

THE APRIL 1981
BELGRAVIAN



the official gazette of belgrave harriers •

For Your Diary.

CRYSTAL PALACE

100 x 1 MILE RELAY

MAY 31



1981 SOUTHERN LEAGUE DATES

May 2nd	Windsor	v. Windsor, Slough & Eton A.C. Old Gaytonians, Verlea and Chelmsford.
May 30th	Crystal Palace	v. Surrey A.C., South London H, Norfolk and Elliotts.
June 6th	West London	v. Queens Park H, Plymouth, Havering and Herne Hill H.
June 27th	Wycombe	v. Wycombe Phoenix, Yeovil, Hounslow, Crawley.
July 25th	Croydon	v. Croydon H, Haringey, Shaftesbury and London Irish.
Aug. 15th	New River	v. North London, Cambridge & Coleridge, Hastings and Portsmouth.



WELCOME

We welcome the following new members. If you require any advice or information regarding Club activities, do not hesitate to contact any of the Club's Officers.

G.D'Alessio	M.Fisher	D.Main	Miss W.Staples
A.Bowyer	S.Ford	K.Metcalf	J.Sullivan
A.Byrne	C.Frater	H.Merz	J.Tee
J.Caines	P.Gildea	K.McHugh	G.Thrush
B.Danielson	R.Jones	M.Nouch	J.Willens
J.Davis	A.Lammas	J.Rayner	R.Wilson
S.Ellingham	P.Lynch	S.Richards	
R.Field	G.Macky	A.Sinnott	



Front Cover: Pan African Sprint Champion Ernest Obeng's fine series of races in 1980 resulted in him winning the Tommy Green Cup for the 3rd successive year.

Photo

Mark Shearman

THE BELGRAVIAN

NUMBER 202



FOUNDED 1887

President

Carl Lawton

Gen.Hon.Sec.

Derek Crookes,
209 Lynmouth Avenue,
Morden, Surrey.

Hon. Treasurer

Jim Heathfield,
11 Chilnorth Gardens,
Sutton, Surrey.

Hon. Editor

Bill Laws,
19 Tudor Avenue,
Worcester Park,
Surrey.
(01-337-7215)

THE WAY AHEAD

Slowly but surely the improvement in our fortunes continues due to the dedicated hard work of a handful of officials and our active athletes. Sure enough it often seems that we take 2 steps forward to be driven back by the news of a key person either moving or giving up support due to personal reasons. Nonetheless we are now emerging with a younger, more dedicated management and athletics team able to face whatever the future holds with greater confidence than for many years past.

We can see now that it has been a close run thing. There has been, and there still is, a preponderance of Athletic Clubs in the S.E. of London. As a result officials and active athletes are spread thinly. In the recent past many people have pressed for amalgamations and groupings into stronger units. Indeed several senior Belgrave Officials still see this as the best way ahead. Not so, we trust, for the majority of you.

The way ahead is to make Belgrave strong and secure. In this issue we outline some of our plans which are being implemented this summer. What we urgently need is your continuing and resolute support.



IN THIS ISSUE

- | | | |
|------------------------|---------------------|----------------------|
| 4. GRAPEVINE | 14. WITH THE LADIES | 23. ROAD AND COUNTRY |
| 5. MONEY MATTERS | 15. FUTURE EVENTS | 31. BERT FOOTER |
| 6. FROM THE BELGRAVIAN | 16. YOUNG ATHLETES | 33. TRACK AND FIELD |
| 7. WALKING | 21. VETS CORNER | 34. COACHING |

grapevine

- The day after the Surrey C.C. Championships Tom Carter spotted a familiar face at the Belgrave Hall Bar. His memory provided the answer - David Main whose name is on our International Honours Board. David finished 14th in the English C.C. National in 1946 and was selected for the Irish team. Tom was 16th that year and we won after all these years the National Title from Birchfield. David has re-joined Belgrave.
- Geoff Pearson, who ran 25th in the same 1946 National astounds us all by still competing and produced a very creditable time in the March 81 5 $\frac{1}{4}$ at the ripe old age of 63.
- We are all sorry to learn that Syd Spencer, former Police Long Distance walker and nowadays a Walking Judge has been in hospital with leg trouble. Unfortunately he had to have one leg amputated below the knee. We hope that he makes a good recovery and is soon back at the roadside.
- Charlie MacLennan was knocked off his cycle and sustained injuries which caused him to be "off duty". However, you can't keep Charlie and his camera away from Walking events and he has been clicking away in Battersea Park.
- Edmund Donovan had to cut short his visit to the U.K. last year. His wife, Daye, wrote to us on his behalf after he had had an operation on his hip; however, come Christmas we find him sending greetings in his own handwriting with a hope to visit us again this year.
- Seen at a recent Police Dinner was Bob Readman, one of our many police walkers of the past, a former Club Champion and team member. Now living in Sussex, he sends his regards to old friends.

BELGRAVE DRAW

		<u>Ticket No.</u>	<u>Name</u>	<u>Sold by</u>
1.	£100	1534	Reg Hopkins (Snr.)	Reg Hopkins (Snr)
2.	£50	13437	Susan Coombes	John Newnham
3.	£25	9901	Alex Busa	P & J Busa
4.	Bottle of Whisky	1486	V.Willcox	John Dunsford

TOTAL NUMBER OF PRIZES - 12.

MONEY MATTERS

Late Subscriptions - Pay Now - Run Later

While the Dinner - Dance features high on everyone's priority list the paying of subscriptions apparently does not. At the February 1981 Belgrave Committee Treasurer, Jim Heathfield reported that in the current year 250 Members had not paid their subs., while 90 members still owed for the 1979-80 season. In view of the high cost of sending literature through the post to members, as well as the increasing printing costs for fixture cards, the Belgravian Magazine etc. your Committee has reluctantly decided that members owing 2 years subscriptions will be asked to resign from the Club. We really cannot afford passengers at any time, but particularly not now.

Fund Raising - 100 x 1 mile relay - May 31st 1981

Once again Gerry Sexton has taken up the challenge of trying to raise some interest in obtaining funds in sponsorship of the 100 x 1 mile relay. With this issue of the Belgravian you will receive a sponsor card. The chances are that you did not trouble to interest friends in raising money last year so why not really give it a go this time. Lets see what a concerted effort by everyone can do to bring that much needed money rolling in. Good Luck to you all.

Bill Couzens - Mine Host

In charge of the Belgrave Hall facilities is ex-President Bill Couzens. Aware of the need to utilise our major asset as much as possible, Bill has been leading a one-man campaign to raise funds by hiring out the Hall. At present an Art Class uses the Hall for two afternoons each week while football clubs use the Hall on Monday and Wednesday evenings. The Hall is now open, therefore, 6 days per week. A particular attraction for our sporting guests is the Belgrave Bar manned by our old and not so old faithfuls so that refreshments !!! are available to reach the worn out parts that need rejuvenation!

SOCIAL

Dinner - Dance:

The currently difficult economic circumstances make it imperative for all of us to watch day to day expenses and in many cases some pruning of "luxuries" has been necessary. The Annual Dinner - Dance is not, we are glad to say, considered a luxury, but is an essential event where old friends meet and a great social time is had by all. This year, now under the complete and excellent control of Ron Langheim and family, proved no exception with close on 200 members and guests at the Dog and Fox. The cool damp November evening seemed far away as the revelries continued through to 1 p.m. and all too soon it was farewells all round - for many until next years event.

That everything went smoothly, and after a final count-up profitable (there was a positive cash balance to boost Club funds), was due entirely to the Langheim family who organised not only the Dinner itself, but also the increasingly popular Belgrave Draw. The top prize of £100 was won by none other than by Reg Hopkins who no doubt will be waiting to greet you all at the Belgrave bar. We shall see!

from the Belgravian ...

... 25 years ago

It has been noticeable in the past how the rise of one or two men in a club produces a general improvement in the standard. We ourselves have benefitted through Footer, Carter and Penney, Birchfield have had their days, S.L.H. are now riding high with Pirie and Driver at the top and now St. Albans are appearing with O'Gorman and Thorpe as the examples. Let us get back before we drop from the picture like many other clubs - the writing is on the wall!

... and 40 years ago

From a letter by Edgar Good - Life Member, recalling training during the period 1902-1914.

"After a race or training spin you arrived back to a nice hot bath, prepared by our trainer, Bill Harland - that is if you were first home; after that it got thicker and thicker, probably the forerunner of the 'mud pack'. The trainer then got busy with the flesh gloves. Once up and down on the front, taking the legs in his stride, two on the back and a smack on the rump, finished you at 2d each. We made our own oils and used them. We all had different ideas, and the smell of whisky, turps, vinegar and what not, made the place reek."

In Memorium

George Chantler: We regret to inform our older members of the passing of a longtime friend and member.- George was a very active team member in his younger days and would have been a valuable member of our management team. However, fate took a hand. He moved away, was a founder member of Feltham A.C. in 1957 and helped to build up what is a now Borough of Hounslow A.C. He always retained a keen interest in Belgrave affairs and despite poor health over later years made every attempt to attend our Annual Dinner-Dance and renew acquaintances.

Tom Gladwin: Tom's interest in Belgrave Harriers was more recent than George's and naturally coincided with son John's increasing involvement in our sport and club. However, it is not the length of involvement that counts - it is the level of support, encouragement and friendship which one brings. All these qualities Tom displayed in full and in a very short time he built up a wide circle of friends who join with the Gladwin family in their grief. We all knew of the pleasure which Tom obtained from John's achievements and that Belgrave should have been the vehicle for this will remain a matter of pride for us all. He will be sadly missed.

WALKING

Except for the Chippenham we failed to win an 'Open' this winter, but were always placed. The reasons we did not pull off a win were through our inability to turn out a full team due to illness, injury and work difficulties and not through non-appearance. In the G.L.C. we did at last all get together and won comfortably from Surrey W.C. Our other main win was of course the National Junior at Coventry, fortunately we had three able to turn out.

This year we shall attempt to retain the McSweeney Trophy, but to do this we must produce good performances in the Senior Championships, including the 100 km. to be held this year at Stoke Mandeville, and then hold on to the Under 20s.

Paul Blagg has been the star of the winter for us, with Richard Dorman and Carl Lawton often on the side lines. He has produced some excellent performances including 71.26 in the G.L.C. for 2nd and winning the Met. Police 10m Championship in 72.15. With these sort of times one can anticipate some promising long distances from him this year.

Richard Dorman produced a stimulating performance to win the National Junior at Coventry in a championship best performance.

News of world traveller Allan Callow, he has now taken up full time residence back in his native Isle of Man and reverted back to Boundary Harriers, but still retains 2nd claim to Belgrave.

Congratulations to Doug Fotheringham for his performance in winning his age group in the Worlds Vets Championship in New Zealand.

Walking Reports by Carl Lawton

OCTOBER 4TH 1980 - WIMBLEDON - OPENING 5 MILES

1. G.Nibre (Ilf) 35.03; 2. C.Lawton 35.49; 3.R.Dorman 37.14; 7.M.Nicholls 38.16; 8.M.Scamell 38.32; 10.S.Marshall 39.22; 11.J.Newnham 39.47; 13.E.Crossingham 40.52; 14.J.Dunsford 41.33; 15.D.Fotheringham 41.53; 16.M.Hill 42.10; 17.R.Middleton 42.43; 18.J.Bromley 44.05; 20.D.King 45.05; 22.J.Scamell 45.46; 24.P.King 47.00; 25.J.Keown 47.29; 26.J.Morris 47.36.

OCTOBER 11TH 1980 - CHIPPENHAM TO CALNE - 6 MILES

Saturday afternoon in Chippenham is a busy time with shoppers plus a continuous stream of vehicles. In addition the annual Chippenham to Calne walk contributes 144 walkers plus officials. Shortly before 3 p.m. a policeman halts the traffic and the lady competitors line up and are sent on their way by the Mayor. They are soon followed by 130 men and the 1980 race is under way.

Soon in the car to transport timekeepers to Calne we get caught in the traffic hold up. Eventually we catch the tail enders and we are not travelling at the speed of the 8 m.p.h. leaders. A left hand turn takes us away from the A4 and the walkers and eventually back on the course but now ahead of the field.

