



# ***THE BELGRAVIAN***



***Official Gazette of  
BELGRAVE HARRIERS***

***December 1970***



FRONTISPIECE

Pat O'Connor leads Laurie O'Hara by six inches (at a guess) in the "Spaon 10"

FRONT COVER--

The terrible trio of this season's Surrey League, youths and boys: - Peter Carton happy, Bill Curtin a trifle bored, and Tony Binda apparently wondering when the race is going to start. This was taken at the first race of the season, at Wimbledon in October, but it could equally well have been taken at the second or third. - Photo: Ron Linstead



# THE BELGRAVIAN

FOUNDED 1887

December 1970

No. 176

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A.A. Harley

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## EDITORIAL

Clive Shippen has given up the Belgravian Editorship after some ten years, in which he achieved a club magazine standard quite exceptional for an amateur athletic club. We still have the benefit of Clive's advice and contributions, but a Committee has been set up to take over the reins.

Contributions to the mag. should now be sent to Donald Maclean, 45 Amerland Road, London, S.W.18 (874-1889). Other members of the Committee are John Dear, Dave McMillan, Tony Fairclough, and any members who want to lend a hand - writing, typing, ideas or whatever - and these should get in touch with Don, from whom you are sure of a hearty welcome.

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## THE PRESIDENT'S MESSAGE

May I express sincere thanks to the club for electing me President for a second term of office. I would like to think this will coincide with a high measure of success in all branches of Athletics by our teams and members -- and there is certainly no valid reason why it should not be so.

Our grateful thanks are due to Gordon Doubleday for the exemplary way in which he served as President during the past Club year. At the time of his election Gordon was laid low in hospital, but a happy and enduring recovery enabled him to work as hard on our behalf as any club has a right to expect, plus a bonus for Good Timekeeping! Thank you, Doub for your great work for a great Club.

Three years ago Frank Jarvis, when elected President, made his demands of the Annual General Meeting for even more Trophy wins during the summer season -- and in due course his desires were consummated.

I am much more exacting and demanding -- much greedier for the honours that Athletics has to bestow upon a champion Club. I would like Belgrave to win the four senior R.W.A. Championships during my Presidency as against the three won this year and one lost by a single point. I am given to understand that this will not happen again!

I would ask for no less than Cross country wins in the Surrey, Southern and English Championships. All these titles have been in our possession before. Why not again? I am confident that the ability to ride high is within our ranks; with adequate reserve strength in addition to play a very substantial part, and to prove to everyone the truth of the adage "that strength is in reserves". I repeat, the talent is there. It needs to believe in itself, to have confidence that the deeds of the past can again be accomplished, to develop an enthusiasm and a determination which will sweep the Belgrave colours to multiple successes within months. The secret key to the success is "Hard-work", Intellegently applied, allied to a burning enthusiasm, and a mutual identity of determined intention over a period of three months or so. Our undoubted strength, if unified, and directed with maximum impact, correctly timed and beamed on our objectives, must prevail, and crown our efforts with success in the events which matter most.

In similar vein we could also take a couple of AAA Relay Championships, the twelve aside road-relay Championship and the Sprint Relay, which we won in 1954, for example. And here again on Track and Field lets have a few Trophy successes for good measure!

While all this good work goes on we may be sure our Juniors, Youths and Boys will have received the message and I am sure their triumphs will be many.

The objectives I have outlined above might well be considered a twelve months programme to daunt any Club but Belgrave; and there may be some in our ranks who doubt our ability to do these things.

But consider for a moment the small, almost infinitesimal margins that decide Championships and separate success from failure.

Think of the sprinter who loses a race by inches in a hundred yards -- or centimetres in a 100 metres, if you prefer it that way. The margin is so small, probably of the order of one point in 750. A 1% improvement would easily swing defeat into victory. Similarly a 1500 metre runner winning clearly by a metre is obviously only the slightest possible fraction faster than his opponent. A 1% or 2% improvement by the second man would give a very different result! It would enable him to achieve all his ambitions and more. These slender margins also win or lose team championships. Six men all showing a small percentage of improved running can well and truly put us among the trophies! I'll not pretend that that last little final degree of improvement is easy to attain. The 1% extra intensity of effort in training and racing; in the determination to succeed, in the support given to one's colleagues over weeks of preparation -- all this can only mean ultimate SUCCESS. Will you please try and make this extra contribution?

In the same way we should endeavour to put that extra 1% effort into the administrative side of the Club. Well as we are served, just the little more extra effort over and above the tremendous work already done will register, and put us in the highest places.

The general membership, too, has its part to play in giving that extra little bit of help and support in every possible way. We must be on the constant look-out for new members, and ensure that they are cordially welcomed and quickly assimilated into our activities. We must guard against wastage and loss of talent by reason of our shortcomings; and we must give vocal and other support to our chosen team when the Championship seasons comes round.

We have all heard of the tag "for want of a horse-shoe nail the battle was lost!! Let us ponder the truth of this, and let us be on our guard that we do not commit the sins of omission or commission. Let us be warned, and let us aim high when many other subsidiary successes will automatically be swept into the net. We'll even mix our metaphors if its going to help!

As your President I look to everyone to pull his weight (+ 2%) during this year. Every member, and certainly every Officer and member of Committee should be seeking for ways and means whereby the maximum amount of thought and action is contributed to matters Belgrave. I feel confident that this will be so, and that the result of our united efforts will be seen this year, and for a long while to come.

A.A.H.

## JUMBLE

Our thanks to Gwen and Bill Couzens for the great amount of work they once again put in for the jumble sale held on October 31st. It looked to me as if there was more to sell than ever before, and it was a success despite the fact that it was a rainy morning. Thanks also to the small band of willing helpers who always turn up although many are already doing jobs within the club.

This leads to a question. Do members really want fund raising activities or would they prefer to pay higher subscriptions? The response to the A.A.A. Draw is very poor considering our membership. There are still a great many members who are not buying a weekly football ticket during the winter.

The last improvement to Belgrave Hall was somewhere around 1953 we can improve still further if a little more effort is made by all members. By doing this we can attract more members, with rising costs we need the extra income if we are to remain one of the leading clubs in the country.

Current subscriptions became due in September, and I appeal to members to pay promptly.

May I wish fellow members a Happy Christmas and a prosperous New Year.

## *Our President*

### A.A. HARLEY

In recognition of his outstanding service and devotion to Belgrave Harriers, ALFRED A. HARLEY was unanimously elected as President of the Club at the Annual General Meeting on September 17th.

As readers of our SPOTLIGHT article in the last 'Belgravian' will know, this is Alf Harley's second term of supreme office - the first being for years 1950 to 1952 - and we are proud to have him as our President once again.



(Photo: Evening News)

Another milestone in the life of ALF HARLEY is reached during the 1950's when, as Chairman of the London Association of Athletic Clubs, he receives the ROMULUS AND REMUS trophy from the Italians at London's Dorchester Hotel

Apropos that SPOTLIGHT article, a few amendments and additions need to be made.

Alf resigned as Honorary Treasurer of the R.W.A. in September 1969, and was elected a Trustee of the Race Walking Association at the same meeting. Incidentally, he is also a Trustee of the Southern Counties A.A.A.

At the Annual General Meeting of the A.A.A. held in October, Alf was elected a Vice-President of the A.A.A. (on the Southern Counties nomination) and this is the first time a Belgrave Harrier has held this office. Not only is this a tribute to Alf Harley himself, but to the Club also. We look forward to a successful year under his leadership.

PRESIDENTIAL PAPERS

On behalf of my wife and myself, may I thank the Club most sincerely and humbly for the really magnificent present that was given to us at the Annual Dinner-Dance. I was certainly over-whelmed and lost for words, and the quiet and secret manner in which the whole affair was managed was worthy of M.I.5, 007, F.I.B. and all the other coded agencies rolled into one.

Please accept my very grateful thanks and sincere appreciation.

It has been a great privilege to serve the club for 42 years in office, and I hope to be able to continue to do so and to make my small contributions from time to time. There has been a deal of satisfaction to be had in filling various offices, not least that of General Hon. Secretary for 32 years since taking over from Wally Baylies. I count it a great honour to have been permitted to continue so long with higher councils of the Club; and am further privileged in serving as your President for a second term, in the current year. My thanks to you all.

--ooOoo--

Tommy GREEN (our legendary hero of years ago and the winner of dozens of walks in the late 1920s and early 1930s) as many will recall, was selected as one of the Olympic team to go to Los Angeles in 1932. Tommy duly won the first 50 kilometres Olympic Walking title in tropical conditions. Great Britain had two winners only, our Tommy Green, and Tom Hampson (800 metres) who was a second-chain Belgrave man, and scored in some of our Surrey County Relay wins.

Later Tommy Green presented us with a magnificent Cup to which his name was given; and it was, decided that it should be held each year by the Club athlete who, in the opinion of the Committee, accomplished the finest individual performance during the Club year.

This year a very popular choice was WILF WESCH for his win with RWA 20 Miles Championship -- one of the three main titles that he won.

With the Cup's association with our first ever Olympic champion it will be interesting to see whether WILF can emulate the donor at Munich in 1972 -- forty years on -- and take an Olympic walking title. It could well be!

--ooOoo--

The death of Ernie KEMP, and retirement for business reasons of his son Frank is likely to handicap us greatly in time-keeping at our various events in the future. Cecil Gittins has always made it clear that he has many other prior commitments to discharge as we are well aware; and this throws the burden on our immediate Past President Gordon Doubleday, and the occasional welcome visits of Harry HATHWAY. With four events being decided simultaneously on one afternoon (as on Jan. 23rd) timekeeping will be a difficult business indeed; and looking ahead we shall certainly need more assistance at track meetings. May we ask those who feel they could be helpful in this field to get in touch? Expensive watches are not essential -- the desire to be helpful and to turn up with regularity are the important assets.

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On another page will be seen an invitation to all members able to do so, to turn up at Belgrave Hall on Mar. 13th for a Club photograph to be taken. We hope to have a representative gathering of Club members of all ages present.

As we cannot depend upon the weather it is intended to take the photograph inside Belgrave Hall, where special staging arrangements will be made. It will be necessary for the photograph to be taken at 2.00 p.m., so that the competitors in the following afternoon competitions may have ample time for stripping-off, warming up, and getting on the mark in good time.

Ordinary clothes (with Club ties) should be worn for the photograph.

So make an entry in your new diary now -- Mar. 13th/Club Photo/2.00p.m. sharp/

--ooOoo--



SURREY COUNTY X-CITY CHAMPIONSHIP c.1928  
L.to R: W.J.Harwood (Surrey AC) 1st., L.H.Wea-  
therill (SLH) 2nd., E.A.Duffett (Belgrave) 3rd.

His many friends in the Club will be delighted to know that Past-President ERNIE DUFFETT is fast recovering from an operation at the Atkinson Morley Hospital, Copse Hill, for the removal of a non malignant growth on the brain. Ernie is gathering strength every day, and after a period of rehabilitation will be moving to his new home in South Wales which had been planned before ill-health intervened. We wish Gladys and Ernie good health and long life on their retirement.

Ernie was one of the vital forces in Belgrave and athletics generally in the 25 years he served us as Running Hon.Sec. He joined us in 1927; his influence was tremendous, his enthusiasm great and reflected in our successes during the period. In 1948 he acted as Marksman at the Olympic Games; and there was a time when Ernie knew every runner, his club, and his "marks" in open handicaps—which was just as well for he was an A.A.A. Handicapper for a number of years. He was known as the one-man scrutiny meeting in the world of cross-country running, and his remarkable memory often came to the rescue of confused Event Secretaries!

In his younger days Ernie was a more than useful runner, holding the Club mile record at one time, taking place medals in Surrey Championships, and giving valuable support to our teams.

BEST OF LUCK ERNIE!

Ray Middleton's amazing first-attempt time in the London-Brighton Walk (in which he finished second) confirms Ray as one of the finest walkers of all time. This is further underlined by his representation of Great Britain in five successive Lugano Walk Competitions -- testimony to his ability, his determination, his strength and his fitness. We look to Ray for further honours yet, for as he grows older he returns faster and faster times!

Our strollers of yesteryear will be saddened by the news that Rammore Post-Office and buildings are up for sale as business has declined. Many will remember our steady climb up through the woods until we achieved the heights of Rammore Common, with the "Post-Office" and it's pots of tea to supplement the sandwiches we carried. Time was when we sheltered in a dilapidated barn, later repaired, with - not unexpectedly - an increase in charges. We pleaded we were part of the goodwill of the establishment, but we still had to pay the extra coppers!

Our 51st Annual Open Walk received excellent support on November 28th. The weather cleared, the organisation - thanks to Pat Duncan, Jack Goswell and others - was of the usual high order, and Belgrave won the scratch team race. A very good day - with Belgrave Hall stretched to it's limits! A very special "Thank you" to all who assisted for the hungry hundreds after the race.

A pleasing feature of the event was the number of former Belgrave champions and athletes to be seen looking on. How nice to see Bob McMullen (now on the 80 mark) and Harry Churcher (seven times A.A.A. Champion and an Olympic walker) who was prevailed upon to present the awards, and Joe Coleman, Ben Knifton, Tom Scrimshaw, Percy Wright, Harold King - and no doubt old Uncle Tom Cobby was there as well!

We are again indebted to our one-time Captain and Champion, Ken O'Kell, for defraying the cost of adding names to the two Honours Boards hanging in Belgrave Hall, which Ken presented to us some years ago.

## HON. SECRETARY'S NOTES

I must say that the magazine has come with its usual quick deadlines and has caught me almost literally with my trousers around my ankles. You're probably wondering what I am going to say in my first secretarial jottings, but then so am I!

First, let me convey an enormous amount of praise for the way in which the annual dinner was organised. For me, the meal was the best we've had in years and particularly enjoyable for not being that aged bird "Surrey Chicken". Bill Lucas was his usual efficient self as toastmaster and several who spoke later with the aid of the microphone (it worked this time!) wondered how his voice managed to carry to the furthest corners of the room.

