

# **THE BELGRAVIAN**



**Official Gazette of  
Belgrave Harriers**

QUARTERLY

DECEMBER, 1967



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FRONTISPIECE (photo:R. Linstead)----Len Daquemin (5) and John Moullins,our new members from Guernsey, seen during our Open '7'.

FRONT COVER (Photo:E.D.Lacey)----Our President for 1967/8, TED STIMPSON.



THE

# BELGRAVIAN

FOUNDED 1887

December 1967

No. 164.

President  
E. Stimpson

Gen. Hon. Sec.  
A.A. Harley,  
7, Brickwall Lane,  
Ruislip, Middx.

Hon. Treasurer.  
D.M. Shepherd,  
104, Florence Road,  
S.W.19.

Hon. Editor.  
C. Shippen,  
24, Fryston Avenue,  
Coulston, Surrey.

## EDITORIAL

"Good order is the foundation of all good things"  
Edmund Burke.

The newly formed Organisation & Development Committee of the A.A.A. under the secretaryship of Mike Fleet, wasted no time in producing a draft plan for transforming the chaos that is our summer season into a state of highly competitive order.

In the March edition of "THE BELGRAVIAN" we referred to "--a chaotic summer programme--little short of farcical" and called for some form of National Championship through the Area Associations. Mike Fleet's outline proposals go much further. A

National league of 3 divisions supported by a wide base of local leagues is planned and all recognised track and field events, including the 4 x 110 and 4 x 440 relays but excluding the six miles, staged. What a tonic for the cinderella events this will be. With 2 men per event it is doubtful whether any club will begin the programme with a pair of recognised performers in every field event, but there is no better way of encouraging the emergence of such men.

Each division would contain six clubs who would meet each other, all together, on three occasions. Promotion and relegation would be two up and two down. Competition of this sort is almost certain to herald a breakthrough in field events standards and, on this score, Belgrave badly need a recognised hammer thrower.

When finalised, the scheme will probably begin to operate in 1969. A pilot scheme is likely in 1968 but Belgrave have received no invitation to take part, despite our enthusiasm. It would seem that the "Birds Eye" trophy rankings will be used as a yardstick to begin with, but these are not a true indication of strength for the competition as planned. The "Birds Eye" rankings are based on a restricted number of events by a restricted number of athletes and in no way reflect the strength of a possibly 40 strong team. We can only hope that our four trophy wins of last season (including the Brockman) will earn us an invitation. If not we all know how to prove them wrong in 1968.

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It is with sincere regret that the longer serving half of your Editorship says farewell to his partner Alan Mead, who has been obliged to resign. Alan's enthusiasm and artistic approach to the Gazette's layout will be sorely missed, to say nothing of his typing ability and knowledge of the younger set. Fortunately he is not lost to the Club, his resignation being due to the commencement of a career in the Metropolitan Police so we are still likely to see his mark from time to time within these pages. In the meantime if anyone feels a post of this sort to be his metier then he will be most welcome.

The Editor is indebted to GWEN COUZENS for her help in preparing this issue.

## COMING!

- |           |   |  |
|-----------|---|--|
| DEC. 26th | - | Boxing Day Track Meet, Battersea 11 a.m. |
| DEC. 30th | - | North Surrey League, Morden Park.        |
| " "       | - | Walk v SWC v Met.WC v Vids, Wimbledon.   |
| " "       | - | New Year's Ball, Belgrave Hall.          |
| JAN. 6th  | - | Surrey Co. Championships, Coulston.      |

# HON SEC'S NOTES

At the Annual General Meeting of the Amateur Athletic Association, Les Cohen was presented with the A.A.A. Award of Merit by the Marquess of Exeter, who discussed the great work Les has carried through for Amateur Athletics over so many years. Needless to say the presentation was received with enthusiasm, and in reply Les said how happy he was to be able to put back into the sport something in return for the years of pleasure he had enjoyed as an active athlete.

We heartily congratulate Les on this honour in which we as fellow Belgravians can take great pride, and we hope he will be able to continue making his great contribution to athletics at all levels for many years to come.

\* \* \* \* \*

Congratulations also to our immediate Past President Frank Jarvis who now becomes President of the Race Walking Association (Southern Area) and doubles up this position with the Hon Secretaryship of the Association.

\* \* \* \* \*

At our recent A.G.M. Jack Goswell (as he had notified us a year earlier) did not seek re-election as Walking Hon Secretary. For fifteen years Jack has done great work for our walkers and the Club and we thank him most sincerely for all his efforts. We are quite sure he will still be there to give a helping hand whenever required, and to assist in the building up of more and more successful Belgrave teams. Jack took over the Walking interests of the Club at a time when our triumphs of a few years earlier had flattened out to something rather more ordinary. Nothing to be ashamed of but just lacking that extra punch and effort which turns the good performance into the unbeatable. This Jack quickly supplied. His enthusiasm, unfailing hard work and selfless labour met with due reward. Numbers increased, quality of performance was raised, organisation of events was perfected and Belgrave stood high in the world of walking. Our recruitment of new walkers and systematic and regular training as organised by Jack gave us individual champions and champion teams. Our Olympic and European Games walkers owed him much, as did every walker wearing a Belgrave vest. Jack's thoroughness was never more evident than on a long distance road event when he never spared himself in the care and encouragement of our teams. And he still had breath - if permitted - to play the piccolo on the way home. Later Jack was the inevitable choice to become Championship Hon. Sec. to the Race Walking Association and right well did he carry through his tasks until resigning in September last.

Jack has been a very popular Belgrave President and is an elected Life Member. He has also been President and Chairman of the R.W.A. (Southern Area) and is a Vice President of the Race Walking Association.

He has lived intensively for walking for fifteen years without a break (and let us here pay tribute to his wife Joan who has also rendered terrific service) and we know his heart is so much with sport that we shall continue to enjoy his help and support on all possible occasions.

Thank you Jack, your work has been immense and our gratitude is boundless.

\* \* \* \* \*

Reference was made at the Annual Meeting to the fact that some members were other than Club vests in training and racing and urging all members to wear the Club colours at all times. It is to be hoped that all members will bear this in mind and show their pride in the Club by wearing its official colours, and also enable the newcomer to identify his club mates to the advantage of all.

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The A.A.A. Indoor Championships will be held at R.A.F. Cosford on Friday & Saturday February 2nd & 3rd. Entries close on January 8th.

\* \* \* \* \*

Application fees to the A.A.A. have been increased and as one of the larger clubs we shall now be called upon to pay £20. per annum, and shall be entitled to have five representative members attend an Annual or Special General Meeting.

— A.A.H. —

WE CAN DENY A RECENT REPORT THAT THE "AAA" HAVE APPLIED TO JOIN BELGRAVE HARRIERS AND HAVE BEEN TURNED DOWN UNTIL THEY PUT THEIR FINANCIAL HOUSE IN ORDER!

# CHRISTMAS

## 67



WITH APOLOGIES TO "OLIVER"

A.B.

## THE PRESIDENT'S MESSAGE

Dear Belgravians,

May I say thank you very much for electing me as your President for the coming year.

Like all past Presidents I trust that I shall have a successful year of office, and I know that I will have the backing of all members in each section.

It is certainly a great help to have such a first class set of officers and committee men to assist me.

It would give me great pleasure this year to go one step further than our immediate past President, Frank Jarvis, and win more than one outstanding Championship, and I would very much like to see our cross country men win a major title, either the Southern or the National.

The walkers I know will do their best, and the continued success of the track and field events men, I hope will continue.

Under the guidance of Tom Carter and Reg Hopkins I am sure our youths and boys will progress still further.

Success in any club always comes from having a good social side. We are very fortunate in having this and are, no doubt, the envy of other clubs, so please continue to give your support to our new Social Secretary, and do not forget to bring your wives and girl friends in to this important side of our activities.

In closing, I would like to thank the editors of the magazine, and our press reporters for their outstanding work in bringing this great club of ours to the notice of the public. Our Press coverage is first class, so would all section officers send their details after all races to the reporters, who will be only too happy to spread our name in the news.

Lastly, I would like to welcome all new members to our club, and wish them every success in the future.

*Les Stimpson*

## Our President ~ TED STIMPSON

TED STIMPSON joined us in June 1934 and quickly made his mark by winning an 880 yds. handicap off 70 yds. in 1 min.56.2 secs. at our Club Track Championships Meeting on August 11th. Our scribe wrote "E.S. Stimpson, 18½ years of age, showed style and ability in taking the 880 yds. handicap. He should develop into a club champion with maturer years." Two or three months later Ted ran in the Club Junior Cross-Country Championship for the SAVAGE Shield and finished third behind George Chandler and our present Hon. Treasurer Joe Flower, always a good judge of a runner wrote at the time "Stimpson ran splendidly. He has nothing like the experience of the other two, but I like his style and determination and feel confident he will make a good name for himself as a cross country runner." A few weeks later Stimpson ran third in the Middlesex County Junior Cross-country Championship at Northolt, and our tame prophet wrote "ran exceedingly well to finish in third place. With another years strength and experience he should win this event." Well Ted did continue to gain strength and experience and on Dec.2nd 1935 he won the Savage Shield. A week or two later, as prophesied above, Ted distinguished himself by winning the Middlesex Junior Championship. His appetite whetted, he won the Southern Counties Junior cross-country championship at Sandown Park "running a clever race, using his head as well as his legs and in perfect style came away in the last mile to win comfortably. Golden opinions were heard everywhere not only on the achievement but on the manner of its performance." Two weeks earlier Ted had led our South of the Thames team to a convincing victory, finishing sixth himself and incidentally we also won the "Colman Cup" for being the first club to finish its complete team of twelve, a habit we must strive to regain. Later in the year he ran in our winning London - Brighton Relay team, our third successive win.

1938 was a quiet year for Ted but in the first few days of January 1939 he finished second in the Middlesex Cross-country championship, and the Cadogan A.C. team (consisting entirely of Belgrave runners as follows:- Stimpson 2, D. Patience 4, Shields 7, Allum 14, Tobin 15, F.R. Webb 17) were easy victors. Third place in the club "10" behind Penny and Carter, was succeeded by sixth place in the Southern when Belgrave could only manage third team position in a close fought race. But compensation came a fortnight later when Belgrave beat Birchfield for the English title and Ted Stimpson finished a gallant fourth and gained International selection with Arthur Penny who finished eighteen seconds behind him.

Before another season could come round war had overtaken us and Ted Stimpson was serving in the Royal Artillery. Undoubtedly, but for the war, Ted would have recorded many further International selections, but, as for many others, the years when he would have reached his peak performances were given over to more serious matters. News came through in 1943 that he was now married, that he was a sergeant, and was retiring from running as he was now 28 years of age. However later on he was running almost as well as ever with B.A.O.R. Following his return home Ted found, as did so many, the need to concentrate on his career and whilst he still ran, he could not hope to find his old brilliance. Nevertheless, he turned out whenever possible and helped to pass on his experience to the new generation that had grown up. Growing business claims prevented Ted from playing the part in Club life he would have wished for several years, but when circumstances permitted he embraced the opportunity of putting something back and working on Committee and on the Social side of the Club. He was elected a Life Member of the Club and has now been called upon to be President by unanimous vote at the Annual General Meeting. We know he will be a very worthy President, that he will inspire and guide our efforts and that the club year ahead of us will be a memorable one. For our part we offer him all our support and all our good wishes in his year of office.

A.A.H.

## WELCOME

Stephen ADAMS	(Surrey)	John KIBBLE	(Middlesex)
Ray I. BEAUMONT	(Surrey)	John MATHISON	(Australia)
Martin BLOICE	(Surrey)	Christopher MERRY	(Surrey)
Andrew R. CAMERON	(Leics)	John MOULLIN	(Guernsey)
Peter E. COLLEDGE	(Surrey)	Sidney NAZIR	(Surrey)
Terence G. DEAKIN	(Surrey)	Peter J. SHARP	(Surrey)
Leonard DUQUEMIN	(Guernsey)	Philip G. TREVERSH	(Surrey)
Eric J. EAGLE	(Essex)	Brian F. WARD	(Northants)
Graham F. GORMAN	(Surrey)	Xanthos YIANNI	(Middlesex)
William J. GOSWELL	(Surrey)		

# THE CLUB<sup>7</sup> DINNER

The height of the social season each year is the Club Dinner & Dance. It is always a success and this year was no exception. In fact, the festivities went with a swing that has been permeating throughout our affairs and shows that Belgrave is riding high in all spheres.

As usual, the occasion was a sell out and the lucky 250 made full use of their 35/- worth. The Wimbledon Hill Hotel is an ideal establishment for this annual occasion. With Belgrave Hall and our cross-country courses only a few hundred yards away we had a feeling that we were celebrating our 80th year on our own territory.

When the insatiable appetites of our active members had been held at bay for an hour or so with liberal helpings of Hors d'oeuvres, roast Norfolk turkey, peach melba and coffee everyone settled down to digest the verbal half of the menu card.

In proposing "The Club" Eric Kennell (Coventry Godiva Harriers), chairman of the A.A.A. said it had been some 20 years since he had last attended a Belgrave Dinner. He had received his invitation from Alf Harley then as he did this year. Football managers should note how long our secretary has been at the helm of Club affairs. Apart from the weight training he has put in, he has not changed. Eric Kennell's own club was, of course, founded before Belgrave and he could only assume that we adopted the same coloured vests out of admiration for the senior club. Turning to a more serious topic he said, "A wind of change is passing through our sport and in 1968 it will reach hurricane force when the Byers' report comes out."

Clubs like Belgrave & Coventry were the grass roots of athletics. If British Athletics intended to enter the international "circus" then the relatively few athletes that emerge as our country's representatives will be fully occupied in that role and will have to rely on charitable employers and be not too far away from professionalism in some eyes. Their clubs will generally be denuded of their services. "I see a two-tier set-up - the international tier and the club tier. Whatever the outcome a great deal of re-thinking is necessary."

Replying on behalf of the Club Don Maclean said Belgrave had had its ups and downs, and since the war it had been mainly downs, until recently. In recent years Belgrave had introduced a new line of thinking in coaching and our build up of schoolboy members is a tribute to this. He wished to take this opportunity to announce that Dave Ansell, our A.A.A. Senior coach for the jumps, had been selected to join the team of coaches looking after Britain's Olympic possibilities. Belgrave had many top officials that were rarely seen at ordinary club level because of the work they do for British Athletics, at the highest level, outside. Of the guests present Don was particularly pleased to see Tom Reynolds amongst the top brass. Tom was one of the few people he knew who had a Coventry Godiva neck tie, but somehow he only ever seemed to wear it in the "Rose & Crown" the day after the National cross-country or road relay championships!

That legendary fair haired "youth" of Belgrave, Tom Carter, proposed the toast to Our Guests in his inimitable style. With many of his gems lost in asides to the President there was still plenty left over for the enjoyment of all. He reminded Mr. Kennell that there was no confusion at all between the vests of Belgrave & Coventry. After all "their's are red and yellow and our's are claret and 22 carat gold." His change of intonation between the two descriptions made ours seem as though it was Royalty itself. He did not wish to tell everyone about the official positions and work of our many guests because the offices they held meant they must have worked very hard to get there. He was very pleased to see so many of our younger members present and, of course, the dear ladies. They would be pleased to know that our youngsters would be delighted to show them over our cross-country course after dinner!

Mr. J. Hartley the second Godiva guest present, who is also President of the E.C.C.U., responded briefly and pointed out that, including Mr. Kennell's wife, there were in fact three life members of the Midland Club present. (He could have mentioned that there was also an active member of Coventry present in the person of Mel Thorpe but probably refrained from doing so because Mary Thorpe has not yet been converted to Godivalism).

Mr. S. Pryor (S.W.C. and President of the R.W.A.) said he detected a certain sombre note in Eric Kennell's voice when looking to the future. Internationalism is very important but we should never lose sight of the need for comradeship and club spirit. "Internationalism must not be at the expense of the little man" said Mr. Pryor. No one had suggested it should be but such phrases stirred the gathering to hearty applause. "It is fine to be an amateur" he continued - a revelation that was equally well received. A final platitude calling for our members to keep the Club going for 100 years but, strangely, to keep our feet on the ground, led Mr. Pryor to our Open '71

of the following week. In praising our promotion he said he always looked forward to it because of the opportunity to rub shoulders with royalty - the "King of Denmark"!

Our immediate past-president Frank Jarvis proposed the toast of Our President, Ted Stimpson. "We are all aware of his many athletic successes but he must be the first president to take part in a handicap race and pull rank on the Hon. Handicapper!" During his time with the social committee he had maintained our high standards of social functions and was probably a forerunner of the "Hippies". "He was definitely the first flower man" said Frank, but did not reveal how Ted attached the blooms to his head. He warned the President that a pair of gum boots was a necessary part of his equipment but, unfortunately, did not tell the listeners of Ted's running highlights and many were probably unaware that he had run for his country. Frank Jarvis thanked all those that had helped him during his term of office and handed over to Ted "fully conscious that the Club is a going concern".

In replying, Our President said how glad he was to have Frank Jarvis "to tell you all how good I am" He was glad to see many of his contemporaries present and thought everyone knew what a terrible lot they were! He then held up a pair of tin foil running shorts (complete with tin opener) that they had sent him and said that their presence this evening would have been even more felt if Bert Footter had been there. Our president continued by paying tribute to Gerry North who "ran his heart out every time" and appealed to the rest of our runners to give him the support he deserves to win the National. "Our social side is the best in the land and success here will lead to greater success in our racing." Ted made no secret of his enthusiasm for Belgrave and in dealing out the superlatives, he could perhaps be forgiven for rating us the best track and field side in the land. No one minded, after all, if we aren't now we soon will be.

With the speeches over, the dancing began and continued through until midnight. Those not dancing could be seen exchanging reminiscences with old friends while the younger members kept the barmaids occupied. Demand for tombola tickets was so great that they were all sold out before demand had been satisfied. Thirty prizes was undoubtedly a record and with a large teddy bear (not our Ted) fetching 6 gns. by auction the children's party is certain to be in good funds.

All in all, a great success and another triumph for the Social Section.

## The A. G. M.

In accordance with Rule 9 of the Belgrave Harriers the Annual General Meeting of the Club was held on 20th September and an important item on the Agenda was the motion to increase the members' subscription to the Club.

The General Secretary, Alf Harley, in presenting his report for the year, made the interesting observation that this Annual Meeting could be the 80th as it appeared that the first meeting was held in September 1887, when was founded the great tradition of sportsmanship, performance, enthusiasm and Club feeling which has been passed on to us. He continued and spoke of the high accord with which the Belgrave Harriers are regarded in Athletic circles, and of the clubs that envy our standing and support. By gaining four trophies, the Track and Field athletes had redeemed a promise made to the President. These successes were due to the overall team work and developing Club spirit greatly assisted by improved numbers and standards of performance.