The finish on the Green at Calne where the Mayor awaits has separate funnels for men and women. Soon the warning cry arises "here he comes" and looking at the watches the time is just under 41 minutes as the leader reaches the top of the Green and Steve Barry (Roath) competes the final distance to the finish to break the course record set by Ken Matthews in 1962 of 42m 47s

by no less than 1m 25s. The wind was favourable but certainly not to the extent of the margin by which the record was broken, and so the new record holder wins the Gold Medal which has been waiting since Ken Matthews record was made.

Next, only 9 seconds outside the old record, came Richard Dorman and 8 seconds behind Carl Lawton, superb walking by our two. Mike Scamell and John Newnham are soon in and our hopes of retaining the team title look good, Steve Marshall, Mike Nicholls and Edie Crossingham are next home all under 50 mins. and then Martin Hills and Joe Scamell.

On to the prize giving at the fine sports centre where once again we collect the team prize which include the monster pie. Richard also wins the 1st Junior award (his time was 3rd fastest ever). The Handicapper managed to spread the 10 prizes amongst 9 Clubs with Steve Marshall taking one. We drew blanks in the raffle but we must not grumble and maybe just as well judging by Carl's well laden van, trophies, grub and competitors etc.

Yet again another well organised event and of course Jack and Joan Goswell were in on producing the results.

Gordon Doubleday

Results:

1.S.Barry (Roath) 41.22; 2.R.Dorman 42.56; 3.C.Lawton 43.04; 15.M.Scamell 46.38; 19.J.Newnham 47.27; 23.S.Marshall 47.43; 25.M.Nicholls 48.05; 42.E.Crossingham 49.57; 58.M.Hills 52.55; 74.J.Scamell 55.02.

Teams: 1.Bels. 31; 2.Leics. 35; 3.Coventry 97.

At Brighton on October 14th, Richard Dorman placed 1st in 12.30 and Carl Lawton 2nd in 12.49 in an Open 3 kms.

NATIONAL - Belgrave First

OCTOBER 18TH 1980 - COVENTRY - NATIONAL U/20 CHAMPIONSHIPS

Up to 1976 Belgrave had not won the Junior Title for 18 years, since then we have won it 3 times in 5 outings and only Richard Dorman has appeared in the winning team more than once. This year we started a bare 3 which was rather risky, but it was enough. Richard, twice the "bridesmaid" made no mistake this time and led off at a fast pace that eventually burnt off last years winner.

Gordon Vale and the much improved Phil Vesty of Leicester with Mike Nicholls and Stephen Marshall backing up it was the Belgrave Title again. We did not start a team in the Youths and failed to finish one in the Boys.

Junior 10 kms.

1.R.Dorman 43.18; 2.P.Vesty (Leics) 43.25; 3.G.Vale 44.10; 10.M.Nicholls 48.45; 12.S.Marshall 48.52.

Teams: 1.Belgrave 23 pts.

Youths 5 kms: 20th. R.Jell 26.16. Boys 5 kms: 8. I.McDermot 15.19; 34.A.Dorman

OCTOBER 25TH 1980 - LUTON - VAUXHALL MOTORS OPEN 7

1.A.King (Leic) 48.36; 2.B.Adams (Leic) 49.32; 3.C.Lawton 50.12; 5.R.Dorman 52.58; 11.E.Crossingham 54.51; 13.J.Newnham 54.57; 17.R.Middleton 57.48; 20.J.Dunsford 58.00; 23.D.Fotheringham 58.50; 25.J.Bromley 59.12; 27.M.Hills 59.54; 40.J.Scamell 63.18; 42.P.King 63.33.

Teams: 1.Leic. 18; 2.Bels. 26; 3.Enfield 36.

In the Civil Service 7m Championship at Mill Hill on 1st November, Paul Blagg (Met. Pol) was 4th in 52.06 and Eric Hall 14th, 57.01, was first veteran.

NOVEMBER 7TH 1980 - ENFIELD OPEN 7

A sub-standard turn out from Belgrave due to illness and work difficulties resulted in a 3rd place.

1.A.King (Leics) 49.05; 5.J.Hall 52.15; 11.M.Scamell 53.49; 16.J.Newnham 55.17; 20.E.Crossingham 56.10; 26.R.Middleton 57.31; 29.D.Fotheringham 57.53; 35.J.Bromley 58.55; 36.J.Dunsford 59.12; 55.J.Scamell 62.48; 61.P.King 64.00; 65.J.Keown 64.46; 77.J.Morris 67.57.

Teams: 1.Steyning 28 pts. 2.Enfield 28. 3.Bels. 34.

NOVEMBER 22ND 1980 - WIMBLEDON - BELGRAVE OPEN 7

THE BERMAN CUP

Most of our Club Trophies are named after their donors mostly prominent Belgravians of the past. The 'Berman Cup' is awarded by the Club. Originally it was competed for in the Open '7s' in the thirties being allocated to a different event each year. This mattered little as our team led by the late Harry Churcher used to make a clean sweep of the Opens and by winning it for three consecutive years it became our trophy and nowadays it goes to the team which wins our own Open 7 miles Walk.

The 61st 'Open' was held on 22nd November and good weather prevailed. Our President, Carl Lawton started the race which had the usual array of Club Officials, Chief Judge was Joe Coleman who himself was a regular member of our winning teams. He was third in the A.A.A. 7 Miles Championship in 1938 and in 1939, also in 1939 he was awarded the Fowler Dixon Style prize. Many remember his dead heat with his brother Len in the R.W.A. 'Junior' Championship in 1938. Amongst the judges were George Bentley, Fred Denny, Barbara Dunsford, Sid Spencer, Bill True and Joe Wilson and refereeing was Ray Hall.

Again the course was changed using three laps of the hills using a less steep hill than previous. New Zealander Mike Parker (Brighton) and D. Jarman (S.W.C.) were soon clear of the field and as the race progressed the further ahead they were and at the finish we had to wait nearly 2½ minutes before the third man arrived. Our first man in was John Hall (7th) with John Newnham doing well for 12th. We can perhaps note that not only were we without Carl but Richard Dorman, Paul Blagg and Mike Scamell were non-starters. Nevertheless Mike Nicholls and Steve Marshall (16th & 17th) came through well to complete the team. We were the first club to finish four, but our Midland rivals, Leicester W.C. soon had their fourth man in to give them a three point victory.

With eight handicap prizes to compete for, our other walkers had plenty to go for and the ever consistent Doug Fotheringham was rewarded with 2nd place, Steve Marshall 4th and John Dunsford (with Doug preparing for their trip to New Zealand) 8th. With the addition of John Hall we also won handicap team.

The London Business Houses Championship was held in conjunction and John Hall (Civil Service) and John Dunsford (Lon.Transport D.L.) were 3rd and 5th. An all Belgrave team John Hall, Bromley and Keown were second team.

Once again, Jack and Joan Goswell produced their immaculate result sheet which showed 110 starters and 15 teams. Finally our thanks to Carl under whose guidance the race went without a hitch.

Gordon Doubleday

1.M.Parker (Brighton) 50.59; 2.D.Jarman (SWC) 51.15; 3.G.Morris (Steyning) 53.43; 7.J.Hall 54.29; 12.J.Newnham 56.09; 16.M.Nicholls 56.37; 17.S.Marshall 57.19; 31.R.Middleton 59.51; 33.D.Fotheringham 60.16; 34.J.Dunsford 60.24; 46.J.Bromley 62.09; 47.R.Day 62.21; 61.P.King 65.10; 64.J.Scamell 65.37; 65.T.McDermot 65.57; 76.J.Keown 68.21; 97.J.Morris 76.57;

Teams: 1.Leics. 41.pts. 2.Belgrave 44; 3.Steyning 45.

NOVEMBER 29th 1980 - BATTERSEA PARK - METROPOLITAN W.C. 15 Km.

1.A.James (Enf) 67.15; 2.P.Blagg 67.21; 6.J.Newnham 73.50; 7.S.Marshall 74.08; 8.M.Scamell 74.46; 10.E.Crossingham 76.05; 13.D.Fotheringham 72.24; 17.J.Bromley 80.37; 18.R.Day 82.11; 21.J.Scamell 84.49; 22.P.King 85.10; 25.J.Keown 87.45;

Teams: 1. Bels. 11 pts. 2.Enfield 20, 3.S.W.C. 44.

DECEMBER 13th 1980 - BEXLEY - CAMBRIDGE HARRIERS OPEN 10 Kms.

A second team placing was a good result after the disqualification of Paul Blagg on the final lap.

1.M.Parker (Brighton) 43.27; 2.D.Jarman (SWC) 43.37; 3.R.Huxley (Aust) 44.48; 6.C.Lawton 46.43; 12.S.Marshall 48.55; 13.M.Nicholls 49.20; 18.J.Newnham 49.48; 19.E.Crossingham 50.34; 20.M.Scamell 51.26; 22.D.Fotheringham 51.37; 36.J.Scamell 55.41; 48.P.King 58.47;

Teams: 1 S.W.C. 2.Bels.

DECEMBER 20TH 1980 - CHIGWELL - ILFORD 10 Kms.

1.A.James (Enf) 45.33; 2.C.Lawton 46.07; 3.R.Huxley (Aust) 47.02; 8.J.Newnham 49.24; 10.E.Crossingham 49.31; 22.J.Dunsford 53.29; 23.J.Bromley 54.13.

Teams: 1.Ilford 30 pts. 2.Bels. 32.

DECEMBER 27TH 1980 - WIMBLEDON - INTER CLUB 7 MILES

1.A.James (Enf) 52.27; 2.C.Lawton 54.23; 3.R.Huxley (Aust) 54.31; 4.J.Newnham 57.17; 5.D.Fotheringham 59.59; 6.J.Dunsford 60.55; 11.J.Scamell 65.24; 14.J.Keown 70.36. Horwood Cup: J.Scamell

JANUARY 1ST 1981 - CITY OF LONDON - NEW YEARS DAY 10 Kms.

1.A.James (Enf) 44.16; 4.R.Dorman 47.17; 7.E.Crossingham 49.00; 9.J.Newnham 50.13.

JANUARY 11th 1981 - IMBER COURT - METROPOLITAN POLICE OPEN 11 Kms.

Again we did not have a full turn out but with good placings from Paul Blagg and Richard Dorman enabled a 2nd place.

1.A.James (Enf) 48.14; 2.D.Jarman (SWC) 48.31; 3.P.Blagg 48.57; 5.R.Dorman 50.30; 19.J.Newnham 53.02; 21.E.Crossingham 53.52; 34.E.Hall 56.37; 43.J.Bromley 58.18; 65.J.Scamell 61.53; 75.J.Keown 63.34.

Teams: 1.S.W.C. 26 pts. 2.Bels. 44; 3.Steyning 51.

BLAGG WINS

JANUARY 17th 1981 - WIMBLEDON - CLUB CHAMPIONSHIPS

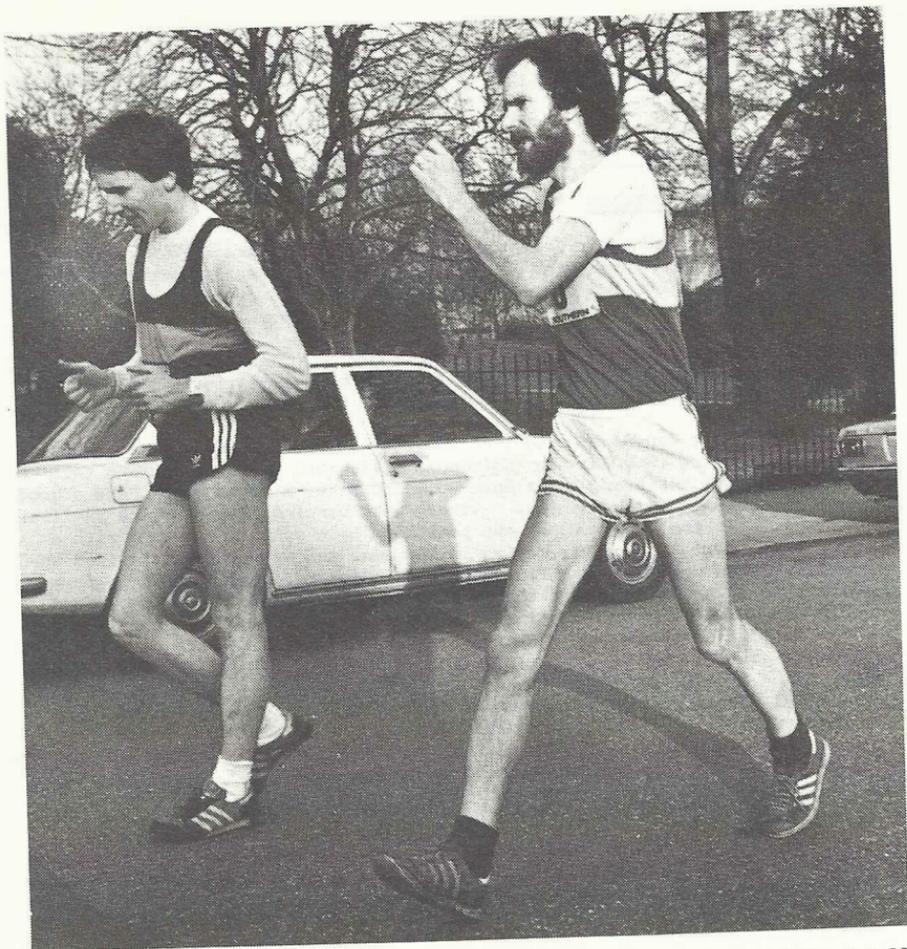
10 Miles - Senior Murphy Shield

5 Miles - Junior Olympic Cup

A new name appeared on the 10 miles championship when Paul Blagg dominated the race all the way.

