27.6;
400m: D.Conaro 5th 64.1; 5.G.Collinson 64.5; 800m: 4.C.Scanlon 2:21.9; 4.G.
Collinson 2:30.0; 1500m: 4.R.Honeychurch 4:47.2; 1.J.Webb 4:49.6; 3000m: 3.J.
Coppinger 10:50.9; 5.G.Tura 12:22.4; 100mH: 5.N.Christou 18.5; 1.Angela Abrams
18.5; 400mH: 5.N.Christou 73.9; HJ: 1.J.Hilliard 1.70; 1.A.Coore 1.55; LJ: 2.
Andrea Abrams 4.83; 4.P.Sybliss 4.30; Shot: 1.H.Kemp 12.03; 1.W.Dunsford 11.96;
Discus: 1.J.Hilliard 47.44; 2.H.Kemp 27.00; Javelin: 1.T.Denton 37.36; 1.J.Hilliard
29.60; 4x100m Relay: 3. 50.8; 4x400m Relay: 5. 4:24.4;

4th MAY 1986

EMBANKMENT TRACK, PETERBOROUGH

WOMENS SOUTHERN LEAGUE DIVISION 4

Results: 1.Gt.Yarmouth 222½; 2.Huntingdon 183; 3.BELGRAVE 173; 4.Braintree & Dist. 172;
5.Diss 105½.

Juniors: 100m: 4.A.Blacker 18.1; 3.L.Cannon 16.5; 200m: 3.J.Smiter 31.9; 5.A.Blacker 36.0;
800m: 3.J.Stone 2:37.7; 1.J.Smiter 2:45.6; 1500m: 3.L.Cannon 5:41.1; 2.N.Fenyoe
6:03.5; 74mH: 3.J.Stone 15.6; HJ: 3.J.Stone 1.25; N.Fenyoe (no height)
LJ: 3.J.Smiter 4.37; 5.A.Blacker 3.25; Shot: 5.R.Parrott 6.21; 5.C.Christou 3.35;
Discus: 4.R.Parrott 16.56; 5.S.Keeble 7.68; Javelin: 3.R.Parrott 19.80; 2.N.Fenyoe
14.74; 4x100m Relay: 4. 61.6;

Seniors: 100m: 2.Andrea Abrams 14.5; 1.Angela Abrams 15.3; 200m: 3.P.Sybliss 31.4;
1.C.James 29.8; 400m: 3.A.Wotherspoon 69.7; 2.C.James 67.6; 800m: 3.G.Tura
2:45.9; 3.K.McNeil 3:50.6; 1500m: 3.G.Tura 5:56.0; 3.S.Mulvey 6:59.6; 3000m:
3.A.Fenyoe 13:37.5; 3.V.Tanner 14:38.9; 100mH: 1.A.Coore 17.7; 400mH: 2.N.
Christou 74.4; HJ: 2.Andrea Abrams 1.35; LJ: 2.A.Coore 4.94; 1.D.Conaro 4.38;
Shot: 2.C.James 8.40; 2.S.Mulvey 6.09; Discus: 1.C.James 28.56; 4.K.McNeil 12.90;
Javelin: 5.K.McNeil 10.52; Sarah Mulvey - no distance. 4x100m Relay: 3. 57.3
4x400m Relay: 2. 4:34.6 (disqualified).
Non scorers - Seniors 100m: Andrea Coore 13.6; D.Conaro 14.6; P.Sybliss 15.0

10th MAY 1986

BATTERSEA PARK

THAMESIDE LEAGUE

Girls: 1.Yateley 82; 2.Middlesex 70; 3.Tower Hamlets 69; 4.BELGRAVE 43;
5.Croydon 30; 6.Twickenham 23.

Juniors: 1.Middlesex 105; 2.BELGRAVE 93; 3.Tower Hamlets 90; 4.Twickenham 87; 5.Yateley 49.

Girls: 100m: 3.M.McIntosh 13.9; 4.T.Sayers 15.5; 200m: 5.A.Blacker 33.9; 800m: N.Fenyoe 4.
2:45.0; 5.K.Gordon 3:07.7; HJ: 1.M.McIntosh 1.28; 1.A.Blacker 1.05; LJ: 3.M.
McIntosh 3.98; 2.T.Sayers 3.30; Shot: 4.N.Fenyoe 4.93; 2.T.Sayers 4.88;

Juniors: 100m: 3.T.Ritson 13.7; 2.M.Harrison 13.4; 200m: 5.T.Ritson 29.2; 1.M.Harrison 28.4;
800m: 4.L.Cannon 2:44.1; 1500m: 3.J.Stone 5:11.2; 1.J.Smiter 5:24.7; 75mH: 4.
J.Stone 14.3; 2.J.Smiter 14.5; 1600m Walk: 1.R.Parrott 8:58.0; 1.C.Christou
10:16.5; HJ: 3.J.Stone 1.35; 1.T.Ritson 1.30; LJ: 3.J.Smiter 4.21; 5.E.White
2.80; Shot: 3.D.Bowen 8.48; 3.R.Parrott 6.72; Discus: 1.D.Bowen 27.68;
5.S.Keeble 6.94; Javelin: 3.R.Parrott 18.06; 3.L.Cannon 6.88. 4x100m Relay: 4:57.3.

11th MAY 1986

TOOTING BEC

G.R.E. CUP - ROUND 1

Results: 1.Cambridge 102; 2.BELGRAVE 100; 3.S.London 93; 4.Surrey Beagles 85;
5.Bexley Borough 66; 6.Hercules Wimbledon 54.

100m: 3.A.Coore 13.1; 200m: 2.A.Coore 25.8; 400m: 4.D.Conard 63.5; 800m: 5.G.Tura 2:35.5;
1500m: 2.J.Coppinger 4:58.0; 3000m: 3.J.Webb 10:40.2; 100mH: 2.Angela Abrams 17.3; 400mH:
3.N.Christou 73.2; HJ: 1.J.Hilliard 1.60; LJ: 3.A.Coore 4.90; Shot: 1.H.Kemp 12.64;
Discus: 1.J.Hilliard 49.36; Javelin: 2.T.Denton 39.16; 4x100m Relay: 2. 50.7; 4x400m Relay:
4. 4:25.8.

12-17th MAY 1986

MOTSPUR PARK

SURREY COUNTY CHAMPIONSHIPS

Monday 12th May: Senior Ladies 200m: (Ht) 3.A.Coore 27.5

Tuesday 13th May: Inter Ladies 200m: (Ht) 1.J.Palmer 27.0

Thurs. 15th May: Junior Ladies 1500m: (Ht) 4.J.Stone 5:13.8

(Ht) 4.J.Smiter 5:23.3

Saturday 17th May: Junior Ladies 1500m: Final 8.J.Stone 5:12.6 (13.2) Heat)

Inter Ladies 100m: Semi Final 5.J.Palmer 13.3

Inter Ladies 200m: Semi Final 4.J.Palmer 27.3

Senior Ladies 100m: (Ht) 4.A.Coore 13.2; 1500m Final: 5.J.Webb 4:44.3;

LJ Final: 4.A.Coore 5.03m; Shot: Final

1.H.Kemp 12.29m; 5.D.Whall-Roberts 9.62m.

17th MAY 1986

QUEEN ELIZABETH STADIUM, ENFIELD

MIDDLESEX COUNTY CHAMPIONSHIP

Junior Ladies: 2500m Walk 1.C.Christou 17:10.9 (C.B.P.)Inter Ladies 200m N.Christou 80mH Final: 3.Angela Abrams 12.9;
6.N.Christou 13.8; LJ: 6.Andrea Abrams 4.80; Shot: 2.C.James 8.49;
Discus: 2.C.James 29.04.Senior Ladies: Shot: 1.W.Dunsford 12.10; Discus: 6.W.Dunsford 30.12.

Sunday 1st May -

Inter Ladies 100m Final: 6.Andrea Abrams 13.0; 8.Angela Abrams 13.4.400m Heat: 5.N.Christou 68.3

17-18 MAY 1986

CRYSTAL PALACE

KENT COUNTY CHAMPIONSHIPS

Senior Ladies: High Jump: 1.J.Hilliard 1.75; Discus: J.Hilliard

25th MAY 1986

CWMBRAN

U.K. CLOSED CHAMPIONSHIPS

Discus: 4.J.Hilliard 51.12m.

