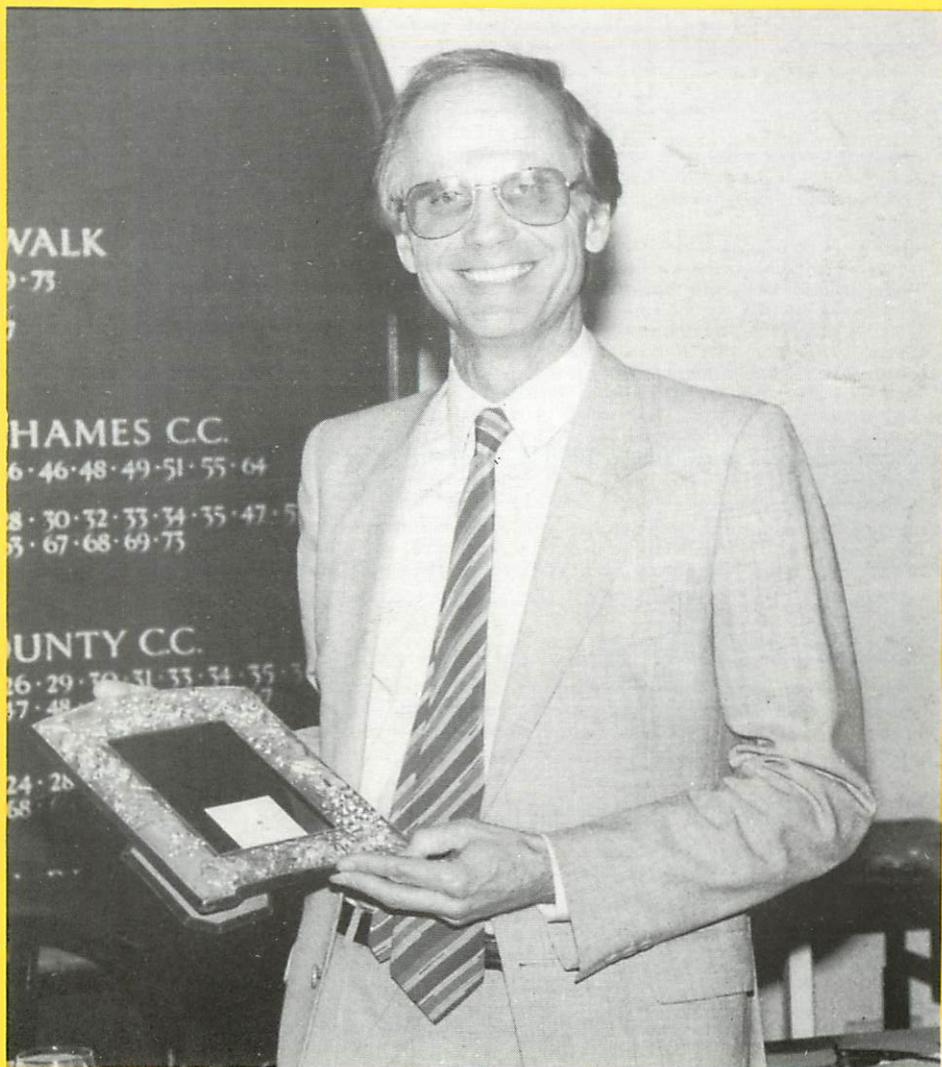


THE

APRIL 1988

BELGRAVIAN



□ The Official Gazette of Belgrave Harriers □

SUE MORRISON - OUR NEW SECRETARY

For the first time in the club's illustrious history we have a lady secretary. Sue Morrison has taken over the reins from Joe Coleman who, following the tradition of past secretaries, put in some sterling work on behalf of the club. Although Sue is a relatively new member, having joined in early 1986, she has already become an enthusiastic and loyal member of the flourishing ladies walking section in addition to taking on the duties of secretary.

Sue's involvement with athletics goes back to 1982 when she took up running and completed a half marathon. Having "got the bug" for running it was only the following year that a marathon was tackled and successfully completed followed by participation in the London Marathon. Her introduction to walking came in 1984 when she competed for the Inland Revenue in the Civil Service Championships. As walking gradually took over from running she joined Belgrave (encouraged somewhat by John Hall and Eric Crutcher!) where the further persuasion of Carl Lawton made the transition complete!

Sue's involvement on the administrative side of athletics also started in the early 1980s when she accepted a place on the Inland Revenue Sports Association Committee (Eastern Region). This soon led to the National Committee where she was Publicity Secretary from 1983-87 and Assistant Treasurer from 1985-87. This also included responsibility for compiling their National Sports Bulletin twice a year (could Sue follow Joe and "do the double" - Secretary and Belgravian editor? Although this Committee work covered sport in general Sue still sits on the IR Athletics Committee and in January 1986 accepted a place on the Civil Service Athletics Association Committee where she now has responsibility for the ladies representatives teams.

There is no doubt that Sue is a great ambassador for Inland Revenue and Civil Service athletics and equally I am sure that our new Secretary will prove a great Ambassador for Belgrave Harriers.

Eric Crutcher

CENTENARY MEMENTOES

Just a reminder that although the the centenary year may have passed we still have some mementoes for sale. Some items have sold out and those remaining are:

£

| | |
|---------------------|-------|
| Baseball Hats | 3.00 |
| Tee shirts (S,L,XL) | 3.35 |
| Ties | 4.50 |
| Sweatshirt (S,M) | 7.50 |
| Car badges | 8.00 |
| Umbrellas | 13.50 |
| Sweaters (M,L,XL) | 18.00 |
| Mugs | 1.50 |
| Wallplates | 35.00 |

Should you wish to purchase any item then please contact Eric Crutcher at home (address on fixture card) or at the club.

Front Cover - Clive Shippen with Presentation - see page 16 for details.

THE BELGRAVIAN

NUMBER 212



Semper Paratus

FOUNDED 1887

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The Editor regrets the delay in the publication of this issue of the Belgravian owing to innumerable and unavoidable problems. But nevertheless it is now here and is sorry that what should be news is now more or less history.

The election of Club officers at the AGM last September, left a couple of unfilled posts. Namely, Track and Field Hon Sec (Men) and likewise for Young Athletes (Boys).

Surely with membership such as ours this should not be too much of a problem but unfortunately it does exist and these two important posts are still vacant. So what we require, and very promptly at that, is for some positive thinking, Club-spirited members (male or female) to come forward to fill these. Anyone interested please contact Hon. Gen. Sec.

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From the President.

Dear Members

Our Centenary year has drawn to a close and as your president I would congratulate, on your behalf, all those who have contributed in any way towards its undoubted success. I must however make special mention of Clive Shippen who was chairman of the Centenary Committee and fronted for most of the year's activities. We are deeply indebted to him for all his hard work and the immense amount of time he has devoted to the club not only in 1987 but in the years leading up to our anniversary. Many of you will have contributed to a small memento which, by the time you read this, will have been presented to remind him of BELGRAVE 1987.

The year as far as I am concerned ends in disappointment with the inability of our winter teams to uphold the prestige gained by the track and field team during the summer. The great name of this club was built on our successes on the road and over the country but I fear that over the past few years that name has slipped badly through lack of support of the winter fixtures by our leading middle distance runners. We have the names on paper but where are they when they are wanted.

Your cross country secretary prepares a programme and works hard to enter teams and appraise the members of each fixture only to find that the numbers taking part are hardly worth his effort. I fail to understand how members can call themselves Belgravians and yet not give of their best to ensure that the name of Belgrave remains prominent in our sport. The number of fixtures at which a major effort is required are very limited viz Country, Area and National Cross Country Championships and Area and National Road Relay races - only five. All other races including club championships are designed to bring an athlete to fitness for these events. Surely it is possible for all middle distance runners to arrange their training programmes around specific dates which are well known in advance - it has been done before with great success both for individuals and club teams - why not again!!!

I cannot believe, for it has been disproved on so many occasions that running over country and on the road harms the summer performances. Such names as Ovett, Moorcroft, Pirie, Cram, Lewis, Hutchings and Bedford to mention only a few bear witness to the benefits of winter competition. It is not too late for runners and their coaches to rectify our poor start of the 1987/8 season. Get together with Colin Pearson and plan a recovery so that the name of Belgrave rides high. What ignominy to be relegated from Division 1 of the Surrey League!!!

No-one can participate in British athletics unless he or she is a member of a club. Give back to this club the devotion it deserves and help all its members to share in the glory of which it is undoubtedly capable.

Best wishes to you all for 1988.

Bill Lucas
President

Some Notes From A Past President

(1) Whilst congratulating our Junior Men on winning the Mike Sully race and the Surrey County Cross-Country title it is nevertheless extremely disappointing that in the Club's Centenary year our Seniors have failed to win any Cross-Country or Road Relay titles. This is in spite of the great strength we have "on paper" - probably as great as at any time in the past when we regularly won titles. The main difference, no doubt, is that in the past "team spirit" and "running for the club" were not the dirty phrases they now are.

(2) As officials see it was a great disappointment that on two occasions at Battersea park Senior Athletes (Men) came to argue with track officials or timekeepers. We are short of officials as it is without this "professional" attitude creeping into club races.

(3) The Club's shortage of officials continues. If anyone (graded or not) can assist at any of our home fixtures, please ring me prior to the dates so that I can use you to the best advantage. The 1988 dates are:

2 April, 9 April, 1 May, 7 May, 21 May (prov), 12 June,
2 July, 6 July, 9 July, 30 July, 13 Aug (prov) 3 Sept.

Derek Crookes
(01 330 0132)



The Amateur Athletic Association Awards 1987

Straight from the London Gazette - pardon me - the A.A.A. Newsletter, Issue No 11, November 1987

The Harvey Memorial Cup

(for the best A.A.A. Champion 1987)

- John Regis (Belgrave Harriers).

The Pepsi Cola Award

(for the best performance at the A.A.A. Championships by an athlete under 21)

- John Regis (Belgrave Harriers).

The Carborundum Golden Jubilee Trophy

(for the best UK track event competitor)

- John Regis (Belgrave Harriers), 200 metres

Joe Turner Memorial Trophy

(for the best competitor at Junior Championships)

- Marcus Adam (Belgrave Harriers), Sprints

† IN MEMORIAM

H. F. KING.

We are sorry to report the death of one of our oldest stalwarts, Harold King. He must have been in his eighties and for many years was a Grade I Walking Judge and was a familiar figure on the roadside and on the track. Harold was a quiet modest man who was liked by all and whose decisions were respected by competitors and officials alike.

Like most Walking Judges long years as an official followed an active career - indeed a distinguished one. In 1922 at Regent's Park not only was he the Individual winner of the RWA "Junior" (by qualification based on past performances) 10 miles Championship, but he led the Belgrave team home to victory. The following year he was third in the AAA 7 miles (now 10,000m) Championship held at Stamford Bridge. He also won Kent County Championships, and was a regular Club team man for many years.

His work as an engineer took him to East Africa where he contracted an illness which put an end to his career as an active walker. Fortunately his enthusiasm for the sport was channelled into Judging. Harold was a keen and loyal Belgravian, a quiet man who will be remembered with respect and affection.

Gordon Doubleday



This photograph is part of the complete one taken at the Belgrave 50th Anniversary Dinner 1937 and shows as numbered some of the club's race walkers of that period.

No 7 is Harold King (see obituary notice) others are 1. Chas Churcher, 2. Harry Churcher, 3. Joe Coleman, 4. Tommy Green, 5. Jack Bidgood and 6. Frank Elson.

JOHN BROMLEY

John Bromley passed away suddenly and peacefully in December 1987 at Perth, W Australia after competing in a walking race. He was visiting his family at the time. John joined Belgrave Harriers in 1949 whilst serving in the army as a PFI and stationed at Aldershot. John competed for the club on the track, road and cross-country running and in 1970 after a series of Achilles Tendon operations and a replacement big toe joint he transferred his activities to race walking and had competed with distinction in that section up to the time of his passing.

He was, up to the time of his retirement, Physical Training Officer at Hendon Police Cadet School and in that capacity he was in charge of all physical training and sport and many fine athletes owe much to him for their earlier instruction.

Some of John's wins as a runner were 1944 - Welsh AAA Youth 1 mile, 1946 - Welsh AAA Junior 1 Mile, Kent County Junior 1 mile, 1947 - Singapore AAA 880 yards and 1 mile, 1949 - Lancashire County AAA 1 mile, 1953 - Surrey County AAA 2 miles Steeplechase (this record still stands), 1954 BELGRAVE HARRIERS 880 yards and 1 mile, 1955 - Singapore AAA 880 yards, 1957 - Singapore AAA 1 mile and 3 miles (new record).

He was a fully qualified AAA Coach in all events and also as Track and Field Judge, Starter, Timekeeper, Meeting Organiser and Administrator and had been Army Senior Athletic Coach and Senior Instructor at the Army School of Physical Training and had acted as Team Manager and Coach to several British Modern Pentathlon "B" teams at home and abroad during the preparations for the Mexico Olympic Games 1968. A quiet spoken man and exceedingly modest. A great all-rounder and it will be hard to find his equal.

J.G.C.

Joe Wilson - Centurion No 164

Regrettably Joe passed away on February 2nd 1988 aged 79. He joined the club in September 1939 being introduced by Chas. Churcher our then Road Walking Captain. Joe took up Race Walking at the age of 30 having spent his earlier years as an amateur footballer of some note and also as a prize winning Ballroom Dancer at which he also acted as a demonstrator and judge in dancing competitions. He developed into a good team man and featured in many of our longer distance successes from 20 miles, 50kms to London to Brighton and London to Brighton and back. He competed and finished in 14 London to Brighton races and finished in all of them in under 10hrs. In 1951 he became a member of the podigious Centurions Club when in the Brighton and back race he completed the 100 miles in 21hrs 59mins 30secs. In 1957 "Brighton" he was hit by a car and spent 3 weeks in The Royal Sussex Hospital with a broken jaw and facial injuries.

Although primarily a road walker Joe did compete on the track and became a very efficient coach and when his competing days were over he then devoted his time as an RWA Grade I judge in which capacity he officiated at Club, County, Area and National Championship events. The likes of men like Joe Wilson with such club spirit are hard to come by and he will be sorely missed.

Clarice Merryman - It is with sincere regrets that we record the passing of Clarice, wife of Past-President Bill Merryman to whom we extend our deepest sympathy. Clarice was always a keen supporter of the club and attended the majority of fixtures with Bill even after moving to Newhaven, Sussex. R.I.P.

grapevine

The fact it was Belgrave Centenary year did remind some elapsed members who had in mind that once "a Belgravian always a Belgravian" to contact the club and make themselves re-known and fortunately there happened to be a couple of us who could go far enough back to recall them.

One such man was Bruce Hayman who as one of our top sprinters in the late '20s and early '30s. His athletic career was cut short when he had a severe operation on his head which left him severely incapacitated and in consequence his parents moved back to their original home place in Devon and after some time in convalescence and rehabilitation he regained reasonable good health. Bruce wrote to the Club Secretary asking for details of the Centenary Celebrations. Luckily the Hon Sec (Joe Coleman), and Chas Jones had been members with Bruce in the Belgrave Junior Track teams in 1928/29 era and readily recalled him and so on the Track and Field Championships day Bruce came up to Battersea Park from Devon to meet the Club and to renew his acquaintance with the track that he had not seen since he left London after his operation in the 1930s. You can well imagine his surprise at the difference. When he left it was a three lap to the mile ankle deep dust heap and costing 1 penny to use the dressing room and now the 400 metre lap all-weather track with all mod cons and costing a small fortune to use. Having had a most enjoyable day making himself known to everybody and meeting most of the club officials Bruce returned to Devon, complete with his coveted 60 years old club lapel badge vowing, to keep in touch.

Another "contact" came as the result of a lady member of the Cornwall A.C. telephoning the Hon Sec on behalf of a son of an old member. The son (living in Hayle, Cornwall) wanted to buy a club tie as a surprise Xmas present for his 80 year old father who never ceases to talk about his times with the "Bels". Things were sorted out and the 80 year old turned out to be Cecil Mains (not to be confused with Dave) who was a cross-country man and my records show him as finishing 4th to Bert Footer, Arthur Penny and Arthur Allum in the 1933 10 miles Club Cross-Country Championship.

Cecil wrote me from home in Dorset to thank me for my services and wished to be remembered to all and in particular Arthur Penny, Bert Footer and Arthur Allum - I have contacted Arthur Penny but unfortunately Bert Footer and Arthur Allum now do their training at extremely high altitude and I do not expect to see them for some time yet.

Chris Fairfield now a second claim member and living at Stalybridge, Cheshire, promptly sent in his subs with an accompanying newsletter. He had run a 3 hrs 6 mins in the London Marathon but brought home the bacon when he won a £1,000 worth food voucher in a competition organised by a Bacon Company. Eat your heart out lads. At the time of writing he was leading in his 1st Claim Club, Saddleworth Runners, road running championship (best of 5 out of 8 races) with one race to go. So hang in there Chris. Keep it up.

On the question of membership in Centenary Year 1987 it is apposite that we should name those who achieved 60 YEARS OF CONTINUOUS MEMBERSHIP by the close of the Year. They are (with close runners-up) as follows :-

| | | AGE (Yrs) | MEMBERSHIP (Yrs) |
|-------|------------------------|-----------|------------------|
| 1. | A.D. "MICKY" PYER (PP) | 84 | 66 |
| 2. | K.B. O'KELL | 86 | 64 |
| 3. | F.A. RICKARDS | 89 | 63 |
| 4. | BEN KNIFTON | 80 | 62 |
| 5. | T.F. MORRELL (PP) | 78 | 61 |
| 6. | T.C. JONES (PP) | 76 | 61 |
| 7. | W.G. WEBB (PP) | 93 | 60 |
| 8. | E.A. DUFFETT (PP) | 82 | 60 |
| 9. | J.G. COLEMAN (PP) | 76 | 60 |
| ----- | | | |
| 10. | N.R. DEWBERRY | 85 | 59 |
| 11. | F.R. WEBB (PP) | 84 | 59 |
| 12. | A.W. PENNY (PP) | 80 | 59 |
| 13. | T. COTTON | 79 | 58 |

(PP) = Past President.

FRED RICKARDS, who, as you can see from the long serving members' list, was one of the club's finest longer distance walkers who won the Police Long Distance Championship (Barking to Southend) on 7 occasions from 1924 to 1936 and was in Belgrave's winning teams in the RWA 20 miles and 50 kms Championships up to 1939 also he figured in many "open" races of that period. A real Belgravian, and now approaching his 90th birthday he still shows great interest in the club's activities and to show how diverse his interests are, he asked me to pass on to Ernie Obeng, his congratulations on his (Ernie's) recent 60 mtrs successes and thanks for wearing his claret and gold club vest as shown on TV.

Leap-year result just in - Long Jumping, Hurdler, Sprinter and Track Captain, Mark Lindsay-Bayley announced his engagement to Elizabeth!!

Absence makes the heart grow fonder! An old proverb but no less true today. No sooner had David Swain returned to the USA after his brief but successful visit to the UK than we heard of his engagement to Jenny. Congratulations and best wishes from your team mates.

It must be catching! We hear John Barnes is to marry Jane in June. As the wedding is to be in Bournemouth on 11th June and our second BAL match is to be the following day we understand John might be excused selection - unless things get really desperate. Again our best wishes to you both.

Belgrave's army sprinters Dave Armstrong and Lenny Paul distinguished themselves by powering their 4 man bobsleigh into the GB 1 slot at the Calgary Winter Olympics. The 4 runs were a lottery with so much depending on the time of day and ice conditions. Their 12th spot overall was only 2 secs off gold in a total elapsed time of just under 4 minutes.



Our picture shows four of the club's elder statesmen in a relaxed mood during this year's Centenary Club '20' road race. Their ages reach a grand total of 348 years and their combined Belgrave membership a staggering 242 years. They are (left to right) :-

| | | | |
|------------------------|------|---|-------------------|
| <u>Ken O'Kell</u> | (86) | - | 64 years a member |
| <u>Bill Webb</u> | (93) | - | 60 years a member |
| <u>Frank Webb</u> | (84) | - | 59 years a member |
| <u>Norman Dewberry</u> | (85) | - | 59 years a member |

Ken O'Kell, together with Bill Webb, Bert Footer and Micky Pyer, was a key figure in Belgrave's cross-country revival in the early "twenties"; winning an individual bronze medal in the Surrey County C.C. Championships of 1926 before moving away for several years.

Norman Dewberry has been ever-present throughout his 59 years of membership and was made a Life Member many years ago for his unstinting help with Club activities.

The Webb brothers, both Past Presidents, hold a unique double record. Bill is the longest serving Belgrave Hon.Treasurer (1934-48) and Frank the longest serving Hon.Treasurer of Vets AC (1949-87). Apart from those posts they have served athletics in a multitude of different ways.

How nice to see all four still enjoying our sport so much.

Apart from holidays and illness, both rare, can anyone ever remember TOM CARTER being absent from Club activities for more than a week? This effervescent 79 years old youngster is ever-present. But the Club's appreciation has been especial this year, for not only did Tom sponsor our Centenary Cross-Country match at the beginning of the year but at it's end he had waived payment due to him for a significant part of the Belgrave Hall improvements. His love for the Club is legion. It has been said that if you broke his arm off you would find "Belgrave Harriers" written into the bone like a stick of rock!



CENTENARY CELEBRATIONS

Clive Shippen reviews the Centenary Celebrations

The last issue of the Belgravian covered the first half of our year's celebrations and outlined the plans for the remainder of the year. This issue is able to report on the second half of our celebrations, though detailed reports will be found elsewhere in these pages.



As we forecast in June, the Club Track and Field Championships proved to be a memorable occasion. The weather was fine, there was a large attendance, and a lively spirit prevailed throughout the afternoon. In addition to the very full programme of athletics events for men and women, boys and girls, there were pole-vault and discus invitation events, children's races and a special re-enactment of an 1887 track sprint - complete with authentic moustachioed runners in their Victorian garb. Great pains were taken to "string" the lanes, and the race was the highlight of the day.

A marquee was erected to display club trophies and for the sale of Centenary mementoes; and the announcer and recorders enjoyed the luxury of a tented stall on the special day. Mark Shearman, an athletics photographer of international repute, spent the day with us and took dozens of memorable action shots. His final ones being of the large group which stayed on to the very end and released their helium-filled balloons at his command. Anyone wishing to see contact prints of the day's photographs and desiring to place orders for prints (from en-print size to poster size) should see Carl Lawton at Belgrave Hall. The group photo in poster size (36"x24") is an excellent souvenir.



Only seven days elapsed before we were once more busying ourselves with a celebratory occasion. This time the 36th Club '20'. A souvenir programme outlined the history of the event and the part played by its founder, Arthur Whitehead. In recognition of Arthur's service to the event our President presented him with a Belgrave Centenary wall plate. At the presentation, held in the forecourt of Lauriston Cottage, were The Mayor of Merton and the winner of the inaugural event in 1952 - Dave Fotheringham of TVH, who had travelled up from the Isle of Wight.



The race sported "Start" and "Finish" banners for the first time in many years and several other extra touches helped to mark the event as a special occasion - not least being the award of centenary mugs to the first 25% of finishers. Surrey County AAA and the Southern Counties AA acknowledged the celebrations by incorporating their own championships into the race.

A busy July closed on the 26th with the Thames River Trip from Putney Pier. It was a great pity that this should clash with our British and Southern League matches, but this alone could not account for tickets being undersold. But for those who went it was a night to remember. Lots of spare food, the best disco of the year and a very high-spirited evening saw a happy 111 Belgravians disembark in the early hours of Sunday morning.

The introduction of the AAA McVitie's 25x1 mile relay in early October caused the planned 100x1 mile relay involving ourselves, Blackheath and TVH, to be cancelled. It did not seem appropriate to try and use the McVitie's race for our own celebrations, so the Centenary relay slipped from our programme.

And so to Wednesday 7th October - the Club Birthday. It was difficult to estimate how many would attend Belgrave Hall for this get-together. There was no music. In the event an estimated 140 came along and it turned out to be a very enjoyable evening with many re-unions. Bill Webb, at 93 our most senior Past President, unveiled the new Centenary Bell which had been donated by Charlie Manning. The Centenary cake, beautifully made by the President's daughter and sporting a perfect replica of our Centenary logo, was expertly sliced into the appropriate number of pieces within seconds by The Queen's pastry chef, Lionel Mann. "Champagne", provided by The President, enabled all present to toast the Club's health and look forward to the start of our second centenary with keen anticipation. Especial thanks went to Charlie Manning and daughter Linda who donated and served the evening's fine buffet spread.



Bill Webb has got an "ology" - Campanology - as he inaugurates the "Centenary Bell" which bears the inscription: "This bell was unveiled by the most Senior past President - W.G.Webb - on the 100th Birthday of the Club 7 October 1987". The Bell was donated by Chas.Manning Past President.

The pinnacle of our year, was reached on Saturday, 14th November, when 250 members and guests gathered at The Gloucester, South Kensington, for our Centenary Dinner Dance. It was a magnificent occasion. Bill Couzens and Brian Pritchard excelled themselves as organisers and made this the most memorable of our celebrations. Many members, old and not so old, travelled from all parts of the country to be present. But these were out-done by three who flew the Atlantic especially for the occasion; Daye Donovan from New York (how Edmund would have loved to have been present), Chris Steer from Seattle and John Thresher from Toronto.

Our Patron, Eddie Kulukundis, and Susan Hampshire delighted us with their presence and amongst the Club's official guests were Rachel and Steve Ovet, the latter rounding off the speeches appropriately with typical Ovet humour. The revelry continued with dancing until 1.00a.m and a disco until 2.00a.m but the farewells were still going on at 2.45a.m! It was an occasion that wanted to go on for ever, and would be very difficult to follow.

But our 68th Open '7' Walk promotion was not put off by the previous act. The organisation had been coming together nicely during the preceding weeks and once again we enjoyed the presence of The Mayor of Merton, Councillor H. Turner, who started the race. To mark Centenary year a novices race over 5 miles was introduced and this was successful enough to warrant inclusion next year. Our final souvenir programme featured a history of the event and all previous 67 results. Our Race Walking celebration showed that Belgrave is a vital part of the UK Race Walking scene and it could well be that our introduction of a novices race in our Centenary event will prove to be a milestone in the revival of UK Walking fortunes. It was fitting that Belgrave should win both the men's and women's scratch team events.



Bill Lucas presents the Open 7 Miles Walk winning team awards to our Ladies - Gill Brackpool, Jill Borthwick and Sue Morrison.



"Centenary" President Bill Lucas and the Mayor of Merton Clr H Turner who graced us with his attendance at the 20mils Run, 7 miles Open Walk and 12 stage Relay.

As was expected when the first review was written, the London-Brighton Relay plans had to be abandoned through lack of sponsorship. A study group had followed the course stage by stage on the corresponding Sunday of 1986 and had logged the carefully timed trip complete with supporting photographs. Much other work went into the early planning including the agreement of the three police forces involved. Hopes were raised and dashed on several occasions over the last two years and it was with much disappointment that the Centenary sub-committee had to acknowledge that the required sponsorship would not be forthcoming.

Some mementoes are still available for purchase but no further stocks will be ordered. Sue Parrott and Eric Crutcher should be contacted for details of remaining stock.

And so, after years of waiting, Centenary year has suddenly slipped behind us. Ahead lies the untrod ground of a second century with another celebratory year at the end of that. The revellers will all be different, but they will be linked to us by a common factor - the club we love and know as Belgrave Harriers.