The Treasurer, Dave Shepherd, in presenting the accounts, drew attention to the increasing costs of running the Club, that such costs were always being examined but the increasing cost of postage and printing were items over which the Club had no control. The Treasurer emphasised the need for more support for the Belgrave Harriers Football Scheme, as income from this source played an important part in the finances of the Club. If each member were to take one ticket in the Football scheme, the Club would be self-supporting and increased subscriptions would not be necessary. He hoped that in the coming season more tickets will be sold.

The next item on the agenda was the motion for increased subscriptions-senior members £2.0.0., members over 17 and under 21 years £1.0.0. and members under 17 years 7/6. per annum. This motion was agreed to without dissent, the expected discussion did not develop and it would appear that this increase was appreciated by the members and so accepted.

After the presentation of Honour Badges (Pat Duncan was the only one present to receive his) the election of Officers and Committee took place. The retiring President, Frank Jarvis, thanked the members for their help and the Track and Field athletes for their successes during the year and that he had pleasure in recommending Ted Stimpson to be the President for the ensuing year. On his election, Ted expressed his thanks and asked for an all out effort to win the National Cross Country Championship; he being a cross country man.

The other Offices were filled in due course, but it was noticeable that the 'Old Faces' were voted back into the senior positions. It would be as a breath of fresh air if some 'New Faces' were to occupy these offices.

The Meeting, after its conclusion left the onlooker with the impression that another had been concluded with confidence in the administration and that no interference was necessary; but should not the members look forward to ten years time to ensure the greatness of the Club and in looking forward maybe assist in keeping the tradition golden?.

## BOOK REVIEW

Amanuensis

THE JIM RYUN STORY by Corder Nelson & Rich Clarkson.  
(Tafnews Press, P.O. Box 296, Los Altos, California 94022, U.S.A.)

Of the many books written by, and about, world class sportsmen this must surely rate amongst the best. For accuracy of detail and quality of photographs it is without peer. Every movement of Ryun, from his first day at Wichita East High School had been written, taped or photographed and but for two men this wealth of material would never have been amassed. Bob Timmons, Ryun's school coach, was a man dedicated to the training of swimmers and athletes. He was a perfectionist, recording the progress of all his boys and setting targets right down to the 110 yds splits of each mile race. His experience of age group swimming had taught him that youth did not need a restraining hand; the governing factor was how much the youngster WANTED to succeed and how high he set his goals. His valuable contribution to the book must be set alongside that of Rich Clarkson, Photographic Director of the TOPEKA "Capital Journal", whose close friendship with Ryun enabled him to take several thousand photographs of the runner from the start of his running career at 15 yrs of age.

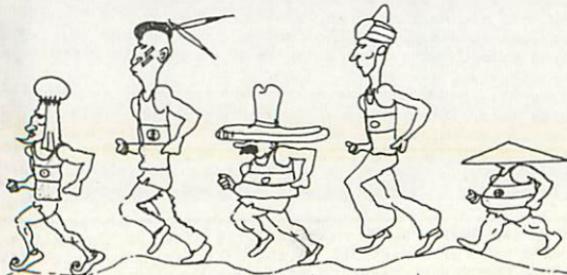
Details of Ryun's very first training session are given and his first mile race (5.38 against a class-mates winning 5.13). He worked so hard that five days before his 16th birthday he improved his time to 4.19.7! He was now training twice a day, rising at 5 a.m. so that he could fit in his paper round and a training run before breakfast. At 17 yrs his weekly mileage rose to 110 and he was already in the big time. Just what this meant to Jim Ryun and the effect on a youngster thrown in at the deep end of top class competition is well described in this book. Ryun emerges as a person of high moral fibre who has not let success go to his head. He is almost too perfect and is an ideal hero for many younger enthusiasts.

One of the high spots in this book is the account of Ryun's first race against Snell, his hero, at Compton in 1965. Following the thrilling narrative are 12 pages of photo's showing the sequence of events from his boarding the aircraft at Wichita, eating, sleeping, watching, warming up nervously eyeing Snell on the start line, the race itself lap by lap, the finish and then that upsetting moment after the meeting as he stood alone patiently waiting for Peter Snell to finish signing autographs etc. so that he could make a second effort to congratulate him.

Such photographic sequences follow every big race story and Clarkson shows himself to be a true artist - the book is worth buying for the hundreds of photographs alone.

Unfortunately the American edition is not available here any longer as Pelham Books Ltd., plan to publish a British edition in 1968. If it repeats the format of the present publication then it is a book well worth buying - particularly by our younger members.

MEMBERSHIP IS UP---FROM ALL LANDS



BELGRAVES NEW MULTI-RACIAL LOOK! NATIONAL TEAM 1970



**PHOTOS:** (R. Linstead)—Brian Buxton hands over to Chris Steer in the Walton Relay (top). Peter Whewell (A23) sets off for a fast lap in the Belgrave Relay while Buxton (A4) is seen finishing second on the first stage. No.64 is Our President who, by running in the Yacht handicap during his year of office, probably made history.

# ROAD RELAY ROUND-UP

## ONE FIRST ----- ONE SECOND ----- TWO FOURTHS ----- ONE FIFTH

The 1,2,4,4,5 summary of this year's autumn relay placings should be compared with the 1,1,2,2,5,6 of last year (we did not compete in the Blackheath event this time) The comparison is not encouraging yet, potentially, we are much stronger than last year. Why then no results to show for it? Well, our teams must face the fact that they have still not reached the standard displayed in recent years by Portsmouth, Coventry and Derby. All clubs have their off days and relay teams invariably have one man below par on any day, yet the great teams win despite this. Look at Coventry in the last National Relay, and Portsmouth in the last years of the "Brighton". We can follow suit of course, and a taste of this was had in our fine win of the "Southern" relay, but generally when we have a man off form we crash - and how! In the Surrey Relay it was Alan Black's turn and he brought the 'A' team home on the first stage in 22nd place, two minutes behind the leaders! We got back upto 5th. In the Bristol - Weston, Gerry Williams had an unfortunate outing and we were only 20th after the opening stage - we fought back to 4th. Both good efforts by good teams but GREAT teams still win, anywhere and anyhow. Our teams are steadily improving and our reserves of runners growing. Confidence is once again predominant and as long as this does not turn to complacency and our lads recognize that on the road to the top there is always a long stretch round the next bend, then they will reap many benefits in the months and years to come.

At Woking on September 9th Bill Kerr got our non-scoring 'B' team off to a good start in the County relay championship when he finished 2nd. Dick Piotrowski held second place and although John Dear dropped to 6th on stage three they were still ahead of the 'A' outfit despite fine recovery efforts by Bill Dance and Gerry North. Adrian Major put our team in the right order on stage 5 and it was just as well that Chris Steer consolidated their position for Laurie O'Hara (B) was fast catching Tony Fairclough (A) on the last leg. The 'B' team were well over 3 minutes ahead of any rival 'B' team.

The following week was our 5½ mile road run which clashed, as usual these days, with the Blackheath Relay. We won the Heathen's event 2 years ago, dropped a place last year and on this occasion withdrew altogether. People don't seem to be as frightened of our road run as they used to be!

The "Johnstone" relay was also destined to be a disappointment. Not because of those that ran but because of those that were not available; all for good reason. To field a team of 10 and NOT turn out Thresher, Whewell, Fairclough, O'Hara and Steer and still finish fourth behind Coventry, Tipton, and Derby was no mean achievement and answered well for our own relay two weeks later.

Even the Walton Relay could not produce our first win. Bristol AC, who seem to be particularly fond of this event, were 8 seconds behind us last year when we were the winners. This year an unwell Laurie O'Hara was the difference between repeating our finish of last year and finishing runners-up 24 seconds down. We can't expect Laurie to be indestructible for MORE than 99% of his appearances. Williams & Buxton showed great form at this venue and enabled our Southern Relay team to virtually pick itself. In a good quality field our 'B' team was well up in 9th place.

Then came our convincing effort in the Belgrave Relay & S.C.A.A.A. promotion at Wimbledon on October 14th. There could be no clearer indication of our claim to be the leading club in the South and we must now carry that mantle as proudly and as impressively as Portsmouth has done in recent years. However, we soon came up against the difficulty of doing so the following week at Bristol when the second biggest road relay of the year saw us off to another disastrous start and an up-against-it finish. Reports of these two events are covered on another page.

And so, despite our improved strength, we still didn't match our performances of last year. Before we reach the 1968 autumn season, we encounter the spring events and the National Relay. If we win this, who cares about the other relays?

### SURREY COUNTY RELAY - 9th September

1. Hercules AC	83.51	A. Black	15.30	W. Kerr	13.38	G. Biscoe	16.13
2. Mitcham AC	85.00	G. Dance	13.54	R. Pio'ski	14.13	M. Simms	15.42
3. Walton AC	85.11	Gy. North	13.31	J. Deer	14.53	D. Maclean	15.55
4. Ranelagh H	85.26	A. Major	14.08	R. Glover	15.01	H. Satchell	15.45
5. BELGRAVE 'A'	85.32	C. Steer	14.22	R. Donison	14.42	(did not close in)	
6. BELGRAVE 'B'	86.03	A. Fair'gh	14.07	L. O'Hara	13.36		
Fastest La ps: R. Holt (Herc) 13.25, Gerry North 13.31, S. Badgery (Mit) 13.34							

WALTON (Hewitt & Jones) RELAY - 7th October

1. Bristol AC	92.15	4. Walton AC	93.24	19. BELGRAVE 'C'	102.48		
2. BELGRAVE 'A'	92.39	5. Herc/Wimb.	94.02	25. " 'D'	108.33		
3. Portsmouth AC	93.02	9. BELGRAVE 'B'	96.08	26. " 'E'	109.45		
	'A'	'B'	'C'		'D'		
G.Williams	15.17	W.Kerr	15.55	P.Hillier	16.34	W.Laws	17.10
A.Major	15.47	P.Whewell	15.46	J.Bicourt	17.11.	M.Simms	16.36
Gf.North	15.18	R.Donnison	16.00	H.Satchell	17.29	J.Kelly	18.08
Gy.North	15.03	B.Buxton	15.16	R.Glover	16.41	R.Beaumont	19.51
G.Dance	15.26	C.Steer	16.41	P.O'Connor	17.04	G.Bisoe	18.04
L.O'Hara	15.48	J.Deer	16.30	C.Keavey	17.49	A.Brooks	18.44

Team 'E' D.Hurd 18.10, D.Jones 17.46, D.Maclean 17.34, B.Merry 18.00

A.Mead 19.39, P.Smith 18.36

Fastest Laps: J.Hogan(Walt)14.47, J.Cooke(Ports)14.52, M.Price(Bris)14.56

## THRESHER TAKES '5 $\frac{3}{4}$ '

Wimbledon - September 16th

With a strong display of running, particularly on the Cambridge - Cope Hill climb, John Thresher proved a convincing winner of this year's Autumnal road race. Gerry North, his long standing summer injury now healed, ran through the field with a carefully judged effort to snatch second place from Brian Buxton who ran a very fine race and Tony Fairclough, also in the forefront throughout.

Chris Steer and Bill Kerr, the only other two ever in the hunt, were dropped on the return journey but once over their bad spell hugn on tenaciously to close in the half-dozen well over a minute ahead of the remainder.

Jim Heathfield put in some useful running to take the handicap from Jim Rimmer ( a man to watch) who was a good second.

RESULT:

1. J. Thresher	(0:30)	27:50	21. B. Merry	(5:00)	33:51
2. Gerry North	(0:10)	28:17	22. P. Pringle	(4:45)	34:12
3. B. Buxton	(1:00)	28:23	23. D. Newell	(6:45)	34:17
4. A. Fairclough	(0:45)	28:29	24. M. Stearman	(7:00)	34:27
5. C. Steer	(1:15)	28:35	25. P. Sutton	(8:00)	34:45
6. W. Kerr	(0:45)	28:41	26. D. Bonser	(6:00)	34:58
7. R. Donnison	(2:00)	29:54	27. C. Henn	(6:30)	35:11
8. J. Dear	(2:00)	30:20	28. J. Heathfield	(9:00)	35:13
9. R. Glover	(3:00)	30:47	29. W. Matthews	(8:00)	35:46
10. D. Brew	(3:20)	31:26	30. R. Beaumont	(8:00)	36:05
11. W. Laws	(5:00)	32:07	31. J. Walker	(7:30)	36:10
12. H. Satchell	(4:00)	32:17	32. J. Macdonald	(7:00)	36:15
13. J. Rimmer	(6:00)	32:21	33. E. Short	(7:30)	36:21
14. G. Biscoe	(5:00)	32:38	34. R. Hopkins	(9:00)	36:38
15. R. James	(4:30)	32:46	35. C. Manning	(9:00)	37:02
16. D. Hurd	(6:15)	32:53	36. J. Kelly	(5:00)	37:02
17. J. Hall	(6:00)	32:58	37. R. Conway	(8:00)	37:21
18. J. Baker	(6:30)	33:18	38. D. Maclean	(5:00)	40:43
19. C. Fairfield	(6:30)	33:25	39. R. Nelson	(8:00)	41:47
20. P. Smith	(6:30)	33:49			

Handicap Result: 1.J.Heathfield 26:13, 2.J.Rimmer 26:21, 3.D.Hurd 26:38

## SOCIAL

"Success breeds Success," goes the old saw and from the faultless organizing genius of the Belgrave Open 20 to the considered deployment of our road runners, comes another "First". Gordon Biscoe's sizzling social of the 28th October, 1967 which starred Brian Green's Jazz Band. A polished effort that begins at the door where the Hollywood smile of our commissioner Bob Glover slips one into gear for a roaring start, to the "Three Just Men", Tom, Frank and Norman dispensing the necessary with an expertise and assurance that would woo Dexter and his friends from the sordid bar of the Hilton. I mean, it speaks for itself, doesn't it? Mitcham, Hercules, Wimbledon, Walton, Herne Hill, etc. would not come from all points of the compass to our beano's if they didn't think they were the greatest. We are complimented by their presence and delighted to have them. By the time you read this, Gordon 'Biscoteque' will have extended himself again at the next social on the 2nd December.

# NO MEDALS IN 'Johnstone'

## HORNCHURCH SUNDAY SEPTEMBER 24th

This relay has now become one of the major road events of the year and attracts the leading clubs from all parts of the country. We first took part in 1966 and having finished second to Coventry on that occasion had hopes of turning the tables this year with, on paper, a much improved team. The team that eventually took part was but a shadow of our full strength with names such as Fairclough, Hart, O'Hara, Steer, Thresher and Whewell missing from the line up. To achieve fourth place without these leading runners speaks admirably of our strength in depth and our congratulations go to the team for such a fine performance.

The story of the race is one of mildly fluctuating fortunes. We were never higher than third but on the other hand we did not drop below 7th at any time. For the early part of the race we were ahead of the winners Coventry, and their success seems to have hinged mainly on the good running of Dick Taylor (yet again) and Adcocks.

Geoff North, far from his best, brought us in sixth on the first stage on which Williams of Woodford Green ran away from the field to produce a new stage record and give his club a 44 seconds lead. Only 12 seconds covered the next eight clubs.

Bill Dance on stage two was also not in his best form and was forced to drop a place although not losing ground on the leaders, Tipton, who had moved up from 3rd place.

Adrian Major who is settling down as a regular first team performer recorded the third best time of the day on stage 3 and moved up four places. At this point Derby had taken the lead but we were well within striking distance.

John Dear had come into the team at short notice - he is making a habit of this - and although running steadily had to concede three places and at the end of the fourth leg we were back to 6th and were 80 secs down on Derby who were still the leaders.

Gerry North came next and we hoped for a closing up operation but it was soon obvious that his return to full fitness after leg trouble during the summer was not quite complete and although his time was good we still had to be content with sixth position. Ealing, by virtue of an excellent run by Mike Barratt, had taken a short lived lead.

Bryan Buxton was our runner on stage 6 and through inexperience of this form of running set off far to fast and paid the penalty during the later part of the leg. Bryan will have learnt much from this race, nevertheless he displaced the Reading runner and brought us up to 5th just over 2 mins behind Coventry who had taken the lead which they were to hold to the end through a fast run by Adcocks.

Dick Piotrowski, a new member and running his first road relay for the club was on stage 7 and here again inexperience was soon apparent and he had to relinquish our 5th place to Reading who in every race are striving to beat us. Dick will, without doubt, prove a great asset to Belgrave and with the right training and added experience should hold a regular place in our future teams.

Gerry Williams came next and on the short 8th stage set about his job with great purpose and quickly caught the Reading runner and made inroads into the lead of the clubs ahead. His superior speed gave him a new stage record (14.24) and brought us back to a more respectable position.

Bill Kerr loped away in his usual relaxed style and although not setting the course on fire brought us up to 4th by dealing severely with the Ealing runner. Unfortunately all the other clubs ahead had reserved this leg for their best performers and the gap from the leaders widened considerably.

The last stage had been allotted to Roger Donnison and newly acquired member from Bolton United who had also come into the team at short notice. Roger is another runner who should do well with Belgrave and he had no difficulty in maintaining our fourth place to the finish - to have expected him to gain 2½ mins to reach third would have required nothing short of a miracle.

On the whole a satisfactory effort considering the first team members who were absent through injury, sickness, holidays and the like and a race which will have provided our reserves with invaluable experience which will pay dividends in the future.

### RESULT:

W.E.L.

1. Coventry God.H.	3.34.50	Geoff North	21.13.(6)	B.Buxton	25.38.(5)
2. Tipton H.	3.35.49	G.Dance	25.26(7)	R.Piotrowski	22.34(6)
3. Derby & Cty AC	3.36.49	A.Major	21.48(3)	G.Williams	14.24(5)
4. BELGRAVE H.	3.39.12	J.Deer	15.30(6)	W.Kerr	29.26(4)
5. Manchester DLC	3.39.35	Gerry North	29.27(6)	R.Donnison	13.49(4)
6. Reading AC	3.40.13				

## A BELGRAVE NAT-TRICK

### Easy Win in Southern Relay

Fielding only six of last year's winning twelve Belgrave, the host club, won the annual relay for Southern Clubs at Wimbledon on October 14th.

Of last year's team, Dabbs, Hart, Bicourt, Thorpe, Black and Reilly were absent their places being taken by Buxton, Williams, Geoff North, Whewell, Major and Kerr.

