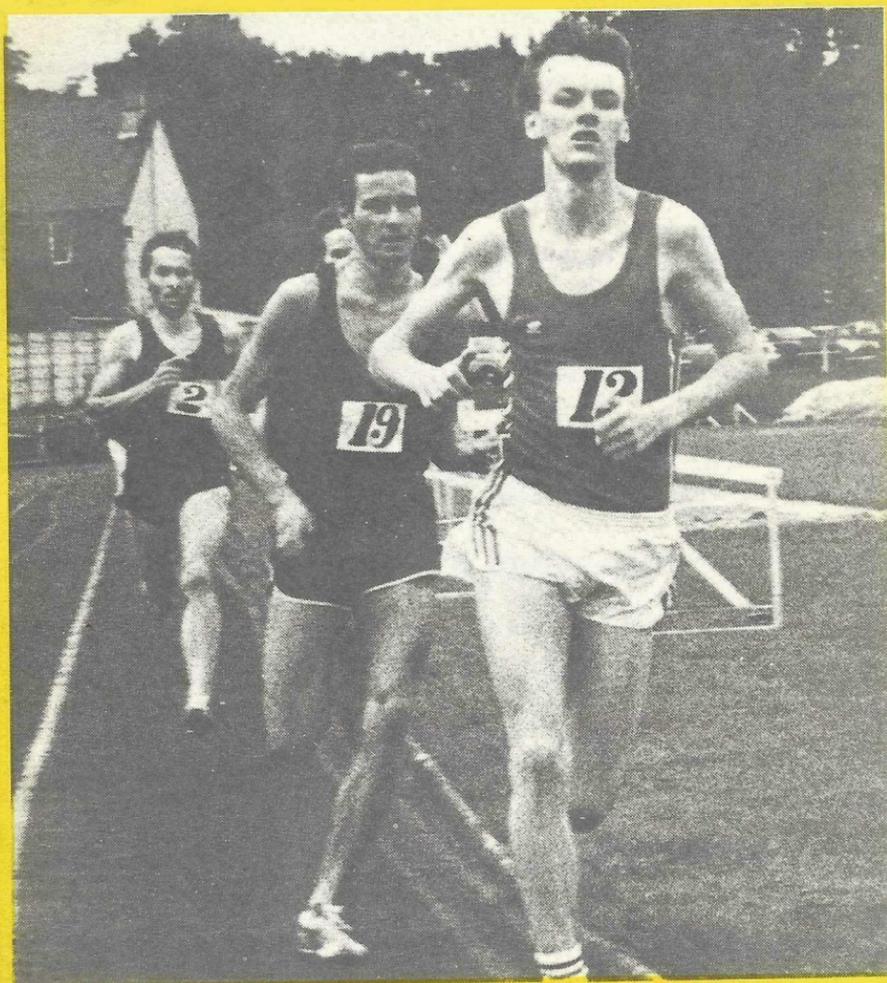


THE

OCTOBER 1980

BELGRAVIAN



the official gazette of belgrave harriers •

Officers & Committee 1980

PRESIDENT AND WALKING SECRETARY

Carl Lawton 50 Bramblewood Close, Carshalton, Surrey (01-669-0971)

HON. GEN. SECRETARY

Derek Crookes 209 Lynmouth Avenue, Morden, Surrey. (01-330-0132)

ASSISTANT HON. SECRETARY

A.Bruce 100 Lambton Road, Wimbledon SW20 (01-947-1539)

HON. TREASURER

Jim Heathfield 11 Chilworth Gardens, Sutton, Surrey. (01-644-3316)

LADIES SECRETARY

Derek Jones 112 Alberta Avenue, Cheam, Surrey. (01-641-1676)

CROSS COUNTRY AND ROAD RUNNING SECRETARY

Gordon Biscoe 25 Lymington Court, All Saints Road, Sutton, Surrey. (01-641-0025)

TRACK AND FIELD SECRETARY

Alan Mead 29 Kingston Road, Ewell Village, Surrey. (01-393-6474)

YOUNG ATHLETES SECRETARY

Colin Pearson 6 Eashing Pt. Wanborough Drive, Roehampton,
London S.W.15 (01-788-6361)

B.Pritchard 25 Egremont Road, London S.E.27 (01-761-3182)

PRESS SECRETARIES

George Piddington St.Herman's, St.Herman's Road, Eastoke,
Hayling Island, Hants. (070-16-2279)

John Wasbrough 106 Federick Road, Cheam, Surrey. (01-677-0474)

MEMBERSHIP SECRETARY

Frank Webb 50 Longford Avenue, Southall, Middlesex.

SUPPORTERS CLUB SECRETARY

J.Goswell 7 Faversham Court, Faversham Road, London S.E.6

TRUSTEES

W.Lucas, W.Couzens, F.Webb, T.Carter

CAPTAINS

Track	- Reg Hopkins	Road	- Lionel Mann
Field	- Cliff Brooks	Juniors	- M. Waller
Country	- Simon Williamson	Youths	- G.Sexton

ELECTED COMMITTEE

Miss J. Barclay, Mrs. G. Couzens, R.Dorman, J.Gladwin, B.Gorman, Miss T.Growney
A.Horton, R.Langheim, W.Merryman, J.Morris, A.Penny, M.Sexton, Mrs. W. Shepherd
C.Shippen, R.Taylor

SOCIAL SECRETARY

Bill Couzens 394 1410

Front Page: John Gladwin on his way to winning the Club 800m Championship in 1:50.8. Later he was to break the U.K. Youth record with 1:48.7. Photo: Bill Laws

Back Page: AAA's 3000m walk silver medalist Richard Dorman (55) seen here walking to victory for Surrey in the Junior Inter Counties. Photo: Larry Bray

THE BELGRAVIAN

NUMBER 201



FOUNDED 1887

President

Carl Lawton

Gen.Hon.Sec.

Derek Crookes,
209 Lynmouth Avenue,
Morden, Surrey.

Hon. Treasurer

Jim Heathfield,
11 Chilnorch Gardens,
Sutton, Surrey.

Hon. Editor

Bill Laws,
19 Tudor Avenue,
Worcester Park,
Surrey.
(01-337-7215)

SUCCESS

The hard work and dedication which many of our members have displayed over the last few years has deserved success. In this issue we record many superlative performances and personal best times. Congratulations to all on their efforts. Keep up the good work.

PROBLEMS REMAIN

While the current improvement in our fortunes should herald the return to more halcyon days let it be clearly understood that success can lead to problems equally as difficult to handle as those resulting from failure. If our management team is unable to build on our recent achievements and develop improved opportunities, facilities and support for our younger members, then the impetus will be lost. We repeat our plea. We need new people to provide back up support - Not on Committee but in the field. We remain weak in several areas:- Coaching for the ladies, field events, officials for Battersea, social activities and fund raising. If you have read this kind of thing before but feel that this time you might give it a try, why not talk to someone with experience of the management side. We are sure you too would benefit from the experience.



IN THIS ISSUE

- | | | |
|------------------------|---------------------|------------------------|
| 4. CARL LAWTON | 15. LADIES RANKINGS | 36. 100 x 1 MILE RELAY |
| 6. GRAPEVINE | 16. WALKING | 38. VETS CORNER |
| 7. MONEY MATTERS | 22. TRACK AND FIELD | 41. ROAD RUNNING |
| 8. FROM THE BELGRAVIAN | 23. 1981 FIXTURES | 45. YOUNG ATHLETES |
| 9. WITH THE LADIES | 34. MENS RANKINGS | 49. OVERSEAS MEMBERS |

CARL LAWTON - PRESIDENT

Carl Lawton left home in Gillingham near Shaftesbury in Dorset in 1966 at the age of 18 to work in London. When he joined the Club in 1967 he was already the holder of a Duke of Edinburgh's Gold Award. Overcoming a disappointment in one of his first races his athletic career has never looked back. Within three months he had finished ninth in his first R.W.A. National Junior Championship at Leicester, and two months after this won his first Club Championship - The "Horwood Cup" (under 21) held over 7 miles.

From then on he has become the stalwart of our Walking Fraternity and has held all the Club Championships from 3,000 Metres to 50 Kilometres many times. Only one has eluded him "The Brighton Walk" Championship. Although finishing second individual in the race in 1974 he was piped by another great Belgravian, Ray Middleton, who won that year, first and second for the Club.

He has held all the Surrey County Championships from 3,000 Metres to 20 Miles, and has led our Club teams home in numerous National County and Open Walks all over the country. He was first selected to represent his country in a 20 Kms. in Bucharest in May 1971, the first of many calls that has taken him to many parts of the globe. He walked in the Commonwealth Games in New Zealand in January 1974. Although clocking a personal best time in the Olympic Trial Race in 1976 for Montreal, missed selection by a mere 20 seconds.



Many of us feel that we have never seen the best of this great exponent of all that is best in British Race Walking in International Events. Time for training can be very limited when dedicated to all aspects of Club life. Within two years of being elected to the Club, Carl reported on the A.G.M. of that year for the Belgravian and since then has served on various committees, helping out in the re-building of the Hall, formation of the Bar, Ladies Section and organising Jumble Sales with his good Lady "Barbara" who he married in March 1973. That year he was elected as Walking Hon. Secretary. Since then he has been responsible for organising the Annual Club Open Walk, with great credit to the Club.

For his outstanding services, he was elected a "Life Member" in September 1975 and since then has carried on his good work, representing the Club on the Southern Area R.W.A. Committee of which he was elected Assistant Hon. Secretary a position he still holds and still finds time with his wife, to take on the distribution of the "Race Walking Record" for the Association, no small job in itself.

A fortunate day indeed for the Club when in 1967 we received him into our fold. Belgrave has become part of his existence. He is well liked and respected round the country. Many people were pleased when he joined the Clubs illustrious band of Individual National Championship Winners, by leading home a winning team in the R.W.A. National 20 km Championship at Victoria Park in May 1979.

Carl Lawton is a worthy holder of the top office of the Club. May the Club go from strength to strength under his Leadership and certainly it will not be for want of effort by Carl. May he enjoy this landmark in his career.

From The President

I would like to make this year a year of progress in Belgrave, and the only way that will happen is by having far more members of the club co-operating in all forms of club activities.

It is often a disappointment, especially for Sectional Secretaries, and Team Captains, when a club of our size cannot turn out full teams for competitions and worse still, when athletes who have joined Belgrave to compete do not bother to turn up when notified for meetings. Fortunately, these are in the minority, but it is the majority who suffer when the club fails to produce its best team.

On the official side of our affairs - an important aspect of the club - we could do with more stand-ins to help out occasionally. So often for club events there is a mass of people willing to stand and watch but when approached to hold a pencil, direct athletes or count laps they disappear with a fleeting excuse. Too busy, going for a jog, injured!! But ask yourself if you were in a race and no one timed you in or you went off course - would you complain?

The social side is another section poorly supported by club members. Can I ask you to give a little more support this year and support one or more of the club functions. We really do try to please you all while raising money for our club.

So may I ask for co-operation from all members of the club whether you be past Presidents, Life Members, Vice Presidents, Internationals, ex-Internationals Committee Members, or above all - a club member. We need your help to help yourselves, don't look on and expect others to do all the work all the time.

Finally, in my year of office, may I wish you all a successful year. If we all work together we will get where we should be - at the top.

Carl Lawton



PAST PRESIDENT

We cannot say farewell to Bill Merryman's year of office without expressing our appreciation for the hard work he has put in. In some ways the year must have been very rewarding for him with such an upturn in our fortunes. We realise, however, that the many administrative problems must have proved a burden. Bill, as we expected, carried on through both these sets of circumstances with good humour and his frequent attendances at our meetings and social gatherings were greatly appreciated. Well done Bill!



On New Year's Eve B.B.V. T.V. showed us a programme - 1880, A View Across the Year. It was written and narrated by Freddie Bradnum, former Hon. Editor of the Belgravian. The programme dealt with many aspects of life 100 years ago and on the sporting side we had mention of the first England v. Australia Cricket Match and the formation of the A.A.A. and of their first Championships where the One Mile was won by the legendary W.G. George.

Freddie ran for us Cross-Country and on the Road in the 1930's. During World War II he was parachuted into Europe for action behind enemy lines. After the war he continued his running and for a while he edited the "Belgravian".

grapevine



- Congratulations to three members whose domestic responsibilities have increased recently; To Pat and Arnold Benth on the birth of their daughter Melissa. To Margaret and Bernard Merry on the birth of their second daughter Delia. And to Steve Crosbie who married in September. Steve relinquished (temporarily we hope) his official duties last year due to "pressure at the office". If only we had known!
- In one of his cheery letters from Colwyn Bay, Bernard Eglinton recalls that when stationed with the R.A.F. in Germany in 1954/57 he walked in Amsterdam, Eindhoven and Rotterdam over 20 and 50 Kilos. Many had thought that Race-Walking in Holland was of more recent origin, a country which has produced many fine 100 miles walkers.
- You never know who you might meet in the crowd at the end of a London to Brighton Walk. This year a familiar face turned out to be that of an old Belgrave competitor R.(Dick) Frazer. He took up walking whilst in the London Fire Force during the second world war, and afterwards he kept up his walking with us, competing at all distances from 2 miles to the Brighton. Nowadays he lives near Portsmouth and was on a visit with his wife. Always a cheerful chap he recalled some of his old acquaintances, particularly those in the Chelsea and Fulham district, for instance the late Harry Evans, (Walking Judge), referred to as the Fulham dentist - because he "pulled" so many!
- Travel the length and breadth of the country and you will find a healthy respect and regard for Belgrave. One such to hold us in high esteem is one of the North's Chief Timekeepers, Norman Graces of Wirral A.C. who officiates at many important meetings. He joined us during the war when stationed near London and represented us in the limited competition there was in those days. He also recalls training runs with Bill Merryman from their camp, accompanied by the well known Liverpool F.C. Manager, Bill Shankly. Norman's tip for this year's Football League Championship is, of course, Liverpool.
- Whilst waiting for the runners during the "5 $\frac{1}{4}$ " we saw Tommy Scrimshaw and Win. Shepherd having a chat - the subject - John Gladwin our new star over two laps. It was Win who introduced him to the Club, and Tommy who saw how John qualified for the A.A.A. 800m Final commented on how well he had run the race. Praise indeed! Tommy should know because during his International appearances in the thirties he had to cope with some tough opposition.
- We were sorry to learn from Dave McMullen that his father died recently, he must have been well in his eighties. A Club Champion he had the distinction of leading the first Belgrave team ever to win a Senior R.W.A. Championship. This was when he was fifth in the 20 miles in 1924 (Windsor Great Park) he collected further winning medals in 1928 and 1929. For many years he was a Judge, and after retiring from the sport, he could be seen playing golf on Mitcham Common.
- Finally, we were delighted to hear from Chris Steer, one of our many members now in the U.S.A. Chris is still fit and recently managed a 55 min. 10 miler. Chris says that any Belgravian in the San Francisco area would be welcome to call in for a chat and a jar. (Address may be obtained from the Hon. Ed.)

MONEY MATTERS

In our last issue we highlighted the financial plight facing athletic clubs in general and Belgrave in particular. Since that date your Committee has taken steps to remedy the situation and our Hon. Treasurer, Jim Heathfield reported on the results at the A.G.M. held on September 20th at Belgrave.

This year the accounts were presented in a new way by separating the running costs of Belgrave Hall from the costs incurred in operating the athletics activities.

The results brought home the fact that subscriptions from members in no way meet the costs of the athletic activities. On the other hand the Belgrave Hall income (derived from operating the bar, running social activities and hiring Belgrave Hall to such groups as painting classes and football training squads) was well in excess of upkeep costs. The profit from Belgrave Hall contributed so effectively to our income that after all allowances the net gain to Club funds for the year was £806 compared to a loss of £373 for 1978/79. Congratulations to all who worked so hard to make this possible and to Bill Couzens who heads the general social and Hall activities.

THE FINANCIAL FACTS - 1979/80

Income from Subscriptions	£1,603	Net Income from Belgrave Hall	£3,063
Cost of Club Activities	£2,699	Cost of Hall upkeep	£2,347
	Deficit (£1096)	Gain	£ 716
Other Income	Gain	£1186	
		£ 806	<u>NET GAIN TO CLUB'S FUNDS</u>
		=====	

BELGRAVIAN BACKED

The 'Stop Press' Appeal for money to support the Belgravian which we made in the April 1980 edition has resulted in our receiving numerous letters of support and donations, particularly we were pleased to hear from so many of our members scattered around the globe. Our most distant contact was from Chris Steer who wrote from San Francisco with a donation. All told we received £72 and this has encouraged the Committee to approve the production of our normal full length edition on this occasion. Nonetheless, it is worth bearing in mind that the printing costs for each Belgravian now total around £300.

RECORD SPONSORSHIP

Our youngsters continue to provide support for Belgrave activities in ways other than through athletic endeavour. The 100 x 1 mile relay has always offered the opportunity for fund raising through sponsorship. The problem has been that of finding someone willing and able to take on the chore of distributing sponsor cards and chasing up contributions. This year Youth Cross Country Captain, Gerry Sexton took one step forward and at the end of the counting he had received a total of £262. The Sexton family by dint of press-ganging all the customers at The Brewsters accounted for £170. Special mention also to Ross Martin who raised £35.

from the Belgravian 25 years ago

1955 A Yacht Handicap over a course of approximately 3 miles was held on 1st October and owing to the very accurate handicapping of Bill Lucas; the biggest part of the field arrived at the tape in mass formation with the result that the recorders were completely overwhelmed and were thus unable to record all the positions. First away was Arthur Welling, followed by Bill Jones and in quick succession the rest of the field of 54 starters. Before the windmill was reached it was pretty obvious that as far as Jones was concerned the handicapper had dropped a "clanger" winning with seconds to spare from W. Couzens, a comparatively new member who is certainly an up and coming youngster. Chas. Walker is believed to have done the fastest actual time with a fine 14:49.

Leading positions are as follows: 1.W.Jones 13:03 (5:50); 2.W.Couzens 13:26 (4:00); 5.A.Penstone 13:53 (3:15); ... 7.D.Crookes 14:01 (4:00); 8.C.Dabbs 14:04 (1:25); 9.J.Heathfield 14:06 (2.30) ... 11.C. Henn 14:10 (2:00).

... and 40 years ago

1940 Our congratulations to Bill Lucas on winning his "wings". Our new Sergeant Pilot has only just been posted to his Squadron, and more news is eagerly awaited from him.

Belgrave Harriers v. Blackheath Harriers at Wimbledon A good turn out and a good crowd - mainly to see Wooderson. A good race with Carter in his unbeatable mood; and a 30-points margin in our team win. Oh, and Wooderson finished fifth.

50th Anniversary

Over the years there have been many Belgravians who have contributed to our Club's affairs by either achieving fame on the track or by devoting long hours to supporting younger members. There are few men, however, who have obtained International honours and given a lifetime to encouraging the endeavours of others. One such man is TOM CARTER who in August celebrated 50 years of membership.

Such an occasion could not pass without celebration and a surprise party for Tom and Ethel was held at Belgrave Hall in August when Bill Merryman presented Tom and Ethel with momentos of a happy anniversary. Pride of place was a fine cake decorated with a faithful replica of Belgrave's Coat of Arms and with wine flowing a great time was had by all.



★ WITH THE LADIES

My first season as Ladies Secretary is now over as is coincidentally our first season in Division III (South) of the Womens Southern League. It has been a better season than we had originally hoped in that we finished 5th. (At the beginning of the season I think we would have been pleased with 10th). With 2 matches to go and one of them at Battersea Park we were 2nd in the table and were confident that we could grab promotion but, unfortunately, we lost our way slightly and our momentum. However, it gives us a chance to drive forward again for next season with renewed vigour. In the 6 league matches we were 1st on 1 occasion and 2nd on 5 occasions (twice by one point only).

The girls and juniors in the Lily B League Div. II were not so lucky with the weather. There were four matches and two had to be cancelled due to bad weather so the league was based on two matches and, unfortunately, we finished 6th and were relegated back to Division III. This was not for lack of good performances but I think merely due to lack of numbers. Anyway we can build again for next season in this league.

There were many fine individual performances throughout the season, and just to emphasise this club records have been broken or equalled on over 40 occasions. We have always been known as a good sprinting club, our strong points being the sprints, sprint relay, long jump, shot and javelin. But this year we have become stronger in 400m/800m and 1500m winning these events in the Southern League for the first time. Also we have a good 4x400m relay squad. Our hurdlers are getting better but we need strengthening in events like the 3000m and the discus.

We gained our first County Champions in Track and Field this summer. In the Middlesex Championships, Pamela St. Ange was 1st in the Junior Ladies 200m and 2nd in the 75m Hurdles. Her sister Veronica was 1st in the Inter-Ladies Javelin. In the Surrey Championship, Glenda Mahoney was 3rd in the Inter Ladies 100 metres. In the London Schools Championships, Glenda Mahoney was 2nd in the Inter Girls 100m, and Veronica St. Ange was 2nd in the Inter Girls Javelin. In the Junior events Pamela St. Ange won the 75m Hurdles equalling the Championship Best performance and Julie Reid was 2nd in the 100 metres. Pam and Veronica St. Ange were also selected to represent London Schools in a triangular match against Surrey and Essex. Pamela was also selected for the English Schools Championships and both sisters were selected to represent Middlesex in the Southern Womens Inter Counties Championships.

I cannot praise too highly the assistance given to me by Track & Field Captains, Dawn McNeil and Wendy Dunsford, and to Jackie Barclay when Dawn was absent. Jackie has shown great club spirit particularly when insisting on running a 3000m race when injured just to gain valuable points. Whilst I don't want to mention too many names, I would like to highlight the great improvement shown by Tamsin Growney and also the dedication shown in training by those who came down regularly to Battersea Park. Ever present at these training sessions whatever the weather has been Glenda Mahoney who now does not seem to mind running 200's. Perhaps Glenda we can interest you in 400's next year.

Next a word of thanks to all those who helped at one or both home meetings, and to all the other people who have helped at those and the other meetings. A special thank you to Arthur St. Ange for helping me with the field events and also for bringing enough food to feed the rest of the team. To Ted Weldin for also helping with the field events as did Johnny Morris, Colin Pearson and Bill Merryman. Thanks to Gordon Doubleday and Derek Crookes for time keeping and Bill Lucas for track judging. Last but not least thanks to Ray Hall who although not always able to get to Battersea Park was always prepared to give his advice and encouragement.