It was a very moving experience for all present when Bill Laws presented Alf Harley with a splendid decanter set as a worthy presentation for the years he has served the club in an official capacity. The club wouldn't be what it is now without the devotion and hard work that Alf has given it and it is good to see that his efforts have been justly rewarded.

The committee has been elevated in status by its move from its former Kennington Lane venue to the more sophisticated ambience of the Parkway Hotel in Bayswater. We have to thank the hotel manager for this beneficial move - he is none other than our home-grown German walking champion, Wilf Wesch. We wish him many more years at the Parkway. Incidentally, it was noticeable that fewer sub-committees developed during the course of the meeting this time.

I have recently been sent a book called Today's Athlete, which is published by Pelham Books at 35/-. This is a compendium of articles on athletics and is edited by Brian Mitchell. It covers a wide range of subjects and its contributors include such notables as Bruce Tulloh, Tony Ward, Tom McNab and our own Ranjit Bhatia, who contributes a chapter on distance running in India.

The book is aimed principally at the coach, the school teacher, the administrator and the thinking athlete and makes fascinating reading, although the overall standard is uneven, as it must be in a collective book. I can recommend it wholeheartedly to anyone who wants to get a little extra from the sport.

- PH

### Tommy Green cup



Wilf Wesch looks a proud man as he gazes at the Tommy Green Cup, which he received at the Club Dinner and Dance at the Wimbledon Hill Hotel on November 21. Well done Wilf.

- Photo: Ed. Lacey

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DOES HE MEAN TEAM - OR BUSINESS? STILL - HE HASN'T GOT EITHER!



RUNNING TO AND FROM WORK IS EASY IF YOU DON'T HAVE A POSITION TO MAINTAIN



# SPOTLIGHT ON .. .. .

## RONALD Linstead

BY

MICKY PYER & CLIVE SHIPPEN



"This boy Linstead is amazing".

So wrote Sam Ferris in *ATHLETICS WEEKLY* on the 30th of September 1960.

Sam was referring to Ron's 5:36:14 clocking in his first London-Brighton Road Race, which was faster than any previous Englishman had recorded. Yet his comment was not new. Many others had used the same turn of phrase six or seven years earlier when Ron was, indeed, little more than a "boy". Then, as a youth, he had also attracted the attention of *ATHLETICS WEEKLY*, having matched the best of our seniors on the road in a year when Belgrave were runners-up in the National Road Relay.

What happened then in the intervening years? Why the superlatives in 1960 if he had already made his mark in 1953/4? The short answer is ---- illness. Illness which not only kept him out of the limelight, but which would have induced many lesser men to hang up their shoes.

The qualities he displayed during his eventful career are now being instilled into our present generation of youths who, as the following will show, have good cause to respect our Junior Team Manager.

Ron Linstead was born in Lewisham on the 31st of January 1936. Before he reached school age he was "bombed out" during the London blitz and his family moved to Wimbledon. Much of his leisure time was spent with playmates on Wimbledon Common where packs of Belgrave Harriers were a familiar sight. His friends convinced him that the runners were training to be clowns, but it was not long before the uninhibited Linstead had found out their real purpose, who they were and where they came from.

If Hitler's blitz of London was the first significant happening of Ron's life then the second was surely his gaining a place at Rutlish Grammar School. Being an outspoken boy with a mind of his own it was inevitable that he would always be in trouble. It followed, too, that he should have an antipathy towards "supervised" sport for, if not a rebel, he was certainly a loner. He disliked the imposed discipline of rugby and soccer and engineered every possible means of opting out of these activities -- not because he was averse to physical exercise, but because he had already developed a taste for the joys of running and cycling.

It was at Rutlish that he began to enjoy the fruits of victory at both running and walking; and this did not escape the eagle eye of A.A.A. timekeeper Harry Hathway who was Senior Maths Master at that establishment. Ron received his first book on running from the hands of Harry and one can just imagine the first-year schoolboy having his hands inspected prior to being locked in the Art Room for half an hour. How much this early success and encouragement influenced him is difficult to say, but it was not long after that a boyish head appeared round the door of Belgrave Hall during a field events coaching session and said "Please may I join your club?". He was well received by the members who were only too happy to encourage a keen youngster. Ron reflects, "I am pretty certain that had I not been encouraged to join that day, I would have approached a cycling club".

And so it was that R. Linstead went on the books of Belgrave Harriers in July 1948 at the tender age of 12 years. His first Saturday afternoon runs were with veteran George Still but

he soon graduated to the pack led by the legendary Bert Footer, then in the twilight of his career. From time to time Footer and Arthur Whitehead took holidays in the Lake District where they spent their time walking, climbing and running. They soon had Ron Linstead for company; and he took to these outdoor activities like a duck to water. He looks back on these holidays with nostalgia, and remembers the great mental boost he got from them. The Lake District gave him a new conception of distance and it was probably these visits which set him on the path of his ultra-distance training runs when he returned home.

Ron's first club race of consequence was the Yacht '3' of 1950. This handicap run over three and a bit miles produced a field of 68 runners, and 14years-old Linstead finished second with an actual time of 16:49 — 17th fastest. But his racing appearances were infrequent and it was not until 1952 that he met really class opposition in the Southern Youths Cross Country Championship. He was 25th, and second Belgrave runner in our 4th placed team.

He was now beginning to find that his running on the road was vastly superior to his form on the country or track. Nevertheless, he resolved to run in everything he could in 1953 and started well by finishing 8th in the Surrey Youths cross country. Not for the first time, though, his heavy training mileage resulted in leg injuries which put him out of the Southern and National. He bounced back for the road relays in scintillating form, winning our Club youth trial from County Champion Frank Wright and then recording third fastest time of the day in the popular Aylesbury Youth Relay. Apart from finishing 4th in the Club Junior Mile Championship he hardly appeared on the track in 1953. The autumn of that year saw the next step in his progress when, once again, he beat the handicapper in the Yacht '3' to finish 2nd and record second fastest time of the day at 15:10. He followed this up by beating all the juniors for the 'Savage Shield', beating all the seniors, bar Jack Brown, in the 'Blackstaffe Shield' seven miles, and finishing 2nd in the Surrey Youths. For once Ron was free from injury in Feb/March 1954 and he finished 12th in the Southern Youths (25 seconds behind S. Eldon and ahead of J. Merriman, M.J. Palmer, and D.J. Chapman) and 30th in the National. Useful as these performances were they by no means reflected his ability as a road runner, as later events were to confirm.

The 27th of March 1954 is a date which will live in the memories of all those who were at Wimbledon for the 5½ miles road trial to select the team for the National London-Brighton Relay. Belgrave were out to regain their National title, and competition to make the team was intense. Although too young to qualify, Ron Linstead lined up alongside his senior club-mates. Imagine the sensation when he not only romped home a convincing winner, but did so in a record 28:24 — a mark which withstood senior assault for five years!

Came the London-Brighton Relay, with Ron on the sidelines. How must he have felt? Jimmy Green of ATHLETICS WEEKLY wrote afterwards "Much depended on the ability of the early South London runners to keep in touch with the leaders, so that Gordon Pirie and Peter Driver could put them in a winning position on stages 7 and 8. I estimated that Belgrave — my fancy as the club most likely to beat them if any club did — would need two and a half minutes lead to hold off the two S.L.H. stars. All they had was a mere 18 secs, and it was not enough, despite some fine running by their later runners. As it was, they lost by only 66 secs., which was a fine performance, particularly as their trial race winner, Linstead, could not run as he is still a youth." Belgravians were left ruminating on "What might have been!"

For some time Ron had been thinking and training like a top-class senior. Now he was running like one. He revelled in hard work, was absolutely dedicated and well ahead of his time in work-load. He frequently trained twice a day doing a steady 5 or 6 miles in the early morning (sometimes in army boots) and 8 or 10 in the evening with runs up to 20 on a Sunday morning. Remember, this was about 18 years ago when 50 miles a week was regarded in the same light as 100 now.

In the summer of 1954 Ron was called up for National Service and was posted with the R.A.F. Regiment at Watchet, on the northern coast of Somerset. His new surroundings were much to his liking, for the Quantock Hills were well within running distance. Some of Ron's happiest memories are of the long runs and early morning outings in those West Country hills.

Apart from retaining his "Savage Shield" title and finishing second in the Western Counties Junior Cross Country Championship he had



(Photo: Ed Lacey)

Winning the L.C.C. Junior Mile in 1953

little competition in the latter half of 1954. However, his relentless build-up continued and he was fitter than ever at the end of the year.

In 1955 disaster struck. Flooded camp conditions and a broken-down heating system resulted in Ron contracting pneumonia and pleurisy. Tuberculosis set in and he was confined to hospital for many months. After a period of convalescence he was discharged on a 100% disability pension. So, after years of dedicated training which had taken him to the brink of great things, he was now little more than an invalid. Surely this was the end of the road.

When Ron Linstead returned to Wimbledon in late 1955 he began to renew his visits to Belgrave Hall. It helped him a great deal to be back in the carefree atmosphere of our Headquarters on training nights and Saturdays, even if he was not running. Gradually he nursed himself back to general fitness. The Lake District was re-visited and, over a period of time, he introduced long walks, weight training and jogging into his routine. For four years he persevered, until at the end of 1959 he was a fully fit running machine once again. He had had little competition, of course, but he showed a lively interest in Club fixtures, supported many of our matches and was a frequent contributor to THE BELGRAVIAN.

Ron's belief in ultra-distance training runs was put to good effect during his build-up. This, together with his natural ability on the road, led him to think seriously of distance competition. He had no real desire to return to the hurly-burly of the cross-country, road-relay and track seasons. Furthermore, he had been fascinated for some time by the articles and books written by the immortal Arthur Newton. Ron had written to Newton and on several occasions had cycled over to Ruislip where he had listened intently to the advice and reminiscences of that great authority.

His distance runs grew in frequency. Sometimes he would spend all day in the country, always varying his route, and drinking in the scenery wherever he went. To avoid circuitous routes he would often take a train to somewhere like Haywards Heath, tie his lightweight trousers round his waist and run 40 miles or so back to Wimbledon. He never deserted his speed-training and, to this day, is a great believer in what he calls "contrast training" -- surely an appropriate name for work which produced alternately, 40 miles run, 2 miles time trial



(Photo: Mark Shearman)

Hills and headwinds do not stop Linstead recording fastest time on the Redhill stage of the London-Brighton Relay.

(morning, noon and night), double session of steady running and fartlek, one day of speedwork (100's and 200's), 20-30 miles run. Such work is enough to raise eyebrows today, but ten years ago it was truly phenomenal.

Ron Linstead's second "career" began with the Darlington to Barnard Castle '16½' of June 1960 where he finished second, inside the course record. The following month he finished 6th in the Belgrave '20' and set a new Club record of 1:51:19. It was a good start, and it gave him confidence for the September 3rd-October 8th period in which he would cram in four quality runs which were truly "contrasting".

The first was the S.L.H. '30' where he split that well-known Haltemprice pair, Cooke and Kirkwood, to finish second in 2:56:03, breaking Joe Lancaster's record and running the last 15 miles nearly 3 minutes faster than anyone in the field. This was the third consecutive event in which he had raced further than ever before, and on September 24th he made it four by doing the London-Erington Run. This time he stayed with the front runners for most of the way, going through 20 miles in 2:01, 40 miles in 4:04, and the full distance in 5:36:14 to finish a brilliant 3rd behind Mekler (South Africa) and Elderfield (T.V.H.) and thus becoming the sixth fastest ever — unmatched by any previous Englishman. This was the occasion the incredulous Sam Ferris wrote in ATHLETICS WEEKLY "This boy Linstead is amazing and has terrific capacity for severe punishment".

While some would have rested up after this gargantuan effort, Ron was out again seven days later to do further battle with our handicapper in the popular Yacht '3'. And yet again Linstead came out best, finishing 2nd for the third consecutive time in 14:53 and joining the elite band of sub-15 men. His fourth outing in this purple patch was the London-Erington Relay the following Saturday. Running on the tough Redhill stage, into a headwind, he clocked fastest time of the day. Only four men had run faster in the preceding six races. This run gave him great pleasure, for there had been some controversy at that time about the wisdom of long-distance work for short races. Interval training was all the craze. By running 16 seconds faster than Polytechnic's Roy Proffitt, who had recorded 8:59.2 for two miles at the White City ten days earlier, Ron felt his methods had been vindicated. Whichever way one looked at it, his first year back had gone with a bang!

1961 was not packed with the same sort of action. He ran in several relays, was 3rd in the '5½' and second again in the 'Blackstaffe'. But this year there were difficulties. Ron's father had been very ill for some time and there was much worry in the Linstead home. Nervous tension became apparent in Ron's running and he was often depressed. His love of running was a great help and there were bright patches in a not too happy year. Paradoxically, the brightest of these was an occasion which Ron himself rates as the highlight of his career -- the Isle of Man road race over the famous T.T. course (37½ miles).

Eddie Elderfield (who had beaten Ron in the 'Brighton') and Don Turner, the previous year's winner, were Ron's main rivals, but the Belgravian exuded tremendous confidence and was never headed. Elderfield was still with him at '20' (2:02) but as they approached the formidable Snae Fell (2,054 feet) Ron spurred ahead attacking the mountain with unusual ferocity. "I was amazed at how good I felt, and as I weaved round a hairpin bend at 1700 feet and looked down on to the heads of the runners below it felt almost idyllic" he recalled. Tom Richards's record was smashed by 6½ minutes with a display of running which led the front page of the I.O.M.



Nearing the finish of his record-breaking Isle-of-Man T.T. course record -- looking remarkably fresh.

"Daily Times" to say "...but if he was unfamiliar with the circuit he was certainly unafraid of the T.T. course's reputation".

Although he had enjoyed much success in these two years there was still something missing from his experience. Those long chats with Arthur Newton and the old man's vivid descriptions of the South African scenery had left Ron yearning to run over those self-same hills. Would he ever realise such a dream?

