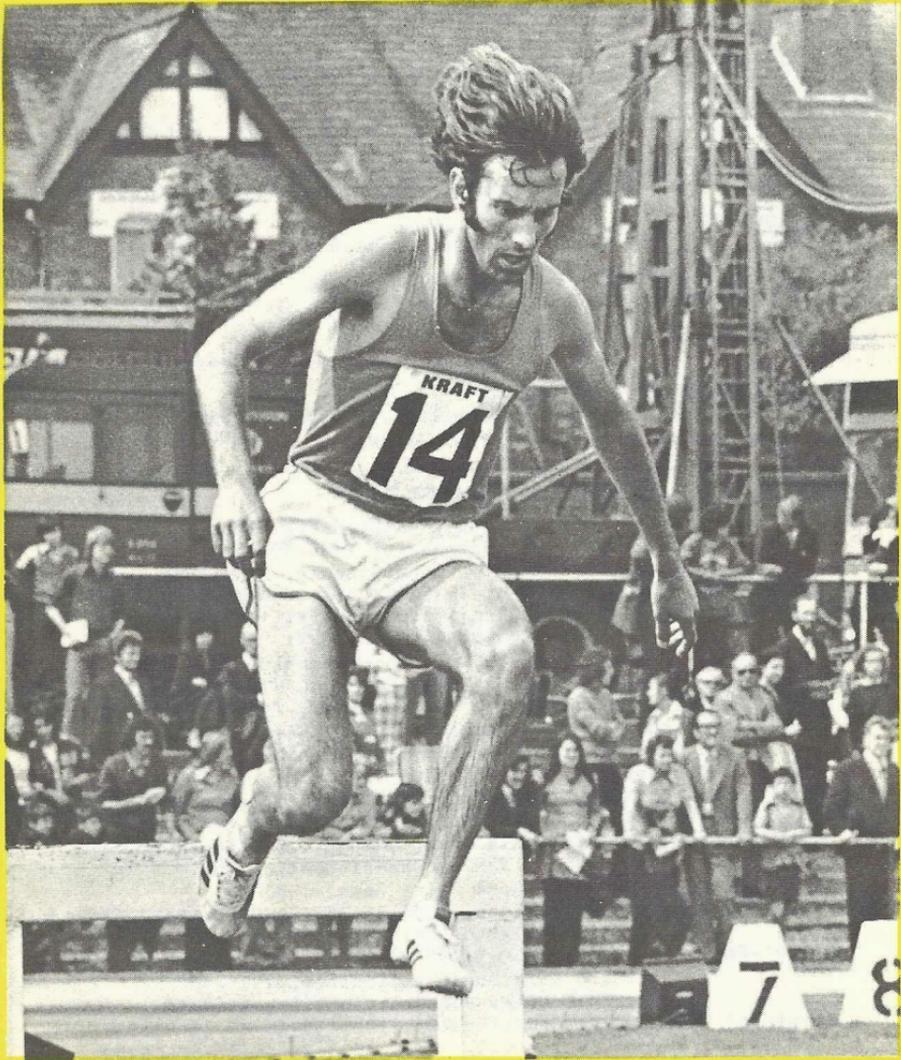


THE

JUNE 1973

BELGRAVIAN



the official gazette of belgrave harriers •

OFFICERS AND COMMITTEE

GENERAL HON. SECRETARY

Peter Hilliar, 22 Allington Drive, Tonbridge, Kent. (07322-64168)

HON. TREASURER

John Baker, c/o Belgrave Hall, Denmark Road, Wimbledon, S.W.19 4PG

ASSISTANT HON. SECRETARY

H.J.Satchell, 28 Beverley Way, W.Wimbledon, S.W.20 (01-942 3187)

MEMBERSHIP HON. SECRETARY

F.R.Webb, 50 Longford Avenue, Southall, Middlesex.

CROSS COUNTRY AND ROAD RUNNING HON. SECRETARY

Gordon Biscoe, 34 Pans Way, Ewell, Surrey. (01-393 4433)

TRACK HON. SECRETARY

Philip Gee, 12 Jedgeburgh Street, London S.W.11 (01-228 4578)

FIELD EVENTS HON. SECRETARY

W.Couzens, 13 Alverstone Avenue, London S.W.19 (01-946 7490)

WALKING HON. SECRETARY

P.L.Duncan, White Cottage, Oad St., Borden, Nr. Sittingbourne, Kent

JUNIOR HON. SECRETARY

R.Hopkins Snr., 10 Brunswick Court, London S.E.1 (01-407 6535)

COACHING HON. SECRETARY

A.D.Pyer, 55 Muncaster Road, London S.W.11

HON. SECRETARY SUPPORTERS CLUB

L.J.Cohen, 34 Lower Kenwood Avenue, Enfield, Middlesex.

ELECTED COMMITTEE

A.Bruce, A.Callow, B.Gorman, R.Hamilton, A.J.Heathfield, C.E.Manning
D.Macmillan, C.Pearson, J.Rimmer, K.Stimpson.

WINNERS

- A.A.A. Sprint Relay Championship, 1954
- English C.C. Championship, 1935-39-46-48
- National Road Walking Championship, 20 Miles,
1924-25-28-29-38-39-52-54-57-60-69-70
- National Road Walking Championship, 10 Miles,
1947-48-57-58-59-60-63-70-71
- R.W.A. 50 Kilometres Championship,
1934-35-36-38-51-56-57-58-60-61-64-66-67-68-69-70
- R.W.A. 20 Kilometres Championship, 1968-69-73
- Southern Counties C.C. Championship, 1934-46-48-49-52
- A.A.A. Junior Sprint Relay Championship, 1965
- Southern Counties Sprint Relay Championship, 1953-60
- Southern Counties Junior C.C. Championship, 1935
- R.W.A. Junior Championship, 1920-22-30-33-36-38-39
- Southern Garnet Cup Walk Championship, 1953-56-64-68-71
- R.W.A. 5 Miles Junior Championship, 1958
- National Road Relay Race, 1951
- London-Brighton Relay Race, 1934-35-36-47-48-49-51-52-63
- London-Brighton Walk Team Race,
1921-24-27-29-32-34-37-50-54-56-57-58-61-62-65-67-68-69-70
- Southern Marathon Championship, 1955-58
- Southern 20 Miles Run Championship, 1969-70
- South of Thames C.C. Championship, 1929-36-46-48-49-51-55-64
- South of Thames Junior C.C. Race, 1925-28-46-47-50-66-69
- Southern Junior Sprint Relay, 1949-52-65
- "Sward" Field Events Trophy, 1956
- Surrey Cross Country League, 1966-67-68-69-70-71
- Surrey Junior Cross Country League, 1968-70
- 76 Surrey County Relay/Team Championships

THE BELGRAVIAN

JUNE 1973

NUMBER 181



FOUNDED 1887

President.

C. Shippen.

General Hon. Sec.

P. B. Hilliar,
22, Allington Drive,
Tonbridge, Kent.

Hon. Treasurer.

J. V. Baker,
c/o Belgrave Hall,
Denmark Road,
Wimbledon SW19 4PG.

Hon. Editor.

A. R. Mead,
17, High Ashton,
119, Kingston Hill,
Kingston upon Thames,
KT2 7QL.

COMMENT

The International Track Association's professional athletic circus seems to have got off the ground in the United States in spite of one or two set backs but the organisers still appear to be searching for some really outstanding performances to set things alight. There is no doubt that although things are slowly changing in amateur athletics in Britain, we could still do with a lot more showmanship and presentation to attract and keep the public's interest. However, when one hears stories of the athletes in the ITA not breaking their professional records by too much each time out, because they will find it that much harder to earn their bonus next time, then one feels sure that the touring athletic circus is not the "be all and end all" of professional athletics.

What is unfair is that men and women in the higher echelons of our sport spend hours every day, winter and summer, to become the best, and yet are not allowed to defray their losses by endorsing products or accepting reasonable expenses.

Athletics at Wembley before the F.A. Cup Final was a great idea and was appreciated by the crowd and TV viewers alike. Now, shouldn't those who took part

receive some material benefit for their efforts, like their footballing brothers who took the field afterwards.

★ ★ ★

Youngsters are becoming interested in sport at an earlier and earlier age and we welcome with open arms those lads that have shown an interest in athletics and have joined Belgrave Harriers. Please remember though that you have years ahead of you so take things steadily and enjoy your new activities. It is inevitable that you will meet in competition boys some years your senior and you will be beaten. Don't be disheartened. Your time will come and your natural growth and increasing strength will see you through.

*** IN THIS ISSUE ***

Grapevine	4	Keep Politics out of sport	28
President's Pars	7	Youths & Boys	30
Track & Field	10	Road & Country	38
Walking	18		

Cover photo by Ron Linstead: John Bicourt, representing Surrey, on his way to 2nd place in the Inter-Counties Meeting at Warley. His 8:42.8 shows that he is already heading towards top form and he endorsed this on 3rd June with a 3:50.4 for 1500m, running for the Southern Counties AAA

grapevine

- Whenever professional soccer managers hit the headlines there are many Belgravians who grimace and hope that a career in the limelight will not eventually attract our Manager cum Cross Country and Road Running Secretary GORDON BISCOE. Fortunately Gordon's soccer interests at the moment only extend to the occasional appearance in his firm's colours. They recently took on a team of girls and were thrashed 2-0 !
- Many will remember our Club Record holder GERRY LeROY, one of our outstanding squad of quarter-milers in the late 50's/early 60's. He is still running 400 metre races - and good ones. A win in the Kent County Championship in 50.7 earned him a run in the Inter-Counties meeting.
- Time and again it is proved that advancing years are no excuse for a falling off in ability. Our evergreen walker DAVE McMULLEN was recently selected to represent Surrey at the age of 53.
- Congratulations and best wishes to DOUG. JARDINE and his new wife CAROL on their recent marriage. The sneaky so-and-so didn't tell anyone until it was all over but we won't hold it against him.
- Next Sunday when driving home from your training session, why not tune in to Radio London on 206 metres. CHARLIE GILLETT our Track Vice-Captain presents his weekly rock 'n' roll programme from noon until 1pm. Charlie is not our only representative on this station by the way. You may be lucky (?) enough to hear 'news-hound' TOM POLLOCK giving a round up of athletic results during the sportsnews, or even DAVE McMILLAN on the traffic reports.
- MEL FORD is another to have an interesting job. He is a member of the Special Air Service and spends a good deal of his time skiing, free fall parachuting, etc. No wonder he keeps so fit.
- Our President and past Hon.Editor CLIVE SHIPPEN couldn't keep his literary talents suppressed for long. He has become the Editor of a new quarterly publication 'Veteris', the magazine of the Association of Veteran Athletes. Athletics for veterans seems to be becoming more and more popular and 'Veteris' is sure to give this branch of our sport an even greater boost.
- The globe-trotting CHRIS STEER is off again to the United States shortly and hopes to be in Los Angeles in time to see Laurie O'Hara run in the U.S.Masters Meeting. As we bade him farewell in the pouring rain after the Club 10,000 metre Championship one could only feel envy as he called out to those who will be going to the meeting, "See you in California".
- When it comes to buying your shoes, bags etc. don't forget to call in at the friendly sports shop down in Kingston Road, South Wimbledon. W. & G. Hales, whose advertisement appears elsewhere in this magazine are sure to be able to supply just what you want - and there's discount too if you are a member.

CLUB CHAMPIONSHIPS

JULY 7th

HURLINGHAM PARK

Belgrave Promotions Inc. have arranged for perfect weather this year so come and enjoy yourself and see the Club stars in action . The Field Events start at 2.30 pm and the Track Events at 3.00pm. To get there consult the A - Z page 75 - its only 10 minutes walk from Putney Bridge Station.

Championship events are as follows:- Seniors - 100m, 200m, 400m, 800m, 1500m, 3000m Steeplechase, 3000 metres Walk, High Jump, Long Jump, Triple Jump, Shot, Discus, Javelin. Juniors - 100m, 200m, 400m, 800m, 1500m, High Jump. Boys - 100m, 800m, High Jump.



WELCOME TO THE FOLLOWING NEW MEMBERS.

Ronald M. R. Ellis Running
 Andrew D. Fairweather
 Paul A. Fairweather
 Anthony R. Steyning 2nd claim
 Peter Wileman Running
 Denis McManus Hon. member
 David Couzens.. Running & F.Events
 F. W. Shettle.. Running & F.Events
 Roy J. Montague Running
 David K. N. Jones Running

Paul A. Churchley Running
 Sheik Wahab Field Events
 Andrew J. Vallance .. Field Events
 Stephen G. Lane Running
 Simon L. Pickering Running
 Sydney R. Wragg
 Daryl E. Stroud Walking
 Martin Dempsey. Running & F.Events
 David Moulder Field Events



Back row: E.Gordon, H.Fearn, A.W.Godfrey, A.D.Pyer, J.J.Crichton, W.H.Hare, - ,
 J.F.Satchell, M.E.O'Dell, R.R.Fielder.
Centre: R.J.Jones, - , - , C.Barrington, L.C.Smith, - , G.Webb, H.Evans, - , - .
Front: H.E.Footer, - , - , J.R.McKay, J.N.Catten, A.Mackenzie, - , A.E.Macher,
 W.D.Pritchard, - .

