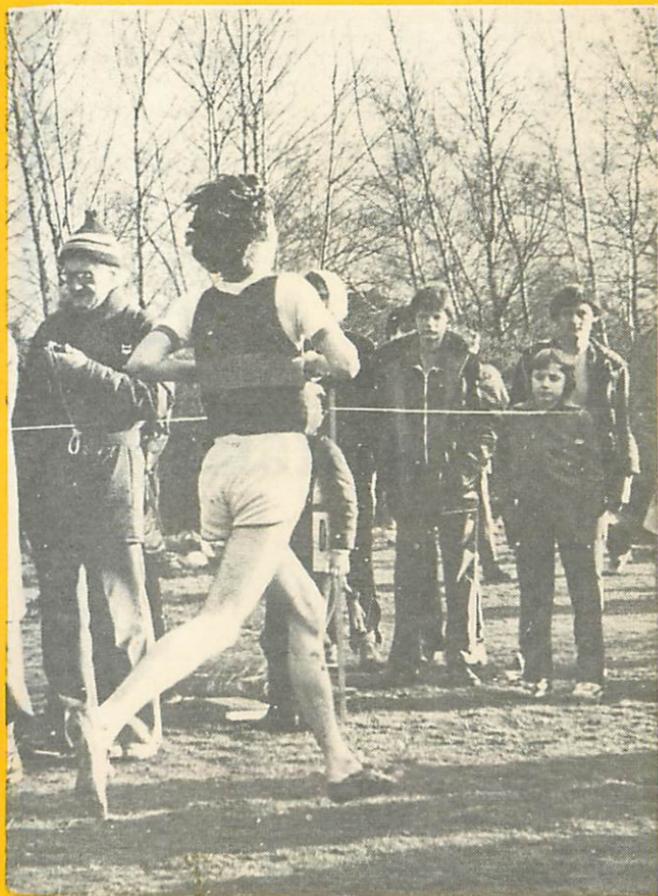


THE

APRIL 1980

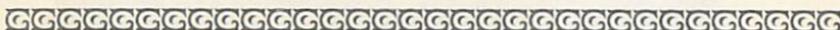
BELGRAVIAN



the official gazette of belgrave harriers •

EDITORIAL

Apr. 1925 - June 1927	W.H.Hare	Nov. 1949 - Aug. 1953	(F.H.Elson S.C.Roberts
Oct. 1927 - March 1929	B.J.T.Knifton		
Apr. 1929 - Sept. 1930	A.A.Harley	July 1954 - Oct. 1956	S.C.Roberts
Oct. 1930 - July 1931	(A.A.Harley H.L.Rollins	Jan. 1957 - Sept. 1959	(E.M.Bishop H.A.Bishop L.C.Bishop
Aug. 1931 - Aug. 1933	(A.A.Harley F.R.Webb	Nov. 1959 - July 1961	(C.Shippen M.F.Robinson
Sept. 1933 - Sept. 1928	(A.A.Harley F.R.Webb H.W.Shields	January '62 - Nov. 64	(C.Shippen D.E.Mitchell
Dec. 1938 - Apr. 1940	(G.S.Doubleday F.R.Webb	Feb. 1965 - Sept. 1967	(C.Shippen A.R.Mead
Second Edition 1940	(A.A.Harley F.R.Webb	Dec. 1967 - Sept. 1970	C.Shippen
June 1941	F.R.Webb	December 1970	D.Maclean & Editorial Committee
Nov. 1941 - May 1942	H.W.Shields	September 1972	C.Shippen & Edit.Commttee.
Oct. 1942 - June 1946	G.S.Doubleday	Dec. 1972 - April 1979	A.R.Mead
Dec. 1946 - March 1948	S.F.Bradnum	Oct. 1979 - present	W.R.Laws
Nov. 1948 - June 1949	H.Parker		

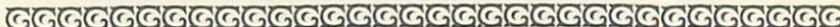


WELCOME

D.Alldis	A.Horton	R.McGraw
E.Aska	A.Jones	A.North
S.Beddoe	G.Jones	G.Russell
Miss M.Bright	M.Jones	R.Savage
V.Butcher	Miss S.Keyede	J.Teal
P.Dorman	K.Kersey	D.Williamson
M.Fareilly	R.Kersey	Miss J.Wilson
G.Ferrie	M.Lake	Miss A.Wrenn
Miss J.Foreman	M.Levitt	

NEW ASSOCIATE MEMBERS

Mrs. D.Butcher	Miss B.Ormiston-Wright	R.Patterson
	Mrs. J.Martin	



Photos by Bill Laws

- Front Cover. Gordon Doubleday concentrates on timekeeping as David North wins the Surrey Youths C.C. Championships.
- Back Cover. Tony Binda stalks International Don Faircloth and continues his battle to regain form.
- Inside Back. John Bicourt, first Belgravian home in the Surrey Senior C.C. Championships.

THE BELGRAVIAN

NUMBER 200



FOUNDED 1887

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- 4. GRAPEVINE
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- 27. YOUTHS AND BOYS
- 32. VETS CORNER
- 35 WITH THE LADIES

200 TODAY

200 today and going strong! The Belgravian is a long established tradition and is as much a part of Belgrave as claret and gold. Our club has always attracted a widely dispersed membership and we like to think that the club magazine plays a small part in keeping Belgravians in touch with old friends while introducing them to our new members.

Certainly over the years it has recorded our periods of high achievements, but has also reported on harder times. It has applauded, cajoled and where necessary castigated but has done all these things with good humour. We make no apology for using this anniversary to look back at some of the Belgravians who have made major contributions to our affairs over the years. In this issue we have also introduced a note of nostalgia and have located writers such as the satirical set of the swinging 1960's and persuaded them to return from retirement to produce our centre-fold!

So happy birthday to the Belgravian and our thanks to all its contributors.

HARD TIMES

Whatever the rights and wrongs of sending athletes to the Olympics in Russia it never fails to amaze us how for 99.9% of the time Governments, whether National or Local, totally ignore our sport. At local level Merton Council confound us by charging full rates on our hard earned facilities when they could apply a 50% rate reduction - some 80% of Boroughs do for Athletic Clubs. At National level we see little support for improved facilities - both indoor and out. When will officialdom realise that the achievements of our sportsmen abroad do more for the prestige of our Country than almost any other political or commercial activity? It is little wonder that athletes have scant regard for Politicians who only meddle in our affairs when it suits them. Perhaps if there were to be more positive financial support relations would improve. Lets hope that after the fuss over Moscow has abated, Government will take a more constructive lead in helping grass-roots athletics.

- 37. CROSS COUNTRY AND ROAD RUNNING
- 45. RANKINGS

grapevine

John Thresher, who still holds the Club mile record, writes from San Francisco following a reunion with Doug Brew and Chris Steer. We learn that he recently ran his first mile race for 10 years and recorded 4.35!

Reuter reports that as part of a keep fit campaign, an Ohio firm is paying employees who run 6 miles per week \$25 dollars per month. At \$1 per mile several of our long distance men would consider such an arrangement very satisfactory.

Luck, good or bad, frequently runs in threes. In the last issue we were happy to report 3 weddings. This time we regret to record that Gordon Biscoe, Derek Jones and Bill Lucas have all been hospitalised recently for the same operation. All have made good recoveries. Protocol prevents us from giving details, but rumour has it that Derek is now known as 'little Hern'.

We are pleased to hear from Win Shepperd that her mother, Mrs. Savage, is well, but the winter weather keeps her indoors. Perhaps when the fine weather comes along we will see her at a track meeting which she enjoys so much.

Arthur Penny has recently been to Canada to visit relatives, hence his absence from some of our fixtures. He is now back and looks his usual picture of fitness.

Still coming along from Erith to judge walking events is Harold King, where you can see him stepping it out to some vantage point. One of the first Belgravians to win a Championship Medal - he was third in the A.A.A. Seven Miles in 1923.

One of our old Police stalwarts, Fred Rickards, recently celebrated his 80th birthday. A mainstay of our walking teams in the twenties and thirties. Club Champion many times over 20 miles he will be chiefly remembered for his wins in the Police Barking to Southend Walk in 1924, 25, 26, 30, 32, 33, 35 and 39. He was also placed in R.W.A. Championships.

Duel At Battersea.

It was in 1829, on a swampy waste beside the Thames, that the Duke of Wellington and the Earl of Winchester fought a duel with a farcical but happy outcome. The Duke having fired and missed, the Earl discharged his pistol into the air and apologised (his refusal to do this had brought about the encounter in the first place).

Subsequently on this site the depositing of 10 million cubic yards of earth from the construction of Victoria Docks brought into existence Battersea Park.

HON. SEC'S. REPORT

At the A.G.M. last September, a motion proposing that the Club set up talks with other clubs in the region with a view to a possible merger was defeated by 18 votes to 12.

The obvious reaction to this should be that Belgrave make a renewed and determined effort to strengthen those sections of the club which are currently weak.

It is surprising and depressing, therefore, that the post of Boys & Colts Secretary has remained unfilled. This has led to our withdrawal from the Ebbisham League. In order that the Section does not become completely extinct, Colin Pearson has agreed to undertake this section as well as the Youths Section, but don't let this be the end of the matter - he will need help. Although I am not a "mini-colt" addict I think we must recruit in depth from the 13, 14, 15 year old range and must be able to provide organized training. You don't have to be the World's greatest athletics administrator - your time is the essential ingredient!! - 'phone me without delay (01-330-0132).

The Ladies Section also needs help - someone to assist Derek Jones during the summer, with a view to taking over in September is what is ideally required. Again, it is your time we are after! If available 'phone me without delay.

On the coaching side, Frank Simmons who undertook the post in September, has been forced to give up the position of Coaching Secretary. Alan Mead has arranged for Professional Coaching for the men's 400 to 1500m and has other plans 'lined-up', club finances permitting. The profits from the Club Bar should supply the money required provided they are not used up on the day-to-day running costs of the club because of late or non-payment of subscriptions. Coaching is a vital matter as it is 'on the cards' that either or both of Motspur Park and Battersea Park tracks will be made all-weather in the foreseeable future. In such an event we must have sufficient officials and coaches to be at least equal to other clubs who will be attracted to the first all-weather track 'South of the Thames'. Why not become a Club Coach under the A.A.A. Coaching Scheme? For, no matter what professional help we employ, help from club members will still be needed. If interested 'phone me without delay.

On a brighter side our Walkers continue to be successful, our Senior Cross-Country Squad is producing better results (they have just won the North Surrey League Div. II) and what a terrific performance by the Youths in the Surrey Cross-Country - 4 in the first 6 !!!

I suspect (if I'm wrong you can always sack me at the A.G.M.) that under Alan Mead's prompting, the Track side is in for a successful season. I also wish good luck to the Ladies who this year compete in Div. III of the Southern League.

Derek Crookes

Jumble Sale

Carl Lawton wishes to thank all those Club Members who donated, or assisted, at the last Jumble Sale in November which raised over £150.

SOCIAL

■ The improved bar and club facilities at Belgrave Hall have enabled the normal calendar of socials to be supplemented during the winter by additional events, held at our headquarters.

■ Jazz fans were treated to some real stomping traditional jazz on the 20th October. Music was provided by Bill Brumskills Jazz Band, the hard stuff by Bill Couzens and his team of helpers and snacks by Brian Gorman.

■ A week later, a major and imaginative innovation took place at 'the Hall'. On this night the ladies took over and converted the normal facilities into a cosy restaurant for the 'SURREY SUPPER' attended by over 100. Even the most enthusiastic were surprised how well the ladies coped and compliments were showered from all sides. Well done Mary Crookes, Gwen and Tina Couzens, Maureen Pritchard and Barbara Lawton.

■ The Annual Dinner-Dance held on November 17th at the Dog and Fox attracted the normal large numbers from all sections with over 200 staying until the final bell at 1.p.m. During the evening the draw was held for the Annual Sweepstake organised as well as ever by Ron Langheim and record receipts confirmed how well members had managed to sell tickets. We all thought we had done well until it was announced that John Dunsford had sold over 100 books!

Ernie Obeng was presented with our top award, the 'Tommy Green' Cup, for the second consecutive year. Bill Laws who has organised the event for the last 6 years has announced that he will be laying down the baton in 1980 due to pressure of other Belgrave work (such as editing this lot!) and his home and business life which apparently continue to intrude on his priorities.

■ The final event of 1979 took place on 1st December when the ever popular group 'The Jaguars' ensured a capacity crowd. As usual with the Jaguars the dancing started early and continued right until the bar closed at midnight.

■ All-in-all then a good winter's activities. After a short break further socials are planned so why not come along - renew old acquaintances - and meet new friends. We're sure you'll approve of our new facilities and enjoy dancing and drinking in friendly surroundings.

Future Events

SOCIAL SATURDAYS AT BELGRAVE HALL

Social evenings at Belgrave Hall are becoming a regular monthly feature with bar, music, grub and darts. So why not make a note of the dates for a convivial evening?

These are: 17th May, 21st June, 19th July and 16th August.

SPECIAL EVENTS AT BELGRAVE HALL

BARN DANCE	-	Sat. 6th June.
'CLUB CHAMPIONSHIPS'	-	Social Night - Sat. 12th July.
THE JAGUARS	-	Sat. 20th September.
TRADITIONAL JAZZ	-	Sat. 11th October.

THE CLUB DINNER

NOV 15 1980

MONEY MONEY MONEY !!

It is not uncommon for this magazine to remind members of the need to pay subscriptions and to pay them on time. Just like any business, cash flow, as well as the annual cash balance, is an important consideration and if you see Jim Heathfield becoming bald, worried and dispeptic you can be sure that like the Macawber, Jim's expenditure is exceeding income - disaster!

The 1979 accounts presented at the September 1979 A.G.M. brought home the problem. While income from subscriptions only totalled £1,890 expenditure for the year totalled £3,751; of this sum £1,532 was required to cover the rates and running costs of Belgrave Hall, £945 to cover printing, stationery, postage, (including the Belgravian), £524 for team fees, £345 for medals and prizes and £167 for track hire. The difference was fortunately met by a handful of dedicated people raising funds by all the means at their disposal.

Pride of place was the new bar at Belgrave Hall which although open for only a few months had amassed a profit of £414. Equally important were the more traditional methods of raising funds - Social activities £390, Football Tickets £219, Draws £275 and hire of hall £315. Additional donations by the faithful provided a further £235 to bring us just into the black.