Clive Shippen

FROM CHARLIE MANNING AND A VERBATIM REPORT FROM COMMITTEE MEETING 21st DECEMBER 1987

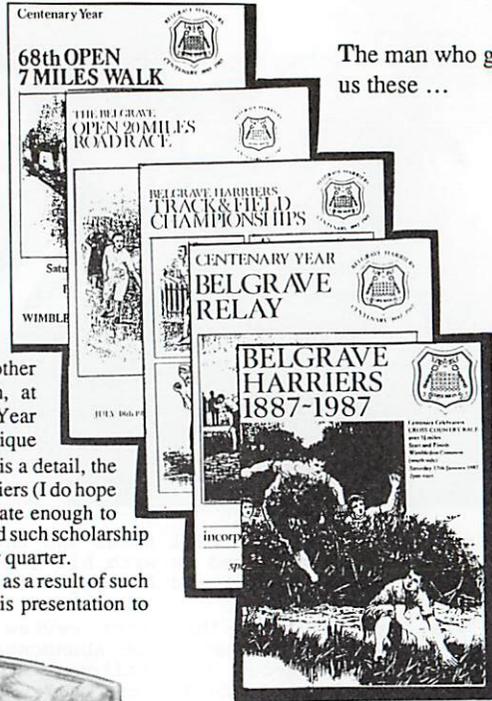
Mr President - I hope you will forgive me for reading this but with the Committee's approval I'd like what I have to say to appear in the Belgravian.

In our past 100 years Belgrave have produced some quite exceptional men - we have had clever pathfinders who were the original architects of the Club as we know it today - we have had Titans of Track, Gentlemen of the Road, Masters of the Country and more than our share of the Field.

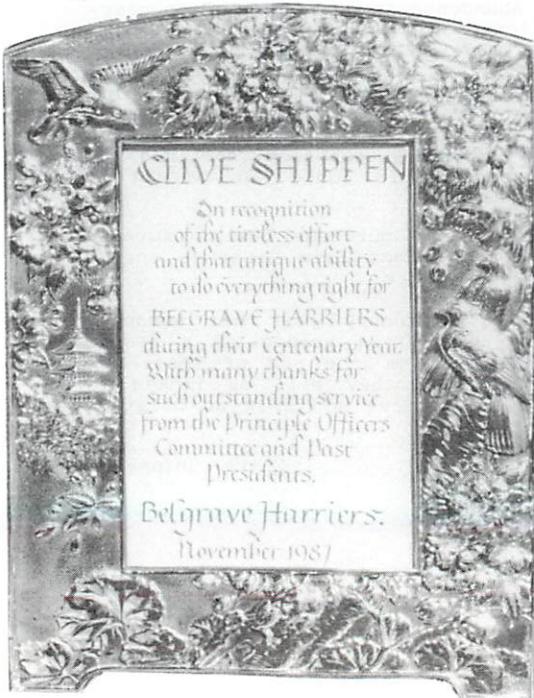
Today we still have some of the greatest athletic performers - and - we are very lucky in having a giant among administrators. I say that knowing that many of us do what we can, within our capacity, as amateurs and are consequently always open to criticism. Clive Shippen, on the other hand, has brought a degree of professionalism, at enormous cost to himself, in making our Centenary Year so remarkable and I personally pay tribute to his unique qualities. Consider one point that in his workload is a detail, the Dinner Menu and the brief history of Belgrave Harriers (I do hope that it will be reproduced for members not fortunate enough to have attended the Dinner). That article alone showed such scholarship as would be almost impossible to find in any other quarter.

Mr President, as instructed by this Committee and as a result of such a generous response, I would ask you to make this presentation to Clive Shippen.

The man who gave us these ...



We salute with this Silver Picture Frame and this dedication



CLIVE SHIPPEN

In recognition of the tireless effort and that unique ability to do everything right for BELGRAVE HARRIERS during their Centenary Year. With many thanks for such outstanding service from the Principle Officers, Committee and Past Presidents.

Belgrave Harriers.
November 1987

☆ THANKS!! ☆

When the President announced at the last Committee that a presentation was about to be made to Clive Shippen I was nothing less than astonished. A few minutes later, as nice things were being said, my astonishment turned to emotion; and finally I experienced embarrassment as I realised how many others had also played a large part in the Centenary Celebration.

So although I am deeply grateful that the Club Officers, Committee and Past Presidents should consider me worthy of a presentation, I do feel that I am accepting it on behalf of my sub-committee and the various events organisers who contributed to much to this memorable year.

The gift in itself is truly beautiful. I shall treasure it always and remember those behind it, always.

My thanks to you all.

Clive Shippen
4 February 1988



Postscript to the President's Message

Since writing my message to you at about Christmas-time, we have just completed a Cross-Country season which as far as the senior section was concerned was a complete disaster due almost entirely to injuries, illness and non-availability of runners.

The biggest disgrace was our relegation from Division 1 to Division 2 of the Surrey League. Three of the four races were badly supported whereas the race in Richmond Park showed that we should have had no trouble in finishing well up in the League.

I must however give great credit and congratulations to our Juniors who won the Southern title, finished fourth in the National and contributed largely to the team that finished second place in the South of the Thames race. Not only were they prominent in these races but gave their full support to all other winter fixtures - we can be very proud of them - Colin Pearson has worked hard to enter teams and endeavoured to field teams worthy of the Belgrave name. He must be sorely disappointed with the results of the senior ranks.

W.E.L.



"The Denmark Pot"

Belgrave Harriers Darts Championship

5th December 1987

Once again this nerve tingling tournament in its 25th year had its surprises with a new name being added to the coveted list of winners. The finalists were Simon Maynard and Kevin Crookes. Both these young men took the scalps of previous winners on their way to the final but even with Kevin's entourage of supporters he could not hold back this year's champion Simon Maynard.

Result

| | | |
|---------------|---|---------------|
| Winner | - | Simon Maynard |
| Runner Up | - | Kevin Crookes |
| Highest Out | - | Bob Booth |
| Highest Score | - | Bill Couzens |

Hall and Social.

Bar

I must begin by repeating my plea for more BAR STAFF to assist on club training days (Tuesday and Thursday evenings and Sunday lunchtime). My last two requests have passed unheeded and the situation will become critical in September unless further help is forthcoming NOW. All I am asking is 3 hours of your time once a month to ease the burden. Once again, I must thank the same loyal few that have served over the past months.

One bright spot is Margaret Stroud's introduction of hot snacks (mainly on a Tuesday between 7 and 8pm) which has been most welcome through the winter. Thank you Margaret. Thanks also go to Brian Gorman for his Saturday catering and Fred Paget for his Sunday morning brew.

Socials

Moving on to socials I must report a disappointing response to most events held since the last Belgravian. The notable exceptions were the Club's 100th birthday night (reported elsewhere) and the first ladies darts championships held in October which attracted 16 competitors. Considering the relatively small numbers in the ladies section it was an excellent attendance. Pat Mann won the trophy by beating Jenny Christou 2:0 in the final. The Club's disco held in September and the pre-Christmas disco were both sparsely attended and hardly merited the work that goes into staging these events. I hope events in 1988 are better supported **FOR THE BENEFIT OF THE CLUB AND ITS MEMBERS**. Details of forthcoming socials will be notified with the summer fixture list.

Hall

I must thank all those who contributed to the boiler fund last September which raised over £1,800. The draw for the wallplate, donated by Stan Vickers, was held on the club's birthday night and was won by Doug Maughan. The new boiler is performing well but has a long way to go to match its predecessor!

Following the renewal of the flat roof over the ladies changing room and the kitchen these areas are now undergoing long overdue improvements which will hopefully be completed in April. Harry Porter is carrying out a great deal of renovation work with assistance from Carl Lawton. At this stage I must also thank Arthur Penstone for his electrical work around the Hall.

Four months ago we welcomed a physiotherapist by the name of Colette Colosimo to the hall who treats the walking wounded three times a week. Her times of attendance at the hall are 3.30-8.00pm on Mondays, Wednesdays, and Fridays. All athletes are treated, with Belgrave members having subsidised treatment (£8) which, by today's prices, is very reasonable. Indeed, several club members have already taken advantage of the reduced rates. Just ring Colette at the hall to make an appointment.

The Centenary Dinner Dance

14th November 1987

Venue - The Gloucester, Harrington Gardens,
London SW7

This occasion was to be the pinnacle of our Centenary year with two hundred and forty Belgrave members and guests attending.

The evening commenced at the reception with each member or guest being individually announced by the toastmaster and greeted by our president, Bill Lucas and his charming wife Sheena. The finery of the occasion was evident, with many dinner jackets and bow ties on display and the ladies exotically putting "Dynasty" into the shade. The dinner itself by consensus of opinion was excellent and lived up to the high standard of The Gloucester.

Throughout the meal background music was played by the band Tuxedo Class with the occasional drum roll to announce "The President will take wine with all internationals past and present", another drum roll, "The President will take wine with all past presidents" another drum roll "- with the Committee" "with the ladies" etc. I should think for the President the art is not in public speaking but in finding how to remain sober. Then came the speeches, the first by Clive Skipper who gave a most interesting and enlightening portrayal of the club from the first meeting of a group of athletes on Friday 7th October 1887 who formed Belgrave Harriers to Belgrave Harriers 100 years later. Clive also designed the menu card that provided a short written history of the club.

All raised their glasses to the toast "Belgrave Harriers".

The next speaker was our President, Bill Lucas who talked of the club and its successes together with proposing our guests.

The response was by David Denton President of the ECCU.

A surprise speaker was Steve Ovett who provided everyone with a most entertaining speech showing his admiration for a club achieving 100 years and also for a certain Belgrave runner who, a number of years ago ran Steve into the ground on a training run across Wimbledon Common. Steve described the runner as "eyeballs out" and in full racing gear, a whisper of "Brian Gorman" was spontaneous. Finally the Tommy Green Cup for the most meritorious performance of the year was presented to John Regis and the equivalent Ladies trophy the "Centenary Cup" was awarded to Frances Guy for her fine marathon run.

With the formalities over everyone was ready for the dancing and Tuxedo Class went into full swing, noticeably there was a great convergence onto the dance floor with many letting "their hair down" and getting stuck in, not the place for the faint hearted.

At 11.30pm a well earned rest came just in time for some of us "old uns" with the drawing of the raffle, 1st prize was a microwave oven, other prizes a magnum of champagne, a carriage clock and many other excellent prizes.

From midnight to lam dancing continued to the music of Tuxedo Class then with thanks for the band on came the disco "Travelling Gramophone". I was advised previously by this time most people would be gone in fact the majority stayed and the dance floor was packed. At 2am with the music throbbing in our ears and a farewell from the President the Centenary Dinner Dance was over. Truly a night to remember.

Bill Couzens

From THE BELGRAVIAN

25 years ago

FEBRUARY 1963

Gerry North, the holder, was given little hope by the Press of obtaining a forward position in the Inter-Counties race at Reading. His defeat by Snowdon in a Surrey League match and sixth place in the Lancashire County were the basis of these views. When, seven days before the big race, Gerry only just held off Shelley (N.Staffs) in the Mitcham '15' it was said he was not the force of last year. How wrong they were. Despite suffering from a bad cold he beat all the recognised opposition only to lose his title to Portsmouth's T.K. Johnston who, revelling in the Arctic conditions, chose this day to make the biggest break-through of his career.

I wonder how many of our senior athletes have noticed that Gerry can race week in and week out yet still produce the big effort for the big occasion. Perhaps, if the lesson is learned, we will soon field our strongest team more than once a season.

The first season of North Surrey League fixtures has ended, and was undoubtedly a success. These matches give the bulk of club athletes a chance to experience the big race atmosphere and, with 10 to score, an opportunity of counting for their team.

The league was born at the "3 Kings" Mitcham in May of last year. The proposal was put forward by Mitcham AC but, because of traditional fixtures being affected, it was not over-enthusiastically received by the other six clubs present who were, Belgrave, Walton, Surrey, Hercules, Herne Hill and South London. Eventually, however, all except SLH agreed to give it a trial.



WHY NOT BECOME A TECHNICAL OFFICIAL ?

Our Club is suffering from an acute shortage of Technical Officials. Our Track and Field programme each summer covers young Athletes, Ladies and Men's fixtures in a variety of leagues and other competitions. In every case we have an obligation to provide Technical Officials.

WHY NOT TRY YOUR HAND AT HELPING IN THIS WAY?.

No previous experience is necessary and you may choose from the pre-season's fixture list those meetings at which you are prepared to assist. All Judges are only to pleased to help newcomers to learn the ropes.

The following Categories are used in Track and Field athletics---
TRACK JUDGE, FIELD JUDGE, STARTER, MARKSMAN and TIMEKEEPER

In November each year the Surrey County A.A.A. give an evening's introductory lecture at Wimbledon for newcomers in all these disciplines. If you wish you may take a Grade 4 Test the following week, but it is not necessary. All you need is a copy of the A.A.A. Rule Book, which all officials need to refer to from time to time. Officiating can be a most rewarding and enjoyable part of the Athletics scene

WHY NOT GIVE IT A TRY?.

For all the advice you need Telephone --- CLIVE SHIPPEN 01. 660. 0408.

& 50 years ago

FEBRUARY 1938 - Our "Open" Walk

The last Saturday in November, the 27th, was once again the occasion of much activity for walkers. Our Eighteenth Annual promotion attracted 182 entries, and 22 teams were nominated. No less than 33 Belgrave walkers entered, and we started four teams.

The afternoon was cold, but fortunately the fog that had threatened during the morning had lifted, and conditions were quite good when our President started the race. Our walkers were soon seen to be prominent, with Harry Churcher and Fred Redman, of the Metropolitan W.C., contesting the lead. Round about three miles, Harry broke away up the hill and proceeded to build up a big lead. The gap between second and third men at half-way was considerable. It was obvious at this point that no other club was near us in the scratch team race. Eventually, our lads finished H.G. Churcher (1st), C.E. Churcher (3rd), P.G. Wright (4th) and J.G. Coleman (6th) - a wonderfully fine team effort and additionally, there was some splendid further support forthcoming. Actually, ridiculous though it seems, in the best supported Open race of the season, Don Brown finished 8th and yet did not score in the team!

Bert Clayton, our new member resident at Eastleigh, gave another good display of walking in finishing eleventh. He will undoubtedly prove a great asset when he qualifies for our teams. Len Coleman again showed his promise, and succeeded in taking an individual handicap prize. In fact, the whole race may be considered a testimony to the Club's strength.

The result, which is appended, gives ample evidence of the Club's success in the race. The Churcher family, in particular, did well, taking three prizes each!

RESULT

| | | | | |
|-----|---------------|---------------------|------------|-------------|
| 1. | H.G. Churcher | B.H, A. | 54 38 | (Scr.) |
| 2. | F.J. Redman | Met. W.C | 55 38 | (0 30) |
| 3. | C.E. Churcher | B.H, A. | 56 32 | (2 30) |
| 4. | P.G. Wright | B.H, A. | 56 49 | (2 30) |
| 5. | A.A. Cooper | W'f'd Grn A.C. | 57 00 | (1 00) |
| 6. | J.G. Coleman | B.H, A. | 57 02 | (2 40) |
| 8. | D.E. Brown | B.H, A | 57 34 | (2 30) |
| 11. | H. Clayton | B.H, A | 57 56 | (2 30) |
| 16. | L.J. Coleman | B.H, D. | 58 34 | (5 00) |
| 19. | J.E. Rutland | B.H, A. | 59 51 | (3 40) |



SPORTS CLOTHING AND EQUIPMENT
AT DISCOUNT TERMS TO CLUB MEMBERS
CONTACT DOUG MAUGHAN (01-876-5818)

SPECIALISTS IN SUPPLYING CLUB COLOURS. SEND REQUIREMENT DETAILS.

DOUGLAS SPORTS: ST. MARTIN'S HOUSE, 16, ST. MARTIN'S LE GRAND, LONDON, EC1A 4EP

DOUGLAS
SPORTS



Track and Field.

Section Report by Leo Coy and Steve Williams.

The track and field season has drawn to a close and we can look back with a great deal of pride and satisfaction at the achievements of our teams and individuals in this historic year.

In finishing fourth in the 1st Division of the British League we have established ourselves among the very best T&F clubs in the United Kingdom, a marvellous achievement when you think that five years ago we were just an average Southern League outfit. We have had a wonderful run through the British League and our arrival in the top Division for our 100th Birthday couldn't have been better timed. But there's to be no resting on laurels - we must continue to look forward. To break the present grip on this competition held by Birchfield, Haringey and Wolverhampton & Bilston will take some doing but we are already building on the season just gone. We will have new members eligible to compete next season and our strength in depth and in quality will be greater. We shall of course continue to need the utmost support from our Internationals at this level and while nobody expects them to compromise their training towards peak performances in the major championships, we do look to them and their coaches to give every consideration in their programmes to fitting in as many of the four matches as they can, if not necessarily in their primary events. Let's now start to have in mind that league title bringing the chance to represent the UK in the European Club Championships. There is no higher honour for a club in track and field.

Returning to the season gone, perhaps the one disappointment was getting knocked out in the semi-finals of the GRE Cup (though the fixture did clash with the AAA's). On the one per event basis of this competition, we should at least make the final even if only some of our top men are available.

The 'B' team continued to provide valuable competition for our second tier athletes and a springboard to the 'A' team for those good enough. Promotion wasn't achieved but we'll be having another go next season; a big effort in the first match next season will get everyone in the right frame of mind. In our midweek competition there were encouraging turnouts at most of the matches, with the use of Tooting rather than Croydon playing a part here. Unfortunately we just lost the final by one point.

Individually our athletes have never achieved more in one season with John Regis' performances of course uppermost in the mind and Marcus Adam another to have a tremendous year capped by his European Junior win. International honours again fell to John Gladwin and Ernie Obeng while Abi Ekoku becomes a new name for the club honours Board with an England Under 23 appearance, as does Felix Sandy who ran in the World Championships for Sierra Leone. John Gladwin won AAA and UK Championship medals and became Britain's 6th fastest ever miler, while Gary Staines and Dave Swain brought top quality to our 5000m running with Dave winning a World Student Games medal and Gary surely exceeding even his own hopes in his first season at the distance. Stuart Paton, Phil Lovell and Ken Onuaguluchi again won Southern Counties medals as did John Wright for the first time and there were innumerable Area and County representative honours. We provided five County Champions and club records were broken, re-broken or equalled on no less than 28 occasions.

'Centenary' congratulations to all on making it a season to remember.

NEW FACES FOR NEXT SEASON: Increasing the competition for 'A' team places next season, and relieving a few of our all rounders so they can concentrate on their key events, will be a number of athletes of proven ability who have joined from other clubs. There will be Nigel Bevan who placed 4th in the Javelin at the European Junior Championships and has a best throw of 73.76 - definitely a name for the future. Many will remember the name of Scott Wylde as a young Belgravian with a lot of promise in the jumping events. Scott left when we couldn't provide any appropriate Age Group competition (a lesson for us there) but he returns from Herne Hill as a multi-disciplined jumper with a best Long Jump of 7.23w. Also joined from HHH are Chris Ogle, a middle distance runner who has run 1.50.89 for 800m, Leroy Houghton, a 2.00m+ High Jumper and Ron Corbin, a 15 metre+ Triple Jumper. Strengthening the hurdles are Dennis Baptiste from Luton, who does the highs and lows, and Paul Chong from Bournemouth, a 14 seconds man. Mike Small will have something to think about in the Hammer with 22 year old Jimmy Summers who has thrown 55.74 - a club record will go there in 1988. From Brighton comes Darren Hall, 48.19 400m as a Junior last year, and last but by no means least we'll have the assistance of Femi Abejide, ex Haringey, a talented all rounder who is close to 16 metres in the Triple Jump.....Welcome to Belgrave.

GRE/BAL DIVISION 1

Match 1 - Portsmouth - May 9th: On a beautiful sunny day, Belgrave began their first year in Division 1 of the British Athletic League. Our team was not as strong as we had hoped to start our campaign and we were missing some of our star names. Best performance came from John Gladwin when he towed Seb Coe round to break his own league record in the 800m. In the 'B' race John Booth came within a whisker of winning but nevertheless set a pb of 1.52.77. Our first win in the top Division came from Jay Bask in the 'B' 400m. This was to be our only win of the day but we did sufficiently well to finish in 6th place just behind Blackheath and Shaftsbury but ahead of Newham and Southampton. Andy Aitken, John Wright, Paul Cuff, Akin Thomas, John Booth and Peter Farrell made their BAL debuts.

Match 2 - Alexandra Stadium, Birmingham - May 30th: Our second league match did not get off to a good start as the Hammer competition was of an incredibly high standard and both our throwers, Mike and Terry, were really up against it. Our long jumpers were also facing mighty opposition but our undaunted duo, Mike Bazire and John Druce did us proud. Ernest was back in our sprint team and with Marcus and Phil, managed 3 wins and 2 seconds to boost our points. There were also wins for Ken (Discus) and, on his BAL debut, for David Swain who had a fine win in the 1500m. Our 'piece de resistance' came in the 4x400m in the shape of John Regis who devastated the field on the third leg (46.7) to help set a new club record. Great stuff! This followed another club record in the 4x100m of 41.07. Other good performances came from Stu' Paton, Paul Cuff, John Wright, Abi Ekoku, Phil Lovell and Peter (I just made it) Farrell. Ian Bland and Derek Capper made their BAL debuts and it was good to see Alistair Johnson, Gregggy, Vince and Derek Brown back in the team. At the end of the day we were a clear fourth in the league having finished just 17 points behind Haringey.

Match 3 - Warley - July 4th: Back to the Midlands again and we were determined to hang on to our 4th place. Derrick Williams returned following injury, Marcus and Phil covered the sprints and again got maximum points in three out of five races. What a good example these two young men set. Dave Swain and Stuart Paton got good points in the 1500m with Stu' almost catching Rob Harrison in the closing stages! Phil Lovell again got good points in the Vault supported by Peter Farrell who dashed off after a couple of clearances to see ELO at Wembley! Phil Walker and Barney Gardner made their debuts. Although we scored less points than Match 2, our competitors were also weak and we retained our 4th place in the league with our last match in London.

Match 4 - Newham - July 25th: We wrapped up our first BAL campaign in East London knowing that a reasonable result would ensure that we finished in 4th place overall; but boy did we cut it fine! With a reasonable team we suffered a series of disasters and we ended up in 7th place on the day but we did retain our 4th place in the final league table, which was an incredible result in our first year. Phil Goedluck had a fine win in the 200m as did Dave Armstrong in the 'B' 100m. Stuart ran a great 1500m but his partner in the 'B' race, Matt Chaston, was unlucky. Matt was looking good with 200m to go but got tripped and was out of it - his chance will come again. Gareth Allison made his debut and set a Junior club record in the 110mH with a fine 15.56. Simon Maynard put the frighteners on Mike Hayes in the 'chase with a marvellous 9.15.19.

Next year Division One look out!

GRE CUP

2nd Round - Norbiton: A well balanced team had no real opposition in this second round match. Abi made his debut in the Hammer and promptly retired from the event! See results for some very good performances.

Semi-Finals - West London: This semi was likely to be tough without the help of the AAA's. They contrived to hold their Championships at Crystal Palace on the same day. We missed our first final by just three points and many post mortems were held in the following days on how we had missed out. Commiserations to Ken, Stuart, Vince, Mike Bazire, John Wright, Phil Walker, Phil Lovell and the others who did so much - but if only!

BRITISH LEAGUE DIVISION 1 1987

Match Code 1 - Portsmouth 9 May; 2 - Birmingham 30 May; 3 - Warley 4 July; 4 - Newham 25 July

| 100m | | | 200m | | | 400m | | | | | | | |
|--------------|---|---------------------------|--------------|--------------------|--------------------|---------------------|------------------|---------------------|---------------------|--------------------------------|-------------------|---------------------|--|
| 1 | 2 | P Goedluck 10.83 | 4 | D Armstrong 10.99 | 3 | P Goedluck 21.62 | 6 | M Bazire 22.96 | 5 | P Cuff 49.24 | 1 | J Busk 49.00 | |
| 2 | 1 | E Cheng 10.50 | 1 | P Goedluck 10.78 | 2 | M Adam 22.04 | 1 | P Goedluck 21.64 | 5 | P Cuff 48.64 | 6 | J Busk 49.40 | |
| 3 | 3 | M Adam 10.79 | 1 | P Goedluck 10.90 | 1 | M Adam 21.44 | 1 | P Goedluck 21.64 | 5 | P Cuff 48.88 | 3 | J Busk 48.83 | |
| 4 | 5 | P Goedluck 10.79 | 2 | D Armstrong 10.89 | D Armstrong* 21.53 | 1 | P Goedluck 21.58 | 3 | P Cuff 48.50 | 7 | J Busk 51.49 | | |
| 800m | | | 1500m | | | 5000m | | | | | | | |
| 1 | 2 | J Gladwin 1.46.81 | 2 | J Booth 1.52.77 | 5 | M Sinclair 3.50.71 | 3 | S Paton 3.52.72 | 5 | J Wright 14.30.96 | 6 | O Roote 15.10.12 | |
| 2 | 2 | S Paton 1.51.57 | 6 | J Booth 1.56.28 | 1 | D Swain 3.49.24 | 7 | R O'Hara 4.00.11 | 4 | J Wright 14.28.62 | 5 | D North 14.47.19 | |
| 3 | 8 | P Walker 1.56.92 | 6 | G Adams 1.54.91 | 2 | D Swain 3.46.65 | 2 | S Paton 3.51.89 | 7 | D North 15.06.82 | 6 | O Roote 15.29.96 | |
| 4 | 8 | J Booth 1.58.47 | 8 | R O'Hara 1.55.95 | 2 | S Paton 3.50.72 | 7 | M Chaston 4.01.26 | 5 | J Wright 14.19.00 | 8 | D North 15.47.93 | |
| 3000mSc | | | 110mH | | | 400mH | | | | | | | |
| 1 | 8 | M Bizio 9.45.7 | 6 | S Maynard 9.50.3 | 7 | M L-Bayley 15.75 | 8 | A Aitken 21.16 | 7 | M L-Bayley 63.42 | No 'B' competitor | | |
| 2 | 3 | M Hayes 9.10.04 | 3 | S Maynard 9.32.39 | 8 | D Capper 16.91 | 8 | A Johnson 17.28 | 7 | I Bland 55.07 | 8 | A Johnson 60.39 | |
| 3 | 8 | M Bizio 9.59.4 | 7 | L Lyons 10.16.3 | 7 | M L-Bayley 15.5 | D Capper * | 8 | I Bland 55.58 | 7 | D Williams 57.01 | | |
| 4 | 5 | M Hayes 9.14.47 | 2 | S Maynard 9.15.19 | 8 | M L-Bayley 15.80 | 6 | G Allison 15.56 | 6 | I Bland 55.19 | 6 | G Allison 60.46 | |
| High Jump | | | Long Jump | | | Triple Jump | | | | | | | |
| 1 | 7 | C Cornwell 1.90 | 6 | M L-Bayley 1.75 | 6 | A Aitken 6.55 | 6 | M L-Bayley 6.10 | 5 | A Aitken 13.83 | 6 | A Thomas 12.74 | |
| 2 | 5 | C Cornwell 1.90 | 3 | J Gregg 1.85 | 7 | M Bazire 6.27 | 7 | J Druce 5.76 | 4 | D Brown 14.52 | 6 | J Druce 12.27 | |
| 3 | 7 | B Gardner 1.85 | 4 | J Gregg 1.85 | 7 | D Williams 6.64 | 5 | M L-Bayley 6.38 | 5 | D Williams 14.08 | 4 | A Thomas 11.76 | |
| 4 | 5 | C Cornwell 1.95 | 6 | M L-Bayley 1.70 | 7 | D Williams 6.24 | 5 | M L-Bayley 6.18 | 5 | A Thomas 13.83 | 7 | M L-Bayley 11.53 | |
| Pole Vault | | | Shot Putt | | | Discus | | | | | | | |
| 1 | 6 | P Farrell 3.60 | 6 | P Lovell No height | 6 | A Eteki 15.15 | 2 | K Onuaguluchi 14.52 | 2 | K Onuaguluchi 53.52 | 3 | A Eteki 51.46 | |
| 2 | 2 | P Lovell 4.60 | 4 | P Farrell 3.70 | 5 | A Eteki 15.15 | 6 | K Onuaguluchi 13.20 | 3 | A Eteki 50.96 | 1 | K Onuaguluchi 50.02 | |
| 3 | 3 | P Lovell 4.60 | 5 | P Farrell 3.40 | 5 | A Eteki 15.19 | 3 | K Onuaguluchi 13.25 | 3 | K Onuaguluchi 51.10 | 3 | A Eteki 47.92 | |
| 4 | 2 | P Lovell 4.80 | 4 | M Shippen 3.20 | 7 | K Onuaguluchi 13.83 | A Eteki 3 fouls | 2 | K Onuaguluchi 53.32 | 3 | A Eteki 50.68 | | |
| Hammer | | | Javelin | | | 4x100m Relay | | | | | | | |
| 1 | 5 | M Small 48.18 | 4 | T Welsh 38.38 | 6 | K Onuaguluchi 54.78 | 3 | M Small 49.86 | 7 | Busk Bazire Cuff Goedluck | 43.37 | | |
| 2 | 7 | M Small 47.62 | 7 | T Welsh 38.70 | 4 | V Cornibert 53.02 | 5 | K Onuaguluchi 39.48 | 2 | Bazire Goedluck Adam Cheng | 41.07 | | |
| 3 | 7 | M Small 46.18 | 7 | T Welsh 31.02 | 7 | V Cornibert 54.26 | 7 | M Small 45.10 | 4 | Armstrong Bazire Goedluck Adam | 41.47 | | |
| 4 | 6 | M Small 46.88 | 6 | T Welsh 40.62 | 7 | K Onuaguluchi 49.34 | 6 | M Small 46.96 | 6 | Armstrong Busk Cuff Goedluck | 43.34 | | |
| 4x400m Relay | | | Match Result | | | | | | | | | | |
| 1 | 5 | Busk Bazire Sinclair Cuff | 3.19.12 | Har 409 | Bir 354 | W&B 305 | Bla 252 | Sra 242 | Bel 237 | N&E 201 | S&E 191 | | |
| 2 | 2 | Busk Bazire Regis Cuff | 3.14.49 | Bir 389.5 | W&B 353 | Har 303 | Bel 286 | Sra 221 | S&E 217 | Bla 214 | N&E 204.5 | | |
| 3 | 4 | Bazire Paton Busk Cuff | 3.15.21 | Bir 385 | Har 375 | W&B 341 | Bel 244 | Bla 237 | Sra 232 | N&E 225 | S&E 157 | | |
| 4 | 4 | Cuff Bland Busk Paton* | 3.25.05 | Bir 394 | Har 378 | N&E 286 | W&B 282 | Bla 246 | Sra 237 | Bels 207 | S&E 154 | | |