31st MAY 1986

COPTHALL

WAAA 10000m WALKING CHAMPIONSHIPS

6. S.Kew 56:45.4

31st MAY 1986

COPTHALL

SOUTHERN COUNTIES W.A.A.A. CHAMPIONSHIPS

Inter 4x100m RelayInter 4x200m Relay

21st MAY 1986

EWELL COURT

MIDWEEK LEAGUE

Results: 1.BELGRAVE 75; 2.Epsom & Ewell 61; 3.Hercules Wimbledon 54;
4.Kingston & Poly 40; 5.Walton 38; 6.South London 15.Juniors: 100m: 4.A.Blacker 16.8; 200m: 5.M.McIntosh 31.1; 800m: 2.J.Stone 2:39.5;
1500m: 3.J.Smiter 5:25.6; 75mH: 3.J.Stone 17.0; HJ: 2.J.Stone 1.30;
Javelin: 3.R.Parrott 17.32; 4x200m Relay: 4. 2:16.0.Seniors: 100m: 1.A.Coore 13.4; 200m: 1.A.Coore 27.2; 400m: 2.N.Christou 65.1;
800m: 2.J.Webb 2:23.4; 1500m: 1.J.Webb 4:52.9; LJ: 1.A.Coore 5.19m.
Shot: 3.C.James 8.46; 4x200m Relay: 1. 1:51.5.

31st MAY 1986

BATTERSEA PARK

THAMESIDE LEAGUE

Results: 1.Croydon H 186; 2.Camberley & Dist. 180½; 3.Yateley & Dist. 116;
4.Herne Hill H 108; 5.BELGRAVE 101; 6.Twickenham AC 65½.Girls: 100m: 3.M.McIntosh 14.1; 5.A.Blacker 16.2; 200m: 5.A.Blacker 34.4;
3.Katy Gordon 34.0; 800m: 5.A.Amhyia 3:05.5; 70mH: 4.A.Amhyia 16.3.
HJ: 1.M.McIntosh 1.25m; 2.A.Blacker 1.00m; LJ: 2.M.McIntosh 4.14m;
4.K.Gordon 3.12; 4x100m Relay: Disq.Juniors: 100m: 3.M.Harrison 14.0; 6.Susan K 18.0; 200m: 4.M.Harrison 28.7;
6.L.Cannon 34.0; 800m: 4.L.Cannon 2:41.7; 1500m: 3.J.Stone 5:29.4;
1.J.Smiter 5:36.6; 75mH: 3.J.Stone 14.4; 2.J.Smiter 14.0; 1600m Walk:
6.C.Christou 10.08; HJ: 5.J.Stone 1.20m. LJ: 4.J.Smiter 4.28; 4.L.Cannon
3.72m; Shot: 2.D.Bowen 7.20m; 2.R.Parrott 6.88m; Discus: 1.D.Bowen 25.02;
1.R.Parrott 19.12; Javelin: 5.R.Parrott 16.16; 4x100m Relay: 6. 67.5.

1st JUNE 1986

TOOTING BEC

G.R.E. CUP - 2ND ROUND

Results:

1.Southampton & East. 180½; 2.Bromley Ladies 165; 3.Woking 140;
 4.BELGRAVE 139; 5.Mitcham & Sutton 135; 6.Portsmouth Atlanta 133;
 =7.Crawley 127½; =7.Herne Hill H 127½; 9.Bournemouth 121½; 10.Cambridge 112½;
 11.Fareham 104; 12.Parkside L.A.C. 91½; 13.South London H 88; 14.Brighton
 & Hove 73; 15.Uxbridge L.A.C. 66½.

100m: 13.J.Palmer 13.4; 200m: 4.A.Coore 25.9; 400m: 14.J.Wrighton 64.5; 800m: 7.C.Scanlon 2.22;
1500m: 10.G.Dorey 5:03.9; 3000m: 10.J.Webb 10:46.7; 100mH: 8.Angela Abrams 17.1; 400mH: 12.
 N.Christou 75.3; HJ: 1.J.Hilliard 1.75m; LJ: 1.A.Coore 5.54 P.B.; Shot: 3.H.Kemp 13.05 Cr.
Discus: 1.J.Hilliard 49.10; Javelin: 3.T.Denton 40.14; 4x100m Relay: 8.50.9; 4x400m Relay:
 9th 4.20.1

4th JUNE 1986

TOOTING BEC

MIDWEEK LEAGUE

Results:

1.BELGRAVE 81; 2.Hercules Wimbledon 68; 3.South London H 41;
 4.Walton AC 38; 5.Kingston & Poly 27; 6.Epsom & Ewell 9;

Juniors:

100m: 3.M.McIntosh 14.6; 200m: 4.M.McIntosh 30.6; 1500m: 1.J.Smiter 5:27.3;
2000m Walk: 1.R.Parrott 11:54.1; LJ: 3.M.McIntosh 4.18m; Discus: 2.
 R.Parrott 17.66m; 4x200m Relay: 3. 2:11.2;

Seniors:

100m: 1.A.Coore 13.2; 200m: 1.A.Coore 26.7; 400m: 2.D.Conaro 62.8;
800m: 2.V.Mitchell 2:36.9; 1500m: 2.G.Tura 5:35.5; 100mH: 1.Angela
 Abrams 18.0; HJ: 1.Andrea Abrams 1.50; Javelin: 3.C.James 12.12m;
4x200m Relay: 1. 1:49.6 Cr.

1st JUNE 1986

TOOTING BEC

GRE CUP - SECOND ROUND

| | | | | | |
|-----------------------|------|-----------------------|------|----------------------|-----|
| 1. South. & Eastleigh | 180½ | 6.Portsmouth Aimanta | 133 | 11.Fareham A.C. | 104 |
| 2. Bromley Ladies | 165 | 7.Crawley A.C. | 127½ | 12.Parkside Ladies | 91½ |
| 3. Woking A.C. | 140 | 8.Herne Hill Harriers | 127½ | 13.S.London Harriers | 88 |
| 4. BELGRAVE HARRIERS | 139 | 9.Bournemouth A.C. | 121½ | 14.Brighton & Hove | 73 |
| 5. Mitcham & Sutton | 135½ | 10.Cambridge Harriers | 112½ | 15.Uxbridge Ladies | 66½ |

100m: 13.J.Palmer 13.4; 200m: 4.A.Coore 25.9; 400m: 14.J.Wrighton 65.6; 800m: 7.C.Scanlon
 2:22.0; 1500m: 10.G.Dormy 5:03.9; 3000m: 10.J.Webb 10:46.7; 100mH: 8.Angela Abrams 17.1;
400mH: 12.N.Christou 75.3; HJ: 1.J.Hilliard 1.75; LJ: 1.A.Coore 5.54; Shot: 3.H.Kemp 13.05;
Discus: 1.J.Hilliard 49.10; Javelin: 3.T.Denton 40.14; 4x100m Relay: 8th 50.9 (Cindy James,
 Angela Abrams, Andrea Abrams, Andrea Coore); 4x400m Relay: 9th 4:20.1 (Caroline Scanlon,
 Jane Wrighton, Nina Christou, Dezrine Conaro)

4th JUNE 1986

TOOTING BEC

MIDWEEK LEAGUE

1. BELGRAVE HARRIERS 81; 2.Herc.Wimbledon 68; 3.S.London Harriers 41;
 4. Walton A.C. 38; 5.Kingston & Poly 27; 6.Epsom & Ewell Harriers 9.

Juniors:

100m: 3.M.McIntosh 14.6; 200m: 4.M.McIntosh 30.6; 1500m: 1.J.Smiter 5:27.3.
2000m Walk: 1.R.Parrott 11:54.1; Long Jump: 3.M.McIntosh 4.18; Discus:
 2.R.Parrott 17.66; 4x200m Relay: 3rd 2:11.2.

Seniors:

100m: 1.A.Coore 13.2; 200m: 1.A.Coore 26.7; 400m: D.Conaro 2nd 62.8;
800m: 2.V.Mitchell 2:36.9; 1500m: 2.G.Tura 5:35.5; 100mH: 1.Angela Abrams 18.0;
High Jump: 1.A.Coore 1.50; Javelin: 3.C.James 12.12; 4x200m Relay: 1st 1:49.6
 (Cindy James, Angela Abrams, Andrea Abrams, Andrea Coore)

21st JUNE 1986

CARN BRAE LEISURE CENTRE, REDRUTH

WOMENS SOUTHERN LEAGUE - DIV.2

Match cancelled - ground unfit. Competing teams in alphabetical order:
 Belgrave Harriers, Cornwall A.C., Fareham A.C., Stevenage & North Herts A.C.
 Uxbridge Ladies A.C.