Snr. 10: 1.P.Blagg 75.30; 2.J.Hall 77.27; 3.C.Lawton 80.05; 4.J.Newnham 80.18; 5.E.Crossingham 82.23; 7.M.Nicholls 86.07; 9.J.Bromley 88.15; 10.J.Scamell 92.29; 11.M.Hills 95.19; 12. J.Keown 98.59; 13.J.Morris 99.17;

Jnr. 5: 1.M.Nicholls 2.M.Hills



Richard Dorman and John Hall step out in the G.L.C. '10'. Photo Fred Popplewell

FEBRUARY 14th 1981 - BATTERSEA PARK - G.L.C. 10 MILES

Another 10th Team Win for Bels.

Full strength at last, although not full fitness, but it was enough to retain the title. Paul Blagg could not retain the Individual title held by Belgravians for two years despite being 1 second outside the old course record.

1.D.Jarman (S.W.C.) 70.43; 2.P.Blagg 71.26; 3.A.James 73.02; 5.C.Lawton 74.48; 6.J.Hall 75.08; 9.R.Dorman 77.10; 14.M.Scamell 79.10; 16.E.Crossingham 79.40; 17.S.Marshall 80.23; 19.J.Newnham 80.32; 22.D.Fotheringham 83.32; 26.J.Bromley 84.40; 29.R.Middleton 85.46; 34.T.McDermot 88.03; 43.J.Scamell 89.04; 45.M.Hills 90.19; 54.J.Keown 94.18;

Teams: 1.Bels. 21; 2.S.W.C. 34; 3.Enfield 59.

FEBRUARY 21st 1980 - BASINGSTOKE - OPEN 10 MILES

A poor turn out of Belgravians meant failure to start a team. However, Carl Lawton finished 3rd in 71.24 behind winner Steve Barry (Roath) 68.23 and Eddie Crossingham 9th in 77.59.

FEBRUARY 28th 1981 - CROYDON - SURREY COUNTY 10M

1.C.Lawton 78.57; 2.R.Lancefield (SWC) 79.37; 3.E.Crossingham 80.26;
5.J.Newnham 85.25; J.Keown 99.45.

MARCH 7th 1981 - BATTERSEA PARK - SOUTHERN AREA 10MSOUTHERN CHAMPIONS AGAIN

The S.A.R.W.A. held their Championship Meeting at Battersea Park on March 7th, the main event being the Ten Miles Senior Championship, preceded by a Ladies 5 Kilos. We had no representatives in the first race - a situation we hope will soon be put right. By the time the Ten Miles started it was raining and unfortunately, we were without Paul Blagg, whose accident is reported elsewhere, John Hall too was an absentee. Nevertheless, we had quite a good line-up to defend the title we won last year over the same course, basically five laps of the road round the Park.

After the first lap we emerged from our shelter under a tree to see that Carl and Richard (who won the Individual title last year) were going well in about sixth position, later came Edie and Mike, also together, and a good team placing was in the making. Others were banging away over the familiar circuit. As the laps went by our positions were consolidated and with a lap to go, Carl was fourth, moving in top gear and we weren't surprised when he had picked up a place to finish third. Richard, getting back to form soon came in and it was good to see Edie maintaining his recent good form with a powerful and stylish finish, to be followed soon by the consistent Mike to give us a team win again. Happily the rain eased off over the last stages.

As usual we had good performances from our others, our Vets, led by World Champion Doug Fotheringham with John Bromley and Joe Scammell would surely have beaten any other Clubs trio. With so many walkers "barred" we couldn't field a team in the Garnet Cup, held in conjunction.

1.I.McCombie (Camb.H) 72.00; 2.R.Bestley (Ton) 74.05; 3.C.Lawton 74.56;
5.R.Dorman 76.42; 11. E.Crossingham 79.09; 14.M.Scammell 79.29; 23.J.Newnham 82.01; 28.D.Fotheringham 84.17; 32.J.Bromley 85.09; 35.M.Nicholls 85.37;
55.J.Scammell 91.13; 74.J.Morris 101.57.

Teams: 1.Bels 31 pts. 2.Tonbridge A.C. 56. 3.S.W.C. 67.

MARCH 14th 1981 - BOURNEMOUTH PIERS 6M

1.D.Jarman S.W.C. 42.46; 2.G.Morris (Steyning) 42.51; 3.C.Lawton 44.59;
12.M.Scammell 48.09; 30.J.Scammell 55.03;

BLAGG INJURED

Due to an accident whilst carrying out official police duties, Paul Blagg will probably be invalided with damaged achilles tendons for quite a few months. We all wish him a speedy recovery.

MARCH 21st 1981 - EXETER - NATIONAL 10M

With Paul Blagg on the injured list, but on the roadside watching, Bels could only hope for something, but it was not to be. Held on a relatively traffic free course, strong winds, rain and a tough course produced slow times. Belgrave could do little to get into the medals and finished 5th.

1.M.Parker (Brighton) 73.37; 2.G.Morris (Steyning) 74.52; 3.D.Jarman (SWC) 75.03;
12.C.Lawton 77.22; 18.J.Hall 78.17; 26.E.Crossingham 79.52; 30.R.Dorman 80.54;
37.J.Newnham 81.43; 41.M.Scammell 81.57; 63.S.Marshall 86.00; 79.D.Fotheringham 88.02; 103.M.Nicholls 90.58; 122.J.Scammell 95.39.

Team: 1.Leic.W.C. 31 pts. 2.S.W.C. 56; 3.York 59; 5.Bels 'A' 79; 18 Bels 'B' 348.

● Belgrave Vets won the British Team Championship at Leicester on October 19th with John Dunsford, Doug Fotheringham and John Bromley.

● In a one-hour Track Walk at Austin (Texas) in November, the winner was John Knifton with a distance of 7 miles 1698 yards, some three quarters of a mile ahead of the second man.

● At South Croydon on February 7th our U/20s team of Steven Marshall, Mike Nicholls and Andrew Dorman were 2nd team in the S.W.C. Open Meeting.

● Fast times at Crystal Palace 3 Kms. Wednesday 11th February 1981.

1.R.Dorman 12:42.2; 4.C.Lawton 13:09.3; 6.M.Scamell 13:33.7;
9.J.Newnham 13:38.0; 10.E.Crossingham 13:42.8; 12.R.Day 15:27.2.

● Paul Blagg placed second in the 1980 series of meetings at Blackheath held by the L.P.R.



Left. 1980 Surrey Youth C.C.Champ Dave North has had an excellent winter.
Rt. 1981 Surrey Youth C.C.Champ Paul Ritchley shows impressive strength.

Photos. Bill Laws

★ WITH THE LADIES

Only a few results. Not many of our ladies seem to be interested in cross-country. However, a small group (the faithful few) started going over the country on Saturday afternoons.

Our first meeting was the Surrey Womens Road Relays at Brockwell Park on a sunny but very windy day. We were also entered in the Surrey Womens Cross Country League which consisted of 4 matches for three age groups - Girls, Juniors and Seniors. 15 Clubs had entered for this league and the first of the matches was our own promotion on Wimbledon Common. The 3 races provided a total of 197 finishers with 100 in the girls race. I would like to take this opportunity of thanking all of those who came along to help at Wimbledon. Unfortunately we did not contest the last two fixtures in this League due to injury, illness, unavailability. I would like to thank Cross Country Captain Joanne Warnett (leader of the faithful few) for her efforts in trying to get teams out. She has worked extremely hard in trying to encourage people to go over the country and also ran at Wimbledon despite not feeling very well.

Finally, I would like to say thank you to Ray Hall for all his efforts this winter. We were all pleased to see him back with us again.

Ladies Secretary **Derek Jones**

OCTOBER 11th 1980 - BROCKWELL PARK - SURREY WOMENS ROAD RELAYS

Juniors: 10th in 29.47 (Lulu Bright, Eileen Bright, Cathy Growney)

Inters: 8th in 36.15 (Tina Jordan, Joann Warnett, Tamsin Growney)

NOVEMBER 1st 1980 - WIMBLEDON COMMON - SURREY WOMENS CROSS COUNTRY LEAGUE MATCH 1

Girls: Lulu Bright 12th 6.51 Team 13th

Juniors: Eileen Bright 30th 13.13
Alison Jones 37th 13.52 Team 13th

Inters/Seniors: Tamsin Growney 9th 14.38
Joann Warnett 25th 16.29
Tina Jordan 31st 17.07 Team 6th

DECEMBER 6th 1980 - MILFORD - SURREY WOMENS CROSS COUNTRY LEAGUE MATCH 2

Juniors: Cathy Growney 20th 8.37
Ruth Sinclair 30th 9.01
Alison Jones 35th 9.41 Team 8th

Inters/Seniors: Joann Warnett 30th 14.13
Tina Jordan 38th 15.45 Team 10th

JANUARY 10th 1981 DORKING - SURREY WOMENS CROSS COUNTRY LEAGUE MATCH 3

FEBRUARY 21st 1981 BROCKWELL PARK - SURREY WOMENS CROSS COUNTRY LEAGUE MATCH 4

These two matches were not contested.

JANUARY 24th 1981 - WIMBLEDON - LADIES CROSS COUNTRY CHAMPIONSHIPS

Results:

Seniors: 1. Tamsin Growney 22.37; 2. Tina Jordan 25.59

Juniors: 1. Ruth Sinclair 10.33; 2. Alison Jones 12.42

Thanks to Gordon Doubleday and Derek Crookes for their help and to Joann Warnett for her assistance despite a very heavy cold.

We now look forward to the Track Season (with a little foreboding) in the 3rd Division of the Womens Southern League, but this year in the North and East Section.

Future Events

FORTHCOMING TRACK AND FIELD FIXTURES

- | | |
|---|---|
| 1. APRIL 25th - Bannister Stadium, Harrow | - Middx. Ladies, Peterborough, Essex Beagles, Newham |
| 2. MAY 9th - Wimbledon Park | - Eastbourne, Havering, Cambridge & Coleridge, Tonbridge |
| 3. JUNE 20th - Battersea Park | - Parkside, Hastings, Chelmsford East Kent |
| 4. JULY 4th - Woodside Stadium, Watford | - Hertford & Ware, Watford, Dacorum, Sutton & Cheam |
| 5. AUGUST 8th - Battersea Park | - Herne Hill Harriers, Bedford, Nene Valley Harriers, Highgate Harriers |
| 6. SEPTEMBER 5th - Battersea Park | - Huntingdon, Redhill & Reigate, Bexley, Braintree |

Matches 2, 3 and 6 are our own promotions and match No.5 is Herne Hill's.

For the Juniors and Girls (of which we have very few) we are in the 3rd Division of the Lily B League.

We compete in 4 matches against the same six teams. These are:-

Dorking St. Pauls, Guildford, Hercules-Wimbledon, Mitcham, Woking.

Fixtures:

Match 1	May 3rd	Wimbledon Park	(Home)
Match 2	June 27th	Guildford	
Match 3	July 18th	Carshalton	
Match 4	Sept. 12th	Wimbledon Park	

STRANGER THAN FICTION!

John Bicourt, training over Wimbledon Common on one of those weekends when he was not running elsewhere, encouraged Surrey Vet Champ. Pat O'Connor to go out for a steady 10 mile spin. The reported conversation from a usually reliable source went as follows at about the 6 mile mark:

Pat. Dis is a bit fast John. Are all yor runs loik dis?

