



Above: Matt Douglas hands the baton to Will Sharman for the last leg of the last race - the 4 x 400m relay.

In this issue:

- 68 Track & Field
British Athletics League Match 1
- 69 UK Women's League Match 1
- 69 From The Belgravian – June 1938
- 70 Welcome
- 70 Results Roundup

Contributors in this issue: Eric Hall, Bill Laws, Alan Mead, Pat Mead

Track & Field

British Athletics League Premier Division, Match 1, Birmingham, 8 June 2008

What a difference a month makes

Traditionally the first match of the season has been in early May when cold weather inhibits attendances and drags down performances. The new later start to the season has the merit of avoiding other early fixtures and has the added benefit of longer days and warmer weather. And so it turned out this year with temperatures in Birmingham outdoing many Mediterranean sun spots.

Samson Oni - Olympic qualifying height

The League organisers were rewarded with a high class competition which produced a number of excellent performances, a host of pb's and one Olympic A standard performance from our own Samson Oni.

But for Belgrave the situation was not so rosy. At least twelve key A string men were unavailable and with a points

prediction of 281 our best hope was a solid fifth place. But even that was to prove optimistic. We started badly.

Our first three events, the hammer, pole vault and long jump were expected to yield just 32 points out of a possible maximum A and B string total of 84. Spearman James Everard insisted on vaulting for a point and cleared a height that would have proved a challenge for a competent limbo dancer. Add to that our B string long jumper had three fouls and the points amassed to a meagre 27. We were in seventh spot.

A rewarding day for Louis ... a season's best for William

But 2007 AAA's champion decathlete Louis Evling-Jones was at the start of a rewarding days work. First a pb in the A string long jump (7.38) then a 1.90m high jump which he had to curtail in order to race the B high hurdles earning an excellent third spot in another huge pb of 14.49 sec. To cap a good day's work he led off the long relay to hand over in second spot. And to add good points we had two of the best performances of the day as first Samson Oni decimated the high jump field to record an Olympic qualifying A standard height of 2.30m into a tricky headwind; he missed 2.33m by the narrowest of margins to promise even greater feats in the future. And just before this William Sharman posted a huge season's best to win the A high hurdles in 13.70 sec. Even more bouncy than usual he was rewarded with last leg in the long relay and to the surprise of everyone he held form to the line but was completely shattered in the process. He was silent for about 2 minutes afterwards which was another record. The sport needs more characters like William. In the 400m hurdles Matt Douglas made a return after a horrendous 18 months dogged by injury. Treating his first track outing as a training day he worked hard, adding the B400 and long relay to his schedule. Fortunately he emerged unscathed.

Jean-Charles Roghi made his debut for Belgrave in the B 400m hurdles and gained an encouraging fifth place.

Alex takes up the challenge

On the track Jon Blackledge moved down in distance to gain third spot in the A 800. Joe van de Toorn found himself in what was to be a faster race in the B 800m going through in 53 sec and predictably suffering from 200m out. He will have learnt a lot from that and will surely soon be reducing his best times. Steve Sharp left his surge in the 1500m too late but moved from sixth to second in the home straight while junior Nick Goolab, in his first BAL match, showed a similar turn of speed to be rewarded with a pb and third in the B race. Mark Pollard had been due to race the 1500 but moved up to the 5000m to cover a late withdrawal. Sadly the extra distance and heat took its toll and he drifted back after a forceful start. James Kelly held up better in the trying conditions to gain a creditable third in the A race. Steeplechasers are as rare as hen's teeth so youngster Alex Bodin has taken up the challenge and in his first race over the barriers clocked a creditable 10min13sec which should be suitably reduced in his next outing.



Dave Mason (11) and Alex Bodin tackle the steeplechase. It was Alex's first run over the barriers and his 10:13.07 will surely be reduced.

Fastest 100 of the day

The sprints provided much interest. Dwain Chambers ran the fastest 100 of the day in the non scoring A guest race which also saw the first appearance of Martin Blencowe who has just returned from studies in the USA. Jason Hussain won the B guest 100m and gained fourth in the match B 200m. Chris Lambert struggled in the A 200 and appeared to have an injury. He withdrew from the sprint relay and Jason stepped in to complete a quartet led off by Dwain Chambers which was pipped by a good Newham squad who ducked under 40 secs but nonetheless we recorded our fastest time for a number of years. The other sprint squad members James Ellington and Wade Bennett Jackson had earlier found the match 100's of high quality where fractions of a second meant the difference between first and last.