PRESIDENT'S PARS

Saturday, May 12th, was a particularly successful day for Belgrave Harriers with wins being recorded at all points of the compass. I was at Victoria Park in East London where, on a beautifully sunny day, the claret and gold shone forth to produce a display of team packing which was truly invincible. To see five Belgravians finish between 11th and 18th in a National Championship was indeed meritorious and underlines our continuing strength in this field of our activities.

Meanwhile, well to the West of London our track and field team were engaged in their opening Southern League fixture at Oxford. An excellent turn-out and some good performances saw us run away to the highest score of the day. Not to be outdone, our road runners were far to the South busily annexing the Chichester to Portsmouth '16', with Bill Weller, Pat O'Connor and Trevor Hart carrying the colours at this venue. Despite all that success, we still had Laurie O'Hara spare to skate away with the Veteran's 10 mile championship in Richmond Park. May we have many more such days in store.

☆☆☆

When that great Belgrave walker Harry Churcher died on 24th June 1972 he left behind a unique collection of medals - a collection which spanned 20 years from 1932 to 1952 and included complete sets of A.A.A. track championship medals at 2 and 7 miles besides numerous National and International awards.

Mrs. Churcher has most generously handed these to the Club and it was your Committee's wish that these should be held in trust for her. At the last meeting of your Committee it was agreed that the medal collection of this great Belgravian would be mounted in a wall case and displayed in the clubroom so that, in the words of Mrs. Churcher, "they will perhaps help to inspire the younger members of the Club and popularise the art of Race Walking still further".

☆☆☆

What a joy it was to be at Wimbledon Park Track all day on Sunday, May 13th. Yes, all day! I was not training you appreciate, simply present at an occasion which brought together over 60 unattached youngsters between the ages of 8 and 14 years. In the morning they were all introduced, in groups, to each of the principal field events. That alone required 5 coaches and 5 helpers! But there were plenty more as well - no less than 6 timekeepers and 6 judges were on parade for the afternoon's running while the field event competitions were in full swing.

There is a strong spirit pervading through the Club at this time and if there are any doubters they would have done well to witness that day's programme. Our thanks go to Bill Couzens, whose brain-child it was, and to that large number of hard working helpers who saw it through. With each youngster receiving a certificate recording his performances at three chosen events we can feel satisfied that we were truly implementing Rule 4 of our Constitution - "The object of the Club shall be the encouragement of amateur athletics".

☆☆☆

The picture shown on the left hand page was taken no less than 51 years ago at Earlsfield. Price's candle factory at Battersea (now in the process of partial demolition) had a strong sports club and Price's A.C. had more than its fair share of Belgravians, though not all worked for the firm. The picture was taken on a training day and features several Belgravians, five of whom became Club Presidents. They were Teddy GORDON, Harry HARE, Jock McKAY, Harry EVANS and Micky PYER. If anyone can fill in the missing names I would be pleased to hear from them.

...continued on next page

We are saddened to hear that the Percy half of the stalwart Wilson brothers is seriously ill in Bolingbroke Hospital. Percy and Joe featured in our walking teams for many many years and I know that Joe will do all he can to keep the partnership going by conveying to Percy our best wishes for his recovery.

☆☆☆

I was very pleased to hear the many praises that were sung as a result of Belgrave's 5th place in the National Road Relay at Derby, particularly those that came from outside the Club. All will agree that we had a very sound and confident team. Indeed, our weakest link (if you could find one) was the strongest of any team on view, and each of the four teams that beat us had spells well to our rear. For over 4 hours of running we were always between 5th and 9th positions as the eventual medallists yo-yo'd around us. Birchfield needed four fastest stages and Coventry two to beat us, while our local rivals Hercules Wimbledon who had the most solid 'big six' on view could only squeeze ahead of us by 6 seconds to become first Southern Club. Bouquets to those who beat us, but if ever a team deserved a special medal this day it was ours.

☆☆☆

The Surrey County Championships at Motspur Park produced two sets of husband and wife champions. John and Judy Vernon took the men's long jump/women's hurdles double, while our own Carl and Barbara Lawton took the men's walk/women's high jump double. Barbara is now a regular supporter of our walkers. Perhaps our walkers will reciprocate when it comes to the Women's A.A.A. Championships!

Clive Shippen

Peter Dunne



It was an easy hurdle yesterday for Barbara Inkpen, only British girl to have cleared six feet. She is pictured negotiating a laughable height with her bridegroom, international race walker Carl Lawton, after their wedding at Farnham, Surrey

FROM THE BELGRAVIAN

25 years ago...

THE LONDON OLYMPIC GAMES 1948 we had the satisfaction of seeing three of our club members compete in the Olympic Games as members of the Great Britain team. Actually another member, E. Gailly, was a member of the Belgium team and put up a magnificent performance in finishing 3rd in the Marathon race. Will Nankeville also ran the "race of his life" by finishing 6th in the 1,500 metres final and when one looked through the list of those qualifying for the final, this was indeed a sterling performance.

Harry Churcher and Bill Lucas also performed well without actually "hitting the high-spots" and cannot be said to have let the team down, rather was it a question of our men being outclassed by the wealth of opposition they were up against.

and 40 years ago...

THE SOUTHERN AMATEUR ATHLETIC LEAGUE..... As Champions of Division I of this league, we have every hope of again distinguishing ourselves this season.

The first event of the season was held at Finsbury Park Track on May 6th, a team race at 3 miles, and we ran out easy winners, scoring 23 points to the 38 points of South London H., and 42 points of Herne Hill H. Our successful team consisted of A. Penny (2), C.T. Carter (6), H.E. Footer (7), A. Allum (8).

Unfortunately, this excellent start was not maintained, for in the 4 x 440 yards race held at Deptford Park on May 20th, we finished last of the six clubs. If we are to finish at the head of the league this season, we shall have to make amends in the remaining four events to compensate for this lapse.

At the moment we are placed third with South London Harriers and Herne Hill Harriers ahead of us. The next fixture is the 4 x 220 yards relay on June 10th at the White City Track.

Did you notice that at the Oxford Southern League Meeting not one of our track men finished below 3rd place and every one of them was wearing a club vest. Make sure you do not miss out on our new performance enhancing vests - get one now before they catch on. Also available are shorts (gold with claret side stripe) it is certain that those will one day be hailed as a more important breakthrough than the fibre-glass pole was.

Telephone Tom Carter (01-764 7725) or write to him at 50, Covington Way, S.W.16

Club vests	£1.05
Shorts	£1.20
Long sleeved vests	from £1.25
Track suits (Claret with Gold side stripe)..	
Lettering for track suits	£ .40
Vest badges	£ .25
Orders may be placed now for blazer badges.....	

TRACK & FIELD

We've made a pretty good start to the season and the morale of our team is second to none. Of course most clubs have to get their competitors to 'double-up' to cover all events in league type matches but the willingness of our lads to do this is really pleasing. In fact the whole team seems to be constantly aware of how we are doing pointwise during a meeting and are prepared to do anything to grab those few extra marks.

A little disappointing was our turn-out in the Surrey Championships. There is a trophy for the club with the most points scored throughout the whole championships including the relay meeting at Wimbledon Park and somehow we managed to get 3rd place. When you consider those of our number who didn't enter and the fact that the pole vault for instance had only one competitor (not from Belgrave) and was won in 9 feet odd, you will realise that we could swamp this meeting and carry away the 'goodies'.

Welcome to Dave Moulder, ex-marine Javelin thrower who was introduced to Belgrave by Cliff Brooks. Dave was Navy Javelin Champion in 1970 and is capable of throws over 200 feet. He has already competed for us in the Southern League Meeting at Oxford and threw 176 feet without training for almost two years. He is keen to get fit again and will add the much needed strength to this event.

Watch out Southern League ! Eric Barker is back and has already recorded good performances in the Hammer, Shot and Discus. Eric who really needs eight days in a week to fit athletics in with his working commitments will add to our field event strength by turning out as often as possible

Alan Mead & Bill Couzens

Track Captain

Field Events Hon. Secretary

MARCH 18th 1973 - CRYSTAL PALACE - BLACKHEATH WINTER MEETING.

1000m: 1. D.Wiseman 2:33.5. 2000mSC: 1. J.Bicourt 5:47.2.
300m Jnr 'B': 3. S.Beveridge 37.8.

MARCH 21st 1973 - CRYSTAL PALACE - SOUTHERN COUNTIES AAA OPEN MEETING.

800m 'A': 1. W.Leyshon (Cardiff) 1:55.0; 2. M.Darmody (London Irish) 1:55.7; 3. D.Wiseman (BELGRAVE H) 1:55.7.

APRIL 14th/15th 1973 - WIMBLEDON PARK - SURREY AAA CHAMPIONSHIPS PART 1.

4 x 100m 3. Belgrave H (M.Marshall, P.Gee, L.Sullivan, C.Brooks)
4 x 400m 4. Belgrave H (C.Brooks, P.Gee, A.Mead, D.Wiseman) 3:32.0

Pentathlon Jnr.

	R.Hopkins	S.Crosbie	
Discus	21.34m/260pts	21.92m/274pts	1. N.Wade (HHH)...2753pts
200m	24.4/608pts	25.0/555pts	2. G.Vose (Sy.B)...2679pts
Javelin	27.70m/289pts	38.94m/475pts	3. R.Hopkins (BEL).2431pts
L.Jump	6.47m/708pts	5.84m/568pts	4. S.Crosbie (BEL).2141pts
1500m	4:33.6/566pts	5:28.1/268pts	

APRIL 18th 1973 - WEST LONDON STADIUM - SOUTHERN COUNTIES AAA OPEN MEETING.

800m 'A': 1. J.Aldridge (Enf) 1:55.2; 2. D.Wiseman (BELGRAVE H) 1:55.9.
800m 'D': 1. A.Mead 2:05.1; 4. D.Baines 2:13.8

APRIL 28th 1973 - NORBITON - BANSTEAD COACHES TROPHY MEETING.

100m Snr: 3. J.Vivian 11.4. Jnr: 4. R.Hopkins 12.0. Yth: 4. C.Williams 12.7. 200m Snr: 3. C.Brooks 23.4. Jnr: 5. D.Cobb 29.9. Yth: R.McCrossen 25.1. 400m Snr: 4. P.Gee 53.1. Yth: 4. A.Ambler 59.3. 800m Snr: 4. A.Mead 2:05.6. Jnr: 5. D.Cobb 2:23.9. Yth: T.Staff 2:12.8. 1500m Snr: 2. D.Wiseman 4:07.4. Jnr: 3. S.Holmes 4:41.9. Yth: 5. P.North 5:02.7. 5000m Team Race: 2. B.Gorman 16:09.2; 7. D.Maughan 16:49.0; 12. D.Davies 17:08.0. 110mH Snr: 2. C.Brooks 16.2. Jnr: 1. R.Hopkins 17.0. 400mH Snr: 1. C.Gillett 58.1. Hammer: 2. W.Couzens 29:52m. LJ Snr: 1. C.Brooks 6.82m. Jnr: 1. R.Hopkins 6.07m. Yth: 1. R.McCrossen 5.65m. HJ Snr: 2. A.Bentt 1.70m. Jnr: 1. R.Hopkins 1.75m (Meeting Record). Yth: 4. S.Watts 1.14m. TJ Snr: 3. S.Holmes 10:53. Javelin Snr: 2. W.Couzens 41.68m. Jnr: 3. R.Hopkins 27.88m. Yth: 1.P.Crosbie 45:04m. Shot Snr: 2. C.Brooks 12.31m. Yth: 2. C.Williams 11.04m. Discus Snr: 3. C.Brooks 34.24m. 4 x 100m Snr: 1. Belgrave H 45.5.
 1. Mitcham A.C. 220pts; 2. Surrey A.C. 181pts; 3. Redhill & Reigate 178pts; 4. BELGRAVE H 166pts; 5. Sutton & Cheam H 99pts; 6. Dartford H 23 pts.

K.O'd. IN THE 1st ROUNDMAY 6th 1973 - WEST LONDON STADIUM - BRITISH ATHLETICS CUP.

One hundred clubs at sixteen venues throughout the British Isles were engaged in this first ever round of the British Athletics Cup with the first two clubs at each match to go on to the semi-finals, hoping to challenge for a place in the final at Crystal Palace in September.

It was thought that it would be touch and go whether we would survive and as it happened our rivals Hillingdon and Queens Park H. were far better suited to the one per event rule than ourselves, and even Blackheath got home ahead of us. Nevertheless it was a great opportunity to get our main track and field men together for the first time of the season and blow some of those cobwebs away.