John No Pat; bit faster on my own.

Pat Den oim glad I dont trains wid ya when yor on ya own!!

(collapse of pack.)

YOUNG ATHLETES

Like many football clubs struggling for promotion the Xmas period often determines how events will turn out in the Spring. Of our younger athletes Dave North was sidelined before the New Year due to illness but has produced a remarkable come-back since. On the other hand Mark Waller has lost some fitness recently due to school studies, injury and jet setting. John Gladwin has had very bad luck since February. Having beaten Ledger of AFD into 3rd place in the Surrey Junior C.C. he then had to stand by through flu and leg injury to watch ledger finish 5th in the Junior Inter-Counties and 8th in the Junior National. We wish John luck in his battle to shake off injury. Stuart Paton has also improved since Christmas following flu and German Measles.

The following reports confirm that overall it has been a good winter with excellent performances all round and although some patchiness due to illness and injury has resulted it is very pleasing to see our younger members still together, still enthusiastic and still improving. Well done, keep it going!

Youths Reports by **.....Bill Laws**

OCTOBER 5th 1980 - PUTNEY VALE - K.L.G. RACES

Colts: 56. Adam Horton; 75. J.Pink

Boys: 21. C.Frater; 49.A.Lammas; 58.J.Haque

NOVEMBER 2nd 1980 - BRISTOL - MIKE SULLY C.C.

Generally regarded as the first tough winter race we sent a coach to Bristol for our younger runners to gain experience. The high quality fields made the positions of Stuart Paton and Paul Richley particularly commendable.

Colts: 1.C.Payne (Camberley) 9.26 Bels. 146.A.Morton 11.34;
185.K.Sexton 12.05; 186.R.Mann 12.06; 204.J.Mann 12.36; 208.G.
Pearson 12.46;

Boys: 1.B.Murphy (Liverpool) 15.21 Bels. 61.M.Blackmore 16.55;
79.A.North 17.07; 118.A.Lammas 17.42.

Youths: 1.J.Richards (D.of Cornwall) 16.33 ... Bels. 13.P.Richley 17.27;
60.A.Horton 18.35; 172.A.Wakefield 21.27; 176.S.Pritchard 22.33;
182.P.Lyttle 24.10.

Team

Positions: 1. Elliott 42 pts. 20. Belgrave 421 pts.

Juniors: 1.C.Hensby (Woking) 27.53; 30.S.Paton 29.46; 31.D.North 29.48;
47.J.Gladwin 30.48; 60.M.Sinclair 31.34; 99C.Whaley 36.52.

Team

Positions: 1.Swansea 69 pts. 7.Belgrave 168 pts.

NOVEMBER 22nd 1980 - GATESHEAD - SCHWEPES INTERNATIONAL C.C.

Two of our younger and very mobile members travelled to Gateshead to run in supporting races at the Schwepes International Cross County Championships. Both acquitted themselves well. Stuart Paton finished 68th in the Senior open race and was well pleased to beat 5 of Scotlands Junior C.C. Team (he hopes to make it this year) and Paul Richley finished a fine 30th place in the Youths event.

NOVEMBER 26th 1980 - CRYSTAL PALACE - SOUTHERN OPEN MEETING

Youths 60m: 1.P.Lytle 7.5.

SURREY C. C. LEAGUE

MATCH 1 - OCTOBER 18th 1980 - WALTON

Youths/Boys: 1.A.Leyland (SLH) 15.15; 2.P.Richley (Bels) 15.17;
3.K.Hutchings (SLH) 15.40.

Other Bels Positions: 9.M.Blackmore 17.01; 10.A.North 17.05; 26.P.Lytle 21.46.

Teams: 1.S.L.H. 25 pts. 2.Herc.Wim. 56. 3.Bels. 72.

Colts: Bels: 6.Adam Horton 20.28; 12.J.Pink 14.R.Mann.
16.A.Stinnott 18.P.Lynch 19.J.Mann 22.G.Pearson

Teams: 1.Herc. Wim. 15 pts. 2.Bels 40. 3.A.F.D. 115.

MATCH 2 - NOVEMBER 22nd 1980 - CROYDON

Youths/Boys: 1.K.Hutchings (SLH) 13.19; 2.S.Kendall (AFD) 13.22;
3.M.Kendall (AFD) 13.37.

Bels Positions: 7.A.Horton 14.02; 12.M.Blackmore 14.47; 13.A.North 14.52;
23.C.Frater 16.07; 24.S.Pritchard 16.10. 28.P.Lytle 18.49.

Teams: 1.S.L.H. 35 pts. 2.A.F.D. 35 pts. 3.Bels 77 pts.

Colts: Bels: 12.Adam Horton 17.33; 14.K.Sexton 17.45; 15.R.Mann 18.03;
19.P.Lynch 18.59; 21.A.Sinnott 20.00; 23.P.Whiston
24.P.Robbins 25.J.Coy 26.E.Stennett.

Teams: 1.Herc.Wimb. 19 pts. 2.Croydon 51. 3.Bels. 65.

MATCH 3 - DECEMBER 6th 1980 - WIMBLEDON

Youths/Boys: 1.P.Richley (Bels) 14.37; 2.S.Kendall (AFD) 15.13;
3.M.Kendall (AFD) 15.15.

Other Bels Positions: 10.G.Sexton 16.20; 20.A.Byrne 17.51; 22.J.Caines 19.41.

Teams: 1.S.L.H. 41 pts. 2.Herc.Wim. 65. 3.A.F.D. 35. 4.Bels 75.

FINAL LEAGUE TABLE:

1.S.L.H. 101 pts. 2.Herc.Wimb. 202. 3.Belgrave 224. 4.AFD 230.
5.Croydon 322. 6.Walton 392. 7.Epsom & Ewell 418.

Colts: Bels: 4.Adam Horton 19.17; 5.K.Sexton 19.38; 8.J.Pink 20.32.
9.P.Lynch 20.43; 17.A.Sinnott 21.49; 20.R.Mann 23.11; 21.J.Mann 23.57.

Teams: 1.Herc.Wim. 26 pts. 2.Belgrave 40. 3.S.L.H. 64

FINAL LEAGUE TABLE:

1.Herc.Wim. 60 pts. 2.Belgrave 145. 3.S.L.H. 291. 4.Croydon 291.
5th Equal A.F.D., Epsom and E. Walton 367.

DECEMBER 6th 1980 - WIMBLEDON - COLTS 2 $\frac{1}{2}$ MILE CHAMPIONSHIP

1.Adam Horton 19.17; 2.K.Sexton 19.28; 3.J.Pink 20.32.

DECEMBER 13th 1980 - WIMBLEDON - YOUTHS AND BOYS C.C. CHAMP. (2.8 MILES)

Youths: 1.A.Horton 15.52 (Equal J.Davis 15.52 (2nd Claim))
2.S.Pritchard 17.51.

Boys: 1.M.Blackmore 16.12; 2.A.North 16.20; 3.J.Caines 20.59; 4.R.Mann 20.59.

Around The Schools

DECEMBER 4th 1980 - MORDEN PARK - SCHOOLS TROPHY

3.A.North (S.W.S.J.) 21.10; 4.M.Blackmore (S.W.S.J.) 21.34; 50 finished.

Team: Sir Walter St.Johns

DECEMBER 10th 1980 - MORDEN PARK - WANDSWORTH SCHOOLS

Seniors: 1st equal D.North and M.Waller 20.29; 3.K.Clarke 21.24;

Intermediates: 1.J.Davis (Bels. 2nd claim) 20.29; 2.M.Blackmore 20.28;
4.A.North 21.02; 7.A.Byrne 22.14.

MARCH 29th 1981 - ENGLISH SCHOOLS C.C. CHAMPIONSHIPS

Bels: 31.D.North. 103.P.Ritchley. 132.M.Waller.

Championship Double

JANUARY 3rd 1981 - HAPPY VALLEY COULSDON - SURREY C.C. CHAMPS.

Following last years successes in winning both the individual and team Surrey Youth's titles it was expected that this years races would be something of an anti-climax. Gerry Sexton who had finished 6th in 1980 as a first year Youth had experienced bad luck through injury and illness while the transition to Junior ranks was expected to prove too much for the rest of last years winning Youths team. Add to that the last minute withdrawal of Stuart Paton with 'flu and even the most optimistic supporter would have given odds against a medal of any colour.

How different it was on the day. Our Colts finished a team for the first time in many years. Michael Blackmore ran a very creditable 18th in the boys race and then Paul Richley pulled out all the stops to win the Youths title having followed every attempt by the talented Andy Leyland to drop him around the hilly course. In the event it was Paul who broke away up the last hill and coasted home to retain for Belgrave the title which Dave north had won last year.

The revelation in the Junior race was John Gladwin who is now showing tremendous stamina to add to his blistering track speed. With the leading group from the start John held on to Hensby and Ledger until the half-way mark when Hensby made a distained break. Soon after pre-race favourite Ledger found John too hot to handle and it was an individual Silver for the Belgravian - a remarkable and possibly unique feat by a first year Surrey Junior. It was the team result, however, which took everyone by surprise. Woking closed 3 men in 10 but had to wait till the 40's for their 4th man. In the meantime a best ever run by Junior Captain Mark Waller ably backed by Dave North (on only 30 miles training) and Mark Sinclair ensured a surprise victory for our team. A quick check confirmed that this was our first Surrey Junior team title since 1963. Congratulations to all our youngsters.

Results:

Juniors: 1.C.Hensby (Wok) 26.16; 2.J.Gladwin 26.30; 3.P.Ledger (AFD) 27.03;
 14.M.Waller 28.44; 21.D.North 29.39; 26.M.Sinclair 30.16;
 34.M.King 31.56; J.Searle (D.N.F.)

Teams: 1.Belgrave 32 pts. 2.Woking 36. 3.S.L.H. 57.

Youths: 1.P.Ritchley 22.58; 2.A.Leyland (Sy B) 23.09; 3.A.Wickens (S & Ch)
 23.52. 26.G.Thrush 25.48; 28.G.Sexton 26.06; 46.A.Byrne
 28.48; 47.A.Horton 28.48; 49.S.Pritchard 29.01.

Teams: 1 S.L.H. 36 pts. 2. S and Ch. 40; 5.Belgrave 66.

Boys: 18.M.Blackmore 37.A.Lammas

Colts: 54.J.Neillis 60.J.McGurren 65.Adam Horton
 88.K.Sexton 96.J.Pink

FEBRUARY 14th 1981 - TRENT PARK - SOUTHERN C.C. CHAMPIONSHIPS

Traditionally our young athletes peak for the Surreys and so we do not expect too much in the National and Southern. It was good to see Stuart Paton coming back to fitness in the Junior team as well as the rapid and indeed remarkable improvement by Dave North after only 1 months solid work following an illness which prevented training for the second half of 1980. Mark Waller ran a steady race while it was pleasing to see John Searle, up from Kent University, bringing the team home in a creditable 9th place. Mark Sinclair ran below form and is currently going through a bad patch which we know he will overcome with determination.

In the Youths race Paul Richley was a bit below form and such is the high standard that 30 seconds down can mean 30 lost places. Gerry Sexton continued his fight for form.

1.I.Stewart (Inv) 31.04; 2.G.Wightman (Dart) 31.14; 3.M.Lassater (Brighton) 31.37.

Bels: 28.D.North 33.08; 39.S.Paton 33.34; 71.M.Waller 89.J.Searle
 103.M.Sinclair

Teams: 1.Shaftesbury 80 pts. 9.Belgrave 227.

Youths: Results not sent to Editor.

MARCH 7th 1981 - PARLIAMENT HILL - NATIONAL C.C.C.

Juniors: (6 Miles) 1.J.Doherty (Leeds) 31.33; 2.G.Smith (Sund) 31.44;
 3.C.Robinson (RN) 31.59.

Bels Positions: 115.D.North 145 pts. 2.Leicester 171. 3.Warrington 203.
 34. Belgrave 923 pts. - 66 Teams closed in and 534 finished.

Youths: (4 Miles) 1.J.Richards (D.O.Cornwall) 22.40. 2.M.Dalloway (Stourport) 3.M.Wheeler (E.Grin) 23.37;

Bels Positions: 147.P.Richley. 305.A.Horton 401.G.Thrush
 581.S.Pritchard.