**STAGE 1:** Brian Buxton (24:33 - 2nd fastest)

Conditions were cold, wet and blustery when the 21 teams set off on the first lap of the alternate 5 $\frac{1}{4}$ /3 $\frac{1}{4}$  course. Brian "kicked off" for the Bels' on the strength of his tenacious running in the "5 $\frac{1}{4}$ " four weeks earlier. Sunderland (Sheffesbury) soon showed his determination to repeat his glory run of last year and, although successful, could only get sixteen seconds clear of Brian. Our main rivals, Portsmouth and T.V.H. were half a minute further back in 8th and 9th positions.

**STAGE 2:** Peter Whewell (15:58 - 1st fastest)

Following Charlie Dabbs' example of last year Peter forged into a lead we were never to lose and clocked fastest time for the stage. T.V.H. moved up to 3rd and 6th respectively and only 47 seconds covered the first six.

**STAGE 3:** Tony Pairclough (24:55 - 9th fastest)

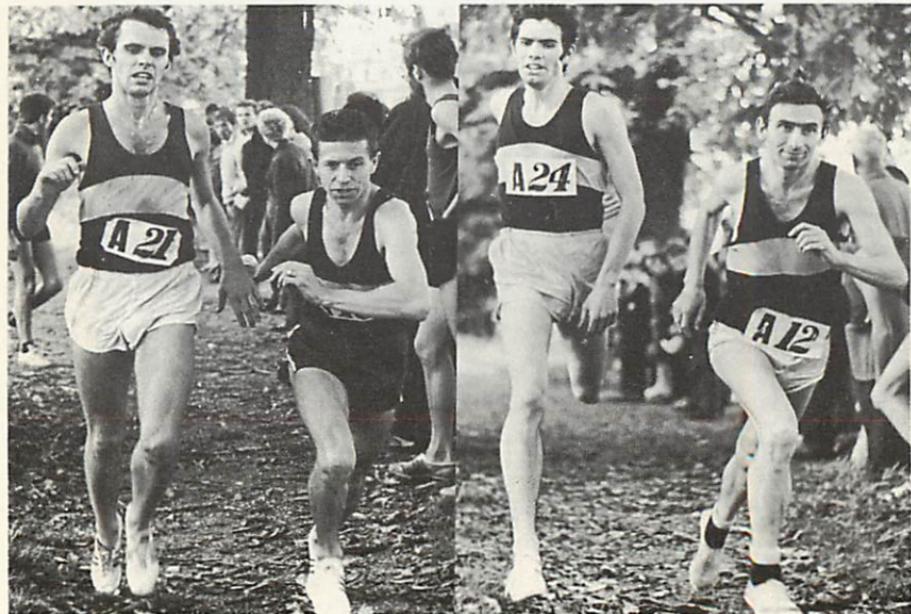
Tony was not at his best but still managed to hold the lead from a fast-closing Joslyn (Poly) who set a new time for the long stage of 23:43. T.V.H. (Davies) were now 11 seconds closer but Pompey (Gough) had gone back to 9th.

**STAGE 4:** Chris Steer (16:04 - 2nd fastest)

Chris's poor run at Walton the previous week had nearly excluded him from the team. However, there was no need for worry as Chris showed, once again, how good he is at rising to the occasion. He not only held his own but increased the lead and beat all but Morrish (Mitcham) for speed. Our lead was now 27 seconds on T.V.H. with Poly third and Portsmouth 11th!

**STAGE 5:** Gerry North (23:54 - 1st fastest)

Not for the first time the king-pin of our team showed what a great runner he is. Setting an entirely new tempo to the race he shot away from his challengers and in splendid isolation stretched our lead to over 1 $\frac{1}{2}$  minutes. Reading had now joined T.V.H. as leading challengers whilst Portsmouth improved two places through Hyman.



**LEFT:** Chris Steer sends Gerry North off with a good lead.

(Photos: R. Linstead)

**RIGHT:** An angelic Bill Kerr takes over from a top form Gerry Williams.

**STAGE 6: Adrian Major (16:04 - 3rd fastest)**

Making his first appearance in this race Adrian, the youngest member of the team, underlined the promise he has already shown by recording third fastest time for the stage; a time that only 12 of the 126 short stage runners could better. Lightfoot of Reading chose this moment to do fastest time of the whole day and haul his team up to second. The race was now halfway through and the positions were as follows: 1. Belgrave 2:01:28, 2. Reading 2:02:27, 3. T.V.H. 2:03:39, 4. Windsor & Eton 2:03:49, 5. Herc/Wimbledon 2:04:06, 6. Ealing/S'thall 2:04:08. Portsmouth were 9th in 2:05:03

**STAGE 7: Geoff North (25:09 - 11th fastest)**

With Geoff taking Belgrave into the second half of the race with a minute's lead our supporters were justified in showing optimism. Imagine their dismay then when our international runner appeared only 27 seconds ahead of Reading's McAndrew. Geoff's comment "there was nothing to go for, it's in the bag" showed remarkable confidence in his team-mates, confidence that was, as it happened, justified.

**STAGE 8: Gerry Williams (15:37 - 1st fastest)**

With the Reading team manager sending his runner off also with the cry "it's in the bag!" Gerry set about his rival in merciless fashion. Blackwell is no mean runner but Williams broke him early on and whilst Gerry roared on to fastest stage time the Reading man struggled to a 12th rating and dropped a place.

**STAGE 9: Bill Kerr (24:49 - 5th fastest)**

Bill had 19 seconds pared off his 2 minutes lead by Edwards (T.V.H.) who clocked fourth fastest time of the day in taking his club from 5th to 2nd. J. Cooke (Portsmouth) also turned in a good run (24:09) to bring Pompey up to 5th exactly 3 minutes down on Belgrave.

**STAGE 10: Bill Dance (16:28 - 6th fastest)**

Bill had been suffering with a bad cold for a week and had stepped down to a short stage rather than withdraw. Displaying his usual fiery brand of running he stretched the lead again past the two minutes mark.

**STAGE 11: John Thresher (24:11 - 2nd fastest)**

Belgrave were thankful to still have John up their sleeve at this late stage of the race. John had the dubious pleasure of running solo knowing that Ellis (T.V.H.) Stevens (Reading) and Johnston (Portsmouth) were fighting it out behind. Johnston, in fact, clocked a record-breaking 23:24 to take his club up to second. Nevertheless, John's excellent form still kept us two minutes clear.

**STAGE 12: Laurie O'Hara (15:56 - 2nd fastest)**

The last stage was a mere formality and the race really was "in the bag" Despite this Laurie was still able to join the sub-16 club. One of the penalties of holding a convincing lead in such a race is that all the excitement is reserved for the pursuers. The last stage was no exception and T.V.H. and Reading to the jubilation of their supporters both overtook Portsmouth the National C.C. Champions.

And so Belgrave scored their hat-trick of wins. They must not become complacent though, for opposition in the South is at a low ebb these days. One of the features of the race was the inability of any of our opponents to sustain a challenge. Weaknesses in our running (by National standards) were therefore covered up by weaknesses behind and generally our lead was maintained quite easily. Let us hope that under pressure they will improve still further. It is already a fine team - it could be a great team.

**RESULT: (first 12)**

1. BELGRAVE H.....	4:03:38	7. Walton A.C.....	4:09:59
2. T.V.H. ....	4:05:48	8. Blackheath H.....	4:10:52
3. Reading A.C.....	4:06:22	9. Ealing & Southall.....	4:11:40
4. Portsmouth A.C.....	4:06:59	10. Polytechnic H.....	4:11:48
5. Hercules/Wimbledon ..	4:07:19	11. Mitcham A.C.....	4:13:09
6. Windsor & Eton.....	4:07:42	12. South London H.....	4:14:08

**FASTEST TIMES OF DAY:**

(Long Stage)		(Short Stage)	
Johnstone (Por) 23:24	Baldwin (Bl) 24:08	Lightfoot (Rdg) 15:24	Dipper (Rdg) 15:58
Hogan (Walt) :41	Cooke (Por) :09	WILLIAMS :37	Roberts (SLH) :58
Joslyn (Poly) :43	Barratt (E/S) :09	Wilson (TVH) :50	Goodman (TVH) :59
Edwards (T.V.H.) :50	THRESHER :11	O'HARA :56	Morrish (Mit) 16:00
GERRY NORTH :54	Ashton (Rdg) :11	WHEWELL :58	Moore (Win) :03
R.Holt (H/W) 24:02	Sunderland (Sh):17	Whitley (TVH) :58	Hobbs (E/S) :03

**IT IS NOT TRUE! IT IS NOT TRUE!**

THAT Charlie Walker has been kidnapped by the Noise Abatement Society!

THAT John Kelly joined the City Police to get off a driving charge!

# COUILLAUT WINS — GERRY FASTEST

## Yacht '3' Handicap - September 30th

This is the race where everyone stands a chance whatever his age, event or state of fitness. At what other time of the year can our scrubbers experience the exhilaration of holding off Gerry North and Co. in the finishing straight. It was fitting, therefore, that triple-jumper Bob Couillaud should break the tape ahead of his 55 rivals. Given a 4:40 start by Gerry North he only needed 3:28 of it - forcing Gerry to put up fastest time in his climb to 15th.

Adrian Major ran exceptionally well to burn off Bill Dance, Derek Fernee and Tony Fairclough and gave best only to his captain.

After his second placing in the '52' Jim Rimmer nearly caught the handicapper again with a praiseworthy 4th. You really will get your wings cut now Jim!

### RESULT:

1.R.Couillaud	(5:00)	12:49	29.E.Short	(3:50)	14:38
2.A.Chandler	(5:00)	12:56	30.J.Kelly	(2:30)	14:41
3.D.McMillan	(6:00)	13:23	31.R.Matthews	(3:30)	14:42
4.J.Rimmer	(2:30)	13:31	32.J.Hall	(2:40)	14:44
5.G.Piddington	(3:30)	13:37	33.W.Bacon	(2:50)	14:45
6.P.Hillar	(2:00)	13:42	34.J.Hamilton	(2:50)	14:49
7.A.Mead	(4:00)	13:45	35.G.Rosam	(4:00)	14:49
8.A.Brooks	(3:30)	13:49	36.R.Hamilton	(2:50)	14:50
9.M.Stearman	(3:20)	13:50	37.C.Manning	(4:30)	14:51
10.P.Darling	(2:40)	13:52	38.R.Beaumont	(4:00)	14:55
11.W.Curtin	(2:50)	13:54	39.E.Stimpson	(5:30)	14:54
12.W.Laws	(2:40)	13:55	40.R.Glover	(1:30)	14:54
13.E.Pallant	(4:10)	13:59	41.D.Newell	(3:00)	14:56
14.P.Smith	(3:30)	14:00	42.P.Blair-Fish	(2:30)	15:00
15.Gerry North	(0:20)	14:01	43.M.Harvey	(4:20)	15:04
16.A.Major	(0:40)	14:09	44.P.Gee	(3:20)	15:05
17.J.Dear	(1:20)	14:10	45.P.Sutton	(3:30)	15:06
18.P.Pringle	(3:10)	14:18	46.E.McNally	(5:00)	15:08
19.C.Collis	(3:00)	14:19	47.J.Macdonald	(4:00)	15:10
20.G.Dance	(0:30)	14:22	48.P.Whewell	(0:20)	15:10
21.J.Baker	(2:50)	14:23	49.K.Savage	(5:00)	15:18
22.J.Heathfield	(3:40)	14:26	50.J.Bicourt	(0:40)	15:26
23.D.Winsborrow	(5:00)	14:29	51.R.Poole	(3:10)	15:27
24.D.Fernee	(0:30)	14:30	52.S.Davies	(5:30)	15:40
25.A.Fairclough	(0:30)	14:31	53.J.V.Baker	(5:30)	15:40
26.R.James	(2:30)	14:33	54.W.Kerr	(0:30)	16:10
27.D.Brew	(1:40)	14:34	55.J.Martin	(3:10)	16:30
28.C.Henn	(3:10)	14:36	56.D.Maclean	(2:30)	17:34

Fastest times of day:- 1.Gerry North 14:21, 2.A.Major 14:49, 3.G.Dance 14:52.

### IT IS NOT TRUE-----

THAT Geoff North has promised faithfully to run in the Bristol-Weston Relay next year!

THAT Trevor Hart is writing an autobiography entitled "My Dearest Love."

THAT Brian Buxton has given up parties!

THAT Charlie Manning's entry into hospital with a bad toe at the same time as Ron Linstead's confinement with painful rear quarters, were in any way connected!

THAT Bill Lucas has been nice to John Bicourt!

(Cont'd. from opposite page)

the result could have been far different and could possibly have been a win for Belgrave.

'A' Team		'B' Team			
1. Coventry God.H.	3.16.42	G.Williams	25.07(21)	A.Major	24.08(9)
2. Derby & City AC.	3.18.27	P.Whewell	25.56(15)	C.Steer	26.41(18)
3. Leicester Colleges	3.19.04	G.Dance	21.12(7)	H.Satchell	22.50(17)
4. BELGRAVE H.	3.19.05	Gerry North	27.55(5)	J.Deer	31.33(22)
5. Tipton H.	3.19.08	J.Thresher	27.41(5)	R.Donnison	29.27(22)
6. Bristol AC.	3.21.45	A.Fairclough	21.58(5)	P.Hillier	23.53(21)
7. Reading AC.	3.22.52	W.Kerr	25.14(5)		
8. Longwood H.	3.23.53	L.O'Hara	24.22(4)		
9. Sale H.	3.25.22				
10. Birchfield H.	3.25.55				

## BRISTOL WESTON & BACK RELAY by Olympian

OCTOBER 21st

This race seems doomed to be a series of misfortunes for Belgrave. In 1966 two of our most consistent performers had bad runs on the first and second legs and this year a chapter of incidents prevented us from finishing higher than fourth. We must of course at some time break the jinx and we look forward to 1968 for this happen.

Most of the team elected to travel to Bristol on the day before the race in order to avoid the excessive travelling on Saturday and this proved to be an advantage, for those who drove to Bristol on the morning of the race experienced very heavy traffic and arrived late, in fact the team manager missed the start completely!

Owing to the absence of Bryan Buxton, who subsequently has given excellent reasons for not being able to attend at Bristol, the order of running for the 'A' team had to be changed and Gerry Williams who had been performing so well in earlier races was given the first stage of just over 5 miles. Gerry was moving very well for the first four and appeared to have everything well under control but for no apparent reason completely collapsed and only just managed to reach the end of the stage before his legs inexplicably gave out. It was only his great determination and courage which enabled him to finish. Luck was again not on our side and instead of being up with the leaders we were back in 21st place and two minutes adrift. Our 'B' team represented by Adrian Major had finished in 9th place exactly one minute ahead - this was a first class run by Adrian who has become a most consistent runner and in a year or two should be one of our best athletes.

Peter Whewell now returning to form after a few months lay off when on the Continent during the Summer set about retrieving our lost fortunes and with a steady run took us up to 15th during which he caught Chris Steer who was running for the B team and having one of his off days. Unfortunately most of the leading clubs ran faster than Peter and we were 2 mins and 40secs behind Derby who had a 30 sec lead over Coventry.

Stage 3 went to Bill Dance who pulled one right out of the bag and went through the field like the proverbial "dose of salts" to bring us into 7th place with a time which broke the previous stage record by 11 secs. Unfortunately he does not get the credit, for Bartlett of Coventry was in devastating form and ran even faster to become the first man under 21 mins for this leg. Next came Gerry North who has now returned to something like his normal form and when we arrived in Weston were up to 5th, Gerry having displaced Small Heath and Bristol, the latter being represented by Price who had a few weeks earlier passed Gerry in the Walton Relay. Our captain must have gained some satisfaction from this despite finding later that all the other runners ahead had faster times - not really surprising when we mention Dick Taylor (Coventry) Mike Bullivent (Derby) Alan Rushmer (Tipton) and Ron Grove (Leicester CATS).

John Thresher took the stage out of Weston with a gap of 60 secs between himself and fourth place and although he had to give away 3 secs to Juan Taylor running for Coventry in the lead he was able to whittle away some of the other clubs' lead although remaining in 5th place.

Tony Fairclough closed up the gaps even more with a good run on stage six and although we were still 3 minutes behind Coventry who were in an unassailable position in the lead with 90 secs to spare, we were at last poised to take a place.

Bill Kerr on the penultimate leg with the fastest time of the day on this stage made the situation even more exciting and pulled up closely to Leicester Colleges - a really first class performance out of the Bill Kerr mould. When one considers that Bill is now 35 it should inspire some of our other runners to follow his example and keep up their training.

Laurie O'Hara was given every encouragement on the last leg and he quickly closed up to Burne of Leicester and together they slowly closed the gap of 50 secs to catch Tipton about half a mile from the finish. The three runners fought out the last few yards together and we were confident, as no doubt was Laurie, that his fast finishing would secure 3rd place but owing to a very bad siting of the finishing line which was only 25 yds from a right angle turn, the Leicester runner got his nose in front having the advantage of the inside of the turn and Laurie was a few inches behind. If any criticism can be levelled it is that Laurie might have considered a break from the other runners some distance from the finish; it is easy to be wise after the event.

As in 1966 we were again the fastest club on the return journey from Weston and to have pulled back from 21st to 4th is no mean achievement; but for the misfortune to Gerry Williams, who must in no way be held to blame,

(Cont'd. at foot of opposite page)

Tom Sullivan

T REFRESHMENT

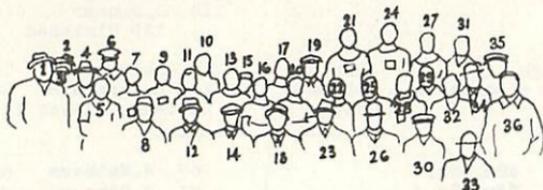


## Further Reminiscences

WITH THE 1967 CLUB 7 MILES CHAMPIONSHIP FOR THE "BLACKSTAFFE" SHIELD NOW OVER, ALBERT MACHER, A BELGRAVE VICE-PRESIDENT, TAKES US BACK 55 YEARS TO THE EVENT OF 1912.

The photograph opposite was taken outside Tom Sullivan's club room on the day of the Club '7' of 1912. Seven of the group had been, or were to become, Presidents of Belgrave Harriers; you will see from your handbook who they were. Inevitably, I am unable to remember all the names. The winner, I believe, was Carroll - I know it wasn't me!

The course started from The Spencer Arms, Lower Richmond Road and went across Barns Common to Sheen Lane, over Sheen Meadows to Richmond Park, over Beverley Brook, round White Lodge, then round the Pen Ponds and across the Park to Priory Lane, along Upper Richmond Road to Kings Arms, left into Lower Richmond Road over the railway bridge and home to Spencer Arms.