It is very likely that a man of such determination would have got to South Africa somehow or other on his own, but his break came sooner than expected when the R.R.C. announced it was launching an appeal to send Ron Linstead, Tom Buckingham, John Smith and Don Turner to the 1962 "Comrades Marathon" (Durban to Pietermaritzburg, 54 miles). Ron was delighted. He set about making 1962 his fullest year yet.

He was still not at ease over the country, but to help his preparation he turned out in almost every fixture of the 61/62 season, culminating in a moderate 78th in the 'National' at Blackpool. He sharpened up with two road races before leaving with the R.R.C. party -- the Wigmore '15' (7th) and the Finchley '20' (10th). He was pretty fit but was not yet showing his best form.

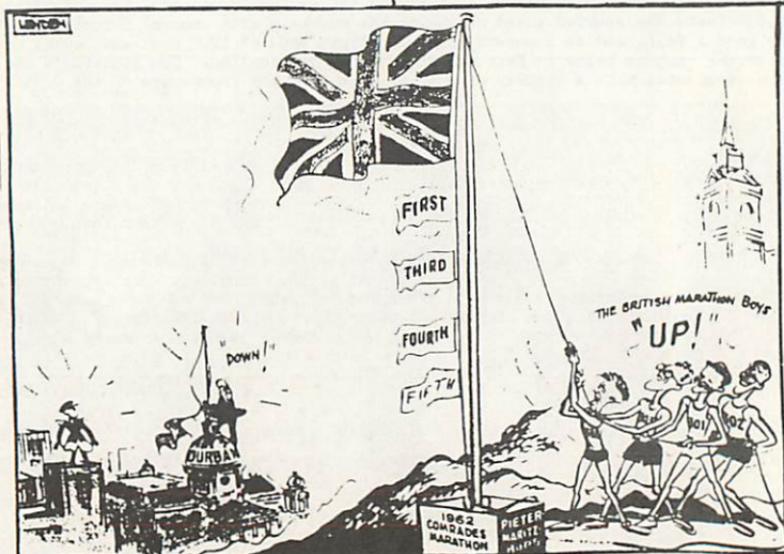
They arrived in Johannesburg on May 20th and then moved on to their pre-race H.Q. at Pietermaritzburg in the beautiful province of Natal. Ron wrote in THE BELGRAVIAN "It was sheer joy to run in that hot sun through such lovely scenery. Sometimes we left the roads and went over the dirt and gravel mountain tracks and had superb views. We felt that we were hundreds of miles away from civilization. Occasionally we encountered native kraals and villages where our appearance would cause a sensation. Often, barefooted children would run with us for a mile or more, seemingly untroubled by the rocky flinty surfaces. It was all so very peaceful ....."

It was just as Newton had described, and Ron was intoxicated with it all. How he wished the old master could have been with them at that time. It was Ron's most sentimental journey and he will carry it's memories to the end of his days.

The big race began at 6 a.m. There were 150 starters.

The first 25 miles rose through 2,500 feet, at which point Ron was 6th, eleven minutes down on Møkler. Although he had to leave the road temporarily at about 40 miles, and was obviously finding it harder than his 'Brighton' run, he still moved into 3rd place at 45 miles - feeling really hopeful. However, his hopes were dashed at 48 miles when he was hit with stomach cramp and he had to call on every ounce of that iron will to hold on. Turner and Buckingham passed him soon after, but with Smith beating Møkler up front the R.R.C. team had placed 1st, 3rd, 4th, and 5th - an excellent effort.

BLIMEY! ON REPUBLIC  
DAY, TOO!



A South African newspaper cartoon acknowledges the R.R.C. team win.

After this everything had to be an anti-climax -- or had it?

Only seven days after arriving home Ron turned on another of those "purple patches" remarkable for their versatility. It began with the Poly Marathon where he finished a creditable 12th. Three weeks later he turned out for Old Rutlishians on the track (an almost solitary excursion).



# THE MEN BEHIND THE TROPHIES

## PERCY WRIGHT and the 'REMEMBRANCE CUP'

PERCY WRIGHT, a Club Life Member, now Headmaster of a school in the Southampton area, and a great character in days gone by, was a Territorial Army Reservist in 1939. He was summoned to the Colours earlier than most that year and was posted to South Wales. It was in that distant part of the Kingdom that Percy came across a dealer who was interested in purchasing Air-Mail letter forms from people serving overseas; so Percy lost no time in 'organising' his many friends in the Club and elsewhere to pass on their letter forms to him.

The fund, which began in such a small way, grew steadily until such time as the dealer said 'Enough!'. When the War was over, the Fund (supplemented by other donations) was used to purchase a trophy for the 100 yards (now 100 metres) Junior Championship and was named the 'REMEMBRANCE CUP' --- and so commemorated all those Club members, known and unknown, who were lost to us in the 1939-1945 period.



PERCY WRIGHT



F.W.PRIGHARD wins a 100 yards at Motspur Park

Our first victims were E.G.W.BIRCH and W.F.PIGOTT. Our Civil Service 880 yards champion, HAROLD TITHERLEY, was killed in an air-raid near the White City, C.MARTIN was lost at sea, and ALAN JERMAN - a most promising runner - killed in a motor-cycle accident while serving in the R.A.F: ARTHUR ALLUM, our first cross-country international, died following illness arising from army service. W.H.BOWERS was mined at sea: LES BENNETT (RAF) and CHARLIE STRANGE were also lost at sea. R.V.REYNOLDS was killed in Sicily and other promising lives lost in the Italian campaign, were KEN SHEALL and LIONEL PENNY. In addition, there were PAT RIDGE and FRANK HANDLEY (both of the Irish Guards) killed in action, as were two other most promising athletes, K.N. WOOD (Lt.RA) and ALEC MEWES.



Stimpson, Carter, LES BENNETT, Shields, Penny, Morrell, Shaw, Beaumont, and ARTHUR ALLUM pose with their awards at a pre-war White City meeting.

There were many others also who laid down their lives in 1939-1945. We honour the memory of all those Belgians who made the supreme sacrifice --- and the 'REMEMBRANCE CUP' serves to remind us of darker days, and friends lost for ever.

A.A.H.

## OBITUARY

E.J. ("JACK") CHAPPELL

We have to advise the recent death of our Vice-President JACK CHAPPELL, who had served Athletics for over sixty years. Jack, of course, had close associations with Mitcham A.C. from its formation and had been a familiar figure at all the major and many of the minor meetings for very many years. He served Belgrave particularly well in the early 1950's when he became our field events Hon. Secretary; and succeeded in increasing the members and strength of the section. His efforts over the years largely contributed to - and culminated in - the winning of the unofficial field events championship - The Sward Trophy in 1956.

His work for Belgrave was recognised by his election to a Vice-Presidency, an honour of which he was very proud.

We mourn his passing, and extend our sincere condolences to Mrs. Chappell at this sad time. A.A.H.

E.W. KEMP

When we saw Ernie Kemp at his usual post at the youth's relay we little thought that we would not be seeing him again. We were all saddened when we heard of his sudden death early in November. He had acted as Hon. Timekeeper to the club for a good many years, a position he filled with a quiet and kindly efficiency. At any Belgrave meeting he would rarely be missing from the scene, where as an A.A.A. Grade 11 timekeeper he made sure that as many times as were possible were taken in each race. Over the last year or so he suffered from leg trouble and was receiving treatment, but this did not deter him from braving the elements at Battersea Park or Wimbledon to be with us. During the summer seasons his services were in great demand by Schools and Youth Organisations for their meetings and his diary was a full one. His son, Frank, was a very good sprinter and put up many fine performances for the club, including the winning of championships. He too did some timekeeping but his work has prevented him from turning out very often, and to Frank and the rest of his family we offer our deepest sympathies. His death is a sad blow to Belgrave and we shall greatly miss him, and those who worked with him on the timekeepers stand, and, indeed, all Belgravians, will remember him with affection. - GSD

## Postbag:

ALAN MEAD writes from Sydney, Australia, and sends best wishes to all members. Alan and Pat have done a lot of touring in their caravanette: from the Snowy Mountains to the tropical North where they spent much time enjoying the pleasures of underwater swimming amongst the coral reefs, basking in the sun and doing repetition climbs up coconut trees! Next April they will be leaving their jobs in Sydney and setting off on a safari round Australia and deep into the interior of the Northern Territory. When they return to Sydney later in the year they will be embarking for Wimbledon - a trip which they are already looking forward to. So the MEADS could well be with us again for Christmas 1971.

From Sydney to Melbourne, where BARRY SAWYER has resumed training again after several months of complete inactivity due to the severe achilles tendon troubles he has been experiencing these last two years. His 'modest comeback' has already enabled him to record 53:19 and 83:29 for ten miles and fifteen miles road championships, which is an encouraging start. His aims are the Australian Marathon Championship next October and the 'Comrades' in 1972, after which he will join Percy Cerutti in Jamaica and Munich. In typical Cerutti style 'Perce' claims he will do the trans-U.S.A. run (à la Tulloch) when he is 80!

Incidentally, Barry wrote his letter '...all gowned up in the labour ward of the Maternity Hospital, waiting for Myra to do her stuff again'. Whatever the result, Congratulations Barry!



**SURREY CO RELAY**

Woking - 6x3-miles  
September 12

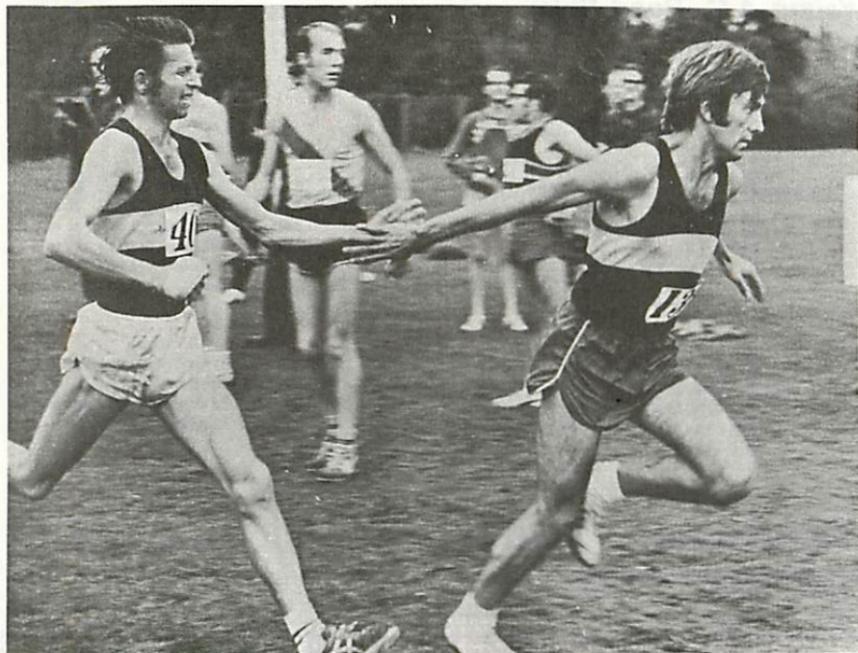
1. Mitcham A.C.	83m. 51s.
2. Belgrave H.	84m. 09s.
3. Aldershot & Farn.	84m. 37s.
7. Belgrave 'B'	90m. 15s.
16. Belgrave 'C'	97m. 10s.

'A' team	
5. A. Fairclough	14m. 05s.
2. J. Thresher	13m. 52s.
4. A. Majer	14m. 32s.
4. W. Kerr	14m. 11s.
3. Gerry North	13m. 37s.
2. J. Biceurt	13m. 52s.

'C' team	
17. C. Pearson	15m. 13s.
15. C. Walker	15m. 08s.
17. B. German	16m. 07s.
17. C. Keavey	16m. 32s.
17. R. Beaumont	17m. 34s.
16. D. Maclean	17m. 06s.

'B' team	
14. T. Hart	14m. 46s.
12. R. James	15m. 04s.
11. J. Kelly	15m. 08s.
10. C. Dabbs	15m. 03s.
11. W. Laws	15m. 59s.
7. P. O'Conner	14m. 15s.

'D' team - 25th on first leg, Charlie Henn in 16m. 27s.



Good enough for the G.B. 4x100m. team, this change-over between Gerry North and Jehn Biceurt in the Surrey road relay. - Photo: Ren Linstead

Blackheath Harriers Road Relay - Hayes, Kent - 6x3-miles  
September 20

1. Cambridge H.	87m. 26s.
2. Hercules Wimbledon	88m. 58s.
3. Medway A.C.	90m. 23s.

5. Belgrave 'A'	91m. 39s.
19. Belgrave 'B'	103m. 29s.

'A' team	
5. W. Kerr	14m. 59s.
4. P. O'Conner	15m. 09s.
6. A. Majer	15m. 40s.
9. T. Hart	15m. 58s.
8. J. Biceurt	15m. 19s.
5. Gerry North	14m. 34s.

'B' team	
17. C. Pearson	16m. 08s.
20. J. Kelly	16m. 32s.
18. B. German	16m. 47s.
17. C. Walker	16m. 40s.
20. D. Maclean	19m. 23s.
19. C. Keavey	17m. 59s.

**TANSWELL '10'**

September 13

1. S. Badgery (Mitcham)	49m. 22s.
9. L. Mann (Belgrave)	50 48
13. P. O'Conner "	52 30
42. C. Walker "	56 32
47. C. Pearson "	56 45
73. P. Pringle "	58 58
87. G. Bissee "	61 45
112. J.V. Baker "	69 41

Teams - 1. Cambridge & Coleridge	26 pts.
4. Belgrave 'A'	55
21. Belgrave Vets (winning vets team)	184
26. Belgrave 'B'	220

**BRACKNELL '10'**

November 19

1. M. Thomas (T.V.H.)	49m. 38s.
8. L. Mann (Bels 'A')	52 12
12 P. O'Conner "	53 15
17 W. Kerr "	54 34
44 B. Jones (Bels 'B')	59 15
50 C. Walker "	59 59
101 J.V. Baker "	71 30

Teams - 1. Belgrave 'A'	9 points
2. T.V.H.	26 "
3. Woodford Green	29 "
12. Belgrave 'B'	106 "
17 teams closed in.	