14th JUNE 1986

MOTSPUR PARK

SURREY SCHOOLS CHAMPIONSHIPS

Senior Girls 1500m: 3.J.Webb 4:49.3, Javelin: 1.T.Denton 38.10

21st JUNE 1986 BATTERSEA PARK WOMENS SOUTHERN LEAGUE - DIVISION 4

1.Brentwood A.C. 258, 2.Braintree & District 169; 3.Croydon Harriers 164; BELGRAVE 100;

Juniors: 100m: 4.T.Sayers 15.8; 4.A.Blacker 16.2; 200m: 4.A.Blacker 34.8;
Long Jump: 4.T.Sayers 3.51; 2.A.Blacker 3.45; Shot: 3.T.Sayers 4.90;
Discus: 4.S.Keeble 9.92;Seniors: 100m: 1.P.Subliss 13.6; 4.R.Evans 15.2; 200m: 3.P.Sybliss 28.5; 2.A.Wotherspoon 29.3; 400m: 3.A.Wotherspoon 65.5; 1.S.Druce 66.3; 1500m: 3.S.Mulvey 6:57.5;
3000m: 1.A.Laing 11:37.1; 100mH: 2.J.Smallacombe 22.9; Long Jump: 2.P.Sybliss 4.62;
4.R.Evans 3.42; Shot: 2.D.Whall Roberts 10.52; 4.K.McNeil 5.48; Discus: 3.D.Whall Roberts 24.50; 4.K.McNeil 14.55; Javelin: 4.A.Wotherspoon 12.24;
4.K.McNeil 11.14; 4x100m Relay: 4th 57.4 (P.Sybliss, J.Smallacombe, A.Wotherspoon, R.Evans).25th JUNE 1986 NORBITON MIDWEEK LEAGUE1.Kingston & Poly. Harriers 74; 2.BELGRAVE 66; 3.Herc.Wimb.A.C. 57;
4.Walton A.C. 50; 5.Epsom & Ewell 42.Juniors: 100m: 5.A.Blacker 15.6; 200m: 5.A.Amihiya 31.3; 800m: 3.L.Cannon 2:39.4;
1500m: 1.J.Stone 5:26.2; High Jump: 4.J.Stone 1.25; Shot: 5.R.Parrott 6.86;
4x200m Relay: 4th 2:10.9 (A.Amihiya, J.Stone, L.Cannon, A.Blacker).Seniors: 100m: 1.A.Coore 12.9; 200m: 1.A.Coore 26.3; 400m: 2.C.James 65.8;
800m: 2.G.Collinson 2:32.5; 1500m: 1.J.Webb 4:47.4; Long Jump: 1.A.Coore 4.98;
Discus: 3.C.James 30.58; 4x200m Relay: 1st 1:51.4 (C.James, D.Conaro, J.Webb, A.Coore).28th/29th JUNE 1986 COPTHALL SOUTHERN COUNTIES W.A.A.A. CHAMPIONSHIPSSenior Ladies: 100m 7th (Heat) A.Coore 12.9Senior Ladies: 200m (Heat) A.Coore 1500m: 9.J.Webb 4:45.0Inter Ladies: 80mH: Angela Abrams 400mH: N.ChristouSenior Ladies: High Jump: 3.J.Hilliard 1.80; Long Jump: A.Coore 4.98;
Shot: 10.H.Kemp 11.78; 11.W.Dunsford 11.63; Discus: 4.J.Hilliard 46.98
Javelin: 9.T.Denton 40.64;Junior Ladies: 2500m Walk: 6.R.Parrott5th JULY 1986 BATTERSEA PARK THAMESIDE LEAGUE1.Camberley & Dist. 154½; 2.Twickenham 108; 3.BELGRAVE 96;
4.Yateley & Dist. 93; 5.Queens Park Harriers 92½.Girls: 100m: 1.M.McIntosh 14.1; 2.A.Amihiya 14.6; 200m: 1.M.McIntosh 29.2;
3.A.Amihiya 31.5; 800m: 2.N.Fenyoe 2:47.8; 1.K.Gordon 2:58.3; High Jump: 1.M.McIntosh 1.40; Long Jump: 3.T.Sayers 3.48; 3.A.Blacker 3.30; Shot: 5.T.Sayers 5.06; 4x100m Relay: 2nd 59.6 (M.McIntosh, A.Amihiya, T.Sayers, A.Blacker)Juniors: 100m: 3.T.Ritson 13.7; 200m: 3.T.Ritson 29.4; 800m: 4.J.Stone 2:35.7; 2.L.Cannon 2:39.0; 1500m: 2.J.Smiter 5:32.0; 75mH: 4.J.Smiter 14.0; 1.J.Stone 14.8;
1600m Walk: 4.C.Christou 10:22.0; High Jump: 2.T.Ritson 1.35; 1.J.Stone 1.30;
Long Jump: 1.J.Smiter 4.37; 3.L.Cannon 3.26; Shot: 4.J.Stone 4.91; 5.C.Christou 3.61; Discus: 4.R.Parrott 15.14; Javelin: 2.R.Parrott 17.34; 4x100m Relay: 3rd 58.0 (T.Ritson, J.Stone, J.Smiter, L.Cannon)12th JULY 1986 BATTERSEA PARK CLUB CHAMPIONSHIPSJuniors: 100m: 1.T.Ritson 14.0; 2.M.McIntosh 14.4; 3.F.Lambir 14.6; 4.A.Amihiya 15.1;
5.T.Sayers 15.4; 6.A.Blacker 17.1;
200m: 1.T.Ritson 29.3; 2.M.Eccleston 30.1; 3.F.Lambir 31.4; 4.T.Sayers 33.2;
5.A.Blacker 36.0.800m: 1.J.Stone 2:32.3 (Champ.Best) 2.S.Huntley 2:35.4; 3.L.Cannon 2.36.1;
4.N.Fenyoe 2:46.8; 5.A.Amihiya 2:51.8; 6.K.Gordon 3:02.0;
1500m: 1.J.Stone 5:24.2; 2.J.Smiter 5:36.0;
75m Hurdles: 1.J.Stone 13.6; 2.J.Smiter 14.3;
High Jump: 1.T.Ritson 1.35; 2.J.Smiter 1.35; 3.J.Stone 1.30; 4.R.Parrott 1.20.
Long Jump: 1.J.Smiter 4.54; 2.T.Sayers 3.66; 3.A.Blacker 3.49;
Shot: 1.R.Parrott 6.75; 2.A.Blacker 4.52; 3.T.Sayers 4.42; 4.C.Christou 3.45.
Javelin: 1.R.Parrott 18.54 (Champ.Best) 2.T.Ritson 13.68; 3.C.Christou 4.12.

Seniors: 100m: 1.A.Coore 12.6 (= Championship Best); 2.J.Palmer 12.7; 3.Andrea Abrams 13.2; 4.Angela Abrams 13.6; 5.P.Sybliss 14.1; 6.R.Evans 14.5;
200m: 1.Andrea Coore 26.1 (Championship Best) 2.J.Palmer 26.5; 3.C.James 27.5; 4.R.Evans 30.7;
400m: 1.D.Conaro 62.0 (Championship Best), 2.G.Collinson 63.0; 3.N.Christou 63.6, 4.A.Wotherspoon 66.1; 5.G.Tura 66.5;
800m: 1.J.Webb 2:22.4; 2.G.Collinson 2:24.6; 3.J.Coppinger 2:28.9; 4.G.Tura 2:34.2;
 5.A.Wotherspoon 2:36.1; 6.A.Fenyoe 2:39.7;
1500m: 1.J.Webb 4:51.5; 2.J.Coppinger 5:10.0; 3.A.Laing 5:20.5;
100m Hurdles: 1.A.Coore 16.6; 2.Angela Abrams 18.3; 3.N.Christou 18.4;
High Jump: 1.J.Hilliard 1.70 (Championship Best), 2.A.Coore 1.45; 3.Andrea Abrams 1.40;
Long Jump: 1.J.Hilliard 5.28; 2.A.Coore 5.20; 3.Andrea Abrams 4.92; 1.40;
 4.P.Sybliss 4.68; 5.R.Evans 4.20;
Shot: 1.H.Kemp 12.86 (Championship Best), 2.W.Dunsford 12.22; 3.J.Hilliard 11.98; 4.C.James 8.73; 5.K.McNeil 5.52;
Discus: 1.J.Hilliard 47.88 (Championship Best), 2.H.Kemp 31.98; 3.W.Dunsford 31.26; 4.C.James 30.70; 5.Andrea Abrams 18.66;
Javelin: 1.Angela Abrams 17.50; 2.Andrea Abrams 17.46;
4x100m Relay: 1.Inters 52.0; 2.Seniors 53.8; 3.Juniors 59.6; 4.Girls 62.1

16th JULY 1986

BATTERSEA PARK

MIDWEEK LEAGUE

1.BELGRAVE 78; 2.Herc.Wimbledon 71; 3.Kingston & Poly. 30; 4.Walton 28; 5.S.London H. 3;

Juniors: 100m: 1.M.De Leon 12.8; 200m: 1.M.De Leon 26.7; 800m: 2.S.Huntley 2:39.2;
Long Jump: 2.M.McIntosh 4.19; 4x200m Relay: 2nd 2:02.0.