It is clear that we must do more to build up funds for future improvements to our facilities and services to our members. Fund raising should be an area where all of you would help out. Please help. If you can't the least you can do is pay your subs on time and not wait for reminder after reminder. At 10p a go it is little wonder that our postage bill is running so high.

Footnote: As of March 1980 we are informed by our Treasurer that over £900 is still owed on overdue subscriptions.

STOP PRESS Belgravian Threatened

As we go to press we learn that the Belgravian may have to be slimmed down or replaced by a Newsletter because of cash limits. The Editor suggests that the setting up of a separate Account for volunteers subscriptions to help fund the Belgravian would provide a means for allowing it to continue as at present. If you value your magazine and wish to help - give generously! Please make any cheques out to Belgrave Harriers and cross them "Belgravian A/c".

In Memorium

Sadly we learn of the death of Rodney Stone, G.M., K.P.M., B.E.M. at the age of 81. Rodney was one of the most decorated P.C's in the Police Force having performed many acts of bravery during his career. He was retired from the police force in 1951 following injuries received during an arrest of jewel thieves in Sloane Street. Rodney walked with distinction for Belgrave in the 1920's and always followed the Club's fortunes with great interest. In 1958 he was one of the early guests on Eamonn Andrews 'This is your life' T.V. series.

Joe Flower's son writes to inform us of his father's recent death. Joe was one of our leading runners in the twenties and thirties and was a former one mile Club Champion. He was also active in London Business Houses Athletics and was a member of the Old Kensington Argyle Club which drew its members from employees of the big West End Stores.

Our thoughts are with his family at this sad time.

200 - NOT OUT

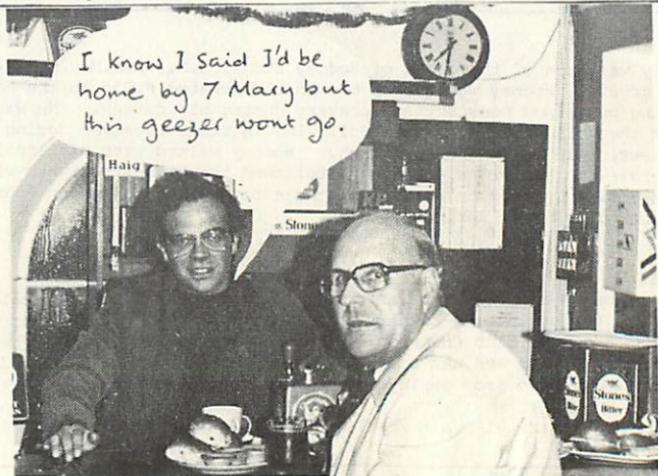
To many members 'THE BELGRAVIAN' is part of the tradition of our Club. Over the years it has recorded our successes, encouraged us after disappointments and above all has informed our widespread membership of the progress of friends both on and off the track.

The magazine was started in April 1925 under the Editorship of W.H.Hare and was financed by direct contribution. The first edition of 8 pages cost 6d per copy and by 1928 there were 280 subscribers. During that year a record number of 9 issues was produced which at current rates would have cost each subscriber the equivalent of around £3 for the year! By 1935 the cost of producing the BELGRAVIAN was absorbed from membership fees and at the start of the Second World War with Gordon Doubleday as Editor the magazine took on a new role - keeping those members posted to all corners of the world informed of the progress of their fellow athletes at home and on active duty. After the war Editorship passed to S.F. Bradman now an author whose plays are frequently broadcast on B.B.C. radio. In 1954 with the death of joint-editor and printer F.Elson type-setting was replaced by photographically reducing typed pages, this method being used still. At the same time a charge was re-introduced but after 2 years this was once again dropped and never re-introduced.

Photographs became more frequent after Clive Shippen and Malcolm Robinson took over in 1959. Up to that time photographs had been rare although the first photograph had been published of W.H.Hare in the October 1928 issue, following his election as President. Just as several past editors have achieved professional eminence in the literary field so too have our photographic contributors with the late Ed Lacey achieving the distinction of being voted the U.K.'s top sports photographer in the early 1970's.

Records abound - In contrast to 1929's issues, 1971 was a bleak year with no issues. The subsequent September 1972 issue established a size record with 64 pages. (Current issues are limited to 52 pages to keep postage levels within reasonable bounds). Current circulation is also running at record levels with 650 copies distributed to members and Associated Organisations. Our thanks are due to the long list of editors who over the years have given their time to see that we are all kept up to date with Belgrave affairs. Second to none is our current Track and Field Secretary - Alan Mead - whose 7 year period as editor from December 1972 to April 1979 represents the longest unbroken stint of service. A fine record with which to close this review. May the next 200 editions reflect and record our growing strengths and achievements.

Footnote: A complete list of Editors is given in the inside front page.



WALKING

Consider today, as you read this magazine, just where we are going in Athletics at the moment. At the time of writing the Olympics are in jeopardy and athletics at top organisation level are having problems financing future international meetings. The numbers of competitors at walking meetings are generally going down and as a result prizes which at one time were of good value are now by no means keeping pace with inflation nor too are entry fees. 12 years and more ago entry fees were around 15p now they are only 30p. When one considers what is paid in other sports, squash - 75p a game, swimming - £1 or more per session of coaching we are getting our sport on the cheap. Even the administration side of the Southern Area finds problems. For instance the budget for the secretary alone to cover printing, postage, telephone etc. is over £200 and with income from affiliation fees of only £180 it does not take much thought to appreciate the situation. I could continue with other costs; medals, hire of track etc. but that would be time wasting.

So where do we go? If we want our sport it has to be paid for. We must do that either by paying out of our own pockets or through the means of sponsorship. With the former this has been done for years with many putting a lot in and getting nothing in return. The latter has been apparent in certain meetings but not Belgrave as yet. The problem with sponsorship is that the sponsor would like to see something in return, advertising, publicity etc.

Due to commitments, lack of ideas and time I find it an impossibility to venture into developing the sponsorship side but if there is anyone within the club, active or inactive, who could come forward with something constructive then please take the opportunity.

Moving on to the active side of the club's walking section I will this time start with the ladies. Regretably this has not been a successful winter season. The reason being lack of depth, to have won anything we had to turn out teams. This we did not do and so we paid the price, no National or Southern team medals when they were there for the asking. If we are to improve we must strengthen our numbers and give those that do turn out some substantial backing.

Now the good and bad news. The good news is that we are lying second in the McSweeney Tables after the National J/Y/B Championships at Monks Hill in October, and if all club members pull their weight during the coming months we could do better than we have done before. Thanks must go to all those that turned out for those races to give us those much needed points. Now the bad news. We could only finish 3rd in the Junior and 2nd in the Youths, and our turn out in the Junior was near to embarrassment when at one time with not long before the start of the junior race it seemed possible that we would not even start a team. As it was we finished only a bare three in each of the three races.

There has not been any stupendous performances during recent months by the seniors. We did the annual 'pie run' at Chippenham and won yet again and followed that with a win at Luton including a one, two in the individual race. Thereafter was a place in each open but no wins, due to not having full team turn outs, but at least it spread the prizes around with no less than 9 men picking up prizes in five events.

Individually one cannot pass over performances by Richard Dorman, who so far has proved that it is possible to transfer from school to work and still train and race at top level as his performances show. If there were prizes for determination then winners would have been Kevin McDermot and Martin Hills. There are others who deserve special note, but I think the relevant race reports that follow will highlight their achievements.

Finally news of the re-emergence of the stroll sessions. These were started back in November and have brought together a few members of the club at regular intervals and have resulted in entertaining expeditions across previously unexplored golf courses, with natives hurling golf balls, sightings of guard dogs, warning notices regarding private grounds and other exciting happenings Did you miss those trips?

Onto the summer. Your club needs you. Make your presence felt by trying, turning out and help us be where we should - At the top!

AUGUST 25th 1979 - ENFIELD 12 kms. AND SUPPORTING EVENTS

1.A.Seddon (Enfield) 53.23; 2.C.Lawton 54.00; 5.R.Dorman 57.02; 6.J.Hall 57.39; 8.J.Newnham 59.02; 21.E.Crossingham 62.53; 22.D.Fotheringham 63.03
23.R.Middleton 63.14.

Teams: 1.Bels; 2.Anglia Striders; 3.Steyning.

Ladies 5kms. 4.L.Nicholls 29.20; 5.A.Matthews 29.25; 6.T.McDermot 32.10
8.J.Pritchard 32.53.

Team: 1.Bels

Youth/Junior 5kms. 2.M.Nicholls 23.39; 4.K.McDermot 24.33; 5.C.Long 27.17;
7.P.Morris 27.33

Team: 1 Bels

U/13 Boys. 3.I.McDermot 12.32; U/15 Boys. 4.S.Pritchard 15.38;

SEPTEMBER 1st 1979

A disappointing turn out in the London to Brighton brought us the expected result - nothing. It is unfortunate that such a classic as the Brighton should now be having such poor fields and even more so that Belgrave could not start a team for the second year in succession. However, our three starters finished the course with Ron Day taking the club Championship in finishing 13th with 9:34;21, Dave King 17th 9:45;54, and J.Keown 27th 10:39;14. The overall race was won by Ian Richards in 8;18;22 from J.Eddershaw in 8;19;46.

Meanwhile to attempt to make up the difference Belgrave sprint men were out in force at West London in the G.L.C. Championships 3kms:

1.C.Lawton 13;02;4; 2.J.Hall 13;10; 3.R.Dorman 13;23;9; 5.J.Newnham 14;5;7; 6.P.Blagg 14;14;2.

SEPTEMBER 2nd 1979 - BRIGHTON - LUGANO CUP SUPPORTING RACES

Ladies: 10kms. 9.T.McDermot 65.36

Mens : 10kms. 1.M.Parker (Brighton) 43.26; 2.G.Seatter 43.45; 4.C.Lawton 44.43; 8.R.Dorman 45.34; 14.M.Nicholls 47.27; 22.J.Newnham 48.55;
30.A.Callow 50.12; 38.K.McDermot 51.43; 43.D.Fotheringham 52.27; 56.T.McDermot 59.30.

SEPTEMBER 8th - BROCKWELL PARK - SOUTHERN U/21 CHAMPIONSHIPS

Junior 10kms: 1.G.Vale (S.W.C.) 48.13; 2.R.Dorman 48.22; 6.S.Marshall 53.06; 7.C.Long 57.20; 9.P.Morris 58.22; 9.T.McDermot 61.20;
Team: 1.Bels.

Youths 5kms: 1.M.Nicholls 23.31; 5.K.McDermot 24.34; 8.P.Moysey 27.57;
Team: 1.Bels.

Boys 3kms: 6.I.McDermot 16.29; 24.S.Pritchard 18.47; 30.K.Sexton 22.05;

SEPTEMBER 16th 1979 - BLACKHEATH FESTIVAL

Another two teams win for Bels. Ed. Crossingham, beginning to find form, gained a valuable place in the closing stages to give victory for Belgrave in the Senior 10kms.

1.M.Parker (Brighton) 44.02; 2.C.Lawton 40.07; 3.R.Dorman 48.09;
 5.M.Nicholls 49.23; 6.J.Newham 49.42; 12.E.Crossingham 51.43; 19.M.Hills 54.29; 23.C.Long 56.16; 26.T.McDermot 57.44; 32.J.Morris 59.13;

Teams: 1.Bels 12, 2.Brighton 14, 3.Medway 19.

Youth/Junior 5kms: 1.R.Dorman 23.26; 2.S.Marshall 23.36; 4.K.McDermot 24.27; 8.P.Morris 27.22. Team: Bels 9 pts.

Boys 2½kms: 4.I.McDermot 12.55; 17.S.Pritchard 14.52;

Girls 2½kms: 7.R.Morris 15.35;

Ladies 5 kms: 4.L.Nicholls 29.25; 10.J.Pritchard 32.45; 15.N.Salter 38.00

SEPTEMBER 22nd 1979 - PARLIAMENT HILL FIELDS - HIGHGATE HOUR WALKS

Although there was not a very good turn out Bels still had sufficient to take the two titles with an individual win for Martin Hills in the D.section and 3 placings in the others.

Section A. 1.A.King (Leics) 13,447m; 2.C.Lawton 13,134; 3.R.Dorman 13,060
 M.Scammell 12,352; M.Nicholls 12,052;

Section B. 8.E.Crossingham 11,861; R.Middleton 11,537; J.Bromley 11,221;

Section C. 3.D.Fotheringham 11,239; P.Morris 10,587;

Section D. 1.M.Hills 11,023; J.Scammell 10,320.

Youths: 1 mile 3.K.McDermot 7.25

Womens 3kms: T.McDermot 18.11

SEPTEMBER 29th 1979 - SUTTON COLDFIELD - FIRST NATIONAL 100KMS CHAMPIONSHIP

The first race of its kind a 100 km championship was held on a 5 km circuit on a motorway (same course to be used this year) and Bels had three starters. John Keown, John Morris and Ron Day. Unfortunately although we started a team we could get no further as both Johns, stalwarts that they are, retired. Both had walked the Surrey 100 miles a few months earlier and John Keown the Brighton. It was thus left to Ron Day to complete the course finishing 12th in 11.06.46. This year we must improve as it is to be included in the McSweeney trophy. So we need walkers who must be dedicated to train for more than 10kms ...

12. R.Day 11.06.46.

OCTOBER 6th 1979 - BELGRAVE INTERCLUB 5 MILES WIMBLEDON

1.R.Dorman 37.51; 2.G.Scott (Enf) 38.27; 3.M.Nicholls 38.49; 4.K.McDermot 39.20; 5.J.Newnham 39.28; 6.E.Crossingham 39.47; 7.S.Marshall 40.12; 8.P.Blagg 40.38; 9.R.Middleton 42.00; 12.D.Fotheringham 43.34; 14.C.Long 44.44; 18.M.Hills 45.36; 21.J.Scamell 46.28; 22.N.Morris 47.03; 23.R.Picton 47.03; 24.P.King 47.50; 25.T.McDermot 48.03; 30.C.Gittens 55.56;

Match result: 10 a side Bells 102, Met.Pol. 108.

At Leicester on October 6th Graham Seatter outclassed the field to win the Open 10kms.