Eric Barker produced three very promising efforts in the Hammer, Discus and Shot events and one looks forward to seeing him in action regularly throughout the summer. Talent with the power to exploit it is a rare combination. Another to score heavily was Snowy Brooks, although for him this was a rather quiet day as he only took part in six events including the relays.

Our only winner was John Bicourt whose 8:57.4 in his speciality, the steeplechase, was a particularly fine run for so early in the season. In the 5000m Laurie O'Hara sat in on Buchanan of Hillingdon until the final 80 metres when he leapt to the fore with his customary burst but surprise, surprise, the Hillingdon runner had more in hand and with a grin regained the lead, leaving Laurie with 2nd.

100m: 4. M.Marshall 11.5. 200m: 6. M.Marshall 23.7. 400m: 4. C.Brooks 51.4
800m: 3. D.Wiseman 1:57.0. 1500m: 3. J.Stow 4:01.2. 5000m: 2. L.O'Hara 14:39.8. 10000m: 3. G.North 32:35.2. 110mH: 6. C.Brooks 16.9. 400mH: 5. C.Gillett 58.4. 3000mSC: 1. J.Bicourt 8:57.4. LJ: 5. C.Brooks 6.62m. HJ: 3. R.Hopkins 1.80m. PV: 3. C.Brooks 2.44m. Discus: 4. E.Barker 34.84m. Hammer: 2. E.Barker 43.74m. Shot: 2. E.Barker 12.97m. Jav: 5. J.Martin 43.68m. 4 x 100m: 3. Belgrave 44.7. 4 x 400m: 4. Belgrave 3:31.7

1. Queens Park H. 110pts; 2. Hillingdon 110pts; 3. Blackheath 88pts; 4. BELGRAVE H. 85pts; 5. Highgate 73pts; 6. Herne Hill H. 67pts; 7. Dorking St. Pauls 25pts.

MAY 7th 1973 - CRYSTAL PALACE - SOUTHERN COUNTIES AAA OPEN MEETING.

400m 'B': 2. P.Gee 53.0; 6. A.Mead 54.7. 1500m 'B': 2. C.Pearson 4:09.5;
 5. D.Young 4:19.4. 1500m BMC Inv.: 5. D.Wiseman 4:03.3. 1500m Vets: 1.
 C.Shippen 4:18.8. 3000m: 7. R.Smith 8:46.6; 8. W.Kerr 8:50.2.

Great start to SOUTHERN LEAGUE DIV. 1MAY 12th 1973 - IFFLEY ROAD, OXFORD.

What a glorious start to the 1973 Southern League Division I meetings this was. In the tranquil surroundings of Oxford, at the Iffley Road track where Roger Bannister took man into the sub 4 minute mile era, Belgrave were inspired to a great win. Our team excelled on the field and the cinders and many of our 'A' string men found themselves involved in a healthy struggle to keep our 'B' string athletes at bay. When the time came for the final tally, our score of 140 points proved to be the highest of the day throughout the League - so we proudly headed the tables after the first fixture and additionally took home the 'Shuttleworth Trophy', put up by Oxford City A.C. for the winner of their home meeting.

John Bicourt's 5000m/1500m stint was a particularly good effort one feels but for sheer grace and power, the running and jumping of Steve White had no comparison, times not meaning a great deal in the windy conditions. Snowy Brooks and Arnold Bentt each contributed a handy 15 points as they dashed from one event to another, the former also running in both relays where we gained maximum points, our team in the 4 x 400m being kind enough to give him a 100m lead on the last leg, allowing him a casual circuit in 57 seconds!

For determination and courage however, the kudos must go to Colin Pearson for his 'guttty' finish in the steeplechase. Entering the finishing straight, in this one of the toughest events, he was 20 metres down on the leading 'B' runner yet somehow got to the line before him. As one watched him struggling to recover as he knelt beyond the finish one could only feel pride in the whole team and pleasure in being one of its number.

	'A'	'B'
100m	1. S.White 10.9	2. M.Marshall 11.0
200m	1. S.White 23.3	1. C.Gillett 24.1
400m	3. C.Brooks 52.2	1. D.Wiseman 51.9
800m	2. J.Boardman 2:02.3	2. A.Mead 2:02.5
1500m	1. J.Bicourt 4:00.5	1. J.Stow 4:00.6
5000m	2. J.Bicourt 14:44.2	1. W.Kerr 15:40.4
110m H	2. C.Brooks 16.9	2. A.Bentt 17.9
400m H	2. M.Ford 56.4	1. C.Gillett 58.4
3000m SC	2. A.Black 10:04.4	1. C.Pearson 10:21.6
Shot	4. C.Brooks 11.54m	3. J.Martin 11.02m
Discus	4. C.Brooks 36.82m	3. J.Martin 28.80m
Javelin	3. D.Moulder 53.30m	4. J.Martin 43.40m
Hammer	4. W.Couzens 28.94m	4. J.Martin 22.98m
Long J	1. S.White 6.95m	1. L.Sullivan 6.74m
High J	3. A.Bentt 1.73m	3. R.Hopkins 1.63m
Pole V	3. A.Bentt 3.03m	2. C.Brooks 2.88m
Triple J	1. A.Bentt 13.30m	3. L.Sullivan 11.80m
4 x 100m	1. Belgrave H (M.Marshall, C.Brooks, C.Gillett, S.White).... 43.8	
4 x 400m	1. Belgrave H (M.Ford, P.Gee, D.Wiseman, C.Brooks) 3:33.3	

1. BELGRAVE H 140pts; 2. Oxford City A.C. 124pts; 3. Wycombe 96pts;
 4. Exeter 92pts; 5. Cambridge & Coleridge 81pts.

- photo opposite by Alan Mead.

The happy-go-lucky Arnold Bentt, whose all-round ability on the field earns us many valuable points.



John Martin heaves the 16lb shot 11.55 metres whilst representing Lambeth against Vincennes and Castrop Rauxel at the Crystal Palace on 28th April. He was placed 3rd behind Yves Brouzet, the Frenchman who was 12th in Munich, and the German Jack Forst. Steve White won the 100 metres in 11.3 and the Long Jump in 6.92 metres.

- photo by kind permission of Wimbledon News.



Surrey County Championships

MAY 15th/17th/19th 1973 - MOTSPUR PARK.

For the first time ever the Surrey Champs. were a mixed affair or, as the 'Surrey Comet' put it - Unisex Championships ! The atmosphere at the "Surrey's" has been declining gradually over the years and although torrents of rain on finals day (19th), put a real damper on the proceedings the fact that it was mixed did a lot to brighten the event up.

Charlie Gillett won the 400 hurdles with a great run, lopping 2 seconds off of his seasonal best and he also managed to pip a tiring Snowy Brooks on the tape in the flat event. Lee Sullivan equalled his best ever in the Long Jump with 6.90m for =3rd, whilst Reg. Hopkins was 2nd in the Junior event with the same distance as the winner but with an inferior second best leap. Steve Crosbie was another to improve his best ever in this event. Mick Marshall's 200 metre runs have improved no end in the last few weeks and he won his heat in grand style. He took silver medal in the 100 metre race but then found that after a 3½ hour wait in the rain for the final of the longer sprint that the snap had gone out of his running.

100m: 2. M.Marshall 11.5; 5. L.Sullivan 11.7. 200m: 4. M.Marshall heats- M.Marshall 23.1, C.Gillett 23.6, C.Brooks 23.7. 400m: 5. C.Gillett 50.8; 6. C.Brooks 51.0. heats- C.Gillett 51.9, P.Gee 52.0, C.Brooks A.Mead 53.9. 800m: heats- A.Mead 2:02.6. 5000m: 14. L.Coy 16:25.0. L.Jump: 3. L.Sullivan 6.90m. Shot: 7. J.Martin 11.36m. 400H: 1. C.Gillett 56.1. Juniors. L.Jump: 2. R.Hopkins 6:16m, 4. S.Crosbie 6:06m. Javelin: 6. S.Crosbie

10,000m Championship retained by O'Hara

MAY 23rd 1973 - BATTERSEA PARK - BELGRAVE 10,000 METRE CHAMPIONSHIP.

Pat Newell's presence in the field gave rumour to the fact that as he has been the holder of the 'Tom Carter Trophy' more times than any other Belgravian (four times from 1956 - 1958) he was out to stop Laurie equalling his record. Laurie's previous victories were in '68, '71 and '72 and now, in spite of pressure throughout the race from Lionel Mann, he chalked up his 4th win to equal Pat's achievement.

At the gun O'Hara was straight to the front shadowed by Lionel and Tony Fairclough who gradually dropped away as the race progressed leaving the other two to fight on together. Several times Laurie seemed to stretch Lionel to the limit but still he hung on only a stride behind. Meanwhile, Pat O'Connor was working on the flagging Tony until with 9 laps to go he got past him.

With 1 of the 25 laps left, the leading two were still together and one began to wonder if Lionel's doggedness was going to pay off....but no! Laurie's long finishing burst winding up from the bell was just too much and with 250 metres to go they parted company.

Leo Coy put up a personal best time ahead of the Bedfordshire 5000m champion Doug Maughan and Eddie Thorpe should not be disappointed with this his first race on the track.

1. L.O'Hara	31:13.2	8. C.Steer	34:43.0
2. L.Mann	31:16.6	9. P.Newell	35:10.2
3. P.O'Connor	32:03.6	10. J.Hampshire	35:32.0
4. A.Fairclough	32:44.2	11. F.Paget	36:13.4
5. B.Gorman	33:56.6	12. D.Crookes	36:34.0
6. L.Coy	34:35.4	13. C.Henn	37:29.4
7. D.Maughan	34:43.0	14. E.Thorpe	39:35.0
		dnf. W.Kerr, D.Jones	

1st Class standard: O'Hara, Mann, O'Connor.

2nd Class standard: Fairclough, Gorman.

BELS STILL TOP THE LEAGUE

JUNE 2nd 1973 - CROYDON.

That Southern League wind blew up again to impede those out for a good time or distance but as before when it came to what really counts - the points - we found ourselves at the top again. We lost marks all over the place and still ended up 26 points clear of the battle for second place in which 5 points covered the other four clubs. With no second string Pole Vault, Glyn Ratcliffe arriving after a long journey too late for the Discus, Snowy Brooks disqualified in the high hurdles for two false starts, Eric Barker three times fouling a winning Hammer throw by just edging out of the circle, the list went on. This is the mark of the good team though, to overcome the bad luck and still win.

The 800m gave Peter Carton his first race and first win of the season with a nonchalant 1:55.2 after leading for the full distance. There are obviously some good runs to come from him as the summer progresses. Glyn Ratcliffe and Eric Barker made mincemeat of the Shot opposition and it is so good to see two BIG men wearing Belgrave colours. Our Track Secretary Philip Gee ran a powerful 400m to win the 'B' race and Charlie Gillett gave of his best with a 400 Hurdles 'B' win, a 3rd in the 'A' 200m where he was only just caught on the line with the first four clocking the same time, and his usual sparkling run round the third leg bend in the short relay. Mick Marshall seemed to pop up everywhere, scoring well in events in which we do not usually see him. And Arnold Bentt, well, at one time his name was being called at either end of the stadium for the High Jump and Pole Vault. Where was he? Lining up for the 110m Hurdles having just Triplejumped!

	'A'		'B'
100m	3. M.Marshall 11.4	1. C.Brooks 11.9	
200m	3. C.Gillett 23.5	3. C.Brooks 24.1	
400m	3. C.Brooks 51.6	1. P.Gee 52.0	
800m	1. P.Carton 1:55.2	5. A.Mead 2:04.3	
1500m	2. J.Bicourt 3:56.9	1. J.Stow 3:57.1	
5000m	3. L.O'Hara 14:44.0	2. R.Smith 15:25.0	
110m H	-	2. A.Bentt 18.0	
400m H	2. M.Ford 56.9	1. C.Gillett 57.7	
3000m SC	1. A.Black 9:35.0	3. C.Pearson 10:33.2	
Shot	1. E.Barker 13.54m	1. G.Ratcliffe 13.16m	
Discus	4. E.Barker 32.42m	4. C.Brooks 28.88m	
Javelin	2. J.Martin 47.76m	4. W.Couzens 37.78m	
Hammer	2. E.Barker 41.22m	1. G.Ratcliffe 37.50m	
Long J	2. L.Sullivan 6.31m	1. M.Marshall 6.16m	
High J	3. A.Bentt 1.78m	2. R.Hopkins 1.68m	
Triple J	3. M.Marshall 12.29m	1. A.Bentt 12.07m	
Pole V	3. A.Bentt 2.70m	-	
4 x 100m	2. Belgrave H (M.Marshall, L.Sullivan, C.Gillett, C.Brooks).44.1		
4 x 400m	2. Belgrave H (M.Ford, D.Wiseman, P.Gee, C.Brooks).....3:30.6		
	1. BELGRAVE H 128pts; 2. Aldershot Farnham & Dist. 102pts; 3. Ilford 101pts		
	4. Feltham 99pts; 5. Blackheath H 97pts.		