Finally may I offer a few words of advice to our young ladies. After the event say "thank you very much" to the official or shake hands. Also try saying "well done" to those who beat you or shake the hand of those you have defeated. We want Belgrave to be remembered not for making more noise than the other 4 teams put together, but for courtesy and good sportsmanship (or is it sportswomanship).

This year has also been Olympic Year. In 1984 the Olympic Games are due to take place in Los Angeles. Some of you may have the chance to compete in this Sporting Festival, but only if you are dedicated and start training hard - NOW.

Derek Jones

Ladies Secretary

Close Second

APRIL 19th 1980 - BATTERSEA PARK - SOUTHERN WOMENS TRACK & FIELD LEAGUE
DIVISION 3 (SOUTH)

Seniors 100m (A): 2.Jackie Barclay 13.1; (B) 1.Glenda Mahoney 13.6; 200m: (A) 4.Jackie Barclay 27.8; (B) 3.Elaine Wilson 29.1; 400m: (A) 5.Tina Jordan 70.3; (B) 3.Earlene Murrell 68.1; 800m (A) 3.Tamsin Growney 2:47.6; (B) 3.Sheila Davis 3:02.1; 1500m: (A) 4.Tina Jordan 6:03.7; (B) 2.Marjorie Woodward 6:22.3; 100mH (A) 4.Juliana Lofinmaken 21.9; (B) 3.Sonya Dye 21.3; 400mH: (A) 4.Juliana Lofinmaken 80.7; (B) 3.Marjorie Woodward 86.2; HJ: (A) 3.Jackie James 1.35; LJ: 3.(A) Dawn McNeil 5.08; (B) 2.Rosalyn Donaldson 4.56; SP: (A) 3.Wendy Dunsford 10.37; (B) 3. Karen Smith 7.75; DT: (A) 4.Wendy Dunsford 21.44; (B) 4.Karen Smith 18.94; JT: (A) 2.Jackie James 26.32; 4x100m Relay: 1. 52.3; 4x400m Relay: 4. 4:38.5.

Juniors 100m (A) 2.Jackie Reid 13.7; (B) 1.Pam St.Ange 13.6; 200m (A) 1. Julie Reid 28.2. (B) 1.Bernice Rowe 29.7; 800m: (A) 2.Cathy Growney 48.1; (B) 3.Alison Jones 2:58.0; 1500m: (A) 1.Jane Arbery 5:32.7; (B) 1.Lulu Bright 5:37.1; 75mH: (A) 1.Pam St.Ange 13.1; (B) 1.Sonya Jackson 13.8; HJ: (A) 2.Julie Reid 1.35; LJ: (A) 1.Pam St. Ange 5.08; (B) 2.Sonya Jackson 4.46; SP: (A) 2.Fiona Donaldson 8.08; (B) 1.Bernice Rowe 7.37; DT: (A) 3. Fiona Donaldson 19.92; (B) 4.Tracy Hopkins 11.48; JT: (A) 1.Fiona Donaldson 21.20; (B) 2.Cathy Growney 9.10. 4x100m Relay: 1. 53.8.

Teams: 1.West Cornwall 160 pts; 2.Belgrave 159; 3.Woking 152; 4.Watford 130; 5.Eastbourne 108.

MAY 4th 1980 - WEST LONDON STADIUM - GRE JUBILEE CUP - PRELIMINARY ROUND

Seniors: 100m: 5.Glenda Mahoney 12.4; 200m: 5.Jackie Barclay 27.2; 400m: 5.Earlene Murrell 65.7; 800m: 5.Tina Jordan 2:53.4; 1500m: 5.Tina Jordan 6:02.7; 3000m: 4.Joann Warnett 13:42.0; 100mH: 4.Juliana Lofinmaken 21.0. 400mH: 5.Juliana Lofinmaken 82.6. HJ: 5.Dawn McNeil 1.35. LJ: 2. Dawn McNeil 5.20. SP: 3.Wendy Dunsford 10.01. DT: 3.Wendy Dunsford 25.16; JT: 3.Veronica St. Ange 30.75. 4x100m Relay: 4. 52.1. 4x400m Relay: 5. 5:01.

Teams: = 1.Haringey & Selsonia 753 pts. Wycombe 70; 4.Parkside 47; 5.Belgrave 42.

MAY 10th 1980 - PORTSMOUTH - SOUTHERN WOMENS TRACK & FIELD LEAGUE DIV.3
(SOUTH)

Seniors: 100m: (A) 2.Glenda Mahoney 13.8; (B) 1.Dawn McNeil 14.1. 200m: (A) 4.Glenda Mahoney 29.4; (B) 1.Elaine Wilson 29.8; 400m: (A) 4.Earlene Murrell 68.8; (B) 5.Rosalyn Donaldson 97.3; 800m: (A) 5.Tamsin Growney 2:45.2; (B) 5.Sheila Davis 3:07.3; 1500m (A) 4.Tamsin Growney 5:50.4; (B) 4.Tina Jordan 6:07.2; 3000m (A) 5.Jackie Barclay 13:44.8; (B) 5.Sheila Davis 15:59.2; 100mH (A) 3.Juliana Lofinmaken 28.3; (B) 1.Elaine Wilson 18.7. 400mH: (A) 5.Rosalyn Donaldson 94.5; (B) 3.Jackie James 80.9; HJ: (A) 5. Jackie James 1.30; (B) 4.Dawn McNeil 1.10; LJ: (A) 1.Dawn McNeil 5.08; (B) 1.Rosalyn Donaldson 4.48; SP: 1.Wendy Dunsford 10.33; (B) 2.Karen Smith 7.34; DT: (A) 3.Wendy Dunsford 21.64; (B) 4.Doris Yiadom 12.22. JT: (A) 1.Veronica St. Ange 31.39; (B) 1.Jackie James 25.40; 4x100m Relay: 1. 52.6; 4x400m Relay: 5. 4:56.9.

Juniors: 100m: (A) 1.Julie Reid 14.0; (B) 2.Sonia Jackson 14.3. 200m: (A) 1.Pam St. Ange 28.9; (B) 1.Julie Reid 29.3; 800m: (A) 5.Alison Jones 2:58.0; (B) 5.Eileen Bright 3:09.0; 1500m: (A) 3.Lulu Bright 5:27.8; (B) 5.Cathy Grownney 6.06.4; 75mH (A) 1.Pam St. Ange 13.2; (B) 1.Sonya Jackson 14.3
 HJ: (A) 4.Julie Reid 1.30; (B) =3rd.Eileen Bright 1.00. LJ: (A) 1.Pam St. Ange 4.91; (B) 1.Sonya Jackson 4.35; SP: (A) 1.Fiona Donaldson 8.42; (B) 1. Charmaine Johnson 8.34; DT: (A) 2.Fiona Donaldson 17.32. (B) 1.Charmaine Johnson 14.38; JT: (A) 1.Charmaine Johnson 20.98; (B) 1.Fiona Donaldson 20.71; 4x100m Relay: 1. 55.5.

Teams: 1.Aldershot Farnham & District 171 pts. 2.Belgrave 166. 3.Trowbridge 141. 4.Portsmouth 132. 5.Fareham 123.

JUNE 21st 1980 - EASTBOURNE - SOUTHERN WOMENS TRACK & FIELD LEAGUE DIV.3.
 (SOUTH)

Seniors: 100m: (A) 2. Jackie Barclay 12.6; (B) 1.Glenda Mahoney 12.7; 200m: (A) 1.Glenda Mahoney 26.9; (B) 3.Elaine Wilson 28.4; 400m: (A) 2.Jackie Barclay 63.7; (B) 3.Lorna Brown 68.4; 800m: (A) 3.Tamsin Grownney 2:35.4; (B) 3.Joann Warnett 2:59.9; 1500m: (A) 4.Tina Jordan 6:07.2; (B) 2.Joann Warnett 6:21.3. 3000m: (A) 4.Tina Jordan 13:48.4. (B) 3.Doris Yidom 18:51.0; 100mH: (A) 4.Julie Lofinmaken 21.0. (B) 1.Elaine Wilson 18.4. 400mH: (A) 5. Juliana Lofinmaken 84.7; (B) 2.Jackie James 78.3; HJ: (A) 5.Jackie James 1.30; (A) 4.Dawn McNeil 1.25. LJ: (A) 1.Dawn McNeil 5.40; (B) 1.Rosalyn Donaldson 4.71; SP: (A) 1.Wendy Dunsford 10.75; (B) 1.Karen Smith 7.72; DT: (A) 4.Wendy Dunsford 21.54; (B) 3.Pamela Bryan 20.94; JT: (A) 1.Veronica St. Ange 30.50; (B) 1.Rosalyn Donaldson 27.96. 4x100m Relay: 1. 51.6; 4x400m Relay: 2. 4:30.4.

Juniors: 100m: (A) 1.Pam St. Ange 12.6; (B) 1.Julie Reid 13.1; 200m: 1.Julie Reid 27.9; (B) 3.Bernice Rowe 30.0; 800m: (A) 4.Eileen Bright 2:56.2 (B) 1. Bernice Rowe 2:49.2. 1500m: (A) 1.Lulu Bright 5:30.7. (B) 3.Maureen Johnson 8:10.5. 75mH: (A) 1.Pam St. Ange 11.9. (B) 2.Sonia Jackson 13.2; HJ: (A) 1. Maureen Johnson 1.40; (B) 1.Julie Reid 1.35; LJ: (A) 1.Pam St. Ange 4.83; (B) 1.Sonia Jackson 4.40; SP: (A) 2.Fiona Donaldson 8.34. (B) 2.Bernice Rowe 7.68; DT: (A) 4.Fiona Donaldson 15.80; (B) 4.Maureen Johnson 7.12. JT: (A) 2.Fiona Donaldson 20.24; 4x100m Relay 1. 54.4.

Teams: 1. Havant 188 pts. 2.Belgrave 183. 3.Hastings 165. 4.Yeovil 87. 5.Bexley 80.

JUNE 28th 1980 - TOOTING - LILLY B LEAGUE - DIVISION 2

Juniors: 100m: (A) 2.Sonia Jackson 14.3; (B) 1.Bernice Rowe 14.6; 200m: (A) 1.Pam St. Ange 27.4; (B) 3.Bernice Rowe 30.5; 800m: (A) 5.Cathy Grownney 2:44.9. 1500m: (A) 6.Bernadette Sexton 8:14.1. 75mH: (A) 1.Pam St. Ange 13.0; (B) 2.Sonia Jackson 14.0; 1600m: Walk (A) 6.Bernadette Sexton 11:17.9; LJ: (A) 1.Pam St. Ange 5.03; (B) 1.Sonia Jackson 4.31; SP: (A) 2.Bernice Rowe 7.75; (B) 5.Eileen Bright 5.20; DT: (A) 6.Eileen Bright 11.88; JT: (A) 5.Cathy Grownney 12.40; (B) 5.Eileen Bright 9.06. 4x100m Relay: 1. 54.8.

Girls: 100m: (A) 1. Sharon Best 14.3; 200m: (A) Sharon Best 30.0; 800m: (A) 1.Lulu Bright 2:38.8. SP: (A) 3.Lulu Bright 5.25. DT: (A) 5.Lulu Bright 10.79. JT: (A) 4.Sharon Best 8.00.

Teams: 1.Bracknell 347 pts. 2.Surrey A.C. 267½. 3.Herne Hill H. 240. 4.Aldershot Farnham & Dist. 'B' 237½. 5.Belgrave 175. Hercules Wimb. 174.

DOUGLAS SPORTS

D.P. MAUGHAN
 01-686 2649

St. Martins House 16 St Martins le Grand, London EC1A 4EP

FOR ALL YOUR SPORTS CLOTHING AND EQUIPMENT CONTACT DOUGLAS SPORTS

Belgrave First

JULY 5th 1980 - BOURNEMOUTH - SOUTHERN WOMENS TRACK & FIELD LEAGUE DIV.3.
(SOUTH)

Seniors: 100m: (A) 1.Glenda Mahoney 12.9; (B) 3.Elaine Wilson 13.5. 200m: (A) 1.Jackie Barclay 26.3; (B) 1.Glenda Mahoney 27.4. 400m: (A) 1.Jackie Barclay 61.1. (B) 2.Tamsin Growney 65.5. 800m: (A) 2.Tamsin Growney 2:27.7. (B) 2.Joann Warnett 2:47.8. 1500m: (A) 2.Tamsin Growney 5:15.7. (B) 3.Tina Jordan 6:10.2. 3000m: (A) 4.Tina Jordan 13:05.8. (B) 3.Caroline Khan 15:19.8. 100mH: (A) 2.Elaine Wilson 18.5. (B) 3.Juliana Lofinmaken 21.5. 400mH: (A) 1.Jackie James 74.5. (B) 2.Juliana Lofinmaken 76.6. HJ: (A) 3.Joann Warnett 1.40. (B) 3.Jackie James 1.30. LJ: (A) 1.Jackie Barclay 5.22. (B) 1. Rosalyn Donaldson 5.20. SP: (A) 1.Wendy Dunsford 10.12. (B) 1.Pat Palmer 8.06. DT: (A) 2.Wendy Dunsford 21.78. (B) 1.Pam Bryan 21.50. JT: (A) 1.Veronica St.Ange 26.86. (B) 1.Rosalyn Donaldson 25.70; 4x100m Relay: 1. 52.4. 4x400m Relay: 2. 4:41.1.

Juniors: 100m: (A) 1.Julie Reid 13.3. (B) 2.Violet Watson 13.6. 200m: (A) 1.Pam St. Ange 26.3. (B) 1.Julie Reid 27.5. 800m: (A) 5.Cathy Growney 2:56.8. (B) 5.Jerslyn Dixon 2:47.5. 1500m: (A) 5.Lulu Bright 5:23.9; (B) 5. Lisa Reid 5:59.7. 75mH: (A) 1.Pam St. Ange 12.1. (B) 2.Sonya Jackson 13.4. HJ: (A) 2.Julie Reid 1.30. (B) 3.Violet Watson 1.20. LJ: (A) 2.Pam St.Ange 5.08. (B) 1.Sonya Jackson 4.51. SP: (A) 2.Fiona Donaldson 8.00 (B) 1. Charmaine Johnson 7.79. DT: (A) 3.Fiona Donaldson 20.06. (B) 1.Charmaine Johnson 19.66. JT: (A) 2.Charmaine Johnson 21.84. (B) 1.Fiona Donaldson 20.66. 4x100m Relay: 1. 53.6.

Teams: 1. Belgrave 197 pts. 2.Swindon 187. 3.Bournemouth 152. 4.Dartford 96½. 5.Andover 65½.

AUGUST 2nd 1980 - PIXHAM LANE, DORKING - DORKING LADIES TROPHY

Juniors: 100 yds: (A) 1.Pam St. Ange 12.6. (B) 2.Tracy Hopkins 12.8. 200m: (A) 1.Pam St. Ange 27.7. (B) 1.Tracy Hopkins 28.8. 800m: (A) 2.Eileen Bright 2:47.6. (B) 1.Martine Ray 2:56.6. HJ: (A) 2.Maureen Johnson 1.35. LJ: (A) 1.Pam St. Ange 5.09; SP: (A) 2.Fiona Donaldson 7.93. DT: (A) 2.Fiona Donaldson 18.42. JT: (A) 1.Fiona Donaldson 22.15. 4x100m Relay: 2. 55.7.

Girls: 100 yds: (A) 3.Violet Watson 12.7. (B) 2.Jerslyn Dixon 13.7. 200m: (A) 1.Violet Watson 29.4. (B) 2.Jerslyn Dixon 31.6. 800/1100m: (A) 1.Lulu Bright 41.9. LJ: (A) 4.Violet Watson 3.84. DT: (A) 2.Lulu Bright 12.50. 4x100m Relay: 3. 60.4.

Teams: 1.Herne Hill H. 103 pts. 2.Belgrave 91. 3.Dorking St.Pauls 70. 4.Wrymouth St. Pauls 41. 5.Sutton & Cheam 10.

AUGUST 9th 1980 - BATTERSEA PARK - SOUTHERN WOMENS TRACK & FIELD LEAGUE DIVISION 3 (SOUTH)

Seniors: 100m: (A) 1.Glenda Mahoney 13.0. (B) 2.Dawn McNeil 14.0. 200m: (A) 1.Jackie Barclay 27.4. (B) 1.Glenda Mahoney 27.8. 400m: (A) 1.Jackie Barclay 60.5. (B) 1.Hilary Baxter 61.8. 800m: (A) 2.Tamsin Growney 2:24.5; (B) 1.Hilary Baxter 2:25.2. 1500m: (A) 2.Tamsin Growney 5:04.9. (B) 2. Tina Jordan 6:42.6. 3000m: (A) 4.Sheila Davis 14:37.8(B) 2.Tina Jordan 14:43.8; 100mH: (A) 4.Glenda Mahoney 19.6. (B) 5.Rosalyn Donaldson 20.0. 400mH: (B) 3.Marjorie Woodward 91.5. HJ: (A) 3.Joann Warnett 1.46 (B) 1.Glenda Mahoney 1.35. LJ: (A) Dawn McNeil 5.39. (B) 1.Rosalyn Donaldson 5.22. SP: (A) Wendy Dunsford 11.14. (B) 2.Pamela Bryan 7.70. DT: (A) 2.Wendy Dunsford 25.23. (B) 2.Pamela Bryan 23.57 JT: (A) 1.Veronica St. Ange 32.86. (B) 1.Rosalyn Donaldson 30.58; 4x100m Relay: 2. 53.3. 4x400m Relay: 2. 4:19.2.

Juniors: 100m: (A) 5.Violet Watson 14.3. (B) 3.Tracy Hopkins 14.1. 200m: (A) 1.Pam St. Ange 26.2. (B) 3.Violet Watson 29.3. 800m: (A) 5.Cathy Growney 2:49.6. 75mH: (A) 1.Pam St. Ange 12.1. (B) 3.Martine Ray 15.0. HJ: (A) 3. Maureen Johnson 1.40 (B) 4.Martine Ray 1.20. LJ: (A) 1.Pam St. Ange 5.27. (B) 4.Violet Watson 4.05. SP: (A) 2.Fiona Donaldson 8.18 (B) 3.Tracy Hopkins 6.32. DT: (A) 5.Fiona Donaldson 18.8. (B) 4.Martine Ray 13.01. JT: (A) 4. Fiona Donaldson 18.54. 4x100mR: 2. 55.5.

Teams: 1.Duchy of Cornwall 185 pts. 2.Belgrave 160. 3.East Kent 132½. 4.Fleet & Crookham 121½. 5.Redhill & Reigate

AUGUST 25th 1980 - WOKING - CORONATION CUP

Senior Ladies 100m: 1. Glenda Mahoney 13.1. Senior Ladies Javelin: (B) 1. Jackie James 26.84. Junior Ladies 200m: 1.Pam St. Ange 26.6. Junior Ladies HJ: (A) 1.Pam St. Ange 1.36 (B) 1.Fiona Donaldson 1.20. Junior Ladies LJ: (A) 1.Pam St. Ange 4.74 (B) 1.Fiona Donaldson 4.25.

Team: 4.

SEPTEMBER 6th 1980 - WOKING - SOUTHERN WOMENS TRACK & FIELD LEAGUE DIV.3. (SOUTH)

Seniors: 100m: (A) 2.Glenda Mahoney 12.9. (B) 1.Jackie Barclay 13.3. 200m: (A) 2.Jackie Barclay 27.3. (B) 1.Glenda Mahoney 28.1. 400m: (A) 3.Hilary Baxter 61.8. (B) 3.Earlene Murrell 65.4. 800m: (A) 2.Hilary Baxter 2:25.6. (B) 1.Tamsin Growney 2:29.1. 1500m: (A) 1.Tamsin Growney 5:10.9. 3000m: (A) 4.Tina Jordan 13:14.0. (B) 2.Sheila Davis 15:12.2. 100mH: (A) 2.Glenda Mahoney 17.7. (B) 2.Dawn McNeil 20.2. 400mH: (A) 3.Hilary Baxter 68.8. (B) 3.Ethel Punter 89.7. HJ: (A) 2.Joann Warnett 1.46. (B) 1.Ethel Punter 1.30. LJ: (A) 1.Dawn McNeil 5.32. (B) 2.Rosalyn Donaldson 4.74. SP: (A) 2.Wendy Dunsford 10.84. (B) 2.Jackie Barclay 6.93. DT: (A) 4.Wendy Dunsford 21.92. JT: (A) 1.Veronica St. Ange 31.72 (B) 1.Rosalyn Donaldson 25.60. 4x100m: Relay 2. 51.2. 4x400m Relay: 2. 4:18.9.

Juniors: 100m: (A) 2. Julie Reid 13.6. (B) 1.Velma Hinckson 13.7. 200m: (A) 1.Pam St. Ange 27.1. (B) 1.Julie Reid 29.3. 800m: (A) 5.Eileen Bright 3:15.7. 1500m: (A) 5.Lulu Bright 5:38.8. 75mH: (A) 1.Pam St. Ange 12.7. (B) 4. Velma Hinckson 16.5. HJ: (A) 3.Velma Hinckson 1.30. (B) 3.Julie Reid 1.25. LJ: (A) 1.Pam St. Ange 5.34. (B) 3.Lulu Bright 3.90. SP: (A) 5.Fiona Donaldson 8.58 (B) 5.Eileen Bright 5.43. DT: (A) 3.Fiona Donaldson 23.60 (B) 5.Lulu Bright 12.64 JT: (A) 4.Fiona Donaldson 19.32. (B) 4.Eileen Bright 11.06.

Teams: 1.Winchester 157 pts. 2.Belgrave 156. 3.Tonbridge 153. 4.Newbury 135. 5.Bracknell 123.

SEPTEMBER 13th 1980 - WIMBLEDON PARK - LILY B LEAGUE DIVISION 2

Juniors: 100m: (A) 4. Julie Reid 14.2. (B) 1.Velma Hinckson 13.7. 200m: (A) 1.Pam St. Ange 26.7. (B) 1.Julie Reid 29.3. 800m: (A) 2.Eileen Bright 2:44.0. (B) 3.Alison Jones 3:02.5. 75mH: (A) 1.Pam St. Ange 12.7. HJ: (A) 2.Maureen Johnson 1.30. (B) 1.Velma Hinckson 1.25. LJ: (A) 1.Pam St. Ange 4.80. (B) 1.Fiona Donaldson 4.02 SP: (A) 4.Bernice Rowe 7.98 DT: (A) 3. Fiona Donaldson 20.76 (B) 2.Bernice Rowe 14.80. JT: (A) 3.Bernice Rowe 19.16. (B) 3.Fiona Donaldson 18.26. 4x100m Relay: 1. 54.0.