OCTOBER 13th 1979 - CHIPPENHAM TO CALNE 6 miles

It was a fine afternoon for this popular event and 16 ladies were sent on their way a short while before the men. Unfortunately we only had two starters as Jane Pritchard was off sick. In the Mens event there were 122 starters and 14 teams. Like last year I was conveyed to the finish at the Green Calne (a lovely spot) by a route which by-passed the walkers, but not a herd of cows. This seemingly endless stream eventually turned off the road and we made it to the finish in time. The first home was last years runner up, Allan King of Leicester, then came Gordon Vale, Surrey Walking Club's rising star. In third place came Belgrave's rising star Richard Dorman, beating for the first time Carl Lawton, winner on no less than 5 occasions, who was two seconds behind for 5th. It looked good for the team as John Hall came in 14th followed by Mike Scamell and John Newnham. Mike was a late entry and thus in the team, but we still had a 9 point lead over Leicester.

In 24th place came Ed Crossingham improving every outing and with it 4th in the handicap. Of our others one was Joe Scamell, who by dint of hard work and training seems to actually enjoy racing. Unfortunately, Mike Nicholls battling well up the field was disqualified.

So to the Ladies who had been passed by the men and were now beginning to finish. First home was Carol Tyson with Linda Nicholls in 7th and Tracy McDermot in 9th.

Before the prize giving the oldest active athlete in Britain, if not the world, was presented to the audience. It was of course no other than Charlie Speechley a sprightly 92. When the inevitable raffle was drawn, it was another Belgrave first with Barbara Lawton taking the prize.

It was good to see the fit looking George Bentley amongst the Judges, the West Country obviously agrees with him.

I was delighted when Judy Farr of Trowbridge introduced me to her Club mate Sheila Jennings, formerly of London Olympiades. She is the daughter of the late R. (Jock) Martin, one of our regular long distance walkers in the thirties and forties. He was a member of some of our winning London to Brighton Walk teams and became a Centurion in the 1946 24 hours track walk held at the White City in pouring rain. He was tragically killed whilst on Police motor cycle patrol. Sheila's mother was also there and we enjoyed a chat about old Belgrave members.

Another great day out.

1.A.King (Leics) 44.12; 2.G.Vale (S.W.C.) 44.23; 3.R.Dorman 44.33; 5.C.Lawton 44.35; 10.J.Hall 45.43; 20.M.Scamell 47.36; 21.J.Newnham 47.37; 24.E.Crossingham 48.13; 34.K.McDermot 49.31; 42.R.Middleton 50.11; 60.T.McDermot 54.07; 86.J.Scamell 57.35;

Team Results: 1.Bels 32, 2.Leics 41, 3.S.W.C. 80.

Richard's Good National

OCTOBER 20th 1979 - CROYDON - NATIONAL JUNIOR, YOUTH AND BOYS
CHAMPIONSHIPS

As mentioned in the review this was a disappointing turn out, but a success in that we finished for the first time ever a team in each event. Pride of place must go again to Richard Dorman who was second repeating his position of last year. In the Youths but for a disqualification we would have won. In the Boys we only had to keep the three going.

Junior 10kms: 1.G.Vale (S.W.C.) 44.30; 2.R.Dorman 45.07; 13.M.Hills 53.23; 20.P.Morris 55.07. Team: 1 Harborne H. 11, 2.Greyfriars 20, 3.Bels 24

Youth 5kms: 1.P.Vesty (Leics) 22.50; 4.M.Nicholls 23.15; 6.K.McDermot 23.23; 23.M.Levitt 27.50; Team: 1 Leics 21, 2. Bels 21, 3.Havering 22.

Boys 3kms: 19.I.McDermot 16.02; 53.S.Pritchard 18.21; 60.K.Sexton 20.24;

OCTOBER 27th 1979 - LUTON - VAUXHALL MOTORS 7 miles

Held on a new traffic free course around Luton Hoo, it was Richard Dorman who took an early lead which he held to the finish, closely followed by Carl Lawton. Following Mike Scamell and bringing in the team Ed Crossingham.

1.R.Dorman 50.43; 2.C.Lawton 51.18; 13.M.Scamell 54.24; 16.E.Crossingham 55.05; 17.K.McDermot 55.29; 23.R.Middleton 56.55; 30.J.Dunsford 58.14; 34.J.Bromley 59.14; 39.D.Fotheringham 60.45.

Team: 1.Bels 22, 2.Anglia Striders 25, 3.Leics. 32.



Junior Richard Dorman leads Carl Lawton and George Nibre (Ilford) in the Highgate Hour.

NOVEMBER 10th 1979 - ENFIELD - OPEN 7 MILES

1.R.Mills (Ilford) 49.20; 5.C.Lawton 50.59; 18.M.Scamell 53.50; 20.P.Blagg 54.09; 24.K.McDermot 55.19; 27.J.Newnham 55.34; 33.E.Crossingham 56.17; 34.R.Middleton 56.56; 39.J.Bromley 57.37; 41.R.Day 58.02; 61.D.Fotheringham 60.58; 62.P.Morris 61.09; 72.J.Scamell 64.12; 77.J.Morris 65.26; 84.P.King 66.33; Team: 1.Ilford 28, 2.Anglia Striders 41, 3.Bels 67.

NOVEMBER 14th 1979 - CRYSTAL PALACE - 3KMS

In a repeat clash of the three leading British Juniors, Richard Dorman beat his personal best, but in a close race was beaten into third place.

1.G.Vale (S.W.C.) 12.42; 2.I.McCombie (North Shields) 12.49; 3.R.Dorman 12.51.

Close SecondNOVEMBER 24th 1979 - WIMBLEDON - 60TH ANNUAL BELGRAVE OPEN

I always watch the weather forecast before this event. A few days before this years race things looked cold and misty, but come the day it was clear and sunny. Always a good turn out of Belgravians either competing, officiating or spectating. Our President, Bill Merriman, started the field on its way for the 60th annual walk. Everybody now accepts the new course, which includes three hills, as a fact of life and a testing one at that.

The early leader, Bo Gustaffson, a guest from Sweden, set a cracking pace but was eventually disqualified. The instruction for walkers not to walk more than two abreast needed no enforcement as the severity of the course broke up any groups. Richard Dorman and Carl Lawton were well to the fore, as were many white vests with black stripes - horizontal for Surrey and diagonal for Steyning fighting it out with our own claret and gold.

The winner was George Nibre (Ilford) followed by this years London to Brighton winner Ian Richards (Coventry). Richard led Carl home with John Hall and Paul Blagg backing up. When the reckoning came it was Surrey by one point from Bels. Steyning were third. This popular club from a village nestling at the foot of the south downs has contributed much to British Walking and the President this year of the R.W.A. is their own Johnny Henderson.

Young Belgravians continue to make their mark, Kevin McDermot beat big brother Trevor, and Peter Morris beat father.

Referee for the race was past President Ray Hall, whilst Chief Judge was Syd Spencer, also judging were Joe Coleman, Fred Denny, Barbara Dunsford, Harold King, Bill True and Joe Wilson, recording was Frank Webb and of course masterminding the final result in the back room was Jack Goswell ably assisted by Joan. On the side lines was Charlie Churcher casting his eye on current form.

Gordon Doubleday

1.G.Nibre (Ilford) 52.19; 2.I.Richards (Coventry) 52.31; 3.G.Morris (Steyning) 52.43; 4.R.Dorman 53.47; 5.C.Lawton 54.15; 1.J.Hall 55.17; 16.P.Blagg 56.13; 18.K.McDermot 57.01; 19.E.Crossingham 57.54; 24.S.Marshall 58.24; 28.J.Newnham 58.53; 34.M.Hills 60.11; 36.R.Day 60.43; 40.M.Nicholls 60.51; 45.J.Bromley 61.41; 48.J.Dunsford 62.13; 52.T.McDermot 63.12; 56.P.Morris 64.26; 65.P.King 66.30; 74.J.Keown 69.02; 75.J.Morris 69.06; 93.G.Beecham 75.57.

Team: 1 Surrey W.C. 29, 2.Bels 30, 3.Steyning 44.

DECEMBER 1st 1979 - BATTERSEA PARK - METROPOLITAN W.C. 15 KMS.

3.M.Scamell 74.21; 5.J.Newnham 75.08; 6.S.Marshall 75.34; 8.K.McDermot 77.09; 9.M.Hills 77.12; 11.R.Day 78.21; 18.D.Fotheringham 81.56; 20.J.Dunsford 84.20; 21.P.King 86.00; 24.J.Scamell 87.22.

Team: 1. Bels.

DECEMBER 12th 1979 - CRYSTAL PALACE - 5KMS

1.B.Adams (Leics) 4.M.Scamell 23.10;6, 5.C.Lawton 23.12;6,
9.J.Newnham 24.07;8, 11.M.Hills 25.10;4, 17.P.Morris 28.41;6.

DECEMBER 15th 1979 - CAMBRIDGE HARRIERS - OPEN 10KMS

1.I.McCombie (Camb.Harriers) 45.22; 2.C.Lawton 45.29; 12.P.Blagg 48.09;
16.J.Newnham 48.51; 18.E.Crossingham 20.S.Marshall 49.41; 25.M.
Hills 50.47; 35.J.Bromley 53.34; 37.D.Fotheringham 53.43; 49.P.King
58.06; Team: 1.S.W.C. 18, 2.Anglia Striders 40, 3.Bels 42.

DECEMBER 22nd 1979 - ILFORD - 10kms

1.R.Mills (Ilford) 44.01; 2.C.Lawton 45.04; 3.M.Dunion (Anglia) 45.40;
8.R.Dorman 46.48; 1.E.Crossingham 49.00; 12.J.Newnham 49.12;
25.D.Fotheringham 53.00; 36.J.Scamell 57.07; 37.P.King 57.18;

Team: 1.Ilford 23, 2.Bels 32.

DECEMBER 29th 1979 - WIMBLEDON - 'HORWOOD CUP' AND INTER CLUB 7 MILES

Richard Dorman retained the Horwood Cup for the third year.

Horwood Cup Result: 1.R.Dorman 53.41; 2.E.Crossingham 59.00;
3.M.Nicholls 59.47;

Open Race: 1.C.Lawton 53.41; 2.R.Dorman 3.J.Hall 55.40; 4.M.Scamell
57.57; 5.J.Newnham 57.57; 6.E.Crossingham 7.M.Nicholls
9.R.Middleton 61.18; 10.M.Hills 62.10; 11.D.Fotheringham 62.39;
13.K.McDermot 66.21; 14.R.F.Day 66.22; 17.P.King 66.44; 19.J.Scamell
68.08; 25.J.Keown 70.07; 26.J.Morris 71.36; 28.C.Gittens 76.38;

In the Womens National Championships at Birmingham on December 8th,
Linda Nicholls finished 7th in the 5kms.

In the Southern Championships at Bexley on December 29th, Linda Nicholls
was 4th and Shirley Rook 6th.

JANUARY 9th 1980 - CRYSTAL PALACE - 3KMS

1.C.Lawton 13.2;1; 2.M.Wordsworth (Tonbridge) 13.11; 3.M.Parker (Brighton)
13.26;2; 6.M.Scamell 13.47;1; 7.J.Newnham 13.54;8.

JANUARY 13th 1980 - IMBER COURT - METROPOLITAN POLICE OPEN 11KMS

Once again Belgrave were unable to turn out the strongest team, but we were still there in the placings.

1.M.Parker (Brighton) 48.42; 2.G.Nibre (Ilford) 48.45; 3.C.Lawton 49.43; 12.P.Blagg 51.30; 15.M.Scamell 52.27; 22.J.Newnham 53.12; 35.E.Crossingham 55.48; 37.M.Nicholls 56.04; 58.M.Hills 58.53; 70.R.F.Day 60.39; 72.P.Morris 60.46; 80.J.Scamell 62.07; 94.J.Keown 64.12; 107.J.Morris 66.33; 120.C.Gittens 73.32; Team: 1.Surrey W.C. 41, 2.Ilford 43, 3.Bels 49.

JANUARY 19th 1980 - BELGRAVE 10 MILE AND 5 MILE JUNIOR CHAMPIONSHIP

A new club record was set in these championships by Richard Dorman. In winning both Senior and Junior titles he became the first person ever to complete the double. It was also one of the fastest championship wins in the senior and the fastest in the junior. A great achievement by this rapidly improving young Belgravian.

Junior: 1.R.Dorman 37.13; 2.P.Blagg 38.46; 3.K.McDermot 39.47; 4.S.Marshall 40.47; 5.M.Hills 42.05; 6.P.Morris 44.08
7.I.McDermot 49.28.

Senior: 1.R.Dorman 74.07; 2.C.Lawton 74.26; 3.P.Blagg 77.37; 4.M.Scamell 80.06; 5.J.Newnham 80.09; 6.E.Crossingham 84.23; 7.R.Middleton 84.30; 8.M.Hills 84.52; 10.D.Fotheringham 88.24; 11.R.Day 88.35; 13.J.Scamell 94.21; 14.P.King 96.56; 15.J.Keown 100.01; 16.G.Beecham 101.44;

John Newnham was the overall winner of the London Postal Region handicap meetings held at Blackheath Park last year.

Gerry Cameron was the Team Manager for the Scottish walking team last year, in a match against Wales in which Derek Howie was competing.

FEBRUARY 9th 1980 - BATTERSEA PARK - G.L.C. 10 MILES

Although the individual title changed hands, it was still a Belgravian who came away with top honours. Richard Dorman, following his recent successes, won the G.L.C. 10 from holder Carl Lawton in one of the fastest winning times, and becoming the fastest ever British junior at 10 miles. It was only in the last lap that Richard gained an advantage to win by 3 seconds.

The team race was another victory with Mike Scamell and Kevin McDermot holding off Ray Middleton for 4th.

1.R.Dorman 72.56; 2.C.Lawton 72.59; 3.A.James (Enf) 74.07; 10.M.Scamell 78.04; 13.K.McDermot 81.41; 15.R.Middleton 81.50; 17.J.Newnham 82.17; 22.M.Hills 83.52; 25.E.Crossingham 84.39; 27.J.Bromley 85.27; 31.D.Fotheringham 86.16; 32.R.F.Day 89.20; 33.R.Day 90.28; 34.P.Morris 90.30; 39.P.King 92.38; 45.J.Dunsford 94.10; 47.J.Scamell 94.18; 54.J.Keown 95.07; 62.J.Morris 99.30.

Team Results: 1.Bel. 'A' 24 pts. 2.S.W.C. 37, 3.Ilford 52,
5. Bel 'B' 107.

FEBRUARY 24th 1980 - WIMBLEDON - SURREY COUNTY 10 MILES

Results: 1.R.Dorman 75.49; 2.P.Selby (SWC) 76.08; 3.G.Vale (SWC) 76.20;
5.C.Lawton 80.34; 6.J.Newnham 80.53; 7.R.Middleton 82.28;
8.E.Crossingham 83.47; 13.P.Morris 90.44; 20.J.Keown 99.24;
21.J.Morris 101.21; 22.G.Beecham 105.30.