- photo's opposite by Alan Mead.

Top left: John Stow, who finished 2nd in 4:00.6, leads the 1500m field at Oxford. The winner was John Bicourt in 4:00.5, here in 4th position.

Top right: Dave Moulder the 1970 Navy Javelin champion has recently joined us and hopes to get back to his peak fitness.

Bottom left: Danny Wiseman, back on the track after eight years.

Bottom right: The debonair Alan Black avoids getting his feet wet again.



WALKING

MARCH 3rd 1973 - BATTERSEA PARK - SOUTHERN AREA R.W.A. MEETING.

For the first time in many years Belgrave had starters in all four races covering each age group. First away in the Boy's 2 miles race was John Dunsford, who unfortunately was later disqualified with only 200m to go. The reason was that he overdid the early part and had to fight over the second half. Re-adjustment of tactics should help him. Also in this race was Darin Stroud who was slightly outclassed in the field but only due to the fact that he had never walked two miles before. Initially his progression was very ragged as one would expect but as he neared the end his style was something to be desired. These two lads have got a promising future if they can retain their ambition and allow it to come steadily.

In the Youth's 3 miles we again had two starters, Stuart Bennett and Malcolm Dodds. They produced good efforts for 6th and 7th positions.

The combined Junior and Senior 6 miles was last away and for the Juniors Belgrave had Martin Bennett who produced a class 18th in a field of 100 plus. The overall race was won by Len Duquemin who once again proved that age is something to be ignored. He ground Carl Lawton, and for the second time that week Jackie Lord, into the dust with an astounding 44:03. Carl came in with a good time although far from his best. Filling in the places behind were Ray Middleton and John Hall, with our other lads just out for the sake of racing with no prizes at stake.

6 miles.

1. L.Duquemin(BELGRAVE) 44:02	45. D.Potheringham 53:05
2. C.Lawton 44:23	46. J.Dunsford 53:08
3. J.Lord(Highgate) 44:27	49. E.Stroud 53:33
7. R.Middleton(BELGRAVE) 46:36	59. J.Keown 55:47
12. J.Hall 47:22	63. C.Sharland 56:34
18. M.Bennett 49:14	69. J.Morris 57:31
28. R.Hall 50:23	90. J.McMullen 67:50

Youths 3 miles.

6. S.Bennett(BELGRAVE) 27:25	7. M.Dodds 28:51
------------------------------------	------------------------

Boys 2 miles.

21. D.Stroud(BELGRAVE) 23:09

NATIONAL '70' NARROWLY LOST

MARCH 17th 1973 - LEYLAND - NATIONAL 10 MILES CHAMPIONSHIP.

The Bels took their team up part way by car on the Friday night to ease the train travelling situation. With two cars, they got parted not far from Hendon and so one party ended up at a "3 star" at Coventry and the other at a "not recommended" at Stoke on Trent. As it turned out, the travellers by train made it without any problems.

The race with its 200 starters was away at 1-15pm on a one-lap course. For the first two miles there were 15 walkers grouped together at the front including Len, John and just hanging on at no. 15, Carl. With mile times being given it became obvious that the speed was rather excessive for some of those in the group, and slowly they peeled off as

..... continued on next page

continued.....

John Webb, with Roger Mills in close pursuit, broke away. These positions were held to the finish to enable Webb to win his first National title at the age of 36. Third was Jake Warhurst who put in a final burst to pull up past the flagging Flynn.

Carl, only a week after his wedding, turned in a stormer to finish 7th in a personal National '10' best. Unfortunately our boys behind were not quite as sharp as they might have been. This was possibly due to the long journey from Coventry on the Saturday morning, or perhaps it was the training weekend the previous week.

Thus, although we had John Moullin, Len and Ray all in the first 22 places it was not enough to beat Sheffield. Further back, John Hall walked quite a good one in the hot conditions to beat Southend's Banyard and Rosser whilst Dave McMullen came under the judges ban as did many other men. John Dunsford was at one time seen walking backwards! Gerry Cameron, after a long trip down from Dunfermline, held off Ray Hall. Finally came Pat Duncan, and although many of the walkers at the front went off faster than him he was unable to pull them back again when he began to "come through" with 20 yards to go. Bernard Eglinton unfortunately arrived too late to start.

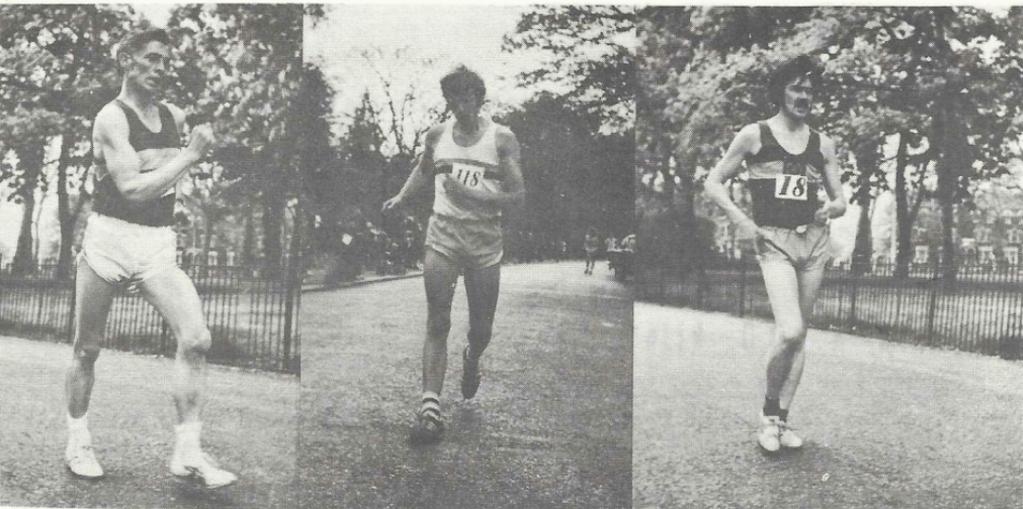
1. J.Webb	(Basildon) 72:43	22. R.Middleton	78:43
2. R.Mills	(Ilford) 73:06	42. D.J.Hall	80:51
3. J.Warhurst ...	(Sheffield) 73:20	82. J.Dunsford	85:52
7. C.Lawton	(BELGRAVE) 74:54	103. G.Cameron	88:25
12. J.Moullin	76:14	114. R.Hall	89:39
15. L.Duquemin	76:52	176. P.Duncan	98:25

Teams:- 1. Sheffield 43pts; 2. BELGRAVE H 50pts; 3. Southend 84pts.

MARCH 24th 1973 - WALLINGTON - LONDON VIDARIANS OPEN '15'.

Carl Lawton led from the start with Ray Middleton 2nd all the way. Belgrave had five men competing in the cold and wet conditions.

1. C.Lawton	(BELGRAVE) 1:57:57	10. E.Stroud	2:23:26
2. R.Middleton	2:00:52	14. J.Keown	2:31:06
5. R.McMullen	2:14:03		



Left, John Moullin and right, Allan Callow - members of Belgrave's RWA 20km winning team. Centre: Roger Mills of Ilford, the individual winner.

- photo's by Clive Shippen

A BELGRAVIAN NORTH OF THE WALL ○ ○ ○ ○ ○ ○

Little mention has been made of the work being done by our 'North of the Border' paid up member Gerry Cameron. Our roving correspondent, however, whilst on a round trip, discovered Gerry hiding in the small village of Carnock, in the shadow of Dunfermline.

Despite rumours that he is spending his time cultivating children as some people cultivate potatoes, this is in fact untrue, as his total to date is only two girls and one boy (the latter also being a paid up member of Belgrave). Our correspondent was given excellent hospitality as well as sporting activity in the form of football and wrestling in the spacious garden.

Gerry is of course a Grade One Walking Coach (what's that ?) the only one that we have in Belgrave. He is working hard to help the continuation of walking in Scotland but as usual comes up against the 'hard nuts' of athletics who don't want to know anything about walking. He welcomes any other Belgrave members to visit him and stay, and always has plenty of food in, although not much space to eat it in as so much room is taken up by the freezer.

Our junior members, Dave McMullen, Ray Middleton, etc., will wonder just who Cameron is or has been. Well, 'has been' sums it up. Gerry joined Belgrave 12 years ago when working in London. His work has since taken him to Market Harborough, Swindon and Scotland (north of Watford for the uninitiated). His walking has tended to suffer due to this moving around - at least that's his story. He has, however, many successes to his name including consecutive wins in the Belgrave Junior 5 mile championship and the Belgrave Horwood Cup races. He also reached the dizzy heights of third in the Southern Area Garnet 10 miles, and will casually mention that he gained a national first team medal in the National 20 kilo's at Coventry in May '67. John Moullin was fading badly and Belgrave looked in a bad way when the battle sound of the bagpipes and swirling haggis was heard as Cameron stormed through to win the day..... Finally, the high point of Gerry's walking career was a glorious performance in the Dawlish '5' a few years ago, a win in fact that he is too modest to talk about to many people.

Carl Lawton

MIDDLESEX '10'

MARCH 24th 1973

This event which had earlier been postponed due to a closed dressing room was eventually held with Shaun Lightman getting the verdict. We only had three starters and so had no team chance. John Hall walked a steady race to finish 5th with Paul Wiltshire and John Dunsford backing up.

1. S.Lightman(Met W.C.) 77:12	11. P.Wiltshire 86:00
5. J.Hall(BELGRAVE) 80:58	J.Dunsford

A. A. A. 10 kilo's

MARCH 31st 1973 - WEST LONDON STADIUM.

Held under ideal conditions on the new tartan track, Roger Mills turned in a winning 44:38.6. Belgrave's first man home was John Moullin with Ray Middleton not far behind.

1. R.Mills (Ilford) 44:38.6	10. J.Moullin ..(BELGRAVE) 46:56.0
2. O.Flynn(Basildon) 44:52.4	13. R.Middleton 47:59.0
3. S.Lightman ...(Met W.C) 44:53.2	

In the R.A.F. v. Civil Service v. National Police match at Henlow on Thursday 5th April, Ray Middleton, 85:30, finished second to Bob Dobson, 83:41.

APRIL 7th - BATTERSEA PARK - MET. WALKING CLUB MEETING.

A fourth by Martin Bennett in the Junior 5 miles and Jonathon Dunsford in the Boys 1 $\frac{3}{4}$ miles were the highest we could produce in these races. However, the Seniors in the 20 km came home second team with virtually a 'B' squad out. John Moullin was first man home for the Bels in sixth place, backed up by Len Duquemin, John and Ray Hall. It must not be ignored that our Junior team were also second, even without Paul Wiltshire who would certainly have been in the first four.

COUNTY 10 KILOMETRE CHAMPS.

APRIL 11th 1973

SURREY - BATTERSEA

Despite a personal best on this track, Carl Lawton could not retain the title and conceded victory to Peter Selby with Ray Middleton in 3rd spot.

- | | | | |
|-------------------|--------------------|----------------------|-------|
| 1. P.Selby | (Surrey W.C) 46:18 | 3. R.Middleton | 48:08 |
| 2. C.Lawton | (BELGRAVE H) 46:51 | | |

MIDDLESEX - WEST LONDON STADIUM.

John Hall finished 4th to Shaun Lightman.

On the same evening that John Dunsford was at West London Stadium, competing in the Middlesex 10 km Championship, Mrs. Dunsford took son Jonathon over to the Essex Championships to compete in a boys race (which he won) and ended up competing in a women's 1 mile race. Apparently she came last but keep trying!

RAY TAKES 'RICKETTS SHIELD'

APRIL 14th 1973 - WIMBLEDON - BELGRAVE 20 MILE CHAMPIONSHIP.

Due to a late change of date the Belgrave '20' was held a week earlier than previously intended. It had been thought at one time that it would be cancelled due to an expected high rate of absence but however, it got under way with 19 starters, dropping to 14 by the finish. Ray Middleton led from the start, accompanied by Len Duquemin with Carl Lawton at a distance. Carl dropped out at 13 miles complaining of leg seizure and Ray went on to win the 'Ricketts Shield' with Len 2nd and John Hall taking his first Club medal.

- | | | | |
|----------------------|--------------|-----------------------|--------------|
| 1. R.Middleton | 2:43:08 | 8. T.Wilkinson | 3:16:27 |
| 2. L.Duquemin | 2:44:41 | 9. D.Holmes | (MP) 3:19:14 |
| 3. J.Hall | 3:00:38 | 10. E.Stroud | 3:20:28 |
| 4. P.Hodkinson | (MP) 3:02:42 | 11. A.Eddleston | (MP) 3:25:56 |
| 5. J.Dunsford | 3:03:19 | 12. R.Claxton | 3:28:08 |
| 6. R.Hall | 3:07:20 | 13. J.Keown | 3:31:53 |
| 7. R.McMullen | 3:08:56 | 14. N.Barnbrook | (MP) 3:32:32 |

Handicap: 1. L.Duquemin.