Girls: 100m: (A) 2.Sharon Best 14.3. (B) 5.Geraldine Hall 17.2. 800m: (A) 3. Lulu Bright 2:41.5. LJ: (A) 5.Geraldine Hall 2.69. DT: (A) 5.Lulu Bright 8.80; JT: (A) 5.Sharon Best 8.74.

Teams: 1.Bracknell 354 pts. 2.Surrey A.C. 286. 3.Aldershot Farnham & Dist. 'B' 245. 4.Hercules Wimbledon 219. 5.Belgrave 176. 6.Herne Hill H. 160.

RECORD BREAKING WIN

JUNE 25th 1980 - MOTSPUR PARK - CITY CHARITIES

LJ: 1. Dawn McNeil 5.62. (Club Record).

MAY 15th 1980 - MOTSPUR PARK - SURREY CHAMPIONSHIPS

Inter Ladies 100m: 3.Glenda Mahoney 13.2. Senior Ladies Shot: 4.Karen Smith 7.73m.

MAY 15th 1980 - HENDON - MIDDLESEX CHAMPIONSHIPS

Junior Ladies 200m: 1.Pam St. Ange 26.4. Junior Ladies 75mH: 2.Pam St. Ange 12.1; Inter Ladies Javelin: 1. Veronica St. Ange 33.62m; Senior Ladies Shot: 5.Wendy Dunsford 10.08.

APRIL 26th 1980 - MOTSPUR PARK - SURREY CHAMPIONSHIPS

Senior 4x100m Relay: Final 4. 51.7

MAY 31st 1980 - CRYSTAL PALACE - LONDON SCHOOLS CHAMPIONSHIPS

Inter Girls 100m: 2.Glenda Mahoney 12.8. Inter Girls Javelin 2.Veronica St. Ange 29.46.

JUNE 5th 1980 - CRYSTAL PALACE - LONDON SCHOOLS CHAMPIONSHIPS

Junior Girls 75mH: 1.Pam St. Ange 11.8. (Championship Best Performance); Junior Girls 100m: 2.Julie Reid 13.0. Junior Girls 800m: 5.Jane Arbery 2:38.3. Junior Girls 1500m: 5.Lulu Bright 5:14.8. (Jnr. Club Record)

AUGUST 15th 1980 - CRYSTAL PALACE - WOMENS AAA CHAMPIONSHIPS

Junior Ladies 200m: (Heats) 3.Pam St. Ange 25.78 (Senior Club Record)



A pensive Pam St. Ange

Photo ... Ray Hall



The fast improving Tamsin Growney

Photo: Stu. Barratt

Rankings '80— Women

60 metres

Pam St. Ange (J)	8.1.
Glenda Mahoney(I)	8.1.
Jackie Barclay	8.3.
Dawn McNeil	8.4.
Elaine Wilson (S)	8.5.

100 metres

Glenda Mahoney (I)	12.4.
Pam St. Ange (J)	12.6
Jackie Barclay	12.6
Julie Reid (J)	13.0
Elaine Wilson	13.5

200 metres

Pam St. Ange (J)	25.78
Jackie Barclay	26.3
Julie Reid (J)	26.6.
Glenda Mahoney (I)	26.9
Dawn McNeil	27.9

400 metres

Jackie Barclay	60.5.
Hilary Baxter	61.8
Tamsin Growney (I)	65.4.
Earlene Murrell	65.4.
Lorna Brown (I)	68.4.

800 metres

Tamsin Growney (I)	2:24.5
Hilary Baxter	2:25.2
Jackie Barclay	2:35.5
Lulu Bright (G)	2:36.9
Jayne Arbery (J)	2:38.3

1500 metres

Tamsin Growney (I)	5:04.9
Lulu Bright (G)	5:14.8
June Arbery (J)	5:32.7
Lisa Reid (G)	5:59.7
Tina Jordan (I)	6:02.7

3000 Metres

Tina Jordan (I)	13:05.8
Joann Warnett (I)	13:42.0
Jackie Barclay	13:44.8
Sheila Davis	14:37.8
Carolyn Khan (I)	15:19.8

100m H.

Glenda Mahoney (I)	17.7
Elaine Wilson	18.4
Rosalyn Donaldson(I)	20.0
Dawn McNeil	20.2
Juliana Lofinmaken(I)	21.0

400m H.

Hilary Baxter	68.8
Jackie James (I)	74.5
Juliana Lofinmaken(I)	76.6
Marjorie Woodward	86.2
Ethel Punter	89.7

75m H.

Pam St. Ange (J)	11.8
Sonya Jackson (J)	14.3
Martine Ray (J)	15.0
Velma Hinckson (J)	16.5

High Jump

Joann Warnett (J)	1.46
Jackie Barclay	1.45
Maureen Johnson (J)	1.40
Pam St. Ange (J)	1.36
Jackie James (I)	1.35
Glenda Mahoney (I)	1.35
Dawn McNeil	1.35
Julie Reid (J)	1.35

Long Jump

Dawn McNeil	5.62
Jackie Barclay	5.35
Pam St. Ange (J)	5.34
Rosalyn Donaldson(I)	5.22
Glenda Mahoney (I)	4.52

Discus

Wendy Dunsford	25.23
Fiona Donaldson (J)	23.60
Pamela Bryan (I)	23.57
Charmaine Johnson(J)	19.66
Karen Smith	18.94

Javelin

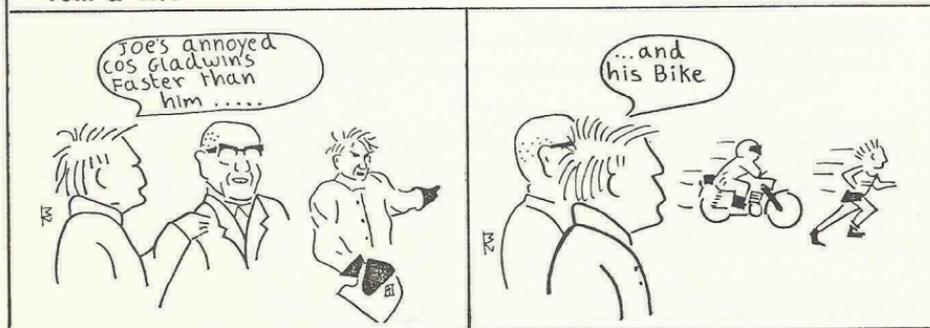
Veronica St.Ange (I)	33.62
Rosalyn Donaldson (I)	30.58
Jackie James (I)	26.84
Fiona Donaldson (J)	22.15
Charmaine Johnson (J)	21.84

Shot

Wendy Dunsford	11.14
Fiona Donaldson (J)	8.58
*Barbara Lawton	8.43
Charmaine Johnson(J)	8.34
Jackie Barclay	8.10
Pat Palmer	8.06

* second claim

Tom & Arf



WALKING

I need go no further than to mention the McSweeney Trophy to give a measure of the overall success of the walking section in the last twelve months. For 17 years Belgrave has attempted to gain this trophy but every time we have been thwarted. Until now! We have in years gone by won three Senior Nationals, but poor results in the U/21 Championships have demolished any hopes of the McSweeney Trophy. This year we did it, starting off well in the U/20 we never looked back despite some disappointing performances in Senior Nationals - 3rd in the 10 and 5th in the other three. Our Senior Nationals were without doubt unfortunate results due to not producing our best performances when they mattered. Next year we can only hope for better things.

In future the McSweeney Trophy is to start with the Senior 10, finish with the U/20 events and in addition will include the 100kms and the Colts 3kms. So we must approach it in a different way.

As John Keown comments on the London - Brighton, we must produce a stronger distance team than we have at the moment. We cannot rely on the older members to continually turn out at distances over 50kms.

There have been some encouraging performances recently. Paul Blagg (20) won the Barking to Southend Police Walk, Richard Dorman (19) was second in the A.A.A 3kms. Belgrave regained the London to Brighton team after a three year absence and we have now won it 23 times. In so doing Dave King took the 'world record' from George Beecham with 8 winning team medals.

Overall not a bad summer with wins in the Track League, Lambeth, Brighton, Havering relays but we tend to lose some we should not, especially with our strength in depth.

One could say the ladies have been disappointing, the obvious reason being complete lack of depth, Linda Nicholls carries the flag for us but there it stops. We need more girls, but from where?

We need to improve our publicity and method of contacting potential new members. Once again any volunteers?

Next year we anticipate some longer trips for the Nationals. It will mean Exeter for the 10 miles, York and Lincoln for the 35kms and 50kms. These are all long journeys, so can we ensure our strongest teams. Due to the high cost of travelling we may be forced to limit numbers to our strongest teams.

Walking Reports by Carl Lawton

MARCH 22nd 1980 - FINSBURY PARK - INTER CLUB 7 MILES

1.K.McDermot 55.12. 8.D.Fotheringham 61.03. 9.J.Dunsford 62.36 11.C.Long 63.35.

MARCH 29th 1980 - PARLIAMENT HILL - A.A.A. 10Km.

1. R.Mills (Ilford) 43:21.6; 8.C.Lawton 45.50; 9.R.Dorman 45.59; 13.M.Scameil 48.38; 14.K.McDermot 48.41; 17.E.Crossingham 50.13; 18.J.Newnham 50.33; 23.M. Nicholls 51.32.

Boys: 2kms - 3.I.McDermot 10.47.

APRIL 12th 1980 - WEST LONDON - S.C.A.A.A. 10Kms

1.A.James Enf.43:47.3. 2.C.Lawton 45:10.9; 3.J.Hall 47:18.9; 5.M.Nicholls 48:17.2.

APRIL 15th 1980 - BASILDON - 50Kms.

1.A.James (Enf.) 4:8m41. 2.C.Lawton 4:22.38; 5.J.Newnham 4:47.12; 12.R.Day 5:21.21; 20.P.King 5:45.59; 22. J.Keown 5:47.38.

APRIL 19th 1980 - BRIGHTON TO STEYNING

1.R.Mills (Ilf.) 1:31.22; 9.J.Hall 1:42.23; 14.M.Nicholls 1:46.53; 17.E. Crossingham 1:48.08; 20.J.Newnham 1:49.11; 26.J.Dunsford 1:53.09; 27.M.Hills 1:53.29; 37.R.Day 2:01.30.

Team: Belgrave 2nd.

APRIL 26th 1980 - CHELMSFORD - SOUTHERN 20m INCORP.SURREY AND BELGRAVE CHAMPS.

1.R.Dobson (Ilf.) 2:33.57; 8.C.Lawton 2:42.18; (1st Bels.3.Surrey); 11.M. Scamell 2:45.28 (2nd Bels.) 13.J.Newnham 2:47.01 (3rd Bels.) 14.R.Middleton 2:47.28; 23.J.Dunsford 2:54.43; 34.J.Bromley 3:04.58; 36.M.Hills 3:06.43; 39.R.Day 3:11.11; 44.J.Scamell 3:13.44; 55.G.Beecham 3:20.32; 58.J.Keown 3:22.36; 59.D.King 3:23.06; 67.J.Morris 3:35.34.

Teams: Southern - 1.S.W.C. 31 pts. 2.Bels.32. Surrey - 1.Bels.

MARATHON

Richard Dorman and Carl Lawton competed for a winning G.B. team in a Penzance to London 500 mile relay against the U.S.A. each team consisting of 7 walkers the event being spread over 7 consecutive days from April 18th - 26th.

MAY 4th 1980 - PLYMOUTH TO DAWLISH - 42 MILES

1.C.Lawton 6:34.39; 10.J.Dunsford 7:21.28;

MAY 7th 1980 - BATTERSEA PARK - BELGRAVE/SURREY COUNTY 10 Kms.

1.P.Selby 46.39; 4.J.Hall 47.36; 5.J.Newnham 49.42; 6.M.Nicholls 50.24; 7.R. Middleton 51.06; 11.J.Bromley 53.27; 12.R.Day 53.37; 13.D.Fotheringham 54.26; 14.M.Hills 54.28; 15.J.Dunsford 55.12; 16.C.Long 55.39; 19.P.Morris 57.09; 21. J.Scamell 58.25; SWC. 1st Surrey

Teams: 1.Bels (Elson Cup) 2.Bels.

MAY 10th 1980 - SOUTHPORT - NATIONAL 20Kms.

Belgrave took a full team up to Southport, but unfortunately not a fully fit team. Paul Blagg had a splendid performance in finishing 11th but behind him the retirement of Dorman and Lawton put paid to any medal hopes.

1.M.Parker (Brighton) 89.20; 2.A.Seddon (Enf.) 89.41; 3.A.James (Enf.) 91.40; 11.P.Blagg 94.41; 27.J.Hall 100.41; 33.M.Scamell 102.34. 37.J.Newnham 103.21; 38.R.Middleton 104.02; 39.M.Nicholls 104.06; 60.J.Bromley 109.54; 63.K. McDermot 111.42; 65.E.Crossingham 112.08; 70.M.Hills 114.51; 84.J.Scamell 119.14; 94.J.Keown 124.59.

Teams: 1.York Postal 38; 2.Leics.W.C. 38; 3.Surrey W.C. 51; 5.Bels. 85.

MAY 24th 1980 - LEICESTER MERCURY 20 MILES

1.A.Seddon (Enf.) 2:31.33; 2.B.Adams (Leic.) 2:36.48; 3.C.Lawton (Bels.) 2:39.33; 4.R.Dorman 2:41.58; 11.J.Newnham 2:57.21; 16.J.Dunsford 3:05.59; 18.R.Day 3:07.05; 27.J.Bromley 3:15.37; 33.J.Scamell 3:19.46; 38.J.Keown 3:26.56.

Teams: 1.Leics. 16 pts. 2.Bels. 23.

D. Howie finished 5th in the Scottish 20Kms on 18th May.

JUNE 7th 1980 - PARLIAMENT HILL

3Kms: 1.A.Seddon (Enf.) 12.37; 4.C.Lawton 13.18; 5.M.Nicholls 13.36. 7.E. Crossingham 14.15.

5Kms: 1.D.Stevens (Steyning) 22.57; 2.M.Scamell 23.38; 8.J.Newnham 24.30;

10Kms: 1.M.Parker (Brighton) 43.52; 6.R.Dorman 49.28; 7.K.McDermot 49.36; 14.J.Scamell 57.23.

2Kms: 6.I.McDermot 10.24; 9.A.Dorman 11.50;

Teams: 1.Bels. 94 pts. 2.Steyning 90; 3.Havering 86.

JUNE 7th 1980 - LUTON - VAUXHALL MOTORS 10Kms.

1.C.Lawton 48.15.

JUNE 14th 1980 - CRYSTAL PALACE - U.K. 10Kms TRACK CHAMPIONSHIP

1.A.James (Enf.) 43:26.3; 6.C.Lawton 44.52; 10.R.Dorman 46:48.8; 11.J.Hall 46.50; 12.P.Blagg 47.20.

JUNE 21st 1980 - VICTORIA PARK - NATIONAL 35Kms.

Despite a full turn out it was not to be Belgrave's day and again we finished 5th.

1.A.Seddon 2:40.04; 2.T.Erickson (Aust.) 2:42.55; 3.A.James (Enf.) 2:43.02
8.C.Lawton 2:53.26; 26.P.Blagg 3:04.26; 29.J.Hall 3:06.20; 32.R.Middleton
3:07.13; 35.J.Newnham 3:14.05; 43.J.Dunsford 3:21.20; 63.J.Scamell 3:36.06;
64.M.Scamell 3:36.06; 69.J.Morris 3:39.07; 82.J.Keown 3:49.57;

Teams: 1.Leic. 57 pts. 2.York 73; 3.Steyning 78; 5.Bels. 85.

JUNE 28th 1980 - BROCKWELL PARK - LAMBETH FESTIVAL

10Kms: Senior - 1.T.Erickson (Aust.) 42.32; 9.P.Blagg 46.41; 12.M.Nicholls
48.10; 14.M.Scamell 49.07; 15.K.McDermot 49.10; 17.J.Newnham 50.00;
20.E.Crossingham 50.12; 26.S.Marshall 51.43; 30.M.Hills 52.04; 31.J.
Dunsford 52.10; 39.J.Bromley 53.58; 40.D.Potheringham 54.26; 49.J.
Scamell 57.26; 53.J.Keown 58.51; 64.J.Morris 65.13;

Teams: 1.Bels. 26 pts. 2.Enfield 36. 3.Steyning 41. 8.Bels.(B) 75.

3Kms: Boys - 3.I.McDermot 15.47;

10Kms: Wms - 9.L.Nicholls 66.45.

JULY 9th 1980 - WIMBLEDON PARK - SURREY COUNTY 3 Kms.

1.R.Dorman 12:59.3; 2.C.Lawton 12:56.4; 3.P.Selby (SWC) 13.35; 4.J.Newnham
13:54.7; 5.E.Crossingham 14:14.9; 7.R.Morris 16:14.2; 8.J.Morris 16:44.8.

JULY 19th 1980 - BASILDON - NATIONAL 50Kms

For the 3rd National in succession Belgrave repeated that 5th place. On a 5-lap course torrential rain slowed the pace after 3 hours, but Paul Blagg came through for a fine 6th place.

1.T.Erickson (Aust.) 4:10.33; 2.D.Jackson 4:16.25; 3.B.Adams 4:23.01; 6.P.Blagg 4:31.55; 15.M.Scamell 4:46.14; 19.J.Hall 4:51.28; 26.J.Newnham 5:01.11; 30.J.Dunsford 5:08.08; 52.D.King 5:43.37; 61.J.Keown 5:50.54; 62.J.Morris 5:52.24; 66.G.Beecham 5:57.16;

Teams: 1.Leic. 34 pts. 2.Sheff. 43; 3.York Postal 49; 5.Bels. 62;

Paul Blagg won the Barking to Southend 33 mile walk on May 18th to become the first Belgrave man to win since George Checkley in 1954.

Paul Blagg also won the British Police 3 Kms. Championship at Southampton in 12:53.4.

AUGUST 2nd 1980 - HASTINGS TO BRIGHTON - 38 MILES

A weak team started and disaster followed in this classic race. 4 men toed the line, but heat and exhaustion forced John Newnham (35Kms) and Carl Lawton (40Kms) to retire leaving Dave King 19th in 7:13.42 and G.Beecham 22 in 7:21.10 to finish.



In the A.A.A. Junior 10Kms at Birmingham on August 3rd, Richard Dorman placed 3rd to G.Vale (Surrey W.C.) in 45:51.87.

In an Inter-Counties Junior Meeting at Motspur Park on August 10th, Belgrave were represented by R.Dorman 1st (Surrey); M.Nicholls 4th (Kent) and S.Marshall 7th (Kent) and A.Dorman 7th in the Youths.



AUGUST 16th 1980 - VICTORIA PARK - SOUTHERN 20Kms

1.E.Anderson (Norway) Guest 1:29.53; 5.G.Nibre (Ilf.) 1:33.19; 6.C.Lawton 1:37.16; 7.R.Dorman 1:38.19; 9.P.Blagg 1:40.18.

Teams: 1.Bels.

1 — 2 — 3

AUGUST 30th 1980 - WEST LONDON - G.L.C. 3Kms

1.R.Dorman 12.53; 2.C.Lawton 13.13; 3.J.Hall 13:17.

Richard's Good Walk

SEPTEMBER 5th 1980 - CRYSTAL PALACE - A.A.A. 3Kms.

Richard Dorman walked a personal best 3Km in the AAA's Centenary Meeting and received good TV coverage displaying his Belgrave vest in fine style.

1.S.Barry (Roath) 12:00.5; 2.R.Dorman 12:24.5 (PB); 7.C.Lawton 12:53.8; 10.J.Hall 13:12.9; 11.M.Scamell 13:33.7; 12.J.Newnham 13:34.7.

SEPTEMBER 6th 1980 - LONDON - BRIGHTON

The scene is the front at Brighton on 6th September, just after 2.0 p.m. we are awaiting the arrival of the competitors who had left Big Ben at 6.00 precisely. The announcer, Denis Yale (Surrey W.C.) is ready, armed with information about every competitor so that as each one turns into the finish the spectators will know something about him before he crosses the line. First to finish is Peter Selby of Surrey W.C. in 8:21.35, followed by last year's runner-up John Eddershaw (Sheffield). So they come in, and as the eighth appears a well-known veteran who has won Gold Medals on the Continent is announced - our own John Dunsford who gains a first-class standard and wins his first Club Championship. A marvellous performance for it was only a few years ago that he was very ill following a serious operation. The way he slowly walked himself back to fitness has won the admiration of us all.

At this stage the announcer says that four clubs have each got one man in for the team race, it looks like anybody's race. Next to finish is our own Ron Day, a comparative newcomer when you consider how many years some of them have been on the road (remember him becoming Club Champion on his first Brighton?) Ron has also been seen in cross-country races, but he got this one worked out alright. Two in for the Bels and another club vest appears - Dave King, if we win this year's team race it will be his eighth winning medal, to take him one ahead of George Beecham, both having won seven. Other clubs then get men finishing and just before second-class standard time is up John Morris comes in. Yes, it's the same chap who is a Field Events Judge and does such a lot for us including committee work, he also trains Peter and Ros. So, with 27 points we have won.

Two more of our stalwarts come in later, John Keown drew great applause when it was announced that this was his 22nd consecutive "Brighton", and he's finished in all of them. John is another who does a lot for Walking as readers of Race Walking Record well know. He is followed home by the aforementioned George Beecham who, as usual is welcomed by his wife Marlene, and daughter, Christine, who competes for their local club, Southend. Six starters, six finishers.

We have made amends for last year's race when we didn't start a team (only two clubs did). I always enjoy the "Brighton" - more so when we win!

Gordon Doubleday

1.P.Selby S.W.C. 8:21.35; 2.J.Eddershaw (Sheff.) 8:28.22; 3.K.Halstead (Cov.) 8:42.05; 9.J.Dunsford 9:09.40; 10.R.Day 9:25.37; 11.D.King 9:34.23; 22.J. Morris 9:56.58; 29.J.Keown 10:14.12; 30.G.Beecham 10:24.29.