Team: 1. Surrey W.C. 18 pts. 2. Belgrave 19 pts.

FEBRUARY 24th 1980 - LUTON - MIDDLESEX COUNTY 10 MILES

Results: 3.K.McDermot 77m 57s. 9.D.Fotheringham
10.J.Dunsford

FEBRUARY 24th 1980 - BEXLEY - KENT COUNTY 20 KM.

Results: 3.P.Blagg 95.27; 9.S.Marshall 104.39; 10.M.Nicholls 104.49;
17.M.Hills 107.47.

Team: 4. Belgrave.

FEBRUARY 24th 1980 - SUSSEX - 20 KM

Result: 5.J.Hall 97.35.

DOUBLE WINMARCH 1st 1980 - BATTERSEA - SOUTHERN AREA 10 MILES AND 'GARNET'
10 MILES IN CONJUNCTIONSouthern 10 Garnet *

Results: 1.R.Dorman 73.17; 2.C.Lawton 73.36; 10.M.Scamell 78.30;
11.K.McDermot * 78.37; 16.S.Marshall * 80.23; 18.R.Middleton 80.48;
20.J.Newnham 81.25; 25.M.Hills * 82.12; 28.M.Nicholls * 82.21;
36.J.Bromley 84.11; 46.D.Fotheringham 85.39; 50.E.Crossingham *
87.28; 51.J.Dunsford 87.45; 53.R.Day * 88.48; 64.P.Morris 91.17;
79.P.King 93.34; 87.J.Morris

Teams: Southern - 1.Bels 24. 2.Ilford 77, 3.Enfield 104.
Garnet - 1.Bels 37, 2.Weymouth 38, 3.Havering 42.

NATIONAL PLACEMARCH 15th 1980 - LEICESTER - NATIONAL 10 MILES

Disappointing individual performances from Lawton and Dorman were fortunately made up by Paul Blagg and Mike Scamell to bring Bels in for 3rd and put us into the lead in the McSweeney Table.

Results: 1.R.Mills (Ilf) 68.47; 2.M.Parker (B & H) 69.24; 3.M.Greasley (Sheff) 69.28; 15.C.Lawton 72.47; 19.P.Blagg 73.29; 20.R.Dorman 73.43; 32.M.Scamell 75.12; 33.J.Hall 75.14; 50.J.Newnham 77.42; 54.S.Marshall 78.27; 66.R.Middleton 79.42; 70.K.McDermot 80.28; 84.E.Crossingham 81.47; 90.M.Nicholls 82.44; 99.J.Bromley 83.14; 103.M.Hills 83.41; 114.J.Dunsford 84.36; 118.D.Fotheringham 85.08; 155.J.Scamell 89.17.

Teams: 1. York Postal 47 pts. 2. Sheffield 75 pts. 3. Belgrave 85 pts.
14. Bels 'B' 344 pts.

TRACK AND FIELD

DECEMBER 26th 1979 - BATTERSEA PARK - BOXING DAY HANDICAPS

Mens 110 metres:

1.G.Thom (11) 12.5; 2.K.Clark (8) 12.6; 3.D.Bailey (7) 12.7;
4.R.Hopkins (Scr) 12.8; 5.S.Crosbie (8) 12.8; 6.P.Halliday (4) 12.9;

Mens 2 Miles (handicaps in yards)

1.M.Gleave (430) 9.27; 2.D.Davies (460) 9.38; 3.W.Kerr (430) 9.48;
4.A.S.Horton (430) 9.50; 5.K.Clark (490) 9.56; 6.P.Halliday (490) 10.04;
7.T.Dowdall (240) 10.04; 8.S.Holmes (120) 10.13; 9.S.Badgery (Herc.guest
Scr) 10.15; 10.R.Bale (320) 10.16; 11.K.Sinclair (350) 10.17;
12.P.Gardner (180) 10.18; 13.J.Gladwin (230) 10.19; 14.R.Hopkins (490)
10.19; 15.A.Horton (880) 10.37; 16.M.Waller (220) 11.00; 17.L.Coy (260)
11.16; 18.D.Searle (240) 11.19; 19.L.Lyons (300) 11.40; 20.S.Crosbie
(490) 11.40; 21.P.Lyttle (540) 13.46.

Note: J.Gladwin, M.Waller and L.Coy covered one extra lap and as the former two should have been placed 1st and 3rd they were also awarded prizes.

Mens Shot:

1.R.Hopkins 10.61; 2.S.Crosbie 8.43.

Mens Walk:

1.J.Newnham 23.31; 2.J.Scammell 27.24; 3.R.Dorman 22.23; 4.D.Fotheringham
25.41; 5.M.Scammell 23.18; 6.C.Gittens 30.07; 7.P.Morris 27.08; 8.J.
Morris 28.29; 9.M.Nicholls 25.46.

Ladies Shot:

1.A.Slattery (2.75) 10.44; 2.W.Dunsford (Scr) 10.36; 3.K.Smith (2.50)
10.19; 4.B.J.Dunsford (3.00) 9.39; 5.B.Dunsford (3.00) 9.10.

Ladies Walk:

1.R.Morris 13.20; 2.L.Nicholls 11.17.

Middle Distance Coaching Scheme

The Club has obtained the services of John Jeffries - a highly knowledgeable middle-distance coach and athlete to guide our own runners in their training. John is involved in athletics at all levels from Club to National League standard and has a wealth of experience as a competitor to call upon.

John will be in attendance at Battersea Park on Sunday mornings at 10 a.m. and Tuesday evenings at 6 p.m. and it is hoped that we will soon have a group of track runners taking advantage of his advice and training regularly together.

If this scheme turns out to be well supported it will be continued on throughout the following winter with John organising Fastlek training (fast and steady running) of up to 6 or 7 miles over the country from Belgrave Hall on Sunday mornings.

SPECIAL HANDICAP EVENTS 1980

At the request of several members we are to hold a series of handicap events throughout the summer - all to be held on Wednesday evenings at Battersea Park and culminating in a Grand Handicap meeting on August 13th. Each of the events is being sponsored so the prizes should be pretty good. Make a note of the dates now, because if you want to ensure that these type of events stay in our fixture list it is essential that they are well supported.

Mens entries to Arthur Bruce or Alan Mead. Womens entries to Derek Jones. You may enter on the night but will help the handicappers by stating your intention to run early on (also ensuring that you get a fair handicap).

May 7th	1 mile (men)	July 9th	1,200m (men)
June 4th	300m (men)	August 13th	200m (men)
	Shot (men)		800m (men)
	Long Jump (men)		2 miles (men)
	Shot (women)		Shot (men)
	Long Jump (women)		Long Jump (men)
June 11th	1,000m (men)		100m (women)
June 25th	600m (men)		800m (women)
	100m (women)		Long Jump (women)

NOTE: During the August 13th meeting a novices' 1 mile scratch race will be held, open to any newcomers to our sport including non-members.

Alan Mead Moves House

In our last issue Alan Mead started his campaign to build up our Track and Field team. Not one to do things by halves and no doubt feeling that Reading is just a little too remote for close communication, the Mead's have decided to move to home territory.

As from May 1st, Alan and Pat Mead will reside at 29 Kingston Road, Ewell Village, Epsom, Surrey. Alan's new telephone number is 01-393 6474 and his work number remains at 01-248 3999 x14. We wish them good luck in their new home.



GET TOGETHER - At Belgrave Hall

The track and field team get together on Friday 4th January proved to be an interesting evening. Thirty to forty members were present giving a good cross section of the team but it was a little disappointing that one or two of our established athletes did not make it.

First on the agenda was a showing of the Film "World Cup '77"; not a bad effort as far as athletic films go, although its farcical start (the mens 4 x 100 metres shown speeded up) set entirely the wrong note for a supposedly inspiring picture of modern athletics. U.S. sprint star Steve Williams' 100 metre victory looked very impressive. How nice it was, then, to have our own Ernest Obeng present, who had run Williams to within hundredths of a second a few short months previously.

Our President Bill Merryman subsequently awarded Ernie with a magnificent carriage clock, surmounted with our Club badge and inscribed, "To commemorate an outstanding 1979 season". Ernie was obviously very pleased.

The mood now set and with pulses ticking just that little faster than track and field men are used to in mid-winter, our track and field secretary launched into an outline of our plans and fixtures for 1980. There certainly will be no lack of competition - although an outstanding boy or colt might dispute this.

Finally it was time for all to have their say on what we should be doing as a Club to improve our standing in T & F; a lively three-quarters of an hour it was too! Outstanding among the various topics discussed was the matter of coaching. Generally it was agreed that a whole lot more could be done in this area, but as for getting a professional in to organise the whole set up, well, assuming we could afford it, could we give him anything to work on? It was agreed that we should work into a proper coaching set up gradually and it is pleasing to note that at the time of going to press a middle-distance scheme is already under way with others (jumps, sprints, throws, hurdles) in the pipe line.

All in all a good evening - well worth repeating perhaps, with more emphasis on the films and having a chat over a pint.



Ernest Obeng -
delighted to receive
a tribute from
fellow Belgravians
smiles even more
broadly as President
Bill Merrimen relates
his own best sprint
times!

Photo by Bill Couzens

TEAM Competition

1. Southern League - Division I

This is of paramount importance to us as a Club. It is the event which enables us to become a famous T & F side or slump to the depths. For some of our team the competition may be easily handled while for others it is as hot as they are ever likely to want. The Southern League (and dare we mention the National League) is exciting in that it gives our members the chance to compete collectively and taste success at a level that many could not reach individually - as long as we have complete teams, high spirits and 100% interest and co-operation.

2. Rosenheim League.

Wednesday evening matches low on pressure. The standard varies from ordinary club level down to "rabbit level", with non-scoring events as well.

Individual Competition

1. Olympics, AAA, U.K.National, Area, Country and Club Championships.

You know the level you are aiming at. Make sure you enter at least one championship event in 1980 and compete to win.

2. Open Meetings.

Four graded open meetings are held in London every month throughout the year. They are all Wednesday evening meets and although they may clash with Club or Rosenheim League events the T & F Sec. will be delighted if you opt for the open meeting and turn on a special effort. Events at these meetings vary considerably, all take place on all-weather surfaces and the standard varies from "Steve Overtt to 2 minutes 15 seconds". For details keep an eye on "Athletics Weekly" or contact the T & F Sec.

3. Handicaps.

This season we have arranged more handicap events than have been seen for many a year. We particularly want to give our athletes the chance to try something different and to inject a little fun. The prizes will be good and you can enter by adding your name to the lists for each event which will be displayed at Belgrave Hall and Battersea Park - or you may contact the T & F Sec. direct.

Ernest Prepares

Taking a break from the damp and chill British winter, Ernest Obeng saw some early 1980 track action in the sunshine of the antipodes.

On a cinder track at Whangarei, New Zealand, on January 12th our man chased Allan Wells (Edinburgh/UK) home over 100 metres with 10.38 to 10.29. He was well clear of McFarlane (Haringey/UK) who then, however, got the better of Ernie in the 200 metres with 21.67 to 22.10.

A week later at Christchurch Ernie's 200 metre time was down to 21.73 but he filled 3rd spot to the two UK men in both sprints. A meet at Wellington on January 23rd then gave McFarlane the chance to show his heels to the Belgravian again.

Across the Tasman Sea, Wells was in the same devastating form at Canberra, Australia on February 2nd. His 100 metres in 10.4 was a tenth better than Ernie could manage in 2nd place, himself ahead of the local talent. A close 200 race gave Ernie a win over Trevor Hoyte (TVH/UK) and James (Australia) - all three timed at 21.3.

from the Belgravian ...

... 25 years ago

We are indebted to Mrs. Aplin, Frank Elson's sister, and Don Brown for two more Club Trophies. Mrs. Aplin has generously offered to present a trophy in memory of Frank and in view of his long association with race walking. The committee, with the approval of Mrs. Aplin, decided to allocate it to the newly instituted 7 miles track walking championship and it is hoped that Mrs. Aplin will be at the track to present it for the first time.

Don Brown has presented a Style Award for the 2 miles track championship, which should act as a further incentive to our walkers.

The R.W.A. 20 Miles Championship May 14th 1955 was a great day in our history for not only did Belgrave retain the 20 miles team championship, the Blue Riband of Race Walking, but regained the Nijmegen Shield for being the first club to finish its complete team of eight men. In addition we had the satisfaction of knowing that our organisation of the First R.W.A. Championship entrusted to us was extremely successful and could not be faulted on any major point.

3.E.Hall 2:45:37, 7.G.Checkley 2:52:07, 17.R.Newson 2:58:49, 18.B.Eglington 2:58:54, 21.G.Beecham 2:59:49, 25.N.Guilmant 3:02:58, 30.H.McGreechan 3:04:22, 41.H.Shields 3:07:55; among our other finishers 80.W.True 3:20:00, 97.G.Doubleday 3:27:09, 104.C.McLennan 3:29:44, 115.S.Spencer 3:33:37.

... and 40 years ago

Cross country match v Thames Hare and Hounds January 27th 1940 It was decided to score 7 aside, and as Tom Carter and Wilf Rispin were turning out after illness, we were not too optimistic about the result. At the end of the first lap of the country Dick Tobin was in front of a small bunch which included Clough and McIntyre (Southern Champion) of Thames and Carter and F.P. King. When they reached the finishing field Clough was just in front of Carter with McIntyre lying third. Tom put in all he knew down the straight but Clough was too strong and held him off to win a fine race. Third prize (in the handicap) was taken by that old war-horse, Harry Shields, who keeps going season after season and still manages to keep well up with his field. I hope Harry will not mind my referring to him as a "veteran", although actually Harry started his running career at an early age and is still quite a "youngster".

EXTRAS

DECEMBER 25th 1979 - LAURISTON - 30 MINS PAARLAUF

2. T. Woods (Rane) and G.Sexton (Bel) 6m 905y.

DECEMBER 29th 1979 - WIMBLEDON - HW YACHT HANDICAP

1. J. Gladwin 11:30; 3.G.Sexton 11:55.

Gordon Biscoe -
initiates arrangements
for April-Belgravians
take holidays-
bury Grandmothers-
mow lawns.

Bill Couzens-sizes up
the situation-course
is dangerous-race
must be cancelled.