Stalwarts of the Belgrave Walking scene, Carl Lawton and Len Duquemin.
- photo by Charlie MacLennan

☆☆☆ MARTIN BENNETT DOES 'P.B.' IN SOUTHERN COUNTIES MEETING

Junior Martin Bennett managed a fast 14:16.2 for 3000m at Crystal Palace on Wednesday March 21st in the Southern Counties Meeting, only a second behind former international Arthur Thomson.

In the Essex 20 mile race held on April 21st, John Moullin finished 3rd in 2hrs 45m 40 secs. Bob Dobson was the winner.

Belgrave fail to finish a team in SURREY 20 miles

APRIL 28th 1973 - HAYES

Although we scratched a team together to start this race (Dave McMullen went to the wrong venue) we failed to finish one due to Carl Lawton's retirement at 13 miles, leaving Ray Hall to be our first man home in 9th position. A heavy downpour took place during the first 4 miles whilst Arthur Thompson led but eventually John Nye came through to win. Eric Stroud turned in another personal best, followed by John Keown.

1. J.Nye	(Surrey)	2:52:34	9. R.Hall	(BELGRAVE)	3:03:22
2. Lancefield ..	(Surrey)	2:53:39	17. E.Stroud		3:17:36
3. A.Thompson	(Camb.H)	2:53:47	22. J.Keown		3:29:13

'ELSON CUP' won by JOHN MOULLIN

MAY 2nd 1973 - BATTERSEA - 10,000 METRE TRACK WALKING CHAMPIONSHIP.

With a small field of eight, John Moullin powered through from the start to win comfortably in 45 minutes 50 seconds with Allan Callow a minute behind and Carl Lawton similarly placed behind Allan. Pat Duncan made a long awaited return to the sprint distance after his 3hour 40 minute debut in the Sussex '20' the previous Saturday.

1. J.Moullin	45:50	5. R.McMullen	53:37
2. A.Callow	46:45	6. E.Stroud	54:31
3. C.Lawton	47:50	7. J.Bromley	54:45
4. J.Hall	50:24	8. P.Duncan	59:17

Handicap: 1. E.Stroud.

☆☆ Two Bels. Abroad

MAY 1st 1973 - MILAN

Ray Middleton and Len Duquemin, representing the British Race Walkers Club, competed in the Milan 30 kilometre race on May 1st. Winner was Olympic Champion Kannenburg of West Germany. Ray had a bad one and was beaten by Banyard of Southend but Len reportedly walked a steady race for 23rd position.

1. Kannenburg..(W.Germany)	2:27:31	16. R.Middleton	(GB)	2:42:14	
13. Banyard	(GB)	2:40:48	23. L.Duquemin	(GB)	2:47:19

Jonathon Dunsford finished 4th in the London Vidarians Boys race at Battersea Park on May 5th.

☆☆☆



BELS REGAIN NATIONAL 20 Km.

MAY 12th 1973 - VICTORIA PARK.

Walking in a way so dominating it was not a matter of which team would win the National 20 kilometre championship at Victoria Park, East London, but which four Belgravians. On a warm day and a flat course, a fast start was prominent with Len Duquemin, John Moullin and Allan Callow all in the first 25, and Ray Middleton a few places lower. By the 5 km point Carl Lawton had moved into the picture from the rear of the field. A large group was leading but the Belts were strongly pulling back places and by 10 km we had 5 men in 20. Len was still first Bel with John, Allan, Carl and Ray in that order.

By 15 km the leading group had split and was left with Roger Mills, Jake Warhurst and Bob Dobson contesting. The Belts retained their dominance although the positions had changed to Len, Carl, John, Allan and Ray.

With a lap to go of the $6\frac{1}{2}$ lap course Carl got stomach cramp and had to concede 7 places. However, Ray came through to pass John who had already been passed by Allan. So finally, a win for Roger Mills with our own Len Duquemin finishing 11th with the next four Belts in 12th, 14th, 15th and 18th positions. The title was regained from Sheffield and Carl was not in the medals.

All told we had a modest 12 starters, partially due to the Barking-Southend event the following day. John Hall placed 31st with John Dunsford and Dave McMullen well up. Ray Hall was forced to retire but Bob Picton and John Keown completed the distance. Waving the lantern rouge for Belts was Pat Duncan.

1. R.Mills(Ilford) 91:13	18. C.Lawton 97:19
2. J.Warhurst....(Sheffield) 91:21	31. J.Hall 101:52
3. R.Dobson(Basildon) 91:23	61. J.Dunsford 108:08
11. L.Duquemin(BELGRAVE) 95:32	65. R.McMullen 108:33
12. A.Callow 95:48	105. R.Picton 116:44
14. R.Middleton 96:10	125. J.Keown 120:25
15. J.Moullin 96:14	128. P.Duncan 121:01

Teams:- 1. BELGRAVE H 'A' 44 pts; 2. Sheffield 51 pts; 3. Southend 96pts
21. BELGRAVE H 'B' 385 pts.

Harry Shields' view :~

The warmth and atmosphere of a walking championship is difficult to describe. It is different to a cross-country or athletic meeting, the comradeship is something quite its own, with the taste only acquired as a result of deep knowledge of each other.

A little late in arriving, as I walked across to the venue at Victoria Park, how lovely it was to see the Belgravians in their usual prominent roles in the organisation. Jack Goswell as Master of Ceremonies, in all matters concerned with recording and producing results, ably abetted by his wife Joan. Although no one is indispensable, their absolutely unique service in producing complete duplicated results to all competitors must surely be irreplaceable. Dignified Frank Jarvis with his white mane as Competitors Steward and tying up loose ends, Gordon Doubleday personifying the solemnity, wisdom and calmness befitting a Grade I Timekeeper, Harold King a respected Judge and Jean Middleton in her effervescent role of selling programmes and all other matters by which to coerce money from pockets for the good of the Sport. The whole was capped in the person of our President, Clive Shippen, whose style and good-will was appreciated by all.

What of the race? "Dog bites man", is not news. "Man bites dog", is news. Similarly "Belgrave again wins Championship" is not news. The only difference, we had no one challenging for individual honours, but our team packing was superb.

Opposite page - the winning National 20 kilometre Walk Team.

The winner of this new crossword compiled by Colin Collis will receive two free tickets for our next Social. Entries will be opened on August 1st and the first correct solution opened will be the winner.

Clues across.

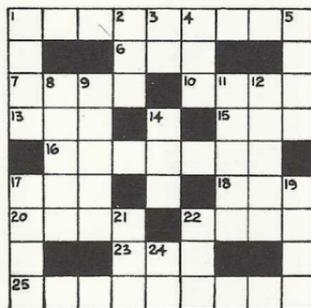
1. Cliff excels in this. (9)
6. Veteran Herne Hill Harrier. (3)
7. Often put. (4)
10. Indian Bel loses tin but gains an article.(4)
13. Tommy Green presented one. (3)
15. Initials of exclusive club. (3)
16. Athlete turned broadcaster. (7)
17. Race returns with 100 missing! (3)
18. Newt (3)
20. Collections of verbal gems from Club dinners? (4)
22. Ancient word for abate in a dawn. (4)
23. Dance step. (3)
25. Sounds like a one across for novices. (9)

CROSSWORD COMPETITION

Clues down.

1. Needs us to have a fling! (4)
2. The saint's away from the start. (3)
3. In the direction of.(2)
4. Hero makes girl, losing nothing.(3)
5. Norfolk Olympiads Athletic Club (abbr)(4)
8. Race in which we are all involved. (5)
9. A rope, tangled, makes musical drama.(5)
11. Fully fit, led, but finished up unwell.(5)
12. Leader - of band not in race.(5)
14. Pace drops a bit, still a winner. (3)
17. Poly. Marathon runners move this way. (4)
19. Bob or Dave ? (4)
21. First post-war "National" was held at Leamington - . (3)
22. Belgrave all-rounder and club record holder in 1950's. (3)
24. Return thanks. (2)

Watch out for a different type of competition in our next edition.....



There were seven correct solutions to the last crossword competition but the first one opened on May 1st was the entry from Colin Collis, always a staunch supporter of our competitions. The prize has now been sent on to him.

Other correct solutions came from:- Gordon Biscoe, Gordon Doubleday, Bob Barnes, James Wead (only 12 years old!), Derrick Young and Brenda Dance.

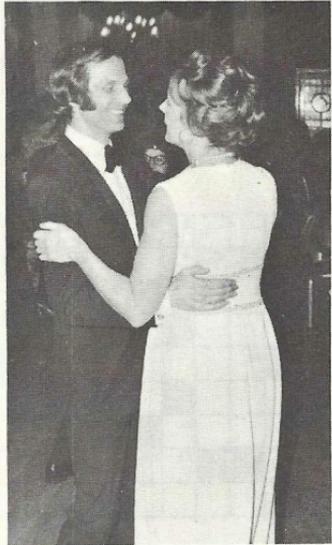
Solution: Across - 1. Winner; 3. Torch; 7. Spurt; 8. Thin Air; 9. Handicaps; 11. Across; 12. A Pacer; 15. Battersea; 17. Not Fair; 18. Smith; 19. Lanes; 20. Adidas. Down - 1. Wesch; 2. Entries; 3. Trips; 4. Road Races; 5. Harrier; 6. Atlas; 10. North's Ten; 11. A Funnel; 13. Pressed; 14. Start; 15. Beats; 16. Aches.



● CLIFF ROFFEY is now living at Kericho in Kenya where he is working as an accountant for Brooke Bond Liebig Kenya Ltd. He still runs through the tea plantations or round his garden to keep fit and plays squash and tennis once or twice a week but doesn't get much chance to see many athletic meetings as Kericho is 170 miles from Nairobi which is the centre of athletics in Kenya. During his six weeks leave last year he met Bob Taylor during a Bournemouth track meeting but doesn't expect to return to the U.K. for good for some time.

THINKS! AM I THE FASTEST VET. IN THE BALL ROOM? THAT *E)!4!* O'HARA'S NOT HERE!

ABOUT TIME HE SAW A BARBER



ARE YOU GOING ON THE ANDERMASTON MARCH THIS YEAR?

ONLY IF THEY COMBINE IT WITH THE STOCK EXCHANGE WALK



I WILL REPORT BACK TO MY EXECUTIVE



WHEN ARE THEY GOING TO DO SOMETHING FOR THE WORKERS?!

I'M TRAINING HARD FOR THE G.W.C. ELECTIONS I'VE REACHED FIVE PINTS PER SESSION

DID I EVER TELL YOU WHEN I WAS TIMEKEEPER AT THE 'BOTSWANA 10' 'RANTU' * CHAMPIONSHIPS !



IT'S ALL MINE - MINE HE - HE - HE !



LITTLE DOES HE THINK - LUNCHEON VOUCHERS IRISH PENNIES AND STAGE MONEY!

*keep
politics
out
of
sport*

*NON WHITES

YOUTHS & BOYS

Reg's report:

How very exciting it was to see such a great turn out of members for the opening meeting at Norbiton. It seemed quite like old times to see so many claret and gold vests on display; the enthusiasm for each event was so much more keen when one of our own Bels were taking part. This is just what we need to build up Club spirit and with this encouragement we will soon be winning County Championships again.

So keep your eye on the fixture list and support your Club whenever you can. If you can't find your own way to wherever the meeting may happen to be, give me a ring (my number is on the inside front cover of this mag.) and I may be able to arrange transport.

Keep attacking those personal bests and don't forget that all your performances can count towards the A.A.A. 5 Star Award.

There were 635,000 winners of the award in 1972 and from these the very best have been selected to form a national squad for specialised all-year-round training. They are reckoned to be the internationals of the future. Could 1973 be your year ?

Reg Hopkins, Smr.
Junior Hon. Secretary

MARCH 17th 1973 - WIMBLEDON - BOY'S ROAD RACE.

This race, held before our Senior $5\frac{3}{4}$ mile road race, proved to be a great success, with a run-away win for Stephen Walters in a time that represents 5:24 miling for the 1 mile 760 yard course. Let us hope that the event will be held regularly.

1. S.Walters	7:44	7. I.Beaumont	9:22
2. A.Ambler	8:08	8. G.Wallace	9:24
3. P.Wessel	8:26	9. D.Didino	9:42
4. J.Roberts	8:29	10. S.Shanks	9:56
5. S.Watts	8:48	11. J.Mead	11:01
6. S.Nelson	8:57	12. S.Fernandes	11:04

Under 16: 1. S.Walters; 2. A.Ambler.

Under 14: 1. J.Roberts; 2. S.Nelson.

Under 12: 1. S.Shanks; 2. J.Mead.