The throws failed to amass their usual number of points but it was good to see Scot Thompson adding to his total with good efforts in the shot, discus and javelin. Mark Allen made a welcome return after a break.

All in all a below par performance but at least it was one place better than the opening match last year.

100m: 7 J Ellington 10.54w/2.6; 2 W Bennett-Jackson 10.64/1.0; n/s 1Ra D Chambers 10.28/1.6; 3 M Blencowe 10.75/1.6; 1rB J Hussain 10.87/1.5. 200m: 4 C Lambert 21.14/1.4; 4 J Hussain 21.58/1.6. 400m: 8 R Thomas 49.63; 8 M Douglas 49.65. 800m: 3 J Blackledge 1:52.54; 5 J van der Toorn 1:55.57. 1500m: 2 S Sharp 3:50.61; 3 N Goolab U20 3:57.08. 5000m: 3 J Kelly 14:54.06; 5 M Pollard 15:22.05. 110mH: 1 W Sharman 13.70/-0.3; 3 L Eving-Jones 14.49w/3.2. 400mH: 6 M Douglas 53.35; 5 J-C Roghi 54.87. 3000mSC: 7 A Bodin 10:13.07; 6 D Mason 10:41.11. HJ: 1 S Oni 2.30 (=DR); 5= L Eving-Jones 1.90. LJ: 4 L Eving-Jones 7.38w/3.7; 3nj G Wilson. TJ: 5 G Wilson 14.66w/2.8; 5 D Wellstead 14.00/1.7. PV: 6 C Johnston 4.40; 7 J Everard 1.20. SP: 5 S Thompson 15.59; 3 M Allen 14.47. DT: 5 L Marar 49.97; 4 S Thompson 49.23. JT: 5 J Everard 60.14; 6 S Thompson 47.74. HT: 7 J Osazuwa 57.46; 5 M Allen 47.84. 4x100m: 2 Belgrave 40.39 (D Chambers, J Ellington, J Hussain, W Bennett-Jackson). 4x400m: 5 Belgrave 3:16.09 (L Eving-Jones 48.3, R Thomas 48.8, M Douglas 49.1, W Sharman 49.9).

Teams: 1 Newham & Essex Beagles 334.5; 2 Woodford Green with Essex Ladies AC 337; 3 City of Manchester 309; 4 Birchfield H 285.5; 5 Shaftesbury Barnet H 263.5; 6 Belgrave H 254.5; 7 Enfield & Haringey AC 235; 8 Windsor, SE&H AC 175.

UK Women's League Division Two, Match 1, Swansea, 8 June 2008

Slammed in Swansea!

The Belles were outgunned in the opening UK Women's Athletics League Division Two match, placing last of the eight teams. Once again it was a case of far too many being unavailable with the result that the team was very thinly spread.

But those that were there enjoyed themselves and there were some bright spots. Hannah Douglas set a personal best in the 400m hurdles - 58.43 for 2nd - and Michaela Hutchison was third in a closely fought 1500m. Jodie Favell placed 2nd in the B 400m hurdles in spite of becoming unwell overnight.

100m: E Horn 13.69/-3.1; 8 V Goodwin 16.45/-2.7. 200m: 8 E Horn 28.42/-2.4; 7 S Gailey 29.85/-1.9. 400m: 3 S Bovill 57.33; 6 S Gailey 66.40. 800m: 6 S Gailey 2:20.97; 5 V Goodwin 2:28.76. 1500m: 3 M Hutchison 4:31.61; 7 V Goodwin 5:41.34. 3000m: 7 Z Vail 11:13.53. 100mH: 5 H Douglas 14.75/-2.3; 6 J Favell 16.44/-2.7. 400mH: 2 H Douglas 58.43. 2 J Favell 65.15. JT: 5 J Favell 30.01; 5 H Douglas 28.28. SP: 7 E Horn 9.91. HJ: 8 J Fielden 1.50; 4= M Nestor 1.40. LJ: 7 M Nestor 4.62/-0.8; 5 J Fielden 4.61/-1.8. TJ: 3 J Fielden 11.23/-0.6; 4 M Nestor 9.21/-1.0. 4x100m: 8 Belgrave 51.8 (J Favell, H Douglas, J Fielden, M Nestor). 4x400m: 3 Belgrave 3:57.23 (M Hutchison, H Douglas, J Favell, S Bovill).