*Disqualified

FINAL LEAGUE POSITIONS 1st Birchfield 31 Ige Pts (1522.5 Match Pts) 2nd Haringey 28 (1465) 3rd Wolverhampton & Bilston 24 (1281) 4th Belgrave 15 (974) 5th Blackheath 15 (949) 6th Shaftsbury 14 (932) 7th Newham & Essex Beagles 11 (916.5) 8th Southampton & Eastleigh 6 (719)

GRE GOLD CUP

2nd Round - Norbiton - 14 June: 1st Bels 153 2nd Oxford 123.5 3rd HHH 111 4th Bedford 106.5

100m 2 J Minetti 11.1 200m 1 J Regis 22.0 400m 1 M Bazire 49.6 800m 1 S Paton 1.49.6 1500m 1 D Swain 3.49.6 5000m 1 J Wright 14.48.2 10000m 2 D North 31.39.5 3000mSc 1 M Hayes 9.15.6 110mH 2 M Lindsay-Bayley 15.7 400mH 1 I Bland 55.9 HJ No competitor FV 1 P Lovell 4.80 LJ 2 A Aitken 6.72 TJ 3 M Lindsay-Bayley 12.14 SP/DI/HI 1/1/5 A Eteki 14.78/48.96/25.64 JT 2 V Cornibert 55.44 4x100m 1 D Armstrong, Bazire, G Warr, Regis 42.8 4x400m 1 Busk, Bazire, Paton, Cuff. 3.20.8

Semi-Final - West London - 2 August: 1st Haringey 123 2nd TVH 108.5 3rd Bels 106 4th Woodford 92

100m 6 M Bazire 11.2 200m 3 D Armstrong 22.35 400m 3 P Cuff 48.8 800m 1 S Paton 1.52.83 1500m 3 P Walker 3.55.16 5000m 2 J Wright 14.31.32 10000m 8 P Sanders 32.42.3 3000mSc 6 M Hayes 9.33.1 110mH 6 M Lindsay-Bayley 15.8 400mH 4 I Bland 54.63 HJ 6 C Cornwell 2.00 FV 1 P Lovell 4.80 LJ 2 D Williams 7.06 TJ 8 D Williams 11.99 SP 3 K Onuaguluchi 13.90 DI 1 K Onuaguluchi 53.16 HI 4 M Small 47.40 JT 2 V Cornibert 58.40 4x100m 5 Armstrong, Williams, G Warr, Bazire 43.14 4x400m 3 Bazire, S Garcia, S Paton, Cuff 3.17.07

| SOUTHERN LEAGUE DIVISION 2 1987 | | | | | | | | | | | | | |
|--|------------------|---------|-------------------|--------------|------------------|-----------------|------------------|----------------|--------------|-----------------------------|-------------------|---------|--|
| Match Code: 1 Rortsouth 2nd May; 2 Battersea 23rd May; 3 Andover 6th June; 4 High Wycombe 4th July | | | | | | | | | | | | | |
| 5 Harrow 25th July 6 Battersea 15 August. | | | | | | | | | | | | | |
| 'A' | | 'B' | | 'A' | | 'B' | | 'A' | | 'B' | | | |
| 100m | | | | 200m | | | | 400m | | | | | |
| 1 | D Armstrong | 10.8 | 3 J Minetti | 11.1 | 4 J Minetti | 23.2 | 2 P Lyttle | 23.1 | 5 A Paton | 52.6 | 1 J Booth | 53.3 | |
| 2 | J Minetti | 11.6 | 1 P Lyttle | 11.5 | 2 J Minetti | 22.7 | 1 P Lyttle | 23.0 | 1 S Garcia | 51.1 | 1 A Paton | 50.9 | |
| 3 | J Minetti | 10.8 | 3 P Lyttle | 11.2 | 1 J Minetti | 23.1 | 1 P Lyttle | 23.6 | 3 A Paton | 54.4 | 2 M Chuter | 54.8 | |
| 4 | M Abrahams | 11.9 | 5 S Ledin | 12.7 | 2 P Lyttle | 22.8 | 3 G Sagar | 23.6 | 5 G Sagar | 53.4 | 3 M Chuter | 53.0 | |
| 5 | G Sagar | 11.8 | 5 M Scott | 12.3 | 4 G Sagar | 23.7 | 5 M Scott | 24.7 | 3 S Garcia | 51.7 | 4 M Chuter | 53.3 | |
| 6 | G Warr | 11.6 | 4 G Sagar | 11.8 | 5 G Sagar | 24.0 | 5 A Johnson | 25.4 | 3 S Garcia | 52.2 | 1 A Paton | 52.1 | |
| 800m | | | | 1500m | | | | 5000m | | | | | |
| 1 | R O'Hara | 1.59.0 | 1 S Limb | 2.03.5 | 2 J Chaston | 4.06.3 | 2 G Adams | 4.06.9 | 3 M Lake | 15.45.4 | 2 J Mather | 16.10.9 | |
| 2 | M Chaston | 1.58.6 | 1 G Adams | 2.04.9 | 3 P Walker | 3.57.4 | 2 J Chaston | 3.57.7 | 1 D North | 14.41.9 | 1 M Lake | 15.14.0 | |
| 3 | J Chaston | 2.18.7 | 1 G Adams | 2.10.9 | 2 P Walker | 4.14.1 | 1 M Chaston | 4.14.1 | 3 J Mather | 16.34.9 | 2 M Head | 16.35.5 | |
| 4 | M Chuter | 1.58.1 | 3 D Anderson | 2.08.1 | 4 G McGurran | 4.14.5 | 4 J Mather | 4.47.8 | 4 D Anderson | 16.36.8 | 4 J Mather | 18.09.3 | |
| 5 | P Walker | 1.57.0 | 3 N Clarke | 1.59.3 | 2 P Walker | 4.04.5 | 2 N Clarke | 4.10.9 | 5 D Anderson | 16.14.1 | 5 A Stone | 17.03.7 | |
| 6 | D Swain | 1.52.7 | 1 P Walker | 1.57.9 | 1 D Swain | 3.55.6 | 2 G Tieman | 4.07.1 | 1 M Lake | 15.13.4 | 2 L O'Hara | 16.21.5 | |
| 3000m | | | | 110mH | | | | 400mH | | | | | |
| 1 | M Bizio | 9.57.7 | 2 D Anderson | 10.28.9 | M Broad | Disq | 2 J Mole | 18.2 | 3 A Johnson | 62.7 | 3 J Mole | 63.4 | |
| 2 | L Lyons | 10.15.6 | 3 D Anderson | 10.25.0 | 3 D Capper | 17.2 | 2 J Mole | 19.4 | 4 G Allison | 60.2 | 3 A Paton | 62.7 | |
| 3 | M Bizio | 10.17.0 | 1 L Lyons | 10.28.1 | 3 J Mole | 17.9 | 4 G Adams | 30.0 | 5 M Bizio | 67.7 | 1 G Adams | 65.1 | |
| 4 | D Anderson | 10.57.0 | 3 A Gayton | 11.08.2 | 5 M Broad | 20.0 | 1 G Allison | 16.4 | 3 G Allison | 59.8 | 4 A Gayton | 66.3 | |
| 5 | L Lyons | 10.21.1 | No 'B' Competitor | | 3 M Broad | 17.0 | 2 J Mole | 17.8 | 5 A Johnson | 61.9 | 5 R Bridges | 77.8 | |
| 6 | L Lyons | 10.16.5 | 1 D Anderson | 10.36.3 | 4 A Johnson | 17.1 | 4 J Mole | 17.3 | 3 A Johnson | 59.5 | 5 M Scott | 66.3 | |
| High Jump | | | | Long Jump | | | | Triple Jump | | | | | |
| 1 | A Johnson | 1.25 | 5 N Phillips | 1.25 | 5 P Lyttle | 6.15 | 4 J Minetti | 6.01 | 3 J Mole | 12.59 | 5 D Mole | 10.0 | |
| 2 | G Cummings | 1.75 | 1 G Allison | 1.60 | 1 R Vassall | 6.48 | 4 J Druce | 5.66 | 4 J Druce | 12.68 | - R Vassall | - | |
| 3 | G Cummings | 1.70 | No 'B' Competitor | | 5 P Lyttle | 5.66 | 4 J Minetti | 5.47 | 4 J Mole | 12.49 | No 'B' Competitor | | |
| 4 | G Allison | 1.70 | 4 J Druce | 1.60 | 5 C Brooks | 5.96 | 1 P Lyttle | 5.88 | 1 J Druce | 13.37 | 1 J Mole | 12.96 | |
| 5 | G Sagar | 1.50 | 5 R Bridges | 1.20 | 5 S Garcia | 5.21 | 5 S Ledin | 5.21 | 4 J Mole | 13.06 | 1 J Druce | 13.00 | |
| 6 | B Gardner | 1.90 | 1 G Cummings | 1.75 | 4 R Nugent | 5.99 | 3 C Brooks | 5.91 | 3 J Mole | 13.09 | 1 J Druce | 13.07 | |
| Pole Vault | | | | Shot Putt | | | | Discus | | | | | |
| 1 | R Bridges | 2.05 | 3 A Johnson | 1.53 | 5 A Johnson | 8.96 | 5 N Phillips | 8.22 | 4 N Phillips | 30.06 | 4 A Johnson | 22.24 | |
| 2 | M Shippen | 3.00 | 2 R Vassall | 2.60 | 2 C Brooks | 11.70 | 1 J Martin | 11.46 | 1 C Brooks | 36.22 | 3 N Phillips | 31.52 | |
| 3 | C Brooks | 3.00 | 1 M Shippen | 3.00 | 2 J Martin | 11.36 | 1 C Brooks | 10.59 | 5 N Phillips | 29.76 | 3 C Brooks | 26.60 | |
| 4 | R Bridges | 2.20 | No 'B' Competitor | | 4 J Martin | 10.93 | 1 C Brooks | 10.86 | 3 C Brooks | 34.44 | 3 N Phillips | 28.14 | |
| 5 | R Bridges | 2.30 | No 'B' Competitor | | 1 J Martin | 11.39 | 5 A Johnson | 8.69 | 4 N Phillips | 32.02 | 4 J Martin | 26.36 | |
| 6 | C Brooks | 3.20 | 5 R Bridges | 2.10 | 3 C Brooks | 10.93 | 3 J Martin | 10.66 | 3 C Brooks | 34.32 | 3 N Phillips | 27.76 | |
| Hammer | | | | Javelin | | | | 4x100m Relay | | | | | |
| 1 | N Phillips | 31.14 | 3 R Bridges | 19.16 | 5 D Mole | 43.40 | 3 N Phillips | 41.38 | 2 | | | 44.5 | |
| 2 | N Phillips | 34.56 | 3 J Martin | 24.16 | 3 D Mole | 48.32 | 1 N Phillips | 47.14 | 2 | | | 44.7 | |
| 3 | N Phillips | 31.42 | 4 J Martin | 22.78 | 1 D Mole | 41.70 | 1 N Phillips | 40.32 | 3 | | | 45.6 | |
| 4 | N Phillips | 33.22 | 1 J Martin | 25.28 | 3 D Mole | 45.08 | 3 N Phillips | 44.52 | 3 | Abrahams Sagar Druce Lyttle | | 48.5 | |
| 5 | N Phillips | 33.08 | 3 J Martin | 22.44 | 3 N Phillips | 44.72 | 1 D Mole | 44.18 | 4 | | | 47.4 | |
| 6 | N Phillips | 31.66 | 4 J Martin | 22.70 | 3 D Mole | 47.68 | 2 N Phillips | 44.96 | 3 | | | 45.9 | |
| 4x400m Relay | | | | Match Result | | | | | | | | | |
| 1 | | | | 3.30.4 | R/Navy 120 | Basingstoke 112 | Norfolk 105 | Bels 100.5 | Crawley 96.5 | | | | |
| 2 | | | | 3.26.1 | Kingston & P 134 | Bels 132 | Richmond & T 109 | SH 100 | Basildon 53 | | | | |
| 3 | | | | 3.39.1 | Newbury 123.5 | Bels 117.5 | Enfield 112 | Baling & S 110 | Luton 65 | | | | |
| 4 | Allison McGurran | J Mole | Chuter | 3.39.2 | Hunslow 146 | Bels 99 | Wycombe 97 | Tonbridge 95 | Ipswich 89 | | | | |
| 5 | | | | 3.30.3 | Medway 143 | Bracknell 130 | QEH 101 | Old Gayt's 82 | Bels 79 | | | | |
| 6 | | | | 3.25.7 | Milt Kyns 149 | Bels 113 | Pareham 94 | Herts GW 94 | Hunt 88 | | | | |

Non Scoring Results

| | | | | | | | | | | | |
|---|-------|------------|---------|-----------|---------|-----------|---------|----------|--------|---------|--------|
| 1 | 800m | M Sinclair | 2.00.8, | D Graham | 2.01.1, | M Chaston | 2.02.8, | M Chuter | 2.03.7 | | |
| 6 | 1500m | J Booth | 4.13.3 | A Painter | 4.18.0 | S Zealey | 4.18.4 | M Smith | 4.38.8 | S Zedin | 4.38.9 |

Final Table:- Royal Navy 29 (798.5 match points) Bracknell 27.5 (802) Kingston & Poly 27 (825.5) 10th Bels 19 (641.5)

ROSENHEIM LEAGUE 1987

It was the closest we've come to winning this League yet as we were edged out in the Final by local rivals HW by just one point! Never mind there were some very high standards set in this last match for a supposed low key league with, for example, Felix Sandy running 21.6 and finishing 2nd and Phil Walker running a fine pb for 800m - 1.53.7 - and only in 4th! Heavy points scorers for us during the year were the usual mob - Mike Small, Joe Minetti and Mike Bazire (but we could have done with Joe and Mike B in the Final relay!) Some good 3000's from John Wright, Matt Chaston and, in a surprise turnout, John Gladwin having a time trial with Dave Clarke. Of the younger generation, Freddie Ocrach sprinted to some fast times for a 'Boy', equalling the club record over 200m, while Richard Blick showed middle distance promise. Not quite so young Alan Painter set a club Veterans best over 800m in Match 5. Gladwin won't be 40 'til 2003 Alan so you might hold on to that one for a while!

Match 1 - Tooting - 10 June / 1st 58 Pts: 100m 1 J Minetti 11.0 (M Bazire 10.9, J Busk 11.4, D Brown 11.8, M Bartlett 12.3) 200m 1 M Bazire 22.0 (J Minetti 22.5, P Lyttle 22.7, J Busk 23.0, D Brown 24.1, A Painter 25.4) 400m 1 S Paton 49.8 (S Garcia 51.2, A Paton 51.3) 800m 1 G Adams 2.00.1 (J Chaston 1.57.2, N Clarke 1.58.3, A Painter 2.02.9, M Bizio 2.08.3, J Rodd 2.15.4) 1500m 1 M Chaston 4.07.4 (S Zealey 4.14.1, L Coy 4.41.6) 3000m 3 S Maynard 8.39.0 (D North 8.31.7, R O'Hara 8.32.3, F Ward 8.52.1, M Bizio 9.11.3, J Mather 9.12.4, A Stone 9.51.0) 110mH 1 M Broad 16.6 4x200m 1st 1.31.4 HT 1 M Small 46.64 JT 1 V Cornibert 52.82 (M Small 47.56)

Match 2 - Tooting - 24 June / 3rd 43 Pts: 100m 1 J Minetti 11.1 (M Bazire 11.3, A Paton 11.7, D Brown 11.9) 200m 1 J Minetti 22.3 (J Busk 22.8, D Brown 23.3, M Bowers 24.8) 400m 1 M Bazire 50.1 (G Adams 51.6, P Walker 51.8, J Chaston 52.7) 800m 4 G McGurran 2.09.3 (D Clack 2.03.0, S Zealey 2.03.5, M Bowers 2.06.8, J Coy 2.17.3, N Khan 2.21.4) 1500m 2 M Bizio 4.06.5 (C Bird 4.26.5, C Chaston 4.27.2, L Coy 4.29.2, P Brown 4.32.0) 3000m 1 M Chaston 8.26.5 (F Ward 8.34.3, D Anderson 9.02.7, P Sanders 9.20.7, T Williams 9.31.0, A Stone 9.53.0) 4x200m 1st 1.30.5 (1.39.2) HJ 2 B Gardner 1.90

Match 3 - Battersea Park - 8 July / 1st 60 Pts: 100m 2 J Minetti 11.1 (M Bazire 11.0, J Busk 11.7, F Ocrach 12.0, S Lawrence 13.2) 200m 1 M Bazire 22.3 (J Minetti 22.4, J Busk 23.5, F Ocrach 24.7, R O'Hara 24.9) 400m (P Stevens 55.0, M Smith 60.4) 800m 2 N Clarke 1.58.8 (A Paton 1.57.3, P Turner 2.01.2, S Zealey 2.06.0, S Ledin 2.10.4, B Kelly 2.25.3) 1500m 1 R O'Hara 4.01.7 (D Clack 4.18.1, R Blick 4.20.9, P Sanders 4.21.1, J Mather 4.23.3, S Smullen 4.24.2) 3000m 2 F Ward 8.42.6 (P Sanders 9.08.0, D Anderson 9.17.7, A Stone 10.00.4) 2000mSc 4 L Coy 7.02.0 4x200m 1st 1.33.2 HT 1 M Small 47.82 JT 1 M Small 46.26 (M Lawrence 20.10) LJ 1 D Williams 6.77 PV 1 P Lovell 4.70

Match 4 - Tooting - 22 July / 2nd 47 Pts: 100m 1 J Minetti 11.3 200m 1 J Minetti 22.6 400m 2 A Grant 52.5 800m 2 A Paton 1.57.0 1500m 4 M Hayes 4.04.1 3000m 3 J Wright 8.20.0 (J Gladwin 8.04.?) 4x200m 1st 1.34.3 SP 1 M Small 12.26 DT 1 M Small 39.66 (N/s results not received)

Match 5 - Tooting - 5 August / 4th 35 Pts: 100m 4 M Scott 12.1 (F Ocrach 12.0, M Broad 12.1) 200m 4 M Scott 24.4 (F Ocrach 24.2) 400m 3 S Garcia 51.3 (A Grant 51.7, A Ross 53.5, A Munro 57.0) 800m 1 P Walker 1.55.2 (A Painter 1.59.1, S Zealey 2.02.9, T Rod 2.07.1, S Ledin 2.08.1, D Smith 2.13.4, D Ludlow 2.13.8) 1500m 2 N Clark 4.01.0 (M Hayes 4.04.2, A Paton 4.04.8 R Blick 4.17.4) 3000m 3 N Clarke 8.54.3 (P Sanders 8.48.5, A Stone 9.56.0) 4x200m (1.37.1) HT/JT 2/2 M Small 43.00/47.20

Final - Tooting - 19 August: 100m 1 F Sandy 10.8 (F Ocrach 11.7, P Lyttle 11.8) 200m 2 F Sandy 21.6 (F Ocrach 23.9) 400m 1 S Paton 50.2, 5 G Sagar(BoE) 52.9 (S Garcia 51.4, A Painter 54.9) 800m 4 P Walker 1.53.7 (C Ogle 1.52.1, S Zealey 2.00.1, G McGurran 2.05.3, S Ledin 2.07.7, M Smith 2.10.6 M Loder 2.40.2) 1500m 2 G Tiernan 4.01.4 (J Booth 4.02.6) 3000m 5 S Maynard 8.43.8 (R O'Hara 8.34.6, M Kinane 8.43.1, P Sanders 8.44.8, D Anderson 9.18.6, A Stone 9.53.7) 4x200m 4 1.32.1 HJ 3 B Gardner 1.85 TJ 1 D Brown 13.92 SP/DT 3/2 M Small 11.94/41.00

Final Result:- HW 50, Bels 49, Croy 48, M&S 44, SLH 39, BoEng 14

CLUB CHAMPIONSHIPS - BATTERSEA PARK

5000 METRES - 15 JUNE: Marcello Bizio quickly took Nigel Clark clear of John Mather and Don Anderson while Frank Ward dawdled through the opening laps at the rear of the field. Nigel faded from halfway as Frank made smooth progress to join Marcello with a couple of laps left and the writing looked on the wall for the man from Italy. Frank edged ahead in the final home straight but in an eyeballs out last 50 metres Marcello just got back up to win by the smallest of margins. In an equally gutsy battle John held off Don for third. 1 M Bizio 15.35.0; 2 F Ward 15.35.3; 3 J Mather 15.42.9; 4 D Anderson 15.45.6; 5 N Clarke 16.07.0; L O'Hara, A Stone, L Coy nt

10000 METRES - 13 JULY: Frank Ward again started slowly but this time had enough in hand to pull back the men ahead. Pete Sanders, in his first track season, had a promising run in 3rd. 1 F Ward 32.01.0, 2 M Head 32.35.5, 3 P Sanders 32.43.4, 4 T Williams 34.30, 5 A Stone 35.06, 6 D Anderson 35.49.7, 7 L Coy 36.47.1, 8 C Chaston 37.31.7, 9 L Mann 39.55.5.

MAIN CHAMPIONSHIPS - 11 JULY: A glorious day for our Centenary Championships was matched by some excellent performances, with heats necessary in many events. Newcomer Lenny Paul did the double in the 100m and 200m. Paul Cuff and Jay Busk had a head to head in the 400m with Paul just getting the verdict. Stuart Paton front ran the 800m and paced the 1500m to enable Matt Chaston to dip well under 4 minutes. In the guest events, Ken was 2nd in the Discus and Phil Lovell won the Pole Vault. Mike Small won another Hammer title and Vince beat a motley crew (!) in the Javelin. In the younger age groups, there were good performances from Richard Blick (800/1500) Joe Minetti (100) and Freddie Ocrach (100/200 Boys). The highlight of the day was the re-enactment of an 100 yards race from the turn of the Century. Six likely lads, in appropriate dress gave a fine exhibition of the art of sprinting!! - props provided by Ron Wyld and Brian Pritchard. There was a disputed finish - if only they had had photo finish equipment in 1887!

Seniors 100m (Ht 1) 1 Guest 11.3, 2 P Cuff 11.4, 3 G Adams 12.0, 4 M Scott 12.1, 5 R O'Hara 12.5 (Ht 2) 1 M Bazire, 11.1, 2 L Paul 11.3, 3 Guest 11.8, 4 J Booth 12.4, 5 M Lindsay-Bayley 12.5
6 A Bentt nt Final 1 L Paul 10.8 2 M Bazire 11.0, 3 Guest 11.2. 4 G Adams 12.0, 5 P Cuff 14.0
200m (Ht 1) L Paul 24.0, 2 G Sagar 24.3 3 M Scott 24.3, 4 J Booth 24.7, 5 R O'Hara NT (Ht2)
 1 J Minetti 23.4, 2 Guest 23.5, 3 M Bazire 24.0, 4 A Grant 24.4, 5 F Ward 27.0 Final 1 L Paul 22.3, 2 J Minetti 22.4, 3 M Bazire 22.6, 4 Guest 23.5, 5 G Sagar 24.0, 6 M Scott 24.5 400m
 1 P Cuff 52.4, 2 Guest 53.7, 3 F Ward 55.8, 4 T Rod 56.3, 5 M Smith 58.1 (Ht2) 1 G Sagar 53.1, 2 J Busk 53.7, 3 S Garcia 53.7, 4 R O'Hara 53.8, 5 V Cornibert 61.0, 6 D Ricks 61.8
Final 1 P Cuff 49.0, 2 J Busk 49.2, 3 S Garcia 54.6, 4 F Ward 57.0 800m 1 S Paton 1.52.8, 2 D Graham 2.00.7, 3 P Turner 2.02.0, 4 T Rod 2.10.2, 5 S Ledin 2.10.9, 6 D Luxdlow 2.15.1, 7 P Sanders 2.15.8, 8 B Kelley 2.17.0, 9 D Ricks 2.19.0, 10 A Stone 2.22.0, 11 O Fairhurst 3.40.3 1500m 1 M Chaston 3.55.9, 2 P Walker 4.00.9, 3 D Graham 4.01.9, 4 N Clarke 4.03.6, 5 A MacIntosh 4.04.8, 6 G McGurran 4.16.6, (No further times) 7 S Zealey, 8 D Clack, 9 P Sanders, 10 D Anderson, 11 L O'Hara, 12 L Coy, 13 A Stone, 14 A Fairclough, 15 B Kelley, 16 R Bale 110mH 1 M Lindsay-Bayley 15.8, 2 G Allison 16.2, 3 M Broad 16.8 HJ 1 B Gardner 1.90, 2 A Bentt 1.70, 3 M Chaston 1.70 PV 1 P Lovell 4.70, 2 Guest 4.20 LJ 1 S Wyld (Guest) 6.75 2 R O'Hara 5.83, 3 J Mole 5.25 TJ 1 J Mole 13.18, 2 J Druce 13.05, 3 B Gardner 12.18, 4 R Affleck 9.98 SP 1 M Small 12.80. 2 V Cornibert 8.64, 3 B Green 7.36 DT 1 Guest 54.02, 2 K Onuaguluchi 53.84, 3 Guest 50.48, 4 Guest 46.02, 5 M Small 41.56 HT 1 M Small 47.46, 2 T Welsh 40.10 JT (Old model) 1 V Cornibert 58.66, 2 D Mole 46.54 3 M Small 46.06, 4 R O'Hara 32.64, 5 A Paton 28.54, 6 M Shippen 28.12, 7 M Sinclair 25.46.