Teams: 1.Bels 27 pts. 2.S.W.C. 36; 3.Enfield 41.

The early leader T.Erickson of Australia found out why nobody has beaten Don Thompson 20 year record and retired at 40 miles.

"One cannot help but wonder what has happened to the replacements who should now be establishing themselves as specialists at long distance events 'Old men cannot go on for ever' or can they?"

John Keown

SEPTEMBER 14th 1980 - BLACKHEATH FESTIVAL

10Kms - Men: 1.P.Blagg 45.02; 3.E.Crossingham 50.25; 19.J.Bromley 55.46; 29.J.Morris 60.09.

Teams: 1.Medway 23 pts. 2.Belgrave 25.

Junior 5Kms: 2.S.Marshall 24.25; Ladies 5Kms: 5.L.Nicholls 30.13.

Girls 2.Kms: 15.T.Nicholls 15.19.

At Cerne Abbas, Dorset 14th September, Carl Lawton won the South Western Counties 20Kms in 98.09. John Hall placed 3rd in the Sussex 10Kms Champs

SEPTEMBER 20th 1980 - PARLIAMENT HILL - HIGHGATE 1 HOUR WALK

Sec.A: 4.P.Blagg 13.037; C.Lawton 12.151; J.Newnham 11.899; M.Nicholls 11.835
M.Scamell 11.299.

Sec.B: 4th S.Marshall 11.595; D.Fotheringham 11.268; J.Bromley 10.920.

Sec.C: J.Scamell 10.185.

DOUBLE WIN

Bels. take all at Havering Medley Relay.

Hornchurch September 21st. Bels 'A' Dorman, Lawton and Blagg won the 4, 6, 8Kms relay in 81m 31 to Ilford 87.05 with Bels. 'B' first 'B' Team in 90.05 with Scamell, Marshall and Nicholls.

SEPTEMBER 27th 1980 - VICTORIA PARK - SOUTHERN JUNIOR R.W.A. CHAMPIONSHIPS

10Kms: 1.R.Dorman 45.50; 2.G.Vale (SWC) 46.09; 4.M.Nicholls 49.05; 6.S.Marshall 49.43; 10.P.Morris 60.13.

5Km Y: 4.R.Jell 24.59; Boys 3Kms: 17.A.Dorman 17.37.

SEPTEMBER 27th 1980 - SUTTON COLDFIELD - NATIONAL 100Kms.

Only John Keown was classified at 90Kms in the second national at this distance. Ron Day and John Morris, probably still not fully recovered from the Brighton, retired.

SEPTEMBER 28th 1980 - SOUTHEND - OPEN 5 MILES

Carl Lawton wins as Eric Hall takes first veteran.

1.C.Lawton 35:59.5 2.A.James 36:29 3.R.Mills 37.48; 17.E.Hall 41.48; 30.J.Scamell 46:38.2.

John Hall won the Civil Service 3Kms Championship and Richard Dorman the Inter Banks 3Kms at Crystal Palace during the summer.

A surprise visitor at our Club Championships was Alex Traquair who greeted our Hon. Starter "Young Penny" like a long lost friend. Alex told us that he introduced Arthur to Belgrave in the late 1920's having himself joined in 1920 with Wally Ballis the General Secretary. Alex competed for Britain in the 1928 Olympics when he ran in the Cross Country and also competed in the wrestling. Arthur of course went on to win the 1934 Commonwealth Games 6 miles which was held at the White City.



Photo: Bill Laws

TRACK AND FIELD

The 1980 season has been a successful one for the track and field side. Our aim at the beginning of the year was to reach the top ten among the 25 Clubs that contest Division One of the Southern League - remember that the last two seasons had seen us miss relegation by the skin of our teeth. Luck was against us to start with, for a third of our matches were washed out by bad weather and we ended up clashing with nearly all the top clubs and missing out on the chance of beating some of the weaker ones. Nevertheless, after a superb win in our home match, when we were without some of our best athletes, we finished 12th overall. Then came the news that due to another club fielding an ineligible competitor on three occasions the league table needed to be recalculated. We finally came out 10th - target achieved! This was our highest position since 1976 with our first match win since 1977. Our aim next year is the top six.

In the Rosenheim League we started casually and after a couple of reasonable matches applied the pressure to gain two wins and two seconds. We ended up second in our section of the league and therefore entered the final for the first time ever. Hopes of a win in the final did not materialize due to injuries and holidays.

Our athletes also tasted success as individuals.

At the highest possible level Ernest Obeng kept the name of Belgrave Harriers on the sports commentators lips as he reeled off a succession of 100 metre wins at stadiums all over the world. Although denied the chance of competing at Moscow due to organisational problems in his home country of Ghana, he must have been considered a potential medallist over the short sprint. For not only did he beat Cuba's Silvio Leonard, subsequently the silver medallist, just a few weeks before the Games, he also defeated Allan Wells, the Olympic Champion, shortly after Moscow. His time of 10.21 in the latter race was a personal best and of course a Club Record, and for this performance he has been awarded the "Tommy Green" Cup for the third consecutive year.

Derek Williams, in only his third year of athletics, is not far away from International class. His best long jump of the year, 7.38 metres in the final Southern League match, missed our Club Record by just 3 centimetres. In fact his improvement has been so rapid that he is being tipped to reach 8 metres next year. But his talent is not confined to jumping, he is our leading sprinter when Ernest is away and on the occasion of his best long jump and after five events he turned in a 49.1 400 metre relay leg on the Battersea cinders.

Pat Lytle, a Youth, competed with distinction in all our matches as a Senior over 100, 200 and even 400 metres, mostly placing first or second. His cool and calm demeanour off the track contrasts with the tremendous aggression he displays during his races and at 16 years of age he is already a key team member. Pat was awarded a Youth Club Honours Badge for his 22.8 200 metres in the Club Championships and he also bettered the required standard for this award several times over 100 metres.

John Gladwin's mighty 800 metres of 1:50.8 at the Club Championships destroyed the Junior Club Record but even this performance was totally eclipsed by his showing in the AAA Senior Championships at the Crystal Palace where he scorched to 1:48.7 in the heats to smash our Senior Club Record as well. He clocked a spectacular 1 mile time of 4:09.05 to win the Lauriston Championship and recorded a further Belgrave best by winning the Fire Brigade meeting 1,000 metres in 2:26.0. A BMC Invitation 1,500 metres gave him the chance to collect our Junior 1,500 metre record with 3:52.9 and yet another sub 1:50 excursion over two laps at Brighton in late September showed that his AAA

form was no fluke. All this and still only 17. Very few runners have been able to lay claim to such times at his age - among them Jim Ryun and Steve Ovett! But John is not alone when it comes to Junior middle distance talent in Belgrave. Stuart Paton gained a Scottish international vest and a 1:54.4 800 metre time in the Home Counties International, ran 3:55 on numerous occasions over 1,500 metres, and became one of the fastest Junior steeplechasers of all time with his 5:53.5 2,000 'chase in the Inter Counties. This latter performance reduced the Junior Club Record by over 30 seconds, beat the AAA Jnr. Grade I standard by 15 seconds and meant that yet another Honours badge was due to be awarded.

If these were the stars of 1980 there were others also who must be mentioned - particularly 800 man Mark Waller, John Bicourt (whose 14:35.3 5,000 metres was one of his best ever), hurdlers Paul Whitby and Mark Lindsay-Bayley, and our tower of strength who now concentrates on shot and discus - Cliff Brooks.

Nevertheless, our team is far from being strong all round. We particularly need the following for 1981 (with no disrespect intended to those who already compete at these events):-

1 or 2 sprinters, 3 400 metre men, a specialist 5,000 metre runner, a steeplechaser, another thrower in each of javelin, hammer, shot and discus, a triple jumper and pole vaulter.

Even the events in which we are very strong need looking at. Younger middle-distance men will soon be sought out by the powers that be for international class competition: we will need runners to cover for them. Mark Lindsay-Bayley is off to Edinburgh University leaving a big gap in our side and highlighting the fact that after our top two in most events, we have to struggle to find an adequate reserve. Eustace Aska, Dave Bailey, Matthew Cannon, Mick Manning etc. Where are you? - Now is the time to start getting ready for next season.

Our handicap events seemed to be greatly enjoyed, many thanks to the sponsors, but the Club Championships meeting cannot be said to be well supported. Consideration is now being given to holding our championship events over a series of Wednesday evenings in 1981 to try and get more representative fields

Provisional fixtures have been arranged for next year's Southern League and for the first time we do not have a home fixture. The reason for this is that an attempt is being made to hold most of the matches at "all-weather" venues. Our only "cinder" meeting will be at Croydon and once again we are very lucky to have avoided any long journeys (we'll surely get Yeovil or Plymouth before long).

reports by **ALAN MEAD**

For Your Diary.

May 2nd	Windsor	v. Windsor, Slough & Eton A.C. Old Gaytonians, Verlea and Chelmsford.
May 30th	Crystal Palace	v. Surrey A.C., South London H, Norfolk and Elliotts.
June 6th	West London	v. Queens Park H, Plymouth, Havering and Herne Hill H.
June 27th	Wycombe	v. Wycombe Phoenix, Yeovil, Hounslow, Crawley.
July 25th	Croydon	v. Croydon H, Haringey, Shaftesbury and London Irish.
Aug. 15th	New River	v. North London, Cambridge & Coleridge, Hastings and Portsmouth.

APRIL 20th 1980 - BATTERSEA PARK - SENIORS v. UNDER 20s

100:

1.P.Lytle (U) 11.4; 2.C.Gillett (S) 11.6; 3.M.Lindsay-Bayley (S) 12.2;
 4.D.Bailey (U) 12.2. Non-scoring race: 1.P.Whitby 12.2; 2.K.Clarke 12.7;
 3.R. Martin 13.1. 200: 1.M.Brockington (U) 23.5; 2.P.Lytle (U) 23.8;
 3.R.Hopkins (S) 24.1; 4.C.Gillett (S) 24.7; Non-scoring race: 1.K.Clarke
 26.4; 2.B.Lumsden 26.7; 3.R.Martin 27.5; 4.T.Nwosu 27.5.
 400: 1.J.Gladwin (U) 52.0; 2.P.Whitby (S) 55.5; 3.D.Bailey (U) 55.7;
 4.P.Gardner (S) 57.6; 5.T.Nwosu 63.3; 800: 1.J.Gladwin (U) 2:03.4;
 2.N.Kirmatzis (S) 2:05.5; 3.M.Waller (U) 2:05.7; 4.S.Williams (S)
 2:06.08; 5.P.Gardner 2:07.5; 6.M.Sinclair 2:08.7; 7.J.Davis 2:21.5;
 8.M.Blackmore 2:30.2; 9.A.North 2:50.9. 1500: 1.M.Waller (U) 4:31.2;
 2.M.Sinclair (U) 4:32.6; 3.M.Head (S) 4:38.2; 4.T.Dowdall (S) 4:38.4;
 5.A.Jones 5:02.5; 6.P.Dorman 5:04.9. 3000: 1.S.Holmes (S) 9:19.2;
 2.L.Lyons (S) 9:40.6; 3.S.Williams 9:41.4; 4.T.Dowdall 9:46.4; 5.
 L.Coy 10:02.2; 6.A.Jones (U) 10:08.8; 7.W.Kerr 10:17.6; 8.K.Sinclair
 10:19.2. 4 x 100: 1.Under 20s: 48.8; 2.Seniors 49.1; 3.Senior
 Scrubbers 54.6.

LJ: 1.M.Lindsay-Bayley (S) 5.90; 2.A.Bentt (S) 5.89; 3.P.Lytle (U)
 5.88; 4.R.Hopkins 5.87; 5.K.Clarke (U) 5.34; 6.P.St.Ange 5.21.
 HJ: 1.M.Lindsay-Bayley (S) 1.75; 2.A.Bentt (S) 1.70; 3.R.Hopkins 1.70;
 4.P.St.Ange (U) 1.60; 5.M.Sinclair (U) 1.55. SP: 1.J.Aska (S) 10.69;
 2.J.Martin (S) 10.62; 3.R.Hopkins 10.19; 4.P.Lytle (U) 9.78;
 5.P.Whitby 7.67; 6.G.Butler (U) 7.48. JT: 1.J.Aska (S) 48.26; 2.
 R.Hopkins (S) 33.48; 3.P.Whitby 33.36; 4.P.Lytle (U) 26.52; 5.G.Butler
 (U) 10.94. (Note: under 20s used their respective age group throwing
 implements.)

Teams: 1.Seniors 57 pts; 2.Under 20s 49 pts.

APRIL 26th/27th, MAY 13th to 17th 1980 - MOTSPUR PARK - SURREY CHAMPIONSHIPS

Seniors: 200: 5.C.Gillett 24.1. 800: hts.S.Williams 2:05.7. 1500: hts.
 N.Kirmatzis 4:11.3. 5000: 11.J.Abberton 15:55.9. 400H: 2.P.Whitby 58.8.
 4x100: 3.Belgrave (D.Williams, R.Hopkins, C.Gillett, P.Lytle) 45.0. 3000SC:
 6.T.Dowdall 10:52.5. LJ: 1.D.Williams 7.13. PV: 5.M.Shippen 4.00.

Juniors: 400: 3.J.Gladwin 50.9. 800: 2.J.Gladwin 1:58.0, jts. M.Sinclair 2:08.4.
 1500: 6.S.Paton 4:05.7, hts. M.Sinclair 4:18.8, J.Searle 4:25.4. 3000: 5.S.
 Paton 8:56.6, 12.D.North 9:03.0. 15.M.Waller 9:10.0.

Youths: 100: 4.P.Lytle 11.8. 200: 2.P.Lytle 23.7. 1500: 6.G.Sexton 4:21.4.
 3000: 7.G.Sexton 9:35.6. LJ: 3.P.Lytle 6.02. Pentathlon: 2.P.Lytle
 2276 pts. (HJ/1.45, 200/24.1, LJ/5.68, SF/9.84, 1000M/3:18.2).

MAY 3rd 1980 - PORTSMOUTH - SOUTHERN LEAGUE DIV.I, MATCH 1

It seemed as if it was going to be the old, old story; a team reasonable on paper, crumbling by Friday night due to injuries and illness, shattered by Saturday with the non-appearance of a couple of members. The worst blow came when Derek Williams, down for five events and on whom we rely far too heavily, came out with a pulled hamstring. Nice to see Pat Halliday though, back from France for the weekend and turning up on the off-chance of a run.

So, with 3rd and 4th string athletes pressed into action, the match began. In windy and cold conditions we struggled on the track but surprisingly, even though the actual performances were not high, fared pretty well on the field. Our only double win came in the vault. Mark Shippen took the 'A' as we might have expected and Arnold Bentt, not expecting to tackle this event and without any background training behind him, cleared 2.90 to win the 'B' and then went on to attempt to equal his best ever of 3.10. Masterful was the only way to describe John Gladwin's domination of the 800 field - winning by a long way even if the time was slow. A special mention too for Tom 'Jimmy' Dowdall's fighting run in the 'B' steeplechase.

As the match neared the end we moved into second team place - an unthought of possibility a couple of hours earlier - but we couldn't quite maintain it to the end. A close result, however, and by the time our coach arrived back at Clapham spirits were high and the next league match eagerly looked forward to.

100: 4.P.Lytle 12.4; 5.E.Aska 12.9. 200: 5.P.Lytle 24.4; 3.P.Halliday 25.2. 400: 5.E.Aska 55.8; 4.R.Hopkins 54.1. 800: 1.J.Gladwin 1:59.7; 4.M.Waller 2:03.8. 1500: 3.J.Bicourt 4:09.5; 2.N.Kirmatzis 4:15.9. 5000: 4.A.MacIntosh 15:48.0; 4.J.Rimmer 17:39.6; 100H: 3.P.Whitby 17.5; 1.M.Lindsay-Bayley 17.5. 400H: 3.P.Whitby 59.9; 2.D.Bailey 64.0. 3000SC: 4.I.Duncan 10:15.4; 2.T.Dowdall 10:24.6. 4x100: 5.P.Lytle, P.Whitby, P.Halliday, R.Hopkins 46.0. 4x400: 2.J.Gladwin 52.5, D.Bailey 55.5, R.Hopkins 53.8, P.Halliday 53.9, 3:35.7. HJ: 3.M.Lindsay-Bayley 1.70; 2.R.Hopkins 1.65. LJ: 4.R.Hopkins 5.96; 3.S.Crosbie 5.94. TJ: 3.S.Crosbie 12.55; 2.A.Bentt 12.12. PV: 1.M.Shippen 3.60; 1.A.Bentt 2.90. SP: 2.C.Brooks 12.80; 3.J.Martin 10.34. DT: 5.J.Martin; - C.Brooks. JT: 3.J.Aska 43.18; 3.C.Brooks 34.20. HT: 4.J.Aska 29.94; 4.J.Martin 22.44.

Teams: 1.North London A.C. 130; 2.London Irish 103; =3.Belgrave H and Yeovil 101; 5.Portsmouth A.C. 99.

Non-scoring: 1500m: 4.S.Holmes 4:23.2; 5.M.Sinclair 4:24.6; 6.G.Sexton 4:30.0; 9.M.Gleave 4:34.8; 10.L.Lyons 4:35.3; 11.A.Horton 4:38.0; 12.M.Head 4:40.4; 14.K.Sinclair 4:45.8.

MAY 7th 1980 - BATTERSEA PARK

1 Mile Handicap (Sponsor - Chas. Manning): 1.M.Gleave (240y) 4:11; 2.D.Bailey (300y) 4:12; 3.W.Kerr (250y) 4:13; 4.K.Sinclair 4:14; 5.T.Dowdall 4:21; 6.T.Teal 4:22; 7.L.Lyons 4:23; 8.D.Gordon 4:25; 9.M.Head 4:28; 10.L.Mann 4:29; 11.E.Crutcher 4:29; 12.R.Martin 4:32; 13.D.Davies 4.33; 14.K.Duckett 4:34; 15.L.McLean 4:37; 16.C.Manning 4:45; 17.R.Coombs 4:53.

MAY 24th 1980 - NORBITON - BANSTEAD COACHES TROPHY

Seniors: 400: 6.S.Crosbie 58.0. 800: 4.N.Kirmatzis 2:02.7, 1.S.Williams 2:05.7 1500: 5.S.Holmes 4:20.2. 5000: 4.R.Smith 15:34.7, 10.J.Rimmer 16:01, 17.L.Lyons 16:42, 19.B.Taylor 16:46, 21.M.Gleave 17:06; 110H: 1.M.Lindsay-Bayley 16.1. 400H: 5.D.Bailey 64.6; 2.M.Lindsay-Bayley 63.3. 3000SC: 5.T.Dowdall 10:33.2, 3.L.Coy 11.04.0. HJ: 3.M.Lindsay-Bayley 1.70. LJ: 1.S.Crosbie 5.58. 1.M.Lindsay-Bayley 5.58. JT: 4.S.Crosbie 43.44.

Juniors: 100: 4.P.Lytle 12.1. 200: 2.P.Lytle 24.4. 400: 4.M.Waller 55.3. LJ: 1.P.Lytle 5.46. SP: 3.P.Lytle 8.42. HT: 2.P.Lytle 14.62.

Team Result: 1. Surrey A.C. 345; 2.Walton A.C. 215; 3.London A.C. 138; 4. Belgrave H. 137; 5.Mitcham A.C. 133; 6.Woking A.C. 115; 7.Hercules Wimbledon A.C. 108.

Belgravians were in action at several venues over the Whitsun holiday weekend. At Cwmbran Cliff Brooks put together a 6035 point decathlon including a 13.86 shot putt, while at Birmingham, in the Inter-Counties Championships, four of our men competed for Surrey. Richard Dorman and Carl Lawton were 7th and 9th in the 3km and 10km walks, Derek Williams leaped a personal best of 7.21 and Ernest Obeng began his 1980 summer campaign by taking the 100 metre title in 10.53. Back at Cwmbran on the Monday for the Cwmbran Classic Meet, Ernie was clear again with 10.71 from McMaster and Green, and in the longer sprint placed 4th with 21.73.

MAY 28th 1980 - TOOTING - ROSENHEIM LEAGUE

100: 4.M.Lindsay-Bayley 12.4, n/s 1.P.Lytle 12.1. 200: 4.M.Lindsay-Bayley 24.5. 800: 5.M.Gleave 2:14.8, n/s 4.L.Lyons 2:12.8; 6.R.Kersey 2:16.8; 7.R.Taylor 2:20.1; 9.K.Sinclair 2:20.5; 13.C.Manning 2:47.0. 1500: 4.L.O'Hara 4:16.8, n/s 8.M.Head 4:41.4; 9.T.Dowdall 4:42.9. 3000: 3.R.Smith 9:01.3, n/s 7.L.Lyons 9:42.0, 10.W.Kerr 9:53.0, 11.B.Taylor 10:06.0. HJ: 1.M.Lindsay-Bayley 1.85. LJ: 4.M.Lindsay-Bayley 5.81. SP: 4.P.Gleave 8.52. 2000SC: 3.T.Dowdall 6:38.4, n/s 1.L.Coy 6:57.7.

Teams: 1.Herne Hill H. 56 pts, 2.Croydon 51, 3.South London 48, = 4.Belgrave H and Surrey Beagles 31, 6.Collingwood A.C. 27.

Youths: 200: 1.P.Lytle 23.8. SP: 3.P.Lytle 10.30. LJ: 2.P.Lytle 5.48. DT: 3.P.Lytle 23.88.

Teams: 1.Surrey Beagles 38, 2.Herne Hill H 30, 3.South London H 24, 4. Belgrave H (Pat Lytle) 19, 5.Collingwood 5, 6.Croydon H 3.

Derek Williams' prominence in the Inter-County event was immediately recognised by the AAA and he was selected to jump for them in the Borough Rd. v AAA match at Isleworth on May 28th. Derek's reply was to up his best yet again, as he placed 2nd with 7.30 behind Earle (BRC) 7.39 and ahead of Wade (AAA) 7.16. John Bicourt made a guest appearance in the 2,000 'chase, timed at 5:49.0 for 5th.