START

OVER

Play the Belgrave~Haig Relay Game

FINISH

Race complete-
prizes awarded-
Result sheets ready-
Bill Couzens says
"we're lucky there
were no accidents"

4.30p.m.-Herc/Wim
first leg runner
arrives for start-
demands race be
rerun.

Ted Stimpson says
don't give me a place
-I'll float about on
the bike and plug any
gaps.

Coded message
received by all
Southern Clubs-
transpires to be
invitations sent by
Derek Crookes.

Southern Counties to arrange officials-take Chance Card.

Ranger-gives permission for use of common-Slush Fund exhausted-take Community Chest Card.

Jean Manning-prints programmes-leaves out Belgrave team-miss a go

Race Secretary-marries Red Cross Organiser-both fail to appear-go forward two places.



OVER

Tom Carter has important news-delay race for three hours whilst he remembers.

Ken Stimpson arrives with sponges-three months too soon-disappears for two years.

President agrees to start race by Telex from Denmark.

John Gladwin too young to run-agrees to hold crutches for Bill Laws who takes his place.

Bill Couzens- will consider alternative course.

John Wasbrough- arranges publicity- Wimbledon deserted.

Police permission not granted- go directly to jail- do not collect sponsorship from Haig.

Trophies ordered- Belgrave bankrupt- Jim Heathfield joins former treasurer abroad- unavailable for comment.



My feeling is it's a load of —!

OVER



CHANCE

You're not taking any chances with me.

Jim Rimmer enquiries- what time is the noon start?

Clive Shippen to calculate results- go forward two places- Charlie Dabbs to assist- go back four places.

Mark Sinclair selected- Keith Sinclair claims there's a smear campaign against veterans.

John Bicourt agrees to run- Belgrave go back five places.

Brian Gorman—agrees to do refreshments – providing not inconvenienced by runners or officials.

Local Authorities dig up Cope Hill—Bill Couzens warns, course not safe—Colin Pearson suggests running relay over the country.

Belgrave team selected 3 from 5 $\frac{3}{4}$'s balance by ballot—Arthur Penny disappointed at non selection.

Charlie Manning opts out because programme does not carry Government Health Warning.



Take this game seriously?—
I don't even take Ray seriously.

John Bicourt—not running—go back three places.

Bill Lucas agrees to be referee—disqualifies all but Belgrave for false start—go forward two places.

David North selected—Gerry North announces retirement.

Bill Couzens states that course is "safe"—it's the runners who are dangerous.

OVER

YOUTHS AND BOYS

With hardly a break these days between the track, road and country seasons thoughts turned towards the winter following the summer successes of our youngsters. Many questions were uppermost in the minds of those members particularly interested in the growing nucleus of first class youths. Would Dave North build on his 3000m track successes and improve on last years excellent cross country season? Would John Gladwin develop stamina to add to the speed which he had so effectively demonstrated on the track? Would Mark Waller train sufficiently hard to develop his undoubted talent and would Gerry Sexton throw off a summer of illness and get back to a tough training schedule? More importantly would other youngsters develop to give the team strength in depth? This would be particularly important as John Searle and Mark Sinclair had moved up an age group to form the nucleus of a small junior team.

In the event by careful race selection on the part of Colin Pearson and dedicated training by all the youngsters the events of the winter unfolded to provide us with a string of heart warming successes culminating in record wins in the County Championships.

W R L

OCTOBER 7th 1979 - PUTNEY VALE - K.L.G. C.C. RACES

Colts: 1.H.Butter (H/W) 14:47; 55.G.Pearson 18:23;
70.R.Mann 19:57; 91 Finished.

Boys: 1.M.Slowikowski (H/W) 13:33; 47.A.North 18:59

OCTOBER 14th 1979 - WALLINGTON - COLLINGWOOD A.C. C.C.

A good turnout by Bels youngsters. Kevin Sexton and Gregory Pearson ran well in the colts race and the youths just failed to beat a strong Sutton and Cheam team. This race brought home to the lads just how tough the competition would be for County honours later in the season. It was good to see Mark Sinclair run well in his first Junior C.C. race and to welcome Andrew North to Belgrave. We hope he will be chasing brother Dave in the next few years.

Results: Colts: 1.S.Newport (Tonbridge) 13:07 (Record); 2.A.Hollins (Ton) 13:10; 3.D.Nearle (Ton) 13:16; 89.K.Sexton 16:27;
95.G.Pearson 16:45. 130 Finished.

Boys: 1.D.Hoinville (Highgate) 12:07 (Record)
116.A.North 15:34 145 Finished.

Youths: 1.K.Sturman (S & C) 21:46; 2.D.North 21:55; 7.J.Gladwin 22:28; 9.M.Waller 22:34; 20.G.Sexton 23:32; 33.A.Horton 24:18.

Teams: 1. Sutton & Cheam 15 pts. 2.Belgrave 18 pts.
3. A.F. and D. 40 pts.

Junior/Senior: 1.P.Gaden (Snr) 26:25; 2.M.Wilson (Snr) 27:07;
3.F.Upcott (Snr) 27:27;
6.D.Swain (1st Junior) 28:30; 23.M.Sinclair (11th Junior) 30:24.

NOVEMBER 3rd 1979 - BRISTOL - MIKE SULLY RACES

Over 2000 athletes took part in this years Mike Sully races and Belgrave's youngsters travelled to Bristol for top level experience. Dave North ran a fine race to finish 5th in the Youths race. John Gladwin in his first big cross country race ran well for 20th place. Mark Waller ran hard, but his lack of cross country training meant that he found the going tough. Gerry Sexton really enjoyed the hard course and all were pleased with 5th place against some tough opposition. A word of consolation to Alister Horton who suffered from car sickness and couldn't run.

Youths: 1.M.King (W.Corn.) 16:43; 5.D.North 17:17; 20.J.Gladwin 17:45;
46.M.Waller 18:14; 61. G.Sexton 18:32.

Teams: 1. Brighton & H. 58. 5. Belgrave 132.

Boys: 97.M.Blackmore. 153.D.Ferrari. 185 Finished.

Colts: 172.K. Sexton 178.G.Pearson 205 Finished.

FIRST WIN

NOVEMBER 10th 1979 - LUTON - C.C. RELAYS

Dave North shot into an early lead and at 2 miles looked a certain winner. At 3 miles he developed a stitch and gamely hung on but dropped to 3rd place at the finish. John Gladwin who had been running well in 5th place battled through to gain second, while Mark Waller closed in the winning Belgrave team in 6th place. Gerry Sexton, out of the scoring 3 ran steadily and ensured a good Belgrave performance. Alister Horton continued his steady improvement to finish within 26 seconds of Gerry. New member Andy Jones running in his first race for Belgrave finished in 45th place, but will need to match the training schedules of our other youngsters if he is to fulfil his potential.

Results: 1.A.May (Ver) 20:39; 2.J.Gladwin 20:51; 3.D.North 20:57;
6.M.Waller 21:12.

Teams: 1. Belgrave 11 pts. 2. Shaftesbury 16 pts.
3. Verlea 34 pts. 4. Highgate 42 pts.

17th NOVEMBER 1979 - CARSHALTON - SUTTON AND CHEAM RELAYS

With Dave North unable to run the Bels Youth team looked considerably weaker than the winning Luton one. First year youths, Gerry Sexton and Alister Horton presented Colin Pearson with the difficult task of deciding the running order. As things turned out he got it right. One the first leg of well over 1 hilly mile Alister hung on well against some very fast youngsters and although handing over in 13th place out of 18 teams had kept the time deficit to reasonable proportions, John Gladwin went off like a rocket to record third fastest time of the day and handed over in 5th place to Gerry Sexton who ran well above his current form to hand over to Mark Waller in 3rd place. Mark, revelling in the challenge ran himself right out to bring Bels within 17 seconds of the winners Sutton and Cheam. A fine second place which pleased everyone and surpassed expectations. Certainly Sutton and Cheam were worried about the effect a full strength team would have on the results of the forthcoming Championships.

Result. Teams: 1. Sutton and Cheam 21.43; 2. Belgrave 22.00; 3. Highgate 22.02; Individuals: A.Horton 5.52; J.Gladwin 5.17; G.Sexton 5.31; M. Waller 5.20; Fastest: K.Sturman, Sutton and Cheam 5.15.

DECEMBER 1st 1979 - WIMBLEDON - CLUB C.C. CHAMPIONSHIPS

Youths (2½ Miles): 1.J.Gladwin 14:13; 2.M.Waller 15:10;
3.G.Sexton 15:19.

Boys: (2½ Miles): 1. D.Blackmore 17:40.

RECORD BREAKING WIN5th JANUARY 1980 - MIDHURST - SURREY CHAMPIONSHIPS

This was the one that the officionados had been looking forward to with relish. Would the greatly improved stamina of track star John Gladwin prove too much for the cross country skills of Dave North? The day was fine, the course fast but testing with several short sharp hills and the going was firm to wet. On balance the pundits were favouring John's chances with the Belgrave team win looking certain. As things turned out the large group of Belgrave supporters were rewarded with a truly magnificent race.

The pattern soon became clear with Patton of Collingwood and Sturman of Sutton and Cheam together alternating the pace at the front in an attempt to break John and Dave who were sitting in and working hard to hold a fierce pace. At 2 miles John Gladwin was 3rd, Dave 4th, Mark Waller 6th and Gerry Sexton 8th with Alister Horton backing up in the 20's. Already the team race was won. At 3 miles all seemed lost for Dave as the leaders stretched into the final hilly mile but suddenly as the spectators crowding around the finishing lane waited it was Dave North first in sight some 10 seconds clear - a truly inspired surge. John Gladwin used his strong finish to kick into 3rd place and the teams closed in with Mark Waller 5th and first year youth Gerry Sexton running another blinder to make 6th place. So it was gold and bronze for the individuals, the newly presented Hathway Shield for the team and commiserations to Alister who finished 23rd but out of the medals. Alister ensured that we would still have won had any of the leaders faltered. No doubt he'll be well up next year.

It was pleasing to note that the local press generously acknowledged the unique achievement of 4 Bels making the Surrey Youths Inter-Counties Team and great to see Dave North's name alongside those of many illustrious past winners including that of Bernie Ford!

Results - Youths Team: 1. Belgrave 15; 2.Sutton and Cheam 62;
3. Croydon 78.

Individuals: 1. D.North 19.59; 3.J.Gladwin 20.10;
5.M.Waller 20.56; 6.G.Sexton 20.58; 23.A.Horton 22.30.

Juniors: Individual 22.J.Searle

JANUARY 19th 1980 - LEICESTER - INTER COUNTIESYouths:

It was almost inevitable that the Inter Counties would provide an anti-climax for our Youths following their fine Surrey win. The omens were bad with Gerry Sexton succumbing to a severe bout of flu just 4 days before the race. Mark Waller was bowled over on the hard icy surface and uniquely for him - failed to finish. John Gladwin's back was giving him trouble on the rutted frozen hills and only Dave North had reason to be satisfied. As it turned out Dave was to suffer foot trouble as a result of this race so he too was also to rue the 19th January.

1. A.Constable (Staffs) 20:15; 27.D.North (Surrey) 21:06;
61.J.Gladwin (Surrey) 21:47.

Teams: 1. Staffs 59; 7.Surrey 169.

MARCH 15th 1980 - BROCKWELL PARK - HERNE HILL LEAGUE

Mark Waller fresh from his skiing exploits showed that despite a reduction in training he hasn't lost fitness. In the boys and colts the sons and relations of several of our older and well known members brought a nostalgic look to the results sheet.

Colts: 41. R.Mann 14.21; 47.A.Horton 54.D.Langheim
57. G.Pearson 14.59.

Boys: 49. A.North 18.22; 62. S.Pritchard 18.56;

Youths: 5. M.Waller 22.37; 10.G.Sexton 22.52.



Photo by Bill Laws



Photo by Bill Laws

Left. John Gladwin leads eventual winner Dave North in the Surrey Youths Cross Country Championship. Right. First year youth Gerry Sexton finishing in a fine 6th position in the same race.

Around The Schools

With Schools insisting on our young athletes competing mid-week and at Area Meetings the winter has been hectic for several of our leading youngsters. We rely on numerous sources for the results from these meetings and the following highlights further successes.

Reports By

Bill Laws & Colin Pearson

NOVEMBER 1979 - MORDEN PARK - LONDON SCHOOLS C.C.

Seniors: 1.D.North 18.25; 2.M.Waller 19.20; 14.K.Clarke 22.01.

DECEMBER 5th 1979 - MORDEN PARK - WANDSWORTH SCHOOLS C.C.

Seniors: 1.D.North 19.25; 2.W.Davis (2nd Claim) 5.K.Clarke 21.30.

JANUARY 19th 1980 - MORDEN PARK - MERTON SCHOOLS C.C.

Seniors: 1.J.Gladwin 8.R.Dorman

Inters: 1.G.Sexton 4.A.Horton

FEBRUARY 16th 1980 - COULSDON - SURREY SCHOOLS

Seniors: 4.J.Gladwin

Inters: 9.G.Sexton 22.A.Horton

MARCH 8th 1980 - SOUTHAMPTON - LONDON v. 4 COUNTIES

1.A.Gilder (Kent) 27.34; 2.D.North 27.36; 17.M.Waller 28.50

MARCH 1980 - SLH SCHOOLS RACE AT RICHMOND PARK

1.J.Gladwin 24.53 Record previously held by R.Treadwell at 25.43.

MARCH 21st 1980 - NEWCASTLE - ENGLISH SCHOOLS

30.D.North 86.J.Gladwin



Photo by Bill Laws

Belgrave's Youths Team in the Surrey C.C.Championships. L.to R.
Dave North, Gerry Sexton, Mark Waller, John Gladwin and Alister Horton.

VETS. CORNER

The winter has turned out to be a quiet period for our Vets with several of them being injured from the summer track and field. Pat O'Connor fortunately began to show good recovery in October, but Brian Gorman has remained out all winter and Bill Laws was side-lined for 4 months from September. The anticipated appearance of Alan Black didn't materialise but Derek Crookes was known to be raring to go in February 1980 - and so it turned out with better results from the tail end of the season.

OCTOBER 14th 1979 - CRAWLEY - SOUTHERN VETS 10

As individual and team medal winners in 1978 it was disappointing that neither Laurie O'Hara, Brian Gorman or Bill Laws were able to turn out to defend their titles. It was left to Pat O'Connor to show the flag in 5th place to confirm his gradual return to fitness and to Keith Sinclair to put in a good time on this long and tedious '10'.