Teams: 1 Liverpool H 174; 2 Swansea H 173.5; 3 Milton Keynes AC 161; 4 Team Southampton 155.5; 5 Havering Mayesbrook 154.5; 6 Cardiff 149.5; 7 City of Glasgow 146; 8 Belgrave H 81.

From The Belgravian

70 Years Ago ... 1938

Our sport has always been long on tradition, no more so than when it comes to fixture lists. Spring saw the change from cross country to road relays while the walkers' thoughts turned to either the track or stretching out for the longer road races.

The June 1938 edition of the Belgravian reminds us of long gone fixtures, victims of "road rage". No longer are we tempted by the Colchester to Ipswich walk and the shrinking in numbers taking part has meant the loss of Championship races. On the track the Whitsun Inter Counties meeting, after the County Championships, was where a mark could be made and plans made for the range of handicap meetings or more AAA Championships.

All this was before the development of indoor athletics and the proliferation of the European circuit of meetings. 1938 was a European Championship year - the last before the war. Our leading 50k walker was Fred Bentley and the RWA Championship was held, on Whit Monday at Bradford, where the local race was of long standing (1903). Tommy Green had

notched up three wins in his prime but Harold Whitlock, of Metropolitan WC, had taken over the title of “King of the Road” by then. The Belgravian reported that Fred gave Harold a very hard fight and lost by only about 100 yards due, in part possibly, to Harold having knowledge of the course. Bels won the team title and Fred was selected for the Championships to be held in Paris on September 4th.

Early in April a 27 strong field tackled the 5 mile road run where experience, in the shape of Arthur Penny, triumphed over men who were to make their names over the coming years – Lucas, Len and Eric Herbert, and one who became “Mr Athletics” himself, Les Cohen. So far as the track was concerned these were days where Leagues were in their infancy but we took part in Open Meetings and Inter Club matches against strong opposition.

In May we took on London AC at their home ground, that great “home” of athletics the White City Stadium. Built in Shepherd’s Bush for the 1908 Olympic Games an inter club match must have been lost in a stadium capable of holding over 30,000. We lost by one point to the home club but were very satisfied with the early season effort. The first outing at Battersea Park was on May 11th (3 laps to the mile), where in the initial relays fixture we won all four events. Next up was a “Junior” match at Paddington Track with the “Gordon Stewart” match at Ealing two days later and we finished as first holders of the new trophy.

Middlesex County and Poly Harriers were the next opponents, plus TVH in a junior match. Late in May it was down to Kingston to take on Old Emmanuel AC and Old Tiffinians AC (my old school) who managed to win the match. Further afield we travelled to Reading for our first appearance in the “Evening Gazette” Trophy. Two coaches (motorised) were required to take team and supporters and after the meeting all were treated to tea where the Mayor of Reading presented us with the trophy which we gained by beating Highgate H by half a point. Not bad at a first attempt.

The list of forthcoming events included a high standard of meeting plus a number of open handicap meetings which meant so much in those days to the lower order of Club members. You could even plot how to work your handicap mark – if such was practised in those days? Shame.

EWH

Welcome

To the following new members who joined us during June:

Tom Crawford, pole vault
Ben Davies, sprints
Lisa Huebner, sprints
Graeme Hyett, road running, cross country and steeplechase
Kyle McCarthy, decathlon
Stephanie Smith, pole vault
Andrew Vassel, coaching

Results Roundup

Track & Field

May 2008

- 11 **Gloucestershire Champs., Cheltenham.**
Men. 400m: 1 R Preddy 49.0.
- 14 **Loughborough Uni. v Brunel Uni. v Combined Services, Loughborough.**
Men. 1500m: 5 P Burkart 4:01.43. HT: 2 J Osazuwa 54.15.
- 27 **Stadionfest, Königs Wusterhausen, Germany.**
Men. 110mH: 7 W Sharman 14.11/-0.8.
- 29 **Artur Takač Memorial, Belgrade, Serbia.**
Men. 100m: 4 C Lambert 10.80/-3.6.
- 30 **Anhalt 2008, Desau, Germany.**
Men. 110mH: 1rB W Sharman 13.96/0.0 (5h1 14.01/0.0). JT: 3 G Grobler 72.74.