Teams: 1.Wirral 156 pts. 2.Basildon 178; 3.Leeds 195 67 Belgrave 1434.
 91 Teams closed in and 625 finished.

MARCH 14th 1981 - BROCKWELL PARK - HERNE HILL LEAGUE

Youths: 5.A.Horton

Colts: 56.Adam Horton 65.M.Davies

'SOUPER' RECORD

A feature at several of this years major C.C. races has been the appearance of a gaudy red Range Rover and caravan manned by an enthusiastic crew of uniformed ladies providing free soup for competitors and spectators. After the Southern Champs we lost sight of Paul Richley and later discovered that, using a variety of disguises, he had managed to down four helpings. Imagine his delight on seeing the same outfit after the Nationals. The record now stands at six helpings and even Paul admitted that he was filling up. Now we know his training secrets!



Photos. Bill Laws

Top Left. Giles Thrush.. Right. Michael Blackmore.
Bottom Left. Mark Sinclair. Right. Andrew Byrne.
Centre. Junior C.C. Captain. Mark Waller.

VETS. CORNER

New Vets Secretary

After 18 months in the wilderness the Vets Section now has an eager Secretary. Bob Kersey - Telephone 872 8015 has now taken over this post and is anxious to hear from all vets seeking competition. So don't wait till he phones you - please ring him now and let him know of your plans. In any event he is aiming to get a team to improve our own World Best 10 and 25 mile times during the next Blackheath 100 x 1 mile relay to be held at the Crystal Palace on Sunday, May 31st 1981. So step up the training - book the time - 11 a.m. to 2 p.m. and give Bob every assistance!!

DOUBLE WIN

NOVEMBER 8th 1980 - COULSDON - SURREY VETS C.C. CHAMPS.

Pat O'Connor and Charlie Walker brought home the claret and gold in first place in the over 40 and over 50 age groups respectively in the Surrey Championships held over a testing Coulsdon course. Charlie Walker caught the attention of the Athletic Press who remembered that it was precisely 30 years ago that he won the senior title. Charlie is so enthusiastic about his running that the intervening period has involved a constant barrage of anecdotes from this enthusiastic man. Second in the chat stakes is Pat O'Connor who can beat Patrick Moore at the quick talk business when he puts his mind to it. Sadly the back-up support was lacking.

O.40 1.P.O'Connor 36.15; 2.P.Elliott (Mitcham) 37.23; 3.C.Lambert (E and E) 37.33.



Left: Pat O'Connor, Right: Chas Walker - Surrey County Vet's Champions 1980/81.

Photos. Bill Laws.

NOVEMBER 15th 1980 - BROCKWELL PARK - VETS A.C. C.C.

1.T.Ryan 36.21; 2.C.Walker (Bels) 39.35; 3.R.Poultney 40.38;

DECEMBER 27th 1980 - BLACKHEATH - VETS A.C. C.C.

1.P.Elliott 40.36; 2.R.Poultney 43.07; 3.J.Heywood 44.36; 4.A.Stroud (Bels) 45.12.

BELGRAVE WELL REPRESENTED DOWN UNDER IN WORLD VETS CHAMPIONSHIPS
JANUARY 11th AND 13th CHRISTCHURCH, NEW ZEALAND

Doug Fotheringham, John and Barbara Dunsford were Belgrave trio in these games, all of whom had to pay their own way out and back. In the Womens, Barbara was 2nd in her age group with 38.00 in the 5 Kms. and 74.54 in the 10 Kms.

In the Mens 5 Kms. John Dunsford was 13th in 26.09 (45-49) and Doug Fotheringham triumphed with a P.B. 25.12 (50-54). On to the 20 Kms. where John Dunsford was 10th in 1:46.44 and Doug Fotheringham winner again in 1:46.48.

The walks were organised by Graham Seatter who is now making a come-back to full racing after some recent set backs.

JANUARY 24th 1981 - RICHMOND PARK - INTER CLUB C.C.

1. J.Barnard (Poly) 19.22; 2.L.Wells (Walton) 19.39; 3.L.O'Hara (Bels) 19.47.

FEBRUARY 7th 1981 - LLOYDS PARK - VETS SOUTHERN C.C.

Another poor turnout from our vets with Charlie Waller proving the bright spot. Good to see T.K. making a determined effort to fight the flab!

0.40 1.T.Davies (AFD) 36.20 52.T.Hart (Bels) 40.26.

0.50 1.H.Foord (B & H) 39.45 3.C.Walker 40.44

FEBRUARY 28th 1981 - WOKING - 10

1.D.Fowles (Cardiff) 47.49; 2.D.Chettle (Croydon) 48.03; 3.I.Ray (Salisbury) 48.10 49.L.O'Hara 52.17.

Vets: 1.W.Venus 50.15; 2.J.Avis 51.08; 3.L.O'Hara 52.17;

O/45 Vet: 1.L.O'Hara 2.T.Everitt 3.R.Franklin

MARCH 15th 1981 - CRYSTAL PALACE - CROYDON RELAYS (VETS 5-STAGE)

New Vets Section Secretary, Bob Kersey, had less than 1 week from taking on the job to pull together a team for the Croydon Relays. With Laurie O'Hara working, and Pat O'Connor plus Brian Gorman, Trevor Hart and Lionel Mann running the previous day in the Club 5 $\frac{1}{4}$ it seemed unlikely that we could get a team together. Bob's persuasive powers prevailed and the result was 2nd team with Keith Sinclair turning in one of his best runs to be fastest vet of the day. Keith's keenness is legendary. Instead of drinking his Sherry prize he used it as leg embrocation prior to an evening training spin. There's dedication for you Blodwin!

Teams: 1.Epsom & E. 59.09. 2.Belgrave 60.59.

Individual Times: 1.K.Sinclair (1) 11.24; 2.R.Kersay (1) 11.57;
3.W.Laws (1) 12.13; 4.D.Davis (2) 12.20; 5.W.Kerr (2) 13.05.

Fastest Individual: K.Sinclair 11.24.

ROAD AND COUNTRY

We entered the winter period with the pleasant prospect of an improvement in our fortunes. Sure enough the better of our middle distance runners were getting a bit long in the tooth but nonetheless we expected some solid performances as usual. Add to this our talented batch of up and coming junior athletes and our stay in Division I of the North Surrey League seemed assured.

In the event it turned out badly. The talent was there but in practice we could not get more than half our top best twelve out at any one time. And so from a promising start we slipped to the bottom of the league and are once again relegated. A close perusal of the names of our scoring teams and the relatively close margin of 329 points between 2nd and 7th will show you how easy it should have been to stay up.

The bright spots were there. Our younger runners performed exceptionally well (See Young Athletes Section) and out of the blue came a new member - Graham Macky - a very talented and enthusiastic runner from New Zealand, who has revelled in the competition with which we have provided him.

A modest but encouraging sign that we are on the road to recovery is that for the first time in many years we completed all teams in the National Cross Country Championships.

And finally we got it together with a much improved team effort in our own Haig Southern 12 stage road relay in which we finished 17th. It was pleasing to see Chris Steer qualifying for this race during a three week visit from the U.S.A.

SURREY C.C. LEAGUE

OCTOBER 18th 1980 - WALTON - SURREY C.C. LEAGUE - DIV.I.

Three juniors led the team home over a muddy and badly marked course.

1.D.Faircloth (Croy) 31.25; 2.L.Wells (Walton) 31.39; 3.E.Herridge 31.45;
Bels Positions: 19.S.Paton 33.14; 30.J.Gladwin 33.57; 31.M.Waller 34.01;
 33.J.Abberton 34.03; 34.J.Rimmer 34.09; 41.S.Williamson 34.40; 48.T.Dowdall
 34.51; 63.A.Binda 35.35; 64.M.Manning 35.37; 67.P.O'Connor 35.39; 71.
 B.Taylor 36.04; 75.M.Head 36.13; 77.J.Stevenson 36.31; 80.I.Duncan 37.05;
 87.N.Mirmatzis 37.28; 91.S.Williams 37.39; 92.W.Kerr 37.44; 98.L.Mann 38.13;
 100.K.Sinclair 38.25; 113.E.Crutcher 39.59; 123.J.Rainer 40.39; 128.C.Henn
 41.02; 130.D.Davies 41.41.

Teams: 1.Aldershot F.D. 192 pts. 2.Walton 293. 3.S.L.H. 351.
 4.Epsom & Ewell 364. 5.Croydon 398. 6.Belgrave 426. 7.Herc.Wim.461.

NOVEMBER 22nd 1980 - LLOYD PARK, CROYDON - SURREY C.C. LEAGUE, DIV.I.

1.R.Lunnon (A.F.D.) 24.52; 2.R.Treadwell (Croy) 25.05; 3.D.Chetle (Croy) 25.13.

Bels Positions: 32.G.North 26.50; 43.J.Bicourt 27.26; 45.D.North
 48.P.O'Connor 27.38; 59.M.Waller 27.54; 60.I.Duncan 27.55; 62.M.Head 27.59
 66.S.Williamson 28.21; 67.L.Coy 28.25; 77.A.Binda 28.52; 86.L.Mann 29.11;
 95.B.Taylor 29.31; 97.G.Jones 29.52; 101.S.Williams 30.05; 107.J.Rayner
 30.44; 115.K.Duckett 31.31; 116.D.Davies 31.37; 118.C.Henn 31.56; 133.
 M.Martineau 36.19.

Teams: 1.Aldershot F & D 138 pts. 2.Croydon 227. 3.Walton 293. 4.Epsom
 and Ewell 768. 5.S.L.H. 411. 6.Herc.Wim. 454. 7.Belgrave 493.

DECEMBER 6th 1980 - WIMBLEDON - SURREY C.C. LEAGUE - DIV.I.

1.E.Herridge (AFD) 28.22; 2.L.Wells (Walton) 28.31; 3.S.Barnshaw (AFD) 28.40.

Bels Positions: 26.L.O'Hara 29.53; 35.J.Rimmer 30.11; 41.J.Smith 30.35; 44.M.Sinclair 30.38; 47.M.Waller 30.41; 58.S.Williamson 31.04; 59.P.O'Connor 31.05; 64.T.Dowdall 31.30; 65.M.Manning 31.33; 70.S.Paton 31.49; 86.L.Coy 32.30; 88.A.Binda 32.35; 90.B.Taylor 32.43; 93.M.Lake 32.52; 95.L.Lyons 32.55; 98.S.Williams 33.03; 104.J.Newman 33.36; 105.J.Rayner 33.37; 112.A.Grant 34.15; 113.A.Bowyer 34.16; 117.L.Morris 34.25; 124.K.Duckett 34.58; 129.M.Rodriguez 35.57; 130.C.Henn 36.30;

Teams: 1.Aldershot F & D 112 pts. 2.Walton 308. 3.Croydon 361.
4.Herc. Wim. 369. 5.Epsom & Ewell 383. 6.S.L.H. 464. 7.Belgrave 488.

FEBRUARY 21st 1980 - COULSDON - SURREY C.C. LEAGUE DIV.I

1.D.Clarke (HW) 27.08; 2.B.Ford (AFD) 27.16; 3.R.Hillier (E&E) 27.37;

Bels Positions: 6.G.Macky 27.53; 14.J.Bicourt 28.27; 18.J.Abberton 28.36; 20.J.Duncan 28.38; 32.J.Gladwin 29.14; 43.T.Dowdall 29.51; 52.J.Rimmer 30.09; 60.J.Smith 30.36; 62.M.Head 30.40; 66.L.Coy 30.49; 69.S.Williamson 30.58; 78.A.Fairclough 31.33; 82.B.Taylor 31.52; 84.G.Sexton 31.53; 91.M.Gleave 32.22; 96.J.Raynor 32.58; 121.G.Piddington 40.13.

Teams: 1.Aldershot F & D 218 pts. 2.Herc.Wim 253. 3.Epsom & Ewell 289
4.S.L.H. 344. 5.Belgrave 362. 6.Walton 500. 7.Croydon 519.

Final League Positions

1.Aldershot F & D 660 pts. 2.Epsom & Ewell 1440. 3.Walton 1459.
4.Croydon 1505. 5.Herc.Wim. 1537. 6.S.L.H. 1570. 7.Belgrave 1769.

OCTOBER 25th 1980 - HARLOW - UNIGATE MARATHON

185.J.Davies 3:03.45; 186.L.Mann 3:03.45; 207.E.Stroud 3:07.16;

Teams: 1.Tipton 27 pts. 2.A.F.D. 32; 33.Bels. 578.