**Walton A.C. Road Relay**

October 3

1. Bristol A.C.	92m. 39s.
2. Mitcham A.C.	93m. 37s.
3. Belgrave 'A'	94m. 01s.

18. Belgrave 'B'	102m. 59s.
25. Belgrave 'C'	111m. 51s.?

## 'A' team

14. A. Major	16m. 14s.
5. J. Thresher	15m. 16s.
6. T. Hart	16m. 00s.
5. Gerry North	15m. 15s.
6. P. O'Conner	15m. 47s.
3. L. O'Hara	15m. 29s.

## 'B' team

23. C. Shippen	17m. 05s.
23. B. German	17m. 26s.
21. C. Pearson	16m. 41s.
21. C. Walker	17m. 18s.
18. H. Satchell	16m. 44s.
18. W. Laws	17m. 45s.

## 'C' team

32. J. Blair-Fish	20m. 05s.
30. P. Gee	18m. 17s.
30. J. Canning	19m. 13s.
29. D. Jones	18m. 13s.
26. C. Keavey	20m. 01s.?
25. D. Maclean	22m. 02s.?

## 'D' team

30. G. Henn	18m. 32s.
29. J. Davies	18m. 03s.
29. R. Beaumont	19m. 36s.
27. G. Bissee	18m. 59s.

\*\*\*\*\*

Surrey Walking Club turn legit.

Can it be true? After all these years? Who'd have thought it? Surrey Walking Club in a race designed for runners! Yes, I saw it. The Blackheath Harriers' Road Relay (6x3-miles) at Hayes on September 20. The Sabbath. What better day for coming clean?

Not a bad show either, with their slowest man 14s. faster than our slowest 'B' team pedestrian.

Gentlemen, I give give you the history makers:

First stage	37	S. Pearson	18m. 09s.
Second "	35	R. Boyden	18m. 02s.
Third "	31	B. Vale	17m. 47s.
Fourth "	30	C. Harding	19m. 09s.
Fifth "	28	K. Carter	18m. 01s.
Sixth "	26	P. Selby	18m. 56s.
26th in			110m. 04s.

\*\*\*\*\*

Walton 10-miles Road Race  
October 17

1. B. Allen (Windsor & Eton)	48m. 29s.
2. T. Johnston (Portsmeath)	48 34
3. D. Faircloth (Croydon A.C.)	48 35
4. Gerry Nerth (Bels 'A')	49 05
13. P. O'Conner "	50 56
16. W. Kerr "	51 34
20. L. Mann (Bels Ind.)	52 00
30. C. Shippen (Bels 'A')	53 34
37. C. Pearsen "	54 37
46. C. Walker (Bels 'B')	55 35
49. J. Kelly "	55 55
50. R. James (Bels 'A')	56 01
78. P. Pringle (Bels 'B')	59 48
84. B. Merry (Bels 'C')	60 28
92. D. Maclean "	62 44
94. C. Henn (Bels 'B')	63 16
95. G. Piddington (Bels 'D')	63 19
100 R. Beaumont (Bels 'C')	65 10
103 C. Manning "	66 07
112 C. Pearsen "	68 31
113 J.V. Baker (Bels 'D')	68 41
117 B. Stroud "	72 24
118 R. Reid "	73 00
123 finishers	

<u>Teams</u> - 1. Westbury H.	40 points
2. BELS 'A'	44 "
9. BELS 'B'	142 "
10. BELS 'C'	186 "
11. BELS 'D'	207 "

Epsom 10-miles Road Race  
November 21

1. K. Darlew (Reading A.C.)	49m. 27s.
2. R. McAndrew "	49 27
11. L. Mann (Bels)	51 55
15. L. O'Hara "	52 33
16. P. O'Conner "	52 35
20. T. Hart "	54 02
26. C. Shippen "	54 50
39. R. James "	56 44
- D. Jones "	60 59
92. C. Henn "	65 42
94. G. Piddington (Bels)	65 56
98. A. Bishop "	67 59
- A. Stroud "	75 54

<u>Teams</u> - 1. Reading 'A'	7 points
2. Reading 'B'	21 "
3. Metcham A.C.	29 "
4. Belgrave 'A'	36 "

Harlew Marathen  
October 24

1. A.J. Weed (Aberdeen A.C.)	2hrs. 17m. 59s.
76 D. Benser (Belgrave)	3 03 51
94 R. Plummer "	3 33 37
101 finishers	

WHO SAID 'I WAS OVER THE TOP?' I'M STILL IN GOOD SHAPE



WHAT HAPPENED TO THE CENTRE PAGE?

WHO'S THE NEW EDITOR?



the greatest

performance in town!

Make a day of it at London Zoo

# SURREY C. C. LEAGUE

SENIOR/JUNIOR DIV. 1

With the first three of this season's four Surrey Cross-Country League fixtures completed, the Bels were well on their way to their fifth successive win in the senior section, and third in the youths and boys. Six races had brought six victories. In the case of the youths' competition, the victories were sweeping, with the club taking the first three places in each race. The senior races were more closely contested, but each was won comfortably enough, and the cumulative effect of the three was to place us in an almost unassailable position for the last fixture, ever Farthing Downs, on February 20.

It was notable that our highest individual placing in the three senior races was Gerry North's fifth place in the second. This is not in itself disturbing. If all goes well our men will come nicely to the boil for the major races later in the season. But it does indicate that Southern and National honours will not come without a determined effort.

The youths' results will be found elsewhere. The senior results are below.



Here comes the Surrey League field, with Lionel Mann and Bill Kerr at the front.

- Photo: Ron Linstead

First race, Wimbledon, October 24

Plenty of hot water at the Hall these days, thanks to Arthur & Co. Hot water, too, for the challengers, as the Bels packed nine men in 22, and the scoring ten in 34. Lionel led the lads home, with seventh place in 27m. 35s. With four club championships to his name, not to mention the club marathon record, Lionel is used to heading the Belgrave team these days. Good to see former Canadian marathon champ Chris Steer back in the Wimbledon mud.

<u>Teams:</u>	1. BELGRAVE	170	4. South Londen Harriers	367		
	2. Hercules Wimbleton	225	5. Mitcham	440		
	3. Croyden	351	6. Ranelagh	465		
			7. Walton	469		
<u>Individuals:</u>	1. R. Holt (H/W)	26m. 47s.	38. J. Kelly	29.42	125. R. Beaumont	34.48
	2. R. Gevers(SLH)	26 56	46. J. Rimmer	29.58	129. D. Davies	35.10
	3. D. Faircleth(C)	27 00	54. C. Walker	30.22	130. G. Piddington	35.29
	4. D. Holt (H/W)	27 16	58. C. Dabbs	30.30	132. C. Manning	35.44
	5. J. Roberts(SLH)	27 21	67. C. Steer	30.58	138. A. Streud	35.47
	6. M. Barratt (W)	27 30	80. B. German	31.38	141. P. Wrench	37.26
	7. L. Mann (BH)	27 35	85. W. Laws	31.45	143. J.V. Baker	37.30
	10. W. Kerr "	27 58	90. C. Keavey	32.22	148. J. Plummer	39.19
	11. Gerry North(BH)	28 00	96. J. Deeley	32.34	149. D. McMillan	39.35
	12. L. O'Hara "	28 06	101. J. Hamilton	32.49		
	14. J. Thresher "	28 11	111. P. Gee	33.34		
	19. J. Biceurt "	28 34	114. D. Maclean	33.50		
	20. A. Majer "	28 37	119. R. Hamilton	34.12		
	21. P. O'Conner "	28 38	120. C. Henn	34.19		
	22. T. Hart "	28 39	121. M. Elliott	34.21		
	34. D. Fernee "	29 34	123. J. McKeown	34.32		

Second race, Lloyd Park, Croyden, November 28, 1970

Beb Gevers and Jehn Roberts struck a fine blow for South Londen by taking the first two places, with the Croyden pair of Den Faircleth and Fred Stebbings in the next two. Gerry North came off a tiring week at a sports exhibition to coast into fifth place - resuming his accustomed place at the front of the Belgrave team.

From the start of the League, it was clear that the championship lay between the Bels and local rivals Hercules Wimbleton. By a curious co-incidence both had to call heavily on reserve strength for this match. We had a quartet at Parliament Hill attempting a fifth successive win in the Greater Londen Council championship, while Hercules had their brilliant trio of Beb and Dave Holt and Mike Beever wearing E.C.C.U. colours on the Continent.

With Beb Raymen producing a run from nowhere to finish in seventh place, just on the heels of our own Jehn Thresher, it looked as if our Lauriston Cottage pals might be preparing a surprise for us even without their top boys, but we too had our surprise packets. It was encouraging to see Dereck Fernee showing something like his real form, in 12th place, and Alan Black out again to take 24th place. The real bombshell was dropped by our French member Guy Mennet. Guy's 22nd place (fifth Bel) surprised most people, if not TemnCarter, and could not have come at a mere opportune time.

<u>Teams:</u>	1. BELGRAVE H.	232	<u>League positions:</u>	1. Belgrave	402	
	2. Hercules Wimbleton	283		2. Hercules Wimbleton	508	
	3. Ranelagh	344		3. Croyden	703	
	4. South Londen H.	344		4. South Londen	714	
	5. Croyden	352		5. Ranelagh	809	
	6. Walton	460		6. Mitcham	899	
	7. Mitcham	470		7. Walton	938	
<u>Individuals:</u>	1. R. Gevers (SLH)	26m.06s.	25. A. Majer (BH)	27.58	293. J. Keown	31.46?
	2. J. Roberts(SLH)	26 10	28. P. O'Conner "	28.04	297. F. Paget	31.56?
	3. D. Faircleth (C)	26 43	49. J. Kelly "	29.13	298. D. Maclean	32.10?
	4. F. Stebbings (C)	26 43	52. J. Rimmer "	29.16	? C. Fairfield	?
	5. Gerry North (BH)	26 50	56. C. Dabbs "	29.34	? C. Henn	?
	6. J. Thresher "	26 54	66. C. Steer "	30.08	? D. Davies	?
	9. T. Hart "	26 15	70. C. Walker "	30.25	2120R. Beaumont	34.16?
	12. D. Fernee "	26 27	76. C. Keavey "	30.55	2129A. Streud	36.53?
	22. G. Mennet "	27 51	787. B. German "	31.27	2131J.V. Baker	37.08?
	24. A. Black "	27 56				
	25. A. Majer "	27 58				
	28. P. O'Conner "	28 04				
	49. J. Kelly "	29 13				
	52. J. Rimmer "	"				

Third race, Morden Park, December 12, 1970

With four men in the first eight, Hercules Wimbledon were off to the sort of start designed to cause palpitations in Belgrave bosoms, but once again our packing saw us through. Ten men between seventh and 28th takes a bit of beating. It was John Thresher's turn to lead the squad home, with 7th place in 24m. 48s., while South African international Peter Whewell put in a surprise appearance to finish 19th, a useful contribution, which helped towards a comfortable victory. Guy Mennet was again in form, with 22nd place, once more. But John Kelly was the man to upset the form book - making a further jump towards the big-time with 28th place, just 8s. behind our English international steeplechaser John Bicourt.

Chris Steer maintained his progress. At Croyden, he was just two place outside our scoring ten, at Morden just one. We're waiting to see what you can do at Coulsden now, Chris.

While there is some close competition in the middle of the table, top and bottom positions in the League look settled even before the final fixture. Our 579 points places us 132 points clear of Hercules Wimbledon, at the top. At the bottom, the writing looks on the wall for our old friends Walten, whose 1,495 points leaves them 259 away from Mitcham. Looking forward to next season, it looks like a new name in division-one, with the fearsome young men of Aldershot Farnham & District holding a commanding lead over Herne Hill in division-two.

<u>Teams:</u>	1. Belgrave	177	<u>League positions:</u>	1. Belgrave	579
	2. Hercules Wimbledon	213		2. Hercules Wimbledon	721
	3. Mitcham	337		3. Croyden	1,110
	4. Ranelagh	363		4. South London	1,145
	5. Croyden	407		5. Ranelagh	1,172
	6. South London H.	431		6. Mitcham	1,236
	7. Walten	557		7. Walten	1,495

<u>Individuals:</u>	1. R. Holt (H/W)	23m.53s.	20. D. Fernes (BH)	25.33	89. B. German	28.48
	2. J. Roberts (SLH)	24 02	22. G. Mennet "	25.40	91. J. Hamilton	28.56
	3. G. Biscoe (M)	24 16	23. P. O'Conner "	25.42	98. J. Keown	29.08
	4. D. Faircloth (C)	24 31	24. J. Bicourt "	25.50	108. D. Jones	29.36
	5. D. Holt (H/W)	24 40	28. J. Kelly "	25.58	110. B. Merry	30.07
	6. J. Halliday (H/W)	24 47	45. C. Steer	26.47	113. C. Henn	30.34
	7. J. Thresher (BH)	24 48	50. C. Dabbs	27.00	118. R. Beaumont	31.18
	9. T. Hart "	24 56	56. J. Rimmer	27.15	123. R. Hamilton	32.02
	11. A. Fairclough "	25 07	70. C. Walker	27.47	131. J. V. Baker	34.36
	14. L. Mann "	25 20	80. C. Keavey	28.17		
	19. P. Whewell "	25 30	83. C. Pearson	28.27		

\*\*\*\*\*

## That Mann Again

Before the Club 7 on December 5, Lionel Mann held four club championships. After retaining the Blackstaffe Shield on that day he still held four. But within a few hours of his narrow win over Tony Brien in the muddy going on Wimbledon Common, he was taking possession of yet another club trophy - the Denmark Pet.