1.J.Oliver (Camb) 54.10; 5.P.O'Connor (Bel) 56.15; 20.K.Sinclair (Bel) 60.06. 22.C.Henn 60.32; 33.R.Coombs 63.02; 70.G.Pearson 70.58

NOVEMBER 11th 1979 - BRACKNELL - 10 MILES

Laurie ran exceptionally well in this open race to beat some first class men some of whom were 25 years his junior.

8.L.O'Hara 53.35.

DECEMBER 29th - BLACKHEATH - VETS A.C. C.C.

2. C.Henn 43:15.

JANUARY 1st 1980 - CITY OF LONDON - 5 MILES

While many were recovering from the after effects of seeing the new year in a surprisingly large number turned out to run the City of London '5'. Our super-vet put in yet another first class performance against younger men to record a fast time in 11th place.

11.L.O'Hara 25.23.

JANUARY 19th 1980 - EPSOM DOWNS - BANKS '5'.

Doug Maughan turned out as a guest and after 2 miles broke away from Bill Laws who in turn was passed by Wood of Epsom. Course markers towards the end of the race which had been moved, caused Bill Laws and the rest of the field to undertake a detour, but Wood's local knowledge led Doug and he to 1st and 2nd. With Geoff Pearson running for the Banks, Belgrave scraped home in the team race.

Results: Ind. 1.D.Maughan (Guest) 29.46; 2.B.Wood (BW) 30.15;
3.W.Laws 32.53; 4.C.Henn 33.00; 6.D.Davies 34.21;
8.E.Thorpe 37.32; 9.C.Cross 38.16; 10.G.Pearson 38.30;
11.J.Plummer 39.15; 11.J.Baker 40.30.

Team: 4 to score

1.Belgrave 17 pts. 2.Barc.Westminster 20 pts.

26th JANUARY 1980 - RUISLIP - VETS A.C. 5M C.C. CHAMPIONSHIPS

After a weeks heavy rain the hilly 5 mile course at Ruislip represented a real test of stamina and speed. Laurie O'Hara shot into an early lead but was dogged by Whittle who had travelled from the Midlands to compete. At one stage Laurie opened up a 5 second lead but Whittle literally threw himself down the last hill to win by 3 seconds. Keith Sinclair ran a first class race to finish just 14 seconds behind Steve Charlton of TVH and Bill Laws continued his battle for fitness following injury.

Result: 1.A.Whittle (Tipton) 26.39; 2.L.O'Hara (Bels) 26.42;
3.T.Ryan (Cambridge) 27.51; 15.K.Sinclair 30.00; 18.W.Laws 30.15
D.Macmullen. 92 Finished.

HUGE TURNOUTFEBRUARY 16th 1980 - RUISLIP - HILLINGDON '5'.

Belgrave's sole representation in this race was a team competing for the Vets prizes. The interest in vets running is increasing, but even the Bels team was surprised to see 127 vets turn out in this race in which 322 finished. As usual Laurie brought the team home, his 27th position being good enough for first vets prize. Reasonable packing ensured Bels of 2nd team prize out of 8 strong vets teams.

Results: 1.B.Ford (AF & D) 23.09; 2.K.Penny (Cambridge) 23.29; 3.D.James 23.33; 27.L.O'Hara 25.42; 58.P.O'Connor 26.31; 96.D.Crookes 28.19
140.K.Sinclair 29.29; 156.W.Laws 29.56; 176.A.Bruce 30.35.

Teams: 1.Shaftesbury 29 pts. 2.Harlow 57pts. 3.North London 80 pts.

Vets: 1.Ealing & Southall 68 pts. 2.Belgrave 108 pts.
3.Haverling 134 pts.

MARCH 16th 1980 - CRYSTAL PALACE - CROYDON 2½ MILE RELAY (5 STAGES)

Question: Who would run at Bexley in the 'A' team on Saturday afternoon drive to Uxbridge, work a night shift and then drive straight to the Crystal Palace to run in the Vets team on Sunday morning?

Answer: As if you couldn't guess - L.O'Hara. When it comes to team spirit there's no one to touch Laurie.

As far as the race went Belgrave Vets acquitted themselves well. Pat O'Connor ran extremely well to almost equal Laurie's time, but was the first to admit that 30 hours without sleep may have slowed Laurie down. Nonetheless, 3rd team place behind Ealing and Southall was first class bearing in mind that E & S had placed 2nd team in the National Vets C.C. Championships the week before at Wolverhampton. The team is improving steadily and it will be tough to beat us over 5 or 6 stages in the months ahead.

Teams: 1. Cambridge Harriers 2.Ealing and Southall 3.Belgrave 56.03.
12 Vets Teams.

Times: Stage 1. 1.D.Crookes 11.34; 2.P.O'Connor 10.31; 3.W.Laws 11.39;
4.L.O'Hara 10.30; 5.K.Sinclair 11.49.

Fastest Times: L.O'Hara 10.30; P.O'Connor 10.31; M.Barratt (E & S)
10.40.

Veterans In Europe

Our man in Brussels, Eurocrat Paul Atkins writes to record the great interest taken in veterans running on the Continent. While competing in recent events he has met old friends from Ealing, Ranelagh, Woodford Green and Epsom, but no Belgravians! Paul would be pleased to help in arranging competition for teams wearing the claret and gold, so if anyone is interested in running in Belgium or France let Keith Sinclair know.

Vets Hon Sec

Keith Sinclair is now acting as Honorary Secretary for the Veterans Section and will be co-ordinating our teams for the numerous events now being incorporated at established Road and Country events. Keith may be contacted on 01-337 9150 so let him know if you're free from injury and raring to compete.



Photo by Bill Laws



Photo by Bill Laws

Jane Arberry (right) and Muriel Bright, our most successful cross country performers, caught training at Battersea Park as they prepare for the track season.

WITH THE LADIES

A small nucleus of Juniors took part in the meetings this winter season. Most of the Seniors seemed to be unavailable or were working on Saturdays. While none of our results set anybody alight, those that did turn out and run seemed to enjoy themselves. Nonetheless our efforts show an improvement over previous winters and Jane Arberry turned out to be a find at the end of the season.

Obviously I would like to thank the girls who took part, but secondly to those who have helped throughout the season. To Ray Hall for marking out the courses for the meetings on Wimbledon Common and also for giving up his time to take the girls running over the common plus his help and advice. To Jean Jones, Ken Jordan, Graham Thorn and Ray Hall for providing transport to the meetings and for their help at the meetings. To Frank Simmons for his coaching and Gordon Doubleday for his walk and to everybody else who helped during this time. Thanks to Ted Weldin who also went over the county despite being injured.

Thanks also to those who have helped whilst I have been in hospital and during the period I have been unable to get to Battersea Park and Heathbrook Centre.

Derek Jones

OCTOBER 6th 1979 - BROCKWELL PARK - SURREY COUNTY WOMENS ROAD RELAY

The girls first baptism of fire took place over a tough hilly course and they gave the juniors a close run on time.

Girls: 3 x 1½ miles.

Cathy Growney 10.05; Alison Jones 10.25; Bernice Rowe 10.31;

Teams: 12th Belgrave 31.01;

Juniors: 3 x 1½ miles.

Tamsin Growney 9.37; Tina Gordon 10.31; Alison Salih 10.44

Teams: 18th Belgrave 30.52.

OCTOBER 13th 1979 - WIMBLEDON - SURREY WOMENS C.C. LEAGUE

Girls: 21.Cathy Growney 7.29; 22.Pam St. Ange 7.36; 25.Alison Jones 7.40

Teams: 7th

Juniors: 24.Tina Jordan 12.58; 26.Alison Salih 13.21; 34.Tamsin Growney 15.47.

Teams: 10th

NOVEMBER 3rd 1979 - BROCKWELL PARK - H.H.H. C.C. RELAY

Unfortunately some girls didn't turn up and we had to amalgamate teams.

Girls: 3 x 1 mile: HW/Belgrave 5 in 23.42.

C.Coleman (HW) 7.55; Alison Jones 8.06; Cathy Growney 7.41;

Juniors: 3 x 1 mile Guildford and G./Belgrave 7th in 23.07.

Tamsin Growney 7.08; Alison Salih 7.53; Rebecca Newman (G and G) 8.06.

DECEMBER 8th 1979 - RICHMOND PARK - SURREY COUNTY WOMENS C.C. CHAMPIONSHIPS

Girls: 45th Cathy Growney 11.18; 66. Alison Jones 12.23.
Juniors: 30th Jane Arberry 10.37; 50. Tamsin Growney 11.58.
 52nd Tina Jordan 12.04; 54. Alison Salih 12.10.
Team: 6th 186 pts.
Inters: 26. Jayne Forman 17.36.

DECEMBER 26th 1979 - BATTERSEA PARK - BELGRAVE HARRIERS BOXING DAY HANDICAP MEETING

Rather disappointing in that nobody competed in the 2 sprint races that had been arranged.

Shot Put: 1. Ann Slattery 7.69m + 2.75m = 10.44m
 2. Wendy Dunsford 10.36m + Scratch = 10.36m
 3. Karen Smith 7.69m + 2.50m = 10.19m
 4. Miss Barbara Dunsford 6.39m + 3.00m = 9.39m
 5. Mrs. Barbara Dunsford 6.10m + 3.00m = 9.10m

JANUARY 19th 1980 - BATTLEBRIDGE - SURREY WOMENS C.C. LEAGUE

Match 2 in this league was not competed for due to other commitments on that particular date (15th December). Due to illness only a combined junior and girls team (4 to score) was run as a junior team and they finished 4th. Jane Arberry ran very well to finish 5th and promises to bring strength to our distance running.

Results: 5. Jane Arberry 11.57; 19. Cathy Growney 14.00; 21. Pam St. Ange 14.24; 22. Alison Salih 14.26.

JANUARY 26th 1980 - WIMBLEDON - BELGRAVE HARRIERS LADIES C.C. CHAMPIONSHIPS

Despite telling most of the girls that normally turn up for training Wednesdays and Sundays, only 5 Juniors attended. Nonetheless, all our youngsters ran well and Jane confirmed her good run of the previous week.

Results: 1. Jane Arberry 7.11; 2. Pam St. Ange 7.51; 3. Alison Jones 8.03; 4. Alison Salih 8.13; 5. Bernadette Sexton 10.20.

MARCH 8th 1980 - BROCKWELL PARK - SURREY WOMENS C.C. LEAGUE

Although no seniors or girls turned up for this race it was good to see Jane Arberry improve to 3rd place while new member Muriel Bright showed considerable talent in her first race in Belgrave colours. Cathy Growney has given full support throughout the season and her steady training should bring good progress by next year.

Juniors: 3. Jane Arberry 10.28; 7. Muriel Bright 11.07; 23. Cathy Growney 13.20.

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ROAD AND COUNTRY

It was with some apprehension that we viewed the start of this winter season back in September; after all, had not our most notable achievement last year, been relegation to Div. II of the Surrey C.C. League as fast as we had been promoted! Were not all our major cross country performances best forgotten! and had not our road relay programme culminated dismally in a worst ever performance in our own 12 stage event? - So with no large changes in our team line up was the great revival we hope for still to be something we could only dream of?

Whilst past experience indicates that we must not build our hopes too high too soon, looking back on a season that is now almost complete we can at least say we have stemmed the rot by doing no worse - but more than that it is pleasing to report that there are one or two signs that are encouraging, even if our performances in the major cross country championships do still come apart at the seams.

Ian Duncan who we thought might return to his native Scotland after his University studies is, thankfully, still with us, and in addition we have been pleased to welcome Alan McIntosh from north of the border. Alan's ability is now fairly well established as the following results show. Bob Smith and Tony Fairclough have also bounced back with a vengeance to show that they are by no means 'over the hill' and John Bicourt hopefully now free from injury has had a better season for us than for quite a while. Improved enthusiasm has been reflected in better turn outs at most of the main events by our leading runners and full teams have been fielded in most of the championships even if not the strongest. However, it is disappointing to note that a club which can field 30/40 competitors in the 5 $\frac{1}{4}$ or 3m Yacht Handicap road races cannot get a better response from its 'supporting cast' at some of the other fairly local races; such as the Surrey A.C. C.C. Relay; Thames Valley H.R. Relay; Cambridge H. Road Relay and South of Thames (Jun.) C.C. etc. Submitting entries cost time and money and if people like Laurie O'Hara, Jim Rimmer, Pat O'Connor and Simon Holmes etc. can make it each time so could many others.

Whatever the reason for our improvement, whether it be a better team spirit caught from our more successful youth team, or even the fact that these youths have already served notice for some of the senior team places in a short while causing some seniors already to look to 'their laurels', I hope its not lost in the summer months ahead and that next year we can get even better support and better performances again.

Gordon Biscoe

Gordon Biscoe's new telephone number is 01-641-0025.

phone 01-337 7215

NOTE —

Bill Laws

CRYSTAL PALACE
JUNE 29 TH
100 × 1 MILE RELAY

SURREY LEAGUE C.C. 1979-80

This may have been only Div. II and it may have been only a two horse race between us and Croydon H, but what a race. With only a 7 point lead after hosting the first match at Wimbledon we managed to stretch this to 29 points after the record race in Lloyd Park, Croydon. However, this was quickly whittled away to a 50 point deficit at the Crystal Palace race when our turn out was slightly below par and Croydon H were in nearly top form. However, the 'call to arms' was answered well and truly for the final fixture where no one thought it could take place - Mitcham Common, when over a surprisingly pleasant course, ideal for spectators the deficit was wiped clean and we came out Div. II Champions by some 74 points.

However, perhaps even more encouraging than the actual result was the size and consistency of our team throughout the four races. The results speak for themselves, but its also interesting to note that our share of the total field, representing 10 Clubs, in each of the 4 races was as follows:-

1st Race - Wimbledon	-	Belgrave	24%	of Field
2nd Race - Lloyd Park	-	"	20%	" "
3rd Race - Crystal Palace	-	"	21%	" "
4th Race - Mitcham Common	-	"	21%	" "

But, more than any figures or points system can carry was the delight in seeing Belgrave's Claret and Gold Vests streaming by in the front half of the field again; a sight we had not seen since our Div. I glories in the 1960's. Yes, as I said, it may only have been Div. II but it was a tonic and moral boost to any Belgravian watching as I hope it was to those running. So congratulations and well done to all those who turned out and got us back into Div. I and I hope you'll all do it again next year and help keep us there.