- |                   |                |                       |                 |
|-------------------|----------------|-----------------------|-----------------|
| 1. -              | 10. G. Johnson | 19. -                 | 28. O. Horwood  |
| 2. -              | 11. L. Causer  | 20. E. Musselbrook    | 29. - Doolan    |
| 3. H. Goodfellow  | 12. H. Brown   | 21. C. Blow           | 30. R. Murphy   |
| 4. A.F.W. Macher  | 13. R.W. Best  | 22. H. Foster         | 31. -           |
| 5. A.E. Macher    | 14. Bob Hawkes | 23. Tom Sullivan      | 32. W. Harland  |
| 6. - McLellan     | 15. -          | 24. - Carroll         | 33. -           |
| 7. A. Bryant      | 16. E. Rolfe   | 25. H. Parker         | 34. -           |
| 8. R. W. Ricketts | 17. -          | 26. -                 | 35. -. Ogilvy   |
| 9. G. Tyrer       | 18. H. Mehegan | 27. J..B. Bellchamber | 36. J.W. Macher |

Number 18 is Hughie Mehegan the Australian boxer who came to England to fight Fred Welsh. We still had a boxing section at this time and Hughie used our headquarters for training. Many of our members put gloves on with him during a Saturday afternoon.

### NEWS FROM THE (WIMBLEDON) COMMON MARKET.



OUR  
FATHER FIGURE

# ROAD RUNNING

## MISCELLANEOUS RESULTS

### A.A.A. Marathon - 26th August

1. J. Alder	2h. 16m. 08s.
8. C. Dabbs	2h. 28m. 49s.

### Southall 10 M.

1. J. Waterhouse (Bingley)	51.15	77. C. Keavey	60.38
8. G. Dance (Bels A)	53.14	90. G. Piddington	62.05
54. C. Steer "	58.54	96. G. Pearson	62.49
70. D. Jones "	60.05	108. K. Stimpson	64.44
		116. D. Bonser	66.52
		139 Finished	

### Teams:

1. Ranelagh	22pts	10. Belgrave A	110pts.
2. Baling & Southall A	33pts	21. Belgrave B	229pts.
3. " " B	54pts	23 Teams Closed In.	

### Walton 10 M.

1. R. Holt	48m. 35s.	67. W. Mathews	62m. 58s.
49. D. Jones	56m. 42s.	71. D. Bonser	63m. 27s.
61. G. Piddington	59m. 55s.	80 Finished	

### Team:

1. Hercules/Wimb.	25.	3. Walton	40
2. Portsmouth	30.	7. BELGRAVE	136
		8 Teams Closed In.	

### Witney 12 M - 4th November

1. W. Adcocks (Coventry G)	59.53	1. Coventry G.	8 pts.
47. J. Hall (Bels)	74.28	2. Windsor & Eton	18 pts.
54. D. Bonser	77.25	3. Bristol	28 pts.
57. W. Mathews	78.39	9. BELGRAVE	

### Teams:

## BELS RETAIN 'Furniture Five'

### High Wycombe - 28th August.

Officially known as the Wycombe '5' this race once again proved to be a very popular event and we were able to field 4 teams. The reward for this strong turn out was our retention of the title won last year - in spite of a strong challenge from Bristol A.C.

Another of the now familiar duels between Laurie O'Hara and Tony Fairclough took place to decide our first man home with Tony this time getting the edge by three seconds. Bill Dance "relegated" to the 'B' team on this occasion, succeeded in putting the selectors to shame by soundly beating 'A' team runner Dick Piotrowski, albeit having only his second outing for us on the road.

Other upsets came from Messrs. John Baker and John Hall, who, normally used to the longer distances, showed they can give good accounts of themselves over the short ones as well. Charlie Smart once again showed that when it comes to races, many of his training companions are just left behind !!

1. J. Waterhouse (Bingley H.)	24.36	84. E. Penny (Bels 'B')	29.53
5. A. Fairclough (Bels 'A')	24.58	87. J. Hall " 'E'	30.00
6. L. O'Hara "	25.01	101. W. La ws " 'C'	31.15
11. Gerry North "	25.15	102. C. Calderwood (ind)	31.18
14. G. Dance (Bels 'B')	25.25	105. D. Bowser (Bels 'C')	31.23
32. R. Piotrowski (Bels 'A')	26.40	107. J. Smart " 'D'	31.33
55. R. Glover (Bels 'B')	27.53	112. M. Jones " 'C'	32.06
65. P. Hillers "	28.25	113. P. Sutton " 'D'	32.09
75. C. Keavey (Bels 'C')	29.00	115. J. Walker (ind)	32.31
80. D. McLean (ind)	29.38	126. R. Langheim (Bels 'D')	34.28
81. J. Baker (Bels 'D')	29.39	133 Finished	

Teams:-	1. Belgrave 'A'	22 pts.	19. Belgrave 'C'	281 pts.
	2. Bristol A.C.	25 "	22. " 'D'	301 "
	3. Baling/Southall A.	31 "	25 Teams Closed In.	
	13. Belgrave 'B'	134 "		

WIMBLEDON 10 - 14th October

Whilst our 'leading lights' were busy keeping a tight hold on our own Open Road Relay, some of our 'supporting cast' were equally as busy a little further down the road in the Wimbledon 10, where from an average field they managed to record third team placing. Doug Brew made a welcome appearance again after another of his long absences and Denis Jones completed the afternoon by taking the veteran's prize.

1. F.Stebbing (Croydon H)..51.08
8. P.O'Connor .....54.30
10. D.Brew .....55.37
18. D.Jones .....57.08
26. G.Piddington .....59.16
36. J.Hall .....60.34
48 Finished.

TEAMS

1. Croydon H.'A' 8 pts.
2. Hercules/Wimb. 16 pts.
3. Belgrave H. 26 pts.
6. Teams Closed In.

**BRACKNELL '10'**Bracknell - November 11th

Before the race even started it was obviously going to be a straight fight between Portsmouth and ourselves for team honours. With the two Norths and Dance up against Hyman, John Cooke and Ingleton how would you have forecast the result? Yes, it was very close and the final reckoning depended on the Dance - Hyman duel. Hyman's experience won the day by 3 places and 34 seconds and the old "Pompey Bogey" had struck again!

A fairly casual start, and at 3 miles there were still 15 runners bunched together. Geoff North stepped up the pace at this point to shake off a few of the "hangers-on". A mile later brother Gerry took over the pace-setting and this reduced the group to 7, safely clear of the field.

At the halfway mark Tagg piled on the pressure and Gerry, of all people, cracked. As the Norfolk runner spreadeagled the group Gerry slipped back to 50 yards behind the sixth man. The sight of Geoff ahead caused him to draw that extra bit out of himself and gradually the gap closed. First D. Francis (Westbury) was passed, then Cooke and then, at last, his brother. Running himself harder than the race warranted Gerry forged on and all but caught Ingleton on the line. He finished feeling not at all well and felt much like this time last year when he contracted an unpleasant virus.

With the North brothers 4th and 5th and the first two Portsmouth men 3rd and 6th the points were all square. However, the experienced Hyman knew just when to move through the field and passing Bill Dance in the latter stages clinched it for the National Cross-Country Champions.

RESULT

1. M.Tagg (N.G.) 49.01	5. Geoff North 49.46	31. C.Steer 53.19
2. M.Edwards (TVH) 49.13	6. J.Cooke (Por) 49.51	51. L.Mann 56.53
3. R.Ingleton (Por) 49.25	8. M.Hyman " 50.32	121. D.Bonser 64.04
4. Gerry North 49.29	12. W.Dance 51.06	130. G.Pearson 66.47

Teams:- 1. Portsmouth A.C. 16 pts. 2. Belgrave H. 19 pts. 3. T.V.H. 60 pts.

**ROCHESTER '5'**ROCHESTER - 18th NOVEMBER.

The race was dominated by Mel Batty who is now showing his old form of 2 years ago. He made it look easy and romped 7 seconds ahead of Bob Holt with John Baldwin (Blackheath) a further second away, third.

Geoff North never really got going and probably hadn't recovered from his "good 'un" in the Bracknell race the previous week. His struggling effort left him over two minutes behind our first man, Peter Whewell, and dangerously near that old Belgrave favourite, Jack Brown. It was good to see Mike Stearman out in the "Open" running again.

RESULT:

1. M.Batty(Thurrock) 24:24.	54. H.Satchell 27:45.
2. R.Holt(Herc/Wim) 24:31.	70. P.O'Connor 28:33.
3. J.Baldwin(B'heath) 24:32.	77. M.Stearman 28:53.
11. P.Whewell(BELS) 25:18.	85. E.Penny 29:11.
46. G.North 27:20.	123. G.Piddington 31:14.
53. J.W.Brown 27:39.	(164 finished)

TEAMS:

1. Baling/Southall 62pts. 2. Cambridge H. 76pts. 3. Thurrock H. 80pts. 10. BELGRAVE 164pts.  
N.B. Part of this race was televised on Southern T.V. - at least one Belgravian was spotted!



Men are attracted to two types of women - those who wear well and those who wear little.

1928 Rolls Royce Hearse - original body.

"You are accused of stealing a chicken. Have you anything to say about it?"

"I took it for a lark."

"No resemblance whatsoever. Seven days."

Thank you for your support. I'll always wear it.

#### I WAS A TEENAGE SHOT-PUTTER.

by Barbara Cartland.

Episode 4, 567, 234

Penelope uttered a strangled gasp as the lace curtains of her boudoir were parted. Before her stood a man. A man whose eyes blazed with desire and whose whole body trembled with lust. Penny clutched her flimsy nightgown to her lithe young body as if to shield herself from this monster's hungry gaze. With a couple of panther-like bounds he was next to her and she could feel his febrile breath rasping against her downy cheek, then he

(Continued on p94)

#### WHAT THE STARS FORETELL

"Gypsy Dave" predicts.

After your recent triumphs now is a good time to lay the foundation for future successes. Train hard and the rewards will bring fresh honours to those close to you. Beware of resting on your laurels. Many are called but few are chosen, it is up to you. Favourite Colours, Claret and Gold, Date 2nd March 1968, Lucky Number 01 660 2576.

GODFREY WINNEY reports on the North Surrey League Race at Wimbledon.

It was a bleak, rainy and windswept afternoon. The Common was muddy and uninviting. From the trees golden leaves cascaded, symbolic of the dying year. My mission was to watch Belgrave Harriers running in a cross country race.

Two hundred hefty souls lined up for the start. Against mighty Belgrave were pitted the frail mortals of other local clubs. At a given signal the field were on their way - the sodden ground trembled as they surged forward. It was a stirring sight to see these young men, chaste and temperate in their quest for fitness, tearing across the sodden ground. As they ran the rain fell with ever increasing vigour, lightning flashed, the heavens rumbled and roared. Undaunted, the men of Belgrave ploughed on, spearheaded by Gerry North who cleaved through mud and water with the silent menacing quality of a torpedo heading for its target. Behind him came a mile long procession of gasping, pain racked rivals.

As the finish was approached the "Battling Bels" tapped deep down into their reserves of energy. With sobbing breaths they gulped down the damp air as they forced more and more speed from tortured limbs to overtake rivals on the line.

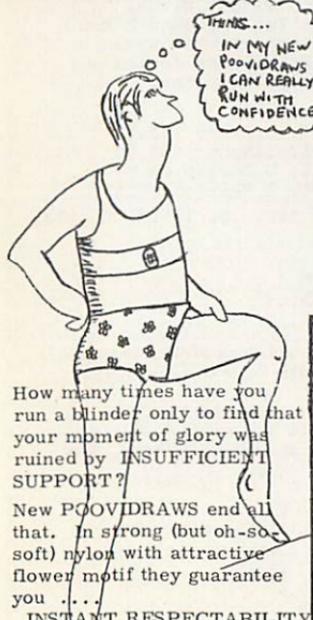
Once more the Bels had won. The agony and the ecstasy was over for another week.

I walked away deeply moved, stunned by the striving purity of all I had seen. Next year, I shall most certainly be on the Common to watch the men of Belgrave in "The Race of the Falling Leaves".

#### ADVERTISEMENTS

Good home wanted for Great Dane (Charly of Hawick). Eats anything, especially fond of children. Apply. Mrs. Gowel.

For Sale. Genuine Jacobian table from lady with beautiful carved legs. Apply. Mrs. Meede.



REMEMBER ....  
POOVIDRAWS make  
Jock-strap OBSOLETE.

CONT.

TOMANTHA CARTER  
answers your letters . . . .

Dear Miss Carter,

My husband is an athlete, well he is always out training. It keeps him too fit. This in itself is fine but he is so full of the joys of spring (all the year round) that he makes such demands of me, time and place notwithstanding. He is so good in other ways, I don't like to deny him - what shall I do?

J. Manering

P.S. Please excuse shaky handwriting.

I am sending you under separate cover a booklet, "101 Knots". Try and interest him in travel. As nature "abhors a vacuum", I am also enclosing my telephone number.

To Andrea Major. This cold weather use a proprietary brand of lanolin. It should prevent that chaffing.

No Jeffry. Wait. In the words of the song, "This could be the start of something big."



I'm the lovely Caroline McDonald. You can see me on the extreme right - just in front of me about to pick his nose in a typically anti-establishment gesture is the boy I'm 'walking out' with. Next to me is our nautical figurehead, see what I mean, darlings! And on her right is that pulse quickener with Oh! Anyway it makes me go all hot, oh dear! Where was I? Yes, right, the head that is trying to get on that nice boy's body - whoops, was last seen after being called by Judy to arrest Punch for throwing the baby about, eh? Anyway the lady in the background is in fact the First Lady and would be as rich as Mr. Lyons if she charged for all the tea and cake she gives to the vagrants on her doorstep. Next is one of the

people Caesar asked to be surrounded by who are jolly by virtue because of their avoirdupois so that makes her . . . hum . . . about . . . Oh! Well getting on a bit. Then, under that hat, is the great white hunter, several times he was approached by absolute strangers who said, "You are Lobby Ludd" but I don't think he is because the man who took the picture said he was the president of a running club, dear me, I have the most exciting friends, don't I, darlings. The last one on the extreme left who looks like Farouk is in fact Marianne Faithful and only I know that, Oh! and that horrid photographer he is so . . . you know what I mean darlings, . . . THE END!"

#### LEO

You will receive pleasant news a card saying you are selected to run in the National - ignore it and enter for the Chipping Sodbury 5 mile Road Race. Avoid Cross-Country Secretary at all costs or, failing that, emigrate.

#### VIRGO

A worrying time for Virgos - avoid men at all costs.

#### LIBRA

Suggest you visit a psychiatrist especially if you are still reading this load of codswallop.

#### SCORPIO

Marital bliss disturbed when you bring home dirty cross-country gear. Smoother times ahead as road running season commences. Unlucky Colour: Brown.

#### SAGITTARIUS

You will be approached by a tall dark man who claims to be from the fund-raising committee. You will give him your old suit and afterwards discover you have left your wallet in it. Unlucky Person: C. Manning.

#### CAPRICORN

Your romantic plans suffer a jolt when you find that the bird you are trying to get drunk can hold her drink better than you. Unlucky drink: Guinness.

#### AQUARIUS

You are likely to be chased by a dog in training - avoid Wimbledon Common and other open spaces.

Unlucky Breed: Alsatian.

#### PISCES

You will receive a letter saying your subs are overdue. Pay up immediately. Person to avoid: Me.

#### ARIES

Serious financial setback as you get involved in Sunday morning drinking session. Unlucky pub: The Swan. Person to avoid: Wife.

#### TAURUS

An unsettled period ahead. Your wife will run off with another man, your house will catch fire, you will crash your car and, worst of all, you get a poor handicap in the 5 $\frac{3}{4}$ . Best course: Suicide.

#### GEMINI

A splendid time for settling debts. Send off all overdue subs. Person to avoid: Bank Manager.

#### CANCER

You are likely to catch pneumonia when hot water runs out after race. Avoid Belgrave Hall at all costs.

# BEST PERFORMANCES 1967

\* Denotes conversion from metric distance

† Cannot be counted as Club Record due to doubtful starting

CR - Club Record

Figures in brackets are best performances for 1965 and 1966.

## Brian Nott comments

In the following review I have tried to compare the club rankings in track and field events to the general overall standard in Britain during 1967. There were, of course, some performances that were among the top few in the country in their respective events with the result that the performers concerned were awarded their International vests. Derek Boosey in the triple jump and Alan Lerwill in the long jump gained such honours. John Mitchell in the long jump was also highly placed with a leap in excess of 24 feet. The only other field event performance of any significance was Nick Head's winning throw in the Brockman Trophy.

On the track there were more performances that rated high with the best in the land. In the sprints Jim Vivian and John Mitchell had times over the 100 and 220 that are still rated very good by British standards and especially on British tracks.