Juniors 100m 1 J Minetti 10.8, 2 J Mole 11.8, 3 A Grant 11.8, 4 J French 11.9

Youths 800m 1 R Blick 2.11.6, 2 N Khan 2.21.7, 3 T McLean 2.36.7 1500m 1 R Blick 4.26.9, 2 J Coy 4.43.9, 3 M Egerickx 4.51.0 LJ 1 R Affleck 4.62

Boys 100m 1 F Ocrach 11.8, 2 N Chu 12.4, 3 N Loftus 12.6, 4 G Bage 12.8, 5 S Herbert 14.6, 6 S Fairhurst 14.7 200m 1 F Ocrach 24.0, 2 N Chu 25.9, 3 S Abbaysinger 26.9, 4 J Harris 28.7 400m 1 M Loftus 57.7, 2 S Abbaysinger 60.3 800m 1 M Loftus 2.17.4, 2 E Bojtler 2.24.4, 3 O Fairhurst 2.29.4, 4 B Khan 2.33.7, 5 O Austien 2.38.2 1500m 1 G Bage 4.52.7, 2 S Abbaysinger 5.07.5, 3 D Hinson 5.19.1 80mH J Harris 15.4 HJ S Herbert 1.28 LJ 1 J Harris 4.91, 2 N Webster 4.14, 3 D Winson 3.67 SP 1 G Durrell 8.30, 2 W Chu 7.56, 3 P Dunn 6.06 DT 1 W Chu 25.24, 2 G Durrell 23.96, 3 P Dunn 16.36 HT 1 G Durrell 24.88, 2 P Dunn 18.64, 3 W Chu 16.90

Colts 100m 1 J Rand 12.8, 2 M Loftus 15.7, 3 P Sampson 16.1 200m J Rand 31.4 800m M Loder 2.43.5 HJ 1 M Loder 1.25, 2 G Pagett 1.05 LJ 1 J Rand 4.09, 2 M Loder 3.46, 3 M Loftus 3.38

EVENT ROUND UP OF INDIVIDUAL PERFORMANCES

100m Our sprinters were outstanding in 1987. Over 100m we had the sight of two of our men making the final of the AAAs and although it was Ernie Obeng who had collected the fastest semi final time (10.26) John Regis was first Bel across the line, collecting the Silver Medal and a pb of 10.37, ahead of not only our own number one for the past decade but also Wells and McFarlane. Only the American Dwayne Evans could edge out our rising star. In a blanket finish, Ernie was 5th in 10.41. John also finished ahead of Ernie, 10.45 to 10.56, when they took 4th and 5th in the Dairy Crest Games later in the season but timewise it was Ernie who had the fastest clockings. In addition to that 10.26 he had a 10.29 in Budapest and a remarkable 10.14 with marginal wind assistance when 2nd to Christie in the BR Sprint Trophy at Portsmouth in June. That's Ernie's fastest ever discounting a 10.1 manual timing. Earlier that day, Ernie had filled the same position in 10.30 for England v Czechoslovakia and Italy while in July Ernie was 3rd for England v USA in 10.38 and in August, 3rd at the IAC Meet in 10.39 for another couple of quality performances.

Our next fastest man was Sierra Leone International Felix Sandy who had signed membership after the Commonwealth Games last season. Felix spent most of the year in the USA where we understand he recorded a best of 10.38.

Our leading Junior, Marcus Adam, had a spectacular season. Over this distance he was 3rd in the UK's, 2nd in the BR Junior Sprint Trophy in 10.44w, had a fine win in the AAA's Juniors over Jamie Henderson, took 5th in the European Juniors, after collecting the club record from John Regis in the heats with 10.46, and won for GB Juniors against West Germany and Poland in 10.48. But perhaps Marcus' best 100 was his storming last leg to bring the GB Junior 4x100m team into the Gold medal position to beat FRG by one hundredth in the European Junior Championships. He had to do that of course to complete a Belgrave hat-trick of Junior Championship relay Golds!

Phil Goedluck found fewer top quality opportunities in his first Senior year but he was 6th in the UK's and in the BR Sprint Trophy (10.47w) and ran a seasons legal best 10.58 in the AAA's making the semi final amid hot competition. Joe Minetti won the Surrey Junior title and reduced his best to 10.8 while Mike Bazire, Dave Armstrong and Len Paul - a new member who trains with Dave and is a member of the British Bobsleigh Squad - were also under 11 seconds. And to follow in the footsteps of these, a young man showing much promise is Freddie Ocrach who ran a club best (manual timing) for a 'Boy' with 11.7.

200m John Regis commenced the season with a series of moderate runs by his standards while rounding into shape after injury and the first sign of the form to come was shown when he duffed up Derek Redmond over 300m in late July. That preceded John's brilliant run in the AAA's Championship where he just held on to an early dip to outlean the fast finishing Dwayne Evans in the astonishing time for Crystal Palace of 20.25 - a CBP and UK All Comers Record. That assured him of selection for the World Championships and three more 200's - 20.54 2nd to Jefferson at the IAC meet - 20.50 4th in Zurich - 20.78 2nd to Christie at the Dairy Crest - put the finishing touches on his preparations for what turned out to be our individual highlight of the year!

In ideal conditions in the 1960 Olympic Stadium, John sailed through the heats and semis getting progressively faster (Hts 1st 20.76, Rd2 3rd 20.60, Sf 1st 20.54) to take his place alongside the World's elite for the final. Let's allow Ron Pickering's TV commentary to pick up the story as the gun goes for a remarkable race.

"No problems with the start, Da Silva has gone off well, John Regis has closed down on Floyd Heard, John Regis is running a superb bend, John Regis is coming off the bend and Krylov in the red shirt, Regis and Da Silva, Regis is there and left Floyd Heard, Heard is coming back, John Regis hanging on, its going to be very close and John Regis is going to get there, John Regis gets there!"

If only Ron had been right! Reviewing the slow motion replay, the commentator recovered from his excitement...

"In the early part of the race, John Regis destroyed Floyd Heard's chances of this race, he runs a magnificent bend, he also does Da Silva of Brazil another of the close favourites. Krylov is fighting Queneherve in the blue and white and Calvin Smith has the terrific finish. John Regis has a magnificent three quarters of the race and look at his chest forward, if he could just duck like Jon Ridgeon then he may have made it but Calvin Smith is the fast

finisher on this side. What a superb run from the 20 year old, whatever medal he gets it has been magnificent. His concentration never deserted him. What he's done to World class American, Brazilian and Canadian sprinters here is no man's business and they were into a breeze against of .49 all the way down that long straight so that's an incredible time."

It certainly was. When the photo finish had been sorted out John had collected the Bronze medal in a new UK record - the first Senior UK record in track and field to be held by a Belgravian. 1. Smith (USA) 20.16; 2. Queneherve (France) 20.16; 3. John Regis 20.18; 4. Da Silva (Bra) 20.22; 5. Krylov (USSR) 20.35; 6. Heard (USA) 20.25; 7. Pavoni (Ita) 20.49; Mahorn (Can) 20.78.

And lets hear from John's TV interview also as he talks almost as well as he runs!

"... I dipped again too early but hopefully for next year I'll be able to rectify that. I wanted that line to be there so badly, I saw the dotted line so I thought dip now but again as I said that's about 10 metres before the actual line is so I was dipping way before I should have - that's what basically lost me the race but in saying that I've got to be pleased now, I've got the British record, ranked number one, so it's been a great World Championships for me really... I was drawn in lane 2 which wasn't necessarily a good draw for me; I had Robson Da Silva and Floyd Heard outside me so I just powered round the turn and then coming onto the straight I just concentrated on the finishing line, making sure of my high knee lift and just trying to keep form basically. But I knew the other guys would be coming on me slowly and slowly and as you can see there they're beginning to pick me up and unfortunately I start dipping 'there' which just cost me the gold medal but even so I'm pleased with my performance today ... With guys like Floyd Heard and Robson Da Silva who I've raced three times previously and never beaten and to beat them on an occasion like this has just been a Godsend to me really. I couldn't have predicted that I'd get in the top three but in saying that I've trained hard, worked hard with my coach, come back from injury and now I'm in effect the third best in the World at this moment."

You certainly are John and well done from all of us at Belgrave.

While John nearly conquered the rest of the World, Marcus Adam absolutely conquered the rest of Europe's Juniors at this distance when he was in blistering form at a damp Alexander Stadium, Birmingham in August. A time of 20.92 in the heats followed by 20.95 in the final was more than the rest could handle and taking a title previously won by Valeriy Borzov was pretty fair compensation for missing a medal over 100m earlier in the week. Marcus was in fact undefeated in all his Junior races over 200m. There were International wins for GB Juniors v West Germany and Poland (21.00) for The England Under 23's in Norway (21.26) and retention of his AAA Under 20 title in 21.30. But that emphatic European title was the one Marcus will savour.

Unbeknown to many, Felix Sandy was a second Belgravian selected for the World Championships at 200m. Felix represented Sierra Leone and placed 6th in his heat in 21.67. Making it a great year at 200, we also had Joe Minetti winning the Surrey Junior title, Mike Bazire the Sussex Title also placing 4th in the Inter Counties, and Freddie Ocrah equalling the Boys Club record!

400m New member Paul Cuff from New Zealand was our No. 1 with solid 48's through the season. Jay Busk was also under 49 a couple of times, placing 2nd in the Wilts County Champs and representing his County while Mike Bazire was inside 50 for the first time and took 3rd in the Sussex Champs. Mike Alleyne ran a 49 in May but was injured most of the season. Good progress was made by a number of youngsters at this distance, notably Steven Garcia, Alistair Grant and Adrian Ross.

800m John Gladwin won the UK Championships at this distance before a pelvic problem affected the heart of his season. John did however run a series of 1.46's and came back to run one of his best ever 800's at the IAC Meeting in August where he was a fast finishing 3rd ahead of the eventual World Silver medallist and the reigning Olympic Champion. Stuart Paton was an easy winner of the Surrey 800, took silver in the Southern Championships and was twice under 1.50 while John Booth made a fine early season breakthrough winning the Surrey Juniors (with Graham Adams in 2nd) and running 1.52. Phil Walker and Andy Moore were inside 1.54 and 17 Bels were under 2 minutes.

1500m/Mile It was sad to see John Gladwin unable to produce his best form in time to gain World Championship selection. However, a philosophical John was not displeased to have come through to 3rd in the AAA's in all the circumstances. Fortunately he shook off his injury

sufficiently to have a great run in Zurich where he so very nearly pulled back Bile over the mile, recording 3.51.02 (a run that must give food for thought in view of what followed in Rome) and he followed up with Mile wins at the Dairy Crest meet (with Gary Staines in 5th) and in Munich. In the Welsh Championships, Justin Chaston won the Junior title while brother Matt placed 4th in the Senior event, both significantly improving their best times during the season. Dave Swain became our 4th fastest ever 1500m runner with a 3.40.95 at the Rome Grand Prix while Glynn Tiernan was runner up in the Surrey Juniors.

3000m/5000m No sooner had the season started than we learned of Dave Swain's clearance for membership and the first club record of the season had fallen as Dave had chased home Sydney Maree in Philadelphia on 11 April in the fine time of 13.37.8 to remove Eire International Gerry Deegan from the record books. (That will please those members who preferred to recognise Geoff North as our record holder because Deegan never actually ran for the club. He was a paid up member for a year or so though). Back home Dave guested at the Portsmouth International meeting in June with a 3rd place in 13.58.43 and then collected his second club record with a 7.57.60 3000m at the Peugeot Talbot Games on 10 July before setting out for the World Student Games in Zagreb as Britain's only representative in the 5000m. Sadly he was unable to produce his best form there but he did collect the bronze medal. Meanwhile news had filtered through of a 13.45 debut 5000m from Gary Staines down under in Australia where Gary had been spending about 6 months at the Canberra Athletic Institute. A scientific diet under their advice to bring his weight down to around 9 and a half stones and his engagement to Long Jumper Nicole Boegman were two factors obviously doing him no harm. Gary returned home in July and our first view of him in action confirmed the point. Showing his best ever form at any distance Gary had a superb win over a classy 2 miles field at Gateshead, taking the notable scalp of Buckner, for another club best of 8.30.09. That was a week prior to running another blinder in the AAA's 5000m to take the silver medal, beaten only by a resurging European Champion. The club record had fallen again to 13.30.53 but the previous holder didn't go too badly himself as 16 seconds behind Gary came Dave in 12th place. These two then reduced their best 2 mile times; Gary to 8.26.15 at the IAC meeting and Dave to 8.33.92 at the Dairy Crest Games. Dave then called it a day for major competition but Gary was still rounding to a peak and took himself right into the reckoning for an Olympic Games place next year with a brilliant 13.20.00 at Crystal Palace in September with again only Buckner in front. We knew Gary would go well when he moved up from 1500's but that sort of time was remarkable - only a few seconds faster in their whole careers were such household names as Foster and Bedford! Not neglecting a 'workout' at a shorter distance, Gary then took a 4th place over 2000m in Lausanne beating a host of International stars in another fast time (4.53.69) having gone through 4 laps in 3.55! Gary returns to 'Oz' in February for a short period and all we can say is let's have more of the same next Summer Sport!

10000m There were few runs of note over this distance but in the improving John Wright we had the Southern Counties bronze medallist and in Kiwi Daryl Pantham the Surrey County 3rd placer.

3000mSc Illness curtailed Mark Sinclair's season but he had time to retain his County title with our only sub 9. Mike Hayes also had a quiet year but Simon Maynard made good progress.

Hurdles Gareth Allison became our fastest ever Junior High Hurdler in the last BAL match while Alistair Grant smashed the Youths 400mH record with 57.7 in the Public Schools Championships in Birmingham. We watch their progress with interest. Of the Seniors, over one lap, Ian Bland ploughed a somewhat lone furrow for us, his fastest being 54.51 in the Southern Championships. Tony Pamah was absent all season and Chris Knight was injured after a promising 3rd place in the Surrey Championships. But was that really John Regis who ran 24.0 for 200mH at Thurrock in September? Watch out Ed Moses!

Jumps Chris Cornwell equalled the club High Jump record with 2.00 in the GRE Cup while Phil Lovell's best pole vault result came with another 2nd place in the Southern Counties. Derek Brown was injured much of the season but went over 15 metres for a fine Triple Jump 4th place in the Inter Counties Championships and placed 6th in the 'Southern'.

Throws Abi Ekoku made good progress this year. In the Shot he placed 8th in the 'UKs' and 6th at the Pearl Invitation meet at Gateshead before breaking through the 16 metre line for a fine new club record at a Southern Counties match in August. With the Discus Abi was 7th in the 'UKs', 4th in the 'Southern' and 8th in the AAA's. He had a fine best throw of 53.42 and certainly kept Ken Onuaguluchi on his toes all season. Abi also made his International debut for an England Under 23 team against Belgium and Norway, placing 3rd with 52.42. Ken spun the plate out to 53 a few times but was slightly down in distance on previous seasons.

Nevertheless he was among the medals with 2nd places in both the Inter Counties and Southern Championships while his best shot came Indoors at the IAC Shot Day at Crystal Palace as early as February - a fine pb of 15.78.

A new name at the backend of the year was Nigel Bevan, one of the country's leading Javelin throwers, who became a member on 17 August and five days after that set new club figures for a Senior and Junior with 71.66 representing Southern Counties in Norway. That throw was with the new Javelin and superseded our previous best with the old model by a healthy 4 metres. That's some performance and we look forward to seeing Nigel in Claret and Gold next season.



Club Championships - 800m, Stu Paton (105) and Mike Bazire (23) at the end of first lap - Stu won in 1.52.8 Mike d.n.f. and (28) Matt Chaston, 1500m winner in 3.55.9.

CHAMPIONSHIP RESULTS SUMMARY

8 April SCAA 10000m 3rd J Wright 30.46.00 ; 29 April SCAA 3000m 8th J Wright 8.15.2, 12th S Paton 8.21.1 ; 16/17 May Sussex County Champs 100/200/400 4/1/3 M Bazire 11.3/22.2/49.8; Wilts County Champs 400 2 J Busk 49.6

SURREY COUNTY CHAMPIONSHIPS - 25/26 APRIL - 16/17 MAY 1987

COLTS: 200m S Booth 29.9ht BOYS: 1500m J Fairhurst 5.26.7ht

YOUTHS: 200m Hts. N Sutehall 25.9 400m 3 A Ross 52.7, 6 M Bowers 53.9(53.5ht) 800m 4 M Bowers 2.05.5 9(2.02.9ht) 9 S Herbert 2.11.1(2.08.3ht) A Munro 2.11.8ht J Coy 2.13.3ht 1500m 7 S Herbert 4.27.5(4.26.8ht) 8 A Munro 4.27.8(4.26.4ht) R Blick 4.22.4ht 3000m 5 R Blick 9.48.6, 11 M Edgerickx 10.02.7

JUNIORS: 100m 1 J Minetti 11.3, 6 R Nugent 12.1 200m 1 J Minetti 22.9 400m 5 J Booth 51.8 (51.6ht) 800m 1 J Booth 1.56.8, 2 G Adams 1.57.4 1500m 2 G Tiernan 4.00.9 (M Forrester 4.12.2ht) 3000m 2 M Kinane 9.00.4

SENIORS: 200m 6 P Lyttle 22.7 400m 6 P Lyttle 56.3 (52.3ht) 800m 1 S Paton 1.51.7, 6 R O'Hara 1.54.4, 9 P Walker 1.57.0; Hts.M Chuter 2.00.2 1500m 5 R O'Hara 3.54.1, 10 O Foote 3.57.2, 11 P Walker 3.57.5 (S Maynard 4.06.2ht) 5000m 6 D North 14.56.8 10000m 3 D Fantham 31.23.7 3000mSc 1 M Sinclair 8.58.1, 5 S Maynard 9.39.4 400mH 3 C Knight 56.0 4x400m 5th Belgrave 'A' 3.28.8

UK CHAMPIONSHIPS - DERBY - 24/25 MAY: 100m 3 M Adam 10.61 (10.59ht) 6 P Goedluck 10.67 (10.59ht) (D Armstrong 10.97ht) 400m J Busk 49.84ht 800m 1 J Gladwin 1.47.66 (S Limb 1.55.75ht) 3000mSc M Sinclair 9.08.43ht, M Hayes 9.32.63ht 400mH I Bland 56.11ht SP 8 A Ekoku 15.59 DT 7 A Ekoku 51.20 (53.42Qual) INTER COUNTIES CHAMPIONSHIPS - CORBY - 31 MAY: 200m 4 M Bazire 22.0 TJ 5 D Browne 15.03 DT 2 K Onuaguluchi 51.92 SCAAA CHAMPIONSHIPS - C/PALACE - 26/27 JUNE 400m M Bazire 49.83ht, J Busk 49.41ht 800m 2 S Paton 1.51.35 (P Walker 1.54.6ht, G Adams 1.59.0ht) 400mH I Bland 54.51ht TJ 6 D Browne 14.93 PV 2 P Lovell 4.70 DT 2 K Onuaguluchi 53.90, 4 A Ekoku 51.16

AAA CHAMPIONSHIPS - CRYSTAL PALACE - 1/2 AUGUST

100m 2 J Regis 10.37, 5 E Obeng 10.41(10.26sf) (P Goedluck 10.58sf; M Bazire 11.26ht) 200m 1 J Regis 20.25 (P Goedluck 21.97ht) 400m P Cuff 48.74ht 800m S Paton 1.49.66ht 1500m 3 J Gladwin 3.42.14 (3.40.92ht) 5000m 2 G Staines 13.30.53, 12 D Swain 13.46.15 DT 8 A Ekoku 49.42



MUSCLE BOYS :: "JUNIOR" ATHLETES MARCUS ADAM And PHIL GOEDLUCK SHOW THAT THEY HAVE ARM AS WELL AS LEG POWER - WATCH OUT KEN ONUAGULUCHI..

McVitie's Gold Challenge 25 x 1 Mile Relay.

THE WORLD'S FIRST SOLO SUB-FOUR MINUTE MILE IS ACHIEVED IN McVITIE'S CHALLENGE

Running the final stage for his club, Belgrave Harriers, in the McVities Gold Challenge 25 x 1 mile Relay on Sunday 4th October, Gary Staines set the fastest individual time of the day, emphatically breaking the four minute barrier in 3mins 59sec. Staines, the AAA 5,000 metres silver medallist earlier this year, thus became the first sub four-minute miler in this kind of race, and since he ran unopposed around the Battersea Park Track, the first recorded sub-four minute mile solo in a properly organised race (Reprint from APA press release).



Gary Staines finishing the final stage of the 25 x 1 mile Relay.

The photographs on the following two pages show all the clubs "A" team runners although not all of the take-overs were photographed.- L.to R. They are in takeover order and identifiable by the numbers in Result Sheet.





4 October 1987 - McVITIES GOLD CHALLENGE 25 x 1 MILE RELAYNational Result

| | |
|----------------------|---------------------|
| 1. Sale Harriers | 1hr 54mins 32.5secs |
| 2. Sunderland Hrs | 1 " 55 " 30.3 " |
| 3. Belgrave Harriers | 1 " 56 " 04 " |

Fastest Individuals

| | |
|--------------------------|---------------|
| 1. Gary Staines B.H. | 3mms 59.0secs |
| 2. S Mugglestone Swindon | 4 " 02.0 " |
| 3. R Fitzsimmon | 4 " 14.0 " |

"McVities" took over from "Nike" in sponsoring this year's 25 x 1 mile relay and our usual venue of Crystal Palace was transferred to Battersea Park.

Following the demise of the gas boiler at Belgrave Hall this race was seen as a good means of fund raising for the replacement.

The "A" team put in a splendid performance - finishing 1st in the Battersea Park race and 3rd in the overall National event and earning £800 for funds. Club patron, Mr Eddie Kulukundis, agreed with a wonderful gesture, to double the amount. Star of the day was Gary Staines who was the only person throughout the country to dip under 4 minutes. John Wright was second fastest Belgravian with 4 min 20 secs. Four teams finished at the Battersea park race and some unfamiliar names were recorded on an excellent day for the club.

Leo Coy

Belgrave results

| <u>'A' Team.</u> | <u>'B' Team.</u> | <u>Young Ath.</u> | <u>Ladies.</u> |
|--------------------|-------------------|--------------------|--------------------|
| 1.M Chaston 4.32 | B Booth 6.27 | N Khan 5.06 | J Coppinger 5.23 |
| 2.J Chaston 4.25 | S Garcia 5.14 | D Austin 5.44 | J Bacon 7.46 |
| 3.A Moore 4.34 | D Mote 5.47 | S Herbert 6.26 | J Stone 5.45 |
| 4.G Tiernan 4.37 | S Ledin 5.06 | R Blick 4.51 | J Gould 7.40 |
| 5.D North 4.55 | T Stone 5.11 | A Munro 4.58 | A Laing 5.50 |
| 6.D Foote 4.36 | C Lawton 5.26 | A Grant 5.55 | C Woods 6.58 |
| 7.P Saunders 4.33 | M L-Bayley 5.26 | S Abbersinger 5.32 | F Laing 7.33 |
| 8.D Anderson 4.42 | P Sutton 7.03 | M Loder 5.55 | J Smiter 6.18 |
| 9.G Adams 4.28 | D McMillan 5.01 | B Khan 5.29 | G Husbands 6.01 |
| 10.M Bizio 4.31 | J Davies 6.15 | E Davies 6.09 | S Huntley 6.20 |
| 11.M Bazire 5.00 | R Bale 5.14 | E Bojtler 5.28 | A Fenyo 7.12 |
| 12.S Maynard 4.40 | D Forester 5.52 | D Winson 5.39 | B Hill 5.46 |
| 13.J Mather 4.57 | M Scott 5.37 | F Ocrah 5.58 | A Witherspoon 6.44 |
| 14.D Fantham 4.37 | P Tiernan 5.22 | Frank 5.39 | L Gannon 6.18 |
| 15.M Hayes 4.28 | J Tiernan 5.25 | S Booth 6.24 | N Fenyo 6.47 |
| 16.A Gayton 5.02 | B Bridges 5.13 | C Griffin 7.01 | S Loder 5.56 |
| 17.M Sinclair 4.40 | D Smith 4.41 | G Padgett 7.07 | W Dunsford 7.24 |
| 18.J Barry 4.37 | M Shippen 6.14 | J Coy 5.49 | S Morrison 7.16 |
| 19.J Slough 5.05 | P Gannon 7.23 | D McKerrell 6.05 | A Abrams 6.47 |
| 20.L Coy 4.58 | C Shippen 6.44 | G Frankland 5.58 | J Borthwick 6.23 |
| 21.J Wright 4.20 | D Ludlow 5.23 | B Quintevale 5.25 | D Conard 6.00 |
| 22.L O'Hara 4.49 | D Ricks 5.11 | C Manning 8.10 | J Stones 5.51 |
| 23.A Paton 4.35 | J Busk 5.05 | C Christou 7.16 | G Husbands 6.09 |
| 24.S Paton 4.26 | B Pritchard 6.09 | W Laws 5.41 | L Gannon 6.15 |
| 25.G Staines 3.59 | T Fairclough 5.10 | D Gordon 6.04 | J Coppinger 5.35 |

This 25 x 1 mile relay sponsored by McVities was promoted nationally by Alan Pascoe Associates who delegated local clubs to organise the event at 10 various venues. Belgrave Harriers were allocated Battersea Park and Leo Coy was saddled with the unenviable task of piloting the event through its tortuous channels and with the aid of such die-hards as Harry Porter, Brian Pritchard, Clive Shippen, who on the day of the race had to contend with such things as the non-arrival of a marquee and technical things as a public address system and converting a 400 metre lap track to 440 yards, they produced the goods in an absolutely first class show. Their efforts are deeply appreciated.

J G Coleman



The other side of the 25 x 1 Mile Relay - The Organisation.

Top L-R. Bill Laws (Team Manager), Bill Lucas (President), Leo Coy (Major Domo),
The Recorders - Bill Couzens, John Morris, Derek Jones, Muswell Hill Runners rep.

Centre L-R. Leo Coy, Brian Pritchard, Clive Shippen (The Grafters pause to pose)
 Mr. Starter- Arthur Penny, and I.T.M.A..

Bottom L-R. The Timekeepers - Derek Crookes, Ted Moore, Bill Guttridge, Cyril
 Gittins, Harry Porter (another of the of the Grafters) with I.T.M.A.
 getting their wires crossed.

Photos Joe Coleman

VETS CORNER

Alan Painter and Dave Mole were new Vets this track season and both set club records. Alan ran 1.59.9 for 800m on his 40th Birthday, reducing that time to 1.59.1 in a Rosenheim League match. He won the Southern Counties 800m and an Inter Area representative match by wide margins, collected three Vets AC titles and placed 6th in the National Championships. Dave, who was a leading National Junior with the Javelin in 1966 (67.44m) threw 47.68 with the new model implement in a Southern League match which was further than our previous best with the old spear. Another record fell to Leo Coy in the 2000m Steeplechase.

Snowy Brooks is now moving to the upper end of the 1A Group but he still likes collecting those Championship medals. Southern Bronze in the Javelin, National Silver in the 110mH and Bronze in the Long Jump were added this year. Snowy also equalled his own Vets Pole Vault mark of 3.20 in the last Southern League match. Indoor results received too late for the last edition showed Snowy to have raised his World Indoor best Pentathlon mark to 2814 (60H 9.2; LJ 6.01; SP 11.52; HJ 1.65; 1000m 3.13.2) to win the British Vets Champs with separate Silvers over 60mH and in the Long Jump. Snowy's just a lad of course alongside Laurie O'Hara who moved into the 2B Group this year. Laurie was 2nd in the Vets AC 10000m Champs (1st 0/50) and ran 16.21 in a Southern League match still twinkling round the last lap like a 20 year old. Laurie also ran a 4.24 1500m and was first 0/50 man home in the Vets AC 1500m. Another new Vet this year, Phil Smith ran 12.5 (100m) and 56.5 (400m) before getting crocked while Tony Stone continues to improve at the age of 46 with a good run in the Club 5000m being his best performance, together with the Vets AC 0/45 title at the same distance.