CLUB CHAMPIONSHIPS

JUNE 4th 1980 - BATTERSEA PARK - 10,000m CLUB CHAMPIONSHIP

Over the last ten years one may have been forgiven for believing that Laurie O'Hara was invincible in our 25 lap event. Amazingly, it was the man who last beat Laurie in this race, some ten years ago. Bob Smith had steadily been getting the track pace back in his legs and a week after his 9:01.3 3 km at Tooting, he put his name on the 'Tom Carter' Cup once more. Belgravians track careers are certainly long lasting.

1.R.Smith 33:04, 2.L.O'Hara 33:11, 3.L.Mann 35:26, 4.M.Head 35:44, 5.T.Grant 36:53, 6.B.Taylor 37:52, 7.T.Dowdall 37:52, 8.L.Coy 38:29, 9.D.Maughan 38:42, 10.J.Wasbrough 38:55, 11.L.McLean 39.03.

JUNE 25th 1980 - BATTERSEA PARK - 5000 CLUB CHAMPIONSHIP

Laurie O'Hara made no mistake this time, handing his 10km victor, Bob Smith, a six second defeat. Young David North easily took care of the rest of the field to win his first senior club medal (it will certainly not be the last) and Andy Marsay, whose name should be marked well by those who like get get into our 'A' team, ran in flat shoes to gain 5th place even though far from his fittest. Andy is a new member but is far from new to athletics, being used to high-training mileage and having a brother who recently gained a GB vest in the steeplechase.

5000: 1.L.O'Hara 15:44.0; 2.R.Smith 15:49.8; 3.D.North 16:05.2; 4.J.Rimmer 16:11.2; 5.A.Marsay 16:23.6; 6.M.Head 16:32.6; 7.A.Fairclough 16:39.0; 8.L.Coy 16:39.6; 9.B.Taylor 16:41.4; 10.D.Maughan 16:44.0; 11.L.Lyons 17:00.0; 12.P.Hardwick 17:26.2; 13.L.Mann 17:29.2; 14.R.Bale 18:14.0; 15.W.Kerr 18:29.6; 16.D.Davies 18:41.0; 17.S.Crosbie 23.17.0.

JULY 12th 1980 - MOTSPUR PARK - CLUB CHAMPIONSHIP MEETING

The best race of the afternoon was the first, the 110 hurdles. At last the showdown between Paul Whitby and Mark Lindsay-Bayley. They were neck and neck until the final line of barriers when the pressure on the younger man caused him to clip the hurdle and lose just enough momentum to enable Paul to win by a tenth.

The best run of the afternoon was the astounding 1:50.8 800 from John Gladwin to win the Junior title. A few people must have known something special was on, for the normally packed field in this race was a mere 7 seniors and 2 juniors. A 26 second first 200 took care of anyone who had foolishly attempted to stay with the youngsters and from that point the field became as widespread as is possible in just two laps. Mark Waller said he felt shattered to enter the straight as John finished, yet still do 1:58.4.

Nice to see Alan Black in action again. He might talk of marathons etc. but whenever he feels like it, he is still our No.2 'chaser. Cliff Brooks, of course, took home the shot and discus pots, but Steve Crosbie, who now regularly throws the javelin for us in league matches, added that event to his triple jump win.

Only two 'records' were set, both in the Junior age group. John Gladwin's run was a Championship Best and Junior Club Record, while Pat Lyttle's Junior 200 win was the fastest ever in these Championships.

Seniors: 100: 1.D.Williams 11.4; 2.P.Lyttle 11.5; 3.R.Hopkins 11.6; 4.C.Brooks 12.1; 5.P.Whitby 12.1; 6.M.Lindsay-Bayley 12.2; 200: 1.D.Williams 22.6; 2.R.Hopkins 23.9; 3.M.Lindsay-Bayley 24.6; 4.S.Crosbie 25.2; 400: 1.S.Williams 54.1; 2.P.Whitby 55.5; 800: 1.S.Williams 2:04.0; 2.A.Mead 2:15.1; 3.D.McMillan 2:22.3; 4.D.Gordon 2:33.3; 5.J.Plummer 2:36.5; 6.C.Manning 2:40.3; 7.B.Merry 2:44.5. 1500: 1.N.Kirmatzis 4:10.6; 2.A.Marsay 4:12.6; 3.T.Dowdall 4:30.3; 4.W.Kerr 4:31.0; 5.L.Lyons 4:33.3; 6.M.Head 4:36.0; 7.M.Lake 4:39.5; 8.J.Newnham 4:41.2; 9.R.Martin 4:46.6; 10.J.Hall 4:50.6; 11.D.McMillen 4:57.4; 12.E.Crossingham 5:03.9. 110H: 1.P.Whitby 15.8; 2.M.Lindsay-Bayley 15.9; 3000SC: 1.A.Black 10:04.0; 2.T.Dowdall 10:29.6; 3.L.Coy 10:32.0; 4.L.Lyons 10:47.7. HJ: 1.M.Lindsay-Bayley 1.80; 2.D.Williams 1.80. LJ: 1.D.Williams 6.38; 2.S.Crosbie 6.17; 3.M.Lindsay-Bayley 5.98; 4.P.St.Ange 5.36; TJ: 1.S.Crosbie 12.11; 2.M.Lindsay-Bayley 12.07. SP: 1.C.Brooks 12.81; 2.R.Hopkins 10.97; 3.J.Martin 10.90; 4.S.Crosbie 8.32. DT: 1.C.Brooks 38.14; 2.J.Martin 28.22; 3.P.Whitby 24.48; 4.S.Crosbie 20.14. JT: 1.S.Crosbie 42.94.

Juniors: 100: 1.P.Lyttle 12.3; 2.P.St.Ange 12.6. 200: 1.P.Lyttle 22.8 (Championship Best Performance) 400: 1.P.Lyttle 57.4. 800: 1.J.Gladwin 1:50.8 (Championship Best Performance and Junior Club Record) 2:M.Waller 1:58.4. 1500: 1.M.Waller 4:09.3; 2.M.Sinclair 4:14.3. HJ: 1.P.St.Ange 1.60.

Boys: 800: 1.J.Pritchard 3:16.4, 2.J.Coy 3:20.2.



Snowy Brooks seen here winning one of several Club Championship events.

Photo: Stu. Barratt



Alan Black who returned to win the club s/chase is closely shadowed by the ubiquitous Tom Dowdall

Photo: Bill Laws

Two runs came from Ernie Obeng in AAA colours in the match v. Loughborough College on June 5th. He won the 100 in 10.6 and then ran 21.5 in the 200, losing by a metre.

JUNE 7th 1980 - NEW RIVER - SOUTHERN LEAGUE DIV.I, MATCH 3

Home club Haringay, starring international Gary Oakes among their 'B' team squad, proved too much for us by 6 points and we had a fight on our hands for 2nd place with our South London rivals. The throws were our weak point, with John Aska and John Martin unavailable and another man failing to turn up!

Ernie Obeng collected both sprints into the wind, his enormous bounding stride seeming to defy gravity, and outstanding as SLH's Danny Laing is he had to settle for two 2nds. Derek Williams backed up well with a 1st and 2nd and also won a bet with Tom Carter when he comfortably took the long jump with well over 7 metres (the "stake" being a new measuring tape). Paul Whitby was on for a personal best in the 400 hurdles until a stumble at the final barrier sent him back to 4th place, still in a very good 56.9. Taking over the 'A' spot for the first time in the high hurdles, Mark Lindsay-Bayley ran 16.3 for 2nd, while Paul clocked an identical time to win the 'B' race.

The 800 gave us maximum points with easy wins from John Gladwin and Mark Waller and the 1,500 saw another 17 year old, Stuart Paton, competing in Belgrave colours for the first time. In a blanket finish Stuart was 4th in a near best time of 4:01.7. Mark Shippen did his usual thing by winning the pole vault but Reg Hopkins fulfilled his captains role by giving up his berth in the 400 to cover the jumps and throws.

John Bicourt's solo run in the 'chase was a delight. Always a long way clear of the field his 9:03.2 gave promise of some fast runs to come when among more exalted company.

100: 1.E.Obeng 10.9; 2.D.Williams 1.6; 200: 1.E.Obeng 22.0; 2.D.Williams 23.1; 400: 5.C.Gillett 53.1; 4.P.Lytle 53.5. 800: 1.J.Gladwin 1:58.8; 1.M.Waller 2:00.8. 1500: 4.S.Paton 4:01.7; 4.N.Kirmatzis 4:13.2. 5000: 3.L.O'Hara 15:22.2; 4.J.Jackson 16:35.4. 110H: 2.M.Lindsay-Bayley 16.3; 1.P.Whitby 16.3; 400H: 4.P.Whitby 56.9; 5.M.Lindsay-Bayley 62.0. 3000SC: 1.J.Bicourt 9:03.2; 3.T.Dowdall 10:38.6. 4 x 100: 1.Belgrave (E.Obeng, D.Williams, C.Gillett, P.Lytle), 43.5. 4 x 400: 4.Belgrave (J.Gladwin, P.Lytle, R.Hopkins, D.Williams) 3:32.6. HJ: 4.R.Hopkins 1.80; 4.M.Lindsay-Bayley 1.75. LJ: 1.D.Williams 7.12; 2.R.Hopkins 6.40; TJ: 4.S.Crosbie 12.85 4.A.Bentt 12.07. PV: 1.M.Shippen 4.10; 2.A.Bentt 2.80. SP: 4.C.Brooks 12.15; 4.R.Hopkins 9.97. DT: 4.C.Brooks 36.38; 5.R.Hopkins 25.88. JT: 4.C.Brooks 42.68; 3.S.Crosbie 40.00. HT: 4.S.Crosbie 15.06; 4.A.Mead 13.12.

Teams: 1.Haringey 'B' 116 pts; =2 Belgrave H 110; =2. South London H 110, 4. Hillingdon 108; 5.Highgate H 92.

Non-scoring 1500m: 6.M.Sinclair 4:20.7; 8.L.Lyons 4:30.8; 10.K.Sinclair 4:38.3; 11.L.Coy 4:40.9; 12.E.Crutcher 4:41.9; 13.A.Mead 4:56.6.

Two fine personal bests came from juniors Stuart Paton and Mark Waller in a Southern Counties Open Meeting at the Palace on June 11th. Both competed in the 800 metres with times of 1:55.9 and 1:57.9 respectively. Also over 800 metres, Nick Kirmatzis just edged Steve Williams, 2:01.5 to 2:01.8 - both seasonal bests. Mark Shippen took his 1980 best a little higher by vaulting 4.20.

Also at Crystal Palace, in the U.K. Olympic Trials on June 15th, Derek Williams hit 7.01 for a disappointing 10th in the long jump.

SPECIAL HANDICAP EVENTS

JUNE 4th - 300m

300m Handicap (Sponsored by K.Duckett): Heat 1: 1.P.Lytle (15) 35.7, 2.C. Gillett (10), 3.A.Nwosu (35), 4.A.Mead (25), 5.M.Gleave (30), 6.R.Martin (30), 7.K.Sinclair (35); Heat 2: 1.M.Lindsay-Bayley (25) 35.2, 2.M.Shippen (25), 3.R.Hopkins (10), 4.N.Kirmatzis (18), 5.M.Sinclair (25), 6.C.Manning (50). Final: 1.P.Lytle 34.7; 2.M.Lindsay-Bayley, 3.R.Hopkins, 4.C.Gillett; 5.M. Shippen; 6.A.Nwosu. Long J. Handicap: 1.N.Kirmatzis (2.30) 7.24; 2.M. Lindsay-Bayley (0.85) 7.05, 3.P.Gleave (2.30) 6.96; 4.M.Gleave (2.00) 6.80; 5.M.Sinclair (2.10) 6.78; 6.P.St.Ange (1.20) 6.49. Shot Putt Handicap: 1.P.Gleave (3.00) 11.71, 2.R.Hopkins (1.90) 11.56; 3.N.Kirmatzis (4.50) 11.53; 4.A.Mead (3.75) 11.37; J.Martin 10.69.

JUNE 25th - 600m

600 Handicap (Sponsored by E.Stimpson): 1.S.Williams 1:21.3; 2.A.Mead 1:22.1; 3.A.Nwosu 1:23.8; 4.P.Gardner 1:24.3; 5.S.Pritchard 1:25.7; 6.W.Laws 1:27.3; 7.M.Lindsay-Bayley 8.D.Gordon 1:29.5; 9.C.Manning 1:32.1; 10.L. McLean 1:33.8.

JULY 9th 1980 - BATTERSEA PARK - 1200m HANDICAP (SPONSOR J. DAVIES)

1.N.Kirmatzis 3:05.7; 2.M.Waller 3:06.8; 3.R.Martin 3:12.0; 4.R.Bouwmeester (guest) 3:12.8; 5.C.Manning 3:14.0; 6.K.Clark 3:14.3; 7.L.Lyons 3:15.2; 8.M. Head 3:20.2; 9.A.Marsey 3:23.5; 10.L.McLean 3:25.7; 11.S.Pritchard 3:27.8; 12.A.Mead 3:36.0.

JUNE 11th 1980 - BATTERSEA PARK - 1,000m HANDICAP (SPONSORED BY A.BRUCE)

1.A.Mead 2:28.5; 2.B.Taylor 2:34.4; 3.M.Sinclair 2:35.6; 4.K.Sinclair 2:35.9; 5.K.Clark 2:36.4; 6.M.Gleave 2:36.7; 7.W.Laws 2:37.3; 8.J.Plummer 2:37.6; 9.D.Maughan 2:38.0; 10.T.Dowdall 2:38.6; 11.D.Gordon 2:40.4; 12.C.Manning 2:41.5; 13. W.Kerr 2:41.9; 14.L.Lyons 2:45.8; 15.M.Head 2:46.2; 16.K.Duckett 2:49.3; 17.L.McLean 3:01.0; 18.L.Mann.

JUNE 18th 1980 - CARSHALTON - ROSENHEIM LEAGUE

100: 5.S.Crosbie 12.6, n/s M.Shippen 12.1. 400: 6.S.Crosbie 57.1. 800: 4.A.Mead 2:10.2, n/s C.Manning 2:44.9. 1500: 3.R.Kersey 4:34.7, n/s K.Sinclair 4:38.0. 3000: 3.R.Smith 9:05.6, n/s L.Coy 9:43.0, L.Lyons 9:46.0. 4 x 200: 4.Belgrave 1:42.1. SP: 4.S.Crosbie 7.42. JT: 1.S.Crosbie 39.26, n/s M.Shippen 34.80.

Teams: 1.Croydon 62 pts, 2.Herne Hill 46, 3.South London 44, 4.Belgrave 32, 5.Surrey Beagles 30, 6.Collingwood 18.

In the Talbot Games 100 metres at Crystal Palace on June 27th Ernest was outgunned by the UK sprinters, even though he ran 10.57. Wells (10.30), Sharp (10.43) and Hoyte (10.54) were up ahead but our man had the satisfaction of keeping well clear of 1976 Olympic Champion Haseley Crawford of Trinidad (10.62).

JUNE 28th 1980 - CROYDON - SOUTHERN LEAGUE DIV.I, MATCH 4

There was no way we were going to win this one - up against the top three clubs in the league plus Croydon H at home. Our final score, however, was even lower than we expected and we placed a mere 5th and last.

Poor Laurie O'Hara suffered a bad eye injury at work the previous night (he has now recovered) but what a man he is - half blinded and phoning from hospital to say he would run if we really needed him. Of course we did not take him up on it but he would have enjoyed this day's 5,000, for with John Bicourt running under 14:40 Laurie could have been 'B' man for a change.

Once again Mark Lindsay-Bayley was 'A' high hurdler for us, and just to show what little difference it makes, he won in 15.7. Paul Whitby had already nailed the 'A' 400 hurdle field and now he did the same to the 'B' 110 hurdle line-up - 15.7 again - the third consecutive occasion in which our dynamic duo have separately been clocked at the same time. Cliff Brooks picked up two wins, in shot and discus, and John Aska a couple of 3rds, shot and javelin.

Pat Lyttle, at 16 years old still a Youth, was well placed with his 2nd in the 'B' 100 and the grin on his face when congratulated after winning the 'B' 200 told that he at least was having a good day. Unlike Mark Shippen, whose dislike of the Croydon arena was deepened after no-heighting in the pole vault, and our 800 pair who were most uncharacteristically beaten in the two lap race.

100: 4.D.Williams 1.3; 2.P.Lyttle 11.3; 200: 4.D.Williams 23.5; 1.P.Lyttle 23.0; 400: 5.C.Gillett 52.5; 5.A.Mead 56.1; 800: 4.J.Gladwin 1:59.5; 5.M.Waller 1:59.7. 1500: 5.S.Williams 4:23.0; 5.M.Sinclair 4:25.1. 5000: 2.J.Bicourt 14:39.2; 110H: 1.M.Lindsay-Bayley 15.6; 1.P.Whitby 15.6. 400H: 1.P.Whitby 57.1; 4.M.Lindsay-Bayley 61.7. 3000SC: 5.T.Dowdall 10:21.6; 4.L.Coy 10:40.8. 4x100: 4.Belgrave (P.Lyttle 54.6; P.Whitby 53.8, J.Gladwin 52.5, D.Williams 50.1) 3:30.9. HJ: 4.S.Samson 1.80, 2.M.Lindsay-Bayley 1.75. LJ: 2.D.Williams 6.61, 4.M.Lindsay-Bayley 5.77. TJ: 5.A.Bentt 11.67, 4.D.Williams 11.64. PV: 4.A.Bentt 2.40, M.Shippen no ht. SP: 1.C.Brooks 12.95, 3.J.Aska 10.96. DT: 1.C.Brooks 38.92, 5.J.Aska 25.30. JT: 3. J.Aska 46.28, 4.C.Brooks 41.48. HT: 5.A.Mead 13.24, J.Aska no throw.

Teams: 1. Ilford A.C. 126 pts; 2.Hounslow 109, = 3.Croydon H 107, = 3. Old Gaytonians 107, 5.Belgrave H 84.

Norway was the scene of Ernest Obeng's latest exploits. On June 29th at Porsgrunn in the Telemark Games he defeated Jamaica's Don Quarrie and the U.K's Drew McMaster - all 10.2 - and then two days later in Oslo at the world famous Bislett Stadium, headed the U.K. trio of Sharp, McMaster and McFarlane to win in 10.47.

At Gothenburg, Sweden, on July 3rd Butler of the U.S. got the better of Ernie by just one hundredth - 10.38 to 10.39

JULY 2nd 1980 - TOOTING - ROSENHEIM LEAGUE

100: 2.P.Lyttle 11.6; n/s 'A' 1.M.Lindsay-Bayley 12.5; 'B' 1.C.Lewis 12.1. 200: 4.M.Lindsay-Bayley 24.8. n/s 2.A.Nwosu 25.9; 4.R.Martin 26.7. 400: 5.S.Williams 54.6, n/s 3.M.Waller 54.5; 4.S.Crosbie 57.6; 5.M.Sinclair 57.6. 800: 1.J.Gladwin 1:57.9 n/s 'A' 1.A.Marsay 2:03.5; 2.A.Mead 2:04.4; 3.P.Gardner 2:06.2 'B' 4.B.Taylor 2:11.0; 5.L.Lyons 2:14.1; 8.C.Manning 2:39.2. 1500: 1.N.Kirmatzis 4:14.5, n/s 1.J.Rimmer 4:21.7; 3.R.Kersey 4:31.2; 8.P.Hardwick 4:43.4; 10.R.Martin 4:53.0. 3000: 1.A.Marsay 8:59.6, n/s 8.B.Taylor 9:43.0; 9.L.Lyons 9:49.0 2000SC: 2.L.Coy 6:43.5 n/s 1.M.Sinclair 6:35.5. HJ: 1.M.Lindsay-Bayley 1.80, n/s 4.S.Crosbie 1.40. LJ: 5.M.Lindsay-Bayley 5.60. SP: 4.S.Crosbie 7.62. DT: 5.S.Crosbie 19.70.

Teams: 1.Croydon 54 pts, 2.Belgrave 46, = 3.Herne Hill 43, = 3. South London 43, 5.Surrey Beagles 34, 6.Collingwood 9.

Youths: 200: 1.P.Lyttle 23.7. HJ: 1.P.St. Ange 1.55 LJ: 1.C.Lewis 5.41 n/s 1.P.St.Ange 5.57. SP: 3.P.Lyttle 10.50. DT: 2.P.Lyttle 26.80.

Teams: 1. Herne Hill 34; 2.Surrey Beagles 30; 3.Belgrave 27; 4.Collingwood 16; 5. South London 9.

Ernest rules O.K?

Ernest Obeng's finest run to date came in the Amoco Games at Crystal Palace on July 13th when he beat Haas of Germany in 10.46 to 10.49. Silvio Leonard of Cuba, number one in the world over the last couple of seasons and one of the Olympic favourites, was a surprised 3rd in 10.50.

But that old warhorse Quarrie was back in front two days later in Oslo. The Jamaican ran 10.52, same time as our man, but was given the verdict.

JULY 16th 1980 - CROYDON - ROSENHEIM LEAGUE

100: 1.D.Williams 11.3, n/s 3.R.Hopkins 12.1; 5.M.Lindsay-Bayley 12.5. 200: 2.D.Williams 24.1; n/s 2.R.Hopkins 24.6. 400: 1.D.Williams 50.9, n/s 3. M.Lindsay-Bayley 55.1; 6.S.Crosbie 58.0. 800: 3.S.Williams 2:03.7, n/s 2.A. Mead 2:05.0; 4.J.Searle 2:06.3; 6.R.Hopkins 2:17.9; 7.K.Sinclair 2:18.4; 10. C.Manning 2:43.0. 1500: 2.A.Marsay 4:15.5. 3000: 4.A.Marsay 9:08.6 n/s 400H: 1.P.Whitby 58.1; n/s M.Lindsay-Bayley 50.8. 4x200: 4.Belgrave (R. Hopkins, M.Lindsay-Bayley, S.Williams, P.Lytle) 1:38.3. TJ: 4.S.Crosbie 11.93, n/s M.Lindsay-Bayley 11.42. PV: 1.A.Bentt 2.90. JT: 2.S.Crosbie 36.10. HT: 4.S.Crosbie 16.08.

Teams: 1.Belgrave H 54 pts, 2.Herne Hill H 47, 3.Croydon H 44, 4.South London H 43, 5.Surrey Beagles 26, 6.Collingwood A.C. 10.