- 31 **BMC Nike Grand Prix, Sportcity, Manchester.**
Men. 800m: 2rA G Oudney 1:48.61; 7rN N Speaight 1:50.14; 5rP P Burkart 1:53.94. 1500m: 3rA S Davies 3:43.53.
- 31 **Loughborough Uni. v Police v Army, Loughborough.**
Men. 800m: 4 P Burkart 1:55.19. 1500m: 2r2 J Fairbourn 4:07.94.
- 31 **Athletica Geneve EAP Meet, Geneva, Switzerland.**
Men. 200m: 2r2 C Lambert 20.90/0.5; 6r3 W Bennett-Jackson 21.93/-0.4. 400m: 2 D Gillick 45.65; 6r4 S Osho 48.80.
- 31 **Women's Southern League Division 2 (Seniors), Woking.**
Women. 100m: 3 J Fitzpatrick 14.8. 200m: 3 J Fitzpatrick 30.5. 1500m: 1 V Goodwin 5:14.1; 2 J Beecroft 5:59.7. LJ: 1 M Nestor 4.80. TJ: 1 M Nestor 10.50. SP: 1 B Heil 10.28. DT: 1 B Heil 32.24. JT: 1 B Heil 23.64. HT: 1 B Heil 40.49.
- 31 **Mid East Champs, Fayetteville, AR USA.**
Men. 1500m: 1h2 D Gauson 3:54.85.
- 31-1 **England Athletics Multi-Event Champs., Birmingham.**
Men. Decathlon: L Eving-Jones dnf (11.00/1.8, 7.18/1.5, 12.86, 1.94, 14.82/1.2, 36.80, nh, 53.02, -).