Race 1

OCTOBER 20th 1979 - WIMBLEDON - SURREY C.C. LEAGUE

1.D.Faircloth (Croydon) 28.21; 2.R.Figg (G & G) 28.54;
Bels.Positions: 13. L.O'Hara 29.49; 15.J.Stow 29.58; 20.S.Holmes 30.11;
 21.J.Abberton 30.13; 29.P.O'Connor 30.38; 30.M.Smith 30.45;
 35.A.Binda 30.54; 37.T.Dowdall 31.09; 38.M.Sinclair 31.13;
 41.A.Fairclough 31.31; 43.J.Searle 31.28; 48.L.Mann 31.53;
 49.G.North 31.55; 50.I.Duncan 32.00; 56.L.Coy 32.15;
 57.B.Gorman 32.21; 58.D.Maughan 32.22; 60.J.Stevenson 32.25;
 64.R.Bale 32.47; 65.D.Searle 32.49; 68.R.Tester 32.54;
 71.T.Grant 33.00; 72.K.Duckett 33.05; 73.N.Kirmatzis 33.06;
 77.R.McGraw 33.13; 84.S.Williams 33.32; 87.K.Sinclair 33.43;
 89.C.Henn 33.53; 105.B.Taylor 34.49; 120.A.Stroud 36.03;
 123.R.Martin 36.17; 129.D.Davies 37.02; 133.G.Piddington
 37.38; 139.P.Kanner 38.24; 140.D.Jones 38.27; 145.A.Vosper
 40.42; 146.J.Plummer 40.55;

Teams: 1. BELGRAVE 259 points. 2.Croydon 266. 3.Met.Police 359
 10 Teams.

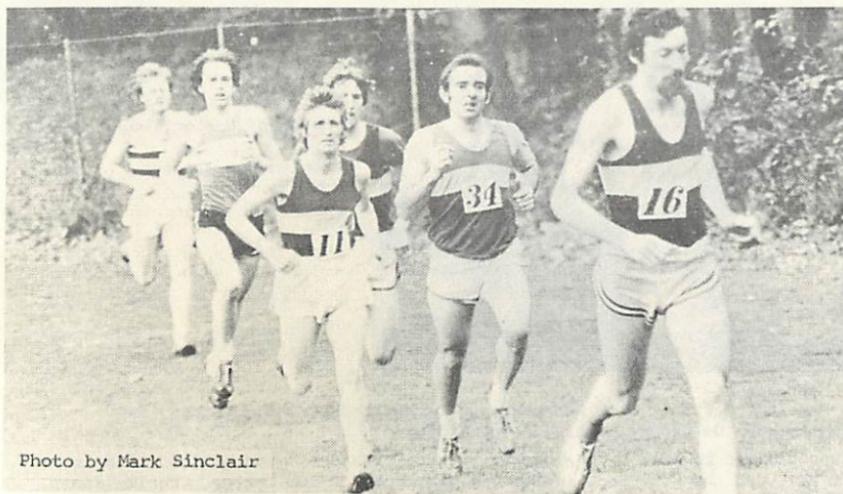
Race 2NOVEMBER 24th 1979 - LLOYD PARK - SURREY C.C. LEAGUEResults: 1.D.Faircloth (Croydon) 25.41; 2.P.Eales (Mitch) 25.55.Bels Positions: 5.J.Bicourt 26.21; 11.L.O'Hara 26.49; 13.A.McIntosh 26.52;
17.I.Duncan 27.15; 19.S.Holmes 27.19; 26.A.Binda 27.41;
28.J.Rimmer 27.45; 29.M.Smith 27.46; 33.J.Searle 27.56;
34.P.O'Connor 28.03; 39.J.Jackson 28.20; 40.T.Dowdall 28.30;
42.L.Coy 28.37; 44.D.Maughan 28.46; 48.N.Kirmatzis 29.13;
58.T.Grant 29.58; 67.B.Taylor 30.31; 72.M.Gleave 30.53;
74.J.Warborough 30.53; 83.W.Kerr 31.29; 84.D.Searle 31.33;
91.D.Davies 31.51; 92.C.Henn 31.57; 107.B.Greene 33.45;
108.G.Collins 33.52; 121.T.Vosper 35.38;Teams: 1. BELGRAVE 215 points; 2.Croydon 237; 3.Met.Police 380
10 Teams**Race 3**DECEMBER 8th 1979 - CRYSTAL PALACE - SURREY CROSS COUNTRY LEAGUEResults: 1.P.Eales (Mitch) 26.42; 2.D.Faircloth 27.16; 3.R.Figg (G&G)
27.57;Bels Positions: 8.L.O'Hara 28.19; 13.R.Richardson 28.45; 17.S.Holmes
29.02; 21.G.North 29.11; 23.P.O'Connor 29.16; 27.A.Binda 29.31;
28.J.Rimmer 29.35; 34.J.Jackson 29.59; 36.A.Fairclough 30.00;
38.J.Searle 30.04; 43.R.Smith 30.20; 44.T.Dowdall 30.24;
45.L.Coy 30.27; 49.T.K.Hart 30.44; 52.D.Maughan 31.02; 58.M.Head
31.19; 65.B.Taylor 31.45; 78.A.Grant 32.19; 79.L.Morris 32.20;
80.K.Sinclair 32.22; 83.J.Warborough 32.34; 88.D.Searle 32.46;
95.N.Kirmatzis 33.02; 97.M.Cleeve 33.05; 106.A.Jones 33.41;
107.D.Davies 33.42; 111.R.Martin 34.06; 114.C.Henn 34.12;
134.B.Greene 36.00; 137.G.Piddington 36.28; 138.A.Vosper 36.38.Teams: 1.Croydon 156 points; 2.BELGRAVE 235; 3.Thames H & H 416
10 Teams.

Photo by Mark Sinclair

Good packing in the 3rd Surrey League Race. Simon Holmes leads Bob Richardson and Laurie O'Hara with Junior John Searle having a fine run in close attendance.

Race 4

MARCH 15th 1980 - MITCHAM COMMON - SURREY CROSS COUNTRY LEAGUE

Results: 1.P.Eales (Mitch) 24.10; 2.A.Bamber (M.P.) 24.28;

Bels.Positions: 3.A.McIntosh 24.40; 5.J.Bicourt 24.52; 10.L.O'Hara 25.35;
12.G.North 25.38; 15.J.Rimmer 25.45; 16.P.O'Connor 25.46;
20.R.Smith 26.00; 23.G.Ferrie 26.12; 24.A.Binda 26.13;
27.N.Kirmatzis 26.31; 29.S.Williamson 26.34; 30.A.Fairclough
26.36; 34.J.Searle 26.45; 36.S.Holmes 26.48; 41.J.Jackson
27.06; 45.S.Williams 27.22; 46.T.Dowdall 27.29; 48.M.Head 27.36;
62.B.Taylor 28.24; 71.D.Searle 28.53; 83.L.Mann 29.25;
90.C.Henn 30.04; 103.R.Martin 31.25; 114.G.Piddington 33.56;
116.C.Manning 35.29.

Teams: 1.BELGRAVE 155 points; 2.Croydon 279. 3.Thames H & H 362.
10 Teams.

Final League Positions

1. BELGRAVE	864	6. Surrey A.C.	2158
2. Croydon	938	7. Guildford & Godalming	2248
3. Thames H & H	1626	8. Sutton & Cheam	2520
4. Met. Police	1665	9. Collingwood	2922
5. Mitcham	1897	10. Redhill & Reigate	3360

FINAL INDIVIDUAL RESULTS:

1. D.Faircloth (Croydon) 8 pts. 2. O.Foote (Surrey A.C.) 39 pts.
3. L.O'Hara (Belgrave) 42 pts.



Mayor of Merton, Councillor
Ron Haddow presents Youths
5m C.C. Championship winner
Mark Waller, with the gold
medal.

Photo by Bill Laws

The Mayor of Merton, Cll'r Ron Haddow, accompanied by the Mayoress, came along to our 10m Cross-Country Championship.

He was pleased to meet such a number of Past Presidents and, in addition to Bill Merryman the Hon. Sec. introduced him to P.P's Tom Carter, Charlie Jones, Les Cohen, Arthur Penny, Ted Stimpson, Gordon Doubleday, Micky Pyer, Charlie Manning, Reg Hopkins and John Baker. Meanwhile Bob Taylor was out marking the course. The involvement of our older members was obviously to his liking and approval.

Good Turnout

SEPTEMBER 22nd 1979 - BELGRAVE 5 $\frac{1}{2}$ m ROAD RACE

In what was to be one of his last appearances before returning to his native New Zealand, Dennis Brown just managed to get the better of Laurie O'Hara by the narrowest of margins in this annual tussle to lead home the traditionally large field.

Also notable were Tony Binda's return to form, Bob Smith's business like return to the road running scene as well as our younger stars, Mark Waller and Mark Sinclair making their presence felt in senior company with first class times for their ages.

Results:

1.D.Brown	29.02;	15.B.Gorman	32.09;	29.A.Stroud	35.41;
2.L.O'Hara	29.03;	16.R.Bale	32.24;	30.M.Best	35.48;
3.J.Bicourt	29.38;	17.T.Pankhurst	32.32;	31.R.Coombs	35.48;
4.C.Moulton (Guest)	29.42;	18.D.Maughan	32.33;	32.G.Piddington	35.54;
5.A.Binda	29.53;	19.K.Duckett	32.37;	33.E.Thorpe	36.21;
6.B.Smith	30.42;	20.P.Roche	32.51;	34.G.Collins	37.06;
7.S.Williamson	30.51;	21.K.Sinclair	32.56;	35.B.Merry	37.42;
8.S.Holmes	30.59;	22.R.McGraw	33.34;	36.B.Campbell	38.29;
9.M.Waller	31.11;	23.A.Horton	33.43;	37.D.McMillan	39.09;
10.M.Sinclair	31.17;	24.S.Williams	33.52;	38.J.Plummer	39.25;
11.T.Dowdall	31.41;	25.W.Laws	34.05;	39.J.McMullen	40.06;
12.A.Painter	31.48;	26.C.Henn	34.28;	40.J.V.Baker	41.05;
13.L.Coy	31.54;	27.M.Gleave	34.57;	41.R.Hopkins Jr.	41.11;
14.D.Searle	31.58;	28.J.Marsh	35.25;	42.C.Manning	41.47;

Handicap: 1.M.Sinclair 27.17; 2.R.Bale 27.34; 3.K.Duckett 27.57;
4.K.Sinclair 28.06;

SEPTEMBER 30th 1979 - WALTON - WALTON A.C. - 6 x 3M ROAD RELAY

With the host club forced to change from the normal Saturday date to Sunday, due to a clash of fixtures not only was the general entry reduced, but also our own turn out of members for this popular event. It was, therefore, decided to take the opportunity to let our 'A' team be a blend of youth and experience by running some of our younger members in with the more established ones.

As the times show, all acquitted themselves very well with John Gladwin putting up our record fastest time of the day to Laurie O'Hara who turned in another of his superb runs - just to show who is still boss!

<u>BELS 'A'</u>		<u>BELS 'B'</u>		<u>BELS 'C'</u>	
A.Binda	(13) 17.05;	B.Gorman	(16) 17.31;	J.V.Baker	21.51;
J.Gladwin	(10) 16.37;	S.Holmes	(12) 16.41;	E.Thorpe	20.19;
M.Waller	(7) 17.25;	A.Horton	(16) 19.57;	D.N.F.	
L.O'Hara	(7) 15.56;	J.Marsh	(15) 18.57;		
G.Sexton	(7) 18.18;	M.Gleave	(16) 19.07;		
M.Sinclair	(7) 17.47;	C.Henn	(14) 18.46;		
Final Time:	103m 08s.	Final Time:	110m 59s.		

Yacht 3

OCTOBER 6th 1979 - WIMBLEDON - BELGRAVE 3M YACHT HANDICAP

Another large field for our annual struggle against the road, the opposition and the handicapper. This time it was Mike Kortenray one of our most enthusiastic and determined second claim members who took the honours with the second fastest time of the day.

In a well deserved second place was Charlie Henn who with just on 30 years of membership must rank as one of our most consistent competitors for turning out in all types of events in all different places in all conditions. In third place making his debut for Belgrave another most welcome member from north of the border; Jerry Ferrie. The fastest time of the day? - well as may be seen that went to Laurie O'Hara - need I say more?

Results:	1.M.Kortenray 15.28;	14.T.Dowdall 16.35;	27.K.Duckett 17.16;
	2.C.Henn 17.35;	15.S.Holmes 15.56;	28.B.Taylor 18.20;
	3.J.Ferrie (Guest) 16.10;	16.P.Roche 16.48;	29.D.McMillan 19.19;
	4.C.Gillett 17.53;	17.M.Sinclair 16.30;	30.P.Kannar 20.06;
	5.M.Gleave 17.57;	18.P.O'Connor 15.51;	31.R.Langheim 24.29;
	6.M.Waller 16.09;	19.D.Searle 16.42;	32.A.Vosper 21.20;
	7.T.Fairclough 16.40;	20.J.McDonald 23.33;	33.A.McIntosh 16.30;
	8.L.O'Hara 15.11;	21.E.Weldin 22.54;	34.S.Williams 17.30;
	9.J.Marsh 17.52;	22.K.Sinclair 17.15;	35.A.Mead 20.16;
	10.R.Bale 17.13;	23.R.McGraw 17.29;	36.N.Kirmatzis 17.56;
	11.J.Baker 20.44;	24.C.Shippen 17.24;	37.P.Wrench 20.32;
	12.T.Binda 15.57;	25.A.Horton 17.37;	38.S.Pritchard 22.30;
	13.D.Naughan 16.49;	26.L.Coy 16.52;	39.M.Head 20.42;

OCTOBER 13th 1979 - RICHMOND PARK - SURREY A.C. CROSS COUNTRY RELAY

Our teams on this occasion were somewhat mixed with our final position not really giving a true reflection of what we could have achieved but for some notable absentees.

It's a pity this race does not get better support each year, being a friendly affair in the pleasant surroundings of Richmond Park and hence on our doorstep. There's a run for anyone who cares to make a moderate effort.