Seniors: 100m: 3.A.Coore 12.7; 200m: A.Coore 2nd 26.4; 400m: 1.D.Conaro 60.4;
800m: 1.J.Webb 2:23.7; 1500m: 1.G.Collinson 5:23.0; 100mH: 1.A.Coore 16.5;
High Jump: 1.A.Coore 1.45; Shot: 1.H.Kemp 12.61; 4x200m Relay: 1st 1:47.9
 (C.James, Angela Abrams, Andrea Abrams, A.Coore)

19th JULY 1986

WORTHING

WOMENS SOUTHERN LEAGUE - DIVISION 2

1.Middlesex Ladies 175; 2.Boro of Enfield H. 159; 3.Worthing & Dist. 157;
4.BELGRAVE 140; 5.Southend 88.

Juniors: 100m: 5.T.Ritson 14.2; 5.A.M.Henry 15.8;
200m: 5.T.Ritson 29.9; 5.L.Cannon 33.2;
800m: 3.L.Cannon 2:41.9; 4.N.Fenyoe 2:49.4; 1500m: 5.J.Stone 5:20.8
75mH: 5.J.Stone 15.0; 5.A.M.Henry 20.5; High Jump: 1.T.Ritson 1.38;
 1.J.Stone 1.30; Long Jump: 5.N.Fenyoe 3.87; 5.L.Cannon 3.23;
Shot: 4.R.Parrott 6.70; 5.N.Fenyoe 4.63; Discus: 5.R.Parrott 17.54;
Javelin: 2.Anne M.Henry 25.84; 2.R.Parrott 20.50;
4x100m Relay: 5. 61.3 (T.Ritson, L.Cannon, J.Stone, N.Fenyoe)

Seniors: 100m: 2.Andrea Coore 12.8; 2.J.Palmer 13.1; 200m: 2.A.Coore 28.6; 2.J.Palmer 27.3;
400m: 3.D.Conaro 63.4; 1.J.Wrighton 63.8; 800m: 3.J.Webb 2:24.8;
 3.G.Collinson 2:32.0; 1500m: 2.J.Webb 4:54.7; 4.G.Tura 5:36.5; 3000m: 3.
 R.Honeychurch 10:55.2; 2.J.Coppinger 11:11.2; 100mH: 2.A.Coore 16.3;
 2.Angela Abrams 18.0; 400mH: 3.N.Christou 75.0; 1.Angela Abrams 73.1;
High Jump: 1.J.Hilliard 1.70; 4.Andrea Coore 1.40; Long Jump: 3.A.Coore 5.46;
 3.J.Hilliard 5.22; Shot: 2.H.Kemp 12.38; 1.W.Dunsford 11.73;
Discus: 1.J.Hilliard 47.48; 2.H.Kemp 26.56. Javelin: 2.T.Denton 40.00;
 4.W.Dunsford 22.16.
4x100m Relay: 2nd 51.8 (C.James, Angela Abrams, Andrea Abrams, A.Coore)
4x400m Relay: 3rd 4:21.7 (D.Conaro, J.Wrighton, J.Palmer, N.Christou)

19th JULY 1986

WIMBLEDON

BELGRAVE HARRIERS 20 MILE ROAD RACE

1. Frances Guy 2H 03; 2.Pam Davies 2H 27.

26th JULY 1986

ENFIELD

SOUTHERN WOMENS INTER COUNTIES CHAMPIONSHIPS

Junior: 2500m Walk 7.C.Christou 17:27.7;
Seniors: High Jump: 2.J.Hilliard 1.81
Inter: Shot: 11. C.James 8.70
Senior: Shot: 6.H.Kemp 12.65; 9.W.Dunsford 11.83.

19th JULY 1986

GUILDFORD

WOMENS SOUTHERN LEAGUE - DIVISION 4

1.Aldershot Farnham & Dist. 216½; 2.Fleet & Crookham 207½ 3.S.London Harriers 183;
4.Twickenham 140; 5.BELGRAVE 95.

Juniors: 100m: 5.F.Lambir 14.9; 5.T.Sayers 15.5; 200m: 4.F.Lambir 30.9; 5.A.Blacker 35.9;
Long Jump: 5.T.Sayers 3.36; 3.A.Blacker 2.98; Shot: 4.A.Blacker 4.32;
4.T.Sayers 4.11; Javelin: 4.F.Lambir 7.96;

Seniors: 100m: 3.P.Subliss 13.6; 3.A.Wotherspoon 14.1; 200m: 3.A.Wotherspoon 29.1;
1.S.Druce 28.9; 400m: A.Wotherspoon 5th 66.8; 800m: 5.K.McNeil 4:20.2;
High Jump: 5.N.Dewar 1.10; 3.S.Dewar 1.10; Long Jump: 2.P.Sybliss 4.61;
1.S.Druce 4.29; Shot: 1.D.Whall-Roberts 10.24; 2.S.Dewar 7.75; Discus: 2.
D.Whall-Roberts 20.98; 3.K.McNeil 13.50; Javelin: 5.A.Wotherspoon 15.10;
4.K.McNeil 11.02; 4x100m Relay: 1st 55.5 (P.Sybliss, S.Druce, D.Whall-Roberts,
A.Wotherspoon)

30th JULY 1986

WALTON

MIDWEEK LEAGUE

1.BELGRAVE 77; 2.Kingston & Poly H. 75; 3.Walton AC 66; 4.Epsom & Ewell H. 39;

Juniors: 100m: 3.M.Ecclestone 15.0; 200m: 2.T.Ritson 29.5; 800m: 3.J.Stone 2:37.0;
75mH: 2.J.Stone 14.7; 1500m Walk: C.Christou 3rd 9:57.0;
Long Jump: 2.M.McIntosh 4.53; 4x200m Relay: 1st 2:01.7 (T.Ritson,
M.McIntosh, F.Lambir, M.Ecclestone)

Seniors: 100m: 1.A.Coore 13.2; 200m: 1.A.Coore 26.7; 400m: D.Conaro 64.1;
800m: G.Collinson 2nd 2:26.6; 1500m: 3.G.Tura 5:37.8; High Jump: 1.
A.Coore 1.50; Discus: 2.C.James 27.96;
4x200m Relay: 1st 1:50.8 (C.James, D.Conaro, P.Sybliss, A.Coore)

2nd AUGUST 1986

BATTERSEA PARK

THAMESIDE LEAGUE

1.Croydon Harriers 204; 2.Queens Park H. 137; 3.Yateley & Dist. 131; 4.BELGRAVE 117;
5.Twickenham AC 85; 6.Herne Hill H 78.

Girls: 100m: 2.M.McIntosh 13.8; 3.T.Sayers 15.6; 200m: 4.A.Blacker 35.8;
70mH: 4.A.Blacker 15.8; High Jump: 1.M.McIntosh 1.35; Long Jump: 1.M.McIntosh 4.31;
1.T.Sayers 3.45; Shot: 4.T.Sayers 4.67; 3.A.Blacker 4.23;
4x200m Relay: 3rd 62.7 (M.McIntosh, K.Norman, T.Sayers, A.Blacker)

Juniors: 100m: 3.T.Ritson 14.1; 2.F.Lambir 13.9; 200m: 4.T.Ritson 28.9;
2.F.Lambir 30.3; 800m: 4.J.Smiter 2:43.4; 1500m: 2.J.Stone 5:22.4
75mH: 3.J.Stone 13.7; 1.J.Smiter 14.5; 1600 Walk: 5.C.Christou 10:08.7,
High Jump: 4.J.Smiter 1.40; 3.T.Ritson 1.30; Long Jump: 4.Anne-Marie Henry 3.99;
3.F.Lambir 3.83; Shot: 3.D.Bowen 8.39; 4.C.Christou 3.50; Discus: 1.D.Bowen 27.10;
Javelin: Anne Marie Henry 2nd 29.64; 4x100m Relay: 3rd 55.6 (T.Ritson, F.Lambir,
M.Harrison, J.Smiter)

9th AUGUST 1986

YEOVIL

WOMENS SOUTHERN LEAGUE - DIVISION 2

1.BELGRAVE 165; 2.Bracknell AC 163; 3.Exeter H 149; 4.Windsor Slough & Eton 122;
5.Herne Hill H 119.