June 2008

- 1 **Bedford International Games, Bedford.**
Men. 100m: 7r1 T Gilling 11.20/-1.0; 1r2 I Akindele 11.01/-0.9; 1r5 J Ellington 10.47/0.2; 3r5 W Bennett-Jackson 10.57/0.2. 200m: 1r3 J Hussain 21.62/0.4; 2r4 J Ellington 21.37/0.0; 5r4 W Bennett-Jackson 21.64/0.0. 400m: 5r1 R Thomas 48.76. 400mH: 5r2 S Reidy 54.84. SP: 5 S Thompson 15.62. U20 DT: 1 B Morse 54.80.
Women. 400mH: 3r1 H Douglas 59.26.
- 4 **Watford Open Meeting, Watford.**
Women. 200m: 4r1 J Fitzpatrick U20 30.61.
- 4 **St. Mary's Classic, Twickenham.**
Men. 3000m: 8 S Sharp 8:07.9.
- 4 **Rosenheim League, Tooting, Match 3.**
Men. 100m: 2 C Minn 11.4; 6rA K Adjepong 11.9. 200m: 1 C Minn 23.0; 5rB K Adjepong 24.7; 7rB B Davis 25.4. 400m: 4 M Anukam U20 51.8. 800m: 3 M Humphrey 2:10.0. 1500m: 4 D Mason 4:24.7; 7 R Norville 4:37.3; 8 T O'Neill M55 4:47.6. 3000m: 1 W Cockerell 9:12.4. HJ: 2 D Mason 1.35. TJ: 1 D Mason 11.10. SP: 2 P Mayfield 9.97. DT: 3 P Mayfield 25.57. 4x200m: 2 Belgrave 1:36.3 (B Davis, M Humphrey, C Minn, M Anukam U20).
Match result: 1 Belgrave 66; 2 Herne Hill 60; 3 Serpentine 47; 4 Croydon H 43; 5 Striders of Croydon 35; 6 South London H 28; 7 Hercules Wimbledon 20.
Women. 1500m: 2 Z Vail 5:06.2; 3 V Goodwin 5:09.6; 6 J Beecroft 5:54.7.
Match result: 1 Serpentine 30; 2 Herne Hill 14; 3 Croydon 13.5; 4 Striders of Croydon 9.5; 5 South London 7; 6 Belgrave 6; 7 Hercules Wimbledon 3.
- 4 **Papaflessia, Kalamáta, Greece.**
Men. 100m: 1rC D Chambers 10.25/-1.3. 200m: 2rB D Chambers 21.07/0.7.
- 6 **Askina-2008, Kassel, Germany.**
Men. 1500m: 3 N Speaight 3:40.51.
Women. JT: 1 G Sayers 63.96.
- 7 **Venezilia Meet, Haniá, Greece.**
Men. 400m: 1rB D Gillick 45.78. TJ: 1 P Idowu 17.55/2.0.
- 7 **Men's Southern League, Division 4N, Thurrock.**
Men. 100m: 1 M Anukam 11.3; 1 B Davies 12.3; n/s M Peacock 12.2. 200m: 2 M Peacock 24.6; 1 B Davies 24.8. 400m: 1 M Anukam 52.2. 800m: 3 M Humphrey 2:08.4. 1500m: 5 M Humphrey 4:42.8. LJ: 4 C Privett M45 3.97. SP: 1 C Privett M45 10.32. DT: 1 C Privett M45 33.41; 1 M Peacock 26.76. JT: 1 C Privett M45 38.51. HT: 1 C Privett M45 44.58. 4x100m: 1 Belgrave 47.8 (B Davies, M Humphrey, M Peacock, M Anukam). 4x400m: 1 Belgrave 3:41.1 (M Humphrey 56.7, B Davies 57.4, M Peacock 56.0, M Anukam 51.0).
Teams: 1 West Suffolk 153; 2 London Heathside 119; 3 Belgrave 83; 4 Luton 78; 5 Southend 46.
- 7-8 **Arles International Decathlon, France.**
Men. 9 K McCarthy 7492 (11.40w/3.6, 6.98w/5.3, 13.95, 1.96, 50.95, 15.30w/2.4, 41.13, 4.55, 55.67, 4:37.49).
- 11 **Loughborough v East Midlands v Achilles, Loughborough.**
Men. 1500m: 1 P Burkart 3:59.17; 3 J Fairbourn 4:03.73.
- 12 **Golden Spike, Ostrava, Czech Republic.**
Men. 400m: 2 D Gillick 45.65.
Women. JT: 4 G Sayers 63.66. 400mH: 7 M Carey 57.40.
- 14 **Gouden Spike, Leiden, Netherlands.**
Men. 110mH: 2 W Sharman 13.93/1.3; 2r2 W Sharman 13.96w/3.0.
- 14 **BMC Elite Meeting, Watford.**
Men. 800m: 3rA G Oudney 1:48.45; 3rD P Burkart 1:53.93. 1500m: 7rA S Davies 3:42.80; 13rA J Blackledge 3:45.10; 11rC M Pollard 3:51.67; 11rD N Goolab 3:54.60.
- 14-15 **SEAA Champs., Crystal Palace. (14=a, 15=b)**
Men. 100m: a 1 D Chambers 10.24/-1.5 (1s3 10.40/-1.1, 1h1 10.31/-2.0); 4 W Bennett-Jackson 10.64/-1.5 (1s4 10.56/0.8, 1h9