On May 7th at Crystal Palace, during a Southern Counties A.A.A. open meeting, Toby Staff and Steve Walters had a rare old dust-up in the Youths 1500 metres. Toby got 3rd place with 4:36.8 with Steve breathing down his neck with 4:37.0! Both personal bests.

These meetings cater for all standards in all age groups so why don't you look at your fixture card and make a note of the meetings to come. To find out what events will be included in a particular meeting and to get hold of an entry form, phone 580 3498 between 9.30am and 5.30pm.



MEET STEPHEN WALTERS

Whenever we give a Youths or Boys fixture Stephen's cheerful countenance is certain to be present. He used to play soccer for his school and in fact had a trial for Crystal Palace F.C. but now his first sport is athletics and four times a week he makes his way to the Tooting or Crystal Palace tracks for a training session. Probably this will be his last year at Henry Thornton School at Clapham Common and at the moment he is intent upon a career in the Civil Service.

He came into the Club getting on for a year ago when he met our General Hon. Secretary, Peter Hillier, at Battersea Park. He also competes for the Oxford and Bermondsey Boys Club whilst younger brother Michael has also become a Belgrave stalwart.

Like many of our youngsters, Stephen has no favourite event as yet and is content to attempt whatever is going until he finds what suits him best, although his performance in the Youths and Boys race preceding our '5 $\frac{3}{4}$ ' championship last March opened quite a few eyes and it is obvious that he will be a great asset to our Senior middle distance teams in a few years if his interest is sustained.

Stephen does feel that we tend to lose some younger athletes through a lack of planned coaching and would like to see something set up on a regular basis whereby those interested in similar events can train together in a squad.

Interests outside running include 'pop' music and going to disco's.

☆☆☆=====☆=====

The Crosbie brothers Stephen and Peter are having a good season helped no doubt by the coaching of Frank Simmons. In the Emanuel School sports Peter won the Discus and the Javelin, the latter with 47.50m, a new school record. Stephen scored heavily with 2nd in the Javelin, 1st in the Long Jump, 2nd in the 200 metres and 2nd in the Triple Jump.

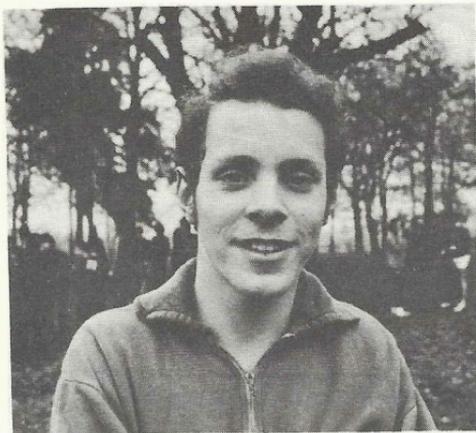
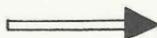
At the Wandsworth Schools event at Hurlingham, Steve took 3rd in the Long Jump with 5.97m and 2nd in the Javelin while Peter won his Javelin competition with 41.24m.

AMENDMENT TO THE YOUTHS BEST PERFORMANCE LIST IN THE LAST ISSUE.

High Jump	R.Hopkins Jnr.	1971	1.82m
-----------	----------------	------	-------

The Colts and Boys athletic day on Sunday, May 13th at Wimbledon Park was a grand success. Sixty-two boys ranging from eight to fourteen years old attended and spent the morning learning the basic rules and techniques of the main field events followed by an afternoon of track and field competition. The lads obviously enjoyed themselves and quite a few have subsequently joined our ranks and now regularly appear at the track on a Sunday morning.

The photographs on the next two pages were taken by Clive Shippen.



MEET PETER NORTH

" I've always enjoyed watching athletics and wanted to compete myself. I couldn't find Hercules Wimbledon A.C.'s headquarters, so I joined Belgrave...."

Perhaps this is not the most auspicious way to gain new young members but whatever, pleased we are that Peter North made his way to Belgrave Hall in October 1972 and signed on.

Peter is 16 years old, lives at Southfields and is a pupil at Wandsworth School (whose colours are identical to our own). Up to now he has only done cross country and road running and has become a familiar figure on the Thursday night "burn-up" around Raynes Park but now that the track season is with us, he is looking forward to trying his hand at 800 metres.

He is a member of three years standing in the Air Training Corps and holds the rank of Sergeant. This summer Peter will be going on a gliding course and will be studying for a provisional gliding licence but apart from all this, is in the process of attempting the Duke of Edinburgh's Award (silver). A busy lad, you might think but we have not finished yet. He enjoys shooting and belongs to a .22 rifle club as well as making the odd trip down to Bisley to fire .303s with the ATC.

APRIL 28th 1973 - NORBITON.

100m Colts: J.Mead 14.9; S.Shanks 16.4; S.Fernandes 17.7. 1500m Boys/Colts:
A.Cook 5:02.0; S.Nelson 5:37.1; A.Fairweather 6:22.6; G.Budinger 5:41.7;
S.Shanks 6:20.7; D.Couzens 6:51.3; S.Fernandes 7:04.2.





**BOYS
&
COLTS
ATHLETICS
DAY**

**MAY 13TH
1973**



Peter Crosbie won the Surrey A.A.A. Youth Javelin Championship with a throw of 46.32 metres. ★★★★★★

know the rules —

LONG JUMP

(a) The competition may be decided in either of the following two ways - the conditions should, if possible, be printed on the programme and must be explained to the competitors before the competition begins:

(i) Each competitor being allowed from three to six trials; or
 (ii) Each competitor being allowed three trials and the three to six best competitors being allowed three more trials.

(b) Each competitor shall be credited with the best of all his trials.

(c) The take-off shall be from a board the edge of which nearer to the landing area shall be called the "scratch line". If a competitor takes off before reaching the board, it shall not for that reason be counted a failure.

(d) The distance of the run is unlimited. No marks shall be placed on the runway, but a competitor may place marks alongside the runway. No competitor may place, or cause to be placed, any mark beyond the Scratch Line.

(e) If any competitor touches the ground beyond the scratch line or scratch line extended with any part of his body, whether running up without jumping or in the act of jumping, it shall be counted as a failure. Note: "Ground" includes any form of "No jump" indicator.

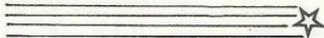
(f) (i) The measurement of the jumps shall be made at right angles from the nearest break in the ground in the landing area made by any part of the body of the competitor to the "scratch line". If in the course of landing, a competitor touches the ground outside the landing area nearer to the scratch line than the break in the ground to which the measurement of the jump would have been made, such jump shall not be measured but shall count as a failure.

(ii) The distance shall be measured to the nearest $\frac{1}{4}$ inch (1 centimetre) below the distance covered, i.e. fractions less than $\frac{1}{4}$ inch (1 cm.) must be ignored. If calibrated measuring equipment is used its accuracy must be checked with a steel or fibre-glass tape; otherwise a steel or fibre-glass tape should be used and the part of the tape showing the distance jumped must be held at the scratch line.

(g) The employment of weights or grips of any kind is forbidden.

Simon Nelson (centre) and Adrian Cook (right) get set for a fast get-away in the Boys 1500m at Norbiton.

- photo by Reg Hopkins.





Simon Shanks (2nd from left) and Gary Budinger (3rd from left) line up for the start of a colts 1500 metre race at Norbiton track.

- photo by Reg. Hopkins

W. & G. HALES OF WIMBLEDON

For a wide range of
adidas · puma · gola · reebok

and shoes supplied by
THE GERRY NORTH CO. LTD.



EVERYTHING FOR THE ATHLETE OF TODAY

29 Kingston Road, S.W.19

NEAR SOUTH WIMBLEDON UNDERGROUND STN.

Telephone 01-542 2073

J
M
B
R
O

▷
T
X
C
B

A 'SALUTE' TO OUR CATERING TEAM

After the Southern Road Relay on April 7th my admiration for the catering committee of the Club was without bounds.

Following a five hours competition it was reasonable that those responsible for dispensing would be jaded, out of stock, impatient to get home. Not a bit of it, there were the ladies, charming, colourful and dispensing the needs of the inner man with tea, lemonade, rolls of various fillings, cakes, etc., all tastefully laid out, with a competence and pleasantness that would put many elite establishments to shame.

Again the following Saturday, on the occasion of the Club 20 Mile Walking Championship, although a smaller fixture, there was the same treatment of mouth watering ham and cheese rolls, cakes, tea, etc. It was so unexpected, when experience over many years, partly due to the lateness that a 20 mile finishes, was to anticipate a cup of tea and even then only if made by yourself.

How pleasant it was to sit, happy in the communal gathering, to reminisce on the afternoons happenings and to reflect that another afternoons sport had been successfully completed.

On the way home, my thoughts led to the object of an athletic club. There have been many definitions but none contain those facets of friendship, hardships, fun, achievements, disappointments which mould the character of a club, from which is produced the tempered steel leading to the finished sportsman.

George Borrow's had the right idea, when he wrote early in the 19th century accounts of his many journeys. Before athletic clubs were thought of he wrote, "Wild Wales" and immortalised much of its beauty, describing paths traced by many club parties in their holiday wanderings.

" There's night and day brother, both sweet things;

Sun, moon and stars brother, all sweet things;

There's likewise a wind on the heath,

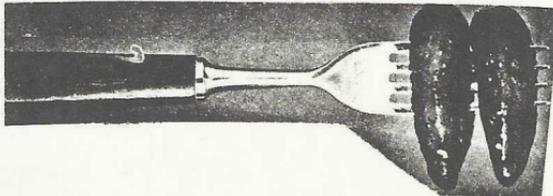
Life is very sweet brother; who would wish to die. "

He was a great walker, teller of stories and companion, and if about today must surely have joined the "Belgrave Harriers". How he would have enjoyed a spin over the heath and common, and participated in his great love of food and talk after a hard days slog.

The diaries of Samuel Pepys, 150 years earlier, show the same urge for refreshment and love of companionship after a strenuous day in the dock-yards on the nation's business.

Our worthy catering section follow these traditions and fully understand the necessity of meeting these basic needs. They do much to revive the gastronomic feats of the 1930's, the Social Teas at the Hall, at Youth Hostels where we stayed and out-shone the best, our proven ability at inter-club meetings to out-play and out-eat whenever put to the test, the stories of cheese and onions eaten on the walls of Hampton Court Palace. These must be replaced by new memories, revived by splendid catering and social pow-wows afterwards. Who knows where it will lead and prowess it will awaken in all sorts of pursuits.

Even if you were late that Saturday for work, thank you Brian, and all your helpers for their dedication and splendid eats.



Harry Shields



ROAD AND COUNTRY

Laurie first in Veterans' "Southern"

MARCH 4th 1973 - WOODFORD GREEN.

Laurie O'Hara won yet another title when he was first past the post in the inaugural Southern Veterans Cross Country Championship held at Woodford Green's headquarters.

John Baker was lucky in losing a shoe after a mile as, following the tail-enders after a short rest, he suddenly found himself in 12th position. All the earlier runners had gone off course. It did not take Laurie long to get to the front again and considering the circumstances all the club runners felt satisfied with their performances.

It's a pity training stopped our so called faster Veterans from competing but after all training is more important than helping the Club to win a team title.

J. V. Baker

Class 1 40-49 years

- | | |
|------------------------------------|-----------------------------------|
| 1. L.O'Hara(BELGRAVE H) 29:18 | 29. C.Walker...(BELGRAVE H) 34:43 |
| 2. K.Harland(Camb.H) 30:48 | 43. J.Baker 35:50 |
| 3. E.Kirkup(Camb & Col) 31:23 | |

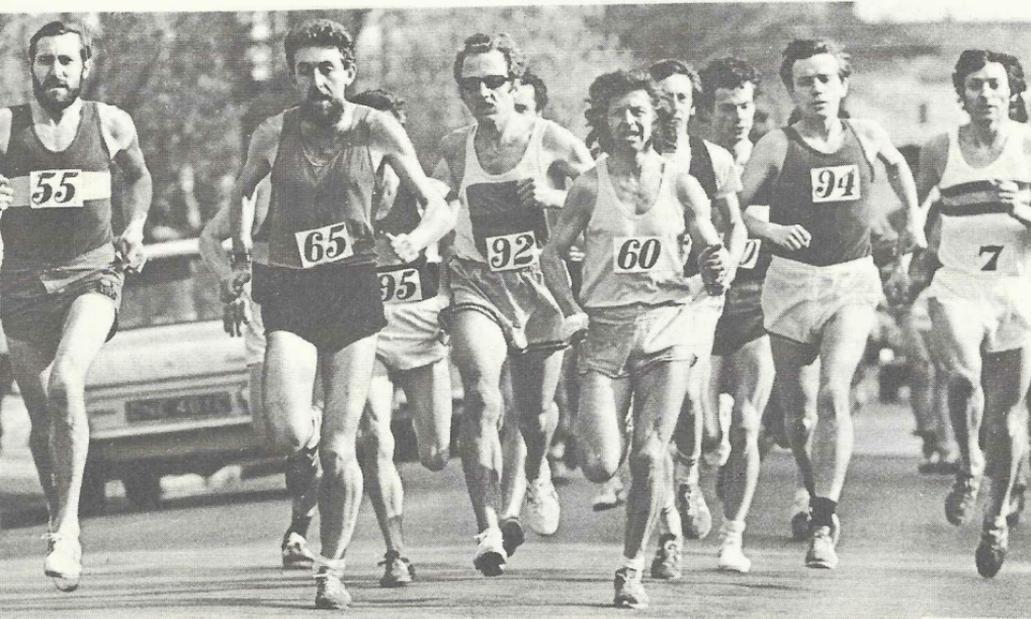
Teams:- 1. T.V.H. 40 pts; 2. Highgate H 41pts; 3. Cambridge H 63pts; 5. BELGRAVE H 73pts.