NOVEMBER 8th 1980 - NEW YORK - MARATHON

Belgrave completed a team this year. Ed Thorpe was under 3 hours for the first time at the age of 44! We are not certain where John Thresher's fine run placed him in the Vets field.

1.A.Salazar (USA) 2:09.41 Bels: 213.J.Thresher 2:36.10; 239.J.Bicourt 2:37.33; 1053.E.Thorpe 2:56.46 (112th vet position)
..... 12,548 finishers !!!

NOVEMBER 29th 1980 - WIMBLEDON - BELS v. BLACKHEATH v. WALTON

1.C.Beauvais (Walt) 30.22; 2.L.O'Hara (Bel-V) 30.50; 3.A.Marsay 32.08.

Other Bels.Positions: 6.L.Mann (V) 33.19; 7.C.Walker (V) 33.20; 12.W.Laws (V) 34.49; 14.T.Swindlehurst 34.59; 15.C.Henn (V) 35.03; 16.R.Martin 35.03; 20.A.Bruce (V) 36.25; 24.E.Thorpe (V) 39.08; 25.R.Coombes 39.25; 27.D.Baines (V) 40.16; 28.J.Davies (V) 40.17; 30.D.Gordon (V) 40.27; 31.J.Plummer (V) 41.00; 33.G.Pearson (V) 41.35.

Senior Match: (6 to score) 1.Bels 44 pts. 2.Walton 46. 3.B.Heath 81.

Vets Match: (8 to score) 1.Bels 49 pts. 2.Blackheath 87.

Gladwin's Clear Win

DECEMBER 13th 1980 - WIMBLEDON - 7½ MILE CLUB C.C. CHAMPIONSHIPS

Before the start of this race we were asked by a passing 'Jogger' if he could join in. The man concerned was Graham Macky out on a 24 mile training spin. He pushed junior John Gladwin to a very fast winning time and gained the scalps of Kortenray and O'Hara. And so this was a day to remember. John gained his first Senior Club Championship and New Zealander Graham Macky joined Belgrave.

1. J.Gladwin	44.44;	13.S.Williams	49.49;	25.L.McLean	54.19;
2. G.Macky	45.31;	14.M.Lake	50.03;	26.C.Henn	54.38;
3. M.Kortenray	45.48;	15.L.Mann	50.34;	27.K.Duckett	56.12;
4. L.O'Hara	45.50;	16.J.Wasbrough	52.10;	28.E.Thorp	56.19;
5. S.Williamson	46.53;	17.M.Sinclair	52.13;	29.R.Coombs	56.22;
6. T.Dundall	47.46;	18.W.Downey	52.43;	30.A.Stroud	56.30;
7. P.O'Connor	47.48;	19.A.Bowyer	52.51;	37.J.Teale	60.18;
8. M.Head	48.54;	20.L.Morris	52.57;	32.D.Maughan	60.57;
9. L.Coy	48.59;	21.R.Martin	53.17;	33.D.Gordon	62.46;
10.L.Lyons	49.19;	22.R.Bale	53.30;	34.J.Plummer	63.08;
11.C.Bird	49.19;	23.A.Grant	53.45;		
12.B.Taylor	49.26;	24.D.Davies	53.48;		

Handicap Result: 1.M.Lake 42.03; 2.J.Gladwin 43.14; 3.D.Davies 43.18.

DECEMBER 20th 1980 - GUILDFORD - 23rd HOG'S BACK ROAD RACE

Seniors: 1.K.Penny (Cam) 47.49; 2.B.Ford (AFD) 47.53; 3.P.Standing (Windsor) 47.57.

Bels: 85.S.Williamson 54.36; 243.G.Jones 60.05; 250.A.Grant 60.16; 285.K.Duckett 61.01. 612 Finished.

Vets: Bels: 19.L.Mann 60.55 (284 in Senior Race).

DECEMBER 25th 1980 - WIMBLEDON - LAURISTON 30 MIN PAARLAUF

1.J.Gladwin (Bels) and W.Williams (Bels) 6m 980y.
2.P.Gilbey (Sy) and J.Sullivan (H/W) 6m 797y.

JANUARY 3rd 1981 - HAPPY VALLEY - SURREY C.C. CHAMPIONSHIPS

1.M.Little (Ran) 38.18; 2.R.Treadwell (Sy B) 39.00; 3.J.Wilson (Epsom & E) 39.02.

Bels Positions: 18.J.Abberton 41.21; 49.P.O'Connor 43.37; 53.J.Smith 43.54; 59.M.Head 44.19; 79.S.Williamson 45.45; 81.M.Manning 46.04; 85.L.Coy 46.14; 94.B.Taylor 47.00; 104.C.Walker 47.56.

Teams: 1.Epsom & E 88 pts. 2.Croydon 114. 3.Walton 136 9.Belgrave 329.

JANUARY 4th 1981 - STOCKTON (CALIF) 10M ROAD

1. Rinde 49.04; 12.C.Steer (Bels) 52.38.

DOUGLAS SPORTS

D.P.MAUGHAN
01-686 2649

St. Martins House 16 St Martins le Grand, London EC1A 4EP

FOR ALL YOUR SPORTS CLOTHING AND EQUIPMENT CONTACT DOUGLAS SPORTS

JANUARY 10th 1981 - WIMBLEDON - 10 MILE CLUB C.C. CHAMPIONSHIPS

1. M.Kortenray	62.36;	8. A.Bowyer	69.49;	15.E.Thorp	79.08;
2. L.O'Hara	63.48;	9. D.Maughan	71.17;	16.D.McMillan	79.14;
3. S.Williamson	64.37;	10.L.Morris	71.55;	17.R.Coombs	81.22;
4. J.Smith	65.16;	11.M.Lake	73.18;	18.D.Gordon	84.54;
5. S.Williams	66.39;	12.K.Duckett	74.57;	19.C.Manning	87.11;
6. W.Downey	68.49;	13.L.McLean	75.18;	20.J.Wilkins	88.15;
7. P.Hardwick	69.21;	14.D.Davies	75.51;		

Handicap: 1.S.Williams 60.09; 2.M.Kortenray 61.06; 3.S.Williamson 61.37.

JANUARY 31st 1981 - WEST WICKHAM - SOUTH OF THE THAMES SENIOR

1.P.Standing (WSE) 33.44; 2.K.Penny (Camb) 33.58; 3.R.Dowland (Horsham) 34.04;

Bels Positions: 13.G.Macky 33.15; 113.M.Head 38.06; 133.T.Dowdall 38.33; 135.S.Williamson 38.36; 141.L.Coy 38.43; 210.D.Maughan 40.32; 211.B.Taylor 40.34 277 Finished.

Teams: 1.WSE 141 pts. 2.Westbury 159. 3.Cambridge 179.
..... 17.Belgrave 745 27 Teams closed in.

FEBRUARY 7th 1981 - COULSDON - S.L.H.V. HHH V BELS

Bels: 1.G.Macky 26.09; 11.T.Dowdall 28.12; 15.A.Fairclough 29.02; 20.G.Sexton 29.49; 25.A.North 31.51 32 Finished.

Teams: (6 Aside - Varsity Style) 1.SLH 45 pts. 2. HHH 53. 3.Bels 73.

FEBRUARY 14th 1981 - TRENT PARK - SOUTHERN COUNTIES C.C. CHAMPIONSHIP

Ian Duncan continues his fight to regain fitness. Graham Macky although running very well declared himself dissatisfied with 35th position and we look forward to seeing what he calls a satisfactory performance. As usual Gordon Biscoe had trouble in getting out the rest of our 'A' team runners.

1.P.Standing (W.S.& E.) 45.01; 2.N.Brawn (Invicta) 45.05; 3.K.Steere (Ilford) 45.21

Bels Positions: 35.G.Macky 47.37; 69.J.Duncan 48.43;

Teams: 1.A.F.D. 203; 2.TVH 210; 3. Invicta 210 25.Belgrave 1125.
48 teams finished.

NATIONALS

FEBRUARY 28th 1981 - FALKIRK - SCOTTISH C.C. CHAMPIONSHIPS

Ian Duncan, now based in Scotland, and Stuart Paton both ran with distinction in the Scottish Championships just one week prior to the English equivalent at Parliament Hill.

Senior: 1.N.Muir 38.11; 2.J.Brown 38.13; 3.A.Hutton 38.27;
37.I.Duncan 40.47. - 807 Finished.

Youth: 1.G.McMillan 20.02; 2.G.Mitchell 20.10; 3.C.Wallace 20.13;
..... 9.S.Paton 20.41.

MARCH 7th 1981 - PARLIAMENT HILL - NATIONAL C.C. CHAMPIONSHIPSSeniors - 9 Miles

1.J.Gouter (Shaft) 44.39; 2.D.Clarke (Herc.Wim) 46.34; 3.M.McLeod (Elswick) 46.58.

Bels Positions: 223.J.Duncan 498.P.O'Connor 605.T.Dowdall
613.S.Williamson 742.L.Coy 748.D.Maughan 875.L.Mann
966.M.Manning.

Teams: 1.Tipton 164 pts. 2.Gateshead 293. 3.Coventry 339
68 Belgrave 3429 162 Teams closed in and 1546 finished.

Championship

MARCH 14th 1981 - WIMBLEDON - 5 $\frac{1}{4}$ MILE R.RACE CHAMPIONSHIP

Ian Duncan who has improved remarkably with every race this winter outkicked Graham Macky up Cambridge and maintained a clear lead to the finish. Ian was rewarded with his first Club Road Championship and a personal best time as well. Both Ian and Graham recorded the fastest times for several years. Surrey Youths C.C. Champ. Paul Richley proved how promising he is with a good 30.24 and there were several p.b.'s from other of our improving runners particularly pleasing was Pete Hardwick's breakthrough and he duly won the handicap.

1.I.Duncan	28.33;	11 M.Manning	31.29;	21.G.Virk	34.05;
2.G.Macky	28.44;	12.T.Dowdall	31.41;	22.L.Mann	34.10;
3.M.Kortenray	29.33;	13.T.Hart	31.43;	23.C.Taplin	35.16;
4.P.Hardwick	30.05;	14.M.Lake	31.52;	24.J.Teal	36.26;
5.M.Head	30.12;	15.B.Gorman	32.05;	25.M.Nouch	36.31;
6.P.Richley	30.24;	16.A.Fairclough	32.08;	26.J.Williams	36.41;
7.L.Coy	30.34;	17.J.Wasbrough	33.04;	27.G.Piddington	38.14;
8.P.O'Connor	30.42;	18.M.Barry	33.32;	28.R.Field	39.32;
9.S.Williamson	31.08;	19.R.Martin	33.54;	29.D.Gordon	39.37;
10.D.Maughan	31.17;	20.L.Maclean	34.01;	30.G.Pearson	41.14;

Handicap: 1.P.Hardwick, 2.P.Richley, 3.I.Duncan, 4.M.Head.
5.M.Lake, 6.D.Maughan, 7.L.Coy, 8.G.Macky.

MARCH 14th 1981 - TONBRIDGE - 10 MILES ROAD

1.K.Penny (Cam) 49.10; 63.G.Jones (Bels) 55.26 (p.b.)

MARCH 21st 1981 - STAFFORD - 20 MILES ROAD

Bels: 18.G.Jones 1:57.24 (p.b.)

MARCH 21st 1981 - BEXLEY - CAMBRIDGE H.R. RELAY

Teams: 1.A.F.D. 'A' 1:31.29; 2.Cambridge 1:33.00; 3.A.F.D.'B' 1:33.26
..... 13. Bels 'A' 1:40.59 24.Bels 'B' 1:49.04

'A' Team: L.Coy (14) 16.29; M.Sinclair (15) 17.02; M.Head (17) 16.46;
P.O'Connor (15) 16.36; A.Fairclough (14) 17.09; S.Williams
(13) 16.57.

'B' Team: M.Manning (22) 17.06; G.Sexton (22) 18.03; D.Clark (12) 14.20;
K.Sinclair (17) 17.55; S.Pritchard (20) 20.32; D.Jones (24) 21.08.

Footnote: Yes, Dave Clark (HW) ran second claim for Bels in the 'B' team. He was glad to get the run. We were amused to see the reaction of other runners as he steamed through the field.

100x1 mile relay

100 x 1 MILE RELAY - CRYSTAL PALACE - MAY 31st 1981

We aim to make this year's run interesting in the following ways. First to run the Juniors and Youths at the beginning to see if they can produce 4 and 10 mile times to make the athletic fraternity take notice.