And on the road:-

| <u>Vets AC 10M Champs 2.5.87</u> | <u>Vets AC 5.2M Champs 16.6.87</u> | <u>UK Vets Half Marathon -Welwyn 26.7.87</u> |
|----------------------------------|------------------------------------|--|
| 3(1/2A)L O'Hara 55.32 | 11(3/1B) A Stone 29.12 | 53 L O'Hara 75.33 (3rd 2B) |
| 6 C Steer 57.23 | 14 J Wasbrough 30.16 | 109 A Stone 80.59 |
| 15 A Stone 59.29 | 26 G Collins 33.02 | 131 M Newton 82.22 |
| 34 L Mann 66.47 | 33 D Davies 35.21 | 297 L Mann 91.11 |
| 36 C Cross 67.12 | 44(3/3B) R McMullen 40.48 | 381 P Davies 96.59 (3rd F50) |
| 46 D Davies 73.34 | | 503 D McMullen 109.36 |
| 54(2/3B)R McMullen 80.22 | | 547 P Wright 121.48 (4A Group!) |



Some of our 20 miles Road Run Team.No 5 C Cross, 21. J Wasbrough, 6. F Gander, 12. M Lake, 3. F Barrett (with apologies to Nos 143 and 144 whose names were not in my programme).

MENS RANKINGS 1987 Compiled by Steve Williams * Club record; M Imperial distance conversion

| 100m | | 200m | | 400m | | High Jump | | | |
|----------------|--------------|--------------------------------|-------------|------------------|----------|----------------------------|-------------|-------------|------|
| E Obeng | 10.14w10.26 | J Regis | 20.18* | P Cuff | 48.50 | C Cornwell | 2.00=* | | |
| J Regis | 10.37 | M Adam (J) | 20.92 | J Busk | 48.83 | B Gardner | 1.90 | | |
| F Sandy | 10.38 | P Goedluck | 21.58w21.62 | S Paton | 49.2 | J Gregg | 1.85 | | |
| M Adam (J) | 10.44w10.46* | F Sandy | 21.67 | M Alleyne | 49.5 | M L-Bayley | 1.75 | | |
| P Goedluck | 10.47w10.58 | D Armstrong | 21.? | M Bazire | 49.6 | G Cummings | 1.75 | | |
| D Armstrong | 10.89w10.97 | M Bazire | 22.0 | P Lyttle | 50.2 | A Bentt | 1.70 | | |
| J Minetti (J) | 10.8 | P Cuff | 22.2 | A Paton | 50.9 | M Chaston | 1.70 | | |
| L Paul | 10.8 | P Lyttle | 22.46 | S Garcia (J) | 51.1 | G Allison (J) | 1.60 | | |
| M Bazire | 10.9 | J Minetti (J) | 22.3 | G Adams (J) | 51.6 | J Druce | 1.60 | | |
| P Cuff | 11.2 | L Paul | 22.3 | J Booth (J) | 51.6 | A Munro (Y) | 1.60 | | |
| P Lyttle | 11.2w11.5 | J Busk | 22.8 | A Grant (Y) | 51.7 | F Ocrah (B) | 1.60 | | |
| J Busk | 11.4 | A Paton | 23.5 | P Walker | 51.8 | Pole Vault | | | |
| G Warr (J) | 11.6 | G Sagar | 23.6 | J Chaston (J) | 52.7 | P Lovell | 4.80 | | |
| F Ocrah (B) | 11.7 | F Ocrah (B) | 23.9=* | A Ross (Y) | 52.7 | P Farrell | 3.70 | | |
| A Paton | 11.7 | D Browne | 24.1 | G Sagar | 52.9 | C Brooks (V) | 3.20=* | | |
| D Browne | 11.8 | M Scott | 24.4 | M Chuter | 53.0 | M Shippen | 3.20 | | |
| A Grant (Y) | 11.8 | A Grant (Y) | 24.4 | M Bowers (Y) | 53.5 | R Vassall | 2.60 | | |
| J Mole (J) | 11.8 | J Booth (J) | 24.7 | R O'Hara | 53.8 | Long Jump | | | |
| G Sagar | 11.8 | M Bowers (Y) | 24.8 | A Painter (V) | 54.7 | D Williams | 7.06 | | |
| M Abrahams | 11.9 | 1500m | | P Stevens | 55.0 | A Aitken | 7.00 | | |
| J French (Y) | 11.9 | J Gladwin | 3.35.7 | F Ward | 55.8 | R Vassall | 6.48 | | |
| 800m | | D Swain | 3.40.95 | P Smith (V) | 56.5 | P Lyttle | 6.47 | | |
| J Gladwin | 1.46.38 | G Staines | 3.41.31 | ***** | | | | M L-Bayley | 6.38 |
| G Staines | 1.49.3 | S Paton | 3.47.8 | Mile | | | | M Bazire | 6.27 |
| S Paton | 1.49.66 | M Sinclair | 3.50.71 | J Gladwin | 3.51.02* | J Minetti (J) | 6.01 | | |
| C Ogle | 1.52.1 | J Chaston (J) | 3.52.3 | G Staines | 3.59.58 | R Nugent | 5.99 | | |
| D Swain | 1.52.7 | M Chaston | 3.52.4 | R O'Hara | 4.12.? | C Brooks (V) | 5.96 | | |
| J Booth (J) | 1.52.77 | D Graham | 3.53.? | 3000m | | | | Triple Jump | |
| A Moore | 1.53.4 | R O'Hara | 3.54.1 | G Staines | 7.51.9M* | D Browne | 15.03w14.93 | | |
| P Walker | 1.53.7 | P Walker | 3.55.16 | D Swain | 7.57.60* | D Williams | 14.08 | | |
| R O'Hara | 1.54.4 | O Foote | 3.57.2 | J Gladwin | 8.04.? | A Aitken | 13.83 | | |
| G Adams (J) | 1.54.91 | S Maynard | 3.58.6 | J Wright | 8.15.2 | A Thomas | 13.83 | | |
| J Chaston (J) | 1.55.4 | G Tiernan (J) | 4.00.9 | S Paton | 8.19.3 | J Mole (J) | 13.18 | | |
| S Limb | 1.55.75 | N Clarke | 4.01.0 | M Chaston | 8.26.5 | J Druce | 13.37 | | |
| M Chaston | 1.56.5 | J Booth (J) | 4.02.6 | D North | 8.31.7 | B Gardner | 12.18 | | |
| A Paton | 1.57.0 | M Hayes | 4.04.2 | R O'Hara | 8.32.3 | M L-Bayley | 12.14 | | |
| M Chuter | 1.58.1 | A McIntosh | 4.04.8 | J Chaston (J) | 8.34.0 | Shot Putt | | | |
| N Clarke | 1.58.3 | A Paton | 4.04.8 | F Ward | 8.34.3 | A Ekoku | 16.12* | | |
| A Painter (V) | 1.59.1* | M Bizio | 4.06.5 | S Maynard | 8.39.0 | K Onuaguluchi | 15.78i | | |
| S Zealey | 2.00.1 | G Adams (J) | 4.06.9 | P Sanders | 8.39.0 | M Small | 12.80 | | |
| D Graham | 2.00.7 | D Clack | 4.10.7 | M Kinane (J) | 8.41.0 | C Brooks (V) | 11.70 | | |
| M Sinclair | 2.00.8 | N Clarke | 4.10.9 | N Clarke | 8.54.3 | J Martin | 11.46 | | |
| F Ward | 2.01.1 | A Painter | 4.11.6 | M Bizio | 8.56.2 | Discus | | | |
| P Turner | 2.01.2 | M Forrester (J) | 4.12.2 | D Anderson | 9.02.7 | K Onuaguluchi | 53.90 | | |
| M Bowers (Y) | 2.02.9 | S Zealey | 4.14.1 | J Mather | 9.12.4 | A Ekoku | 53.42 | | |
| D Clack | 2.03.0 | G McGurren (J) | 4.14.5 | T Williams | 9.31.0 | M Small | 42.86 | | |
| M Kinane (J) | 2.03.? | R Blick (Y) | 4.17.4 | A Stone (V) | 9.51.0 | C Brooks (V) | 36.22 | | |
| G McGurren (J) | 2.03.5 | 10000m | | 110mH | | | | | |
| A Ross (Y) | 2.03.? | J Wright | 30.46.00 | G Allison (J) | 15.56* | N Phillips | 32.02 | | |
| 5000m | | D Fantham | 31.23.7 | M L-Bayley | 15.5 | J Martin | 26.36 | | |
| G Staines | 13.20.00* | D North | 31.39.5 | M Broad | 16.6 | Hammer | | | |
| D Swain | 13.37.8 | F Ward | 32.01.0 | D Capper | 16.91 | M Small | 48.68 | | |
| J Wright | 14.19.00 | M Head | 32.35.5 | A Johnson | 17.1 | T Welsh | 40.62 | | |
| D North | 14.41.9 | M Lake | 32.39.6 | J Mole (J) | 17.3 | N Phillips | 34.56 | | |
| O Foote | 15.10.12 | P Sanders | 32.42.3 | 400mH | | | | | |
| M Lake | 15.13.4 | L O'Hara (V) | 34.17.0 | I Bland | 54.51 | A Ekoku | 25.64 | | |
| M Bizio | 15.35.0 | 3000mSc | | D Knight | 56.0 | J Martin | 25.28 | | |
| F Ward | 15.35.3 | M Sinclair | 8.58.1 | C Williams | 57.01 | Javelin | | | |
| J Mather | 15.42.9 | M Hayes | 9.10.04 | A Johnson | 59.5 | N Bevan (J) | 71.66* | | |
| D Anderson | 15.45.6 | S Maynard | 9.15.19 | G Allison (J) | 59.8 | V Cornibert | 58.40 | | |
| N Clarke | 16.07.0 | M Bizio | 9.45.7 | A Paton | 62.7 | K Onuaguluchi | 54.78 | | |
| L O'Hara (V) | 16.21.5 | L Lyons | 10.15.6 | J Mole (J) | 63.4 | M Small | 49.86 | | |
| S Williams | 16.32.0 | D Anderson | 10.25.0 | A Grant (Y/84cm) | 57.7* | D Mole (V) | 47.68* | | |
| 4x100 41.07* | | Bazire, Goedluck, Adam, Obeng. | | 4x400 3.14.49m* | | N Phillips | 47.14 | | |
| | | | | | | C Brooks (V) | 42.40 | | |
| | | | | | | Busk, Bazire, Regis, Cuff. | | | |

BELGRAVE HARRIERS TRACK AND FIELD BEST PERFORMANCES

| EVENT | VETERANS | SENIORS | JUNIORS |
|---------|---|--|---|
| 100m | 11.9n C Gillett (83) 12.0 C Brooks (85) | 10.21 E Obeng (80+81) | 10.46 M Adam (87) |
| 200m | 23.6 C Gillett (82) | 20.18 J Regis (87) | 20.78 J Regis (85) |
| 400m | 53.4 C Gillett (83) | 47.7 G Leroy (60) 47.7* B Morris (61) | 48.9 J Gladwin (82) |
| 800m | 1.59.1 A Painter (87) | 1.45.14 J Gladwin (86) | 1.46.46 J Gladwin (82) |
| 1500m | 3.58.5 L O'Hara (73) | 3.35.26 J Gladwin (86) | 3.42.86 S Paton (82) |
| Mile | 4.21.5 L O'Hara (73) | 3.51.02 J Gladwin (87) | 4.09.5 J Gladwin (80) |
| 3000m | 8.22.0 L O'Hara (73) | 7.51.9* G Staines (87) 7.57.60m D Swain (87) | 8.14.5 P Richley (83) |
| 5000m | 14.28.2 L O'Hara (72) | 13.20.00 G Staines (87) | 14.50.1* A Major (66) 14.55.8m A North (85) |
| 10000m | 30.21.0 L O'Hara (75) | 29.09.2* Gerry North (67) 29.21.0m " (68) | 33.18.4* A Major (66) |
| 2000mSc | 7.02.0 L Coy (87) | 5.31.4 J Bicourt (76) | 5.53.5 S Paton (80) |
| 3000mSc | 9.26.4 J Bicourt (86) | 8.22.82 J Bicourt (76) | 9.32.5 S Maynard (86) |
| 4x100mR | No known mark | 41.07 M Bazire M Adam P Goedluck E Obeng (87) | 42.6* J Mitchell D Gleeson C Martin J Vivian (65) |
| 4x400mR | No known mark | 3.14.2* P Eldridge B Morris G Worrell G Leroy (61) 3.14.49m J Busk M Bazire J Regis P Cuff (87) | No known mark |
| 110mH | 16.19 C Brooks (99.6cm (84) 17.1 " (106.7cm (85) | 14.5 T Taylor (85) | 15.0 M L-Bayley (99.6cm (78) 15.56 G Allison (106.7cm (87) |
| 400mH | No known mark | 53.1 M Ford (70) | 58.6 R Hopkins (73) |
| HJ | ? C Brooks (85) (1.65i C Brooks 87) | 2.00 J Gregg (83) 2.00 C Cornwell (85&87) | 2.00 C Cornwell (85) |
| PV | 3.20 C Brooks (85+87) | 4.90 P Lovell (83,85,86) | 4.20 M Shippen (77) |
| LJ | 6.59 C Brooks (86) | 7.52 D Williams (83) | 7.13 M Scott (74) |
| TJ | No known mark | 16.22 D Boosey (68) | 15.47 R Heward-Mills (71) |
| SP | 11.97 T Gaworski (57) | 16.12 A Ekoku (87) | 16.18s J P-Jones (5.44kg (54) 11.49 M King (7.257kg (77) |
| DT | 41.05 T Gaworski (57) | 56.68 K Onuaguluchi (86) | 41.96s J Grey (1.5kg) (49) 35.76 M King (2.0kg) (77) |
| HT | 41.92 W Treharne (83) | 52.32 P Porter (57) | Inferior to Youths mark |
| JT | 47.68 D Mole (87) | 71.66 N Bevan (87) | 71.66 N Bevan (87) |
| PENT. | 3475 (V Eq) C Brooks (85) | | 2816 R Jones (Imp) (65) 2598m P Crosbie (77) |
| DEC. | 4993 (S Eq) C Brooks (85) | 6727 C Brooks (78) | 5161 R Hopkins (Snr Eq) (73) |

* = Performance converted to metric equivalent from imperial event m = actual metric record
s = Performance with superseded weight but not clearly intrinsically bettered by throw with heavier implement. n = no wind gauge

In Steve Williams' 5³/₄ mile Road Run Table the name of Alan Jerman occurs next to last with a date of Mar. 40. With the maxim of "Lest we forget" in mind I would mention that Alan Jerman was unfortunately Belgrave Harriers' first fatality in World War II. He was serving in the RAF as an Air Gunner.

See page 43.

J.G.C.

BELGRAVE HARRIERS YOUNG ATHLETES TRACK AND FIELD BEST PERFORMANCES

| EVENT | YOUTHS | | BOYS | | COLTS |
|--------------------------|----------------------|---|---------------------|--|-----------------------------------|
| 100m | 10.96 | P Goedluck (84) | 11.92 | I Gilley (86) | 12.0 I Gilley (84) |
| 200m | 22.14 | P Goedluck (84) | 23.9 | C Gardner (83) I Gilley (86) F Ocrach (87) | 24.6 I Gilley (84) |
| 400m | 49.29 | S Richards (84) | 52.6* 52.6m | R Hudson (61) S Richards (82) | 56.6 I Gilley (84) |
| 800m | 1.54.3 | J Gladwin (79) | 2.03.79 | A Ross (86) | 2.22.4 M Cannon (76) |
| 1500m | 4.02.8 | G Tiernan (85) | 4.28.3 | D Ward (84) | 4.55.1 A Stevens (85) |
| Mile | 4.26.0 | M Kinane (85) | 4.47.6 | R Langley (68) | |
| 3000m | 8.55.0 | S Webster (86) | 9.26.7* 10.11.0m | R Langley (68) G McGurran (83) | |
| 5000m | 15.51.0* 16.19.0m | A Major (64) P Carton (69) | | | |
| 1500mSc | 4.44.0 | J Bicourt (62) | | | |
| 4x100m | 44.9 | G Warr, J Minetti M Dooley, C Gardner (84) | 47.8 | M Dooley, B Zreik G Warr, C Gardner (83) | 55.8 Team not recorded (84) |
| 4x400m | 3.39.6 | A Grant J Coy J Smith G Allison (86) | 4.05.3 | J French M French W Olufunwa A Ross (85) | |
| 80mH/ 100mH/ 110mH | 14.3 17.1 | C Gardner (100m) (84) M L-Bayley (110m) (76) | 11.6 11.6 | B Quirk (80m) (68) C Gardner (80m) (83) | 14.4 M Cannon (80m) (76) |
| 400mH | 57.7 60.4 | A Grant (84cm) (87) G Allison (91.4cm) (86) | | | |
| HJ | 1.90 1.90 | C Cornwell (84) M Reece (85) | 1.75 | S Wyld (79) | 1.58 M Cannon (76) |
| PV | 4.20 | M Shippen (77) | 3.20 | M Shippen (75) | |
| LJ | 6.64 | J Key (54) | 5.99 | I Gilley (86) | 5.41 I Gilley (84) |
| TJ | 14.17 | F Ogwuda (85) | 11.63 | I Beaumont (74) | 9.26 S Wyld (77) |
| SP | 14.75s 13.89 | J P-Jones (4.54kg) (52) S King (5kg) (78) | 13.00 | J Martin (4kg) (62) | 7.79 M Munroe (4kg) (74) |
| DT | 41.22 | S King (1.5kg) (78) | 40.49s 28.82 | D Thorogate (1kg) (64) R Oakley (1.25kg) (83) | |
| HT | 26.54 19.32 | R Rathray (5kg) (84) S King (7.257kg) (78) | 30.82 | R Oakley (4kg) (83) | |
| JT | 54.62 | P Crosbie (700gm) (74) | 42.22 | P Crosbie (600gm) (72) | 25.34 S W Crosbie (600gm) (74) |
| PENT | 2650 | R Hopkins (71) | 2079 | C Gardner (83) | |
| DEC | 3748 3748 5010 | R Hopkins (Snr Eq) (71) R McCrossen (---) (74) F Ogwuda (Jnr Eq) (85) | | | |

* = Performance converted to metric equivalent from imperial event. m = actual metric record
s = Performance with superseded weight but not clearly intrinsically bettered by throw with heavier implement.

— BELGRAVE HARRIERS —

ANNUAL
DINNER-DANCE
1988
Bourne Hall, EWell.
Saturday, November 19th

* Preliminary Announcement. *

ALL TIME TOP 100 INDIVIDUALS OVER THE 'FIVE AND THREE QUARTERS'

As promised in the October 1985 edition of the magazine here are the 100 fastest men round our long established 5 3/4 mile road course; one man for each of our hundred years. Virtually anybody who's been anybody in the way of Belgrave distance running is on the list and no doubt some of the names will evoke many memories for our older members. I believe the compilation to be accurate even though some results over the years were either not fully reported or omitted from the 'Belgravian' but let me know if you have any queries.

The first race was held as long ago as 23 March 1929 and the 'Belgravian' of the time tells how it came about. "In view of the London to Brighton Relay, the committee decided to stage a time trial on the road a fortnight before, in order to assist in selecting the team. As the stages of the relay vary from 4 1/2 to 6 1/2 miles approximately, the trial was run over a course at Wimbledon covering a little more than 5 miles representing about the mean distance. The course was the same as is now used by the Walking Section consisting of two 1 mile laps of the Common then down Copse Hill, Coombe Lane and back via Cambridge Road, finishing with another lap of the Common; a very suitable course containing a few hills and mostly good surfaces, similar to those on the Brighton Road."

Interestingly, the runners for this first race were despatched singly at 15 second intervals, the order of starting having been drawn for, with the object of simulating as near relay conditions as possible. Twelve men completed the race with T J Flower fastest in 31.27. The following year the 'yacht' start was abandoned for a straight race while a sealed handicap was held in conjunction and the winning time came down to 29.46 which was very respectable for 1930. A year later the winner was one Arthur Penny in 30.16 while the 'Belgravian' reports that "Carter again showed that he is a distinct acquisition and his forward running gained him second prize in the handicap". "Carter", of course, was 'our Tom' then a novice! It's marvellous to be able to record, 56 years later, that these two stalwarts are still very much part of the Belgrave scene.

In the next three years Arthur Allum completed a hat-trick while Bert Footer took the record to 29.30 in 1935. The 'Belgravian' report that year captured the finish of the race in the style of prose of the day like this. "Carter leads Footer by a yard at the top of Copse Hill and they stride up the steep incline like horses with no sign of fatigue.... Round the triangle they go.... In this space, Footer managed to get 50 yards away from Carter and win. We looked for the winners usual smile but alas! even the group of charming ladies at the winning post could not inspire the dull dog to cast a little sunshine on the scene!"

The 1937 race was run over a shortened course and the times are therefore not relevant but the 'Belgravian' congratulated Ted Stimpson "for his fine stylish run" and W E Lucas, "who won the handicap in splendid fashion." Both men were of course destined for International honours. Arthur Penny reclaimed the race in 1938 in a new record and Tom Carter gained his sole success the following year after having been three times a runner up previously. Later that year saw the outbreak of war but one more race was possible in 1940 before the number of members called to the service of their country caused a necessary curtailment to the full programme of club activity. Len Herbert, another International, won, shaving a second off the record.

When the race resumed in 1947, standards were lower because of lack of training in the preceding years but Ted Stimpson brought back respectability the following year, winning in 29.33. In 1949 the first two men home, Vernon Blowfield and Jack Brown went slightly off course and were effectively disqualified but Verne took the record down to 29.09 in 1950, and following the cancellation of the 1952 race through snow bound roads, Ray Tooby opened up the 28 minute era with 28.50 in 1953. But 1954 was to see what might still be regarded as the most remarkable feat of running on the course when Ron Linstead, only just 18 years old, smashed that time with 28.24. Ron was too young to gain selection for the 'Brighton' but a sign of the quality of his run was that the men behind him went on to place 2nd in the National relay. Unfortunately Ron never improved on that time but even now there are few who have beaten it. In October that same year it was decided to hold a second annual race over the course to assist with selection for the newly introduced October London to Brighton Relay which initiated a championship for 'Southern' clubs. Once more a short course was used for this first 'Autumnal' race.

Four and a half years then passed before Pat Newell took the record to 28.21 and, in March 1960, 28 minutes was beaten for the first time by our regular correspondent and visitor, Ranjit Bhatia, who showed the form which was to take him to the Rome Olympics, with 27.56. Ranjit's time was astonishing to club members then but only two years later another man at the

peak of his powers was to go over 200 yards faster. Gerry North was just two weeks away from winning the National Cross Country title and in superb shape. He smashed the record with 27.15 over two minutes ahead of the next man, Charlie Walker, causing the 'Belgravian' reporter to question "How many of our older runners ever dreamt they'd see the approach of 27 minutes on this course?". Gerry was in fact still (just) a first claim member of Blackpool at the time but it would be pedantic not to count his best time in the list below as he was to become one of the great Belgravians.

The Junior record was taken to a fast 28.01 by Tony Fairclough in March 1964 behind one of Bill Kerr's four wins while 1965 saw the first of Laurie O'Hara's record six wins (four in the March race). Then in 1966 the present record was set. Geoff North was known to be going for his elder brother's time and the 'Belgravian' reports he was so on edge that when it was suggested to Geoff that he might like someone to knock in some starting blocks it failed to raise even the merest smile! "No sooner had Bob Taylor's starting arm dropped than Geoff was clear of the field ... Geoff kept his form well on the homeward run and a 'break it or bust' sprint down the finishing straight sent up an ooh! from the watchers that momentarily did not indicate which side of the record his time was. Relief all round (Gerry wasn't there) as it was announced that Geoff had beaten the record by just ONE SECOND!".

The following years saw many a pitch battle between the evenly matched runners who formed the backbone of our successful teams of the late 60's and early 70's but only three or four runs, from Geoff and Gerry and Bill Weller approached the record in that time. However two 'age' records fell in the 70's - to Junior Bill Curtin with 28.00 in 1971 and Veteran Laurie O'Hara with 27.40 in 1973. In the mid 70's, John Stow ran up a record four consecutive wins with Oliver Foote taking three on the trot in 82/83; but very few Bels of the 80's have intervened at the sharp end of the list, only John Wright having made the top ten with an impressive solo 27.44 last March. So we await the day when Gladwin, Staines, Swain and company might, in the not too distant future, set seriously about this race and take us below 27 minutes! It would be nice to see! In the meantime, imagine this lot below all gathered at the end of Lauriston Road for the same race. Getting a good team out for the relays would be easy!

Steve Williams

| | | | | | | | | |
|-------|-----------------|--------|-------|------------------|--------|-------|------------------|--------|
| 27.14 | Geoff North | Apr 66 | 28.33 | Ian Duncan | Mar 81 | 29.20 | Mike Stearman | Mar 53 |
| 15 | Gerry North | Mar 62 | 34 | Mel Thorpe | Sep 65 | 21 | Len Bishop | Mar 55 |
| 21 | Bill Weller | Sep 71 | 36 | Jack Brown | Mar 61 | | Andy North | Sep 86 |
| 35 | Tony Fairclough | Mar 69 | 37 | Frank Ward | Mar 87 | 22 | Cyril Forey | Mar 61 |
| 40 | Adrian Major | Mar 69 | 39 | Dave Baulch | Mar 58 | | Pete Gilbey | Mar 84 |
| | Laurie O'Hara | Mar 73 | 40 | Tony Binda | Mar 71 | | Richard O'Hara | Mar 87 |
| 41 | Lionel Mann | Mar 71 | 41 | Charlie Smart | Mar 54 | 23 | Arthur Penny | Apr 38 |
| 44 | John Wright | Mar 87 | 43 | Barry Sawyer | Sep 62 | | Dave Cocks | Mar 64 |
| 50 | John Thresher | Sep 67 | | John Dear | Mar 70 | 26 | Arthur Bruce | Mar 53 |
| 54 | Trevor Hart | Mar 71 | 44 | Graham Macky | Mar 81 | | Joe Reilly | Sep 66 |
| 55 | Bill Kerr | Mar 64 | 45 | Mal Robinson | Mar 61 | | Martyn Head | Mar 87 |
| 56 | Ranjit Bhatia | Mar 60 | | Colin Pearson | Mar 71 | 27 | Colin Collis | Sep 56 |
| 28.00 | Bill Curtin | Mar 71 | 46 | Pete Bagnall | Mar 55 | | Roger Cross | Mar 69 |
| | Kevin Sturman | Sep 86 | 48 | John Bromley | Mar 54 | 28 | Jim Masters | Sep 55 |
| 01 | Dick Piotrowski | Mar 70 | 50 | Ray Tooby | Mar 53 | 29 | Simon Holmes | Mar 77 |
| | Pat O'Connor | Mar 71 | | Archie Bedford | Mar 55 | 30 | Foot Bortner | Mar 35 |
| 03 | John Bicourt | Mar 68 | | Kelly Diprose | Mar 69 | | Ted Stimpson | Mar 49 |
| 07 | Bill Dance | Mar 67 | 53 | Eric Gebbett | Mar 58 | | Eric Herbert | Mar 53 |
| 08 | Charlie Dabbs | Mar 60 | 58 | John Gladwin | Sep 83 | 31 | Brian Hollowell | Sep 55 |
| | Bob Smith | Mar 70 | 29.00 | Jim Rimmer | Mar 73 | 32 | Tom Carter | Mar 39 |
| 10 | John Stow | Mar 76 | 02 | Denis Brown | Sep 79 | | Eddie Short | Mar 54 |
| 11 | Peter Morris | Sep 69 | 03 | George Davidson | Sep 56 | 33 | Simon Williamson | Mar 83 |
| 13 | Chris Steer | Mar 67 | 07 | Len Herbert | Mar 54 | 34 | Arthur Allum | Mar 34 |
| 18 | Paul Richey | Mar 87 | 09 | Verne Blowfield | Mar 50 | | Frank Abberton | Mar 49 |
| 21 | Pat Newell | Mar 59 | | Clive Shippen | Sep 58 | 35 | Harry Verney | Apr 38 |
| 23 | Brian Buxton | Sep 67 | | Don Maclean | Mar 63 | 36 | Guy Monet | Sep 71 |
| | John Phelan | Sep 73 | 10 | Bob Taylor | Mar 53 | 37 | George Flanagan | Mar 56 |
| 25 | Ron Linstead | Mar 54 | | Bill Lucas | Mar 54 | 38 | Bob Glover | Sep 58 |
| 26 | Mike Hayes | Mar 87 | | Marcello Bizio | Mar 87 | 40 | Les Cohen | Apr 38 |
| 28 | John Moore | Mar 64 | 11 | Joe Budarkiewicz | Mar 87 | | Len Marchant | Mar 49 |
| 29 | Charlie Walker | Mar 60 | 14 | John Burr | Mar 55 | 42 | Les Stokell | Mar 50 |
| 31 | Alan Black | Mar 64 | 15 | Roger Donnison | Sep 68 | 43 | Alan Jerman | Mar 40 |
| | Oliver Foote | Mar 84 | 16 | Pat Bradley | Mar 63 | | John Radford | Mar 60 |
| 32 | Peter Carton | Mar 71 | 18 | Denis Brickwood | Mar 54 | | | |

ROAD RACE ROUND UP

The odd success is coming the way of the road runners as efforts are being made to consolidate our entries for open races and word is spread of who is doing what! However communications still need improving if we are to do ourselves justice. There are so many races available these days that we should regularly be able to pick up some team prizes. It doesn't even need our very best men to be involved although we still look to them for a lead. A word in the right ear could enable us to get the back up brigade to join in and everyone could benefit. The guys running down the field will make that much more of an effort if they know there's something in it at the end. Martyn Head is your new Section Secretary. Contact him on 928 4637.