The middle distances did not produce much, but John Thresher and Peter Whewell both recorded mile times that will appear high in the British lists in what was not a very good miling year as far as times were concerned. The fact that these two concentrated more on the three miles left them with

(Cont'd. on page 26)

80 yards H: 13.3 S.Beardon (B)	4 x 110 yards: CR - 42.6 (42.8/44.3) 43.0 J.Mitchell, T.Derham, C.Martin, J.Vivian (S) 46.3 K.Finn, R.Moody, P.Gee, A.Brooks (J) 49.3 J.Hamilton, A.Bent, S.White, R.Hamilton (Y)
330 yards H: 44.0 P.Vickery (J)	4 x 220 yards: (1:32.4/1:31.9) 1:34.8 A.Sapountzoglou, D.Winsborrow, T.Derham, C.Martin (S) 1:35.8 K.Finn, R.Moody, P.Gee, A.Brooks (J)
Long Jump: CR - 24'0" (23'2"/23'5")	4 x 440 yards: CR - 3:15.3 (-) 3:24.5 A.Brooks, J.Mitchell, C.Martin, J.Vivian (S)
24'8" A.Lerwill (2nd C) 24'0" J.Mitchell 23'2" D.Wade 22'1 Borkowski 21'11 R.Jones 21'2" S.White (Y) 21'0 L.Moar 20'5" B.Townsend 20'5 D.Winsborrow 20'2 A.Bent (Y) 20'1 R.Bennett 19'7" R.Couillault 19'5 A.Brooks (J) 19'4" D.Ansell 17'10" R.Hamilton (Y) 17'8" D.Milan (B) 16'8 N.Leniston (Y)	High Jump: CR - 6'3" (5'6"/6'0) 5'11 B.Townsend 5'8 D.Winsborrow 5'8 A.Bent (Y) 5'6 A.Lerwill (2nd C) 5'3 D.Wade 5'2 S.Ipaye 5'2 L.Moar 5'0 N.Head 5'0 E.Stanzhon 4'10 D.Wilkinson (B) 4'9 E.McNally (B) 4'5 R.Hopkins Jnr. (B)
Javelin: CR - 211'3 (210'2/210'2) 211'3 N.Head 192'10 B.King 170'3 A.Bianchi 158'8" B.Townsend 155'1 F.Glass 150'4 W.Couzens 137'1 C.Clair 118'7 A.Bent (Y) 115'9 A.Brooks (J) 115'4" D.Wilkinson (B) 110'6 D.Merry (J) 700 gms. 122'9 D.Wilkinson (B)	Triple Jump: CR - 51'11 (50'2"/50'1") 51'8" D.Boosey 44'3 L.Moar 43'9" R.Couillault 41'5" C.Brooks 40'10 A.Brooks (J) 40'8" J.Mitchell 39'2" D.Wade 38'6 D.Ansell 35'3" A.Mead 34'8 R.Hamilton (Y) 34'0" P.Gee (J)
Pole Vault: CR - 12'9 (10'6/11'6) 11'6 D.Winsborrow 11'0 B.Townsend	Shot: CR - 51'4 (40'7"/38'6) 42'4" N.Head 38'8" C.Clair 36'5" W.Couzens 35'2" J.Martin 32'8" F.Glass 30'11 B.Townsend 30'2" B.King 29'2 E.Stanzhon 28'11 C.Brooks 12 lb 33'10 A.Brooks (J) 10 lb 36'4 A.Bent (Y) 33'8" D.Wilkinson (B)
	Discus: CR - 154'10 (108'3"/124'0) 128'10 N.Head 127'4 F.Glass 104'5 W.Couzens 102'11 B.King 98'1 J.Martin 86'10 L.Moar 86'1 B.Townsend 1.5 kilos 123'10 D.Thorogate (J)
	Hammer: CR - 171'8 (- /104'7) 112'8 W.Couzens 95'11 N.Head

<u>100 yards: CR - 9.9</u> <u>(9.9/9.9)</u> * 9.8 J. Mitchell † 9.8 J. Vivian 10.0 D. Boosey 10.2 A. Lerwill (2nd C) 10.3 S. White (Y) 10.4 C. Martin 10.4 T. Derham 10.6 A. Brooks (J) 10.7 P. Smith 10.7 P. Gee (J) 10.7 D. Gleeson 10.7 A. Sapountzoglou 10.8 D. Wade 10.8 D. Winsborrow 10.9 S. Ipaye w/assisted: 10.1 A. Lerwill (2nd C) 10.3 A. Brooks 10.5 A. Mead 10.6 P. Smith	<u>220 yards: CR - 21.6</u> <u>(22.2/22.2)</u> 21.9 J. Vivian 22.1 J. Mitchell 22.4 C. Martin 22.9 S. White (Y) 22.9 A. Lerwill (2nd C) 23.3 A. Brooks (J) 23.3 S. Ipaye 23.5 P. Gee (J) 23.6 D. Wade 23.6 A. Sapountzoglou 23.7 T. Derham 24.1 D. Winsborrow 24.3 A. Mead 24.4 P. Smith 24.4 L. Moar 24.8 A. Bent (Y)	<u>440 yards: CR - 48.0</u> <u>(51.1/50.6)</u> 49.9 J. Vivian 51.0 A. Lerwill (2nd C) 51.1 J. Mitchell 51.1 A. Brooks (J) 51.9 P. Smith 52.2 D. Gleeson 52.4 C. Martin 52.6 A. Mead 52.6 C. Brooks 53.0 R. Nelson 53.5 P. Gee (J) 54.0 D. Baines 54.5 J. Kelly (J) 54.9 J. Hamilton (Y)
<u>880 yards: CR - 1:49.6</u> <u>(1:52.2/1:54.7)</u> 1:55.3 D. Wiseman 1:55.5 G. Williams 1:57.0 H. Morison 1:57.9 P. Whewell 1:59.0 J. Bicourt 2:00.0 G. Dance 2:00.1 L. O'Hara 2:00.2 A. Major 2:00.6 P. Hilliar 2:01.0 A. Morrison * 2:01.0 J. Kelly (J) 2:01.1 J. Rimmer 2:01.9 A. Mead 2:03.0 L. Mann 2:03.4 H. Satchell 2:05.0 W. Curtin (B) 2:05.0 D. Baines	<u>3 mile</u> 3:05.4 B. Buxton 3:05.8 G. Williams  <u>1 mile: CR - 4:02.1</u> <u>(4:02.7/4:03.3)</u> 4:07.2 P. Whewell 4:07.2 J. Thresher 4:10.5 G. Williams 4:14.6 J. Bicourt 4:17.1 A. Black 4:21.0 Geoff North 4:21.4 L. O'Hara 4:22.5 P. Hilliar 4:22.9 A. Major 4:23.8 W. Kerr 4:25.0 Gerry North 4:25.6 J. Dear 4:27.0 H. Satchell 4:29.0 C. Steer 4:31.0 A. Fairclough 4:31.0 T. Hart 4:31.0 G. Dance 4:34.0 R. Mainstone (J) 4:38.2 M. Simms 4:38.5 L. Mann 4:40.0 J. Davies 4:40.0 P. O'Connor 4:41.0 J. Rimmer 4:42.0 D. Maclean 4:43.0 R. Glover	<u>2 miles: CR - 8:38.4</u> <u>(8:43.0/8:42.2)</u> 8:38.4 J. Thresher 8:45.6 Geoff North 8:57.0 P. Whewell 8:57.8 G. Williams 9:03.4 W. Kerr 9:04.0 M. Thorpe (2nd C) 9:08.0 L. O'Hara 9:11.4 Gerry North 9:16.0 B. Buxton 9:16.8 A. Black 9:17.2 D. Fernee (2nd C) 9:20.0 A. Major 9:20.0 G. Dance 9:22.0 R. Piotrowski 9:24.0 J. Dear 9:28.2 A. Fairclough 9:32.2 C. Steer 9:33.0 P. Hilliar 9:41.4 T. Hart 9:44.0 L. Mann 9:55.0 H. Satchell 10:00.0 M. Simms 10:00.0 R. Glover 10:04.9 D. Maclean 10:09.0 P. O'Connor
<u>3 miles: CR - 13:18.8</u> <u>(13:33.0/13:18.8)</u> 13:23.0 Geoff North 13:27.2 J. Thresher 13:36.2 P. Whewell 14:05.4 L. O'Hara 14:14.6 G. Williams 14:17.0 A. Fairclough 14:17.8 G. Dance 14:21.2 J. Bicourt 14:25.8 W. Kerr 14:29.0 A. Major 14:30.0 A. Black 14:33.8 Gerry North 14:39.0 R. Piotrowski 14:47.0 T. Hart 14:48.0 P. Gilson (2nd C) 15:01.0 P. Nowell 15:01.0 J. Dear 15:02.0 B. Nott (2nd C) 15:06.0 L. Mann 15:19.0 H. Satchell 15:51.0 P. O'Connor 15:52.0 C. Steer 15:52.0 M. Simms 15:56.0 R. Glover	<u>6 miles: CR - 28:08.4</u> <u>(28:19.0/28:27.6)</u> 28:08.4 Gerry North 28:35.0 P. Whewell 29:09.0 P. Gilson (2nd C) 29:40.4 A. Fairclough 29:42.2 G. Dance 29:55.0 L. O'Hara 30:16.2 A. Black 30:29.0 G. Williams 30:43.0 R. Piotrowski 31:27.0 C. Steer 31:29.0 L. Mann 31:47.0 B. Nott (2nd C) 32:32.0 P. Hilliar 32:48.0 R. Glover 33:00.0 P. O'Connor	<u>3000m S'Chase: CR - 8:57.6</u> <u>(9:27.0/9:09.6)</u> 8:57.6 J. Bicourt 9:13.2 A. Black 9:17.4 R. Piotrowski 9:33.4 G. Dance 9:37.8 J. Dear 10:06.5 D. Maclean  <u>2000m S'Chase:</u> <u>(6:02.2/6:06.8)</u> 5:39.8 J. Bicourt 6:09.2 J. Dear  <u>1000m S'Chase</u> 3:17.9 N. Bacon (Y)
<u>Pentathlon:</u> <u>(2816/2683)</u> 2645 A. Brooks (J)	<u>Decathlon: CR - 5403</u> <u>(- /5403)</u> 5082 B. Townsend	

few opportunities to record fast miles, but with Geoff North they had many fine times over the '3'. John also recorded a two miles time that will rate very high in the World list let alone the British.

John Bicourt's breaking of the nine minute barrier in the steeplechase will place him high on the British lists and he might have done better had he not left the country temporarily halfway through the season. Gerry North just had time before his injury, which plagued him throughout the summer, to record his personal best six after many years of good six miling, and his time was only some half minute slower than the best recorded. The 440 relay time will not have many better in the country.

Peter Whewell our visitor from South Africa was probably the most versatile with good times from 1 mile to 6 miles inclusive; but for good times over one distance throughout the year the vote must go to John Thresher. To record inside 13.40 in May and again in October shows what a fine season he had especially when at least three of these runs were on flooded tracks.

## Field Event Report

What a Summer Season we have had, the best for years with four Trophies to our credit, but of more importance Belgrave has become a club to be "reckoned with", a club that competes to win and is not satisfied with any other result. Next year we can capture the Sward, Ryder and end Birchfield's reign of supremacy in the Vancouver Trophy. Of course we will have to defend our four trophies, but having just got them they will not easily be relinquished.

Derek Boosey our international triple jumper will be able to compete for the Club more regularly next season and as he also has interests in other events he will be a great asset. Throwers Nick Head, Brian King, Frank Glass and John Martin promise even better performances next season. Our pole vaulters Barry Townsend and Denzil Winsborrow will certainly master the fibre glass pole and then (not wanting to be corny) "the sky's the limit". Our outstanding long jumpers John Mitchell and Derek Wade must be due for higher honours next season.

Many other names could be mentioned but all round we have an up and coming team which has only just begun to show its true potential.

Bill Couzens

### SUNDAY MORNING MEETING, 15th October at Battersea Park.

#### JAVELIN Snr.

1. N. Head	192' 10"
2. B. King	169' 2"
3. J. Martin	120' 0"
4. N. Dillon	105' 0"
5. S. Ipaye	89' 6"
6. R. Hopkins	87' 0"

#### LONG JUMP Snr

1. A. Lerwill	23' 8"
2. J. Mitchell	21' 4 $\frac{1}{2}$ "
3. A. Brooks	18' 9 $\frac{1}{2}$ "
4. Borkowski	18' 6 $\frac{1}{2}$ "
5. S. Ipaye	16' 11"

#### SHOT Snr

1. A. Kerr (Hillingdon)	48' 10"
2. N. Head	42' 1 $\frac{1}{2}$ "
3. W. Couzens	35' 0"
4. J. Martin	32' 10"
5. B. King	29' 6 $\frac{1}{2}$ "
6. N. Dillon	22' 11"

#### G.L.C. CHAMPIONSHIPS 2nd Sept.

LONG JUMP 4. D. Wade 21' 8"

TRIPLE JUMP 4. L. Moar 44' 1 $\frac{1}{2}$ "

### SUNDAY MORNING MEETING 5th NOVEMBER at BATTERSEA PARK.

#### 60yds SPRINT Snr.

##### Race 1

1. J. Mitchell	6.6 secs.
2. A. Lerwill	6.7 secs.
3. S. White	6.7 secs.
4. A. Brooks	6.8 secs.

##### Race 2

1. Cole	6.9 secs.
2. D. Winsborrow	6.9 secs.
3. R. Couillault	7.1 secs.
4. Leniston	7.1 secs.

##### Race 3

1. J. Martin	7.4 secs.
2. D. Wilkinson	7.5 secs.
3. N. Bacon	7.7 secs.
4. B. King	7.7 secs.

#### JAVELIN Snr.

1. B. King	152' 0"
2. R. Couillault	126' 0"
3. D. Winsborrow	115' 7"
4. J. Martin	106' 4"

#### DISCUS Snr.

1. A. Kerr (Hillingdon)	141' 11"
2. B. King	100' 10"
3. W. Couzens	95' 8"

#### LONG JUMP Snr.

1. A. Lerwill (QPH)	22' 3"
2. Johnson (BEL)	21' 0"
3. R. Couillault	20' 3"
4. D. Winsborrow	19' 7 $\frac{1}{2}$ "

#### THE LIBYAN TIMES

LONDON, Aug. 12, (UPI)  
— The Emsley Carr mile,  
billed as the "Mile of the

Century," failed to live up  
to expectations when favor-  
ite Jim Ryun, the wonder

from Lawrence, Kas., won  
in three minutes.

# WALKING

Once again Belgrave walkers seem to have settled into the winning groove. Our distance men followed up their success in the National 50 Kilos with a very strong team performance in the London - Brighton. A feature of all our teams has been the consistent high standard maintained by Dave King and Pat Duncan. These two started their season with the Leicester 20 in May and were the backbone of all our teams. Ray Middleton was, as always, our leading performer and this winter he seems to be showing a fair turn of speed which he will need if he is to get one of the 50 Kilo berths in Mexico. Jack Goswell, now retired as Walking Secretary, seems to have taken on a new lease of life and is doing more than ever to help Belgrave walkers. A pack is developing at Belgrave Hall on Tuesday evenings and this has probably contributed to the steady improvement shown by Carl Lawton. Another encouraging feature has been the way our boys have turned out to support even when not themselves competing. The road to Brighton was positively crowded with Belgrave supporters with Ray Hall and Charlie MacLennon exhausting themselves pushing the Bels on. If things were improving the arrival of Len Duquemin and John Moullin from Guernsey has really stepped up the pace. Len and John were members of Sarnia WC's winning Garnett Team last year and they have come over to get some more competition. Belgrave have always been lucky in attracting established walkers and in this pair we have two potential stars, more important, both John and Len have shown themselves to be good team men which is something we appreciate. Their presence has put Belgrave back among the medals over the short ones and has led to a big increase in competition for team places. The return from retirement of George Williams will strengthen us still further.

## August 12th. Hastings - Brighton.

With Ray Middleton away in the Channel Islands winning an invitation 20 Mile event Dave King was first Belgrave man home in a time which indicates a return to his form of a year or two ago.

Result.	1. S.Lightman	Met WC	5.35.10
	2. D.Thompson	" "	5.36.17
	3. B.Eley	Trowbridge	5.38.58
	5. D.King	Belgrave	5.58.47
	7. P.Duncan	"	6.01.52
	17. J.Morris	"	6.40.36
	20. B.Eglinton	"	6.45.56

## Sept 23rd. Highgate One Hour Meeting

Ray Middleton came near to breaking the 8 Mile barrier. Bobby Barnes was back in form to win section B and with Cameron and Mayo both walking well Belgrave finished second in the team event.

### Result.

1. A.Jones	<u>A</u>	Brighton	8m	245yds	1. R.Barnes	<u>B</u>	Belgrave	7m	1130yds
2. J.Webb		Basilton	8m	188yds	15. G.Cameron	"	"	7m	370yds
3. W.Sutherland		Highgate	7m	1613yds	18. D.Mayo	"	"	7m	282yds
4. R.Middleton		Belgrave	7m	1529yds	30.C.Lawton	"	"	6m1744yds	
	<u>C</u>				36. P.Duncan	"	"	6m	1570yds
10. C.Capener		Belgrave	7m	64yds	37. R.Hall	"	"	6m	1528yds
23. R.Picton		"	6m	1419yds		<u>D</u>			
25. D.Fotheringham		"	6m	1302yds	17. T.Cook	Belgrave	"	6m	662yds
60. B.Stevenson		"	6m	508yds	24.C.MacLennon	"	"	6m	433yds
66. J.Scammel		"	6m	293yds	34. A.East	"	"	6m	264yds
					55. J.Wilson	"	"	5m	1526yds
					60. P.Wilson	"	"	5m	1311yds
<u>Teams.</u>		Leicester	73						
		Belgrave	93						
		Met WC	103						

### DON'T FORGET

THE NEW YEAR'S DANCE AND SOCIAL AT BELGRAVE HALL ON SATURDAY, DECEMBER 30TH.

Sept 8th. Woodford 54

## Result:

1. J. Webb	Basildon	39.13	26 D. Mayo	Belgrave	46.47
2. C. Young	E. Beagles	40.04	30 R. Hall	"	47.44
3. S. Lightman	Met WC	40.32	34 D. Fotheringham	"	49.07
15. R. Barnes	Belgrave	44.33	46 C. MacLennan	"	52.24
25. C. Lawton	"	46.30			

October 7th. Opening '15'.

Our two newcomers from Barnia WC in Guernsey walked away from the field to fill first and second positions. Bob Barnes, despite a charming supporter's club, finished third.

## Result:

1. L. Duquemin	Bels	37.24	16. T. Haith	MP	47.50
2. J. Moullin	"	37.55	17. C. MacLennan	Bels	47.55
3. R. Barnes	"	39.51	18. T. Cook	"	48.04
4. P. Duncan	"	41.16	19. A. East	"	48.46
5. D. Mayo	"	41.33	20. Holmes	MP	49.37
6. C. Lawton	"	42.33	21. B. Carroll	Bels	49.48
7. L. Taylor	MP	42.46	22. J. Wilson	"	50.08
8. R. Hall	Bels	43.03	23. P. Wilson	"	51.01
9. R. Picton	"	43.10	24. K. Munro	Guest	51.21
10. B. Ward	"	44.06	25. F. Denny	Bels	50.35
11. N. Hill	MP	44.10			
12. J. Keown	Bels	44.24			
13. D. Fotheringham	"	44.57			
14. J. Kellie	MP	47.15			

Match Result.

Belgrave 85 Points.  
MPAA 108 "

October 14th. Hilmarton - Calne.

## Result:

1. D. Smyth	Bristol	44.08	38. C. Lawton	Bels	50.01
2. A. Thomson	Met WC	44.33	39. R. Hall	"	50.11
3. P. Nihill	S.W.C.	44.42	53. R. Picton	"	51.10
4. L. Duquemin	Bels	45.31	60. D. Fotheringham	"	52.21
9. J. Moullin	"	46.20	130. J. Wilson	"	60.29
16. D. Mayo	"	48.39	138. P. Wilson	"	61.21
29. P. Duncan	"	48.52			

3rd Team : Belgrave.

Oct. 21st. Leicester. RWA Junior Five Miles.

Carl Lawton was not disgraced in finishing 9th to a top class field. Carl's time of 41.08 is his best yet.