10.66/-1.6); 6 J Ellington 10.75/-1.5 (2s1 10.65/?, 1h7 10.88/-1.1); 6h5 S Marcus 12.00/-2.7. 200m: b 6 J Hussain 21.68w/2.6 (3s1 21.38w/2.5, 1h2 21.47/1.9); dq J Ellington (1s1 21.06w/2.5, 1h2 21.66w/2.5); 6s2 I Akindele 21.77/nwi (3h5 22.06/0.6); 8h2 M Peacock 24.56/1.9; 8h5 S Marcus 24.81/0.6. 400m: b 6 S Osho 48.20 (a 2s2 47.80, 3h4 48.58); 8 R Thomas 48.77 (a 4s1 48.60, 2h3 49.19). 800m: b 4 J van der Toorn 1:53.45 (a 2s2 1:55.08, 2h3 1:56.23). 5000m: b 13 J Fairbourn 15:31.91; dnf W Cockerell. 400mH: b 8 S Reidy 54.64 (a 4s2 54.45, 3h1 55.57); a 8s1 C Minn 56.04 (6h4 56.37); 5s2 J-C Roghi 54.76 (3h3 55.46); dns M Douglas (2h2 54.43). 3000mSC: a 9 D Mason 10:48.49. LJ: a 2 G Wilson 6.84 (-0.6); 3 A Phillips 6.83 (0.0); 9 D Wellstead 6.34/0.5. TJ: b 3 G Wilson 15.13/1.4; 4 D Wellstead 14.57/1.7.
U20 Men. LJ: b 6 K Adedoyin 6.66/-0.4.
Women. 800m: b 1 M Hutchison 2:08.66 (a 3h2 2:14.21). 1500m: a 15 V Goodwin 5:32.03. 400mH: b 4 H Douglas 60.18 (a 2h2 59.90). LJ: b 7 R Hatch 5.08/-1.2. TJ: a 8 R Hatch 11.52/1.8)

15 **Welsh Champs., Swansea.**
Men. SP: 2 B Morse U20 14.87. DT: 1 B Morse U20 53.60. HT: 1 M Richards 57.27.

15 **Janusza Kusocinski Memorial Meeting, Warsaw, Poland.**
Men. 1500m: 4 N Speaight 3:39.56.

18 **TNT Fortuna Meeting, Kladno, Czech Republic.**
Men. Decathlon: 8 K McCarthy 7311 (11.69/-1.9, 6.73/0.7, 14.38, 1.98, 51.02, 15.74/-0.1, 40.50, 4.45, 59.24, 4:47.43).

18 **BMC Gold Standard Races, Watford.**
Men. 800m: 4R N Speaight 1:49.19; 7A T Bayley 1:49.85; 9 J Blackledge 1:50.89.

18 **Rosenheim League Eastern Division, Match 4, Tooting.**
Men. 100m: 1 J Hussain 10.8. 200m: 1 J Hussain 21.5. 400m: 1 M Anukam U20 50.9. 800m: 4 M Humphrey 2:14.1. 1500m: 5 (scoring 4) D Mason 4:28.9; 8 R Norville 4:40.7; 12 T O'Neill M55 4:48.7; 13 E Smith 4:49.6. 3000m: 4 (scoring 3) M Trees M45 9:17.9; 6 G Lander 9:42.5. 400mH: 1 D Mason 67.7. LJ: 1 D Wellstead 6.29. PV: 1 J Everard 2.20. SP: 2 R Collier 11.61; 3 P Mayfield 10.15; 5 J Everard 9.50. JT: 1 J Everard 54.79; 4 D Wellstead 41.93; 5 P Mayfield 39.40. 4x200m: 4 (scoring 3) Belgrave 1:44.9 (P Mayfield, R Collier, J Everard, M Anukam). Teams: 1 Belgrave 73; 2 Herne Hill 61; 3 Hercules Wimbledon 55; 4 Croydon H 49; 5 Striders of Croydon 33; 6 Serpentine 28; 7 South London 22.
Women. 200m: 3 V Goodwin 30.6. 800m: 2 V Goodwin 2:29.5. 1500m: 1 Z Vail 5:10.0.
Teams: 1 Serpentine 32; 2 Croydon H 25; 3 Striders of Croydon 11; 4 Belgrave 5.

21 **Europa Cup, Group A, Leira, Portugal.**
Women. 400mH: 2 M Carey 56.64.

21 **LICC, Ashton Playing Fields, Woodford Green.**
Men. 110mH: 2 W Sharman 13.73w/3.0.400mH: 2 JC Roghi 54.4. LJ: 1 A Phillips 7.03w (6.77).

21 **Herne Hill H Open Meeting, Tooting.**
Men. 400m: 1 M Anukam U20 51.0; 4 M Peacock 54.0. 800m: 4 R Norville 2:11.9.

21-22 **Europa Cup, Annecy, France.**
Men. HJ: a 5 S Oni 2.20. TJ: 1 P Idowu 17.46/0.5.
Women. JT: a 4 G Sayers 57.76.