Two successes missed the boat for the last edition. These were the win in the City of London 10 Miles, where Don Anderson in 5th was a late entry non scorer, and in the Alton 10 Miles where Martin Lake, who was the holder, led the team home in 2nd place this time. In the Fleet Half Marathon, John Wright was representing the Army and didn't score for us but he finished 10th in a fast time with some respectable running behind from our team which placed 8th. Best performance in the London Marathon came from Canadian Peter Anthony who moves into 25th place in the club all time list with his time. Another prominent showing came from Dave North with a 2nd place in the Portsmouth 10 Miles in May in 54.22. Must have been tough, long or both Dave! Some of the best performances of the late Summer came in the breakthrough of 1984 Olympic cyclist Peter Sanders as you can see from the results below. Pete has now completed his first year as a runner and he looks to have plenty of potential. When he lined up alongside John Wright in the Brighton 6, there was a good chance of high placings from the pair and thats how it turned out, with John winning in 30.03 and Pete in 3rd. Unfortunately there was no back up for what would have been an easy team prize.

| | | | |
|--|-------------------------|---------------------------|------------------------|
| 25.12.86 Lauriston Paarlauf: 1 J Gladwin & A Gayton 6m 909y 2 F Ward & M Peace(Ran) 6m 69ly | | | |
| 3 M Riley & A Painter 6m 617y 4 P Sanders & J Bicourt 6m 548y 6 J Booth & S Williams 6m 436y | | | |
| 1.1.87 Erith 10k | | 22.3 Swanley Half Mar | |
| 2 J Wright 30.38 | 35 M Head 73.25 | 283 P Anthony 2.34.23 | 46 T Williams 76.36 |
| Hyde Park 10k | 418 A Briggs(F)91.56 | 739 D Anderson 2.43.43 | 61 A Stone 79.05 |
| 8 A Moore 32.47 | 521 J Coppinger(F)94.17 | 1058 R Pearson 2.48.24 | 92 J Wasbrough 82.26 |
| 14 P Sanders 33.25 | 1004 J Keown 106.35 | 1143 A Stone 2.49.26 | 100 L Mann 83.52 |
| Tadworth 10M | 29.3 Fleet Half Mar. | 1402 J Wasbrough 2.52.15 | 101 F Barrett 83.54 |
| 3rdVet A Verdie 55.54 | 10 J Wright 66.40 | 1803 J Tiernan 2.55.54 | 151 A Lane 92.10 |
| City of London 10M | 35 M Lake 70.10 | 1804 A Verdie 2.55.55 | 156 P Borthwick 92.56 |
| 5 D Anderson 53.45 | 52 P Anthony 71.35 | 1861 F Riach 2.56.25 | 163 D Manning 94.08 |
| 11 L O'Hara 54.55 | 54 M Head 71.38 | 2310 P Cross 2.59.08 | 182 G Piddington 98.13 |
| 12 M Head 55.38 | 98 A Verdie 75.23 | 2352 F Guy (F) 2.59.22 | 13F G Borthwick 105.40 |
| 21 J Slough 57.36 | 130 D Anderson 76.33 | 2896 M Graham 3.03.49 | Bels 'A' 14th 199 Pts |
| 51 D Crookes 61.35 | 855 L Mann 90.20 | 2997 M Newton 3.04.44 | 21.6 Great North Run |
| 55 F Guy (F) 62.32 | 861 A Briggs(F)90.24 | 3645 F Gander 3.09.20 | 283 M Head 75.21 |
| 80 A Bruce 65.17 | 1412 P Borthwick 98.29 | 5035 M Hutton 3.17.50 | 357 J Bicourt 76.43 |
| 102 C Henn 68.12 | 1794 G Borthwick104.09 | 5086 R Faithful 3.18.07 | 722 F Guy (F) 80.41 |
| 113 P Davies(F) 69.49 | 12.4 Alton 10M | 5327 G Parr 3.19.29 | 28.6 North Downs 30k |
| Team: Bels 1st | 2 M Lake 51.54 | 5329 P Davies(F) 3.19.29 | 39 F Guy 2ndF 2.19.06 |
| 3.1. Lauriston 10k | 7 M Head 53.21 | 5330 C Henn 3.19.29 | 54 A Stone 2.24.57 |
| 1 A North 31.11 | 11 D Anderson 54.48 | 5664 A Fairclough3.21.38 | 107 M Newton 2.34.58 |
| 2 M Hayes 31.55 | 13 Mike Lake 55.03 | 6230 L Mann 3.24.30 | 116 F Gander 2.37.44 |
| 5 J Mather 33.21 | 18 P Anthony 55.29 | 7170 B Kelly 3.29.28 | 129 L McLean 2.40.01 |
| 8.3. Woking 10M | 99 F Barrett 63.16 | 8774 D Gordon 3.37.37 | 131 J Lambert 2.40.04 |
| 31 M Head 53.18 | 144 J Slough 65.47 | 9304 G Pearson 3.40.12 | 165 A Lane 2.45.07 |
| 50 D Anderson 55.11 | Team: Bels 'A' 1st | 11408 E Stroud 3.51.47 | 204 E Stroud 2.51.43 |
| 136 J Slough 59.52 | Bels 'B' 17th | 14126 J Plummer 4.08.31 | 209 P Davies F 2.52.35 |
| 216 A Verdie 63.35 | 4.5 Wimbledon 10k | 14595 F Hurley 4.12.04 | 210 C Henn 2.52.37 |
| Team: Bels 14th | 11 J Mather 33.35 | 16052 M Farrelly 4.25.22 | 8.8 Shaftsbury 10M |
| | 31 J Rodd 35.34 | 18250 P Gannon 4.56.11 | 32 M Head 54.59 |
| | 38 S Zealey 36.00 | 18662 S Tiernan(F)5.07.59 | 73 A Stone 58.03 |
| | 62 A Stone 37.09 | +D McMillan approx 3.32 | 114 J Slough 60.38 |
| | 80 D Ludlow 38.50 | | 124 M Newton 61.26 |
| | 84 D Rix 39.19 | | 25.8 Omega 10k |
| | 112 L Mann 42.25 | | 10 P Sanders 30.35 |

16.8 City Police Relay

| | |
|----------------|-------|
| Bels 'A' 3rd | |
| D Anderson (8) | 16.10 |
| P Sanders (3) | 14.29 |
| M Head (2) | 15.29 |
| A Morfey (3) | 15.51 |
| Bels 'B' DNF | |
| A Stone | 16.44 |

30.8 Epsom Show '5'

| | |
|-------------------------------|--------|
| 3 P Sanders | 24.14 |
| 10 M Head | 26.19 |
| <u>6.9 Wimbledon Half Mar</u> | |
| 3 M Lake | 71.53 |
| 4 D North n/s | 72.47 |
| 12 M Head | 75.02 |
| 24 D Anderson | 78.40 |
| 65 P Cross | 83.23 |
| 74 J Wasbrough | 83.55 |
| 88 A Stone | 84.35 |
| 89 P Tiernan | 84.36 |
| 107 J Tiernan | 85.32 |
| 147 D Ricks | 87.28 |
| 166 J Slough | 88.18 |
| 235 C Henn | 91.41 |
| 369 P Borthwick | 95.54 |
| 423 M Hutton | 97.48 |
| 677 G Borthwick | 104.18 |

Team: Bels 3rd 101pts

20.9 Amersham '5'

| | |
|-------------------------------|-------|
| 6 P Sanders | 25.18 |
| <u>20.9 Richmond Half Mar</u> | |
| 49 A Stone | 88.45 |
| 147 C Cross | 90.15 |
| 278 C Henn | 96.10 |
| 293 J Slough | 96.42 |
| 310 G Collins | 97.32 |
| 328 J Davies | 98.13 |
| 328 P Davies | 98.13 |

26.9 Poly Marathon

| | |
|---------------------------|---------|
| 11 R Pearson | 2.47.39 |
| 34 A Stone | 2.57.44 |
| 48 M Newton | 3.01.50 |
| 66 F Gander | 3.07.40 |
| 87 L Lyons | 3.13.52 |
| 105 A Lane | 3.18.27 |
| 109 F Barrett | 3.19.17 |
| 133 J Slough | 3.25.07 |
| 148 M Hutton | 3.28.52 |
| 150 P Davies | 3.29.03 |
| 176 C Henn | 3.35.12 |
| <u>4.10 Wimbledon 10M</u> | |
| 13 M Bizio | 55.17 |
| 39 P Cross | 61.09 |
| 40 A Stone | 61.32 |
| 69 C Cross | 67.17 |
| Team 6th | |

11.10 Lond. Downhill 10k

| | |
|---------------|-------|
| 20 D Anderson | 33.02 |
| 21 M Head | 33.22 |
| 35 M Barrett | 34.45 |

8.11 Southend 10k

| | |
|-------------|-------|
| 49 M Head | 32.34 |
| 256 A Bruce | 38.34 |

Other good performances in the second half of the year have come from Martin Lake, 3rd in the Wimbledon Half Marathon and Dave North one place behind but running for his firm and not counting for our team which finished 3rd. Richard Pearson collected the Club marathon title in the Poly Marathon where he was first Veteran home.

Gary Staines has continued his Summer track form into a Winter road season on the Continent in sensational fashion. On 11 October he was 2nd over 7.6km in Furth (WG) in a time of 20.21 and 16 days later smashed a World class field over 10km in Rennes (Fra) in 28.28. Koskei, Rousseau and Nyambui being just some of the names behind him. Then on 29 November he beat another International line up over a 7.4 mile course in Madrid in 32.55.58. That's an average of 4.27 per mile!

On the same weekend that Gary was winning in Madrid, John Wright won the Basingstoke '6' in 29.41 and Stuart Paton won a 5 miler in Epsom nearly 2 minutes clear of the field which included Chris Knight in 4th place.

Hogs Back 11M 13.12

| | |
|-----------------|-------|
| 12 M Head | 59.24 |
| 17 M Lake | 59.56 |
| 90 T Williams | 64.38 |
| 99 M Barratt | 64.58 |
| 153 J Slough | 66.08 |
| 189 A Stone | 67.12 |
| 224 B Webster | 68.12 |
| 229 N Strong | 68.19 |
| 239 F Barratt | 68.30 |
| 297 M Graham | 69.52 |
| 311 M Newton | 70.05 |
| 428 J Wasbrough | 72.12 |
| 446 A Bruce | 72.25 |
| 466 J Whelan | 72.46 |
| 484 C Henn | 73.04 |
| 496 M Hutton | 73.11 |
| 574 C Cross | 74.29 |
| 745 D Davies | 77.07 |
| 776 J Davies | 77.33 |
| 777 F Gander | 77.33 |
| 837 L Mann | 78.34 |

| | |
|-------------------|--------|
| 867 P Borthwick | 79.05 |
| 869 M Groombridge | 79.07 |
| 945 D Maughan | 80.28 |
| 1077 G Gant | 83.29 |
| 1129 G Borthwick | 84.85 |
| 1366 T Bussey | 90.40 |
| 1549 C Manning | 101.24 |
| Team 3rd 207 pts | |
| Vets 7th 924 pts | |

6.12 Barbados 10km

1 G Staines 29.25

20.12 Epsom 6M

1= J Gladwin 29.27

20.12 Epsom 3M

1 C Knight 15.29

1.1 Cranleigh 10k

12 P Sanders 31.59

Madrid International7.7km

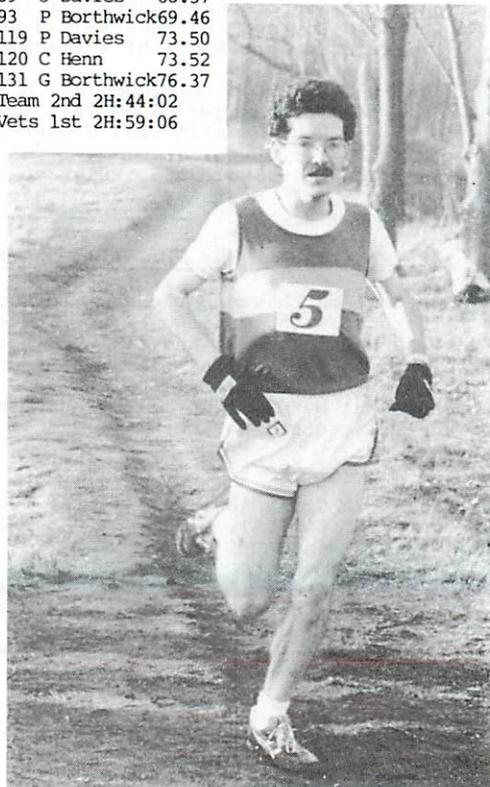
2 G Staines 22.24

Centresport 10km C/Pal

6 P Sanders 33.09

1.1.88 City 10 Miles

| | |
|-------------------|-------|
| 7 M Bizio | 53.33 |
| 11 M Head | 54.39 |
| 13 M Lake | 55.50 |
| 14 L O'Hara | 56.10 |
| 38 J Slough | 61.07 |
| 39 A Stone | 61.13 |
| 43 B Webster | 61.43 |
| 51 M Newton | 63.11 |
| 63 A Bruce | 64.43 |
| 89 J Davies | 68.37 |
| 93 P Borthwick | 69.46 |
| 119 P Davies | 73.50 |
| 120 C Henn | 73.52 |
| 131 G Borthwick | 76.37 |
| Team 2nd 2H:44:02 | |
| Vets 1st 2H:59:06 | |



Photograph -- MARTYN HEAD our new ROAD RUNNING RACE HON. SECRETARY.

Young Athletes Report by Jim and Dave Mote

Out came the Wellingtons, Waterproofs and Umbrellas. In went the Sun. Yes it was the summer season again.

The 1987 Young Athletes season started with the traditional enthusiasm and expectation. Cross-Country runners chipped the dried mud from their spikes and the sprinters blew the cobwebs off theirs. All prepared for the season's first engagement at Tooting Bec.

3rd MAY 1987

TOOTING BEC

Dark clouds greeted us at Tooting Bec and it was not long before the new centenary umbrellas were in use and greatly appreciated by all who huddled under them. It was good to see some new faces mingling with the stalwarts from last year but a head count soon showed that our Boys and Youths teams were far from strong in numbers and the Colts section was almost non-existent.

Nevertheless everyone competed with great enthusiasm and after a long wet afternoon the fine efforts of our team were eventually beaten by the superior numbers of the athletes from the recently amalgamated Swale Combined Club. We managed to stay ahead of our South London rivals Herne Hill but sadly missed our Youth sprinters.

Winners for Belgrave.

Youths A Grant 400m Hurdles (A) 100m Hurdles (A)
J Coy 400m Hurdles (B), M Bowers 800m (A)
S Herbert 800m (B) 4 x 400m Relay

Boys W Chu 100m (A) 200m (A), M Burnett 100m (B)
S Abbeysinger 400m (A), D Parr 400m (B), B Khan 800m (B)
P Dunn Javelin (B), G Dorrell Discus (B) 4 x 400m Relay

Final Result - Swale 155, Belgrave 129, Herne Hill 123,
Southwark 65, Haywards Heath 43

24th MAY 1987

BATTERSEA PARK

Our home match was our chance to show our mettle but on a warm afternoon with everyone expecting we would prove victorious we somehow let it slip and finished second. Once again we were pipped at the post by a team that could field more athletes on the day. Our faithful nucleus ran, jumped and threw with great gusto but were beaten by the numerical superiority of Kingston and Polytechnic Harriers.

Winners for Belgrave.

Youths A Grant 400m Hurdles (A) 100m Hurdles (A), M Bowers
1500m (A), R Blick 1500m (B), N Khan 800m (B) 4 x 400m
Relay.

Boys S Abbeysinger 200m (B) 800m (A) Highjump (A)
G Bage 1500m (A), M Loftus 400m (A), D Cooper 400m (B)
B Khan 3000m (B), G Dorrell Hammer (A) Shot (A) Discus (B)
S Affleck Triple Jump (B), W Chu Discus (A) 4 x 400m Relay

Colts M Pettigrew 1500 (B)

Final Result Kingston & Poly 154, Belgrave 147, Hastings 83,
Tonbridge 37

7th JUNE 1987DARTFORD

On another dull threatening day we set off by coach to Dartford with a team which this time had only five youths and one Colt but our spirits were high and an impromptu game of cricket preceded the athletic match. Unfortunately our lack of numbers again made the match an uphill task from the very beginning but once again enthusiasm countered these problems and once again we finished second. An added bonus was the fact that the rain which threatened us all the afternoon never materialised and there was an air of satisfaction amongst the tired athletes on the journey home.

Winners from BelgraveYouths A Grant 400m Hurdles (A) 100m Hurdles (A)

Boys S Affleck Triple Jump (B), S Herbert High Jump (A)
B Khan Long Jump (B), J Harris 100m Hurdles (A)
4 x 100m Relay

Colts M Loden 1500m (A)Final Result Invicta 255, Belgrave 117, Ashford 8728th JUNE 1987HORSHAM

The sun came out! So shocked were the team that only 10 athletes turned out. Outnumbered by Belgrave parents, coaches, officials and other sundry supporters and not to mention the other teams, our athletes manfully battled against insurmountable odds. Just to add to our problems the three teams we were opposing were Bexley and E Grinstead who were at that time first and second in the league and Horsham who were the host club.

Apparently we were hit by the holiday season (not applicable to our opponents) and our results reflected the depleted nature of the team. But we all came home with a lovely sun-tan!

Our only individual winner was S Abbeysinger in the Boys High Jump (B).

Final Result (1) E Grinstead 268 (2) Bexley 2445
(3) Horsham 90 (4) Belgrave 58

26th JULY 1987TOOTING BEC

Our final match on a fine afternoon gave us our best team in numbers of the whole season but still it was not strong enough. Our close rivals Hercules Wimbledon and Surrey Beagles had even bigger teams and after H.W. had taken a commanding lead early on we engaged in a close battle with Surrey Beagles for second place before losing our grip when our athletes had competed in their maximum number of events and left the Beagles to pick up the spare points. For the first time this season we had competitors in the Youth sprints but still failed to field a sprint relay team.

Winners for Belgrave

Youths A Grant 400m (A), R Blick 1500m (A) 1500m S/C (A)
J Coy 1500m (B), M Egericx 3000m (A), J French 100m (B)

Final Result Hercules Wimbledon 217, Surrey Beagles 149
Belgrave 121, Redhill 19

Seventeen teams competed in our South Central Division and Belgrave finished 8th.

It has been a hit and definitely miss season in which the consistent nucleus has performed with commendable enthusiasm and enjoyed their individual achievements. Unfortunately some of our talented athletes have been unable to attend on many occasions for various legitimate reasons and this is where our weakness lies Baba and Nadu Khan, Dan Winson, John Coy (Team Captain) and Michael Bowers competed in every match and I would like to thank them for their unswerving loyalty. In reporting the matches above I note that Dan Winson does not appear as a winner at any time but he is a winner in a different because he was always there always finished and always scored valuable points - well done Dan!! Another special mention goes to Michael Bowers our up and coming middle distance runner who injured his foot and could not run in the second part of the season - he came along and "shot-putted" instead!! What more can one say?!

Think about it lads. You have a great deal of talent. A little more consistency in your appearances and the league could be yours for the taking. And finally many, many thanks to the parents, coaches, officials and would-be officials who supported us (not forgetting the supporters from the ladies section who graced us with their presence on many occasions). Have a good winter season and come back fit and raring to go!

Belgrave Thameside League

This league was an interesting innovation five years ago when Belgrave decided to provide additional competition for the younger boys in some local clubs. Its development has been quite remarkable with four very competitive meetings taking place over the short athletic season. Our own teams (Colts and Boys) have not been once successful in the competition but have enjoyed the opportunity to compete in a league with surprisingly high standards. On average the turn out of Belgrave athletes was better this year and one encouraging aspect was the increase in the number of Colts taking part. Only two arrived for the first match but by the last one our team had grown to eight.

Six teams competed in each of the divisions both of which were won by Croydon. Our Boys finished fourth and the Colts were fifth but we have great hopes of improving on this next year.

A number of Belgrave officials work very hard to present this competition and must be applauded on the high standard they have achieved. We trust the Belgrave athletes will show their appreciation of these efforts with an even greater and more consistent turn-out next year.

Jim and David Mote

OFFICIALS

As always we are still short of officials for all forthcoming fixtures. You need not be qualified to help - it is your time we are after!! Feel like giving a hand? Please phone Derek Crookes on 01 330 0132.

Race Walking.

BELGRAVIAN WALKING SECTION REPORT by Carl Lawton

The summer is past and in certain cases that may be a good thing. As far as some results go it has been disastrous and well worth forgetting but all is not doom and gloom, we have now a rebuilt ladies team which has got what has been lacking in the mens section, a desire to be successful, but even that is only dependant on turning out a team. Suzanne Kew has been 'sidelined' during the summer but hopes to be back on the road having sorted out her problem.

The Nation 35kms and 50kms failed to close in a team the latter even a finisher. September began to look a little more hopeful with teams in the Woodford and Southend.

We did think we might have a junior team in the making but as so often happens more exciting things came along and they were lost.

7 May 1987

Battersea Park

10Kms Track Championship

This event combining the Middlesex County, Surrey County and Belgrave Championships produced a moderate field of 22.

1. A James Enf. 46.06.1; 2. A Seddon Enf. 47.05.8; 3. J Hall 47.18.1
4. N Maseram Malaya 47.27.3; 5. C Lawton 48.03.7; 10. P Warburton 49.20.4
12. J Newnham 50.14.3; 16. M Baker 58.18.6; 17. J Dunsford 54.08.7;
18 D Fortheringham 54.33.1; 19. M Scamell 55.14.8; 22. G Giles 59.39.0.

| | | | |
|---------------|-------------|--------------|---------------------------|
| Belgrave | 1. J Hall | 2. C Lawton | 3. P Warburton |
| Surrey County | 2. C Lawton | 2. P Hannell | 3. J Newnham |
| Middx County | 1. A James | 2. J Hall | 3. S Lightman SWC 48.53.4 |

31 May 1987

Hove Park Brighton

Road Relay

A new event to the calendar and well received by those in attendance. Belgrave had to borrow a junior in the mens race and so only competed as non scorers, the ladies was a scoring team but not of high standard. My thanks to those that were able to make the effort as it clashed with the inter-counties.

Mens 30kms Winners Splott 2hrs 19m 13s
12 Belgrave E Ford-Dunn (Steyping), P Borthwick,, E Crutcher,
D King, C Lawton 2hrs 58m 03s

Ladies 20kms Winners Brighton 1 hr 43m 28s
5 Belgrave C Mann, C Christou, G Borthwick, S Morrison 2hr 16m 12s

6 June 1987

York

National 35kms

Although we started a team in this event, albeit only four, we were unable to finish one and in fact the overall list of finishers was the lowest ever.

1. C Berwick Leic. 2.56.38; 2. A James Enf. 2.57.04; 3. I Harvey Cov. 2.59.26; 22. J Dunsford 3.31.55; 37. D Fotheringham 3.58.01

Team 1. Leicester 30 2. Sheffield 65 3. Steyping 69

13 June 1987Battersea ParkSouthern Track Competition

Once again our failing in having any under 15 year olds proved our downfall and we could only take second to Steyning and only just in front of Brighton.

2kms 5. E Crutcher 15.33; 9. D King 16.24.

5kms 3. J Hall 22.42; 4. Lawton 22.58; 6. P Warburton 23.11;

10kms 5. J Newnham 50.58; 6. J Dunsford 52.46.

Team 1. Steyning 102; 2 Belgrave 69; 3. Brighton 68.

In the inaugural ladies competition over 5kms in a torrential downpour 10th was Jacqueline Marshall 31.30 and Charlie Christou 35.21.

26/27 June 1987Ewhurst SurreyNational 100miles

Congratulations to our two stalwarts John Dunsford and George Beecham for completing yet another century. Regrettably we needed one more to make a team and only Boundary Harriers closed in, although there were two additional Dutch teams in the open race.

1. J Cannell Boundary 17.55.10; 13. J Dunsford 20.58.09; 31 G Beecham 23.27.19.

5 July 1987HorshamSteyning Family Meeting

This meeting deserves far greater support held in pleasant surroundings and readily accessible from the M25 and an excellent day out for all the family. Lets hope to see ALL the Belgrave team there next year.

3kms men 7. C Lawton 13.44

2kms junior ladies 7. C Mann 12.08

17 July 1987CheshamOpen 5 miles

A new race and an excellent Belgrave turnout almost better than some club championships but not supported well by other clubs. Held on a tough one lap course not suitable for Nationals it was enjoyed by most, even Lizzie Kaye in her first outing since taking up walking was pleasantly surprised by her mid-field placing in the ladies event.

Ladies 1. G Brackpool Woking 45.31; 6. S Morrison 51.42; 11. L Kay 62.16

Men 1. T Berrett Tonbridge 37.39; 2. C Lawton 38.09; 3. J Hall 39.12;

4. J Newnham 41.58; 6 D Fotheringham 42.56; 7. M Baker 43.47;

9. E Crutcher 45.31.

26 July 1987WelwynSouthern 10kms

1. M Easton SWC 41.51; 2. A James Enf. 46.31; 3. J Hall 47.14.7;

4. C lawton 47.41; 12. D Fotheringham 53.32.4;

In the South Western Open meeting at Swindon on 9th August Gill Brackpool was 2nd, 28.29 and Charlie Christou 5th, 37.18 in the ladies 5kms and Carl Lawton 3rd, 49.02 in the 10kms.

7 September 1987Battersea ParkInvitation 3kms

In another combination meeting a good turn out resulted.

1. C Bradley (Medway) 13.08.1; 2. J Hall 13.16.4; 3. P Hannell 13.54;
4. C Lawton 14.00; 5. J Llewellyn 14.02; 6. J Newnham 14.19.9;
7. E Crutcher 14.49.2; 8. D Fotheringham 15.00; 11 M Baker 15.53.2;
17. P Borthwick 19.38.1

Belgrave Champs 1. J Hall 2. C Lawton 3. J Llewellyn
Surrey Champs 1. P Hannell 2. C Lawton 3. J Newnham

Ladies 1. S Morrison 17.55.3; 2. G Borthwick 19.21.7; 3. L Kaye 19.50.4
4. C Christou 21.09

Jnr Ladies 2kms 1. C Mann 12.00.9

12 September 1987Woodford Bridge1 Hour Walks

Section A 1. M Easton 14138m. J Llewellyn 12191m. 8. C Lawton 12191m.
12. P Warburton 11940m.