October 28th. Highgate Open 7.

## Result:

1. J. Webb	Basildon	51.04	46. R. Hall	Bels	58.32
2. A. Jones	Brighton	51.09	67. R. Picton	"	61.10
3. R. Hughes	RSC	51.58	85. D. Fotheringham	"	62.53
4. R. Middleton	Belgrave	52.01	88. J. Keown	"	63.10
14. L. Duquemin	"	54.25	103. B. Eglinton	"	65.03
15. J. Moullin	"	54.25	115. C. MacLennan	"	66.46
20. R. Barnes	"	55.03	136. G. Beecham	"	69.24
44. C. Lawton	"	58.29	140. P. Wilson	"	69.43
			142. A. East	"	69.57
			145. J. Wilson	"	70.19

Teams:	Met WC	35	Points
	2 Belgrave	43	"
	3 Surrey	53	"

*Lugano Cup*

Ray Middleton has now walked in all four Lugano Cup matches although on this occasion his 8th. position in 4hrs 29mins was disappointing when compared with his brilliant performance in last year's European Games.

Ken O'Kell sends best wishes to all from a nursing home where he is convalescing from a prostate gland operation. He hopes to be in circulation again this month.

## LONDON - BRIGHTON WIN

September 2nd. London

This year's race started to the enthusiastic support of nearly a hundred football fans who spurred Don Thompson into an early lead with Brian Eley of Trowbridge at his shoulder. Dave King started steadily, mindful of his retirement last year, with Johnny Morris John Keown and Bernard Eglinton packing well a little further back. For this first time in years Belgrave were without George Beecham who has always been a mainstay of our Brighton teams. If the start was less boisterous without George, Pat Duncan was also strangely quiet. In fact he was so busy talking to a glamorous female walker, Cathie Burgess of Selsonia, that he missed the start and had to put in some fast walking to catch the field. Cathie, despite being required to start 30 minutes behind, subsequently overtook many of the back markers to record 10hrs 43 minutes for the 53 miles, a time many of our established walkers of the stronger(?) sex would have trouble beating.



Pat Duncan (1) and John Keown (3) pass through Croydon. (Photos: R. Linstead)

By Streatham Pat had moved into fourth place behind Roy Thorpe of Wakefield with the Belgrave Team about level with Surrey and Trowbridge. By Gatwick Pat was clear of the field in third place some 10 minutes behind the leaders. Further back a distressed Dave had to beg a drink of a surprised Redhill resident, whatever it was obviously did the trick for from then on he improved his position steadily. At Crawley ( 30 Miles ) the position deteriorated as Surrey, led by the experienced Green began to gain places and a small group were fast closing on our leading man. As it turned out the effect of entering his home county revived Pat who recovered to such good effect that the three people immediately behind him all retired leaving Bels in third and fourth position.

Dave was troubled over the last few miles by Chorley of Bristol but his greater experience won the day and with Surrey losing places and Thorn of Trowbridge retiring the reliability of Morris, Keown and Eglinton once again ensured first place for the Belgrave Team. Bernard, at 54, would have scored in both our winning distance teams this year had his team mates not edged him out. His fitness and cheerful sportsmanship typify a true Belgravian and are a fine example for his younger team mates.

Result.			Met WC	
1.	D.Thompson		7.55.12	
2.	B.Eley	Trowbridge	7.57.24	
3.	P.Duncan	Belgrave	8.39.20	
4.	D.King	"	8.59.04	
18.	J.Keown	"	9.31.18	
21.	J.Morris	"	9.40.15	
31.	B.Eglinton	"	9.55.20	

Team: Belgrave 28, Surrey 40, Trowbridge 51.

## AN OLYMPIC PREVIEW?

### The 48th Belgrave Open '71—Nov.25th

Without doubt, the walls of Belgrave Hall have witnessed many National champions of Cross Country, Road Running and Race Walking acclaimed as they have gone forward to receive their awards from the various Presidents of the Club. But it is reasonable to think that no athlete of any branch of athletics received a greater tribute than did Jose Pedraza from Mexico when he was given the first prize by the President, Ted Stimpson for winning the Belgrave Open Walk in the fast time of 50m.21s., P. Nihill being second with 51:03. and J. Webb, third in 51:25. To have flown from Mexico with his team colleagues Eladio Campos (11th in the race with 53.46.) and Pablo Colin (14th place in 54.12.) on Thursday 23rd arriving in England Friday at about 2 p.m. leaving the sun behind them and to compete in the Belgrave Walk on a cold and murky day within 24 hours of arriving in this country, and to put up such high class performances is worthy of high esteem. The pleasant ceremony when the three walkers in the company of their manager, Jersey Housleber, were presented with the Belgrave lapel badges to mark their first visit to England as a team of walkers from Mexico, will always be remembered by the large number of athletes and officials present, but no more, maybe, when Ted Stimpson was presented with a Mexican sombrero and the Club with a pennant from the Mexican team in appreciation of the welcome given by the Belgrave Harriers.

A most worthy chapter in the long history of the Club.

The race itself was full of interest. For 4 miles Pedraza and Nihill fought out the lead until the Mexican drew well away. Ray Middleton produced his usual sound performance and was only just beaten by Hughes and a fast finishing Jones. Our new twins Len Duquemin and John Moullins were inseparable and, in their first Bels "Open", both scored. Bob Barnes was not in the form that placed him 9th last year but his 24th position was still good enough to close-in our scorers.

As last year, we were third in the scratch team race—though we took the handicap team award. The come-back of Met's Arthur Thomson contributed to our defeat and his club is a threat once again. Several other walkers were also making come-backs not least our own George Williams, a former winner. With a winter to get fit he should be a force again in 1968.

#### RESULT

1.	J. Pedraza.....	Mexico.....	50:21
2.	P. Nihill.....	S.W.C.'A'.....	51:03
3.	J. Webb.....	Basildon.....	51:25
4.	S. Lightman.....	Met.W.C.....	51:48
5.	A. Thomson.....	" ".....	52:08
6.	A. Jones.....	Brighton.....	52:23
7.	R. Hughes.....	R.S.C.....	52:25
8.	R. Middleton.....	BELS 'A'.....	52:35
21.	L. Duquemin.....	" ".....	55:09
22.	J. Moullin.....	" ".....	55:09
24.	R. Barnes.....	" ".....	55:18
37.	D. Mayo.....	" ".....	57:34
41.	C. Lawton.....	" ".....	57:53
42.	P. Duncan.....	" 'B'.....	58:07

#### DRAGONIAN

49.	C. Capener.....	" ".....	58:34
50.	G. Williams.....	" 'A'.....	58:39
64.	G. Farley.....	" 'C'.....	60:26
65.	R. Picton.....	" 'A'.....	60:27
94.	J. Keown.....	" 'B'.....	63:39
109.	B. Eglinton.....	" ".....	65:10
120.	G. Beecham.....	" 'C'.....	66:31
123.	C. MacLennan.....	" 'B'.....	66:36
133.	T. Cook.....	" 'C'.....	67:45
142.	A. Roberts.....	" 'B'.....	68:50
147.	A. Best.....	" 'C'.....	69:50
160.	J. Alson.....	" 'B'.....	72:48
169.	M. Brown.....	" 'C'.....	77:29

## 25 YEARS AGO . . . .

**OCTOBER 1942** - "In his report the Hon. Secretary stated that the Club had again had a most successful season, despite the difficult and very trying times. During the last winter season the runners had won all five cross-country team events promoted by the Southern Counties' Association, and had followed this up by winning all the open team races on the track in which they had competed.

The walkers, on the other hand, had not been so successful as a team, but individually members had had a very fair share of the prizes in open events. "

"Quite a number of juniors have joined lately. Dick Savage thought the time opportune to once again stage the 'Savage Shields' race. It having been decided at the commencement of hostilities to suspend all championships until after the war, it has now been decided to hold a 'substitute' race only. Dick has offered to provide the first medal and Tom Carter and Les Cohen have offered medals for second and third places. The usual 5 miles course will be used and competitors must be under 21 years on the day of the race."

## . . . . and 40 YEARS AGO

**NOVEMBER 1927** - The SOUTH OF THE THAMES 'Junior' C.C. RACE was held from the Surrey A.C. headquarters at Tolworth. 107 runners, representing 14 teams, faced the starter who got them away very poorly, resulting in our 'A' team getting left at the post. Khlopov worked his way through to 7th and when they came into sight again was 5th but was unable to improve on his position. Our next man was Wally Bayliss (9th) who had run splendid race, then came Rice (a disappointment this - 16th) and Buckingham completed our scoring four who are to be congratulated on finishing 3rd in the team race - to St. Georges Services S.C. and Surrey A.C.

In the CLUB OPEN 7 WALK yet again T.W.Green "our star artist of fair walking" wore down his opponents and accomplished a performance second only to that of Gordini who in 1924 won in 54:09.

At a mile the field of 154, including 21 teams, were stretched out over nearly 300 yards and around dozen were spread over the width of the road disputing the lead. McMullen, Hyde, Pope, Scammell, Green, Fletcher and Holland were the most prominent.

Our 'A' team packed in fine fashion to win the scratch team race (3,6,7,9). The 'B' team were 6th and in addition got home in the handicap. "

### November 4th. Imber Court.

The Civil Service 7 mile championship was won by Ray Middleton. Eric Hall was back on the road after a short break, we hope that he will soon be back on Tuesday evenings to push the lads along.

#### Result.

1. R.C.Middleton	51.47	30 D.Fotheringham	60.52
2. J.Moullin	53.45	32 C.Capener	60.56 (Late start)
3. R.Barnes	54.27	38 J.Keown	62.33
9. E.Hall	56.05	46 P.Duncan	65.15 " "
10. D.Mayo	57.13	50 C.MacLennon	66.38
15. C.Lawton	57.58	60 T.Cook	68.01
22. R.Hall	59.59	63 A.East	68.24
26 R.Picton	60.41	69 B.Carroll	70.53
		70 P.Wilson	70.54

### November 11th. Enfield Open '7'

This was a very close fought team race with Belgrave getting the verdict by 1 point from Surrey with Met WC 5 points behind in third position.

#### Result.

1. P.Nihill	Surrey	50.48	43. R.Hall	Belgrave	58.53
2. A.Jones	Brighton	51.07	58. R.Picton	"	60.44
3. R.Middleton	Belgrave	51.17	69. D.Fotheringham		61.51
11. J.Moullin	"	54.21	78. B.Eglinton		64.31
14. R.Barnes	"	54.40	93. C.MacLennon		66.59
15. L.Duquemin	"	54.40	114. G.Beecham		68.15
29. P.Duncan	"	57.51	115. A.East		68.19
31. D.Mayo	"	58.07	125. J.Scammell		75.11
37. C.Lawton	"	58.28			
42. C.Capener	"	58.33			

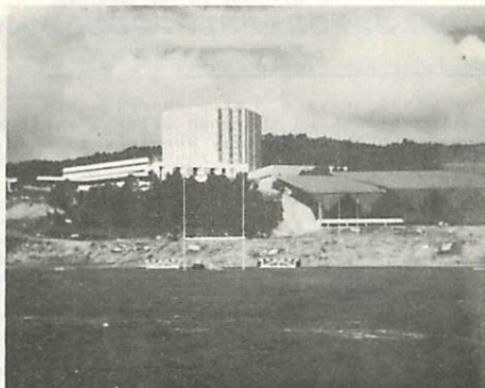
# L'ALTITUDE, C'EST HAUT!

IN 1966 GEOFF & GERRY NORTH WENT TO MEXICO WITH THE B.O.A. RESEARCH PARTY TO INVESTIGATE THE EFFECT OF ALTITUDE ON DISTANCE RUNNERS. TWO MONTHS AGO JOHN THRESHER JOINED A SIMILAR PARTY, SPONSORED BY THE I.A.C., TO PROBE FURTHER THIS PHENOMENON OF ACCLIMATISATION, AND TELLS NOW OF HIS VISIT TO FONT ROMEU, FRANCE.

In this Pre-Olympic year when the very words "high altitude" often invoke heated debate and discussion amongst the athletic fraternity, I was privileged to be included in a party of athletes and doctors visiting FCNT ROMEU in the Pyrennees. The visit was organised by the International Athletes Club and was made up of six athletes, Bob & Dave Holt of Hercules/Wimbledon A.C., Tim Johnston Portsmouth A.C., Mike "The King" Turner Liverpool Harriers and Chris Stewart of Bournemouth A.C., together with Doctor Griffith Pugh of the Medical Research Centre and his two assistants Pamela Tuffnell and Tony Crisp.

The object was to continue the pioneer research done in 1965 in Mexico City under Dr. Pugh's supervision and which included our own Geoff and Gerry North amongst the athletes.

The party left London Airport late on Monday evening September 18th and stopped overnight in Perpignan. On the Tuesday we travelled by minibus to Font Romeu, a journey which could only be described as breathtaking. The magnificent rugged scenery is typical of the pyrennees. Villages seemed perched on rock clefts, railways are engineering marvels with viaducts every few hundred yards at some points. Font Romeu itself is a small but busy town renowned as a winter sports centre and thus has many hotels. The town is situated at about 6,000ft. above sea level. The French pre-olympic centre is above the town and seems to be carved out of virgin territory. It has a main track, a training track and a high level track in the mountains at 7,500ft. It caters for all olympic sports with halls, courts, gymnasium and two fabulous heated swimming pools, the whole scene being dominated by the central building with 216 rooms capable of taking over 400 persons and standing over 12 storeys high. The centre was erected in record time and is expected to cost in excess of 3 million pounds.



We were fortunate to be staying in a fine hotel about  $\frac{1}{2}$  mile from the centre and 1 mile away from the town. Food and accommodation were first class and had we not been taking so much exercise there would have been six very fat athletes trundling about back in England.

The scientific tests covered many factors. Immediate post-race blood samples were taken for analysis of oxygen content. Temperature pills were swallowed by some brave mortals, these pills contained a small radio valve which transmitted accurate internal body temperatures onto a radio receiver. Immediate post-race temperatures even in cool conditions were as high as 104°F. and recordings as high as 106.5°F. have since been recorded in Mexico in the midday heat. A treadmill was used to measure the amount of oxygen expired into collection bags by athletes running at given speeds for set times. The first attempt to run on the treadmill by Thresher was a total failure, and was described by the Holts as rather like a fat man running for a bus. The actual race results are listed below, but only the last attempt was a real race in the true sense of the word. In the first and second races some individuals started too fast, some at constant speed and some too

slowly. The idea being to find out the best rate at which to run to achieve the fastest time. One fact emerged in all the athletes' minds, that exact even pace was the only answer. Any early fast pace or change in pace throughout the race led to accumulated oxygen debt. It was possible to finish fast but it was probably desirable to store some breath for this last lap.

<u>Race 1. (After 3 days)</u>	<u>Race 2. (After 10 days)</u>	<u>Race 3. (After 17 days)</u>
1. Johnston 14.14	1. Johnston 14.16	1. Johnston 13.59.4
2. Turner 14.25	2. Turner 14.21	2. Thresher 14.11
3. Holt D. 14.26	3. Holt R. 14.41	3. Holt R. 14.13
4. Holt R. 14.27	Thresher DNF (Sick)	4. Turner 14.15
5. Thresher 14.38	Holt D. " (Sick)	5. Holt D. 14.25

Other memories of the trip include an unforgettable hike into the mountains to 9,900ft. and involving an up and down trip of about 20 miles. The scenery and views in this cruel country were superb, drinking from ice cold mountain streams was heavenly as the sun beat down from a cloudless sky.

A French party of athletes, gymnasts, swimmers and doctors some 130 strong left for Mexico City for the mini-olympics just before we returned home. This party had been at Font Romeu for about 3 weeks and in Kiev prior to that. Perhaps it is sufficient comment to make that the English team which went to Mexico numbered about 10. Amongst the 55 nations represented in Mexico only one nation had a smaller contingent, Mongolia.

What more is there to say. The party returned home on October 6th. Apart from the scientific knowledge gained towards Mexico 1968 the personal benefit of experiencing altitude problems first hand was considerable and the memories of Font Romeu will linger long after "high altitude" has ceased to be a talking point.

## *The COACHING HON. SEC. speaks*

Belgrave Harriers have just completed the most successful track and field season for many a year.

To all those who competed in the Trophy Meetings I say "Well Done", but I must add a word of warning, for the very determination and fighting spirit which they displayed in competition has inevitably spread to our other members, the so-called backbone, who are now also beginning to train on modern lines with the latest know-how schedules supplied by the club coaches and are emerging as forces to be reckoned with, so by next Summer we may well see some new faces in our Trophy Teams. I say this in the full knowledge that everyone of our present list strings are still improving and so any one of them who doesn't put in a hard, planned, winter's training will certainly lose his place in next year's most important meetings.

The true strength of a club is in its reserves, and this is shown in our Inter-Club results where all members of all standards of performance compete. It is at these meetings where your winter training will first show itself in actual performances and where the Club Captains and Secretaries have to choose which of you will be honoured with a position in the main Belgrave team.

Many members are already aware of our winter meetings at Battersea Park Track (details are on the last page of the winter handbook) and have sensibly used this as the path into our Summer squads; so come along and improve your standard.

Athletics is an individual sport and YOU are the person for whom we arrange all the coaching and competition, so take full advantage of what the Belgrave Harriers can offer.

At International level our field events section can boast of Derek Boosey in the triple jump, and John Mitchell and Alan Lerwill (2nd claim but completely Belgrave coached) in the long jump, and very close to them we have Nick Head (Javelin), Derek Wade (Long Jump), Brian King (Javelin), Frank Glass (Discus), Bob Couillault (Triple Jump), Denzil Winsborrow (Pole Vault and High Jump) and Barry Townsend (High Jump and Pole Vault).

Our throwers are working hard and a couple of breakthroughs here would certainly make the Field Events Section under Captain Brian King, the strongest of any in the country.

These are the stars right now; who will hit the headlines next year? Will you be one of them?

Although I have especially concentrated on the field events in these notes I would emphasize that we coach all the runs and walks right up to any distance which you might want to try.

All the facilities required to just get fit or to make a name for yourself are available, all you do is contact me in my capacity as Club Coaching Secretary and I will put you in touch with the most suitable coach who will personally take you under his wing.

Waiting to here from you.

Dave Ansell.



# YOUTHS & BOYS

## Reg. Hopkins reports:

On Saturday October 7th by kind permission of Tom Carter, giving us use of his Dormobile we took two teams of our boys and youths down to Brighton for the "Front Relays". Due to some unavoidable occurrences the collecting of the teams from the pick up point was seriously delayed and we found ourselves with just over an hour to get from Streatham to Brighton in time for the boys race.