Class 2 50-59 years

17. J.Walker ... (BELGRAVE H) 36:53

MARCH 11th 1973 - PUTNEY VALE - VETERAN'S 5 MILES CROSS COUNTRY.

- | | |
|-------------------------|---------------------------|
| 1. P.Newell 26:45 | 11. J.V.Baker 32:50 |
|-------------------------|---------------------------|



IT'S LAURIE AGAIN !

MARCH 17th 1973 - WIMBLEDON - 5 $\frac{3}{4}$ MILES ROAD RACE CHAMPIONSHIP.

The finishes down Lauriston Road in our 5 $\frac{3}{4}$ mile (9.2 km ?) races are becoming truly amazing these days. The autumnal non-championship race saw Laurie O'Hara and Bill Weller battling to the end, both recording the same time with Laurie winning by an eyelash. Now, with the "Wimbledon Cup" at stake in the spring race, Gerry North joined these two for the 'eyeballs-out' final 300 yards. Close as it was, with Laurie in the form he is these days plus his ever present devastating finish, it would have taken Superman to deny him another victory.

John Baker, our Hon. Treasurer, looking even leaner and hungrier than ever, ran an inspired race to take the handicap prize - a popular result.

1. L.O'Hara	(0:30)	27:40	22. W.Laws	(5:00)	33:17
2. G.North	(0:30)	27:42	23. R.Dixon	(5:30)	33:40
3. W.Weller	(0:30)	27:48	24. L.Jones	(-)	33:40
4. T.Hart	(1:00)	28:25	25. T.Lewins	(-)	34:10
5. J.Stow	(1:45)	28:38	26. W.Young	(-)	34:30
6. P.O'Connor	(1:30)	28:45	27. D.Bonsor	(7:30)	34:51
7. J.Rimmer	(1:30)	29:00	28. C.Henn	(8:15)	35:03
8. A.Fairclough	(2:15)	29:16	29. A.Stroud	(8:00)	35:12
9. L.Mann	(1:15)	29:34	30. G.Piddington	(8:30)	35:48
10. C.Pearson	(2:15)	29:41	31. A.Mead	(9:00)	36:37
11. A.Black	(2:00)	29:50	32. D.Cobb	(9:00)	36:45
12. G.Monnet	(2:30)	30:27	33. D.McMillan	(10:00)	37:11
13. J.Dear	(3:00)	30:58	34. J.V.Baker	(11:00)	37:25
14. B.Gorman	(3:00)	31:03	35. R.Glover	(6:00)	37:49
15. L.Coy	(5:00)	31:34	36. R.Ellis	(-)	38:20
16. W.Kerr	(2:30)	32:17	37. R.Beaumont	(9:00)	38:53
17. J.Davies	(5:30)	32:25	38. J.McDonald	(12:00)	39:01
18. S.Barrett	(4:00)	32:35	39. D.Hurd	(7:30)	39:01
19. J.Dooley	(6:00)	32:51	40. R.Conway	(8:00)	39:25
20. D.Crookes	(4:30)	33:02	41. R.Langheim	(10:00)	44:17
21. P.Pringle	(5:30)	33:07			

Handicap:- 1. J.V.Baker 26:25; 2. L.Coy 26:34; 3. C.Henn 26:48

Gerry our fastest in CAMBRIDGE H. RELAY

MARCH 24th 1973 - BEXLEY.

'A'		'B'	
L.Mann	(5) 16:14	W.Kerr	(15) 17:11
R.Smith	(7) 16:31	L.Coy	(18) 17:45
G.North	(4) 16:04	G.Monnet	(14) 17:05
A.Fairclough	(8) 16:53	C.Pearson	(14) 16:53
P.O'Connor	(7) 16:35	C.Henn	(19) 20:12
W.Weller	(7) 16:21	R.Linstead	(17) 18:58

Team Result:- 1. Cambridge H 95:33; 2. Medway 96:23; 3. Aldershot, Farnham & Dist. 96:43; 7. BELGRAVE 'A' 98:38; 17. BELGRAVE 'B' 108:04

Fastest times:- R.Newble (Medway) 15:18; F.Briscoe (Herc/Wim) 15:28
B.Watson (Cambridge H) 15:32

- photo opposite by Ron Linstead.

The leaders of the pack in the 5 $\frac{3}{4}$ mile Club Championship road race at Wimbledon on 17th March. Yes, you're right, number 94 IS the legendary Jim Rimmer.

THAMES VALLEY H. ROAD RELAY

MARCH 31st 1973 - GRANFORD.

'A'

L.Mann	(9)	16:39
P.Carton	(7)	16:34
W.Weller	(7)	16:33
G.North	(8)	16:39
L.O'Hara	(8)	16:37

'C'

R.Linstead	(53)	19:09
D.Young	(53)	19:08
D.Davies	(50)	19:30
C.Steer	(45)	19:57
W.Kerr	(41)	18:38

Veterans.

'A'

P.Newall	(38)	18:00
C.Shippen	(37)	18:17
C.Walker	(39)	19:26

'C'

J.V.Baker	(75)	21:34
C.Henn	(69)	20:37
A.Stroud	(65)	20:45

'B'

A.Fairclough	(23)	17:19
T.Hart	(21)	17:17
P.O'Connor	(18)	17:11
G.Monnet	(17)	17:25
C.Pearson	(18)	17:32

Team result.

1. T.V.H.	81:58
2. Reading A.C.	82:09
3. Cambridge H.	82:12
4. Hercules Wimbledon	82:20
8. BELGRAVE H.	83:02

'B'

A.Bruce	(56)	19:19
J.Davies	(52)	18:54
D.Jones	(55)	20:48

Team Result.

1. BELGRAVE H 'A'	55:43
2. Portsmouth A.C.	56:07
3. T.V.H.	56:08

APRIL 14th 1973 - RUISLIP - FINCHLEY '20'.

1. L.Jones	(Windsor)	1:42:21	88. J.Davies	2:07:59
37. L.Mann	(BELGRAVE H)	1:54:47	106. D.Bonsor	2:17:15
60. P.Pringle		2:00:19	126 finished.	

dnf: J.Hall, G.Piddington, J.V.Baker.

MAY 12th 1973 - CHICHESTER - PORTSMOUTH ROAD RACE.

1. P.Gallagher	(Crawley)	1:24:31	10. T.Hart	1:31:01
2. Graham Tuck	(Cam. & Col)	1:24:48	17. L.Mann	1:34:07
3. W.Weller	(BELGRAVE)	1:24:58	60. G.Piddington	1:58:15
9. P.O'Connor		1:29:39		

1. BELGRAVE H 17pts; 2. Portsmouth A.C. 36pts; 3. Reading A.C. 37pts.

Laurie O'Hara won the Veteran's 10 mile championship held in Richmond Park on May 12th.

MAY 19th 1973 - ISLE OF WIGHT MARATHON.

26. P.Pringle	2:53:08	45. G.Piddington	3:29:38
---------------	---------	------------------	---------

Paul Pringle's time is his best ever for a marathon whilst George Piddington's run gained him 8th place in the Hampshire Championship held in conjunction.

SOUTHERN ROAD RELAY

A good TEAM effort by the Bels.

Twelve noon. With whitewash arrows daubed on the road that very morning, pointsmen in their positions and the take-over area roped off, Belgrave Promotions Inc. had made their preparations well and the eighth Southern Counties Road Relay Race held at Wimbledon was ready to roll. Each year the traffic becomes that little bit worse so this time it was decided to slightly alter the course, thus avoiding a couple of the trickier junctions. The alternate long and short stages now measured 5 miles 334 yards and 3 miles 553 yards.

★ STAGE 1: Peter Carton 24:37 (fastest).

Once again Pete showed what a tough competitor he is. With the leaders constantly jockeying for the front position, he was always ready to cover any break-away and as the hills took their toll it developed into a battle between MacNamara (TVH), Faircloth (Croydon) and our man. As they approached the end of the leg Peter opened up and there was no one else in it. His time proved to be the fastest of the day by any of our long stage runners.

★ STAGE 2: John Stow 16:04 (3rd fastest).

The first of the short stages saw John setting off with Davies (TVH) haring after him. The "Valley" man swept past and went on to clock the fastest short stage time of the day but John was not put off in the slightest and brought us to the next take-over 23 seconds ahead of Hillingdon, now 3rd, and 32 seconds down on Thames Valley. No other Belgravian was to beat his time over the short stage.

★ STAGE 3: Bill Weller 25:25 (8th fastest).

Already it seemed the field was stringing right out but at the end of stage 3 Bill had cut half a minute off of TVH's lead only to see Hillingdon A.C. go even better, breaking through to the front with 13 seconds in hand. Cambridge H. and Cambridge & Coleridge A.C. both crept up and now 26 seconds covered the first five teams.

★ STAGE 4: Trevor Hart 16:14 (2nd fastest).

Carrying on the good work, Trevor got past Stevens (TVH) and made ground on Wainer (Hillingdon), all three of them increasing their lead over the next few clubs. Aldershot moved up to 6th after having made a bad start of 17th on the first leg but they were still over a minute down.

★ STAGE 5: Lionel Mann 25:58 (12th fastest).

Certainly no "cut and dried" race this, as TVH, thanks to Mike Davies, again hit the front whilst Hillingdon slipped back to 8th, never again to be in the hunt. Lionel kept Belgrave hopes high, closing on Davies again during the last mile of his stint. Local rivals Hercules Wimbledon came up to 5th with a fiery run from Briscoe.

★ STAGE 6: Colin Pearson 16:41 (7th fastest).

A grim looking Colin was faced with the prospect of holding on to our 2nd position and as he sped away from the take-over area Cambridge & Coleridge, Cambridge H., Hercules Wimbledon and Medway were hot on his heels less than half a minute behind. TVH fractionally stretched their lead but Colin fought magnificently and as he handed over to Gerry North with half the race now gone, he had pulled away from those behind.

continued on page 43.....





★ STAGE 7: Gerry North 25:15 (7th fastest).

Traditionally the "names" begin to appear about here in the race and this day was no exception. Bernie Ford steamed through the field setting up the day's best long leg time and taking the dreaded Aldershot team up to 2nd whilst Malcolm Thomas, 1972 'National' Champion, took TVH even further away. Still, contrary to pre-race opinion, Belgrave were having a good day and although Maurice Benn (Cambridge H) also passed our Gerry, Beevor (Hercules Wimbledon) and Newble (Medway) couldn't do likewise.

★ STAGE 8: Pat O'Connor 16:22 (2nd fastest).

Pat scooted past Cambridge H. but Aldershot were also going well and TVH's 36 second lead began to rapidly dwindle. Soon the red and green colours of Aldershot headed the field for the first time as they got 26 seconds clear of the "Valley" with ourselves a further 22 seconds down.

★ STAGE 9: John Phelan 24:54 (=4th fastest).

John Phelan ran a "blinder" and pointsmen were to be seen leaping up and down with excitement as he closed up to within 4 seconds of TVH and maintained our 3rd position as Aldershot sank back to 4th and Hercules Wimbledon rocketed from 6th to 1st with a 24:24 clocking from Bob Holt. After 40 miles of racing, a mere 8 seconds covered the leading four teams.

★ STAGE 10: Tony Fairclough 16:20 (2nd fastest).

It took just 16 minutes and 20 seconds for Tony to prove that he is back into our 'A' teams with a vengeance, putting us back into 2nd spot. Hercules Wimbledon crashed so TVH again held the lead but with two stages to go we were beginning to sniff the medals.

★ STAGE 11: Laurie O'Hara 25:11 (=4th fastest).

Another change round in the positions and the red-headed Adams took Aldershot back to the front. Laurie gave his all, around the roads he knows so well from past '54' victories, fighting for every second that he could give to our anchor man Bob Smith.

★ STAGE 12: Bob Smith 16:28 (5th fastest).