Second we intend to beat our own VETS World best times for distances up to 25 miles and will be running the Vets between 12 and 2.30 p.m. Make sure you contact Bill Laws 337 7215 or in the case of Vets, Bob Kersey 872 8015. Don't wait until they 'phone you. They've plenty on their plates so do make an effort in good time!!

MARCH 28th 1981 - CRANFORD - T.V.H. RELAYS (3.6 MILE)

Would you believe it? Chris Steer. Yes Chris Steer, turned up to this, one of the 3 qualifying races for the Southern 12 stage relay team, and proceeded to run our fastest leg so ensuring his selection. Why the fuss? Well in case you are not aware, Chris lives in San Francisco and he's come over for three weeks. Chris's memory goes back quite a way and he claims to have competed only in our winning Southern relay teams of the mid and late 60's. Well that's very unlikely this year but nonetheless we should see a substantial improvement.

<u>'A' Team:</u>	S.Williamson	19.22	<u>'B' Team:</u>	S.Pritchard	22.30
	M.Sinclair	18.36		B.Taylor	19.19
	P.O'Connor	18.16		D.Jones	23.38
	C.Steer	18.13		S.Williams	19.20
	T.Dowdall	18.33			
<u>'A' Team Positions:</u>	28th			DNF	

MARCH 28th 1981 - CRANFORD - T.V.H. RELAYS (VETS 3-STAGE)

Teams: 1. Reading 55.09; 2. Ealing 55.23; 3. Oxford 55.47; 6. Belgrave 60.00
21 Teams closed in.

Individual Times: 1. K. Sinclair (7) 19.36; 2. B. Gorman (5) 19.31. 3. W. Laws (6) 20.53.

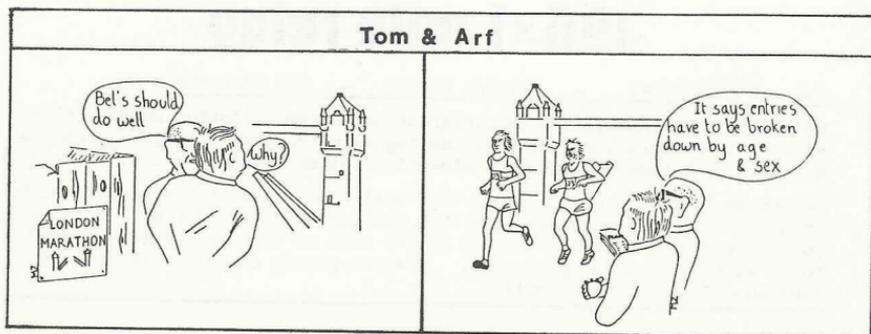
MARATHONMARCH 29th 1981 - LONDON MARATHON

No doubt you saw this and its umpteen highlights on T.V. Belgrave ran and finished 33 members most of whom were our older brethren. One new and young member, G. Virk, who has yet to reach his 20th birthday, ran well for 2:56.08 and we hope he makes his mark at shorter distances. At the time of writing the computer has only spewed out half the results so the following is accurate only up to Bert Stroud. We do know, however, that Charlie Manning outkicked Geoff Pearson and Pam Davis just beat Charlie Henn.

1. Simonsen Nor. Eq. 1. Beardsley U.S.A. 2:11.48. 3. T. Wright 2:12.53.

Bels Positions: 333. L.O'Hara 2:37.53; 450. A. Black 2:41.27; 491. L. Coy 2:43.06; 668. A. Grant 2:47.50; 839. R. Bale 2:51.43; 1034. G. Virk 2:56.08; 1125. J. Dooley 2:57.51; 1139. F. Barrett 2:58.04; 1248. J. Rayner 2:59.14; 1358. J. Davies 3:01.03; 1573. L. Mann 3:06.07; 1673. C. Walker 3:07.48; 1721. E. Young 3:08.38; 1756. W. Downey 3:09.26; 2001. J. Wasbrough 3:13.53; 2112. C. Shippen 3:16.06; 2163. E. Stroud 3:16.54; D. Davis 3:20.7.

Other times—approx. C. Manning 3.26, G. Pearson 3.26. J. Plummer 3.51, G. Piddington 3.51; Other finishers J. Davies, Mrs. P. Davies, T. Hart, D. MacMillan, D. MacMullen, C. Henn.



FOOTNOTE: Charlie Manning was interviewed on LBC the day before the London Marathon. The subject - Breakfast. Charlie detailed - cornflakes and a boiled egg. He was, however, grossly upstaged by a Thames Hare and Hound's man who apparently prepared on Smoked Salmon and Champers. It explains the difference between our clubs says Charlie. Oh yeah?

Quote: Jim Heathfield; "At 20 miles in the Marathon you're only half way."

Belgrave Relay

APRIL 4th 1981 - WIMBLEDON - BELGRAVE/HAIG SOUTHERN 12 STAGE RELAY

For the first time in several years Gordon Biscoe was presented with a team selection problem. He had declared that selection depended on 3 races; the 5 $\frac{1}{4}$, Cambridge and Cranford Relays. Our potentially fastest short leg runner - John Gladwin was sidelined with injury and with several runners permutating 1 out of 3 and others ignoring the qualifying races completely it was difficult to select the last few places on the available evidence. In the event the first 6 places selected themselves with Graham Mackey handing over 30 seconds off the lead. Junior Stuart Paton ran a blinder and handed over only 4 seconds behind the 5th placed team. John Bicourt and Paul Richley continued to keep hopes high but Ian Duncan failed to repeat his 5 $\frac{1}{4}$ form and continues to find this race his bete noir. Chris Steer ran above expectations and Peter Hardwick confirmed that his 5 $\frac{1}{4}$ run was no fluke - Welcome to the 'A' team Pete! Laurie and Leo ran well but both admitted that the London Marathon of the previous week must have slowed them. Nonetheless we turned in our best time for 4 years and had Croydon, Blackheath and Brighton behind us. Next year it could well be that many other of our eager youngsters who were taking notes this time will make the team.

Teams: 1.A.F.D. 4:06.39; 2.T.V.H. 4:10.39; 3.Invicta 4:12.25;
4.A.F.D. (B) 4:13.30; 5.Harringay 4:14.51; 6.Ilford 4:14.55;
..... 17.Belgrave 4:21.40 - 35 Teams finished.

(Belgrave times were:- 1979 - 4:30.46 1980 - 4:28.23)

Belgrave Times:

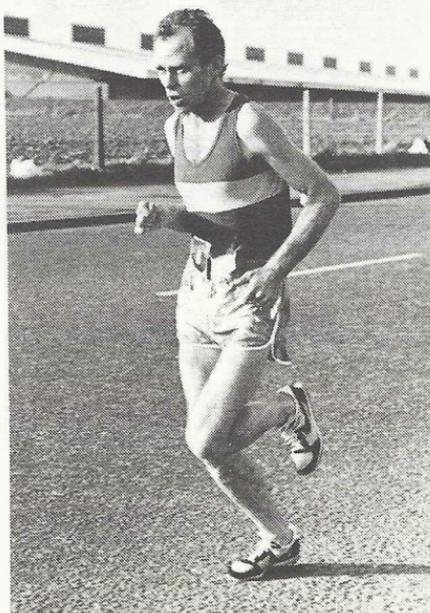
Stage	Long Leg	
1.	G.Macky (7)	25.01
3.	J.Bicourt (6)	25.44
5.	I.Duncan (12)	26.40
7.	C.Steer (14)	26.54
9.	P.O'Connor (17)	27.14
11.	L.O'Hara (17)	27.03

Stage	Short Leg	
2.	S.Paton (7)	16.20
4.	P.Richley (8)	17.12
6.	D.North (13)	16.43
8.	M.Head (15)	18.04
10.	P.Hardwick (16)	17.09
12.	L.Coy (17)	17.36

Chris Steer runs the fastest leg in the Cranford Relay to Qualify for our Southern Relay Team.

Photo

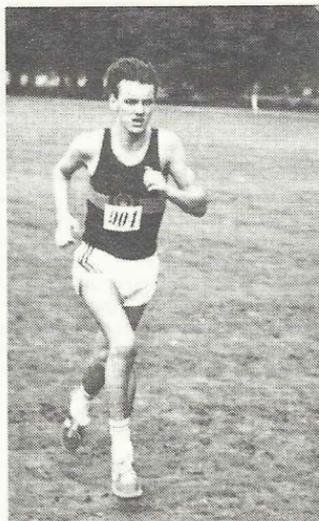
Fred Popplewell



Fastest times: Long: 1.P.Standing (W.S.E) 23.58; 2.A.Catton (Ilford) 24.14;
3.D.Chettle (Croy) 24.24;
Short: 1.D.Clarke (HW) 14.57; 2.J.Espir (Shafts) 15.16;
3.B.Ford 15.22.



The itinerant yet ubiquitous Biscoes are on the move again.
Gordon's new telephone number is 01-393-2678.



Above. Graham Macky leads eventual winner Ian Duncan in the 5 $\frac{1}{2}$.

Top Right. John Gladwin came 2nd in the Surrey Junior C.C. and won the Club 7 $\frac{1}{2}$ miles Championships.

Bottom Right. Despite a serious leg injury John keeps fit in the only way possible.

Photos. Bill Laws

BERT FOOTER

"IN TERROREM"

This was the title of an article which appeared in the Belgravian many years ago, its author was H.E. (Bert) Footer, the man chiefly responsible for our wins in the E.C.C.U. Championships (The National) in 1935, 1939, 1946 and 1948. He was trying to urge the lads on to greater efforts. Now 76 years of age he is living in retirement at Ramsgate, we are sorry to say that he suffers from arthritis in both hips and has trouble with his breathing, he has to walk with the aid of sticks. It became his ambition for Belgrave to win the National and in so doing he collected many honours for himself, Surrey Champion, Inter-Counties representative many times, Southern Champion and International finishing fourth at Caerleon in 1933 and fourth again the following year at Ayr. In these two races he was a member of the winning English team, also in the team was Arthur Penny, they both did much to further the good name of the Club. He was also Club Champion and his name can be seen on the Macher and Blackstaffe Shields.

So, how in the thirties did he get the rest of the team to such a peak that they could call themselves National Champions? The chief ingredient was training as a pack. If you were in the team, or even if you weren't, he expected you to train with the pack Saturdays at Wimbledon, or on what the Fixture Lists described as "Social Runs" with other clubs. Although not races they seemed to be the next best thing! Other Clubs would join us at Wimbledon or we joined them, the Grandstand at Epsom Downs was a favourite venue with a run out to Walton Heath and back. Midweek it was Tuesdays and Thursdays round Rotten Row (Hyde Park) from the "Rising Sun", Ebury Bridge Road - through Belgravia! On Mondays and Wednesdays you were encouraged to train from home, and Bert and a few others had a tough course in the Southfields - Wimbledon Park area. Friday was rest day, but Sundays - no matter how hard you had gone on Saturdays he and others used to do an all day, stroll over hilly rough country. In case that wasn't enough he had a schedule of home exercises to strengthen the chest, shoulders, abdomen etc. even those who did hard manual work performed their exercises daily.



L to R A.Allum, H.E.Footer, A.E.Taylor, A.R.Shaw, S.Warboys
Arthur Penny, J.E.Flower, H.W.Shields, Tom Carter and W.A.Rice

For many years Birchfield Harriers had virtually monopolised the National and in the early thirties Bert's team began to figure in the placings with corresponding performances in the Southern. Not only did we score many wins in the Surrey County Championship but our Middlesex members (running as Cadogan A.C.) would win their County title. We won the Southern in 1934 and in 1935 we travelled to Hall Barn, Beaconsfield for the National, having taken second place to Surrey A.C. in the Southern, held at Hassocks (Sussex). As the runners entered the final lap a quick check up showed us to be in the lead and, shouted on by a coach load of supporters we gained the day and Birchfield's monopoly was ended. It was a proud moment when Bert led the team to collect the winning trophy and their medals. Congratulations to Bert and the Club poured in from all quarters.