21-22 **England Athletics U20/U23 Champs., Bedford.**
U23 Men. 100m: a 5 W Bennett-Jackson 10.82/-0.4 (2h3 10.82/-0.8); 6 M Blencowe 10.84/-0.4 (2h1 10.88/-1.4). 200m: b 3h3 J Hussain 22.36/2.0. 400m: b dns S Osho (a 2s2 47.79, 2h3 48.48); 5s2 R Thomas 48.60 (3h1 48.72). 800m: a 7h1 J van der Toorn 2:00.36. HT: b 7 M Richards 54.85.

23 **SCVAC League, Battersea.**
Men. 1500m: n/s T O'Neill 4:52.0. DT: n/s C Privett 33.81. U20 Men. TJ: b 5 K Adedoyin 14.50w/4.9. SP: 6 B Morse 15.75. DT: 1 B Morse 55.30.

24 **Andalucia GP, Jerez de la Frontera, Spain.**
Men. 1500m: 16R N Speaight 3:43.65; 3R S Davies 3:41.46. TJ: 2 J Kapek 16.49/-0.1 (16.68/0.0).

25 **Corby Open Meet, Rockingham.**
Men. 110mH: 1 W Sharman 13.6.

25 **RAF Champs, Cosford.**
Men. JT: 1 T Dobbing M40 54.94.

27 **Meeting Lille Metropole, Villeneuve d'Ascq, France.**
Men. 400m: 1r2 D Gillick 45.12 (Irish National Record). HJ: 3 S Oni 2.18

28 **Men's Southern League Division 4 (N), Battersea Pk.**
100m: 1 I Deeth 11.7; 1 K Adjepong 12.1. 200m: 1 I Deeth 23.3; 1 K Adjepong 24.1. 400m: 1 M Peacock 54.6; 2 M Humphrey 58.5. 800m: 2 M Humphrey 2:11.3; 1 R Norville 2:12.0; n/s E Smith 2:20.2. 1500m: 1 J Fairbourn 4:22.9; 1 R Poulter 4:40.5; n/s R Norville 4:46.9. 5000m: 1 J Fairbourn 16:21.6; 110mH: 1 P Beaumont 24.4. 400mH: 1 P Beaumont 72.3. 4x100m: 1 Belg 52.1. HJ: 1 I Deeth 1.45; 1= P Beaumont 1.00 LJ: 1 A Phillips 6.65/+1.5; 3 C Privett 3.68/+1.7. TJ: 2 C Privett 7.46. SP: 1 C Privett 10.84; 1 P Beaumont 6.44. DT: 1 M Peacock 27.28; 1 R Poulter 20.10. JT: 1 M Peacock 40.59; 1 C Privett 28.83. HT: 1 C Privett 43.30.

1 Queen's Park H 162.5; 2 Belgrave H 150.5; 3 Serpentine R 85; 4 London AC 26; 5 Southend AC 5.

28 **Women's Southern League Senior Division 2, Battersea Pk.**
100m: 3 L Huebner 13.0; 3 J Fitzpatrick 14.6. 200m: 3 E Horn 28.2; 3 J Fitzpatrick 30.2. 400m: 1 S Bovill (Sutton) 57.0; 2 R Pile 58.3; 2 V Goodwin 64.7. 800m: 3 Z Vail 2:34.7; 1 V Goodwin 2:26.4. 1500m: 4 S Howard 6:03.1. 100mH: 1 E Horn 16.6; 2 S Howard 23.1. HJ: 2 S Wellstead (Sutton) 1.50; 4 S Howard 1.20. LJ: 1 S Wellstead (Sutton) 5.77; 4 S Howard 3.77. TJ: 1 S Wellstead (Sutton) 11.19. PV: 1 S Smith 3.20. DT: 4 V Goodwin 16.88; 1 S Wellstead 26.80. JT: 2 E Horn 31.70. 4x100m: 3 Belgrave 55.0.
1 Sutton & Dist 112.5; 2 Havering Mayesbrook 102.5; 3 Met Police 58; 4 Belgrave 40.

28 **Herouville-St. Clair, France.**
Men. 110mH: 2 W Sharman 13.68/0.8 (2h1 13.74/0.6).