I am happy to say, however, that we were able to arrive, after some anxious moments, just as the starter was calling the runners to the line, our team had changed (amongst laughs) in the back of the van and so Bill Curtin just had time to get into position.

Bill started very well and was determined from the on set to be first home. He knew we had two novice runners in our team, and wanted to give them as much of a lead as possible. With only about 400 yards to go he drew ahead to cross the line first and hand over to Mick Harvey.

Mick has the makings of a good runner but is a little inexperienced at present. Finding himself in fast company, he lost heart and so of course started losing places, he finally handed over to Eddy McNally in 10th position.

This was Eddy's first road relay and although he did his best he was unable to hold his place. We only ever ask a Belgravian to do his best and this he did, like Keith Savage who was to follow him and run the last leg; he is very young and has many years to gain experience and strength. These lads will soon be able to back up Bill Curtin, who is himself young, and start to challenge those clubs who at the moment get the better of us.

BOYS: W. Curtin 10.57 (Second fastest of day) E. McNally 13.17  
M. Harvey 13.01 K. Savage 13.30

In the Youths Race things went slightly better for us; although we still have to improve a lot. (which we firmly intend to do).

Nigel Bacon started and, as always, ran his heart out. Nigel is a real team runner and on this occasion proved it; he could hardly stand at the finish and certainly deserved better than 17th position.

Robert Hamilton ran second leg and took us up 5 positions to 12th handing over to brother John who gained one more place. Geoff Rosam ran the final leg for us, but as Geoff has yet to find his best form this year, he was unable to hold his position and so we finally came home in 14th place.

YOUTHS: N. Bacon 11.38 J. Hamilton 11.52  
R. Hamilton 11.27 G. Rosam 12.45

All in all a good day out. Experience was gained and some fun was had, particularly on the way home with a sing-song included!

### SURREY COUNTY ROAD RELAY (Youths). Woking Lido - September 9th.

Although we were lucky to some extent to get into the medals (one of the teams who finished in front of us was disqualified) our forward position was still due to the determined running of our team that paid off in spite of the known quality of some of our opponents.

This was the first Road Relay for several of our runners and now we have laid the foundations for a future winning team.

1st Woking A.C.	42.21	BELS A.	T. Day	11.25	BELS B.	G. Rosam	12.58
2nd Dorking S.P.	43.06		M. Day	11.06		M. Franks	12.08
3rd BELGRAVE	45.00		J. Crockford	11.24		R. Hamilton	11.02
			J. Hamilton	11.05			

### 3 x 1½ MILE ROAD RELAY (Boys). Camberley - October 1st.

Arriving two hours before the start and therefore having to hang about on a most cold and miserable day took the edge off our team, who all ran much slower than normal, placing only 20th.

W. Curtin	6.10	
M. Harvey	7.20	
V. Butcher	6.40	33 teams started.

### LONG JUMP (Boys). Battersea - September 27th.

This was an event originally arranged for the day of the Club Championships but due to shortage of time was postponed until today.

Medals were awarded to the first three (kindly donated by Tom Carter).

It was a most exciting competition and some personal bests were obtained. It was only on the last jumps that the positions sorted themselves out.

D. Wilkinson	17'1"	S. Beadon	13'1"	P. Savage	11'10"
Y. Xanthos	14'6"	L. Harris	13'½"	P. Jablonski	11'5½"
K. Savage	13'10½"	R. Hopkins	12'10"	M. Powell	11'0"
E. McNally	13'5½"	K. Agyeman	12'6"		
S. Corrigan	13'4½"	L. Harrison	12'1"		

# Shaftesbury win our YOUTHS RELAY

## WIMBLEDON COMMON - October 21st

Highlight of our promotion this year was the shoulder to shoulder tussle on the third stage between Bedford (Shaftesbury) and Banning (Andover) Taking over in 4th and 5th position they tore into the lead leaving the field trailing by over a minute. Bedford squeezed ahead on the run in to clock 11.03, only 2 seconds outside the course record set in 1962 by Dick Taylor (Coventry).

Robert Hamilton ran well on the first stage for Belgrave 'A' to bring us in a well placed 12th. Only 17 seconds behind was John Crockford who had run a stormer for the 'B' team. Mick Day took our first team up a couple of places with a good time of 12.37 but this was as high as we could manage. The 'B' team pushed the 'A' throughout and this competition within the Club can do nothing but good. The rewards could be reaped during their Junior grade.

Once again the proceedings went off well, this time under the over-all direction of Reg Hopkins; and results were to hand 20 minutes after the finish.

### RESULT

1. Shaftesbury H.	46.52	12. BELGRAVE 'A'	51.30
2. Andover & Dist.AC	47.21	14. BELGRAVE 'B'	52.13
3. Cambridge H.	.55		

'A'		'B'		'C'	
Robert Hamilton	12.33	John Crockford	12.50	Peter Sharp	13.28
Mick Day	12.37	Cliff Calderwood	13.45	Richard King	15.15
John Hamilton	13.20	Alan Chandler	13.22		
Nigel Bacon	13.00	Pat Shepherd	13.22		

### Fastest times of day:-

Bedford (Shaftes) 11.03, Banning (Andover) 11.05, Standing (Brighton) 11.23  
Hayes (Wim.Coll) 11.31, Darrant (Shaftes) 11.35, Hough (Hill'n) 11.41

Welcome to new members Pat Shepperd, Cliff Calderwood, Peter Sharp, Graham Millard, Peter Colledge, Ian Doick and Martin Bloice.

Overheard at the track: "He is so tight, when he walks he takes big strides so he doesn't wear his shoes out!"

Belgrave's youths might not have been the fastest team at the recent Priory Relays but they were certainly the noisest while supporting the Senior team. I am sure cries of "Come on Gerry" and "good old Laurie" could be heard for miles around, and the shout of "Up the Bels!" drowned out the official announcer and his megaphone at the finish - Well done lads!

Talking of noise who heard the terrific yell at the start of the Boys race in the opening Cross Country match from the Hall? Tom Carter says it sounded like Custer's last Charge!

Which boy laughed the loudest? Reg Hopkins, in trying to jump the fence surrounding the track at Battersea, didn't quite make it and landed head first, most un-athletically.

## SUNDAY NOVEMBER 5th - Battersea Park.

### 1 1/2 Mile Road Race

1. H. Bacon	9.15
2. V. Butcher	9.23
3. R. Langley	10.57
4. R. Hopkins	11.24
5. I. McNally	12.07
6. R. Kibble	12.20
7. C. McKeever	12.20
8. J. Kibble	12.29
9. A. Lloyd	12.36
10. M. Powell	14.21

### High Jump Competition

1. D. Wilkinson	4'10"
2. E. McNally	4'9"
3. R. Hopkins	4'5"
4. S. Corrigan	4'2"
5. I. Doick	4'2"
6. R. Kibble	4'2"
7. S. Beadon	4'0"
8. C. McKeever	3'11"
9. A. Lloyd	3'11"
10. N. Harrison	3'9"
11. L. Harrison	3'8"

### Which Twin got the Medal?

Neither wished to run in the 'A' team when Tom Carter was trying to pick the team before the start of the Surrey Road Relay and so Tom decided that one should run for the 'A' team and one would run in the 'B'. And so it came about that although Robert beat John (or was it John beat Robert?) John got the Medal (or was it Robert?).

# NORTH SURREY LEAGUE

## Youths/Boys

### RACE No.1 - Wimbledon, October 28th

The outstanding feature of this first match in the league programme was Belgrave's ability to field no less than 30 of the 75 finishers. Furthermore, to show that this spectacular increase in numbers is not all at the tail end we experienced the unusual sight of the Hamilton twins not making our scoring five. Such augurs well for the future.

Conditions were extremely wet and it poured with rain throughout. Hayes (Mitcham) and Martin (Walton) were soon away from the field and were clearly a cut above the others. Bill Curtin was well up with the chasing group and it was pleasing to see the close support he was getting from Mick Day and John Crockford. Around 20th place we had a real pack of "claret & gold" - 5 strong! Cliff Calderwood looked as if he would make the scoring five when John Hamilton faded away but he was outrun by Nigel Bacon and Robert Poole who clinched third place for Belgrave in a close team result.

Some of our young lads further down the field have many years ahead of them in this section of the league so will clearly move up the result each season. Who knows? there could be a future winner amongst the tail-enders.

#### RESULT:

1. H.Hayes (Mitcham)	15:14	59. M.Bloice	20:20
2. R.Martin (Walton)	:17	60. J.Corrigan	:20
3. B.Slocombe (Herc/Wimb)	:39	61. I.McNally	:27
4. T.Beagent " "	:41	63. S.Adams	21:47
5. M.Dawes (Mitcham)	:41	65. S.Lewis	22:14
6. W.Curtain (Belgrave)	:54	66. S.Beadon	:25
11. M.Day " "	16:09	68. G.Lennister	:33
12. J.Crockford " "	:09	69. M.Wright	23:00
17. N.Bacon " "	:34	70. M.Kane	:23
18. R.Poole " "	:38	71. L.Harris	:37
19. R.Hamilton " "	:39	72. E.Doick	:48
21. C.Calderwood " "	:42	73. C. McKeever	:50
26. J.Hamilton " "	:52	74. C.Savage	:51
33. V.Butcher " "	17:17	75. T.Lloyd	24:14
38. T.Day " "	:33	<u>TEAM RESULT</u>	
51. J.Steer " "	18:45	1. Mitcham AC	48 pts.
52. N.Jablowski " "	19:15	2. Herc/Wimb.	56 pts.
53. J.Harvey " "	:17	3. BELGRAVE H.	64 pts.
54. E.McNally " "	:38	4. Walton AC.	67 pts.
56. R.Hopkins " "	:52	5. Croydon H.	99 pts.
		6. Ranelagh H.	151 pts.
		7. Surrey AC	157 pts.

#### Can it be true?

Who was that running round the track with the boys the other Sunday morning? Yes, it was none other than that hero of yesteryear Chris Chataway.

I expect he has heard of the new training methods being tried out at Battersea, and wishes to include them in some book or other he is writing.

Ian Gillings was not interested in running against him, he says he is saving himself for a go at Jim Ryun!

#### Another Record Broken.

Morris Van 6595NO broke its previous best performance by holding no fewer than 15 boys on a recent journey to the Hall - Well done! (Eds. note: Record previously held by Tom Carter's Morris Oxford with 13 boys set in 1960.)

I feel very optimistic about the Youths. We have over a dozen regular members now, the Hamilton and Day twins forming the nucleus with John Crockford and Nigel Bacon making our first six. Backing them up we have Cliff Calderwood, Geoff Rosam, Peter Sharp and Pat Shepherd. This has the makings of a first class team who already have the right spirit. All that is needed now is training. However, we all know how difficult this is at this age, with either school work reaching its culmination or else the first days at work, when prime consideration must be given to one's employer. Nevertheless, other clubs must have the same problems, and yet are successful. So could we be.

The secret is to race and train whenever possible, preferably together. Thus one helps one another. In this way we hope Belgrave youths will become as famous as the Senior team.

It is good to hear that Richard Hofstedt is recovered from his injury and will be available for Cross-Country this season. He unfortunately has been out of action for over a year.

SUNDAY MORNING MEETING, 15th October at Batterssea Park.JAVELIN Boys & Youths

1. Y. Xanthos	93' 9"
2. V. Butcher	85' 4"
3. R. Kibble	81' 3"
4. E. McNally	76' 0"
5. R. Hopkins	72' 2"
6. M. Waite	68' 8"
7. I. McNally	66' 9"
8. A. Lloyd	66' 7"
9. C. McKeever	64' 3"
10. P. Neigo	61' 2½"

LONG JUMP Youths

1. Cole (Q.P.H./Bels)	20' 10½"
2. S. White	19' 9"
3. Etherington(Fel)	18' 6½"
4. S. Keys (Her)	17' 9"
5. Leniston	16' 8"

11. N. Bacon	59' 0"	13. C. Croft	37' 4"
12. J. Kibble	46' 1"	14. E. Gillings	34' 5"

SUNDAY MORNING MEETING 5th NOVEMBER at BATTERSEA PARK.JAVELIN Boys.

1. D. Wilkinson	117' 3"
2. R. Kibble	61' 3"
3. P. Colledge	61' 2"
4. E. McNally	57' 9"
5. J. Kibble	38' 5"
6. F. Renaud	38' 2"
7. G. Renaud	36' 5"
8. W. Curtin	35' 6"

JAVELIN Youths.

1. S. White	110' 0"
2. M. Harvey	78' 4"
3. V. Butcher	78' 3"
4. N. Bacon	53' 4"
<u>DISCUS Youths.</u>	
1. M. Harvey	79' 0"

LONG JUMP Youths.

1. Cole(Q.P.H.)	21' 0"
2. S. White	20' 0½"
3. Leniston	16' 7½"

60Yds SPRINT Boys.

1. R. Kibble	7.8 secs.
2. R. Langley	8.4 secs.
3. R. Hopkins	8.5 secs.
4. E. McNally	8.7 secs.
5. L. Harrison	8.8 secs.

YOUTHS 2½ MILES X-CITY RACE.- REIGATE 4th NOVEMBER.

This year Redhill and Reigate A.C. changed the Youths' relay event to a straight race and thus give more time to stage the Senior Relay race.

Our lads packed together very well as a team, and although managing only 10th place this time it was at least another step up the ladder. Michael Day ran particularly well to lead our team and was well placed in a good quality field.

RESULT:

1. P. Banning(Andover)	14:03.	51. R. Hamilton	15:53.	71. A. Chandler	16:51.
2. P. Standing(Brighton)	14:25.	56. J. Crockford	15:59.	88. J. Hamilton	18:14.
3. H. Hayes(Mit.)	14:31.	59. C. Calderwood	16:05.	91. P. Shephard	19:15.
25. M. Day(BELS)	15:07.	60. N. Bacon	16:09.		(94 finished)

TEAMS:

1. Andover 28pts. 2. Q.P.H. 36pts. 3. S.L.H. 40pts. 10. BELGRAVE 191pts.

## 'OVERSEAS' CUP

Wimbledon—December 2nd

Bill Curtin was a comfortable winner of this year's Youths' championship over 2½ miles of wet going on a dank Saturday afternoon. He held off Cliff Calderwood with something in hand and both ran faster than John Kelly's winning time of 15:52 last year.

RESULT

1. W. Curtin.....	15:37	4. N. Bacon.....	16:23	7. J. Hamilton.....	17:43
2. C. Calderwood.....	15:46	5. V. Butcher.....	16:34	8. P. Colledge.....	22:05
3. R. Poole.....	16:00	6. A. Chandler.....	17:31		

After a thorough pruning of our membership list by the Hon. Treasurer the following totals remain on the books—310 seniors, 73 juniors, 43 youths, 38 boys and 40 honorary members.

\* \* \* \* \*  
Following representations by the Club, we have been notified by the G.L.C. that the Pole Vault Pit at Batterssea Park track is to be properly built up. Perhaps our grandchildren, through a similar effort, will acquire a "tartan" run-up and a portable "airflow" pit!

\* \* \* \* \*  
Dave Ansell has been appointed to assist National coach Denis Watts in the coaching of our Olympic long-jump possibilities, from Lynn Davis and Mary Rand down. The first get together of the "top-tens" will be at Loughborough.

(Cont'd from opposite)

make the State team, but when the National came round he finished a praise-worthy fifth over the 9 miles course. Rangit is trying hard to popularise athletics in India and is always an excellent host to visiting athletes. He hopes his Athletic Association will soon start inviting runners from various parts of the world. "If you should know of anyone planning to visit Delhi in the near future please don't hesitate to let him contact me if he wants a holiday-cum-athletics stop over here".

# Postbag:

BARRY SAWYER is still very close to that king of the coaches, Percy Cerutti. Barry found himself quite shocked recently when he found the 72 yrs old Cerutti looking tired after a weightlifting exhibition at a sports store. "He has such an air of indestructibility and agelessness that you don't expect him to have normal human failings".

Barry writes that athletics like all sports is fiercely competitive in Australia, "quite a contrast to the English garden-party meets". In the track season, clubs are divided into 3 geographical groups to compete weekly in a 3 months competition. Events are arranged into two programmes, held alternate weeks. All events are graded and standards set that must be attained to score points (it's not enough to just win). With this the only inter-club contest available "you either get on or you get out". The top 4 clubs in each area then compete in a knock-out competition for "group premier" and then a "Grand Final" is held between the three winners. There is also a cross-country championship based on three races, at 5 miles, 10,000 metres and 10 miles (6 to score) and a road running title based on three races also, a 6 x 4 miles relay, 10 miles and a 15 mile road runs.

Barry is studying hard, but still managed to run 3 marathons in four weeks during August and September. The times tell the story though, 2.28.13 (9th), 2.31.32 (1st) and 2.37.27 (8th). Nevertheless these were times still good enough to put him ahead of Ron Clarke, Dave Power, Ian Sinfield and Fred Howe.

\* \* \* \* \*

GEORGE PIDDINGTON writes from Hayling Island expressing his appreciation of the Club's decision to elect him Vice President. "In spite of living a long way away now, I hope I shall still be able to put as much back into the Club as the enjoyment I have had in being a member". George, of course, attends many of our fixtures and functions and on several occasions has had to walk the last 7 miles home late at night. He now has a car though and has passed his driving test " - - - 6th time lucky! At the moment, like Trevor Hart's running, it has broken down and the other evening blew up!"

\* \* \* \* \*

Our International triple-jumper DEREK BOOSEY tells us that he recorded no less than 15 leaps over 50'0" this year. Despite this he never quite reached his best ever performance of 51'11". His travels took him to France and America during which time he clocked an "evens" 100 yds. For the record, his leading performances were as follows:-

May	-	San Jose	-	51'8 $\frac{1}{2}$ "	(2nd)
June	-	A.A.U. Championships	-	51'0 $\frac{1}{2}$ "	(5th)
		(California U.S.A.)			
July	-	Santa Monica	-	50'7 $\frac{3}{4}$ "	(2nd)
July	-	A.A.A. Championships	-	50'3"	(2nd)
July	-	La Baule (France)	-	51'0"	(1st)
Sept	-	Solihull	-	50'5 $\frac{3}{4}$ "	(3rd)

Derek is now studying physical education at Madeley College and hopes to wear our colours more often next season.