Our hopes then went forward to the London to Brighton Relay, held a few weeks later. There was no National Road Relay, but whoever won this famous race (promoted by the "News of the World") could regard themselves as Britain's Number One Club in this department. Having won the race in 1934 our Midland rivals were out for revenge! The race from The Houses of Parliament to the front at Brighton consisted of twelve stages of different lengths and of different terrains regarding hills. Not only did you have to have twelve good runners, but you had to put them on the right stages. Here Bert's knowledge of the team enabled him to deploy them to the best advantage, he himself doing the eleventh stage of over five miles from Hickstead to Pyecombe at the top of Dale Hill. Birchfield put up a great fight but Bert was first up Dale Hill to hand over a lead which we maintained to the finish.

In 1936, 1937 and 1938 the team trained hard but Birchfield won at Alderley Edge and again at Stratford-on-Avon Racecourse, next year our local rivals, Mitcham A.C. won it back for the South at Reading. However, in 1939 on a muddy course near Manchester we gained our second National win. During the summer Bert took part in and won many road races and figured in our track teams, who regularly won Open Team Races over two and three miles - a feature of the Open Handicap meetings which were very popular. He also competed in the A.A.A. Six Miles Track Championship, and in 1936, was first reserve for G.B. team for the 10,000 metres at the Berlin Olympics.

He turned his attention to the Marathon and prepared himself with his usual thoroughness for the 1939 Poly Marathon. Third to arrive at Chiswick Track was a very tired Footer, and the vocal encouragement of Club Supporters helped him over an agonising lap of the track.

In September World War II started and he joined the Royal Marine Commandoes - whose tough training must have appealed to him. He was in some tough assignments and when the war ended he resumed his running. The first post-war National, held at Leamington in 1946 saw us win again, but he was not in the scoring team. Next year the Lancs. Club Sutton H. pushed us into second place over a snowbound course at Apsley, (Herts) but next year at Sheffield we won again. After a long distinguished career as a runner, he joined us in 1922, and as cross-country Captain and six years of war he was past his best and retired from the sport.

The Club honoured him by electing him an Honorary Life Member and a Vice-President. He was offered the Presidency but was unable to accept. A great pity - our best wishes to you Bert.

Gordon Doubleday

TUNES

Bill Merryman has spent a prolonged period in Kingston Hospital getting the nose fixed. Yes again! Visitors came from as far afield as Coventry and Liverpool to wish him well. He is now fully recovered and has been approached as a candidate for the next 'Tunes' ad.

TRACK AND FIELD

Winter is the close season for track and field. However, at the Club Dinner/Dance summer seemed nearer as Pan African sprint champion Ernest Obeng received the Tommy Green Cup for the third successive year.

During the winter, Bill Laws has been hatching a new Coaching Scheme. Supported by finance from both the Sports Council and Wandsworth Borough Council the Belgrave Masters Coaching Scheme as it is to be known, commences at Battersea Park on April 26th at Battersea Park. (See following report).

And sadly, as we go to press, we learn that Alan Mead has resigned as Sectional Secretary. Fortunately all the fixtures for the summer have been arranged and Alan has left things in good order. His replacement(s) have not been identified and all track and field members should contact their nearest committee members concerning training, events, appearances etc. During this difficult period we ask all potential competitors to use their initiative and make certain to keep in touch with officials who will be down at Battersea Park track on Sundays, Tuesdays and Thursdays.

NATIONAL RANKINGS

In the October 1980 issue we listed the track and field performances of our top athletes for 1980. Since then the U.K. 1980 rankings have been published and it is a pleasure to see more names than usual in the top placings. The following summarises these and we hope that in 1981 these performances will be bettered and more of our up and coming members will make their mark.

100 metres	(Senior)	2.Ernest Obeng	10.21	(Automatic)
200 metres	(Senior)	12.Ernest Obeng	21.23	(Automatic)
800 metres	(Senior)	15.John Gladwin	1:48.7	
	(Junior)	2.John Gladwin	1:48.7	
	(Youths)	1.John Gladwin	1:48.7	
1500 metres	(Youths)	4.John Gladwin	3:52.9	
		8.Stuart Paton	3:55.2	
Mile	(Junior)	3.John Gladwin	4:09.2	
2000m S/C	(Senior)	13.John Bicourt	5:49.0	
	(Junior)	5.Stuart Paton	5:53.5	
3000m S/C	(Senior)	21.John Bicourt	8:53.6	
Pole Vault	(Junior)	10.Mark Shippen	4:20	equal
Long Jump	(Senior)	18.Derrick Williams	7:38	
Decathlon	(Senior)	40.Snowy Brooks	6008	
20 km Walk	(Junior)	5.Richard Dorman	98:19	
10 km Walk	(Junior)	4.Richard Dorman	45:52	
3 km Walk	(Junior)	2.Richard Dorman	12:24.5	
		8.Kevin McDermott	13:28.1	
	(Boys)	6.Ian McDermott	15:19.8	
2 km Walk	(Boys)	11.Ian McDermott	10:24	

DECEMBER 26th 1980 - BATTERSEA PARK - BOXING DAY HANDICAP

3200 m Handicap: 1.P.Gardner (350,) 9.12; 2.N.Kirmatzis (275m) 9.16; 3.J.Smith (200m) 9.18; 4.M.Waller (175) 9.24; 5.T.Growney (Miss) (700) 9.33; 6.L.Coy (300) 9.35; 7.S.Holmes (325) 9.38; 8.A.Horton (350) 9.44; 9.D.Gordon (625) 9.46; 10.G.Flanagan (525) 9.47; 11.J.Plummer (750) 9.54; 12.Adam Horton (700) 9.58; 13.A.Byrne (425) 10.03; 14.W.Kerr (375) 10.32; 15.S.Pritchard (450) 10.34; 16.G.D'Alessio (800) 10.34; 17.S.Crosbie (600) 11.11; 18.A.Morrison (Guest) (400) 11.18; 19.P.Lyttle (850) 12.18.

110 m Handicap: 1.P.Gardner (18m) 11.8; 2.S.Crosbie (13m) 12.4; 3.P.Lyttle (1m) 12.5; 4.R.Hopkins (5m) 12.7.

Shot: 1.S.Crosbie (5.45m) 14.02m, 2.P.Lyttle (5m) 13.92m;
3.R.Hopkins (2.90m) 13.11m; 4.P.Gardner (5m) 11.73m.

GOOD START

Youngsters making a good track start are Paul Richley and Stuart Paton. On February 7th at Cosford Stuart came 4th in a 1500m in 4:06.8 while Paul ran 4:19.0. On March 22nd at the Palace Paul ran a p.b. 3000m in 9.05 while Stuart ran an excellent 2000m S.C. - a senior race in which he finished 2nd in 6:00.5. On April 11th Mark Sinclair ran a 4:20.0 1500m on a water-logged Battersea Park Track and on the following day Paul Richley ran 4:11.0 at Parliament Hill.

NEW COACHING SCHEME

THE BELGRAVE MASTERS COACHING SCHEME

We have been successful in attracting financial support of £500 from the Sports Council and £150 from the Wandsworth Sports Council to help get the new Belgrave Masters Coaching Scheme off the ground.

The scheme will run for 5 months starting on April 26th 1981 and will bring together top coaches and athletes covering all track and field disciplines. A tremendous response from our own club members has enabled a back-up team to be prepared so that coaching will be available on Sundays, Tuesdays and Thursdays throughout the summer.

MASTER COACHES

The participating Master Coaches are:

1. Malcolm Coomber - Battersea Park - Sprints, Hurdles, Flat Jumps.
Malcolm coaches our own Ernest Obeng. Southern Coach.
2. Mike Winch - Battersea Park - Throws.
Mike is the UK's No.1 field events athlete and is a National Coach.
3. Ron Wyld - Battersea Park - High Jump.
Coaches Ossie Cham. Southern Coach.

Also covering middle distance will be our own John Bicourt at Battersea Park and John Sullivan at Wimbledon.

Press and School coverage for the scheme has been good and we anticipate a large influx of new talent. It is planned to measure the performance of newcomers at regular intervals on the following days:

April 26th May 24th June and July

All meetings will start prompt at 10 a.m. on those Sundays. (More next time)

STOP PRESS

A small team has been established to supervise T and F following Alan Meads departure.

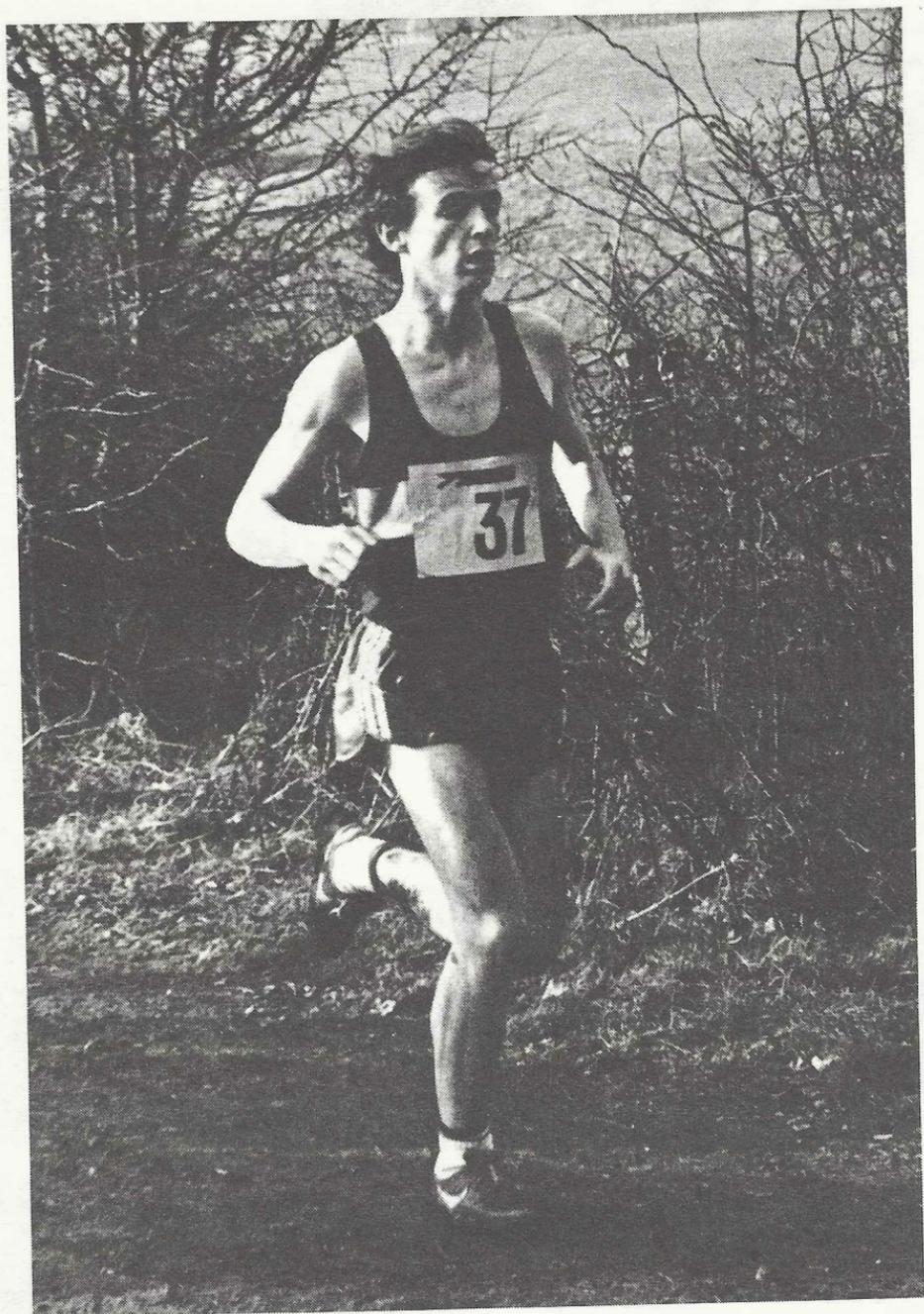
Leo Coy will look after bookings, travel, results.

Colin Pearson will card athletes for Southern League and Saturday Fixtures.

Peter Gardner will look after evening meetings such as the Rosenheim League.

Brian Pritchard will continue with Colts and Boys.

Telephone Numbers: Leo Coy 764 8056 Pete Gardner 771 0453
 Colin Pearson 788 6361 Brian Pritchard 761 3182



Above: Stuart Paton finished 9th Youth in the Scottish C.C. Championships.
Photo Kevin Sturman

Back Cover: New Zealander Graham Macky who has made an instant impact on our middle distance runners with some fine performances running to 35th place in the Southern C.C. Championships.

Photo Bill Laws