Juniors: 100m: 3.M.Green 13.8; 2.M.McIntosh 13.9; 200m: 3.T.Ritson 29.0; 4.M.Green 29.1;
800m: 4.M.McIntosh 2:49.5; 4.C.Christou 3:59.3; 1500m: 2.J.Stone 5:17.3;
2.J.Smiter 5:44.7; 75mH: 5.M.Green 18.6; 1.J.Stone 14.0; High Jump: 4.J.Smiter
1.35; 4.T.Ritson 1.30; Long Jump: 3.M.McIntosh 4.48; 3.J.Smiter 4.15;
Shot: 3.Anne Marie Henry 8.30; 5.C.Christou 3.40; Discus: 3.Anne Marie Henry 19.00;
4.J.Stone 10.98; Javelin: 2.Anne Marie Henry 28.64; 3.T.Ritson 8.38;
4x100m Relay: 3rd 55.0 (M.McIntosh, J.Smiter, T.Ritson, M.Green)

Seniors: 100m: 1.A.Coore 12.7; 1.E.Oshruire 12.7; 200m: 3.A.Coore 26.4; 1.C.James 27.3;
400m: 3.D.Conaro 61.0; 3.A.Wotherspoon 64.4; 800m: 4.G.Collinson 2:22.7;
4.G.Tura 2:35.3; 1500m: 3.J.Webb 4:50.7; 3.F.Russell 5:04.8; 3000m: 3.
R.Honeychurch 10:23.1; 1.J.Coppinger 10:50.4; 100mH: 1.E.Oshruire 15.4;
1.A.Coore 15.9; 400mH: 3.N.Christou 72.5; 2.C.James 76.1; High Jump: 3.A.Coore
1.55; 2.E.Oshruire 1.45; Long Jump: 1.E.Oshruire 5.60; 1.A.Coore 5.26;
Shot: 1.H.Kemp 12.07; 1.W.Dunsford 11.58; Discus: 5.H.Kemp 29.32; 1.Wendy
Dunsford 27.22; Javelin: 1.T.Denton 37.80; 1.E.Oshruire 29.36;
4x100m Relay: 2nd 50.3; (C.James, D.Conaro, E.Oshruire, A.Coore)
4x400m Relay: 4th 4:10.1; (N.Christou, A.Wotherspoon, G.Collinson, D.Conaro)

9th AUGUST 1986 BRENTWOOD WOMENS SOUTHERN LEAGUE - DIVISION 4

1.Brentwood AC 239; 2.Braintree & Dist. 203; 3.Fleet & Crookham 162; 4.Folkestone 144;
5.BELGRAVE

Juniors: 100m: 4.T.Sayers 15.8; 200m: 5.T.Thorpe 33.5; 1.R.Roberts 29.7;
Long Jump: 5.T.Thorpe 3.54; 2.T.Sayers 3.43.

Seniors: 100m: 1.P.Sybliss 13.8; 3.L.Norman 14.8; 200m: 3.P.Sybliss 29.6;
Long Jump: 2.P.Sybliss 4.63; Shot: 2.D.Whall-Roberts 9.88; 4.K.McNeil 5.51
Discus: D.Whall-Roberts 1st 22.76; 4.K.McNeil 13.78.
4x100m Relay: 5th 59.0 (L.Norman, T.Thorpe, D.Whall-Roberts, P.Sybliss)

10th AUGUST 1986 NEW RIVER GRE CUP - SEMI FINAL

1.Croydon H. 95; 2.Boro of Hounslow 91; 3.Haringey AC 70 (2 wins) 4.Southampton &
Eastleigh 70 (1 win), 5.Bromley Ladies 67; 6.Exeter Harriers 59; 7.BELGRAVE 57; 8.Woking 45.

100m: 6.A.Coore 12.88; 200m: 6.A.Coore 26.22; 400m: 8.D.Conaro 60.31; 800m: 7.G.Collinson
2:25.47; 1500m: 5.J.Webb 4:57.92; 3000m: 6.R.Honeychurch 10:42.22; 100mH: 6.E.Oshruire 15.55;
400mH: 8.N.Christou 69.85; High Jump: 1.J.Hilliard 1.75; Long Jump: 4.E.Oshruire 5.77;
Shot: 3.H.Kemp 12.35; Discus: 3.J.Hilliard 45.76; Javelin: 3.T.Denton 37.32; 4x100m Relay:
5th 49.58 (C.James, D.Conaro, E.Oshruire, A.Coore); 4x400m Relay: 8th 4:16.49 (N.Christou,
A.Wotherspoon, G.Collinson, D.Conaro).

13th AUGUST 1986 TOOTING BEC MIDWEEK LEAGUE

1.BELGRAVE 77; 2.Hercules Wimbledon 75; 3.Walton AC 61; 4.South London H 22.

Juniors: 100m: 3.T.Ritson 14.1; 200m: 3.T.Ritson 29.0; 800m: 3.J.Stone 2:38.7;
75mH: 3.J.Stone 14.5; High Jump: 3.T.Ritson 1.30; 4x200m Relay: 2nd 1:58.0
(T.Ritson, M.McIntosh, J.Stone, J.Smiter)

Seniors: 100m: 1.A.Coore 13.0; 200m: 1.A.Coore 26.9; 400m: 1.D.Conaro 60.0;
800m: 1.J.Webb 2.24; 1500m: 2.G.Collinson 5:09.3; Long Jump: 1.E.Oshruire 5.19;
Javelin: 1.T.Denton 40.26; 4x200m Relay: 1st 1:49.7 (D.Conaro, A.Wotherspoon,
N.Christou, A. Coore)

31st AUGUST 1986 COPTHALL LONDON BOROUGH CHAMPIONSHIPS

Juniors: Shot: 3.D.Bowen 7.26

Seniors: 100m: 2.A.Coore 12.7; 400m: 2.N.Christou 62.7; Long Jump: 1.A.Coore 5.28;
2.Andrea Abrams 4.98; Shot: 2.C.James 8.22; Discus: 1.C.James 28.60;
Javelin: 3.Angela Abrams 17.26; 4x100m Relay: 3rd 52.3 (C.James, N.Christou,
Andrea Abrams, Angela Abrams)

30th AUGUST 1986 WEST LONDON AMERICAN BANKS CHAMPIONSHIPS

100m: 1.A.Wotherspoon 13.5; 200m: 1.A.Wotherspoon 28.0; 400m: 3.A.Wotherspoon 64.4.

6th SEPTEMBER 1986 BATTERSEA PARK WOMENS SOUTHERN LEAGUE - DIVISION 2

1.BELGRAVE 184; 2.Bedford & County 156½; 3.Luton United 137½; 4.Cambridge H 128; 5.Ashford 124.

Juniors: 100m: 4.M.Green 14.2; 2.M.McIntosh 13.9; 200m: 4.M.Green 28.5; 4.T.Ritson 29.1;
800m: 3.L.Cannon 2:38.2; 3.N.Fenyoe 2:44.9; 1500m: 3.J.Stone 5:24.8;
2.J.Smiter 5:28.4; 75mH: 4.J.Stone 14.3; 3.J.Smiter 14.7; High Jump: 4.T.Ritson
1.35; 2.M.McIntosh 1.30; Long Jump: 4.M.McIntosh 4.29; 1.M.Carsar 4.21;
Shot: 1.Anne-Marie Henry 8.17; 1.R.Parrott 6.71; Discus: 1.M.Carsar 25.68;
1.Anne-Marie Henry 19.16; Javelin: 1.Anne-Marie Henry 28.34; 1.R.Parrott 18.62;
4x100m Relay: 3rd 55.9 (M.Green, M.McIntosh, T.Ritson, J.Smiter)

Seniors: 100m: 2.A.Coore 12.6; 5.J.Palmer 13.4; 200m: 4.A.Coore 26.9; 1.E.Oshruire 26.0;
400m: 2.D.Conaro 61.5; 3.N.Christou 64.4; 800m: 3.G.Collinson 2:28.5;
1.J.Webb 2:29.9; 1500m: 3.J.Webb 4:51.3; 1.J.Coppinger 4:57.2; 3000m: 2.F.Guy
10:19.5; 1.R.Honeychurch 10:33.7; 100mH: 2.E.Oshruire 14.9; 1.A.Coore 15.8;
400mH: 3.N.Christou 69.8; 3.Angela Abrams 74.2; High Jump: 2.J.Hilliard 1.70;
4.A.Coore 1.50; Long Jump: 3.E.Oshruire 5.34; 1.A.Coore 5.27; Shot: 1.
H.Kemp 12.31; 1.W.Dunsford 11.31; Discus: 1.J.Hilliard 41.50; 1.H.Kemp 32.98;
Javelin: 1.T.Denton 37.66; 1.E.Oshruire 34.06; 4x100m Relay: 2nd 50.7;
(J.Palmer, Angela Abrams, E.Oshruire, A.Coore); 4x400m Relay: 3rd 4:14.0
(N.Christou, G.Collinson, F.Guy, D.Conaro)

10th SEPTEMBER 1986

WOKING

WOKING A.C. OPEN MEETING

800m: 5.G.Collinson 2:19.1.