Youths: 100: 1.P.Lytle 11.8. 400: 2.P.Lytle 54.7. HT: 2.P.Lytle 14.08
JT: 3.P.Lytle 28.93. TJ: 4.A.Nwosu 11.05, n/s P.St.Ange 9.85.

Teams: 1.Herne Hill 25, = 2.South London 24, = 2.Surrey Beagles 24, 4.Belgrave H 23, 5.Collingwood.

JULY 23rd 1980 - BATTERSEA PARK - ROSENHEIM LEAGUE

100: 3.P.Lytle 11.7, n/s 4.M.Lindsay-Bayley 12.1. 200: 3.P.Lytle 23.6. 400: 5.R.Hopkins 53.9 n/s 2.M.Lindsay-Bayley 55.6; 4.S.Crosbie 58.1. 800: 3.N.Kirmatzis 2:02.7, n/s 1.J.Searle 2:05.8, 2.C.Gillett 2:07.1; 6.R.Hopkins 2:14.4; 9.P.Whitby 2:17.3; 11.D.Gordon 2:32.1; 12.C.Manning 2:55.3. 1500: 1.J.Gladwin 4:01.7 n/s 'A' 1.M.Sinclair 4:13.8; 2.L.O'Hara 4:14.4; 6.B.Taylor 4:28.0; 9.M.Head 4:37.9 n/s 'B' 3.L.Lyons 4:35.4; 4.K.Sinclair 4:37.3. 3000: 3.A.Marsay 9:06.4. n/s 7.L.Coy 9:28.2. 110H: 1.M.Lindsay-Bayley 15.9 n/s 1. P.Whitby 16.11 4x200: 1.Belgrave 1:34.8. HJ: 2.S.Samson 1.80 n/s 1.M. Lindsay-Bayley 1.80. LJ: 3.M.Lindsay-Bayley 5.93. n/s 2.S.Crosbie 5.90; 4. A.Bentt 5.51. SP: 2.J.Martin 11.11. n/s 1.J.Aska 10.87; 4.B.Green 8.06. DT: 4.J.Martin 28.78 n/s 1.J.Aska 32.98.

Teams: 1.South London H 57 pts, = 3.Croydon H 47.
= 3. Herne Hill H 47, 5.Surrey Beagles 15, 6.Collingwood A.C. 14.

Youths: HJ: 1.P.St. Ange 1.65 LJ: 2.P.St. Ange 5.34. SP: 3.P.Lytle 10.04.

Teams: 1.Herne Hill H 34, 2.Surrey Beagles 27, 3.South London H 26, 4.Belgrave H 15, 5.Collingwood A.C. 7, 6.Croydon H 4.

AUGUST 6th 1980 - CROYDON - ROSENHEIM LEAGUE

100: 1.P.Lytle 11.5 n/s 'A' 3.S.Crosbie 12.4; 6.C.McDonald 14.2. n/s 'B' 1.C. Gillett 12.1; 3.M.Lindsay-Bayley 12.5; 6.K.Clark. 200: 2.P.Lytle 23.0. n/s 2.C.Gillett 24.3; 3.M.Lindsay-Bayley 25.0; 4.S.Crosbie 26.0. n/s 'C' 2.K. Clark 26.8. 400: 2.R.Hopkins 53.2. 800: 1.M.Waller 2:05.5; n/s 'A' 4.A. Mead 2:07.8; 5.P.Richley 2:14.6. n/s 'B' 7.K.Sinclair 2:20.2; 8.R.Hopkins 2:29.4; 9.C.Manning 2:40.6. 1500: 2.N.Kirmatzis 4:14.6. n/s 8.L.Lyons 4:32.0; 9.W.Kerr 4:33.0; 12.P.Hardwick 4:44.0. 3000: 3.A.Marsay 9:25.0. n/s 5.N. Kirmatzis 9:34.0; 11.D. Maughan 9:43.0; 19.C.McDonald 13:00.0. 400H: 1.M. Lindsay-Bayley 60.8. 4x200: 2.Belgrave (P.Lytle, M.Lindsay-Bayley, C.Gillett, R.Hopkins) 1:35.2. PV: 1.A.Bentt 2.60 TJ: 4.S.Crosbie 12.11 JT: 3.S.Crosbie 38.14. n/s P.Lytle 33.76. HT: 5.S.Crosbie 15.78.

Teams: 1.Belgrave H 57 pts; 2.South London H 56, 3.Croydon H 51, 4.Herne Hill H 40, 5.Surrey Beagles 17.

Youths: 100: n/s 2.P.Oppenheim 12.4; 3.P.St.Ange 12.5. TJ: 3.P.Lytle 10.57. HT: 3.P.Lytle 19.44. JT: 3.P.St.Ange 35.30.

Teams: 1.Herne Hill H 40 pts; 2.South London H 26; 3.Surrey Beagles 25; 4.Belgrave H 11, 5.Croydon 7 pts.

Seniors overall: 1.Croydon H 29 pts; 2.Belgrave H 28; 3.Herne Hill H 27; 4.South London H 26, 5.Surrey Beagles 13; 6.Collingwood A.C. 5.

At the 'Palace on August 8th Ernest Obeng bowed to newly crowned Olympic Champion Allan Wells 10.31 to 10.24, but on August 11th in Budapest came Ernie's finest hour when he beat the Scotsman quite clearly and in his best ever time - 10.21 to 10.23.

AUGUST 13th 1980 - BATTERSEA PARK - HANDICAP MEETING

200 (Sponsored by W.Ashford): 1.K.Clarke (30) 22.1; 2.P.Gardner (30) 22.2; 3.S.Crosbie (22) 22.6; 4.M.Lindsay-Bayley (18) 22.8; 5.A.Nwosu (22) 23.0; 6.P.Lyttle (Scr) 23.0. 800: (Sponsored by E.Stimpson): 1.C.Gillett 1:50.4; 2.C.Manning 1:52.0; 3.K.Clarke 1:55.4; 4.B.Taylor 1:56.8; 5.D.Davies 1:57.0; 6.D.Gordon 1:58.0; 7.R.Martin 2:00.0; 8.P.Gardner 2:01; 9.N.Kirmatzis 2:02; 10.M.Farraday 2:02; 11.W.Kerr 2:03; 12.J.Stevenson 2:09. 2 Miles (Sponsored by D.Maughan): 1.D.Maughan 12:16.8 (actual time 10:26.8), 2.J.Rimmer 12:25.6 (10:05.6); 3.N.Kirmatzis 12:26.6 (10:26.6); 4.M.Head 12:31.4 (10:31.4); 5.S.Williamson 12:33 (10:18); 6.L.Lyons 12:35 (10:35); 7.P.Hardwick 12:36 (10:36) 8.A.Fairclough 12:38 (10:23); 9.D.Davies 12:48 (11:48); 10.L.McLean 12:54 (11:54); 11.L.Coy 13:00 (10:45); 12.W.Kerr 13:03 (10:53); 13.J.Stevenson 13:04 (11:04); 14.R.Bale 13:13 (11:18); 15.B.Taylor 13:18 (11:18); 16.D.Gordon 13:19 (12:49); 17.C.Manning 13:24 (13:24); 18.C.Gillett 13:22 (19.M.Farraday 13:46 (13:06))

LJ: 1.S.Crosbie (1.30) 7.33; 2.M.Lindsay-Bayley (1.10) 7.24; 3.C.McDonald (2.30) 7.16; 4.P.Lyttle (1.30) 6.92; 5.R.Martin (1.80) 6.90; 5.A.Nwosu (1.30) 6.90; 7.R.Hein (1.65) 6.41. SP: 1.C.McDonald (7.00) 14.89; 2.P.Lyttle (5.25) 14.08; 3.M.Lindsay-Bayley (5.50) 13.46; 4.B.Green (5.00) 13.01; 5.A.Mead (5.25) 12.91; 6.R.Hein (1.00) 10.44.

AUGUST 16th 1980 - BATTERSEA PARK - SOUTHERN LEAGUE DIV.1, MATCH 6

So much depended on this final match. The pocket calculators had been brought into action after our second cancelled fixture and it appeared that we had to score at least 104 match points to get a high enough average for the year to be awarded 2nd or 3rd places for those missed matches. All very complicated, but it boiled down to the fact that a bad result would mean disaster. Whitty, Shippen, Hopkins, Gladwin, Marsay, Obeng: no this is not a who's who of the Belgrave team, just a list of some of those injured or on holiday or competing elsewhere - and yet we did it. WE WON! And we won well enough to have us shoot up the final league table to 10th place.

Outstanding was Derek Williams with 2nd in the 100, 200, triple jump, 1st in the long jump with a personal best and near league record, and the vital man in both relays (48.2 for the long one). Unfortunately this extreme effort cost him dearly. His hamstring injury from back in May flared up again and the subsequent AAA Championship had to be missed.

Pat Lyttle pulled off a couple of great 'B' wins and Stuart Paton teamed up with Mark Waller to give us an 800 maximum again. Steve Crosbie turned on his longest triple of the year to win the 'B' event and also scored well in the javelin. John Aska surprised himself in the discus by beating 30 metres and not being far away from a 'B' win and he also got 2nd in the 'A' hammer. Field Event Captain, Cliff Brooks positively blossomed under the pressure - 2nd in the 'B' long jump and high hurdles, 2nd in the 'A' discus and 1st in the shot. Well done everyone!

100: 2.D.Williams 11.2; 1.P.Lyttle 11.4. 200: 2.D.Williams 22.6; 1.P.Lyttle 23.0. 400: 4.C.Gillett 52.8; 4.S.Williams 54.8. 800: 1.S.Paton 2:01.4; 1.M.Waller 2:03.2. 1500: 5.M.Waller 4:17.8; 2.N.Kirmatzis 4:18.6. 5000: 3.L.O'Hara 15:47.4; 3.J.Rimmer 16:03.4. 110H: 2.M.Lindsay-Bayley 16.2; 2.C.Brooks 17.1. 400H: 5.M.Lindsay-Bayley 62.2; 5.S.Crosbie 69.4. 3000SC: 5.T.Dowdall 10:23.5; 3.L.Coy 10:58.1. 4x100: 3.Belgrave 45.4. 4x400: 4.Belgrave 3:36.8. HJ: 3.S.Samson 1.85; 2.M.Lindsay-Bayley 1.80. LJ: 1.D.Williams 7.38; 2.C.Brooks 6.43. TJ: 2.D.Williams 13.97; 1.S.Crosbie 13.16. PV: 4.A.Bentt 2.80; 3.S.Samson 2.60. SP: 1.C.Brooks 13.66; 2.J.Martin 10.44. DT: 2.C.Brooks 37.14; 3.J.Aska 30.60. JT: 4.J.Aska 46.42; 3.S.Crosbie 43.40. HT: 2.J.Aska 32.52; 1.J.Martin 29.78.

Teams: 1.Belgrave H 122 pts; 2.Plymouth A.C. 109; 3.Surrey A.C. 105; 4. Cambridge & Col. A.C. 102; 5.Havering 98.

Non-scoring races: 200: 3.A.Nwosu 25.9. 1500: 1.P.Gardner 4:24.6; 2.S.Williamson; 3.R.Halbert 4:31.6; 4.B.Taylor 4:32.1; 5.L.Lyons 4:35.1; 6.E.Crutchter 4:35.1; 8.C.Harris 5:01.4; 9.C.Manning 5:40.0

Southern League ----- Result

FINAL POSITIONS FOR 1980

1. Ilford A.C.	836	30
2. Old Gaytonians	768	27½
3. Hounslow	764	27
4. Herne Hill H	758	27
5. North London	735½	26
6. Surrey A.C.	691	25
7. Chelmsford A.C.	667	21
8. Verlea	639½	20
9. Haringey A.C.	632	20
10. BELGRAVE HARRIERS	625	19
11. South London H	655	18½
12. Croydon H	632	18

SOUTHERN LEAGUE DIVISION ONE

13. Yeovil	626	17½
14. London Irish	585	17
15. Plymouth	525	16
16. Portsmouth A.C.	616½	15½
17. Queens Park H	562	15
18. Cambridge & Co.	572	14
19. Havering	609½	13
20. Wycombe Phoenix	550	13
21. Hercules Wimbledon	696	11
22. Harlow	515½	10
23. Highgate H	557½	9
24. Hillingdon	575½	8
25. Royal Navy A.C. (S)	427	8

Ilford A.C. have been promoted to the National League whilst clubs placing 21st and below have been relegated to Division Two of the Southern League.

AUGUST 10th 1980 - CROYDON - CROYDON v. HEIDELBURG A.C.

1500m: D. Maughan (Guest) 4:34.4.

AUGUST 17th 1980 - LONDON TRANSPORT SPORTS GALA

Invitation 3000m: Team Race - 3rd Belgrave
L.O'Hara 9:07; P.O'Connor 9:22; S.Williamson 9:27;
D. Maughan 9:53.

1500m: S.P. Hardwick 4:41.

AUGUST 20th 1980 - TOOTING - ROSENHEIM LEAGUE FINAL

100: 6.D.Williams 12.4; n/s 'A' 2.R.Hopkins 12.2; 5.S.Crosbie 12.7; 'B' 1. P.Lytle 11.9; 3.M.Lindsay-Bayley 12.6; 200: 2.P.Lytle 23.4; n/s 2.M. Lindsay-Bayley 25.1; 3.P.Gardner 26.0; 400: 4.R.Hopkins 53.2; n/s 1.A.Nwosu 53.0; 4.S.Crosbie 56.0. 800: 5.N.Kirmatzis 2:06.5; n/s 2.C.Whaley 2:04.2; 3.J.Stevenson 2:05.2; 4.A.Mead 2:07.4; 5.P.Gardner 2:09.8; 8.C.Harris 2:23.6; 12.D.Gordon 2:27.1; 13.C.Manning 2:43.3. 1500: 4.M.Sinclair 4:20.4; n/s 4. S.Williamson 4:28.0; 5.L.Lyons 4:31.0; 9.B.Taylor 4:37.6; 10.T.Dowdall 4:41.7. 3000: 6.J.Rimmer n/s 17.N.Kirmatzis 9:22; 20.S.Williamson 9:31; 24.D.Maughan 9:36; 28.T.Dowdall 9:56; 33.B.Taylor 10:13. 2000SC: 5.T.Dowdall 6:52.2. 4x200: 4.Belgrave H 1:37.1. HJ: 4.M.Lindsay-Bayley 1.75. LJ: R.Hopkins 6.28; SP: 2.C.Brooks 12.73. n/s 9.C.McDonald 7.48. DT: 2.C.Brooks 34.52.

Teams: 1.Croydon H 53 pts; 2.Walton A.C. 49; 3.Herne Hill H 46; 4.Surrey A.C. 40; 5.Belgrave H 37; 6.Epsom & Ewell H 20.

AUGUST 30th 1980 - WEST LONDON - G.L.C. CHAMPIONSHIPS

With only a limited turnout and those participating being mainly our younger members we came away with several medals and just missed collecting the W.J. Pepper Memorial Trophy. Wind speeds gusted to 15 m/sec. against the sprinters and affected all times.

3000m walk: 1.R.Dorman (Bels) 12:53.7; 2 C.Lawton (Bels) 13:13.6; 3.J.Hall (Bels) 13:17.6.

100m Youths: 1.K.Ward 12.0; 2.P.Ashton 12.2; 3.P.Lytle (Bels) 12.3;

800m Juniors: 1.J.Gladwin (Bels) 1:55.0 ... 3.M.Waller (Bels) 2:00.7
7.M.Sinclair (Bels) 2:09.7.

Triple Jump: 9.S.Crosbie (Bels) 12.85m.

2000m S/C: 8.T.Dowdall (Bels) 6:33.2

Pepper Trophy: 1.Haringey 16 pts. 2. Belgrave 14 pts.

Rankings '80 - Men

<u>100:</u>		<u>200:</u>		<u>400:</u>	
E.Obeng	10.21.auto / 10.2	E.Obeng	21.73 auto/21.0	D.Williams	50.0
D.Williams		11.2 D.Williams		22.6 J.Gladwin	(J) 50.9
C.Brooks		11.2 P.Lyttle	(Y)	22.8 C.Gillett	52.5
P.Lyttle	(Y)	11.3 M.Brockington	(J)	23.5 C.Brooks	53.0
C.Gillett		11.6 R.Hopkins		23.9 A.Nwosu	(Y) 53.0
R.Hopkins		11.6 C.Gillett		24.1 R.Hopkins	53.2
C.Lewis	(Y)	12.1 M.Lindsay-Bayley		24.5 P.Lyttle	(Y) 53.5
M.Lindsay-Bayley		12.1 S.Crosbie		25.2 S.Williams	54.1
M.Shippen		12.1 P.Halliday		25.2 M.Waller	(J) 54.4
P.Whitby		12.1 A.Nwosu	(Y)	25.9 M.Lindsay-Bayley	55.1
<u>800:</u>		<u>1500:</u>		<u>3000:</u>	
J.Gladwin	(J)	1:48.7 J.Gladwin	(J)	3:52.9 S.Paton	(J)8:34.0
S.Paton	(J)	1:54.4 S.Paton	(J)	3:55.3 L.O'Hara	(V)8:49.2
M.Waller	(J)	1:56.2 M.Waller	(J)	4:09.3 A.Marsay	8:55.6
N.Kirmatzis		2:01.5 J.Bicourt		4:09.5 R.Smith	9:01.3
S.Williams		2:01.8 N.Kirmatzis		4:10.6 D.North	(J)9:03.0
A.Marsay		2:03.5 S.Williams		4:11.1 M.Waller	(J)9:10.0
C.Whaley	(J)	2:04.2 A.Marsay		4:12.6 J.Rimmer	9:12.9
A.Mead		2:04.4 M.Sinclair	(J)	4:13.8 P.Richley	(Y)9:15.0
J.Stevenson		2:05.2 L.O'Hara	(V)	4:14.4 S.Holmes	9:19.2
J.Searle	(J)	2:05.8 G.Sexton	(Y)	4:17.0 G.Sexton	(Y)9:21.0
<u>5000:</u>		<u>10000:</u>		<u>110H:</u>	
J.Bicourt		14:35.3 R.Smith		33:04.0 M.Lindsay-Bayley	15.7
L.O'Hara	(V)	15:17.4 L.O'Hara	(V)	33:11.0 P.Whitby	15.7
R.Smith		15:34.7 L.Mann		35:26.0 C.Brooks	16.4
D.North	(J)	15:41.0 M.Head		35:44.0	
A.Macintosh		15:48.0 T.Grant		36:53.0	
J.Rimmer		16:01.0 B.Taylor		37:52.0 P.Whitby	56.9
A.Marsay		16:23.6 T.Dowdall		37:52.8 M.Lindsay-Bayley	60.8
M.Head		16:32.6 L.Coy		38:29.0 D.Bailey	64.0
J.Jackson		16:35.4 D.Maughan		38:42.0	
A.Fairclough		16:39.0 J.Wasbrough		38:55.0	
<u>2000SC:</u>		<u>3000SC:</u>		<u>4x100:</u>	
J.Bicourt	5:49.0	J.Bicourt		8:53.3 E.Obeng, D.Williams	
S.Paton	(J) 5:53.5	A.Black		10:04.0 C.Gillett, P.Lyttle	43.5
M.Sinclair	(J) 6:24.2	I.Duncan		10:15.4	
T.Dowdall	6:33.2	T.Dowdall		10:21.6	
L.Coy	6:43.5	L.Coy		10:32.0	
<u>Long Jump:</u>		<u>High Jump:</u>		<u>4x200:</u>	
D.Williams	7.38	M.Lindsay-Bayley	1.85	M.Lindsay-Bayley	1:34.8
C.Brooks	6.68	S.Samson	1.85	P.Lyttle, P.Whitby	
R.Hopkins	6.40	R.Hopkins	1.80	J.Gladwin, D.Williams	3:30.9
S.Crosbie	6.17	D.Williams	1.80		
M.Lindsay-Bayley	6.14	C.Brooks	1.75		
P.Lyttle	(Y) 6.02	A.Bentt	1.70		
A.Bentt	5.89	P.St.Ange	(Y) 1.65		
A.Nwosu	(Y) 5.60	M.Sinclair	(J) 1.55		
P.St.Ange	(Y) 5.57	P.Lyttle	(Y) 1.45		
C.Lewis	(Y) 5.41	S.Crosbie	1.40		
<u>Hammer:</u>		<u>Decathlon:</u>		<u>Pole Vault:</u>	
J.Aska	32.52	C.Brooks	6035	M.Shippen	4.20
J.Martin	22.44			C.Brooks	3.40
S.Crosbie	16.08			A.Bentt	2.90
A.Mead	13.24			S.Samson	2.60

<u>Shot Putt:</u>		<u>Discus:</u>		<u>Javelin:</u>	
C.Brooks	13.86	C.Brooks	39.21	J.Aska	48.26
J.Martin	11.11	J.Aska	32.98	S.Crosbie	43.44
R.Hopkins	10.97	J.Martin	28.78	C.Brooks	42.68
J.Aska	10.96	R.Hopkins	25.88	M.Shippen	34.80
R.Hein (V)	9.44	P.Whitby	24.48	P.Lyttle (Y)	33.76
P.Lyttle (Y)	8.83	S.Crosbie	20.14	R.Hopkins	33.48
S.Crosbie	8.32			P.Whitby	33.36
B.Green	8.06				
M.Lindsay-Bayley	7.96				
C.McDonald (J)	7.89				

Pat Lyttle also set the following marks with the younger age group weights:-

Shot Putt (Y) 10.50. Discus (Y) 26.80. Hammer (J) 14.62. Hammer (Y) 19.44.
Pentathlon (Y) 2276 pts.

Peter St.Ange reached 35.30 with the Youth Javelin.

Club Records were set in 1980 by:

E.Obeng 10.21/Senior 100m
J.Gladwin 1:48.7/Senior and Junior 800m, 2:26.0/Senior and Junior 1000m
3:52.9/Junior 1500m, 4:09.5/Junior 1 mile.
S.Paton 5:53.5/Junior 2000SC.

In the Sefton Brancker Trophy, competing for the Civil Service, on July 23rd, Derek Williams won the long jump in 7.14. He also won the Civil Service Championship at Cwmbran on August 13th, with 7.17 and placed 2nd over 400 metres in 50.0.