For these who may not know (since it is not listed in any official club fixture list), the Denmark Pet is the Belgrave Harriers' darts championship trophy. Traditionally, the competition is held after the club 7 in the games room of the King of Denmark, but this year - alas - there was no room at the inn. So the club has perforce, and with some rapidity, acquired a fine, elm dart board. That's what you'll be tripping over in the showers, because they need soaking. Lots of Belgravians need soaking mind you, and its quite likely you'll trip over some of them in the showers, as well.

Bill Couzens was the holder, and was in the final again. Some crafty money had gone on John Thresher and Howard Satchell in the earlier rounds, but it was Bill v. Lionel for the final. Coming down the scoreboard like a dose of salts, Bill looked to have the edge. But, gathering that he only needed 90 to finish, Lionel took a wide legged stance at the hocky, and the audience looked on wide-eyed while he chucked at treble-20 and double 15 to snatch the cup. It was beer all-round and another cup for Mrs. M. to polish.

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## SOUTH of THAMES

South of Thames Junior Cross-Country Championship, Reading (Prospect Park), Nov.14, 1970

A damp, miserable day, and not much cheer in the results. Most of our runners are barred from this event, as a result of past successes of one kind or another - but where are the forty-odd runners we used to find for this race. Scrubbers come back.

We might have expected Jehn Kelly to head our challenge, but Jehn had come on from amorning run over 2,000m. as part of the Lord Mayor's Show, and finished back in 123rd place - Bob James' 72nd taking the honours.

'A' team (433 points) 26th

'B' team (820 points) 32nd

72. R. James  
82. J. Rimmer  
123. J. Kelly  
156. B. Merry  
163. C. Keavey  
166. J. Hamilton  
167. P. Gee  
176. D. Jones

189. C. Henn  
205. A. Stroud  
207. D. Maclean  
209. D. McMillan

1st team Aldershot, Farnham & D., 25 pts; 2nd Reading, 44; 3rd Cardiff, 63

## Blackstaffe Shield

Club 7-miles cross-country championship - Blackstaffe Shield - December 5, 1970

The club 7 brought a win for Lionel Mann for the second year in succession, but not before Tony Brien had pushed him every inch of the way, to finish just one second down, and carry off the second handicap prize. Guy Mennet again showed up well, in fifth place, but Jehn Kelly's 11th place in 46m. 6s. measured up best against Bill Lucas' yardstick, while veteran Charlie Manning pipped Guy for the third handicap spot.

l	Scratch time	Hand- icap	Hand- icap time	Hand- icap place	Scratch time	Hand- icap	Hand- icap time	Hand- icap place
1. L. Mann	42m.08s.	0.45	41.23	8	18.R. Peultney	50.26	-	-
2. A. Brien	42 09	1.30	40.39	2	19.J. Blair-Fish	50.29	8.00	42.29 19
3. J. Thresher	43 03	1.00	42.03	14	20.J. Davies	50.46	9.00	41.46 11
4. A. Fairclough	43 10	1.00	42.10	=15	21.F. Paget	51.32	8.00	43.32 25
5. G. Mennet	43 35	2.30	41.05	4	22.J. McKeown	51.34	8.00	43.34 26
6. L. O'Hara	43 37	1.45	41.52	13	23.D. Davies	51.39	12.00	39.39 1
7. A. Black	44 04	2.45	41.19	7	24.D. Benser	52.52	10.30	42.22 18
8. W. Kerr	44 44	1.20	43.24	23	25.C. Henn	53.30	10.30	43.00 22
9. A. Majer	44 59	1.30	43.29	24	26.R. Beaumont	53.31	12.15	41.16 6
10.J. Rimmer	45 51	4.00	41.51	12	27.G. Piddington	55.19	12.30	42.49 21
11.J. Kelly	46 06	4.30	41.36	9	28.C. Manning	55.40	15.00	40.40 3
12.R. James	46 56	4.45	42.11	17	29.D. Hurd	57.02	10.00	47.02 31
13.C. Steer	47 36	5.00	42.36	20	30.K. Stimpson	57.16	12.00	45.16 30
14.C. Walker	47 40	6.00	41.40	10	31.J.V. Baker	58.46	15.00	43.16 27
15.C. Pearson	48 47	4.30	44.17	28	32.A. Stroud	59.15	14.30	44.45 29
16.C. German	49 40	7.30	42.10	=15	33.G. Collins	61.00	12.00	49.00 32
17.B. Merry	50 06	9.00	41.06	5				

# A COUNTRYMAN'S JOTTINGS ●●●●●●●●●●

With Geoff North out of action and Dick Pietrowski having joined the local club on marrying and taking up residence in Reading, our Southern and National cross-country chances may look less bright than for some years.

But perhaps we could do surprisingly well in the big races. How about six in the first 81 and nine in 98? A dream? Not on your life. Last year, Gerry was 17th, and is perfectly capable of leading the team again with a place in the first 20. New over the past four years, here are the best positions of some of our other runners, and these are not necessarily the best of which they are capable:

36. Fairclough	51. Bicourt	83. Hart
45. Thresher	78. Major	87. Dance
	81. O'Connor	98. Mann.

A total of 308 from the first six there - almost certainly good enough for a place, and with pretty even competition for the championship these days, quite possibly good enough for a win. How about it, Bels?

Of course, the team will not necessarily consist of the nine above. Laurie O'Hara looks in good nick, while Bob Smith has the ability to lift the team several degrees, if he has the application, and Alan Black has been showing promising form. It could be, at the same time, that Guy Menet will produce an even more considerable breakthrough in coming weeks than he has already this winter, while Colin Pearson, John Kelly and Bob James are all threatening to break out of the second team ranks into the first team before long.

But whatever happens this year, we have the junior strength to set the senior championship thoroughly alight in the middle 1970's - given the backing of our established stars.

## Visit from Peter

A delight to Belgrave eyes at Merden on December 12 was the sight of South African international Peter Whewell pounding round the North Surrey League course in Belgrave colours once more. Peter was a tower of strength in our teams in 1967-68, when he spent some time in the country. His visit in December was just a flying trip, but he hopes to come for a longer stay in a year or so. We hope he times it for the National.

## Greater London Council Championship, Parliament Hill Fields, November 28, 1970

This race was originally on the fixture list for the previous Saturday, and the change of date meant a clash with the Surrey League fixture at Creyden. As the holders of the championship for the previous four years we sent a pretty strong team to defend the title, but only a scoring four - leaving the rest of our strength for the Creyden tussle. Our boys put up a good show, but were squeezed into second place by Ealing-Southall.

Teams;	1. Ealing Southall	35 points	Individuals:	1. J. Macnamara (TVH)	29m.14s.
	2. BELGRAVE H.	42 "		2. P. Fagan (Eal-South)	29.29
	3. Woodford Gr.	70 "		3. G. Taylor (Cambridge H)	29.32
				6. L. Mann (Bels)	29 46
				9. A. Fairclough	30 13
				17. W. Kerr	30. 44
				20. J. Bicourt	" 30 56

# TRACK AND FIELD

## National League Qualifying Competition

Leicester, 19th September

You might say that we were lucky to qualify for this competition - on the other hand you might say we deserved to be at Leicester. Whichever way you felt, you might be excused for wondering what went wrong once we set foot on the track.

The team didn't look too bad on paper and there were only a few notable absentees, notably in the field events, where John Martin and Bill Couzens did their usual stint. However, we were certainly unprepared for the high standard of this last meeting of our track season. It would be invidious to say that we were annihilated, but in truth, we were not far short of it. Many of our members were decidedly unfit for such strenuous competition.

A notable exception was Henry Pfenninger who won the pole vault with some ease and took the Belgrave record up some 2 feet with him. He cleared 13 ft. 9 ins. and only narrowly infringed the bar at 14 ft. 1 in. His colleague Bruno Hafner was left incredulous on the blocks when the starter failed to ascertain that he was not "set". This was a sad loss as Bruno might have got somewhere.

Our other best event was the triple jump, where Derek Glendinning and Mick Marshall picked up two second places towards the end of the day.

Despite the sad ending to the season, I should like to thank all the athletes who stood by us in thick and thin (often the latter) in what was generally a disappointing season; also all officials, who took charge of our meetings and notably that self-effacing tower of strength, Bob Taylor. Without him and field secretary Bill Couzens, where would we have gone?

## RESULTS ~

100 metres	(A) B. S. White	11.6s.	(B) 6. B. Hainer	11.6s.
200 "	" 6. S. White	23.2s.	" -	-
400 "	" 7. M. Ferd	50.7s.	" 7. C. Gillett	51.7s.
800 "	" 8. J. Beardman	2m. 0.1s	" 6. J. Thresher	1m. 58.3s.
1,500 "	" 7. J. Thresher	4m. 0.6s.	" 4. W. Kerr	4m. 00.0s.
5,000 "	" 4. Gerry Nerth	14m. 18.6s.	" 5. A. Fairclough	14m. 56.6s.
3,000m. s'chase	" 3. J. Bicourt	9m. 13.8s.	" 3. M. McNair	9m. 52.4s.
110m. hurdles	" 7. C. Brooks	16.6s.	" 6. D. Mills	16.7s.
400m. "	" 3. M. Ferd	51.9s.	" 6. C. Gillett	60.8s.
4x110m. relay	6. BELGRAVE	44.6s.	4x400m. relay	8. BELGRAVE 3m. 27.0s.
High-jump	(A) 4C. Brooks	1.70m./5'7"	(B) 3. R. Hopkins (Y)	1.65m./5'5"
Long-jump	" 4. L. Sullivan (J)	6.62m./21'8 $\frac{3}{4}$ "	" 3. D. Glendinning	6.50m./21'4"
Triple-jump	" 2. D. Glendinning	14.44m./47'4 $\frac{1}{2}$ "	" 2. M. Marshall (Y)	12.80m./42' 0"
Shot	" 6. J. Martin	11.06m./36'3 $\frac{1}{2}$ "	" 8. W. Couzens	10.42m./34'2 $\frac{1}{2}$ "
Discus	" 7. C. Brooks	31.60m./103'8"	" 7. J. Martin	36.20m./85'11"
Hammer	" 4. W. Couzens	33.60m./110'3"	" 5. J. Martin	17.46m./57'3"
Javelin	" 7. J. Martin	41.50m./146'0"	" 6. W. Couzens	42.20m./138'5"
Match result:	1. Reading A.C.....	347 pts.		
	2. Bristol A.C.....	309 "		
	3. Swansea H.....	290 "		
	4. City of Stoke A.C.....	269 "		
	5. Bellaheusten H.....	258 "		
	6. Blackburn H.....	255 "		
	7. Stretford A.C.....	251 "		
	8. BELGRAVE H.....	225 "		

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### Steve makes his mark

There haven't been many years since the war when we have not had a man in the Battle of the Blues at the White City, or challenging for a place, and it looks a stone cold banker that we will have a personal interest in this year's contest.

Steve White has wasted little time in making his impact on Iffley Road, having already won the Oxford Freshmen's 100m. and 200m., and represented Oxford in the "Relays and Field Events" matches with the other place.

Seuthall August 29

DENNIS TROPHY result:

100m.	(A)	2. C. Breeks	11.6s.	(B)	-	-
200m.	"	2. C. Breeks	24.1s.	"	1. D. Glendinning	24.4s.
					5. (N/S) P. Gee	24.7s.
400m.	"	4. R. Meedy	56.7s.	"	-	-
800m.		2. P. Gee	2m. 2.7s.	5.	J. Kelly	2m. 3.2s.
1,500m.		6. J. Kelly	4m. 43.2s.	-	-	-
3,000m. team race:	L. O'Hara	9m. 46.6s.	team:	-	-	-
400m. hurdles	(A)	-	(B)	-	-	-
4x100m. relay		2. BELGRAVE	46.6s.			
High-jump	(A)	-	(B)	No event		
Triple-jump	(A)	3. D. Glendinning	41' 9"			(no "B" event)
Shot		4. C. Breeks	36' 1"		7. A. Breeks	27' 7"
Discus		5. C. Breeks	94' 0"		6. A. Breeks	92' 0"
Hammer	-	Pele Vault	5. A. Breeks	8' 6"	6. C. Breeks	8' 0"

Ealing/S 261; Blackheath 153; Oxford C. 143; BELGRAVE 109; Windsor, Slough &amp; Eton 5

Jewkes Trophy (Junior)

100m. Jun.	-	100m. Youth	1. M. Marshall	11.8s.		
200m. Jun.	-	200m. Youth	1. M. Marshall	24.5s.	200m. Boys	-
400m. Jun.	-	800m. Jun.	-	-	800m. Boys	-
1,500m. Jun.	-	1,500m. Youth	-	-		
Pele vault Jun.	-	Pele vault Youth	-	-	High jump Jun.	-
Triple jump Jun.	-	Triple jump Youth	1. M. Marshall	40' 9"		
Shot Jun.	-	Shot Boys	-	-	Discus Youth	-
Hammer Jun.	-	Hammer Youth	-	-		

Ealing &amp; Seuthall 158; Oxford C. 72; Blackheath 40; Windsor, Slough &amp; Eton 30; BELGRAVE 12

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Already we have held two Sunday morning meetings at Battersea Park, and these were fairly well attended by club members. Results as follows:-

November 22, 1970

60 yards	Race 1	Race 2	Race 3
	1. C. Breeks 6.5s.	1. S. Cresbie 7.7s.	1. C. Nazar 8.2s.
	2. P. Gee 6.9s.	2. J. McDermott 7.7s.	2. C. Smiley 8.4s.
	3. J. Martin 7.0s.	3. R. Hepkins, Jr. 7.8s.	3. G. Elsen 9.2s.
		4. D. Harvey 7.9s.	4. R. Gratten 9.6s.