Section B 1. J Newnham 11838m. 6 D Fotheringham 11337m. 12. J Dunsford
10829m.

Section C 15. J Bromley 9320m. 18. G Beecham 9233m.

Team 1 Ilford 48970m 2. Belgrave 48159m

Ladies 4. G Brackpool 9769m. 7. S Morrison 9565m. 8. L Kaye 8573m.

27 September 1987SouthendOpen 5m

This event could be classed as a return to normality with Belgrave taking both the men and womens teams.

Mens 1. F Reis (Ilford) 34.32; 2. R Mills (Ilford) 36.40; 3. J Hall 37.00
4. C Lawton 37.26; 11. E Crutcher 40.01; 26. M Baker 43.49;
32. D Sharpe 47.20; 39. G Beecham 51.52; 52. P Borthwick 55.49.

Ladies 1. L Simpson (Mitcham) 42.00; 2 G Brackpool 47.12; 3. S Morrison
48.12; 8. G Borthwick 53.29; 10. L Kaye 54.40.

3 October 1987Wimbledon5 Miles

1. N Carmody (Camb) 37.48; 2. C Lawton 38.04; 3. S Lightman 39.48;
5. J Newnham 40.11; 7. E Crutcher 40.41; 11. M Baker 43.06;
13. M Scamell 43.27; 14. J Dunsford 43.47; 21. G Beecham 50.32;

Ladies 1. G Brackpool 46.12; 2. L Kaye 54.44.

10 October 1987Chippenham to Calne 6 miles

A disappointing mens turn out but the ladies did not come home empty handed.

Ladies 1. V Lawrence (Reading) 48.48; 4. G Brackpool 54.57;
13. S Morrison 59.20; 23. L Kaye 65.43

Team 1 Steyning 17; 2 Belgrave 40

Men 1. A Penn (Cov) 41.05; 2. M Bell (Splott) 41.33; 3. D Stone
(Stey) 41.53.
11. C Lawton 45.45; 34. E Crutcher 49.13; 80. J Keown 62.25

The Ladies.

WITH THE LADIES

It has been quite an exciting track season, I hope everybody in the 'SECT' has had an exciting centenary one as I've had myself and are looking forward to the '88 summer season.

Of the team I would like to see back in competition in '88 are Tracy Denton and Andrea Coore, both out last year, we all missed you and your points. I hope the back and leg hold out OK good luck to both for '88.

I would also like to thank Angela Abrams for her enthusiasm, and sportswomen-like attitude and support for the team, Angela holds all four club records for 80/100/200/400/H. Keep it up Angela (it's electric) for this and all the support to the club, you have been awarded the "Endeavour Cup" good luck for '88 (GB vest??)

There are numerous individual performances throughout the year Juniors and Seniors as you will see later. But one of the best days for us was when we went down to Bournemouth for the Southern CW AAA multi and relays championships. We came away with a total of (11 Gold) (1 Silver) (8 Bronze) and 5 Club records.

Our Juniors relay team won both the 4 x 100 and 4 x 200. I would like to say well done on behalf of the club on doing the sprint double a first for Belgrave ladies, well done. Keep it up.

We also won the Rosenheim League final at Tooting Bec on 19th August. This was the first time the ladies teams have taken part, as before it was a mens league only so Belgrave ladies hold the trophy. The mens team just missing the double by about 2 pts? But it was good fun on the night, well done all. It's good to see the ladies and mens team getting together more.

Also later at the end of the season on 20th September Belgrave were invited to take part in the Melbourne Trophy meeting at Crystal Palace, where 15 teams took part, there were good performances all round so we found ourselves in 3rd place overall. But we did end up first GB club so that itself was very pleasing. With France 1st, Belgium 2nd, Belgrave 3rd, with 12 more GB clubs behind us, we were awarded the 1987 home club Melbourne Trophy for top GB club on the day. Well done all, keep it up, it's there if you wish to use it? But if it's not then you did even better as a certain Mr Frank Simmons would say.

On the 4th of October or before we had a full team for the 25x1 mile relay at Battersea but 3 or 4 ladies failed to show on the day so sadly we did not have a scoring team so some had to run 2 legs to record a time to be bettered next year? With a full team I hope.

But for me the run of the day was by one of the sprinters (Dez) well what can one say Dezrine a 6m.mile, behind the sub 4m of Gary Staines, yours for me was second to that. Ask poor old Charles Manning I think he is still running (full team for '88 ladies please). We missed out on the day by £350.

On 14 November we held the Centenary Dinner at the Gloucester Hotel. At this prestigious occasion the Tommy Green Cup was awarded for the most or best performance by a male athlete, also for the first time was presented a new cup which is named the Centenary Cup to be awarded to the lady for the best performance of the year. The first name on the cup in centenary year is Frances Guy for her win in the Poly Marathon incorporating also the Belgrave Marathon. Well done Frances from the Sec and myself.

Just a few words about one of the older Belgravians of the club, he is just what makes the club one of the great ones that it is, we don't have more than 10 or so of them left and we so very nearly lost this one in September. For ten days 90% of him was with all those Bels who have passed on, but 10% said not yet sir, for three weeks he battled on in the intensive care unit. Many younger men would have lost this race but he kept on striding on and won. His willpower and spirit is something to be admired by all who know him, those of you who don't know him or of him his name is Frank Simmons, and Frank I would like to shake your hand and say on behalf of Belgrave Harriers please accept the merit award for willpower you old so-and-so.

P.S. To the doctors and nurses at the East Dulwich Hospital I would like to thank you all for your dedication and care on behalf of Frank and myself.

Finally I would like to say thank you to all those people who have given the Ladies Section and myself so much help throughout the year and in particular to Derek Jones for organising all the track meetings and all the back-room work that he does (without question or having to be asked) - "Stick with it Derek", to Cynthia and Ray James, Jenny and Chris Christou, Derek Crookes, the club officials and that small band of officials and that small band of officials that regularly turn out. The club needs many more like you so please if you can help in any capacity, qualified or not do come forward.

I would like to thank the Club President Bill Lucas and Sheena his wife, for their support, at several of our home and away fixtures - hope to see you again in 1988 season.

Well ladies, the section is numerically stronger but we failed Div 1 and 2 in Centenary year. It must be on for 1988 - you have all to get it together and you can. So let's make it a "super" 1 and 3 this year. Well done all those who competed in 1987 - good luck for 1988.

Harry Porter

RESULTS

Saturday 4th April - Inter Club - Tooting Bec.

| | |
|---------------------------------------|-----|
| 1. Kingston AC & Polytechnic Harriers | 210 |
| 2. Middlesex Ladies AC | 195 |
| 3. Belgrave Harriers | 194 |
| 4. Guildford & Godalming AC | 186 |
| 5. Woking AC | 176 |
| 6. Tower Hamlets AC | 129 |
| 7. Redhill & Reigate AC | 34 |

Juniors

| | |
|--------------------------------------|---|
| 100m Michelle De Leon 1st 13.4 | Michelle McIntosh 1st 13.8 |
| 200m Michelle De Leon 1st 27.8 | Michelle McIntosh 3rd 29.8 |
| 800m Samantha Huntley 5th 243.1 | |
| 1500m Louise Cannon 4th 536.4 | Sarah Loder 1st 553.5 |
| 75mH Michelle Green D.N.F. | Sarah Loder 4th 16.8 |
| Long Jump Michelle McIntosh 3rd 4.42 | Fiona Lambie 1st 4.17 |
| Javelin Yvonne Denton 6th 10.54 | Sarah Denton 6th 4.70 |
| 4x100m Relay 1st 55.7 | Michelle McIntosh, Fiona Lambie, Michelle Green, Michelle De Leon |

Seniors

100m Andrea Coore 1st 13.2 Alison Caulker 1st 13.2
 200m Gail George 1st 26.4 Alison Caulker 1st 27.2
 400m Alexis Wotherspoon 2nd 61.5 Cindy James 2nd 58.6
 100mH Andrea Coore 2nd 16.1 Andrea Abrams 1st 16.7
 400mH Nina Christou 2nd 74.4 High Jump Jacqui Smiter 4th 1.35
 Long Jump Andrea Coore 2nd 5.07 Andrea Abrams 1st 4.94
 Shot Helem Kemp 1st 11.50 Debbie Whall-Roberts 1st 8.86
 Discus Helen Kemp 4th 28.54 Cindy James 3rd 23.00
 Javelin Andrea Abrams 3rd 21.84
 4x100m Relay 1st 51.4 4x400m Relay 4th 23.1

Saturday 11th April - Inter Club - Tooting Bec.

| | |
|---------------------------|-----|
| 1. Uxbridge Ladies ACT | 294 |
| 2. Epsom & Ewell Harriers | 236 |
| 3. Belgrave Harriers 'A' | 176 |
| 4. Herne Hill Harriers | 169 |
| 4. Parkside (Harrow) AC | 169 |
| 6. Mitcham & Sutton AC | 107 |
| 7. Queens Park Harriers | 87 |
| 8. Belgrave Harriers 'B' | 45 |

Juniors

100m A Team Michelle McIntosh 2nd 14.0 Michelle Green 5th 14.8
 B Alison Blacker 8th 16.3
 200m A Michelle McIntosh 1st 28.2
 800m A Samantha Huntley 4th 242.9 Sarah Loder 3rd 248.8
 B Katy Gordon 7th 257.0
 Long Jump A Michelle McIntosh 3rd 4.67 Tracey Sayers 6th 3.41
 B Alison Blacker 7th 3.67
 Javelin A Tracey Sayers 4th 13.20 Sarah Denton 4th 6.82
 B Yvonne Denton 7th 9.06
 4x100m Relay A 6th 58.9

Seniors

100m A Team Alison Caulker 4th 13.6 Andrea Coore 1st 12.7
 B Team Gail George 3rd 13.4 Yvonne Cole 2nd 13.0
 200m A Alison Caulker 2nd 27.2 Andrea Coore 1st 26.9
 B Gail George 4th 28.0
 400m A Alexis Wotherspoon 3rd 62.8 Cindy James 2nd 65.6
 800m A Georgina Husbands 5th 240.3
 1500m A Gabby Collinson 1st 509.1 Jackie Stone 1st 540.4
 B Millie Nott 5th 557.8
 100mH A Andrea Coore 1st 16.1 400m H A Nina Christou 3rd 73.6
 High Jump A Andrea Coore 2nd 1.50 Jacqui Stone 3rd 1.35
 B Tracy Ritson 4th 1.35
 Shot A Helen Kemp 1st 11.68 B Debbie Whall-Roberts 3rd 10.30
 Javelin A Anne Marie Henry 3rd 28.96
 Discus A Cindy James 2nd 29.72 Helen Kemp
 B Debbie Whall-Roberts 4th 21.38
 4x100m Relay A 2nd 51.5

Sat/Sun 25/26 April 1987 - Surrey County Championships - Tooting Bec

Senior 800m 9th Jenny Webb 222.6 (HT 222.0)
 Inter 800m 6th (HT) Jacqui Stone 236.8
 Junior 800m 6th (HT) Louise Cannon 235.9
 Girls 1500m 6th Sarah Loder 528.3
 Senior Heptathlon Andrea Coore (Did not finish)
 100m Hurdles 15.8 High Jump 1.54 Shot 8.12 200m 26.1
 Long Jump 5.04 Javelin 22.36 800m W/D injured

Sunday 26th April 1987 - Borough of Enfield Open Meeting - Enfield

Senior 200m 1st Alexis Wotherspoon 27.0
 400m 1st Alexis Wotherspoon 61.3

Saturday 2nd May 1987 - Womens Southern League Div 2 - Battersea Park

| | |
|-----------------------------|------|
| 1. Thurrock harriers | 177 |
| 2. Cambridge & Coleridge AC | 150 |
| 3. Worthing Harriers | 142½ |
| 4. Belgrave Harriers | 131 |
| 5. Andover AC | 122½ |

Juniors

| | |
|--------------------------------------|--|
| 100m Michelle McIntosh 2nd 13.2 | Michelle Green 1st 13.5 |
| 200m Michelle McIntosh 2nd 28.2 | Anna Ahmet 3rd 29.9 |
| 800m Nikala Stowell 5th 305.3 | |
| 1500m Louise Cannon 5th 524.5 | Sarah Loder 5th 529.9 |
| 75m Hurdles Sarah Loder 4th 16.5 | |
| Long Jump Michelle McIntosh 2nd 4.83 | Fiona Lambie 4th 3.79 |
| Shot Anna Ahmet 4th 5.63 | Louise Cannon 5th 4.73 |
| Discus Anna Ahmet 4th 14.54 | |
| Javelin Tracey Sayers 12.76 | Yvonne Denton 4th 9.08 |
| 4x100m Relay 1st 54.1 | Michelle Green, Fiona Lambie, Anna Ahmet, Michell McIntosh |

Seniors

| | |
|------------------------------------|--|
| 100m Andrea Coore 2nd 12.8 | Andrea Abrams 1st 13.2 |
| 200m Alison Caulker 1st 26.6 | Andrea Coore 1st 26.1 |
| 400m Alexis Witherspoon 5th 63.5 | Gabby Collinson 4th 64.4 |
| 800m Gabby Collinson 4th 2.21.3 | Georgina (Husbands) Tura 5th 2.37.0 |
| 1500m Jenny Webb 1st 4.51.2 | Jackie Stone 3rd 5.17.8 |
| 300m Francis Guy 1st 10.22.9 | Jacintha Coppinger 2nd 10.49.8 |
| 100mH Andrea Coore 3rd 16.2 | Angela Abrams 1st 16.6 |
| 400mH Nina Christou 5th 70.9 | Angela Abrams 1st 71.1 |
| High Jump Andrea Abrams 5th 1.40 | Nina Christou 5th 1.25 |
| Long Jump Andrea Abrams 2st 5.24 | Cindy James 3rd 4.11 |
| Shot Helen Kemp 2nd 11.86 | Cindy James 2nd 8.21 |
| Discus Helen Kemp 4th 28.22 | Cindy James 3rd 24.88 |
| Javelin Anne Marie Henry 3rd 29.28 | Angela Abrams 4th 22.46 |
| 4x100m Relay 1st 50.4 | Alison Caulker, Angela Abrams, Andrea Abrams, Andrea Coore |
| 4x400m Relay 4th 4.18.8 | Dezrin Conard, Cindy James, Nina Christou, Gabby Collinson |

Saturday 9th May 1987 - Thameside League - Battersea ParkGirls

| | |
|-----------------------------|----|
| 1. Queens Park Harriers | 68 |
| 2. Belgrave Harriers | 30 |
| 3. Yateley & District AC | 23 |
| 4. Richmond & Twickenham AC | 20 |
| 5. Herne Hill Harriers | 7 |

Juniors

| | |
|-----------------------------|----|
| 1. Yateley & District AC | 92 |
| 2. Herne Hill Harriers | 51 |
| 3. Belgrave Harriers | 45 |
| 4. Queens Park Harriers | 22 |
| 5. Richmond & Twickenham AC | 19 |

Girls

| | |
|-----------------------------------|--------------------------|
| 100m Monique De Villiers 3rd 15.4 | Nicola Peace 2nd 15.2 |
| 200m Monique De Villiers 3rd 34.5 | Nikala Stowell 1st 34.0 |
| 800m Sarah Loder 1st 241.7 | Nikala Stowell 1st 253.9 |
| 70mHurdles Sarah Loder 1st 13.5 | |

Juniors

| | |
|--------------------------------------|---|
| 100m Michelle McIntosh 1st 13.3 | Michelle Green 1st 13.5 |
| 200m Michelle McIntosh 1st 27.3 | Fiona Lambie 1st 28.8 |
| 75mHurdles Anna Ahmet 3rd 16.3 | Alison Blacker 2nd 17.2 |
| 1600mWalk Catherine Mann 1st 10.08.3 | |
| Long Jump Michelle McIntosh 1st 4.95 | Alison Blacker 3rd 3.71 |
| 4x100m Relay 1st 54.6 | Michelle Green, Fiona Lambie, Anna Ahmet, Michelle McIntosh |

Sat/Sun 16/17th May 1987 - Surrey County Championships - Tooting Bec

Senior 100m Final 4th Yvonne Cole 12.5, 5th Gail George 12.8 (12.6 Heat)
 6th Andrea Coore 12.8 (12.7 Heat)
 200m Final 4th Gail George 25.4
 Hts Yvonne Cole 26.1, Andrea Coore 26.7, Alison Caulker 27.2
 Girls 800m Final 7th Sarah Loder 2.39.7
 Juniors 1500m Ht 7th Louise Cannon 5.37.6
 Inters 1500m 8th Jackie Stone 5.27.3, 10th Jacqui Smither 5.52.3
 Seniors 1500m Final 3rd Jenny Webb 4.40.1, 5th Gabby Collinson 4.44.9
 Senior Long Jump Final 3rd Andrea Coore 5.14
 Senior Shot Final 3rd Helen Kemp 11.60
 Senior Discus Final 5th Helen Kemp 29.62

Sat/Sun 16/17 May 1987 - Middlesex County Championships - Cophthall Stadium

100m Inter Final 5th Angela Abrams 13.5 (13.4 Ht) 6th Andrea Abrams 13.5
 Ht 6th Cindy James 13.6
 200m Inter Ht 4th Cindy James 27.2
 Senior Final 8th Alexis Wotherspoon 27.4 (27.2 Heat)
 Senior 400m Final 6th Alexis Wotherspoon 62.1 (61.8 Heat)
 800m Ht 6th Georgina Tura 2.41.2
 Inter 80m Hurdles Final 2nd Angela Abrams 12.2
 Senior 3000m Walk Final 1st Charlotte Christou
 Inter Long Jump Final 3rd Andrea Abrams 5.23
 Senior Shot Final 1st Wendy Dunsford
 Inter Discus Final 4th Cindy James 29.46
 Senior Discus Final 6th Wendy Dunsford 30.00

Wednesday 27th May 1987 - United Hospitals Championships - Motspur Park

100m 1st Ese Osheviere 13.6
 200m 1st Ese Osheviere 28.1
 3000m 3rd Mille Nott 12.34.8
 High Jump 1st Ese Osheviere 1.58
 Long Jump 1st Ese Osheviere
 Shot 1st Ese Osheviere 10.24
 Javelin 2nd Ese Osheviere 28.42

Saturday 30th May 1987 - Womens Southern League Div 2 - Vanstart Road, Windsor

| | |
|-----------------------------|------|
| 1. Dartford Harriers | 168½ |
| 2. Belgrave Harriers | 164½ |
| 3. Windsor Slough & Eton AC | 135 |
| 4. Cornwall AC | 134 |
| 5. Peterborough AC | 125 |

Juniors

100m Michelle De Leon 1st 12.8, Michelle McIntosh 1st 13.1
 200m Michelle De Leon 1st 27.1, Michelle McIntosh 2nd 27.9
 800m Samantha Huntley 5th 247.3, Katy Gordon 5th 253.7
 1500m Sarah Loder 4th 5.23.8, Nikala Stowell 5th 6.19.9
 75m Hurdles Sarah Loder 5th 15.4, Michelle Green 2nd 14.7
 High Jump Michelle De Leon 1st 1.40, Samantha Huntley 2nd 1.20
 Long Jump Michelle McIntosh 1st 4.74, Fiona Lambie 2nd 3.76
 Shot Natalia Fenyo 5th 5.14, Tracey Sayers 5th 4.94
 Discus Natalia Fenyo 5th 14.50, Sarah Loder 5th 8.78
 Javelin Tracey Sayers 4th 13.60, Natalia Fenyo 5th 12.44
 4x100m Relay 2nd 54.4 Michelle McIntosh, Michelle Green, Fiona Lambie,
 Michelle De Leon

Seniors

100m Yvonne Cole 2nd, 12.5, Andrea Coore 1st 12.8
 200m Yvonne Cole 4th 26.7, Allison Caulker 2nd 26.7
 400m Alexis Wotherspoon 2nd 60.8, Jacintha Coppinger 3rd 64.9
 800m Gabby Collinson 4th 2.21.7, Jacqui Smiter 5th 2.47.2
 1500m Jenny Webb 2nd 4.51.5, Jackie Stone 4th 5.29.8
 3000m Frances Guy 2nd 10.10.1, Jacintha Coppinger 1st 10.35.5
 100m Hurdles Andrea Coore 1st 16.2, Angela Abrams 1st 16.2
 400m Hurdles Angela Abrams 3rd 72.0, Nina Christou 2nd 71.4
 High Jump Andrea Coore 2nd 1.55, Jacqui Smiter 2nd 1.45
 Long Jump Andrea Coore 1st 5.38, Angela Abrams 2nd 4.58
 Shot Wendy Dunsford 1st 12.72, Helen Kemp 1st 11.88
 Discus Wendy Dunsford 2nd 32.54, Helen Kemp 1st 32.00
 Javelin Anne Marie Henry 4th 28.20, Yvonne Cole 4th 20.70
 4x100m Relay 1st 49.6 Alison Caulker, Angela Abrams, Andrea Coore, Yvonne Cole
 4x400m Relay 2nd 4.14.8 Alexis Wotherspoon, Dezrine Conrad, Gabby Collinson, Nina Christou

Saturday 30th May 1987 - Womens Southern League Div 4 - Barn Elms Track, Barnes

| A Match | | B Match | |
|---------------------|----------------|----------------------------|-----|
| 1 Belgrave Harriers | 138 | 1 Braintree & District AC | 200 |
| 2 Vale of Aylesbury | Did not attend | 2 Richmond & Twickenham AC | 168 |
| 3 Borehamwood AC | " " " | 3 Diss AC | 116 |

Juniors

100m Alison Blacker 1st 17.0
 75m Hurdles Alison Blacker 1st 17.7
 Long Jump Alison Blacker 1st 3.65

Seniors

100m Andrea Abrams 1st 13.2, Cindy James 1st 13.8
 200m Andrea Abrams 1st 27.1
 400m Cindy James 1st 67.3, Georgina Tura 1st 68.4
 800m Georgina Tura 1st 2.38.5, 1500m Millie Nott 1st 5.42.0
 100m Hurdles Cindy James 1st 18.4, Rachel Parrott 1st 23.4
 High Jump Andrea Abrams 1st 1.45, Rachel Parrott 1st 1.20
 Long Jump Andrea Abrams 1st 5.12, Mille Nott 1st 3.40
 Shot Cindy James 1st 8.67, Georgina Tura 1st 6.07
 Discus Cindy James 1st 26.70, Rachamel Parrott 1st 16.94
 Javelin Rachamel Parrott 1st 17.44, Georgina Tura 1st 14.02
 4x100m Relay 1st 55.6 Georgina Tura, Millie Nott, Andrea Abrams, Cindy James.

Sat/Sun 6/7th June 1987 - Southern Counties W.A.A.A. Championships - Cophtall

Junior 100m Ht 4th Michelle McIntosh 14.0
 Final 6th Michelle De Leon 13.2
 Inter 100m Ht 5th Andrea Abrams 13.0
 Senior 100m Hts 5th Alison Caulker 12.8, 5th Yvonne Cole 12.9, 6th Gail George 13.0
 Senior 200m Hts 6th Alexis Wotherspoon 28.0, 4th Gail George 27.4, 5th Alison Caulker 28.2
 Senior 1500m Ht 7th Jenny Webb 4.45.6
 Senior 5000m Final 8th Jacintha Coppinger 18.30.9, 9th Frances Guy 18.40.0
 Inter 80m Hurdles Final 6th Angela Abrams 11.9
 Inter 100m Hurdles Final 3rd Angela Abrams 16.2
 Inter 200m Hurdles Final 4th Angela Abrams 29.7
 Inter 400m Hurdles Final 5th Angela Abrams 70.5 (Ht 70.4)
 Inter Long Jump Final 7th Andrea Abrams 5.33
 Junior Long Jump Final 7th Michelle McIntosh 4.74
 Senior Shot Final 8th Wendy Dunsford 12.54
 Inter Discus 12th Cindy James 27.20

Wednesday 10th June 1987 - Rosenheim League - Tooting Bec

| | |
|--------------------------|----|
| 1. Belgrave Harriers | 55 |
| 2. Wimbledon Windmillers | 32 |
| 3. South London Harriers | 25 |
| 4. Herne Hill Harriers | 23 |
| 5. Croydon Harriers | 22 |

100m Gail George 1st 12.3
 200m Andrea Coore 1st 26.2
 400m Alexis Wotherthspoon 3rd 65.4
 800m Gabby Collinson 1st 2.22.5
 1500m Jenny Webb 1st 4.57.9
 3000m Jackie Stone 2nd 11.52.0
 100m Hurdles Andrea Coore 2nd 16.1
 Long Jump Andrea Coore 1st 5.40
 Javelin Shelley Taliadoros 2nd 14.12
 4x200m Relay 1st 146.3 Cindy James, Alexis Wotherthspoon, Andrea Coore, Gail George.

Saturday 13th June - Surrey Schools Championships - Motspur Park

Junior Girls 100m Final 3rd Michelle McIntosh 13.1
 Senior Girls 1500m Final 1st Jenny Webb 4.51.9

Sunday 14th June - GRE Cup 2nd Round - Norbiton

| | |
|----------------------|-----|
| 1. Oxford City ACT | 116 |
| 2. Belgrave Harriers | 92 |
| 3. Reading AC | 90 |
| 4. Norwich | 75 |
| 5. Woking | 73 |
| 6. Nene Valley LAC | 61 |

100m Andrea Coore 4th 12.8
 200m Andrea Coore 3rd 26.1
 400m Alexis Wotherthspoon 5th 60.7
 800m Gabby Collinson 5th 2.18.9
 1500m Jenny Webb 2nd 4.48.3
 3000m Jacintha Coppinger 1st 10.22.0
 100m Hurdles Angela Abrams 2nd 16.0
 400m Hurdles Angela Abrams 3rd 69.8
 High Jump Andrea Abrams 4th 1.45
 Long Jump Andrea Abrams 2nd 5.52
 Shot Wendy Dunsford 1st 12.81
 Discus Wendy Dunsford 1st 32.64
 Javelin Anne Marie Henry 5th 31.94
 4x100m Relay 2nd 49.1 Cindy James, Angela Abrams, Andrea Abrams, Andrea Coore
 4x400m Relay 5th 4.11.9 Alexis Wotherthspoon, Gabby Collinson, Jenny Webb, Dezzrine Conard

Sunday 14th June - Thameside League - Battersea Park

| <u>Girls</u> | | <u>Juniors</u> | |
|-----------------------------|----|--------------------------|-----|
| 1. Croydon Harriers | 59 | 1. Croydon Harriers | 104 |
| 2. Queens Park Harriers | 48 | 2. Yateley & District AC | 92 |
| 3. Yateley & District AC | 45 | 3. Belgrave Harriers | 70 |
| 4. Richmond & Twickenham AC | 25 | 4. Herne Hill Harriers | 53 |
| 5. Belgrave Harriers | 24 | 5. Queens Park Harriers | 35 |
| 6. Herne Hill Harriers | 23 | 6. Richmond & Twickenham | 25 |

Girls 200m Nikala Stowell 5th 33.2
 800m Sarah Loder 1st 2.41.0, Nikala Stowell 2nd 2.52.7
 70m Hurdles Sarah Loder 1st 14.4, Long Jump Sarah Loder 2nd 3.61

Juniors 100m Michelle McIntosh 1st 13.5, Venetia Olafisoya 1st 14.0
 200m Michelle McIntosh 1st 28.1, Anna Ahmet 3rd 30.1
 800m Louise Cannon 4th 239.4, 1600m Walk Catherine Mann 1st 9.29.0
 75m Hurdles Allison Blacker 4th 16.8, Venetia Olafisoya 2nd 14.2
 Long Jump Michelle McIntosh 1st 4.58, Anna Ahmet 4th 3.56

Saturday 20th June 1987 - Womens Southern League Div 2 - Gloucester Park, Basildon

| | |
|------------------------------------|-----|
| 1. Basildon AC | 185 |
| 2. Belgrave Harriers | 157 |
| 3. Kingston & Polytechnic Harriers | 149 |
| 4. Uxbridge Ladies AC | 123 |
| 5. Milton Keynes AC | 117 |

Juniors

100m Michelle De Leon 1st 12.8 Michelle McIntosh 1st 13.3
 200m Michelle De Leon 1st 26.2 Michelle McIntosh 1st 27.6
 800m Louise Cannon 4th 2.37.9 T Whelan 5th 3.11.7
 1500m Sarah Loder 4th 5.26.1 Nikala Stowell 5th 6.11.7
 75m Hurdles Venetia Olafisoya 5th 21.2, Sarah Loder 5th 18.3
 High Jump Michelle De Leon 4th 1.30, Gifty Yeboah 4th 1.25
 Long Jump Michelle McIntosh 2nd 4.81, Gifty Yeboah 4th 3.60
 Shot Venetia Olafisoya 5th 6.87, Anna Ahmet 4th 6.01
 Discus Anna Ahmet 5th 13.56, B Whetstein 4th 11.50
 Javelin Tracey Sayers 3rd 15.72 B Whetstein 3rd 9.78
 4x100m Relay 1st 52.6 Fiona Lambie, Michelle McIntosh, Michelle Green, Michelle De Leon.