6th SEPTEMBER 1986

BATTERSEA PARK

WOMENS SOUTHERN LEAGUE - DIV. 4

1.Twickenham AC 215; 2.Aldershot Farn. & Dist. 'C' 207; 3.BELGRAVE 176;
4.Borehamwood AC 82; 5.Biggleswade AC 0.Juniors: 100m: 1.M.Eccleston 14.1; 3.T.Sayers 14.7; 200m: 2.M.Eccleston 29.7;
2.F.Lambir 31.4; 800m: 3.K.Gordon 2:59.6; 75mH: 4.A.Blackler 17.9;
Long Jump: 2.F.Lambir 3.91; 1.T.Sayers 3.56; Javelin: 3.T.Sayers 9.78;
1.S.Griffin 9.52; 4x100m Relay: 3rd 62.4 (M.Eccleston, F.Lambir, T.Sayers,
A.Blackler).Seniors: 100m: 1.P.Sybliss 13.5; 2.R.Evans 14.4; 200m: 1.C.James 28.1; 1.A.Wotherspoon
28.3; 400m: 1.A.Wotherspoon 64.2; 1.C.James 64.8; 800m: 2.G.Tura 2:36.5;
1.A.Fenyoe 2:48.4; 1500m: 2.G.Tura 5:42.3; 2.A.Fenyoe 6:28.2; 3000m: A.Laing 2nd
12:01.9; High Jump: 2.Andrea Abrams 1.40; 1.S.Dewar 1.20; Long Jump: 1.Andrea
Abrams 4.92; 1.P.Sybliss 4.43; Shot: 1.D.Whall-Roberts 9.28; 1.K.McNeil 6.54;
Discus: 1.C.James 32.58; 1.D.Whall-Roberts 21.84; Javelin: 3.K.McNeil 13.92;
4x100m Relay: 1st 52.8 (C.James, Andrea Abrams, P.Sybliss, A.Wotherspoon)
4x400m Relay: 1st 4:32.1 (C.James, A.Wotherspoon, G.Tura, A.Laing)

Ladies Section 10th. Aniversary Rankings

ALL TIME TOP 10 1976-86

| <u>100m</u> | | | | | <u>200m</u> | | | | |
|--------------|---------------------|-----|------|--------|--------------|----------------|-----|------|---------|
| 1. | J. Harman | (I) | 1982 | 11.84 | 1. | J. Harman | (I) | 1982 | 24.14 |
| 2. | J. Barclay | (S) | 1979 | 12.4 | 2. | L. Montoute | (J) | 1982 | 25.7 |
| 3. | G. Mahoney | (I) | 1980 | 12.4 | 3. | P. St. Ange | (J) | 1982 | 25.78 |
| 4. | Pam. St. Ange | (J) | 1980 | 12.6 | 4. | A. Coore | (S) | 1986 | 25.8 |
| 5. | L. Montoute | (J) | 1982 | 12.6 | 5. | J. Barclay | (S) | 1981 | 25.9 |
| 6. | A. Coore | (S) | 1986 | 12.6 | 6. | E. Oshruire | (S) | 1986 | 26.0 |
| 7. | J. Palmer | (I) | 1986 | 12.7 | 7. | G. Mahoney | (I) | 1981 | 26.3 |
| 8. | E. Oshruire | (S) | 1986 | 12.7 | 8. | J. Palmer | (I) | 1986 | 26.3 |
| 9. | M. De Leon | (J) | 1986 | 12.8 | 9. | M. De Leon | (J) | 1986 | 26.7 |
| 10. | J. Carter | (I) | 1977 | 12.9 | 10. | T. Ritson | (G) | 1984 | 27.0 |
| <u>400m</u> | | | | | <u>800m</u> | | | | |
| 1. | J. Barclay | (S) | 1981 | 60.0 | 1. | H. Baxter | (S) | 1981 | 2:12.8 |
| 2. | J. Harman | (I) | 1983 | 60.1 | 2. | R. Honeychurch | (S) | 1985 | 2:16.8 |
| 3. | D. Conaro | (S) | 1986 | 60.31 | 3. | G. Collinson | (S) | 1986 | 2:19.1 |
| 4. | H. Baxter | (S) | 1981 | 60.6 | 4. | C. Scanlon | (S) | 1986 | 2:21.9 |
| 5. | P. Garnons-Williams | (S) | 1984 | 60.8 | 5. | J. Webb | (S) | 1986 | 2:22.4 |
| 6. | J. Palmer | (I) | 1986 | 61.9 | 6. | V. Mitchell | (I) | 1985 | 2:23.4 |
| 7. | S. Daure | (I) | 1983 | 62.3 | 7. | T. Growney | (I) | 1980 | 2:24.5 |
| 8. | J. Wrighton | (S) | 1986 | 62.3 | 8. | R. Mann | (S) | 1979 | 2:26.9 |
| 9. | V. Mitchell | (I) | 1985 | 62.7 | 9. | F. Russell | (S) | 1984 | 2:27.5 |
| 10. | N. Christou | (I) | 1986 | 62.7 | 10. | J. Stone | (J) | 1986 | 2:28.2 |
| <u>1500m</u> | | | | | <u>3000m</u> | | | | |
| 1. | H. Baxter | (S) | 1981 | 4:31.4 | 1. | R. Honeychurch | (S) | 1985 | 9:50.0 |
| 2. | R. Honeychurch | (S) | 1985 | 4:41.3 | 2. | F. Guy | (S) | 1986 | 10:19.5 |
| 3. | J. Webb | (S) | 1985 | 4:44.3 | 3. | J. Webb | (S) | 1986 | 10:36.7 |
| 4. | J. Coppinger | (S) | 1986 | 4:57.2 | 4. | J. Coppinger | (S) | 1986 | 10:50.9 |
| 5. | F. Russell | (S) | 1984 | 5:02.6 | 5. | F. Russell | (S) | 1985 | 10:58.7 |
| 6. | J. Stone | (J) | 1985 | 5:03.2 | 6. | G. Dorry | (S) | 1986 | 11:06.1 |
| 7. | G. Dorry | (S) | 1986 | 5:03.9 | 7. | A. Laing | (S) | 1986 | 11:37.1 |
| 8. | T. Growney | (I) | 1980 | 5:04.9 | 8. | P. Davies | (S) | 1982 | 11:37.7 |
| 9. | V. Mitchell | (I) | 1984 | 5:13.8 | 9. | G. Porter | (I) | 1984 | 11:50.6 |
| 10. | L. Bright | (G) | 1980 | 5:14.8 | 10. | T. Jordan | (S) | 1982 | 11:58.4 |

70m Hurdles

| | | | |
|--------------|-----|------|------|
| 1. A.Blacker | (G) | 1986 | 15.8 |
| 2. A.Amihya | (G) | 1986 | 16.5 |

High Jump

| | | | |
|------------------|-----|------|------|
| 1. J.Hilliard | (S) | 1986 | 1.81 |
| 2. A.Coore | (I) | 1984 | 1.60 |
| 3. N.King | (S) | 1983 | 1.55 |
| 4. L.Montoute | (J) | 1982 | 1.50 |
| 5. E.Oshruire | (S) | 1986 | 1.45 |
| 6. D.Williams | (J) | 1986 | 1.45 |
| 7. J.Barratt | (I) | 1978 | 1.45 |
| 8. J.Barclay | (S) | 1980 | 1.45 |
| 9. E.Punter | (S) | 1981 | 1.45 |
| 10.C.Thrush | (I) | 1984 | 1.45 |
| 11.C.Midgley | (S) | 1984 | 1.45 |
| 12.Andrea Abrams | (J) | 1985 | 1.45 |