Late August was a busy time for Ernest Obeng as he wound up his 1980 season. On the 13th at Zurich he was 6th with 10.39 behind Floyd (U.S.) 10.19, Wells (U.K.) and Glance U.S.). The next day, at Viareggio, Italy it was a 10.50 for 5th as Mennea (Italy) won in 10.32 ahead of Roberson and Floyd (both US). Pescara, Italy, two days later and Ernie was 2nd in 10.61 to Lattany (U.S.). August 22nd in Brussels for the Ivo Van Damme Memorial Meeting and Floyd (US) won again in 10.27 with the Belgravian 6th in 10.54, and at Koblenz, Germany on the 27th Floyd once more broke the tape - 10.21 to Ernie's 10.36 for 3rd.

John Bicourt ran one of his fastest ever 5000 metres at Wimbledon Park on August 23rd in the Melbourne Trophy. He tore away from Bob Holt of Hercules Wimbledon over the final 200 to win in 14:35.3.

Film '81

At least one evening of films will be arranged this winter (one we are particularly keen to show is the 1979 World Cup in which Ernest Obeng competed). A more organised coaching set-up is hopefully going to be finalised and we may even have some Sunday morning competitions if required. However, details of these things have not yet been arranged. The track and field secretary will be informing those he knows to be interested when the arrangements have been sorted out but in the meantime if you want to make sure you get details when the time arises, let him know ('phone Alan Mead on 393 6474).

100x1 mile relay

The Blackheath 100 x 1 mile relay was held later than usual with the result that several of our senior runners were unable to be present due to overseas holidays. June 29th at the Crystal Palace turned out to be a dismal day, but not for Belgrave because we finished 3rd out of the 30-ish teams competing at several venues around the U.K. As usual a few of our less reliable, but equally predictable, members failed to arrive and once again thanks to those who sat through 8 hours just in case we needed them. It would be unfair to single out individuals, but I must pay tribute to Youth sprinter Pat Lyttle who did just that and proceeded to set a mile p.b. Pat says he's determined to break 6 minutes next year.

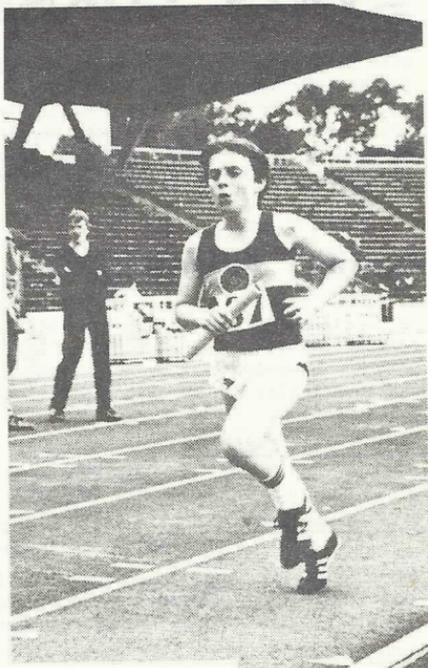
The other times listed below indicate how well the youngsters and veterans performed. The vets did particularly well setting world best times for first claim teams at 10m, 20m and 25 miles. (For fuller details see 'VETS CORNER'.)

Fastest man of the day for us was Junior John Gladwin who was credited with 4:20 although at least 3 independent watches timed him at under 4:18.

Finally my thanks to all who assisted. We greatly missed the Couzens and Sinclair families, but the usual helpers rallied round. Brian and Simon Pritchard worked all day preparing entries. Gordon Doubleday made a welcome return to timekeeping and John Baker and Gordon Biscoe took turnabout in recording. Once again congratulations on achieving 3rd place - the highest we have reached since the first 100 miles in 1969 (Blackheath's centenary year). Who knows if you all have a good winter we might make 2nd spot next year.

1. N.Kirmatzis	4.36	35. L.O'Hara	4.36	69. L.Lyons	4.54
2. S.Williams	4.44	36. P.O'Connor	4.50	70. A.Marsay	4.38
3. M.Head	5.00	37. A.Black	4.40	71. A.Grant	5.23
4. K.Duckett	5.10	38. W.Kerr	4.48	72. A.Mead	4.59
5. S.Crosbie	5.53	39. D.Crookes	5.12	73. A.Painter	5.16
6. P.Roche	5.07	40. B.Gorman	5.11	74. T.Dowdall	4.45
7. C.Gillett	4.56	41. C.Henn	5.11	75. P.Jewell	5.48
8. D.Maughan	4.56	42. D.Davies	5.21	76. S.Webb	5.19
9. R.Bale	5.03	43. K.Miller	5.17	77. G.Allerton	5.08
10. W.Downey	4.54	44. P.Staples	5.44	78. J.Bicourt	4.32
11. J.Abberton	4.47	45. G.Piddington	5.57	79. I.Duncan	5.04
12. M.Hills	5.23	46. G.Pearson	6.06	80. P.Dorman	5.20
13. P.Moysey	4.49	47. D.Gordon	5.37	81. R.Dorman	4.55
14. J.Newnham	4.58	48. E.Thorpe	5.50	82. P.Gardner	4.53
15. J.Teale	5.44	49. J.Dunsford	5.13	83. A.Jones	5.09
16. L.Coy	4.56	50. C.Walker	5.27	84. M.Blackmore	5.09
17. M.Nicholls	5.19	51. R.Coombes	5.49	85. J.Davies	5.31
18. M.Farrelly	5.50	52. A.Stroud	5.31	86. R.Mann	6.33
19. B.Marmion	5.29	53. C.Manning	6.02	87. K.Sexton	6.16
20. A.Binda	5.02	54. J.Plummer	5.58	88. D.Langheim	6.31
21. S.Marmion	6.08	55. G.Flanagan	5.21	89. R.Langheim	7.00
22. M.Ross	5.20	56. T.Hart	5.10	90. P.Hardwick	5.01
23. A.Fairclough	5.03	57. P.Davis (Mrs)	6.06	91. K.Clarke	5.15
24. J.Rimmer	4.38	58. J.Warnett (Miss)	6.37	92. J.Searle	4.47
25. M.Lake	5.01	59. L.Bright (Miss)	5.55	93. Adam Horton	6.33
26. M.Shippen	5.44	60. T.Growney (Miss)	5.39	94. J.Litster	5.41
27. S.Pritchard	5.52	61. E.Crutcher	5.04	95. Alister Horton	4.55
28. P.Morris	5.52	62. C.Degale	5.34	96. D.North	4.40
29. S.Williamson	4.56	63. B.Merry	5.59	97. M.Sinclair	4.40
30. P.Lyttle	6.13	64. D.Macmillan	5.18	98. G.Sexton	4.59
31. A.Bruce	5.20	65. M.Gay	5.41	99. M.Waller	4.31
32. B.Kersey	4.51	66. J.Wasbrough	5.06	100. J.Gladwin	4.20
33. C.Shippen	5.16	67. M.R.Smith	4.35		
34. W.Laws	5.01	68. B.Taylor	4.49		

Result: 1.Highgate Harriers 8:26.12; 2.Blackheath Harriers 8:46.7;
3.Belgrave Harriers 8:51.25; 4.Croydon Harriers 8:57.29;
5.Portsmouth 8:57.48; 6.Cambridge Harriers 8:59.50.



Meet the youngsters....



Top Left. Robert Mann. Top Right. Kevin Sexton. Bottom Left. David Langheim hands over to dad - All 100 x 1 mile relay. Bottom Right. John Coy leads Justin Pritchard in the Boys 800m at the Club Championships.

Photos: Bill Laws

VETS. CORNER

With so many good class vets in the club we would be forgiven for expecting Bel's teams to be at the forefront in summer events. Certainly we had good successes with Laurie O'Hara continuing in winning vein and the Dunsford Family doing well in the European vets Walking Championships in Helsinki. Bill Kerr, also now in his late 40's, showed a very impressive improvement. However, it is strange to note that our vets remain peculiarly disorganised and one sometimes despairs of them developing a proper racing programme with in-depth support for our top men.

Strange Creature

By way of interest we have conducted an in-depth study of the various species of Vets around. They each have distinct characteristics and no doubt the following definitive descriptions will aid the reader in recognising the various Belgrave bi-peds. It is hoped that a greater understanding of their built-in characteristics and reactions will lead to improved communication and ultimately collaboration.

Veteris Amnesius: This species never turns up to races, generally expresses disappointment. No point in giving details to him as he has no recall facility.

Veteris Handicapus: A slow model designed to test the endurance of timekeepers but occasionally does well in handicap races.

Veteris Hospitalitus: Trains hard but invariably is injured prior to races. Major surgery may be required at the time of County and other Representative events.

Veteris Interruptus: Good in training. Promises to perform well but frequently disappoints on the big occasion.

Veteris Marathonus: Not able to race over short distances due to the need to keep up high weekly training mileages.

Veteris Non Pocketus: This is an expensive model. Often shows class but forgets to pay entry fees. Requires hand feeding.

Veteris 'Prima Donna': Approach with caution. A flattering and enticing approach is required with good humour. The effort is frequently well rewarded with a good performance, especially if the cameras are present.

Quite a collection! In addition rare sub-species can be identified and generally thrive in such secluded habitats as Belgrave Hall. One particularly fine example of Veteris Prima Dona Hospitalitus Meditteranii was recently spotted preparing to migrate to sunnier climes. Come back soon Brian all is forgiven - we still need you!

One final encouraging footnote. Under certain conditions most examples of the species experience a metamorphosis and transform into Veteris Fleetus - A fine, swift eager creature. Perhaps someone out there has the formula. If so we would like to hear the details!

MAY 10th 1980 - WIMBLEDON - VETS A.C. 10 MILE

1.L.O'Hara 52:30; 2.D.Case (E.& S) 54:22; 3.D.Minns 54:22; 15.C.Henn 61:21; 19.E.Thorpe 62:40; 21.D.Davis 63:10; 28.R.Coombs 65:07; 35.G.Pearson 70:15. 38.C.Manning 71:52; 42.J.Plummer 73:25; 44.D.MacMullen 73:25; 57.J.Baker 82:03.

MAY 24th 1980 - NORBITON - VETS RELAYS

Vets 4 x 800m Relay: 1.Belgrave 9:04.1. (K.Sinclair 2:20.9, W.Kerr 2:16.0, W.Laws 2:17.4; L. O'Hara 2:09.8) also C.Manning 2:46.0.

2.Epsom & Ewell, 3.Poly.

JUNE 4th 1980 - BATTERSEA PARK - VETS A.C. MEETING

800m: 2.K.Sinclair 2:17.4; 3.W.Laws 2:19.0.

JUNE 14th 1980 - LLANWRTYD FESTIVAL - 23 MILES v. HORSES

Bad weather made this inaugural 23 mile cross country race against horses particularly uncomfortable. Our champ Laurie O'Hara couldn't resist this one and finished in 6th place. The horses outnumbered the runners and proved superior on this occasion.

If the event is repeated some form of weight handicapping will be necessary - or we'll need to change Laurie's feed.

6th L.O'Hara (no time available)

JUNE 15th 1980 - BARNET

800m: 16.K.Sinclair 2:21 1500m: 4.W.Kerr 4:30

JUNE 21st 1980 - HARINGEY - VETS A.C. TRACK CHAMPIONSHIPS

1500m: 2.W.Kerr 4:29.4 5000m: 1.L.O'Hara 15:42.6
3000m Walk: (Class 2) 1.D.Fotheringham 15:05 ... 3.C.Gittings 17:43.9

JUNE 28th 1980 - HAMWELL 5

10th Vet. K.Sinclair 28:30.

JULY 13th 1980 - LAURISTON MILE

16. K.Sinclair 5:01.5.

Superb Run By Laurie

Laurie O'Hara continues to be a man to be feared in veteran athletics. On July 6th at Stockwood Park, Luton he won the 45-49 age group 5000 metres in 15:22.0. from Aylesbury's Ron Gomez to win the Southern Vets title. A week later, however, in the National event, Gomez got the verdict with 15:15.0 to Laurie's 15:24.6.

JULY 18th 1980 - BATTERSEA PARK - VETS ROAD 5 $\frac{1}{4}$ MILES

A superb run by Laurie being only 4 secs. off his course record.

1.L.O'Hara 26:30.

JULY 23rd 1980 - BATTERSEA PARK

1500m: K.Sinclair 4:37.3.

Veterans In Europe

AUGUST 6/10th 1980 - HELSINKI - EUROPEAN VETS WALKING CHAMPIONSHIPS

John Dunsford struck gold in the European Masters track and field championships held in Helsinki. He was a member of the G.B. team that won the team event in the 10km walk and finished second in the 20km walk.

To complete a family double, wife Barbara Dunsford walked to a bronze medal in the Womens 5km event.

10km: (45-49) 1.P.Gobbato (I) 49:35; 5.J.Dunsford 51:31.
20km: (45-49) 1.H.Melisch (A) 1:42.54. ... 6.J.Dunsford 1:48.45.
Ladies 5km: 1.Y.Smith 30:18 ... 3.B.Dunsford 38:06

AUGUST 17th 1980 - ALPERTON - OPEN 5 MILES ROAD

1.L.O'Hara (No further details received)

SEPTEMBER 3rd 1980 - WEST LONDON - OPEN MEETING

3000m: 10.L.O'Hara 8:49.

SEPTEMBER 13th 1980 - HORSHAM - VETS 3

1.T.Davis (A.F. & D) 15:30; 3.G.North 15:47; 11.K.Sinclair 17:11. 54 Finished.

SEPTEMBER 21st 1980 - HIGH WYCOMBE - FURNITURE 5

Vets: 1.N.Fisher (Harlow) 25:26. 16.K.Sinclair 28.30. 49 Finished.

SEPTEMBER 14th 1980 - CRAWLEY - S.C. A.A.A. 10 MILE CHAMPIONSHIP

1.L.Presland (A.F.& D.) 52:22. 2.J.Avis (Cambridge) 52:45. 3.L.O'Hara (Bels) 53:49.

World Best

Once again during the Blackheath 100 x 1 mile relay we ran 25 vets on consecutive legs with the object of breaking our own world best time of 2:17.39. As things turned out we established new figures for 10m, 20m and 25 miles. (See 100 x 1 mile report for individual times). The 10 mile time of 49.36 was set by stage runners 32 to 41, the 20 mile time of 1:49.16 by stage runners 31 to 50 and the 25 mile time of 2:14.09 by runners 31 to 55. The 25 mile time reduced our previous best by 3:30 sec and no doubt there is scope for further improvement next year.

We might have had further celebrations, but our quartette of Laurie O'Hara (4.36) Pat O'Connor (4.50), Alan Black (4.40) and Bill Kerr (4.48) missed the world best time for the vets by 1.6 seconds. It is ironic to note that both Laurie and Pat ran faster for the Vets A.C. team on the same day and if their times had been achieved for Belgrave the record would be ours.

3 days later the same 4 tried to better the world best at Battersea Park, but on that occasion missed by 12 seconds - a fair measure of just how slow the Battersea Track is.



Photo: Stu. Barratt



Photo: Stu. Barratt

Impressive jumping by Club Champions Derek Williams and Dawn McNeil.

ROAD RUNNING

Belgrave Relay

APRIL 12th 1980 - WIMBLEDON - BELGRAVE-HAIG 12 STAGE RELAY

Blessed with good weather and the magnificent sponsorship of John Haig & Co.Ltd. once again this years race attracted the usual high class field from some 30 Southern Clubs plus two 'B' teams. Pre race forecasting tended to agree that this years race was the most open for some time with Aldershot, Farnham & District and Thames Valley H. being regarded as the only two serious contenders for the trophy. The lead changed hands several times with brief spells of glory for Invicta, Elliott, Hercules-Wimbledon and Brighton until stage 9 when A.F and D and T.V.H. took over the first two places. And that was how they finished, with A.F.D. retaining the trophy.

Undoubtably the highlight of the afternoon was the devastating form of Steve Overtt who in taking Brighton and Hove from seventh to first position smashed the existing course record for the short stage and became the first runner ever under 15 minutes for the 3m 553 yd. circuit.

We also had hopes that our own fortunes would take a turn for the better this year and although our final position of 15th was certainly an encouraging improvement on the 21st placing in 1979 things did not go as well as they might have done. With one of our leading lights 'disappearing' from the scene a few days prior to the race. As a result we had to do an eleventh hour reshuffle of the team, only to be struck by a further disaster to the performances of some of our long stage runners. It is ironic that fate should choose this race for people like Ian Duncan, Pat O'Connor and Bob Smith, some of the seasons most consistent and reliable performers, to have a bad one.

However, it was very pleasing to see David North making his first appearance in our senior team and recording our fastest short leg time of the day. I hope that David's was only the start of the claim for places by other juniors who will become eligible next year.

Finally to all club members who helped out in any way, however small, to make this race the success that it was, a very big thank you! - Without you it would be impossible so please help again next year!

Gordon Biscoe

<u>Stage</u>		<u>Stage</u>	<u>Stage</u>
1.	23. I.Duncan 26.55	5.	20.P.O'Connor 27.32
2.	19. J.Rimmer 17.17	6.	20.L.Coy 17.50
3.	13. J.Bicourt 25.35	7.	20.M.Smith 27.27
4.	14. D.North 17.11	8.	21.J.Jackson 17.57
		9.	21.S.Williamson 28.56
		10.	21.A.Fairclough 17.35
		11.	17.L.O'Hara 26.43
		12.	15.S.Holmes 17.25

Team Result: 1. A.F.D. 4:11.01; 2. T.V.H. 4:12.58; 3. Brighton & Hove 4:14.10;
... 15. Belgrave 4:28.23

MAY 17th 1980 - ISLE OF WIGHT - 24th MARATHON

1.J.Hurt (Bournemouth) ... 71.L.Mann 3:06.23; 74.J.Davies 3:07.02
203.D.Drake 4:19.47.

Teams: 1.Epsom & Ewell; 2.Bournemouth ... 27.Belgrave.

JUNE 28th 1980 - RANELAGH HALF MARATHON

1.B.Ford (AFD) 64:05; 2.K.Penny (Camb) 65:42; 3.G.Tuck (AFD) 65:59;
 Bels: ... 46.L.Mann 79:21; 87.A.Grant 86:09; 116.G.Piddington 91:06.

Teams: 1.Cambridge H.22 pts. 2.Ranelagh H. 48 pts. ... 19.Belgrave H.249 pts.

JULY 5th 1980 - GOLDENLAY POLY MARATHONS

1.A.Byrne (Salford) 2:22.23; 2.J.Avis (Camb. H) 2:25.15; 3.C.Whitly (AFD) 2:25.22
Bels: 145.J.Davis (Vet) 2:55.39; 167.L.Mann 2:58.06; 187.F.Barrett 3:00.55
 262.J.Wasbrough 3:14.10. 357.A.Smithies (Vet) 3:41.26; 370.G.Piddington
 3:51.36. 379 Finished.

JULY 19th 1980 - WIMBLEDON - BELGRAVE 20

This year the Belgrave '20' incorporated not only the Surrey County '20' but also the Inter-Counties '20'.

Andy Holden (Tipton/Lancs) led a small group at the 5 mile mark but from thereon gradually pulled away from the rest of the field. Don Faircloth (Croydon/Surrey) ran a good race to move through to 2nd place at the end.

As Race Secretary I was disappointed at the lack of Belgravians willing to help out on the day.

Derek Crookes

Open Race: 1.A.Holden (Tipton/Lancs) 1:43.56; 2.D.Faircloth (Croydon/Surrey) 1:44.44; 3.P.Earles (Mitch/Surrey) 1:45.58; 72.T.Dowdell (Bels) 2:05.09;
Bels: 74.L.Mann 2:05.11; 75.J.Davies 2:05.28; 98.J.Dooley 2:13.54; 106.C.Henn 2:17.19; 120.M.Best 2:20.46; 121.D.Maughan 2:21.16; 128.J.Wasbrough 2:22.40; 150.A.Smithers 2:40.22.

Open Team: 1.Blackheath H. 43 pts. 2.Swansea H. 62 pts. 3.Banbury H. 70 pts. 13. Belgrave H. 125 pts. 19.Belgrave H. 'B' 201 pts.

Surrey '20': 1.D.Faircloth (Croydon) 1:44.44; 2.P.Eales (Mitcham) 1:45.58; 3.J.Hensman (Mitcham) 1:50.22;

Teams: 1.Mitcham A.C. 14 pts. 2.S.L.H. 24 pts. 3.Epsom & Ewell H. 24 pts.

Inter-Counties '20': 1.A.Holden (Lancs) 1:43.56; 2.D.Faircloth (Surrey) 1:44.44; 3.P.Earles (Surrey) 1:45.58;

Teams: 1.Surrey 22 pts. 2.Yorkshire 34 pts. 3.Glamorgan 50 pts.

Ladies Race: 1.C.Gould - Barnet Ladies A.C. 2:01.4; 4.P.Davies - Selsonia/Belgrave 2:40.22.

AUGUST 2nd 1980 - DARTFORD - HALF MARATHON

1.K.Penny (Camb) 1:07.24; 2.N.Brawn (Invicta) 1:08.09; 3.M.McCarthy 1:08.26;
Bels: 78.L.Mann 1:23.15; 82.J.Wasbrough 1:23.28; 114 Finished.

AUGUST 9th 1980 - SHAFTESBURY - 10 MILES

1.J.Ray (Sals) 48:20; 2.D.O'Connor (L.Irish) 49:49; 3.G.Laing (Shafts) 49:58;
Bels: 109.L.Mann 58:27; 266.G.Piddington (Vet) 68:01. 327 Finished.

AUGUST 13th 1980 - HORSHAM - 3 MILES AUGUST 24th 1980 - BRACKNELL - 5 MILES

67. D.Maughan 17:00.

73. D.Maughan 28:12.

199 Finished.

SEPTEMBER 13th 1980 - BROCKWELL PARK - SURREY COUNTY ROAD RELAYS

If Andy Marsay's car had not broken down the 'A' team would have finished one place higher. Good to see John Bicourt holding his good summer form. Of the other members Mark Sinclair's run promises a continued improvement for the winter ahead.

Teams: 1.H.W. 74:41; 2. A.F.D. 75:05; 3.Walton 76:50 ... 9.Belgrave 'A' 80:02 ... 13.Belgrave 'B' 85:56.

'A' Team: M.Sinclair 13:15; N.Kirmatzis 13:40; J.Bicourt 12:41; J.Rimmer 13:36; T.Dowdall 13:27; 5.S.Williamson 13:23.