28 **BMC Grand Prix, Solihull.**
Men. 800m: 3R S Davies 1:49.32; 7R G Oudney 1:50.35; 5R E J van der Toorn 1:53.46; 1R P Burkart 1:52.68. 1500m: 4R T Bayley 3:44.25; 17R C M Pollard 4:03.29; 9R D N Goolab 3:57.18. Women. 800m: 4R M Hutchison 2:08.47.

28 **Nivelles, Belgium.**
Men. 100m: 3 J Ellington 10.61/0.2 (2h1 10.63/-1.1). Women. 400mH: 3 H Douglas 58.63.

28 **Biberach Weltklasse, Germany.**
Men. 100m: Series 2 1r1 D Chambers 10.06/0.4 (series 1 1r2 10.14/0.7); 7r2 W Bennett-Jackson 10.58/0.0 (3r1 10.44/1.1). 1500m: 2 N Speaight 3:40.48; 10 J Blackledge 3:43.45.

28-29 **CHTS Ile de France Seniors, Anthony, France.**
Men. 400mH: b JC Roghi 54.17 (a 3h2 54.41).

30 **Pavel Pavlov Memorial, Sofia, Bulgaria.**
Men. 100m: 2 D Chambers 10.05/0.6.

30 **Wandsworth Open Meeting, Battersea Park.**
Men. 200m: 5r3 M Peacock 24.53/0.6.
Women. 100m: 4r1 J Fitzpatrick 14.53/1.1; 4r2 J Fitzpatrick 14.6.

Race Walking

May 2008

4 **YAG & RWA 5k Champs., Victoria Park.**
Men. M O'Kane (Coventry) 23:19; 4 A Wright U20 24:39.

24 **Surrey Veteran Champs., Kingsmeadow.**
Men. 3k: 1 C Lawton M60 16:50.3.

25 **BMAF Champs., Oxford.**
Men. 10k: 1 M Williams (Tam) 46:00.00; 4 J Hall M55 53:58.80.

27 **VAC 5 miles, Battersea Park.**
Men. M Easton (Surrey WC) 38:44; 5 C Lawton M60 47:58; 8 P King M55 49:06.

June 2008

14 **Moulton 5 miles.**
Men. 1 N Silvester (Aldershot F&D) 39:16; 33 M Graham M60 54:22; 39 E Hall M75 57:33.

15 **8th EAA Leamington Grand Prix, Leamington.**
U20 Men. 10k: 1 H Pohle (Germany) 43:42; 7 A Wright 50:39.

21 **LICC, Ashton Playing Fields.**
Men. 3000m: 1 C Cantona (Southend) 15:22.00; 3 C Lawton 16:41.62.

24 **VAC 5 miles Champs., Battersea Park.**
Men. 1 N Silvester (Aldershot F&D) 38:59; 4 J Hall M55 42:05; 16 C Lawton M60 46:50; 18 M Culshaw M40 47:58; 19 M Scammell M50 48:10; 26 P King M55 49:14.
Women. 1 E Viljoen 42:20; 2 M Noel W40 50:03.

28 **SRWA 20km, Basildon.**
Men. 1 I Richards (Steyning) 1:52:04; 3 J Hall M55 1:56:54.
Women. 1 M Noel W40 2:10:27.

Road & Country

April 2008

30 **Lever Park 10k, Rivington.**
Men. 1 P Freary M40 33:57.

May 2008

13 **TVARC Summer 5k, Wargrave.**
Men. 1 M Trees M45 16:29.

27 **TVARC Summer 5k, Burnham.**
Men. 1 M Trees M45 16:42.

30 **Serpentine Last Friday 5k, Hyde Park.**
Men. 1 D Dickinson (Havering) 15:47; 42 P Marsh M55 19:21.

31 **Richmond Park 5k Time Trial.**
Men. 1 P Gordon (unatt) 17:43; 6 T O'Neill M55 18:37.

June 2008

1 **Poole 10k.**
Men. 1 W Chinhanhu (Poole) 29:59; 9 K Tadesse 32:42.
Women. 1 B Dagne 33:25.

1 **Dorking 10 miles.**
Men. 1 B Whitby (WSE&H) 53:28; 5 L Greatorex 55:47; 33 M Webb M40 1:01:26; 101 P Cross M50 1:07:59.