Seniors

100m Andrea Coore 2nd 12.6, Alison Caulker 2nd 12.5
 200m Andrea Coore 2nd 26.4, Alison Caulker 1st 25.9
 400m Alexis Wotherspoon 2nd 60.6, Dezrine Conard 2nd 61.6
 800m Georgina Tura 5th 2.28.7, Jackie Stone 5th 2.34.2
 1500m Georgina Tura 4th 5.26.9, Jacqui Smiter 4th 5.59.6
 3000m Jakkie Stone 3rd 11.52.0, Jacqui Smiter 2nd 11.56.6
 100m Hurdles Angela Abrams 2nd 15.3, Andrea Coore 2nd 16.1
 400m Hurdles Angela Abrams 2nd 66.1, Nina Christou 1st 69.9
 High Jump Andrea Abrams 4th 1.50, Jacqui Smiter 2nd 1.35
 Long Jump Andrea Abrams 1st 5.31, Andrea Coore 1st 5.18
 Shot Wendy Dunsford 1st 12.79, Debbie Whall Roberts 1st 10.61
 Discus Wendy Dunsford 2nd 31.84, Cindy James 2nd 29.82
 Javelin Anne Marie Henry 3rd 31.78, Angela Abrams 4th 23.28
 4x100m Relay 2nd 49.5 Cindy James, Angela Abrams, Andrea Abrams, Andrea Coore
 4x400m Relay 2nd 4.13.8 Alexis Wotherspoon, Dezrine Conard, Nina Christou, Cindy James

Wednesday 24th June 1987 - Rosenheim League - Tooting Bec

| | |
|--------------------------|----|
| 1. Belgrave Harriers | 55 |
| 2. Surrey Beagles | 38 |
| 3. Wimbledon Windmillers | 32 |
| 4. Croydon Harriers | 27 |
| 5. South London Harriers | 18 |
| 6. Herne Hill Harriers | 15 |

100m Andrea Coore 1st 13.0
 200m Gail George 1st 25.8
 400m Dezrine Conard 3rd 63.1
 800m Jacintha Coppinger 1st 2.23.1
 1500m Jackie Stone 4th 5.16.0
 3000m Jenny Webb 1st 10.36.0
 400m Hurdles Angela Abrams 3rd 66.9
 High Jump Andrea Abrams 2nd 1.35
 Shot Andrea Coore 2nd 8.62
 Discus Cindy James 3rd 29.30
 4x200m Relay 1st 152.0 Nina Christou, Alexis Wotherspoon, Dezrine Conard, Jacintha Coppinger

Saturday 4th July - Thameside League - Battersea ParkGirls

| | | |
|----|--------------------------|----|
| 1. | Richmond & Twickenham AC | 63 |
| 2. | Croydon Harriers | 61 |
| 3. | Yateley & District AC | 48 |
| 4. | Herne Hill Harriers | 27 |
| 5. | Queens Park Harriers | 21 |
| 6. | Belgrave Harriers | 10 |

Juniors

| | | |
|----|--------------------------|----|
| 1. | Croydon Harriers | 97 |
| 2. | Yateley & District AC | 70 |
| 3. | Belgrave Harriers | 69 |
| 4. | Herne Hill Harriers | 48 |
| 5. | Queens Park Harriers | 38 |
| 6. | Richmond & Twickenham AC | 28 |

Girls 800m Sarah Loder 2nd 2.39.1 70m Hurdles Sarah Loder 2nd 14.7

Juniors

100m Michelle McIntosh 1st 13.2, Fiona Lambie 1st 13.8
 200m Michelle Mcintosh 1st 27.3, Fiona Lambie 1st 29.0
 800m Louise Cannon 3rd 2.33.4, 75m Hurdles Alison Blacker 4th 21.0
 1600m Walk Catherine Mann 1st 9.44.7, Shot Shelby Taliadoros 3rd 6.38
 Long Jump Michelle McIntosh 1st 4.86, Anna Ahmet 4th 3.73
 Discus Shelby Taliadoros 4th 14.92, Anna Ahmet 2nd 14.66
 Javelin Tracey Sayers 1st 18.26, Shelby Taliadoros 2nd 13.90
 4x100m Relay Disqualified

Wednesday 8th July 1987 - Rosenheim League - Battersea Park

| | | |
|-----|-----------------------|----|
| (1. | Belgrave Harriers | 44 |
| (1. | Wimbledon Windmillers | 44 |
| 3. | South London Harriers | 12 |
| 4. | Herne Hill Harriers | 5 |
| 5. | Croydon Harriers | 2 |

100m Gail George 1st 12.8
 200m Alison Caulker 1st 26.0
 400m Dezrine Conard 1st 62.0
 800m Jacintha Coppinger 3rd 2.26.2
 3000m Jacqui Smiter 3rd 12.00.7
 Long Jump Andrea Coore 1st 5.03
 Javelin Ese Oshevire 1st 27.00
 4x200m Relay 1st 149.3

Saturday 11th July - Centenary Club Championships - Battersea Park

100m(SL) 1. G George 12.7sec
 2. A Akpofure 13.0
 3. And Abrams 13.2

100m(JL) 1. A Blacker 14.8secs
 2. T Sayers 15.5
 3. G Sampson 17.9

200m(SL) 1. S Caulker 25.3secs
 2. G George 25.5
 3. E Oshevire 25.9
 4. Y Cole 26.3
 5. Ang Abrams 26.8
 6. C James 27.3

200m(JL) 1. A Blacker 30.8
 2. S Loder 31.9
 3. K Gordon 32.4

800m(SL) 1. J Webb 2m 22.2secs

800m(JL) 1. S Huntley 2"32.3
 2. L Gannon 2"37.0
 3. S Loder 2"44.1
 4. J Smiter 2"50.8
 5. K Gordon 2"59.2

400m(SL) 1. G George 59.2sec
 2. Y Cole 61.0
 3. A Wotherspoon 61.8
 4. D Conard 62.4
 5. N Christou 63.8

1500m(SL) 1. J Coppinger 5"02.5

1500m(JL) 1. L Gannon 5"33.8

100m HURDLES 1. E Oshevire 14.9secs
 (SL) 2. Ang Abrams 15.3
 3. C James 16.5

DISCUS(SL) 1. W Dunsford 32.00m
 2. C James 30.30
 3. M Caesar 29.80

HIGH JUMP(SL) 1. J Smiter 1.35m

(JL) 1. S Huntley 1.28m

SHOT PUTT(SL) 1. W Dunsford 12.82m
 2. E Colquhoun 6.94m

JAVELIN(SL) 1. E Oshevire 26.60m

2. E Colquhoun 13.74m

LONG JUMP(SL) 1. E Oshevire 5.47m
 2. I Akopufure 5.11m

(JL) 1. T Sayer 15.00m

2. A Blacker 14.56m

(JL) 1. A Blacker 3.67m

3. L Gannon 11.04m

4. S Loder 10.84m

2. S Loder 3.67m

Saturday 1st August 1987 - Thameside League - Battersea Park

| Girls | | Juniors | |
|-----------------------------|----|------------------------------|-----|
| 1. Croydon Harriers | 74 | 1. Herne Hill Harriers | 113 |
| 2. Richmond & Twickenham AC | 38 | 2. Croydon Harriers | 85 |
| 3. Yateley & District AC | 29 | 3. Belgrave Harriers | 74 |
| 4. Belgrave Harriers | 10 | (4. Richmond & Twickenham AC | 46 |
| 5. Queens Park Harriers | 8 | (4. Yateley & District AC | |
| | | 5. Queens Park Harriers | 7 |

Girls
Sarah Loder 200m 3A 31.5 800m 2A 238.8 Long Jump 3A 3.46

Juniors
100m Michelle McIntosh 1A 13.4 Michelle Green 1B 13.7
200m Michelle McIntosh 1A 27.5 Michelle Green 1B 27.9
75m Hurdles Alison Blacker 4A 16.4 Pippa Manderrsohn 2B 13.8
1600m Walk Catherine Mann 1A 93.93
Long Jump Michelle McIntosh 1A 5.04 Fiona Lambie 3B 3.87
Shot Pippa Manderrsohn 3rd 18.50 Shelby Taliadoros 3rd 15.26
Javelin Shelby Taliadoros 5th 14.38 Alison Blacker 3rd 11.62
4x100m Relay 2nd 54.9

Sunday 2nd August 1987 - GRE Cup Semi Final - West London Stadium

| | |
|------------------------|-----|
| 1. Essex Ladies AC | 112 |
| 2. Croydon Harriers | 88 |
| 3. Haringey AC | 79 |
| 4. Mitcham & Sutton | 66 |
| 5. Oxford City AC | 57 |
| 6. Portsmouth AC | 55 |
| 7. Belgrave Harriers | 53 |
| 8. Atalanta Farnham AC | 43 |

100m Alison Caulker 7th 12.9 200m Alison Caulker 4th 25.53
400m Alexis Wotherspoon 8th 62.9 800m Georgina Husbands 7th 2.38.75
1500m Jenny Webb 4th 4.38.57 3000m Jacintha Coppinger 5th 10.39.13
100m Hurdles Ese Oshevire 3rd 14.73 400m Hurdles Angela Abrams 7th 67.33
High Jump Ese Oshevire 5th 1.60 Long Jump Andrea Abrams 6th 5.28
Shot Wendy Dunsford 4th 12.88 Discus Wendy Dunsford 6th 33.86
Javelin Anne Marie Henry 4th 32.50
4x100m Relay 7th 49.81 Cindy James, Angela Abrams, Andrea Abrams, Alison Caulker
4x400m Relay 8th 4.08.67 Alexis Wotherspoon, Dezrine Conard, Nina Christou, Angela Abrams.

Wednesday 5th August 1987 - Rosenheim League - Tooting Bec

1.
2.
3.
4.
5.
6.
100m Yvonne Cole 1st 12.8 200m Cindy James 1st 27.3
400m Carol Glasgow 1st 60.7 800m Jenny Webb 1st 2.20.9
3000m Jacintha Coppinger 1st 10.29.0 Long Jump Andrea Abrams
Javelin Anne Marie Henry 1st 33.94
4x200m Relay 1st 1.50.8 Cindy James, Dezrine Conard, Andrea Abrams, Yvonne Cole.

Saturday 8th August 1987 - Southern League Div 2 - Feltham Arena

| | |
|---------------------------|------|
| 1. Borough of Hounslow AC | 172½ |
| 2. Woking AC | 151 |
| 3. Oxford City AC | 139 |
| 4. Belgrave Harriers | 130 |
| 5. Ipswich Harriers | 128½ |

Juniors

| | |
|---------------------------------------|---|
| 100m Michelle De Leon 1st 13.1 | Michelle McIntosh 1st 13.5 |
| 200m Michelle McIntosh 2nd 28.3 | Fiona Lambie 4th 29.3 |
| 800m Samantha Huntley 5th 2.52.0 | Sarah Loder 2nd 2.36.9 |
| 75m Hurdles Pippa Mendelsohn 3rd 13.6 | Sarah Loder 5th 17.6 |
| Long Jump Michelle McIntosh 2nd 4.88 | Pippa Mendelsohn 3rd 4.15 |
| Shot Tracey Sayers 5th 4.54 | |
| Discus Pippa Mendelsohn 4th 19.30 | Sarah Loder 3rd 11.96 |
| Javelin Tracey Sayers 3rd 16.88 | Fiona Lambie 4th 8.88 |
| 4x100m Relay 4th 56.3 | Michelle McIntosh, Fiona Lambie, Pippa Mendelsohn |
| Sarah Loder | |

Seniors

| | |
|---|--|
| 100m Alison Caulker 1st 12.5, Yvonne Cole 1st 13.1 | |
| 200m Alison Caulker 2nd 25.4, Yvonne Cole 3rd 26.5 | |
| 400m Alexis Wotherspoon 5th 62.6, Dezrine Conard 4th 62.8 | |
| 800m Georgina Husbands 5th 235.7, Jackie Stone 3rd 2.37.3 | |
| 1500m Jenny Webb 4th 4.37.5, Jacintha Coppinger 4th 4.58.2 | |
| 3000m Jacintha Coppinger 1st 10.43.5, Georgina Husbands 3rd 12.41.1 | |
| 100m Hurdles Ese Oshevire 1st 14.8, Nina Christou 4th 196 | |
| 400m Hurdles Nina Christou 2nd 70.4, Jackie Stone 2nd 77.4 | |
| High Jump Ese Oshevire 1st 1.50, Jackie Stone 5th 1.25 | |
| Long Jump Ese Oshevire 3rd 5.51, Maneka Caesar 5th 3.22 | |
| Shot Wendy Dunsford 1st 12.40, Helen Kemp 1st 11.87 | |
| Discus Wendy Dunsford 3rd 32.68, Helen Kemp 2nd 29.66 | |
| Javelin Ese Oshevire 5th 24.76, Maneka Caesar 4th 20.34 | |
| 4x100m Relay 2nd 50.4 | AlisonCaulker, Dezrine Conard, Ese Oshevire, Yvonne Cole. |
| 4x400m Relay 5th 4.15.5 | Alexis Wotherspoon, Dezrine Conard, Nina Christou, Jenny Webb. |

Saturday 8th August 1987 - Southern League Div 4 - Lakenham Road, Norwich

| | |
|-----------------------------|-----|
| 1. Lowestoft AC | 201 |
| 2. Richmond & Twickenham AC | 167 |
| 3. Vale of Aylesbury AC | 163 |
| 4. Diss AC | 150 |
| 5. Belgrave Harriers | 30 |

Juniors

Maureen Okula 100m 1st 13.7, 200m 28.8

Seniors

Alison Sylvester 100m 4th 13.8, 200m 4th 29.7
Debbie Whall-Roberts Shot 1st 10.08 Discus 4th 19.86 Javelin 3rd 20.60

Wednesday 19th August 1987 - Rosenheim League Final - Tooting Bec

| | |
|------------------------------------|----|
| 1. Belgrave Harriers | 61 |
| 2. Kingston & Polytechnic Harriers | 56 |
| 3. Epsom & Ewell Harriers | 50 |
| 4. Surrey Beagles AC | 35 |
| 5. Walton AC | 32 |
| 6. Wimbledon Windmillers | 16 |

| | |
|--|--------------------------------------|
| 100m Alison Caulker 2nd 12.4 | 200m Yvonne Cole 26.7 |
| 400m Carol Glasgow 2nd 59.6 | 800m Georgina Husbands 3rd 2.29.5 |
| 1500m Jenny Webb 1st 4.42.2 | 3000m Jacintha Coppinger 1st 10.48.0 |
| 400m Hurdles Angela Abrams 1st 66.5 | High Jump Andrea Abrams 4th 1.40 |
| Long Jump Andrea Abrams 2nd 5.30 | Shot Wendy Dunsford 1st 12.15 |
| Discus Wendy Dunsford 2nd 32.20 | |
| 4x200m Relay 1st 1.46.1 (This was not only a club record at the time but also Tooting Bec Ground record) | |

Cindy James, Angela Abrams, Andrea Abrams, Alison Caulker

NON SCORING EVENTS RESULTS

100m 1 Y Cole 12.9, 2 A Abrams, 13.0, 3 C Glasgow 13.2, 4 P Mendelsohn 14.8, 5 A Blacker 14.9 (All Bels)
SHOT P 1 C James 8.84m Discus 1 C Jarrs 29.10m
LJ 1 P Mendelsohn 4.09m, 2 A Blacker 3.60m

30.8.87 LONDON BOROUGH CHAMPIONSHIP : COPTHALL STADIUMLADIES REPRESENTING HAMMERSMITH AND FULHAM TEAM

100m Hdls 2. Angela Abrams 16.50secs 200m 2. Cindy James 27.20 (PB)
400m 4. Nina Christou 63.90 secs HJ 2. Andrea Abrams 1.50m
LJ 2. Angela Abrams 5.59m Shot Cindy James 8.66m
4x400m Relay 1. (C James, Ang Abrams, And Abrams, N Christou) 50.50s
Discus 2. Cindy James 30.54m

Westminster Team

200m 3. Alexis Wotherspoon 27.40s 400m 2. A Wotherspoon 61.8
1500m 2. Georgina Husbands 5"25.3(PB) LJ 1. J Smiter 1.40m
75m Hdls 3. Fiona Lambie
4x400m Relay 3 (G Husbands, F Lambie, M Green, A Wotherspoon)
Non Scoring Events 1500m 3. S Loder 5"23.6 (PB) 200m M Green 28.3

Sat/Sun 22/23rd August 1987 - Southern Counties Womens AAA Multi Events and Relay Championships - Kings Park BournemouthSenior Heptathlon

8th Ese Oshevire (Points unknown)

100m Hurdles 14.9 Shot 10.73 High Jump 1.51 200m 25.7 Long Jump
 Javelin 800m

3000m Jacintha Coppinger 10.55.1

Euro-Junior 400m Hurdles 2nd Nina Christou 70.9

Junior 4x100m Relay 1st 51.7 Michelle McIntosh, Fiona Lambie, Michelle Green, Michelle De Leon

(Junior Intermediate Club Record)

4x200m Relay 1st 1.48.5 Michelle McIntosh, Fiona Lambie, Michelle Green, Michelle De Leon (Senior Club Record)

Senior 4x100m Relay 3rd 48.8 Cindy James, Angela Abrams, Andrea Abrams, Alison Caulker (Senior Club Record)

4x200m Relay 3rd 1.44.3 Cindy James, Angela Abrams, Andrea Abrams, Alison Caulker (Senior Club Record)

3x800m Relay 1st 7.47.7 Jackie Stone, Jacqui Smiter, Jacintha Coppinger

World Athletics Championships - Olympic Stadium Rome

100m 6th (Heat) Alison Caulker 12.33 (Representing Sierra Leone)

Saturday 5th September 1987 - Southern League Div 2 - Downgrange, Basingstoke

| | |
|-------------------------|------|
| 1. Mid Hants AC | 168 |
| 2. Bracknell AC | 148½ |
| 3. Belgrave Harriers | 142 |
| 4. Stevenage & N Herts | 140½ |
| 5. Parkside (Harrow) AC | 123 |

Juniors

| | |
|--|--|
| 100m Michelle Green 4th 142 | Fiona Lambie 2nd 14.2 |
| 200m Michelle Green 3rd 29.0 | Fiona Lambie 2nd 29.5 |
| 800m/Long Jump Sarah Loder 5th 2.48.3: | 5th 3.64 |
| 75m Hurdles Fiona Lambie 4th 16.2 | Pippa Mendelsohn 1st 13.7 |
| High Jump Pippa Mendelsohn 3rd 1.25 | Javelin Tracey Sayers 4th 13.36 |
| Shot Michelle Green 4th 5.63 | Tracey Sayers 4th 5.21 |
| Discus Pippa Mendelsohn 4th 18.28 | Sarah Loder 4th 12.12 |
| 4x100m Relay 4th 57.0 | Sarah Loder, Fiona Lambie, Michelle Green, Pippa Mendelsohn: |

Seniors

| | |
|--------------------------------------|---|
| 100m Yvonne Cole 2nd 12.7 | Andrea Abrams 1st 13.2 |
| 200m Yvonne Cole 3rd 27.2 | Cindy James 1st 27.5 |
| 400m Alexis Wotherspoon 3rd 62.7 | Dezrine Conard 3rd 64.2 |
| 800m Jenny Webb 4th 2.23.4 | Georgina Husbands 4th 2.29.4 |
| 1500m Jacintha Coppinger 5th 5.07.7 | Jackie Stone 3rd 5.33.4 |
| 3000m Jacintha Coppinger 3rd 10.43.0 | Jacqui Smiter 3rd 12.17.00 |
| 400m Hurdles Angela Abrams 2nd 70.0 | Nina Christou 1st 69.7 |
| High Jump Jacqui Smiter 3rd 1.38 | Andrea Abrams 3rd 1.30 |
| Long Jump Andrea Abrams 1st 5.10 | Angela Abrams 1st 4.78 |
| Shot Wendy Dunsford 1st 11.86 | Helen Kemp 1st 11.32 |
| Discus Wendy Dunsford 2nd 33.22 | Helen Kemp 2nd 32.20 |
| Javelin Anne Marie Henry 1st 32.36 | Wendy Dunsford 3rd 17.98 |
| 4x100m Relay 1st 52.1 | Cindy James, Angela Abrams, Andrea Abrams, Yvonne Cole |
| 4x400m Relay 3rd 4.19.7 | Alexis Wotherspoon, Nina Christou, Jenny Webb, Dezrine Conard |

Saturday 5th September 1987 - Southern League Div 4 - Battersea Park

| | |
|-----------------------------|------|
| 1. Braintree & District AC | 197½ |
| 2. Lowestoft AC | 186 |
| 3. Richmond & Twickenham AC | 178½ |
| 4. Vale of Aylesbury AC | 162 |
| 5. Belgrave Harriers | 95 |
| 6. Diss AC | 88 |

Juniors

| | |
|-----------------------------------|--|
| 100m Maureen Okolu 4th 14.0 | Alison Blacker 4th 15.0 |
| 200m Fiona Myrie 1st 27.1 | Maureen Okolu 2nd 29.1 |
| 800m Natalia Fenyo 2nd 2.47.1 | 75m Hurdles Fiona Myrie 3rd 12.9 |
| Long Jump Alison Blacker 5th 3.99 | Sarah Denton 6th 3.33 |
| Shot Yvonne Denton 5th 8.80 | Sarah Denton 4th 5.74 |
| 4x100m Relay 4th 58.8 | Maureen Okolu, Yvonne Denton, Alison Blacker, Fiona Myrie. |

Seniors

| | |
|------------------------------------|--|
| 100m Jhinuk Babu 4th 13.7 | Alison Sylvester 3rd 14.4 |
| 200m Alison Sylvester 3rd 29.3 | Sarah Dewes 4th 30.9 |
| 3000m Alison Laing 1st 11.28.4 | 100m Hurdles Jhinuk Babu 4th 20.2 |
| High Jump Sarah Dewes 5th 1.25 | |
| Long Jump Jhinuk Babu 2nd 4.34 | Sarah Dewes 1st 4.24 |
| Shot Debbie Whall-Roberts 2nd 9.84 | Sarah Dewes 3rd 7.42 |
| Discus Maneka Caesar 2nd 28.08 | Debbie Whall-Roberts 3rd 20.94 |
| 4x100m Relay 5th 58.7 | Alison Sylvester, Jhinuk Babu, Sarah Dewes, Maneka Caesar. |

Saturday 22nd August 1987 - American Banks Championships - West London Stadium

100m Alexis Wotherspoon 1st 13.0
 200m Alexis Wotherspoon 1st 27.2
 400m Alexis Wotherspoon 1st 62.0
 Javelin Alexis Wotherspoon

12.9.87 KIMBERLEY CLARK TROPHY : COPTHALL STADIUM

Senior ladies

100m 1. A Abrams 13.50s
200m 4. A Abrams 27.80s
400m 3. C James 64.10s
800m 5. J Stone 2"34.1
1500m 11. J Smiter 5"461.
80mH 6. A Abams 12.01s
400mH 1. Ang Abrams 69.70s
4x400m 2. (C James, Ang Abrams
 And Abrams, J Stone)
 HJ 12. J Smiter 1.35m
 LJ 3. And Abrams 5.25m
 Shot 8. C James 8.53m
 Disc 6. C James 27.28m

Junior ladies

100m 2. M De Leon 13.10sec
200m 2. M De Leon 27.40s
800m 7. M Fenyo 2"54.1
1500m 14. L Gannon 5"50.9
70mH 6. P Mendelsohn 13.40s
4x100m 6. (M Green, N Fenyo
 P Mendelshohn, M De Leon)
 Shot 9. P Mendelsohn 6.15m
 Discus 4. P Mendelsohn 18.76m
 Jav 17. M Green 15.00m
 Non Score 800m 4. S Loder 2"39.4
70mH 5. S Loder 14.15

20.9.87 THE MELBOURNE INTERNATIONAL TROPIES MEETING (FOR THE INTERNATIONAL YOUTH GAMES AND MELBOURNE TROPHY) - CRYSTAL PALACE

100m 4. Y Cole 12.77s
N/S A Abrams 13.08s
 M De Lyon 13.08
 F Lambie 13.69
 M Green 13.72
400m 9. A Wotherspoon 61.72s
1 mile 3. J Coppinger
100m 7. C James 16.28s
 HJ 10. A Abrams 1.45m
 Shot 1. W Dunsford 12.088m
TEAM RESULT - (16 completed)

200m 6. Y Cole 26.90s
 NS M De Lyon 26.45s
 A Wotherspoon 27.26
 C James 27.44
 M Green 28.06
800m 7. J Stone 2"27.8
 NS 5. S Loder 2"37.67s
4x100m 2. Belgrave 49.20s
 NS Belgrave 51.58s
 LJ 3. A Abrams 5.39m
Discus 5. W Dunsford 31.50m
 1. Haute Normandie (France) 155 pts
 2. Hermes Ostende (Belgium) 153 pts
 3. Belgrave Harriers 132 pts

Belgrave (Ladies) won the Melbourne Trophy for the First British Team. Other clubs were Cambridgeshire County, Epsom and Ewell, Middlesex ladies, Croydon H, Kingston and Poly, Guildford and Godalming, Herne Hill H, Woking AC, Norway, SLH, Herc. Wimb., Greenwich and Mitcham.

4.10.87 - McVITIES GOLD CHALLENGE 25 x 1mile Relay - BATTERSEA PARK

This event requires 25 different individual runners to constitute a team. Unfortunately we ran out of individuals at the 21st stage so the final 4 stages had to be completed by runners who had already competed so that our final time could not be considered as legitimate. Next time we hope to have the requisite number. Mile times on Page 36.

The Editor wishes to thank all who contributed items to this issue of the 'Belgravian' and in particular Steve Williams and Leo Coy for their very intricate, but lucid, Track and Field Section Report. Photographs are by courtesy of- Steve Williams, Clive Shippen, Joe Coleman.



Top - Sprinters at Crystal Palace 20.9.87 - (141) Cindy James, (95) Michelle Green, (169) Carol Glasgow, (116) Michelle De Leon, (108) Alexis Wotherspoon, (4) Yvonne Cole.
Long Jump (No 4) Andrea Abrams

Middle Left - Southern W.A.A.A. Junior Ladies Championship Belgrave's winning team for 4 x 100m and 4 x 200m Relays L-R - M De Leon, F Lambie, M McIntosh, M Green.

Bottom Right - A "peal" of Bels at the Club Championships (77) Y Cole, (63) G George, (69) A Wotherspoon (-) D Conard, (65) N Christou.



11.7.87 - CLUB CHAMPIONSHIPS - BATTERSEA PARK

Top (4) Jacintha Coppinger 1500m., (70) Jenny Webb 800m (62) Alison Blacker 100m, 200m Junior, (59) Louise Gannon 1500m Junior

Lower (56) Samantha Hunter, 800m Junior (78) Alison Caulker dips to beat Gail George (63) in 200m.