'B' Team: J.Searle 14:16; A.Fairclough 13:44; A.Bind 14:00; C.Walker 15:19; W.Laws 15:16; A.Marsay 13:01.

SEPTEMBER 19th 1980 - GREENWICH II

1.P.Gaden (Torbay) 54:32; 2.G.Ogden (Highgate) 54:50; 3.D.Faircloth (Croydon) 56.33.

Belgrave: 40.S.White 64:48; 57.R.Bale 69:24; 96 Finished.

Team: Highgate 17 pts.

SEPTEMBER 20th 1980 - WIMBLEDON - BELGRAVE 5 $\frac{1}{4}$ HANDICAP

You may feel that after racing about 30 times round this course Laurie O'Hara would know the way by now. However, such is Laurie's racing programme that one race is much like another and sure enough he took new member Andy Marsay off course. There is little doubt that had they followed 2nd claim winner Mike Kortzenray the result would not have been altered, but both Laurie and Andy would have been credited with better times. Handicap winner Brian Gorman successfully outwitted Arthur Bruce having loudly proclaimed his lack of fitness for the previous three weeks.

1.M.Kortzenray	29.36;	14.N.Kirmatzis	33.30;	27.D.Davies	37.23;
2.L.O'Hara	30.20;	15.W.Downey	33.37;	28.G.Piddington	37.42;
3.A.Marsay	30.32;	16.C.Lawton	33.46;	29.A.Mead	37.55;
4.S.Williamson	31.03;	17.K.Duckett	34.03;	30.D.W.Jones	38.11;
5.T.Dowdall	31.21;	18.L.Coy	34.14;	31.G.Pearson	39.00;
6.L.Mann	31.37;	19.R.Bale	34.26;	32.P.Staples	39.33;
7.M.Head	31.38;	20.A.Bruce	34.32;	33.D.Gordon	39.36;
8.A.Binda	31.42;	21.C.Henn	34.52;	34.J.Teal	40.38;
9.B.Gorman	32.08;	22.R.Martin	35.08;	35.C.Manning	41.27;
10.M.Manning	32.17;	23.S.White	35.47;	36.J.Plummer	41.43;
11.P.Hardwick	32.58;	24.R.Coombes	36.59;	37.J.Baker	47.01
12.B.Taylor	33.04;	25.C.Taplin	37.01;		
13.A.Grant	33.16;	26.A.Stroud	37.13;		

Handicap (Time): 1.B.Gorman (28.38); 2 M.Kortzenray (28.56); 3.C.Taplin (29.01)
4.T.Dowdall (29.21); 5.A.Marsay (29.22); 6.A.Bruce (29.32).

Sports Injuries

Those niggling sports injuries can result in prolonged and enforced periods of rest unless treated by experts. Since the departure of Ted Chappel to the Isle of Wight many of our members have taken to the couches of Owen and John Harris at the Wick Road Clinic in Teddington.

We learn from John that plans are afoot to extend the premises in February 1981 after which treatment can be followed by exercise and gym. work. Rumour has it that Brian Gorman will be taking up residence and that the Vets Section team selection committees will be held there as well. So if you fancy a reunion or a helping hand 'phone 01 997 3818.

SEPTEMBER 27th 1980 - WALTON - HEWITT JONES RELAYS

11th Belgrave 'A': S.Williamson 16:38; J.Rimmer 16:28; L.O'Hara 16:01;
A.Binda 17:31; A.Marsay 16:29; T.Dowdall 16:49.
Time: 99.56.

19th Belgrave 'B': L.Coy 17:37; B.Gorman 17:32; L.Mann 17:55; R.Martin 19:06;
M.Manning 17:32; W.Laws 18:03. Time: 107:44.

Belgrave 'C': D.Jones 20:53; C.Henn 18:53.

The Yacht HandicapOCTOBER 4th 1980 - WIMBLEDON - BELGRAVE 3m YACHT HANDICAP

Pos.	Name	Watch Time	Actual Time	Pos.	Name	Watch Time	Actual Time
1	N.Kirmatzis	20.52	15.42	26.	G.Allerton	22.19	17.59
2	T.Dowdall	21.15	15.45	27.	L.McLean	24	17.54
3.	W.Laws	18	16.38	28.	J.Plummer	26	20.56
4.	A.Binda	23	16.03	29.	P.O'Connor	29	16.19
5.	M.Head	27	16.07	30.	B.Merry	34	19.44
6.	E.Crutcher	32	17.12	31.	J.Rainer	35	19.35
7.	L.O'Hara	35	15.15	32.	D.M.Millan	38	19.08
8.	L.Coy	41	16.21	33.	G.Collins	39	19.09
9.	C.Walker	44	17.34	34.	W.Kerr	43	18.03
10.	C.Henn	48	17.28	35.	D.Jones	49	19.09
11.	V.Duckett	52	17.12	36.	D.Gordon	50	20.20
12.	B.Taylor	53	17.03	37.	B.Campbell	51	19.51
13.	L.Lyons	54	16.54	38.	D.Bains	52	19.52
14.	M.Lake	54	17.04	39.	C.Whaley	57	18.07
15.	R.Martin	55	17.35	40.	J.Teal	23.02	19.12
16.	A.Black	55	16.75	41.	J.Baker	15	22.15
17.	L.Mann	57	16.27	42.	J.Bicourt	36	17.06
18.	M.Best	22.01	17.41	43.	T.Reynolds	36	19.46
19.	J.Stevenson	03	16.33	44.	D.Williamson	45	19.15
20.	C.Gillett	05	17.35	45.	S.Pritchard	47	20.17
21.	A.Stroud	11	18.21	46.	P.Gardner	56	18.56
22.	C.Manning	12	20.42	47.	R.Langheim	25.15	24.45
23.	A.Grant	13	17.03	48.	L.Wostack	26.00	22.30
24.	C.Taplin	14	18.04	49.	P.Lyttle	27.14	24.14
25.	R.Coombs	17	18.37		* Lady		



Winner Mark Waller, Nick Kirmatzis and Mark Sinclair in the Championship 1500m.

Photo: Stu. Barratt

YOUNG ATHLETES

This has been a fine summer for all our younger members with great improvements being clocked by all. Over the shorter distances Youth Pat Lyttle has continued to surprise with some very fast sprint times. Our middle distance performances have been remarkable with Stuart Paton winning the Scottish Youths 800m title, Mark Waller reducing his 800m time to 1:56.1 while John Gladwin produced an incredible series of 800 metres culminating in a British Youths all time record of 1:48.7.

In the longer events Stuart posted the 4th fastest ever 2000m S/C by an English Junior during his first outing and over the same distance Mark Sinclair got within a second of the old Belgrave Junior record.

Dave North gained London representative honours and set a p.b. 5000m while in the walks, Junior International Richard Dorman won a silver medal in the AAA's Centenary Championship at the Crystal Palace.

On the road we started the season well by retaining the Surrey Road Relay Youth title. With new member Paul Richley showing excellent form we approach the winter and 1981 with enthusiasm and quiet confidence.

Youths Reports by **....Bill Laws**

APRIL 19th 1980 - CRYSTAL PALACE - BOYS OPEN MEETING

Bels: A.North 5:23.0.

Around The Schools

STH.LONDON FORMER GRAMMAR SCHOOLS CHAMPIONSHIPS - CRYSTAL PALACE

800m: 1.M.Waller 1:57.9; 1500m: 1.M.Waller 4:28.1.

WANDSWORTH SCHOOLS CHAMPIONSHIPS - HURLINGHAM

800m: 1.M.Waller 2:06.0; 1500m: 1.M.Waller 4:18.2

LONDON SCHOOLS CHAMPIONSHIPS - CRYSTAL PALACE

800m: 2.M.Waller 2:00.5; 5000m: 1.D.North 15:41.0.

ENGLISH SCHOOLS CHAMPIONSHIPS

5000m: 17th.D.North 15.54.

AUGUST 10th 1980 - CRYSTAL PALACE - BOYS OPEN MEETING

Bels: A.North 5:12.6.

SEPTEMBER 10th 1980 - CRYSTAL PALACE - SOUTHERN COUNTIES OPEN MEETING

800m 'A': 2.M.Waller 1:56.2 'C' Race: 1. M.Sinclair 2:06.9

SEPTEMBER 20th 1980 - CRYSTAL PALACE < CROYDON H. OPEN MEETING

Mark Sinclair's good steeplechase places him 3rd on the Belgrave Junior all time rankings.

2000m S.C: 2.M.Sinclair 6:24.2.

HARD WORK.

Good coaching, hard and regular training are the ingredients for progress. Couple these with a packed, tough programme of competition and we have the recipe for success. The following racing schedules for our top two Juniors show just how gruelling can be the path to International Competition.

John Gladwin:

April 10th	West London Open Meeting	800m	2nd	1:56.1
April 20th	Battersea - Belgrave Meeting	400m	1st	51.6
		800m	1st	2:03.4
May 1st	Motspur Park - School Sports	800m	1st	2:08
		1500m	1st	4:28
May 12/13th	Motspur Park - Surrey Champ.(Ht)	400m	2nd	51.3
		800m	2nd	2:00.1
May 17th	Motspur Park - Surrey Champs (Finals)	400m	3rd	50.9
		800m	2nd	1:58.0
May 20th	Motspur Park - Merton Schools	400m	1st	51.0
		800m	1st	1:58.0
June 7th	New River - S.League	800m	1st	1:58.1
June 14th	Motspur Park - Surrey Schools	800m	2nd	1:58.5
June 28th	Croydon Arena - S.League	800m	4th	1:59.5
June 20th	Crystal Palace - 100 x 1 mile	1 mile	-	4:20.0
July 2nd	Tooting - Rosenheim	800m	1st	1:57.9
July 12th	Motspur Park - Belgrave Champs.	800m	1st	1:50.8
July 23rd	Battersea Park - Rosenheim	1500m	1st	4:01.7
July 30th	Wimbledon Park - Lauriston Champs.	1 mile	1st	4:09.7
Aug. 20th	Crystal Palace - BMC Invitation	1000m	1st	2:26.0
Aug. 30th	West London - G.L.C. Champs.	800m	1st	1:55.0
Sept 5/6th	Crystal Palace - AAA Champs. (Heats) (Finals)	800m	3rd	1:48.7
		800m	8th	1:49.9
Sept 17th	Southwark Park - BMC Invitation	1500m	1st	3:52.9
Sept 20th	Brighton - Invitation	800m	1st	1:49.8

* UK Youth Record

Stuart Paton

March 3rd	Crystal Palace - SCAAA Meeting	1500m	5th	4:10.7
March 21st	Cosford - AAA U/20 Indoor Champs.(Ht)	1500m	4th	4:07.7
March 22	Cosford - AAA U/20 Indoor " (Final)	1500m	9th	4:13.2
Apr. 26th	Motspur Park - Surrey U/20 Champs.	3000m	5th	8:56.6
May 12th	Crystal Palace - SCAAA Open Meeting	1500m	1st	4:04.1
May 15th	Motspur Pk - Surrey U/20 Champs.(Heat)	1500m	4th	4:08.6
May 17th	Motspur Pk - Surrey U/20 Champs.(Final)	1500m	6th	4:05.7
June 7th	Haringey, Southern League	1500m	5th	4:01.7
June 11th	Crystal Palace - SCAAA Open Meeting	800m	1st	1:55.9
June 21st	Crystal Palace - SCAAA U/20 Champs.(Ht)	1500m	3rd	4:00.2
June 22nd	Crystal Palace-SCAAA " " (Final)	1500m	8th	3:58.3
June 29th	Edinburgh, Scottish Yths.Champs. (Heat)	800m	1st	2:00.7
	(Final)	800m	1st	1:55.33
July 4th	Crystal Palace SCAAA Snr.Champs.(Heat)	1500m	2nd	3:55.2
July 5th	Crystal Palace " " (Final)	1500m	12th	3:55.8
July 26th	Edinburgh U/20 Home Int.Match	800m	5th	1:54.31
Aug. 2nd	Birmingham AAA U/20 Champs. (Heat)	1500m	4th	3:56.05
Aug. 3rd	Birmingham " " (Final)	1500m	12th	4:01.65
Aug. 10th	Motspur Pk - Jnr.Inter-Counties Match S/chase	2000m	1st	5:53.5
Aug. 16th	Battersea Park - Southern League	800m	1st	2:01.4
Aug. 20th	Crystal Pal.London Fire Brig. Meeting	800m	5th	1:55.1
Aug. 30th	West London - G.L.C. Champs.	1500m	1st	4:10.5
Sept. 10	Crystal Palace - SCAAA Open Meeting	3000m	3rd	8:34.0

Clear Win

SEPTEMBER 13th 1980 - BROCKWELL PARK - SURREY C.A.A.A. ROAD RELAY

Belgrave's hopes of repeating last year's clear win in the Surrey County Youths race took a tumble as Dave North, John Gladwin and Mark Waller all reported unfit for duty. It was left to the fast improving younger youths to take up the challenge and this they did to such effect that they ran out winners in a time only 11 seconds slower than last years winning effort.

In very windy conditions Alister Horton confirmed rumours of his improved training by finishing the first $1\frac{1}{4}$ mile leg in 4th position; Stuart Paton steamed round in the fastest time of the day to take Bels into the lead. Kevin Clarke was thought to be a weak link but ran the race of his life to hand over a clear lead to Gerry Sexton - not one to relinquish an advantage in such circumstances - who gleefully crossed the line to repeat last years victory. Special mention for new member Paul Richley who, although temporarily ineligible for the 'A' team ran 3rd fastest time of the day in the 'B' team. Things are really looking up for the winter.

Bels also completed a boys team which turned in a most promising performance. Carl Frater's time of 9:35 for the $1\frac{1}{4}$ mile course was quite exceptional for his first ever race. He is going to be a lad to watch.

Youths:

Belgrave 'A': 1.A.Horton (4) 8:49; 2.S.Paton (1) 8:07; 3.K.Clarke (1) 9:17;
4.G.Sexton (1) 8:56.

Belgrave 'B': 1.P.Richley (2) 8:25; 2.P.Lyttle 12:16; 3.A.Jones 9:20 ... DNF

Fastest Times: 1.S.Paton 8:07, 2.B.Brennan (Sutton & Cheam) 8:22, 3.P.Richley (Bels.) 8:25.

Teams: 1.Belgrave 35:09; 2.Sutton & Cheam 3.S.L.H.

Boys:

Belgrave 'A': 1.C.Frater (5) 9:35; 2.J.Hague (8) 10:19; 3.A.Lammas (9) 10:21
4.S.Pritchard (9) 10:50.

Colts:

Belgrave 'A': 1.M.Brouillard 11:45; 2.R.Mann 12:09; 3.G.Pearson 12:37 ... DNF.



The successful Surrey Road Team, Kevin Clarke, Alister Horton, Paul Richley, Stuart Paton and Gerry Sexton.

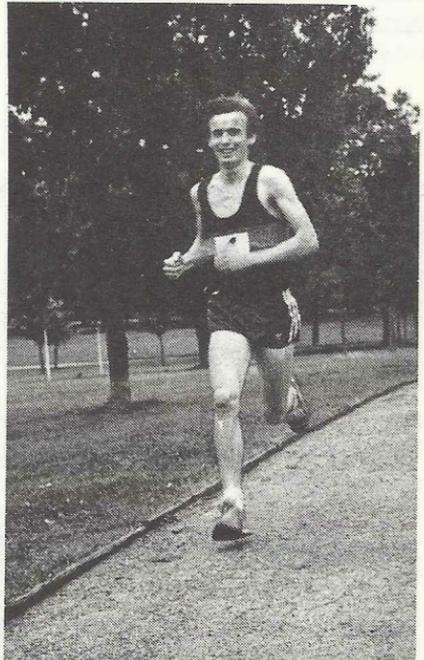
Photo: Bill Laws



Alister Horton (6) and Paul Richley (12) battle for the lead in the Surreys.



A trip down memory lane. George Flanagan hands over to Trevor Hart in the 100 x 1 mile relay.



Talented new member Stuart Paton

Photos: Bill Laws

OVERSEAS MEMBERS

Draw a Line

from Battersea Park to Wimbledon and you'll find that most of our members live within a few miles of it. Some came from farther out and a Scots or Irish accent can often be heard. We have in the past also had athletes from overseas who have enjoyed membership and have done us well, many have had the honour of representing their respective countries. Let us go back over the years and recall them. With the help of Charlie Jones (who came from halfway between the above two places and whose father was a member in our early days) and Carl Lawton the following names crop up.

In the thirties Emil Pfenninger, a stocky built Swiss did the Jumps, Shot and Discus; he was also an International Gymnast and a Swiss Army Ski Instructor. A generation later his son, Heine, came over here to study and was our 'A' string Pole Vaultler in League Matches. With him came Bruno Haffner a fellow countryman who was a fine sprinter and relay man. Another strong man in the thirties was a blond German, Fritz Grassau, Shot and Discus. Another great thrower at that time was René Nowack (Austria). We even had a Finnish Javelin thrower, Saariaho and from Norway a useful two lap man Knut Møe. Distance men too carried our colours, two Cypriots, Chris Worsley and a chap named Kyriakides slogged it out over the few marathons that were held in those days. A Russian? - Yes! Paul Khlopin who left Russia after World War I was a cross-country runner who later became a long-distance walker and figured in our London - Brighton teams.

The second World War saw a decline in athletics, but certainly not their extinction. Fortunately Belgrave Hall and the fairly new track at Tooting Bec were in use. A French High, Long and Triple Jumper Pierre Courouleau helped our team. A young Belgian came to Britain (don't ask how these chaps get here from enemy occupied Europe) and ran with our cross-country teams. On his return to Belgium he became one of the heroes of the 1948 Olympic Games. Étienne (Steve) Gailly was first into Wembley Stadium for the finish, but was so exhausted that Cabrera (Argentine) and Britain's own Tom Richards (S.L.H.) passed him on what must have seemed an endless lap of the track. He was later killed in a car-crash and every year they have an Étienne Gailly Memorial Marathon in Belgium. During the war Frenchmen used to congregate at a pub in Soho run by their compatriot M. Berlemont who claimed the biggest moustache in London, and we recall that his son Victor used to sprint for us before the war.

Athletic Clubs were keen to get going again after the war, and, although not eligible for membership we engaged a professional coach Franz Stampfl, who had represented Austria in the Javelin. He taught our lads a thing or two and it was a loss when he emigrated to Australia. More help from the Continent in the Shot and Discus! Ans Bergvalds from Latvia (now part of U.S.S.R.) and Ted Gaworski from Poland. From Denmark we had Jack Gettrup a Pole Vaultler. From Australia we had a great all-rounder Mal Ash who did the Decathlon, with the High Jump, Pole Vault and Hurdles as his strong events. Although he didn't reach his best with us Gordon Mackenzie, a 10,000 metres and marathon runner, subsequently represented the U.S.A. in the 1960 Olympic Games. Another completing in Rome was Ranjit Bhatia (India) a cross-country, road and track runner. He sometimes visits Britain and was at our open 20 Miles Run last year; he is Indian correspondent of Athletics Weekly. Another from India was Ian Badiali a middle distance runner, and more recently Derek Boosey a top flight Triple and Long Jumper. Unfortunately, work and studies caused him to move and he was lost to us.

In the early fifties we had Gerry Leroy who represented Mauritius over one lap, he moved away from London but still competes in Veterans Races. The West Indies gave us a great sprinter in Ivan Mayers who anchored our winning team in the A.A.A. 4 x 100 metres Relay Team in 1954, he too represented his country. Clearing several inches above his own height Ed. Bare from Nigeria stood a few paces from the bar sauntered up to it and in a lightning movement using no recognisable technique he was over. Many will remember a French chef running over the country for us Jean Monnet - he was wise enough to live South of the Thames and qualify for our Surrey Team.

Now an influx of Walkers. Wilf Wesch combined managing an hotel near Hyde Park with a hard training schedule which brought him three R.W.A. titles in 1970 (10m, 20k and 20m) and in the Munich Olympics he represented W.Germany. He married a girl from Earlsfield before returning. From the U.S.A. we had Gertz Klopfer (placed in London to Brighton Walk) and Tom Dooley and from 'down under' came two "Aussies" Dave de Bondi and Alan Lucas. These were followed by a New Zealander, Graham Seatter whose performances for Belgrave and his country are recent knowledge. We must not forget another "Aussie", Cross-country, Road and Track runner, Bob Smith.

We are now up to those currently performing, they figure in our teams and we are proud of them, but two names stand out and must be included. Cliff (Snowy) Brooks a Decathlon devotee usually competes in a number of events at a meeting and then takes part in the relays, he represented Barbados in the Munich Olympics. Then, if we can catch him! the fastest man ever to represent us, Ernest Obeng. He is often seen on TV lined up with the World's best and wearing a Club Honours Vest on the vest of his country, Ghana. His performances are usually covered by special articles in the Belgravian.

We are always pleased to honour those who have served us well and we are proud to include in our list of Vice-Presidents Ranjit Bhatia, "Snowy" Brooks and Wilf Wesch.

Gordon Doubleday

WELCOME

We welcome the following new members. If you require any advice or information regarding Club activities do not hesitate to contact any of the Club Officers listed on the inside front cover of this magazine.

F.Barrett	G.Green	A.Marsay	Miss L.Reid
Miss H.Baxter	J.Hague	M.Martincan	P.Richley
Miss S.Best	R.Hein	C.McDonald	M.Rodrigues
Miss A.Briggs	Miss V.Hinckson	Miss C.Noble Jones	M.Sexton
Miss E.Bright	P.Hunt	A.Nwosu	J.Smyth
Miss H.Bowler	R.Jell	P.Oppenheim	Miss T.Sparling
M.Broullard	Miss C.Johnson	Miss M.O'Shea	E.Stroud
Miss P.Bryan	Miss M.Johnson	Miss A.Oulds	C.Taplin
Miss K.Crookes	M.King	S.Paton	M.Trott
K.Crookes	Miss J.Kunisch	J.Pimm	G.Walters
D.Day	Miss S.Leslie	J.Pink	Miss V.Watson
A.Dorman	V.Ley	Miss M.Ray	C.Whaley
W.Downey	J.Mann	Mrs. S.Reed	M.Woods
C.Footman	M.Manning	S.Reed	Miss J.Wostrack



Mark Shippen winner of the Club P.V.Championship has shown a welcome return to form this year

Photo: Stu. Barratt