2000m Walk

| | | | |
|-----------------|-----|------|---------|
| 1. S.Kew | (S) | 1985 | 11.07 |
| 2. R.Parrott | (J) | 1985 | 11.11 |
| 3. G.Porter | (J) | 1983 | 11.11.8 |
| 4. A.Matthews | (I) | 1976 | 11.19.6 |
| 5. J.Pritchard | (I) | 1977 | 11.27 |
| 6. S.Rook | (S) | 1976 | 11.28.6 |
| 7. M.Jennings | (J) | 1985 | 11.53.0 |
| 8. T.McDermott | (J) | 1978 | 12.03 |
| 9. J.McGroder | (J) | 1983 | 12.05.6 |
| 10.K.O'Sullivan | (J) | 1977 | 12.11 |

3000m Walk

| | | | |
|------------------|-----|------|-------|
| 1. A.Matthews | (S) | 1978 | 15.48 |
| 2. S.Rook | (S) | 1978 | 15.48 |
| 3. D.Cook | (S) | 1978 | 16.15 |
| 4. G.Porter | (I) | 1985 | 16.21 |
| 5. L.Nicholls | (I) | 1978 | 16.36 |
| 6. J.Pritchard | (J) | 1977 | 16.55 |
| 7. R.Honeychurch | (S) | 1984 | 17.11 |
| 8. R.Parrott | (J) | 1985 | 17.45 |
| 9. J.McGroder | (J) | 1983 | 17.47 |
| 10.T.McDermott | (J) | 1978 | 17.53 |

10000m Walk

| | | | |
|----------------|-----|------|---------|
| 1. S.Kew | (S) | 1986 | 56.45.4 |
| 2. A.Matthews | (S) | 1978 | 57.41 |
| 3. S.Rook | (S) | | 58.13 |
| 4. L.Nicholls | (I) | 1978 | 58.51 |
| 5. G.Porter | (I) | 1985 | 61.04 |
| 6. M.Keenan | (S) | | 64.37 |
| 7. J.Pritchard | | | 64.66 |
| 8. T.McDermott | | | 65.36 |

Shot 4Kg

| | | | |
|--------------------|-----|------|-----------|
| 1. H.Kemp | (S) | 1986 | 13.05 |
| 2. W.Dunsford | (S) | 1986 | 12.65 |
| 3. J.Hilliard | (S) | 1986 | 12.56 (1) |
| 4. D.Whall-Roberts | (S) | 1986 | 11.14 |
| 5. E.Oshruire | (S) | 1986 | 10.56 |
| 6. J.Jones | (S) | 1984 | 9.21 |
| 7. P.Palmer | (S) | 1982 | 9.08 |
| 8. C.James | (I) | 1986 | 8.73 |
| 9. M.Okuiy | (I) | 1982 | 8.46 |
| 10.B.Lawton | (S) | 1980 | 8.43 |

Long Jump

| | | | |
|------------------|-----|------|------|
| 1. E.Oshruire | (S) | 1986 | 5.77 |
| 2. D.McNeil | (S) | 1980 | 5.62 |
| 3. A.Coore | (S) | 1986 | 5.54 |
| 4. J.Barclay | (S) | 1980 | 5.35 |
| 5. P.St.Ange | (J) | 1980 | 5.34 |
| 6. J.Hilliard | (S) | 1986 | 5.28 |
| 7. R.Donaldson | (I) | 1980 | 5.22 |
| 8. N.King | (S) | 1982 | 5.12 |
| 9. E.Wilson | (S) | 1980 | 5.08 |
| 10.Andrea Abrams | (I) | 1986 | 4.98 |

1600m Walk

| | | | |
|-----------------|-----|------|---------|
| 1. G.Porter | (J) | 1983 | 8.56.0 |
| 2. R.Parrott | (J) | 1986 | 8.58.0 |
| 3. K.O'Sullivan | (J) | 1977 | 9.44.0 |
| 4. C.Khan | (J) | 1978 | 9.57.3 |
| 5. C.Christou | (J) | 1986 | 10.08.0 |
| 6. R.Morris | (J) | 1979 | 10.11.5 |
| 7. T.Johnson | (J) | 1983 | 10.12.8 |
| 8. S.Dyer | (J) | 1979 | 10.16.8 |
| 9. Y.Shaw | (J) | 1981 | 10.40.1 |
| 10.A.Fenyoe | (J) | 1985 | 10.45.6 |

2500m Walk

| | | | |
|-----------------|-----|------|-------|
| 1. G.Porter | (J) | 1983 | 13.38 |
| 2. R.Parrott | (J) | 1986 | 14.04 |
| 3. J.McGroder | (J) | 1983 | 14.13 |
| 4. T.McDermott | (J) | 1978 | 14.55 |
| 5. J.Pritchard | (J) | 1976 | 15.08 |
| 6. T.Nicholls | (J) | 1980 | 15.19 |
| 7. M.Jennings | (J) | 1984 | 15.20 |
| 8. K.O'Sullivan | (G) | 1976 | 15.30 |
| 9. I.Young | (G) | 1984 | 15.34 |
| 10.R.Morris | (J) | 1978 | 16.03 |

5000m Walk

| | | | |
|------------------|-----|------|-------|
| 1. S.Kew | (S) | 1986 | 27.38 |
| 2. L.Nicholls | (I) | 1979 | 27.40 |
| 3. A.Matthews | (S) | 1978 | 28.01 |
| 4. S.Rook | (S) | 1977 | 28.06 |
| 5. G.Porter | (I) | 1985 | 28.36 |
| 6. D.Cook | (S) | 1978 | 29.16 |
| 7. R.Honeychurch | (S) | 1984 | 29.23 |
| 8. J.Pritchard | (I) | 1977 | 31.04 |
| 9. T.McDermott | (I) | 1979 | 32.10 |
| 10.J.McGroder | (I) | 1985 | 32.44 |

Shot 3.25 Kg

| | | | |
|---------------------|-----|------|-------|
| 1. I.Etete | (G) | 1982 | 10.08 |
| 2. C.James | (J) | 1985 | 9.92 |
| 3. R.Donaldson | (J) | 1979 | 9.52 |
| 4. F.Donaldson | (J) | 1980 | 8.58 |
| 5. A.Clovey | (J) | 1982 | 8.50 |
| 6. D.Bowen | (J) | 1986 | 8.48 |
| 7. C.Johnson | (J) | 1980 | 8.34 |
| 8. Anne-Marie Henry | (J) | 1986 | 8.30 |
| 9. A.Slatimy | (J) | 1977 | 8.00 |
| 10.B.Rowe | (J) | 1980 | 7.98 |

Discus

| | | | |
|--------------------|-----|------|-------|
| 1. J.Hilliard | (S) | 1986 | 51.12 |
| 2. P.Bayar | (S) | 1984 | 37.34 |
| 3. H.Kemp | (S) | 1986 | 32.98 |
| 4. C.James | (I) | 1986 | 32.58 |
| 5. W.Dunsford | (S) | 1986 | 31.26 |
| 6. D.Bowen | (J) | 1985 | 30.08 |
| 7. J.Jones | (S) | 1984 | 29.50 |
| 8. M.Caesar | (J) | 1986 | 25.68 |
| 9. T.Denton | (S) | 1986 | 25.60 |
| 10.D.Whall-Roberts | (S) | 1984 | 24.78 |

Javelin

| | | | |
|---------------------|-----|------|-------|
| 1. V.St. Ange | (S) | 1984 | 41.52 |
| 2. T.Denton | (S) | 1986 | 40.26 |
| 3. E.Oshruire | (S) | 1986 | 34.06 |
| 4. R.Donaldson | (I) | 1980 | 30.58 |
| 5. E.Murrele | (S) | 1982 | 30.18 |
| 6. J.Hilliard | (S) | 1985 | 29.70 |
| 7. J.Jones | (S) | 1984 | 29.68 |
| 8. Anne-Marie Henry | (J) | 1986 | 29.64 |
| 9. S.Martins | (J) | 1983 | 28.00 |
| 10.N.King | (S) | 1983 | 27.00 |

1000m Walk

| | | | |
|----------------|-----|------|--------|
| 1. R.Parrott | (G) | 1984 | 5:41.0 |
| 2. B.Sexton | (G) | 1977 | 6:22.2 |
| 3. Y.Shaw | (G) | 1979 | 6:27.2 |
| 4. M.Parsons | (G) | 1979 | 6:36.6 |
| 5. R.Morris | (G) | 1977 | 6:41.8 |
| 6. L.Barney | (G) | 1979 | 7:04.0 |
| 7. N.Marsh | (G) | 1983 | 7:07.5 |
| 8. J.Gauge | (G) | 1983 | 7:37.0 |
| 9. S.O'Connell | (G) | 1983 | 7:46.1 |
| 10.A.Agryamane | (G) | 1979 | 8:57.0 |