The last leg. Bob looked as nervous as a kitten as he took over 9 seconds down on Fred Bell (TVH) and 27 seconds down on Fletcher (Aldershot). Bell attacked immediately and gained ground all the way round, with Bob desperately plugging away behind him. With a mile to go it seemed Bell would catch the leader and go on to win but he had made his effort and whilst Bob closed on him again towards the end, Aldershot went away to take yet another title.

It was an excellent result from our point of view with every one of our team running well and confounding our critics.

The race was over but our organisers were still in top gear. Result sheets had been posted after every leg and soon the official result was available to all. Now came Belgrave Promotions Inc.'s master stroke. The glorious sunny weather specially arranged for the event was now switched off and before you could say "Gordon Biscoe", cleansing rain had swept the last vestiges of whitewash from the roads.

Copies of the official programme, autographed by the King of the 6th Stage - Colin Pearson, were later seen changing hands at 5p a time.

1. Aldershot, Farnham & Dist. 4:08:52	4. Cambridge H. 4:10:37
2. Thames Valley Harriers ... 4:09:14	5. Hillingdon A.C. 4:11:03
3. BELGRAVE HARRIERS 4:09:29	6. Medway 4:12:38

- photo opposite by Ron Linstead.

Peter Carton shadows John McNamara (TVH) - for the time being - in the Southern/Belgrave Road Relay. In the background is Don Faircloth (Croydon).

5th in NATIONAL ROAD RELAY

APRIL 28th 1973 - DERBY.

Leaving London at 7.30 am we drove up the M1 and after early morning cloud, the sun came out to stay for the rest of the day. Ideal for spectators, if not for the runners.

The noon start saw 24 runners toe the line for the first long stage, a circuit of $5\frac{1}{4}$ miles. The course was a tough one. After 2 miles came an extremely severe mile long hill. Picture if you can the 'kiss of death' on our own $5\frac{1}{4}$ course laid end to end three times and you'll get an idea of what the lads were up against.

Starting the ball rolling for us was Peter Carton. With his fine Southern Relay effort behind him we were hopeful of Peter coming in with the leaders. However, that was not to be, for Peter, although not sparing himself, was slightly below form and came in 9th, 40 seconds down on the leaders, Birchfield Harriers.

Next off, on the first short stage was Trevor Hart. The short stage also took in the long hill and this apparently suited Trevor well, for he pulled up three places to bring us home in 6th spot having passed the Stoke, Hillingdon and Morpeth runners.

John Bicourt took care of stage three, the second of the long legs. Not having raced recently, though, John was forced to concede two places so that we were now laying 8th. John seemed to find the hill a bit tough and had to give best to Stoke's Roy Fowler and Hillingdon's Tony Moore.

Stage four was taken by Bob Smith, who despite giving his best, lost ground to Whitty of T.V.H. although he managed to overtake Beard of Hercules Wimbledon. Ahead an enthralling battle was taking place for race leadership between Stoke and Hillingdon. Whilst we were involved in an equally thrilling tussle with Aldershot, T.V.H. and Hercules.

Bill Weller on stage five closed right up on Birchfield's Smedley to take us by our great pre-war rivals. On Bill's shoulder was Bob Holt who managed to get by after the long hill had been climbed. Bill was also overtaken by Derby's Mike Tagg but still kept us in place by picking off the Hillingdon and Sale runners.

John Stow, recovering from tonsillitis, hardly treated stage six like a convalescent's outing for he took us up two places overtaking Bartlett of Birchfield and Collins of Hercules Wimbledon in the process. Next away, suffering from what seems is the Club's current affliction, was tonsil troubled Gerry North. Gerry did not let his discomfort worry him and running his usual gritty race he maintained our position and held off Dave Holt, who had taken over a mere 8 seconds behind him.

Pat O'Connor took the eighth stage and was really on form bringing us home 5th and taking us to within two minutes of the leaders, who in race order were Tipton, Stoke, Birchfield and Aldershot. Early contenders Hillingdon had by now faded to 15th.

John Phelan was on stage nine and although dropping places to Coventry and Aldershot, John left us still in contention for a place as only a minute covered 3rd to 6th spots, although Tipton and Birchfield were two minutes clear of the field.

On stage ten Tony Fairclough took us past Smallheath and into 6th place once more, having to put in a determined effort to hold off Kirby of Cardiff. Meanwhile the leading position had changed again, the order now being Birchfield, Tipton and Stoke, the latter being two minutes down.

Laurie O'Hara running stage eleven clocked fourth fastest of our long legs and went past the Stoke runner. Laurie was caught at the top of the hill by Hercules Wimbledon's Steve Badgery. Some thought that he would be able to hold on to Steve and pip him at the end with his famous finish but this was not to be for Steve drew away over the last mile. Laurie did well to keep the gap down to a mere 6 seconds.

Lionel Mann took the twelfth and final stage which turned out to be the most exciting of the day. Lionel tore after Hercules Wimbledon's Tim Beagent and was on his shoulder after a mile. Beagent, however, after a more leisurely start managed to pull away to bring his team in 4th. Lionel

managed to outsprint Goodfellow of Stoke to bring us in a praiseworthy 5th. It was slightly disappointing not to have been first Southern club home but there's still next year to come.

Colin Pearson

Long Stages:

P.Carton 27:59, J.Bicourt 28:35, W.Weller 28:14, G.North 28:10, J.Phelan 28:33, L.O'Hara 28:19.

Short Stages:

T.Hart 13:22, R.Smith 14:28, J.Stow 13:25, P.O'Connor 13:30, A.Wairclough 15:41, L.Mann 13:29.

1. Birchfield H	4:06:10	4. Hercules Wimbledon	4:10:39
2. Tipton H	4:06:39	5. BELGRAVE H	4:10:45
3. Coventry Godiva	4:09:06	6. Stoke	4:10:47

Please note that that subscriptions are due on

July 1st. Rates are as follows:-

21 years and over - £3.00

17 years and under 21 years - £1.50

under 17 years - £0.50

Honorary members - £1.00 (min)

A form is enclosed with this issue of the 'Belgravian' and it is hoped you will return it as soon as possible marking your cheques or postal orders payable to Belgrave Harriers.

SUBS
-
SUBS

the barn dance *

Wyoming comes to Belgrave Hall complete with check shirts, neck ties, bibs, braces and gingham dresses. What a night we all had dosey-doing and happy-hoe-downing to the music of the Triumph Country Dance Band which was melodious enough to get the room swinging and yet still be pleasant enough to talk.

Old social nights were once again revived by the "Swinging Jock Strappers" led by Bill Couzens on the guitar. He was also the vocalist. Bill was strongly backed by "Fingers" Penny - the cigar puffing pianist from the deep south who had his glass of water rocking on the top of the piano in traditional style. A second Bill - friend of Gordon's (nothing like that) did sterling work on the banjo and he helped to keep Charlie Manning (Bass) in tune. Charlie is tone deaf like John Martin on his sally ack. symbols. Stewart Barrett's harmonica played the sweetest sounds, always coming in at the right time, unlike "Scrubber" Gordon on his washboard who came in all the time on the assumption that he would be right some of the time. But as a compere he knitted the whole shambles together to make a very successful group and the grapevine now informs me that their next performance is being kept secret but I understand they are having talks with Lew Grade.

It was so nice to see everyone so happy for the whole evening, with many familiar and unfamiliar faces having such a good time together even if they didn't know what they were doing in the way of dancing. Undeterred by their lack of ability the floor was always crowded and the bar relatively empty. This may have been because of the efficiency of our barmen in dispensing the drinks which were quickly whipped downstairs.

Thanks Bill (Couzens) for a lovely evening. When is the next one ?

Eve Stimpson

The Joys Of Cross-Country

The flag is up, all eyes thereon,
The flag drops, off they go
Like a broad coloured ribbon,
Some too fast, some too slow.

A lengthened pattern now takes form
As bustling rush calms down;
Of some who to the front did storm,
To stay have no renown.

Past meadow and herd of cattle,
Fields of green, plough of brown;
In the lead the stalwarts battle,
Plod the rise to its crown.

The ribbon has become a thread
A line of toiling men,
The tail furthering from the head
Now far from starting pen.

The leader kept free of trouble,
A ditch! One stride he took,
Over stile, cross field of stable,
Splashes through shallow brook.

Others follow, plodding along
Some back, their effort spent
Some gather strength, running strong
All with forward intent.

By a path through a wood they run,
'twixt gaunt trees bare of leaves
Flickers the light of Winter's sun;
Scent of mould on the breeze.

Out to open country they come,
Across meadow they go,
Down by orchard of slumb'ring plum
And flight a startled crow.

There ahead on distant hills brow
Forward supporters stand,
"Here they come, they're coming now"
Says a voice of this band.

On and nearer comes the leader,
Plodding hard on the rise,
Past bushes and tree of cedar,
Heeding not the crowd's cries.

To the top comes the leader strong,
Not far distant he sees
The finish and the waiting throng,
In meadow clear of trees.

Steady he runs with no one near
Through funnel to the end
Sounds of ovation to his ear,
His title he did defend.

Running hard comes the second man,
Another on his heels
Putting in everything he can
Fronts as the other reels.

So they finish, some fast some slow,
Muddled from head to foot,
Moistened brow and exertion's glow,
All tried, none can dispute.

 Sem E. Serkel

' VETERIS '

"Veteris" is here. A new athletics magazine published quarterly by the Association of Veteran Athletes and edited by our own Clive Shippen. Its 56 pages hold a wealth of information for the veteran athlete the world over; articles from the U.S.A.; news from Canada, Australia, New Zealand; results of meetings; a foreword by Dr. Roger Bannister; ranking lists; it has the lot. The number of copies already sent overseas is phenomenal and it would seem that its place in athletic literature is already assured. Of special interest to Belgravians is the spotlight on Laurie O'Hara in the first edition.

Those who wish to subscribe to this new venture should write to Clive at 24 Fryston Avenue, Coulsdon, Surrey. Rates including postage are:- U.K. £1.00 per annum, Overseas £1.50 per annum.

PAST PRESIDENTS

H. Morton Garr	(dec)	W. L. Bayliss		T. C. Jones	
G. O. Haig	(dec)	F. G. Thomson	(dec)	L. J. Cohen	
H. T. Blackstaffe	(dec)	H. Evans	(dec)	A. W. Penny	
H. Brown	(dec)	R. J. Savage	(dec)	D. M. Shepherd	(dec)
D. Fitte	(dec)	H. Parker	(dec)	W. E. Lucas, D.F.C.	
A. F. W. Macher	(dec)	W. G. Webb		J. W. Goswell	
R. Murphy	(dec)	A. A. Harley	(dec)	R. T. Taylor	
R. W. Ricketts	(dec)	E. A. Duffett		F. Jarvis	
W. H. Hare		F. H. Elson	(dec)	E. S. Stimpson	
E. Gordon	(dec)	T. F. Morrell		F. Simmons	
J. B. Belchamber	(dec)	H. W. Shields		G. S. Doubleday	
J. R. McKay	(dec)	C. T. Carter		A. A. Harley	(dec)
O. Horwood	(dec)	S. C. Roberts	(dec)	A. D. Pyer	
		F. R. Webb			

VICE - PRESIDENTS

W. J. Ashford	T. W. Green	G. W. Piddington
J. V. Baker	R. C. Hall	R. Plummer
R. Bhatia	R. Hopkins	G. H. Powell
J. C. Bidgood, M.B.E.	B. J. T. Knifton	T. Pritchard
G. Biscoe	B. Lulham	A. Readman
D. E. Brown	J. McDonald	E. T. Ryan
W. Couzens	C. MacLennan	T. H. Scrimshaw
S. Davies	C. E. Manning	Mrs. E. R. Savage
E. P. Donovan, O.B.E.	A. F. Mitchell	Mrs. D. M. Shepherd
P. L. Duncan	C. J. Munro	F. M. Stone
B. Eglington	K. B. O'Kell	W. T. True
H. E. Footer		J. Wilson

LIFE MEMBERS

W. L. Bayliss		G. H. Powell
J. C. Bidgood, M.B.E.	R. C. Hall	T. Pritchard
C. T. Carter	W. H. Hare	A. D. Pyer
C. E. Churcher	F. Jarvis	F. Rickards
L. J. Cohen	T. C. Jones	H. W. Shields
J. G. Coleman	H. F. King	C. Shippen
L. J. Coleman	S. J. King	F. Simmons
T. H. Cotton	W. E. Lucas, D.F.C.	E. S. Stimpson
W. Couzens	G. M. Pearson	A. E. Taylor
N. R. Dewberry	C. E. Manning	R. T. Taylor
G. S. Doubleday	R. C. Middleton	S. P. Vickers
E. A. Duffett	T. F. Morrell	C. W. Walker
H. E. Footer	C. J. Munro	F. R. Webb
J. W. Goswell	G. A. North	W. G. Webb
T. W. Green	A. W. Penny	P. G. Wright
E. W. Hall	A. Penstone	

"SNOWY" BROOKS, READY FOR BLAST-OFF