Shot	Senier	Youths	Boys
	1. W. Couzens 37' 4"	1. S. Cresbie 30' 0"	1. R. Gratten 21' 11"
	2. J. Martin 36' 11"	2. R. Hepkins, Jr. 29' 6"	2. C. Nazar 17' 9"
	3. C. Breeks 36' 3"	3. D. Harvey 24' 11½"	3. G. Elsen 16' 1"
	4. P. Gee 27' 0"	4. J. McDermott 23' 5½"	4. C. Smiley 13' 5"
	5. R. Hepkins 23' 5"	5. S. Helmes 23' 11½"	5. M. Gratten 11' 5½"

December 12, 1970

60 yards	Race 1	Race 2	Race 3
	1. C. Breeks 6.5s.	1. S. Cresbie 7.8s.	1. C. Nazar 8.5s.
	2. P. Gee 7.0s.	=2. R. Hepkins Jr 8.1s.	=2. D. Didine 8.5s.
		=2. D. Harvey 8.1s.	=2. S. Carrell 8.5s.
		4. S. Helmes 9.0s.	4. G. Elsen
			5. E. Phelan

Shot Senier	Javelin Senier	Javelin Youths and Boys
1. J. Martin 37' 10½"	1. W. Couzens 148' 2"	1. S. Cresbie 95' 0"
2. C. Breeks 37' 6"	2. J. Martin 143' 8"	2. R. Hepkins 70' 3"
3. W. Couzens 36' 3½"	3. C. Breeks 129' 8"	3. P. Cresbie 68' 0"
4. P. Gee 26' 9½"	4. R. Hopkins 67' 0"	4. R. Gratten 60' 8½"
		5. S. Helmes 57' 8"
		6. C. Nazar 52' 9"
		7. D. Didine 47' 2"
		8. S. Carrell 45' 6"
		9. M. Gratten 24' 5½"
		10. E. Phelan 24' 0"

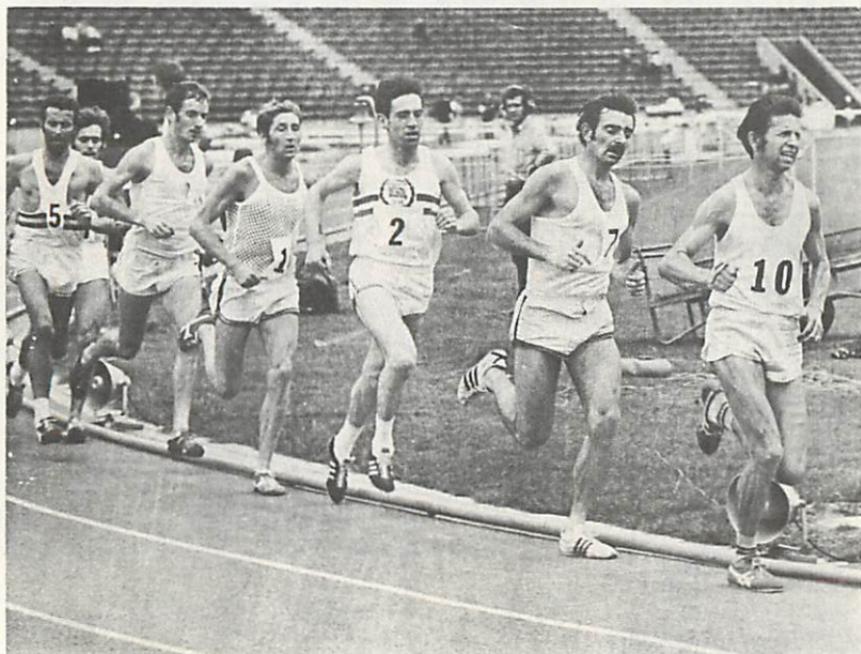
# BEST PERFORMANCES 1970

<u>Track</u>		<u>400 metres</u>		<u>1500 metres</u>	
<u>100 metres</u>					
S. White	10.9s.	M. Ferd	49.5	J. Thresher	3m. 49.5s
J. Vivian	11.0	C. Gillett	50.7	W. Kerr	3 53.4
C. Breeks	11.0	M. Bleice (Y)	51.3	J. Bicourt	3 54.7
M. Marshall (Y)	11.0	S. White	51.6	A. Majer	3 57.8
B. Hafner	11.2	C. Breeks	52.1	J. Stew (J)	3 57.8
L. Sullivan(J)	11.3	D. Rees	52.1	P. Carten (J)	3 59.7
P. Gee	11.3	P. Gee	52.6	J. Rimmer	4 4.7
D. Glendinning	11.4	M. Elliott (J)	53.3	R. Smith	4 5.0
C. Gillett	11.8	C. Pearson	53.4	L. O'Hara	4 5.2
R. Hamilton	11.8	J. Hamilton	53.4	W. Curtin (J)	4 5.3
A. Breeks	11.9	H. Rickner	53.5	L. Mann	4 6.6
P. Smith	11.9	R. Hamilton	54.0	G. Mennet	4 9.0
D. Rees	12.2	A. Breeks	54.7	C. Pearson	4 10.2
H. Pfenninger	12.3	P. Carten (J)	54.7	R. Pietrowski	4 13.4
H. Rickner	12.4	R. Langley (Y)	54.8	J. Kelly	4 16.6
W. Burnett (Y)	12.4	J. Kelly	55.4	R. Langley (Y)	4 17.5
D. McMillan	12.7	D. Jardine	56.0	A. Black	4 18.0
P. Randall (Y)	12.8	R. Meedy	56.4	D. Jardine	4 19.2
S. Cresbie (Y)	12.9	L. O'Hara	57.0	J. Boardman	4 19.8
A. Mills (Y)	13.0	P. Breslin (J)	57.5	P. Breslin (J)	4 23.5
R. Langley (Y)	13.0	S. Helmes (Y)	59.4	R. James	4 24.0
L. Tizen (Y)	13.2	L. Hebbs (Y)	60.9	A. Binda (J)	4 26.0
G. Jessop (Y)	13.2	R. Hopkins (Y)	61.1	V. Butcher (J)	4 26.4
L. Nelsen (Y)	13.6	E. McNally (J)	62.0	M. McNair	4 27.0
J. Talhades (Y)	13.6			J. McAffie	4 29.1
E. McNally (J)	13.7	<u>300 metres</u>		R. Hamilton	4 35.0
B. Quirk (Y)	13.7	M. Ferd	1m. 54.0s.	M. Clancy (J)	4 37.0
R. Hopkins (Y)	13.8	P. Carten(J)	1 54.1	S. Helmes (Y)	4 42.0
G. Saunders(Y)	13.9	J. Beardman	1 57.4	J. Hamilton	4 44.0
L. Hebbs (Y)	14.0	J. Stew (J)	1 58.2	E. McNally (J)	4 44.0
		J. Thresher	1 58.3	D. Maclean	4 44.2
		J. Kelly	1 59.8	X. Yianni (J)	4 46.0
		W. Kerr	2 0.6	D. Hurd	5 3.4
		C. Pearson	2 0.7	G. Piddington	5 4.0
		R. Meedy	2 1.0	R. Hopkins (Y)	5 6.0
		L. Mann	2 1.4		
		R. Langley(Y)	2 1.5	<u>3,000 metres</u>	
		W. Curtin (J)	2 1.7	Geoff North	8m. 16.6s
		P. Gee	2 2.7	J. Bicourt	8 17.0
		A. Majer	2 3.0	W. Kerr	8 26.0
		J. Rimmer	2 3.0	R. Smith	8 33.6
		R. Smith	2 3.0	J. Thresher	8 34.8
		J. Hamilton	2 3.3	J. Stew (J)	8 36.8
		H. Satchell	2 5.0	L. O'Hara	8 41.0
		P. Breslin (J)	2 6.8	W. Curtin	8 44.8
		T. Hart	2 7.0	Gerry North	8 49.6
		H. Rickner	2 8.0	L. Mann	8 58.0
		X. Yianni (J)	2 9.0	P. Carten (J)	9 2.0
		A. Fairclough	2 11.0	G. Mennet	9 9.0
		M. Elliott (J)	2 12.0	H. Satchell	9 11.0
		J. McAffie	2 12.1	A. Binda (J)	9 13.4
		A. Binda (J)	2 12.6	D. Jardine	9 16.0
		D. Harvey (Y)	2 12.6	A. Majer	9 18.0
		R. Hamilton	2 14.8	C. Pearson	9 21.5
		R. Hopkins (Y)	2 15.0	P. Breslin (J)	9 22.0
		E. McNally (J)	2 16.0	R. James	9 26.0
		M. Bleice (Y)	2 17.2	P. Newell	9 31.0
		M. Clancy (J)	2 21.0	C. Walker	9 36.0
		D. Davies	2 22.0	R. Langley (Y)	9 36.2
<u>200 metres</u>					
S. White	21.7				
B. Hafner	22.4				
J. Vivian	22.6				
M. Bleice (Y)	23.2				
P. Gee	23.2				
M. Marshall (Y)	23.2				
D. Glendinning	23.3				
C. Gillett	23.4				
C. Breeks	23.5				
L. Sullivan (J)	23.5				
M. Ferd	23.8				
P. Smith	24.3				
M. Elliott (J)	24.4				
D. Rees	24.4				
D. McMillan	24.5				
H. Rickner	24.8				
H. Pfenninger	25.0				
C. Pearson	25.2				
M. Waight (Y)	25.9				
S. Barlew (J)	26.2				
R. Hopkins (Y)	26.3				
S. Cresbie (Y)	26.5				
E. Leniston (J)	26.8				
G. Jessop (Y)	28.9				

3,000m. cont.		P. Carten (J)	15	04.0	10,000 metres						
A. Kelly	9	37.0	A. Faircleugh	15	09.0	Gerry North	29m.	33.0s.			
B. German	9	45.0	J. Stew (J)	15	26.8	R. Smith	30	31.0			
C. Keavey	9	48.0	H. Satchell	15	50.0	T. Hart	30	47.0			
V. Butcher (J)	9	49.0	J. Rimmer	15	52.0	L. Mann	30	47.6			
J. Canning	9	53.0	P. Newell	16	04.0	L. O'Hara	30	51.0			
M. Clancy (J)	10	30.0	R. James	16	05.0	A. Faircleugh	32	32.0			
D. Davies	10	44.0	C. Pearson	16	07.0	A. Majer	33	13.0			
L. Cey	10	49.2	A. Binda (J)	16	18.0	C. Pearson	34	34.0			
D. Hurd	10	52.0	J. Weedcock	16	47.0	B. German	35	32.0			
5,000 metres		D. Jardine	16	56.0	J. Canning	16	57.0	C. Walker	35	47.0	
R. Smith	14m.	22.0s.	J. Canning	16	57.0	B. German	17	00.0s	J. Deeley	35	55.0
Gerry North	14	28.2	B. German	17	00.0s	C. Walker	17	20.0	P. Pringle	36	41.0
J. Biceurt	14	39.8	C. Walker	17	20.0	R. Glever	17	24.0	R. Glever	37	00.0
W. Kerr	14	45.8	R. Glever	17	24.0	D. Jones	17	30.0	C. Hean	37	40.0
L. Mann	14	48.0	D. Jones	17	30.0	J. Hampshire	17	36.0	P. Sutton	37	53.0
L. O'Hara	14	52.0	D. Davies	18	02.0	D. Davies	18	02.0	R. Beaumont	39	59.0
T. Hart	14	55.8	J. Hilton	18	21.0	J. Hilton	18	21.0	E. McNally	41	25.0
A. Majer	14	58.0	D. Rees	20	30.0	D. Rees	20	30.0			

(Field event rankings next issue)

Also note for your diary that Club Track and Field Championships will take place at Hurlingham Track on Saturday July 10th 1971. The Club Open 20 miles Run will be held at Wimbledon on July 17th and AAA Championships at Crystal Palace on July 23rd/24th.



- Photo: Rom Linstead  
This looks like a fair old field, and it is. Gerry North leads Bob Richardson, Jim Alder, Rom Hill, Tim Johnston, the great Gaston Roelants and Rom Grove in the Coca-Cola 30,000m.

Juniors in the ranking lists

The club is fortunate in having a number of highly promising juniors, and this is reflected in the 1970 junior ranking lists prepared by the National Union of Track Statisticians - published in Athletics Weekly.

Peter Carten has the distinction of filling 11th place in the 800m., and 18th in the 5,000m., while John Stew shows up in 17th place over 3,000m. In the long-jump, Lee Sullivan is 13th.

Seniors too

Steve White is listed as 30th in the 200m., with several wind-assisted times above him, while John Thresher takes 43rd place in the 1,500m. For all our middle distance strength, we have no men in the 5,000 list, but Gerry North, in one of his few track runs, gained 27th place in the 10,000m.

John Biceurt produced some brilliant form in the 3,000m. steeplechase, with a new club record, but such is the competition that John takes only 13th place in the 3,000m. 'chase and 14th in the 2,000m. 'chase. Nevertheless, it only requires a modest improvement for this man to shoot up to the very top.

The 400m. hurdles sees Mel Ferd in 16th place, and Charlie Gillett in 43rd. Swiss member Henry Pfeaninger is 12th in the pole vault. Derek Beesey has second place in the triple-jump, with Derek Glendinning in 39th. Army champion Glyn Ratcliffe ranks 30th in the discus, and Eric Barker 46th in the hammer, while one of the most pleasing things in the lists is Cliff Brooks' 22nd in the decathlon.

Lionel Mann takes 12th place in the 20-miles (road), with Trevor Hart not far behind. In 16th position, and Pat O'Conner 37th. Lionel also has 36th place in the marathon, and Trevor 46th.

Our lads dominate the walks, with Wil Wesch top of the 20,000m. and Ray Middleton top of the 50,000m. Wil also has second in the 10,000m. and third in the 3,000m., while Ray has 25th in the 3,000m., 14th in the 10,000m., and 27th in the 20,000m. Bob Ceates fills 7th place over 3,000m., 12th over 10,000m., and 13th over 20,000m. Carl Lawton is 27th over 3,000m., 23rd over 10,000 and 22nd over 20,000. Len Duquemin fills 28th place at 20,000m., while in the 50,000, John Meullin is 11th, Pat Duncan 16th and Brian Ward 17th.