<u>Bels. A</u>		<u>Bels. B</u>	
A.McIntosh	(10) 16.31;	T.Vosper	(34) 22.32;
A.Binda	(9) 16.43;	J.Baker	(35) 25.05;
T.Dowdall	(12) 17.50;	K.Duckett	(33) 18.32;
D.Searle	(12) 18.39;	M.Gleave	(33) 19.56;
C.Shippen	(13) 18.53;	D.Davies	(30) 21.15;
S.Holmes	(12) 16.54;	R.Martin	(28) 20.09
Final Time	105m - 30s.	Final Time	127m 29s.
Final Post.	12	Final Post.	28

NOVEMBER 10th 1979 - SEVENOAKS - SOUTH OF THE THAMES 'JUNIOR' CROSS COUNTRY

One of the oldest cross country races in the calendar. Recently revised barring clauses which now allow more people to run than ever; and the chance for the ordinary club man to get a taste of good competition in a large field - yet somehow our turn out in this race over the last few years has been pathetic compared to some 15/20 years ago.

This time it was left to Ian Duncan, somewhat unfit having just completed his university studies, to drag our team round and at least keep it in the respectable half of the field teamwise.

We have the talent and the numbers to do much better in this event if only they would turn out.

Results: 1.F.Williams (Camb) 27.05; 2.P.Magner (E and E) 27.10;
3.P.Ledger (AF & D) 27.13.

Bels: 66.I.Duncan 29.29; 75.S.Holmes 29.41; 147.L.Coy 31.10;
151.T.Dowdall 31.14; 196.D.Maughan 32.19; 200.K.Duckett 32.26;
230.M.Gleave 33.19.

Teams: 1.Brighton & Hove 41 pts. 2.A.F. & D 43 pts. 3.E and E 93 pts.
23.BELGRAVE 439 pts. 43 Teams closed in.

McIntosh's Championship Double

DECEMBER 1st 1979 - WIMBLEDON - BELGRAVE H. 7M CROSS COUNTRY CHAMPIONSHIP

With four Scotsmen in the first nine, together with a representative from Ireland this race took on the form of a mini-International. Alan McIntosh took not only his first Belgrave cross country championship in an impressive time, but also confounded the handicapper with a second place in that.

It was good to see John Jackson, back from a prolonged and persistent injury, coming home not only in first place for 'England' but taking the handicap as well.

Also nice to see Doug Brew reappearing from wherever it is he gets to! with a third place in the handicap. Can it be true that this could be yet another comeback?!

<u>Results:</u> 1.A.McIntosh	45.03;	11.L.Morris	51.49;	21.R.Martin	55.07
2.I.Duncan	45.56;	12.D. Searle	52.03;	22.E.Thorp	56.13
3.L.O'Hara	46.03;	13.J.Wasbrough	52.05;	23.A.Stroud	56.48
4.P.O'Connor	47.21;	14.D.Brew	52.10;	24.G.Piddington	59.03
5.J.Jackson	47.58;	15.M.Gleave	52.16;	25.R.Staples	59.47
6.S.Holmes	48.24;	16.M.Head	53.04;	26.A.Vosper	59.49
7.T.Dowdall	48.28;	17.K.Sinclair	53.36;	27.P.Kanner	60.07
8.D.Maughan	49.36;	18.C.Henn	54.22;	28.M.Farrelly	61.55
9.B.Taylor	51.38;	19.D.Davies	54.43;	29.C.Manning	62.14
10.T.Grant	51.48;	20.L.Mann	55.07;	30.J.Plummer	64.34.

JANUARY 12th 1980 - WIMBLEDON - BELGRAVE 10M C.C. CHAMPIONSHIP

Another fine victory for Alan McIntosh with a very good time in extremely cold conditions, although Mike Kortenray and Laurie O'Hara gave him a run for his money in the early stages.

Handicap winner was Martyn Head who although having been with us for some time has only got down to serious training this season. As the results show Martyn's improved performances are already beginning to cause some of our regular team members to 'look over their shoulders' and I feel more will have cause for concern in the near future if he keeps up the good work.

Congratulations also to Geoff Pearson for putting yet another 10m Cross Country under his belt at well over sixty - puts some of our younger non starters to shame!

<u>Results:</u> 1.A.McIntosh	60.48;	9.L.Lyons	68.18;	17.C.Henn	74.48
2.M.Kortenray	62.22;	10.D.Searle	68.20;	18.J.Davies	75.32
3.L.O'Hara	62.34;	11.M.Head	68.24;	19.M.Best	77.22
4.I.Duncan	64.53;	12.L.Morris	69.30;	20.A.Stroud	78.52
5.J.Jackson	66.35;	13.M.Gleave	70.27;	21.C.Cross	82.01
6.D.Maughan	67.22;	14.T.Dowdall	70.48;	22.G.Piddington	.26
7.L.Coy	68.10;	15.D.Davies	71.31;	23.M.Lake	87.46
8.B.Taylor	68.17;	16.K.Sinclair	71.56;	24.G.Pearson	88.13

Handicap: 1.M.Head 56.54; 2.D.Davies 57.31; 3.L.Lyons 57.38;
4.D.Searle 58.10; 5.B.Taylor 58.27; 6.M.Morris 59.20;

JANUARY 5th 1980 - MILFORD - SURREY COUNTY CROSS COUNTRY CHAMPIONSHIPS

Even allowing for our regular team members who are not qualified to run in the Surrey Championships it was disappointing that we could not improve on last year's sixth place in the team scoring.

An unfit John Bicourt was the only one able to get amongst that part of the field which matters, but it was pleasant to see Tony Fairclough back in action again after a long absence from the scene, including a serious car accident, and on this occasion showing the younger men Simon Williamson and Simon Holmes how to make the scoring team.

Results:

Seniors: 1.D.Clark (H/W) 40.43; 2.R.Treadwell (S.A.C.) 41.12; 3.P.Eales (Mitcham) 41.32.

Bels: 16.J.Bicourt 44.02; 75.S.Williamson 48.27;
36.J.Abberton 45.30; 79.S.Holmes 48.46;
39.P.O'Connor 45.38; 82.T.Dowdall 49.04;
48.J.Rimmer 46.09; 101.D.Searle 50.16;
52.A.Binda 46.32; 109.B.Taylor 51.01;
65.A.Fairclough 47.28; 117.K.Sinclair 51.59;

Teams: 1. A.F. and D 81 pts. 2. H/W 113. 3.SLW 167.
4. E & E 184. 5. Croydon 201. 6. BELGRAVE 255.

JANUARY 26th 1980 - READING - SOUTH OF THAMES C.C. CHAMPIONSHIP

We were still not at full strength for the South of the Thames Junior in November, but with spring-like conditions and a grassy 'trackman's' course in Prospect Park we packed much better than we have done for some time. The result was that our position in 14th place was some 200 points lower than in 1979. This maybe nothing special but a step in the right direction.

Led home again by Ian Duncan showing welcome signs of a return to form, it is worth noting that our team on this occasion included some of our most regular performers this season. With just a few more like them, willing to travel to away as well as home matches and our results could improve dramatically.

Result: 1.N.Rose (Bristol) 36.26; 2.P.Standing (WSE) 36.35; 3.K.Penny (Cambridge) 37.55.

Bels: 37. I. Duncan 40.02; 80.P.O'Connor 41.23; 92.J.Rimmer 41.45;
118.A.Binda 42.15; 142.L.Coy 42.59; 149.S.Holmes 43.13;
156.T.Dowdall 43.18; 168.M.Head 43.49; 214.D.Maughan 45.36;
223.M.Gleave 46.12; 224.B.Taylor 46.14.

Teams: 1.Brighton & Hove 154 pts. 2.Westbury 189; 3.Bristol 190
14.BELGRAVE 618.

FEBRUARY 9th 1980 - PARLIAMENT HILL - SOUTHERN COUNTIES C.C. CHAMPIONSHIPS

With Ian Duncan and Alan McIntosh running in the Scottish Championships on the same day and with L. O'Hara, John Jackson, Lionel Mann, John Bicourt, Simon Holmes and Simon Williamson out of action for various reasons, it was left to the old team of Pat O'Connor and Jim Rimmer to lead the charge on our behalf. Tom Dowdall and David Searle made the most of their opportunity to get into the scoring six but with a 1513 points total to give 28th place the continuing saga of unsatisfactory Southern Championship results.

Results: 134. Pat O'Connor; 178. Jim Rimmer; 212. Tony Binda;
299. Leo Coy; 331. Tom Dowdall; 359. David Searle;
389. Doug Maughan; 392. Martyn Head; 404. Bruce Taylor.

Total Points: 1513 Final Team Position: 28th.

FEBRUARY 23rd 1980 - LEICESTER - ENGLISH NATIONAL C.C. CHAMPIONSHIPS

Although we had Ian Duncan back in action it was virtually the same story, as reported elsewhere, for the Southern Championships. With the talent and strength some of the other clubs have these days we just cannot afford to be without our strongest teams on these occasions. But we were, with the result that our points score and final team position was somewhat worse than that of last year.

Tony Binda, however, showed some improvement on his rather mediocre form of late by scoring an all too infrequent victory over Jim Rimmer and we also had a small consolation in that this year we did at least field a full team of nine runners!! Perhaps nine miles cross country is not everyones ideal but how about a bit more enthusiasm for the major championships next year and some battling for those team places as happens for our road relay.

By the way - what was the cross country Captain doing back in 1052 place??

Results:

Seniors: 402. I.Duncan; 410. P.O'Connor; 510. A.Binda; 566.J.Rimmer;
836. T.Dowdall; 899. L.Coy 926. D.Searle 1052. S.Holmes
1152.D.Maughan

Total Points: 3623 Final Team Position: 71st 165 Teams Closed In.

Junior: 233. John Searle.

RANKINGS 1979

Belgrave's contributions to the U.K.'s 1979 top rankings may not be so numerous as in past years, but nonetheless reflect our recent improvements. Rising standards and greater depth of quality made it more and more difficult for athletes to break into the top echelon. Its congratulations therefore, to all Belgravians who made it. Carl Lawton ranked 3rd in the 3000m and 5th in the 20 kilometres walk and John Gladwin's 1:54.3 placed him 12th in the 800m Youths rankings. Junior walk rankings are not to hand as we go to press but Richard Dorman's fine performances rank him in our estimation as No.2 Junior in the U.K. at present. In the Senior rankings Richard placed 16th in the 3000m and 11th in the 10,000m just 1 place behind Carl. Cliff Brookes' 6522 pts in the decathlon was good enough for 16th place in the 1979 rankings.

ROAD

MARATHON RANKING 1979

J. Thresher	2-36.11	Regina Canada
J. Jackson	2-46.01	Poly
A. Grant	2-51.49	Harlow
A. Painter	2-55.00	New York
F. Pringle	2-56.58	Milton Keynes
J. Davies	2-57.29	Poly
D. Maughan	2-57.43	Harlow
J. Dooley	2-59.43	Poly
E. Thorpe		New York
J. Wasborough	3-29.46	Harlow
G. Piddington	3-40.00	Isle of Wight

ROAD 10 MILES 1979 RANKINGS

D. Brown	49.23 WAL	K. Duckett	59.11 W
L. O'Hara	49.35 WV	E. Thorpe	59.17 WV
B. Gorman	53.18 WV	L. Morris	59.55 W
J. Thresher	54.28 GC	A. Grant	62.05 HH
W. Laws	54.36 WV	C. Henn	62.27 WV
L. Mann	55.41 W	J. Dooley	62.40 HH
A. Painter	56.08 W	D. Davies	65.49 W
C. Walker	56.12 WV	C. Cross	66.15
D. Searle	56.20 WAL	G. Piddington	66.49 HH
J. Jackson	56.31 HH	D. McMullen	68.27 WV
D. Maughan	56.33 WAL	J. Beatties	68.57 W
K. Sinclair	57.50 WV	J. Baker	73.15 WV
J. Wasborough	58.37 W		
R. Bare	58.41 WAL		

HH - Herne Hill April 28
WAL - Walton Oct. 14
WV - Wimbledon Vets May 5

GC - Gimli Canada Aug.
M - Maidenhead April 13
W - Woking Feb 24

PAST PRESIDENTS

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On another page mention is made of some of our Past Presidents, how are other holders of the Club's Number One office faring?

Bill Webb - Senior Past President a very fit octogenarian who still cycles from his home at Teddington to Wimbledon. Was Hon. Treasurer and a Trustee for many years.

Ernie Duffett enjoying retirement at Pontypridd (S.Wales), as Hon. Handicapper (Running) he knew everybody's form down to the last yard or second.

Tommy Morrell, also retired, now lives in Norfolk and is a keen bowls player. As buyer of Club medals and prizes and seller of Club vests he always turned up to meetings well-laden.

Harry Shields on his retirement took to the Arts (Painting) and is another bowls player, and is still a walking and track judge.

Frank Webb, a frequent attender at our meetings, has always done some job or another, who can recall his name and address not being on our Officials list?

Bill Lucas, another much in evidence whether it be track or country, how he sorts them out in a tight finish goodness knows. Has recently been in hospital for an operation and we hope he's soon well again.

Jack Goswell keeps busy by running the Supporters Club Football Competition and is a Walking Judge and with the help of his wife Joan continue to produce those excellent result sheets after Walking events.

Frank Jarvis as Hon. Secretary of the Centurions has plenty to keep him occupied.

Frank Simmons - his enthusiasm for the Club can be judged by the number of coaching sessions he holds at Battersea Park. Many of his "regulars" are putting up good performances and piling up the points in matches.

Clive Shippen active as an official in South of the Thames and N.Surrey League Cross-country events. In the summer you'll find him officiating at Track Meetings - particularly the Pole Vault. He takes over this year from Bill Lucas as Manager of Surrey's Cross Country team.

Ray Hall played a large part in getting the Ladies Section going and is always busy at meetings.

Bill Couzens is still taking on men twice his size in throwing events and is a live wire in the affairs of Belgrave Hall, the Social side and Club's bar.

Ray Middleton you have only to look at the walking results to see that our immediate Past President is still active.

Gordon Doubleday continues to wield his trusty stopwatch and still willingly travels long distances to provide his services as timekeeper.

100th Edition

Congratulations to the Road Runners Club on the publication of the one hundredth issue of their Newsletter. This was first produced in December 1952 by one of our walkers, Jack Stirling-Wakeley (winner of 24 Hours Track Walk at Motspur Park in 1948 and the London to Brighton and Back Walk in 1951). As the R.R.C. increased rapidly in membership they were able to go over from a duplicated issue to a printed magazine, the current issue has 64 pages and is illustrated with photographs.

The present Hon. Editor is John Jewell (of S.L.H.) who can rightly claim to be a world authority on long distance running and runners. It is published three times a year and, like our own magazine, is sent free to members. The many Belgravians who are also members of the R.R.C. will agree that it is a first-class production and will wish it continued success.