1200m Walk

| | | | |
|---------------|-----|------|--------|
| 1. R.Parrott | (G) | 1984 | 6:36.2 |
| 2. I.Young | (G) | 1984 | 6:46.0 |
| 3. T.Johnson | (G) | 1982 | 7:22.3 |
| 4. C.Parker | (G) | 1982 | 8:06.6 |
| 5. M.McIntosh | (G) | 1984 | 8:14.1 |
| 6. C.Christou | (G) | 1984 | 8:16.0 |
| 7. N.Marsh | (G) | 1984 | 8:21.0 |
| 8. C.Gauge | (G) | 1984 | 8:42.2 |
| 9. J.Gauge | (G) | 1983 | 9:02.2 |
| 10.S.Barker | (G) | 1984 | 9:09.5 |

75m Hurdles

| | | | |
|------------------|-----|------|------|
| 1. P.St. Ange | (J) | 1980 | 11.8 |
| 2. Angela Abrams | (J) | 1985 | 11.9 |
| 3. C.James | (J) | 1985 | 12.4 |
| 4. A.Taylor | (J) | 1978 | 13.0 |
| 5. N.Christou | (J) | 1984 | 13.1 |
| 6. S.Jackson | (J) | 1980 | 13.2 |
| 7. D.Catlin | (J) | 1985 | 13.3 |
| 8. J.Lofinmaken | (J) | 1979 | 13.6 |
| 9. J.Stone | (J) | 1986 | 13.6 |
| 10.M.Harrison | (J) | 1986 | 14.0 |

80m Hurdles

| | | | |
|------------------|-----|------|------|
| 1. Angela Abrams | (I) | 1986 | 12.7 |
| 2. A.Coore | (J) | 1983 | 13.5 |
| 3. N.Christou | (I) | 1986 | 13.8 |
| 4. J.Johnson | (J) | 1982 | 13.9 |
| 5. Y.Shaw | (J) | 1981 | 14.9 |
| 6. S.Jordan | (J) | 1982 | 15.2 |
| 7. L.Spinells | (J) | 1982 | 15.2 |
| 8. M.Rafe | (J) | 1983 | 15.6 |
| 9. Kim Marsh | (J) | 1983 | 16.6 |
| 10.L.Chuder | (G) | 1983 | 17.4 |

100m Hurdles

| | | | |
|------------------|-----|------|------|
| 1. E.Oshruire | (S) | 1986 | 14.9 |
| 2. E.Wilson | (S) | 1981 | 15.7 |
| 3. A.Coore | (S) | 1986 | 15.8 |
| 4. G.Mahoney | (S) | 1982 | 16.3 |
| 5. N.King | (S) | 1982 | 16.6 |
| 6. Angela Abrams | (I) | 1986 | 17.1 |
| 7. B.Carr | (I) | 1982 | 17.6 |
| 8. J.Johnson | (I) | 1983 | 17.7 |
| 9. J.Jackson | (I) | 1979 | 18.3 |
| 10.N.Christou | (I) | 1986 | 18.4 |

400m Hurdles

| | | | |
|------------------|-----|------|------|
| 1. H.Baxter | (S) | 1980 | 68.8 |
| 2. N.Christou | (I) | 1986 | 69.8 |
| 3. G.Porter | (S) | 1986 | 71.5 |
| 4. J.Barclay | (S) | 1983 | 71.8 |
| 5. E.Wilson | (S) | 1981 | 72.4 |
| 6. Angela Abrams | (I) | 1986 | 73.1 |
| 7. V.Mitchell | (I) | 1984 | 73.1 |
| 8. A.Coore | (I) | 1984 | 73.6 |
| 9. J.James | (I) | 1980 | 74.5 |
| 10.J.Johnson | (I) | 1983 | 74.5 |

SPORTS CLOTHING AND EQUIPMENT

AT DISCOUNT TERMS TO CLUB MEMBERS

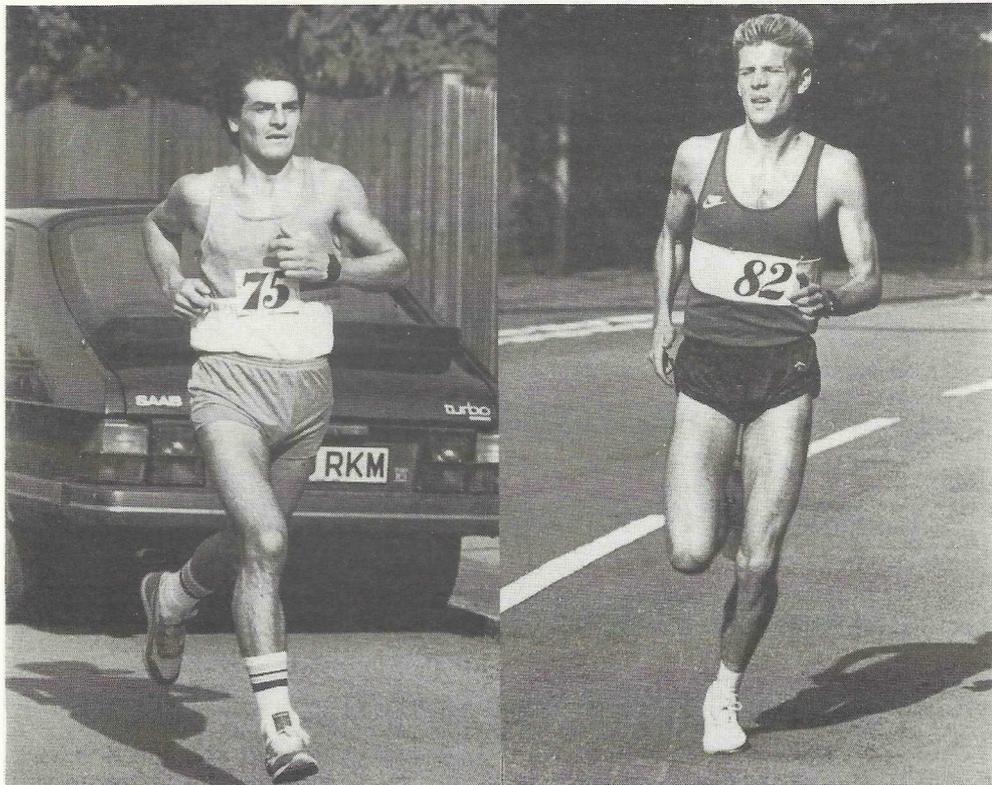
CONTACT DOUG MAUGHAN (01-876-5818)

SPECIALISTS IN SUPPLYING CLUB COLOURS. SEND REQUIREMENT DETAILS.

DOUGLAS SPORTS: ST. MARTIN'S HOUSE, 16, ST. MARTIN'S LE GRAND, LONDON, EC1A 4EP

DOUGLAS
SPORTS





Marcello Bizio winner of the Spring 5 $\frac{1}{4}$ race and Kevin Sturman winner of the Autumn race.

MISCELLANEOUS

English Schools - Portsmouth - 11/12 July: Snr Boys TJ 4th D Browne 14.93w/14.86; 800m G Adams 1.54.9ht; Inter Boys 800 A Ross 2.08.2ht

* * * * *

National Vets Champs - Wigan - 12/13 July: Pent 1st C Brooks 3143 (5.95,35.80,25.5, 33.96,5.18.2) At an England Junior match in Belgium on 13 July Marcus Adam tied for 3rd place over 100 in 10.62.

* * * * *

SCAA U/20 Champs - C/Palace 19/20 July: Jnrs - 100 J Minetti 11.21ht 200 6th J Minetti 22.39 2000mSc 5th S Maynard 6.01.44; Boys - 100 I Gilley 11.92 (club rec) 800 5th A Ross 2.04.89 (club rec)

* * * * *

There was further success for Snowy Brooks at the European Vets Championships in Malmo, Sweden at the end of July with Bronze medals in the 110mH (17.01;16.94ht) and the Pentathlon 3471 pts (6.25, 46.44, 25.23, 36.52, 5.25.80). Although missing a medal in the Long Jump by one place, Snowy's effort of 6.59 was pretty useful even if wind assisted.

The Editor wishes to thank all who contributed to this edition and in particular Mrs. Daphne Brum for her efforts in typing.

Back Cover: AAA Junior 200m Champion Marcus Adam shows early season promise as he pushed European Champ Linford Christie to a close finish in the first BAL Division 2 Match at West London Stadium.

Photo - Bill Laws