.. AN AMONGST ALL THE JUNK IN THIS OLD ATTIC WAS A PICTURE - SIGNED BY A BLOKE CALLED VELASQUEZ - YOU INTERESTED IN THE FRAME ?



"WE'LL MEET AT A CONVENIENT PLACE .....

SO - ANYONE CAN MAKE A MISTAKE !



# FROM 'The Belgravian'

## 25 years ago ●●●●●

DECEMBER 1945 ---

The EASTLEIGH 'VICTORY' 50 KILOS, the longest walk for over six years, attracted an entry of 147 -- a magnificent response from the walkers to this great event held over the Olympic distance. There was an imposing prize list, thanks to the sponsor of the race, our own Tommy Green, Olympic Walking Champion 1932 etc., etc. Chief of the awards was a £100 trophy given by Tommy himself for the winning team -- Metropolitan W. C., who were led by their Olympic Champion, Harold Whitlock (1936). Our team of three (Jack Rutland, Tommy Green and Joe Wilson) tied with Leicester W. C. for third place, but our Midland friends took the awards on a lower time aggregate. H. J. Forbes, the Birmingham crack, who won, covered the distance in the very good time of 4:48:59. Joe Wilson with an allowance of 40 mins., took third prize in the individual handicap. Finally, our thanks to Tommy for his magnificent efforts, not forgetting the tea afterwards! And our congratulations upon his fine performance at the age of 53. Our members returned the following times:

10. J. E. Rutland 5:08:01, 12. P. J. Reading 5:10:38, 17. T. W. Green 5:16:02,  
20. J. Wilson 5:16:50, 32. A. Readman 5:25:07, 40. P. G. Wright 5:30:57. etc. etc. ---

## ●●●●● and 40 years ago

DECEMBER 1930 ---

The Surrey County Youth's 3 Miles Cross-Country Championship was held from St. John's Hall (Belgrave Hall) on December 6th. The course was laid over Wimbledon Common and consisted of fairly easy going. Seven teams had entered and a field of 40 faced the starter.

After a lap of the starting field they were well strung out with S. Garland, of our own club, showing up in a little bunch at the head of affairs. These kept together going out to the Windmill, where they turned for home and then three detached themselves from the rest.

A Mitcham, Epsom and Belgrave lad made up this trio and our boy, who was Garland, showed them his heels when it came to the finishing straight. He ran a very well-judged race and reaped the reward of some steady training. A. A. G. Thorne, who was next home for the Club also ran very well indeed, seeing that this was his first appearance this season, he finished 11th, so it is obvious that if he were to train regularly he would go near winning.

F. H. C. White, our youthful half-miler, was our third man, while L. C. Clapham completed our scoring team, who were placed second in the team race. Clapham is another instance of perseverance, as when he ran in the corresponding race in 1927 he finished last, yet he now secures a place in our placed team. This speaks very well for our Juniors and we can look forward in confidence to the time when they are ready to compete in our Senior teams.

1. S. Garland 18:50, 6. A. Thorne 19:59, 14. F. White 20:25, 22. L. Clapham 21:08  
24. L. J. Coleman 21:45, 28. R. Percy 22:03, 29. A. Deadman 22:16, 34. H. Brown 23:09.

Teams: 1. Mitcham AC (2,4,6,9) 21, 2. Belgrave H (1,5,12,19) 37, 3. Ranelagh H, 4. Surrey AC.

### CLUB PHOTOGRAPH

All members are invited to attend Belgrave Hall at 2.00 p.m. on Saturday, 13th March, 1971 for a Club photograph to be taken. Special arrangements are being made to accommodate what we hope will be a massive group. So come along, whether you be runner, walker, field events man, Honorary Member, or just a supporter member. Anyone from 0 - 100 years is welcome. Photography Day is also Club '5½' road run day ('Wimbeldon Cup'), so if you're not competing there will be good competition to see after the photo has been taken.

We particularly hope that older members who have featured prominently in days gone by, both as athletes and officials, will regard this as a special reunion day.

DON'T FORGET - 2.00 p.m. SATURDAY, 13th MARCH, 1971

# WALKING

## LONDON - BRIGHTON

September 5th.

Big Ben starts its build up to chime 7.0am, track suits are torn from nearly 100 sleepy athletes, and once again the annual Brighton walk is under way. For Belgrave, as the Israeli Ladany speeds across Westminster Bridge at 8 minute mile speed, Ray Middleton new to the distance but likely to set a new club record beating Ray Hall's 7Hrs 58 Mins 33 Secs. John Meullin out to improve on his last year's championship win with Pat Duncan close at hand for his last trip to Brighton as a bachelor. Dave King bearing the fit but slightly tired look of one who has been training very hard. Aussie Dave De Bendi determined to make a good showing at his first attempt. The veterans of Belgrave, well versed in the ways of the Brighton road, stand quietly out of the way of brasher newcomers with less experience and mere to say; John Keown and John Merris are joined this year by John Johnson and Wally Wortley. Other familiar faces include none other than Den Thompson whose record for the trip still stands at 7:35:12 and who retired in 1968, Colin Yeung winner of the 24 hour track walk in 1969 and finisher over 300 + miles of the gruelling epic Strasbourg to Paris. Ed Michael from South Africa and second last year. F. Thomas from Trinidad and the ever cheerful Nelson Simmens who walked for Trinidad in the Commonwealth Games but lives in Surrey. Dick Green also of Surrey and the Stock Exchange who must have walked this route more times even than Charlie Megnin and Huw Nielsen who are once again out for their annual scrap. As usual by Streatham things had begun to set themselves out. Ladany was a clear leader with Ed Michael and Ray Middleton hanging on but content to let him blaze the way. Thompson was also well up with Yeung, Meullin, Weston Thomas, Selby and Duncan spread out behind. By 20 Miles, passed in an incredible 2:48:00 Ladany was showing signs of tiredness and Ray Middleton began first to hold him and then to close the gap. Belgrave hopes rose for the first Belgrave man to win this race since 1954 when Norman Guilment took the title. Meullin was now moving very well and although our 3rd and 4th men were surrounded by hostile forces their experience could be relied upon in the later stages. Ray continued to attack the powerful Israeli, at one point just after 50 Kms at Crawley taking a slender lead, but Ladany was to prove too strong and over the last few miles Ray had to let him go to record one of the best performances ever seen. Ray's 7:50:47 for a first attempt was also up with the best of them. John Meullin pulled back the miles smoothly to finish 5th overall and second in the team race while behind him Pat Duncan carefully rationed his slender resources to the top of Belney and then pushed through into 3rd team position to give Belgrave an almost unbeatable 1,2,3, in the team race. Dave King produced another miracle performance, not quite up to his usual standard but nonetheless good enough to give Belgrave the title for the fourth successive time. No other club has ever recorded more than a hat-trick and that was Belgrave in 1932-33-34 and again in 1956-57-58. For Pat Duncan and Dave King, scorers on all four occasions, a satisfactory day's work. John Johnson retired at 28 Miles while John Morris ran out of water and also had to drop out. John Keown had a good race but failed by just 36 seconds to break 10 hours and Dave DeBendi managed to fight off cramp to finish in 10:22:17. Dave was disappointed by this, although even to finish is something of an achievement as was born out by the jubilation of Wally Wortley with his 11:61:49

**Result:**

1. S.Ladany	Israel	7:46:37	14. D.King	Bels	9:22:17
2. R.Middleton	Bels	7:50:47	31. J.Keown	"	10:00:36
3. D.Thompson	Met	8:14:51	40. D.DeBondi	"	10:22:17
5. J.Meullin	Bels	8:36:09	51. W.Wortley	"	11:06:49
6. P.Duncan	"	8:49:53			

<b>TEAM</b>	1. Belgrave	22
	2. Surrey	34
	3. Brighton	42

Sept 12th - WOODFORD GREEN '51.

Good performances from Ray Middleton and Barry Ingarfield could not make up for the absence of some of our other stars so 7th Team place was all we got.

**Result:**

1. S.Lightman	MWC	38:03	33. R.Coates	Bels	46:53
2. P.Embleton	"	38:09	45. D.Fotheringham	"	48:06
3. W.Sutherland	HH	38:55	47. T.Cook	"	48:57
6. R.Middleton	Bels	40:06	68. J.Johnson	"	52:49
9. B.Ingarfield	"	41:13			

Sept 15th - EUROPEAN POSTMANS WALK CHAMPIONSHIP - LONDON

Carrying his 34 years and a full postal uniform with deceptive ease Ray Middleton showed the world's press and Blue Peter just how versatile a walker he is by easily winning the European Post Office Walking Championship. His time for the severe 15Km course at Crystal Palace was 1hr 13min 3secs.

Taking the lead at 3Kms from a field of some 40 fully uniformed postmen from 6 countries Ray piled on the pressure throughout the next outer, inner and outer laps before entering the inner circuit some 300Metres ahead of the second man. A further half lap of the inner circuit brought Ray onto the track for a storming finish amongst his family, photographers, journalists and TV. 2nd man home, 1min25secs down was Carl Pape, with Hans Paul finishing third. Both these walkers are from West Germany, Pape has beaten Wilf Wesch.

Belgrave's other representative Bernard Capener did not live up to the promise he showed earlier this year. Suffering from a heavy cold, heavier uniform, heat, lack of training and lack of speed he finished 29th in 1hr25min

Sept 19th - ENFIELD INVITATION 20 KILOMETRES

Held as a warm up for the forthcoming internationals this race saw most of the top walkers in action although sadly the course was about 500Metres short.

Commonwealth 20 Mile Champion (1966) Ron Wallwork got the better of Wilf Wesch for the first time this year and Ray Middleton, despite a heavy racing programme showed a good turn of speed. Carl Lawton, the only other Belgravian to finish had a bad race and never settled at all.

## Result:

1. R.Wallwork	Lancs	88:57	5. R.Middleton	Bels	92:56
2. W.Wesch	Bels	89:19	8. C.Lawton	"	99:32
3. S.Lightman	MWC	91:01			

Wilf Wesch was ranked 3rd over 3,000 Metres in Britain this year, Bob Coates came in at number 6. Over 10,000 Metres Bob ranked 8th, Ray Middleton 9th and Carl Lawton 15th. Len Duquemin was 18th while Wilf Wesch ranked Second just 1 place and .4 of a second behind Phil Embleton of Met.

Sept 26th - HIGHGATE ONE HOUR WALKS - Hendon

Some great performances from the boys gave Belgrave a comfortable victory over Basildon AC in the team and Wilf Wesch the coveted 8 Miles in the hour plaque. Ray Middleton missed it by just 98 Metres. John Moullin closed the team in a lap behind Carl Lawton. Misfortune struck Bob Coates who was pulled in the most unfortunate manner by an unofficial Judge standing on the inside of the track. Judges of repute, standing immediately opposite the incident, launched a protest at the next committee meeting certain that Bob was well in contact. There is considerable disquiet about the standard of judging and this was just another case where the system has been brought into disrepute at the expense of an individual athlete. Bob Picton took advantage of a favourable section to finish third in a useful time/distance ratio.

## Results:

A. 1. P.Embleton	MWC	13,368 M	8 C.Lawton	Bels	12,629
2. W.Wesch	Bels	13,258	13.J.Moullin	"	12,158
7. R.Middleton	"	12,783			
B. 32.D.Fotheringham	Bels	10,918	40. R.Hall	Bels	10,546
C. 3. R.Picton	Bels	10,968			
D. 5. T.Cook	"	10,279	33. J.Johnson	Bels	9,345
38. J.Wilson	"	9,173	43. P.Wilson	"	8,846

In the Leicester Open '7' on October 3rd, significant for the return of the 1964 Olympic Champion Ken Mathews, John Moullin finished 20th in 55:33. Ken finished 13th in 53:26 which might encourage Eric Hall to make a welcome return to competition. On the same day Ray Middleton won the 6 miles round the City Postman's walk in 47:45. Bernard Capener finished 2nd in 55:05

October 3rd - BELGRAVE HARRIERS OPENING '5' - Wimbledon

Unfortunately this race coincided with Wilf Wesch's accounts so we were denied what might have been a fantastic race between John Knifton, Wilf and Bill Sutherland. John, a regular member of our short distance teams at the beginning of the sixties now lives in America and following his 4:35:02 win in their 50 Kilo Championship was selected to represent USA in the Lugano Cup. John trains extensively in the mountains and clearly found the hills to his liking as he sped to a new record sub 36 clocking.

Result:

1. J.Knifton	Bels	35:38	15. J.Newnham	Visitor	46:49
2. W.Sutherland	MP	35:53	16. K.Chamberlain	MP	47:10
3. C.Lawton	Bels	37:08	17. A.Haith	MP	47:19
4. P.Duncan	"	42:08	18. R.Eddlestone	MP	47:33
5. B.Ingarfield	"	42:22	19. R.Youlton	MP	47:50
6. A.Ross	MP	42:48	20. R.Willis	MP	48:03
7. D.Fotheringham	MP	42:51	21. N.Hill	MP	48:49
8. R.Hall	Bels	43:19	22. R.Fairman	Bels	49:40
9. J.Wilkinson	"	44:33	23. G.Beecham	"	49:58
10. D.Holmes	MP	45:16	24. A.East	"	50:02
11. T.Cook	Bels	45:22	25. J.Wilson	"	50:44
12. L.Taylor	MP	45:59	26. P.Wilson	"	52:37
13. J.Morris	Bels	46:13	27. J.Day	MP	54:59
14. J.Leach	MP	46:31			

12 a side Match result. Belgrave 1st 144 Points MPWC 156 Points

Oct 10th - CALNE '6' Mile.