\* \* \* \* \*

Our old friend PERCY WILSON writes to express his pleasure at Ted Stimpson's election as Our President and also his appreciation of another Alan Bishop outing in the R.R.C. London - Brighton Run. "I was present at the Chequers, Horley, and as he came along I could not help shouting "Up the Bels" - after all he was wearing a Belgrave vest - Well done sir!" In throwing out the bouquet Percy also serves a sprinkling of brick-bats. He refers to our President's first handicap presentation. "As Ted stood on the stage he was a very disappointed man - - - the prizes had not arrived. Around me there were cries of 'what again' and 'cor blimey' - not a very nice thing to hear from a Belgravian. I felt sorry for you Ted. On the 7th October one of the handicap winners of the 5 miles road walk was a new member from Guernsey and again there were no prizes to present - a great show down for Belgrave. Why, oh! Why, does this have to go on; it has always been said that Belgrave do things properly, well please let us see it done in the proper way".

\* \* \* \* \*

RANGIT BHATIA tells of his promising start in the Indian cross-country season. In the Delhi State Championships he was 10th, just good enough to

(Cont'd at foot of opposite page)

# A COUNTRYMAN'S JOTTINGS

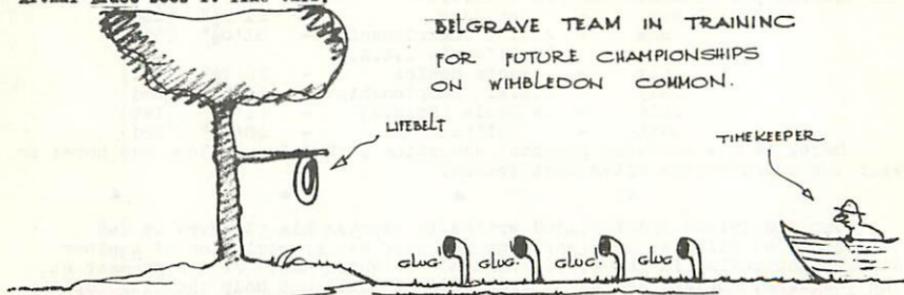
When Peter Whewell joined us just after the last "National" following his appearances here with the South African cross-country team, no one really knew how he would fit in with Belgrave affairs - if at all. After all, he was only going to be here a few months and it is not uncommon for such internationals to merely use club membership as a vehicle for entering certain selected races.

Well, not only did he settle in within a matter of days but this popular Cheshire-born runner has shown himself to be cast in the true Belgrave mould. Apart from being a reliable runner, he is a good team man who is not frightened to turn out when short of training. Like Gerry North, Bill Dance and Laurie O'Hara his name seems to appear automatically in every team we field these days. The big question is, will he carry a Belgrave vest in the "National" next March? There is no doubt that none of our team would begrudge him a place, so well has he been received, and he almost certainly would make our nine. Unfortunately, for Belgrave at any rate, Peter starts a university course in Johannesburg the same month and may well have to leave here two weeks or so before cross-country's premier event. I am sure that all Belgravians hope Peter will find some way to stay on and join them in the champagne celebrations after the National.

Speaking of the National, what are our chances really? Well, last year we were disappointed with our 4th place (nearly 5th) and Gerry North and John Thresher had disappointing runs, yet we still beat Coventry, Derby, Tipton and Manchester. I bet many have forgotten that already. Portsmouth were unbeatable that day, with five home before our first man but now they are a spent force. Runners-up were North Staffs, now reputed to have broken up, and third Longwood, always an unpredictable outfit and undoubtedly suited to last year's track-like course. Of the nine we fielded last year, Trevor Hart (4th scorer) is unlikely to make it but with any luck Geoff North, Peter Whewell and Brian Buxton will be fighting for a place which should result in our fielding a peak form outfit. Last year I called for 6 in 100 and 9 in 150. We achieved 6 in 114 and 9 in 140 yet finished fourth. We must obviously aim higher so how about 6 in 60 and 9 in 90 with one man every 10 places!

## WEATHER FORECAST—"RAIN AGAIN"

As is usual at this time of the year our course has been very wet; though it is never heavy. The "Avenue" looked more suitable for swimming than running a few weeks ago. Arthur Brace sees it like this:-



## BELGRAVE TEAM IN TRAINING FOR FUTURE CHAMPIONSHIPS ON WIMBLEDON COMMON.

When our team win an open event or championship it is a source of pride to all Belgravians. Those that will never be good enough to make the team and those that are well past appearing in it, together share the joy and satisfaction of those that were actually there. "We won on Saturday" says the scrubber, automatically linking himself to Gerry & Co., and the many readers of this Gazette who have not been to Belgrave Hall for many years find the words so much sweeter when they record a win. Our team would do well to remember from time to time that they have achieved selection from a club of over 500 members and that they are not the only ones with "butterflies" when a big race is on or who suffer bitter disappointments at a loss. Our runners therefore have at least a moral obligation to their fellow members. Perhaps they will bear this in mind next time they consider splitting forces and relinquishing a relay trophy, as happened in the Essex Beagles Relay/Bracknell '10' clash this year.

# NORTH SURREY LEAGUE

## Seniors/Juniors

### Race No. 1

Wimbledon - October 28th.

What a day! Record fields, pouring rain, only two course markers, obliterated or missing numbers and the poorest turn out of officials ever. After two weeks of brain-teasing investigation Belgrave were adjudged winners of the first race by a margin of 90 points. This is a start they should hang on to for the three remaining fixtures.

Gerry North showed himself to be approaching top form again and John Thresher indicated he will be a major force this winter.

The Hercules/Wimbledon combine showed itself to be at least our match in depth and therefore a threat in succeeding matches. They had 22 in 100 compared with our 19.

In the Belgrave Handicap, "old-stagers" Don Maclean and Mike Stearman tied for first place. Third was that scourge of the handicapper, Jim Rimmer - he'll have his wings removed altogether soon!

#### RESULT:

1. Gerry North	(BELS)	27:57	6. S. Badgery	(Mit)	28:44
2. R. Holt	(H/W)	28:17	7. K. Wallis	(Mit)	28:45
3. J. Thresher	(BELS)	28:26	8. A. Fairclough	(BELS)	28:46
4. L. Presland	(Sy)	28:36	9. D. Faircloth	(Croy)	28:51
5. J. Snowden	(Sy)	28:42	10. B. Collins	(Sy)	29:05

#### Teams (University scoring - 10 a-side)

1. BELGRAVE H.	(1,3,8,11,14,16,20,29,35,46).....	183 pts.
2. Mitcham A.C.	(6,7,12,13,27,28,32,39,50,59).....	273 pts.
3. Hero/Wimb	(2,17,19,24,30,38,42,45,51,53).....	321 pts.
4. Walton A.C.	(15,22,23,25,26,31,37,40,52,56).....	327 pts.
5. Surrey A.C.	(4,5,10,33,41,44,47,67,68,70).....	389 pts.
6. Ranelagh H.	(18,21,34,36,48,49,55,60,64,69).....	454 pts.
7. Croydon H.	(9,43,54,57,58,61,62,63,65,66).....	538 pts.

#### Belgrave Handicap:

1. Gerry North	(SCR)	27:57	106. C. Collis	(6:00)	33:54
3. J. Thresher	(0:30)	28:26	110. W. Laws	(5:00)	34:09
8. A. Fairclough	(0:45)	28:46	111. B. Merry	(6:00)	34:13
11. A. Major	(1:15)	29:06	114. A. Brooks	(7:00)	34:31
14. W. Dance	(0:50)	29:25	116. W. Fairfield	(6:30)	34:37
16. J. Bicourt	(1:00)	29:35	118. P. Pringle	(6:00)	34:42
20. P. Whewell	(0:30)	29:41	120. J. Hall	(6:00)	34:49
29. W. Kerr	(0:45)	30:12	121. J. Kelly	(6:30)	34:54
35. C. Steer	(1:15)	30:35	125. A. Mead	(7:30)	35:18
46. J. Dear	(2:30)	30:52	127. P. Smith	(6:30)	35:38
51. C. Dabbs	(1:00)	31:08	131. G. Piddington	(6:00)	36:01
62. L. Mann	(2:00)	31:32	133. B. Gorman	(4:30)	36:09
63. R. Donnison	(2:15)	31:32	134. R. Glover	(3:00)	36:16
66. J. Rimmer	(4:30)	31:44 (3rd)	135. G. Pearson	(5:00)	36:20
73. D. Brew	(3:30)	32:03	136. C. Henn	(7:30)	36:32
74. P. Hilliar	(3:30)	32:16	141. D. Boneer	(7:30)	37:03
82. E. Penny	(4:30)	32:37	143. K. Stimpson	(8:45)	37:59
83. P. O'Connor	(3:00)	32:40	145. P. Sutton	(7:30)	38:06
92. D. Maclean	(6:00)	33:11 (=1st)	146. R. Beaumont	(8:00)	38:10
101. D. Mainstone	(5:30)	33:38	147. C. Manning	(9:00)	38:33
102. M. Stearman	(6:30)	33:41 (=1st)	153. D. Davies	(7:30)	39:31
103. M. James	(4:30)	33:43	155. D. Barker	(4:30)	40:23
105. C. Keevey	(3:45)	33:52	158. J.V. Baker	(10:00)	41:30

#### Epsom Downs, October 21st

#### Match v Combined Banks

Despite a badly cut foot, sustained in training during the week, Brian Nott, in Bank colours, was a fairly comfortable winner from a host of Belgravians, who packed in 15 men in the first 20 to slaughter the home team in this 'B' fixture.

#### RESULT:

1. B. Nott (Banks).....	34:25	13. J. Kelly.....	38:20
2. L. Mann (BELGRAVE).....	34:40	14. D. Hurd.....	38:24
3. R. Glover.....	35:08	16. W. Fairfield.....	38:54
4. P. O'Connor.....	35:19	17. P. Pringle.....	38:57
6. C. Walker.....	36:31	18. P. Smith.....	39:35
8. J. Rimmer.....	36:55	23. C. Henn.....	40:32
9. B. Merry.....	37:17	24. A. Mead.....	40:50
10. D. Maclean.....	37:30	25. D. Newell.....	41:08
11. R. James.....	37:38	26. R. Conway.....	41:35
12. C. Keavey.....	37:42	28. K. Stimpson.....	43:10

# SOUTH OF THAMES 'JUNIOR'

SWINDON 11th November

Out of an entry of forty, we could only muster sixteen runners on the day which is a very poor showing when one considers that this is a race carrying barring clauses and thus restricting the competitors to "lesser lights". It is designed to give even the "scrubbers" a chance to run in club colours in large fields under championship conditions and the club must obviously consider whether the wastage of money on team entries, and in this case providing a coach for transport at small cost to the competitors, is warranted in future years.

Having won this race last year it was necessary this time to find a completely new team and with Dick Piotrowski, John Dear, Roger Donnison, Lionel Mann, Malcolm Simms, Howard Satchell, Bob Glover and Pat O'Connor eligible we appeared to have a strong team but unfortunately Donnison, Mann, Simms and O'Connor were unable to appear and we lined up with a much depleted team.

Dick Piotrowski, looking very strong, was prominent throughout and although dropping back a little on the third leg was easily our first finisher in 21st place. John Dear making a steady start was not able to get up to a good place and although our second scorer was a little disappointing, Howard Satchell shared a welcome return to form to be placed 66th and the fourth scorer was Bob Glover, also a little disappointing after recent performances. When the points were added up they came to 227 and this gave us only 13th place whereas we could well have been in the first six if we had fielded our best team.

In the 'B' team Don Maclean set out to prove that he should have been nominated for the 'A' team and this he did very easily by finishing in front of two 'A' team nominees. The best performance in the 'B' team was without doubt John Kelly's who during the road relay season had been running well below his best but on this occasion came up to 136th which should encourage him for future races during the winter.

## RESULT

1. J. Bednarski	(Swindon)	26.30
2. I. MacMillan	(Canterbury)	27.19
3. C. Ridley	(Dartford)	27.25
21. R. Piotrowski	(Bels 'A')	28.32
55. J. Dear	"	29.23
66. H. Satchell	"	29.44
85. R. Glover	"	30.10
112. J. Rimmer	(Bels 'A')	
113. P. Hillier	"	
129. D. Maclean	(Bels 'B')	
136. J. Kelly	"	
156. B. Merry	"	
163. E. Penny	(Bels 'A')	

167. P. Pringle	'B'
171. W. Fairfield	'B'
183. C. Keavey	'A'
189. P. Smith	'B'
196. G. Piddington	'B'
223. A. Mead	'B'

W.E.L.

## TEAMS:

1. Reading A.C.	.. ..67pts.
2. Walton A.C.	.. ..75 "
3. Aldershot/Farnham	..110"
13. Belgrave 'A'	.. ..227"
30. Belgrave 'B'	.. ..588"

## Slip at Chigwell

Essex Beagles Cross-Country Relay. 11th November

Last year, whilst our South of Thames Junior team were winning their title at West Wickham, our relay boys were annexing this Beagle's promotion with a convincing victory over Ealing/Southall & T.V.H. This year, whilst our South of Thames team were being drubbed to a lowly 13th place at Swindon, our relay team were obliged to give best to their two main rivals at Chigwell Row and relinquish their hold on the "New Zealand Cup."

Once again, one disappointing run made all the difference. This time it was John Biccourt, who had been unwell the preceding week, and would have withdrawn had our forces not been dispersed over three fixtures.

Adrian Major got us off to a good start in 7th place and Fairclough and Buxton got us up to 3rd and 1st respectively. Biccourt then ran a minute below his normal form to hand over 4th to Whewell who cut back the deficit and gained a place with fourth fastest time of the day. Laurie O'Hara did all he could on the final lap to finish within 10 seconds of T.V.H. and 21 seconds of the winners.

## RESULT:

1. Ealing & Southall A.C.	..84.20
2. Thames Valley H.	.....84.31
3. Belgrave Harriers	.....84.41

## Fastest Times:-

D. Williams	(Wood'd Gn)	13.33
S. Purkis	(Romford)	13.34
A. Green	(Hadleigh)	13.36

A. Major	14.23
A. Fairclough	13.42
B. Buxton	14.07
J. Biccourt	14.51
P. Whewell	13.38
L. O'Hara	14.00

In terrible conditions of continuous rain, strong winds, thick mud and steep hills Belgrave pulled off their first ever win in this 6X2½ miles cross-country relay.

Adrian Major brought us home in 6th place on the first stage but then Tony Fairclough ran one of his best stints for some time taking us into the lead. Peter Whewell, Bill Dance and Gerry North stretched it to considerable proportions; the latter doing fastest time of the day.

Laurie O'Hara finished off as usual, with Gerry Stevens (Reading) chasing him hard, but he had the race well under control and finished comfortably 16 seconds ahead of his rivals.

**RESULT**

1. BELGRAVE 'A'.....82:24	A. Major.....13:57	G. Dance.....13:55
2. Reading AC.....82:40	A. Fairclough.....13:35	Gerry North.....13:07
3. Windsor & Eton.....84:20	P. Whewell.....13:46	L. O'Hara.....14:04
15. BELGRAVE 'B'.....91:11		

# Bels Retain G. L.C.

**GERRY RETAINS TITLE—Parliament Hill, November 25th.**

For Parliament Hill Fields the going was quite fair. Our first three scorers of last year were out again and as the field disappeared into the mist on the first lap, Gerry, Tony and Laurie were well to the fore. With one circuit gone North led marginally from Joslyn (Poly) with Fairclough 4th, O'Hara 12th and Major 16th.

On the second and final lap Gerry drew away from his Poly rival in convincing style and Bill Dance came through strongly to close in our team after Adrian Major had fallen.

**RESULT**

1. Gerry North.....(BELS).....28:43	14. W. Dance	<b>TEAMS</b>
2. A. Joslyn.....(Poly).....29:11	24. A. Major	1. BELGRAVE.....30
3. M. Absolam.....(Eton M.)...29:19	53. J. Dear	2. Poly H.....44
6. A. Fairclough.	69. L. Mann	3. Highgate H.....90
9. L. O'Hara.	105. R. Glover	4. T.V.H.....94

## Gerry Keeps '7' Title

**Wimbledon—December 2nd**

Gerry North had no difficulty at all in retaining the "Blackstaffe" Shield from Peter Whewell and Laurie O'Hara. His time was 44 seconds slower than last year's when he was run much closer by brother Geoff and Thresher. These two, plus Hart and Fairclough, were missing this time so Whewell and O'Hara were favourites to gain the place medals.

After the first lap the expected medallists still had the close company of Dabbs, Major and Bicourt with O'Hara towing them along at a snappy pace. Another lap was sufficient to shake off the opposition and going into the final circuit Gerry burst ahead to split up the trio for the first time. Gerry's times for the three laps were 14:45, 14:19 and 13:33 which speaks for itself. Peter and Laurie are both going very well and they also gained nearly a minute on their followers during that final lap.

Bill Dance started 7 minutes late and there was some excitement to see how far he would get thro' the field. Not to be outdone in this sort of practice, Don Maclean set off no less than 12:15 in arrears! A first circuit of 19:00 indicated that he was not going out for a win and he politely informed the officials that they needn't wait up for him!

The handicap went to Howard Satchell, who is showing good form these days, with Bonser second and Whewell a hard-earned third.

**RESULT**

1. Gerry North.....(SCR)....42:37	16. J. Hilton.....(8:00)....50:37
2. P. Whewell.....(1:30)....42:54	17. W. Dance.....(1:30)....51:20
3. L. O'Hara.....(1:15)....43:14	18. B. Merry.....(9:30)....51:43
4. C. Dabbs.....(1:45)....44:07	19. W. Fairfield.....(10:00)....51:59
5. J. Bicourt.....(1:30)....44:42	20. P. Pringle.....(10:00)....52:28
6. A. Major.....(2:30)....44:57	21. G. Piddington.....(11:00)....52:56
7. A. Black.....(2:15)....45:47	22. D. Bonser.....(12:00)....53:08
8. M. Satchell.....(6:00)....46:50	23. G. Pearson.....(9:00)....53:27
9. L. Mann.....(4:30)....47:57	24. D. Hurd.....(8:00)....54:18
10. R. Glover.....(4:30)....48:14	25. J. Matthews.....(12:00)....54:44
11. P. O'Connor.....(5:00)....48:23	26. C. Henn.....(11:00)....54:53
12. M. Stearman.....(8:00)....49:37	27. K. Stimpson.....(13:00)....54:57
13. A. Bruce.....(4:30)....50:02	28. R. Conway.....(13:00)....57:24
14. P. Mollan.....—.....50:15	29. D. Davies.....(11:00)....58:10
15. D. Jones.....(6:45)....50:20	30. J. V. Baker.....(15:00)....60:58

**BACK PAGE PHOTO** by Ron Linstead — LAURIE O'HARA sets the pace for GERRY NORTH and PETER WHEWELL at the 5 mile mark of the Club '7' early this month.