High placings by Carl Lawton 4th 44:54, J.Moullin 46:09 13th and Barry Ingarfield 16th 47:27 enabled Pat Duncan 39th in 50:37 to stage a desperate sprint to snatch second team position. Tommy Cook enjoyed a 55:19 74th position

October 10th and 11th - LUGANO TROPHY FINALS - Frankfurt

Such is the international reputation of Belgrave that we could field no less than 5 members in this the World Team walking Championship. Over 20 Kilos Wilf Wesch proved himself the 'fastest man in the West' with a 90:16 clocking but still only finished 7th. He did have the satisfaction of screwing his old rival Nemerich however. Just half a minute behind Wilf was Tom Dooley who was walking for the USA. Tom, who joined us last year, has one of the most impressive styles I have ever witnessed and could do really well in the next year or two. Over the 50 Kilo course once again we have to salute the Legend of the Lugano Trophy Ray Middleton who has been a member of all the British Teams and once again it was this veteran of 10 years international walking who finished first British man home and 11th overall. Ray, who usually likes to come through, was within a minute of Hohne at  $\frac{1}{2}$  way. Hohne carried on to win in a fantastic 4:04:35 while Ray dropped back finishing in 4:19:57. In 16th position came John Knifton 4:28:41 while Goets Klöpfer also of USA came in 19th with a 4:33:23.

October 18th - Lugano International Relay

All the American Team were present and with the addition of Carl Lawton and Pat Duncan Belgrave were once again strongly represented. The relay, held over 5 stages of mountainous and flat alternate, winds down from the Gottard Pass, through Lugano to Chiasso on the Swiss/Italian border. The first leg, straight down the mountain saw Belgrave in first and last positions. John Knifton grew wings to shatter the record and record 2:06:50. Pat Duncan who claims to be the only man who walked the distance was clearly suffering from travel fatigue having driven two teams non-stop from London. On the second leg Wilf Wesch took over from Pat and attacked Paul Nihill's 1963 record with a ferocity which left it shattered by some two minutes. But that was not all for close behind Tom Dooley was putting up the second fastest time of the day 2:20:43 5mins 27secs behind Wilf. The fourth leg into Lugano saw Klöpfer return 90:16 for the 19Kms while on the last leg Carl Lawton turned in a 2:00:32 crushing Aeberhard in the process and also being sick over Pat Duncan, an auspicious start to his international career! Had Belgrave walked as a team with Knifton, Wesch, Klöpfer, Dooley, Lawton. Keeping Pat as Team Manager the result would have been very different.



# YOUTHS & BOYS

**Ren Linstead writes** - Our youths have had a fine season so far, producing a series of consistent performances, which have resulted in their winning nine trophies. Certainly, we have a nucleus of runners who, provided they stay together, could one day become a senior squad capable of rivalling the performances of the club's 1930 team which brought National titles to Belgrave Hall.

Peter Carten, with two years to go as a junior, for international purposes, could well be wearing the coveted red, white and blue vest before that time is up. His 1m. 54.1s 800m. time this summer was achieved on a very basic programme of 85% cross-country and road work. Some intensive track sessions next summer should put the final touches on, and then we can look for 1.50 - 1.51 clockings.

Tireless Tony Binda runs week in week out without a trace of fatigue, so it seems. Although not brilliant on the track, he is developing into a road and cross-country specialist in the Gerry North/Bert Foster mould. I'm willing to bet anyone that this cheerful lad will eventually run for Britain over the Marathons in 7 or 8 years' time.

Bill Curtin, after earlier this year being worried by scholastic and career problems, is once again showing the form that once made him Surrey Boys' Cross-Country Champion, his fastest time of the day in our own open road relay being his best run of the season to date. Bill has produced valuable services by acting as a team chauffeur" and has also livened up the training sessions with his incessant flow of quips and anecdotes (often not too subtle!).

John Stew remains to some extent the team's "dark horse". Beset by injury problems (fortunately not too serious), he has revealed little of his true potential yet. However, some of his track workouts last summer were of superb quality, whilst his stamina, proven on runs of up to 17 miles is more than adequate. John doesn't hold a peak for long, so we must build him up for just the Southern and National events - he may then spring a great surprise!

Pat Breslin still lags a little behind the "Big Four", but is improving fast. Slowly, but surely, he is eating into that tantalising gap. Once or twice, Pat has become a little discouraged by his position in the club, but his 20th place out of a hundred runners at Reigate showed how much he is improving in relation to the general standard of youth running, as opposed to the superb quality of present Belgrave standards.

Mark Clancy takes my prize for perseverance. Mark has turned out to take hiding after hiding in an effort to get there. Nothing would give me greater pleasure than to see him one day up there with the best of them. I have a strong feeling that one day, perhaps still a few seasons away, Mark will make it.

Amongst the boys and cubs, we have many youngsters who have impressed with their promise and enthusiasm, but Reg Hopkins will have dealt more comprehensively with them in his contribution to the Gazette.

However, I would like to urge all these lads to turn up at the Hall regularly in all weathers, and to give of their best at all times. I want them to be ambitious and to set their sights high, with the eventual aims being to gain county and international vests, and to win National titles for Belgrave. It is important for them all to read Athletics Weekly and other publications which give details of how the really top men train. By reading about Ren Clark, Jim Ryan, Ren Hill, Kipchoge Keino, etc., ideas and inspiration can be gleaned. By aspiring to emulate these men, and training accordingly, youngsters can eventually raise themselves.

Results:-August 29 Wycembe 2 $\frac{1}{2}$ m. Read

- 1) BELGRAVE.....9 points
  - 2) Coventry G...27 "
- 
1. P. Varney (TVH)
  2. P. CARTON (BELS) 13m. 38s.
  3. J. STOW " 13m. 52s.
  4. A. BINDA " 13m. 56s.

September 6 Farnborough 2 $\frac{1}{2}$ m. Read

- 1) BELGRAVE ... 6 points
  - 2) ANDOVER .... 18 "
- 
1. A. BINDA (BELS) 11m. 48s.
  2. P. CARTON " 11m. 49s.
  3. W. CURTIN " 11m. 57s.

September 12 SURREY A.A.A. Read Relay Championship

- 1) BELGRAVE 38m. 58s. (record)  
P. Carton 9m. 41s.  
A. Binda 9m. 52s.  
W. Curtin 9m. 48s.  
J. Stew 9m. 31s. (daysfastest)
- 2) Aldershot & Farnham

September 13 Salisbury 3 $\frac{1}{2}$ m. Read

- 1) BELGRAVE ..... 9 points
  - 2) Southampton...21 "
- 
1. T. Staynings (Westbury) 18m. 39s.
  2. P. CARTON (BH) 19.05; 3. A. BINDA (BH) 19.11;
  4. W. CURTIN (BH) 19.21; 19. J. STOW (BH) 20.51;
  24. P. BRESLIN (BH) 21.16; 43. M. CLANCY (BH) 22.39.

October 4 Camberley 4x1 $\frac{1}{2}$ m. Read Relay

- 1) BELGRAVE 26m. 42s.  
P. Breslin 6m. 58s.  
P. Carton 6m. 29s. (2nd fastest of day)  
W. Curtin 6m. 32s.  
A. Binda 6m. 45s.

October 10 Hercules Wimbledon 3 $\frac{1}{2}$ m. Read

- 1) BELGRAVE.....6 points
  - 2) Portsmouth...23 "
- 
1. T. Staynings (Westbury) 18m. 14s.
  2. W. CURTIN (BELS) 18m. 20s.
  3. A. BINDA " 18m. 35s.
  4. P. CARTON " 18m. 40s.
  6. R. LANGLEY " 19m. 52s.



Peter Carton is the hare in this shot at the start of the Surrey youths' read relay.  
Richard Langley is number 13.  
- Photo: Rex Linstead



Crawley Athletic Club Boys 4x1/2-miles relay, November 21, 1970

1. Mitcham A.C.	35m. 39s.	3. S. Holmes	9m. 07s.
2. Brighton	36m. 45s.	3. J. McAffie	9m. 03s.
3. Queens School	37m. 04s.	3. D. Harvey	9m. 49s.
4. Belgrave H.	37m. 20s.	4. R. Hopkins	9m. 21s.

Crawley A.C. Colts 4x1/2-miles relay, November 21, 1970

1. Bracknell	38m. 15s.	Belgrave "A"	Belgrave "B"
2. Walton	39m. 05s.	10. M. Gillings	10m. 15s.
3. Epsom & Ewell	39m. 29s.	6. I. Gillings	10m. 16s.
11. Belgrave 'A'	42m. 07s.	11. H. Breslin	11m. 11s.
12. Belgrave 'B'	48m. 50s.	11. R. Martell	10m. 25s.
		38. S. Jay	12m. 15s.
		32. S. Wilson	11m. 32s.
		33. I. Beaumont	12m. 13s.
		33. C. Naser	12m. 50s.

BELGRAVE HARRIERS' OPEN BOYS' ROAD RELAY, 3x2-miles, October 17, 1970

1. Mitcham A.C.	31m. 51s.	Belgrave 'A'
2. Brighton	32m. 40s.	6. J. McAffie
3. Tom Hood Sar H/S	33m. 05s.	7. R. Hopkins
5. Belgrave "A"	33m. 36s.	5. S. Holmes
		10m. 54s.
		11m. 44s.
		10m. 58s.

TWO WINNERS FOR BELS AT SOUTH LONDON SCHOOLS' CROSS-COUNTRY

In the senior division of the South London Schools' Cross-Country Championships held recently at Morden Park, Peter Carton was an easy winner of the senior race, breaking his own record by over a minute.

Belgrave also supplied the winner of the intermediate age group, in Jimmy McAffie. What was equally pleasing for Jim in winning this his first Championship was beating fellow clubmate Simon Holmes, who with David Harvey was running in this one as a guest.

Jim knows that he owes this success to the harder training he has committed himself to recently. Keep it up!

- RH

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THIRTEENTH AT MAIDENHEAD

A squad of six boys visited Maidenhead on September 26 for the 2 1/2-miles road race, and took 13th place in the large field. Simon Holmes led the lads home, with 23rd place in 15m. 08s. Backing up Simon were:- 40th, Dave Harvey (15m. 43s.); 66th, Lex Hebbis (16m. 45s.); 67th Reg Hopkins (16m. 46s.); John Cambridge 84th in 16m. 09s.; and Tony Holmes, who clocked 20m. 34s. Mitcham won with 9 points, to the Bels' 125.

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CROSS-COUNTRY AT THE K.L.G.

In the annual K.L.G. cross-country races over 5,000m., we entered teams in both the Colts (12-13 years) and Boys (14-15) events. Starting and finishing at the bottom of the hockey field, the races were held over the hillier parts of Wimbledon Common.

Our very young team of Colts did excellently, gaining third team medals, Ian Gillings being placed second in 14m. 54s., some 32s. behind the winner, A. Kirby of Bracknell A.C., a much older and bigger boy. Close behind Ian, 8s. in fact, was brother Martin. With three to score, we thought we must have been successful when Mick Murphy came in in 19th position in 16m. 17s.. But in the final reckoning we were relegated by TVH and Bracknell, both of which had 22 points to our 24.

Other Bels who acquitted themselves most notably were Ivan Beaumont, 28th in 17m. 46s., and Colin Nazar, 41st in 19m. 37s. Two other Bels, who were on this occasion running for their school, Shere Grammar, were Steven Wilson, 24th in 17m. 19s., and Stephen Jay, 56th in 22m. 12s.

In the Boys race, our first man home was Simon Holmes, seventh in 14m. 38s., while Jimmy McAffie was 11th in 14m. 51s., Reg Hopkins, 21st in 15m. 58s., and John Cambridge 21st in 16m. 53s. The race was won by T. Marsden (Mitcham) in 13m. 34s.

Team result: 1 Bracknell, 20; 2 Barnhill, 20; 3 Mitcham, 23; 4 TVH, 25; 6 BELS, 39.

TRACK HONOURS

Mick Marshall won his Club Honours Badge by achieving an A.A.A. Grade 1 Standard in the triple jump in winning the National Association Of Boys' Clubs Championship on July 25. Mick has the rare honour for a youth of being the Club SENIOR triple-jump champion.

Neil Mulberry is another youth to have joined the ranks of the Honours Badge holders, having achieved an A.A.A. Grade 1 long-jump standard, with a leap of 20' 3".

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MEDAL COMPETITIONS

This year's Youths' and Beys' medal competitions produced some exceptionally close competition.

The winner of the H.W. Shields Cup in the youths' section was Mick Marshall, with 96 points, ahead of L. Hobbs, 93, and S. Crosbie, 91.

In the beys' section, the Mrs. L. Ryan Cup went to Ivan Beaumont, who totalled 93½ points, to finish a mere ½ point ahead of Jose Talhades, and 1½ ahead of Colin Nazer.

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John Stow looks comfortable as he dogs the footsteps of two brilliant juniors, Goater of Shaftesbury (10) and Ford of Aldershot (9) in the Southern junior 3,000m.

- Photo: Ron Linstead

*flashback photo!*

~ 42 years

Our photograph shows Belgrave's winning South of Thames Junior team at Epsom Downs on 7th November 1928. They are (left to right),

ARTHUR ALLUM (4th), BILL RICE (13th), BILL MITCHELL (2nd), and ARTHUR PENNY (3rd). Winner of the event was none other than LES COHEN, then of Ashcombe A.C.; and our President of today, ALF HARLEY, was 97th.

The awards were presented by HARRY HARE, our first President of the South of Thames C.C.A.



## Resignations ~

Derek Boosey moves to Brighton

It is with considerable regret that the club has accepted the resignation of Derek Boosey. Derek joined the club several years ago, on coming to this country from India, on the recommendation of our popular vice president, and great worker for athletics in India, Ranjit Bhatia.

During his years with us, first service in the RAF, and then spells at University in the U.S. and Madeley College, Staffordshire, meant that his appearances in our colours were irregular. But we have followed his progress to Olympic status with pride, and his 53' 2½" looks by being a Belgrave triple jump record for a year or two yet.

Now, having taken up a lectureship at Sussex University, Derek has joined the local club, Brighton & Hove, and we wish him every success with them.

### BACK COVER

If you think this is a picture of a marathon runner coming to the end of a marathon, you are quite right. It is our new marathon record holder Lionel Mann, obviously not superstitious.

- Photo: Ron Linstead

